



The
CAPTAIN'S
LOG

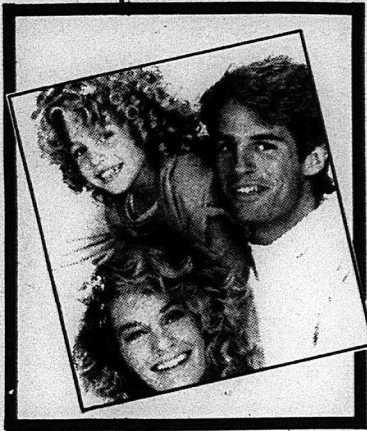
NEWPORT NEWS, VIRGINIA

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Student Government Association has big plans

by David Becker
contributing writer

There are new faces occupying a suite of offices on the second floor of the Campus Center. Furniture has been re-arranged and a new logo designed. Last week's "Survival Guide" of THE CAPTAIN'S LOG trumpeted that "exciting changes" are in store.

The Student Government Association is planning a fresh start with its preparations for this semester.

Ginny Alexander, Vice-President of Student Affairs – a veteran of the SGA office – is excited about the year ahead. "We plan to reorganize the SGA, hoping that this will result in further student involvement," said Alexander. "Last year was a wonderful experience. We didn't have a director of student life to guide us – we did a fantastic job on our own, and in a small way I'll probably miss that independence."

Junior "Tu" Ritter, Vice-President of Academic Affairs, plans to take advantage of this year to learn as much as possible about Student Government. The possibility of his running for SGA president next year is "not out of the question." Ritter serves as chairman of the college wide tutoring service, and hopes to "make this service more visible to the student body" over the course of his term.

One of the "exciting changes" this SGA is touting is the return of the Student Senate. Although it has not yet been determined exactly what the new program will be called, the ideas incorporated will be similar to that of a senate.

According to Bill Dittmar, SGA President, the committee breakup will be as follows: Public Relations, Elections, and Posting/Display Case Regulations.

There are approximately 36 positions available, said Dittmar. Applications are

available at the information desk, the office of student life and on the door of one of the SGA offices, he said. Application deadline has been set for 5 PM, September 22.

Changes will not be radical, assures Dittmar. "I have been advised to take on two to three things and to do them well," he said. "We will set the foundation and organize."

"I like the idea of a senate-type organization," said Alexander. "More recognition will come to those who participate, and Dr.

Behrmer has suggested that we should proceed 'cautiously' with our plans."

Ritter feels that the new program may "help student activities as a whole with the increased student participation."

While attending a summer conference in Georgetown, Alexander heard one analogy which she feels describes CNC's SGA. "If (our) SGA were to fall off the face of the earth," asked Alexander, "would it really make any difference to the (CNC) student body?"

"No!" she thought, "But I'd like it to!"

SGA gets off to a rocky start

Vice President for Academic Affairs "Tu" Ritter's main objective is for "this (new) SGA to work together as a unit – a team."

Last year's SGA was not considered a "totally" close-knit group, and there is hope among the new officers that animosity will not play a part in this year's game plan.

THE CAPTAIN'S LOG, however, has learned that the proverbial foot may already have taken a shaky first step.

A memo was distributed in July which declared that the SGA would co-sponsor the "TGIF" party for President Santoro's upcoming inauguration.

Upon questioning, three of the four SGA Executive Board members were unaware that such an event was going to be held, no less that they were to act as co-sponsors.

The fourth SGA Board member was out of town and unavailable for comment.

"I don't know who to blame," said Ginny Alexander. "Apparently it was a last minute decision."

Yet another questionable issue arose mid-summer as the 1987-88 school year club/organization phone list was distributed.

Kelly Dispirato's name was listed as the SGA Secretary.

With the phone list came the revelation that a secretary had been selected. A majority of the officers were caught off guard when THE CAPTAIN'S LOG inquired when the decision had been reached.

Both Alexander and Ritter are quick to defend Dittmar's decision. He agreed to change (the secretary) if there was any problem with his selection, they said.

According to the SGA Constitution, the Secretary is appointed by the president, "with Executive Council approval."

CNC's recruitment of blacks falls short

CNC Transition Project

by Rick van Rijn
contributing writer

For the past four years, CNC's Transition Project has strived to ease the assimilation that minority students experience as they begin classes on a predominantly white campus.

Held the week before classes began, the Project brought incoming freshman minority students together with CNC students and professors. Known within the Project as peer tutors and mentors these volunteers helped the new students become acquainted with each other as well as the campus and its workings and services.

Peer tutor Samantha Riddick, a senior political science/pre-law major, was pleased with this year's 28 students. "They were vocal, active ... more of an inspiration to us than we were to them ... a good give and take situation," said Riddick.

Riddick, a two-year veteran of the project, partly attributed its success to last spring's recruiting drive conducted by Admissions Dean Keith McLoughland, assistant professor of sociology and director of student development Richard Butchko, off-campus services coordinator Jimmie Williams, and CNC students Riddick and Lionel Bell.

The group visited several Peninsula high schools – Denbigh, Menchville, Ferguson and York among them, and promoted CNC and its Transition Project. The drive culminated with CNC participating in a college night at Hampton Coliseum, where area colleges set up recruiting tables for prospective students.

Riddick says that the Transition Project has improved as those involved gain experience and particularly commended Tisa Johnson, student life director, for her assistance this year.

Christopher Newport College is doing better than most state supported colleges in Virginia in the recruitment and retention of blacks, but CNC's record still "falls far short" of what it could be, a report by the college's affirmative action officer concludes.

In a June 17 memorandum to President Anthony R. Santoro, Affirmative Action Officer Robert C. Hixon says that 69 percent of black high school graduates in Virginia do not enter college, compared to 49 percent of white high school graduates.

The memo says that two factors "account for much of the disparity between the black and white graduates entering college":

"...failure of the school systems to assist and encourage black students to take the college preparatory track..."

"...the need for those at the lower economic levels to work as their first priority on leaving high school, large numbers of whom are black."

The report made the following recommendations to help correct this disparity:

"Have an individual or committee of the college study the school systems which

are the major feeders to CNC to determine choices and guidance given students in selecting academic alternatives."

"Set as a goal the lowering of tuition and fees"

"Set as a goal the lowering of tuition and fees to make CNC more affordable."

"Survey students and samplings of the local communities to determine when courses should be offered and scheduled."

"Sensitize the faculty and staff to the needs and problems of students working full-time."

"Direct the development of a public information program to increase dramatically the public awareness of CNC and what it has to offer to those within commuting distance, particularly the black community."

SPORTS

Former DOSL is applicant for AD post

Informed sources tell THE CAPTAIN'S LOG that former Director of Student Life John McCaughey is among at least 90 applicants for Christopher Newport College's vacant athletic director position.

McCaughy resigned his DOSL post in August 1986, he said, to accept a position with a Maryland firm.

The athletic director spot became vacant in June when Bev Vaughan unexpectedly resigned. He had been with the CNC athletic department since 1967, spending the last six years as director.

In addition, *The Daily Press* reports that C. J. Woollum, the interim athletic director and basketball and golf-coach is also an applicant for athletic director.

Dr. Charles Behymer, the chairman of the committee searching for a new athletic

director, was unavailable for comment on either matter, although a source says that Behymer has stressed to committee members that a background in athletics is not necessarily a requirement for the position.

In other Athletic Department news, *Daily Press* sports columnist Al Pearce shed some light on Vaughan's hasty June departure in his August 28 column:

"The official company line is that he left to pursue lucrative outside business opportunities and to spend more time on his duties as a gung-ho colonel in the Army Reserve," wrote Pearce.

"In truth, Vaughan simply grew sick and tired of the repeated battles with Susan Zachensky-Walthall, women's basketball coach and assistant athletic director."

Lindsay and Mosley new soccer coaches

by Yvette Renaud
sports editor

Despite the rain, there was outstanding soccer played Saturday and Sunday at the CNC Athlete's Foot Tournament. It was a great beginning for the new soccer team. CNC won its own tournament this weekend with 3-0 victories over William Patterson and Kean.

The Captains dealt with the task of rebuilding the greatness of last year's 18-5 team. With a loss of seven seniors and Coach Roland, it looked impossible. But taking the championship trophy has proved the new team to be just as hungry and capable.

The Captains took Saturday's game against William Patterson, 3-0. A penalty

kick by John Fitzgerald in the first half, got the team off on the right foot 2:22 into the second half, Herbie Stewart scored with assist from Jon Schwartzman. Schwartzman added one of his own, with assist from Donovan Gutzmore. Intense offense contributed to CNC out-shooting William Patterson, 34-5.

Sunday, the Captains played a rough game against Kean, winning 3-0. Fitzgerald got CNC on the board 28 seconds inside the first half. Schwartzman scored 22 seconds within the second half. Senior Kevin Wagner scored on a penalty kick with 3:48 remaining.

Herbie Stewart was named MVP for the tournament. Stewart only scored once, but made two saves with Morrow out of goal and played exceptional defense.

Hofmann joins coaching staff as volleyball head

by Yvette Renaud
sports editor

Coco Hofmann is the new CNC Volleyball Coach acting Athletic Director, C. J. Woollum announced recently.

Hofmann is an ODU graduate holding bachelor's degrees in Business Administration and German; she also earned a master's in Sports Management.

Hofmann is quite active in the sport. She started the ODU Volleyball Club in 1980 and competes locally through the U.S. Volleyball Association and Tidewater Volleyball Association.

It has been a rugged beginning for Hofmann trying to organize a team, but all looks well for the opening match, September 9 in Wilson, N.C.

Soccer Captains win home tourney

by Yvette Renaud
sports editor

Alan Lindsay, head coach at Kecoughtan High School in Hampton, Va., has been named head soccer coach at CNC for the 1987 season. Lindsay replaces Seth Roland who left CNC to accept the position as coach at the University of Bridgeport.

C. J. Woollum, interim Athletic Director, said Lindsay's job is on an interim basis in order to keep all options open for the as yet unchosen permanent Athletic Director.

Lindsay attended Kecoughtan High School where he earned All-State honors for two years, and Va. Wesleyan College where he earned All-Virginia Intercollegiate Soccer Association honors one year. He began coaching in 1982 at Kecoughtan High and led the Warriors to a 13-1-2 record as head coach in 1986.

Lindsay is optimistic about the 1987 term. "We have a fast team, and you can't teach speed, so I think our offense will be good," said Lindsay. CNC's defense has always been strong."

Gerard Mosley, the only All-American in CNC history, has been chosen as Assistant Coach by Lindsay.

Mosley's career achievements include two all-American awards, captain all four years, All-Dixie Conference, All-Virginia Intercollegiate Soccer Association and All-South Atlantic honors each year.

"The intelligence that made him a great soccer player is going to make him a great coach," said Lindsay. "His defensive expertise and his knowledge of the Dixie and V.I.S.A. Conference is going to be very important to me."

SPORTS SHORTS

Tennis

Anyone interested in playing varsity women's basketball, is asked to contact Coach Susan Zachensky-Walthall at Ratcliffe Gymnasium, 599-7025.

Baseball

The CNC Baseball team needs two managers and a score keeper. Anyone interested please contact Coach Weismann through the Athletic Office, 599-7025.

Golf

by Yvette Renaud
sports editor

Congratulations to the CNC golf team on their victory over the Apprentice School and Hampton University. All-American Rick Bidnick led the way with a 74 at the Sleepy Hollow Golf Course in Portsmouth, Va. Warren West and Jack Bizzell finished with 79s and Barry Head with an 82. The Captains finished 314, Apprentice 321, and Hampton University 348.

Intramurals

by Yvette Renaud
sports editor

The intramural department sponsors several activities throughout the year open to any CNC student. Some activities already planned: flag football, singles tennis, volleyball and a mixer for all participants. Chip Lomax, Director, also hopes to start regular informal recreation on the campus lawn and a fitness trail. Anyone interested in information or signing up for participation or officiation may stop by Ratcliffe 114 or call 599-7054.

W. Basketball

The CNC Women's Tennis team has begun practice for the fall 1987 season. Anyone interested in joining the team should contact Coach Accetola, 599-7025, or stop by practice (behind Ratcliffe Gym, Monday-Friday, 2:30 until 4:30).

Newspaper wins Columbia Press award

Judges compliment its arts coverage

THE CAPTAIN'S LOG was recently awarded a second place ranking by the Columbia Scholastic Press Association, an arm of the same organization which annually awards the Pulitzer Prize. The newspaper narrowly missed a first place ranking.

"I am generally happy with the ranking," said Patrick Rockey, the newspaper's editor in chief. "I'm confident that this year we will do even better."

The Columbia Scholastic Press Association is an arm of Columbia University in New York City, generally regarded as the nation's best journalism school.

The judges were impressed with the newspaper's over-all design, although they said that some pages need to be designed better. "Don't just lay out pages," they said. "Design them."

"That is truly a valid point," said Rockey. "Too often we are laying out pages at the last minute, with little time devoted to creative design. That is certainly a point that we will work on."

The judges also scored THE CAPTAIN'S LOG well on in-depth reporting, particularly its cover stories saying "your center-spread cover story is a good idea and one more

tabloid newspapers should think about doing. Expand the topics and use (the cover story) as an excuse to explore one subject in depth each week."

In fact, Rockey says that THE CAPTAIN'S LOG plans to do just that. In the coming semester, he says, the newspaper will focus on a number of issues of interest to CNC students including eating disorders and the college's purpose.

The judges suggested expanding the newspaper's sports coverage and adding more features to let readers "meet" the athletes. They suggested "anchoring" the pages so that readers can easily find the section from week to week.

The newspaper scored well in the arts/entertainment area. "Your arts coverage is one of your stronger areas," they said. "Keep doing the kinds of things you're doing."

Advertising was also another area that the judges found very strong. However, they suggested that since the newspaper pays commission to advertising representatives, the newspaper should establish a separate advertising staff.

That is a suggestion that suits advertising manager David Becker just fine. "There are so many businesses out there that would benefit from advertising, but I can only reach so many," he said. "We pay 10 percent commission, so I hope that more people will want to sell ads for us."

Rockey sums up the award this way: "Out of 1000 possible points we were only 10 away from a first place ranking. With some more effort we can be a first place paper. CNC is a great school. It deserves a great paper."

Sports Ahead

Friday, Sept. 11	Soccer, (A) Elizabethtown Tournament
Sat., Sept. 12	Soccer, (A) Elizabethtown Tournament
	Cross Country, (A) Bay Days 10K
	Sailing, (A)
	Baseball, (A) William & Mary
	Volleyball, (H) Averett
Sun., Sept. 13	Sailing, (A)
	Golf, (A) Aubrey Apple Invitational
Tues., Sept. 15	Volleyball, (H) Norfolk State
	Women's Tennis, (A) Mary Washington

Dr. Jock

Exercise your way out of stress

by David C. Bachman, M.C.
AND Marilyn Preston

DEAR READERS: Everyone experiences stress in life - it's natural and unavoidable: The plane is late and you miss a major meeting. Your mate wakes up with a headache and picks on you all morning. You hurt your knee and can't run. Your best friend gets married and you're still single ... and on and on.

THE STRESS OF STRESS. Stress can be internal or external, but the body's reaction to it is biologically the same: Our system goes on red-alert! Noradrenaline is pumped all round. Our eyes dilate. We breathe faster. Our muscles get tense, especially around the lower back and upper neck. Blood that usually flows to our vital organs is shunted to our extremities, so we can "fight or flee." In short, the body prepares us to deal with the stress of the moment. Arousal protects us and keeps us going.

STRESS CAN MAKE YOU SICK. Stress can become a problem if you have difficulty managing it. You can't avoid stress in your life, but you can willfully, painlessly, learn how to reduce it, how to turn the alarm-arousal system off. That's what all those stress-management workshops, books, seminars, videotapes, etc. are about. Some are useful, some are not, but one thing is true: If you ignore the stress in your life, you greatly increase your risk of stress-related problems, including heart disease and high blood pressure, headaches and stomachaches, cancers and immunity-breakdowns of all kinds. Some medical experts estimate that anywhere from 50 to 80 percent (and more!) of all diseases and disorders are related to stress.

WHAT DO YOU DO TO RELIEVE STRESS? If your answer is something like "nothing special," read on ... and take notes.

STRESS CAN MAKE YOU SMART.

Smart people figure out healthy ways to deal with stress. They meditate. They deep breathe. They go for long walks. They collect stamps or dance til they drop. Others play dumb and go numb. They drink to excess, and become dependent on cigarettes and drugs, legal and illegal. Drinking and drugs are very seductive, short-term solutions to stress, and both too frequently develop into health-eroding habits that wind up increasing your stress instead of decreasing it.

What is DR. JOCK's favorite way to spell relief? E-X-E-R-C-I-S-E. But even it has a dark side. For some people, exercise appears to be an outlet for stress when in fact it's just another symptom.

WHO COPES BEST? Dr. Robert Maurer, a clinical psychologist, and his colleagues at the Santa Monica Health Center have done some very interesting studies on stress. But instead of focusing on the sufferers, they studied adults, children, primates, even corporations that deal with stress in positive, healthful ways. This research led them to the discovery of two biological needs every human has (in addition to the need for sleep, food, oxygen, elimination) that frequently go unrecognized and unmet by society. Fulfill them and you're practically home free.

MAURER'S SECRETS TO SUCCESS. The two biological needs that Maurer stresses in his lively seminars are:

- The biological need to be appreciated and attended to.
- The biological need for comfort when we're afraid. When we feel stress, says Maurer, we feel fear. The alarm system goes off and we need ways to shut it down.

Learning to recognize and tend to these two biological needs will help lessen your stress and increase your capacity to enjoy life.

Becker especially proud of charity work

by Patrick Rockey
editor in chief

David Becker's summer vacation wasn't much of a vacation.

The former vice president for student affairs could often be found on campus seven days a week working on a number of activities.

In addition to taking 11 hours of classes through the summer, Becker, a senior English major, was also busy working with incoming freshmen and transfer students as a Student Orientation Leader (SOL), tracking down new advertisers for THE CAPTAIN'S LOG, where he is advertising manager, and recruiting and training new writers in his role as copy editor for *The Captain*, CNC's fledgling yearbook, which he helped start.

"It was a great feeling of accomplishment to have helped others," Becker said of the SOL program. "There were no SOLs when I was a Freshman. I now understand the importance of a good orientation program."

Becker's accomplishments haven't gone unnoticed. He was recently named an Outstanding Young Man of America.

"In honesty," he said "it may be a cliché, but it was an honor just to be nominated. Tisa (Johnson), the new

Director of Student Life, had only known me for a few months, so (her nomination) showed she had tremendous faith in my abilities."

Of his position as advertising manager at THE CAPTAIN'S LOG, Becker said: "This is how I want to spend my life. I'm getting great experience and it is a terrific creative outlet for me. I've also made some great contacts in the business community that may prove very helpful when I get out of school."

Becker says that the last school year, which he spent as the SGA vice president for student affairs, was his most worthwhile. Among the accomplishments of which he said he is most proud:

- *Chaired the steering committee which revived the yearbook after a 10 year break in publishing.

- *Participated in last fall's Collegiate Convergence dance, which helped raise money for Operation Smile.

- *Chaired the CNC Great American Smokeout committee, which sought to encourage smokers to quit for 24 hours.

- *Co-chaired the SuperDance committee



by Renee Hoffman

Becker enjoys a rare moment of relaxation as he studies his advertisements in the latest issue of THE CAPTAIN'S LOG. Becker is Advertising Manager of the campus weekly.

which raised money for the Muscular Dystrophy Association.

*Organized the dance to celebrate the college's 25th Anniversary.

Becker graduated from Menchville High School in 1983. He plans to go to work for an advertising firm in Richmond upon graduation from CNC in 1988.

What do you think of CNC's registration process?



Helen Cho
Senior
Accounting

I feel the whole CNC registration is not expanding to meet enrollment expansion. Preregistration is fine, but regular registration is lacking greatly. The computers are always down.



Tom Nisley
Senior
Governmental Administration

I find it to be satisfactory, but with any bureaucratic process, there is bound to be hitches in the system. The problem is not in registration; the problem is the bookstore.



Patricia Freeman
Freshman
Psychology/English
CHAOS!



Alice Gaskins
Junior
International Culture & Commerce
Secretary, Registrar's Office

Registration will become more computerized in the future to accommodate the increase in students. The computer's faster response time will mean a more workable and enjoyable atmosphere for staff and students.

ETC.

Local festivals highlight upcoming community calendar

by Ann Catherine Braxton
news editor

Looking for family fun and that proverbial "something for everyone?" Here's just a sample of upcoming events with just those ingredients:

September 18 - Gloucester Choral Society will present a Bicentennial of the Constitution Celebration. 7 p.m. at the Old Gloucester Court House. Admission is free.

September 21 - Itzhak Perlman, the renowned world-famous violinist will perform with the Virginia Symphony at Chrysler Hall in Norfolk at 8 p.m. Tickets are \$25-\$100.

Now through October 18 - Tidewater Dinner Theatre presents "West Side Story" Wednesdays through Sundays at the theater on 6270 Northampton Boulevard in Norfolk. Doors open at 6 p.m. Dinner and show tickets \$19-\$25. Call 245-8304.

DON'T MISS

September 11-13 - Hampton Bay Days in downtown Hampton will feature a wide variety of music and dance styles, puppet performers, a 10K race, the best in seafood and all your favorite concessions, yummys, games, soft drinks, golden beverages, an art show and - don't forget - the headliners, Bruce Hornsby and the Range and the Commodores who will give free concerts. See ya there.

Boyer to speak at Santoro inauguration

Although he assumed the duties of president of CNC in April, Dr. Anthony R. Santoro will be officially inaugurated on September 19, the 26th anniversary of the first day of classes at the college.

Dr. Santoro, a native of Chicago, was president of Saint Joseph's College in Windham, Maine before being named CNC's fourth president in mid-December of 1985.

Dr. Ernest L. Boyer, president of the Carnegie Foundation for the Advancement of Teaching, who was the final lecturer of the Dean's Colloquia in the spring, will speak at the inauguration.

At that lecture, Dr. Boyers said that Christopher Newport College has a "unique

opportunity" to demonstrate to the nation how to blend students of a wide range of ages.

"One of the features (about CNC) that I most admire is the mixing of the ages," Dr. Boyers said. "At CNC you're seeing the future of the nation."

Before joining the foundation in 1980, Dr. Boyer was the U.S. Commissioner of Education for three years and chancellor of the State University of New York, the largest university system in the United States with 64 institutions and 350,000 students.

Dr. Boyer holds 73 honorary degrees worldwide including one from Saint Joseph's College in Windham, Maine.

September 19 - The Denbigh Lions Club will hold the 28th annual Denbigh Day in the Sherwood Mall area. The day of festivities will kick off with a parade - led by grand marshal James Madison (of Constitution fame) - which will begin in the schoolyard of old Denbigh Elementary School and proceed to Sherwood Mall. Then a wide variety of civic, school, and cultural groups will provide a day of games, entertainment, and refreshments. Proceeds from Denbigh Day go to such projects as the Lion's Eye Bank and the Daily Press-Times-

Herald Christmas Fund for the needy.

September 24, 25, 26 - The 1987 Hellenic Festival at the Hellenic Center on Traverse Road in Newport News will celebrate "Greekness." Authentic Greek food, traditional music, old country arts and crafts, dancing, and a flea market will be held in the courtyard of the center and the Saints Constantine and Helen Greek Orthodox Church. The festival will run from 11 a.m. to 10 p.m. all three days.

TOM PETERS ON EXCELLENCE

Where is the good-old-American ingenuity?

by Tom Peters

Most Aug. 12 newspapers carried two particularly troublesome stories. One, about the hazards of oil tankers trying to traverse the Persian Gulf, reported that our high-tech Navy was having fits over Iranian speedboats. Our craft are too big, too slow and too cumbersome to counter Iran's commercial-variety speedboats, with machine guns and recoilless rifles mounted on them.

The other article revealed that the deployment of the Soviet SS-24 missile promised to significantly blunt our strategic retaliatory capacity. It turns out that the missile is a simple retooling of an old model, but this one is mounted on railroad cars. Its ability to evade our strategic forces is based upon 93,000 miles of railroad tracks - not sophisticated electronics.

A third tale coincidentally appeared at the same time, in Newsweek magazine's Special Report on NASA. Titled "Big, Dumb Rockets," it chronicled our space program's continued attachment to only the most elaborate systems, and our repeated rejection of simpler systems that might have driven down the cost of space transport enough to allow rapid commercial and scientific exploration of space.

We are rightfully proud of "big science" and the raft of Nobel Prizes that go to Americans each year. Yet we are frequently stymied by those who favor the practical over the possible - e.g., the Russians in space and war-making capacity, the Japanese in the marketplace.

The problems are many. For instance, the congressional budget process leads us to favor highly visible, major problems over less sexy, routine improvements that don't lure widespread support. The defense-university-big-contractor combine is and has been enamored with the bold leaps, not day-to-day improvements. The activities of these bellwether organizations color our approach to commercial markets also.

We continually seek to "leap frog" the Japanese, rather than pound away at constant, small improvements that provide the host of "little features" that please the ultimate end user (rather than the "design science fraternity"). Furthermore, the Japanese exploit small niches where they can try new technologies in mundane settings.

Industry Week recently reported, "U.S. firms have a tendency to shoot for the best technology or massive markets while ignoring less glamorous products for which there is a market demand." The article quoted Dr. Lee Rivers, director of corporate planning at Allied-Signal, "You can't get the CEO of a \$5 billion American company excited about a \$100,000 market, like ceramic scissor blades or razor blades. We shoot right from the start for the ceramic auto engine. We don't want to go through the learn-

ing process in smaller markets."

But the problem runs deeper still. In the late 1940s, General Electric led the charge in developing overly complex automation systems. Ironically, GE's chief scientist, Dr. Roland Schmitt, is now singing a different tune. "There's ... the issue of effective execution - of strong performance all the way to the finish line. Here research is not the answer ... The vast majority of today's engineers need to be trained less like researchers and more like the practicing, dirt-under-the-fingernails engineers of yesteryear. By treating everything as a research problem, we tend to devise elegant, inventive solutions without adequate attention to cost, manufacturability, and quality ... Our educational system imparts mostly academic values, which emphasize optimum solutions, while putting little emphasis on such considerations as speed, cost, and customer satisfaction - the values of the marketplace."

While our defense mire seems intractable, at least a few enlightened organizations are succeeding in the commercial arena, by taking a contrarian approach. Chaparral Steel of Midlothian, Texas, is a pioneer in minimill technology. It has the lowest costs among its U.S., and even its Asian, competitors. For instance, it can produce steel at one-half what it costs the typical Japanese mill. Founder Gordon Forward is a technologist and a technology edge is the essence of Chaparral's success. Yet surprisingly, Forward brags that he has no research department. He explains, "Our largest challenge is to cut the time it takes to get technology out of the lab and into operations ... so we've tried to bring research right into the factory and make it a line function. We make the people who are producing the steel responsible for keeping their process on the leading edge of technology worldwide ... they go and find the places where people are doing interesting things. They visit other companies. They work with universities ... The lab is the plant ... we don't stop operations to try crazy things, but we do try to do our research and development right on the factory floor ... If you put a production fellow and a maintenance fellow and an engineer together, you're going to find out pretty quickly whether something has a chance of getting off the ground."

The impact of our love affair with complexity is monumental, runs deep and threatens our international security and economic well-being alike. Dr. Schmitt of GE quotes a 19th-century American civil engineer by the name of Wellington, who defines engineering as "the ability to do for \$1 what any damn fool can do for \$2." Right now, American engineers only seem to be able to do for \$5 what the Soviets and Japanese - and Iranians - can do for a few pennies. The valuing of hands-on, practical engineering is urgently called for, from building missiles to ceramic scissor blades.

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Organization to present four-day AIDS forum to educate not alarm

by Patrick Rockey
editor in chief

Because, as Campus Minister Carolyn Lawrence says, "ignorance breeds hysteria," United Campus Ministries will host a four-day-long forum on AIDS titled, "AIDS: Caring or Scaring?" September 14-17 in the Campus Center lobby from Noon to 1 p.m.

"We feel that the better informed the students are, the better decisions they will make," Lawrence said. "We are not trying to indoctrinate anyone."

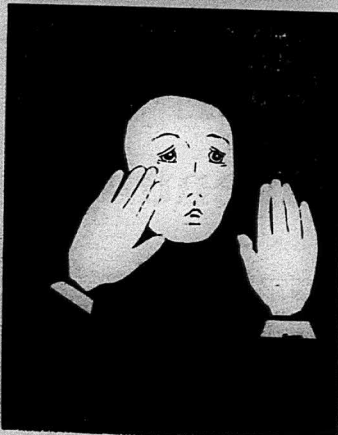
The event is billed as "A Forum

Exploring Facts and Values," but Lawrence says there will be "more facts than values. We aren't trying to impose any values on the students."

"We are interested in the truth," Lawrence said. "This is where the college and the ministry intersect."

Lawrence explained that it is important for CNC students to be informed because AIDS is a community problem. She added that the forum is also important because a great many students will teach young people after college.

The lineup for the forum:



MONDAY

The Rev. Jack Lord of Our Lady of Mount Carmel Church will speak on the subject "If My Friend had AIDS..." Rev. Lord, who has extensive experience ministering to AIDS patients, will speak on ways in which to respond to persons suffering from the illness.

TUESDAY

"Getting to Know the AIDS Virus" will be the topic for the talk by Ann E. Campbell, Ph.D., an assistant professor in the department of microbiology and immunology at Eastern Virginia Medical School. Dr. Campbell will discuss the nature of the AIDS virus, how it is transmitted and how it

invades the body, with slides of the actual virus.

WEDNESDAY

Also from Eastern Virginia Medical School, Dr. Clinton Toewe will present "The Human Face of AIDS." Dr. Toewe, the school's associate dean for educational affairs, will tell students what actually happens to a person when infected with the AIDS virus.

THURSDAY

The last presentation in the series will be "The AIDS Movie," presented by Anthony Soltys, the director of nursing for the Peninsula Health District. The film is 27 minutes long and features three individuals afflicted with AIDS. The movie was filmed just a year and a half ago, and yet all three patients have since died. Soltys will also offer information on local resources for combating AIDS, as well as summarizing information presented earlier in the week.

Each installment of the series will be presented in the teach-in format, which will include time for questions from the audience. A similar format was used last spring for the panel discussion following the U.S. bombing of Libya.

For further information on the forum or about the panel members, readers are asked to call Campus Minister Carolyn Lawrence at 599-7604.

Q & A AIDS

Here are seven common questions about AIDS, and some simple, straight-forward answers:

QUESTION: What is AIDS?

ANSWER: AIDS is short for Acquired Immune Deficiency Syndrome, a disease afflicting IV drug users and homosexuals most often, in which the body loses its ability to fight infections.

QUESTION: What causes AIDS?

ANSWER: The AIDS virus, often referred to as HTLV-III, attacks healthy cells and changes their genetic structure, leaving them unable to fight-off diseases.

QUESTION: What are the symptoms of AIDS?

ANSWER: There are a number of symptoms:

1. Rapid, unexplained weight loss.
2. Constant fatigue.
3. "Night Sweats" along with a recurrent fever.
4. Swollen lymph glands in the groin, neck or underarm area.
5. Unusual blemishes or white spots in the mouth.
6. Diminished appetite along with diarrhea.

QUESTION: How is this HTLV-III virus transmitted?

ANSWER: It can be transmitted in several ways: sharing an infected hypodermic needle with an infected person, sexual contact with someone previously exposed to the virus or, less frequently, through tainted blood products. Also, cases exist in which the virus is transmitted between the mother and a newborn, probably through breastfeeding.

QUESTION: How can a heterosexual, non-IV drug user avoid being infected?

ANSWER: The Virginia State Health Department recommends that you avoid having sex with partners at risk of AIDS, multiple and anonymous partners and partners who have had sex with those at risk. Further, the department reminds you that the fewer sex partners you have, the fewer your chances will be of becoming infected.

QUESTION: Isn't it dangerous to get a blood transfusion?

ANSWER: The chances of getting the disease through a transfusion are very small. With the routine use of a new screening test, the risk is even more minute. However, the following are urged not to donate blood: persons in the groups at a high risk of getting AIDS (homosexuals, bisexuals, and IV drug users) and any man that has had sexual contact with another man since 1977.

QUESTION: Where can I get more information on AIDS?

ANSWER: You may attend the forum in the Campus Center lobby September 14-17 from Noon to 1:00 p.m. or call one of the following toll-free numbers:

*U.S. Public Health Service
800-342-AIDS

*Virginia State Health Department
8:30 a.m.-5:00 p.m.
800-533-4148

Source: "What Everyone Should Know About AIDS," Virginia State Health Department - STD Control 109 Governor Street, Richmond, VA 23219.

Clearing up the myths about AIDS and birth control, giving blood and colds

Because the disease AIDS (Acquired Immune Deficiency Syndrome) was recognized less than seven years ago, many people may have fallen prey to a number of myths and misconceptions about this dreaded illness.

Adding to the difficulty in disseminating information is the fact that AIDS most often strikes homosexuals and IV drug users, two groups without a great deal of popular support or sympathy.

But it is very important to separate AIDS myths from AIDS realities. Below are six popular myths about AIDS and the actual facts.

MYTH: AIDS is a "gay" plague.

FACTS: While somewhere between 65 and 70 percent of cases reported are in homosexuals and bisexuals, nearly 20 percent of the reported cases are in intravenous drug users. Heterosexuals who had sexual relations with infected persons account for four percent, while those who have had transfusions from tainted blood, including hemophiliacs, make up three percent.

MYTH: You can catch AIDS through the air like a cold.

FACTS: AIDS is not transmitted through casual contact, so you do not get AIDS by simply being near an AIDS-infected person. Current research shows that you can only get AIDS through sharing an infected hypodermic needle, sexual contact and from infected blood products. Cases have also been documented of mothers spreading

the disease to their newborn.

MYTH: Giving blood can give you AIDS.

FACTS: No known cases of AIDS have ever been diagnosed in people contracting the virus from *giving* blood. There is a minute chance (less than 1 in 100,000) of contracting AIDS through a blood transfusion, and with the widespread use of a new AIDS screening test, that chance is even smaller.

MYTH: Using birth control protects you from AIDS.

FACTS: Most birth control methods, including the pill and spermicides, afford no protection from AIDS. Even condoms, which have been promoted as a method of "Safe Sex," do not provide complete protection. As birth control, condoms are 90 percent effective. Studies have shown that as a barrier to disease, their effectiveness is even lower. In homosexual use, they may be apt to tear. At best, condoms provide "safer sex."

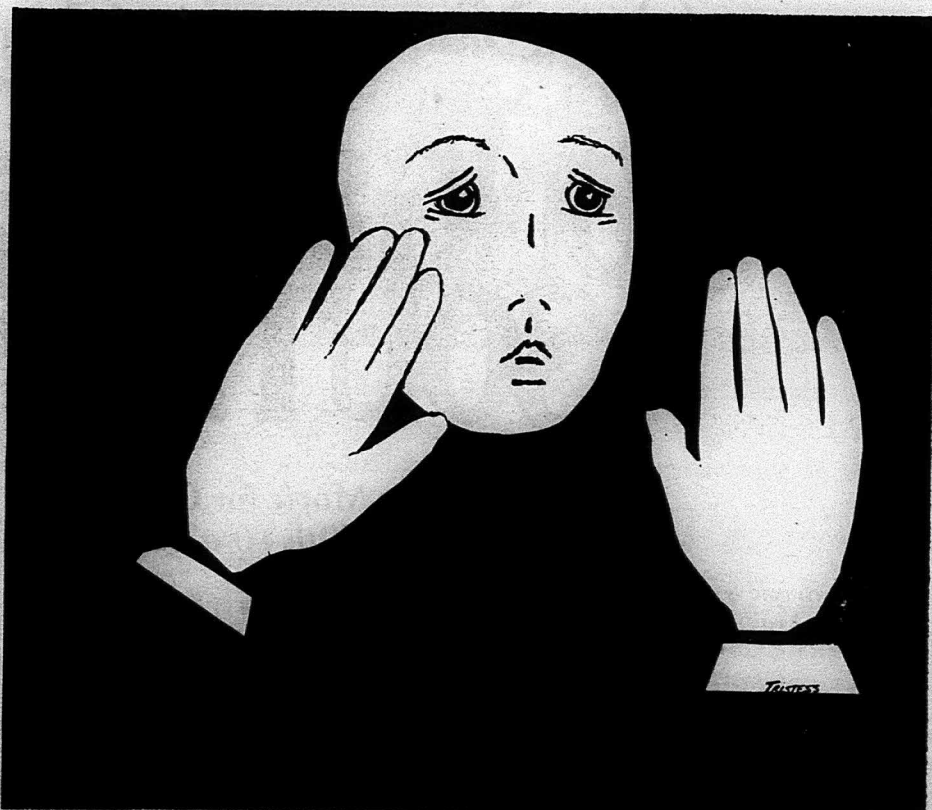
MYTH: Getting routine immunizations can give you AIDS.

FACTS: Routine immunizations have never been found to transmit AIDS.

Sources: Virginia State Health Department publications, *Reader's Digest*, *Newsweek*, *Time*.

Cover artwork by Tristess Salldin

Our cover figure, designed by CNC student Tristess Salldin, represents *Everyman*. It expresses how victims of this disease are often alone — shunned by even their own family and friends. AIDS is a disease that touches more than just the victims.



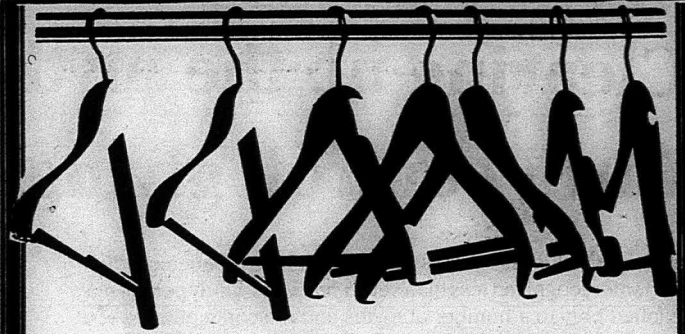
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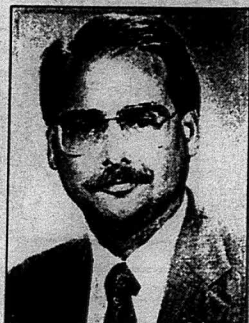
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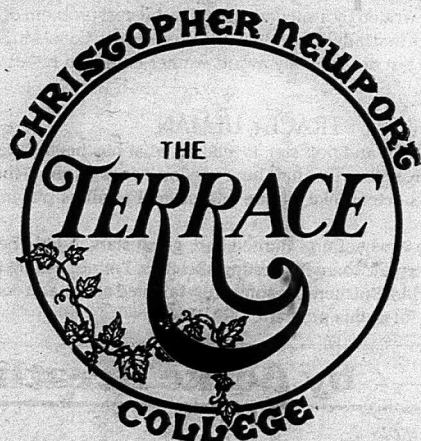
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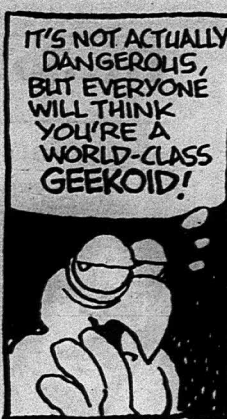
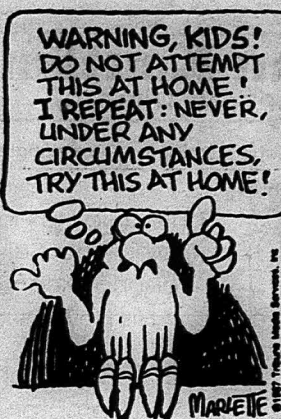
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CRAYON ON TV: On the FOX shows

by Joseph Crayon
television critic

Welcome back to school TV fans. You know, it doesn't make a great deal of sense: during the summer months when many of us have more leisure time, the networks feed us mostly re-runs, but as we get back into school, they march out all the new programs. Who has time to sample them all?

There is at least one exception. The fledgling FOX network introduced a number of new Sunday shows in late spring. Are they worth a watch, or should we stick with the normal network fare? Glad you asked. Read on.

21 Jump Street

You see, like there are these cops, you know and they look like real young, right? So, they like join this secret (of course) squad of narcs that goes undercover in high schools to like bust kiddy-loan sharks, and drug dealers, see, and they dress real cool and listen to bitchin' music and talk like this and ya know what? It's pretty good!

Produced by Stephen J. Cannel, who brought us TV "classics" like Riptide, 21 Jump Street is fast-paced and funny. The young cast is headed by Johnny Depp, who is engaging, but prone to over-acting. At the conclusion to each episode, one of the young actors tells us the moral to the story and urges viewers with similar problems to call an 800 number. Admirable idea and a pretty good show. GRADE: A-

MARRIED: WITH CHILDREN

Don't expect to see many family ties on this show, except the ones with which Peg Bundy may tie up husband Al. This isn't the Cosby Show and that's the fun of it. Peg and Al argue and snipe and scheme and it's a delightful change from the boring heart-warming shows seen all too often on the other networks.

Next door is an "enlightened" couple who try to act as the Bundy's con-

science, but more often than not wind up getting corrupted in the process. Also on hand are two sufficiently bratty kids. But Al and Peg are the stars of this biting comedy. GRADE: A

DUET

Billed as a relationship in real time, this syrupy sitcom tries very hard for you to like it—I don't. In the pilot, we meet Ben and Laura. Then we see them meet. Then we see them on their first date. Then we see their first kiss... Do you get the general idea? In a season or so, they will move in together. The next season they will get married (probably during May sweeps). It's been done before, and better. GRADE: C-

MR. PRESIDENT

George C. Scott has made a career out of playing world leaders. Now we see him as the leader of the free world. What we get is not a peak into the real White House, but more like what it would look like if Scott were president and world affairs were written by a sitcom writer. The biggest problem of this presidency is when the first lady disagrees with the president. Gasp! Mr. President is often amusing, but an academy award winner could do better. GRADE: C+

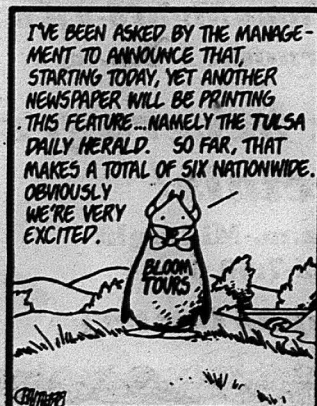
TRACEY ULMAN

Ulman, a British TV and pop star, is leading what has been hailed as the return of the variety series. This half-hour version brings us about three short sketches with chameleon-like Ulman and several regulars playing all the parts.

What's missing is what Carol Burnett had: guest stars. A little new blood each week might spark some interesting sketches. I'm not asking to call in Charo, Heaven forbid. But there are some truly talented actors and comedians who could add a lot to this program. GRADE: B

BLOOM COUNTY

by Berke Breathed



A BLOOM COUNTY SPECIAL REPORT...

LAWYER AND PART-TIME PHOTOGRAPHER STEVE DALLAS WAS ADMITTED TO THE ST. FERNHOTZ MEMORIAL HOSPITAL TODAY, SUFFERING FROM LOTS OF BRUISES AND A BROKEN BACK... A RESULT OF AN APPARENT ASSAULT BY ACTOR SEAN PENN.

THE FOLLOWING BLURRY PHOTO, TAKEN BY THE VICTIM, APPEARS TO CAPTURE THE NEANDERTHAL THUG ONLY MOMENTS BEFORE TOTAL CHAOS BROKE OUT...



A REWARD OF \$32.67 IS BEING OFFERED FOR THE PROMPT DELIVERY OF MOST ANY SUBSTANTIAL PORTION OF MR. PENN'S ANATOMY TO THE DESK OF MILO BLOOM AT THE BLOOM BEACON.

MRS. PENN IS DISQUALIFIED FROM THIS OFFER.

What's hot and what's not in music today

by F. John Barker III
music reporter

Greetings, and welcome to the first episode in a string of DISC or DAT. This week, a number of singles have been chosen to stand a test, and a current album will be a pick because of its exceptional monetary value.

MADONNA - CAUSING A COMMOTION: The second release from her successful "Who's That Girl" soundtrack. This cut is very reminiscent of the disco sound, and believe it or not, she doesn't speak one word of *Espanol* in this one! The single itself will probably be big on the dance scene. A must to listen to.

MR. MISTER - SOMETHING REAL (INSIDE ME/INSIDE YOU): Originally released in 1985 on the "Youngblood" soundtrack, this technopop song has all the makings of a hit. It was recently awarded Billboard's "Hot Shot Debut" award for debuting at number 73. If you haven't heard this song, find someone who has a copy, or buy a copy and find out what you're missing!

PEPSI & SHIRLIE - HEARTACHE: Don't let the names fool you. These girls know what they're doing. In fact, they used to do back-ups for Wham! These days, like most everyone, they're going solo, and if

this song is any hint of what the album is going to be like, watch out! It has a beat that just won't quit, and the vocals are arranged to give the duo as much versatility as is allowable. In fact, the next time you go to a dance or party, ask to hear it. It's worth the time to give a listen.

MIAMI SOUND MACHINE - BETCHA SAY THAT: What's to say except: EEUUCK! This song is definitely mediocre - it lacks the pop of "Rhythm Is Gonna Get You," or the mellowness of "Words Get In The Way." This song definitely leaves you with a luke-warm taste in your mouth. In all fairness, however, check out the video, recorded live which has a much better beat and sound.

BEE GEES - YOU WIN AGAIN: Does anyone remember this sickly-sweet mellow pop group? Well, after taking years off to attend to solo projects etc, they've reformed, and they're back with a vengeance. Unfortunately, this song is not going to give them what they need to make it on the charts. If you can remember the first 3 beats of music that you hear in the song, that's about all there is. Also, you'd think that after years of recording, they would learn to stop sounding like three people singing at

once. It's a song that may appeal to a specialized audience, but not the average listener.

FLEETWOOD MAC - LITTLE LIES: Something has to be done about this group. First they release a song that sounds like an orgy (BIG LOVE), then they explore wondrous things (SEVEN WONDERS) and now ... well, they've come up with another hit. Christine McVie handles lead vocals on this cut, and handle them she does. Her keyboard set-up in the beginning, middle and end of the song are so haunting, you might find shivers running up and down your spine. For an added treat, listen to this song through a pair of headphones and notice the expert use of channel control, with Stevie Nicks and Lindsey Buckingham doing back-ups, Stevie being on the left and Lindsey on the right, it's really nice to hear them all together before the long awaited "Tango In The Night" tour minus Lindsey, who's busy doing something on a solo project (like most everyone else.)

SIMPLY RED - MAYBE SOMEDAY... In an attempt to capture the success of the band's first single, "Holding Back The Years," Mick Hucknall wrote a slow tune he felt would be helpful in getting Simply Red back on track. Believe me, it doesn't

work. It doesn't have a catchy tune, and in some parts his whining voice cuts right on the edge of your nerves. Nice try guys ... maybe next time, maybe someday.

And the LP of the week: **BEVERLY HILLS COP II - MOTION PICTURE SOUNDTRACK.** The simple reasoning behind picking this LP is this. Out of 11 titles, these have been released on 45: George Michael's "I Want Your Sex," Charles Sexton's "In Deep," The Jets' "Cross My Broken Heart," the Pointer Sisters' "Be There," James Ingram's "Better Way," Bob Seger's "Shakedown," and Peebles' "Love/Hate." Not bad, considering the success of the movie. Plus, to save you money, the suggested retail of the LP is \$9.98, compared to \$1.69-\$2.09 for the 45's, which, with these seven can run you somewhere between \$11.83 and \$14.63 before tax.

That about wraps up this edition of DISC or DAT. If you have a suggestion for a review, drop it by CC-223 or in THE CAPTAIN'S LOG box by the Campus Center theatre stairs. Also, take time to fill out the survey form of your five favorite songs ... I'll run a top five of CNC, but I need to hear from YOU! As with your suggestions, drop the survey by CC-223 or in THE CAPTAIN'S LOG box.



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Daniel Cosgrove-Hall

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To G. "Make Love To Me" A: I'd miss you if you fell off the face of the earth...but in case you do, write your will first and leave me something good! -"I'm not Believin' This!"

To Kerry's "so-so" lover:

Even though I may not need your friendship, I believe I was helping the situation. You need to get your act together and straighten your relationship out or you *won't have one!* If you don't like it...Hopefully helpful...you know who!

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Faculty - Staff
& Alumni Only!!**

DATE LINE SHOE LANE

What would you do with \$138 million surplus? GIVE IT BACK!

Gee, the legislature is in a quandary.

Virginia has rarely been plagued by budget deficits like many states, and in fact, usually has a moderate budget *surplus*. But with changes in the federal tax code, the state finds itself with a \$138 million surplus — nearly triple the normal amount. And so lawmakers are scratching their heads trying to decide what to do.

Hmmm, let's see... After promising massive improvements in roads without any tax increases, newly elected Gov. Gerald L. Baliles submitted the largest tax increase in the state's history. We saw hikes in car titling fees, gas taxes and sales taxes. Now he says that they don't know what to do with all the money they have?

I suggest a simple, inexpensive program that will benefit all income groups. I like to call it "GIVE IT BACK!"

That's right. The state should cut taxes across the board and give it back to those who paid it out.

Predictably, most Republicans favor giving the money back, while Democrats call for bigger spending in areas like mental health and prisons.

But Republicans seem to have found a strange ally. Lt. Gov. Douglas Wilder has gone on record in support of giving the money back to taxpayers.

"Now is the time," Wilder said "to continue to do away with the tax and spending policy... which is not in step with the Virginia of the 1980s and 1990s."

Analysts say that Wilder's rhetoric may be politically motivated. It is generally believed that Wilder will seek the gubernatorial nomination in 1989. But when you're right, you're right.

Meanwhile, Baliles is advocating a wait-and-see attitude, saying that he doesn't want any decisions made in the shadow of the November elections.

Why not? Elections are a time when representatives face the people who elected them, explain the decisions they made, and ask to be returned. Their decision should reflect the fact that the people who decide their fate are the same people who were sapped by the tax increases and are the same people who would benefit from a tax cut.

GIVE IT BACK, NOW!

Patricia

Idea of Literacy Corps presented

by Warren E. Burger
and Edward M. Kennedy
contributing writers

An idea has been presented to Congress that is worth trying in the battle against illiteracy: to create a Literacy Corps that will enable college students to volunteer for a few hours a week as assistant teachers for students in nearby public schools or other institutions in return for college credit.

We pride ourselves on being an "advanced nation," but illiteracy in America is at a level no nation should tolerate. Vast numbers of Americans lack the basic reading skills to function in society.

According to one estimate, 23 million citizens over the age of 18 cannot read the poison warning on a can of pesticide or a package of cigarettes, the headline of a daily newspaper, or a letter from their child's teacher. An additional 35 million are semi-literate, reading so poorly that they barely function at a survival level. That makes 58 million adults, roughly a third of the nation's population over 18, whom our system of education failed in their adolescent years and who are functionally illiterate today.

The result is a massive problem of illiteracy that costs the nation heavily in welfare and unemployment, industrial accidents and lost productivity, and dead-end lives of crime and drugs.

Illiteracy is also a threat to our constitutional system: how can a functional illiterate really understand that system or defend it effectively? Even if some of these figures are overstated, at best the picture is bleak.

So far, we have not addressed this problem very effectively. The Federal Government spends billions of dollars every year on education, but only a pittance is targeted on illiteracy. In fact, total spending on illiteracy in the United States reaches only about four percent of those who need help.

The National Advisory Council on Adult Education estimates that we would need to spend five billion dollars — 50 times more than is allocated today — to have a significant impact on the problem through costly traditional programs.

New spending of that magnitude is out of the question because of the federal deficit. The challenge is to persuade America to do more without spending more. That is a tall order, but it is not impossible — which is where a Literacy Corps would come in.

Pilot projects at the University of Miami and St. John's University in New

York City, relying so far on corporate donations, have made a start that provides a pattern. The results of these modest efforts are so compelling that the time has come for a national effort.

Legislation pending in Congress seeks \$27 million over the next two years to launch Literacy Corps projects at approximately 1,000 colleges and universities across the country. The bill will provide start-up grants of about \$25,000 per college to cover the initial administrative costs of campus programs.

Participating college students would sign up for electives offered by their colleges and taught by their professors in semester-long courses comparable to those in "clinical legal education" at many law schools, although the focus of the Literacy Corps would be very different.

As part of the course, college students would be given instruction on how to tutor in reading. In addition to teaching in local elementary and high schools, Literacy Corps participants could also tutor in Head Start centers, institutions for the disabled, adult continuing education programs, jails, or other facilities where supervised classroom-type settings are available.

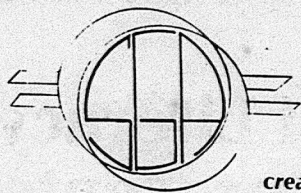
In a typical 10-week semester, each college student in the program would provide 60 hours of tutoring. If 1,000 colleges participated, 100,000 or more students might join the Literacy Corps, and a very large amount of tutoring could be generated over the next two years.

We believe a Literacy Corps has all the potential for today that President Kennedy's Peace Corps had in the 1960's. Young Americans in this generation are as ready, willing and eager to respond to the challenge of public service as their parents were a generation ago, when President Kennedy urged them to "Ask not what your country can do for you — ask what you can do for your country."

If colleges and universities across the country respond by accepting the Literacy Corps as part of their educational process, students will have the opportunity to participate by many thousands and America may at last begin to deal in more effective and affordable ways with the shameful and festering problem of illiteracy in our midst.

Warren E. Burger was Chief Justice of the United States from 1969 to 1986; he is presently Chairman of the Commission on the United States Constitution. Edward M. Kennedy is the senior Democratic Senator from Massachusetts.

Leadership Recognition Achievement Experience



Join the Student Government Association

Public Relations Committee

create and implement Public Relations Projects which will enhance the image of the "ALL NEW" SGA. (5 positions)

Posting Regulations/Display Case Committee

review, implement and supervise the posting of advertisements, bulletin boards and campus display cases (5 positions)

SGA Elections Committee

review, implement and supervise the SGA election rules and procedures as well as promoting the election throughout the year (5 positions)

SGA Liaison Representatives

Academic Hearing Board (3 positions), Traffic Control Committee (3 positions), Library Advisory Committee (2 positions), Curriculum Committee (3 positions), Intercollegiate Athletic Advisory Committee (3 positions).

APPLICATIONS NOW AVAILABLE AT CC INFO DESK, STUDENT LIFE OFFICE (CC 189)
AND SGA OFFICE (CC 232). DEADLINE: 5 PM, SEPT. 22 to CC 189.
FOR FURTHER INFORMATION - 599-7197

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NEXT WEEK IN THE CAPTAIN'S LOG

*We want your SEX in a small way - our first ever survey of college students' sexual practices and beliefs.

*The inside scoop on our year-long fund raiser - all proceeds to benefit the Children's Hospital of King's Daughters.

September 17th - THURSDAY!