

# The Captain's Log

The Official Student Newspaper Of Christopher Newport University

Volume 37, Issue 22

Wednesday, April 5, 2006

<http://users.cnu.edu/clog>

## INSIDE



### SENIOR PROFILE

Nearly early three years ago, Nathan Cotter stepped on the small stage in Discovery Café for an April Fool's Day concert. He had been booked as entertainment for a full hour — just him onstage with his guitar, a loop and a small arsenal of songs reworked in his own distinctive style.  
Page 7

## WORLD

### IRAQ LEADERS

Secretary of State Condoleezza Rice made a surprise visit to Iraq on Sunday and bluntly warned its bickering political leaders they must form a national government or risk losing the backing of the international community.  
Page 4

## FOOD AND HEALTH

### YUKON STEAK

New to the Hampton Roads area is a cozy little addition to a restaurant chain that started over a decade ago, just across the bridge and over the water. Page 9

## SPORTS

### TRACK

The Captains competed last weekend in the Captain's Classic, where they finished first in both the men's and women's competition. Page 11

### SPORTS BRIEFS

The baseball team took two out of three games in their series against Ferrum over the weekend and inched closer to .500 for the year. Page 12

## SPEAKING OF...

"I think CNU would function better as a learning campus if [students] could collaborate with people who don't have the same beliefs as you, rather than using each other's differences as a reason to dislike them. Have each other's differences as a reason for their opinion to be valid. Because if you can satisfy them, and yourself, you've created supreme progress and change."

— Nathan Cotter  
Page 8

## Seeking a solution

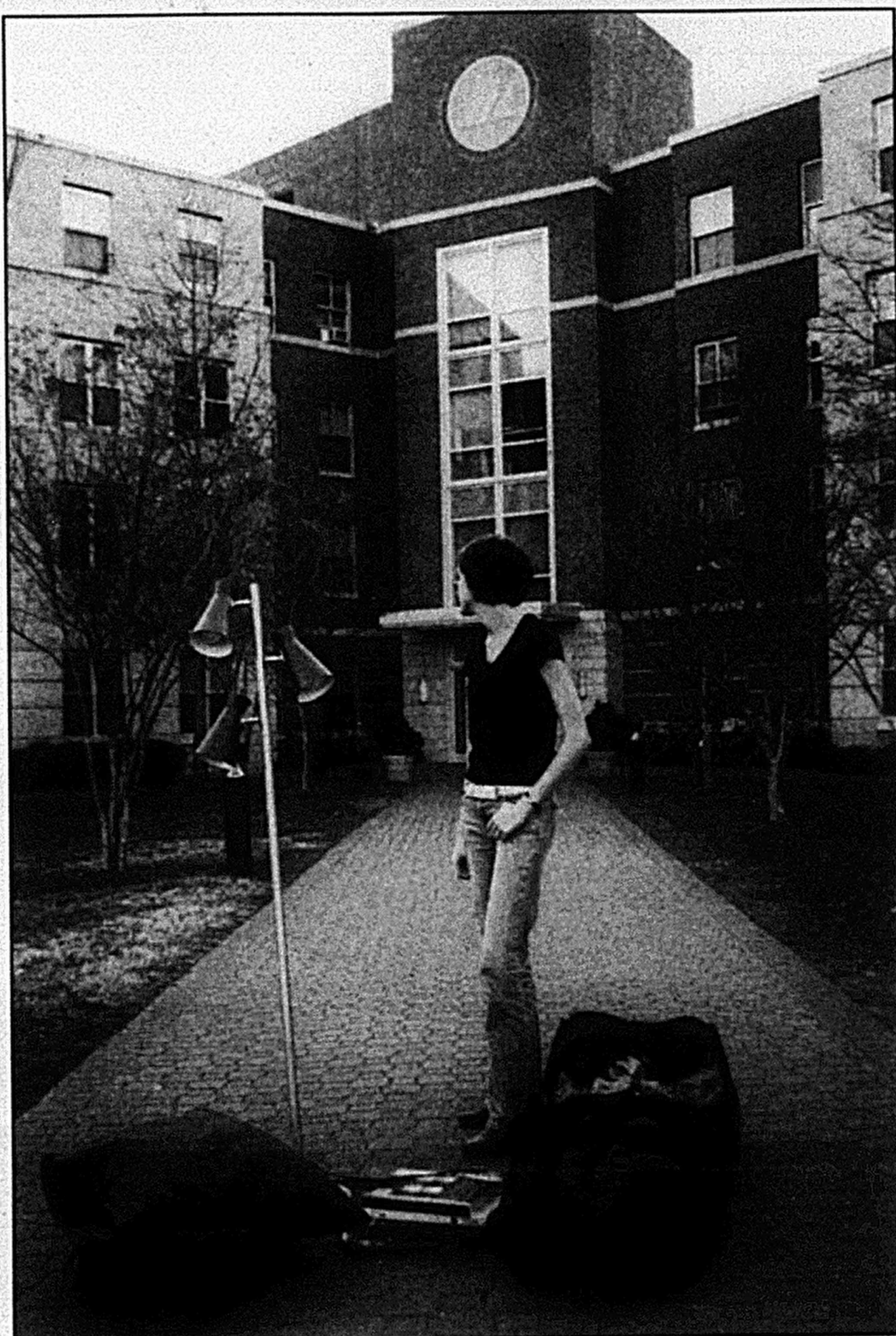


Photo Illustration by Ryan Burke/THE CAPTAIN'S LOG

Upperclassmen wait for another housing lottery this week after the previous lottery left 330 without rooms.

## STUDENTS GET SECOND CHANCE

By IAN SASS-BASEDOW  
Editorial Assistant

The CNU Housing Web site was peppered with updates between Saturday, March 25, and Wednesday, March 29, clueing students in on developing strategies to help house juniors and seniors in the upcoming semester.

The Web site announced a new lottery intended for the 247 individuals remaining on the waitlist. Beginning Monday, lottery participants were offered exactly 247 spots from Potomac North and South, the Warwick River Suites, CNU Apartments and two newly purchased properties on Prince Drew Road and Merritt Circle.

This announcement came following a letter from President Paul Trible Jr. describing the housing shortage and possible off-campus accommodations within five miles of the university.

When seniors Donny Donovan and Randall Munroe heard the news, they were quick to point out the promptness and effort on the part

of the Housing Department. The two students created [cnuhousingucks.com](http://cnuhousingucks.com), a Web site that criticized the administration's choice to give freshmen and sophomores equal chances to upperclassmen in the lottery this year.

"It certainly feels that they've actually listened to the outcry. It's really nice they've responded so quickly. It's really good they've responded at all, which wasn't the case last year," said Munroe, referring to the 200-count waitlist for fall 2005.

Most of the new openings on campus do not guarantee a luxury to which many upperclassmen have become accustomed: having a room to oneself, said Munroe and Donovan.

For this reason, the new availability of on-campus housing is lackluster for junior and CNU Village resident Brian Ruskin, who has considered transferring for some time.

"I don't understand how a returning senior above a 3.0 can be put on a waitlist for housing while freshmen and sophomores are given spots on East campus with single rooms," he said.

SEE HOUSING, PAGE 6

### College housing

#### University of Mary Washington

- Freshmen are required to live on campus.
- A lottery is used to determine housing for students.
- Upperclassmen receive preferential treatment in the housing lottery based on credit hours.

#### ODU

- Freshmen are required to live on campus.
- A lottery is used to determine housing for students.
- Upperclassmen receive preferential treatment in the housing lottery based on credit hours.

#### U.Va.

- Freshmen are required to live on campus.
- A lottery is used to determine housing for students.
- Upperclassmen receive preferential treatment in the housing lottery based on credit hours.

## Dining moves closer

By REGINA CERIMELE  
Asst. Layout and Design Manager

The fate of CNU's Dining Services came a bit closer to resolution April 3, when proposals were due to CNU's administration from national vendors Aramark, Sodexo, Chartwells and Thompson Hospitality. The Dining Services Advisory Committee will review the proposals and present recommendations to President Paul Trible in late April, said Executive Vice President Bill Brauer, who serves as the committee's chairman.

"If the decision is made to contract out, we will have a vendor on board no later than July 1. A smooth transition is expected," he said.

A Pre-Proposal Conference for the vendors was held on March 9, said Director of Dining Kevin Ososkie. "That gave them the opportunity to ask questions involving how many students are at the university and how many we feed," he said.

CNU received interest from possible candidates after electronically posting a Request For Proposal, or RFP, said Ososkie.

Since the contracting decision was first publicized in late February, certain policies and features of the dining halls on campus have changed — although most changes were decided before any possible contracting decisions were made, Ososkie said.

Many of the new features were announced on MyCNU and posted by Ososkie. They included extending dining hall hours until 8 p.m.; introducing Edy's ice cream in both Regatta's and The Commons; offering additional days for wraps, hot wings, sandwich bars and other food features. When contracting out Dining Services became a question, Dining Services decided to adopt new uniforms earlier than scheduled.

Dealing with the possible changes for Dining Services has been emotional and stressful for employees and all others involved in the decision-making.

SEE DINING, PAGE 6

## CNU relays for cure

By SARA JORDON  
Contributing Writer

The American Cancer Society began Relay for Life in 1985 to help raise funds to fight cancer and raise awareness about cancer prevention and treatment.

Relay for Life is an overnight celebration of life and cancer survivorship. Last year, more than 3,000 communities participated in the event

and raised more than \$212 million. This year, CNU will host its own Relay for Life to aid in the fight against cancer.

The target for the CNU Relay's kickoff is at least \$3,000. "Since this is our first year, our goal is \$3,000 to \$5,000, but we would love to make more than that," said Lisa Wingfield, staff sponsor of the event.

Other local college campuses also join in the fight against cancer.

This year, the College of William and Mary, James Madison University, Old Dominion University and Virginia Wesleyan College will hold Relay For

SEE CURE, PAGE 6

## Yates begins Higher Education Mentoring Program

By NICHOLAS MIRABAL  
Contributing Writer

Last summer, senior Justin Yates opened a doorway for CNU students pursuing careers in student affairs — like becoming the Dean of Students for a university. Thanks in part to Yates, CNU now has a functional Higher Education Mentoring Program.

HEMP is meant to educate students in the profession

of student affairs and higher education and to provide consultation with a mentor to aid in finding graduate schools and internships for their future careers. HEMP also provides insight to students before they become part of the workforce.

While applying to resume his duties as a Resident Advisor in the fall semester of 2005, Yates found himself approached by Jerry Roeder, Director of Residence Life.

"As I recall, he asked me

what ideas I might have for new services that could benefit the students," said Yates. "That's when the initial stages of the program began."

He began by gathering information from Ryan Brown, associate director of Residence Life, and Rebecca McKeon, the Residence Hall director for East Campus. They helped Yates structure the program, picking out its shortfalls and flaws. After Yates consulted with the HEMP committee, including

Dean of Students Donna Edleman, Assistant Director of Career and Counseling Duane Bradshaw, Santoro Hall Director Katie Griffin and Assistant Director of Judicial Affairs Katie McGee, the program was readied for implementation.

"When a student applies for the program, the application is reviewed by each of these staff members and I. We consider which mentors would best

SEE HEMP, PAGE 6



Weekend Forecast

Courtesy of www.weather.com

Thursday:  
Mostly Sunny

High: 65° Low: 48°

Friday:  
Mostly Cloudy

High: 76° Low: 61°

Saturday:  
Scattered  
Thunderstorms

High: 71° Low: 48°

Sunday:  
Partly Cloudy

High: 64° Low: 47°

Monday:  
Sunny

High: 66° Low: 50°

On the record  
Police Blotter

CNU Police Blotter

According to the CNU Police Web site:

March 27: Vandalism of a golf cart was reported on Prince Drew Road.  
March 28: There was a drug violation in Lot D involving possession of marijuana and paraphernalia.  
A set of keys was reported stolen from the CNU Village Parking Deck.  
March 29: There were two alcohol violations reported in Potomac North for underage possession.  
Magazine fraud was reported in the Tyler Building.  
March 31: An alcohol violation was reported in Potomac North for underage possession.  
Four vehicle mirrors were damaged in Lot G.  
April 1: An unsecured bicycle was stolen from Santoro Hall.

Newport News Police Blotter

March 31: A damaged vehicle was witnessed leaving the scene of an accident on the 12100 block of Jefferson Avenue.  
There was a robbery attempt on a business on the 12300 block of Hornsby Lane.  
A burglary was reported by an individual on the 12900 block of Hussey Court.  
Dangerous drugs were seized from a home on the 400 block of Turlington Road.  
A case of child neglect was reported from a home on the 400 block of Turlington Road.  
A vehicle was reported stolen and later recovered near the 2200 block of Criston Drive.  
April 1: A vehicle was reported damaged on the 12300 block of Jefferson Avenue.  
Malicious wounding and use of a firearm during commission of a felony were reported on Tall Pines Way.  
Recordings were damaged in a simple assault and larceny on Clay Drive.  
A damaged vehicle was witnessed leaving the scene of an accident on the corner of Kiln Creek and Lake Roads.  
Buses were reported damaged on the 10100 block of Warwick Boulevard.

Around town  
State/Local News

ACLU, SSDP to file suit  
against federal policy

Students for a Sensible Drug Policy (SSDP) are looking to file a class action lawsuit, in partnership with ACLU, against a federal law, which strips financial aid from college students with drug convictions.  
The suit states that the policy creates an unfair and illogical barrier against education.  
The suit will plead to abolish the law and return all aid to affected students.  
Interested students can visit the official Web site to download flyers and get further information at <http://www.ssdp.org/law-suit>.

Two gas stations, grocery stores robbed

Police are looking for possible leads to four robberies which happened over the past weekend.  
Two Crown gas stations on Warwick Boulevard were robbed; one on Friday evening and another on Sunday.  
The other two incidents involved a Food Lion on J. Clyde Morris and a Farm Fresh on Chatham Drive.  
Both locations were robbed on Sunday at separate times.  
Based on police reports, authorities believe both grocery stores were robbed by the same suspects.

"A Cruce Salus" art exhibit  
on display April 9-15

The first annual "A Cruce Salus" art exhibit in the history of the LivingStone Monastery will be held April 9-15.  
The exhibit will present responses from local artists to the Stations of the Cross.  
Artists have been given the opportunity to respond through artistic avenues they prefer.  
The exhibit will open on Sunday, April 9th from 6-9 p.m., and will be open daily throughout the week.  
Admission is free and the event is open to the community.  
For more information, call 757-595-8490.

Your life  
Campus News

Health and Wellness Services  
to host "Wellness Wednesdays"

University Health and Wellness Services is hosting "Wellness Wednesdays" in the Breezeway of the Student Center.  
The event will be held from 11 a.m. to 2 p.m., starting on April 12.  
The event will feature a skin analyzer.  
Students will be able to scan their skin for any abnormalities at the event.  
UHWS will continue "Wellness Wednesdays" on April 19 with a Foot Impression machine for any interested students to check their balance.

First-Year History Student accepted  
into Virginia Tech's Undergraduate  
Research Conference

CNU freshman Nicole Justice has been accepted to participate into Virginia Tech's "Undergraduate Research and Prospective Graduate Student Conference."  
Her topic focused on "The Malleus Maleficarum's dissemination of misogyny throughout European society."  
Dr. Beth Kreydatus is doing research with Justice.  
She will present alongside Justice during the conference.

CNU History majors attend  
Virginia Regional Conference of Phi  
Alpha Theta at VMI

For the first time in its history, Christopher Newport University's Alpha Zeta Mu chapter of Phi Alpha Theta sponsored students at the national history honor society's Virginia Regional Conference.  
It was held on March 25, at the Virginia Military Institute in Lexington.  
Graduating seniors Erin Koch and Elizabeth Tuttle both attended the conference. The faculty advisor for the conference was Dr. Nigel Sellars.  
A third student, Jeff Cooper, was unable to attend the conference.  
His paper, however was submitted to the contest judging alongside Koch and Tuttle.

Corrections

Bob Wharton is the only owner of the Crabshack in the article "Schooners Drops Anchor at CNU."

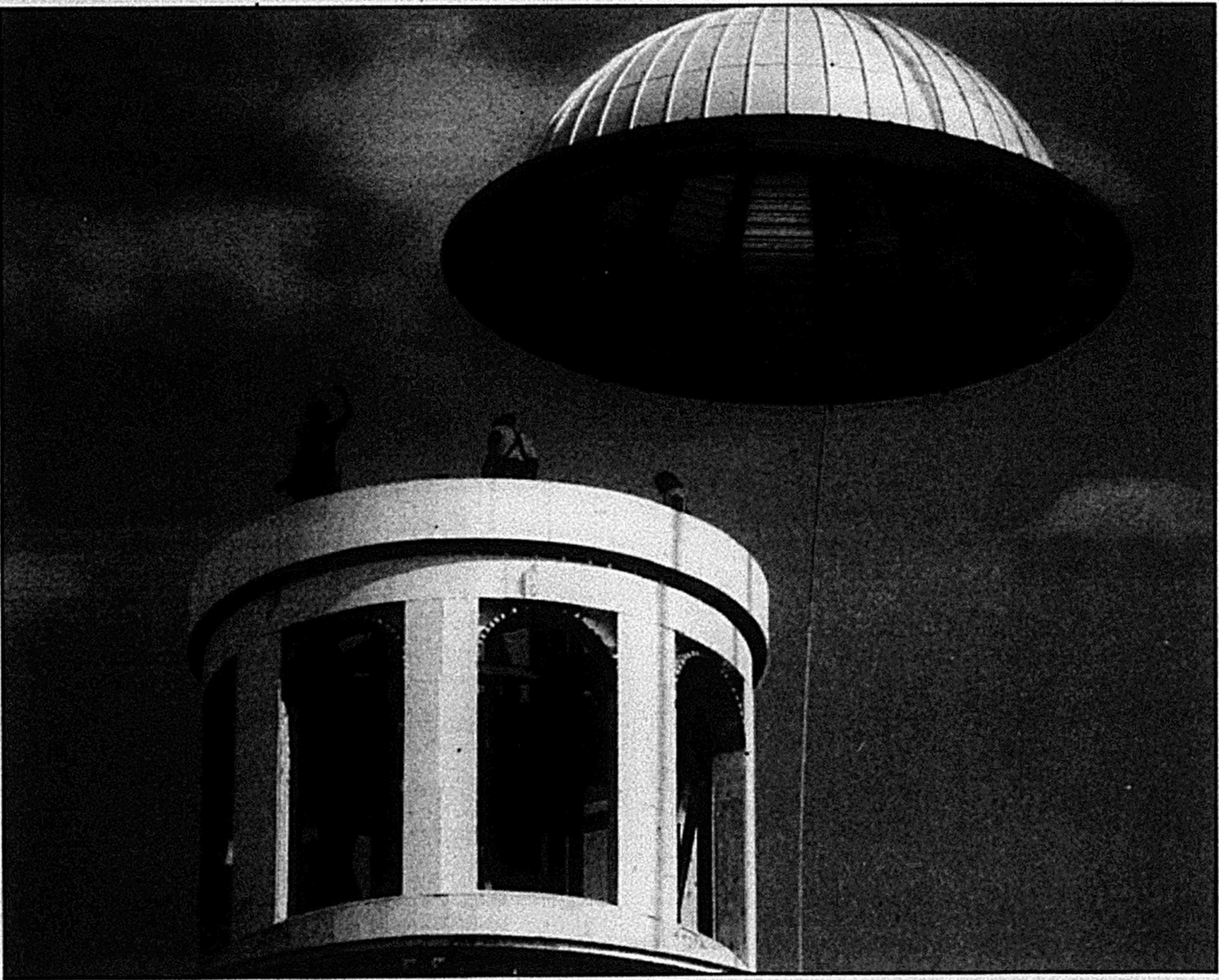
The ending of the opinions article "Meatless diet has scientific merits," should have read: "Talking about food is one of the touchiest issues we have as humans. Elementary school taught us that plankton is at the bottom of the food chain and we as humans are at the top. However, does that give us complete freedom to use and take what we wish or a greater responsibility to care for those who are not of our own species? As the only species that can control urges and truly think on an intellectual plane, hopefully the move is toward the latter."

In last weeks article "Police Chief discusses traffic safety ideas," Gabe A. Morgan is the sheriff.

supershot

Workers of W.M. Jordan Company, Inc. work to assemble the tower as part of construction on the new library on March 28.

Sam Pelegrin/The Captain's Log



see your

photo published

To contribute a photo for "supershot," send the attached file (in .psd or .jpg form) with your name and class status. Please include in the body of the e-mail information about the picture, including who (or what) is pictured, when the photo was taken and any other information pertinent to the subject.

Send to: [clogphotos@cnu.edu](mailto:clogphotos@cnu.edu)

Campus Calendar

April 5-11

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
12 p.m. — Virginia 21 Meeting; SC Lounge, Second Floor 2 p.m. — Douglas Duncan Presentation; Ferguson Music and Theatre Hall 7 p.m. — RolePlaying Guild Meeting; SC 205 7 p.m. — Orson Scott Card Meet and Greet - Ender's Shadow Discussion; Ratcliffe Atrium, Second Floor 7:30 p.m. — Ella Fitzgerald Music Festival- CNU Jazz Ensembles with Kurt Elling; Ferguson Center For the Arts Music and Theatre Hall.	12:15 p.m. — Religion Honor Society; Einstein's 7 p.m. — Role-playing Guild Meeting; SC 205 7:30 p.m. — Eddie Palmieri and La Perfecta II and Tiempo Libre; Ferguson Concert	7:30 p.m. — For Ella: Patti Austin and the Count Basie Orchestra; Ferguson Concert Hall	8 a.m. to 8 p.m. — High School Captains Track Meet 7 p.m. — An Evening with Branford Marsalis; Ferguson Center Concert Hall	1 p.m. — CNU Baseball vs. NC Wesleyan; Captains Baseball Field 4 p.m. — Mass in C Minor; Ferguson Center Concert Hall 4 p.m. — Roman Catholic Mass; SC 150 7 p.m. — Captain's Log Staff Meeting; SC 233	5 p.m. — Tovala Italiana: Italian conversation Hour; Einstein's Cafe 5:30 p.m. — SGA Meeting; SC 150	12 p.m. — Tau Delta Phi, Sexual Responsibility Kit Giveaway; Santoro Hall 12:15 p.m. — Tertulia Viva! Spanish Conversation Hour; JR Multipurpose Room 5:30 p.m. — Baptist Student Ministries Meeting; SC 233 7 p.m. — Living the Questions: Discovering Christianity in the 21st Century; JR Multipurpose Room



# Students open Lazy Dayz the new hookah place

Three of the four owners of Newport News' first hookah lounge are full-time students juggling classes and 40-hour work weeks.

By MATTHEW CLARK  
Contributing Writer

Thanks to juniors Andrew Erickson and Jay Sedwick, Newport News has its premier hookah lounge: Lazy Dayz.

Erickson and Sedwick's friends, Cooper Day and junior Mike Battles, have joined them to open the lounge, which they hope will provide its customers with a break from the frantic pace of everyday life.

In opening the business, the four friends each used their personal expertise to contribute, Erickson said.

Erickson, who works as an independent contractor, brought his building experience, and Sedwick, a former CVS manager and government employee, offered his knowledge of how businesses operate.

Battles, an experienced computer programmer, helped with technological issues while Day, an experienced head waiter for numerous restaurants in Arlington such as The Cheesecake Factory, contributes his experience in customer service.

They had the funds to start Lazy Dayz without the help of any grants and managed to open the business practically debt-free, Erickson said.

"We all sort of pooled cash together," he said.

All of the owners except Day are full-time students in addition to being business owners. Juggling both tasks, according to Erickson, is bittersweet.

"We based our work schedules around our schedules at school. But I'm trying to hold down 15 credit hours at school while working 60 or so hours a week here. It's really hard, but when you see the place packed at night, I think: Yeah, we're doing something really great here," he said.

But what exactly is a hookah? "A hookah is an Arabic smoking device that's been around for centuries, ever since the Ottoman Empire, and [is used] for smoking flavored tobacco," said Sedwick.

Hookah pipes function as follows: An Arabic form of tobacco — shisha — is placed in a clay bowl, which is covered in aluminum foil, and this is heated by burning coal.

The smoke is then filtered through the chamber, where it is pulled through water and turned into a vaporized form of smoke. Unlike cigarettes, the heating of moistened tobacco produces hookah smoke rather than the direct ignition and burning of tobacco.

Just a short distance from campus on J. Clyde Morris Boulevard, Lazy Dayz hosts over 60 different hookah flavors in varieties ranging from butterscotch to mango.

The lounge is filled with couches, plasma TVs and coffee tables. "[It is an] ultra-relaxing, real chill, modern spot to just hang out, have fun and be in a social atmosphere where you can

go with all of your friends and just have a good time," said co-owner Erickson.

Some students, like freshman Noah Rouse, agree with Erickson. "It's just a really really relaxed, feel-good atmosphere," said Rouse.

A tag style logo decorates the interior of Lazy Dayz — the work of a CNU student who wishes to remain confidential. The owners hope to incorporate artwork from CNU students along the walls all throughout the lounge in addition to its interior painting.

Lazy Dayz hopes to see the opening of a coffee shop/deli next door to its current location and to expand to other Virginia universities as well. Lazy Dayz is currently open from 7 p.m. until 3 a.m. Monday through Wednesday; from 7 p.m. through 4 a.m. on Thursday, Friday and Saturday; and from 7 p.m. until 1 a.m. on Sunday. For more information about Lazy Dayz, check out their Web site at [www.Lazydayzhookah.com](http://www.Lazydayzhookah.com). ■

Would you  
smoke a  
hookah? See  
"Man on the  
Street"  
PAGE 6



Courtesy of Mike Conlon/THE CAPTAIN'S LOG

Junior Mike Conlon smokes peach-flavored tobacco out of a hookah at Lazy Dayz in Newport News.

## SGA Senate clamps down on election campaign spending

By PHILIP LECLERC  
News Editor

The student senate voted to crack down on campaign spending, passing Senate Proposal 14.06 at their last meeting.

Senior senators Robert Peresich and Joshua Dermer authored the bill, titled the Dermer-Peresich Campaign Finance Reform Act, intending to restrict not only individual candidates to spending \$250 in their campaigns for office in the SGA, but to restrict other organizations from spending money on their behalf as well.

To campaign on behalf of future candidates for CNU SGA or Class Council, organizations and persons must receive written approval from the candidate, says Dermer and Peresich's bill.

Any amount spent on behalf of a candidate by someone other than the candidate will be added to that candidate's total.

"In other words, you cannot have an outside party supporting somebody without them putting their stamp on it," said Dermer.

In the past, some candidates for SGA and Class Council positions have spent beyond the \$250 limit, which created concern for the issue, said SGA Elections Board Chair Joshua Fulghum.

Enforcing that kind of limit in the future could be problematic, though, said senior Senator Erin

Greene, because keeping track of who spent what would become very difficult.

In last year's presidential election, current SGA president, junior Mehreen Farooq, worked out a discount with a local Mexican restaurant, Plaza Azteca.

Some candidates in that election argued that the total amount discounted at Plaza Azteca should have contributed to Farooq's total campaign funds spent, making it difficult to account for all money spent and to determine what should be counted, Greene said.

Dermer said the new policy could be enforced in similarly to the way the current poster policy is handled.

"I mean they have to put their stamp on it before any of this stuff gets out, so right there, you could certainly enforce that," said Dermer.

The senate passed the proposal by way of a paddle vote.

They passed another bill as well, Senate Proposal 13.06, entitled the Senatorial Privilege Act.

It changed the senate's current policy, which is to allow short speeches where senators can bring up current issues in blurt-ups or blurt-outs, to instead incorporate voluntary one-minute speeches for each senator into the senate's regular agenda.

In addition to passing the Senatorial Privilege Act and the Dermer-Peresich Campaign Finance

Reform Act, the senate discussed three constitutional amendments and spoke with Andy Sheston, Director of Housing.

At Farooq's request, Sheston said he would suggest to his colleagues that a student be involved in reviewing the housing lottery and allocations process. That will occur this summer, he said.

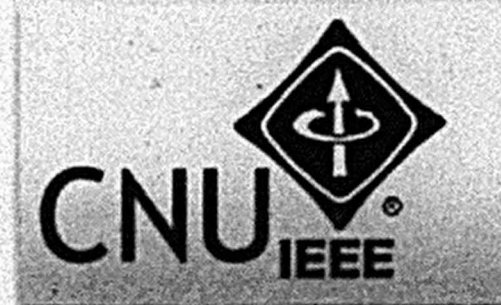
The first amendment discussed was number 16.06, the Vice Presidential Consolidation Amendment, which Peresich wrote.

If passed, the bill will make Vice President of the Senate and Vice President of the SGA one position, in which a single person will perform the duties of both current positions.

The senate also discussed the Continuity of Representation Amendment, authored by Dermer. If passed, it will allow Class Councils to appoint senators in the event that a position is vacant. Currently, the President of the SGA has that power, but only with the majority consent of the senate; the senate next semester may not have enough members to provide that consent, Dermer said.

The final amendment discussed, number 15.06, if passed, will allow the senate to hold meetings in the absence of the Chief Justice of the SGA. All three amendments will be reviewed at the senate's next meeting on April 10. ■

## Club Profile: CNU IEEE



Club Name: Institute of Electrical and Electronics Engineers (IEEE)

President: Marshall Huss

Club Advisors: Dr. Anton Riedl, Dr. Dali Wang

Club Membership: 28

Funding Sources: To this point they have operated on a \$0 budget. They are allotted money from the Hampton Roads section of IEEE

What does the club do?

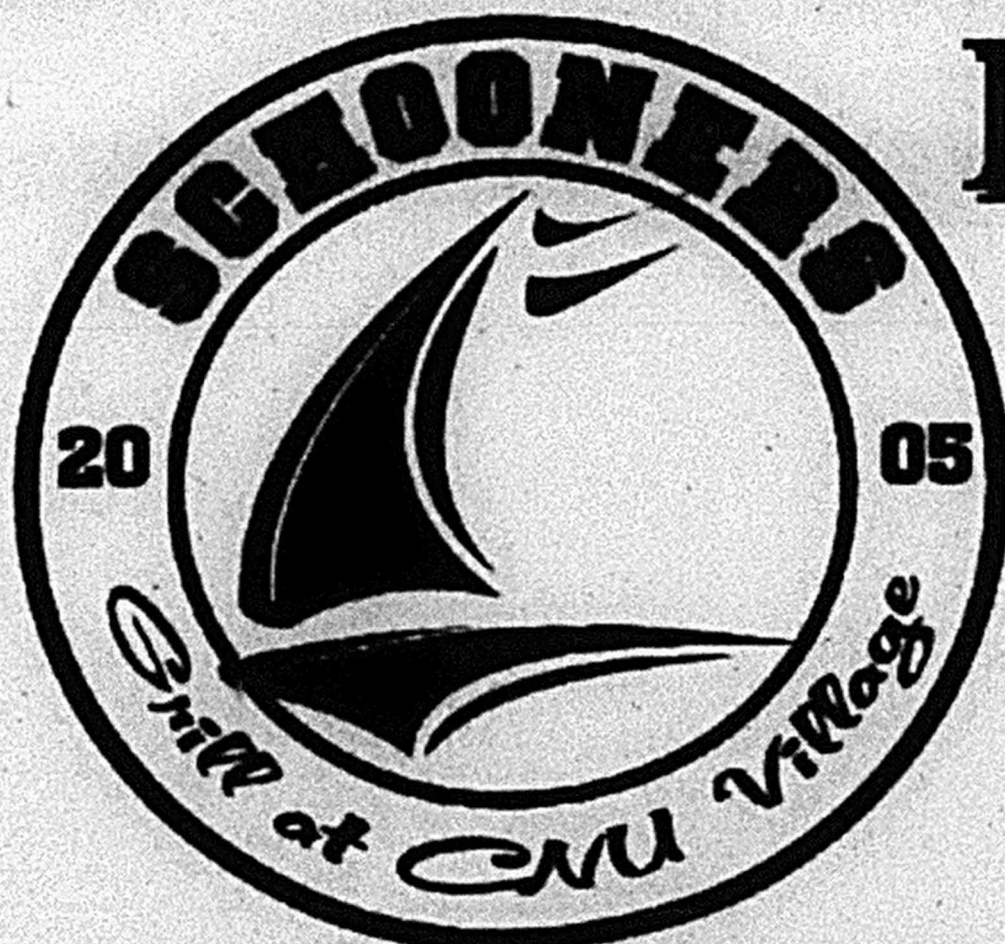
CNU IEEE's goal is to bring technology solutions to the CNU campus as well as network with technology professionals in the Tidewater area. The club attends local social meetings with professionals including dinners and presentations concerning emerging technologies.

CNU's student chapter has worked this semester to create and maintain CNUpedia (<http://cnupedia.pcs.cnu.edu>), an all-inclusive wiki for the CNU community, and Developer (<http://developer.pcs.cnu.edu>), a collaborative development environment for PCSE students.

This semester the CNU chapter hosted the Hampton Roads section student paper contest in the President's Box of the Freeman Center. A CNU IEEE member won first place this year, beating out engineering students from Old Dominion University and Norfolk State University.

How can I join?

Membership grants students access to online libraries and monthly IEEE publications as well as the opportunity to work on technology projects to benefit the CNU community. For more information go to their Web site at <http://ieee.pcs.cnu.edu>. ■



## NOW OPEN!

### OFFERING

Late Night Entertainment  
Extensive Beer & Wine List  
Flat Screen TVs  
Affordable Prices  
Fresh Seasonal Salads  
Homemade Pizza  
Awesome Subs, Sandwiches & Greek Specialties  
Dine-in & Carry-out Available

Complete & Clip this coupon, present it to your server & you will be entered into a drawing to win a free meal for two — a \$20 value!! (Excludes alcoholic beverages and tip)

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Hurry! Offer Expires April 15, 2006



# World and Nation

## Security checks lag with traffic jams



Traffic passes over the Ambassador Bridge from Detroit, Michigan, to Windsor, Canada, on March 9. This location is one of the contested regions regarding security checks.

By TARANA AUDI  
Detroit Free Press

**DETROIT** — On a weekend night in March, 12 big rigs from Detroit were lined up on the Canadian side of the Ambassador Bridge, waiting to be searched by inspectors who were on the lookout for a produce truck suspected of carrying drugs.

But before the Canadians could scan the trucks, their supervisor received a call from the U.S. company that owns the bridge. The trucks were snarling traffic. The bridge's owner wanted traffic cleared quickly, an inspector working that night said. What happened next, according to customs inspectors and security experts, occurs routinely on the U.S.-Canadian border when security clashes with commerce: Commerce wins.

"We stopped the inspection," a Canadian inspector said, and let the trucks pass.

Despite fears of terrorism and other security concerns at U.S. ports and border crossings since Sept. 11, 2001, U.S. and Canadian inspectors on the Ambassador Bridge and elsewhere say they are routinely told by supervisors to wave vehicles through checkpoints without scrutiny to satisfy commercial interests.

Though government officials in the United States and Canada deny safety is compromised, inspectors say security lapses are a particular problem at the Ambassador Bridge — the busiest northern border crossing, and one of only two along the U.S.-Canadian border that are privately owned.

In a practice known as "lane flushing," inspectors at the bridge — owned by the Detroit International Bridge Co. — say supervisors force them to wave through long lines of cars and trucks to ease bridge congestion, without asking even cursory questions of drivers or passengers.

"When the traffic backs up to a cer-

tain point, you know the call is going to come" from the bridge company, one bridge inspector told the Free Press.

Robert Perez, port director of Detroit for U.S. Customs and Border Protection, an agency of the Department of Homeland Security, denied lane flushing takes place. Perez said his office tries to cooperate with bridge and tunnel operators, and that inspectors might view that cooperation as caving in to commercial interests.

"The people in the community, both in Detroit and Windsor, should feel good about the fact that their border crossings are safer than ever before," Perez said.

Congressional opposition recently scuttled a plan to have a Dubai-based firm manage six U.S. ports. Last week, as Congress debated tougher border security as part of an immigration package, a Senate subcommittee investigated how undercover agents drove into the United States from Canada and Mexico with nuclear material.

U.S. and Canadian customs officials, and representatives from the bridge company — owned by trucking magnate Manuel (Matty) Moroun — say security is never compromised for commerce and say the reverse is true: Better technology, improved facilities and better cooperation between business and government make the border more secure.

Bridge inspectors concede that, even under ideal circumstances, there is no way to fully inspect every vehicle entering the United States without also crippling trade.

"They call and say 'You're holding us up too much.' And they always win that argument," said Charles Showalter, national president of one of the two unions representing U.S. Customs and Border Protection officers. He said when inspectors or the union object, DHS officials "call it 'acceptable risk.' It's 'Hurry up, hurry up, hurry up, hurry up.' Nobody wants to slow down commerce."

## Iraq leaders must break deadlock

By WARREN P. STROBEL  
AND NANCY A. YOUSSEF  
Knight Ridder Newspapers

**BAGHDAD, Iraq** — Secretary of State Condoleezza Rice made a surprise visit to Iraq on Sunday and bluntly warned its bickering political leaders they must form a national government or risk losing the backing of the international community.

Rice and British Foreign Secretary Jack Straw, who accompanied her, were trying to break a 3-month political deadlock that has worsened the country's slide into sectarian violence.

After spending the day with Iraqi politicians, Rice said she told them the deadlock must end and that the country's tenuous democracy might not survive another crisis like the bombing of a Shiite Muslim shrine in Samarra in February.

"The Iraqi people are losing patience," Rice said she told Shiite, Sunni and Kurdish leaders. "Your international allies want to see this get done because you can't continue to leave a political vacuum."

Rice also indirectly referred to declining support for President Bush's handling of the Iraq war. "I did say, democracies have to support the policies of a democratically elected government."

The secretary of state arrived in Baghdad at a critical moment of jockeying over the candidacy of acting Prime Minister Ibrahim al-Jaafari, who was nominated in February by the leading Shiite political slate. The United States is trying to ease al-Jaafari out of the way as he has not been able to get consensus for his candidacy.

Representatives from the seven parties that make up the top Shiite slate, the United Iraqi Alliance, have begun meeting over whether they should stick with al-Jaafari or not. "We've reached a point where must determine whether other slates want to form a government with Jaafari or not," said Humam Hamoodi, a member of the Alliance and a Shiite party, the Supreme Council for Islamic Revolution in Iraq.

 **TOYOTA**

**\$400 OFF**

**ANY NEW TOYOTA OF YOUR CHOICE\*  
AS A COLLEGE GRAD, YOU MAY BE ELIGIBLE!**

\*NOT ALL CUSTOMERS WILL QUALIFY. CUSTOMERS RECEIVE \$400 FROM TOYOTA TOWARDS LEASING OR FINANCING THE PURCHASE OF NEW UNTITLED TOYOTA MODELS THROUGH PARTICIPATING TOYOTA DEALERS AND TOYOTA FINANCIAL SERVICES. SEE DEALER FOR DETAILS. COLLEGE GRADUATE PROGRAM IS SUBJECT TO CHANGE OR TERMINATION AT ANY TIME.

 **TOYOTA**

**COROLLA S**

buyatoyota.com

**STANDARD FEATURES:**

**MACPHERSON STRUT FRONT SUSPENSION**

**+ AM/FM/CD WITH 6 SPEAKERS**

**+ 1.8-LITER 170 HP ENGINE**


**+ SIDE ROCKER PANELS**

**+ 38 MPG HWY†**

**= YOUR NEW CAR**

**AS SHOWN \$17,360††**



 **TOYOTA**  
moving forward

†EPA ESTIMATED MPG FOR 2005 COROLLA S MODEL 1812 4 SPEED AUTO. ACTUAL MILEAGE MAY VARY. ††MSRP FOR 2006 SPORT MODEL 1812 EXCLUDING TAX, TAGS AND LICENSE FEES. DEALER SETS FINAL PRICE.



# Opinions

## Where We Stand

A quick response to the housing issue shows that CNU's slogan, 'Students First,' might still be true

As Director of Housing Andy Sheston put it, "Now that the dust has settled, we can get a clearer picture of what needs to happen." Campus buzz regarding the Housing and Dining controversies have reached their climaxes. Now, we as a campus come down from our collective emotions regarding these issues and reflect upon the administration's response to our voices.

There has been a lot of criticism regarding the "Students First" mantra in recent weeks.

"The administration's actions have demonstrated an apathy to the concerns of the student body once they pass their freshman year," said Kurt Laskowski in his editorial in last week's Opinions section, in reference to the housing shortage for upperclassmen.

But the university's response to this crisis since last week has been admirable. Going from no living spaces for waitlisted students to 247 (exactly enough) is quite a turnaround. The administration went so far as to take Potomac rooms, a move which will likely mean tripled rooms for freshman in the fall. The prompt and sweeping response even earned the praise of *cnuhousingsucks.com* creators Donny Donovan and Randall Munroe, who admitted that short of redoing the lottery, there could have been no better response given the circumstances.

Housing might have made an array of mistakes in this year's lottery, but students are not being ignored. In fact, Director of Housing Andy Sheston expressed that the requirement that sophomores to live on campus might be lifted when the administration meets to revise Housing policy.

In regards to Dining Services, the administration's adherence to a "Students First" philosophy is poorly evidenced. Despite a prolonged and vigorous campaign on the part of students like SGA Senator Erin Greene, who have come to see cafeteria workers as family, the administration continues to press on with plans to discuss offers from private vendors. Buttons pepper the dining halls reading "CNU Dining Service Rocks!" as the Virginia Gazette publishes an article providing a laundry list of problems with the College of William and Mary's outsourced food services company Aramark.

Despite improvements made by Dining Services in recent weeks, including longer hours and better food options, the administration moves on with the institutional research. That's not to say that Dining Services is automatically the best choice for our dining halls, but at a school whose motto so plainly states "Students first," the students have clearly spoken.



## The Captain's Log

2005 - 2006 Staff

**Editor in Chief/ Amber Nettles**  
**Editorial Assistant/ Ian Sass-Basedow**  
**News Editor/ Philip Leclerc**  
**Layout and Design Manager/ Ashleigh Tullar**  
**Assistant Layout and Design Manager/ Regina Cerimele**  
**Photos and Graphics Editor/ Will Summers**  
**Assistant Photos and Graphics Editor/ Ryan Burke**  
**Copy Editor/ Mark Pangillinan**  
**Assistant Copy Editor/ Erin Roll**  
**Sports Editor/ Paul Frommelt**  
**Assistant Sports Editor/ Brian Benison**  
**Arts and Entertainment Editor/ Amber Lester**  
**Assistant Arts and Entertainment Editor/ Chanelle Layman**  
**Online Editor/ Brian Rimel**  
**Advertising and Business Manager/ Jamaal Williams**  
**Faculty Advisor/ Dr. Terry Lee**

The Captain's Log is the Official Student Newspaper of Christopher Newport University.

The Captain's Log is published on 24 Wednesdays throughout the academic year. New contributions are accepted by fax (594-8759), by e-mail (*clog@cnu.edu*) or in our office (SC 223).

Circulation inquiries, advertising rates, and policies are available upon request by telephone, (757) 594-7196, e-mail or on our Web site, <http://www.clubs.users.cnu.edu/clog>.

The Captain's Log is created with Apple Macintosh computers, using Adobe InDesign.

The Captain's Log reserves the right to edit letters according to style and length, as well as to refuse publication.

The Captain's Log welcomes letters from its readers. Send letters to: The Captain's Log, 1 University Place, Newport News, VA 23606.

Letters may also be brought to our office or sent to us by e-mail at *clog@cnu.edu*. Anonymous letters may be

printed, but writers must sign the original, providing a full address and telephone number for verification purposes.

Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication.

Corrections/Clarifications to The Captain's Log will be published in the issue following the error, at the discretion of the Editor in Chief.

## Is Moussaoui a martyr?

*Knight Ridder Tribune*

The following editorial appeared in the Fort Worth Star-Telegram on Thursday, March 30:

Zacarias Moussaoui wants you to believe that he was to fly a plane into the White House on Sept. 11, 2001. That he was to work with shoe-bombing suspect Richard Reid in doing so. That he is guilty of allowing the Sept. 11 attacks to go forward because he withheld the truth about his membership in al-Qaeda and his plans for using his flight training.

Khalid Shaikh Mohammed, the mastermind behind the Sept. 11 attacks who was arrested in 2003, wants you to believe that Moussaoui is lying.

That he "was never slated to be a 9-11 operative." That he was "a problem from the start." That the plan to use al-Qaeda operatives with passports from non-Arab states — Moussaoui is a French citizen of Moroccan descent — was only in the earliest stages.

Moussaoui has already pleaded guilty to taking part in the broad conspiracy that resulted in the Sept. 11 attacks. All that's left for jurors to do is sentence him for his crime. It looks as if Moussaoui wants the United

States to execute him — to make him, in his eyes, a martyr.

For months he insisted that he was not directly involved in the Sept. 11 attacks — that he merely plotted other attacks. It appeared that prosecutors were having a tough time proving the connection between Moussaoui and the acts that killed nearly 3,000 people in New York, Washington and Pennsylvania. That connection determines whether he is eligible for the death penalty.

On March 27, Moussaoui did an about-face on the witness stand, testifying about plans for Sept. 11 and how he kept silent in order to let the attacks go forward. He sounded cold and calculating — and made the very case that the prosecution has been arguing: He was an integral part of Sept. 11 preparations.

Testimony from Mohammed and other al-Qaeda members in custody contradict Moussaoui's claims, painting him as a hindrance, not a help. He'll be eligible for the death penalty if jurors decide that prosecutors proved that Moussaoui's actions, or inactions, led to at least one death in the attacks. Jurors also could conclude that his actions didn't directly cause any of the Sept. 11 deaths, which would result in a sentence of life in a super-maxi-

mum-security federal prison.

If Moussaoui is trying to become a martyr by getting the United States to execute him, the jury shouldn't be fooled.

Would his execution be martyrdom? That is up to his deity. Would it be the punishment of his choice? His defense team says "yes." That alone is worth weighing. There's a larger issue. The Arab street could see his death as martyrdom and reach a dangerous conclusion: American infidels are executing a man of faith in another attack on Islam.

Those who advocate Moussaoui's execution worry that having him in prison means handing terrorists a bargaining chip: Release Moussaoui and we won't crash this plane into the Sears Tower. Give us the Frenchman and we won't destroy the Golden Gate Bridge.

That fear is misplaced.

We've seen that human life and civilian safety mean nothing to al-Qaeda's leaders and foot soldiers. We know what they're capable of and comfortable with. If they are going to harm U.S. citizens or sites, one excuse is as good as another. The cost for keeping Moussaoui at a super-maximum-security prison would be high.

The cost of executing him could be far higher. ■

## Melting ice sends urgent message

*Knight Ridder Tribune*

The following editorial appeared in the St. Louis Post-Dispatch on Friday, March 31:

The polar ice sheets are melting faster than anyone predicted. At their seasonal nadir last September, arctic ice floes were 20-percent smaller than the average of the past 25 years.

Two studies published earlier this month suggest that large parts of south Florida, the Gulf Coast and Cape Cod could be inundated by rising sea levels in fewer than 100 years. Although sea levels have been rising since the end of the last ice age, the rate has accelerated since the 1990s.

The new studies come on the heels of other ominous research: A recent NASA report showed that Greenland's ancient glaciers are melting fast. In January, the Goddard Institute for Space Studies reported that 2005 was the warmest year on record in the Northern Hemisphere.

Since the 1890s, the five warmest years on record are, in order, 2005, 1998, 2002, 2003 and 2004. See a trend?

As if that weren't enough, the United Nations World Meteorological Organization reported late last year that global concentrations of carbon dioxide reached their highest recorded level in 2004. Indeed, between 1994 and 2004, concentrations of CO<sub>2</sub>, the most abundant greenhouse gas in the atmosphere, grew by about 20 percent.

That carbon dioxide almost certainly got into the atmosphere from our smokestacks and tailpipes. Jonathan T. Overpeck of the University of Arizona, lead author of one of the new studies, thinks now is the time to do something about it.

"If we don't like the idea of flooding out New Orleans, major portions of south Florida and many other valued parts of the coastal U.S., we will have to commit soon to a major effort to stop most emissions of carbon into the atmosphere," he said.

As with any science, there

is room for disagreement over details and interpretations. The broad outline of global climate change fueled by human activity gets clearer with each new study.

President Bush conceded last year that global climate change is real. He has yet to do much about it. Earlier this month, a federal appeals court slapped down the Bush administration's attempt to allow aging coal-fired power plants to continue spewing carbon dioxide and other pollutants into the air. The administration tried to impose its rules after it failed to get what it wanted from Congress.

If melting polar ice sheets and glaciers, rising surface temperatures and disappearing permafrost aren't enough to break the ice and start a serious conversation, it's hard to imagine what would be.

Midway through his second term, Bush is said to be increasingly concerned about his place in history. Here's his chance to do something about it — while there's still time to act. ■

## Journalism school caves on freedom of the press

By JIM MARTIN

*Knight Ridder Tribune*

WASHINGTON — It's safe to say that neither Galileo nor John Scopes would have fared well as students in the University of Illinois' College of Communications. H.L. Mencken almost certainly wouldn't have lasted a full day as editor of the student newspaper, The Daily Illini.

By order of the college's dean, Roland Yates, and the newspaper's board of directors, the First Amendment has been spiked in favor of political correctness.

Two Daily Illini editors were fired from their jobs March 21 for printing six Danish cartoons satirically depicting the Prophet Muhammad.

It would be difficult to argue that the cartoons were not newsworthy since their original publication in a small Copenhagen newspaper sparked riots and loss of life throughout the Muslim world earlier this year.

How can readers of The Daily Illini or any other U.S. newspaper, for that matter, understand what those riots were all about — and judge their appropriateness or inappropriateness — without viewing the cartoons?

Yet with its publication of the six cartoons on Feb. 9, The Daily Illini joined only a handful of American dailies with enough guts to show their readers what triggered one of the major news stories of 2006. Among the other

staunch defenders of free expression: The Philadelphia Inquirer, The Austin American-Statesman and The Rocky Mountain News.

The firings were made after complaints by some Muslim students that the cartoons were anti-Muslim and disrespectful of Islam.

Daily Illini Editor Acton H. Gorton — who was fired along with the paper's op-ed editor, Charles Prochaska — said he intends to sue the newspaper's board for defamation and unlawful dismissal.

Gorton, a 25-year-old journalism major, accused the paper's board of directors of terminating him for doing nothing more than exercising his free-speech rights.

He said he was given 30 minutes to explain his actions at a closed-door meeting of the Illini board, but used only 10 and was not asked any questions. "They just sat and stared at me," he said.

Gorton also complained that he never was allowed to meet with a task force created to study the issue after he printed the cartoons.

The board, which includes both students and faculty, voted unanimously to fire Gorton and Prochaska for violating "Daily Illini policies about thoughtful discussion and preparation for the publication of inflammatory material."

Ironically, its statement continued: "The board believes this conclusion is in the best interests of The Daily Illini news-

room and will allow the student journalists to carry on with the newspaper's 135-year-old tradition of a vibrant, independent student press."

How's that again? When I was a student journalist at the University of Florida a few decades back, every professor on the staff hammered it home that a vibrant, independent press begins and ends with the right to free expression.

As a reporter in the '70s an independent press was the key to freedom of the press.

That was a cardinal principle of the Founding Fathers, and it was never meant to bow down before threats and intimidation. Today's journalism schools, unfortunately, seem to have abandoned the sacred precepts of our Bill of Rights.

Instead of teaching the First Amendment they now spend their time on sensitivity training.

In doing so, they conjure up the wisdom of George Bernard Shaw's famous dictum: "He who can, does. He who cannot, teaches."

I hope those who graduate from the University of Illinois' College of Communications this year will ignore the messages of their weak-minded professors and go on to become vibrant, independent journalists on their own.

As for Gorton and Prochaska, they ought to be invited to a National Press Club newsmakers luncheon as honored guests and given a standing ovation. ■



# SGA senator profile: Sean Rankin

By REGINA CERIMELE  
Asst. Layout and Design Manager

## Political biography:

Senior Sean Rankin first became an SGA Senator in the fall semester of his senior year, though his interest in politics began several years ago.

Rankin has been a member of the College Republicans since the club's initiation last year, and currently serves as its Treasurer. As a senator, Rankin serves as chair of the Pedestrian Safety Committee and discusses transportation issues with students.

## Political philosophy:

Rankin's political philosophy is two-fold, he said. As a

senator, he hopes to increase both awareness and responsibility on campus.

He also hopes to bring creative thinking and a strong work ethic to SGA. "I want to talk about issues we haven't touched on a million times, issues that might not always be popular," he said.

## What he does:

Rankin is also a member of the SGA Parking and Lighting Committee and the Community Outreach Committee. As chairman, he tries to help involve the CNU community in traffic safety issues on campus. As Chairman, Rankin has the opportunity to discuss traffic and pedestrian safety with members of the CNU administration, including Vice President Bill Brauer, as well as the CNU Grounds Department and VDOT.

"[Sheriff] Gabe Morgan has asked me to be a part of the Security Council in the New-

port News Area," said Rankin. What he's done:

During his time as Senator, Rankin has supported legislation and drafted bills of his own. One of his most recent pieces of legislation proposed the installation of a change machine into the current Student Center to be accessible for students until the opening of the Student Union, which will have its own change machines within it. The bill has since passed through the senate, but has not yet been enacted.

Rankin helped propose amendments for the current SGA constitution. "I wrote one to allow the Chief Justice to be absent at SGA meetings and to allow another justice to take her place," he said.

Rankin recently supported legislation written by senior senators Josh Dermer and Robert Peresich that added a recitation of the Virginia State pledge to the beginning of each SGA Senate meeting. ■

## DINING, FROM PAGE 1

process, said Front of House Manager of Regattas Linda Carter, one of three Dining Services Representatives on the Advisory Committee.

The Advisory Committee has not been able to be as productive as it otherwise could be, because before April 3 they did not have contracts from the prospective food contracting companies, said Carter.

The committee has considered how other colleges and universities deal with public vendors, she said. A Virginia Gazette article run on March 29 concerning issues with Aramark's performance at The College of William and Mary focused on possible concerns, Carter said. "It was right on cue for us," she said. "To see that in one of our sister schools that's got [outside vendors] already — we sure wouldn't want them to come here with those problems."

The response from the SGA and the student body played a great part in the decision-making process, said Carter. "Students are communicating what they think and what they feel," she said. "We are trying to have an unbiased opinion."

SGA's Dining Services Committee has tried to play an active role in aiding in the decision-making process of the Advisory Committee, said senior Erin Greene, Chair of the committee. After the decisions concerning Dining Services

were made in February, Greene decided to expand the role of the committee. "I would do my research, but take a position for saving our Dining Services," said Greene.

Much of the impact of the committee has resulted in part from the strong reaction from CNU students, said Greene. "There been such an awesome outpouring of support," she said.

The debates have not always been friendly, said Greene. "This entire thing has been really emotional and drawn out. There are certain students who are very passionate for change. It has become very much an 'us versus them situation,'" she said.

Greene spoke of statements made by Dean of Students Donna Eddleman and SGA President Mehreen Farooq, who said CNU students should address the Dining Services situation in a less emotional manner. "Students can't always trust our administration to tell the truth," Greene said. "You have to look at both sides of the story before presenting to the administration."

Since the criticisms were made, student response has become much more constructive, she said. "They took those emotions and found the facts to back them up."

Some students have expressed concern about whether an outside vendor would offer themed dinners like those available on holidays right

now, said Ososkie. If Dining Services becomes operated by a public contractor in the future, the hope is that they would keep producing the theme dinners, he said.

"My understanding is they do theme meals; I don't know if they do as many as we do," he said. "If something is popular, I'm sure they would want to continue it."

Pricing changes for the student meal plans are undetermined at this time, said Brauer.

In an e-mail to the CNU community, Brauer stated any new vendor would be required to rehire current Dining Services employees.

"What we know is that they'll be required to offer every employee a job," said Ososkie. "That doesn't guarantee it will be here."

Any of the four possible vendors could send former CNU workers to another location, including Old Dominion University or William and Mary, he said.

The Director of Dining Services position could also change under a new vendor, said Ososkie. He has received some guarantee he will receive a position of a similar nature to his duties at CNU, but he may still be moved.

"I have been told point-blank by Aramark that if they get the contract they will move me," he said.

The four contractors were not available for comment at press time. ■

## OFF-CAMPUS HOUSING OPTIONS

■ **Arboretum Place**  
(757) 249-4255  
201 Arboretum Way  
Newport News, Va. 23602  
1,2,3 bedroom: \$905-\$1150  
Contact: Shannon or Jill

■ **Auburn Chase**  
(757) 930-0500  
401 Turlington Rd. #5  
Newport News, Va. 23606  
1,2,3 bedroom: \$625-\$949  
Contact: Jessica, Penny or Tonisha

■ **Cloverleaf Apartments**  
(757) 596-1901  
968-25 Marcus Drive  
Newport News, Va. 23602  
1,2,3 bedroom: \$650-\$905  
Contact: Marlin, Lucas or Helen

■ **Concord Lake Apartments**  
(757) 595-3132  
130 Louise Dr. #1  
Newport News, Va. 23601  
1,2,3 bedroom: \$655-\$989  
Contact: Angela or Leila

■ **Hiddenwood North**  
(757) 595-5373  
17 Middlesex Rd.  
Newport News, Va. 23606  
1,2,3 bedroom: \$590-\$890  
Contact: Neicey Sensoms

■ **Jefferson East**  
(757) 595-3510  
711 Shadwell Ct.  
Bldg. 19D  
Newport News, Va. 23606

1,2,3 bedroom: \$635-\$855  
Contact: Jennifer

■ **Jefferson Point Apartments**  
(757) 249-1850  
128 Jefferson Point Lane  
Newport News, Va. 23602  
1,2 bedroom: \$655-\$1104  
3% discount to CNU students

■ **Kila Creek**  
Frank Cotrupi  
Long and Foster Realtors  
720 J. Clyde Morris Blvd  
Newport News, Va. 23601

■ **Waverton Impressions Apartments**  
(757) 881-9700  
Opening new units this summer  
501 Coral Key Place  
Newport News, Va. 23606  
1,2,3 bedroom: \$745-\$990  
Contact: Natalie

At the time this information was gathered (March 2006) the following apartments do not lease to students who do not have an income of at least three times the rental amount and do not accept co-signers:  
Hiddenplace Apartments (757) 595-3312  
Hiddenwood Apartments (757) 595-5306

University Suites at University Place has a few single spaces available as of March 28, 2006. University Suites at Port Warwick has no available spaces and will not accept names for a waiting list until December 2006. The phone number for both is (757) 596-6500.

## HOUSING, FROM PAGE 1

Compromise is key to the process, said Director of Housing Andy Sheston. The apportionment of 148 Potomac River housing slots (originally allotted to freshmen) for waitlisted juniors and seniors will likely result in the tripling of some freshmen, said Sheston.

Disappointed upperclassmen might find a more ideal space in the coming months if they forgo the waitlist lottery, he said.

"The fact is that we're providing them with a space on campus. If they would like to hold out for a space in an apartment in the lottery, they can certainly do that," he said.

For students who are not

willing to take that kind of risk for an on-campus apartment lifestyle, off-campus options, local apartment building managers such as Penny Shipman say, are available to students.

Shipman, resident manager of the Auburn Chase apartment complex on Turlington Road, has been surprised by how few inquiries she has had.

"We've had less than a handful people contact us. Everyday we receive notices that people are leaving; that is the nature of the business," said Shipman. She anticipates 10 to 15 spaces will be available by the end of April.

Likewise, Waverton Impressions Apartments will open 132 brand-new units by the end

of May, said Assistant Manager Holly Majka.

Sheston said the administration would hold a meeting soon to reassess the housing lottery process and housing policy as a whole to assure students will never have to deal with a situation like this again.

Hypothetical solutions include possibly lifting the requirement that sophomores live on campus, he said.

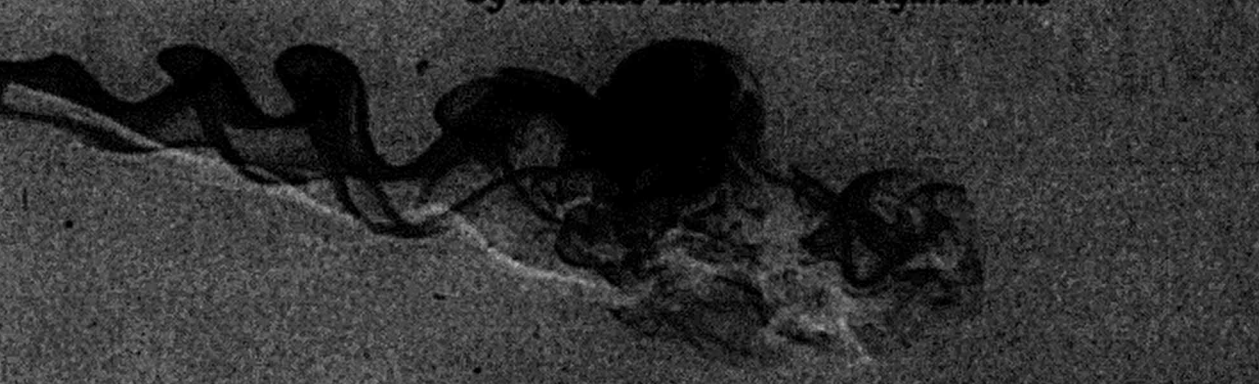
"At this point I can't say what's best for CNU; we're not building anything. We're growing phenomenally," he said.

"At this point, we just have to look into it. Now that the dust has settled, we can get a clearer picture of what needs to happen." ■

## MAN ON THE STREET:

# 'Would you smoke out of a hookah?'

— By Ian Sass-Basedow and Ryan Burke



"Yeah, it's the only kind of smoking I don't mind!"  
— Kate Evans, junior



"No, I have no desire to. I'd observe it; it's interesting, but no."  
— Sheri Bakowski, senior



"Yeah, definitely, I've been meaning to go."  
— Gene Petty, junior

## CURE, FROM PAGE 1

Life events to add to the growing number of participating colleges.

"Across the country, over \$10 million was raised from college campuses alone [last year]," said Lori Crowe, an ACS representative. Currently, there are ten teams at CNU, each consisting of less than 15 people who raise their money prior to the Relay, she said. Past fundraisers have included personal solicitations, bake sales, dance-a-thons and car washes.

There are several clubs and sororities participating this year, including the Multicultural Student Association, Circle K, Zeta Tau Alpha and the Athletic Council.

Worldwide, teams of people consisting of local businesses, friends, families, hospitals, religious organizations and clubs gather at community sites, such

as stadiums and fields, and take turns walking, jogging and running laps. Teams also set up campsites and other makeshift accommodations for spending the night. Entertainment, such as bands, games, door prizes and raffles are provided from local sources and businesses.

CNU's Relay will begin at 6 p.m. with the Survivor's Reception, which will be held in the Alumni Room in the Student Center. At the reception, survivors are acknowledged for their courageous fight against cancer — whether they have beaten it or are still battling it. At 7 p.m., cancer survivors will take a victory lap around the Great Lawn, cheered on by their supporters. Each survivor will be introduced and completes one lap before being joined by other participants.

At 9 p.m., the Ceremony of Hope begins, during which hundreds and sometimes thousands of Luminaria candles are lit and

placed around the track.

"I would like to see this become an annual campus-wide event in the future. Everyone has been touched by cancer," said Wingfield. "People can be diagnosed every day. It is so unpredictable."

CNU's Relay For Life will be held on April 22 and 23 from 7 p.m. until 7 a.m. on the Great Lawn.

"We encourage people to participate. If you can't participate, come out and support us," said Katy Mishoe, a junior and member of CNU's Relay for Life publicity committee.

They will have information on how to get involved, volunteering before, at, or after the event and literature about cancer and ways to prevent it. If you are interested in starting a team, please contact Crowe at [lcrowe@cancer.org](mailto:lcrowe@cancer.org) or Wingfield at [lwing@cnu.edu](mailto:lwing@cnu.edu) or at (757) 594-7882. ■

## HEMP, FROM PAGE 1

suit each applicant," said Yates.

Currently, the program is in a period of change. As it evolves and expands, HEMP changes direction.

"The program started out as a student directive," said Yates. "As we're going into the 06-07 year, it is becoming a permanent part of the Department of Student Affairs."

In its first year, HEMP was instituted primarily for seniors interested in higher education

that are graduating this year. Six of the students currently being mentored have been accepted to graduate school programs at the University of Tennessee, Old Dominion University, Bowling Green State University and Indiana University of Pennsylvania. This coming year the program will open its doors to all CNU students of varying classes.

"Overall, we have a large turnout of students who want to work in higher education," said Yates. "I am very grateful to the involved staff members at CNU

who have been so professional. They've been helping contribute to the idea that at CNU, the individual can succeed."

For those students interested, the application for the program can be found on the CNU Dean of Student's Web page, <http://studentlife.cnu.edu/deanofstudents.htm>.

Applications for the 06-07 year are due by 5 p.m. this Friday and can be delivered to the Office of the Dean of Students or the Office of Student Activities. ■

HAVE YOU TAKEN ENGLISH 260?  
INTERESTED IN PHOTOGRAPHY?

COME WORK FOR THE NEWSPAPER  
CONTACT THE CAPTAIN'S LOG AT  
[CLOG@CNU.EDU](mailto:CLOG@CNU.EDU)

# BODY & SOL

## TANNING BOUTIQUE



**Student Special**  
1 Month Unlimited Tanning  
Basic Bed  
\$39.95  
valid student ID required



Newport News  
12715 Warwick Blvd  
(Commonwealth Center)  
634-9259

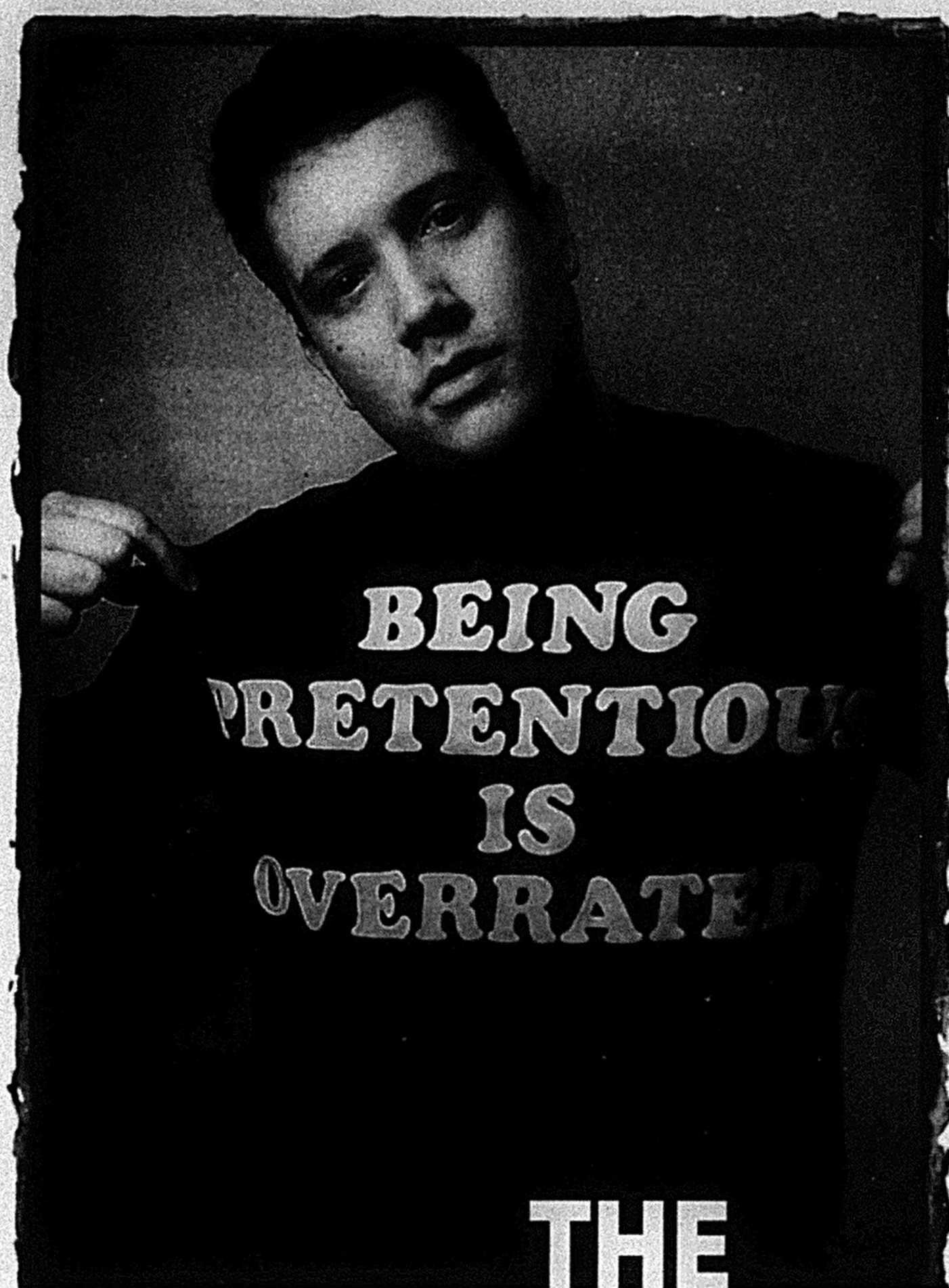
Yorktown  
250 Village Ave  
(Village Shops @ Kin Creek)  
234-4765

Additional Coupons Available at [www.BodySolTanning.com](http://www.BodySolTanning.com)

4 levels of Tanning and New 100%-UV Free Mystic Tan  
(Mystic available only at Kin Creek)



# Arts & Entertainment



Courtesy of Ryan Burke

## THE ENTERTAINER

**"LIFE IS SO MUCH EASIER WHEN EVERYONE'S SMILING. IT DOESN'T HAVE TO BE THAT SERIOUS. I GUESS THAT'S WHY I JOKE AROUND A LOT. IF LIVES ARE NOT ON THE LINE, WHY BEHAVE AS THOUGH THEY ARE?"**

### This Week

#### ON CAMPUS

April 5

Ella Fitzgerald Music Festival  
Kurt Elling  
Music & Theater Hall  
7:30 p.m.

April 6

For Ella:  
Eddie Palmieri and La Perfecta  
& Tiempo Libre  
Concert Hall  
7:30 p.m.

April 7

For Ella:  
Patti Austin and the  
Count Basie Orchestra  
Concert Hall  
7:30 p.m.

CAB Movie: "Underworld"  
Gaines Theater  
7 p.m.

"Rocky Horror Picture Show"  
NARO Cinema, Norfolk

April 8

Rubber Ducky Race  
10 a.m.

CAB Haunted House  
Student Center  
6 p.m.

CAB Movie: "Underworld"  
Gaines Theater  
7 p.m.

For Ella:  
An Evening with  
Branford Marsalis  
Concert Hall  
7:30 p.m.

#### CONCERTS

April 6

Voxtro  
Relative Theory Records  
8 p.m.

April 7

VOILA! Spring Gala  
Harrison Opera House  
8 p.m.

Pink Floyd Experience  
The NorVa  
9 p.m.

April 8

Psychic Hearts  
Relative Theory Records  
8 p.m.

April 10

Taproot  
The NorVa  
7 p.m.

April 11

Coheed and Cambria  
Constance Convocation Center  
7 p.m.

#### MOVIE RELEASES

April 7

##### "The Benchwarmers"

Rob Schneider, David Spade and Jon Heder combine talents, forming a three-man baseball team determined to rewrite their childhood by competing against little league teams.

"The Benchwarmers" is rated PG-13.

##### "Take the Lead"

Antonio Banderas stars as a professional dancer teaching in New York City schools. When conflicts in style and taste arise, the students and teacher combine their preferences to create a new genre of dance.

"Take the Lead" is rated PG-13.

##### "Lucky Number Slevin"

As rival crime bosses plot a war, Slevin finds himself caught in the middle, eluding detectives and assassins, and forced to form his own plot to save his life.

"Lucky Number Slevin" is rated R. ■

Nearly three years ago, Nathan Cotter stepped on the small stage in Discovery Café for an April Fool's Day concert. He had been booked as entertainment for a full hour — just him onstage with his guitar, a loop and a small arsenal of songs reworked in his own distinctive style.

At that night's performance, before an audience of Cotter's friends and some unsuspecting students just grabbing a bite to eat, the Nathan Cotter Impromptu Experience was born. Cotter would later perform at open mic nights, No Shame Theater events (sponsored by the theater fraternity, Alpha Psi Omega) and both Fall Fest and Spring Fest.

His set list was comprised of crowd favorites like Tenacious D's "Sex Supreme," Justin Timberlake's "Rock Your Body" and a signature mix of beat boxing and cartoon theme medleys, all pushed together in a truly one-of-a-kind performance. Students who had originally sat down just to eat Chick-fil-A waffle fries eventually stayed a full hour, long after the last fry was

devoured. When Cotter strummed the first notes of Outkast's "Hey Ya" on his guitar and sang into the microphone, "My baby don't mess around because she loves me so and this I know for suuuuuuuure," the crowd erupted to sing along. Students raised their arms, beat the lyrics out with their fists in the air and danced unabashedly. The Nathan Cotter Impromptu Experience, at that moment, became a staple of campus entertainment for the years to come.

Cotter, who will graduate this May, has spent most of his five years at CNU entertaining. As a theater major, he has performed in three main stage productions and two smaller shows, stage managed two more and directed one. He has performed in CNU TONIGHT, including a stint as co-anchor of Christopher Newport News with 2004 graduate Chris Rice, the former president of the club. Cotter even spent a semester in the guitar orchestra, eventually quitting when he realized he "couldn't keep up with those guys."

It seems Cotter has spent his entire life entertaining, earning the

title of "Class Clown" as a senior at Western Branch High School in Chesapeake. The self-proclaimed introvert never planned on a career in acting, and only got involved in high school theater in order to combat shyness.

"I did theater because I was afraid to talk to people," he said. "I figured if I do theater, I'll get over that."

As a child, Cotter's dreamed of becoming a Lego architect, followed by an international chef. "The difference between a chef and an international chef is that an international chef gets to travel the world," Cotter said, laughing. "He just goes all over the place making the same crap — bacon and eggs, baby."

He played piano as a child and began playing guitar in middle school, beginning a love affair with music that rivaled his love for theater. But as high school graduation neared, he became unsure about what he wanted to study.

He was accepted to four of the six schools he applied to, including the University of Virginia, Mary Washington University and Old Dominion University. "All the

other schools at the time seemed really ... fake. U.Va. seemed so pretentious, so head-up-their-butts. ODU offered me a scholarship, but a scholarship works if you know what you wanted to do," he said. "But CNU — I came here, and the jazz band played at the open house, and as soon as they were rocking Miles Davis, I was like yeah ... I'm sold."

He started at CNU in the fall of 2001 equally interested in several subjects, including art history, Latin, English, music and theater. Instead of committing to one program of study, he spent his first year studying a little of everything and enjoying enlightening classroom discussion. After Sept. 11, the curriculum focused on discussion and healthy debate — a period that Cotter now says was the most educational of his undergraduate career.

"I think most of what I learned at CNU was the curriculum after Sept. 11. A lot of it was discussion about what happened. It would become debate, and you would be confronted with people whose views were not like your own at all, but you would never cross the line of getting pissed

SEE COTTER, PAGE 8

By Amber Lester | Arts & Entertainment Editor

## Pizza, gyros, fries and jazz Schooner's stage is open for acts

BY LINDSAY SIMPSON  
Contributing Writer

Walking into the restaurant, the senses are awakened: There are the smells of pizza, gyros and chicken tenders as well as the sounds of smooth jazz. Patrons murmur and take another sip of their drinks, still listening to the sounds of "Misty" or "My Favorite Things" from the 11th Hour Quintet.

Jazz is not the only genre of music that has found itself in the spotlight at the newest venue in town. Acoustic rock, acid jazz, country and funk have been represented on the small, intimate stage at Schooner's as well.

Even before the restaurant opened their doors, live music was in the grand plan. "All of us really enjoy music, including the crew of employees we have and kitchen staff," said Schoo-

ner's co-owner Bobby Wharton. "And we wanted to build it to bring a lot of culture, a lot of different kinds of music to this area, which is in great need of entertainment."

Acts that have already graced the young stage include the 11th Hour Quintet, Life's Only Lesson, Mike Reda, members of Atlas, The Prisoners and Dave Marshall, one of Schooner's managers. For the duration of the next few months, some local bands will play as well, said Wharton.

"For the next month coming up we have a lot of regional bands planning on coming through," he said. "Some bands from Charlottesville and Richmond, and we made some contact with bands that kind of work the college circuit down through Carolina."

The various bands that come to Schooner's generally

approach the owners — Wharton, Theo Gouletas or George Garofalis — or the managerial staff with a press kit. Each press kit contains a CD with samples of the band's music, contact information and previous venues the band has played. All gigs, with the exception of open mic nights, are paid.

Some acts, such as the 11th Hour Quintet, were booked simply due to circumstance.

"I went to [Schooner's] looking for a job waiting tables, and I got to talking to Pete, the manager, and we started talking about music," said junior and Quintet pianist Andy Poin-dexter. "And I told him I knew some fellas who'd be interested in getting some paying gigs, and everything started falling into place from there."

"Right now we're getting really busy booking bands," said Wharton. "We have a lot of peo-



Lindsay Simpson/The Captain's Log

Members of the 11th Hour Quintet, comprised of CNU students, play at Schooner's. The restaurant is offering paid gigs to campus musicians.

ple that have careers and then this is their hobby too, but we have a lot of people also that are trying to make it and kind of get somewhere."

If solidly booking bands was not enough, Monday nights have been left open for open mic nights, something many aspiring musicians enjoy and utilize for the exposure.

"We also have open mic night on Monday nights where a lot of people are discovered,

and they might not be in a band, but one's a really good keyboard player, one's a great guitar player, and they kind of form together and play," said Wharton. "It brings a great range of music."

With such a broad range of music, the demand to see the bands and acts has increased, forcing management to make decisions that many may

SEE SCHOONER'S, PAGE 8



# Miss Essence crowned

By CHRIS MCCracken  
Contributing Writer

The seventh annual Multicultural Student Association's Miss Essence pageant was held Saturday night in Gaines Theater where a new Miss Essence was crowned.

Junior Cierra Taylor, known on stage as Ms. Illustrious, is the new Miss Essence of 2006.

"I do not know how to describe it," Taylor said of her win. She then replied she was both nervous and overwhelmed when she was crowned.

The pageant consisted of four contestants. The contestants ranked in the following order, Cierra Taylor (Ms. Illustrious), Alana Morton (Ms. Passion), Krystal Best (Ms. Encore) and Jenn Mandler (Ms. Wild

Thing). The Miss Essence winner received a prize of \$150. Monetary rewards were also given to the runners-up.

During the pageant, the contestants went through three events before they declared a winner. First they came out to their own personal introductions that told a little about their personalities. The contestants acted goofy, dancing and entertaining the audience.

The girls next dressed up in business attire and the hosts described what the contestants were planning to do as a career. Their attire fit the job that they wanted to pursue.

Finally the competitors came out in their pageant dresses and had a question and answer section. Each competitor had picked their own subject before the pageant. The

hosts then made a question to center around the chosen subject. Each participant then gave a serious and intelligent answer to the question, trying to impress the judges.

In between the second and third section of the pageant, there was a brief intermission in order to entice audience members to participate in a raffle and donate to Relay for Life. A dance group called Take Down Unit also performed during intermission.

Dr. Patrick Walker, a professor at the Luter School of Business and one of the judges, said he was judging the contestants on style and substance. "[The event] is great. It is good seeing all of these people coming out and having a good time," said Walker. "People of all races are here having fun."

"The turnout was a lot bet-

ter than expected," said freshman Alencia Johnson, who was a co-chair of the event.

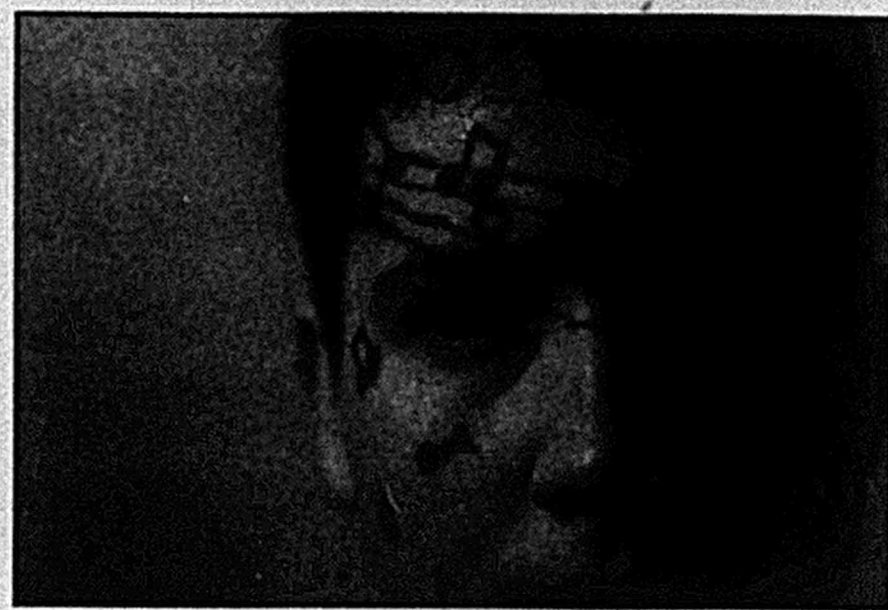
"Our small staff really pulled together," added senior and co-chair Tremetris Davis.

Johnson said it was a challenge to recruit contestants. To become a contestant, the ladies had to fill out an application form in advance. There was also a grade point average requirement of a 2.0.

"In the past we had more than enough that met the requirements," said Davis. "I'm not quite sure why not many people applied."

The event was held in order to raise money for the Relay for Life charity. After the pageant, MSA held an after party in the Freeman Center, which also raised money for the same charity. ■

## Cotter entertained throughout college



Courtesy of Ryan Burke

While at CNU senior Nathan Cotter has participated in TheatreCNU productions, CNU TONIGHT, guitar orchestra and open mic nights.

COTTER, FROM PAGE 7

off because of the mind frame you were in because of Sept. 11," he said. "And so we're all talking and collaborating and bouncing ideas off each other, and that's how I learned the most."

"I think CNU would function better as a learning campus if [students] could collaborate with people who don't have the same beliefs as you, rather than using each other's differences as a reason to dislike them. Have each other's differences as a reason for their opinion to be valid. Because if you can satisfy them, and yourself, you've created supreme progress and change," Cotter said, pausing for a breath before adding, "Holy crap, I sound like a motivational speaker."

Cotter began performing in CNU TONIGHT, finding a comedy partner in the club's president, Chris Rice. He became an anchor for Christopher Newport News, the sketch comedy show's take on Saturday Night Live's Weekend Update. One memorable sketch compared the freshmen in the class of 2006 to 13th graders, following a disruption during freshmen registration that some characterized as a "riot." Chuckling at the memory, Cotter said, "I would like to thank the class of 2006 for speeding up the online registration process."

Cotter's experience in CNU TONIGHT established his natural flare for comedy, which was only bolstered by his eclectic musical performances that included everything from an impersonation of Strongbad's Techno song from www.homestarrunner.com to "Kiss the Girl" from "The Little Mermaid." His ultimate dream is to work as a writer for "The Daily Show with Jon Stewart," but he would be equally happy in a comedy troupe like Second City in Chicago.

"I'll go where [acting] takes me," he said. "I don't think I have 'the look' to be picky. My goal is to make a living without having to do a 9 to 5 — to have a desk job. If I can live comfortably and do something with the arts and not have to worry about, 'If I don't file all these reports by Monday, I won't have a place to live.'"

Cotter's favorite classes, favorite teachers and favorite experiences are all steeped in a respect for human contact — moments where simple discussion

became unforgettable bonding moments. He cherishes the lessons learned from Dean Douglas Gordon and Professor Emeritus Lawrence Barron Wood of the Theater Department.

"They come from a very different generation. I think because they're secure in their jobs, they're not worried about what they say as much," Cotter said, before quickly adding, "They don't say anything ignorant, but they tell it like it is. They're infused with so much energy — Dean Gordon hops around and sings Bob Marley and makes Daily Show references. Barry Wood was infamous for his lectures and his great booming voice. Sixty-four years old and he starts climbing on desks!" Cotter mimics Wood climbing on a desk, and takes on a booming voice as he tells his story.

"They love what they teach about," he says, adding that passionate teachers make learning more accessible for their students.

His favorite memory of CNU is not a crazy drunken escapade or a particularly fun trip to the beach; rather, he cherishes the friends he made during a campus-wide blackout during his freshman year.

"We were forced to hang out with people instead of getting sucked into a television or sucked into a computer. Back before Facebook and myspace, we had AIM. And you'd talk to someone who was literally in the same room as you, or two rooms down," he said.

Cotter advises students to really listen to each other, take chances and, quite simply, smile.

"What you see in others as negative, work to find a positive. I don't want to say question authority, but always be asking questions. A simple 'Why?' or 'Why can't we?' and also the question 'Why not?' College is your chance to fail miserably at something and still be okay, because you're at college. You're not in charge of some multimillion-dollar corporation. You're not protecting our nation. You're in college. The stakes aren't nearly as high. This is your chance to try something and fail."

"Life is so much easier when everyone's smiling," he says. "It doesn't have to be that serious. I guess that's why I joke around a lot. If lives are not on the line, why behave as though they are?" ■



Courtesy of Universal Studios

King Kong clutches Ann Darrow, played by Naomi Watts in the recent remake. The movie received few award nominations.

## Where Kong went wrong

By DANIEL SETTLE  
Contributing Writer

Movies released in late December are one of two things: award contenders or crowd-pleasing blockbusters. If a movie fits both categories, it is a pleasant surprise for the filmmakers.

"Titanic" was made to be a commercial success in 1997, and it happened to win a shelf full of Oscars. This past year, "Brokeback Mountain" was made to contend for awards but happened to gross over \$82 million as well. If a movie does try to be both, then it will most likely come up short for one part. "King Kong" is no exception.

Directed by Peter Jackson, fresh off of his "Lord of the Rings" trilogy, "King Kong" is a remake of the 1933 classic with the same name (it was also remade in 1976, but I'm pretty sure everyone in Hollywood voted and decided to forget that version ever happened).

Jackson clearly wanted to duplicate the prosperity of his previous films, and

make this movie a commercial and critical success. It did not work very well.

The story is about a filmmaker in 1930s New York named Carl Denham, played by Jack Black, desperately trying to make a movie that will turn him into a legend. He recruits a beautiful unknown woman named Ann Darrow (played by Naomi Watts) to star in this movie.

She agrees because she loves that Jack Driscoll, her favorite writer (played by Adrien Brody), wrote the script. Denham insists the whole cast and crew leave New York to go film on location at a remote island for authenticity.

Eventually, they get to this island, and there are restless natives on the island who capture Ann as a sacrifice to please the giant ape on the island, King Kong. It turns out that Kong is not as violent as everyone thinks, and he actually befriends Ann, despite her obvious fear of the enormous beast.

After Ann's capture, the rest of the crew from the ship set out on the island to rescue her, led by writer-turned-romantic-interest-of-Ann, Jack Driscoll.

This is when the film turns into a true crowd-pleasing blockbuster because of all the unrealistic encounters with the strange creatures on the island.

The crew is forced to fight off all kinds of dangerous foes while searching for Ann, and Kong has to protect her from these same creatures.

The visual effects are outstanding for all of the fighting and chasing, and the sequence when Kong fights a dinosaur stands out with tremendous graphics.

Upon capture of Kong and his transport to New York, the movie tries to become overly dramatic. Too much of the movie tries to show how peaceful Kong is, but he is really at his best when he is fighting dinosaurs and airplanes. The emotion for the characters does not carry over too well after all the special effects-filled fight scenes.

Jackson thought he could make this movie a serious award contender, but he would have been much better served to keep it strictly a blockbuster and relish in the creativity of the story, not the unlikely plausibility and human nature of King Kong. Final Grade: B- ■

## Schooner's serves music in addition to food

SCHOONER'S, FROM PAGE 7

disagree with, such as the age limit on many of the shows. As more popular bands take the stage, the size of the venue must be taken into consideration. Therefore, students under 21 are more likely to be turned away.

"Generally when we've had more popular bands, it'll be 21 and up after 10 p.m.," said Wharton. "We don't want to discriminate against underage people, but when we have such a small place and such a great demand to get in here, we really have to be 21

and up. There's been some nights where there's been a wait to get in here to see the bands."

Although the demand for various musical genres is great, there are certain types of music that may have to wait for their Schooner's debut, such as hip hop and reggae. One DJ was turned away due to the nature of the music.

"[The DJ] is a super nice guy," said Wharton. "I used to operate the Crab Shack, and in the past, we had a reggae night, and as soon as they started to play a bit more dance hall reggae into hip hop, we had some very bad

situations where people kind of got out of control. It really wasn't the students, it was some outside influences coming in and causing the problems, but I hope to work something out for that guy."

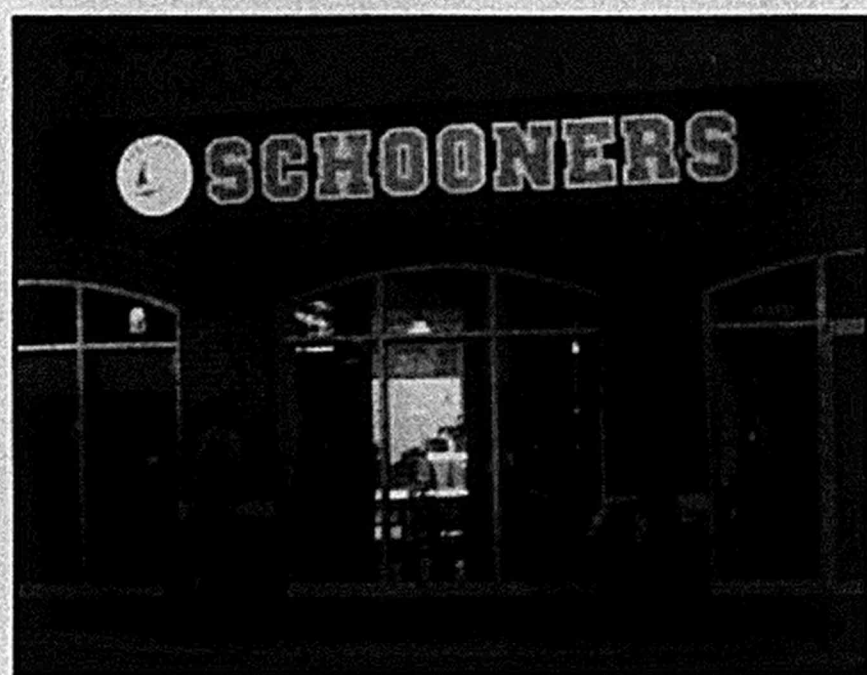
Regardless, Wharton expressed that he hoped Schooner's would be of a great impact on the local music community and farther. The benefits are obvious even to those who play on a regular basis.

"Schooners will have a huge impact on the Newport News music scene because the managers used to run Beaugarts in

Richmond," said Poindexter. "They have a specific taste in music, but they also give just about anyone a chance."

"Expect to see an abundance of jazz, funk, and experimental music groups coming to Schooners," he added. "When they do, it'll attract attention from lots of other people, and it will put Newport News on the map for the groups as well."

Thinking about the future, Wharton smiled and said, "We want to be someplace where they say one day, 'Yeah ... I used to play at Schooner's.'" ■



Christopher Shannon/The Captain's Log

Schooner's has become a venue for musicians from the school and area.

### Authentic Guitars

Fender Taylor Martin & Co. Gibson Alvarez Marshall



New • Used  
Vintage

GUITARS  
LESSONS  
REPAIRS

"We Buy Guitars"

www.authenticguitars.com

12715-Q Warwick Blvd.  
Newport News, VA • 595-4663

5251-42 John Tyler Hwy.  
Williamsburg, VA • 259-9711

### When did you last Skinnydip?

## White Tail Park

the Southeast's premier clothes free resort

swimming • sports • activities • recreation hall  
camping • cabins • day visitors welcome

### Special discounted student rates

39033 White Tail Drive • Ivor, VA 23866  
(800) 987-6833 • www.whitetailpark.org



# Food & Health

## 'Yukon' brings bold taste



BY ALIYA ALTAFULLAH  
Food Critic

New to the Hampton Roads area is a cozy little addition to a restaurant chain that started over a decade ago, just across the bridge and over the water.

The first Yukon Steak Co. opened its doors in October of 1995 in Virginia Beach, and the second opened in 1997 in Williamsburg. The third location opened very recently on J. Clyde Morris Boulevard and is a fantastic new addition to the restaurants of Newport News.

The Yukon Steak Co. is well-known in this area for a variety of different things, mainly for the fact that many of their items are prepared freshly each day. They are also known for their seasonings that give every Yukon creation its own "special kick of flavor."

The restaurant's theme is centered around an Alaskan wilderness — complete with a giant polar bear and a variety of rugged pictures and artifacts. Walking into Yukon is like walking into an old log cabin. Its homey and warm atmosphere is the perfect setting for the comfort food that they provide.

Yukon's big, bold flavor is represented not only through the environment, but also through their food. "Alaska-tizers," as they are known, are a handful of



The third Yukon Steak Co. recently opened and serves fresh food daily in an Alaskan wilderness theme.

old American favorites.

Buffalo wings, crab dip, cheese fries and more can be ordered from around \$6 to \$8. Their iceberg fresh salads are anything but ordinary. Their specialty is a sirloin or shrimp caesar salad and they even offer an Island Crab Salad — a heaping plate of lettuce and vegetables topped with thick lump crab meat. Alaskan snow crab legs, burgers and sandwiches round off this extensive menu to fit any craving that you might have.

Although Yukon's menu has plenty of variety, steak is

the main attraction. They offer a number of different cuts — everything from thick filet mignons to slow-roasted Prime Rib. Although their steaks are big and juicy, they do come with a pretty price tag. The Prime Rib is between \$15 and \$20, and the steaks run up to about \$25.

One great thing about Yukon is the fact that it's open for lunch. Their lunch menu is far more affordable, and you can still try many of the same items and get the same great flavor. During lunch, they even offer a pick two or three special. You can choose

from a variety of different items and pay a fraction of what you'd be paying at dinner time.

If you want a really filling lunch, try the open-faced roasted turkey sandwich. Thick slices of roasted turkey are piled high on top of a crusty piece of sourdough bread. The dish is served with creamy mashed potatoes and homemade cream gravy slathered over the top — it's delicious.

Yukon's original flare and affordable menu is what sets it apart from other restaurants of its kind. ■

## New bird flu vaccine falls short

BY MARIE MCCULLOUGH  
Knight Ridder Tribune

PHILADELPHIA — The federal government has developed a human vaccine against the H5N1 bird flu, but it is only moderately effective, hard to make and probably not protective against emerging strains of the fearsome virus.

The new vaccine, produced by Sanofi Pasteur in Swiftwater, Pa., under a \$150 million government contract, is "a small step" toward being prepared for a possible global flu epidemic, said Anthony S. Fauci, director of the National Institute of Allergy and Infectious Diseases, which funded the vaccine research.

A study of the vaccine published in Thursday's New England Journal of Medicine found that it stimulated a meaningful immune response only about half the time — and only in healthy adults given two high doses over 28 days. In contrast, a single low-dose seasonal flu shot is 75 to 90 percent effective.

This low potency, coupled with the fact that the vaccine is grown in chicken eggs — the same problematic technology used to make seasonal flu vaccine — means that barely one percent of the world's population could be immunized even if worldwide production were ramped up.

"This isn't going to be the vaccine that's going to protect us," said Gregory A. Poland, a Mayo Clinic infectious disease and vaccine researcher who wrote an editorial that accompanies the study.

Despite the vaccine's limitations, U.S. health officials are going ahead with plans to stockpile enough to immunize about 4 million people, Fauci said during a press conference this week.

That would cover high-priority groups — notably healthcare providers and vaccine plant workers — and provide "a very tenuous stopgap" if a pandemic hits soon, Fauci said.

The H5N1 virus has decimated bird flocks in Central Asia, Eastern Europe and Africa over the past year. So far, it has not mutated into a flu that can spread easily from person to person, even though almost a decade has passed since it first jumped from chickens and killed seven people in Hong Kong.

If the virus becomes contagious among people, experts

say the impact would be calamitous. Humans have no natural immunity against H5N1 — of the 176 confirmed human cases in seven countries, more than half have died — and the ever-changing virus has shown resistance to anti-viral drugs.

Scientists are racing to create vaccines, and at least 30 promising drugs are in the pipeline, including some that would make cumbersome egg-based production obsolete.

But the race involves many obstacles and controversies, as the new vaccine shows.

Studies suggest the H5N1 strain — named for the particular combination of enzymes that enable it to break in and out of cells — does not activate the immune system as much as other flu strains. That's one reason the new vaccine requires 12 times the dose used in seasonal flu vaccines to be effective.

To try to increase vaccine potency, researchers have been adding an "adjuvant," a substance that helps the immune system recognize invaders.

Sanofi Pasteur is now trying the new U.S. vaccine with an adjuvant — a test that Poland and other experts advocated in the first place. Sanofi's French division is also testing an H5N1 vaccine, with and without an adjuvant, under a contract with the European Union.

Chiron, a California-based vaccine maker, has said an adjuvant is a key ingredient in the vaccine that they're developing for the U.S. government. About 10,000 doses are expected to be delivered within a few months, according to the National Institute of Allergy and Infectious Diseases.

Even as stockpiles are being built, officials worry the drugs will be outmoded if the virus undergoes significant changes. Federal researchers have reported that a human infection in Indonesia last year was caused by a genetically distinct strain of H5N1.

Health officials are considering adding an H5N1 vaccine to the seasonal version, in hope of "pre-priming" a human immune response, Fauci said. Not only would that deplete the scarce new vaccine, it could expose people to a drug they may never need.

While the new vaccine seemed safe in tests, officials recall the "swine flu" debacle of 1976. The government had to halt a vaccination program that caused devastating side effects — for a pandemic that never came. ■

## Doctors synchronize medicine with body clock

BY JULIE DEARDORFF  
Chicago Tribune

Some health problems are like clockwork: Back pain increases in the evening, while hay fever peaks in the morning.

Chronobiologists, or those who study the science of body time, believe that knowing and targeting these patterns can provide substantial relief.

Most people, including physicians, don't know how to tell body time. "We pay more attention to watches we wear on the wrists than to clocks we acquire in the womb," wrote Michael Smolensky in "The Body Clock

Guide to Better Health." "Chronomedicine holds implications for vastly improving our lives."

Here's how, according to Smolensky and co-author Lynne Lamberg.

**Lungs**  
Asthmatics are 100 times more likely to have an attack at 4 a.m. than any other time of the day.

Why? In all people, not just asthmatics, airways are most relaxed around 3 p.m. and most constricted around 5 a.m. A drop in the alertness hormone adrenaline (which keeps the muscles relaxed so breathing is easier) narrows the airways.

You're probably also shar-

ing your bed with millions of dust mites.

**Time to change:**

Schedule doctor's visits in the morning (and take breathing tests in the morning) because it's a good indication of your overnight condition. Exercise in the afternoon when airways are open and least sensitive to environmental pollution. Keep Fluffy or Rufus out of the sleeping area. Get someone else to do the dusting.

**Circulation**

The risk of having a heart attack or stroke is 70 percent greater between 7 and 9 a.m. than at any other time. Why? When lying down, it's easier for

the heart to pump blood around the body. If you wake up and suddenly jump out of bed, the startled heart beats faster and blood pressure surges. Sitting, then standing, increases the heart's workload. Sometimes it's too much of a shock.

**Time to change:**

Get out of bed slowly, especially if you're over 45. Sit on the edge for a moment and do an easy forward bend. There! You've done yoga.

Exercise — yes, in the morning — though if you're out of shape, check with a doctor and start in the afternoon. A sedentary lifestyle doubles heart attack risk. ■

## Sushi: How to eat it, what to eat and placing orders

BY JANE SNOW  
Knight Ridder Tribune

They're hip, they're fun, and they're brimming with raw fish. But just because you like your tuna cooked instead of almost wriggling doesn't mean you can't enjoy the sushi bar craze.

Here's a little secret: Up to half of the menu items in most sushi bars contain not a shred of raw fish. The food is healthful, the flavors are bright and clean, and you get to play with your dinner. What's not to like?

"At first just the Japanese came," said chef Tony Kawaguchi, of Sushi Katsu in Akron, Ohio. "Now the local people support me. It's an American food now."

But it's a food many Americans still haven't tried. That's why we went searching for sushi that even sushi-haters could love. We found a ton of great food along with tips on how to order, how to tip, and what to do with that blob of green paste on your plate.

First, the green paste: It's wasabi (wah SAW bee), and it's spicy-hot. It is the grated and dried root of a type of horseradish plant. Real wasabi is very expensive, so in this country — and even in many sushi bars in Japan — horseradish is used as a substitute. You are expected to pour some soy sauce into the tiny dish provided, and with your chop-

sticks mix in some of the wasabi. Then dip each piece of sushi in the sauce before eating it.

By the time you get your plate with wasabi and pickled ginger, you will have already ordered. This can be a confusing process in a sushi bar. Although the chef is right in front of you, customers are usually expected to order from the server who takes your drink order. Do so, unless the chef hands you a small paper menu and a pencil. At some sushi bars, and in others at busy times, diners merely mark their choices on the paper menu and hand it back to the chef. If you'd like to speak to the server anyway, just say so.

**HOW TO PLACE ORDERS**

Consulting with the server or the chef is a good idea for first-timers. Ask for recommendations of nonraw sushi. The server and chef will be glad to help, although in some sushi bars you'll have to rely on the server alone because the chef doesn't speak much English.

That's a shame, because the banter between the sushi chef and his customers is an integral part of the experience. In Japan, the sushi chef is expected to be both dignified and convivial.

Dining at a sushi bar is a social occasion. The interaction between customers and chef often leads to interaction among the diners, especially when the sushi chef has as big a personality as Chai Pung at Golden Dragon

in Cuyahoga Falls, Ohio. Pung shouts, laughs and jollies his customers through their meals. Regulars keep their personal chopsticks on a rack behind the sushi bar, like the personalized beer mugs at some taverns.

But back to the food. On the menu you will find a bewildering array of soups, appetizers, sashimi, sushi, maki, bento and combination plates. Sashimi is raw fish alone. Sushi is raw or cooked seafood and perhaps other ingredients with gently salted and vinegared rice. Bento is a compartmentalized box that holds a number of different items.

**MANY NONRAW ITEMS**

Skip to the maki rolls, where most of the nonraw choices can be found. Maki are sushi rolls wrapped in thin sheets of dried seaweed, called nori. The seaweed is practically flavorless. It helps hold the ingredients together. Each maki roll is cut into about 5 to 7 slices by the chef. One or two maki rolls should fill you up.

Most local sushi bars serve several items that are similar from restaurant to restaurant. Among these favorites are a few, nonraw choices. Try a spider roll, which is sushi rice and nori encasing soft-shell crab. Or try a California roll, which is sushi rice and nori wrapped around avocado, crab meat and cucumber.

**ABOUT THE BILL, TIPS**

Sushi can be expensive, especially if you like the less filling raw selections. The heartier maki rolls cost about \$5 to \$10 each, though, so dinner can be had for less than \$20.

At the end of the meal, ask the server for the bill, and tip 20 percent. The server and the chef will split the tip. Or if you're paying with cash, leave the server's tip on the tray with the bill and place the chef's tip in the jar that is found on every sushi bar.

**SOME TERMS TO KNOW WHEN ORDERING SUSHI**

Sashimi: Raw fish  
Sushi: Vinegared rice that is used as a platform for — molded around — raw or cooked fish and vegetables to form sushi rolls.  
Maki roll: A sushi roll



Courtesy of KRT

wrapped in a thin sheet of dried nori seaweed.

Wasabi: A grated spicy-hot root that is formed into a green paste and mounded on the diner's plate.

Pickled ginger: Paper-thin, pale-pink slices mounded next to the sushi as a palate cleanser between bites.

Bento: A handy dinner box divided into tiny compartments to hold a variety of sushi and other foods.

Tamago-yaki: A layered, airy omelet cut into geometric shapes and served as part of a sushi selection or by itself.

White fish: Usually, red snapper, but can be halibut. ■

## Congratulations to the Alpha Beta Class of ΦM!!

Kelly Allan  
Courtney Boyer  
Brandi Buisset  
Meagan Colton  
Heather Fleming  
Jess Gray  
Betsy Groves  
Whitney Hopkins

Amy Huesgen  
Liz Jordan  
Beth Keegan  
Jessica Koenig  
Kelsey Massie  
Jamie Monahan  
Amy Smith  
Katie Stone



# Comics and Crosswords

## MYSTIC STARS

### Weekly Horoscope For April 3 - 9

By LASHA SENIUK  
Knight Rider/Tribune News Service

**ARIES** (March 21-April 20) Quick hunches will now reveal unexpected career doubts. Long-term business plans and relations with new authority figures may be a continuing theme over the next six days. Revised workplace roles, although unconventional, will eventually offer meaningful results: stay focused and, if possible, avoid public debate. After Wednesday, a roommate or relative may risk the disapproval of friends and colleagues. Romantic triangles may be unavoidable: remain detached.

**TAURUS** (April 21-May 20) Building standards, last minute cancellations and time sensitive documents will now require willful determination. Finalize all agreements before Thursday, and expect loved ones to ask for special permissions concerning home improvements, financial changes or large purchases. Carefully study all paperwork: minor errors or omissions may trigger disputes. Later this week, a younger friend may challenge parents or business partners. Go slow: tempers may be high.

**GEMINI** (May 21-June 21) Budgets, spending habits and family expectations will now inspire public debate. After Tuesday, expect family members or close roommates to openly question the needs or restrictions of others. Avoid bold statements or sudden reversals: predictable attitudes and trusted habits will bring the desired results. Thursday through Saturday, minor irritations of the bones, knees or joints may be bothersome. Avoid risk and plan according: fitness and vitality will soon improve.

**CANCER** (June 22-July 22) Passionate romantic overtures and potential love affairs are highlighted over the next eight days. Some Cancerians may now contemplate a dramatic lifestyle change or a sudden reversal of commitments. After Wednesday, close friends and relatives will express deeply felt opinions: remain confident and expect ongoing family support. Later this week, a controversial financial promise may reappear. If so, check contracts thoroughly: legal documents will require revision.

**LEO** (July 23-Aug. 22) Lovers and friends may now feel unusually drained by workplace politics or financial concerns. Over the next five days, cancelled social plans and revised job deadlines may require added patience. If possible, find time to explore cozy activities in the home: familiar comforts and quiet discussions will help restore confidence. Late Friday, news from a distant relative or old friend may be briefly unnerving. Family disruption and relocation are accented: remain philosophic.

**VIRGO** (Aug. 23-Sept. 22) A new attraction may now complicate a long-term relationship: over the next few days, expect lovers and close friends to no longer silently wait for your attention or approval. After Wednesday, romantic tensions are again on the rise: watch for passionate disagreements, fast proposals and a rekindled awareness of sensuality. Opt for a role of diplomacy and quiet agreement: this is not the right time to confront the emotional needs, family goals or social observations of loved ones.

**LIBRA** (Sept. 23-Oct. 23) Financial discussions will now bring clarity to family disagreements. Before mid-week, someone close may wish to explore added expenses, controversial spending habits or continuing home renovations. Compare notes, dates and facts: in the coming weeks, loved ones will easily agree to revised budgets, large purchases and new payment schedules. Friday through Sunday, a subtle romantic flirtation may escalate. If so, avoid bold public encounters: discretion is needed.

**SCORPIO** (Oct. 24-Nov. 22) Respond honestly to the comments or suggestions of loved ones this week. At present, friends or romantic partners may be unusually sensitive to feelings of abandonment or isolation. Offer support but avoid nostalgic or lengthy discussions: this is not the right time to reflect on broken promises or painful memories. Thursday through Saturday, an unexpected workplace dispute may usher a new era of creativity and job advancement: ask officials for revised assignments.

**SAGITTARIUS** (Nov. 23-Dec. 21) Moody relatives or family friends may this week temporarily disrupt daily social plans. Business disappointment, workplace criticism or cancelled financial permissions may be an underlying influence. Remain patient and provide a cheerful response: in the coming weeks, a clear discussion of priorities will help improve trust in key relationships. Friday through Sunday, take extra time for private activities or quiet contemplation: physical vitality and optimism may be low.

**CAPRICORN** (Dec. 22-Jan. 20) Group approval is now vital to the success of new relationships. Long-term friends or lovers may this week challenge the romantic invitations or social aspirations of others. Over the next three days, minor facts and comments will be accepted as truth: remain quietly detached and, if possible, avoid revised plans or controversial suggestions. Thursday through Saturday, outstanding debts and loans will need to be finalized. Don't postpone important meetings: progress is necessary.

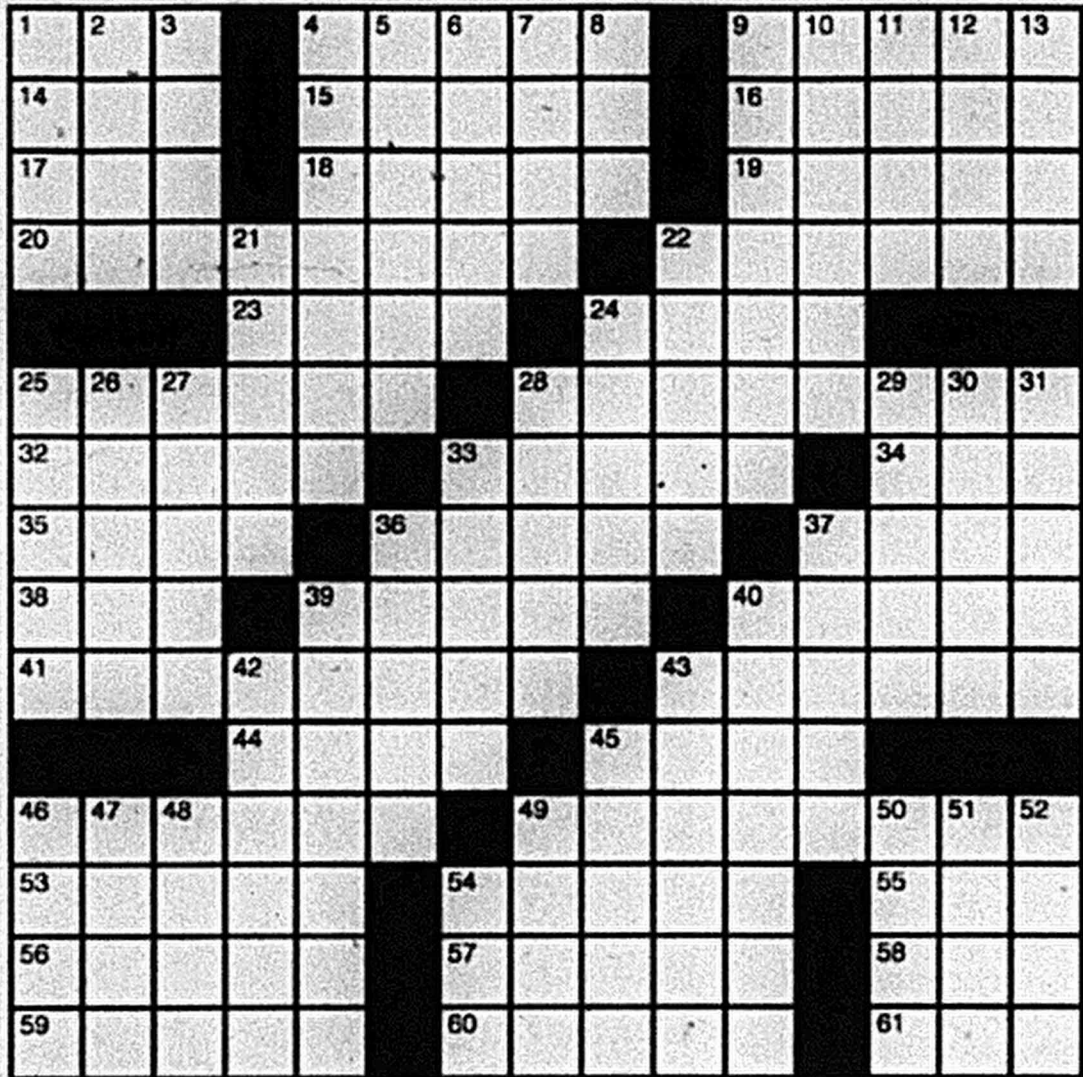
**AQUARIUS** (Jan. 21-Feb. 19) Business records and financial paperwork may now cause unexpected delays. Check legal documents for written errors. Some Aquarians, especially those born between January 26th and February 8th, will also encounter a cancelled application or the quick reversal of workplace assignments. Remain attentive to small details: your integrity will soon be proven. Later this week, a younger relative may ask for added trust or greater freedom. Stay open to new suggestions.

**PISCES** (Feb. 20-March 20) Lovers and long-term friends may this week require added support concerning relations with older colleagues, workplace disagreements and rare financial mistakes. Provide detailed advice: Your past business experience and social wisdom will prove extremely helpful. After mid-week, a new era of romantic intimacy begins. Pay special attention to the fading family restrictions of friends or lovers: Newfound freedom and renewed confidence will soon trigger vital choices.

**If your birthday is this week:** Complicated social decisions should be avoided over the next four weeks. At present, long-term friends may feel doubtful of their own values or opinions. Wait for others to regain confidence before pushing for change. Areas affected are rescheduled public celebrations, important invitations and large family events. After July 23, predictable reactions will be re-established. Remain patient and ask for ongoing clarification. October through early January also highlight new business expectations or career outlets. Loved ones may announce controversial job changes or risky investments. Offer encouragement but wait for finalized details: Before Jan. 12, minor disputes and costly errors will remain unresolved.

## Crossword

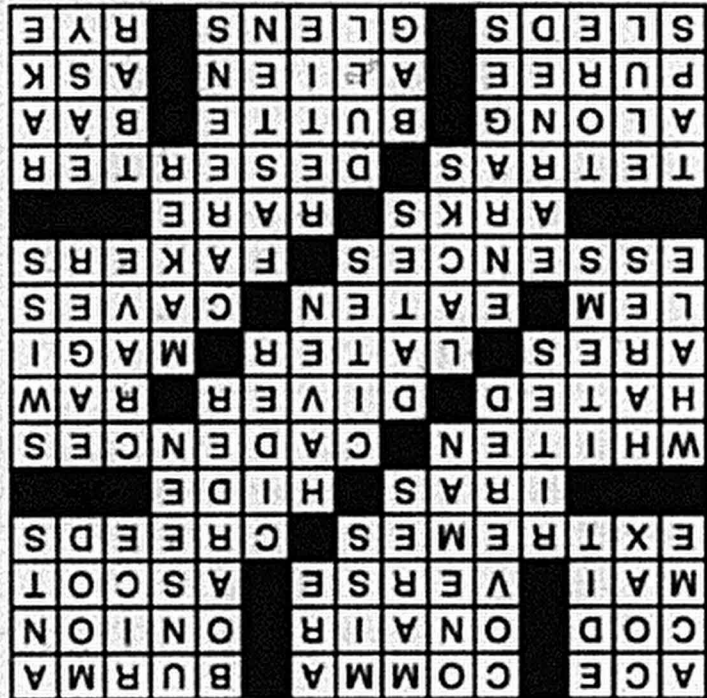
- ACROSS**
- 1 Hole in one
  - 4 Sentence breaker
  - 9 Myanmar, by another name
  - 14 East coast cape
  - 15 Studio sign
  - 16 Leek cousin
  - 17 tai cocktail
  - 18 Poet's product
  - 19 Broad necktie
  - 20 Outer limits
  - 22 Confessions of faith
  - 23 Gershwin and Levin
  - 24 Stay out of sight
  - 25 Blanch
  - 28 Marchers' beats
  - 32 Despised
  - 33 Pearl pursuer
  - 34 Uncooked
  - 35 War god
  - 36 Procrastinator's word
  - 37 Wise men
  - 38 NASA vehicle
  - 39 Gobbled up
  - 40 Spelunker's environs
  - 41 Piths
  - 43 Charlatans
  - 44 Places of refuge
  - 45 Uncommon
  - 46 Colorful tropical fish
  - 49 Military runaway
  - 53 Beside
  - 54 City in Montana
  - 55 Cote cry
  - 56 Turn to mush
  - 57 Exotic
  - 58 Question
  - 59 Racers on runners
  - 60 Secluded valleys
  - 61 Whiskey type
- DOWN**
- 1 Summit
  - 2 Cajole
  - 3 Improve on a draft
  - 4 Pioneers' type of wagon
  - 5 Type of band
  - 6 Stable denizens
  - 7 Wide shot
  - 8 Exist
  - 9 Lodger
  - 10 Hidden
  - 11 School in Houston
  - 12 Type of music?
  - 13 Food for aardvarks
  - 21 Ceremonies
  - 22 Apple drink
  - 24 Refuge
  - 25 Moby Dick, for one
  - 26 Rabbit relatives
  - 27 News pieces
  - 28 Issues a ticket to
  - 29 Desire urgently
  - 30 Avid
  - 31 Zurich native
  - 33 Sees socially
  - 36 Doesn't have
  - 37 Creator
  - 39 Infuriates
  - 40 Banks into the wind



© 2006 Tribune Media Services, Inc.  
All rights reserved.

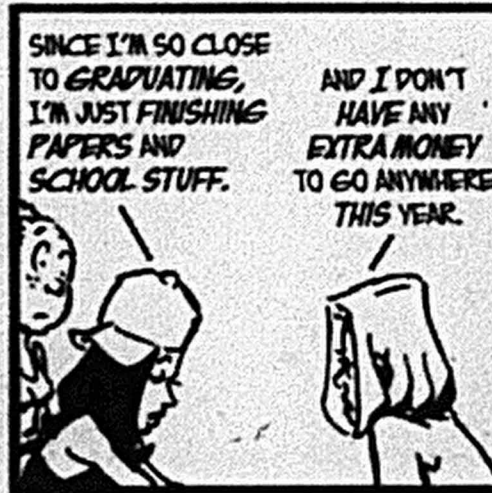
4/5/06

## Solutions



- 42 Deserved
- 43 Make secure
- 45 Fix a loose ribbon
- 46 Bugler's farewell
- 47 Hebrew month
- 48 Rushed
- 49 Overcast
- 50 Skiers' ride
- 51 Kind of chair
- 52 Leaf collector
- 54 Pocketbook

### A College Girl Named Joe



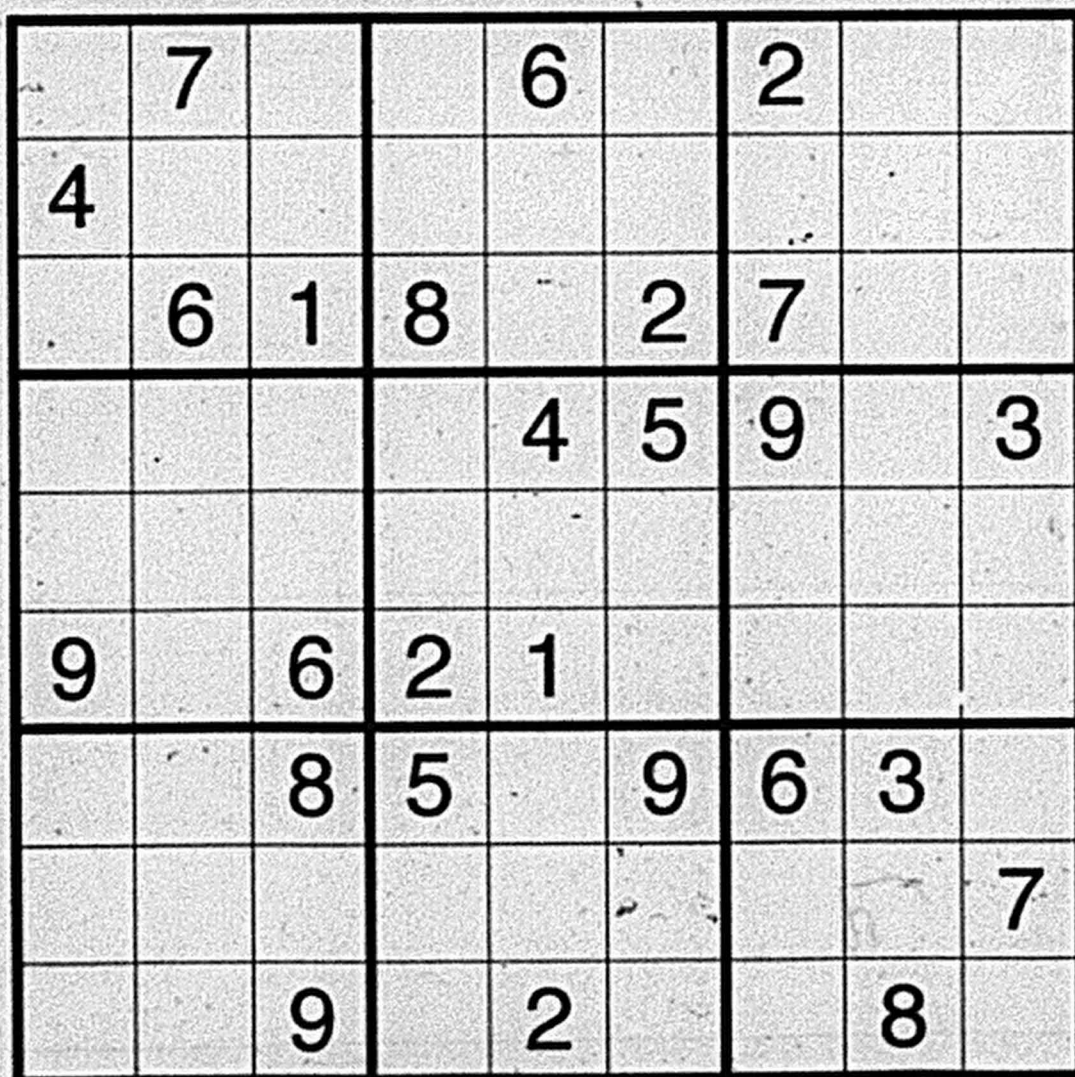
by Aaron Warner

### Los Angeles Times

## SUDOKU



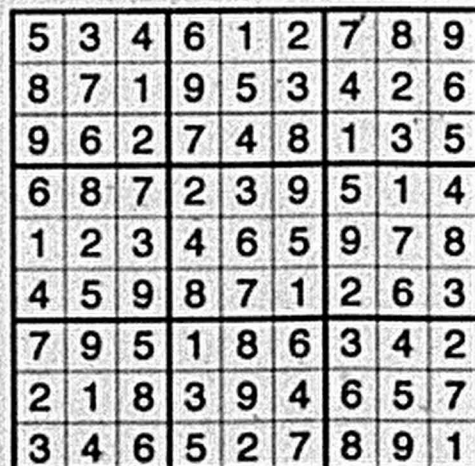
### THE SAMURAI OF PUZZLES By Michael Mephram



LEVEL: Tough

Complete the grid so each row, column, and 3 x 3 box (in borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk).

Solution to last week's puzzle:





# Sports



## CAPTAINS' SCOREBOARD

### Baseball (12-13 overall, 7-8 USA South)

1. Methodist	10-5	19-11
2. NC Wesleyan	10-5	20-13
3. Greensboro	10-8	20-11
4. Ferrum	8-7	21-8-1
5. Shenandoah	7-8	21-10
6. CNU	7-8	12-13
7. Averett	2-13	10-22

#### Finals:

4/1: Ferrum 4, CNU 5  
4/1: CNU 8, Ferrum 3

4/2: CNU 8, Ferrum 1

#### Upcoming Games:

4/8: vs. NC Wesleyan (DH)  
4/9: vs. NC Wesleyan

### Softball

(18-14 overall, 5-7 USA South)

1. Methodist	11-1	30-6
2. Ferrum	6-2	17-13
3. Greensboro	7-3	22-10
4. CNU	5-7	18-14
5. Averett	3-5	9-22
6. Peace	4-8	22-14
7. NC Wesleyan	2-6	13-14
8. Shenandoah	2-8	9-17

#### Finals:

4/1: Ferrum 7, CNU 5

4/1: CNU 6, Ferrum 5

4/2: CNU 10, Shenandoah 2

4/2: CNU 9, Shenandoah 6

#### Upcoming Games:

4/6: at Mary Washington  
4/8: at NC Wesleyan

### Women's Lacrosse

(7-5 overall, 5-1 USA South)  
2nd in USA South

#### Finals:

4/1: Greensboro 17, CNU 9

4/2: CNU 16, Guilford 12

#### Upcoming Games:

4/5: vs. Mary Washington  
4/7: at Sweet Briar

### Women's Tennis

(10-1 overall, 5-1 USA South)  
2nd in USA South

#### Finals:

4/1: Methodist 5, CNU 4

#### Upcoming Games:

4/5: at Mary Baldwin  
4/8: at Peace  
4/9: at Meredith

### Men's Tennis

(10-4 overall, 5-0 USA South)  
1st in USA South

#### Finals:

3/31: CNU 6, Hampden-Syd. 1

4/1: CNU 6, Lynchburg 1

4/1: CNU 7, Ferrum 0

4/2: CNU 6, Roanoke 1

#### Upcoming Games:

4/5: at Salisbury  
4/7: vs. Methodist  
4/8: vs. Mary Washington  
4/9: vs. Johns Hopkins  
4/11: USA South Quarterfinals

### Golf

#### Finals:

3/30-4/2: Marine Corps

Intercollegiate

Place: 7th of 32

#### Upcoming Tournaments:

4/8-10: Emory Invitational  
4/14-15: USA South Conference Tournament

### Track

#### Finals:

4/1: Captain's Classic

Women: 1st place

Men: 1st place

#### Upcoming Meets:

4/7-8: Duke Invitational  
4/14-15: Lou Onesty Invitational  
4/22: CNU 4-Way Invitational

### Sailing

#### Finals:

3/25-26: MAISA/SAISA

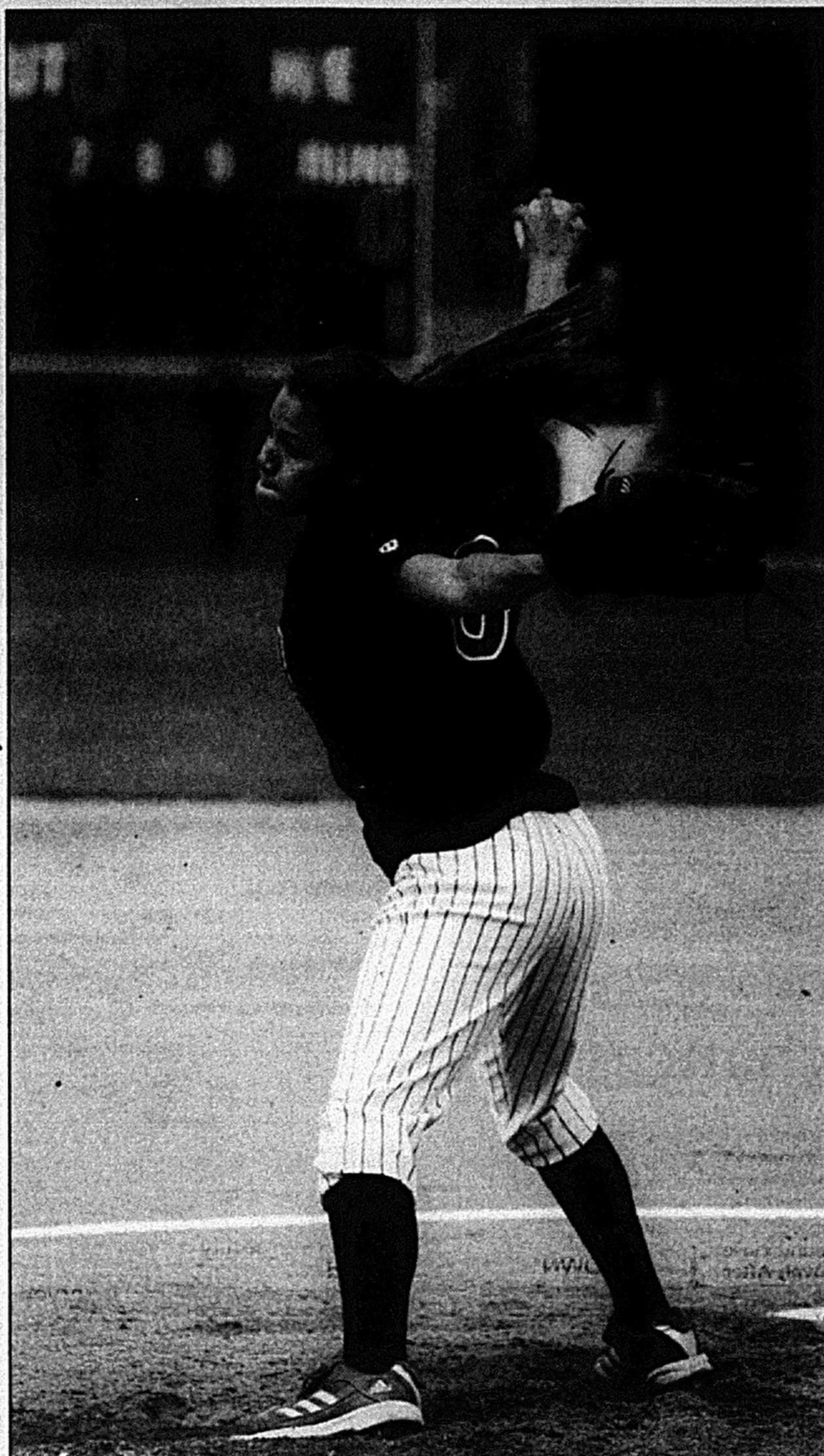
7th place

#### Upcoming Events:

4/8: Maryland 2-on-2  
4/8: W&M Colony Cup  
4/15: Buckeye Intersectoral  
4/15: Arrigan Memorial ■

## SOFTBALL

# Dual pitchers revitalize Lady Captains



Sophomore Janet Fairchild pitches against Shenandoah on Sunday. Fairchild and freshman Lindsay Kelly have begun splitting pitching duties during games for the Lady Captains.

By JAMES CARROLL  
*Captain's Log Intern*

The Lady Captains had a successful weekend, winning three out of four conference home games. Saturday saw the team split two games with Ferrum, the second-place team in the USA South. On Sunday they swept Shenandoah University, who sits in the basement of the USA South conference. The Sunday game was senior day at Captains Park, with seniors C.J. McQueen and Susan Ishman being recognized for their contributions to the team.

The Lady Captains' pitching strategy varied from their usual single-pitcher game plan to using multiple pitchers throughout the game.

"We've been having problems finishing games when our pitchers get tired. We're trying to find a resolution for that," said head coach Keith Parr.

In the first game, sophomore Janet Fairchild started by pitching four scoreless innings before freshman Lindsay Kelly came in to close. In the fifth, Ferrum sprang to life, scoring five runs on Kelly and tacking on one run in each successive inning.

"She came in with a starter mentality instead of a closer," said Parr.

However, the team's offense was not idle. McQueen's double in the second put them on top, bringing freshman Katie Moyers and sophomore Hannah Brown home. After the shock of Ferrum's offensive explosion in the fifth, the Lady Captains made a run at Ferrum in the sixth inning with freshman Rachel Clark's RBI walk. In the seventh, sophomore Becky Bond tripled in one run and senior Andrea Rohde singled in Bond.

Down late in the seventh inning after scoring two runs to bring the score to 7-5, the team brought the tying run to the plate but failed to convert and fell to Ferrum.

The second game saw the same pitching strategy, with Fairchild starting and Kelly entering halfway through the fifth inning to close. Fairchild

allowed three runs on nine hits while Kelly's arm allowed two runs on two hits.

"When you're not tired, you'd rather pitch until you needed taking out," said Fairchild.

Both teams scored in the second inning and Ferrum scored two more in the top of the fifth. CNU countered with a double from freshman Mia Johnson that scored Moyers, bringing the score to 3-2. When Ferrum scored again in the seventh, it appeared the Captains would lose both games until a fielder error scored Severin and Moyers batted in Bond to tie the game.

The eighth inning was a rollercoaster as Ferrum scored again off a single, which turned into a triple and eventually turned into a run. CNU's offense answered once again with a double from Zick. McQueen singled to put runners on first and third and Hose hit a game-winning double that ended the game 6-5.

"We came back by fighting the whole game," said Clark.

Against Shenandoah on Sunday, the Lady Captains took both games, improving their conference record to 5-7 with an 18-14 record overall.

In the first game, the Lady Captains defeated the Hornets, 10-2, in five innings. CNU scored first on Rohde's sacrifice fly but Shenandoah answered with two of their own in the top of the third. By the end of the inning, the Lady Captains had tied the game and took control. Scoring six runs in the fourth and another two in the fifth, they secured the easy victory.

The nightcap was comparatively closer as the Lady Captains allowed the Hornets to come back and take the lead after a three-run first inning. With Shenandoah leading 4-3 going into the bottom of the sixth, the Lady Captains scored six runs on six hits, which were too many for the Hornets to recover from.

Kelly pitched all but the last two outs of the game, allowing six runs in nine hits with one strikeout. Fairchild pitched the very end of the game allowing no hits. ■

## TRACK

# Different setting with the same results

By BRIAN BENISON  
*Assistant Sports Editor*

The Captains competed last weekend in the Captain's Classic, where they finished first in both the men's and women's competition.

"With the competition here, I think we did pretty good. We dominated a lot of the events. We just tried our hardest," said freshman Greg Jones.

Head coach Louis Johnson had similar remarks about the team's performance.

"Overall, the team did well. I think we did better than anticipated. I think overall we had three people qualify to nationals," said Johnson.

The meet included some familiar faces from the indoor track season. Senior Karen Simon, 2006's Mason Dixon conference women's MVP, opened the outdoor season with three first-place wins in her three races.

Senior Emily Low also had a strong outing for the women's team, finishing first in the 800 and 1500-meter run.

"[Senior] Emily Lowe had

an exceptional day. She had a personal best time in two different events. What made it more impressive was that she was running by herself for most of the race," said distance coach Keith Mauer.

The women's team finished with a score of 227 overall, nearly doubling the score of the second-place team, Virginia State University, which finished at 124.

The men's team was also just as dominant with nine first-place finishes. The meet finished off with the Captains 4x400 meter relay team win-

ning the race, with freshmen Tim Moulton, Gregory Moulton, Greg Jones and sophomore Matt Griggs finishing about half of a track ahead of their opponents.

"It was kind of hard just running by myself, but I was just trying my hardest to get my team to nationals," said Jones after the meet.

The men's team also saw the emergence of another pair of brothers competing for the Captains, junior Tim Scott and freshman Corey Scott.

"I tripled on Saturday, I ran the 1500, 800, and 4x4. And my

brother ran the 5k. The Scott family held it down on Saturday," said Tim Scott.

Tim Scott finished in first and second place in the 800 and 1500 race, respectively.

The men's team also finished first on the day with 250 points. Despite his team's preliminary success and prior success in indoor track, Johnson remains unwilling to begin predicting the outcomes of the season.

"Not at this time," said Johnson, when asked to predict the season outcomes. "I am always optimistic." ■

## MLB COMMENTARY

# A new kind of curse from the Bambino

By DANIEL BROWN  
*Knight Ridder Newspaper*

Babe Ruth casts one mean curse, doesn't he?

If you thought the Curse of the Bambino was broken when the Boston Red Sox won the World Series in 2004, think again. The curse is still in existence. Just look at Barry Bonds.

This baseball season already is a mess for Bonds — and the first pitch hasn't even been thrown. He is at the epicenter of an investigation by baseball. He is the subject of national scorn. He is a punchline for late-night comics.

This is the second time in history that someone will try to pass Ruth's spot in history. He will try to hit 715 home runs, one more than the Babe.

Both attempts to break Ruth's record have been miserable, controversial experiences.

Henry Aaron's journey 32 years ago was painful. What should have been a proud, historic moment was almost overwhelmed by hatred, bigotry and fear. Aaron received box loads of hate mail and death threats. He didn't know if he would survive the record-breaking moment. He didn't even receive strong support in his home ballpark.

It's different for Bonds, of course. Though the charge of racism has been on the periphery of this story, the controversy surrounding the Giants left fielder isn't a result of the color of his skin, but what he has put on or beneath his skin. He has become the poster boy for steroids, not because he's African-American and not because he's the only user, but because his alleged cheating has pushed him — and only him — into baseball's stratosphere.

Right up there with Ruth and Aaron.

His achievement, assuming he does pass Ruth sometime in the next month, will be viewed as a sad, false milestone that will stand — if it stands at all — as a testament to the bloated, cheating steroids era.

"Bonds & Steroids" is now a part of our national culture. A swollen Bonds caricature graces the cover of the New Yorker. Bonds is making regular appearances in David Letterman's top 10.

Bonds has always coveted more recognition. Now he's getting it.

After Aaron passed Ruth on that rainy night of April 8, 1974, he stepped to a microphone and said, "Thank God that's over." Bonds probably won't be able to utter the same words.

SEE BABE RUTH, PAGE 12

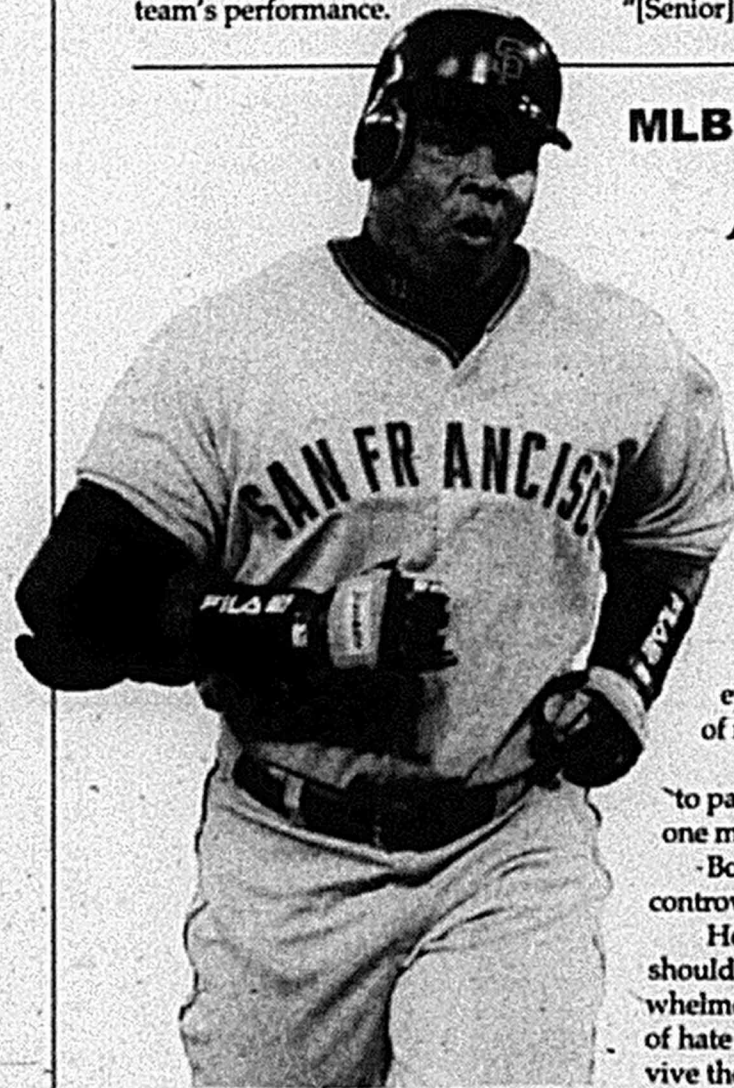
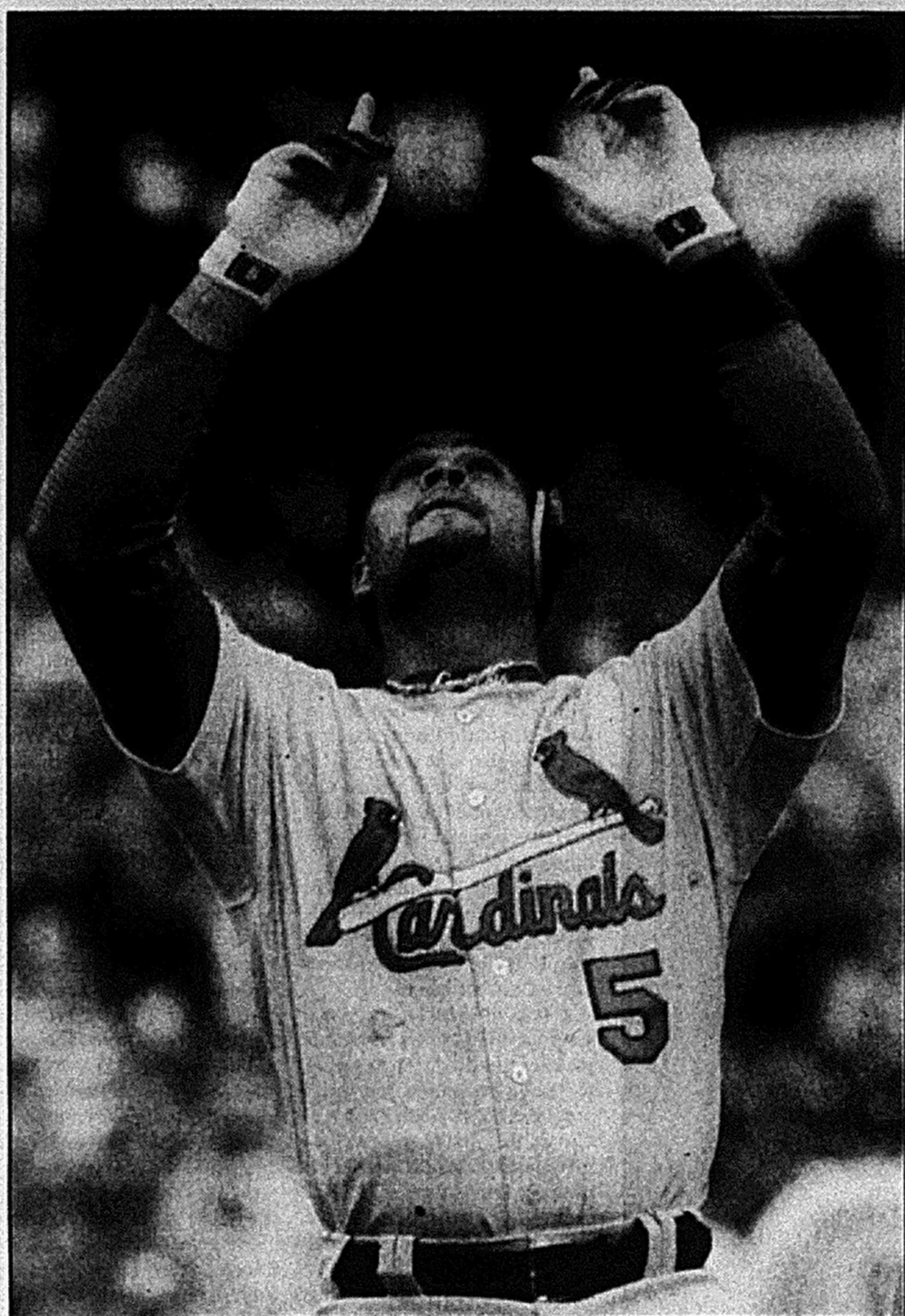


Photo Illustration by Will Summers





Jerry Lodrigua/PHILADELPHIA INQUIRER

St. Louis Cardinals' slugger Albert Pujols points to the sky after hitting a two-run home run in the fifth inning against the Philadelphia Phillies. Pujols and the Cardinals are looking for another successful season.

## MLB ON DECK

# New season, new chances

By CHRIS INZIRILLO  
MLB Columnist

As the rain poured down on the south side of Chicago late Sunday night, the Indians and the White Sox kicked off the 2006 Major League Baseball season. Though it took them a little more than six hours to get the game in, they still managed to play all nine innings, and the defending champion White Sox routed the Indians 10-4.

The anticipation at U.S. Cellular Field was incredible: The seats were jam-packed and spirits were high as the organization revealed their World Championship banner along with a ring ceremony and some fireworks.

This event was the mere beginning of a long 162 game journey that every team started this week. What is so special about this upcoming season is that there is no unanimous preseason favorite to win the World Series. Sure, you have your powerhouse teams with deep pockets like the Yankees, but since 2001, we have seen that deep pockets don't get you all that far anymore. Instead, it's heart and team strategy that help you go the distance.

After what was by far the busiest and most active off-season of my lifetime, every one of the six division titles is up for grabs.

I have been following baseball since I was in first grade, and I have never seen so many analysts vary in division predictions.

For that very reason, I am not even going to attempt to make a preseason pick as far as who will finish in what order from top to bottom. In my mind, the only locked up spot is last place in the AL Central. Sorry Kansas City, but the Royals are a lock.

Otherwise any team could finish anywhere between the lines.

My favorite thing about a new season is that it is a fresh start for everyone, and Jim Thome emphasized that point Sunday night with a 431-foot blast to right center field.

You can't guarantee that players are going to post the same standout numbers that they did the year before — or struggle as much as they did either.

The perfect example is a guy like Thome who was injured last season and only hit

seven home runs in 59 games. Everyone kind of forgot that he had four straight years of 40+ home runs before that. Last night he showed that he is out to prove something.

Someone else I'd like to note is Mike Lowell, newly acquired third baseman of the Boston Red Sox.

He was one of the most feared hitters in National League since 2000, and based on his previous numbers, people were picking his former team, the Marlins, to go deep into the playoffs last season. Lowell hit a season-long slump though, hitting .236, and his team finished in third place. This shows that anything can happen at any time, and there are never any set stats that one player is going to put up.

At the same time, like Thome, people are writing Lowell off this year, but I think five years of success will outweigh one year of disappointment — he will come back very strong for the BoSox this season.

Aside from individual performances, there are a lot of team story lines heading into the season.

First and foremost, we have the issue of the NL East and the Braves' 14-straight division titles. Every year, critics wonder if it will end, and about one of the only consistent opinions this season is that no one will pick against the Braves to win the NL East.

Well, I know I said I wasn't going to make predictions, but one thing I will say is that at the end of the season, don't expect the Braves to be on top. The one thing that was consistent over those 14 years was pitching coach, Leo Mazzone.

Now that he's gone, so too is the Braves' run of success. Going along with the NL East theme, one has to wonder if the New York Mets will finally get it together and take advantage of a wide-open division. You always hear talks about the curse of the Cubs and what was a curse for the Red Sox, but the Mets have something of an unofficial curse on them: They consistently bring in big name players who drop off in performance the minute they put on the uniform. Only time will tell if young studs like David Wright and Anderson Hernandez can teach their salary driven

teammates what it is like to "play" again.

Other aspects to discuss include the fact that — with the extreme competition in the AL — it is very unlikely that both the Yankees and Red Sox will make the playoffs again; this year it will be one or the other — if the Blue Jays don't have something to say about it. At the same time, this could be the year that the Cardinals reign of power is ended by the rising Astros and Cubs (if Kerry Wood and Mark Prior get and stay healthy... knock on wood).

Most interesting of all will be the teams that surprise you — the ones who exceed expectations — because they excel and feed off public disbelief. Those are what you call sleeper teams. Sleeper teams aren't picked to make the playoffs or win championships, they are picked to shock people and make a statement. They are, more or less, teams to "keep an eye on." My two sleeper teams this year are the Seattle Mariners and the Florida Marlins. They are consistently picked to finish last in their respective divisions without even putting up a fight.

I can tell you that that's not the case here. Of course the Marlins traded away their top players, but they got premier prospects in return. Those prospects are more motivated than any other team in the league simply because no one gives them a chance, not based on lack of skill, but merely inexperience. Then we have the Mariners, who added pitcher Jarrod Washburn and Japanese star catcher, Kenji Johjima.

Throw them onto a team with Richie Sexson, Adriane Belte and Felix Hernandez, and it's hard to think why anyone would pick against them. Oh that's right, Belte and Sexson had "off years" last year, just like Thome and Lowell. Remember though, I'm not saying these teams will be the best in the league, but they will definitely turn some heads.

I feel like this season will be one to remember simply because it's literally anyone's game. As it is with every season, it is a fresh start for every player, even the ones on the Royals. Also, my favorite part is that there are no guarantees; no locked up stats, no locked up champions, and that's the way it should be. After all, if baseball was predictable, no one would watch. ■

## NBA WEEKLY

# Top picks from the Madness

By DANIEL SETTLE  
Guest NBA Columnist

For the five or six people anxiously awaiting my brother Ben's NBA column in this issue, you will have to wait another week. He has lent me this space because he was out of town competing in a triathlon this past weekend, while I stayed inside all weekend watching numerous NBA and NCAA tournament games.

After watching the incredible LeBron/Wade showdown and the Pistons excellent comeback win over the Suns, the NCAA Final Four on Saturday night was almost boring. The only thing saving the Final Four from being a complete disaster was George Mason, which had not only Virginia, but the entire nation transfixed. Florida was just bigger, stronger and faster than Mason in their game, and beat them by a solid margin. Florida's star, Joakim Noah, got all the attention despite a fairly pedestrian game. The announcers were saying he was going to be a Top 5 pick in the NBA Draft, even though he is clearly too skinny to make any impact for about two years in the league. He is not the only player in college that will be drafted too high. Here is a look at some of the higher profile players eligible:

Adam Morrison: strong forward, Gonzaga. At 6'8", and probably the best all-around player in college basketball, he led the nation in scoring at 28.1 points per game.

A terrific jump shooter, he can shoot over some people taller than him with a high release, but has trouble creating his own shot off the dribble. His greatest strength is probably his passion and competitiveness for winning, but he has diabetes and has had to take insulin shots on the sidelines during some games, which may scare off some teams.



Karl Mondon/CONTRA COSTA TIMES

Gonzaga's Adam Morrison reacts during the Zag's NCAA regional game against UCLA on March 23. Morrison should be a top draft pick in the NBA.

He's still a definite Top 5 pick.

Rudy Gay: strong forward, Connecticut. He has all the physical tools to be an outstanding NBA player, but tends to disappear on the court. At a very athletic and long 6'9", he can do everything well, but nothing truly great. His lack of assertiveness will doom him in the pros, but his workouts before the draft could make him the top pick.

Tyrus Thomas: power forward, LSU. A dominating performance against Duke in the tournament has made him the possible top pick in June. Thomas is athletically similar to Amare Stoudemire because he is tall at 6'10" but can still jump out of the gym. He is very raw on offense,

but he is an intimidating shot blocker. Teams are going to have to look for reasons not to make him the number-one pick.

J.J. Redick: shooting guard, Duke. He is too weak, too skinny and — at 6'4" — he is not tall enough to be a good wing player.

But he can shoot the lights out. He will probably be drafted outside the lottery, in the 15-20 range, but unlike the other top prospects, won't be asked to carry a team in the NBA. As such, his expectations will be to contribute as a role player. Being drafted later by an already established team will allow him to contribute as a 3-point specialist from the first day in practice. ■

## CNU SPORTS BRIEFS

### Baseball

The Captains took two out of three games in their series against Ferrum over the weekend and inched closer to .500 for the year.

In the first game, the Captains allowed Ferrum two runs in the eighth inning, allowing the Panthers to get the win 5-4.

The Captains were held scoreless until the bottom of the sixth. Down 2-0, the Captains got on the board when senior Rob Quinn scored on a Ferrum error. Later in the inning, senior John Corbin scored on a single by sophomore Ryan McDougal.

CNU grabbed two more runs in the seventh to take a 4-3 lead, but the Panthers got an inside-the-park home run to win the game in the eighth. Sophomore pitcher Kenny Moreland took the loss for the Captains and fell to 4-3 on the season.

The Captains took the second game, 8-3, with runs coming in the fourth, sixth, seventh, eighth and ninth innings. Junior Chad Blanchard pitched eight innings for the Captains, allowing two earned runs on six hits.

In the final game of the series, the Captains again pounded Ferrum pitching to win 8-1.

Corbin doubled Quinn home in the sixth to give CNU a 4-0 lead. In the eighth, Corbin doubled again, scoring two more runs for the Captains.

Senior pitcher Eben Brower went seven innings, allowing no runs and striking out six for the win.

Corbin led the Captains on offense, finishing 9-13 in the series.

### Golf

CNU finished in seventh place at the Marine Corps Intercollegiate over the weekend. The Captains shot 276 on the first day, 302 on the second day and 303 on the third to finish with a total of 881.

Johnson and Wales finished first with an 856. Greensboro finished third with an 871. Methodist finished three strokes ahead of the Captains with an 878.

Junior Matt Hopkins led the Captains with a total of 215.

### Women's Lacrosse

The Lady Captains undefeated conference record came to an end last weekend as they fell to Greensboro 17-9.

CNU was down 8-0 early in the game and were never able to get back in the game. Greensboro led 9-5 at the end of the first half and outscored the Lady Captains 8-6 in the second.

Freshman Shayna Sargent finished with three goals for the Lady Captains.

The Lady Captains bounced back on the second day to defeat Guilford 16-12. Leading 5-3 after the first half, the Lady Captains pounded Guilford goal and scored 11 goals in the second.

Freshman Holli Sawyer scored four goals and had one

assist in the victory. Junior Kristyn Harkins and Sargent finished with three goals each.

### Sailing

CNU finished second at the Ocean County Spring Open last weekend, placing above teams from Princeton, Fordham, Maryland and Queens.

Washington College was the only school to finish ahead of CNU.

The CNU team consisted of Mark Newman, Liz Hund, Ben France, Will Summers and Kate McClintock.

### Men's Tennis

The Captains traveled to three different colleges this weekend and had the same outcome at all three — a win for CNU. The Captains defeated Lynchburg 6-1, Ferrum 7-0 and Roanoke 6-1.

Sophomore Eddie Glidewell and John Mook won all three of their singles matches and doubles matches during the weekend.

### Women's Tennis

The previously undefeated Lady Captains lost a close contest last Saturday to conference rival Methodist 5-4.

Freshman Lindsey Partridge, sophomore Frannie Shivar and freshman Brittany Stevens won their singles matches and Shivar and Stevens won the sole doubles match for the Lady Captains.

Information from <http://athletics.cnu.edu/> ■

## BABE RUTH, FROM PAGE 11

Because it won't be over. Not with a pending baseball investigation. Not as long as he stays in the game.

The investigation announced by Commissioner Bud "Oh, Am I Late?" Selig was discomfiting on several levels.

Selig specifically mentioned the book by two San Francisco Chronicle reporters, "Game of Shadows," as the impetus for the investigation. Did he not look at any newspapers over the past three years as the Balco investigation was unfolding? Didn't one of his minions ever say, "Hey, boss, put down 'Garfield' for a minute and read this story about your sport?"

The investigating committee is rife with conflicts of interest. George Mitchell, its leader, is a director with the Red Sox — a team that, I suppose, has stayed clean of steroids despite those eye-popping batting averages. Mitchell is also

chairman of the board at the Walt Disney Co., which owns ESPN, which has a broadcast contract with Major League Baseball and runs a reality show about Bonds. Disney profits when ratings for baseball games are good and fans are happy.

Of course, none of this is likely to bother Selig, who had no problem acting as the commissioner of baseball while also owning the Milwaukee Brewers. He never met a conflict of interest he didn't embrace.

Will the investigation examine the inherent conflicts of interest in this story? Will it probe how the owners, the union and the commissioner looked the other way while players and their statistics blew up to grotesquely out-of-proportion sizes?

Meanwhile, Bonds, unlike Aaron, will have plenty of support in his home ballpark. They will applaud Bonds for his un-

believable ability to focus on the task at hand and not be distracted by the bad news (ignoring that such a trait is also the sign of a sociopath, and no one was applauding Scott Peterson or O.J. Simpson for their ability to compartmentalize).

Seventy-one seasons ago, in a game in Pittsburgh, Babe Ruth hit three home runs. He tipped his cap to the fans as he rounded the bases. They were the last homers of his career, setting a barrier that has been neither easy nor satisfying to break.

"I didn't feel a wild sense of joy," Aaron wrote in his autobiography, "I Had a Hammer." "I didn't feel like celebrating."

Few will feel like celebrating when Bonds hits No. 715. It's going to be an ugly season. That is, if the whole thing doesn't get rained out.

Somewhere, the Babe is probably laughing. ■