

Student Poll: Where were you when the storm hit?



Peninsula Arts "Magic in the Yard" pg. 11



Christopher

Newport

University

Anniversary

Captain's Log



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CNU Welcomes NewPresident

Former senator starts new year in top position

By Robin Harris Staff Writer

It's Thursday night at five o'clock and new CNU president Paul Trible is still hard at work. He has spent the last two hours on a conference call with other Virginia institution presidents. He breezes out of his office in neatly pressed navy slacks, a crisp white shirt, and a tie covered in billowing American flags. "Let's get this done," he states matter of factly and leads the way to the administration parking lot.

"Presidents are no more special than anyone else," he said, symbolically eliminating the reserved parking spaces beside the administration building. Signs that once read, "President, Provost, and Board Member," have been replaced with ones that read, Student Parking."

"Students come first," said Trible, "It's important for all of us at CNU to work together now to be problem solvers and people pleasers.

And if the lines at registration were any indication, Trible's philosophy is working. "When I came here I had two words for everyone . . . No lines,' he said. Trible said he met with evervone in student services and told them they could eliminate hassles if they put their heads together, "and it looks like we've made substantial progress."

Student frustration with lines isn't Trible's only concern. As

CNU's new leader he also plans to spend his time concentrating on what he calls the universities needs and priorities.

Tuition in Virginia is too high. We are the second highest in the nation next to Vermont," said Trible. He hopes to help influence the powers that be in Richmond to increase student funding and "make education in Virginia more available."

Trible also feels there is a great need to bring advanced technology into the classroom at CNU to better serve students and faculty as well as convince Richmond to release monies to renovate Ferguson and "utilize the expanding campus."

Trible realizes his main function is one of a leader, but also concedes he can't do that unless he is willing to "share experiences" with students and faculty.

"It's important that a university president get out of his office and get in contact with students and faculty," said Trible. 'That's why my family and I have been to a number of basketball games since I took office and why I am teaching a class. This way I can listen and learn."

Trible's class, Leadership and Politics, meets Monday evenings at seven and currently has 18 students.

Going to games and teaching classes are some of the ways Trible plans to stay in touch with the student body.

"I want to be available



Paul Trible address students and faculty at a press conference announcing his new position.



Photos by Robert Harris

whenever a student needs me," he said, " but that isn't humanly possible. I want to hear from students

and know what's on their minds."

In an effort to do this Trible, in conjunc-

tion with Dean of Students, Robert Spicer, will be distributing a questionnaire to students to gain feedback on how they viewed this semesters registration and financial aid process.

ulty."

He said he has also met

contact with students and fac-

with Brooke McKee, the student government president, and looks

forward to working with the entire executive "It's important that a president get out of his office and get in

council in an effort to determine and address

student needs and the needs of the university as a whole. "I know how to make or-

ganizations work," said Trible. "It's what I have spent my life doing."

Wes's World

Frightening Professors Visitations

By Wesley Cline

At the end of last semester, it occurred to me that it might be advantageous to do a little extra studying over the break. Once I had seen my final grades, I also realized that I would have to make considerably better grades this semester or I might be asked to continue my education somewhere else, like Military Bob's Preschool for the Criminally Stunid.

This semester marks the end of a five year study of Latin. I have experienced some difficulty in these advanced classes in Latin, which I can only explain in one of two ways. Either the professor was too hard or my difficulty was somehow due to the fact that I haven't done any of the work since the first week of class. I really don't think I could possibly consider the latter as it would require admitting some defect on my part. I have noticed a similar difficulty in my history classes. So . . . I skipped a few chapters. The professor did stress the need to keep up with the readings. How did the professor expect me to read for his class and continue to pursue my own activities, like air hockey, MTV, and pinball? Obviously, something had to be sacrificed

I decided that some of my difficulties could be my fault; so, I made a definite commitment to study over the break and get ahead in all of my classes - well maybe. I discovered that I just didn't



have the will power to sit down and study, when there were so many other exciting things to do like watching reruns of "Gilligan's Island," "The Real World" and "The Commish."

January 14 rolled around and I discovered that I had never gotten around to doing any actual studying. I thought really hard for a long time, at least five minutes, about spending my last free day studying. I opted to enjoy my last day of freedom

Having wasted a good five minutes of my day already, I promptly rolled over in bed and looked at the clock only to discover that it was well past noon. Not being one to stay in bed all day, I immediately got up and made myself a little something to eat. Then I decided to take a well deserved nap. That's when my trouble started.

I had a series of dreams not unlike

Charles Dickens' "A Christmas Carol." I had three very disturbing dreams. In each dream, one of my professors reminded me of some benefit of studying and made me take horrific tests.

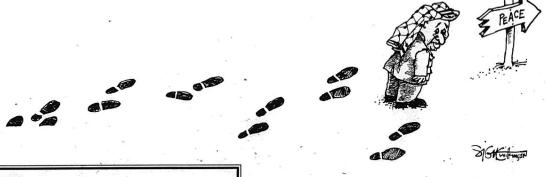
My first professorial visitor was my history professor. I guess I can call him the Professor of Studies Past. He hovered over my shoulder as I tried to write a long term paper without benefit of notes. It was one of the most horrifying experiences I have ever had. He continually chanted, "Those who don't learn their history are doomed to repeat it, repeat it...." I don't think he was talking about having to live through wars and conquering barbarians but rather another of his lectures. I'm not so sure that having a barbarian takeover would be worse than repeating the class.

My next visitor was not nearly as terrifying. It was an English professor. She

tried to remind me how many wonderful experiences I was missing out on by not reading my textbooks. I tried to show her how much more enjoyable it was to watch "Guiding Light" than to read Chaucer. She just ignored me and mumbled things about the "Wife of Bath" and "The Miller's Tale," as if they should somehow be of interest to me.

My final professorial visitor was, by far, the most frightening of them all. The professor didn't say a word. He just shook his head and pointed at my notes. I knew that they were not the best but he didn't have to be so negative about them. I could see very little of his face though I could tell it was very old. I would venture to say he looked like death warmed over. I think he might have been a member of the Emeritii faculty. He finally showed me a sealed grade report. The name on the front was smeared so I was forced to open it to see whose report I held. It was full of failing marks and had a cumulative G.P.A. listed as .0001. I started to look at the name but I woke up from my nap just as I had made out the letters "Wes." The rest of the name was lost to me. I guess I will never know whose grades I saw.

One might ask if I learned anything from my fearful dreams. I would like to say that I immediately started to read my textbooks and mend my ways but I wouldn't want to lie. What I did learn was not to put quite so many peppers into my meal before I take a nap.



Captain's Log

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What a crock!

By Jessica Shumake Features Editor

When making the decision to move into the residence hall and to sign the housing contract most expected a learning environment and flexible community oriented structure. Instead more than you bargain for is found in the Santoro residence hall to include unannounced room inspections complete with unauthorized property confiscation's and 1:00 am raids on exam nights. In a nutshell a complete and utter lack of privacy and an infringement upon the most basic of human rights, is all part of the package. Living within the confines of the dorm renders your first amendment rights power less, and in addition to that assumes the authority to go above and beyond the law and contradicts regulations set forth in the resident student housing contract. Not taking into consideration what the state of Virginia deems legal, items are de-

clared illegal by University residence hall simply because of the connotations they include. The policy has been enforced with a vengeance in an prejudice manner and directly linked to the use of illegal drugs with lingering essences.

When addressed last semester the new dean of students Dr. Spicer said that a committee of student services and resident life coordinators were going to reassess the user friendliness of dorm policies. This has yet to come avail as has any progress in the quality of residence life in general. Since reasonable privileges and immunities cannot be made obviously policies that lack sensitivity on issues, involving cultural diversity need to be evaluated. Hopefully his decision will occur expediently unlike the lingering funds that the university is currently spending to keep "distinguished history professor" and former president Anthony Santofo comfortable.

So what is worthy of disturbing peace and causing undo stress on residence hall students? Just use your imagination, anything from candles depicting the lord and savior Jesus Christ to Crock-Pots used by those who tend to enjoy food staples that are cooked appropriately rather than a Harbor Lights rendition of rice. Incense takes front and center priority of important rules for super sleuth RA's to enforce. They seemto be not on a quest for knowledge of the holy grail but esoteric brownie points from resident hall administrators. When it comes to exceeding the authority to enforce the policy on the prohibition of burning incense CNU does not fall short.

Despite the contradiction in policy it is clearly not considered contrary to declare quiet hours and then enter a resident room after midnight on an exam night to check on a suspected burning substance. Insence and potpourri are not permitted in the residence hall, yet cigarettes are allowed in residence rooms. Despite the assertion by Chief Riggenbach of Newport News Fire and rescue who stated, "cigarettes cause more fires, and as a matter of

fact I cannot remember a fire emergency where they put the cause on incense, although we've had plenty of false alarms."

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This makes the suspected burning of incense far from a life threatening emergency.

According to resident overseers and quality of student life coordinators the experts and students who question or counter this notion can go tell it on a mountain for all it is worth. Robert Overton even suggested "the president of the university and the president of the United States," be brought in to deliberate on the issue when questioned on who to speak to about the policy. Due to budget amendment debate the president Clinton has failed to comment on the possibility of amending the misconceptions that are surrounding the ritual use of incense and blatant contradictions involving the right of entry into student rooms without 24 hours prior notice.

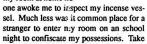
Given that we are living in a diverse community with residents from various backgrounds, countries, religious
faiths, and dietary practices we should all
have a right to exercise the freedom guaranteed to us by the constitution within the
legal constraints of the law and within reasonable boundaries. It seems that a lack
of cultural sensitivity and understanding is
to blame on the part of hardnose disciplinarians who coordinate and enforce resident rules and regulations.

Why is it that UL approved Crock-Pots are confiscated? Crock-Pots are considered an immediate danger and fire hazard while hair styling irons, coffee pots, electric blankets, irons, and not to mention cigarettes are permitted. There is nothing vain in desiring to have a Crock-Pot to cook (odorless) white or brown rice, given that what Herbor Lights cooks is nine times out of ten more like eating shelled sunflower husks. The Confucian Analects expounded knowledge that rice which has been injured by heat should not be eaten. food which has been cooked insufficiently or kept for too long is also known to be harmful according to ancient wisdom.

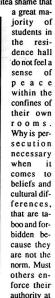
The residence hall a "home away from home" turns out to be a stressful experience for both students who venture from abroad for a positive educational experience and students who live as close as across the James River

Bridge. Is it intolerance of cultural diversity or an inflexibly strict code of rules and regulations that have continually been mysteriously dropped and denied the reconsideration they deserve. Making students question the logistics behind such policies. Whatever the case may be the notion must be set

forth that when asleep at 1:00 am in my room at home no



restful repose, silent study, or tranquil slumber to be accosted by Gestapo style inspections. It is really quitea shame that





Confiscated Crock-Pots impounded, without consent of owners. photos by: Robert Harris

the price of individual freedom and security when it comes to food preferences or customary practices exercised within the privacy of one's own room.

How can we be expected to excel in an environment that is conducive to little more than paranoia and noise? Focusing on singling out individuals and ethnic groups to make examples of rather than fostering a friendly and hospitable environment. Unfortunatley students pay top dollar to be rudely awakened by members of the CNU residence hall staff and student life coordinators.

Using authority as a tool to impose uniformity on others, has nothing to do with helping students embark upon positive learning experience. Instead it is a selfish crusade to make others view the world from narrow spectrums.

Were policies and regulations adapted especially for the residence hall made to protect or single out individuals who do not quite fit the mold? To let a stubborn few impede freedomand threaten com-

munity orientated atmosphere in its entirety was surely not what was expected when CNU dorms were chosen by majority members of the students body. This lack of flexibility could undoubly lead to a decrease in enrollment for on campus housing, if cultural sensitivity cannot be exercised in the future.



Resident life coordinators need to have a little heart when it comes to religious expression.

note this can occur without consent of the student handbook, 24 hours notice or permission of even the finest details in the housing contract.

Final exam time is stressful enough without having to be needlessly harassed by disciplinarians and awaken from

Oyster Point Kiwanis David Petersen Scholarship

The Board of Directors of Oyster Point Kiwanis Club has established a \$1000 annual scholarship at CNU to honor the memory of the club's deceased charter president. David Peterson.

CNU students who have achieved sophomore status and who have maintained a 3.0 GPA are elibible to apply. Selection for the scholarship will be based on need and academic achievement.

CNU president Paul Trible will accept the first \$1000 scholarship check on behalf of the university on Feb. 15 at the Omni Hotel, Newport News at 12:15 p.m.

Contact CNU financial aid office or CNU Alumna Kathleen LeMons for more information at 873-4648.

CNN News anchors to host local media awards

The Hampton Roads Black Media Professionals, a nonprofit organization is hosting the Seventh Annual Echoes of Excellence Awards Ceremony, 5 P.M.. February 10, 1996, at the Harrision Opera House in Norfolk, to honor distinguished achievements and meritorious works by professional journalists and media students. The black tie affair will be hosted by CNN news anchors Andrea Arceneaux and Leon Harris

The entries demonstrate news which touched, and in many cases shaped, the lives of African-Americans in Hampton Roads. The awards program also honors local residents and organizations that make outstanding contributions above and beyond the call of duty in service to the community.

Proceeds from the event benefit the HRBMP scholarship fund, for which area college students pursuing media-related careers can compete for monetary awards to assist them in continuing their educational endeavors. Donations are \$30 in advance; \$35 at the door; \$15 for students with school identification. For more information, please call 857-7197 or 826-6522.

Friends of Music Scholarship Concert Showcases Faculty

Christopher Newport University's Friends of Music Scholarhip Concert, An Afternoon Musicale With Women of Note, will feature CNU music faculty Mary Matthews, soprano and Bonny Miller, pianist. The program will consist of musci composed by women, including Amy Beach, Clara Schumann, Fanny Mendelssohn and Undine Moore.

The 2nd annual concert will be held on sunday, January 21 at 3 p.m. in Gaines Theatre. General admisssion is \$5 and \$3 for students and senior citizens.

Proceeds raised from the concert and a benefit dance later this spring will be used to award a Friends of Music Scholarship in the fall. Last year, Friends of Music awarded 5 \$500 scholarships.

For more information on the Friends of Music Scholarship Concert, plase call Dr. Mark Reimer, Director of Music, at 594-7074.

Glacier Park to hire 900 for summer jobs

College students from across the country are being sought for summer jobs at one of the nation's most spectacular national parks.

Glacier National Park, located in the northwest corner of Montana, is best known for its rugged mountain wilderness and its historic lodges. Glacier Park, Inc., is looking for students to fill more than 900 summer jobs in all segments of the hotel and hospitality areas.

Jobs include a large variety of hotel positions such as hotel front desk, room attendants, cooks, wait persons and bus drivers. Many students also participate in the guest entertainment, which includes American Cabaret Theatre, another Glacier Park tradition. Employees are needed this year from mid-May to early October. The highest demand is for employees who can work through late September and early October. The company in especially interested in students majoring in hotel/restaurant, culinary arts, travel/tourism, accounting majors, and music and theatre.

The seven hotels and lodges and the famous red vintage tour coaches operate throughout the 1.4 million acres of Glacier National Park. Since the early 1900s, it has been a tradition for college students from across the country to work at the park while enjoying a number of outdoor activities such as hiking, riding, and fishing in one of the nation's last examples of pristine wildensees.

According to Dale Scott, president of Glacier Park, Inc., the opportunity to work at Glacier affords students educational opportunities in more ways than one.

"You can get much needed jobrelated experience in a variety of areas, which can help with a career later on," says Scott. "But you can also get life experience education by working in spectacular natural surroundings and through developing a camaraderie with co-works who come from around the world."

Scott says many of the students also use the employment at Glacier as an opportunity to save money for school.

For details on jobs and salaries call Glacier Park, Inc., at (602) 207-2620, or write Glacier Park, Inc., Dial Tower, Phoenix, AZ 85077-0924.

Arts Calender

Jan. 21 CNU Friends of Music Scholarship Recital. Gaines Theatre, 3 p.m. Admission \$5 to the public and \$3 for students and senior citizens.

Jan. 27 CNU Flute Fair. Gaines Theatre, 4 p.m. Open to the public at no charge.

Feb. 11 CNU Valentine Concert. Gaines Theatre, 4 p.m.. Open to the public at no charge.

For more information on any of these events, please call Dr. Mark Reimer, CNU Director of Music at 594-7074.

Peace Frogs to sponsor free rock concert to save the frogs

It's free, it's for a good cause . . . and it's gaining mammoth proportions. Indeed, what was initially intended to be a modest road rally kick-off featuring a quality alternative rock band has escalated dramatically: bands are coming to Gloucester, VA from all over the country, Peace Frogs president Catesby Jones reports, and the concert will surely last the better part of the day on February 3, 1996.

"It all started with the Peace Frogs International Road Rally to Save the Frogs," Jones explains. "We let the work out that we were sponsoring a road rally to go from our warehouse in (Gloucester) Virginia down to the Monteverde Rainforest in Costa Rica - the mating grounds of the vanishing Golden Toad. We set a limit of ten teams - and figured it would take a few months to get that many teams to sign up. But it happened in a matter of days - that's when we knew something special was in the air!

Registration for the road rally itself was open to amateur drivers from across the country driving any form of land vehicle. The winning team will pocket \$10,000 in cash - but most teams report that the possibility of winning first prize is much less of an incentive than the adventure of a two-week drive through Central America . . . and the eco-awareness behind the rally itself. "Entire species of frogs are dving out," Jones explains. "No one is sure exactly why - but the likely culprits are acid rain and ozone thinning. Revenues generated through the rally will go to underwrite a graduate study at the Organization for Tropical Studies, an ecosystem research institute.

The roster of performers has grown to a total of seven alternative, independently recorded rock bands, with more expected to come on board this week. So far, Jones reports, concert-goers will groove to the sounds of LA's Menthol Hill, The Disciples from Burlington, VT, Wing Tip Sloat from Richmond, Big Stupid Guitars from Glasgow, Scotland by way of New York City, Media Trash from Gloucester VA, The Gefkens from New York and Daisy's Red Gravy Train from New York.

C. G. Jung Society of Tidewater to sponsor lecture

The C.G. Jung Society of Tidewater is sponsoring a lecture by Jeremiah Abrams, entitled, "The Shadow in America." The presentation will take place at 7:30 P.M. on Friday, January 19, 1996, in the Batten Arts and Letters Building, Room 104 (Auditorium) at Old Dominion University. There is a \$6 fee to the general public.

With 25 years experience as a Jungian therapist, dream analyst, counselor, trainer, writer, and consultant, Jeremiah Abrams is considered an expert in the field of "shadow work." His books include Reclaiming the Inner Child, Meeting the Shadow: The Hidden Power of the Dark Side of Human Nature, and The Shadow in America: Reclaiming the Soul of a Nation.

In addition to private counseling and directing the Mt. Vision Institute as a vehicle for individuation, he lectures and teachers throughout the U.S. and abroad.

International Internship Program

James Madison University is pleased to announce the opening of recruitment for the Fall 1996 and Spring 1997 International Internship positions. Designed primarily for juniors, seniors, graduate students and recent graduates this program offers qualified Virginia students (and Virginia residents who go to school elsewhere) a unique opportunity to gain professional experience on an international basis in their field of interest. Complete details and application materials are available for approximately fifty positions each semester in ten countries. Packets are being sent to Placement Directors education institutions throughout the Commonwealth, and all application materials may be photocopied for use by applicants. Interested students may also request the information directly from Judy Cohen, Paul Street House, James Madison University, Harrisonburg, VA 22807 (540) 568-6979.

The deadline for applications for both semesters is March 11, so would-be interns should proceed quickly.

Hamilton to host town meeting

Delegate Phillip Hamilton today announced that he will host a town meeting on Saturday, January 27, 1996. The Town Meeting is scheduled for 10:00 A.M. at the Christopher Newport University Campus Center, Room 150. The purpose of the town meeting is to give area citizens an opportunity to present their views on legislation that has been introduced for the 1996 General Assembly session. The deadline for legislators to introduce legislation is January 22, 1996.

Hamilton has extended an invitation for other members of the Newport News, Hampton, Poquoson and York County legislative delegations to attend the town meeting. By inviting other representatives from the lower Peninsula, Hamilton hopes interested citizens from throughout the region will attend.

The town meeting will five legislators an opportunity to share their legislative initiatives with citizens and receive feedback concerning the proposed 1996-98 budget, public and higher education, public safety, health care, expansion of the lottery, and others issues of importance for 1996.

The town meeting is open to the public.

Peninsula AIDS Foundation Needs

Volunteers

Volunteers are needed at the Peninsula AIDS Foundation. Help is needed in a variety of areas including: receptionist, assembling bulk mail, providing transportation for clients to appointments, assisting in fund raisers, speaker/educator, and being a "Buddy" to a PAF client. If you are interested in volunteering your time or would like more information on our volunteer program, please call David at 591-0971.

The Blizzard of '96 . . . Where were you?



"Coming home from Charolette, NC in a foot and a half of ice on Interstate 85." Sean Cronin, Freshman "Stuck in my house. I really just wanted to go outside." Dorothy Mwawasi, Sophomore "Looking forward to going sledding, but they built a house where I used to go." Teresa Deal, Sophomore

"We went sledding and a group of us got together and had snow cream." Jaclyn Pruitt, Freshman "I was stuck in my house for 3 days with no running water or electricity." Brandi White, Freshman

"There was no getting out for anything. I sat in my room and watched tv." Crystal Harris, Freshman

"With everyone else, snowed in in Denbigh. I just looked at the beautiful icicles." Angela Jones, Senior "I was at home using my imagination. I turned on NPR to follow the storm and when I woke up there was snow on the ground. We lived on soup and hot chocolate."

Jane Day, Freshman

"I went four-wheeling and sledding." Emily Sergent, Freshman "Dr. Yanovich asked me what I

wanted," said Julie, "and I told

him that I want to live, that I've

just gotten married, and I have

everything to live for.

A message of hope

CNU student's faith shines in face of doubt

By Karen DiGiorgio Staff Writer

"If I can offer one thing in return (for their prayers and fundraising efforts), I would say to CNU students that you never know what will happen toyou, and you need to have your heart right with the Lord before

> Julie Silver Mapes November 4, 1995

Though it took a little longer this year, the leaves of the trees along I-64 have finally changed from the life-giving green of spring to the ruby red, flame orange, and bright yellows of fall. Once again, nature has reached the peak of its cycle only to be forced to temporarily withdraw from the living in order to prepare for a glorious return in the spring. No one knows this scenario better than CNU junior Julie Silver Mapes, for she has been in the autumn of her life more times than she cares to remember. Yet, every time her hair falls out like the leaves of the trees in autumn, and every time medical science gives her up for dead. God's supernatural power miraculously restores Julie.

In April of 1989, Julie suffered a series of colds, infections, earaches, in addition to feeling generally fatigued. A blood test led to a diagnosis of lymphoblastic leukemia: a disease that replaces normal bone marrow cells with cancerous ones at a rate that can leave the victim dead in as little as three months. In May, Julie experienced her first round of chemotherapy at the Medical College of Virginia (MCV) as the rest of her classmates attended her high school prom. In June, she went through round two, missing her high school graduation ceremony. News that the chemotherapy had been successful was quickly overshadowed by a number of complications including dangerously elevated blood pressure, a seizure, a blood

clot in her brain, a coma, emergency brain surgery, a fungal infection affecting her liver, kidney failure, and amputation of some toes due to gangrene.

In September of 1989, Julie, now paralyzed on her right side and barely able to speak, was moved to Riverside Rehabilitation Institute. Four days later, the girl who had not had a coherent thought since having brain surgery got out of bed after seeing the outstretched hands and hearing the voice of Jesus. That was the first of many miracles Julie Silver Mapes has experienced over the past six years.

Before being diagnosed, I had my life and my plans for college, and I went to church," said Julie. "Now, I know Christ personally in my heart, and I know that if I didn't know Him, I would not still be here."

Still cancer-free in August of 1990, Julie decided to

postpone beginning chemotherapy her doctors recommended to maintain her remission to pursue her first goal of a degree in social work at CNU. She began part time, but with the help of tutors and other assistance available to students with special needs, she was able to go full time the following year. In March of 1993, Julie's faith was again put to the test when she learned she was out of remission.

Dr. Saul Yanovich, Julie's oncologist at MCV, prescribed a treatment of intense chemotherapy to kill the cancer in hopes of achieving a remission and making possible a bone marrow transplant. But' before her immune system could recover from the chemotherapy, Julie contracted mucormycosis, an opportunistic fungal infection that is nearly always fatal. Her doctors removed her nose to stop the infection, but finally had to admit they could do no more. On Mother's Day 1993, Julie and her mom, Gena Silver, spent the day planning her funeral. One week later, a man who identified himself as Jeff came to MCV to pray for Julie. Then came the news of the second miracle--the mucormycosis was under control. In December of 1993, she was again in remission, and happily, in love.

"Falling in love and getting married has been one of my goals for a long time," said Julie. Two weeks after surviving

another round of chemotherapy, a bout pneumonia, and a fungal ball in her lung, Julie Silver wed Michael Mapes on June 3 in a ceremony attended by her family, friends, and her guardian angel.
"The wedding

pictures came back while we were on our honeymoon.'

said Julie, "and my family called to tell us that you could see the image of an angel in one of them." Those of lesser faith would be quick to call Julie's angel a reflection of light through a stained glass window. Nevertheless, the angel's face, wing, and trailing robe are clearly visible above and behind Michael Mapes. For Julie and her family, the angel in the picture is just one more reason to trust God to get Julie through yet another round of treatment at MCV at the end of this month.

While most CNU students are busy preparing for final exams, Julie is hoping she will be able to take hers before she enters the hospital. During October and early November, Julie and her family consulted a number of specialists on the latest options available for the treatment of lymphoblastic leukemia.

"All of them were bleak," said Julie. "One option was to do nothing and live for one or two months. The second was chemotherapy, not as a cure, but just to sustain my life. The third consisted of a treatment using a series of first-phase drugs that are just now in the trial stage. And the fourth was a bone marrow transplant, which Dr. Yanovich told me would be one hundred percent fatal."

Julie and her doctor have agreed on a treatment that involves minimum use of two chemotherapy drugs over seven days. This, too, is a risk, but it is one Julie has decided to take. On the eighth day, Julie will receive a transfusion of her own healthy bone marrow previously harvested and stored at MCV for later use. If successful, her bone marrow will set up in her body without a long period of waiting for bone marrow cell counts to go up. During this time she will be on drugs for fevers and infections to avoid a recurrence of previous complications.

"Christmas is the only holiday we have yet to spend with Julie in the hospital," said Gena Silver. "It's the season for giving . . . Wouldn't a complete remission be a wonderful gift for Julie?"

"Dr. Yanovich asked me what I wanted," said Julie, "and I told him that I want to live, that I've just gotten married, and I have everything to live for. I feel deep in my heart that I will make it through this, I just don't know what will take place between the start and the finish.'

Julie Silver Mapes is a remarkable, courageous woman who wants quality of life; not just time on Earth. More importantly, she wants and needs the prayers and support of friends and fellow believers. Julie knows from experience that God doesn't take us by the hand and lead us around the difficult situations in life ... He leads us through them.

Author's Note: The above story is based on an interview granted early in November. On December 30, 1995, Julie returned to Heaven, but her strength and her courage will live forever in those she touched while here.

this, the goal of \$10,000 to construct the

For those wishing to have only one

Class of '96 Selects Senior Gift

Information provided by the 1996 Senior Gift Committee

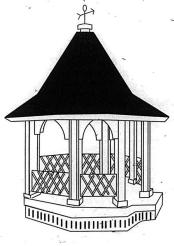
Dominique McLaughlin and Lisa Krashna-Wilson of the CNU Class of '96 Senior Gift Committee have announced plans to construct a gazebo on the campus as a gift to the University. During the fall semester, all prospective graduates were given the opportunity to vote on the project , and the majority of those voting decided on the gazebo as the project of choice. The committee members envision the Class of 1996 Gazebo as a focal point for the campus in the coming years.

Plans are to include a prominent bronze marker crediting the Graduating Class of 1996 with the project and listing all the donors' names.

The goal is to raise \$10,0000 to provide adequate money to finance the construction. A special part of the Class Gift program is an In Honor Listing, a publication to be distributed during graduation week. Everyone who contributes to the class gift will have the opportunity to "purchase" listings in the publication to pay tribute to people who have enhanced his her college career in a special way. It may parents, spouses,

grandparents, or favorite professors-

anyone the graduate wishes to acknowledge. The listing will be in booklet form.



Artist rendition of the Class of 1996 Senior Gift gazebo.

Class of '96 Class of 1996 Gazebo will be easily seniors will be. realized. asked to make a contribution listing, the gift level is \$50 with an option of \$96 to the to pay over a two-year period: \$25 by April class gift for and another \$25 by December 31, two listings. 1997. Graduates who wish to participate in This can be the class gift but do not wish to have an Inpaid by April 1 Honor Listing may contribute any amount by check or by by April 1. Their names will be listed as participating in the 1996 Class Gift. credit card OR it can be paid over the next three years --\$25 now; \$30 by December 31, 1997; and \$41 by

December 31,

1998. If every

senior

commits to

A 1 1

be mailed soon to all prospective graduates, and they will be called the second week of February by fellow students who will ask them to be a part of the project. The deadline for the first gift is no later

A letter about the 1996 Class gift will

than April 1 to allow time for publication of the booklet by graduation week.

For more information, call Norma Brown at 594-7805.

The Healthier Alternative

By Jessica Shumake Features Editor



Vegetarianism is a healthier alternative, a viable option and a path to restoring a maximum quality of life for-all. People are concerned with getting optimum performance from their bodies. Many will even go to extraneous lengths to avoid fat, sugar, grease and high calorie foods with lots of carbohydrates and little nutritional value. Making resolutions to lose weight and exercise are positive steps if you simultaneously reinforce positive affirmations and evaluate the best solution in obtaining an over-all healthier and happier frame of mind. This gradual progression comes about with a commitment to yourself to detoxify poisons from your system through

a health conscious regimen. Declaring your own will focused enough to concentrate on modifying your diet can subsequently break patterns of programmed past behavior that limit your flow of energy.

The fact is what doctors learn in school is centered largely on how to treat disease with drugs and surgery. Today's physician probably had a trifle more than one three hour seminar on nutrition during his or her medical school career. Even then the extraordinary health benefits of a vegetarian diet were more than likely hardly mentioned. The Physicians Committee for Responsible Medicine, a group of 3,000 Ph.D's came out in with the "New Four Food Groups." They are fruit, vegetables, whole grains, and legumes. Meat, poultry, fish, nuts, seeds, and oils have been termed "optional" and not considered a necessary part of maintaining a healthy balance.

Scientifically the anatomy of a

Scientifically the anatomy of a human being is not suited for animal consumption in any from. The human intestine is not simply physiologically designed to digest meat. Where a natural carnivore's

bowel is relatively short (3 times the length of its body) and smooth on the inside, a humans' bowel is 12 times the length of the body and deeply twisted and puckered. Having no fiber of its own, meat lingers its way inch by inch through the long convoluted human digestive tract at an incredibly delayed rate. Before it gets to the end of the large intestines it is toxic and putrid to the body.

According to Dr. T. Colin Campbell, one of the key researchers in The China Study, "In the next 10 to 15 years one of the things you're bound to hear is that animal protein ... is one of the most toxic nutrients of all that can be considered." Risk for disease goes up dramatically when even a little animal protein is added to the diet. Unlike fat and cholesterol, you cannot remove animal protein from flesh and dairy products. Time magazine even reported findings on heart disease and cholesterol that noted "in regions where meat is scarce, cardiovascular disease is unknown."

An animal-based diet is invariably

high in saturated fat, animal protein and cholesterol, which will raise the levels of cholesterol in the blood, the key warning signs for possible heart disease and stroke. Due to the meat centered diet of most American's these diseases account for nearly 50% of all deaths for citizens of the United States alone.

You will feel satisfied knowing that making this conceptual leap to vegetarianism is beneficial and a positive example to set for family members, friends and neighbors. Asserting the right to exercise your freedom of choice where the kinds of food you consume are involved can give you a real sense of accomplishment when it comes to sticking out your New Year's resolutions.

In 1996 start anew by ridding yourself of pollutants by further meat consumption. This resolution is not only self orientated like a commitment to lose weight but a revolutionary goal, in that your also healing the planet, liberating animals, and helping to eliminate the suffering of people in underdeveloped third world nations.

Astrology Alcove

By Jessica Shumake From the Ambient source

Capricorn

December 22 - January 19

Do not be restricted by self imposed limits, the possibilities for success are infinite. Resolve an inner conflict that is spilling into other aspects of your life. Plug the leak or get a towel. Happiness awaits for those who smile at falling bricks of fruit cake.

Aquarius

January 20 - February 18

Leaps and bounds of progress are to be made in interpersonal relations. A loved one may need a motivational glass of pure consciousness for your river of equanimity share and be revitalized. Stay clear of beings selling red leisure suits, in shopping apexes. There is a striking similarity between your leg in scarlet polyester and a fire hydrant.

Pisces

February 19 - March 20

Swim with the current or get pulled into the vacuum undertow of the abyss. Being the seeker of life's high points that a stream entrant such as yourself is know to be, do not flounder to far from the flow without a compass. The direction to beware of will leave you out of sync with your giddy gilled counterpan. You'll know when the lake is frozen to your partners heart.

Aries

March 21 - April 19

The cosmos is counting on you so ram challenges with fierce Criosphinx momentum. You are brimming over with energy that will help you to focus on the not so distant future. Be aware that your planning does not always pan out. Circular loops are hardly patierns to be reckoned witn, linear is limitless so aim for the aimless. Quirks and wrinkles make ticklish mice think twice before sampling cheese, that will get them something to whine about later.

Taurus

April 20 - May 20

If you are not going to budget for a bridge choose another road. When challenges arise contemplate your position before resigning to stand there in the snow. Now is the time to deliberate over a happening that has long since past. Rethinking an easonable strategy will lead you to greener pastures. Why not leave a few cow patties to keep the rest of the herd alert to just where they're stepping.

Gemin

May 21 - June 20

Without setting forth carefully planned preventive measures a reaction could mean satisfaction or double trouble. You can not blame it on your Doppleganger if you tag it with your trademark style. Become a invisible or own up to the deed, if you can do so without making a web that will entangle your butterfly. In other words truth is the proof.

Cancer

June 21 - July 22

If resolutions to do a 360 are rendering you more cantankerous than preforming the actions ever did, leave the peeve. Cash in effor spent on avoidance and you'll progress in no time. If you can not let it be climb a tree to get an objective idea of a method that you have yet to exhaust. Creative ideas and inspiration come from a fellow crustacean if you do not let lofty idealism curtail-helpful advice.

Leo

July 23 - August 22

Zion is not an option for you so maintain vigilance least the foxes of cowardice will suffice in your plight to keep prosperity in plenty. Analytical rationalism is more productive than pouncing on a seemingly feisty conclusion that will only leave you in the shadows and grasping for straws. See the enigma in a realistic light. The lamb does not consider conflict worth the risk, follow the wooly one's example and you can ba your way to the top of mount Kilomanjaro.

Virgo

August 23 - September 22

Settle the score by turning the other cheek. You'll send the competition running like fugitives. Satisfy your reputation's persona by redirecting negativity into a positive channel. Shedding light on those with spite puts you in the right. Your vertigo will thank-you and your equilibrium will be in harmony.

Libra

September 23 - October 22

Tipping t he scales with an overloaded schedule to make-up for mismanaged time will leave your mind deranged and your body short changed. Readjusting priorities with careful examination of long term goals toward providence and purpose always out weigh momentary pleasure modes. How about giving seniority to ideas that are judgement free. Reflect on the projection of where you want to be go ahead and ski:

Scorpio

October 23 - November 21

Using deductive reasoning, the statistics point to the fact that your eyes will eveal stone cold half truths. The probability that you need to set your sites higher in the future is more than conjecture. In future endeavors the results of a bungled gossip could end up causing you to drown in your sorrows without an raft. To maintain an ordeed outlook, effort to reach the shore of contentment must be made. This is a journey that you can expect to go smoothly with persistent cultivation of what you heart finds the most comfort in.

Sagittarius

November 22 - December 21

Aim to surpass past milestone achievements and mark your improvements with your previous personal best. With drive you are surely ready for the arrow to traverse into the finite without regress. A bolt bright flash of insight gives inspiration and a new perspective on the absurdity of assuming that bliss comes in only one flavor. The

Pitts-

burgh

Stocks,

and

came o n e right

Another could've... ...That couldn't

By Eric Pesola Staff Writer

After waiting all year for the NFL to start its annual playoff derby, it has ended seemingly as soon as it had begun.

The country oohed and ashed over the Detroit Lions and the Kansas City Chiefs, until their untested quarterbacks self-destructed. The bettering community as a whole nearly died after the Green Bay Packers upset the reigning champion San Francisco 49er's. All that is well and good, but the real story of this year's NFL playoffs is the Indianapolis Colts.

Bears, was finished. It looked as if Jim The Colts were the little team who shouldn't have. They defied the odds Harbaugh's career was also over after and captivated a league, and the entire the Bears cut him after the 1993 seacountry. Just a few years back, in 1991, son. But the Colts gave him another chance, and he ran with it, becoming a lone kicker playing for the Washingthe No. 1 rated quarterback in the NFL, ton Redskins outscored the entire Colts team... by himself. The Colts were the and even gamering several league MVP laughing stock of the NFL, and they votes. "Captain Comeback" needed some definite changes. is Harbaugh's new name, and he ran his team all the Owner Robert Usury brought in Ted Marchibroda, way into the AFC Championship Game. whose brainy style of coaching Colts earned him refaced t h e spect across the league. draft i n g smarter. They ended the days of wasting their Number One Draft Picks the Super on the likes of Steve Entman, and other Bowl. The expensive busts. Instead, they picked flashy running Quentin Coryatt and Marshall Faulk, who immediately made an impact on

hated to admit it, they were winning big. But, the team needed one more person, a spark plug to fire off the rest of their powerful offense. That person was Jim Harbaugh.

the Colt's squad. The team started win-

ning, and as much as draft day experts

Harbaugh could've been another addition to the NFL quarterback graveyard, which included Billy Joe Tolliver, Bobby Hebert and countless others who regretted making that one play that pushed them over the edge ... and out of the NFL.

While Harbaugh played in Chicago, he made the play that should've ended his career. In 1992, he audibled in a game against the Minnesota Vikings, and was intercepted. When he threw the interception, the Bears were up 20-0. After it, the Bears lost the game to the Vikings 21-20, and the went on to finish 6-10 for the season.

Mike Ditka, legendary coach of the

quarterback/wide receiver/punter, Kordell Stewart, stepped out of bounds on a critical touchdown play. Perhaps, if the Referees were paying attention to the play instead of watching those funny beer commercials on the jumbo-tron, we would be seeing the Indianapolis Colts get pummeled by the Dallas Cow-

The Super Bowl will be another super-blowout, and the NFC will retain its winning streak.

boys instead of Pittsburgh.

Good luck to the Steelers against the evil, arrogant, cheap blocking Dallas Cowboys. Hopefully, the Steelers will revert back to their old 1970's ways when they ate teams like Dallas for lunch. It would be nice to see Michael Irvin get beaten into the ground instead of seeing him beating his chest.

Perhaps Pittsburgh will win. But, only if Emmit Smith-forgets how to run, Erik Williams decides that clean blocking is more sportsmanlike because chop-blocking just isn't nice and if Deion Sanders forgets how to dance.

car extra in

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There are also other staff positions available including Assistant Arts & Entertainment Editor, Assistant Photography Editor, Arts & Entertainment writers and critics, Sports writers, Features writers, News writers, staff photographers and many other interesting positions.



Captains commanding the courts Ranked #1 in region; 9th in nation

By Kris Van Duesen Staff Writer

Heading for one of their best season's ever, the CNU Men's Basketball team is not only tops in the Dixie Conference but they are No. 1 in the region and ranked ninth nationally among Division III schools.

The Captains are running with an 11-2 overall record, 2-0 in the Dixie Conference. One of those losses came against Division II Virginia State, the other was a disappointing overtime loss to Goucher.

The team's five starters, Andre Bolton, Terry Thomas, Jeff McLean, Matt Bryant and David Powell average double digit scoring per game with Bolton leading in that department averaging 15.4. Bolton also leads in steals (2.9) and assists (9.6). If he increases his assist count he could end the year with a double-double in steals and scoring.

Thomas leads the team in rebounds per game (8.6) and blocked shots (2.9).

Powell is the team's best 3-point field goal shooter having made 39, shooting 46.2 percent.

McLean leads the team in dunking over players.

Play from the bench has been strong this year. Jamaal Branch came off the bench to lead the Captains in scoring (19) in their 90-81 victory over Shenandoah on Jan. 14.

The Captains have just finished up a week long break before a 30 day 11 game stretch featuring 10 Dixie Conference match-ups.



Photos by Robert Harris

Top right: Tony Wood against Mary Washington College. Above: Leema Madden practices her technique. Below: Left to right - Melodie Doughty, Leema Madden and Cynthia Allen celebrate. Bottom left: Misty Hart against N.C. Wesleyan.





Track Team off and running... Two great showings to kick off '95-'96 season

The Captains are off to a good start after two successful meets to kick off their 1995-1996 season.

At the VMI Invitational on Dec. 9, Clyde Lewis won the 200 meters in 22.5 and placed second in the 400- with 5:01. Jason Smith was third in the 800- with 2:01. Calvin Bunch took fourth in the 200- in 23.2 and sixth in the 55- with 6.59. The 1600relay team placed third with 3:27.6.

The VMI Invitational was followed by a great showing at the East Coast Invitational in Richmond on Jan. 13.

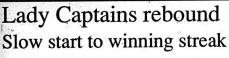
For the Women's team, Leema Madden, participating on both the track and basketball teams, earned a provisional NCAA qualifying time in the 55- with the winning time of 7.34. Bridgett Cochran won the 55meter hurdles in 8.85 and Nicole Horn captured the mile 6.01.

In the Men's team, Bunch also earned a provisional NCAA qualifier in the 55-with a 6.47 time. Lewis won the 500-with 1:08.01 and Smith took the 1000- in 2:48.2. The mile relay team of Chris Harper, Bunch, Lewis and Smith won with a time of 3:47.8 followed closely by CNU's No. 2 mile relay team in second with 3:49.1.

Information provided by the Office of the Sports Information Director

Help Wanted

Earn an extra \$250 by helping the CNU softball team. Team manager needed to keep score and assist with managerial duties. Contact Coach Weiss in Room 106 of Ratcliffe Gym or call 594-7352.



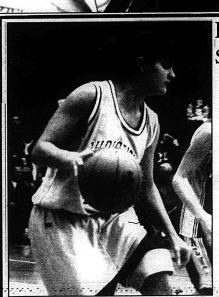
By Kris Van Duesen Staff Writer

Even though the CNU Women's Basketball Team began the first half of their season losing 7 of 10 games, they have recently won three straight and sit on top of the Dixie Conference. They are 2-0 against Dixie opponents and 6-7 overall.

Despite a losing record the Lady Captains are averaging more points per game than their opponents (71.4-69.7). Misty Hart is leading in scores (10.7) and assists (7.7). Keisha Joseph leads in blocked shots, averaging two per game. She also leads the team in shooting percentage (,485). Leema Madden leads in steals per game (2.7) with Tina Martin not far behind (2.3). Dana Edwards is first on the team in 3-point goals (23) with a .307 shooting percentage.

ODU transfer student, Misty Hart, against North Carolina Wesleyan on Jan. 10.

Photo by Robert Harris



The Virginia Symphony

opens its "Neighborhood"

Rave Reviews

By Liz MacGahan

403 Duke of Gloucester, in Merchant Square in Williamsburg

tel. 229-8610

open for lunch from 11:30 a.m. -3 p.m., for desserts from 3 p.m. - 5 p.m., and for dinner from 5:30 p.m. - 9:30 p.m. This schedule is seven days a week, except that there is no dinner session on Sundays in January.

Beer, wine, full bar, coffees

It's cold outside! The holiday season is still dragging its tail through Colonial Williamsburg, and there is even a touch of snow on the ground there. At least, it's still possible to imagine snow. The financial aid checks are in, some of us may have a little extra holiday cash from the folks, maybe just a little extra leftover good cheer for before classes get too down and dirty. Whatever the reason, it's the season for a fancy dinner in Williamsburg, and the Trellis is definitely the way to go.

Sometimes a starving student likes to be fed like visiting royalty. The Trellis offers amazing food and flawless, truly elegant service at an astonishingly reasonable price. The true bargains are the lunch and cafe menus. Lunch is served at lunch time; 'cafe' happens at the same time as dinner, but in a different tastefully cozy dining room. Similar fare is available for both. Open the menu and browse. If you are -

normally a big eater, don't be discouraged by the words 'soup', 'salad', and 'sandwich'. Chef Marcel De Saulnier and his crew understand very well that there is no

good reason in the world to eat Campbell's soup and iceberg lettuce. Try a hearty, flavorful, filling winter chowder. There are plenty of good reasons for varying the menu from season to season, and the chowders are one.

choices

Salads are terrific at the Trellis. They vary daily, depending on what is fresh and appropriate for the rest of the menu. On every visit my companion and I were served something wholly different, but always with many different kinds of tender greens, unusual surprises like cold wild rice or mandarin orange pieces, and with a light splash of dressing that falls far from the 'ranch or thousand island category'. Plus a huge pile of fresh baked bread on the side. What more do you want?

More food, that's what, if we're still looking to feed a starying tummy on a student's budget, there are

two obvious choices: savory cheesecakes or burgers. There is usually at least one cheesecake on the menu, and one as a special. They aren't the sugary dessert kind, but instead a huge slice of light yet rich wonderfulness. Some-

they involve meat flavorings, sometimes vegetarian. they alwavs include plenty of vegetables a n d mushrooms. They can be purchased as part

package deal with soup and salad, for example. Do that. Here's my all important tip: if the Trellis wants to sell you a full meal, take it. It is always worthwhile

More food, that's what. If we're still looking to feed a starv-

As for burgers, well, remember

with thick, gooey chocolate, and then

more chocolate hidden wherever it fits.

One of them weighs an entire pound.

ing tummy on a student's budget, there are two obvious

That's a pound a slice, folks. Bring a friend or two.

Finally, don't forget dinner. A luxurious, fabulously delicious meal for two accompanied by truly classy service can be had for about \$60. If that

> in your tracks, then go for it. Remember my very important tip: whenever the Trellis tries to sell you a complete meal, take it. The menu varies like the tides. They do grilling very well, never too dry. But notice that they offer daily specials and daily special menu packages. On my last visit I ordered their winter dinner. Midway through my flaky, juicy grilled salmon with shiitake

mushrooms and saffron broth, I was ready to pack my bags and move in. And then they brought out the rest of the stuff that came with it. For those who are feeling really plush, allow a

> member of the exquisitely qualified wait staff to recommend a wine. Or just remember that the \$16 bottle of Georges DeBoeuf

beaujolais is as good a deal out on the town as it is in the grocery store. Enjoy, it's quite a

Concert Series with a program to involve the entire doesn't stop you family. The series will be held in locations throughout Hampton Roads in Virginia Beach, Hampton, and Portsmouth. All concerts begin at 2:30 p.m. and performances are January 21 at the Pavilion Theatre, January 27 in Hampton, March 23 in Virginia Beach, and May 12 at Willett Hall in Portsmouth. The program features

music such as Copeland's "Shaker Melody" and "Hoedown," Tchaikovsky's No. 4," "Symphony Beethoven's "Turkish March," and Sousa's "Liberty Bell March."

Each concert is fifty minutes in length and is appropriate for families with elementary and middle school children.

Ticket prices for the 'Neighborhood" Concert Series are \$3. To reserve your tickets call the Virginia Symphony Ticket Store at (804) 623-2310.

where the Burgermeister cookbook night out. comes from. These aren't McDonald's by a long shot. Huge, juicy, and available at rarer-than-incinerated, they are a delight. The meat is smoother than grocery store ground, perhaps just ground a little finer. There are spices worked in and they are topped with fresh, crunchy trimmings and warm, soft, homemade buns. Of course, saving room for dessert isn't a bad idea, as the Trellis is the home of Death by Chocolate. They aren't kidding--if I ate one of these daily I wouldn't live to graduate. They call it a piece of cake, but I believe they do it out of modesty. It involves the combination of seven layers interspersed

18 Drilling tools 19 Injections 20 Cornered 22 Meetings

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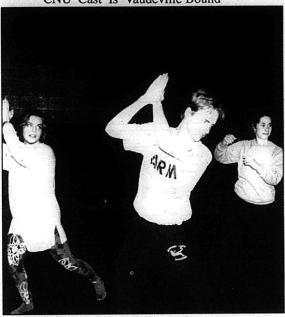
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CHICAGO

CNU Cast Is Vaudeville Bound



Brian Hampton, Assistant Choreographer instructs dancers Sarah White, left and Aurelie Clement, right.

Photo By Robert Harris

Vaudeville is coming to CNU in the production of Chicago, under the direction of professor George Hillow. On March 1,2, and 3 CNU audiences will be swept back to the roaring 20's and the birth of the American tabloid newspaper craze. Singers, dancers, actors, and musicians have been cast for the production and rehearsals began with the new semester on Monday, January 15. Players are hard at work every evening from 6:00 to 10:00 p.m. preparing for the musical extravaganza.

Chicago was directed on Broadway by Bob Fosse and was created by the writers of Cabaret. Chicago's villainess characters, on death row for the murder of their mates, tap dance their way into newspaper headlines.

CNU's production is under the musical direction of Dr. Jennifer Barker

Spirit of the Motherland

CNU Professor's Art on Display at Peninsula Fine Arts Center African American Exhibit

CNU art professor Greg Henry's Magic In the Yard is on view at Peninsula Fina Arts Center from January 20 through March 3, 1996. Henry's mixed media sculptures and vibrant paintings make frequent reference to his childhood on a farm in Guyana, South America. His favorite subjects, often those of animals such as chickens and cows, are depicted with a pure abstraction. Henry recently published the children's book, Chickens, Chickens.

Henry's work is on display in addition to Spirit of the Motherland, an Africian American art display from the Virginia Museum of Fine Arts. The exhibition opened on January 20 and is on view through May 5, 1996. Spirit of the Motherland contains over fifty masterworks of African art, including sculpture, masks, fabrics, and jewelry. From a multi-colored full length Enguingun mask, used in ceremonia the honoring the ancestors, to a poignant sculpture of a mother holding her sick child, visitors will learn about the spiritual traditions and daily life of many diverse cultures in Sub-Saharan Africa.

According to the Virginia Museum Curator of African Art, Richard Woodward, the art in Spirit of the Motherland is "used in community ceremonies and celebrations, symbolizes authority, teaches moral lessons and expresses relationships between the living and their ancestors."

The exhibit includes such objects as an Asante linguist's staff, a Chi-Wara mask from the Bamana people of Mali, and

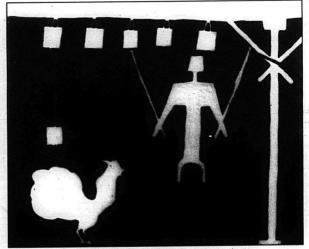
the elaborate metalwork of the Maasai culture. Visitors will discover the worlds of the Igbo, Bamana and Asante cultures, among many others, enjoying the beauty and significance of the ritual objects of African life.

In addition to the works on display a colorful gallery guide, informative wall panels and a series of videotapes showing the various cultures of West Africa and the art, are available. An interactive computer program will allow visitors to further explore the art in relation to the life of West Africa. Education programs, such as lectures, performances and workshops will be offered through the duration of the exhibition.

Candace Hundley's Inner Visions is on view through March 3. Hundley is a Newport News native and a Menchville High School graduate. A skilled printmaker, painter, and dancer, Hundley is engaged in both the visual and the performing arts. Her love of African traditions in dance is echoed in the expressive and colorful lines of her prints and paintings. She currently resides in New Jersey where she is chief choreographer and Director of The Seventh Principle Performance Company and professor of art at Columbia University.

Spirit of the Motherland is sponsored in part by CNU's Office of Minority Student Affairs. The Peninsula Fine Arts Center is located at 101 Museum Drive in Newport News, within the Mariner's Museum. Gallery Hours are Monday through Saturday from 10:00 a.m. to 5:00 p.m. and Sunday from 1:00 p.m. to 5:00 p.m. Admission and parking are free. Call 596 8175 for more information.





Greg Henry's Magic In the Yard Photo Courtesy of PFAC

Dumb, Dumber Dumbest ... and Tust plain Stupid!



























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Services

Is it essential that you pass ACCT 201 this semester? Call J.l. Brown for individual tutoring for ACCT 201. Holds A.S. degree. Currently a senior in Business at CNU. Only \$10 per one full 60 min. hour. Call 881-1274.

Housing

Roommate wanted to share 2BR, 2BA apartment in The Harbours. \$ 285 per month plus 1/2 utilities. Straight male, non-smoker. Call 591-2753.

Announcements

Rush Alpha Kappa Si!! Come check out the best, the only National Co-ed Business Fraternity

o. CNU campus. CC-Breezeway Jan. 15-19 & 22-23.

VW lover, I'm sorry to say that Mr. Butcher is involved with someone else. I know he's special, but as they say, "There are other fish in the sea." Dust off those oars and get them wet.

Sunshine

Scott B: Hablo Espanol; Phil: What's the song for today; Kato: We are pulling each others hair out fighting over you; Wes: Stop flirting with the Teacher's Aides.

Hootie

I am Josh Webb. Worship me. Worship me.

Congratulations!!!!

The staff of The Captain's Log send best wishes to copy editor Liz MacGahan and her husband Aengus on the birth of their son, Adoh Bertrand Channon. Born Thursday, January 18, 1996 at 1:12 pm, Adoh weighed in at 8 lbs. 11oz. Mom, Dad, baby and big sister, Ashlin, are all doing well.