REACHING SEASON'S END

Men's March not so maddening

Newport play 'leaves the harbor' PAGE B1

Frat men fight for 'god' title MEEB2

THE CAPTAIN'S LOG

THE OFFICIAL STUDENT NEWSPAPER OF CHRISTOPHER NEWPORT UNIVERSITY | APRIL 4, 2007 | VOLUME 38 ISSUE 22

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NEWS

Chinese language classes introduced for fall semester

BY CHANELLE LAYMAN C H A N E L L E . LAYMAN.04@CNU.EDU

The Department of Modern and Classical Languages will offer a Chinese program beginning this fall. The program will initially consist of a 101-102 sequence for the first year, followed by a 201-202 sequence in the 2008-2009 academic

To teach and develop the Chinese program, CNU has hired Dr. Liping Liu, a Chinese native. Liu earned her M.A. in Foreign Language Teaching Methodology from Beijing Normal University, the premiere teacher's university in China. She then went on to earn her MA in Liberal Studies from Dartmouth College and her Doctorate of **Education from Harvard** University.

Liu will teach students "pinyin," a written form of Chinese that uses the Latin alphabet. In addition, students will learn basic speaking, reading and typing skills. "Many people believe the rumor that Chinese is very difficult to learn. It's really very easy," assured Liu.

After students complete the sequence, Liu hopes to take students to China on a study abroad trip. "After two years in the program, students will be able to perform basic communication in Chinese," said Liu.

Chinese 101 will be offered Mondays; Wednesdays and Fridays at 10 a.m. and 11 a.m. ■

INSIDE

'Sun smarts' can prevent something

Getting that sun-bronzed glow is extremely important to many people, whether soaking up rays at the pool or the beach or turning to self-tanners and tanning booths.

FOOD + HEALTH, A6

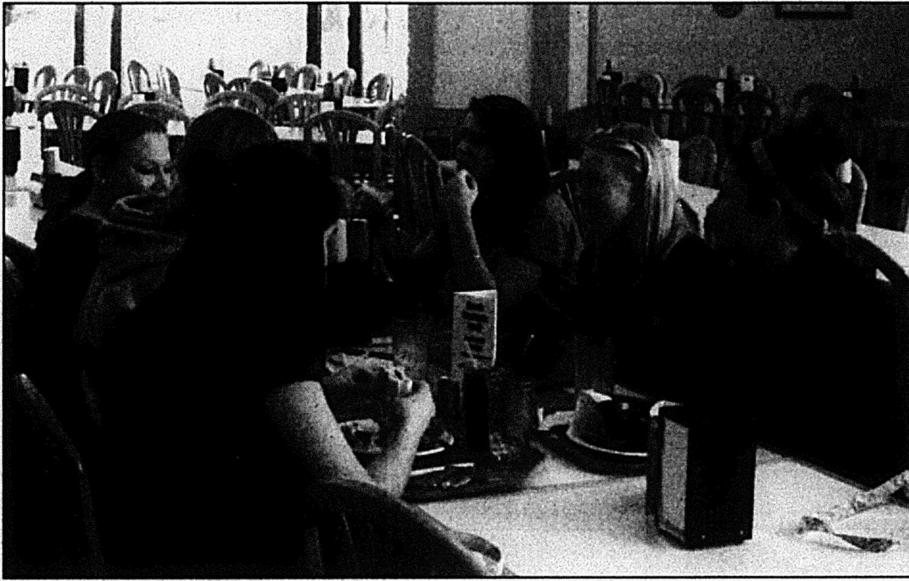
UWM has problems off campus

As president of a neighborhood association near the University of Wisconsin-Milwaukee, Kay Baldwin has heard a litany of complaints about student behavior off-campus.

WORLD + NATION, A7

INDEX

| B1 |
|-----|
| A2 |
| A4 |
| -A2 |
| A6 |
| A4 |
| A5 |
| A2 |
| B3 |
| A7 |
| |



KAREN HYNES/THE CAPTAIN'S LOG

Students enjoy lunch at Hiden-Hussey Commons, while tables surrounding them remain empty.

Strategy for Commons

GETTING ON PAR | Commons will rely on student feedback to make improvements.

BY SHANNON HUMPHREY
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In response to dwindling numbers at the Hiden-Hussey Commons this past academic year, CNU's Dining Services has defined specific plans to get the Commons on par with Regatta's. Officials said that student opinion is a must-have to facilitate progress, so a primarily student-led dining task force is in the works to provide needed feedback.

For Kevin Ososkie, director of dining services, the key to increasing numbers lies in making the Commons an entirely different dining facility from Regat-

ta's. Ososkie and Nancy Williams, executive director of dining and culinary services, are meeting regularly with plans to thwart the decreased dinner numbers at the Commons. The future of the Commons, they say, rests significantly on the development and subsequent ideas for improvement that will come as a result of the student dining committee. Williams has been in contact with Residence Hall Association President, junior Kyle Chandler, for assistance with student recruitment for the committee.

Chandler, she said, is liams will be surveying the confident he knows six to students during meal hours. seven students who might. She hopes this will give her

be interested. Williams plans for the first committee meeting to take place in early April.

Within the SGA, the dining services committee, chaired by sophomore Joe Hamm, seeks to obtain student opinion and support for improvements to the Commons. At Monday's SGA meeting, Hamm said the committee is working closely with Williams to relay student opinions and determine feasible solutions to the attendance problem at the Commons.

Williams said she plans on talking with the customers one-on-one, and perhaps establishing a secret-shopper program. During the second week of April, Williams will be surveying the students during meal hours.

firsthand insight into what the students want.

The answers to these questions will serve to develop new ideas for the Commons. "We will test and work through these new ideas during the summer months and have them ready for students when we open in the fall," said Williams.

Acting on these new ideas, especially those voiced by Williams over the past few weeks will depend on the formation of a student dining committee, Ososkie said. Once formed, positive changes to the Commons will come from the members' feedback and subsequent surveys, he said. The timetable for much of these new plans

SEE DINING, PAGE A8

First 'wet' event set, ready for festivities

BY CHRIS MCCRACKEN
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On April 1, the university's newly revised policy went into effect with President Paul Trible, Jr.'s review and approval of the Alcohol Task Force's formal proposal. Most notably, clubs and organizations are now able to host events on campus with alcohol served by CNU Catering. Sigma Phi Epsilon Fraternity will be the first to take advantage of the new policy. The group holds its spring formal this Saturday, and members have been given risk-management training to prepare for the occasion.

As of Monday, Sig Ep is the only organization holding such an event this semester.

"So far this is the only one on the books," said Kim Roeder, director of student activities. Roeder must approve all student-proposed alcohol events.

This formal, said Roeder, will be a test for all future alcohol events. "Sig Ep is our trial run. They might just come in and have a drink with dinner," she said. "I don't anticipate any difficulties."

To secure their event before the end of the spring semester, Roeder said that Sig Ep petitioned to have alcohol at their formal prior to Trible's confirmation of the new alcohol policy.

"This event was planned without the decision being made," said Roeder. If the proposal had not been passed, she said, the event would have taken place, just without alcoholic beverages. "The event had to be put together pretty quickly," said Roeder.

The risk-management training for this formal occurred on April 2. There, Sig Ep

SEE ATF, PAGE A8

Class of '08 aims to meet record goals

CLASS GIFT | They may raise \$16,000; students can vote for one of three gift options.

BY REGINA CERIMELE
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Since their entrance as freshmen, the Class of 2008 Executive Board planned to leave a special mark on CNU. Their original goal, as written in their constitution, promised to raise \$200 a semester towards their senior class gift. Their goal, to raise \$1,000 more than any other class, may soon be realized. Though the students originally looked to use the money for scholarship endowments and other monetary donations to the university, conversations with classmates lead to a change in

Junior Class President Todd
Shockley said students wished
for them to give something
tangible to the university. The
E-Board hopes to double the
amounts raised by any classes
before, totaling somewhere

around \$16,000.

Also unique from previous classes, the Class of 2008 wants their fellow classmates to have the opportunity to directly vote on how money will be spent. Three prospec-

tive ideas will be available to juniors. These options include a decorative entrance to Pomoco Stadium, a contribution towards the Ferguson Center Garden of the Arts, and an outdoor study area dedicated to the Class of 2008.

The class council initially tried speaking to students directly about prospective gift ideas, though no clear ideas were expressed. It was primarily through conversations with Kim Roeder, director of student activities, said Public Relations Co-Chair, Bekah Garton, that the three final gift ideas were established.

If they raise more money than needed, funds will be donated to the Class of 2006, who are currently \$2,000 short of their goal of purchasing a clock tower to be donated to CNU. Voting will take place over the next few weeks, with tear-out ballots available in The Captain's Log, as well as in the David Student Union Street where E-Board members will sit at tables. By April 18, said Shockley, the decision

SEE GIFT, PAGE A2

(TEAR ME OUT)

CLASS OF '08 GIFT BALLOT

NAME:

STUDENT ID:

(BALLOT WILL NOT BE COUNTED IF NOT COMPLETED)

☐ DECORATIVE ENTRANCE

TO THE POMOCO STADIUM

HELP CONSTRUCT THE FERGUSON

"GARDEN OF THE ARTS"

DBENCHES ON CAMPUS DEDICATED
TO THE CLASS OF 2008

*IF EXTRA FUNDS ARE RAISED MONEY WILL BE DO-NATED TO THE CLOCK TOWER. WHICH WAS THE GIFT STARTED BY THE CLASS OF 2006.

*CLASS OF '08 REPS WILL BE COLLECTING BALLOTS IN THE DSU STREET APRIL 4-11 OR YOU CAN PUT THEM IN A BOX AT THE INFORMATION DESK IN THE DSU.

THE WEEK APRIL

wednesday

- 3-4pm Dr. James Rossmanith, Gosnold 202
- 5:30 p.m. Great Books: Plato's Apology, Library Services 214
- 6 p.m. Actus Fiedi Q&A; Music and Theatre Hall
- 6-9 p.m. Project Bluelight; DSU Ballroom
- 7 p.m. CNU Anime Club;
- Gosnold 101 7 p.m. - R.A. Cromwell;
- Gaines Theatre 9 p.m. - Invisible Children. Anderson Auditorium
- thursday 11a.m. - 1 p.m. - Special
- Education Needs Dollars; YorkLawn

12:15 p.m. — The Captain's

7 p.m. — Homegrown, DSU

8 p.m. - TheatreCNU: Actus

Fidei, Music and Theatre

8-10 p.m. - MSA: Bounce,

Peninsula Family Skating

Rock, Skate, or Roll;

Cure; Great Lawn

Patio

Center

Log Critique, Ratcliffe 106 Gaines Lobby 8 p.m. — TheatreCNU: Actus 4-7p.m. — Concert for the Fidei; Music and Theatre

7 p.m. - CAB Movie: Casino

Royale, Gaines Theatre

(Following the movie),

9p.m. - Casino Night

- saturday
- 7 p.m. CAB Movie: Casino Royale, Gaines Theatre
- 8 p.m. TheatreCNU: Actus Fidei, Music and Theatre
- 2-4 p.m. Until There's a Cure for Diabetes; SC 150 (Alumni Room)

sunday

- 11:30 p.m. Protestant Worship Service, SC 150 (Alumni Room)
- 7 p.m. The Captain's Log Staff Meeting, DSU 393

monday

- 5 p.m. Club Sandwiches not Seals!; Gaines Theatre 530 p.m. - SGA Meeting, SC
- 150 (Alumni Room) 7 p.m. — CNU Anime Club; Sosnold 101
- 730 p.m. Virginia 21; DSU TV Room

tuesday

- 8 p.m. Fellowship of Christian Athletes (FCA); Freeman Center, President's
- 10 p.m. Citizens of the World meeting: James River Multipurpose Room

WEDNESDAY, APRIL 4, 2007 | PAGE A2

On campus

LDSP 220 students present 'Project Gadfly' events

Freshmen students in two of the Leadership 220 classes are hosting a number of events on campus, collectively called "Project Gadfly." Each group of students is putting on a different individual event. They started yesterday with "Animal Awareness," which took place on the Great Lawn from 11 a.m. 2 p.m. Tonight from 6-9 p.m. in the DSU Ballroom will be "Project Bluelight" followed by a screening of "Invisible Children" at 9 p.m. in Anderson Auditorium and later moving to the Great Lawn. Thursday will include "Special Education Needs Dollars" from 11a.m.1 p.m. on the York River Lawn" and "Concert for a Cure" from 4.7 p.m. on the Great Lawn. "Until There's a Cure for Diabetes" will be on Saturday from 2-4 p.m. in the Alumni Room and later moving to the Great Lawn. On Monday, there will be "Club Sandwiches Not Seals" at 5 p.m. in Gaines Theatre. Thursday will conclude the events with "Justice for Java" at 7 p.m. in McMurran 102.

Broken Bread meal to raise awareness about AIDS

The first Broken Bread meal at CNU will take place on April 11 fcom 4-7 p.m. A coalition of students will put on the event to raise awareness on campus about the AIDS epidemic in Africa. The participants will donate the money they would have spent on dinner and instead eat a meal of corn meal and soy porridge, similar to the one eaten by people in Africa affected by AIDS. One in 20 people will be wearing orange shirts that say "ORPHAN" to show the number of African children who are orphans of the epidemic. The money raised will be donated directly to a non-profit organization in Kanengo, Malawi that works with AIDS orphans. Organizations are welcome to set up tables at the event and everyone is welcome to participate.

Around town

Local news station WAVY-TV wins Murrow Award

WAVY-TV, a local news station and NBC affiliate, recently won an award for their news coverage. The Edward R. Murrow Award was presented to WAVY-TV in the category of "Best News Story" Specifically, cameraman Aaron Kurtz and reporter Patty Culhane were recognized for the series "Lebanon Evacuations." The series covered local military personnel who were trying to offer relief to people harmed by violence in Lebanon and provide a safe way to get Americans out of the country. The Radio-Television News Directors Association grants the Murrow Award and has been giving it since 1971.

Mating animals begins to make driving dangerous

With the temperature getting warmer, more animals, including raccoons, skunks, opossums, and rabbits, have been coming out to mate. They'll often travel miles to complete this task, which includes crossing the road. active around this time of year because the temperature is ideal. Rabbits,

The mating season increases road kill amounts. There have been 152 dead animals picked up by Newport News Animal Services since January 1 — 52 cats, 25 opossums, 19 raccoons, 13 squirrels, and 12 dogs. Wildlife is more raccoons, opossums and skunks will most likely be out at night looking for their mates, but might make appearances during the day to look for food

Police blotter

CNU Police Crime Log

April 2

An individual threw Fireworks at an occupied vehicle in Warwick River

April 1

An individual was charged with underage possession of alcohol in Potomac North.

March 31

An individual was charged with underage possession of alcohol and contributing to delinquency of a minor in York River.

An individual was charged with drunkenness in public and disorderly conduct in Potomac

Hall.

March 29 Abicycle was stolen

at the David Student

March 26

An individual was charged with

underage possession of alcohol and drug paraphernalia in Santoro Hall

Information from CNU Police Department

Newport News Crime April 2

Avehicle left the scene of an accident on Meredith Way.

March 31

A missing person was reported on Timberneck Lane.

March 30

Avehicle left the scene of an accident on Jefferson Avenue and Oyster Point Road.

March 29

An individual was assaulted on River Bend Court. No injuries were reported.

March 28

Money was stolen on Jefferson Avenue.

An individual was charged with malicious wounding on Coral Court

March 27

An individual was robbed and assaulted on Suite Life Circle Internal injuries were reported.

March 26

An individual was assaulted on Jefferson Avenue. Minor injuries were reported.

Information from Newport News Police

GIFT, FROM PAGE A1

will be announced where the

money will be spent. The E-Board he said, will then diligently begin fundraising, reaching out to students, alumni, as well as businesses in community for donations.

"We don't want to such people dry on campus," said Garton.

Ideally, the board would wish to have the specifics of the gift implemented before their graduation, he said. Deal is to leave the campus better than we found it. "I think we were motivated by the lack of motivation by classes before us."

Garton said she is personally a fan of money going to Garden of the Arts, though she would be happy with any decision that is made. Football frequently gets attention, she said, although not enough attention is going to the

Garden right now. Whichever way it turns out,

I will be happy. A lot of people, said Garton, have been asking about the class gift, and seem interested in voting. The Class Council, said Garton, had been worried that people wouldn't take voting seriously. It's important, she said, to have an opinion on what's left behind. "It says something about our class."

SUPERSHOT



RYAN BURKE/THE CAPTAIN'S LOG

A woman releases a kite during the Kite Festival in Washington D.C. on Sat., March 31. The festival, a part of the Cherry Blossom Festival held every year to coincide with the blooming of the cherry trees, was attended by thousands.

Want to see your shot published? To contribute a photo for "Supershot," send the attached file (in .psd or .jpg format) with your name and class status. Please include in the body of the e-mail information about the picture, including who or what is pictured, when the photo was taken and any other pertinent information. Send to: clogphotos@cnu.edu

Names in the news

'SWEET' JESUS EXHIBIT PROTESTED, CANCELED

A planned Holy Week exhibit of a life-size sculpture of Jesus, made entirely in chocolate. was canceled Friday after complaints. Bill Donohue of the Catholic League said it was "one of the worst assaults on Christian sensibilities ever." while Cardinal Edward Egan of the Archdiocese of New York called the work "a sickening display."

Called "My Sweet Lord," Cosimo Cavallaro's sculpture, nude and anatomically correct, was to show in the Lab Gallery in Manhattan's Roger Smith Hotel; it was hotel management who decided to nix the exhibit.

WAHLBERG RECRUITED FOR SHYAMALAN FILM

M. Night Shyamalan, you see R2-D2 on your corner: created in 1967.

whose last picture, "Lady in the Water," received mixed reviews, has recruited Mark Wahlberg for his next suspense film, "The Happening." USA Today says 20th Century Fox will release the thriller

June 13, 2008. The film is about a science teacher (Wahlberg) and his family who are fleeing an apocalyptic threat to humans.

Production is set to begin in August in Philadelphia.

STAR WARS STAMPS **COMING TO THIS GALAXY**

The Postal Service has introduced a set of 15 firstclass stamps bearing the likenesses of "Star Wars" characters, including Han Solo, Luke Skywalker, Yoda, Darth Vader, Princess Leia, Obi-Wan Kehobi and Boba Fett.

remade 400 mailboxes around the country as the cutie-pie robot for publicity.

The Postal Service have also

NEW 'FACE OF MAYTAG' INTRODUCED

Congratulations to Clay Jackson of Richmond, Va., for winning the coveted advertising-acting position of the Maytag Repairman, the new "face of Maytag."

The MR dude's whole shtick was that he did "nothing, because Maytag-brand products are supposed to be so super good, they'd never need servicing."

Maytag assures the world that Jackson, 33, a real-estate agent who says he decided to try out for the job "on a whim," will be a snappier, hipper, sportier version of And don't be alarmed if the old repairman, who was

"The new Maytag Repairman will help revitalize the Maytag brand," marketing VP Jeff Davidoff said. "Clay is perfect for our new take on the role. He's energetic, young-at-heart and outgoing while still being dependable."

WAR BETWEEN 'VIEW' COHOSTS REFUTED

Elisabeth Hasselbeck, 29, finds herself squirming to get out from under rumors that she and her "View" co-host, Rosie O'Donnell, are mortal enemies intent on waging war against each other.

"Politically, we're rivals," she, a conservative, told People magazine. "That is clear. However, we are personally friends. We are on e-mail all day long with each other."

MCCLATCHY TRIBUNE



•THE CAPTAIN'S LOG is the official student newspaper of Christopher Newport University. It is a public forum, which is published each Wednesday, 25 times throughout the academic year.

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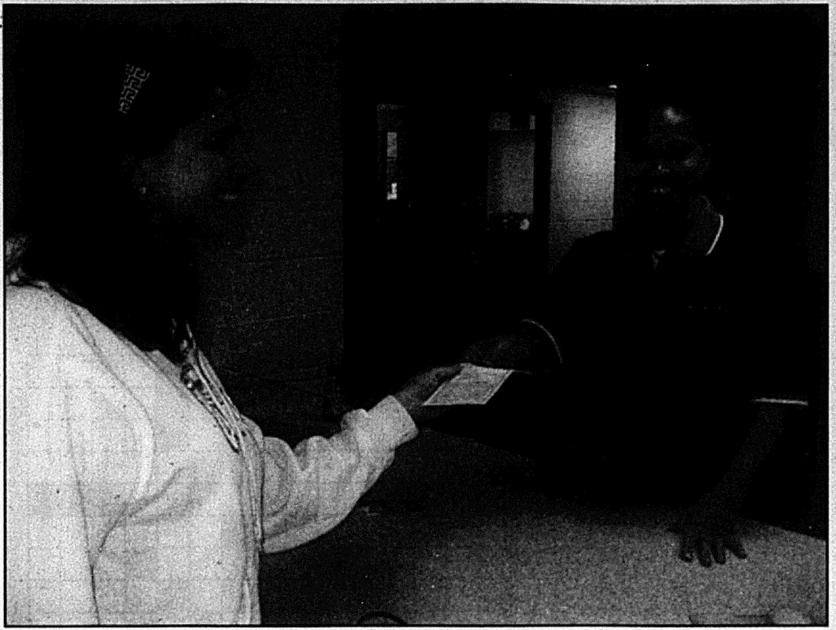
GOT A STORY? New contributions are accepted by fax (594-8759), by email (clog@cnu.edu) or in our office

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ASHLEIGH TULLAR/THE CAPTAIN'S LOG

Parking Services Director Deborah Poole voids the first parking ticket of the day from senior Lauren Reeves.

Parking plays nice for a day

PARKING PARDON | Parking Services director sets up first Ticket Amnesty Day to shed a positive light.

BY REGINA CERIMELE REGINA.CERIMELE.04@CNU.EDU

Last Thursday, CNU's Parking Services held its very first Ticket "Amnesty Day from 11 a.m. to 2 p.m., allowing students, faculty and staff the opportunity to void a parking ticket received during the academic year.

The event was the design of newly hired Parking Services Director Deborah Poole as a way of establishing a more positive image on campus.

Ticket amnesty, said Poole, is often done at other universities throughout the country. She coordinated a program at Norfolk State with positive results.

The event, she said, seeks to reach out to students and change the popular perception of Parking Services. "Parking gets a bad rap everywhere on campus," she said. It also allows the staff to enhance their customer service skills by working with student and staff

Though no specific figures were available, Poole said the event had a good turnout. As the event occurs on a more regular basis, said Poole, a greater turnout will occur as word gets out and people begin taking advantage of the event. A raffle was included for all participants with a free parking

permit as the prize.

Upon review of the turnout with her superiors. Poole said they would determine whether the event could happen at least once an academic year, if not once a semester.

"It was a great idea by the university, because Parking Services is very strict on campus; it was nice to get some relief," said senior Ricky May.

find Ticket Amnesty Day to be as worthwhile as some, as his ticket was unable to be voided, according to Parking Services staff. Higgins was ticketed for parking in a handicapped space in the Village. Higgins said he had remained in the parking space for a very limited amount of time and that his hazard lights had been on.

Under the impression that the amnesty applied to all tickets, Higgins joined the crowd of students seeking to have their tickets voided.

His ticket, he said, could not be voided because his action violated Virginia state law, though that was never directly explained to him by the Parking Services staff, said Higgins.

Higgins said he felt his situation was generally disregarded. It seemed as if there was no reason for discussion, he said, since the

ticket couldn't be voided. Ultimately, Higgins said he received - little cooperation from Parking Services staff.

"I really felt like it was a joke to them, like my ticket was the only one not in the policy," said Higgins.

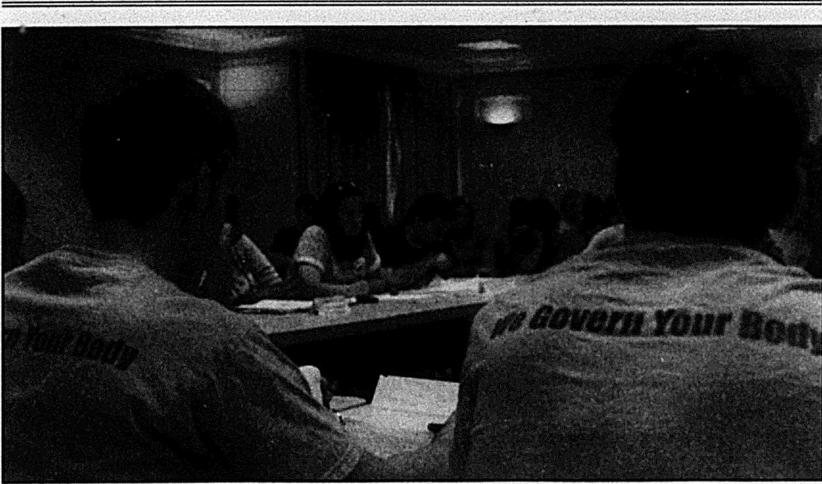
May successfully voided his . ticket Thursday morning without a hitch. May said he arrived before 11 a.m. in order to avoid what he believed would be an early-morning rush.

When he arrived, four or five individuals were already in Junior Xavier Higgins did not line. His ticket was taken care of quickly, he said, and by the time he left, a much longer line was leading out the door of the office.

"I would love to see it at the beginning and end of each semester to cater to all students. If the afternoon was anything like the morning with popularity of the event, I think all students would agree that it should happen again," he said.

"It gives Parking Services a better reputation and helps students who can get relief from major tickets or tickets that were undeserved."

Poole recently came into her position March 15, though she has worked in other capacities for CNU for 12 years. Poole came to CNU from Norfolk State, where she served as Parking and Transportation Director. She previously worked as ID and Cards Manager for Parking Services.



The senate voted Monday to support the Faculty Senate's resolution calling for an increase in faculty.

SGA meets briefly

BY REGINA CERIMELE REGINA.CERIMELE.04@CNU.EDU

The Student Government Association met for approximately 15 minutes Monday, briefly discussing election success, as well as voting to approve a measure passed by CNU's Faculty Senate, calling for an increase in faculty hire in future years. There were no committee updates made at Monday's meeting, nor did senators discuss any original legislation relating to the . campus community.

In her executive report, SGA President, senior Molly Buckley marked this year's elections a success, citing an unprecedented circa 1.200 votes received even before the polls had closed in online voting. Buckley also commended the senate on the success of last Monday's Town Hall meeting, in which an administrative panel answered student questions and concerns.

Senate Proposal 20:07 supported the Faculty Senate's endorsement of CNU Provost Richard Summerville's recommendation to hire 11

new faculty members through 2012. The Faculty Senate resolution also called for the establishment of a 3-4 load for faculty, decreased from the current 4-4 teaching load. The student senate made no original changes or additional recommendation to their legislation, but simply supported the efforts of the Faculty Senate.

The legislation passed in favor with one vote of abstention made by junior senator, Andrew Lundsten.

Junior senator, Patrick Horan said he felt that this show of student support would have an impact on enacting the Faculty Senate's legislation. "We're saying, as a representative of 5,000 people, we feel its' important." The foundation of the university, he said, is based on its students, thus their voice should have a huge impact on decision--making.

Although the length of the senate meeting was limited, Horan said he felt the brief meeting was a reflection on the legislative progress. "One of the things is you're seeing the SGA communicating more

outside of the meeting," he said. Senators, he said, are talking more during office hours or in outside committee meetings, covering more issues that don't need to be addressed at the full senate meeting.

The bulk of the work for each senate meeting gets done in committees, said Vice President of the Senate, sophomore Taylor Blunt, citing one of the reasons for the fre-

quently short senate meetings. During the remainder of the semester, said Blunt, much of the focus of the senate meetings will be to orient new senators to the workings of the senate. Blunt said he plans to establish a mentoring program between current and new senators.

If there are not new bills introduced before the next few meetings, Blunt said, he may make one of the future senate meetings informal, spending the majority of that meeting working with new senators to establish their familiarity with current senators and their legislative focus.

Marine Colonel gives perspective on Iraq art looting

Colonel Bogdanos spoke about his efforts to recover stolen artifacts.

BY CHRISTINE BARNHILL CHRISTINE.BARNHILL.04@CNU.EDU

Immediately following the collapse of Saddam Hussein's regime, widespread looting occurred throughout the region surrounding Baghdad. On March 30, Marine Colonel Matthew Bogdanos brought these events into close and immensely detailed perspective.

Bogdanos, author of "Thieves of Baghdad: One Marine's Passion to Recover the World's Greatest Stolen Treasures," lectured on Friday in the Music and Theatre Hall in the Ferguson Center for the Arts.

In the spring of 2003, Bogdanos was assigned to lead a team that would recover thousands of ancient artifacts looted from Saddam's museum, or as the Iraqis once labeled it, "Saddam's Gift Shop." Only a few countries actively supported the efforts of his team. Bogdanos spoke of the global criminality of the looting along with its injustice to the people of Iraq and beyond.

For years, he said, the world's most ancient art was kept under lock and key in Saddam's museum - never open to the public. Because they had always been denied access to the museum, said Bogdanos, the Iraqi people did not view the contents of the museum as "their treasures." So, along with other political locations in Baghdad, the museum was raided and left in shambles.

Saddam's museum was once home to ancient Mesopotamian art and the world's first-known antiquities. Among the most important artifacts stolen was the Sacred Vase of Warka. a Sumerian artifact dated around 3200 B.C., believed to be the first piece of narrative sculpture. From roughly the same period. The Mask of Warka was thought to be the first natural depiction of a face in human history. Bogdanos gave lengthy lists of stolen antiquities, with one word nearly always pres-



Author and Marine Colonel Bogdanos visited CNU Monday.

ent in his description of the looted pieces: "first."

Under Saddam's rule, punishment for the theft of antiquities had been decapitation. Consequently, many Iraqi citizens were silent about the event. Due to these fears, Colonel Bogdanos and his team created an Amnesty Day which would allow citizens to return antiquities anonymously with no questions asked. Though hesitant, Iraqis gradually came forward and returned a large percentage of the stolen items.

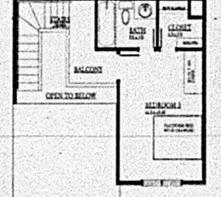
Relying on the financial support of only a handful of countries, he said his team was able to recover over 5,000 antiquities among six countries. Overcoming the tragedy of this event, Colonel Bogdanos' group uncovered gold, stolen antiquities, and millions of dollars hidden by Saddam in the museum.

Colonel Bogdanos spoke passionately about the kindness and perseverance shown by the Iraqi people. With his book "Thieves of Baghdad," he hopes to offer a global message of hope and knowledge.

All of the proceeds from his book go toward the restoration and preservation of Baghdad's Iraq Museum. In 2005, Colonel Bogdanos was awarded a National Humanities Medal for his work.

University Suites Apartments

Come enjoy the FREEDOM and PRIVACY of living off campus at UNIVERSITY SUITES

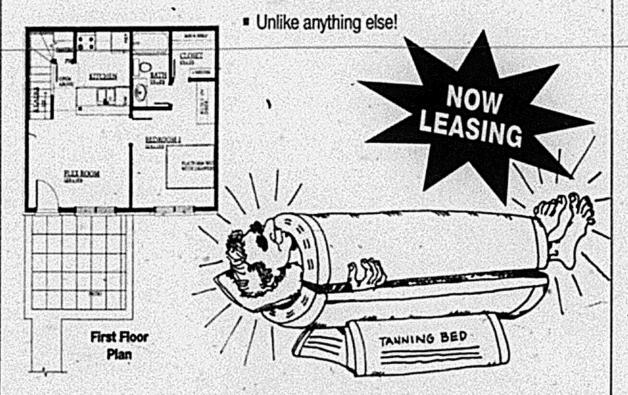


Third Floor Plan

Second Floor Plan

Student Community Now Leasing for **August 2007!**

- Townhome Style-No one above or below you
- 3 bedroom/3 bath and 4 bedroom/4 bath
- FREE shuttle bus service to and from campus at Port Warwick
- Parking at your front door
 Extra large brick patio
- Maximum Privacy-Only one bedroom per floor!
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WEDNESDAY, APRIL 4, 2007 | PAGE A4

Mystic Stars | April 2-8

BY LASHA SENIUK | MCCLATCHY-TRIBUNE NEWS SERVICE

IF YOUR BIRTHDAY IS THIS WEEK: The next five to six months will bring complex romantic decisions and lasting social change. After mid-April, key relationships will expand to include plans for relocation, new financial budgets or revised family goals. By late June, long-term relationships will need to be either firmly established or abandoned: there will be little time for delay. For single Aries, natives' sensuality

Over the summer months, expect potential lovers and new friends to boldly compete for your loyalty.

and passionate flirtation will soon prove difficult to resist. Over the summer months, expect potential lovers and new friends to boldly compete for your loyalty. After mid-November, a shortterm business venture or financial investment will require almost constant attention. Don't hesitate to commit: much of 2008 will bring profound career and money opportunities.



ARIES (March 21-April 20) Financial partnerships, home relationships and large investments will this week drain your emotional reserves. After midweek, expect roommates or younger friends to challenge your opinions or demand revised home budgets. Offer detailed suggestions and new social outlets: serious information and bold discussions will bring the desired results. Later this week, a friend or colleague may reveal an unexpected social triangle. Stay detached: tensions will be high.



TAURUS (April 21-May 20) Business and social invitations may this week be postponed. After Tuesday, expect a close friend to openly discuss vital changes to security, finances or family expectations. Long-term career and home aspirations may be a central theme. New ideas will soon prove reliable: remain attentive and watch for meaningful improvement. Friday through Sunday, serious romantic discussions within the home may be unavoidable. Be flexible: a friend or loved one will need delicate advice.



GEMINI (May 21-June 21) After Monday, a close friend may reveal ongoing romantic problems or lingering social fears. Key relationships and trusted friendships will steadily deepen in the coming weeks, so not to worry. At present, however, loved ones may be reluctant of commitment. Remain sensitive to the private needs of others: powerful doubts will soon be resolved. Late Friday, some Geminis will encounter an unexpected business proposal. Ethical decisions are accented: if possible, verify all new facts.



CANCER (June 22-July 22) Unexpected business cancellations or sudden job changes may trigger bold family discussions this week. If possible, schedule extra private time in the home and wait for a calmer atmosphere: fresh ideas and renewed career ambitions will soon become a top priority. After Thursday, many Cancerians will experience a compelling wave of romantic nostalgia and expanding social awareness. Pause only briefly for quiet reflection: loved ones need your attention in the present.



LEO (July 23-Aug. 22) Before mid-week, a close friend may boldly announce new lifestyle goals or a risky career plan. Private financial agreements, fast investments or complex land documents may be a central theme. Workable ideas will soon be exposed as challenging but inspired. Remain optimistic: your experience will help secure lasting contracts. After Friday, lingering romantic feelings and old relationships may need to be publicly addressed. Stay balanced: your reaction will be scrutinized.



VIRGO (Aug. 23-Sept. 22) Money promises and revised employment strategies are positive this week but potentially scattered. Over the next few days, expect loved ones to unknowingly provide misinformation or misplace key documents. Clearly define new expectations: close relatives and romantic partners may need extra guidance or structure. After Wednesday, new social invitations may quickly lead to romance. Powerful flirtations are unavoidable: remain sensitive to subtle comments or small hints.



LIBRA (Sept. 23-Oct. 23) For many Librans, rekindled romance and new sensuality are now highly distracting. Before mid-week, expect friends and lovers to compete for your time, attention and loyalty. Although all looks positive, loved ones may still express lingering doubts or anxieties. Stay alert: minor disputes are best quickly and permanently resolved. Later this week, a rare business or financial announcement will demand a detailed response. Partnership agreements will require extra time: remain patient.



SCORPIO (Oct. 24-Nov. 22) A relative or friend may this week request personal information or private romantic details. Routine family plans, social expectations or established group activities may all be affected. Ask probing questions but expect a delayed response: loved ones may now need extra time to process difficult emotions. Creative solutions will soon prove workable. After mid-week, react quickly to news or proposals from old employers or past colleagues. New strategies are highly favored: stay open.



SAGITTARIUS (Nov. 23-Dec. 21) Team assignments and group plans may be unexpectedly cancelled this week. Over the next few days, friends, colleagues or close relatives may provide faulty social information or mistaken facts. .. Predictable patterns may not be easily established: if possible, wait for clear instructions before taking risks. Friday through Sunday accents yesterday's debts and outdated legal records. Carefully study all documents: private financial paperwork will soon offer powerful opportunities.



CAPRICORN (Dec. 22-Jan. 20) Confidence and social optimism will now bring lasting change to stalled relationships. Over the next eight days, many Capricorns will expand their emotional influence with friends, colleagues and older relatives. Use this time to clarify short-term career goals or foster new friendships. You won't be disappointed. Later this week, someone close may demand a detailed description of a new business relationship. Private jealousies will soon fade: be forthcoming but set firm boundaries.



AQUARIUS (Jan. 21-Feb. 19) Although reluctant to ask, a friend or lover may this week need extra guidance and support. Business expenses, minor disputes with colleagues or revised assignments may all be bothersome. Encourage creative solutions: decisive action and a firm commitment to new procedures will soon ensure lasting confidence. After Saturday, many Aquarians will begin 11 days of fresh workplace strategies and career exploration. Don't doubt your instincts: all is well.



PISCES (Feb. 20-March 20) Bosses or managers may this week improve established policies. Daily instructions, financial promises or job promotions may all be affected. Workplace change will be a continuing theme for several weeks: remain patient but respond quickly to permanent documents. For some Pisceans, limited job advancement will soon trigger bold decisions. Late Friday, pay special attention to the private emotional needs of a younger friend or relative. Delicate advice is needed: don't hold back.

Crossword

ACROSS 1 Inflatable

- floaters
- 6 Renown
- 10 Annapolis inst. 14 George who
- was Mary
- 15 Related 16 Hired muscle
- 17 River's end,
- often
- 18 Pusher's pursuer
- 19 Fabricate
- 20 Black mark 22 Jostled
- 24 La-la leader
- 25 Accomplishes
- 26 Unfounded 31 Jupiter neighbor
- 35 Knowing
- 36 Pooped 38 Dundee denial
- 39 Great review
- 40 Proximity bombs 41 Houston school
- 42 __ out (scrape by)
- 43 Soccer passes 44 Cloyed
- 45 Family cars
- 47 Aggressive
- drivers
- 49 Supervisor
- 51 Have debts 52 Stretchy
- 55 Mosquito barrier 12 Reheat in the
- 60 Flat charge 61 Alan or Cheryl
- 63 Miserable
- dwelling 64 Picture on a PC
- 65 Canal of song 66 Expunge
- 67 Retained
- 68 Transmit 69 Intuit
- DOWN 1 Funnyman Foxx
- 2 Away from the wind
- 3 Movie
- 4 Carryall bag 5 Take by
- surprise
- 6 Outstanding! 7 Alias acronym

MINESHICE

Solutions

SENSE

EBVSE

LADD

SEND

3 1 8 3

ELASTICAMETTING

SEDVINS

AKIN

FAME

DEBTIRED 23 Rosary unit BASELESS SATURN 26 Exposes TRADOES

65

- 27 Not sleeping 28 Kept for later DEMERITERDMED
- 29 Before, once DELTANARCMAKE 30 Goes under 32 Join forces ANSU

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- 33 Fast-moving serpent
- 34 Requisites 37 Answered

52 53 54

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8 Stuck in the

11 "Rich Man, Poor

Man" writer

microwave,

slangily 13 Ripened

21 Wrath

mud

9 Fences off

10 Maximum

- 40 Projectiles 41 Way cool!
- 43 Windsor or granny 44 is agitated
- 46 AWOL word
- 53 Lingerie trim 54 On the summit

52 Satie or

Estrada

48 Lamb's mama

50 Kind of crow?

- 56 Barreled
- along 57 Terrible ruler? 58 Loch in the

FLIOT

RAFTS

- Highlands
- 59 Elation 62 Cacophony

A College Girl Named Joe

BY AARON WARNER



I MEAN, THIS IS YOUR LAST YEAR AND AFTER YOU GRADUATE, WHO KNOWS.



BY MICHAEL MEPHAM



| | | 4 | | 9 | | | 6 | |
|---|---|---|---|---|------|---|----|---|
| | | | | | 2 | | 7 | |
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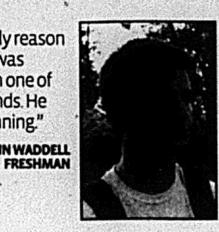
Complete the grid so each row, column and 3 x 3 box (in borders) contains every digit 1 to 9. For strategies on how to sudoku, visit www. sudoku. org.uk.

> Solution to this week's puzzle.

| L | 3 | 5 | 6 | 9 | 4 | 9 | L | 8 |
|--------------|---|---|---|---|---|---|---|---|
| L | 8 | 9 | 7 | 5 | 3 | S | 6 | Þ |
| S | 6 | 7 | 9 | l | 8 | 2 | L | 3 |
| 6 | L | 3 | 8 | Þ | 9 | Z | 9 | 5 |
| 9 | 7 | 8 | 9 | L | 5 | L | 3 | 6 |
| 5 | 2 | 2 | L | 3 | 6 | 8 | Þ | 9 |
| ε | 5 | 9 | Þ | 9 | L | 6 | 8 | L |
| Þ | 2 | 6 | 2 | 8 | 1 | 3 | 9 | 9 |
| Mark William | 9 | L | 3 | 6 | | Appropriate Appropriate (Control of Control | 5 | 1 |

REPORT. WRITE. GET PUBLISHED. THE CAPTAIN'S LOG IS LOOKING FOR WRITERS FOR THE FALL '07 SEMESTER. CONTACT US AT: CLOG@CNU.EDU By Regina Cerimele and Mark Newton

"The only reason I knew was through one of my friends. He was running." JUSTIN WADDELL



"No see I don't live on campus. It's really hard to connect with things like that"





"I don't really vote for them and I probably never will."

NATHANIEL HUFFMAN SOPHOMORE



"I saw little signs around campus, but I don't know what they [the candidates] stood for or anything.

> TORI COTMAN SOPHOMORE



"Actually, the only thing I've seen has been flyers everywhere."

> **DORIAN WRIGHT** SENIOR



WEDNESDAY, APRIL 4, 2007 | PAGE A5

WE STAND HERE

Lopsided dining a problem with comfort, not food

We won't be lifting the

Commons onto the Great

Sometime this afternoon we'll be finding out who our new Student Government Association representatives are. There are numerous initiatives on campus new senators should take on, but perhaps the most visible among them is the lopsided patronage of our two dining halls. Hiden-Hussey Commons' attendance figures have fallen way behind those of the new Regatta's space in the David Student Union. Now plans

are being set forth by Dining Services to garner student feedback with a task force to work in coordination with the SGA's dining Lawn via crane to fix this committee.

problem, so how else are Suggestions so far we to? include varying menu options - making the

Commons an exclusive experience. If you serve good food at the Commons you can't get at Regatta's then the numbers will balance back off, right?

The Captain's Log is not entirely sure about that one. Couldn't hurt, but the answer to that question depends greatly on students' rationales as to why they eat where they eat. This is obviously why student feedback is needed. However, we're pretty sure it's not the quality of food or diversity of the menu - the loca-

tion arguments are far more convincing. The DSU is now the epicenter of stu-

dent life at CNU. So why wouldn't you just eat there when you're smack dab in the middle of everything? We're not convinced a Pad Thai dish or a potato bar is going to clear out the bustling DSU lunch crowd. Regatta's is conveniently close.

We won't be lifting the Commons onto the Great Lawn via crane to fix this problem, so how else are we to?

Well, if we throw away the convenience factor for a moment, we might consider more superfi-

cial aspects of Regatta's - comfort. It's about as warm, inviting and aesthetically pleasing a dining hall as you'll find at any college. The Commons? It's drafty, austere and small.

While all of the committee research will be immensely helpful in determining what might encourage people to go to the Commons, the dining hall's troublesome physical appearance is a no-brainer. It might be a smart move to advise the administration to push forward (perhaps as early as this summer) the Commons renovation included in the university's six-year plan that Executive Vice President Bill Brauer discussed at the SGA Town Hall meeting last week. But then, there's the issue of money.

IAN SASS-BASEDOW, EDITOR-IN-CHIEF

... AND NOW FOR OUR SPEAKER, WHO DISCOVERED THAT THE EARTH HEATS UP THE MOST ON DAYS ALGORE GIVES A SPEECH ON GLOBAL WARMING!

Loud students need to quiet their steps

OTHER

VOICES

Dear Editor:

Although CNU's Housing policy clearly states that there are to be no dogs, cats, etc., I feel that some animals have gone unrecognized: elephants and hippos. They usually don't inhabit the first floor rooms; they would be too easily spotted through windows due to their large stature. They live on the second floor, and probably the third, of the CNU Apartments. And if they are in the Apartments, they are probably also in the Village, Barclay, and possibly main campus as well.

My apartment is unable to determine if it is an elephant or a hippo living above us. But we are sure there is one. The. mammal wakes up at about 7:30 every morning, which is great!

That is one high-achieving elephant! However, I shouldn't have to wake up when they wake up. I don't consider myself to be a light sleeper - I even use a fan to produce white noise to help drown out the routine noises of my considerate roommates. But man! This elephant is an early riser and is determined to start his or her day with a bang. In addition to getting up early, these elephants and hippos recreate. A lot. While I am thrilled that the species is no longer endangered, I don't feel I need to be privy to the mating habits of these creatures. It's even worse when you have guests over and they question what is going on upstairs. Then I just feel embarrassed for the neighbors above.

Although I write this letter in jest, I feel I bring to light events

which many students are exposed to: the thumping, screaming, and squeaking of upstairs neighbors. I feel I have been very patient this school year, as I am sure the neighbors are not aware of their loud noises - except when we use a broom to bang on the ceiling to say, "Please, shut the hell up" -I know I speak for hundreds of others when I say:

Please be considerate of those living below you."

One option to help alleviate this problem is to bring carpets to school. The carpeting, even if it is just an area rug placed where you walk the most, would absorb the sound. You can even find remnant carpets for cheap, cheap, cheap.

Quietly, A. Walthall

Allegiance to Bush

BY ERIC MINK MCCLATCHY NEWSPAPERS

The botched firings of eight U.S. attorneys may lead to Alberto Gonzales' resignation as attorney general of the United States - if it does, I'd guess it would be sooner rather than later - but it won't matter much to anyone other than him and his family and friends.

Some administration critics have suggested that Gonzales ranks near the top of a list of worst attorneys general in history — surely Richard Nixon's John Mitchell, who went to jail, is number one - but that gives Gonzales too much credit.

Gonzales is merely inconse-

quential. It was telling that Gonzales' initial explanation of his role in the U.S. attorneys debacle was that he was barely involved. Indeed, many of the Justice Department and White House memos and e-mails we've seen on the matter tend to support him. A couple of notes from the most recent batch of released messages establish his presence at one or two important meetings, but presence doesn't necessarily mean participation, much less active direction. On Dec. 8, 2005, Penn-

Arlen Specter, who headed the Judiciary Committee for the then-Republican majority, called a news conference to announce an agreement on a compromise

sylvania Sen.

of the Patriot Act renewal. Among other things, it included provisions requiring the administration to provide Congress with better reporting of its use of such Patriot Act tools as national security letters.

"We hammered out what I think is a good bill," Specter told reporters. "Not a perfect bill, but a good bill."

It took a couple of months for the compromise to make its way through both houses and get to the president's desk. He signed it into law on March 9, 2006, but not before adding a statement

claiming he had the authority to ignore those oversight and . reporting provisions to which Gonzales had agreed during **Justice Department negotiations** with Congress.

> In January of this year, Gonzales appeared before the Judiciary Committee, now controlled by Democrats, and Specter came out swinging. "The issue of the signing statements, Mr. Attorney General, continues to be a matter of major concern," Specter said. "They came up in the Patriot Act, very carefully negotiated with the Judiciary Committee and the Department of Justice, and then the president issues a signing statement saying that he is at liberty to disregard provisions on oversight; came up with the McCain legislation on torture; and it has come up with the legislation on the postal authority, where the president signed the legislation which prohibited opening mail, and then issues a signing statement that he retains the authority to do that."

Specter's implication was clear: Gonzales' word doesn't count.

LETTERS TO THE EDITOR The Captain's Log welcomes letters from its readers Editors reserve the right to edit letters for style and length, as well as

to refuse publication.

SENDLETTERS TO The Captain's tog, 1 University Place, Newport News, VA, 23606. Letters may also be brought to our office or sent by e-mail at clog@cnu.edu. Anonymous letters may be printed, but writers must sign the original, providing a full address and telephone number for verification purposes. Students, please indicate your class status. If the writer is affiliated with an organization, that may be noted. For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to

publication.

Engineering students seek 'hotter industries' MCCLATCHY NEWSPAPERS

NASA scientists experiment with a laser, probing the energy of atoms in very excited states to improve the use of lasers in space. That was the '60s, when aerospace engineers, too, were in very excited states, especially when compared with People since at least the 1990s have argued whether this

nation should fear a shortage of

supply in other areas will admit

engineers. But even those who

believe there is an abundant

the situation isn't exactly rosy in the aerospace field.

A number of factors are at play, including American students' lack of interest in math and science careers. Add to that the increasing number who are nearing retirement.

Aviation Week and Space Technology magazine says that by 2008 one in four U.S. aerospace workers will be eligible to retire.

Apparently, space flight today is for fogies. Today's generation of engineering students is more inclined to seek employment in

what they consider the hotter industries.

A recent study showed that among freshmen engineering students, about 20,000 chose to major in computer engineering: 12,000, mechanical; 10,000, electrical, and fewer than 3,000, aerospace engineering.

Maybe students find it difficult to be inspired by a different president, who three years ago talked about going to the moon and the stars, too. Since then. President Bush has committed such miserly amounts to NASA that its ability to fulfill those

new missions has been compromised.

Concern has been expressed by Sen. Barbara Mikulski, D-Md., chair of the Senate's science appropriations subcommittee. She says the president's 3 percent increase for NASA in fiscal 2008, raising its annual appropriation to \$17.3 billion, simply isn't enough.

Perhaps it will be up to the next president to light a new fire in the minds of America's young people, so that more of them will seek careers as scientists and engineers.

Funding NASA at levels where it doesn't resemble a beggar seeking crumbs during budget hearings might help attract more students to aerospace.

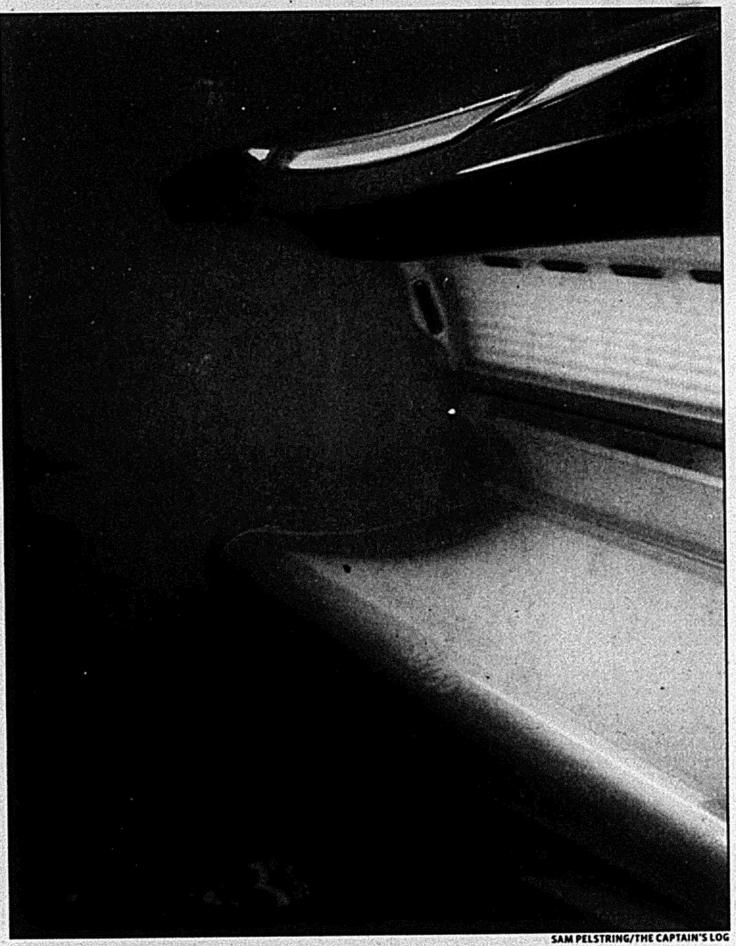
Last year, President Bush signed a bill that established a national task force whose mission is to come up with a blueprint to increase the number of U.S. students interested in science and engineering careers. That's a good step, but more White House leadership will be needed to spur education, industry and other government leaders to action.

I THINK THEREFORE I AM... A WRITER. THE CAPTAIN'S LOG IS LOOKING FOR STUDENTS TO WRITE OPINIONS FOR THE FALL '07 SEMESTER. CONTACT US AT: CLOG@CNU.EDU

FOOD-HEALTH

WEDNESDAY, APRIL 4, 2007 | PAGE A6

'Sun smarts' can prevent health issues



Some people use tanning beds, like this one at Tiki Mon in The Village, as an alternative for the sun's rays. Safer alternatives include self-tanners, which provide a side-effect-free glow.

SMART CHOICES | Tanning alternatives give you the glow without the side effects.

MYSTUDENTHEALTHZONE.COM MCCLATCHY NEWSPAPERS

Getting that sun-bronzed glow is extremely important to many people, whether soaking up rays at the pool or the beach or turning to self-tanners and tanning booths. But before you start on that tan, it's important to learn about your skin and sun exposure.

The sun's rays contain two types of ultraviolet radiation: UVA and UVB. UVA radiation penetrates to the lower layers of the epidermis, where it triggers cells called melanocytes to produce melanin, the brown pigment that protects the skin from burning by causing tanning. UVB radiation burns the upper layers of skin (the epidermis), causing sunburns.

UVA rays penetrate through the skin's protective epidermis to the dermis, where blood vessels and nerves are found, and can cause serious damage. Overexposure to UVA rays may damage a person's immune system, making it harder to fight off diseases. time outdoors. They are also the main factor in premature skin aging, and can lead to eye problems like cataracts.

Damage from UVA rays can lead to melanoma, the most serious type of skin cancer. If melanoma is not found and treated, it can quickly spread from the skin to the body's other organs. UVB rays may also contribute to developing melanoma, as well as two other types of skin cancer: basal and squamous cell carcinoma.

The main treatment for carcinomas is excision - cutting the tumors out. Scars from surgery to remove these melanomas can be anywhere on the body, and they're often large.

SUN SMARTS

This doesn't mean you need to stay out of the sun completely. Sunscreens or sunblocks are probably the best defenses against sun damage because they protect your skin without interfering with your comfort and activity levels. The SPF number on a sunscreen tells you the level of protection it gives (the higher the SPF number, the more protection).

TO HELP PROTECT YOUR **SKIN AND EYES:**

-As much as 80 percent of sun exposure is incidental. Wear sunscreen with an SPF of at least 15 every day, even on cloudy days and when you don't plan on spending much

-Use a broad-spectrum sunscreen that blocks both UVA and UVB rays.

-Apply sunscreen thickly and frequently and reapply after a couple of hours.

-Reapply sunscreen every 2 to 3 hours and after swimming or sweating. In the direct sun, wear a sunscreen with a higher SPF.

-Take breaks to cool off indoors or get in the shade for a while. The sun's rays are strongest between 10 a.m. and 4 p.m.

-Wear a hat with a brim and sunglasses that provide almost 100 percent protection against ultraviolet radiation.

-Snow is a major reflector of UV radiation, and winter activities can cause sunburn, too. Always apply sunblock before any outdoor winter activities.

-Certain medications can increase your sun sensitivity. Ask your doctor whether your medications might have this effect and what you should do.

-Avoid tanning "accelerators" or tanning pills that claim to speed up the body's production of melanin or darken the skin.

TRAUMA-FREE TANNING

One safe way to go bronze is with sunless self-tanners, which contain dihydroxyacetone. DHA gradually stains the dead cells in your skin's outer layer. The "tan" lasts until these skin cells slough off, so exfoliating will make the color fade faster. A "sunless tan" can last from several days to a week.

Another option is airbrush tanning. A salon technician hooks up a DHA solution to a spray compressor and sprays the tan onto you, which takes anywhere from about 5 seconds to 1 minute. A few nours after the application, you'll start noticing your new, safe

Fake tans won't protect you against sunburn, so keep wearing sunscreen when you go outdoors. But the upside is that you get the warm glow of a tan while you keep your skin beautiful for years to come.

For more answers and advice from the health experts of Nemours, visit MyStudentHealthZone.com.

Cutting down risk factors may prevent diabetes

PREVENTION | Identifying daily habits that can lead to diabetes may help prevent you from getting it.

BY DAN VIERRIA MCCLATCHY NEWSPAPERS

SACRAMENTO, Calif.—No time for breakfast and too much TV time can trigger diabetes.

Fitness magazine, in its April edition, reports on nine, surprising diabetes risk factors. The disease affects 21 million people in the United States.

Skipping breakfasts increases our risk 30-50 percent and watching TV for two or more hours per day boosts it 14 percent, according to Fit-

Pam O'Brien, the magazine's article director, says the main reason for the story was to point out that people can lower their risk in about a month.

As a former no-breakfast type, O'Brien began forcing herself to eat breakfast a few years ago and has felt much better since.

"So many of us skip breakfast because we're busy and just grab a cup of coffee,"_ she says, describing her own former habit.

"It's one of the worst things high fiber cereals respond better to insulin."

Diabetes, according to the 40 inches. American Diabetes Association, is caused when, "the think of stress as being a

body doesn't produce or properly use insulin."

Insulin converts starches and sugars into fuel for the body.

While the exact cause is still unknown, the ADA points to studies that have concluded genetics and lifestyle factors like obesity and lack of exercise appear to be linked to the

O'Brien says her staff based its conclusions and risk factor percentages on university research and other studies and then crunched all the numbers.

While Fitness magazine targets women, the nine risks also affect men.

The two risk factors that most surprised O'Brien were a large waist (risk increases 330 percent) and high stress (184 percent).

"All of them were kind of surprising, but how much the waist thing raised your risk surprised me most," says O'Brien. "We're talking the apple-shaped body, fat in the abdomen, fat that is really dangerous."

Using American Heart line should be less than 35 inches. For men, it's less than

factor in diabetes. When we think of stress we think of a

headache or you can't sleep." O'Brien's strategy to tackle the nine risk factors is to begin addressing two or three and gradually work in more.

"You don't want to feel like you have to change your life all at once," she says.

9 DIABETES RISKS THAT MAY SURPRISE YOU:

1. Watching two or more hours of TV daily.

Raises your risk: 14 per-

How: More TV equals less activity.

The fix: Limit TV time to 10 hours a week and exercise.

2. Drinking one soda a day. Raises your risk: 83 percent How: Soda adds extra and empty calories, which can easily lead to weight gain.

The fix: Switch to water, diet soda, or even better, unsweetened tea, which may actually protect against disease.

3. Skipping breakfast. Raises your risk: up to 50

percent

How: Not having that morning meal increases the appetite-stimulating hormone ghrelin, making you hungrier and likely to eat more.

The fix: Eat high-fiber Association recommenda- cereal with low-fat milk and you can do. People that eat tions, she says women's waist- one-half cup of fruit in the

One study of people with pre-diabetes found that eating "And somehow you don't high-fiber cereals made them respond better to insulin.

Drinking dairy products may

4.A bout of major depres-

also cut the risk for insulin

resistance by 72 percent.

Raises your risk: 23 percent How: Depression may alter body chemistry in a way that makes us more prone to devel-

oping diabetes. The fix: Take a walk. Just 30 minutes, three times a week, has been shown to improve symptoms of depression.

5. A large waist — even if you are at a normal weight. Raises your risk: 330 per-

cent How: Fat in the abdomen produces compounds that make cells insulin-resistant. Women should keep their waist size below 35 inches (40

inches for men). The fix: A half-hour to one hour of cardio, three to five

times a week.

6. Waking up in the middle of the night.

Raises your risk: 98 percent How: Not being able to stay asleep means you're not getting enough sleep, making you more prone to developing insulin resistance and lead-

ing to diabetes. The fix: No caffeine in the late afternoon and evening. and no TV or alcohol right before bed. Try yoga, too.

7. Eating fast food more

than twice a week. Raises your risk: 100 per-

How: People who ate burgers, fries and soda more than twice a week put on 10 extra pounds and were twice as likely to become resistant to

insulin. The fix: Satisfy cravings with smaller portions.

8. High stress. Raises your risk: 184 per-

cent How: Stress can interfere with your ability to make

insulin and process glucose. The fix: Allow 10-15 minutes

a day to relax.

9. Consuming lots of processed meat. Raises your risk: 43 per-

How: These meats (such as hot dogs and bacon) are loaded with preservatives that may destroy insulin-producing cells in your pancreas.

The fix: Cut back. A Harvard study found that women who had these meats less often than once a week had the lowest risk.

Sources: Fitness magazine, April 2007 issue, www.fitnessmagazine.com.



THE CAPTAIN'S LOG IS LOOKING FOR STUDENTS TO WRITE RESTAURANT REVIEWS FOR FALL '07. CONTACT US AT: CLOG@CNU.EDU E-MAIL SUBJECT: FOOD+HEALTH



.. Cold Stone Creamery offers the best in smooth and creamy ice cream, made fresh daily in every store. Add your favorite mix-ins to enjoy the Ultimate Ice Cream Experience.



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CNU Students One block from Jefferson Show ID and Receive \$1 off your creation

NUBLIATION

WEDNESDAY, APRIL 4, 2007 | PAGE A7

UMW students get rowdy off campus

WILD ONES | The complaints at UWM about disorderly conduct are out of control.

BY MEGAN TWOHEY MCCLATCHY NEWSPAPERS

As president of a neighborhood association near the University of Wisconsin-Milwaukee. Kay Baldwin has heard a litany of complaints about student behavior off-campus.

One resident had to get stitches after intoxicated students threw pieces of his picket fence at him. An elderly couple was accosted with beer bottles when they asked students to stop urinating on their lawn.

And then there are the par-

"Weekend after weekend, the students get cited for disorderly conduct and noise violations, but they never stop," Baldwin said.

For years, Baldwin and a small army of residents and local officials have lobbied the UW System to discipline students for their off-campus misconduct, arguing that citations and other legal ramifications are not enough.

They may finally get their

In December, the UW System quietly formed a committee to recommend ways to expand code.

A growing number of colleges and universities have begun sanctioning students for off-campus behavior ranging from sexual assault to noise violations. The University of Colorado-Boulder suspends students for a semester if they receive two citations for under-

age drinking, on campus or off. "A lot of college and universities are moving in this direction," said Jim Hill, dean of students at UW-Milwaukee and a member of the Chapter UWS 17 and 18 Review Committee,

review. "The University of Wisconsin System wants to move. that way, too."

Under the UW System's code, discipline is reserved almost entirely for on-campus misconduct.

Universities can take action against students who commit assaults and property damage off-campus if the victims are other university students or employees. But with other offcampus incidents, their hands are tied.

Several years ago, Hill said, UW-Milwaukee disciplined students who dragged a female student into the bushes and tried to sexually assault her. But when people outside the university have complained about being attacked by a student, the university has encouraged them to go to the police. Even if the student is convicted in court, the university has no grounds to act.

Every Halloween, thousands of college students flock to Madison to party in the streets, bars and houses rented by UW-Madison students. Police issue hundreds of tickets for underage drinking and disorderly conduct. In recent years, the revelry has turned riotous, with students smashing windows and taunting police.

Unless the cases involve student-on-student violence, UW-Madison cannot respond, said Lori Berquam, the university's dean of students.

Residents of the neighborhood surrounding UW-Milwaukee have long been upset by the limits of the student conduct code. Milwaukee Ald. Mike D'Amato, the commissioner of the city's Department of Neighborhood Services and local police have pushed for the

code to be expanded.

occupancy rate around the university has dropped over the past decade as a result of student misconduct. Last year, police issued 500 noise nuisance violations in his district, 400 of them to UW-Milwaukee students, D'Amato said.

"It makes no sense," he said. "If two students are drunk and vandalizing an area on campus, they can get in trouble. But if they are two blocks away, the university can't do anything about it."

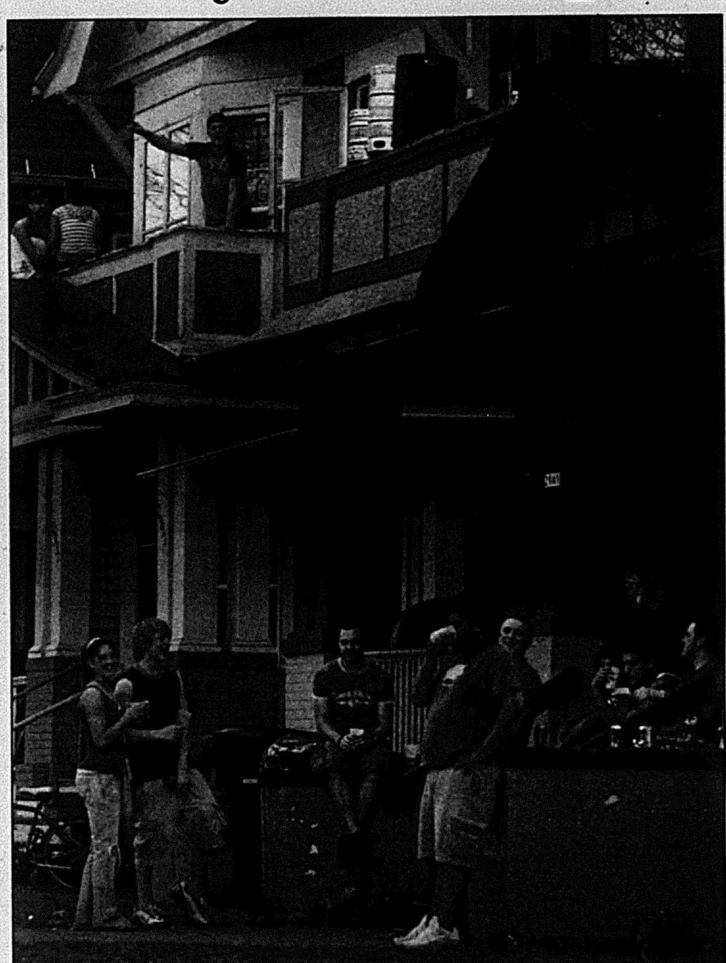
Critics say their concerns expressed in letters, phone calls and face-to-face meetings with university officials - have fallen on deaf ears in previous

But the chorus of criticism is growing louder. Last year, at a meeting of the League of Wisconsin Municipalities, D'Amato met with officials from Stevens Point, Eau Claire and La Crosse who were also dealing with complaints about student misconduct. They joined the lobbying effort.

"We deal with theft, disorderly conduct, fighting and vandalism by students," said Capt. Kevin Ruder of the Stevens Point Police Department. "It would be nice to have another tool in the toolbox to assist with these issues."

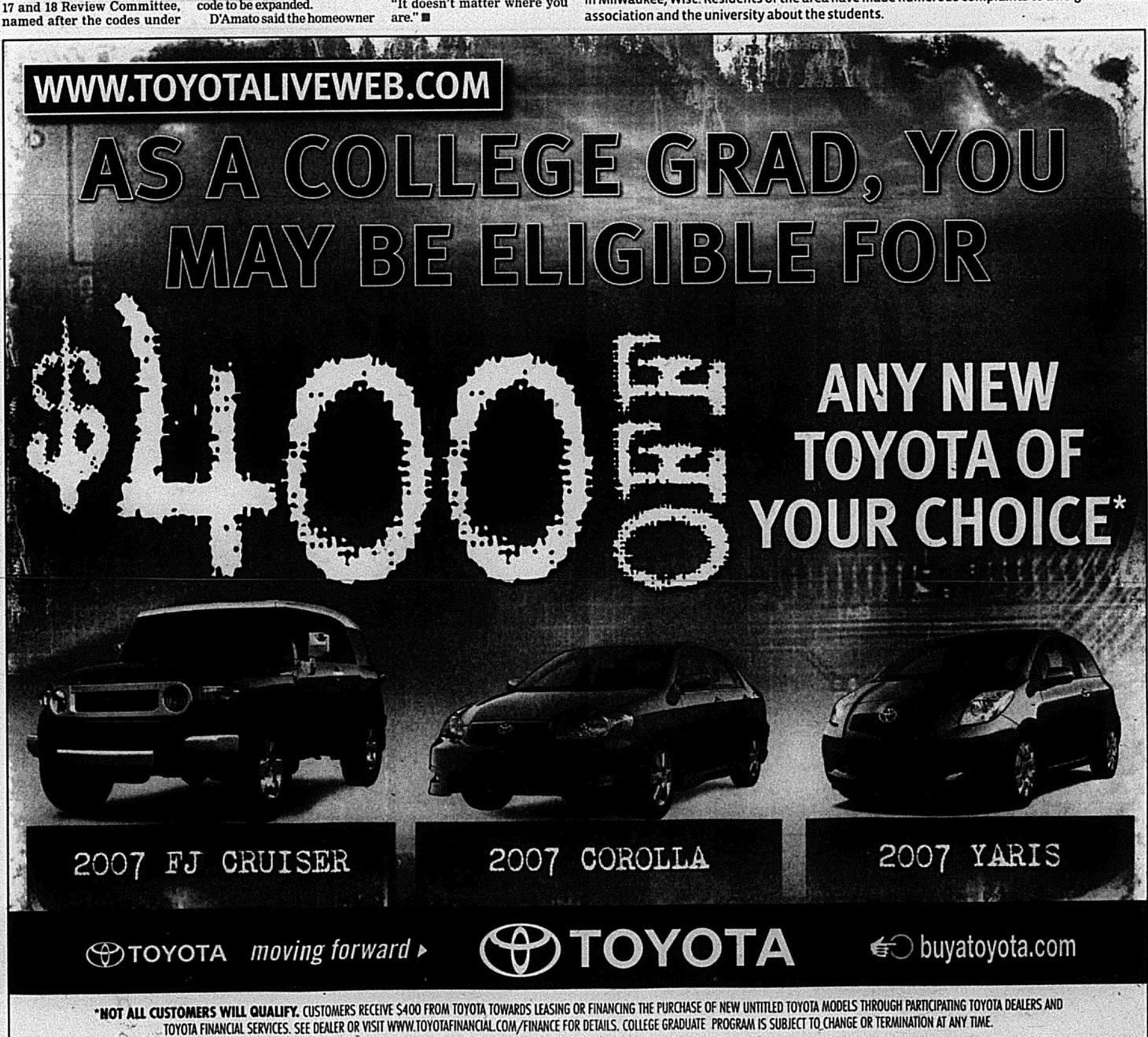
They point to Marquette University's conduct code, which allows the university to move against students for public intoxication, drug use and noise violations off-campus. Students can be sanctioned for off-campus criminal behavior, even if the victims are not students or university officials and even if the students are not found guilty in a court of law. The policy extends to students studying abroad.

"A Marquette student is a Marquette student," said Stephanie Quade, associate dean of student development. "It doesn't matter where you are."



MARY JO WALICKI/MCT

University of Wisconsin-Milwaukee students enjoy the warm weather and beer on March 26, in Milwaukee, Wisc. Residents of the area have made numerous complaints to a neighborhood



DINING, FROM PAGE A1

will most likely come in fall

Attempts to entice students are already underway. Manager of the Commons, Barry Whitehead has recently introduced the six-foot sub sandwich to dining menu. This new item coincides with the suggestion Williams made in weeks prior, to expand on the sandwich selection offered on campus. "Whitehead has offered new items to create some excitement," said Ososkie.

When asked for his thoughts on why students choose Regatta's over the Commons, Ososkie remarked, "Most students like going to Regatta's in the **David Student Union because** that's where all the activity is."

Also weighing in the student's dining decision is the novelty of Regatta's. "It's the new building with many choices for their dining pleasure, and at this point they know they will probably run into their friends there as well," said Ososkie.

ATF, FROM PAGE A1.

members who volunteered to serve as "sober guest monitors" were taught CNU police procedures for the event and what to look for to identify whether alcohol is being consumed in excess.

Starting next year, a riskmanagement training course will be given at the beginning of each semester. One class will cover a club or organization for only one year. An alcoholic event must also be proposed 30 days in advance. Roeder predicts that there

will be four or five events providing alcohol next semester. "Clubs really have to be on

the ball," she said. Every alcohol event must also provide non-alcoholic beverages and food. These events must be run exclusively through CNU Catering. For every event that serves alcohol, security must be present and provided by CNU Police. The person in charge of these events must also go through a training program

Junior Sharon Philippou, an employee of CNU Cater-

for risk management.

ing, knew nothing about what had been changed. She said she would not attend an event sponsored by a club or organization at which alcohol is

served. Junior Aaron Martin said he only knew a little bit about the ATF meetings.

"It really didn't change that much," said Martin. He said he might attend an event at which alcohol is served. "I don't think it's a big difference, but it is a good change," said Martin regarding the allowance of alcohol at sanctioned club events.

Some policies, including the one that permits vendors in the CNU Village to serve alcoholic beverages, remain the same. CNU will maintain its dry residence halls. Additionally, activities such as tailgating and other organized consumption of alcohol related to athletic events remains prohibited.

The ATF, which met earlier this semester, was created by Trible to review the current CNU alcohol policy. The ATF, comprised of students and faculty, met to review the current policy.

Farooq bound for Egypt on Fulbright

HIGH HONOR | Senior will do research on minority political parties abroad.

BY BETH BECK BETH.BECK.04@CNU.EDU .

Mehreen Farooq, a senior political science major with a leadership minor, has managed to build a reputation for herself in a very short time, culminating in her recent reception of a research grant in Egypt from the Fulbright Program.

Farooq's experiences have prepared her well for this opportunity: growing up as an American Muslim, participating in the Oxford Mentoring Program and gaining even greater cross-cultural awareness through the Tidewater North African Exchange Program. Those who know her tend to praise her varied

"I first encountered Mehreen the spring of her first year when we invited her to apply for the Oxford Mentoring Program, said Dr. Quentin Kidd, associate professor

of political science. "I think what I liked about her was that she had a slight bit of an edge. That slight edge and intellect means she has the confidence to step out and try things. I was impressed, to

say the least." "From my interactions with Mehreen, I would say that she's an introspective and thoughtful person," said Kidd. "She's very interested in politics, and she has a gift for doing research, something that will serve her well during her Fulbright in Egypt and in the future in graduate

school." Farooq's future interests include graduate school, where she intends to focus her study on the political development of the Middle East. The Fulbright Program seemed like a logical step on her way.

"I've developed a strong bond with Dr. Kidd since my experience with the Oxford Mentoring Program the summer after my freshman year," said Farooq. "He's really the one who encouraged me to apply for scholar-

ships such as the Fulbright." Looking at the places in the Middle East deemed safe enough for travel, Farooq noticed Egypt's placement on the list. She had previously studied Egypt before its inclusion of an opposition party in the 2005 election.

"That's a huge step for them," said Farooq. "I'll be looking at the opposition party and their platforms for reform to see what got them elected among other topics."

Her research, which will generally be conducted through interviews with an array of subjects ranging from government officials to the voters themselves, is crucial to her role as a Fulbright Program participant.

"I think it was also a timely topic for U.S. interests which is why I think the Fulbright family background primed Program thought my proposal was ideal," said Farooq. "And literally as the days go by my proposal changes because the situation in Egypt is changing."

exposed to issues concerning the Middle East.

"My parents have always talked about politics," said Farooq. "The whole Palestine and Israel issue is central to any Muslim. And I grew up where the Middle East was always being discussed at dinner parties and everyday conversation."

Farooq also seems fully confident in her ability to handle the rigors of studying and researching for a full year in another country.

"There was this one point where I was apprehensive and was thinking to myself that I hope I am not in over my head," said Farooq. "But Dr. Kidd said that it's not good research if you are not willing to put yourself on the line for it."

confidence in her.

"I think she will handle herself well. Having the language will help her tremendously," said Kidd. "She has also already established relationships with two scholars at the American University in Cairo, so she is not going into this blind. And, her research project is solid and very

timely." "I know she's given a lot of thought to [possible challenges]," said Dr. Jay Paul, director of CNU's Honors Program. "Her topic is potentially controversial; the culture and language will be relatively new to her, but Mehreen is smart enough to figure out how she can carry herself successfully."



BETH BECK/THE CAPTAIN'S LOG

Senior Mehreen Faroog's her for an interest in Middle Eastern politics.

"Egyptians on the whole are very friendly people and Farooq has always been Egypt is pretty safe," said Farooq. "And I have an advantage with being an American Muslim and I've continued my study of Arabic. I'm sure there will be some sort of culture shock but I am pretty confident that I'll be able to adjust."

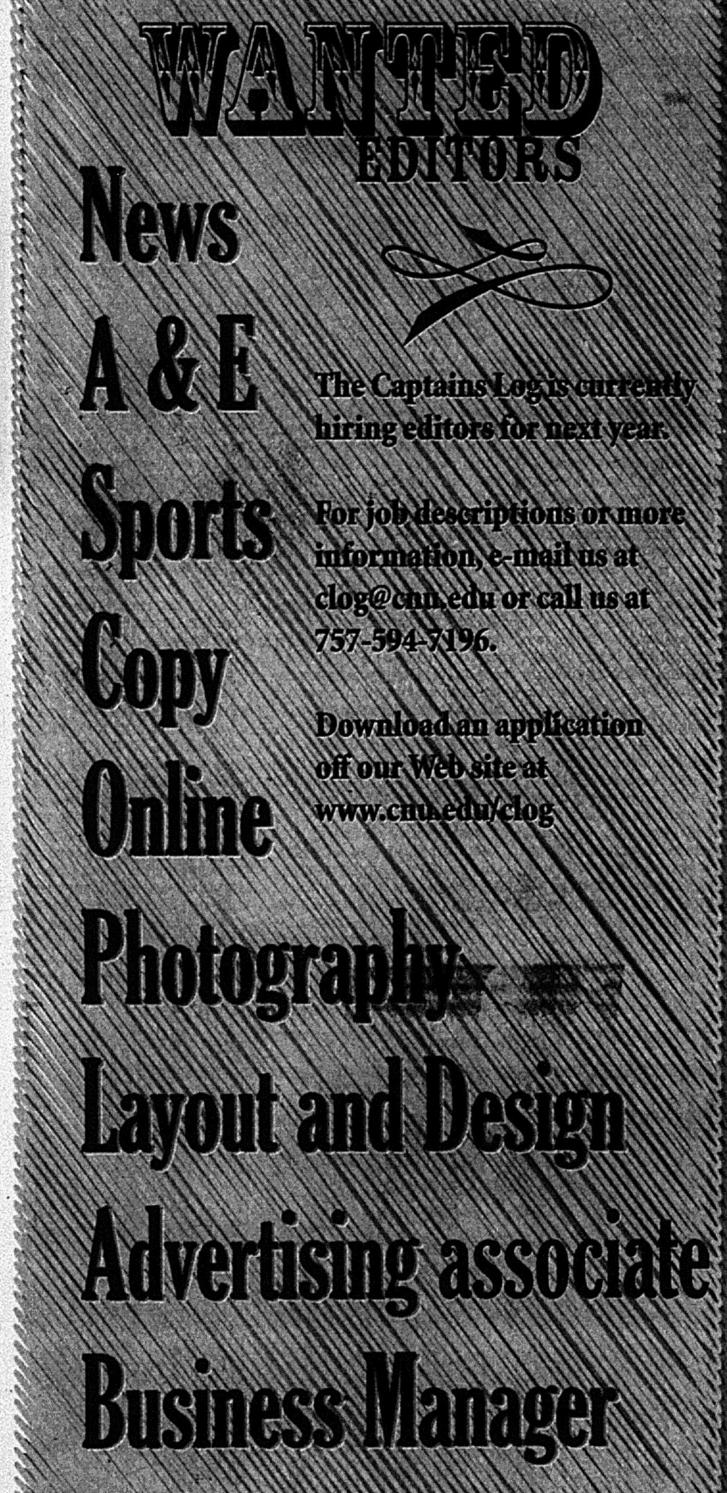
> Her previous experiences at CNU have rounded out the skills necessary for the trip.

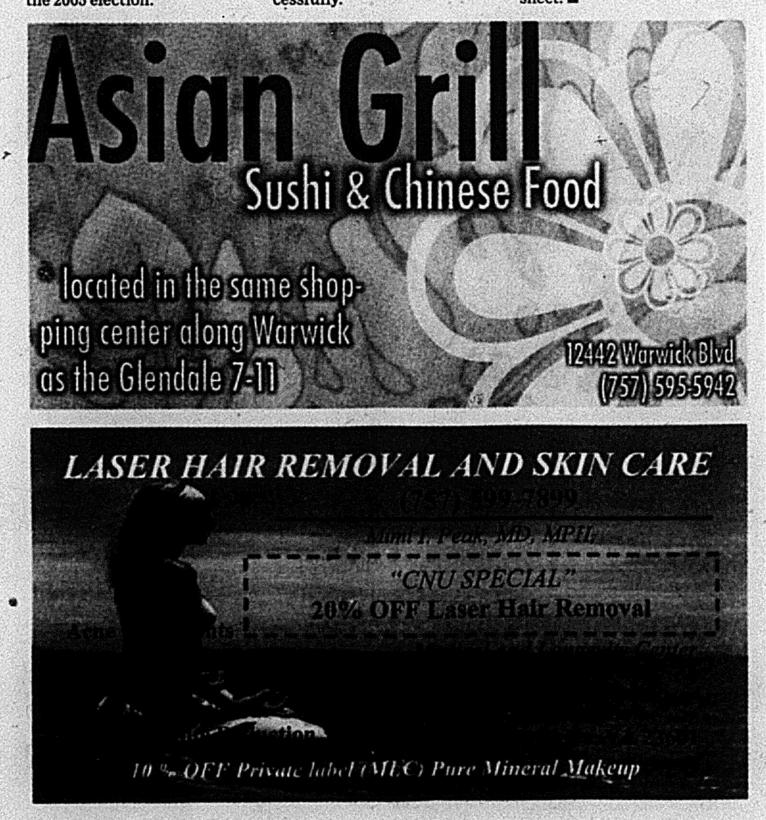
"My experience with the SGA has given me an understanding of responsibility and how to ask the right questions of official people," said Farooq. "That skill is going to help a lot with this research. I've learned to be diplomatic. You can't be very blunt in these situations."

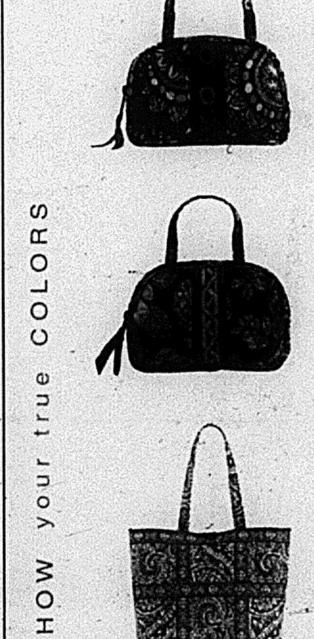
"As a person she is fun and easy going, but she also pushes envelopes at times," said Kidd. "I think this is And her professors all have what I like about her [that] she is not happy necessarily with the status quo."

With a request to be affiliated with American University in Cairo, Mehreen's schedule is still up in the air. "All I know for sure is that I will be doing qualitative research and interviewing government officials and so

forth," said Farooq. Established in 1946, the Fulbright Program is an outgrowth of the international educational exchange program sponsored by the U.S. government. Its goal is to increase understanding between the people of the U.S. and those of other countries around the world, according to the Fulbright Program fact







S



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REACHING SEASON'S END

SPORTS, PAGE B4

CAMPUS

Fraternity brothers battle it out for the crown at Gamma Phi Beta's Greek God event last week.



MUSIC

John Taglieri's fourth studio release still a lackluster effort, with trite pop attempts and hollow lyrics.



THEATER

"Actus Fidel," an original play by Steven Breese, opens as part of the Jamestown 2007 celebration.



ARTS AND ENTERTAINMENT | WEDNESDAY, APRIL 4, 2007

Newport

play 'leaves the harbor'

THEATRECNU | Actors combine skills and cross eras to perform -"Actus Fideí," which chronicles Christopher Newport's life.

BY AMBER WIXTROM AMBER.WIXTROM.06@CNU.EDU

"Let your dreams and ambition be your compass," exhorts Captain Christopher Newport, in Steven Breese's "Actus Fidei," TheatreCNU's newest effort. "A ship in the harbor is safe... but that's not what ships are for."

In "Actus Fidei," Steven Breese's new work based on the life of Captain Christopher Newport, TheatreCNU definitely leaves the harbor. Reviving the style of the epic play, "Actus Fidei" portrays a duality of worlds. It is a complex and often humorous work in which trial, tempest and time intertwine thoughtfully.

The production journeys into novel territory for the CNU theater department. They hired their first guest Equity actor, John Michalski (playing Captain Christopher Newport), and sailed upon new waters in the realm of technical theater.

Describing guest lighting designer Douglas Noble's experience, senior Annie Foster says, "This was the heaviest show he has ever done."

"It's over 350 light cues. You don't notice some of them, they're such minute details... with this show, you really sit back and enjoy the spectacle of it," she said.

And a spectacle it is. As the audience takes their seats before the show, an imposing seacraft reigns atop the stage. Golden sheaves of sun shift through misty blue while low sailors' chants drift across the deck of the majestic ship. Just before the theater dims, the front of the floor lowers downward, releasing a ghostly sigh of smoke from the bowels of the stage. Blood-red light illuminates the background and bells herald four cloaked men. Meanwhile, Phillip II stands in a shaft of fog, proclaiming his dogma.

From this opening, the show sails through shifting winds of transposed time, finding contemporary and 1600s worlds traced through centuries — and more similar than they would seem.

As in Tom Stoppard's "Arcadia," performed last fall by TheatreCNU, Breese's "Actus" connects historical figures with contemporary counterparts.

The characters from the 1600s are certainly compelling, including such varied persons as Queen Elizabeth, William Shakespeare, Sir Walter Raleigh, and — of course — Captain Christopher Newport. Junior Anna Hemphill portrays the eminent Queen Elizabeth, in all her duality, whether bantering lightly with court favorite, Sir Walter Raleigh, or proclaiming, "I am England" in regal responsibility.

"I choose to wed all my subjects," Hemphill declared — with her timeless depiction, one can believe it.

Guest artist Ed Whitacre plays her foil majestically, portraying a flirtatious but stately Raleigh. "What is love? I prithee, say," he asks, bowing before the queen.

"It is a game," she replies. "It is a name."

Love is only one of the aspects upon which "Actus Fidei" speculates. Death, almost a physical presence in the world of the 1600s, appears in various forms throughout "Actus Fidei."

The enigmatic figure of A Child, played with capricious precocity by junior Natalie Fehlner, materializes mysteriously at key points in the play, dealing with death in almost otherworldly innocence. When first seen scampering onto stage, she perches on a coffin while singing, "Hey, Nonny No." The ethereal Child bats at hanged men above her in cat-like fashion, witnessing events through present and future with puckish playfulness.

More than a ghost, almost an angel, the Child appears before those in times of need, comforting young Jack (bereaved child of the absent Chris, the Captain's contemporary counterpart) in innocent youth.

Besides mystery and grief, however, death also shows its element of humor a comic exchange between two sailors proves one of the play's most hilarious moments, though addressing one of its most serious subjects.

In "Actus Fidei," death does not halt communication, but rather facilitates it. Played with evocative emotion by junior Katie Parker, Christopher Newport's deceased wife Katherine appears onstage throughout the play, counseling or questioning Newport.

"She's sort of like Christopher's subconscious," Parker explains.

SEE ACTUS, PAGE B2

THE LIST

campus

April 4

Jazz Combos, 730 p.m., Ferguson Centerforthe Arts Studio Theater

April 5

CNU Saxophone Ensemble, 730 p.m., Ferguson Center for the Arts **StudioTheater** Hampton Roads Bluegrass Jamboree featuring Cherryholmes, 730 p.m., Ferguson Center for the Arts Concert Hall Homegrown, 7 p.m, DSU Patio

Actus Fidel, 8 p.m., Ferguson Center for the Arts Musicand Theatre Hall CAB Movie: "Casino Royale," 7 p.m., **Gaines Theatre** Craft Night, 8 p.m, Bookstore

CAB Movie: "Casino Royale," 7 p.m.,

Gaines Theatre Hall

Scholarship Recital, 7:30 p.m., Ferguson Center for the Arts Music and Theatre Hall

Open Film Night, 7 p.m., Cinema

April 6 Renewal Art Show, 7 p.m., The

Warehouse April 7

Salsa Con Sabor: A Night For Salsa Lovers, 930p.m, Manila Avenue Nightclub

concerts

April 4

Kottonmouth Kings, 7 p.m., The

April 6 Winston's Café, 930 p.m. Winston's Café

April 7 Anti-Flag, fp.m, The NorVa

movie releases

April 6

"Grindhouse" This movie is actually two feature-length films put together. The first is "Deathproof" which depicts a crazy man named Stuntman Mike (Jurt Russell) who kills women with his car. The second movie is "Planet Terror" which follows a sheriff's department as it deals with people who become "infected" and murder other people. These two films are made to resemble the B-rated horror flicks of the past. "Grindhouse" is rated R. "Are We Done Yet?" Nick(Ice Cube) and his wife (Nia Long) decide to move their family to the suburbs to provide a better life for their children. This movie provides many funny adventures for the family due to mishaps in renovating their new home and a run-in with a deer. "Are we Done Yet?"is rated PG.

cd releases

April 10

"Cassadaga"-Bright Eyes "23"- Blonde Redhead "The Adventures of Ghost Horse & Stillborn*-CocoRosie

dvd releases

April 2

"Charlotte's Web" "The Good Shepherd" "Volver" "Death of a President" "Jump In!" "Black Christmas"

PHOTOS BY RYAN BURKE/THE CAPTAIN'S LOG "Actus Fidel," performed by TheatreCNU, is an original play by Steven Breese.

Frat men fight for 'god' title

GREEK GOD | Gamma Phi Beta raised money for Orphan Helpers, their local philanthropy.

BY KRISTEN WILLETT KRISTEN.WILLETT.04@CNU.EDU

In a Greek event of "epic" proportions this past Wednesday, March 28, nine men from five different fraternities gathered in Anderson Auditorium to compete for the title of Greek God to benefit Gamma Phi Beta's local philanthropy, Orphan Helpers.

The event started with introductions of each contestant and continued through three categories of performance - showing off one's letters, displaying a talent, and responding to a question and answer session.

Orphan Helpers, a nonprofit organization, is centered on meeting the educational, emotional and physical needs of orphaned, abandoned or incarcerated children.

Currently they are concentrating their efforts in Central America.

Vice President of Philanthropy and senior Laura Burlingham said, "The Epsilon Iota chapter of Gamma Phi Beta (CNU's chapter) decided to make orphan helpers our local philanthropy because we were able to be more 'hands-on' involved."

"We raised about \$380 for Orphan Helpers. The money we raised will go directly to aid in the funding of the planned trip to Honduras to aid the Orphan Helpers camp at this location," said Burling-

The competition began with "Showing your Letters," and

the guys had very interesting ways of doing so.

The ideas ranged from Pi Kappa Phi's sophomore Grant Howard stapling the letters to his back to Kappa Delta Rho's senior Brett Sinsabaugh fishing for them from the stage.

"For my display of letters portion I fished for my letters to the tune of Brad Paisley's 'I'm Going to Miss Her.' Fishing is one of my favorite hobbies and, by working it into my performance, I believe it really showed my personality," he said.

The talent category of the show was equally interesting. Howard performed a ribbon dance, and Sinsabaugh did a dance from the movie "Bring

The audience seemed to find senior Brandon Parks' performance the most interesting.

it On."

Parks, of Pi Lambda Phi, broke four glass bottles,

wrapped in plastic, over his head.

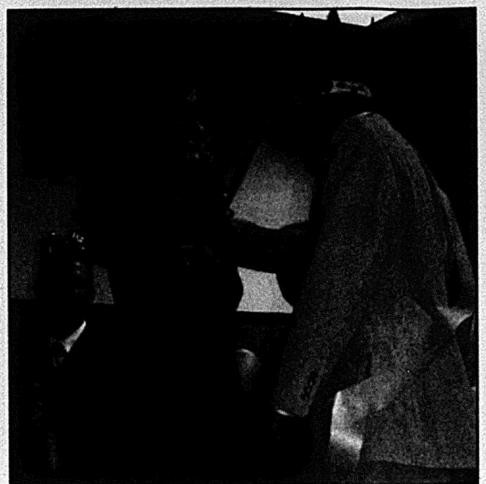
Sophomore Marie Steinheiser said, "You could tell the audience didn't really know what to do with Brandon's talent. There were audible 'oh's,' and many looked away. Personally I couldn't even look because it wasn't something I really wanted to see."

Sophomore Rich Bell and senior Brandon Parks, both of Pi Lambda Phi, took third and second place respectively. Senior Brett Sinsabaugh

of Kappa Delta Rho took the crown.

Sinsabaugh said, "I'm very excited to win the event. I hope it will help promote Kappa Delta Rho Fraternity. I'm very happy to help support Gamma Phi Beta and their philanthropy."

Gamma Phi Beta plans to hold the event again next year, Burlingham said.



KAREN HYMES/THE CAPTAIN'S LOG

Senior Brett Sinsabaugh was crowned "Greek God."



John Taglieri's "Wide Awake & Dreaming" mixes the worst of Timberlake, Rascal Flats and Weird Al.

Taglieri's 4th album fast asleep

Pop/inspirational effort suffers 'musical mishaps.'

BY MARK NEWTON MARK.NEWTON.06@CNU.EDU

Artist: John Taglieri Album: Wide Awake & Dreaming

John Taglieri looks like a punkier Justin Timberlake, plays music like a soft rock Rascal Flatts and sings like Weird Al Yankovic.

The problem is that he doesn't retain any of the creativity or lyrical talent.

He manages to hit every stereotyped pop rock hook on his fourth album, "Wide Awake-& Dreaming," but, unlike Weird

Al, he's serious about it. Compounding the problem

are the fill-in-the blank lyrics. What comes after "well, I can tell you here, things have never been so ----" in "No **Uncertain Times**"?

The entire album is plagued with pop-by-numbers. By the fourth studio album, you'd think Taglieri should've moved past such musical mishaps.

Then, abruptly, Taglieri slides in with the instrumental "La Pregunta de Corazon" and, suddenly, his music has a

Latin flair on "Tell Me If." By the way, can anyone guess what John wants to be

The last five songs show that Taglieri is willing to branch out his style, even if it

remains uninteresting. In addition, his lyrics are way too mushy and inspira-

tional. It practically borders on Christian pop when, in "Falling Through," he signs: "sometimes you have to look deep inside yourself to find the places you didn't know you could hide /dodgin' bullets in the fast lane of life, it makes you wonder if it's all

worth the ride." He hits a few genres here and there, from the Latin "Tell Me If" to the punkish "Think Of You" to the motivational every-other-song-on-

the-album. Like so many undiscovered artists, he remains confined to MySpace (http://www. myspace.com/johntaglierimusic) for a good reason.

John Taglieri needs to distinguish his music if he hopes to get wider exposure.

ACTUS, FROM PAGE B1

Other characters experience this surrealism, as parallel counterparts are transported through time to comfort and converse, interacting in poignant and insightful dialogue.

In one climatic scene, the youthful Jack, grown son of the perennially absent Chris, encounters his father in his past life as the seawandering Captain Newport, confronting both his jaded image of his father and the hero-worship of his innocent

"Embrace this time," pleads the anguished Jack (senior Jordan McArthur), to his past child-self. "Once it's gone, it can never be un-gone."

But TheatreCNU seems to defy this truth, lifting the audience into a past as real as our lives today - though even our perceptions of that are questioned.

"Bring us the news," the humorous and foppish Virginia Company wins laughs while waking us to

our own assumptions about our so-called heroes. Fame is a burden that Newport seems to find tiresome - but as Jack puts it, Michalski's Captain is "impossible to ignore."

While Christopher Newport is as a sun to his sailors, other characters shine as well.

Freshman Bryan Austin is particularly notable as Sir Francis Drake, striding through the stage with enigmatic enthusiasm.

While his character's lengthy, ballad-like monologue seems slightly out of place in the otherwise tightly woven play, Austin captures and keeps the audience's interest, injecting each line with singular vitality.

The pirate/sailor ensemble, as well, captivates the crowd, interspersing danger and dance in fleet steps and swings.

McArthur, as John Smith and his counterpart Jack, constructs both characters beautifully, exhausting a vast emotional range in an intense — but still subtle

- portrait of torn youth. "Actus Fidei's" costumes complete the picture.

Whether in capes tossed over shoulders and ruffs haloing necks or faded blue pajamas and unbuttoned cardigans, each character is graced with unique and fitting apparel.

And the set — that vast ship — is used expertly for all settings, managing locales as varied as early Jamestown, Elizabethan England, and the modern American suburbs, as well as the majestic craft at sea.

Rich in aesthetics, script and character, "Actus Fidei" offers a new view on a bygone era.

"Perspective is time's gift," muses Sir Francis Drake, touching the hilt of his sword. Bringing humanity to his-

tory, "Actus Fidel" leaves the audience pondering Drake's last question: "How might you have lived

your life, back then?" "Actus Fidei" continues next week, running from Thursday, April 5 to Saturday, April 7 at 8 p.m. 🔳

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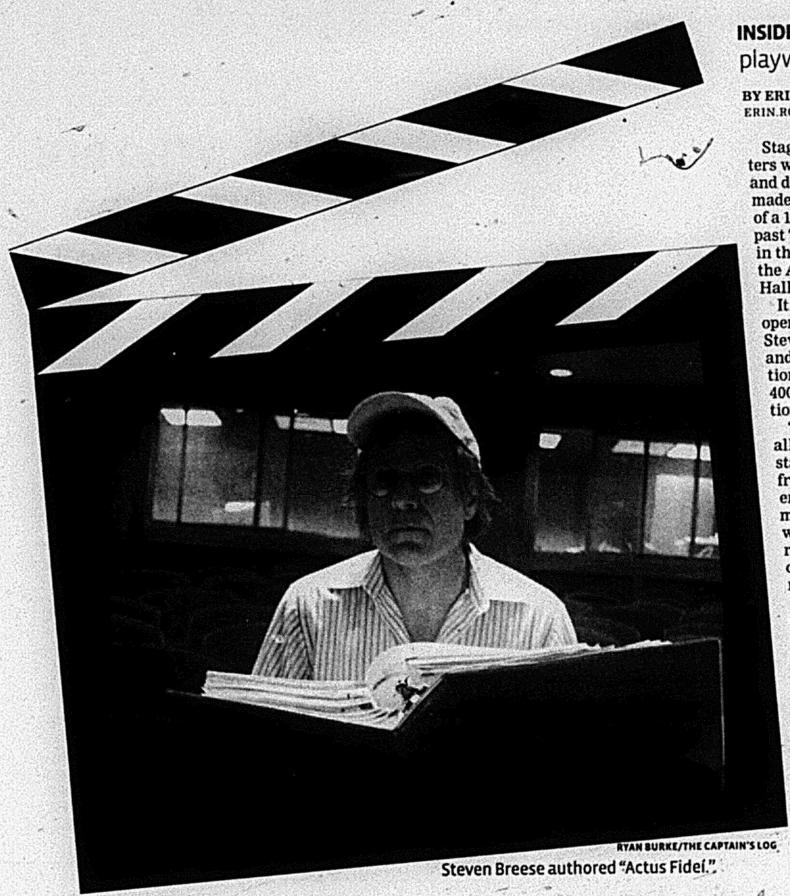
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Getting into Newport's socks



INSIDE LOOK | Steven Breese focuses his playwright energies on "creative retelling."

BY ERIN ROLL ERIN.ROLL.04@CNU.EDU

Stagehands and carpenters were busy climbing up and down an elaborate set made to look like the stern of a 17th century ship this past Thursday afternoon in the Ferguson Center for the Arts Music and Theater Hall.

It was the day before the opening of "Actus Fidei," Steven Breese's latest play and one of CNU's contributions to the Jamestown 400th anniversary celebrations.

"Actus Fidei" is actually two plays in one: one starring notable figures from the Jamestown era, the other starring modern-day characters, with the plotlines running parallel to each other and eventually merging.

"I do like creative retelling," Breese said. "I like the idea of taking a spin on an old subject."

Growing up, Breese said, he was a great fan of the works of Shakespeare, a man not only regarded as one of the greatest playwrights in history but who also took old, familiar stories and gave them a new feel.

In fact, Breese's previous world premiere was a retelling of one of Shakespeare's own retellings: 2002's "Trial of Hamlet," which showed Hamlet going on trial for Polonius's death.

"Actus Fidei" is a continuation of some of the themes present in the play. Both plays seek to present a new angle of a story that is already familiar to the audience and to present new facets of the characters. "Playwrights are always looking for something new."

Christopher Newport, for example, is portrayed as both hero and villain, someone who has done both good and bad things during his life.

Where most playwrights would want to step into the shoes of the character, Breese wants to take it one step farther.

"I want to know, what's it like being in the socks and underwear of Sir Francis Drake?" Breese asked.

Most importantly, Breese wanted to avoid having the play become a straightforward historical re-enactment. "I mean, you can read all that stuff in a history book," he said.

The play first came into being four years ago when CNU's Jamestown Commission, headed by Dr. George Hillow of the theater department, proposed that

the department write and produce a new play based on the life and times of Christopher Newport, for the 400th anniversary this year.

Breese spent two years doing research at the James. town site and its museums, as well as various sites in London. The play went through two rewrites before it became the version that premiered this past weekend.

"The first two were lousy. Ultimately, I realized that the play was about a father and a son in contemporary times," Breese said.

The duo is the father, Chris, who is often absent on business, and his grown son. Jack. Their tense relationship is mirrored by an equally tense father-son type relationship between Newport and John Smith.

Almost all of the cast members play two roles, one in the 16th and 17th centuries and one in modern times, and the characters are usually doubles of one another.

The title "Actus Fidei," literally an "act of faith" in Latin, comes from the fact that many of the characters are embarking on journeys or ventures that most people would find risky or foolish.

The biggest act of faith in the play, Breese said, is people's belief in a better, brighter future.

A talk-back session with the cast and crew of "Actus Fidei" will take place at 6 p.m. tonight in the Music and Theater Hall.

'Lookout' combines the worst of great films

First-time director Scott Frank should stick with action.

BY CHRIS MCCRACKEN CHRIS.MCCRACKEN.04@CNU.EDU

Take your typical filmnoir plot, mix that with the idea from "Memento," and sprinkle on a little bit of "Fargo" for taste.

Put it in the oven for a few minutes and you have "The Lookout."

Though it sounds like a great recipe for a flick, this morsel has no flavor.

The movie is just stale. It tries to combine all of these cool elements from other films, but just cannot get them to mix together in the right amounts.

"The Lookout" tells the story of super-famous high school hockey player Chris Pratt (Joseph Gordon-Levitt), who gets into a vicious car accident.

The wreck leaves Pratt with a short-term memory disability and a significant amount of guilt, as some of his friends were injured in the crash.

Pratt no longer fits in anywhere in snowy Kansas City.

As a result of his head injury, he has become socially awkward, unable to remember easy things like names and given to blurting out inappropriate comments.

Pratt's only friend is his roommate Lewis (Jeff Daniels), who is blind. Sadly, Lewis appears to have an easier time living

than Pratt. The only job Pratt is able to perform is as night

janitor at a local bank. Pratt, by what seems like chance, finally makes new friends.

However, these friends are planning a bank robbery at the same bank at which Pratt works, and they need someone to be the lookout.

But, as Pratt's new

friend insists, whoever has the money has the power.

"The Lookout" is stale because it takes way too long to develop the story. Getting to the climax is just unexciting; it gets a

little boring. When we finally do get to the heist, the movie takes off in full force.

The scenes are gripping with raw intensity, but only during the last part of the movie.

If only the rest of the movie was made with this much passion and dedica-

The action leading up to the heist just seems like dramatic filler. "The Lookout" was

directed by first-timer Scott Frank.

Despite the slow start, he shows many moments of promise.

If he focuses on a strictly action film next time, I think he will be quite successful.

The heart-pumping sequences in the film look like the undertakings of a far more experienced filmmaker.

Gordon-Levitt does another fine job of playing the protagonist in a filmnoir movie (as in "Brick").

Throughout the film, his expressions harshly display the anguish and frustration he constantly experiences from his mental disability.

Though Frank really tries to make this film work, he needs to complete his storytelling first.

He drops some characters and sub-plots before we really know what their purpose is in the first place.

It seems that Frank attempted to merge elements from all of his favorite films into his own.

Good intentions aside, it just became jumbled and unfinished.

Frank might have the money, but he doesn't yet have the power to create a great film.

"The Lookout" receives two and a half out of five stars.



KAREN HYMES/THE CAPTAIN'S LOG

Junior Victoria Liaros sticks her tongue out while competing in the Guitar Hero II competition, sponsored by CAB and Pi Kappa Phi.

'Guitar Hero' tournament strikes chord with students

ROCK ON | Students strike their best rock poses, battling for "Guitar Hero 2" Champion status.

BY KRISTEN WILLETT KRISTEN.WILLETT.04@CNU.EDU

The old Regatta's became a sanctuary for "Guitar Hero" novices and experts alike this past Saturday night. With the lights turned down low, the audience focused squarely on the stage as the only two remaining competitors donned faux six-strings for the last showdown of the evening. This final shred fest would determine the ultimate "Guitar Hero 2" champion.

On March 31, roughly 70 students showed up to watch and compete in the Guitar Hero 2 competition, hosted by Campus Activities Board

and Pi Kappa Phi. "Both Pi Kappa Phi and CAB talked about holding an event like this separately because we know that people love this game, but because I am both on CAB and the president of Pi Kappa Phi, I thought it would be great for everyone to cosponsor it," senior Mike Tanner said.

In "Guitar Hero 2," played on PlayStation 2, players become rock gods, performing classic songs on a plastic guitar with five colored frets and a single strum key.

To earn money and fame, players must hit the correct fret and strum on beat, earning bonus points with the whammy bar. In multiplayer mode, players can either perform co-op (one on bass or rhythm guitar and the other on lead) or they can battle each other in face-off mode.

Contestants were broken into brackets for each level in the game and there were stations all around the room; two participants would then play each other to see who would continue on to the next level of the bracket. Participants played for \$100, \$50 and \$25 gift cards to Best Buy. There was also a raffle for the game and a guitar to go with it.

Sophomore Josh Cross was among the contestants. "I started playing spring semester freshman year with my roommates," said Cross. "I just wanted to come tonight

to have some fun and support my friends in CAB." Unfortunately, Josh did not make it to the next round.

"I am just going to relax and have some fun now that I don't have to worry about playing," he said.

The night's big winner was freshman Andrew Strackbein, who has played "Guitar Hero" since its first release and plays roughly two hours a day. "I thought it was really set up well. They had a lot of people come out," he said.

Overall, the event was a success. Sophomore and CAB member-Laura Smith said, "I think tonight is going great. Everyone seems to be having a great time." Tanner agreed, "With tonight going so well, I. think we will definitely try to do it again sometime."

WATCH IT. PLAY IT. REVIEW IT.

THE CAPTAIN'S LOG IS LOOKING FOR STUDENTS TO WRITE REVIEWS FOR FILM/THEATER/MUSIC/VIDEO GAMES/BOOKS PLEASE SEND A WRITING SAMPLE TO CHANELLE.LAYMAN.04@CNU.EDU

WEDNESDAY, APRIL 4, 2007 | PAGE B4

SPORTS SCORES

baseball

(6-4, 19-9) March 28 Finals:

CNU 10, Virginia St. 8 March 32 Finals: CNU 3, Ferrum 1 April 2 Finals:

Ferrum 2, CNU 1

Rankings

| 1. Methodist | 6-4 | 21-8 |
|------------------|-----|-------|
| 2. CNU | 6-4 | 19-9 |
| 3. Ferrum | 6-4 | 15-14 |
| 4. Averett | 5-5 | 29-9 |
| 5. N.C. Wesleyan | 5.5 | 20-12 |
| 6. Shenandoah | 4-6 | 16-9 |
| 7. Greensboro | 4-8 | 13-18 |

Upcoming games: 4/5: CNU vs. Piedmont 4/6-7: CNU at N.C. Wesleyan

softball

(10-1, 27-6)

March 28 Finals: CNU 1 Ferrumo March 31 Finals: CNU 15, Mary Baldwin o CNU 14, Mary Baldwino ... April 1 Finals:

CNU 6, Shenandoah 1 CNU 9, Shenandoah 1 Rankings

| 1. CN | | 10-1 | 27-6 |
|-------|---|-------|-------------|
| 2. M | ethodist | 9-3 | 25:7 |
| 3. Gr | eensboro | 7:5 | 28-8 |
| 4. N. | C. Wesleyan | | 18-8 |
| 5. Pe | ace | 5.7 | 21-13 |
| 6. Sh | enandoah | 4-8 | 11-15 |
| 7. AV | erett - | 3-9 | 8-19 |
| 8. Fe | rrum | 2-9 | 13.18 |
| Hace | THE RESERVE OF THE PERSON NAMED IN COLUMN 1 | -10th | |

4/4: CNU vs. N.C. Wesleyan 4/4: CNU at Chowan

women's tennis

(5-0, 16-0) March 31 Finals:

CNU 5, Methodist 4 April 2 Finals: CNU 9, Peace o

| | CNU | 5-0 | 16-0 |
|----|---------------|-----|------|
| 2. | Methodist | 5.1 | 13-4 |
| 3. | Greensboro - | 4.1 | 5-5 |
| 4. | Peace | 3-2 | 6-9 |
| 5. | Shenandoah | 2.2 | 8-3 |
| 6. | N.C. Wesleyan | 2.5 | 4-8 |
| 7. | Ferrum | 0-5 | 2.7 |
| 8. | Averett | 0-5 | 0-6 |

Upcoming matches: 4/6: CNU at Greensboro 4/7: CNU vs. Averett 4/10: CNU vs. Meredith

men's tennis

(4-0,9-6)

March 28 Finals: CNU 9, Shenandoah o March 30 Finals: CNU 8, Greensboro 1 CNU 5, Averett 4 March 32 Finals: #17 Washington & Leeg, CNU o April 1 Finals: Rhodes 6, CNU 3

Rankings: 1 CNU

| | | 700 0 N N N N N N N N N N N N N N N N N |
|---------------|---|---|
| Averett | 5:1 | 8-5 |
| Methodist | 4.1 | 6-8 |
| N.C. Wesleyan | 3.2 | 5-5 |
| Greensboro | 1.4 | 1-9 |
| Shenandoah | 0-4 | 3-9 |
| Ferrum | 0-5 | 4-13 |
| | Averett Methodist N.C. Wesleyan Greensboro Shenandoah | Averett 5:1 Methodist 4:1 N.C. Wesleyan 3:2 Greensboro 1:4 Shenandoah 0:4 |

Upcoming matches: 4/6: CNU at N.C. Wesleyan CNU at Oglethorpe 4/7: CNU at Methodist

women's lacrosse

4/10: CNU at Mary Washington

(6.0, 8.4)March 31 Finals: CNU 16, Methodist 4

Rankings:

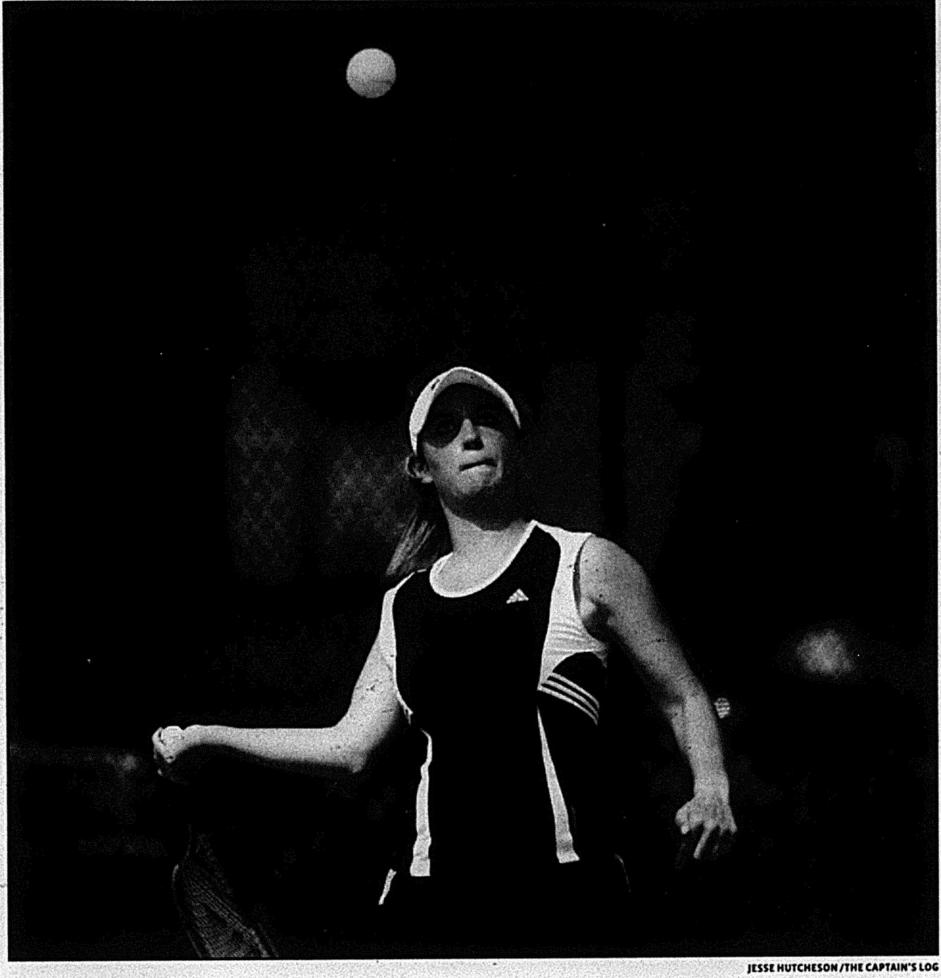
| 1. | CNU | 6-0 | 8-4 |
|-------|--|-------------|-----------------------|
| 2. | Greensboro | 5.1 | 8-4 |
| 3. | Methodist | 4.2 | 5-9 |
| 4. | Shenandoah | 2-4 | 4-8 |
| 5. | N.C. Wesleyan | 1-4 | 3-10 |
| 6. | Averett | 1.4 | 2.7 |
| 7. | Ferrum | 1.5 | 4.7 |
| AND C | substrain discount of the large | の中ローラー大人にから | 4.75/795-2.74/2.5/75/ |

men's lacrosse

(4-3)

March 28 Finals: Hampden-Sydney 19, CNU 4 March 31 Finals: Mary Washington 13, CNU 4

Upcoming games: 4/7: CNU at Randolph-Macon



Sophomore Lindsey Pantele readies her return hit in the women's tennis team's Saturday game against rival Methodist.

Reaching season's end

women's TENNIS | The Lady Captains are 16-0, the best start to a season in school history, heading into their final three matches.

BY JASON COMO JASON.COMO.04@CNU.EDU

Undefeated at 14-0 and hosting perennial conference favorite Methodist on Saturday, the Lady Captains found itself down 4-3 going into their final two singles matches.

In Division III tennis, teams play three doubles matches and six singles matches, and the team that wins five or more wins the match. On Saturday, the Lady Captains' hopes for a statement win and a perfect season rested on the shoulders of sophomore Chandler Long and freshman Liz Thedford.

Long won her match first, evening the score at 4-4.

Thedford was left alone on the CNU Courts in the middle of her third and the deciding set with all eyes on her.

"I knew what the score was," she said. "I just tried not to think about it."

Thedford completed the comeback; taking the last two sets to give the Lady Captains a 5-4 win.

But it wasn't just another

"[Methodist] is the best and they have been for years," said coach Jenny Nuttycombe.

The Monarchs have enjoyed a stranglehold on the USA South for some time. Last year, the Lady Captains started their season in a similar fashion, winning their first 10 matches on their way to a showdown at Methodist.

They came out on the wrong end of a 5-4 decision in-that match, which turned out to be their only loss of the season as they finished at 16-

This year they were ready. .. "We had a winning streak going into Methodist this year and it was the same scenario as last year. We knew we had to come to play and we did," said Nuttycombe.

Although the team has enjoyed a great season thus far with several highlights, the Methodist match is already the defining moment. It has shown that this years' team is different from last years'.

"[This season has] been more exciting just because we were able to beat Methodist in the regular season," said junior Frannie Shivar.

The win was Nuttycombe's first ever in the regular season against the Monarchs, but she isn't letting the victory go to the team's head.

'Our favorite quote is 'Be Humble.' Right now we're at the top so the entire conference wants to beat us," said Shivar.

"Coach won't let us think about [beating Methodist and going undefeated]. She always tells us not to think about it until after the conference tournament," said Thedford.

The tournament, which will be held April 13-15 in Burlington, North Carolina, has undergone a transformation this season. In past years, unless the USA South winner received an at-large Shivar.

bid to the NCAA Tournament, their season was over.

This year, for the first time ever, the USA South Tournament winner will receive an automatic bid to the NCAA's.

The change has served as extra motivation for the Lady Captains, not that they have needed it. They beat Methodist in the conference tournament last year, and ended the season on a six-match winning streak.

"Last year helped us a lot. If we could understand what it meant winning the conference tournament then we could be ready to compete in the NCAA's this year. The success we had made us want the same this year. We were 16-1 and the team decided they wanted the same this year," said Nuttycombe.

The conference tournament will serve as the season's ultimate test, as the Lady Captains will most likely find themselves face to face with Methodist once again.

Although they are confident, they won't take anything for granted.

"We haven't won yet," said

Who are this year's Tigers?

BY CHRIS INZIRILLO CHRIS.INZIRILLO.05@CNU.EDU

Ok, everyone relax.

I am writing this article Monday night and much has happened already that has some fans going crazy with excitement and others entering a state of depression.

Yes, the Royals beat the Red Sox 7-1. Yes, the Reds held the Cubs to one run. And yes, through four innings, Johan Santana has given up three earned runs.

In the grand scheme of things it doesn't really matter.

And of course, what would the beginning of a season be without all of the "pace theories"?

As of Tuesday morning, Hanley Ramirez is on pace to score 648 runs, Miguel Cabrera is on pace to have 648 runs batted in, Adam Dunn and Edgar Renteria are on pace to hit 324 home runs a piece.

Brett Myers is on pace to have about 290 strikeouts, the Royals are on pace to win 162 games, the Red Sox are on pace to lose 162 games, and Ben Sheets is on pace to give up only 65 hits, no runs, and pitch nearly 300 innings.

Will any of these things happen?

Are you kidding me? You can't really make any predictions based on Opening Day, because, as I've said in the past, baseball is a marathon, not a sprint, which makes the first half of the season seem almost irrel-

However, I can offer you my take on how some things will play out this year based not on Opening Day, but on how teams and their lineups have been put together for the upcoming season.

For this article, I will stick to my favorite subject: sleep-

Who will be this year's Tigers?

The truth is probably no

It's not every year that a team makes a 24-game turn

around in the standings and jumps from fourth place to a World Series appearance. However, sleepers are more commonly teams who make a

noticeable improvement from the year before or a team who clearly exceeds expectations. I will now claim credit for last year's NL sleeper call of the Florida Marlins, who were

predicted by most to lose over

100 games. Meanwhile, the Marlins, as I said they would, exceeded expectations and were in the heat of the wild-card race in September, finishing at a record of 78-84 (that's 16 losses

short of 100). Also, I must claim responsibility for my miserable AL sleeper call of last season. The Seattle Mariners, who

SEE SLEEPERS, PAGE B6

Baseball scores impressive win on road

SPORTS BRIEFS | The baseball team defeated Division II Virgina State; the outdoor track and field had their first event of the season.

BY JASON COMO JASON.COMO.04@CNU.EDU

Baseball The Captains scored an impressive road win against Division II Virginia State on

Wednesday by a final of 10-8. The Captains scored seven runs in the second inning and

never surrendered the lead. Sophomore Trae Bailey and freshman Joey Martin each finished with 3 RBIs and sophomore Brandon Berry went 4 2/3 innings to pick up

the win. Back home on Saturday, junior Kenny Moreland pitched a complete game, allowing just one run and striking out nine, as the team defeated Ferrum 3-1.

Bailey and Martin again contributed at the plate, each driving in one run.

The Captains played Ferrum again on Sunday, but this time they lost 2-1 as their offense could not produce any

Martin recorded half of the team's hits, and the Captains scored their only run on a Panther error.

The team is now 19-9 (6-4 USA South), equaling their win total from all of last year. They host Piedmont tomorrow with the start time to be

announced. Women's Lacrosse The Lady Captains won the USA South regular season title with a 16-4 road beat down of Methodist on Satur-

day. With the win, the team also received a first round bye and a No. 1 seed in the Conference Tournament.

The game was never close after the first few minutes, including an offensive spurt in which the Lady Captains reeled off 10 consecutive goals.

Senior Kristen Conques and freshman Bonnie Hansen each scored four goals, and Hansen added three assists for the Lady Captains.

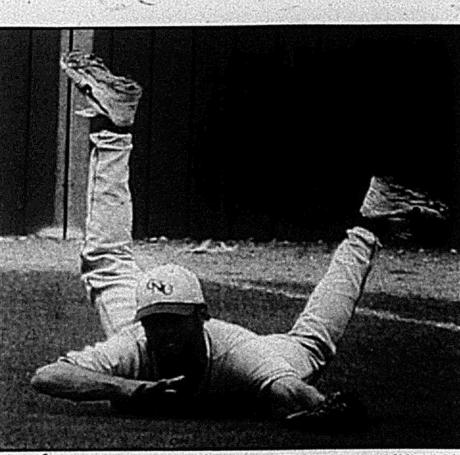
Junior Theresa Sparks and freshman Gayle Robinson split the goalkeeping duties, combining for four saves.

The Tournament begins on Tuesday, April 10, and will take place in Burlington, North Carolina. Softball

Junior Janet Fairchild

picked up her tenth win of the

SEE SOFTBALL, PAGE B5



JESSE HUTCHESON/THE CAPTAIN'S LOG

Sophomore Eric Cole makes a diving catch in the baseball . team's Sunday game against conference rival Ferrum.

Florida repeats as NCAA champs

COLLEGE HOOPS | "The Brothers Rim" sum up the end of March Madness season by recapping the high points of the championship game.

BY BEN AND DANIEL SETTLE BTSETTLE@GMAIL.COM DANIEL.SETTLE.04@CNU.EDU

Daniel, Pre-NCAA Championship Observations:

Last week when I said that I was picking Georgetown and UCLA, I meant that I was picking them to lose. The list of teams that I've been able to jinx in this tournament is not short: Long Beach St., Holy Cross, Wisconsin, Texas, Georgetown, and UCLA more recently (among others). If that's not incentive enough for me to stick to the NBA, I don't know what is. More points of emphasis:

Heard a good quote about why Florida will win: "This game is why they (all their players) came back, and they won't be denied," (courtesy

of former ESPN.com writer Dan Shanoff). It sounds so simple, and it is. This team is on a mission and they are one game away from completing

Why does Aaron Afflalo seem to crap the bed in his last game of each season? 5-14 shooting and fouling out with only 22 minutes of burn in a tournament loss? His draft stock could best be described as "slipping."

Greg Oden: please stay out of foul trouble. This game will be much better if you're not on the bench. Michael Phelps is the best

athlete in the world. Ben. Pre-NCAA Champi-

onship Observations:

Last thing first: Phelps is only breaking world records because he has been inspired

by a tearful Terrence Howard and Bernie Mac from "Pride" to be the best swimmer possible.

Who have I jinxed? The state of Texas (Durant and A&M) and the entire ACC (except Carolina). However, I have been persistently annoying all year about Ohio State winning the national championship and I am not stopping now, a mere eight hours from the end of the season.

Florida won't win because Billy Donovan is already wearing his blue Kentucky ties, which is bad karma. Plus, Noah (and sometimes Brewer) is a punk. More bad karma.

How did UCLA win 30 games? Collison is nice, Afflalo is good when he isn't in foul trouble, Shipp is solid, and everyone else seems useless. Coach Ben Howland must be a genius.

Oden will be fun during the game, but the key is Mike Conley abusing Taurean

with Oden's ability to defend sibly last) written tournament the post without help, leaving Lee Humphrey covered at all times, will be the two reasons the Buckeyes win.

GAME TIME: Daniel. Post-NCAA Championship Observations:

Florida just got done winning a mostly uneventful game. Sadly, instead of any memorable dramatic plays or sequences, I'm worried this game will be remembered as anticlimactic, though it , was a good game. Florida got out to a lead in the first half and was able to maintain it throughout the second despite the fact that: a) Oden was not in foul trouble and played the ENTIRE second half (though he should have come out at SOME point), and b) Joakim Noah battled foul trouble the whole time and had a very pedestrian game for a future lottery pick (though he did bag all his free throws toward the end). Some final points Green. Such abuse coupled to wrap up our first (and pos-

dialogue:

My roommate, Jeff, says Billy Donovan looks like Forrest Gump. I'm inclined to agree with him.

Just to share the love: my roommate, Ryan, thinks that Corey Brewer may end up being the best pro from this Florida team. I'm beginning to agree with him as well.

It's much more fun to watch Florida play when you know one of the cheerleaders (feel free to steal this statement for yourself).

Though he needed some sort of break in the second half, Greg Oden absolutely ate up Florida's big men. Is it possible to help your draft stock when you're already the number one pick? I think he just did.

Congratulations, Gators. Now, everybody go pro so your program can fade back toward mediocrity.

Ben, Post-NCAA Championship Observations:

Noah was useless in this game. Oden absolutely abused him, which made Oden look like he has realized his potential as a franchise center in the pros. but also made Noah look like a career backup in

the Association. Horford, Richards, and Brewer are all NBA-ready (and Horford will be the best

pro). Known association with a Florida cheerleader definitely makes the whole experience better. Showing her off was my one shining moment from this tournament.

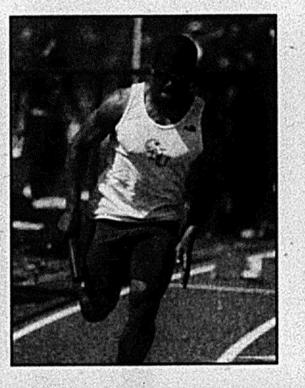
Lee Humphrey and Taurean Green, in a game full of future NBA players, won the game with their shooting (and Ohio State's inability to make a three).

Not only will the Gators top six players be gone, but Billy Donovan will leave for Kentucky. The program will be in a shambles. Hello, NIT.

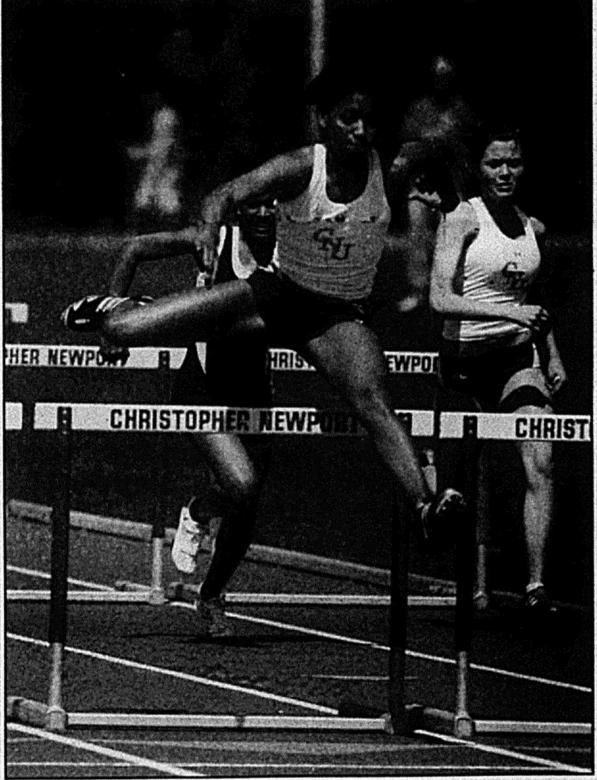
Stay tuned for the NBA playoffs.

TRACK MEET SHOTS









(Top left) Sophomore David Woodson takes a spill in lap six of the 3000 meter steeple chase. (Top middle) Senior Roland Hilliard rounds the turn during the 4x100 relay race. (Top right) Freshman Ryan Gordon throws the discus during his event. He won both the shot put and the discus events. (Bottom right) Senior Mara Winters comes over the hurdles in the 100m hurdle race to tie for second with teammate junior Devon Alston. These events all took place this past Saturday at the inaugural meet for the outdoor track season.

SOFTBALL, FROM PAGE B4

season on Wednesday as the Lady Captains won at Ferrum

Fairchild went six innings, allowing three hits and two walks. Freshman Kristen Rowe worked the seventh for her thirteenth save of the

run came in the fifth when game two. freshman Megan Morris tripled to right and came around to score on the throw home. She finished the game 2-for-3 to lead the team.

In the National Fastpitch Coaches Association top 25 Poll released on Thursday, the Lady Captains checked in at No. 14, marking the first time they have been ranked this year. The highest ranking the

team has ever attained came won in straight sets over her Lee this past Saturday. three years ago when they

were ranked sixth. The Lady Captains played for the first time as a ranked team on Saturday, sweeping a pair of games at Mary Baldwin by scores of 15-0 and 14-0, both in five innings.

Four players sported perfect averages in game one and The Lady Captains' only four more did the same in

> The team is now 25-6 on the year as they travel to play Shenandoah on Sunday.

Women's Tennis The Lady Captains continued their outstanding start. to the season, winning home matches this weekend, 5-4 over Methodist on Saturday

and 9-0 over Peace on Sunday. Sunday's matches were much easier, as each player

opponent.

The team is now 16-0 (5-

0 USA South). They travel to take on Greensboro on Friday. Men's Tennis The Captains broke a two-

ing Shenandoah 9-0 at home on Wednesday. All eight players on the roster tallied at least one vic-

match losing streak by sweep-

tory in the match. The Captains stayed unbeaten in USA South play with road wins against Greensboro and Averett on Friday.

They defeated Greensboro 8-1, and slipped past Averett

The Captains' road trip ended on a sour note with a 9-0 loss at No. 17 Washington & season as they hosted the 26th

The team now sits at 9-4 (4-0 USA South). Next, they travel to Lexington, Virginia to take on the Atlantic South's 9th ranked team, Rhodes (TN).

Men's Lacrosse The Captains failed to bounce back from their first loss of the season and dropped a 19-4 road game at Hampden-

Sydney on Wednesday. At home against Mary Washington on Saturday, the Captains suffered another loss, this time by a score of

13-4. With the losses, the Captains fell to 4-3 on the season. They travel to take on Ran-

dolph-Macon on Saturday. Track & Field The Captains competed in the first event of the outdoor

Saturday.

Sophomore Rachael Clark won first place and a provisional qualifier with her toss of 13.10 meters in the shot put.

Sophomore Beth Bartelmes won the 5,000 meter run with a time of 19:34.66, good for seventh all-time at CNU, and freshman Kelsey Farmer won the hammer throw with a distance of 37.75 meters, good for third all-time.

On the men's side, the relay team of seniors Roland Hilliard, George Jones, Matt Weissenborn and junior Leroy Harper won the 4x100 with a time of 42.21 seconds.

Junior Daniel Swale won the 3,000 meter steeplechase with a time of 10:10.50, and freshman Jared Rader won the pole vault with a height of

Annual Captains Classic on 4.12 meters, good for fifth alltime.

The team returns to action next weekend in the Colonial Relays held in Williamsburg. Golf

The Captains set a school record with a combined score of 273 on day two of the Marine Corps Intercollegiate at Camp Lejeune, North Carolina on Saturday.

Senior Matt Hopkins equaled his program record with a 66 on the par 70 course. He shot a 66 in the same tournament last spring.

For the tournament, the Captains finished fourth in their draw.

The team will attempt to continue its hot streak as it travels to Atlanta for the Emory Invitational this week-

SCORE HIGH. WRITE FOR SPORTS. THE CAPTAIN'S LOG IS LOOKING FOR SPORTS WRITERS FOR THE FALL '07 SEMESTER. CONTACT US AT: CLOG@CNU.EDU

Men's March not so maddening

TODAY, IN SPORTS | Unlike in past years, the 2007 women's tournament has been more exciting and more controversial than the Men's.

BY JASON COMO JASON.COMO.04@CNU.EDU

By the time this article actually appears in print, the national champion will have already been crowned. Images of the players with their championship shirts on, soaking each other with champagne will have permeated the news, and someone's draft stock will have soared.

Just to clarify, while the above statement is true of the Florida-Ohio State winner. the subject of this article is actually the women's tournament.

I know with that sentence I have lost most anyone who reads/skims this column.

Luckily, I don't care.

No one can deny that the men's tournament is more popular and generates greater revenue than the women's, because there is empirical data to support that claim. For me, the women's tournament has just been more exciting this year.

Maybe it's because there is no way the men's tournament could live up to 2006.

George Mason stole the headlines, making us believe in the underdog and simultaneously ruining the 2007 tournament for everyone.

Not to hold a pity party for my fallen bracket, but I picked a stupid amount of upsets this year solely because the Patriots did the unthinkable last > ment, in the opening rounds

Florida vs. Ohio State? Boring.

We all know Greg Oden is going to pick up two fouls in the first five minutes and sit for the first half and Lee Humphrey is going to take about 20 three-pointers and make half of them, so what's the point of

ment, that's where the storylines have been the past few weeks.

2006 men's tournament, tiny Marist College, seeded 13th in Sweet 16.

making a run in a Division I tournament.

Overall, there were more upsets, hence more excite-

of the women's tournament. Five teams unexpectedly advanced to the Sweet 16 in spite of their seeds.

This includes Florida State, number 10 in their region, as well as two number 7's, Bowling Green and Ole Miss.

There's some good old-fashioned controversy that I'm going to stir up surrounding the Final Four.

For those of you who don't know, the Final Four matchups were No. 1 Tennessee vs. No. 1 North Carolina, and No. 3 LSU vs. No. 4 Rutgers.

Clearly, LSU and Rutgers deserve to be in Cleveland as they both defeated 1 seeds (UConn and Duke), but the fact that they play each other in the semifinals is cause for controversy.

The NCAA Tournament is the greatest three weeks in all of sports, so there has been no reason to tamper with the system. "If it ain't broke..." can sum up March Madness.

However, in the Final Four. weuldn't it make sense to reseed the teams - allowing for the two highest ranked teams to meet in the championship game?

Right now, either LSU or Rutgers will be playing for the title. They both deserve a shot, but couldn't you argue that the fact that they've made it this far is proof enough of their talent?

As much as I hate to admit it, we all have matchups we want to see, and TV ratings have to be taken into account in this age.

In this year's Final Four, it's much more compelling to have the potential for a Tennessee/UNC final than to have them play in the semis. What if two high seeds, such as Marist and Florida State.

both made it to the Final Four

in a given year?

Good for them, but it doesn't make sense to pit them against each other at the expense of two other teams who have been consistently dominant all season.

If both of them manage to make the finals, that's great. but to a certain extent, the regional divisions are arbitrary. I won't let my complaining take away from the matchups though.

Candace Parker vs. Ivory Latta is the Kevin Durant vs. Acie Law IV of women's hoops, so it's a must see.

LSU and Rutgers each have no seniors on their teams and both play great defense, so that matchup will be exciting as well.

Of course, by the time anyone has actually finished this article, the tournament will be over.

SLEEPERS, FROM PAGE B4

oddly enough ended up with an identical record to the Marlins, had much higher expectations, and could've used at least another 10 wins to reach respectable "sleeper status" in my mind.

On to this year's picks. In the National League. look to the Pittsburgh Pirates for surprises.

In a wide open NL Central, they actually have a less than slim chance at a playoff berth. but in my mind a more realistic prediction is a third place finish and a much improved record from the 67 wins that they put up a year ago.

To be exact, just for the heck of it, I'll say you can pencil the Bucs in for 77 wins this year.

The Pirates' rotation is stacked with young talent, led

by Zach Duke and Ian Snell. Complementing the rotation is a quality bullpen that was so good last season that the team could afford to trade all-star closer, Mike Gonzalez, who was perfect in save opportunities last season, to the Braves for power hitting first baseman, Adam LaRoche.

- Finally, looking at their

lineup - they have some great speed and contact at the top with Chris Duffy and batting champion Freddy Sanchez, power in the middle from the aforementioned LaRoche and the Canadian sensation, Jason Bay, and the bottom of the lineup is rounded out by the underrated Xavier Nady and young stud catcher. Ronny Paulino who hit .310 last season.

I will go with three teams

I am going to go out on a limb and make the Seattle Mariners my main AL sleeper once again.

Also, it is Ichiro's last contracted season, so look for him to put on a show. Plus, they've added Jose Vidro, and Adriane Beltre is due to return to

Looking at the AL, it is difficult to pick a sleeper because so many teams expect to, and very well could, contend for

presence to their rotation with Miguel Batista, Horacio Ramirez and Jeff Weaver in order to help out last year's pitchers, King Felix and Jarrod Washburn.

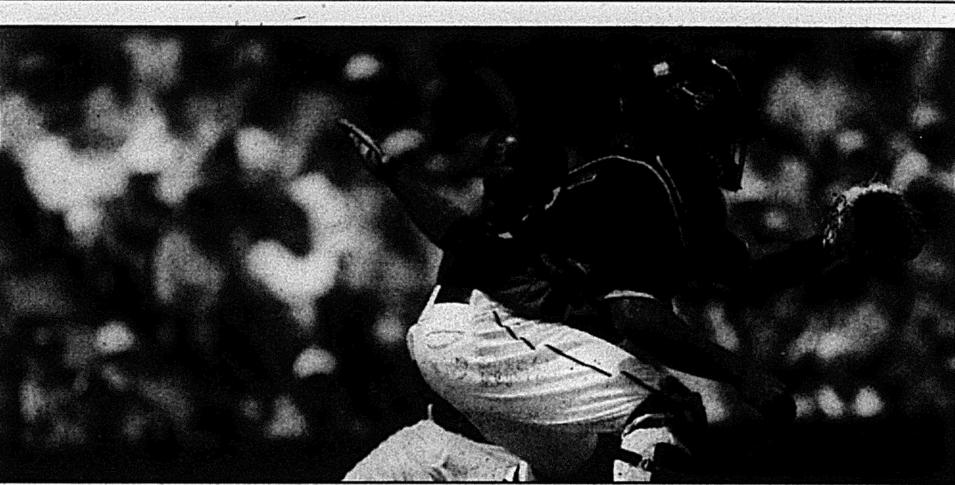
his 40-homerun form of 2004

the postseason.

They added some veteran

watching? Now the women's tourna-Perhaps imitating the

their region, advanced to the This is a school with 5,000 students. Demographically, it's like Christopher Newport



Boston Red Sox left fielder Manny Ramirez slides into home to score a run ahead of Pittsburgh Pirates catcher Ronny Paulino.

Fifth-degree black belt.

after a two-year slump.

Not to mention J.J. Putz who lead the bullpen last year with 36 saves and 104 strikeouts in 78.1 innings.

Based on all that, let's say 85 wins or bust for the M's. The other two teams aren't

as much sleepers as they are teams who won't do as poorly as you think.

Watch the Tampa Bay Devil Rays and the Kansas City Royals, who may finish last in their respective divisions, but should flash some talent and

excitement in the process.

of them will lose the 100 games that they lost last season.

For now, it's all just speculation, and we'll have to wait six months to see how everything

 One thing is for sure: with Not to mention that neither every passing year, there is more and more parity in Major League Baseball, making each season tougher to call, but also making it that much more enjoyable to





