

The Captain's Log

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CNU's Ship Has Come In

President Paul Tribble Announces New Five Year Plan For the University

BY ASHLEY WILSON
Contributing Writer

The year was 1996, and Christopher Newport University was a very small sail on a very distant horizon. Saunders Plaza, where red-bricked pathways now criss-cross invitingly and bronze Canada geese soar lazily over falling water, was merely a muddled rectangle of earth.

A single residence hall, Santoro, dominated the landscape.

The Freeman Center, where thousands of screaming fans have cheered for the Captains at NCAA Elite Eights and where the likes of Vertical Horizon and Alicia Keys have crooned out the latest hits before packed houses, was barely a dream.

It was to this Christopher Newport University that President Tribble addressed his "Vision 2002," in 1996, and one can only imagine the incredulity with which the young campus reacted.

Six years later, on August 19, 2002, President Tribble again addressed the campus to discuss where we have come from and where we are going, but this time, he spoke to a newer, stronger CNU.

"We have dreamed and worked together for six years now," the President stated. "Few schools, if any, in the Americas can match our success."

Please see Vision 2002, page 3

Another Semester Begins



Elizabeth Browning and Laurel Lane both freshmen, enjoy the beautiful day in front of York River Hall. Despite problems with the newly constructed building, the residents of York River are happy with its acomodating facilities.

York River Residents Still Filing Work Orders

New Resident Halls Become Source Of Pride, Frustration

BY EMILY USEEM
Contributing Writer

Sissi Hogan gazes at the bath room door and she sighs. She is one of the many residence in the York River Hall buildings that had a problem in their room; in hers it is the bathroom which was designed for disabled students.

"The shower didn't have any ledge on it. Water would just pour into the bath room," said Hogan.

The water damaged

some of Hogan and her roommate's possessions.

"We had to throw away some of the towels because they molded," said Hogan.

As for the tiles they are now damaged, more specifically, they are warped.

"The ceiling above us looks like it's about to fall in. The maintenance guys said that it was going to fall in soon," said Hogan, explaining another defect with her shower.

The shower is in the process of being fixed.

Maintenance glued a piece of wood on the edge of the shower as a makeshift ledge.

"What I do not understand is why we paid the same amount of money for a dorm that is broken," said Hogan.

"The week we got here, it didn't work," aid Katie

Biechman about her air-conditioning unit. "It took three sets of maintenance people and a week and a half to get the unit fixed."

"We put in three maintenance requests," said Holly Iberg.

No blinds were installed on her windows and her phone doesn't ring.

They have also put in requests to get a new phone, but their calls haven't been answered as they do not know when it rings.

Butch Twiyford is a full-time maintenance worker.

He, along with his many co-workers, are responsible for tending to the work orders presented by the residents.

"The air-conditioning wasn't over looked, but the building had no load on it so we couldn't tell how well it was going to work," said

Twiyford.

"Everyone emits a different amount of body heat, or load, and the buildings would have to be adjusted to suit the needs of the students."

Twiyford also pointed out that there was a power outage, which blew one of the air-conditioning's fuses.

Twiyford maintains an average of fifty work orders, from both East and West York River, per day.

Erin McKay, Hall Director for York River, explained that even she is feeling the stress of the new buildings.

She has yet to unpack all of her office materials because she has been so busy.

McKay encourages students to be patient, as it is a new building and there are natural quirks that have to be worked out.

She also reminds York River residents that the night

before move in day, orientation leaders, resident advisors, football players, and even Donna Eddleman, the Associate Dean of Students, were cleaning toilets, moving furniture, and doing whatever they could to ensure that the residents could move in on time.

"The maintenance people are working very hard," McKay said. "They are working long hours."

McKay predicts that the quirks will be worked out in the next couple of weeks.

Both Jay Lambert, Director of Housing, and Jerry Roeder, Director of Residence Life, were unavailable for comment by press time.

Stress The Norm As Students Adjust To New Parking Realities

BY COURTNEY MODECKI
Contributing Writer

"People say there's not enough parking on campus, but they need to re-state that as there's not enough convenient parking on campus," said Director of Parking Services, Andy Mansfield.

Commuter student, Antonio Ribeiro, disagrees with Mansfield, as he claims the parking this year is worse than it has ever been.

Perhaps it is as a result of

the administration deciding to covert the campus from closed to open parking.

This means that the only differentiation between parking areas is day student, faculty or staff, or east campus resident.

From last year, the major change is that resident students can now park anywhere commuter students could and visa versa.

"Parking on campus has been terrible due to the new dorms and the number of freshman bringing cars with them the first year. If the ad-

ministration required freshman to park somewhere off campus during the week I think that there would be enough parking to accommodate those of us that commute and need our cars here during the day."

Ribeiro said that as a first year student he lived on campus. He opted to bring his car to campus and openly admits that he rarely moved it from his parking spot.

He has found that more resident students are parking in convenient spots, leaving little left for the commuter

student who brings their car to campus everyday.

This year there are 3,274 parking spots on campus, which is up from 2,743 last May.

The additional spots include, however, parking for the new CNU Apartments and York River Residence halls.

Each year, approximately 5,700 decals are sold, 5,000 student and 700 faculty and staff.

Parking services believes that the decal to parking space ratio is adequate given

the fact that not everyone is going to be on campus at the same times every day.

"Our parking is geared towards meeting the demand we have during peak hours, 10 a.m. until 2 p.m.," said Mansfield.

"I don't think the administration will ever put enough parking spaces on main campus because they'll lose money on parking violations; it's a source of revenue," said Chris White.

White wondered where all the money from decal sales and violations went.

Parking services receives no money from state or federal funding, therefore, the money from decals and parking violations is used for lot resurfacing, lighting, the blue call boxes, and maintenance of existing lots.

As far as a future parking garage, Mansfield said the garage would be built "in the future, and sooner rather than later."

Other than that, Mansfield said the likelihood of administration making any changes to the current parking situation is slim to none.

Remembering

A tribute and reflection of the attacks of September 11, 2001

Details on Page 4



Stadium Renamed

Local company pays \$1 mill. for naming rights of Football and Track stadium

Details on Page 8

Campus In Brief

SGA

The Student Government Association Senate began its first meeting of the semester with a new Executive Board, a new meeting room and the largest Senate in its history.

The SGA Executive Board, President Anna Williams, Vice President of Student Services, Jeremiah Davis, Vice President of University Relations, Ashley Boyd and Secretary, Jennifer Wenzell, presided over a senate of more than 200 people.

After a request for Senator's to fill out applications for the position of Parliamentarian, and an extensive review process, the Executive Board appointed Michael Maer.

Board Of Visitors

The governor of Virginia, Mark Warner, made several new appointments to CNU's Board of Visitors. The new members' terms went into effect July 1, 2002.

The new appointees are: Mary Elizabeth Hoinikes, Thaddeus B. Holloman, Sr., and James R. Joseph. William P. Heath, Jr. was re-appointed to the Board.

The new members were appointed based on their qualifications. The Board of Visitors appoint the President of the University, and they set tuition and fees each school year.

MSA

The Multicultural Student Association is selling hearts for the American Heart Association. Members from the club will be selling these hearts in the Student Center breezeway from Sept. 9-20.

This fundraiser is for the advancement of heart technology. Volunteers are needed to walk from 9 a.m. to 11 a.m. on Sept. 20; they will accompany other MSA members. The walk will take place in Newport News' city park.

"You can help the American Heart Association by donating to the MSA. Hearts are one dollar for individuals and \$10 for clubs," Momet Atkins, Vice President and Philanthropy Coordinator, said.

Local

White-tailed deer in a Newport News park are being killed by a viral disease spread by gnats. Since August 17, 40 deer have died according to the Daily Press online.

These hemorrhagic viruses tend to break out during the late summer and early fall. The virus causes internal bleeding and high fevers. Death can be a result within 48 hours of infection. There is no medication or vaccination that exists to cure the disease. It does not, however, threaten humans or household pets.

CNU Holds First Annual Club & Organization Fair

Clubs And Organizations Reach Out To New Students

BY RENEE MOORE
Contributing Writer

This semester, there are over 60 registered clubs. From the Student Government Association to CNU Motor Sports, there is something for everyone. The Office of Student Life hosted the first annual club and organization fair to help students find out what organizations are offered, how to get involved in them, and who they can contact to get more information.

Associate Dean of Students, Donna Eddleman, told all first year students that attended the summer orientation that most students leave a college campus because they do not feel connected. The organization fair was created to help students get connected.

Pi Lambda Phi is a fraternity that was formed to promote the elements of brotherhood in an environment free of discrimination. The fraternity was founded in 1895 at Yale University and the fraternity's local chapter, Virginia Alpha Psi, was brought to this campus in 1991. For the upcoming school year, Pi Lambda Phi (also known as Pi Lam) hopes to expand Greek life in general by reaching out to other sororities and fraternities on campus, and to continue to serve the community and the school. The president of PiLam is C.J. Bland, and Jeremiah Davis is the vice-president.

Alpha Kappa Alpha became the first Greek-letter organization established for and by African-American college women. The sorority was founded in 1908 on the campus of Howard University and the



Sam Kang welcomes first year student, Julie Helvestone as she inquires what the CNU student organization, Intersivity, has to offer. Intersivity is one of the many religious organizations on campus that are organized by students for students.

sorority's local chapter, Nu Epsilon, was brought to this campus in 1980. One of the goals that Alpha Kappa Alpha would like to achieve is that they would like to promote Greek unity as well as lifting up the African-American community educationally. Their mission is to promote unity and friendship among college women as well as to serve all mankind. The President of Alpha Kappa Alpha on the campus is Jeanice Stewart and the Vice President is Calvina Rutt. Upcoming events from Alpha Kappa Alpha include the AKA coat rack, Breast Cancer Awareness Programs, and a Pink Ice Jam. More information will come at a later date.

Delta Sigma Theta is a public service sorority that was founded in 1913 on the campus of Howard University and the sorority's local chapter, Omicron Tau, was brought to this campus in 1983. This year, Delta Sigma Theta would like to achieve the following goals: to increase the awareness of the National

Panhellenic Council on campus, and to help strengthen the African-American community on campus. The mission of Delta Sigma Theta is to uplift the world as a whole, and to promote higher learning for women of color. Some programs that Delta Sigma Theta will be sponsoring and hosting include a Domestic Violence Workshop, the March of Dimes, the Angel Tree, a coat drive as well as a skating party. The President of Delta Sigma Theta on this campus is Norissa Barnes and the Vice President is Kezia Williams.

Joel 2:28 is a small group on campus that is based on community service and family-based ministry. Their mission is to reach people and spread the love of Jesus Christ as well as fellowship with other Christians. Some upcoming events that Joel 2:28 will have includes are Worship Night that will take place on Friday nights at 7:00 P.M. in McMurran Hall 102.

John Beckens is the president of the organization and the group leaders are Sophie Phair, Ashley Wilson, and Brandon Stuer.

The Gay Straight Student Union is an organization that was founded by the current president Tom Stormer in 2000 to educate people about the lifestyles and decisions made by lesbian, gay, and bisexual and transgender people. The goal of GSSU is to make a statement that all people have the right to get respect no matter what their sexual orientation may be. GSSU will sponsor Awareness Week in October, which will make the campus aware of the lesbian, gay, bisexual, and transgender community.

CNU TONIGHT continues to be popular on campus and their events have gained more interest in faculty and students. "Our goal is to provide wholesome, comedy entertainment related to CNU, the nation and the world," said CNU TONIGHT secretary Bethany Wright. On September 26th, a new show will be presented in the Gaines Theater at 9:00 P.M. Chris Rice is the president of the organization and Katie Peterlin is the vice-president.

CAB (Campus Activity Board) does most of the entertainment on activities on campus. "Our goal is to provide more and more fun, free activities for students" said Allen Brooks, the movie chairman of CAB. CAB started in the fall of 2000 and they sponsor the Movie nights, Karaoke nights, Open Mic Nights, and festivals on campus. CAB has weekly meetings on Wednesday afternoons at 3:00 P.M. in Student Center Room 214. Upcoming events that CAB will sponsor include: a movie screening of Men in Black 2 in Anderson 105 from 9-11 P.M., and a Karaoke night at 8 P.M. in the Student Center lounge on September 12th. The president of CAB is Katie Peterlin.



Students play Jeopardy! at the Club and Organizational Fair on Sept. 6. This was one of the many activities provided at the fair.

Holly Seng/The Captain's Log

Sorority Expansion To Be Sooner Than Later, Vote This Week

BY STEPHANIE HEINATZ
Managing Editor

Panhellenic, the governing body of CNU's three sororities, was faced with an imminent change after last semester's formal rush period. As CNU's student body continues to change from a non-traditional to a more traditional campus, does it consider expanding?

Deciding to solve the debate in the most democratic method, they put it to a vote. Representatives, dubbed Panhellenic Delegates, from each sorority, Alpha Phi, Gamma Phi Beta, and Phi Mu voted. The outcome, expansion is necessary, but not until spring 2004.

That was in the spring of 2002. Now, a semester later and two years from the anticipated expansion time, Kevin Hughes, the Greek Advisor and head of Judicial Affairs, and the administration voted to reevaluate the idea of expansion and have ordered a re-vote.

"At this point we are not

overriding any decision. We are simply voting again," said Hughes.

At this time, the university does not know what sorority will be arriving on campus, when they are coming, or even if they will be here by spring's formal rush. The process of adding a Greek organization on campus, according to Hughes, has several steps. The first, corresponding with the National Panhellenic Council. Simply, this is a letter that states that the university is interested in adding a nationally recognized sorority to the campus. This letter will also explain when this expansion is expected.

"That is all we are doing right now," said Hughes. "We are voting on whether or not to send the letter to nationals."

Hughes admitted that, in theory, if the vote to send a letter comes back no, the administration can override that decision.

"What has to happen is a marriage between the administration and Panhellenic," said Hughes. "Expanding the Greek system will

enable CNU to grow in diversity and in terms of choice."

If, and when, the letter is sent, the National Panhellenic Council will then research the request, forward our request to various national headquarters, and find out which groups are interested in creating a chapter at CNU.

Those sororities will then contact CNU directly. Each prospective group will be given an opportunity to present themselves to the current sororities. All current sisters under Panhellenic are then invited to vote.

On Sept. 4, Panhellenic hosted a question / answer session for all sisters to get more information on the impending expansion. Hughes, along with the Executive Board from Panhellenic, answered questions for an hour and a half.

Concerns about expansion came from representatives from all sororities.

For example, this semester is the first time in CNU history that all sororities have reached their maximum capacity. How then, some

wonder, can the school support another sorority?

According to Hughes, the Greek population on campus is six percent. His vision is a percentage that is much higher.

"I would like to see a campus that has 15 percent Greeks," said Hughes. "Maybe even more."

Hughes also said that he does not want expansion because there is necessarily anything wrong with the Greeks we currently have on campus. Rather, he feels that the Greek system adds a lot to our campus and he wants to see it more diversified.

Other sisters consented that the population should increase, however, each group just reached their peak, and it was advised that administration should allow a certain amount of time before adding another group.

Hughes also pointed out that at the last formal rush, not all women were accepted into a sorority. He wants to see a campus that accepts whomever desires to join a Greek organization. Because so-

rorities are exclusive organizations, some sisters claim that perhaps those pledges did not find something in their group and maybe the group did not find something in the pledge.

By adding another sorority, then, Hughes foresees there being a sorority for everyone.

There were also sisters that agreed with Hughes and the administration, and they are in full support of adding another sorority.

Currently there are five social Greek organizations on campus, the three under Panhellenic as well as two fraternities, Pi Lambda Phi and Pi Kappa Phi.

Hughes is also hoping to add two new fraternities to the campus within the next two years.

"A lot of people think we are trying to add two more to replace the ones we lost," said Hughes. "But we were talking about it before they even left campus."

The new vote for sorority expansion is Sept. 11 at 7 p.m. in the Student Center Alumni Room

Nov. 5 Bond Referendum Decide Fate Of Higher Ed. In VA

If Bond Passes, CNU Will Receive \$25.8 Million For Renovations, Upgrades To Campus Buildings

BY STEPHANIE HEINATZ
Managing Editor

Governor Mark Warner is asking all Virginia residents to make sure they get out to the polls and vote on Nov. 5. If you are not registered, then register. If you are away from home for the time being, fill out an absentee ballot.

He is not trying to get into office, he is already there. He is not trying to get you to approve a raise in taxes, he does not see that as a necessity. Warner wants, quite simply, to give money away in the name of higher education.

The 2002 General Obligation Bond Referendum, which will be one of two referendums on the ballot, will distribute \$900.5 million to

state can afford to borrow this money, work the payments into their budget for the upcoming years, and ensure that the interest rates are low.

"I was a business man before I came into office," said Warner. "So you can be sure that the state would not take on this loan if we could not afford it."

Warner added that even in the midst of a budget crisis, he is still confident that we can take on this loan.

In the name of earning money for their respective institutions, committees have been formed at many of the schools in the region in order to promote the bond through education and raise the number of residents that are registered to vote.

"Are you ready to fired up about the bonds?" said Attorney General, Jerry Kilgore at the Norfolk State University pep rally for the bond referendum on Sept. 5.

NSU, along with CNU, William and Mary, Old Dominion University, Thomas Nelson Community College, Tidewater Community College, and several others, welcomed several distinguished guests into the Wilder Center for the rally.

Sharing the stage with Kilgore was Lieutenant Governor Tim Kaine, Secretary of Natural Resources, Taylor Murphy, and Secretary of Education, Belle Wheeland.

"We are all doing this for you," said Wheeland. "Higher education is the key to prosperity, and we all want you to be prosperous. That way we can all retire."

According to Kilgore, 14 thousand jobs will be created as a result of the bond referendum passing. The schools that will benefit from the monies are using the funds to renovate old buildings, construct new ones, and upgrade campus facilities.

"There will not be an increase in operating expenses," said Kilgore. "Instead, we will create new jobs and by the end of 2008, kick back more than \$1.8 billion to the Commonwealth."

CNU's Student Campaign consists of raising awareness on campus of the bond. Tables will be set up at all major campus events with information, voter registrations, and absentee ballots. CNU is working closely with other

schools in the region.

As far as a motto for their campaign, they are relying on the words of Kilgore himself.

"I challenge you to go and find 20 people to vote for the bond. Let's get fired up about the bonds."

Governor Mark Warner, illustrated here with Captain John Smith Library at his heart, has put his full effort behind the passage of the Higher Education Bond Referendum. If the referendum were to pass, Smith Library would receive 11.3 million for renovation and expansion.



Illustration by
Carmichael/Savage/The Captain's Log

"I challenge you to go and find 20 people to vote for the bond."

various colleges in the Commonwealth.

CNU is promised \$25.8 million, \$11.3 million for the renovation and expansion of the library, \$5.8 million for the renovation and expansion of Gosnold Hall, \$5.4 million to convert the Student Center into an academic space, and \$3.3 million to renovate Ferguson Hall.

In addition to higher education, \$54.6 million will go to Virginia State Parks, museums, and other cultural institutions.

A bond, in layman's terms, is a loan the state takes on behalf of the recipient of the monies. Because, according to Warner, Virginia has such a high credit rating, the

Freshman Honor Pledge CNU To Grow In Size And Prestige

BY ROB SILSBY
Contributing Writer

Friday, August 23, 1200 first-year students dressed in their Sunday best and headed for the Freeman Center for an event they knew nothing about.

The event, the first annual Academic Convocation, also known as the ceremonial signing of the Honor Code.

"I really didn't know what to expect, honestly. I knew it was mandatory, had something to do with the honor code, and we had to get dressed up," said Justin Joseph, a first year student.

As faculty and honored guests prepared to start the ceremony, Dr. Laura Fowler, director of choral studies, taught "The Captain's Song," the CNU fight song.

The solemnity of the event began when faculty and honored guests entered, dressed in full cap and gown, symbolizing the magnitude of the affair.

Dr. Quentin Kidd, last years Faculty Member of the Year, spoke about the Honor Code itself. He explained that few universities have a traditional Honor Code. Meaning, CNU expects no lying, no cheating, and no stealing, that's it.

Kidd's research into the topic proved that schools with traditional Honor Codes have lower incidences of judicial problems.

Every first year student signed the Honor Code at the Convocation.

"It was a really meaningful thing to me, and I know that others were affected in the same way," Lynanne Hodges said.

The ceremony itself took the majority of the summer to plan, with certain details still being worked out the morning of the event. The Convocation Planning Committee was head by Associate Provost Dr. Anne Perkins and included six faculty and staff members along with one student representative.

"It all began when President Tribble went to Dr. Anne Perkins, to start something more lasting than just signing a card," said Caleb Carter, a current sophomore and deliverer of the invocation.

"I was very pleased with the overall outcome. Most of the time, the first time you plan an event, at least one thing goes wrong, and that wasn't the case. With a few minor changes, the convocation can be successful for years to come," said Dr. Perkins, who was on the planning committee.

Amidst the hectic week called Welcome, CNU's first Academic Convocation took place, and the new students signed the honor code. As the students signed the code, they were given a penny. A lucky penny, according to Tribble, to toss into the Saunders Plaza fountain as they make their final walk through the campus four years down the road. A penny saved is a penny earned, and saving this penny will be a whole education earned.

Budget Cuts Not Seen As Permanent Roadblock To Growth

Vision, continued from page 1

The President's speech introduced us to the university's 1190 new freshman, carefully selected from an incredible 5238 applicants. The class boasts an average GPA of 3.3 and an SAT of 1122.

"Indeed," said President Tribble, "We have more freshman enrolled for the fall than we had total freshman applications in 1996."

One of the greatest changes in campus life has been the huge influx of residential students. 2090 of us now live at CNU; in 1996 there were 387.

The President did not fail to mention the effects of "drastic budget cuts for the present fiscal year," including the loss of two full-time faculty members, but he rallied the University, saying,

"No longer will we assess the damage from Richmond and then decide what part of that which must be done can be done. Henceforth - starting now - we will decide what must be done, find the means to get it done, and then do it."

He mapped out large goals for

the next five years, including the massive Center for the Arts, a \$14 million library expansion project, a \$7 million renovation to Gosnold Hall, a new \$28 million student center, a \$23 million residence hall, and of great interest to many students, a new parking deck.

"Construction on the parking deck will begin as soon as possible," promised Tribble, "no later than spring 2003. That means a parking deck to accommodate 800-900 cars will be ready by January 2004."

Parking problems will also be alleviated by the decision that, "first semester freshman will not be allowed to have cars on campus. Those freshman who obtain good grades and avoid all disciplinary problems in their first semester, will be able to bring cars to campus in January 2004." Improvement of the football stadium and other athletic areas will also continue.

In five years, the President said, "In all respects, CNU will have become one of the preeminent liberal arts universities in America!"

Become involved in YOUR student newspaper.

If you have ever wanted to become part of The Captain's Log, now is your chance. Just come by one of our general staff meetings, held every Wednesday at 5:30 p.m. on the second floor of the Student Center, room 214.

Remembering September 11

The Events On Which Our Lives Pivot

BY HEATHER BOYD
Contributing Writer

I woke up the morning of Sept. 11, 2001 worrying about what to wear that day. But as I was preparing for bed that night, I felt like I was in the most vulnerable country in the world.

I don't think there is anyone alive who doesn't know what I am talking about. This is one of those defining moments that stay with us the rest of our lives.

Like the assassination of President Kennedy and the death of Princess Diana, these moments live with us forever.

Although I was not alive when Kennedy was killed, I do remember exactly where I was when Diana was killed.

I also remember, with vivid detail, how I felt and where I was when hearing the news that the World Trade Center towers had been attacked. It is inconceivable that someone could do something like that, especially to the United States.

Until that day, I was concerned about minor details, such as what to wear, what movie to see and where to hang out for the upcoming weekend. Now it's possible I may not get to see the rest of my life. That may be a dramatic sentiment, but I'm not sure I can go back to feeling the way I did before this happened.

My feelings toward my country have changed over the past year. We, as a nation, have come through this with our heads held high, as well as a greater sense of who we are as Americans.

Sept. 11 has really strengthened my pride in my country. Before this happened, I looked at the American flag, but it didn't really occur to me what it actually represented.

I know it symbolizes freedom, but that understanding didn't sink in until after Sept. 11.

Our flag means so much more to me now than it ever did before. It stands for the strength and pride of the American people, which was tested in the cruelest of ways Sept. 11, 2001.

As I go through life, I will walk with my head held high, with the utmost pride that I am an American.

A Hall Director From Manhattan

BY EMILY ANDERSON
Staff Writer

At a glance, Erin Donahue looks like an average person. She's full of life and bursting to tell her story. But, when you spend time with her, and you really get to know her, average is something that she's far from.

When you look into Erin Donahue's eyes, they present something so far from reality. It's almost as if she's in a different world, one that you or I could never understand. Erin Donahue, the new Hall Director for James River Hall, has a story to tell. It's a simple story. It's a story of living every day for what it has to offer you and how quickly life can change. Erin is a survivor of September 11, 2001.

She learned of the attacks first hand. Erin was a student and a Resident Assistant at New York University in Manhattan when planes flew into the twin towers. When the first tower collapsed, smoke began billowing into her

dormitory uncontrollably. The residents were told to evacuate and go north towards Mercer Street, where a shelter had been set up. Erin ran down stairwell after stairwell after stairwell of her 32-story high-rise dormitory while smoke created a screen in front of her. As the second tower fell, she was fighting her way onto the streets of Manhattan. As Erin escaped her building and walked the streets, her asthma began acting up. She stopped in a store and begged the cashier for a bottle of water. The cashier tried to sell her the water, and she desperately explained that she had no money. Finally, another student threw money at the cashier and he reluctantly gave her the water. Throughout her ordeal, the scariest moment for her was not when she had to evacuate her 32 residents, but when she heard planes and didn't know if they were military planes or more terrorists.

September 11, 2001 was the day that Erin's new life began. During her year of recovery, she's learned what life is truly about, and that life isn't always what it seems.

"There are good days and there are bad days. I'm a changed person.

You look at life differently when you're put into a situation where you can die. You reevaluate what's important to you and you realize who you're important to," said Erin, trying to hold back tears.

Erin has a different outlook on life and had learned who is important to her. She does not speak to her grandmother anymore, nor does she think she ever will. Her grandmother called that day, but never left a message and as far as Erin's concerned, her grandmother thinks she's dead. Her new year's resolution was to keep in touch with her the important people in her life. She has had some good come from that day. Her family, who has always been patriotic, has heightened their patriotism and as someone who worked for NYU, she was proud of the residents and the school's community, pulling together and being there for their city.

Erin Donahue, isn't a victim of September 11th. She's a survivor. Looking in her eyes though, you'd never know.



A helicopter flies over the damaged area of the Pentagon where terrorists had attacked on September 11

Losing A Friend To Terror

BY VICTORIA STOUT
Contributing Writer

September 11th, 2001 was in fact one of the worst days of my life, a day I will never forget.

On the way home from my first class I was listening to the radio in my car and every station was talking about something happening to the Pentagon and the World Trade Centers. I had no idea what was going on, but figured that if it were something as important as it sounded it would certainly be on TV.

I turned it to ABC where they had their cameras turned onto the North tower (by the time I got home the south tower had already collapsed). Peter Jennings was talking and said that it would only be time before the North tower collapsed.

All of a sudden the North tower collapsed, it literally looked like a peeling banana. All I thought about was all of the people that had just died in there.

I had recently been to the twin towers in February of 2001 and to see them fall was unreal.

About a week later I found out that a good friend of mine, Jeff Simpson, a native of Newport News, had been missing since the World Trade Center attacks. Jeff left his office, some four blocks from the twin towers, when the terrorist attacks began to help others in need. Our fears were confirmed when his body was found at a command center located by the twin towers. In his hometown of Dumfries, VA he was a volunteer EMT so this was just another call for him to go do his duty as a trained EMT.

On March 24th, news came that they found some more remains of bodies in the rubble of the South Tower, and in those remains were Jeff's, along with some NYC fire fighters.

That was probably the hardest point of this whole tragedy for me because I knew officially that he was never going to come back.

Jeff was like a father to me when I was growing up and as long as I live I will never forget him. There has not been a single day that has gone by since September 11th that I have not thought of him or the attacks.

He left behind his three children (triplets who were only six when they lost their father), his wife, his brother, and his mother and father (who still live here in Newport News).

Jeff will always be remembered as a true hero by his friends and family and will never be forgotten.

CNU Will Mark Anniversary With 1,000 Person Human Flag

BY ABBIE TANG
Contributing Writer

Robert McMillan knew that when he came to CNU he would become a star. What he did not know was that it would be within his first month as a college student.

At the academic convocation, Donna Eddleman, Associate Dean of Students, announced that McMillan would be CNU's first star.

September 14, by declaration of President George W. Bush, is the National Day of Remembrance. To honor that day, CNU will be creating a human flag, composed of 1000 people, on the field during the half-

time of this seasons first home game.

Eddleman and CJ Wollum, Assistant Men's basketball coach and Athletic Director, have been planning the event since the summer.

"I had done something like this ten years ago back in Colorado during the Gulf War," said Eddleman. "It was just a suggestion."

Eddleman has received over 700 responses to the event. Students, staff, and faculty have been notified of the human flag through e-mails.

"Some (responses) were very touching," Eddleman said.

"If there was a way for me to show how much September 11th effected me, this would be it. There would be no better way than to

show off my patriotism and school spirit," Melissa VanSickles said.

According to Eddleman, the flag dimensions will be 190x100ft. During the first half of the game, all participants will be seated in reserve seats at each of the end zones.

At half-time, all participants will proceed onto the field, alternating row by row, according to color and position, as the Menchville High School marching band performs.

"The rest is yet to be revealed," said Eddleman.

Many branches of the military will be represented as well.

"An honor guard from the Newport News Fire Department will be present and we're hoping to

have at least one representative from each of the military branches [army, navy, coastguard, air force, marines], in uniform, as well," Wollum stated.

The participants will receive red, white, and blue wrist bands Wednesday, Thursday, and Friday of this week. The wrist bands will determine the placement of each volunteer. T-shirts, corresponding with the wrist bands will be distributed on Saturday morning at the Freeman Center.

The colors of each individual's shirt will be chosen at random. To be a star, participants must enter their name into a raffle.

However, Eddleman said, "Robert McMillan is our first star."

McMillan said, "I had said

something like, 'I want to be a star', sarcastically under my breath, and Ms. Eddleman asked for my name. I thought I was going to be in trouble but then she announced to the entire [freshman] class at the Convocation that I would be the first star. I wasn't too excited about the announcement but yeah, I'm the first star."

Practices for all those participating in the half time show will take place in the evening on Friday, September 13th.

To take part in this historical event, stop by the Student Center, room 139, to register. There is no deadline.

Opinions

Where We Stand Our Girth Wrecks Health, Drains Budget

Greek Expansion, But At A Reasonable Pace

Last year the Greek community experienced both tragedy and triumph. The fraternities lost Sigma Tau Gamma and Sigma Pi, while the sororities reached full cap for the first time in CNU history.

In that wake of a year such as this, it is no surprise that the Greek community is beginning to re-evaluate their size and presence on campus. At the moment, only six percent of the campus is Greek.

It would be an understatement to say that there is disagreement across campus as to what shape, if any, that Greek expansion should take. It is clear, though, the Administration is very much in favor of expansion, and for good reason. The more people who are able to thoughtfully and intelligently enjoy the camaraderie of Greek life, the better.

Over the next few years, the University will be taking a great leap forward in terms of size. Eventually, three-quarters of the campus will be on-campus residents, with the student body totaling around 7,000. In an atmosphere such as this, it would be hard to disagree with increasing the size and number of Greek organizations. In pursuit of this vision, it should be noted that increasing the percentage of Greek to none-Greek to 15% is a good first goal.

It is here that the issue becomes less cut and dry. How much expansion is too much? Being a member of a sorority or fraternity should be an exclusive privilege, but how many, if any, women and men should be turned away. Should there always be a Greek organization available to any student who wishes to be Greek?

Last year's vote to hold-off on expansion until spring 2004 will be reevaluated this Wednesday. Panhellenic delegates of every social sorority will be asked to reevaluate their timetable for expansion, possibly moving up the dates to sometime this year. As they vote, they should keep in mind what type of school the University will be in the upcoming years, and how sororities should play a part in that new university.

Expansion for the sake of expansion will dilute the meaning of being Greek, expansion to increase inclusion is certainly admirable.

61% Of All Americans Are Now Clinically Overweight, While Almost 26% Are Obese

BY PAULA MOORE
Knight-Ridder Newspapers

Southwest Airlines is putting the squeeze on wide bodies. No, not big planes: big passengers. The airline made headlines recently when it announced that it will begin enforcing a 22-year-old policy requiring portly passengers to pay extra if they cannot squeeze into one seat.

This is no small problem. The growing girth of the American population: 61 percent of American adults are now overweight, and 26 percent are obese is prompting many industries to rethink policies and retol products.

To accommodate our ever-burgeoning bellies, clothing companies are now pushing pants with elastic waistbands, stadiums and cinemas are installing wider seats and some airlines are placing tray tables higher on

we continue to gorge ourselves on meat. The average American eats more than 200 pounds of meat and fish each year. Collectively we gobble up 82 billion pounds of animal flesh annually.

This mountain of meat is making us fat.

Studies published in the New England Journal of Medicine, the Journal of Clinical Nutrition and the British Medical Journal have found that vegetarians are much less likely to be overweight than meat-eaters.

Vegetarian diets are typically 25 percent lower in fat than meat-based diets and vegetarians tend to weigh 10 percent less than their carnivorous counterparts without having to count calories.

Even if you pass up the pork for so-called "skinny meats," like fish and poultry, don't be surprised if you pack on the pounds. You can strip the skin off of chicken, toss out the dark meat, use a non-fat cooking method, and it still contains 23 percent fat and as much cholesterol as beef.

"All of this could be avoided if Americans would just eat their vegetables."

new planes.

All of this could be avoided if Americans would just eat their vegetables.

Consumption of fresh fruits and vegetables is waning... on any given day, half of all Americans don't eat even one serving of fruit but



The prominent Hip-Hop artist Fat Joe exhibits the girth that has made him famous, and exemplifies the weight problems that many Americans are dealing with on a daily basis.

grave. Fat is one of the top causes of preventable deaths, second only to smoking.

Obesity contributes to everything from heart disease, diabetes and depression to arthritis, infertility and some types of cancer.

People who gain even 15 to 20 pounds double their risk of developing diabetes. Obese men are 21 percent more likely to die of prostate cancer, 130 percent more likely to develop gallstones and 330 percent more likely to develop stomach cancer.

According to the surgeon general, 300,000 Americans die of weight-related illnesses every year.

Bigger bottoms also adversely affect our bottom line: Obesity costs the country \$118 billion annually in

health care costs and lost productivity.

A study by the Rand Corp. found that fat takes a heavier toll on our wallets than either smoking or drinking.

Unless you want to end up looking like the Goodyear blimp, losing your health and wealth along the way, you'd better start making some changes. Ditch the doomed diets (studies show that they don't work long-term, anyway, especially if you return to your normal eating habits after you've shed a few pounds) and try the one proven method of "girth control": vegetarianism.

You'll take the weight off and keep it off. It's eating for life.



The Captain's Log

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Just send your letters to clog@cnu.edu or drop them by our newsroom on the second floor of the Student Center, Room 223.

The Captain's Log also accepts longer editorials, so don't feel like you need to keep it short.

ArTs & EnTertaiNment

Debatable Topics, Relatable Views: Bay Days Undercover

Does It Matter If You're 21? Two Sides Of The Coin.

BY JOE AMBROGNE &
SHANNON MCMURRAY
Contributing and Staff Writers

Joe's Take:

This weekend, the annual Hampton Bay Days Festival was held in downtown Hampton. Featuring two carnival sections, a string of food and souvenir stands, and four stages for live bands, Bay Days offered entertainment for people of all ages. But, depending on what day you went, the level of excitement varied a bit.

I got a chance to attend the event on Friday, the first of the festival's three days. Although I never got a chance to sample the food from the stands, it smelled pretty good. Visitors had their choice of crab cake sandwiches, kabobs, gyros, bratwurst, and various oriental grills. Various smoothie and lemonade stands also dotted the festival.

As for the carnival, let's just say that it was typical. There were around 15 rides, and a decent Ferris wheel, but most of the attractions were geared towards the younger crowd. However, bigger kids like me could still find interest in the house of mirrors or at the army display, which featured a rock climbing wall and a combat simulator that looked like a beefed-up Nintendo game.

Other carnival events included a psychic reading display, and the "world's smallest horse" and "world's smallest woman" tents. I'm sure I don't have to tell you how sketchy those sounded, especially for a dollar each.

On the whole, my Friday experience was a decent excursion. However, I don't know whether it was worth paying the \$8.00 admission fee and dealing with the backed-up traffic in and out of Hampton.

Sophomore Valerie Guinn, who also attended the Friday festival, said, "It was nice to go there, but I think I would have liked it better without the festival and the crowds. Just being in Hampton was the best part."

Saturday, on the other hand, received a much better response. Live bands such as the crowd favorite Carbon Leaf were present on all of the festival's stages. Also, an impressive fireworks display topped off the events at around 9:45.

Sophomore Anne Hermon enjoyed her time at Bay Days. "We had a great time. It was definitely worth going," she explains. "Just go early."

Traffic and parking seemed to be the only problems in attending the festival on Saturday. Some students had to wait as long as 30 minutes for traffic to clear up so they could leave.

All in all however, Hampton Bay Days was a great weekend activity, filled with food, fun and music. But Saturday offered the greatest excitement to CNU students and Hampton residents alike, while Fri-

some reason kept on wanting to visit the beer vendor, which by the way turned out to be our best friend before the end of the night. And, what better with beer than music? I kept on hearing about this band from Richmond, Carbon Leaf, who recently won an American Music Award for Best Unsigned Band. Wouldn't you know it, they were totally there.

"I get a 311-type vibe from them," said Emily Kessel, a 26-year-old banker from Hampton. "They're so good, and they're from Virginia. They're like our band. The best part was when they played the theme song from the Osbournes."

During the Osbournes song, fans formed a 30+ cancan line. Everyone was kicking their legs in the air, singing along with the band. That was definitely the highlight of the night. Especially when they all fell. It was like a human domino effect. Unfortunately, Carbon Leaf was done by 11:30p.m.

After a lovely evening by the latrines, we decided to go check out the rest of what Bay Days had in store. And between watching 16-year-olds make-out and little kids crying because they have to have a Spiderman balloon, it was time to visit that little place I like to call home. Not home, home, but home away from home—the bar!

We scoped the scene at a couple of the bars before deciding on Goodfella's. By midnight, most of the "older folks" showed up there, putting a damper on us colleged partyers. On the up side, there was live music being played, and dancing going on.

Scott Carlton, a 28-year old Air Force Officer commented, "This place is great! It's my first time, but I'll be coming back next year."

"This is Bay Days 20th anniversary, and I never miss it. Much has changed over the years, except now I get to hang out afterwards, which has proven to draw a bigger crowd than the actual festival," Kessel said.

Hum, I wonder why that is? As the night goes on, and my pockets begin to shrink, it's time to call it a night. Although Bay Days did not appeal to me on a fun loving, hot dog eating, good ol' fashion, clean fun type of level, it did definitely satisfy the wilder side of me. I guess it's fair to say that the atmosphere combined with the social scenery of Bay Days made it an enjoyable Saturday night.

"Although Bay Days did not appeal to me on a fun loving, hot dog eating, good ol' fashion, clean fun type of level, it did definitely satisfy the wilder side of me."

day lagged a bit behind.

Shannon's Take:

Where else in Hampton Roads can you enjoy live music and dancing, fireworks and funnel cakes, open bars, and eager singletons? Bay Days! Since having turned the big 2-1, yes, I am legal, I felt it necessary to do my duty and check out what all the hubbub was about. Bay Days has a carnival meets Block Party type of atmosphere about it. You can drink a beer while listening to live music, eat corn dogs while dancing, and shop while you wait for your friend to get you another beer. Oops, did I just write that?

Bay Days is targeted for those of all ages. I personally went to meet Sponge Bob, but my friends for



Junior Mike Hamilton runs for the finish in his Sunday best during Virginia Beach's Annual Rock-N-Roll Half-Marathon

Blood, Sweat & Ties?

Rock-N-Roll Half Marathon Attracts Athletes, Antics

BY ASHLEY WILSON
Contributing Writer

It is not even 7 a.m., and the sky is ominously dark on the morning of Virginia Beach's annual Rock 'n' Roll Half Marathon. Just behind the starting line, the Kenyans are limbering up for the grueling 13.1 miles ahead.

They are legendary creatures in this sport: dark, thin-skinned, well muscled, with never-ending grasshopper legs that now bend double and stretch in preparation.

They have traveled halfway around the world to seek the day's \$12,000 winner's purse, and their eyes, which don't bother to give the TV cameras a second glance, tell the story.

Just a few rows back, however, there is a different story being played out.

That story comes in the form of two CNU juniors, Erik Conradi and Mike Hamilton, who haven't trained, didn't plan on showing up, but who now expect to run all 13.1 miles. In the pouring rain. Wearing full dress suits.

The spontaneous idea came together in the back row of one of Professor Borshott's classes. "We said we might as well do it," Conradi relates. "We got nothing better to do... So we did."

As if the whole idea wasn't crazy enough, Conradi decided to throw a set of dress suits into the mix, suggesting "something funny."

And funny it was...until perhaps a brief 30 seconds after the gun went off. "I remember thinking about 100 yards into the race that running in a suit was a really bad idea," Mike says with a laugh. The rain only added to the

problem. "We were just drenched," says Erik. "It felt like we were carrying fifteen pounds of stuff."

The festive atmosphere managed to keep them going. Local bands played upbeat tunes at every mile.

Meanwhile the boys were barraged with attention from reporters, fans, and fellow runners, who couldn't decide whether the well-dressed participants were misplaced Harvard men or a strange reincarnation of the Blues Brothers.

"People were just standing there saying, 'What are you doing? What's wrong with you guys?'" said Conradi.

"We probably got asked to be interviewed three times during the race. They couldn't figure out why we were running in suits for no reason," said Hamilton.

Although the pair finished somewhat to the back of the pack, they still managed small and entertaining victories.

Conradi said, "It was funny passing people, the dirty looks we got, knowing they were thinking, 'Man, don't let these guys beat us!'"

Somewhere ahead of them, the CNU crew was rounded out by senior Tommy Verna, who represented the slightly more serious crowd, finishing an impressive 11:30 out of over 11,000 runners.

Tommy assures us that he "had no pain," of his cravies! ill-trained racing methods and sophisticated attire. His highlight of the day was being able to start with the storied Kenyan runners. "As soon as the gun went off," however, "I didn't see those guys for the rest of the race."

All said and done, it was a highly entertaining event for all parties involved, the best part perhaps being the sense of accomplishment.

As Erik laughingly explained, "If people said, 'what did you do this weekend,' we said, 'Oh, I ran a half marathon. In a suit.'"

Waffles And Potatoes In One Sitting

Regatta's Provides Ribs And Eggs On The Same Plate, Served With A Smile

BY PAUL FROMMELT
Contributing Writer

Walking into Regatta's, it feels as if I had just walked into a nice comfortable restaurant. Sleek tile and dark wood trim give Regatta's an inviting atmosphere.

Immediately after stepping through the doorway, I'm greeted by a friendly hello by the front desk cashier.

After making sure that my day has been going well so far, she begins to explain what I should expect when I reach the food line. This recital of the menu strengthens the restaurant environment.

Already impressed by the experience thus far, I reach the true test of any eatery, the food.

Walking through the doorway towards the food, I look to my right and see a full display of breakfast food.

A quick glance at my watch re-

veals that it's 6:30 in the evening. Already confused, I look to my left and find a line full of ribs, dinner rolls, and mashed potatoes.

The purpose of the menu explanation at the beginning becomes clear.

If you're going to hit a college student, who half the time has

"Every worker I come into contact with is incredibly friendly and seems happy to be there, which in turn, makes me happy to be there."

trouble differentiating up from down, with eggs and bacon at 6:30p.m, you'd better give fair warning.

After loading up on breakfast food, I walk over to receive some ribs and mashed potatoes.

Every worker I come into contact with is incredibly friendly and seems happy to be there, which in turn, makes me happy to be there.

Everything like being going very well so far, friendly people, inviting environment, ribs and eggs on the same plate. At this point though, I hit the first snag.

When I reach the milk dispenser, I notice the absence of skim milk. Being a fan of strong bones and teeth, I usually like to enjoy a glass of skim milk with all my breakfast/dinner hybrids.

Undaunted by the absence of skim milk, I grab a glass of water and take a seat.

The seating area doesn't seem like you average cafeteria. It really feels like you are dining at a friendly restaurant.

The food doesn't differ much from Harbor Lights, but the experience I had while getting it makes it seem better. With the amount of choices offered, anyone can find something to be happy with.

Finishing up with my food, I load up everything on my tray and make my way to the door.

Noticing that I'm leaving, employees rush over the clean up my table and tell me to have a good rest of the day.

They add that they hope to see me tomorrow. In all likelihood, they probably will.

Local Holocaust Survivors Featured In New Book

Stories Of Courage
Just In Time For
Rosh Hashanna

BY STEPHANIE HEINATZ
Managing Editor

His hands shook as he reached for an old, black scrapbook that sat on a shelf in a book closet.

As he returned to his seat on the couch, he clutched the book tightly to his chest.

There was a moment of silence as he glanced down at his lap, holding the book, waiting for the right time to open the pages.

Hanns Loewenbach is not the oldest man in the world, as he is 87. However, in Hampton Roads, he holds the title of the oldest living Holocaust survivor in the region.

The black cover of the book was worn and the binding was beginning to show through. Yellow tissue paper separated each page, and they too were beginning to warp from age.

Loewenbach explained that every piece of paper in the book was something that he had saved during a time in his life that he was an outsider, that he was on the run, that he was a Jew in a Nazi run country.

Today, though, Loewenbach is celebrating his New Year, Rosh Hashanah, and the release of a history making book, "To Life: Stories of Courage and Survival."

Published by the United Jewish Federation of Tidewater, this compilation of survival stories adds a new element, the voices of liberators and rescuers. The kicker: all the accounts are from Hampton Roads residents.

The Federation released the book last Wednesday and announced that all of the proceeds would help with future Holocaust education.

Assistant Director of the Federation, Betsy Karotkin, said, "This book can teach what the textbook can't. Most people learn better through stories, and the children that will read these stories are the ones that are responsible for ensuring that nothing like this ever happens again."

Loewenbach was born in Germany in 1915. As a young boy, he experienced anti-Semitism on an almost daily basis.

His first recollection being the day he was invited to a friend's birthday party so that he could be beat up to prove that his friend had broken a camaraderie with a Jew.

During his young adulthood, Loewenbach's father was arrested and eventually sent to Dachau, a concentration camp.

According to Loewenbach, his father was 170 pounds when he was arrested and 70 pounds when he was released.

Loewenbach's story gets more moving with every turn of the page. "I wish it was not so moving," said Loewenbach.

His story, along with 64 others, are all the same in one simple manner. Each person that is depicted survived the Holocaust. That, they all admit is a blessing.

However, each story is different in terms of the individual experience, the people encountered, and the way the events have stayed with them throughout their lives.

Some survivors have, for example, chosen to have their concentration camp tattoos removed from their bodies in hopes of somehow erasing that time from their lives. Others have kept them in tact to prove they were fighters.

If you are interested in obtaining a copy of this book, please contact the Federation directly at 757-671-1600. Copies are \$36.

Mayer Madness

Guitarist Plays Two Nearby Gigs In One Week

BY CJ CROSS
Contributing Writer

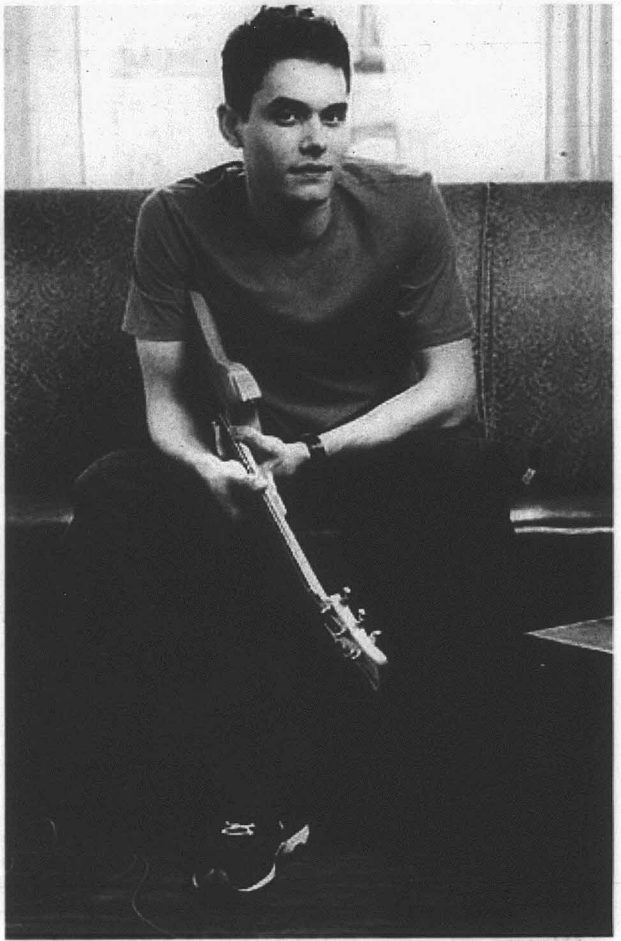
You have to walk across a narrow bridge to get into the event field of Richmond's Brown's Island. Needless to say it is not exactly the greatest load-bearing structure. As I made my way over its ever-creaking wooden planks I began to think that it almost would have been safer to swim across the small canal that flowed some 75 feet below. Unfortunately, from where I was coming, the bridge was the only path to take in order to see John Mayer.

The concert at Brown's Island however, was something different altogether. It started off with two opening bands. The first was a small jazz group (composed of five members) by the name of Charlie Hunter. Despite every single member's incredible ability to devise complex solos and improvisation they had a terribly hard time holding the attention of some 7,000 high school and college students.

Next up on stage was the group Guster. I myself was only able to recognize one of their songs. But after listening to an entire set performed by them, I almost felt ashamed of not really knowing who they were. Combining fluid acoustics, powerful harmony, and a percussionist who hit everything with his bare hands, Guster turned out to be a very welcome surprise.

Then of course there was John Mayer.

I've come to realize that there are two types of people when it comes to his music: a) those that praise him; and b) those who absolutely hate him. Either way I can at least declare this: the man knows how to play a guitar to its finest possible tone. Mayer puts his whole body into each and every note. He knows just the right moment to crescendo into a loud and assertive force, then suddenly take it down just as smoothly. Bringing his left shoulder ever closer to the side of his face he constantly made faces as if the sound he produced were always bitter to his own ears. It never



Musician John Mayer has two types of listeners: those who "praise him, and those who absolutely hate him," as he demonstrated Sept. 6 at Richmond's Brown's Island. Charlie Hunter and Guster warmed the crowd up for Mayer's performance.

seemed more sweet to the audience as he played such titles as "Love Song for No One," "Georgia," "Comfortable," and his "No Such Thing."

As a guitarist Mayer once thought in order to successful, he had to inject as much flare and virtuosity into his playing as possible. He had to make the audience love him. Luckily enough over time he came to realize that such a way of thinking could only end in disaster. Dedicating himself to developing his skills as a songwriter, Mayer moved towards a use of complex

rhythmic tones with simple melodies.

In 1999 Mayer released *Inside Wants Out*, an album that consisted mostly of lone acoustic tracks. From this, and the even greater recognition through his 2001 album *Room For Squares*, Mayer is finding his place as just a regular musician.

And unlike so many other artists or bands Mayer actually talked to his attentive crowd. He didn't just say "thank you" after every song, but held a particular bantering conversation. It truly was something different to behold. He at-

tempted to humanize his music, and bring each person a little closer to it. When the concert ended it was once again time to dare the bridge. This time it wobbled, and shuddered even more violently than before.

It was there that I began to understand Mayer's song a little better. "They love to tell you / stay inside the line / but something's better / on the other side." It's hard crossing over, but in order to feel better about yourself and your surroundings, sometimes you just have to take the steps over the line.

For Circle K, Volunteerism Is A Way Of Life

Club Focuses On Community Service

BY ASHLEY RICH
Contributing Writer

The Circle K Club held its first meeting on September 3 in room 233 of the Student Center.

This informative meeting was held to give students an idea of what Circle K is, what it does, and the kind of activities it has planned for the upcoming year.

Circle K is a collegiate community service and fellowship organization sponsored by Kiwanis International.

The two branches of Kiwanis that sponsor CNU's club are the Warwick and Oyster Point organizations.

President Matt Brent, a junior at CNU, called the meeting to order and introduced the other officers: Vice-President Derek Beet, Secretary Stephanie Olive, and Treasurer Martin Leopold.

Brent also introduced several Kiwanis club members as special guests.

Circle K carries out its mission of service through volunteer efforts

such as tutoring at Riverside Elementary School, a project members did last year. The group also participated in Adopt-A-Spot on Aug. 31 on Oyster Point Road.

The club's second goal, fellowship, is achieved through service. "We service by volunteering, and we fellowship through service," Brent told the group. "That's how friendships are formed," he continued.

Since Circle K is an international organization, one-time, yearly dues of \$30 are required for membership.

The money also helps to support the various projects Circle K does and the events members attend.

Brent discussed upcoming Circle K events. He encouraged students to take part in the Human Flag, which is being presented September 14 as part of the National Day of Remembrance.

He also asked for volunteers to help out at the club fair on Sept. 6, and to assist the SGA conduct surveys Sept. 7, at the Harbor Center as part of Bay Days.

Students will also be ushering at football games this year.

One of the biggest approaching activities is the Fall Training Rally. This year, the weekend event will be held in October in Goshen, Virginia. This is one of the biggest events

Circle K does.

There's a series of workshops designed to help each group form new ideas for service projects in their school and community.

It's also a time to meet people from different areas, participate in service projects, and make new friends.

This year, Circle K is trying something a little different. It's asking for students to fulfill a few requirements in order to benefit more from the club.

Members are asked to perform 10 hours of service per semester and attend one Kiwanis sponsored event.

In addition, participants are required to attend one Circle K sponsored event outside of the CNU campus.

After concluding the "business" portion of the meeting, Brent passed around the club's "happy chance" piggy bank.

At every meeting, members can drop their spare change into the bank. All donations go to the HED foundation.

In closing, Brent encouraged students to go to a Kiwanis breakfast or luncheon meeting to get to know them and learn more about who they are and what they do.

Cookies were served and door prizes were awarded after the meeting was adjourned.

Approximately 35 students came out for the first meeting, and about half stayed afterwards to help put together school-boxes for underprivileged children at Riverside Elementary School.

School supplies including crayons, pencils, erasers, and glue sticks were put into 100 boxes to be delivered later in the week.

In addition to performing acts of service on campus, members from CNU's Circle K interact with other Circle K clubs from around the Capital District of Virginia, Delaware, Maryland, and Washington DC.

Students from Virginia Tech, the University of Delaware, George Washington University, William and Mary, and Old Dominion University gather together for several district-sponsored events throughout the year.

Such activities include shrimp feasts, formals, and scavenger hunts. Two more large-scale events sponsored by the district are the Fall Training Rally, and the District Convention.

This year, CNU will also be hosting several activities.

Sports

CNU Sells Stadium Naming Rights for \$1 Million



Above: Captain Chris and the cheerleaders show off the new Pomoco sign. Below: Pomoco Group Director of Used Cars, Sammy Ayer, talks about Pomoco's commitment to CNU.

Pomoco Deal to Last for 10 Years

Half of \$1 Million Expected to Go to Academic Purposes

BY TOM GEARY
Staff Writer

CNU President Paul Tribble announced Friday in a press conference that Pomoco Auto Group has purchased 10-year naming rights to the football and track stadium for \$1 million. The facility will be named "Pomoco Stadium."

More than half of the funds will go towards academic purposes such as the Fine Arts Center and the renovated library, Tribble said.

The remainder will be used to finish the final phase of construction on Pomoco Stadium, which is slated to begin at the end of the current football season.

"This facility will soon become the finest Division III track and football stadium in Virginia and one of

the most outstanding and beautiful sporting venues in the entire country," Tribble said.

Planned additions to the 3,200-seat stadium include a brick exterior, two five-story elevator towers housing a press box and reception room, with restrooms and a concession area under the stadium.

Construction is expected to be finished prior to the 2003 football season opener.

Football head coach Matt Kelchner is pleased with the plans to renovate Pomoco Stadium.

"It allows us to perform in one of the top venues in the nation in Division III," Kelchner said. "[And] the field is an extension of the classroom to me."

President Tribble also emphasized the importance of academics to the university.

"At CNU the word student comes before athlete," Tribble said.

"We expect our student-athletes to excel in the classroom and they do. Our student-athletes have a higher graduation rate than the gradua-

tion rate of our entire student body."

Both the football and track teams, as well as Pomoco President Rick Gallar and Athletic Director C.J. Woollum, were in attendance to see the unveiling of the Pomoco Stadium sign above the stands.

Pomoco is a local auto group that serves Newport News and Hampton. It consists of seven new car dealerships and three used car centers.

The deal is only the second of its kind in Virginia at the Division III level. Shenandoah University, a Dixie Conference school, has a 10-year, \$750,000 deal with the Shenandoah Telephone Company to name their facility Shentel Stadium.

The Captains football team (0-1) play their first game in Pomoco Stadium this year on Saturday, Sept. 14 at 1 p.m. when they host Randolph-Macon.

Last season, the Captains finished 5-4 and became the first team in NCAA football history to reach the post-season in their inaugural year of the program.



CNU Football is Set for Season With More Seasoned Players

BY TOM GEARY
Staff Writer

Last season, the first-year Captains football team entered their inaugural game against Salisbury without the slightest idea of how they would perform. They were an unexperienced bunch that had only been together for a few weeks of practice.

Several months later, the team became the only NCAA football program to have ever made the post-season in their inaugural year. The Captains (5-4) upset Ferrum 14-11 in the Oyster Bowl on Nov. 10 to

become Dixie Conference co-champions.

Coach Matt Kelchner is still unsure what to expect from his team.

"I have no idea what this team will react like in a game situation. We don't know enough about our team yet," Kelchner said. "We've only played nine football games together. Most teams get 10 or 11 a year. We didn't get a scrimmage this year."

With a majority of last year's starters returning, the Captains will look to repeat the successes that they had in 2001.

Two players that they will have to play without, however, are conference Offensive Rookie of the Year and leading rusher (average 109.9 yards game for 2001, eight touchdowns) Kaveh Conway, and leading tackler (41.5 tackles) Hosh Weekes.

Conway was an integral part of the Captains rushing game that averaged 226.6 yards per game on the ground. This season, sophomores Mario Marin and Thomas Thornton, as well as freshman Brandon Jones, will try to continue pounding opposing offenses with a potent run game.

Fullback Will Holt rounds out the backfield.

Kelchner feels confident that the offensive line will continue to be a force to be reckoned with in 2002.

"Nine out of our top ten offensive linemen are returners who played last year, so that's one of the parts of the football team I feel pretty comfortable with," Kelchner said.

Quarterback Eric Carlson, who averaged 59.4 yards passing per game last year returns as the starter. Carlson will have plenty of targets at wideout, with leading receiver Brian Haygood (12 catches, 228 yards) among the returners.

The defense returns several players that earned Dixie honors last season. This includes defensive back Josh Horn, who was named Oyster Bowl MVP.

Linebacker Olando Holmes, who was named Dixie Conference Defensive Player of the Year, is also returning.

Both players were named to the conference all-tournament team.

Defensive linemen Jason Chandler, Ian Vincent, and Jason Davis, linebacker Chris Linton, and defensive back Anthony Matthews were all named to the Second-Team All-Dixie Conference in 2001.

Full safety Richy Ingram, who made the conversion from wide receiver over the offseason, thinks that the team has more of an identity at this point than it did last year.

"Most of us played together last year. We've got to know the new guys, they've got to know us. We're gelling very well as a team," Ingram said. "I think we're very improved.

We've started out a lot faster."

CNU could have troubles getting out to a fast start record-wise, with a tough non-conference schedule in the first four weeks of the season. After starting the season against two teams that beat them last year, Salisbury and Randolph-Macon, the Captains will face Rowan and Bridgewater, schools that finished fourth and second in the nation, respectively.

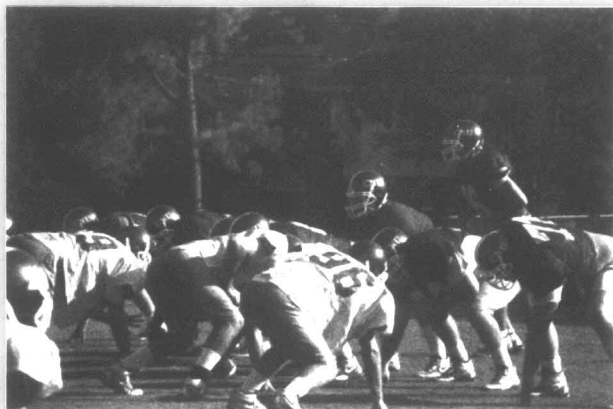
"If you want to get better, you have to play the best teams in the country," linebacker Jason Flanigan said. "And that's what we're trying to do. We're trying to get better."

One improvement that Kelchner wants is in the passing offense, which averaged roughly 73 yards a game in 2001. Kelchner is concerned about moving the ball.

"The hardest thing in college football is to gain consistency, timing, and effectiveness in the passing game. It takes more practice than anything else [and it] is the hardest part of college football to master," Kelchner said. "I don't care what we do this year, as long as it works. Sure, I'd like to be balanced, but if we're good at running, we'll run."

Although Kelchner and the Captains, the unanimous preseason choice to repeat as Dixie Conference champions, do not know what to expect this year, they can bet that opposing teams will have their eyes set on them.

"We're going to have to play every game tough, because everyone's going to be gunning for us," Flanigan said. "We're not going to be able to sneak up on teams like we did last year."



The football team during one of their many practices this fall. The men have been working on defensive drills.

Lindsay Sheppard, New Head Volleyball Coach

Sheppard
Coaches at
Alma Mater;
Graduated in
2002

BY KATIE BRACKETT
Staff Writer

LS: Averett and Greensboro were picked to be the favorites in the pre-season poll. Methodist will be surprising, since they pulled two huge upsets to make it into the finals last year. Ferrum is usually difficult also. It'll be a dogfight, and there is no clear-cut winner at all, at least in this point in the season.

KB: How long have you been playing?
LS: I started playing my freshman year in high school, so about eight years.

KB: Who are your strongest returning players?

LS: I knew you were going to ask that... to be honest, I'm all about all 13 being standouts. I feel like we need every player, from one to 13. They are all crucial. No one is like, wow, we can't play without them. We have four returning seniors, one junior, two sophomores, and six freshmen. It's the most talented squad we've ever had, at least in my opinion. We need all 13 players, not just one.

KB: The key to volleyball is team communication. How do you feel you can teach that?

LS: When you think about it, in soccer, the field is very large and you have 11 players. In volleyball, there are just six people in a 30x30 square, and they are asked to keep the ball up on their side and put it down on the other side. The area seems really small, but the smaller it is the more communication is necessary. The more teamwork and understanding and commitment is needed. In a sport like soccer, there is a bigger area, more room to be creative, which isn't true in volleyball. We've done really well getting to know each other so far, in terms of understanding what's going on and where other players are in conjunction with you.

KB: As a player what were the keys that helped you the most?

LS: Effort, that was the biggest key. Hard work was probably the other. I tried to lead, by example, work as much as I could, give as much as I could. That was my main goal. It was never to get 15 kills in a game. Again Shibuya, he trained us to work really hard.

KB: How much do you expect of the upcoming freshmen?

LS: We have a great six freshmen, three or four of them could start right away.

KB: Who's the competition?



Senior Sarah Fortier and junior Carola Riegner, CNU goalkeepers, practice their techniques against each other.

Kings' Webber Tries to Block Court

BY DAVID ASHENFELTER
KNIGHT RIDDER NEWS-
PAPERS

On the basketball court for the Sacramento Kings, Chris Webber has made a career out of blocking opponents.

But what works on the hardwood doesn't fly with grand juries, according to federal prosecutors.

The 29-year-old power forward, his father and aunt were indicted in Detroit on Monday on charges of allegedly trying to block a federal grand jury probe of cash and gifts Webber and his father received during the all-pro power forward's glory years at the University of Michigan.

The 10-page indictment said Webber, 29, his father, Mayce Webber Jr., 55, of Farmington Hills, and aunt, Charlene Johnson, 49, of Southfield lied to University of Michigan investigators and a federal grand jury which were investigating payments that Michigan basketball players and their families received from school booster Eddie Martin.

The indictment didn't say how much Martin gave Webber and his family. However, when Martin, 68, pleaded guilty in May to a money laundering charge in exchange for leniency, he said he loaned \$280,000 to Webber when the NBA star was at Michigan.

Webber's agent wouldn't com-

ment.

"I don't want to make any comment until I have had a chance to talk to him," said Webber's agent and lawyer, L. Fallasha Erwin, of Detroit. "I'm just surprised," Erwin added without elaborating.

The indictment has got nothing to do with what Eddie Martin has said or done," said Martin's lawyer, William Mitchell III, of Pleasant Ridge, Mich. "It's based mostly on Chris Webber's stupidity."

Mitchell said Martin has cooperated fully with Michigan investigators and federal prosecutors, but wouldn't say how. Martin faces sentencing Oct. 8.

Webber, his father and his aunt each were charged with one count of obstruction of justice and one count of making false statements to a federal grand jury.

The indictment said Webber and his family members conspired to conceal cash, checks, clothing, jewelry and other benefits that Martin gave Webber and his family between 1988 and 1993.

Webber and his aunt, allegedly lied to the grand jury in testimony on Aug. 2, 2000, and his father in testimony on June 14, 2000.

The indictment said Webber and his father lied about the benefits they had received. It said the aunt lied about a meeting with Martin to discuss the repayment of funds loaned to Webber.

Martin ran an illegal lottery from 1988 to 1999, the indictment said. It said he used large sums of money from the lottery to loan to high school and college athletes and their families.

When he pleaded guilty to money laundering, Martin said he also loaned \$160,000 to Robert Traylor, who plays for the New Orleans Hornets; \$105,000 to Maurice Taylor, who plays for the Houston Rockets, and \$71,000 to Louis Bullock, who has played professional basketball in Italy.

Martin's involvement began to come to light after Webber, Taylor, Traylor and Bullock, as well as then recruit Mateen Cleaves narrowly escaped serious injury when Taylor crashed his new Ford Explorer after a night of partying.

When the Free Press first reported Martin's money dealings with players in 1997, Michigan hired a law firm and launched an investigation into possible NCAA violations. The Michigan review failed to establish that money had changed hands, but found some NCAA violations.

No games were found to have been fixed.

Although the infractions were treated as minor, the scrutiny revealed a lengthy, questionable relationship with Martin, players and coaches. The problems cost coach Steve Fisher his job in 1997.

Field hockey loses as Catholic rolls by 3-1

BY LIZ MUNSON
Sports Editor

Instead of being upset about its 3-1 loss to Catholic University, the CNU field hockey team felt otherwise:

They felt hopeful.

"We lost 7-0 last year [to Catholic], and so in the beginning we were thinking about it," junior Elizabeth Werbis said. "Near the end we pulled ourselves together, but it was too late."

The Captains loss to Catholic is the second home field loss the women have ever experienced. They lost 6-1 in the 2000 season to Lynchburg College.

Despite the loss, the Captains played a confident game, outshooting Catholic 21-11 in shots on goal.

"We outplayed them, we just couldn't get in the goal," coach Sue Mancha said. "After our win last Sunday we were more confident, but we need to keep thinking about the positive."

The Captains were definitely dwelling on the past as Catholic opened up the game, grabbing a 2-

0 lead by halftime. Catholic's Megan Hartnett, a junior, and sophomore Rebecca Clark scored the goals. Both were assisted by forward Danielle Deon and were scored within 12 minutes of each other.

The Captains struggled to make a comeback, outshooting Catholic 8-5 on shots on goal in the second half. CNU was able to only get one in the net, though, as Ashley Roberson scored CNU's only goal with 3:19 left in the second half. Jonelle Hanson assisted.

CNU's Werbis, the goalkeeper, saved five balls, while Catholic's Katie Iannaccone saved 12 total.

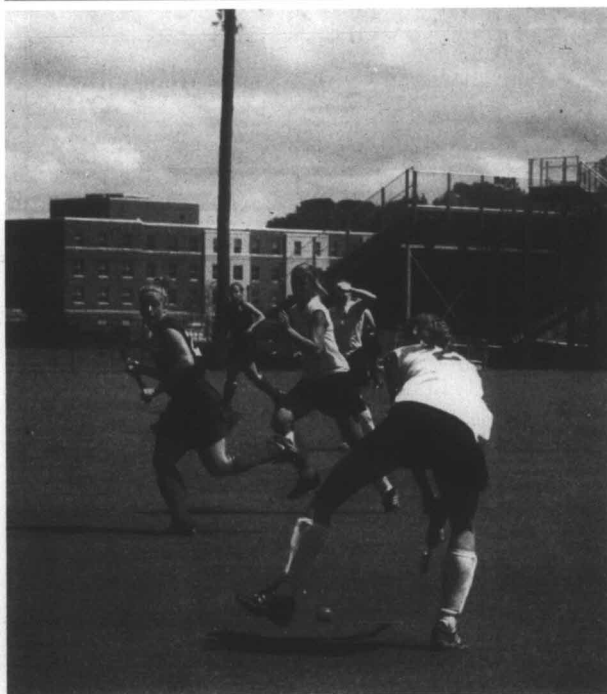
Still, CNU's skills improved from last year's game. The Cardinals, which had a 16-4 season last year and were ranked No. 17 by the National Field Hockey Coaches Association, dominated with five goals in the first half, and outshot the Captains 33-18.

"We failed with small passing

"The Captains loss to Catholic is the second home field loss the women have ever experienced."

today," senior Amanda Slingerland said. "But this year we're playing much better as a team."

The Captains face Frostburg State University next Sunday on Captains Field at noon. This is the first time that they have faced Frostburg.



Katie Brackett/The Captain's Log

Wendy Wilson tries to keep the ball away from Catholic players and score a goal. The Captains lost 3-1.



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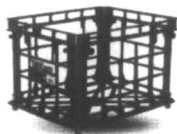
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