



25th Anniversary

The Captain's Log

est. 1970



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Outstanding students receive standing ovation

By Jessica Shumake
Features Editor

The most significant award for theatrical achievement went to Krissy Keene and Jay Hutchins. Both students are graduating seniors of CNU's theatre department. The award for Outstanding Student Performance and Theatrical Achievement is a newly introduced category. Hutchins said, "Krissy and I were both very surprised, neither one of us knew we were even in the running."

The award is given by Portfolio magazine which forms a jury to vote on worthwhile, captivating performers. The winners of this award were selected by a complex, professional process.

Hutchins and Keene were nominated by juror Bob Arthur, then selected by a panel of professionals, and the final verdict came via residents in the Peninsula area who viewed all performances from fall opening until spring curtain. Local judges choose their favorite performers by ballot.

Naum Panovski, director of the theatre department said he is "extremely proud of both Jay and Krissy for receiving the most important award in the Tidewater area." In addition to Hutchins and Keene, two students from Old Dominion University won certificates of accomplishment in the category of Outstanding Student Performance.

This was not a competi-

tion. Each production and performer is viewed in action, and theatrical merit is discussed by a panel of selective judges. CNU recently received a Portfolio Award for the highlight performance *Jesus Christ Superstar*. Hutchins stated, "at least every season we have one or two nominations as a department."

Jay Hutchins and Krissy Keene were evaluated for their theatrical portrayals in *Woyzeck* and *The Amorous Flea*. Keene, in addition, was part of the cast of the successful performance *Fable* which took CNU to the American College Theater Festival in Greensboro, North Carolina.

CNU's theatrical department really has their act together, and collectively was one of seven universities out of 200 total participating colleges to be awarded with the highest annual acting award for Artistic Theater. Out of 900 nationwide, CNU was one of 42 total that were selected on the basis of merit. Keene added, "We were a really small school, up against some serious competition such as the University of Kentucky, and other larger schools with extensive theater programs."

Keene has been seriously

Please see Winners, p. 10
Profiling players: Jay and Krissy ham it up. Photo by Robert Harris



Preparing for Fall. . . As the weather turns, the squirrels on campus are as busy getting ready as the students.
Photo by Amy Williams

Internet Access Difficult for Students

Students Frustrated By Busy Signals

By Sherry Hamilton
Staff Writer

Eugene Hileman is frustrated. A biology major who uses his computer to e-mail information to his genetics and nutrition professors, Hileman often finds that he can't access the college's computer system.

"I have an awful time getting on," he says. "It's busy, busy, busy all the time. I've tried at random hours, but it doesn't make a difference. One weekend I couldn't get on at 11:00 Sunday night. I feel sorry for the people taking on-line classes. I don't know if I'd even want to try to take one."

Hileman isn't the only

person with a problem. Students all over the campus are complaining about accessing the college's computer system.

"People complain about the phone always being busy, especially at night when they're dialing from home," says Kenneth Thomann, a student consultant in the computer lab in McMurrin Hall.

Jon White, a physics major, recently put his computer on redial when he got a busy signal and the computer tried 170 times before it got through. Dr. Maureen Archer and Dr. Terry Lee, English department professors with offices in Crestar Bank, have trouble getting through to the on-line Bulletin Board System (BBS) every

sixth or seventh time and have trouble accessing Internet more often than that.

"I don't understand why they're promoting the use of the Internet through the school's e-mail accounts," says Sandy Stokes, a sociology major. "I talked to someone in the computer lab about discontinuing my America On-Line account and using the college to access Internet and they advised me not to. They said they hadn't been given enough modems to support the number of people dialing in if everybody in school uses the system."

The computer lab has only 10 modem lines to serve the

entire campus. At the time of the interview two of the modems were out of service because of a lightening strike.

Things may improve soon, though, according to Dr. Mike Russell, the director of the computer center. An order has been placed for 16 new modems, which will comprise a whole new system for the computer center. Russell hopes to be able to keep the eight present modems working, as well.

However, even 24 modems may not be enough to handle the workload—especially if present usage habits continue.

Russell says that there are several things students can do to make access easier and more con-

venient for everyone.

1) Don't browse the Internet from home. Come into the computer labs to browse.

2) Use the call-in lines only for checking e-mail and sending brief messages.

3) Delete old mail from the system. A lot of memory is being used to retain messages that people no longer need and this causes computer operations to take longer.

"A handful of people get on the system and browse the Internet late at night—sometimes for five hours at a time," says Russell. "We don't want to limit access because the system is here for the students to use, but people need to be fair."

Not Guilty!

By Tina Harris
Opinions Editor

Johnny Cochran beseeched his jurors to send out a message. They did. The message was heartfelt, sincere and unanimous. Deliberation was not required. Solidarity ruled. No black man in Los Angeles will be railroaded into prison by a racist, corrupt and incompetent law enforcement agency. Nor should any black man anywhere have to suffer the vile inequities of a bigoted nation. No one with any decency of character could ever dispute such a message.

So, justice has been served. Why, then, do some of us rejoice while others feel as though they've been kicked in the stomach? I can speak for no one but myself. I am uneasy. Like Dr. Henry Lee, I feel that "something's not right. Something's wrong."

I am happy for Orenthal James. I always thought he was bright and talented and industrious. I never wanted to think he could have committed two terrible murders. And even if he had, I would like to think that he would have been honest enough to admit that he had been having a really bad day and had lost control of his better judgement for a spell.

I could have forgiven that. Now there is nothing to forgive.

As a white woman, perhaps I was immune to the Cochran charisma. I thought he used cheap shots throughout the gestation period of the trial. I'm sure I'm not the only observer who found his being protected by bouncers from the Nation of Islam comic relief as they escorted him to the courtroom where he proceeded to beat his Bible and quote from the Book of Luke. I didn't see the Moslems protecting Shapiro, Shek and Nuefeld. Maybe because they were Jewish.

That F. Lee Bailey was something. I wonder how much he got paid. I think that maybe he was well past his prime. He looked like he really needed a cigarette through most of the trial sessions he attended. I've heard that in California they don't even allow smoking outdoors. He would be a good man to party with, I bet he could drink me under the table.

I loved Marcia when she was angry. That girl could go. Her sweetness in her closing argument didn't ring true, however. Where did all her righteous indignation go? I longed for her passion, but

it was history. Chris Darden as Uncle Tom was admirable. It was a horrible situation for him to have suffered. He endured his constant humiliation and ridicule by Cochran with honor and dignity, but sometimes he did sulk. I think he was quite weary at the end.

I learned some new things during this trial. I learned three new words—egregious (conspicuously bad), disingenuous (crafty), and animus (ill will). These words were used like trademarks by both the offense and the defense. I like these words. A year ago I didn't know that Simpson's second ex-wife was a white woman. I knew he was black. I knew he was a man's man. I knew that he was a white man's man. But I didn't know he had married a white woman.

Race was not an issue in this trial. Race was not an issue to O.J. and Nicole when they married. It was not an issue when they brought two beautiful children into the world. Race was not an issue to the black women on the jury who knew that when O.J. Simpson attained wealth and success in a white man's world, he forsook his wife of color for a seventeen year old statuesque blond. Love was colorblind for O.J. and Nicole. If only hatred were so blind.

CNU students glued to final coverage

By Amy Williams
Staff Writer

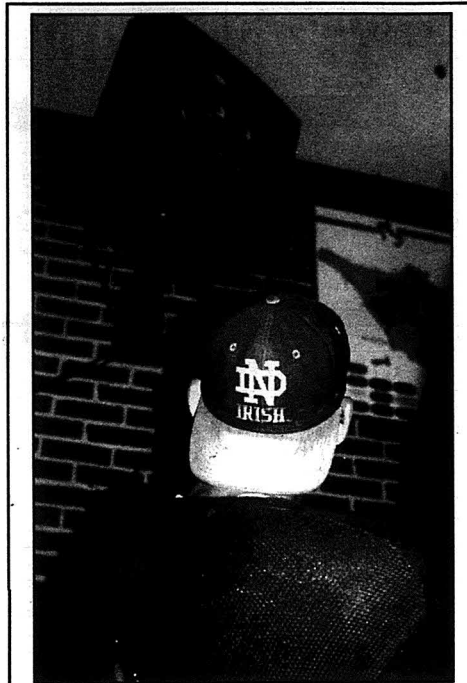
The campus center clock in the upstairs lounge ticked slowly as people filed in. It was a quarter to one and people shifted uneasily to make room for one more in the standing-room-only crowd.

Ten bucks says he gets off. "If he gets off, I'll buy lunch."

Then Judge Ito entered the room. The camera focused on O.J. Simpson's expression and the crowd was immediately silenced as if it would be blasphemous to speak.

The clerk read the verdict for the most publicized legal case in recent history in seconds, charging the room with emotions ranging from utter despair to ultimate rapture. O.J. Simpson was found not guilty on the two counts against him.

Several students jumped and shouted praise to the jury as fans do when their favorite football team wins the Super Bowl, their screams climaxing in "yes, yes, yesss!!" as they strutted from the lounge swinging their book bags with their heads held high in a triumphant procession.



Kevin Spencer was one of the many CNU students tuned into O.J. coverage last Tuesday. Photo by Robert Harris



The Captain's Log

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The students left behind were struggling to regain their composure. Hunched shoulders, downward eyes, bitten lips and moist eyes. On the wall-mounted TV, the victims' families sobbed in the background.

"All I have to say is that I'm seriously disappointed in the verdict," said sophomore Rachel Pierce. "It's interesting what money and status can do."

Many students in the lounge agreed with Pierce.

After nine months of grueling testimony the jury began deliberations Oct. 3. They had reached a verdict a mere four hours after deliberations had begun.

Freshman Tijera Moseley was pleased with the not guilty verdict. "I'm happy he isn't guilty. There was lots of iffy stuff like most of the evidence being contaminated." Vanessa Hill, who works in the Office of the Minority Student Association, said, "Basically I feel that the evidence just didn't add up. It looked planted. Justice was served with the evidence presented, the prosecution was just unable to prove their case."

Ricki Davis, a freshman, also agreed with the verdict. "I be-

lieved from the start that he was innocent. It would have been really stupid to kill his ex-wife and her boyfriend. I don't like the way they were saying it was because of his race and his money that he got off," she said.

"I have total confidence in the jury's decision. If they looked at all the evidence and came to the conclusion that he was innocent...then it must be true," said Lisa Morant, a junior.

Other students didn't seem to care at all.

I don't know if he's really guilty or not, and I really don't care," said junior Jeremy Martorano.

The majority of students were just glad that the case was finally over.

Junior Megan Clark said, "If they'd found him guilty there would be an appeal and after a year of the first trial..."

The not guilty verdict raises questions like the ones proposed by Judy Stenzhorn, the Program Support Technician in Athletics. "If he's really innocent, is the investigation going to continue? If he's not guilty, who is?"

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Smokers not allowed

By Amy Williams
Staff Writer

The disinfectant hung heavy and fogged the tiny room. It was so strong that Anne rubbed her nose and wiped the tears from her burning eyes. Each time the door opened, her eyes slid to the burning object in her hand then down to the floor. She appeared to study her black boots until another woman, scrunching up her nose, passed. Three toilets flushed and ten hands were washed before Anne finished.

Outside, Angelika Hart hugged herself, shifting quickly from one leg to the other as the cool wind inched its way through every fiber of her body.

"It's unfair," she said, taking a deep drag from a Salem Light. Rebecca Duncan, jogging in place beside her, agreed.

With the rapid approach of winter's inclement weather and the absence of an indoor smoking area in the Campus Center, CNU smokers are worried about the future of their habit.

The Campus Center smoking lounge was officially closed after spring break in March of 1995 due to a Newport News city ordinance.

"It's unfair that we have no place to smoke inside (the Campus Center), especially in the winter when the weather is so cold," said Hart. "When we stress, we smoke. I understand that many people don't want to be around smoke, so why can't we have a designated room in the Campus Center?"

The Student Government Association voted in 1994 to have a designated smoking lounge by the Gaines Theatre. The lounge became a social Mecca until complaints began to come in from students and vendors who passed through the area. Those complaints led to an investigation of the smoking codes and CNU was found to be in violation according to the City Code of Newport News which stated that educational facilities can not allow smoking in common areas such as passageways.

Aaron Thomas, a nonsmoker, understands the smokers' plight. "Smokers are people too. Smoking is a habit that CNU is not really set up to deal with. There is room for drinkers in the Terrace, so why can't there be for smokers, too? It's not right that the college is only endorsing some habits."

There are designated smoking rest rooms in the Captain John Smith Library, Wingfield Hall, and the Administration Building, but there are no designated areas in the Campus Center besides Christopher's, which closes in the early afternoon, and the Terrace, where closing can be any time after 7:30, depending on business. Evening smokers are even more concerned with the lack of a smoking area. They expressed many concerns about smoking outside, mostly about night safety and weather.

Duncan said, "It's discrimination. For one thing, the Campus Center is not an educational facility, it's a student center. For another, smoking is a part of a person's personality and an educational facility which promotes diversity, accommodations should be made by CNU to make everyone feel welcome."

Until a change is made, smokers will be huddled together outside or studying the tile floor to avoid the disgusted faces as they light up to the sound of flushing toilets.

It's a conspiracy

I knew O.J. was going to be acquitted, I really knew. 'How?' you ask. No, I'm not psychic. No, Elvis didn't tell me in a dream. Since the verdict is in I can finally break my vow of silence. I know because I am part of the media, the All-Knowing, the conspiracy.

That's right, the media conspiracy.

You see we, the media, saw a decline in our audience. We all knew that it was because you were tired of hearing about the war in Bosnia, the threat of nuclear war via little, tiny, third-world countries, terrorists, pain, suffering and basically any real news that we were able to dig up. So in order to save our jobs, we made a little shift in what we considered news.

We started to dig into the personal lives of leaders. That went really well for a time but after a while you began to get a little sick of turning on the TV or picking up the paper to see a grinning mug-shot of Bill and Jennifer, Bill and a Big-Mac or Bill and his date of the week. Once again, we had to make a shift.

The next thing we tried worked pretty well... Trials! First came the Menendez Brothers and y'all really sunk your teeth into that one. Next came Rodney King but I must admit the aftermath was much more exciting than the actual trial, but you wanted trials, so we looked for more. We found Lorena Bobbitt, but the case just didn't cut it for us financially.

In desperation, we began looking for something new. We needed a celebrity. We needed a crime. We needed to keep our jobs and the Gore's 16 year-old caught with alcohol just wasn't going to cut it for us as a meal-ticket.

So, the idea of a conspiracy was born. O.J. was the perfect candidate who could get many burning issues stirred up at once, especially in L.A., and we would be guaranteed at least a year of coverage, a year of people frozen to their TVs and local newsstands.

I admit, there wasn't much mystery in the jury's decision considering we botched the evidence up so badly. I also said the jury should deliberate for weeks to keep up the suspense, but I was over-ruled. They said a quick deliberation would attract more attention and more people would be glued to their sets. Judge Ito agreed with us and even added more tension by announcing that a decision was reached but it would remain unknown until the following day. He was right. The world stopped between 1:00-1:10 p.m. EST.

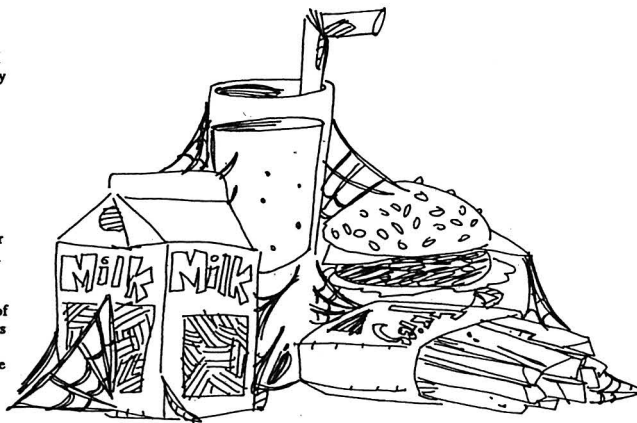
I have had people ask me why didn't we make sure that he was found guilty. That's easy. You're tired of O.J. too. We can sense these things. A guilty verdict would have meant appeals and coverage all the way through death-row. We could commit ourselves to a 30-year project. Besides, the 1996 Presidential stuff is coming up and we have to start finding some good dirt since y'all are tired of the justice system now, and therefore trials as well.

And now you know the truth. The whole O.J. thing -- Media Conspiracy. How do we know? You can believe everything you read in print, right?

Wes's World

I sat in The Terrace for about 30 minutes waiting for my number to be called before they called me up. They asked me if I wanted vegetarian or meat lasagna. Why they couldn't have asked me this earlier I don't know. I realized that I was going to have to wait much longer than I had expected to get my food so I decided to find something to do on campus. A monitor hanging on the wall immediately caught my attention. It had a sign attached to it stating, "See what's happening at CNU." So, as the sign suggested, I looked. I saw nothing. The monitor was blank. This was awfully puzzling. I can only assume that this meant that absolutely nothing was occurring on campus. I realized that, like myself, many people were in need of something to do while waiting for their orders to be ready. Consequently, I attempted to make a list of possible activities that someone could engage in and finish before their food arrives.

I talked to an alumni named Fod Stile Waiter about what he did while waiting for his order. He said that he really didn't understand why his order would take a long time to prepare. In his words, "It was only a medium Pepsi, after all." He said that he eventually gave up and went to class. The next day he went back and The Terrace still hadn't filled his order. He continued like this day after day until he finally graduated. He went back after graduation and was told that it would be at least another 15 minutes before



his order would be ready. The only advice he could give those waiting for their orders was to pursue their degrees, and, when they finished their first degree, go back for a second. So that was the first thing I wrote on my list. This seemed like it might fill the time. According to my calculations, anyone could earn a degree before an order is ready.

An old phrase about watching grass

grow came to mind when I considered the prospect that I might never see my order. I had never given a second thought to the idea of watching grass grow, but I was now giving it serious consideration. I tried it. It was all I expected and more. Watching grass grow teaches one a kind of patience that I didn't know existed. After I had watched the grass grow about three feet in length, I went back to

check on my order. They said it would be a little while longer and that I would be called when my order was ready.

It occurred to me that I could probably make the ingredients for my lasagna before this order would arrive. I bought some seeds. I planted the seeds. The tomatoes and wheat grew and, eventually, I was able to harvest them to make the lasagna. I stole some coffee creamers and made them into a cheese of sorts. I put the concoction into the microwave in The Terrace and had a pretty good meal about 15 minutes later. I went and asked about the progress of my order, and they mumbled something about government cheese being impossible to cook with.

I saw a woman sitting at a table looking quite happy. I figured she might have an idea for what to do while waiting for one's order. She said that she really had to thank The Terrace for their slow service. She went on to say that, not three weeks after she placed her order, the man of her dreams came into the Terrace to get some fries. They talked and, eventually, decided to get married. They hope that The Terrace will give them their orders as a wedding present.

You can really do just about anything while you are waiting for your order to be ready. Oh, and by the way, Fod finally received his order but he had lost his receipt by then so they wouldn't let him have it. "Got to have your ticket or else we won't know if it is really your order," the worker behind the counter said with a chuckle.

Career & Counseling offers help where needed

By Lisa Soule
Staff Writer

More students are using the career and counseling center than ever before according to its director Doug Gallae.

Usage of the center has increased 196 percent since 1985, said Gallae.

Last year the center provided counseling services 5,670 times. "That's just people coming through the door," said Gallae. He added, "that doesn't include the students who attended our seminars, read the office bulletin board or who attended information days."

Records from 1985 show 2,061 visits.

Gallae credits an active office marketing plan along with quality service for the nearly 14,000 inquiries the office receives annually.

"We try to make a difference in students' lives," he said, "and that's not just hype. We've found that treating students with dignity and respect goes a long way."

The center provides help and in-

formation on personal, career and crisis counseling. "We are not here to tell students what courses to take," said Gallae, adding "that is the expertise of a faculty advisor. We deal with other kinds of issues like what career and major a student wants and how to deal with the stressors along the way."

A variety of career development sources are available at the center. Students may look for a job through several listings on microfiche or on the computer. "Most jobs are in the hidden job market," Gallae said. "We provide job seeking skills so students can find these."

Training for interviews and resume writing is also available.

"For students who don't want to meet directly with a counselor, we provide videos on many of the subjects we deal with." On a more personal level, the staff also provides intervention information for sexual assault and substance abuse.

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Teach for the Poor
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CNU News

October is Cancer Awareness Month

The Nursing Department will be holding a workshop for women on self breast exams. The workshop will be Thursday, Oct. 26 from 7-8 p.m. in SH 483 (the fourth floor lounge). Call 594-7343 for more information.

State Band-Aid Day

Calling all students, parents and concerned citizens. Oct. 24, 1995 is State Band-Aid Day. Come join us to rally against the proposed 10 billion plus in cuts to federal student aid programs. Pell Grants and direct loans are in danger. The rally will be held a 2 p.m. at the bell tower in Richmond's capitol square. Bring busses, vans, just be there. For more information, call Willie Brown at 825-2855 or 723-7858. Wear your band-aid.

CANS Festival '95

October 23-29, 1995 - CANS Festival is a one-of-a-kind display of sculptures made primarily of canned or dried foods. Corporations, buildings, schools and clubs team up to build displays that will be judged for creativity, nutritional value and volume. Once disassembled, all food used in the sculptures will be donated to the Foodbank of the Virginia Peninsula for distribution to the needy.

Teams will begin building their sculptures on Sunday, Oct. 22 and must be completed and ready for judging by 12 p.m. on Monday, Oct. 23. The sculptures will remain on display at either Patrick Henry Mall or Coliseum Mall for six days.

Study and work in Germany

The Congress-Bundestag youth exchange program for young professionals and agriculturalists - 1996-97

Program includes: Two months intensive German language training, four months attending a technical or professional school and a five-month internship in industry or business.

Applicants must be U.S. citizens, aged 18-24, with clear career goals and related work experience. The program is designed primarily for young adults in business, technical, vocational and agricultural fields. However, candidates in other career fields are also encouraged to apply. Previous knowledge of German is not required, but is strongly recommended. Application deadline is Dec. 15, 1995.

For more information, contact Dr. Richard Guthrie, Crestar Bank 430, 594-7058.

Meet the Candidates

John Miller's Politics and the Media course will be featuring a discussion with local candidates Hunter Andrews, Marty Williams, Alan Face and Alan Diamondstein Thursday, October 12 from 7 to 8:30 p.m. All students are welcome to attend this forum and meet the candidates seeking CNU votes this November.

Scholarship recipient overcomes all odds

CNU's Ethel M. Gildersleeve Memorial scholarship recipient Melissa Campbell does not let her limitations get her down. She has a strong sense of perseverance, and describes herself as motivated and driven, particularly when it comes to achieving her long range goal in veterinary medicine.

Melissa's mother died two years ago from cancer and her father is retired on disability with severe heart disease. Her father recently suffered another series of heart attacks, and his prognosis is not good. This makes her financial situation, which is already strained, very uncertain.

Melissa remembered how relieved she was when she and her father learned that she had been selected as the first recipient of CNU's Gildersleeve scholarship. "I was really happy. It meant my father wouldn't have to worry about me taking out school loans this year."

Ferguson High School guidance counselor Tom McGrann said Melissa is a young lady with unlimited potential. "Melissa has character, and by character, I mean someone who possesses the courage to make a stand for what she considers to be right. She has the personality, intellect and will to excel in highly demanding and challenging courses at the undergraduate and graduate levels."

She hopes to begin volunteering again at Boulevard Veterinary Hospital where she worked this past school year. Melissa had to stop volunteering in the spring, because she needed a part-time job to raise money for her college expenses. At the veterinary hospital, Melissa assisted the veterinarians with administering medication and surgical procedures. She also supervised the animals on the weekend.

Along with volunteering this fall, Melissa will join CNU's tennis club. She was a member of her high school's tennis club as well. In addition, Melissa was yearbook editor, vice president of keyettes--a community service group, and a volunteer at the Virginia Living Museum.

Melissa is a 1995 graduate of Ferguson High School. She graduated with a GPA of 3.33, at the top 20 percent of her class. Under the Gildersleeve scholarship, Melissa will receive \$3,390 for the 1995-96 academic year.

The scholarship was established in May 1993 by former students of teacher and friend Miss Gildersleeve. It is in memory of her and the Newport News High School. Gildersleeve served the Newport News school system as teacher, dean of girls and assistant principal from 1920 to 1964.

SGA makes motions, improvements

By Mary D. Jackson
Contributing Writer

The Student Government Association (SGA) decided to make another major purchase, feed the student body during R'OctoberFest, and converse with Dean Robert Spicer in its General Assembly meeting held on Oct. 3.

Students accepted the Executive Council's proposal to purchase two computers and a disk drive for the SGA office. The computers will cost \$4,600 and the disk drive will cost \$45. "We want to shoot now for what we can get because it might be 10 years before we will be able to purchase another computer," said Brooke McKee, SGA president.

"I was under the impression the computer was needed--that is why I voted for it. It's a fair price for the computer they are getting. It's (the price) pretty steep, but it's reasonable," said Richard Spivak, a senior graduate student in the physics department and a senator on the University Relations Committee.

Ferguson may provide photography classes

By Kelly Wells
Contributing Writer

Aspiring photographers may be in for a big treat next fall. Remodeling plans for Ferguson, which we will acquire in the fall, may include keeping the already existing darkroom, thus enabling CNU to have a place to offer photography classes.

Dr. Rita Hubbard, Director of Arts and Communication said, "There are no plans to begin a curriculum as far as majoring in photography, but if the darkroom is kept at

Students also accepted the council's proposal to allow the SGA to spend no more than \$275 on two cookouts that will take place at R'OctoberFest on Oct. 11. The first cookout will be for the student body during lunchtime. President Anthony Santoro is expected to attend this cookout according to McKee.

The second cookout will be for the President's Council between 3-4 p.m.. The council consists of every president from recognized organizations on campus.

In other action, several committees gave brief or no reports in a meeting that ended early enough for everyone to run and find a television set to listen to the O.J. Simpson verdict.

The University Relations committee scheduled another Coffee and Conversation with Dr. Spicer in the Terrace at 1 p.m. on Oct. 25. The committee is also putting together a town meeting to take place sometime in November. The specific date is still up in the air.

The next General Assembly meeting will be held in CC 150, Oct. 24.

Ferguson, we will begin classes."

Dr. Virginia Purdie, Dean of Social Science and Professional Studies, added to Dr. Hubbard's concerns by saying "We are aware of the need for a darkroom, and we are working on it."

"It would be an asset to the university to offer photography classes," said CNU senior Amy Williams; "because right now I'm having to go to Thomas Nelson and CNU to get all the classes I need. I also know some students in my photography class that didn't go to CNU simply because they didn't offer any photography classes."

Faith Matters

By Rev. Cheryl Harrison-Davidson

One by One -- Making a Difference

One evening while taking a walk along the beach, a man saw in the distance a child picking up what appeared to be round objects from the sand and throwing them into the water. Curious, he drew closer and discovered that in reality the child was a wizened, bent-with-age man and the round objects were starfish. "What in the world are you doing?" he asked the old man. Without a pause in the rhythm of his task, the man responded, "I am throwing these starfish that were stranded on the shore at high tide back into the sea. Otherwise they will die." Astonished the beach walker responded, "But don't you realize they are hundreds of beaches around the world with thousands of starfish? You can't possibly save them all! It won't make any difference." The old man, bending over and picking up yet another starfish, held it out with conviction, "It will to this one!" And with a strength and determination his appearance disguised, he hefted the starfish over the waves and into the sea. Wasting no more time, the rhythm of his self-appointed mission sent him hastening down the beach - bend, pick-up, throw... bend, pick-up, throw...

I heard a semblance of this story recently at the VA COOL (Campus Outreach Opportunity League) Conference at the College of William and Mary. Students, faculty, administrators, campus ministers, and community agency representatives gathered to talk about "Service-Learning" -- a method of experiential education which involves students in learning and development through active participation in thoughtfully organized service. AmeriCorps volunteers who have been organizing volunteer opportunities on campuses all over the state of Virginia shared wonderful stories that made us laugh, and some that brought us to tears. The underlying

message from each volunteer was the profound sense that they were indeed making a difference -- even if only one person was touched. In the gospel of Matthew (Chpt. 25) Jesus challenges us to remember our responsibility to the widows and orphans, the poor, the sojourner, the imprisoned, the blind and the lame.

Today with instantaneous news about wars, famines, natural disasters, domestic violence and crime, we are almost overwhelmed by the very magnitude of our task. "There is too much suffering," we say. "What can my little drop of caring and service do?" Take some time for reflection this week: About what parts of this home we call earth do you feel really concerned, even passionate: the environment? domestic violence? child illiteracy? teenage crime? the homeless? What gifts -- education, sight, a good reading voice, a sensitive listening ear, a hug, organizational, PR, or computer skills -- could you share with a community service agency or in the residence hall or in your neighborhood? Peter Byrne, S.J. once wrote "We are simply asked to make gentle our bruised world; to be compassionate of all, including oneself. Then in the time left over to repeat the ancient tale and go the way of God's foolish ones."

If you are interested in finding a place to serve and to make some sense of your service, if you want to give a piece of your time and perhaps a little part of your life, give campus ministry a call. We have a place for you. And remember!... "many drops of water a mighty stream can make." You can make a difference!

Rev. Cheryl is a CNU campus minister with United Campus Ministries. Her office can be found on the second floor of the Campus Center, Room 228

CNU health care options?

Student insurance leaves much to be desired

By Elizabeth MacGahan
Staff Writer

Many CNU students find the two elementary health care plans available to them unsatisfactory. The MEGA Life and Health Insurance Student Division offers basic health insurance through the university. Their policy costs \$549 annually for a single student. Family policies cost \$2,813. Coverage is available for just student and spouse or student and all children. Both run \$2,269. All policies may be paid in a lump sum in the fall, or split up with the second half due in the spring.

Although the price compares favorably with a few other insurance companies, numerous exclusions make the package less attractive. The Student Insurance Division does not pay for routine physicals, preventative testing, well-baby care, or dental care except in emergencies. Pregnant women, people with other pre-existing conditions and people who take risks such as sky-diving won't be covered unless they already had insurance through the school for the previous twelve consecutive months. Other companies such as Blue Cross Blue Shield cover services denied by MEGA. For example, uninsured pregnant women can buy policies for themselves and their families which cover all problems not related to the pregnancy.

Short term health insurance is also available through Time Insurance Company. This kind of policy is intended for those between jobs or temporarily uninsured for any reason. CNU recommends it for recent graduates.

Rates depend on the size of the deductible chosen and the length of time the policy is needed. 30 days of protection can be bought for less than \$50.

Time Insurance's temporary plan is meant only for emergencies. Policies last only from 30 to 185 days. According to their representative, Time offers protection in case someone without traditional insurance "gets hit by a car or comes down with pneumonia." It has all the same exclusions and a few more. However, it does offer some follow up help in the direst emergencies after the plan expires.

Injuries suffered while playing intercollegiate sports are not covered under either plan. According to Chris Jones of the university's athletic department, this is not a problem. "We have a policy which covers all our athletes," she said. "The athletes don't pay a cent."

CNU recommends the plan for recent graduates no longer covered by the university's plan. Although adequate for alumni who are either young, healthy and single or have access to other insurance, Time's policy remains impractical for anyone who has extenuating circumstances or an irregular bill of health.

One recent alumna has made up her mind. Frances Twigg received her degree last spring and has no health insurance for herself and family yet. In reaction to the price, requirements and exclusions she said, "Most people are not ideal. I wouldn't throw money into it--that's stupid."

It Takes A Lot Of Drive To Get Ahead.



(Not A Lot Of Money)

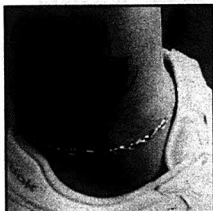


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EXPRESSIONS

*Clockwise from top left:
Photos by Robert Harris*

Jerry Callis shows off part of the new craze in body wear with a very fashionable belly ring. Pain level - 7

Ricky Guldge sports an inventive tattoo by keeping an eye on his wrist. Pain level - 9

Monte has a decorated ankle with a butterfly & strawberry combo. Pain level - 8

James shows us his loop earring. Traditional yet daring! Pain level - 4

Cami shows her tattooed hip with a treble-clef. Pain level - 2

Ricky Guldge has an abstract neolithic art tattoo. Pain level - 7, but he liked it!

Cee Cee Cleaton has a cute little ear-pierce. Pain level - 8

Denise Fehr shows her pierced tongue and nose. Pain level - 5

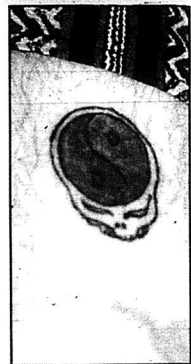
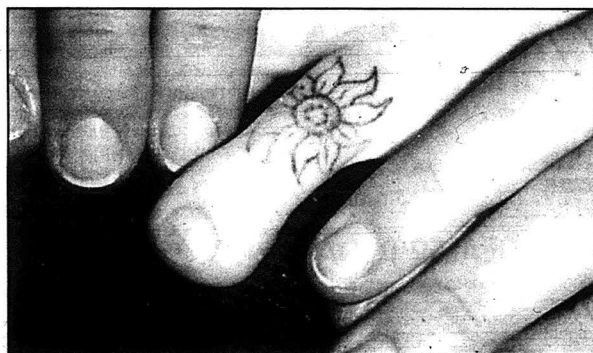
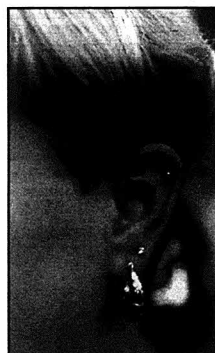
Jessica Shumake shows her tattoo of Yin & Yang in a skull. Pain level - 4

Jamal's arm has a tattoo of a vicious black panther. Pain level - 3

Shannon is original with a sunflower tattoo on her second toe. Pain level - 9

Cassandra Bonner is hot stuff! Pain level - 8

Matt Dyke bares his shoulder to show off his tattoo of a dolphin leaping over a soccer ball. Pain level - 2



Club News

A Word from Act One

The time has come to fine tune your talents and try out for Act One's 2nd Annual Mastercard Acts Talent Show, which will take place Thursday, Nov. 16 at 8 p.m. in the Gaines Theatre. Sign up in the Act One office or stop by the Act One booth at Ro/OctoberFest. Applications will be taken until Nov. 1 at 5 p.m. Auditions will be Wednesday, Oct. 23, in CC 233 from 2 p.m. until 4:30 p.m. and Thursday, Nov. 2, in Christopher's from 4 p.m. until 6 p.m. Previous acts have been musicians, comedians, soloists. Each act is limited to 5 minutes. Awards are 3rd place \$75, 2nd place \$100, and 1st place \$150. The winner will be entered into a Regional Talent Show where \$1500 is awarded the first place winner. Last year's CNU winner was Averell Carter, who made it to the National Talent Show in Anaheim, CA. Start finding your talent!

Social Work Association

CNU Social Work Association is having a candy sale on Campus for the month of October. To help benefit the SWA and its proposed commitments to the community. Please feel free to approach the SWA members who will be carrying the candy with them. Your support is very much appreciated and needed. Thank you in advance from the CNU Social Work Association.

Alpha Kappa Psi

Alpha Kappa Psi is sponsoring a Blood Drive with the American Red Cross on Monday, October 9, 1995, from 9 a.m. to 3 p.m. This event is open to the public

and is a great way for you to give back something to your fellow man. Come check us out in CC150!

CNU Pep Band

The CNU Pep Band is a performance club that provides entertainment and school "spirit" at student functions. The Pep Band plays at most basketball games and occasionally other functions such as Open House and the Annual Tree Lighting. The Pep Band is looking for brass, woodwind, and percussion players. If you would like more information, call 594 7089.

American Marketing Association

The AMA is holding a Speaker Meeting featuring Marsha Wulf from Talent Link, Inc. Talent Link is a full service booking and casting agency and Ms. Wulf is the head of it. This speaker is for all who are interested in media, public relations, or marketing their own talent.

The meeting will be on Tuesday, October 10, 1995 at 11 a.m. The meeting will be held in the Campus Center Banquet Room located behind Christopher's.

The AMA is holding a Speaker Meeting featuring Chris Neikirk, who is the Marketing Manager from the Newport News-Williamsburg International Airport. A "must attend" meeting for those in all areas of marketing, management, and public administration fields.

The meeting will be on Tuesday, Oct. 24 at 11 a.m. in the Campus Center Banquet Room located behind Christopher's.

Feeding the masses

Christopher's works for quality in service

By Lisa Soule
Staff Writer

In the back office of Christopher's, a recent issue of The Captain's Log is open to page three. A paragraph on the editorial page calling campus food "toxic at best" is circled, underlined and question marked.

"We are working very hard to overcome a bad reputation," said Kevin Ososkie, the new manager at Christopher's. "It's no secret the food was no good here last year."

Last year, Christopher's food was cooked at Harbor Lights and had to be transferred from the residence hall to the Campus Center.

"When food is transferred, it loses its value," Ososkie said. "That is why hospital food is so bad, because it's transferred all around the building." Ososkie is a retired air force sergeant whose previous job was to oversee the production of hospital meals.

"In the hospital setting, we found more complaints about the food were coming from upstairs than on the floor where the food was cooked."

This year, Christopher's food is all cooked on the premises. "Everything is made fresh here everyday," said Ososkie.

We are concentrating on our quality. Our food should be fresh, hot and eye appealing."

Chef Kenneth Harris said, "I'll stand behind anything I cook. The numbers prove our food is good."

Latest figures show about 2,000 customers a week, said Ososkie. He added, "that is at least double the number we fed at the beginning of the year."

Some recipes for menu items come directly from Ososkie's home. "I'll put our clam chowder up against anybody's," he said. "We can't keep it on the line." He has also introduced his wife's tuna casserole recipe to the menu. Beef corda bleu and enchiladas have also been added.

Local vendors provide some food products, while the facility is required to order other items like meats and canned goods from the state. "Surprisingly, the products we order from the state are very good name brand items," Ososkie said. "There is not a powdered egg in the place."

Christopher's runs a short order breakfast line from 7:45-10:30 a.m. Lunch is served from 11:00 a.m.-1:30 p.m.

Career & Counseling Voice

Career & Counseling Voice -

True or False:

- 1) Light beer contains less alcohol than regular beer
- 2) In cases of serious automobile crashes, the more alcohol an individual has consumed, the less likely s/he is to be seriously hurt
- 3) Alcohol mixed with a carbonated beverage causes faster intoxication than a fruit juice mixer
- 4) An increased tolerance--the ability to drink more alcohol without feeling the impairing effects--is a good thing to acquire
- 5) Mixing different types of alcoholic beverages, such as beer and tequila shots, causes hangovers
- 6) A 12-ounce beer contains less alcohol than a one-ounce shot of whiskey
- 7) Drinking one glass of wine a day can result in a weight gain of ten pounds a year

Few college students answer all seven questions correctly, yet studies show that the majority of college students drink alcohol. If we asked a room full of CNU students to stand if they've lost a friend to an alcohol-related death, ever had legal problems because of their alcohol use, did something they regretted while drinking or forgot all or part of the previous night after drinking, sadly most of the room would probably be standing. Because many college students do not have the facts about the negative consequences of alcohol use, they continue to drink irresponsibly, illegally, or unsafely.

If you knew that one out of three of your friends might accidentally die if you gave him or her a loaded gun, would you hand it over? Every time you pass your friend another cold one, give them the car keys after they've been drinking, or let them go with someone they don't know after having "one too many," you are handing him or her a loaded gun. Sure, your friend might not die, maybe just blow off a finger. Are you willing to take that chance? 30 percent of college students in a recent study indicated that they regularly binge drink--five or more drinks in a row. Binge drinking has been shown to be related to missing classes, increased chances of getting hurt or injured, legal problems, and more.

National Collegiate Alcohol Awareness Week (NCAAW), October 15-21, is a week of activities nationwide designed to help encourage responsible, legal decisions about alcohol, and to reduce the incidence of alcohol-related problems on college campuses and in college communities. Blacking out after a party and not remembering with whom one went home, or getting into a drunken fight with a roommate are only two examples of alcohol-related problems that might occur among college students. But you don't have to be an alcoholic to suffer some of the negative consequences of alcohol use or misuse. Car crashes, DUIs, unsafe or unwanted sex, and embarrassing or violent behavior are possible from even occasional alcohol use.

BACCHUS is sponsoring a Mock Accident Monday which will dramatize the worst of the consequences of irresponsible, illegal, and unsafe alcohol use. Listen for the sirens and come and witness the impact that your drinking or a friend's drinking could have on your life. It only takes one bad decision to change your life forever. Learn the facts and don't ignore what you learn. Knowledge is power.

Students may submit answers to the true false questions with name and telephone number to the Office of Career & Counseling Services in CC146 before Friday, October 13 at 5:00 pm. Submissions with all seven questions answered correctly will be entered in a drawing for a free lunch with the Coordinator for Substance Abuse Support Services at CNU during National Collegiate Alcohol Awareness Week.

Nearly 90 Percent of Consumers Consider Organic Produce

By Jessica Shumake
Features Editor

Nearly 90 percent of consumers would purchase organic produce if price were not an object, according to a recent study.

The study, conducted by Parkwood Research Associates Press, says "The organic buying customer is on the rise." One in three shoppers look for organic items, with a full two-thirds having tried the products. 90 percent said they would buy organic if it didn't cost more than non-organic.

The study indicated that women are more avid about pursuers of organic foods than men--35 percent compared to 25 percent.

Of those who have tried organic produce, 59 percent say it was primarily because of the promise of long term health benefits.

21 percent say nutritional value was the primary motivator and 14 percent said organic produce tastes better.

"Retail sales of organic-products reached a whopping \$2 billion in 1993 and continue to show a solid growth trend," Community Alliance with Family Farmers said in a prepared statement.

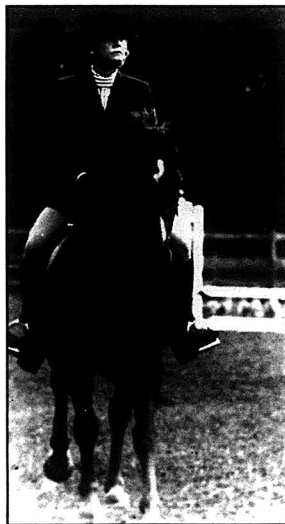
The Alliance, publishers of the National Organic Directory of farmers and food wholesalers adds, "ingesting the chemicals used in growth of non-organic produce is designed to kill other organisms and may be harmful to humans as well."

Equestrians jump into season at first show of '95



By Amy Williams
Sports Editor

The CNU Equestrian team jump-started their season on Sept. 30 as they rode to 11th place in the first Intercollegiate horse show of the year hosted by CNU and William & Mary.



In the Novice Division, Shelley Neff rode to a first place finish over fences followed by Ragan Thornton with a fifth over fences. In Novice on the flat, Lee Winslow led the way with a first, followed by Thornton and Jennifer Rowe with fourth place finishes.

Megan Clark and Lee Winslow rode in the Intermediate Division with fourth place finishes over fences. Clark also placed third on the flat.

In the Open Division, Neff placed sixth on the flat.

In Advanced Walk-Trot-Canter, Arlene Winslow placed fourth and in Walk-Trot, Lisa Behun placed second.

The Equestrian team began this season with a new coach, Don Sheeman of Carlton Farms in Williamsburg, after their former coach, Sue Isner of Hunts End Farm in Gloucester, resigned at the end of last year.

The coaching transition is going smoothly according to the Equestrian Team President. "I think the team is doing very well under Don. Due to his experience and expertise, each individual rider is really improving. The team's morale is also improving," said Neff.

CNU tied the University of Richmond for 11th place overall. Randolph-Macon Women's College and the University of Virginia tied for first.

Clockwise from top left:

Photos by Amy Williams

Ragan Thornton in her fifth place round in Novice over fences.

Thornton in Novice over fences.

Megan Clark gets a drink after her fourth place round in Intermediate over fences.

Thornton rewards her horse after a successful round over fences.

Shelley Neff in her sixth place ride in Open on the flat.



No one beat the staff of The Captain's Log in week #5. Do you feel lucky?

Week #7

Our picks in bold

The Captain's Log and the Terrace present: Beat The Captain's Log

To play: Just circle your choices for which NFL teams you think will win this week. Then clip this coupon and drop it in the Tape-A-Quarter box located in the Campus Center lounge (by the game room). If you win more games than the staff of The Captain's Log, you will be entered into a random drawing for the week. The winner of this drawing will receive a coupon for one free lunch (consisting of a sandwich, fries and a drink, alcohol excluded) at the Terrace. All entries due by Thursday at noon. All students, faculty and staff are welcome to participate. This week's games:

Atlanta at St. Louis
Seattle at Buffalo
New England at Kansas City
Philadelphia at N.Y. Giants
Detroit at Green Bay
Minnesota at Tampa Bay
San Francisco at Indianapolis

Chicago at Jacksonville
Miami at New Orleans
N.Y. Jets at Carolina
Washington at Arizona
Dallas at San Diego
Oakland at Denver

Name: _____

Phone: _____

MacPherson shatters Schwartzman's record

Soccer team doesn't follow example

By Chris Perry
Staff Writer

Despite a record breaking player, Head Coach Craig Reynolds is unhappy with the soccer team's overall play this fall. "This is the worst record that I have had [as head coach] at this point in the season," said Reynolds on the Captain's 2-7-1 record. "We are still trying to figure out how to get a win now and again."

One of those wins came on Sept. 27 when the Captains downed Chowan College 4-1. Ian MacPherson not only led CNU with two goals in the contest, he also made school history. MacPherson became CNU's

all-time leading scorer, with 32 goals. Jon Schwartzman set the old mark of 31 goals during his three years of play from 1986 to 1989.

Dixie Conference rival Greensboro College was up next for CNU on September 30. Due to earning his fifth yellow card of the season, MacPherson had to sit out the game. Without their leading scorer, CNU fell to Greensboro 2-1. Kenne Low scored the lone goal for CNU.

Assessing the team's performance, Coach Reynolds said, "There are a fair amount of players who are not living up to their potential. I am a little disappointed with the veteran players and the way they have played. I think there has been a lack

of discipline on and off the field." Reynolds continued saying, "I am not sure all of the players have the same motivation in terms of getting a good result, game in and game out, and having a good season."

In contrast, Coach Reynolds said, "We have some freshmen players that are playing very well. They're holding their own and are over-achieving in some cases."

There are five games remaining on the team's Fall schedule. On Oct. 10 the Cap-

tains face off against Goucher College on the road and then return home on Oct. 14 to face Marymount University.

"The second half of the season presents us with games that, historically, we have been able to come out on top in," said Reynolds. "Those games are clearly easier than what we have had, but you never know. We have to play well, and not beat ourselves, which has been the case many times this season."

Ratcliff races to second place

In Greensboro Invitational

James Ratcliff posted another outstanding time as he placed second at the Greensboro Invitational with 25:47 8K clocking. Kevin Allen also had a good race with an 8th place finish in 27:00.

Nicole Horn had the CNU women's top finish, 32nd place, but no times were recorded due to a clock malfunction.

Other CNU finishes include Damon Chowning in 35th with 28:35, Jason Smith

in 44th with 29:35 and Mike Koontz in 60th with 30:10 for the men's team.

In the women's team Tonni Wells came in 43rd, Adjoa Taylor in 53rd, Rene Rochette in 92nd and Rose Charris 115th. No times were recorded.

Information provided by the Office of the Sports Information Director

Sports Shorts

Amy Walter won CNU's only first round match with a 6-2, 6-1 victory at the ITA/Rolex Southeastern Regional Women's Tennis Tournament at Mary Washington.

Walter lost the second round 0-6, 0-6.

Several CNU players did well in the consolation round. Jennifer Duffy won twice 7-5, 6-2 and 6-2, 6-3. Julie Viers scored a 6-4, 7-6(4) win and Melissa Johnson beat Jackie Ruffing 6-1, 6-4.

In doubles consolation play, Duffy and Gail Jones won 6-2, 6-2.

The Volleyball team took one of five matches at the Gettysburg Invitational on September 30 and October 1.

Tiffany Libeu paced the CNU effort with an outstanding .546 attack percentage including 58 kills. She also had 41 assists and 32 digs. Jessica DeWitt had 71 digs in 12 games and ranks 19th in the nation in Division III with 4.9 digs a game.

Earlier in the week the Lady Captains scored a four-game victory against Shenandoah. Libeu led CNU with 14 kills, twenty assists and eight digs. Rachel Hull added 10 kills, 22 assists and 11 digs.

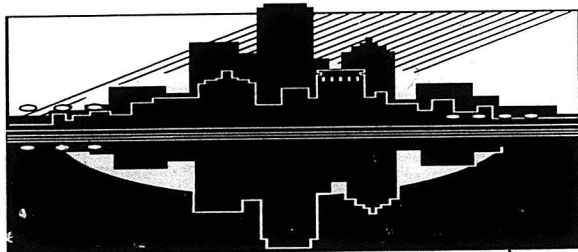
Information provided by the Office of the Sports Information Director

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CNU Reacts "Stern"ly to Shock Jock's Arrival

By Melanie L. Stokes
A & E Editor

"He is foul-mouthed, obscene, and absolutely tasteless," said Dr. Burnam MacLeod, CNU English professor, "and I think the guy's pretty funny."

"The guy" is none other than Howard Stern and he has come to Hampton Roads. His nationally known radio talk show hit the local airwaves on Tuesday. WKOC-FM (93.7), "The Coast" an alternative radio station popular among CNU students, has replaced its local morning show with the self proclaimed, "King of all media."

The Daily Press asked readers to "sound off" and answer the question, "Will you listen to Howard Stern?" The call-in poll results were published in the Wednesday, October 4th edition of the paper.

90 callers said no, they will not listen to Stern's show. 35 callers said they will listen to the show. Voters' comments included, "He's exactly what's wrong with America today." Referring to the dismissed local DJ's one caller said, "Eric and Jimmy Ray were the best morning team around. 'The Coast' is making a big mistake and will lose a lot of listeners."

One of the 35 callers that voted in

favor of Stern commented, "I can't believe that Hampton Roads is finally breaking out of the Southern Baptist Bible Belt."

CNU students have varying opinions on sharing their mornings with Stern.

Part-time student Susan Kilgore said, "I loved Eric and Jimmy Ray. They had great local flavor. I hate Howard Stern and I am appalled that 'The Coast' would abandon the quality local programming they are known for to pick-up a national embarrassment like Stern."

Sophomore Tim Phillips is excited about the change. "There are too many local morning shows around here that all sound the same. We needed a program to follow that is known nationwide," Phillips said. "I use to listen to Stern in D.C."

Howard Stern's show originates in New York and is aired in 20 markets. Though Stern's profane language and risqué topics make his show controversial, the show has ranked number one in the New York market for five years.

How Stern will be received in Hampton Roads remains to be seen. Of CNU students polled, more males than females are Stern fans. However, there were

few Stern fans to be found on campus.

"I think he is a chauvinist, bigot, pig," Susan Shelburne, CNU junior said.

"I don't like Howard Stern. He gets on my nerves. I'd rather listen to the oldies station," senior Camille Brintle said.

In favor of Stern, sophomore Derek Flanagan said, "I'll listen to him. Howard Stern trips me out, man."

Senior Bobby Johnson said he enjoyed "The Coasts" local morning show but said, "I like Howard Stern, as well." Johnson said, "I'll listen to Stern until I get sick of hearing him and then I'll flip to 96X."

96.1 competes with 93.7 for a similar listening audience. 96's morning show is hosted by a local team. However, Bob Sinclair, general manager of WROX-FM (96.1) said, "In markets where Stern has come in, it doesn't seem to affect the rest of the stations."

"The Coast" is owned by Benchmark Communications who negotiated with Stern's company for 30 days. Benchmark also owns WVGO-FM in Richmond. That station began airing Stern on Monday.

Tex Meyer, general manager of

"The Coast" said that listeners have been calling in their complaints. "We've had people say they'd rather hear the music but they haven't given Stern a chance yet."

Senior CNU student Scott Brown says he will not give Stern a chance. "He's the biggest idiot ever put on the planet," Brown said. "I'll listen to Rush Limbaugh but I'm not listening to Howard Stern."

Fans off ousted DJ Jimmy Ray Dunn can still see him on WVEC, Channel 13's, morning talk show. Dunn's former radio show co-host Eric Worden, is considering off-air employment with "The Coast." Worden found out Sunday evening that he did not have to come to work Monday morning. "When you yank the rug out from someone like that it leaves a lot of room for bitterness," Worden said. Worden says he knows the radio business is uncertain. "There's no hard feelings, really," he says, "I'm just extremely disappointed."

Warden fans can read his local music scene column in Portfolio magazine. Warden can also be seen on WGNT, Channel 27's show "On Cue." Though the show is currently on hiatus, producer Gerald Walsh said the show is soon to return.

Traditional Tea Tasting

Cryptic Concert comes to Chrysler Hall

By Melanie L. Stokes
Arts and Entertainment Editor

Are you looking for a way to celebrate Halloween with an artistic flare?

The Virginia Symphony, in collaboration with the Virginia Ballet Theater has a "Trick or Treat" concert planned for Saturday, October 28th. The concert is the first in the symphony's "Peanut Butter and Jam" family oriented series.

Virginia Symphony Music Director, JoAnn Falletta, will conduct the cryptic concert at 2:30 p.m. at Norfolk's Chrysler Hall.

"Trick or Treat" will include such "Ghoulish" music as Elfman's Theme from Batman, Moussorgsky's Night on Bald Mountain, and Berlioz's Witches Round Dance.

The children will enjoy the many games and prizes, including a costume contest judged by local celebrities.

Ticket are available through the Symphony Ticket Store, located in the Plaza One Building, 550 East Main Street, Suite 505, Norfolk, at 623 2310. Tickets can also be purchased at any First Virginia bank or from Ticket Master at 671-8100.

Ticket prices for "Trick or Treat" are \$8 for children and \$11 for adults.

Hamlet Casted

By Melanie L. Stokes
Arts & Entertainment Editor

Shakespeare is coming to CNU this fall. Under the direction of Dr.

Naum Panovski, the theater program will present William Shakespeare's Hamlet. Auditions were held in late September and a cast of 17 selected. Rehearsals are currently underway. The main roles are cast as follows:

Claudius: Jay Hutchinson
Hamlet: Tom Rhodes
Polonius: Dr. Douglas Gordon
Gertrude: Linda Livingston
Ophelia: Krissy Keene
Laertes: Aaron Thomas
Gravedigger: John Michael Hall
First Player: Aurelie Clement

Other cast members include:

Julie Corriere, Greer Janis, Rebecca Duncan, Angelika Hart, Melodie Griffin, Lee Duff, Melissa David, Jennifer Sloggie, and Mike Bland. These actors portray ghosts, players, officers, soldiers, servants, lords, and ladies.

The play's set and light design is by George Hillow. Costumes are being designed by Smaranda Branscu. Leslie Davidson is serving as stage manager with Martha Blekenhagen as assistant stage manager. Joe Klein is the assistant director. The tech crew includes Sherry Edwards and Cookie Perry.

Dr. Gordon, CNU English professor and actor in the role of Polonius said, "This is a very important project that people should pay attention to. There are very talented people involved."

The Friends of the Tea House will hold a traditional Japanese Tea Ceremony at CNU's Tea House on Saturday, Oct. 14 from 11 a.m. to 3 p.m. Green tea and Japanese sweets will be served by Japanese ladies wearing traditional kimonos.

The tea ceremony, the serving of tea in accordance with Japanese culture and etiquette, is a traditional Japanese art established in the later half of the 16th century. The tea ceremony has greatly influenced traditional Japanese customs and manners.

The Ennan Tea House is an exact replica of a sixteenth century tea house in Kyoto, Japan. While there are 200 authentic tea houses in Japan, there is only one in the United States, right here at CNU.

The Tea House was originally constructed for the highly successful exhibit, "Japan: The Shaping of the Daimyo Culture, 1185 - 1696," at the National Gallery of Art in Washington, D.C.

CNU was selected as the permanent home for the tea house after the exhibit closed because of the university's successful Japanese Studies Program. The program features courses ranging from Japanese arts and culture and business management to Japanese language.

The original tea house was designed and built by the Daimyo tea master Furuta Oribe in the late 1500's. Before leaving for battle in 1614, he presented the tea house to his brother-in-law, Kenchu, the founder of the Yabunouchi School of Tea.

The tea ceremony is open to the public. A five-dollar donation is re-

quested, to cover the cost of the Japanese tea and sweets. The Tea House is situated across from the University's Campus Center.

For more information on the Tea Ceremony or CNU's Tea House, please call Mrs. Rose Muehlbauer, coordinator of the Friends of the Tea House at 723-1650.

Information provided by the Office of University Relations

Winners, from p. 1

involved in the performing arts for three years and has done one community children's show, seven bit parts in university shows, and has been progressing with successively larger roles. Keene plans to fit a semi-professional community show into his schedule this upcoming semester.

Hutchins has been a stage presence since his junior year in high school '84-'85, and will graduate with 11 years of experience. Every semester since the spring of '90, Hutchins has done at least one show, and sometimes even two. That's around 12 to 15 shows in all. His most memorable performances include *Jesus Christ Superstar* and the slapstick farce *The Physician in Spite of Himself*.

Hutchins is presently preparing for his role as Claudius the King in Hamlet; Keene is in rehearsal for the role of Ophelia in the Hamlet production, which debuts Nov. 5.

After graduation in the spring, Hutchins plans on either graduate school, culinary arts school, or working. Keene is applying to a few prestigious and renowned schools such as NYU, De Paul, and Yale. If she doesn't get accepted, get ready New York City. Acting classes and auditions, auditions, and more auditions could pave the future path to stardom for Keene in NYC.

The Community School of the Arts

For CNU...

By Michelle Inserra
Contributing Writer

Have you ever dreamed of playing a musical instrument? Do you have the skills but want to brush up a bit on your technique?

Maybe you would like to learn to sing or play an instrument but thought you did not have the time, the transportation, or the money. The Community School of the Arts can set these fears to rest.

The School of the Arts is conveniently located on CNU's campus. The program which is offered through the Office of Continuing Education welcomes CNU students to take private lessons in voice or in the musical instrument of their choice.

"We try to make everything convenient to the student as well as the instructor," Dr. Sue Jones, Director of Continuing Education said. The program puts interested students in touch with private instructors. The student and instructor agree on a meeting time and then lessons are held at CNU.

Sessions run in sync with CNU's semester schedule. A mini summer session is offered as well.

The program, making an effort to work with student finances, offers a payment plan.

In years past, the Community School of the Arts has presented a recital at the end of the session enabling students to "show off" the skill they have learned.

"The program allows the student

to build their self esteem," Jones said. She says the program in turn leads the student to better performance mentally as well as academically.

Make your dream of being a musician a reality. Stop by Smith Hall, room 146 for an application.

... And Beyond

By Melanie L. Stokes
Staff Writer

Fine and performing arts education at CNU is not just for the university's students anymore. The Community School of the Arts, a program of the Office of Continuing Education, reaches out to community members "seeking to develop their artistic skills and enhance their appreciation of the arts." So says the program's mission statement. The program, created in 1993, offers private music, voice, and dance lessons to the public. The lessons, conducted on CNU's campus, are taught by musical professionals, professors, and advanced students from the university and beyond.

Barbara Lobach of the Office of Continuing Education describes getting involved as "very simple." Those interested in instruction begin by filling out an application. Once the prospective

student is accepted, Dr. Sue Jones, Director of Continuing Education and Special Programs, refers the student to available instructors. The student is responsible for contacting the instructor and arranging the weekly meeting times. "Dr. Mark Reimer sets up meeting space for us," Lobach said. The program works with the cooperation of CNU's Department of Arts and Communication. "Dr. Reimer also recommends advanced [CNU] students who are qualified as instructors," Lobach said, "Susan Arnold, a CNU student is a voice instructor."

Though CNU students may participate in the program, classes do not count for credit and students pay the same fees that non CNU students pay. Class sessions are 14 weeks long, following the CNU semester schedule. However, Lobach says a student can begin instruction at anytime during the semester, "based on time and space availability." Students have the option to take either an hour or a half-hour lesson weekly. A ten dollar registration fee is required of all students. Tuition is fifteen dollars per half hour and thirty dollars per hour for professional instructors. "Fees are cheaper for student instructors," Lobach said. For a student instructor a half-hour lesson costs ten dollars and an hour lesson costs twenty dollars. The lessons are not paid for individually but in two larger payments covering the entire semester's lessons. "You can pay half down at the start of your lessons and pay the second

half six weeks later," Lobach said. Students must provide their own instruments. "That's a prerequisite," Lobach said, "except for in piano."

Lobach describes the wide range of community members whom the program reaches. "Our youngest student is five years old and our oldest is in their seventies," she said. These students study instruments from the bassoon to the viola and everything in between. Music composition and dance are other artistic areas offered in the program.

To apply, call the Community School of the Arts at 594-7158 or pick up an application in Smith Hall Room 146.

Spirited Open for VSC

Virginia Stage Company opens its 17th season on October 20 with Noel Coward's *BLITHE SPIRIT*, a classic comedy of the 1940's that continues to delight today's audiences with its elegance and its humor. VSC's artistic director Charlie Hensley said, "I couldn't be more excited about directing one of the great comedies of the English stage, and with such a stellar creative team!"

BLITHE SPIRIT begins when a writer arranges a seance as research for a new book. The staged seance takes an unexpected turn when the writers first wife is brought back from the "other side" much to the dismay of the writers second, very much alive wife.

Students receive \$3 off the regular admission of \$11-\$32.

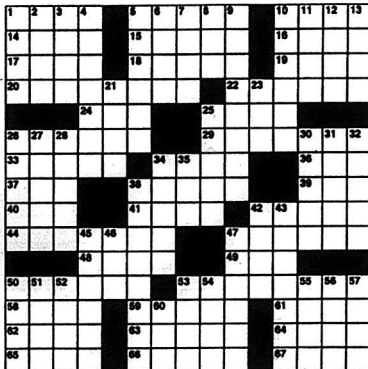
THE Crossword

ACROSS

- 1 Mime
- 5 Specks
- 10 Opera voice
- 14 Italian capital
- 15 Evident
- 16 Jacob's brother
- 17 Yalies
- 18 Nervous
- 19 Secrete
- 20 Early Americans
- 22 Redacted
- 24 Grease
- 25 Thick or Milne
- 26 "Aida," et al.
- 28 Having a similar nature
- 33 Bank patron
- 34 Stable occupant
- 36 Tavern brew
- 37 Coach
- Parasophian
- 38 Cars shown by salesmen, e.g.
- 39 Cravat
- 40 — rummy
- 41 Enthusiastic liveliness
- 42 Endured
- 44 Main part
- 47 Indicates
- 48 Reign
- 49 Howard or Ely
- 50 Ancient city of Greece
- 53 More exquisite
- 58 Tra —
- 59 Request by a worker
- 61 Collection of Old Norse poems
- 62 Kiln
- 63 Sea birds
- 64 Genuine
- 65 Unwanted plant
- 66 Elmine when brown
- 67 Ditto

DOWN

- 1 War god
- 2 Warsaw citizen
- 3 Give off
- 4 Make new
- 5 Travelers' stopovers
- 6 Above



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ANSWERS



- 7 Hamilton bills
- 8 Sounds of hesitation
- 9 Playing marbles
- 10 Toward the rear
- 11 "Take it — comes"
- 12 Marquis de —
- 13 Took to court
- 21 Ananias
- 23 Rather of TV
- 25 Ohio city
- 26 Plains Indian
- 27 European capital
- 28 Maurice or Linda
- 30 Boca —, FL
- 31 T.S. or George
- 32 Legal documents
- 34 Free-for-all
- 35 "I — Camera"
- 38 States
- 42 Shortly
- 43 Colorists
- 45 Chore
- 46 Pecan or hazel
- 47 Member of the clergy
- 50 Retard
- 51 Macadamize
- 52 Toward shelter
- 53 Flintstone pet
- 54 On the briny
- 55 Brainchild
- 56 Dutch cheese
- 57 Breathing sound
- 60 Esthetic pursuit

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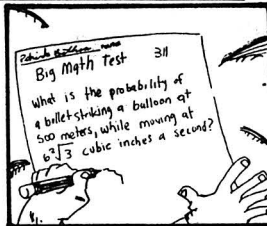
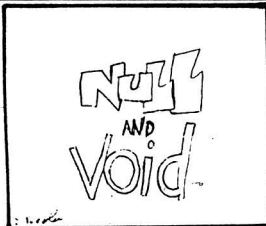
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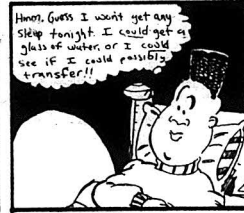
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A typical conversation that goes on in comic book shops...



The only thing you have to fear is: Mid terms themselves!



Actually, Gina, Yes he was.

The evidence was overwhelming. The blood at the mansion, the blood in the Bronco...



CLASSIFIEDS

PERSON TO PERSON

Pookie Bear, I would look forward to looking for your new tatoo, but I don't know if I can see you through these tear-drenched eyes of mine... You have hurt me so deeply that I don't know if I can ever look upon you again.

- Honey Buns

Shadow- Oh your words take my breath away. I only wish that what you say was true... It has been a while since you have seen me, and I fear I will only dissappoint you. I am also afraid that the questions outnumber the answers. I am no longer the pastrey you fell in love with. I have been shoved into the 1/2 price bin.... and forgotten...

- Honey Buns

Honey Buns- You'd better check whose Pookie Bear you're Holding. He's playing you and me both, false m'lady.

- Cuddles

Douglas- My seeker of light - thank you for standing beside me this semester. You are my comfort, my guide.

- Your Wife

PERSON TO PERSON

My powers are unique. Like O.J., the evil will fall. Who is Cuddles? Josh "Tiberius" Webb... Master of Panties... "indeed!". Censorship sucks!

- The Dark One

Sheila, How do you make hamburgers grow? Vince and Troy, wanna come dance? Dave what color is that? Brian and Angela, visited Burger King in Portsmouth lately! Todd 12 or 43? Make up your mind.

- S&N&P

Congratulations new Gamma Phi Beta members. Ya'll are the greatest! Go Gamma Phi!

Sean Avery- Remember to date your invitations. Let's go to Super K. It's a shame you got busted by Marie. Gotcha! How 'bout them Tides? Easy Reader.

- S&N

Dave E.- I hear Miss Clairiol is coming out with a men's line- Wanna try some? 12 exciting colors. Been to Gosnold lately? Wes is looking for you.

- S&N

PERSON TO PERSON

Anne- If you don't calm down, we're going to buy you one of those belts.

- Your Gamma Phi Beta Sisters

AMA proudly presents our next speaker, Marsha Wulf, the head of Talent Link Inc., a full service booking and casting agency. If you are interested in media marketing, public relations, or marketing your own talent, this is the speaker meeting for you. See us Oct. 10, CC Banquet room at 11a.m.

To all the sisters of Gamma Phi Beta, the members of the Lambda pledge class would like to let their big sisters know that we love you very much. Sisters are Forever!

Courtney: Where's R cookies? Mandy: Car needs a role model! Vicki: Hello! Anna Marie: Silky smooth. Emily: I'm sorry. Leslie: Hook me up! Carey: Sit back and relax! Buckley: Ride on cowboy! April: Wanna be down. Scott & Juan: I've studied & I'm ready. Eric: Hit E- Stop! Shuana: Biology again. Ricky: Gun the Ball! Monica: Hey stranger!

- Pat B. (Legend of the Fall)

HELP WANTED

Baby sitter needed for occasional evenings & weekends; 1 Infant, 1 two year old & 1 nine year old- ALL BOYS! For more info., please call 865-6488.

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LOST AND FOUND

Gold Diamond bracelet with the name GERRI spelled out in diamonds. Lost somewhere between Crestar Bank and CNU classrooms. It was a keepsake from my deceased husband, so if found, please call 850-5799. \$50.00 Reward.

FOR SALE

1990 Mitsubishi Eclipse; Black with AC, 5 speed, AM/FM w/Cassette. Leaving the country, MUST SELL! \$5,400 neg.. Call 826-8073.

Queen size waterbed. Excellent condition MUST SELL!! Call Amanda for more info. by digital pager 882-3456 code #100, or call 877-0065 and leave a brief message.