

Ladies leave  
Grammy's laden

PAGE B3

Track team breaks  
CNU records

PAGE B4

NBA still trumps  
March Madness

PAGE B4

# THE CAPTAIN'S LOG

THE OFFICIAL STUDENT NEWSPAPER OF CHRISTOPHER NEWPORT UNIVERSITY | FEBRUARY 14, 2007 | VOLUME 38 ISSUE 17

WWW.CNU.EDU/CAPTAINSLLOG

## NEWS

### Alcohol Policy Forum aims to educate students

BY REGINA CERIMELE  
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At an alcohol policy forum taking place last Thursday in the David Student Union Monroe Room, around 35 students expressed their opinions about a wet CNU campus.

Several senators in the Student Government Association (SGA) organized the informal event, which was formally announced two days beforehand.

"Regardless of your opinion, we want to hear it," said junior senator, Andrew Lundsten, at the forum's introduction. Lundsten, along with fellow senators, freshman Ben Heath and sophomore Jenn Johnson, moderated the event.

Lundsten encouraged the audience to respond with their own opinions to the ATF's decisions regarding a wet east campus.

Junior Class President Todd Shockley shared his opinion, saying that the university needed to change its view of alcohol.

"We're viewing alcohol as the villain," he said.

In response to Shockley, a suggestion of the forum called for an increase in alcohol education classes being offered to freshman during the Setting Sail orientation. ■

## INSIDE

### Virus alert: CNU, Hampton

The Peninsula Health Department has issued a "Norovirus advisory" for the area. Confirmed cases of the virus, a form of gastroenteritis, have been reported across the Peninsula.

FOOD • HEALTH, A6

### Obama enters '08 campaign

Sen. Barack Obama officially entered the race for president Saturday in the Illinois capital, urging Americans who hear "destiny calling" to join him.

WORLD • NATION, A7

## INDEX

Arts and Entertainment	B1
Campus and Local Briefs	A2
Comics and Crossword	A4
Event Calendar	A2
Food + Health	A6
Horoscopes	A4
Opinions	A5
Police Blotter	A2
Sports	B4
World and Nation	A7

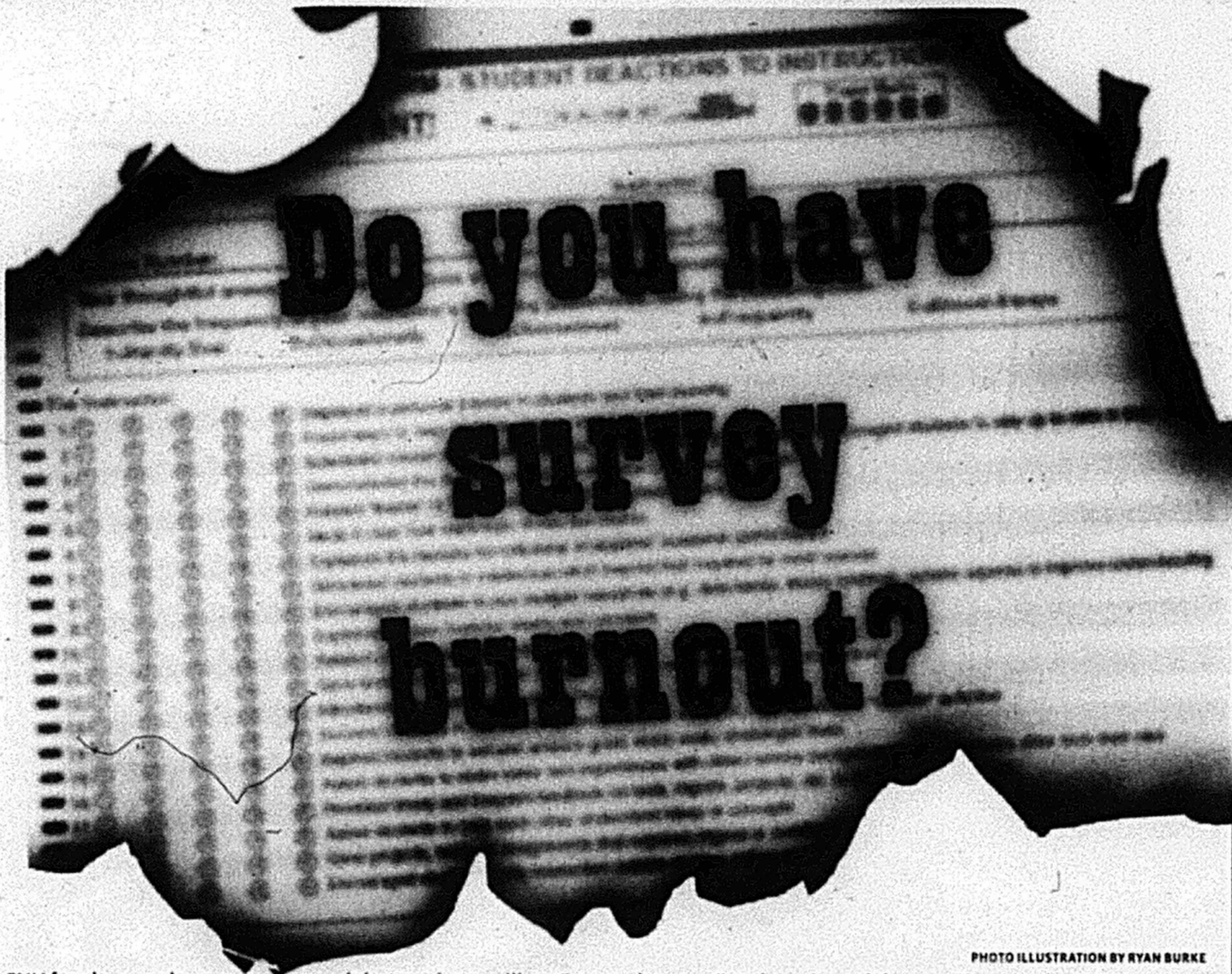


PHOTO ILLUSTRATION BY RYAN BURKE

CNU faculty members are concerned that students will get "survey burnout" and won't read the questions on the IDEA surveys.

## IDEA emphasis too high

IDEA SURVEYS | CNU uses student feedback on teachers more than recommended.

BY BETH BECK  
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Based solely on the opinion of students, the Individual Development & Educational Assessment (IDEA) surveys are the main tool judging Christopher Newport University professors' teaching abilities. Semesterly, results of these surveys influence decisions concerning faculty retention, promotion, tenure and merit pay.

The emphasis on student opinion in making these decisions causes problems that are beyond administrative control, which is why IDEA recommends the surveys be used with specific guidelines — ones that CNU, officials said, isn't completely following.

At CNU, the surveys are given to between 65 and 75 percent of classes each semester, whereas IDEA recommends using them only 50 percent of the time, said Denise Moclair, assistant to the provost.

For Department Chair and Associate Professor of Mathematics Brian Bradie, not following IDEA's protocols presents problems.

"This is because of the very real concern of survey burnout. If you take these surveys five times a semester every semester, after a while it blurs and you don't really read the questions," he said.

"If you combine survey burnout with the problem of students misusing or misunderstanding the importance of the survey, you can have

some really bad results," Bradie said.

The university adopted IDEA surveys in the spring of 2000 to improve the evaluation of teaching: a policy that was to be reexamined after three years. That evaluation still hasn't been done, said Moclair.

Given the emphasis the administration places on the IDEA surveys and the lack of other evaluative mechanisms on campus, professors said that the IDEA surveys are necessary, but that a more thorough evaluation process needs to be devised.

"When I became dean four years ago, I was concerned there was too much emphasis placed on IDEA alone," said Dean of the College of Liberal Arts and Sciences Dr. Douglas Gordon. "We need a more complete measure of a faculty's ability in the classroom."

"IDEA gives a lot of good information. It links class objectives with the teaching style so professors can see what they do well and what they need to improve," said Bradie.

"But we need to have a centralized place for professors to go to get the information and training needed to improve the areas that the survey tells them to."

In the 2005-2006 school year, the university spent approximately \$6,996.94 for the evaluation of approximately 1,500 courses, said Moclair. For Gordon, the money is still well spent.

"Some standardized evaluation of faculty instruction is important if we're serious about our commitment to providing the best liberal education for our students," said Gordon.

SEE IDEA SURVEYS, PAGE A8

## SUB focuses on DSU hours, doors

DSU | Extended hours, room names and temperature of the "Street" reviewed.

BY REGINA CERIMELE  
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The Student Union Board (SUB) discussed the progress of the David Student Union's (DSU) extended hours at their meeting Thursday. The SUB also discussed possibly renaming several rooms with the DSU and voiced concerns over architectural problems with the DSU entrances.

Doug Shipley of Auxillary Services presented rough numbers of DSU student use during the trial extended hours to the SUB. The manner in which the data was collected, he said, was definitely not done scientifically.

Numbers, he said, didn't include meetings going on in the building. Walks were performed only every 30 minutes, said Shipley, as he acknowledged that traffic might exist in between

that period. The focus of the number counts, he said, was in common areas, counting random people walking around and hanging out.

Shipley did not review specific figures for each day's record, but reviewed formulas used to calculate each day's building averages. He said that numbers were lowest during the nighttime hours.

Shipley was asked by the SUB about usage of the C-Store. Though he said he did not have specific figures to give, sales averages, he said, were approximately \$200 a night, between the hours of 5 p.m. and 12 a.m.

The SUB reviewed its marketing efforts used to publicize the extended hours, which included a banner, fliers, posters and campus-wide announcements.

Kim Roeder, chair of the SUB, asked students whether

any other marketing method could be utilized.

Once the old Student Center (SC) comes down, said Roeder, DSU will likely be filled with much more activity. A shift will be seen, she said, with the SC's demolition, given that the old Regatta's, Gaines Theatre, the Center for Counseling, Coaching and Consulting, and the Alumni Room will either be gone or find new homes.

Unless the building is used more before the trial period ends at spring break, said Roeder, there is a chance that the DSU may go back to its old hours.

Roeder relayed to the SUB an administrative question of possibly renaming rooms in the DSU, including the University Bookstore and the C-Store, as well as the Game Room and TV Lounge.

SUB member, junior Kyle Chandler asked why both the Bookstore and C-Store could not keep their same traditional names, arguing that

if renamed, students would likely not refer to the locations by anything other than the original names.

The students voted unanimously in support of keeping traditional names for the Bookstore and C-store. Roeder said she would pass on the recommendation. "Your voice has been proven to be something to listen to," she said.

The SUB recommended that if renamed, the TV Lounge and Game Room should keep with the theme of the DSU's rooms being named after Virginian presidents.

Additionally, Shipley answered SUB questions concerning the doors of the DSU, and the difficulty of maintaining comfortable temperatures in the DSU Street. The architectural firm, he said, holds the responsibility of coming up with a proper solution for the building's doors. Possible solutions, he said, may include revolving doors or a double-door system. ■

## ATF closes the door on a wet campus

BY CHRIS MCCrackEN  
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The Alcohol Task Force (ATF) convened again last week and reopened the alcohol discussion regarding east campus housing in response to a pro-wet editorial published by The Captain's Log Editor-in-Chief Ian Sass-Base-dow.

They again voted to keep east campus dry Wednesday. After the vote, the ATF member Dr. Robert Hasbrouck, assistant professor of management and economics said Friday that arguments against a wet east campus were lacking in facts. Talks began Friday regarding feasibility of a wet pilot program on east campus (perhaps designating a single building to 21-year-olds) and also an alcohol policy for athletic events.

After Sass-Base-dow's editorial was reviewed by the ATF, discussion continued about wet east campus residence halls before they voted "dry" 9-3. The first vote was 10-2.

"This begs the question for me why do we have this policy," said Hasbrouck, about a dry CNU. "Is it for convenience? Is it for some mission or strategy?"

**"We are the gatekeepers to something that should be looked at more objectively than this."**

DR. ROBERT HASBROUCK,  
ASSISTANT PROFESSOR

"We are the gatekeepers to something that should be looked at more objectively than it is," he said.

Hasbrouck said that in making the case against a wet east campus, the ATF needed to cite actual factual evidence in their decision-making. "I think we are using perceptions," he said. "Let the students know: here are the facts."

Hasbrouck proposed the ATF gather information from the Center for Honor Enrichment and Community Standards (CHECS) to examine how many 21-year-olds have received alcohol violations. This, he said, would help to determine if students would be responsible enough for a wet east campus.

Dean of Students Donna Eddleman said that the gathering of this data would be too difficult.

"I think we are moving too fast," said Kim Roeder director of student activities about the possibility of a wet campus.

ATF Co-chair Dr. Bob Colvin of leadership studies made a suggestion about the possibility of a pilot program. The ATF debated whether allowing one residence hall to be wet for a set period of time could be beneficial by giving them a sample of how a wet east campus could be.

"I think there is significant risk in a pilot program," said Eddleman.

A pilot program, if designed, will not be enacted any earlier than the 2008-2009 academic year, as the housing lottery system has already been set. Hasbrouck said that

SEE ATF, PAGE A8



# THE WEEK JANUARY 14-20

## wednesday

10 a.m. — Alcohol Task Force meeting, Office of Student Affairs Conference Room  
3-4 p.m. — Dr. Lydia Kennedy: An Introduction to Elliptic Curve Cryptography, Gosnold 202  
4-7:30 p.m. — Valentine's Day Dinner, Regatta's and The Commons  
6 p.m. — Biology Club Meeting, Science Building Atrium

## thursday

12:15 p.m. — The Captain's Log Advisor's Critique, Ratcliffe 106  
7 p.m. — Intervarsity, Gaines Theatre  
7 p.m. — Irish/Celtic Club, DSU 2nd Floor

## friday

10 a.m. — Alcohol Task Force meeting, 4th floor Conference room, BTC building  
7 p.m. — CAB Movie: Borat, Gaines Theatre  
9 p.m. — Bingo Night, Ferguson Music and Theatre Hall

## saturday

4 p.m. — Gospel Concert, Ferguson Music and Theatre Hall  
7 p.m. — CAB Movie: Borat, Gaines Theatre  
8 p.m. — Jessica McLean, Regatta's

## sunday

4 p.m. — Catholic Mass, SC 150 (Alumni Room)  
7 p.m. — The Captain's Log Staff Meeting, DSU 393

## monday

2-3 p.m. — Islam Discussion Hour, Einstein's Cafe  
5:30 p.m. — SGA Meeting, SC 150 (Alumni Room)  
7:30 p.m. — Virginia 21, DSU TV Room  
7:30 p.m. — Between Two Fires: Torture and Displacement in Northern Uganda, SC 150 (Alumni Room)

## tuesday

8 p.m. — Fellowship of Christian Athletes (FCA), Freeman Center, President's Box  
10 p.m. — Citizens of the World meeting, James River Multipurpose Room

# PAGE TWO

WEDNESDAY, FEBRUARY 14, 2007 | PAGE A2

## On campus

### Marsh and Whitehurst to speak on Leadership

John O. Marsh, Jr., former Secretary of the Army, and G. William Whitehurst, former Congressman will speak tomorrow at 7 p.m. in the Ferguson Center for the Arts Music and Theater Hall. The event, which is part of the President's Leadership Speaker Series, is free and open to the public. Marsh has served four terms as a Representative in Congress, and was a member of the House Appropriations Committee, the Assistant Secretary of Defense, Assistant for National Security Affairs to Vice President Ford, Counselor to President Ford, and Secretary of the Army. Whitehurst was a member of the U.S. House of Representatives, serving on the House Armed Services Committee, the Select Committee on Intelligence, and the Ethics Committee. He currently teaches courses in political science and history at Old Dominion University.

### Professor Receives Outstanding Faculty Award

Dr. Tracey Schwarze, associate professor of English, has been recognized as one of 12 recipients of the 2007 Outstanding Faculty Awards from the State Council of Higher Education for Virginia. She received the award for her accomplishments in teaching, research and public service. Schwarze is the third CNU faculty member to receive the award, with others including 1997 recipient Dr. Susan St. Onge, professor of French, and 2000 recipient Dr. Harold Cones, professor of Biology. Schwarze became a member of the CNU faculty in 1999 and has since taught over 1,000 students and designed 17 courses. Along with teaching students, she has taken on several leadership roles on campus including President of the Faculty Senate and heads the university's Provost Search Committee.

## Around town

### Shuttles from Port Warwick to City Center ending

The shuttle service that runs from Port Warwick to City Center at Oyster Point in Newport News will be ending in March. The bus route has often been called "Jump Over Jeff" because it crosses from one side of Jefferson Avenue to the other. The bus service was started in June because city officials believed that having the route would create interest in City Center, a heavily subsidized project. The route will officially end on March 1 because it costs approximately \$1 million to operate the bus, coming mostly from a federal grant, which few people ride.

### Hampton Roads excluded in 'The Police' reunion tour

The Hampton Roads area was not a part of The Police's 2007 tour schedule that was announced on Monday. The 1980's band will be going on their North American reunion tour starting on June 6. The tour will run through Aug. 3, but as of right now only 10 tour cities have been announced, with another 13 to be added in the next few weeks, including the "Washington/Baltimore area." Local Police fans are hopeful for a performance at the Virginia Beach Amphitheater, but there has been no indication yet of a tour date in the area.

## Police blotter

### CNU Police Crime Log

February 11

A case of underage possession of alcohol was reported in Barclay Apartments.

An individual was charged with possession of a tazer in James River Hall.

February 8

A digital camera was stolen from a resident's room in York River West.

Jewelry was stolen from a resident's room in York River West.

Money was reported stolen in York River West.

February 7

Money was stolen from a resident's room in York River West.

Information from CNU Police Department

### Newport News Crime Log

February 11

A vehicle was reported stolen on White House Cove.

An attempted kidnapping was reported on Jefferson Avenue.

A weapons offense was reported on Jefferson Avenue.

February 10

Jewelry was stolen on Jefferson Avenue.

An individual was assaulted on Severn Road. Minor injuries were reported.

A case of malicious wounding occurred on Queens Court. Minor injuries were reported.

February 9

A vehicle left the scene of an accident on Jefferson Avenue and Loftis Boulevard.

A case of hit-and-run occurred on Loftis Boulevard.

February 8

A vehicle was damaged on Chatham Drive.

Livestock was stolen on Mariner's Court.

An individual was assaulted on Turlington Drive. Minor injuries were reported.

February 7

Computers were stolen on Deep Creek Road.

Property was reported damaged on Carolyn Drive.

An individual was reported deceased on Madison Lane.

Vehicle parts were stolen on Troy Drive.

Information from Newport News Police

## SUPERSHOT



RYAN BURKE/THE CAPTAIN'S LOG

Freshman Tyler Hoy gives an exclusive performance in the David Student Union, Thursday, Feb. 8 as a promotion for Homegrown.

**Want to see your shot published?** To contribute a photo for "Supershot," send the attached file (in .psd or .jpg format) with your name and class status. Please include in the body of the e-mail information about the picture, including who or what is pictured, when the photo was taken and any other pertinent information. Send to: [clogphotos@cnu.edu](mailto:clogphotos@cnu.edu)

## Names in the news

### ANNA NICOLE SMITH DIES IN FLA. HARD ROCK HOTEL

Anna Nicole Smith's media-hyped journey of celebrity, marked by dubious successes and all-too-human tragedies, ended Thursday at a venue as colorful as her life when she collapsed at the Seminole Hard Rock Hotel & Casino in Hollywood, Fla., and later died at an area hospital.

Nearby residents and casino patrons said Smith, a former stripper turned Playboy model, died around 1:39 p.m., when her private female nurse called the hotel for help. Seminole Tribe Police Chief Charlie Tiger said.

At 1:45 p.m., Tiger said, a bodyguard initiated Cardiopulmonary Resuscitation (CPR) in Smith's hotel room, no. 607.

Hollywood Fire-Rescue workers began CPR, hooked Smith up to a heart monitor and took her to Hollywood Memorial Regional Hospital around 2 p.m., rescue spokesman Matt Phillips said.

Tiger said Smith died at the hospital at 2:49 p.m.

Smith's attorney, Ron Rale of Los Angeles, confirmed the death but not its cause. "We don't have confirmation on how she died," he said.

Cause of death would be determined by an autopsy performed Friday by Broward Medical Examiner Joshua Perper. The autopsy will include toxicology tests and final results could take several weeks.

Outside the Medical Examiner's Office, Broward Sheriff's

Office deputies stood watch as a half-dozen journalists gathered. "If there's a person brought in who is a celebrity, we want to make sure the premises are safe," Perper said.

The police chief said Smith was a regular patron at the Hard Rock and arrived last Monday with Howard K. Stern, the attorney who has said he is her husband and the father of her 5-month-old daughter DanielleLynn. DanielleLynn was said to have been in the Bahamas with Stern's family members.

"She checked in [last] Monday at 8 p.m. as a guest," said Danielle Giordano, a spokeswoman for the hotel. Smith was due to check out of her hotel room on Friday.

© 2007 MCT  
Source: AP, Internet Movie Database, MCT Photo service  
Graphic: Meena Yingling

MCCLATCHY TRIBUNE ■



**Anna Nicole Smith**  
Former Playboy playmate, model and actress

**Early life**  
1967 Born Vickie Lynn Hogan, Nov. 28, in Houston, Texas  
1985 Marries Bill Smith, separated, 1987; one son, Daniel

**Career notes**  
1992 Cover of Playboy  
1993 Named Playboy's Playmate of the Year  
2002-04 "The Anna Nicole Show"

**Personal life**  
1994 Marries 89-year-old oil tycoon J. Howard Marshall II

1995 Marshall dies; legal battle over estate between Smith and husband's stepson begins

2000 California federal court awards Smith \$474 million, later overturned

May 1, 2006 U.S. Supreme Court rules unanimously in favor of Smith to pursue her claims in federal court

Sept. 7, 2006 Gives birth to a daughter; son Daniel dies three days later of drug overdose

Sept. 28 Commitment ceremony with lawyer and presumed father, lawyer Howard K. Stern

Dec. 2006 Court orders paternity test for daughter after ex-boyfriend Larry Birkhead sues Smith, claiming to be the father

Feb. 8, 2007 Collapses and dies at age 39

## THE CAPTAIN'S LOG

Check out the All New Captain's Log Online Edition

### A strike of bad luck for CNU

The damage ranged from a stolen car to a stolen laptop to a stolen camera. The damage was done by a series of unfortunate events that struck CNU students in the last few days of the semester. The damage was done by a series of unfortunate events that struck CNU students in the last few days of the semester.

### Doctor donates \$1M

Dr. Sarah Perkins, a local doctor, has donated \$1 million to CNU. The donation will be used to support various programs and services at the university.

[WWW.CNU.EDU/CAPTAINSLLOG](http://WWW.CNU.EDU/CAPTAINSLLOG)



**THE CAPTAIN'S LOG** is the official student newspaper of Christopher Newport University. It is a public forum, which is published each Wednesday 25 times throughout the academic year.

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**CREDITS** The Captain's Log is created with Apple Macintosh computers, using Adobe InDesign, Adobe Illustrator, Adobe Photoshop and Microsoft Word.





Secretary of the Senate Lee Cooper (left) and newly-appointed Senator Sam Burks (right) examine the minutes.

## SGA's all minutia, no issues

BY REGINA CERIMELE  
REGINA.CERIMELE.04@CNU.EDU

The Student Government Association (SGA) debated two possible changes to its internal structure — committee creation and GPA requirements — at its Monday meeting, both of which will be voted on at next week's meeting. A total of one bill has been passed by the SGA this semester that applies to the student body.

The first bill called for the creation of a new standing committee, the Student Rights Committee. Senators, junior Andrew Lundsten and sophomore Jenn Johnson presented the bill, though additional senators also signed it.

Johnson said that when the bill was first presented at last week's meetings, the agenda and goal of the committee might not have been clearly introduced. Student rights, said Johnson, is an issue that is encompassed within each senator's job responsibility, but should also be the focus of a standing committee.

"SGA as a whole is too big to focus effectively on the issue," said Johnson. Instead, in creating the committee, specific individuals would focus on researching and could present gathered information to the Senate as a whole.

Several senators expressed concern

that while a committee focused on student rights was beneficial, they were hesitant whether it deserved standing committee status immediately.

"I'm a big fan of the try-before-you-buy idea," said junior Sergeant-at-Arms Frank Crabtree. If the committee prospers as a temporary, ad-hoc committee, he said, the Senate should reevaluate the committee's status and consider adjusting it to a Standing committee.

Junior Senator Karen Schomaker said that all of the elements of the Students Rights Committee she agreed with, but that she was hesitant to make the committee the standing variety.

"We have enough issues making sure current standing committees are fully staffed," said sophomore Senator Ruth Fuller, who didn't feel that the committee would be successfully maintained.

The committee, said sophomore Senator Joe Hamm, would be ideal for all other committees in focusing on important issues specifically.

Because of constitutional provisions, the legislation could not be voted on at the meeting, and will be decided on at next Monday's meeting.

The senate also discussed a proposed constitutional amendment allowing for an exception clause to be added to the

SGA's GPA requirements for the positions of president and vice president.

Currently, said proposing senator freshman Ben Heath, the 2.5 GPA requirement might be limiting to students based on personal experiences that may have impacted one's academic performance.

The legislation, he said, would allow for the SGA's advisor, Dr. Peter Carlson of government and public affairs, to allow for an individual to run for election despite not meeting academic requirements. A general agreement was made among senators that exceptions may need to be made in certain circumstances, though the senate debated whether a probationary timeframe should also be included in the bill's language where the individual in question would have to raise their GPA. Senators also considered whether the language of the bill should remain unclear in regards to a timeline, so as to provide the advisor with the freedom to interpret any individual's personal circumstances and provide his or her own probationary terms, if desired.

At the conclusion of legislation debate, sophomore and Senate Vice President Taylor Blunt encouraged the senate to compose legislation that would affect the student body as a whole. ■

## Third time's the charm for Rowley

CNU medievalist earns a prestigious endowment to complete her book.

BY MATTHEW MULLIN  
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It was a merry Christmas for Dr. Sharon Rowley, who was awarded a \$40,000 fellowship by the National Endowment for the Humanities (NEH) this December. Rowley, Assistant Professor of English received the grant for the completion of her book, "Reading the Old English Bede in Its Manuscript Contexts." With the increased latitude the endowment offers for Rowley, she will go on leave for between nine months to a year to complete her research on ninth to 16th century Britain.

Rowley's application was one of only 153 chosen from 1,398 candidates for the NEH Fellowship, also making her the first CNU professor to win the award.

Fellow faculty, she said, have been universally congratulatory towards her. "The faculty at CNU has always been incredibly supportive. It is one of the most positive things for me to have such great colleagues, so it has been a real pleasure to be around in the last few weeks."

Rowley said both persistence and helpful advice were key in attaining her new credential of NEH Fellow.

"This is the third time I've applied for this," said Rowley. "I completed an application back in May, and I got feedback from about seven readers."

Each time she applied to the NEH, Rowley said she carefully revised her plans and manuscript to conform to the peer reviews, ultimately contributing to her acceptance. "It's really true what your professors tell you

about revision," she said.

Her research will delve into a dark period in English history, she said, a time of cloistered monks and blood-thirsty Vikings. She will study two bygone languages, Old English and Latin, to discover more about five manuscripts dealing with the ecclesiastical history of England.

These texts, copied by five different scribes during the ninth and 10th centuries, are still the most authoritative primary sources available on the conversion of the English to Christianity.

The works, she said, provide a look into a period known comparatively little about because of Viking raids on monasteries during the late eighth and ninth centuries.

While obscure today, Rowley sees them as a medieval bestseller. As these documents were reprinted again and again for almost seven hundred years, Rowley said that, "the text forms a bridge...it shows us what it means to be English."

Rowley's project has been a long time in the making. The completion of her book next year will represent almost ten years of research into the manuscripts. "I first conceived of the idea in 1997," she said. "It's something I've been working on for a very long time."

Her future plans now include traveling through both America and Europe, all the while playing detective in hopes of finding her primitive texts. She plans to spend part of her research leave doing work at the University of Chicago. From there, she will study at the University of Cambridge in Britain, home to a labyrinthine library of ancient texts. Corpus Christi College at Cambridge, one of the world's best institutions, has offered to her the high honor of visiting scholar status, she said.

SEE ROWLEY, PAGE A8

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YOURS AND WHOEVER READS ABOUT  
IT ON YOUR RESUME.**

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# DIVERSIONS

WEDNESDAY, FEBRUARY 14, 2007 | PAGE A4

## Mystic Stars | February 12-18

BY LASHA SENIUK | MCCLATCHY-TRIBUNE NEWS SERVICE

**IF YOUR BIRTHDAY IS THIS WEEK:** Before mid-March, loved ones will make peace with yesterday's social disappointments and express renewed faith in romance. Use this the next few weeks to further define long-term relationships, discuss family traditions or propose new commitments. At present, stalled or postponed emotional decisions will work strongly in your favor. Planetary movements also indicate that a rare romantic triangle may demand attention between April 19th and May 7th. Key officials or trusted colleagues may offer overly familiar compliments and subtle invitations. Remain cautious and carefully consider all consequences. After mid-May, an eight month phase of employment decision arrives. Stay dedicated to established career goals and wait for reliable documents or renewed paperwork to be presented.

**Key officials or trusted colleagues may offer overly familiar compliments and subtle invitations. Remain cautious and carefully consider all consequences.**



**ARIES** (March 21-April 20) Renovations, living arrangements or property expansion now captivates the attention of loved ones. Although discussions are passionate, expect little or no progress in the coming weeks. Long-term changes to the home or family will require time, detailed calculations and a consistent financial effort. Later this week, a lover or close friend may reveal unexpected social plans or family celebrations. Group reunions and public announcements are accented: stay balanced.



**TAURUS** (April 21-May 20) Job satisfaction may now require open debate or minor confrontations with authority figures. Delayed progress, cancelled permissions or slow reactions from managers need not be tolerated. Your business influence is stronger than anticipated. Ask for a timely response to all concerns, suggestions or proposals. After Thursday, love relationships begin a brief but intense phase of family and home negotiations. Strong opinions may be expressed: probe for long-term solutions.



**GEMINI** (May 21-June 21) Sincere home discussions will this week help clarify recent misunderstandings. Someone close may be waiting for your invitation or emotional approval. Don't underestimate the sensitivities of loved ones over the next few days: nostalgic moments, self-doubt or complex group anxieties are now a powerful influence. Go slow. Wednesday through Saturday, work officials may announce revised schedules or added daily duties. Avoid bold discussions: tempers may be unpredictable.



**CANCER** (June 22-July 22) This week business advancement is available through yesterday's contacts. Use this time to search out old friends, colleagues or employers. For many Cancerians, unexplored opportunities will now arrive from unusual sources: don't hesitate to adopt a controversial career strategy. After Wednesday, loved ones may ask probing questions. New friendships, group plans and short-term promises are accented. Remain determined: your social or romantic goals need to be respected.



**LEO** (July 23-Aug. 22) New friends will this week provide intriguing distractions. Over the next 10 days, many Leos will steadily expand their social circle. Encourage long-term friends to also explore new attitudes or experiences. This is a strong time for positive emotional progress in all key relationships. Remain dedicated to creative suggestions. After Thursday, a close relative may admit to a series of social blunders. Mistaken romantic information and minor jealousies are highlighted. Offer compassion.



**VIRGO** (Aug. 23-Sept. 22) Sincere discussions with relatives or roommates will this week work to your advantage. Ongoing issues of strained loyalty, mistrust or private irritations are more exaggerated than necessary. Work to increase harmony in the home: your dedication to group involvement and diplomacy will be appreciated. Later this week, a co-worker may be unusually nostalgic. A past family dispute or failed romance may be a key theme. Advocate permanent change: your instincts are accurate.



**LIBRA** (Sept. 23-Oct. 23) Financial risk is best avoided over the next few days. Faulty calculations or misleading documents will soon trigger costly delays. Ask key officials to finalize all vital or outstanding statements and wait for reliable permissions: consistent or timely information is now important to the success of new projects. Later this week, a friend or relative may require delicate advice or ask for a romantic introduction. Remain cautious: brief love affairs and controversial proposals are accented.



**SCORPIO** (Oct. 24-Nov. 22) Powerful romantic insights are now available. For many Scorpios, long-term commitments and social involvement may need to expand in the coming weeks. Listen closely to the needs or comments of loved ones and plan unique activities. Private encounters will soon encourage renewed faith in intimate relationships. After Wednesday, an older colleague or trusted official may challenge the ideas of authority figures. Avoid new power struggles, if possible: no one will win.



**SAGITTARIUS** (Nov. 23-Dec. 21) Close relatives may be unusually moody or unpredictable this week. If so, expect ongoing differences with colleagues or long-term friends to be a source of tension. Advocate new activities and light social distraction: new entertainment, group involvement and creative hobbies will offer worthwhile outlets for daily emotional strain. Later this week, a co-worker may offer misinformation concerning a workplace or romantic triangle. Remain detached: privacy will soon be a key issue.



**CAPRICORN** (Dec. 22-Jan. 20) Love affairs, brief flirtations and controversial attractions may now strain long-term relationships. Sensuality and romantic interest are not easily avoided over the next few days. Enjoy light encounters with potential friends but set firm boundaries: this is not the right time to ask loved ones for extra patience. Thursday through Saturday accents financial messages and fast business changes. Carefully verify all records: partners or officials may provide incomplete facts.



**AQUARIUS** (Jan. 21-Feb. 19) Family gatherings are emotionally rewarding over the next nine days. Although relatives or long-term roommates may appear disinterested, social enthusiasm is high. Push for new group activities or creative home discussions: this is an excellent time to heal old wounds or expand your influence with loved ones. Late Friday, a powerful intuition or rare glimpse at the future may arrive. If so, remain cautious and expect social and romantic promises to soon require major adjustments.

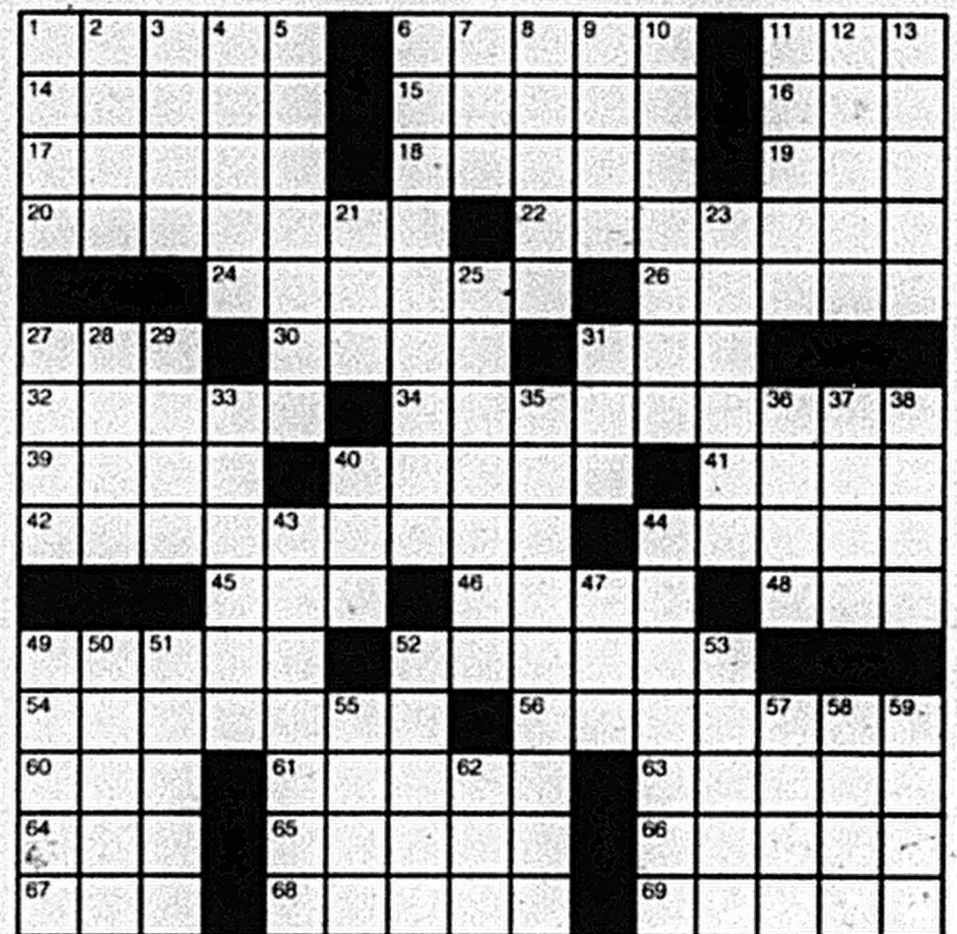


**PISCES** (Feb. 20-March 20) Workplace habits and daily obligations will now demand careful planning. After Tuesday, expect younger co-workers to admit to costly errors or private power struggles with authority figures. Protect your own interests and work hard to improve your own productivity. Unexpected staff changes may soon be announced. Stay active. Later this week, a trusted official or previously silent parent may express strong social opinions. Prideful exchanges are likely: remain calm.

## Crossword

**ACROSS**  
1 Hilo hello  
6 Hereditary social group  
11 Mormon letters  
14 Unconscious states  
15 Sharif and Epps  
16 Bullpen stat  
17 Bad deeds  
18 Composition for nine  
19 WWII soldiers  
20 Temporary routes  
22 Stiff felt hats  
24 Kills, old-style  
26 Gene of oaters  
27 Flow out  
30 Corn units  
31 Dog tags  
32 Love of money  
34 Repetition  
39 Intestinal fortitude  
40 Operation reminders  
41 Solitary  
42 Figurine  
44 Program choices  
45 Tolkien's talking tree  
46 Hosiery shade  
48 Guinness Book suffix  
49 Zodiac sign  
52 Shrewd  
54 Article of clothing  
56 Most tidy  
60 Writer Levin  
61 Eagle's nest  
63 English ruling dynasty  
64 Court call  
65 Light haircuts  
66 "Frasier" pooch  
67 Before, in verse  
68 Dove and Ivory  
69 Bargains

**DOWN**  
1 Made a hole in one  
2 Valentine word  
3 Leave out  
4 Sainly glows  
5 Took for granted  
6 Do the boia thing



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2/14/07

7 Latin 1 lesson word  
8 Uses emery  
9 Sequoia or sycamore  
10 Erik of "CHiPs"  
11 On the up-and-up  
12 Paint additive  
13 Pert  
21 Small inlet  
23 Ado  
25 Stuff of wills  
27 Breakfast choice  
28 Very dry, as champagne  
29 Second of a series  
31 Apr. addressee  
33 High regard  
35 Upright stance  
36 Actress Skye  
37 Burden  
38 Brooding place  
40 Harden  
43 Defeats an incumbent

### Solutions



44 Changed  
47 Regret  
48 Nimble  
50 Less common  
51 Really angry  
52 Open courtyards  
53 Practice piece of music  
55 Actor Franco  
57 Icelandic saga  
58 Begrim  
59 Vichy very  
62 Little devil

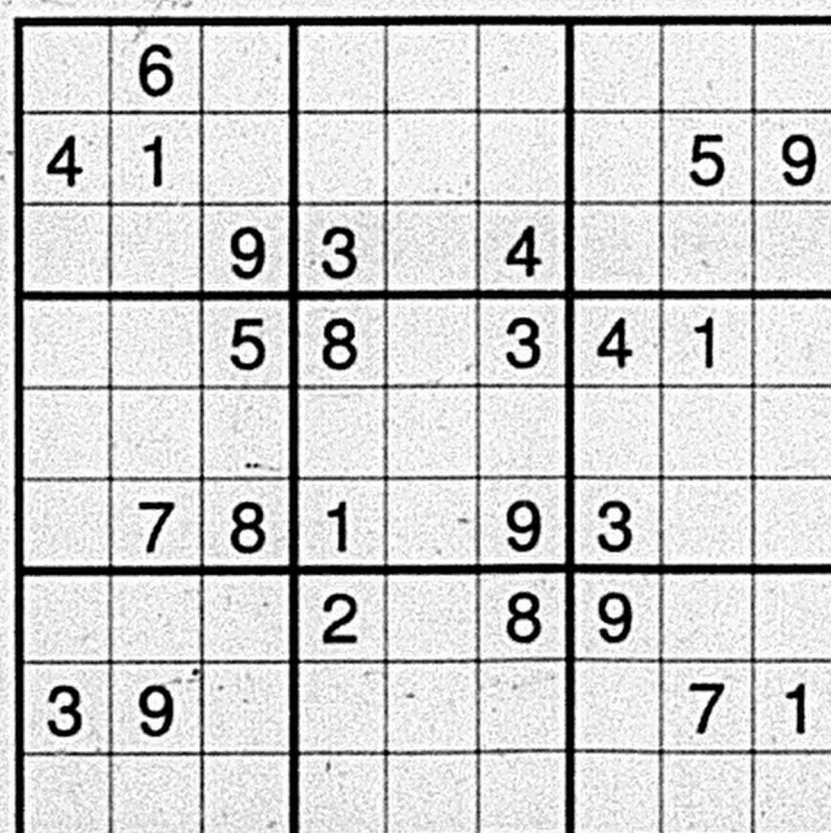
## A College Girl Named Joe

BY AARON WARNER



## Su|do|ku

BY MICHAEL MEPHAM



Level: 1 2 3 4

Complete the grid so each row, column and 3 x 3 box (in borders) contains every digit 1 to 9. For strategies on how to solve, visit [www.sudoku.org.uk](http://www.sudoku.org.uk).

Solution to this week's puzzle.



### Want to see your ad here?

Contact The Captain's Log advertising department at [clog@cnu.edu](mailto:clog@cnu.edu) for a special ad rate on this popular page.



## MAN ON THE STREET | How important do you think the responses are on the IDEA teacher evaluations?

By Heidi Pankratz and Mark Newton

"Fairly important; the people taking them took them seriously."

ROSS WENGER  
FRESHMAN



"I don't know how effective they are because I don't know about the process after we take them."

MICHAEL EVANS  
SOPHOMORE



"If teachers got a lot of criticism, they could change their teaching method to better help students."

HANNAH WHITE  
FRESHMAN



"Some of the questions didn't have to do with the class; they were the exact same for every class."

ERIC TAYLOR  
SOPHOMORE



"Probably not very. I don't think about it."

MAX TURNER  
SOPHOMORE



# OPINIONS

WEDNESDAY, FEBRUARY 14, 2007 | PAGE A5

WHERE WE STAND

## Despite ATF hopes, CNU 'not an island'

Last week, the ATF reopened discussion on east campus residences after we published an enforceable "wet" proposal fashioned after other universities' policies. They voted "dry" once again, this time 9-3. After the vote, Dr. Robert Hasbrouck, assistant professor of management and economics said that rationales provided for keeping the dry scheme on east campus were lacking facts. The Captain's Log could not agree more. Here are a couple of the latest ATF lines of reasoning as to why we can't have a dry east campus.

Director of Athletics CJ Woolum recounted a story about how a talented young athlete he once knew drove his car off a cliff while intoxicated and died. To be sure, this is an awful, tragic story that's not to be the slightest bit trivialized. It should most definitely, however, be contextualized. The nine dry proponents shook their heads somberly at how sad the story was — and it is, it's terrible — but actually went so far to use drunk driving as an example as to why we shouldn't allow alcohol on east campus because of it's too big a risk. Come again? Dry policy as it stands means what? Answer: 21-year-olds can't drink in their rooms. And where will they go to drink instead? You guessed it: Off-campus. And how will they get there? Survey says: They'll drive.

ATF members, Director of Residence Life Jerry Roeder and President of the Residence Hall Association (RHA) Kyle Chandler, took issue with The Captain's Log's suggestion that resident assistants enforce a wet policy on east campus by checking IDs if they encounter a loud party in an apartment. They, and others said that a wet policy with this kind of protocol would create a dire increase in drinking on east campus. This would in turn reduce an RA's primary job to breaking up parties and issuing alcohol violations 24/7 — a task so harrowing, they said, that it would severely decrease

interest in RA positions, dilapidating alcohol policy enforcement further.

Dry proponents on the ATF seem to think (and British poet John Donne would certainly disagree) that CNU is "an island" unto itself and that wet policies have never existed anywhere without pandemonium ensuing. Twenty one-year-olds are allowed to have alcohol in their residences on just about every other public college campus in the state. Policies like The Captain's Log suggested are enforced everyday on these campuses — the last we checked, there are still RAs in those places and the sky is secured firmly above their heads. What makes us think we're so different? ATF reps really seem to be saying that RAs here could not possibly ever do the exact same jobs that RAs at universities all over the country do. To these overblown ideas about RA expectations add the blanket notion voiced by many on the ATF that CNU is helpless to enforce a wet policy. RAs at the College of William & Mary do it, and much in the same manner as we proposed last week in regards to checking IDs of those at residence hall gatherings where alcohol is present. According to William & Mary RA and senior Lemuel Hancock, students on campus are allowed to have no more than eight visitors in addition to the number of residents in a given space. Should noise or a smell lead him to an apartment door, he knocks and inquires — an ID check and headcount follow to see if house rules are being obeyed. He describes his obligations as an RA to the alcohol policy as follows, "If they are following the rules and everyone is 21, but it's just a little loud, then you use a little common sense and ask to tone it down." As Hasbrouck said, we need more facts. Going wet would not be "moving too fast" as Director of Student Activities Kim Roeder said. We'll be catching up.

IAN SASS-BASEDOW, EDITOR-IN-CHIEF

OTHER VOICES

## Diversity on campus 'commitment to all'

It's February 2007. As of Valentine's Day, we are nine days away from a vote on the addition of sexual orientation to the university's non-discrimination policy by the Board of Visitors.

It has been exactly three months since the Board last met and the issue has yet to fizzle away. Last Wednesday, Feb. 7, 2007, the SGA, MSA, and GSSU sponsored a Diversity Forum allowing students to voice their opinions and ask the difficult questions regarding issues of diversity on campus to various faculty panelists. I was so impressed with the healthy and motivating discussion on the part of the student body. Debate like that is what I hope to see our campus continuing to do long after I graduate in May.

For the first time in four years, I am able to see our campus culture moving in a positive direction. Students are finally beginning to recognize that their voice can and will be heard. Students are realizing that they can actually make a difference and make a change on campus. Students are standing up for what they know is right.

It is my hope that this type of student engagement is unending. I want to come back to campus

next year, in three years, or 10 years, and still see that type of engaged culture thriving. Students: I ask you to not let go what you have going. You all are excited and eager to participate in campus life — keep that momentum!

**"The CNU BOV will finally (once again) vote on the sexual orientation addendum to the non-discrimination policy and I have the utmost assurance that the Board has heard the student voice and that the amendment will pass. Students, faculty, and staff: we cannot let this just pass by."**

We have come a long way since I first arrived in August of 2003, yet there is still one thing I have yet to see accomplished.

On Feb. 23, 2007, it is my hope that this is achieved. The Christopher Newport University Board of Visitors will finally (once again) vote on the sexual

orientation addendum to the non-discrimination policy and I have the utmost assurance that the Board has heard the student voice and that the amendment will pass. Students, faculty, and staff: we cannot let this just pass by.

Please, I ask you to be there at that meeting to show that you support the inclusion of ALL members of our campus community. Show that you are able to put aside partisan politics and personal opinions and you understand that all should feel open and welcome on this campus.

Diversity does not just mean race, sex, and religion — a commitment to diversity means a commitment to all.

Never have I been so proud to be a Captain. Molly Buckley SGA President ■

### BOV MEETING

WHAT Board of Visitors

WHERE David Student Union Board Room

WHEN Friday February 23, 2007

WHAT IS GOING TO HAPPEN? The BOV will vote on the sexual orientation addendum to the non-discrimination policy.

## Take the CAB to fun events

Dear Captains,

Welcome back! My name is Meghan Reed and I am the president of the Campus Activities Board (CAB).

CAB members work hard to bring exciting events to campus every single weekend. We ALWAYS have something going on. Events are Friday and Saturday nights, and sometimes on Thursday too!

This semester some key events to keep a look out for are Couples Massage Class (2/9), Step Afrika (2/23), the Highlighter Party (3/16), and Springfest (4/27). Movies are every Friday and Saturday at 7 p.m., in Gaines. Some that you won't want to miss are "Borat (2/16-17)," "Happy Feet (3/16-17)," and "Casino Royale (4/06-07)."

We also have many Home-grown events where we gather student talent to play or perform in a Coffeehouse setting.

If you're in need for a laugh, come out to our Ferguson Fun-

**"If you're in need for a laugh, come out to our Ferguson Funnies, where big-time comedians come to Ferguson to perform for you!"**

nies, where big-time comedians come to Ferguson to perform for you! You can find a list of our events for the semester on the Student Life page.

The majority of these events are free because you the students

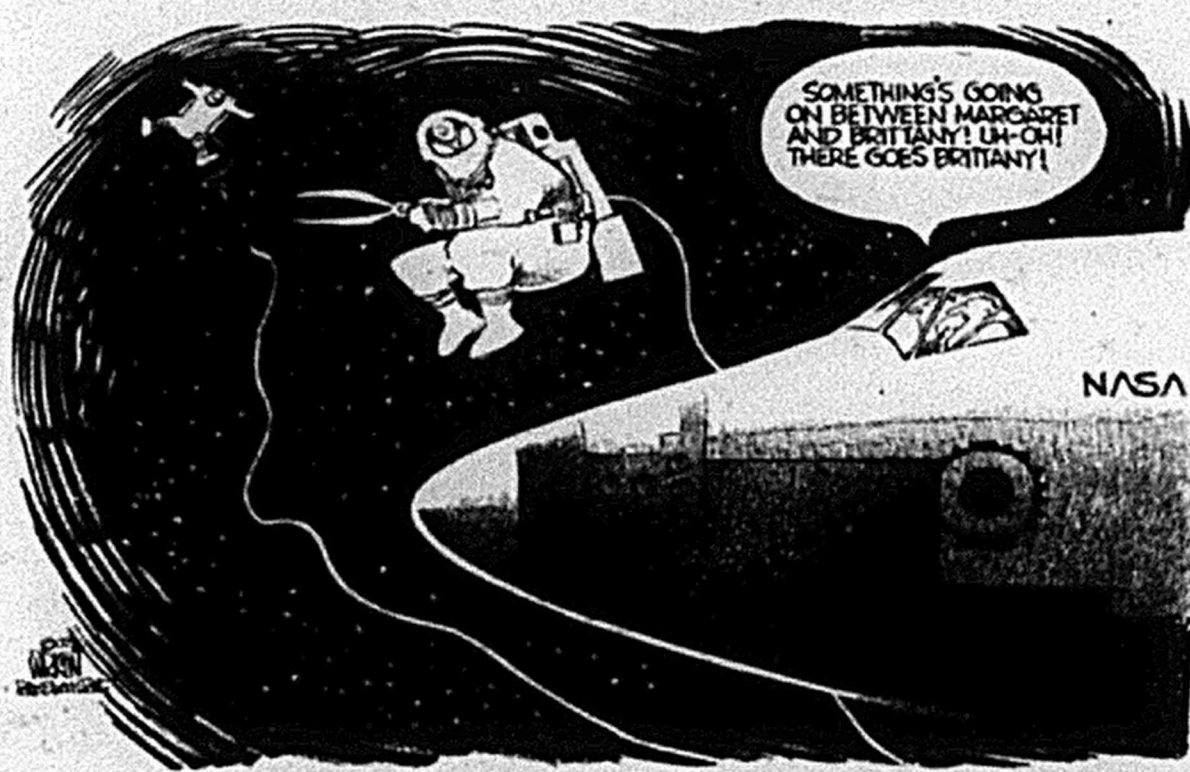
have already paid for them. Come out and see where your money is going! We work hard to bring quality events that everyone can enjoy.

If you enjoy our events, have brilliant ideas about what you want to see on campus, like putting together or taking part in events, having the backstage advantage, or are looking for an amazing, growing organization to join-look no further! CAB IS LOOKING FOR YOU!

Come pick up your application in the Office of Student Activities, the CAB office (378), or shoot us an e-mail at cab@cnu.edu.

On behalf of CAB, hope to see all of you at our events over the semester!!

Best, Meghan T. Reed ■



## Be leaders of our generation, not victims of apathy

LETTERS TO THE EDITOR The Captain's Log welcomes letters from its readers. Editors reserve the right to edit letters for style and length, as well as to refuse publication.

SEND LETTERS TO The Captain's Log, 1 University Place, Newport News, VA, 23606. Letters may also be brought to our office or sent by e-mail at clog@cnu.edu. Anonymous letters may be printed, but writers must sign the original, providing a full address and telephone number for verification purposes. Students, please indicate your class status if the writer is affiliated with an organization, that may be noted. For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication.

On an isolated campus, it is tempting to lose touch with the real world. By isolated, I do not mean heavily wooded or reached by dirt road. But when was the last time you traveled five miles east?

If you did, you would find that our neighbors are never so different from us. They may wear different clothes or laugh at different jokes, but fundamentally we are all equal.

With an open mind, realize that everyone, everywhere, is of the same value. We are all sons and daughters of men and women. Whatever the beliefs to which you ascribe, this remains true.

All of this is to say that when we fight a war, we do so with

our brothers and sisters. How many of us have lost loved ones to avenge the gods of democracy? The rest of us know someone who has. Nevertheless, there are no protests on the streets of suburbia. There are only the complacency of consumerism and the paralysis of fear. There is no time to raise our voices, but there is plenty of time to shop.

In last week's Log, Patrick Allen McBride asked readers to take action to promote change on campus. He wrote, "If you speak up enough, you will be heard."

His point is a good one. We are the only customers, essentially, of an expansive state-owned enterprise. There's

nothing fascist about that. Regardless of the manner in which we view our own community, has it occurred to

**"Let's begin here on campus, but understand that our world extends beyond the sod-lined lawns of CNU."**

our student body that issues on campus are not as urgent and important as some of those facing the world today? Our lives are positively lush compared to those of three billion living in poverty. We are docilely condoning the expen-

diture of billions on an age-old ideological war taking place a world away. At home, our own poorest cannot afford health care or higher education. The shape of our economy is changing rapidly and those unable to adapt will be left behind.

At this important juncture in human history, each of us must take a stand. It is essential that we are well informed about the threats to our inheritance. If we can put down the credit cards and take up the podiums, we will begin to ensure a peaceful and just world for our children.

The basis for developing a more comprehensive worldview is to understand that we are all the same. Let us

not be the victims of apathy, but rather the leaders of our generation. We have the tools to improve the lives of others, whatever their nation and whichever their faith.

The growing pains of interconnectedness present a challenge. Will we embrace this revolution and harness the power of cultural understanding? Or will prevailing interdependence and a mounting deficit send us running for the cover of isolationism?

The choices are ours. Let's begin here on campus, but understand that our world extends beyond the sod-lined lawns of CNU.

Meg Finch ■



# FOOD+HEALTH

WEDNESDAY, FEBRUARY 14, 2007 | PAGE A6

## Virus alert: CNU, Hampton Roads

**STOMACH FLU** | Certain precautions can prevent a contagious virus that's spreading through our area.

BY BETH BECK  
BETH.BECK.04@CNU.EDU

With the nationwide worry over exotic epidemics, it's a surprise to find a new epidemic coming from a very common area: the 'stomach flu'.

The Peninsula Health Department has issued a "Norovirus advisory" for the area. Confirmed cases of the virus, a form of gastroenteritis, have been reported across the Peninsula.

"It's a nasty bug that no one wants to get," said Rita Cennema, an RN and supervisor of University Health and Wellness Services (UHWS). "It's not particularly life threatening, but it is not a fun thing to have and that is why I think there is such a huge ruckus over it."

There have been no confirmed cases diagnosed by UHWS. The only way to diagnose the symptoms as the Norovirus is through a direct test.

CNU has the ability to conduct tests through culture kits that are sent to the Virginia Department of Health Labs. Although some students have reported symptoms, no culture kits have been returned with samples.

Nationally, the Norovirus has been more active this year and epidemics have been cropping up across the country. Many experts in the medical community are saying that there is a newer, mutated strain that most people haven't had and aren't immune to, said Cennema.

"There is a new symptom, a low-grade fever," said Dr.

David Trump, of the Peninsula Health District. "This signals that there is a new strain circulating and that might be the reason that the virus is so active this year."

"Its new and very virulent," said Cennema. "In other words it's a very tough bug that is easily spread."

The Norovirus's main symptom is the sudden onset of persistent vomiting, or diarrhea, or both. This will usually last for one to two days. Dehydration isn't always an issue, but in some cases with pre-existing health conditions it can be a dangerous result.

The real danger, the reason this particular bug has so much epidemic potential, has to do with the spread of the virus.

When a person contracts the Norovirus, that person is contagious 24 hours before symptoms show and three days after they are gone. Some people even secrete the virus from their skin for 14 days, said Cennema. The virus also stays on any hard surfaces for up to 14 days.

"For example, when a person throws up, little droplets get suspended in that air and drift around," said Cennema. "They come down onto everything, not just the toilet."

Another issue is that there is no medical prevention or cure.

"Not only do you have to let this virus run its course, but you also have no vaccine that will keep you from getting it," said Cennema. "It becomes an issue of hygiene in order to prevent contagion."

"The Norovirus really

does spread person to person quickly because of our poor hygiene," said Trump.

But this "tough bug" needs some very specific hygiene products to kill it.

"It can only be killed through a bleach solution, which means your basic Lysol won't work," said Cennema. "Purell and most hand sanitizers don't kill it either. You really need to use hot water and soap."

The emphasis for the prevention of a Norovirus epidemic on CNU's campus focuses on spreading knowledge.

"In October we learned about the William and Mary cases. And the Peninsula Health Department has confirmed some cases," said Cennema. "This was a good heads-up for us because we were able to be proactive about getting information out to CNU community through workers, RAs, and announcements. The idea is preventing the spread."

And the way to prevent the spread is to listen to what your mom used to tell you: clean your room. Not only your room, though, but every hard surface you can think of from the doorknob to the buttons on the elevator.

"If you're sick keep washing your hands. If you're not sick, keep your hands away from your face and mouth just in case," said Cennema.

"We even told RAs that it's better for students with a sick roommate to use a completely different bathroom in order to stop spread. This is all kind of anal stuff, but we teach in medicine that 'anal' is the best way to prevent contagion."

But with every virus, there are always going to be some who get it.

If you do contract the virus, suck on ice chips or popsicles to settle your stomach. The

combination of cold and rehydration is good.

"A mistake many make is to drink lots of water," said Cennema. "That actually has been known to exacerbate vomiting and diarrhea."

You can move on to ginger ale and clear broth soups and Jell-o when you think you can hold it. The key is to settling your stomach and getting the nutrients you need is to keep everything bland.

The "BRAT" diet, consisting of bananas, rice, apple sauce, and tea, is ideal.

"But never eat dairy or eggs because these can just return your already weak intestinal system to chaos," said Cennema. "It needs time to heal."

Finally, sometimes these symptoms are early signs of appendicitis so it's important to monitor your temperature for higher than the possible low-grade fever that can accompany norovirus. Also, sharp abdominal pain is not a symptom of norovirus.

"Our goal this entire time is to prevent an epidemic," said Cennema. "By giving out this knowledge, we might have some cases, but hopefully they will not be as widespread." ■



RYAN BURKE/THE CAPTAIN'S LOG

Washing your hands with hot, soapy water is one huge step to prevent the Norovirus, the flu, or any other sickness that might be floating around this season.

### DECREASE YOUR CHANCES OF CONTRACTING THE NOROVIRUS

Yes, you can decrease your chance of coming in contact with Noroviruses by following these preventive steps:

- Frequently wash your hands with warm water and soap. (Purell hand sanitizer won't do the trick here!)
- Promptly disinfect any and all contaminated surfaces with a household chlorine bleach-based cleaner.
- Avoid any food or water from sources that might be contaminated.
- Carefully wash fruits and vegetables, and steam oysters before eating them.
- Immediately remove and wash clothing or linens that may be contaminated with virus after an episode of illness (use hot water and soap).

\*Also keep in mind that persons who are infected with Norovirus should not prepare food while they have symptoms and for 3 days after they recover from their illness. Food that may have been contaminated by an ill person should be disposed of properly.

Source: www.medicinenet.com

## Tips, treats and sweets for your Valentine's Day



Valentine's Day is here folks and whether you're single or attached it's still a great reason to celebrate love, friends, family and yummy treats!



### Romantic restaurants set the mood

Old or new, these restaurants in our area are perfect for any Valentine's Day celebration.

#### THE MELTING POT

You used to have to trek out to Virginia Beach to enjoy this menu but Newport News recently welcomed a location right off of Jefferson. This restaurant has made my list every year, and for good reason. The ambience, music, food, etc. emits a romantic aura that you won't soon forget. Besides, what's sexier than feeding each other bites of cheese-cake coated in chocolate?

Gotta try: S'mores chocolate fondue dip. (they fire it up right at the table!)

#### BONEFISH GRILL

This establishment is nothing short of classy and sophisticated. Stark white linen table cloths, dim lighting and irresistible cuisine make Bonefish Grill a perfect start to any romantic evening.

Gotta try: Bang Bang Shrimp Appetizer.

#### CATCH 31

You couldn't ask for more than succulent seafood with an ocean view. Beautiful interior with excellent cuisine, Catch 31 is a catch all right. Their specialties include a variety of salads, seafood, steaks, a raw bar and an elegant desert menu. Located in Virginia Beach

inside the Hilton Hotel. Nice excuse for a walk on the beach after dinner, huh?

Gotta try: Yellowfin Tuna Tataki.

#### THE WHALING CO.

Long recognized by locals as Willaimsburg's seafood specialist, this restaurant boasts "the freshest fish in town." The charming decor resembles an old, comfortable, New England style boathouse. Menu offers a variety of fresh fish, hand-cut steaks, seafood, and chicken.

Gotta try: Fresh VA Sea Scallops.

#### RUTH'S CHRIS

From New Orleans to

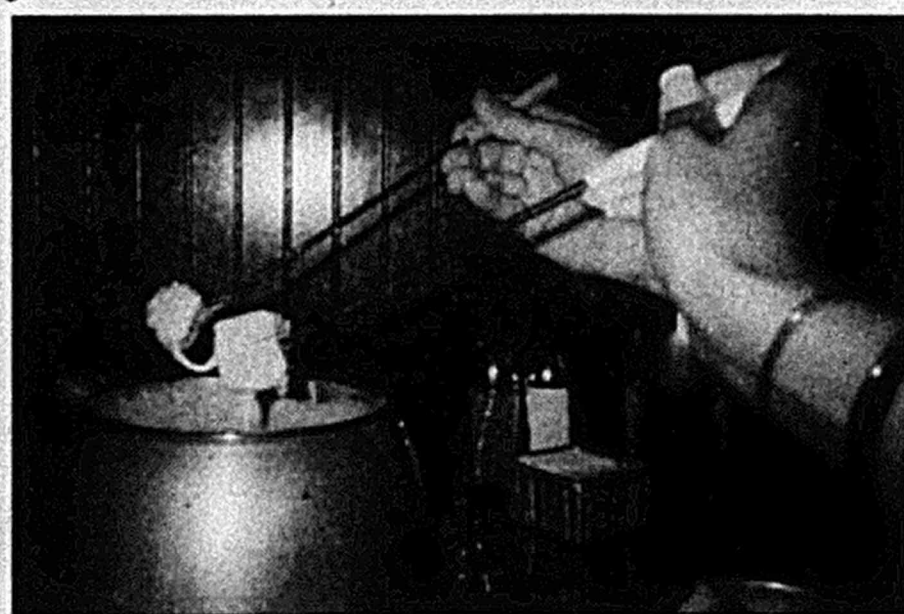
Virginia Beach, this 5 star establishment offers high quality U.S. Prime steaks (at an equally high price). I'm not going to lie - its expensive. But, its worth it.

Gotta try: Lobster Bisque.

#### MAGGIANO'S

Serves lavish portions of authentic Italian cuisine. Their menu is large and varied, offering homemade pastas, salads, prime steaks, fresh fish and memorable desserts. Choose to dine family style or a la carte. Now, you have to make it out to Richmond, but you'll be reminiscing about your meal the entire way home.

Gotta try: Gnocci in a creamy tomato vodka sauce.



ALIYA ALTAFULLAH/THE CAPTAIN'S LOG

The Melting Pot is the ultimate romantic date spot. Whether its your first date or your four-year anniversary, you and your loved one will share a memorable evening that will quickly turn into a Valentine's Day tradition.

On a budget? No car? No worries! Don't forget to check out Dining Services' annual Valentine's Day dinner tonight! All-you-can-eat crab legs, steak, shrimp and more!

**ROMANCE ON THE MENU** | This decadent steak dinner will leave your Valentine saying, "Outback, what?"

BY ALIYA ALTAFULLAH  
ALIYA.ALTAFULLAH.04@CNU.EDU

While we all know the traditional Valentine's Day activities, trying something different is never a bad idea. This year, skip the flowers that will eventually die or the jewels you can't afford and give a gift from the heart that your sweetie will remember forever. Here are some things to know for making a delicious Valentine's day meal that is sure to sweep your loved one off their feet... at least until St. Patrick's Day.

It's important to remember that color, flavor, and smell all play a vital part in a successful romantic meal. Also, keep the meal simple, delicious and sexy. Add just a few candles, a red table cloth, rose petals, their favorite song, or some sparkling cider, whatever you think they'll be impressed

with. Whether you're serving an elegant meal or your favorite pizza (heart-shaped, of course!), make sure it's elegant and memorable.

Going out to a restaurant on Valentine's Day is also a great sign of affection (check out my annual list of romantic restaurants!), but cooking shows dedication and is a lot more personal than making a reservation. Plus you won't have to deal with waiting for a table, crowds, busy servers, and an expensive check at the end. Cooking can be surprisingly affordable if you know what to get and plan in advance. Here is my personal favorite menu that both you and your lover can enjoy this Valentine's Day:

#### Succulent Steak Dinner

Going out for steak can be EXPENSIVE, especially if it's a nice restaurant. Well, cook-

ing it at home is much more affordable and you can do in no time with my simple steak recipe! Here is what you need:

- 2 Steaks (Ribeye is best)
- 1 small bag of baby potatoes
- Extra Virgin Olive Oil
- 4 tbsp. Balsamic Vinegar
- Salt, Pepper, Grill Seasoning
- Chili Powder (optional)
- Parmesan Cheese
- Juice of 1 Lime
- 4 tbsp. of softened butter
- Choice of Veggies, about 2 cups total (chopped). Pick around 2 or 3 of the following: Cherry Tomatoes, Mushrooms, Onions, Zucchini, Squash, Asparagus, Eggplant

Heat oven to 450 and chop veggies into bite-sized pieces.

Cover a cookie sheet with foil. Coat potatoes generously with olive oil, salt, pepper, grill seasoning and Parmesan. Rub them around with your hands to make sure they are all evenly coated and toss into the oven (middle rack) for about 15-20 minutes.

Turn on a big grill or frying

pan for the steaks (Med-High heat). Wait till it heats up and then coat the bottom with some Extra Virgin Olive Oil. Sprinkle salt, pepper and grill seasoning on both sides of the steaks before placing them on the pan a little bit apart. They'll take between 4-7 minutes on each side depending how you like your steak cooked. Flip after five minutes (TIP: the second side doesn't take as long as the first).

While steaks are cooking, put the softened butter in a small bowl. Add lime juice and some sprinkles of salt, pepper and Chili powder (optional). Stir everything around until the butter has blended with the spices. Scoop out onto a small piece of saran wrap and roll until it becomes a log. Place in the freezer until it hardens up again: Instant compound butter!

For veggies, use another medium sized frying pan. Coat the bottom with olive oil and put it on the stove around med-high heat. Toss in the veggies and stir them around for a few minutes before

adding salt and pepper to taste. Keep tossing the veggies around (remember to check on your steaks to be sure you don't over cook them). When the veggies look tender and grilled (about 8 minutes), add the balsamic vinegar and cook for another 2-3 minutes. Remove from heat.

Check the potatoes in the oven after 15 minutes. They should be soft and break apart easily with a fork. If they aren't, toss them back in for another 5-10 minutes. Remove steaks from heat when they're done, put one on each plate and cover with foil. Steaks should rest AT LEAST 10 minutes before cutting. Slice up your compound butter into disks and place a couple on top of each steak. Serve up a couple spoonfuls of the veggies and the roasted potatoes along with your steaks. Voila! Your romantic dinner is complete! For dessert, try something super sweet like chocolate covered strawberries, or vanilla ice cream and hot fudge... don't forget the cherry! ■

### SIX-MINUTE CHOCOLATE COVERED STRAWBERRIES

You'll Need:

- 1 carton of deep red berries
- 1 box of "Dolce Frutta" fruit dip (small, round red and white tub of chocolate chips found near the fruits)
- Aluminum Foil
- Remove lid and seal from the dip before placing in microwave on med-high power for 30 seconds. Stir chocolate with a spoon until well-mixed.
- Put back in for another 30 seconds before stirring again. If you don't stir between intervals, you'll burn the chocolate. Stir completely until thoroughly melted. (If needed, put back in for another 5-10 seconds)
- Tilt the tub to one side and dunk each berry until well coated. Let dry on foil for five minutes.

\*Fun Tip: Spice it up a bit by dipping cherries or bananas



# WORLD+NATION

WEDNESDAY, FEBRUARY 14, 2007 | PAGE A7

## Obama enters '08 presidential race

**IT'S OFFICIAL** | Sen. Barack Obama will run for president and urges Americans who hear "destiny calling" to join him.

BY CHRISTI PARSONS  
MCLATCHY NEWSPAPERS

**SPRINGFIELD, Ill.** — Sen. Barack Obama officially entered the race for president Saturday in the Illinois capital, urging Americans who hear "destiny calling" to join him in "the unfinished business of perfecting our union," then headed out to start campaigning in earnest in the battleground state of Iowa.

Against the backdrop of the Old State Capitol where Abraham Lincoln once served in the state legislature, the Illinois Democrat launched his campaign surrounded by thousands of supporters who traveled from around the state and country and braved freezing temperatures to witness an event many of them described in historic terms.

Sounding themes of hope and common purpose, Obama invoked the memory of Lincoln in calling for an end to the cynicism he says cleaves the nation, so that a united America can confront its problems at home and abroad.

"People who love their country can change it," Obama said. "That's what Abraham Lincoln understood. He had his doubts. He had his defeats... But through his will and his words, he moved a nation and helped free a people."

But as Obama departed immediately for Iowa, the raucous crowd and frenzied applause of the morning quickly gave way to difficult questions. Voters at a town hall meeting quizzed Obama about everything from the Iraq war and North Korea to education funding and race relations.

A seasoned electorate

known for its careful vetting of candidates in the early presidential caucuses, voters in Cedar Rapids, Iowa, responded enthusiastically but with much more restraint.

"A small percentage of people here are supporting Barack Obama," said Steve Spovern, a former state senator and local Democrat who moderated the meeting at the Kennedy High School gymnasium.

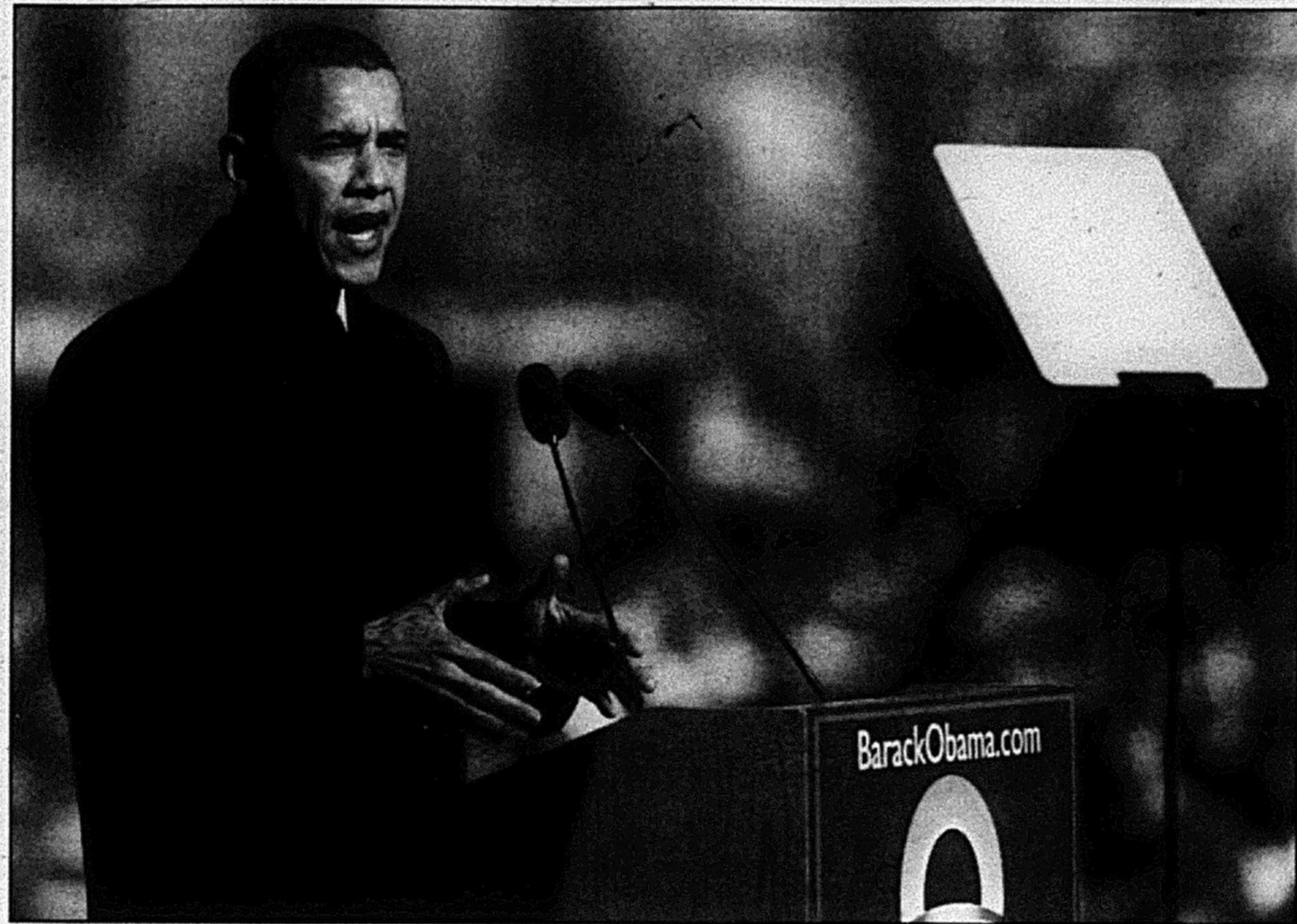
"Voters here take the caucus seriously and they measure candidates carefully. They'll be back to hear Obama and other candidates many times before they make up their minds."

It was a dose of reality Obama said he was expecting would come as soon as he announced his candidacy. The competition for the Democratic nomination is heating up more each day, with Sen. Hillary Clinton of New York raising the bar for campaign fundraising and a host of candidates crowding into the field.

Voters will want to "check under the hood and kick the tires" now, Obama said Saturday afternoon.

Obama took the stage with his wife and two young daughters, as strains of the U2 song "City of Blinding Lights" blared over loud speakers. Sharpshooters watched from the tops of several buildings overhead while Obama delivered an address now familiar in its condemnation of political cynicism and its gauzy description of a better America.

Though acknowledging what he called the "presumptuousness" of running for office after only two years in



Sen. Barack Obama (D-Ill.) announces his candidacy for President of the United States in Springfield, Illinois, Saturday, Feb. 10.

the Senate, Obama spun his lack of experience in national politics as a good thing.

"I've been there long enough to know that the ways of Washington must change," he said. He extolled the benefits of his history as a community organizer in Chicago, a state lawmaker and civil rights lawyer, and called for quick action to end the Iraq war and bring home American troops, as well as to provide quality health care for all and to end America's dependence on foreign oil.

Repeatedly, Obama invoked

the memory of Lincoln, who delivered his famous "House Divided" speech in the building that served as his backdrop.

"It was here, in Springfield, where North, South, East and West come together, that I was reminded of the essential decency of the American people," Obama said, referring to his time in the state legislature that now meets a few blocks away in the new state Capitol. "That is why, in the shadow of the Old State Capitol, where Lincoln once called on a divided house

to stand together, where common hopes and common dreams still live, I stand before you today to announce my candidacy for president of the United States."

Listeners in one corner of the crowd had a hard time hearing Obama because of the loud chants of protesters objecting to Obama's support for abortion rights. Obama spoke in an even tone and didn't appear deterred by them, though their presence was a not-so-subtle reminder that his future as a presidential candidate won't be as

easy and light as the months leading up to it.

Republicans also injected a bit of skepticism to counter the months of celebrity that Obama has enjoyed since his 2004 address at the Democratic National Convention.

"His speech could have been given by any candidate, Republican or Democrat," Illinois GOP party chairman Andy McKenna said of the morning announcement. "He's very popular, but will he embrace some ideas that distinguish him? It remains to be seen." ■

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## IDEA SURVEYS, FROM PAGE A1

Survey results are examined as realistically as possible, he said. "Contracts are never terminated based on IDEA performance alone," said Gordon. "If I see that there are difficulties I call attention to them and try to suggest ways to improve teaching. But there is no case of a teacher getting fired over these."

"It's fair to say that, primarily, I'm looking for whether or not

students have met learning objectives," said Gordon. "I tend not to put any emphasis on hostile or general comments like 'the teacher sucked.' But I do read comments to look for students who might have constructive criticism."

Professors need consistent bad marks in order to worry the administration. One or two semesters mean little, but once an ongoing problem is identified, steps are taken for improvement, Gordon said. ■

## ATF, FROM PAGE A1

maybe the ATF should meet after their scheduled meeting to see whether the pilot program could be done.

They ended their meeting by briefly discussing the next item on their agenda, whether alcohol should be permitted at tailgate functions before athletic events at CNU.

"I would be very uncomfortable opening that door,"

said CJ Woollum director of athletics. It is against NCAA regulations for alcohol to be sold during collegiate athletic events, said Woollum.

The ATF has two more meetings. Items to be discussed are tailgating and the enforcement of proposed policies. The meetings will take place at 10 a.m. Wednesday in the David Student Union and Friday in the fourth floor conference room of the BTC building. ■

## ROWLEY, FROM PAGE A3

She will also be exploring the famous Bodleian library at Oxford, the second of the best universities in Britain, where she will be given a chance to work directly with manuscripts that are over a thousand years old.

"I want to do a new translation of the text, most likely a multimedia edition. Part of the problem with the current edition [first published in 1896] is that the translation actually translates to Latin where the Old English gets fuzzy."

Rowley wants to make this important piece of history available to a wider audience. ■

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**A strike of bad luck for CNU**  
The damage ranged from minor damage to complete destruction of student property. Lightning struck the building's Madison Hall on Aug. 1, 2006, rendering the building unusable.

**Doctor donates \$1.3M**  
Dr. Sarah Forbes, a kind and thoughtful generalist, believes in sharing her knowledge with others. She has received through her efforts

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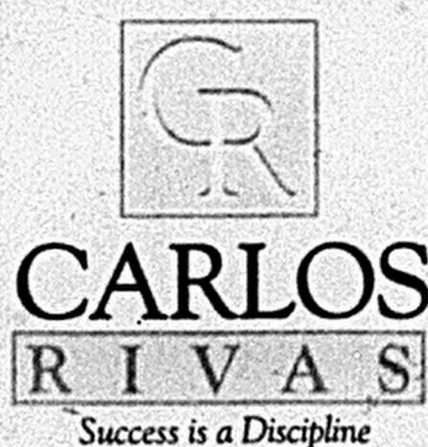
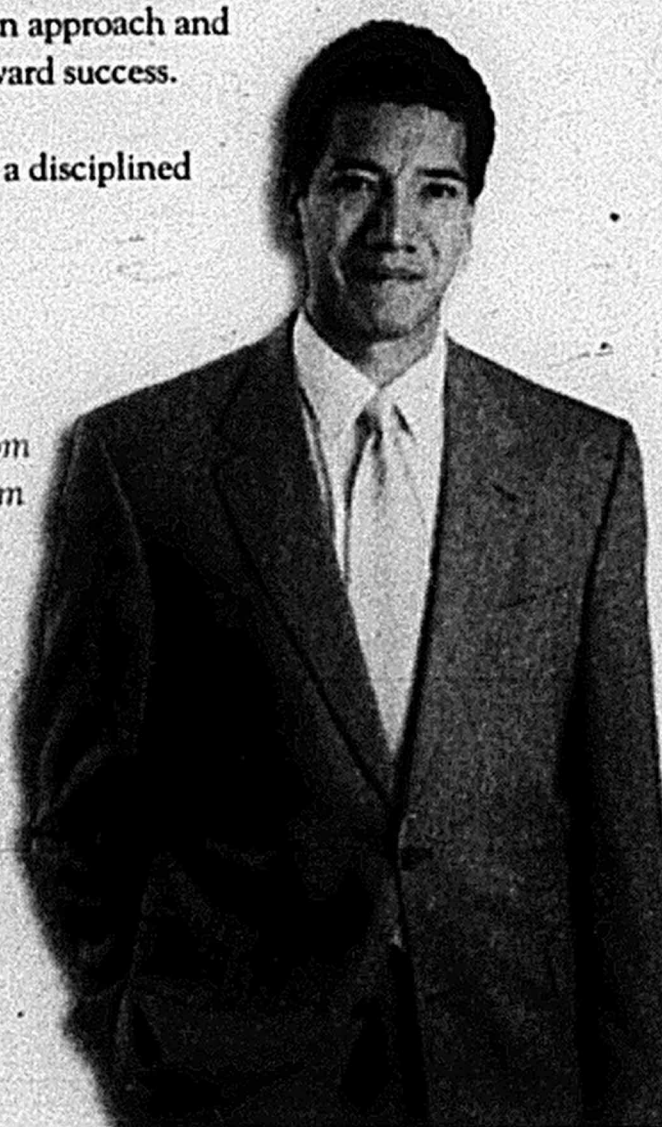
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# COLLEGE B-BALL PREVIEW

SPORTS, PAGE B5

# A+E

ARTS AND ENTERTAINMENT | WEDNESDAY, FEBRUARY 14, 2007

## CAMPUS

Senior Jake Hull performs "Norwegian Wood" on the sitar at last week's Home-grown talent show.



## MUSIC

MXPX re-releases 1999 B-Sides album "Let It Happen" in a two-disc deluxe edition.



## BOOKS

Stephenie Meyer's New York Times best seller "Twilight" is a perfect read for Valentine's Day.



PHOTO ILLUSTRATION BY RYAN BURKE AND CHANELLE LATMAN/THE CAPTAIN'S LOG

## ONLINE DATING

# For the gents

**VALENTINE'S COLUMN |** A guy's perspective on the online dating scene's merits and pitfalls.

BY CHRIS MCCrackEN  
CHRIS.MCCRACKEN.04@CNU.EDU

Are you a little lonely this Valentine's Day? If so, maybe you should take a closer look at online dating. The hardest part of hitting the online scene, though, is choosing the right dating site. There are so many options on the Web — you've seen all the commercials. How are you to know the good ones from the bad?

Hopefully these grades will aid you in your online dating search for your soul mate. By the way, if you find your significant other based on my recommendations: That definitely equals an invitation to the wedding.

**Match.com: B-**  
Match.com is one of the more popular online dating sites. The site is very well put together with a great presentation. This site has a lot to offer and has a significant number of members.

Like most dating sites,

Match.com has a subscription, which is mildly expensive depending on how long you commit. The best deal is a six-month commitment, which is \$19.99 per month.

Without subscribing, one can only go so far. The user can create a profile with a picture and begin searching for their respective matches, but the only contact that can be made is by winking at them.

One negative aspect about Match.com is the fact the user has to search for matches themselves. The user is forced to do a trial-and-error method in order to find possible matches. This can become quite tiresome and frustrating, especially if you are as picky as I am.

Overall, Match.com is a very efficient site that has plenty of people to choose from, but the daunting search methods are a real downer. Dr. Phil also supports the site, which is a plus in my book.

**eHarmony.com: A-**  
This site was definitely the best site I visited in my search. If I had to pay for one site, it would definitely be this one.

eHarmony makes it is easy for you to find your way around. Again, though, the subscription requirements come heavily into play, more even than Match.com. The subscription price also differs, depending on how long you subscribe for. Their best deal is the 12-month subscription that costs \$20.95 per month.

Without a subscription, a user can create a profile and receive their matches from the site, but cannot contact them.

The greatest part about eHarmony is the way they match people up. When you first join the site, the user must fill out a lengthy profile and answer many questions about your personal qualities. After this step, the site takes your answers and compares them to other users and picks the best matches for you.

I really do like how eHarmony brings the matches to you, unlike Match.com where the user must try over and over again to find someone interesting. eHarmony also matched me with people I would actually be interested in contacting, if I was willing to fork out the money.

Unfortunately, since they provide you with your

matches, you are not able to go and search on your own.

eHarmony is definitely the site I recommend. Although it is a little pricey, it was the only site that had matches I would be interested in meeting, because they fit the qualities I was looking for.

**True.com: C**  
Overall, this is just an average site. It is mostly just like all the others, except it is a little sketchy.

True.com is a little hard to navigate around and if you do not subscribe to the site, it's constantly reminding you to do so. This gets to be a little aggravating. You can do a free three-day trial, but you have to put in a credit card number. So if you forget to cancel it, the site will automatically charge your card for a subscription. Not good.

Unlike the previous web sites, however, a user can use many features without committing to a subscription. Obviously, you do not have access to all of the features, but much more than usual.

The Web site profile works a little differently because you have options to make it as detailed as you want. You can just do a basic profile, a deeper, more personal questionnaire or describe yourself with your own words.

One of the seedier parts of this site is that it appears to be more oriented towards finding physical partners,

which might not attract everyone. Also the site has the same Match.com type of search method to find a person, which, as I said before, sucks. Mostly, this site is pretty average, and I would recommend one of the first two sites over this one.

**Plenty of Fish: D-**  
I was actually referred to this site by a friend. Since it was free, I thought I would definitely check it out. Man, was that a bad idea.

Plenty of Fish looks very cheaply and quickly made. It is not the easiest site to navigate. You make a quick profile, which is very brief and does not really describe too much about you. The site does not match you with anyone, nor does it allow you to specifically search for any particular qualities. You are just openly searching through all of the members of the site.

The worst part though, is that most of the women on this site already have children. In my opinion (I am, after all, a college student), that is a negative aspect.

The only things that save this site from being an F are that it is free and has a creative name. Plenty of Fish in the sea...get it?

I guess if you are really poor and are absolutely desperate this could be the place to go since it is free, but join at your own risk.

## ONLINE DATING

# For the ladies

**VALENTINE'S COLUMN |** A girl's take on the "good, bad and sketchy" of online dating services.

BY LINDSAY SIMPSON  
LINDSAY.SIMPSON.04@CNU.EDU

When it comes to dating, people often take the much-traveled route of meeting somebody in-person, turning on the charm and then simply going out on a date.

However, in this day and age, an increasingly popular means of finding that special someone is online dating. Sites like True.com, Match.com and eHarmony.com have all capitalized on America's desire for love and marriage, if not at least a good date.

Over the past week, I tested a few dating sites to let readers know what's good, what's bad and what's just sketchy.

**Match.com: B**  
Seeing as it is the most widely known dating site, it was a logical start. The current catchphrase is "Mind. Find. Bind." I suppose it's a message crafted to make members feel as if they are meeting people on the same emotional and intellectual

plans as themselves. Despite the slogan, there's no real litmus test on the site ensuring that you connect with those of like-mind.

And in Match.com's defense, they seem to have a ton of genuinely nice, personable and good-looking men on the site. There were plenty of men who met the criteria I set when first filling out my "portrait." Users can set basic information about themselves and what they would like to see in a potential date within the confines of a portrait.

Overall, Match.com seems like a decent place for people to look for a comfortable, low-pressure date.

**eHarmony.com: I**  
With a plethora of TV commercials and online ads, it only made sense to check eHarmony out.

Once viewers sign up, they must take the infamous thorough personality test to see if the site can work with them to find a date. This is where my review of the site

stops. Apparently, the site is so accurate in its psychological assessments of members that it tells ten percent of those who attempt to sign up that they cannot accurately match them with somebody. How lucky was I to be part of that percentage? So, the grade for eHarmony.com: Incomplete.

**Yahoo! Personals: B+/A-**  
Out of all the sites, I would have to say that Yahoo! is probably the best bang for your buck, if a member were to pay for it. It is much easier to use than the other sites and compatibility tests are optional. There seems to be more than enough single men within our area, and it was easy to search.

Yahoo! had a few features that made it a novelty. It allows members to check out when other members had looked at his or her profile. I could log in on any day and see that 20 to 30 men had viewed me during the course of the past 24 hours. Those who feel moved enough can even send "icebreakers," or small quips and phrases that non-paying members can

send back and forth. Paying members can send full-length e-mails.

Another feature that was ultimately convenient for users was their match-up graphs. Whenever I clicked on a man, or vice versa, a bar on the left side of the page would display green dots where the two of us agreed on a subject.

Overall, Yahoo! Personals surprised me. The pool of men was good, the site did not feel shady at all and there were plenty of options for those who decided not to pay for the site's services.

**Plentyoffish.com: C/C+**  
This is a site a friend of mine mentioned a few months ago when she was looking for a few casual dates. The main perk is that it is free, unlike all of the previously reviewed. There are plenty of men

from the Tide-water area on Plentyoffish.com, with a list of ten men appearing at the top of the site, stating which ones nearest you checked their mail. You can tell when some users are online and can send instant messages.

Overall, it's not bad. However, the amount of sketchy men (those who are over 40 and hitting on 20-year-olds, married or in a relationship, etc.) is much higher than the paid sites. I received a ton of e-mails, but only a few were even worth a second glance.

The site's look is not all that appealing either. It is simply blue, ads for other random dating sites strewn all over each page. It is pretty disorganized. But if you're looking for something free that involves a little bit of work and effort, then Plentyoffish.com might be for you.



## THE LIST

### campus

**February 16**  
CAB Movie "Borat" 8:30 p.m., Old Regatta's

**February 17**  
Jessica McClean, 8 p.m., Regatta's  
"The Gospel Explosion" Concert, 3 p.m., Music and Theatre Hall

**February 18**  
George Carlin, 7:30 p.m., Ferguson Center for the Arts

### local

**February 14**  
Romantic Movie Night, 6 p.m., The Granby Theater

Reading by Reginald McKnight, 7 p.m., Prince Books  
Romeo Loves Juliet, 8 p.m., Harrison Opera House

**February 15**  
Les Ballets Africains, 7:30 p.m., Attucks Theater

**February 17**  
An Afternoon of Poetry, 1 p.m., Page After Page Bookstore

### concerts

**February 14**  
Hinder, 7:30 p.m., The NorVa  
Gove Scrivenor, 9 p.m., The Jewish Mother

**February 15**  
Anne McCue with Band, 9 p.m., The Jewish Mother  
Sara Evans, 8 p.m., Chrysler Hall

**February 16**  
S.I.N.N., 6:30 p.m., The NorVa  
Jesse Chong Band, 9 p.m., The Jewish Mother

Soweto Gospel Choir, 8 p.m., Ferguson Center for the Arts

**February 17**  
Joe Bonamassa, 8 p.m., Attucks Theater

**February 19**  
Ying Yang Twins, 8 p.m., The NorVa

### movie releases

**February 14**  
"Music and Lyrics" This romantic comedy revolves around former '80s pop star Alex Fletcher (Hugh Grant) and his struggle to write a hit song in order to start a comeback. Fletcher enlists the help of his plant lady, Sophie Fisher (Drew Barrymore) to help him write the new song since he has no writing experience and she has a particular way with words that he enjoys. This movie shows the budding romance that develops between Fletcher and Fisher as they work on a song. "Music and Lyrics" is rated PG-13.

**February 16**  
"Breach" Eric O'Neill (Ryan Phillippe) is promoted to a job in the headquarters of the FBI from his small surveillance job. He receives this promotion to follow a suspected mole in the FBI Intelligence department. O'Neill follows Robert Hanssen (Chris Cooper) to make sure that Hanssen does not use the information that he is entrusted with to destroy the country. "Breach" is rated PG-13.  
"Bridge to Terabithia" Outsider Jess Aarons (Josh Hutcherson) befriends the new girl, Leslie Burke (Annasophia Robb) after she beats him in a track race. Leslie's imagination opens Jess to a whole new world and together they create the fantasy land of Terabithia. The two go on many adventures in their fictitious world. "Bridge to Terabithia" is rated PG.

### cd releases

**February 20**  
"Welcome The Night" The Ataris  
"Everlife" Everlife  
"Duet All Night Long" Reel Big Fish  
"On The Road To Nashville" Erasure

### dvd releases

**February 20**  
"The Prestige"  
"For Your Consideration"  
"Man of the Year"  
"Flushed Away"  
"Flight of Fury"



# CAB's Homegrown fun takes root again

**CAMPUS TALENT** | Momentary Prophets and others bring jazz, folk, rock and world music to Homegrown.

BY MARK NEWTON  
MARK.NEWTON.04@CNU.EDU

Homegrown holds a special place in my heart. It's where I wrote and shot pictures for my first article. Four months later, Homegrown was back with the Momentary Prophets and three other student musicians this past Thursday, Feb. 9. The event was held in the old Discovery Café.

"Being a music major, it's nice to leave Ferguson and digest music in a more laid-back style," said Catherine Greenfield. That was definitely the atmosphere as freshman Tyler Hoy took the stage first and played a series of folk covers.

He swapped harmonicas with each song as he moved from "Tangled Up in Blue," "Mack the Knife," to a traditional folk song and "Mr. Tambourine Man." You could tell that he loves these songs, because his effort to make them his own was obvious.

Juniors Perrell Dawkins and Jason Hammers and senior Jared Pool took the stage next with some jazz-infused pop.

The music definitely came first, as they played some improv pieces and made up the lyrics over some music they had already written down, taking suggestions for a theme from the audience.

The music was great and the lyrics

Dawkins had written were astounding. The extra touch of Hammers' saxophone added another dimension to the already-rich sound by Dawkins' and Pool's guitars.

Next was senior Nate Fender, who started by tuning his guitar with a spoon. His progressive rock, while great and inventive, definitely could have benefited from some psychedelic spoon playing. His lyrics ran from originals to a spot-on cover of the Dave Matthews Band.

Momentary Prophets were the last to take the stage and stole the show with senior Jake Hull's massive sitar, senior Ted Packard's furious ukulele smashing and a special area reserved for dancing.

The Prophets again impressed with their complex, intellectual, pseudo-psychedelic rock. They're able to combine Tom Wolfe's poetry with love lyrics, to turn a ukulele into a high-strung instrument of despair, and probably more impressive, Hull can play an amazing cover of "Norwegian Wood" on the sitar.

Everyone at Homegrown did an amazing job at the show and it's great to know that CNU has this kind of talent. Freshman Sarah White probably encapsulated the show best: "I think some people were thrown by the experience, but all in all, you couldn't get this anywhere else." ■



MARK NEWTON/THE CAPTAIN'S LOG

Senior Jake Hull performs his sitar as part of the band Momentary Prophets last Friday at Homegrown. Hull also did a rendition of Beatles tune "Norwegian Wood."

## MXPX's B-Sides punk rock monotony, 'deluxe' letdown

BY MARK NEWTON  
MARK.NEWTON.04@CNU.EDU

MxPx had a few punk hits in the 90s, but I'd never heard of them. They had their start as 15-year-olds, became a Christian punk band, and then joined a major label and have since faded into obscurity.

They had a few hits, especially "Chick Magnet," which I do like... though it's not on the album I'm reviewing. "Let It Happen" is a "deluxe edition" of a B-Sides album from 1998 that features some live videos. Is it worth your time?

First of all, these are B-Sides for a good reason: they all sound the same, even the three new tracks.

"Begin to start," offers a ray of hope with a jazzy opener before it dives headfirst into those rabid drums that are on every track. Seriously.

On most every track, they must have told the drummer to keep playing the same way so that they could splice it in later.

It's absolutely dumbfounding to hear the exact same chords after the song ends, though the album flows quite nicely in some parts.

However, it's the kind of the music that while they sing, the lyrics don't really matter unless you really dig into the material.

I could see where these guys could be good. The problem is that a B-Sides album should never be an introduction to a band, and it usually isn't anywhere as good as the band's main material.

If it is, either the music is terrible to begin with or it really speaks to a band's songwriting prowess.

The songs aren't bad, per se; they just sound the same. And even at bite-size portions of less than two minutes each, it's still 72 minutes of the same punk rock.

If you liked Green Day's "American Idiot," you might want to try MxPx, and then start off with "Teenage Politics," or, alternately, the first album by Violent Femmes. Granted, this is a B-Sides album so as an introduction, it mostly fails. But if you're a fan, pick this up, especially for the DVD footage. ■

# 'Twilight' a perfect valentine

**BOOK REVIEW** | Stephenie Meyer's popular "Twilight" is a worthy companion for V-day.

BY LINDSAY SIMPSON  
LINDSAY.SIMPSON.04@CNU.EDU

It is officially Valentine's Day. So, if you're not out with your significant other, you might find solace in curling up with a good romance novel.

If you're one of those folks on the lookout for a cheesy Harlequin Romance this Valentine's Day, try a more compelling pick.

A perfect choice would definitely be Stephenie Meyers' vampire-filled New York Times best seller, "Twilight."

Although it technically falls under the category of young adult literature, its characterization, imagery and feelings it tackles are completely relatable beyond stereotypical teen façades.

Bella, a high school junior, moves from Phoenix, Ariz. to Forks, Wash. in order to get away from her mother, Renee.

Forks is rainy and miserable all the time and is the complete opposite of what Bella is accustomed to.

While in Forks, Bella meets and eventually falls in love with Edward Cullen, one of the five self-imposed outcasts of Forks High School.

After a series of events (each nearly costing Bella her life), she discovers Edward's secrets, talents and weaknesses.

Although the plot line comes across as cheesy and cliché and the idea of vampires seem beyond anything resembling a well-written novel, those who read it would find that they actually enjoy the supernatural.

They may enjoy it even more when there is an element of sexual tension, romance and even some adventure, blood and a bit of gore.

The novel itself is beautifully written, with Meyers doing a fantastic job of describing physical things, but also emotions and thoughts that go far beyond most authors' abilities.

Perhaps the best aspect of this novel, although it was

said multiple times already, is the fantastic combination of both romance and adventure.

The romance goes far beyond the stereotypical, without trashy descriptions of intimate encounters.

Instead, readers find themselves engulfed in the possibility of a first hug or a first kiss, especially enraptured by the self-imposed forbidden love between the two.

The adventure comes into play halfway through the rising action of the novel, truly capturing any readers who might have thought about forgetting "Twilight."

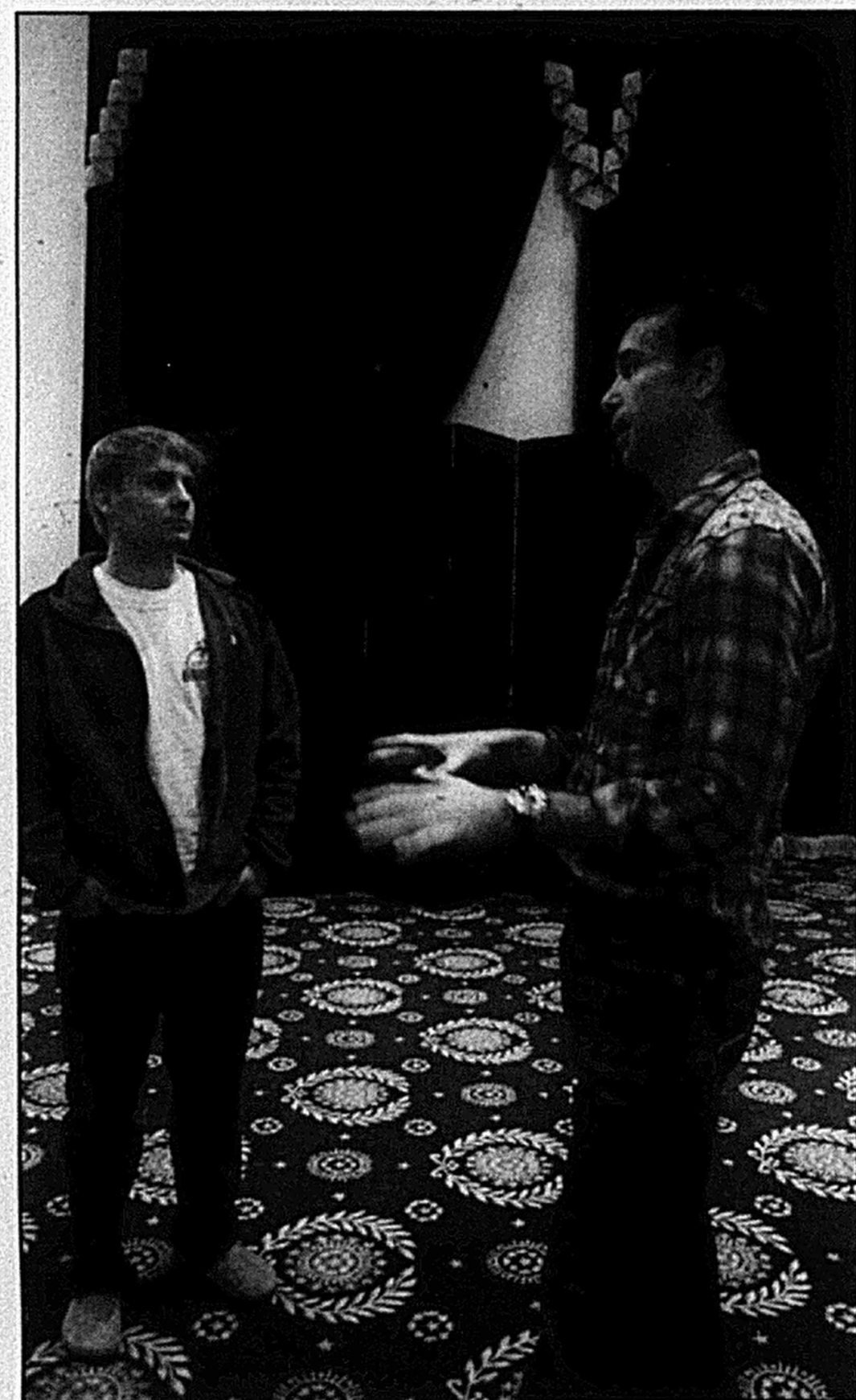
Bella and Edward find themselves in bloody messes, fights and multiple near-death situations. Overall the novel is a gem, and the sequel, "New Moon," promises to be just as delightful and well-composed as its predecessor. Look for the third book "Eclipse" sometime this year.

So this Valentine's Day, the best option outside of having a real date is to indulge yourself with one of the best novels to come out within the past year. "Twilight" is just as good a substitute for a date as any. ■



MARK NEWTON/THE CAPTAIN'S LOG

Meyer's "Twilight" is a New York Times best seller.



CHANELLE LAYMAN/THE CAPTAIN'S LOG

David Wygant explains the dating industry to freshman Luke Everett.

# Doc gives date check-up

**ADVICE** | Dating doctor David Wygant prescribed his acclaimed tips to successfully meet and date new people.

BY CHANELLE LAYMAN  
CHANELLE.LAYMAN.04@CNU.EDU

The doctor is in. Dating doctor David Wygant, renowned nationwide for his dating advice, gave a crash course in dating techniques Friday, Feb. 9 in the DSU Ballroom.

With impromptu exercises and mini role-playing activities, Wygant illustrated the best methods to attract and seek out potential dates.

"I've been doing this since before it was cool to do," Wygant said.

The "doctor" narrowed his field of expertise to focus on meeting new people.

His discussion focused on learning to confidently approaching members of the opposite sex and engaging in meaningful conversation. His advice fell broadly into the following four tips:

**Make observations.** Watch what that hot girl is doing and take note of her style. Observe the things that special guy does and use that information. "When you meet the opposite sex, you should never think. You should observe and react."

**Listen.** It's not about selling yourself in the first few minutes. "The key when you're flirting is listening," said Wygant.

### Take action.

Instead of thinking, get out and meet new people. Wygant recommends trying to meet someone new every day. When it comes to crushes, "a crush is like a milk carton; it should expire in two weeks," Wygant said. Either pursue it or drop it.

**"They're like a bunch of Scooby-Doos running around. It's a dude pack mentality, and they are looking at women like they're a Scooby snack."**

DAVID WYGANT, DATING DOCTOR

### Be yourself.

Instead of memorizing pick-up lines or conversation starters, just talk about what you're comfortable with. "How do you 'be different'?" Be yourself," Wygant said.

Freshmen Alex Serban and Luke Everett had first-hand experience employing

Wygant's techniques when they were called to the stage for role-playing.

"We thought we'd come out to pick up some tips on dating to help us out," Everett said.

"It was really informative. A lot of dark areas were brought to light," said Serban.

"I think both of us are going to try that thing about meeting someone new every day," he added.

Interested in attending another of Wygant's seminars or finding out more dating details? Check out Wygant's Web site to get details about phone or email consultations and his latest books at <http://www.davidwygant.com> or at <http://www.alwaystalktostrangers.com>. ■

## CNU FACEBOOK RELATIONSHIP STATUS BY THE NUMBERS

500+  
single

500+  
in a relationship

57  
in an open relationship

389  
married

209  
engaged

82  
it's complicated



# Ladies leave Grammy's laden

**GRAMMYS** | The 49th annual awards show features reunited Police, big women winners.

BY ANDRIA SIMMONS  
ANDRIA.SIMMONS.04@CNU.EDU

The night started with a bang, as the Police took the stage Sunday night in L.A. at the 49th annual Grammy awards. Performing together for the first time in over 20 years, the Police opened the awards ceremony with "Roxanne" and set the tone for an evening of classic beauty, tradition, fashion and song.

Women took center stage this year at the Grammy's, with stars like Carrie Underwood, The Dixie Chicks, and Mary J. Blige stealing the show.

The Dixie Chicks were undoubtedly the big winners of the night, taking home five awards, including Album of the Year, Record of the Year, and Song of the Year for their single, "Not Ready to Make Nice." Mary J. Blige was certainly a favorite coming in to the ceremony. Her highly acclaimed album, "The Breakthrough" took home Best R&B Album, and her single "Be Without You" won Best R&B Song. Mary J. gave tearful acceptance speeches, thanking the Lord and everyone who helped her along her rather tumultuous path to stardom. She performed "Be Without You" during the show, an emotional piece, which Mary J. did not fail in delivering powerfully.

The Grammy's succeeded this year in providing a wide array of musical performances, with everyone from Lionel Richie to Rascal Flatts taking the stage. One of the notable acts of the evening was Beyoncé, who belted out a strong rendition of her single, "Listen."

Carrie Underwood and Rascal Flatts sang beautifully together, performing a collaboration of songs in tribute to easy rock legends The Eagles.

Justin Timberlake danced about the stage, looking suave as usual in a light suit, singing his hit "What Goes Around" and even played the piano for a bit, giving his song that "new soul" feeling.

Gnarls Barkley played "Crazy", though Cee-Lo was rather oddly dressed as an airplane pilot. The getup hardly affected his performance, and actually seemed to add to the strangeness the band seems to exemplify.

The Dixie Chicks, of course, sang their huge single "Not Ready to Make Nice," and the girls were in perfect form. They played beautifully, and their infamous harmonizing was certainly worthy of award.

Fashion standouts of the night included Paula Abdul, wearing a classic black-and-white, 50's-style Valentino creation, her hair in an appropriate up-do. Christina Aguilera was looking sophisticated and sexy as usual, in a tight pink Ungaro gown and the "side hair" she's been advocating.

Scarlett Johansson kept the "little black dress" alive in a tight Monique Lhuillier number, which accentuated those womanly curves she's known for. Stevie Wonder and Quentin Tarantino were dressed rather strangely, as expected, and Tarantino presented an award with, well, "unusual excitement," to be kind.

Christina Ricci also presented. Ricci was looking

unique, yet strikingly stylish in a dark dress.

Musical legends such as Booker T. and the MG's, The Doors, and The Grateful Dead all received Lifetime Achievement Honors. Greats like Stevie Wonder, Smokey Robinson, Lionel Richie, Natalie Cole and Tony Bennett were all in attendance.

Winners of the night included Carrie Underwood for Best New Artist, John Mayer for Best Pop Album and Best Male Pop Vocal Performance. The Red Hot Chili Peppers took home awards for Best Rock Album, Best Rock Song, and Best Rock Performance by a Duo or Group. Beyoncé's "B'day" album took home the award for Best Contemporary R&B album, and Ludacris left with Best Rap Album for "Release Therapy".

The night was one of long awaited reunions, interesting collaborations and emotional breakthroughs.

Women ruled this year at the Grammy awards, and the show provided a glistening array of our musical culture.

After this year's reunion of the Police, who knows what to expect at next year's 50th annual Grammy celebration. ■

## GRAMMY'S WON

5

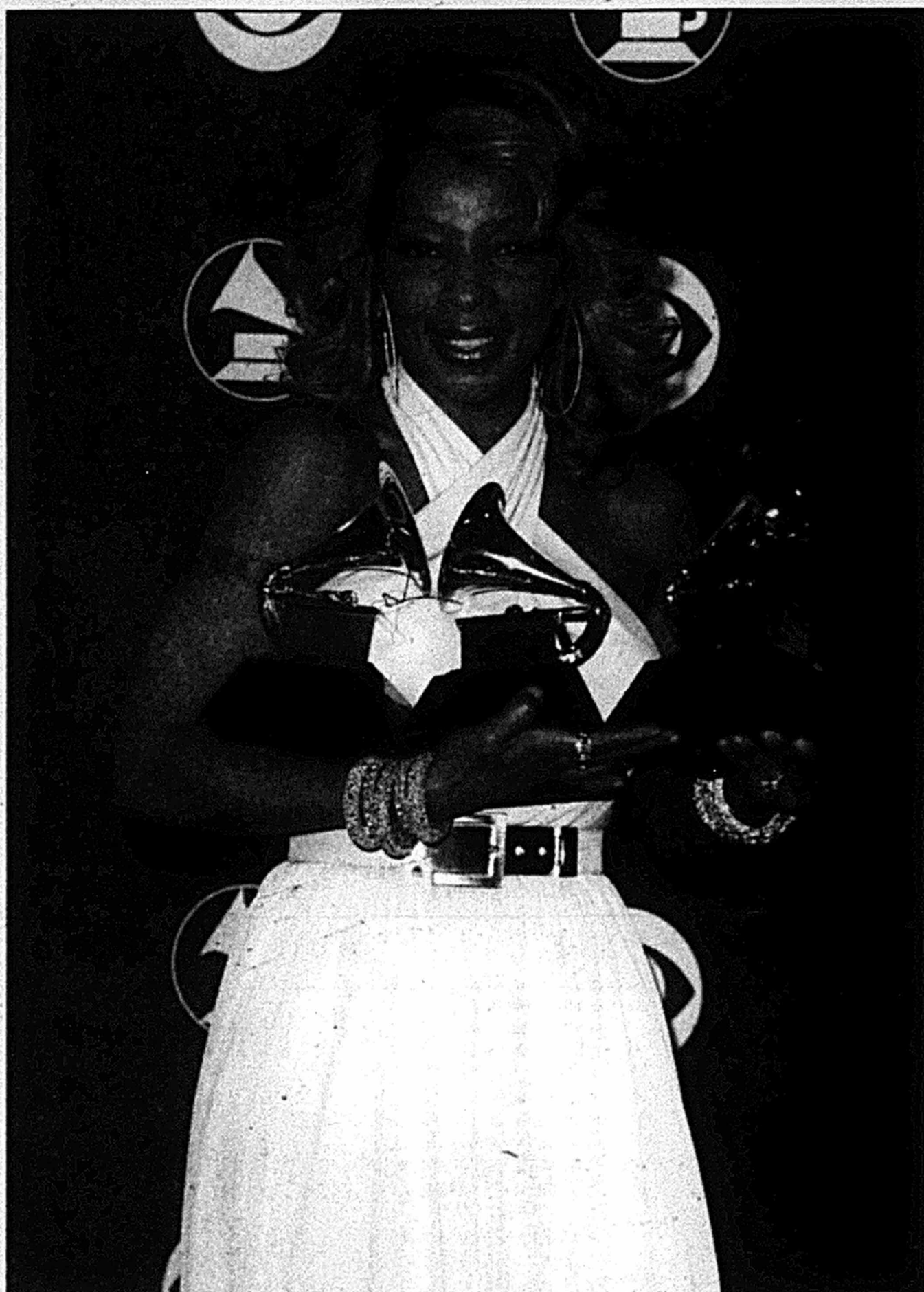
Dixie Chicks

3

Red Hot Chili Peppers

2

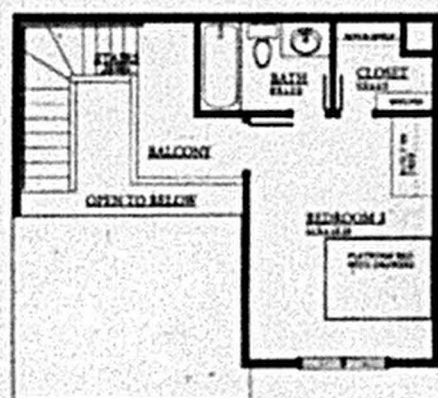
Mary J. Blige



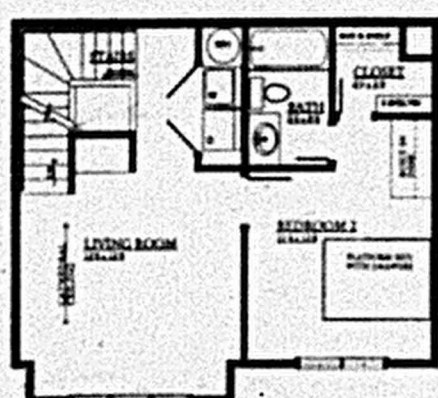
Mary J. Blige took home three Grammys at Sunday's 49th celebration.

## University Suites Apartments

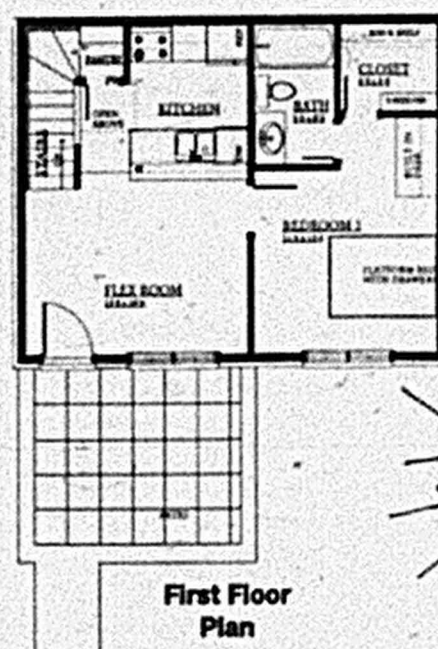
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Second Floor Plan



First Floor Plan

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*I have been thanking God  
for my computer problems.  
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~M.S.*

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# SPORTS

WEDNESDAY, FEBRUARY 14, 2007 | PAGE B4

## SPORTS SCORES

### men's basketball

(6-4, 14-9)

**February 6 Finals:**  
N.C. Wesleyan 102, CNU 96  
**February 10 Finals:**  
Averett 74, CNU 73  
**February 11 Finals:**  
CNU 97, Ferrum 89

#### Rankings

1. Averett	8-3	17-6
2. Greensboro	7-3	17-6
3. CNU	6-4	14-9
4. N.C. Wesleyan	5-4	10-11
5. Methodist	4-5	9-12
6. Ferrum	4-7	10-14
7. Shenandoah	1-9	7-15

#### Upcoming games:

2/16: CNU vs. Methodist  
2/17: CNU vs. Greensboro

### women's basketball

(9-3, 15-8)

**February 6 Finals:**  
CNU 77, N.C. Wesleyan 63  
**February 10 Finals:**  
CNU 71, Averett 58  
**February 11 Finals:**  
Ferrum 88, CNU 75

#### Rankings

1. Ferrum	10-2	17-6
2. Greensboro	9-2	16-6
3. CNU	8-3	15-8
4. Shenandoah	7-5	14-8
5. Methodist	7-5	13-10
6. Peace	2-9	8-14
7. Averett	2-10	3-17
8. N.C. Wesleyan	1-11	4-18

#### Upcoming games:

2/16: CNU vs. Methodist  
2/17: CNU vs. Greensboro

### ice hockey

(6-8, 8-9)

**February 9 Finals:**  
VCU 10, CNU 0  
**February 10 Finals:**  
CNU 9, William & Mary 4

#### BRHC Rankings

1. Richmond	9-2-1
2. ODU	5-6-1
3. VCU	6-8-0
4. CNU	6-8-0
5. William & Mary	3-11-0

### baseball

(0-0, 3-0)

**February 10 Finals:**  
CNU 6, Hampden-Sydney 2  
CNU 5, Hampden-Sydney 1

#### Rankings

1. N.C. Wesleyan	0-0	5-0
2. Ferrum	0-0	0-0
3. Greensboro	0-0	5-4
4. Methodist	0-0	2-0
5. CNU	0-0	3-0
6. Shenandoah	0-0	0-0
7. Averett	0-0	6-0

#### Upcoming games:

2/14: CNU vs. Randolph-Macon  
2/16: CNU vs. Eastern  
Mennonite (Double Header)  
2/17: CNU vs. Rowan  
2/17: CNU vs. Bridgewater  
2/20: CNU vs. Salisbury

### softball

#### Rankings:

1. Methodist	0-0	0-0
2. Greensboro	0-0	0-0
3. CNU	0-0	0-0
4. N.C. Wesleyan	0-0	0-0
5. Ferrum	0-0	0-0
6. Peace	0-0	0-0
7. Shenandoah	0-0	0-0
8. Averett	0-0	0-0

#### Upcoming games:

2/17: CNU at Guilford

### track & field

#### Upcoming events:

2/18: Vince Brown Invitational

### women's tennis

#### Rankings:

1. CNU	0-0	0-0
2. Methodist	0-0	1-0
3. Shenandoah	0-0	2-0
Greensboro	0-0	0-0
5. Peace	0-0	0-1
6. Ferrum	0-0	0-0
7. N.C. Wesleyan	0-0	0-0
8. Averett	0-0	0-0

#### Upcoming matches:

2/18: CNU at Chowan  
2/19: CNU vs. Mary Baldwin

## Track breaks CNU records; Baseball wins 2nd.

BY JASON COMO  
JASON.COMO.04@CNU.EDU

### Track & Field

The Track and Field team competed at home this past Sunday in the Vince Brown Invitational, a meet honoring former CNU track head coach Vince Brown. The team paid homage to their former coach with by setting numerous school records.

Chief among the new records was freshman Ryan Gordon who out-threw former 1987 record holder Troy King with a 50'10 3/4" in the Men's Shot Put. Matthew Griffis moved up to 8th on the school record list in the Men's 200 meter dash with a 22.74 time at the invitational.

On the Women's side, Amy Wampler moved to 7th in the record books for the Women's 3000 meter run.

The team will next compete at the Mason-Dixon Conference Championship on Feb. 18 at the Freeman Center.

### Baseball

Christopher Newport swept a double-header against Hampden-Sydney on Saturday afternoon with scores of 6-2 and 6-1.

In the second game, sophomore Kyle Baumann pitched five scoreless innings to pick up his first win of the year.

Sophomore Mike Giarrizzi went 3-for-3 with two RBIs and also pitched an inning of relief, striking out three.

With the wins, the Captains improve to 3-0 on the year and next host Randolph-Macon today with first pitch set for 2 p.m.

### Women's Basketball

Christopher Newport defeated North Carolina Wesleyan 77-63 last Tuesday night, shooting 53 percent from the field for the game.

Senior Nikki Rowland led the Lady Captains with 19 points (on 7-of-11 shooting), junior Colandra Rollins had 13, senior Dee Luck, had 12, and junior Michele Russell finished with a season-high 10.

On Saturday afternoon, Christopher Newport defeated Averett 71-58 on the road, again behind the strength of strong shooting.

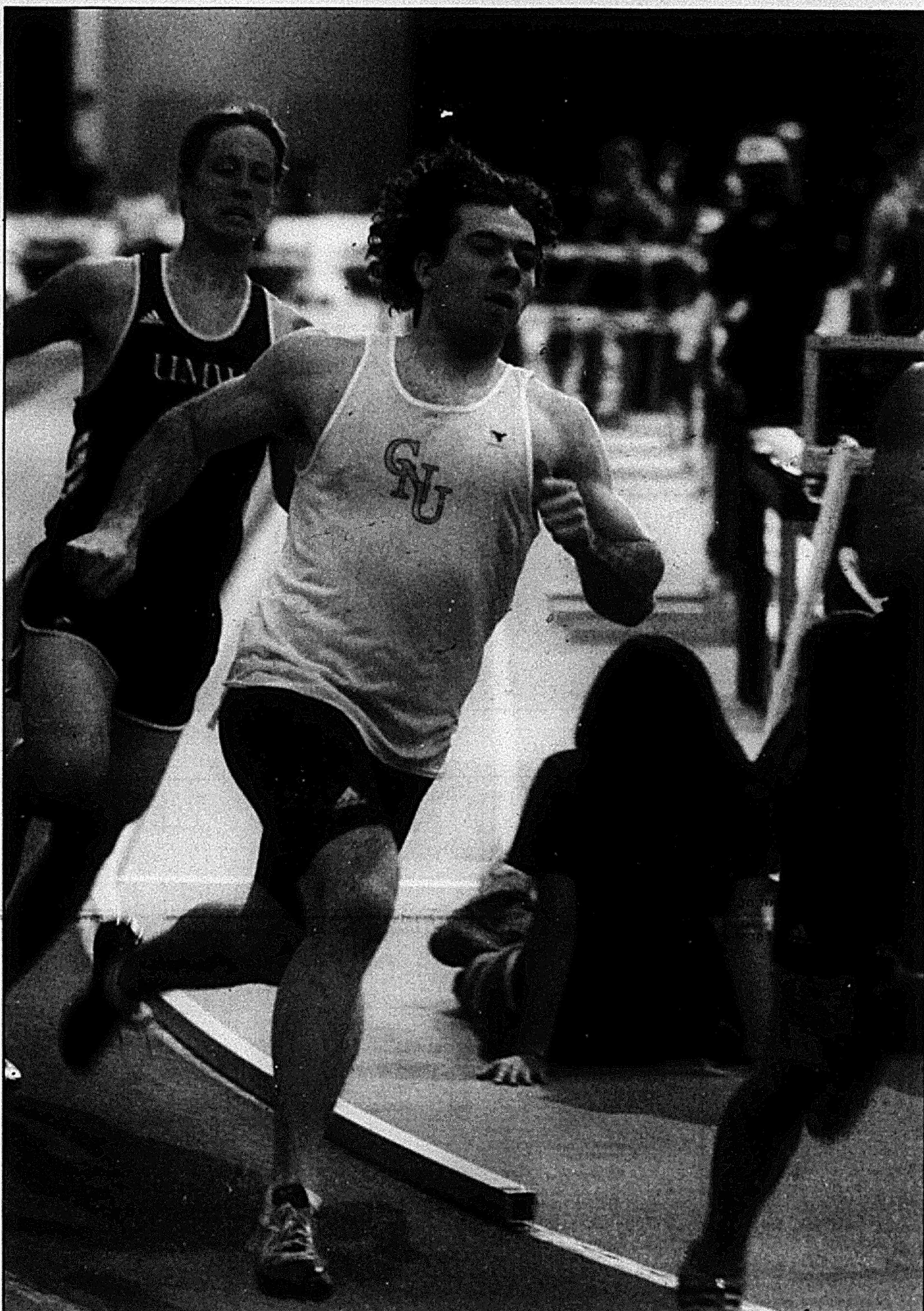
After defeating Ferrum at home earlier this season, Christopher Newport dropped the rematch on the road, 88-75 on Sunday afternoon. The Lady Captains led 40-30 at the half, but were outscored 58-35 in the second.

The Lady Captains were on a four game winning streak coming in and had won nine of their last ten. They look to regroup this weekend as they finish up the season at home, starting with Methodist at 5:30 on Friday.

They are now 15-8 overall and 9-3 in conference play.

### Men's Basketball

A 10-point second half lead



JESSE HUTCHESON / THE CAPTAIN'S LOG

Junior Matthew Griffis runs on the track in the Freeman Center in the Men's 400 meter dash in the Vince Brown Invitational.

was not enough as Christopher Newport lost to North Carolina Wesleyan 102-96 last Tuesday night.

Despite shooting 53 percent from the field, Christopher Newport lost to Averett 74-73 on Saturday night as Davon Barton's last second shot was re-directed and no foul was called.

Senior Korey Lewis led the team with 22 points (on 9-of-11 shooting), Riley had 15 points and 6 rebounds,

Barton had 15 points and 9 assists, and Baker and Selden each finished with 10 points. In their final regular season home game, the Captains got back on track with a 97-89 win at Ferrum on Sunday.

This time they were able to capitalize on their stellar shooting (57 percent from the floor and from three).

The win brings the Captain's record to 14-9 overall (6-4 USA South). They finish

the regular season this weekend with home games against Methodist and Greensboro. The Monarchs are up first on Friday night with tip off set for 7:30.

### Ice Hockey

Christopher Newport lost to VCU 10-0 Friday night, all but eliminating them from the playoff chase. All hopes hung on Saturday's game against William & Mary, where the Captains needed to win by

eight goals to win a tiebreaker with VCU.

Things looked promising with the Captains up 9-2 at one point, but the Tribe fought back and scored the game's last two goals. After a 5-0 start to the season, Christopher Newport finishes 8-9 overall and 6-8 in conference play.

\*information from <http://athletics.cnu.edu> and [cnuhockey.com](http://cnuhockey.com)

## NBA still trumps March college b-ball

**INSIDE THE PAINT** | It's almost March, but that doesn't mean that the avid basketball fan should turn his attention away from the NBA.

BY BEN SETTLE  
BTSETTLE@GMAIL.COM

As a well-informed NBA enthusiast, I always use my vast basketball knowledge to pick random little fights with friends, family, even poor strangers running on the treadmill next to me at the gym. Greatest player of all-time, best defensive player ever, all-time starting five, these are all great ways to start basketball-related fights with anyone. Another personal favorite that's become more and more relevant recently has been my unflinching love for the NBA and my blatant disdain for college

basketball (televised D1, specifically).

Now, I am not opposed to college basketball, per se. I just can't stand having it shoved down the country's collective throat from December through March every season. I understand that college players (sometimes) play harder than the pros and (sometimes) work more on defense than the pros and (maybe) want to win more on a game-to-game basis than (some) pros do. This is all irrelevant. Watch enough pro basketball and you will see the obvious: the pros are vastly better — that's why they're paid more than most college players.

Hopefully this will be the first and last time I ever say this, but Scoop Jackson (of all people) was right-on in his written assessment of the impending Western Conference playoffs: "The intensity, passion, hunger and desire to get a ring, combined with a skill level only grown men getting paid to play possess..." would lead to some fantastic playoff series eye candy. Scoop was 100 percent correct (for once). There's a reason these guys are paid and somebody else isn't: they're absolutely the best at what they do. Period. Even Scoop could not mess up that point.

Over breakfast recently I was watching SportsCenter highlights from some college nail-biter the night before and watched some player from some school force a fast-break 1 v. 4 and ended up air-balling

a fifteen-foot jumper, leading to a transition bucket for the other team. Enough plays like that and my head would explode, which is exactly why I don't watch the college games.

While I never played college hoops, even I know that you don't force the break unless you have the numbers. Plus, would Dwyane Wade or Kobe Bryant have settled for a jumper there? Ever? Of course not. They would have taken it right to the rim and drawn the foul plus the bucket.

Granted, college basketball does have the NCAA tournament, and that is usually fun to watch. However, the great Paul Shirley summed up the disparity between pro and college ball best (I'm paraphrasing): in college you just throw the ball at the rim and

hope you have the more athletic guys to get a rebound and a putback. This echoes my sentiments exactly, as the college game has gradually been dwindled down to three-pointers and lay-ups, with nothing in between.

I will say this for the college game: it has become infinitely more watchable this year because of two freshmen. Greg Oden and Kevin Durant have me paying attention to college basketball and it's slowly killing me.

Between these two once-in-a-lifetime talents we're stuck watching the play of sloppy, over-coached, indecisive players just trying to get on ESPN or get drafted.

As March gets closer and the games get more watchable, I may regain some of my sanity. But until then I'll leave this business to the pros. ■



# Why Duke University collapsed

BY LUCIANA CHAVEZ  
MCLATCHY NEWSPAPERS

On Sunday, with the Duke men on their way to a fourth straight ACC loss at Maryland, a Terrapins fan at the Comcast Center yelled at Duke's coaches and players seated nearby: "It used to mean something to beat you guys! Now everyone beats you!"

Chew on that for a second.

A fan of a hated rival was spitting mad at the historically successful Blue Devils - for losing. That guy knew how far this Duke team has fallen off the usual Duke track this season.

So do Associated Press poll voters. On Monday, The AP kicked Duke (18-7, 5-6) out of its top 25 college basketball poll for the first time in 11 years.

Now talk is swirling about the Blue Devils being a bubble team for the NCAA Tournament field.

That's bad by Duke standards, but it's not time to start counting to 10 over the Blue Devils' prone bodies.

Before Sunday, the Blue Devils had played well enough to win 18 times. Then they lost three games by a total of nine points because of blown free throws and missed shots near the hoop.

Losing to Maryland was an aberration because the Terrapins built a 20-point lead. Duke, not a great offensive team anyway, couldn't come all the way back on the road.

With five ACC games remaining, including Wednesday at Boston College, is Duke in trouble?

Here are several theories addressing why this Devils team is having issues.

Theory No. 1: They can't win close games without a go-to guy.

Bottom line: False, as long as Josh McRoberts, DeMarcus Nelson and Jon Scheyer get back to consistently doing what they're capable of doing.

For example, what happened against Maryland was McRoberts scoring inside and making fewer forays out onto the perimeter.

Although McRoberts consistently has created for others from the high post and the wing, the Devils have needed his inside scoring from the start.

Now, Nelson must focus on finishing drives and turning turnovers into points, while Scheyer must get back to being a consistent point producer.

Theory No. 2: Duke doesn't have the talent it had in years past.

Bottom line: Tough to measure - UNC and Duke both have six McDonald's All-Americans - but probably false.

Rob Harrington, recruiting analyst for PrepStars.com, said Duke doesn't lack talent.

"I think they have too many guys with the same strengths and weaknesses," Harrington said, citing Nelson and freshman Gerald Henderson.

While the talent is there, the team lacks speed.

Point guard Greg Paulus isn't the fastest guy. That can hurt Duke on defense, but so does not having Henderson and Lance Thomas on the floor more.

Because those two player still are maturing as college players, the Devils have found it tougher to sustain their trademark pressure defense. And the stakes are higher against better ACC teams than they were while Duke started 13-1.

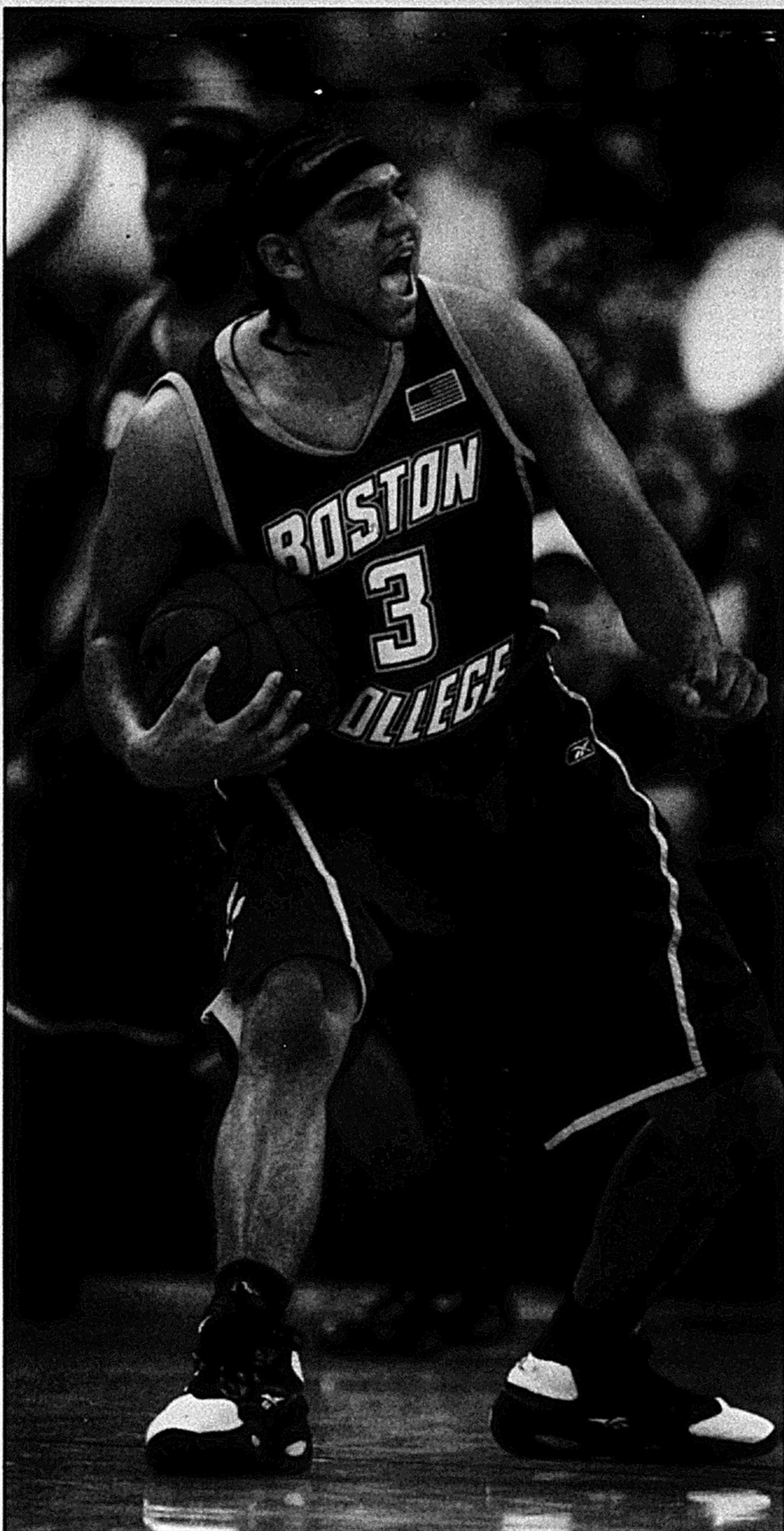
Theory No. 3: Duke is too young.

Bottom line: False; many premier programs annually face the same dilemma as players move on to the NBA.

Duke and UConn dominated college ball in the late 1990s and early 2000s. The Huskies beat Duke in 1999 for the national title. When they beat Duke in the 2004 Final Four on their way to another title, many believed that game should have been for the championship.

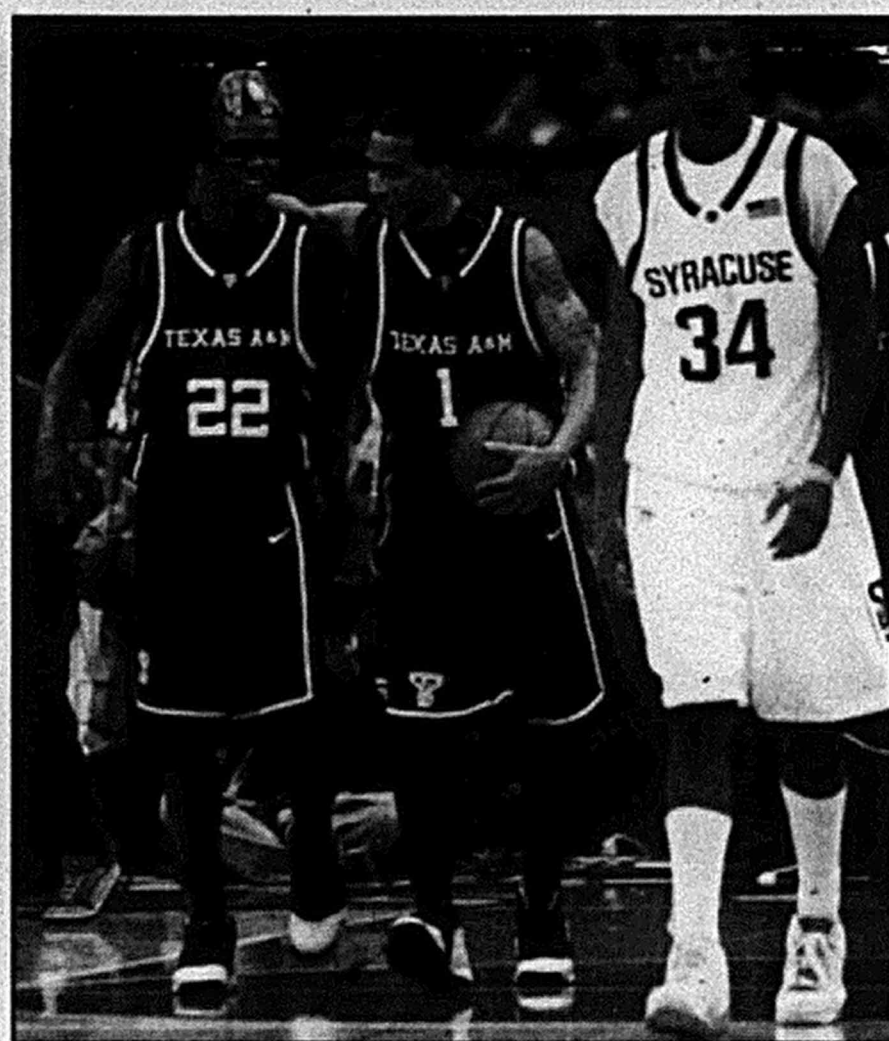
But Connecticut is 15-9, 4-6 in the Big East, after losing four first-round picks in the 2006 NBA Draft. Duke lost two, J.J. Redick and Shelden Williams.

At 18-7, ranked 18th in the Ratings Percentage Index and with wins over five teams in the RPI's top 30, Duke certainly could be in a lot more trouble. ■



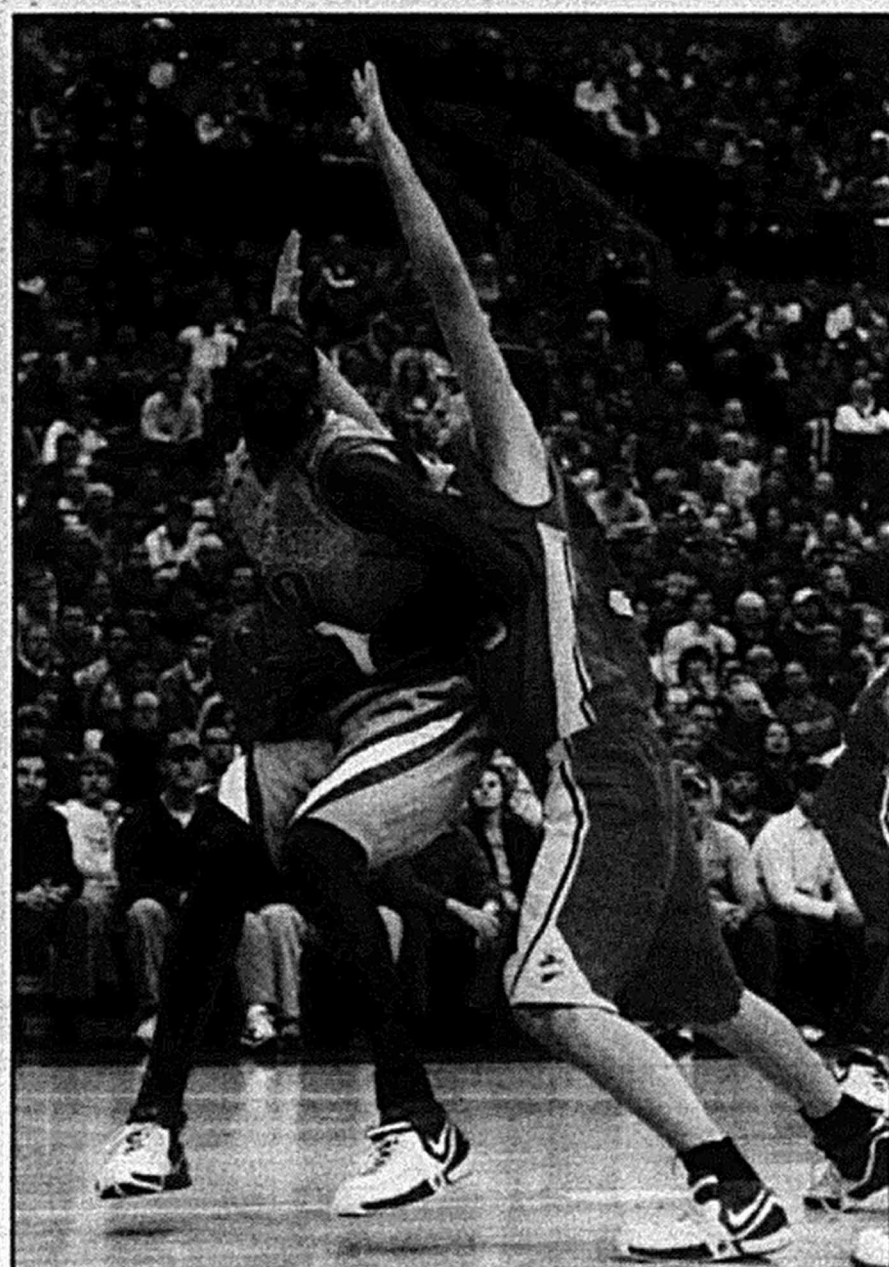
ETHAN HYMAN/MCT

Boston College's Jared Dudley celebrates in the second half against North Carolina State. Boston College defeated North Carolina State, 74-58, at the RBC Center in Raleigh, NC.



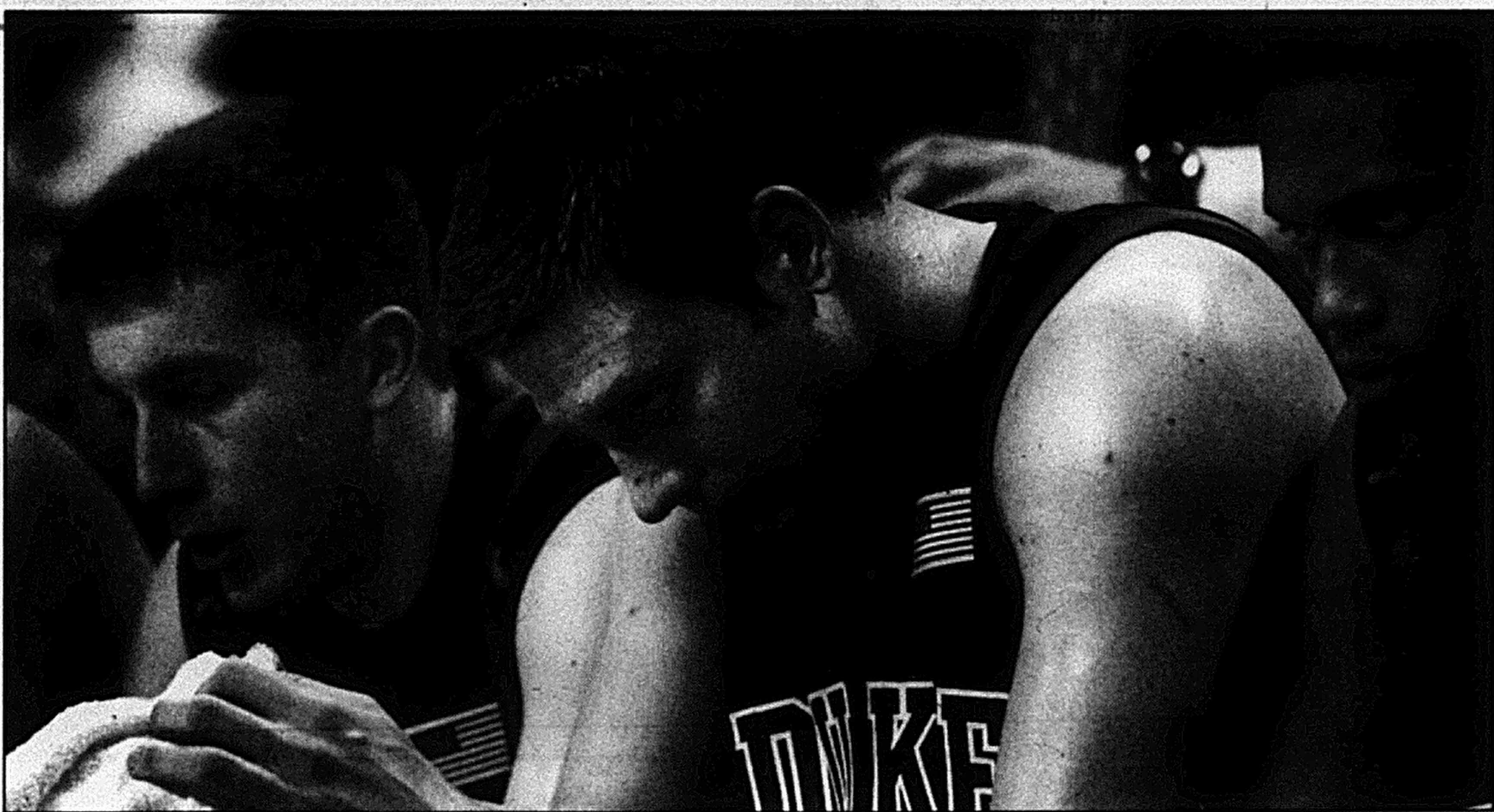
TOM FOX/MCT

Texas A&M's guards Dominique Kirk (22) and Acie Law (1) celebrate their 66-58 upset over Syracuse.



MIKE MUNDAN/MCT

Ohio State's Greg Oden (20) eyes the basket as Iowa State's Jiri Hubalek (33) leans in to stop him in the first half at the Jerome Schottenstein Center in Columbus, Ohio, Dec. 19, 2006. The Buckeyes defeated the Cyclones 75-56.



TED RICHARDSON/MCT

Duke's Greg Paulus, from left, Josh McRoberts and Lance Thomas soak in their 72-60 loss to Maryland during the final seconds at the Comcast Center.

## College ball's top players

**COLLEGE B-BALL** | With March so very fast approaching, it's time to examine who will lead their teams to an NCAA bid.

BY DANIEL SETTLE  
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Welcome to my new college basketball column.

You may remember my name from the Roger Ebert-like movie reviews I've written in the past or the rare cameo appearance in my brother's NBA column, but all those shrivel and pale in comparison to what is about to grace this page.

I know more about sports than I do movies (and more than my brother, for that matter), so get ready to be born anew in my genius.

In the coming weeks I will recap games, give team overviews, and preview the

conference tournaments all leading up to the best time of the year, March Madness.

Now, though, I am going to write about the antithesis of the most successful style of college basketball: individual performance.

The top five players in the nation are as follows:

5. Jared Dudley — Boston College and Al Thornton — Florida State (tie)  
Okay, so I'm already cheating, but these guys are beasts. Dudley has overcome losing the second best player on his team and led BC to the top of the ACC.

Thornton overcame an overmatched coach to lead his team to a probable NCAA

tournament bid to earn his spot.

Both have scored double figures in every game and their two head-to-head matchups have been two of the ten best games of the year.

4. Aaron Brooks — Oregon  
I've followed this guy since he was a freshman wearing goggles on the same team as Luke Ridnour and Luke Jackson.

He was pretty good then, but he is very good now. Oregon is too small, lacks overall talent and plays in the deepest conference in the country.

Brooks, a senior, seems to win games by himself and has the Ducks in position for a top-four seed in March.

It helps that the Raiders' quarterback is so terrible in comparison.

3. Greg Oden — Ohio State

The second-most hyped high school player ever (behind LeBron) has become one of the best freshmen ever.

His team played with a chip on its collective shoulder when he was hurt to start the season and have relied on him since he came back.

If they run on all cylinders, they could beat the Celtics and Oden is the reason.

Plus, he is the best defensive big man I've ever seen.

2. Acie Law IV — Texas A&M

More than leading his team in scoring and assists, his defensive leadership is the catalyst to the Aggies' success.

They have only allowed over 69 points ONCE in 24 games. But that's not the astounding statistic from A&M.

A&M on average has only given up 7.1 points in the final five minutes of each game. On the other side, Law averaged 7.3 points over the same span.

He actually wins games by himself.

1. Kevin Durant — Texas  
He and Oden are on the short list of best freshmen ever with Pervis Ellison and Carmelo Anthony. Durant is top-five in the nation in scoring and rebounding. He is a 6'9" small forward in college.

He would be an NBA All-Star right now. He doesn't turn 19 until September.

He's the only college player in the last 15 years that has a chance of becoming one of the five best basketball players ever.

He is why you should be watching college basketball this year. ■



# Amaechi comes out

**TODAY, IN SPORTS** | The sports world had mixed reactions to the announcement of ex-NBA player John Amaechi that he's gay.

BY JASON COMO  
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If you follow sports at all then you've no doubt heard that John Amaechi is gay.

You've heard that he's the first NBA player ever to come out and you've heard that even though he last played five years ago, he only just came out.

So what?

More than anything, what the Amaechi story has so far revealed is that we still don't know what to make of homosexuality, especially in professional sports.

Amaechi knew this well before any of us and it could be the reason why he hasn't come out until now. He knew back in 2002, when he speculated about a player coming out during their career.

"It would be like an alien dropping down from space. There'd be fear, then panic. [The NBA] just wouldn't know how to handle it."

Reading through player and coach reactions, what I'm

hearing is typically this:

"I don't think it would be a major issue [having a gay teammate]. I think it would be news at first. But after that, you go back to the business of basketball and trying to win games." (Grant Hill, Orlando Magic).

This is the most common reaction from current players, and there is nothing wrong with it. It's a safe way to address the situation, because the NBA is first and foremost a business.

But the truth is, the NBA is more than just a business. You can't play 82 games with a group of guys and not develop some sort of relationship with them.

"We spend so much time together, we're like family. You take showers together, you're on the bus, you talk about things. With teammates, you have to be trustworthy. If you're gay and you're not admitting that you are, you're not trustworthy. It's the locker room code; it's a trust factor," (LeBron James,

Cleveland Cavaliers).

James wants his teammates to be honest with each other, but how can he, and for that matter how can any of us expect someone like Amaechi to be open about something like that? Something we couldn't possibly relate to?

And just how open are teammates with each other? Do you think Shaq and Kobe shared their innermost feelings and secrets with each other? Me neither.

"You don't want to know that there is somebody in your locker room and you are not aware of it. And maybe you had to be careful being where you put yourself in a situation where you might get hit on by a teammate," (Ray Allen, Seattle SuperSonics).

And there it is, what other players had been carefully tiptoeing around, the fear that we all have inside of us: the fear of uncertainty.

Unfortunately for Allen, he expressed his fear in a most ignorant fashion. But even he can't be looked down upon for this, because he is merely voicing his uncertainty.

Hill, James, and Allen are all great players, and James is the face of the sport right now, and they are taking time

to comment on someone who didn't have half the talent they have.

This is the intrigue surrounding the Amaechi story, and why we are still talking about it. He is just so different from those we recognize as superstars.

He never averaged more than 10.4 points in a season. He was born in Boston but was raised in England, where he currently lives.

And, most important to understanding this story, he came out five years after his playing career had ended.

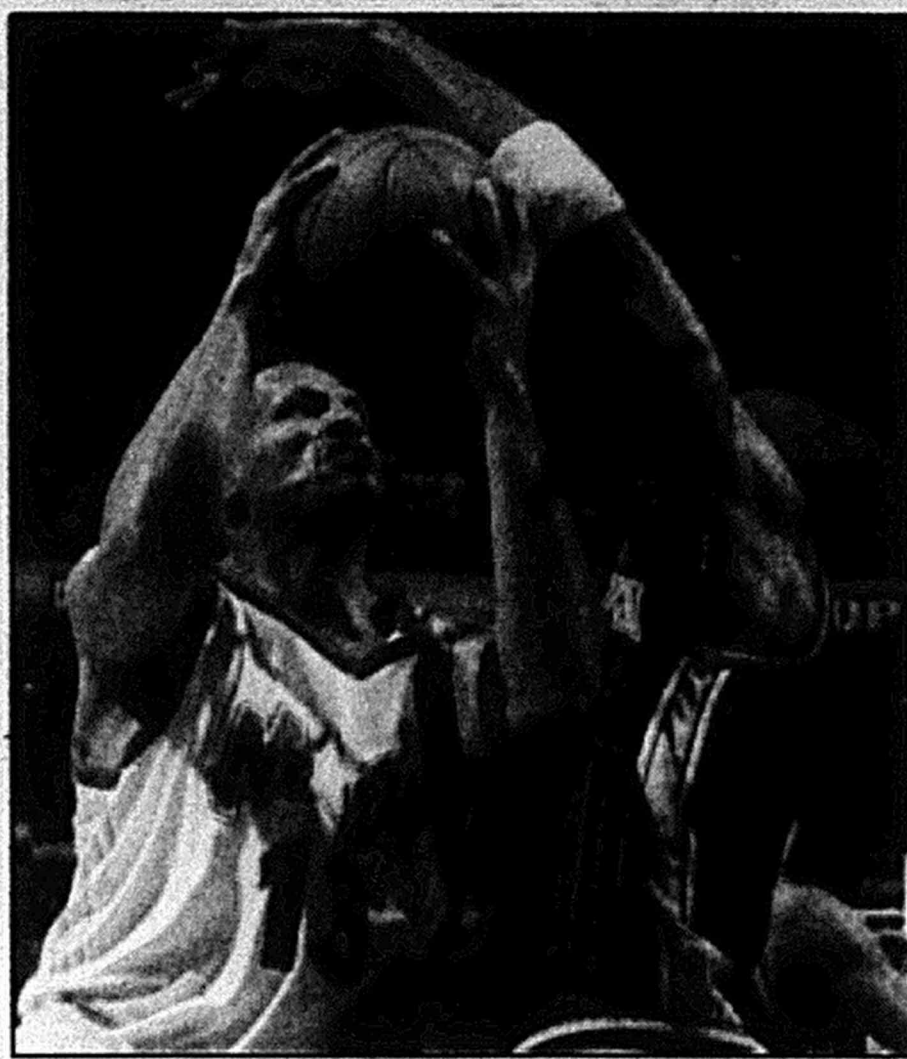
What if it was a superstar who was the first player to come out?

What if he came out during his career? How would we react then?

We'd like to think we'd be understanding, that we'd be tolerant.

But there's the magic word, the word that is suppressed in every reaction to this story. The word that shows us just how little we understand, and how ill prepared we really are to deal with an openly gay player.

That's not to say that we're ignorant, just that we wouldn't know what to do or say, and that uncertainty



Orlando Magic's John Amaechi tries to muscle around Pacers star Jermaine O'Neal Jan. 30, 2001 in Orlando.

could lead down a dark road.

Sam Mitchell, coach of the Toronto Raptors, is one of the few that does understand.

"It should be about respect. People should treat people as human beings. I wouldn't use the word tolerance. Are people supposed to tolerate me because I'm black? Or are they supposed to treat me with respect because I'm a human being?"

Of course, the only way to know how to deal with this situation is to deal with it. There is no training that could prepare us for it.

But when it does happen, whether it is a career nobody or an MVP who finally comes out during his playing career, we will just deal with it as it happens.

Hopefully it will be the right way. ■

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