

The Captain's Log

The Official Student Newspaper Of Christopher Newport University

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www.cnu.edu/captainslog



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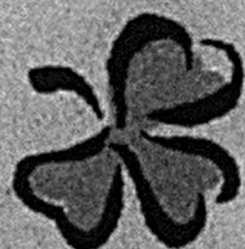
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Einstein's cuts the cord

By ASHLEIGH TULLAR
Captain's Log Intern

Einstein's Café is now the first campus location to use wireless Internet connections outside of the computer labs. It is now connected with the same server that is used in the Gosnold computer lab.

Now that Einstein's features wireless Internet there is hope that students and faculty will be encouraged to come in and grab a cup of coffee while surfing the Internet.

Senior Brian Wrestler is an Einstein's Café employee who has used the wireless Internet for study groups and found it to be much easier without his Ethernet cord snaking across the

café to where the bar is.

"It is more convenient for staff and students to connect. I work until midnight and the wireless server makes it easier to be on the Internet," he said.

Computers are no longer available in the café so you must bring your own, and to use the wireless Internet you need to have a wireless card in your computer.

Senior John Gillerlain uses the Internet in Einstein's frequently when he is on campus Tuesdays and Thursdays.

Although his computer is equipped with the wireless access card, he was unable to use it Wednesday night. Gillerlain said, "I have mixed emotions of confusion and annoyance with the new Internet system."

When asked how he felt about the whole campus becoming wireless in the future he responded by saying, "If they can keep it consistently working it would be good, but it seems a bit of a pipe dream."

Assistant Director of IT Services Andrew Crawford said that IT Services is planning a significant expansion in wireless capabilities for the campus.

The focus will be on deploying wireless access where it will have the most impact, such as residential areas, the library and the new student center.

They are also planning on implementing partial wireless access in CNU Village. The wireless plans will show significant progress over the summer of 2005.



Freshman Jessica Bowman and sophomore Holly Barrack use the new wireless internet services in Einstein's.

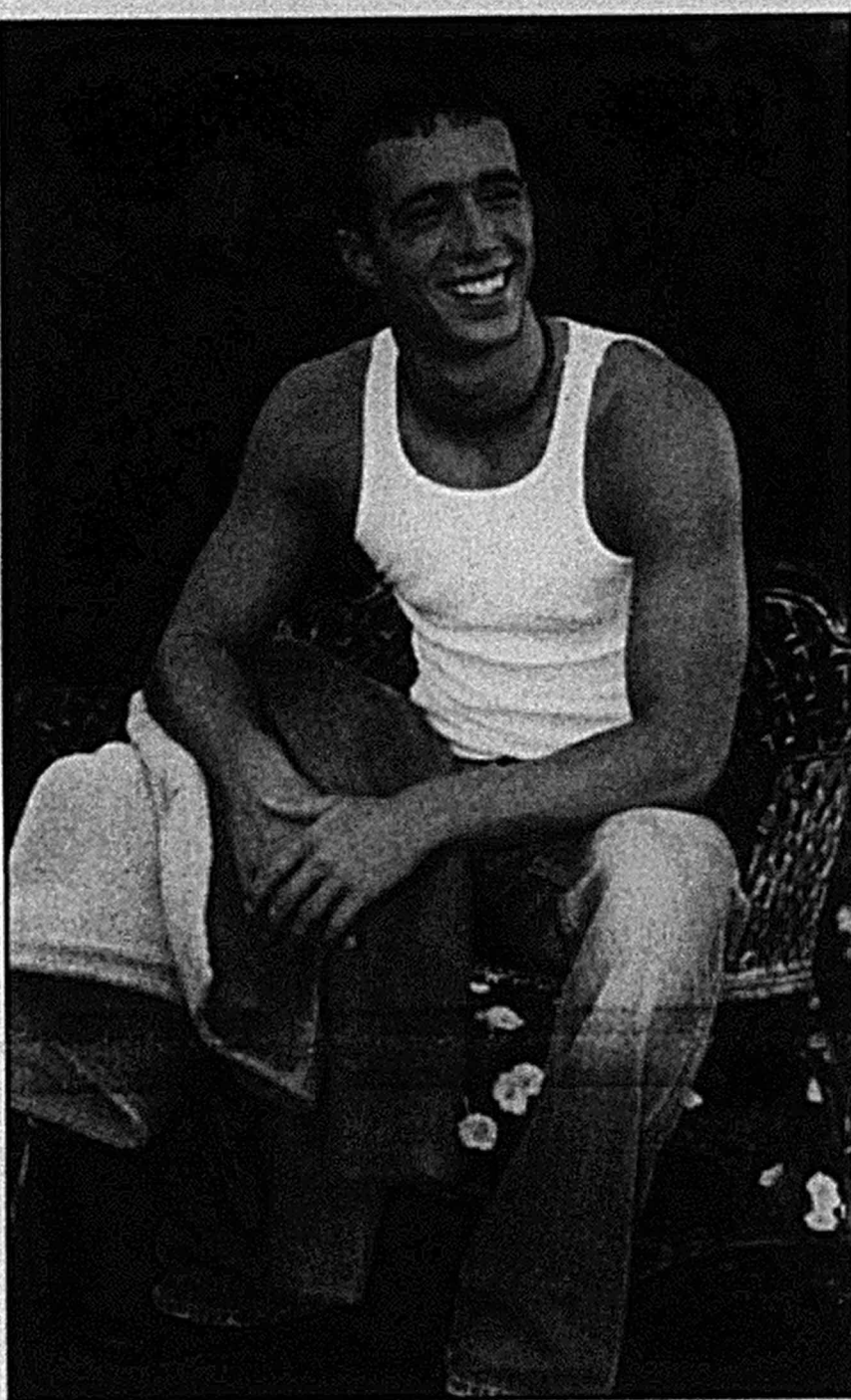
If wireless Internet users are worried about computer security Crawford said, "The new campus wireless network will be built with a focus on security. Users will authenticate to the

wireless network before being allowed to access the Internet.

It will not be possible for unauthorized individuals to view the information of CNU wireless users."

Student dies in Belgium

By ALIYA ALTAFULLAH
Captain's Log Intern



Junior Jonny Besecker died during a trip to Belgium over spring break.

This year's spring break started off on a grief-stricken note as the university mourned the loss of 19-year-old junior, Jonathan "Jonny" Besecker. Besecker died from carbon monoxide poisoning while on a CNU-sponsored group trip to Belgium over the break. The community was notified when a campus-wide e-mail was sent out the day after the tragic accident.

A political science major as well as a former member of the track team, Besecker was among a group of 20 students and three faculty members that left for Europe on Feb. 25. The accident happened around on Feb 28 at 5:30 a.m. at a rental home in Brugge, Belgium. Three other students including Jamie Naughton, Kevin Orchison and Joe Simons as well as history professor Eric Duskin were also affected by the gas and taken to the local Belgian hospital for treatment. They recovered and were later released.

Junior Steven O'Dwyer attended the Belgium trip and ar-

rived at the house around 8 a.m., (shortly after the accident) with senior Thomas Welch. "We had no idea what was going on, we just got to the house and it was surrounded by cop cars and ambulances." Although the Belgian police spoke broken English, O'Dwyer and Welch understood enough to realize the situation. "The cops didn't know who we were, so they couldn't tell us which student it was. We were both in shock and spent the next couple hours at the neighbor's house, not knowing who was still alive."

The cause of the carbon monoxide leak is still pending investigation and the State Department is working with Belgian officials to confirm specifics. It is still unclear as to what exactly caused the gas to seep into the house. The majority of the gas leaked onto the 3rd floor of the rental home and into the bathroom. According to Belgian police, carbon monoxide poisoning happens often and the results are usually deadly. A majority of European homes don't even have smoke detectors, let alone carbon monoxide detectors.

After Besecker's family was

notified of the tragedy, Dean of Students Donna Eddleman accompanied Besecker's mother to Belgium to make arrangements with the American Embassy.

Funeral services were held on March 8 at the Mt. Moriah United Methodist Church in White Hall, Va. Family and friends in attendance were all asked to wear pink since that was the color worn at the funeral of Besecker's grandfather. A memorial service was also held at Effort Baptist Church in Fluvanna County on March 12. The University provided transportation for students to the service with buses departing from the Freeman Center. CNU is also holding a memorial service on March 17 at 4 p.m. in the Ferguson Center.

"I don't think a single person could say a bad thing about Jonny," said track member Brandon Miles, sophomore. "He was so good to everybody. I can take a lot of comfort in knowing that he is up in the heavens, because he truly lived out his faith in

SEE BESECKER, PAGE 4

Two nominated for scholarship program

By CATHY EVANS
Captain's Log Intern

The Jack Kent Cooke Foundation will receive two nominations from Christopher Newport University for the Jack Kent Cooke Graduate Scholarship program.

The nominees will compete with others from various universities across the United States and 33 other countries.

The two selected from CNU will be competing with other nominees for approximately 65

scholarships for individuals attending graduate school in fall 2005.

Students competing for the nominations will need to have their application materials turned in by March 25.

The committee will then select two students to have their applications compete amongst thousands for graduate scholarships.

The Jack Kent Cooke Foundation Graduate Scholarships can total up to \$50,000 per year for six years of advanced study.

The award covers a portion

of educational expenses including tuition, living expenses, required fees and books for the graduate degree of the candidate's choice.

The amount and duration of the award is decided by the cost of attendance, length of graduate program and if other scholarships and grants will be received.

To be considered for a nomination, the candidate must be a senior as of Dec. 31, 2004, or have graduated after spring of 2000, with plans to begin graduate school this upcoming fall.

Candidates must also have a cumulative GPA of 3.5.

There are three professors on the committee who will decide among the contestants based on a list of criteria.

Mostly the committee will look for academic ability and strong grades especially in the last two years of school.

Other factors include motivation and will to succeed, leadership roles, public service, appreciation for arts and humanities and ability to think

SEE COOKE, PAGE 3

Campus landmark vandalized over spring break

By ASHLEY MILLER
Contributing Writer

Rice paper windows of a Japanese Teahouse are easily broken.

It could have been the family of squirrels that now live in the thatched roof, or a strong gust of wind, or, perhaps, someone seeing how far they could throw a rock.

Regardless, it happened - the windows of the Japanese Teahouse were broken just before spring break.

This lonely landmark was brought into the light for a moment by this event.

The teahouse, which is an exact replica of one that still stands in Japan today, was originally part of an exhibit in Washington, D.C.

Dr. Anthony Santoro, head of the history department of

CNU, said that because Japanese law does not allow replicas of teahouses in the country, this particular house was going to be torn down rather than moved to Japan.

The Virginia Governor at the time, Gerald L. Baliles, went to Washington to ask if Virginia could have the teahouse.

The museum where it was housed at agreed, provided he paid to move it.

Baliles contacted Dr. Santoro, who was at the time President of CNU.

The two met, according to Dr. Santoro, in Richmond with Mr. Noland, creator of the Noland Trail, and Mr. Nagashima, then the President of Canon.

Because the university had a Japanese language program and was a public university, it was chosen as the new location of the Teahouse.

This brought together a



The Japanese Teahouse is currently located in the woods between York and Potomac.

regular area beneficiary with contacts to Virginia businesses and a man with cultural interest and contacts to Virginia-based Japanese businesses.

Each was charged with the

task of raising half the money.

Once the money was raised, a Japanese carpentry company was called in to reassemble the

SEE TEAHOUSE, PAGE 4

Athletics photographer suddenly dies

By SEAN KENNEDY
Sports Editor

Jerry Zoumplis, a CNU athletics photographer, died on March 7 at his home.

He was 62.

Zoumplis worked part time with the Athletics Department for the past two years, designing media guides and doing a wide range of photography for the school.

He was a former Sports Information Director at Hampton University during the late 1970s and owned his own photography company, Two-Peppers Production.

According to his obituary, he also played the bugle and once taught for the Young Americans Bugle Corps.

He was involved in the Virginia Gentlemen Drum and Bugle Corps as well, his obituary said.

His funeral was held at 2 p.m. at Chestnut Memorial United Methodist Church on Harpersville Road last Sunday.

Graveside service was last Monday at 10 a.m. at Peninsula Memorial Park.

Weekend Forecast

courtesy of www.weather.com

Thursday:
Rain

High: 40° Low: 36°



Friday:
Mostly Cloudy

High: 49° Low: 36°



Saturday:
Few Showers

High: 49° Low: 36°



Sunday:
Sunny

High: 53° Low: 41°



On the record Police Blotter

A student received an alcohol violation on Feb. 18 for underage possession of alcohol in Potomac South. The case was referred to Judicial Affairs.

A bike was stolen from James River Hall on Feb. 18. The case is inactive.

An alcohol violation was given at University Suites for underage possession of alcohol on Feb. 19 and the case was referred to Judicial Affairs.

There was an attempted break in to the Student Center on Feb. 21. The case is considered unfounded.

A vehicle was tampered with on the East Campus on Feb. 21. The case is inactive.

Two tires were stolen from a vehicle on the East Campus March 1 in a case of larceny that is now inactive.

A trespass notice was issued for a key that was stolen from a golf cart in a larceny case on East Campus March 2.

Embezzlement was reported March 4 in Dining Services. The case is inactive.

An alcohol violation was given at Barclay Apartments for driving while intoxicated. The case is active.

Larceny occurred in the form of the theft of DVDs from Santoro Hall March 5. The case is active.

There was a report of larceny on March 8 in the Science Building. Textbooks were stolen and the case is inactive.

An office door in Ratcliffe hall was damaged March 8. The case is inactive.

A bicycle was stolen in a larceny case from York River West March 10. The case is inactive.

A bicycle was stolen in a larceny case from York River West March 10. The case is inactive.

Seven-year-old Emma Martin, daughter of Associate professor of mathematics Dr. James Martin, played a game of hide-and-seek last Monday with other Brownies from troop 1285. The girls were on campus to sell Girl Scout cookies.

supershots

Around town State/Local News

Commission seeks consumer comments

The State Corporation Commission is asking for consumer comments on a proposal to modify the disconnect rules of local exchange telephone services for non-payment of charges. There would be three specific changes: toll blocking for non-payment of long-distance services, exemption of bundles or packages of services from the disconnection rules and permission for the disconnection of local exchange services for failure to pay charges associated with those services.

For more information visit <http://www.scc.virginia.gov/caseinfo.htm> and to submit comments go to <http://www.scc.virginia.gov/caseinfo/notice.aspx>.

For written comments write, by May 13, to Clerk of the State Corporation Commission, Document Control Center, P.O. Box 2118, Richmond, VA 23218-2118. All comments should refer to case PUC-2004-00162.

Warner announces grant recipients

Governor Warner announced the Early Childhood Partnership grant recipients. There will be three partnerships and the total grant for all three is \$1.5 million. Fairfax County Office for Children, South Hampton Roads Coalition for Early Childhood and the Partnership for Excellence in Early Childhood Education in Williamsburg are this year's recipients, receiving grants of \$500,000 each. This is part of the Governor's Education for a Lifetime Preschool Initiative.

Warner appoints Board of Visitors members

Governor Warner has announced new appointments to the University of Virginia Board of Visitors. These are: Macdonald "Mac" Caputo, Alan A. Diamonstein, Thomas F. Farrell, II and Vincent J. Mastraco Jr.

Kilgore announces gubernatorial campaign

Jerry Kilgore, Former Attorney General, will formally begin his campaign for governor with a five-day tour of cities beginning March 21 in Gate City.

Ambassador Knut Vollebaek visits Norfolk

The World Affairs Council of Greater Hampton Roads will present Ambassador Knut Vollebaek at the Norfolk Waterside Marriott April 21, 2005. For more information contact the WAC office at 757-226-1202.

Your life Campus News

CAB talent show

CAB is encouraging acts to sign up for the talent show on March 30. The acts must be faculty, staff or CNU students. Time is five minutes or less and there must not be any foul, threatening or otherwise negatively oriented language. There is a \$100 cash prize to the winner(s).

Deadline is March 18. For more information or to sign up, e-mail cab@cnu.edu. Please include any equipment needed.

Spring fest

All Clubs and Organizations interested in participating in Spring Fest should have applications in their Student Center mailboxes. These are due the CAB office (SC 208) by April 1 at 5 p.m.

The \$5 booth fee must be attached, checks made payable to CNU. For any questions, e-mail cab@cnu.edu. Extra applications available on the CAB office door.

SGA applications

SGA applications will be available in the SGA office, upstairs in the Student Center. Positions for President, Vice President and Senators, (three from each class), will be available as well as one graduate seat and seven at-large senate seats. For more information e-mail sga@cnu.edu.

Leadership Workshop

To register for free for the April 2 MAGIC of Leadership Workshop fill out a registration form at <http://www.cnu.edu/studentlife/pdf/leadership.pdf> by March 18 at 5 p.m.

Registrations received after this time will be attached to an \$8 late fee. For more details, contact the MSA at msa@cnu.edu.

Career Day Ambassadors

Ambassadors are needed as volunteers for Career & Graduate School Day on March 30. The event will be in the Freeman Center from 9 a.m. to 2:30 p.m. and volunteers must help in at least one-hour increments. Sign up in the Office of Career and Counseling Services, SC 146 or call 594-7047.

Service careers

Several faculty members are attempting to gauge the level of student interest in learning of service careers in nonprofit and government sectors.

There is a possibility of setting up workshops and networks if there is enough interest. For more information, contact Dr. Walter Wymer at wymer@cnu.edu.

Peace Corps

There will be a Peace Corps information session March 30 from 4 p.m. to 6 p.m. in SC 233. For more information on the Peace Corps, visit www.ecampusrecruiter.com/cnu.

USAA information

To all May 2005 Graduates, the United States Automobile Association is holding interviews March 17 in SC 205 from 9 a.m. to 3 p.m. Their goal is to ensure the financial security of military members, associates and their families through financial products and services.

College entrepreneurs

Collegiate Entrepreneurs, Inc. will be holding an information session about providing opportunities for college students to run their own painting branches for the summer on March 16 from 11 a.m. to 3 p.m. in SC 150.

Dean William Parks speaker

The Dean William Parks Colloquium Speaker March 17 will be Professor John D. Arras, Biomedical Ethics and Philosophy, of the University of Virginia. The presentation will be at 7 p.m. in the President's Box of the Freeman Center.

Regatta's manager suffers loss

Charles Carter, husband to Regatta's Guest Relations Manager Linda Carter, recently lost his battle with cancer. The viewing was March 10 at Carter's Funeral Home. The funeral followed on March 11 at the Fort Eustis Main Chapel.

Theater presentation

The theater department is hosting Michael Baumgarten of Amherst College and his presentation "How Artists Use Light" in the studio theater of Ferguson March 17 from 1 p.m. to 3 p.m.

St. Patty's Bash

Sigma Phi Epsilon and Mitty's Nightclub are teaming up to host the 2005 St. Patrick's Day Bash March 15 from 9:30 p.m. to 2 a.m. Admission will be \$3 at the door with a valid driver's license proving an age of at least 18 years.



Amber Neff/The Captain's Log

Campus Calendar

March 16 - 22

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
12:00 p.m. - GSSU Meeting; SC 233 2:00 p.m. - Religion Club meeting; Admin 346 2:30 p.m. - Campus Activity Board; CAB Office - Student Center 5:30 p.m. - Peer Advising Club; PAC Office 7:00 p.m. - Anime Club meeting; Gaines Theater 7:30 p.m. - Fine Arts Society meeting; art studio two	12:15 p.m. - Financial Management Association Meeting; SC 214 12:15 p.m. - MSA Meeting; SC second floor 2:30 p.m. - Men's Baseball vs. Hampden-Sydney; Captain's Park 7:30 p.m. - CNU Roleplaying Guild; SC 20 8:30 p.m. - Altered Xpressionz Meeting; Freeman Multipurpose Room 9:00 p.m. - CAB movie "Ocean's 12;" Anderson	4:00 p.m. - SVEA; RATC 112 6:00 p.m. - CAB movie "Ocean's 12;" Anderson	12:00 p.m. - Men's Baseball vs. Averett; Captain's Park 1:00 p.m. - Lacrosse vs. Ferrum; Captain's Field 7:30 p.m. - Miss Essence/ Mr. GQ Pageant, Gaines 10 p.m. - Miss Essence/ Mr. GQ Afterparty, Freeman Center	1:00 p.m. - Men's Baseball vs. Averett; Captain's Park 4:00 p.m. - Catholic Campus Ministries Mass, SC 150 5:00 p.m. - Captain's Log staff meeting; SC 233	12:00 p.m. - Baptist Student Union Meeting; SC 233 12:15 p.m. - Gay-Straight Student Union Meeting; SC 214 3:00 p.m. - Young Democrats; Student Center Lounge 7:00 p.m. - CNU Rowing Club Meeting; SC Lounge 8:00 p.m. - Joel 2:28; Barclay 48 8:00 p.m. - Open Mic Night; Discovery	12:15 p.m. - College Republicans; SC 150 12:20 p.m. - Biology Club meeting; Science Bldg. 131 7:00 p.m. - Campus Girl Scouts Meeting; SC 205

Senate debates, finalizes retention survey

By PHILIP LECLERC
Contributing Writer

On March 7 and March 14, the SGA Senate met and considered a handful of student plans, organizations' projects and discussed possible memorials for students who have died as well as several projects the senate had engaged in the weeks prior to and during the two meetings.

A survey meant to gather data on retention issues was introduced by SGA Senate Secretary Christine Warner and was discussed and brought near to completion.

At the first meeting, the survey was still in its beginning stages, and the senate discussed the general nature of the survey. Warner opened discussion on the retention survey, and asked

what sort of questions the senators would suggest adding to a list of questions she had already written.

Senator Justin Egan said to add "something about if you have a car on campus, or if you have easy access to transportation to go out and do stuff."

Chief Justice Kelly Word spoke as well, saying that the list of questions should ask whether students read the portal announcements found in their e-mail accounts.

Lastly, President Melissa Bell said, "Maybe a question like 'Do you think CNU's reputation hinders my post-graduate work?'"

Some members of the senate said this would weaken the survey's focus, which was retention. However, Senator Rebecca Layman said that (based on her

experience with the Faculty Retention Committee on which she has been working) Bell's question was relevant.

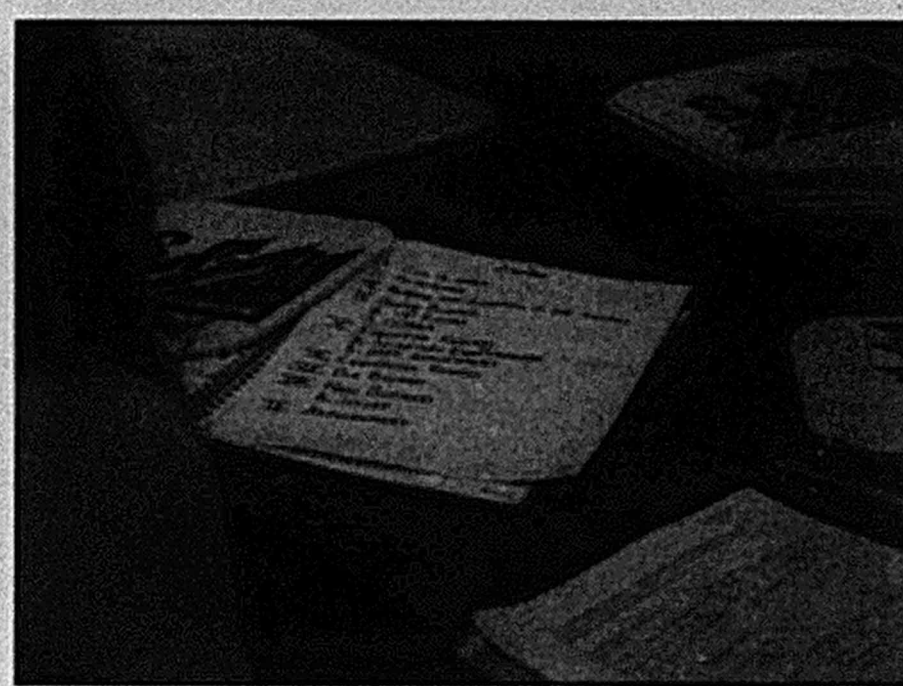
"What do you guys think about the one, two and three?" asked Warner, referring to the survey's answer format. Secretary of University Affairs Christina Eggenberger said that the format could be changed from a one-to-three range to a one-to-five range to better reflect students' opinions, but the idea was rejected.

On March 14, the senate came closer to finalizing plans for the retention survey. "The revised version that was sent out to you all is the one that's going to Dr. [Jean S.] Filetti and [Dr. Quentin] Kidd and a few other administrators," said Warner, addressing the senators. Warner has asked Filetti and Kidd to

revise and improve the survey from a technical perspective.

"As soon as we get that response, I've already made drop boxes that will be in all the residence halls, all the dining halls and the government department," said Warner. Warner was looking for more departments to help distribute the surveys as the meeting drew to a close as well. "By the end of the week we'll have the retention surveys out at all the different locations," Warner also said.

The senate also met with and discussed a number of student and administrative proposals; the History Club met with the senate to discuss attempting to raise funds to relocate the Japanese Tea House off-campus; Bell presented a student proposal to the senate regarding the possible creation of a safe-

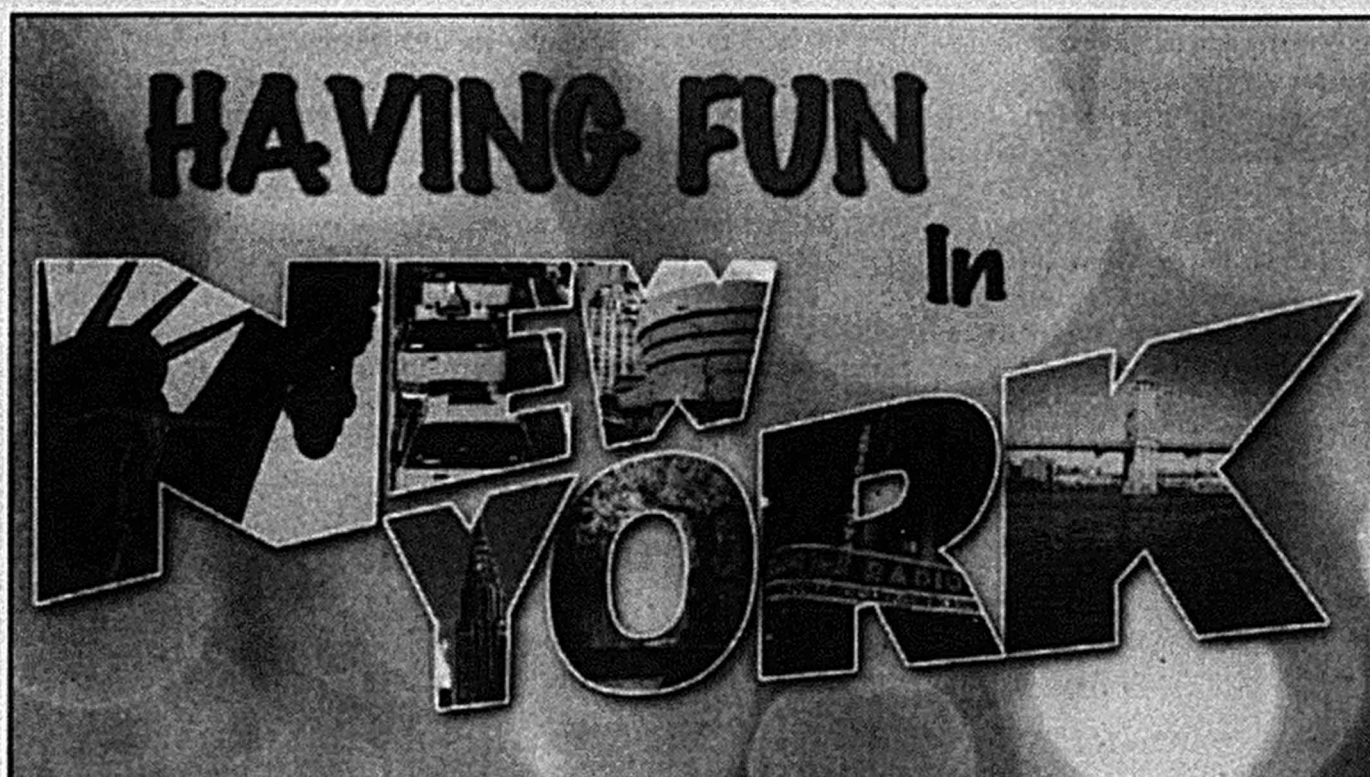


Page Mankin/The Captain's Log

Due to printer problems, the Senate kept minutes by hand at last Monday's meeting.

driving program on-campus; Senator Mehreen Farooq opened discussion of possible memorial possibilities. Also, Inter-Club

Association Representative Erin Greene reported on the recent changes the ICA has attempted to make to its constitution.



Live From New York ...

It's the CNU New Alumni and Senior Party

CNU Classes of 2002, 2003, 2004 and 2005

April 8, 2005

7 - 11 p.m.

St. Michael's Hall

100 Harpersville Road

Newport News

Sponsored by The CNU Alumni Society and the



Heavy hors d'oeuvres
Martini/Cash Bar
Comedy Show
Dancing with DJ Tanner
Giveaways

\$9/person or \$16/couple

\$10/person or \$20/couple at the door

RSVP by April 1, 2005

(757) 594-7179

alumni@cnu.edu

Name(s): _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
E-mail: _____
Year of Graduation: _____

PAYMENT INFORMATION

#Attending: _____ @ \$16/couple \$9/single = \$ _____

_____ Check (made payable to CNUAF)

_____ Credit Card

_____ MC _____ VISA

Card #: _____ Exp. date: _____

RSVP by April 1, 2005

CNU Advancement Office • 1 University Place • Newport News, VA 23606-2998



Page Mankin/The Captain's Log

Assistant reference librarian Amy Boykin smiles while going about her everyday tasks.

Librarian Amy Boykin lives her dream

By JESSICA SCOTT
Contributing Writer

Every student, at one point or another, has experienced the daunting task of beginning mass amounts of research for the paper assigned months ago, only days before its due date.

What many students may not know as they enter the Captain John Smith Library is that there is one woman ready and willing to drop whatever she is doing to help students in their moments of research despair.

"I love to research, but please, please don't make me write," said Amy Boykin, an assistant reference librarian.

Boykin then left her post at the reference desk and guided a bewildered young woman over to the long row of computers. Sitting her down, Boykin directed her to what she was looking for in Proquest, an online database of articles.

Since the eighth grade, when she was an assistant at her school's library in Gloucester County, Va., Boykin knew what she would do with the rest of her life. After receiving her English degree from Christopher Newport College, she attended Librarian's school at the University of North Carolina at Greensboro.

In 1995, to her own surprise, Boykin found herself once again at Christopher Newport University, working part-time in the Captain John Smith Library.

When the position of full-time assistant reference librarian opened up, she applied without a second thought, she said.

"Assistant reference librarian is on the lower wrung of positions," Boykin said proudly, "and that's what I wanted. If I was in anything else I would lose the one-on-one contact with the students."

As a librarian who hates to write, Boykin empathizes with the students who come to her. "I know what it's like to be in their shoes," she said.

To gain tenure, Boykin had to write various articles, and have them published. "I am the world's worst procrastinator," Boykin said with a chuckle.

Boykin's own library of writing includes two published book chapters, and numerous articles including "Treasure Trove of American Sheet Music: The Josephine L. Hughes Collection," her most recent article located in "Virginia Libraries."

Perhaps her favorite work is her children's biography of Captain Christopher Newport simply titled "Christopher Newport," which Boykin wrote with the help of Associate Professor of History Dr. Timothy E. Morgan.

There is no information on Christopher Newport written on a level that children would understand, she said. "They needed something, especially since they are being tested on it in the SOLs."

When not happily assisting students at the reference desk for her two-hour rotation, Boykin works in her office surrounded by brightly colored posters, quite possibly the largest Webster's dictionary in the world, scholarly magazines and a quote saying "The difference between genius and stupidity is that genius has its limits."

When most students picture the stereotypical librarian, they probably see a prim and proper woman, with her nose in a book, stopping her own reading just long enough to shush those around her.

Sending e-mailed jokes, when not cracking them around her co-workers, would better fit Boykin's mold. Boykin can be spotted not only in the library but also in the classroom talking

about the importance of research, and how to research effectively.

It is a joke around the library of how "hush hush" the databases are, and it shouldn't be like that, she said. "I'd like to offer guidance if I can," Boykin said. Working in the classroom isn't easy work for her. "I'm always very nervous before I begin," she said.

Helping current students in the library is just one of the many things Boykin chooses to do. On Tuesdays she can be found working with members of the Life Long Learning Society. They meet once a week for approximately seven weeks for Boykin to demonstrate the many uses of the library.

Boykin just recently presented an extensive Power Point presentation of the layout of the library to her Life Long Learning students, because the library is currently too confusing to navigate through. The construction of the new library has limited her most in working with students young and old. "It's just horrible," Boykin said.

Explaining where things can be found while there is so much noise is difficult, she said. Still, she looks forward to the opportunities and space that the new Captain John Smith Library will provide.

Boykin will face the transition to the new library the same way she faces an opportunity to help a student with their research paper: enthusiastically.

"She's a good librarian with a ready smile," said Doris Archer a Public Service librarian.

The student Boykin had been helping suddenly looked up with the classic "light bulb moment" look on her face.

Before going to help the next weary researcher, Boykin made sure to tell her where she would be if the student had any more questions or needed help.

Silent Witness Program

The "Silent Witness" program is an anonymous Internet-based reporting tool for all students, faculty and staff to use when they are aware that a crime has occurred or is about to occur. This program allows any individual to send anonymous information directly to the University Police Department's Investigator. To report a crime to the University Police, please contact them at: <http://www.cnu.edu/silentwitness/>

If the crime that you are reporting is "in progress" or currently happening, call University Police immediately at 594-7777.

This information is confidential and anonymous. University Police will not try to contact or locate you at any time. You will not be asked to testify should the information lead to an arrest.

COOKE, FROM PAGE 1

critically.

This is the third year that the university has been involved in the Jack Kent Cooke Foundation.

Dr. Andrew Velkey, a member of the CNU committee, said that there has been limited competition in the past and desires for more students to apply this year.

Though last year's selections were limited, Velkey is often surprised at the students who compete because of their outstanding public service and

drive to succeed.

"We'll have students that are a government major but are members of a folk band," he said.

There are two stages of the process.

The first stage is where students can apply to the university committee and the committee will select two finalists to send to the Jack Kent Cooke Foundation for the next selection of competition.

The foundation then will look at the same criteria as the university but will also focus on students who financial needs are

significantly unmet.

It is the foundation's mission to help high-achieving students to meet their goals if possible.

Scholarship winners from last year enrolled in various graduate programs from Yale University to Virginia Commonwealth University to schools in other countries like England and France.

Last year 39 were chosen from a pool of 1,226 nominees.

"The Jack Kent Cooke Scholarship targets a certain group who are likely to be the leaders of the future," said Velkey.

Fall 2006 to host curriculum changes

By ASHLEIGH TULLAR
Captain's Log Intern

With Vision 2010 still in progress, the future of CNU focuses specifically on the curriculum, students, faculty, campus and the community.

The two most obvious changes have been made in the campus and curriculum. One of Vision 2010's goals for the campus is to employ state-of-the-art technology in the university.

This goal has already come into view: wireless Internet has just been deployed in Einstein's Café and there are plans for more wireless locations on campus in the future.

"I feel like since we see them working on the new buildings everyday, it seems to be coming along very slow, but they are making progress. I noticed the changes more when I came back from spring break," said sophomore Zach Crump.

CNU Village will be the newest addition completed in the summer of 2005.

Plans to bring in restaurants and businesses are underway. "The types of businesses we are hoping to have in CNU Village include a coffee shop, a sub shop, a couple of restaurants (one having a CNU theme), hopefully a video rental and a nail and tanning salon," said Executive Vice President Bill Brauer. "When we are choosing the shops the priority is students first - we aren't going to have jewelry and antique shops in there. We want to include places that would be of interest to all students."

According to the Vision 2010 Web site, the fall 2005 curriculum will change, with new seminars and special topics classes required for incoming freshman.

General education requirements have also been changed for the Fall 2006 freshmen.

The requirements will include a liberal learning core. The

core consists of three main focuses: liberal learning foundations, liberal learning areas of inquiry and liberal learning emphasis.

The second language literacy requirement will require students to take a foreign language even if they completed three years or more in high school.

Students who already have three years worth of a foreign language will be required to take the language at the 200 level. Students who do not enter with foreign language credit will have to take the 100-102 levels and 200 levels.

"I personally came to a liberal arts college because it allowed me the freedom to take many different classes without stipulations. I think changing it and requiring students to take classes that they may not want to take in the first place is defeating that purpose," said sophomore Regina Glaser.

Library home to rare sheet music

By ERIN ROLL
Contributing Writer

The Captain John Smith Library is home to a small but valuable collection of rare sheet music.

The Josephine L. Hughes Collection of American sheet music consists of more than 5,000 pieces of sheet music and 60 books, said Assistant Reference Librarian Amy W. Boykin.

"This collection will be valuable for many kinds of research," Boykin said. "Many pieces in the collection have unusual stories to tell or were created for special purposes."

The collection itself has an interesting background. As one of three sheet music collections now kept in the library, it was originally the property of Cary McMurrin, one of CNU's founders. McMurrin was also a conductor and a music teacher. The collection eventually went to Josephine L. Hughes of Charleston, S.C.

In the mid-1980s, Dr. James Hines went on a research trip to Charleston, in search of works by the nineteenth-century composer Charles Gilfert. Some of Gilfert's pieces were known to

have been in the collection.

By that time, Hughes had passed away, and the collection was being kept in storage in boxes at the home of other family members.

Hines believed that the collection would be better off in a university library and was able to convince Hughes' children and other relatives to let CNU have the collection.

"As an American musicologist, I was able to convince the relatives that the collection could be properly cared for in a university library and that I would like to see it come to CNU," Dr. Hines said.

The collection was stored in the music department until 1999, when it was moved to its current location in the library. The library has since then been conducting an inventory on the collection's contents.

The collection itself, said Boykin, is kept on the second floor in Archives and Rare Books, and is not accessible to the public at this time. However, 16 of the pieces are on display on the library's Web site.

Thirty percent of the collection has been inventoried so far. Two of every three pieces are from the pre-Civil War era and another 25 percent of the evaluated pieces are pre-World War I. The oldest piece so far in the collection dates to 1797, and the

most recent dates to the 1950s.

The genres in the collection run the gamut from popular to classical. "All kinds of music are represented, from the most highbrow and classical works to the popular pieces of the day," Boykin said.

The scores are arranged for vocals and a variety of instruments, including the piano, guitar, banjo, flute and trumpet.

The displayed pieces on the Web site include two hand-written manuscripts. One is "Lil-liburlero," an army song once popular with 17th-century British forces stationed in Ireland. The other is the slightly tongue-in-cheek "Horticultural Rag."

The commercially printed pieces include a short movement, "Alnilam." It is the second part of a three-part piece, "The Three Maries," written for the piano in 1941 by Brazilian composer Hector Villa-Lobos. It was inspired, said the piece's inside cover, by a popular Brazilian children's story.

The Josephine L. Hughes collection is covered under the university's insurance policy; however, its monetary value is not known at this time.

"For a university our size, the collection is rather small," Boykin said. However, she hopes that new pieces of music will be added to the collection as the funds become available.

BESECKER, FROM PAGE 1

God in the way he lived out his life and how unrelentingly genuine he was in showing compassion and care to every person he came in contact with."

Besecker was a graduate of Fluvanna High School in Palmyra, Va. He worked in the Admissions Office on campus and was also employed at Abercrombie and Fitch.

Besecker is survived by his mother, Tammy Sue Besecker; stepfather, Troy Zeller; and younger sister, LeAnna Michelle Besecker, as well as many other relatives and close friends.

"Jonny was one of the most influential people to me," said friend and track team member, sophomore Matt Weissenborn. "He lived every day to the fullest. He will be greatly missed by everyone."

On April 16, the track team along with the United Campus Ministries are planning to sponsor a race in honor of Grace Lovegrove, who died from cardiac arrest earlier this semester. Now, the race will be a tribute to both students.

TEAHOUSE, FROM PAGE 1

Teahouse where it stands today on the edge of campus.

They lived in a house near campus and for a time were a part of campus life.

They brought in 3,000 lbs of sand from Japan to sand the wood, because they would not use sandpaper, and held carpentry competitions with local carpenters.

They spent six weeks in the reconstruction.

On Sept. 20, 1989 Jochi Yabunouchi, Grandmaster of the School of Tea in Kyoto, helped dedicate the teahouse and then performed the first tea ceremony inside.

Finally, the university had its own version of what Japan considers a national treasure.

Dr. Santoro believes that the university completely deserves the teahouse.

"A teahouse is a place of repose and contemplation," he said.

"You see people, young people, going to a teahouse just because they want to touch their roots."

There is now much speculation as to what the fate of this building will be.

Since the termination of the Japanese Language program the teahouse has fallen into disuse.

Some people on campus, who were unavailable for comment, have been trying to save it.

Dr. Santoro said he would like it to stay on campus, but he admits that would not be easy.

"There is no question that maintaining it would be difficult," he said.

He also said that he would like to see it placed inside a building or at the very least covered.

Third-year student Hillary Turner says that the History Club has been part of discussions to move the teahouse into the Ferguson Center, though no plans have as yet been initiated.

"It's just been talked about," she says.

Only time will tell the fate of this fragile landmark.

What are you doing for St. Patrick's Day?



I'm probably going to be working in the residence halls, where I'm an RA. I'm boring.
- Scott Jaeschke
Junior

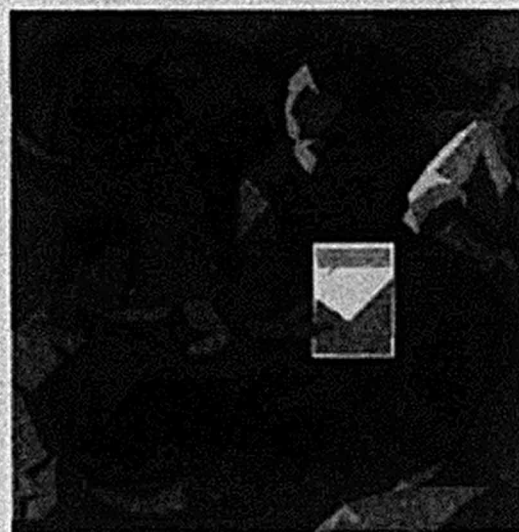
Probably going to go out with my friends and drink a little alcohol. I want to go down to [a bar] in Norfolk with a gang of friends.

- Jessica Paggett
CNU Secretary



I was planning on going to class, but most likely I'll be drinking and wearing green.
- Marshall Huss
Junior

Christopher Newport University Office of Career & Counseling Services



Spring 2005 Career & Graduate School Day

When: Wednesday, March 30, 2005

Where: The Freeman Center

Time: 10:00 A.M.-2:00 P.M.

Career Fair Preparation Workshops

"How to Prepare a Winning Resume"

March 21, 12:15-1:00 pm, SC Lounge March 22, 7:00-8:00 pm, SC Room #233

"Finding an Internship at a Career Fair and Beyond"

March 21, 1:15-2:00 pm, SC Lounge March 22, 7:00-8:00 pm, SC Room #214

"Dress for Success at a Career Fair and Beyond"

March 21, 7:00-8:00 pm, SC Room #214

"Getting an Interview at a Career Fair: Marketing Yourself Effectively"

March 23, 7:00-8:00 pm, SC Room #233

"Navigating a Career Fair for Graduate and Professional School Admission"

March 24, 7:00-8:00 pm, Ratcliff, Room #117

DRESS TO IMPRESS! BRING LOTS OF RESUMES!

Opinions

Where We Stand

The Captain's Log staff extends our sincerest condolences to the friends and family of those individuals our community has lost

Usually, the Where We Stand is an opportunity for the editorial board of The Captain's Log to form an opinion on an important policy or procedural issue affecting the CNU community. The issues tackled in this editorial have encompassed topics including the cancellation of Winter Commencement and student apathy to policies and procedures adopted by governing institutions at CNU.

The current issue affecting our community is not only one of importance, but one that hugely affects every individual at CNU. While other problems are currently influencing our community, the most important is one that is incredibly close to our hearts.

The CNU community recently suffered sad and tragic losses in the deaths of student Jonny Besecker, athletic photographer Jerry Zoumplis and Jerry Carter, husband to Food Operations Assistant Linda Carter. These losses come less than two months after the death of freshman cross-country runner Grace Lovegrove.

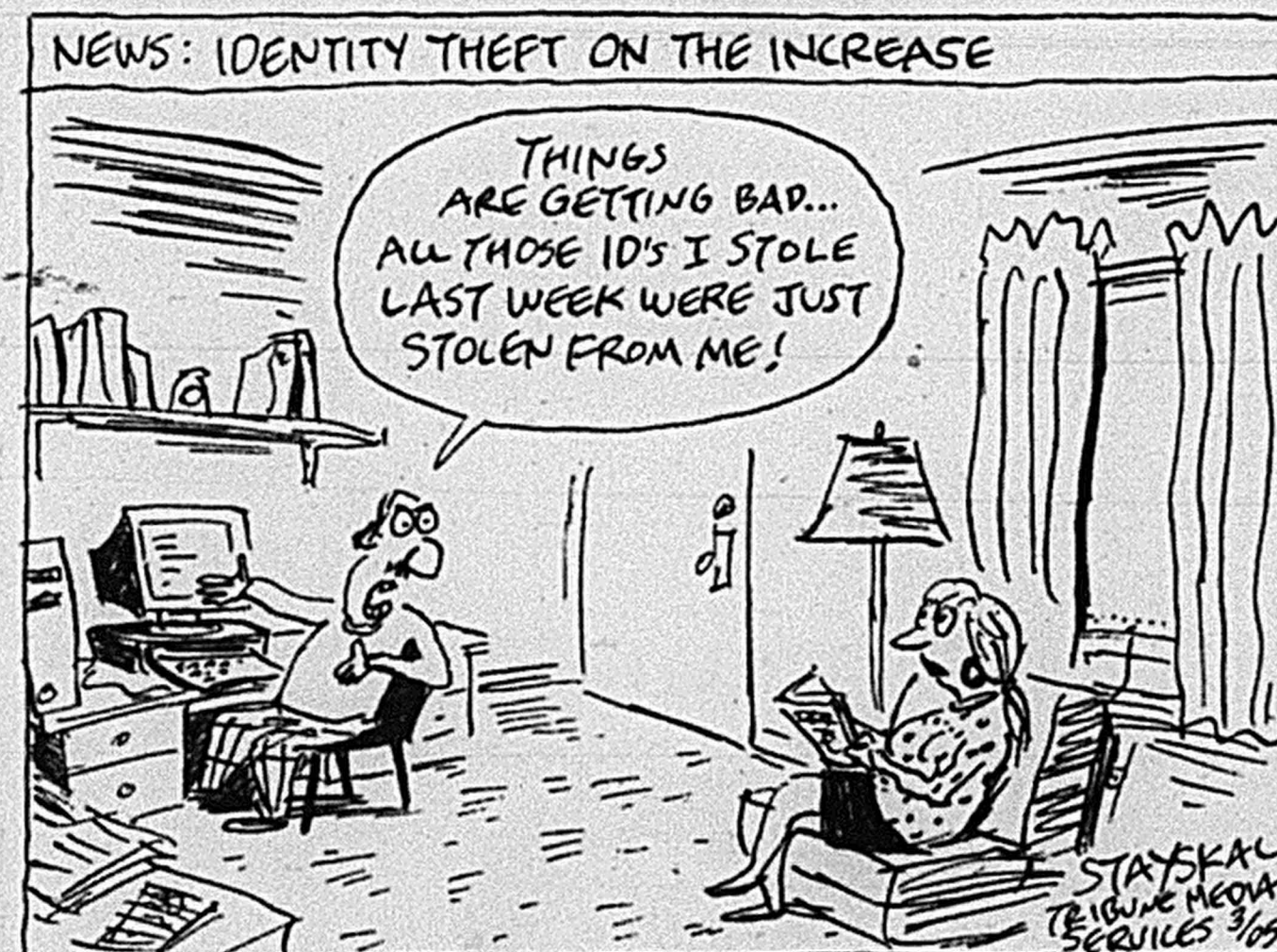
There comes a time in everyone's life where the reality of death and grief can become too much to bear. Feelings of isolation and depression are not uncommon when grieving. Sometimes, the most difficult task is to return to normal, everyday life.

Whether a death is sudden or expected, individuals affected by a loss of a loved one can expect to be struck by a barrage of emotions, ranging from anger to sorrow. Sometimes, especially when multiple losses occur within a short time period, these feelings may become overwhelming.

No one in our community should have to deal with their grief alone. To find help, contact the Office of Career and Counseling Services at 594-7047 or visit them on the Web at <http://www.cnu.edu/occs/Home.htm>. For more information or to find grief counseling off-campus, visit the American Hospice Foundation at <http://www.americanhospice.org> or The Dougy Center at <http://www.dougy.org>.

The recurrence of such a sad and tragic event is difficult and incredibly hard to overcome. Thankfully, the community at CNU provides a strong and supportive network for those affected by these tragic losses.

There are many individuals on campus currently experiencing the same feelings of sorrow and loss. It is important to remember that in a community, every individual has suffered or will suffer the loss of a close friend, fellow student, mentor, teacher or family member. Such losses remind us how similar we all are, and bring us together in these times of tragedy.



The Captain's Log

2004 - 2005 Staff

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Layout and Design Manager/Chanelle Layman
Asst. Layout & Design Manager/Patrick Horan
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Circulation inquiries, advertising rates, and policies are available upon request by telephone, (757) 594-7196, e-mail or on our Web site. The

Captain's Log is created with Apple Macintosh computers, using Adobe InDesign.

The Captain's Log reserves the right to edit letters according to style and length, as well as to refuse publication. The Captain's Log welcomes letters from its readers. Send letters to: The Captain's Log, 1 University Place, Newport News, VA 23606.

Letters may also be brought to our office or sent to us by e-mail at clog@cnu.edu. Anonymous letters may be printed, but writers must

sign the original, providing a full address and telephone number for verification purposes.

Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication. Corrections/Clarifications to The Captain's Log will be published in the issue following the error.

Fresh Perspectives

Compliance defines a safe campus

The moral tone of an organization is directly manifested in the extent to which it proactively operates a meaningful compliance program, and this is no less true for Christopher Newport University.

Compliance programs anticipate risks to an organization and its constituents, and are expected to prevent, detect and report legal violations, as well as respond immediately with corrective action when problems arise.

One can infer that an organization is "willfully ignorant" of its risks and offenses if it does not make an effort to establish an effective compliance program, including the anticipation of risk.

But the logic for a meaningful compliance program goes beyond the protection it affords against criminal and civil liability — it is simply the right thing to do.

Organizational compliance programs must not be "cosmetic." Rather, such programs must exercise "due diligence" in efforts to achieve effective compliance.

Robert Midgette and Valerie Lavinder operate the University's "Auditor's Office," which is an independent entity directly charged with ensuring all aspects of compliance at CNU. There are obviously complex compliance issues affecting a university.

Assessing "risk" to the University includes everything from attending to sidewalks after a snowstorm to computer hacker and password protections. Preventing "offenses" by the University would encompass illegalities associated with unsafe working conditions, hazardous waste disposal and financial transactions.

And, preventing "offenses" against the University and its constituents would include guarding against acts of theft and assault.

There are many other compliance matters. The University Architect must comply with all building codes for new or renovation construction (including fire alarms and extinguishers, elevator inspections, and structural concordance with the Americans with Disabilities Act) and ensure that all electricians and plumbers are properly licensed.

Food Service must follow state and local health codes, including the proper preparation, serving, and storage of the many thousands of meals served on campus daily.

Human Resources must meet the terms of all laws regarding equal employment opportunities.

And the Business Office must pay our bills promptly, and watch every penny of the tens of millions of dollars spent each year by CNU.

Compliance also includes the monitoring of standards at Christopher Newport University — are we delivering at the level we should be delivering?

CNU's compliance program tries to clearly communicate standards, policies and procedures to the proper employees. There must also be a means by which people can report compliance issues without fear of reprisal — this is the reason for the complete independence of our Auditor's Office.

Deans, directors, department heads and executives are responsible for designing and instituting control systems over their unit(s) and implementing institution-wide controls.

The ways in which the University reacts correctly to a problem (and how quickly it does so), including the disciplining of those responsible for originally preventing it, should be seen as the most significant indicator of our commitment to compliance.

The next time we speak about CNU as a "safe" campus, we should not limit our thinking to crime.

We ought to be thinking about the innumerable ways the organization acts to prevent, detect and respond to problematic incidents that threaten the integrity and quality of our overall environment.

In the end, everyone within the campus community is individually responsible for helping Christopher Newport University strive to be a good organizational citizen.

Dr. Gary Green

Department of Government and Public Affairs

March is National Social Work Month

By LAUREN GIANNINI
Social Work Association President

March is National Social Work Month, and I'd like to tell you and your readers more about how the social work profession is playing a vital role in our community.

Professional social workers have the right education, experience and dedication to help people help themselves whenever and wherever they need it most.

Social workers are uniquely trained to help people in

their environment, looking at all dimensions of the individual's life and culture to help them achieve well-being.

Social workers understand complex support systems and work to connect people to the resources they need.

Focusing on a person's strengths, not on their weaknesses, social workers help people reach their potential.

From children to the elderly, social workers help people in all stages of life, social workers provide services in many different situations, from adoption to

hospice care.

Social workers can be found in hospitals, schools, mental health facilities, senior centers, private practices, prisons, the military, government, corporations and public and private agencies. They continue to make the world a better place, one person, one family, and one challenge at a time.

This month, join the Social Work Association at CNU in paying tribute to the contributions social workers make on our campus and in the communities we preside.

WANTED EDITORS

News
A & E
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The Captains Log is currently hiring editors for next year.

Applications can be downloaded from
WWW.CNU.EDU/CAPTAINSLLOG.

Applications are due by April 1.

Include a cover letter, one letter of reference and three writing samples (except for photography, business manager, and layout).

All positions are paid.

Photography
Layout and Design
Business Manager

World and Nation

Congress to begin hearings on growing problem of identity theft

By FRANK DAVIES
Knight Ridder Newspapers

WASHINGTON - A growing outcry over security breaches at giant information brokers, coupled with the growing sophistication of scammers, is jolting consumers with a grim threat: They're more vulnerable than ever to identity theft.

Congress begins a series of hearings Thursday into how data-collection companies with huge databases collect, handle and sell personal information, and whether new federal regulations are needed to improve security and privacy. Capitol Hill is responding to growing consumer anxiety fueled by two serious security breaches at large data brokers, much of whose business is unregulated.

ChoicePoint, the largest information broker, warned 145,000 people last month that criminals posing as small businesses had accessed their personal data. The firm, which is headquartered in suburban Atlanta, compiles data on millions of Americans and sells it to companies and government agencies.

At least 750 people were defrauded, but California officials who are investigating the breach estimate that more than 400,000 consumers may have had their data compromised.

And on Wednesday, Lexis Nexis announced that intruders using identification from legitimate businesses were able to get access to information on as many as 32,000 U.S. citizens in a database of Seisnet, its subsidiary.

Seisnet, based in Boca Raton, Fla., and recently acquired by Lexis Nexis' corporate parent, Reed Elsevier Group, supplies data to a crime and terrorism database, called Matrix, for

the U.S. government.

As online shopping and banking boom, consumers are becoming more exposed to identity theft, security experts warn. The Federal Trade Commission reported that it was the No. 1 consumer complaint last year.

An FTC survey in 2003 found that 9.9 million Americans had their personal data stolen.

One of those victims, Ruth Wilburn of Cocoa, Fla., discovered that someone had opened 15 credit card accounts in her name and her mother's name. Hundreds of miles from her home, a "Ruth Wilburn" was charging high-priced clothes, jewelry and electronics.

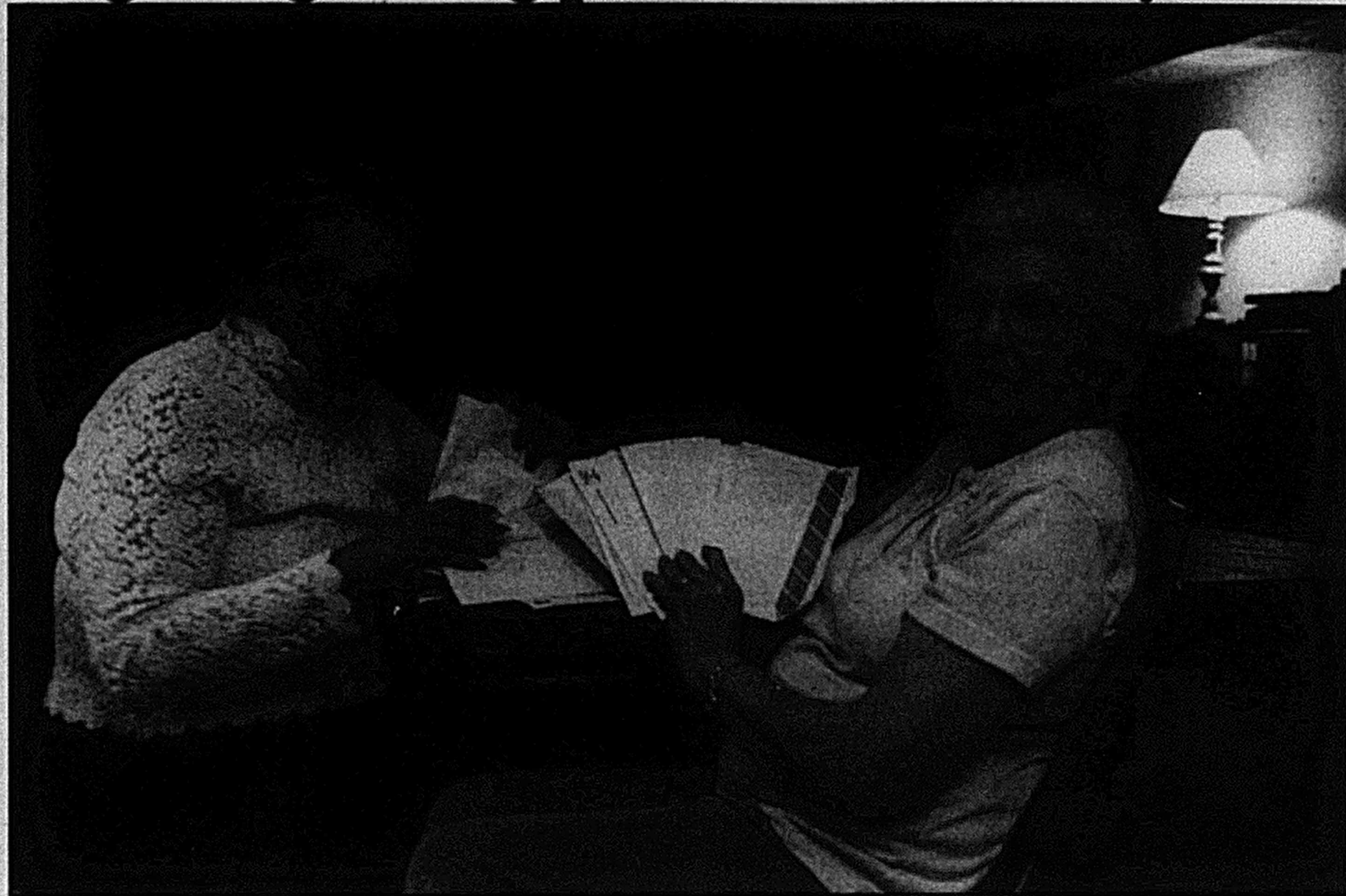
"Fighting this is like a full-time job, and there's no one place to go to get help, it has been a nightmare," said Wilburn, 43, who still has bad credit two years after the fraudulent accounts were opened.

Like many victims, Wilburn isn't sure how her identity was stolen. Thieves are finding holes in computer systems, taking advantage of insecure databases and using such low-tech tricks as persuading data brokers that they're legitimate customers.

"Identity theft is mushrooming, from college students trying to make false IDs to sophisticated criminals," said Bill Callahan, a former federal prosecutor who heads a security company called Unitel.

Several members of Congress are proposing legislation to give the FTC more authority to regulate information brokers, improve the standards for selling data and require the data companies to notify people when their personal information has been compromised.

"If we don't do something in the law, no American will



Gary Bogdon/KRT

Cynthia Millwood, right, and her daughter Ruth Millwood Wilburn, left, sort through piles of mail relating to their identity theft case. Two years ago, Wilburn and her mother had 15 credit card accounts opened in their name by scammers, and they're still struggling to restore their credit.

have any privacy left," said Sen. Bill Nelson, D-Fla., whose bill would increase FTC oversight much in the way fair credit laws cover the credit industry.

Sen. Dianne Feinstein, D-Calif., is pushing the notification bill. She said the ChoicePoint breach wouldn't have come to light without the strong California law requiring notification.

Several members of both parties also want restrictions on the use and distribution of Social Security numbers, which scam-

mers use to set up false accounts. Rep. Joe Barton, R-Texas, chairman of the House Energy and Commerce Committee, has said he favors some restrictions.

Deborah Majoras, the chairwoman of the FTC, will testify Thursday before the Senate Banking Committee, the first of several hearings, and said she's open-minded about legislation.

"We may have some gaps in the law and there may be some need for legislation," Majoras said in a brief interview after

meeting Monday with Nelson.

Consumer groups are pushing for more regulation. They also want more rights for consumers to protect data about themselves and for companies to be required to correct the information when it's wrong.

"With the fallout from ChoicePoint, I'm optimistic Congress will act because we have two important ingredients, a scandal that woke people up and the fact that states are showing the way," said Ed Mierzwinski,

who heads consumer programs for the U.S. Public Interest Research Group.

Industry representatives are cautious and point out that data brokers, or aggregators as they're called, are often compiling and selling information that's already public.

"These companies are not the bad guys, and the industry wants to work to improve security," said Mike Zaneis, director of congressional affairs for the U.S. Chamber of Commerce.

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Christopher Newport University

Presents

The Fourth Annual Paideia:

A Conference for Undergraduate and Graduate Research and Scholarship

Call for Papers

Paideia (pi-DAY-uh): the classical Greek education of liberal learning, which was believed to develop the intellectual, moral and aesthetic capacities.

Christopher Newport University's Undergraduate and Graduate Research Council (www.cnu.edu/ugrc) invites undergraduate and graduate students to submit abstracts for its annual conference dedicated to fostering undergraduate and graduate research and scholarship in all disciplines and institutions. See www.cnu.edu/ugrc/paideia.htm for the proceedings of previous years' conferences.

SUBMISSIONS ARE DUE BY 20 MARCH 2005 and all submissions must be approved by a faculty member at an accredited college or university. The conference takes place 9 April 2005 at Christopher Newport University. Students not submitting papers are also encouraged to attend.

How to Submit Your Research:

Submissions must include the following information, and research to be presented must have been undertaken while the author was an undergraduate or graduate student (even if the author has subsequently graduated). Submissions that do not include this information may not be reviewed.

Comics and Crosswords

Mystic Stars

Weekly Horoscope
For March 14-20

By LASHA SENIUK
Knight Ridder/Tribune News Service

ARIES (March 21-April 20) Over the next five days, minor jealousies between co-workers will fade. After Tuesday, expect authority figures to opt for revised methods and bold public discussions. If possible, plan group events and remain attentive to small details. Wednesday through Friday, respond quickly to all romantic invitations and expect valid promises in return: an honest approach is best. Late Saturday, rest and pamper the body: aches, pains and mild infections may be briefly bothersome.

TAURUS (April 21-May 20) Love affairs and intense friendships will this week require careful planning. Someone close may soon feel misunderstood or ignored: over the next two days, expect social and romantic triangles to be almost unavoidable. Caution is needed: ask for extra time or consideration from others and wait for loved ones to acknowledge your efforts. Friday through Sunday, late financial or business decisions will not work to your advantage. Avoid risk, if possible: creative ideas will prove costly.

GEMINI (May 21-June 21) Before mid-week, revised work schedules will cause disagreement between colleagues. An older co-worker may now feel privately threatened by the skills or abilities of new employees. Public roles may eventually change: watch for unexpected promotions, renewed group acceptance and a steady increase in workplace debate. After Thursday, a new romantic attraction may escalate. If so, expect complex social triangles over the next four weeks. Stay focused: progress will be slow.

CANCER (June 22-July 22) Social timing and continuing privacy are now vital in long-term friendships. Before mid-week, a lover and close friend may announce key lifestyle improvements or family changes. Remain silent: at present, group speculation or public discussion will appear insensitive. After Wednesday, family members will expect concrete home promises, bold displays of loyalty and revised financial deadlines. Don't disappoint: your words and actions will be closely studied.

LEO (July 23-Aug. 22) Early this week, group discussions offer misleading social information. Planned celebrations, marital announcements or private romantic encounters may be at issue: after Monday, expect friends and co-workers to exaggerate details. Wait for clarification. Friday through Sunday, loved ones may be unusually temperamental. Minor irritations will escalate: take time to fully explain your intentions. Late Sunday, revise health or exercise regimes: physical vitality may be low.

VIRGO (Aug. 23-Sept. 22) Close relatives may this week be distrustful of authority figures. If so, avoid public debate or family discussion. Over the next five days loved ones will need to vent their insecurities before developing confidence. Remain quietly detached and watch for key breakthroughs. After Friday, a long-term friendship may begin an intense phase of emotional negotiations. Areas affected are yesterday's promises and traditional family roles. Respond honestly to controversial proposals.

LIBRA (Sept. 23-Oct. 23) Sleep patterns, social awareness and dream experiences now intensify: before mid-week, expect a wave of renewed physical energy. Many Librans will also begin several weeks of rekindled faith in long-term commitments. Fast insights will trigger valuable revelations: make sure others understand your social goals and emotional boundaries. After Friday, a friend or colleague may announce a last minute job change. Remain diplomatic: criticism will not be easily accepted.

SCORPIO (Oct. 24-Nov. 22) Long-term relationships will now enter a brief but intense phase of discussion. Key issues involve public behavior, workplace flirtation or increased social activities. Important emotional breakthroughs are now available: express your needs or ongoing expectations to loved ones and expect an honest response. Wednesday through Saturday, home finances, renovations or family expansion may require added attention. Loved ones will expect valid promises: stay balanced.

SAGITTARIUS (Nov. 23-Dec. 21) Business information is now unreliable: after Tuesday, expect new colleagues to provide mistaken documents or inaccurate dates. Check facts thoroughly: at present, authority figures will not accept minor errors or delayed paperwork. Wednesday through Saturday, new flirtations or romantic seductions may be difficult to resist. Potential lovers will pose key questions or express delicate emotions. Triangles are unavoidable: remain attentive to social jealousies.

CAPRICORN (Dec. 22-Jan. 20) Co-workers may this week ask for special assistance or a renewed commitment to difficult projects. Ongoing paperwork delays or procedural confusion may be bothersome. After mid-week, your expertise and practical guidance will be noticed and appreciated key officials: take time to carefully outline complex rules, regulations or standards. Thursday through Sunday, family members will expect a public display of loyalty: attend all group events and home celebrations.

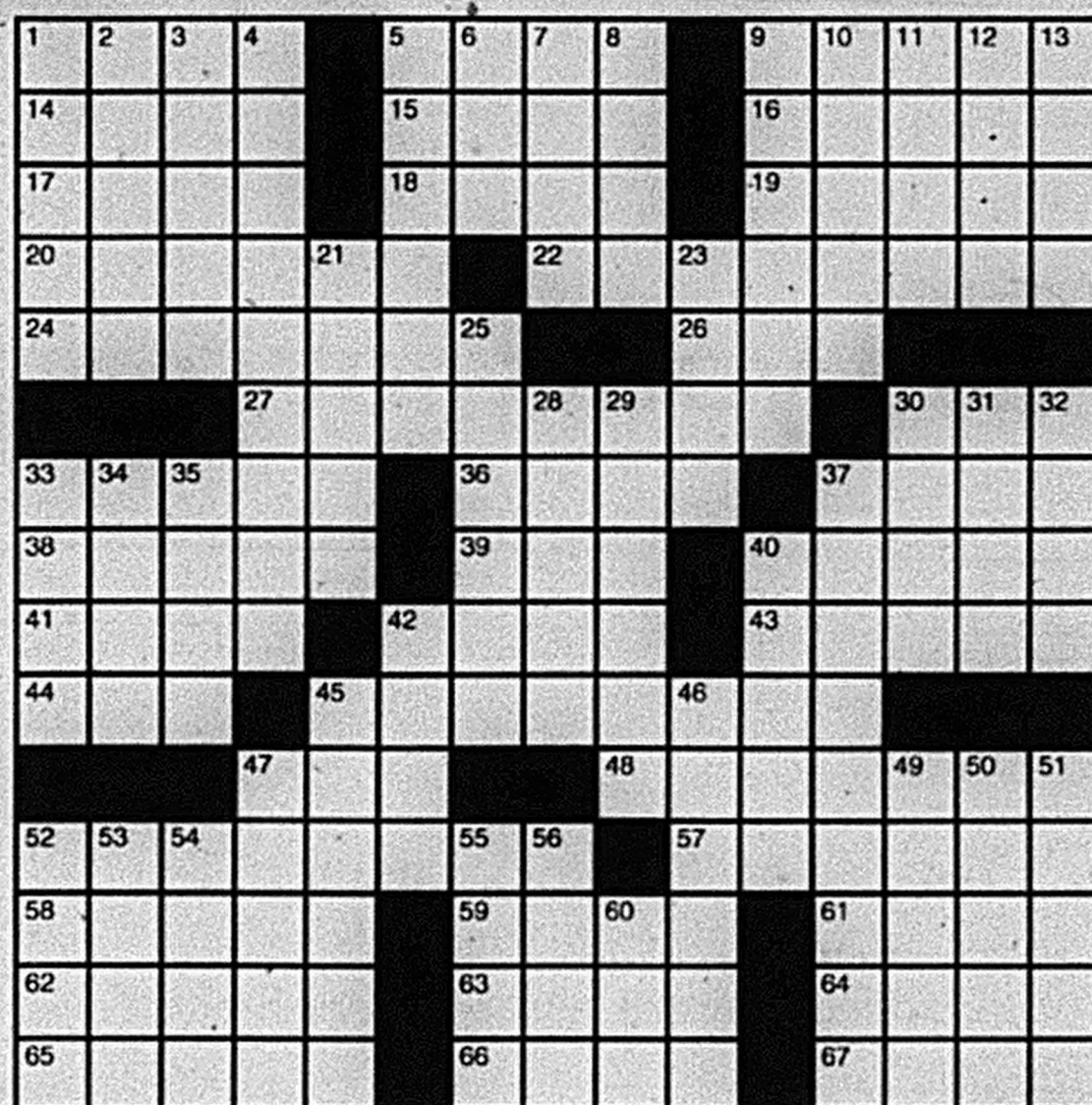
AQUARIUS (Jan. 21-Feb. 19) Recent financial or workplace breakthroughs may be temporarily postponed. Over the next six days, revised group assignments or last minute team projects will take precedence. Join in and let others witness your flexibility. Trusted employment methods, workplace alliances and promotions schedules will soon be re-established. Later this week, a relationship from the past requires new discussion. Yesterday's love affairs and family obligations are accented: stay alert.

PISCES (Feb. 20-March 20) Family planning, renovations or ongoing expenses are now a top priority. After mid-week, recent money restrictions will no longer affect short-term home plans: discuss new proposals with loved ones and expect a series of creative suggestions. Others are highly motivated to improve financial security and lifestyle: refuse to adopt a passive role. Thursday through Saturday, an unproductive friendship may abruptly end. If so, expect fast words and dramatic public decisions.

IF YOUR BIRTHDAY IS THIS WEEK: Business goals and career aspirations will no longer trigger family tensions. After mid-April, expect close relatives and long-term companions to support controversial decisions. No serious or lasting affects can be expected, so not to worry. Do, however, expect older relatives or authority figures to demand detailed financial estimates. Early this summer, romantic and social promises are on the rise. After June 18th, new romance will arrive quickly and demand your full attention. Don't hesitate to explore new emotions: relationships begun before September 2005 will easily become permanent. Key romantic or family decisions will be necessary before November 28th: expect passionate new promises.

Crossword

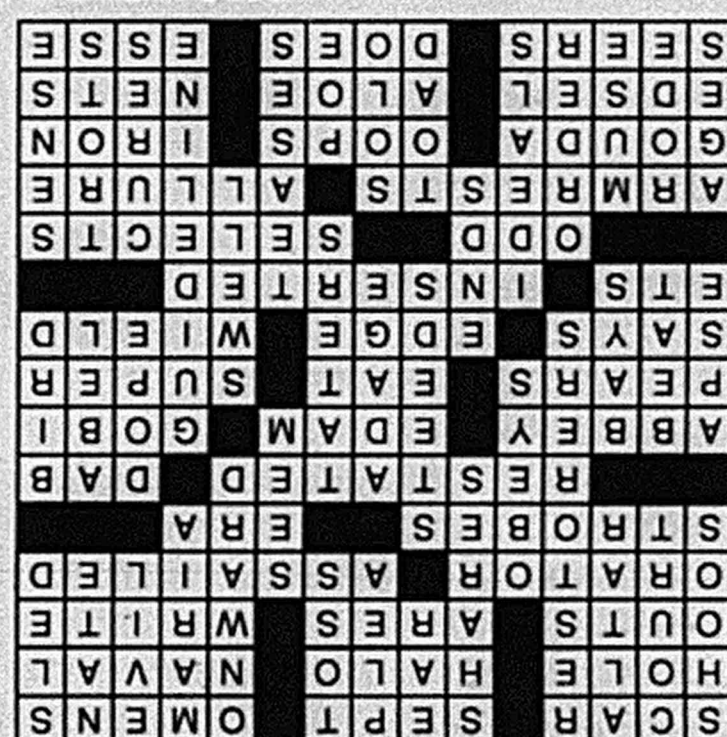
- ACROSS**
- Cicatrix
 - 9th month
 - Portents
 - Cup on a green
 - Nimbus
 - Academy in Annapolis
 - Inning sixths
 - Greek god of war
 - Create text
 - Sermonizer
 - Beset
 - Flashing lights
 - Notable time
 - Said again
 - Small indefinite amount
 - Beatles album, "___ Road"
 - Mild, yellow cheese
 - Mongolian desert
 - Boscs and Bartletts
 - Take in food
 - Terrific!
 - Utters
 - Margin
 - Brandish
 - UFO crew
 - Put among
 - Unmatched
 - Picks out
 - Car interior features
 - Drawing power
 - Dutch cheese
 - Sorry 'bout that
 - Press
 - Ford's folly
 - Burn ointment
 - New Jersey cagers
 - Prophets
 - Accomplishes
 - Latin being
- DOWN**
- Chases away
 - Woo
 - Bridal path terminus
 - Antique menders
 - Divvies up
 - Hearing organ
 - Appeal
 - Discard
 - Forth
 - "West Side Story" tune
 - Villainous
 - Son on "Six Feet Under"
 - Child's coaster
 - Follows orders
 - Appear
 - Proud mounts
 - Proverb
 - Spuds
 - Ninny
 - First murder victim
 - Charlie Parker's nickname
 - Area of a basilica
 - Kerouac's generation
 - Some horses
 - Rule of thumb
 - Jim-dandy
 - Extremes
 - Concepts of perfection
 - Pokes fun at
 - Sequence



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03/16/05

Solutions



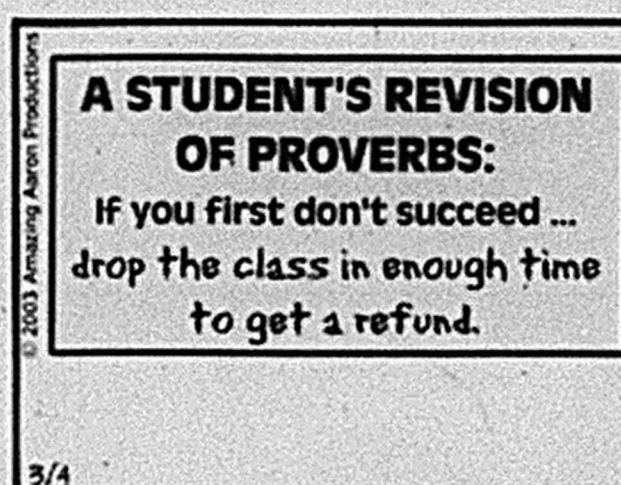
A College Girl Named Joe

By Aaron Warner



2 Dudes

By Aaron Warner



PAUL

BY BILLY O'KEEFE www.mrbilly.com



Happy St. Paddy's Day

Did you know?

Green is considered an unlucky color by the Irish.

A three-leaf clover is called a seamog.

The date of St. Patrick's death is disputed between March 8 and 9, so they were added together and he is celebrated on March 17.

A legend of St. Patrick is that he drove away all of the snakes in Ireland, but snakes are not native to Ireland. The snakes are a metaphor for the druids and Celtic Priests.

St. Patrick's Day was originally a Catholic holy day.

The first St. Patrick's Day parade was in Boston in 1737.

Leprechauns are make-believe fairies from Ireland. Legend has it they are old men who are shoemakers for fairies. They are said to be about two feet tall and can be found by the sound of a shoemaker's hammer. If you catch one, he has to lead you to his pot of gold.

The Blarney Stone is a stone in the wall of the Blarney Castle tower in the village of Blarney. Kissing the stone is supposed to endow the kisser with the gift of speaking well and convincingly. The legend is that an old woman put a spell on the stone as a reward for saving her life. To kiss the stone, you have to lie on your back and bend backward.

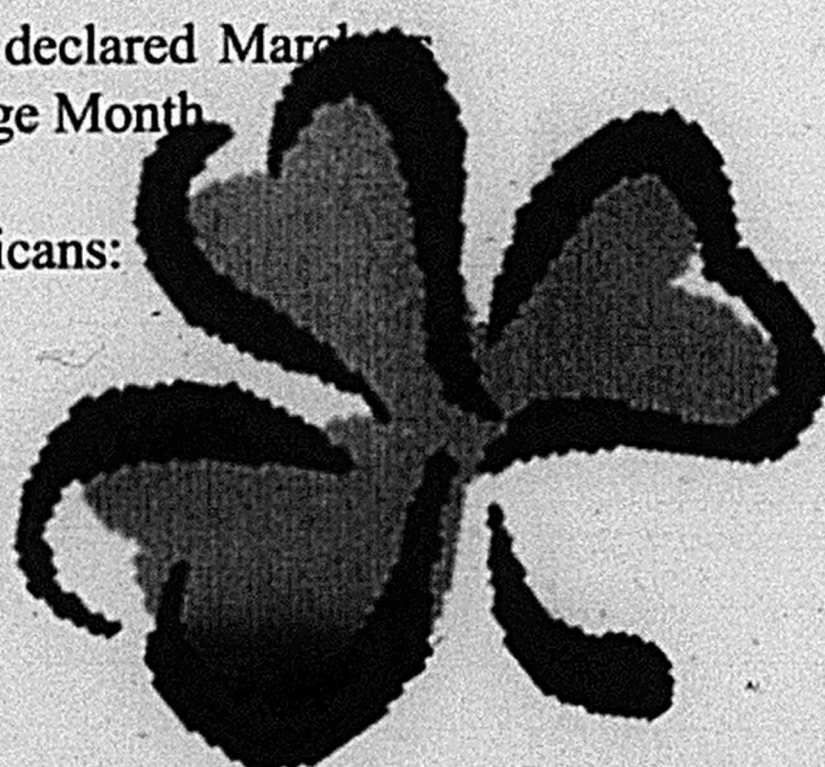
Pinching people who are not wearing green on St. Patrick's Day is strictly an American custom.

"Erin Go Braugh" means "Ireland Forever."

In 1995, Congress declared March Irish American Heritage Month.

Famous Irish Americans:

Charles Carroll
Henry Ford
Judy Garland
Patrick J. Hurley
John F. Kennedy



✿ ✿ ✿ ✿ ✿ ✿ ✿ Tradition

Boxty (Potato Griddle Cakes)

Servings: 8

½ lb Raw potato
½ lb Mashed potato
½ lb Plain flour
Milk
1 Egg
Salt and pepper

Grate raw potatoes and mix with the cooked mashed potatoes. Add salt, pepper and flour. Beat egg and add to mixture with just enough milk to make a batter that will drop from a spoon. Drop by tablespoonfuls onto a hot griddle or frying pan. Cook over a moderate heat for 3-4 minutes on each side. Serve with a tart apple sauce or as part of an Ulster Fry with fried bacon, fried sausage, fried eggs, fried black pudding, fried bread, fried soda bread.

History of St. Patrick's Day

By ERIN ROLL
Captain's Log Intern

Contrary to popular belief, St. Patrick's Day actually has nothing to do with leprechauns and pots of gold at the end of the rainbow.

It didn't even become a major holiday until Irish immigrants began settling in America and other countries.

So, one might ask, who is St. Patrick and why do we celebrate on March 17?

St. Patrick is one of Ireland's three patron saints, the other two being St. Columba and St. Bridget (or Brigid), and is one of the most well-known saints in the world.

He is the one credited with really helping to bring Christianity to Ireland, although some popular legends credit him with driving out all the snakes as well.

Interestingly enough, St. Patrick isn't just Ireland's saint; "The Lives of Saints" by Richard McBrien, a theology professor at the University of Notre Dame, shows that St. Patrick is also the patron saint of Nigeria.

Historically, the book says,

little is known about the life of St. Patrick. He was born to a noble family in England, then still under Roman control, around 389. His father was a high-ranking public official and his grandfather was a priest.

When he was a teenager he was kidnapped by Irish pirates and sold into slavery. By the time he escaped and returned to England at the age of twenty-two, Patrick had developed more of a faith in God and received basic training for the priesthood.

Patrick eventually was chosen as the successor to the first bishop of Ireland, and established his diocese at Armagh in the north.

There he established a school and a sort of headquarters for his missionary journeys.

McBrien writes that Patrick, a humble man with deep concern for the people, was quite successful in converting locals to Christianity and ordaining clergy.

One story depicts Patrick as using the shamrock, one of Ireland's best-known symbols, to teach the people about the Holy Trinity. The exact date of Patrick's death and his burial site

are not entirely known, however liturgical calendars have set his feast day as March 17.

His symbols include the shamrock, the cross, the harp and the baptismal font.

It is for him that St. Patrick's Cathedral in New York, the most well known church in the United States, is named.

After his death, his popularity spread from Ireland to the rest of Europe, and eventually to other parts of the world.

St. Patrick's Day, as a celebration, didn't really begin until the New World saw an influx of Irish immigrants, who left Ireland in the wake of the massive potato famine in the 1840s.

St. Patrick's Day was regarded by the immigrants as an occasion to look back on who they were as Irish people, to remember their heritage.

Its popularity eventually spread to other portions of the population as well, regardless of ethnicity.

However, a recent Smithsonian article states that in Ireland, where in Dublin the day is called St. Patrick's Festival, the holiday is looked upon as an occasion for the Irish to look to the future.

Fast Facts about St. Patrick

- ✿ Born in 387 AD
- ✿ Father was a Roman official
- ✿ Kidnapped at 16 and sold as a slave in Ireland
- ✿ After six years he escaped to St. Martin's monastery in France and became a priest
- ✿ In 432 A.D. he was sent on a mission to Ireland and converted the country from Druidism to Christianity
- ✿ Died in 461 A.D.

Patrick's Day

Traditional Irish Dishes

Crubeens

Ingredients: One fresh pig's trotter
with bone in – per person
There is more meat on the hind
(2015)

Instructions: Place the trotter in a
pot with an onion, carrot, salt and
black peppercorns, a bay leaf, some
parsley. Cover with cold water,
bring to the boil and simmer
for three hours. You may also de-
bone and dip in seasoned egg and
roll in breadcrumbs and fry. Eat
with Brown Soda Bread.

Corned Beef and Cabbage

Serving: 4-6

5lb / 2 kg joint of corned beef
1 large cabbage
Bay leaf
2 large onions
Cold water to cover
2 large carrots
Ground black pepper
4 potatoes

Quarter the cabbage and put aside. Peel and slice the
other vegetables. Cover the meat with the water and
bring to the boil. Skim the surface, add the vegetables
(except the cabbage), the bay leaf and the pepper
and simmer gently for 20 minutes. Add the cabbage
and cook for a further 30 minutes. Serve the meat
surrounded by the vegetables with mashed potatoes.

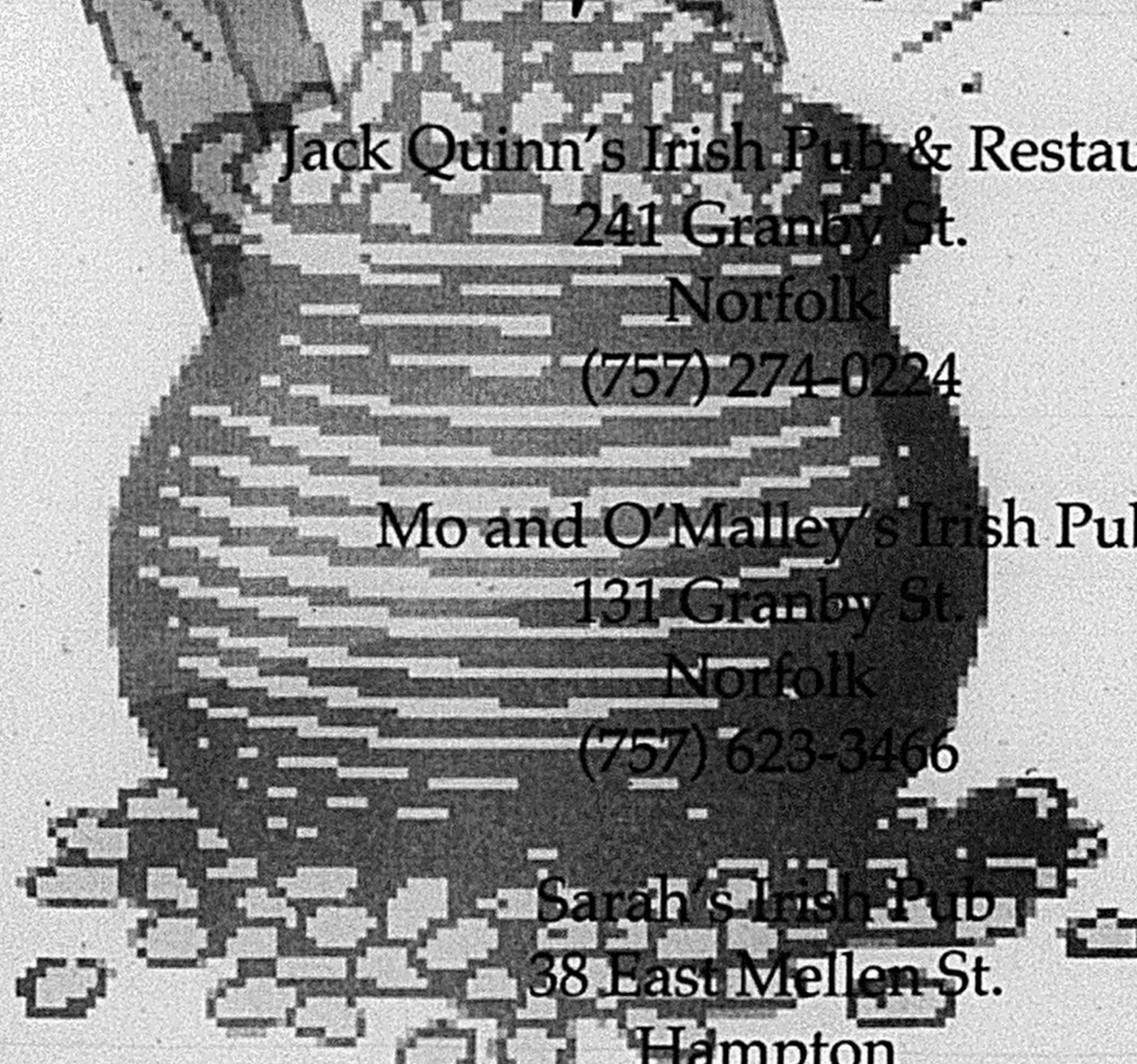
Pubs in Hampton Roads

Jack Quinn's Irish Pub & Restaurant
241 Granby St.
Norfolk
(757) 274-0224

Mo and O'Malley's Irish Pub
131 Granby St.
Norfolk
(757) 623-3466

Sarah's Irish Pub
38 East Mellen St.
Hampton
(757) 722-2373

O'Sullivan's Irish Tavern
2701 North Mall Drive #108
Virginia Beach
(757) 431-8948



Arts & Entertainment



Hot Hot Heat performs at The NorVa on Saturday night, singing songs off their upcoming April 5 release, "Elevator," along with older hits from their 2002 release "Make Up the Breakdown."

Ryan Burke/The Captain's Log

Jon Page



This week's grievances

Since it has been a couple of weeks since I have written to my public, I thought it would be a good idea to hit a few points in short form, instead of making you sit through whole columns of long form. Well, the KGB isn't forcing you to read, but this is what I want to do, and thus it is so.

So has anyone been out by Potomac River or Ratcliffe lately to see the latest CNU monument? When I came to CNU, I had some trouble seeing the relevance of the goose fountain near the Admin building. I freely admit that. At this point, however, I would have to say the eagle statue has to be the absolute end all of monuments. Look at it, the pristine-ness of it. It rules. Well, except for it being an eagle, the black pole holding it up, and that its price is probably somewhere around the gross salary of every student on this campus, whatever that may be. I don't think I've seen anything this despicable since the time Don Vito showed his back dent on "Viva la Bam."

Speaking of "Viva la Bam," the all-new "Sunday Stew" has returned to MTV. Yes that is correct, it is all new and returning. I will freely admit to watching "Pimp My Ride," "Viva la Bam" and "Punk'd" but I am not so sure about this new show "Damage Control." First off, the host is the lead singer of Simple Plan, which is reason enough to be suspect.

In the first episode, they find this random guy who looks like one of those guys in high school who was the athlete that was "all that" but now sells the fries at McDonalds. They pull all these tricks on him while his parents watch. It's entertaining, but then again so are reruns of "CHiPS."

Why is Uncle Kracker coming to CNU? Every year we get one or two randomly famous people to visit our campus. Last year it was Phil Vassar. This year we get Tony Bennett, Uncle Kracker, Kevin Eubanks and the Tonight Show band. Who is coming next year? The Darkness? One can only hope.

So did anyone else come back from Spring Break and find his or her bank account surprisingly emptier than usual? I know I did. None of my friends were home over break, because CNU decided to have the break a week (or more) earlier than any other school in the state, with the exception of Mary Baldwin. So I shouldn't have spent money on that, but somehow I did. It's that combo weekend, where ALL of your friends are home at once, except for the ones at school. It's nuts, because in that 48 hour span, you have to schedule ten lunches, five dinner dates, and visitation to at least 20 other "events," meaning you have at least 35 hours scheduled, and then there is sleep, but not really. In any case, all of that tends to be draining, on the bank account and the energy account.

So then, you return to school, out of money and energy. What's up with that? It's like we were given a break to rest, relax, and recover; instead we run, romp, and rabberouse. Then you come back on Sunday night, and I guarantee every single person takes a second, and the following response ensues: "Oh \$#!, I have a ton of work to get done!" Then you end up spending all of that night doing work, and wake up Monday morning feeling as bad or worse than you felt before break. See, having break a week early is no way to get cash and prizes.

One good thing is that we will be done in April. Yes, April. That's like telling a murderer, "Yeah, we were going to give you a life sentence, but now we think a month will be good." Even though it's only two weeks early, it feels like we are getting out at least two months before everyone else. And our high school friends? Those poor saps really do have two months left once we are out. Tough luck. I guess that's why we are Captains. Or is it Eagles?

Hot Hot Heat puts on entertaining show

By AMBER LESTER
Arts & Entertainment Editor

"It's got a good beat and it's easy to dance to." That oft-repeated phrase was used to describe basically any song that dancers grooved to on "American Bandstand."

That same phrase could be used to describe the Hot Hot Heat, Louis XIV and The Blue Van show at The NorVa on Saturday night: not great, but not bad at all, and most importantly, easy to dance to.

Hot Hot Heat is touring in promotion of the April 5 release of their third full-length album, "Elevator." The Vancouver post-punk/new wave band first garnered buzz in 2002, right after The Strokes exploded with their own danceable pop rock. But Hot Hot Heat never seemed to blow up like their peers, and are now riding the crest of the indie wave that has made so many bands nearly mainstream in the past year.

But Hot Hot Heat are neither indie, nor mainstream. They are simply upbeat, guitar and synthesizer-driven pop songs that can get heads bopping and toes tapping, which is the most that any indie band

can hope for from its audience.

The show opened with a short set by The Blue Van, a 60's-inspired blues-rock band that not only sounded, but dressed, as though they were The Doors performing on a prime time variety hour. While the lead singer released his best Morrison-esque moans, the bassist twisted and hopped all over the stage, completely unable to stand still. His thrashing of the cymbals with his own guitar reminded me not of a late 60's rock star, but of Mike Myer's "Philip the Hyper Hypo" Saturday Night Live sketch. Though the music itself isn't necessarily bad, it begs the question: is this throwback or is it just copycat?

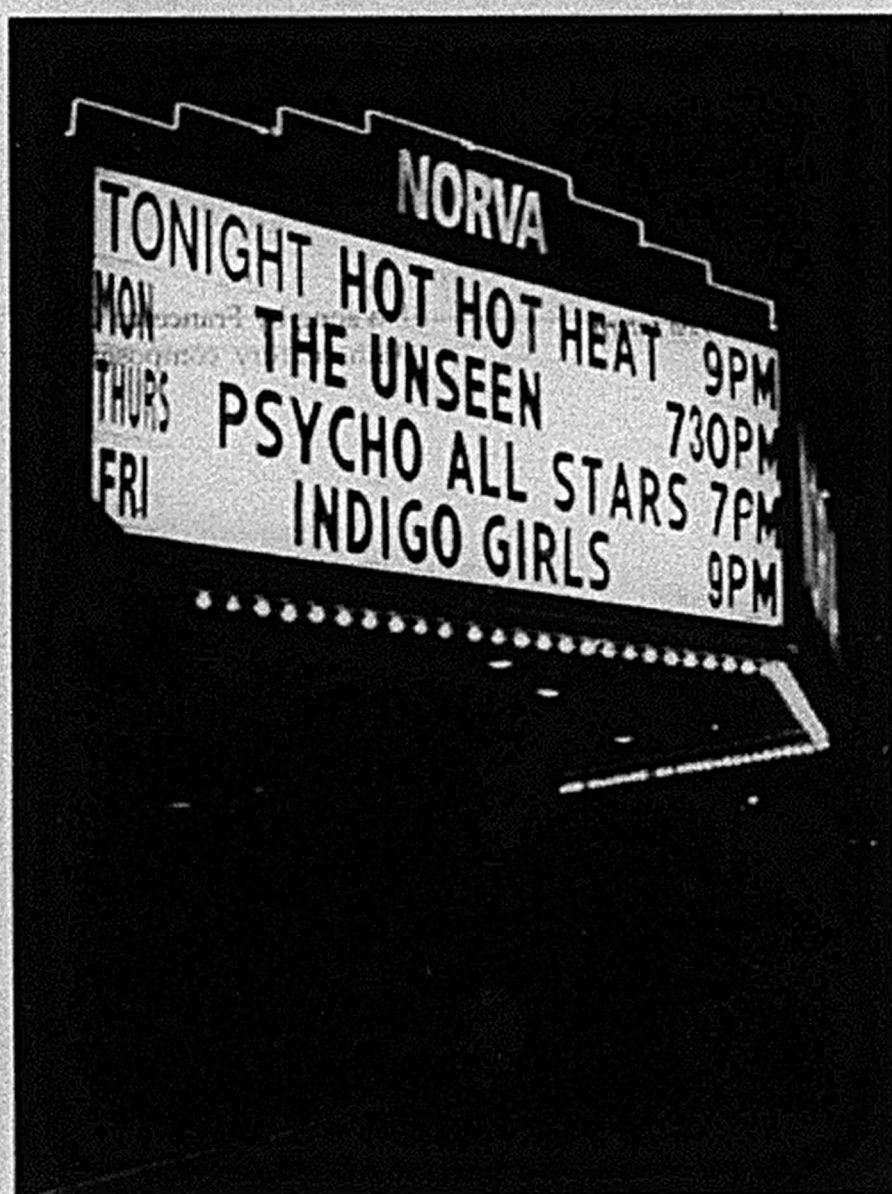
San Diego-based rock band Louis XIV performed next, singing songs off their "Illegal Tender" EP that was released in January 2005. Singing lyrics about sex, drinking mixed drinks and bathed in red light, the band exemplified classic rock and roll. Lead singer Jason Hill proved himself an able guitarist, performing several impressive solos when he wasn't singing vocals. The band has a large fan base in the UK and, based on the crowd's reaction at The NorVa, it won't be long until they can

count a substantial number of fans in the U.S.

Hot Hot Heat took the stage at 11 p.m. and began a non-stop run through upbeat rock songs that lasted just over an hour. Singing songs off both their new album and their 2002 release "Make Up the Breakdown," lead singer Steve Bays prowled the stage the entire night, like Mick Jagger with the biggest white-boy fro seen in years. Say what you will — the music is nothing I've never heard before and the entire image of the band seems contrived, but Hot Hot Heat puts on an entertaining show.

The entire time the band is on stage, eyes are on Bays as he plays keyboard with one hand, holds the microphone in the other, all while bending his knees down the floor, gyrating to his own sound. The band finished with their first big hit, "Bandages," with Bays and the audience singing back and forth, "Don't worry now, don't worry now."

Though none of the bands are revolutionizing the face of music, all three played consistently good, quick sets. A good beat that's easy to dance to? Sometimes that's all you need.



Ryan Burke/The Captain's Log

Saturday's show also featured openers Louis XIV and The Blue Van, not shown on the marquee. Louis XIV, a San Diego-based rock band, performed songs from their "Illegal Tender" EP. The Blue Van sing their own brand of 60s rock, inspired by The Doors.

Unique comedian Judson Laipply offers inspirational humor

By MIKE HILLEARY
Asst. Arts & Entertainment Editor

Two weeks ago while I was in New York City, I was fortunate enough to attend one of the nightly shows that occurred at The Original Improv Comedy Club, a basement location for years had dedicated itself as the starting point for countless comedic entertainers.

Certainly a unique and enjoyable experience as a whole, the night concluded my time in the city, and left me with merely my own T.V. and Comedy Central for my recurrent stand-up fix. When I eventually returned to campus the following week, however, this assumption quickly changed when I was assigned to review the upcoming performance of a Judson Laipply, a man described to be a comedian, but specifically an "inspirational comedian."

Though I thought I would be forced into some rather unfair comparison against the edgy, expletive-utilizing individuals I had seen only days before, half-way through his set in Gaines Theatre I realized that Laipply simply couldn't be compared to these other comics, because he provided a much different kind

of comedy to his audience.

Certainly not overly aggressive or controversial in his presentation, unlike comics that seem to transition through their material at random, Laipply seemed to hold a more overall purpose and direction to his set.

Reminding those in the audience of simple concepts they tend to forget during their overwhelming schedules, the young speaker reminded me of those college professors whose class you always enjoy attending because they can't help but go off on some humorous tangent to emphasize the point they were trying to make during a class.

One of the more memorable examples of this lesson-based humor occurred when Laipply attempted to explain how everyone at some point in his or her life makes a stupid choice.

His following example that helped emphasize this point involved a story of him snorting crushed up Smarties candy up his nose when he was in sixth grade.

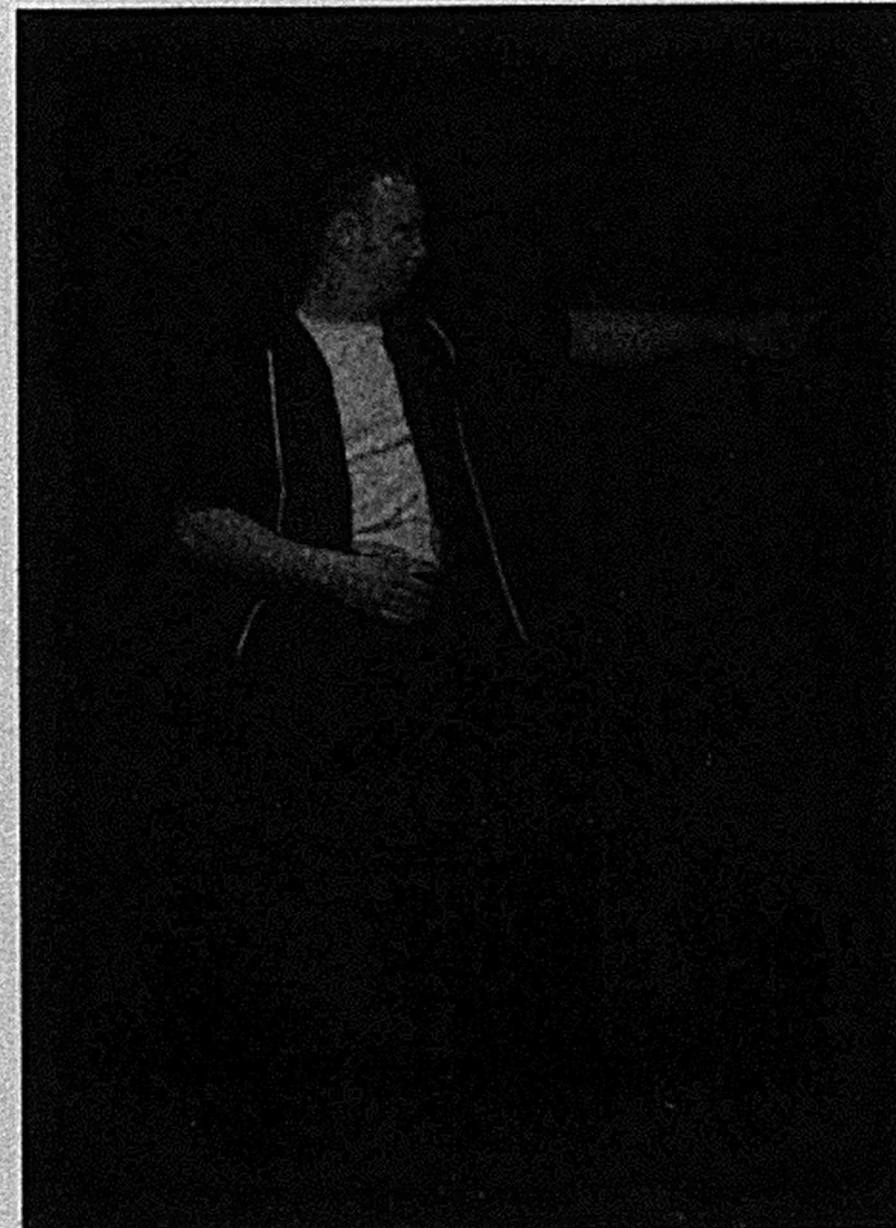
Another instance of his comedic instruction occurred when he attempted to explain how everyone should never expect things to go as planned. For this point Laipply referred back another childhood memory, this

time involving a date to the movies. While things certainly started off well, he explained that midway through the film he had to use the bathroom. On his way through the aisle however, he somehow got another girl's hair stuck in his pants zipper and couldn't get it out, embarrassing his date so much that she left the theater.

Moving through a number of these interesting scenarios and situations, Laipply continually emphasized that "life is change," that change will continually occur in one's life, and that the best thing to do in such situations is to find a way to adapt.

Closing his set with an amusing and rather impressive dance routine that reflected the past 50 years in popular music, Laipply ultimately demonstrated himself to be not so much a typical comedian, but a friendly speaker who just happened to know how make an audience consistently laugh.

Certainly an appropriate inclusion within the circuit of college performers, Laipply allowed his audience to experience a different style of Improv comedy — one that I wished more professors would use to hold my attention.



Mike Hilleary/The Captain's Log

Comedian Judson Laipply performs a dance routine reflecting the past 50 years of popular music during his inspirational comedy act on Saturday night in Gaines Theatre.

Singer-songwriter Kyler England returns to perform in Gaines Theatre

By PATRICK HORAN
Asst. Layout & Design Manager

Walking onto a stage and looking out at a theater that can seat almost 400 people and only seeing a crowd of 30 would be a major blow to some artists. This scenario didn't seem to bother Kyler England in the least as she walked onto the stage of Gaines Theatre on Saturday night. With a smile that seemed to be directed at each person directly, she cheerfully opened the show by interacting with the small but excited crowd. Kyler, a singer/songwriter who recently won the North Carolina Songwriters Contest

and the Mid-Atlantic Songwriting Contest, performed with a decidedly relaxed attitude. Wearing jeans and a pink tank top, her small frame appeared to be overtaken by the vastly empty stage. However, the moment her mouth opens, and the first lyric of "Lay It On Me" escaped, her voice overtook the entire room. With a voice that seemed to be bigger than her body, Kyler controlled every line as she moved across the full vocal range. She put a level of emotion into each word that reached out and touched the audience. Singing songs to which everyone can relate allowed Kyler to have more of an impact on

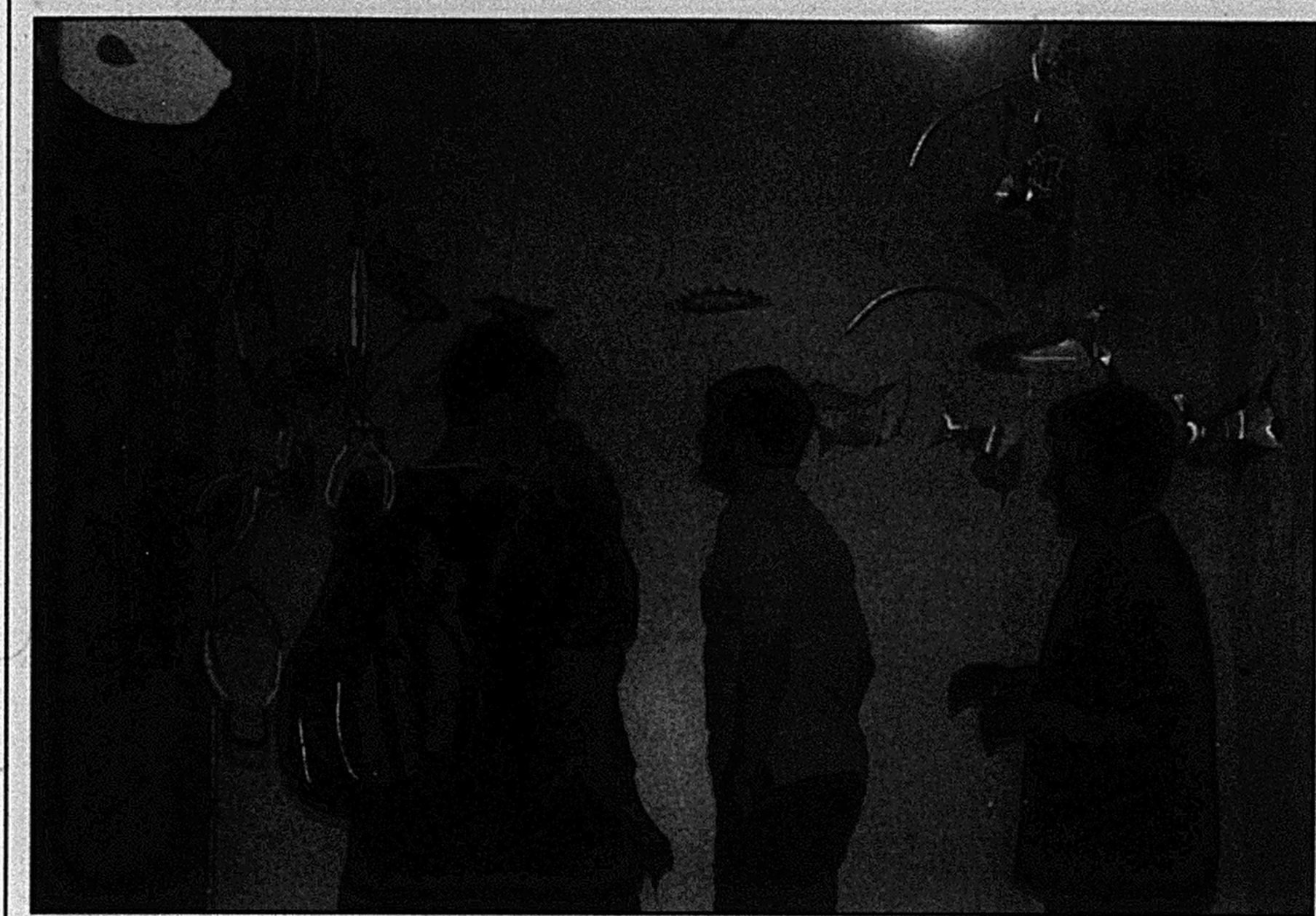
the people who listened to her music. To help the audience understand her lyrics, she introduced each song with a story about why and how she wrote it, whether it was cuddling with someone she loved, or the family member who never talks to the rest of the family anymore. Interaction was a major part of Kyler's show. Everything from a basketball tournament to people with rare names to modern physics was fair game for discussion between songs. After discussing a possible encounter with a ghost at a previous show at the haunted Salem College, Kyler didn't think twice of stopping in the middle

of a song after a lyric about being haunted. Every moment of the show was like a conversation with an old friend; only this friend had the ability to make every word of the conversation pure beauty. After the too short one-and-a-half-hour show of 13 songs had concluded, Kyler was more than excited to get to spend time with anyone who wanted to stick around. Sitting outside Gaines selling CDs, Kyler swapped stories with fans like they were old friends. This gave her the opportunity to open up her soul for even closer viewing. Discussing life alone on the road, her always-positive attitude showed

through. Smiling and laughing, she recounted "the worst Valentine's Day ever," during which she was alone in her car on a six-hour drive and she got food poisoning. She also took the time to listen to her fans. She talked with members of Atlas, and eagerly accepted a demo CD. She signed anything and everything that people could find. Kyler has released three CDs, all of which are available online through her Web site www.kylerengland.com, and she has songs available on www.myspace.com/kylerengland. She plans to release a fourth CD as soon as she is picked up by a record label.



Photo courtesy of www.kylerengland.com
Singer-songwriter Kyler England performed in the Gaines Theatre Saturday.



Students admire the mobiles created by Christi Harris' 3-D Design class for the Jacques Cousteau Society's North American Headquarters in Hampton.

Art students compete in mobile contest

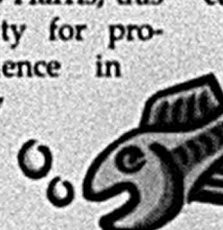
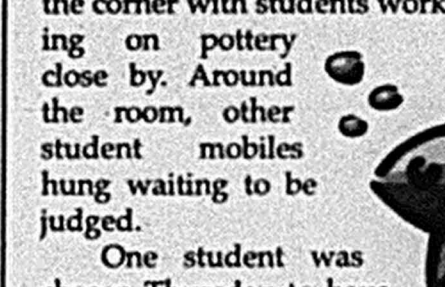
By MICHAEL COMBS
Contributing Writer

A pack of silver sharks circled while jellyfish seemed still enough to be suspended. Across from them were blue, yellow and white fish close to a pair of dolphins. But the only drop of water was in the nearest sink. Hung from the ceiling, glass icebergs were placed in the corner with students working on pottery close by. Around the room, other student mobiles hung waiting to be judged. One student was chosen Thursday to have her work permanently displayed in the Jacques Cousteau Society's North American Headquarters in downtown Hampton. Sophomore Julie Perrot's creation, "Paradise," went against 11 other 1.5 scale mobile models that were created to capture Cousteau and marine life. "It is kind of cool because I usually work in 2-D, so to have won 3-D is nice," said Perrot. The competition was of-

fered solely to the 12 students of Christi Harris' 3-D Design class. "I knew [CNU] had a strong art program, because of the strength of [CNU's] art department," said Carol Coffey, a Cousteau society staff member who came up with the competition idea. The Cousteau Society, which now has over 300,000 members worldwide, was started to help protect marine life. The North American Headquarters contains replicas of Cousteau's research vessels, the Calypso and Alcione, and various artifacts from Cousteau's adventures. The gallery portion of the headquarters opened in June of 2003, said Vice President of Finance for the Cousteau Society Robert Steele. The gallery, which contains items from expeditions and other art, has had 6,000 to 7,000 visitors since its installment. The gallery has created a way to fuse art with science. Although "Paradise" was created by Perrot, the entire 3-

D design class will help construct a full-size model over the next five to six weeks. The class will not be working alone, however. Doug Weber, an engineer who works for Swales engineering, will assist the class in the construction of the mobile. With his 23 years of building, designing and fabrication, Weber is not going to do the work, but will make sure the project runs smoothly. "I'm looking forward to giving the students a jump start without trial and error," said Weber. "Using my experience I can give them my leg up, tell them what is sensible and possible." According to Harris, this is an opportunity for professional experience in school. Monetary funds and opportunities usually discourage students from attempting such a large-scale sculpture. Harris also made it clear that it would be good for the art department as a whole. "It would be good exposure to the department, with a posi-

tive image," said Harris. In order for the students to gain an understanding of what to create, they researched on Jacques Cousteau and kinetic art, said Harris. Furthermore, they created 50 different sketches and one small model before creating the model that hung for judgment. Since Harris found out about the idea about a month and a half ago, she had to do a quick remodeling of her usual syllabus. The 3-D design class missed the normal three projects and two homework assignments so far to work on this project. The competition was judged by Steele, Coffey and Marcia Griffin, the head of accounting and membership of the Cousteau Society. According to Steele, he was looking for something that would represent Cousteau and the society. The mobiles will be on display for about a week inside the student gallery next to the ceramics room in Ferguson. Also, there is a planned opening of the large scale "Paradise" mobile at the society headquarters during finals week.



'Be Cool' isn't cool at all

By PAUL FROMMELT
Captain's Log Intern

The irony of "Be Cool" is that none of the characters in the movie are, in fact, cool. The comedy in this crime movie is that the characters are totally inept at crime. From wannabe gangster rappers to wannabe Russian mobsters, "Be Cool" asks the audience to laugh at the small brains of the characters. "Be Cool," the sequel to 1995's far superior "Get Shorty," picks up right where "Get Shorty" left off. Chili Palmer (John Travolta), a former mobster that became a movie producer, has become bored with the politics of movie-making and is thinking about going back to his former job. Before he leaves, Chili watches a young singer, named Linda Moon (Christina Milian) perform at a nightclub. He is so taken by her voice that he decides to try his hand at the music business. The only problem is that he needs to get her out of her contract with pimp/man-

ager Raji (Vince Vaughn). Along the way, he meets a beautiful record executive named Edie Athens (Uma Thurman) that wants to help him as various other low-lives try to get in his way. The massive amount of stereotypical characters is daunting. The Rock plays a beefy gay bodyguard. Cedric the Entertainer is a wannabe gangster from the suburbs. Rapper Andre 3000 plays an incompetent rapper with an itchy trigger finger, and Vaughn's Raji is a white guy who really wants to be black. The only well-developed character of the bunch is Travolta's character. The only reason for that is that he was the only returning character from "Get Shorty." While "Get Shorty" was a smart, hilarious satire of the movie industry, "Be Cool" is content with just being a mildly entertaining parody of the music industry. There is a difference between satire and parody. "Get Shorty" knew the difference. "Be Cool" is so worried about being cool that it forgot.

Senior music majors perform


By CATHY EVANS
Captain's Log Intern

Last Wednesday, the Ferguson Center's Music and Theatre Hall was filled with the voices of mezzo-sopranists Clara Rigglesman and Amy Jennings during their Senior Recital. Jennings and Rigglesman sang for an audience of their friends, family, peers and professors as a part of the requirement in the music department. Both Jennings and Rigglesman sang a variety of songs from various centuries and composers - such as Johann S. Bach and Richard Rogers, composer for "The Sound of Music" - and in various languages such as French, German and Italian. Rigglesman's recital began at 8:30 p.m. She opened with "Jesu, Joy of Man's Desiring," a well-known hymn from composer Johann S. Bach. She also performed "My Favorite Things," accompanied by jazz pianist Pamela Hines. Rigglesman ended with a song she wrote herself entitled, "My Heart Will Trust." "I think it went pretty well," said Rigglesman. "My heart was in it."

Jennings began her program with a song by Francesco Conti, an 18th century composer. She sang a three-part selection by Conti entitled "Cantata, Recitative and Aria." She was joined on stage by flautist Laura Fields for a selection from French composer Ambroise Thomas entitled "Connais-tu le pays." Jennings' last selection was "Vocalitis" by Don Humphreys, which was an audience favorite. She was joined by several choir mates in a mock-choir-class manner. The students in the audience laughed as Jennings imitated a few of the music department's teachers. "I was emulating some of the things from ear training class and conducting," said Jennings. Jennings' performance of "Vocalitis" was audience member senior Larry Hart's favorite moment of the show. "I thought Amy did very well," said Hart. "It was very entertaining at the end." Dr. Mark Reimer, of the music department, felt that both Jennings and Rigglesman performed well. "This event reflects hours of practice time and is the confluence of many practices, choirs and performances."

I LOVE HYDRONICS

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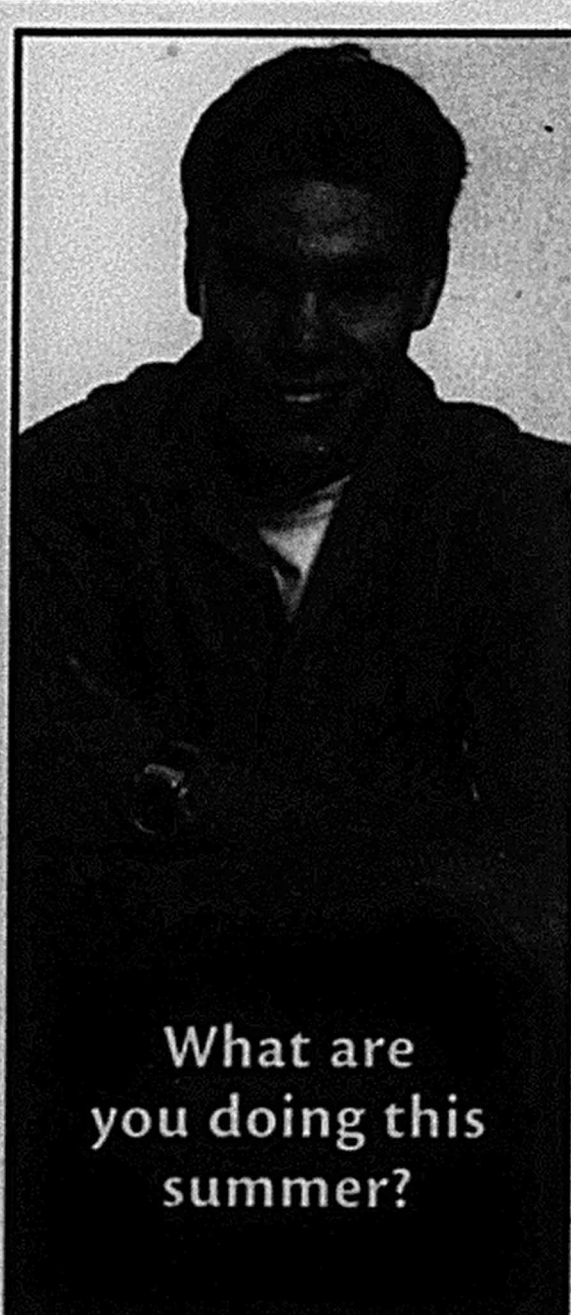
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No Shame Theatre raises \$200

By EMILY SOMMERFELDT
Contributing Writer

No Shame Theatre in Ferguson's Studio Theater on Saturday night at 9 p.m. had the atmosphere of being backstage with a group of students after a production.

Theater students were everywhere, some in eccentric outfits and bright colors and all of them hugging everyone — their neighbor and the girl across the room.

The event began with an introduction by sophomore Jordan McArthur, who introduced No Shame Theatre to CNU. He grew up in Roanoke, Va., with Mill Mountain Theatre, who had done No Shame for years.

Before the Theatre (which is performed nationally) came to Newport News, a variety show called "The Shoebox Follies" was the closest thing of this type performed by CNU's theater department.

"As we moved into a new space, it felt like it was time for something new and a little edgier," said Alpha Psi Omega President Jason Linett, senior.

No Shame Theatre was produced by Alpha Psi Omega, the national theater honor society. Admission was free, with a suggested donation of \$2 to the American Cancer Society. By the

end of the evening, over \$200 was raised for the cause.

"There wasn't a specific monetary goal, but the goal was supporting American Cancer Society, as many students are dealing with family members who are living with cancer," said Linett.

The first CNU No Shame Theatre was in December of 2004, and raised over \$250 for Broadway Cares/Equity Fights AIDS.

Between 9 and 11 p.m., there were 16 acts.

"We usually only accept 15 acts, but tonight we accepted 16," said McArthur as the audience laughed.

Three rules applied to each act: each performance must be original, cannot break anything and all pieces must be under five minutes.

"The beauty of No Shame Theatre is that you will never know what you're going to get. Although it's organized by the theatre students, the performers come from all majors and backgrounds," said Linett.

Junior theater major Danny Devlin was the first to perform, entertaining the audience with his Batman Monologue.

"You know what I hate? Musicals ..." turned into Batman coming to the rescue at a performance of "Chicago," singing and dancing its entirety after the

actors had been injured. "You'd never guess that Batman had that amount of talent," he concluded.

The next act was a reminder that "Girls like guys with skills," from the oft-quoted "Napoleon Dynamite."

Stage combat professor Gregg Lloyd showed off his nunchuck skills as well as his ability to break boards in half.

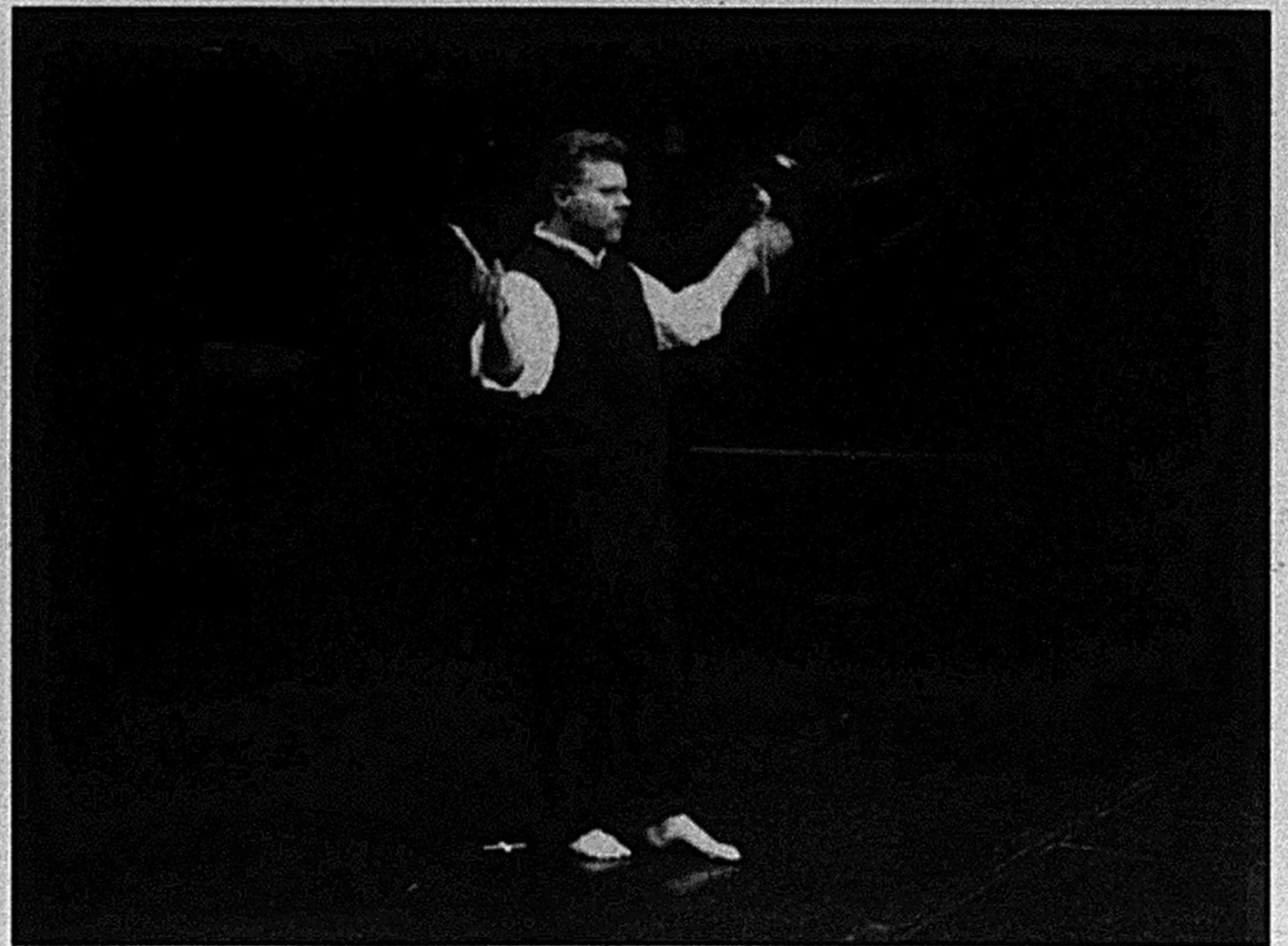
"As the arts programs moved into the Ferguson Center, one of Alpha Psi Omega's goals was to find ways to stay active with the student body.

No Shame Theatre is great for this, as it brings in a mixed audience to a mixed bag of performers," said Linett.

Other notable performances included sophomore Nate Fender's loop station guitar improv, senior Greg Poljack's dinosaur impressions ("That was T-rex. This is Raptor."), Linett's execution of "every card trick ever invented in five minutes or less" and freshman Rachel Beeman, tap dancing around the stage.

"The randomness of [Greg Poljack's dinosaurs] was so incredibly funny," said freshman Timothy Bartlett.

The next act, as well as one performed later during the event, were take-offs of "The Vagina Monologues," held at CNU a couple weeks ago: Sterling Olson's monologue, "My Boobs



Professor Gregg Lloyd performs his nunchuck skills during Alpha Psi Omega's No Shame Theatre event, held in the Studio Theatre on Saturday night. There will be three No Shame Theatre events during next year's season.

are Angry" and Couch 3's "Fajita Monologues."

"I thought it was a funny concept," said freshman Amanda Altizer, "and it was appreciated, I could tell, by the response from the audience."

The night went on as freshman Chris Ross read two poems and McArthur performed poetry about "The Price is Right."

"I'm not really the kind to write poetry but, every once in a while, I feel the need to express

myself on paper," said McArthur to introduce his presentation.

McArthur was followed by a performance from Altered Xpressions. Kristina Steiger also chose a musical performance with her acrobatic dancing to Maroon 5's "Secret."

The event was drawn to a close with sophomore Lee Lewis's angry love song, sophomore Carol Wilson reciting her sister's poem about a dancer, Nick Childress's 10 things he learned from

working in a make-up store and, finally, the performance that broke a few rules, junior Nathan Cotter's "Impromptu Experience," a medley that he played as the crowd slowly left.

Planning for next year's Alpha Psi Omega season began on Monday.

The new season will feature three No Shame Theatre events. The theater fraternity invites others to join in next season's No Shame Theatre shows.

Billy Crudup gives a fine performance in lavish 'Stage Beauty,' now available on DVD

By ANNIE FERENBACH
Contributing Writer

"Stage Beauty" is a nice little surprise of a film. Not many have heard of it — and if they have, it was in connection to the real-life gossip surrounding it. During the filming, Billy Crudup allegedly left his girlfriend, Mary-Louise Parker, for co-star Claire Danes.

Upon hearing its premise, I expected a mostly serious drama. I was surprised and delighted, however, to see that some clever and shocking humor is liberally spread throughout.

Ned Knayston (Crudup) is the star. When King Charles (Rupert Everett) returns to England and re-opens the theatres, they

do the same thing as in the Elizabethan era, when Shakespeare was still alive: all the productions Shakespeare's classics had the women characters portrayed by men.

Knayston's craft of portraying women is regarded as the greatest above all other male actors portraying females, and he has the ego to prove it. Audiences burst into applause in the middle of Othello's climax to applaud his beautiful death scene as Desdemona, women flutter backstage to meet him (in full Desdemona regalia) and his faithful dresser Maria (Claire Danes) idolizes him and his talent.

However, when King Charles, bored by the predictability of the theatre and cajoled



Movie Review

★★★★

by his forthright, politically incorrect mistress, declares that all female roles must now be portrayed by actual females, Ned's professional and personal life is shattered—while Maria becomes a star.

Many naysayers will simply dismiss "Stage Beauty" as nothing but a rip-off of John Madden's 1999 hit "Shakespeare in Love," which won seven Oscars. This is simply not true. "Shakespeare" focused on the language and the romance of the characters, the theatre and Shakespeare himself, as a man and a play-

wright. "Stage Beauty," on the other hand, is a bawdier, more cynical, yet still dramatic look at the transition out of the classic Elizabethan style of theatre — specifically acting. Though all of the plays mentioned ("Othello" is the play most firmly woven into the story) are Shakespeare's, this film is not really about him.

"Stage Beauty" gives us a truly fascinating look at the style of acting in the 17th century. For so long, audiences have taken it for granted that realism — acting naturally, as you would in everyday life — is the best and only way to act, especially with the advent of film and television.

Back in Shakespeare's time, however, acting was intentionally unnatural, for various rea-

sons. Specific gestures, vocal intonations and general mannerisms were expected of each type of character — hero, heroine, villain, etc. It's fascinating to watch Crudup not only as a woman, but also as an actor with a technique foreign to us.

Crudup gives a phenomenal performance, not only as Knayston, but also as Knayston playing Desdemona. Though Danes's role is not quite as challenging, she's also wonderful.

Both American actors acquired quite solid English dialects, especially Danes, and it was obvious they were both comfortable and familiar with Shakespeare. Everett's King Charles is delightfully strange, as is his foul-mouthed, brash mistress (Zoe Tapper).

Though it tackles fascinating subject matter with incredible actors, it wasn't completely perfect. I can't quite put my finger on why, but whenever that happens, the answer is usually the script.

While it was incredibly clever, some of the transitions felt rushed or strange, like a few lines were mistakenly cut out. I think this could have been tightened up a bit and made much better.

Despite that, this is an ambitious, theatrical, lavish film that sidesteps the label of "epic" and avoids the typical stiffness of a "period piece."

Its humor, subject matter, and the sheer amount of talent involved sets it above your average film fare.



ZETA TAU ALPHA

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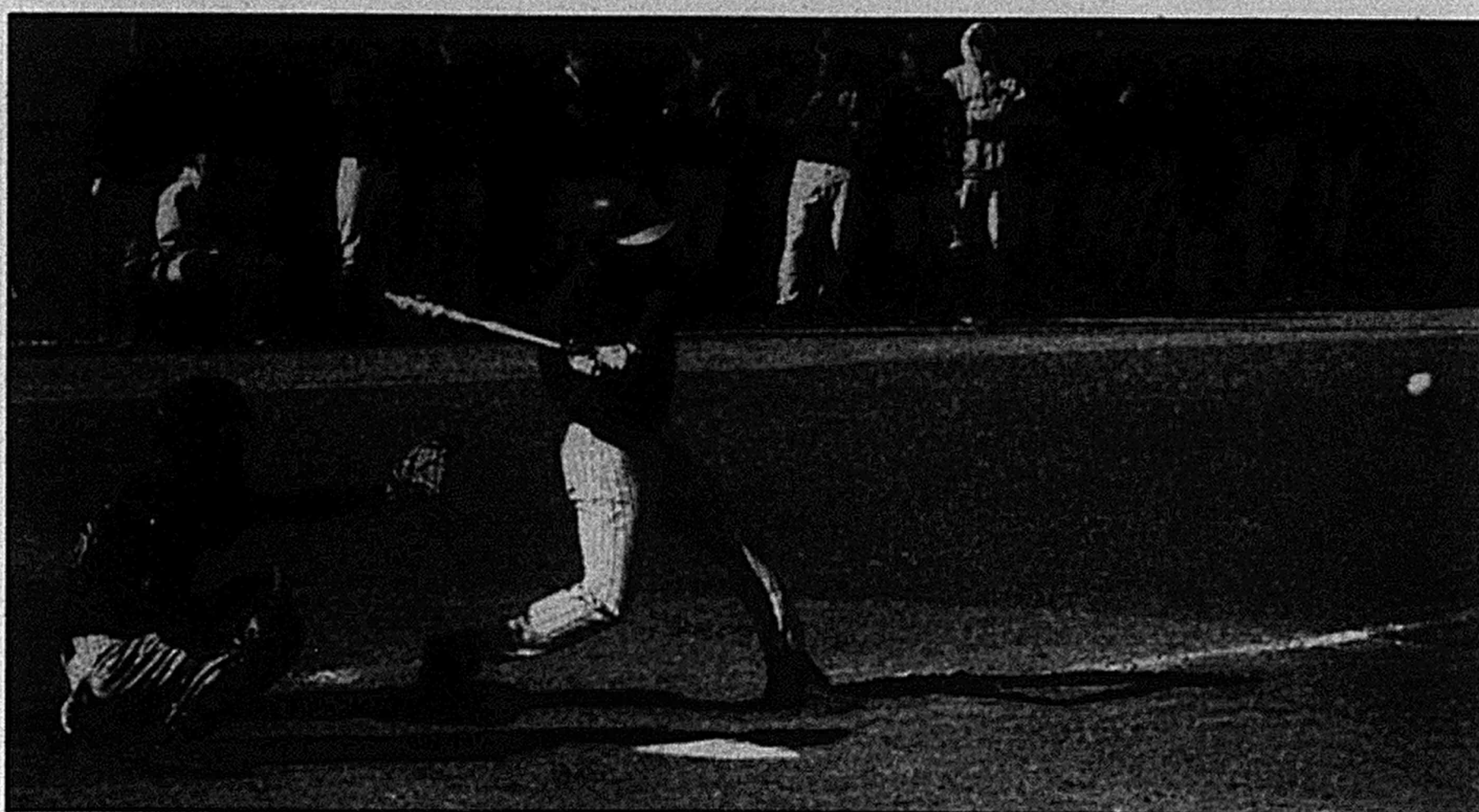
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Sports



Junior Rob Quinn prepares to hit the ball in the Captains loss to Greensboro on Sunday. The team lost two games over the weekend to Greensboro, 6-1 and 9-0.

Captains drop two

CNU's baseball team loses two of three games over the weekend to fall to 12-10 overall

BY PAUL FROMMELT
Captain's Log Intern

A game-winning grand slam by junior John Corbin in the second game of a three-game series with Greensboro College was the highlight of an otherwise tough weekend for the CNU baseball team.

The Captains dropped two of the three games with their USA South Conference rival.

Coming into the weekend, the Captains were enjoying a very successful March, going 8-1 and dominating the competition at the Gene Cusic Classic in Fort Myers, Fla. over spring break.

Greensboro started off the first game in the series with a solo home run in the first inning and continued to rack up hits on junior pitcher Bryan Coffey.

The Pride was able to reach base in each of the seven innings and ended up with ten hits and six runs.

Coffey did strike out six batters but ending up on the wrong side of the 1-6 losing effort.

The Captain's bats woke up in the second game, with freshman Michael Fawley leading off with a single and eventually scoring on a fielders' choice off the bat of Corbin.

The Captain struck again in the second inning, with sophomore Mark Genovese doubling to right-center, scoring junior Jayson Basanes.

The Captain's starting pitcher, senior Mike Cosby, was unable to keep the slim lead, when Greensboro exploded for four runs off of five hits.

All of Greensboro's offense was relegated to the fifth inning, as Cosby was untouchable before and after the fifth, racking up eight strikeouts in the complete game victory.

Trailing 4-2 in the bottom of the seventh, the Captains strung together three extra-base hits to tie the game.

With two outs, Basanes, junior David Deibler and Genovese all reached base on line drives to the outfield, tying the game at four.

With the bases loaded, Corbin stepped into the batter's box and pounded a grand slam to right field, giving the Captains an 8-4 victory.

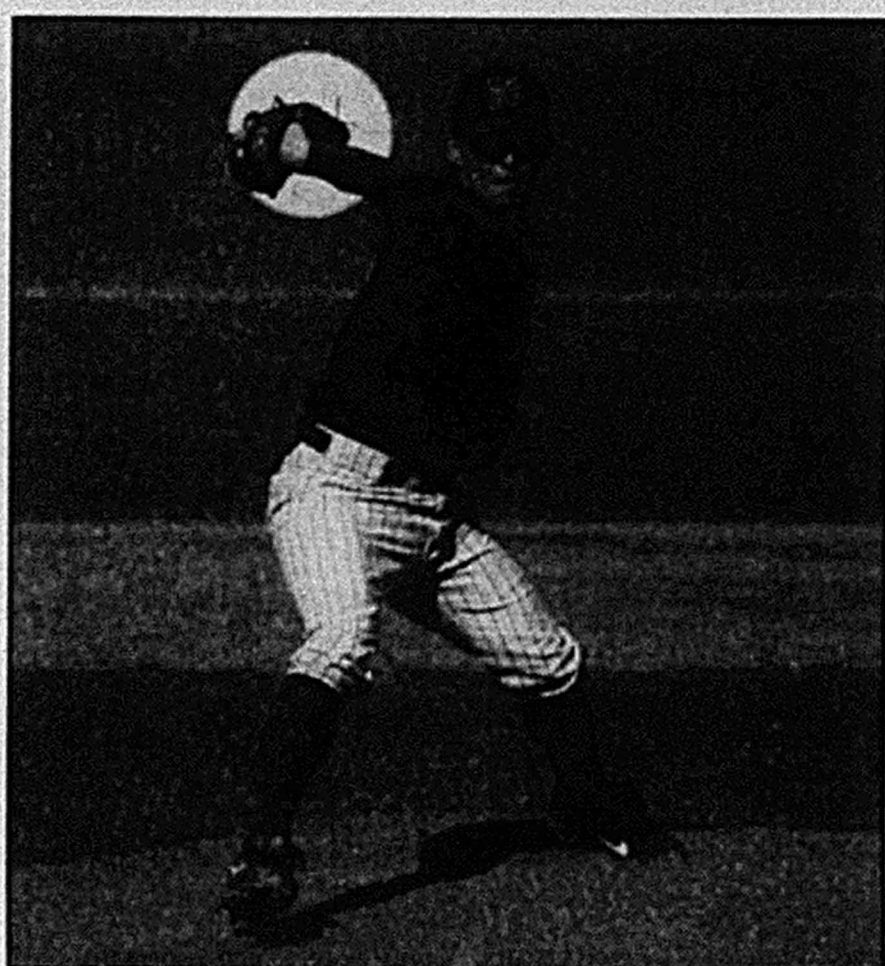
"I wasn't even thinking about anything," said Corbin. "I just got a good swing on it." Corbin drove in five of the Captains eight runs in the game.

Fawley, Genovese and senior Jason Moody each had two hits for CNU.

The Captain's bats froze up in the rubber match of the series on Sunday, while the Pride came out swinging.

Greensboro jumped on Captains starter, junior Eben Brower in the first inning, getting four runs on five hits. Like Cosby, Brower was able to settle down and pitch well for his six other innings.

"I just figured out what I



Junior Jason Brown winds up for a pitch during Sunday's 9-0 loss to Greensboro.

was doing wrong," said Brower.

"I opened myself up a little early, so I stayed a little tighter which made me keep the ball down and throw more strikes."

Unlike Cosby, though, the Captains were not able to give Brower any run support, mustering only four hits and no runs. The Captains lost the game 9-0.

"Their pitching hurt us but we've been struggling," said Corbin. "We need to break out of this streak and start putting a few hits together, start putting a few wins together and get on the right track."

Corbin, who was recently named Co-Player of the Week by the National Collegiate Baseball Writers Association, finished the weekend leading the team with five RBIs and three hits. He has nine multiple RBI games this season and is on a 15-game hitting streak.

While the Captains beat up on non-conference foes last week, dropping the series to a conference rival hurts.

"Well, we lost two out of three [games], so apparently [the weekend] didn't go that well," said Brower.

The Captains are 12-10 overall this season and 2-4 in the USA South conference.

Softball finding a way through change

After losing stars, the team must adapt to new era

BY SEAN KENNEDY
Sports Editor

The softball team sat at 7-5 heading into their USA South opener against Ferrum yesterday. For a team that is so used to success, this season has taken a bit of getting used to. The Lady Captains won a school-record 36 games last season, and through 12 games, the team had a 10-2 record.

This season, the team had to deal with the loss of many of the players that made last season so special. The Lady Captains lost Vanessa Gray, one of the best pitchers ever to put on a CNU uniform, outfielder Dallas Slosarick, who led the team in RBIs with 40 and tied for the team lead in home runs with four, and catcher Renee Sigafos.

Second-year coach Keith Parr, who took over for former coach Paul Weiss (who is still on staff), coached last year's team to a 36-7 record and a 15-1 USA South conference record in his first season as the head coach.

But he said he'll probably learn more this year than he did with last year's team. Weiss agrees.

"When I turned over the team to [Parr], I probably turned over the best team I've ever had. This year, he's going to learn more than he did last year," he said.

The Lady Captains kicked off the new season with a split with Va. Wesleyan in the inaugural doubleheader at the team's new softball field on campus.

The team then split their games against Guilford, evening their record at 2-2 heading into the Va. Wesleyan tournament, which draws some of the best competition in the country. CNU came away from the tournament with a 4-0 undefeated record. The Lady Captains defeated nationally-ranked Oneonta and Moravian 1-0, Frostburg State 6-0 and Roanoke 2-0.

This past weekend, the Lady Captains traveled to Salisbury for another tournament, coming away with one win and three losses. CNU beat Oneonta again, 3-0, but lost to Moravian 2-1, Rutgers-Camden 7-0 and Manhattanville 1-0.

The biggest constant with this year's team and last year's is senior Michelle Kass-Prewitt, the Lady Captains starting pitcher. Kass-Prewitt was 6-3 with a .89 ERA and 83 strikeouts before yesterday's game against Ferrum.

"She's a dominant-type pitcher," said Parr. "A lot of the best teams in the nation are having to rely on one pitcher to go out there and take the ball. Not one player is irreplaceable, but if we have a player who is close to irreplaceable, it would be her."

Kass-Prewitt struck out 16 batters against Oneonta at the Salisbury tournament, recording her second no-hitter of the season.

At one point this season, she had streak of 40 innings without a run scored.

That streak was snapped against Moravian over the past weekend.

"I think, by far, she is the best pitcher we've ever had here. And there have been some good pitchers here. ... We know we're going to be in every game that she pitches," said Weiss.

The Lady Captains biggest problem so far this year has been scoring runs. The team only had two hits against Rutgers-Camden last weekend.

"I talked to [the team] yesterday, yes maybe all we need to do is score two runs for [Kass-Prewitt] to win the game," said Parr.

"If we go in there with that mentality, it puts pressure on her, puts pressure on the defense and we just need to learn how to mentally and physically attack from inning one on, and not be complacent. That's their biggest problem now, getting over that hump."

The Lady Captains return to action against Eastern Mennonite tomorrow. Their next home game will be March 23 against Chowan at 2:30 p.m.

Now training in the shadow of a scandal



Yankees slugger Jason Giambi is one of the key faces in the steroid issue.

BY JON HOFFMAN
Contributing Writer

March brings many things. Harsh winds, constant precipitation and fluctuating temperatures are all signs of the death of the frosty winter season and the welcome birth of the spring.

One annual signifier of the changing of the seasons is Major League Baseball's spring training.

Baseball has been a fixture in March since 1914 and since then, every year, legions of fans and players alike flee from the icy grip of winter and flock to the warm climates of Florida and Arizona.

For many of these players, spring training is a proving

ground, a chance to make their lifelong dreams come true. College players from all over the country get Non-Roster Invitations (NRI), hoping to vie for a spot on a minor league roster, or in the best case scenario, a backup spot on the big club. For the older players in camp, spring training serves as a glimmer of hope, a last chance to play on the largest stage in the world.

Players such as Aaron Sele and Benji Gil, a member of the 2003 World Champion Anaheim Angels, are both NRIs, hoping to play just one more season.

Much to the disappointment of millions of baseball fans everywhere, instead of focusing on the genesis of a new season, full of excitement and possi-

Men's basketball team ends season with a first-round loss

The team finishes the season on a winning streak but comes up empty

BY KIMETHA HILL
Captain's Log Intern

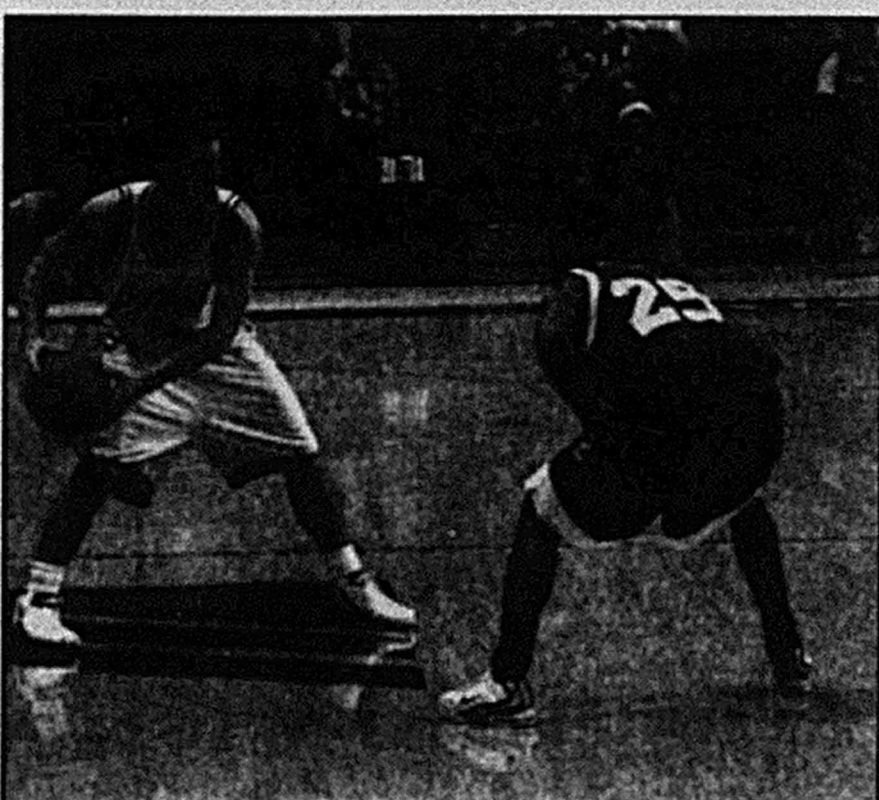
The men's basketball team had a memorable season of ups and downs. This will be a season the players and coach C.J. Woollum will not soon forget.

The Captains learned from their struggles (for the better part of the first half of the season) and went on to finish the regular season strong. The Captains finished the regular season with an overall record of 18-8, 8-4 in the USA South conference.

The season ended with a disappointing 82-69 loss to N.C. Wesleyan in the quarterfinals of the USA South tournament on Feb. 24.

The Captains finished the regular season on a five-game winning streak only to lose in the first round of the USA South tournament to N.C. Wesleyan. Still, the Captains did not suffer an entirely disappointing season.

The Captains began the in-conference season going 2-4. Although it was a disappoint-



Senior Blake Brookman takes on a Greensboro defender on Feb. 20 at home.

ing start, the team was able to pick up its play to finish strong, going 6-0 inside the conference and winning six of their last eight games.

Two key wins down the stretch were against the top seed Methodist College and against Greensboro College on Feb. 19 and Feb. 20, respectively.

Woollum said the Captains' loss at Chowan mid-season was an important learning experience.

"A light bulb went off after the Chowan loss. It took a while for the players to get together,

but we have some serious athletes on this team."

After this loss, the Captains seemed to gain momentum and went on to win their next five games.

The Captains had a season average of 76.2 points a game, while holding their opponents to only 68.8 points a game.

This season, the Captains' overall record of 18-8 was second in Division III inside the state of Virginia, with only Va. Wesleyan (who moved on to play in the NCAA tournament), having a better record at 24-6.

Every game that the Captains played during this season was a learning experience. "There's not a 'gimme' game in this league," said Woollum on the toughness of different teams in the conference.

The team gained momentum with key home games won against Averett and Shenandoah to take on the big dog, first place and undefeated Methodist.

Junior Roderic Carey led the Captains in rebounding, averaging 8.3 per game, while junior Jeremy Romeo led the team in scoring, averaging 14.1 points per game.

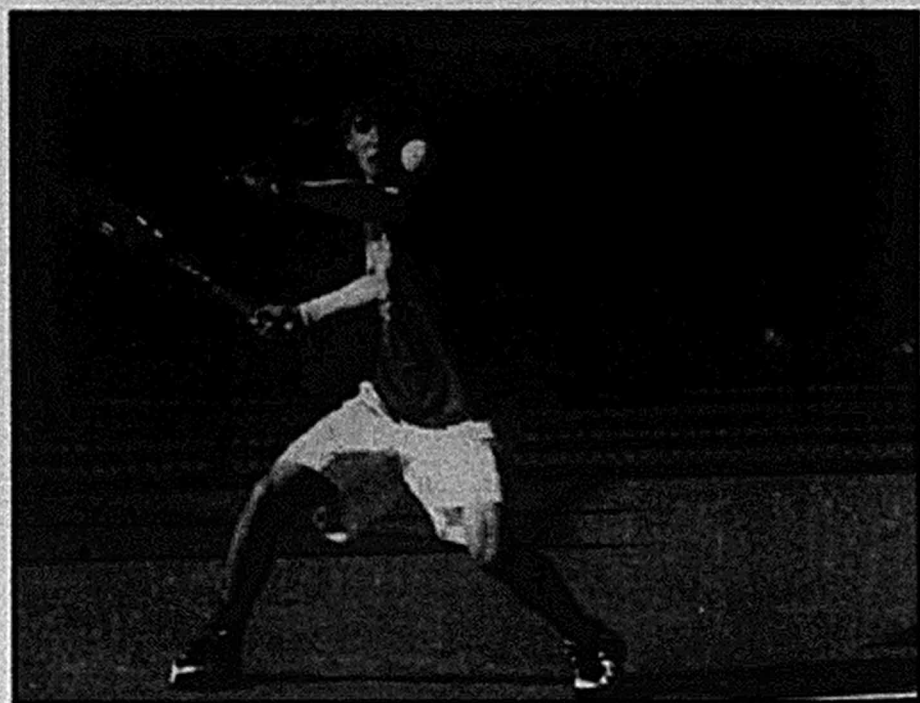
Senior Blake Brookman led the team in assists with 175 and 43 steals. Sophomore Corey Lewis led the Captains in blocks with 31 on the season.

Senior Steven Murrer had a double-double in the Captains win against Methodist on Feb. 19, with 12 points and 11 rebounds.

Key player production allowed the Captains to take over the conference and show their strength to go 6-0 to end the regular season.

The Captains will have to make key adjustments during the off-season with seniors Blake Brookman and Steven Murrer graduating.

However, the Captains will benefit from returning players coming back and having a fresh start next season.



By Craig Whisenand/The Captain's Log

Roundup: men's and women's tennis teams kick off the season

By SEAN KENNEDY AND
KIMBERLY WADE
Sports Editor and
Contributing Writer

The team returns to action again this Friday at 1 p.m. when they play Lynchburg on the CNU Courts.

Men's tennis

The CNU men's tennis team played four games last week with three wins and one loss. The first match was on Thursday at 3 p.m. on the CNU courts against Randolph-Macon. The Captains won 7-0, losing just three individual sets.

In doubles competition, freshmen Eddie Glidewell and John Mook defeated their opponents 8-1, while juniors Steven Inge and Worth Richardson, along with freshman Matt Brueggeman and junior Adam Peters, defeated their opponents 8-0.

The Captains were victorious in their second match as well, which was against St. Mary's College and resulted with another 7-0 win. In doubles play, Brueggeman and Peters defeated their opponents with an 8-0 win while in singles Mook, Peters and Richardson all won their matches 6-0, 6-0.

The Captains lost their last match to Goucher 4-3. In the doubles competition, Inge and Richardson won their set 8-5, while Brueggeman and Peters won 8-4. In singles, Brueggeman defeated his opponent 6-4, 3-6, 1-0, while Inge won his match 3-6, 6-2, 6-0.

The Captains were disappointed about the defeat but nonetheless optimistic about the game. Coach Rush Cole said of the loss, "We just played a team that is ranked pretty high, we had a tough loss, but we were right there with them and that's what counts."

Freshman Kevin Repper said, "We played well and we pulled through ... it was a good match."

The team rebounded on Sunday, traveling to Winchester, Va., to pull out a 7-0 win over Shenandoah. In doubles play, Glidewell and Mook, along with Inge and Richardson, won their matches 8-0. Peters, Brueggeman and Glidewell all won their sets 6-0, 6-0.

"We have a good team, we're doing well so far and we just have to play well every match we can," said Mook.

The team is now 5-2 and 2-0 in USA South conference play.

"It's been a great season and we have high hopes and we're just taking it one match at a time. ... We showed a lot of heart," said Cole.

Women's tennis

The CNU women's tennis team won their first two matches of the season this week.

The season opener was played against St. Mary's College on the CNU Courts on Friday at 3 p.m., with an 8-1 win against the Seahawks.

In the doubles match, partners senior Joanna McCandlish and freshman Stefanie Leblang along with sophomore Katrina Murphy and junior Natalie Pitts won 8-3. Junior Megan Mathis and freshman Erin Wells won their match 8-4.

In the singles match, McCandlish won 6-3, 6-2 while Leblang and Pitts each won their matches 6-4, 6-4.

Wells won 6-3, 7-5 and Mathis won 6-2, 6-1.

"We had the first match jitters but in the end we played well," coach Jenny Nuttycombe said.

The second game was at Winchester, Va. against Shenandoah College and the Lady Captains won 9-0.

In the singles competition, King, Mathis, and Wells all defeated their opponents 6-0, 6-0. Leblang and Pitts won their matches 6-0, 6-1 and McCandlish won her match 6-2, 6-0.

In the doubles competition, Leblang and McCandlish along with Pitts and King won 8-1 with Wells and her partner Mathis defeating their opponents 8-0. The Lady Captains are now 2-0 and are 1-0 in the USA South.

Sailing

The team finished fourth at the Icefree Regatta over the weekend. Georgetown, Virginia and Salisbury finished ahead of CNU.

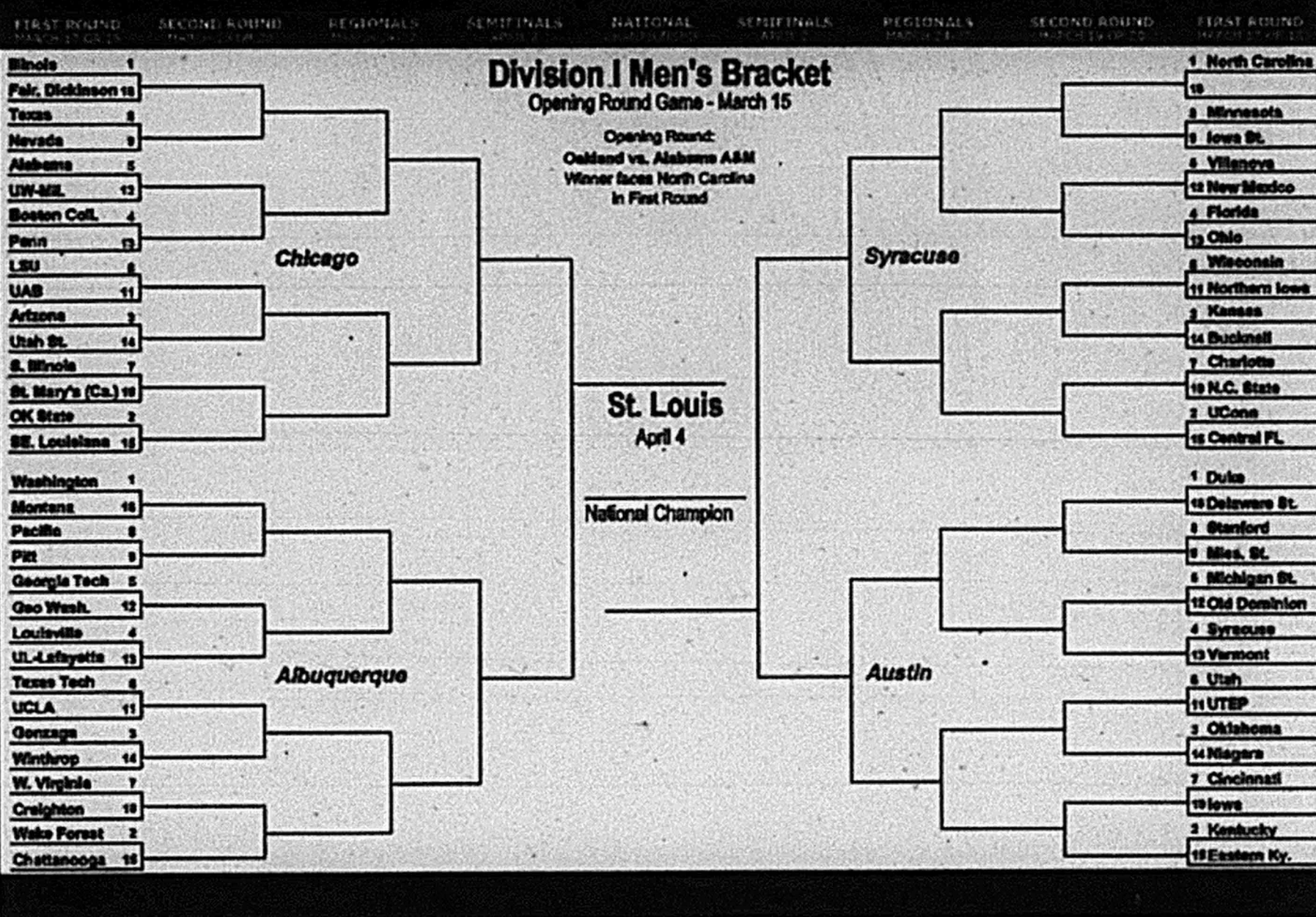
Fordham, Maryland-Baltimore County, Virginia Tech and William and Mary all finished after CNU, which hosted the Regatta.

Indoor Track

Junior Greg Bolton finished second in the 55-meter hurdles with a time of 7.46 at the NCAA Championships over the weekend. Senior Marquita Mines finished third with a jump of 18 feet, 7.25 inches.

Freshman Joseph Owens finished 12th overall with a jump of 6 feet, 3.5 inches in the high jump. In the 55-meter dash, Senior Happy Darcus finished eighth with a time of 7.23.

COLLEGE BASKETBALL



NCAA trends you should know

By TODD HARMONSON
The Orange County Register

Picking last season's national champion by mascot cool quotient clearly didn't work. Uniform color didn't do much good the year before, either. And don't even get started on the fight song fiasco.

Sound a little too familiar?

Probably does for anyone who has gotten in too deep when it comes time for the annual NCAA Tournament pool (for entertainment purposes only, of course). Can't swim with the pool sharks? Well, face it. They either spend so much time watching hoops that they name their kids Tubby, K, Dickie V and Digger or they know some simple basics about recent tournament trends.

For instance, everyone

knows that 42 of the past 66 national champions came from the Atlantic Coast, the Big Ten, the Pac-10 or the Southeastern conferences. And it's obvious that teams with strong road and neutral-court records are better than the homebodies.

But it takes a little research to realize that since 1979 only six seeds - Nos. 1, 2, 3, 4, 6 and 8 - have produced national champions.

The following are trends you might want to follow when you fill out your bracket for the office pool.

1. Avoid No. 16 seeds the way Bob Knight avoids group hugs with reporters.

The skinny: No 16th-seeded team ever has beaten a No. 1 seed. In fact, the only time they win in the tournament is in the Tuesday play-in game ... against another No. 16. Perhaps it will

happen, you know, around the same time USC rehires Henry Bibby because of his people skills.

But why trash your bracket trying to be the first to pick the upset that some would consider a sign of the Apocalypse?

2. Thinking upset? Teams seeded 14th or 15th are nearly as upsetting as their No. 16 counterparts.

The skinny: Teams seeded 14th, 15th and 16th have won only one tournament game in the past five seasons.

Best pick: OK, if you insist, go with No. 14 Utah State over No. 3 Arizona. It wouldn't be the first time the Wildcats collapsed.

3. Make heads or tails of those pesky 8-9 games.

The skinny: It's not exactly a coin flip, but it's close. If in doubt, lean toward the nines.

They have a 43-37 advantage over the eights in the past 20 NCAA Tournaments. That's not exactly a trend on which you should risk the kids' college fund, but it's better than guessing.

Best pick: No. 9 Nevada looks good over Texas, as does No. 9 Mississippi State over Stanford.

4. There's a reason they're No. 1 or No. 2.

The skinny: Everybody wants to find his dream pick, the one that can take him to the title. But after about five days, there's a major change of heart and he wants out of the deal. Oh, wait, that was Rick Majerus with USC. But you get the point.

Best pick: The vision of Roy Williams cutting down the nets works here. Try North Carolina.

Women's basketball team finishes early at tournament

By ASHLEIGH TULLAR
Captain's Log Intern

The Lady Captains hosted Methodist on Feb. 22 for the first game of the 2004-2005 USA South Women's Basketball Conference Tournament. The Lady Captains lost to the Monarchs 51-60 and finished their season 10-16 overall and 7-7 in the USA South.

Their game lacked focus, which seemed to be a repeat from throughout the season.

Sophomore Candace Bryant received four personal fouls in the first half.

To prevent her from fouling out of the game, coach Carolyn Hunter pulled her from the game early.

"I was mad at myself for putting the team in that position. When I returned to the game I was taken advantage of because they knew I wasn't going to play as aggressive as

usual, [in fear of getting another foul]. I could hear the other coach telling her players to go for me because I was playing back," said Bryant.

Bryant scored 14 points despite not playing in the game for as long as she might have been used to.

Fouls held the Lady Captains back and allowed the Monarchs to score 28 points on free throws.

Senior Christen Snyder was one of the highest scoring players for the Monarchs but all of her points were on free throws. Snyder made 12 out of 13 free throws attempted. Sophomore Stacy Williams led Methodist with 11 rebounds. Methodist shot 84.8 percent from the free-throw line for the game, but they only shot 15-44 (34.1 percent) from the field.

Methodist started off strong with a tight defense, making it difficult for the Lady Captains to move the ball up court. In the first half, CNU was kept at a standstill with only

16 points for over six minutes. With 1:33 left in the half, senior Chazzy Morris broke through with a free throw shot to bring the score to 17-18.

At halftime, the score was 19-20.

Sophomore Jess Hutt came out of halftime determined to make some points to bring up CNU's score.

She shot 4-8 (50 percent) on three pointers and had a total of 19 points, a game high. Hutt also had four steals and three assists.

"In the first 15 minutes, I can honestly say they were scared, but when there was such a long time when we didn't score they took control. It will be really hard to have them play on our courts for the semifinals," said Hutt.

Morris played tight defense against the Monarchs and fouled out of the game with 31 seconds left. Morris finished her last season at CNU averaging 6.7 points per game, and 5.5 rebounds per game.

Bryant and sophomore Samantha Davis both received Second Team All-Conference honors from the USA South Conference.

Coach Carolyn Hunter finished her seventh season as head coach with 124 total wins. She is one game away from tying former CNU coach Susan Walshall for the second most wins in school history.

"I'm disappointed in the young team; they lost focus and weren't aggressive enough when going towards the basket," said Hunter. "We will use the off-season to go to the gym and work on getting stronger. The refs played a big part [against Methodist], unfortunately we had a lot of fouls called on us."

The Freeman Center was the host for the conference tournament this year. The semifinals were held Feb. 25.

Peace lost to Greensboro 60-66 and Methodist beat Ferrum 66-59. Greensboro eventually won the tournament.

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Lacrosse has a tough weekend

By CATHY EVANS
Captain's Log Intern

The lacrosse team lost both games this weekend against Roanoke College and Catholic University. Both losses were only by one point, leaving the Captains record at 2-5 as of Sunday. The Lady Captains have lost four games by only one point. Roanoke College broke the 9-all tie at Saturday afternoon's game to win 10-9.

Roanoke led, going into halftime by outscoring the Lady Captains 5-3.

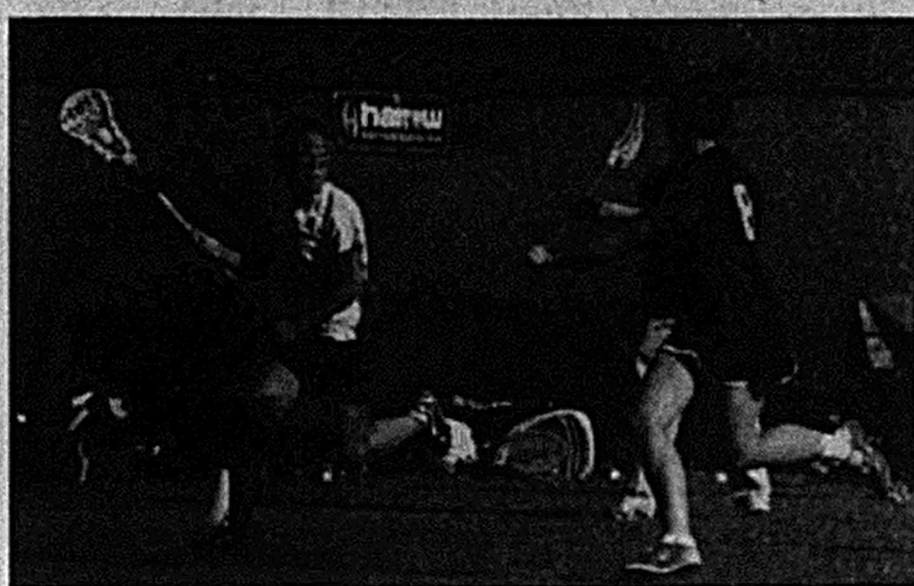
After halftime, CNU tried to change the momentum of the game and outscored Roanoke 6-5, but it was still not enough to win the game.

CNU and Roanoke were neck and neck for points in the second half; for most of it they were never further than a point away from one another.

With 1:37 left on the clock, junior Sally Allstadt scored to tie the game at 9.

Roanoke quickly scored again then regained possession, holding onto the ball until time ran out.

Sophomore Kristyn Hankins led the Captains in scoring with three goals and one assist. Allstadt and sophomore Cecilia Malloy scored two goals each and Conques had one goal and one assist. Senior Amy Zacharo



Craig Whisenand/The Captain's Log

Senior Sally Allstadt moves the ball upfield against Catholic on Sunday.

had one assist as well.

Catholic University won the Sunday afternoon match-up against the Captains 12-11.

Because of an hour delay due to referee difficulties, the Lady Captains used that extra time to practice and run various drills.

Once the game got started, the Catholic University Lady Cardinals seemed overwhelmed by CNU and the Captains were ahead at halftime, 7-5. In the end, Catholic out shot CNU 24-20, with much of that action happening during the second half. The momentum seemed to change against the Captains favor after their first timeout; Catholic tied the score at 10 with 15:21 left on the clock.

"They came in and shot

point-blank goals, and we didn't shift very well," said CNU coach Kwame Lloyd.

The clock ran out on the Lady Captains, handing them their fourth loss on their home field. Conques led the Lady Captains with four goals and two assists. Freshman Allison Hansen and Mallory finished with two goals each while Hankins finished with one goal and one assist.

Allstadt and senior Elaine Kirby contributed one goal each.

"I think that we are competing and that is something we're doing better on than the past," said Lloyd.

The Lady Captains return to action this Friday at 4 p.m. against Ferrum.

SPRING TRAINING, FROM PAGE 13

bilities, the media attention is pointed squarely at the steroids controversy.

In the off-season, Grand Jury hearings were held and many of baseball's biggest names were offered immunity in exchange for their testimony.

Record-setting home run hitter Barry Bonds admitted to taking two kinds of steroids during that season.

Jason Giambi, the American League MVP in 2000, also admitted to taking some form of steroids during that season.

A book written by one half of the famed "Bash Brothers," former slugger Jose Canseco, acted as a Molotov cocktail to an already raging controversy.

In his book, Canseco implicates nearly every superstar in the past 10 years.

He brags of his massive size and the limited amount of work it took to get his Goliath-like stature. All of the players who were implicated in the book have categorically dismissed the charges and ad-

monished Canseco for doing this for "his own financial gain."

With all the negative press about steroids, the stories about players doing great things with their talent and money get lost in the shuffle.

Players such as Scott Rolen, a member of the National League champion St. Louis Cardinals, have foundations set up to donate money to children.

His foundation, the Enis Furley Foundation, was established after a trip to a children's hospital.

Since then, he has done numerous other charitable visits, but refuses to be recognized for them.

The Jorge Posada Foundation, set up by New York Yankees' catcher Jorge Posada, was established to help families with children who suffer from craniosynostosis.

Mr. October for Kids, set up by former slugger Reggie Jackson, focuses on providing educational opportunities to underprivileged youths.

Baseball no longer holds the place it did 50 years ago, either in TV ratings or in the hearts of America's youth.

But despite its current state, some say that baseball is still the purest form of sport, stressing

the idea of "team" and selflessness more so than any other professional sport.

There are still ball fields in every corner of the United States.

To many kids, baseball provides the only sense of pride, accomplishment and belonging from their childhood.

In that respect, baseball is a rite of passage and integral part of the American experience.

Baseball will rebound, because baseball is America, and America is nothing if not resilient.

This spring training is more important than normal because the way the players respond to controversy and their performance during the season will determine the speed at which baseball can regain its crown as America's true pastime.

For the sake of young children everywhere, playing catch with their fathers for the first time,

I hope that Barry Bonds hits 76 home runs, 42-year-old Roger Clemens wins his eighth Cy Young Award, all the asterisks are thrown out of the record books, and baseball becomes a sanctuary from corruption in a world already full with its share.

Ice hockey plays a split-squad game

By KIMBERLY WADE
Contributing Writer

The CNU ice hockey team's last home game of the season against the University of Mary Washington was cancelled the night before the game. So with prepaid ice time at the Hampton Ice Plex and with family and fans expecting a game, coach Ryan Pringle decided to use the rink to play a split-squad game, dividing the school's players amongst the home and away teams.

The White vs. Blue game was held on Saturday at 11 p.m., in replacement of the Mary Washington game. It offered a prime opportunity to invite pos-

sible recruits to play with the team. Pringle coached the home team (white) and freshman Curtis Zapf, former player and Ice Plex employee, coached the visitors (blue).

"Next year shows a lot of promise with all the young talent coming," said Pringle after the game.

The faux game was played to introduce prospective players who had a special interest in the team to CNU players. Many of the recruits lived up to their potential, introducing their style of playing to the team and showing off what their contribution to the team will be next year.

Sophomore Greg Simon said, "They were a real treat to play with and they will be some

great additions to next year's roster."

The team decided to throw an extra couple of minutes onto the clock to play, or until the staff members of the Ice Plex kicked the team off the ice. They continued to play even after referee Brett Small left the game.

"It was a great experience to play against some top recruits along with playing teammates because you got the joy of hitting some new kids and some of your own friends," said Simon. "Also, it didn't really feel like a practice, but more of like a game. I had a lot of fun, but tried to play as hard as possible."

By the time the rink's lights were dimmed the score was 6-4 in favor of the white jerseys.

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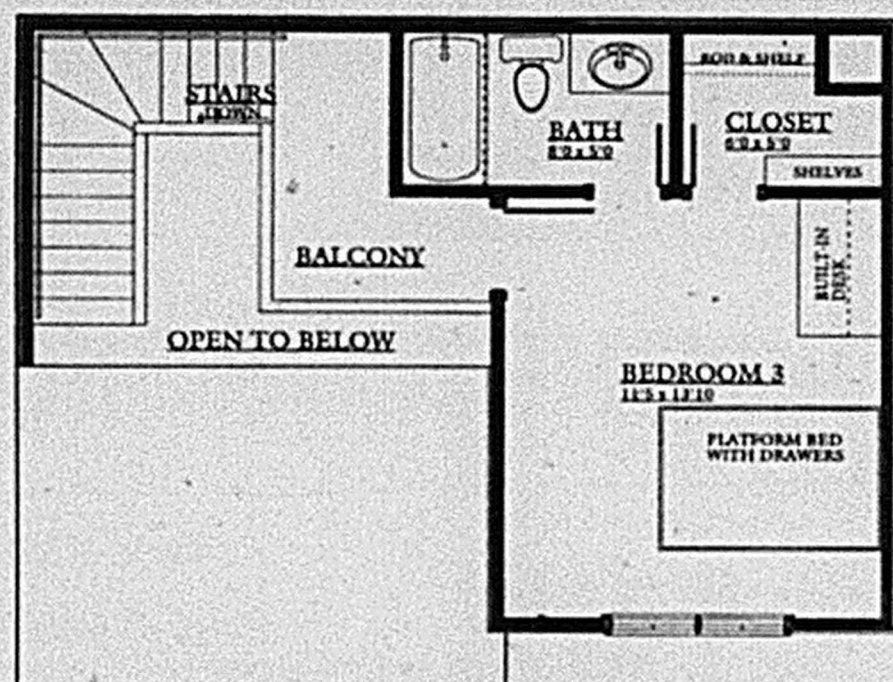
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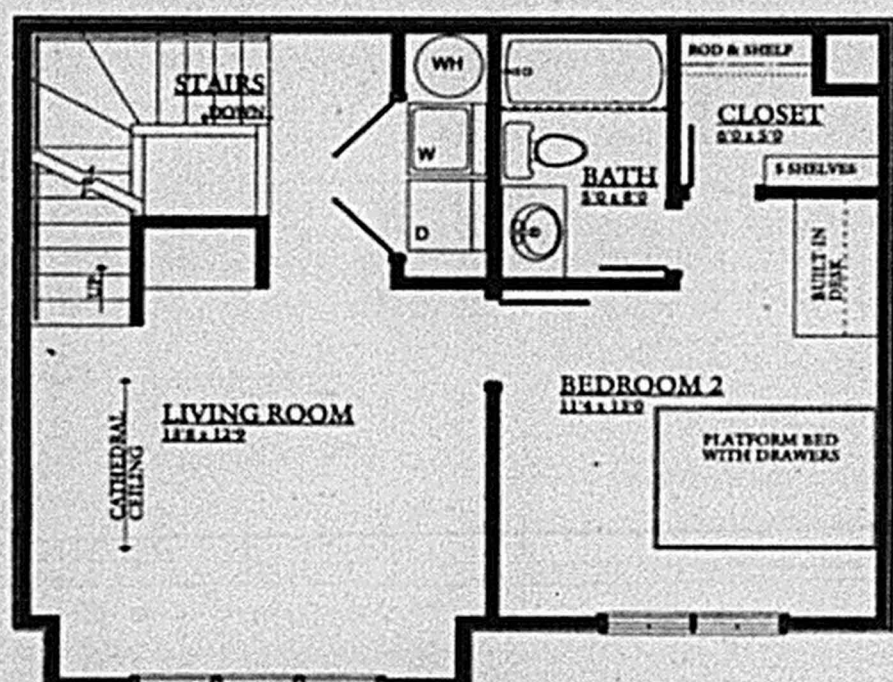
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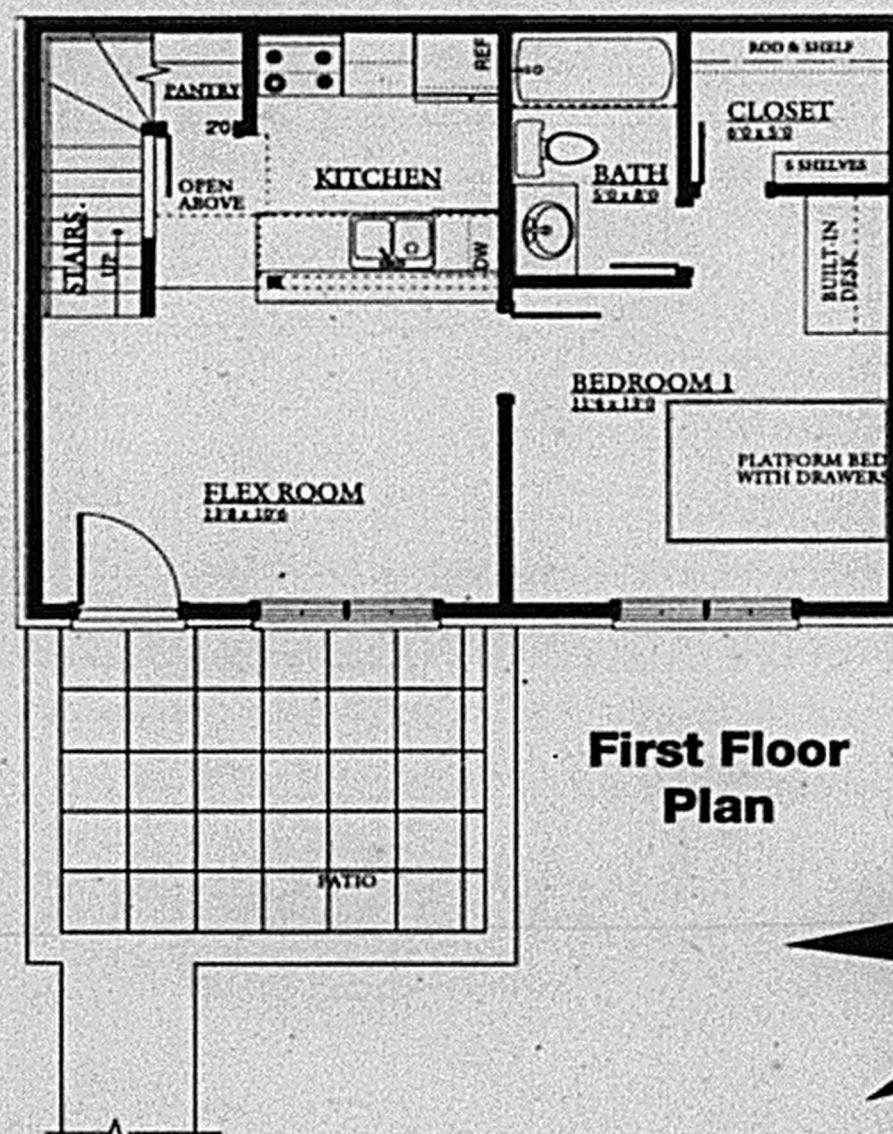
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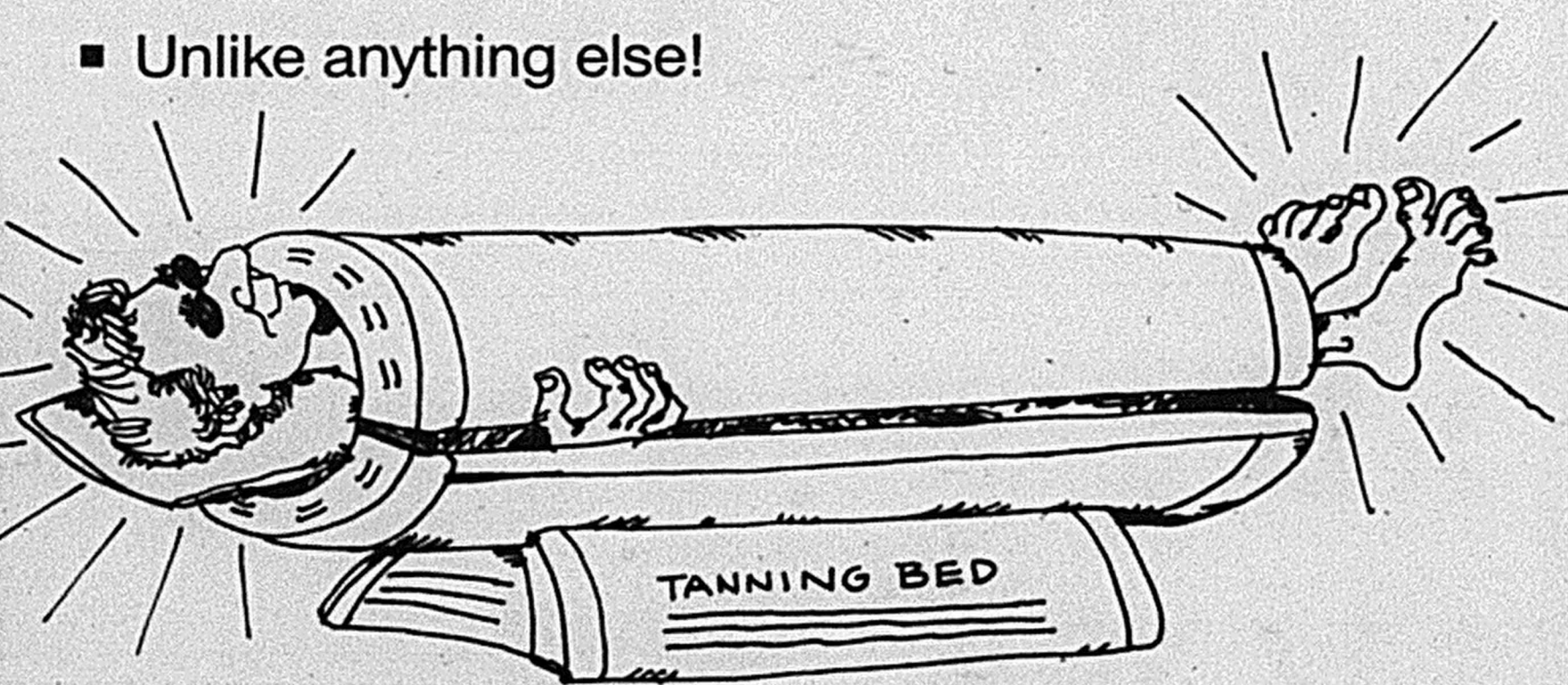
Second Floor Plan



First Floor Plan

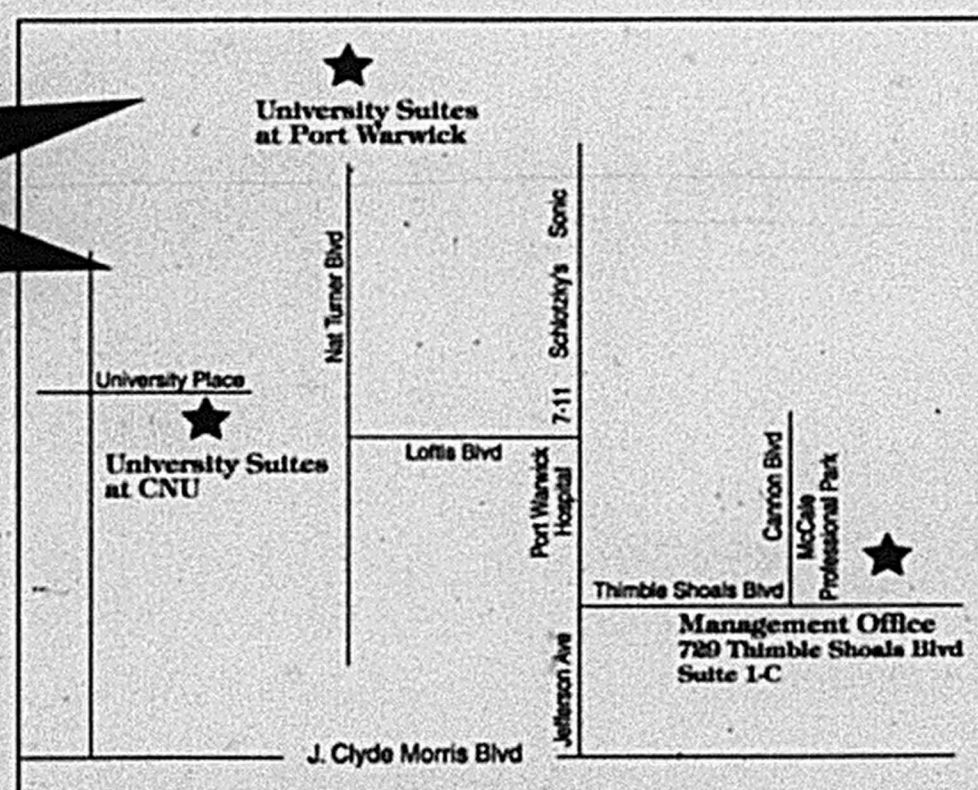
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