

Smoking and No Smoking areas set in Campus Center. See Story Page 5.

The sports calendar overflows with activity during the month. See Page 8.

Other than beer served in chilled glasses, dog obedience is a must. See Story Page 2.



THE CAPTAIN'S LOG

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Christopher Newport College Newport News, VA

March 8, 1990

High-tech audio-visual system impacts lectures

by Mark Chambers
staff writer

Advancements made in high-tech equipment are creating revolutionary changes in the lecture halls of Christopher Newport. A new high-tech audio-visual system recently implemented in Gosnold 101 is having a major impact on the manner in which class lectures are carried out.

Development of the project began last spring when the Coordinator of Instructional Technology at Christopher Newport, Nick Koltun, was approached by several members of the faculty in the Science Department who wanted to convert Gosnold 101 into a "premier audio-visual presentation lecture hall." Several advanced components were to be used in the system, which was to be based on an \$8,000 video projection device. According to Koltun, "This video projection device was specifically designed to project video and computer generated information." The concept was intended to be a "Starship Operation" system which was to consist of a console with "everything teacher friendly on the console and run through the video projection device, in addition to an audio system controlled by two speakers in the back of the room."

The functions of the audio-visual presentation system, which is known as "Class Talk," include several options



by Donna DeGrace, Photography Editor
Asst. Professor Fred Hartline of the Physics Dept. and Robert Knapp, a CNC student, try out the new "class talk" program. Knapp wrote the "class talk" program.

which present a new perspective for lectures. Through the use of the computer system, students and faculty are able to respond to questions or information flashed on a video screen by entering their statements and responses into the system

with a switching device.

Koltun stated that other functions include the ability to transfer various images, such as those created by the projection of a biology lab microscope slide, to a video screen. A wireless FM micro-

phone can also be connected to the system, enabling the faculty to amplify their voice projections during a lecture. These functions composed Phase one of the operation which has already been completed.

Plans are currently being made to begin Phase two of the operation which calls for the incorporation of a video disc player and audio cassette recorder. Also included in this phase is an overhead camera with a light box under the camera which will enable faculty and students to shoot images of solid objects or printed material.

Funding for the audio-visual presentation system is being obtained through the Equipment Trust Fund which is provided by the State Council For Higher Education. Initial costs of Phase one of the project were estimated to be \$50,000. However, coordinators of the project were able to complete Phase one at a significantly lower cost of \$25,000. According to Koltun, Dr. Ronald S. Mollick, Department of Biology, Chemistry, and Environmental Science at CNC, ordered the equipment based on Koltun's recommendations and Dean Powell, Financial Director of the project, provided money for the installation of the system. At this time, Christopher Newport is seeking more funding to complete Phase two of the

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CCP Office growing like never before

by Elizabeth Creamer

Four years ago, when many seniors were beginning college, CNC's Career Planning and Placement was a one-man office. Today, that office boasts a full-time staff of three, and offers a variety of programs to serve a diverse student body. Under the direction of Douglas Gallaer, who arrived at CNC in 1986, Career Planning and Placement has revitalized.

Increased staffing made many of Career Planning and Placement's new programs possible; Gallaer's perception of what career planning should be provided the impetus to develop them. The newest programs (implemented in the past three years) include a redesigned Career Center with 70% more holdings, a Videotape Mock Interview workshop, an extensive seminar series, and Job Link, which allows students and employers to hook up by phone. In an effort to learn more about students' career planning needs, Gallaer recently developed an alumni survey, which delves

into questions of career satisfaction.

In general, the new programs reflect a new focus; contrary to what some students believe, Career Planning and Placement does not act as an employment agency. Although Gallaer remains committed to expanding on campus recruitment, career planning gets top priority. "Career planning is a process, not an event," Gallaer said. "We're in the business of helping people realize who they are and how to reach their goals."

As a career counselor, Gallaer said he views a lack of career and self awareness, and a desire for instant answers, as the major barriers to job placement. Career planning, he said, necessitates life planning; career satisfaction means thinking beyond 9 to 5. "Career planning should take into account all the spheres of a student's life," Gallaer said. "At Career Planning and Placement, we look at the total picture—a student's values, interests, needs, and strengths. We explore the

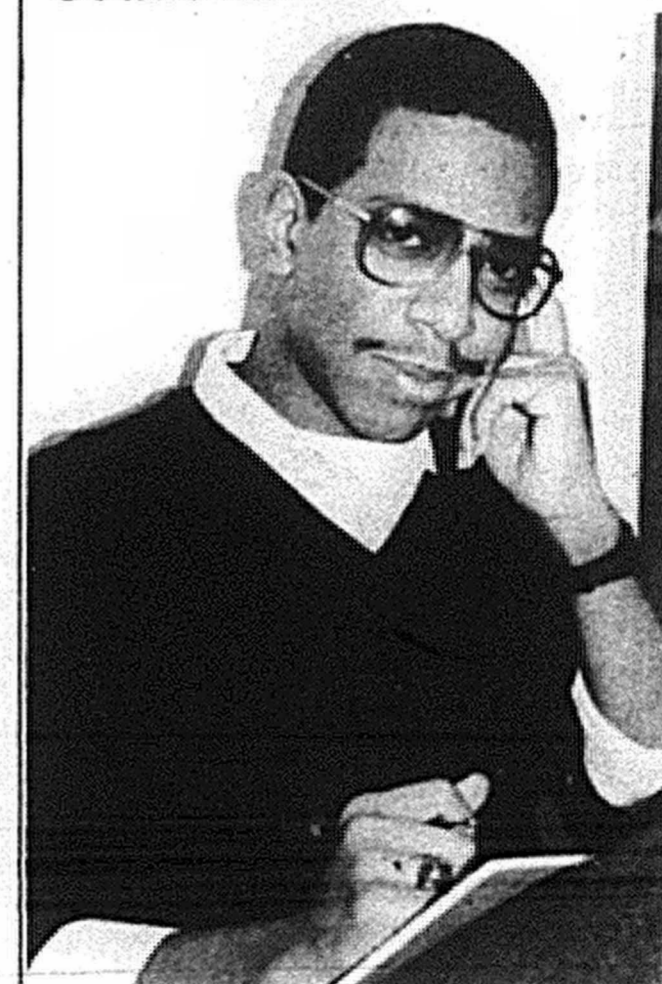
issue of what that student wants from life, then look at careers congruent with those needs."

Such introspection requires knowledge; thus, Career Planning and Placement emphasizes teaching students about themselves. In guiding students to determine personal and career goals, Gallaer said, the office provides its most valuable service. Career knowledge "empowers people to develop job seeking skills," Gallaer said. "Since the average person changes careers five to seven times, knowing how to market yourself becomes critically important."

CNC's diverse student body demands multi-faceted programs. Thus, students can explore career issues on their own by utilizing the Career Center, a room housing current literature on virtually every aspect of career planning. The Center also contains computer equipment,

Continued on Page 7

Councilman?



J. T. Thornton
Please see story, Page 7.

Doggone it! Training dogs is a worthwhile endeavor

by Dave Barry

If you were to ask me, "Dave, what are the two words that summarize everything that you truly believe in, other than that beer should always be served in a chilled glass?" I would have to respond: "Dog obedience."

I own two dogs, and they both have been trained to respond immediately to my voice. For example, when we're outside, all I have to do is issue the following standard dog command: "Here Earnest! Here Zippy! C'mon! Here doggies! Here! I said come HERE! You dogs COME HERE RIGHT NOW!! ARE YOU DOGS LISTENING TO ME?? HEY!!!" And instantly both dogs, in unison, like a precision drill team, will continue trotting in random directions, sniffing the ground.

This is, of course, exactly what I want them to do. Dogs need to sniff the ground; it's how they keep abreast of current events. The ground is a giant dog newspaper, containing all kinds of late-breaking dog news items, which, if they are especially urgent, are often continued in the next yard.

We live next to an aircraft-carrier-sized dog named Bear who is constantly committing acts of prize-winning journalism around the neighborhood, and my dogs are major fans of his work. Each morning, while I am shouting commands at them, they race around and scrutinize the most recent installments of the ongoing Bear

oeuvre, vibrating their bodies ecstatically to communicate their critical comments ("Bear has done it AGAIN!" "This is CLASSIC Bear!" etc.)

Of course you cannot achieve this level of obedience overnight. You have to take the time to understand dogs as a species, to realize that they have not always been peaceful domesticated animals who fulfill their nutritional requirements primarily by sidling up to the coffee table when you're not looking and snorking taco chips directly out of the bowl.

Millions of years ago, dogs were fierce predators who roamed in hungry packs; if some unfortunate primitive man got caught out in the open, the dogs would surround him, knock him to the ground and, with saliva dripping from their wolf-like jaws, lick him to within an inch of his life. "Dammit Bernice!" he would yell to primitive woman. "We got to get these dogs some professional obedience training!" This is still basically the situation today.

We had our larger dog, Earnest, professionally trained by a very knowledgeable woman who came to our house and spent several hours commanding Earnest to "heel." Wouldn't it be funny if it turned out that animals actually had high IQs and understood English perfectly, and the only reason they act stupid is that we're always giving them unintelligible commands? Like, maybe at night in the stable, the



horses stand around asking each other: "What the hell does 'giddyap' mean?"

But the trainer had no trouble getting Earnest to comprehend "heel." Her technique was to give commands in a gentle but firm voice; to consistently praise Earnest for obeying properly; and to every now and then, as a reminder, send 75,000 volts of electricity down the leash. At least that's how I assume she did it, because in no time she had Earnest heeling like Vice President Quayle. Whereas when I take Earnest for a "walk," I am frequently yanked horizontal by dog lunges of semi-nuclear force—Earnest could tow a bulldozer across Nebraska—so that my body, clinging desperately to the leash, winds up bouncing gaily down the street behind Earnest at close to the federal speed limit, like a tin can tied to a newlywed couple's car.

But "heel" is not the only obedience skill our dogs have mastered. They also know: **ANSWER THE DOOR**—When a person, real or imagined, comes to our house, both dogs charge violently at the front door barking loudly enough to shatter glass, because they know, through instinct, that there is a bad guy out there and they must protect the house. So when we open the door, no matter who is standing there—a neighbor, a delivery person, Charles Manson holding a four-foot machete—the dogs barge right past him and race outside, looking for the bad guy, who for some reason is never there, a mystery that

always causes the dogs to come to skidding four-legged stops and look around with expressions of extreme puzzlement. Foiled again! He's a clever one, that bad guy!

GO TO SCHOOL—The highlight, the absolute pinnacle, of our dogs' entire existence is riding in the car when we drive our son to school, an activity that gives them the opportunity to provide vital services such as barking at policemen and smearing dog snot all over the rear window. So every morning they monitor us carefully, and the instant we do something that indicates to them that our departure is imminent, such as we wake up, they sprint to the garage door and bark at it, in case we've forgotten where it is, then they sprint back to us and bark some more, to let us know they're ready to go, and then they sprint back to the garage door, then back to us, and so on, faster and faster, until they become barely visible blurs of negative-IQ canine activity rocketing through the house at several hundred revolutions per minute, and you can just imagine how difficult it can be for us to make them understand the concept of "Saturday." One non-school morning my wife felt so sorry for them that she went out in her bathrobe and drove them around the neighborhood for a while, looking for things they could bark at.

So don't try to tell me dog training isn't worth it, OK? I can't hear you anyway, because there's a bad guy at the door.

CAPTAIN'S LOG

EXECUTIVE STAFF

THE CAPTAIN'S LOG is the official student newspaper of Christopher Newport College, Newport News, Virginia. THE CAPTAIN'S LOG is published weekly during the

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Opinions expressed in THE CAPTAIN'S LOG do not necessarily reflect faculty, administration or student viewpoints.

THE CAPTAIN'S LOG welcomes letters to the editor from its readers. All letters must be typed, double spaced, and include the author's signature, address and telephone number for verification purposes only. Letters will be printed anonymously upon request.

THE CAPTAIN'S LOG reserves the right to edit letters according to style, subject and length. A drop box is located in the Campus Center near the steps closest to the theatre.

All copy must be typed double spaced and is due at noon on the Thursday preceding publication on the following Thursday.

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"Tea & Sea" talks at Mariner's Museum

The Mariners' Museum, will continue its Thursday afternoon "Tea & Sea" talks for adults which began February 1. This year, the time frame has been expanded and the talks will be held from 2 to 3:30 p.m. each Thursday throughout April. Visitors will be treated to an informative talk on some aspect of maritime history, followed by tea, refreshments, and an opportunity to meet and visit with the presenter.

"The Marine Artists' Brush with History" will be led today by Museum curator Richard C. Malley. Malley will lead a tour of the Maritime Paintings & Decorative Arts Galleries with an emphasis on the ways that marine art has reflected major developments in both American and international maritime history since the 17th century.

On March 15, the 1930s will be the setting for a tour of the Antique Boats

Gallery led by Museum archivist Tom Crew. Before the tour, Crew will give information on the history of these treasures from the days of wooden boat construction, especially the designs of Chris-Craft—the world's largest builder of motorboats.

"Here—They are Watermen" will be presented on March 22 by John Frye, Chesapeake Bay Gallery consultant and freelance writer on bay-related topics since 1962. Frye will lead a tour of the exhibit in the Chesapeake Bay Gallery that explains the life of a waterman on the Bay.

March 29, Museum curator Alan B. Frazer will present "Ship Models: Canoe to Carrier." Frazer will lead a tour of models in the Chesapeake Bay Gallery that include models of vessels ranging in size and complexity from the Native American log canoe to the aircraft carrier USS *Theodore Roosevelt*.

On April 5, "Three Cultures in Conflict—Native American, European, and

African—in the Chesapeake Region," will be led Dr. Timothy E. Morgan, associate professor of history at Christopher Newport College. Morgan will give background remarks and lead a tour of the exhibit of the Chesapeake Bay Gallery that interprets the early contact between these cultures.

And on April 12, "Selections of Maritime Poetry & Prose" will be led by Bentley B. Anderson, associate professor of theater/communication at Virginia Wesleyan College, and Shirley Hurd Anderson, regional director and actress. The Andersons will read from selections that evoke mankind's timeless relationship with the sea.

Advance phone reservations for the "Tea & Sea" talks are helpful, but not required. Phone reservations may be made by calling the Museum at (804)595-0368. Thursday "Tea & Sea" talk admission is \$1.00 for Museum members, and \$1.50 for nonmembers. Group reservations are also welcome.

Fourth annual road rallye for arts at the beach

Courtesy of

Virginia Beach Center For the Arts

The Fourth Annual Road Rallye For The Arts, sponsored by Checkered Flag Motor Car Company and Audi, has been scheduled for April 1, 1990.

The Rallye is an annual fundraising event organized by the staff and volunteers of the Virginia Beach Center For The Arts and funded by area businesses. During the Rallye, which can be compared to "a scavenger hunt on wheels", various historical and artistic points of interest will be visited as participants attempt to find answers to Rallye questions with the aid of clues and often puzzling directions.

The course, which takes from two to four hours to complete, was expertly mapped out by members of the Tidewater Sports Car Club. It begins at La Promenade shopping center on Laskin Road and winds through city streets and country

roads with a pit stop at Checkered Flag Lynnhaven. The final destination is the Virginia Beach Center for the Arts where an awards ceremony and finishing party will take place. The awards party is open to non-rallyist for a \$10.00 fee. This includes entertainment, food, and beverages.

The Rallye, which drew over 130 vehicles and 450 participants in 1989, is open to everyone who drives a vehicle. Participants arrive in everything from sleek sportscars and exotic classics to family station wagons. Awards are presented to winners in several categories including: Most Spirited, Most Exotic Automobile, Best Costumes, and Oldest Automobile. Special prizes will be awarded to Audi drivers. US Air, Hampton Roads' largest airline, is offering the Grand Prize of a trip for two on US Air to Orlando, Florida which will be awarded to the team with

the most correct answers. A Booby prize will be awarded to the team with the fewest correct answers.

Registration for the Fourth Annual Road Rallye For The Arts begins March 1st, 1990 at the Virginia Beach Center for the Arts. Advance registration fees of \$35 enter one car, one driver and one navigator. The fee for each additional passenger is \$15 per person. Participants may also register the day of the event for \$40 per car, driver and navigator and \$20 per additional passenger.

Proceeds for the event will benefit the Virginia Beach Center for the Arts. The Center, which moved to its new facility in April 1989, is a private non-profit organization that provides year-round exhibits, adult and youth educational programs, music and dance performances and lecture series to the Hampton Roads area.

Students awarded

Two CNC students received first place and second place awards in the "Genesis" exhibition at the Peninsula Fine Arts Center which opened on February 23. Two other CNC students also received awards.

Each year the *Daily Press* and *Times Herald* sponsor a Juried College Exhibition entitled "Genesis." Student works from Christopher Newport College, the College of William and Mary, Rappahannock Community College, Thomas Nelson Community College, and Hampton University are judged before awards are given.

Christopher Newport received four of the awards. Best in Show, a \$300 award, went to Brenda Reiff for her sculpture "It's the Bounce that Counts," and the second place award of \$200 went to Gordon Hagan for his monograph "Still Life II."

The Betty Anglin Watercolor award of \$250 was presented to Page Strickland for "Indigo Collage." Patrick Simpson received a \$50 merit award for his drawing "City Motion."

Previews to great performers series scheduled before concerts

Courtesy of
City of Hampton

Audiences seeking a better understanding of the performances on the Hampton Arts Commission's Great Performers Series will appreciate the Previews scheduled before both the March and April concerts.

Arranged to familiarize the community with the artists and programs, the Previews will feature musical selections and discussion on the composers and performers. On Monday, March 5, a Preview of the performance by Ian Hobson and the Sinfonia da Camera will be held. The Sinfonia da Camera, conducted from the keyboard by Ian Hobson, will perform at Ogden Hall on the Hampton University Campus on Thursday, March 8 at 8 p.m. Then, on Thursday, April 16, a Preview

of the Stoltzman/Goode/Stoltzman Trio will be presented. Hampton native Lucy Chapman returns as the violinist in the Trio on Monday, April 23, at Ogden Hall, 8 p.m.

These informal and informative sessions will be led by Commission Director, Michael P. Curry. Curry, a native of Great Britain, was trained as a pianist, organist, and double bassist and has worked with many of the leading musical ensembles and artists during his career.

The Previews, which are free and open to the public, will be held at the Charles H. Taylor Arts Center at 7:30 p.m. Tickets for the performances in Ogden Hall are available for \$15, \$12, \$10, and \$8. For reservations or more information, please call 722-ARTS.

Applications being accepted for festival

Courtesy of

City of Newport News

Newport News Occasions is now accepting applications from craftsmen who want to participate in the 17th Annual Fall Festival.

The Festival is scheduled for October 6-7, 1990 in the beautiful Newport News Park. It will feature a showcase of the finest traditional crafts and trades.

Applications must be postmarked no later than April 15, 1990. Interested groups should call Edwina Petersen at (804)247-8451.

Performing artists sought for 1990-91

YOUNG AUDIENCES OF VIRGINIA, INC., a non-profit arts education organization which brings the excitement of live performing arts into the schools in a dialogue-teaching format, is looking for artists to perform during the 1990-91 academic year.

All artists interested in forming dance, theater, or music ensembles and auditioning for the roster of season 1990-91 must turn in a filled application form and script by April 1, 1990.

For more information and applications, call (804) 623-5268.

Portrait in America lecture Mar. 15

Chrysler Museum Photography Curator Brooks Johnson will present a lecture focusing on *The Portrait in America* exhibition at 8 p.m. on Thursday, March 15, in the Museum's theater. A champagne reception catered by Stripes, An American Restaurant, will follow in Huber Court. Co-sponsored by the Photography Alliance, the event will cost \$10 and reservations are required.

Currently on view in the Norfolk Foundation Small Changing Gallery and the Alice and Sol B. Frank Photography Gallery, the exhibition surveys the evolution of the photographic portrait in the United States. The portraits, drawn primarily from the Museum's permanent collection, encompass a period from the art's introduction to the 1840s to contemporary forms of photography which rely on space-age technology. Artists featured in the show include the Langenheim Brothers, Southworth and Hawes, Alexander Gardner, Mathew Brady, Alfred Stieglitz, Edward Steichen, Ansel Adams, Dorothea Lange, Margaret Bourke-White, Cindy Sherman, Robert Mapplethorpe, Chuck Close and Sal Lopes.

Attendance at the lecture and reception is limited to 300. For additional information or to make reservations, please call 622-1211, extension 287. For further information, please contact: Robin Maurice or Deanna Johnson Keim, The Chrysler Museum, Olney Road and Mowbray Arch, Norfolk, VA 23510, 804/622-1211.

ON SCREEN

MOVIES CURRENT SHOWINGS

Courtesy of
College Press Service

Always (PG)

Richard Dreyfuss - Strained retread of 1943 war romance called "A Guy Named Joe." (Fair)

Back To The Future, Part II (PG)

Michael J. Fox - Another fling in the time machine with this merry sequel. (Good)

Born On The Fourth Of July (R)

Tom Cruise - Powerhouse account of paralyzed Vietnam vet; Cruise is sensational. (Great)

Driving Miss Daisy (PG)

Morgan Freeman - Powerful, touching story of friendship between black chauffeur and Jewish widow. (Great)

Everybody Wins (R)

Debra Winger - Tedious mystery involving a private detective trying to free a man from prison. (Boring)

Flashback (R)

Dennis Hopper - Ageless hippie evades the law in this lame comic tribute to the radical '60s. (Fair)

Glory (R)

Morgan Freeman - At last, a tribute to black soldiers who bravely fought in the Civil War. (Great)

Heart Condition (R)

Bob Hoskins - Gimmicky cop-buddy comedy involving a policeman and the ghost of a black lawyer. (Fair)

Internal Affairs (R)

Richard Gere - Hyped-up cop thriller involving the investigation of an evil policeman. (Fair)

The Little Mermaid (G)

Jodi Benson - Charming and lively animated feature from Disney; destined to be a classic. (Great)

Men Don't Leave (PG-13)

Jessica Lange - Newly-widowed mom adjusts to new lifestyle; stylish, sentimental drama. (Good)

Roger And Me (No Rating)

Michael Moore - Big business gets kick in the pants in this funny, mischievous documentary. (Great)

Stella (PG-13)

Bette Midler - Strained remark of the classic tearjerker "Stella Dallas."

Tango And Cash (R)

Sylvester Stallone - Standard pumped-up mayhem drives this cop-buddy actioner. (Fair)

Tremors (PG-13)

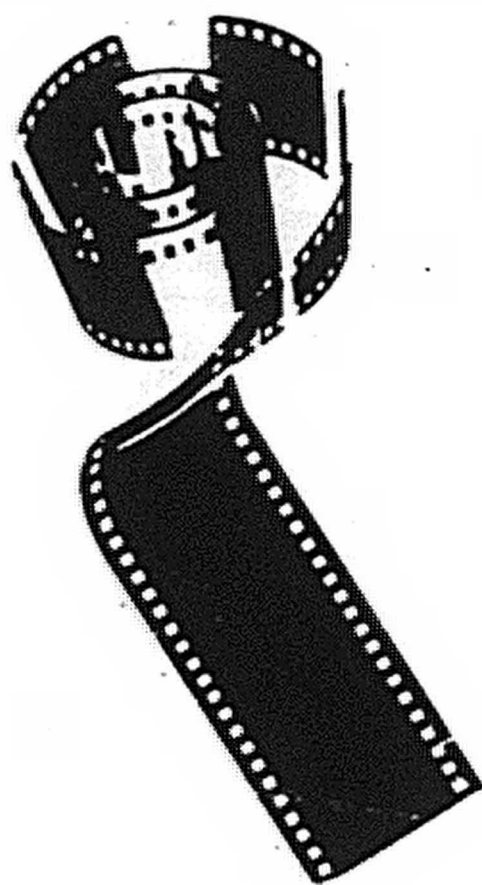
Kevin Bacon - Giant earthworms menace a desert community; a routine creature-feature. (Fair)

The War Of The Roses (R)

Michael Douglas - Black comedy of marital blitz escalates into excessive nastiness. (Fair)

Coming Attraction

Timothy Hutton will play a district attorney who finds that his witnesses to a political scandal are being killed. The



film, "Q A," will be released by Columbia Pictures. Armand Assante and Nick Nolte are scheduled to costar.

Reviews

HARD TO KILL (R)

Even seven years in a coma doesn't cool the resolve and martial arts skills of this dapper Los Angeles detective (Steven Seagal). After the big sleep, he kicks up a storm of revenge against assorted bad guys. There's plenty of lively bone-breaking action in the tradition of the chop socky genre. But, formula plot and dialogue abound. The unfolding is very much routine. Kelly LeBrock (Seagal's real-life wife) plays the sweet thing who nurses our hero to awakened vigor. FAIR MARITAL ARTS DIR-Bruce Malmuth LEAD-Steven Seagal RT-96 mins. (Profanity)

HOMER AND EDDIE (R)

Lame, unappealing road-buddy adventure starring James Belushi and Whoopi Goldberg in the title roles. He's a retarded young man on his way to visit his dying father in Oregon. She's a criminal with a brain tumor and only a few weeks to live. This traveling pair fails to experience any meaningful or sympathetic incidents. And the players waste time and talent on hollow conversation. A highlight of this dreary trip is Homer's introduction to sex at a brothel.

BORING DRAMA DIR-Andrei Konchalovsky LEAD-James Belushi RT-100 mins. (Profanity)

LOOSE CANNONS (R)

Gene Hackman and Dan Aykroyd are mismatched buddy cops in this dumb, silly concoction involving the Washington, D.C., police. The wretched roles merely evolve as embarrassments for both actors. Amid the misfired gags and witless action sequences, they seek to recover a porno film starring Adolf Hitler and encounter Israeli agents and neo-Nazis. Part of Aykroyd's shtick is to imitate pop culture characters such as "Tweetie Pie" and "The Cowardly Lion." It's enough to make you cringe.

BORING COMEDY DIR-Bob Clark LEAD-Gene Hackman RT-94 mins. (Profanity)

SOUNDZ

MUSIC

by Richard Santoro

COMPACT DISCS

Negativland - "Helter Stupid" (SST)
Brilliant satire and social commentary only occasionally giving the nod to any real musical output. Read the liner notes to find out what's going on. But they blow away the Residents on the best day they ever lived. (Great)

Alter-Natives - "Buzz" (SST)

Brisk, intelligent instrumental music which owes its outlook somewhat to the best work of Frank Zappa. Real melodies played by good musicians who obviously enjoy what they are doing. Despite the long timings, they waste little music and don't try to outsmart the listener. They have something good to offer. (Good)

Grant Hart - "Intolerance" (SST)

Drummer Hart's second solo L.P. is a brisk, somewhat rockabilly affair. It's filled with sincere primal angst associated with only the truest rock 'n' roll. A big improvement over last year's whimpy offering. (Good)

Jefferson Airplane (Epic)

Vastly disappointing entertainment from the band that should have produced the only really working comeback album so far. It's a sloppy, piecemeal affair consisting of songs written by individual

members before they knew anything about a reunion. Kantner's postures on world peace sound like aging hippie garbage, especially in light of his work with the lamentable Jefferson Starship. Kaukonen's guitarwork still jangles, but it doesn't roar. His contributions remind us not of Airplane, but of Hot Tuna. Toward the end, the group gathers together and almost pulls it off. But alas, their material is too stale. (Boring)

Liza Minelli - "Results" (Epic)

Liza goes English and enlists the Pet Shop Boys as her co-conspirators on an album which could have been a laughable mess. But it has, instead, a definite sense of its own ridiculousness and a beat which pounds the listener into submission. She gleefully accepts whatever position the Boys choose and they are good at bending her into pretzel shapes. This C.D. is sweaty and hard-working. (Good)

Joe Strummer - "Earthquake Weather" (Epic)

Strummer's first solo album is a pastiche of style and textures. He handles the whole thing well, rarely embarrassing himself in the process. However, he does not exactly come across as a bold stylist, either. If you do an album that's all over the place, you need a unifying element. Strummer does not have one, and this situation wrecks the mood. (Fair)

OFF THE SHELF

MARCH

Campus Paperback Bestsellers

1. All I Really Need to Know I Learned in Kindergarten, by Robert Fulghum. (Ivy, \$5.95) Uncommon thoughts on common things.
2. The Calvin and Hobbes Lazy Sunday Book, by Bill Watterson. (Andrews & McMeel, \$9.95) Collected cartoons.
3. The Long Dark Tea-Time of the Soul, by Douglas Adams (Pocket, \$4.95) Dirk Gently is pitted against the Laws of the Universe.
4. Cat's Eye, by Margaret Atwood. (Bantam, \$5.95) A woman's reflections from school days to the advent of feminism.
5. The Prehistory of the Far Side, by Gary Larson. (Andrews & McMeel, \$12.95) Larson's notes and sketches.
6. The Drawing of the Three, by Stephen King. (NAL/Signet, \$5.95) Continues where The Gunslinger left off.
7. Trevelyan, by Robert Ludlum. (Bantam, \$5.95) The probing of a "hidden government" within the government.
8. A Thief of Time, by Tony Hillerman. (Harper & Row \$4.95) Pursuing a murderer.
9. Breathing Lessons, by Anne Tyler. (Berkeley, \$5.50) An ordinary married couple discovers how extraordinary their lives really are.
10. Web of Dreams, by V. C. Andrews. (Pocket, \$5.50) The birth of a family curse.

Compiled by The Division of Higher Education from information submitted by college stores throughout the country, February 15, 1990.

New & Recommended

A personal selection of Dorothy Reedbach, NAU Bookstore, Flagstaff, AZ

Shopping for a Better World, by The Council on Economic Priorities. (Ballantine, \$4.95) A quick and easy guide to socially responsible supermarket shopping.

Daughter of Destiny, by Benazir Bhutto. (Touchstone, \$9.95) Fascinating portrait of the first woman prime minister of a Muslim state.

Save our Planet, by Diane MacEachern. (Dell, \$9.95) 1,001 everyday ways you can help clean up the earth.

ASSOCIATION OF AMERICAN PUBLISHERS/NATIONAL ASSOCIATION OF COLLEGE STORES

SGA CORNER

Second Town Meeting Friday

The Student Government Association is holding a second Town Meeting on Friday March 23, at 12 p.m. in Anderson Auditorium in the Administration Building.

All students, faculty, and staff are invited to attend this open forum to bring questions and concerns to the administration and the SGA. In attendance will be Dr. Anthony Santoro, President; Dr. Charles Behymer, Vice President of Student Affairs; Dr. Richard Summerville, Vice President of Academic Affairs; Dr. Mike Etkin, Vice President for Finance; Mr. Paul Holcumb, Vice President for Institutional Advancement and the SGA

elected officers.

Have a major question about the college or just want to discuss a concern with the President of the College? Come to the Town Meeting scheduled on March 23 at noon. This event, sponsored by the SGA, is an open forum for you to bring your concerns directly to the administration. Your questions are not screened or discouraged. Join the SGA and Administration in A-105 for **Town Meeting II**.

The SGA encourages all to attend this event and end SGA Awareness Week. For more information, contact the SGA office at 594-7197.

Tropical Springfest for 1990

Springfest takes on a tropical face-lift for 1990. The annual event is scheduled for April 20, and runs from noon to 7 p.m. on the campus lawn. Co-sponsored by CAB, SGA and the Alumni Society, the event features several modes of entertainment.

CAB will once again sponsor video buttons. Roving through the crowd will be a professional caricature artist. Bring-

ing the sounds of the islands to campus will be the regga band Zion Wave from Norfolk.

Adding to the festivities will be the concessions and booths of the student organizations. Food and refreshments may be purchased from the student booths and the Alumni Society.

For more information, contact Mindy Goddin at 594-7159.

Get off your can--recycle

SGA Update: The SGA Aluminum Recycling project is in full swing. The large blue cans are located on campus for your aluminum. Don't throw away those empty drink cans! Recycle them. The money raised through recycling will finance book grants for needy students. Take the time to find a blue container for your empty can!

The SGA is co-sponsoring two major

campus events in the upcoming months. Handicap Awareness Week and Springfest have the SGA active and on the go.

Recently returned, two SGA members attended the National Convention of National Association of Campus Activities in Chicago. Angela Jones and Kippy McGehee joined CAB in the week-long conference to select entertainment for next year.

Handicap Awareness week

Do we really understand the needs of the handicap students on campus? The SGA is co-sponsoring **Handicap Awareness Week** on April 2-9. The Campus Handicap Committee and the SGA will man booths in the campus center breezeway with literature and information.

Volunteers will participate in being handicap for a day. Some may spend the

day as a blind student, while others may learn what it is like to maneuver in a wheelchair. Dr. Anthony Santoro, President, will join the list of volunteers. He will spend part of his day in a wheelchair.

If you are interested in assisting the committee or want more information, contact Linda Coggeshall at 594-7197.

Discover SGA Mar. 19-23

The SGA - What has it done for you lately? The SGA is sponsoring an Awareness Week on March 19-23, 1990. This is your chance to discover, evaluate and take notice of what the SGA has accomplished this year and what our services are.

Have you ever wondered what the SGA does in its two offices on the campus center second floor? During SGA Awareness

Week the offices will literally be moved to the first floor of the campus center. You will get first hand information on how the President, Vice Presidents and Chairmen spend their days.

Have a suggestion? Have a concern? Want to join SGA? Information tables will be set up in the campus center breezeway for your use.

*Don't get wrecked. If you're not sober---
---or if you're not sure---
let someone else do the driving.*

Smoking in the Campus Center

The Campus Center No Smoking Resolution is as follows.

1. **Christophers Cafeteria**
 - a. Back half designated as No Smoking Area
 - b. Front half designated for smoking
2. **Terrace**
 - a. Back half designated as No Smoking Area
 - b. Front half designated for smoking
 - c. When the wall partition is closed dividing the Terrace into separate rooms, the area directly across from the salad bar will be designated as the No Smoking area.
3. **Downstairs Study Lounge and Theater Lobby**
 - a. Bookstore hallway designated as no smoking area
 - b. Remainder of area designated for smoking
4. **Theater**
 - a. Designated No Smoking area
5. **Gameroom**
 - a. Designated No Smoking area
6. **Upstairs TV Lobby**
 - a. Designated smoking area
7. **Meeting rooms: 233, 205, and 207**
 - a. Designated No Smoking area
8. **Room 214**
 - a. Exempt from smoking policies
9. **Conference Room 150**
 - a. Varies with the nature of events. Generally, the area will be designated as a No Smoking area for meetings, but certain catered events may permit smoking in designated areas.
10. **Food preparation and serving areas**
 - a. Designated as No Smoking areas.
11. **All office space (administrative and student)**
 - a. Governed by the campus policy. Individuals may smoke in their private offices. Offices shared by two or more people may be declared either smoking or non-smoking areas by unanimous vote of the occupants of these offices. If votes are not unanimous, the office is a non-smoking area.



by Donna DeGrace, Photography Editor
Dr. Theodora "Teddy" Bostick presented her lecture at the Dean William Parks Colloquia Series that was held Mar. 5.

"He-Women and She-Men"

Dr. Theodora Bostick, Professor of History at CNC, will present the fifth lecture of the 1989-90 Dean William Parks Colloquia on March 5, at noon in A-105.

Her topic is "He-Women and She-Men: A Profile of the Early Suffragists," based on current research regarding the women's suffrage movement in mid-nineteenth century England.

Dr. Bostick is completing a book on the history of the early women's suffrage movement in England, much of the research for which was conducted on several trips there.

All members of the Christopher Newport College Community are warmly encouraged to attend.

Windsor Development Center a goldmine for students

by David Irby, Jr.
contributing writer

"HELP, I think I'm going crazy!" This thought has crossed the mind of every college student at one time or another. The pressures of being a student of higher education today is sometimes overwhelming. Work, family, relationships, peer pressure, and especially, classes make great demands of us. If we are not prepared to handle these, a crisis situation could develop in our lives. "Where can a student go to for help without paying \$100 an hour?" "Who cares about my development as a person and a student?"

The answer to these questions is in the campus center, beside the information desk, in room 146. The James C. Windsor Student Development Center is open to all students, five days a week, serving the developmental needs of students. It offers workshops such as study skills, time management, communication skills, as well as individualized counseling.

The staff of the development center is there to help the students through counseling, workshops, placement testing, programs (such as CNC's TRANSITION PROJECT), and other indirect services.

When entering the office you will meet Sally Lavender, an executive secretary. She will help you find the workshop, day and time you need, get information on CLEP or other testing, let you talk with one of the counselors, or just generally make your day!

Glen Vought, a licensed counselor for the center, is there to talk to you about your difficulties and help you find the sources to get through them. He will also help you with CLEP testing, Myers/Briggs and Strong/Campbell Personal Inventories. Glen is also the committee chair on Substance Abuse in Student Affairs and has worked with the SGA, the Campus Police, and the Student Life Office in the creation of alcohol awareness programs at CNC.

The Director of the center, Rich Butchko, is committed to serving the developmental needs of students. Under his direction and with the support of the College, the Office of Student Development is expanding to bring the best it can to the students.

Rich, besides being a counselor at the center, is active in locating grants that will help to resurrect the CONNECTIONS program (which served the basic college preparatory needs of many area families and their 9th and 10th grade children) and fund other important service programs that the office has developed.

Allocating funds from sources other than federal will be a major step for the office in the expansion of its services to the students at Christopher Newport. Rich is also planning to conduct a survey this semester of students' attitudes toward the college. This is to determine if the administration is successful in meeting

the needs of its students. Get your pencils ready!

"Every time you turn around you see student bashing, people talking about how students don't want to do homework, (and that they) are looking for the easy way to get by" says Rich Butchko. "Students today have many challenges: the information boom, the ever increasing vast quantity of knowledge, the technological explosion. We must learn to make sense of it all. Coping with change is the name of the game." When asked what message he would like to give to the students, Rich simply said "Treasure yourselves, you are precious!"

An invitation is extended to all students to come down to the center and find out what they can do for you. Whether you need to take a CLEP test, find out what career will fit your interests, or would like to talk about a problem, the well trained staff of the center is there to help you.

High-tech

Continued from Page 1

operation. Completion of the entire project is scheduled within the next year.

According to Koltun, this technological advancement will in all likelihood replace the chalkboard and other obsolescent instructional devices as a primary instructional source. Koltun stated that "The days of the professor getting up in front of the class in order to present his lecture and opening up his notes, and the moths fly out, are gone." The new 100-inch video screen monitors represent a major breakthrough in institutional development, allowing large classes to view the subject matter. Plans are also being made to use a device manufactured by Video Write Corporation, which will enable operators of the audio-visual system to actually write on the video screen, thus providing faculty with a more efficient means of communication. As stated by Koltun, "The trend is definitely to go to video, audio, and computer technology in the area of instructional development."

Koltun said that the system will greatly enhance and improve institutional

research at CNC. It will allow students to view and listen to subject matter presented in a lecture that they might not ordinarily comprehend and assimilate by simply listening to the instructor.

As stated by Dr. George R. Webb, Department of Physics Chairman and Coordinator of the Pre-Engineering Program at CNC, "I have had students respond in surveys regarding the 'Class Talk' system that they were amazed at how the introduction of a computerized audio-visual system to a classroom actually humanizes the class." Through the use of the audio-visual presentation system, an extremely valuable component to instructional research may augment a lecture in a highly educational and positive manner.

Koltun revealed that plans are underway to set up a similar system which promises to be more improved in terms of resolution and projection in A-105, the Campus Theatre, and later in the lecture rooms of McMurrin Hall. Long range estimates also call for a lecture hall link-up data network which will enable students and faculty to communicate with each other from various locations on campus, conduct multiple lectures, and teleconferences.

TAPE-A-QUARTER

Questions, comments, curious about something? Ask the head man in charge. Come to the Town Meeting March 23, 12 noon, A-105.

I think we should go to my house and study Psychology again. NEVER before have I had such a full recall from a study session.

I wouldn't say that I'm in love with you, but I wouldn't say that I'm not.

ESCAPADE

CLASSIFIEDS

Casey J: If Alabama's the place will we take the "Train..."? What if I can't go? Will you go alone? -"Test"! Sugar M.

Remember Barbara Streisand? Remember her song you softly sung for me? Yea, she's got the right idea. Let's keep it that way!

Is CNC going to acquire a Ferguson campus? Come to the Town Meeting, March 23, 12 noon in A-105 and ask Dr. Santoro.

Continued on back page

Frances Norton Honich will give a poetry reading on Thursday, Mar. 29 at 7 pm in the Campus Center, Room 150. Frances Honich will read from the Camille Claudel series. Camille Claudel was a sculptor, student, and mistress of Rodin. Honich's poems have appeared in Connecticut River Review, Earth's Daughters, and Pegasus Review. This reading is supported by a grant from The Virginia Center for the Creative Arts. It is presented by the CNC English Department and Sigma Tau Delta. The reading is free and open to the public.

Student Writers Needed:

If you would like to read some of your poems or fiction as part of the Student Readings on Thurs., Apr. 12, please notify Dr. Jay Paul, McMurrin -206, by Apr. 2. Please leave your name and phone number.

Currents, CNC's literary magazine, will be distributed during the Student Readings on Thurs. Apr. 12 at 7 pm in the Campus Center, Room 150. In addition, the 1990 student writing awards will be given out at this time.

SUMMER CAMP JOBS are available at resident Girl Scout camps in VA. Min. age, 18 or high school graduate. Counselors, leaders, pool staff, nature and craft directors, cooks and kitchen staff are needed June 15-Aug. 15, 1990. Call 1-800-523-7898 or 1-703-660-6286 for an application. Girls Scout Council of the Nation's Capital. An Equal Opportunity Employer.

10 STEPS TO REDUCING CANCER RISK

1 Eat more cabbage-family vegetables.

2 Add more high-fiber foods.

3 Choose foods with Vitamin A.

4 Do the same for Vitamin C.

5 Add weight control.

6 Trim fat from your diet.

7 Subtract salt-cured, smoked, nitrite-cured foods.

8 Stop cigarette smoking.

9 Go easy on alcohol.

10 Respect the sun's rays.

AMERICAN
CANCER
SOCIETY

Thornton runs for Newport News City Council

Courtesy of
J. T. Thornton

Please be advised that as of March 1, 1990, at 1 pm, Jared L. "J. T." Thornton officially announced his candidacy for the office of City Council for the City of Newport News.

It is his intention to provide some of the basics that have been missing from our city government. He will return the idea of the people running the government, not the government running the people. He is tired of reading about city officials committing serious offenses and getting away with it and he is sure that other citizens are just as upset as he is.

Thornton says, in respect to our educational system, we need to work towards getting a directly elected school board. Without this feature involved in our school system, we are doomed to having petty politics entering your child's classroom thanks to our current City Council.

These are just a few of the issues which he will address throughout the campaign. He will attempt to issue weekly press releases on a variety of topics and will make himself available to speak with any group or individual on any topic.

Biography of
Jared L. "J. T." Thornton
Newport News City Council Candidate

- Jared L. Thornton is a native of Newport News. He has lived all over the city (East End, Mid-Town, and Denbigh).
- He currently is a resident of the Windsor Great Park area of Denbigh.
- He graduated from Denbigh High School in the top half of his class.
- Some major issues he will be campaigning on include:
 1. To work on getting a directly elected school board.
 2. To aid existing forces to find a swift and resolute answer to our rezoning problems. Also, to work on resolving our problem of school overcrowding through effective utilization methods.
 3. To strongly scrutinize the financial affairs of the city.
 4. To work on bettering regional cooperation in terms of transportation, recycling and other issues.
 5. To ensure that city officials are treated equally in terms of when they are charged with DUI or other offenses.
 6. To actively speak for all citizens, no matter where they live in the city.
 7. To encourage equal distribution of the city's funds and resources for all areas and programs of the city.

These are just a few of the issues which J. T. Thornton will be expanding upon during the campaign.

For more information, please contact J. T. Thornton at:

Post Office Box 2076
Newport News, VA 23609
877-1364

J. T. Thornton
for
Government for the People
Not at the People



by Donna DeGrace, Photography Editor
Marion Carrington, CNC's first Minority Counselor, who joined CNC on Feb. 1.

Career

Continued from Page 1

including career education programs. One program, Virginia VIEW, uses a series of questions to ascertain an individual's interests and values. The computer then applies that information to careers, identifying areas which appear compatible to the student's personality. Virginia VIEW also provides an employment outlook for specific careers, and information on national, state, and regional job trends. Virginia VIEW, like all Career Planning and Placement services, can be used free of charge.

The Office of Career Planning and Placement holds over 50 seminars each semester; according to Gallaer, seminars remain "underutilized." "Sometimes students don't perceive a need to attend (career planning) workshops, especially if they've worked before," Gallaer said. "Many students, however, haven't interviewed at a professional level, which is a different ball game." Seminar topics include Resume/Cover Letter Writing, Interviewing, Liberal Arts and Careers, and Graduate School. A new seminar acts as a dress rehearsal job interviews, with students coming to the seminar dressed for success.

According to Gallaer, the Job Search Strategies seminar benefits students because, "the best way to find the job you want is usually not the most obvious." Seniors participating in CNC's on campus recruitment program must attend a resume writing workshop. "A resume must effectively represent a fine person," Gallaer said. Resumes provide vital links to getting the right job.

In addition to small group seminars, Career Planning and Placement offers individual counseling by appointment. Resumes can be critiqued by an expert, by coming to the office Mondays, 9 to 10 a.m., or Thursdays, 3 to 4 p.m.

CNC does offer job placement services, including on campus recruitment, a

resume referral service, and a job opportunities resource board, featuring career information from over 45 agencies. Gallaer follows up employers' visits to CNC, by surveying them on students' interviews and resumes. "Generally," Gallaer said, "the feedback's outstanding."

This year, two new staff members joined Career Planning and Placement. Assistant Director, Jelane Kennedy, arrived in September. Her responsibilities include coordinating CNC's cooperative education programs, conducting seminars, and individual counseling. According to Gallaer, Kennedy "has a particular interest in women's issues, including displaced homemakers and women returning to school."

CNC's first Minority Student Counselor, Marion Carrington, began work February 1. Carrington also serves as the school's Placement Coordinator. Her dual role, Gallaer said, "is a creative position ... and a very positive step for the college."

Besides serving a student population that includes military retirees, returning women, and an increasing number of traditional age students, Career Planning and Placement services are available to CNC graduates. "Career planning doesn't end when you get a job," Gallaer said. "If you're an alum who's unsure of your direction or underemployed it's not too late to visit us."

Despite this year's many changes, Gallaer seems ready to take on more. His goals include developing a model career planning program, with sequential activities from the freshmen year to graduation. He also plans to strengthen community relations. "We have excellent students at CNC," he said. "We want employers to recognize that."

For more information about the Office of Career Planning and Placement, phone 594-7047.

Golub speaks on "Passover and Easter"

Courtesy of
Jewish Chautauqua Society

Rabbi Mark A. Golub completed a lecture on "The Holocaust: their Views" October 25, 1989 at Christopher Newport College. He is scheduled to speak again on March 28, 1990 at noon, on "Passover and Easter: A Comparison." These lectures are sponsored by the Jewish Chautauqua Society (JCS).

Rabbi Golub is the spiritual leader of Temple Sinai, Newport News, VA, since 1986. He received his B.A. in French literature from Tufts University and was ordained rabbi in 1967 with a Master of Arts in Hebrew Letters from Hebrew Union College-Jewish Institute of Religion.

Rabbi Golub previously served congregations in Montreal, Canada, Akron, Ohio and Naples, Florida. He currently pursues a doctorate in the School of Education at the College of William and Mary.

The Rabbi teaches a full semester course on The Holocaust sponsored by JCS at Christopher Newport College.

To date, more than two million students have attended JCS-sponsored seminars and lectures. JCS also produces educational video programs and sponsors interfaith institutes. The organization has donated more than 100,000 volumes of Judaica to college and secondary school libraries.

Founded in 1898, JCS is the educational Arm of the National Federation of Temple Brotherhoods, an affiliate of the Union of American Hebrew Congregations.



Let's see, me and Nancy, or was it Jane? No, me and Nancy. We were...what was the question again?

1990 Spring tennis teams take the court in search of championships

Young women's team goes after title

by Jim Heath
sports editor

After a rough pre-season, a very young but experienced women's tennis team will take the court for CNC this year. With one freshman and no seniors on the roster, this team could take some knocks or they will surprise many people.

The number one singles player for them is sophomore Amy Lawrence. The Tabb High graduate had a 9-9 record last season, and has already taken the number 14 player in Division III to three sets. She also had a 12-2 doubles record with Tracey Watson.

Stephanie Seward had the second best singles record last season with a 13-6 mark. From Southampton High, Seward has compiled a 1-2 record this season. She also had the second best doubles record with Amy Baker at 12-7.

Amy Mayes returns to the team after a long layoff. The junior from Hampton High is playing number three singles and teams with Amy Baker at number two doubles.

Junior Amy Baker returns for her third year. The graduate of Tabb High didn't have an outstanding record last season, so she is looking for a little redemption this go around. She is teaming with Amy Mayes this season at number two doubles, and they have already won their first

match against Methodist.

One new face this year is junior Sue Stecki. The transfer from Virginia Wesleyan is concentrating on singles (number five) because of what Coach Accettola calls "a wrist problem." She will just play singles to be able to just survive the season. Stecki won the only singles match for CNC against Methodist.

Playing number six singles is the only freshman on the team, Lisa Lunde. The Menchville High graduate has played well so far this season, and won a match last week against the Naval Academy.

Coming from Forest Glen High, Angela Edwards is another player who is just concentrating on one aspect of tennis. Suffering from "tennis elbow" has allowed her to concentrate on doubles alone, with the hopes of just having to compete once in a dual match will allow her to survive the year. She is teaming with Lisa Lunde at number three doubles.

So far this season, the team has had a rough start against a very competitive schedule. They lost to conference top-dog Methodist 6-2, were shut-out against East Carolina 9-0, but rebounded to defeat the Naval Academy 7-2. Stecki leads the team with a 2-1 spring record in singles, and the doubles teams of Lawrence/Seward, and Mayes/Baker each have 2-1 records so far.

Men's team goes Cougar hunting in Dixie

by Jim Heath
sports editor

With three returning players, and a very strong recruiting class coming in, the men's tennis team should battle for the top spot in the conference race this season.

Coach Craig Reynolds feels that this team is much improved over last year's squad that finished 7-8, and can give the top squad Averett a run.

The main reason for the optimism from Coach Reynolds comes in the form of Holden Knight. "Getting Holden was a major coup for our program. He has the talent to be at ODU or William and Mary," he said. "His playing number one will bolster everyone's chances of winning down the line," he added.

Leading the returnees includes last year's number one Rush Cole. The junior from Phoebus High was 6-9 playing number one singles last year, and was 7-5 playing doubles. "He was in a tough position last year with it being his first season at number one," said Reynolds.

Other returnees include Matt Allen (6-11 at number two or three singles) from Hampton, Dave Scheiderer (6-10 at number four singles from Denbigh, and Fred Hunter also from Hampton. "Fred is just coming off knee surgery. It is questionable whether or not he can come back," said Reynolds.

Reynolds also brought in four strong local players. Robert Downen (Denbigh) is a possible top six player, Steve Taylor

(Poquoson), Nik Susta (Tabb), and Jason Robins (Gloucester) will all help the program. "All of these guys are quality players that will help strengthen our lineup," said Reynolds.

These five freshmen (including Knight) will give the team something it lacked last year according to Reynolds, a competitive nature. "Not that we didn't have it last year, but as a team that was one of the areas that I feel that we were not strong," Reynolds said.

The men have won both of their matches so far this year. A 5-4 win over Methodist, and a 7-2 win over St. Andrews. Two singles players have undefeated records in Knight and Downen. The doubles tandem of Cole/Knight have won both of their matches as well.

The power is there for a strong men's tennis team this season. With a little bit of luck, this could be the year someone gives Averett a definite run for the conference title.

Baseball wins

The baseball team slugged their way to a 16-5 opening game win over Elizabeth City State last Friday at Deer Park.

Tab Pabst pitched a complete game for the Captains and struck out 13 batters. He also went 3-5 at the plate with a grand slam home run. Gary Malarkey went 3-4 with two home runs that game, David Lindsay, Bobby Robinson and Mike Conway each had two hits for the Captains.

They had their next two games rained out last weekend. The next games will come on Thursday against Muhlenberg at 3:00, and on Sunday against Duke at 1:00.

Softball splits

Our softball team split their opening games against Mary Washington. They won the first game 10-1, but lost the second game 3-0.

In the first game Kim Cason led the Lady Captain attack with three hits and three rbi's. Numerous other players had two hits apiece. In the second game they only managed two hits and Cason had one of them.

They return to action this week against Norfolk State at home on Wednesday, and in the Virginia Wesleyan Tournament this weekend.

Basketball done

The men's basketball season ended abruptly in the NCAA South Regionals with a 91-80 loss to Emory & Henry last Thursday night in Emory, Virginia.

Steve Artis and Lamont Strothers led the Captains with 17 points. Drexter Randall scored 16, Jamie Chappell had 14, and James Boykins added 10. The guys were an outstanding 28-32 from the foul line in that game.

They ended their season at 19-9, which is the best record under Coach C.J. Woollum. Congratulations guys!

SPORTS CALENDAR

Thu., Mar. 8	Women's Tennis vs. Lynchburg	2:30 pm
	Baseball vs. Muhlenberg (1G)	3:00 pm
	Track at NCAA Nationals	Northampton, Mass.
Fri., Mar. 9	Men's Tennis vs. Marymount	3:30 pm
	Women's Tennis vs. Marymount	3:30 pm
	Softball in Va. Wesleyan Tourn.	Va. Beach
	Track at NCAA Nationals	Northampton, Mass.
Sat., Mar. 10	Softball in Va. Wesleyan Tourn.	Va. Beach
	Track at NCAA Nationals	Northampton, Mass.
Sun., Mar. 11	Baseball vs. Duke (1G)	1:00 pm
Mon., Mar. 12	Baseball vs. Rhode Island (1G)	5:00 pm
	Softball vs. St. Joseph's College (2G)	2:30 pm
Tue., Mar. 13	Baseball vs. Hampden-Sydney (1G)	3:00 pm
Wed., Mar. 14	Baseball at VCU (1G)	1:00 pm
	Softball at Elizabeth City St. (2G)	2:30 pm
Thu., Mar. 15	Baseball vs. Fairleigh-Dickinson (1G)	3:00 pm
	Baseball vs. Lockhaven State (1G)	6:00 pm
Fri., Mar. 16	Softball at Fayetteville State (2G)	2:30 pm
	Baseball vs. Coast Guard (1G)	3:00 pm

Sat., Mar. 17	Softball at Methodist (2G)	12:00 pm
	Baseball at Salisbury State (1G)	1:00 pm
Sun., Mar. 18	Softball at Meredith College (2G)	1:30 pm
Mon., Mar. 19	Baseball vs. Nichols (1G)	6:00 pm
Tue., Mar. 20	Baseball at Norfolk State (1G)	3:00 pm
Wed., Mar. 21	Women's Tennis vs. Hope College	10:30 pm
	Men's Tennis vs. Apprentice	2:30 pm
	Men's Tennis vs. Parkland College	after App.
Thu., Mar. 22	Softball vs. Hampton University (2G)	2:30 pm
	Baseball at Randolph-Macon (1G)	3:00 pm
	Men's Tennis at Mary Washington	3:30 pm
Fri., Mar. 23	Women's Tennis at Longwood	3:00 pm
	Men's Tennis vs. Bridgewater	2:00 pm
Sat., Mar. 24	Baseball vs. Salisbury State (1G)	1:00 pm
	Men's Tennis vs. Greensboro	11:00 am
	Women's Tennis vs. Greensboro	11:00 am
Sun., Mar. 25	Baseball at Elizabeth City State (1G)	3:00 pm
Tue., Mar. 27	Women's Tennis vs. Virginia Wesleyan	2:30 pm
Wed., Mar. 28	Baseball vs. Apprentice (1G)	6:00 pm
	Men's Tennis vs. Salisbury State	2:00 pm
	Softball vs. Buffalo State (2G)	2:30 pm

The Library Hours During Spring Break are:

Sat., Mar. 10 and Sun. Mar. 11 -
- 1 pm-5 pm
Mon., Mar. 12-Thurs., Mar. 15 -- 8 am-
8 pm
Fri., Mar. 16 -- 8 am-
5 pm
Sat., Mar. 17 -- 1 pm-
5 pm
Sun., Mar. 18 -- 1 pm-
5 pm
Regular hours will resume Mon., Mar.
19
The Media Dept. will close at 5 pm
Mon.-Thurs.

EAT SMART



WANTED: EDITORS-IN-CHIEF

The Office of Student Life is currently accepting applications for the positions of Editor of The Captain's Log and The Captain. Applications may be picked up in the Office of Student Life. The application deadline is March 16, 1990.

Town Meeting II

Open Forum for Faculty,
Staff and Students.

March 23, 1990

12 noon-1:30 p.m.

Admin. Building (rm.105)

Dr. Santoro, Dr. Behymer,
Dr. Etkin, Dr. Summerville and
Mr. Paul Holcumb on Panel.

All written questions turned in
at the last town meeting will be
answered by Dr. Santoro at the
beginning of the Town Meeting II.



Campus Activities Board and Alpha Kappa Psi

PRESENT:

THE
Boneshockers

*"progressive
and
impressive"*



*MARCH 21ST, 1990
9 PM TO 1 AM*

*In Christophers
\$3 Bones for students
\$4 Bones for guests*



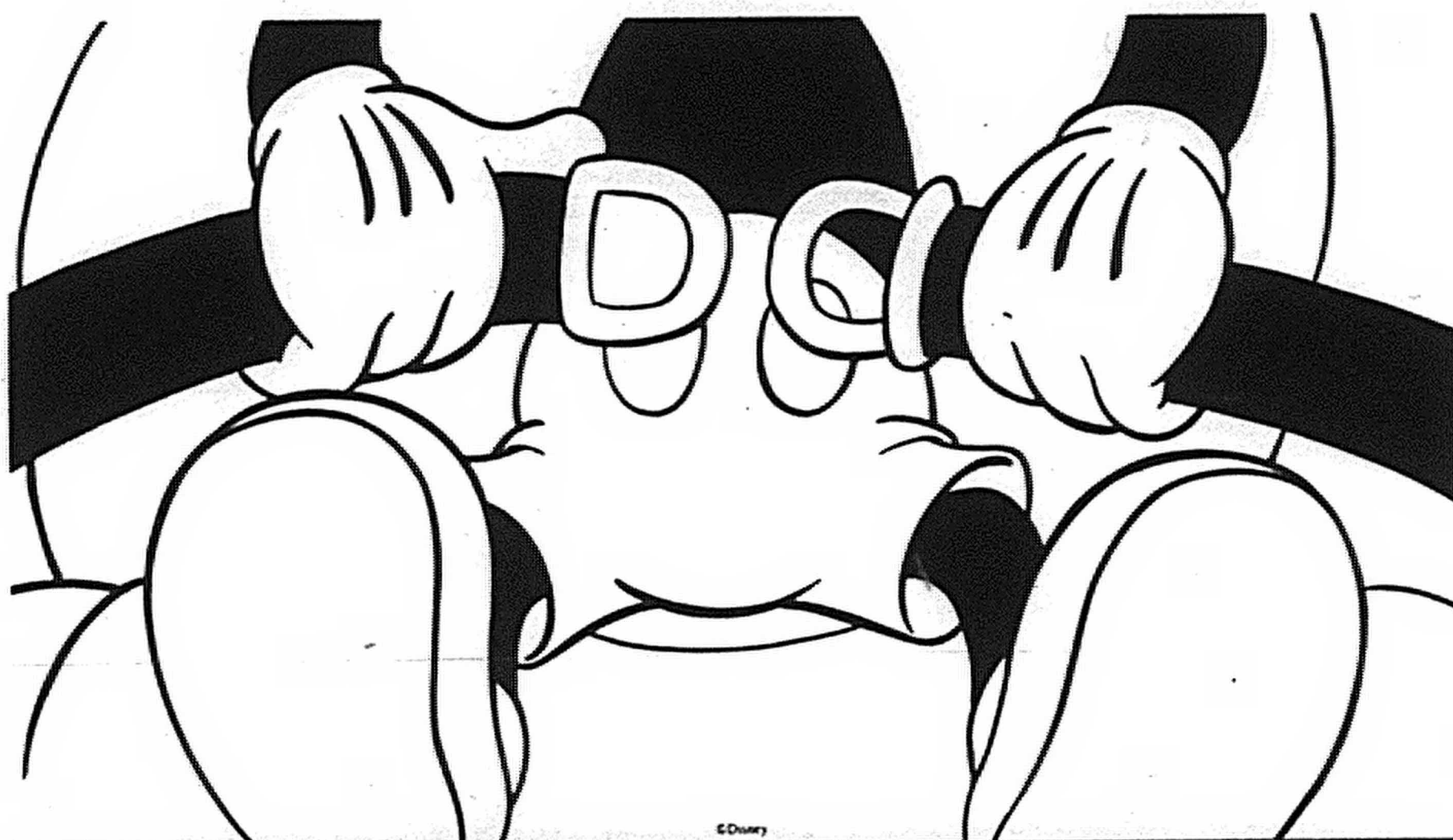
Spring Break Safety Page

Captain's Log Safety Tips

10 Tips for Surviving Spring Break

- 1) Don't Drink and Drive (Not only might you spill your drink, but people - for some reason- have an aversion to being splattered on the highway by a drunk driver.)
- 2) Be Sure to Wear Your Seat Belt.
- 3) If You Must Have Sex, Don't Forget the Condoms (Today's modern condoms come specially designed for any and all occasions. Don't be afraid to strap one on.)
- 4) Never Under Any Circumstances Blow Dry Your Hair While Taking a Shower.
- 5) Don't Eat Anything That You're Not Sure Where it has Been.
- 6) If it Will Get You Killed, Don't Say it.
- 7) Don't Do Anything Morally Depraved - Unless No One Will Know.
- 8) Don't Aggravate That Thing That's Been Growing in the Back of Your Refrigerator for the Past Month by Poking it and Yelling "Does anybody know what the hell this is?"
- 9) Don't Put Small Animals in a Microwave. In Fact, Don't Do Anything With Small Animals.
- 10) Don't Use Drugs. And if You're a Mayor, Don't Do Drugs With a Prostitute in a Cheap Motel Room.

*Have fun while you can
'Cause it's only going to last a week.
And by all means, when doing things -
Do friend things.*



Buckle Up For Spring Break '90

If you don't have to spend the break catching up on unfinished papers, readings or sleep, then please find time to party. But when you party Remember to...



12-Ounce Beers (Two-Hour Period)									
Weight	1	2	3	4	5	6	7	8	
100	1	2	3	4	5	6	7	8	
120	1	2	3	4	5	6	7	8	
140	1	2	3	4	5	6	7	8	
160	1	2	3	4	5	6	7	8	
180	1	2	3	4	5	6	7	8	
200	1	2	3	4	5	6	7	8	
220	1	2	3	4	5	6	7	8	
240	1	2	3	4	5	6	7	8	
<div>Be Careful Driving BAC to .05%</div> <div>Driving May Be Impaired* .05-.09%</div> <div>Do Not Drive .10% & Up</div>									

**HAVE A FUN AND SAFE SPRING
BREAK FROM THE CAPTAIN'S LOG**

Tape-A-Quarter

Wendy Moskowitz- A friend's a friend forever if the Lord's the Lord of them. And a friend will not say never, cause the welcome will not end. Though it's hard to let you go in the father's hands we know. A lifetime's not too long to live as friends!

Winter Clearance Sale-Mary Kay Cosmetics: 25% of Skin Care; 30% off Glamour items; and 30-50% off fragrances in stock. Call Hiedi at 727-0947 or 888-6932.

The Student Development Center is offering the Myers-Briggs Type Indicator(personality) and the Strong Vocational Interest Inventory to students who want to improve their self knowledge. Want to know more? Come to the Student Development Center and ask Sally Lavender how you can complete one or both questionnaires. Then sign up to attend one of the groups where your results will be returned to you and explained. Next time your boss asks, "Just who do you think you are?" you'll be able to give him an earful!

Is CNC going to acquire a Ferguson campus? Come to the Town Meeting on Mar. 23 at 12 noon in A-105 and ask Dr. Santoro.

This means war! Are there any bars keeping us on this campus? Isn't this the age of exercise? Then why do you continue to purchase drinks from the vendors at outrageous prices? Join me in the purchasing of Coke and Pepsi products elsewhere. The Exxon station and Farm Fresh, both close to campus, have these machines and a lower price! This means war!!!!!!

Doug H.-Still watching. Even when you're not there. I see you shrouded in black taffeta, laid back upon it, the remnants of an evening gown, as I come to know you're taste particular. A premonition?

Spending a couple of hours, now, identifying your time management methods and learning some ways of getting more out of the precious hours you have could help you save time, effort, grades, money and frustration in the future. Want more information? See Sally Lavender in the Student Development Center; CC 146. Complete one of our time management questionnaires and sign up for a couple of hours with a group. It'll be time well spent.

'84 Fiero, 4spd, 63,000 miles, Ex. condition, spotless interior, 2 new tires, black with grey interior, am/fm tape w/Dolby. Very reliable, \$3,500 neg. Must sell. Call Dan H-595-3207 W-872-9513

Lots of students experience a high degree of anxiety when faced with a test. If this sounds like you, then the ideas and methods which the Student Development Center offers through the Anxiety Management Training Program is for you! Students learn to use a combination of relaxation and imagery to counter anxiety. See Sally Lavender, CC-146.

Having a party and can't afford a band or the extra keg? B&B DJ Service may be the answer. We play all types of music at a reasonable rate. Call 642-9722 for more info.

Wanted: Bass player for a Progressive Rock Band. Have many originals. Also covers by Police, Tom Petty, Pink Floyd, U2, etc. Call Rob-838-4284 or Jim 595-5071.

Chad Anderson-To the "Best Boyfriend" in the world! You mean more to me than you will ever know. We have shared some special moments together in which I'll never forget. Good Luck in the A.F. And you know while you're away, I will miss you a lot. Always remember no matter how long we are apart, "our" love will lead you back to me. I love you with all my heart. Love, 4-ever Sheila.

NEED CASH? Use CASHE, a legitimate computer software program that matches your personal characteristics with private scholarships. This computer search is administered by CNC. For more information or application forms, stop by the Career Planning and Placement Office in the Campus Center or the Financial Aid Office in the Administration Building.

Tired of rumors about money at CNC? Get the real scoop at the Town Meeting March 23, 12 noon in A-105.

I seek a Corey Haim look alike for possible, lifetime relationship. Or you can look like River Phoenix, or Wil Wheaton. Send reply to Captain's Log. Rex W.Z.

If you need help with the intro. to computers: DOS, word processing, spread-sheets, and data base management, call 826-6051. Will tutor at your home.

How about some ideas which can help you succeed as the productive, efficient student you would like to be? That's just what you can expect from the Trouble Shooting Your Study Skills workshops offered by the Student Development Center this semester. See Sally Lavender in CC-146. She will give you a study habits questionnaire and sign you up for a group session to go over the results.

Classifieds

Students planning to apply for financial aid, including student loans, for the 1990-91 school year should complete and mail their Financial Aid Form (FAF) by March 15, 1990 so that the results of this needs analysis will arrive at the Financial Aid Office by the May 1, 1990 deadline.

Typing services: Resumes, school papers, unique personal or business flyers, etc. Professional work at amateur prices. call Hiedi at 727-0947 or Wed. call 594-7380 on campus.

Curious about enrollment caps, library additions, or condom machines? Come to the Town Meeting, March 23, 12 noon, A-105.

1980 Firebird "Esprit" Good cond. 6 cylinder, PW,PB, AT, PS. Pioneer am/fm with equalized Jensen speakers. New tires, \$2,600 negotiable. Call C. M. Colonna after 6 p.m. 874-4280.

Serious comic collector seeks a D.C. Sandman # 2 or 8. Call Tommy at 898-8150.

The Captain's Log would like to thank Dr. Santoro for his informative column last week. It is a wonderful way of keeping in touch with the campus community, and we look forward to many more!

Have a safe and happy Spring Break! The Captain's Log Staff

Computer training: Need to learn Wordperfect-wordprocessing; Dbase-database mgmt.; or Lotus 1-2-3 or Symphony-spreadsheets; Call Hiedi at 727-0947 or Wed. call 594-7380 on campus. One-on-one or group- Hands on PC training.

Tommy: Sex, sex, sex, sex, sex. Is that all you think about? Wake up and smell the cappuccino. A-A-a-Armoodi? Get real! Lots of love, Mark.

"Do you want this room reserved?" "Not anymore, what time is it?" "Oh well, we're early, do you need it for the next 20 minutes?" "About ten, thanks." Don't cry, we're perfect together!

Just fill out the coupon, "tape-a-quarter" to it, and drop it in the LOG multi-purpose box conveniently located by the stairwell at the Campus Center theatre entrance. You could reach the entire CNC community!

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More Classifieds on page 6