



THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

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Putting Students First

MACY FRIEND/THE CAPTAIN'S LOG

A behind the scenes look at Christopher Newport University's faculty hiring procedures.

BY MELANIE OCCHIUZZO

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Since Christopher Newport University's decision to move from being an admissions commuter school to a highly selective liberal arts university, the hiring process for new instructional faculty has become more rigorous.

According to the Provost Statement on Hiring Credentials there are two major considerations that influence the University's hiring decisions: the University's higher status has necessitated a more selective and rigorous hiring process, and any decision to hire a tenure track faculty member will represent an investment for the

University both now and in the future.

The provost, with the approval of the president, authorizes all new and replacement full-time faculty positions and approves for each position.

The final approval of candidates to fill such position(s) is made by the president and reported to the Board of Visitors according to Section XIII of the University Handbook 2016-2017 Edition.

There are eight types of appointments that the University will make to the instructional faculty: adjunct, temporary, part-time, sponsored research, restricted, probationary, tenured and terminal.

The process of recruitment for these new fac-

ulty always starts with a simple question says Shannon Overby, SPHR Director of Faculty Recruitment.

She says that there has to always be a need for a new position or a need to refill a position. All of the searches that are conducted are national; this is a requirement under Section XIII of the University Handbook and can only be waived if there are exceptional circumstances.

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Weekly pic

The annual Farmer’s Market hosted by CNU’s Green Team has attractions such as food trucks, local vendors and attractions such as the Bunny Hutch. **Photo by Ben Delin/ The Captain’s Log**



CNU TV
The Captain’s Log signed up for a week with the Food Fighters. The video chronicles a typical delivery night starting at the dining halls and ending at the Peninsula Rescue Mission.

Happened

Oct. 9
Be Strong Series

The Freeman Center and Center for Academic Success hosted a meditation and yoga session on Monday Oct. 9 from 2-3p.m. in MPR 2. This is part of a series on relieving stress and is a three part event.

Oct. 9
Student Assembly General Body Meeting
CNU Student Assembly’s meeting was held in the Luter Atrium at 7:30p.m. on Monday Oct. 9. The minutes will be made available from this meeting.

Happening

Oct. 12
CAB Presents...Andy Stoll
Andy Stoll will be coming to the Gaines Theater on Thursday Oct. 12 at 9 p.m. This is a PLP Passport Event.

Oct. 25
Philosophy & Film Movie Night
The Department of Philosophy & Religion will be hosting a Philosophy and Film movie night of the movie Blade Runner with a following discussion on Wednesday Oct. 25 at 7:30 p.m. in Luter Hall 121.

Retractions from Issue #4

The PCSE Career and Internship Fair was on Oct. 19. The article was originally listed as Oct. 17. The Captain’s Log regrets these errors.

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From the Front Page

CONTINUED FROM PAGE 1

Once a need has been determined and funding has been approved, the recruitment phase begins.

Ads are posted in higher education publications such as the CNU website, the Chronicle for Higher Ed, Higher Ed Jobs, the Virginia State Site and in some cases a website that caters to the specific field CNU is looking to hire someone from.

One to three of these associated sites are chosen for the advertisement.

The entire hiring process takes on average about six weeks but can go on longer or shorter depending on the candidate.

Vice Provost Bob Colvin and Overby both say that CNU

employs a passive model when it comes to recruitment.

“We want to give everyone a fair chance,” Colvin says.

Every university has little things they do differently but as far as public Virginia institutions go, they are legally required to follow the same model.

Overby says that the departments that see the highest turnover rates are in the STEM areas and the Luter School of Business.

With the new growth in the Luter school and a higher demand for professors in the computer science and economics departments it is no wonder that there is a higher need for more professors says Overby.

These departments also pull from a sector that people don’t go into for higher education

so it would make sense that professors would move around more often she says.

A lot of the time, when a potential applicant is applying to CNU they have a variety of draws.

“They want to balance their goals: location, university mission and personal goals vs. university goals and sometimes even weather” says Overby.

She says that after a particularly hard winter up north, they get faculty from universities in the north applying to us and other universities in the south.

When it comes to faculty who leave this university it can be for a variety of reasons says Overby, they sometimes move on to larger school or their life goals change like getting married or retiring.

Overby would like to note,

however, that “there are a lot of professors who have been on campus for many years.”

Once the search committee, made up of four to five current CNU faculty, has done the phone screening they will invite two to three applicants to come on campus.

The top consideration is the applicant’s desire to teach and engage with students.

“We look at what the candidate can offer the students,” says Colvin.

The University is highly focused on bringing faculty members to the campus that will challenge, engage and interact with CNU’s students.

There is no target percentage of race says Colvin, “we hire the best candidate.”

He does remark that he would like to see more diversity in the

faculty.

“We want our professors to represent different cultures.”

But after all the processes have been finished and it’s time to decide, that applicant will have been chosen based on what they can bring to this campus and their qualifications with working with students.

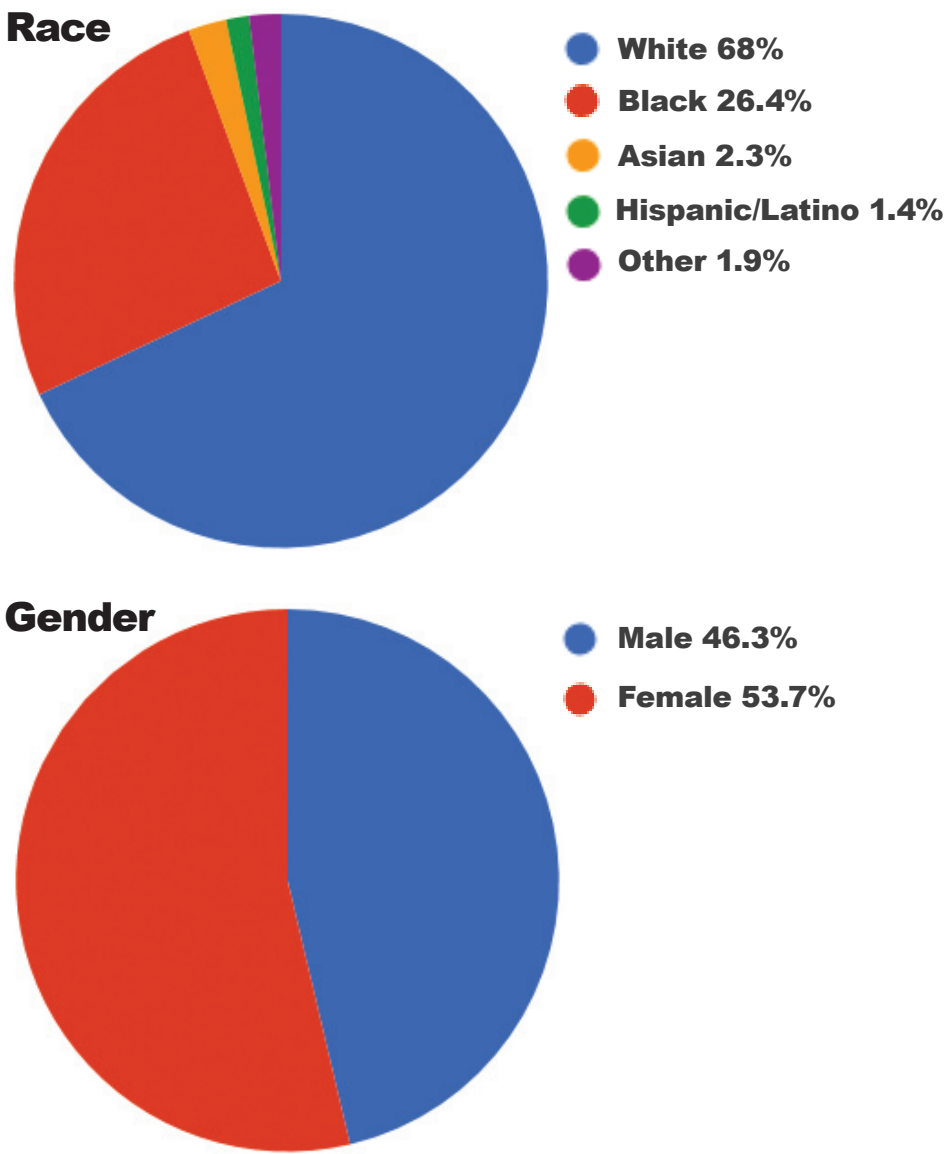
Colvin has been involved for 12 years in hiring and he says that the biggest thing he looks for in potential faculty is that they have to see undergrad students as a priority and not an obstacle.

“Not all of our searches are successful but we want to ensure good professors,” he says.

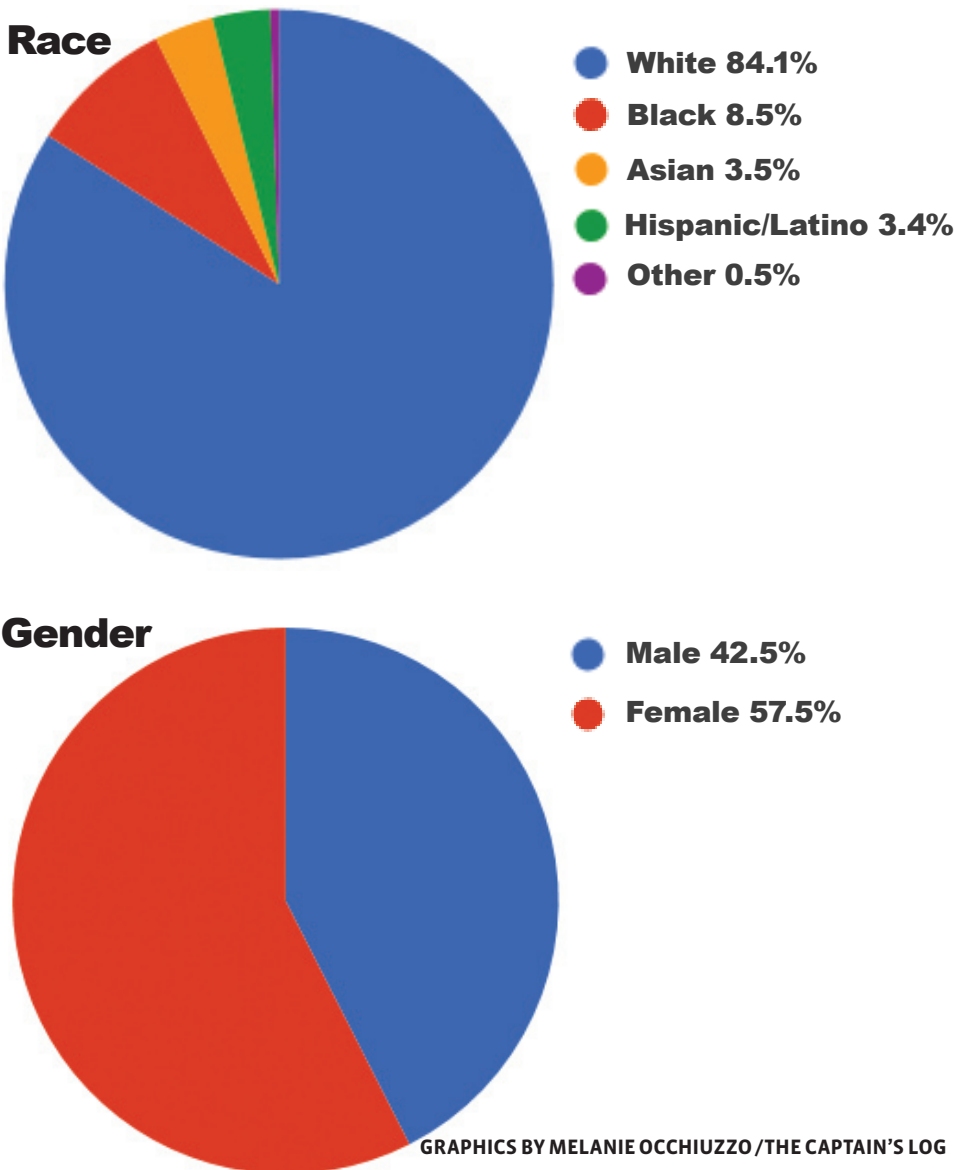
“They [should] want to see 18-22 year olds have ‘A-Ha’ moments.” ■

See How CNU Faculty Compares

Christopher Newport University



University of Mary Washington



Making Sense of Mental Health

A glimpse inside the James C. Windsor Counseling Center reveals an effort to cater to the individual student.

BY IAN BURKE
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With growing concern over mental health on college campuses, an effort to address mental health has become paramount for most universities.

According to Executive Director of Counseling and Health Services William Ritchey, personal investment is the sole cost of coming to the James C. Windsor Counseling Center.

anxiety, depression or even just adjusting to a new setting.

Since the 1970s, the staff approaches students' issues differently, because the rate of change in a student's life has increased.

Whether it's via technological development, world events or the amount of curriculum in a given course, a student's life changes much faster.

When a student walks into the center, their first encounter is with the front office staff. After setting up that first meeting, someone will connect the student to an array of resources made available to him or her by the university.

The Counseling Center has offered a consistent range of tools to meet a student's challenges, and are geared towards their academic and personal growth: consultation, outreach, individual/group

counseling and crisis response to name a few.

A clinician approaches something like a patient's social anxiety, one of the most common problems a college student could have, on a case-by-case basis. One of the better tools used to confront social problems is group counseling.

Working through your anxiety with your peers while a clinician guides the discussion is a very effective method, used by most professionals.

However, the main focus of all CNU endeavors is to have an individualized approach, and that is no different for the Counseling Office. Everybody who comes in, whether freshman, sophomore, junior or senior, has their own experiences, which affects the development of their goals for counseling.

The center uses a semester mindset, much like students, so that when finals week rolls around, the center does not schedule individual counsel-

ing, in keeping with their goals for academic success.

This way, a freshman will develop new goals concurrent with the track that their counseling goes.

Ritchey compares the tools used at the Center to the tools used across the country, and sees a burgeoning sensitivity towards the mental wellbeing of college students and people in general.

People are becoming more invested in mental health, and having a student-driven campus helps to eliminate the stigma surrounding mental-health counseling.

These are the steps a student

takes when they step foot in the counseling center.

A student looking for assistance may have to give up things that he or she is used to: thoughts, feelings or ways of dealing with situations.

It's also a cooperative endeavor; one has to co-labor with a counselor to really address any habits and struggles.

The James C. Windsor Counseling Center can be found on the second floor of the Freeman Center, closest to the doors facing Warwick Boulevard.

It is stationed above the University Health and Wellness Center. ■

"CNU endeavors to have an individualized approach."

The goals of the center have remained largely consistent since its namesake, James C. Windsor, founded it in the 1970s.

The center was established with the goal to support the academic and personal development of CNU students, whether through dealing with social



The center is found on the second floor of the Freeman Center.
BRETT CLARK/ THE CAPTAIN'S LOG

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12 Explorers Highlighted in McMurran Hall

The second age of exploration, the Age of Steel, is exhibited in the lobby of McMurran Hall.

BY LIBBY KEELY
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Did you know that a civil war battle in Hampton Roads changed Naval warfare? Indeed, the clash between the Union's USS Monitor and Confederacy's CSS Virginia was the first battle of ironclad ships in world history.

The ironclad revolution transformed how ships were built, proving to be far more effective and powerful during warfare.

Currently, the Public History Center is offering an exhibit discussing the Monitor's technology, as well as The Letters Home Collection, which contains information on 12 Civil War naval explorers.

This display exemplifies the naval culture located right in our backyard. The Letters Home Collection pays tributes to veterans by letting their stories be heard and allowing their legacy to live on.

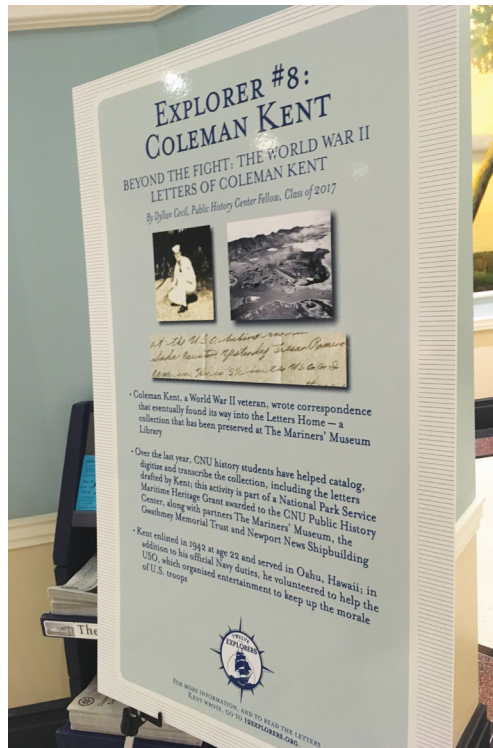
On Oct. 5, the grand opening

of the exhibit was kicked off with a lecture on the technology of the USS Monitor presented by Dr. John Quarstein, a historian, preservationist, author, and the writer of the PBS Documentary, "Civil War in Hampton Roads".

Quarstein offered substantial knowledge on the Monitor and its creation. He illustrated the reasoning behind the Monitor's design; it was known for its revolutionary turret despite not being completely seaworthy considering it almost sank twice.

At the time it was proclaimed by the Union that the Monitor saved the nation.

The "Age of Steel" exhibit will continue in McMurran Hall Main Lobby until October 27th, and the "Age of Sail" exhibit will follow this from Nov. 2-21. These exhibits emphasize naval events occurring in our area that are part of our country's history, and can be valued by all. ■



The Age of Steel was sparked right near CNU in Hampton Roads during the Civil War. LIBBY KEELY/THE CAPTAIN'S LOG

CNU Greets Representatives from Greifswald

Reiff Center for Human Rights and Conflict Resolution hosts delegates from Newport News' Sister City.

BY BRETT CLARK
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Just like how universities have sister institutions, Newport News has sister cities. Amongst them is a mid-sized city from Mecklenburg-Vorpommern, Germany, called Greifswald. Greifswald is known for the University of Greifswald as well as being home to the world's third-largest producer of Yachts, HanseYachts.

This past Thursday, Oct. 5, the Reiff Center for Human Rights and Conflict Resolution held a panel for the visitors to field questions from members of the host groups as well as students and members of the Newport News community itself.

Representatives from Greifswald came to Newport News in coordination with the Sister Cities of Newport News and the Tidewater German American Society, Inc.

Amongst the visitors was the "Oberbürgermeister", or Lord Mayor, of Greifswald, Dr. Stefan Fassbinder.

The Reiff Center for Human Rights and Conflict Resolution held a panel for the visitors to field questions from members of the host groups as well as students and members of the Newport News community itself.

The main topic of discussion was Germany's acceptance of refugees and mass immigration under the leadership of Angela Merkel. Greifswald itself took in roughly 1,100 asylum seekers. The population of Greifswald sits at around 57,000 residents.

Of the new immigrant population, approximately 200 are children. Fassbinder also stated that around two-thirds of the asylum seekers were male, and a majority of that are in their twenties.

Fassbinder repeatedly assured the crowd that the city was working to assimilate the immigrants who come from the Middle East and Africa into the German, Christian city.

Another recurring theme in the questions volleyed by the audience regarded German and U.S. foreign policy regarding Russia.

The general sentiment of the panel seemed to be that communication was key in maintaining peaceful relationships with the large nation to the East.

Two of the five panelists reminded the crowd that a large portion of each of their lives was spent under Russian influence in the days of East Germany and the U.S.S.R. In a way, they described, Germans from former East Germany



Delegates from Greifswald, Germany discuss issues that face their city. PHOTO COURTESY OF SISTER CITIES OF NEWPORT NEWS.

states feel partly Russian.

Other questions were fielded on the topic of German democracy and their many different political parties. Unlike in the U.S., German elections have more than two main political parties and local elections can

leave the winning party with only 5% of the overall vote due to the saturation of candidates.

After the question and answer portion of the night, a reception was held for the attendees where the conversation was slightly less formal.

Sister Cities of Newport News hosts representatives from its sister cities as well as sends representatives abroad to educate others about the Newport News community.

Visit sistercities-nn.com if you would like to get involved. ■

Why I Decided to go to College

Everyone has their own reason for attending college. One CNU sophomore tells her story of discovery.

KIMMY EICHELBERGER

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College has undoubtedly been the most eventful two years of my life thus far. While this time has offered me some of the greatest challenges I have had to face, it has brought me more adventure, joy and self-discovery than anything ever has. I simply could not imagine where my life would be if I hadn’t been granted the opportunity to pursue my education beyond my high school graduation. But despite all the value I possess towards my education, and the experiences it gives me both inside and outside of the classroom, college was not always foreseeable to me.

Dance has always been my passion. Growing up, I reigned it dominant over all other aspects of my life, with the exception of family. For a time I even placed it before school, because I was certain that I was going to make a living for myself as a dancer. I developed this mentality between my freshman and sophomore year of high school; I became fixated on the idea of bypassing college altogether, and diving head first into a career in dance, without testing other waters beforehand. I figured that since I was certain of what I wanted to do with my life, pursuing my education would be a waste of time and money, because I didn’t need a degree to dance.

It wasn’t until my third year of high school that my mindset began to shift. Junior year, I enrolled in my first AP course; AP Language. I always had a knack for English and writing, and after a friend encouraged me that I had too much potential not to take it, I decided to give it a try. I absolutely fell in love with it. I was astonished by how much I didn’t know, how much I was discovering and how much there was left to learn. My attitude towards my future and where I devoted my time in working towards it changed drastically. My perfect dance attendance began to decline, as I was significantly dedicating myself to my studies and my school involvement. It was as if taking a college level course completely opened my eyes to all the possibilities that were before me. I realized that there was so much knowledge and experience awaiting that only college could provide me with. If taking an AP course in and of itself was an opportunity for growth and self-navigation, I could only imagine how much more was in store for me at a university

beyond high school. With this newfound mentality, college became my foreseeable dream. I didn’t have a plan beyond that, but I figured that was what college was for: discovery.

I’m grateful everyday for this epiphany that was casted upon me my junior year of high school. The past two years have navigated me through a great deal of life, and guided me to places I never thought I’d go. I’ve branched far beyond my comfort zone, and taken advantage of opportunities I never imagined for myself. It was a transition that I struggled with significantly, and it even took transferring universities for me to find my place and pave my path. Given the chance, however, I wouldn’t go back and change a second of it. Each occurrence in my college experience has equipped me with the tools needed to build a successful future for myself; independence, perseverance, confidence and intelligence. Although my path is still not completely clear, I cherish the ability to pursue my education, and appreciate the countless hours of work my parents put in towards providing me with that opportunity. I see the endless nights in the library and weekly mental breakdowns as preparing me for whatever direction I decide to take. Each day is a journey, and each obstacle is fuel that drives me further towards my destination. That’s why I go to college; for the knowledge, the character, the experience and the reward I would have otherwise been deprived of. ■

“I’m grateful everyday for this epiphany that was casted upon me my junior year of highschool.”

– Kimmy Eichelberger

Let’s Start Arguing for Arguments

Arguing is a tough topic for people to talk about in today’s society. A communication studies major discusses the importance of arguments.

MICHAEL INNACELLI

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The art of argumentation is as old as language itself, yet how often is it talked about or taught in public schools? American culture avoids argumentation like it’s a taboo and should never be discussed. This unfortunately hinders society on many fronts. Argumentation is an essential part of discourse and is something everyone does daily, so why aren’t we learning about it early and often? Are we telling our kids not to fight for what they believe in? Because by not teaching them how to stand up for their ideas we might as well be.

Understanding how to effectively communicate and argue is a highly sought-after skill in many professions, and is at the center of our political system. People in power all have one thing in common: they can argue for their ideas. Everyone should be learning how to persuade and effectively argue to further their careers, ideas, and lives. The stigma surrounding argumentation is holding American society back. We miss the advantage discourse grants us because we are afraid to stand up for what we believe in. When a group argues for a change or an idea they are often labeled as a radical group.

Both in the world and here at Christopher Newport University argumentation is needed to have conducive and intellectual discourse. Even in the context of living on a college campus argumentation is integral in everyday life. I per-

sonally believe that I learn best in classes where ideas are presented by students and discussed as a class. In this context students are arguing for their own ideas and learning how to effectively create and defend opinions and ideas, which is essential to a societal discourse system. Without this primary mode of discourse our society and our intellectual ideas become narrower and we struggle to advance our culture and ideas. Our society needs more people to learn the art of argumentation so that our general public can have effective conversations without causing riots and violence.

Too often we hear of violence in response to a peaceful protest when a simple discussion could have been held instead. This is brought to light by recent events such as professional athletes kneeling during the national anthem. A distinct lack of communication is taking place as one side presents an argument and the other completely disregards their argument and attempts to present a different one. All this is creating is an unnecessary divide in our culture due to an utter refusal from one party to hold a peaceful counter argument. If we tear down our views of argumentation as a negative in society we can move our society forward and grow as nation unified. Argumentation is key to discourse in society and it is a shame to see it treated as such a taboo. We need to accept the importance of argumentation to advance as a culture, a society, and a nation. ■



IMAGE COURTESY OF BILL WATTERSON CALVIN AND HOBBS

Free Speech, But at a Price

A student's analysis on how the 'heckler's veto' is killing free speech on college campuses across the nation.

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A heckler is defined as someone who "interrupts a performer or public speaker with derisive or aggressive comments or abuse," according to English Oxford Living Dictionaries.

Their main aim is to silence or "veto" the speaker so the audience is unable to hear. If hecklers succeed, events cannot proceed.

Unfortunately, on college campuses today, hecklers have become a liability to whom university administrators are all too willing to cater.

Administrators have cancelled events when hecklers shout down speakers or even after hecklers simply threaten to disrupt an event.

This phenomenon is one aspect of today's trend on college campuses to curtail free speech.

Too many administrators would rather cancel a speaker than deal with hostility or security concerns.

The "heckler's veto" can play out in several ways. Consider this scenario: a controversial speaker is set to come to campus, but as the event approaches, concerns about security arise and result in exorbitant security fees to protect the campus community.

The student group who invited the speaker cannot afford to pay these costs, so the administration cancels the event.

This nearly happened last month. Conservative commentator, Ben Shapiro, was charged security fees that amounted to \$600,000 after he was invited by a student group to speak at the University of California, Berkeley.

The "heckler's veto" has also shut down speech in progress.

Students affiliated with the Black Lives Matter group at our neighbor, The College of William and Mary, shut down an American Civil Liber-

ties Union speaker last month. Claire Gastañaga, executive director of the ACLU in Virginia and a William and Mary alumni, ironically was set to discuss free speech and peaceful student demonstrations.

As protesters started to rush into the auditorium Gastañaga said, "Good, I like this, I'm going to talk to you about knowing your rights, and protests and demonstrations... then I'm going to respond to questions from the moderators, and then questions from the audience."

After she uttered those words, protesters lined up on front of the stage with posters and started chanting phrases like "ACLU, you protect Hitler, too" (in reference to the ACLU providing legal defense to the First Amendment rights of the neo-Nazi group following events in Charlottesville) and "the revolution will not uphold the Constitution."

Legally speaking, the Supreme Court and lower courts have affirmed that the First Amendment does protect the right to speech that is unpopular or controversial.

In *Forsyth County v. Nationalist Movement*, the Supreme Court found that "speech cannot be financially burdened, any more than it can be punished or banned, simply because it might offend a hostile mob."

The anticipation of violence or other disruptions cannot become the standard for denying someone the right to speak.

The university fails in its core mission if it succumbs to those who equate speech they do not like with violence, and administrators rob students of the opportunity to engage with ideas that may be troubling or contentious.

Administrators would be wise to recognize the tremendous threat to free speech that the heckler's veto poses, and resist the loss of academic freedom that catering to hecklers invites. ■

Buzzin' Becky

Becky takes on your questions and this week addresses roommate problems an anonymous submission contains.



PHOTO COURTESY OF CLIPART LIBRARY

'Twas the week before Fall Break... Happy midterm week Captains! Study hard and rest up, it's all quickly coming to an end.

Honestly, roommates are a touchy subject for me. I haven't always had the best of 'em. It wasn't really until this year I've had positive experiences. Don't get me wrong, we had good times along with the bad, but the bad severely outweighed the good. To anyone having roommate issues, I hope my own experiences are able to help and bring you some sense of relief.

My roommate and I are having issues and I think she hates me. I don't want to say anything because I don't want her to hate me even more, what should I do?

Roommates can suck sometimes, and living alongside people is pretty rough. While I'm not an RA and I didn't go through extensive training on issues pertaining to this, I feel as if I do have experience with difficult living situations. I would first figure out what the issues are. If they're pretty massive and you don't feel comfortable in your own room, I would advise reaching out to someone like your RA to see if you can mediate the situation to help make it better.

If you feel like it's better handled between the two of you, that's great. Communication is a skill you'll need to acquire for the real world, and if you can confront an issue and work to tackle it, you're better prepared to take on real life. There's gonna be people in life you don't see eye to eye with, and the sooner you realize it the better your life will become. If your roommate hates you already, I wouldn't sweat it. Make sure you're comfortable in your own environment.

— Becky out

**Submissions have been edited for clarity and length.*

History Repeats Itself

The British Union of Fascists of the 1930s is compared to the modern day Unite the Right movement.

MILLER BOWE
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During the 1930s, fascist movements in Europe rapidly gained popularity. In 1933, the Nazi party took control of the German government. In 1932, Britain's own fascist party, the British Union of Fascists (BUF), was founded by Oswald Mosley.

Like the National Socialists in Germany and the Italian Fascists, the BUF were totalitarian nationalists with a strong belief in racial supremacy.

On Oct. 4, 1936, tensions between the fascists and their opposition came to a head during a march by the BUF down Cable Street in London's East End.

Mosley's choice of location was not a coincidence: the East End of London was culturally diverse, and was home to 60 percent of the city's Jewish population. The BUF intended their march

to strike terror into Cable Street's immigrant community.

When the BUF began to march, however, they met with opposition. A large coalition of anti-fascists, including local community members, socialists, communists, anarchists, and trade unionists, barricaded their path.

In the resulting fight, 175 people were injured and 150 were arrested. Eventually, Mosley decided to call off the march.

While one must exercise caution when comparing historical events to the present, drawing parallels can be an important element of a historian's understanding of events. Dr. Nigel Sellars, a professor of history at CNU specializing in the history of labor, believes Cable Street and the Unite the Right rally in Charlottesville are easily comparable.

White nationalist demonstrators waving torches and spouting anti-se-

mitic slogans came into conflict with a group of counter-protesters in Charlottesville this August. One demonstrator drove a car through a throng of counter-protesters, killing one and injuring 19 others.

"In both cases what you have are these racist, nationalist types, who are trying to provoke incidents," says Sellars.

Sellars drew connections between the "alt-right" and fascist groups of the past. "One of the things that I think we have to compare is that the alt-right really is racist, yet they try to hide the fact that they're neo-Nazis."

"They disguise things by using these whitewashed terms, and honestly I think it's disingenuous, dishonest, and deceitful," says Sellars.

According to Sellars, there are a variety of parallels between the beliefs of the alt-right and fascist groups of the past.

"Personally, what I think is happening is we're seeing the death throes of movements like this," says Sellars. "They really are frightened people who are fearful of everything, and they fear that they are increasingly irrelevant."

Dr. Anthony Santoro, a Distinguished Professor of History and President Emeritus at CNU and an expert in the history of Nazi Germany, believes the majority of neo-Nazis today know nothing of the Nazi party's history in Germany, much less of Oswald Mosley.

"These are un-American people, who are ignorant, bigoted and racist, and that dear lady who was killed was murdered by a coward driving a car," says Santoro.

"These skinheads, if they were numerous in number, would be a threat to the society, but fortunately they're a fringe group of hateful lunatics and they should be described as such."

Santoro also condemned the use of swastika flags by ralliers in Charlottesville. "Any good American shouldn't have been in that parade—if someone's marching next to you with a swastika that should be a sign to you you don't belong in that company."

"The very nature of what they did is trying to be divisive in our society. They're not going to succeed, but they should be exposed for the people that they are," says Santoro. ■

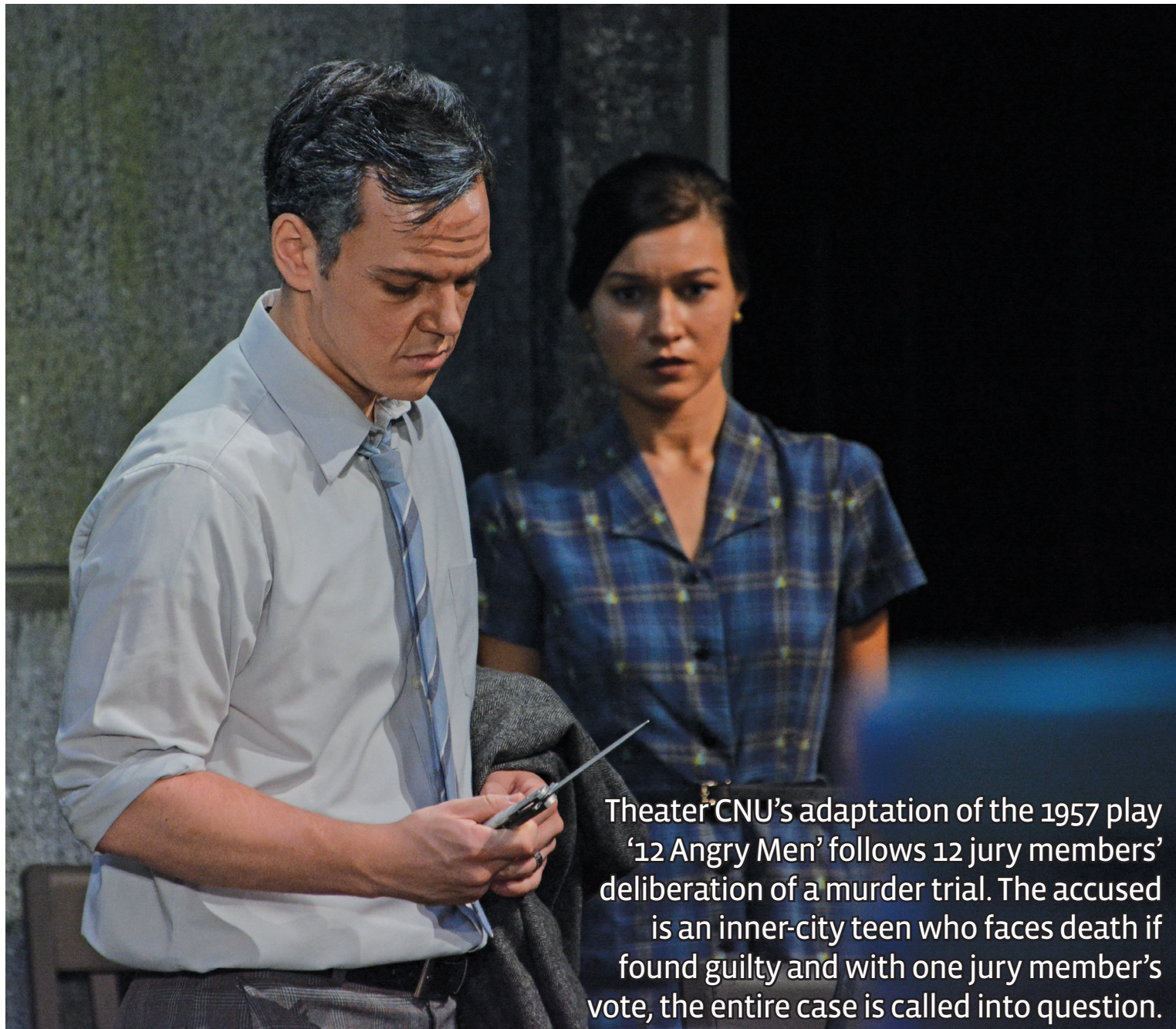
A Look into Theater CNU's Production of '12 Angry Jurors'



Juror Three (Payton Vernier—pink cardigan) times juror Eight's demonstration of the events following the murder. For the case, an old man lived downstairs from the boy and his father who was murdered. He claimed he saw the boy run downstairs 15 seconds after the murder happened, which made the boy a suspect.



Juror Five (Taylor Flowers) demonstrates how the accused, an ex-fighter, would have used the switchblade if he committed murder in the slums and witnessed many fights, allowing him to give a likely



Theater CNU's adaptation of the 1957 play '12 Angry Men' follows 12 jury members' deliberation of a murder trial. The accused is an inner-city teen who faces death if found guilty and with one jury member's vote, the entire case is called into question.

(Far left) Near the beginning of the performance, the Foreman (Madison Raef—far left) leads the first vote where 11 jurors decide the boy on trial is guilty of murder. This leaves one juror who thinks the boy is not guilty, causing conflict among the group. (Left) Townsend Hall plays the role of Three, an angry juror who believes the boy on trial should have been guilty after the jury decided he was not. He picks up the switchblade from the table where the jurors had met previously to discuss the case and in a last attempt to win his argument—with all other jurors gone—he holds the knife up to Juror Eight (Lauren McCaffrey), who initially voted the boy was not guilty, which forced the jury to discuss the case. **PHOTOS BY MACY FRIEND/THE CAPTAIN'S LOG**



experienced knife
r. Five grew up in
y account of events.



Juror 10 (Adam LeKang—right) goes on a racist monologue. Throughout his rant, the other jurors, including Juror 12 (Madeline Witmer—left), went off in different directions to avoid being involved with 10's uncomfortable tangent.

“12 Angry Jurors” will be showing in The Peebles Theater Oct. 11-13 at 7:30p.m. For more coverage on this performance, go to page 13.

Soccer Star Strives Toward Reaching Goals

Member of the Women's Soccer team, Alex Miller, recounts her life as a soccer player.

BY TARYN HANNAM-ZATZ

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Alex Miller is a senior on the Christopher Newport University Women's Soccer team. She is a forward from Midlothian, Va. Miller has started in games since her freshman year and has always been a reliable and consistent player for the Captains.

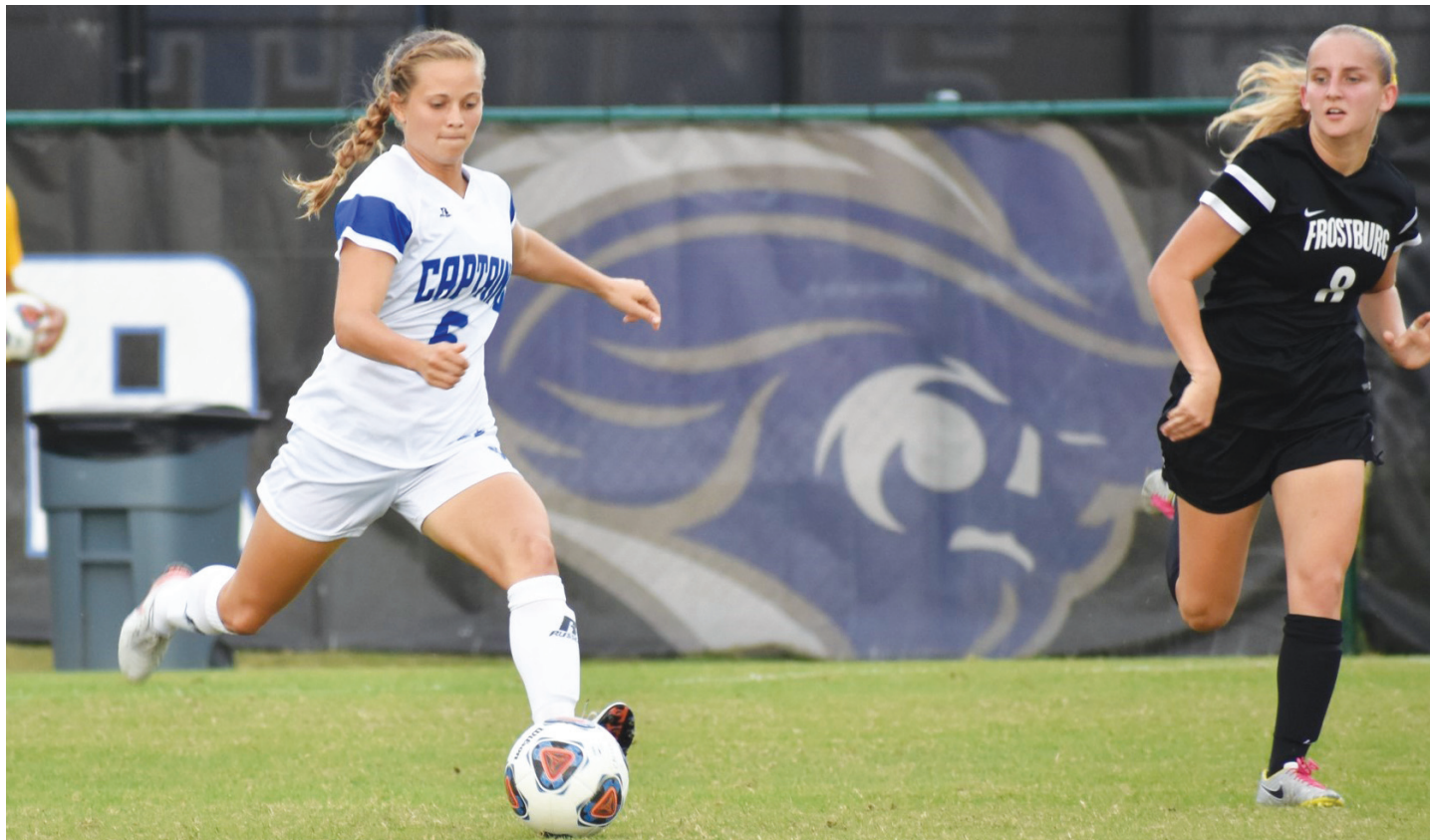
In high school, Miller played three years of varsity and was captain for two of those at Clover Hill. She earned first team All-Conference and All-Region as well as a second team All-District selection as a sophomore and junior.

At CNU Miller has earned CAC All-Academic Team honors every year and finished her junior year season with 12 points including five goals and two assists. She has made a lasting impact on the team and has been a very big asset to the Women's Soccer program.

Miller wasn't always a soccer player. "I started playing soccer in sixth grade after a career-ending shoulder injury forced me to quit gymnastics. I was given the option to try swim team or soccer and figured I didn't like chlorine much, so soccer it was," she says.

As with many sports you are never amazing right when you start playing. There are always some struggles and Miller claims she "was absolutely terrible for the first year or so but eventually made some progress as I got older." She played for the Richmond Kickers, a travel soccer team, and after a lot of hard work was able to secure a roster spot on the Elite team right in time for her freshman year of high school.

Miller's favorite part about soccer is the physicality of the sport. "I enjoy playing a contact team sport, but I also enjoy pushing myself physically. I feel as though soccer conditions and strengthens you but also is unique in that your feet are the primary source for playing



Forward Alex Miller moves the ball upfield to the offensive end past a Frostburg State defender. NICOLE RAMKEY/THE CAPTAIN'S LOG

the sport," she said. Miller chose CNU for a multitude of reasons.

"At first, I thought I wanted a big Division I school but quickly realized how wrong I was.

After touring smaller campuses and Division II and III schools, I realized it was a much better atmosphere," she said.

Academics have always been a priority for Miller and she wanted to be able to balance that with college athletics. She enjoys the small class sizes that allow her to focus on being a student first and

an athlete second. Another thing that was important to her was being close to home. Being from Richmond she is able to see her family and they are able to attend games. Then of course came the soccer program at CNU.

"Besides enjoying the girls on the team at the time and believing the coach had goals for the future of the program I was onboard with, I chose CNU because I wanted to remain in love with the sport.

At a Division I school, I wasn't likely to play much and at other schools I was

likely to play a ton. CNU was a perfect medium because I knew I would get chances to continue to play but also would be challenged academically," Miller said.

Miller has been able to experience more of the sport she loves at CNU and is looking forward to the rest of her senior season. She says that, "while, individually and as a team, we have set difficult goals for ourselves, they are not unattainable and I am incredibly excited to show the nation what this team is capable of." ■

Crafting the Perfect 'KnicksTape'

A New York Knicks fan's evaluation of the team's prospects and potential during the upcoming season.

BY KELSEY SCHNOEBELEN

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If you know me, you know I am a die hard Chicago Cubs fan. My dad grew up right outside of Chicago and has been a lifelong Cubs fan himself. Unfortunately, he passed that love on to two of his own children. Clearly I have a thing for teams who like to lose, because somehow I became a New York Knicks fan on my own accord. My dad is still confused as to where that one came from, since he doesn't like the NBA, yet here we are.

My time as a Knicks fan has been filled with heartbreak similar to the Cubs (of course, omitting recent performance—2016 World Series Champions anyone?). Honestly, it's only preseason and they're doing a good job sucking at everything they do. A lot of Knicks fans were completely devastated when Car-

melo Anthony got traded to the Oklahoma City Thunder. However, I chose to see the good in it. For one, he wasn't really a team player. I get it, New York put him on a pedestal and he thought he was the greatest. It's their own fault, really.

Personally, I think the Knicks will be fine without Melo. They have the potential with all the young Europeans the team has, including Latvian Power Forward, Kristaps Porzingis, dubbed 'Porzingod.' With Melo's departure, Porzingis is the captain now. A lot of Knicks fans were furious when Porzingis was drafted; honestly Google it and watch grown men act like children. However, at the end of the season they had soon changed their tune. He came along and combined his 7'3 stature with his immense skill, thus making him the unicorn by Kevin Durant's standards.

The main problem the Knicks have this season is the overabundance of centers they have. The battle for the starting center is in full swing, and Sunday's game saw Willy Hernangómez start in the position. Come the season opener, Enes Kanter may have won the starting position. While Hernangómez and Porzingis have history playing together, he was part of the problem on the defense.

What I wish that head coach Jeff Hornacek would see is that they really do have a lot of potential. I kept up briefly with EuroBasket this summer and saw players like Hernangómez and Porzingis dominate on the court. If they cultivate the talent they have and stop making everything a competition, they'll be fine.

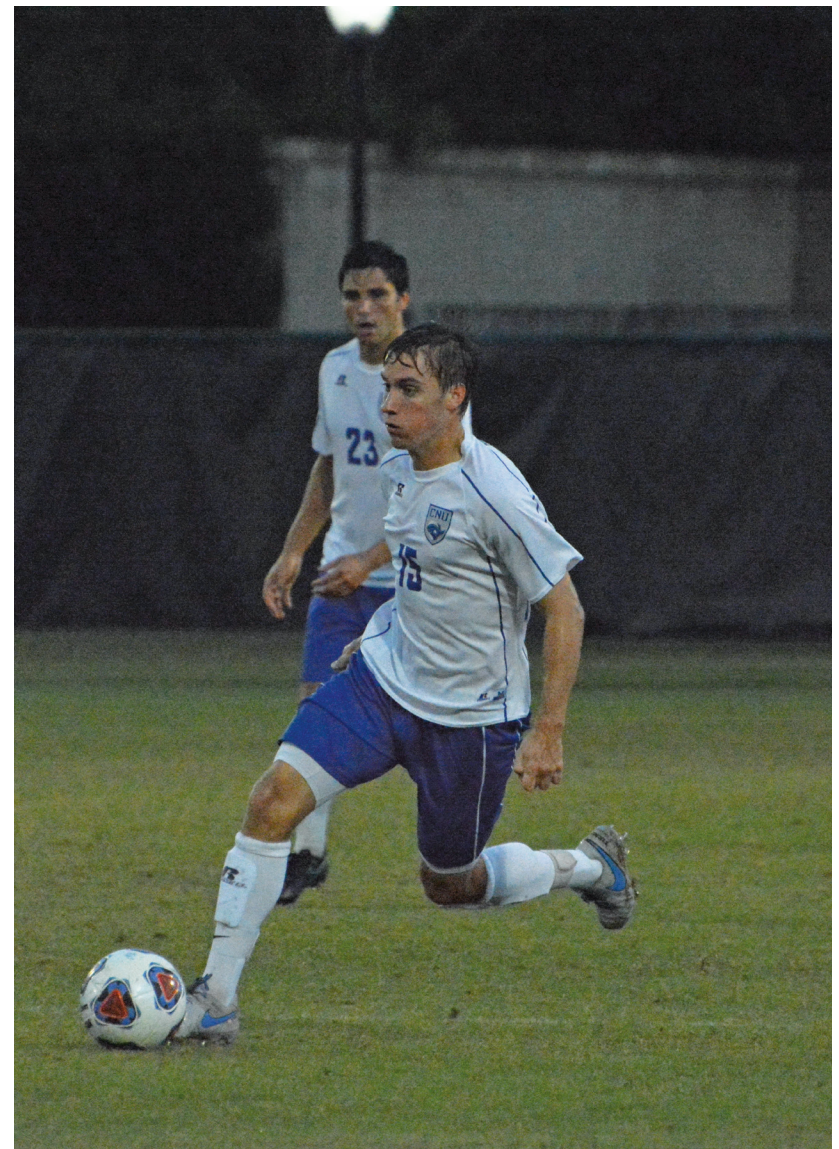
If all else fails, they might as well go all out and tank for Luka Dončić. #TANK4DONCIC. ■



MACY FRIEND/THE CAPTAIN'S LOG

Men's Soccer Records Third Straight Shut Out

Christopher Newport Men's Soccer team beat Frostburg State this past Saturday, making their overall record 9-2.



(Left) Midfielder Daniel Zeitoun dodges around his Frostburg State defender. (Right) Defender Bobby Seifert moves the ball out of CNU's defensive zone to get a pass off to one of his teammates. PHOTOS BY MACY FRIEND/THE CAPTAIN'S LOG

BY CAITLIN KING
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Christopher Newport University Men's Soccer team pulled off their third straight shutout beating Frostburg State this past Saturday on Captains field.

The Captains opened the first half with a slow start. Not able to find the back of the net for a while, senior Andrew Gogolin took an opportunity to turn the game around.

Gogolin spun around his defender and kicked the ball as it brushed past the Bobcats goalie and crossed over the goal line.

A few minutes later, junior Zach Ballard attempted a second goal of the game, but was blocked by Frostburg's goalie.

Following halftime, the Captains continued their strong runs to goal. Andrew Maseo and Stephen Durbin each took a shot that ended up being blocked.

The Captains then interjected a Frostburg attempt to get the ball out of their defensive zone in the 52nd minute. Bobby Seifert picked off a Bobcat pass and pushed it back to their offensive end with a perfect pass to Durbin.

He quickly tapped the ball to the side where Gogolin was sprinting up the field to catch up to his fellow teammates. As he drove through Bobcat

defense he blasted the ball into the goal to clinch a 1-0 edge.

Frostburg realized they needed to pick up their game, they retaliated the Captain's goal by utilizing their corner kick received in the 55th minute.

Luckily for the Captains, sophomore midfielder Samsu Sallah got his head on the ball to break up the feed. Shortly after, Sallah stripped FSU from another opportunity by taking away their counter attack.

Gogolin struck again on the offensive end as he fired a ball towards goal that pushed over the cross bar which would earn CNU a corner kick.

Junior midfielder sent a perfect ball flying into the middle where Derek Cook managed to break away from the clutter of players and get his head on the ball to put it in the net, raising the score to a 2-0 lead.

The Captains built a wall in the mid-field in order to keep FSU from entering their defensive end of the field.

Seifert and freshman defender held Bobcat offensive off for the extent of the game by stopping three offensive attacks each.

This helped the team remain in the lead and add another shut out to the record.

The team will be back on the road Oct. 11 at St. Mary's for more Capital Athletic Conference competition. ■



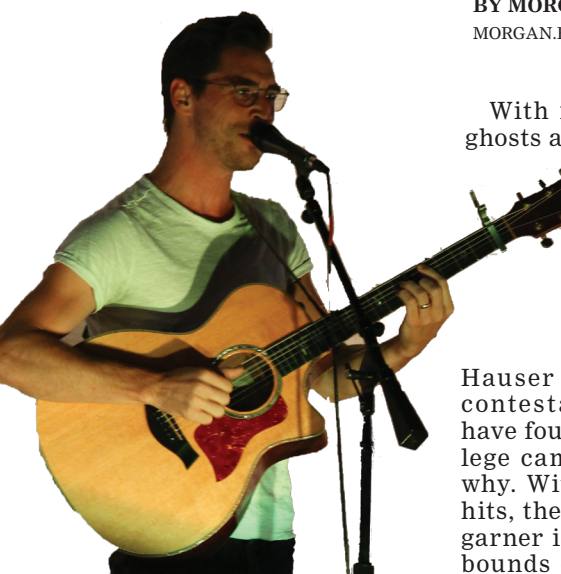
Sophomore midfielder Noah Peizer approaches a loose ball before his Frostburg State defender can get to the pass first.

A Sax-y Night on the Steps of Christopher Newport Hall

Culdesac Kids performed for Christopher Newport University students as a part of Campus Activity Board's first "First Fridays" event on Oct. 6



Collin Hauser plucks his guitar as Stevie Jo Rosenbalm sings on the steps of CNH. PHOTOS BY HANNAH MCCLURE/THE CAPTAIN'S LOG



Collin Hauser sings to the audience

BY MORGAN BARCLAY
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With improvised saxophone solos, ghosts and a very windy night, Culdesac Kids breathed new life into familiar songs, creating an enjoyable and entertaining night for the whole audience.

Culdesac Kids, comprised of Collin Hauser and season 6 "The Voice" contestant, Stevie Jo Rosenbalm, have found their niche in touring college campuses, and it is easy to see why. With their folksy covers of pop hits, they are just different enough to garner intrigue, while staying in the bounds enough to not alienate their wide demographic. That being said,

they truly shone when they removed their facade of normalcy and created something original and improvised.

Starting off their set with a cover of "Sweet Pea," their technical proficiency shone through the intricate fingerpicking style of the guitar and the impeccable harmonies that rang throughout the campus. This only continued with their cover of Stevie Wonder's "Superstition," where a breakdown in the middle of the song highlighted the guitar work done by Collin Hauser. As the show continued with covers of "Royals" and "Mercy" this proficiency became certain, but left the audience wanting something more. While their covers were well done, they were lacking a purpose, with a disconnect between the song and the artist becoming present. They seemed to be playing simply to please the audience, to give them what they

You can find Collin Hauser on Spotify before the upcoming Culdesac Kids release

want to hear, not what they themselves wanted to play.

This was luckily resolved within the latter half of the show as they began to play more original covers. The best of which being a song they said to have written in 30 minutes, called "Lisa Brown." Filled with seemingly improvised moments the song gave a purpose to their bluesy and folksy sound and gave a depth to the concert.

Added on to the inclusion of more original music was a breaking down of the distance between the audience and the band. Seeming to become more comfortable as the show went on, added interjections and stories between songs gave the concert a conversational feel. This was seen specifically when the audience convinced them that there was a ghost inside of Christopher Newport Hall halfway through the show.

This conversational nature was needed, given the venue of the steps of Christopher Newport Hall. While producing great vocals, with the duo themselves proclaiming "Let's hear it for physics!" at the conclusion of one of their songs, the large nature of the venue may have left the audience feeling empty, otherwise.

That being said, the highlight of the show had to be the improvised cover of "Ain't No Sunshine." Called out as a request from the audience, the duo obliged in the best way possible. With a depth and deeper truth ringing out through their vocals, and an improvised saxophone solo to boot, this penultimate song in their set left a lasting impression on the audience.

Finding their stride in the latter half of the performance, Culdesac Kids gave a small performance on a big stage in a big way. Blown away by the saxophone solo at the end of the show, the duo should shy away from their musical comfort zone in future performances. The magic happens in their improvisation. ■

12 people, 2 hours, 1 verdict

Passion is heard in silence of TheatreCNU's performance of "12 Angry Jurors"



High tension is felt throughout the theatre as the play reaches its climax.
KELSEY SCHNOEBEL/ THE CAPTAIN'S LOG

BY LIAM ROWELL
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An intense exploration into justice in the United States, TheatreCNU perform an adaptation of the classic play "12 Angry Men", by Reginald Rose. With all the same drama and suspense of the original work, this adaptation includes female characters. Changing the name to "12 Angry Jurors" this difference modernizes the context of the still relevant themes within the work.

Confined to a bare concrete jury room, the 12 jurors are to decide the guilt of a 19 year old boy. The case they must judge—murder in the first degree, the highest crime in our justice system.

With all of their predispositions and bias, the group must come to a unanimous decision on the fate of this boy, on his guilt and innocence, and on his life and death.

The play excels in the critique of the justice system, with a particular focus on elitism and immigration.

It also does so without coming off as being blatantly political, starting a conversation, as opposed to making

a radical statement.

The set with its bare concrete walls force us to focus on the characters and their interactions. That being said the choice to have multiple actors have their backs to the audience for extended periods of time did not pan well and seemed relatively avoidable.

That being said the cast more than lived up to the challenging roles they were given. Individually, three specific actors shined. Townsend Hall (Juror 3) crafted a truly despicable character that incited a visible reaction in the audience. Adam LeKang's (Juror 10) monologue about self-discovery is truthfully done and one of the best parts of the entire performance. Madeline Witmer (Juror 12), brings depth to an otherwise shallow character utilizing a cocky sort of boredom to her advantage.

Collectively, the entire cast played with silence in a compelling and intriguing way, perfectly pulling off crucial points of the play, especially Payton Verier (Juror 2) and Matt Stevenson (Juror 6).

As biases are exposed and passions rise, TheatreCNU is at their very best. Performances continue October 8-13. ■

Dua Lipa Shines on Self-Titled

Filled with lyrics of self-empowerment the album is a must listen

BY NICHOLAS ALEXANDER-GOLDSMITH
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Hailing from London, Dua Lipa has garnered attention by being featured by the likes of Sean Paul and Martin Garrix. Lipa has only built off of this attention through the release of her chart-smashing, self-titled debut album.

Describing her music as "dark pop" the singer-songwriter often draws on her own experiences in life to write songs with deep meaning that are still easy to dance to. Reminiscent of former English legend, Amy Winehouse, Lipa's deep and soulful voice only adds to her wide appeal. This is seen in the popularity of her single "New Rules", which peaked on U.K. charts for two weeks, and has remained in the top five for the majority of its release.

Starting with an attempt to apologize to a lost lover, "Genesis," makes it clear what this album is going to be about. This theme of lost love is only darkened through the contrast brought about by the bright song that follows it, "Lost in Your Light," which features vocals by R&B artist Miguel. Mixing their powerful voices, the story of two lovers completely fulfilled by one another is told in beautiful harmony. Moving from this song, heavy beats and lyrics of self-empowerment, akin to a Beyonce single, complicate the relationship story that is being told. Hitting every word Dua Lipa makes sure you know she's "hotter than hell." "Be the One," the next track in the list-

ing, reinforces this idea. "IDGAF" moves the album in a different direction.

Instead of proving herself to her lost love, she switches perspectives and works from a place of pure self-empowerment. She no longer cares about her lost love, going so far as to say, "I see you tryna' get to me, I see you beggin' on your knees, Boy, I don't give a..." She broadens this theme of self-empowerment in the next track, "Blow Your Mind (Mwah)." Jabbing at her old modeling career, and its weight constrictions, she no longer has to prove herself to her lost love or society. Next up is "Garden," which shows off why Lipa does not need to prove herself. Low dipping notes that sway perfectly with her heartfelt lyrics, it's a fact she is a star. "No Goodbyes," and "Thinking 'Bout You" follow suit. "New Rules" continues the theme of overcoming lost love while shining a light on the cyclical pattern that occurs in unhealthy relationships, proving that a song can be a pop hit while meaning something deeper. The final two songs on the album, "Begging" and "Homesick" slow it down and, once again, perfectly, showcase Dua's deep, melodious voice.

The album is overall a good fit for people that enjoy music by artists like Blackbear, Amy Winehouse, or Miguel. The vocals are powerful and the lyrics are meaningful with some great dance beats to boot. ■

The Music Between the Pages

Jennifer Egan's novel utilizes music to forward its plot



The cover of the novel showcases the importance music plays in the story PHOTO COURTESY OF ANCHOR PUBLISHING/AMAZON BOOKS

BY DUNCAN HOAG
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Jennifer Egan's "A Visit From the Goon Squad" is, at its heart, a simple narrative of a group of people making their way across the urban landscape of Rock n' Roll, both as it stood in the past and as it stands today.

The concept of sacrifice features heavily in the book as the only characteristic binding the multifaceted characters together.

This is especially apparent in later parts of the novel, where each character is ultimately forced to leave behind — at once or gradually — some value that connected them to their own youth, and their sense of wonder. How each one of them reacts to this loss characterizes them in an interesting way. Moreover, every character's relinquishing of their youth is done for different reasons, many of which are heavily intertwined with the relationships of

those around them, creating a complex and intriguing story that's difficult to put down.

Most striking about the book, however, is the moral neutrality of its narrator. Regardless of what occurs, the novel presents the story with very little judgment on the part of the narrative. In this way, Egan puts the ball in the reader's court. Readers will find that they are compelled to make judgements about the book's events with little direction from the book itself. In many ways this imitates real life — where we must often rely on our own gumption to guide us through a complex world. This realistic depiction of morality is captivating to say the least.

Finally, rock music features heavily in the book insofar as many scenes occur in dives or backstage. Explicit references are made to many of the songs that defined the musical scene as it stood in the 80s and 90s. These include "Nothingman" by Pearl Jam, "I Wanna Live" by the Ramones, and "Breakdown" by Tom Petty. These songs do more than add aesthetic to the novel's world. Rather, they are incorporated into the book as a means of illustrating the tone of a given chapter or scene. Victor Hugo was right when he spoke of music's importance in novels: "Music expresses that which cannot be put into words and that which cannot remain silent". And this book is very loud. ■

Women's Summit Encourages Leaders

The summit's tag line, "We believe in the ability of young women to change the world" was well exemplified during Sunday's event. Students from across campus gathered to meet inspirational women and learned to excel as leaders.

BY KATIE KRYNITSKY

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Ambitious women from all over campus gathered in the DSU Ballroom bright and early this past Sunday at 8:30 a.m. to spend the day with influential women on campus for CNU's second annual Women's Leadership Summit.

Registration included three educational sessions, breakfast and lunch, a student panel and the chance to have a professional headshot taken.

Registration was free, and the summit also counted as a President's Leadership Program (PLP) passport event for students.

The goal of this year's leadership summit was to empower strong women leaders on campus by providing resources needed to succeed.

Students Allison Baltz, Alyssa Morris, Emily Olyha, Emily Thomas, Kelcie Chandler and Peyton Eckhardt were coordinators of the event.

"As a coordinator for this year's Women's Leadership Summit, I had the privilege of working alongside five other incredible women from different aspects of campus," says Eckhardt.

"We met weekly in order to plan all of the details, such as faculty speakers and the student panel. We heavily focused on strategic ways to get women across CNU from different organizations and aspects of campus to register for the event."

The day started with a keynote speech from Bonny Shade, a distinguished speaker and published author known for telling her own story to educate and empower others, according to the summit's program pamphlet.

"She lives like Beyoncé, handles business like Madeleine Albright and speaks truth like Kanye," stated the pamphlet.

Participants then had multiple options of educational sessions hosted by CNU staff members and past conference speakers.

During lunch, there was a panel made up of student women leaders on campus, followed by one last educational session.

While CNU's Panhellenic Council largely influenced the emergence of this summit, it was in no way a solely Greek event.

It provided a space and time for all collegiate women, Greek and non-Greek, to gather and discuss relevant topics pertaining to their success.

Panhellenic helped "fund the conference and make sure the day-of ran smoothly," according to Kristina Randall, the Vice President of Recruitment on Panhellenic's Executive Board.

39 percent of the women who attended this year's summit were non-Greek.

"I truly hope the participants got a lot of advice from this summit geared towards women specifically in both professional and academic aspects," says Randall.

"The goal was to help them meet fellow women leaders on campus, and be inspired to work their hardest and change their organizations, one leadership position at a time," she says.

Coordinators had a special place in their hearts for the summit before going into it, providing substantial efforts toward making the event a success.

"I was passionate about the summit when I applied for my position as marketing coordinator, but I found a new love for this campus, community and the women I was able to work alongside of throughout my experiences with this year's program," says Eckhardt.

This previous weekend was not only focused on creating better women leaders.

Following a similar pattern, the Men's Leadership Initiative, presented by CNU's Interfraternity Council, took place the day before, on Oct. 7, from 8:30 a.m. to 4:30 p.m. in the Ballroom.

Food was provided, and the event consisted of keynote speakers and experiences that focused on intrapersonal and interpersonal skills, career planning and relevant trends.

Counting as a PLP and Honors event for students in those programs, the initiative stated their mission to be "Guiding quality men into leaders of the future."■



Keynote speaker Bonny Shade uses her voice to make a difference through telling her own personal story.



Female students take notes on the keynote speaker and educational panels. PHOTOS COURTESY OF CNU OCPR

City Center's Neo Kitchen offers \$3 Burgers

City Center's Neo Kitchen and Bar, connected inside of the Cinemark Theater, offers weekly specials.

BY SYDNEY BERMAN
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Located in the heart of City Center at Oyster Point, Neo Kitchen and Bar is a well-hidden secret in Newport News.

Many people easily forget about this restaurant connected to the Cinemark movie theater: they indulge in popcorn and candy at the movie theater or assume that the food will be subpar.

This is an inaccurate assumption.

One of the location's biggest perks is that customers are able to order food from Neo and take it into the movie theater to enjoy.

When walking in, the atmosphere is impressive, especially for being an open area adjacent to the movie theater lobby.

With more customers and staff around dinner hours, there is an added ambiance.

The service is notable, with waiters constantly checking to make sure each customer's experience is exceptional.

Neo offers six signature dishes including chicken wings, the tempura mixed veggie platter, wedge salads, the Matinee Burger, chicken tender sandwiches and fish and chips.

The Matinee Burger and chicken tender sandwich are both delicious. The chicken tenders are cooked to perfection and the burgers melt in your mouth.

Neo offers a special promotion on Wednesday's, selling the Matinee Burger, their plain burger, for the low price of \$3. For only a dollar more you can add toppings such as bacon and avocado.

For only \$2.95, you can order delicious truffle fries coated in truffle oil and parmesan pieces.

Another unique deal Neo offers is the "757 Lunch" from 11:30 a.m. until 4 p.m. on weekdays. This includes salads, sandwiches, wraps and appetizer baskets all for \$7.57.

All entrees on the menu are under \$20, making this hidden treasure inside City Center a go-to place for college students who want to eat out for an affordable price. ■

Visit Neo's
Kitchen and Bar
in Oyster Point
City Center.
Open 11:30 a.m.
to 11 p.m. every
day.



The three dollar Matinee Burger with bacon and avocado is part of Neo's Wednesday special promotion. KATIE KRYNITSKY/THE CAPTAIN'S LOG

Oct 14-15

- 100 Artists
- Live Music
- Young Collector's Tent
- Food-Beer & Wine

Art & Sculpture Festival
PORT WARWICK | NEWPORT NEWS, VA
Presented by **VIS** | Virginia Health Services

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www.pwartfest.org

Top Five Things to Do Over Fall Break

Don't be bored over Fall break, here are five fun plans.

BY EMMA DIXON
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Halloween Haunt at Kings Dominion

On select nights between September 23 and October 29, terror lurks around every corner at the annual Halloween Haunt at Kings Dominion. From thrilling rides to frightful attractions, extreme screams are a guarantee. Visit <https://www.kingsdominion.com/play/haunt> for dates and tickets.

Scream City - Washington, D.C.

Held in RFK Stadium in Washington D.C., Scream City includes two state-of-the-art haunted houses: Exorcism Estate Haunted House and Slaughter Factory. Right in the middle of the nation's capital, both haunted houses are held indoors at 2400 East Capitol Street. SE Washington DC. For more information, visit <http://www.screamcity.com/temp.html>

Halloween Movie Marathon

Don't want to leave home over fall break? Invite some friends over, pop some popcorn, and have a Halloween movie night! Whether you want a newer movie, such as "IT", or a Halloween classic, like "Hocus Pocus" and "Halloweentown," a movie night is the perfect way to spend time with friends and relax!

Visit a Pumpkin Patch

Whether you go to choose a pumpkin to carve or just to get an aesthetically pleasing photo for Instagram, visiting a pumpkin patch is a great day activity. Grab some friends, load up a car, and journey to one of the countless different pumpkin patches spreading across Virginia!

Spend Time With Family

We all know school can be stressful and overwhelming. Between essays, midterms and getting back into the routine, a good way to de-stress and relax over fall break is spending quality time around the house with friends and family. Fall break doesn't have to be extravagant; you can simply catch up with family members before returning back to school. ■

JOIN THE STAFF!

The Captain's Log is always looking for new members. If you're interested in becoming part of our team, email editor-in-chief Melanie Occhiuzzo at clog@cnu.edu

**Interested in:
Writing,
Editing,
Design,
Photography,
Video,
Digital content,
Business or
Advertising?
Then there's a place
for you at The
Captain's Log.**

