

FAREWELL ISSUE

THE CAPTAIN'S LOG

VOLUME 22 NUMBER 24

CHRISTOPHER NEWPORT COLLEGE NEWPORT NEWS, VA

APRIL 25, 1991

Funds for Special Olympics needed

CNC Police Department has been asked to coordinate Special Olympics fundraising for the college. CNC is a community within a larger community, and the Special Olympics are an opportunity for the CNC family to show the larger community its cohesiveness.

Monetary pledges are being requested. Special plaques and certificates of acknowledgement and in recognition of donations will be awarded at opening ceremonies following the annual Torch Run in June.

The Torch Run, endorsed by the International Association of Chiefs of Police and the Virginia Association of

Chiefs of Police, will take place on June 6 and 7. Law enforcement officers from southeast Virginia will pass the Special Olympics torch in a relay which will culminate at the opening ceremonies in Richmond. Law enforcement officers from all 50 states, the District of Columbia, and foreign countries will be participating in runs throughout 1991.

Gold, silver and bronze medals will be awarded for contributions of \$1000, \$500 and \$250, respectively. A certificate will be given for \$100 contributions, and donations of \$25 to \$75 will be recognized by a college certificate.

CNC Police Department is asking

for individual or group donations from departments, clubs and organizations. Special Olympics water bottles and T-shirts are also for sale to assist the tax-deductible, charitable organization.

Special Olympics International is the world's largest sports program for children and adults with mental retardation. Founded in 1968 by Eunice Kennedy Shriver, Special Olympics offers year-round training and competition in 22 official sports to more than one million special athletes ages eight and up, in more than 20,000 communities in the U.S. and 50 other countries.

Silence Betrayed

By Debi Flowers

This is a very hard subject to write about. A lot of people find "it" very embarrassing to talk about. It's a subject that many people believe doesn't exist...but it is society's most disturbing, pervasive, yet misunderstood problem! It's child sexual abuse!

Before you close your eyes and say this doesn't involve you, please grant me 15 more seconds of your time and then decide if you want to read the rest of this. Most of you are not even married and you have no children, but I dare say most of you are an older brother or sister, an uncle or aunt, or have some contact with young children. If you fall in one of these categories then you can't turn away from this painful subject until an estimated 39,000 children under the age of 6 are no longer sexually abused in this country each year.

I am going to talk to you about preventing this ugly problem.

How can we prevent a problem that we find so embarrassing, so hard to believe that it is really happening? Some experts feel that if we can just teach our children to say "no" to adults who want sex, then the problem will be solved.

While trying to get the message across, several professionals have produced numerous materials, such as storybooks, movies, videotapes, television programs, even coloring books and comic books. Their goal seems to be three important issues:

1. Children need to be told that a child's body is the child's property.

2. That a child can say "no" to an abusive adult.

3. That a child who is abused

Volunteerism not dead at CNC

By Joann Kowalski
Staff Writer

Money is not the reason, so why do nine CNC students volunteer at the Virginia Living Museum?

"I think it was not only to educate me in expanding my biology field, it also helps me to teach others about the environment," says biology major and CNC sophomore La Daugn Nettleton. Nettleton has volunteered for nine months at the museum. "I interpret exhibits. Right now I interpret the geology and James River exhibit," says Nettleton.

Nettleton finds no problem fitting eight hours per week of volunteer work into her schedule. The museum "understands college schedules."

Sophomore John Vaughn, a volunteer for seven months, says, "For one thing, I wanted to work on my communication skills with the public, and I am a biology major." Vaughn works at the touch tank which deals with how life survives. He informs guests about the environment and gets "a lot of good questions" from visitors. Vaughn feels it's especially important to teach the school groups that visit the museum.

Junior Donald Watt, a criminology major, says, "I had an interest in the museum and enjoy working with the



John Baughn (far right) and Sheri McCloud (second to right) showing creatures native to Virginia waters to a group of visitors to the Virginia Living Museum. Both interpreters are CNC student volunteers.

public." He started volunteering as a freshman after seeing the "volunteers needed" sign. Watt works at the discovery center, a question and answer center. He also works outside on the trails and does animal shows. "I have a black rat snake. I do shows with it," says Watt. He will also work at the dinosaur exhibit scheduled to appear June 1 through Labor Day at Newmarket Fair mall.

"I thought, for one thing, it would give me experience talking with other people and also, I love animals," says

Senior Rebecca Coats, a business administration major with a concentration in management. Coats, a volunteer since February, especially likes the animals. She walks around outside and talks to people, and tries to help guests enjoy their visit.

"It's tranquil and puts my mind at ease," says Coats. "It's a great experience. I love it."

Senior Susan Murdock, a secondary education major with a biology con-

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Year's end brings thoughts, reflections

Dear CNC,

Well, here it is, this year's last issue of *The Captain's Log*. Upon contemplation, I find there are many experiences, many memories, and much growth for which I am thankful, and few regrets.

The out-of-country experiences offered by CNC were unsurpassable. They gave me a different point of view: a glimpse of cultures different from mine, an insight perhaps which shook my values and brought forth much needed critical thinking.

My deepest thanks go to all of those members of the faculty and administration who supported, and continue to support, these types of classes where learning stems not only from a book.

Many thanks also go to my fellow students who chose to participate in these wonderful experiences. Without their interest, enthusiasm and willingness to part with their hard-earned and hard-saved cash, such learning would not be possible.

To the anonymous donors who made the trips to Costa Rica and Nicaragua

possible for many students last year, bless you! Thank you for standing by us when the administration wouldn't.

Good luck also to the Student Leadership Institute and the other campus organizations like the Campus Activities Board, who have a never ending struggle in making the CNC campus a desirable place to be. I know the loss of the campus center personnel will make your jobs doubly difficult. Perhaps after the arrival of the dorms, your work will be more rewarding. Good luck in your efforts to bring the CNC student body together.

I'm especially thankful to the faculty. Thank you for letting me pester you, complain to you, debate with you and learn with you. You have done an outstanding job keeping CNC's financial woes from getting to you and your students. You have supplied a genuinely caring education to your students, for which we all are grateful, I'm sure.

To the Financial Aid office, Registrar's, Career Planning and Placement, and all the other offices



which assisted me throughout my years at CNC, thanks! You made my struggles a lot easier.

I hope even through years of growth and change that CNC keeps the small college atmosphere. There's a lot to be said for personal attention and a custom-tailored education.

Last but in no ways least, thanks to

my college buddies for being there - playing sounding board and being my friends. Tom, Teresa, Anna and the rest of *The Captain's Log* staff, thanks for listening and helping me out so much. You're a great group and I'll miss ya....but I'm outta here!!

Love, Peggy

You're smart enough to read
this...
And you're still smoking?

THE CAPTAIN'S LOG is the official student newspaper of Christopher Newport College, Newport News, Virginia. *THE CAPTAIN'S LOG* is published weekly during the academic year, except holiday and final examination periods. *THE CAPTAIN'S LOG* office is located in Room 223 of the Campus Center.

Opinions expressed in *THE CAPTAIN'S LOG* do not necessarily reflect faculty, administration or student viewpoints.

THE CAPTAIN'S LOG welcomes letters to the editor from its readers. All letters must be typed, double spaced, and include the author's signature, address and telephone number for verification purposes only. Letters will be printed anonymously upon request.

THE CAPTAIN'S LOG reserves the right to edit letters according to style, subject and length, as well as refuse publication. A drop box is located in the Campus Center near the steps closest to the theatre.

All copy must be typed double-spaced and is due by noon on the Thursday preceding publication on the following Thursday.

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VIEWPOINTS

Loss belongs to CNC

Dear Editor:

"The great way is not difficult for those who have no preferences" - Third Chinese Patriarch of Zen.

But I have them. So, it's difficult. As countless others here on campus, I would prefer that Rich Butchko were to remain at CNC.

Yet, Rich, the embodiment of perpetual eastern wisdom functioning in a contemporary western society, is not a victim. The kind blue eyes, the steady unperturbed demeanor reveal a strength of acceptance. For an experienced traveler on a great journey, it is only another bifurcation, another opportunity, the inevitable dictum of change.

There was a time I sought to wear the loose and flowing robes of eastern

philosophy. A time of mantras and gurus, sitars, chants and mala beads. My brother was not heavy. But the clothing didn't fit and the journey had a way of subverting the loftiest of ideals. All truth is relative, even in the Orient. No, I'm not a product of the west. And so I do protest. The loss belongs to CNC. Not to Rich.

The wheel of Karma turns, despite the ignorance of all riders. My western scorn of principalities and powers, technocracies and bureaucrats yields its pride to the once sleeping giant of humility now rising. A new day lights the eastern sky, once more. And Rich, professor, friend and counselor, here in tomorrow's yesterday, for those who knew and heard his footsteps --- simply stays.

Jeanne Brenegan

The Captain's Log editor looks
back on the year's ups and
downs.

See Page 10.

RÉSUMÉS

RESUME
John P. Donahue
16 Collby Drive
Newport News, Virginia 23601
804/555-1111

CAREER OBJECTIVE
Business Management
Management Intern
A position in the U.S. Postal Service Management Intern Program that would expand upon my formal training and job experience.

QUALIFIED BY

- Accounting computer system skills
- Advanced journal skills
- Payroll accounting skills
- Employee benefits research
- Supervisory and management experience

EXPERIENCE
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Staff Accountant
 Researched and selected an automated payroll service. Implemented system by adapting prescribed program to specific demands of the corporation.
 Initially worked for concentrated periods in each individual area of the corporation related to accounting functions: corporate accounting practices, accounts receivable/payable, payroll, purchasing, job costing, and government accountability.

EDUCATION
 Post-baccalaureate Becker CPA Review Course, Norfolk, Virginia
 Sitting for CPA in May, 1991
 Undergraduate Christopher Newport College, Newport News, Virginia
 BS: Accounting, May 1988
 Co-operative Program Virginia Power, Peninsula Division
 Engineering Co-operative Student
 January 1986 to June 1986 and May 1987 to September 1987

NOTES
 Community Service Blind and Deaf Services, State of Virginia
 Regularly involved in the mainstreaming of blind and deaf students through camps, athletic trips, and other extracurricular activities coordinated by the Peninsula Baptist Association in conjunction with their home schools.
 Specific references are forthcoming and others are available upon request.

References

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Offer expires May 15, 1991. If you have any questions, give us a call. We are a bunch of CNC graduates and will be glad to help. Otherwise, no appointment is necessary. Just stop in our studio at The Corner Shoppes at Maxwell Lane, 12715 Warwick Boulevard.

Attention Seniors:

Although graduation is only 2 weeks away, you still have time to make your mark at CNC! Join me by pledging your support for the 1991 Senior Class Gift.

Graduating seniors who pledge \$100 (payable over three years) will become members of the newly-created Century Club. All proceeds will go to support the Captain John Smith Library -- hard hit by the state budget cuts.

You should have already received a pledge card in the mail (if not, please contact the Office of Development at 594-7038). I urge you to fill out the card and return it today!

Thanks for supporting this important project. And I'll see you on May 12.

Angela Jones

1990-91 SGA President

The Captain Wants You!

Students interested in writing, photography or just getting involved on campus.

Applications are now available for PAID positions on the 1991-92 Yearbook Executive Staff for Assistant Editors, Photography Editors, Secretary, Business & Advertising Managers.

Pick up applications from Office of Student Life (Downstairs in the Campus Center) or in *The Captain's* office (CC227).

Questions or concerns? Call Jennifer at 886-9213.

INTERNATIONAL NOTES

Professor Lea Pellett will lead an interdisciplinary faculty team from CNC and the Mexico School of Public Health. The team will direct a community, health, education and economic well-being assessment of Latin American laborers in agribusiness on the Eastern Shore of Virginia and in home communities in Latin America. Students will participate in all phases of research in Virginia and will have an opportunity to visit field sites in Mexico and Guatemala. Especially recommended for students in sociology, international culture and commerce, business, nursing, social work, education, psychology, and political science. For more information, contact Professor Pellett in Sociology, 4-7114.

CNC has signed a Memorandum of Understanding with the Pontificia Universidad Catolica Madre y Maestra and with the Autonomous University of Santo Domingo in the Dominican Republic. The PUCMM is offering a summer program from May 11- June 8. The Spanish Language and Culture Program will focus on ecology and resource management in the Dominican Republic with Clark Atlantic and Morehouse Colleges. For more information, call International

Studies at 594-7751.

The Fall 1991 Brout Seminar will study the new economic architecture of a European Community as it develops. The course will examine a spectrum of economic systems in the European Community and the developing countries of Eastern Europe. An optional trip is being planned for Fall Break, October 1991 to visit the Headquarters of the new European Community in Brussels, Belgium for on-site lectures, seminars and discussions. For more information, contact International Studies at 4-7751. All INCC Majors are urged to apply.

International Educational Exchange (CIEE) council has their extended Southeast Asian Studies Program to Indonesia, Thailand, and Vietnam. The Henry Luce Foundation has awarded a three-year grant which will provide financial assistance for students, academic/administrative leadership, and for the development of in-country library and program resources. The CIEE has waived the application deadline this year for all Cooperative Centers for Study Abroad, except for the summer program at Peking University. For more information, contact International Studies at 4-7751.

PRE-LAW SOCIETY

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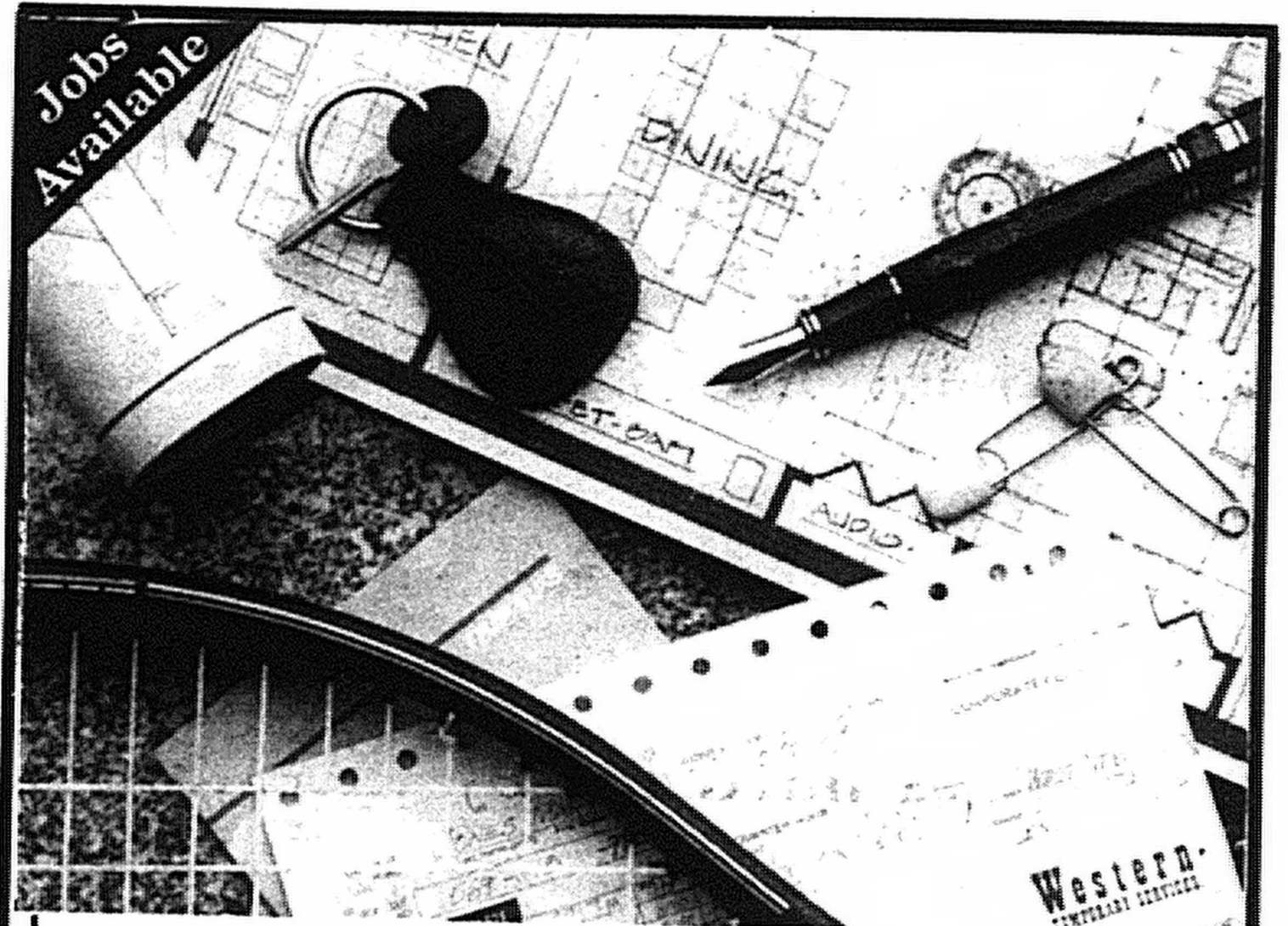
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Photography Editor

Business Manager

News Editor

Applications are available in CC223 or in the Office of Student Life

Deadline for applications is April 30

Questions or concerns? Call Teresa at 594-7196 or 693-4612

AMBITION⁺

It isn't a word you usually associate with a nursing career. But why not? Shouldn't good nurses – those who have aspirations for the best for themselves and their patients – reap the benefits of good work?

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CNC's sports highlights for the 1990-91 season

Courtesy of Sports
Information Office

The biggest crowds in school history, the most successful year ever for men's basketball, and the national publicity generated by Lamont Strothers' efforts to reach the National Basketball Association (NBA) highlighted the 1990-91 athletic year at Christopher Newport.

In the Fall, volleyball and cross country took the spotlight. An inexperienced volleyball team finished third in the Dixie Conference with some gritty conference victories, and placed two players on the first team All-Dixie Conference squad. **Linda Machie** and **Jennifer Martin** became the first pair of CNC players to win the honor in the same year.

Meanwhile cross country runner **G.W. Dameron** was off to an outstanding season. He became just the fourth male runner in CNC history to qualify for the Division III National Championships after one of the best seasons a CNC runner has ever had.

It was a down year in soccer for CNC, with the Captains recording a 6-10-3 record. But Coach **Craig Rey-**

nolds had a very young squad that hopefully will rebound next year.

But basketball was the story of 1990-91. Both the men's and women's teams had the greatest seasons in school history, including some outstanding individual accomplishments.

The men's team finished the season 24-5, setting many school records, and reaching the NCAA Division III National Tournament for the fifth time in the last six years. Not only did the team play in the NCAA Tournament, but it had a chance to host a game for the first time ever, and scored an 81-71 win over Emory & Henry before the largest crowd in Ratcliffe Gym history. The game was sold out more than 24 hours before tip-off. That win earned the Captains a spot in the Final 16 of the tournament, CNC's furthest advance ever. CNC also became the first team in the 28-year history of the Dixie Conference to go unbeaten in conference play.

Senior Lamont Strothers completed one of the greatest careers in Division III history, being named Player of the Year by Basketball Times Magazine, and first team All-America by the National Association of Basketball

Coaches. He finished as the third leading scorer in Division III history, with 2,709 points, and scored in double figures in 116 consecutive games, the most in NCAA history at any level.

The Lady Captains had a record-breaking season as well. Their 20-7 record was the best in school history, and they, too, swept through the Dixie Conference regular season unbeaten. However, Greensboro College caught CNC on a flat night and won the Dixie tournament title.

Freshman **Karen Barefoot** had a sensational rookie season. She led the nation in assists in Division III and was also named to the All-Virginia Division II-III second team, and the All-Dixie Conference first team.

The indoor women's track team had another great season, finishing third at the Division III championship. **Sandy Shelton** won the national title in the long jump, and earned All-America honors in the 400 meters and with the 1600 meter relay team. In addition, **Jennifer Martin** was All-America at 55 meters, **Barbara Robb** in the 400 and **Toni Bass** in the triple jump. **Shelton**, **Martin**, **Robb**, and **Candress Mitchell** were on the 1600

meter relay team.

Ed Milling won All-America recognition again in his specialty, the 55-meters, while **Anthony Mungin** placed fifth in the same event.

In baseball, the Captains ran off a record, 12-game winning streak before settling in with a 19-16 record heading into the last week of the season.

The Lady Captain's softball team had another fine year with a 24-15 record. **Jennifer Fields** and **Mary Carpenter** each were voted to the Dixie Conference first team. CNC tied with Methodist for the regular season Dixie championship.

Veteran **Mike Gibson** won the Dixie No. 6 singles championship for the men's tennis team, while **Holden Knight** and **Rush Cole** took the No. 1 doubles crown.

The women's tennis team barely missed a .500 season with a 7-8 record, while the nationally-ranked golf team retained hopes of an NCAA bid. **Jeff Holler** and **David Donovan** played their way onto the All-Dixie Conference team, while Holler tied for medal honors.

Congratulations to all teams!

SPORTS BRIEFS

Baseball: The Captains scored an exciting extra-inning win over Salisbury St., but then lost a three-game Dixie Conference series to a tough N. C. Wesleyan squad. After surrendering four ninth-inning runs to Salisbury to tie the game 6-6, CNC strung together four hits in the tenth to take a 10-6 victory. **Jasen Simpson** led the way with three hits and two RBIs. However, the Captains were overpowered by the N.C. Wesleyan Bishops who are nationally ranked among Division III teams. The Bishops assaulted the Captains with 33 hits over the three-game series. **Simpson** again led the Captains with four hits over the three games, while **Tab Pabst** gave a strong pitching performance in the last game pitching five innings and allowing only three hits, despite getting the loss.

Softball: The Lady Captains faced a series of tough games in their final week, and wound up second in the Dixie Conference Tournament. The week began with a 3-1 loss to crosstown rival Hampton, and continued with a split of 3-2 games with powerful Elmira. In the conference tournament, CNC ousted Ferrum in an opening series shortened to one game by poor weather. **Jennifer**

Fields' homer in the bottom of the seventh put CNC into the finals opposite Methodist with a 5-4 win. But the Lady Captains came up short, dropping 9-2 and 4-1 decisions to the Lady Monarchs. **Fields**, pitcher **Mary Carpenter**, and outfielder **Kristi Milby** were all named to the first team All-Dixie Conference team, and were joined on the second team by outfielders **Jennifer Bryant** and **Christy Byard** and first baseman **Kim Cason**.

Women's Tennis: All three doubles teams were victorious in a 6-3 win over Randolph-Macon. In the Dixie tournament, CNC reached the finals in three flights but lost all matches to Methodist, the eventual champions. **Stephanie Seward** dropped a 3-6, 6-0, 3-6 decision at No. 2 singles, and combined with **Amy Lawrence** for a tough, 4-6, 6-4, 2-6 loss at No. 1 doubles. **Amy Mayes** and **Lisa Lunde** also reached the finals at No. 2 doubles before losing, 2-6, and 1-6.

Men's Tennis: The Captains won two championships, and lost in the finals of two other flights, finishing second to Methodist in the Dixie Conference championship. No. 6 **Mike Gibson**, who joined the team after the

season began, scored a 6-4, 4-6, 6-3 win to capture CNC's only singles crown, and the No. 1 doubles team of **Holden Knight** and **Rush Cole** took their flight, 7-5, 3-6, 6-4. CNC's two other doubles teams also reached the finals before bowing. **Gibson** and **Fred Hunter** lost at No. 2, 4-6, 6-4, 6-7, and **Robert Downen** and **George Davis** dropped a 7-6, 2-6, 2-6 decision at No. 3 doubles.

Golf: **David Donovan** and **Jeff Holler** each earned All-Conference honors as CNC finished third at the Dixie Conference Tournament. **Donovan** had a pair of 79s, and **Holler** an 84 and a 74 in recording 158s, good for a tie for fourth place. CNC shot 643 to finish third behind Methodist, 623, and Greensboro, 626.

Track: The Captains produced some good performances at the Liberty Invitational. **G.W. Dameron** won the 10,000 meters in 32:02, and **Jerome Valree** took the 800 meters in 1:53.7. On the women's side, **Lisa Molineaux** won the shot put with a toss of 38-4, **Candress Mitchell** took the long jump at 16-7, as well as the triple jump at 33-4. **Cynthia Bryant** qualified for the

Division III nationals in the 100 meter hurdles, with a time of 14.7, finishing second.

Note: To All Cyclists: The College Bicycle Club needs your help convincing Samuel Skinner, secretary of transportation, to help us help the environment. Our cycling presence needs to be called to national attention. The Department of Transportation in 1948 had a goal of an interstate highway system. In 1956 Congress mandated the system be built. 35 years, 41,000 miles, and \$230 billion later, it is a reality. Now the government is deciding what to do next. With funds designated for the DOT, this is our time to have, recreational, as well as transportation bike routes built. If you wish to do something for biking and the environment, write to the two men in the best position to influence cycling in the U.S.

Norman Mineta (D-CA), chairman of the surface transportation sub-committee (B-76 RHOB, Washington DC 20515)

Robert Roe (D-ND) chairman of the house public works committee (2165 RHOB, Washington DC 20515)

Volunteers

Continued from Page 1
centration works at the touch tank. Murdock, who plans to become a high school teacher, likes talking with junior high and high school students. She likes dealing with older people too, however. "My main thing is to keep up my interpreter skills," says Murdock.

Sheri McCloud, a CNC freshman biology major, started volunteer work in October. She works at the touch tank. "I'll pick up a horseshoe crab or sea urchin and tell (the visitors) about it," says McCloud. "I learn a lot and meet a lot of interesting people."

Training, experience, and just plain fun are the reasons so many CNC students volunteer at the Virginia Living Museum.

Editor

Continued from Page 10
Fortunately, it is known that you can't make everyone happy, and the minute you try, is the minute you compromise yourself.

Will the newspaper become a vehicle for the administration to spread their propaganda? Not likely.

Will the newspaper discontinue the April Fool's Issue just because a

member of the faculty suggests us to do so because she finds it offensive and tasteless? Not if the newspaper is to remain a student publication free of censorship and bureaucratic bull---.

So to my parting comments. I would like to thank everyone on my staff for a job well done; it was hell, but it was fun.

To my fiancé, Teresa, congratulations on being chosen as the new editor. And finally, to all the graduating seniors, some words of wisdom:

It is easy to find fault with the world. It's easy to find fault in a bag of potato chips, like, why does the space of air seem to be growing and the amount of chips decreasing? But when you get right down to it, what's the need?

If you go into the world finding faults and worrying about them, you go into the world a beaten individual. You've been educated. Use it. Life only comes around one time. And despite what many religions proclaim, there is no heaven or hell or anything.

You have one shot to get it right before you die. And when you're dead, you won't worry.

You won't be thinking about the world or personal problems; you'll be dead. If you're not going to worry when dead, why worry when alive?

Your world is as good as you make it. So go out and make disgustingly huge amounts of money.

And, maybe, keep the planet in one piece so the next generation won't have to worry either.

Good luck on your finals, and remember: Do friend things.

Tom Gibson
Editor
The Captain's Log


The Captain

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Log editor looks back on year's ups and downs

It's that time of year once again—the time when the newspaper shuts down production in preparation for next year.

During the past year, *The Captain's Log* has pleased and upset some individuals. One of the most divided issues which centered around us concerned the article published Jan. 24. The article exposed an unpleasant portion of President Santoro's past while at another college, which had never been brought to the attention of the CNC community.

The president, understandably, was not pleased. However, the majority of the faculty and staff of CNC supported the newspaper's article and I would like to thank all those that phoned-in their support.

A weird twist of events occurred as a result of the article as well.

Our newly hired news editor, Donald I. Gillikin, Jr., demanded that we print an editorial expressing his disapproval of the article, written as if he were the one in charge of the newspaper.

On our refusal to put internal conflicts in the paper, he resigned.

But before he left, Gillikin made copies of confidential notes containing names of sources we contacted during the Santoro investigation and gave those notes to the president, who accepted them without apparent difficulty. (After an interview with me, Santoro made it known that he was unaware how the notes were obtained.)

Fortunately, none of the people on those notes were those who had their positions eliminated when Santoro let 20 employees go April 15.

It is nice to know that our president is not a vengeful one. However, one person, whose name was on the notes, did have her hours cut, but since the decisions to reduce hours in certain positions were not wholly the decision of Santoro, we assume that our president was not enacting some sort of revenge.

Some people were not impressed with our April Fool's Issue published April 4. A joke about Jesus coming offended a few. A picture of Santoro with plantae-dredlocks having the headline "Multicultural and Agricultural awareness at CNC" and the cutline "In order to promote multicultural and agricultural awareness, Dr. Santoro has recently sprouted organic dreadlocks. Says Santoro, 'Hey Mon, come to the college with an international view!'" also bothered a minority of individuals.

Our opinions editor, Peggy Bernhardt, peeved some people on campus this year. One student who responded to our survey on the newspaper wrote: "Drop Peggy Bernhardt! (Her) naivete is nauseating, her ignorance (sic), obscene." Peggy created a small controversy on campus, which was only paralleled by myself.

Both of us seemed to upset the journalism 360 class, which was instructed (?) during the fall semester. The class just didn't like us. I don't know why. We're a cuddly, warm, caring newspaper.

But our successes outweigh all the problems we've experienced this year. The newspaper underwent great changes which have improved the paper drastically.

This year, we became fully computerized and added a new staff who had to be trained in newspaper procedures as well as use of the computer system.

Anna Roman, our production manager, Teresa Adams, our advertising manager, and I created layout programs to facilitate greater efficiency in laying out the newspaper.

Teresa sold over approximately \$6,900 in advertising, which is a vast improvement over previous years. Her abilities on the newspaper have been rewarded as she will be the new editor-in-chief next year.

Tim Watts, our business manager, organized our books and kept us within our budget.

Madeleine Santiago, our first news editor who graduated in Dec., kept the news coming and the campus informed.

Jeff Merritt, our first semester sports editor who also graduated in Dec., made the sports page something people would actually like to read. His successor, Robby Hipps, has continued to improve upon the sports page and hopefully, will return next year to continue improving the paper.

Anna did a wonderful job taking up where I left off last year as production manager and created an aesthetically pleasing layout.

This year, *The Captain's Log* has become more organized and, for once, looks like a real newspaper.

8 Out Of 10 People Join Other Fitness Centers. Which Is Exactly Why You Should Join Ours.

Sometime when you're waiting your turn at the bank machine, in the library, or in the cafeteria, ask yourself a simple question: do you really want to join a fitness center where you'll have to wait your turn?

At Sentara Hampton Health and Fitness Center, we've anticipated that you'd prefer to give your body a workout, rather than your patience.

Our membership is limited, but our facilities include just about everything you could think of. We have plenty of the best weight machines and cardiovascular equipment. A six-lane swimming pool. Four racquetball courts. A whirlpool and sauna. Therapeutic body massage. A full basketball court. Lots of daily aerobics classes, and both indoor and outdoor jogging trails. There's even a 27-hole golf course, just steps from our door.

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If you'd like to make an appointment for a free tour, just call 766-2658. Of course, not everybody's doing it. But maybe that's why you should.



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Continued on Page 9

Silence

Continued from Page 1
must immediately tell someone who will do something about it.

Some of these materials are lacking in the ability to get the message across to our children.

One of the biggest selling children's books on sexual abuse is *Never Talk to Strangers* published by the Golden Books. It is even approved by Dr. Spock (a well-known baby doctor) because it tells its message in a "non-

threatening" way, it does not use the humans as the strangers or abusers—it uses animals, such as a rhinoceros wearing a tutu. The book tells the children "If you are hanging from a trapeze, and up sneaks a camel with bony knees, remember this rule if you please, Never talk to strangers!" Now is that reality? How many children do you know who are afraid of camels with bony knees? The children think these stories are funny and don't relate sex abuse with the story. I agree with the children.

Another big selling book is *It's O.K.*

to Say No! The short-coming of this book is that it mostly warns children about bad guys who hang around restrooms, video arcades, and bowling alleys. There are very few remarks warning children about neighbors, teachers, babysitters, and relatives. The National Center on Child Abuse and Neglect reports that 75-80 percent of the abusers were known by the children before the abuse. The familiar images of perverts, molesters, and dirty old men are not accurate portraits of the majority of persons responsible for the sexual abuse of

children. The National Center goes on to report that 30-80 percent of the abusers are indeed family members. The book *It's O.K. to Say No!*, fails to tell the children what it is o.k. to say no to. This is where our embarrassment comes in. We are so use to referring to sex as "it" that we expect our children to know what "it" is.

We are telling our children that we want to talk to them about "it", that if they have any question about "it" I want you to ask me about "it", that it's not o.k. if someone does it to them, and if "it" happens to them we want them to know that it is not their fault, but what "it" means is so bad we can't even say the word!!

Many programs tell our children "don't let people touch you." What about when the abuser wants the child to rub them, or kiss them, or touch them? Do we warn our children about these matters? Most programs teach our children about bad guys who might "hurt" them, but most pedophiles don't use force or violence. They can sexually abuse our children without physically harming them. What about the psychological harm?

Another shortcoming of some prevention programs is that there is so much stress placed on not talking to strangers, not taking candy from strangers, and not getting in the car of a stranger that the message ends there. Children are told that only doctors and parents should touch their private parts. We are so embarrassed as adults, that we can't even say the real words - penis and vagina! The real problem is the vast number of cases, where the abuser is their father or mother or uncle or aunt. Another problem faced by professionals is people who say, "but we are a good, clean family; it would never happen to us." Over half of the reported cases are from middle to upper middle class families.

To date, most of the prevention programs are more effective in getting abused children to come forward to seek help. Children who are being abused recognize what the speaker is talking about. They finally see that they are not alone. They have someone who will believe them and support them. If these programs encourage one victim to come forward and report the abuse and receive the help that they so desperately need, then shouldn't that be reason enough to keep these programs and to start new programs?

We must not refuse to think about child sexual abuse, even though it sickens and frightens us. Because if we do we may not see it when it happens to our own children. Or even yours....

April is National Child Abuse Prevention Month ... won't you help?

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START YOUR CLIMB TO CAREER SUCCESS THIS SUMMER.

Apply now for six weeks of Army ROTC leadership training. With pay, without obligation.

You'll develop the discipline, confidence, and decisiveness it takes to succeed in any career. And you'll qualify to earn Army officer credentials while you're completing your college studies.



ARMY ROTC TWO-YEAR PROGRAM

THE SMARTEST COLLEGE
COURSE YOU CAN TAKE.

Contact Captain Locklear
Ratcliffe Gym - 594-7169

Tape-A-Quarter Classifieds

Announcements

GET INVOLVED ON CAMPUS AND MAKE MONEY! Applications are now available for paid positions on next year's Yearbook Staff. Stop by Office of Student Life or CC227 or call 594-7560 for more information.

The summer hours for the Apple, IBM and PRIME labs located in McMurrin Hall are as follows: Mon. thru Thurs. 10 am - 2 pm; Fri. 10 am - 3 pm; Sat. 1 pm - 6 pm; Sun.: closed.

Zeta Phi Beta is here! See you all next fall. Rush will be held the first two weeks of fall '91.

PRE LAW Society presents Faye Sheally, dean of admissions for the Marshall Wythe School of Law, on May 1 at 2 pm in CC233. Everyone is welcome.

GREEK DAY - April 26 from 12 pm - 6 pm. Everyone is invited to come have fun with EPI, PHI, IPhi, IPhi and EPI. We've got a picnic (\$2), volleyball and fun. See ya there!

For Sale

For Sale: PC'S BY DESIGN: 286/13 VGA SYSTEM - \$1235; 386/25 VGA SYSTEM - \$1835. CALL 596-8530.

FOR SALE: Full size bed, like new - \$120; Cheap desk with nice rolling chair - \$55; Small bookshelf, very new - \$20. If interested, please call Karen at 877-9649.

HORSE FOR SALE - 9-yr. old bay mare. Approx. 14 1/2 hands high. Has been ridden hunter and western pleasure. She is also well suited for jumping fences, trail riding or barrel racing. Needs a good home. \$600. Call 357-7286.

FOR SALE: New kitchen table & 4 chairs - \$40; Sofa, armchair & coffee table - \$40; Two single mattresses - \$30. Available May 10. Call 591-8949.

FOR SALE: 1980 Ford Mustang 2.3 liter, 4 speed, AC, PB, sunroof. Body and interior in fair condition; runs great, very dependable. No current insp - must sell \$500/nego. Call 868-8383 anytime and ask for Paul.

FOR SALE: VW Rabbit. Good condition, uses regular gas. \$950. Call Dr. Alexie at 565-0236.

Housing

IDEAL furnished apartment for a responsible college student. 3 rooms on private second floor of attractive contemporary home in Grafton, 15 min. from CNC. Cable TV, phone, quiet study area & private bedroom, bath & kitchen. See to appreciate. \$260/month. Call 890-2775 & leave message.

FEMALE ROOMMATE WANTED. Have own spacious room in GREAT, clean 2 bedroom apt. in Newport News. \$265/month rent plus 1/2 utilities. Available May 1 or possibly sooner. Please call Karen or Diane at 877-9649.

Jobs Available

The Captain's Log is now hiring! Intelligent, dedicated individuals are needed to fill positions on our executive staff for the 1991-92 academic year. We are accepting applications from full or part-time students interested in the positions of production manager, advertising manager, business manager, photography editor, news editor, opinions editor, sports editor, arts editor, proofreader, copy editor and secretary. Applications are available in CC223 or the Office of Student Life. Call 594-7196 for more information.

Boat cleaner for new and used boats. Will train. Full-time summer job, and if right person, part-time all season. Must be 18 years old or over. Call Mr. Kelley at 727-0066.

SALES ENTREPRENEURS

- *High Commissions
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Market local sports schedules. Part-time/full-time positions are available. If you are motivated, teachable, and ambitious, call today 877-0046.

WANTED: Babysitter in Williamsburg - part-time nights and some weekends. Good salary. Call Georgia at 565-4457.

LOOKING FOR A CONVENIENT ON-CAMPUS JOB FOR NEXT YEAR? The Yearbook is now hiring all positions: Assistant Editors, Photographers, Business & Ad Managers, and Secretary. Stop by CC227 or Office of Student Life for an application, or call 594-7560.

SUMMER CAMP JOBS are available at resident Girl Scout camp. If you enjoy children this is the job for you! We are looking for unity leaders, unit counselors, pool staff, nature and crafts directors, cooks and kitchen workers, and nurse. Camps are located in Bridgewater and Leesburg, VA. Pre-camp begins June 15; camp ends August 12. For an application visit your Career Placement office or call the Girl Scout Council of the Nation's Capital, 1-202-337-4300 or in MD and VA 1-800-523-7898.

Miscellaneous

I want to buy your used books! I will purchase books for PSYC410, PSYC420, SPAN201 & SPCH201. Will pay 10% above bookstore buy-back price. Call 693-4612 or 594-7196 and ask for Teresa.

Responsible CNC student mother and 10 year-old desire furnished room(s) to rent from 6/15 to 8/15 during summer session. Excellent references available. Call Peggy Bernhardt at 868-0794.

I want to buy your used books! Will buy: Human Relations book for PSYC313, Molecular Cell Bio (from fall '91), and RSTD text for Dr. Fieser 231G and 131G, at 10% above buy back price. Call Gail at 595-8851.

FREE TO A GOOD HOME: White, short-haired, 2 yr. old deaf cat. Call Kitty at 827-8832.

Person to Person

To Mike D.: Now is the time to get a job, some hair on your head, some clothes without holes and get rid of that piece of junk you call a car!!

IPhi - I love ya lots! Study hard for exams and have a great summer! Keep up the GREAT work. Maria Rath! Love Ya! Christine

Renee, Jennifer, Lisa, Penni, Angel and Jay. It's been fun working with you all on The Captain this year. Have a great summer, see you next fall! Denise.

To everyone in IPhi, thank you for all your time, dedication and sisterhood. I really appreciate all your support for everything this semester. Thank you, Valerie.

SGA: Thank you for a wonderful year. A special thanks to the Elections Committee for all of your help and hard work. I'll miss ya'll next year. Bye, Dawn.

Johanna, Congratulations on a super semester! I know you'll do great next year too! CAB couldn't have a better Director than you! Thanks for all the fun chats in history! Enjoy your summer off. You deserve it! Love in PIKE, Mindy.

Goodbye friends and co-workers at The Captain's Log. It's been a great semester. Goodbye CNC. - Dona.

Kirsten, Good luck on your exams. I want you to know that you're always in my heart as my little sister. Thank you for being honest w/ yourself and us. I'm here if you need me. Sincerely, Valerie.

Say yes to Y.E.S. and no to the rest. We are the company where you earn success. Y.E.S. Unlimited, call now. Sales are our business, and business is good. 877-0046.

Andrea, Well, you did it! I'm very happy for you! What a year, eh? The future is even brighter! Keep in touch big sister; your friendship means so much. Thanks again for all our "special moments." See you in line May 12! I love you! Love in PIKE, Mindy.

To the sisters of IPhi: This semester has been a great one! We've accomplished so much through dedication. This includes: striving to achieve goals, succeeding in those goals, being creative, strengthening our minds, having FUN, enhancing our sisterhood and growing in our hearts. Each of you should be so proud. You're the Best. Good luck on your exams next week. Keeps smile on your face - You're gonna do great!!!

Natalie, Thanks for being the bestest little sister ever! Take care and have a safe summer! I'll miss you! Love, Your Big Sister!

IPhi wants to wish everyone good luck on their exams and to have a wonderful summer off! We'll see ya next fall!!

Angela, Well it's over Miss Jones. Sit back and relax before all hell breaks loose again! You are an excellent SGA President and an even better friend. Thanks for being such a supportive sister and a great buddy! See you on the 12th! Who knows, we could be neighbors! Love you lots, in PIKE, Mindy.

To the Sisters of IPhi: I just wanted to thank you for all the special times we have shared. I will miss you all very much. Never forget you're wonderful women who have a lot of love and sisterhood to share. I'm proud of all of you and wish you luck on exams. Keep smiling. Karen.

To Panhellenic and Greek Council, You've come a long way - Congrats!

Congratulations to the Epsilon Iota Chapter of Gamma Phi Beta! You ladies worked hard and the results speak for themselves! Have a wonderful summer! I'll miss you guys! Love in PIKE, Mindy.

Hey Randy H.: How about splitting a slurpee again sometime?

Gamma Phi Betas - You all are wonderful and special, especially my BIG and lil sisters (Carmen and Irene). I know we're doing stuff over the summer but I still want you to know I'm thinking about ya'll Christine.

To the new brothers of AKY! We made it and next year will be even better. Jennifer & Mario.

Sherri, I want you to know that being your SLI mentor was great. You did a fantastic job. I'm very proud of you. Your sisterhood means so much to me after so many years of friendship. Thank you so much for everything. Sincerely, Valerie.

Angela, Thanks for being my AKY big brother. Good luck in the future w/ your new job and married life. - Troy.

Lambda Epsilon Chapter of Phi Kappa Chi, Congratulations to the newest Greeks at CNC! You ladies have done an outstanding job! Keep the unity and your strength will grow! Welcome to the family! The Eastern Virginia Alumnae Chapter of Gamma Phi Beta, Mindy Goddin, President.

To the Ex. Board, Extended Ex. Board and Sorority Relations of IPhi: Each of you create the support to hold up the walls of our chapter. Thanks for sticking together and doing a GREAT job. Thanks, the sisters of IPhi.

Renee, Even though we may not be sisters, we'll always be friends! Have a wonderful summer! You did the best job ever on the yearbook! Take care and keep in touch! Love, Mindy G.

Johanna, Good luck on your exam! I just want you to know that it's so wonderful having you as a little sister and a good friend. You are a "true" sister and a good president. I'm still behind you 110%. Love, Your Big Sis (IPhi), Valerie.

Iota Iota Chapter of the National Order of Omega welcomes its newest members! Keep up the great work and continue to strive for excellence!

Pledges of IPhi, Good luck on your exams. It's very important to keep scholastics going well - always. Keep up your work in pledging too. We've got some special events coming up for you, so keep your spirits up. We're thinking about you. Sincerely, the sisters of IPhi.

Leslie, Hey girl! Thanks for opening the door and helping me with my projects! Hope to see you as a sister some day! Party hard but don't oversleep May 12th! See you there! Mindy.

Betty, you are more than just our advisor, you're our friend and our sister - Thank you for all you do. Love the IPhi sisters.

Congratulations to the graduating sisters of Epsilon Iota! I challenge each of you to continue to grow within the sisterhood! Come by and join us at our next meeting! The Eastern Virginia Alumnae Chapter of Gamma Phi Beta.

EVERYONE is invited to "GREEK DAY!" April 26 from 12-6 pm. Come out for the volleyball, obstacle course, and food (\$2) - all you can eat.

Peggy, Hey Mentoree! Thanks for helping out your Mentor during a major stress attack! Have fun in Costa Rica! Call if you need some space! Thanks a

million! See you in the crowd! Love, Mindy.

Congrats to Phi Fraternity for your initiation. Each one of you have so much to offer to your new found sisterhood. We all think you're great! Love, the sisters of IPhi Sorority.

Congratulations Iota Phi graduates! What a great year! See you at the graduation ceremony, but most importantly - at Demi! In U... and I... Mindy G.

To the Greek Council Social Committee, Thanks for all your help and support. You're wonderful. I look forward to next year. Thanks, Valerie.

Carmen, Hey Sister! You may not hear this often but THANKS for doing a super job as Treasurer! You are a model of dedication and loyalty to all our chapter members! Keep up the great work! Have a great summer! I'll miss ya! Love in PIKE, Mindy.

Wendy, Because of you I don't have to find a therapist. Thank you so much for your friendship and sisterhood. You are the greatest!! Good luck on your exams. Sincerely, Valerie.

KC, Hey! How's about a sundae? We deserve a break today for food, folks and a major bitch session! Girl - we have got to catch up! I'll miss you sisterfriend! Don't sweat the details - men are all scum. Well, maybe not all men! I love ya Sister! Mindy.

Don't forget GREEK DAY - tomorrow. We're gonna have a good time. Picnic - \$2 all you can eat! Sponsored by Greek Council. P.S. The weather is supposed to be GREAT!!!! See ya there!

Gaby, To the best little Mentoree in the whole wide world - THANKS! You've been a super friend and a terrific asset to AKY. You will be a great officer! You are too sweet for words! Take care and keep in touch! I'll miss you! I might come & visit you at home sometime! In U... and I... Mindy.

EPI, IPhi and IPhi. We've enjoyed yet another spring semester w/ you! Thanks for your support. Love ya, IPhi.

Betty, Well, where should I start? First, thank you; for always being a friend, for always taking the time to stop and listen, for always being prepared and for always being my sister. I know our friendship will continue to grow through the years. I will miss our chats and lunches! Take each moment and live it! Try to be optimistic and don't let your shoulders become overburdened! Epsilon Iota would not be where it is today had it not been for you and your generosity! I love you and I'll miss you! I'll always be here for you! Love in PIKE, Mindy.

Congrats to the seniors of IPhi. We wish you all the luck w/ your new life. We're here supporting you. Congratulations w/ your graduation.

To my big brother Craig H. - I would just like to say a big "Thanks" for all your support and advice. You've been a great big bro and I wish you all the love and success for the future! Your little bro, Jen.

To Sharon Smith, Congratulations on passing your test! It's all down hill from here! Good luck on your exam! Let me know if you ever need anything! See you at Initiation! I'm so proud of you! Your Alum-Chum.

Suzanna, Well, we're gonna finally get outta here! Can you believe it? We survived history too! I feel somewhat melancholy, all of a sudden. We have such a history, you and I. I hope we can continue to write many more pages in its book. Congratulations on finishing the college chapter of your own novel! Now onward and upward! I will always be here for you and I will always treasure the memories we have created. Remember the Bachelorette party? Remember the SLI retreat? How about Nashville? Who could forget? Let us not forget our favorite Nerd! I'll bring the champagne and you can bring the glasses and I'll meet you on the lawn, around 4 pm May 12th! What will we do with so much free time? I love you sisterfriend! Love in PIKE, Mindy. p.s. How about a Birthday celebration at the Rack? Gail said she's game! p.p.s. Remember, Gamma Phi Beta, remember when you're away ...

To Sticky Pants - Why do you insist on trying to get me back - I will always win in the END! Turtle.

Chris, Yes! I did it! I finally got the hell out of Dodge! It's a miracle! I owe it all to you. Thanks for putting up w/ all the scholastic crap, and for helping me

through the tough times! I love you and always will! You're the best hubby a girl could ever ask for! Love, Melinda Jill.

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Hey there '89 SLI graduates! Long time no see! Congrats to those of you graduating! Hope to see you around sometime! Take care and best of luck! '89 Alum, Mindy Day-Goddin.

My Buddy: You know the past few months have really been wonderful! Our "special" friendship means everything in the world to me! Please remember I will always care for you! "Special" Friends Forever! Cya next year! All my love, Your Buddy.

IT'S BEEN A GREAT YEAR. THANKS FOR MAKING IT ONE: DAWN L., TERRI C., ANNA R., PEGGY B., RENEE D., LORI C., LISA F., ANGEL J., LESLIE S., DONA S., JOANN K., JENNIFER D., ELIZABETH M., MADELEINE S., HEIDI H., DEB F., NANCY B., TIM W., JEFF M., ROBBY H., DEMIR B., JIM F., ALL THOSE PEOPLE WHOSE NAMES I FORGOT (BECAUSE I'M TERRIBLE WITH NAMES), AND A SPECIAL THANKS TO TERESA A., WHO WILL SOON BE TERESA G. THANKS TO THE REST OF MY STAFF. THANKS TO BETSY DRIVER AND JIM REESE ATZ-ROCK, CHUCK AT BUENA VISTA, KEN AT CBS RECORDS, BOB A. FOR THE FREE CAR WORK, GORDON R. FOR THE FREE BEER, MARIO AND MARY FOR THE GREAT MIXED DRINKS, KEN R. FOR THE V.I.P. CARDS, MARK G. AND MIKE S. FOR THE LEGAL ADVICE, THE HOUSTON CHRONICLE AND THE HOUSTON POST, AND ALL MY PROFESSORS WHO GAVE ME HIGH GRADES.

NO THANKS TO: WIMPY RADIO STATIONS, FLAT SODA, WET CIGARETTES, TERRACE FOOD AND ALL THOSE PEOPLE ON CAMPUS WHOSE NAMES ARE NOT WORTH WRITING (YOU KNOW WHO YOU ARE).

THANKS TO: TOM AND TERESA FOR DEALING WITH ME ON PRODUCTION DAYS AND GETTING ME THROUGH THEM. I WOULD ALSO LIKE TO THANK JEFF AND MADELEINE - IT JUST WASN'T THE SAME WORKING WITHOUT YOU GUYS. THANKS TO HEIDI FOR ALL THE HELP AND TO THE REST OF THE STAFF. GOOD LUCK ON THE PAPER NEXT YEAR, I KNOW TERESA WILL MAKE AN AWESOME EDITOR.

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ANYTHING THAT ANYONE COULD EVER OFFER ME. I LOOK FORWARD TO BEING TERESA G. SOON.

LOVE, TERESA A.

MORE THANKS TO: DAVID B. AND PATRICK R. OF ETCETERA, ALL OUR ADVERTISERS, CHRIS G., JAMES D. AND KIM M. FOR COMING BACK AND SAYING "HI," VERONICA D., CHASE, BANK OF AMERICA AND ZALES, RUSS FOR PLAYING VIDEO GAMES WITH ME, JOSHUA FOR LEAVING HIS CAR IN THE OFFICE FOR US TO PLAY WITH, TREY P. AT ROONEY'S, "BUDDHA MAN" FOR CONTRIBUTING TO MY COMPUTER SOFTWARE LIBRARY, ALL THE FOLKS AT RUBY TUESDAY, TEXAS FOR BEING THERE FOR ME TO COME BACK TO, NEW YORK, VEGAS AND PARADISE ISLAND FOR BEING THERE FOR VACATIONS, CAMEL FOR INTRODUCING ULTRA LIGHTS, GIBSON GUITARS FOR THE GOOD VIBRATIONS, AC/DC FOR RELEASING A GREAT ALBUM, PEPSI FOR BEING BETTER THAN COKE, AND ONCE AGAIN, THANKS TO MY FIANCE, TERESA, FOR STANDING BY ME NO MATTER WHAT.

THANKS TO: TOM AND TERESA FOR DEALING WITH ME ON PRODUCTION DAYS AND GETTING ME THROUGH THEM. I WOULD ALSO LIKE TO THANK JEFF AND MADELEINE - IT JUST WASN'T THE SAME WORKING WITHOUT YOU GUYS. THANKS TO HEIDI FOR ALL THE HELP AND TO THE REST OF THE STAFF. GOOD LUCK ON THE PAPER NEXT YEAR, I KNOW TERESA WILL MAKE AN AWESOME EDITOR.

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