

The Captain's Log

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www.cnu.edu/captainslog

Political organizations debate party platforms

By JENN ROWELL
Managing Editor

On Thursday, representatives from the Young Democrats, College Republicans, Young Constitutionalists and College Libertarians debated the issues pertaining to this year's presidential election.

Senior Joyce Bryan was the moderator and asked the panelists a series of questions that they each had a chance

to answer. The questions ranged from unemployment and taxation to gay marriage and abortion.

On assistance for the unemployed, William Henline of the Democrats said, "The President is fond of saying freedom is on the march. But what's on the march are the jobs."

Republican Thomas Welch responded, "There's a common misconception that the President controls your job. The businesses own your jobs, not the President."

The Libertarians said aid for the unemployed should come from small groups and not the federal government.

During discussion of protecting the environment, the Young Constitutionalists referred to the television show "Captain Planet."

"Everyone wants their kids to grow up in a clean environment," said Justin Egan, a senior.

He and partner Josh Dermer said state governments should handle the

environment, not the federal government. The debate heated up quickly as panelists addressed each other directly, ignored the moderator, raised their voices and insulted each other.

When the Constitutionalists talked about upholding the Constitution and following the framers intent, Stefan Veldhuis of the Libertarian Party charged that "we might as well bring back slavery with what you're advocating."

Dermer continued to make his

point and Egan fired back at the Libertarians with "If you weren't too busy smoking pot, you'd realize that."

The Libertarians support the legalization of marijuana for medicinal purposes, but both Veldhuis and fellow Libertarian Sean H.A. said they do not use the drug. Veldhuis said, "We feel you should be able to do anything with your body as long as you're not infringing on someone else's rights."

This was the second mock debate of the semester.

IT Services tackles needs

By JESSE KNIPLING
Captain's Log Intern

"It's not reliably up, it's not fast, it's not anything that we're paying for," said sophomore Brian Miller as he expressed his frustration about the campus Internet service.

While IT Services has taken steps to address student concerns about the campus Internet, some students, like Miller, feel there is a lot of work still to be done.

"The Internet is constantly down," said sophomore Matthew Sharrer.

"I mean, I'll go to a Web site and all of a sudden it will stop working and AIM [AOL Instant Messenger] will just cut off and I can't get back on."

Director of IT Services Dr. George Webb cites growing pains due to the installation of new hardware and software as the cause of recent Internet blackouts.

"We have installed new servers and software and are dealing with the growing pains that such often entails," he said in an e-mail.

This semester, IT Services has replaced or installed new switches — devices that control data flow over a network — in over 50 percent of the residence halls on campus.

In addition, the department has replaced the server for the firewall and upgraded the firewall software on campus, making the network more secure.

The department also has required current anti-virus software on all student PCs, installed a new e-mail system and increased the total Internet bandwidth.

Still, students enrolled in classes that require online coursework are not satisfied.

"WebAssign is the physics/computer science homework that you do online," said Miller.

"When the Internet is down, I can't do it. It's happened at least twice this semester."

Sophomore Darren Christian uses WebAssign for his Physics 201 and 201 Lab classes. "The same thing has happened to me three times this semester," he said.

Both Miller and Christian said that their professors are usually uncompromising about deadlines for such assignments.

In an e-mail, Webb said, "Our students and faculty are reasonable people; I think with open discussion with one another that they should be able to work through any problems fairly."

Some students blame the lack of communication between students and IT services for their frustration.

"I would like to know what, spe-

SEE IT SERVICES, PAGE 3



Sophomore Becca Lloyd demonstrates her abilities in Professor Hurtz's beginning ballet course. The course will be one of several included in the new dance minor.

Chanelle Layman/The Captain's Log

Three new minor programs proposed

Classical studies, dance, journalism minors awaiting Undergraduate Curriculum Committee and Faculty Senate approval

By ERIN ROLL
Contributing Writer

As part of a series of ongoing changes in the academic curriculum, proposals for three new minors have been submitted for faculty consideration, along with plans to revise the Classical Studies Department and journalism concentration.

These minors still need to be reviewed by the Undergraduate Curriculum Committee and then approved by the Faculty Senate and provost before they formally become part of the curriculum, said Douglas Gordon, Dean of the College of Liberal Arts and Sciences.

The proposed minors are in dance, classical studies and journalism. The dance minor, according to

Professor Steven Breese of the Fine and Performing Arts department, would allow performing arts students to study dance while seeking a degree in a different subject. If accepted, the minor would add six new courses to the performing arts curriculum.

Study toward the minor would consist of two components: the theoretical component and the actual movement component.

Completion of the minor requires at least 15 credit hours, six of which must be under the theoretical component, with the remaining nine in the movement component. Students would also have to maintain a C- average in order to stay in the program.

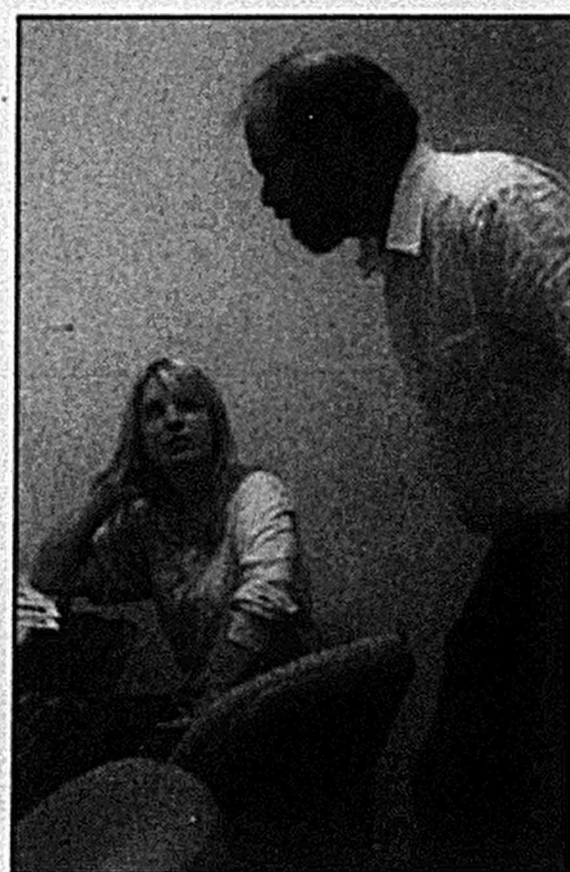
The theoretical component would consist of THEA 249, Music Analysis and Dance Composition, and THEA 349, Dance History and Contemporary

Perspectives. The movement component would have two ballet courses, classic jazz and Dance Styles for the Musical Theater.

Students taking the minor must successfully complete the two ballet classes and one of the other two dance courses.

According to Dr. Jana Adamitis of the Modern and Classical Languages Department, in the classical studies minor, students would be able to pursue a degree along one of two tracks: the Latin track, which puts emphasis on the Latin language, and the classical studies track, which concentrates on Greek and Roman history.

She also has submitted proposals for five new courses to be added



Amber Nettles/The Captain's Log

Dr. Lee advises senior Lauren Koteski as she designs her layouts in Editing and Desktop Publishing class.

SEE MINORS, PAGE 4

Senate fills vacant seat, passes resolution, tables discussion on posting policy

By JENN ROWELL
Managing Editor

In a meeting that lasted an hour and a half, the student senate filled a vacant seat, passed one resolution and tabled another.

Senior Matt Martin was nominated by Student Government President Melissa Bell to fill the vacant seat. The floor was opened for discussion and Sergeant at Arms Erin Ireland told the senate reasons why she thought Martin should not be confirmed. Among her reasons, she cited his inability to serve in the senate previously because he had mononucleosis and expressed her lack of confidence in him to fulfill the role of senator.

After about 10 minutes of discussion, a roll call vote was called and, with 14 votes, Martin was confirmed. Three

senators abstained from the vote and Ireland was the only opposition.

Kelly Word, chief justice of the judicial branch, swore Martin in.

Eric Creasman, secretary of budget, proposed changes to the process of allocating student fees. Although the changes haven't been brought to the budget committee, Creasman said he wanted to address the senate first. The changes include giving the student government the ability to freeze SAFF monies to clubs and organizations if SGA policies are violated.

The changes, however, are only propositions.

"This is not set in stone," Creasman said.

A lack of understanding the parking regulations on campus led to the formation of a Parking Committee.

On Friday, senators Jim Deeley and Katie Grace met with Parking Services

Manager Mike Hott to discuss their concerns.

"My impression is that his hands are tied," Deeley said.

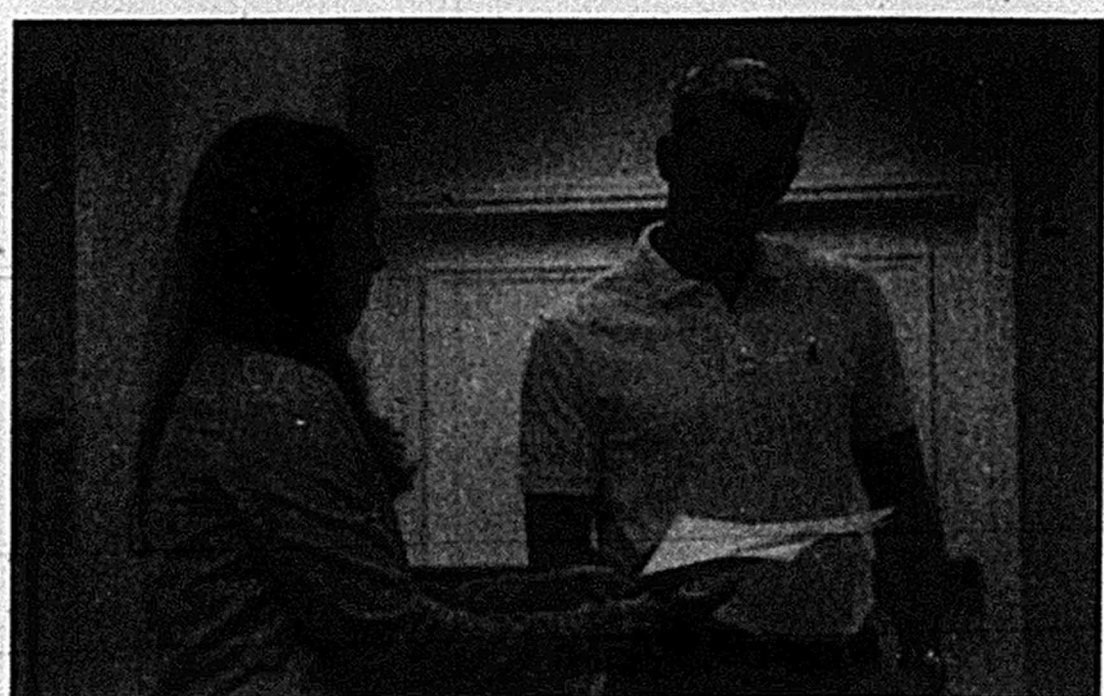
The senate discussed confusion over which decals corresponded to which parking lot and some students being offered \$50 parking decals and others \$200 decals.

A second meeting has been scheduled with Hott to further discuss their concerns.

The proposal that was tabled last week dealing with resident assistant (RA) compensation was brought back to the table on Monday, but had been revised by Grace and Mehreen Farooq. The proposal recommends that RAs be compensated at their current level and that it not be cut in the future.

Members of the committee met

SEE SENATE, PAGE 3



Chanelle Layman/The Captain's Log

President Melissa Bell, senior, gives candidate Matt Martin, senior, his application and a recommendation from current senators to read prior to his confirmation during this week's Senate meeting.

Weekend Forecast

courtesy of www.weather.com

Thursday: Few Showers

High: 65° Low: 45°

Friday: Partly Cloudy

High: 64° Low: 46°

Saturday: Partly Cloudy

High: 66° Low: 43°

Sunday: Partly Cloudy

High: 60° Low: 46°

Around town State/Local News

Students meet to discuss issues facing blacks

More than 350 young scholars met in Norfolk Thursday for the National Association of African American Honors Programs. A half-dozen students from Norfolk State University led sessions Thursday afternoon ranging from protests in the 1960s to education in 2004.

At the Sheraton Norfolk Waterside Hotel, senior LaKeisha Sanderlin ticked off the dangers the No Child Left Behind education law poses for blacks. The law's demands could scare people from teaching, she said. Its encouragement of charter schools and student transfers could cause dislocation.

The National Association of African American Honors Programs was founded in 1990 to nurture honors programs at black colleges and promote scholarly pursuits. NSU's program has 175 students, said its director, Page R. Laws.

In addition to honors classes, students present papers at conferences and attend cultural events, such as plays and operas. "It's really very good practice for students who may enter scholarly professions because they're basically the same kind of conferences you do if you go into the academic world," Laws said.

Other sessions covered black poets, cloning, outsourcing of jobs and the role of the black barbershop.

Welfare fraud committed in wake of Hurricane Isabel

The Newport News Department of Social Services requested on March 24, 2004 that the police department assist with an investigation of possible welfare fraud committed by social services employees following Hurricane Isabel. The investigation revealed that Stacy Lynn Marks, 26, and Deaira Pier Watson, 38, submitted false disaster relief applications in order to receive benefits. The incidents were unrelated.

Marks was charged with false statements to obtain welfare benefits, conspiracy to commit a felony, and two counts of unlawful use of food stamps. Watson was charged with two counts of false statements to obtain welfare benefits, I.D. theft, two counts of unlawful use of food stamps and forgery.

Marks turned herself in on Sept. 20 and Watson followed suit on Oct. 31. Both individuals were sent to the Newport News City Jail.

Your life campus News

Graduate and law school roundtable

Pi Sigma Alpha, the national political science honor society, and Phi Alpha Delta, the pre-law fraternity will host a Graduate/Law School roundtable discussion on Nov. 4.

Professors Nathan Busch, Quentin Kidd and Harry Greenlee will lead discussion at 7 p.m. in the Student Center lobby.

Pizza and coke will be served at 6:30 p.m. Come with questions about graduate or law school. The meeting is informal and the focus will be on students.

Ice Hockey team plays first game

The Ice Hockey team will play the Mary Washington Eagles on Nov. 5 at 11 p.m. The game will be at the Hampton Roads IcePlex, located off Victory Boulevard, near Regal Cinemas and Kmart.

Admission is free and rides will be provided from 10:30 to 11 p.m. in front of the Freeman Center and back to campus after the game.

NASA Speaks program

NASA/Langley's Center for Distance Learning will continue the NASA Speaks program in conjunction with CNU.

It is a five-week lecture series that features scientists and engineers, which began Oct. 21 and continues through Nov. 18. The sessions are held on Thursdays at 2:30 p.m. at 12420 Warwick Blvd., building six. The series is open to the LifeLong Learning Society, students and faculty of the university and NASA employees and retirees.

"Meet your planet" is the topic for the fall 2004 NASA Speaks program.

Speakers from the Chemistry and Dynamics Branch and the Climate Studies Branch of the Science Directorate will discuss how Langley research influences global weather, climate and air quality forecasting; how different instruments are used for atmospheric measurements; how the chemical composition of the atmosphere affects the planet; and how satellites are used to observe Earth.

For more information or to register, contact Harla Sherwood at 757-864-5287 or CNU's LifeLong Learning Society at 757-594-7568.

First College Journalism Conference Held

Students from across Virginia attended a weekend-long conference at CNU featuring professional journalists from across the state.

supershots

Senior Edwin Strange prepares to "send" the ball in a student-faculty game of croquet. The Biology Department faculty used their lunch hour to practice croquet with their students in preparation for a later match versus the English Department. The professors plan to challenge other departments.

Classifieds

Want to place a classified ad?

The Captain's Log is now offering a classified section. Post roommate needs, items for sale, wanted, personals, etc. For more information, contact the Captain's Log at 594-7196.

"DISCLAIMER" The Captain's Log is not responsible for business dealings regarding classified ads. Personal ads will be screened for appropriate content.

On the record Police Blotter

A fire extinguisher was vandalized on Oct. 20 in York River West. The glass was broken and the case is currently inactive.

A sexual assault was reported outside McMurrin Hall on Oct. 20. A female said she had been touched inappropriately by an unknown male. After several interviews, police were able to ascertain the identity of the individual who has since been referred to Judicial Affairs.

An unsecured bicycle was stolen from outside Ratcliffe Hall on Oct. 20. The case is currently inactive.

Speakers were stolen from Ferguson on Oct. 20 and the case is currently inactive.

Doors in Ferguson were damaged on Oct. 22 and the case is inactive.

Money and checks were taken from a desk in Ratcliffe on Oct. 22. The case is currently inactive.

An unsecured bicycle was stolen from outside Santoro Hall on Oct. 22 and the case is inactive.

On Oct. 23, a vehicle sped through a lawn causing property damage at 437 University Place. The case is inactive.

Money and a laptop were stolen from York River East on Oct. 24 and the case is inactive.

A vehicle car mirror was damaged in the parking lot of the Jefferson building of CNU Apartments on Oct. 25. The case is inactive.

An unsecured bicycle was stolen from outside York River East on Oct. 25. The case is inactive.

Graffiti was painted on York River West on Oct. 26. The case is inactive.

An unsecured bicycle was stolen from James River Hall on Oct. 27 and the case is inactive.

A buffer was stolen from York River East on Oct. 28 and the case is inactive.

On Oct. 28, an underage student was found with alcohol in York River East. The student was referred to Judicial Affairs.

An individual was given a trespass notice on Oct. 28 for carrying alcohol on campus. The incident was reported from Potomac River South and the individual was referred to Judicial Affairs.

NNPD - The campus and surrounding area falls under the Central Precinct and in beat 22. The following information is from that precinct.

A sexual offense of fondling was reported on Oct. 27 at Bellwood and Tyler. A sexual assault of rape was reported at the same location and the victim experienced internal injury.

A deceased person was found in the 700 block of Brookside Drive on Oct. 28.

A runaway was reported from the first block of Mellon Street on Oct. 28.

Firearms were stolen from the 700 block of Windbrook Circle on Oct. 29.

A suicide occurred at the 12400 block of Jefferson Avenue on Oct. 29.

A missing person was reported from the 700 block of Bellows Way on Oct. 30.

Dangerous drugs were seized from the first block of Ivy Farms Road on Oct. 30.

A simple assault with minor injuries was reported in the 500 block of Bellwood Rd. on Oct. 30.

A malicious wounding occurred on Oct. 31 at the 800 block of Zoeller Court. A weapons offense was found at the same location.

A simple assault with minor injuries was reported on the 100 block of Main Street on Oct. 31.

A person was reported missing from the 900 block of Prestwick Boulevard on Oct. 31.

Campus Calendar

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
12:00 p.m. - GSSU Meeting; SC 233	12:00 p.m. - Peer Advising Club Slam 'n' Jam; JR Lawn	6:00 p.m. - CAB movie "Anchorman"; Anderson Auditorium	All Day - Open House	4:00 p.m. - Catholic Campus Ministries Mass	12:00 p.m. - Baptist Student Union Meeting; SC 233	12:15 p.m. - College Republicans; SC 150
1:00 p.m. - Young Constitutionalists Meeting; SC 233	4:30 p.m. - Young Democrats; SC 233	7:00 p.m. - Young Democrats "Fahrenheit 911"; Gaines	1:00 p.m. - Football vs. Averett; Pomoco Stadium	5:00 p.m. - Captain's Log staff meeting; SC 233	5:30 p.m. - SGA Meeting; SC Alumni Room	12:25 p.m. - Biology Club meeting; Sci. Bldg. 131
2:00 p.m. - CAB general meeting; SC 205	7:30 p.m. - CNU Roleplaying Guild; SC 233		8:00 p.m. - Battle of the Sexes; Gaines Theatre		7:30 p.m. - CNU Rowing Club Meeting; SC 233	7:00 p.m. - Campus Girl Scouts Meeting; SC 205
2:00 p.m. - Religion club meeting; Admin 346	8:30 p.m. - Altered Xpressionz Meeting; Freeman Multipurpose				8:00 p.m. - Joel 2:28; Barclay #48	
7:00 p.m. - Phi Mu's Greek Auction; Gosnold 101	9:00 p.m. - CAB movie "Anchorman"; Anderson Auditorium					

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SENATE, FROM PAGE 1

with RA Laura Owens recently and "We basically came to the conclusion that we need to talk to more RAs," said Grace.

"It looks like they took this proposal and took all the meat out of it. What does this mean?" Deeley asked.

Discussion of the wording continued and Ryan Chandler, vice president of the senate, said, "I think the purpose of the proposal is to maintain the benefits and to ensure that the compensation will not be cut."

Specifics of the proposal were scrutinized and debate turned to how the dollar amount of compensation would be determined.

Dean of Students Donna Eddleman tried to clarify for the senate how the RA compensation process currently works.

She said that RAs are assigned to buildings on campus, but can list their preferences in being interviewed for the job. Housing fees for east campus are more expensive than main campus.

If there is a difference between the room cost and the compensation, an RA could potentially have to make up the difference, Eddleman said.

"They're only going to take the job if they can make up the differential," she said.

Concerning the variation in the duties of RAs across campus, Ireland said, "I don't see how you can assign a dollar amount to specific things." She said she didn't think it was possible to

make it even between east and west campus where compensation was involved.

Kearsten Ruud requested that the proposal be tabled until the committee was able to talk to more RAs.

Bell, however, said the RA Advocacy committee meetings were advertised to the campus and that they had an opportunity to come and voice their concerns.

She expressed her support for the proposal and encouraged the senate to vote on it. The proposal passed unanimously.

A bulk of the meeting was taken up by discussion of the recently enacted posting policy in residence halls.

Ireland brought a declaration before the senate and Bell encouraged them to act on it.

Several of the student government members met with President Paul Tribble last week and told him that students weren't happy with the decision.

"He said thank you very much and I'm not going to budge on the issue," Bell said.

The restrictions on postings have made it difficult for people in the residence halls to communicate.

Senator Jonathan Judkins said James River Hall had been testing the fire alarms but couldn't put up a sign to inform residents what was happening.

"We didn't know if it was real or not," Judkins said.

He also said that an elevator in James River wasn't working, but the staff couldn't post a no-

tice letting residents know it was out of order.

Those who attended the meeting with Tribble relayed his plans to the senate. Chandler said the university was considering putting the plasma screens that have been installed across campus in the residence halls as well.

"I really hope they're not going to invest in TV screens on east campus because nobody stops for longer than 10 seconds," Word said.

Freshman senator Billy Desrosiers echoed her sentiments.

"I don't watch TV in Regatta's, I'm eating. I don't read it in the hallways in the Student Center, I'm walking," he said. He does, however, stop to read the posters while waiting for the elevator.

"If you're going to put TV screens next to every elevator, fine, there goes my tuition to TV screens."

But, members of the senate found a broader theme to the restricted posting policy.

"It's a repeated sign that the administration doesn't think our activities aren't as important because it doesn't look as aesthetically pleasing and I think it's wrong," said Farooq.

The senate voted to request a letter from Tribble's office that detailed his reasons for regulating postings in residence halls.

The declaration was tabled until the senate received the letter.

Nader remains unrepentant as his campaign comes to its close

By MARIA RECIO
Knight Ridder Newspapers

WASHINGTON — Ralph Nader has always been a solitary figure, and as he winds down his third presidential campaign, the independent candidate is more isolated than ever, down to a small cadre of family and hardcore acolytes.

It's a far cry from 2000, when he once filled Madison Square Garden with enthusiastic followers. But Nader, registering 1 percent in most polls, may still play kingmaker or spoiler again, depending upon your point of view. With as many as 10 states considered tossups, Nader may well reprise his 2000 role when he won 97,488 votes in Florida and was blamed for denying Democrat Al Gore the presidency. Not that it concerns him.

"If all candidates have an equal chance to get votes, then we are all spoilers of one another," he said in an interview.

Nader will cap his anti-corporate campaign Monday by venturing to New York's Wall Street to deflate a 20-foot corporate pig.

To some it will seem pathetic, to others heroic, but Nader does not see himself as a lonely, out-of-touch figure.

He has a typically wry comeback for those who accuse him of having a Don Quixote complex by insisting upon running for president in the face of so much animosity, especially from his former left-wing friends, who hate the idea that Nader might drain votes from John Kerry and thus tip a close election to President Bush.

"Don Quixote is best known for tilting at windmills," said Nader. "I'm a major advocate of wind power." More seriously, he added: "Our country is known for quixotic efforts that are successful — eventually."

Allan J. Lichtman, a historian at American University, thinks the imagery is fitting. "I think he is Don Quixote — with



Independent party presidential candidate Ralph Nader holds a New York rally.

no real connection to the real world. If he was making some progress, it would be a different story. It's a personal crusade."

Nader has run a curious two-part campaign attacking Bush on the Iraq war, corporate crime and inadequate health care, yet also criticizing Democratic nominee John Kerry for not pressing Nader's issues more ardently against Bush.

At a recent news conference, a French reporter was so confused that he asked Nader if he really wants people to vote for him. Nader says he does, but he also wants to defeat Bush, and that Kerry should not get the votes of the left without meeting some demands.

"Just doing what I'm doing is winning," Nader insists.

Nader's decision to run as an independent in 2004 instead of seeking the Green Party nomination — which he won in 1996 and 2000 — forced him to use time, energy and about \$1 million to get on state ballots. A state-by-state battle with Democrats over getting his name on ballots dragged into court in a dozen states and resulted in his being on only 34 state ballots and the District of Columbia's.

Nader said that he will never forget how Democrats, many his longtime allies on consumer and health issues, went after him. He insists that he draws support from Republicans as well as Democrats and that at

least one poll shows his supporters split evenly between the major parties, although Florida exit polls in 2000 showed that his supporters would have voted 2 to 1 for Gore.

"He clearly cost Al Gore the presidency," said Larry Sabato, director of the Center for Politics at the University of Virginia. This year, despite having descended from being "an icon in the '60s" to "fringe" now, Sabato said that "Nader might make a difference" in swing states.

Nader has had some embarrassing moments on the trail. He went on "Real Time with Bill Maher" on HBO July 30 to meet filmmaker Michael Moore, a former Naderite, and found both Maher and Moore on their knees, begging him to quit.

Nader's reaction: "I pity them."

At 70, the tall, rangy, usually rumpled Nader still looks a lot like the intense, idealistic lawyer who started the consumer movement in the 1960s. He took on the auto industry over safety, specifically General Motors' Corvair, and became the subject of a harassment campaign by the automaker, which ultimately apologized and paid Nader a settlement.

"I've done this since day one," he said. "There's nothing like being lonely when you're up against G.M. There was no one with me then. People thought it was tilting at windmills."

IT SERVICES, FROM PAGE 1

cifically, is happening and why it goes down," Sharrer said.

Freshman Mara Polach agreed, saying, "It would definitely be helpful to hear explanations from IT Services."

IT Services has met with the East Campus Council this semester, but Webb has said that he would be happy to meet

with other student groups in the future. When asked what the greatest problems facing IT Services are today, Webb said, "We face the usual challenges that all IT departments face. Among the most significant are worms, viruses and denial of service attacks." Perhaps the biggest challenge is helping our users understand that they must keep the patches on their operating systems up to date and use the

anti-virus software."

Despite all the complaints, students generally agree that IT Services is improving the network.

"I was here last year," said Sharrer, "and I definitely think IT Services is doing a better job. I mean, yeah, there are problems this year, but I'd rather have the Internet this year than the Internet last year."

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The Captain's Log is looking for motivated, enthusiastic individuals interested in writing, photography, layout or web design. No experience is necessary. The Captain's Log welcomes interested students to its general staff meetings, which are held on Sundays from 5 p.m. to 7 p.m. in Student Center room 233.

For more information, call us at 594-7196, email us at clog@cnu.edu, or stop by the newsroom in Student Center room 223.

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Zeta Tau Alpha

MINORS, FROM PAGE 1

to the Modern and Classical Languages department. These courses include Elementary Greek, Latin Authors and a 300-level writing-intensive course.

The writing intensive course is entitled, "Sacred Violence: The Social Function of Greek Tragedy." This course will focus on how witnessing violent stage tragedies, instilled social morals and values in Athenian citizens.

Adamitis has said that there has been "an increasing interest" in studying ancient Greek and 10 students have applied for independent Greek studies this year.

The Elementary Greek sequence, she said, would teach students to read works by Plato, Aristotle, Aeschylus, Sophocles and Euripides, to name a few, all in the original Greek.

The course would also prepare students to read the New Testament in Greek.

In addition to the new clas-

sical studies courses, at least two existing ones will be revised. The Mythology and Its Influence sequence will shift its concentration to the study of myths in visual arts and literature.

The minor would be open to all students, if approved, and will be available in 2006, said Adamitis.

In the English department, the journalism minor has been approved by the department chairs and submitted for approval.

All students would be welcome to take part in the minor program, with the exception of those students who are English majors.

The minor would follow mostly the same curriculum as the journalism concentration, with some additional courses, including multicultural and language literacy components.

Students in the journalism minor would have the option of taking either Multicultural Literature or Minorities in Society, a sociology class. Students

may also choose from either the Writing Center internship course or English 430, which covers the grammatical aspects of the English language.

In addition to the journalism minor, there are plans to revise the current journalism concentration, said Dr. Terry Lee.

If these changes go into effect Advanced News Reporting and Writing will be changed to Narrative and Immersion Reporting and Writing. Also, instead of publishing eight articles in the Captain's Log, journalism students "must be active throughout their degree studies in the print media, on campus or off," he said.

There is also the possibility of hiring additional faculty to teach the journalism courses said Lee.

The Undergraduate Curriculum Committee is expected to meet in the third week of November to discuss the proposed courses.

Scientists discover new species of miniature humans

By SETH BORENSTEIN
Knight Ridder Newspapers

WASHINGTON — A miniature, long-lost relative of modern humans has been discovered, shaking up science's view of how we evolved on Earth.

Scientists, who unearthed her after 18,000 years, nicknamed her "Hobbit," after the short characters who starred in "Lord of the Rings."

She stood 3 feet tall with a brain the size of a grapefruit. Yet she was smart enough to use tools, boats and probably language, and likely hunted pygmy elephants.

She's being called a strange new species of human. Scientists found Hobbit and six other skeletons of this lost species on Flores, a remote Indonesian island, according to a study to be published Thursday in the scientific journal Nature.

The discovery means that about 50,000 years ago, there were four species of humans roaming the Earth at the same time: Homo sapiens (us), Homo erectus, Neanderthals and this new relative, called Homo Floresiensis (also called Flores Man).

The scientists who found the skeletons last year in a cave on the island, about 375 miles east of Bali, named their best specimen, a 30-year-old female, after the diminutive Tolkien fantasy characters.

She and her contemporaries weighed about 55 pounds, had slightly longer arms than modern humans, had thicker eyebrow ridges than we do, sharply sloping foreheads and not much of a chin, said co-discoverer Richard "Bert" Roberts of Australia's University of Wollongong.

In the cave, scientists found

evidence of fire and "sophisticated stone tools" used for the communal hunting of pygmy elephants, which are about the size of a water buffalo.

"The Hobbit was nobody's fool," Roberts said in an e-mail interview. "Given that Homo Floresiensis is the smallest human species ever discovered, they out-punch every known human intellectually pound for pound."

In the past, researchers had figured that humans had to have big brains to evolve, but Hobbit makes them realize that "once you get to a certain size brain in humans, size doesn't matter; wiring (the way nerve cells are connected) matters," said Rick Potts, the director of the human origins program at the Smithsonian Institution's Museum of Natural History.

Scientists think Homo Floresiensis was wiped out in a massive volcanic eruption 12,000 years ago that also killed off the island's pygmy elephants, said co-discoverer Peter Brown of the University of New England.

The existence of Flores Man for at least 30,000 years adds a bizarre chapter to the study of human evolution.

"We have a generally pretty good picture of what's going on in human evolution," Potts said. "But in this case, this is a surprising story of what can happen to one of our cousins."

Flores Man is smaller than its predecessor, Homo erectus. In the past, scientists had known that other species of animals got smaller on remote islands — when resources are scarce, it's better to be smaller — but couldn't show that that applied to humans.

"It is a clear indication that (humans) are subject to the same biological processes as all other

mammals," Brown said. "We are relatively intelligent tool makers, but apart from that, we are not particularly special."

Flores Man was an accidental discovery that took a year to confirm.

"When we first unearthed the skeleton, I was simultaneously gobsmacked, puzzled and amused!" Roberts said in his e-mail. "We had been digging in the cave looking for the remains of the earliest modern humans (Homo sapiens) in Indonesia ... so when we found the skeleton of a completely new species of human, with so many primitive traits and that survived until so recently, it really opened up a whole can of prehistoric worms."

Now scientists have to figure out Hobbit's place on the human family tree.

"This is a side branch to the origin of Homo sapiens ... that wasn't joined up in the main story," Potts said. "Bizarre."

Hobbit's discoverers figure the species came to Flores by primitive boat and is descended from Homo erectus, another distant and extinct not-so-smart relative of modern humans.

It's possible that the modern and mini humans met each other. But so far, older remains of modern humans haven't been found on Flores, Roberts said. He thinks the newly discovered species existed from 12,000 to 50,000 years ago. Modern humans were in Australia and Asia about 40,000 years ago. In Flores, so far the oldest modern-human bones are 11,000 years old.

Roberts is ready to go to another Indonesian island, Sulawesi — which he said had a "well-known range of strange and unusual creatures" — in search of what he calls "another lost tribe."

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Christopher Newport University
2004-2005

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Opinions

Where We Stand

As the university grows in size and status, its curriculum should change accordingly. The formation of three new minors will allow CNU the opportunity to continue serving its growing campus by engaging their minds and allowing for the expansion of new interests in an already diverse atmosphere.

Over the last ten years, the university has changed dramatically and will continue to grow and change in years to come. Although many of these changes have been difficult, confusing or aggravating (IT services, parking, etc.) the necessity of these changes is unquestionable.

As an institution, we must continuously change to keep up with other comparable institutions. Our goal is to continue to attract, retain, and graduate individuals who will go out into the world and make a difference. This cannot happen if our first goal, attraction, cannot be met. Because we must attract, we must continue to expand and strengthen our curriculum in hopes of appealing to new classes of students.

Offering minors in dance, journalism and classical studies would greatly improve our educational program. This would not only attract more students, but also show current students (who have requested these minors) that yes, students at CNU do come first. Many individuals at CNU would benefit from these minors; adding them to the curriculum could only be a positive course of action. Specialized minors will not only attract students looking for an education that can be tailored to their particular needs; but will attract professors looking for an educational institution to call their home.

Adding these minors will hopefully attract more specialized professors and degree-seeking students. As students gain interest in these and other specialized minors, the need for expanding these departments will arise. Creating minors in dance, journalism, and classical studies may lead to majors in each of these subjects. By forming these minors, the university is expanding its opportunities for its future academics.

Thankfully, these needs and desires have been recognized by the staff and faculty of the specific departments. And hopefully these needs will be approved by the Faculty Senate and Undergraduate Curriculum Committee. As such interest has been shown in expanding the academic curriculum, the Faculty Senate and Undergraduate Curriculum Committee should support growing academic interests of its students.

While building new classrooms, upgrading technology and constructing new housing are important goals, CNU is right in attending to the educational demands of their community. It's not just housing and technology that attract new students and faculty; the options in our curriculum and the credibility of our programs speak volumes about our institution.

Professors and students who pushed for these minors to be added should be commended. By acting upon the requests of their students, these professors have upheld the university motto of "Students First."

By updating our programs, we can show to the outside community that the university continues and will continue to expand and grow, not only in our appearance and size, but also in our intellectual endeavors.



The Effects of Eating Disorders

Too many people try to be something they are not

Have you ever heard someone say, "They are fat," or "They can't eat something because they are on a diet?"

When will the media's fascination with thinness end? It has been said numerous times that agencies look more at body image for parts than talent, hence the reason that we do not see many normal sized people on television or in magazines.

The average size for a woman is between a size 10-12, not the perceived 1-4 (Cosmo). Yet, most women strive to fit the persona of what the media has displayed for so many years like I have tried to.

I am a person that is battling a combination of anorexia and bulimia and I am tired of seeing people complain about the way they look.

From what I have gone through in the last year and a half, I hope nobody has to.

I constantly hear young women around campus talking about their weight, saying how fat they are when in reality they are not.

You can go to the Freeman Center and hear the guys lifting weights comparing themselves to each other because they are not satisfied with how they look. I have lost 50-60 pounds in the last year and I still have guys that joke around with me saying that I am fat.

It really hurts my self-esteem that some would say that to me in the first place when I might have worked hard to lose that weight. The thing that makes me so upset to begin with in the first place is that people are not sensitive to the needs of others and just are constantly comparing themselves to something else that they do not need to be.

I have been on the road to recovery since I admitted the problem three months into practicing bulimia. However, most people are not like me and deny that they have a problem until the fact that they are so skinny that they are being put into a hospital.

I am fortunate to have a loving family, boyfriend and friends to support me, even though at times I can be in denial over my struggle to get through this.

The biggest thing that I have noticed through all of this is the way that people react to them.

I have observed so many people that are so self-conscious about the way their body looks because they want that perfect body.

It seems like they will do almost anything for it: diets, workouts, pills and some new fad they saw on TV.

We cannot let the media control how we perceive ourselves. I know that everyone does it, but why? We were created the way that we were for a reason.

I struggle with low self-esteem everyday because I still do not think I am skinny enough when I lost about 40 pounds in

The average size for a woman is between a size 10-12, not the perceived 1-4 (Cosmo). Yet, most women strive to fit the persona of what the media has displayed for so many years like I have tried to.

six months and went down four pant sizes.

None of my clothes fit - this eating disorder has cost me more money in clothes alone and friends for that matter as well.

Eating Disorders affect 5-10 million Americans and 70 million individuals worldwide.

Eating disorders do not just affect women - they affect males too as they strive for the perfect body in the gym. They want that six pack and other muscles that they see so many celebrities and models with.

An anorexic who deprives him or herself of food by not eating at all will suffer severe malnutrition to the point that they will get osteoporosis.

A bulimic eats but will purge (throw up) soon after and may binge on food and then purge.

Bulimics suffer from esophageal damage, dental erosion, cardiac arrest and dehydration.

Both disorders make the

person experience excessive weight loss, hypothermia, sleep deprivation, mood swings, amenorrhea, hair loss and depression to name a few.

These are things that people would risk suffering just to lose some weight to look like what they see on television.

Being an athlete, I have heard coaches say, "You need to be thinner to compete," or "You are too fat, you need to lose weight."

For some athletes there is also a desire to lose weight because they want to compete at the top level and they believe that they can do this if they weigh less.

Many Olympic athletes and college athletes have developed eating disorders because of this.

There has to be someone encouraging these young women and males that their bodies are perfect just the way they are.

Once you commit to an eating disorder to lose weight you deprive your body of the nutrients it needs to function and in the end you are killing yourself.

Not to mention the mental implications that one is inflicted with can really screw up an athlete's drive to perform.

Body image is a big deal for them though because they see someone else that performs better because they think that they are smaller and they do not think that it might be because they are a different body type.

You can only be yourself when it comes down to it. Why try to be something that you are not?

All it might cost you in the end is unbelievable pain to yourself and the people close to you.

It hurts me to think about the pain that I have caused my family and friends; there have been times that they thought I was going to die because I got so small.

I refused to go anywhere because I wanted to fight through it and did not want to give up on my education.

I cannot give them back any of the time that I made them stress out over me and I have a lot of guilt for that.

The only thing I can look for now is what the best thing is for me, and nobody else.

The writer of this editorial has requested to remain anonymous.



The Captain's Log

2004 - 2005 Staff

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Terrible Precedent: Virginia's State Parks

State parks uphold the beauty and integrity of the land

By BARRY CARTER
Friends of Roanoke River

The Clarksville Industrial Development Authority (IDA) has proposed commercial development within Mecklenburg County's Oconeechee State Park that includes a conference center, a 90-room hotel, a restaurant, retail stores, a sandwich shop, a boat storage facility, a maintenance shop and a light-house.

This is not a new attempt by Clarksville officials to take land from the park, but rather a Plan B in response to the Commonwealth's denial of an earlier proposal to take this same land for a privately owned golf course.

The golf course, as well as a housing development, is still planned for land belonging to Clarksville, which directly adjoins the park.

The new lodge/conference center/resort complex on state park land would, in essence, become amenities to the private golf/housing development.

Over 80 percent of citizens opposed the privately owned golf course that was rejected in 2003.

Also, it was shown that over 80 percent of Virginia citizens oppose commercial development of their state parks.

Virginia's Department of Conservation and Recreation (DCR) agreed that these numbers were accurate, and were confirmed in the DCR's own studies.

So why has this dragon reared its ugly head again, as an even larger and bolder attempt by local industrial development officials/private real estate developers, to commercially develop Oconeechee State Park?

We believe that real estate developers would rather use land that the taxpayers have paid for, instead of putting up their own money to buy land outside of the state park, and then develop it for commercial purposes. They want to minimize their risks, at the taxpayers' expense.

The IDA proposal would, in essence, create a "mini-Clarksville" within the park.

Everything that is being proposed by the IDA already exists there. How, by duplicating what already exists in Clarksville, does this automatically draw more tourists to Clarksville?

It does not, but what it does is to increase the property values of the planned housing development/golf/resort community.

The commercial development in Oconeechee will serve primarily as amenities to the golf course and housing devel-

opment, and therefore will significantly benefit the real-estate developers, not the taxpayers.

A second major problem is that we risk ruining the economic jewel that we currently have.

Oconeechee State Park represents one of the most valuable tourist assets in Mecklenburg County.

In 2003 alone, it had a total economic impact of over \$4 million in the local economy.

This impact was accomplished without jeopardizing the conservation and protection of the resources.

In terms of funds expended and revenue generated, Oconeechee is actually one of the bright spots in the somewhat bleak economic environment around Clarksville.

Visitors are attracted to Oconeechee year after year because of the opportunity it provides for a quality outdoor and recreational experience.

Why should we think commercialization of parkland and adjacent residential housing is what the public really expects when they visit?

They visit parks and natural areas to escape the commercialization and development occurring all across our country.

The fourth major problem with the IDA's commercial development plan is the precedent that will be set statewide.

There is no state park in the Virginia state park system where this much mass concentrated commercial and private development has been done.

A new precedent will be set with this proposal in which other business people and corporations can rightfully request their piece of the state park pie for their own economic gain.

Then all of Virginia state parks will be open to commercial and private development.

Commercial development of our parks is exactly the opposite of what state park lands were purchased for by the citizens.

This land was set aside for conservation and recreation. A project of this precedent-setting magnitude and impact on our State Park cannot be decided so quickly and with such a limited process.

This is too large a decision for the Clarksville IDA or the DCR or even the governor.

They do NOT own the parks. The citizens own the parks.

The decision and precedent to shift towards private resorts must be made by the people, because once the trees are cut and the land bulldozed and millions of dollars of resorts built, it cannot be undone - the precedent will be set and the developers are not going to give their buildings back.

There can be no doubt regarding what the citizens feel and therefore this is a decision that the citizens of the state of Virginia must make for themselves directly.

If there is a desire to move forward with the IDA plan of privatizing and commercializing our state park system, then a referendum must be placed on the next ballot for the citizens to decide upon directly, once and for all.

This year alone, the park had a total economic impact of over \$4 million in the local economy.

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Remember, we're electing a president

Our president should be measured on his competence, not his piety

By BILL TAMMEUS
Knight Ridder Newspapers

So, finally, we've come to the end of all the talk and hype (and occasional insight) about religion in this presidential race. And what always happens is happening again: Voters will decide what it all means for making their choice.

But as we head to the polls, I think it's worthwhile to remind ourselves:

We are electing a president, not a pope, bishop, priest, rabbi, minister, imam, elder or deacon. As much as many of us hope that whoever is elected will be morally upright and guided by eternal values, the measure of the man as officeholder should not be his piety but, rather, his competence in leading this vast and diverse nation in a dangerous world and his commitment to the nation's foundational values of human freedom and dignity.

The president's first job, after all, is not to preach sermons to save souls from eternal damnation but to protect the lives of Americans so they may live freely.

As a nation, we are in the midst of a remarkable religious change. Immigration reform signed into law by President Lyndon B. Johnson in 1965 has brought millions of people here from Asia, Africa, Latin America and elsewhere.

They have brought many religions and cultural traditions with them, including distinctive ways of being Christian. So Muslims, Hindus, Sikhs, Buddhists, Jains, Zoroastrians and others increasingly are part of the nation's fabric, which also includes a grow-

ing number of people with no formal connection to religion.

Our political leaders must understand these changing dynamics and help keep society from degenerating into the sectarian hatred and violence that has set many parts of the globe aflame. This certainly is an area in which our leaders need to be uniters, not dividers.

It's crucial that we understand why the idea of the separation of church and state, while not explicit in the Constitution, is nonetheless deeply embedded there.

Our founders were worried that religious people would offer their ideas in the political marketplace. They expected that they would, and they couldn't imagine a country in which that didn't happen.

Rather, they were trying to keep the state out of the church because they worried the government would try to control religion and regulate its beliefs and actions. That's what the founders, most of whom had profound religious commitments, wanted to avoid, not the religious zealot with political ideas.

That said, when government grants religious groups tax-exempt status, those groups are obliged to abide by certain quite reasonable rules. One is that they will not, in effect, become political parties, endorsing specific candidates or being overtly political in other ways.

A wide spectrum of religious leaders seems to have forgotten that this year. Oh, they usually were

careful to stick to the letter of the law, but they often crushed its spirit by tightly defining who constitutes an acceptable candidate.

I thought St. Louis Post-Dispatch columnist Bill McClellan had the right idea when he suggested recently that Democrats whose church leaders have, in effect, told them to vote for Republicans (or vice versa) consider whether to continue giving money to that church. McClellan ultimately (and wisely) suggested not leaving one's faith community or abandoning one's financial commitment to it because of politics.

But it wouldn't hurt to send a letter to the offending pastor or bishop, asking if he or she also thinks church contributions from Democrats (or Republicans) are too tainted to accept.

If your polling place is in a house of worship, consider sending a note there after the election thanking the congregation for offering space for this vital process.

The list of politicians throughout history who have proclaimed or at least believed they were doing the Lord's work is long. Many were delusional. Some did more good than evil, but none was perfect. None ever will be.

Is this presidential election any more or less important than the one in 1944 or 1960 or 1800 or 1860 or 1992? It's a moot question.

The assumption behind it is that if it is not as important as those elections, we need not bother to vote.

If it were up to me, I would, using a religious metaphor, find a way to communicate citizens who can't be bothered to go to the polls.



Ramadan Mubarak!

By MEHREEN FAROOQ
SGA Senator

This is not meant to be a sermon or a crash course on Islam. I would simply just like to share the importance of Ramadan from my perspective.

Ramadan is about one's personal struggle - their jihad. Following the lunar calendar, the tenth month is the Holy month of Ramadan. Muslims worldwide are expected to fast for thirty days from sunrise to sunset.

This year Ramadan began on October 14 and will end November 12, 2004; and because it is during autumn, 12 hours of not eating or drinking anything is not that bad.

If you forget that I'm fasting and offer me something to eat or drink, you don't have to say "Oh! I'm sorry" with sympathy. I'm not sorry I'm fasting, so you don't have to be either. I've taken this responsibility upon myself; it's my personal struggle. (Nonetheless, on a side note, if you would like to make me a big feast after November 13, which is Eid, the big celebration after the month of Ramadan, I'm down.)

As a part of the five pillars of Islam, Ramadan is a pretty big deal. In Surah 2, verse 183 and 185 in the Holy Qur'an, God says "O you who believe! Fasting is prescribed to you: as it was prescribed to those before you that you may learn self-control. Ramadan is the month in which was sent down the

Qur'an as a guide to mankind, [and] also clear signs for guidance and judgment between right and wrong so every one of you who is present at his home during that month should spend it in fasting. But if any one is ill or on a journey, the prescribed period should be made up by days later. Allah intends every facility for you; He does not want to put you to difficulties. He wants you to complete the prescribed period. And to glorify Him because He has guided you; and for this reason, you should be grateful."

I am grateful for the month of Ramadan. One of my good (Christian) friends was excited that Ramadan was coming up.

I didn't understand why until he said, "You're just a better person, and better to be around."

Assuming that I'm not horrible the rest of the year, I understood his point. The goal is that one has such a positive experience in Ramadan that they persevere and struggle to be that good year-round.

Ramadan is about humbling yourself to the level of someone who is too poor or inaccessible to any food or water.

You would be surprised what a little lack of food does to your energy too - you just don't have the energy to be mean or malicious. You also become more contemplative - not on what you're going to

eat as soon as the sun sets - but you become more grateful of everything.

It's a month where God bestows a lot of mercy and blessings upon everyone. It's a time where you strive to be the best you can be, and get closer to God.

It's an opportunity to feed a homeless person, or give more charity than you normally would be inclined to do so. All these are part of one's personal struggle.

Fasting in college is different than when you are at home. At home, before sunset, the kitchen would be bustling as my everyone scrambles to put together some food to break their fast with. It's prescribed to break your fast with dates and honey like the Prophet Muhammad did, but really, I prefer water and Pakistani food (which for the record, is so much better than any food at Harbor Lights).

Then the whole family gets together, and says a prayer out loud just as someone does the prayer call or azaan. I know I will make many mistakes because I am only human, but I pray that through God's mercy, I will be forgiven. This prayer is the pinnacle of my day, when I reflect on everything I have done or should have done to serve God and humanity. Fundamentally, this question is a paramount part of my personal struggle to be able to say everyday that I am becoming a better person to be around.



World and Nation

Candidates campaign for last-minute support

By Thomas Fitzgerald and
William Douglas
Knight Ridder Newspapers

MILWAUKEE - President Bush was leaving and Sen. John Kerry was arriving as their motorcades passed within a block of each other at the airport here Monday afternoon, a perfect snapshot of the last frenetic day of campaigning in the race for the White House.

Both candidates crammed their schedules full of appearances to chase votes, and local media coverage, in strategic markets as polls showed the contest a statistical draw, likely to be decided by unpredictable and modest shifts of opinion in its closing hours.

In the cold rain near Milwaukee City Hall, Kerry asked a few thousand supporters to help him send the nation in "a new direction," and he seemed to be in a reflective mood as the curtain came down on his two-year quest.

"This is a kind of magical moment," Kerry said. "You guys are all wet and bundled up; you're the best. ... I will never forget this rally in the rain."

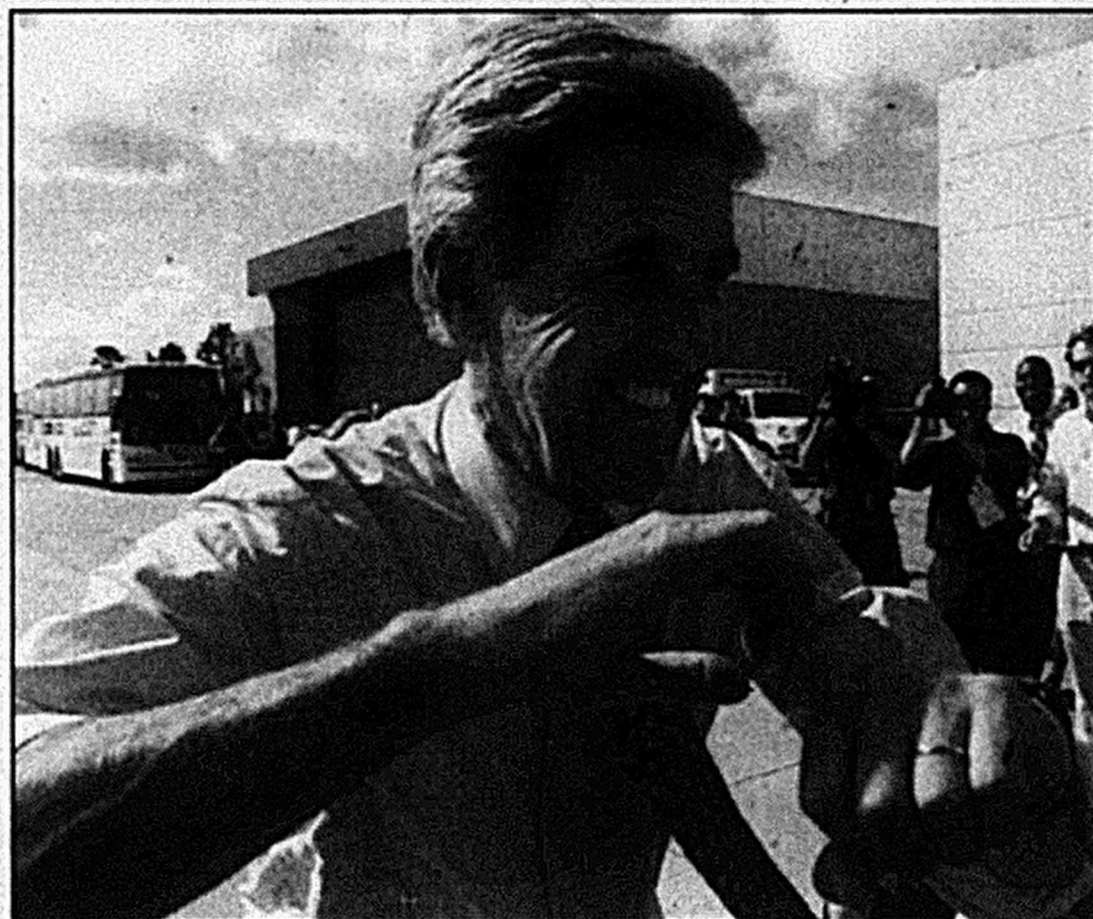
On the final full day of campaigning, Bush went on a five-state, seven-city swing, which culminated in a massive homecoming rally in Dallas at Southern Methodist University's Moody Coliseum.

At each stop, Bush told supporters that the election comes down to a fundamental issue: "Who do you trust?"

The president said he was the steadier hand on the economy and in the struggle against terrorism.

"Who do you trust to make tough decisions? Who do you trust to lead this country to a better tomorrow?" Bush said during an early morning rally at an airport hangar in Wilmington, Ohio. "If you believe that taxes should stay low so families can pay your bills and small businesses create jobs, I ask you to stand with me."

Kerry visited six cities in four states, Florida, Ohio, Wisconsin and Michigan, and argued that Bush had abandoned



Democratic candidate John Kerry downs around with news photographers as he approaches the stage during a rally at Orlando International Airport on Monday.

the middle class, squeezed between falling wages and rising prices for health care and education, in favor of granting tax cuts to the wealthiest Americans. At a send-off rally on the tarmac of the Orlando, Fla., airport, Kerry blasted Bush for doing nothing as 5 million people lost health care coverage in the last four years and for refusing to allow the importation of cheaper prescription drugs from Canada.

"This is the choice. This is the moment of accountability for America and it's the moment where the world is watching what you're going to do," Kerry said. "All of the hopes and dreams of our country are on the line today."

Bush appeared upbeat and energized Monday, appearing for a rare chat with the reporters traveling with him on Air Force One.

"We're coming down the stretch," Bush said after landing in Burgett-

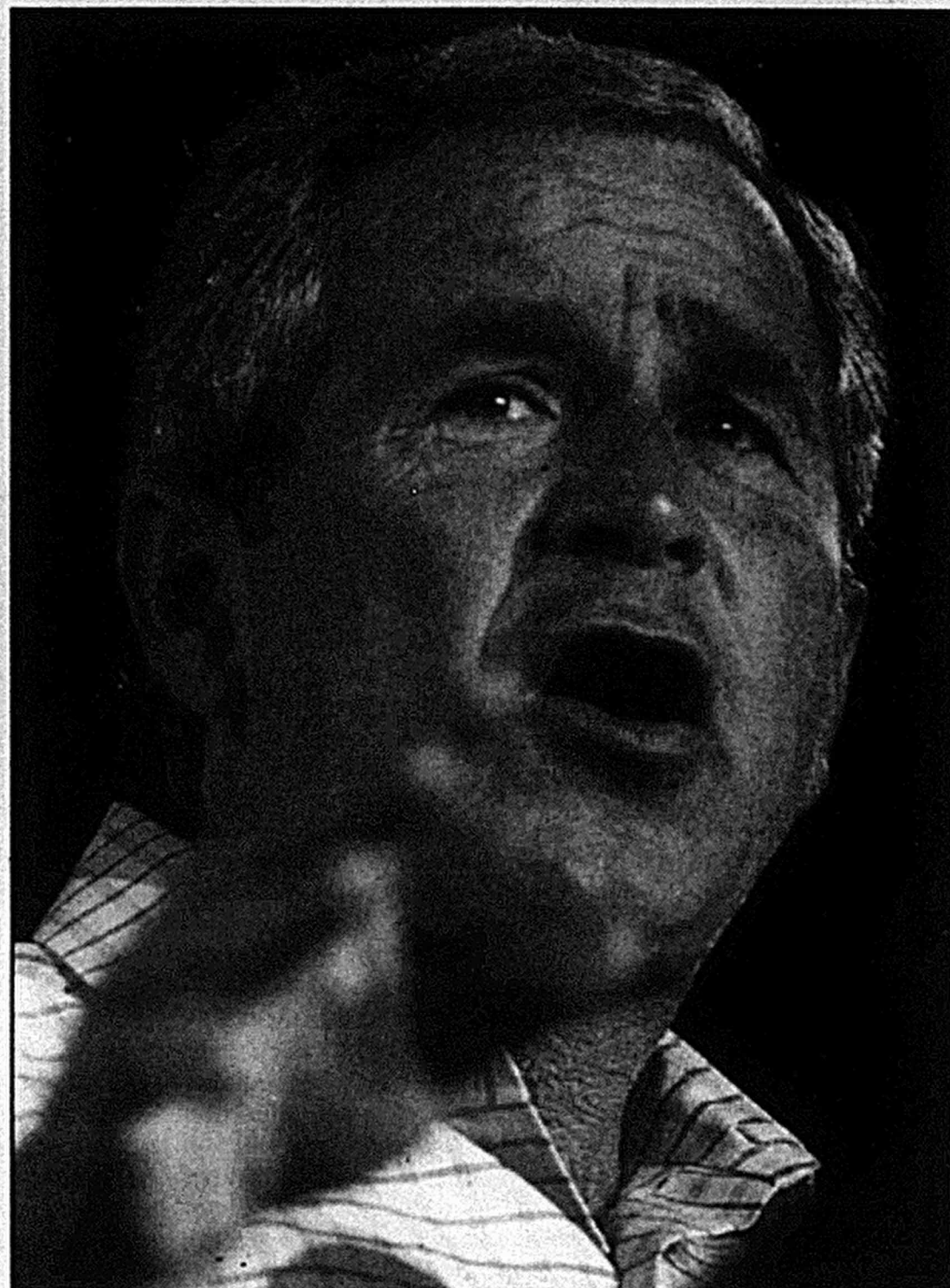
stown, Pa., near Pittsburgh. "It's like that marathoner ... that finish line is in sight. And I want to assure you I've got the energy, the optimism and the enthusiasm to cross the line."

For his part, Kerry's voice was hoarse and he fell asleep on his first flight of the day, but he has seemed loose and his aides are confident.

Bush won't stop campaigning until Tuesday. After voting in the morning at a firehouse in Crawford, Texas, he'll fly to Columbus, Ohio, to meet with campaign volunteers working to get out the GOP vote.

Kerry also was planning to begin Tuesday with a campaign stop in La Crosse, Wis. He was scheduled to have his traditional Election Day lunch of chowder at the Union Oyster House in Boston and await returns at his home on Beacon Hill.

It could be a while. Both sides had teams of lawyers ready to keep contest-



President George Bush talks to supporters during a rally at Tinker Field in Orlando, Florida, Saturday night, October 30, 2004.

ing the election in close states long after the polls close, if necessary.

Ron Glass, 37, a firefighter at the Kerry rally in Orlando, was already resigned to not hearing a result Tuesday night.

"I don't think anyone's going to know until the lawyers figure it out two months from now," said Glass, of

Ocoee, Fla.

(Fitzgerald, of The Philadelphia Inquirer, reported with the Kerry campaign, Douglas was with the Bush campaign. Knight Ridder Newspapers correspondents Matt Stearns of the Kansas City Star was with Cheney and Tim Funk of The Charlotte Observer was with Edwards.)

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Comics and Crosswords

Mystic Stars

*Weekly Horoscope
For November 1-7*

By LASHA SENIUK
Knight Ridder/Tribune News Service

ARIES (March 21-April 20) Health issues affecting the head, jaw and throat may this week require attention. No serious or long-term consequences are likely, so not to worry. Do, however, get added rest: Before next week vitality may be low. After Wednesday, last-minute social cancellations demand diplomacy: Thoroughly check dates, times or locations. Late Sunday revised financial plans or postponed work assignments are also unavoidable. Stay alert. Loved ones expect concrete promises.

TAURUS (April 21-May 20) Over the next six days, love relationships and social priorities may be confusing. This week romantic partners are more serious about short-term promises than anticipated. After Tuesday passions will be high. Wait for an atmosphere of acceptance before challenging expectations. Thursday through Saturday, authority figures may provide misinformation, poor advice or faulty instructions. Remain diplomatic: Workplace power struggles will soon prove politically important.

GEMINI (May 21-June 21) Early this week, unexpected social messages may lead to a last-minute invitation. Some Geminis, especially those born between May 29 and June 10, will also encounter a passionate romantic proposal. Unusual attractions and sudden love affairs are accented. Respond honestly to all probing questions. Thursday through Saturday, an older colleague or friend may announce a rare family improvement: relocation, marital status and job expansion are highlighted.

CANCER (June 22-July 22) Before mid-week, past romantic commitments or lingering social tensions may cause unusual delays. Over the next few days, group activities and planned events, although worthwhile, may prove difficult to initiate. Take your time. At present, the emotional needs of loved ones will require extra diplomacy. Thursday through Sunday, business routines may be disrupted by cancelled assignments or moody power struggles. Don't confront. Progress will be limited.

LEO (July 23-Aug. 22) Potential lovers will this week express affection through private disapproval, odd comments or unexpected mood swings. Ironically, all emotional outbursts should be taken as a sign of loyalty and respect. Remain patient: Before mid-November, social and romantic passions will be deeply felt and unpredictable. Later this week a workplace triangle may be easily resolved. Competing values, personality differences and low self-esteem will soon be revealed. Stay balanced.

VIRGO (Aug. 23-Sept. 22) Older relatives will this week ask for more attention than is necessary. Monday through Thursday, restlessness and a new appreciation of group events may be an ongoing theme. Allow others extra time to resolve conflicted schedules. Family members may now wish to re-evaluate their social priorities. After mid-week, last-minute property contracts are best avoided: Remain cautious and thoroughly examine all legal or financial paperwork. Revised calculations are needed.

LIBRA (Sept. 23-Oct. 23) Messages from past lovers will this week provide distraction. Over the next six days, gossip, complex romantic triangles, and rare social events may reveal unusual private promises between friends. After Thursday expect added news concerning old alliances or repeated behaviors to help resolve lingering doubts. Remain open. Before mid-November your reaction to controversy will be closely studied. Late Saturday vitality may be low: Avoid physical or emotional strain.

SCORPIO (Oct. 24-Nov. 22) New assignments or revised duties may arrive without warning over the next six days. Key officials will now ask for extra time and dedication. Avoid isolation and accept all last-minute schedule changes: This is an excellent time to begin proving your skills. Thursday through Saturday, someone close may demand a detailed explanation of your priorities or long-term goals. Be consistent: Romantic ideals, family planning and yesterday's promises are vital to success.

SAGITTARIUS (Nov. 23-Dec. 21) Late Tuesday expect loved ones to challenge your ideas and probe for concrete answers. Passionate encounters will now be intense and extremely meaningful. Some Sagittarians will this week begin almost eight months of social adjustments and romantic decisions: Stay strong and refuse to delay serious decisions. Wednesday through Saturday, workplace and financial partnerships may need to be re-negotiated. Public mistakes will prove costly: Remain cautious.

CAPRICORN (Dec. 22-Jan. 20) Wisdom, social advice and unexpected requests for guidance are accented before mid-week. A long-term friend or colleague may now reveal a complicated romantic or family triangle. Key issues are past loyalties, social ethics and competing emotional values: Gather accurate information. Late Friday an unusual invitation may challenge established relationships. Brief love affairs and disrupted social schedules are highlighted: Carefully consider all consequences.

AQUARIUS (Jan. 21-Feb. 19) Sensuality, physical vitality and renewed emotional health are now an ongoing theme. Loved ones will soon comment on your optimism and returning confidence. Use this time to plan enjoyable home events or create new trust between relatives and romantic partners. After Wednesday a business official may assign new duties or encourage career expansion. Don't delay: At present, minor opportunities will quickly lead to revised roles and lasting success.

PISCES (Feb. 20-March 20) Long-term friends or relatives may this week openly discuss delicate social decisions. Romantic promises, deepening commitments or revised priorities may be key. Find positive ways to speak your mind: Over the next six days loved ones will benefit from your past experience. Thursday through Sunday, workplace advancements or new job contracts may be postponed. Remain optimistic: In the coming weeks improved procedures and revised policies will take top priority.

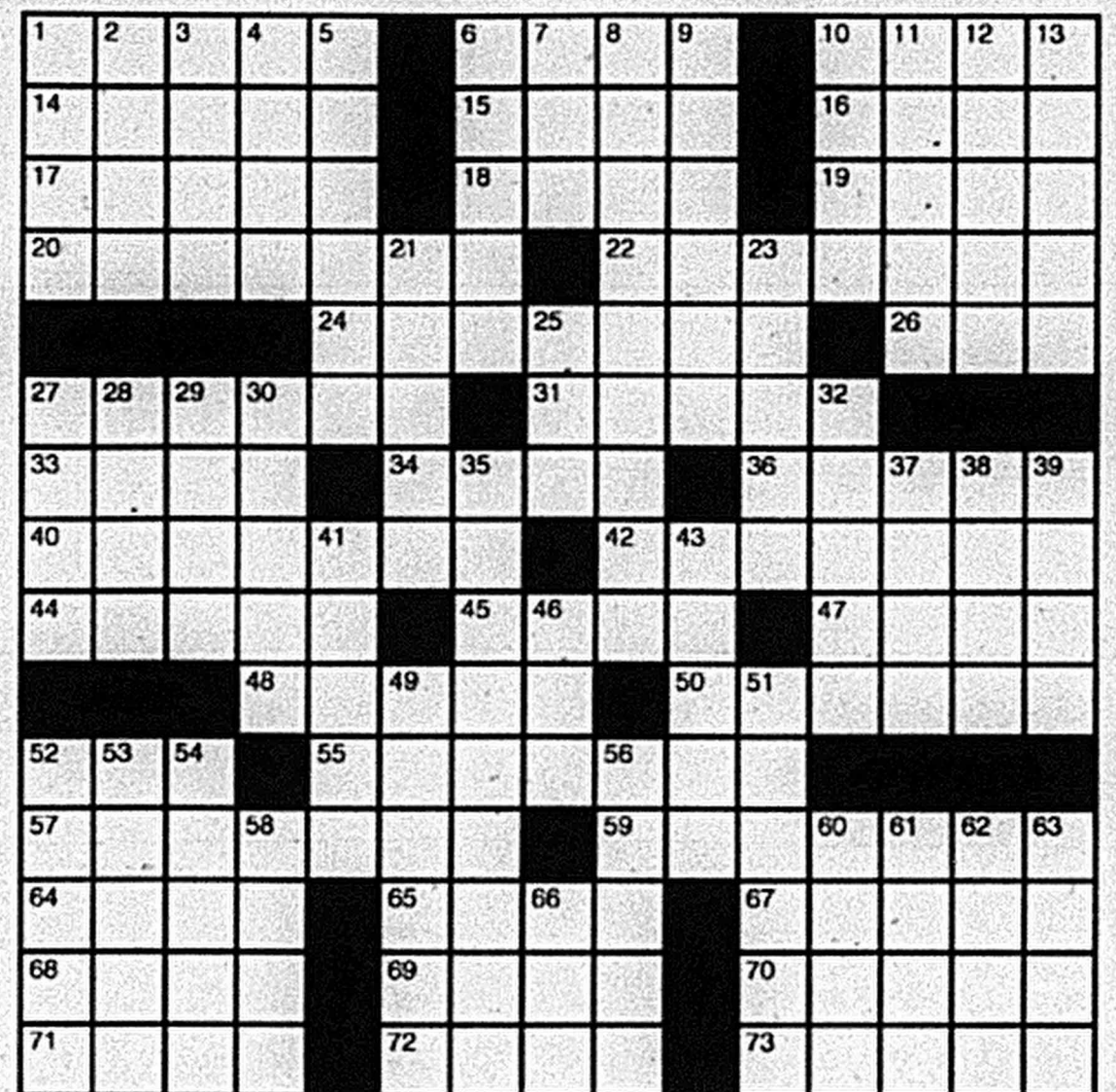
IF YOUR BIRTHDAY IS THIS WEEK: Controversial family decisions and bold social discussions are accented over the next eight weeks. For many Scorpios, the coming months will bring dramatic changes to their home expectations and long-term friendships. Loved ones will respond positively to concrete dates and lasting promises: Offer an honest description of your ideals, needs and goals. After mid-December business routines will intensify: Over the next four to five months, expect complicated workplace adjustments, rare job offers and quickly cancelled projects. By mid-May a new career path will demand serious consideration. Opt for financial progress over security: You won't be disappointed.

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Crossword

- ACROSS**
- All grown up
 - Cuff fastener
 - Applaud
 - Cleveland suburb
 - Top-notch
 - Dynamic leader?
 - Avid
 - Type of pear
 - Sora of Virginia
 - Bridge framework
 - Gossip fodder
 - Post office's offering
 - 6th sense
 - Offering sites
 - Thesplan
 - Serengeti stalker
 - Gas container
 - Renowned
 - Object to
 - Part of BLT
 - Glossy fabric
 - the line (obeyed)
 - Organic compound
 - Spirited mount
 - Element 53
 - Fr. holy woman
 - Tubb and Hemingway
 - Used pastels
 - Expressed gratitude to
 - UAE word
 - Relinquish
 - Rock full of crystals
 - "Six Feet Under" character
 - Trial by fire
 - DeGeneres sitcom
 - Collective pronoun
 - Mach breakers
 - Particular bias

- DOWN**
- Promote criminal activity
 - Expensive
 - Incite
 - Sediment
 - Fish sauce



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10/27/04

- Cavalry weapon
- In addition
- Remove letters
- Falseness
- Author Caleb
- Tenant's contract
- Opera highlights
- Nonmalignant growth
- Itemized accounts
- Overhead
- British isle
- High peaks
- Former Italian bread
- Whistle blast
- Those against
- Evaluated
- Audience
- "Scarface" star Paul
- Bus. sch. subj.
- Remove text
- Sign on a door
- Head of Hollywood
- Poetic piece

Solutions

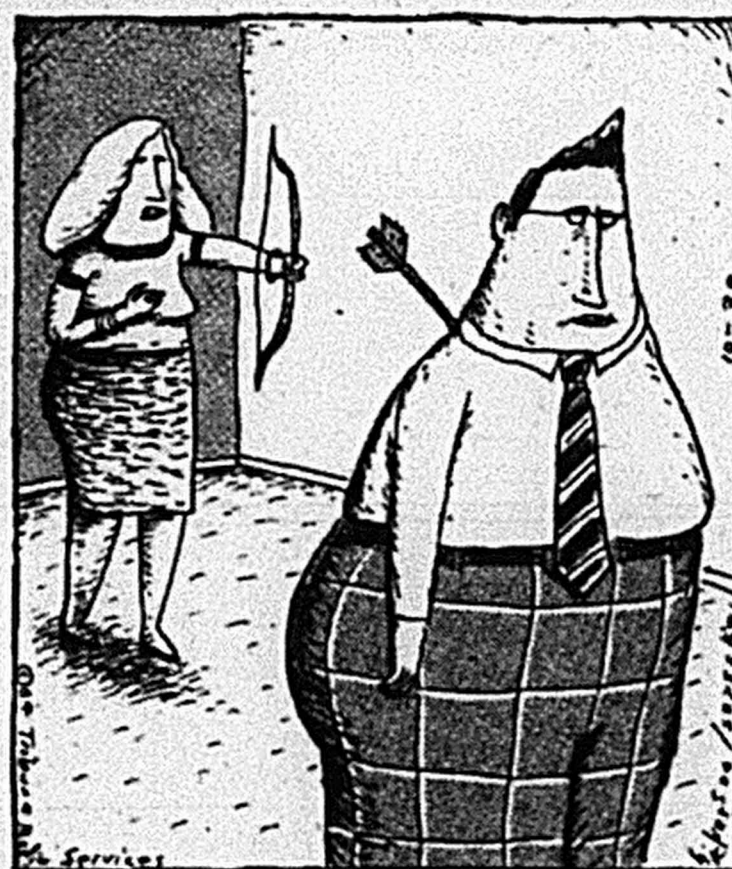


- Puts up
- Sioux people
- Meager
- Pentateuch
- Make merry
- Editorial directives
- Follow orders
- Jodi Foster film
- Soft-drink nut
- Utopia
- Pockmark
- Summer hrs.

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CAPTAIN RIBMAN in Gag



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Arts & Entertainment

Carnival fails to scare up participants

By ERIN EUDY
Contributing Writer

The Panhellenic Council hosted its first Halloween Carnival on the Great Lawn Saturday afternoon.

The event was designed for the campus fraternities and sororities to compete in several different events including a pie-eating contest, a pumpkin painting contest and the "Super Farmer Games."

Each fraternity and sorority was responsible for hosting an event in which each group could participate. Although the event was open to the entire campus, only members of the fraternities and sororities attended.

"We really wanted the chance to seem more approachable to the rest of campus," said junior Laura Simpson of Phi Mu.

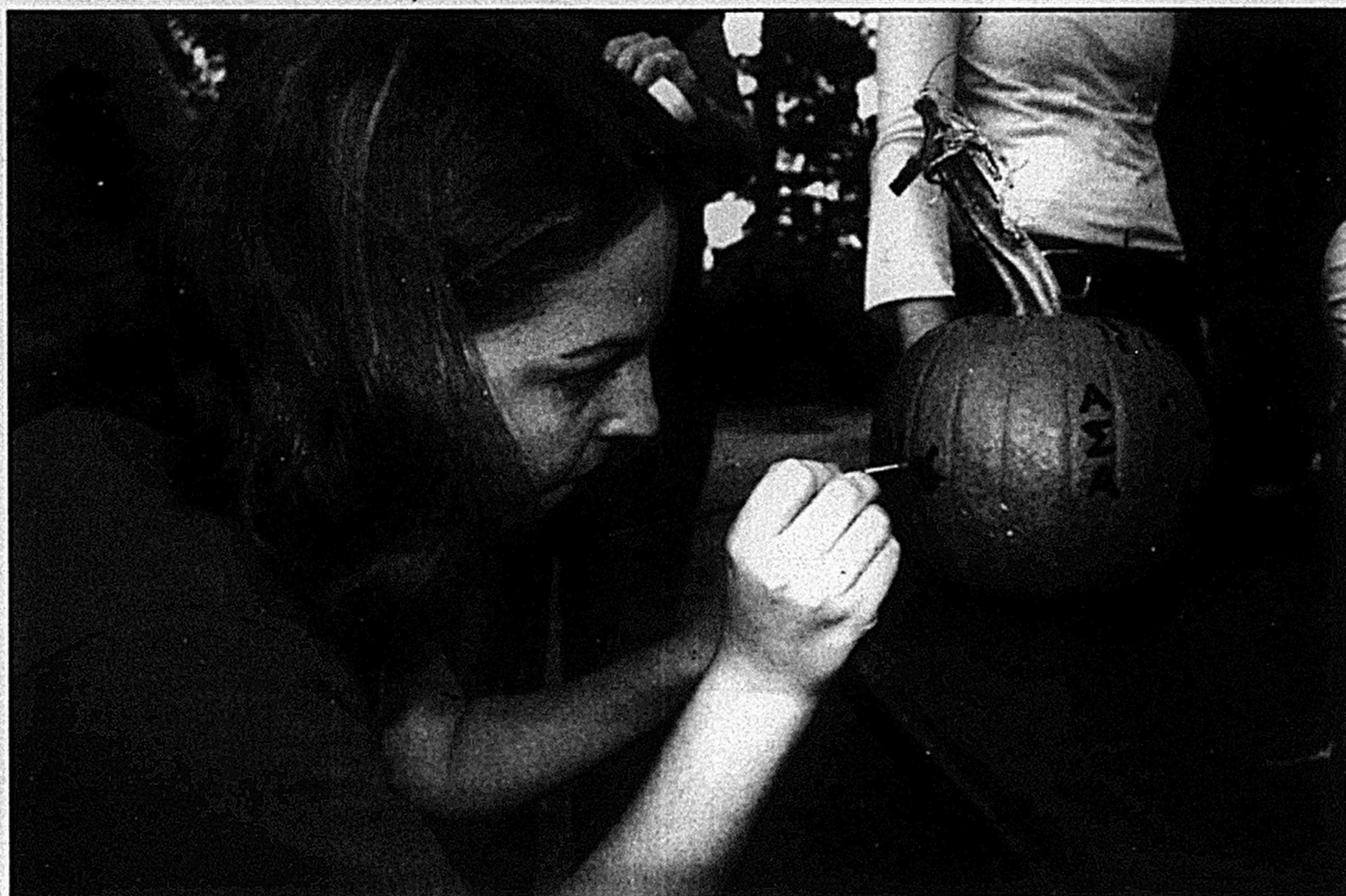
"It's too bad nobody else came, but at the same time it's really great that the different fraternities and sororities had a chance to get together. It was a great chance to get to see Greek unity."

Kappa Delta Rho and Phi Mu hosted the "Super Farmer Games," which consisted of the pie-eating contest, a hay bale throwing contest and toilet seat horseshoes. KDR won the pie-eating contest.

"We really just wanted everyone to have a good time with our events," said senior Tom Alexander, president of KDR.

Alpha Sigma Alpha hosted the football can toss contest to remind everyone of the upcoming Castle of Cans on Nov. 18.

During the canned food drive, sororities and fraternities



Junior Becky McClelland of Alpha Sigma Alpha participates in Gamma Phi Beta's pumpkin-painting contest during the Panhellenic Halloween Carnival on Saturday afternoon.

will compete to collect the most cans and then design the most creative castle. Afterward, the volunteers will help load the cans in cars to be driven to a nearby food bank.

Gamma Phi Beta won the pumpkin painting contest hosted by Sigma Phi Epsilon. In that contest, each sorority was given five minutes to paint a pumpkin any way they chose. At the end of their time, the fraternities looked at the pumpkins and voted on a winner.

Alpha Phi hosted an apple-bobbing contest for everyone. Phi Mu beat ASA and Gamma Phi Beta beat Alpha Phi in that contest. Sigma Phi Epsilon and Kappa Delta Rho competed and tied.

Gamma Phi Beta set up a table with a Crock-Pot of warm caramel and bags of apples. Nearly everyone out there came by at some point during the carnival to make a candy apple.

Pi Kappa Phi hosted the only other game of the day: Boc-

ce Ball. This is an Italian game where the first player picks up a small ball and throws it. The player then has four chances to throw or roll larger balls in an attempt to make it as close to the smallest ball as they can.

"I'm not totally sure why we picked this game," said senior Spencer Teel, vice archon of the fraternity.

"But it was fun, the whole carnival was. It could have been held on a better weekend, maybe when not so many people were

out of town, but it was still fun."

"It was good to get the Greeks together," Carrie Muoio, coordinator of Greek Life said. "It's exciting when everyone is together and getting to know each other better, as opposed to staying with just their particular groups."

"I was bummed more people didn't come out," Jen Cox, president of the Panhellenic Council, said, "but it was still great for the Greeks to spend time together."

'Birth' not quite avant-garde

By ANNIE FERENBACH
Contributing Writer

I really wanted to like "Birth." Although the premise disturbed a lot of people, it intrigued me. I tend to gravitate toward movies too artistic or slow or "weird" for the average moviegoer so I expected to "get" "Birth."

I did get "Birth" though there just wasn't enough of it to get to make it a good film.

The problem with "Birth" isn't necessarily its premise. Young widow Anna (Nicole Kidman) is finally ready to move on with a new fiancée (Danny Huston) ten years after her husband's death.

Shortly after her engagement, a mysterious ten-year-old boy (Cameron Bright) shows up at her mother's (Lauren Bacall) birthday party, claiming to be her dead husband Sean.

The idea is immediately dismissed as ludicrous, some sort of sick joke. However, the repeated reminder of Sean and the pressing question of who this little boy really is causes Anna to revisit her feelings for her first husband, which causes all kinds of problems for her engagement and family.

There are certainly aspects of "Birth" that I did like. The very first sequence, for example, is absolutely beautiful. The music — and in fact, the music throughout the movie — does more than set the scene. The generally quiet tone of the music and the lighting made the film seem isolated, otherworldly — almost like I was watching a play instead of a movie.

Most of the time, the artistic effects worked for me but, as the film dragged on, it just became tiresome.

There were several moments of pretentious art house experimentation — I think there was a full three minutes where all that was shown was an extreme close-up of Kidman's face as she watched a symphony.

The main problem with "Birth" was that the plot wasn't complex enough to sustain a whole film. There were times where it seemed like all anyone was ever doing over and over and over again was trying to convince this little boy that he wasn't Sean, then he'd say he was; soon I wondered when something else was going to happen.

I certainly understand that it needed to take time in order for the situation to wear down on Anna, but they could've done it better. The last half hour of the movie is more interesting, but by then I was honestly just waiting for it to end.

The performances were fine, but nothing breathtaking. Kidman, as usual, was the standout, but I feel like her character wasn't developed nearly enough for her to give as good a performance as she was capable of.

Cameron Bright was wonderful as Sean (the character's name actually is Sean, by coincidence); he delivered a quiet, mature performance that puts him above the average child star. Lauren Bacall and Anne Heche (as Kidman's former sister-in-law) were given disappointingly little to do and mostly faded to the background.

The plot is definitely intriguing, but we don't get to know these characters enough to become truly emotionally involved. It almost devolves into a freak show spectacle instead of a serious film.

If you're a fan of quiet, slow, artsy movies as I am, you may very well like it. If the idea of two hours with a pretentious art-house movie makes you squirm, avoid "Birth" like the plague.

Rating 2 out of 5 stars

Busch Gardens' Howl-O-Scream successfully scary

By PATRICK HORAN
Contributing Writer

From the brave "I'm not scared" to the weaker "Why's the fog so thick?", many cries of emotions could be heard floating through the foggy warm air at the closing night of Busch Gardens' Howl-O-Scream.

The idea of spending Halloween night at Busch Gardens was a popular one. The park may have been crowded throughout the day and night but, with a wide variety of attractions, the lines were never unbearably long. Throughout the day, there were the standard Busch Gardens roller coasters to conquer and shows to enjoy. With the temperature hovering around 80 degrees and the sun never hiding, many guests had the opportunity to enjoy water rides.

As the sun faded and darkness began to engulf the park, a new mood came over the guests. Fog machines kicked in, multi-colored lights cut on, and suddenly walking the normally friendly paths became a much creepier experience. Mysterious wails of pain seeming to come from nowhere made walking even more uncomfortable, or for some, much more humorous.

This was the time when the weak were weeded out from the strong, as some people began hiding behind their

friends and jumping at every noise, while others decided to run through the fog, make their own screams or even try their hand at scaring others. Festa Italia, turned into Festa Dementia, provided the scariest path to walk. With the sight of a traveling carnival caught in an electrical field, anyone already scared of clowns needed to stay as far away as possible. Many people who felt daring ventured across the bridge leading in, only to be chased out by a crazed clown, oftentimes swearing to never look at a clown again.

The lucky people who did make it past the crazed clowns and ventured deeper into Festa Dementia were rewarded with Distorted Dimensions. After being handed 3-D glasses, people standing in line heard many strange noises wafting out of the strange tent that adorned the waiting area of the Roman Rapids. Meeting up with strange

Gypsies, people ventured into a dark indoor maze containing strobe lights, fog, moving body bags and even more crazed clowns hiding in the walls. Upon exiting, guests encountered their biggest challenge: walking through the spinning room. Though they claim the path stays still, many guests found themselves leaning at all angles against the walkway handrails and often stopping. Finally exiting



Crazed clowns frightened visitors to Busch Gardens' Howl-O-Scream, an annual attraction at the local theme park.

relieved and dizzy, they were surprised once more by a small clown riding a chicken and waving a chain saw.

The large crowds of adventurers at Busch that day could enjoy many attractions ranging from the silly fun for everyone of "Witchy Poo and Pumpkin," a kid-friendly show, to the "Run for Your Life" scares of Sea Dog Cemetery. Signs, pumpkin ratings and Busch Gardens employees recommended that people under 17 stay away from the extremely scary attractions, but often the youngest children were waiting in line for attractions that made even the most seasoned pro occasionally jump.

Howl-O-Scream provided fun for everyone with shows, haunted houses, mazes and the roller coasters. With new attractions each year, including a big new thrill ride planned for next year, Busch Gardens promises even more fun in 2005.

Freshman wows at Open Mic

By MATT CHAMBERS
Contributing Writer

Last Wednesday CAB sponsored their second Open Mic Night of the semester, which was held in Discovery Café. Student turnout was good at the beginning of the program, but the population dwindled as performers and their support groups left.

Ranging from the jovial to the heartfelt to the offbeat to the downright spiritual, students played their favorite types of music. Almost all of the performers played guitar, or were accompanied by a guitarist, with the exception of one harmonica.

Identifying with the freshmen in the audience, sophomore John Jones sang a parody song about the limited selection of foods and long lines in Harbor Lights and Regatta's.

"Yesterday's meat loaf is today's sausage," was one of the lines that made students cheer as Jones sang "Lunch Lady Land," originally sung by Adam Sandler.

The fact that Jones had started playing music "a week ago," did not deter him from braving the crowd with the spoof song. Despite some participants' lack of experience, fellow students applauded the fortitude it took to sing in front of an informal, intimate crowd.

Freshmen Timothy Bartlett hit the high notes as he sang a version of "Those Magic Changes," from the musical Grease. Asking solely for a C chord from a previous performer's guitar to

find his pitch, Bartlett had the audience clapping along as he sang the song a cappella.

"I really enjoy the musical," he said. A lot of songs from musicals are reproduced in movies, and he wanted to represent one of these, he added. Bartlett has sung in choirs off and on for quite some time, but started singing formally in his junior year of high school.

"I think it went pretty well," said Bartlett about his performance.

Bartlett also took the stage for last song of the night, and again sang with no instrumental accompaniment.

This time, after a brief announcement about the Red Sox win, he led the audience in "Proud to be an American." The audience was encouraged to sing along by Bartlett who put his microphone down for the chorus of the song. Bartlett received hefty applause for both of his performances.

"That guy's got guts," said junior Murray Glanzer.

"Guts," seemed to be the test of worth for the musicians. Some performers who sang popular songs received half the amount of applause as those who dared to do something different.

By the end of the list of performers, there were maybe a dozen people left in the audience, but they still encouraged the entertainers, with even the Discovery Café staff chiming in with applause.

The next CAB sponsored Open Mic Night will be in two or three weeks.

CNU music professor recruited to work on 'The New World' movie

By CATHY EVANS
Contributing Writer

Once upon a time, only a few hundred years ago, The Virginia Company left England to pursue their dream to colonize America in hopes of earning profits. The Virginia Company's expedition over the Atlantic lasted four months before they settled in Jamestown.

Most students — especially those taught in Virginia Schools — are familiar with the story of John Smith and the Virginia Company, even if they just saw a Disney film called "Pocahontas."

Hollywood has begun work on "The New World," a portrayal of the legend of John Smith and Pocahontas, starring Colin Farrell as John Smith and featuring Christopher Plummer as Christopher Newport. The movie, filmed in Williamsburg, wrapped set in mid-October. It is scheduled for release in theaters in fall 2005.

Director Terrence Malick's primary goal was to make his film historically accurate in every detail. Malick hired many consultants to help him during filming, and Dr. Kathleen Joyce-Grendahl was one of them.

Joyce-Grendahl was hired to teach actors about the Native American flute and also use her expertise to provide an accurate portrayal of the flute for the upcoming movie.

Joyce-Grendahl, who has been teaching at CNU for three years, teaches flute choir, music theory, flute studio and world music in Ferguson. Outside of the university, she is also the executive director of the Native American Flute Association, which was the primary reason the film producers contacted her.

Sandhya Sharandi, one of the associate producers, called to ask if Joyce-Grendahl could be a con-

sultant for the Native American flute for their film.

Joyce-Grendahl met with the director and staff four or five times to show them different types of flutes. The film producers were so devoted to making everything authentic that they were even particular about the type of wood used to make their flutes.

"They wanted a type of wood the Native Americans would have been using during this time in Virginia," said Joyce-Grendahl.

Joyce-Grendahl knew that she wanted to get a doctorate in flute performance since she

was 10 years old. She earned her Doctor of Music Arts degree in classical flute performance and a doctorate minor in music theory at the University of Arizona in 1996.

At CNU, she plans to help expand the music department through offering new classes like Native American Music and Culture and World Music Ensemble, a class that will be offered this spring. The improvisational ensemble will create a piece using classical and world instruments in the same classroom.

"It will be a creative, collaborative process," said Joyce-Grendahl.

The 446 Band pursues musical aspirations

Conclusion to a two-part series detailing the journey of two young musicians.

By MIKE HILLEARY,
Asst. Arts and Entertainment Editor

Outside, the cool spring air offered a welcome release from the apartment's congested restraint.

For Reda and Mancini it simply gave a chance for their body temperatures to lower back to normal.

With barely enough space for the show's makeshift stage, the second floor living room had reached a stifling, claustrophobic degree of warmth.

Although the arrival of Newport News police seemed inevitable as soon as the music started, Reda and Mancini played through a melodic and mellow set of twelve songs, performing such covers as Incubus's 1999 ballad, "Drive," and Bob Marley's classic, "No Woman No Cry."

Given the familiarity the crowd had with the band's music, the original pieces seemed to receive the greatest amount of enthusiasm.

"I never even thought I would have all these people that were here for us," said Reda. "You know, we told them. We said, 'we're playing, and show up' and everyone showed up. It's very flattering, that people want to hear us. Especially because we do a bunch of covers obviously that people love — and it's awesome to hear people say, 'I want to hear your songs.'"

Mancini, not hesitant to include his own input, calmly added, "I think part of it is the music, and then a lot of it is that we're just so lucky to have so many good friends."

With the commotion inside the apartment seeming to increase, even the most inebriated guest listening to our conversation would have admitted that

his quote was an understatement.

The truth was Reda and Mancini had a lot of friends — or at least a lot of fans wanting to be their friends — because the two were impossible not to like.

Open, and laid-back, they could not answer a question without including some form of joke or absurd remark in their answer. From Mancini describing Reda as a zebra, to hearing how they cuddled and spooned on dark and stormy nights, for every one act of seriousness, there were three to make it comical.

How is it that people seem to be drawn to you two?

Reda: It's hard to find Marcus wherever I'm not. And it's hard to find me wherever Marcus is not. We're usually together. And we're such good friends. People like that we have such good chemistry. We're fun to hang out with. ... Mostly because we're awesome. Period. Exclamation point, exclamation point, exclamation point. Caps.

Mancini: Because he forgot his shift. ...

It's not that Reda and Mancini were a couple of ill-mannered goof-offs, or that they rejected sincerity in all its forms; they just enjoyed having a good time with the people around them.

Feeding off this sociable energy, listeners as a result just couldn't seem to get enough of the two musicians.

"We practiced two days ago and people just came in and sat down and listened to us, sort of like a mini show," said Reda. "It's kind of weird cause I wanna go over stuff we need to work on, or parts that I want to change or add, and it kind of ruins the surprise. But they sit down and they listen to it. We're not forcing them to so I guess they enjoy it."

At this point in the conversation midnight had somehow become one in the morning. New guests were arriving; old ones were directing themselves homeward. Word suddenly started spreading that a cop car was circling nearby.

"It's like this frequently," said Reda, as many of the guests

outside were instructed either to leave or return indoors by one of Mancini's roommates.

With the crowd following orders, we were left alone for the first time all night. It was actually fairly quiet.

"It's a good thing we played earlier," said Mancini.

Reda and Mancini both got into music at relatively different times when they were younger. While Mancini began playing music at the age of four, Reda, not really taking an assertive interest until he was older, fell into it only out of necessity.

Looking for any excuse to get out the army's ROTC pro-

"It's going to be awesome because I'm going to be doing something I've been wanting to do for such a long time."

—Mike Reda

gram, he signed up for chorus class when he began attending high school, taking up the guitar soon after only at the request of his then girlfriend.

Though drawing from similar influences as they each developed musically, listening to such artists as Dave Matthews Band and John Mayer, the two didn't meet until one of Reda's friends began dating Mancini.

"I didn't think when she first told me about him that I was going to like him," said Reda, whose first encounter with Mancini lasted a total of twenty minutes. "We didn't talk a whole lot, cause we just met, but he was a pretty cool guy. After that though I really didn't think much about him."

Keeping very limited, indirect contact, it wasn't until the two were reintroduced at Christopher Newport University that something suddenly clicked

between them. "The first time we hung out, we were like best friends," said Reda.

Inevitably, talk of playing together began between the two musicians. Holding simple jam sessions whenever they could find the time, Reda and Mancini soon started work on their own original pieces.

Just as things started coming together however, such positive progress seemed lost when Reda suddenly found himself placed under academic suspension by the school for the spring 2004 semester.

At the time, reason should have told Reda to simply use the reprimand to go home and make some money. Instead, after finding a place to rent not far from the college, he convinced his parents to let him stay in Newport News so that he and Mancini could continue to work on their music.

Seen as a temporary "blessing in disguise," Reda and Mancini were capable of holding performances almost every week. It is only recently that Reda has moved once again to become a permanent resident of the suite.

Pleased that things have fallen into place as they have, the pair is left to hope that the crowds will continue to come by as they have in the past.

"We keep wondering if people are going to get tired of our songs," said Mancini. "But they just don't."

Sitting in the living room of University Suite 446, Reda was talking about the CD he and Mancini were hoping to release. It had been a little over a week since the show and it seemed impossible that the room, dimly lit by a few ceiling lights, held the number it did only days before. Reda, relaxing in a chair, was wearing almost the exact style clothing the last time I saw him.

He talked about how, within those past few weeks, he and Mancini had spent almost nine to ten hours of their Sundays in the basement-recording studio of a friend in Northern Virginia.

"It sounds really good," said Reda. "It feels — even though I'm in a guest bedroom



Photo courtesy of The 446 Band.
Mike Reda plays guitar and sings during a previous performance by The 446 Band.

sitting on a bed — it feels like I'm doing something real and something big."

To the two musicians, this was how things were finally going to begin. To be heard, they knew they needed start reaching to new audiences outside the apartment.

"We're going to try to play frat parties and sorority parties, and get a little money out of that," said Reda. "But I want to start playing in clubs and bars. Marcus, one day he just spent hours and hours looking online for restaurants that had live music, and he found 40 with 20 to 50 miles that do live music. So we're going to investigate in that."

Though he knew that those next few steps forward would bring them great change and would require a lot of work, Reda was aware that they were the only logical steps left to take.

"I'm a little nervous about playing at a club because it's a bunch of people we don't know,"

said Reda. "But I still want to do it. I'm only nervous about how they're going to react to it. Hopefully it'll be positive. But hey, you can't please everybody. But it's going to be awesome, because I'm going to be doing something I've been wanting to do for such a long time."

Sitting in the stillness of the room, I couldn't help but ask Reda one last question before I left, one that had been on my mind since that first night. It wasn't a hard question, but it was one that seemed to impress the young musician: if by some chance the band does become famous, what would you have kept in your greenroom?

After a bit of thought, he gave me his list. It wasn't entirely impressive or extravagant, but it did make sense.

1. Gatorade
2. Peanut Butter and Jelly Sandwiches
3. Butterscotch cookies
4. Fruit
5. Video games
6. Good company

Hampton Roads

Happenings

Nov. 4 Story of the Year at The NorVa
Nov. 6 Switchfoot at the NorVa
Nov. 13 Keller Williams at the NorVa
Nov. 17 R. Kelly and Jay-Z at the Hampton Coliseum
Nov. 19 O.A.R. at the NorVa

Nov. 19 Wanda Sykes at the Carpenter Center in Richmond
Nov. 20 G-Unit Tour at the Landmark Theater in Richmond
Nov. 22 The Hives at the NorVa
Nov. 23 Finger Eleven at the NorVa

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Sports

Hilliard provides potent run game

BY ERIN EUDY
Contributing Writer

After breaking two school records in two consecutive games, sophomore running back Roland Hilliard is more pumped than ever to help his team improve its 5-2 overall record for the season.

Hilliard broke the record for rushing the most yards in a game as the Captains defeated Chowan 48-7. He rushed a total of 215 yards.

The next weekend, Hilliard amazed the crowd and his teammates when he carried the ball 40 times in a victory over Methodist. This surpassed the former school record of 32 carries in a single game, set in 2001.

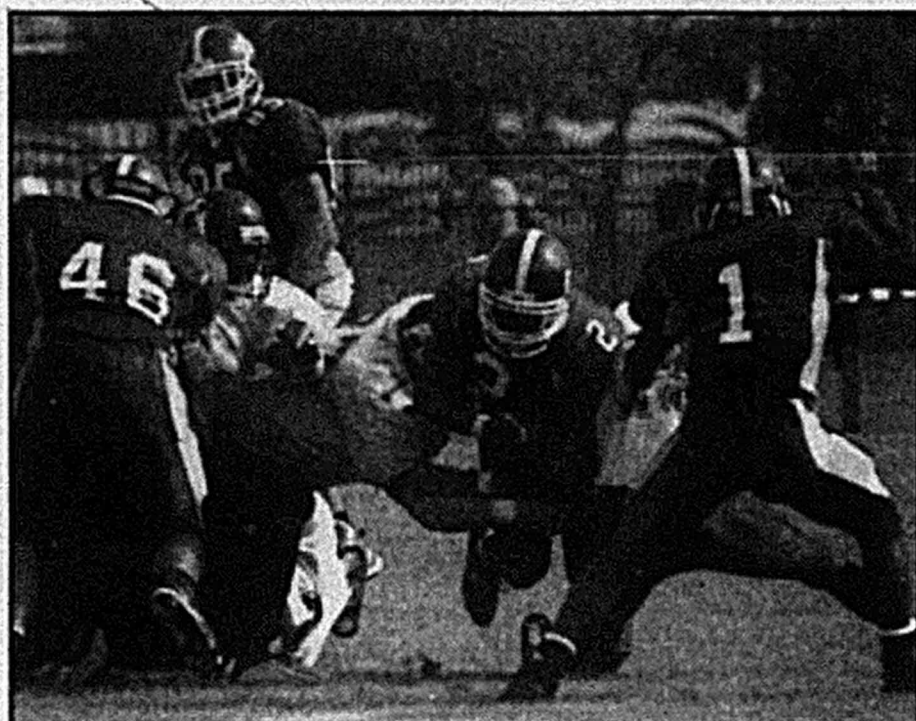
"It felt so good to break those records," Hilliard said. "But the only reason I could do that was because of our awesome line. Almost all of them have been playing together for four years and they have good chemistry, they're great at protecting me."

Hilliard, a native of Manassas, graduated from Osborn Park High School, where he played junior varsity football in 9th grade and varsity football from 10th to 12th grade.

"It was pretty competitive up there, but nothing like here," Hilliard said. "Every game here is like playing in the playoffs in high school. In college, every team's got speed."

Hilliard chose CNU for a variety of reasons including education, location, price and, of course, football. He is a computer science major and he was really impressed with the curriculum here. His father is a systems engineer and he says he is considering doing something similar to that after college.

Hilliard first began his football career when he was in just the third grade. He had suffered



Craig Whisenand/The Captain's Log

Sophomore Running back Roland Hilliard (2) tries to break through the defensive line.

from asthma and, as a result, his parents were reluctant to let him play.

"My older brother Craig played," Hilliard said, "and I always wanted to be out there too. Finally, my parents agreed to let me play. I think that all that time I couldn't play made me want it that much more, and it made me work that much harder."

Back then, Hilliard played of fullback and blocker because there were only 13 players. Everyone played both ways and everyone was the same size.

However, after watching Hilliard play now, one might think that size can be overrated. At 5 feet 6 inches, he is smaller than most of the other football players, but that never stops him.

"Although he is little he runs like a 210 pound back," said junior Hudson Bryant, quarterback. "He is a great running back."

"Roland's a tough kid," said former football player, junior Ian MacVey. "He has no problem running through tackles and he's athletic. Even more important, he is willing to do anything for the team."

As a freshman last year, Hilliard had his first opportunity to play when wide receiver Nate Davis injured his foot in the third game of the season. The coach sent Hilliard in to take his place.

"It was kind of weird since I was used to always playing running back," Hilliard said. "But I would have played any position just to get some playing time. I was a little bit nervous, but mostly excited."

Despite the intense training and huge commitment, Hilliard says he loves playing football and he will continue to play as long as he can.

"I'll try for the NFL, but I won't get my hopes up," he said. "I may even coach high school football or something."

Hilliard also loves football because says that he has many more friends than he otherwise would have without the sport.

"I had a hundred friends before school even started my freshman year," he said. "Coach made us all get to know each other before school even started and that helped us out a lot. We have great chemistry out on the field and we are a much better team than our records show."

Fabulous freshman performs up to hype

BY ASHLEY DOOLEY
Captain's Log Intern

Freshman Jay Wyss is among one of the most talented incoming freshmen distance runners according to Cross Country Coach Keith Maurer.

Recruited to run for the Captains last year, Jay has remained one of the team's top two runners since he joined the team.

Repeatedly recognized as Cross Country Athlete of the Week and Rookie of the Week in the USA South, Wyss is "essential" to the team, Maurer said.

In the NCAA South/Southeast Region, Wyss was also recognized as best performer.

This title is a big deal considering the area covered in this region stretches from the Atlantic Ocean to Texas and from the D.C. area to Florida.

"Jay has an exceptional work ethic and is committed to achieving his goals," Maurer said.

Wyss, a graduate from JR Tucker High School in Richmond, began running in 8th grade.

"I was sick of not doing anything, so I started running," Wyss said. He started off as a sprinter and realized that he had a natural knack for it.

Jay said that he runs simply because he enjoys it. He

credits running as having given him a sense of confidence and of self.

Coach Maurer credits Wyss as being very knowledgeable about the sport. This is evident when Jay explains his focus when running.

"When I race," Wyss said, "I try to focus on my form and mechanics. I pay attention to how far my stride is, how high my knees are going — I try to be efficient in all of my movements. I don't focus on the other runners until the end of the race; that's when I begin to chase them down. I just worry about what I'm doing — if I do that, most of my competitors will fall back."

"I get to test myself. I don't compare myself to anyone."

According to Wyss, as long as he makes improvements, he's made progress.

In individual races, he tries to place as high as he can and put forth 100 percent. To Wyss running is a "simple, honest sport."

"There's no point in stressing if I get beat," he said.

Wyss aspires to teach and one day become a cross country and track coach. Wyss cites his high school cross country coach as his motivator.

"He left a big impact on me; because of him I was able to win the regional championship."

One lesson learned from

this coach, Wyss still carries with him today.

"Before a race one day, he told me that even if I lead the whole race, eventually someone will catch up to me and keep pace with me but probably won't finish the job and push themselves to lead far ahead."

Wyss said that during the race, a runner did catch up with him but did not pass ahead.

"He just kept pace with me. I had a moment of clarity and realized that I could surpass him. I pushed myself and took the lead and went on to win."

Wyss uses this intense focus on the track as a student as well.

"Studying and running are kind of the same thing," he said. They're acts of determination — you have to resolve to do them."

This past weekend, Wyss went on to place 5th with a 28:12 in the USA South Conference Championship in Greensboro, N.C., where the Captains won.

They are now qualified for regionals. This is the 16th year in a row the Men's Cross Country has won this conference.

Wyss also earned USA South All-Meet honors. Wyss is set to compete in the upcoming NCAA South/Southeast Regional in Atlanta, Ga., November 13.

Weekly Round up

BY SEAN KENNEDY
Sports Editor

Women's soccer

The Lady Captains will be hosting the winner of the NC Wesleyan/Ferrum game on Friday at 7:30 p.m. They have

already beaten both of these teams previously in the regular season. They defeated NC Wesleyan 2-0, and they beat Ferrum 5-0.

Cross Country

Both teams handily won the USA South conference

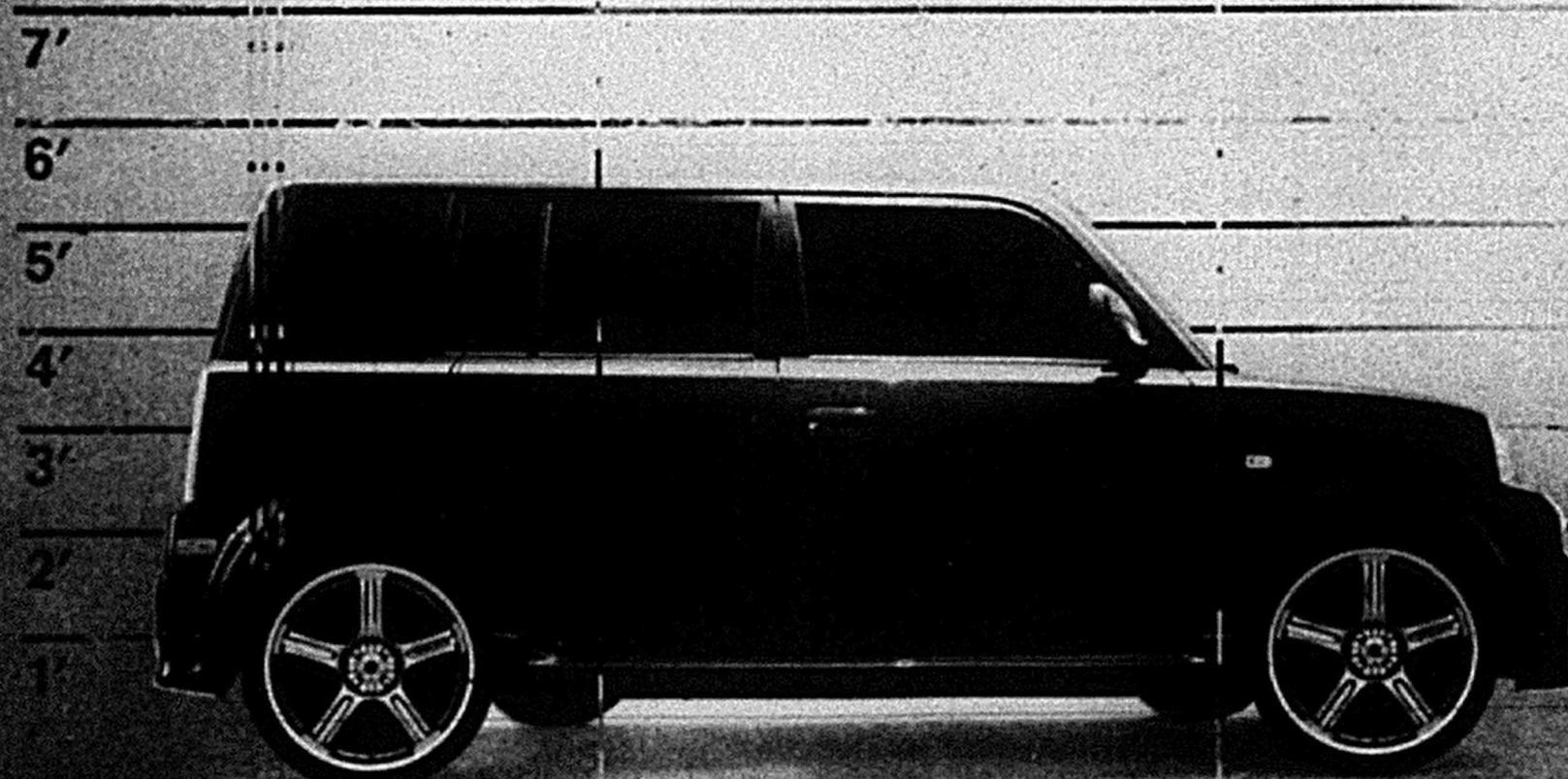
meet. The men's team finished with a score of 20, Ferrum and Greensboro tied with 71 and Methodist finished with 78.

The women's team won the conference with a score of 15. Greensboro finished second with 55 and Averett finished third with 69.

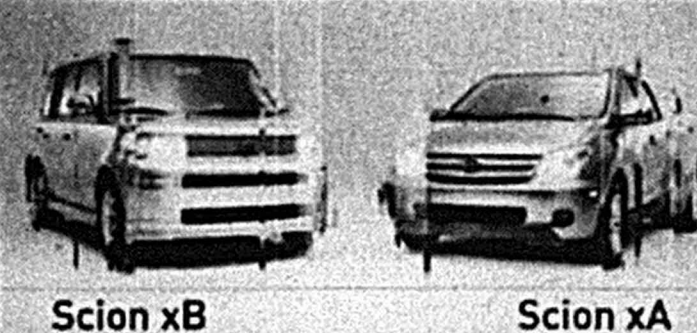
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In my line of work, I always remember the original... Rudy.