



# THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLOG

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VOLUME 50, ISSUE 14

JANUARY 30, 2019

## Celebrating Dr. Martin Luther King, Jr.

### Celebrations increased this year with five new events



**MORGAN BARCLAY**

MORGAN.BARCLAY.15@CNU.EDU

The words of Dr. Martin Luther King, Jr. echoed on campus. Whether it be in the Gaines Theater, the DSU Ballroom, the Tribble Plaza, the Pope Chapel, or just walking on the Great Lawn, the campus was alive with the words of the civil rights leader.

Through six unique events, the university asked students to reflect on the life, legacy and words of the leader. Of these six, five were new editions this year-- the student procession, the spiritual reflection, the 21 day racial equity challenge, the oratorical contest and the food drive.

These events were more publicized than in years before too. Two emails were personally sent from the president's office to students. Last semester, only nine emails in total were sent from the office, given this a great meaning.

These events also came after a petition was launched by CNU student Marckel Bonds over the break, that asked for the day off, so students could commit more fully to service.

Bonds shared in a previous interview with The Captain's Log that some of these new editions were done in part due to the increased interest his petition raised and through his meeting with President Tribble.

Whatever the case, Dr. Martin Luther King Jr.'s voice was heard across campus. The following are a few quotes that echoed across our campus this week.

***"The true test rests not in times of your own comfort and convenience, but rather when you are needed to rise to your own occasion."***

The annual commemoration event asked students to reflect on the process of moving toward change with vision, courage and compassion.

Taking place at 3 p.m. in the Gaines Theater, on Martin Luther King Day, the event was standing room only. Both students, faculty and community members were in attendance for the speech, a large increase from the events in years past, according to Special Assistant to the Vice President of Student Affairs for Diversity & Inclusion Vidal Dickerson.

The event, opened by Dickerson, featured speeches from President Tribble and a keynote by Edith G. White, along with musical performances by CNU Chamber Choir, vocalist Liesl Mattar and harpist Danielle Caldwell. A biography of King was also read by CNU Assistant Professor of Psychology Lindsey Stone. Closing remarks were read by Student Engagement Fellow Joshua Duhe-Harris.

The keynote by White, a community leader and CEO of the Hampton Roads Community Action Program, asked the audience to particularly reflect on how they make changes in their own lives. More specifically she encouraged those to make change even when it is inconvenient.

Using modern day political examples of violence and bigotry to bring King's words into the twenty-first century.

"While saddened by these incidents and many more, we must not let attacks defeat the vision. We must not let fear overcome courage," White said at the end of her address.

***"Let us therefore continue our triumphal march to the realization of the American dream."***

Led by students like Marckel Bonds, the procession across campus asked community members to make a visual statement about their appreciation for Dr. Martin Luther King, Jr.

The procession which ran from the Gaines Theater to the Pope Chapel following the commemoration event, went around Luter and across the Great Lawn on Monday afternoon.

Both students, faculty, staff and community members braved the cold day to march.

Those on campus were encouraged to join in on the march as the community walked towards the Pope Chapel.

***"I believe that unarmed truth and unconditional love will have the final word in reality. This is why right, temporarily defeated, is stronger than evil triumphant."***

Both President Paul Tribble and CNU student and Vice President of the Black Student Union Marckel Bonds were honored by the Newport News Chapter of the NAACP on Monday, Jan. 21 during an event held in the Pope Chapel.

The event was hosted by the President of the Newport News Chapter of the NAACP, Reverend Dr. Willard Maxwell and also featured an opening statement by Bonds.

Maxwell shared that he was proud of Bonds and the other students leaders on campus for speaking up and asking CNU to better honor the day.

"Students you did exactly what Dr. King would have done, you organized the masses you got petitions in support of your cause signed, you reached out to local leaders to help support and advise you, you did everything...the dream lives on in you."

He also shared that he was proud of Tribble for sitting down with students, as he did not have to as the President of CNU, especially after releasing two statements on the matter.

"President Tribble did not have to listen, but he found it in his heart to..."

Beyond this, Maxwell also gave a keynote speech that asked community members to reflect on the importance of faith in change.

weary, but you will be able to continue to press on," Maxwell said, emphasizing the importance of having something larger to have faith in when approaching change.

But even though, he mentions this larger something, the speech remained secular in nature, not mentioning any one higher power.

Maxwell also went further by asking community members to reflect on the power their own voice can have.

**STORY CONTINUED  
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(Above) Students participate in the procession across campus in honor of Dr. King. **MORGAN BARCLAY/THE CAPTAIN'S LOG** (Below) Edward Benton hugs Sivahle Ellis, the winner of the oratorical contest. **COURTESY OF OCPR**

## What's Inside

### News

Nicole Yancey talks about being the first foreign student at CNU.

### Snapshot

Take a photo tour of what happened at Club Fair on Thursday, Jan. 24.

### Sports

Learn about the WNBA and why they are underpaid.

### A&E

Visit the Falk Gallery to see artist Stephanie Mercedes' work.

### Lifestyle

Get the inside scoop on what happened at Paris Fashion Week.





## Weekly Pic

‘Bluesfest’ brought bands like ‘Ink and Thread’ into the Crow’s Nest to raise money for REACH’s Alternative Spring Breaks. Their program asks students to serve the community during spring break.

**COURTESY OF JAMES DAVIS/ REACH**

If you have a photo that you would like to be featured in the “Weekly Pic” section, please send it to [clog@cnu.edu](mailto:clog@cnu.edu), along with your caption. We thank you for your submissions.



### CNU TV

Miss Signing Day? CNUTV has you covered. Watch their video online on The Captain’s Log Facebook page to see all your favorite brothers and their new members.

## Happened

**January 26**

**Hypnotist Josh McVicar**

Hosted by CAB, hypnotist Josh McVicar brought a unique mixture of comedy and magic in his hypnotism show on Saturday night. The event was hosted in the Gaines Theater.

**January 30**

**Career Fair**

Hundreds were brought to the DSU Ballroom this Wednesday from 12-3 p.m. to make contact with more than 50 employers and 10 graduate schools.

## Happening

**February 2**

**NOICE: Norfolk Comic Expo.**

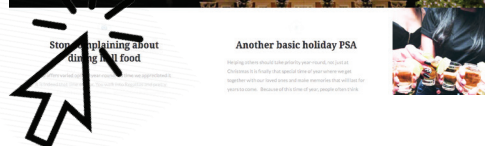
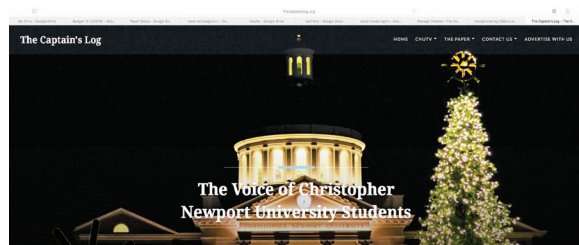
O’Connor Brewing Company is hosting local comics artists this Saturday. Food and independent comic books will be available for sale.

**February 2**

**Groundhog Day at the VLM**

Celebrate Groundhog Day at the Virginia Living Musuem. WAVY10 Meterologist Jeremy Wheeler hosts the celebration, complete with a groundhog friend. The event starts at 2 p.m.

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**THE CAPTAIN’S LOG** is the official student newspaper of Christopher Newport University. It is a public forum, which is published Wednesdays throughout the academic year.

**THE EDITOR** welcomes letters from readers. Editors reserve the right to edit letters for length and AP style, as well as to refuse publication. An email with a “.doc” attachment is preferable. Reach us through:

- Email: [clog@cnu.edu](mailto:clog@cnu.edu)

- Drop off: The Captain’s Log newsroom, DSU Suite 393

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# MLK

## STORY CONTINUED FROM COVER

“Here we are 51 years later and we still hear Dr. King’s voices echoing in our institutions, but what is it saying. Let’s go a step further, what will your voice say,” Maxwell said.

He specifically asked students to examine their online life as well.

“What are you saying on Twitter, Facebook, Instagram, Snapchat, Pinterest, what are you saying on whatever platform you have, does your voice really matter? Are you using your voice to uplift mankind?”

The event also featured musical selections and time for reflection.

*“The time is always right to do what’s right”*

Moving from speeches and contests, to something behind the computer screen, Special Assistant to the Vice President of Student Affairs for Diversity & Inclusion Vidal Dickerson, asked students, faculty and staff to join in on a twenty-one day racial equity challenge.

The challenge which was originally inspired by the work done by Debby Irving, asked those engaging in it, to investigate the complexities of diversity and racial equity and their own limitations on the subject. More specifically, the challenge would ask individuals to engage with the topic of racial equity each day through a different activity. These activities included doing research, engaging with the community, taking personal action in their own lives and watching documentaries.

“It’s almost like an independent study,” Dickerson said.

The dates were also chosen specifically. Beginning on the Jan. 22, the annual day for racial healing.

“It was just fitting,” Dickerson said.

Dickerson also wanted to provide students looking for more information and engagement following the event had it.

“It’s critical at this time, because we are aware of divisions as it relates to race and ethnicity, but we’re not engaged in conversations and if we are, how can I enter that conversation in a more informed way, and we’re providing that opportunity for them”

Seventy-two students participated and Dickerson hopes that this event will continue on to next year.

*“Life’s most persistent and urgent question is, ‘What are you doing for others?’*

It started with a newsletter. Receiving a weekly email from Newport News Now, Presidential Leadership Program Administrative Assistant Louise Divis, was inspired to make a change on CNU’s campus.

Following the lead of an initiative by the mayor, CNU’s PLP office honored Dr. Martin Luther King, Jr. life of service, with a service project of their own, a food drive in partnership with the Virginia Food Bank.

The drive was also completed from planning to execution in just under one week. This would leave many fearing the worst, but for the office they saw a commitment to service in the CNU students.

Reflecting on the event PLP’s Coordinator for Experiential Learning said, “It all fell in line and it did for a reason.”

The drive ended up collecting 145 pounds of food and \$20.19.

This amount was much needed according to Musick, PLP’s Coordinator for Experiential Learning.

“People get into the giving spirit during the holidays, and you come back after the new year and the stock is not there anymore. The banks really need replenishment at this time,” Musick said.

This said, although the event was a success for the office, they hope that

in the future students will take hold of what they called the inaugural event.

“Our hope is in the future that this will be completely student driven,” Divis said.

*“The ultimate measure of a person is not where they stand in moments of courage and convenience, but where they stand in moments of challenge and controversy”*

Words of students rang out of the DSU Ballroom on the night of Thursday Jan. 24.

The first annual oratorical contest, asked students to speak on quotes of Dr. Martin Luther King, Jr. in a contest where they were judged on oration.

The contest was judged by CNU student and Black Student Union Presi-

dent Ashley Nelson, Special Assistant to the Vice President of Student Affairs for Diversity & Inclusion Vidal Dickerson, and CNU Communications Professor Dr. Joe Sery.

Four students competed in the contest, Edward Benton, Brandon Cumbo, Sivahle Ellis and Alaeldin Haroun.

These students were given three to five minutes to respond to the quote without the aid of technology.

The event was adapted from the essay contest done in year’s past after comments were made by Nelson to Dickerson. Dickerson was also happy to have an oratorical contest this year as it is traditional to have in celebrations of King’s life.

“He was an amazing orator,” Dickerson said.

Dickerson also wanted yet another way for students to engage with King’s work and words, citing that the experience of hearing from peers is different than hearing from community members.

The winner of the contest and \$200 was Sivahle Ellis for her speech which focused on courage. An honorable mention and \$50 was given to Edward Benton for his speech which focused on living through King’s vision for to-morrow. The honorable mention was chosen by audience members of the event.

The other speakers at the event spoke on forgiveness and prejudice.

Quotes from their speeches can be found on the website. ■

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## “Right where we want to be”

Luter School of Business climbs to 44th in the nation in Poets and Quants ranking

MATTHEW SCHERGER

MATTHEW.SCHERGER.16@CNU.EDU

Christopher Newport's Luter School of Business makes its first top 50 appearance in the annual Poets and Quants Best Undergraduate Business Programs, ranking 44th in the nation. They improve from a ranking of 53 in 2017.

How did the Luter School achieve such a significant jump in the rankings?

“A lot of it came through alumnae response,” according to Adam Duncan, the Director of Outreach for the Luter School of Business and a CNU alumnus himself.

CNU saw their biggest improvements in the in the academic experience category, rising from 53 to 27.

This category ranking is based off a survey given to alumnae to rate how satisfied they were with

their undergraduate experience and how well it prepared them for the professional world.

This year the survey was directed at class of 2016 alumnae. The two-year gap is to allow graduates to adapt to the professional world and determine how well their undergraduate experience prepared them.

“When we see our alumnae remembering their experience here, crediting their experience here, and staying in touch with the school, more of that in the future will snowball and be very good for our current students and our future students,” Duncan said.

Duncan says the school does its best to stay in contact with students post-graduation, and that effort pays off at times like these.

“We want to hear from them and see where they'll go,” Duncan said.

The rankings are a big deal for students as well.

“A lot of students are really proud to be a part of the Luter school of Business, and it just confirms that our hard work is paying off,” Carter Garrison, a junior Finance major, said.

Duncan, who graduated from the Luter school almost ten years ago, shares the sentiment.

“We're excited about the rankings, and see it as validation as something we already knew about ourselves. The Luter School is, in my opinion, a top 3 undergraduate business experience. It's nice to see an outside [source] recognize that.”

He cautions against expectations for another big jump up the Poets and Quants rankings, remarking that big changes in rankings are rare.

The difference in rankings between the top schools is often very small, and all the schools



at this level are considered great business programs to attend.

Duncan is not concerned with moving up the rankings, however.

“There are hundreds and hundreds of schools on this list, and we're considering ourselves a top three in one state. So if we're in the top 50, if you do the math, it's right where we want to be,”

Duncan said.

The Luter School of Business adds this ranking to their already impressive list of accomplishments.

The school also is accredited by the Association to Advance Collegiate Schools of Business, which is an accreditation that only five percent of business schools in the world have. ■

## A glimpse into the foreign past

Nicole Yancey, the first foreign exchange student to ever attend Christopher Newport, reflects on her time at CNU, her life after school

EMMA DIXON

EMMA.DIXON.17@CNU.EDU

A mother. A consul. The first ever foreign exchange student at Christopher Newport.

Nicole Yancey, a native of France, was the first foreign student to attend CNU. She attended Christopher Newport back when it was a college, before it even became a university. Over croissants and coffee, Yancey recollected her past experience at CNU and what she did afterwards.

Yancey came over to America when Europe was switching from the European Coal and Steel Community (ECSC) to the European Union (EU). Although she was a roture, her trip to the United States was sponsored by an American military family her mother had befriended through her being active with the local Franco-American Women's Club.

“I wanted to work internationally, so I thought why not go for a semester and learn about American government, American economy and all that,” Yancey said. “It was at a time where I knew what I wanted to

do, but I didn't know at the same time.”

Yancey had originally applied to Georgetown University when her host family was stationed in Washington, D.C. When the family was transferred to Fort Monroe (now Fort Eustis), Yancey wrote to William & Mary.

William & Mary suggested Yancey should look at CNU, which was a branch of William & Mary at the time. She believes this was an outstanding recommendation because transportation was easier, the classes were smaller and tuition was more affordable.

Yancey thought if she had a wide variety of knowledge and experience, some opportunities would present themselves. Yancey wanted to work in public relations, specifically marketing and research. She believed a semester in America would benefit her because they did not learn about the American government or economy in France.

For a year or so before she came over, Yancey worked for the American Army in France to earn some pocket money and get better at listening to the Ameri-

can language. She worked for the administration in a hospital in hopes to build her English skills. She worked for numerous different people in the hospital.

“I would go from one [person] to the other. I would be the errand girl. I was kind of pampered, I have to say, because they all knew I was going to America. They would all help me with the paperwork,” Yancey said. “As wonderful as it was, it's still not the same when you arrive [in America]. You're in a new country. When you come here it is rough.”

Yancey came to the United States on Jan. 3, 1964. She traveled across the ocean on the Ryndam, a Holland America Line ship. She got on in France, although the boat also picked up students in Germany, Holland, Belgium, England and Ireland. In total, it took about 10 days to cross the ocean.

“It was full of students and we had a ball. I was 22 and I had a ball. I don't think I had more than three hours of sleep every night but I had an absolute ball,” Yancey said.

Yancey had taken years of

English classes in France and was familiar with the language. According to Yancey, the first and hardest thing she had to learn when she moved over to the United States was the American way of life.

“I did not know anything about Halloween, I did not know anything about Thanksgiving and we did not celebrate Christmas the same way,” Yancey said.

The biggest recommendation Yancey has for foreign exchange students who are attending school in America is to not stick with people from their home country, even though it is comfortable.

“The first thing is just dive in. The second thing is don't be afraid to ask for help. Don't be afraid to say in some way, ‘I need your help. I need your support.’ Just really dive into the American way of life. I had to do it and it was hard,” Yancey said.

Yancey believes the key to success for foreign exchange students is a two-way street between the foreigners and the hosts.

“The foreign student has to ask for help and support. The

American student has to give help and support. They have to meet somewhere. Everybody has to make an effort,” Yancey said.

Yancey commented that some people have asked if she is sorry that she went to Christopher Newport, because at the time it was a two year college and only an extension of William & Mary.

“Honestly, it's the best thing that I ever did. The education was excellent.... To this day, I don't regret it,” Yancey said.

During her semester at CNU in spring 1964, Yancey took comparative government, economics and history. Yancey said the education was excellent because the professors were from William & Mary but the CNU tuition was less.

While at CNU, Yancey met her husband on a blind date that was arranged during a dance being held at what was then called the Chamberlin Hotel.

STORY CONTINUED  
ON PAGE 5



# YANCEY

STORY CONTINUED  
FROM PAGE 4

Since finishing her schooling and moving to America with her husband, Yancey has done countless jobs and volunteer work. When her kids were in first grade, Yancey was not feeling welcomed and accepted in America.

"People made me feel that I was very much a foreigner... I didn't feel [I] fit."

The first grade teacher who had one of her sons, Richard, suggested Yancey should volunteer at the school by speaking French to American students.

"This way I learned American education and make the transition [to America]. At the same time I became, for the first time, part of an institution where I had a place. That was very gratifying to me," Yancey said.

In 1972, Yorktown was building what they called at the time the Victory Center. They wanted to have loans from France for the museum being built and those in charge believed Yancey could help be a translator and resource person trying to find artifacts that fit the criteria of the museum.

"From then it exploded. As 1975 rolled around, it was the 200th anniversary of the

Declaration of Independence, Yorktown was preparing a big celebration, so I started working with park service. I was deep in Yorktown, deep in history, representing the French and working with people from the Governor's office," Yancey said.

Yancey eventually became part of the team the Governor put together to celebrate the bicentennial of Yorktown. She was in charge of the French participation in the event.

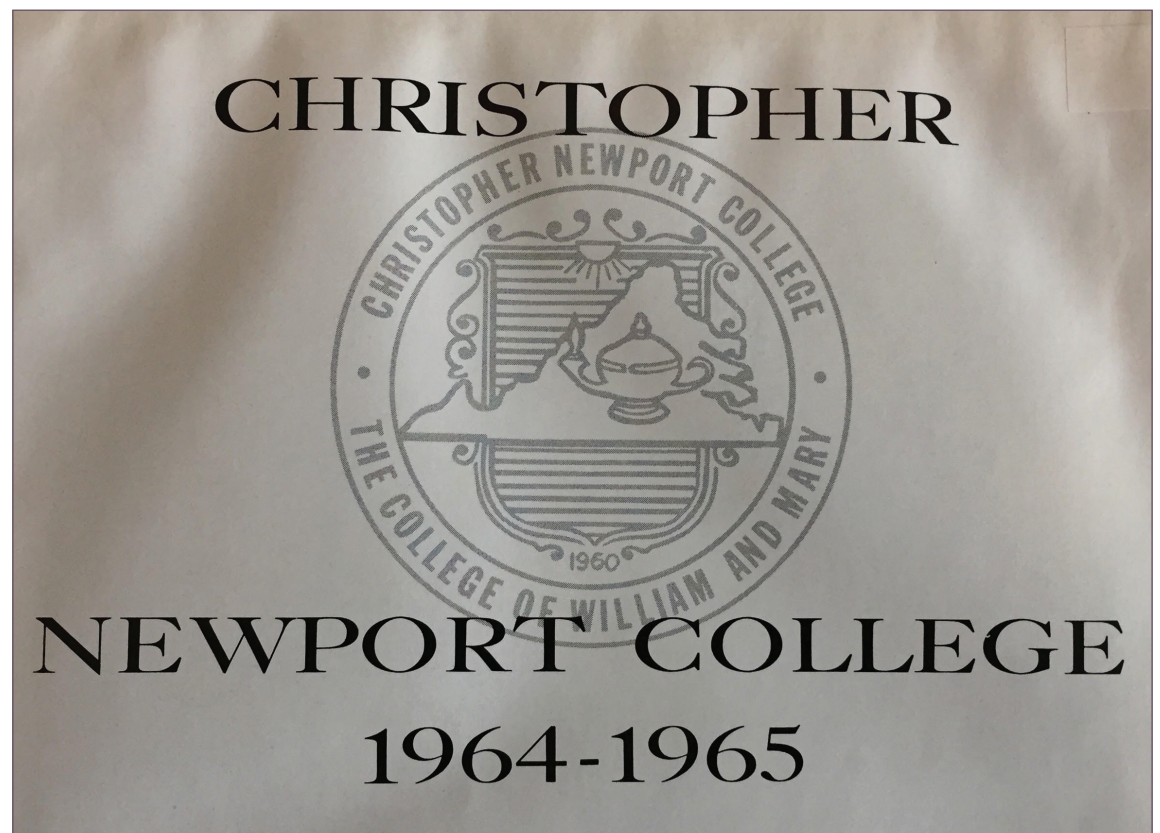
Eventually, Yancey was selected to be consul in Virginia to represent the French embassy. When two of the Senators she had met during the bicentennial of Yorktown called her and asked if she would agree to be consul, Yancey was shocked.

"I laughed. I said, 'Not me.' I really really said, 'You must be kidding.' I was flattered but I said, 'You must be kidding,'" Yancey said.

After a while of them persevering and asking if she was going to be consul because she had been selected, Yancey finally agreed.

"It was for five years. Well, the five years became 25 years where I crisscrossed Virginia to meet the French and help the French to do... anything and everything that you can think of," Yancey said.

As she was working for the French embassy and raising a family of her own, Yancey took in and hosted three au pair girls who each spent a full year at CNU, just like the military family had done for her.



Yancey was also involved in the creation of the National History Trail from Newport, RI, to Yorktown, VA, that covered the land and water route that the Continental Army and the French Army took to come to the Siege of Yorktown.

Now Yancey has created a committee in Virginia for the Washington-Rochambeau National Historic Trail, where she is working with park service in Yorktown.

Yancey has also offered to set up a partnership between the French department at CNU with a sister city in France. The sister city in France is on the mouth of the Loire River and is almost identical to Newport News, which is on the mouth of the James River. Yancey has talked to multiple professors at CNU saying she is available to help build the partnership, but she has never been contacted back.

"I feel that it is something

that I have to keep on pushing... You don't have to be fluent in another language, but you have to be internationally conscious and literate. You have to learn how to act [in another country]," Yancey said. "[You have to be] culturally aware that [one culture] is not better, it's not worse; it's different."

Yancey is also the mother of David Yancey, who represents Newport News in the House of Delegates. ■

## Got blood?

Students donate blood at drive hosted by Kappa Delta Rho and The American Red Cross Club

MICHAEL INNACELLI  
MICHAEL.INNACELLI.15@CNU.EDU

Last Wednesday, Jan. 23, Kappa Delta Rho Fraternity (KDR) partnered with the American Red Cross Club at CNU to host a blood drive in the Freeman Center.

The goal was to get as many people from the CNU area to donate blood.

The World Health Organization (WHO) states that "safe blood saves lives and improves health." Furthermore, they state that donating blood is giving another person another chance at life.

There is a constant need for blood in our society and it can help in many different ways. Donating blood can, according to WHO, help women with childbirth complications, help children with anaemia, save people who have severe trauma and more.

The American Red Cross prioritizes values like human-

ity and unity; bringing people together to help the world.

The work done by The American Red Cross is primarily to save lives. The blood donated at events, like the event hosted by KDR, goes to people in need around the world.

With KDR hosting the event, Philanthropy Chair Stephen Fike explained that there were several important reasons for KDR choosing a blood drive as their philanthropy event.

"We really wanted to branch out and do some new things to get our name out there, and what better way than to do it while helping people," Fike said. "Giving back to the community and helping others has always been important to my life and I wanted to bring that to KDR."

The experience of donating blood is something that can bring people together. Fike felt that everyone coming together for this cause made the event special.

"When I got there everyone

who was volunteering, either in the organization or outside, was very nice. I met several of the Red Cross workers and they all seemed very friendly and it was great."

Getting students out to donate blood was the main goal of the event. According to Fike, it was never really about KDR; it was always about helping people.

"We wanted to get as many people out to donate as possible, even if it was just a few. We just wanted people to come out," Fike said. "It really didn't take a whole lot, it was planned efficiently and ran smoothly."

Exposure also played a role in the decision to host the event. As there are many clubs at CNU, it can be hard to know just what is available.

Fike made it a priority to not only promote KDR, but to also help and promote The American Red Cross Club.

"Everyone's heard of The American Red Cross, but not everyone may know that there



is an American Red Cross club here."

The need for blood is always high in the US and events like these help save lives. As more

of these blood drives happen near campus, students will keep coming out to help others and save the lives of people everywhere. ■



## Service on MLK Day

### Students, university can do more to serve

**SPENCER EVANS**

SPENCER.EVANS.16@CNU.EDU

Dr. Martin Luther King, Jr. Day is a day that changes as you grow.

When I was younger, it was more of a day off than anything, a federal holiday that I was happy to get off of school and work.

Now that I am an adult and I understand the political and social environment that surrounds me, I find a deeper meaning in the day. It seems CNU does too.

This year, there were events that spoke to change on our campus and in the social environment.

However, as nice these events were, there still was a greater pull on campus to get the day off.

Although I can understand the University's stance on staying open in that they are probably right on the view that people would just use it as another day to slack off and not do anything.

But this is not why students want

the day off.

Students would like to give back to the community during this day and participate in marches.

This day could be a campus wide service day in which the whole campus could give back to the community.

It could involve more people on campus. It could allow the campus to give back on a day that should be dedicated for service, and is nationally.

There are tentative plans to give students some time off in the day, as well as more events for students to participate in.

I like these ideas, as this will help students get more involved as well as showing that the campus is changing.

Bottom line, as nice as the events were, if it were up to me, I would have the day be given off. Unfortunately, I'm not in charge. ■



RACHEL BENNETT / THE CAPTAIN'S LOG

## Say no to three year housing requirement

**SYDNEY HERNANDEZ**

SYDNEY.HERNANDEZ.17@CNU.EDU

Housing. For those of us sophomore year and above, we all know the struggle of trying to get housing in the dorm you want, and sometimes, the struggle of even trying to get housing at all. For the freshman, don't worry, you will be going through this madness very soon.

When I was applying to college, I looked at somewhere close to twenty-five schools and applied to eleven. Out of all those schools, CNU was the only one where students had to live on campus for three years. To be frank, this is stupid. CNU has a serious housing issue, in that it wants to keep students on campus all four years but doesn't have the room. By requiring the juniors to live on campus, CNU then doesn't

have enough room for seniors who still want to live on campus, but still lets them retain housing. This causes the train wreck that was the housing lottery last year, with Juniors and even Sophomores ending the lottery not having housing at all.

By requiring juniors to live on campus, it also poses several financial problems. For out of state students such as myself, it would be much cheaper to live off campus, and either rent a room or find several people to share a house and rent with. On the flipside, you also can't take out a loan to cover rent, like you can for college costs, which poses a problem for seniors who just don't have anywhere to live on campus but can't afford rent.

I guess there are two big questions that come from a three year housing requirement... which year suffers the most, and what is CNU going to do to fix the mess that is housing? ■

## This day in history: Cheesebox on a Raft

### The USS Monitor is history in walking distance

**MILLER BOWE**

STEPHEN.BOWE.15@CNU.EDU

On Jan. 30, 1862, the USS Monitor was launched. It was the first of its kind in the navy-- an ironclad warship with a rotating turret.

About five weeks later it would face off with the CSS Virginia-- a Confederate ironclad-- at the Battle of Hampton Roads. Although the Battle of Hampton Roads represented an enormous change in the history of naval warfare, the Monitor itself did not stay on the waters for long-- it sunk on New Years Eve of 1862, a victim not of Confederate guns but of the harsh conditions off the shores of Hatteras Island.

Living in Hampton Roads, the famous 'clash of ironclads' looms large. As students at Christopher Newport University, we are lucky enough to be within walking distance of the Mariner's Museum and its USS Monitor Center, where numerous artifacts from the Monitor are preserved and on display. The Monitor Center is also conserving the Monitor's famous

rotating turret.

To better understand the significance of the Monitor, I had the privilege of interviewing John V. Quarstein, a distinguished historian and author and the Director Emeritus of the USS Monitor Center at the Mariner's Museum.

The Monitor was designed by John Ericsson, a Swedish-American inventor who had previously gained fame as the inventor of the screw propeller. According to Quarstein, the design for the Monitor was originally developed for Louis-Napoleon of France, but was rejected and shelved.

During the Civil War, the Ironclad Board was formed to examine proposals for ironclad warships. After showing his design to a businessman named Cornelius Bushnell, Ericsson brought the Monitor before the board, who were skeptical.

"Ericsson launched into a half-hour soliloquy describing the powers of his ship," Quarstein said. His passion for his invention clearly helped: he was awarded a contract to build the Monitor with a deadline of 100 days.

On March 8, 1862, the day before the Battle of Hampton Roads, the CSS Virginia was wreaking havoc on the Union's navy: it sank two wooden warships, damaged two others, sank two transports and captured another and was only paused by the tide.

According to Quarstein, this preface to the clash of ironclads showed how important of a technological development the switch from wood to iron was. "When the Virginia rammed and sank the Cumberland, it was the moment where we proved the power of iron over wood-- what can stop this super ship?"

Enter the Monitor.

The Monitor was an unusual looking ship, and only the topmost part of her iron hull and her rotating turret peeked above the water. "It looked like a tin can on a shingle! A cheesebox on a raft!" Quarstein said.

Both the Monitor and the Virginia faced problems. The Virginia had difficulty maneuvering, a problem only exacerbated by its engine troubles. The Monitor's rotating turret offered limited visibility,

which made it difficult to aim.

"[The Monitor] fires forty-one shots, and she hits the Virginia twenty times, so you gotta realize sometimes the ships virtually touch," Quarstein said. "That's pretty bad marksmanship if you ask me, and it's because you can't see out of the turret."

The Monitor was not only significant as a marvel of new technology: the process by which it was constructed was also significant. It was manufactured using interchangeable parts at multiple factories in different parts of the Union. As an example, Quarstein discussed the Monitor's rotating turret.

"The armor plate for the turret is made in Baltimore, the turret is put together in Staten Island, and it was so heavy--120 tons-- they had to take it back apart to move it to Greenpoint."

"It's a symbol of the industrial revolution really exploding on the American scene," Quarstein said.

While the Monitor was an important development, it still was hardly a perfect design. It was cramped and stiflingly hot.

"Imagine being in a black-painted iron object in the James River in August. They record temperatures-- in the turret 110, the galley 140, the engine room 136," Quarstein said.

Despite these troubles, the Monitor was still an important milestone in the history of naval warfare. "The Monitor was not the best ship, it

was an experimental ship, but it was at the right place at the right time and actually started a whole evolution of iron and steel ship designs," Quarstein said.

Even at the time, Quarstein says, people knew that the Battle of Hampton Roads was significant. Thousands of people watched as it played out.

"There are about 15,000 Union soldiers, there are about 10,000 Confederate soldiers, then there's the population of Portsmouth and Norfolk, and everyone gets an oyster skiff or whatever boat to try and see what is happening because they do know, even though the ships are clouded in black powder smoke, they know they are witnessing a change in history."

All too often, history feels removed from the present. We are lucky, then, to live in an area so steeped in it: right now, you could walk to the Mariner's Museum and see the Ironclad Revolution exhibit, and see the conservation lab where the Monitor's turret is being restored day by day. Although the Monitor was an experiment, it was a successful one: it changed naval warfare forever and served as the starting point for every ship to come after it. Even the ships that are built today in the Newport News Shipyard show the influence of the Monitor. ■



# This EPA Administrator is a mistake

## Nominee Andrew Wheeler has concerning track record

JAMES DUFFY  
JAMES.DUFFY.17@CNU.EDU

Amidst the worry and panic of the now-longest government shutdown in history, certain federal processes are still underway, including the formal hearing process of the Environmental Protection Agency's (EPA) nominated and current acting administrator, Andrew Wheeler.

But many not up to speed on the are asking "Who is Andrew Wheeler?" and even more importantly, "What does his potential appointment mean for the future of American environmental policy?" A brief background check on Wheeler's political history answers these questions, and from an environmentalist's perspective, this appointment is a massive setback to protective regulations, especially climate action.

Born in Hamilton, Ohio, the 54 year-old lawyer and policy advisor is an alum of the Washington University of St. Louis' School of Law, as well as Virginia's own George Mason University, where he received his MBA after completing his JD.

During his career, Andrew Wheeler has served the public as an EPA administrative assistant, advisor to the Senate Commit-

tee on the Environment and Public Works, and advisor to Oklahoma senator and avid climate change denier Jim Inhofe. Before returning to the EPA as Deputy Administrator, Wheeler spent almost 10 years as a lobbyist representing the Murray Energy coal mine corporation of St. Louis, which paid his firm upwards of \$300,000 annually from 2009 to 2017.

As a lobbyist, Wheeler fought Obama administration regulations on coal power plants which were enacted as protections against the impending consequences of anthropogenic climate change, which includes a plethora of crises and issues that result from the burning of fossil fuels and the subsequent carbon dioxide emissions (global warming, sea level rise, ocean acidification and many more fall in this category).

During his overall career, Wheeler has additionally advocated for federal subsidies to the coal industry and staunchly opposed environmental protections and regulations at all levels. While environmental progress demands we move away from coal, which is a widely unsustainable resource from its extraction through to its burning for energy, Andrew Wheeler and has (and will likely continue to) turn back that progress with big coal cor-

porations in his back pockets.

In 2017, Wheeler was selected by President Trump to be Deputy Administrator of the EPA under Scott Pruitt. Environmental ethics aside, Wheeler's track record with the EPA so far should be enough to keep him from the administrator's chair. While in this position, Wheeler broke promises made to the public, as well as violated ethics rules of his position, to not meet with his former lobbying clients to avoid conflicts of interest. According to multiple sources, Wheeler has met with former lobbying clients at least three times since being sworn in.

Now, since the resignation of controversial former administrator Pruitt in July 2018, Wheeler has been carrying out the responsibilities of the administrator, and as of Nov. 2018, he has been formally nominated for the position. As of Jan. 16 of this year, the Senate Committee on Environment and Public Works has held hearings regarding his appointment, and the next steps on his way to the position is a Senate confirmation. It is likely that the current Republican-majority Senate will appoint this former lobbyist, so it is important to understand what his past and likely appointment could mean for environmental affairs in the United States.

From an environmentalist perspective, the appointment of Andrew Wheeler as administrator of the EPA could be the worst thing for American environmental policy since Scott Pruitt. Now more than ever we are in need, both as a nation and as a planet, of strong environmental protections and national policies to safeguard against the looming effects of global, anthropogenic climate change. While

climate change is just one of the many issues that face environmental legislators today, it is easily the most significant, as its impacts are globally detrimental yet mocked and ignored by our current administration.

Here are some of the most recent facts and reports from internationally accredited scientific bodies, whose data support the urgency of climate action, which our nation is not likely to receive with Andrew Wheeler as the EPA's leader.

Our current government administration, including President Trump, Scott Pruitt, Andrew Wheeler, and many others, continue to write off the scientific facts and studies supporting human-induced climate change as hoaxes, even going so far as to cite snowfall and winter weather conditions as "proof" to discount climate science.

Meanwhile, more and more research is pointing towards the exact opposite conclusions: climate change is real, it is being caused by human actions like burning fossil fuels and cattle monoculture, and requires immediate action. A new study published this month by an independent economic research firm called the Rhodium Group reveals that in 2018, the United States' total carbon dioxide emissions increased by 3.4 percent, ending the recent trend of decreasing since 2015, in part due to environmental regulations that Wheeler will likely repeal or prevent.

Another study published from the journal Science also this month shows that our oceans are warming almost 50 percent faster than the United Nations previously observed as a result of global warming from the emission of aforementioned greenhouse gases that retain atmo-

spheric heat. Global temperature rise is just one of a wide variety of catastrophes involved with climate change, and it is obviously only getting worse. And as if that weren't enough bad news, the National Academy of Science published new research just this past week that shows Antarctica's ice reserves are melting six times faster than they were in the early 1980s. These major realizations, which are supported by legitimate scientific studies are merely recent extensions of the international scientific community's already-solid understanding of anthropogenic climate change, and just how real it is.

Our country, which is among the very few that still have climate change deniers like Wheeler and his colleagues, needs an EPA administrator who understands and takes this crisis seriously. The EPA, even under the Trump administration, vows to "protect human health and the environment," both of which are at great stake if/when an anti-environment lobbyist and climate skeptic like Wheeler is put in charge.

Time will only tell how Wheeler's work will play out, but until then, it is crucial to remain informed and be ready to act against environmental injustice. ■



# 'To pray is to pay attention'

## CNU professor reflects on modern classroom challenges

JASON CARNEY  
JASON.CARNEY@CNU.EDU

In Winifred Gallagher's memoir, *Rapt: Attention and the Focused Life*, she asserts, "The skillful management of attention in the sine qua non of the good life and the key to improving every aspect of your experience, from mood to productivity to relationships." Indeed, Attention is a powerful resource and it is finite. And what we spend it on clarifies what we value, for as poet W.H. Auden reminds us: "To pray is to pay attention."

But how do we "skillfully manage" our attention today, steeped, as we all are, in this digitally-saturated culture Nicholas Carr, author of *The Shallows: What the Internet is Doing to Our Brains*, characterizes as prohibiting such thrift: "The influx of competing messages that we receive whenever we go online not only overloads our working memory; it makes it much harder for our frontal lobes to concentrate our attention on any one thing"? Alas, when Carr wrote *The Shallows*, nine years ago, our lives consisted of discrete "on" and "offline" experiences. Arguably,

with exponentially more powerful smartphones, we are always online now, our minds always gripped by the pull of those enthralling squares of phantasmagoric light.

Stripped of their contemporary costuming, however, Gallagher's insights and Carr's concerns are not new. Philosophers, artists and poets have acknowledged the power of attention and the risk of unrestrained distraction for centuries. Here are a few apropos examples. In agreement with Gallagher, Roman emperor Marcus Aurelius writes, "Very little is needed to make a happy life; it is all within yourself in your way of thinking."

And sharing Carr's concern about the decline of opportunities for silent contemplation, Romantic poet William Wordsworth reflects, "The world is too much with us; late and

soon, / Getting and spending we lay waste our powers; / Little we see in Nature that is ours; / We have given our hearts away, a sordid boon!" Both Roman and Romantic agree: the key to happiness is attention and misery is a consequence of attending to the wrong things, a dynamic insight expressed concisely by John Milton's in *Paradise Lost*: "The mind is its own place and in itself, can make a Heaven of Hell, a Hell of Heaven."

As a professor, it feels like I have my finger on the pulse of my student's attention, and, with respect, the pulse seems to flutter of late. I don't blame my students alone, for we all share responsibility, and conditions sometimes conspire against us. The world is changing, it will continue to change, and we must adapt. As regards attention, soberly acknowledging the challenge is necessary:

to paraphrase Wordsworth, we are giving our attention away for unworthy remuneration. We need to get it back, and deliberately seeking solitude is the first step.

In this regard, I find nourishment in the stories of our great contemplatives, defenders of solitude, attention and their imbricated power: Buddha sitting beneath the Bodhi tree, Moses climbing Mount Sinai, Jesus withdrawing into the wilderness, Grandmother Spider journeying into the East. In these stories, enlightenment, justice, compassion and healing are the boons of attention well spent.

Never forget: attention is a valuable resource. Spend it wisely. Find some solitude, turn off your phone and pay attention to the right things. The hospitality of the curious world might surprise. ■





(Top Left) The African Cultral Society's mission is to "foster and deeper understanding of African Values" and "eliminate stereotypes, prejudice and misconceptions" about the continent of Africa. (Top Right) CNU's Womens Ultimate team Airbenders showoff their skills while at club fair.



## Club Fair

Students were able to meet with over 100 different clubs in order to get more involved on campus



(Above) CNU's Pokemon Go club decorated their table with different legendary Pokemon figures and included a QR code on their poster to get the free app; even though their main focus is playing the game, any Pokemon fans are welcome to join. (Left) Many students use the cub fair as a opportunity to not only find fun extra-curriculars, and get free candy, but also to meet new people and make friends based on common interests.







(Above) CNU's Model United Nations was at club fair to help people understand and learn how to solve global issues. (Left) Gymnastics club is one of the many club sports offered at CNU that welcomes anybody regardless of their experience, and to learn more about club sports check out page 11. **HANNAH MCCLURE AND NICOLE RAMKEY /THE CAPTAIN'S LOG**



As part of Club Fair tradition, many students sign up for email lists to stay informed about the clubs they are interested in.



UPCOMING HOME GAMES		UPCOMING AWAY GAMES	
Men's Basketball	Women's Basketball	Men's Basketball	Women's Basketball
4 p.m. February 2nd	2 p.m. February 2nd	8 p.m. January 30	6 p.m. January 30
University of Mary Washington	University of Mary Washington	St. Mary's College (Md.)	St. Mary's College (Md.)

MENS BASKETBALL: VICTIMS OF A LATE RALLY	WOMEN'S BASKETBALL: MISSED OPPORTUNITIES
21 — POINTS GIVEN UP OFF TURNOVERS	BOX SCORE 58-63
LARGEST LEAD (CNU) — 13	3-POINT SHOOTING EFFORT — 7-22
28-35 — FREE THROWS (YORK)	16.7% — FREE THROW PERCENTAGE AGAINST YORK
FREE THROWS (CNU) — 17-28	SEASON AVERAGE FREE THROW PERCENTAGE — 66.7%
CNU 3-WAY TIE FOR FIRST IN CAC (6-2)	CNU DROPS 3RD CONFERENCE GAME ON THE ROAD (1-3 OVERALL)
NEXT GAME: @ ST. MARY'S COLLEGE (MD.) JAN. 30. 8 P.M.	NEXT GAME: @ ST. MARY'S COLLEGE (MD.) JAN. 30. 6 P.M.
SOURCE: CNUSPORTS.COM	SOURCE: CNUSPORTS.COM



#31 Cutch Ellis and #15 Sondra Fan of the CNU Basketball Teams control the ball against their team's opponents. COURTESY OF CNUOCPR - GRAPHIC BY MATTHEW SCHERGER



# Money Moves: Women's equal pay in sports

## WNBA players want equal pay, can they get it?

ANNA THOMAS  
ANNA.THOMAS.18@CNU.EDU

Within the past several years, the push for equal pay among the sexes has taken off. And with it has come the conversation of fair pay in the sports world. The Women's National Basketball Association (WNBA) has been one point of interest in the debates as WNBA players don't get paid nearly as much as men do. This is partially because they get significantly less funding than the NBA. But why? What's really going on with the financial side of professional basketball? Let's take a look at the numbers to try begin putting the situation in perspective. According to a 2018 Forbes article, The Business of Being

a WNBA Player, the National Basketball Association's (NBA) minimum salary is \$528,180. The WNBA maximum veteran salary is \$71,635. So, a rookie in the NBA is making more than a long-term player in the WNBA. But the phrase "long-term" is a relative one. The WNBA is only entering its 23rd official season, making it a fairly new association. Last August, The Conversation published an article saying that "The NBA didn't draw crowds [the size of the WNBA's] until its 26th season," implying that the WNBA is on track to popularity and financial prosperity.

However, the nature of that statistic points out an important thought: women are entering an

"The funding and pay of WNBA players (and other professional women athletes) is a multi-layered issue."

already sports-focused world, meaning sports fanatics have already been established.

Why does the WNBA have to start from scratch? In other words, why don't existing NBA fans (or basketball fans in general) turn to the WNBA for entertainment? Perhaps this issue tells us something about our society. Do people watch more of the NBA because it gets more funding? Or does it get more funding because people watch it? Let's go back to the numbers for a second. WNBA salaries equate to 22 percent of the organization's revenue whereas the NBA turns 50 percent of its revenue into players' salaries. So, the argument around the unequal pay of female basketball players isn't so black and white. The WNBA simply cannot afford to turn 50 percent of their profit into players' salaries. It's important to remember that the realm of professional sports is a business. The more money the company makes, the more the employees get paid. So, there isn't one simple solution to the issue. On the strictly financial side

of things, the WNBA works to get more funding in ways such as the jersey sponsorships. Although it may reflect the financial inferiority of the WNBA, having those advertisements on the players' jerseys is actually greatly helping their case. The goal, however, is to eventually match the NBA's profitability without a logo across the players' chests. Now when we turn to popularity and overall fan base, the conversation gets even less clear. Fans just seem to prefer men's sports, and they haven't necessarily been encouraged to care about women's athletics. According to an article published by The Conversation, over 95 percent of sports media coverage is focused on men. So, the root of the issue is much deeper than some may have thought. The funding and pay of WNBA players (and other professional women athletes) is a multi-layered issue. The good news is, it's being talked about. And although the numbers aren't near where most WNBA fans and players would prefer, they seem to be slowly climbing. But, will male and female athletes ever be treated, paid, or watched as true equals? If so, how long will it take? ■



# Club sports: More than just a game

Club sports provide personal growth, marketable skills on and off the field



Members of the CNU Club Soccer Team celebrate after a win at home against JMU COURTESY OF CNU CLUB SOCCER

Want to write for the Sports Section?  
Contact me at [michael.innacelli.15@cnu.edu](mailto:michael.innacelli.15@cnu.edu)

**RYAN LYNCH**  
[RYAN.LYNCH.15@CNU.EDU](mailto:RYAN.LYNCH.15@CNU.EDU)

You've just moved-in on campus at CNU; wide-eyed and eager to start your college career.

It is easy to get overwhelmed with the plethora of choices at one's disposal when coming to CNU.

You could join a club, Greek life, campus ministry, on-campus job, intramurals, or try out for a club sport.

All of these are great options for freshmen to get involved with, but I'd specifically like to talk about the benefits of club sports.

It can be intimidating at first, I know, between approaching the club table, signing up for tryouts, and then actually showing up for tryouts.

All of this is without knowing any of the people or how high the level of play will be.

You might be thinking "why would I put myself through this extra level of stress when I'm dealing with all of the other stressors of acclimating to college life", but club sports, if treated properly, can be a very rewarding college experience.

College surrounds us with the

possibility and inevitability of new experiences, some positive and some negative, all of them though, serve as learning experiences.

It is safe to assume that the majority of people trying out for club sports have grown up playing that sport at a fairly high level. Obviously, there are some exceptions to this.

Club sports gives students the opportunity to continue on with a passion from their childhood, an activity they're familiar with, something that makes them feel comfortable in a foreign environment.

It can also be used as an escape from the chaos of college.

Club sports also has the potential to develop into an extra social circle for students.

The biggest fear of most incoming freshmen are being able to develop a friend community; club sports surround you with people who have a similar background and are able to relate to your own experiences growing up.

This makes the process of making friends much easier for incoming freshmen.

As you move into your upper-classmen years at college, club

sports can morph into something far more important than just a group of friends.

Opportunities arise for both leadership and social responsibility.

Being able to be a part of the executive board of a club sport provides many life skills, and a good addition to the resumé.

Money management, people skills, logistical coordination, and time management are all skills that are either learned or improved on when one is a club sport executive board member.

Like Greek life, club sports also give back to the community as the club members volunteer and fundraise in order to have enough money to run the club.

Growth as an individual is key to a student's college experience.

This growth happens both naturally and through purposeful experiences.

Club sports is one of the many avenues a student can choose when beginning their journey through college and life.

When it comes to campus involvement there is no wrong choice, and participating in club sports is one of the most beneficial choices at a student's disposal. ■

## Why I quit sports

**EMMA DIXON**  
[EMMA.DIXON.17@CNU.EDU](mailto:EMMA.DIXON.17@CNU.EDU)

Throughout all of middle school and the beginning of high school, I was a jock. I played any sport you could think of: volleyball, basketball, soccer and softball.

Although I played all of these, softball was the main sport I excelled at. I began playing when I was a young child, maybe five or six years old.

From the moment I stepped onto the diamond, it was evident I had a natural talent for softball. My first game ever, I made a triple play at shortstop without even knowing the rules of the game.

During that same game, it also became evident I had a natural talent for competitiveness. When a girl was running toward home plate to score, and I could not catch her to tag her out, I pegged the softball square into her back.

Obviously, she was not called out because that is against the rules. From that moment forward, there was something every game that brought out the overly-competitive side of me.

At such a young age, everyone, including myself, just figured it was a phase. Everyone assumed

after a few years I would mellow out and become less competitive.

They, and I, were sadly mistaken.

Even into my high school years, I would get upset or throw a temper tantrum at least once every game. There was one time I took off my helmet and threw it across the field during a rage.

The umpire purposely turned away and pretended he did not see it so he would not have to eject me.

Although I did get slightly less competitive as time went on and I grew older, I would still end up angry or upset after every game I played in. Even if my team won, I would still manage to get upset somehow.

I could play an amazing game behind the plate as catcher, tagging people out a home, throwing people trying to steal bases out, blocking wild pitches, and I would still get angry even if I let a single ball get by me.

No matter how great I played, my competitive side always got the best of me. I always got caught up in my own head whenever the slightest thing went wrong.

Eventually, when I reached high school and became captain of the team my sophomore year, I began

to realize that I was not actually enjoying myself when I was playing softball. I was always getting so angry or crying that I was not having any fun.

I was playing the game simply because I was good at it, not because I had a love for the sport.

Ultimately, I decided to quit playing softball and competitive sports. It was certainly a hard decision for me to make.

Softball had been such a huge part of my life for over 10 years that it had become part of my identity. Not everyone is as competitive as I am, and I am not trying to argue that team sports are bad in any way.

In fact, team sports shaped me into who I am today.

Teams sports taught me how to handle my competitiveness in productive ways. Now, I use my competitiveness to push myself harder in school and multiple other aspects of my life.

I had coaches who helped me find ways that I can harness my anger and use it to push myself to do better.

The biggest lesson team sports taught me was that, sometimes, walking away from something that is important to us is the only way to help us grow and learn.

Even though I enjoyed softball and made countless friends throughout the years, walking away was the best decision for me.



Emma Dixon in her days of being a catcher for her high school softball team COURTESY OF EMMA DIXON/THE CAPTAIN'S LOG

If I had not quit softball, I would have continued to do something that did not make me genuinely happy.

Overall, I am happy with my decision to quit softball. If I had never quit softball, I never would have become a journalist.

After I quit softball, I had more time to try hobbies of mine, like cinematography and writing, that I was actually passionate about, enjoyed and want to pursue as a career.

Like I said earlier, it was hard to quit softball; it was not an easy decision. But at the end of the day,

it taught me that, although walking away from something you love is hard, you can find other things that make you just as happy, if not happier.

Team sports are good for a lot of reasons; they build friendships, they are a great source of exercise and can potentially turn into lifetime careers.

But for me, the most important thing teams sports does is build character and teach people how to handle their emotions.

They help teach us lessons that we can use in our everyday lives. ■



February 2

Young the Giant  
8 p.m. The Norva

February 9

Sevendust  
8 p.m. The Norva

February 1

"Miss Bala" PG-13  
"Piercing" R

January 30

Winter Career Fair  
12-3 p.m. DSU Ballroom

January 31

TNT Trivia Night  
8:30 p.m. DSU Crow's Nest

# Copyrighting the 'light of day'

Falk Gallery guest artist Stephanie Mercedes ties the Argentinian past to modern-day photography and law in a variety of mediums

KRISTEN ZICCARELLI

KRISTEN.ZICCARELLI.17@CNU.EDU

It is often said that 'an image holds a thousand words,' and when learning about history, such a phrase is true to the fullest extent. But as one of the most powerful tools of remembrance, even photography is subject to censorship and suppression.

Through her long-time work as a photographer, archivist and researcher, Argentine-American artist Stephanie Mercedes has been able to combat a significant governmental effort to hide acts of genocide and human rights violations.

Inspired by pending Argentine law 2517-D-2015 proposing to extend the copyright of a photograph from 20 years after the creation date to 70 years after the death of the photographer, Mercedes' exhibition insists that events from the Argentinian 'Dirty War' (1976-1983) must be seen and remembered.

Featuring 2,540 altered photographs for each day of the dictatorship, the exhibition entitled "Luz del Día: Copyrighting the Light of Day" ensures a record of images that under the legislation, would be privatized and inaccessible to the public. In order to expose them, Mercedes alters them in four significant ways so that she can re-copyright them and donate them back to the public domain.

In reference to Argentine dictator Gen. Jorge Videla's comment that the death toll will "never see the light of day," Mercedes' exhibition is an effort to archive images "safe from the law and saved from the law."

The exhibition is staged in a dimly-lit setup with a backlit image inside a large, metal locket and a studio in the back corner. The locket serves to connect the second part of the exhibition, entitled "Los Relicarios."

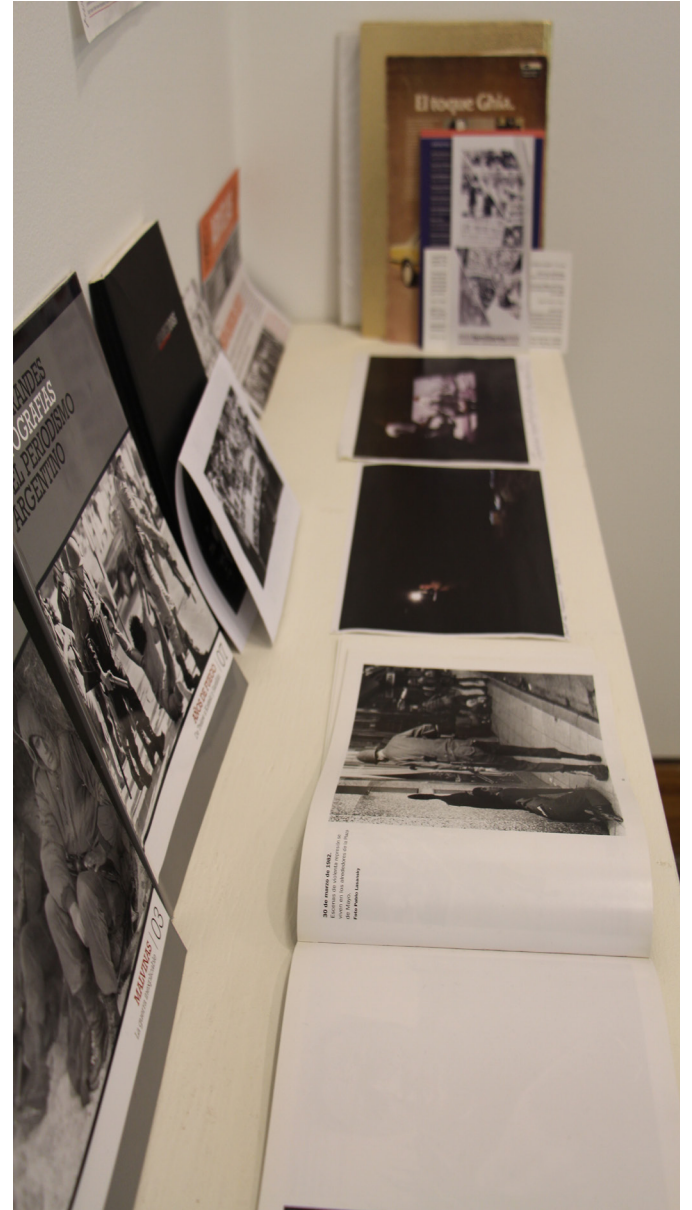
After being moved by women who marched and sung in the streets against the disappearance of their loved-ones, Mercedes incorporated the motif of a locket into her series.

"I think it really comes down to the power of motherhood and the strength that that gave them," Mercedes said. "A lot of mothers and grandmothers would use the locket as a way to protest, and I love that because I think that a locket is an object of love - it's an object of care, of intimacy of empathy."

The metal locket which stands at the center of the installation is the exact size of 30,000 small lockets, representing the 30,000 people that disappeared during the dictatorship.



(Left) The locket connects to the ceiling in the center of the room. In explaining the symbol, Mercedes said, "I really do feel like each one of the women wearing a locket feels the burden of the other victims." (Right) The studio features books and pamphlets. KRISTEN ZICCARELLI / THE CAPTAIN'S LOG



By tying the photographs and lockets together, Mercedes represents the women's role in protesting the military regime.

"To use something that is so delicate and caring as a political tool that became an effective political tool and an object of care to speak to power is amazing," Mercedes said.

The installation includes a musical component as well, where Mercedes is singing the women's protest songs.

"It's very delicate and very sweet but also very haunting," Mercedes said. "It's a very female way of protesting and it's an expression of soft power but very effective soft power."

Walking into the exhibition, the music and lights are apparent but the staged studio introduces the collec-

tion of photos, her equipment, a variety of books, pictures, poems and more. The studio portion highlights her practice of archiving and artistry, while also setting up the historical context for the exhibit.

"Every time I normally show work, I set up a fake studio," Mercedes said. "It puts a little context into my practice and also the intensity and the darkness of the history that I work with."

Purposely located in the back of the room, Mercedes' studio is meant to be encounter with history and context, but not absolutely imperative to connect with the work.

"As you come into the back space, there's an entire studio here and it's up to you if you want to read things

and look at images if you do than you'll understand the context of the work and if you don't that's your prerogative," Mercedes said. "It's your decision if you want to stop and look into the eyes of history or not."

Aside from emotionally connecting to art, Mercedes underscored the importance of historical remembrance and the idea that the fight is never over.

"I truly believe that even though it didn't happen to my generation, the fight will always be continued no matter how long ago or how recently it happened," Mercedes said.

Through her trips to Argentina, Mercedes has seen how trauma still greatly affects individuals today.

"Because it wasn't a war and it was

a genocide where bodies were never found its incredibly difficult for the country to reconcile the past and the family member's experience," Mercedes said. "It's difficult to talk about because people don't talk about it."

After talking with a citizen whose brother disappeared during the regime, she interviewed him for her oral archives and wanted to meet with him in person.

"He looked at me, and said in Spanish, 'thank you, thank you so much for caring, I had no idea the younger generation cared,' and that's why I do what I do," Mercedes said. "There's no better reason for me to do what I do." ■





“History must be a chain of unions,  
stronger than frustration, than war, and  
even death.”

“One of the reasons why disappearances were so traumatic is  
there was never a body. Because there was never a body, there is  
this idea that you can never stop mourning and you can never  
forgive and you can never reconcile.” - Stephanie Mercedes



(Top) Part of Mercedes' exhibition includes a studio facing the corner, set up as a space to analyze photos. (Above) The images are backlit by illuminating lights. KRISTEN ZICCARELLI / THE CAPTAIN'S LOG

# Argentina's 'Dirty War'

KRISTEN ZICCARELLI  
KRISTEN.ZICCARELLI.17@CNU.EDU

Forty-three years ago, one of the deadliest periods in Argentine history began. Marked by death, disappearance and control of almost all sectors of society, the 'Dirty War' lasting from 1976 - 1983 resulted in the estimated deaths of 10,000 - 30,000 people under Argentina's military dictatorship.

Beginning with the military's successful coup and takeover of Jorge Rafael Videla's three-man military junta in March 1976, immediate political reforms radically diminished citizen's freedoms, eventually extending to severe infringement on their human rights. Videla brought state and municipal government under military control, enacted wide censorship, closed their national Congress and banned trade unions.

During Videla's right-wing regime, large-scale civil rights violations intended to suppress political dissidents, socialists or leftists and other minority groups. After thousands of Jewish refugees fled Germany during and after World War II, their communities were targeted in an effort to build a 'master race.' His regime used hidden detention camps to torture, jail and persecute those subversive to the government.

With a massive government cover up claiming their actions were a civil war against terrorist leftists, many Argentinian citizens are still unable to trace the disappearances of their relatives and friends. The junta referred to the entire campaign as the 'Process of National Reorganization,' and framed their repression as an

attempt to crackdown on terrorists.

Absent media coverage of the state terrorism left many vaguely aware of the tragedy (as so many people were disappearing) but silent in fear of retribution. Eventually, a group of women called the "Mothers of the Plaza de Mayo" troubled by their lost children and grandchildren initiated a form of protest through weekly Thursday afternoon vigils in the 'Plaza de Mayo.' With signs bearing the names of their abducted children and grandchildren, these women drew international attention and made a statement domestically.

Activist Adolfo Pérez Esquivel won the Nobel Peace Prize three years after his death for vocalizing his criticisms of the violence that occurred during Videla's regime. In 1977, Esquivel was arrested, tortured, and held without trial for 14 months. Although many of the human-rights violators under Videla's regime have been imprisoned for crimes against humanity and genocide, citizens are left to only speculate of the fates of their disappeared loved ones.

Weakened by their involvement in the Falklands war, the military junta remained in power until center-left political candidate Raul Alfonsín won the 1983 general election. Alfonsín ensured the prosecution of many of the military personnel and nine of the former junta members were placed on trial. Their return to democracy prompted a bilateral relationship between Argentina and the United States.

All information found in this historical article can be sourced to Britannica and the "Association for Diplomatic Studies and Training."■

## Falk Gallery Exhibition

January 28 - March 22

M-F 9 a.m. - 4:30 p.m.

Artist Reception: February 5  
4:30 p.m.



## Serving across borders, between breaks

PLP students traveled over winter break to help kids in need in the Dominican Republic

**SPENCER EVANS**

SPENCER.EVANS.16@CNU.EDU

Over the past winter break, while some of us were celebrating the holidays, a group of 17 CNU students of the President's Leadership Program traveled to the Dominican Republic to engage in community service through Outreach 360.

Outreach 360 is a program that organizes international service trips and helps local areas with education.

The goal is to survey and enhance the experience while getting kids excited for learning. They accomplish this through after school programs that help students learn English and math skills that are used in education programs.

The work towards CNU's trip began back in April 2018, when students started planning through the trip.

The students were led by Kerri Musick, Coordinator of Experiential Learning and Juliann Kasza, Coordinator for Leadership Development.

"There is a lot of behind the curtain planning that goes into these events," Musick said. She and Kasza visited multiple sites to ensure that the area was suitable that the service program was genuine.

After the site visit and some research on the program, Musick and Kasza had to start gauging interest and finding students to go. They held interest

meetings before the spring semester ended in 2018.

Student selections happened within the first two weeks of school with a total of 17 students being chosen. After flights were booked, paperwork was completed and everything else was in order, the students fundraised until it was time to embark on the trip.

They left the United States on Dec. 29 and arrived at their destination, the city of Montecristi, the next day.

Their work began on Tuesday. The main goal of the program is to excite kids about learning math and English. In the afternoons, they prepared children for spelling bees and math competitions.

Students got to have their own fun on the trip as well, taking excursions to places such as a banana plantation known as a betay. While they were there, the group entertained and played with local kids.

On Friday, the group traveled to the Haitian border at Dabajó, which opens once a week for trade. When Saturday came, the students got up at 4 a.m. to travel back to the United States.

Going to a foreign country can be a shock to some. Musick had gone on this specific trip before and prepared the group throughout the time that they had before they even left to what they were going to see.

"Honestly, [no one was] was shook to the core," she said. "I told them to keep an open mind to their

surroundings and to the people, who were very hospitable. There are stray dogs in the streets, cows everywhere, no streetlights, and a lot of motorbikes. We would see families of four on motorbike driving down the road."

As well as helping those in need, students also got to experience and be immersed in another culture. Musick and Kasza saw them open up and end up more inquisitive and curious about their surroundings and the people that live there.

The students alone served a total amount of 680 hours, and with the contributions of the coordinators, community service was 760 hours total.

The coordinators do plan on continuing this program in the future. The trip was a complete success and helped a lot of students and the organization, which only has 3 full time employees for around 100 students. ■

**If you are interested on embarking on a service trip like this one, talk to Musick and Kasza on the third floor of the DSU in the PLP office.**



(Top) Nick Varcadipane, a freshman, and Tara Deck, a junior, pose with kids. (Below) Rebekah Dugan, a senior, assists with arts and crafts. **KERRI MUSICK/ PRESIDENT'S LEADERSHIP PROGRAM**

## Juicing Life Bar shakes up City Center

The Newport News health food scene has a new main squeeze

**ANNA DORL**

ANNA.DORL.17@CNU.EDU

If you're looking for somewhere to go for a post-workout treat, a place to meet with friends for a quick and healthy breakfast or if you need something quick on the way to your office in City Center, Juicing Life Bar is the perfect choice.

The establishment just opened in City Center about two months ago and has been blessing the Newport News community with a huge selection of flavorful and fruity drinks as well as other menu items ever since.

Juicing Life Bar offers all kinds of healthy choices, including fresh cold-pressed juice blends, smoothies, smoothie bowls, "liquid meals" that are full of protein, pre- and post-workout shakes, alkaline water and wellness shots.

Some of their most popular flavors include the Tropical Passion, and the Dr. Green juice.

I ordered the Tropical Passion smoothie, which blended the flavors of strawberry, orange, mango and

pineapple together into a pretty orange-pink color. It was smooth, tangy and sweet without being too sugary, and I didn't taste any added sugar.

The smoothies are blended on the counter right in front of you, so you can see the care that the workers put into making what you ordered.

Before they poured my drink out into a cup, they gave me a little sample of it so I could be sure it tasted good (spoiler alert: it was absolutely incredible).

The Tropical Passion was my breakfast that morning and it kept me feeling pretty full until lunchtime.

Juicing Life isn't your average smoothie joint where hidden added sugars often jack up the calorie count in what is supposed to be a healthy drink.

Health is the number one priority there and all of their ingredients are extremely fresh. You can taste the difference in everything that they offer.

Located in City Center between Aromas Coffeehouse and Salad Creations, Juicing Life is in perfect

proximity to office buildings, restaurants, hotels and other businesses such as hair salons and a movie theater. Juicing Life Bar will definitely receive a lot of different customers and will surge in popularity even more as time goes on.

The inside of the place has a vibe almost as vibrant as its drinks. The floor and tables are dark wood, which contrast with the red walls make the place bright and striking. A chalkboard wall behind the front counter where all the juices and other products available are written in different vibrant colors, so it's easy to read all of the different options.

Across from the front counter is a colorful accent wall where customers are encouraged to take pictures with their drinks and post them on social media to spread the word and drum up business.

I went early in the morning and they were not busy at all, which created a calm and relaxed environment.

Juicing Life also offers punch cards that promise patrons a free drink after five purchases and I'm sure I'll be

reaching this milestone soon.

I'm so excited to go back and try their acai bowl because I don't know of any places in Newport News that make them fresh to order.

Juicing Life Bar is a welcome addition to the community and I know that I for one will be definitely be coming back for more. ■

**Juicing Life Bar is located at 706 Town Center Drive Suite 102.**

**They are open from 7 a.m. to 9 p.m. Monday-Saturday and 9 a.m. to 6 p.m. on Sunday.**



The Tropical Passion smoothie is full of strawberry, mango, banana and orange.

**ANNA DORL/THE CAPTAIN'S LOG**



# A peek into Paris Fashion Week

Learn about all the latest styles from top brands and designers such as Dior, Louis Vuitton and Abloh at this year's Paris Fashion Week

**BRYCE HAIRSTON**

BRYCE.HAIRSTON.17@CNU.EDU

Continuing the long-standing tradition of showcasing haute couture collections from some of the biggest fashion houses, Paris week recently just ended. With so many shows happening simultaneously, it can be hard to keep track of them all, so I've narrowed down the list to some of the standout runway shows that either pushed the envelope in couture or got lost in the wind. Assuming you were here at school trying to pass preliminary math instead of perusing the high streets of Paris, I'm here to give you a little peek into Paris Fashion Week.

Starting the list of this year's Fashion Week 2019 collections is the Japanese streetwear brand, Undercover. For its fall/winter 2019 collection, the tenebrous brand, which mostly showcases monochrome pieces in black and darker tones, opted for a more colorful collection inspired by the classic psychological horror film "A Clockwork Orange."

Many pieces featured the main character Alex screen printed on an assortment of fall colored backgrounds including dark oranges, purples, and ash greens. The clothes showcased unnerving screenshots

from the movie of Alex screaming and having his eyes propped open. The models wore theatre masks and bowling hats with feathers in them, in direct reference to the film, with some of the models holding canes with a tennis balls at the end of them.

The soundtrack for the runway was eerie and menacing, which fit perfectly with the theme the brand was emulating. Although some of the pieces were a bit excessive with the massive screen prints plastered overall over some of the jackets and shirts, a lot of the more minimalistic pieces did the brand justice and reinforced the reason the brand became popular in the first place, which is for its minimalistic and dark take on classic silhouettes. One of the standout pieces for me would be the bright auburn corduroy jacket with a cream-colored wool lining; perfect for the fall and winter time.

Another big brand that has gotten some attention recently is Dior, specifically its Dior Homme line. This year's runway separated itself from every other runway by incorporating a moving walkway for its models to stand on, making it more of a stand-way. Only the walkway is lit while the sides of it are covered in complete darkness, making the models look like they're being propelled in the



Playboi Carti leads the way wearing a look from Virgil Abloh's new Louis Vuitton collection. COURTESY OF POLITICAL ANALYSIS SOUTH AFRICA



A model walks down the runway wearing Undercover's line for fall 2019 featuring iconic accessories and screen printed pictures of scenes from "A Clockwork Orange." COURTESY OF VOGUE

air. The runway is supported by an infectious funky backtrack that plays throughout the entire show; the hardest part of being one of the models had to have been keeping a straight face and not at least head bobbing to the beat. Directed by Kim Jones, having come off of his recent KAWS collaboration, this new collection seems like a direct departure from his last. Instead of incorporating as many vibrant colors and opaque silhouettes, namely his Dior Converse look-alikes, this season he focused more on consistency. Most of his clothing ranges in neutral browns and beiges and features work clothes, trench coats, aged-leather jackets and reflective jackets. The show as a whole was a joy to watch and fans of Dior will be pleased to see that Kim Jones is steering the brand into a good direction. Seeing how successful the last Dior collection was, it's safe to say that this one will be no exception.

Unfortunately, with a number of good runways, there were a number of lazy and uninspiring ones. And unfortunately, as much as I personally like Virgil Abloh's works in the past, this year was not his year. Having hosted two shows this year, one at Louis Vuitton and another at Off-White, he undoubtedly had a lot of work to do and manage keeping up with two brands, but perhaps he would best spend his time harnessing his craft one brand at a time. Starting with Louis Vuitton, the runway paid homage to the late Michael Jackson being based upon his "Billie Jean" music video.

There was a live band playing jazz music with musical artist, Devonte Hynes (Blood Orange) playing lead

guitar. Speaking of notable figures, sitting front row in the audience was Naomi Campbell, Takashi Murakami, Offset from the Migos and Latin artist J. Balvin, to name a few. Even rap artist Sheck Wes modeled during the show.

Although the show was well put together, the concept of a hustling and bustling New York was creative, and select items caught my eye (namely the reflective speedy duffle bag) the overall collection was lackluster. Louis Vuitton makes no attempt to break the mold of oversized clothing, except this time around they unironically make everything even bigger. The silver-grey puffer Louis Vuitton stood out to me as horrendously egregious and tacky. The Michael Jackson t-shirt was horribly plain, and a lot of the silhouettes were hilariously too big for even the models to pull off. However, in-between all of the confusion and gaudiness, one item that struck my eye was a double-pocket stiff jacket with the classic monogram logo adorned over the entire piece.

Unlike the previous Louis Vuitton collection where I saw a lot of potential from Abloh in how he would revitalize the brand, this is not what I envisioned the future of Louis Vuitton to be.

Regarding his own brand, "Off-White," Virgil Abloh takes another swing and ends up missing the mark on both of his collections. However, unlike the Louis Vuitton staging, the Off-White stage was a complete mess. Someone thought it would be a perfect idea to make the entire floor a green screen and halfway blind the viewer every 15 seconds with gifs of random clips which sometimes

blended into the clothes the models were wearing. Whether this was intentional or not does not take away from how jarring it was to watch.

The collection looks generally uninspired with mix matched flannel tops and boots that were "ripped" from previous Raf Simons collections. To Abloh's credit he finally started listening to people's complaints about the brand and stopped putting his classic arrows and stripes over ever single piece. This collection includes some minimalistic jackets and suits with almost no branding and includes very loud pieces carrying on the neon color trend from last year. Fans of the brand's iconic industrial web belt will be happy to hear that it will be returning albeit with a bolder graphic.

The trend of bulky sneakers shows no sign of slowing down as Off-White showcases distressed bulky sneakers that look as if they were dug up from the nearest trash heap right before the start of the show. The digitized crewneck and oversized neon green trousers that Playboi Carti wore onto the runway were horrid and mediocre at best. Both concepts have been done by other brands but in more innovative and interesting ways. Offset also made an appearance, but his inclusion in the show is negligible seeing as how halfway through his walk he seemed to have gotten off the designated path and forgot where he was going.

Although I'm generally happy to see a new collection by Abloh, I was very disappointed. I think it would help Abloh to re-focus his efforts with fewer collections and to not spread himself too thin seeing as how he still has Nike shoes releasing and an upcoming IKEA collaboration. ■



*The Jean Everitt Journalism Lecture Series*

# Literature & Democracy

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Wednesday, February 6, 2019  
3 p.m. | Gaines Theatre  
*Free and open to the public*

Literary education has always offended the values of American democracy. To say that Shakespeare is better than "The Apprentice" is to violate the egalitarian principle that places all tastes on the same level. What gives a professor the right to say a work he values is better than a work someone else values? When Fox News pundits rail against the elitism of literature professors, they exemplify a dynamic first analyzed in De Tocqueville's 1835 *Democracy in America*. Over the past 30 years, many professors have gradually given up on literary judgment. This talk will show that the practice of expert judgment violates dogmatic equality to achieve a higher form of equality.



**DR. MICHAEL W. CLUNE**

*Samuel B. and Virginia C.  
Professor of Humanities,  
Case Western Reserve University*

**MICHAEL W. CLUNE'S** work has appeared in such venues as *The Atlantic* and *Behavioral and Brain Sciences*. His most recent academic book is *Writing Against Time* (Stanford University Press, 2013), while *Gameline* (Farrar, Straus and Giroux, 2015) represents his latest creative offering.

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