

# THE CAPTAIN'S LOG

THE OFFICIAL STUDENT NEWSPAPER OF CHRISTOPHER NEWPORT UNIVERSITY

## University may reconsider alcohol-free policy

Student proposes committee to investigate effects on campus life

By Hugh Spain  
Editor in chief

In last Wednesday's SGA meeting, Vice President of Student Services, Michael Koontz, announced plans to form a committee to review the alcohol-free policy on campus.

"We're going to look into what other campuses are doing locally and nationally. I'm looking at what this university has now that is different from when this (alcohol-free) policy was formed," said Koontz.

Although no official details have been released, Koontz has met with Dean of Students, Maury O'Connell, and President Tribble. If approved, O'Connell and Koontz would co-chair the committee in charge of appointing members.

The primary focus for the committee would be to assess changes that have occurred at CNU in the past three years and how alcohol could have a positive influence on campus life.

"We now have Discovery,

The Freeman Center, Captains Restaurant and football is coming. We are a more traditional campus now," said Koontz.

The campus went alcohol-free in the fall of 1998. Tribble and O'Connell were members of a committee that reviewed recommendations from the Attorney General's Task Force on Drinking by College Students. Nearly all campuses across Virginia had already banned alcohol sales.

According to SGA president Jonathan Janis, state funding played a major role in the decision.

"The governor proposed a mandate four years ago that if you wanted to get more funding, you better be dry," said Janis. "Nothing's been effectively communicated to why we don't have alcohol on this campus."

Janis points out that while CNU students are prohibited from having alcoholic beverages on campus, the administration often caters events where alcohol is served.

"Many students have come



Could this scene be returning to campus life? In this 1968 photo, students enjoy alcoholic beverages.

File photo from Trident 1968

to me with the concern that there is a double-standard. Its not so much the problem with alcohol, it's the problem with the students having the alcohol," said Janis. "If you're 21, you're a grown-up and should be treated like one."

If done responsibly, many students support the idea of alcohol sales on campus.

"I think it should be available in Discovery. It'd be nice if you could finish class, you're over 21,

you should be able to get a drink," said senior Michael Gamache. "I was here back when they sold it [alcohol] and it was pretty cool."

Sophomore Cary Brulsford transferred to CNU from a college where alcohol was allowed on campus and believes that the campus could actually be safer with alcohol, especially during social gatherings.

"Students are going to drink with or without the policy. At least

they would be drinking while on campus instead of driving here after drinking off campus somewhere," said Brulsford.

To ensure safety, Brulsford believes that wristbands with a limited amount of tabs would be a way to regulate alcohol consumption at functions.

A formal announcement by the administration is expected this week.

## Women's soccer coach accepts position at Penn State

Mitchell resigns after leading Captains to most successful season in history

By John Bailey  
Staff Writer

Melissa Mitchell doesn't hesitate when asked what her most memorable moment was as head coach for CNU's women's soccer team.

"The last North Carolina Wesleyan game, at Wesleyan, for the Dixie Conference championship," Mitchell said. "And in overtime," she adds quickly with a smile.

After beating N.C. Wesleyan 2-1, CNU advanced to the NCAA Tournament for the first time in the program's four-year history. For Mitchell, it was her biggest moment as a coach.

"I ran from the bench and jumped on the pile," she said. "It was a great moment for the team, and I was elated to see them go as far as they did."

In her first and only year as head coach, Mitchell's inspired work ethic pushed the Lady Captains to out-pace their opponents, posting their best season ever, 12-4-1.

Mitchell hopes to add this same kind of presence to the

Nittany Lions as the assistant coach for the Division I-A women's soccer team at Penn State University in State College, Pa.

She will assist new Penn State head coach Paula Wilkins, who was Mitchell's roommate and teammate at the University of Massachusetts.

"I'm sorry to see Melissa leave CNU," University Director of Athletics C.J. Woollum said. "She has done a wonderful job with our women's soccer program and took the program to a higher level last year. It took an incredible opportunity for her to leave us and our loss is their gain."

Members of the soccer team echo Woollum's sentiments.

"It's going to be weird not having her here," freshman midfielder Shelley Rusnak said. "But I'm really happy for her. This is a great chance at a new level of soccer."

This fall, Penn State advanced to their sixth consecutive NCAA Tournament appearance, a third straight "Elite Eight" appearance, and an unprecedented third consecutive Big Ten Champion-



ship.

"This is the highest Division I program I've been associated with," Mitchell said. "Penn State is a well established program, and they should have a very competitive season."

For Mitchell, working hard to excel in a competitive environment is exactly the attitude she brought to CNU's team.

From preseason conditioning to daily practices, every Lady Captain learned the importance of staying focused and staying fit, to

**After beating N.C. Wesleyan 2-1, CNU advanced to the NCAA Tournament for the first time in the program's four-year history. For Mitchell, it was her biggest moment as a coach.**

meet the physical demands of the sport.

"Those 5:30 a.m. wake-ups for practice aren't my favorite memory, but we love to brag about it to other teams," Rusnak said.

"Coach Mitchell got us working hard from the beginning and it was the best thing for our team. She helped us see our own potential and helped us tap it."

The Lady Captains benefited from Mitchell's more intense approach to game preparation. Ev-

ery member of the team was prepared to play a full game. By the end of the season, CNU out-shot their opponents at the goal 157 to 49 and scored 51 points versus 17 by their opponents.

"She got us in the best shape we've ever been in," senior midfielder Heather Vance said. "But she also taught us the importance of keeping our heads -up the entire game, not getting frustrated when we make mistakes."

Mitchell's biggest legacy, though, was her stress on staying disciplined and motivated from whistle to whistle.

"We plan on continuing to work hard like coach Mitchell taught us," Vance said.

"We have goals still, going all the way to the NCAA tournament next year."

However, the players are not the only ones that will be missing something with Mitchell's departure.

"I going to miss laughing with them on the buses," Mitchell said. "I'm also going to miss seeing them mature on and off the field."

## Exile Virginia proves successful in curbing illegal-gun violations

Gov. Jim Gilmore announced Tuesday, Feb. 6, that aggressive prosecution of illegal-gun cases by Commonwealth's Attorneys resulted in 111 convictions during Virginia Exile's first full year of operation in six localities.

Gov. Gilmore also announced that Suffolk, Portsmouth, and Chesterfield County have been awarded Virginia Exile grants, increasing the number of localities with intensified Virginia Exile programs to nine.

"These convictions put 111 gun-wielding felons in prison for at least five years," Gilmore said. "That's an 84 percent conviction rate, out of 132 cases tried in circuit court last year. These results reflect an extraordinary level of commitment on the part of our prosecutors to reduce gun-related violence in their communities."

Conviction rates by locality are available at [www.virginiaexile.com](http://www.virginiaexile.com).

"Virginia Exile's success has attracted wide attention, from other states, major cities, and in Congress, which approved a national Exile law based on our model," said Gilmore. "Thanks to this new approach to gun violence in Virginia, violent crime is

down and our communities are safer. I welcome the three new Virginia Exile localities, and look forward to even greater success next year."

Virginia Exile, the first statewide initiative of its kind, was part of Gov. Gilmore's anti-crime legislation approved by the 1999 General Assembly. Any community can prosecute Virginia Exile violations, but six localities won grants to set up intensified programs, which began in January 2000.

Virginia Exile carries bail restrictions and imposes a mandatory minimum sentence of five years in a Virginia prison for those who:

- Have a prior conviction for a violent felony and are convicted of possessing a firearm;

- Are convicted of possessing a firearm on school property with the intent to use it, or displaying it in a threatening manner;

- Are convicted of possessing a firearm and Schedule I or II drugs such as cocaine or heroin, or convicted of possessing more than a pound of marijuana with the intent to sell.

—Press release from the Office of the Governor

## Correction:

In issue 13, The Captain's Log mistakenly published sophomore Sherrelle Hill's cause of death as Toxic Shock Syndrome. In actuality, Hill died from Toxic Epidermal Necrolysis, a severe medication-induced skin reaction.

TEN is a rare condition affecting 0.4-1.3 cases per million per year, with a mortality rate of up to 40 percent. It is often brought on by adverse reactions to medication or bacterial and viral infections. According to [www.med.virginia.edu](http://www.med.virginia.edu), "these reactions generally begin with nonspecific

symptoms including high fever, cough, sore throat, and burning eyes, which are followed in one to three days by skin and mucous membrane lesions. A painful, burning rash rapidly spreads from the face and trunk to the extremities. In two to five days, or sometimes even hours, the lesions are maximally extended, and the epidermis is raised by flaccid blisters that spread upon pressure. In the most severe cases of TEN, close to 100 percent of the epidermis may slough off."

Seventy percent of the time, TEN is caused by reactions to medications, and

## SGA Corner

The constitution was not the priority of the Feb. 7 SGA meeting. The review was the 14th item on a packed agenda. The Senators did not begin to vote until an hour after the meeting began.

Only one full page was voted on. One section dealing with the E-board's power to make decisions while the general Senate is not in session failed. This sections, along with any others that do not pass, will be reviewed in special sessions to be held at 3 p.m. on Mondays beginning once the entire document has been voted on.

Senator Jeremy Eggleston motioned to adjourn the meeting and place the constitution at the top of next week's agenda because of the dwindling number of senators present. The motion passed, with some Senators angry about the Constitution's place on the agenda.

"We felt general business could not be ignored even though the constitution is very important," said SGA President Jonathan Janis. Janis promised the Constitution will be placed higher during the Feb. 14 meeting.

Homecoming festivities were high on the agenda again. Vice President of University Relations, Jamilia Benthall explained each of the events to the Senators, and asked volunteers to staff the homecoming court election tables. The times and places to vote for your favorite candidate will vary during the week so that all students have a chance to vote. If students have decided, they can meet the candidates at the ice cream social on Feb. 14 in the Student Center Breezeway from 12-3 p.m. The candidates will be serving the ice cream.

"This is a great opportunity for all candidates to meet students. I challenge any of the candidates to an ice cream eating contest," said SGA Chief Financial Officer and homecoming candidate, Steele Byrum.

Benthall also urged students to pick up their tickets for the homecoming basketball games as soon as possible, as there are a limited number of seats.

Katie Peterlin, the new executive officer of Campus Activities Board addressed the Senators. She said any student, full or part time, will be able to join the organization and their general meetings are Thursdays at 4 p.m. in SC212. She is excited about the challenge and already has events planned including an open mike night, from 9-11 p.m. on Thursday Feb. 15 at Discovery Café. Any student that attends the event and purchases something will receive a free large fountain drink.

"I'm really excited about getting CAB up and running," said Peterlin. "We really want students' input because we work for the students."

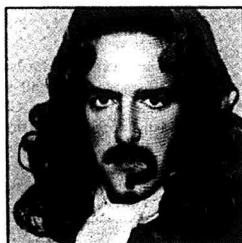
Two other constitutions passed, and two new organizations joined the SGA: Sigma Beta Delta, an honor society for business, management, and administration organized exclusively for charitable and educational purposes, and the Class of 2004.

—Ramona Hernandez, Staff Writer

over 100 different drugs have been associated with the ailment. The top three drugs associated with TEN reactions are carbamazepine, long-acting combinations of sulfadoxine and pyrimethamine, and cotrimoxazole. Special attention should be

paid to drugs taken one to three weeks before the skin reaction.

At this time, Hill's family does not know if her case was caused by medication or infection and they asked that students be made aware of this affliction.



## The Question Marquis

Ask the Question Marquis is a sporadically produced advice column, because proper loving takes time. It is to be read with a silly French accent. The views of the Question Marquis are his alone and are in no way to be construed as representative of his sponsor, Questia, you American pigs.

[www.questia.com](http://www.questia.com)

## Ask the Question Marquis

Q: Dear Question Marquis. My girlfriend seems distant lately. And I can't get her to take off her sunglasses. I wonder if she's seeing someone else. What should I say to her? — Paul in Dallas

A: Ah, mon ami. I think I can help you with this. Your female is probably feeling that you spend more time with the library than with her delicate, sensuous frame. (I am making the assumptions about her, but for your sake, I hope that I am right, you know?) But you are having many of the research papers, correct? So you have two options to send you on the path toward a satisfactory loving scenario.

Option 1. When you are writing the research papers, you can save time by going to [questia.com](http://questia.com). Listen, this is brand new. You can skip all of the tedious working, because the full text of the books and journal articles is all online. Search for the keywords, highlight the text. Also, you are not going to believe this, but if you want to quote something, you just click a button and Questia puts it in your paper, footnotes it, and formats the bibliography automatically. And right now you can get two days\* of Questia free. So try it. When your girlfriend sees how much better your papers become and how much more time you have for her, she will be looking at you with her naked eyes that seem to say, "Hallo. I like you. Much, much more than I like *pâté de fois gras*" or whatever it is these girls like now.

Option 2. You can challenge her to a duel.

Also, what are sunglasses?

*"It is the joke of an imbecile who longs to have my knowledge and looks. Challenge the pig to a duel."*

Q: Dear Question Marquis: My friend sent me this photo. I don't get it. Is it a joke, or is it some deeper commentary on the effect of technology on culture? — Cosmo in Grand Rapids

A: It is the joke of an imbecile who longs to have my knowledge and looks. Challenge the pig to a duel.

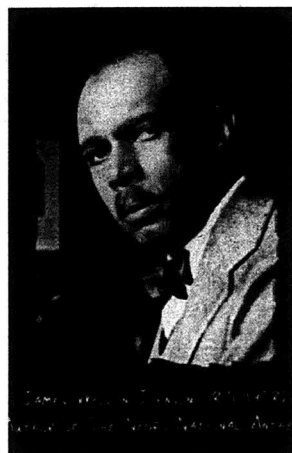
Q: Dear Question Marquis: How come you know about computers and dot.coms, but you've never heard of sunglasses? — Michelle in Boston

A: Oh, sunglasses. Of course I know sunglasses. I thought you said "St. Molasses." I am not familiar with that one. The patron saint of sorghum? What?

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# CAMPUS LIFE



## CNU celebrates Black History Month

Events include lectures and performances

By Terri Fleetwood  
Staff Writer

In the spirit of this year's theme, "Celebrating & Defining the African-American Community: Family, Politics, Church and Culture," a number of events, including lectures and musical performances, will take place in honor of Black History Month.

Alpha Kappa Alpha sorority will address families in their presentation of a forum on the prevalence of diabetes in the African American community on Feb. 20.

"Because diabetes is on the rise with the African American community, it's important that they know about it," said AKA

President Hermenia Cooper. According to the American Diabetes Association, 10 percent of all African Americans have diabetes, including one third who don't know it. African Americans are also more likely to develop serious complications of diabetes such as blindness and amputation, making education crucial for early detection and controlling the chronic and incurable disease.

The Office of Student Programs is focusing on culture. They are sponsoring musician Darrell Rose's performance of traditional African rhythms in the Discovery Cafe on Febr. 22.

Rose, who helped found the Afrikan Drum Festival series, has used the com-

plex art of African drumming to enlighten Americans on African culture for over 20 years.

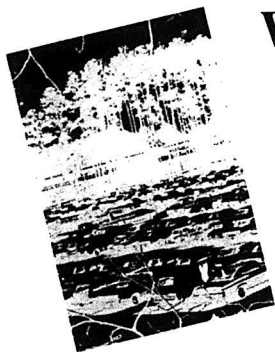
He is skilled on several traditional drums including the conga and samba. Currently, Rose is an artist-in-residence with the Virginia Commission for the Arts.

Church takes center stage Feb. 24 when CNU's gospel choir, Voices of Unity, performs in Anderson Auditorium. A discussion of the role of the black church is also on the program.

"It's a special time when we all get to learn about Black Americans and their accomplishments," said senior Theresa Beverly. "I hope to go to many of the events."

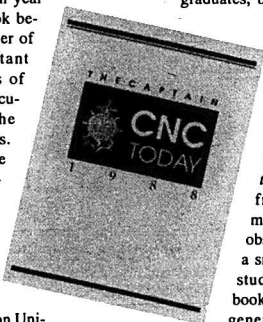
Historian Carter G. Woodson, a son of former Virginia slaves, founded "Negro History Week" in 1926 to educate black and white about African American history. February was chosen because the birthdays of Frederick Douglas and Abraham Lincoln occurred during that month.

In 1972 "Negro History Week" became "Black History Week" and in 1976 to coincide with the Bicentennial, it was expanded to a month long celebration called "National Afro-American History Month," more commonly known as "Black History Month," paying tribute to distinguished Black leaders, scholars, athletes, and entertainers.



By Kimberly Wright  
Staff Writer

Throughout high school, the best way to remember each year was to purchase a yearbook because it provided a reminder of the year's most important events, included pictures of friends and teachers, and documented the history of the school for future students. But high school students are not the only ones participating in this tradition. Colleges and universities often publish yearbooks or face books, like *The Bluestone* at James Madison University and *The Legend* at Old Dominion University.



## What happened to *The Captain*?

Lack of annual keepsake stems from lack of student interest

So why isn't CNU included among the growing list of colleges to publish an annual? As the campus continues to grow and change, are students losing out on an important keepsake by no longer having the option of purchasing a yearbook?

Formerly known as Christopher Newport College, our school was mostly for commuters and nontraditional students looking to continue their education while working full-time jobs and maintaining a family life. Through the years, however, we have grown to include a more diverse student body including recent high school graduates, both commuters and residents, who remember the excitement of getting a yearbook.

Due to these differences in the make-up of the student body, *The Captain*, CNU's yearbook from 1987 to 1991 met with a number of obstacles, ranging from a small staff to lack of student interest. Yearbook staff members were generally students who had applied and were hired

for their positions. Though the positions carried stipends, the turnout of interested students was small because of their other commitments.

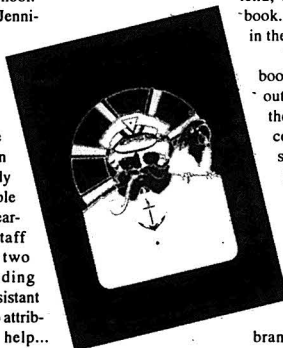
Equally small was the interest in purchasing a yearbook once the work had been completed. The annuals included pictures of CNC events, such as the Boxer-and-Button-Up Dance, and portraits of the graduating class, some years including short bios about each senior. Even with all this to increase its desirability, however, the book still cost more to publish than the profit it was bringing in to the school.

Professor Jennifer Dwyer, a CNC graduate and staff member of *The Captain*, agrees that the recent change in the student body favors a possible return of the yearbook. As a staff member for two years, including time as the Assistant Editor, she also attributes "lack of help... [and] low sales" to *The*



*Captain's* dis-solution. As more "younger students attend, they will miss having a yearbook... the students have more pride in the school now," Dwyer said.

The idea of reviving the yearbook has come and gone throughout the years, most often fades for the same reasons the publication ceased in 1991 — lack of solid student commitment and interest. But as the face of CNU shifts toward a more traditional university atmosphere, with a higher percentage of younger, resident students, CNU may join the ranks of universities and colleges nationwide that publish the annual remembrances these students are accustomed to having.





Adam Maurer is a freshman this year, and he hopes to major in Communications so that he can get a job with a Christian radio station. He is representing Campus Activity Board and is a proud member of CNU Tonight.

Tracy Persike, senior, is a Communications major, with a minor in Leadership, and will graduate in May, hopefully to go on to get my Master's in Counseling. I am an original member of the comedy show and am representing CNU Tonight.



Joel Mungo is a senior majoring in History. He is representing the Phi Alpha Theta fraternity and is a member of the International History Honor Society. Mungo aspires to become a college professor.



Editor's Note: The other 20 homecoming candidates appeared in the previous issue of The Captain's Log.

## Homecoming Voting Schedule

**Monday, Feb. 12**  
Breezeway, 12-3 p.m.  
Ferguson, 4-6 p.m.  
JRH, 6-8 p.m.

**Thursday, Feb. 15**  
Breezeway, 10 a.m.-3 p.m.  
Ferguson, 6-8:30 p.m.

**Tuesday, Feb. 13**  
Breezeway, 10 a.m.-3 p.m.  
Freeman, 5-8 p.m.

**Friday, Feb. 16**  
Breezeway, 10 a.m.-4 p.m.

**Wednesday, Feb. 14**  
Breezeway, 12-3 p.m.  
Santoro Hall, 6-8 p.m.

**Voting booths will be setup in the above locations. In order to vote, students will need to show their student ID's.**

## Scandal at military academy highlights drug-testing concerns

By Judith Graham  
Chicago Tribune

DENVER — A major drug scandal at the U.S. Air Force Academy is highlighting concern that cadets are using illegal substances such as Ecstasy that are difficult to detect in standard drug tests. The scandal has prompted talk of a congressional investigation.

The probe entered a new phase over the past week, as one cadet, senior Stephen Pouncey, 22, was court-martialed Jan. 31 and sentenced to 42 months in military prison in Leavenworth, Kan., for using and distributing drugs such as Ecstasy and LSD. Sophomore Cadet Barton Duvall has been charged with taking LSD and could be court-martialed. He faces up to 5 years in prison.

A third cadet resigned under pressure last month, and 11 others are under investigation in the drug scandal, the largest ever at the academy. Nine other cadets have been put on probation for knowing about students' misbehavior but not telling authorities.

The scandal is "a big black eye for the academy," which trains future Air Force officers and fighter pilots on the outskirts of Colorado Springs, said Sarah Sheldon, spokeswoman for Rep. Joel Hefley (R-Colo.).

"We are deeply disturbed," said academy spokesman Neil Talbott. "Our cadets know their actions have consequences. And because of the responsibilities we trust them with, we hold them to a higher standard."

Faced with criticism from Hefley concerning its drug testing policies, academy officials have promised to step up random tests and commander-ordered tests, especially on weekends and holidays when senior cadets tend to leave the campus, Talbott said. Officials are also working to develop more sensitive tests.

Last year, the school conducted urinalysis scans on about 2,600 of its 4,100 cadets. The current investigation began in October after a drug test turned up a positive result.

The scandal underscores the dangers that drugs such as Ecstasy pose to military academies' efforts to combat drug use. Five of the 14 cadets being investigated are be-

lieved to have used Ecstasy, according to a mid-January briefing by academy Vice Supt. Brian Binn. Other drugs reportedly involved include marijuana, LSD and Blue Nitro, a sleep aid and muscle builder also known as Verve and Midnight Blue.

Since Ecstasy is flushed out of a person's system in less than a day, much more rapidly than other illegal drugs, it is harder to discover with episodic testing.

"Clearly, there's a changing dynamic out there with new drugs like Ecstasy that are not detectable by traditional drug testing policies," said Sean Conway, press secretary for Sen. Wayne Allard (R-Colo.), who sits on the Armed Services Committee. The potential for abuse that escapes notice "is not just an Air Force Academy problem — it's a problem for all the military academies and for the military servicewide," Conway said.

Underscoring Allard's concern, a separate, unrelated investigation by the Air Force in Colorado Springs is probing the alleged use of Ecstasy, LSD and marijuana by 15 enlisted personnel at Peterson Air Force Base and Cheyenne Mountain Air Force Station.

Allard's spokesman said the senator is worried about the lack of a uniform drug testing policy at the nation's three military

academies — the U.S. Military Academy at West Point, N.Y., the U.S. Naval Academy at Annapolis, Md., and the Air Force Academy — and may ask Congress to look into the testing programs.

At the Air Force Academy, 35 cadets initially were investigated. Twelve were exonerated; nine were found to have concealed information, and 14 became the main targets of the probe, which has been conducted by academy security staff and the Air Force Office of Special Investigations.

At his Jan. 31 court-martial hearing, Pouncey said another cadet introduced him to Ecstasy last May. In October, he said he tried LSD and cocaine at clubs in Denver. After a commander requested a urinalysis test on Oct. 16 and Pouncey's results turned up positive, the cadet began cooperating with investigators.

Drug problems crop up at all three service academies on an intermittent basis. But in addition to the unfolding scandal at the Air Force Academy, West Point in December began investigating four cadets who were discovered to have taken a drug known as ketamine or "Special K," used primarily as an anesthetic for large animals. Like Ecstasy, it is difficult to detect, said West Point spokesman James Whaley.

## Nine universities pledge equal treatment for female faculty

Fields of science and engineering emphasized

By Billy O'Keefe  
TMS Campus

Think of it as a new incarnation of Superfriends, only with less brawn and more brains.

Nine universities, including several Ivy League schools, have joined forces in hopes of bridging the gender equality gap that has kept female faculty members from receiving pay, treatment and representation equal to their male counterparts.

The announcement comes after a conference, held last month at the Massachusetts Institute of Technology, involving officials from Yale, Princeton, Stanford and Harvard universities; the universities of Pennsylvania, California-Berkeley and Michigan; and California Institute of Tech-

nology, as well as MIT.

Representatives of each school signed a pledge in support of equal representation for women, particularly in the fields of science and engineering.

"Institutions of higher education have an obligation, both for themselves and for the nation, to fully develop and utilize all the creative talent available," read a statement from the conference, held late last month, in which the representatives stated that for female faculty, "barriers still exist."

Leaders at the conference touched on three basic goals for its plan: a faculty as diverse as its student body; full representation and equality for female faculty, and a system which does not look down on faculty with obligations to children and family.

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# ARTS & ENTERTAINMENT

## CNU Tonight brings laughter into Gaines theatre



Last Thursday night students, parents and guests gathered for another installment of CNU Tonight. This marked the first time that the show was conducted without the presence of co-founder Josh Mahler, who is involved in an internship in New York with "The Late Show with David Letterman."

Guest musical group for the

evening, Fat Elvis, a young local band, added an extra splash of entertainment with originally written songs and adaptations of artists such as the Dave Matthews' Band and Pink Floyd. Lead singer Corrigan Threlkeld (above right) encouraged audience member to "come on up and dance" in the front of the theatre during performances.

## Hampton Roads Concert Calendar

- 02/12/01 Missing Joe, Chicho's Pizza Express; Virginia Beach, VA
- 02/13/01 "SnoCore Rock Tour" featuring Fear Factory/ Union Underground/ Kittie/ Slaves on Dope/ Boy Hits Car, The Boathouse; Norfolk, VA
- 02/13/01 Northstar/ Postage Due/ Clockin' Neemin, Cogan's; Norfolk, VA
- 02/14/01 Lucky Town/ Weekend Excursion, The NorVa; Norfolk, VA
- 02/15/01 Seamus Kennedy, The White Horse; Virginia Beach, VA
- 02/16/01 Rene Marie (formerly Rene Croan), Chrysler Museum; Norfolk, VA
- 02/16/01 Jam Pain Society, Taj Mahal; Norfolk, VA
- 02/16/01 Less Than Jake/ Anti-Flag/ New Found Glory/ Teen Idols, The Boathouse; Norfolk, VA
- 02/17/01 Everlast/ Aaron Carter/ Dexter Freebish/ Tik N' Tak, The NorVa; Norfolk, VA
- 02/18/01 Crowbar, Taj Mahal; Norfolk, VA
- 02/19/01 "SnoCore Icicle Ball Tour" featuring Colonel Les Claypool's Fearless Flying Frog Brigade/ Drums & Tuba/ Galatic, The Boathouse; Norfolk, VA
- 02/20/01 Downset/ Relative Ash/ Factory 81, The NorVa; Norfolk, VA
- 02/22/01 Virginia Coalition, Christopher Newport University; Newport News, VA
- 02/23/01 The Ordinary Way, Jewish Mother; Virginia Beach, VA
- 02/24/01 Rights Of Humanity, DJ's Platterhouse; Newport News, VA
- 02/25/01 A Perfect Circle/ Snake River Conspiracy, The NorVa; Norfolk, VA
- 02/27/01 Eddy "The Chief" Clearwater, Goodfella's; Hampton, VA
- 02/28/01 Cooter/ Dynamite Boy, Taj Mahal; Norfolk, VA
- 03/01/01 Jennifer Knapp, The NorVa; Norfolk, VA
- 03/02/01 Outkast/ Ludacris/ Xzibit, Hampton Coliseum; Hampton, VA
- 03/02/01 Australian Pink Floyd Show, The NorVa; Norfolk, VA
- 03/02/01 Kasey Chambers/ Robert Earl Keen, The Boathouse; Norfolk, VA
- 03/03/01 Rights Of Humanity, DJ's Platterhouse; Newport News, VA
- 03/03/01 October 31, Taj Mahal; Norfolk, VA
- 03/03/01 3 Doors Down/ Oleander/ Shades Apart, The Boathouse; Norfolk, VA
- 03/05/01 Agents Of Good Roots, Jewish Mother; Virginia Beach, VA

Information compiled by Tom Geary, Staff Writer



## Delectable Dining: Campus cuisine smart and savory

By James Anderson  
Contributing Writer

Well friends, this is the first in a (hopefully) long series on eating. Food is, as you may have noticed, as integral to the life of a college student as sleeping late on weekends. The purpose of this series is to explore the various eateries on and around campus, as well as to entertain you all with some of the most interesting developments in food fun. Since we all have to eat, let's eat well.

### Harbor Lights.

The name strikes fear into the hearts of many students. But why are we afraid of the best way to eat on campus?

Meals at Harbor Lights are satisfying to the appetite and usually to the palate. If you don't like the main spread, you can usually opt for soup and a sandwich. The best time to hit the Harbor is as soon as the meal opens. Ever wonder why your mother was so upset when you were late for supper? Maybe she didn't realize it at the time, but chemical changes occur in your food as it cools. Protein and carbohydrate molecules both assemble and break apart as temperatures change. Maybe that's why

pizza is so satisfying as a cold breakfast, while so many other foods just aren't good unless they're piping hot. But, more on food science later.

I'll agree, sometimes a meal at the Harbor isn't tasty, but the occasions this happens aren't the fault of the hard working staff. Providing a nutritionally balanced meal in large quantities is a tremendous challenge. To provide food for so many, food has to be bought in huge quantities, allowing few chances for improvisation and creativity, and the need to provide the best meals every day allows little room for failed experiments.

Compare Harbor Light's meals to those of any hospital or summer camp and you'll understand the amazing job this restaurant does. The establishment is clean, bright and the service is great. Value is an important factor for college students to consider as well. What meal tastes better than a meal that has already been paid for.

In France, Capital of Gastronomic Science, the Burgundy Star is used to rate restaurants on atmosphere, service, and quality on a scale of zero to five stars, five being the very best. Personally, I'll give Harbor Lights three and a half.

# Court yearbook ruling a landmark victory for college students

By Billy O'Keefe  
TMS Campus

Should free-speech restrictions applicable to high school students apply to college students as well? The Society for Professional Journalists doesn't think so. And now, neither does the U.S. Sixth Circuit Court of Appeals in Cincinnati.

The court ruled on Friday that officials at Kentucky State University were out of line in confiscating and censoring some 2,000 copies of the 1993-94 edition of the Thorobred, the school's student-produced yearbook. Officials at KSU confiscated the book in 1994 after expressing concerns about the quality of the book, as well as its purple color scheme, which officials said was not representative of the school's colors.

Yearbook editors Capri Coffey and Charles Kincaid then sued the university, arguing that the university's actions were unconstitutional.

In 1997, U.S. District Judge Joseph Hood, citing a U.S. Supreme Court ruling on a similar case involving high school students, ruled in favor of the university. Hood

pointed to Hazlewood School District v. Kuhlmeier, a case that granted high school officials the right to censor student publications that do not fall in accordance with the school's educational philosophy.

The decision to apply a high school law to a college publication outraged students around the country, who saw the decision as a threat to what they felt were basic rights. "It is ludicrous to assume that a 13-year-old is similar in judgment to a 22-year-old college senior," read an editorial that appeared in the Student, Miami of Ohio's student newspaper.

"Moreover, virtually all college students are adults who enjoy inherent rights and responsibilities. Hood has implied that college adults are no more capable than are juveniles."

Lawyers for the students, with funding from the SPJ, sought last year to reverse the decision. They argued that, contrary to the district court's opinion, Kentucky State's status as a public university makes it a public forum, and that students as result are not subject to the same standards of censorship as their high school counterparts. In his ruling, Judge R. Guy

Cole concurred.

"Given KSU's stated policy and practice with regard to the yearbook, the nature of the yearbook and its compatibility with expressive activity, and the university context in which the yearbook is published, there can be no question that The Thorobred is a journal of expression and communication in the public forum sense," read the decision.

"The university's confiscation of this journal of expression was arbitrary and unreasonable. As such, it violated Kincaid's and Coffey's First Amendment rights." SPJ president Ray Marciano called the ruling "a major victory for those who fight for free speech and against censorship attempts."

"The court has sent a very strong message to all those who would even consider prohibiting publication of materials simply because they don't like them," Marciano said. "The Sixth Circuit wisely saw through Kentucky State officials' disgraceful efforts to protect the university's public image even at the expense of students' First Amendment rights," said Christine Tatum, chairwoman of SPJ's Legal Defense Fund.

"By hiding those books, the university has done more damage to its reputation than it would have by releasing them." Officials at the university could not be reached for comment.

When asked about the university's reaction to the decision, a KSU spokesperson declined comment.

## Microwave Recipe: Honey Glazed Chicken

For a culinary delight to all the senses, use green beans/salad and a roll as side dishes. That will complement with the texture, color, and shape.

To microwave vegetables, cover with water and microwave until desired texture. To have a hot roll, save an old hot pocket sheath and microwave the roll in it for a few minutes. Together the crispy vegetables, crusty roll with its soft center, will complement the juiciness of the chicken, as the green of the vegetables will balance the light golden color of the chicken and the tan color of the roll.

### Honey Glazed Microwave Chicken

4-deboned/ de-skin chicken breast.

1 tsp. curry powder

1 1/2 tsp. ground ginger

1/2 cup mustard

2 cup liquid honey

1/2 tsp. salt

1/2 cup (1stick) margarine or butter

Place margarine stick in a bowl. Cook until the margarine 1 min or until dissolved. Remove from microwave. Add curry powder, ginger, mustard, honey and salt. Stir until well blended. Place chicken in a dish or high rim plate cover with wax paper or plastic wrap. Pour sauce over the chicken. Cover and cook for 10-12 minutes on high. Remove from microwave and turn chicken pieces over. Cook again until tender about 4-5 minutes. Hint: When cooking chicken in the microwave place the meaty sides towards the edge of the dish to prevent the chicken from drying out.

-Recipe by Virginia Miller. Miller is a staff writer for The Captain's Log

## Last weeks R, R or AF results:

No one managed to get at least half of the names correct last week, so no one was eligible for the weekly drawing. Here are last weeks correct names:

Rockbands: Faldo's toy icon, Four nurses of the apocalypse, Florence of arabia, Cheats on me, Kick ass quick, All is lost, Just short of gods, Late to church

Racehorses: No excuse needed, Regular member, Delicious pride, Fruits of love, Romantic myth, Absolute obsession, Highland lad, Silk prima donna

Adult Films: Feel the fire, Captain organ, Crazy from the heat, Libido, Face dance obsession, Cameo appearance, Come under my spell, Man from deep river

## Rockband, Racehorse or Adult Film?

To play you have to identify whether the following titles are the name of a Rockband, a Racehorse, or an Adult Film. Simply write Rockband, Racehorse or Adult Film next to the names you believe the appropriate categories belong to. Then add your name and phone number to this form and, cut out this section and drop it in the "Tape-a-Quarter" Box located on the first floor of the Student Center. If you get more than half correct you will be entered into a random drawing for a sandwich of your choice from one of CNU's on campus restaurants.

Mystical midget mania	Milk for jane
Riviera	Fondled henry
Charming pearl	Coyote cutie
All wins	Bottom feeders
Hilly billy	Mr. boogedy
Phantasm juggernaut	Filthy habits
Radiant glow	Buy me something
Out of the woodwork	Consenting adults
Absolute obsession	American dream
Big and small	Spin the bottle
Secret paris	Les vampyres
Do it blue	Rocco invades poland

Name and Number \_\_\_\_\_

## "Sailing into the Future"

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# OPINIONS

## Valentine's Day survival guide for singles

Woo-Hoo! Valentine's Day. It waits around the corner ready to remind you of your lost loves, failed relationships, missed chances and all the other scenes which could easily fit into a Prozac commercial. A time of potential sadness, personal reflection and,

most of all, desperation. The power of loneliness is more hypnotizing than the drone of your 9am professors voice; the pathetic behavior patterns usually exhibited by the creepy guy that you have to sit beside in the very same 9am class simply becomes logical and routine for you. Well,

before you make any rash decisions that could make you eligible for some really fun and powerful, mind-altering medications and a stay in the "rubber ramada," read my list of don'ts. No need to worry about the do's. The only "do" that you should concentrate on is you doing a really smart thing and voting for me as Homecoming King, DUH!

**The V-Day Don'ts are as follows:**  
Put down the phone-

"I'll just call my ex..." It sounds tempting doesn't it? Please, for the love of whatever flavor of god you worship, DON'T. Read this next line outloud: "We broke up for a reason." Calling, for whatever stupid insignificant reason you supply for yourself—may seem like a good idea at the time, but it's not. Just remember, Custard had a good idea at the time too. Instead of giving your ex any more reasons to snicker about you with their friends, resist the urge to call and let your lost love fall by the wayside (along with all those other guys running for Homecoming King).

**Three's a crowd-**

No one wants to be a third wheel, or is it no one wants a third wheel around. Maybe it's, just give me a reason to run that damn third wheel over with my car. No one wants to have your sorry carcass along for the ride, especially on Valentine's Day. So for your sake and theirs, leave your coupled friends the hell alone. Even if they reluctantly invite you along (they're just having a "good idea" at the time, see above), politely decline and suck it up and deal with your self-loathing for the night. Instead, call some other unattached friends and make it a singles night, oh-boy! Scavenger hunt at the Wal-Mart!

Let it go-

Are you so afraid of being alone this Valentine's Day that you're grasping onto the remaining shreds of a doomed relationship with a deathgrip? If you're holding onto your insignificant significant

other just to have a warm body to cuddle (or whatever it is that you and your other do) and exchange gifts with, then you should probably go back to the Valentine's Day idea store for a refund. Instead of dragging it out, let it go. I guarantee you that you'll be able to find

someone out there with just as nice of a butt and even better social skills, unless you're already dating me..., which you aren't.

**Friends with benefits?-**

Those single friends of yours are looking mighty dag-gone attractive as Feb. 14 gets closer and closer. Are you genuinely attracted, or is it the possibility of another cold, lonely night that's making your lab partner seem like a supermodel? Who cares, go for it, oh, uh, I mean... before you hook up with a friend, you should probably make sure it's because you really like this person and not because blind folks turn to watch them as they go by in those very snug pants.

**Misery loves company-**

Don't try to deal with your loneliness on your own. That's what your friends Jack, Jim and Bud are for. Or if you would like to not wind up being Bubba's valentine in the slammer, call up the folks, they'll be surprised that you're not asking for money. Or go out to the movies with some friends, (not of the third wheel variety, see above.) Spending time alone can cause you to wallow and dwell on your problems. Wallowing and dwelling can have unattractive results. Especially if you wallow with Jack, Jim and Bud, who happen to provide some really unattractive results the morning after.

Well, have a Happy Valentine's Day, and a great Homecoming week. Above all, remember to vote for Cash Arehart for Homecoming King. As if you would even think of voting for anyone else...

-Cash Arehart is the Arts and Entertainment Editor for The Captain's Log

## Dealing with those who are left behind

Death never seems like a friendly thing. People tell their loved ones that those who passed on have simply moved on to a better place. They will be waiting until you can be together again. Of course, that's really nice to hear when you are not one of the "loved ones."

Take for example the three individuals who have moved on from the CNU family, Dr. Al Millar, Sherelle Hill, and most recently Toni Wynder. Their deaths have impacted this campus. Now, in my personal life, their deaths are impactin me as well, because, for the first time, I'm facing someone's death within my family.

My grandfather has dementia, a disease like Alzheimer's where the patient's brain begins to stop sending signals to the rest of the body. This past week doctors thought the brain was finally giving up on his lungs, so he was having trouble breathing. He pulled through, just like the man he was before this disease claimed him, with strength.

Although he's doing well, and my parents tell me everything will be fine, I'm still worried. Every time my telephone rings I stop and think, "Is this his nursing home telling me that he is not going to make it this time?" I'm having nightmares about my own parents' passing away, and me not being able to remember them, or failing them because I couldn't stop their deaths.

I guess when you are a spectator to someone else's death you lose control,

but I'm only 20, I shouldn't have to face this. None of us should.

Many of you feel this way, especially because our campus has faced three recent deaths. Dr. Millar's, while very sad, was almost a blessing because he didn't have to suffer any more. Now he can talk to Poe. But there's nothing I can say about Toni's or Sherelle's death to bring comfort; they were so young. It can be so frustrating.

When my grandparents lived in Alabama, they weren't a daily thought in my mind. But now they're constantly in my thoughts. I admit that before I found out he was sick, Dr. Millar was simply another

teacher I would have to face in the classroom. I'm sure I passed Toni and Sherelle on campus, but it never occurred to me to say hello.

I feel so guilty, as I'm sure many do when a loved one is dying. You look back with longing just wanting one more hug, or one more lecture. Just something more; because now is not enough.

I'm trying to brace myself, because I know his death is coming soon, no matter how many times he pulls through. But it's really hard watching the wife of 63 years watch her husband slip further away. How do you comfort a parent, a child, when you are suffering the loss as well?

I'm beginning to realize that instead of waiting until these people we love are gone, maybe we should tell them how great they are right now. All I ask is that you take a moment and realize that the people around you, the people you love and hate, are only here temporarily.

- Ramona Hernandez is a Staff Writer for The Captain's Log

**friends  
don't let friends  
drive drunk**



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where applicable.



Opinions continued...

## Letter to the editor

### Constitution should be main priority for SGA

I am writing in regards to the SGA meeting on 7 February 2001. Last week's Captain's Log contained an article regarding the ongoing constitution review for SGA. The article mentions a limited time to consider the new constitution. In order to expedite the process, debate on the floor was limited. Mr. Eggleston attempted to override that decision in the general session on 31 January 2001. Mr. Herrin and I offered friendly amendments to

Mr. Eggleston's motion to allow for some discussion of the new constitution, while addressing the Executive Board's concerns about the length of the approval and review. These amendments were offered with my understanding that the constitution would be addressed in its entirety at the February 7 meeting. The Captain's Log article supports this notion, saying, "Every comment [on the constitution] will be read at the Feb. 7 meeting."

What actually happened at the Feb. 7 meeting is a different matter altogether. The Executive Board created an agenda so large that the constitutional review was not addressed until nearly an hour after the meeting started, near the traditional end of the meeting. Only one of the nine pages was finished, and Mr. Eggleston motioned for

adjournment. Ms. Wenzel, as the chair, offered emphatic support of Mr. Eggleston's motion.

This is in stark contrast to the prevailing attitude at the last meeting, where expediency was the overriding concern. While I have received assurances to the contrary from members of the executive board, it appears that packing the agenda was an action in bad faith. With the importance attached to the constitution, the board could not find it within itself to postpone issues of lesser importance in order to complete the approval.

It is of the utmost importance that SGA delay routine business to finish this constitutional approval and review. Until the new constitution is in effect, the Senate is effectively in limbo. I urge the members of the Executive Board to use better judgment when formulating the agenda for meetings. Once this process is complete, business as usual can continue. Failure to finish this process soon would only serve to reinforce the notion that the Executive Board is acting in bad faith regarding the constitution.

Sean Bergeron  
Senator At-Large, SGA

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Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication. Corrections/Clarifications to *The Captain's Log* will be published in the issue following the error.

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## Collegiate consumption

### Dry campus deceptively safe

By Cami Wood  
Staff Writer

For eons, university and college administrators have been plagued with the perennial issue of whether or not to allow the consumption of alcoholic beverages on campus. And, as with any issue totting moral baggage, there are a million good reasons both for and against permitting the sales of alcohol on campus.

SGA Vice President of Student Services, Mike Koontz, recently resurrected the topic and, after nearly three years of being dry, CNU is being asked to consider re-evaluating its alcohol policy.

Surely students across campus rejoice at the notion of strolling into Discovery Café after a long day's worth of classes and imbibing in a nice, refreshing adult chilled beverage of their choosing — likely something pale and American, resembling beer only in the name on the bottle. And why wouldn't they skip gleefully at the thought? It's a fantastic idea.

But parents will squirm with the knowledge that their babies have access to the forbidden fruits called malt beverages; administrators will furrow their brows trying to regulate the ruckus that will inevitably follow the introduction of the world's oldest drink on campus.

Reasonably and responsibly done, however, a wet campus is bound to be a far safer environment for the campus and the surrounding community than a stringent anti-

alcohol policy wrapped around the necks of the student body.

That college students will drink is as sure as the thirty-page run-on sentence in a Faulkner novel. And with the birth of CNU football just around the corner, overly spirited students with an affinity for tailgating will come crawling out of the woodwork, their beer not-so-deftly disguised in multi-colored water bottles and rinsed-out pop cans.

Running to free themselves from the administration's far-reaching grasp, students will sprint to the nearest watering hole, flash a real or fake ID, ingest large quantities of the cheapest intoxicant, and proceed to drive back to campus, thus endangering their own and the lives of everyone unfortunate enough to be sharing the same road.

So, let 'em drink on campus. Slap an industrial strength, blaze orange, removable-only-with-the-jaws-of-life, wristband on the young'un's and let the beer flow. Serve it responsibly, train the people in charge of serving the public in responsible service of beverage alcohol, set a limit on how many drinks a person can purchase at a time, stop serving half-way through the game.

And by all means, make this university some more money — use it to get some current books in the library or a little more parking so the complaints cease.

But most importantly, trust the students and remember that the fun of taboos is lost when they're suddenly sanctioned.

# WANTED

## CHARLES PITTMAN

Alias

"Chuck-Wagon"

"CPHOTBOY"

"MSA President"

"Homecoming King 2001"



HE WAS LAST SEEN RUNNING FOR  
HOMECOMING KING. THERE WILL BE  
A SUBSTANTIAL \$REWARD\$ FOR ANY  
VOTES LEADING TO HIS "CAPTURE"

MSA OK'd

3/16

7/6



# SPORTS

## Four to be inducted into Hall of Fame



**Kerri Cobb:** Basketball; softball; CNU's first softball All-American; first team All-Conference pitcher; second team second baseman; Dixie Conference Player of the Year; first team All-Conference selection for pitcher and first base; All-Dixie Conference Tournament pick for 2 years.

By Tami Conner  
Contributing Writer

On Feb. 16, four new female athletes and coaches will be inducted into the CNU Hall of Fame. Former women's basketball coach Cathy Parson, basketball player Alice Streetman, basketball and softball player Kerri Cobb, and track star Vandisha Wilder will be inducted during halftime at the CNU women's basketball game against Greensboro. The four new Hall of Fame inductees will bring the total number to 22 members.

The inductees are selected by a committee based on their individual merit. Athletes must have been out of school for at least five years to be eligible. The qualifications for coaches differ slightly; they must have coached at CNU for a minimum of 10 years and left the university at least three years ago.

The Hall of Fame already holds people such as Karen Barefoot, the only basketball player to score 2000 points, and President

Cunningham, who is responsible for beginning CNU's athletic program and building Ratcliffe Gym.

"To be voted in by my peers was a great honor," CNU Hall of



**Vandisha Wilder:** Track; 21 All-American honors; earned four individual national championships and five national titles as part of relay teams; involved in three CNU team national championships.

Famer Chris Jones. "It was something I never expected." Jones is CNU's long time Athletic Trainer.

This year's ceremony will take place during halftime at the women's game. "Usually, the induction ceremony occurs during the halftime of the men's basketball game but since all the inductees are female we felt that it was more appropriate to perform the ceremony during the halftime at the women's game," said Director of Athletic Communications, Francis Tommasino.

All the former Hall of Fame inductees are invited back to present the new inductees with their plaques. Parson, Streetman, Cobb and Wilder will come on the court one-by-one accompanied by their family or guest while their accomplishments are announced. Their plaques on the Hall of Fame wall will be unveiled after the presentation.

Cathy Parson coached the

Lady Captains from 1988-98. During her time at CNU, she posted a 183-83 record. In 97-98, her team posted a 24-4 record, the best in school history.

"She did a tremendous job. It certainly was the best ten years we've ever had here," said Assistant Athletic Director for Athletic Communications, Wayne Block.

Alice Streetman played her entire career for Parson. Although she finished her career five years ago, she remains the leading scorer with 1,562 points. She averaged better than double figures her entire career, reaching a high of 19.9 during her junior year.

"The things she accomplished are really quite amazing," said



**Cathy Parson:** Lady Captains basketball coach for ten years; eight won or shared Dixie Conference season championships; three Dixie tournament titles; five NCAA Division III Tournament invitations; set school record with fifteen-game winning streak.

Block.

Kerri Cobb played basketball and softball, but earned most of her fame on the softball field. During her senior season, Cobb batted .441 with 37 RBIs and posted a 15-6 record as a pitcher with a 1.16 ERA and 142 strikeouts. For two years, she was the All-Dixie Conference Tournament pick. She was also Dixie Conference Player of

the Year and an All-Conference selection.

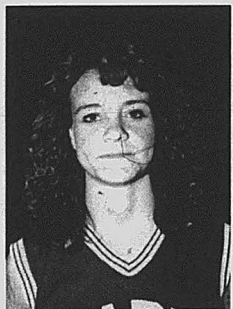
"I never coached her but I know her as a friend," said softball coach, Paul Weiss. "She was a strong player. She's a very strong person. She works very hard at everything she does."

Vandisha Wilder finished her track career in 1995. With 21 All-American honors, Wilder averaged five honors a year. Her total is second only to Hall of Famer Shelia Trice.

Wilder won her first championship in her sophomore season at the 1993 NCAA Indoor National Championships. In the following years, she added a pair of 200-meter crowns outdoors and a 100-meter title outdoors.

"That year she was the best in the country. She was a top notch sprinter and made many national championship teams," said track coach, Vince Brown.

Together, these inductees represent the caliber of athletes and coaches that have helped propel CNU to the top of the Conference.



**Alice Streetman:** Basketball; all-time leading scorer; Player of the Year sophomore year; First Team All-Dixie Conference choice three times; MVP of Dixie Tournament sophomore season; second for steals, seventh in blocked shots; 10th in assists.

## CNU takes seventh straight win

By Clyde Whitman  
Contributing Writer

For the second time this season, CNU defeated Shenandoah's Hornets by a large margin.

On Saturday at The Freeman Center, the Captains won 102-79 with the bench making a more than impressive contribution to the overall score. In their first meeting on Jan. 13, CNU defeated Shenandoah 96-62.

The Captains maintained a double digit lead throughout the first half and led 46-33 at halftime. Carlos Heard scored 16 points in the first half and finished with a game high 21.

"Carlos is on a roll," said Coach C.J. Woolum. "He is a tremendous player and he gets his teammates involved."

In the second half, the Captains extended their lead considerably and Woolum handed the game over to the bench. Key reserve Jermaine Woods contributed a career high 19 points and Nate Stearns added a career high 10, much to the delight of the fans.

In all, five Captains scored in double figures.

With about six minutes left in the game, fans began chanting for a favorite player. "We want Nate," they cheered, over and over again. One minute later, the fans got their wish and The Freeman Center exploded as Stearns took the court. The bench scored 38 points and never let the Hornets back in the game.

"It was a real plus to go to the bench," said Woolum. "I gave everyone a chance to play, and it was fun for the fans."

The win improved the Captain's record to 7-1 in the Dixie Conference, and an impressive 18-2 overall.

## Extra entertaining, not athletic



Mike Mullin

During a recent SGA meeting it was bought to my attention that people want to hear more about the XFL. Well, here in the sports department we are answerable to the campus voice. Who am I to not give the people what they want?

When I was a kid, one of my favorite video games was NBA Jam. I loved it because it wasn't like other basketball games. It was faster, more showy, and louder than anything else out there. The really big heads were cool too.

The XFL is the live-action football version of NBA Jam. The cheerleaders are spicier, the rules have changed for faster play, the cheerleaders are cuties, the com-

mentary is far more colorful, and the cheerleaders are just plain hot.

The cheerleaders. During high school I dated a few cheerleaders, and I made sure everyone I knew understood how difficult cheerleading actually is. Cheerleaders are athletes, plain and simple.

The "cheerleaders" in the XFL are anything but. Not that I'm complaining; after all, they have a cheer-cam focused on the women's best assets. They are veritable strippers. They're hot and they can dance, but they are not cheerleaders. Every cheerleader I have ever known has more dignity than this.

From the game's opening, it

was obvious that the rules changed from traditional American football. Instead of a coin toss, there was a huge freakin' run to the ball at the center of the field. And there's no fair catch! That is, bar none, the best rule adjustment made by Vince McMahon and his crew.

When I played football, the only thing I ever did well was special teams. During the first play of the first game of our freshman football team, a teammate and I broke the returner's leg in four places. I am a big advocate of on field violence in all its forms. Well, not really, but I sure do enjoy seeing the good hits that the rule changes in the XFL create.

But the real low point of the first game was the commentary. Jesse Ventura is a horrible color man. When NY/NJ Hiten quarterback Charles Puleri went down, he went down hard. You could see in his face that he suffered a serious concussion. Jesse Ventura's comments about Puleri not wanting to play and being capable of getting up were just plain tasteless.

The XFL has the potential to become an amazing adjunct to the NFL, but it needs to clean its act up in a few areas. And it really needs a video game.

-Mike Mullin is the sports editor for *The Captains Log*



# Pressure:

## Success breeds higher expectations

By Tom Geary  
Staff Writer

Now in his 17th season of coaching CNU's basketball program, Coach C.J. Woollum is arguably one of the most successful coaches in the country and his coaching record more than supports this claim. Woollum has led the Captains to a 335-135 record to date, including 13 NCAA appearances.

But Woollum has faced one consistent problem during his CNU career: he has been unable to lead the team past the Sweet 16. In four of their 13 NCAA appearances, the Captains reached the third round of the tournament but have remained unable to win one of these important matches.

"Now the universal knock on us is, 'They can't get farther than the Sweet 16.' It's been frustrating," Woollum said. "In all the years, there's been a year or two that, with a breakthrough, we could've gotten farther than the Sweet 16. It's pretty good to get to the Sweet 16, but certainly we want to get farther."

Early dismissal from the NCAA Tournament has plagued CNU for years now. Last season, the Captains lost to Catholic 65-64 in the second round. Losses to Randolph-Macon, Hope, and Methodist have also ousted the team prematurely from postseason play.

But with the arrival of The Freeman Center this season, Woollum seems to be under significantly more pressure to break the barrier and put the Captains into the Elite 8 or Final 4.

"Hampden-Sydney, who went a few years ago, never left their building until the Final Four. That's a big advantage," said Woollum. "If we can be in a situation where we can host everything and play the Sweet 16 and the next round of (the Elite) 8 here, then you're talking about never leaving the Freeman Center until we go to the Final

Four."

Woollum, as well as fans of the basketball program, would love to host a Sweet 16 or Elite 8 game in the Freeman Center. CNU has yet to lose a home game in the new facility. But CNU has yet to host a game beyond the second round.

Another factor that makes the 2000-2001 season special is that it is Antoine Sinclair's senior year. Sinclair has been one of CNU's most prolific players, picking up such honors as the 1999-2000 All-American second team and Dixie Tournament MVP.

"Certainly, we'd like to go farther in Antoine's senior year because he's meant so much to the program and he's such a special player," Woollum said. "But if we went on that basis we would have been deflated when Lamont Strothers finished and when James Boykins, Steve Artis, and Ted Berry

finished. We've had a lot of great players. They become seniors at one point, but that's the program."

"We've been fortunate that we've found a way to retool ourselves in the next year," he continued. "We lost five seniors last year. Everyone thought that this would be a little bit of a down year because Antoine was the only senior returning to

the program. But this group's found a way to get it done. So I don't think there is any more pressure with Antoine being a senior, I think it's more incentive."

Incentives like these have made CNU's chances of winning a national championship this season much better. Francis Tommasino, Director of Athletic Communications and veteran play-by-play sportscaster at CNU, agrees with this statement but also believes there is no pressure to advance past the Sweet 16.

"The opportunity this year with Antoine being a senior and possibly hosting in this building is great and I think a lot of good things could happen," said Tommasino.

"(Coach Woollum) has had 17 years of success here and he's proven that he knows what he's doing. So I don't think there would be any outside pressure, but I think he puts it on himself."

Woollum denies any such pressure, but does admit that the expectations have been raised after years of great play.

"I think the expectations are always high. We've set a pretty high standard," said Woollum. "I don't really go through it each day looking at it as pressure. That's our goal each year, to get into the NCAA Tournament and go as far as we can. I don't really consider it any added pressure, we kind of know that's out there all the time. But we can't get hung up on that."

CNU will be looking forward to the NCAA Tournament this year. Although they have a few regular season games left on the schedule, the Captains are currently ranked

#5 in the nation, #1 in the south by D3Hoops.com. Their 18-2 record has impressed everyone and can be compared to the 1997-1998 season, when CNU finished 26-2 and made the Sweet 16.

For now, Woollum is satisfied with the team. But there is still a long way to go if the Captains want to finish their plan for this season.

"Our goal is definitely to win a national championship," he said. "We're one of a handful of teams in the country with just two losses. And we've got a nice string going of successful years. It's a challenge to keep it going from year to year, but right now it's happening. We're going to enjoy the ride. We've got a lot more to accomplish this year and our focus is now on trying to finish the year strong. In the end, hopefully we'll be the Conference champion and be able to host several NCAA games."

## Captains' Spirit Check

### Big crowds, little enthusiasm



Seth Kline

On Saturday February 3, CNU's Freeman Center was packed almost to the rafters for the Dixie conference game against rival Shenandoah.

For the women's game, there were times when you could

hear the silence, as the fans seemed to be looking for reasons to cheer. When the men played, it seemed to start the same way until some fans in the padded seat section started calling for player Nate Stearns to be put into the game. When a guy with a sign stating this moved over to the wooden bleachers, the auditorium was soon thundering with shouts to put Stearns in the game. Once Coach Woollum did so, Stearns took over the game, scoring time and again to even more cheers.

It seems that the large gym has somehow quieted the fans. In the smaller Ratcliffe gym the fans were attuned to everything on the floor and would cheer players' every move. Now they seem somewhat more docile, unless someone makes a score or if there is an impetus to rile them up.

While the new stadium is a beautiful building worthy of any school and can pack in the fans unlike Ratcliffe ever could, a certain closeness between the fans and players has been lost, which unfortunately can't be felt in such a large building. In the words of the English author John Milton, this is

"Paradise Lost."

I wonder, has quantity replaced quality? Were the fans any different in Ratcliffe than they are in Freeman? I can't say, other than maybe they were used to being in a small space where they were drawn closer together. What has changed since we've moved to the new building? I don't know the answers.

Although there had been plans for years for a larger gym to be built at CNU, now that we have the larger gym, I have to ask, has it become so big it outshadows the fans' enthusiasm that was so prevalent in little Ratcliffe? Can the fans adjust and get just as riled up as before or has this become lost in the growth process? Only time will tell.

The Blue Wave Dancers drew much applause during the men's game, but their routine was exactly the same as they had performed earlier at women's game. Was the women's game supposed to be a dress rehearsal for the men's game? Shouldn't there be a different routine if they are going to perform for both games? It would seem only right, for there were fans who got up during the second half intermission when the Blue Waves returned performing the same identical number during the men's game.

Was something lost with the taking of Ratcliffe? Can it ever be regained in the newer, bigger gym, or was author Thomas Wolfe correct when he said, "You Can't Go Home Again"?

Seth Kline is a staff writer and columnist for The Captains Log

# Coaches need to give themselves a break

By Wendell Barnhouse  
TMS Campus

Coaches deal with 18- to 22-year-olds who frequently consider themselves invulnerable. And occasionally, this bulletproof attitude can be contagious.

Duke coach Mike Krzyzewski tried to ignore the warning signs of a bad back during the 1994-95 season and wound up with a case of exhaustion. Utah coach Rick Majerus failed to follow doctor's orders to rehabilitate his knee after surgery. That led to inactivity that led to weight gain that led to a heart scare that led to his sitting out most of this season.

Scott Thompson can relate. From 1987 to 1992, Thompson was 65-79 as the coach at Rice, after having been an assistant under Lute Olson at Iowa and Arizona. He led the Owls to back-to-back winning seasons for the first time in 20 years. From Rice he went to Wichita State, where, after four unsuccessful seasons, he left for Cornell in 1996.

Ivy League basketball can be taxing on coaches and players. The top priority is books, not hoops. Road trips usually involve four- to six-hour bus rides. In his first five seasons Cornell went 45-60.

In March 1999, Thompson underwent an annual physical that detected a tumor in his colon.

"I was saying, 'Hey, I don't have time for this. I've got to go to recruit, I've got to go to the Final Four,'" Thompson said.

Instead, he underwent surgery on March 23, 1999, to have part of his colon removed. The diagnosis: colon cancer. It has spread to his lymph nodes, so Thompson started six months of chemotherapy.

"I thought it was a private matter and I just didn't tell anybody, not even my children," Thompson said. "I didn't lose any hair, I just lost 25-to-30 pounds. I told people I had been working out and eating right."

"Nothing changed with my schedule. I had chem and did Midnight Madness. I had chem and would go recruiting. I had chem and would go fund raising."

Thompson ended his once-weekly treatments in November 1999. At that time,

he was a month into his fifth season as Cornell's coach. The Big Red wound up struggling to a 10-17 record.

"I got to January and February and I was so exhausted," Thompson said. "When the chem was over, I thought I would get back to normal and it was just going to be something in my past, something I got over. It was a challenging season and I had no energy. In the end, it took its toll."

After last season, Thompson went back for another checkup and there were indications that cancer had not been eradicated.

"I was concerned that my immune system was weak," Thompson said. "It was a wakeup call for me. I was concerned I was putting myself in danger."

That's when he decided that it was time for a break. At first, a six-month hiatus was discussed. In July, though, Thompson still

didn't feel healthy enough to coach. For his own good and for the program's good, Thompson decided it would be best to step away from coaching. Steve Donahue is now Cornell's coach.

Athletic director Andy Noel offered Thompson a position as special assistant for development in the athletic department.

"It was the idea to change course in my life and career," Thompson said. "It was a good time to make a clean break."

Who knows if I'll ever go back to coaching. My goal is to stay involved with athletics."

Thompson's doctors have given him a clean bill of health.

"I'm feeling great," Thompson, 46, said. "I had just not taken the time to take care of myself. You think you're healthy. I was lucky to have an annual physical and we caught it early."

Undeclared and with a 22-point first-half lead at Illinois, Seton Hall looked poised to fulfill promises and potential. The promise of last year's surprising Sweet 16 trip and the potential of a young, talented team headed by freshman star Eddie Griffin.

But the Pirates led the lead and the game at Illinois. Now, after losing three of their past four games, their record is 11-5.

And team unity was perhaps permanently ruined when Griffin punched sophomore

guard Ty Shine after the first of two losses to undefeated Georgetown.

In his fourth season at Seton Hall, coach Tommy Amaker faces a huge challenge for the rest of this season. Amaker said his team, 2-3 in the Big East Conference, faces its biggest test Sunday when it plays host to No. 8 Syracuse.

"This might be a crossroads for our team," Amaker said. "I don't want to put that kind of pressure on them, but there's a great team coming in here Sunday."

"I think any time you have some adversity, there's a grace period and a healing process that has to take place. I think we're involved in that right now."

Griffin, point guard Andre Barrett and forward Marcus Toney-El make up a heralded freshman class. Amaker's biggest challenge has been blending their skills with junior forward Darius Lane, sophomore cen-

ter Samuel Dalembert and Shine. A junior point guard, Shine was the hero of last year's second-round NCAA Tournament upset of Temple. But he's struggled to get playing time since Barrett arrived.

During a 78-66 loss at Georgetown on Jan. 6, Griffin became upset because he thought Shine wasn't passing him the ball enough.

In the locker room after the game, the 6-foot-9 Griffin punched the 6-foot Shine, opening a cut under Shine's right eye that required stitches.

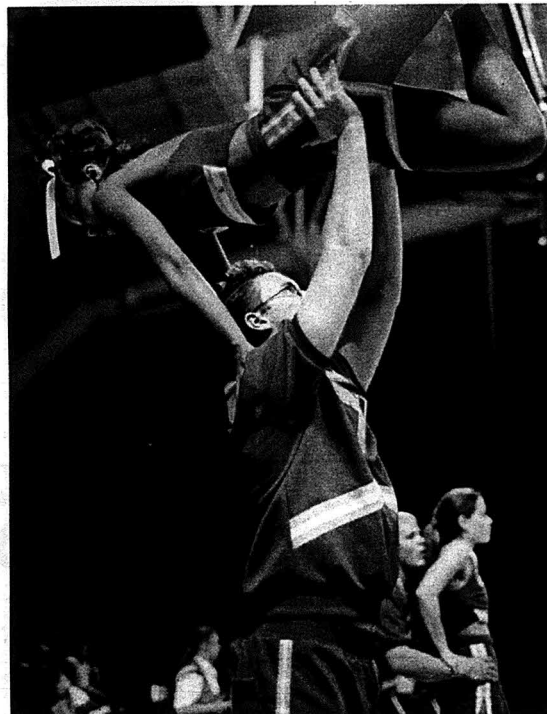
Shine said he considered quitting the team after the incident. Griffin, who was kicked out of high school his senior year because of a cafeteria fight, was asked if he had apologized to Shine.

"There is nothing to apologize for," Griffin said.

Best of luck, coach Amaker.

*"It was the idea to change course in my life and career,"*

*- Coach Scott Thompson,  
Ex Rice Basketball Coach*



Freshman Matt Rozzato hoists up a cheerleading squad-mate during the Men's Basketball game against N.C. Wesleyan.

All photos by Tom Stormer/ The Captain's Log



**Senior Salute**

**February 13-15  
Student Center Lounge**

Talk to Reps From: Registrar's Office - Career Services  
Graduate Studies - Alumni Society - Senior Gift Program

Purchase Your Cap & Gown - Order Your Class Ring - Order Commencement Announcements

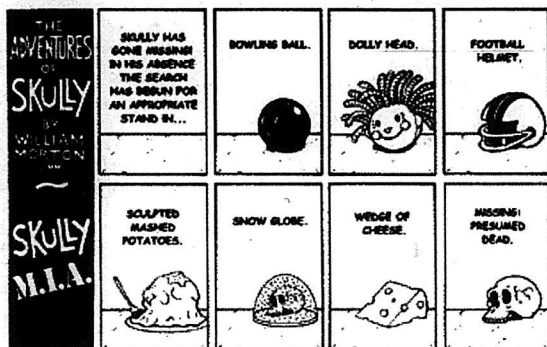
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## COMICS



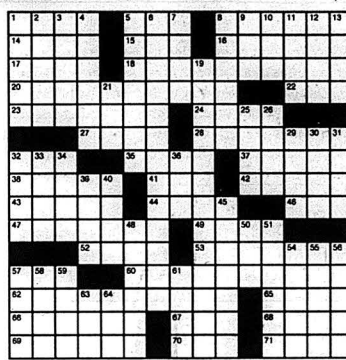
## DITHERED TWITS by Stan Waling



Puddles tips his hand.

## Crossword

ACROSS  
1 Location of Ndjamena  
5 "Born in the ..."  
8 Tool attachment  
14 Traditional tales  
15 Org. of Flames  
16 Thyroid treatment  
17 Resting on  
18 Franklin and Theodore  
20 Initial 'Y's, for example  
22 Building site  
23 Inactive medication  
24 Needle case  
27 Adolescent  
28 Hearing range  
32 Stately tree  
35 Star of "Edward Scissorhands"  
37 Accustom  
38 Dem or Ashley  
41 Actor Mineo  
42 Dutch painter  
43 Pittsburgh slugger Ralph  
44 Excursion  
46 Drunkard  
47 Methodological discipline  
48 Marx or Malone  
52 Links warning  
53 French stars  
57 A Gabor  
60 Acquisition  
62 Prix fixe  
65 Sicilian peak  
66 Playwright Eugene  
67 Avordupois unit  
68 "\_\_\_ Cheatin' Heart"  
69 Get cozy  
70 Make a choice  
71 Tizzy



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2/10/01

## Solutions



## CLASSIFIEDS

## Tape - A - Quarters

**Relationships and sexuality on campus.** CNU and MSA welcomes guest speaker Hasani Pettiford to CNU on Monday the 12th at 7 pm in Christopher's. Come join us!

**I hope you enjoy this Valentine's day beautiful.** You deserve every bit of happiness in the world!

-Tom

**C.P. - Fairy tales told me that Prince Charming would be tall, dark, and handsome.** 2 out of 3 isn't bad. Happy Valentine's Day.

-Yours, S.A.

**Congrats to Shannon Spanka on being Sister of The Month for January.** You did a great job!

-Gamma Phi Beta

**Beth:** How's the dirt in your garden? Tiff: Go for Big J! Jessica: Okayyyy! Bekah: What time is it - 2:00 or 3:00? Who knows. Good luck at Homecoming babe! Love you all, lots XO.

-Holly D

**Leslie dear,** you will always be my princess! Happy Valentine's Day! Much love,

-Mike

**Melissa,** your beauty is beyond me. How you wake up every day and outdo the sunrise, I will never understand. Thank you for being yourself.

Happy Valentine's Day!

-Nick

**Need help?** Interested in learning about Obsessive-Compulsive Disorder or Depression? Visit <http://users.cnu.edu/~nithomas/ocd.htm> for more information that can educate you.

-Nick Thomas

**The Office of Student Programs** would like to thank Pamela Todd, Shannon Humphrey, Robin Jones, Jawaun Wheaton, Elizabeth Schilling, Tomisha Adkisson, Nevre Butler, Candice Calhoun and Renarda Warren for their participation in the Martin Luther King, Jr. Day of Service.

-Alex Butterfield

**John,** will you be my valentine? I love you so much hunnie. I can't express to you how much I appreciate you in my life. You are like a shooting star to me; every time I see you it's like the first time. I love you with all of my heart and I am thankful I have you on Valentine's day Bubbie!

-Amy

**Tape-A-Quarter Classifieds** are for students, faculty, staff and members of the alumni society only. Simply write your ad and tape a quarter to it.

-Rates are 25 cents per ad.

-All ads are run in one issue only. For multiple runs call MS. CLASSIFIED (594-7196) for further information.

-Tape-A-Quarter Classifieds must be submitted on an official Tape-A-Quarter form. Forms can be obtained from The Captain's Log newspaper stands. Ads submitted on anything other than the official form WILL NOT be published.

-Included on the form must be your name, phone number and the date that ad was submitted. Failure to include such information will result in ad not being run.

-Tape-A-Quarters must be turned in to our office or left in our convenient drop-box located on the first floor of the Campus Center next to the Game Room or by mailing to: The Captain's Log, Classified Department, 1 University Place, Newport News, Virginia 23606.

-Tape-A-Quarter ads are published on a space available basis. Those ads which are not published because of space constraints will be published in the next issue.

official tape-a-quarter form

CAPTAIN'S LOG

tape  
quarter

name, phone number and today's date (required)

print message below. do not exceed six lines