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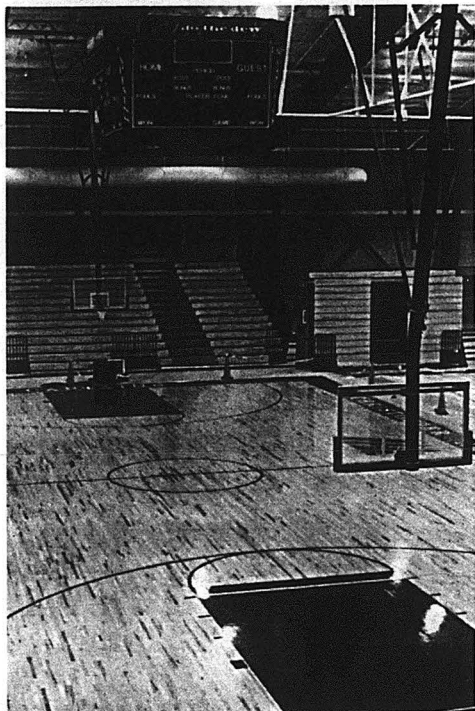
WWW.CNU.EDU/STUDLIFE/CAPTAINS

October 23, 2000

THE CAPTAIN'S LOG

Sports complex almost ready for unveiling

New Sports and Convocation Center on pace for official opening in November



View of the main basketball court from the President's balcony in the field house.

Photo by Tom Stormer/The Captain's Log

CNU's Sports and Convocation Center is on schedule to be in use by November. Students, faculty and staff can expect to find state of the art training equipment in the Fitness Pavillion. There will be nearly a dozen treadmills and weight lifting stations. To enhance the environment, the treadmills will be part of a cardio-theater system that will allow users to choose one of eight, 32-inch televisions to listen to with headphones from their workout station. The Pavillion also

See Sports ... p 4



New treadmills expected to be equipped with state-of-the-art theater sound systems.

Photo by Tom Stormer/The Captain's Log

On a mission

Students rally to save programs

By Terri Fleetwood
Staff Writer

In as early as two weeks everyone will know if all the marching, rallying and ranting did any good. On Friday October 13th, CNU got a taste of student activism when nearly a hundred students participated in a series of protests against the elimination of the Environmental Science and Applied Physics and Computer Science Masters Programs.

The protest began with an early morning 'sit-in' in the Administration Building. They gathered on the first floor and then eventually made their way to the fourth floor. Afterwards a much smaller group marched around the Fountain carrying signs chanting "Help Save CNU"

"We're feeling pretty good

about the support pouring in from students and faculty all over the campus and from the local community," said Mike Bland, President of the campus chapter of Association of Computing Machinery.

Then it was on to MacMurrin for an information rally where Physics chair Randall Caton and Biology chair Harold Cones made presentation on the success and cost effectiveness of the retaining the program.

Provost Robert Doane has recommended the termination of the programs due to low enrollment and declining graduation rates. He has also implemented a moratorium on admissions to

See Graduate...p4



Students protesting were just one of the many events that occurred in efforts to save the graduate programs.

Photo by Tom Stormer/The Captain's Log

Alpha Phi Omega stays active

Fraternity plans to attend national convention

By Terri Fleetwood
Staff Writer

Being called the 'Geek Greeks' does not phase the members of Alpha Phi Omega much. They are too busy planning service projects and raising money to attend their national convention to really care.

Early next month APO will hold a PB&J rally on the Great Lawn as a part of National Service Week.

"We're going to try to make 750 sandwiches for the homeless," said Service Vice President Kyle Thomas.

They are also coordinating with Circle K to help with Blood Drives and Habitat for Humanity.

"I like doing things for the community, but every one just sees Greek," said Thomas.

APO is an international co-ed service fraternity founded in 1925 at Pennsylvania's

Lafayette College on the ideals of service, leadership and friendship. CNU's Alpha Delta Xi chapter was chartered in 1996.

Fundraising is under way for brothers (as both men and women members are called) to attend the 75th anniversary National Convention in Philadelphia in late December. Each brother will be auctioned off to do things like fix computers, wash cars, or make dinner for the highest bidder.

Aside from being coed, what sets APO apart from other Greeks are lower dues. APO's dues are \$62.50 a semester while social fraternities are as high as \$300 per semester. Another distinction of that Alpha Phi Omega enjoys is their good image.

But Thomas, who is also a member of Pi Lambda Phi, says they also know how to have a good time. "We're looked good upon," he said, "but we still go out and party, just not as much."

All that is left



The Dizzy Dolphin, a restaurant located just a few miles south of CNU on J. Clyde Morris Blvd., succumbed to fire early Tuesday morning.

Photo by Tom Stormer/The Captain's Log

Speak Out

A Focus on Race & Ethnicity

The Speak Out will be a series of opportunities for the CNU community to share thoughts, feelings, and experiences about the campus climate.



Monday, October 23

5 p.m., McMurrin 102

An opportunity for all members of the CNU community to share their thoughts, feelings, and experiences about the racial climate on campus. Written submissions can be placed in the green drop boxes around campus and will be read anonymously at the Speak Out.

Monday, October 30

5 p.m., McMurrin 102

A pre-selected group of CNU community members will dialogue about the racial climate on campus. All members of the CNU community will have an opportunity to contribute their comments.

SGA Corner

By Nicholas A. Thomas
Managing Editor

Due to Fall break, The Captain's Log issue number seven was delayed. As a result, coverage of last week's SGA meeting will accompany this week's most recent meeting. On Oct. 11, President Paul Trible was welcomed by the students and Senators. A question and answer period had quickly began as soon he set foot into the building.

Questions were asked by many Senators covering topics from parking, the "students first" policy, deferred rush, December graduation, the growth of Greek life, and the new Fine Arts building that will replace Ferguson. President Trible took the time to answer each individual question and commented on the suggestions that followed. The suggestions also covered a variety of topics, but most concerned the graduate programs and the controversy surrounding them.

As the meeting continued, many blurt-ups filled the air. A member of Sigma Pi thanked the more than 150 students and faculty members who signed promise cards during the Alcohol Awareness week. Questions were brought up on the vandalization of the bikes around James River Hall and Santoro. A suggestion on creating a crime solving hotline had been brought up in response to the comment.

The SGA meeting on Oct. 11 ended with some questions answered and appreciation for President Trible's comments and answers.

The Oct. 17 SGA meeting was of a different tone. As the meeting began, special guests Provost Doanne, Dr. Cones, and Dr. Caton were introduced. As the applauding died down, Caton and Cones each took their turn in presenting material on behalf of the preservation of the graduate program. Statistics were rattled off and held the audience's attention. Provost Doanne concluded the presentation by once more addressing the purpose of saving the program.

Following these speakers, Director of Facilities Doug Shipley spoke. He discussed the expectations of the new convocation center. He answered questions from the Senators. Following his presentation, SGA President Jonathan Janis recapped the meeting and spoke about the success of the CNU Busch Gardens trip. The meeting ended with the blurt-ups and blurt-outs of many.



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The Captain's Log is the Official Student Newspaper of Christopher Newport University.

The Captain's Log is published on 24 Mondays throughout the academic year.

New contributions are accepted by fax (594-8759), by e-mail (clog@cnu.edu) or in The Captain's Log office (SC 223).

Circulation inquiries, advertising rates and policies are available upon request by telephone, (757) 594-7196, mail or on our website. The Captain's Log is created with Apple Macintosh computers, using Adobe Pagemaker.

The Captain's Log reserves the right to edit letters according to style and length, as well as to refuse publication. The Captain's Log welcomes letters from its readers. Send letters to: The Captain's Log, 1 University Place, Newport News, VA 23606. Letters may also be brought to our office or sent to us by e-mail at clog@cnu.edu. Anonymous letters may be printed, but writers must sign the original, providing full address and telephone number for verification purposes.

Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

CAMPUS LIFE

New dean of Liberal Arts brings own philosophy

Ramirez-Smith has long list of job duties

By Laura Espiet
Staff Writer

Stacks of binders piled high, a desk saturated with paper work, and a bookshelf filled with binders and books. A laminated card in a small frame lies on the corner of her desk. The card is entitled, Ten Commandments of Human Relations and the first commandment reads, "Speak to People."

This is the office of Dr. Christina Ramirez-Smith, CNU's new Dean of Liberal Arts. Appointed in April, she worked over the summer and started her official role as dean on Aug. 1.

"It's been a hectic few months because of my own philosophy of people first. I drop things to talk with people," said Ramirez-Smith.

So what exactly does a Dean of a Liberal Arts College do? According to Ramirez-Smith, the job entails a complex relationship between faculty, staff and students. She looks and works over every area of the university and anything that connects with the students. Smiling, she admitted, "right now I'm working on reviewing over 100 evaluations. I've been hiding!"

When she's not in the office, she emails her secretary and works out of her home. "With all the construction, it's been kind of noisy around here," she said.

Ramirez-Smith carries with her what she calls her "little bible for the Dean." The central core of her job is to "Administer all business...which classes are being taught, what curriculum is being followed." She said that as of now, "there are budgets to handle, preparation to hire new faculty,



Photo by Tom Stormer, The Captain's Log

"Teachers should know you. As faculty, we have such a great opportunity to nurture. We make a difference in students' lives and they in ours."

-Dr. Christina Ramirez-Smith
Dean of Liberal Arts

grade challenges...and I am also delivering a paper on deaning to an international conference."

Furthermore, Ramirez-Smith evaluates professors. "Things professors do are evaluated... I look for meetings and conferences they attend, what service they have provided for the community or perhaps how many committees they sit on...and I also look at the student's evaluation of professors," she said.

She has many goals for CNU's liberal arts program. Ramirez-Smith said she "...wants students to see [her] as an added resource to their faculty relationships." She stressed that she would like to be more visible in the departments, student events and university related events.

Making herself visible to the student body and building stronger teacher-student relationships are two of her major goals this year. She wants students to know they "...can talk to me about things...I want to hear what their needs are." However, she explains it is important that students "do follow the protocol" when it comes to advising, etc.

Ramirez-Smith's desire to be involved with the student body stems from her 19-year career in higher education. Born in Exuma, a small town in the Bahamas, she began teaching special education in elementary schools and also taught at the College of the Bahamas and in the Ministry of Education schools in the Bahamas. She also worked in inner city schools in Maryland where she attended Morgan State University.

While at Morgan State University, she

worked as a graduate assistant to the dean in the education department for three years. "They discovered a workaholic," she said. Since 1992, she has been the Director of Student Teaching in CNU and the President of Faculty Senate (1999).

"Here [at CNU] I have the greatest people to work with. I wouldn't stay here if it wasn't for the culture and family environment here," said Ramirez-Smith.

The transition from teaching to administration has been comfortable for Ramirez-Smith. Since she has worked in administration before, she says she understands the routine, and "how things run." Being a teacher has taught her that "in order to lead you have to be able to follow... be a good listener."

This year she will strive to make "CNU more exclusive with student-teacher interaction." She said she believes, "Teachers should know you.... As faculty, we have such a great opportunity to nurture.... We make a difference in students' lives and they in ours."

Her outlook on life brims with optimism. She said, "If you do what you love doing, it is not work...life is full of choices...I definitely believe people are first, things second." Although making changes to solve problems does not bother her, she would rather people not bring her "just a problem, but a problem with solutions."

Her philosophy, she explained, is that "when you get a diamond in the rough, it is not pretty. Polish it to find its finer qualities.... I've learned to look at things in the rough and see potential."

Spotlighting CNU's new faculty members

Dr. Sally Sledge, Assistant Professor, Management and Marketing

By Cami Wood
Staff Writer

Dr. Sally Sledge, Assistant Professor, Management and Marketing

Quoting Helen Gurley Brown, Dr. Sally Sledge said, "The only difference between successful people and those who are not is the commitment to work very, very, very hard."

Dr. Sally Sledge is the newest member of CNU's Management and Marketing Department. She received her BS from the University of Virginia, her M.B.A from the College of William and Mary and her Ph.D. from Old Dominion University. Before coming to CNU, Dr. Sledge was a visiting assistant professor at ODU. "I really like Hampton Roads and wanted to stay in this area. Fortunately, Christopher Newport had an opening. It's kind of like the decision was made for me," she said and thus began her position at CNU. Currently she is teaching classes in strategic management and international business.

And she seems content with having come to CNU. "The students are good here," she said. "The facilities are excellent. The computer labs aren't like 100 degrees, there's generally paper in the printers, just things that at larger schools



Content at CNU, Dr. Sledge returns to academia after a brief interlude in the private sector.

Photo by John Bailey
The Captain's Log

can just fall through the cracks."

"This is going to sound really feminist, but when I was an undergraduate," said Dr. Sledge, "I didn't have a lot of women teachers. There were a lot of male, retired executives or professors, and I thought, 'You know, I can do this just as well as any

of them.'" And so she ventured into the world of international business and management and, while in and out of school, held management related positions in a variety of companies including what is now Trigon Blue Cross Blue Shield, the Virginia Department of Taxation, and the Medical College of Virginia.

In the end, however, Dr. Sledge came back to the world of academia. "I like the teaching, the academic life," she said. "You know, you have a lot of freedom. You can do your own research. You're not locked into a desk from nine to five...But young people are generally optimistic, lots of energy. The whole lifestyle just seemed nice when I was in school and I thought, 'Maybe I'll do this.'"

As a professor at CNU, Dr. Sledge said she hopes "to, you know, since I'm tenure track - get tenure." But more importantly, she hopes she can be a resource for the students both as a faculty member and as an advisor. "I hope to find out what the students need and want," she said, "and meet those needs. Maybe as a mentor, [I can] serve as a resource. They feel like they can come to me, hopefully, and I can provide answers or suggestions or comments, whether it's about their school work or their careers or just anything in general." She

also hopes to become a "valued/valuable member of the faculty that works not only in [her] discipline but across disciplines."

"I feel like I haven't had any time to do anything," said Sledge with a heavy sigh. Outside of work, Dr. Sledge is also taking classes in economics. She is also involved with several different service organizations including the American Association of University Women which does "...a lot of programming promoting education and equity."

In addition to her interest in lifelong learning and her career here at CNU, Dr. Sledge enjoys travel and exercise. "I'm very excited about the new sports whatever center," she said laughingly. I also want to get involved with student groups - maybe as a sponsor or in some other capacity."

The Captain's Log spotlights one new full-time professor each week. If you are, or know of, a new professor who would like to be spotlighted, please contact The Captain's Log at 594-7196 or by e-mail at clog@cnu.edu

CNU Jazz takes center stage



Big Band tunes will be part of the Jazz Ensemble's mix during Jazz Combo night, on the Terrace, November 8, 2000.

Photo by Tom Stormer/The Captain's Log

By Terri Fleetwood
Staff Writer

You'll be hearing a lot from the Jazz Ensemble this year as it marks its tenth year of making music at CNU.

The Jazz Ensemble will start things off with a presentation of traditional big band tunes on Oct. 30 in the Gaines Theatre. Also performing is the Super Jazz Band, a twenty-year old professional, local band that has toured with jazz legends Count Basie, Ella Fitzgerald and Nancy Wilson. The night will feature tributes to clarinetist and saxophonist Paquito D'Rivera, who won Grammys for Best Latin Jazz Performance, and former Air Force musician Ed D'Alfonso. "It'll be a long jazzy night," said William Brown, director of Jazz Studies at CNU.

The fall concert is one of many engagements on the Jazz Ensemble's schedule. Nov. 8 is Jazz Combo night at the Terrace. They plan to perform at college open houses and will accompany the admissions representatives on recruiting trips to Northern Virginia. And on Dec. 1 they will participate in the Music Department's "Holiday Happenings Concert."

The band is most excited about an invitation to perform in Ghana, West Africa at the Global Awareness Society International Conference next summer. They are partly relying on donations and sales from their CD Alternative Routes and soon to be released follow-up CD to finance the trip.

The Jazz Ensemble has enjoyed great success in the last decade primarily due to

the Jazz Studies Professional Certificate Program. Most of the twenty-four-member band is in that program. Most students have at least high school band experience.

Acceptance is by audition and completion requires 22 hours of jazz courses including history, arranging and theory, and improvisation. Students must also memorize 80 songs.

In addition to course work they are required play in one of three CNU jazz combos and many freelance locally at weddings, receptions, and community festivals. CNU is the only college in the state with a Jazz Studies Certificate Program. VCU is the only school with jazz major.

"Our quality is close to VCU. It's very competitive," said Brown, the program's director. "Our students are so dependable."

With the ground breaking of the Center for the Arts a year ago, there has been talk of elevating jazz studies to a major, but Brown says that given the success of the certificate program, a major program would have to be something the students wanted. The certificate program prepares students for graduate school, performance, or teaching careers.

Music is one of the few areas where a degree is not necessarily required for teaching positions. Brown says the goal of the program is to make music majors stronger as job candidates. "We've had 100% placement of our graduates," he said.

For more information about the jazz studies program or to purchase a CD visit the Music Department in Ferguson.

Continued from Graduate, p1

the programs for the next two years.

Convincing the provost is one thing. But, the protesters also seemed to have a difficult time rallying support from other students passing by. The campaign to save the masters programs hasn't caught on with many students because some feel they haven't broadened the issue to appeal to non-science major undergraduates.

"They should show how it will impact the entire CNU community," said sophomore Angela Peele, who supports the protesters. "People tend to get involved when they see it'll impact them."

Bland also said flyers attacking the football program were misinterpreted. He said the flyers intentions were to "stress the misplaced priorities of the administration, not to imply that football and the grad pro-

grams are mutually exclusive." New flyers have been designed in support of both. "I think a lot of us supporting the grad programs wouldn't mind having a football team to boost school spirit. But what good is building school spirit if the school's reputation and the quality of its academic programs take a hit in the meanwhile."

They have had no such problems persuading the faculty. Later in the day, nearly a hundred people, including several students, attended a Faculty Senate Meeting where a resolution was passed in support of the continuing the masters program and lifting the moratorium.

Another rally is planned for Wednesday, October 25 around the Fountain. The protesters haven't decided on any future rallies or meetings with administrators. A decision on eliminating the graduate programs is scheduled for early November.

Rugby Club accepted in CNU community

By Tom Geary
Staff Writer

If you are a CNU student or faculty member, you have probably heard about the new CNU Rugby Club. Word of mouth has helped the club take shape and develop into CNU's newest sport.

Rugby, a sport commonly identified by its rough (and sometimes violent) competitors, has been played by athletes around the world for hundreds of years. Not only is the sport popular in New Zealand, Europe, and South America, but even the United States has a Rugby Union.

However, rugby expert Ivan Calhoun of Scrum Online commented, "Rugby in the United States has no popular sports exposure and will continue to remain an obscure sport for years to come without something very major happening. For now it is relegated in popular USA sports culture to the level of winter biathlon or frisbee football even though most men's club teams are organizations having survived more than 20 years."

So why would students of Christopher Newport want to take part in a Rugby Club? One of two club captains, Brant Carnwath, explained, "I never heard of rugby clubs until my senior year (in high school). One of my friends said, 'Hey, you do want to come play rugby?' I was so scared."

All I associated rugby with was guys with missing teeth.

But when you get there, it's totally exciting. It's challenging and it's the roughest thing you can do, in my opinion."

Carnwath and co-captain Mike T. Moore are responsible for turning the idea of a Rugby Club into an SGA approved organization. According to Carnwath, not everybody can attend every practice, but the club usually has enough players to split up and hold a scrimmage. The 40 players consist of a fairly diverse group of students, including a few men weighing over 300 pounds and one woman.

Carnwath asserted, "We're going to have a nice, big power line. Some of those guys are bigger than the football players out there!"

Unlike football, in which play ends after a tackle or dropped pass, rugby continues despite tackles and dropped balls.

Rugby players also perform duties for both offense and defense.

Carnwath said, "It's one of the roughest sports out there. The game is non-stop, it's always going."

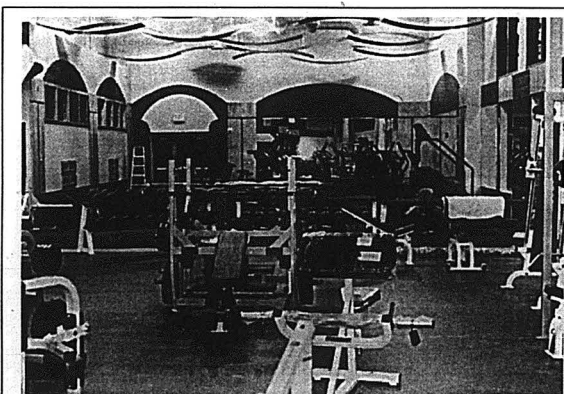
Other differences between rugby and football include the size of the field. Rugby fields are much bigger, sizing in at 75 yards wide and 125 yards long.

Carnwath also mentions how rugby differs off the field, as he mentions that other clubs often invite their opponents to dinner, or their houses when in town. "Most colleges have their fraternities. A rugby club is almost like a frat, it's a brotherhood in our opinion," he said.

And like most fraternities, the club hopes to continue building their support from students and faculty for years to come. Currently, the Rugby Club is gathering a strong fan base. Moore said, "There has been a lot of support from everyone, especially from SGA and the CNU staff. The soccer team has been a great support and we appreciate it guys and of course ladies." Carnwath added, "This semester is still a building semester. Right now we're just getting organized and getting the practices together. Plus we're getting scrimmages and a lot of games in. So, I hope we can keep it going. I'm only a sophomore, so we still have plenty of time to get the tradition started."

Even the supporters of the Rugby Club think the players are doing well at starting the tradition. Fan Amy Baker comments, "They are performing really well and there is already unity among the members. This team has already excelled in sportsmanship and team pride. I think these players are just the starting point for a successful CNU tradition."

The team hopes to begin the tradition by playing games later this school year against colleges such as Virginia Tech, Elon, Richmond, UVA, and William & Mary. Their first game will take place over Family Weekend against a local men's team. Carnwath hopes to gather more support from CNU students and faculty in their upcoming games. "We love the support," he said. "Not only is it a rough sport, but it's tiring. Hearing the fans give you a mental edge over your opponents."



The stationary and free weight equipment provided in the Fitness Pavilion will help students fight the "freshman fifteen."

Photo by Tom Stormer/The Captain's Log

Continued from Sports, p1

has a dance studio and a climbing wall. A special varsity athlete's wing is also part of the Center. The special wing will have a lounge for members of any of CNU's team sports, an improved rehab room and visit-

ing team locker rooms. There will also be varsity only locker rooms for CNU's indoor sports, volleyball, track and field and basketball. The school's outdoor sports facilities will be located in the renovated Ratcliffe facility.

ARTS & ENTERTAINMENT

Come spend an evening in jail with Thoreau

By Kimberly Wright
Staff Writer

The theater department's first production of the semester looks promising.

Told from a single jail cell, *The Night Thoreau Spent In Jail* highlights the major events in the life of philosopher Henry David Thoreau leading up to his arrest for civil disobedience. The play uses a single setting throughout its entirety and incorporates conversations with Thoreau's cell mate and flashbacks to tell the story. Thoreau, played by Fred Arsenault, moves continuously between the two time periods, interacting with the different characters in both at the same time.

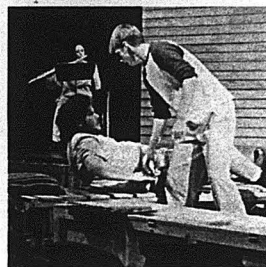
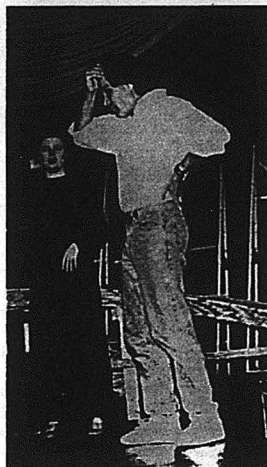
Despite the quick changes from one time period to another, the plot is simple. Thoreau, a Harvard student, is a teacher in the Boston public school system. His "strange" ways of teaching are not approved by those in charge and after being forced to whip disobedient students, Thoreau resigns to begin his own school with his brother John, played by Anthony Vance. After a short time, however, his methods of teaching are once again disapproved of and the students quit coming. After John's unexpected death, Thoreau meets Ralph Waldo Emerson, played by Dr. Doug Gordon, and becomes a worker on his land, eventually

receiving a plot of land known as Walden Pond.

Thoreau begins to live ascetically, remaining in the woods. Two significant things happen to Thoreau while at Walden Pond. First he meets and falls in love with Emerson's much younger wife, Lydia, played by Kara O'Neil. The second is a brief encounter with a runaway slave who is shot as he crosses the border into Canada. About this time in the play, Thoreau is arrested for not paying his taxes to a government that he does not believe in. After some time in jail, Thoreau is informed that someone has paid his taxes and is now free to go, but he refuses to leave until another prisoner, a homeless man, is given the fair trial he has been awaiting.

As well as the semester's first production, *The Night Thoreau Spent In Jail* is also Dr. Steven Breese's directorial debut. O'Neil commented that since their first rehearsal in early September, rehearsals have been "great... very efficient."

Performances will be held Thursday through Saturday, Oct. 26-28 at 8 p.m., and also on Sunday, Oct. 29 at 2:30 p.m. CNU students will be admitted free with their student ID, but there will be a five dollar admission fee for senior citizens, faculty, staff, and non-CNU students, and an eight dollar admission fee for the general public.



The cast and crew of *The Night Thoreau Spent In Jail* spend weeks in rehearsal preparing for the show. Pictured top and left, new professor Steven Breese makes his CNU directing debut with Thoreau. Pictured above Fred Arsenault, no stranger to the theatre at CNU wakes up Allen Brooks during a scene in the jail cell.

Photos by Tom Stormer/
The Captain's Log

Remember the Titans outscores its opponents in the box office

By Tom Geary and Brian Groh
Staff Writer and Contributing Writer

So you thought that *Any Given Sunday* and *The Replacements* were good football movies? Surely, you have yet to see *Remember the Titans*, a new Disney movie with a heart warming atmosphere.

Remember the Titans has already been compared to such football classics as *The Longest Yard* and *Jerry Maguire*. Even Dave Kehr of msn.com reviews the movie as "an Oscar-seeking guided missile in the guise of an inspirational sports film." Denzel Washington's performance in the movie has been compared to his outstanding acting in *The Hurricane* and *Malcolm X*.

Remember the Titans takes place in Alexandria, Virginia in 1971. Although it sounds like a recent time in history, racial discrimination was still a main issue in the South. After a rezoning of the area high schools, a new school is created, T.C. Williams High School. The players from Bill Yoast's (Will Patton) high achieving football team are dissatisfied that they will have to team up with African-Americans. Soon, their discomfort is amplified when Coach Boone (Washington) is announced head coach of the Titans.

Discrimination plagues the team during early practices before the school year, but as time progresses Coach Boone teaches his players a lesson more valuable than football. Boone decides that a team with unity

is more powerful than any average team of victory. After the intense training program, the players begin the school year with a new confidence in themselves.

However, when the school year begins, discrimination sets in even worse than it had first been. Players find themselves at each other's throats as they stick up for their own race. But after a few victories, the hate slowly corrodes and strong friendships develop between players of different races. T.C. Williams follows the path of their football team and soon the entire school finds themselves united in cheering for their beloved Titans.

The cast plays a strong role in creating an atmosphere of tension, and director Boaz Yakin, as well as producer Jerry Bruckheimer, made the film at its best. Much like *Any Given Sunday*, *Remember the Titans* conveys the feeling of a real football game.

OVERALL RATINGS (based on a six-star system):

Tom—I thought this was a great movie for a Disney flick! According to Disney, the Titans overcame diversity to become one of the legendary football teams of all time. RATING: 5.05

Brian—For once in my life I have watched a Disney movie without looking down at my watch and saying "When is it going to be over?" Disney might actually take home the best picture award for once in its lifetime. RATING: *****1/2

Hampton Roads Concert Calendar

- 10/23/00 Hootie & The Blowfish/Virgin Wool, The Boathouse; Norfolk, VA
- 10/24/00 Tab Benoit, Goodfella's; Hampton, VA
- 10/25/00 Beanie Man/Tantro Metro & Devonte, The NorVA; Norfolk, VA
- 10/26/00 Finger 11/American Pearl, The Abyss; Virginia Beach, VA
- 10/27/00 Lucky Town, Waterside Live; Norfolk, VA
- 10/27/00 Shaggy, The Boathouse; Norfolk, VA
- 10/29/00 The Marshall Tucker Band, GTE Virginia Beach Amphitheatre; Virginia Beach, VA
- 10/31/00 Too Skinnee J's, The NorVA; Norfolk, VA
- 11/03/00 Blues Traveler, The NorVA; Norfolk, VA
- 11/04/00 Glitch in the System, The NorVA; Norfolk, VA
- 11/05/00 N'Harmony, First Baptist Church; Newport News, VA
- 11/08/00 Fastball/evan and jaron/Virginia Coalition, The Boathouse; Norfolk, VA
- 11/10/00 One King Down/Rights of Humanity/Shutdown, Taj Mahal; Norfolk, VA
- 11/11/00 F.O.D./hed) Planet Earth/Project 86/Linkin Park, The Boathouse; Norfolk, VA
- 11/13/00 Pantera/Kittie/Morbid Angel, Hampton Coliseum; Hampton, VA
- 11/15/00 "Sisters in the Spirit Tour" featuring Yolanda Adams/Mary Mary/Shirley Caesar, Hampton Coliseum; Hampton, VA
- 11/18/00 E-Town Concrete, Taj Mahal; Norfolk, VA
- 11/18/00 Indigenous/Joe Bonamassa, The NorVA; Norfolk, VA
- 11/20/00 Pro-Pain, Taj Mahal; Norfolk, VA
- 11/25/00 "Cash Money Millionaire Tour" featuring Nelly, Hampton Coliseum; Hampton, VA
- 12/01/00 Keller Williams, Jewish Mother; Portsmouth, VA
- 12/02/00 Next/4 other groups, Hampton University Convocation Center; Hampton, VA
- 12/08/00 Carman/ZOEgirl, Hampton Coliseum; Hampton, VA
- 12/08/00 Boller w/Jam Pain Session, The NorVA; Norfolk, VA
- 12/09/00 "The Bluesgrass Sessions" featuring Bela Fleck/Bryan Sutton/Jerry Douglas/Mark Schatz/Sam Bush/Stuart Duncan, The NorVA; Norfolk, VA
- 12/10/00 Virginia Coalition, Mitty's; Newport News, VA

Rocky Horror fans to celebrate 25th Halloween

By Jesi Owens
Staff Writer

It's Halloween again. Time for tricks, treats, and transvestites? That's right. October is the most popular time to see the world's most popular cult musical. The Rocky Horror Picture Show is back (does it ever really go away?) and ready to have us all dancing to the time warp in our trashiest fishnet stockings and stilettos.

I was introduced to what loyal fans simply call Rocky back in 1995 when VH-1 showed the film as well as the making of it for its 20th anniversary. Sparking my interest, I kept watching and for the next two years, I was a video-virgin (one who has seen the movie but not a theatre showing). This can be seen as either better or worse than a plain Rocky virgin (one who has never seen the movie, live or on TV). My first live experience on midnight Halloween 1997 at the Williamsburg Theatre was a wild, fun time, but I knew what to expect, and was not heckled as were the lesser-experienced virgins. They were treated to complete and total SHOCK!

The Rocky Horror Picture Show debuted in 1975 with poor reviews and less-than-stellar ticket sales. However, an underground phenomenon was beginning to take place. Waverly Theater in New York City began showing the film at midnight, attracting the various freaks and geeks who roamed the streets at that hour.

More and more misfits not only began showing up on a nightly basis, but they began dressing like their favorite characters. In no time, the trend moved to Los Angeles and London, and eventually around the globe.

As time went on, audience participa-



Rocky Horror Picture Show fans are expected to turn out in record numbers to celebrate the movie's 25th halloween this year. Here, Dr. Frank N. Furter (Tim Curry) addresses Janet (Susan Sarandon) concerning his latest invention, Rocky (Peter Hinwood), the perfect hunk o' man.

Photo courtesy www.rockyhorror.com

tion in the film did as well, and different cities had different rituals for their Rocky audiences, ranging from screaming at the characters and throwing things during different scenes to how virgins were inducted into the world of Rocky. The main themes remain the same, however. Throughout the movie, the audience throws rice, toilet paper, toast, and shoots water pistols. They also get to scream various obscenities relating to the characters and dance to the "Time Warp" and "Floor Show".

The Rocky Horror Picture Show is a throw-back to the old B-movies and horror flicks from the first half of the 20th century. This is obvious from the first song, "Science Fiction Double Feature," which cites over twenty titles and characters from the genre.

It is the story of Brad Majors and Janet Weiss who are re-christened with profane names that the audience promptly yells at their every appearance. They are a straight laced couple that get a flat tire on a deserted

road and have to walk back to an old, scary mansion for help. Riff-Raff (the handyman) answers the door and leads the couple into the lair of Dr. Frank-n-Furter, an alien transvestite from the planet Transsexual.

Frank's entourage includes Magenta (the maid), Columbia (a groupie), Rocky Horror (Frank's invention, the perfectly built man), Eddie (an unlucky delivery boy played by musician Meatloaf), Dr. Scott (a rival scientist and friend to Janet and Brad), as well as a host of Transylvanians who roam about the place. The whole place is filled with debauchery and sexual innuendo, as well as decent rock-n-roll music that provides loads of opportunities for audience participation at live performances.

Originally written as a play by Richard O'Brien (who plays Riff-Raff in the movie), The Rocky Horror Show debuted in London at the Royal Court's experimental Theatre Upstairs as a six week workshop project in 1973.

The show received such acclaim at the 60 seat theater that it was quickly moved to larger quarters at a converted cinema in Chelsea, and later on to the 500 seat King's Road Theatre.

Mega-producer Lou Adler saw the London production and bought the American rights within 36 hours. By 1974, he was executive producer of the film. This month, Broadway is reviving The Rocky Horror Show for its 25th anniversary.

Locally, anyone interested in experiencing this phenomenon in person should venture out to the Naro in Norfolk later this month.

The Naro is showing Rocky Friday and Saturday nights before Halloween as well as two times on Halloween night. I hope to see you there!

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OPINIONS

And Ramona says...



By Ramona Hernandez
Staff Writer

Is it just me or have you been getting a lot of e-mails lately? In the past week, I have received numerous e-mails telling me to get involved to save the computer science, physics, and environmental science masters programs. These programs may be cut because of a lack of enrollment, and the thought is that if these programs are cut then there will be more money for the teaching, psychology and nursing professional programs, all of which are thriving.

If there really is a lack of enrollment, something needs to be done to promote the programs. The word needs to get out that they do exist. I only found out that we have a masters program in these subjects when they are about to be taken away. Please, try to save the programs before totally trashing them.

While I may only be an English major who can barely turn on her computer, the loss of these programs affects me in the end. When we all finally finish our college careers, the next logical step is to either continue our education, or begin to find real, grown-up jobs. Right now CNU is an up-and-coming school, including the masters programs that may be taken away. This is a very competitive program and our campus is richer for having it. In short, our graduate students make the rest of us look really good.

I might some day want to take one of these computer courses. If they are not there, then I might have to go to Old Dominion or Thomas Nelson, taking money I would have invested into this school and placing it in another institution. That does not sound like good financial sense.

Why take away programs in fields that

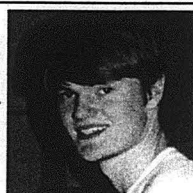
so many people are trying to get into? Yes, I understand lack of enrollment concerns but in a few years, CNU may have to expand its programs because we are an up-and-coming school. High school students right now are looking towards computers and sciences as their chosen fields of study. By taking away these programs you greatly increase the chances of people not making CNU their first choice. Why should they want to attend a school where they focus solely on liberal arts? I know that if I were making a choice to attend college next fall I would not.

The most important reason to keep the programs is very simple: CNU states that it puts its students first. CNU, your students are talking. They are demanding that you keep these programs. They are having sit-ins, town meetings. The faculty members are also behind them because they realize that while these programs are not currently filled with students, they soon might be.

The CNU academic community wants to keep these programs because we realize that it is the best thing for this campus right now. And since it is mainly our money that goes into this school, our voices need to be heard.

I believe in the fight to save these programs. My fellow students and teachers agree. I urge everyone to sign the petitions and read all of those e-mails that are being sent. Join in the fight to save your college reputation. These programs do deserve a fair fight. Tell your administration to put students first and keep these programs at CNU, because in this technologically driven society, the CNU community should not be left behind.

In my not so humble opinion



By Cash Arehart
A & E Editor

So, I was thinking about offering an advice column along with my opinion every week. But, would anyone ask me for my advice? I don't know, maybe I should ask someone for some advice on the matter.

I'd have to come up with a catchy title too. As neat as "Ask Cash" sounds, I don't care for it too much. How about "Ask Crash" or "Ask Hash"? What would people write in about? Would they ask for dating advice, which professors offer easy classes, how to talk their way out of parking tickets, or maybe which local vendors sell beer to minors? Of course this is not to say I would be qualified to speak on any of these topics, or even that any students would ask any of these terribly dishonorable questions.

Which brings us to the point: is there an open forum where anything can be discussed in a public format on this campus?


I think that it would depend on the topic. Obviously some topics are much more acceptable to public discussion than others. What can be done? Isn't this supposed to

be an environment that cares and nurtures our unique characteristics? Aren't we here to grow, to learn about one another and discover that which binds us together?


It's upsetting that some people are so blinded by their own views and ideals that they shut out others. Sometimes it doesn't matter what someone has to say, if an individual doesn't want to entertain the fact that they might not be absolutely right, they simply won't listen.

If a person only looks for hatred in the world, then they will only see hatred in others. If a person looks for beauty in others, they will find the beauty in everything around them. It all depends on your perspective. I believe that very little in life can be a waste of time because there is always something that can be learned from every situation. No matter how pointless or trivial a situation seems at least one may learn not to engage in a similar situation again, or at least get really wasted to make the situation more tolerable the next time.

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In memory of the late Albert E. Millar

Dr. Millar was not only a professor to students, he was a friend and mentor

By Seth Klein
Staff Writer

As I sit trying to get my thoughts together upon learning of the death of Dr. Millar, I feel as though I have lost a member of my family. Having taken Dr. Millar for three different courses and having been one of the many students over the years for whom he is not just an instructor, but also a friend and mentor, I feel as though a part of me is gone with his passing.

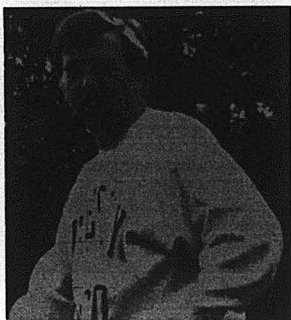
Dr. Millar was a kind, thoughtful and gentle man who possessed all of the attributes of CNC/CNU, being interested in his students not just as students, but as human beings with fears, anxieties, concerns and interests. Always thoughtful of others, Dr. Millar, in the classroom or out, was always willing to listen to what his students had to say and would take the time to listen to them. There are few teachers like him today.

On the door to his office was what was important to Dr. Millar... things pertaining to his years at Christopher Newport and his students. When I would write poems, Dr. Millar would insist not only on reading them, but also wanted a copy to put on his office door.

When I last saw Dr. Millar alive, he had only a few days left to live. Surrounded by his family in Riverside Hospital, Dr. Millar would go in and out of consciousness at times. In spite of this, he recognized me when he first saw me in his room, greeting me by name, then telling me I could take the things down from the door.

After this visit, I told Dr. Millar's daughters I wanted to tell their family something. They insisted I return to the room and tell him before the doctor started the treatment procedure that we had left for. They explained it would take a while and he would be tired afterward.

In his hospital room with just Dr. Millar's mother with him, I thanked him for being a part of my life and that he was more



than just a teacher to me but was also a friend and a mentor. I said I would remember him for the rest of my life.

I could sense Dr. Millar was in terrible pain, especially because of how he kept his hands under the blanket that had "Millar" woven on it. My words meant so much to him that he attempted, with all his strength, to raise his hand in order to grasp mine and thank me.

When I related this to his daughters in the hall, tears were burning in my eyes. I told them how I had told Dr. Millar the kind of things I wished I had been able to say to my father before he died. I left them with the words of one of my father's friends to me after his passing, "Be strong."

It seems I was but one of the many students of Dr. Millar over the years upon whom he made an impression. According to a Captain's Log article by former staff writer Don Kennedy dated Jan. 21, 1997, Dr. Millar was estimated to have taught "some 14,000 students for 31 years." According to Dr. Millar in that same article, "there are some students who have majored in me."

The four-time winner of the Professor of the Year Award at both CNC (1965-1992) and CNU (1992-2000) tried to make each of his classes as entertaining as pos-

sible. His ability to connect with his students would put them at ease. In his classes, one could expect the unexpected. They were fun to attend and students learned at the same time.

A colleague of Dr. Millar, Dr. Douglas Gordon told me, "The students were the most important thing to Al."

Another longtime colleague of Dr. Millar's, Barry Wood spoke of his interviewing Dr. Millar in 1965, when the young baccalaureate graduate applied to teach at what was then Christopher Newport College. It was upon Wood's recommendation to director Scott Cunningham that Dr. Millar was hired to teach English at the new campus.

Dr. Millar had an immediate appeal to students. "I think students were attracted by his fundamental positivism," said Wood. "I think students always felt the study of literature both enjoyable and within their range of achievement. Al made students feel that they could real *do* the study of English and this set him apart from the rest of us. The rest of us had our success with a few students, while Al had his success with all of them."

Dr. Millar passed on to his students his love of good literature as well as his love for life. Each student who knew him experienced his joy for learning, both in the classroom and away from it. Remembrances of a trip to the Edgar Allan Poe birthplace in Richmond with Dr. Millar and my former classmate and friend Aaron Thomas, as well as others, fill my mind.

I recall my father once telling me when I was a child, the words over the gateway of a German military cemetery: "You are not dead as long as you are not forgotten." That being said, Dr. Millar lives on in the memory of his family and the many students he taught over the years, wherever they may be. As Barry Wood stated, "I don't think the English department will ever replace him and what he meant to the students."

The influence of many lives

Some people come into our life without scarcely saying a word or even ruffling the carefully laid feathers of our lives. And yet others have such an impact that their very presence so influences our interactions and personal ambitions that we are better because of it. These people are the ones who become our heroes, our friends, and our mentors. Dr. Albert Millar was all of these things to so many people, both students and family.

Where some might have failed, Dr. Millar was able to reach out with his friendly and compassionate manner and affect even the most frustrating of students.

In the classroom, he was well known for his bright eyed enthusiasm and his many "Millarisms": interesting personal stories, and intelligent knowledge of the obscure. While perceived as entertaining, this unique style of lecturing provided far more than just amusement. By offering so much more than just the cold hard facts, he rescued each literary work from isolation and sat it in its appropriate place in history, inaccessible authors who were once isolated by their own eccentricity or by the obscurity of time became fascinating and seen for their importance in the advancement of English literature.

Obituary

Dr. Albert E. Millar, Jr., 59, died on Friday, Oct. 13, 2000.

Born in Newport News on Jan. 13, 1941, Millar attended Hilton Elementary School and graduated from Warwick High School in 1959 as a record-holding member of the cross-country team. Millar got his bachelor's degree in English from the University of Richmond in 1963, his master's in English from the University of South Carolina in 1965, and his doctorate in English from the University of Delaware in 1968.

Dr. Millar began his career at Christopher Newport in 1965, and during his 35 years on the faculty, he taught thousands of students, was selected as Professor of the Year in 1978-79, 1980-81, and 1987-88. He was also chairman of the English Department from 1979-1986, and a member of numerous academic committees. He frequently gave presentations to various organizations, including the International Elderhostel Program lecture series sponsored by VCU, and was awarded the American Legion Award in 1993 in acknowledgment of these lectures.

Dr. Millar was a member of Bethany Gospel Chapel in Newport News and was formerly married to Victoria Meena Millar. He was preceded in death by his father, Albert E. Millar, Sr., and his brother, David Millar.

He is survived by his mother, Odell Fenton Millar of Newport News, three daughters, Valerie M. Cirrione, Ginger M. Dupuis, and Heather E. Millar, step-granddaughter Lauren A. Dupuis, and special friend, Cynara Colbert.

The family received friends Monday night at Peninsula Funeral Home. The funeral services were held Tuesday at Bethany Gospel Chapel by the Rev. John Gillman. Burial was in Peninsula Memorial Park.

"Never be bored, never be boring"

Dr. Millar certainly lived by his [the above] motto. Anyone who sat in on one of his lectures could tell one of the countless "Big Al" stories. The stories masterfully told with his signature smile and nod.

Stories like the time Steven Spielberg almost sued him for turning E.T. into Christ. How he came to own a first edition of Irving's *The Sketch Book* in the middle of the night. How he flirted his way to a photocopy of the first page of an original King James Bible. And who could ever forget the (provocatively) illustrated Canterbury Tales he brought to share with his English 201 classes?

But what I'll remember most has nothing to do with the classroom. My story is one of caring, compassion and encouragement. The times he'd run across the Great Lawn to tell me a joke, just because he thought I looked sad. Giving his opinion on my most recent relationship, solicited or not. The hours he spent listening to me rant about the unfairness of life after my father died. Pushing me to stay in school when all I wanted was to run away. The look on his face when I finally graduated.

And I was not the exception. I was the rule.

Dr. Millar's pupils were more than just

students to him. We were his extended family. He was not only able to maintain the critical balance between professor and friend, he was also able to take on an additional role as a surrogate parent. He treated every one of us with love, respect and attention many of us did nothing to deserve. He saw the good and the potential in each one of us and did his best to bring it out.

Dr. Millar touched so many lives and he gave so much. He gave the gift of knowledge, the gift of laughter, the gift of loving literature and the gift of gab. But most of all, he gave the gift of himself.

I didn't keep in touch with Dr. Millar after I graduated. I never had the chance to tell him the profound difference he had made in my life. He was never able to share in my successes that he made possible. And I know there are a lot of former students, colleagues and friends that feel the same way.

The world has lost a model citizen. Academia has lost a brilliant scholar. CNU has lost one of its prized instructors. Future students have lost the chance to learn from him. But for those of us whose lives he touched, we have lost more than just a person, we have lost a part of ourselves.

-Amy K. Williams, Alumni and former student of Dr. Miller

With such a rare and special talent and a door which was never closed, it is no wonder that so many regarded him as mentor and friend and why so many sought his company during calm or crisis.

In the end, it is these two traits on which his legacy is founded. For by engendering a life long commitment to literature in many of his students and by caring deeply for all those who requested his aide, Dr. Millar will be remembered in spirit and taken far beyond the walls of CNU in the hearts of those who loved him best. Though we will all mourn his passing and yearn to hear his familiar voice and witisms, we should consider ourselves very fortunate. For unlike the thousands of future literary students who will know him only by the rich legacy he leaves behind, everyone who anticipated one of his lectures or sought him out for advice has been blessed by having an instructor who was completely in love with teaching and influencing the lives of others.

For he lived his life under the idea that anything worth while was worth loving and anything worth loving was worth pursuing.

-Aaron Thomas, Alumni and former student of Dr. Millar

SPORTS

I'm Winded



By Mike Mullin,
Sports Editor

Recently I attended CNU's first home meet for the cross-country team. It was an extraordinarily primal experience. I must admit that I became a bit taken in the moment. More than any other sport, being present at a cross-country meet has a very ancient feeling to it.

I make it policy never to run. I hate it. The last time I ran even close to as much as a cross-country runner, I was being chased by a bear. Eight-hundred pounds of fur and teeth have a way of making an athlete out of anyone, even a reporter.

Cross-country is considered, along with Boxing and Wrestling, the oldest sport in existence. Related to the marathon, cross-country demands a certain amount of stamina that few sports require. Not so much the stamina of brute strength, though that is a part, but endurance. A male cross-country runner must complete an 8,000-meter course and women a 5,000-meter course.

Cross-country began as an NCAA governed sport in 1936 with a meet sponsored by the Central Intercollegiate Conference, a predecessor to the NCAA.

In and of itself, running is an extraordinarily difficult activity. The first thing that any runner will tell you is that you cannot just go out and start running blind, there is a great deal of thought that goes into it. One must be familiar with the terrain and with their personal limitations. It is impossible for anyone to sprint for the kind of distance that cross-country runners cover. Runners must then pace themselves and judge their own endurance and stamina against that of their opponents.

It is in this area of endurance and stamina that dedication becomes quickly evident. Every runner you see out at a cross-country meet is in peak physical condition. They all run every day and take great care to make sure that they stay healthy and well rested.

There is a certain masochistic element to this kind of running. I get winded walking from my dormroom to my first class. Not just kind of winded either, heaving for air and throwing up at the same time. I have yet to see any cross-country runners do that, but then again they don't have my skill.

Cross-country athletes at CNU exemplify all of the attributes that I have spoken about here. At the most recent meet CNU placed second out of nine teams competing. Freshman Amy Gibb placed third overall with a time of 18:43 minutes, the second fastest time in CNU history. With a time of 26:15 minutes, Sophomore Matt Sinclair moved into 14th place in CNU's ranking of its all-time fastest runners.



Freshman Katherine Swisher evades the opposing defense on her way to the goal during the Field Hockey team win over Sweet Briar.

Photo by Taryn Cornelius/The Captain's Log

Field hockey team wins last home game

Wendy Wilson scores first hat trick in school history

By John Bailey
Contributing Writer

After giving up two unanswered points, CNU's field hockey team came back like true champions, defeating Sweet Briar College 4-2 during the Lady Captains' last home game. While the victory ensured the Lady Captains of a winning season in their first year, they had to fight for every point.

CNU's field hockey coach Nancy Billger paced the sidelines, her attention never leaving the action on the field. Her team had battled back from a one-point deficit to tie the game at 2-2, but Sweet Briar College, one of the region's top ranked teams, was again threatening to take the lead. CNU's defense stepped up and knocked the ball out of their half of the field. The Lady Captains now had a chance. They had no intention of losing.

"We are usually a very fast team, but we came out a little slow after the half," junior Wendy Wilson after the game. "Speed is our biggest strength, that's where we usually control the game."

CNU's coach was thinking the same thing as she watched her team turn back down the field.

"Keep your feet moving," Billger yelled to her players. "Step up. Pressure.

Pressure."

The Lady Captains locked their eyes on the advancing players of Sweet Briar College. Their sticks sliced over the ground as CNU's offense, cutting left and right, began to push their opponents back down the field.

Sweet Briar's defense struggled to catch up. Wilson, leading the Captains' charge, took a pass and ran the ball down the left side. Sweet Briar finally recovered from the fast break and cornered Wilson, knocking the ball back into CNU territory.

Sweet Briar's players looked eager to drive straight through CNU's goalie, Amy Snead. However, Snead was just as determined not to let another shot get past her and stomped, slapped and kicked at every assault Sweet Briar made.

As Sweet Briar pulled back to regroup, a swarm of Lady Captains converged upon them. The Captains' speed started to control the momentum of the game. CNU stripped the ball and took it all the way back, holding up just outside their opponents' goal.

"Bring it," CNU players on the sideline began to yell.

As if on cue, Wilson passed the ball out of the corner to sophomore April Cullen who punched it in for CNU's third point, recap-

turing the lead at 3-2. The Lady Captains continued to control the pace the last seven minutes of the game, and, as if to punctuate the importance of the moment, Ashley Crickenberger pushed in from the right side and sent the ball to Wilson who drove it past Sweet Briar's goalie as the last seconds ticked away.

CNU's field hockey team finished their last home game winning 4-2 and setting a high standard of excellence for all the teams to follow.

"We wanted to make this hallowed ground," Billger said after the game, "The team wanted to be the kind that others look up to, and they did just that this season. I'm extremely proud of how well they did this year."

June Lugo, the team's only senior, was also happy with how the season turned out.

"I'm glad I didn't miss it," Lugo said. "Beating Sweet Briar was especially great. They had beaten two other teams that had beaten us, so we wanted to dominate the game."

The games top performers included Wilson with three points and two assists, Cullen with one point, Crickenberger and Sarah Hastings with assists, Elizabeth Werbis with five saves at the goal and Snead with ten saves.

Cross
At home and
Country breaking records

page 10

Women's
Down, recently, but
Soccer not out

page 11

Cross Country finishes 2nd at home

Virginia State meet, first cross country meet at CNU this year

By Tom Geary
Staff Writer

Each year, CNU's cross-country athletes look forward to racing on their home course. This year on their home course, many personal records were shattered as both the CNU men and women placed second in the Virginia State Cross-Country Championship.

The CNU course, located in Newport News Park, is among the fastest courses on which CNU athletes compete.

Freshman Aimee Gibb commented, "The weather was nice and it's a nice course." Sophomore Danielle Mahoney added, "We like this course because it is a flat course and it is fast. It basically takes you through and you don't even realize that you're running until you hit the last mile."

CNU students put in their best efforts on this fast course until the final mile this year, with Gibb and sophomore Matt Sinclair each placing third, with times of 18:43 and 26:15, respectively. Gibb's 18:43 tied a record for second fastest time ever run by a CNU woman in cross-country. Another outstanding individual effort was Danielle Mahoney's time of 19:12 that earned her both the All State honors and fifth place in the meet. Lindsey Newell, Faith Swanson, and Crystal Lassiter rounded out the top five CNU women runners. Sean Smith, Steve Hinton, Ralph Denton, and

Mike Jensen rounded out the men's top five.

Clocking in first overall for the men was junior Travis Jones of Mary Washington University with a 25:50; first overall for the women was senior Casey Smith of Roanoke University with a 17:59.

Overall, the CNU women finished second with 67 points only to Mary Washington University's 47. The CNU men finished with a 68, only behind a 55 earned by Roanoke University.

Coach Keith Maurer believes his runners ran well.

"We had a lot of individuals run personal best times today for their college career, which is amazing considering we have a month left," said Maurer. Assistant coach George Seward added, "You can't do any better than that. We're still in mid-season, so when we start getting ready for the NCAA regionals, they'll be running probably 30 seconds faster than they are right now, which means they'll all break personal records for the rest of the year."

Although several runners set personal records, many of the athletes commented on how well they performed as a team.

"I think the team is really starting to come through. The season's only going to get better than today," said sophomore Chris Chappell. Senior Faith Swanson echoed that sentiment by commenting that running together helped the team as a whole.

"I enjoyed running against the other

schools, but I think I most enjoyed running with my other teammates because we stay together as a pack pretty well," said Swanson.

The women of cross-country have much to look forward to. According to assistant coach Seward, it could be the first time since 1992 that CNU has a women's cross-country team in the NCAA regionals. Many of the players believe they will be able to make this happen in 2000.

"I think if we keep doing better, we can reach our goal of making the regionals. There is no reason why we can't (make the NCAA regionals)," said sophomore Lindsey Newell. "We've all made a lot of sacrifices and now it's paying off," added Swanson.

Because CNU still has more races to look forward to this season, there was more than running going on at the Virginia State Meet. Chris Chappell mentions that he was scouting out the abilities of other team's runners and said, "We got to see a lot of teams that we'll get to run against in regional so it was good to get a look at other teams."

Other racers, such as sophomore Matt Sinclair, were trying to outrace specific schools. "We wanted to do really well against Mary Washington University. I think they won the race, but we got second place. (In the future), we'll get Mary Washington," he said.

Now that CNU is halfway through the season, their training will be less strenuous as they focus on making the NCAA regionals.

Assistant coach Seward said, "We've been doing heavy mileage and real hard strength workouts up until now. Now, the mileage starts coming down and we start getting ready to run our best races at the end of the year."

Although they may need less rigorous training, CNU's cross-country runners still believe they need one special ingredient to lead them to victory: support. Senior Aaron Dowalby commented on how he would like to see more students and faculty out to watch the team run. He also remarked, "I miss the guys with the drums."

As CNU's cross-country team races down the final stretch of the season, they hope to improve upon their new individual records, as well as team records. With only a few races left, the athletes are already prepared for some titles. Danielle Mahoney said, "Once we start, we can't stop. There's no need for us to back down now. We can beat anybody if we put our minds to it."

Intramural sports begin anew

By Liz Munson
Staff Writer

When one thinks of collegiate sports, one tends to think about basketball or football. But there are many other options besides these, even for the "novice," who isn't that adept at trotting down a court or catching a football. These sports have a name, intramurals. And at CNU, intramurals are alive and well.

CNU intramurals have been around for over 20 years. They include 11 different sports, several of which are played in different environments, such as indoor and sand volleyball. These events run throughout the year, and usually correspond to the times in which the matching varsity sports are played.

This year, CNU has a new head of intramural sports, baseball coach John Harvell. "When the opportunity arose to take the position, I jumped on it," he said.

Harvell believes that, "intramurals are a big part of campus life," because of their focus on the average, not the varsity level, student athlete.

Intramural sports, then, are open to anyone. There are no tryouts, just sign-ups. You don't have to be an All American to play; you just need to want to participate.

"The purpose of intramurals would be defeated if selectivity were involved," Harvell said.

There is, however, one quota on eligibility. You cannot play the same intramural sport as varsity sport, according to NCAA rules. This doesn't mean that you can't play intramurals at all, just not the one that you play for at the varsity level.

This is to encourage fair play amongst all involved.

Most of those who participate in intramural sports now make their own teams before signing up to play. Those who are walk-ons to the sports constitute about 10% of the players, and are generally assigned to a team. This year, between 700 to 1000 CNU students and faculty will play an intramural sport, according Harvell.

So how do you find out more about intramural sports at CNU? Harvell said he advertises via "bulletin boards, flyers, sign-up sheets, and schedules," so information is not hard to come by.

Harvell also mentioned, "You can make a little cash on the side being a referee for a sport."

If you don't see any of these things floating around campus, feel free to contact Harvell at 594-7054, or stop by his office in Ferguson 121 for more information.

Sophomore Mike Jensen placed 31st at the Virginia State meet with time of 28 minutes.

Photo by Tom Geary/The Captain's Log



Editor's Challenge



To play, simply circle the team you think will win and drop this coupon in the Tape-a-Quarter box located in the Student Center Lounge. If you select more winners than Sports Editor, Mike Mullin - A & E Editor Cash Arehart is picking them all this week, blame him - you will be entered into a random drawing for the week. The 1st place winner will receive 2 Subs, 2 Chips, and 2 large drinks from the Subway Station. A runner-up will receive 1 Sub, 1 Chips, and 1 large drink.

Carolina at Atlanta
New York Jets at Buffalo
Cincinnati at Cleveland
Detroit at Indianapolis
Green Bay at Miami
Minnesota at Tampa Bay
Pittsburgh at Baltimore

Philadelphia at New York Giants
New Orleans at Arizona
St. Louis at San Francisco
Jacksonville at Dallas
Kansas City at Seattle
Oakland at San Diego
Tennessee at Washington

Name and Number _____

Editor's Challenge

Mike's Cash Arehart's Picks:

Carolina at Atlanta- Panthers are tougher then Ravens
New York Jets at Buffalo- They're on a role!
Cincinnati at Cleveland- Everything else about Cleveland stinks
Detroit at Indianapolis- Detroit knows how to build em, not to race en
Green Bay at Miami- Miami rules!
Minnesota at Tampa Bay- They talk funny in Minnesota



Pittsburgh at Baltimore- They know what they're doing

Philadelphia at New York Giants- I don't like New York City

New Orleans at Arizona- Cuba

Gooding Jr. played for them in Jerry Maguire

St. Louis at San Francisco- Cool arch way

Jacksonville at Dallas- Dallas bad

Kansas City at Seattle- Seattle good

Oakland at San Diego- Lesser of two evils

Tennessee at Washington- Go Skins!



A rough road leads to the stars

Womens Soccer's record remains mixed

By Eric Hedden
Staff Writer

For the first eight games of the 2000-2001 season the CNU women's soccer team went undefeated, delivering six shutouts and allowing only two goals over the other two games. They seemed almost invincible as they trounced Averett College and wracked up thirteen points in one game.

But then the team met with a new challenge, two nationally ranked teams with strikingly efficient offenses. These games put the Captains' goalkeepers to the test. In retaliation to these two losses, the team pulled together and crushed the Shenandoah Hornets five to one last Friday. This win ensured that they would move on to the Dixie Conference Tournament.

Possibly one of the most exciting games this year occurred on Sunday at home against Roanoke College. The game was an all out battle. Possession bounced back and forth between the teams and it would be hard to determine which team dominated the game.

Both teams played excellently and displayed both control and skill. The game ran

down to two minutes and twenty seconds left to play when senior Elke Reisdorph secured the Lady Captain's victory as she scored a goal off of an assist by sophomore Amy Petko.

"Considering those past two losses," said freshman Connie Boehling, "I think we pulled together and worked as a great team, and we're getting out of the rut."

While Roanoke fought valiantly in the remaining game time, they failed to answer the point that CNU had put on the board. Their two last minute shots didn't pull through for them and CNU won the game. This important victory helped the Lady Captains national rankings and allowed them to hold their second place seat in the Dixie Cup

Conference.

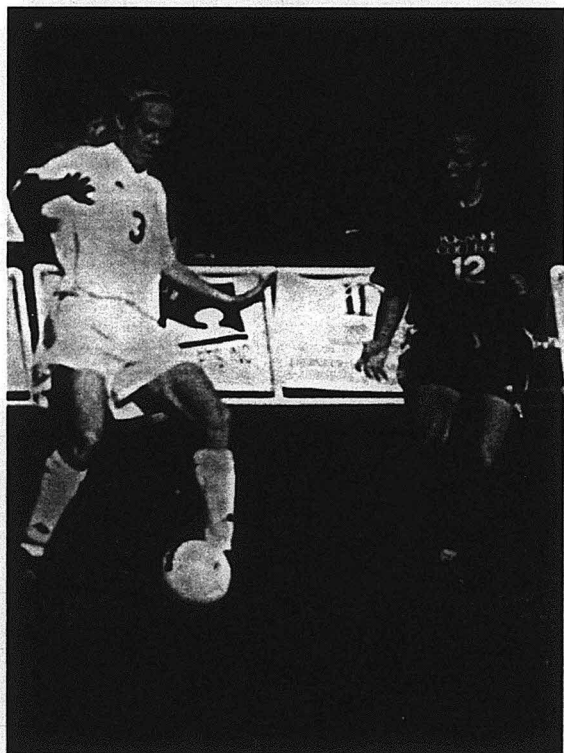
The Lady Captains dreams suffered a major setback though on the 18th. After a year of waiting, the Lady Captains suffered a painful loss to the hated N.C. Wesleyan. In the first half N.C. Wesleyan scored twice and outshot the Lady Captains 10-6. The second half fared no better, with the Bishops scoring two more times. The game ended 4-0, handing the lady Captain there first shutout of the season.

"I think we pulled together and worked as a great team, and we're getting out of the rut,"

-Connie Boehling

Senior Laura McFerrin sidesteps the strong defense of Roanoke College's Emily Letzkus.

Photo by Eric Hedden/ The Captain's Log



Volleyball wins

Tops Southern Virginia

CNU Sports Information

The volleyball team won its 21st match of the year, the second highest total in school history with a 15-4, 15-4, 6-15, 15-10 win over Southern Virginia Tuesday night at Ferguson Gym.

CNU was paced by Oksana Boukhtina with 15 kills and five digs. Lindsay Sheppard added 13 kills and ten digs, Heather Vaden had ten kills and 15 digs, Jenny Steele contributed eight kills, six block assists and two block solos and setter Nina Richardson had 47 assists and nine digs.

Defensive specialists Becca Hammack and Liz Standish had seven and six digs respectively.

CNU is now 21-6 and Southern Virginia 10-12. The Lady Captains play in the Dixie Round Robin at Shenandoah Saturday against Ferrum and Averett.

Men's Soccer wins

CNU Sports Information

SALEM, Va. - Shadi Abi-Saab scored with just 9:28 to play to break a scoreless tie and lift the men's soccer team to a 1-0 win over No. 12 ranked Roanoke Tuesday afternoon on the road.

Abi-Saab converted on an assist from Jason Farino and the Captains recorded their fourth consecutive shutout with Martin Zelada making eight saves.

Oddly CNU knocked off a nationally-ranked team in the only week all season that the Captains have not been rated in the polls themselves.

Roanoke fell to 12-2. The Captains out-shot the Maroons, 20-9.

The Captains face another big test when they host 19th-ranked Greensboro Sunday at Captains Field at 1:00 p.m.

Dixie Conference Athletes of the Week

Players of the Week

Women's Cross Country

AIMEE GIBBS - Finished third overall and second among Virginia runners at the Virginia Division III State Championships. Her time of 18:43 tied the second fastest in CNU history and was just one second off the school record. She's a freshman from Chesapeake, Va.



Men's Cross Country

MATT SINCLAIR - The sophomore from Glen Allen, Va., placed third at the Virginia Division III State Championships with a 26:15 clocking.



Volleyball

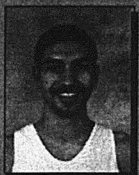
OKSANA BOUKHTINA - As the Lady Captains defeated Rowan and lost to Randolph-Macon and Catholic the junior from Kazan, Russia, averaged 5.0 kills per game and hit .389.

She also averaged .82 digs and .72 blocks per game.

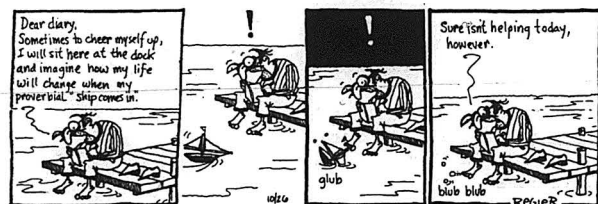
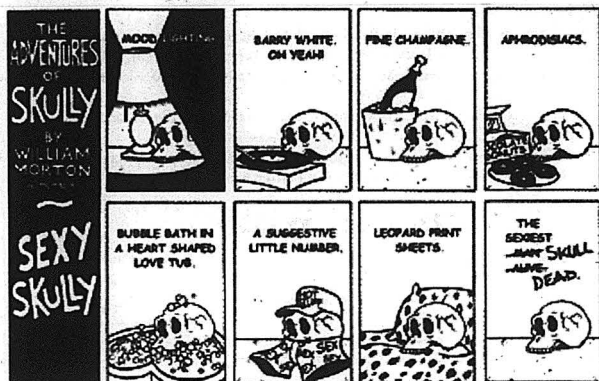


Rookies of the Week

SEAN SMITH - The freshman from Glen Allen, Va., was 14th at the Virginia Division III State Champion-

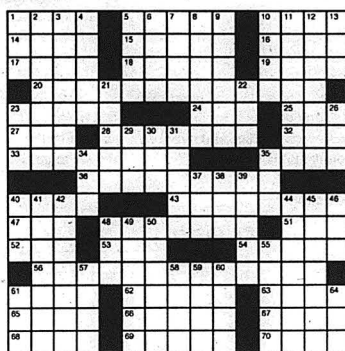


COMICS



Crossword

ACROSS
1 Rolling stone's lack
5 Clip sheep
10 Walk the floor
14 Litter's littles
15 Witty Oscar
16 River to the Caspian
17 Get out of bed
18 Incandescent
19 Light knocks
20 Kissing game
23 River horse
24 12/24 or 12/31
25 Sell-out letters
27 Fruit cooler
28 Was contrary to
38 Elver's parent
33 Goes to sea
35 Alan of "Shane"
36 Bug killer
40 Actress Samms
43 Tennessee city
47 Vocalize displeasure
48 Disk-shaped toy
51 Capp and Capone
52 Public transport
53 Jogged
54 Razor sharpener
56 Distant relatives
61 Urs novel, "18"
62 Delta deposits
63 Snug spot
65 Individuality
66 Pontificate
67 Happiness
68 Christmas decoration
69 Landed estate
70 "Lohengrin" lady



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10/21/00

Solutions



DOWN

1 "Doubtful"
2 Where it's cold, baby
3 Scrap
4 Landing area
5 Thwack
6 Luffy
7 French pronoun
8 Pueblo bricks
9 Made wool
10 Green stroke
11 Caspian's neighbor
12 Frolicked
13 Ernie of the PGA
21 Rustler's last rope
22 Actor Knight
23 Possesses
26 Like MacDonald?
29 de deux (dance duet)
30 Natural cavity
31 Medleys
34 Healing waters
35 Floral ring
37 Automobile compartment
38 '50s candidate to like?
39 Frock
40 Back flow
41 Like the timid one
42 Light, dry white wine
44 Infelder Coles

45 Reflective paints
46 Psychic letters
48 Partner of to
49 Kidnapper's demand
50 Ms. Gandhi
55 Barest hint
57 Coffee shop
58 Family group
59 Italian eight
60 Explorer
61 CD clock setting
64 Hysion or pekoe

CLASSIFIEDS

Tape - A - Quarters

To Alpha Phi's new members. Hang in there guys, only one more week. We love all of you and are so excited you're our sisters. Love in AOE.
- Robin

Delta Sigma Theta Sorority is doing a coat drive to benefit local shelters. Drop old, new, coats or jackets into the box in the Student Center.
Delta Sigma Theta

Survive Spring Break 2001! All the hottest destinations/hotels! Campus sales representatives and student organizations wanted! Visit inter-campus.com or call 1-800-327-6013. The tribe has spoken!

Looking to meet CNU student living at Concord Lake Apts. Need ride to school Mon., Wed., & Fri., for 8am class. Will split gas. Please call me at 595-8779.
- Seth Klein

Interested in forming and joining a Gay and Straight Student Union? Email: gaycnu@onebox.com

Love to all my sisters in Alpha Phi. Kim - bunny ears. Tricia - can you meet me for lunch? Thanks for listening! Megan and Carey: Love you both. Taryn - NO MORE DRAMA! PLEASE! Diane: Miss you! Angie: I love to see you! Love in AOE
- Robin

Chiropractic & Acupuncture work with the body's innate healing systems to keep you healthy. Remember: Health is more than the absence of disease. For more information, or to schedule an appointment, call Performance Chiropractic at 595-8434

Spring Break! Deluxe Hotels, Reliable Air, Free Food, Drinks and Parties! Cancun, Jamaica, Bahamas, Mazatlan & Florida. Travel Free and Earn Cash! Do it on the Web! Go to StudentCity.com or call 800-293-1443 for info.

If the world was mine, I'd eat it for miles and miles and miles.
- Slick Nick

Tape-A-Quarter Classifieds are for students, faculty, staff and members of the alumni society only. Simply write your ad and tape a quarter to it.

- Rates are 25 cents per ad.
- All ads are run in one issue only. For multiple runs call MS. CLASSIFIED (594-7196) for further information.

-Tape-A-Quarter Classifieds must be submitted on an official Tape-A-Quarter form. Forms can be obtained from The Captain's Log newspaper stands. Ads submitted on anything other than the official form WILL NOT be published.

-Included on the form must be your name, phone number and the date that ad was submitted. Failure to include such information will result in ad not being run.

- Tape-A-Quarters must be turned in to our office or left in our convenient drop-box located on the first floor of the Campus Center next to the Game Room or by mailing to: The Captain's Log, Classified Department, 1 University Place, Newport News, Virginia 23606.

- Tape-A-Quarter ads are published on a space available basis. Those ads which are not published because of space constraints will be published in the next issue.

official tape-a-quarter form

CAPTAIN'S LOG

tape quarter

name, phone number and today's date (required)

print message below. do not exceed six lines
