

# The Captain's Log



Volume VI, Number 21

Christopher Newport College Newport News, Virginia 23606 February 24, 1975

## SGA SPONSORS FOLK CONCERT MARCH 1

The SGA will sponsor a Folk Concert this Saturday, March 1, at 8:00 pm in the Campus Center Theatre.

The concert will feature Roy Bookbinder and "Fats" Kaplan, East Virginia, John Curry, and Barbara Anderson and Jay Behm.

Roy Bookbinder is a ragtime and blues guitarist who studied under the legendary Rev. Gary Davis. He plays in the East Coast blues tradition and draws his material from sources such as Jelly Roll Morton, Sam McGee, Blind

Boy Fuller, Bo Carter and Pink Anderson.

Fats Kaplan enhances Bookbinder's performance with the fiddle and four string banjo. Kaplan was originally influenced by Western swing players and has since worked into a traditional blues style.

Roy and Fats have traveled extensively playing at folk clubs and college concerts all over the East Coast as well as England, Scotland and Wales. Bookbinder has an album on Adelphi Records called

Travelin' Man and the duet has recorded another album that will be released in several months.

East Virginia is composed of five talented and versatile musicians from the Norfolk area including Joe McDonough on banjo, Art McDonough on guitar, Lester Potter on mandolin, John Curry on bass, and Harry Hall on fiddle.

East Virginia is a traditional Blue Grass band and draws their material from the recordings and live perfor-

mances of artists such as Ralph Stanley, The Dillards, Lester Flatt and Earl Scruggs, Mac Wiseman, Doc Watson, and The Country Gentlemen. They have a single, "The Widow Jones' Little Daughter," released on EVE Records and are in the process of recording an album.

John Curry, besides playing fiddle and bass for East Virginia, will perform in a solo set of traditional and oldtime folk music. Originally from Massachusetts, John grew up with traditional music and began performing in high school. He played in oldtime and bluegrass groups around upstate New York before joining the Navy and moving to Virginia.

Since he has lived in Norfolk, John has played with the Original Cast of 12,000 for four years and with East Virginia for the last year and a half. A master of numerous instruments, he will perform on guitar, banjo and perhaps the fiddle.

Barbara Anderson is a CNC student and has been termed the "First Lady of Folk Music" at the college. Her accompanist, Jay Behm, a Hampton Institute student, and she have performed individually since high school and together for about a year.

Their repertoire includes contemporary and traditional folk songs and encompasses the use of guitar, banjo, mandolin and dulcimer. They have performed in several area concerts and local restaurants.

Admission to the concert is \$1.00 to CNC students with I.D. and \$2.00 to the general public.

### DR. BOOKER TO APPEAR ON 'DICK LAMB SHOW'

Dr. H. Marshall Booker, Professor of Economics here at CNC, will appear on the "Dick Lamb Show," WTAR-TV (Channel 3), Thursday, February 20, between 9 and 10 am.

Mr. Lamb will interview Dr. Booker on the topic of "Current Economic Conditions."

## Dr. Nauman to Speak in Pub on 'Exorcism'

By Teresa Warf

Interested in the occult? Want to learn more about exorcism? Then come to the Captain's Wheelhouse on Feb. 27 at 12:15 to hear Dr. St. Elmo Nauman, CNC's resident expert on the subject. Dr. Nauman is editor of the recently published book, Exorcism Through the Ages, considered to be the most scholarly volume on the history of exorcism.

Exorcism Through the Ages, including chapters on "Exorcism and the Bible," "History of the Devil," and also "Glimpses of Exorcism in Religion," shows that the phil-

osophy of the occult was the entire philosophy of the ancient world. Exorcism was viewed as a rational way of dealing with the problem of evil (spirits) seizing people against their will. In fact, the exorcising was regarded as a type of counseling.

Dr. Nauman does not profess to be an exorcist himself, but as a historian of the subject, he did mention that there is an exorcist on this campus. Dr. Nauman will be offering a course in the summer session on the occult and exorcism.



Dr. St. Elmo Nauman

## CONTROLLED SMOKING PROTECTS RIGHTS OF NON-SMOKERS

by Mary Dvorak

On February 17, Dr. Windsor met with four students in Gosnold Hall to discuss the 'controlled' smoking policy to be implemented in the summer session.

Dr. Windsor said the 'controlled' smoking policy protects the right of the non-smoker to breathe fresh air without taking away the right of the smoker to smoke.

This policy asks that the smoker step outside the class if he finds he absolutely cannot go on without a cigarette. The instructor may also allow for smoking breaks during the class period.

If the situation should arise where most of the students in a class and the instructor smoke and there is no one who would be offended

by the smoking, it would be allowed in that class only. Dr. Windsor said that this would be considered a 'controlled' situation.

But what were the students saying? The only smoker present at the discussion said that he felt he had been forced back into high school where one had to smoke in the breezeways only.

One thing smokers seem to be concerned with is that some of them are not as mentally alert if they cannot have a cigarette. Dr. Windsor says he is aware of this and the distraction of withdrawal and that this is the reason smokers are allowed to step outside the room to have their smoke.

Dr. Windsor mentioned his feeling that many non smokers

feel they are under tremendous social pressure and they will not express their opinions on smoking in the class situation. Some of these people just sit and suffer and some complain to Dr. Windsor.

One student said she talked to an instructor about smoking and mentioned that the smoke bothered her. The instructor relayed this to the class and then turned and lit a cigarette.

Incidents such as this one are part of the reason why CNC is forced to adopt the 'controlled' smoking policy. Talking with Dr. Windsor later, he remarked, "The old policy which was established after last year's referendum (results of which were 50%a-

Continued on page 7  
See 'Controlled Smoking'



# Letters to the Editor Homecoming for Alumni or Student Body?

## TO THE EDITOR

Speaking candidly as a CNC alumnus, I found Homecoming Week disappointingly inactive. The absence of a program designed to appeal to graduates was totally obvious throughout the alleged Homecoming.

Homecoming, as defined by the American Heritage Dictionary, is "in colleges and universities, an annual event for visiting alumni." Homecoming is not, as some apparently imagine, a time to welcome the basketball or football team home.

The emphasis obviously revolved around student interests, not alumni involvement. The SGA set the Homecoming date last fall, but did not inform the CNC Alumni Association of any plans until the beginning of February, which hardly allows enough time for alumni to plan to attend.

Nor was the Alumni Association offered the opportunity to actively participate in the planning or coordination of Homecoming. SGA President, Tom Johnson, remarked to me following Homecoming that the Alumni Association was told when Homecoming would be and what the plans were, but the Alumni offered no assistance with the activities. What a cop-out, what a negative approach! Had the Alumni been asked to help rather than to "take the week's activities or leave them," I feel confident that they would have responded positively and actively.

A Homecoming weekend would have been much more possible since most alumni either work, live out-of-town, or are in graduate school. Had the week's activities been slated for Friday evening and all day Saturday, then the alumni could have participated.

And yet even Saturday's Homecoming game was not geared for the graduates. Nowhere on campus were any signs or posters welcoming the alumni home. In the gym, there was no welcoming banner and there was no Alumni section in the bleachers. It would have taken no more than an hour to produce and post welcoming signs, yet it seems that no one was willing to give the alumni that small courtesy. Sophomore class president, Missy Trevallion, said the above remarks sound like a spoiled brat. That may be true, but it is even more reasonable to believe that I am a graduate who returned

for homecoming and was slapped in the face with the blatant insult of "What are you doing here? I thought you graduated!" What sort of homecoming is that? I've talked with numerous students and graduates from other colleges, both large and small schools, and all find it hard to believe that the alumni were ignored during homecoming.

There will undoubtedly be those in the SGA who will make excuses and will try to say that I offered no alternatives for what I felt was an uncoordinated flop. During my contacts with SGA members I was never asked for suggestions, but if I had been, I would have offered both ideas, be they accepted or rejected, and muscle (it's not much, but it's there and it's free).

While serving as SGA Vice-president, I asked the class presidents in charge of coordination of homecoming activities if everything was going well and if they needed any help at all. On all occasion, I was told that plans were progressing and was not given the chance for input. During SGA meetings, Tom Johnson always allowed me to air my views on the forthcoming events. However, it seems that the comments were ignored.

I believe in involvement and in improvement. It has not been my purpose to offend anyone personally, but rather to point out that there still remain areas in which this college needs to grow. I am not blaming anyone for lack of attention to graduates, and readily admit that if the

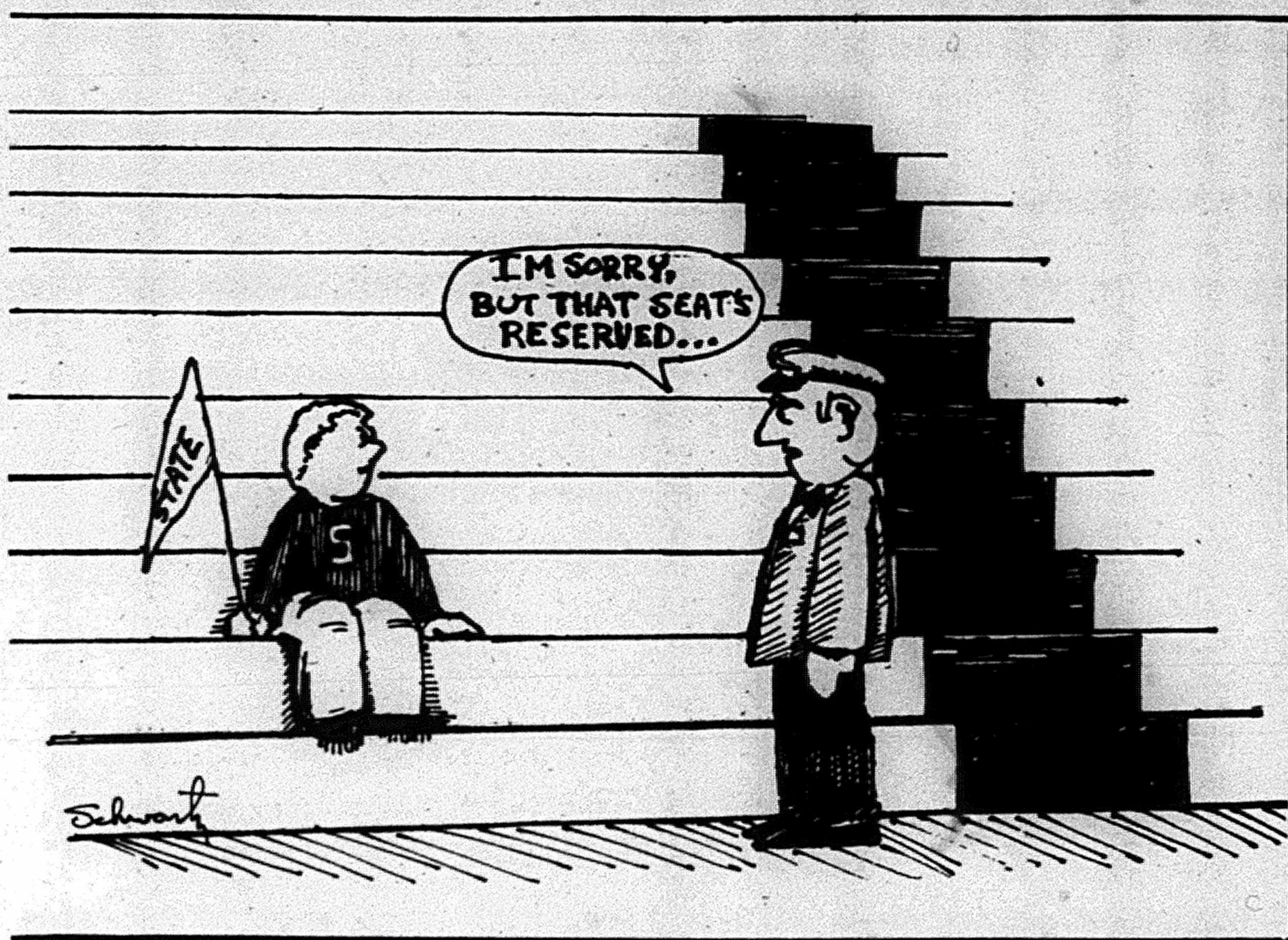
CNC Alumni Association were more active and aggressive, it would have taken charge.

As the school develops, so too does its organizations and activities. I believe in the good faith of the SGA, the students, and the alumni, and am confident that we all have the wisdom to learn, both

during and after our collegiate careers. The past is gone and we must look to the future.

If anyone feels offended by this letter, I apologize.

R. Stuart Smith  
CNC Alumnus



THE INDIANA STATESMAN

## Express Your Opinion in 'Forum'

Many readers have indicated a desire to express their views on subjects of general interest in the community and on campus.

The Captain's Log is happy to provide an outlet for the views of all its readers. However, to make a forum interesting, we must have your input.

Students and faculty may submit articles, 250 words or less, for publication in "The Forum" by bringing them to our office in the Campus Center, room 225, or by leaving

them at the Dean of Student Affairs' office.

Articles must be submitted by 3 pm on Thursday for publication the following week.

Letters from our readers on matters of general interest are welcome. However, they are subject to editing and must be signed. Please include full address and, for verification only, telephone numbers. Anonymous letters will in no case be published.

## The Captain's Log Staff

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# Energy Crisis Affects Students, College

By Liza Halachis

A couple of years ago you probable filled up your gas tank, loaded the car with friends and headed for Virginia Beach, right? Or maybe you used to go cruisin' down Mercury Boulevard looking for a hopping joint or a race; maybe you even used to drive far and wide to hit the secluded hot-spots with your "chic" and talk...politics.

Have you wondered where the "good old days" have gone? What has made all these exciting tid-bits of life disappear, or become a major event? The price of gas has driven us to the poorhouse.

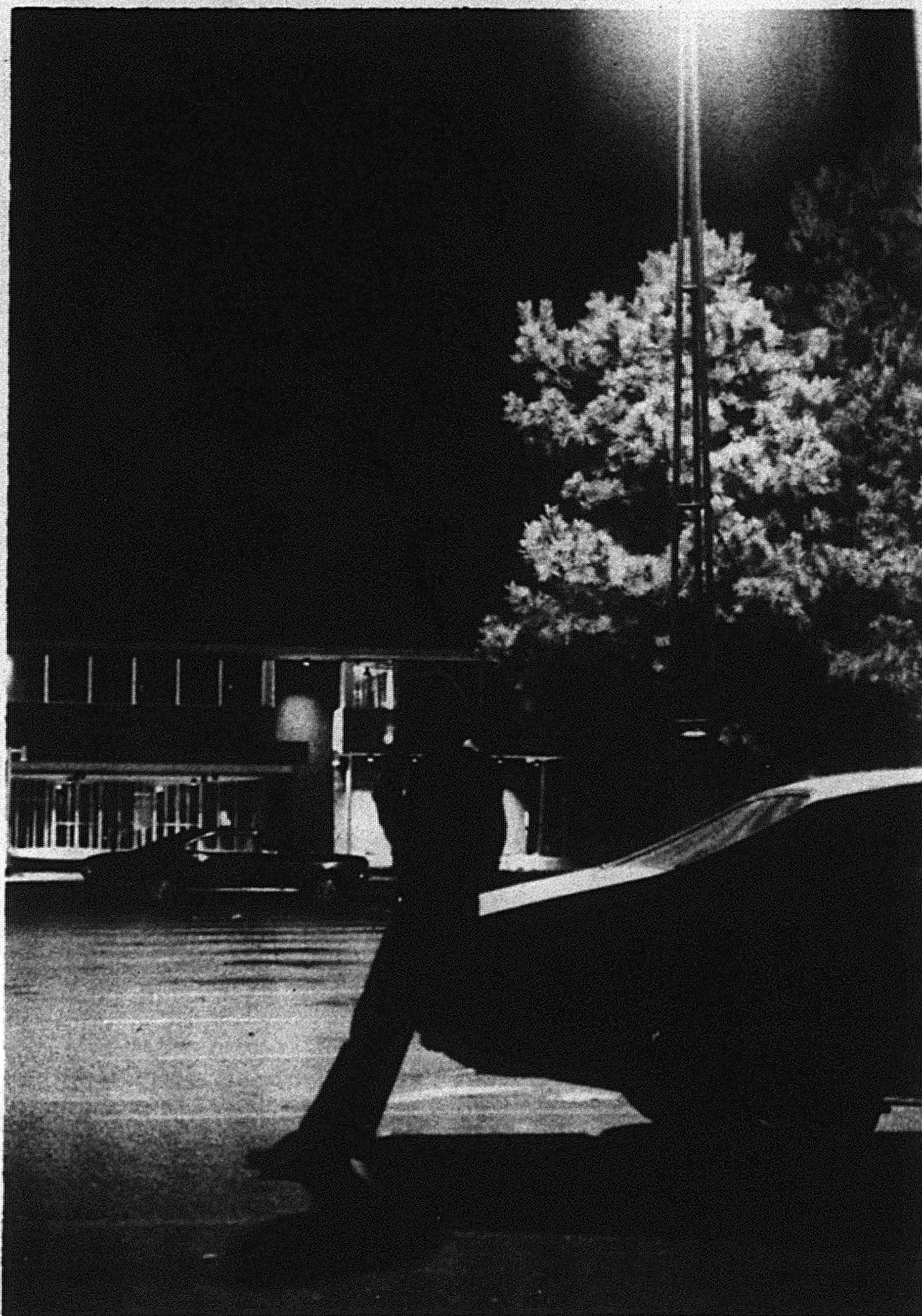
But now that it is obvious that the higher fuel prices have affected the social life of most students to some degree, what can be done to replace that empty feeling—watch the grass grow? Make puppet shows with shadows on the walls? Read old year-books? Eat chocolates and count zits? There must be more to life.

Last year countless people cancelled annual vacations to their favorite resort place or relatives' home sites because of the crisis flash that had pessimists counting days before the population would freeze to death; however, it was the start of a lingering problem.

Today, the average distance a CNC student commutes is from 6 to 15 miles, and because many students are employed, it makes it even harder to make a fill-up last a week; therefore, the jobs don't seem to be profitable in the long run. The only people seeming to be making a profit are the presidents of Volkswagen and Chevrolet (Vegas, of course).

Taking a look outside in the student parking lots, it appears that most cars are the compact gas-savers. One student replies, "I had to sell my Pontiac, I just could not afford to drive it anymore."

"The prices have made me slow down on the weekends," states Greg Brown, "seriously." The overall opinion of most students, however, is



As the fuel shortage becomes more critical, this scene will become more frequent. (Lyon Photo)

that gas prices do not affect their driving habits or means to school to a serious degree. "Have gas, will move," laughs one student during open-bar last Wednesday.

"The prices on the pumps are getting ridiculous, I haven't seen a full tank in my car for a long time. I even ran out of gas once...," confesses John Ross.

Christopher Newport College doesn't see the matter so lightly either. The price of heating fuel has gone up over 300% in three years. The same fuel which cost 11¢ per gallon in 1972, has jump-

ed up to 36¢ this year. According to Supervisor of Buildings and Grounds, Mr. Mike Cazares, "it used to cost \$6,600 to fill up the 60,00 gallons used by CNC in 1972, now it costs \$21,000."

The most expensive building to operate is the Campus

Center, which utilizes 700 gallons of fuel a week, whereas the other buildings average 200-300 gallons.

Today, VEPCO is charging CNC one cent per kilowatt hour, which costs \$2,700 a month in the long run. That price "will remain stable until the contract runs out on March 1, 1976, then we'll be paying \$8,900 per month," Mike Cazares informs.

Has the Petroleum-Panic made a cut in student enrollment this year? "I really don't think so," laughs Assistant Dean of Admissions, Clinton Blount, "at least not from what I can detect yet."

It appears that climbing gas prices are getting everyone down money wise but not physically.

"After all," one girl comments, "what good is a car with a full tank that just sits in your driveway? I'd rather enjoy myself and sacrifice a couple of lunches out a week when money is a problem."

The crunch might affect the unaffected if the college has to "donate" much more to the VEPCO fund in the coming years by raising the tuition slightly.

Although you may be hoping for relief in the near future, as you continue to consume at your normal level, the one question left unanswered is "What happens when prices are out of sight?"

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# CAPTAINS WIN LAST SEASON GAME, 75-72

by Robby Duncan

In the last game of the regular season, the Captains pulled out a real barnburner at Eastern Mennonite on Monday as they squeezed by the Royals, 75-72 on Bill Hopke's basket in the final six seconds of the game.

A capacity crowd watched as the lead changed hands several times. Neither team could take a decisive advantage.

With 12 seconds left and the Captains leading 73 to 68, the Royals staged a comeback. In less than six seconds, the Royals stole the inbounds pass twice to shoot some easy layups, cutting the Captains lead to one point.

With only six seconds to play, CNC's Tom Kilpatrick passed the ball in to Doug Baggett who passed to Bill Hopke who was downcourt alone to score the winning basket.

ket.

The Royals tried once again with two seconds to pull it out, but their efforts fell short.

Doug Baggett led the way for the Captains with twenty points. Dave "Hutch" Hutcherson dropped in 16 points and Sherwin Green hit one field goal, with 13 for 14 from the foul line for 15 points. Mike Tallon threw in 12 points, 10 of which came in the second

half.

The reserves played a big part in the game. Bill Hopke sealed the game with his last second basket, and 6'6" Krax Mavitts (Mac Scott) quelled the Royal comeback with two important blocked shots.

Bill Hopke said after the game, "I didn't think much could happen with just 32 seconds left, but I was really surprised and excited as I made the clinching basket."

## GOLF TEAM PREPARES FOR SPRING SEASON

By Dr. Robert E. Kraft

CNC's varsity golf team is preparing for the 1975 Spring season which begins with a week-long trip to North Carolina during spring break.

This year's ambitious program features such opponents as Madison College, Hampden-Sydney, Old Dominion, Campbell College (NC), and, from New Jersey, Glassboro College.

Returning this year are lettermen Jim Trask, Randy

Heath, Phil Whitley, and John Mallonee.

Jim Trask, completing his final year of eligibility, is expected to play in the #1 position. His game has improved since last year, as shown by several rounds in the 70's at the difficult Newport News Municipal Course.

Phil Whitley, a retired Colonel from Fort Eustis, is out to prove again he can defeat the younger golfers.

John Mallonee shot some good rounds last season and is expected to eliminate some erratic play.

Another letterman, Chuck Knoles, transferred from CNC to Arizona, while Mark Bond, who played in the fall matches, dropped out.

Newcomers expected to develop are Steve Gale, Chris Sturgis, Joe Hoare, and Mike Hannon.

The season begins with the

36 hole Elon Invitational in Burlington, DC, which will feature teams from Duke, NC State, North Carolina University, and possibly Wake Forest, last year's N.C.A.A. golf champions.

All home matches will be played at the Fort Eustis Golf Course. If there are any students who wish to become a member of the CNC golf team contact Dr. Kraft in the gym or call 596-7611 ext. 272.

## AKPsi Takes Lead in Intramural Play

By Tommy Kilpatrick

AKPsi took over sole possession of first place Sunday with a 37-32 victory over the Voyagers while boosting their unblemished record to 4-0. Doug Briggs paved the way for the Business Fraternity with 17 points. The Voyagers, who could only muster five players for the contest lost Glen Corey late in the last quarter on fouls and had to finish the game with four players. Randy Walden led the losers with 16 points.

The Independents continued their winning ways by thumping the No-Names 57-34. After dropping their season

opener to AKPsi in overtime, the Indy's have roared back with three straight wins. Sunday's victory knocked the No-Names out of the unbeaten ranks and threw the league into a three way tie for third place with the Independents, the No-Names, and the Dukes each sporting 3-1 records.

Robby Duncan fired in 20 points while Steve Williams added 16 to pace the Independents. Mike Carper hit 10 for the No-Names.

The Alumni went down in defeat again, this time at the hands of the Dukes, 64-58. The balanced scoring of Mike Link, Jimmy Haggard, and Jimmy Hagen with 15, 14, and 10 points respectively proved too much for the Alumni. Andy Wacławski had 23 and Paul Babcock had 15 for the losers in what was undoubtedly the most physical game of the season.

## Language Club Sponsors Dance

The Modern Language Club will sponsor a dance on Friday night, Feb. 28. Starting at 8:30 pm and continuing until 12:30, music will be provided by "Crystal." Beer will be sold. Price is \$1.50 per person.

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### GOLF TEAM - SPRING SCHEDULE

March 10 & 11	Elon Invitational	Burlington, NC
March 12	Golf Tournament	
	Methodist College	
	Lynchburg College	
	Francis Marion College	
March 13	St. Andrew's College	Fayetteville, NC
March 14	North Carolina Wesleyan	
	Campbell College	Rocky Mount, NC
	Virginia Wesleyan	
	Lynchburg College	
	Washington & Lee	Virginia Beach
March 25	Apprentice Technical	
	School	Portsmouth, Va.
March 27	Virginia Commonwealth	Richmond, Va.
April 1	Glassboro State	Fort Eustis, Va.
April 3	Virginia Wesleyan	
	Old Dominion	
	Madison College	Virginia Beach
April 10	Hampden-Sydney	
	Old Dominion	
	Virginia Wesleyan	Powhatan, Va.
April 11 & 12	Virginia State Inter-	
	collegiate Tournament	Hot Springs, Va.
April 15	University of North	
	Carolina (Greensboro)	
	Virginia Wesleyan	
	Greensboro College	Fort Eustis, Va.
April 21	VCAA Tournament	Washington, DC
April 24	Apprentice School	Fort Eustis, Va.
April 28 & 29	DIAC Tournament	Lynchburg, Va.

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## Rierson to Teach Transactional Analysis

Beginning on Feb. 20 and concluding on April 10, Mr. Jim L. Rierson of Human Development Research Group will teach an introductory course in Transactional Analysis.

The course will focus on: structural analysis—the analysis of individual personality; transactional analysis—the analysis of how people interact with one another;

### REGISTER VEHICLES,

### SAVE PARKING TICKETS

All motorized vehicles parked on campus by faculty, administrators, students and staff (day or evening) must be registered with the office of the Dean of Student Affairs. Failure to do so is a violation of the parking regulations.

There is no charge for parking stickers; they may be picked up Monday through Friday from 9 am to 9 pm either in the office of the Dean of Student Affairs or at the Information Desk in the campus center.

other; game analysis—the analysis of a series of transactions with an ulterior motive; and script analysis—the analysis of life dramas that are consciously or unconsciously acted out.

Registration for classes can be accomplished by coming to the Office of Continuing Studies, Monday through Friday, from 8 to 5, or by calling and making a registration reservation, 596-7611 ext. 312.

## Search for Artist to Paint Mural

Are you a talented artist? Would you like to do a mural at CNC?

If you can answer "yes" to either of these questions, it may be to your advantage to gather some sketches and see Jim Rollings at the Campus Center Desk, or call him at extension 274.

Present plans call for the mural to be in the cafeteria. Materials will be furnished.

## A. Hilary Armstrong to Speak Here on Wednesday

A. Hilary Armstrong, visiting Professor of Classics and Philosophy at Dalhousie University, Halifax, Nova Scotia, Canada, will speak in the Campus Center Theatre on Wednesday, Feb. 26, at noon.

Mr. Armstrong's topic will be "Form, Individual, and Person in Plotinus." He will also lecture at Old Dominion University, Feb. 27 at 8 pm in the Arts and Letters Auditorium.

Mr. Armstrong's lecture is the second in the 1974-1975 Hampton Roads Franklin J. Matchette Lectures sponsored by the Departments of Philoso-

phy of Hampton Institute, Old Dominion, Virginia Wesleyan, CNC, Norfolk State, in cooperation with Tidewater Community College and TNCC with funds supplied by the Franklin J. Matchette Foundation.

A native of England, Mr. Armstrong received his B.A. and M.A. degrees from Jesus College, Cambridge University and also attended the University of Vienna for advanced study.

During World War II he was Professor of Latin Literature and Classical Greek at the Royal University of Malta at Valetta where lectures

continued with only a short break during the term, throughout the bombardment - blockade of Malta.

Prior to joining the faculty at Dalhousie University, he served on the faculties of higher learning at the University College at Swansea, Wales, the University of Liverpool, and Manhattanville College, Purchase, New York.

Mr. Armstrong has made a number of contributions to books and has written several himself which include An Introduction to Ancient Philosophy, Plotinus, Christian Faith and Greek Philosophy, and St. Augustine and Christian Platonism.

For further information about Mr. Armstrong's lecture contact Dr. St. Elmo Nauman, Jr., Associate Professor of Philosophy, 596-7611 ext 256.

## CNC Adds Two New Minor Programs

Two new minor programs have been added to the curriculum at Christopher Newport College, one in Fine Arts and one in Music, it was recently learned.

In addition to the present courses in Fine Arts which include Introduction to the Arts, Basic Design, and Life

Drawing, the following courses will be added: Fundamentals of Painting, Painting, Life Painting, Arts in the United States, Modern Art, Arts of Humanism, Arts of the Non-Western World, Individual Problems in Painting, and Individual Problems in Art History.

Present Music courses include Introduction to Music, Elementary Theory of Music, History of Western Music, Mixed Chorus. Additional courses will now be offered in Applied Music: Piano, Voice, Violin, and Organ from the 100 to the 400 level.

Details on all new courses will be provided in the 1975-76 college catalogue. At present, information can be obtained from the Department of Fine and Performing Arts.

## VETERANS' HOT LINE: Questions and Answers on Education Benefits and Problems

Q: Is the new nine month extension available to widows, wives or children authorized benefits under Chapter 35?

A: No. The nine month extension is available only to veterans who do not have a bachelor's degree.

Q: Did the new G.I. Bill change the rate of pay for servicemen on active duty?

A: Yes. Under the new bill an active duty serviceman will be paid tuition cost, not to exceed the rate of \$270 per month full time, \$203 for 3/4 time and \$135 for 1/2 time. For servicemen attending Christopher Newport College the payment will

be for tuition cost in the majority of cases.



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## NEW CAFETERIA MANAGER TO OFFER BETTER FOOD, SERVICE

By Mary Dvorak

A new face is being seen in the cafeteria this semester, which belongs to Mr. Cecil Beech, the new cafeteria manager.

Mr. Beech was raised in the Phoebus area of Hampton and graduated from Hampton High School in 1948.

After graduation from high school he journeyed out to Los Angeles, California where he did a four-year apprenticeship under Theodore Hull, the chef at the Ambassador Hotel. Gradually, Mr. Beech worked his way up to Sous Chef at the Ambassador. Later, he went to work for the Hilton Corporation. ....

His work with the Hilton Corporation took him to the Beverly Hilton Hotel in Beverly Hills, California, where he worked for twelve years. Mr. Beech returned to Virginia in 1972 to care for his aged mother.

Presently he is working for Crotty Szabo Food Service and says he enjoys ca-

feteria type work, and that he finds this part of the food business less formal than what he is used to.

But let us sidestep a little bit and see what his

plans for the cafeteria are. One of the things he is trying to do is clean up the place, this includes keeping the condiments wiped up and filled, which in the past

have been repulsive. In cooperation with the Commonwealth of Virginia, he is hiring two bus girls to help keep the tables clean.

But Mr. Beech was quick to say that these girls' only duty would be to wipe the tables and not have to pick up trash. In order to help keep the cost of the food down students should place trash in the proper receptacles and the trays in their proper place.

Other problems in the cafeteria are also being worked on or have already been remedied. One such problem that should not be seen is the shortage of things like forks, spoons, knives, napkins, etc. Mr. Beech has already stocked up on these things and plans to keep an adequate supply in stock.

The problem of long lines at rush hour is also in the process of being taken care of. Very soon there should be an express line on the drink line for those just wanting drinks or sandwiches.

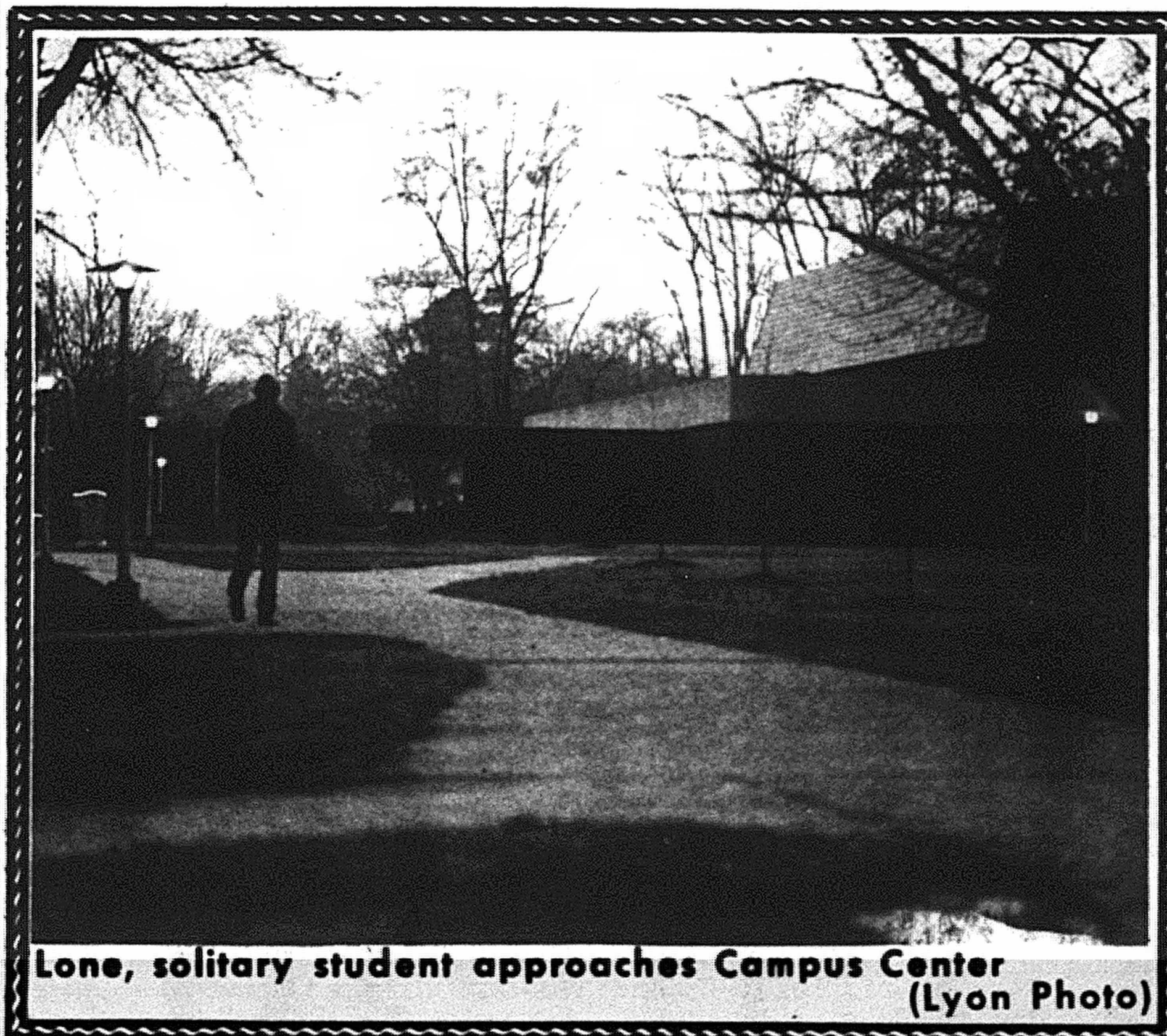
Another problem Mr. Beech would like to do something about is the poor organization of the cafeteria. That includes rearranging so that the knives and forks are at the correct end of the line.

Mr. Beech would like to do everything he can to improve the cafeteria but he says he needs the cooperation of not only his employees but also the students and faculty, this includes picking up your trays and throwing away your trash. And if you have a complaint or question about something, try talking to Mr. Beech about it. You will find that he is more than willing to talk to students, he cannot help you if he does not know what you want.

Groups that are planning parties or banquets should contact Mr. Beech as soon as

**Continued on page 8.**

**See 'Better Food'**



Lone, solitary student approaches Campus Center  
(Lyon Photo)

## Counseling Center Offers Career Exploration

Bonnie Hansen and Mr. Glen Vought, CNC Counseling Center staff members, will offer a Career Exploration group on four different occasions during this semester, it was announced last week.

A Career Exploration group is a gathering of five to seven people who share a need to "open up" their awareness of career alternatives and discuss, with fellow CNC students, some of the problems

and uncertainties connected with education, career, and lifestyle decisions.

The group provides structured, progressive experiences, under the leadership of a trained counselor, which are designed to increase a person's awareness of career alternatives. Some experiences help put students in focus with their values and interests, and encourages students to relate them to career

decisions. The experiences also provide a model for making more effective decisions in the future. Use is made of information sources and group dialogue.

Three hours is usually ample time for the groups to work thru the various experience elements and can be arranged flexibly to meet the time needs of the group.

Initial meetings are scheduled for March 4 at 2:00 pm, March 24 at 6:00 pm, and on April 16 at 2:00 pm.

Students enrolled in evening classes as well as day students are welcome to participate. All meetings will be scheduled in the Counseling Center W116. Please indicate your intention to participate by signing up in the Counseling Center for one of the dates above. A telephone call (596-7611, ext. 291) will hold your place.

## Senior's Job Interviews Scheduled for March

The following organization's representatives will be on campus during the next month to interview you for job possibilities after your graduation. You may make appointments for the interview in Gosnold Hall, room 206.

\*First and Merchants National Bank-Feb. 27(9:30.- 12) all degrees;

\*St. Regis Paper Company-- March 5 (9-12 and 1-4) business, sociology, psychology, mathematics, and management information science degrees;

\*Giant Open Air Markets -- March 18 (9-12 and 1-3) degrees in business admin.;

\*NNS&DDCo.-March 19 (9-12 and 1-3) accounting, computer, business, management degrees;

\*Wicomico County Board of Education (Maryland)-March 20 (2-5) English, business, education, history, mathemat-

ics, psychology, political science, science(certified).

\*United Virginia Bank-shares-March 21 (TBA) all degrees.

In the case of the position with First and Merchants it is most unlikely that an opening will come up for the next two years but a senior will gain experience from going thru the interview process on Thursday, Feb. 27.

### EIGHT-WEEK LECTURE ON SAILING

Starting March 11, 1975

Conducted by

CLINTON CHAMBERLAIN

\$10.00 per person

Sponsored by Sailing Club

Phone 596-2675

for Registration

TOP ROCK BANDS OF '75



**VILLAGE**

RESTAURANT & LOUNGE

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COME ON DOWN!

THIS WEEK:

Tues.-Sat. Music by  
**SECOND WIND**

Sun.: The Robert B. Mitchells'  
'OLDIE BUT GOODIE' Show  
& Dance (Twist, Limbo,  
sing-along, & other contests)

**SPECIAL Full Pound Large  
Steamed Shrimp only \$3.50**

also SIZZLING STEAKS, PIZZA, STEAMED SHRIMP



Continued from page 1

gainst and 50% for smoking in the classrooms) was not working out."

Some instructors were not taking a vote in the classrooms and if they were it seemed that non-smokers frequently felt that they would be ostracized and did not object. Other instructors were ignoring requests from non-smokers to eliminate the cigarettes because of health.

Dr. Windsor said another reason for this new policy was because new research and literature has come out in the last year, dealing with the danger of smoke to the non-smoker.

Another reason for the implementation of this policy was the maintenance problem. Many smokers if they can not find a receptacle they will go ahead and flick ashes on the floor, and then grind

the butts into the tile. This burns the tiles and leaves a black spot which cannot be removed easily.

Another question asked of Dr. Windsor was why he is beginning this new program in the summer and not immediately. One reason he gave for the delay was to forewarn so

that smokers could adjust to going without a cigarette. He also said that the regulations for the college have already been committed for this year. The time period of about three months also will give him a chance to put the new policy in the official documents of the college and have it properly publicized.

Dr. Windsor also said it is less disruptive to start a new policy at the beginning of a session.

As far as enforcement of the policy is concerned, faculty members are expected to accept regulations of the college and to communicate them to the students. Should a student blatantly disobey a rule, he will be referred to the Discipline Committee.

Members of the Discipline Committee represent the students, faculty, and administration. This committee reviews discipline problems on campus and makes recommendations on their findings.

For those keeping up with other colleges, William and Mary and Thomas Nelson have No Smoking policies. CNC is one of the few colleges in the state which has allowed smoking in the classrooms.

## Effectiveness Training Workshops Planned

Beginning March 1 and concluding April 26, Mr. Michele Diana of the Virginia School at Hampton, will conduct Parent Effectiveness Training Workshops.

The workshops will be arranged around such topics as "How to listen so children will share problems," "How to talk so kids will respect your needs," "Ways to prevent

and change unacceptable behavior," and "The no-lose method of parent-child interaction."

Registration for classes can be accomplished by coming to the Office of Continuing Studies, Monday through Friday, from 8 to 5, or by calling and making a registration reservation, 596-7611 ext. 312.

# classifieds

FREE ADS for CNC STUDENTS

(For three issues)

The non-student rate for ads is \$1.00 for four lines in four issues. Bring ads to the Captain's Log Office in CC-225, or phone 596-7611 ext. 232.

## Employment

### Help Wanted

Blind student needs someone to help with reading textbook MW 11-12 and TTh 10-11 or 1-2. Can pay \$1 an hour. If you can read at any of these hours, please contact Vivian at 887-9113 after 5.

Wanted - Graduate or Bachelor's degree interested in teaching. For registration forms: Southern Teachers Agency of Richmond, 509 Medical Arts Bldg., Richmond, Va., 23219.

Help Wanted - Members for a Diet Group, noon on Tuesdays. Contact Bonnie Hansen, Counseling Center.

The following part-time jobs are available through the College Placement Office: Picture framer, bartender, helper, waitress, cab driver, nurseryman, orderly, dishwasher, sailboat salesman, repairman.

The following full-time jobs are available through the College Placement Office: Teachers 1975-76, Academic Advisor, Resident Manager, Landscape architect, Laboratory Assistant, Environmental Systems Eng.-BA in Chemistry or Physics.

### Positions Wanted

Work Wanted: Roofing or re-roofing, Exp instal at disc rates. 874-3265 & 877-3274.

POSITIONS WANTED - Tutoring English and Spanish, Certified. Call 838-2794.

Typing done at home. Call L. Phillips, 877-2067.

## Rentals

### Roommates Wanted

Roommate wanted to shr 2 bdrm apt near CNC, \$93.75/mo incl util, w/ carpet, dishwasher, garbage disposal, a/c, pool. Everything furnished except bdrm, can get bdrm furn if necessary. 599-5242.

Male roommate wanted, 2 bdrm garden apt New Market area Approx \$90/mo-Call 826-4741 Room-mate (female) wanted to share 2-bdrm apt w/ same, 10 minutes from CNC 599-6175. Male roommate wanted to share 3 bdrm townhouse apt. near CNC. \$82.50/mos. Call Paul, 877-4665 or 595-8278.

### Rooms for Rent

Room for Rent-kit. priv. in private home. 877-3040.

## Articles

### Articles for Sale

FOR SALE - Junior set of golf clubs w/bag. \$35. 596-7807.

STEREO Comp. cabinet, walnut formica fin. w/ smoke glass doors, area for tape deck, amp. sliding trunt. shelf, inside dem. 19½ deep by 37" wide height 26", \$50; 244-8878.

FOR SALE-Sea Snark Sailboat, 11 ft. tateen-rigged sail; Gluvitted Hull, \$40. Call Dave at 868-6406.

For Sale - King flute, 6 mos. old, excellent for any type music, must sell, \$95. Call 877-8625.

Stereo for Sale - Superscope R 340 rec 12 wpc, 2 Audio Q 47 skrs, \$190, 9 mos old, sell separate or together, call 245-5371 after 3.

Port. TV and stand, B/W, new, \$75, after 5, 599-6175.

For Sale: 16" port color TV 2 yr old exc cond must sell. \$140 or best offer Call 826-1720-Days. Nights call 851-7324. D. Wooddell.

Color TV-Zenith Chromatic II less than 1 yr. old, 17" screen, \$225 or best offer. 599-5242.

## Animals

Boston Terrier, female, 2 yrs. Needs good home, \$75. Call after 5 pm 599-6175.

White French Poodle, male, 5 yrs., needs good home immediately, good watch dog for FREE! 874-1742 after 6:30.

## Automotive

### Autos for Sale

For Sale-'71 Vega GT, AM/FM, fac. air., new tires, 4 spd, excel. condit., asking \$1150 Call 868-7556.

For Sale-1973 Chrys. NY, P/S, P/W, P/B, P/Seat, AM/FM, A/C, A/T, Cruise Con., \$3400. Call 596-7611 ext. 232 12-2 pm.

For Sale-'65 Plymouth Fury III, 9 pass., sta. wag., A/T, P/S, P/B, A/C, tilt steer., recent valve job, rebuilt tran. \$375, 874-4567.

For Sale-'65 Ford Mustang, 3 spd., stand. trans., P/s, P/b, red w/ white tip, in excel. condit. \$695. 826-1864.

For Sale-1962 Mercury Monterey. Dependable, one owner, good condit. \$150. Call 595-5300.

For Sale-1974 Carmen Gea, AM radio, 16,000 mls. Must sell immediately! Assume balance only. 898-4530.

For Sale-1969 Chevy Camaro convert., 327 engine, \$1095, good condit.

## EL MATADOR

UNISEX HAIR STYLISTS



By Appointments Only

595-7071

12284 Warwick Blvd.



**Continued from page 6. BETTER FOOD, SERVICE PROMISED IN CAFETERIA**

they decide to have such an affair in order that he may help you plan adequately. The best time to see him is about 2:00 pm, it is usually best to set up an appointment.

Mr. Beech said he would like to sit down with the leaders of groups on campus and give them hints on "How to Plan Activities." He has

much experience in planning banquets and parties and would like to share some of his knowledge with the students so that their activities are all a success.

Putting his experience in planning to good use Mr. Beech is planning a Special Event for St. Patrick's Day. For this he would like suggestions from the students and

these should be left at the desk in the Campus Center. Other announcements concerning the cafeteria are: the cafeteria will be closed this summer, but the Pub will

be open; the Pub is now selling steak sandwiches for \$1.75, this includes an eight ounce steak on a bun, french fries, onion rings and dinner salad.

**CHESS CLUB SPONSORS TOURNAMENT**

On Saturday, March 8th at 3:00 pm, the CNC Chess Club will sponsor its first student-faculty tournament in CC-233.

Any student or faculty member interested in taking part in this event may do so by contacting the Chess Club

by March 7th. The club may be reached through the Dean of Students Office or at their weekly meetings on Thursday, February 27th, 12:15-2:00 in CC-227 or Wednesday, March 5th, 12:00-2:00 in CC-227.

**Activity Calendar****ACTIVITIES**

Lecture by Dr. Armstrong	Theatre	Feb 26	Noon
Job Interviews - F&M Bank	CC-211	Feb 27	9:30-12
Dr. Nauman - Book Review	CC-Pub	Feb 27	12:15pm

**ENTERTAINMENT**

Free Movie - "The Alphabet Conspiracy"	Theatre	Feb 25	12:15
Bob Cross & John Scarborough	CC-Pub	Feb 26	8 pm
"Friends"	CC-Pub	Feb 27	9 pm
Campus Center Film Series "The Emigrants"	Theatre	Feb 28	Noon
Modern Language Club Dance	Cafeteria	Feb 28	8:30-1
SGA Concert	Theatre	Mar 1	8 pm
Campus Center Film Series "The Emigrants"	Theatre	Mar 2	7:30pm

**MEETINGS**

DECA Conference	CC	Feb 25	12:30-7pm
Gymnastics Club	Gym	Feb 26	11am-1pm
Pi Kappa Sigma Sorority	CC-205	Feb 26	Noon
French Club	CC-209	Feb 26	Noon
Arts & Letters Div. Meet.	CC-214	Feb 26	Noon
Sailing Club	CC-233	Feb 26	12:15pm
Committee on Degrees	CC-214	Feb 26	2 - 5 pm
Alumni Meeting	CC-233	Feb 26	7:30 pm
Nominations Committee	CC-229	Feb 26	Noon
CNC Young Democrats	CC-227	Feb 26	Noon
Chess Club	CC-227	Feb 27	12-2 pm
League of Women Voters	CC-214	Feb 27	8 pm
Job Seminar - Political Science	N-125	Feb 27	12:15 pm
Gymnastics Club	Gym	Feb 28	11am - 1pm
Dean's Admin Council	CC-214	Feb 28	10:30 am
German Club	CC-209	Feb 28	Noon
Norfolk State Graduate School of Social Work	CC-214	Feb 28	1:30 pm
Faculty Meeting	N-125	Feb 28	3 pm
Society for Creative Anachronism	Outside CC	Mar 1	10am-4pm
Organization for Women's Equality	CC-205	Mar 2	3-5 pm
Arts & Letters Div. Meet.	CC-214	Mar 3	Noon
SGA Assembly	CC-233	Mar 3	Noon
Spanish Club	CC-209	Mar 3	Noon
UN Association Meeting	Theatre	Mar 3	8 pm

**SPORTS**

Intramural Basketball	Gym	Feb 27	6:30&7:30
Intramural Basketball	Gym	Mar 2	1 & 2:15

**Campus Center Theatre****"The Alphabet Conspiracy"**

This week's Tuesday movie explores man's relation to and measurement of TIME.

Tuesday, Feb 25 - 12:15 pm

ADMISSION: FREE

a new land...a new hope...a new dream



Max von Sydow • Liv Ullmann  
**The Emigrants**

Technicolor® From Warner Bros. A Warner Communications Company

Feb 28 - Noon and Mar 2 - 7:30 pm  
ADMISSION: \$0.50

**ALL THE STEAK YOU CAN EAT!!**

**\$3.95**

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- CRISP GARDEN SALAD
- BAKED POTATO

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10:30 p.m. Fri. and Sat. nites 'til 12 a.m.

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