

The Captain's Log

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLOG VOLUME 53, ISSUE 5 WWW.THECAPTAINSLOG.ORG NOVEMBER 10, 2021

OperaCNU's Outstanding Performance



MEMBERS OF THE CAST DURING THE FINAL ACT OF TRIAL OF GOD, WHERE THE TRUE TRIAL IS ABOUT TO BEGIN. PHOTO COURTESY OF CAPTAIN'S LOG

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November 11
University Chorale
Concert
Peebles Theatre 8pm

November 14
Wind Ensemble Concert
Diamonstein
Concert Hall 3pm

November 16 University Orchestra Concert Peebles Theatre 8pm

November 17
Percussion Ensemble
Concert
Peebles Theatre 8pm

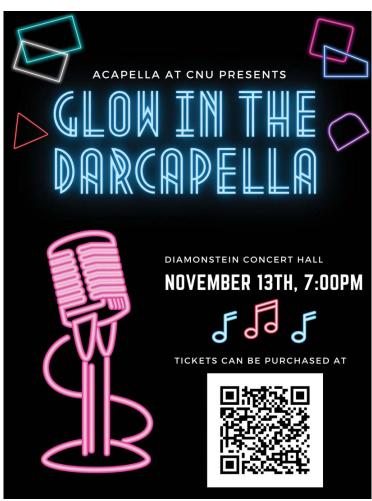
November 18 Composers' Forum Concert Peebles Theatre 8pm

November 24-28 Thanksgiving Break

December 5
Holiday Happening
Diamonstein 4pm
Tickets on Sale at
Ferg Ticket Office



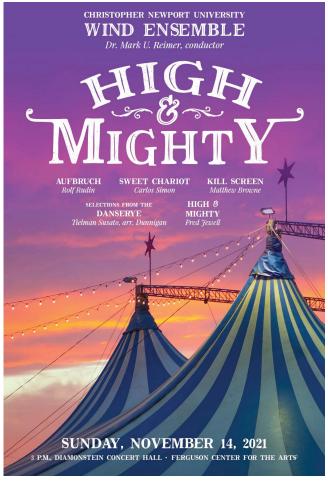
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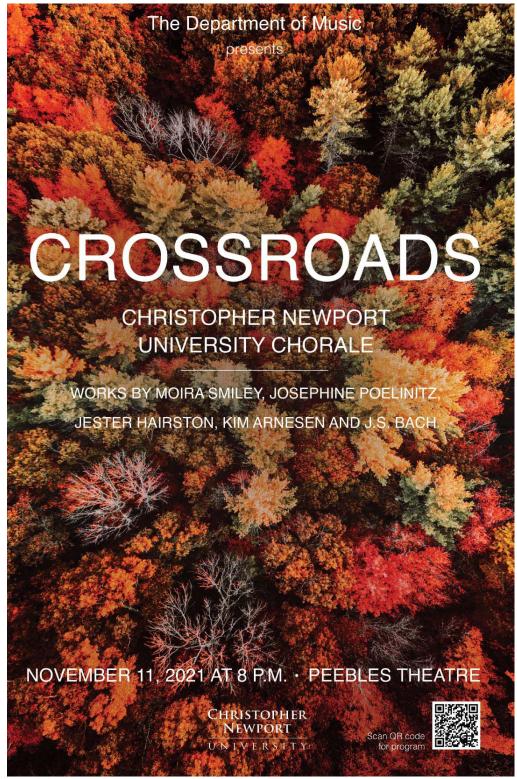
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COURTESY OF CAB (CAMPUS ACTIVITY BOARD)



COURTESY OF CNU MUSIC



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COURTESY OF SGA

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Student Government Association



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Dungeons & Dragons
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NEWS

CNU Ranked as "Public Ivy"

A closer look at CNU's freshman retention rates

EVELYN DAVIDSON

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Certified Educational Planner, Stuart Nachbar, has ranked Christopher Newport University on his 2021-2022 "Public Ivy" list. According to his website, EducatedQuest, "... Stuart Nachbar has worked around higher education for nearly three decades as a writer, urban economic development professional and software marketing executive." Nachbar was also the Senior Vice President of College Central Network and is currently a member of the Higher Education Consultants Association.

When making his list of "Public Ivy" schools, Nachbar considers three main aspects: price, freshman retention rates, and rate of graduation within four years. According to Nachbar, "The estimated total cost of attendance should be less than the least expensive Ivy charges for tuition and fees alone." He also believes that freshman retention rates should be no lower than 90% and that at least 70% of a freshman class should graduate in four years. CNU was included on Nachbar's list along with schools such as Georgia Institute of Technology, University of Delaware, and Binghamton University. In addition, Nachbar specifically made note of CNU's merit scholarships for non-resident students.

Nachbar's "public ivy" list leads one to consider how CNU"s freshman retention rates have developed over time. Comparing CNU's current freshman retention rate to 15 years ago shows a 6.4% increase from 78.7% in 2005 to 85.1% in 2020.

When asked if these changes in retention corresponded with any substantial improvements at CNU, Lisa Duncan Raines, Vice President for Enrollment and Student Success, said, "Yes, over 10 years ago, President Trible tasked several of us with making retention and completion a priority - which we have done."

Raines explained that, "The 'student success' initiative became a formalized program - now a division - with responsibility, empowerment and accountability.

We repurposed our advising program, imple-

mented learning communities, built the Center for Academic Success, grew the tutoring center and earned international certification, implemented 3-week grades for 1st year students, required midterm grades for certain populations of other students, and formalized our referral system (Captains Care) -- along with several other programs and interventions."

Raines stated that, "Under President Trible's leadership, we have seen a noticeable improvement in our retention and completion rates improving our first-year retention rate more than 25%. Our retention rate has stabilized to mid- to upper 80% in the last few years surpassing the national average of 73% (as indicated by the National Student Clearinghouse). Our 4-year graduation rate has stabilized at nearly 70% compared to just 12% with the Fall 1996 cohort. Additionally, our 6-year graduation rate has improved to nearly 80%, 20 percentage points higher than the national 6-year graduation rate of 60% and 15 percentage points higher than the 6-year graduation rate of 65% for the state of Virginia (as indicated by the National Student Clearinghouse).

As a result of their successful retention programs, CNU has earned awards, such as the Ruffalo Noel Levitz Retention Excellence Award and University Business' Models of Excellence Summer of 2016 Honoree.

According to the Ruffalo Noel Levitz website, Retention Excellence Awards "recognize innovative campus retention programs that increase student success and completion."

The website specifically highlights that "The early relationships formed with advisors combined with specialized intervention programs have contributed to over 85 percent of their recent graduates being employed full time in their chosen career or enrolled in graduate school six months after graduation from Christopher Newport."

Regarding the future of CNU, Raines said, "The hope is that retention rates continue to slowly, incrementally increase with our continued focus on student support services and the interventions students need to be successful and graduate."

Cohort	Retention Rates		
(first-time, full-time)	Freshman to Sophomore	Sophomore to Junior	Junior to Senior
Fall 2020	85.1%		
Fall 2019	87.2%	79.0%	
Fall 2018	84.4%	76.8%	71.9%
Fall 2017	87.1%	79.2%	75.3%
Fall 2016	88.2%	79.0%	76.1%
Fall 2015	86.1%	77.9%	74.3%
Fall 2014	87.4%	82.2%	79.9%
Fall 2013	87.0%	80.1%	77.6%
Fall 2012	83.9%	75.9%	73.4%
Fall 2011	84.7%	77.8%	74.5%
Fall 2010	84.3%	78.2%	75.0%
Fall 2009	81.4%	73.7%	70.8%
Fall 2008	80.0%	71.9%	69.1%
Fall 2007	80.1%	70.8%	67.2%
Fall 2006	81.9%	73.7%	70.3%
Fall 2005	78.7%	70.6%	67.3%
Fall 2004	75.2%	66.4%	62.6%
Fall 2003	75.7%	64.7%	62.0%
Fall 2002	64.3%	57.3%	52.5%
Fall 2001	81.1%	61.4%	57.3%
Fall 2000	81.3%	66.3%	56.1%
Fall 1999	75.4%	63.0%	54.8%
Fall 1998	72.0%	57.0%	51.9%
Fall 1997	68.4%	52.5%	46.8%
Fall 1996	69.1%	54.9%	48.0%

CNU's Retention rate data, courtesy of CNU

OURCA Introduces "Passport to Research"



Program poster, courtesy of OURCA

A new workshop program for CNU students

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The Office of Undergraduate Research and Creative Activity (OURCA) recently created a new program for students called, "Passport to Research."

According to Rachel Locke, the student fellow for the OUR-CA, "The Passport to Research is designed to help students build their research skills into a portfolio and have traceable documentation of those skills. We are hosting a series of workshops dedicated to educating students on various elements of the research process, from everything to selecting a topic to finding resources to presenting at conferences. Students attend these passport workshops and receive stamps in their passports, as well as scan a QR code for keeping track of attendance.

Students who attend at least 5 of these workshops will receive a badge on the OURCA Research Match website indicating to professors and employers that they have taken the initiative to acquire and enhance their research skills. They will also receive a certificate and a gift from the OURCA. The program can be continued even after attending 5 events, since we are working toward a kind of incremental system where you receive more gifts and accolades after 10, 20, etc."

Each workshop is taught by a different faculty member, student, or guest and no research experience is required to attend. In addition, the program is flexible, so students can pick any five workshops from a list of different options. To participate, students can go to the OURCA office, Trible Library 230, to pick up their Passport to Research.

Some examples of upcoming workshops are "How to include research on your resume or grad school application," "Advanced Database Searching," and "Demystifying the Literature Review."

Youngkin Wins Governor Election

Down to the Last Vote

GRACE GRILES

GRACE.GRILES.20@CNU.EDU

The race for the governor election was rather close this year. Youngkin won the election with 1,663,072 votes while McAuliffe lost with 1,597,795. It seems that many people were shocked by these results because the days before election day many democrats were reported to be voting early or voting absentee. However, it seems that a lot of republican voters showed up on election day and turned the tables. As a CNU student I saw a few Captains post on their social media about their disappointment in the way the election turned out. The main message of the few posts were for young voters to pay closer attention to all upcoming elections. A group of CNU students even made an Instagram account to combat Youngkin's education plan to eliminate Critical Race Theory from public schools.

Today, Tuesday Nov. 9, 2021, the account @captainingeducation on Instagram posted a link to a petition named "Change Virginia's Public School's Curriculum to have

a more inclusive History." The description of the petition describes how Youngkin plans to eliminate critical race theory from Virginia public schools and how this will make the history curriculum less inclusive.

This direct quote from the petition describes the goal rather clearly, "This act itself prevents a generation from reaching their full potential because as Theodore Roosevelt once said, 'the more you know about the past, the better prepared you are for the future.'"

As of 12:54 pm on Tuesday Nov. 9th the petition has a total of thirteen signatures, and the Instagram account itself has forty-nine followers. So far this is the only action CNU students have taken towards changing the policies of Youngkin's that they do not like. However, more action could be taken in the future.

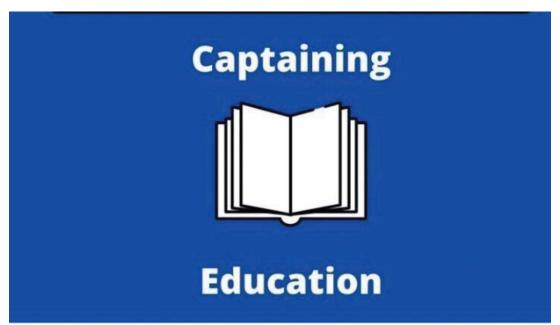
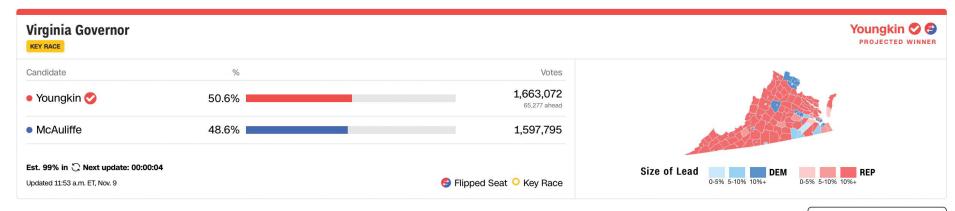


Photo Couresty of Captains Education on Instagram

Photo Couresty of Commons. Wikimedia.org

YOUNGKIN 2021



Virginia Exit Polls



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CONCERTS

November 13
Glow in the DarkCapella
8pm Diamonstein
Tickets on Sale Now

IN THEATERS

Novenber 19 November 10

Ghostbusters: After Life PG 13 "Clifford; The Big Red Dog" PG

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November 12 and 13 CAB Movie Night Ferris Bueller's Day Off

CAMPUS

9pm

ABBA Album Review

What ABBA fans have dreamed of for the last 40 years

SHANNON GARRETT

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On November 5th, the pop group, ABBA came out with their newest album, Voyage, after 40 years of no new music. The group is from Sweden and consists of Agnetha Fältskog, Björn Ulvaeus, Benny Andersson, and Anni-Frid Lyngstad who came back together to make this album after ending the band in 1982 (see previous article for reasons for the band's breakup). This album and the four members reuniting to make more music is a dream many fans held and wished for. Their wishes were granted, though this is the last album ABBA will put out and is the end of the band.

I was introduced to ABBA as a kid via the movie "Mamma Mia!," which I saw loads of times with my mom who is also an ABBA fan. So I had very high hopes for this album when I first heard about it, and the first two singles, "I Still Have Faith In You" and "Don't Shut Me Down", raised my hopes up even higher. Voyage is an excellent album that perfectly captures what

made ABBA in its heyday so great and why they are considered to be one of the best pop groups of all time. Ulvaeus and Andersson know how to write and produce catchy yet emotional songs that everyone can enjoy. Lyngstad and Fältskog are wonderful singers who can still harmonize so well after so many years. The lyrical content is very mature as well as nostalgic; many of the lyrics are about friendship, family, and reminiscing about the old days. As the members are in their mid-seventies, it makes sense that the album would be about these themes, and it also works as a final album, giving their fans closure and a good ending to the

I like all of the songs on the album just as much as I like the rest of ABBA's music. The standout songs from this album, for me at least, are "When You Danced With Me", "Don't Shut Me Down", and the last two songs on the album "No Doubt About It" and "Ode

To Freedom". The first song I mentioned, "When You Danced With Me", is this semi-folksy, happy song about coming back to your home and seeing someone who stayed. I really like this song because of the bouncy and infectious production and the beautiful voices of Lyngstad and Fältskog.

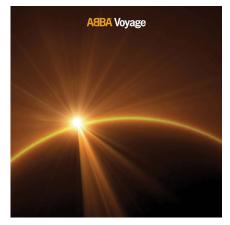
"Don't Shut Me Down" captured my attention right from the start due to its production with its use of synth and melody. It was the perfect first single for the album to have. "No Doubt About It" is such an energetic song with lyrics that are about a woman apologizing for what she said during a fight with her husband, and that dichotomy between the lyrics and the production make this so interesting to listen to. The last song I mentioned was "Ode To Freedom", which is, in my opinion, one of the best closing tracks on any album I've

listened to, and the best song to end an amazing band. The production is slow and soft with all of the strings and orchestral elements with lyrics about what a song about freedom could be.

Voyage is everything an ABBA album could be with its beautiful production, emotional yet catchy lyrics, and wonderful singing from Lyngstad and Fältskog. As an ABBA fan, I am so happy we got this album to give us a satisfying end. I give this album two thumbs up and a big recommendation to check it out!

PHOTOS COURTESY OF STIR WORLD





Marvel's Eternals Review

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Marvel Studios' latest movie, "Eternals," opened in theaters last Friday, November 5th. The film introduces a race of immortal beings with superhuman powers known as The Eternals. The members of the race are Sersi (Gemma Chan), Ikaris (Richard Madden), Ajak (Salma Hayek), Thena (Angelina Jolie), Sprite (Lia McHugh), Kingo (Kumail Nanjiani), Makkari (Lauren Ridloff), Phastos (Brian Tyree Henry), Druig (Barry Keoghan), and Gilgamesh (Don Lee). There is also a human character, Dane Whitman (Kit Harington), who becomes more important as the plot develops. The Eternals have lived on Earth for thousands of years helping humans survive when evil creatures called Deviants are brought into their world. After centuries of no Deviants being on Earth, they reappear, forcing the Eternals to stop them as well as a bigger force known as the "Emergence."

The film has a lot of background as it is an origin story that lasts for thousands of years. The film cuts back between the past and present frequently which can make for decent pacing but it can also confuse someone as to when a certain event happened. However, the visuals make up for the long, complicated origin story, preventing the film from being two-dimensional.

You do not need to have much knowledge of the Marvel Cinematic Universe (MCU) to understand what is happening in this movie. On one hand, this makes the movie good as it shows that Marvel can take their films anywhere. On the other hand, the disconnection from the rest of the MCU makes this movie less rewatchable than others that came before it.

While "Eternals" has a well-developed

While "Eternals" has a well-developed plot and an interesting origin story, the lack of excitement in a movie that lasts two hours and thirty seven minutes is underwhelming. While there are some cool action sequences with the Deviants as well as an enjoyable final battle, it is not nearly enough for a Marvel movie.

The writing manages to not only explain every character in detail but they make you care about each one as well as understand their relationships with each other. The cast is very well-rounded and diverse, something superhero movies will be wanting to replicate in the future. Regardless of your view on "Eternals," this movie will leave you excited about at least one character's involvement in the MCU.

Besides the superheroes and their involvement in the MCU, the big question everyone had going into this movie was what Harry Styles's role was going to be. Everyone began to wonder what character he was going to play. In one of two scenes after

the credits, it was revealed that Harry Styles has officially joined the MCU. He plays Eros, the brother of Thanos, who unlike his brother, is trying to help the remaining Eternals that are on Earth find the other Eternals that mysteriously disappeared at the end of the film.

While "Eternals" may be an average movie on the surface, it has an ensemble cast, an elaborate plot, great visuals, lots of emotional appeal, and post credit scenes that will have everyone excited about the future of the Eternals in the MCU.

PHOTO COURTESY OF IMBD



Brundibar and The Trial of God

OperaCNU and TheaterCNU Honoring Jewish Culture.

FELIX PHOMMACHANH

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To note, my experience with the two shows were taken on the final dress rehearsal on Nov. 3rd, so this may be different then the final product presented on Nov. 4th, 5th, 6th, and 7th. Nonetheless, "Brundibar" and "The Trial of God" were OperaCNU and TheaterCNU finest work and honored the jewish history behind it.

Before the show starts, the audience has to keep a mask on at all times during the performances and the performers on stage wore masks as well.

The first show was "Brundibar", composed by Hans Krasa (1899-1944) and libretto, or the dialogue and lyrics, by Adolf Hoffmeister (1902-1973). The show was performed by the Virginia Children's Chorus Concert Choir.

"Brundibar" takes place in the 1930's, in a Czechoslovakian Town Square, where two young siblings, Aninka and Pepicek, needing to buy milk for their ill stricken mother, but with no coin of their own, they decided to try and sing at the marketplace. The pair sang their song, no ears, eyes, or coin came their way as the market was listening to the sinister Brundibar and his hurdy-gurdy. Driven out of the market, the siblings meet a fearless sparrow, keen car, and a wise dog that help make a plan to drive the Brundibar away. Gathering the children of the town, their choir was able to drive the sinister Brundibar out and allow Anika and Pepicek to get enough coin to get their mother her milk

The Children's Chorus Choir did a fantastic job performing on stage. Their vocals carried so far into the Pebbles theater that I forgot they were children, but instead Broadway singers. The talent on-stage was fantastic and it would be hard to say that there wasn't a stand out performer. Each role played in "Brundibar" had a personality to it: from Aninka (portrayed by Mariska Baugus) softness to the situation and problem, to Pepicek (played by Rhys West) with eagerness, and the provato and ego of the Brundibar (played by Adeline Peterson) when the character was on-stage, the characters had a presence and a staying power throughout the show.

After "Brundibar", it would have been a three minute intermission to change sets for "Trial of God"; however, because this was a dress rehearsal, "Trial of God" started immediately after a quick set swap. The sets themselves were well crafted and modular design, with the rainbow houses of "Brundibar" turning into a drewry tavern for "Trial of God," with the back painting of colorful houses replaced with dark stained wooden pallets.

"Trial of God" was adapted from Elie Wiesel (1928-2016) purimsphiel, or short play to be performed at the jewish festival of Purim. The short play invoked memories of Wiesel's personal experience as a child in a Nazi camp, wittness his people, his friends, his faith being tested and betrayed. Witnessing three Jewish scholars putting God on trial for abandoning them and ignoring the atrocities and bloodshed, define this piece.

CNU English Professor, Jason Ray Carney, was the libretto for the adaptation of the play, remarks: "[The play] emphasizes on the cyclical nature of violence, "The Trial of God" reminds us that hate endures and metastasizes in the shadows... Look in the mirror and squint: we are capable of the most profound cruelty. We are. But look again: we are also capable of the most profound compassion."

The play itself questions God's Authority and Divinity during the events of Shamgorod, how these events happen, and why couldn't be stopped. Questions that are key themes and moments in the play.

Trial of God '' is set in 1649 in a Tavern in the small town called Shamgorod. The main cast of characters were: Berish, the tavern owner; Hanna, Berish's ill daughter; Maria, the barmaid; Yankel, Avremel, and Mendel, three traveling Purimshpieler (Jewish performers); Priest of the Cross; and Sam, God's Defense lawyer. The performers were $split\ into\ two\ groups, the\ Thursday/Saturday$ group, and the Friday/Sunday group. During the dress rehearsal, the Friday/Sunday group played, while the other group acted as the ensemble. The Friday/Sunday group was composed of: senior Peyton Creasey playing Berish; junior Morgan Kelso casted as Hanna; sophomore Kimberlie Pagan portrayed Maria; senior Bryson Olivo as Yankel; junior Kaleigh Sprouse as Avremel; junior Kelvin Brunette as Mendel; Priest acted by junior Liam Riley; and Sam played by junior Adalvnn Eller.

The play begins with the cast singing about the background of Shamgorod, with Hanna being the central singer. Then it goes into the tavern where the traveling Purimshpieler performers Yankel, Avremel, and Mendel enter and meet Maria and Berish. Lightful exchange and merriment from the performers and their host turn into angist and fury as Berish recalls the massacre of the jewish population and now he and his ill and manned daughter Hanna are the only ones left in Shamgorod. He wants to put God on trial, for not doing anything to stop the bloodshed of his kin; however the Purimshpielers did not want to join in the idea. Then the Priest of the Cross barges in to warn them of a calamity that will fall upon the group, something that he cannot save them from. Moments later, a mob surrounded the tavern. With dreadful omen and surrounded, the group actually decide to put God on trial, with the performers playing the role of judges, Berish being the prosecutor and Maria acting as Witness. Accusations were placed and evidence showed; however Hanna, Berish's daughter, weeps at how no one will defend God at his own trial, as much as she suffered during the slaughter.

Suddenly, arriving into the tavern, passing the mob, was Sam, the self-proclaimed defense attorney for God. Maria, seeing this mysterious wanderer, went into hysteria, shouting how he should not be trusted, but the performers, playing and honoring their roles as judges, allowed Sam to defend God at his trial. Both Berish and Sam lay out their

claims and Sam woefully confronts Berish about how this trial is centered around God, but his faith in him and survivor's guilt. Angered, hatred, the dread of the tavern finally swells when Sam echoes his case and begins the true Trial, the curtains falling on this overwhelming ominous cliffhanger.

In the original work, Hanna was a footnote in the play, not having a certain role; however in this artistic creation, Hanna is a vocal point of the play, giving context and moral stance of the trial. She gives us how the massacre was on her wedding day and saw and experienced the atrocities done to her kin.

The vocals of these performers were astonishing. The songs carried through the theater and when the ensemble assembled, the harmonious sounds sent chills down my spine, making me stop looking through my camera to watch the stage with awe. The crescendo of each song was heavenly, with Kelso reaching great heights with her voice, allowing the crescendo to reach God himself. The talent on stage made the performance grand. Creasey played Berish as someone who you want to sympathize with; however his anger and rage make him standoffish and avoidable. Pagan as Maria was able to foil Berish and play both sides of the case, trying to stay out of trouble. Olivo, Sprouse and Brunette as Yankel, Avreml, and Mendel respectively were a nice break in the play, with Sprouse and Brunette able to be a little bit of comic relief during the serious trial at times. Eller gave Sam a very noble, yet ominous stage present that left me in chills.

The juxtaposition of the two shows as a double feature was very interesting, with "Brundibar" having a fairy tale story quality with the children winning against the villain in a bright and vibrant town, while "Trial of God" deal with mature and serious themes with a feeling of dread surrounding the characters as they discuss the case against God for ignoring tradges. Without any historic background about the creations of these plays, people would think it just a happy play paired with a sad play; however they are connected via historic roots of the Jewish genocide during World War II.

Dr. Galit Gertsenzon from Ball State University, studies and teaches about music and musicians from the holocaust and came to CNU to gave a pre-concert lecture about the two plays. She talked how jewish artist were silence during the holocaust, but gave resistnace by coming to create pieces of art or music, either drawing what they saw or continue composing. They would hide it in underground cellars, away from the Nazi's prying eyes. The center for this resistance was in Terezin Concentration Camp in Czech Republic. It was an "artistic resistance center" Gertsenzon described. 'Brundibar" was first performed in Terezin and was made for kids and to be performed by children as the heart of the work was how the children were victims of this massacre. The innocence and childhood taken from them and wanted a play to give them an escape. The play allowed the kids to forget the harsh reality for a moment and have fun. The play was popular, that Nazi used it as propoganda, to show the rest of the world that the Jews are safe here, a cover-up for the atrocisites they were doing. The title of the film was called: "The Fuhrer Gives The Jews a City".

Talking about "Trial of God", the shift of innocence and hope to a cynical and pessimistic outlook, the central questions of the play were: Why did God let it happen? Why did children die? Why did God abandon his chosen? These questions were central themes for the playwright.

Given the historical context and background of these plays, Gertsenzon asked us to watch the plays through "a lens of those who struggle and who gave voices to the millions who were silent." The plays with the lens felt impacting and solemn as we listened and remembered those victims and survivors of the holocast, their memories and voices carried today through the performers onstage. We cheered for the children in "Brundibar", we cried and reflected on our morals in "Trial of God."

The production of the shows has been in development for about two years, with the libretto and composing being about roughly 18 months ago. The designs were worked on in June and actual set and costume designs were started in earnest about six weeks ago. The casting auditions were held and selected in April 2021 and contracting the orchestra began in July 2021.

Over the four performance dates, the show sold, in total, over a thousand tickets. Overall, the amount of work and care put into these performances, from historic context to on-stage talent; OperaCNU, TheaterCNU, and the Virginia Children's Chorus Concert Choir did a wonderful and speechless performance.

PHOTOS OF PERFORMANCE ON PAGE 14



COURTESY OF CNU MUSIC

New Voices

A look into the new Night Light exhibit in the Torggler

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MAGGIE REID

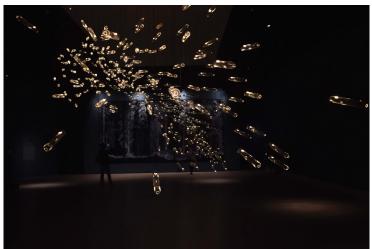
MAGGIE .REID.21@CNU.EDU

"Night Light" is one of just many new exhibitions in the Mary M. Torggler Fine Arts Center. Curated by Super Blue - "a groundbreaking new enterprise dedicated to producing, presenting and engaging the public with experiential artwork that is typically site-specific, kinetic, interactive or immersive"- it is composed of artworks made by 5 different artists around the globe(information found at cnu.edu). This exhibit completely lights itself through the projection pieces and the Flylight piece.

Margot Mottaz is an associate curator at Super Blue and together they have been able to bring an amazing experience to CNU through their exhibit. Art lovers are able to explore this exhibit and experience the way that nature grows and changes. The exhibit will remain open with free admission through May 15, 2022, so be sure to check it out while you can.

PHOTOS COURTESY OF THE **CAPTAIN'S LOG**







Media Recommendation: Va-11 Hall-a, Cyberpunk Bartender Action

FELIX PHOMMACHANH

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For those interested in a video game with great story and minimal gameplay, try Va-11 Hall-a, Cyberpunk Bartender Action, or commonly known and pronounced as Vallhalla, created by indie studio, Sukeban Games, and published by Ysbyrd Games. It is, what I categorized as a visual novel, where you have visual images with text scrolling on by, like a book. It has also been labeled and marketed as an indie bartender stimulation, as you play as Jill Valentine, a lady getting through life in the dystopian megacity of Glitch City. With corporations and corruption around the world, the game centers around one dive bar in the downtown area called VA-11 HALL-A or Vallhalla, and the stories the patrons and staff tell.

The gameplay and story are nonlinear, depending on the drinks you serve the customers, you will get more or less the story told from them, how they view the world, current events in Glitch City, and about themselves. From the cyber-enhanced mercenary Jamie, to the down-to-earth White Knight officer Sei, to the fancy dressed cat girl Stella, and even a shiba with aviator sunglasses and a Hawaiian shirt named Rad Shiba! The story is spoken by its characters and works so well with all the quirky and interesting characters; however it does tackle heavy or mature topics, so be warned.

Valhalla also has a great soundtrack. Its



use of electronic dance music to enhance the cyberpunk feel works well and gets implanted into your head every time. Tracks like "Welcome to VA-11 HALL-A" bring an upbeat feel to the atmosphere to the game, while the track "Base of Titan" brings a heavy beat, making it feel like the weight of a giant overlooking you.

The game cost \$14.99 and playable on Playstation 4, Xbox One, Windows, Linux, Playstation Vita, Nintendo Switch, Steam, and Macintosh OS.



Funds: \$9884.50



SCEENSHOTS COURTESY OF THE CAPTAIN'S LOG

NFL Player Arrested

Henry Ruggs III involved in Drunk Driving Death

JUSTIN HELLER

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Henry Ruggs III - former 12th overall pick of the 2020 NFL draft by the Las Vegas Raiders, saw an abrupt end to a promising career when he made the lethal mistake of driving under the influence. On Nov. 2 at the break of dawn, Ruggs was seen driving at the astounding speed of 156 mph on his way back from Top Golf in the moments prior to colliding with the vehicle of a 23 year-old woman, Tina Tintor.

At the moment of impact, it was reported that Ruggs decelerated to 127 mph before rear-ending Tintor's Toyota RAV4. The impact was so severe that it smashed the vehicle's fuel tank and caused the car to go ablaze with Tintor and her dog trapped inside, killing the both of them soon after. Tony Rodriguez, a local bystander to the incident that transpired, attempted to free Tintor by cutting off her seatbelt; however, the heat from the car forced him back. In an interview with KTNV he stated "Everything we tried just wasn't working. The seat belt was on, the air bags were in the way and the door was jammed."

Ruggs was accompanied by his girlfriend, Kiara Je'nai Kilgo-Washington at the moment of the crash, and they were both rushed to the hospital directly after the catastrophic scene. It was soon found out that Ruggs was driving with a blood-alcohol content that was two times over Nevada's limit; consequently, landing him four felonies: DUI resulting in death, DUI resulting in substantial bodily harm, and two reckless driving charges. If convicted of these charges, he could face a maximum sentence of 46 years in prison. Ruggs has since posted bail at \$150,000 with the conditions that he surrenders his passport, is on house arrest, cannot consume alcohol, and will be electronically monitored. The next court hearing for Ruggs is on Nov. 10th.

A Bone-Crushing Beginning to Basketball

Mens and Womens basketball had an amazing start to their seasons

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It was a successful start to the season for both Men's and Women's Basketball this weekend. The energy and spirit remained high all weekend while each team competed against Washington College, Southern Virginia University, and Johns Hopkins University.

The weekend started with an incredible victory for the Men against Washington College on Friday night. Over 600 spectators cheered on the Captains as they took the lead in the first half with a score of 43-12. There was no slow down either for CNU in the second half as they kept the lead. The Geese of Washington College were destroyed by the CNU Captains with a final score of 102-37.

The Women's team took over on Saturday as they went head to head against Southern Virginia University. They started out strong with a 17 point lead at the end of the first quarter. The Captains kept the momen-

tum throughout the rest of the game with a 25 point lead at the end of the half. CNU beat SVU with a final score of 88-51.

On Sunday, the men's team played for the second time this weekend, now against Johns Hopkins University. For both halves, the game was a toss up as the score never had more than a 12 point gap. In the final minute of the game, the Blue Jays of Johns Hopkins caught back up to the Captains. CNU was leading by 2 points and the Blue Jays had 15 seconds left on the clock to tie the score. The Captains defense put on the pressure and prevented an overtime from happening. The final score was 64-62 with another Captain victory!

Prior to these opening games, there seemed to be a high amount of enthusiasm and energy for both men's and women's basketball teams. This hype ultimately rushed in the duo's annual midnight mad-



PHOTO COURTESY OF CHRISTOPHER NEWPORT

ness even

While orginally planned for an outside event on the Great Lawn, the event was held in the Freeman Center where students and fans alike were introduced to their starting players. Midnight Madness also included dunk contests and even dance performances brought on by the CNU Cheer team. Nevertheless, that same energy has

surely crossed over to this past weekend.

To keep with the team's mounting success, men's basketabll team will play against Marietta College this Friday, November 12 at Roanoke. In addition, women's basketball will face Gettysburg College in Baltimore this Friday as well.

Here's to the NBA: 75 Years and Counting

75 Years of Slam Dunks, Lay-ups, and Iconic Athletes that changed the Game

playing out, it looks to be get-

ting more eventful and excit-

ing. Go visit: www.nba.com for

more information on upcoming

MARGARET GAMMONS

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Michael Jordan, Kobe Bryant, and LeBron James are just three iconic players the National Basketball Association (NBA) has showcased to the world. Beginning in 1946, the NBA has brought joy and passion into the sport of basketball. If you did the math, that would be seventy-five years of basketball, making 2021 the 75th anniversary of the NBA. The NBA, formerly known as the BAA (Basketball Association of America), began with 11-teams and a 60 game season. The firstever game was hosted in 1946 against the New York Knickerbockers and the Toronto Huskies in Toronto, Canada. The game has grown tremendously since then, with now 30 teams playing an 82 game season. There are 109 international players on the roster and 39 countries, making basketball a global sport.

The drama has already started for this season. In the opening week of the 2021-22 season, for the first time since Micheal Jordan was a part of the team, the Chicago Bulls are beginning 4-0. The Lakers are cautious with their star player, Lebron James, as he sat out for their Oct. 26th game against the Spurs for ankle soreness. As the fourth week begins, the Warriors and the 76ers take the top slots in their conferences. This week's game to look out for is the Detroit Pistons at the Houston Rockets. The number one draft pick - Detroit's Cade Cunningham - faces the number two draft pick - Houston's Jalen Green- for the first time this season. Which team PHOTO COURTESY OF THE NBA

picked the better player will be discussed throughout the season and especially during the Wednesday, November 10th game. As the season keeps

League of Legends World Championship 2021

A Set for the Ages

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Throughout last month, the League of Legends (LoL) World Championship 2021 was held in Reykjavik, Iceland, with the final match for the title held on Nov. 6th, 2021. The two teams fighting for the World Champion title were EDward Gaming International (EDG) and DAM-WON Gaming (DK).

Originally, Worlds 2021 was going to be held in China; however because of the strict and evolving COVID-19 policies and situation, the LoL esport teams decided to move the event to Revkiavik Iceland. Riot Games, the creators and publishers of LoL, decided not to host a live audience for the World Championship as to prevent the spread of COVID-19. All members of the esport teams, production staff, and partners were following health and safety regulations and guidance from various health organizations.

EDG is a Chinese esport organization. Their World's lineup was: Top Laner Li Xuan-Jun (Flandre), Jungler Zhao Li-Jie (Jiejie), Mid Laner Lee Ye-chan (Scout), Bot Laner Park Do-Hyeon (Viper), and Support Tian Ye (Maiko). During the 2021 season, they placed 3rd during the League of Legends Pro League (LPL) Spring 2021 split and took 1st place during the LPL Summer 2021 split.

DK is a Korean esport organization, and previously won the LoL World Championship 2020 title. Their World's lineup consists of Top Lane Kim Dong-ha (Khan), Jungler Kim Geon-bu (Canyon), Mid Laner Heo Su (Showmaker), Bot Laner Jang Yong-jun (Ghost), and Support Cho Geon-hee (BeryL). During the 2021 season, DK won the Korean Esports Association (KeSPA) 2020 cup, won the League of Legends Champions Korea (LCK) Spring 2021 split and Summer 2021 Split, and placed 2nd in Mid-Season Invitational (MIS) 2021.

The LoL World Championship Final is a best of five series. So whichever team wins three games wins the title.

Game One of the series was a slow game in the beginning, with attack pokes and vision control from both teams. DK controlled the middle of the map; however EDG had a

strong teamfight composition and at the 30 minute mark, they brute forced teamwipe DK at the Baron pit, killing everyone without losig a member and taking Baron buff and pushing hard down DK's base, destroying two Tier three towers and two inhibitors to spawn super minions. With that montumous push, EDG takes the nexus, winning game one.

Game Two of the series began with a slow skirmish, until DK were ready to push. Their team composition was able to out damage EDG when in team fights. EDG was able to steal Baron Buff from DK: however DK was able to wipe two members of the Chinese organization before escaping. DK had control of the game, with DK claiming Baron Buff at the 30 minute mark, denying a steal from EDG, and finishing the game, making it 1-1.

Game Three was action packed, with both teams trading kills and lanes. An even match with each team not letting up when engaging one another. All the lanes were evenly pushed; however DK played objectives, getting four dragon soul buffs and flanking them during

team fights. Then DK destroyed them at Baron Buff and sieged EDG's base, destroying the nexus, and leading to 2-1, at match point.

In game four, the match was slow, with EDG stepping up their game and kept pushing DK's side of the map, taking three dragon buffs and taking the gold lead; however DK kept the pressure on their opponent. During a teamfight contesting the dragon, Jiejie was able to steal the dragon buff from DK, gaining their forth dragon buff; however the momentum from that fight doesn't connect, making it a waiting game between the two teams. Then EDG massacred the Baron, taking the buff, and annihilated EDG with a strong mid lane push. Resulting in a 2-2. Match point for both teams, going to

Game Five: match point! The match deciding the 2021 LoL World Champions. The last time the championship went into a game five was in 2016, and now EDG and DK enter that match. Early game skirmishes between the two teams, each trying to slow each other down. Each team played with

ning the Championship, and defeating DK.

The prize pool is set at \$2,225,000 million dollars, not including any in-game items sales. EDG wins a 22% cut of the prize pool.

objective buffs and not engaging with one another too much, pulling back, and not letting it be the big play that swung the game. Then, during the 20 minute mark, EDG caught DK in a transition stage and pounced on them, killing four of the members in exchange for one member, and getting another dragon buff. While EDG tried to push the middle lane, Khan and Canyon duo Baron Buff, taking it without EDG's knowledge; however EDG countered via a teamwipe and dragon buff. The Chinese team had vision control of the map, pushing DK to their limits. Each teamfight, EDG is one-step ahead of them, with them taking Elder Dragon Buff and Baron Buff. Taking the initiative, EDG besieged DK's base and took the victory, win-

What's happening soon in Sports: November 11 - November

*Games listed are happening at CNU

November 10th:

Women's Field Hockey: CNU v. Centre College Time: 1:00pm

November 13th:

Women's Soccer: CNU v. Cabrini University Time: 1:00pm

Women's Soccer: West Conn v. Franklin & Marshall Time: 3:30pm

Women's Soccer: 2ND ROUND: Winners of Round 1

To look at events for future weeks visit cnusports.com for the calendar.



Dungeons and Dragons Club Interview

Roll the Dice!

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With pandemic restrictions slowly easing up on campus, clubs have slowly been rebuilding and reestablishing themselves at CNU. Some are even emerging themselves, like the Dungeons and Dragons Club. The Dungeons and Dragons Club or D&D Club, was founded by sophomore Aiden Scoffield and junior Beverley Arbogast, the president and treasurer respectively.

D&D is a tabletop role-playing game that allows people to be fantasy wizards and warlocks, rogues and bards, paladins and clerics, fighters and rangers, monks and barbarians, druids and sorcerers and go on adventures like fighting an evil syndicate or stealing from a dragon's hoard.

Asking why they created the club, Scoffield and Arbogast wanted to get players together, both new or old, regardless of experience, and teach and pass down knowledge of how to play

the game. Arbogast hopes to have a huge community going and lots of people join and this was something she wanted to helm because when she started getting into D&D, she was nervous because the "other players were experienced, and it was nerve wracking. And I wanted to have that location for a lot of new players to come in at once so that they are not so nervous."

Scoffield adds that when talking to people interested in D&D and he notes: "I have been interested or heard of the game and always wanted to play but haven't learned how or all my friends know how but already doing their thing."

Asking how long this idea has been, they said they were in the process of making the club last year; however with COVID-19, it was hard. Originally it was about seven members and Arbogast remembered one time they were outside un-

der one of the tents during the rain, wind, and cold, and how they ran to hide under the brick arches, laughing and cursing the sky. Scoffield added: "That's something about D&D. Having crazy scenarios, either in-game or out-of-game that is an in-joke. And you just had to be there."

Running the club, they split it into two meetings each week, one meeting on Tuesdays and one meeting on Fridays. Tuesday meetings are workshop days, teaching players how to become players and dungeon masters, how to run campaigns or one-shots, creating homebrew monsters, and all the knowledge of running D&D. Friday meetings are the play days, coming together with the group and playing D&D. Scoffield and Arbogast want a space for groups to meet and not scramble to find a space to

Asking about what is the draw to D&D, Arbogast answered: "Mine is mainly the role-playing. How you can be someone else for a night. And forget about real life. Meet new people, hang out with your friends and be someone else for the night.:

Scoffield agrees with the idea of escapism and adds: "We're able to have fun with friends, rest and relaxation, but also see the aspect of D&D as a community. The inside jokes and stories. It about friends, getting together, doing dumb stuff that you are probably not be able to do. Not only escapism but to have a community. Have a bunch of nerds get together, have a bunch of people that you wouldn't classify as nerds get together that like the game or like chatting or like fun stories and play."

Lastly, talking about their favorite moments in their D&D career, Arbogast laughs how as

a level one druid, she took down a level 5 rating boss via pushing them down on the ground with oil and beating them with a stick. Scoffield recalled a campaign he ran at home and how he cleverly started a campaign via his players walking up in a tavern and exploring the building before getting killed by five fireball spells and waking up again in the same tavern with that knowledge. Putting his players in a time loop and them realizing about the situation sparked joy in him.

If interested in the Dungeons and Dragons Club, contact them at their club email: dndclub@cnu.edu.

Tea: The Perfect Cozy Drink and Cold Remedy

Some of my favorite tea recommendations

EVELYN DAVIDSON

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For a while, it felt like the warm weather would last forever; however, as we drift into November, the colder weather has finally arrived. Students can enjoy the cool, brisk atmosphere on the way to their early morning classes, and with the sun setting earlier, chilly evening trips to the dining hall now require a warm jacket or a sweatshirt.

On the other hand, the arrival of colder weather also means more people on campus are getting sick. In recent weeks, it seems like another wave of sickness, similar to the one that hit the university in the first few weeks of school, is making its way through the CNU community again. It feels as if everyone on campus has some sort of cold.

Coughing can be heard everywhere: while passing people in the hallway, during class lectures, and in the dining and residence halls. As busy college students, colds have to be taken care of quickly so that they don't hinder our academics. It's always inconvenient to have to miss class and play catch up with homework and studying.

Also, no one likes having to cancel social plans or miss out on campus activities because of a silly cold. Most CNU students, like myself, who develop these symptoms probably take a quick trip to Harris Teeter in order to pick up some sort of cold/flu medication. One thing, besides medication, that I think really helps is tea.

Tea is perfect for the cold weather because it's like a warm hug from the inside out. In addition, it works wonderfully to soothe an irritated and sore throat. I used to only drink one kind of tea, but this semester, a friend of mine introduced me to a whole world of different

teas. So here are a few recommendations for the people who are feeling sick or for those who just appreciate a cozy drink.

1. Traditional Medicinals -"Gypsy Cold Care"

This tea is my go-to whenever I'm sick because it works wonders for soothing the throat. Its flavor is light and slightly minty, and it contains elderflower which, according to the box, is an immune-boosting herb. I also like to add some "Mike's Hot Honey" because it sweetens it up, adds a nice kick to the tea, and also helps to clear the sinuses.

2. Celestial Seasonings - "Gingerbread Spice"

This one is a holiday tea that I just tried recently, and it tastes amazing. Drinking a hot cup of this tea reminds me of making cookies and decorating the tree during Christmas time. "Gingerbread Spice" contains roasted chicory, ginger, and roasted carob. It also has a wonderful cinnamon flavor and tastes just like warm, spiced gingerbread. This tea can soothe a sore throat, but it is also a perfect drink for the holiday season.

3. Harney and Sons "Hot Cinnamon Spice"

This brand is a lot pricier, but their "Hot Cinnamon Spice" is probably my absolute favorite tea. My suitemate introduced me to this, and I'm honestly spoiled now. No tea can compare to it, but because of the price it's more of an occasional winter treat. This tea is very rich with a lot of depth to its flavor. It has a spicy, cinnamony taste and an incredible aroma. It's so good that it doesn't even really need any sweetener.



PHOTO COURTESY OF CELESTIALSEASONINGS.EU

CNU's First Student Run Business Fair

Showing off all the small businesses on campus

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The Entrepreneurship Club here at CNU put on the first Student Run Business Fair on Nov. 5 from 4-7 pm in the David Student Union. The members of the club and other students were able to showcase their small businesses. Some of these businesses include food, books, marketing advice, etc. Prominent members of the club who were integral to the set up and success of the business fair were Grace Cook, Savanna Myers, and Danielle Freeman. Grace Cook is the head of the club's executive team, while Savanna Myers and Danielle Freeman are members of the executive

In interviews with both Grace Cook and Savanna Myers, Myers said "This was CNU's first ever sudent run business fair; a lot of planning went into this event" and Cook said that the club 'had four local businesses sponsor our club this semester: Canvas Coffee House. The Maroon Group, Virginia's Finest Chocolate, and The DeGood Foundation" who provided financial support for the Entrepreneurship club.

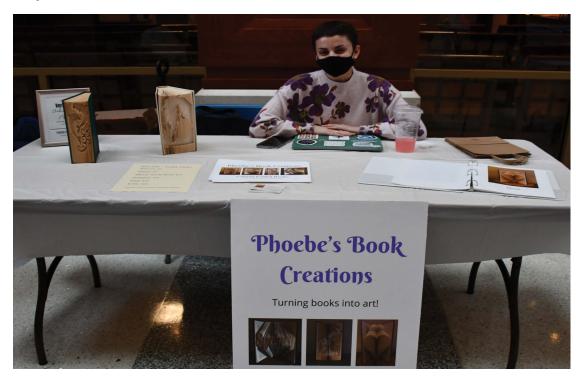
Cook said the fair was a success due to the "10 amazing student vendors who sold a whole variety of different products" who were able to "put themselves out there, market to both students and staff, and expand their network in the process." As Myers put it, "The Entreprenuship's club mission is to invite, develop, and promote entrepreneurship on campus; this event helped us do just that."

Cook considered her favorite part of the fair to be "seeing how entrepreneurship can come from any discipline. It's not confined to the business school, or to business majors. but open and accepting of all areas of study" and Myers considered her favorite part of the fair to be "selling my products for the first time." I think I would have to agree with both of them as selling what you've made is exciting and an important first step to being a successful entrepreneur, and opening a business has to include more than just knowing how to run a business.

Both Cook and Myers want to have the fair and other events similar to this happen again, with Cook saying "There's so much more entrepreneurship on this campus than we realize; and it's our club's job and mission to discover it and give a platform to these student entrepreneurs who work so hard at what they do." That's true, after all, I'm sure many of my fellow students, including myself, were unaware of some of the small businesses created by students on campus. Myers said that the club "would love to make the fair a recurring semester event.'

The idea for the event was created by Grace Cook who ran most of it along with her own small business selling cheese-cake. The passion and care she put into creating the business fair is easy to see, and that passion for what she does will take her places. The first Student Run Business Fair at CNU was an absolute success, and may the Entrepreneurship club and the other students involved grow their businesses and be just as successful.







CNU PRESIDENT PAUL TRIBLE

Signifances of Governor Elections in VA & NJ

What does the General Election 2021 results mean nationally?

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Election Night in the commonwealth was one that rocked national politics, but at the sametime was something that was like no other in historic terms.

Even though this was an offelection year, it was still exciting to watch, even as it was my sixth that I watched closely.

This election in particular was the first one in which I had the pleasure of meeting a candidate before he placed his name on the ticket and was part of his intro commercial.

Going into election day, the gubernatorial race between Terry McAulliffe and Glenn Youngkin was the most talked about, on the national and local level, when it came to how close the result was going to be. It was only one of two gubernatorial races happening across america.

The result honestly wasn't too surprising, it was something historians saw coming. I say this because when you look at it through a historical lens, since the days of the Civil War, typically whatever party wins the White House, the opposite party tends to win the governor's mansion the following year.

The most recent exception was in 2013 when McAuliffe won while President Obama was in office. If McAuliffe had won the gubernatorial race, he would have been the first governor since Mills Godwin in the late 60s and early 70s to have served two terms but the first using the same party. Godwin ran as a Democrat and then as a Republican.

The final result in the Governor race, came before 1am on Nov. 3, was 51% to 48% to 1%. The 1% went to the Independent candidate, Princess Blanding.

Other than the governorship that was up for election the other parts of the ballot,in the commonwealth, included the Lieutenant Governor race; the Attorney General race; and the race for seats in the House of Delegates.

The biggest thing that came out of the Lieutenant Governor race was that Virginians elected the first female and women of color to hold this office. Her name is Winsome Sears, who is part of the Republican party, and has served the Hampton Roads community nearly two decades ago.

Sears' opponent was Hala Ayala. Something interesting about this was that no matter what history was going to be made. The reason was both candidates are women and are one of color.

The final result in the Lieutenant Governor race was 51% to 49%.



COURTESY OF WRTV



COURTESY OF NBC NEWS

The Attorney General race was also tight. After a close race, Jason Miyares won and became the first child of an immigrant to hold the office, beating incumbent Mark Herring who was running for a third term.

The official call by the Associated Press came Wednesday late afternoon. The final result was a 51% to 49% narrow lead for Mivares.

Inauguration day in the commonwealth for Governor-Elect Youngkin; Lieutenant Governor-Elect Sears; and Attorney General Elect Miyares is going to be on January 15, 2022.

In the race for control of the House of Delegates, the GOP flipped the current 55 to 45 Democratic majority. Beginning in January's session republicans will be the majority after they received 51 of 100 seats.

Other than Virginia, the national shift turned to New Jersey for the governor's race, which was a surprisingly tight one; mayoral races, and other localized legislative races.



COURTESY OF WWBT



COURTESY OF NBC NEWS

What does these races mean overall?

With how the result played out, in the commonwealth, a red wave happened. A wave that was similar to the blue wave that began in 2017, when current governor Ralph Northam was elected, and ended in 2020, when President Biden was elected by the commonwealth through a ten point lead.

On the national level, the race in Virginia was seen as a referendum on President Biden and a test of Biden's strength and Trump's staying power, according to NBC News. With how the result played out, the democrats got worried, as they should be.

Another race that I feel is important to mention is the other gubernatorial race.

On election night, the race in New Jersey was too close to call and Democrat Phill Murphy, the incumbent, won narrowly. A year ago, Biden won the state by 16 points.

The significance of this win is that Murphy became the first democratic governor in 44 years to win reelection. That isn't typical. New Jersey usually follows Virginia's pattern every year after the presidential election.

In the aftermath of the election, both races gave Democrats a jolt.

The finger pointing began in Washington shortly after the results and, according to Kristen Welker, NBC News Senior White House Correspondent and Weekend Today anchor, there is now more pressure to get things done.

When I think about the Midterms in 2022, anything can happen. There's a lot at stake. The gubernatorial races will result in governor's that will be ones to certify the 2024 election

But the results that came out in Decision 2021 was one that told a message saying that nobody is safe. It will be another historic night when November 8, 2022 comes around. We are in for another interesting election season as campaigns are going to start popping up soon with the hope that republicans gain back what they lost in Congress last year, which is very likely historically.

Brundibar and Trial of God

Note: All photos were taken during their final dress rehearsal.



CAST AND DIRECTOR OF BRUNIDBAR GIVING A FINAL SONG. PHOTOS BY THE CAPTAINS LOG



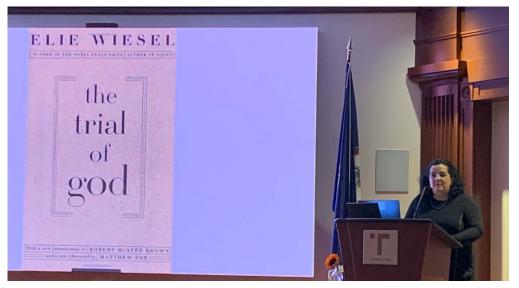
BRUNIDBAR (ADELINE PETERSON) CONFRONT-ING PEPICEK. PHOTOS BY THE CAPTAINS LOG



CAT (PLAYED BY AVERY HALE), SPARROW (ISABELLA MILLEN), AND DOG (KAYCIE COLTON), PLANNING WITH PEPICEK (RHYS WEST) AND ANINKA (MARSIKA BAUGUS) ON HOW TO DEFEAT THE BRUNDIBAR, PHOTO COURTESY OF THE CAPTAIN'S LOG



CROWD AT OPENING NIGHT. PHOTOS BY THE CAPTAINS LOG



DOCTOR GALIT GERTSENZON TALKING ABOUT THE HISTORICAL CONTEXT OF THE PLAYS. PHOTOS BY THE CAPTAINS LOG

CAST AND DIRECTOR OF TRIAL OF GOD GIVING A FINAL BOW. PHOTOS BY THE CAPTAINS LOG





TOP: SAM (ACTED BY ADALYNN ELLER) REVEALING THAT THE TRUE TRIAL IS ABOUT TO BEGIN.

RIGHT: SAM AND BERISH (PLAYED BY PEYTON CREASEY)
CONFRONTING EACH OTHER.

PHOTO COURTESY OF THE CAPTAIN'S LOG



Shadow Event of 2021

An Emotional Event That Successfully Raised Awareness of Sexual Assault

GRACE GRILES

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Emotions ran high at the Diamondstein Theater as the 10th Shadow Event took place this past Tuesday.

The idea of the Shadow Event was founded by President Paul Trible's wife Rosemary Trible. She explained in an opening video that she had been sexually assaulted in the 1980s, while she was advocating to help women who had been sexually assaulted.

The Shadow Event is held by the CNU club called Where is the Line. The club's goal is raise awareness about sexual assault, domestic violence, and human traficking.

This year's Shadow Event was held at 7:30pm on Tuesday November 2, 2021 in the Diamondstein Theater within the Ferguson center on CNU's campus. This was the 10th Shadow Event to ever be held at CNU.

Before entering the doors to the theater the audience members were handed a small stack of colorful notecards and a mini yellow pencil. The intention was for the audience to use the cards to write notes to the speaker whose colorful background matched the color of the index card.

To keep the speakers at this event anonymous the entire theater was dark except for a colorful light that lit up the background of where the speaker sat on stage. This gave the speaker an anonymous shadowy appearance, hence where the event gets its name from.

Another attempt to keep the speakers anonymous was to use a device to alter their voice.

Unfortunately for the first two speakers the device was not very effective.

However, due to the elaborate shadow effect it would be rather difficult to track down the speakers based on their voice alone.

There were a total of nine speakers. Each told the story of their sexual assault. Every story was different. Some contained endings of hope and how they have healed since the event. Some expressed that they still struggle with feeling fearful and hopeless. Majority of them were fe-





PHOTO COURTESY OF CHRISTOPHER NEWPORT UNIVERSITY

However, in the opening video Rosemary Trible stressed that males could also be affected by sexual assault. Therefore, there were some male speakers as well. After about five speakers the New-

port Pearls sang the song "I Believe" by Fletcher as a slight intermission between the plethora of speakers.

Overall, the event was powerful. Even though the room was pitch black the collective emotions of the audience radiated throughout the theater.

Every audience member took the time to write a note to the speaker on the index cards that were given heforehand.

It was evident that the organization holding the event was passionate about the subject at the very beginning of the event when the president of Where's the Line spoke about how they were a victim of sexual assault.

At the end of the event it was apparent that the Shadow Event accomplished its goal of raising aware-



PHOTO COURTESY OF CHRISTOPHER NEWPORT UNIVERSITY

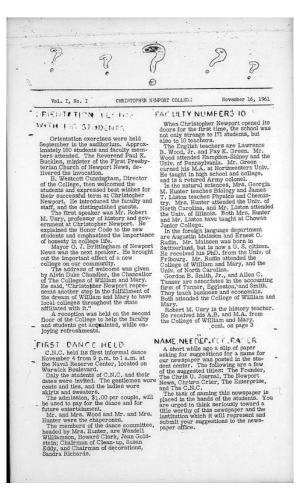


PHOTO COURTESY OF WHERE IS THE LINE'S **SOCIAL MEDIA**

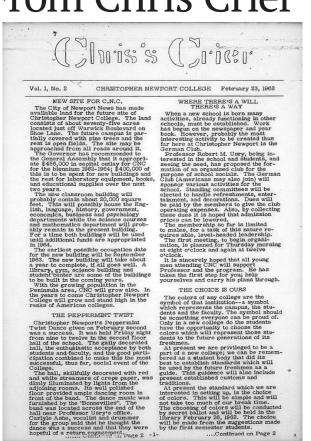
PHOTO COURTESY OF WHERE IS THE LINE'S **SOCIAL MEDIA**

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From Chris Crier





To The Captain's Log

We will kick off celebrating 60 years of having a Campus newspaper

ON THE NEXT PAGE YOU WILL FIND A COVER FROM 1976 AND 1985



PHOTO COURTESY OF OPCR



Officers and senators make Junior Class Flea Market a success



Six students represent CNC at **ACUI Regional Conference**

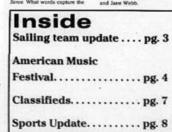
Global View Courses Added to Curriculum

Foreign and Domestic



CNC Searches for Motto and Song

VOTE FOR CNC COLLEGE SONG YOU! (Everyone in the College comm



If there's a campus milestone or tradition that Clog can cover contact Josh Grimes: Joshua.Grimes.19@cnu.edu



Visit the Captain's Log Online on our website: thecaptainslog.org.

There you can read all of your favorite stories.

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Moments of the Week

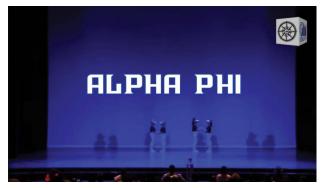
the Mary M. Torggler Fine Arts Center front entrance at night

PHOTOS BY THE CAPTAINS LOG

November 5

The Trumpet Ensemble performing as part of the Routunda Series in the Mary M. Torrggler Fine Arts Center.







CNUTV

All videos from Stroll to the Polls are posted onto Facebook. The Lights and Sounds of the "DSU Take Over Prom" is also availble on Facebook.



If you have a photo that you would like to be featured in the "Weekly Pic" section, please send it to clog@cnu.edu, along with your caption. We thank you for your submissions.

The Captain's Log Staff

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THE CAPTAIN'S LOG is the official student newspaper of Christopher Newport University. It is a public forum, which is published on Wednesdays throughout the academic year.

THE EDITOR welcomes letters from readers. Editors reserve the right to edit letter for length and AP style, as well as to refuse publication. An email with a ".doc" attachment is perferable. Reach us through:

- Email: clog@cnu.edu
- Drop off: The Captain's Log newsroom, DSU suite 393 **JOIN THE STAFF** The Captain's Log is always open to students who are interested in writing, photography and editing. Editors assign stories every Tuesday at 7:30pm in MCM 162.

WANT TO ADVERTISE? Circulation inquiries, advertising rates and policies are available upon request via email at clog@cnu.edu. For more information, visit our website at thecaptainslog.org.

JOIN THE STAFF!

The Captain's Log is always looking for new members. If you're interested in becoming part of our team, email editor-in-chief Josh Grimes at clog@cnu.edu or Joshua.Grimes.19@cnu.edu

Interested in:
Writing,
Editing,
Design,
Photography,
Video,
Digital content,
Business or
Advertising?
Then there's a
place for you at
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