



# THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLOG

WWW.THECAPTAINSLOG.ORG

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## Welcome home

### CNU's seven Panhellenic sororities recruited new members this weekend

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With hugs so hard they make you fall down, cheers that rattled the building and more than enough happy tears, Bid Day 2019 welcomed new members into the seven Panhellenic sororities at CNU.

But Bid Day and running home was just the end of recruitment. Taking over a full weekend, the process starts on Thursday night when the potential new members receive their recruitment counselors to help them through the process. Friday night new members learn about the philanthropies of each of the seven Panhellenic sororities during twenty minute rounds. On Saturday, the new members are asked to whittle their list of top sororities down to five to learn about what sisterhood means in longer 40 minute

sessions.

Finally, Sunday asks new members to bring their list down to their top two sororities. Preference day, the most in-depth of the weekend, offers a full scale look of what it means to be a sister of that particular chapter of a sorority.

After the morning of preference rounds, bid selection begins. Each chapter chooses a list of potential new members and sends the list to the Panhellenic council. Panhellenic then matches and distributes bids out to the potential new members right before they run home to their new sisterhood.

These women read the bids in the Gaines Theater and for Megan Hafer, Vice President of Recruitment for CNU Panhel-

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## What's Inside

Sisters of Alpha Delta Pi welcome new members into their chapter this Saturday during Bid Day. ALEX BURRUSS/ THE CAPTAIN'S LOG

### News

Applications for the GPS are open. Find out more and how to apply.

### Snapshot

Experience the excitement of Bid Day 2019 in this photo story.

### Sports

Basketball continues to dominate; our recap covers it.

### A&E

Demons are in the Falk Gallery. Check out our review of the latest exhibition.

### Lifestyle

Find out how a CNU student scored a national scholarship.





## Weekly Pic

#15 Sondra Fan dribbles the ball into the paint in the game against St. Mary's College (Md.) where the team scored over 100 points for the third time this season.

**NICOLE RAMKEY/ THE CAPTAIN'S LOG**

If you have a photo that you would like to be featured in the "Weekly Pic" section, please send it to [clog@cnu.edu](mailto:clog@cnu.edu), along with your caption. We thank you for your submissions.



### CNU TV

Can't get enough of Bid Day? Check out CNU TV's coverage of the event on The Captain's Log Facebook. Can't find your sister? Watch the livestream of the whole event.

## Happened

### January 7 Classes began

Winter break ended and students returned to campus this past weekend ahead of classes that began on Jan. 7. The semester will end on April 28.

### January 14 Student Assembly meeting

Student Assembly gathered for the first meeting of the semester this Monday, Jan. 14. They discussed their previous semester and their plans for the upcoming semester. They also released applications for next year.

## Happening

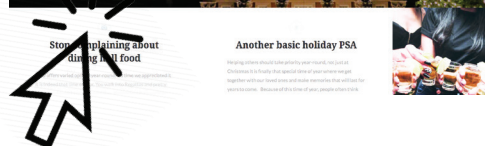
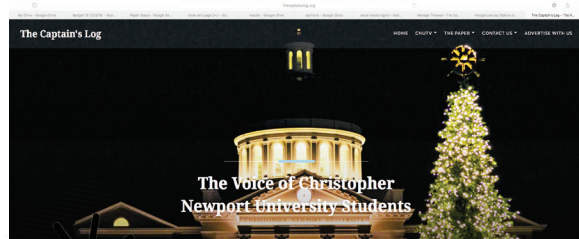
### January 19 Trumpet Festival

CNU's Department of Music hosts a day honoring the trumpet. Starting at 9 a.m. and going to 7 p.m., the festival will feature performances from students and professionals, as well as lectures, panels, masterclasses and more.

### January 21 MLK Commemoration

A talk in the Gaines at 3 p.m. to honor the life and legacy of Dr. Martin Luther King, Jr. that features guest speaker Edith G. White.

## Go online with The Captain's Log!



Visit us online on our new and improved website [thecaptainslog.org](http://thecaptainslog.org). There you can experience bonus content and read all your favorite stories.

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**THE CAPTAIN'S LOG** is the official student newspaper of Christopher Newport University. It is a public forum, which is published Wednesdays throughout the academic year.

**THE EDITOR** welcomes letters from readers. Editors reserve the right to edit letters for length and AP style, as well as to refuse publication. An email with a ".doc" attachment is preferable. Reach us through:

- Email: [clog@cnu.edu](mailto:clog@cnu.edu)

- Drop off: The Captain's Log newsroom, DSU Suite 393

**JOIN THE STAFF** The Captain's Log is always open to students who are interested in writing, photography and editing. Editors assign stories every Sunday at 7 p.m.

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# After two year hiatus, WCNU is on the air

## The organization celebrated their first broadcast on Jan. 13

**MORGAN BARCLAY**

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The team watched on in anticipation during a celebration in the Madison Room here on campus as the first broadcast started. Sounds of Auld Lang Syne were met with cheers from the members of the club. These cheers turned into smiling faces as the song melted into “Radio Ga Ga” by Queen.

After over two years of radio silence, WCNU is back on the air.

For many on the team, this occasion is cause for celebration.

“I’ve been working this since December 2016, so seeing us back on air is amazing,” said president of WCNU Nikhil Sharma.

“It’s very nice to connect to the CNU community creatively again, and it’s very nice to provide that framework for other kinds of people, as well” said Miller Bowe, Vice President and host of the Hamburger Party radio show on WCNU.

The two years the organization stopped broadcasting were anything but silent, however. Filled with research, meetings and asking for help from alumni and friends, the executive board, made up primarily of seniors, worked hard to bring the station back to full broadcasting capabilities.

According to Sharma, Bowe and WCNU’s Business Manager Tyler Melone, the reasons for the stopping in broadcasting were threefold. The first and most easily explainable were technical malfunctions.

“A piece burnt out in a sound board,” Sharma said. “We got it repaired.”

But this “small fire,” as Sharma called it, was only one simple reason they were off the air. The last two reasons were more complex.

“It’s always been a struggle to pay

for licensing, software, server space, streaming and it’s a student organization so we’re all poor,” Melone said.

As a student organization, WCNU has had financial limitations that stopped their broadcasting. However, this year they were able to gain needed funds. As of now, the organization relies on money from their own pockets, profits from dj-ing events, grants from the university and generosity from alumni. One such alum, Zach Whitten, the former president of WCNU, donated a portion of the necessary funds to get the station back on air.

This lack of funds, though, was only compounded when it came to the attention of members of the executive board that proper licensing fees were not being paid in years past. Beyond that, regulations were also not being properly followed.

This problem was going to take more than a little fundraising and fixing of a sound board.

“There’s a lot of intricate knowledge of licensing that has changed since the last time we were on air that it was necessary to stop broadcasting to educate ourselves on the intricacies,” Melone said.

During the majority of their time off the air, the organization was educating themselves on exactly how to manage these regulations, many of which had changed since their operations manuals were last updated. They were also learning how to manage certain liabilities.

One such regulation is the performance complement which regulates the amount of songs you can play by one performer during a certain period of time. This was especially difficult to follow in WCNU’s past given their status as what Sharma describes as a “freeform station,” a station that

switches from host to host without having a constant overseeing producer. However, given their time and planning on this, they have developed a system which they feel confident.

“We’ve done enough research that we now feel confident we can run a radio station in a legal way,” Melone said.

That said, for many on the team, these problems were not just ones of chance, they were due to the lack of constant leadership for the organization. Lacking a faculty advisor, national board or alumni group, many of these fees, regulations and technical skills are difficult to remain constants in the organization when those that know them are constantly graduating.

“It’s a huge responsibility and it’s really really difficult to understand everything on such a technical level and hand that off to someone that has no training or background potentially and expect them to do everything,” Melone said.

Although they have attempted to find a faculty advisor to ease this particular struggle, Melone shared that they haven’t found the right fit yet.

“The professors we’ve spoken to, whether or not it’s been concerns from past administration of WCNU, there’s also the consistent point that it’s not their speciality and unless it figures into their research or their normal course of work they don’t have strong interest in taking a leadership role,”



Members of WCNU listen to their first broadcast in two years. JEREMY CALLAHAN/THE CAPTAIN'S LOG

Melone said.

But even through this, the small fires, the financial limitations, the stress of pouring through complex copyright law, there was something that kept Sharma, Bowe and Melone fighting for the station.

For Bowe, this fight was so others could experience the joy of being on the radio. “Freshman year doing my radio show was probably the most fun I’d ever had. Me and my friend Jeremy would spend an hour just rambling. Even though we didn’t have much of an audience, it was a great experience, and I want people coming into CNU to be able to have that experience, with a bigger audience.” Bowe said.

For Melone, the fight was what kept him going. “WCNU is very hard not to become prideful of. We have this huge thing, we’ve been working really hard for. There has to be a terminus. There’s no point in stopping because every break through is like an adrenaline rush.”

For Sharma, he wanted WCNU to be something important for the University. “I want the administration of WCNU to be hardworking and professional, but I want WCNU to be a center of counter-culture, so to speak. It should be someplace different.”

Through their fight the station is back on the air and has big plans for the upcoming semester. From new shows to events and even to collaboration with other CNU clubs and organizations, they are happy to finally be able to share their organization again.

“We’ve had a long history of almost doing what we’re supposed to do, and we’re fixing that into doing what we’re supposed to do” Sharma said.

The station is currently broadcasting at [wcnuradio.com](http://wcnuradio.com).

Those interested in becoming part of the organization can contact them at their email [wcnu@cnu.edu](mailto:wcnu@cnu.edu), chat with members during Tuesady Tunes in the breezeway, or drop by the station during executive members’ office hours. ■

# Making change on change.org

## Marckel Bonds’ petition about MLK day led to a meeting with University leadership

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Published over winter break on change.org and spread over social media, Marckel Bonds’ petition to have classes cancelled at CNU on Martin Luther King Day in order to properly honor the meaning of the day, as of this publication, has received well over 500 signatures. The petition has also granted Bonds a meeting with the several members of CNU’s Board of Visitors, including President Tribble, Provost Doughty, Dean Hughes and Vidal Dikerson.

The decision to make this petition came to Bonds for two reasons. The first was one of curiosity and confusion. Looking to other schools in the area, schools like VCU and ODU, they

have Martin Luther King Day off. CNU, on the other hand does not.

“Why do other [schools] have the day off on this federal holiday, shouldn’t the workers have off-- that was my first question,” Bonds said.

However, he was also inspired to make the petition due to his position as the Vice President of the Black Student Union on campus.

“I’ve heard some opinions and voices of minority students on campus so I felt I should take on the responsibility to try and incite some change and Martin Luther King Day happened to be one of the things that people were talking about and I thought that that was a great first step to make change on campus.”

For many this may seem like it is just a day, or an excuse to get out of class,

but for Bonds, Martin Luther King Day means so much more.

For Bonds, the day shows the importance of education and perseverance.

“MLK day was founded 15 to 18 years after his death so it shows me that things take time. It also shows me how important it is to do research for yourself on different aspects of black history, especially as it is not as big in our academia, K-12 education,” Bonds said.

Bonds also thought that this day would like to be a nice starting point for change on CNU’s campus.

“It’s a good starting point because it is coming up, it’s a new year, everyone has a lot of reformatory thoughts in the new year,” Bonds said.

More than this, he sees the students that want this change.

“My real purpose is to incite change on campus, because there are students here that do not like CNU. There students in the community that have a stigma against CNU so how we can change that and how we can make this a better place? Martin Luther

King would say that you should live a life of meaning and you should affect the people around you and influence them.”

CNU responded in an email after the petition was sent out.

“Martin Luther King Jr.’s legacy is a freer and fairer America. He stirred our conscience and was a great man who should always be remembered and honored....Let us resolve to begin this new year with Dr. King’s commitment to leadership and service in our hearts and reflected in our actions.”

The office of Communications and Public Relations also responded providing their reasoning for the University staying open.

“Classes traditionally have been held on that day, as well as Labor Day, Veterans Day and what is now known as George Washington’s Birthday. That is so the University can comply with regulations concerning classroom hours and still maximize the time available during a semester without adding additional days either at the beginning or end of the semester or reducing the already scheduled holiday breaks. As the President stated in his message to students, staff and faculty, he is consulting with members of our

community to discuss alternatives to make the University’s MLK Day observance more meaningful,” Jim Hanchett, Chief Communications Officer said.

And discuss alternatives, they did. Meeting with Bonds, they worked to create a more robust and educational week, something that Bonds expresses his gratitude, although he still said he is hoping to have classes at least partially cancelled so students can commit themselves to service on this day. Bonds explained that Martin Luther King Day is one of two days of service nationally recognized.

“It’s okay because, the respect and power that Tribble has, just getting him to do this, is a step in the right direction.”

Bonds is still hopeful that in years to come this day will be spent in service and not necessarily in the classroom and that his act inspires others.

“Don’t be scared. Have courage. The worst thing that happens is things stay like they are, and that probably won’t happen, and even then, if you speak up, someone else might feel inclined to speak up. Your voice is more powerful than you think.” ■



# Parking problems temporary, necessary

Current construction creates more parking spaces for everyone who visits CNU’s campus

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Short term pain for long term gain.

Although right now a couple of parking lots are under construction, temporarily causing fewer parking spaces on campus, there will be 141 new spaces once the new renovations are completed.

Plans for the construction began a few years ago. The new expansion on the Ferguson Center for the Arts will be built over the current visitors lot (Lot B) and necessitates additional parking to compensate.

“The new lots and other changes are needed to provide parking now and in the future when the [extension of the Ferguson] Center is open,” Jim Hanchett, Chief Communications Officer for the Office of Communications and Public Relations, said.

Construction began on Dec. 17, 2018, which closed Lot C (located by the Tribble Library and Freeman Center) and the roadway in front of the Freeman Center.

While construction is underway, faculty and staff who usually park in Lot C will be able to park in Lot D (near Luter Hall) and the Ferguson Center Loop.

Construction is taking place in Lot B, Lot C and the Ferguson Center Loop.

The result of the construction



A campus map depicting the parking lots and roads that are closed during construction. Parking Lot B and C (shown by the red “no” symbol) and the roadway in front of the Freeman Center (shown by the red “x”) are closed. **GRAPHIC BY EMMA DIXON / THE CAPTAIN’S LOG**

will be additional parking extensions on to Lot C and the Ferguson Center Loop as well as a new parking lot along Warwick Blvd.

Notice and additional information regarding the construction was first distributed to students, faculty and staff back in early December via email.

Originally the construction was supposed to be finished by Jan. 7, taking place during the end of the fall semester and over winter break.

However, due to unforeseen weather delays, this deadline has been extended.

According to Hanchett, although there are short term inconveniences, ultimately there will be significantly more parking on campus that should benefit everyone who drives to CNU’s campus.

“The goal is to make parking as hassle-free as possible within the constraints imposed by cost and the reality that this university is surrounded by neighborhoods and businesses so land is

at a premium,” Hanchett said.

Although there is not a predicted finish date, according to Hanchett, the new lot will be completed as soon as possible given the weather challenges.

Crews have worked weekends to expedite the project because speedy completion is a priority. ■

# ‘Shape your future. Change the world.’

CNU and PLP students can apply to be one of 50 Virginia representatives at the Global Pathfinder Summit to address global and community leadership issues

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Want to be one of a select number of millenials to represent Virginia during the Global Pathfinder Summit (GPS), held in nearby Charlottesville, VA, May 20-24, 2019?

American Evolution is looking for 50 Virginians over the age of 21 to attend the conference, and CNU students, PLP students in particular, are uniquely positioned to take advantage of this opportunity.

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AMERICAN EVOLUTION™



GLOBAL  
PATHFINDER  
SUMMIT



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STORY CONTINUED  
FROM PAGE 4

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The GPS will look to bring together young and emerging leaders from all over the world to discuss global issues and how to affect positive and lasting

change in local communities.

Attendees will join leaders from all over Virginia, the United States and the world for workshops, community service events, panel discussions and networking opportunities. State delegates, company President and CEOs, and international leaders will all be in attendance.

Keynote speakers include Wael

Ghonim, who was nominated for Nobel Peace Prize for his role in the Egyptian revolution in 2011, Brennan Gould, the President and CEO of The Charlottesville Area Community Foundation, and Pia Mancini, a co-founder of OpenCollective.

Lindsey Horner, the Education and Program Specialist for American Evolution and 2007

CNU alumnae, thinks CNU students and alumni will shine at this conference.

"CNU is at the forefront of leadership programs," Horner said, emphasizing the importance of service and leadership in local communities.

"We're prioritizing applications with a proven record of leadership and who are passion-

ate about their community."

The GPS is focused on leadership at a community level as a strategy for solving global issues and concerns.

Part of the GPS will include a service project in the Charlottesville area as well as opportunities to enjoy the surrounding area with fellow attendees.

The conference dates are especially convenient for CNU students as they fall after the Spring Semester. It's perfect timing for Juniors or even Seniors who have just graduated.

"If you don't know what that next step is, it's a great resume builder, something you can put on there as you're leaving [college] and start applying for jobs," Horner said.

The goal of the GPS is to expose and network younger leaders together and focus on modern issues that affect communities all over the world.

Since it is tailored for leaders who are just beginning to find their leadership voice in their careers and communities.

"Our tagline is 'Shape the future,'" Horner said. "Change the world' but I've been telling people 'Shape your future. Change the world.' It's that two-fold where we're looking entirely at what you can do to prepare for your next steps and your career but we're also looking at how we can change the world together as a global community." ■

### **Additional Information for Interested Applicants**

*CNU students interested in applying will need a passport photo, copy of their resume or CV, link to all relevant social media platforms.*

*As a part of the application process they will answer a few short essay questions and will be responsible to committing to attending the conference and for paying the \$500 conference fee if they are selected to attend.*

*Applications can be found at: <https://gps2019.typeform.com/to/fqDO4u>*

*The deadline to apply is Jan. 31, 2018. Must be 21-35 years of age to apply.*



# Business eXchange

Open to all Majors and Classes  
**FEBRUARY 20 & 21**

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## Localizing period poverty

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Prior to Winter Break, an organization on campus received local news coverage on their petition aimed to end "period poverty" on CNU's campus. The club, PERIOD. @CNU, is the campus chapter of a nationwide organization that has dubbed itself PERIOD. The organization's mission, listed on its website, is to "celebrate periods and provide products to those in need." Furthermore, they identify themselves as young activists who believe that "menstrual care is a basic right."

PERIOD. @CNU, formed nearly a year ago, has organized events like "Packing Parties" where club members and volunteers put together menstrual care packages for those in need. One of the goals of this chapter is to provide menstrual products to those who cannot afford them (specifically homeless, impoverished menstruators).

The national organization names its three main goals are to "serve, educate, and advocate" for those who menstruate, whether that is to provide those in need with menstrual products or to educate the public on periods.

I had not heard much about this organization until the week of Dec. 10th, when Daily Press Staff Writer Katherine Hafner's article on the organization's petition "blew up" on my Facebook feed. The petition demanded that our University provide menstrual products (pads and tampons) in the academic and library bathrooms (both male and female) to give everyone "equal opportunity in education."

The petition also warned that if we do not provide students access to menstrual products we are "showing that we do not value students with periods" and are "actively perpetuating the harmful effects of

period stigma and shame."

Many commenters on Facebook expressed frustration and concerns about the petition. Unlike the women and men on Facebook whose comments questioned college student's ability to budget for menstrual products or be prepared, my issue was primarily in the wording of the petition and the lack of data presented. The first paragraph of the petition uses shocking claims of "stunted education" for CNU students who menstruate, painting a victimized image of those who have periods and are in school. While I am certain there are students who miss class because of their menstrual cycle, I have struggled to find quantitative data on this issue as it pertains to CNU's campus.

When I inquired within the club's executive board, their justification for the demands of the petition was based on complaints they had overheard from other menstruators, or their own experiences in helping friends who did not have a menstrual product with them at the library or in class. These instances, stated by the leadership of the organization, lead me to question if the petition truly communicated the club's agenda.

The largest issue that they have witnessed our campus facing is the instances when you are unprepared - though I do not believe that my own educated is stunted by having a menstrual cycle, their desire for menstrual products to be accessible in campus buildings is not extreme. From my knowledge, there are very few restrooms on this campus that have receptacles to

purchase menstrual products.

As a menstruator, I believe you have the responsibility and knowledge to be prepared for your cycle, but there are times when you are caught off guard and do not have products with you. In those instances, it is not "embarrassing" (as the club has stated before) to ask others for products. In fact, one would think that if an organization aims to end a taboo on periods they would want to facilitate conversations about it outside of petitions and social media, but in everyday life.

For those who lack the means to purchase products, the provision of free tampons and pads is justifiable. However, for there to be a supply in campus restrooms (as their petition demands, at "no cost to students"), that requires funding and time from the University. Unless more data and justification can be found for this demand, I do not see the rationale behind the University meeting the demands of this organization.

If the organization feels that there is a need for free menstrual products in CNU's restrooms, it has the responsibility to fund, provide and distribute these materials.

Another solution to the lack of products available on campus would be to have them available for purchase in the bathrooms themselves.

This club itself has potential to contribute to this campus by providing a necessary product to the students as well as serving those in need through their "Packing

Parties." Despite the controversy over the demands of the petition, I implore all students and community members to look deeper into their core values and help apply them to the needs of this campus.

For more information on the organization or to get involved, email [period@cnu.edu](mailto:period@cnu.edu). ■

### PERIOD. @CNU Petition

486

signatures

out of

800

signatures

As of 1/15/19

More information on the organization at [period.org](http://period.org)

"We, the undersigned, demand that all restrooms, regardless of gender designation, serviced by CNU Campus funding must be consistently stocked with both pads and tampons at no cost to students, and have sanitary disposal units within each stall. Measures to ensure that individuals with disabilities are being equally served must also be taken."

Find the Petition at: <https://tinyurl.com/ybeb3w7j>

INFORMATION FROM CHANGE.ORG GRAPHIC BY MARA THARP / THE CAPTAIN'S LOG

## In response to collegiate petitions

Complaining is an art that needs to be taught

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Complaining is the pinnacle of expression. It is the affirmation of consummation and the explication of revelation. Whether or not complaints are valid, it is essential to the process of a democratic society that an appropriate and unfettered method of self advocacy

be protected and preserved against degradation. For many, the device through which such grievances are aired is the petition.

A petition is a powerful instrument both for the righteous rebuker and for the unreasonable objector. A public declaration of one's stance concerning a particular perceived



wrong, an appropriate call to action, and the ability of the accused to respond as necessary, are all foundational necessities to free speech and articulation. Where the petition falls short of effectiveness is often not the strength of charges being laid, but the clarity and presentation of the concerns being voiced.

A petition is not only about the number of signatures lent in concurrence. How one voices their opinion is of equal importance to the amount of solidarity they engender. How can the accused understand what one is saying if they can't read the letter they are sent? Is it not the responsibility of the complainer, not the complaine, to impactfully communicate not only the issue itself, but the breadth and depth of said issue? If the argument is muddled by an unclear or unfocused voice, how can it be properly tested for validity or veracity?

The author must be dutiful and disciplined in composing a complaint. The censure must

be straightforward; it must possess a natural flow and directly address a specific ill without deviation. The downfall of the impactful petition, otherwise perfect, can be the unnecessary acknowledgement of minor or unrelated additional grudges. Such auxiliary objections may be better suited to suffixial documentation. One should ask others to read a draft before officially posting their petition. In the course of review, one should ensure that the call to action is clear and identifiable, and that all statements are true and valid. Only after due diligence should a petition be posted for consideration. Finally, the petition may be viewed, challenged, revised, and supported as applicable.

These comments are made not in rebuke of those students who have bravely step forth to effect change. One would wish these individuals great success in their chosen quests. Rather, the above is meant firstly as a simple guide to those who may

be uncertain of how best to be impactful in use of the petition, and secondly in observation that even those who have stepped forth and written these letters may be able to further harness the potential of their pleas with formal training and support.

The collegiate community, to whom this letter is primarily addressed, is comprised of thinkers and leaders; as such, it is the combined responsibility of universities and students to develop and maintain an appropriate, safe, and unencumbered avenue of self advocacy; all well and good. But if such a powerful tool as the petition is available to the enterprising revolutionary, the opportunity for catchment should also be made available.

Who complains? Those who wish for change. Who effects change? Leaders. If students are to become strong, impactful leaders, they must be able to conceive and execute both. One method of presenting a conceived need for change is a

petition. Through the interplay between parties a petition can actuate, a leader is able to take the opportunity to execute.

Universities do presently offer instruction on leadership and advocacy - of that there is little question. This letter does not represent an accusation of negligence; this is but a comment upon the current state of objection within the student community.

Even where avenues do exist, often students are not equipped with a reasonable understanding of how to constructively voice their criticisms. In this regard, it may behoove universities to consider padding their existing programs, and conducting one or two semesterly seminars concerning formal objection.

Universities should further consider allocating resources in order to accommodate events centered around negotiation and resolution of objectionable circumstances not just for students enrolled in leadership programs, but in service of bolstering stu-

dents who would not otherwise be able to take advantage of these seminars. Although universities have vast resources through which campus events are coordinated and curated, students collectively have the power to influence and shape certain aspects of their education.

Through partnerships with outside organizations, or by working with university administrations, a sufficiently motivated group of students can and should endeavor to attain and distribute those abilities paramount to a succinct and successful petition, where the university fails to do so.

Through a combined effort of improving existing outlets and establishing instructional support, communication by objection on university campuses can be elevated from a primal cry of outrage, to a tactical and precise application of leadership and advocacy. ■

# This Day in History: Few things happen overnight

## This day in 1945 illuminates how atrocities happen slowly over the course of decades

MILLER BOWE

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On January 16th, 1945, Adolf Hitler retreated to the Führerbunker beneath Berlin, where he would spend the last four months of his life before committing suicide in April.

Hitler had controlled Germany since 1933, and in those twelve years he and the Nazi Party built a highly-militarized state based around Aryan supremacy. Understanding Hitler in the bunker requires understanding the refusal to surrender and the fascination with death that were baked into Nazi ideology and propaganda. Beyond, it requires an understanding of the progression of the war that led to Hitler's defeat.

To understand this trajectory, I interviewed Dr. Anthony Santoro, a Distinguished Professor of History and specialist in National Socialist Germany (and President Emeritus of CNU). According to Dr. Santoro, the point where things began to go wrong for Hitler was the decision to invade the Soviet

Union. "Up until he decided to attack Russia in 1941, he was winning everywhere," said Santoro.

Victories in Austria, Czechoslovakia, Poland, and France led Hitler to believe his intuition was infallible, and he launched the invasion of the Soviet Union in June, despite warnings from his generals that it was too late in the season to beat the Russian winter.

Although the early stages of the invasion went well, this did not last. "It's a 3,000 mile front, and the ability to supply the troops by air or by rail or all kinds of things is a big deal," said Santoro. The Red Army provided stiff resistance, and when the winter came Hitler's men were left freezing just nine miles outside of Moscow.

The disaster of the invasion of Russia was compounded by Hitler's refusal to retreat, to the point that he fired any general who suggested it. This came from the belief that World War I was lost not by the German military but by politicians who had betrayed them. "He screams into the microphone, 'an 11th

of November will never again happen in German history,' and everyone should have read him correctly," said Santoro. "This man is a martyr—self designed. He's going to go down with the ship."

As Nazi Germany lost territory and as bombing got more severe in 1943, Hitler was forced to move his headquarters deeper into his own territory before finally retreating into the Führerbunker beneath Berlin. "After the attempt on his life in 1944, the July 20 Plot, he only made one or two addresses by radio—never appeared in public—and even his public appearances when the war was not quite yet lost were no longer the celebratory victory appearances: they were funerals, veteran's commemorative days, more solemn stuff."

"Throughout the whole Nazi fabric you have the image of death, almost the worship of death," said Santoro. This grim focus on death followed Hitler as he entered the bunker.

By the time he retreated into the bunker, the war was clearly lost. "Most people that

were in the bunker say that his physical condition was deteriorating seriously—tremors, pallor of the face, mistrust of people, tantrums that he went into—but his hold on them was absolute," said Santoro—even in the declining days of the war those closest to Hitler remained committed to him. "You're never going to get entirely the most accurate picture of what it was like in the bunker because the people in the bunker were devoted to Hitler—the secretaries, the stenographers, the valets, they've written their books. None of them have other than good things to say about him as a personality dealing with them."

Hitler was a fanatic, and his generals signed an oath of allegiance to Hitler himself. However, one must not overstate the degree to which Hitler was in control of Germany during the last months of his life. "The gauleiters, the political people, they stayed with him to the end because they had really no choice—they were war criminals for the most part," said Santoro. (Gauleiters were regional Nazi Party leaders appointed directly by Hitler.) Beyond that, however, the level of devotion was not universal. "I think the misconception may be that Hitler was in more complete charge than he was actually in. It depends where you were— East-

ern Front versus Western Front, SS people versus Army, some people adhered to Hitler more than others."

Although Hitler may not have commanded the same devotion in 1945 as he did in 1939, he still had his closest followers—some, like his propaganda minister Joseph Goebbels, committed suicide not long after he did. By 1945 Hitler had led Germany into ruination and begun a campaign of extermination against an entire race of people, and yet still some remained devoted to him to the point where they could not conceive of a world without their Führer.

Much of what Hitler and the Nazi Party did was gradual: it was more than one critical mistake that lost the war, and the Final Solution did not suddenly start one day with concentration camps. These things took place over the course of decades and for much of the first half of his rule Hitler was celebrated by many Germans as a hero almost unequivocally, even as he committed atrocities and laid the groundwork for some of the most horrific crimes against humanity ever committed.

If we are to look at history as a model of what to do and what not to do, it is important to remember that few things happen overnight. ■





(Left) Alpha Phi cheered with their signs saying “We want our Jacq back!” as their recruitment chair ran back home. (Above) For Bid Day Zeta Tau Alpha’s theme was based on the popular 90’s television show Friends. (Top Right) Phi Mu Fraternity shared an emotional moment with their new member. (Right) Delta Gamma ran with the colorful theme of color run.



(Above) A new member of Gamma Phi Beta crashes into a group hug with her new sisters who chose NASCAR as their theme. (Right) Multiple new members of Alpha Delta Pi embraced their new sisters and during this emotional moment one of them was almost tackled to the ground.



Want to relive Bid Day? Run over to The Captain’s Log Facebook page and check out all of CNUTV’s coverage.



Alpha Sigma Alpha WOWed the crowd with their pop-art theme. **HANNAH MCCLURE AND ALEX BURRUSS/THE CAPTAIN'S LOG**

# Welcome Home

## STORY CONTINUED FROM COVER

-lenic, this was her favorite part of the weekend.

"The most rewarding part was standing up in the Gaines Theater and watching all the potential new members open their bids and find their homes."

Finally, sisters run home. Gathering in the Auxiliary Gym bid day becomes not only a celebration and welcoming of women into a new sisterhood, but also a celebration of that sisterhood. Decked out in costumes and signs and bright tutus, bid day puts sororities in the spotlight and lets others not involved in Greek Life to learn a little more about what it means to be in a sorority.

After a jam-packed week this day is an emotional and cathartic experience.

"I've finally found my home at CNU with an amazing group of girls I'm so excited to call my sisters," Ginny Hunter said on her experience of running home to Delta Gamma this past weekend.

But for many this process of becoming a new sister,

although exciting is also nerve-racking one.

"The whole weekend is kind of hard because you feel like you have to impress everyone you talk to, so to be finally able to run into the arms of women that you know will accept you no matter what is truly incredible," new sister of Alpha Sigma Alpha Alex Chalkley said.

This mix of nerves and excitement is one found in current sisters as well. Brittany Sharabi of Delta Gamma admitted that recruitment was "nerve-racking because I went through informal, so I get to see it for the first time from the sister side."

Due to this, Panhellenic asks sisters to volunteer to become recruitment counselors. These sisters are asked to help facilitate conversation on values and where each new member thinks their values line up with chapters.

They also provide a skeleton for the week and answer any questions new members have about the process.

These sisters are also asked not to participate in chapter events from November until Bid Day so they can avoid skewing the recruitment process.

In some of the most touch-

ing moments of Bid Day these sisters once integrated into chapter are welcomed back and asked to run home.

This is one of the ways Bid Day is more than just about new members. Another way, is through the planning process. Sharabi shared that as a new member from informal recruitment this fall this bonding experience was something she was really excited about.

Planning for Bid Day takes a little over a year, and is facilitated both internally in each sorority and externally through the Panhellenic board and this process helps brings sororities together. This planning also requires a lot of balance, as Hafer put it, as CNU is unique in that recruitment is condensed into one weekend.

This makes recruitment at CNU an especially busy time, which differs from other Universities that take more time to meet with new sisters. They even differ from the fraternities on campus which take a full week to meet new brothers.

For Hafer this process works well at CNU due to the small nature of our school.

"CNU packs everything into one weekend. It is such

a short amount of time to get to know people. It is so special at CNU because we build such a friendly environment around campus. This environment translates into recruitment by making it easier to talk to women that you have seen around campus and have classes with," said Hafer.

Mary-Kate Long, a sister of Alpha Delta Pi, discussed this part of recruitment as well.

"I really like recruitment because you have so little time with these new sisters and when they run home they feel almost like strangers, but you know that in such a short time, they are going to become really great friends."

This is something that Chalkley felt too. "When I ran home to Alpha Sigma Alpha they all immediately took me into their arms and they told me how happy they were to have me in their family."

As far as changes for next year, Hafer just wants to see more women go through the process.

"I would love for more girls to find a place at CNU where they know they are loved and supported." ■





## UPCOMING HOME GAMES

Men's Basketball  
4 p.m. January 19  
Penn State Harrisburg

Women's Basketball  
2 p.m. January 19  
Penn State Harrisburg

## UPCOMING AWAY GAMES

Men's Basketball  
7:30 p.m. January 16  
Southern Virginia University

Women's Basketball  
5:30 p.m. January 16  
Southern Virginia University

# Men's and Women's Basketball start conference play 3-1



#1 Luther Gibbs (left) and #1 Jessica Foster (right) carry the ball up the court in their respective victories over St. Mary's College (Md.) from Wednesday, Jan. 9. **SARA KOCHAGIAN / THE CAPTAIN'S LOG**

**MATTHEW SCHERGER**

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With the beginning of the new year basketball begins conference play as well. Both the Men's and Women's team continue their strong performance through the first four games with three wins and one loss each.

The Women's team opened the year hosting the York College Spartans.

The Captains were able to start their conference games 1-0 behind a record performance from senior #30 Jessica Daguihl. Daguihl scored 27 points in just 26 minutes of play to lead the Captains past the Spartans 76-52.

Their second game showed a much less productive offense, as the Mary Washington Eagles' defense proved too much for the Captains.

While both teams committed to the defensive gameplay, the Eagles were able to outlast the Captains in the second half 66-53.

That was the Eagles first win in conference play and dropped the Captains to 1-1 in conference, 10-3 overall.

The Captains bounced back against St. Mary's College of Maryland. The first six minutes of play looked like a

repeat of their previous game against Mary Washington as the Captains trailed 14-2. After an emergency time-out called by Coach Bill Broderick they were firing on all cylinders again.

Over the next ten minutes of play the Captains outscored the Seahawks 44-5. Three freshman would have highlight nights: #1 Jessica Foster, #15 Sondra Fan and #55 Natalie Terwilliger.

Foster sank nine three-pointers for 27 points while Fan and Terwilliger posted 19 and 17 points respectively.

The Captains were equally effective defensively, forcing 29 turnovers on their way to a 103-59 victory over the Seahawks.

The Captains took their momentum to Frostburg State. The freshmen were once again the stars of the afternoon. Fan shot 6/6 and posted 20 points, and fellow freshmen #20 Marlise Brunson, Terwilliger and Foster all scored at least 12 points.

A fourth quarter rally by the Bobcats kept the contest close, but the Captains were able to hold them off and walk away with an 89-83 victory.

The Men's basketball team has also shown solid play through their first four conference games.

Against the York College Spartans the Men's team overcame a 12 point deficit in the second half in the final seconds to pull out an impressive win.

Although the team completed only 77.8 percent of their free throw attempts, the final three made by #20 Jason Aigner were enough to give them the victory, 73-71.

They would not be so lucky against Mary Washington and were unable to overcome free throw woes and missed baskets against the Eagles.

The 69-61 loss was just the second loss of the season for the Men's team.

The Captains showed a much stronger front against St. Mary's College (Md.), bringing a stout defensive effort combined with a strong presence in the paint from #3 Marcus Carter and #52 Savante Chappell.

Carter and Chappell combined for 37 of the Captain's 79 points in their 79-56 victory. On a more personal note, Chappell scored his first career three-pointer in the contest.

Chappell continued his hot streak into the next game against Frostburg State, posting a career-high 23 points and earning himself CAC Player of the Week honors.

This is the first CAC weekly honor the Men's team has received this year.

Chappell was not the only Captain to show up on the court; Aigner also scored 21 points, six of them three-pointers, on the way to a Captain's victory over the Bobcats 75-65.

The 23rd ranked Women's team and the 21st ranked Men's team will travel to Southern Virginia University (SVU) on Jan. 16.

The Women's matchup features a SVU team that is currently undefeated in their conference play and on a 12 game winning streak.

The Men's team is currently in a five-way tie for first in the CAC playing a SVU team that is currently 0-4 in the conference.

On Jan. 19, CNU will host Penn State Harrisburg in a doubleheader in the Freeman Center at 2 p.m.

Both Penn State Harrisburg teams are currently 1-3 in the CAC and looking to cause an upset against the 3-1 CNU teams.

The Men's and Women's basketball teams will look to take sole ownership first place in the CAC by the end of this weekend, and work towards winning the conference to earn a spot in the NCAA tournament later this spring. ■

For coverage of all CNU athletic events  
check out CNU's Athletics page



# Why write about sports?

New Sports Editor explains why he writes about sports, why you should write for sports and what the updated Sports Section will look like

**MICHAEL INNACELLI**

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Why write about sports?

I have been asked that before by many of my friends in the past couple of years and all I can tell them is why not?

Sports have always had a huge impact on my life, from playing to watching sports on TV as a kid, I have always been around them. So, as I started with journalism in high school a few years ago it made sense to write about sports.

However, as I was never a great writer and never had the motivation to write, my journalism career in sports started and ended in one article that never got published on some random online blog I sent it to.

Not getting published for my first article was probably the best thing that could have happened to me.

First off, that article was terrible. I would not want my name attached to it now if it did get published. More importantly, getting rejected meant I would try a different angle on sports journalism: through video.

Around the same time as getting rejected by the online blog I just began learning video production in school.

Most of our assignments for my media production classes were to make videos on the sports teams.

I was able to continue sports journalism in a way that I was actually good at doing.

I continued to make videos and follow sports journalism all throughout high school and it led to jobs at CNU with CNU Sports and CNUTV, but I never gave up on writing for sports.

Last year, I started writing smaller pieces for The Captain's Log in the sports section, and I learned more

about how to write sports opinion articles. That turned into a passion for talking and writing about sports.

It's an odd way to get into writing sports stories but it worked out well for me in the end.

However, that's just my story and reason for writing sports. You as the reader might still be wondering why you should write for sports.

The best reason to write about sports is also the best reason to watch sports, to complain about something that happened.

Have you ever watched an NBA game where the Golden State Warriors lost? Neither have I.

I like the Golden State Warriors, but if you don't, I'm sure that it's probably annoying and I'm positive you've complained about how they're "too good."

Write that down, send it to me. I want to read that article.

In fact, anyone who reads sports journalism loves to hear opinions like that.

Passion runs deep in sports fans and reading about that passion is always entertaining.

Here's another good example: Have you ever gone to a CNU Basketball game and gone, "Wow, how did we beat that team by 40 points?"

Find out how our team won by that much and write that down too.

I am slightly confused by our Women's Basketball team and their ability to win 103-59 when after the first six minutes they were down by 12 points.

Don't like basketball? Well find a sport you do like and write about it.

It really doesn't matter what the sport is, if it's an interesting story I would love to hear about it.

I've talked a lot about stories in

the examples above, and that's because I want the Sports Section of our newspaper to look a little different.

In the past, we have had a lot of articles about how a team is doing in their season. I still want those stories as they are important to sports journalism, and reading those articles is a great way to keep up with our CNU sports teams, but I want more stories.

I plan on making the Sports Section more about sports and what they mean to people than just about the games. I want to hear what a big win means to the team as well as how they got there.

I want to hear about how #52 Savonte Chappell's career-high 23 point game felt to him as he led the team onto victory over Frostburg.

That's what sports are about, the emotion of succeeding and what the means to the athlete and the fans.

I for one want to read more about the emotion, and as an editor I plan on making sure that the whole story of each game is shown.

What I want is for you as the writer to tell me about the fake field goal play CNU ran that led to a touchdown, but make sure you track down #49 Dylan Curran and find out what went through his mind as he ran the ball into the end zone.

That's the story of why I write about sports, and why you should too.

Lastly, I would like to thank our previous editor Phoenix Hines.

He did a great job with making sports writing entertaining the past several months. I for one always looked forward to reading the Sports Section when he was in charge.

I hope I can do just as well as he did and give you all the content you want to read. ■



Michael Innacelli, the Managing Editor of CNUTV and the new Sports Editor. **MACY FRIEND / THE CAPTAIN'S LOG**

Want to write for me? Contact me here:  
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## Money moves: Christain Pulisic \$73 million

What Christian Pulisic's big move could mean for him and for US Soccer programs around the country

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Money talks, but in the world of soccer it tends to yell.

Neymar's world record transfer fee of \$263 million from Barcelona FC to Paris Saint Germain sent the world of soccer into a frenzy.

Since Neymar's transfer it seems like the price for players has just kept going up, allowing players to have huge mega-transfers to new clubs. On Jan. 2, 2019, this is what happened for one very talented American.

Over the winter break something big happened in the sports world: the transfer window opened for professional soccer.

This doesn't mean a lot to many of us in the United States, but this year it should.

This year, a young American soccer player, Christian Pulisic became the most expensive American soccer player ever when he transferred from Borussia Dortmund, in Germany, to Chelsea FC, of England, for a reported \$73 million.

Chelsea FC immediately loaned Pulisic back to Borussia Dortmund, allowing him to continue playing for Borussia Dortmund while technically a Chelsea FC player, for the rest of the 2018-2019 season.

This means that Borussia Dortmund get to keep their star a little bit longer before cashing in on the young star.

The \$73 million fee paid for Pulisic's services also happens to place him

third in Chelsea FC transfer history according to Sky Sports, just behind Kepa Arrizabalaga (\$90.5 million) and Alvaro Morata (\$75 million). To put it into prospective, the next most expensive American transfer was for \$18.9 million, according to ESPN. While that is still a large amount of money, it pales in comparison to the numbers mentioned above, and to that of Pulisic's transfer fee.

Outside of the United States soccer, or football as it is called in the rest of the world, is the world's sport.

We here in America have struggled to make it on the international scene compared to other nations, and our domestic league is behind other nation's professional leagues, particularly in Europe.

To have an American plying his trade in the Premier League, one

of the top leagues in Europe, and making as big a splash as this is a monumental moment for US soccer.

As a nation we have had players in Europe before, and there are quite a few playing in Europe currently, but to have a player transfer to such a historic club for such a high fee is a first for the nation.

Christian Pulisic has been the hope for the US Men's National Soccer Team (USMNT) for the past few years and has had a glittering rise to fame since he left his home in Hershey, Pennsylvania to play for Borussia Dortmund in Germany. He made his professional debut with the club at the young age of 17.

For the USMNT he has made 23 official senior team appearances and scored nine goals.

His transfer will hopefully al-

low him to continue his rise to fame as he will join a packed Chelsea FC team next season.

Soccer in the United States needs more players like Pulisic to compete on the world stage.

This past summer held the World Cup in Russia and the USMNT didn't qualify for it.

Pulisic is a special talent, but it takes a team to compete at that level.

With Pulisic showing the world that the United States can produce world class players, hopefully more of the youth in the United States will play soccer and follow in his footsteps.

Pulisic's transfer will be remembered for a long time in US soccer fandom, maybe it will be remembered as the start of something great for young American soccer players everywhere. ■



January 19  
Blues Jazz Festival  
Various Times, Williamsburg

January 21  
Elevation Worship  
7 p.m. The Norva

January 19  
"Glass" PG-13  
"I Hate Kids" PG-13

January 18  
TNT Trivia Night  
8 p.m. DSU Crow's Nest

January 21  
2019 MLK Commemoration  
3 p.m. Gaines

# Living waters and vibrant watercolors

CNU alum Rachel Chung's art draws from her study abroad experience, mission trip and more

KRISTEN ZICCARELLI

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There are a lot of studio art graduates in Virginia, but not all of them have grown their talent into a successful business or regularly take commissions from local interest.

Scroll through CNU graduate Rachel Chung's Instagram and you'll find a wide-ranging color palette, featuring plants, unique pendants and hand-done paintings. With an aesthetic that features plentiful skies, water and nature, Chung's art is listed under the name 'kintsugi,' a Japanese word with a unique meaning.

Chung defines 'kintsugi' as the "art of repairing metal with gold or silver lacquer," adding that the understanding is that the piece "is more beautiful for having been broken."

The idea of making formerly broken pottery whole again resonates with Chung, who said she first heard the word and became inspired from a friend while studying abroad in Scotland.

Since then, Chung has expanded her artistic outreach through her website and Etsy page, where she sells a variety of hand-made products, including watercolor paintings, pendants, earrings, hair

scrunchies, bandanas and more.

Overseas experiences have greatly inspired Chung's journey and business venture. Beginning at the end of her freshman year at CNU, she began making and selling headbands to raise money for a mission trip in Cambodia, aimed at working with non-profit and anti-human trafficking organizations. Her study abroad experience also allowed for ample time for creativity and cultural inspiration.

"In Scotland, the area that I was living in was a very creative space so that was very inspiring for me to create something like this," Chung said.

Although she works her business as a part-time freelancing job, she expressed her hope to eventually connect with international efforts and help the global issues that inspired her from the beginning.

"An original intent of my business was to help a lot of non-profit organizations that I worked with like refugees in Cambodia or anything that combats human trafficking," Chung said. "That's the hope and goal - to be able to use what I do to help with organizations like that."

In the meantime, Chung has found various ways to grow her business and reach further to develop her artistic aesthetic. Tabling

at the CNU Farmers' market, along with attending conferences in the US and experimenting with more commissions, Chung says she's only partway through her journey.

As many artists struggle with opening up their work and displaying their talent, Chung has gradually realized the importance of sharing one's work, especially through her participation at recent creative arts gathering and conference, "The Breath and the Clay."

"I've been to a lot of conferences before but this was really a conference that changed my life in regards to art and the importance of it," Chung said. "We don't have to be afraid to share our work because it's so meaningful, and after going on that conference I felt really inspired to keep making my art and start sharing my work."

In fact, Chung first learned to make her pendants from a roommate and friend that showed her how to use resin, the proxy stain that hardens jewelry and makes it feel like glass.

"It was a great idea, and I started painting on small surfaces and putting it inside a pendant so you could wear it as a necklace," Chung said. "It was something that was different and new and beautiful."

**VISIT [THECAPTAIN'SLOG.ORG](http://THECAPTAIN'SLOG.ORG) FOR THE BONUS CONTENT**



(Left) Chung poses with her work laid out on a table. (Top) Chung paints a screen as one of her many works of art. (Middle, Bottom) Chung's work includes handmade pendants. COURTESY OF RACHEL CHUNG





# Demons, art and poetry

The Falk Gallery's newest exhibition, 'When the Old Gods Walked the Earth' features the work of ArtCNU alum Bertie Piatt

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In a series of blurry windows that look into the shaky forest visions of Bertie Piatt, a CNU alum's photography series, "When the Old Gods Walked the Earth," hangs on the walls of the Falk Gallery. Piatt's work consists of eight photographs featuring dark photos with the cloudy figures of smoke, cloth, and modern people representing various goetic demons.

The pieces "Beleth" and "Asmodeus" were particularly interesting: the former shows a woman dancing across a dark cemetery, the white cloth she holds blurred behind her like a wisp, similar to the pale horse that Beleth is said to ride according to demonology. The surprising brightness of the scene uniquely contrasts the grim tones that a cemetery usually exudes, and the blurred movements of the woman's dancing make her mysteriously hard to pin down. In books like "The Goetia: The Lesser Key of Solomon the King" by Mathers and Crowley, Beleth is preceded by a band of musicians—but in this photo I like to imagine that she dances to silence, as all that precedes her are gravestones.

"Asmodeus" features a different scene. Piatt, in this self-portrait, is shown as the demon king Asmodeus laying on what appears to be some type of large industrial metal slab like it was a coffin, with a blur of white smoke hovering past his head. The frame is much closer to its subject than in Beleth, which gives a

more personal focus to Piatt's face. I thought this was certainly on brand—Asmodeus is known as a demon of lust in some texts, such as *Malleus Maleficarum*, written by Heinrich Kramer in 1486. The starker focus on Piatt's face gives a visceral feeling through eye contact that I would expect of something titled "Asmodeus," managing to provoke a sense of intimacy without being sexual.

The photo series is accompanied by an original poem by Piatt, describing the loss of pagan gods and the pain experienced by humanity in moving from one tradition to another in a traditional ABCB rhyme scheme. I didn't find the poem itself gripping; the rhyming and meter felt too strict, as if words like "tourist" and a few lines were added simply to make it work, hampering Piatt's ability to meaningfully connect his words to his art, especially when the photos don't adhere to strict stylistic structures like the poem does. The series might benefit from a poetic structure that was more freeform like the photos themselves, more flowing, and more interpretive.

According to Bertie Piatt's bio on his website, [www.bertiepiatt.com](http://www.bertiepiatt.com), he was born in 1990 and is from Gloucester, Virginia. His art often reflects his viewpoint of being a "habitual outsider" and has a unique focus on self-portraiture that is influenced by classic cinema. After taking a quick look at Piatt's Instagram (@bertiepiatt), "When the Old Gods Walked the Earth" seems to be a faithful extension of his usual style,



The Falk gallery exhibition features "Beleth" (top) and "Zagan" (bottom). KRISTEN ZICCARELLI / THE CAPTAIN'S LOG

which uses dark color, natural and architectural subjects playing with focus to show ephemeral feelings that are difficult to showcase. Don't look for hidden objects or minutiae when looking at Piatt's exhibition—there's an ambience to each scene that has to be taken in all at once. The blurred movements of each subject expands across the scene so that you can't look in any one corner by itself. However, this method has its own drawbacks.

I must admit that while the collection piqued my interest, I would not say that they fully drew me in. There's a certain attraction to the ambience of each photo that makes it 'flow' easily from one to the other, but the lack of a clear subject in a few of the photos made it difficult to really take something from a photo. I was left with a mild interest in knowing more about what Piatt wants us to see because it was hard to see much past the theme, especially in connection with the accompanying poem displayed on one wall of the exhibit. A strength of the series' simplicity is that it leaves it open to interpretation; the photos would be incomplete without the poem, and vice versa.

For this exhibition I would say not to get too caught up in a single photo, because you'll miss out on how each part of the series interacts with another; it is not a series of singular images one after the other, but a collection of emotive portraits that would feel strangely isolated if not viewed whole. ■

## Review: Netflix's 'Bandersnatch'

The premiere show features options for more than one ending—an effect with a multitude of advantages and disadvantages

**AMANDA SHORT**  
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At the end of 2018, Netflix premiered 'Bandersnatch,' an extension of the popular British dystopian TV show 'Black Mirror,' creating a new dynamic of media that allows the audience to make decisions for the main character. Bandersnatch has a multitude of endings the viewer could encounter—however, all the endings do have a set of commonalities.

No matter what path you take, the general premise of the film is still the same. 'Bandersnatch' is set in 1984 and focuses on one main character: a video game designer named Stefan Butler. Throughout the movie, Stefan becomes immersed in his new game (named eponymously) and slowly uncovers dis-

turbing secrets about his reality. If one has watched the original "Black Mirror" series, they would be aware of the common theme throughout all the episodes: in a dystopian society nothing is what it appears to be. This theme carries over in the interactive aspect of the movie. The audience may feel like they are making decisions for Stefan, but actually a fair amount of their choices are arbitrary or are not actually a choice. Such decisions manifest a feeling of dissatisfaction, as the power one is supposed to feel in a 'choose your own adventure' style show is slowly diminished. This effect is quite disappointing when the interactivity is what primarily draws in viewers.

The earliest choices available are overall useless to the story line. For example, the first interactive choices the audience makes

for Stefan is what cereal he should have for breakfast and what cassette he should listen to. Whatever you choose of these options does not affect the story in the long run. They are simply fillers that are disguised to appear as substantial choices. To a certain extent, this tactic is advantageous in making the movie experience longer and leaving the audience with a fair amount of choices to make. However, for those who look beyond the interactive aspects of the movie, they are left puzzled why these choices were present to begin with as they prove to become minuscule in developing the story. After all, when Stefan becomes aware that the audience is acting as his brain, he never freaks out that they picked out his cereal or music taste, proving that such decisions are insignificant in the end.

In addition, some points of the story seem like choices when really the viewer is required to make a certain decision to continue the journey. For example, Stefan is offered to collaborate on 'Bandersnatch' with a large video game executive and the viewer is prompted to accept or decline the offer. However, this is not truly a choice as if you accept the offer you are outrightly informed it was the incorrect path. Essentially, the viewer has to refuse the offer or they cannot continue through the story. This is frustrating as this does not constitute a choice of free will like the audience is lead to believe they are making. In the attempt to venture into new outlets of media, the creators forget a core importance of entertainment: the ability to captivate an audience and entrench them in a new reality. When

one frequently has to try and guess the 'right' choice it takes away from simply enjoying the show. When most of us live in a society where we are constantly told what to do it seems bothersome that Netflix is indirectly trying to do the same thing.

Despite the issues with 'Bandersnatch's' interactivity, the construction of the film itself does not fall as short. If one is a 'Black Mirror' fan, they will most likely enjoy the mysterious and slightly creepy turns the movie takes. Stefan feels a loss of self as a result of the audience hijacking his brain channeling upon the popular human fear: that we are not in control of our own being. In the end, preying upon the fears of society is what the "Black Mirror" franchise does best and their attempt to expand into new realms is estimable. ■



## A heart for Habitat for Humanity

Sophomore Abigail Henderson received the Habitat on the Hill Emerging Leader national scholarship for her outstanding service

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Abigail Henderson, a sophomore at CNU, recently received the Habitat on the Hill Emerging Leader national scholarship, provided by State Farm for Habitat for Humanity International. The scholarship includes the opportunity to attend Habitat on the Hill.

"Habitat on the Hill is Habitat for Humanity International's legislation conference where experts share on how to advocate for affordable housing legislation in DC," Henderson said. "The scholarship covers hotel stay at the Omni Shoreham Hotel in Washington DC, full conference fees, and transportation. I will be talking to our Virginia representatives about supporting affordable housing

legislation."

Habitat for Humanity has been a cause close to Henderson's heart for years. She first became involved with the organization in June 2015 when she was a sophomore attending Sherando High School in her hometown of Winchester, Va.

"I really wanted to get involved in the community, [but I] didn't know where I wanted to go and what I wanted to do exactly," she said. "One of my mom's friends said, 'Hey Abigail, why don't you go to Habitat? They're always looking for people.' And so I did!"

Her first experience working with Habitat took her into a part of town that was "a little bit dangerous, but it was a really good experience to step out of my comfort zone and work on a house build." Building houses for

the less fortunate is Habitat for Humanity's main method of service. "That was one of the most incredible experiences and it's such a vivid memory to this day for me," she said.

Throughout high school, she used her leadership positions in the National Honor Society to encourage students to utilize opportunities for community service through Habitat for Humanity. As an officer and eventually president of NHS, she encouraged more clubs to become involved with Habitat and encouraged her school as a whole to help make a difference. After graduation as she went on to college, that goal only intensified.

"I knew coming to CNU my freshman year that I did not want this organization to exit my life," Henderson said "[That fall] I applied for the president position [of CNU's chapter of Habitat for Humanity] and I got it and I was very thankful. At the end of that year, we received the most outstanding community outreach award on campus and that was really something special."

Starting her work with Blue Ridge Habitat for Humanity, Henderson has continued her service in Hampton Roads with Habitat for Humanity Peninsula and Greater Williamsburg.

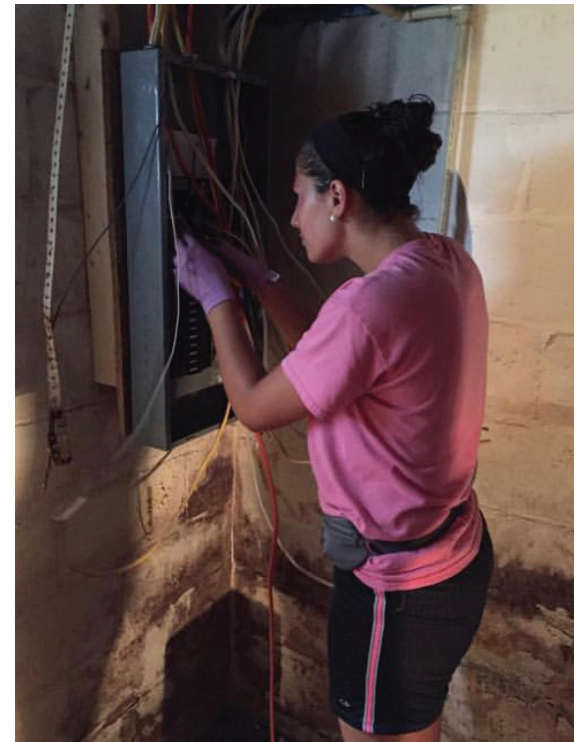
Throughout her work with Habitat,

Henderson has had the chance to truly see the impact of what Habitat does. She has worked to build a house for a family of Syrian refugees, led hundreds of volunteers in her hometown, and received the most outstanding emerging leader of the year award at CNU.

And soon, Habitat on the Hill will provide her with a platform to continue advocating for the work that Habitat for Humanity does.

"It's an incredible opportunity to be able to talk with the legislators, and policy makers and people from all over the country whether they're students, full-time staff, or homeowners," she said. "Being able to collaborate with them and lean about these issues is exactly what this conference is." She also was able to see the partner families be selected for this year who will be eligible to receive housing through Habitat. "We saw the demographics in our area, and we will now be able to advocate for them on Capitol Hill."

Henderson encourages others to



Henderson wires an electrical panel as she works on her first house build ever in 2015. COURTESY OF ABIGAIL HENDERSON



Above: Henderson hosts Habitat's Sign-A-Stud fundraiser which raised over \$300 from the CNU community. COURTESY OF ABIGAIL HENDERSON

volunteer and get involved with Habitat for Humanity, an organization that has given so much to her as well as those in need.

"Other students can get involved by stopping by our table at Club Fair to get more information, and come to the first meeting as well," she said. "Volunteer in the Habitat for Humanity Newport News ReStore, on a home build, or even help out our committees that work directly with the Habitat affiliate."

Henderson's commitment to Habitat has made her stand out as a perfect choice to receive the Habitat on the Hill Emerging Leader national scholarship. ■

## How to actually keep your New Years resolutions

Here's how to realistically stay on top of your goals for 2019

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**1. Find a friend and keep each other accountable.** Maybe your goal for 2019 is to develop better study habits and your roommate's is going to the gym more often. No matter how similar or different your goals are for the year, you're both trying to better yourselves, and it's always nice to have someone who can help motivate you and keep you on track no matter what you're trying to achieve.

**2. Write them down.** You're less likely to actually keep your resolutions if you don't know what exactly they are. They're not going to do you any good floating around in your head! Write them down on paper and put them somewhere you'll see them every day. Hang them on your wall or bulletin board, set them as your phone background, write the most important one on your wrist or the back of your hand if you have to. Whatever you do, don't lose sight of your goals!

**3. Keep track of your progress.** It's hard to stay motivated to reach massive goals when you can't see how far you've come. Write down the steps you've taken towards the end you have in mind. If your goal has multiple steps, check them off as you go. If your resolution this year is to go to the gym more, write down every day you go to the gym and what you do - you'll find out what works for you and what doesn't.

**4. Think realistically.** For example, someone who doesn't run consistently is not going to be ready for a marathon overnight. Rome wasn't built in a day, and good habits aren't built so quickly either. Instead, start somewhat small and think of realistic goals you can set for yourself - you can increase the intensity over time as you get better.

**5. Don't try to do everything at once.** Trying to keep all of your resolutions at one time is not a wonderful idea - it just stresses you out more and makes you less productive in the long run. Trying to lose ten pounds the same week you're trying to get all your weekend homework done before Friday may have your priorities all over the place. Focus on one thing at a time and work on what you can. ■



# Phi Sigma Pi comes to campus

A new chapter joins the ranks of CNU's honor fraternities



Above: Inductees of Phi Sigma Phi's Eta Pi chapter pose wearing their letters in the lobby of Mary Brock Forbes Hall. COURTESY OF JESSICA IAROCCHI

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"This fraternity is giving me the chance to build new relationships on campus and to find a whole new family of brotherhood," said Dana Fulcher, a new member of CNU's newest Greek organization, Phi Sigma Pi.

Phi Sigma Pi National Honor Fraternity has recently expanded to Christopher Newport University. The organization established its newest chapter, Eta Pi, with 29 members inducted on campus on Dec. 2, 2018.

Phi Sigma Pi is quite unlike many other Greek life organizations on campus, standing out among them due to their commitment to inclusivity displayed in several ways. It is not primarily a social fraternity, nor just a service-based organization, nor a group where those who belong to a certain major can come together.

Phi Sigma Pi blends all of these ideals into one inclusive and incredible organization that offers various social, academic, leadership and service opportunities for members.

"Phi Sigma Pi is a major and gender inclusive organization," said Jessica Iarocci, the Director of Expansion for Phi Sigma Pi National Honor Fraternity. "There are a lot of organizations where you have to be a certain major to join. We welcome students from all over campus."

The only requirements for membership are a 3.0 GPA, a minimum of 12 completed credit hours, and not being in your very first or last semester of college.

Iarocci believes that upholding these indiscriminate ideals for membership help Phi Sigma Pi to create a "real-

world experience" in which students can learn and grow alongside other individuals with whom they may not otherwise have many similarities. This allows for the fraternity to reach a large number of students from various walks of life.

"When you leave college, you're not always going to be with those who were the same major as you," Iarocci said. "We thought that by coming to CNU, [our fraternity] would provide a little

areas, as is the goal of Iarocci and Phi Sigma Pi as a whole.

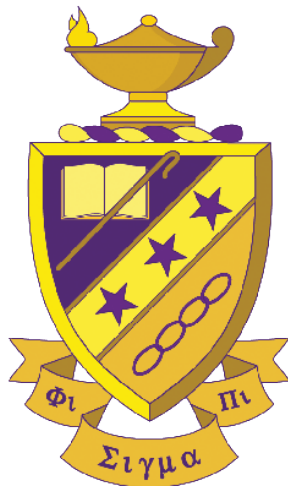
"Phi Sigma Pi will be a place of unity for many Captains as we all value scholarship, fellowship, and leadership," said Samantha Raines, a new member inducted at CNU this year.

Every year, Phi Sigma Pi hosts a national convention in which members from all over the United States come together to for a few days centered around the three goals for the fraternity through the Tripod. The fraternity also hosts the Phi Sigma Pi Leadership Academy, which provides opportunities for leadership development in various aspects.

The fraternity's national philanthropy is the Hugh O'Brian Youth Leadership Foundation, also known as HOBY, which helps teach leadership skills to youth and provide opportunities for real-world application.

Additionally, every chapter of Phi Sigma Pi selects a local charity for further philanthropy, such as Dance Marathon or Relay for Life. This choice makes service opportunities feel more personal and closer to home, and it enables members to really see the impact of their service to those around them who are benefited by it. "It feels different when you volunteer in your own community," Iarocci said.

Phi Sigma Pi is a welcome addition to the Greek life opportunities available at CNU and the new chapter is excited to see what comes next for them. Inductee Bianca Brinceanu said, "Leaving a legacy involves multiple motivated individuals coming together to make a difference and pave the way for future generations. I can't wait to see where this journey takes us!" ■



COURTESY OF PHI SIGMA PI NATIONAL HONOR FRATERNITY

bit of [that] different experience."

Phi Sigma Pi functions as a social, leadership, and service organization. Their three main objectives, scholarship, fellowship and leadership, make up the fraternity's concept of the Tripod, which "create[s] well-rounded students" who excel in all

## Career Horoscopes: January 16 - 23

What's in your future this week?

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### Aries (March 21 – April 19)

Curb your craving for perfection with the end goal of recognizing other people. Others may feel delicate, so be as voluntary as possible. Giving them credit for what the group has achieved will help resolve. Anything you can do to enhance your talents will help you long-term. Take a break this weekend.

### Taurus (April 20 – May 20)

Defy any labor fear before it triggers a breakdown. Adjust work and break time. Don't exhaust yourself and don't be hesitant to take a holiday for fear of losing your job. Try to recognize those who are helping you accomplish goals. If you're in charge, boost morale by adding chances to learn at work.

### Gemini (May 21 – June 20)

This may be an unpleasant time. You may want to work harder than ever for fear of losing your job. Do what you can to make others feel positive and loosened up. This is actually a good time if you're willing to break out of your shell. This time is also high-powered for you. Ask vital questions to enhance your prospects.

### Cancer (June 21 – July 22)

A financial downturn is no reason for you to go crazy. Trust your instincts if you have a problem. Your first considerations are likely accurate. Grievance from others can be hard to acknowledge. Being micromanaged can make you feel confused or suffocated. Remain positive regardless of what comes. Sharing laughs will affect others.

### Leo (July 23 – Aug. 22)

Working hard and being useful come gradually. Balance work with your life or work could become a craving that makes you neglect necessities. Find out how to enjoy yourself out of work. This is a good time for researching your interests. There can be unforeseen mistakes. Search how to acknowledge commitments of others.

### Virgo (Aug. 23 – Sept. 22)

Creative thoughts are everywhere. Being enthusiastic is great, but doing it to the point of yielding family or personal time could be an oversight. Ensure your life is well-balanced with work and play. This period is good for research that supports making your work environment greener. Let others know you value their support.

### Libra (Sept. 23 – Oct. 22)

Sometimes it feels like you can't decide. It might be useful to work with somebody who's well-prepared. A strict manager can be a decent aid. Don't let negative people get you down. Music can help you focus. Now is a good time for group assembling and planning. Don't disconnect yourself from others - your friends can enhance your certainty.

### Scorpio (Oct. 23 – Nov. 21)

This period is difficult due to presumptions or business-related teasing. Guide out a composition plan for your task and stick to it. This time brings a focal point on joint funds, recycling and reusing. Watchful consideration will help you personally and collectively. It's possible to have grievous conflicts with people over who's in charge or the remedy of major decisions.

### Sagittarius (Nov. 22 – Dec. 21)

This time is pleasant, yet mistakes can be easily made. Ask someone you trust to survey detailed work. Spend extra time using any innovation to help you to feel more calm and successful. This starts a decent period for research and budget planning. There can be clashes about who is in charge now. You may decline to participate with somebody you feel isn't in a role to guide you.

### Capricorn (Dec. 22 – Jan. 19)

Those who aren't communicating can be frustrating. The worst of them talk behind your back. Trust your instincts. Deliver awkward subjects. This period brings the danger of accidentally enraging others. Checking in with collaborators can be upsetting and make them feel micromanaged. Let people handle themselves. There can be a diverting tease or trade of secrets.

### Aquarius (Jan. 20 – Feb. 18)

You may be ready to escape from an awkward circumstance. Trust your instincts and settle on decisions in your best interest. If you hate your job, have something safe to fall back on. Be alert for tough times. Now is for research and preparation, particularly on money-related subjects. Your companions can be supportive at this point.

### Pisces (Feb. 19 – March 20)

You may need to look up to an irritating circumstance. It's smart to speak up before something goes wild. Your manager is your best reference, so keep this relationship on the best terms. Do what you can to make them look presentable. Feelings can run high, so don't provoke anyone. You have the ability to share laughs and help others destress. ■



# JOIN THE STAFF!

The Captain's Log is always looking for new members. If you're interested in becoming part of our team, email editor-in-chief Morgan Barclay at [clog@cnu.edu](mailto:clog@cnu.edu) or [morgan.barclay.15@cnu.edu](mailto:morgan.barclay.15@cnu.edu), at any time.

Interested in:  
Writing,  
Editing,  
Design,  
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Digital content,  
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