THE BROTHERS' RIM

Clark, Bolton make
Track & Field finals

Kodo Drummers: Kudos to Kodos PAGE BI

'Zodiac' welcomes back director Fincher

THE CAPTAIN'S LOG

THE OFFICIAL STUDENT NEWSPAPER OF CHRISTOPHER NEWPORT UNIVERSITY | MARCH 14, 2007 | VOLUME 38 ISSUE 20

WWW.CNU.EDU/CAPTAINSLOG

NEWS

No new business at SGA meeting, 3 officials resign

BY REGINA CERIMELE REGINA.CERIMELE.04@CNU.

The Student Government Association Senate met briefly Monday with no new business to discuss, and proposed no legislation relating to campus affairs.

The senate unanimously voted to amend its constitution, creating an Inter-Club Association Liaison for the SGA. The legislation established the position to which freshman Cate Henifin had been appointed two meetings ago before the position existed.

Vice President of the Senate, sophomore Taylor Blunt, announced that Sergeant at Arms, sophomore Frank Crabtree had resigned due to health concerns. SGA Chief Justice, senior Chris Donovan, announced that two justices had also resigned, and she was seeking replacements.

replacements.

Blunt said that University Librarian Mary Sellen was scheduled to attend the meeting to discuss concerns about Library Services with the senate, though Sellen did not attend the meeting.

Blunt said that Sellen's absence contributed to the shorter meeting.



INSIDE

Chinese language for fall '07

This fall CNU will be offering a language course on Chinese.

LOCAL BRIEFS, A2

Food Net. takes over South Beach

This February, I was lucky enough to attend the 6th annual Food Network South Beach Wine & Food Festival in Miami, Florida.

FOOD + HEALTH, A6

Samoans have few choices

Over the decades, the number of Samoans willing to serve in the U.S. Military has only increased.

WORLD + NATION, A7

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World and Nation

Seats go empty in Commons

CNU's Dining Services is working to reverse the declining student turnout at Hiden-Hussey Commons.

2007

2005



West Propagate Prints



THE CAPTAIN'S LOS PHOT

Hiden-Hussey Commons patronage has been sparse since the DSU's opening.

BY SHANNON HUMPHREY SHANNON HUMPHREY OF ACRUEDU

On average, Regatta's serves 1,100 students a day, while the Hiden-Hussey Commons serves just 400. In response to the diminishing number of students eating in the Hiden-Hussey Commons, CNU's Dining Services is seeking new ways to keep students coming into the facility.

Nancy Williams, newly appointed executive director of Dining and Culinary Services, has a few ideas, which aim for an equilibrium. "It's all about balancing the numbers between Regatta's and The Commons," she said.

"We need to re-evaluate what the different palates want, and choose new and innovative ways to bundle the products."

Both Regatta's and the Commons operate on a meal cycle, each serving the same foods on alternate days. The benefit from this strategy is that no student has to eat the same thing day after day.

However, Williams wonders if the two need to be so similar. "Perhaps the Commons can showcase a particular item better than Regatta's. Maybe the answer to shifting more students to the Commons lies in finessing a certain product," she said.

One way to attain this goal is to have specialty items available only at the Commons. "We serve so many mashed potatoes a day. Why not create a potato bar with an assortment of toppings, offered only at the Commons," said Williams. Another possibility, she said, could be to offer more sandwiches. "I look around and there is a Subway on every block, yet we do not offer that option here as much as we could."

Williams said she's interested in explor-

ing what students eat when they're offcampus, and what changes in their eating

habits.

Finding answers, she said, could make CNU's Dining Services more successful, including increased numbers at the Commons. "We need to discover the normal eating patterns of the students, so that we can then address their general needs," said williams.

One of the main tools for meeting the everchanging needs of the students is designing a student dining committee to identify what the customer wants and determine the latest trends in student dining, said Williams. The student dining committee would consist of both on, and off-campus students.

of both on- and off-campus students.

The reasons why Regatta's sees a greater influx of students might be anything ranging from the new state-of-the-art facility to mere convenience. Since Regatta's is housed in the David Student Union, the student can eat, then pick up mail, drop by the bookstore, or any number of different activities, said Williams. "The different environments meet different needs for the different students" she said.

As of right now there are no plans for renovating the Commons. The changes to come are mainly concerned with how to present the products to the students in new and innovative ways.

If the student numbers do increase, the Commons could be open again on the weekends. It is all about good business and the demand for the service, said Williams. "The Commons is a great space with a strong staff. All we need to do is hear from the students so that we can accomplish what they want. I believe the Commons can meet those needs."

See 'Man on the street' for dining hall views, page A5



RYAN BURKE/THE CAPTAIN'S LOG

College of William and Mary Junior Adam Boltik pursues a goal beyond the scope of most college students.

Age no problem for this Fairfax political hopeful

The filing fee to get on the Board of Supervisors' ballot is the real hurdle.

BY ASHLEIGH TULLAR ASHLEIGH.TULLAR.04@CNU.EDU

For Adam Boltik, 21-yearold junior at the College of William and Mary, age is not the problem. Justifying the required \$1,180 filing fee and other numerous campaign expenses is much more difficult

The fee secures his placement on the 2007 Republican primary ballot, allowing him to run for the Springfield seat on the Fairfax County Board of Supervisors, which is currently held by long-standing Supervisor Elaine McConnell, a six-term incumbent.

"My biggest reason for wanting this position is to effect change. She [McConnell] has been there for 24 years," said Boltik.

His political focus centers on taxes, specifically the property taxes that are especially high in Northern Virginia.

Stan Reid, a former candidate for the position, has also been in contact with Boltik for the past year discussing the campaign. Reid ran against McConnell in 2003 and lost by about 800 votes, said Boltik. Reid, he said, agrees that change needs to be brought to Fairfax County's Board of Supervisors.

Boltik said his Eagle Scout experience in Troop 1853 has provided the leadership skills and important principles that have prepared him for the position on the board. "My dedication to my ideals is more important than time in office," said Boltik. "People lose sight of what they stand for when they are in office."

The minimum age requirement for Virginia's local elections is 18, which Boltik exceeds by just three years. However, the filing fee, rather than his young age proves to be the most difficult factor. The fee is two percent of the position's yearly salary of \$59,000, which will rise to \$75,000 next year.

SEE BOLTIK PAGE A8

Fire alarms in CNU Village still a concern, nuisance

Most alarms, Housing Director says, are caused by students' poor cooking skills.

BY RYAN KELLY RYAN.KELLY.05@CNU.EDU

Fire alarms have been a persistent annoyance for students living in CNU Village this academic year. Officials said that alarms are on the decline and that most false alarms are preventable and are mostly the result of students' poor cooking skills.

They also said that technological adjustments continue so as to ease student frustration with the inconvenient noises, strobe lights and evacuations surrounding illegitimate alarms.

Approximately 28 cooking and removed device alarms have occurred from Dec. 28, 2006 until Feb. 24 of this year, said Andy Sheston, director of housing.

"The system also reported 107 some troubles which may or may not have been alarms but we have to wait for the installers to read the panel to tell us the specific nature of the troubles," he said.

Sheston said that while those numbers may seem high, they actually represent a smaller amount of alarms than were triggered first semester. However, there are still issues to be resolved with unnecessary alarms. he said. "Ninety-five percent of the alarms are legitimate due to poor student cooking skills or removal of detector heads. The other five percent are system malfunctions which we thought were resolved but have reappeared."

As of Feb. 25, "The fire alarm system was working as it should have been," said Sheston.

CNU has contacted the installers of the alarms and a technician is scheduled to inspect the system.

Upon completion, all nec-

SEE FIRE ALARMS PAGE A8

THE WEEK MARCH 14-20

wednesday

10-2 p.m. - Senior Salute;

Bookstore Atrium

12 p.m. — Sue-Ann and Bill Bangel Lecture Series, SC 150 (Alumni Room)

6 p.m. — Biology Club Meeting, Science Building Atrium

thursday:

10-4 p.m. - Senior Salute, Bookstore Atrium

7 p.m. - InterVarsity, Gaines Theatre

7 p.m. - Wildlife Photographer: Tom Ulrich; DSU Ballroom

7 p.m. — Irish/Celtic Club, DSU 2" Floor

7 p.m. - CAB Movie Happy Feet, Gaines Theatre

9 p.m. - Highlighter Party, Studio Theatre

SUPERSHOT

7 p.m. - CAB Movie: Happy Feet, Gaines Theatre (Alumni Room)

9 p.m. — Ferguson Funnies: - Tim Young, Studio Theatre

saturday

sunday

1130p.m. - Protestant Worship Service; SC 150

4 p.m. — Catholic Mass, SC 150 (Alumni Room)

monday

530 p.m. - SGA Meeting; SC 150 (Alumni Room)

730 p.m. — Virginia 21; DSU TV Room

tuesday

8 p.m. - Fellowship of Christian Athletes (FCA); Freeman Center, President's

10 p.m. — Citizens of the World meeting; James River Multipurpose Room

PAITH

WEDNESDAY, MARCH 14, 2007 | PAGE A2

On campus

Wildlife photographer to present in DSU Ballroom

Accomplished wildlife photographer Tom Ulrich will speak on animal behavior and photo technique tomorrow at 7:30 p.m. in the David Student Union Ballroom. Ulrich presented at Christopher Newport University last year, an event that was standing-room-only. Ulrich has been photographing wildlife as a freelance photographer since 1975. He has written seven books and received the North American Nature Photography Association's Fellow Award in 2005.

Producer to lecture on 'Hollywood and the Holocaust'

Joshua Greene, an Emmy award winning producer and professor at Hoftstra University, will lecture on "Hollywood and the Holocaust" today at noon in the Alumni Room (SC 150) in the old Student Center. Greene's presentation is part of the Sue-Ann and Bill Bangel Lecture Series on American Judaism, sponsored by the Philosophy and Religious Studies Department. He will show footage from his PBS feature "Witness: Voices From the Holocaust," which shows accounts from witnesses recorded in the 1970's. The accounts are meant to challenge Hollywood's depiction of the Holocaust that shows a romanticized idea of struggle and defeat.

Chinese language class to be offered in Fall 2007

This fall the Denartment of Modern and Classical Languages and Literatures will be offering a language course on Chinese. A presentation on the language will be given on Tuesday, March 27 from 12:20-12:50 p.m. in Wingfield, room 209 If you are interested in learning more about the language and why it is so important into today's globalizing world, please attend his presentation. For more information, contact Dr. Danielle Velardi

Around town

Bald eaglet hatches in nest in Norfolk Botanical Gardens

A bald eagle egg hatched this past Saturday in the bald eagle nest at the top of a 90-foot-tall loblolly pine in the Norfolk Botanical Gardens. This is the second year eggs have been spotted in the nest. The 800-pound nest was originally built in 2003 and this is the fourth year that a pair of bald eagleshas nested at the top of the tree. There were three eggs spotted in the nest and the second and third eaglets are expected to hatch sometime this week. There were also three eggs in the nest the other year that eggs were spotted. There is a live video of the eagles and a blog by wildlife biologist Stephen Living at http://norfolkbotanicalgarden.org/EagleCam.shtml. The Norfolk Botanical Gardens also gives a free eagle talk daily at 130 p.m.

Kaine calls for use of state taxes in HR transportation plan

Gov. Timothy M. Kaine spoke at the Greater Richmond Chamber of Commerce Monday morning stating that he would like to see the state play a bigger role in the transportation plans proposed for Hampton Roads and Northern Virginia by the General Assembly. His concern is that the plan to have city and county officials vote for tax increases to pay for the project would meet local opposition in both areas. He suggested, instead, that local governments be required to approve some taxes and then have the state automatically impose other taxes to create a partnership at between both levels. Kaine plans to announce his amendments on March 26 and the General Assembly will meet on April 4 to discuss the proposed changes.

Police blotter

CNU Police Crime Log

March 11

An incident of harassment by phone was reported in Potomac River.

March 10

An individual was harassed via computer on Shoe Lane

at the Jefferson Apartments.

Light fixtures

were damaged

March 8

March 6 Adoor to a resident's room was damaged by fire in Wilson.

March 5

Outside light fixtures were damaged in Potomac North

March 3

An individual was charged with underage possession of alcohol on East Campus.

Information from CNU Police department

Newport News Crime Log

March 11

An individual was assaulted on Blue Point Terrace. Minor injuries were reported.

March 10

Avehicle left the scene. of an accident on Jefferson Avenue.

March 9

Clothes were stolen on Jefferson Avenue.

March 8

An individual was intimidated on Hidenwood Drive.

An individual was assaulted on Autry Place. Minor injuries were reported.

March 7

An incident of credit card fraud was reported on Jefferson Avenue.

March 6

An individual was on Goodwin Road.

March 5

An individual was Morris Boulevard, No injuries were

March 4

An individual was raped on Shoe Lane.

robbed on Arthur Way.

A case of fraud by impersonation was reported on

March 1

Computers were Avenue.

Information from **Newport News**

Check out the All New

Captain's Log Online Edition

Doctor donates \$1 M

A strike of bad lock for

WWW.CNU.EDU/CAPTAINSLOG

reported deceased

assaulted on J. Clyde

reported.

March 3

An individual was

March 2

Operations Drive.

stolen on Jefferson

Christian for a spell.

Police

Names in the news

when the photo was taken and any other pertinent information. Send to: clogphotos@cnu.edu

Linda Carter, front of house manager of Regatta's, maintains the chocolate fountain during the Valentine's Day theme meal.

Want to see your shot published? To contribute a photo for "Supershot," send the attached file (in .psd or .jpg format) with

your name and class status. Please include in the body of the e-mail information about the picture, including who or what is pictured,

POPE DUBS DYLAN A 'FALSE PROPHET'

In "John Paul II, My Beloved," a new memoir about his predecessor, the Pope Benedict XVI calls Bob Dylan a false prophet.

He was opposed to having Bob appear at a '97 youth event with Pope John Paul II,

he said. . "There was reason . . . to doubt if it was really right to let these types of prophets intervene," writes the pope about the Jewish-born songwriter, who was a born-again

During the '97 event, Pope John Paul II riffed on "Blowing in the Wind." The answer, he said to the 300,000 youths assembled, is indeed in the wind, but "in the wind of the spirit" that leads one to Christ, and not the wind of skepticism that blew things away.

BABY ON THE WAY FOR **RUFFALO AND WIFE**

Mark Ruffalo, 39, whose long-deserved ascendancy to lead actor-and-fame-hood is finally upon us, is going to be a father, again. The "Zodiac" star's wife, Sunrise Coigney, is pregnant with the couple's third child, due this fall. The two married in 2000 and have a 5-year-old son, Keen, and a

BUNNY HORROR MOVIE NO LONGER HOPPING

1-year-old daughter, Bella.

In something of a movie-biz disaster, the thriller "Bunny Lake Is Missing," a remake of Otto Preminger's '65 thriller, "Bunny Lake Is Missing," which was to begin filming in five weeks, no longer has a star . . .

Blame actress Reese Witherspoon who was also producing the flick through her Type A Films company.

The L.A. Times says the "Walk the Line" Oscar winner, who recently separated from husband Ryan Phillippe, has told the filmmakers her heart's not in the movie because of the stress of her breakup.

"Bunny" has been hopping around in development for three years.

GREY STARS LAND NEW SALARY INCREASES

Some of the more goodietwo-shoes cast members of "Grey's Anatomy" are getting more money.

The Hollywood Reporter says Ellen Pompeo's new contract with ABC will land her \$200K per episode. Costars T.R. Knight, Justin Chambers, James T. Pickens and SAG Award winner Chandra Wilson will now pocket \$125K per year.

QUEEN WANTS TO ADOPT **AMERICAN ORPHANS**

When she wants something, Queen Latifah can always work it on out. In an interview with USA Today, the Grammy winner and Oscar-nominated actress says she wants kids. And not necessarily the tra-

ditional way. Latifah, whose sister works in New Jersey's Division of Youth and Family Services,

says she is applying to become a foster parent, and eventually adopt. Poor kids in America "can use just as much assistance as someone from around the

world," the queen said in the wake of a number of adoptions by big-profile celebrities of kids from various exotic locales. "I want to do something here."

MCCLATCHY TRIBUNE



THE CAPTAIN'S LOG is the official student newspaper of Christopher Newport University. It is a public forum, which is published each Wednesday, 25 times throughout the academic year.

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Estes pitches provost plan

PRESENTATION | The final candidate discusses the "vectors" of a liberal arts institution.

BY BETH BECK BETH.BECK.04@CNU.EDU

The last of three candidate presentations concluded last Tuesday as David Estes, special assistant to the president at Loyola University in New Orleans, spoke to students, faculty and staff in the David Student Union Ballroom.

Estes summarized what he felt made a great liberal and arts education, the required topic for all candidates.

"I'm happy to take you on an interesting journey to see how I make decisions for change from a faculty as well as student perspective," said Estes. "Change and transformation are essential to the liveliness of any endeavor."

Estes, with 25 years of classroom experience teaching folklore, argued that there are two opposing sets of ideals that must be reconciled for the success of a liberal arts and

sciences institution.

"There are currently conflicts between the ideals of individuality versus community and between looking toward the past or the future," said Estes. "We have to ask ourselves, how do we answer the call of the future? How do we maintain the resources of the past that made us great and discern what students need to succeed in the 21st century?"

For Estes, the way to this goal is to link four "vectors" that, when in agreement with a shared principal, can lay the foundation for improvement in a liberal arts and sciences institution. These vectors are the students, the learning, the teaching and the community.

When it comes to students, the key is to recognize those needs and fulfill them.

are two opposing sets of ideals "These students have made that must be reconciled for the success of a liberal arts and eral arts and sciences institu-

tion," said Estes. "Ya'll have got to listen to them as persons and respond."

When it comes to learning, he said the key is to integrate the general core with the specific disciplines in a way that allows students to question what it means to be human. In his mind, teaching is central as well.

"We need to find that in teaching we generate the enthusiasm that leads to research and services," said Estes. "I understand too well the roles professors must take on, but teaching has to be first."

Finally, the community is necessary to the success of the liberal arts and sciences institution, he said.

"Only by working with the community can we provide our students with experiential learning and internship opportunities," said Estes. "All of these vectors must coincide so that we are able to make decisions together and know where we all stand."

Estes ended his talk with a

long question and answer session. His answers were specific and integrated a focus on faculty with a focus on students.

"Students don't understand what a provost is, but I want to attend student events and create a relationship with them because they are a huge part of the liberal arts and sciences institution," said Estes.

"I've called myself a turncoat for going from education to administration but I understand going into a classroom and trying to engage in scholarship at the same time," he said.

"I wanted to come to an undergraduate institution that was hungry for national recognition," said Estes.

Dr. Richard Summerville, the current university Provost, will be retiring in June. He has served as Provost from 1982 to 1995 and again from 2002 until now. The Provost Search Committee will give their recommendations to President Paul Trible Jr., who will make the final hiring decision.

Study Abroad!! Places Around The World

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Atrica Costa Rica Madrid Prague Alhens Germany Morocco Rome Brazil Japan Oxford Vienna

Brussels Landon Peru

Student studies sex work in Amsterdam

ABROAD | Hernandez observes sex workers who receive government benefits.

BY LINDSEY LEACH LINDSEY LEACH.04@CNU.EDU

This past summer, senior Annaliese Hernandez spent time studying a topic which, in her opinion, most students don't know or care enough about: human sexuality. For four weeks, Hernandez studied at the Universiteit van Amsterdam, researching prostitution, which was recently decriminalized in the country.

Hernandez said the profession is now legal and taxed, with those involved receiving health care benefits.

Hernandez spent much of her time in the red-light district talking to female sex workers. These sex workers are not streetwalkers, she said, but actually advertise their trade in the windows at brothels and clubs. Ultimately, Hernandez said that her experiences greatly influenced her general perception of prostitution. "In the United States we assume that women [become prostitutes] because of drugs, homelessness and poverty. Women in Amsterdam are liberated: it's a profession not only with health benefits, but with the protection of the police on their side."

Hernandez worked through the University of Virginia's International School for Humanities and Social Sciences to take the course, receiving five credits towards her major, sociology with an anthropology concentration.

During her four-week stay

in Amsterdam, Hernandez met students from all over the world, the majority of whom were masters and doctoral students from top-name schools.

In general, Hernandez said that CNU students greatly lack knowledge and interest in learning about human sexuality.

"Not enough people at CNU are being educated about sexuality." Hernandez described herself as something of an anomaly in Amsterdam, and said that everyone in her classes had already taken several sexuality courses. She said that many of her classmates were shocked that CNU had only one course.

Dr. Sanford Lopater, professor of psychology, teaches the human sexuality course at CNU.

"In the many years I have been here, virtually every time an instructor has wanted to add a course to the curriculum, his or her proposal has been approved at both the department level and through the deliberation and action of the undergraduate curriculum committee," said Lopater, via e-mail.

"I am confident that if more instructors wanted to teach in the human sexuality area they would encounter no obstacles from their peers or from the administration." The demand for the subject, he said, would start such a process.

After taking numerous human sexuality classes abroad, Hernandez says she wants to use her new education for the betterment of the school

She hopes to create a peer counseling network group that allows students to discuss personal sexuality, safe sex practices and birth control.

To find out more about studying abroad visit or contact the International Initiatives & Fellowships Office at:

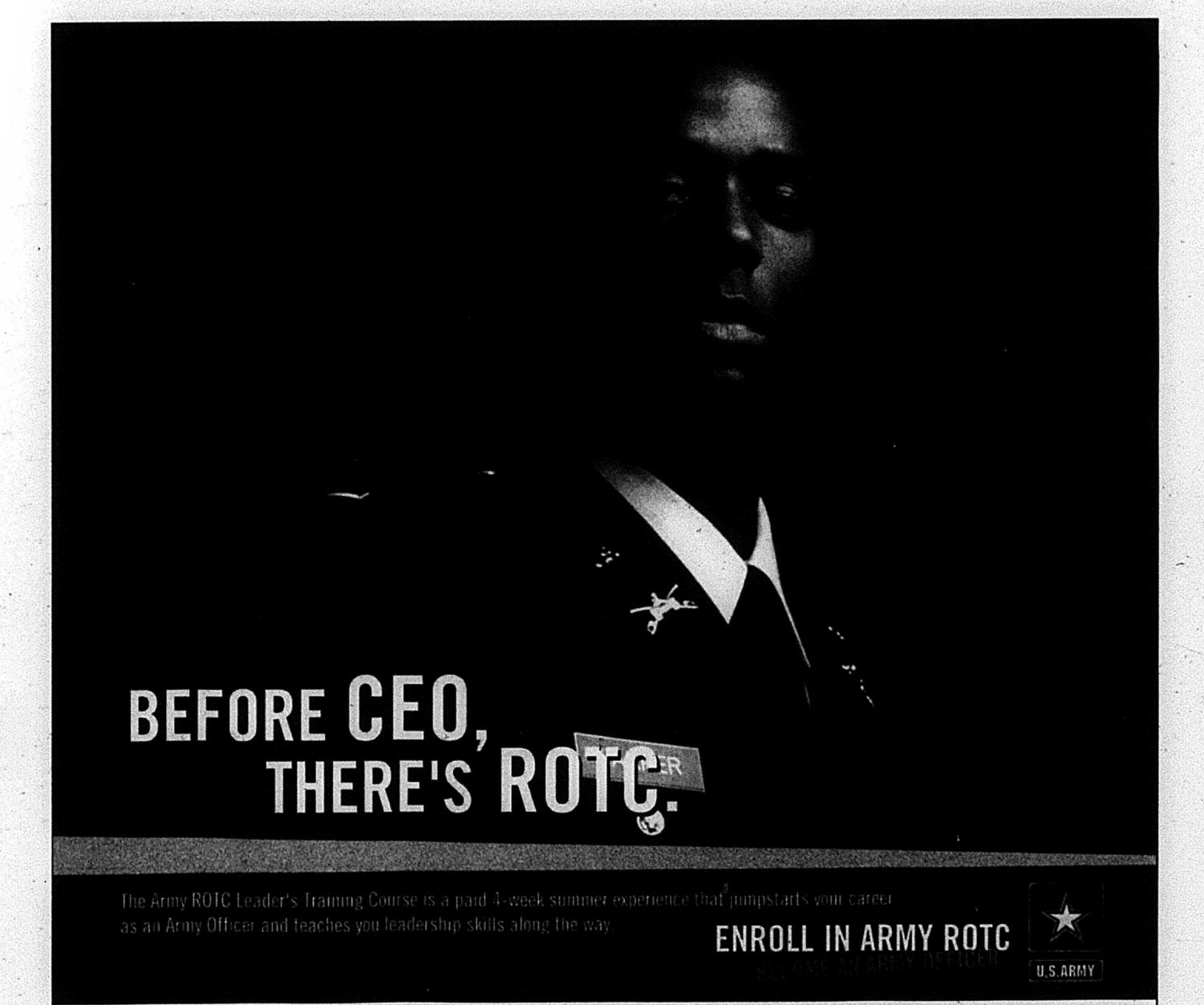
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Contact Major Matt Lutz, 221-3611 or malutz@wm.edu. Or visit Ratcliff Hall, Room 113.

WEDNESDAY, MARCH 14, 2007 | PAGE A4

Mystic Stars | March 12-18

BY LASHA SENIUK | MCCLATCHY-TRIBUNE NEWS SERVICE

IF YOUR BIRTHDAY IS THIS WEEK: Business demands will increase over the next three to four weeks. Watch for unproductive colleagues to soon ask for special assignments or relinquish control of key projects. Over the next few months, job roles will be unreliable. After mid-June, however, written permissions and rare employment promotions are accented. Stay focused and carefully follow the subtle instructions of key officials. Between Aug. 20 and Sept. 9. an unexpected romantic attraction may

Watch for unproductive colleagues to soon ask for special assignments or relinquish control of key projects.

appear. Established relationships will be challenged with fresh ideas or potential love affairs. Choose cautiously: over the next 15 weeks, the longevity or goals of long-term relationships may inspire dramatic discussions and newly defined romantic roles.



ARIES (March 21-April 20) Friends and lovers will this week react strongly to new opinions or late social changes. Group expectations and romantic passions are high over the next 12 days. Take extra time to explain last minute cancellations and clarify long-term intentions. Later this week, contact a distant colleague or forgotten friend. Before April, complex family demands and competing romantic interests may be quite draining for friends or co-workers. Your emotional support is needed.



TAURUS (April 21-May 20) Financial facts, permissions or paperwork are now vital to the success of long-term business ventures. Thoroughly check sources for misinformation and carefully research proposed improvements. New partnerships and complex work projects will now benefit from cautious planning and a relentless commitment to detail: refuse to be limited by poorly defined agreements. After Saturday, social invitations will dramatically increase: stay open to usual proposals.



GEMINI (May 21-June 21) New romantic proposals are passionate but unreliable. Over the next few days, enjoy compliments from potential lovers but wait for valid social promises, public displays of affection and firm commitments. Love affairs and sensuality will soon be an ongoing distraction. Remain determined and respond quickly to sudden reversals. Later this week, a disgruntled colleague may voice strong opinions. Refuse to be drawn into bold discussions: workplace politics are unpredictable.



CANCER (June 22-July 22) Love relationships will this week challenge your need for privacy and predictable routines. Someone close may now wish to bring greater spontaneity into their lives. Creativity, romantic expression and group behavior may all be at issue. Define strong terms and accept new changes: in the coming weeks emotional progress will be fast and rewarding. After Wednesday, business relationships may expand to include financial agreements or partnerships. Study key paperwork.



LEO (July 23-Aug. 22) Family decisions are unnecessary over the next few days. Although loved ones may now press for quick home revisions, this is not the right time for newly established routines or heated group discussions. Encourage patience and opt for light social encounters. Close relatives will follow your example. After Thursday, powerful insights are available. Key issues may involve unfinished love relationships or past misunderstandings: pay special attention the subtle hints of friends.



VIRGO (Aug. 23-Sept. 22) Social habits and repeated emotional patterns are now a source of private tension. Group activities may provide the needed relief. After Tuesday, plan outdoor events or explore new forms of entertainment. Over the next few days, loved ones will adopt renewed optimism or actively challenge unproductive behaviors. Friday through Sunday highlight bold career discussions and financial negotiations with loved ones. Complicated ideas will require extra planning: stay alert.



LIBRA (Sept. 23-Oct. 23) Listen closely this week to the social needs and family expectations of loved ones. A long-term friend or relative now needs added group support. Areas affected involve addictive behaviors, complicated relationships or unusual power struggles between friends. Stay focused and offer sincere opinions: your sensitivity to private details will be appreciated. After Thursday, many Librans begin several weeks of increased career ambition and business research. Opt for change.



SCORPIO (Oct. 24-Nov. 22) Romantic partners may this week ask for increased access to private family decisions. New proposals, community involvement and group awareness are now a top priority for loved ones. Encourage a fresh perspective from all concerned: important relationships will soon require dramatic emotional growth and serious choices. Later this week, minor home repairs may prove unusually costly. Go slow and wait for new instructions: revitalized plans will soon emerge.



SAGITTARIUS (Nov. 23-Dec. 21) Before mid-week, younger relatives may be temperamental or quick to anger. Don't be derailed. Close friends and family members now need extra time to explore a fresh social perspective and new family behaviors. Provide optimism and reassurance. Calm home relationships will soon be re-established. After Thursday, many Sagittarians begin a brief but intense phase of job strain or work disruption. Authority figures may challenge key ideas: if possible, research other options.



CAPRICORN (Dec. 22-Jan. 20) Friendly or innocent flirtations will now deepen. After Tuesday, expect rare complications in business relationships and unusual proposals in long-term friendships. Although new attractions are potentially rewarding, minor delays concerning confirmed times or romantic promises may still be bothersome. Wait for an obvious display of public affection. Wednesday through Saturday, career and financial negotiations are complex but successful: closely study detailed paperwork.



AQUARIUS (Jan. 21-Feb. 19) Someone close may soon reveal a powerful need for social or romantic change. Boredom, emotional withdrawal and long-term doubt now need to be publicly addressed. After mid-week, offer constructive ideas for improvement or revised habits: loved ones need your guidance and continuing daily support. Thursday through Saturday accent rare family discussions and unexpected financial improvements. New sources of income may be revealed: remain flexible.



PISCES (Feb. 20-March 20) Important business decisions are best avoided over the next few days. Authority figures may now feel briefly threatened by public announcements, probing questions or suddenly changing routines. Remain cautious but watch for valid opportunities for candid discussions. Your suggestions and needs are valid. Later this week, a close friend may demand a detailed explanation of a past decision or social event. Offer neither: disputes

Crossword

ACROSS

- Legendary chalice
- 6 Hyped up
- 10 Skin woe
- 14 Main artery 15 '20s art style
- 16 Buddy
- 17 Swift-footed
- 18 Table scraps
- 19 Energy food, for short
- 20 Olympic symbol
- 21 Chick's call
- 22 Scottish Gaelic 23 Mach+ jet
- 25 Strongly
- disposed 27 Keep up
- 32 Parking area
- 33 Fairy-tale baddie
- 34 Indigent
- 36 Fables
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A College Girl Named Joe

BY AARON WARNER









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Complete the grid so each row, column and 3 x 3 box (in borders) contains every digit 1 to 9. For strategies on how to sodoku, visit www. sodoku. org.uk.

Solution to this week's puzzle.

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Contact The Captain's Log advertising department at clog@cnu.edu for a special ad rate on this popular page.

By Ryan Burke and Mark Newton

"It just has better food and better service."

KRISTINA NEIGHBOUR FRESHMAN



"Regatta's has fresh fruit, it has the Mongolian Grill, it has burgers grilled on the spot, and it's a prettier place."

JENN GATHMANN JUNIOR



because it's new, so people have a fascination with something new."

"Probably

EDDIE SEAVERS HALL DIRECTOR, SANTORO HALL



"Regattas has more options. I can always get a burger and it's (Regatta's) something new."

CHRISTY MYREN JUNIOR



"Definitely. because there's more selection and it's more central to campus."

BRIAN PRATER FRESHMAN



WEDNESDAY, MARCH 14, 2007 | PAGE AS

HEREWE STAND

Spring is the time for a mix of passion, self-actualization

Welcome back to campus, everyone. Whether you spent your break soaking up the sun in an exotic locale, raiding the refrigerator in your parents' house, or catching up on work in your apartment, it's time to utilize our refreshed minds to get focused and forge our paths for the rest of the year. An early daylight savings time kicked in this past Sunday, reinforcing the notion that we must "spring forward."

For CNU students like senior Annaliese Hernandez, who stud-"Now is the perfect time ied legal sex workers to realize things you've in Amsterdam; and only thought about, or sophomore Carl Forrest, who started a things that you weren't record label and prosure you were capable of." duction company at age 19; and Fairfax Board

of Supervisors hopeful, William and Mary senior Adam Boltik, all of whom appear in The Captain's Log this week, "spring forward" seems to be a permanent mantra. These are immensely positive examples of what can happen when passion meets self-actualization. As the weather warms, students are steadily emerging from their winter cocoons, opening their windows, playing volleyball and lingering just a little while longer on daily walks to class.

Now is the perfect time to realize things you've only thought about, or things that you weren't sure you were

capable of. Maybe it won't be quite as big as running for political office or starting your own business, but how are we ever to accomplish big things if we do not attempt small things first?

In keeping with the "spring forward" mind set, make some flyers, go to the office of student life and start a club about something you're interested in.

Read an extra article on JSTOR so that you can write a page extra for your paper that's due next week. Start an intelligent conversation with someone you've never

Before you know it, you might find yourself on a committee expressing your opinions about how we might get more students eating at the Hiden-Hussey Commons or how we can

cut down on the loud and bothersome fire alarms in the CNU Village.

You might be a club president bringing an informative speaker to campus.

You might get an invitation from your professor to present your paper at a con-

What's more, you might even find yourself asking, when are the Student Government Association (SGA) elections? Go to their office in the David Student Union (DSU), and ask. They might even know the answer.

But whatever your passion, make sure it blooms this spring along with everything else on campus. Studying here and there wouldn't hurt either.

Minimum wage remains up in air

OTHER VOICES

BY MEG FINCH MEG.FINCH.04 CNU.EDU

After weeks in session, Democrats in Congress are still struggling to prioritize an adjustment to the minimum wage. Legislation remains dormant in the House that would increase the minimum wage to \$7.25 over the next two years. This pay hike, beginning with a mere seventy cents this year, will mark the first raise for the nation's worst-paid in nearly a decade.

Per usual, the stall is fiscal. Republicans oppose the bill in its current form and stipulate that it include tax breaks for businesses that may suffer as a result. House Democrats prefer that the tax breaks be legislated separately. Those earning \$5.15 only hope to make ends meet.

A fair minimum wage ensures that those working legally in the United States are paid enough to survive, and yet some of these individuals still live in poverty. Of course, the states are at liberty to enact their own legislation, and many do. The finest example of this is in the state of California, where the minimum wage is already \$7.50 and will

move to \$8.00 in less than a year. Alas, our Commonwealth does not see a need to surpass the federal standard. The resultant is a state in which the wealth is anything but common.

While a minimum wage lends the promise of equality to the working class, it does so

"Paying students at such a low hourly rate is based upon the presumption that their parents support them."

at the expense of a competitive labor market. Young, unskilled workers are apt to work for the minimum wage after little or no negotiation to the contrary. Here on campus, many student workers earn less than six dollars per hour. Paying students at such a low hourly rate is based upon the presumption that their parents support them. In this case, it is necessary that the academic community dedicate adequate resources to compensating student employees fairly.

Those who oppose a federally mandated minimum wage do

so in the interest of business. Paying employees more requires that business owners earn less. However, these outfits exist to make money, and only those succeeding are still at it. Thus, a wage increase for the poorest is only at the expense of their wealthy employers. To oppose an increase in the minimum wage is to advocate the perpetuation of an unprecedented disparity of wealth and class in America. Such a social climate is not without upheaval.

With more left to spend each month, Americans earning a higher minimum wage are likely to spend more. They have yet to attain the standard of living at which the rich begin to save. Saving is good for the economy, but so is spending. It is important that those earning minimum wage are actually living at a standard that we, as a society, deem acceptable.

For now, the Fair Minimum Wage Act has returned to the drafting table, where the House minority claims they are cushioning the blow to business. What remains is the fact that, in relative terms, the worst paid Americans are making far less than they were in 1997.

Forever stamp needs stamp of approval LIBBY, YOU SAY? MCCLATCHY NEWSPAPERS of us who procrastinate on our NOPE. CAN'T RECALL holiday greeting cards). Even in this age of e-mail, text-CAN'T RECALL ... sniffle ... The concept received a stamp HOW ABOUT YOU, KARL? of approval from the independent messaging and instant messages,

sometimes you still need to send something via snail mail.

Wouldn't it be great if you didn't have to worry whether that postage stamp gathering dust in your drawer still had enough value to get the envelope to its destination?

The U.S. Postal Service promises to eliminate such concern once and for all with its proposed "forever stamp." Buy a forever stamp at whatever the current price is for a first-class stamp and it will be good for mailing a one-ounce envelope anytime thereafter, even decades after the purchase (a good thing for those

Postal Regulatory Commission last month as a part of a broader rate increase. The commission suggested that the post office start selling forever stamps for 41 cents in May, when first-class postage would rise from 39 cents.

The U.S. Postal Service's board of governors should approve the plan when it votes on the commission's recommendation.

It's a great idea that would end the hassle - for customers and the Postal Service — of making everyone buy a bunch of stamps worth a cent or two every time rates go up. Britain and Canada

have tried this with success.

But don't plan on snatching up thousands of forever stamps to bulk up your investment portfolio. Even if the post office rejects the commission's suggestion to limit the number of forever stamps a single person can buy, you're unlikely to make a killing hoarding them.

Historically, the price of postage has risen at roughly the rate of inflation, or even below it. So your postal "investment" won't even give you the 3.6 percent return you can get on the average riskfree money market account these days.

Besides, who knows how much longer you will still need



American actors don't even crack British top 10

Captain's Log welcomes letters from its readers. Editors reserve the right to edit letters for style and length, as well as to refuse publication.

SENDLETTERS TO The Captain's Log, 1 University Place, Newport News, VA, 23606 Letters may also be brought to our office or sent by e-mailat clog@cnu.edu Anonymous letters may be printed, but writers must sign the original providing a full address and telephone number for verification purposes. Students, please indicate your class status If the writer is affiliated withan organization, that may be noted. For a letter to be considered for publication in the next issue. we must receive it by noon of the Wednesday prior to

publication.

LETTERS TO THE EDITOR The

BY JONATHAN V. LAST MCCLATCHY NEWSPAPERS

Helen Mirren's muchdeserved Oscar win prompted an interesting discussion around the office: Who are the greatest American movie actors?

Your list might differ around the margins, but there are a few names that go down in ink. Spencer Tracy. Robert De Niro. Jimmy Stewart. Jack Nicholson. Bogart. Those five are locks. I'd probably include James Cagney and Morgan Freeman, too. We can argue about the rest.

Now make a list of the great British movie actors, and you'll realize something startling - none of our American actors would even crack the British top

10, which could include, just for starters, John Gielgud, Laurence Olivier, Kenneth Branagh and David Niven.

It's worse for women. What American actresses belong in the same pantheon as Emma Thompson, Joan Hickson, Judi Dench, Helen Mirren and

Maggie Smith? Probably none. This disparity in elite talent is surprising, but perhaps not wholly unexpected.

There are important differences between the British and American entertainment industries. British actors are reared in the theater; they live and learn on stage. For many of them, television and movies are side gigs. Compared with American actors, whose careers usually are geared toward

movies and TV, this gives Brits an enormous advantage, like the Kenyan distance runners who train at 6,000 feet above sea level.

Economics matter, too. The British film industry is not yoked to the special-effects blockbuster. With the exception of the "Harry Potter" series, there are no British "Godzillas" or "Independence Days." Having limited means can be a blessing. Because British producers aren't given the money to make high-concept, high-popcorn movies, they're free to do small, character-driven pieces.

Then there's the matter of language. At least half of the emotional and artistic effects an actor achieves is through the rendering of language, and English is the province of the

English. The race, as Churchill might have put it, understands the language in ways most Americans simply can't. As the old joke goes, the average British writer can make the directions on the back of a box of condoms read like the Magna Carta.

The Brits take some pride in this mastery. As one wag once put it in the New Statesman. "The English language proper belongs to the people who dwell south of Hadrian's Wall, east of the Welsh hills, and north of the English Channel." The late Enoch Powell added, somewhat more sternly, "Others may speak and read English - more or less - but it is our language. not theirs. It was made in England by the English and it remains our distinctive property, however widely it is learnt or used."

Which attitude leads to the final factor: the British embrace of elitism and class. The English have a devastating sense of class, which is both born of, and a cause of, their historical record of greatness. To them, everything - people, ideas, things - has its place (whether they personally like the place it's assigned or not). The American cultural ideal is a noble egalitarianism. For the English, the ideal is nobility itself. They are not afraid of greatness or standards. They yearn for them.

you don't have to believe in the system, though that helps. You just have to know it exists.

1-

When it comes to culture.

The British know it.

FOOD-HEALTH

WEDNESDAY, MARCH 14, 2007 | PAGE A6

Food Network takes over South Beach



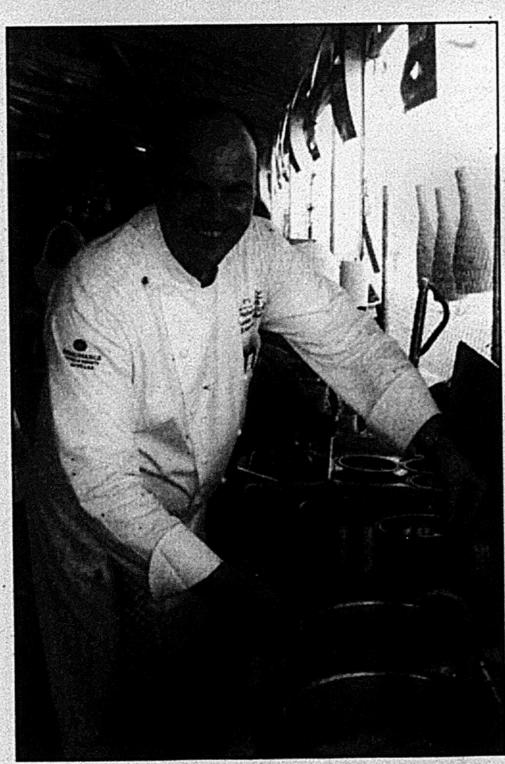
Above: The entrance to the festival was located at 13th and Ocean Avenue. Event coordinators did a wonderful job, setting up tents on the beach to accomodate all the guests.

Right: Many chefs and resturanteurs attended the festival to show off creations and dishes from their menu. Tickets to the Grand Tasting cost around \$140 a person.

Below: Paula Deen, a
Food Network celebrity
chef, held a cooking
seminar in one of the
main tents. People
gathered hours before
to catch a glimpse of
their favorite super
chefs.

PHOTOS BY ALIYA ALTAFULLAH/

THE CAPTAIN'S LOG





FOOD AND WINE FEST | The Food Network sponsors the 6th annual Food & Wine Festival in Miami, Florida.

BY ALIYA ALTAFULLAH ALIYA.ALTAFULLAH.04@CNU.EDU

This February, I was lucky enough to attend the 6th annual Food Network South Beach Wine & Food Festival in Miami, Florida.

The festival is a national, four-day destination event showcasing the talents of the world's most renowned wine and spirits producers, chefs and culinary personalities. This star-studded event is

hosted by Southern Wine & Spirits of Florida and Florida International University (FIU).

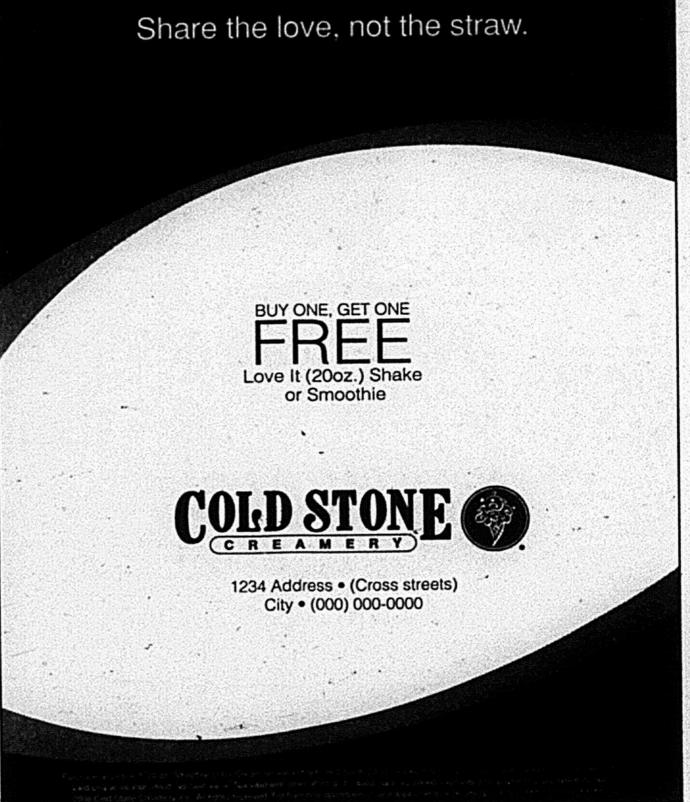
Today, the festival is one of the largest and most well-known festivals of its kind in the country.

During the planning of the 2007 festival, Food Network entered into partnership with the event to become its title sponsor.

The resulting Food Network South Beach Wine & Food Festival combines the international appeal of top-quality libations from around the world, the national appeal of the Food Network and its celebrity chefs and hosts, and the appeal of Latin and Caribbean-inspired regional cuisine.

At the festival I was able

At the festival, I was able to attend cooking seminars hosted by celebrity Food Network chefs such as Rachael Ray, Paula Deen, Alton Brown, Nigella Lawson and Tyler Florence. I was privileged enough not only to meet many talented and aspiring chefs, but I also learned a great deal about food, wine and the joys of cooking.



WORLD-HATION

WEDNESDAY, MARCH 14, 2007 | PAGE A7

Samoans have few choices but Iraq

JUNIOR ROTC | A high number of American Samoans are serving in the U.S. military.

BY KIRSTEN SCHARNBERG MCCLATCHY NEWSPAPERS

LEONE, AMERICAN SAMOA—In a sleepy village on the western shores of this remote and beautiful island, the junior ROTC instructor asks his young cadets to step forward if they have decided what to do after graduating from high school in the spring.

Of 12 seniors, half march ahead to say they already have committed to a branch of the U.S. military.

Three more indicate they are considering it.

The last three stay put. They're interested in the military, they say, but have failed the tests required for entry.

Emosi Time, a lanky boy in perfectly pressed uniform, quietly explains to a visitor his decision to sign up for the Army Reserves: He hopes it will help his family financially, covering part of his college tuition. And few other job opportunities exist on this impoverished South Pacific outpost that has been a U.S. territory for more than a century.

Then, almost as an afterthought, the 17-year-old option
concedes another litany of
motivations: Every one of his
four older siblings has been
in the U.S. military. A sister
recently finished her service
in the Air Force. Two brothers are deployed on their
second combat tours to Iraq.

And there is his sister, Sgt. Tina Time. She was killed there in December of 2004. In death at the age of 22, she became part of a grim statistic: Per capita, American Samoans die in Iraq and Afghanistan at a higher rate than citizens from anywhere else in the U.S. or its territories.

Despite that, American Samoans sign up for military even the high expectations of military recruiters.

With their youthful faces and hand-me-down uniforms, Emosi Time and the other eager recruits of Leone High School personify the relationship between the U.S. and its South Pacific territory. Theirs is a union that has long been defined by American Samoa's geographic and military worth to the United States and the island's deep financial dependence on the American government.

From its earliest days, American Samoa's primary value to the United States has been its deep-water port, its ideal location as a strategic foothold in the Pacific — and its seemingly endless crop of military recruits, proud Polynesian warriors first trained by American' Marines in anticipation of World War II.

Over the decades, the number of Samoans willing to serve has only increased. That trend reflects the island's predicament: Its relationship with the world's most powerful country has done little to alleviate the poverty that leaves American Samoa's youth few other economic options than to ship off to boot camp

For years, the decision to use military service as a springboard to a more prosperous future came with little downside. Now that choice carries grave and undeniable risks. Those who join the armed forces today are almost certain to be deployed to combat zones such as Iraq and Afghanistan, volatile nations where more than 3,500 Americans have lost their lives,

The death rate for U.S. residents serving in those conflicts is about one per 85,000 residents. Yet nine American Samoans already have died there - a rate of 1 in every 6,422 residents of the islands, according to a review

of military casualty and other records.

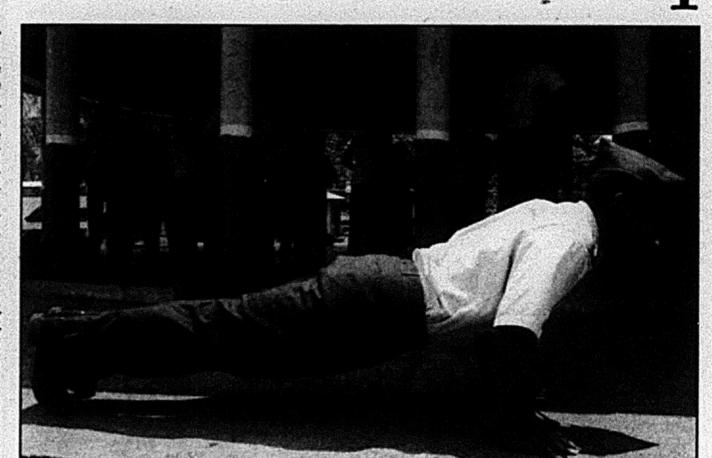
Those wartime losses are strikingly tangible on the island: In keeping with local custom, most have been returned to be buried in the front yard of their family home, their graves flanked by the flags of both the United States and American Samoa.

Still, the potentially heavy price of enlisting has done nothing to deter young Samoans from military service. There is virtually no antiwar movement in American Samoa, a small group of islands whose population of nearly 58,000 lives almost entirely on Tutuila. And American Samoa is one of the few places in the nation where military recruiters are not only meeting their enlistment quotas but soundly exceeding them. The recruiters are aided by the fact that the military routinely grants exemptions for American Samoans who wish to enlist but fail to meet certain academic requirements.

Inside the Time home, it is immediately apparent how much the military has shaped this family, and so many on Tutuila Island like it. Virtually every inch of wall space is proudly covered with photographs of the children in uniform, framed military awards and medals, and American flags. But most striking is the porch that the home opens onto: Directly in the center of it sits Tina Time's elaborate marble crypt.

Emosi Time, the only of the family's children still living at home, has watched his parents suffer over his sister's death since the day somber uniformed officers showed up at their home, prompting his mother to begin sobbing: "I don't know which child you're coming about; I have four who are serving."

Yet the teenager never has wavered in his decision to follow his siblings into the services. Some days it seems as though he has been groomed for the military since he was



Ale Ainnu, a member of the junior ROTC, does push ups for chewing gum. Members of junior

born. Some mornings, when he leaves for school and walks past Tina's grave in his crisp ROTC uniform, he imagines how proud his older sister would be.

"Not everyone can understand why someone like me would still want to enlist," Emosi Time said. "She would."

In a nondescript office building in Pago Pago, the capital of American Samoa, Sgt. 1st Class Levi Suiaunoa finds himself in a curious position as an Army recruiter during this time of war: For fiscal year 2006, he surpassed his recruiting quota, making him a standout in an Army that has struggled to meet its recruiting goals.

Drawing from a small population, Suiaunoa's recruiting quotas seem daunting: 113 recruits per year, half going to the active-duty Army, half into the Army Reserves. Yet even as the death toll has risen in Iraq, last year he signed 128 recruits.

Suiaunea's and the Army's recruiting quotas on Ameri-

can Samoa have become so well known that the other branches of service are taking notice. The Marines recently stationed a full-time recruiter on the island, and the Air Force and Navy are in the process of doing the same.

ROTC program drill at Leone High School in Leone, American Samoa.

Yet Suiaunoa's job is not as easy as some of his peers on the mainland might imagine. Four times a year he has to deal with the Armed Services Vocational Aptitude Battery, or ASVAB, the test the Army uses to determine whether applicants are qualified for the services and for which jobs they are best suited. Every time the test is administered, hundreds show up to take it.

The military makes allowances for those who score below 31 on ASVAB but are otherwise good candidates for service - particularly in American Samoa.

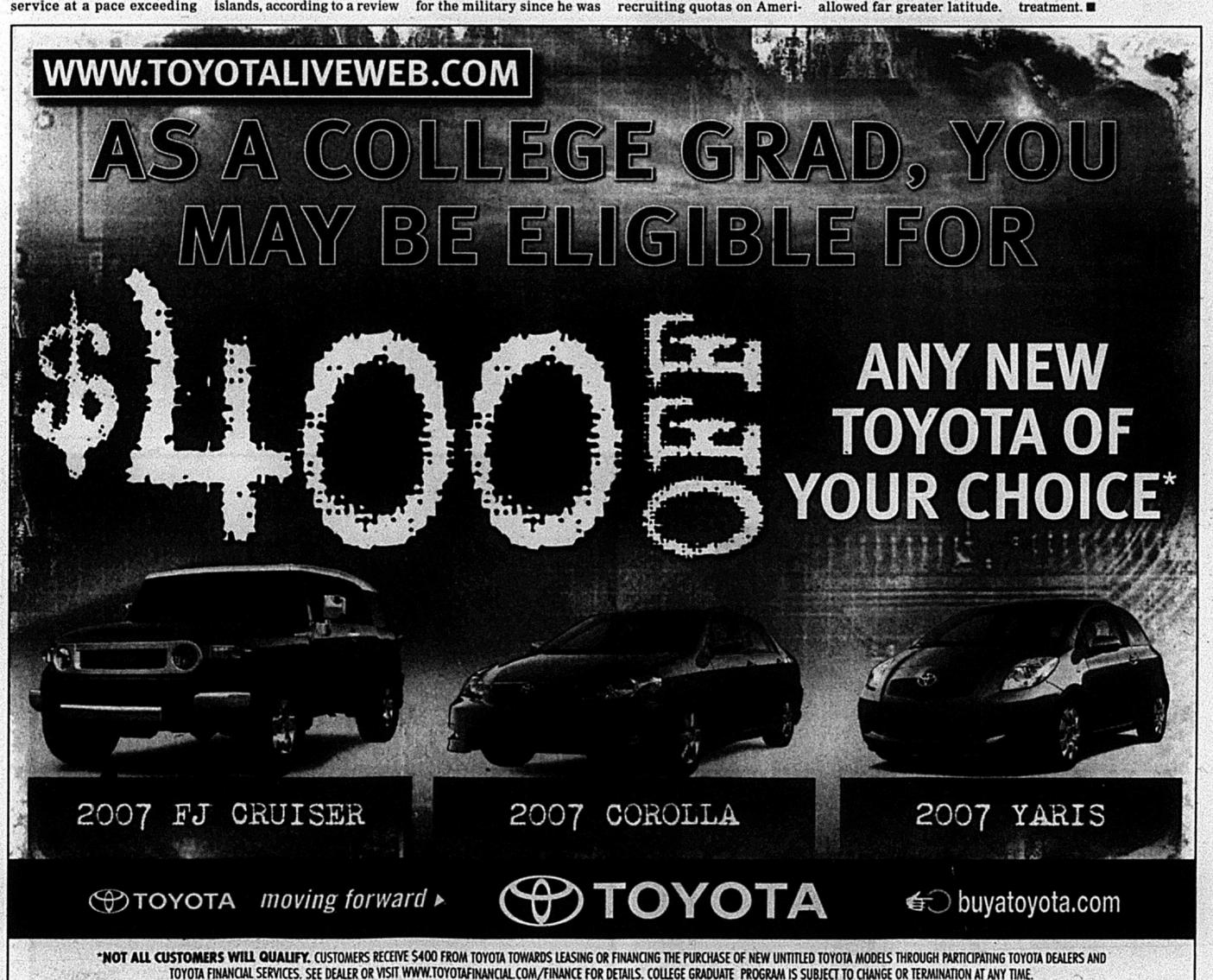
Though most recruiting offices nationwide are allowed to grant ASVAB exemptions to about 4 percent of their enlistees, American Samoa is being allowed far greater latitude.

In fiscal 2006, for example, some 38 percent of those who enlisted for active duty at the island's recruiting office had scored below 31, and about 32 percent of those who enlisted for the Reserves scored below the benchmark.

The military provides Samoans with steady work and the promise of a pension, but those who return to the islands in need of health care often find services lacking.

Because there is no veterans hospital there, vets receive all treatment at Lyndon B. Johnson Tropical Medical Center, a federally subsidized hospital with a long history of problems. It remains in such financial straits that it routinely cannot stock its pharmacy or purchase the chemicals needed for X-rays.

A U.S. Department of Veterans Affairs medical clinic, to be staffed by two full-time doctors, is finally set to open in American Samoa this year, but vets still will have to fly more than 2,500 miles to Hawaii for any non-routine treatment.



BOLTIK, FROM PAGE A1

After expressing his financial difficulties in the Feb. 18 Washington Post article, "Would-be Candidate says Fairfax Fee is Unfair," Boltik received a rush of calls offering donations, though he hasn't yet reached his goal. The filing fee is due Apr. 13, giving Boltik about a month to raise the money. From there, Boltik will begin to finance his campaign, a task which may prove to be much more costly.

The Washington Post quoted McConnell saying. "I bet everyone will spend \$100,000 or darn close to it." Boltik, however, doesn't believe his own expenses will add up to McConnell's suggested price.

With the support from friends and family Boltik will launch a new campaign Web site, distribute flyers and post yard signs.

Boltik said his concern is that people can be restricted by money if they run for an election. He wants to be elected on his views and ideals, he said, not on how much he's willing to put up for the election.

If elected Boltik said he would not want to accept the \$75,000 increased salary in 2008 and that he would donate it to charity, if possible.

"I think for a local position even \$59,000 is too much." he said. The position on the board is almost a part-time job, said Boltik, so it doesn't make sense to get paid so much.

If elected, Boltik would stay at W&M to finish his last semester of college. The board meets on the third Monday of every month, so

he plans on commuting for those meetings and having a fully staffed office in Fairfax County to work while he is gone. He currently has one official campaign member. Treasurer Chris Miller, who has been involved in the pro-

cess for about a year. "I think it's a wonderful thing that he is running for supervisor, and I give him my full support. He made a good point in the Washington Post article last week in that spending such an amount just to enter a race is ridiculous," said Miller. "I hope his continuous efforts bring about change to the political system."

Luke Ravenstahl became the youngest mayor in a major U.S. city at age 26. Ravenstahl is currently the mayor of Pittsburgh and is working on retention rates in the city. As reported in an Associated Press article, Ravenstahl said, "Many believe a young mayor can help Pittsburgh shed its old image."

"It's our challenge as a government to help do whatever it is we can to make sure those folks stay here after graduation."

Michael Sessions made history as the youngest mayor in the state of Michigan. At just 18, Sessions beat out the 51-year-old incumbent, Doug Ingles, by 64 votes. Sessions, like Boltik, was also motivated by a need for change in his hometown of Hillside, Michigan. Sessions has taken on more responsibility than the average student, a quality Boltik hopes he can follow.

"If an 18 year old can be mayor, why can't a 21 yearold be supervisor? Maybe I'll give him [Sessions] a call, and see how he pulled it off."

FIRE ALARMS, FROM PAGE A3

essary repairs will be made, said Sheston.

One concern most recently expressed by students regards the flashing strobe lights that are triggered along with a buzzing noise when the alarm is set off.

These strobes, designed to alert residents with hearing disabilities of an alarm, have continued to flash on the first floor of the CNU Village even after alarms have ended, sometimes for hours.

"The strobes should turn off when the system is reset. I can only think they would continue to flash if the system were not properly reset," said Sheston.

Kelly Lough, director of CNU Village and Warwick Suites Hall, acknowledged that alarms go off more frequently than she or students in the Village would like. Like Sheston, Lough said that many alarms are triggered by bad cooking practices.

"A large portion of the alarms could be prevented through using the fan above the stove while cooking, and not allowing two smoke detectors to be set off in one room," she said. "The RAs continually put effort into educating residents on ways to reduce the number of building-wide fire alarms."

"No one came and talked to us about it," said senior and CNU Village resident, Rachel Blood. No one in her suite, she said, has been contacted by her RA about the fire alarms.

Fire alarms taking place as the result of system checks, Lough said, is an unfortunate necessity. "Alarms are

tested in all residence halls, but because the Village is a 12-month contract and it [the building] never closes, testing cannot be done when the building is vacant," she said. "In the case of testing, however, residents are notified prior to the event."

. Alarm problems remain an annoyance to students in the CNU Village, though some are noticing progress. "It has been better since winter break," said Blood.

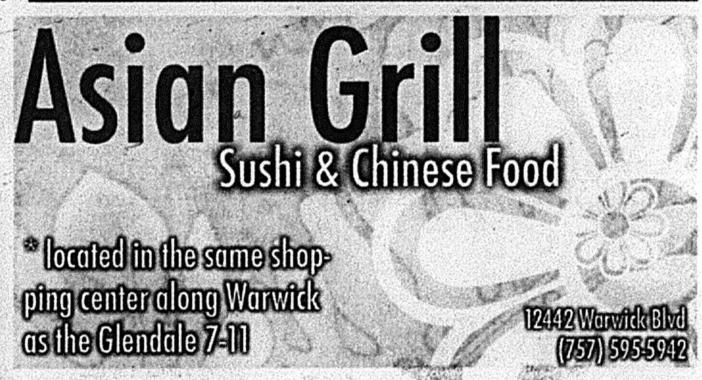


RYAN BURKE/THE CAPTATH'S LOG

Fire alarms remain a problem for CNU Village residents.







Fifth-degree black belt. Desert Storm veteran. Proven real estate professional.

For Carlos Rivas, SUCCESS IS A DISCIPLINE.

While serving in the U.S. Army and working to achieve his black belt in karate, Carlos Rivas discovered that success in any endeavor starts with discipline. He sets lofty goals and stays focused on achieving them. It's a straightforward approach, indeed, but it's one that has made an impact throughout his life.

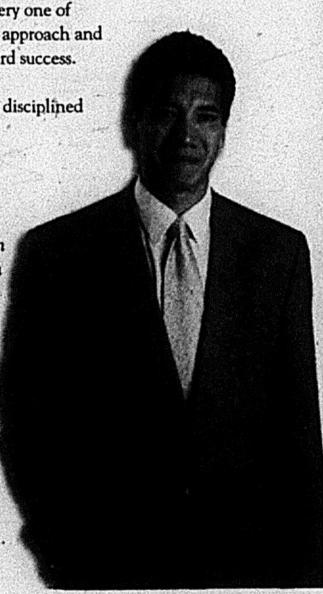
As a leading real estate professional, Carlos' discipline and determination are the keys to his clients' success, as well. He focuses on your home buying or selling objectives and is committed to doing whatever it takes to achieve your goals. Carlos brings a steadfast attention to detail to ensure every one of your needs is taken care of, and his driven approach and upbeat personality keep you on track toward success.

If you are buying or selling a home, trust a disciplined professional. Call Carlos Rivas today!

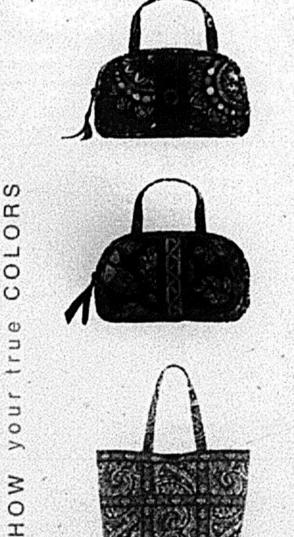
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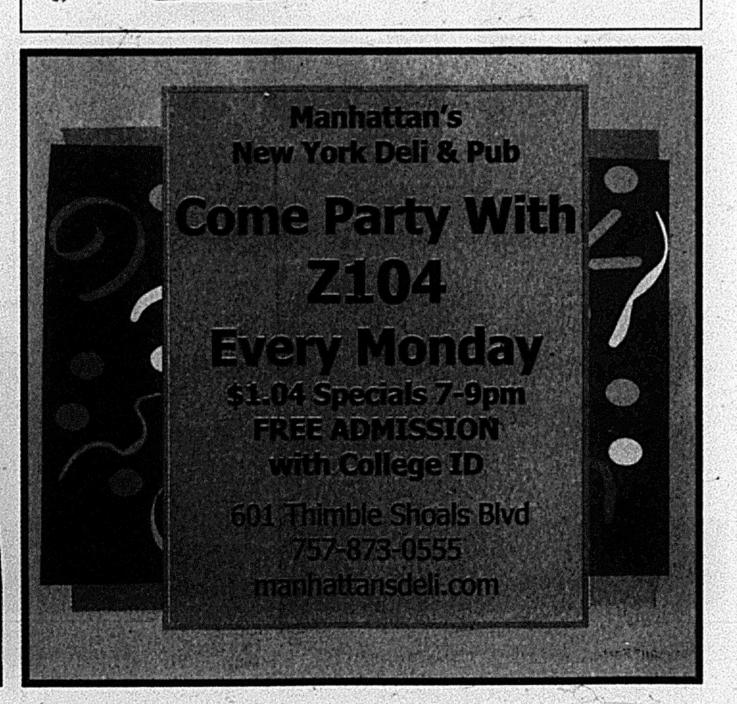
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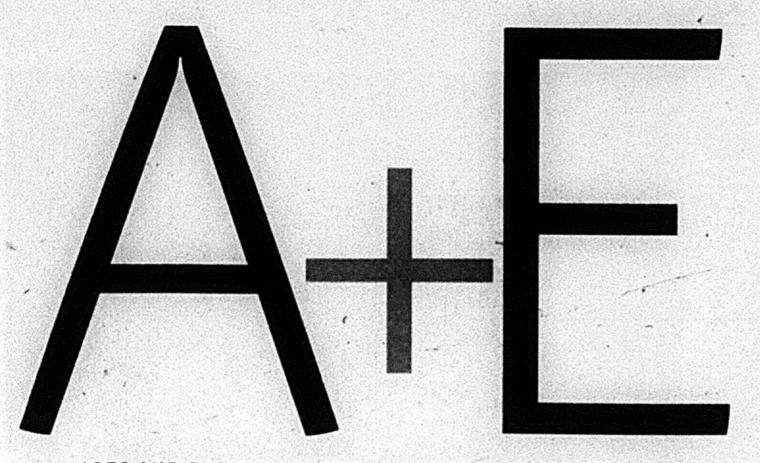
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THE BROTHERS' RIM

SPORTS, PAGE B4



CAMPUS

Sophomore Carl Forrest, also known as Kamau, started his own record company and record label.



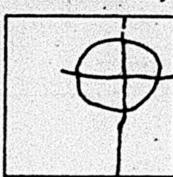
MUSIC

The Arcade Fire's "Neon Bible," released Mar. 6, takes a darker turn in its musical stylings.



FILM

"Zodiac," a thriller based on a true story, focuses on how the lives of those in pursuit of the killer decay.



ARTS AND ENTERTAINMENT | WEDNESDAY, MARCH 14, 2007

Kudos to Kodos

PERCUSSION REVIEW | Kodo Drummers of Japan balance rhythm and dance in performance.

BY LINDSEY LEACH AND
CHANELLE LAYMAN
LINDSEY.LEACH.04@CNU.EDU
CHANELLE.LAYMAN.04@CNU.EDU

Rhythm is more than just a steady beat for the Kodo Drummers of Japan. It's an intricate dance of counterpoint and balance, of harmony and symmetry, both in the drummed patterns and the fluid movements of the skilled performers.

As the Ferguson Center filled up with students, families and couples last Sunday, the low buzz of voices that permeated the theater was overwhelmed by the thirteen black-and-white-clad drummers. They captured the audience's attention with a low, resonating beat. Swaying in physical rounds, the Japanese drummers danced around with wide grins, carrying large drums on their waists like papooses. With each crescendo and decrescendo, the Concert Hall echoed with the shocking, thundering booms.

What followed was a series of performances of exotic fancy. Precise beats were woven together with various sizes of drums, as pristine singers soared over accompanying flute and shamisen,

a small square Japanese violin. With each new song, the drummers demonstrated their mastery of tempo and artistry.

In one song, small snarelike drums recreated the
rhythms of rain pattering.
In another, the complex
drumming style captured the
rhythmic nature of martial
arts, with the drummers
striking and lunging towards
their drums from a crouched
position. Mirroring exaggerated motions and striking patterns, each song held its own
balance of physical movement
and musical dynamics.

Kodo drumming originated on Sado Island in the
Sea of Japan. The word
"kodo" means "heartbeat"
or "children of the drum."
The meanings fit well as the
drumming at times resembles
a heartbeat. The drummers'
performance blends their
musicality with normal body
movements in a physical
harmony.

At times, this harmony portrays the rough, hard aspects of life, with intense beats and strenuous physical effort. Other times, it seems that the performers play whimsically, like playing a children's game. While it was obvious from the shouts

and smiles that drumming is a joy, one could not fail to recognize the purposeful intent of each musician.

Each player was precise and focused, moving drums on and off stage with a silent, elegant ease that embodied a sense of patience and endurance. As the crowd cheered, shouted and clapped along, the Kodo drummers wheeled their grand finale onto the stage: an enormous cart, decorated with glowing lanterns and the 800-pound O-daiko drum.

As the O-daiko took center stage, two drummers — each wearing only a fundoshi, a traditional Japanese loin-cloth that resembles a thong — vaulted themselves onto the platform. With unending endurance, the drummers beat the O-daiko; lunging, thrusting and throwing their weight into every blow and causing a deep, echoing boom throughout the auditorium.

Finally, as the crowd stood in an exuberant ovation, the drummers performed a final encore with all thirteen members combining their talents in a grand ensemble of cadenced talent. With rushing sounds of wind and booming, cannon-like explosions, the Kodo drummers captivated the audience with a transcendent display of rhythm and inexhaustible ability.

THE LIST

campus

March as Highlighter Party, 8 p.m., Studio Theater CAB Movie "Happy Feet", 7 p.m., Gaines Theatre ArtCNU Senior Thesis Exhibition.

20am, Falk Gallery

March 17

Ferguson Funnies featuring
Comedians Tim Young and Gerry
Dee, 9 p.m., Studio Theater
CAB Movie "Happy Feet", 7 p.m.,
Gaines Theatre

March 29

Festival of Nations, 7 p.m., DSU Ballroom CAB Movie "The Pursuit of Happyness", 7 p.m., Gaines Theatre Pirates of Penzance, 8 p.m., Ferguson Center for the Arts Concert Hall

CAB Movie "The Pursuit of Happyness", 7 p.m., Gaines Theatre

local

March 24

Marchay

40th Annual Saint Patrick's Day Parade, 2030a.m., Northside Middle School

ONFilm Festival, 8 a.m., Old

Dominion University

concerts

March 25 Invin May

Irvin Mayfield & the New Orleans Jazz Orchestra, 8 p.m., Ferguson Center for the Arts Concert Hall

Marchal

Peter, Paul and Mary, 8 p.m., Ferguson Center for the Arts Concert Hall

Marchas

American Voices, 230 p.m., Ferguson Center for the Arts Concert Hall

March zy Indigo Girls, 8 p.m., The NorVa

movie releases

March 36

"Dead Silence"- This is a horror flick about a murdered ventriloquist that haunts a town called Raven Fair. Jamie Ashen's (Ryan Kwhaten)new wife (Laura Regan) is murdered and he is accused as the main suspect, but he feels that the ghost stories of the town have something to do with his wife's murder, since he knows that he did not kill her. In the process of trying to solve the murder, he solves the curse that haunts the town. "Dead Silence" is rated R.

March X

"TMNT" - Rat sensei Master
Splinter brings together the
turtle family of Donatello,
Michelangelo, Leonardo and
Raphael in order to take on a new
nemesis. Max Winters is putting
together a group of ancient
monsters in an attempt to take
over the world. April O'Neil and
Casey Jones are also along to
help the turtles in their battle
against Winters and even the
Foot Clan. "TMNT" is rated PG.

cd releases

March 27

"Let It Go"-Tim McGraw
"Good Morning Revival"-Good
Charlotte
"Big"-Macy Gray
"Global"-Carl Cox
"I Need Mine"-Lil Flip

dvd releases

March ag
"Eragon"
"Rocky Balboa"
"Blood Diamond"
"The Nativity Story"
"" "Everyone's Hero"

Sophomore starts record company

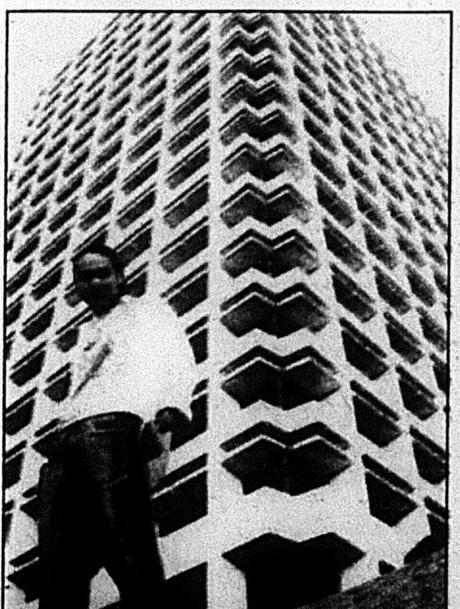


PHOTO COURTESY OF CARL PORREST

Carl "Kamau" Forrest, 19, started his own record company.

STUDENT ENTREPRENEUR | Carl "Kamau" Forrest runs Illuminati Inc. and Royal Sons Productions.

BY AMBER WHITNEY
AMBER.WHITNEY.06@CNU.EDU

Carl Forrest gazed ahead, eyes full of focus. As he spit a few bars of his winning rhyme in a freestyle battle, one could clearly see that Forrest was not your average CNU student.

Kamau, as 19-year-old Forrest likes to be called, is an upcoming emcee who has started his own record label, Illuminati Records, and record company, Royal Son Productions.

"I am an emcee," said
Forrest, a sophomore at
CNU, "and I do more of the
conscious hip hop thing."
Forrest fashions himself after
old school hip hop artists
like Rakim, and today's
artists with similarly oldschool feels, like Mos Def or

"I am not a big fan of what's on the radio these days," explains Forrest, "[but] I sell beats to people who [like the music on the radio] because I need the money."

"The gangsta rap [these days] has gone too far," said Forrest, "Hip hop went from something pure to something

that you market, and not something that you live." Forrest's goal with his music is to emphasize that he is not another emcee who is trying to romanticize street life because he knows first hand that there is nothing good out there for anyone. Forrest was able to begin his company with the money he gained from dealing in some illegal activity with which he 4 bought much of his equipment. Forrest was then placed into a correctional facility for 20 months. "In [the correctional facility] I found relief from the pain inside me from poetry so I began to get serious about poetry while being in that place." When Forrest was released, he performed a lot of slam poetry and won many competitions. He then released a spoken word album, entitled "The Rebirth of the Cool" after legend Miles Davis. Forrest sold about 400 copies of the album out of the trunk of his car within the first month. Forrest saw that his poetry was selling and began to look for beats

to rhyme over. "It was hard

to find beats to rhyme over

because they were so expen-

sive," said Forrest. Forrest then fused his instrumental talents with his poetry, deciding he could play instruments better than the people he was listening to, and started making his own beats. "Right now we are not as focused on the record label as we are on the production company, because that is what's making us money right now," said Forrest. Forrest has six clients right now and leases about \$400 in instrumental tracks per week on average. For now, promotion and production will be the focus of Forrest's company efforts, rather than the label and compact disc sales. "When Jay Z can't sell platinum in the first two weeks you know something is wrong. CD's aren't selling." said Forrest.

Forrest did not expect
his company to expand as
quickly as it did. "I opened
this company in December, I
didn't expect to be where I am
now 'til summer time. I didn't
expect to have the equipment
I have now or the clientele,"
said Forrest. "I'm not trying
to be the next Def Jam," said
Forrest, "but if that happens,
it is what it is. I'm not shooting for that. I'm taking it one
day at a time."

'Neon Bible' dreary but divine

CD REVIEW | Arcade Fire's newest release has darker overtones than previous albums.

BY MARK NEWTON MARK.NEWTON.06@CNU.EDU

Artist: Arçade Fire Album: Neon Bible

Arcade Fire's first fulllength album, "Funeral." sealed the coffin of the band's childhood and provided a means to transition forward. "Neon Bible," released last week, finds life at its next stage, albeit in a darker mood.

An increased budget from the success of the first album has allowed for the grander. more encompassing sound (which makes me wish for a 5.1 Surround Mix). The added efforts of Final Fantasy's Owen Pallett (see last week's issue for a review) bring a more dynamic sound to a number of the songs. The use of the pipe organs in several large churches adds another dimension.

The entire album is solid. In my opinion, the increased production propels the sound beyond its predecessor, though the jury is still out as

to which is the better album. The darker tone can turn some listeners away, while for others (myself included) it bolsters lead singer Win Butler's uncertainty and emotion. On the other hand, Butler's tendency to repeat lyrics for emphasis is a bit more vulnerable here, especially on the first track, "Black Mirror," where Butler blunders with the trite "mirror, mirror on the wall. show me where them bombs will fall." However, this is just one misstep surrounded by stronger lyrics such as those in the title track: "A vial of hope and a vial of pain / In the light they both looked the same / Poured them out on into the world / On every boy and every girl."

"Keep the Car Running" and "(Antichrist Television Blues)" should be the obvious singles from the album. The latter brings forth Bruce Springsteen to tell a story about a man who thrusts his daughter into the spotlight so that "they can see themselves

inside my little girl," but when she refuses, he realizes what kind of person he really is. "Neon Bible" embodies the desire to live life to the fullest and to prove one's merit, but it also represents the associated fear and uncertainty. It's as strong as "Funeral" lyrically and even stronger musically.

The additional production is most evident and powerful on "No Cars Go," which first appeared on the group's debut EP. Where the group was once more laid-back and hopeful for a retreat from society, the "Neon Bible" sound is much more rushed and demanding. as if there's an immediate need to go.

Despite its high quality, this sound is not for everyone. The darkness of the album can be a turn-off for those looking for something more. positive (hence why John Lennon made "Imagine"). Regardless, "Neon Bible" is a work of art. On the wings of this album, Arcade Fire has solidified its place as a force in the musical world. As of now, they are most definitely not just another one-hit wonder.



Arcade Fire released their latest album "Neon Bible" on March 6.

'Zodiac' welcomes back director David Fincher

Reality-based thriller follows pursuits of killer.

BY CHRIS MCCRACKEN CHRIS.MCCRACKEN.04@CNU.EDU

"Zodiac" is not the usual slasher fest that has become associated with serial killer movies. In fact, stashing is not even the main focus of the

Rather, "Zodiac" builds and builds upon its characters' obsessive pursuit to find the killer.

The film is based on the Robert Graysmith book detailing the true story of the still unsolved zodiac murders in San Francisco during the

1960s and 1970s. The plot of "Zodiac" can be broken down into three different acts. The first act deals with the killings themselves and how the town reacts to them, which puts pressure on the local newspapers and police as the zodiac threatens to kill more people.

Second, the film focuses specifically on inspectors David Toschi (Mark Ruffalo) and William Armstrong (Anthony Edwards). The zodiac murders become their primary investigation. As the leads and killings cease, the two inspectors become more and more enveloped in the case.

The third act concludes "Zodiac" by following local newspaper cartoonist Robert Graysmith (Jake Gyllenhaal) as he becomes engulfed in the murders four years after the trail has gone cold.

Feeling that everyone has given up on the case, Graysmith decides to write a book listing all of the facts of the case. In the process, Graysmith begins his own investigation to find facts that the police

might have missed.

"Zodiac" welcomes back director David Fincher after a five-year absence. Fincher has become well established with his modern masterpieces "Seven" and "Fight Club." "Zodiac" is not of the same caliber of those two films. but is definitely telling of Fincher's impressive résumé.

The story is well made and excellently delivered. "Zodiac" delivers plenty of twists, turns, surprises and red herrings. It is amazing how Fincher is able to clearly and dramatically organize all of them into this film.

The viewer is not curious about who is going to be killed throughout the film. but what price the main characters are willing to pay in order to solve the case. Everyone in San Francisco becomes so involved in the

> there is too much evidence to process. Graysmith and the inspectors' lives slowly diminish, as their constant pursuit to find the identity of the zodiac

murders that

controls them. The tagline of this film is terrific as it fully sums up the plot of the movie. "There's more than one way to lose your life to a killer."

"Zodiac" was dead on with its casting. All of the actors are perfect and give great performances. You can see the wear and tear these lifestyles begin to take on the characters. Throughout the film-rendered. you can see their eventual

frustration and fatigue. "Zodiac" is excessively long, clocking in around two hours and 45 minutes. Yet, with all of the wrong turns and information given to the viewer, "Zodiac" never becomes boring.

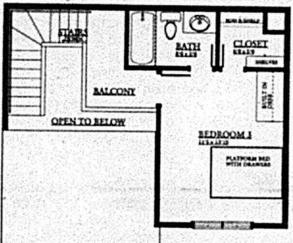
"Zodiac" is expertly crafted, character-driven and entertaining despite its length. "Zodiac" receives a four out of five.

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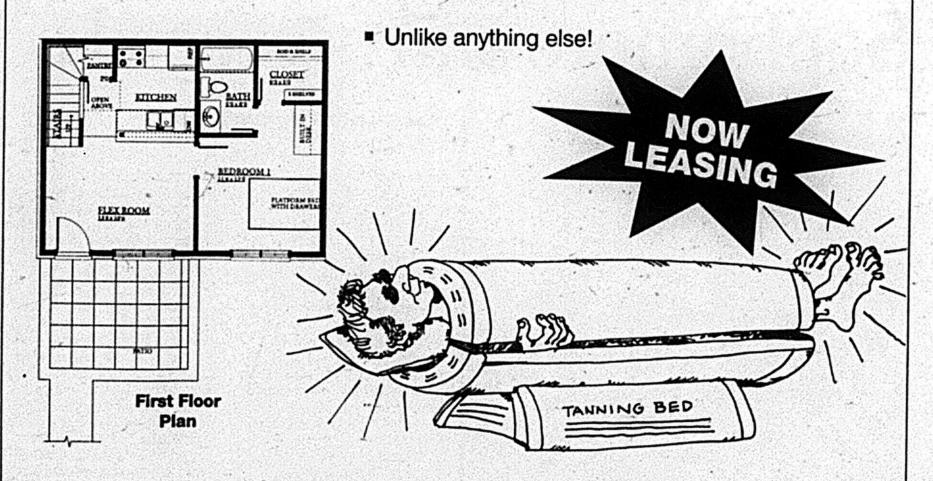
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SPORTS

WEDNESDAY, MARCH 14, 2007 | PAGE B3

SPORTS SCORES

baseball

(3-1, 15-4)

March 10 Finals:

No. 19 Emory 1, CNU 0

March 11 Finals:

CNU 7, Castleton St. 1

CNU 7, Castleton St. 5

Rankings		
1. CNU	3-1	15-4
2. N.C. Wesleyan	4.2	15-8
3. Ferrum	4-2	9-8
4. Methodist	3-3	11-5
5. Averett	2-2	21-5
6. Shenandoah	1-3	6-4
7. Greensboro	1-5	11-10

Upcoming games: 3/17-18: CNU at Greensboro

softball

(3-1, 15-3)

March 9 Finals: CNU 3, Allegheny o York 5, CNU 4 March 10 Finals: CNU 6, Salisbury 3

CNU 6, Salisbury 3 CNU 4, King's 3 Rankings:

Uncoming games		
8. Shenandoah	0-4	1.7
7. Ferrum	0-2	5-7
6. Peace	0-2	13-5
5. Averett	0-0	4-8
4. Methodist	1:1	11-5
3. CNU	3.1	15-3
2. N.C. Wesleyan	2-0	9-1
1. Greensboro	4-0	20-2

3/18: CNU at Bridgewater 3/20: CNU at Lynchburg

women's tennis

(0-0, 9-0)

Spring Break Trip Finals:

CNU 9, W VA Wesleyan o
CNU 9, Muskingum o
CNU 9, Lynchburg o
CNU 7, Tri-State 2

Rankings: 1. Shenandoah 1-0 4.0 Peace 1.0 2-4 CNU 0-0 9-0 Greensboro 0-0 2-0 Methodist 7-2 Ferrum 0-0 1.1 Averett 0-0 0-0 8. N.C. Wesleyan 0-2 1.3

Upcoming matches: 3/14: CNU at Goucher 3/17: CNU at Ferrum 3/18: CNU at Roanoke

men's tennis

(0-0,3-0) March 2 Finals: CNU 8, Piedmont 1 March 11 Finals: CNU 9, Chowan 0

Rankings:	: esleyan 1-0	2:1
2. CNU	0-0	3-0
3. Averett	0-0	1-3
4. Metho	dist o-o	1-3
5. Ferrum	0-0	1.6
6. Greens	boro o-o	0-4
7. Shenar	doah o-1	1.5

Upcoming matches: 3/17: CNU vs. Dickinson 3/18: CNU at Johns Hopkins

women's lacrosse

(3-0, 4-2)
March 4 Finals:
CNU 16, Sweet Briar 2
March 7 Finals:
No. 12 Mary Washington 16, CNU 8
March 11 Finals:
CNU 22, Shenandoah 4

Rankings:		
1 CNU	3-0	4-2
2. Greensboro	2-0	3-1
3. Mèthodist	2:1	2-4
4. Averett	0.1	1.2
5. Shenandoah	0-1	1.2
6. N.C. Wesleyan	0-2	0-5
7. Ferrum	0-3	0-3

Upcoming games: 3/15: CNU vs. Randolph-Macon 3/17: CNU at Averett 3/18: CNU vs. Guilford

men's lacrosse -

(3-0, 4-2) March 3 Finals; CNU 15, Hood 3 March 20 Finals; CNU 9, Fontbonne 8 (OT)

Upcoming games: 3/14: CNU vs. Medaille 3/17: CNU at Eastern

Simon banned for record 25 games

TODAY, IN SPORTS | New York Islanders forward Chris Simon lost his cool on the ice and paid the price for it. But was the price high enough?

BY JASON COMO JASON.COMO.04@CNU.EDU

Todd Bertuzzi's 2004 sucker punch that broke Steve Moore's neck only landed Bertuzzi a 13-game suspension from the league.

No doubt that punch was one of the most vicious instances in all of sports; the sight of Moore's body sliding down the ice, unconscious and completely helpless, is something that remains in your mind forever.

Bertuzzi couldn't have been more sickened about what he did, and he couldn't have been more sincere in his apology.

I do believe he was truly sorry for what happened. That one moment doesn't define Bertuzzi as a man and shouldn't define him as a hockey player.

However, none of this takes

away from what he did.
The same goes for Chris

Simon.

Simon has always been known as a tough guy. He plays a role on his team where he is an enforcer: a player who polices the game and makes sure his teammates don't

receive cheap shots.

This is the way hockey is played.

There are finesse guys, and there are the enforcers who protect them.

Wayne Gretzkey, on several occasions, has attributed his success and his durability to the enforcers whom he played with. And that's fine.

However, Simon diverted from the traditional and acceptable enforcer role in two ways.

First, he was the one who was hit by New York Rangers Center Ryan Hollweg. He was not coming to the aid of one of his teammates. of it" he was. He didn't use it as an excuse, but he made it

Simon received a good, hard, clean check against the glass that dropped him to the ice and left him visibly dazed.

Second, he took a cheap shot at Hollweg. Plain and simple. Policing the game is fine, but in hockey there are unspoken rules on how to go about enforcing.

If you have a problem with someone, you take it up with them face to face, either with a retaliatory check that is legal, or with a good old fashioned fight on the ice. Simon did neither of these,

Instead he got up, looked around for a second, made up his mind, and deliberately slammed his stick into Hollweg's face.

Some have said that Simon was aiming for Hollweg's chest and for whatever reason his stick rose up.

Doesn't make a difference.
Simon came out and said
the day after that he watched
the tape and noticed how "out

of it" he was. He didn't use it as an excuse, but he made it sound like we should understand why he did it.

Doesn't make a difference.

It doesn't even make a difference if his track record was perfect on and off the ice.

The bottom line is that he took a cheap shot that could have killed Hollweg if he had landed it in the correct place.

There is no place for that in hockey, in sports, or in life, and Simon will learn soon enough.

He will sit out for a minimum of 25 games, meaning he will miss the remainder of the regular season and the entirety of the playoffs, and even the beginning of the 2007-2008 season depending on how the Islanders fare in the postseason.

Then, there is the off chance that NHL Commissioner Gary Bettman will extend his suspension, as he did Marty McShorely's in 2000.

John Riggins, of Redskins' fame and current radio host,

believes Simon should be banned for life from the NHL.

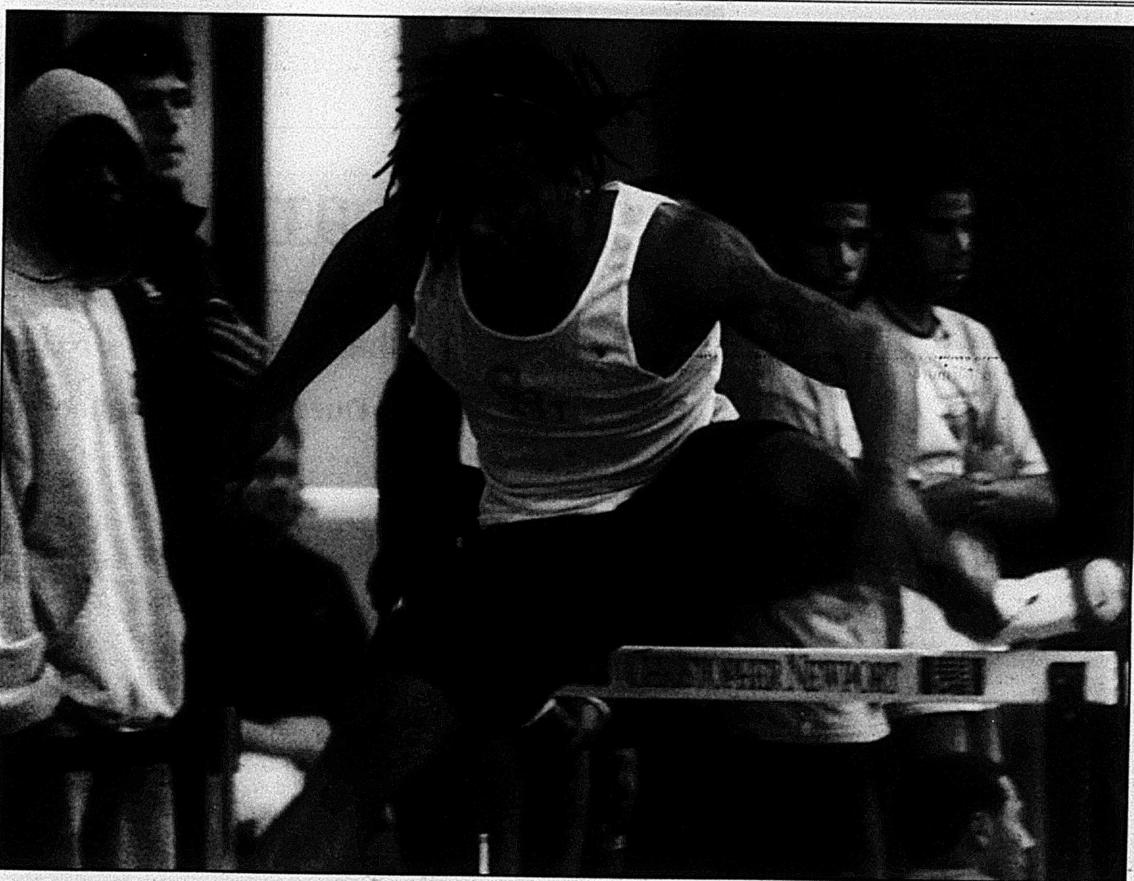
Even in a society that believes in second and third chances, keep in mind this is Simon's sixth suspension, so he's obviously received more than enough chances to play the game the right way.

Maybe a lifetime ban is too much, but Bettman should seriously consider suspending Simon for the entirety of the 2007-2008 season as well. He needs to send a message to the NHL and to the world of sports that losing your cool is not an excuse for any kind of cheap shots.

It's unfortunate that this is the kind of thing that brings attention to Hockey.

The sport has fallen from prominence in recent years, and there are plenty of positives in the sport.

What Simon did impacts more than just the NHL, it impacts the face of sports and that is why this is a story, and it is why he should receive an even harsher punishment.



JESSE HUTCHESON/THE CAPTAIN'S LOG

Senior Greg Bolton jumps over a hurdle at a Track and Field meet earlier this season. Bolton took sixth place at the finals in the 55 meter hurdles.

Clark, Bolton make finals

SPORTS BRIEFS | Indoor track finishes season; Women's basketball eliminated in second round of the NCAA tournament.

BY JASON COMO JASON.COMO.04@CNU.EDU

Track & Field Christopher Newport competed in the Virginia Tech Last Chance Meet on Sunday.

Feb. 25.

The event was highlighted by the men's 4x400 meter relay team who won their event

team who won their event with a time of 3:19:01. The Captains then sent several members to the NCAA National Championships in

Terre Haute, Indiana, over the weekend. Sophomore Rachael Clark was crowned National Champion in the shot put with a

throw of 14.23 meters.

Senior Greg Bolton qualified for the finals in the 55-meter hurdles and finished sixth with a time of 7.58 sec-

onds.

Women's Basketball

In the opening round of the
NCAA Tournament, Christo-

pher Newport defeated Dickinson 52-49.

Senior Candace Bryant was the only player in double

figures. She finished with 10 points.

The next night against 8th ranked Mary Washington

ranked Mary Washington, Christopher Newport lost 77-61.

The Eagles came out on fire and the Lady Captains could not slow them down.

Senior Shantel Burwell led the team with 13 points and senior Nikki Rowland and junior Alicia Bessey each finished with 10 points.

The Lady Captains finish the season with a 21-9 record.

Baseball
Christopher Newport
kicked off spring break with
a pair of 9-5 victories over
Shenandoah March 3 and 4.

In game two the Captains overcame a four run deficit to pick up the win.

The next day Christopher

Newport defeated Hampden-Sydney for the third time this year, this one was on the road by a score of 14-5. The Captains scored early

and often, including a five-run fifth inning.

After a day off, Christopher

Newport continued their winning ways with an 8-3 victory at rival Virginia Wesleyan.

The Captains traveled to

The Captains traveled to Georgia over the weekend for games against Piedmont and 19th ranked Emory.

On Friday, they survived a ninth inning rally for an 8-7 win over Piedmont.

The Captains couldn't sweep their road trip as they lost to Emory 1-0 on Saturday. The game was scoreless

The game was scoreless until Emory scored a single run in the eighth inning. which turned out to be the winning one.

Christopher Newport

Christopher Newport bounced back on Sunday, sweeping a home doubleheader against Castleton State (Vermont). The Captains were dominant in the first game winning 7-1

first game, winning 7-1.

After surrendering five

runs in the top of the first inning, the Captains didn't allow another the rest of the game and used a seven-run fourth inning to win 7-5.

Now 19 games into the season Christopher Newport is 15-4 and 3-1 in the USA South.

Their next game is Saturday at Greensboro.

Softball

Christopher Newport split a home doubleheader against 17th ranked Methodist on Feb.

The Lady Captains won the opener 4-3 behind junior Margarit Severin and sophomore Mia Johnson who each had 2 RBIs.

The Monarchs won the second game 8-2.

second game 8-2.
The loss was the Lady Cap-

tains' first of the year.

Christopher Newport then participated in the Atlantic vs. East Challenge held in Virginia Beach last weekend and won all four games.

They defeated Oneonta 2-1, Mary Washington 4-2 on Friday, Arcadia 8-0 and Emory & Henry 3-1. The Lady Captains then returned home on Sunday the fourth and swept a double-header against Polytechnic University by scores of 6-5 and 11-1.

The Lady Captains played another home doubleheader on Wednesday, but this time they split against Virginia Wesleyan.

Game one went to Christopher Newport by a score of 9-6, but they lost game two 11-10 in eight innings.

This weekend the Lady Captains played in another tournament, this time in Salisbury, Maryland.

They defeated Allegheny 3-0 in their first game but lost to York (PA) in their second game on Friday. Saturday they defeated Salisbury 6-3

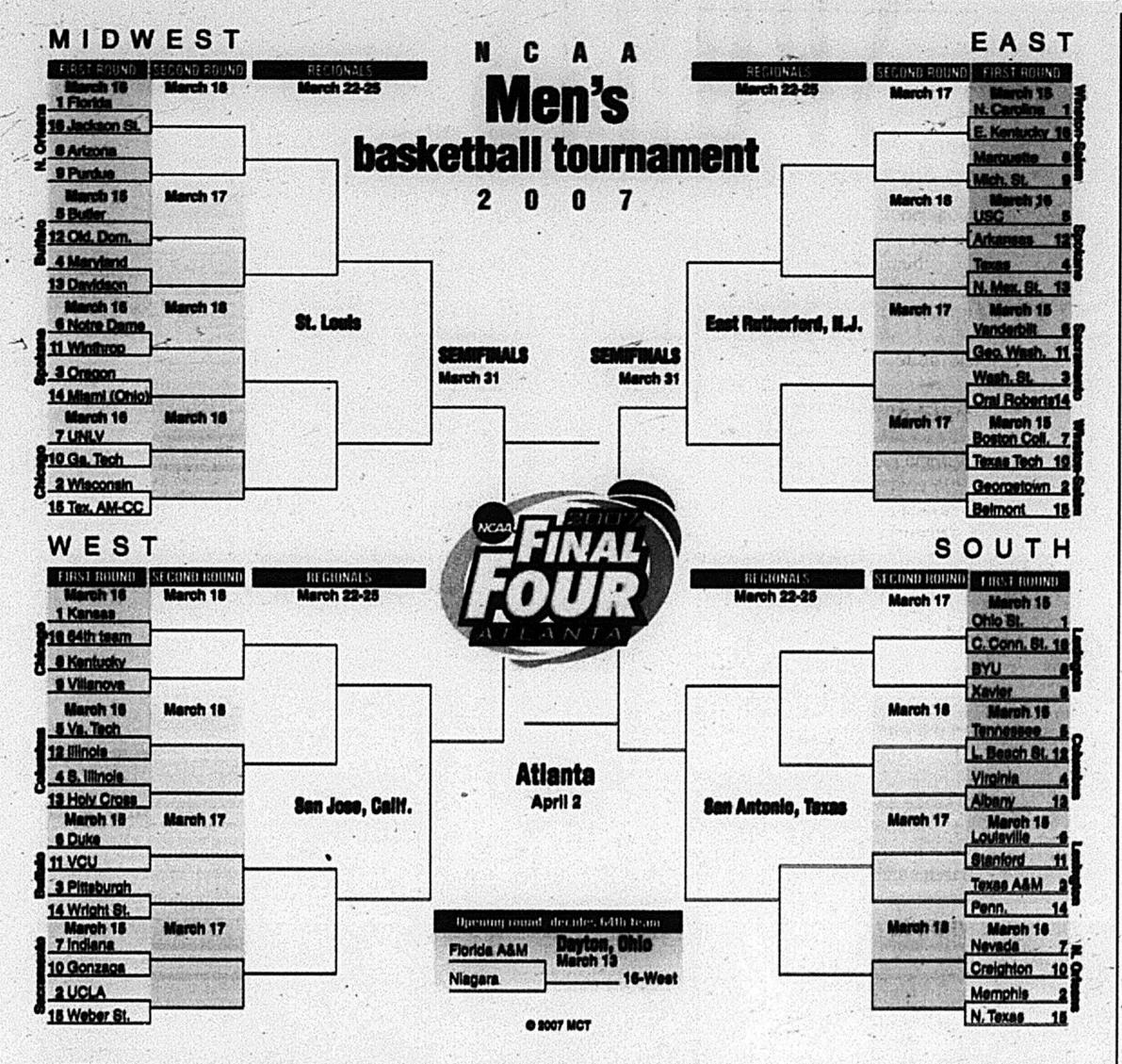
and King's 4-3.
Christopher Newport's record now stands at 15-3 (3-1 USA South).

Next, they travel to take on Bridgewater on Sunday.

Men's Lacrosse Christopher Newport

SEE SPORTS BRIEFS, PAGE B4

SE SPORTS BRIEFS, PAGE 84



SPORTS BRIEFS, FROM PAGE B3

defeated Hood at home on Saturday, March 3rd, 15-3 for their second win of the

season.

Wednesday's game at
Catholic was postponed due
to inclement weather, but the
Captains continued their winning streak at home on Saturday, defeating Fontbonne 9-8

in overtime.

With the wins, the Captains are now 3-0. They return to action today when they host Medaille at 3:30 p.m.

Women's Lacrosse
On Wednesday, Feb. 28,
Christopher Newport embarrassed North Carolina Wesleyan 20-1.

In another lopsided victory, the Lady Captains defeated Sweet Briar 16-2 on Sunday, March 4th. Wednesday in St. Croix in

the Virgin Islands, Christopher Newport lost to 12th ranked Mary Washington 16-8.

On the road on Sunday, the Lady Captains bounced back with a 22-4 win against Shenandoah.

Christopher Newport is now 4-2 overall and 3-0 in the USA South.

They return to action Thursday when they host Randolph-Macon at 4 p.m. Women's Tennis

Christopher Newport is undefeated at 9-0 after several dominant wins.

At home, they defeated St. Mary's on Wednesday, Feb. 28, 8-1 and defeated Piedmont on Friday, March 2, 9-0.

On the road, they traveled to Hilton Head, South Carolina, and defeated West Virginia Wesleyan, Muskingum, and Lynchburg by scores of 9-0, and Tri-State by a score of 7-2.

They play again on the road today against Goucher.

Men's Tennis

In their first match-up of the spring season, Christopher Newport swept St. Mary's 9-0 at home.

Their next two contests went the same way, with the Captains defeating Piedmont 8-1 on Friday, March 2, and sweeping Chowan 9-0 on Sunday, March 11.

They next take on Dickinson at home on Saturday at 3 p.m.

FYI: My brother is an idiot

COLLEGE HOOPS | Columnists Ben and Daniel Settle argue about conferences, who has the bigger crush on Durant and March Madness.

BY BEN AND DANIEL SETTLE BTSETTLE@GMAIL.COM DANIELSETTLE.04@CNU.ED

Ben Jr.'s NCAA Tournament observations:
Since space is at a premium,
I won't waste too much time praising the NCAA tournament as one of the four things that makes college basketball watchable (the other three: Kevin Durant, Greg Oden, and Acie Law IV). Instead, I'll just say that, while I'm college basketball's biggest critic, nothing beats the first two days of the tournament.

Nothing. They're the two best days of sports every year and it only takes one buzzer-beater to make either day last forever in college hoops history. OK, enough of that. Here's what I think to get things started:

The ACC is vastly, embarrassingly overrated. That includes UNC. You'll undoubtedly disagree with me, which is fine, because you're wrong.

All four of the 12-seeds will beat all four of the 5-seeds. This probably won't happen, but I do like the match-ups.

The Big 12 is the best conference in the country. I think the eventual champ comes from the Big 12, and I have three of my Final Four from the Big 12.

The Big Ten scares me - mostly Ohio State and Wisconsin, but every year I have a hunch that Michigan State will make a run too.

Best player in the country? Um, that'd be Kevin Durant. He'd probably be one of the top 25 players in the NBA right now, too. He's on the VERY short list of players who can carry their team for an entire half. Who else is on that list? Acie Law IV.

Games I hope we get to see? Texas -Georgetown. Ohio St. - Texas A&M. Florida -Kansas. Texas - Texas A&M (rematch!). Daniel's response to Ben:

Daniel's response to Ben:
Obviously, you value the
NBA skill set of a player more
than the entirety of each
team. The old adage is that a
team needs two potential pros
to win a national championship, which is worth noting.
But overall team excellence
wins games in college. Here is

my response and some original thoughts to get you riled up:

The ACC got the right number of teams in, but they all seem seeded too high. UNC is soft like Hansbrough's nose, so they won't go too far. And Boston College is vastly underrated as a 7. Watch out for them.

You're an idiot. Long Beach St. is a joke. Bruce Pearl might as well paint his chest orange to coach that game.

Three Final Four teams? See statement above. (But I have two: Kansas and Texas)

The Big Ten is mostly trash. Wisconsin is overrated, Illinois and Purdue are undeserving, and unless Neitzel catches fire, Michigan State is harmless.

I too have a big crush on Kevin Durant.

While a UT-A&M rematch would be beautiful, it would pale in comparison to Texas-Ohio State in the Final Four. Oden vs. Durant would be like Magic vs. Bird in the 1979 final. Winthrop wins two, as does Boston College and an underrated Duke

Ben's retort to Daniel:
Boston College is a team worth watching, you and I agree on that. Their best game beats nearly any team in the country. I see them playing Georgetown VERY

Georgetown still wins.

Long Beach St. starts five seniors, with two coming off the bench! Seven seniors get all their minutes! That's insane! Seven! They're this year's George Mason! They

close in the second round, but

could win the entire thing! Wisconsin isn't overrated, they're just like the rest of the Big 10 teams: slow, deliberate, difficult to run on, and nearly impossible to blow out. That's why the Big 10 scares me, the potential to see a Wisconsin - Ohio St. final with the final score something stupid like 45-42 in overtime. Plus, Neitzel WILL catch fire for Michigan St., count on that. Oden vs. Durant sure would be fun, but Oden doesn't take over games- not on offense at least. I'd rather see Law vs. Durant "The Rematch" and watch them trade three-pointers for 40 minutes and see who cracks first.

And no, Winthrop, Boston College, and a pathetically overrated Duke and their spastic point guard win one game combined (BC over Texas Tech).

Daniel's final arguments:
Boston College's Jared
Dudley and Tyrese Rice are
this year's version of Xavier's
David West and Lionel Chalmers (circa 2004) that lost to
Duke by three in the Elite
Eight.

You only like Long Beach State because they actually have players older than you. You'll never play pro ball. Get over it. There is no George Mason this year. Want to know why a decade passes between 11-seeds making the Final Four? They have to get

VERY lucky.

Let's add Neitzel to that

Durant/Law list of game

changers. And remember

this name for the list: Keith

Simmons. He will lead Holy

Cross over Southern Illinois

Cross over Southern Illinois.
Winthrop is 28-4. Their only losses were on the home floors of UNC, Maryland, Wisconsin, and Texas A&M. Plus they lost in the first round last year at the buzzer as a 15-seed.

They are primed to get to next week. It's funny how Duke has no respect this year. A couple months ago, which perennial NFL power went into the playoffs with no respect? Oh, that's right, eventual Super Bowl champs Indianapolis.

DANIEL'S PICKS...

Upsets: Duke over Pitt, Holy Cross over Southern Illinois, ODU over Butler, Arkansas over USC, Boston College over Georgetown, Winthrop over Notre Dame and Oregon

Final Four Florida, Kansas, Texas, Ohio State

Championship Ohio State over Kansas

BEN'S PICKS...

Upsets VCU over Duke, Gonzaga over Indiana and UCLA, Arkansas over USC, Long Beach State over Tennessee

Final Four Florida, Kansas, Texas, Texas A&M

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Enhancing Critical Thinking Through First-Year Seminars

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- o Courses emphasize critical thinking and other foundational disciplines of liberal learning.
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- It enhances overall institutional quality and effectiveness by focusing on issues CNU considers important to improving student learning.
- It is a valued part of the philosophy of accreditation by the Southern Association of Colleges and Schools (SACS).

Enhancing Critical Thinking Through
First-Year Seminars

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http://associateprovost.cnu.edu/qep