Red Cross Turkey Blast Cross Country wins regionals 6 Student talent shines 8 10 Goodbye Tisa

Captain's Lo Christopher Newport University's Student Newspaper

Vol. 26 No. 10

November 21, 1994

Faculty speaks out

Professors concerned over changes in General Education Requirements

By Lori Gray Staff Writer

The Faculty Senate held its first open meeting Monday, Nov. 14, to hear faculty members' responses to proposed changes in CNU's distribution requirements.

The proposed changes were developed by the senate's curriculum committee after they reviewed the recommendations of an ad-hoc task force that was appointed by Dr. Richard M. Summerville, university provost, last spring.

Several faculty members voiced concerns that the proposed changes would cut requirements in their departments. But Dr. Ed Weiss, professor of biology and chairperson of the curriculum committee, said, "The overriding sentiment. . . was to reduce the number of hours" for required courses, so there would be a net gain in support or elective hours in all majors.

If approved, the suggested

changes would reduce the number of required foreign language and science (laboratory component) credits, add a 2-credit, combined public speaking/critcal thinking course for all majors, and eliminate history options that are not global in scope.

However, according to Dr. Lee Doerries, professor psychology and member of the original task force, the recommendations are likely to undergo several revisions before receiving final approval by President Santoro in January.

Once approved, the new requirements could incorporated in the 1995-1996 catalog.



President Santoro led a Veteran's Day ceremony at the university's flag pole on Monday, Nov. 14. After his brief speech, the Board of Visitors and a small audience stood in silence as members of CNU's ROTC conducted the traditional ceremonyof raising the American flag to full mast and then lowering it to half mast. Craig Carver, a member of the CNU Jazz ensemble, played taps on the trumpet.

Budget Shortfall Forces Large Number of Class Cancellations

By Solomon Smith News Editor

CNU Provost Dr. Richard M. Summerville was forced to cancel approximately 46 classes for spring semester due to the \$900,000 budget shortfall.

Administration officials learned about the cancellation about a week to ten days ago. Before cancelling any courses, Dr. Summerville's office conducted a review of student enrollment for the fall semester to determine which courses were likely to have the lowest enrollment in the spring.

The final decision for class cancellation was conducted by the deans of the individual colleges. The two colleges most affected were the College of Arts and Humanities and the College of Science and Technology. Dr. Summerville was unsure whether any of the courses cancelled were one-of-the-kind classes.

Dr. Summerville commented that he did not expect the cancellations to cause any serious problems for students, especially seniors. He stated that any seniors unable to enroll in required courses are asked to notify the registrar of their situation and an attempt will be made to help the student find another course or some other way of meeting the requirement. He stated, "We will not put a student in the position where they will not graduate, if a student comes to registration and needs a certain class we could simply place the student into another one.'

No attempt was made by the administration to notify students before the cancellation. Summerville says, "I believe the timing did not permit us the chance to give the student body prior notification."

Students cutting their own throats

Parking construction waits for cars to move

By Robin Harris Staff Writer

CNU's plan to ease the parking crunch on campus is underway, but efforts continue to be plagued with problems.

According to Ralph "Skip" Hughs, vice president of operations for Hudgins Contracting, the company responsible for building the new lots, construction is progressing. However, the company is experiencing a number of "unique problems." The majorhindrance has been the students themselves. Instead of parking in the rented lot by the now vacant Jessica's grocery store on the other side of Warwick Boulevard,

students continue to cram their cars in the gravel lot on the west side of the campus, blocking other students and making it difficult to move the needed equipment around quickly and safely.

The haphazard parking situation is also causing problems for students themselves. Last week several students were unable to leave the campus when their cars were blocked by others' cars parked behind them. Some of the students tried to move the railroad ties from in front of their vehicles, others just waited for the blocking cars to be moved. If students find themselves in this situation, Chief Bright of the university police department said

they should contact the police, who "will assist in finding the student" who blocked the car. If the car is obviously double-parked, i.e. they left no way for the car to move, the student can be ticketed.

Richard White, director of plant operations, said that in spite of these problems, construction is going well. The project, which will result in 658 paved parking spaces, including over 200 new spaces, is progressing "ahead of schedule."

The project is being constructed in two phases. Phase one, which includes the lots adjacent to the dormitory and directly beside the science building are due to be completed Jan. 6. Phase two, the lot west of the gymnasium, should be

completed about six weeks later.

White said that, "If the weather holds up," the parking area under construction beside the science building should be open by the middle of next week. Students will then be able to use this area while the gravel site west of the new lot is closed for paving. To expedite this opening, Virginia Power will be turning off campus power Sunday afternoon to install light poles in the lot and a new transformer near the dormitory.

Until the new lots are open, however, Hughs says the best thing students can do for themselves is to park at Jessica's. "It's very congested,"he said, "and it's going to get worse."

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Wanted: New Global Cop

A Call for Military Reduction

By Charles W. Harbin Staff Writer

uring the recent election we were given two choices regarding the military: continued cutsunder the Democrats or a new build-up under the Republicans. But other options do exist.

The Democrats are correct in cutting back the military (the Cold War is over; we don't need to support such a large military.) Unfortunately, they have not done the same to the military's mission. In fact, they have expanded it in Haiti, Somalia and Saudi Arabia, just to name a few places.

The Republicans are correct when they say troop levels are too low to meet the obligations of our dozen or more military alliances. They fail, though,

The Cold

War is over:

we don't

need to

support such

a large

military.

to question those military alliances. The North Atlantic Treaty Organization (NATO) is a good example.

Even with reductions, the average American spends more in taxes for Germany's sdefense than the average Germandoes. And from whom are we defending them? Poland? Lithuania, perhaps? We should leave NATO and bring our troops home.

The same can be said for our alliances with Japan, South Korea and Saudi Arabia. Although these countries have potential adversaries, they also have ample means to provide for their own defense.

We should also, once and for all, end our role as global cop. Korea and Vietnam should have taught us a lesson, but instead, we became involved in Lebanon and Somalia. Our military personel should never be used as tools of foreign policy. American troops should not be used when America itself is attacked and war is declared by Congress.

So what should be done with the military?

All American troops should be called back to American soil and our ships back to coastal waters. We won't need such a large military to defend only our own coasts and borders, therefore, the military can be pared down--particularly the aircraft carriers.

The path proposed in this article is not an easy one. Unfortunately, pictures of atrocities will always stir us to battle, but as a nation we must act with reason for the good of the whole and not with passion for the benefit of a few. For those who feel compelled to fight on foreign soil, laws forbidding American citizens from serving in the foreign services or mercenary units

withoutsurrendering their citizenship should be repealed. That way, individuals who feels strongly can voluntarily fightanywhere they please at their own or someone else's expense.

Will Hampton Roads be hurt by reducing the military? It mayespecially if Newport News Shipbuilding loses its aircraft carrier contracts. Butthe military budget cannot be used

indefinitely as a jobs program. We can only hope that reduced taxes will make the commercial shipbuilding market more competitive. Otherwise, bringing our troops home may help this area, putting greater emphasis on our bases. Also, reduced taxes may spur new industries to replace the military-dominated ones.

The world wars are over. The Cold War is over. Americans have sacrificed their blood and their treasures (taxes). It is time to eliminate the Selective Service and cut our taxes. During this century America slipped into the dream of empire. We must now wake up and live as a republic.





Captain's Log

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The Captain's Log welcomes letters from its readers. Send to: The Captain's Log, 50 Shoe Lane, Newport News, VA 23606. They may also be brought to our office or left in our mailbox on the second floor of the campus center. Please sign the letter and provide full address and telephone number for verification purposes. Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

The Captain's Log reserves the right to edit letters according to style, subject, and length, as well as to refuse publication. Letters may be printed anonymously upon request.

Corrections to The Captain's Log will be published in the issue following the error.

Make way for the Republicans

By Charles Harbin Staff Writer

On clear days during the '70s and '80s I often found myself looking up at the sky, half expecting to see Soviet missiles streak by. I would wonder, 'Will war come tonight? Tomorrov?'' I sometimes calmed my fears by dreaming of a collapse of the Soviet Union and the end of the Cold War. I did not expect to ever see it in my lifetime, but I hoped my children would. Perhaps my grandchildren would grow up without fear.

That dream came true when I was only 22.

I also had another dream back then. Oh, I thought it even less likely than the first dream, butstill I hoped that my grandchildren would see it. Maybe my great-grandchildren would grow up without debilitating taxes

and regulations.

Imagine my joy Wednesday morning, Nov. 9, when I, still a young man of 27, learned that In Tuesday's election, the Republicans had captured the Senate and the House of Representatives.

For forty years the Democrats ruled the House of Representatives and, except for six years during the '80s, the Senate. During those four decades, taxes, regulations and unfunded mandates exploded along with the Congressional leadership's arrogance.

Weren't there Republican administrations during that time?

Yes, there were five (this includes Eisenhower), but the presidency is actually given little power by the Constitution. In the pundits and journalists talked of new governments coming to power with the elections of Reagan and Clinton (Bush was generally paired with Reagan, but should now be grouped with Clinton). That is wrong. Those were new administrations-little more. The real seat of government has always been where the founding fathers intended it--Congress, especially the House

1980 and 1992 (not much was said in 1988)

of Representatives. Now you may speak of a new government. Butdidn'tthe Republicans hold the Senate for a few years?

Yes, from 1981-1987 Republicans held the Senate, but as mentioned above, the Senate is not as powerful as the House of Representatives. This is largely due to the requirement that all appropriations (spending) legislation must originate in the House, giving inordinate power to the House Ways and Means Committee.

Finally, term limits, a balanced-budget amendment, and tax reform (the future House Majority Leader, Richard Armey, supports a revolutionary flat-tax) just to name a few, will be brought up for debate. That does not guarantee they will pass, especially against a possible veto, but the debate will be out in the open.

Let's end this with a happy thought: Speaker of the House Newt Gingrich. It truly is morning in America.



Wes' World

Pass the Candles, Please

By Wesley Cline Staff Writer

To a number of college students, studying is a topic of little interest. In fact, many of them find the act of studying to be of great disinterest. Since studying is so distasteful, and in order to avoid doing my own for as long as possible, I find now to be an appropriate time for a discussion of the different types of studiers.

They are widely varied. There is the complete-silence studier, the TV-and-radio-on studier and the Iron-Maiden-turned-up-to-the-head-exploding-decibel studier. CNU has also created its own, unique type of studier, the cave darkness studier.

The complete-silence studiers require total silence in order to concentrate. They go to drastic measures to accomplish this goal. They soundproof their rooms, their books and even their typewriter or computer keyboards. Even the sound of their own breathing is more than they can tolerate.

The complete-silence studiers are ultimately doomed because they spend so much time trying to eliminate all the noise that they have no time left to actually study. Unfortunately, the silence studiers never realize this because they are so distracted by the darned, incessant ticking of their clocks. Sadly, these studiers are often found dead

after trying to hold their breath through long study sessions.

TV-and-radio studiers must have noise

must have noise in order to study. Without the TV and radio on at the same time, they will sit and fidget. They are extre mely restless and require background noise to oncentrate.

They are most happy in noisy residence halls where there is a constant din. If a TV-and-radio studier were put in the same room with a silence

studier, they would quickly be at each other's throats.

The TV-and-radio studiers do have their limits. They cannot tolerate excessive noise. Excessive might best be described as a roommate who has the Beastie Boys blaring or who is practicing his hobby of pyrotechnics in the studier's ear.

The Iron-Maiden studier can't study unless the noise is so loud that the tape of biology

out. Now while this type of studier is very diligentabouthis studying is studying it's probably the lates to advertisement for Miracle Ear in "Super Heavy Metal Quarterly."

class is drowned

Quarterly."
While the IronMaiden studier is not the best example to
follow when grades are dropping, Iron
Maiden studiers know how to make the
most of study breaks.

Cave-darkness studiers are by far the most unique of all species of studiers. Only recently has this species been discovered. They have developed through natural, and perhaps a little supernatural, selection. This species of studiers evolved when it became evident that CNU had not discovered the

joys of a constant source of electricity. Because they were often plunged into darkness, the students of CNU developed the ability to read and study for tests in total

Cave-darkness studiers can see in the worst light; but unfortunately, because of the specialized genes necessary to see in complete darkness, they can no longer venture out in the sunlight or attend classes in which the lights are actually working. As soon as the sun sets, they are able to come out to study.

The most highly identifying mark of a cave-darkness studier is the candle worn around his neck. This candle proves especially useful during bathroom breaks. The practice of wearing acandle was quickly established after one young freshman was lost on campus for 48 days after merely going to the bathroom to wash his hands during a CNU blackout.

The wide world of studiers is a fascinating thing to observe, especially to the species that avoids studying at all costs and tends to write humorless newspaper columns—the species known only by its Latin name, Slacus Offis.



Turkey Blast to save lives

By American Red Cross

The Coast 93.7 FM invites Tidewater students to flock and rock at the turkey blast on Nov. 25. The Coast 93.7 FM and American Red Cross, Mid-Atlantic Regional Blood Services will sponsor the First Annual Tidewater Turkey Blast Blood Drive on Fri., Nov. 25. The drive will be held at The Chamberlin Hotel in Hampton and the Radisson Hotel in Virginia Beach from 10:00 a.m. to 4:00 p.m.. All college students returning to the Hampton Roads area are invited to shake their tail feathers and give a pint of blood

According to Red Cross officials, the day after Thanksgiving is one of the most difficult collection days of the year. "We typically find that donors are not thinking about giving By Solomon Smith blood around any holiday," said Cheryl News Editor Bennett, Donor Resources Development Pre-Registration for the spring Director. We felt that if we created an event semester at CNU has been where a given donor group could spend time plagued with problems for with people who are important to them, they would be more likely to come and give notified that a number of classes blood "

donors believing they would want to catch the deficit, the university was up with friends they hadn't seen since the forced to find ways of summer. In addition, we are hoping to bring When asked about the them back into the blood program while cancellations, Netter claimed, ensuring an adequate blood supply for the "The classes were not cancelled, holiday weekend that will follow."

Individuals are at least 17 years of age, weigh 110 pounds or more and are thought classes will be re-opened if to be in good health. For more information processary." about donating blood, call (804) 446-7765.



Junior David Word doing a last minute review as his time in the registration line draws to an end.

On Friday, Nov. 11, Netter was vould be cancelled because of 'We selected college and university-aged the budget shortfall. To make up restructuring.

> ve merely reduced the max number of students in the class to zero." He went on to say "The

Netter says the cancellations should only affect about 17 courses, and most of those would probably have been cancelled anyway due to an insufficient number of students registered. Nevertheless, he said that courses could be re-opened by the provost if enough students wanted to take them.

Adding to the complications of registering this time were a powe outage and the detailed process of checking for pre-requisites.

Netter commented, "Usually registration is a breeze, but the power failure was a nightmare, especially with our checking prerequisites and the cancelled

Future teachers truly dedicated

Office of the Vice President for Development

Students working on teaching degrees at CNU are not as traditional as you might expect. A survey completed this week by Professor of Education Dr. Lora Friedman revealed a variety of ages, career fields, hobbies and interests among students in the education program.

Dr. Friedman said that of the 122 students who are currently working on their teaching certificates, 26 are men, and about half of the students are between 20 and 24 years of age, with the majority of the rest between 25

Dr. Friedman said, "The people that we get know what they want and are willing to put the time and energy needed into the program. Their level of motivation is extremely high."

Fifty-one of the 122 have already earned a degree, like Jacinta Ortiz who holds a bachelor's degree in art theory and an associate's degree in civil engineering from the University of Puerto Rico. (The majority of CNU students who are working toward their first degree are majoring in psychology, English or history.)

The 41-year-old Ortiz is going

back to school for a teaching degree in Spanish. Ortiz said, "I became interested in teaching Spanish after working as a substitute teacher for the Department of Defense in Germany from 1989-1992. After our family moved to Newport News, we discovered CNU was the only school in the area that offers a bachelor's degree in Spanish for teachers."

Most of the teacher education students (60) are working toward licensure in nursery school/ kindergarten through fifth grade. Thirty-three others are working toward middle school licensure with concentrations primarily in the social sciences, language arts, mathematics or science. A slightly smaller number, 30, are working toward licensure at the secondary level in biology, government, mathematics, physical education, physics, social studies and Spanish. Besides working on their studies, the students make time for a variety of indoor and outdoor sports, arts and crafts and travel.

For more information on the survey or a copy of the results, call Dr. Friedman 594-7070. To schedule an interview with Ms. Ortiz, call Michelle Carpenter 594-

Teachers in V-OUEST Program to Present Research Findings

Office of University Relations

CNU is taking a leading role in Virginia Quality Education in Sciences and Technology or V-QUEST. The program is being funded by a \$400,000 two-year grant from the National Science Foundation.

Partners in the effort with CNU are Thomas Nelson Community College, Hampton City Schools, Newport News Public Schools and the York County School

. The five-part plan under Project STARS (Science Teaches All to Reach for the Sky), aims to reform mathematics and science education in Virginia.

A leader of the reform task force for teachers as researchers, Chairman of theCNU physics and computer science department Dr. Randall Caton, said the overall purpose of the program is to get teachers doing research. Dr. Caton said, "The best way to get people interested in science is to provide them with hands-on experience.

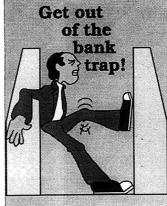
Dr. Ed Weiss, project STARS curriculum director and CNU biology professor said, "The program is transforming the straight lecture and 'cookbook' laboratory exercises into and activity-based problem solving

Project STARS mentor James Reed of James Reed & Associates said, "Part of the problem we have in finding employees is there aren't many in the marketplace that have the proper education and training to do the kind of work we do, which is applied science. This is a high-tech world, be it chemistry or math, the sciences are clearly where we're headed."

Reed is working with a group of teachers from Hampton and York County High Schools. The teachers began their research in March and will present their findings next month.

Kecoughtan High School science teacher Susan Booth is one of the 10 teachers in V-OUEST. Booth said the program has already helped her in the classroom. "I can associate better with my students. It's been several years since I've been in a real science environment. It (the program) has helped me to set more realistic expectations for my students and show how much fun science can actually be."

The teachers will present their findings Dec. 3, in Gosnold Commons, from 8:30 a.m. to noon. For more information on V-QUEST, call Dr. Caton at 594-7065 or Dr. Weiss at 594-7044.



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-Honors inductions a source of pride

By Pamela Soliday Contributing Writer

Family and friends came from great distances and took time off from work to attend the induction of more than 60 honorees into the Virginia Chapter of the Alpha Chi National Honor Society Saturday, Nov. 5.

Alpha Chi is a co-educational national honor society that has recognized scholarship and exemplary character among university students for 60 years. Induction into the society requires students to be in the top 10 percent of their class. Alpha Chi has had a chapter on the CNU campus for 17 years.

"The number of people who turn

out is the testament to the occasion," said Dr. Paul, Alpha Chi Faculty Sponsor. Mayrene Hutchinson, an honoree and CNU History major said, "I personally thought the ceremony was wonderful. It made me feel good because I was being recognized for all my hard work. It gave me a personal sense of accomplishment."

Saturday's ceremony was held in the Gaines Theater with music provided by pianist John Murdock. Dr. Karen Barnett, assistant professor of psychology and faculty sponsor of Alpha Chi, gave the welcome and introduction. She also read the eath of membership. Following the reading of the oath,

Dr. Jay Paul introduced the new memberslisted as follows: Debra Baird, Lisa Belitz, Michael Bland, Patricia Boyd, Cheryl Broyhill, Timothy Campbell, Jennifer Coltrain, Mary Courtemanche, Deborah Csutoras, Dawn Cummings, Michael Cummings, Olga Efros, Robin Elder, Susan Fernays, Kelly Gillars, Mindy Gillars, Jeanette Gore, Loretta Gray, Mary Elizabeth Grefe, Prema Gupta, Shelly Hardesty, Sharon Harrington, Diane Hunt, Mayrene Hutchinson, James Jackson, Lavonne Jackson, Jennifer Jordan, Donald Kramer, Christy Lynn Lee, Erik Kristin Lott, Josette Mauhar, David McClenney, Kelly McNeal, Cynthia Milton, Zoltan Molnar,

Sara Montgomery, Nicola Moore, Garland Moseley V, Bridget O'Brien, Jacinta Oritz, Christina Pierce, Suki Ranieri, Karen Ream, Katherine Herb Rhodes, Cheryl Roane, Lisa Rogala, Patrice Sawyer, Barbara Schultheiss, Sandra Sher, Michael Smith, Nicole Steiner, Beverly Stevens, Carolyn Swecker, Paul Thielen, Robin Tracey, Wanda Yvonne Tully, Judith Wade, Christian Walter, Joyce Kay Wampler, Tamara Wanck, Susan Wauhop, Amy Williams, Jane Wilson, Marguerite Wolf, Lisa Young.

As a reward for their accomplishments, honorees receiveacertificate and areentiled to wear an Alpha Chi honor card at commencement. Congratulations to all for your accomplishments!

SGA Corner

By Courtney Joyner Contributing Writer

The SGA Town Meeting was held on Nov. 7. Because of the limited time of the event, many of the questions were not answered. These questions will be answered in the next SGA corner.

Homecoming applications have been turned into the SGA office. Weare pleased with the number of entries for king and queen. Homecoming will be held on Feb.

The SGA is currently looking for students who would like to serve their school as an SGA senator. The benefits of being a senator include improving communication skills, developing problem-solving techniques, and learning how to work in a group. In addition, a person can create a network of friends that will provide support through his or her college career and beyond. SGA only asks that a senator be willing to give up about an hour of their time a week and that they be dedicated and hard working. If you are interested, stop by the SGA office and tell an officer you would like to become a member.

Dancers Make Waves

By Alicia D. Stokes Features Editor

The Blue Wave Dance Team performed on Nov. 13 in CNU's Ratcliffe Gymnasium. The team performed as entertainment during the 1994 CNU Invitational Cheerleading Competition. Before the team's performance, the dancers sold baked goods to raise money for new costumes.

Angela Warren and Mary Beth Webb are both co-directors of the dance team. The CNU Blue Wave Dance Team is in its sixth year of existence. The team will have its next performance on Nov. 22, during the intermission of the CNU basketball game. For more information about the Blue Wave Dance Team, contact Angela Warren at (804) 898-4075.

Music Major Scholarship Fund Hits \$10,000 Mark

Office of University Relations

CNU music majors will have a greater opportunity to study instrumental music now because CNU's Ed D'Alfonso Music Scholarship Fund has collected \$10,000 in donations. Such an opportunity will enable students majoring in music to be more knowledgeable of the subject.

The endowment memorialized Licutenant Colonel Edward D'Alfonso, who retired as a musician-teacher August 6, 1974, after 20 years with the U.S. Air Force

Money from the endowment will be used to provide scholarships to CNU instrumentalist music education majors with at least 2.5 grade point average. The recipients will be selected by audition.

D'Alfonso's wife, Helen, said more than half of the \$10,000 raised came from friends of the family.

Stephanie Sugioka

Tuesday, Nov. 22 8 p.m.

Falk Art Gallery

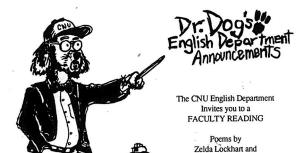
NO CHARGE!

"I think it's a meaningful show of support by the leasing artists in the area for a significant instrumental music education program at CNU," said CNU Director of Music, Dr. Mark Reimer. "I think it will encourage students to get involved in our new area of instrumental."

Mrs. D'Alfonso said she's encouraged by the number of donations recieved so far. "I want to see the music program grow. I think we need a strong music program on the Peninsula because we have some talented musicians here."

Contributions to the Ed D'Alfonso Music Scholarship Fund, may be sent to Christopher Newport University, Office of Development, 50 Shoe Lane, Newport News, VA 23606.

Formore information on the Ed D' Alfonso Music Scholarship Fund, call Dr. Reimer at 594-7074



Explore Kids' Brit Lit in London Next Summer

By Jennifer Jordan Staff Writer

CNU will provide the opportunity to learn about British classics of children's literature in London next summer for an estimated price-tag of \$1975.

English Professor Kara Keeling will be teaching the 1995 President's London Summer, Seminar which will potentially cover works from "Peter Pan" to "The Hobbitt" in the very city that is the setting for these stories. The history of childhood will also be discussed during the course.

Most charges related to the course and travel are included in the price. A \$150 deposit will be due by Dec. 15, and another \$750 for airfare will be due Jan. 15. Dr. Keeling will hold a series of open-house meetings to discuss the course with interested students on Nov. 30 at 6:30 p.m. in Christopher's; Dec. 1 at noon in the Brayer Room on the fourth floor of the Administration building; and Dec. 5 at 1:30 p.m. in the Brayer Room.

If you are interested, please call Dr. Keeling at 594-7952 or 599-0482.

Sports November 21, 1994 6

Ratcliff leads team on to nationals

By Chris Perry Asst. Sports Editor

Before competing in the 1994 NCAA Division III South-Southeast Regional, held in Atlanta, Georgia on Saturday, Nov. 12, the CNU Cross Country Team had placed first in all six of the meets they had participated in this season. Sophomore James Ratcliff was the individual winner in each of those meets, four of his times were course records. The regional proved to be no different as the Captains dominated, with Ratcliff finishing first and setting a new course record.

Last year, the men finished second in the regionals, just four points away from qualifying as a team for nationals. This year, the team's one major goal was to qualify as a team, and they did just that, being the first CNU team to do so since 1984.

"It was surprising to see how nervous the guys were, because I didn't think they needed to be. I thought that the meet would come out about the way that it did," commented Head Coach Dave Sobal, named Coach of the Year after the meet.

CNU finished with a team score of 26, way ahead of second place Mary Washington College who finished with 109. The rest of the teams finishing in the top-ten included Washington and Lee

University (129); Emory University (140); Rhodes (163); Eastern Menonite College (176); Salisbury State College (190); Roanoke College (230); Catholic University (255) and Hampden-Sydney College (265).

Ratcliff, named the region's athlete of the year for his accomplishments, was the overall winner, setting a course record of 25:58. Four other Captains finished in the top15 and in doing so earned All-Southeast Regional honors. They included senior Rich Schugeld (third in 26:45); senior Mark Earnest (fourth in 26:47); senior Adam Rowland (seventh in 26:57) and senior Lemuel Pearsall (13th in 27:29). Freshman Kevin Allen (33rd in 28:25) and sophomore Nelson Roberson (43rd in 28:36) also finished well for CNU.

"I felt like we could have run better, but we didn't have to." said Sobal. "James Ratcliff ran awesome. He could have gone much faster, but once he got in front of the guy that tried to stick with him, he just cruised for probably the last two miles. Rich and Mark...when they realized how the team was doing...I think they realized that there was no reason to kill themselves to try and catch second place. I was pretty pleased with the way all of the guys ran."

The Lady Captains finished in

seventh place overall. "The women... seventh was where we were last year, it was a very very tough year, but it was a good year for women's cross country in the South." commented Sobal. "We had a couple of women run pr's (personal records) on the course, and it wasn't a easy course....I'm pleased with them. They were happy with the way they did, I think that was very good.

Places for the top-ten women's teams were Emory University (35); Washington and Lee University (51); Centre College (84); Mary Washington College (117); Rhodes (157); Salisbury State College (176); CNU (203); Eastern Menonite College (217); Catholic University (227) and Roanoke College (247).

The Lady Captains were paced by junior. Nicole Horn (34th, 20:18) and junior Jannifer Zoby (35th, 20:20). Also finishing for the women were senior Karen Jenkins (53rd, 21:201); sophomore Chataime Melson (54th, 21:02); senior Jennifer Freeburn (56th, 21:06); freshman Tonni Wells (78th, 22:16) and senior Anna Bennett (89th, 23:25).

The last stop for the Captains this season was the NCAA Division III National

Bethlehem.Pa..on Saturday, Nov. 19. Going into the big meet, the team had a few goals they wanted to accomplish. One a these goals is to finish in the top-thirteen, in order to earn the South Region another opening in next year's nationals. According to Sobal, finishing in the top-thirteen would "be important for our development as a team, because it would open fthe national competition] up for two teams next year." Sobal concluded by saying he is looking forward to taking one of those slots again.

Gimme a C, gimme an N, gimme a U, ...



Judges Angela Warren (left) and Kathy Inman (right) watching the team from Larkspur Salem execute their routine.

Photo by Dito Morales

The spirited sound of cheers could be heard throughout the CNU campus on Sunday, Nov. 13, as the CNU Cheerleaders hosted the first Captains' Cheerleading Competition.

The competition was open to all cheerleaders throughout the Peninsula, ranging from age 6 to 18. Money raised went to benefit the CNU Cheerleaders.

Mary Beth Webb, the competition director, put together a fabulous show for the teams, while Joshua "Bear" Davis, the Master of Ceremonies, entertained the crowd.

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Coach's Corner



Name: Sharon Jenkins
Position: CNU Cheerleading
Coach

Real-life occupation: Owner of Cheer Virginia, Inc.

Birthday: February 27 Hometown: Orlando, Florida College Attended: Florida State University

Most memorable moment: "There have been many, but probably twirling my final game for FSU. I had graduated from a high school class of 50. Performing with such a well-known group before 50,000+ always was thrilling.

Most embarrassing moment: "Professionally, it could be not having guys on the squad this year at CNU? I'd really like to build a national championship squad here, and I need male cheerleaders to do it."

Where would you like to be in five years?: "Coaching a national championship cheerleading squad."

Who is your inspiration and why?: "The late Robert T. (Brownie) Braunage!, Director of the FSU Marching Chiefs and Director of the FSU Oncert Band, because he always felt that we should work hard, and play hard. He said this every day but in much stronger words." Favorite sports team: FSU Seminoles

Favorite sport: "Snow skiing almost every weekend in West Virginia."

Favorite food: "anything gourmet"

Favorite color: purple

Favorite book: "I read cookbooks constantly, like other people read novels." Advice to students on succeeding in their future: "Don't settle

for mediocrity. Try to be the very best you can be."

By Kristin Lane Sportswriter

The sun and thirteen schools were out at Hunts End Farm in Gloucester on Nov. 6 for the CNU/William & Mary Intercollegiate Horse Show. Hunts End Farm is the base of the CNU Equestrian Team, as well as the home of Coach Sue Isner. To add to the excitement of the day, the University of Richmond Equestrian Team was present to observe the show and be formally welcomed as the newest member of the Intercollegiate Horse Show Association's (ISHA) Zone IV, Region I.

The competition started with the Over Fences classes. In the intermediate division, sophomore Megan Clark placed second, and freshman Amy Wylly finished third. In the novice classes, freshman Lee Winslow took second place.

In the afternoon, the upper level On the Flat classes raced against the threat of rain and impending darkness. Clark took fourth in the intermediate division and Winslow finished sixth in the novice division, while freshman Ragan Thornton rode to a stunning first-place finish for the first time in her career.

In the lower level On the Flat classes, freshman Jennifer Rowe claimed first in the beginning walk/trot/canter division. With this win, Rowe qualified to be moved into the advanced division for future shows. In the walk/trot division, freshman Mindy Broderick took fourth place, while freshman Arlene Winslow placed fifth.

William & Mary beat High Point College, with 35 points. Reserve Champion was awarded to Randolph-Macon Women's College, who finished close behind with 33 points. The remaining results were as follows: Mary Washington College in third (30 points); University of Virginia in fourth (29 points); Goucher College in fifth (28 points); Lynchburg College in sixth (26 points); University of Maryland in seventh (23 points); Sweetbriar College in eighth (22 points); Towson State University in ninth (20 points); CNU and and the combined team of Georgetown University/George Washington University tied for 10th (18 points each) and Longwood College in 12th (14 points).

The CNU Equestrian team travelled to Towson, Md. on Nov. 13, for the Goucher College/Towson State University show.

Editor's note: Kristrin Lane, who is also the president of the Equestrian Team, finshed third in the Novice Over Fences

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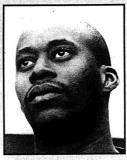




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In the Spotlight



Name: Terry Thomas Position: Center/Power Forward, Men's Basketball

D.O.B.: February 15, 1967 Hometown: Port St. Joe,

Florida Class: Junior Major: Business High school attended: Port St. Joe Jr.-Sr. HS, Florida Favorite pro sport: Basketball Favorite pro team: San

Antonio Spurs (NBA)
Favorite pro athlete: David
Robinson

Sports goal: "To play professional basketball in order to get money to start

Sports fantasy: "To play on the NBA All-Star Team."

Favorite food: "Anything edible"
Favorite movie: "The 5 Heartbeats"
Favorite book: "Shaq Attack"

Who is your inspiration and why? "My father, who is deceased. . He had very little formal education, but was able to build a very successful seafood restaurant."

Jim's Picks

Jim McHenry (23-15) went 5-8 last week. Congratulatulations to Caryl Harvath (6-7) for being this week's winner. Here are TCL Sports Editor Jim McHenry's picks for this week's games (Jim's picks in bold):

Chicago at Arizona: Buddy will not be a welcome sight for the Bear's fans. Philadelphia at Atlanta: Randall and Co. must win to stay in race. Green Bay at Dallas: Stomachs will not be the only thing upset on

Thanksgiving Day.
Buffalo at Detroit: What can I say? I like Barry!

L.A. Rams at San Diego: I'll play the odds, but you may want to pick against me if you want to win.

Tampa Bay at Minnesota: The only time I'll pick the Bucs is if there playing the 'Skins.

N.Y. Giants at Washington: This is the 'Skins. This is the 'Skins with a losing season. Any questions?!

Cincinnati at Denver: The Bengals can't get lucky all the time! Houston at Cleveland: I hate the Browns, but c'mon, there playing the

New England at Indianapolis: The Pats have been good to me for most of the season. Gotta stick with 'em.

Kansas City at Seattle: Mirer vs. Montana. This has the making for a classic aerial battle. UPSET OF THE WEEK!!

Pittsburgh at L.A. Raiders: I like watching Art get angry at Jeff!
Miami at N.Y. Jets: Why do the Jets always play the Dolphins tough in the
Meadowlands? If Marino isn't careful, he may be

laying next to Hoffa in the endzone!!

San Francisco at New Orleans: Do you really think that the Saints could have beaten Dallas?!

Have a Happy Turkey Day and we'll see you in two weeks!!

The Captain's Log and the Terrace present:

Beat the Editor

To play: Just circle your choices for which NFL teams you think will win this week. Then clip this coupon and drop it in the Tape-a-Quarter box located in the Campus Center lounge (by the game room). If you win more games than Sports Editor Jim McHenry, you will be entered in a random drawing for the week. The winner of this drawing will receive a coupon for one free lunch (consisting of a sandwich, order of fries and adrink*) at the Terrace. All entries due by Thursday at noon. All students, faculty and staff are welcome to participate. This week's games:

Green Bay at Dallas
Chicago at Arizona
L.A. Rams at San Diego
N.Y. Giants at Washington
Houston at Clevland
Kansas City at Seattle
Miami at N.Y. Jets

Buffalo at Detroit
Philadelphia at Atlanta
Tampa Bay at Minn.
Cincinnati at Denver
New England at Indianapolis
Pittsburgh at L.A. Raiders
SanFrancisco at New Orleans

Name: ___

Phone:

*excludes alcohol

and assistant Ken Groves.

U Talent in the Spotlight

Contributing Writer

For this year's talent show, Act One worked in conjunction with Mastercard A.C.T.S (American Collegiate Talent Search). Mastercard A.C.T.S. is a creation of Mastercard International Incorporated and the National Association for Campus Activities

Act One and Mastercard A.C.T.S. sponsored CNU's second Annual Talent Show Thursday, Nov. 10 in the John W. Gaines Theatre

Through this program Mastercard is recognizing bright and gifted college performers, and giving them an opportunity to expand upon their talent. Student's at national colleges and universities will participate in talent contests this year, competing for \$15,000 and a chance at stardom.

The winner of this year's talent show is Averell Carter. He secured first place with a hilarious and energetic comedy act that kept the audience laughing. His act included generic impressions that dealt with everyday occurrences and sports commentary on Jesus Christ as an athlete.

He was awarded a check for \$150 and will represent CNU at the semi-finals in Philadelphia, PA. While there, Carte will compete with representatives from 9 other campuses. If he wins, Carter will advance to the national finals, in California and a shot at the grand prize.

When asked how it felt to win, Carter smiled and replied "It feels pretty good, real good!"

Although he foresees no immediate plans concerning a career in comedy, Carter said that he wants to give it a shot." But for now, he is set on getting his degree.

Second place went to Christina Merritt who stunned the audience with a strong voice as she sang a patriotic rendition of "The Star Spangled

Annie Johnson, last year's second place winner, took thirdplace in this year's competition. Johnson sang a song she wrote titled "Sybil" and accompanied herself on the guitar.

The master of ceremonies was nationally recognized ventriloquist, Ken Groves. Groves entertained the audience between acts with his dummy, George. George, who was clad in gym clothes and red boxer gloves, stole the spotlight and managed to capture the audience's attention throughout the show. Groves has made three guest appearances on the "Arsenio Hall Show"

and appears at clubs across the country.

The judges for the talent show were Ms. Phyllis Ayers, Dr. Rita Hubbard, Ms.Shilpa Williams, Dr. Mark Reimer, Mrs. Marian Carrington and Dr. Richard Guthrie.







Greer at Chrysler Hall (above) and clockwise: 320 Sycamore; Mezzo-soprano Kitabijan Every; Inertia; Catherine Cho; Maestro Sixten Ehrling.



Greetings fellow music lovers! We at the BUZZ have an extra-special treat for you this week. We have shown no fear and have gone to see the VIRGINIA SYMPHONY at Chrysler Hall. Wow! What a great time! It was fabulous to sit up-close- and- personal as the SYMPHONY performed Ravel's "Sheherezade" and Tchaikovsky's "Symphony No. 5 in E minor." Now, I'm no classical music aficionado, but I cancertainly tell you that was some terrific stuff! One of the highlights of the evening occurred when guest violinist Catherine Cho passionately ripped into Sibelius' "Violin Concerto in D minor." Rarely played at the VIRGINIA



SYMPHONY, Sibelius, who was himself a violinist, "combined technically demanding and impressive writing for the instrument with novel and liberated scoring for the orchestra." When we spoke to Ms. Choafter the symphony regarding her thoughts about the piece, she referred to the third movement,

and asked, "Did you think of polar bears?"Well, I guess so. It was a little chilly in the hall. She also gave these words of advice, "Get out and enjoy [the music]". See, I'm not the only person who thinks you need to get grooving!

Leaving Chrysler Hall was a bit difficult with our noses in the air, but we continued our quest with some more, dare I say, plebian, entertainments.

Conducting ourselves over to Cogan's, we caught 320 SYCAMORE. This band has an old-school, progressive style with a sound similar to 10,000 Maniacs. However, when I mentioned this connection to a couple members of the band. They denounced the Maniacs and claimed never to have listened to them. I was thinking that perhaps they should, then maybe they wouldn't sound so much like them. Anyhow, they play all original songs written mostly by lead singer Shana Gilbert and guitarist Elliott Kehoe.

These little ditties have upbeat titles such as "Ether," "Bitter Change" and "Waiting for the Rain." Influenced by such bands as The

Smiths and other from groups Manchester England,320 SYCAMORE has only been together since March, yet they are already opening for Ocean the Blue at Boathouse Dec. 10. definitely recommend supporting the local music scene by catching this earnest little band whose message is "keep it simple.

Bulldozing over to The King's Head, we struggled to find

a parking spot. That seemed like a good omen for finding a righteous jam inside. Sure enough, INERTIA, who hail from Richmond, were tearing it up! This trio, composed of a five-string bass, a sax and a drum set, were setting the crowd on fire. After every song there was an excellent crowd response with a plethora of hooting and hollering. I could not believe the lungs on the saxophonist! He positively blew me

away on songs like "New One," "Horatio" andmy personal favorite, "Process...The BUZZ song." INERTIA was reminiscent of Morphine, who have the same combination of instruments. If you want to hear a band that will totally make you feel like you're at a really swinging party, you had best not miss these guys.

So there it is, Entertainment for you, laid out on a platter once again. So, swiping the words of the Godfather of Soul, "Get up off" of that thing!

VIRGINIA SYMPHONY Chrysler Hall, Norfolk 623-8590 COGAN'S 1901 Colonial Ave., Norfolk 627-6428

THE KING'S HEAD 4220 Hampton Bld. Norfolk 489-3224



Features November 21, 1994 9



Sci-Fi: From the 1920s to 2001

By Al Crane Arts Editor

The genre of Sci-Fi has been with us since the advent of film production with "A Trip To the Moon," Since that 1920s production, Sci-Fi has come a long way. Classic Sci-Fi took off in the 1950s and has not lost any of its momentum. With the technology we have today, virtually anything is possible and it all becomes real when we view it on the big screen. Your favorite video rental store holds a universe of titles. So, when it's time for this week's choice, beam yourself over to the Science-Fiction/Fantasy section of your favorite rental store, and enjoy the unfolding universe

Some of the best Sci-Fi was produced in the 1960s and 70s. It was seen on both film and television. One of my favorite Sci-Fi films from this period is "Planet of the Apes," with Charlton Heston and Roddy McDowell. The story is about four astronauts who go on a mission to deep space and they must go into suspended animation for the journey, . When they emerge from suspened animation, they find that their ship has crash landed on a planet. Here they find that apes rule and mankind is reduced to slavery. It sounds a bit simple, but it's put together well and produces one of the best Sci-Fi movies of the sixties. (The make-up for the apes won an academy award.)

"2001: A Space Odyssey," is a visually stunning movie and is one of the most talked about Scifi movies, even to this day. Stanley Kubrick's masterpiece involves man's first contact with an alien race through an object known as the Monolith, which appears at key stages in man's development. Including the prehistoric era, when apes find it, and the year 2001, when man discovers it on the moon. When it is found on the moon, it emits a signal to the planet Jupiter, and earth sends 5 astronauts on a spaceship to see what is there. This is a must see Sci-Fi film, one of the finest ever made.

Steven Spielberg's "Close Encounter's of the Third Kind," is probably the best Sci-Fi film

of the seventies. Starring Richard Dreyfuss and French film director François Truffaut, this story of a peaceful encounter is magnificent. The character portrayed by Dreyfuss has an encounter with a UFO, and has a vision planted in his mind. The story traces his journey for truth from a government that is trying to cover up a visitation by an alien race. The musical score by John Williams is brilliant and the cinematography as a whole is stunning. I consider these three films to be part of the definitive collection of Science-Fiction films today.

There are other Science-Fiction/Fantasy films available as well. The following list is not exhaustive, but rather just the tip of the iceberg, and what I consider to be the best in this category.

"Rollerball" James Caan, John Houseman and Sir Ralph Richardson.

"THX-1138" Robert Duvall and Donald Pleasance (George Lucas's first film.)

"The Andromeda Strain"
Arthur Hill and David Wayne.
"Colossus: The Forbin
Project" Eric Bracden and
William Schallert.

"Journey to the Far Side of the Sun" Roy Thinnes and Herbert Lom.

"The Time Machine" Rod Taylorand Yvette Mimieux. "Time Bandits" David Warner, Sean Connery and John Cleese. "West World" Richard Benjamin and Yul Brynner.

Benjamin and Yul Brynner. "Soylent Green" Charlton Heston and Edward G. Robinson.

"The Omega Man" Charlton Heston.

"The Last Man On Earth" Vincent Price. "Zardoz" Sean Connery and

Charlotte Rampling.
"Journey to the Center of the
Earth" James Mason and Pat

"Invasion of the Body Snatchers (1979)" Donald Sutherland, Leonard Nimoy and Brooke Adams.

"The Road Warrior" Mel Gibson and Bruce Spence. "Excalibur" Nicol Williamson and Nigel Terry.

Plenty of volunteer opportunities out there for students

By Alicia D, Stokes Features Editor

Consider volunteering in a unique setting during school break and learning about another culture from a non-tourist perspective. Several alternatives to the standard beach vacation are available during the Christmas holiday, January and spring break.

Opportunities for students to assist with domestic and international human development projects are detailed in a free brochure from Global Volunteers, a private non-profit organization working in Latin America, Europe, Southeast Asia, Jamaica, Tanzania and the southern U.S. All trips are one, two or three weeks in length.

Among the several opportunities one can work on a water system on the Pacific coast of Costa Rica Dec. 17-31, 1994; teach English at Tver University in Tver, Russia, Jan. 6-29, 1995; tutor children in the Blue Mountains of Jamaica Mar. 4-18, 1995; or help build homes or repair community buildings in the Mississippi Delta or Rio Grande Valley Mar. 4-12 and Mar. 25-Apr. 2, 1995. Trip fees range from \$300 for one week in the U.S. to about \$1,500 for three weeks for students in Russia, plus air fare.

Students are especially useful to these projects, says Global Volunteers President, Bud Philbrook, because of their flexibility, enthusiasm, and energy. "Past student volunteers have discovered that they can make a significant difference in the lives of the people we serve. Most projects can be completed in a short time and have long-term benefits to the community," Philbrook explained. "Ithink what surprises most students, however," he continued," is the extent to

which their own lives are changed by such an experience. Most people are exposed to economic poverty only through newspapers and network news. To witness it and have a hand in improving conditions provides an understanding that can't be achieved vicariously," Philbrook asserted.

Global Volunteers is a selfsupporting, non-profit organization established in 1984. Because it is not subsidized by any religious or government agency, volunteers pay their own way. All costs are tax-deductible, and discounts for students groups are available. The teams are led by a trained team leader who is familiar with the host community's language and culture.

For a free schedule and group information, please contact Michele Gran at Global Volunteers: 1-800-487-1074 (toll free).



Peace -N- The Streets

By Alicia D. Stokes Features Editor

Topromote "Peace-N-The Streets," the Minority Students Association of CNU (MSA), the department of athletics and Adinka Enterprises, Inc. will co-sponsor a basketball game on Dec. 3, in Ratcliffe Gymnasium. The game, with Black Entertainment Television (BET) vs. Hampton Roads Educators, will begin at 7 p.m..

MSA and Adinka Enterprises, Inc. recognize that crimes committed by youth are steadily increasing. Unlike previous times, these crimes are no longer considered family problems; these are now community problems. In an effort to spread the message of peace and harmony within all communities the "Peace-N-The Streets" program includes four main objectives. First, the co-sponsors of the program intend to provide a source of entertainment for all ages of the general public. Secondly, proceeds from the events will be donated back into the community. Thirdly, MSA and Adinka Enterprises, Inc. will also publicize "Peace-N-The Streets" sportswaer. By doing this the cosponsors will accomplish their fourth objective which is to draw national attention to other potential sponsors who are also involved in similar projects.

A slam dunk contest, door prizes and the sale of "Peace-N- The Streets" hats and T-shirts will also be part of the event. Tickets are \$5.00 in advance and \$6.00 at the door. For more information contact Dominique McLaughlin, Coordinator of "Peace-N-The Streets" at (804) 596-4117 or the Office of Minority Services at (804) 594-7335.



Saying goodbye - Dr. Tisa Mason reads a card sent to her from fellow faculty members at the farewell party thrown for her by student organizations Wednesday, Nov. 16

Ultrazone is here

By Zone Management Inc. and Alicia D. Stokes, Features Editor

10

Ultrazone, the ultimate laser adventure, will premiere in Virginia Beach Nov. 16 and 17 from 5:00 p.m. to 11:30 p.m.

Presented by Zone Management Inc., Ultrazone isplayed in an arena in which "time" collides. The goal of the game is to work with members of your team to deactivate members of the opposing teams and capture their bases, while protecting your own. Ultrazone promotes a smoke-free, alcoholfree and drug-free environment. Troy Peple, president of the Richmond-based company, decribed Ultrazone as having "the excitement and pace of a video game. In fact, it's like being inside your own video game but it includes the exercise, social interaction and teamwork no video game can provide. We want to take the video game experience to the next level, beyond virtual reality and into live-action reality."

Ultrazone is a family entertainment experience whose irrst franchised laser arena in the U.S. opened in April in Richmond, Virginia. The game allows people of all ages to compete at the same time on the same team or against each other.

A fun laser adventure for all participants, Ultrazone is designed to accomodate individuals instead of groups and the arena is handicappedaccessible. A scoring system measures success by the number of points players and their teams accumulate. This allows teams and players to measure their improvement each time they play.

To get more information or schedule your opportunity to play Ultrazone, contact Jon Newman, (804) 344-3872 or Jill Hammer, (804) 344-3877.

When parents foot the bill, students spend more

By Marco Buscaglia College Press Service

Students who count on Mom and Dad to foot the bill for school spend a lot more money in college than students who are paying their own way, says a new study by the U.S. Census Bureau.

According to the report, "Dollars for Scholars: Postsecondary Costs and Financing," independent students spend an average of \$1,923 per year, compared to the \$4,387 spent by students who depend upon their parents for money.

Additionally, dependent students are more likely to attend college full-time at more expensive universities, while independent students struggle to fit their classes in between work schedules at local and state schools.

Both independent and dependent

students rely on the government for financial help, as more than half of today's students use financial aid, the study said. The average monetary amount of aid for each student was \$2,919.

More than 3 million students took out loans during the 1993 academic year to help pay for their education. The loans averaged \$3,155 per student.

But many of those students receiving loans and financial aid also were forced to take part-time jobs to fund their education.

"For many students, finding a way to finance postsecondary education may be as much of a challenge as the academic training they will have to master," said Rebecca Sutterlin, one of the report's authors.

That's not exactly news to many college students. "Any time you have to work to put yourself

through school, it's going to cut into your classes," said Lester Birden, a sophomore at Wayne State University in Detroit. "I havetocompletely adjust my class schedule to my work schedule. Most people can do it the other way around."

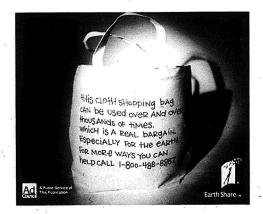
Birden, who delivers pizzas and works as a telemarketer, admits that he sometimes misses class because he's too tired from work. "But it's something I have to deal with," he said, adding that his student loans don't cover all of his costs. "I have to make a choice between missing some notes or losing money. I'm not in the position, where I can lose my job."

While Birden said he sometimes gets bitter over students who have their education paid for by their parents, he thinks he is already learning valuable lessons both in andout of the classroom. "Ialways hear people say that they deliver pizza for beer money," said Birden. "That's fine, but I do it to pay for my classes and my rent. People talk about the 'real world' when you get out of school, but I feel like I'm already in it."

Birden also understands that since he's paying for classes, bright as well get the most from them. "I don't want to get a D in a class I spend a few hundred bucks for," he said. "I want to get the most for my money."

According to the census report, the average student makes \$979 a year from employment. Birden said he makes that in a month.
But despite the 30-40 hours of

work he puts in a week, he claims that his classes really don't suffer. "I'vereally learned how to manage my daysmore effectively," he said. "I just don't spend a lot of time sitting around."







PERSON TO PERSON

To all of the New Sisters in Phi Mu. And to all of the sisters. We love you all, very much. Also to my big sis Shannon, thanks for everything. Love, Kathie. OM

AΦ - To Serena - Thanks for making me laugh when I needed one. And for being the best friend I will ever have! You give me hope that these just "might" be the best 4 years of my life! We're gonna make it! Love ya, Kim.

ACT ONE: Thanks 4 help with show. Rebecca: Thanks 4 being you, love the hugs! Diane: You're all good! Scotty & Vickie: Biggie frosty! Mandy: Connect the dots. Kristina: feeling good, looking good. Leah: Congratulations! Rahman: Servix! Juano: The grind. Martha: Always looking good. Carrie: Break another nail? Tom: Top Gun - Moose. Marc: Go to Longwood! My B-day! Pat B (Dugish, Rugish Bone).

ANNOUNCEMENTS

 $\Gamma \Phi B$ This is a personal invitation to join Sigma Pi for the biggest party of the year. Sigma Pi 2 Day Jam. Dec 2-3. Need we say

Don't Miss the CNU Karate Club Workout. Open to anyone interested in learning selfdefense. Monday & Wednesday 6 p.m. Small Gym. Friday 5 p.m.(See instructor for location)

A

Its coming and we want you to come too. Sigma Pi 2 Day Jam. Dec. 2-3. "Its going to be hard damn work."

"Maranda's Warning" is playing Friday November 25th at Fins in Va. Beach Located on Atlantic and 14th. Must be 21.

ΦM - Don't forget about the Sigma Pi 2 Day Jam Dec 2-3. 96X, U-Grille, and Sigma Pi what more do you want.

Mother of three will watch your children full-time or drop in. Close to campus. Call 591-9576.

"Blunt" is playing Saturday November 26 at Fin's in VA. Beach. Located on Atlantic and 14th. Must be 21.

Dear AMA MEMBER. Come see us at our next meeting: Weds. at 2 p.m. in CC 214. Or visit us at the office, CC 231, MWF at noon or Tuesday at 1 p.m. See Ya. VP of Communications.

First Overton, then Beyhymer, now Mason. Where will the slaughter end. Who will be able to stop the madness. Not Dr. Santoro.

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- 2 Add more high-fiber fonds
- 3 Choose foods with Vitamin A
- 4 Do the same for Vitamin C.
- 5 Add weight control.
- 6 Trim fat from your diet.
- 7 Subtract salt-cured, smoked, nitrite-cured foods.
- 8 Stop cigarette smoking.
- 9 Go easy on alcohol.
- 10 Respect the sun's rays.



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STUDENTS

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All ads are run in one issue only. For multiple runs call MR. CLASSIFIED (694-7196) for

further information

Tape-A-Quarter Classifieds must be submitted on an official Tape-A-Quarter co Coupons can be obtained in each issue of The Captain's Log Ads submitted on anything other than official coupon WILL NOT be published.

•Included on the coupon must be your name, phone number and the date that ad was submitted. Failure to include such information will result in ad not being run.

Tape A Quarters must be left in our convenient drop-box located on the first floor of the Campus Center next to the Game Room or by mailing to: The Captain's Log, Tape A-Quarter Classified Department, 50 Shoe Lane, Newport News, Virginia 23606. DO NOT

Quarter Classified Department, ob Snoe Lane, Newport News, virginia 25005. DO NOI bring Tape. A-Quarter ads to our office.

* Tape-A-Quarter ads are published on a space available basis. Those ads which are not published because of space constraints will be published in the next issue.

* The Captain's Log is not responsible for lost, misdirected or late Tape-A-Quarter ads.

DEADLINE for all Tape-A-Quarter Classifieds is NOON on Tuesday the week preceeding publication. Publication dates are available upon request.

OFFICIAL TAPE-A-QUARTER SUBMISSION FORM

Ads which are not submitted on this form will not be published NAME (required)

PHONE NUMBER (required)

TODAY'S DATE: __/__/_ Check one: ☐ Student ☐ Faculty ☐ Staff ☐ Member of Alumni Society

Print Message below. Please DO NOT exceed six lines.

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