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THE CAPTAIN'S LOG

THE OFFICIAL STUDENT NEWSPAPER OF CHRISTOPHER NEWPORT UNIVERSITY

Home-coming Events Calendar

- Feb. 11—**
Vertical Horizon and Sister Hazel in The Freeman Center. Doors open at 6 p.m. Concert begins at 7 p.m.
- Feb. 12—**
Club and Organization Day
- Feb. 13—**
'60s Day
- Feb. 14—**
'70s Day;
Ice Cream Social
12-3 p.m. in the Student Center Breezeway.
- Feb. 15—**
'80s Day;
Bonfire 7:30-10 p.m. on the east side of Harbor Lights. Prizes to the best '80s outfit (male & female), music, food, and fun.
- Feb. 16—**
CNU Spirit Day
Games:
Women's Basketball vs. Greensboro College, 5:30 p.m.
Men's Basketball vs. Greensboro College, 7:30 p.m.
- Feb. 17—**
Games:
Men's Basketball vs. Methodist College, 2 p.m.
Women's Basketball vs. Methodist College, 4 p.m.
Formal: 9 p.m. - Midnight.
"Sailing into the Future" is a black tie event being held in the Huntington Room at the Mariners' Museum. Tickets are available at the Office of Student Life for \$5.
- Feb. 18—**
Class of 2001
Brunch: 12 p.m. at the President's Residence, by invitation only.

Sister Hazel, Vertical Horizon headline February Homecoming festivities

Big bands highlight week of big games

By Nicholas A. Thomas
Managing Editor

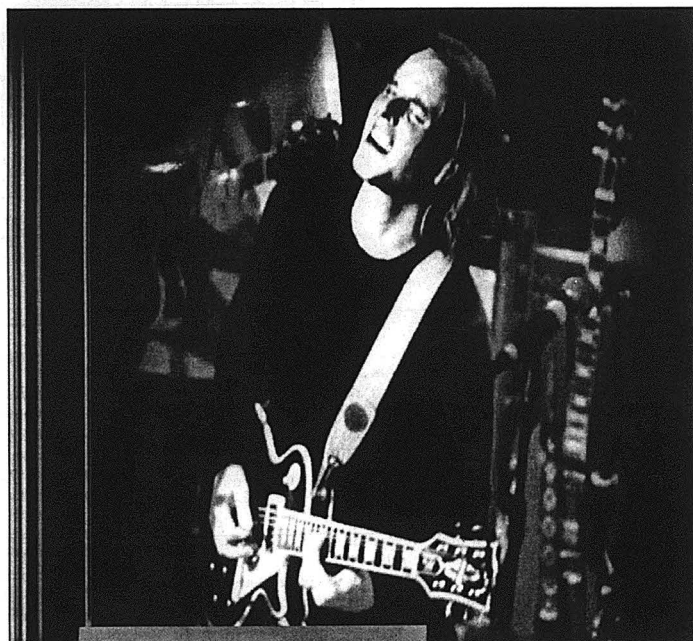
If you prefer not listening to entertaining music, stop reading. I must warn you: CNU has announced that they will be hosting both Vertical Horizon and Sister Hazel on Feb. 18, kicking off Homecoming Week. Both bands will provide more entertainment than you could ever bear. Prepare yourself for what could be one of the biggest events in CNU history.

Vice-President of Student Relations Jamilia Benthall, has provided CNU and surrounding areas with a concert to be in the newly-opened Freeman Center at 7 p.m., showcasing two successful and progressing bands.

The more popular of the two bands (as far as radio play goes), Vertical Horizon, has already had two ground-breaking singles in the alternative music genre: "Everything You Want" and "You're a God." Both songs can be heard throughout the nation, continuing to catapult the band's success into different stratospheres. The Washington D.C. band debuted in 1992 with their first album, "There and Back Again." Buzz soon followed and many of the Maryland/D.C. areas were hooked, forming a following that eventually led the then-duo to tour with and open for the likes of The Dave Matthews Band, The Allman Brothers, and Shawn Colvin.

As their band grew, so did their following. With the help of percussionist Carter Beauford from The Dave Matthews Band, Vertical Horizon was on their way to record a second album, an album that cemented their career in the music business. From this compilation, which debuted in 1999 under RCA Records, came their first hit, "Everything you Want." With only two albums behind them, this fresh new alternative band continues to influence and surprise many musical ears, as you will see during Homecoming.

Head-to-head with Vertical Horizon is the alternative group Sister Hazel, a band that burst into the popular music scene in 1997 with their second album "Somewhere More Familiar." Selling over 10,000 copies in less than



three months, the band had a rush of success, primarily due to their catchy single "All For You." Coming back after a four year hiatus, Sister Hazel regenerates their ear-pleasing music with "Fortress," an album that encapsulates fame and its less publicized darker side.

Sister Hazel continues to enjoy their success as they promote their latest album here at CNU. It is a proud fact that students are treated to musical favorites of all genres here at CNU. Last year CNU had the opportunity of hosting Grammy-winning jazz vocalist Dianna Krall and Spyro Gyro among others at the Ella



Tickets can be purchased for \$15 at the Gaines Theatre box office or through any Ticketmaster outlet for \$19.50.

Fitzgerald Music Festival.

Staff and students are now being treated to their first musical guests of the year: Sister Hazel and Vertical Horizon.

Tickets to this musical festivity can be bought at the SGA office in the Student Center, as well as at any Ticket Master outlet or by calling (757) 518-5500.

For more information regarding both bands, contact



Jamilia Benthall at 594-7197, or visit the bands online at www.sisterhazel.com and www.verticalhorizon.com. Unplug your ears and get ready to hear what CNU has in store for this year's Homecoming!

CNU community suffers sudden loss of student

Sherelle Kawana Hill remembered

By Jesi Owens
Staff Writer

CNU suffered a loss on Jan. 13 with the death of Sherelle Kawana Hill. Hill, 19, was a sophomore at Christopher Newport and had been a member of the track team for the past three semesters. She passed away at the Medical College of Virginia, due to complications from Toxic Shock Syndrome.

"She did a lot of different things for us," commented track coach Vince Brown. "It's really hard to find words to express how sad we feel about this—especially someone so young. We all feel it was a privilege to know Sherelle for the past year and a half."

Hill came to Christopher Newport in 1999 from Monacan High School in Richmond, and was majoring in pre-business.

During her year and a half on the team, she participated in shot put, discus, weight throw, and javelin. "She was a wonderful young lady, a tremendous talent and a dedicated athlete. All her coaches and teammates admired and respected her greatly and will miss her terribly," said Brown.

Talia Richardson, a friend of Hill's since their days of running track for rival high schools, and current CNU teammate, explained how shocking this illness was to everyone.

"I don't know if it will ever get 'easier' or if we will ever 'feel better' about losing her," wrote Richardson in a statement about Hill for *The Captain's Log*. "But I know that those of us who knew her will NEVER forget her. Sherelle was the type of person who smiled all the time. Even in her times of trial, she always found a way to brighten someone else's day. Those who knew her will agree with me when I say: Sherelle Hill brightened up our lives and she will forever warm our hearts."

Hill's suffered complications from Toxic Shock Syndrome, a sudden, potentially fatal condition brought on by the release of toxins from an overgrowth of a bacterium commonly found in many women. Although TSS can also afflict men and children, young women are at an

increased risk due to tampon usage.

According to OnHealth.com, more than a third of toxic shock cases involve women 19 years of age or younger, and up to 30 percent of those women affected will experience recurrences.

That means if you have ever experienced toxic shock, be especially alert.

Richardson went on to write, "She found room in her heart to love not only her family but also the family that she found at CNU as well as those at VT. We were all very lucky to know her. She was our gift from God. He didn't take her back from us, He's just holding her for safekeeping. I think everyone is blessed with special people in their lives: People put there maybe just to make them laugh or help them through tough times and decisions. That was Sherelle. She was our special person. She was our angel."



Sophomore Sherelle Kawana Hill, 19, is lovingly remembered by family, friends, teammates and coaches.

Brown, Richardson, and the rest of the track team and coaching staff attended Hill's funeral on Jan. 20, at the Mount Olivet Baptist Church in Montpelier, VA.

TSS is a very rare illness, and there are many misconceptions about it. It is not caused by using tampons, and doctors are not sure what the link between tampons and TSS is, they only know there is a risk factor involved. People who die from TSS are killed by the body's acute response to toxins released by *Staphylococcus aureus* bacteria (which typically live harmlessly on the skin, in the nose, armpits, groin or vagina in one of every three people). Victims suffer what is known as hypotensive shock, in which the heart and lungs

are overburdened to the point that they stop working. The Toxic Shock Information Service website stated, "TSS is extremely rare and most doctors will never even see a case. There are probably around 40 cases of TSS per year in the UK [population: 60 million]. In extreme cases it may prove fatal and sadly out of the small number of people who fall ill each year, 2-3 die from TSS."

"She was our gift from God. He didn't take her back from us, He's just holding her for safekeeping. I think everyone is blessed with special people in their lives: People put there maybe just to make them laugh or help them through tough times and decisions. That was Sherelle. She was our special person. She was our angel."

*-Talia Richardson, Sophomore
Friend and teammate*

SGA Corner

New blood has been the focus of the past two SGA Senate meetings this semester. While the Senate is not technically in session, the Executive Board and Senators are working toward having more commuter students participate in the student government. President Jonathan Janis is looking toward Ferguson and Gosnold Halls as places to recruit new members.

"McMurrin should be too small for us," explained Janis during Wednesday's meeting. "We should have to build bleachers on the great lawn."

Janis urged all present Senators to help with recruiting efforts. Those who wish to SGA Senators should turn in applications by Jan. 31 to the SGA office or at the Senate meeting.

The upcoming homecoming festivities were also hot topics of conversation. Janis announced that the CNU Educational Foundation is co-sponsoring the events.

Ticket sales for Vertical Horizon and Sister Hazel are going well. Students interested in purchasing tickets for the Feb. 11 show can do so in the Gaines Theatre box office for \$15, while supplies last, or from any Ticketmaster location for \$19.50.

The dance, which will be held Feb. 17 in the Huntington Room at the Mariners' Museum, was declared a formal. But Janis stressed that no student would be turned away. "We encourage all CNU students, regardless of attire, to attend," he said. Tickets can be purchased in the Office of Student Life for \$5.

Fund raising efforts for the Sherelle Hill memorial brick in The Freeman Center are moving along. Vice-president of student services, Mike Koontz, said \$120 was already raised toward the \$250 brick fund, from many different organizations. Any clubs or individuals interested in donating are encouraged to speak with Koontz.

Dr. Anita Tieman is looking for students to attend a seminar at Virginia Wesleyan College on Feb. 8. Cindy McQue is speaking about the loss of her child to alcohol poisoning. Contact Dr. Tieman for further information.

Future SGA business will focus on the Constitutional review, in which Senators will be discussing many different changes. Some of the changes could be lowering the GPA requirement for Senators from 2.5 to 2.0 and raising the GPA requirement for Presidents from maintaining a 2.75 during their term in office to maintaining a 3.0.

—Ramona Hernandez, Staff Writer

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Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication. Corrections/Clarifications to *The Captain's Log* will be published in the issue following the error.

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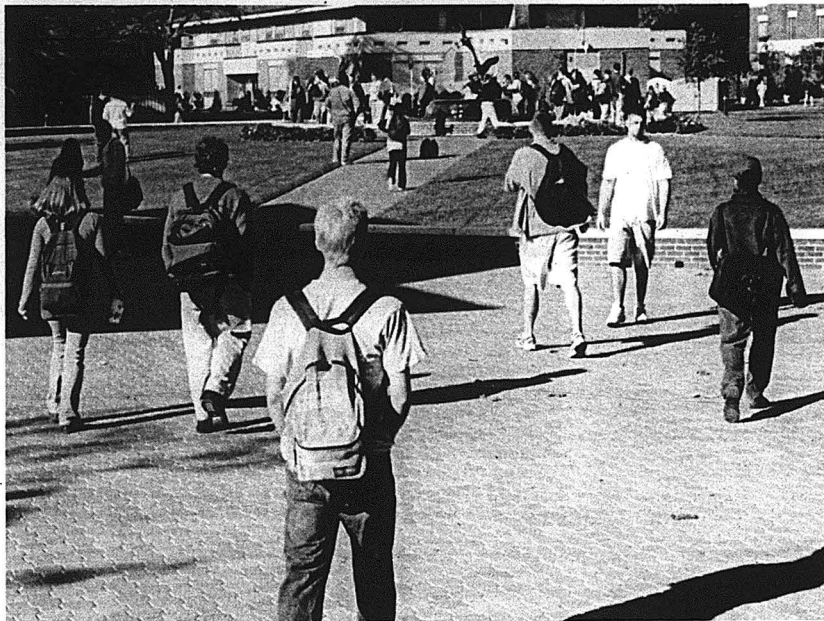
Steve Flemming Jr.

Faculty Advisor/Dr. Terry Lee

THE CAPTAIN'S LOG

Campus Life

On campus growth



Along with the addition of James River Hall, Christopher Newport University is undergoing a period of major change from a commuter oriented school to a residential student community. Many students hanging around the fountain in Saunders Plaza has become a common sight during the daytime hours.

Photo by Thomas Stormer/ *The Captain's Log*

Student body changes remain constant

Population and standards for incoming freshmen increase

By Tami Conner
Staff Writer

Through the years, CNU has grown consistently. In 1961, one year after its establishment, Christopher Newport College enrolled 171 students. In 1996, CNU received nearly 1,200 applications from high school students.

President Paul Trible recently sent an e-mail to the campus community reporting the number of applications. "We have received 2,706 applications—a 52 percent increase over the same day last year," he said. "We now have more applications than we received the entire year [of] 1999."

"When I came to CNU five years ago, the freshman class numbered about five hundred students," said President Trible. "This year's class had one thousand students." He predicted that the freshman class will grow to approximately 1,700 students over the next 10 years.

There are several reasons why CNU is attracting more students than ever. Associate Vice President of Human Resources, Doug Gallae, said "One of the major reasons that's happening is because putting students first is not just a value, it's a practice."

CNU conducts programs with school counselors to promote the classes the university offers. "Many guidance counselors in the state have become very excited about CNU," said Director of Admissions, Patty Caverder.

Many campus additions are also draw-

ing new students to CNU. The highly anticipated third residence hall will allow the University to accept and house more students.

"The tendency is to live on campus, [or] at least away from home," said Professor Kathryn McCubbin. "The average age when I started here in 1983 was probably close to 30 years old. The typical student was a transfer, with a full-time job and a family."

There are also two new parking decks in the works that will accommodate the increase in students. One of the parking decks may be built beside the Center for Fine and Performing Arts. The other will possibly be located beside the University Place entrance to campus.

CNU is known for its small classrooms and one-on-one teaching. How will CNU retain this feature if more students are enrolled each year? Trible explained that only 10 new faculty members are added each year. He said, "The genius of this place is great teaching and small classes and lots of personal attention and real engagement between our students and our faculty."

Faculty members are doing their best to accommodate the increase.

Dr. Martin Bartelt, Chair of the Math department, said, "We've tried to increase the number of statistics courses we offer because that seems to be what most students are taking. Class sizes did get a little bit larger."

However, the impact is not too severe. "It's only been five to seven additional stu-

dents per class. We have added a section or two this semester and we'll have to add more next semester," he said.

But Dr. Scott Pollard, Chair of the English Department, has some concerns. "We had a problem this year. We had been told to expect 900 freshman. Over 1000 came," he said. "I had to spend a lot of time over the summer creating new classes."

The way to retain small classes is to find a balance between the number of faculty and students. "As long as the hiring of full-time faculty members keeps pace with the increase in freshmen then I'm fine with the increase," Pollard said. "But if it doesn't, the chairman of the English department over the next ten years will spend the end of the summer hiring adjuncts."

Bartelt also expressed his desire to have more faculty members. "I think it's likely that we'll need a faculty member at some point also or otherwise we'll end up with more adjuncts," he said.

But how will this affect upperclassmen? "We are already in the position of being pulled between satisfying our freshman audience and our upper level audience," said Pollard. "What I hope [won't] happen in the future is one group's needs being pitted against the other group's needs," he said.

Professor McCubbin also expressed her feelings on the need for small classes. "I support the President in regards to his desire to keep classes small," she said.

"It's almost impossible to remember students' names in a class over 25."

CNU graduation rate second lowest in state

Current figure expected to improve

By Terri Fleetwood
Staff Writer

Graduating from college in four years is slowly becoming a thing of the past. So much so that most agencies use graduation from college in six years as the ideal measurement for academic success.

According to data published in a recent article in *The Virginian-Pilot*, CNU has had trouble meeting this goal.

Figures, graduation rates from fifteen of Virginia's four-year colleges and universities, compiled by the State Council of Higher Education showed that only 28 percent of freshmen entering CNU in 1993 received degrees by 1999.

CNU's rate was a decrease from the graduation rate of 33 percent for 1992 freshmen and an increase from 30.5 percent for 1983 freshmen. Only Norfolk State University fared worse at about 20 percent.

"I think it's important to note the graduation rates are four or five years ago," said SGA President Jonathan Janis. "...1992, '93, '94 had the least competitive classes."

In the early 1990s, CNU accepted 90 percent of all freshmen applicants with a mean high school GPA of 2.6. Less than 20 percent attained a 1000 on the SAT.

Provost Robert Doane also dismissed any suggestion that CNU is a haven for professional students. He told *The Virginian-Pilot*, "I don't think that reflects what students at CNU are like today. What we're doing now is accepting much more qualified students."

CNU has raised its admission standards, requiring freshmen to have at least a 3.0 GPA and a 1000 SAT score. Janis said next fall over a thousand entering freshmen will have scored at least a 1100 on the SAT. "Within four or five years it'll [CNU] have the best rates in Virginia," he said.

The College of William and Mary and the University of Virginia had the highest graduation rates at 91 percent and 88 percent, respectively.

Longwood College in Farmville had the largest increase from 44.6 percent for 1983 freshmen to 60.6 percent for 1993 freshmen. Improvements in freshmen orientation, peer tutors and workshops through their Academic Support Program have been credited for the increase.

Janis said CNU has expanded freshmen orientation from one day to a weeklong event. Students attend study sessions, learn about the Honor Code and meet with advisors. They are also required to meet with their advisors before registering for the next term.

With more challenging courses being offered, and more highly qualified students enrolling, CNU's graduation rate will likely see an increase over the next several years.

This is my brother Omar.

He had a hole in his tummy.

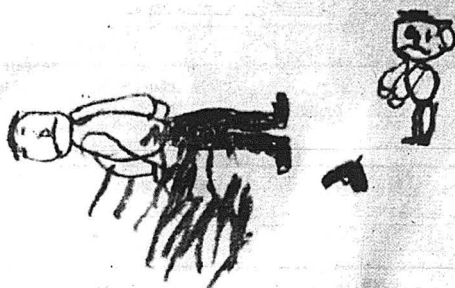
A bullet hit him.

I saw red grass.

A gun was in the garage.

I didn't mean to shoot daddy's gun.

I didn't mean to shoot daddy's gun.



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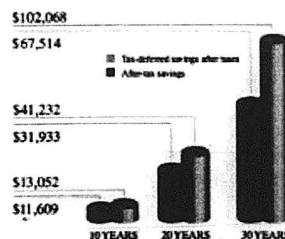
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ARTS & ENTERTAINMENT

"Lovers Rock" brings Sade into the new millenium

Latest album dashes rumors questioning if Sade had retired with a mix of jazz, soul and trip-hop

By Steve Flemming
Staff Writer

Sade's return has been eagerly anticipated. The nine-year gap between her last studio album, "Love Deluxe" and her latest effort, "Lovers Rock" left most wondering if the Nigerian-born songstress had retired permanently. "Lovers Rock" affirms that Sade is not going anywhere anytime soon, as she reclaims her place as the most charismatic female vocalist in pop/R&B.

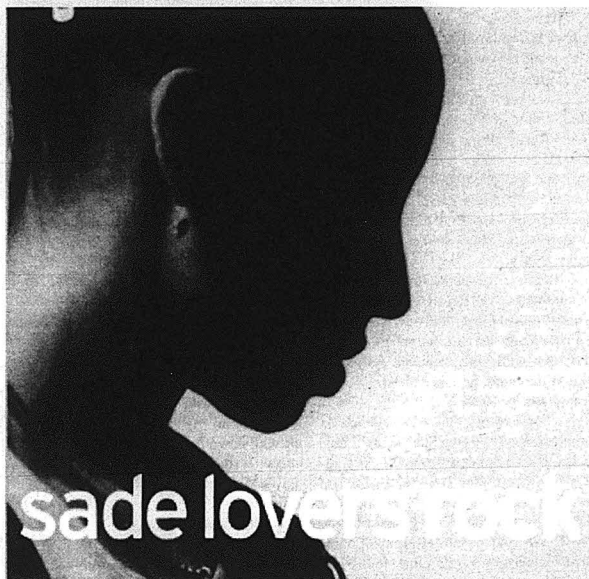
When Sade (which is actually the band name, though most do not know it) debuted in 1984 with the album "Diamond Life" and the single "Your Love is King," listeners had never experienced such an event. Her look was sophisticated, her demeanor aloof, and her vocals ice cold.

The mixture was an effective one - not only did "Life" go multi-platinum, but Sade earned the Best New Artist Grammy Award for 1985. A strong run of hit singles would follow, including "Smooth Operator," "The Sweetest Taboo" and "Paradise." By the start of the 1990s, Sade was firmly embedded in the consciousness of both pop and R&B audiences. "Lovers Rock" brings the singer into the millennium on a strong note. Though not as daring musically as 1985's "Promise" or 1988's "Stronger Than Pride," "Rock" finds the singer mixing jazz, soul, and trip-hop into a portrait that makes the most of her smoky vocal style.

Making her comeback easier is the fact that her sound really has not changed. Her band, known independently as Sweetback, was busy working as producers throughout the 1990s, and even recorded a critically acclaimed album of their own. Luminaries such as Maxwell and Amil Larriex have reaped the rewards of the band's musical expertise, and kept the revolutionary sound in the forefront.

Sade's sophisticated sound takes flight with "By Your Side," the first single and video from the album. Perhaps a little too relaxed, the song finds Sade's clear soprano in more of a Toni Braxton mode than her own. Nonetheless, the jazzy arrangement gives the ideal background for her vocal. "Flow" and "Somebody Already Broke My Heart" give off a nice trip-hop vibe, Massive Attack style. The fusion of the acoustics, added bass and poignant vocals make for a deeper groove that harkens back to her earlier works. "Slave Song" brings out the Nigerian influences in the singer.

A worldly, percussion heavy masterpiece, "Slave Song" does a beautiful job of conjuring imagery in the brain - anything from the shores of Africa to mistreatment of slaves on a ship. The lyrics never really state the song is about slavery in the traditional sense, thus leaving you to wonder if perhaps the song's subjects are slaves to themselves rather than others.



The thought-provoking lyrical fare does not stop there. On "Immigrant," Sade sings of the trials of a man who becomes aware of his "blackness" through some negative experiences. Coming to a new place, the man finds that things are quite different. As she sings "He didn't know what it was to be black/'til they gave him his change/but didn't want to touch his hand..

To even the toughest among us that would be too much" the man's pain is almost tangible.

Sade's audience has welcomed her back with open arms. "Rock" is already a platinum seller, and steadily gaining steam. Once again, Sade's grace and style prevail, making for one of the best and most consistent comeback releases in recent years.

Artists recognized for work in Winter 2001 Art Student Jury Exhibition



Photo by Michael Cooper/ The Captain's Log

The following artists placed in the juried art exhibition which is on display in the Falk Art Gallery until Feb. 02, 2001 in Gosnold Hall.

First-place: *Darlingtonn* by Dorcas

Duncan Kenne, watercolor.

Second-place: *The Journey* by Leann Sasamoto, sculpture.

Honorable Mention: *Moonlit* by Jenny Linn, oil painting.

Microwave Recipe: Stuffed Peppers

Ingredients:

5 medium size green peppers
1/2 cup of rice
1 pound of ground beef
1 pound of ground sausage
1 cup of V-8 juice
1/2 tsp. Pepper
2 tbs. Onion powder
2 tbs. Garlic powder
3 tbs. Chili powder

Microwave the rice for 25 minutes or until soft. Remove the water from the rice and put aside. Combine the ground beef and ground sausage (You can use 2 pounds of

ground sausage or ground beef instead of 1/2), and microwave for 15 minutes in a covered container or until cooked, stir occasional. Add the rice, V8 juice, pepper, onion powder, garlic powder, and chili powder to the ground beef and sausage. Mix well. Clean the bell peppers out (as if you were cleaning a pumpkin for a jack-o-lantern). Stuff the peppers with the meat mixture. Microwave for 30 minutes or until shell is at desired softness. Top with sour cream if desired or Italian tomato sauce.

Cost- around \$12 for 5 stuffed peppers

Recipe by Virginia Miller. Miller is a staff writer for The Captain's Log

Rockband, Racehorse or Adult Film?

To play you have to identify whether the following titles are the name of a Rockband, a Racehorse, or an Adult Film. Simply write Rockband, Racehorse or Adult Film next to the names you believe the appropriate categories belong to. Then simply add your name and phone number to this form and, cut out this section and drop it in the "Tape-a-Quarter" Box located on the first floor of the Student Center. If you get more than half correct you will be entered into a random drawing for the week to have dinner on campus with *The Captain's Log* photographer, Tom Stormer.

Belle of the ball _____	Bold ego _____
Absolute wood _____	Too fast for love _____
Sacred groove _____	Endurance by right _____
Honor the hero _____	Baby Cakes _____
Amber pays the rent _____	Jack be nimble _____
Native dancer _____	Raggedy Ann _____
Absolutely boxspring _____	Cure for the blues _____
Jabba the horse _____	Woodchopper _____
75 nurse orgy _____	Bong _____
All that glitters _____	And I do windows too _____
A matter of faith _____	The black glove _____
Kiwi lip balm _____	Classic go go _____
Name and Number _____	

"Snatch" a seat for one of this season's best flicks

Allen Brooks
Contributing Writer

Remember "Meet Joe Black"? Remember how pretty Brad Pitt looked when he made his move on Claire Forlani?

Forget it.

I walked into Guy Ritchie's (that's right, Madonna's husband's) new movie "Snatch" after seeing only a few previews for it. They revealed two things about the film: one, I'd see a really expensive diamond being hunted by everyone and the other, Brad Pitt playing a role he was meant to play - an incoherent, Irish-English gypsy.

Ritchie put together one of the best ensemble casts I've seen all season. Granted, it's not "Vertical Limit," but hey, we all have dreams. When Ritchie wants to write a movie that ends with someone getting an 84 carat diamond, he takes the most complicated way possible.

When Turkish, an unlicensed boxing promoter played by Jason Statham of "Lock, Stock and Two Smoking Barrels," gets involved with crooked bookie, Brick Top played by Alan Ford of "An American Werewolf in London," One Punch Mickey O'Neill (Pitt) and his motley group of Irish-British Gypsies, things go a little foul. Soon enough, Frankie Four Fingers (Benicio Del-Toro, "Traffic") enters the scene, and the diamond and the other half of the cast follows.

Once the film started rolling, I was captivated. Right after the intense opening sequence, the most exhilarating, epileptic opening credits hit my senses like a Mack truck hits a taco, and I was hooked.

There are no supporting characters in "Snatch," but Vinnie Jones ("Gone in 60 Seconds") wins for his portrayal of Bullet

Tooth Tony, one of the most demented hit-men in any flick I've seen. His performance was funny and entertaining, and his methods of carrying out his assignments might have made me cringe. But darn it, when he pulls out a gun bigger than my arm, I couldn't help but laugh. Other impressive performances include Dennis Farina, Rade Serbedzija, Robbie Gee, Linnie James, Ade, and Mike Reid.

Am I telling you to go see it? Yes. Am I telling you to spend eight bucks on it, or any other movie? No. But if you go to the movies, go to the AMC 24 - they offer \$5 student rates.

This wasn't "Traffic." It's not an expose on "Real Life." It's just a funny movie that will make you and your friends ask, "Why was he driving down the street with that guy's head in his window?"

In-Theater Favorites: "Snatch," "Traffic," "Finding Forrester."

Predictions for Upcoming Favorites: "Hannibal" and "Saving Silverman." The rest of the new releases make the upcoming season look pretty grim.



Performers for "Ella" festival announced

President Paul Tribble announced the names of the artists who will be performing at the fourth annual Ella Fitzgerald Music Festival on Jan. 19.

"We're very pleased to bring some of the biggest names in jazz to the community and the campus of Christopher Newport University," said Tribble. "This year the festival will feature David Sanborn, Dee Dee Bridgewater, and Joshua Redman, Jae Sinnett and the CNU Jazz Ensemble."

The festival opens with the Jae Sinnett Trio and the CNU Jazz Ensemble on Wednesday, May 2. Thursday, May 3, Joshua Redman takes the stage. Recent Grammy nominee Dee Dee Bridgewater will perform Friday, May 4. The festival closes with veteran saxophonist David Sanborn on Saturday, May 5.

"It is only fitting," said President Tribble, "that we showcase our own incredible group of young musicians as we begin what promises to be the most exciting Ella Fitzgerald Music Festival we've ever held."

DVD-Audio joins hot, new technologies for playing music

By John Hanan
TMS Campus

Just when music fans thought it was safe to lean back and listen to their collections, here comes the music industry to mess with the mix.

Choices are multiplying again - but not between hip-hop and jazz, Waylon and Willie, Beatles and Stones.

The newest next-generation format in home audio has arrived, and it's called DVD-Audio. Although the disc looks like an ordinary CD, in the bold words of one manufacturer, it represents "the most important development in sound quality since the introduction of the CD."

Warner Music and other music software makers rolled out the first DVD-Audio discs in November. A few months before, the first mass-marketed DVD-Audio players began competing for the hearts and minds of sound fanatics when Panasonic and Technics introduced their trailblazing products.

If DVD-Audio catches on, prepare to add it to the alphabet soup of ways to hear music: CD, MP3, DAT, SACD, MD, LP and cassette. Prepare also for more confusion at music and electronics stores, maybe even a format war. Battles over new audio formats are fought across the nation in homes such as Joe Prahler's. The Waterford, Mich., music buff uses several types of music players. "I've been using DAT (digital audio

tape) for choral recordings for about eight years," he says. "I ventured into MiniDiscs about two years ago and find that a better format than cassettes. For daily listening, I stay with the plain old CDs, which I found so much better than vinyl."

Prahler says he's not ready to commit to DVD-Audio. For him and others evaluating all the formats, there are many factors to consider.

If perplexing choices and glowing promises of audio nirvana seem familiar, maybe it's because the ad pitches from the last format introductions haven't completely faded from memory.

In the 1980s, compact discs were introduced as "perfect sound forever." In the early 1960s, RCA described its Living Stereo series of long-playing albums, or LPs, as "technical perfection."

In short, what is billed as the ultimate remains the ultimate for only so long.

So what's a buyer to do? Industry analysts recommend that consumers ask themselves and sales representatives some tough questions.

"Just follow the software," says Bob Olshson, an audio consultant in Novato, Calif. To paraphrase, listeners should think twice about buying a machine to play music in a format in which they will own little music.

Warner Music and several other manufacturers have DVD-Audio titles out, but the number of discs so far is few. A list-

ener would be hard-pressed to assemble a library of more than 25 discs so far, and most of those can be bought only through mail order.

Further, few of the discs make full use of the format's advanced standards. Through "upsampling" and other processes, the discs may simulate DVD-Audio sound, but they do so by using music originally recorded in the CD format, which holds less data. In short, some of the first discs may be only marginally better than CDs.

The International Recording Media Association expects mass production of DVD-Audio titles to begin in earnest next year. Production will climb to 40 million discs in 2001 and 97 million in 2002, the industry group predicts.

By comparison, 939 million compact discs were produced in 1999, and that figure will climb in 2000 if the pace set in the year's first six months holds, according to the Recording Industry Association of America. Music industry experts say consumers can expect cassettes, compact discs, MP3 files and other media to all be useful for the foreseeable future.

"I think people will continue to use all of these," says a Warner representative, also noting that CDs will play in DVD-Audio machines. "You can still keep your music library."

Muddying the waters for DVD-Audio is Sony's rival high-end audio format, the Super Audio Compact Disc, or SACD.

It also is billed as sounding far better than CDs. SACD and DVD-Audio are not compatible, and experts believe only one will survive.

"It's a standoff at the moment, depending on the arrival of significant mainstream releases in the two formats," says Kalman Rubinson, a contributing editor to Stereophile magazine. "DVD-A and SACD sound better," but CDs are still a more practical choice, he says.

So-called universal players, which could play CDs, DVDs and SACDs, are in the works and would offer protection from a Betamax-VHS problem.

Warner is marketing DVD-Audio as a new, high-quality option for music lovers, but not necessarily as a replacement for established formats. Some experts wonder whether the average listener's ears can tell the difference between the new and old.

Finally, technology journalist Gene Steinberg, who writes for Cnet, is among participants in Internet audio newsgroups who champion rigorous scientific listening tests as a way to determine which products and formats are best.

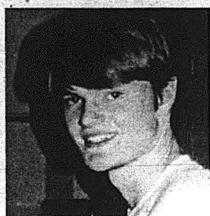
That's the only way to keep listeners from jumping on bandwagons because of marketing claims, he says.

"Opinions without such tests are nothing more than that," he said. "They will not help you determine whether the new CD audio systems are truly superior in terms of sound."

OPINIONS

In my -not-so humble opinion

By Cash Arehart
A & E Editor



Mr. Hull was my senior year math teacher. He taught at my school since it opened in 1962. He was a legend; he would flip over desks if anyone were to whisper "old man" in his presence and would gesture towards the large paddle hanging on the wall behind his desk if a student began irritating him. On really special occasions, he would even take the paddle down to smack on unruly students' desks. Unfortunately, Mr. Hull is a member of a dying breed.

I believe that I remember a few, rare instances from kindergarden when students that misbehaved were punished with a paddling or spanking from the teacher. If this did indeed happen, I can remember no other occasion in the history of my education when a student was physically punished in school, aside from having to sit next to the really smelly guy on that field trip back in sixth grade.

The advent of time-out and peer mediation had descended on American society. It has even become unfashionable for parents to reprimand their own children with anything more than a stern talking to.

What has happened to our sense of discipline and responsibility for our actions?

Let's see if I understand the de-evolution of the state of personal responsibility in America during the '90s.

A woman burns her thighs on the hot coffee she was holding in her lap while driving, she blames the restaurant. A teenager kills him, you blame the rock 'n' roll musician he liked. You smoke three packs a day for 40 years and die of lung cancer, your family blames the tobacco company. Your daughter gets pregnant by the football captain, you blame the school for poor sex education. A neighbor crashes into a tree while driving home drunk, you blame the bar-

tender. Your cousin gets AIDS because the needle he used to shoot heroin was dirty, you blame the government for not providing clean ones. Society's grandchildren are brats without manners, we blame television. A friend is shot by a deranged madman, you blame the gun manufacturer.

But who is to blame when our nation doesn't recognize that our morals and values are being eroded from within?

What of Mr. Hull, and others who realize that sometimes it takes more than five minutes in time-out to think about an action? Why has our society become so ready to attempt to lay blame for our problems, rather than try to fix them? Is this tendency of trying to remove ourselves from our problems and make them seem like distant, alien acts of random violence heralding a startling future where we only realize the tragedy around us once it has engulfed our nation, our society, and our way of life?

God bless America, land of the free, home of the blame.

Aren't we glad we live in an America where we can do what ever we want and blame someone else. Of course, some may disagree with me and say that our new sense of awareness and sensitivity has made us more civilized than ever before.

Consider this, guns have been around for several hundred years, children have been going to school for just as long. Students are teased and have just as much to deal with today as they did 50 years ago in the golden age of television when Elvis was as radical then as Marilyn Manson is today. If all of these factors are virtually the same, the students, schools, guns, media, what has changed?

I don't know, but I'm certainly looking for someone to blame.

And Ramona says...

By Ramona Hernandez
Staff Writer



How will you use the knowledge you're absorbing right now? Do you plan to help humanity by discovering cures for heretofore-incurable diseases? Maybe you will help pass legislation that will provide homes for those who have none. So many hopes and aspirations go into this great experience we call higher education.

But what about the real world, where we have to pay taxes and buy groceries?

Maybe you don't realize it but you can use some of the seemingly useless knowledge you're gathering in everyday situations, like being pulled over for speeding. But you can actually use a lot of this stuff to convince the friendly officer that you have in face done nothing wrong.

Here are just a few examples of the variety of ways you can use the plethora of information you've received here at CNU. I've tried one, and it did not work, but feel free to try them out for yourself:

Spanish 101: No hablo ingles! No hablo ingles!

World Religion 201: Buddha says there is no right or wrong, therefore my speeding is not wrong.

Psychology 211: Are you displacing your anger you feel about your mother by pulling me over?

Engineering 304: Are you sure your radar is calibrated correctly?

Philosophy 201: Can one truly speed?

Women's Studies 411: It's just like a man to oppress a woman when she is doing the same thing he is doing trying to catch her.

Pre-Law 383: Under section two, paragraph H, line 452 of the 1863 Federal Mandate with state supported conditions under the statute of line 45 in paragraph C...

Genetics 450: My DNA has a genetic code that makes my right foot heavier when I sit upright and therefore I have no control of the speed of my car.

Popular culture 245: Must get home in time to watch Temptation Island!

Astronomy 123: The gravitational pull of the moon forces my car to go faster.

Physics 367: Just checking the law stating, "an object will stay in motion until acted upon by an outside force."

Leisure Studies 119: The assignment was to participate in a sport outside of class and I chose NASCAR.

History 112: Well, had we not of won World War I we would all be driving on the autobahn anyway.

Of course, if you use one of these you may get arrested. But looking past the obvious flaws in logic, get this point: there is more to getting an education than just sitting in class taking notes on things you'd rather not know. While you're pulling out your hair because you have fifteen different projects due at the same time, there seems to be little room for humor during your undergraduate career.

But we have our entire lives to be serious. Enjoy being here and coming up with interesting ways to use this very expensive diversion from the real world. It might just be better for your GPA to be silly than to count how many days until Spring Break.

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FEBRUARY 8, 2001.....	CNU TONIGHT GAINES THEATRE 8:00pm
FEBRUARY 17, 2001.....	PHILLY'S SUB & PUB NEWPORT NEWS VA 10:30pm

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Clinton from trailer to limo

By Hasdai Westbrook
TMS Campus

Most Americans genuinely believe that their fair nation has abolished the notion of class.

They are wrong. America has a sophisticated class system and nowhere is its presence more apparent than in recent political events.

Bill Clinton is many things to many men (and women, of course), but no one has ever claimed that he is a true American hero. He obviously lacks the moral backbone that a John Wayne or George Washington had to temper their innate ability.

Clinton would probably knife his enemy in the back while he slept instead of blowing his guts out in the street at high noon like a real man ought to. He would probably deny all knowledge of any cherry-tree slivers found in his bed.

Enter George W. Bush. A gunslinger type from Texas who shoots from the hip. He poses as the perfect man to kick that randy playboy out of the White House — that profligate but maddeningly prodigal president, that scamp, that no good, white trash ... ah, there it is.

Ultimately, 'Dubya' was never running against Al Gore. He was running against Bill Clinton and the age of Clinton. He was running to restore 'dignity' to the White House.

He was running to restore the dynasty, to avenge Papa Bush. And at the heart of that vendetta lies the shadowy issue of class.

Bush certainly grins and waves very well, which apparently qualifies one to be president nowadays. But consider for a moment the man who was supposed to be the villain of Bush's election story.

Bill Clinton was born into poverty in backwater Arkansas. He never knew his real father. He used his brains to win a scholar-

ship to Georgetown, then to Yale and, finally, a Rhodes scholarship. In his cowardly fashion he decided to take the world's most prestigious academic fellowship in England instead of going and getting shot at by the Vietcong like a good American boy should.

Clinton, therefore, satisfies two of the great American myths — the 'American Dream' and the idea that any American, no matter how low-born, can become president. For better or for worse, America bases its national myth on the belief that through hard work and talent people can pull themselves up by their bootstraps and achieve greatness. Clinton did so but gets no credit for it.

True, he worked hard and achieved in the worlds of academia and government — things considered somewhat less noble than screwing people out of their money in the American hierarchy of values. And, of course, he committed the great crime of being too indiscreet about his sexual indiscretions.

But the real reason that Clinton has so far been denied heroic status is that the establishment considers him trailer trash. He is not one of them; he is uppity. He comes from the wrong side of the national tracks.

With all this character assassination and vilification, how then has Clinton been so successful? Because, in trying to destroy any chance of his becoming a hero, his enemies pushed him into that other American iconic status — the underdog. Their class animus was so strong that it forced the American people to root, however reluctantly, for Clinton.

Because of the unspoken rules of class, Clinton may never be a great American hero.

But it was the American people's grudging but honest acceptance of unfairness — when it hits them in the face — that let him overcome the greatest crisis of his presidency.

Clinton The Conservationist

Knight Ridder/Tribune News Service
TMS Campus

Bill Clinton has been a great conservation president, perhaps the greatest since Theodore Roosevelt, who created the National Forest System nearly a century ago. He has topped off this record with his order to ban road-building and most logging in more than a quarter of National Forest land, in tracts found in 38 states, including New Hampshire. The president's action bans road-building in 58.5 million acres of National Forest land where no roads now exist; that includes 15 million acres in Alaska's Tongass National Forest, the nation's largest temperate rain forest.

Understandably, timber, mining and energy companies are fighting this effort to further restrict what they do on National Forest land. But the president is right.

His action will not only protect some sublime landscape for the enjoyment of all Americans for the indefinite future. It will also help protect our air and water from the polluting effects of economic activities in our forests, and reduce the erosion caused by cutting. Some wildlife species will be shielded from extinction by Mr. Clinton's initiative, and fishing and other recreation will get a boost. By protecting the environment in this manner, Bill Clinton will do far more long-term economic good for the nation than would be had by making the newly set-aside acreage available for industrial exploitation.

It bears noting that by better protecting the environment in these National Forests, the president is helping to protect the entire country. The air cleaned by our forests is for all to breathe, whether in the Tongass or Toledo.

Further, the economic effects will be slight, contrary to the hysterical assertions of many in the extractive industries. Less than 5 percent of the timber from National

Forests comes from roadless areas. And the Forest Service will provide a \$72 million, six-year assistance program to ease any economic disruptions.

In the long run this setting aside of National Forest land will be good for the environment and for the economy — by making America a healthier place to live and work.

President-elect Bush will come under tremendous pressure to try to overturn Mr. Clinton's order from Western Republicans and from industries that act as if the land involved is solely theirs, and not the public's. We hope that he can resist that pressure. The process that led to Mr. Clinton's executive order included more public involvement than ever before seen in federal rule-making, and polls indicate that a substantial majority of Americans — including Republicans — support the president's decision.

Further, Mr. Clinton's order cannot be undone by the stroke of a pen; it would have to go through a very long and difficult process to be overruled. Mr. Clinton has acted within his authority, and he proceeded very carefully before taking his action.

We hope that Mr. Bush will remember the legacy of such great GOP environmental presidents as Theodore Roosevelt and Richard Nixon and support the National Forest set-aside when he gets into office. Compassionate conservatism should include the conserving of as much as possible of America's most beautiful acreage.

President Clinton's actions have been faithful to a long tradition of executive leadership in setting aside public lands for conservation. Again, these are our lands, not the private possessions of resource extractors and exploiters, though they often act as though they were. Bill Clinton is to be roundly applauded for acting to save them for the enjoyment of present and future citizens, and the preservation of the American environment.

Letter to the Editor

Special thanks to CNU

Dear Editor,

Thank you CNU. My sisters and I would like to thank you for all your support, patience and understanding during this time in our lives. Thank you for who you are, a place where my dad was and still is honored, admired, envied and loved. Thank you for all the cards, flowers, food, balloons and visits you showered my dad with. He appreciated it all more than you could ever imagine.

You were his everlasting goal to get better during his illness. Thank you for being there for him and for us. We know as long as there are people who remember him, he will always be with us and with you.

We want to thank you for presenting him with a Scholarship in his name a couple of days before he passed away. Please know how much that meant to him and to us. We hope this scholarship will help many students to achieve an education our father

would be proud of. May he always be remembered through this scholarship and the memories of the faculty, staff and students who knew him.

If anyone is interested in contributing to the scholarship, please send your check made payable to "CNU Endowment Fund." (please write in the Memo section of your check "Albert Millar Scholarship fund"). Please send to the following:

University Advancement Office
Attn: Norma Brown, Director of Gift Planning
Christopher Newport University
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Newport News, VA 23606-2998

Thank you,
Heather Millar Felts,
Valerie Millar Cirrincione, and
Ginger Millar Dupuis

Questions? Concerns?

Need a voice?

The Captain's Log welcomes newspaper feedback along with campus concerns, etc. Bring letters to the editor by our office at Student Center 223 or e-mail us at clog@cnu.edu with your letters to the editor.



Odin, the Allfather



Jesus, the Messiah

3 out of 4 gods cant be wrong.

Odin got it from a goat in Asgard.

Jesus got it from water at Canaan.

Dionysus got it any time, anywhere.

Brahma wasn't interested.

It's alcohol. And whether you take it as mead, wine, or something else, its a blessed drink. So when you drink, drink to enjoy it. Drink to have a good time. Drink to be a better dancer. Alcohol is for Pleasure. Use it often. And of course, if you do drink, drink safely. Let someone else take the chariot reins. Or you will make Odin very angry. And No one wants that.

Not available
for picture

Brahma, Allwise

Dionysus, god of drink

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SPORTS

Captains win eight; drop two over break



Sophomore Tony Green hangs on the rim after a dunk during the Captain's game against Ferrum, as Ferrum guard Jeroy Dillard walks away in disgust (above). The final score is evident to everyone on the new scoreboard at the Freeman Center (right).

Photo by Tom Stormer/ *The Captain's Log*

By Tom Geary
Staff Writer

For most students, winter break was a time of rest and relaxation, a month to pause from a hectic daily life at college. But not for the men's basketball team. While some students left school, the Captains were busy taking other colleges to school - on the court that is.

But the Captains had their share of ups and downs over break, adding eight victories to their record, but losing away games at Marymount and N.C. Wesleyan, a Dixie Conference rival.

One of the problems could be slow starts in the first half. When asked why this plagues the team, coach C.J. Woollum responded, "Well I wish I had that answer exactly. I don't want to play like that. I want to play well from the get-go. Everybody wants to beat us worse than anybody, so they're enthused and if we don't match that in the game, we clunk. I don't have a direct answer though. If I did, I'd be fixing it quick!"

Three days after the devastating losses, CNU fell victim to the plague yet again. Despite leading

Shenandoah 42-38 at the half, the Captains shot only .349 from the floor. The offense finally stepped up in the second half and, with the help of newcomer Jermaine Woods, who led the team with 16 points, ended their losing streak and defeat Shenandoah 96-62.

Although CNU embarrassed Shenandoah to win their first Dixie Conference game of the season, the plague surfaced yet again. Facing Averett, a 6-6 team predicted in the preseason to finish at the bottom of the Dixie Conference, the Captains found themselves trailing

early. Averett senior Marcus Tucker scored the team's first 9 points and helped put the Cougars up 19-13. CNU went on to shoot 40% in the first half and were tied 35-35 at halftime.

"We were sleepwalking through much of the first half," said Woollum.

But a 7-point run at the end of the half roused CNU's offensive attack, and they have not looked back. The Captains thumped Averett 101-63, thanks to an amazing 29-5 run in the second half that gave CNU the breathing room they needed.

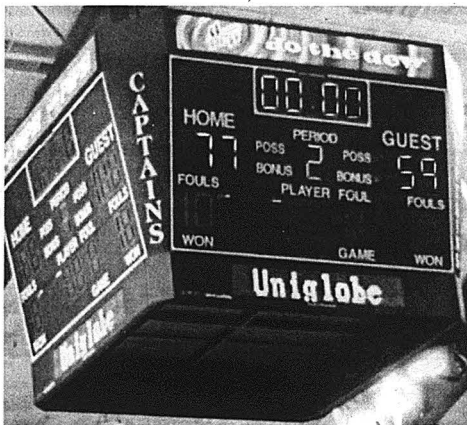
Woollum said the second half run was what the team needed to get back into the swing of things. "That's what you dream of," he said. "I think Carlos (Heard, 22 points) might have had his best game. He was brilliant tonight. Antoine (Sinclair, 20 points) was outstanding. Everybody contributed. It was fun."

Following the rout of Averett, the Captains faced another Dixie Conference team, Ferrum (5-9). Now unplagued by slow starts, CNU jumped ahead early with a 7-0 lead and won with a 22-point lead in a 77-59 victory. Sinclair and Heard led the pack with 14 points each.

The victory put the Captains, ranked 10th in the nation by D3Hoops.com, at 14-2 for the season, with a 3-1 Dixie Conference record.

But the Captains will need to keep up the intensity for the remainder of their schedule - all Dixie Conference opponents.

Prior to the victories over Shenandoah, Ferrum, and Averett and the losses to Marymount and N.C. Wesleyan, CNU won five straight over the winter break. Salisbury St., Chowan, and Appenitice all fell to the Captains before the New Year. To start up the New Year in fashion, CNU won their third straight Ramada Inn/Captain's Shootout with victories over Colby (Me.) and John Carroll.



Real people, real sports



Mike Mullin

Ok, after being sports editor for *The Captain's Log* for about five months, I think I'm in a perfect position to tell who the real athletes on this campus are.

To all those people who have been gracious enough to allow me to sit in on their practices at 6:30 a.m. or 9 p.m., you're great; but you're not the true athletes.

The true athletes are brave - the men and women who throw down their money every day for an hour at either Obelisk, Pockets, or Dave's. These are the men and women of such athletic prowess

that they could only be descended from Greek gods. They are the few, the proud, the billiardists.

Why, you ask, would I consider the people who play pool to be athletes? Well, reasons abound.

First, it is one of the few games at which I am considered good. The other is Clue, but no matter how hard I try, no one will back my theory that Clue is a sport. Not that I'm amazing at it or anything, but I could beat you.

Yes, you. Right there reading this article, I could make you cry.

See? What other game can a skinny-Toyota-driving-freshman talk smack about to the entire campus community and still back it

up? That fact alone makes it a sport.

Another reason that pool is a sport is because of the injuries involved. Someone could fall - or something. I don't know. I have no idea how it happens but I've seen more people injured shooting pool than any other sport that I've ever played. Granted, most of the injuries were the direct result of stupidity and/or drunkenness, but that only makes it more interesting.

To protect all of those who play the famous game of pool, I'll give you the same hint a dear friend of mine once gave me:

"If you get into a fight in a pool hall, to heck with the cues.

Throw the balls."

He is a great man.

Pool is a game for the masses. Any poor schmuck, any short, tall, fat or skinny man or woman, and any freshman with no athleticism can play. We play without regard for personal style or appearance. No matter how cool people playing pool think they look, they actually look really, really dumb.

It is for that reason that I recommend people play pool and even more, just watch. Because pool is such a great sport, with a long and illustrious history of sweating, gambling, and violence.

-Mike Mullin is the sports editor for *The Captains Log*

Florine Gholston brings team chemistry

Freshman leads Lady Captains

By Liz Munson
Staff Writer

CNU freshman Florine Gholston exhibits two characteristics of the periodic element to which her name bears resemblance - a healthy compatibility level and an explosive ability.

Just ask women's basketball coach Carolyn Hunter, who pushed the Lady Captains to a 9-3 record in the Dixie Conference last year. "She shows remarkable leadership on and off the court, with her skills and vocal character," Hunter said.

Flo, as she is affectionately referred to by her coach, is a team co-captain - not the average role for a freshman. Hunter believed the benefits of such a move outweighed potential risks and would help prevent a large gap between the team's freshmen and seniors.

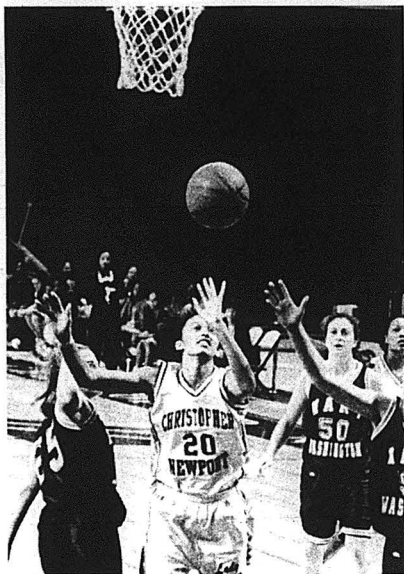
"I wanted to give them [the freshmen] the opportunity to speak what was on their mind when it was on it," she said.

The Captains may need more young players like Gholston, especially after enduring an up-and-down start to their season. They still sport a record above .500 at 11-5, but there are mixed feelings over their recent 58-49 loss to Chowan College and Chowan's 55-52 win over the Captains during the CNU Shoot-out.

Standouts like point guard Lindsay Carney plodded through a two-game dry spell against Chowan College and Apprentice School. Even sophomore forward Tia Moore, who averages seven of her field goal attempts per game, was only 4-for-10 against Chowan.

CNU's Dixie Conference opener against rival North Carolina Wesleyan on Jan. 10 peaked the Captains' 3-1 losing streak. Moore missed a potential game-winning lay-up at the end of regulation, sending the game into overtime. An unsuccessful rally by CNU resulted in a 58-56 loss, and sent waves of frustration through the team.

Hunter said her team may be lacking confidence at this point. "We are never going to win if we don't believe in ourselves,



Freshman forward Florine Gholston wins one of the many scrambles for possession during the Lady's tie against N.C. Wesleyan.

Photo by Tom Storrmer/The Captain's Log

"I didn't know what was expected of me. I was very unsure about the whole thing."

- Florine Gholston,
Freshman

and that's what's holding us back right now," she said. "We have the talent to win it all, and to take the conference."

Gholston echoed these sentiments. "We need to work together as a team to bring the game back, to win."

Gholston's ambitious nature makes her

an easy pick for co-captain. But she is humbled by the notion of her importance to the team. When asked about her leadership role, Gholston doesn't boast or brag. Instead, she just smiles and asks, "Why me?"

"Why me?" were also the first words out of Gholston's mouth when Hunter approached her as a candidate for the position. As Hunter fleshed out her reasons for the choice, Gholston panicked at the responsibility involved.

"I was very unsure about the whole thing," she recalled.

But it was her intensity on the court at Chesapeake's Western Branch High that peaked CNU's interest in her. There, Gholston's leadership skills were evident, serving as team captain for two years, and guiding the Bruins to advancement to the Southeastern District regionals game against rival Princess Anne.

Once she arrived at CNU, Gholston found collegiate hoops to be a bit more demanding. The added responsibility of being co-captain at CNU was just one more adjustment for Gholston.

"At first I was nervous, and didn't speak my mind," Gholston said. "I would get the shakes before games, but I got used to it, and I don't do those things now."

Gholston is slowly getting over her fears, and more playing time to show for it. She had her best game at Shenandoah College on Jan. 13, a game that was a turning point not only for her, but for the Captains as well. Gholston scored six points, and the Lady Captains jumped out of their rut, winning 93-54 against a team that beat Chowan.

Though Gholston's career at CNU has yet to reach its full stride (she's averaging just 2.3 points per game), that doesn't stop her from dreaming.

"I set goals every day in practice and every day in games. I tell myself that I can do it."

Fast break for Women's Basketball

Holidays filled with tough games, victory

By Liz Munson
Staff Writer

Eggnog, food, family. Christmas break.

Try a sweat-drenched tee-shirt, a swooshing net, and a bouncing ball. These are the memories break for the CNU women's basketball team.

The Lady Captains played three games over break, hosting St. Mary's College (MD.), Apprentice School, and Chowan College in the CNU Invitational.

But the Lady Captains didn't fare well in the onslaught, and embarked on a 2-1 losing streak.

CNU's only victory was highlighted by their 39-30 halftime lead over Goucher College, defeating the Gophers 77-71 on Dec. 11. Sophomore Tia Moore and senior Rasheedah Martin had one of their best games, Moore scoring 22 points and hitting 10 of 14 field goal attempts. Martin, a guard, went three-for-five from the free throw line, and sunk five of 10 three-point attempts.

With an eight-day hiatus, the Lady Captains resumed play on Dec. 15 with a disappointing 49-58 loss to Chowan. Senior point-guard Lindsey had a scoreless game, while Moore, who averages 15.8 points a game, hit only four of 10 field goal attempts.

On Dec. 19, Apprentice knocked the Captains around with a 90-58 win. By halftime, Apprentice had gained a 39-26 lead, securing the victory. Carney suffered another scoreless game.

Coach Carolyn Hunter cited a "players lack of confidence in their own skills as basketball players" as a possible reason for the team's losing streak.

The post-Christmas blues continued as CNU placed third in their own tournament, losing to Chowan 55-52 on Jan. 5, and defeating St. Mary's 68-54 on Jan. 6.

"We need to respect each opponent and not take anyone lightly," Hunter said. "The ladies will do better if they take it one game at a time."

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Editor's Challenge

Well, this brings to end another year of the Editor's Challenge. This has been one of the most popular contests in the history of *The Captains Log*.

Mike and Tom had picked Minnesota and Oakland to make to the Super Bowl. They both made it to the Championship games, but fell to New York and Baltimore. Because of this all those who entered weep put into a hat and drawn.

The 1st place winner was Collene Roberts and the second place winner was Ivette Sabater. Congratulations!



Sports Editorial

Hype and High Rankings

By Thomas McDonald
Contributing Writer

As Super Bowl Sunday comes and goes, the question of the gridiron's greatest will have been answered for another year. All season, fans clamor for statistics and standings for some indication of who is the *crème de la crème*. At the end of the regular season, you have an idea, and with the Super Bowl, it's decided. In the end, you know who's better and that's the beauty of sports.

But college sports aren't so cut and dry. With so many teams playing all across the country, how can you ever know who is the best?

But we have to know - it's the reason we watch sports.

Consider Division I college football this year. Oklahoma was undefeated. They took care of the #4, #7, #8, #12 teams in the country, and each had higher rankings before they ran into the Sooners. They're #1. But who was 2nd best? Miami? Miami beat Florida State (#4), Virginia Tech (#6), and Florida (#11), all top ten teams at the time. Wash-

ington beat Miami, Oregon State and Purdue, #2, #5 & #13, respectively, but lost to Oregon, who finished #8, and weren't even considered title contenders! Why would one say that Miami has a better chance against Oklahoma than Washington? If Washington can beat Miami, how can Miami be better? Because they had a tougher schedule? According to whom?

Locally, our much-lauded men's basketball team began the season 0-0, just like everyone else. The Captains had a heartbreaking finish in 2000, losing to #10 Catholic, 65-64, on a Dan Harrington jumper with 11 seconds to go. The team would drop from #6 to #14 in the final poll. Despite these losses,

The primarily Virginian ODAC teams have a heavy conference schedule every year and don't want to pick up a tough non-conference game from a program with a history of success like CNU.

D3Hoops.com ranked them #20 in the pre-season, based on the program's past success. After a week, they were #19, a week later #14, and by the end of the third week, #10. Then they rose to #7 with a 10-0 record.

But what about our Captains? The winter cold finds the team with a combined 10-11 record, dropping them back to #14. Pat Coleman, editor and publisher of D3Hoops.com, confessed that the voters "either believe in Christopher Newport strongly or not at all." The ranking system is based on the votes of 3 voters from each of the eight DIII regions, plus Coleman himself. Voters are supplied with scores, records and other information about ranked teams and quality squads just outside the Top 25.

Each voter then submits his or her Top 25. First place votes get the most vote-points, while 25th place receives the least. These points are compiled and there you have the ranking.

Coach Woolum cautioned that, though

D3Hoops.com does a fairly consistent job, polls are unscientific and unreliable, especially in Division III where games aren't televised and many voters cast ballots based on box scores and reputations alone.

And perhaps, as with college football, scheduling is an issue. Woolum believes we play a tough schedule and admits it would be tougher if not for difficulties trying to get other teams to play. The primarily Virginian Old Dominion Athletic Conference teams have a heavy conference schedule every year and don't want to pick up a tough non-conference game from a program with a history of success like CNU.

That reputation also makes it difficult to get other perennial tournament teams, like Catholic, to schedule a contest. A tougher schedule doesn't lead to more respect, it lead to a less impressive win-loss record and being passed over by the Tournament selection committee. Since going to a strictly DIII schedule, the Captains have had little trouble running up the 20-plus wins that practically lock up tournament bids.

The question remains, does our men's basketball team deserve to be ranked among the best of the best? Should we take into account that the good teams won't play us, and, rankings aside, all that matters is winning the conference tournament and getting to NCAAAs where there is a guaranteed test of greatness? After all, even a wild card team can win the Super Bowl.

Student athletes drink more than non-athletes

By Matthew McGuire
TMS Campus

They run, they jump, they shoot, they slide. And according to a new study, they also binge drink.

The Harvard School of Public Health College Alcohol Study recently published new findings that showed that college athletes have a higher rate of binge drinking and experience more alcohol-related harms than non-athlete students.

The study was published in the January issue of *Medicine & Science in Sports & Exercise*, and it is the first national study that compares binge drinking among college athletes.

According to the study, 57 percent of male athletes participated in binge drinking compared to 48 percent of male non-athletes. The trend continued for female athletes, where 48 percent reported binge drinking compared to 40 percent of female non-athletes.

The study defined binge drinking as consuming five or more drinks in a row - four for women - on one or more occasions in the past two weeks. A drink was defined as 12 ounces of beer, four ounces of wine, 12 ounces of wine cooler or one shot of liquor.

Student athletes are also more prone to

social characteristics that tend to promote binge drinking, such as having five or more close friends, being a fraternity or sorority member, placing importance on parties and spending two or more hours a day socializing.

"Coaches and college administrators should be aware of the social pressures on athletes and take further steps to help limit alcohol consumption for college athletes so that binge drinking doesn't continue to pose a threat to them and their peers," said Henry Wechsler, principal investigator of the study and director of College Alcohol Studies at the Harvard School of Public Health.

In addition to drinking more than their peers, college athletes also reported more alcohol-related harms. More athletes reported that alcohol interferes with their studying (66.4 percent) than non-athletes (58.2 percent), and 67.4 percent of the athletes reported that alcohol interferes with athletics.

Despite reporting a higher level of binge drinking, athletes also reported a greater exposure to college alcohol-education efforts.

"Education alone is not enough to curb binge drinking among this population," said Toben F. Nelson, a Harvard School of Public Health doctoral student and the study's lead author.

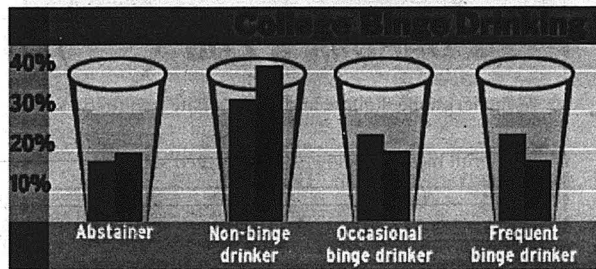


Photo courtesy of www.abcnews.com

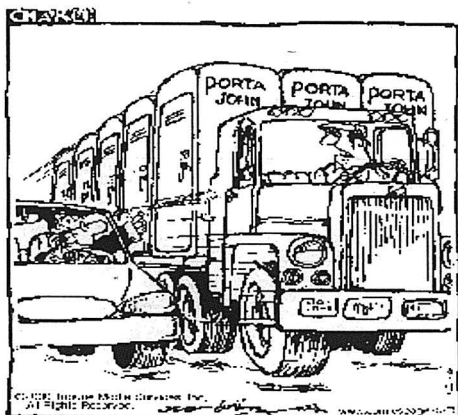
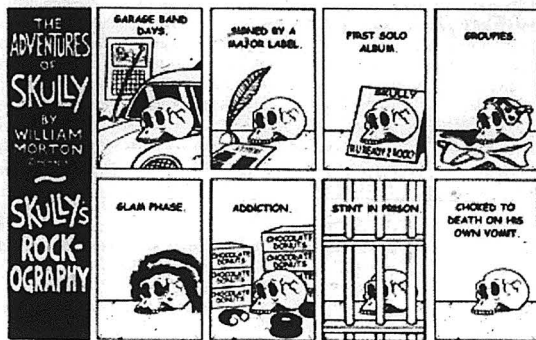
■ MEN ■ WOMEN



A young child delights in the entertaining antics of the NCAA's mascot following the Lady Captains game against Ferrum.

Photo by Tom Stormer/ *The Captain's Log*

COMICS

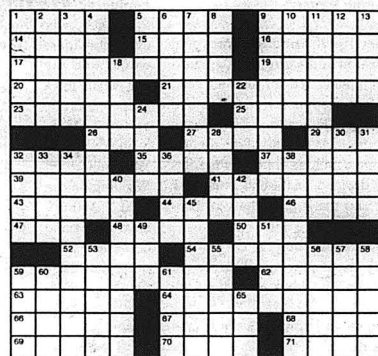


"Are you nuts --- I ain't pullin' over so you can use a Porta-John!!!!"

Crossword

ACROSS
1 Magic charm
5 Reverberate
9 Domingo
14 Quickly, please!
15 Mother of Zeus
16 Anterior
17 Father of John the Baptist
19 Lethargic
20 Fairy-tale monsters
21 Shortens, by cutting off a part
23 Most thin and fragile
25 Coppers
26 Ewe's mate
27 Body of a ship
29 Shifty
32 Pueblo people
35 Has to
37 Aluminum company
39 Zero in golf
41 Isaac's father
43 Less common
44 Scoot-covered
46 Lions' lairs
47 Goller Ernie of Man
50 Gift for a kid
52 Cookie choice
54 Smiling cat
59 Member of a group of elite, highly loyal supporters
62 Entwined
63 Dramatize
64 Confering
66 Cherub
67 Harrow's rival
68 Swiss artist Paul
69 Poor
70 Hiker's shelter
71 The Eagles hit, "Lyn" _

DOWN
1 Shaving tool
2 Employment
3 Mother-of-pearl
4 Asthma treatment
5 Go astray
6 Vouchers
7 Fireplace floors
8 Hawaiian island
9 Like sponges
10 Bell's partner
11 "Thus Spake Zarathustra" author
12 Barreled (along)
13 Meal scraps
18 Goli's place
22 Org. of Lions and Bears
24 Austen novel
28 Provo's state
30 Bank deal
31 Edible tubers
32 Present!
33 Track shape
34 Celebrity
36 Caspian feeder
38 Pleiades film
40 Sacerdotal
42 Eight bits
45 Hide
49 Mayday!
51 Scandinavian capital



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1/27/01

Solutions



53 Sieved into pellets
55 Oriental green tea
56 In a frigid manner
57 Taylor of "The Nanny"
58 Outer limits
59 Claude Van Damme
60 Boleyn or Bancroft
61 Drive the getaway car, for example
65 Explosive letters

CLASSIFIEDS

Tape - A - Quarters

Saturday, February 10, 2001
Field Trip to Richmond's
Virginia Museum of Fine Arts

Guided Tours of the Greek & Roman and Asian Art Collections led by History of Department Faculty Dr. Anthony R. Santoro and Ms. Catherine M. Banks and Virginia Museum of Fine Arts Staff. OPEN TO ALL CNU STUDENTS WITHOUT CHARGE on a first come basis. Space is limited on University Vans. Sign-up sheet is in History Dept. Office, McMurren Hall 206. Group will also make a stop at Richmond's Mediterranean Deli to sample Middle Eastern food. Time permitting, optional stops at scholarly bookstores. Depart at 9:45 A.M. from Student Center and return about 6:00 p.m.

- Phi Alpha Delta co-ed. Pre-Law Chapter offers you a host of professional development lectures, discussions, community service projects and networking opportunities to promote a strong and marketable background you can build upon throughout your educational courses and professional career. All interested are invited to come to meetings. Office: Ferguson Room 135-F. If you are interested, contact any of us:

Regina Foertsch - President
(Gina49ers@hotmail.com, 887-5975).
Lisa Hardy - Vice President
(LisaLegal17@excite.com, 285-7764).
Maggie Krantz - Secretary
(vaapplepie@yahoo.com, 599-5367).
Krystal Atwell - Treasurer
(kluallie@yahoo.com, 833-3816)

- Attention Business and MIS students!!
Alpha Kappa Psi, The Professional Business Fraternity is holding our spring social. Come join us on February 1, at 7 p.m. in Student Center room 214. "Life is a competition. Be on the winning team."

Check out *The Captain's Log* online at www.cnu.edu/studlife/captains.

Tape-A-Quarter Classifieds are for students, faculty, staff and members of the alumni society only. Simply write your ad and tape a quarter to it.

- Rates are 25 cents per ad.

- All ads are run in one issue only. For multiple runs call MS. CLASSIFIED (594-7196) for further information.

- Tape-A-Quarter Classifieds must be submitted on an official Tape-A-Quarter form. Forms can be obtained from The Captain's Log newspaper stands. Ads submitted on anything other than the official form WILL NOT be published.

- Included on the form must be your name, phone number and the date that ad was submitted. Failure to include such information will result in ad not being run.

- Tape-A-Quarters must be turned in to our office or left in our convenient dropbox located on the first floor of the Campus Center next to the Game Room or by mailing to: The Captain's Log, Classified Department, 1 University Place, Newport News, Virginia 23606.

- Tape-A-Quarter ads are published on a space available basis. Those ads which are not published because of space constraints will be published in the next issue.

official tape-a-quarter form

CAPTAIN'S LOG

tape
quarter

name, phone number and today's date (required)

print message below. do not exceed six lines