



# THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLUG WWW.THECAPTAINSLUG.ORG

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A highlight of Relay for Life was the Luminaria ceremony, a solemn time where laps were taken in honor of those affected by cancer. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**

One of the largest campus-wide fundraisers, the tropical-themed Relay for Life collected \$56,680.13 to spread cancer awareness and help the fight against the disease. For more pictures from the event, turn to pages two and three.

## A DELICATE BALANCE

CNU's annual dance concert, A Delicate Balance, provided students the opportunity to choreograph and perform in original pieces. Turn to pages eight and nine for more information about the concert.

Senior Rachel Edwards begins the piece "Artemis" during the annual dance concert, A Delicate Balance, surrounded by fellow dancers right before going on pointe. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**





(Above) Relay for Life 2017 started off with a Survivor lap, which featured both survivors of cancer as well as their caregivers, such as senior Miranda Menk (featured center).  
 (Below) Senior Madison Setness spiced up the night by claiming victory in the Buffalo Wild Wings Hot Wing Challenge. **PHOTOS BY BEN LEISTENSNIDER/THE CAPTAIN'S LOG**



The annual cancer awareness and support event surpassed goals to beat last year's funding totals.

**BY BEN LEISTENSNIDER**  
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Tears were flowing freely in the Field House as a silence fell over the crowd. It was time for the Luminaria Ceremony, perhaps the most sacred, solemn aspect of Relay for Life—one of the largest philanthropic events on campus.

Senior Cara Mayberry—who was diagnosed with a rare form of cancer during her time at CNU—was the focus of everyone's attention. After listening to her story, the entire Field House started to walk laps in honor of those affected by cancer.

Relay for Life isn't just about celebrating the lives of those who have been influenced by the disease; it was also about helping them.

Colleges Against Cancer (CAC), the organization responsible for planning Relay, made it their goal to beat last year's fundraising total. And with a final total of \$56,680.13, they accomplished that.

According to the CNU Relay for Life page, CAC as an organization raised \$10,759 of that alone, topped only by Alpha Sigma Alpha, which collected \$11,724.

Jaden Hagmaier, who was collecting funds for the Student Assembly team, was the top individual fundraiser, according to that same site. She raised \$2,200.

This year's tropically-themed "Re-lei," while somber at times did also feature many moments of joy. Jammed packed with activities, Relayers who stayed the whole night could be a part of the Mr. Relay Male Pageant, a wing eating contest and even karaoke at 5 a.m. ■



(Top) Senior Cara Mayberry delivered her powerful story about her battle with cancer, which drew tears from those in the crowd. (Left) Junior Lewis Folli was one of the contestants in the Mr. Relay Pageant. (Above) Relayers in it for the long haul were able to energize with a late night Zumba session.

## Student Assembly elects new E-board

These students have dedicated their lives to being the voice of the student body. Here are their stories.

BY KORTY SWIFT

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Student Assembly has recently formed their Executive Board (E-Board) for the 2017-2018 year. The candidates for President, Executive Vice President and Vice President of Finance were voted for in a campus-wide election. The Vice President of Member Development and Vice President of Marketing and Communications were chosen by the delegation of Student Assembly. Each new board member commented on their goals and motivation for being in their positions, and what they want to do to improve CNU for everyone.

### Kenneth Kidd President

#### Why did you run?

President Tribble said when he left the United States Senate that “This world will not change by great nation states or mighty armies, but by people like you in this room that are willing to come together and show compassion, to make a difference and to change this world one person at a time.” Thus, I ran for President of the student body in order to make a positive difference for Captains right here on campus.

#### What are your goals?

With an improvement of relations with other anchor organizations, a more clear and present narrative of our goals and purpose as an organization to the student body, and the chief goal of serving students to the best of our capacity, I believe that the coming year will be the best that Christopher Newport has yet to see. Our vision should not be about just pointing out issues, rather it should be focused on working together to create solutions that make our community better.

#### What is something specific you would like to see done?

After this past year of restructuring and revitalizing the Student Assembly, we are now equipped more than ever to truly achieve our mission and purpose on this campus, which is to listen to and serve the student body. Ergo, I specifically want the delegation to perfect the avenue in which we listen to students. While projects that we have worked on and completed in the past have been important, they were not necessarily what the students voiced concerns about. An example of something we will work on is that Captains who use the video game center in the Crow's Nest



(From left to right) Emmet Aylor, Jaden Hagmaier, Kenneth Kidd, Brittany Branch and Matthew Godsoe were elected to be the five new executive board members for the Student Assembly during the 2017-2018 school year. BEN LEISTENSNIDER/THE CAPTAIN'S LOG

have been requesting updated consoles, seating and a larger space.

### Matthew Godsoe Executive Vice President

#### Why did you run?

My passion to see the Student Assembly continue to act as the voice of our fellow Captains, believing in the importance of capturing their voice and enhancing campus life.

#### What are your goals?

As the Executive Vice President, my ongoing goal is to work alongside our Delegates and Executive Board Officers to ensure that the voices of the students are heard, their ideas implemented and their goals come to fruition. My success is their success and I am excited to take this journey with some of our most incredible campus leaders to fulfill the needs of our campus communities.

#### What is something specific you would like to see done?

I believe in the importance of Mental Health and that it plays a direct role in the individual lives of each student. My mission is that no fellow Captain weathers the storm alone. I desire to work with other campus leaders to provide the opportunities and work to enhance the resources so that every student dealing with a mental struggle knows

that they matter, that they are not alone and that they are surrounded by people who will continue to support them.

### Jaden Hagmaier Vice President of Finance

#### Why did you run?

I applied because after working with the Appropriations committee for the last year, I fell in love with the finances and saw so much untapped potential that this program had to offer. Student Organizations on campus have so many resources that I want them to know about.

#### What are your goals?

Getting every organization to apply for and be involved with Small Grant Funds and Conference funds is a huge goal of mine. I want every organization to know what it is and feel like they can apply for it. I want to be a friend to these organizations and help them out the best I can.

#### What is something specific you would like to see done?

I want to see that after every application for a SGF or CF, we send out a survey to those who applied and get good feedback on what we did well and how we can improve.

This university and its student orgs are constantly changing so I want to be able to hear the voices of the students and

how we can best serve them as time goes on.

### Emmet Aylor Vice President of Marketing and Communications

#### Why did you run?

I applied to be Vice President of Marketing and Communications because I have a passion for social media and communication in general, and I saw this position as a way to continue that passion while also having the opportunity to represent and serve the student body, and convey what Student Assembly does on campus.

#### What are your goals?

In my position, I hope to increase student participation and use my role to better gauge what students want to be changed on campus. I also want to show more students exactly what Student Assembly is, and what we can do to help push their ideas and make them a reality. I also want to improve communication within the delegation, and ensure all students can know what takes place inside of Student Assembly meetings by making agendas, minutes and legislation more available.

#### What is something specific you would like to see done?

Next year, I hope to have more tabling inside residence halls and in the DSU to get stu-

dent input, and also expanding our presence on social media to reach more and more CNU students.

### Brittany Branch Vice President of Membership Development

#### Why did you run?

I applied because Student Government has always been near and dear to my heart. I knew as soon as I stepped on campus that I wanted to be in Student Assembly. I applied to be a delegate because I wanted to make a positive impact on campus, and bring about change where needed. Student Assembly is a great organization already, but I ran for this position because I saw the potential to make it even better.

#### What are your goals?

My goals in my position is to bring our delegation together and provide our delegates with the skills that they need to better communicate with constituents in order to hear ideas and promote positive change on our campus.

#### What is something specific you would like to see done?

I'd like to see our student body be more involved in how we run business in Student Assembly. I would love to have more voices being heard about which projects we choose to tackle for the upcoming year. ■

# Einstein's Baristas: The friendliest job on campus

There are only a few on campus jobs where you work as a team, Einstein's Baristas are among that group.

BY MELANIE OCCHIUZZO  
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Behind the bar a flurry of blue shirts move around while the espresso machine hisses loudly, steaming milk is just half the job.

One of the many on campus jobs that a student can hold is the sacred Einstein's Barista position.

Hillary Walter, manager since 2001, says that they get anywhere from 30-40 applicants at a time for only 15-20 slots.

But what makes this job so coveted over all the others? "It's because it is a fun place to work," Walter says.

Simple and right to the point. Kevin Ososkie, Director of Dining Services, chimes in saying that "You get a great connection with faculty and students."

Working at Einstein's is one of the few jobs that allows you to actively interact with your coworkers said Walter.

An Einstein's Barista does more than make coffee for your sleep deprived brain though.

A quick list of their duties include: baking, cleaning, making all drinks, going on milk runs, delegating tasks, restocking, working concessions and providing good customer service.

The students have the chance to be promoted to Crew Leader, or shift leader so they learn good leadership skills as well as how to manage working with a team. This is something that a lot of other on campus jobs lack Walter says.

One thing that always seems to surprise people is the fact that students have to do milk runs several times a day to restock the fridges.

Walter says that there isn't enough storage in the back kitchen area to hold everything so the students have to restock.

When Walter was a Barista herself her least favorite job was going on milk runs.

"That and making milkshakes," she says. Those creamy, blended beverages take a toll on the maker's hands after a while. There are a few changes coming to Einstein's soon with the expansion of the library.

There will be new seating in place of the two conference rooms that are located by the door to the Tribble Plaza.

Walter also says that there will be another bar with barstools for students to sit at in the new space.

Working as a Barista on CNU's campus is a student job so it has the same general flexibility that any student job has.

Walter says that unless you are participating in the sport, you are required to work concessions as well as working Barista shifts.

"It all depends on the schedule you give me," says Walter. All new hires are required to work at least 12 hours a week initially and be available for at least one weekend day.

Walter tries to give the seniors some slack in scheduling hours so that they can remain productive students, a goal that all on-campus employers seem to share.

Another unique feature of being a Barista is you have the option to work during the summer months.

There are lots of on-campus jobs that offer summer jobs but working at Einstein's over the summer is a little more relaxed Walter says.

"Everything is done on a smaller scale than during the Fall and Spring semester."

Those who work summers are



MELANIE OCCHIUZZO/THECAPTAIN'S LOG

hired from the existing pool of employees and is based on availability and need.

Students echo Walter's praises of being an Einstein's Barista. Joey Theis, Crew Leader and Senior says, "I love working at Einstein's because it's both fun and fast paced. You can't beat a job where you get to provide an essential service to the students and faculty of CNU while working alongside great friends."

He also adds that scouring muffin pans is way more sat-

isfying than I ever would have expected.

Working at Einstein's has become a bigger and busier job over the years Ososkie and Walter comment.

They have increased in business, food options and staff since they undertook concessions back in 2007.

So next time you get your morning coffee or afternoon bagel sandwich, remember the hard work that went into making it all possible. ■

# Spectrum hosts annual drag ball

*The following is a press release from Spectrum concerning the upcoming Drag Ball for Hampton AIDS Charity.*

FOR IMMEDIATE RELEASE

Spectrum @ CNU Awareness Club Hosting Annual "Drag Ball" For Hampton AIDS Charity

[NEWPORT NEWS, VA. 03/23/17.] Spectrum @ CNU is hosting its annual performance, Drag Ball, on April 13th, 2017 at 8pm. Drag Ball is a two-hour-long drag show hosted in CNU's David Student Union Ballroom. Drag Ball features professional and student performers, free food and raffles all to raise money and spur donations for Access AIDS, a Hampton Roads-based charity dedicated to providing care and services to those affected by HIV/AIDS. In previous years, the event has gathered over four hundred people, making it one of the largest events on CNU's

campus.

All money received from donations at Drag Ball goes directly to Access AIDS. In the past year, Access AIDS reported that it served more than 600 people who have HIV or AIDS. The charity also distributed over 16,000 meals, performed 2,000 free HIV tests, provided permanent housing to over 70 clients, and countless miles of transportation.

Spectrum @ CNU is a student-led organization that provides information, awareness, and activism for the promotion of LGBTQ+ rights. Spectrum hosts weekly informational meetings in CNU's Luter building on Thursdays at 8pm, designed to connect the general CNU community with its LGBTQ+ community members. Other annual Spectrum Events include Coming Out Day, True Life Panel, and Sorta Formal, all designed with this in mind. ■



BEN LEISTENSNIER/CAPTAIN'S LOG

# Almost to the end



**BEN LEISTENSNIDER**  
EDITOR-IN-CHIEF

When I think about how little time is left before I have to give up control of The Captain's Log, I start to get nervous.

After entering CNU as a freshman in August 2013, it's extremely strange to think that in just a couple of months I will no longer be a student here—which in turn has made me think about that bucket list of things that I need to do before I graduate.

Even if other seniors don't have an official list of things that they want to

do before they leave yet, now is the best time to start.

You're only in college once (unless you're planning on grad school), so don't provide future you with any opportunities or reasons to regret your time here.

So to echo things I've said in the past in the opinions section, now is even more the time to become involved as much as you possibly can.

If you told yourself that you would attend a CNU athletics event during your time here, you only have so many chances left. If theater is more your preference, TheaterCNU's last few performances for the year will be coming

up over the next few weeks.

Especially as the weather (hopefully) stabilizes and beings to feel like spring again, the Great Lawn will be budding with students who had been hiding from the colder weather.

Even doing something as easy as writing a senior reflection for this opinions section in the upcoming issues could be a cool memory decades from now.

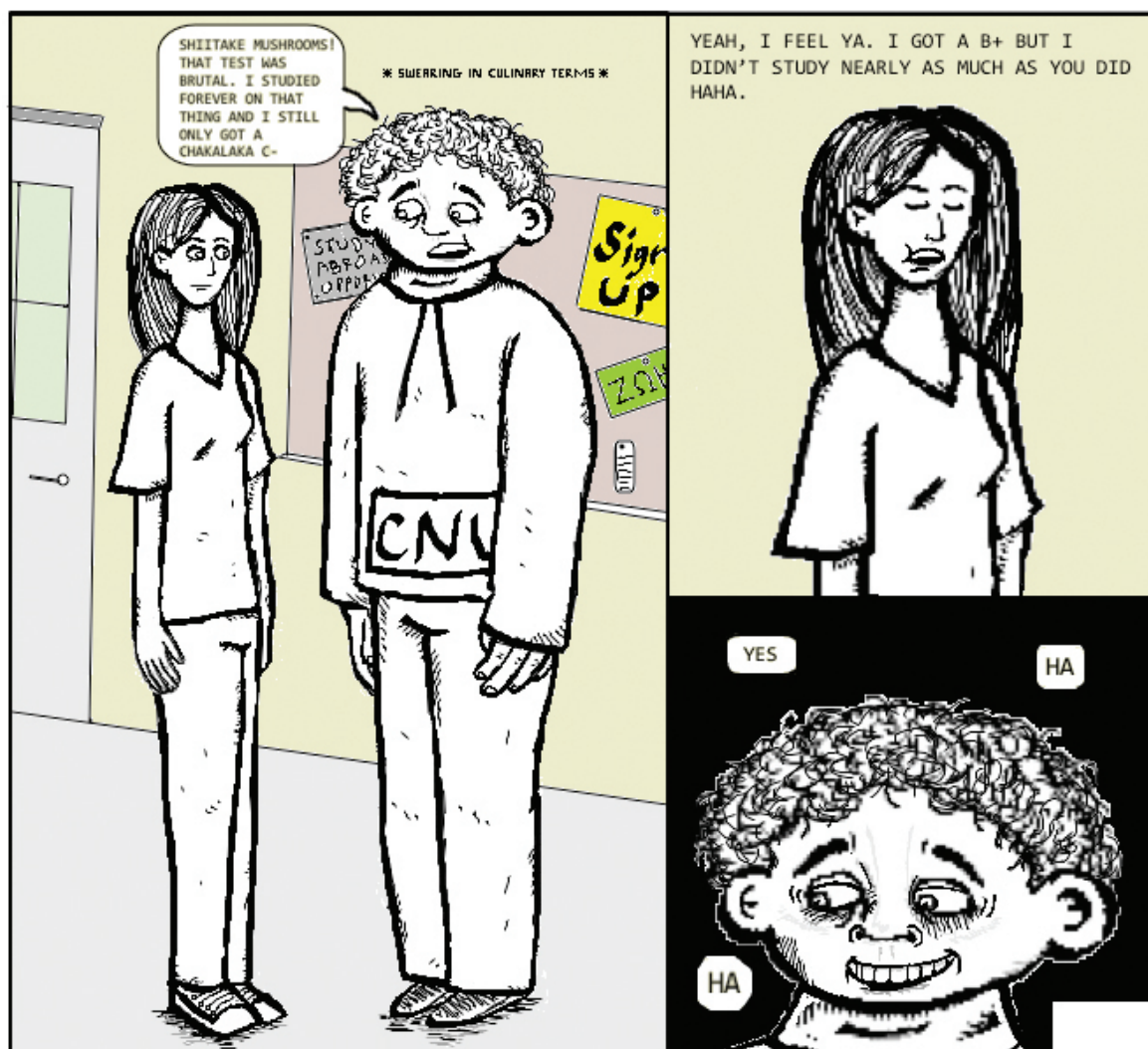
Believe me, if you want to publish something like that, we here at The Captain's Log are more than willing to accept a piece like that.

We pride ourselves on sharing the voices of the CNU students, after all. ■

# COMIC CENTRAL

**Interested in getting involved with the creative side of The Captain's Log? Do you enjoy making digital or drawn comic strips detailing student life? Then contact us at [clog@cnu.edu](mailto:clog@cnu.edu) to have your work featured here and expand your resume!**

ARTWORK BY MARA SCALLY



• Farewell Cruise •

# SENIOR WEEK 2017

Saturday, May 6	Sunday, May 7	Monday, May 8	Tuesday, May 9	Wednesday, May 10
<b>Busch Gardens</b> All day	<b>Dinner and a Movie Night</b> 4:00 p.m. - 11:00 p.m.	<b>Paradise Ocean Club</b> 11:00 a.m. - 4:00 p.m.	<b>Bon Voyage Brunch</b> 11:00 a.m. - 1:00 p.m.  <b>Casino Night</b> 8:00 p.m. - 11:00 p.m.	<b>Grad Dash: 2.017 Fun Run/Walk</b> 11:00 a.m. - 12:30 p.m.  <b>Champagne Toast</b> 6:00 p.m. - 8:00 p.m.

Package prices increase on April 15.

## Order your official senior shirt!

Included with your Upper or Middle Deck Senior Week package or purchase for \$17.

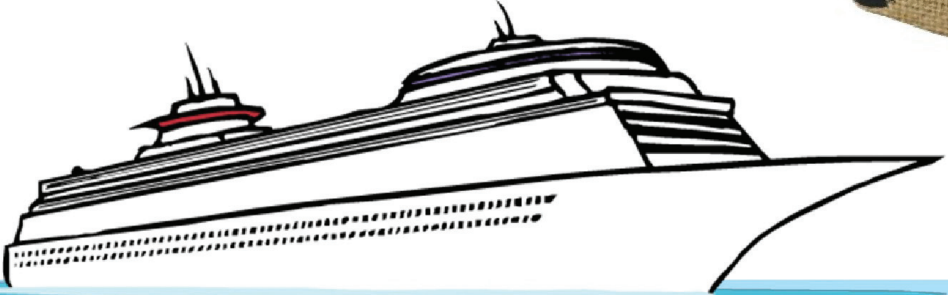
All Senior Week purchases include a senior koozie and the opportunity to submit a Commencement program reflection.



Front pocket



Back of shirt



Get on board! [cnu.edu/seniorweek](http://cnu.edu/seniorweek)



## A DELICATE BALANCE

TheaterCNU hosted their eighth annual dance concert March 23 and 24. Here are some photos from the event.

Brittany Thorburn and other dancers jump with briefcases in hand as a part of their “Morning Commute,” choreographed by Dr. Laura Lloyd. **PHOTOS BY BEN LEISTENSIDER/THE CAPTAIN’S LOG**



Allison Baltz dances in “Go Your Own Way,” which was choreographed by Stephanie Case and Kimmy Gaston.



“Beautiful Creatures” was danced to the songs “I Know You” by Henry Rollins and “Flawed Beautiful Creatures” by Stacy Barthe.



Professor Jennifer Lent jazzed things up by choreographing a fast-paced tap routine to the song “Too Darn Hot” from the musical “Kiss Me Kate.”



“Wash” was choreographed by guest artist Suzanne Wiltgen, who cofounded a group of performance based artists committed to fostering a sense of community and visibility for art in Hampton Roads called ArtPile.



The final dance was entitled “Artemis,” which featured performers like Adrienne Fisher and Rachel Edwards going on pointe.

# From student to Coach Lawless

Senior Collin Lawless balances undergrad classes, collegiate baseball and assisting weightroom coaches.

BY BRETT CLARK  
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If you are a student athlete at Christopher Newport then it is likely that you and your teammates have frequented the weight room in Ratcliffe Hall to improve your performance on the field, court, track, etc.

One of the faces you will see in the weight room, correcting your form and getting you pumped for your next repetition, is Collin Lawless. Lawless is one of the trainers who works in the weight room, improving your fitness and strength.

While working in the weight room, Lawless also balances being a full-time student as well as being on the baseball team here at CNU.

A senior, Lawless is a catcher for the baseball team and has played catcher since his days in little league. His favorite catcher growing up was the great Mike Piazza of the Mets.

Growing up in Midlothian, he attended James River High School. Here he played with several other collegiate baseball players who headed off to play ball at schools like the University of Virginia and Virginia Tech.

They made it to the state runner ups both his junior and senior year at James River.

Lawless, or “Law-dawg”, as the other trainers call him, originally was recruited to play at Longwood, which is where he spent his freshman year.

His senior year of high school, however, he tore his UCL (Ulnar Collateral

Ligament). This injury kept him from doing anything but batting his senior year of baseball. Sadly, he tore his UCL again his freshman year at Longwood.

That is when Lawless decided to transfer to CNU. Here, he had another stroke of bad luck and reinjured his UCL which kept him from playing but one game his sophomore year.

Lawless worked hard to get back into shape and was healthy for the 2016 season and blew it out of the park. Behind the plate, he struck out only 5 times in 52 appearances and reached base in 12 straight games to end the season. That stroke has stuck with him his senior season as well.

He attributes his love for working as a trainer to the way his father put him in the weightroom as a child to help him in baseball.

While he said he may not have always valued the lessons he was taught when he was learning them, he definitely understands the positive impact it has had on him as a person and an athlete.

Lawless stresses the importance of hard work and focus not only in the weightroom, but also on the field.

“I believe focus and effort are traits more valuable than talent alone. Talent will only get you so far. I would rather have an athlete who is willing to work, focus, and give 100 percent effort every day to overcome adversity as opposed to an athlete who simply has talent. Work ethic is everything.”

The biggest difference he noticed between high school and collegiate baseball was that mind side of the game. The



Collin Lawless's importance on and off the field is felt by many as a catcher for the baseball team and one of the weight room trainers. BEN LEISTENSNIER/THE CAPTAIN'S LOG

focus at the next level was noticeable.

Lawless has taken that same focus and effort and made that a point of emphasis in the weight room when he is working with a team. “Law-dawg” had six teams he coached in the fall. He said he craves coming into work and training athletes and also sees that as something he wants to do once he enters the real world.

While he is a pre-law major, he is going to be attending grad school for exercise science so that he can go on to be a college strength and conditioning coach.

“I was a bit shaky and nervous [but] as it went on, my confidence grew,” Lawless remembered of his first times

leading a team through a workout. He said he learned quickly how different people respond to adversity and how, as a coach, you should react.

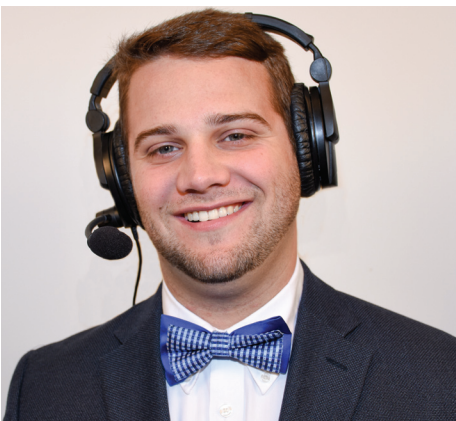
He remarked on how he will miss being in the weightroom as a coach and working with the athletes once he graduates. As a baseball player he will miss the sport and the camaraderie that goes along with it. He said that he had learned a lot from his colleagues over in the Ratcliffe weight room.

Lawless' favorite quote sums him up perfectly as a person: “No amount of pain, suffering, self-sacrifice, or dedication is too great a price to achieve ultimate victory.” -Vince Lombardi ■

# The voice behind every game day

Rob Smith, the voice heard in every live feed of CNU sports recounts his love for announcing competitions.

BY ROBERT SMITH  
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BEN LEISTENSNIER/THE CAPTAIN'S LOG

Unlike any athlete that plays here at CNU, I peaked athletically in seventh grade. That young dream I, like many of my childhood friends, had of growing up to be an athlete quickly went away when I sat the bench all throughout high school.

It's pretty safe to say that when you play two minutes of basketball throughout your entire varsity career that you probably will not be playing at the next level. I was okay with that but still longed for the excitement that came with the game.

At one point or another, we all experience game day. Athletes see this more frequently and it means a little bit more as the games you have left start to dwindle. Waking up on a game day knowing that there is not going to be any sort of

horrible practice that after noon. Spending your day in class thinking about the night that will be. Getting the opportunity to represent the name on the front of your jersey. It's exciting. The competition, the energy, the crowd, it keeps an athlete going. So naturally when I got to college, lacking all athletic talent, I picked up a headset.

While game day looks a little different for me now than it used to, the thrill of it is still there. While I may not be spending my summers conditioning and my time outside of the classroom on a field or court, I'm still right there in the thick of it. Taking notes, studying other teams, analyzing different scenarios and working through potential key players for each game. It's tedious, but I love it.

The endless preparation between sign off and sign on. All leading up to a jubilant “Good evening ladies and gentlemen, boys and girls, and thanks

for tuning in for another episode here on CNUSports.com/live.” Swaying to the national anthem and getting the game started with a swift “and away we go.” While it may have taken me a little while to figure out that my athletic talents were in a press box, I wouldn't have it any other way.

Usually riding the bench is not something to look forward to, but in my field of work, it's an honor to be able to sit on the sidelines with a headset on your ears.

From calling a program's first ever CAC Championship in Women's Soccer and Basketball to watching lights out performances from Logan Harelson and Mikey Thomas on the baseball diamond, CNU Sports has given me a lot to talk about. Truly from the bottom of my heart it is a pleasure to bring these memories to students and their families from my home in the press box and on CNUSports.com/live. ■

# Tennis Takeover



Sophomore Lily Schreiber returns the ball in an offensive strike to her opponent from the University of Mary Washington. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**

Women's Tennis leaps to 7-4 in a streak of wins right before two CAC matchups; St. Mary's and York College.

**BY TARYN HANNAM-ZATZ**  
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The Christopher Newport University Women's Tennis team has had quite a successful season thus far.

They have participated in matches against multiple different teams and have a 7-4 record.

They have shocked the opposition on the scoreboard, never winning with anything less than a three set lead in their seven victories.

The Captains have a very experienced roster with two seniors, eight juniors, two sophomores and only one freshman on the team.

The team was recently picked second in the Capital Athletic Conference pre-season poll as they have a lot of talented returners on their team.

They are a nationally ranked squad at 24th in the nation, and under the leadership of a fifth-year director, Eric Christiansen, picked up 43 points in the annual poll. The team also secured one first-place vote.

They had a rough start to the year with two wins and three losses, all three losses to top 20 opponents. Since then, the Captains ran off with five straight

wins capped by a recent loss to achieve a 7-4 overall record.

A couple weeks ago, the Captain's star rookie, Johanna Ranta-aho was named Capital Athletic Conference Tennis Player of the Week.

This shows the talent and strength that this team possesses.

The team will return to the courts to play against St. Mary's College tomorrow and then York College on Friday. The Captains will return home and play Penn State Harrisburg on Saturday at 10 A.M. so be sure to go and support the nationally ranked Women's Tennis team. ■

UP NEXT:

4 pm at York  
College on  
March 31,  
2017



Junior Justin Cerny sends a volley back to rivals at The University of Mary Washington in a match at the Captains tennis courts. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**

Despite great efforts in both Men's doubles and singles this past weekend, Saturday March 25, the Captains lost to a competitive Mary Washington squad.

**BY JJ LAPOINTE**  
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Two nationally ranked teams battled it out on the courts this past weekend.

Our 28th ranked Christopher Newport Captains went head to head against the 21st ranked Mary Washington Eagles. The Eagles came away victorious by the slightest of margins 5-4.

When asked about the match between Mary Washington, junior Justin Cerny noted, "This was the start of our conference schedule. It is always a great measuring stick to play the rest of the conference."

The doubles team of two standout juniors, Cerny and David Reed, came out with the victory against Mary Washington's team of Ryland Byrd and Michael Fleming by a score of 8-5.

Reed added to the doubles victory with a dominating performance in the singles, as he took down the 46th ranked individual in Division III by a score of 6-0, 6-1.

Cerny went on to talk about the dynamics of the team this year, "The team dynamics are so rewarding with

a smaller team such as ours. We are able to build close friendships and that makes it all the more fun to compete together and push each other. We have a selfless group who puts the team first."

Along with the wins from double partners Cerny and Reed, the sophomore and freshman duo of William Trang and Andy Mason proved triumphant over their Mary Washington rivals, as they too won 8-5.

The Christopher Newport University men's tennis team is a close-knit, hard working group that has got each other's backs.

A tough loss at the hands of a great Mary Washington team has done nothing to the steadfast motivation of the Captains.

Cerny noted how playing tennis for Christopher Newport University has truly allowed himself to mature and to become a leader.

"Ultimately, I want to win matches for the team, but getting better each day is all I can ask for."

That team first mentality and leadership is going to take the Captains far. ■

# TheaterCNU's production flips the bird to the fourth wall

What do curse words, breaking the fourth wall, and playwrights have in common? They're all in "Stupid F#@Sing Bird".

BY SAMANTHA CAMILLETI  
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TheaterCNU hopes to expand their repertoire in a rather unique way with its latest production "Stupid F#@Sing Bird", an adaptation of Anton Chekov's "The Seagull" by contemporary playwright Aaron Posner.

Denise Gillman, director of the performance, notes that the basic framework Chekov created will remain unchanged. "'The Seagull' is a play that explores the life of artists, the creative process and their work. You experience that through the life of an actress, a playwright and a writer. These people come together in the countryside and there's lots of drama, lots of unrequited love, and that's a major idea both in 'The Seagull' and 'Stupid F#@Sing Bird,'" she said. "As the playwright in the play says, it's pretty much like a love story, but not the good side of a story."

While unrequited love and its ensuing drama is a wide undercurrent running through "The Seagull", the production team of TheaterCNU plans to emphasize this theme.

"It's a lot more raw, but the intensity is still there," Teddy Kavros, CNU alumnus and dramaturg for the production, said. "It's not just an adaptation, it's a deconstruction, it's a parody and it's a tribute all at once."

As the dramaturg, Kavros has the unique opportunity to research beyond the play's script and into the time period of the "The Seagull" in order to provide context and clarity for the director, actors, and the audience.

"The playwright Aaron Posner is a very interesting and talented guy and looking into a lot of interviews that he's done about the play, it's interesting to see that he wrote [the play] for himself in a way," Kavros said. "One of the reasons he called it 'Stupid F#@Sing Bird' was initially as a joke."

While it remains a question whether he meant it as a joke or not, Kavros also notes that Posner undeniably spent a large amount of time thinking about how to update the performance to resonate with modern audiences.

One of the more interesting parts of the show, according to Kavros, is that it breaks the fourth wall. "The characters are aware that there is an audience and they talk to the audience directly many

times," he said.

"There's lots of asides to the audience and longer soliloquies, where [the characters] will be engaging in a realistic scene with each other and then they'll just stop and talk to the audience about what's going on."

This is a contrast to other more traditional theatrical performances. "It's a very interesting dynamic," Kavros said. "I think people will be very surprised and excited. One of the themes of this play is trying to create something new and trying to wake an audience up."

Along with emphasizing the importance of interactions between the characters, Gillman notes that the production will also investigate this breach on the fourth wall and the presentation of the creative process on stage.

"We're approaching the play as a surreal comedy," she said. "Often times surrealism explores the mysteries of life and the play, in many respects, explores the mysteries of the creative process. What we've decided to do is that the whole play, which includes the stage and the audience, all takes place in the main character's imagination. So when the audience comes into the theater, they're actually entering into the imagination

of the main character."

The audience in this way will function as a part of the playwright's imagination, allowing the play to become more participatory.

"We want the audience to feel like they are a part of the creative process," Gillman said. "The play actually takes place as they are experiencing it as if they're in the mind of the playwright."

Seeming to pay homage to the Shakespearean style of theater, Gillman notes that Posner was inspired by The Bard and the active conversation he hoped to initiate between his audience and cast members. "The play itself is also designed to be something that makes the audience think about theater in a different way— that it's not just some passive thing to sit back and watch and go 'oh, okay, whatever' and then leave, but it's something that, when done right, theater should be something more visceral and really speak to you personally," Kavros said. "So it tries to tap into that energy that really can only exist in a live theater." ■

**Stupid F#@Sing Bird premieres April 7 at 8 p.m. in the Peebles Theatre.**

## Book review: Thirteen Reasons Why

"Thirteen Reasons Why" premieres on Netflix this Friday, but before you watch it, consider checking out the book.

BY KORTY SWIFT  
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The moment that Netflix announced it had created a mini series based on the novel "Thirteen Reasons Why" by Jay Asher, one of my favorite books, I went right to my shelf and picked it up for the first time since ninth grade.

"Thirteen Reasons Why" follows Clay Jensen, the popular class valedictorian who comes home from high school one day to find a box of thirteen cassette tapes.

The tapes were recorded by Hannah Baker, Clay's classmate/crush that committed suicide a few weeks prior. On each tape, Hannah names a specific person and explains how their actions played a part in her choice to commit suicide. Everyone who receives the set of tapes, including Clay, is a reason why.

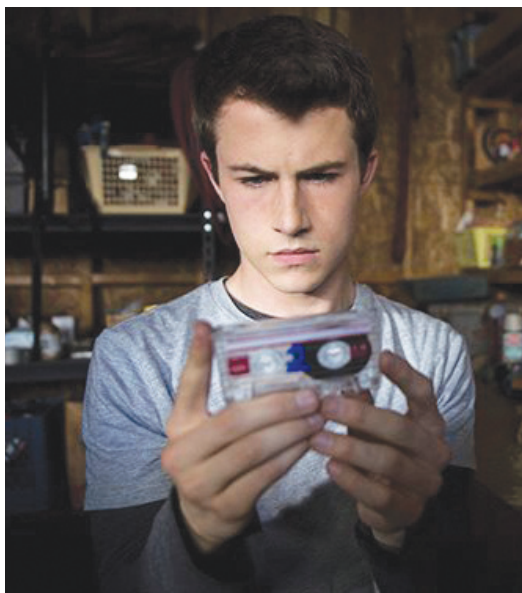
They have to listen and pass on the cassettes in numerical order to everyone mentioned, and if someone fails to send them, an anonymous person

with a copy of the tapes will release them publicly.

Clay doesn't know why he is on the list, or who else could be on it.

As he listens to each tape and goes to each mentioned location throughout the course of one night, Clay learns that a lot of what he thought he knew about his classmates, and Hannah's story, was wrong.

The story is told through a dual narrative-- Clay as he listens to Hannah on the tapes, and



Clay Jensen (Dylan Minnette) is puzzled that his one time crush committed suicide when she seemed so happy. PHOTO COURTESY OF RADIO TIMES

Hannah as she tells the story of how the person on each specific tape led her to commit suicide.

It's an effective storytelling device that allows the reader to understand the emotions Hannah feels as she tells her story, while also showing what Clay experiences as he listens to her story.

The character of Hannah is only presented through dialogue and Clay's memories of her, but Asher skillfully fleshes out her character and establishes her as an active narrator, all

solely through her dialogue.

With this being my second time reading this novel, it still managed to feel fresh and had me frantically flipping the pages as if it was my first time opening the book.

However, this novel is anything but a light read.

It is serious in tone and subject matter, with suicide, mental health, bullying and sexual assault present throughout the entire story. The author does not dampen any of these subjects.

One of the most effective parts of the novel is how well the storyline shows the reader, among many other lessons, that nobody can ever completely know what is going on in someone's life, and any action, kind or malicious, that seems minor to one person can mean so much more to another person than anyone knows.

Even with the severity of the subject matter presented, I highly recommend this book. "Thirteen Reasons Why" is an important story that, once you shut the back cover, will linger in your mind for long after you finish it. ■

## Movie review: Beauty and the Beast

Fans of the original will enjoy this film, but Disney may haven't taken its popularity for granted when they created it.

BY CALEB SMITH  
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Disney's new live action classical endeavor is a huge success, already earning hundreds of millions of dollars worldwide in little over two weeks. "Beauty and the Beast" is simply wonderful. Characters we have all grown up loving like LeFou, Cogsworth, and Lumière have been brought to life in a new fashion, yet still keep their original brilliance.

"Beauty and the Beast" retells the classical tale of book-loving Belle who takes her father's place as a prisoner in a forgotten castle in the woods. Though terrified of the Beast who lives in the castle and keeps her prisoner, a romance ensues between Belle and the Beast, teaching that love goes beyond surface appearances.

Fans of the original will thoroughly enjoy the songs they know by heart and newcomers will likewise fall in love with the beautiful score. Resisting the urge to sing along in the theater may be futile.

Disney packed an all-star cast into this film and it was well worth it. Emma Watson (Harry Potter Series) who plays Belle is stunning. Her performance is splendid and her singing is spectacular. Dan Stevens ("Downton Abbey") portrays the Beast in a different, yet enjoyable manner.

Likewise, Ian McKellen's ("Lord of the Rings") character, Cogsworth, a tightly-wound clock and Ewan McGregor's ("Star Wars") character, Lumière, a romantic and smooth-talking candlestick, have entertaining back and forth banter leaving the audience wanting more. Luke Evans ("Dracula Untold") plays Gaston, the handsome, yet misogynistic character who along with Josh Gad's ("Frozen") character, LeFou, seek to find and kill the Beast to win over Belle for himself.

However charming "Beauty and the Beast" is, it fails to slow down and let the viewer experience Belle and the Beast's love experience. The film approaches their love story expecting the audience to already know the ending which leaves their love story without much struggle. More time should have been spent developing each protagonist and the problems they have with each other so at the conclusion of the film the audience can be well satisfied.

All in all, "Beauty and the Beast" is a rarity in the realm of remakes as it is purely terrific. Few remakes live up to the original, yet "Beauty and the Beast" manages to captivate the audience in a nostalgic manner while still giving them something new to experience. ■

## Rating:



# What to expect at the Intercultural Festival

For the third year in a row, SDEC and CAB worked together to bring CNU another Intercultural Festival. At the festival, students can expect to sample food from around the world, watch performances from professionals, and have a great time.



In addition to food from around the world, students can watch dance demonstrations from a variety of cultures. PHOTO COURTESY OF CAB

BY LAUREN GAGLIARDONE  
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Today between 5-8 p.m., all CNU students have the opportunity to attend the Intercultural Festival.

The theme for this year's festival is "A Captain's Journey Around the World" and students will have the chance to partake in food sampling, win prizes, enjoy making cultural crafts, and interact with many of the cultural groups on campus.

The Student Diversity and Equality Council (SDEC) and the Campus Activities Board (CAB) have been preparing the event for months to ensure that this year is the best one yet.

The Intercultural Festival has become an annual event here at CNU, going into its third year. Elizabeth Piwowarski, one of the CAB committee members, said that the festival was back by popular demand.

"The first year, the [Intercultural Festival] was held in the Crow's Nest, but the scale has evolved so it will now be held in the DSU Ballroom," Piwowarski said. A part of the growth is due to the new performances that will be taking place at the festival this year.

Sarah Kerndt, a member SDEC planning committee, mentioned that not only will there be profes-

sional performances, but students will also have a chance to learn some of the dances for themselves.

Almost all of the student organizations that will be present at the event are going to have activities for festival-goers to participate in, according to Kerndt.

"This is a chance for the student organizations to have the freedom to make the Intercultural Festival what they want. But I can say there will be lots of food," she said.

The Intercultural Festival is a great chance for the CNU community to come together to experience something bigger than themselves.

Some of the cultures that will be represented at the festival are Indian, Australian, Latin American, Caribbean, Filipino, Polynesian and Italian. Katherine Scott, a fellow member of the SDEC planning committee, said that one of the goals of the festival was to energize the student body and give them a chance to celebrate culture and embrace the differences.

Culture is something that is distinguishable within all of us and the Intercultural Festival is a great way to experience and understand unfamiliar cultures.

"This festival is so important for CNU. It gives the students the chance to acknowledge, represent and experience so many different cultures outside of our bubble," Scott said.

Fellow CAB committee member

Cassie Perkins agreed. "This event is important to me because I think it brings a lot to CNU's campus. It gives people the opportunity to experience other cultures," she said. "I believe that learning about different cultures is something everyone should try to do because it's important to know that people around the world have different ways of living."

*"This festival is so important for CNU. It gives the students the chance to acknowledge, represent and experience so many different cultures outside of our bubble."*

*-Katherine Scott*

CAB and SDEC have been working hard to make this year's Intercultural Festival both an educational experience that will allow students to engage with other cultures. ■



Competition champions, Rubin Harvey and Charis Hutton, danced the samba. BEN LEISTENSNIER/THE CAPTAINS LOG

## CNU's Dancing with the Stars Finale

After weeks of practice, these duos took the stage at Relay for Life to show the student body their new skills.

BY MADELEINE SCHULER  
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The Ballroom Dance Society completed their CNU Dancing with the Stars competition this past Friday at Relay for Life, a fundraiser that works to raise money to find the cure to cancer.

The competition started six days prior to the event when six couples competed against each other for the title of champion. Three teams proceeded to the final round at Relay. Although the judges chose the original three finalists, it was left up to students and attendees of the event to cast their votes and pick the winner.

The CNU "stars" in the competition were Nitya Kalidindi, representing Tea N' You, David Ewing, representing RUF, Brianna Stein, representing Phi Mu, Carl Bauer, representing Delta Upsilon, Savannah Isenberg, representing Hypnotic Control, and lastly, Rubin Harvey representing the Marching Captains.

Each "star" was paired with a partner

who is an active member in The Ballroom Dance Society.

After a charming performance by Rubin Harvey and Charis Hutton, in which the couple danced the samba, the two quickly became the crowd favorite. It was not surprising when they took home first place.

"I think it's important for us to give back to the community," said Vanessa Doerpinghaus, a member of The Ballroom Dance Society. "The club really enjoys partnering with Relay and it gives us a chance to get the campus involved, as well."

Through this event, The Ballroom Dance Society raised nearly \$240, which they donated back to Relay for Life.

"This way not only do students have a say in who wins the competition, but regardless of who they vote for, they vote knowing the money will all go to a great cause," said Doerpinghaus. "This is our biggest philanthropy event of the year and it is very important to us that we give as much as we can."

The Ballroom Dance Society is a club at CNU that provides instruction in Ballroom and Latin dances.

They work to instruct all students who want to dance competitively, as well as socially. The club has around 20 active members with 10 to 12 in weekly attendance.

The club's lessons are Tuesdays from 7:30-9:30 p.m. and they hold open dance sessions on Wednesdays from 7-9 p.m. Room assignments may differ.

Students can see The Ballroom Dance Society's upcoming performances at Springfest and Bam Jam, a spring ballroom competition at the University of Maryland. ■



Noah Stevens and Brianna Stein were one of the three pairs in the finals. PHOTOS BY BEN LEISTENSNIER/THE CAPTAINS LOG

The Ballroom Dance Society raised nearly \$240 for Relay for Life

# Making course registration easy

With registration coming up next week, follow a few guidelines ensure it all goes smoothly.

BY TAYLOR MICHALSKI  
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It's that time of year again. Flowers are blooming, the days are getting warmer and the semester is quickly coming to a close. While all of these exciting events are taking place, there is one task looming over every student.

Registration.

Registering for the new semester and different classes can be overwhelming and nerve-racking to say the least.

However, if students follow some simple guidelines, registration has the

possibility to go effortlessly.

One thing that students should remember is to stay calm and know that everything will work out. Your advisor will be your best friend the weeks leading up to registration. They are a resource to answer any and all questions you may have in regards to classes.

Can't figure out if you need one more math class or maybe you want to pick up an extra minor? Set up a meeting with your advisor and sit down with them to explore all of your options.

Although your advisors are there to guide you, they are just as busy as you are with the school year ending. In order to be efficient and make the most of each other's time, make sure to be organized.

Have a list of questions you want to ask them so you don't forget anything and also have a list of possible classes you'd like to take.

You can then both review that with each other and make sure that you are on the right track.

Along with your ideal schedule of classes, it is crucial to make a backup plan. While you can be organized and have your schedule planned out, sometimes classes fill up quicker than we would like.

In this case, you will have another

set of options to work off of.

Another helpful tip to help with a successful registration is to check your pin number before the morning of. On occasion, a student's pin number may not work. In order to ensure that you have the correct pin, visit CNU Live verify it.

While you're there, also confirm you have no holds on your account. If anything should go wrong, your advisor and the registrar's office are more than willing to help you.

If you use resources wisely, stay organized and have a backup plan, registration has the potential to be a breeze. While this time can be stressful, just remember to think about how great the semester ahead will be. ■

# Preview: Take Back the Night

CNU's organization "Where Is The Line?" strives to bring awareness to and end sexual assault on campus.

BY MADELEINE SCHULER  
MADELEINE.SCHULER.14@CNU.EDU

On Tuesday April 4 members of the CNU and local communities will come together for a night of educating, raising awareness and storytelling.

Take Back the Night works to spread awareness of sexual assault and domestic violence.

To host the event, "Where Is the Line?" will be partnering with L.A.D.I.E.S., an organization on campus that strives to empower women.

"Where Is the Line?" is another organization on campus, affiliated with the global nonprofit "Fear2Freedom," that works to end sexual assault on college campuses. The organization believes that through education, awareness and philanthropic action, sexual abuse can be prevented.

According to sophomore and event coordinator, Megan Potts, Take Back the Night is a well-known event that has been hosted on college campuses across the nation since the '70s.

The event was hosted on CNU's campus two years ago, and the members of "Where Is the Line?" decided to bring it back this semester.

After the success of the organization's Shadow Event last year, the organization hopes that Take Back the Night will have the same kind of impact on the CNU community.

After a brief opening from Potts, Rosemary Tribble, the founder and President of Fear2Freedom will speak. Following her speech, representatives from Planned Parenthood and the Center of Sexual Assault Survivors in Newport

News will give a mission statement, so that students are aware of the resources they have.

Once the speeches are completed, attendees will have the opportunity to create and decorate posters with encouraging statements, supplies provided by SDEC. If the weather holds, attendees will

then join together to walk around campus, signs in hand, while students stop various locations to share their story with those around them.

"[The posters] will say things that you would say to survivors to make it easier for them to share their story since they aren't behind a screen like they were for the Shadow Event," said Potts.

In order to increase attendance and ensure that nothing prohibits individuals from attending, the event is free

and open to all that want to join in a night of unity, education and bringing awareness to a worthy cause.

"People can come, show their support and let everyone know that [sexual assault] is not something that is okay," said Potts.

The event begins at 7:30 p.m. in the DSU Ballroom.

If people have a story they would like to share during the walking portion of the event, they can email [morgan.potts.15@cnu.edu](mailto:morgan.potts.15@cnu.edu). ■



Last semester "Where Is The Line?" hosted the Shadow Event, where students had the opportunity to share their story, in order to raise awareness of sexual assault on campus. BEN LEISTENSNIDER/THE CAPTAINS LOG



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