The Official Student Newspaper Of Christopher Newport University

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http://users.cnu.edu/clog

INSIDE



WOMEN'S BASKETBALL

With just over six and a half minutes left in the game, the Lady Captains were leading the Greensboro Pride by five points - and were in serious trouble. PAGE 9

CAMPUS

SGA EXCUSES **ABSENCES**

The SGA senate has passed its first SGA constitutional amendment for this semester. The amendment, senate Proposal 10.05, rewrote the student senate's attendance policy. PAGE 3

NATION

GOP RACES TO DEFENSE

The Bush administration raced last week to defend its warrantless domestic spying program, with several aims in mind, experts say: win over a conflicted public; force Democrats into an arena that plays to GOP strength; and head off talk of impeachment and special prosecutors. PAGE 6

Food & Health

STD FACTS

In all, an estimated one in five Americans has had an STD; and nearly two-thirds of those STDs occur in people younger than 25 years old. PAGE 4

Sushi Yama is YUMMY

Hidden behind the IHOP on Jefferson Avenue, Sushi Yama offers delightful Japanese cuisine served artistically. PAGE 4

SPEAKING OF...

"Female orgasms are unique like a snowflake," said speaker Dorian Solot to an almost-full crowd

in Anderson Auditorium. Solot and her partner Marshall Miller came to talk about the unspeakable - the female orgasm. PAGE 12

Junior Korey Lewis goes for a jump shot in Sunday's basketball game against Greensboro. The men's basketball team is now tied with Averett as USA South Conference leader. SEE, HOME COURT ADVANTAGE, PAGE 9

Prepare for alcohol at Captain's Ball

BY AARON WARD Contributing Writer

That was the question CNU's administration had to address in planning the upcoming semi-formal dance, the "Captain's Ball." After seeing successful results at last year's event, which was the first school-sponsored activity that included the sale of alcohol to students of legal age since the University adopted a 'dry campus' policy years ago, school officials decided to continue the sale of alcohol for students 21 and up at this year's gala affair.

Almost 700 people purchased tickets to the previous formal, according to Kevin Hughes, Director of Judicial Affairs and planner of the 2005 "Captain's Ball." Last year's event, hosted in the main lobby of the Ferguson Center for the Arts, featured live entertainment, a full-service bar, including both alcoholic and non-alcoholic beverages and assorted hors d'oevres. The CNU Catering department supplied refreshments for the previous Ball and will do so again this

According to Elizabeth Fisher, who is the head organizer for this year's formal, the upcoming 2006 "Captain's Ball" will feature a "Hollywood Premiere" theme. Entertainment at the dance includes a DJ, the classic dance floor and, yes, alcohol. Students who attended the 2005 Ball and plan to be at the upcoming Ball can expect more food and entertainment, according to Fisher.

When asked why school officials decided to include alcohol in the "Captain's Ball" this year, Fisher stated, "CNU wants to provide a responsible event for our students to enjoy themselves." The CNU administration may want students to enjoy themselves, but they are taking several precautions to ensure things do not get out of control. Several CNU Police officers will be present to curtail any problems from either intoxicated students or those who are not of legal age trying to buy alcohol. CNU police have been effective in preventing such problems at the previous formal, which helped school officials decide to feature alcohol in the upcoming event, according to Fisher.

Funds from the Student Activities budget and money raised from the sale of the tickets to the "Captain's Ball" will help defer the cost of the event. According to statements from both Hughes and Fisher, however, profit from the sale of alcohol was not used to cover any costs from hosting the dance in the past, nor would it be in the upcoming dance.

"I believe the profits from the sale of alcohol would go back to the Catering department," Fisher said. Noone from the Catering department was available for comment.

Dividing the Student Union

WCNU is left without office space in the new Student Union.

BY REGINA CERIMELE Assistant Layout and Design Manager

As WCNU neared the close of the fall semester they believed they had secured an office in the new Student Union. Last month, when planning their relocation, they were informed the Student Union Board denied their office space application, along with other organizations' applica-

Every week WCNU operated 15 weekly shows featuring upwards of 20 Deejays.

They broadcasted their shows from a small meeting room in York River, where the station has set its officers' shared desk in front of new computers, servers and speakers.

WCNU has since been temporarily suspended from activity and broadcasting by Dean Donna Eddleman due to charter concerns, according to Station Manager Aaron Ward.

"We were excited when we were told that in the new Student Union we would have an office to the side," said Program Manager and junior Megan Tucker.

At the beginning of the fall semester, the SUB granted WCNU preemptive office space status, determining that WCNU had "special needs."

Plans for the allocation of space in the new Student Union changed after WCNU received its allocation, though. "We were about to order furniture," said Tucker.

"Not even a couple weeks later, we were told that all clubs would have to reapply."

Student concern about the allocation process had prompted the SUB's decision to ask all organizations to reapply, according to Director of Student Activities and Chair of the Student Union Board Kim Roeder.

"Students on the Board were concerned that clubs were allocated space already," said Roeder. "Students felt that if groups were doing what they were supposed to they would score out high."

Clubs including the SGA, The Captain's Log, CAB, MSA and WCNU had been preemptively excluded from competition for office space three years earlier, under the direction of Dean of Students Donna Eddleman and other administrators, according to Roeder.

3.

"We were trying to be forward-thinking. The architects were meeting, and they named those organizations that served the community the most," she said.

CNU's literary arts magazine Currents had not been considered for preemptive office space allocation initially.

By September 2005, Currents' Editor-in-Chief Kristin Brickley attempted to secure office space for her organization.

"Currents has special needs, as well - in the form of thousands of dollars of computer equipment and other supplies purchased with SAFF money that was homeless," she said.

"I found out that certain organizations had been offered preemptive; all Student Media Organizations were declared preemptive except Currents."

Curious about the Student Union Board's decision-making process, Brickley attempted to sit in on one of its meetings. "Kim

SEE UNION, PAGE 3

CNU PEDIA: OUR OWN WIKI?

New site open to CNU students

BY IAN SASS-BASEDOW Editorial Assistant

Ever searched Wikipedia for the definition of a complex number? Class notes? How about the CNU Bookstore?

Thanks to Wikipedia, the online encyclopedia where millions of articles are submitted daily by everyday Internet-users and the CNU chapter of the Institute of Electrical and Electronics Engineers, you can do just that. On www.Wikipedia.org, CNU's chapter of the IEEE has created a Web site - a Wiki - dedicated exclusively to CNU, where our students can look up all things CNU.

According to site creator Marshall Huss, "wikis" are an emerging brand of Web site, of which Wikipedia is the largest, and CNU is a small example. A Wiki is defined as "a community Web site that can be edited and modified by everyone," according to Huss.

Huss has been working on the site since the beginning of

winter break, alongside faculty and his fellow IEEE members. The purpose of the organization is to contribute computer and engineering-related services and assistance to the Department of Physics, Computer Science and Engineering (PCS) as well as the university as a whole.

"I figured, [Wikipedia] is a great resource. Why not create something like that, only with a smaller concentration?" he said.

Aside from faculty assistance in acquiring IP addresses, opening ports and providing computer use, the site has been completely student-built, according to Huss.

He encourages students to visit the newly created Web site in order to begin providing articles for desirable CNU entries such as "The Ferguson Center for the Arts," and "Einstein's."

Huss made it clear that CNUPedia's possible uses far exceed short descriptions of buildings on campus, however.

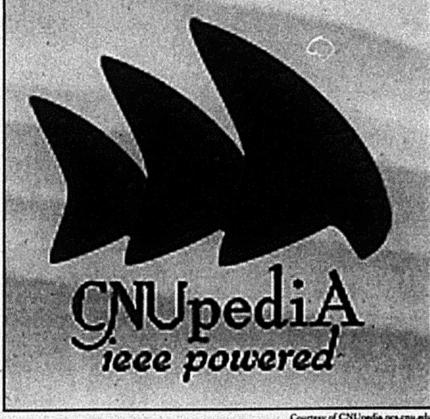
"CNU students could potentially use this site for all kinds of information. Organizations on campus can submit an article containing a description of their activities, contact information - basically, it's a free Web site for all institutions on campus, and you don't have to know anything about web design to get one," he said.

Huss also described a second IEEE Wiki called "Notebook." Though it has not caught on as quickly as CNUPedia, it might be every bit as useful to students, according to Huss.

"Students can get on Notebook and create a community database for their class notes. People from class can post all relevant info for the classes onto one source, creating a giant study guide for the whole class to study with," he said.

Despite the popularity of sites like these, to which Web site visitors contribute information, Wikipedia's legitimacy has recently fallen under scrutiny for an article which wrongly implicated a journalist in the Kennedy assassinations.

"We're keeping a close eye on our submissions; so far there has been no plagiarism or slandering, and it is our hope that



CNUpedia is a new community Web site that will be "all things CNU."

there is more good than bad on campus," said Huss.

It appears that the CNU administration is also concerned about the site. A letter has been sent to the PCS faculty who assisted Huss and IEEE in the creation of CNUPedia, according to Huss. For this reason, Huss said he would not disclose the names of professors who helped.

"We're trying to share information, and that's what the Internet is all about," Huss said.

To submit an article identifying a campus organization or common CNU term, or just to browse, visit CNUPedia on the web at http://cnupedia.pcs.cnu. edu. You can also find the online note database, Notebook, at http://notebook.pcs.cnu.edu.

Coffee, movies and food: Money Management Week makes cents

BY SARAH NEBEL " Captain's Log Intern

Some students spend their money on Starbucks, and some spend a little too much cash on movies and videogames.

To lessen the dollar drain on college students' wallets, CNU held its first-ever Money Management Week in hopes of providing the information necessary for effective budgeting.-

"What I hope the students get out of the seminars is how to budget their money," said Professor Gabriele Lingenfelter of

Business Accounting. Lingenfelter led a workshop last Tuesday is spent on. on goal-setting as well as creating and balancing a budget.

The seminar advised stu-'dents to maintain an envelope with a set amount of funds in it for each week. The money might be used for eating out, purchasing music, or any other activities students have planned for the week, but when the money in the envelope is gone, the funds for that week are spent.

Leftover change should always be returned to the envelope after purchases as well. This method provides students Joseph W. Luter III School of

with a goal about what money

Students attending the seminar were asked to write down a few weekly expenses they could go without, such as Starbucks, magazines or music.

After they added up their totals, some students were surprised to find just how much money they had available.

"You don't realize how much you are spending with going out to movies - so much you could easily save," said junior Diana Medely.

Dr. Robert Winder of the

Business attended Thursday's seminar, speaking to the asoffered students insight about what to do with their money later on in life, perhaps on into retirement, or with extra funds they might collect as college students.

"What you have and what you owe: this tells you where you are," said Winder. Speakers also discussed the stock and bond markets with students. "[Investing in the stock market] all depends on what kind of risks you are willing to take,

high or low," Winder also said. At each seminar, refresh-

sembled audience about the ba- ments were made available for sics of investing. This seminar attending students, and the managers of Money Management Week offered prizes as

The event's sponsors, including the Office of First-Year Initiatives, the Luter School of Business, the Multicultural Student Association and Alpha Kappa Psi Business Fraternity hope that students found the seminars helpful enough to make hosting more meetings for students next year worth-

Weekend Forecast

courtesy of www.weather.com

Thursday: Mostly Cloudy

High: 57° Low: 48°

Friday: Few Showers



Saturday: Showers

High: 56° Low: 44°

Sunday: Partly Cloudy

High: 50° Low: 36°

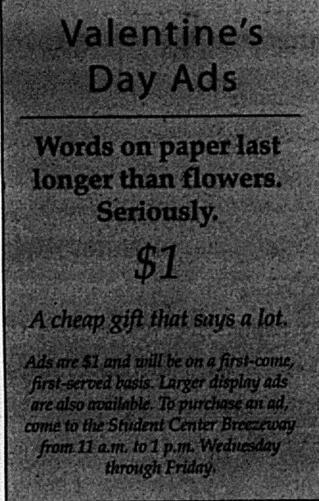
Monday: **Sunny**



High: 50° Low: 38°

Corrections

In last week's issue, a quote was misattributed to junior Senator Danielle Jefferies. In the article, "Student government sparks over Amendment 0905," she, was mistakenly reported as saying, "Couldn't-it only have positive effects?"



supershot

Poquoson Recreation's U12 Bombers attended the CNU versus Greensboro game as a reward for their 4-1 record in the U12 Poquoson Rec. League. From left to right: Reece Thornburg, Michale Love, Captain Chris, Matt Grothaus, Matthew Pulsifer and Luke Lang.

Will Summers/THE CAPTAIN'S LOG

On the record

CNU Police Blotter According to the CNU Police Web site

Jan. 23: Three bicycles were reported stolen at Madison Apartments. According to one report, two bicycles were stolen. A separate report revealed that another bike was stolen from the same location.

Jan. 26: A drug violation charge was reported in the Potomac River North residence half. The resident fire alarm was tampered with.

Jan. 27: A charge of assault was issued after a verbal altercation in the Ferguson Center for the Arts.

There was an alcohol violation issued in

CNU Village's Tyler Apartments.

Jan. 28: A routine traffic stop on Warwick and Sweetbriar resulted with a charge of Driving Under the Influence.

Jan. 29: A case of vandalism was reported at Barclay Apartments: a vehicle window was shattered.

According to the Newport News Police Department Offense Listing:

Jan. 23: A case of simple assault occurred on J. Clyde Morris Boulevard, resulting in minor injury.

Clothes were reported stolen and later recovered by a business on Jefferson Avenue.

Jan. 24: A vehicle with damaged parts was reported leaving the scene on Jefferson Avenue.

Jan. 25: An incident of malicious wounding occurred on Watson Drive.

There was a report of a runaway who left his neighborhood on Nettles Drive.

An incident of child neglect was reported at a residence along Arthur Way.

Ian 26: An individual caused damaged to

Jan. 26: An individual caused damaged to property and was witnessed leaving the scene. Drugs were seized on Minton Drive.

Cases of fraudulent credit card use and computer theft were reported on Jefferson Avenue.

There was another drug seizure on Wellesley Drive.

There was a theft of individual property on Warwick Boulevard.

Lan. 27: There was a case of simple assault

Jan. 27: There was a case of simple assault on Troy Drive.

A vehicle with parts damaged was reported leaving the scene on Jefferson Avenue and Operations Drive.

Around town state/Local News

Sale at the West Avenue Library

Friends of the Newport News Public Library will host a sale at the West Avenue Library on Feb. 9 (from 12 to 5 p.m.), Feb. 10 (from 10 a.m. to 5 p.m.), and Feb. 11 (from 10 a.m. to 3 p.m.). Although the sale is open only to members of the Friends, anyone not affiliated with the organization can join at the door. Only adults may purchase membership, which begins at a cost of \$8 a year. There will be 40,000 memberships available, sorted by category.

Budget Amendment to Provide Reenlistment Bonus

Governor Timothy M. Kaine has submitted a budget amendment providing for \$2,000 in reenlistment bonuses for Virginia National Guard personnel, according to an announcement he made last Monday. The amendment will provide all Guard who are eligible for reenlistment between April 1 and September 30 of this year the opportunity to reenlist for at least two years. Upon completion of service, Guard personnel will be entitled to receive a one-time, lump-sum bonus payment.

Port Hampton Lecture Series

The Hampton History Museum is hosting a lecture series. Colita Fairfax, Professor of Social Work at Norfolk State University will host the lecture presentation: "Understanding History Through Social Policy: A Historiography of Black People in Hampton." The event begins on Monday, Feb. 6 at 7 p.m. Non-members of the museum will be charged a fee of \$3.

Textbook Market Reform Act

Virginia21 and student leaders across Virginia demonstrated substantial support for the Textbook Market Reform Act, according to their announcement last Wednesday. Sponsored by Delegate Glenn Oder (R-Newport News), the legislation, which follows his successful 2005 Textbook Market Fairness Act and Textbook Market Study, implements new free-market reforms to increase choice, protect consumers and save families money on higher education textbook purchases.

The Reform Act allows students to simply purchase textbooks without paying for the associated component materials like CD-ROMs and workbooks, which are occasionally unnecessary. It also requires that copies of required books be available at university libraries.

Your life News

Filmmaker Alex Gibney to speak at Ferguson

On Feb. 9, Emmy award-winning director and producer Alex Gibney will speak at CNU's

Music and Theatre Hall in the Ferguson Center.

The speech has been scheduled to follow a screening of "Enron: The Smartest Guys in the Room," Gibney's film. It premiered at the 2005 Sundance Film Festival, and will begin screening at 4 p.m. The film uses Enron's own company footage, television clips and interviews to provide an informative and entertaining perspective on the Enron scandal. The speech and screening are free to the public.

African American Cinema Gallery

On Thursday Feb. 9, the African American Cinema Gallery will be set up in the Student Center lounge from 10 a.m. until 6 p.m. This event features a touring multimedia collection containing more than 100 items of memorabilia that pay tribute to black actors, actresses and authors. The event also includes a supplemental exhibit on African-American films, drama series, sitcoms and more than 100 actors and actresses.

Fundraising At Fuddruckers

James River Hall Council, the Residence Hall Association and residents of the fourth floor James River Theme Unit have teamed up with Fuddruckers for CNU Loves Baby Rachel, a fundraiser designed to raise money for a baby facing several health problems due to her premature birth. The event will be held on Monday Feb. 6 from 5 until 9 p.m. in the Fuddruckers near Regal Cinemas off of Victory Boulevard. Twenty percent of the night's earnings will be donated to the family.

E-mail kimdodson@gmail.com or call extension 8020 to get the flyer you will need to bring with you.

CNU Ice Hockey versus W&M

The CNU Ice Hockey team will play William and Mary's team at the Norfolk Scope on Feb. 4 at 3:30 p.m. Tickets cost \$13 and allow admission into both the CNU versus William and Mary game and the Norfolk Admirals game scheduled to occur immediately thereafter.

To purchase a ticket, send an email to the CNU Hockey Team: hockey@cnu.edu. The team also maintains a Web site at http://clubs.users.cnu.edu/hockey.



Campus Calendar

Wednesday

11 a.m. to 1 p.m. - CAB Recruiting Table; SC Breezeway

The Captain's Log Ad Sales; SC Breezeway

2 to 4 p.m. – Wireless Wednesday; McMurran Hall

7. p.m. - Young Democrats Meeting; SC 205

10 p.m. - Citizens of the World Meeting; JRH Multipurpose Room

- Thursday

10 a.m. to 2 p.m. - "Luter School of Business Career Fair"; Ferguson Center

11 a.m. to 1 p.m. - The Captain's Log Ad Sales; SC Breezeway

6:30 p.m. - Rowing Club Interest Meeting; SC 150

7 p.m. - Roleplaying Guild Meeting; SC 205

Circle K Meeting; SC 214

8 p.m. – The Emilia Quartet; York River East

Friday

11 a.m. to 1 p.m. - The Captain's Log Ad Sales; SC Breezeway

7 p.m. - Chinese New Year Celebration; Ferguson Center Lobby

CAB Movie Night "Jarhead"; Gaines Theater

8 to 11:59 p.m. - The Temptations; Ferguson Concert Hall

9 p.m. to 12 a.m. – Late Night Rec; Freeman Center

Saturday

3:30 - CNU Ice Hockey vs. William & Mary; Norfolk Scope

7 p.m. - CAB Movie Night "Get Rich or Die Tryin"; Gaines Theater

9 p.m. – Hypnotist Tom Deluca; Music and Theatre Hall

10 p.m. to 2 a.m. - MSA's Pajama Jammy Jam; Freeman Center

Sunday

4 p.m. – Roman Catholic Mass; SC 150

7 p.m. - The Captain's Log Staff Meeting, SC 233

Monday

10 a.m. to 4 p.m. – "Women in Community"; Falk Art Gallery

5 p.m. - CAB Information Session; SC 214

5:30 p.m, - SGA Meeting;

Tuesday

February 1-7

10 a.m. to 4 p.m. – "Women in Community"; Falk Art Gallery

5:30 p.m. – Baptist Student Ministries Meeting; SC 233

6 p.m. – CAB Information Session; SC 233

8 p.m. – Fellowship of Christian Athletes Meeting; Freeman Center, President's Box

SGA passes first amendment on senate absences

The Student Government Association Senate increased the number of excused absences per semester from zero to two.

BY PHILIP LECLERC News Editor

The SGA senate has passed its first SGA constitutional amendment for this semester. The amendment, senate Proposal 10.05, rewrote the student senate's attendance policy, increasing the number of excused absences allowed for each senator per semester from zero to

Written by senators Candace Mascia and Robert Peresich, the amendment resolves to alter Article XI, Section III of the SGA's constitution. Section III now reads:

"Members of the SGA student senate will be allowed two excused absences per semester, that will not in any way negatively effect their good standing on the SGA senate. These two allotted absences may take place whenever needed, and may be excused for any reason. Senators who violate the attendance policy shall be sent to the Student Supreme Court for disciplinary review. Senators may be subject to removal from office at the discretion of the Student Supreme Court for a violation of this attendance policy."

Mascia and Peresich began discussion of the amendment, summarizing its purpose for the rest of the senate. According to Mascia, they meant Amendment 10.05 to clarify ambiguities in the SGA's constitution.

"Some people had questions: 'What's a justifiable excuse? What's the third meeting punishment?' That is left to the Supreme Court," she said. "According to this, you have two any-excuse absences."

After Mascia and Peresich finished explaining the proposal to the senate, Senator Scott Jaeschke moved to vote on the amendment. Changes have been made to the proposal since it was first written, updating it to reflect flaws in the initial version, and, according to Sergeant-At Arms Josh Dermer those changes had to be voted upon prior to voting upon the actual amendment.

Senator Erin Greene moved to alter a grammatical error in the proposal, and the senate accepted it. The senate then voted to accept proposal 10.05 and amend the SGA Constitution, providing student senators two

excused absences per semester.

Though Amendment 10.05 altered the constitutional policy regarding judicial review of senate attendance, none of the SGA justices could be present that evening, Jan. 30. Chief Justice Angela Brooks, who normally attends the senate's meetings, had been in an accident earlier that day according to Justice Erin Ireland, who attended the beginning of the senate's meeting.

Though Brooks was unharmed, she went to the hospital following her accident to confirm her health. "She's completely fine," said Ireland. The judicial branch's other justices, including Ireland, had made previous engagements, and were unable to attend the senate meeting in its entirety. Ireland left after informing the senate of Brooks' situation.

In addition to passing Amendment 10.05, the senate heard reports from Senators Gus Diggs and Sean Rankin, as well as Vice President Molly Buckley, President Mehreen Farooq and Secretary of University Affairs Jason Scheel. Rankin spoke to the senate regarding the Liberal Learning Core, which should

Senior Robert Peresich and junior Candace Mascia address the senate, as freshman Joe Hamm listens.

affect students entering the university in the fall of 2006.

The SGA also reported it is speaking with The Daily Press regarding pedestrian safety studies that have been held in Newport News before, according to Buckley. Buckley also made suggestions to the senate, asking that they create committees to help oversee the budget,

Virginia21 and the SGA's end-ofyear banquet.

Farooq asked Secretary of Budget Timothy Davenport to report to her regarding activities in the committees he oversees. Under the system she has created with Davenport, he should report to her on funds allocated within his committees and attendance at those meetings, according to Farooq.

Scheel said the senate has begun looking into forming think-tanks of students from the President's Leadership Program. Although initial response was good, according to Scheel, he also asked that the senators ask anyone they might know in PLP to e-mail him regarding the think tanks.

UNION, FROM PAGE 1

Roeder immediately turned me away," she said.

"While she told me that the ICA representative would provide meeting minutes to all clubs, I was not satisfied as I found out that the media organizations do not fall under the umbrella of ICA."

Currents' staff was likely much smaller when early decisions were made three years Kearney, Panhellenic Represenago, but the size of an organization should not determine its allocation of office space, according to Brickley.

"Currents is the only literary arts journal on campus. Our budget has been increased to buy computers, with nowhere to keep them," she said.

Clubs and organizations filed a total of 55 requests for Representative position remains office space, competing for 29 vacant; CNU graduate and spaces, according to Roeder.

Of the 29, however, only 26 spaces were available, the

remaining three being allocated for storage space.

When it came time to determine how space would be allocated, the SUB's membership all met and deliberated over a fiveto-six hour period.

In addition to Roeder, that membership includes: ICA Chair Courtney Keller, Com- I understand we have a lower muter Student Representative Stacey Vande Linde, Club at of the clubs that require space. Large Representative Danielle tative Tiffany Campbell, IFC Representative Ryan Chandler, CAB Representative Lynanne Jeni Ramos, Student Media Board Representative Justin Pritchett and Faculty Representatives Sherman Lee and Patrick Walker.

A second Club At Large former Student Media Board the position prior to graduation.

WCNU Station Manager Aaron Ward had scheduled to appeal WCNU's office allocation before the Student Union Board this past Friday.

WCNU was one of only four of 29 denied organizations to appeal the SUB's decision.

"I'd like more space, but number of members. We are one We require a studio to actually function. Only one other college station in Virginia is working out of a dorm," said Tucker.

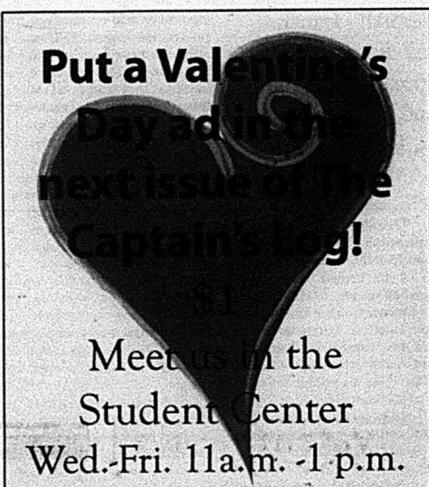
Unlike WCNU, Currents Hodges, RHA Representative had their office application accepted. Though pleased with the results, Brickley remains unsatisfied with other aspects of the process.

"How were the members of the board chosen? I was never aware of a call for interested parties," she said.

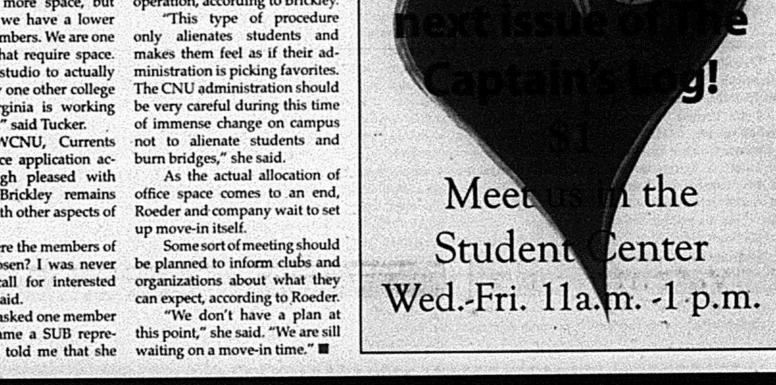
"When I asked one member Chairman Thomas Fellers held how she became a SUB representative, she told me that she

had approached Kim Roeder and asked about office space for her organization. In response, Roeder suggested she represent her organization on the SUB."

The office allocation procedure might have done more to distance students than foster cooperation, according to Brickley.



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Food & Health



By Aliya Altafullah Food Critic

Hidden behind the IHOP on Jefferson Avenue, Sushi Yama offers delightful Japanese cuisine served artistically.

Once you walk into Sushi Yama, you're greeted by the smiling staff and the soft, soothing sounds of Japanese music flowing throughout the restaurant. The ambience is genuine to the culture, and paintings, plants and dishware complete the ex-

Sushi Yama is yummy

perience. You have the option of being sat at one of their glass tables, or in front of the sushi bar where you can personally watch the chef prepare your meal.

Sushi Yama's menu is extensive - they offer all sorts of traditional Japanese cuisine from tempura to teriyaki. Although their Miso is the only soup they offer, it's delightful, and I definitely recommend it. The broth is full of flavor, served hot with small cubes of tofu scattered throughout. I also suggest another Sushi Yama specialty: the seaweed salad. Although it's different and may sound a little out of the ordinary at first, the seaweed salad, served with a sweet dressing, is

cool, crisp and refreshing. As a third appetizer, I opted to try their assorted sashimi platter. At only \$6.50, I found the sashimi platter to be worth the price, which doesn't often happen when you're dining on sushi. The

sashimi platter consisted of three large chunks (raw, of course) of three different fish: salmon, tuna and yellowtail. Accompanied by salty soy sauce, spicy wasabi and slivers of pickled ginger, the sashimi platter was the perfect starter for a sushi dinner. You can taste the freshness and quality of the fish from the very first bite. Dip it in a little bit of soy sauce' and you have a wonderful mixture of exotic flavors.

Eating good sushi is not something that one does on a budget (unless you buy the variety pack from the Harris Teeter dairy case). Sushi is pricey no matter where you go, and Sushi Yama isn't much different. Entrees range anywhere from \$10-\$20 depending on what you order. The deluxe sushi assortment plate is \$17.50 and not meant for sharing. That's why I recommend that your best bet would be to order straight off the a la

carte menu. That way, you get exactly what you want.

When you're seated, your server will hand you the a lat carte menu along with a pen so that you can go through and write down how many pieces of each item you want.

Since I wanted more variety than what the sushi platter offered, I did just that. When the food arrived it looked like a work of art - tuna, salmon, yellowtail, shrimp and octopus plated very delicately atop a large, wooden serving tray. Our server handed us small soy sauce dishes for dipping as well as a pair of chopsticks.

Normally, I dab a tiny bit of wasabi into the sov sauce so as not to be overwhelmed by the power it carries. At Sushi Yama, however (as they failed to point out), they smear a fairly good portion of wasabi on the rice balls before the sushi is placed



Chanelle Layman/THE CAPTAIN'S LOG

Sushi Yama is tucked into the shopping center behind IHOP on Jefferson Ave. like the wasabi in their rice balls. You don't know it's there until your mouth is on fire.

a fan of wasabi or spicy food in general, ask them to skip that step unless you want a mouth full of one of the spiciest condi-

ments in the world. Other than the wasabi incident, the sushi was fantastic: extremely fresh and flavorful. The rice was also cooked to perfection and a perfect pair with the tenderness of the fish. As I men-

on top. That means, if you aren't tioned, sushi comes with a hefty price tag, so don't expect to stay on a budget.

> If you're new to the whole raw fish experience, Sushi Yama is a great place to start. They're located in the Kingstowne Shopping Center on Jefferson Avenue, next to the IHOP and Fazoli's. Call them at 757-596-1150 if you have any questions or comments.

Health Library: STDs

Sexually transmitted diseases are spread via sexual and intimate contact.

MyStudentHealthZone.com Knight Ridder Tribune

There are approximately 25 different STDs affecting more than 15 million men and women in the United States every year, according to the Centers for Disease Control and Prevention. In all, an estimated one in five Americans has had an STD, and nearly two-thirds of those STDs occur in people younger than 25 years old.

STDs are spread via sexual and intimate contact, which includes vaginal and anal intercourse, as well as oral-anal and oral-genital contact. (Hav-

ing oral or anal sex does not prevent the spread of STDs, although many people think that it does.) The viruses or bacteria that cause STDs travel from person to person in semen, vaginal fluids, or blood. Some STDs enter the body through tiny cuts or tears in the mouth, anus, or genitals. Others flourish in the mucous membranes of the genitals or the delicate skin around the rectum and genitals. You don't have to have sexual intercourse to become infected with an STD. Someone can get herpes or genital warts simply through skin-to-skin contact with an infected area

If left untreated, sexually transmitted diseases can lead to long-term problems, such as infertility. However, preventing STDs or early detection and treat-

ment can help control the spread of these diseases land, in many cases, the development of serious health problems. .

If you think you may have an STD, or if you have had sex with a partner who may have an STD, see a doctor right away. Waiting to see a doctor may allow the disease to progress and cause more damage.

Many sexually transmitted diseases can be cured with medications. When STDs are diagnosed and treated promptly, the uncomfortable symptoms and serious complications associated with the infections may be prevented.

If you're concerned that you might have an STD, you can call a national or local STD hotline.

DESSERTS

Personal Trainer running you may not have thought of: Take dark sunglasses to reduce glare if there re to avoid is snow on the ground Wear the right color Light colors with reflectors if very cloudy o bright colors When you start, head and a cell into the wind; phone; let that way, you someone will probably low your be running a plans downwind, and feeling less wind chill, on the way home ry off promptly afterward and put on dry clothes; it that is inconvenient, at least put on some dry socks Source: "Your Guide to

Running/Jogging" by Jesslyn Bass

Graphic: Helen Lee McComas, Paul Trap

Boo Boo Pie

- 2 2/3 cup coconut
- 1 can sweetened condensed milk 1 stick margarine
- 3 squares unsweetened chocolate
- 3/4 cup sugar
- 1/2 cup all purpose flour
- 3 eggs
- 1 tablespoon vanilla

Mix together coconut and sweetened condensed milk; set aside.

Microwave margarine and chocolate together for 4 minutes in a microwave bowl. Add remaining ingredients and pour into

a greased pie pan. Put coconut mix around Bake in a 325 degree oven for 25 minutes.

Recipes are from "Miss Patti's Cook Book." www.pattis-settlement.com/catalog.htm



REMINDER

UNIVERSITY

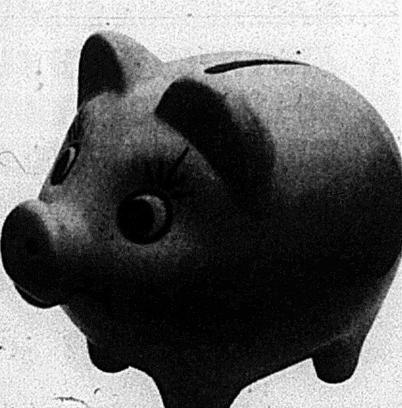
© 2006 KRT

Don't forget to complete your FAFSA!

f you will be enrolled in classes in Fall 2006 and would like to receive financial aid, you should complete your Free Application for Federal Student Aid (FAFSA) NOW!

CNU's priority consideration date is March 1, so you should complete your FAFSA by early February to ensure that you are considered for all types of financial aid. If you have not completed your federal taxes for 2005, no problem! Just indicate that you "will file." It is OK to use estimated tax information for you and your parents.

If you have questions about the FAFSA or need help completing the application, please call the Financial Aid Office at 594-7170, e-mail us at finaid@cnu.edu, or stop by our office in Room 203 of the Administration Building.



Where We Stand

Let's talk about sex, baby.

Last week we discussed, despite the new semester's infancy, how the college climate is already hopping for students in regards to politics and academics. We've now been back just long enough to notice that the once nervous crowds of men and women walking about campus have begun, slowly but surely, to pair off.

Valentine's Day is fast approaching, and there's one topic swelling in the ea-

ger minds of these new couples: Sex.

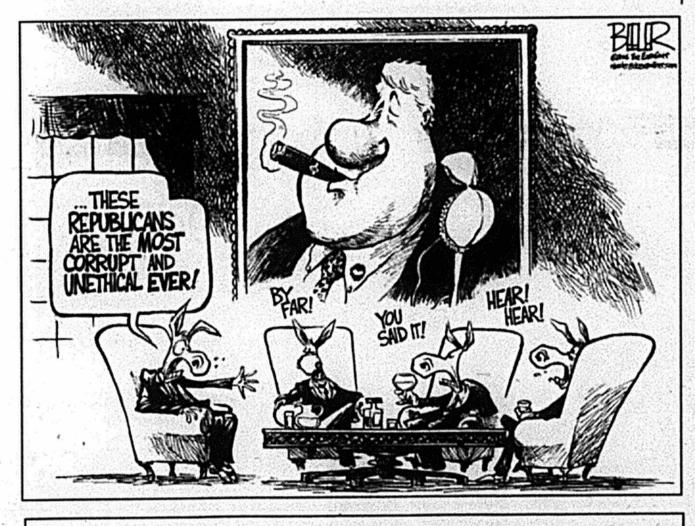
While working on Issue 14, it was with much incredulity that we at The Captain's Log watched as our pages begin to form. We laughed a little about the results, but in the end, we realize that the trend in this week's issue is one that might need to be addressed.

Just this week, we have an article on STDs and safe sex. We also report on an event (that was a huge crowd-pleaser) called "The Big O," and we run a wire service story on a current trend in "intimate paraphernalia" marketed towards women. To top it off, we run a review/commentary on "Showgirls," the nowfamous movie that immortalizes Las Vegas and Elizabeth Berkely's breasts for all time.

We're in no way encouraging (or discouraging) premarital sex. Let's get that out of the way right now. But personal beliefs aside, the fact is this: these are the stories running on the wires, and these are the stories cropping up on our campus.

In the next few weeks, a slew of events will remind us just how sexual we really are. Sexual Responsibility Week, hosted by Career and Counseling Services, will be held at CNU from February 12-18. The Vagina Monologues will run here on February 17 and 18. Most importantly, (to some) Valentine's Day is only two weeks away, and all this talk about sex may be giving someone out there a few ideas.

So, in light of all this sex-talk, let's talk about sex facts. According to the Center for Disease Control, one in five Americans has had an STD. Just last semester, The Captain's Log printed an anonymous letter from an individual who had contracted herpes. Not only are there physical repercussions from unsafe sex (including the possibility of pregnancy), but there are emotional ones as well. Sex and relationships are traumatic: most people will have that one bad experience in college, whether it's the end of a long-term relationship or a one-night stand you'd rather forget.



The Captain's Log

2005 - 2006 Staff

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The Captain's Log welcomes letters from its readers. Send letters to: The Captain's Log, 1 University Place, Newport News, VA 23606.

Letters may also be brought to our office or sent to us by e-mail at clog@cnu.edu. Anonymous letters may be printed, but writers must sign

the original, providing a full address and telephone number for verification purposes.

Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication.

Corrections/Clarifications to The Captain's Log will be published in the issue following the error, at the discretion of the Editor in Chief.

'Will and Grace' to take a final bow

KAI WRIGHT Knight Ridder/Tribune News Service

Eight seasons and millions of laughs later, the television show that brought the lives of two gay men into America's living rooms is set for its curtain call. NBC announced Jan. 22 that this season will be the last for "Will & Grace."

It was a wildly successful run - by any standard. Few sitcoms make it eight years, and "Will & Grace" snatched up 14 Emmys in the process.

Peaking at 17.3 million viewers, the show has been gay America's broadest, most sustained public appearance. Americans invited our TV standins over for dinner week after week.

But now that the party's over, the question must be asked: What kinds of hosts were they?

It's said that sitcoms connect with viewers who want to either be like the characters or

hang out with them. Jack may not have been a lot like many gay men, but he sure reminded us of friends we loved.

Early on, he was over-thetop, to be sure. But here, for once, was a gay man on TV who had sex — and bragged about it.

He dismissed the straightworld approval that his buttoned-up buddy, Will, pursued. And he told jokes with smart references to things gay men ac- found three-quarters of gay tually talk about.

That was then. By the time the show reached its ratings zenith in the 2001-2002 season, Jack had become something far less familiar.

He'd morphed from a fearlessly honest gay man into a troublesome toddler. His worldview was the same, but it had laws. been defanged.

with his acerbic sidekick Karen often devolved into baby talk.

He'd become a dimwit of "Amos 'N Andy" proportions, with inane self-obsession and a

childlike pursuit of pleasure. Characters that start by challenging America's definitions of normal — be they racial or sexual - must ultimately reinforce them.

The outsider must become smaller, less human before being let in.

In the same year "Will & Grace" ratings peaked, a Kaiser Family Foundation poll-Americans surveyed felt they were more accepted than they had been just a few years be-

Equally large shares of straight people supported almost every major plank of the gay civil rights movement - from anti-bias to hate crime

But the question for gay The once witty exchanges folks, as we are welcomed into the mainstream, is, "On what terms are we seeking entry?"

> Must I be an empty caricature of myself, or can I come

We forget the value of education

Knight Ridder/Tribune News Service

The following editorial appeared in the Dallas Morning News on Monday, Jan. 23:

Stanford University is one of the world's great research institutions, so when the school's president talks about American universities in the 21st century, it pays to listen.

In a discussion about China and India outstripping the United States in math and science education, Stanford's John Hennessy was asked whether U.S. universities should give preferential admission to American students in those fields.

"Maybe so," said Hennessy, himself a distinguished engineering researcher, "if we could get these students in the first place." The National Science Foundation warns that America

searchers to maintain the country's leading role in science and the most powerful women in technological progress. As Hennessy indicated, U.S. graduate applications in the sciences and engineering are down. True, mediocre K-12 education plays self-discipline. a big role in this crisis, and, yes, there must be systemic reform.

told us that there's a more fun- that respected teachers and damental problem the American treasured the gift of learning people have yet to face: a wide- into one with an entitlement spread loss of faith in educa- mentality?

used to be especially devoted to education, he said, but "now migrants from Asia."

He mentioned Condoleezza Rice's grandfather, a sharecropper who worked hard to get a college degree and who, by instilling in his descendants a dia aren't making the same deep belief in the transformative mistake.

is not producing enough re- power of education, produced within two generations one of the world.

> This is what education can do for those who believe in hard work and scholarly

That used to be most Americans. What happened? But the Stanford president How did we fall from a nation

Lawmakers in Texas and Immigrant communities Washington can tool with education policy all they like, but no tax will require lazy you only really see it among im- students to do their homework, and no law can make self-indulgent parents care deeply about their children's

Parents in China and In-

Ford needs more than SUVs

MEREDITH DEARBORN AND MIKE HUDEMA Knight Ridder/Tribune News Service

Ford is in a financial crisis, and it has only itself to blame.

On Jan. 23, Ford Motor Co. announced plans to hand out up to 30,000 pink slips to hardworking Americans and close 14 assembly plants in the next six

Ford's financial woes are not the fault of its workforce which has already done its share to help Ford by cutting health benefits. What's at fault are the company's SUVs.

The biggest auto trend in 2005 was a shift toward fuel-efficient cars and away from fuelthirsty SUVs.

U.S. buyers are looking for cars that will deliver high gas mileage, allowing them some security from the record fuel prices that plagued 2005 - and are likely to increase in the future.

At the same time, Toyota, maker of the hybrid Prius, witnessed a 13-percent rise in sales over the past year.

The trend toward lighter, gas-sipping vehicles has given

Ford's overseas rivals a growing share of the U.S. market. By as early as next year, Toyota may become America's top-selling automaker.

Americans are starting to realize that the price tag for our reliance on oil is becoming harder to ignore. In fact, 66 percent of Americans believe that buying a highly fuel-efficient car is patriotic, according to a March 2005 survey by Opinion Research Corp. The percentage is slightly higher — 67 percent — among NASCAR fans. All this spells bad news for a company that still has the worst fleet-wide fuel economy of any U.S. automaker.

So far, Ford has not done nearly enough to create a more fuel-efficient fleet. Although it will increase hybrid production to 250,000 vehicles by 2010 the same number Toyota plans to sell this year - the company is doing damage by increasing the size of its biggest SUV.

The new, tentatively named Ford Expedition EL (Extended Length) - referred internally as the Ford Everest - will increase to a gargantuan 19.5 feet in length. That's about a 15-inch increase from the old Expedition. Instead of laying off its

workers, Ford should lay off these SUVs. It should pay attention to its core values, listen to the market and start making cars that today's more fuel-savvy consumer is likely to buy.

Ford must make serious steps toward improving its abysmal average — at 19.1 miles per gallon - that still has a majority of its fleet with a lower fuel-economy rating than the model-T did.If Ford focused on improving its fleet-wide gas mileage to an average of 40 mpg in the next 10 years, the company could create 161,000 more U.S. jobs - 40,800 in the automotive sector - and increase profits, according to estimates in a 2005 report by the Union of Concerned Scientists. What's more, the environment would benefit, and we would limit our dependency on foreign oil.

"We are acting with speed to - deliver the innovation customers demand and create a business structure for us to compete - and win - in this era of global competition," Chairman and CEO Bill Ford Jr. said during the recent announcement.

But it appears Ford is acting with speed only when it comes to eliminating jobs.

Sweets rot your teeth, but sweet words melt your heart...

And at \$1, they're a lot cheaper than roses. If you're interested in showing someone you care, place a Valentine's Day Ad in The Captain's Log.

Ads will be sold 11 a.m. to 1 p.m., Wed. - Fri. in the Student Center Breezeway

World and Nation

Republicans race to defend spying program

Is impeachment a solution to the issues caused by the Republican party?

BY MICHELLE MITTELSTADT Dallas Morning News

WASHINGTON - The Bush administration raced last week to defend its warrantless domestic spying program, with several aims in mind, experts say: win over a conflicted public: force Democrats into an arena that plays to GOP strength; and head off talk of impeachment and special pros-

With polls showing the public sharply divided over the controversial surveillance program, the White House and its critics (Democrats, small-government conservatives and civil libertarians) are engaged in a high-stakes contest to frame the debate.

"If it's defined primarily as government abuse, the president out of control, the White House running roughshod over basic constitutional rights,' it would be a major problem for an extended period of time for the president -- both on Capitol Hill but also with the voters," said political analyst Stuart Rothenberg.

"If the issue is defined more as protecting national security, keeping people safe, stopping terrorism,' then what the Democrats immediately saw might be a good issue for them could actually be turned around for the president and the Republican Party."

Though the court of public opinion is key, some suggest that the political system or the courts will be the ultimate arbiter of the program's legality - and the far weightier question of whether Bush is claiming executive powers outside the bounds of the Constitution or

This is the dangerous side of what's going on," said David Keene, chairman of the American Conservative Union.

He argues that the White House with court review, under the 1978

has gone too far in its assertion of presidential powers. "It sets the stage for a clash between institutions of government because what the executive claims when it claims the inherent power to do anything it wants in times of war, is saying that what Congress thinks doesn't matter and ultimately what the courts think doesn't matter."

But Caroline Fredrickson, head of the American Civil Liberties Union's Washington office, said she fears that clash won't materialize because the GOP-led Congress has shown little appetite for oversight of the administration's anti-terrorism efforts.

"Where you have bipartisan groups of individuals from the broadest spectrum of American political life suggesting that the president's actions are illegal, I think this is where Congress should be undertaking extensive hearings," she said.

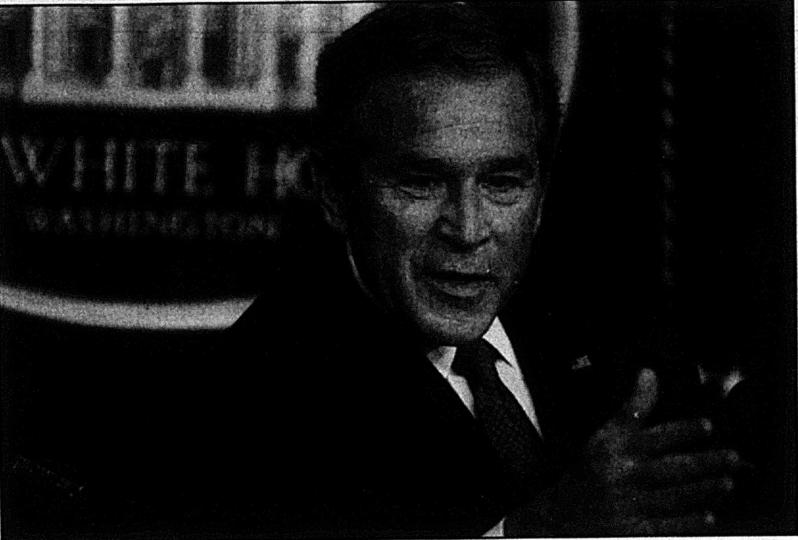
Thus far, the Senate Judiciary Committee is the only one committed to hold hearings, with Chairman Arlen Specter, R-Pa., voicing skepticism about the program's legal justification.

Specter has summoned Attorney General Alberto Gonzales for a Feb. 6 hearing and is under pressure from Democrats to invite former Deputy Attorney General James Comey and other administration officials.

Gonzales and other top aides joined the president last week in a public relations blitz to assert that Bush had full authority to initiate warrantless surveillance of Americans believed to be engaged in communication with people overseas suspected of ties to al-Qaida or its affiliates.

"We must be able to quickly de-. tect when someone linked to al-Qaida is communicating with someone inside of America," Bush said Wednesday during a visit to NSA headquarters in

But critics say that can be done,



Chuck Kennedy/KRT

President Bush answers questions, Thursday, January 26, 2006, during a news conference in the Brady Press Room at the White House in Washington, D.C. Bush said Thursday that Hamas cannot be a partner for Middle East peacemaking without renouncing violence, and he reiterated that the United States will not deal with Palestinian leaders who do not recognize Israel's right to exist.

Foreign Intelligence Surveillance Act. Though administration officials complain that the law is too cumbersome for "hot pursuit" surveillance,

While the ACLU and the Center for Constitutional Rights have sued to challenge the spy program's constitutionality, some suggest that the controversy may not be settled in the courts.

"It's very unlikely it will ever make it to the Supreme Court or a federal court because it basically is a disagreement between the executive branch and the legislative branch over who has power," said Sen. John Cornyn, R-Texas. "And the truth is, both branches have a responsibility

and have authority."

The groups' lawsuits were brought on behalf of Americans troubled by the thought of domestic spying without court oversight.

But they will likely be deemed to lack legal standing because the groups weren't wiretap targets, said Kate Martin, head of the Center for National Security Studies. And while lawyers for defendants charged in terrorism cases have sued to learn if the warrantless wiretaps were used against their clients, Martin predicted that they are unlikely to pierce the veil of secrecy around the program.

Her solution? Congressional hearings. And if lawmakers deem that Bush

exceeded his power, Congress should censure him.

Asked on a recent Sunday news show what he thought the remedy would be for a president breaking the law, Specter said: "Impeachment is the

He quickly noted that he was speaking theoretically. And thus far, impeachment isn't being touted by the political establishment. "Impeachment is not likely to gain political traction," said Larry Sabato, a University of Virginia political

"Only hard-core Democratic partisans want to see Bush impeached, so it just turns people off."

Islamic miliant group wins Palestinian legislature

Middle Eastern politics will be reshaped by the legislative victory.

> By DION NISSENBAUM Knight Ridder Newspaper

RAMALLAH, West Bank - The Islamic militant group Hamas secured a commanding legislative victory Thursday over the ruling Fatah party founded by the late Palestinian leader Yasser Arafat - a stunning upset that's certain to reshape Middle

East politics. Palestinian voters upended the regional political dynamics overnight by propelling Hamas into the top echelons of Palestinian power on Wednesday and transforming Arafat's fractured political party into what its leaders dubbed "the loyal opposition."

In preliminary results released Thursday night, Hamas candidates surprised even themselves by securing at least 76 of 132 seats in the new parliament, giving them a mandate to form the next Cabinet. Fatah, which controlled 68 of 88 seats in the old

legislature, won just 43 seats in the expanded Palestinian Legislative Council. The rest of the seats went to a small number of independent candidates.

The surprise triumph for Hamas, a group that's formally committed to the destruction of Israel and has repeatedly sent suicide bombers to kill Israelis, sent shock waves around the globe. Political leaders from Washington to Jerusalem scrambled to respond to a new reality that cast an immediate pall over prospects for renewed Israeli-Palestinian peace talks.

The results were especially bitter for Fatah because exit polls released Wednesday night indicated that the ruling party would eke out a narrow victory in the first legislative election in a decade. But by early Thursday, it was clear that Fatah candidates running in regional seats, which account for half the legislature, had been routed, handing Hamas a solid victory.

In the wake of Arafat's death 14 months ago, Palestinian voters lost confidence in Fatah and began to turn increasingly toward Hamas, which runs extensive social welfare programs for Palestinians. Many Palestinian voters said they were tired of Fatah's arrogance and frustrated that its leaders had given so many concessions to Israel without making much progress in



Senior Hamas leader and top candidate for the Palestinian parliamentary elections, Ismail Haniya, waves after a press conference held at his house in al-Shati refugee camp, in Gaza City, Thursday, Jan. 26, 2006.

founding an independent Palestinian

After consulting all day with his aides, Abbas emerged late Thursday and vowed to stay on as president of the Palestinian Authority to shepherd the new government through the difficult next stages. Abbas said he would begin working quickly with Hamas, but suggested that its members would have to accept a two-state solution if they wanted to lead the Palestinian Authority.

Fatah is leaving Hamas a series of daunting challenges. The government is teetering on the brink of bankruptcy, the economy is stagnant, unemployment is high, and efforts to create an independent Palestinian state have stalled.

Thailand tsunami village residents fight for their property

BY KIM BARKER Chicago Tribune

LAEM POM, Thailand - The woman struggles to the front of the room on her knees, always keeping existing tensions in the tiny village of lower than the government officials seated before her.

is deferential, but she also is at war. Since the tsunami just over a year ago, she has led the fight for her village, battling a powerful company that claims it owns the valuable beachfront property on which Laem Pom sits.

"We really want to keep our land safe for the next generation, since we have all risked our lives tremendously," she tells the country's interior minister. "Unless you wish to see us risk our lives any further."

The battle over this ocean property pits Thailand's past, including a tradition of squatters' rights, with its

future, expected to rely on foreign tourists spending money at trendy beachfront playgrounds. Disputes between villagers and developers have been common in Thailand and Sri Lanka since the December 2004 tsunami.

The disaster exacerbated these Laem Pom. Villagers accuse developer Far East Co. of preventing them from Ratree Kongwatmai's demeanor looking for their loved ones the day after the tsunami. Ratree, 32, who lost her daughter, father and sister in the rush of water, shifted anger over her loss onto Far East, which reportedly wants to build a resort on the land.

> So reviled is Far East that villagers have named stray dogs after company

Laem Pom was founded almost 40 years ago, when Thais moved here to work in a tin mine; after the mine * closed, villagers stayed. Laem Pom remained small, with only 52 homes and a few dirt roads.

The dispute over Laem Pom is in for a tsunami memorial, including a

court, but a legal battle could drag on for years. The government is trying to reach a compromise sooner. Complicating the issue are Thai laws allowing

land on paper. The government, obsessed with protecting Thailand's international reputation, would like such disputes

squatters to claim land rights after 10

years, even if someone else owns the

to be settled. The struggle over Laem Pom and other villages is one of the only remaining tsunami-related controversies dogging the country since the disaster. In many ways, recovery in Thailand has been successful and relatively swift.

In Phang Nga province, which suffered 4,255 of Thailand's 5,395 confirmed deaths, officials already have rebuilt the 2,000 homes destroyed by the tsunami. Foreign volunteers have helped clean up beaches and build new boats. Fishing is almost back to normal. International money has paid

wall with victims' names.

A former fish vendor with a 6thgrade education, she has marshaled international support to rebuild homes on the disputed land. Diplomats and foreign volunteers have flocked to help Ratree. And this month, she even won a meeting with one of the top officials in Thailand, the interior minister.

They accuse company security guards of continual harassment, of bisoning dogs, making threatening phone calls and firing guns into the air. They call company workers "the mafia" or "gangsters."

Before the tsunami, Ratree never attended a protest. Now she organizes demonstrations, speaking with a microphone and wearing T-shirts with messages such as "distribute the land

She has turned her grief into revenge. "I've lived all my life on this land," she says.

"I lost my loved ones on this land. I have to keep this land."

Chaos erupts again in Saddam's trial

BY NANCY A. YOUSSEF Knight Ridder Newspaper

BAGHDAD, Iraq — Hopes that a new judge in the Saddam Hussein trial would lead to fewer outbursts, shouting matches and theatrics vanished in the opening minutes of Sunday's session when the entire defense team and the four most prominent defendants, including Saddam, walked out.

Saddam, a Sunni Muslim, and his seven co-defendants are on trial for the murder of nearly 150 people after the 1982 assassination attempt in the largely Shiite-Muslim city of Dujail. They face several charges, including crimes against humanity.

Sunday's was the first session under Judge Raouf Rasheed Abdel-Rahman, the replacement for mild-mannered Rizgar Mohammed Amin.

Abdel-Rahman tried to make it clear that a new regime would rule in the court and that the defendants would not be allowed to make political statements.

One of the defense lawyers immediately rose and began addressing the judge, ignoring Abdel-Rahman's repeated requests that he sit down. Then, Saddam's half brother and codefendant, Barzan Ibrahim, shouted an insult. Abdel-Rahman, visibly angry, ordered him removed. Four guards surrounded Ibrahim, who kicked and screamed as he was dragged out.

That drew Saddam's ire, and both he and defense lawyers began shouting. "Long live Iraq! Long live Iraq!" the former dictator said at one point.

The judge tried to regain control, yelling at the defendants and their attorneys and hitting his gavel. But the courtroom was chaotic.

The judge then threw out a defense lawyer, prompting the entire defense

It is unclear whether Saddam was thrown out or left under his own volition. At first the former dictator asked to leave, but the judge denied him that

The court quickly resumed the trial, and the four remaining defendants. remained largely quiet. Three witnesses testified that after the assassination attempt on Saddam, they were arrested and held for about four years in a remote desert compound.

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Comics and Crosswords

MYSTIC STARS

Weekly Horoscope For Jan. 30- Feb. 5

BY LASHA SENIUK Knight Ridder/Tribune News Service

ARIES (March 21-April 20) Before mid-week, a close relative may openly discuss recent career disappointments or financial setbacks. Ask probing questions and encourage creative solutions. At present, loved ones will need steady guidance and dedicated emotional support. Thursday through Saturday, romance and long-term commitment demand delicate negotiations. Someone close may wish to challenge established roles or move a relationship to a new level of intimacy. Remain dedicated: all is well.

TAURUS (April 21-May 20) Social invitations, sensuality or group creativity now offer unique rewards. Many Taureans will adopt an attitude of curiosity or emotional exploration this week. New forms of entertainment or rekindled passions may provide special distraction: before Wednesday, expect both friends and lovers to compete for your loyalty and attention. Later this week, a complex family decision may trigger detailed financial discussions. Don't challenge shared opinions: tempers may be high.

GEMINI (May 21-June 21) Work officials will rely heavily on trusted business practices and detailed records this week. After Tuesday, your unique mental and verbal skills will bring clarity to complicated projects: remain focused on established procedures, and expect colleagues to require extra encouragement. Wednesday through Saturday, an old friend or close relative may be unusually moody or easily irritated. Remain supportive: a fear of social change or feelings abandonment may be at issue.

CANCER (June 22-July 22) Loans, job applications and official documents are now easily clarified or completed. Early this week, however, pay attention to short-term expectations, last minute projects or new deadlines. Older co-workers may ask for an explanation of times, dates or daily events. Be forthcoming: your calm response will influence strained relationships. Friday through Sunday, friends or colleagues may expect. concrete answers to fast invitations. Stay alert: there's much to consider.

LEO (July 23-Aug. 22) This week, romantic partners may press for solid commitments or finalized plans. In the coming weeks, single Leos can expect a sharp increase in social flirtation. Remain sensitive to private emotions, and expect an honest expression of hidden romantic doubt: before Friday, minor tensions between loved ones will escalate. Thursday through Saturday, new business proposals or revised workplace partnerships prove problematic: check dates or amounts for minor errors.

VIRGO (Aug. 23-Sept. 22) Gossip in the workplace is now best avoided. Over the next seven days, friends or colleagues will appear cheerful but privately feel vulnerable. Maintain a healthy respect for delicate social and romantic issues: at present, new love affairs will not survive public scrutiny. After mid-week, a younger relative may announce a complicated business proposal, new job or revised financial venture. Advocate caution towards new partnerships: your past experience will provide direction.

LIBRA (Sept. 23-Oct. 23) This week, loved ones or close roommates may demand group participation and special dedication to daily chores. Social or family planning is now a top priority and may soon create minor disagreements in the home. Pace yourself and wait for clear signals: ongoing patience and empathy will be needed. Later this week, a past romantic triangle may reappear: expect friends and lovers to passionately demand your loyalty. Remain quietly detached: progress will be slow.

SCORPIO (Oct. 24-Nov. 22) Over the next few days, home routines and established family habits may require serious adjustment. Respond quickly to the needs or opinions of loved ones: before next week, close friends or relatives may expect public statements of dedication and support. Don't ignore difficult moments. After Thursday, an unfinished business project may be cancelled or postpone. Bold reactions are best avoided: criticism and public discussion will not bring the desired results.

SAGITTARIUS (Nov. 23-Dec. 21) Unique invitations may this week trigger group speculation: after Tuesday, expect co-workers and friends to probe for personal revelations or private information. Romantic promises or family events may be of particular interest: go slow and carefully consider the feelings of others. Later this week, someone close may ask for a permanent home decision. Central issues may involve parenting habits or long-term family plans. Respond with honesty: your ideas will be proven valid.

CAPRICORN (Dec. 22-Jan. 20) Legal ownership, financial documents or time sensitive payments will this week require caution and special diplomacy. Before mid-week study minor details for misinterpreted facts or poorly defined terms. Loved ones will press for clarity and final promises: find creative ways to settle ongoing disputes. Friday through Sunday, a close friend may announce unique group or family plans. Offer encouragement: a new era of romance and social involvement is now due to arrive.

AQUARIUS (Jan. 21-Feb. 19) Emotional isolation will no longer create strain between friends and lovers. Over the next seven days, expect loved ones to foster friendships or express newfound social curiosity. Group events and family celebrations may be particularly rewarding: stay open to unique proposals or reunions. Wednesday through Saturday, key officials may assign new jobs or expand daily workplace duties. If so, avoid public comment or group discussion: co-workers may need time to adjust.

PISCES (Feb. 20-March 20) Trusted business procedures will ensure reliable results this week. Before mid-week, colleagues or officials may feel mildly threatened by creative suggestions or group speculation. Avoid public debate, if possible, and wait for new ideas to gain support: your dedication to established methods will be appreciated. Friday though Sunday, a controversial romantic proposal may arrive without warning. Remain sensitive to past loyalties: complex social triangles are highlighted

If your birthday is this week: Almost three years of social questioning and quiet introspection will now fade. In the coming weeks and months, life lessons involving romantic disappointment, strained friendship or family disruption can be translated into wisdom. Before mid-March, expect a new era of group interest and creative involvement to take precedence. Long-term relationships will also expand. After June 3rd, loved ones may propose unique home changes, complex romantic promises or revised family commitments. Respond quickly to all suggestions: this is the right time to bring extra financial security and comfort to the home. Much of 2006 will increase your appreciation of long-term relationships and family enjoyment: stay open to fresh thinking and new ideas.

Crossword

- 1 Transactions
- 6 Supplicant's
- 10 Hebrew month
- 14 Circle the sun
- 16 Singing group
- 17 Dried fruit
- 18 Rocket

- 22 Stands of trees

- 31 Frighten off
- 37 Quickly!
- 39 Irritates
- school
- 42 Soup server
- 44 Creator
- 47 Bowler's milieu
- 51 School units

- 61 Elation
- 63 Monarch
- selection
- 68 Ready to pick
- 3 Be adjacent to
- 5 Hardened
- 6 Building addition
- 7 Set the pace 8 Pas' mates

20

60

- ACROSS.
- request
- 15 Swell!

- launchers 19 Commotion
- 20 Regarded highly
- 24 English of
- basketball 25 Most beloved
- 26 Rue
- 29 Spruce stuff
- 30 Building wing
- 33 Window sticker
- 41 lvy League

- 46 Fr. holy woman
- 49 Trusted adviser
- 54 Ms. Hayworth
- 55 Obeyed the
- sentry
- 56 Reluctant
- 60 Huron/Ontario
- separator
- 64 Culture medium
- 65 Sushi bar
- 66 Eradicate
- 67 Lob
- 69 Tightly packed
- DOWN 1 Dull-witted
- person 2 Makes a wrong
- turn
- 4 One-dimensional

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61

65

68

62

Solutions

18

- 9 Rocket sections 10 Counselor
- 11 Took the car
- 12 Big shots' assistants
- 13 Perch 21 Poetic pace
- 23 Foray 25 Actress Bo
- 26 Actual
- 27 Adamson's
- lioness 28 Elated
- 29 Race with a baton
- 32 Multiplication word 34 Actors
- collectively 35 Lower voice
- 36 Provocative look 38 Wall coatings
- 40 Big rigs 43 Otherwise
- 45 Drawing on one's pension
- 48 Accounts book 50 Basic character
- REGRET RESIN DEVREST ESTEEMED GROVE

DECAL

IBIT

- 51 Take an unfair
- advantage 52 Bogart film, "Key
- 53 False name
- 54 Actress Witherspoon
- 57 Hale or King 58 Capone's

56 Beatles song

CILIAISISIS

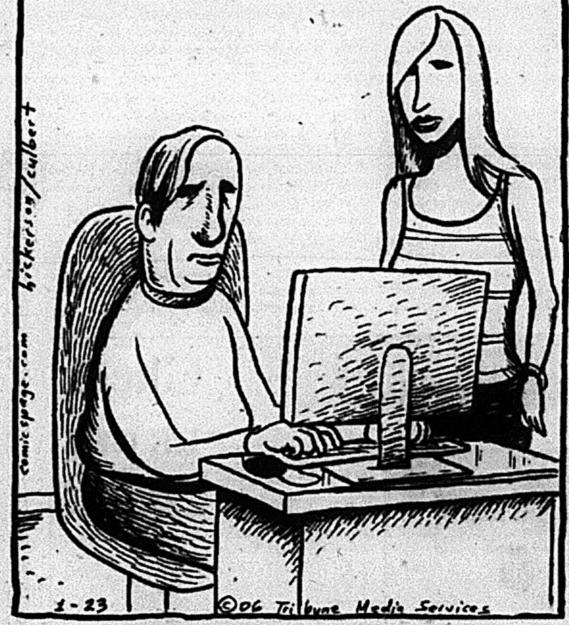
9 A 2 A

- nemesis
- 59 Shade
- provider 62 Island garland









"I wouldn't stress about it, Frank. With a personality like yours, you're in no danger of identity theft."

Prep course arrives at CNU

Graduate Record Exam course will be offered in Fall of '06.

By IAN SASS-BASEDOW

Editorial Assistant

Now that the Faculty Senate has decided to install a pilot preparatory course for the Graduate Record Exam, Dr. Quentin Kidd of of the Department of Government and Public Affairs is pursuing the subject full force. Kidd initially introduced the motion for a non-credit GRE study course to the Faculty Senate.

"It is just critical to offer this kind of course to students when so many other schools offer them. Students with this extra help have a definite edge when applying to grad school and we want our students to be competitive," said Kidd.

Financially speaking, many factors that must be taken into account, he added. Instructors for these classes will presumably be paid a rate of \$500 per session, which makes the number of sessions per term dependent upon the level of student interest, according to Kidd.

"More session hours are definitely better for the test reviews. If only 10 students register for the course, however, offering 8 three-hour sessions will bring average cost per student up to \$405, which might not be financially realistic for some," he said.

From his research, Kidd compiled an outline of numerous hypothetical budget plans (based on student interest and session hours) in his memorandum to the faculty senate. The best-case scenario presents a total cost per student amounting to \$162 for 24 hours of instruction should a minimum of 25 students register. Other budget price figures — exploring combinations of classes with student totals of 10, 15, and 20 and instruction-time totals between 15 and 24 hours — ranged from \$152 to \$305.

News of the fledgling program has been welcome among some students applying to graduate school in the near future. Students like junior Justin Chaffee are excited and relieved at the prospect of extra help in achieving the coveted high GRE score, the factor that Kidd deems to be most important in gaining admission to a graduate school.

"That sounds like a good opportunity to take some stress off trying to prepare by myself," Chaffee said.

In addition to the budget, Kidd and the Faculty Senate discussed who would manage a graduate school examination preparatory program. The graduate entrance exam preparatory course might become the responsibility of the Office of Career and Counseling Services, and this will also be assessed in the near future.

"The Provost indicated that additional staff support could be made available to Career Services for this function if that is needed," said Kidd. ■



Amber Lester/THE CAPTAD'S LOG

A group of students were selected by the administration to survey the construction progress.

Stumbling stones for Student Union

The Student Union opening was pushed back to June 2006 due to malfunctions.

By REGINA CERIMELE
Assistant Layout and Design Manager

A combination of increased improvements as well as construction malfunctions have delayed the Student Union's opening until June 1, 2006, according to W. M. Jordan Project Manager, Ron

Lauster.
On Jan. 19, 2006, Executive Vice President William Brauer announced in an e-mail to the CNU community that the initial completion date of the Student Union building would be delayed due to difficulties in acquiring materials critical to construction.

Both Brauer and the building contractor,
W.M. Jordan, had originally confirmed Spring
break 2006 as the most likely date of completion
for the construction, allowing for nearly all clubs
and organizations to move into the building at
that time.

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changed.
Only

According to Lauster, much of the difficulty cited by Vice President Brauer in his campus-wide e-mail can be traced to the Student Union Ball-room's Grand Staircase.

"We have some responsibilities for some of these delays," said Lauster. "The intent of the architecture was fabricated wrong."

Many of the architectural elements of the Student Union are custom designed; this was the case with the Grand Staircase, which gave W.M. Jordan no knowledge of any defects until the design had already been received. Rejecting the product and

allowing for the necessary time for the correct design to be reshipped caused a three-month delay, according to Lauster. At this time, however, the correct Grand Staircase has been properly fabricated and is in place in the Ballroom.

In addition to construction malfunctions, CNU has requested certain improvements to the Student Union facility, which have added time to the construction process, according to Lauster.

"The building has had several changes done to it," he said. These have included modifications to woodwork paneling and metal railings. "The ballroom is a significant change," he added.

Modifications were also made to the bookstore. "For all improvements being done," he said, "we are reimbursed by the university."

In an e-mail interview, Brauer said that no architectural factors of the Student Union had been changed since realizing construction would be completed later than planned.

No additional funding by the university has been needed to accommodate the delay in construction either, according to Brauer's e-mail.

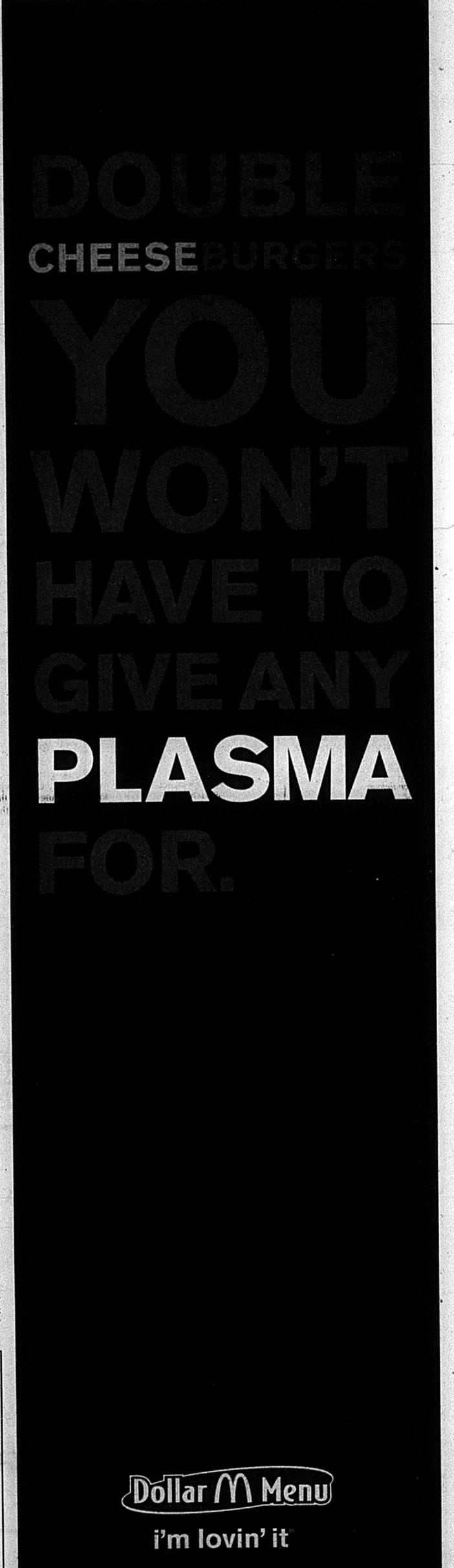
According to Dean of Students Donna Eddleman, the application process and delegation of office space for clubs and organizations has not changed.

Only the estimated move-in time has been pushed back. "The office allocation process that was put in place last semester remains in place," she said.

In their efforts to complete the Student Union, W.M. Jordan has employed a number of workers. "On any given day, depending on what is going on, we have between 100 and 150 men in the building," said Lauster.

Those working on the Student Union may work from eight to 12 hours a day each week, not including certain construction activities that may take place over the weekend, he added.





CNU Scoreboard

Men's Baskethall

(14-5, 5-1)

USA South Standings

100 miles 100 mi
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The Contract of the State of S
Charles and the last state of
SERVICE TO THE REAL PROPERTY OF THE PERSON
Service 13.5 3-14

*USA South Record

1/28/06 Final: CNU 81, Methodist 63

1/29/06 Final: CNU 85, Greensboro 67

Next Week's Game:

2/1/06 at Shenandoah

Women's Basketball

(9-7, 3-2)

USA South Standings

		•
Greensboro	6-1*	12-6
CNU	5-2*	11-7
Femun	5:20	9-8
Peace	4-3*	10-7
Methodist	4-30	9-8
Averett	2.5*	7-10
Shenandoah	2-5*	5-11
NC Weselyan	0-7*	2-14

*USA South Record

1/28/06 Final: CNU 67, Methodist 57

1/29/06 Final: CNU 70, Greensboro 59

Next Week's Game:

2/1/06 at Shenandoah 2/4/06 at Peace

Ice Hockey

(3-5-1, 0-5-1)

Next Week's Games:

2/3/06 vs. William & Mary 2/4/06

vs. William & Mary (at Norfolk Scope)

Indoor Track

S. McElligott Invitational: 01/28/06 Notable Finishes:

Women's 55-Meter Dash: Karen Simon, 1st Place

Women's 400-Meter Dash Michaela Morton, 3rd Place

Women's 1-Mile Run Megan Fogerty, 2nd Place

Women's 55-Meter Hurdles Mara Winters, 1st Place

Women's 4x400-Meter Relay 1st place

Women's Pole Vault Stephanie Prakken, 1st Place

Women's Long Jump Tiffany Jones, 1st Place

Women's Shot Put Rachael Clark, 1st Place

Men's 400-Meter Dash Mathew Weissenborn, 2nd Place

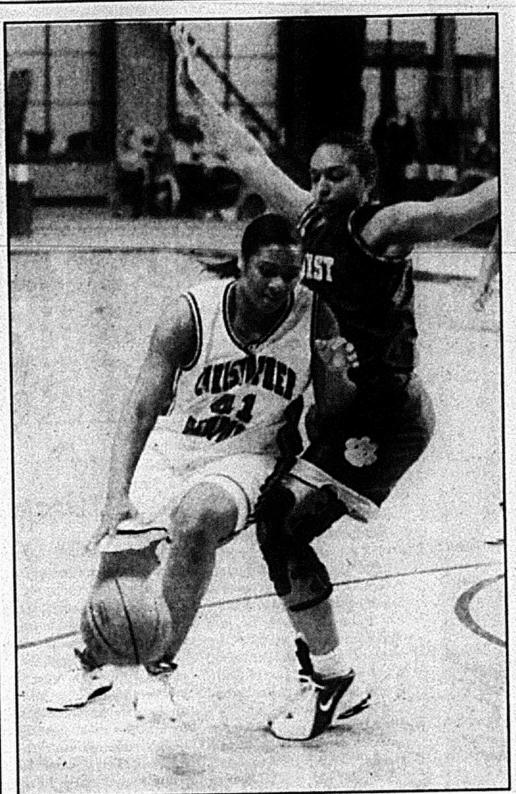
Men's 55-Meter Hurdles Xaiver Higgins, 1st Place

Men's 4x400-Meter Relay 1st Place

Men's High Jump Joseph Owens, 1st Place

Men's Shot Put William Boulden, 2nd Place.

Home court advantage



Jordan Smith/THE CAPTAIN'S LOG

Sophomore Colandra Rollins (41) dribbles past a Methodist player.

The Lady Captains outlast the Pride 70-59 after leading by as much as 25 points at half.

> BY PAUL FROMMELT Sports Editor

With just over six and a half minutes left in the game, the Lady Captains were leading the Greensboro Pride by five points - and

were in serious trouble. Their 25-point halftime lead was quickly slipping away with the Pride outscoring the Lady Captains 30-10 in the second half. After a steal and easy layup by the Pride, to make the score 58-53, Lady Captains' head coach Carolyn Hunter called a time-

"I got on them pretty good," said Hunter. "I said, 'Listen, we're about to let this game get away from us.' I think just sitting down there and letting them take everything in - it sort of sunk in."

The game that was about to get away from the Lady Captains was an all-important game against conference-leading Greensboro.

The Pride were on an eightgame winning streak (and were 6-0 in conference play) coming into last Sunday's game against CNU.

The Lady Captains jumped out to a dominating lead in the first half, shooting 15-of-37 from the floor and hauling in 31 rebounds as opposed to the Pride shooting 8-of-29 with 18 rebounds.

Junior Candace Bryant led the Lady Captains in the first half with 12 points and 10 rebounds.

The second half was a different story for both the Pride and Lady

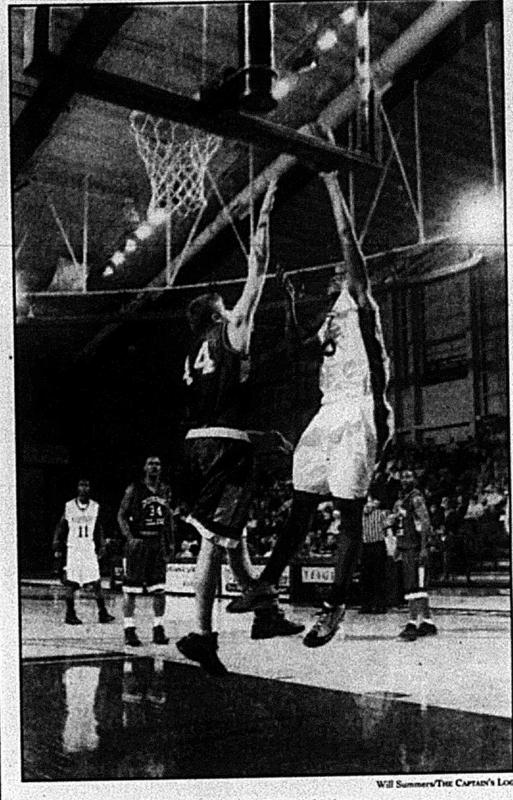
It started with a 12-0 run by Greensboro with the Lady Captains not scoring a field goal for almost

The Lady Captains made only 7-of-24 from the floor in the second half and shot only 40 percent from the free-throw line.

"[Greensboro] knew that if they were going to make a run, they were going to have to make it quick if they were going to catch us," said Bryant. "I think that we kind of relaxed a little [in the second half] and they caught up and started making their run."

Greensboro was dominating the

SEE OUTLAST, PAGE 11



Junior Korey Lewis (45) goes up against a Pride defender.

Captains sweep weekend; move into firstplace tie atop conference with Averett

BY BRIAN BENISON Assistant Sports Editor

During the weekend, where CNU was honored with the Hall of Fame Achievement Award for winning an impressive 65 percent of their games, the men's basketball team had their own way of paying homage to their school. They did it by sweeping the weekend against Methodist and Greensboro College in a tie for first in the USA South Conference.

"It sets us in a good position in our conference," said junior guard Dontá Selden.

The game against Methodist had started out at a slow pace, with the Captains leading 27-24 at halftime. Although both teams started out slow, the Captains led throughout the half.

The Captains then ripped the game wide open in the second half, shooting 20-of-29, including 4-of-5 from behind the arch, and winning the game 81-63. Selden and senior Jeremy Romeo led the team in scoring with 18 points apiece.

"I'm playing a little bit harder," said Romeo. "But it's a team thing. It's my last year. We can end it strong."

Romeo is not the only player playing with a chip on his shoulder. The whole team feels like it has something to prove: The Captains were picked to finish fourth in the pre-season coach's poll.

"They picked us fourth," said Romeo. "Lets come out and prove we're better than that. We believe we're better than that, so let's go prove it."

Head coach C.J. Woollum echoed

"We finished second last year, and I guess people didn't think too much of that," said Woollum. "But the guys know we have something to

But the players only allowed themselves to enjoy the victory for a little bit before switching their focus to Greensboro.

That game is the most important game because it's our next game," said Selden. "We want to finish the weekend 2-0."

The Captains took a step further

SEE SWEEP, PAGE 10

Interim track coach sets high standard



Will Summers/THE CAPTAIN'S LOG Coach Louis Johnson took over the vacant coaching position for the track team last year when former coach Ron Garner suddenly resigned.

BY BRIAN BENISON Assistant Sports Editor

When head track coach Ron Garner resigned suddenly, the track team was left in the lurch of an upcoming season with an empty leadership role. With this in mind, the team had only one person to turn to, coach Louis

So far, there have only been good results.

"[The CNU Invitational] played out pretty well. There were a lot of personal improvements," Johnson said. "But they can do better."

This is the type of approach that Johnson takes in coaching his team.

While recognizing improvements he also recognizes new areas in which they can improve.

"It's not just running," Johnson said of the track team's preparations. "It's weight training. It's a lifestyle. It's plan-

Johnson's focus goes beyond just training athletes; it's

also about success in the class-

"A lot of the success in the classroom can carry, over to the field and vice versa," Johnson said. It's for this reason that he employs a strict team policy, making class attendance mandatory. He also has rules about class failure that include mandatory study hall sessions.

"A copy of [the school track policy] is sent to all teachers with track students," said John-

While stressing that schoolwork needs to be priority, Johnson still places a strong emphasis on training for success on the track field. Therefore, he faces the challenge of teaching these concepts and training athletes that are all part of a very young

team. "I may have two seniors on the team, but the rest are juniors, sophomores and freshmen," Johnson said. "It's a good mix of people who've been in the system a while and people who are new to the system."

Despite this quirk about the team's demographics, John-

son said it poses no challenge as far as training goes.

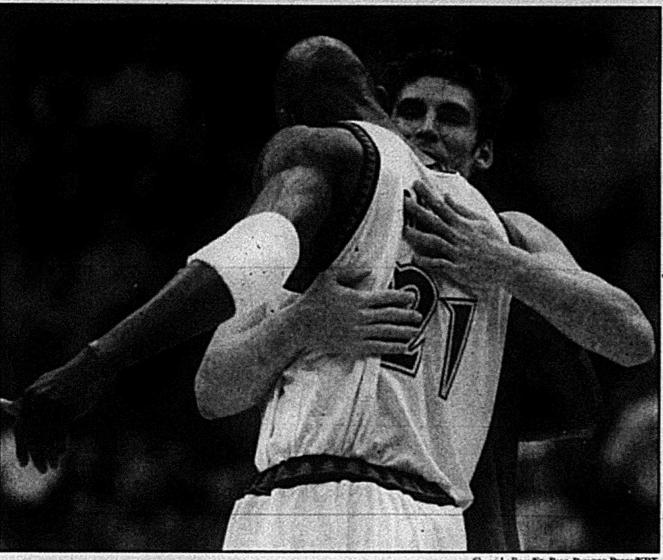
"One's ability to learn is not inhibited by age," said Johnson. "You have five-year-olds who can do a lot of work that 30year-olds can't do, It's a matter of mental ability."

That is not to say that Johnson hasn't encountered problems in training a younger group of athletes.

"It's about two ages: chronological age and training age. If someone's been running since they were 17 and they're now 20, they only have three years. of training even though their chronological age is 20."

But Johnson does not use the age issue as an excuse for any sort of poor performance; his expectations and goals remain focused on the NCAA tournament.

"Absolutely. No question," Johnson said when asked if he was looking to get the team to the NCAA tournament. "All the way to the top. That's why we're here. Go to the top of your class, go to the top of your field, and go to the top of the podium."



The Boston Celtics' Wally Szczerbiak is hugged by former teammate Minnesota Timberwolves' Kevin Garnett before the start of the game. The Timberwolves defeated the Celtics 110-85 at the Target Center.

NBA Weekly: KG in trouble



BY BEN SETTLE NBA Columnist

Minnesota Timberwolves forward Kevin Garnett must hate life right now.

Two seasons ago, KG was the league MVP, leading his team to a Western Conference - best 58 wins and coming within two playoff wins of going to the NBA Finals.

The T-Wolves seemed poised to make another title run the following year, with Garnett reaching his absolute prime and having shaken the playoff demons that had plagued his career.

However, the team's 2004-2005 season went about as well as a colonoscopy, culminating with Garnett's first miss of the playoffs since he entered the league in 1995.

Problems arose in the offseason of 2004, when Latrell Sprewell decided that his \$12 million salary was not enough

for him to "feed his family." Any time you have a millionaire who names his yacht "Milwaukee's Best" complaining about not having enough its way.

The season ended with Garnett nursing an ailing knee and crying during an interview about the team's year-long struggles. If seeing someone cry makes you uncomfortable, then seeing a seven-foot tall basketball player known for his fierceness on every play crying will make you want to swandive down a flight of stairs.

The off-season of 2005 showed promise with the removal of malcontents Sprewell and Sam Cassell, and Garnett ready to bounce back healthy from a disappointing season. The team still had a few crazy players to get rid of, however, including former number-one overall pick Michael Olowokandi, whose career could be described as "disappointing" at best. Others such as Eddie Griffin and freshly drafted rookie Rashad McCants were talented, crazy guys who are more likely to attack a fan than play on a championship team in the

With the expectation of a return to the playoffs, Garnett would be asked to carry a heavier load than ever.

Fast-forward to January 26, 2006, with the team hovering around .500, the T-Wolves decided to shake things up and make a trade with the Boston Celtics, effectively swapping Olowokandi and sharp-shooter Wally Szczerbiak for Ricky Davis and center/stiff Mark Blount. The trade basically gave away Minnesota's best outside shooter for one more headcase capable of sabotaging Garnett's

After about 12 hours, I re-

money, you know trouble is on alized exactly what the Timberwolves were doing.

> By surrounding KG with crazy guys, it looks like the T-Wolves organization is waiting for the hyper-competitive Garnett to just snap and demand a trade so that they can get as much back for him as possible.

> Instead of just offering Garnett in a trade to any team, which would make the organization look stupid, they are banking on the hopes that Garnett will not tolerate another losing season and want to move on to a different team.

Shady?

Very. But this would allow the T-Wolves to not look like the "bad guy" by trying to trade one of the five best players in the

This situation lets us play the trade game and figure out who can offer the Timberwolves enough to get Garnett in a deal. A few teams can make potential offers, but none of them are as interesting as this.

The Cleveland Cavaliers offer Drew Gooden, Donyell Marshall, and three first-round picks to the T-Wolves for KG. This gives Minnesota front-court depth and draft picks to stock up for the future. Cleveland then becomes a title-favorite for the rest of the decade with LeBron and KG each averaging a triple-

The possibility of this happening, although slim, is what keeps me refreshing ESPN.com 20 times a day hoping for a breaking trade to flash across the computer screen.

If this trade happens, you can kiss this column good-bye because there is no way I can top a prediction like that.

Player Profile: Dontá Selden

Men's basketball player Dontá Selden is 'heart and soul' of the Captains' team.

> BY PATRICK CROW Contributing Writer

CNU's men's basketball team has had an impressive season so far, going 14-5 overall and 5-1 in conference play this season. A large part of that success can be attributed to great performances from players such as Dontá Selden.

Selden, a junior, has put up great numbers this year, averaging 12.8 points per game (up from 5.6 points last season), 4.4 rebounds per game and 4.5 assists per game. He also was the MVP of the Captains Shoot Out, a two-day, four-team tournament that took place in early January.

His biggest accomplishment this season was the Captains' game against Lincoln, in which he scored a career-high 33 points.

"I like to step up when it gets competitive. I was on fire that night, and it felt great," said Selden.

Selden is no stranger to basketball, having competed in the sport since he was 13. "I actually started playing

football at seven and thought I would be playing football when I got older," said Selden.

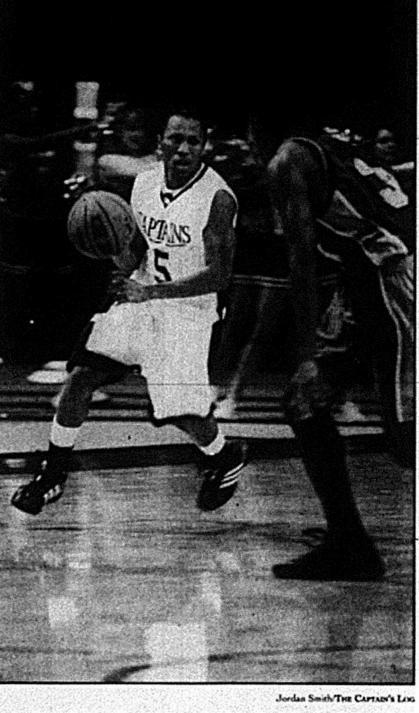
Today, however, he is a key component to the Captains' offense on the basketball court in not one, but two different positions: point guard and shooting guard.

"I enjoy both positions and play whichever position is needed," said Selden.

Since his youth, Selden has been passionate about the Senior guard Adam Purd-

ham describes Selden as a hard worker and a motivator at practice.

"He's one of the leaders of men and time spent devoted



Junior Dontá Selden (5) speeds past a Methodist defender. Selden's best game of the year came against Lincoln, where he had 33 points.

the team. He has really stepped up this year, both on and off the court," said Purdham.

"Dontá has been the biggest surprise this year," said Woollum. "In his second year on the team, he has been such a force with a great attitude, and he has exhibited leadership on the court from day one. He has really served as the heart and soul of this basketball team this season."

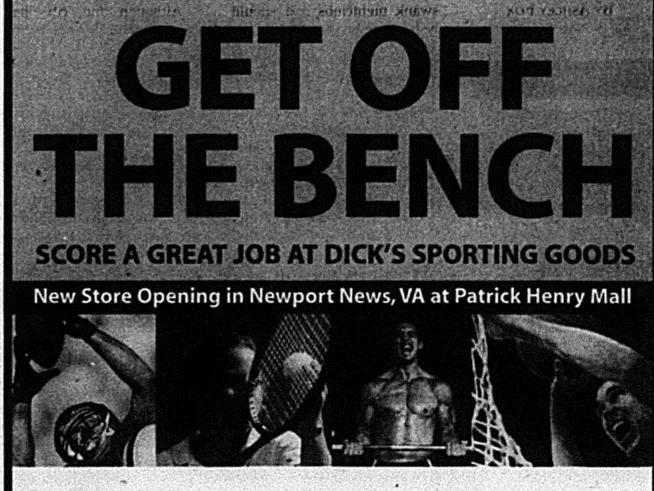
Selden leads the team in minutes played at 31.6 minutes per game.

The intense practice regi-

to basketball can weigh on a student-athlete, who must also worry about quizzes and pa-

"It's hard to manage it, but somebody's gotta do it. This is my opportunity to set myself up better for my future and advance myself in life," said

"Honestly, I never heard of CNU before the summer I decided to come here. It's been great, and I have really enjoyed my opportunity here. Every school has its ups and downs, but for the most part, it's been enjoyable."



SWEEP, FROM PAGE 9

in proving they were better than fourth in the conference against Greensboro. Dominating in every aspect of the game, they led 47-28 at halftime.

"Don't let up," said Woollum at half time. "Remember the energy, and don't let up."

The team did not let up,

and despite Greensboro outscoring the Captains by one point in the second half, they finished the game ahead, winning 85-67.

"I did pretty good today," Romeo said of his performance, where he once again led the team in scoring with 22 points. "I just tried to let the game come to me."

The end result of the game was a 2-0 weekend and a 14-5 overall record with a 5-1 record in conference play.

The Captains are now tied for first place in the conference with Averett with six games left

in the season. "We're in conference play now," said Romeo. "We just got **Apparel Associates**

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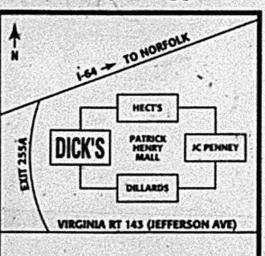
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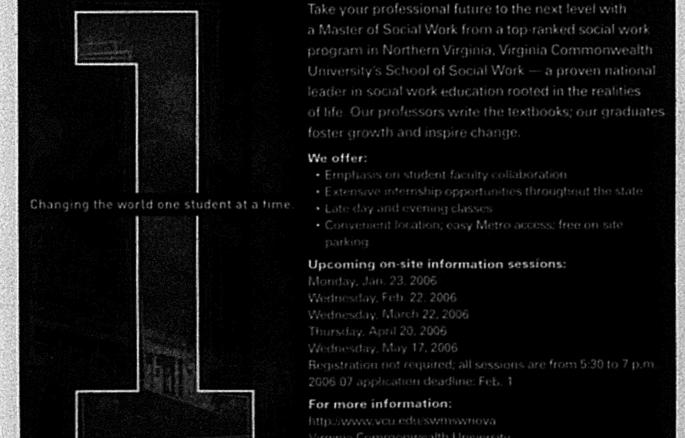
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Super Bowl XXL: Steelers vs. Seahawks



BY SHAUN HOY NFL Columnist

Seattle

Seattle was the NFC's top seed throughout the playoffs and is considered an underdog to Pittsburgh, who was the sixth seed in the AFC. What do they need to do to win this game?

The same things they have been doing all year.

They need to establish the ground game with Shaun Alexander. Forcing the Steelers aggressive defense to expect the run can give quarterback Matt Hasselbeck enough time to make some plays.

It still won't be easy for the Seahawks.

Pittsburgh's defense is outstanding and can put the pressure on quarterbacks early and often. They can knock any quarterback out of his rhythm and make a team one-dimensional. The Seahawks can't let the "Steel Curtain" affect Hasselbeck if they want to win.

Seattle's defense continues to improve and will need to continue to do so against the Steelers.

Ben Roethlisberger has been playing phenomenally this postseason and makes very few mistakes.

Seattle's secondary will nave to generate some turnIt has finally arrived — the big one: The Super Bowl between the Pittsburgh Steelers and the Seattle Seahawks. We'll break down both teams this week and what they will need to do to win the big game.

fense off the field. The Steelers utilize trick plays and a double rushing attack with the power of Jerome Bettis and the speed of Willie Parker that is very hard to contain.

Their receivers, Antwaan Randle El and Hines Ward, canturn a short completion into a big gain. Seattle's defense does have a lot of speed and is good at adapting to teams' strengths. The Seahawks may also have a lot of emotion to contend with, being that it may be Bettis' last

Pittsburgh

Pittsburgh has looked strong in every game this post-

If they want to beat Seattle they will need to make minimal mistakes and play incredibly physical. Roethlisberger is very adept at not giving opponents many opportunities for a turn-

The Steelers are facing a fast Seattle defense that generates turnovers and can get to the quarterback.

They need to protect Big Ben with the running game and dominate the line of scrim-

On defense the Steelers are top notch. They are facing an incredible offensive line in the Seahawks and the league MVP in February 5, 2006. Coverage be-

beck is also very smart and can take advantages of a defense. He has shown that he can take games into his own hands and be very effective. His receivers are very good and often overlooked with teams concentrating on Alexander.

The Steelers have to find a way to minimize Darrell Jackson and Joe Jurevicius' impact on the game while not losing sight of Alexander.

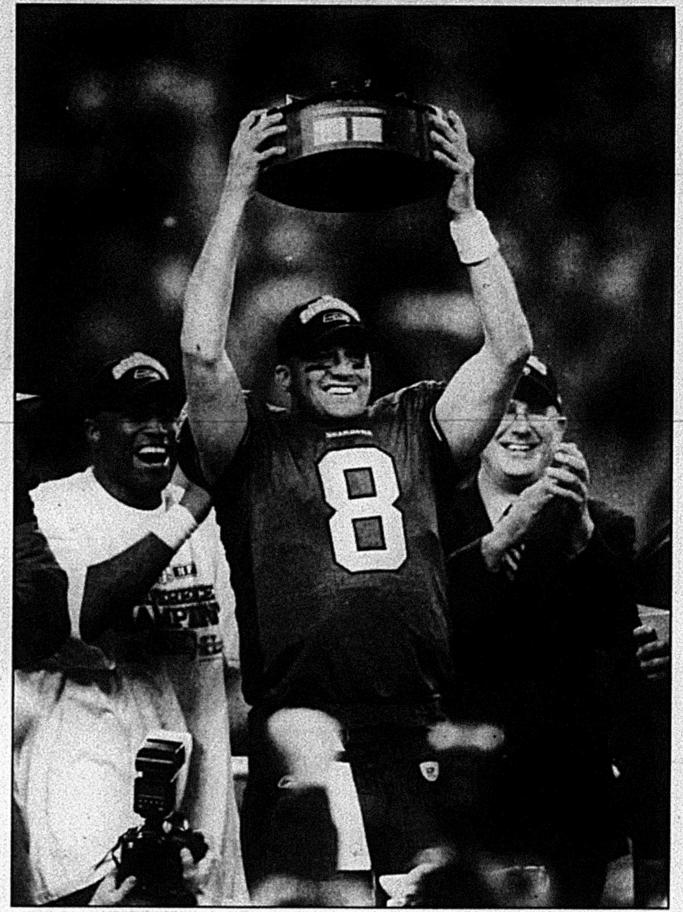
My Opinion Both of these teams play tough games, and when they are on, they can totally dominate. The Steelers probably have the defensive edge, while I give Seattle's offense the slight advantage.

The game will most likely come down to who makes the least amount of mistakes and who can capitalize on the ones that are made.

Also, with both teams being so dependent on the rushing, the game could come down to the Hasselbeck and Roethlisberger.

It's very hard for me to choose a team to win this game, but something tells me the Steelers are going to win this one for The Bus and let him retire with a ring.

Super Bowl XXL, Sunday



Seattle Seahawks quarterback Matt Hasselbeck hoists the NFC Championship trophy following the Seahawks 34-14 victory over the Carolina Panthers in the NFC Championship game at Qwest Field in Seattle, Washington, Sunovers to keep Pittsburgh's of- Shaun Alexander. Matt Hassel- gins at 2:30 p.m. ET on ABC. a day, January 22, 2006. The Seahawks will meet the Pittsburgh Steelers in Super Bowl XXL in Detroit.

The Super Bowl could get the wheels turning in the Motor City

BY ASHLEY FOX Knight Ridder Newspapers

DETROIT - On Monday, dignitaries from the city of Detroit and the state of Michigan said that they are relying upon the Super Bowl to change the perception of Detroit as a hopeless dump riddled with drugs, crime and poverty.

Think the Steelers' Ben Roethlisberger, who will become the second youngest quarterback to start a Super Bowl, has a lot of pressure on him? That's nothing compared to the pressure Detroit is facing as host of this country's preeminent sporting event.

"This is the kind of event that spurs revolutionary change," Mayor Kwame Kilpatrick said Monday, accompanied by Gov. Jennifer Granholm and Roger Penske, chairman of Detroit's Super Bowl host committee. "This game has served as a catalyst to move Detroit in a way we haven't moved in 50

Since learning in December 2001 that it would host Super Bowl XL, Detroit rapidly set into motion a plan to revitalize its dilapidated downtown. At the time, the goal was to open 50 new businesses, but 70 opened instead.

There are 35 new restaurants downtown and several

swank nightclubs that should be hopping by week's end.

There is a \$2 billion plan to develop five miles of riverfront property into a residential haven with hotels and storefronts.

The downtown streets have been repaved, burned-out buildings have been bulldozed, and Super Bowl banners now hang from lampposts.

There are three sparkling casinos, a large ice-skating rink, and a snow park that will serve as a focal point for family entertainment this week.

"Detroiters have a pent-up demand to do well," Kilpatrick said. "We want to reintroduce ourselves to the world as the next Detroit, the new Detroit."

That, of course, is easier said than done.

People have been fleeing Detroit for decades, to the point that the population has dwindled from two million in the 1950s to less than 900,000 today. According to the Census Bureau, more than a third of that population was at or below the poverty line in 2004, and the 2005 unemployment rate of 14.1 percent was more than two times the national average.

Then there was that announcement by Ford Motor Co. last week that the automotive giant will lay off at least 25,000 employees and close 14 plants nationwide, with the Detroit area taking a significant hit.

Although the city has moved many of its homeless to shelters, plenty were still walking the streets Sunday night.

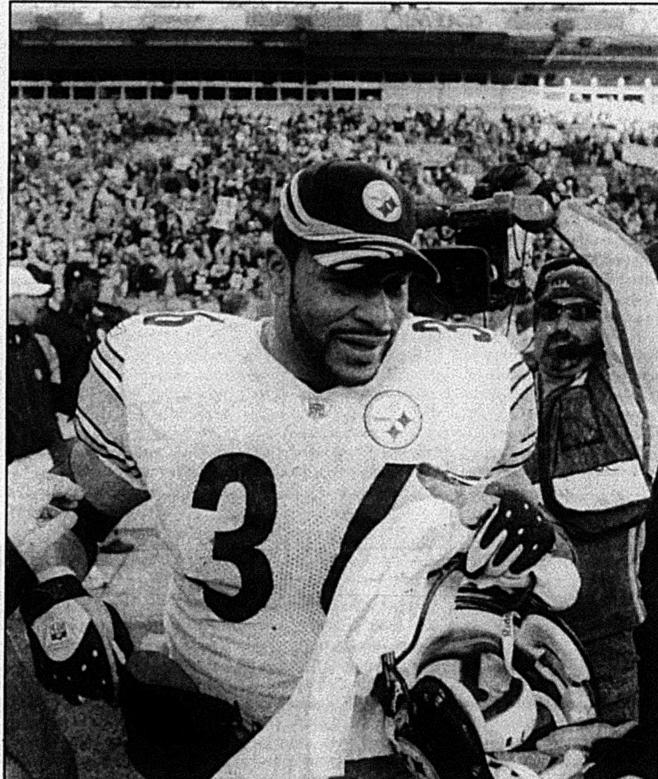
One thing Detroit does have going for it is that Jerome Bettis is playing. Pittsburgh's veteran running back is a Detroit native who went to high school not far from downtown. He is so involved in the city that he is sinking a lot of his own money into one of the riverfront revitalization projects.

Bettis/Betters LLC is a joint venture company between Bettis and Pittsburgh businessman Charles Betters to redevelop a 44-acre patch east of downtown. The site used to house a Uniroyal tire plant and poses environmental challenges because of contamination.

Bettis said Monday that they hope to have legal issues resolved in six to 12 months, after which they can begin an estimated 18-month cleanup and eventually break ground on condominiums, a hotel and several retail stores.

"We are trying to rebuild the city after it's been looked at as a place you don't want to go," Bettis said. "It's important that the thought be changed.

It takes an event like this... for people to say, 'Hey, Detroit is on the up-rise.' We all have bumps in the road ... I'm really trying to put my resources into



Pittsburgh Steelers running back Jerome Bettis is all smiles as he leaves the field following the Steelers' victory over Denver in the AFC Championship game. Bettis will return to his hometown of Detroit for Super Bowl XXL. "We're trying to rebuild the city," said Bettis of his efforts to revitalize Detroit.

Paul Frommelt/THE CAPTAIN'S LOG

OUTLAST, FROM PAGE 9

tempo of the game and looked to continue to chip away at the Lady Captains lead. CNU's baskets were becoming fewer and far between as the Pride continued to make easy layups and free throws behind starting guard Katie Freeman, who finished the day leading all scorers with 24 points.

"We knew that they weren't going to just stay down. They weren't going to just go away," said Hunter.

"That was the Greensboro that we expected in the first

So with 6:32 left in the game and the score 58-53, coach Bryant called a timeout.

When the game resumed 30 seconds later, Bryant passed the ball to sophomore forward Dee Luck, who scored on a la-

yup. Luck scored again a minute later to give the Lady Captains a nine-point lead. With the momentum back, the Lady Captains never let the Pride get any closer than those five points with six and a half minutes left. Greensboro was held to just six points in the final six minutes

"That came from the heart today. To go ahead and finish the game when we're 25 [points] up... We lost our focus there for a little bit, but to be able to go ahead and finish the game - I thought that showed a lot of heart for our team," said Bryant.

All of the Lady Captains' starters finished with doubledigit points, except for junior guard Samantha Davis, who left midway through the first half with a knee injury.

Davis went down hard in

Greensboro's paint while on defense and had to be carried off the court. She was icing her knee and cheering on her teammates throughout the second half on the sideline and her status is unknown for the Lady Captains' upcoming games.

The Lady Captains finished the weekend with a twogame winning streak after beating Methodist on Saturday.

"We knew that we had to do something this weekend to make a statement in the conference," said Hunter. "I see this weekend being a big morale boaster for us. We came in knowing that we needed to definitely get these two games."

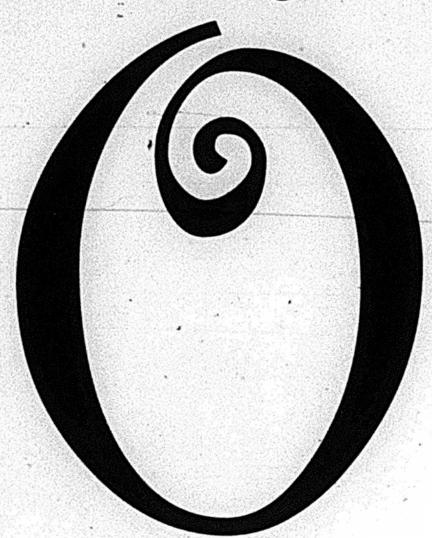
The Lady Captains are now 11-7 overall and 5-2 in conference play.

They hit the road this week to play-conference rivals Shenandoah and Peace.

Sophomore Dee Luck (33) prepares to inbound a pass in the Lady Captains' game against Greensboro.

rts & Entertainment

the big





CAB-sponsored speakers invite students to talk about sex.

BY SAMANTHA PELSTRING Contributing Writer

"Female orgasms are unique like a snowflake," said speaker Dorian Solot to an almost-full crowd in Anderson Auditorium. Solot and her partner Marshall Miller came to talk about the unspeakable — the female orgasm.

"The Big O," an event sponsored by the Campus Activity Board, opened its doors around 7 p.m. and almost filled up Anderson hall with students eager to learn. What was it? How do

you achieve it? Before the speakers actually began, CAB representative Justin Yates gave a disclaimer to the audience explaining the program would use explicit terms

and contained a sexual nature. The atmosphere was at first

very tentative and nervous, but

when the speakers shared personal stories about first learning to masturbate and the awkwardness of growing up with no guidance except a "Dear Abby" booklet on adolescence, the audience responded enthusiastically, asking questions and laughing.

"I wasn't expecting the speakers to be so direct and straightforward, but I think that's what helped make it so interesting," said freshman Courtney Russ.

The program started out with a dip from "When Harry Met Sally," where Sally (Meg Ryan) fakes an orgasm at a public restaurant.

Solot and Miller then split up the men and women to discuss urban myths about sex and subjects ranging from masturbation to what women need to be in the mood, and sharing facts like how the average man takes two to five minutes to orgasm while the average woman takes up to 20 minutes.

After the men and women were brought back together, Miller diagramed the clitoris and G-spot, and then discussed different types of vibrators like the Hitachi Magic Wand.

They even showed the Harry Potter Broom, a child's toy that was used as a vibrator by women and children around the U.S. The toy was eventually taken off the market when the distributors heard of its alterna-

The couple concluded with a list of seven things that women should do if they have never had an orgasm. One of the most important was to befriend their bodies and believe they are beautiful.

The program ended with a standing ovation from the students, and many rushed up to speak with the presenters.

Both Solot and Miller attended Brown University and have been giving presentations on sexual education to organizations and colleges for the past seven years.

The most commonly asked question at these seminars was about the female orgasm, which prompted them to start giving presentations on the topic at

They have been to over 200 colleges, but Saturday's performance was their first at a Virginia university.

"The CNU audience was wonderful: Enthusiastic, respectful, ready to laugh and to learn," said Solot. "A standing ovation is a true honor every time - many thanks to our organizers and to the attendees!" For more information, visit http://www.sexualityeducation. com/index.php.

This Week ON CAMPUS

February 1

"Women in Community" Art Exhibit Falk Gallery 10 a.m.

February 3

The Temptations Ferguson Center 8 p.m.

Chinese New Year Celebration Ferguson Center Lobby 7 p.m.

"Jarhead" **Gaines Theater** 7 p.m.

February 4

Tom Deluca Music and Theater Hall 9 p.m.

CONCERTS

February 3

Slightly Stoopid The NorVa

February 4

Virginia Symphony Neil Sedaka Chrysler Hall

10 Years The NorVa

February 7

Staind The NorVa

Orgasm Facts

- Average length of time it

takes a woman to orgasm:

20 minutes. Average length

of time it takes a man: 2-5

- One quarter of girls have

had an orgasm by the time

female partners always have

orgasms during sex. 22% of

- About 1% of women are

women say they always have

able to achieve orgasm solely

-The G-Spot is named after a

man, Dr. Ernst Grafenberg. He

"discovered" it from a group

through breast stimulation.

- 63% of college women

say they've had multiple

orgasms.

of lesbians.

they're 15 years old.

orgasms during sex.

- 44% of men say their

minutes.

CD RELEASES

February 6

Tim McGraw "Greatest Hits, Vol. 2" WOV!

Burnt Friedman "Secret Rhythms, Vol. 2"

Dell and Flugel "Superstructure"

MOVIE RELEASES

February 3

"A Good Woman"

Starring Helen Hunt and Scarlett Johansson, a high class society romance is shaken when an older woman (Hunt) strives to steal the husband of a young wife (Johansson).

"A Good Woman" is rated PG-13.

"The Tenants"

Two tenants living in New York City, played by Dylan McDermott and Snoop Dogg, begin an unhealthy rivalry as they both seek to complete their writing projects while dealing with each other's complicating personal problems.

"The Tenants" is rated R.

"The World's Fastest Indian" Anthony Edwards stars in the true story of Burt Munro, the 65-year-old New Zealander who sought to break the world speed record for motorcycling

despite being at the peak of his

"The World's Fastest Indian" is rated PG-13.

"When a Stranger Calls"

In a remake of the classic urban legend, a teenage babysitter is terrorized by phone calls from a man who threatens to harm her while continually asking, "Have you checked the children?"

"When a Stranger Calls" is rated

DVD RELEASES

February 7

"Zathura" "X2: X-Men United" "Doom" "Elizabethtown"

February 14

"Saw 2" "Proof" "Nine Lives" 'Grey's Anatomy'

Sex sells: stores stock condoms, gels for women

By STEPHANIE ALLMON Knight Ridder Newspapers

For generations of women, the road to sexual satisfaction has been paved with Big No's: "No, those aren't condoms in my shopping cart." "No, I don't need any 'extra help.'" "No, I don't own any of 'those things'".

But a funny thing is happening in shopping carts across America: Boxes of condoms, "extra help" and "those things" are seeing the light of day right alongside the grapes and Blue Bell and toilet-bowl cleaner. Women are practically perched on the shelves in Aisle 5: declaring, "I am woman! Watch me score!"

Their cries are being heard, too. And not just by the men in Aisle 6.

The selling of sexual satisfaction to women has gone mainstream. Companies are cashing in on what some health experts are saying is women's desire demand, even for better sex, and

You need only look as far as the feminine-care aisle in the grocery store to find condoms that. promise women extra pleasure, lubricants that claim to heighten sensation and novelty items such flavored intimacy creams. When Trojan took direct aim at women last fall, it was officially a trend. Inspired by female focus-

groups, America's best-known and most profitable condom maker began wooing women during reruns of "Sex and the City" and in the pages of "US Weekly" with a sleekly packaged line called Elexa. Women can choose from a variety of condoms, a warming gel, even a vibrating ring that is against the law to sell (except as a "novelty item") in some states. A brightly colored female silhouette pops off every shiny black box, making it appear softer, more feminine, more like cologne than condoms.

And Elexa has some company on the shelf: A new line of Lifestyles condoms called "4PlaybyLifestyles" pairs condoms with pleasure-enhancing novelties such as warming massage lotions, edible body paints and body shimmer. K-Y Brand's lubricant called "Touch Massage 2-in-1 Warming," also introduced last year, is described as "the world's first and only body massage oil and personal lubricant in one."

"People are having a minisexual revolution," says Patti Britton, a sex coach, author of "The Art of Sex Coaching" and president-elect of the American Association of Sexuality Educators, Counselors and Thera-

The Trojan giant woke up to this fact after studying

women's attitudes and sexual behaviors in focus groups over the last two years. Despite looser attitudes about sex, women were still only purchasing one-third of the condoms. "Yet women were at risk for pregnancy and more likely to get sexually transmitted diseases," says Jim Daniels, vice president of marketing. "We said, 'Something's not right here."

Women said they were selfconscious about buying condoms because they were often a point of purchase in "men's" sections in stores and because packaging "screamed men." Most enlightening, perhaps, was that women said they wanted even more specifically, products that enhanced their own sexual pleasure and stimulation.

It makes perfect sense to market such "pleasure" products to women now, especially young women, says Jean Twenge, associate professor of psychology at San Diego State University. Twenge last year coauthored a study that showed that young women, in fact, are leading the way in dismantling long-held notions about sexual attitudes and behaviors in America. In her research, she analyzed 530 studies spanning five decades and involving about 269,000 people ranging in age from 12 to 27.



Ralph Lauer /FORT WORTH STAR TELEGRAM

 Companies have started marketing condoms and massage oils directly to women and selling them in traditional grocery and drug stores.

Among her findings: that OK, compared to 12 percent in young women have signifi-1943); and that sexual behavior has increasingly moved away cantly less sexual guilt than past generations (73 percent from marriage and reproducnow think premarital sex is tion and toward pleasure.

Vocal professor delivers stirring performance

BY MICHELLE WHITE Contributing Writer

Voice professor Dr. Rachel Holland's performance Friday night in the Music and Theatre Hall made audience members do something that is a rare occurrence in the performance business.

At the end of the performance, the audience did not cease clapping until Holland bowed and left the stage not once, not even twice, but three times — in addition to a standing ovation.

Her performance was so well-received and performed with such beauty and talent that the audience simply could not get enough of her.

Holland's performance was professional and skilled, with a voice that was smooth and operatic, demonstrating a fairly wide range.

Her facial expressions and movements followed the emotions in the songs she sang, even though the lyrics were not in English, which allowed the audience to understand the song's meaning.

"I love performing because I like to communicate, and music helps me express myself," said Holland.

When audience member Karen Murray, a freshman music vocal performance major, was asked if she liked the show, Murray said, "Absolutely. What you have to look for in singing performances is that the singer has poise and confidence. She has all of that."

Accompanist Dr. Jeffrey Brown also gave a wonderful performance, playing the piano with avid concentration. He made playing seem effortless, flashing his handsome smiles in between songs.

Mezzo-soprano Lisa Relaford Coston, an adjunct music professor, accompanied Holland on the last selection of the evening for a duet from the opera "Norma."

Coston's strong and unique voice was of comparable difference to Holland's, providing contrast between the two characters of the song.

The performance was a set of three song selections, languages ranging

from German, French and Italian. The selection included Strauss' "Vier Letzte Lieder (Four Last Songs)," a four-piece composition meditating on life and death. Next was a piece from Ravel's "Shéhérazade," a three-song composition poeticizing Asia and human emo-

The last selection of the performance was Bellini's "Mira, o Norma" from "Norma," an opera about a druid priestess in a love torment- a story quite similar to Euripides' "Medea."

Holland's appearance was also something to be mentioned. In her maroon evening gown, sparkling necklace and beautiful curly hair, it seemed as though she was the set design for the

otherwise undecorated stage. Her appearance could be compared to a teacher at a high school dance whom all the guys had crushes on.

Although the songs, in and of themselves, were excellent ones, it seemed as though they did not demonstrate the full capabilities that Holland's voice promised. While she sang the songs beautifully without flaw, it seemed as though her selections could have been more challenging for her range.

Backstage after the performance, Holland explained that she was invited to perform at this event, which was not necessarily part of her job. As a professor of voice, Holland teaches voice, vocal literature and vocal pedagogy.

Cult classic:

After ten years, 'Showgirls' has found a dedicated audience

BY ROBERT DOMINGUEZ New York Daily News

t's considered one of the worst movies ever made, but "Showgirls" has enjoyed more staying power than a superglued pastie.

Since opening more than 10 years ago to mostly scathing reviews, director Paul Verhoeven's unintentionally campy film - about a hooker/stripper/showgirl who lap-dances her way to the top in a Las Vegas topless revue - has since become a cult classic. And it achieved that status despite its place on practically every alltime bad-movie list.

In recent years, "Showgirls" has been a popular midnight-movie attraction, the basis of a home drinking game and the inspiration for "Harvey Finklestein's Sock Puppet Showgirls," a Fringe Festival theater parody two years ago that featured a cast of naked, pole-dancing sock puppets (the show returns to New York in the spring).

Now comes the live comedy show "Showgirls: The Best Movie Ever Made. Ever!" Performed at Upright Citizens Brigade Theatre in Manhattan on Thursdays, it cleverly skewers the movie's horrid acting, laughable dialogue, trashy stereotypes, mind-numbing plot and gratuitous nudity through re-enactments of key scenes and video clips of some of the film's naughtier bits.

Not to mention an indepth "interview" with an actor who portrays "Showgirls" screenwriter Joe Eszterhas as a bloated misogynist.

"What makes the movie so spectacularly bad is that (the filmmakers) had such a big budget and great resources to make this amazing movie, and they ended up making this horrible movie," says "Best" Movie Ever" co-creator and writer John Flynn.

"But that's why it's the best bad movie of all time - because everyone involved thought they were making a masterpiece," adds co-creator Jackie Clarke, who plays the evening's moderator.

"And the reason why people have become so obsessed with 'Showgirls' is the same reason why people are obsessed with World War II - there's so much tragedy

Rated NC-17 - a first for a big-budget Hollywood movie - "Showgirls" opened in September 1995 to plenty of

The film reteamed Verhoeven and Eszterhas, who had pushed the envelope three years earlier with the Sharon Stone-Michael Douglas erotic thriller "Basic Instinct."

But "Showgirls" flopped faster than a double-D dancer in a B-cup bra, thanks to its silly, sleazy story line and overthe-top performances - none worse than Elizabeth Berkley's (of TV's "Saved by the Bell") as stripper-turned-dancer Nomi

"It was one of those movies that was so anticipated before it opened," says David Schwartz, chief curator of the Museum of the Moving Image in Queens, "but then became an incredible car wreck that people still love talking about.



Photo courtesy of MGM Films

'Saved By the Bell' sweetheart Elizabeth Berkley starred in 1995's "Showgirls," one of the worst-rated films ever. Through drinking games and theater parodies, the film has become a cult classic.

That kind of spectacle fascinates people, and it's how a movie like 'Showgirls' becomes such a guilty pleasure."

It's that very infamy that has continued to make "Showgirls" such a guilty pleasure. Its distributor, MGM, even tried capitalizing on it by rereleasing the film as a comedy soon after its initial theatrical run.

And two years ago, the DVD rerelease included shot glasses and instructions for a drinking game to complement home-viewing parties.

"It was fun to watch it the first time with your jaw open, because audiences were just astonished at what they were watching," says Schwartz.

"But it's even more fun to look back on it now."

Criticizing movies is a subjective art, but "Showgirls" has the misfortune of showing up on most all-time bad-movie

No Shame Theatre: 'open mic night on edge'

BY TYRONE ROBINSON Contributing Writer

Entertain me. You've got five minutes.

Nineteen students stepped up to the mic Saturday night to express themselves in various forms for "No Shame Theatre" in the Music and Theatre Hall in Ferguson.

The rules for what junior Jordan McArthur called "open mic night on the edge" were simple: the performance must be original, under five minutes and not break any laws. "Other than that, anything goes," McArthur said. "You can't really predict what happens."

McArthur was expecting a large turnout of performers and viewers. "It grows more and more each time," he said. "[There were] about 200 last time and we average about 15 to 20 performers."

People were milling around the lobby in the minutes before the start of the show at 9, checking when their friends were going on stage. By 9:05, the orchestra seats were nearly full and the exhaust of a fog machine enveloped the stage.

After senior Nathan Cotter warmed up the crowd by getting them to yell "no shame" in ways varying from Pig Latin to "the professor you love to imitate," it was time for the night to begin.

The majority of the acts focused on stand-up comedy and other humorous anecdotes that occasionally involved mens' pants. Freshman Derek Baczewski had his pants around his ankles to punctuate his routine not long after a joke failed. Junior Nate Fender of the campus

band Atlas opted not to pick up his guitar and, instead, told a story from fourth grade when he was at baseball practice and had to go to the bathroom - really bad - and had to dispose of some certain evidence. The final performance of the night, a trio that called themselves Momentary Prophets, had two guitarplaying members drop trou for the entire duration of their act.

Among the less pants-oriented performances included several poets; a treatise by senior Billy Henline on one of the underdogs of superheroes, Aquaman; freshman Katie Phillips juggling items ranging from balls to plungers and senior Sterling Olson teaming up with McArthur in a short scene parodying prospective theater students.

Rounding out the guitar performances was the semi-serious performance of junior Perrell Dawkins. He began with his original song, "Stars Tonight" and, after finishing that song, he offered the audience to pick a topic for him to freestyle. "Sex!" a woman in the audience yelled.

In five-minute increments, attendants at "No Shame" saw a show as varied as a showing of CNU TONIGHT and as extemporaneous as an open mic night in Discovery.

Three seniors, Helbeston, Suzanne Medici and Jeana Willis opted out of the lineup because they wondered if they needed to come with preparation in advance of going on stage. Junior Jake Hull of Momentary Prophets summed up the (almost) anything goes atmosphere of "No Shame" when he described their act. "It was something we put together today," he said.

'Hostel' refreshes horror genre with unflinching torture

BY CHRIS MCCRACKEN Contributing Writer

"Hostel" is definitely not a film for everyone. With intense depictions of torture and camera shots that force the viewer to observe every gory detail, "Hostel" pushes the R rating to its limit.

Produced by Quentin Tarantino, and written and directed by Eli Roth, this film gives the horror movie genre the wake-up call it desperately needed.

The film begins with three friends Paxton (Jay Hernandez), Josh (Derek Richardson) and their newfound friend Oli

(Eythor Gudjonsson) who are backpacking through Europe, Paxton is the typical college guy who encourages participation in bad behavior. Josh, on the other hand, is the shy type and has to be forced to do anything. Oli is a laid-back Icelander who joined their group after meeting Josh and Paxton on their travels.

Of course, they partake in the activities of drug use and other debauchery that characters in horror movies usually do, but they are really looking for beautiful women.

The trio bumps into a local in Amsterdam who tells them of a secret hostel in Slovakia where the most gorgeous women are

Unable to resist, the three jump on the next train to Slovakia. At the hostel things start to take a turn for the worst when, after the first night, Oli is missing. After worrying a bit, Paxton and Josh brush it off and decide to continue partying with the girls they have met. Naturally, the next morning Josh cannot be found. Paxton then becomes desperate to find his missing

After interrogating the girls they had partied with, Paxton is lead to a place where people are violently tortured as a way to

fulfill people's fantasies of reaching a new emotional rush.

The horror movie genre has become extremely formulaic recently with movies that are either remakes of older films or use every cliché possible.

Fortunately Roth knows what has become tiresome and tries to break away from the clichés that have corrupted the genre. Although he does resort to using characters that are the typical young rule breakers, they are given some characterization that allows the viewer to feel sympathy for their situation. Not to mention when the characters do something that might

seem stupid, he gives ample reason for their actions.

Roth understands exactly how to build tension throughout the film. Recent horror films have relied on the use of quick cuts and cheap scares in order to frighten the viewer.

Roth, however, utilizes the atmosphere of the scene by using close-up shots that allude to the painful acts that will soon occur. This gives the film an intensity that other recent horror

Realism is a key element that Roth emphasizes throughout the film. The premise for the movie originated when Roth

stumbled upon a Web site that said a person could kill someone for \$10,000. This Web site allowed the movie to advertise that it was based on true events. Here he uses ordinary people in a plausible situation in order to generate fear. This strays from the typical plot of an un-killable monster or ghost.

"Hostel" is a horror movie that is not only new but refreshing due to its original story and strong direction from Eli Roth. Be warned that this movie is fairly intense at times, but any fan of the genre will appreciate this fresh approach to horror filmmaking.

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Junior Jake Hull sings as he plays ukelele with Kongomana during a rehearsal on Monday. Hull's involvement has inspired his studies; his coursework in world music pushed him to focus on music history.

Kongomana brings music of the world to CNU

BY MARK PANGILINAN Copy Editor

to the average CNU student (or the average person for that matter), and you are likely to be met with a blank stare or offered a glass of water.

To 13 world-savvy students and one determined professor, however, "Kongomana" is none other than the most exciting new development at the university to date. So what, you are undoubtedly wondering, is a "Kongomana" in the first place?

Founded and directed by Dr. Kathleen Joyce-Grendahl, it is the university's brand new, first and only world music ensemble — what its philosophy/ mission statement enthusiastically describes as a "synergistic mixing of global music expression." The ensemble's unusual name literally means in Swahili, "come together" or "to be united." Musically, the ensemble hopes to do just that.

Boasting such varied instruments as the banjo, ukelele, Ghanaian balafon, Indonesian barimbao, Native American flute, Vietnamese zither, wooden lute, mandolin and Norwegian overtone flute (among others), Kongomana is hoping to present an eclectic mix of genres and styles including: American bluegrass, Vietnamese, Hawaiian, Brazilian, African, Scottish and Native American.

"The vibe is incredible. I have never seen this much enthusiasm," said Joyce-Grendahl

of the students involved. "A big part of Kongomana is collaborative effort. Everyone involved in the ensemble is involved in creating," she explains, attributing the excitement among members to the hands-on nature of the

Members Chau Tran and Jake Hull, both juniors, say that their growing excitement and interest in world music and Kongomana have even been substantial factors in their decision to change majors from music education to music history.

"We [both] had two years of the music education concentration, but we finally see everything that music has to offer," said Tran of the shift she and Hull have made to the music history concentration. Hull agreed, saying, "[In Kongomana] we're applying research and synthesizing everything we've learned."

Not a fan of world music? Tran and Hull believe they may win you yet.

"Do you know the song, 'See You at Tha Crossroads' by the group Bonethugs and Harmony?" Tran asks. "We're doing a world music arrangement of .

that song." Joyce-Grendahl explained that along with classical and contemporary world music songs, the ensemble plans to create and perform new world music arrangements for various American pop songs. But there's

Not only will the entire group be learning and playing a wide variety of international instruments, but according to

Joyce-Grendahl — who plans to play alongside the group — they will also be singing in foreign languages and dancing in various styles, including west Afri-

The ensemble even hopes to wear traditional costumes during their first concert, slated for 8 p.m. on April 28. "They're gonna be some sweet outfits, I won't lie," Hull said.

Hip Hop, Norwegian Flutes

"We realized it was what we were really interested in when we got excited about tests."

and African Dashikis? At the very least Kongomana is poised to pique curiosity both in and out of the department.

Kongomana has been the long-term vision of Joyce-Grendahl who, along with being a nationally known and accomplished scholar and performer of the Native American flute, also recently lent her expertise as a Native American music and culture specialist and ethnomusicologist to Terrence Malickconsulting on the music in his film "The New World."

Now in her fifth year at CNU, Joyce-Grendahl says that she always planned to put together a world music ensemble for students with an interest in international music.

"I came from a tradition where you had to be in an ensemble," she said of her desire to encourage world music students. "It's difficult to get it started in a department that isn't sure about world music. They want to see what happens; They support us. They're waiting to see if it can be done."

As both Hull and Tran have attended or plan to attend various out-of-state world music conferences and programs, and hope to pursue graduate degrees in ethnomusicology at schools like UCLA and Kent State respectively, it seems that students' academic and musical interests have expanded along with the university.

be dropped," said Joyce-Grendahl of an earlier attempt to form the ensemble. But she says that despite this, interest in world music continued to grow among her students.

"We realized it was what we were really interested in when we got excited about tests," said

the tests that she would administer to the world music history. classes as "drop[ping] the needle" - playing around 20 songs and asking the students questions about them. She explained that rather than dreading tests or exams, "They sang along ... it

"A year ago, the class had to

Junior Ted Packard listens at rehearsalwhich the group performed a world music version of "What a Wonderful World."

Joyce-Grendahl described

music students awake at 8 a.m. was definitely an indicator that there was interest." Joyce-Grendahl. After the first attempt had

to be cancelled last year, students continued to meet at 8 a.m. on Friday mornings for the second half of last semester to organize and plan the ensemble as it is today.

"I think it is amazing to get

on a Friday for no credit," said

Ryan Burke/THE CAPTAIN'S LOG

"You can really see the vibe," Joyce-Grendahl says, "Some kids are inherently quiet, but now they're getting into it; they're finding their groove or niche ... it really is an awesome

Final flight for Rigby in 'Peter Pan'

BY GEMMA SMITH Contributing Writer

Audiences packed the Ferguson Center this weekend to view Cathy Rigby's final flight as the lead in "Peter Pan" during three performances on Jan. 27, 28 and 29. James M. Barrie's classic tale tells the story of the Darling children, whisked away by Peter to the magical world of Neverland.

Although the concert hall was jam-packed with young children excited to experience the show for the first time, many adults were there to relive the adventure of being a kid again.

The engaging cast, led by the Tony-nominated Rigby, truly brought to life Barrie's colorful characters. Rigby, a former Olympic gymnast, has played the title role for the past 30 years. Although she is not quite the age of ten anymore, her youth-

ful physicality made it easy to believe she truly is the boy who won't grow up. She bounced, jumped, climbed and flew with ease across the stage. Everything about the way she moved and spoke exuded spunk and youthfulness. Along with her strong stage presence, Rigby presented a vocal performance to match.

One of the most touching moments of the show was when Rigby asked the audience to help her save Tinkerbell's life by clapping in unison. At first the concert hall was quiet, with only a few people clapping. But soon the children joined in, excited to be involved in the story. Gradually the clapping got louder and stronger, as the rest of the audience joined in. The entire concert hall had filled with the sound of applause and cheers.

Not only was Rigby exciting to watch, but the supporting cast easily captured the attention of the audience. Mr. Darling/Cap-

tain Hook, played by actor James Clow, vividly portrayed both the loving father and the villainous pirate. Lauren Masiello led the Indians as Tiger Lily, smoothly executing intricate choreogra-

From the endearing Darling children to the laughable pirates to the mysterious mermaids - it was clear that the actors were not only strongly invested in their characters, but were also

As the actors took their bows, Rigby surprised the audience by enjoying one more flight across the stage - this time over the audience. As Rigby flew out high into the air over the orchestra, she sprinkled fairy dust throughout the concert hall. From those seated in the orchestra to the grand tier, the audience went wild. Children and adults alike cheered and applauded Rigby, as she soared through the air for the last time.





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