Speed dating in Regattas is a huge hit with singles. The Official Student Newspaper Of Christopher Newport University

Volume 37, Issue 11

Wednesday, November 16, 2005

http://users.cnu.edu/clog

INSIDE



BASKETBALL **PREVIEW**

The CNU basketball teams are looking to challenge the USA South Conference Championship as the 2005-2006 season begins. PAGE 14

CAMPUS

STUDENTS EVICTED

On Tuesday November 1, freshmen Benn Lynch, Matt Hymes and Jason Shelton were given five hours to clean out their Prince Drew residence and vacate the premises, according to Lynch and Shelton. PAGE 4

NATION

18-YEAR-OLD MAYOR

Michael Sessions won Tuesday's election and became Hillsdale's youngest mayor ever, at 18, sending a jolt through this rolling little college community. PAGE 7

A&E

MYTHS OF **THANKSGIVING**

Every November the same sights start to emerge; sights of black buckle-topped hats and conservative dress, and lots of turkey and stuffing. It's that time of year again - Thanksgiving, a day that we celebrate as a day to be thankful for what we have. But where did this tradition start? PAGE 10

SPEAKING OF...

"The men's team has come a long way. At the start, we had four freshmen in the top seven. The overall makeup of the men's team is very young. Their finish was very good and solid."

~Cross Country Head Coach, Keith Maurer

PAGE 12



Students tour the construction — safety gear and all

BY REGINA CERIMELE Contributing Writer

On Nov. 4, members of the Student Union Board joined Dean of Students Donna Eddleman and Director of Student Activities Kim Roeder and others, on a tour of the new Student Union construction site.

The Student Union, scheduled to open in the start of the Spring 2006 semester, will replace the current Student Center, which according to CNU Clerk of Works Keith Outten, will likely be demolished in future years.

Though the question still remains as to whether Regattas or Gaines Theatre will be spared from demolition, the CNU Architect determined the rest of the Student Center to be unfit for use for future classrooms, according to Outten. "We've learned our lesson," he said. It is much better and more cost effective to demolish a building like the Student Center rather than attempt to adapt it to a growing university, according to Outten. Additionally, as W.M. Jordan Project Superintendent Tony Bascetta said, the location of the present Student Center is one of the best on the university's property.

The Student Union tour began in the atrium, an area that will eventually house a "very, very, very large staircase," according to Bascetta. The dining area will house Chik-Fil-A and other dining facilities from Discovery Café, while seating a maximum of 476 people. The Student Union will be equipped with several skylights, which, according to Bascetta cost \$5,000 each. One of the skylights was broken during construction and had to be replaced, according

At the time of the tour, the retail area on the second floor was painted yellow. According to Bascetta, though, Rosemary Trible disagreed with the color choice of the room and it will likely be changed to a lighter shade of yellow. The bookstore and its adjoining post office will also be on the second floor, servicing some 3,000 mailboxes in the Student Union.

The building will also have a preevent area and a ballroom, both for formal events that may occur at the university. The ballroom will have a ceiling that reaches 26 feet high, raised from the initial height plan in order to accommodate pipes. Similar to the current Student Center, there will be a President's Board Room, equipped with two fireplaces and other special features.

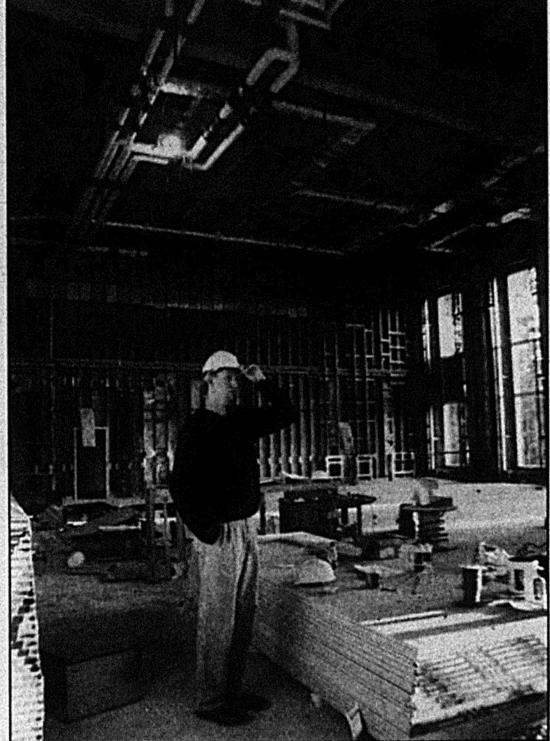
According to Eddleman, a possible massage therapy room may exist in the Student Union for use of the university, though it is also possible that the room may just be used for office space.

Walls around both the game room and lounge have been removed from the original blueprints, though physically the rooms have remained the same. Fireproof lumber has been used throughout the building, allowing a fire to be contained for up to two hours inside the ballroom as well as in several other areas of the Student Union.

Much of the Student Union will house campus clubs and organizations. Eddleman said a separate wing is dedicated to Career and Counseling Services and Judicial Affairs.

A first-year workroom will exist as well as offices for Student Affairs. Student Activities, Greek Life and other organizations will receive office space, too. According to the minutes from the most

SEE UNION, PAGE 3 Junior Ryan Chandler stands in what will soon be the ballroom in the new Student Union.



Faroog ready for SGA changes

By JESSE KNIPLING Captain's Log Intern

On Thursday morning, Student Government Association President Mehreen Farooq, senior, sat down with The Captain's Log to outline which of the goals she set for the SGA at the start of the semester have been achieved and which chal-

lenges still remain. Farooq described her overall vision for the SGA as, " moving even farther-away from the old mentality of programming - stuff like homecoming and family weekend, which is what the old senate used to do - to actually working on what kind of policy would improve stu-

dent life on campus." At a retreat over the summer, Farooq and other members of the SGA drafted several goals for the organization. "First, we wanted to improve legislation,"

"Just sort of encourage the senate to reach out to students and find out what their concerns are, and come up with some quality legislation."

Last year, most proposals reviewed by the student senate concerned adjustments to the new constitution, according to

This semester, the SGA senate has passed a Topics Courses Expansion Act to expand student choices for course selec-

It has also created committees to address the issues of pedestrian safety and the facilities available to music students in the Ferguson Center.

A Blurt Ups/Blurt Outs in included in weekly SGA meetings as well, in which senators bring up concerns voiced to them by students.

Another goal for the SGA has been to increase the student voice within the CNU administration, according to Farooq. "We wanted to make sure that we had Town Hall meetings, and stuff like the Break the Ice reception, to increase dialogue between students and the administration," said Farooq.

Last week, for example, about thirty students showed up to a town hall meeting to hear members of the administration answer student questions.



Hillary MacSwain/THE CAPTAIN'S LOG Junior Mehreen Farooq, SGA President, sits down for a serious one-on-one.

One of the greatest challenges for the SGA has been communication with students,

according to Farooq. "Last year, we tried to create a newsletter to keep students informed about where the SGA was with everything, but we found that a lot of students just didn't read that," she said.

"We focused this summer on encouraging everyone in the SGA to do more faceto-face contact. It's very hard for us to go to students and be like, 'come to us with your

concerns.' We have to come to them, because that's just the way things are."

Another major goal for the SGA has been the recruitment of new members, Farooq said. Last year, the SGA had problems filling various committees.

"Committees weren't even meeting," she said. "With the elections board, we had to use the necessary and proper clause and have the President and Vice President

SEE FAROOQ, PAGE 4

CNU student will attend University of Oxford

Megan Murray made the decision to attend Oxford following a mentoring program.

BY LAURA GEE Contributing Writer

During the summer of her freshman year, junior Megan Murray spent several weeks at Harris-Manchester College of the University of Oxford with a CNU Mentoring Program. At the program's conclusion, she decided she wanted to attend the university formally.

"I fell in love with the atmohere and the teaching style," she said. After she came back, Murray spoke with President Paul Trible Jr. about her plans to attend Oxford. She later met the President of Harris-Manchester of Oxford and then applied. Murray will be the first CNU student to attend the University of Oxford as a fully matriculated student, where she will attend Harris-Manchester College from

January until June of 2006. During the application process, Murray received support from her family and from Dr. Quentin Kidd of the Department of Government and Public Affairs. Kidd assisted her and encouraged her to go through with her dream.

While there, she will be studying law classes in the distinctive Oxford teaching environment and enjoying the rest of the atmosphere at the oldest university in the western world. "I will be doing one-on-one tutorials. It is just you and the professor. They will critique you on everything," said Murray.

In addition to the structure of classes, the culture of the University of Oxford will be different for Murray, too. Students there receive 17 meals a week where they all sit and eat together, according to Murray. Some of these sit-down dinners are formal and include multiple courses. "Once or twice a week we will have formal dinners dressed in Oxford Robes," she said.

Harris-Manchester hosts only about 200 to 300 students at any given time. Since the school is quite small, each student has his or her own bedroom and the student residences have maid services clean their rooms and

Murray expects to encounter differences in the flavor of local conversation, too. "Here, when people sit around and talk it is usually about things like sports or that kind of thing. There, people sit in pubs for hours and talk about politics, philosophy and history," she said.

As an athlete on the sailing team, Vice President of the Class of 2007, Chief of Staff for the Student Government Association, a member of the President's Leadership Program, the Honors program and Phi Mu Alpha fraternity, Murray keeps busy. She has been on the sailing team for two years now. Despite her schedule, Murray will stay at Oxford for two additional months during the summer. She will help to



Junior Megan Murray will attend Oxford in the Spring.

show CNU students around the city and help them in other ways - like learning how to use the local transportation system. This will extend her stay to a full eight months. "I have the month of March off, but I may take that time to travel or to go home," she said. "I am looking forward to this trip and gaining a lot of hands-on experience with law that I will be able to use in the future."

Trible presents to BOV

BY PHILIP LECLERC News Editor

President Paul Trible Jr. delivered his President's Report at the Board of Visitors meeting on Nov. 8. Trible and Executive Director of the Ferguson Center Bill Biddle spoke to the board members of improvements at CNU, both those already having occurred and those yet to come, especially regarding the Ferguson Center for the Arts.

"The CNU experience is in fact true," Biddle began. "I am so glad to be here at this time in the institution's history." Between Andrea Bocelli, "Miss Saigon," "The Importance of Being Earnest," a bar mitzvah and the cultural alliance, Ferguson had "Quite the busy weekend," but one "not unlike what happens every weekend here [the Ferguson Center for the Arts [" according to Biddle.

CNU students have been taught by Marvin Hamlisch and senior Anthony Colosimo sang alongside Andrea Bocelli, Biddle said to the board. "Only at CNU," can students work with world-class performers in the way they have here, he said. "I think I have never had a point in my career where I am as professionally fulfilled as I am right now." The Ferguson Center for the Arts produced about 3.2 million dollars in revenue in its opening year. "That's pretty impressive," said Biddle.

After Biddle's speech, the board members asked him if next year's schedule for the Ferguson Center for the Arts had begun to take form. Biddle mentioned River Dance before Trible spoke.

"The question that people keep asking me is: how in the world will you have another season that approaches the quantity and quality of this past year?" Trible said. "Bill assures me that it will be bigger and better."

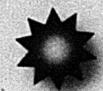
The president also reported rising admissions statistics and possible renovations of existing buildings on campus. "We have received tremendous response each and every year but we've

SEE BOV, PAGE 3

Weekend Forecast

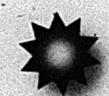
courtesy of www.weather.com

Thursday: Sunny



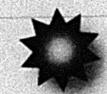
High: 52° Low: 36°

Friday: Sunny



High: 55° Low: 38°

Saturday: Sunny



High: 59° Low: 38°

Sunday: Partly Cloudy



High: 60° Low: 38°

Monday: Partly Cloudy



High: 57° Low: 40°

Corrections

In last week's Sports section Jamie Seagraves is the photographer for the volleyball image on page nine. Also, Will Summers is the photographer for last week's supershot. The photograph last week of the breakdancing was from KRT Campus.

Classifieds

Want to place a classified ad?

The Captain's Log is now offering a classified section. Postroommateneeds, items for sale, wanted, personals, etc. For more information, contact the Captain's Log at 594-7196.

DISCLAIMER*

The Captain's Log is not responsible for business dealings regarding classified ads.

supershot

Canadian Geese can often be found wandering the grounds of campus. One of their favorite hangouts is the lawn in front of the Ferguson Center of Arts.

Ryan Burke/THE CAPTAIN'S LOG

On the record

CNU Police Blotter

Nov. 7
University Police made an arrest in a larceny on the main campus. A vehicle boot was stolen.

A student was referred to Judicial Affairs after intimidating his ex-girlfriend in CNU Village.

Nov. 9

A tire on a golf cart was damaged in the Housing Office Lot. The case is inactive

A larceny occurred in Wilson of CNU Village. Property was stolen. An arrest was made.

Graffiti was painted on the Warwick River Residence Hall. The case is inactive.

There was an alcohol violation in Lot D. Police charged a student with underage possession of alcohol; the case was referred to Judicial Affairs.

Nov. 11

A wallet was stolen from the Catering Office. The case is inactive.

A CNU decal was stolen from York River. The case is inactive.

Police charged a student with underage possession of alcohol and drunkenness in public in the Science Building. The case was referred to Judicial Affairs.

Newport News Police Blotter

Nov. 12

A vehicle was damaged at the 12300 block of Jefferson Ave.

A purse and wallet were stolen at the 12100 block of Jefferson Ave.

A deceased person was found at the 300 block of Oyster Point Rd.

Nov. 13

A case of simple assault resulted in minor injuries at the 300 block of Saint Thomas Dr.

Someone left the scene of a crime at the corner of Jefferson & Muller. Vehicle parts were damaged.

Someone left the scene of a crime at the 12400 block of Jefferson Ave.

At the 0 block of Opal Pl, a runaway was

A vehicle was stolen from Troy Dr. The vehicle was recovered.

Nov. 14

Cases of intimidation were reported at the 400 block of Turlington Rd. and 500 block of Deep Creek Rd.

Around town State/Local News

Governor Warner announcement: more Virginians connected to clean drinking water

Governor Mark R. Warner publicized Monday that approximately 70,000 more Virginians have been connected with clean and reliable drinking water in the past four years. In achieving this, he has nearly tripled his original goal of 25,000 in five years, which he set in Executive Order 39 in 2002.

Governor Warner awards Va. National Guard members with Governor's National Service Medal

Last Friday, Governor Mark R. Warner honored 40 members of the Virginia National Guard with the Governor's National Service Medal, a new state award created to recognize the service of the men and women of the Virginia Army and Air National Guard called to active federal service since the terrorist attacks of Sept. 11, 2001. The Governor also awarded medals to the families of three soldiers who lost their lives while deployed in Iraq and Afghanistan.

Curb on wire fraud

This Monday, Virginia Attorney General Judith Williams Jagdmann announced that Virginia, along with 45 other states and the District of Columbia, is engaged in an agreement with Western Union Financial Services, Inc. that will educate consumers and discourage fraudulent transfers using Western Union's wire services.

The agreement will curb transfers in which unsuspecting consumers wire money to telemarketers and other scam artists. Some telemarketers, often based in other countries, use a lottery scam in which they entice consumers into wiring them money.

The evolution of dating

The dating world has developed a newuse for the cell phone. This new way to find passion and companionship is called Zogo; through this service, singles can connect while they are out on the town, on their commute or at home right from their cell phone — talking Instead of texting. Using the latest wireless communication technology, Zogo empowers any web-capable cell phone to connect, instantaneously and anonymously, to other members in real-time.

Your life News

Grounds department receives award

Businesses from the Bay, an environmental group designed to help keep the Chesapeake environmentally safe, recently recognized the CNU Grounds Department. A new policy on campus, which utilizes recycling, regulation of water use and runoff, and reduced use of pesticides, was the subject of the organization's praise.

The Outstanding Achievement for a Government Facility award is CNU's first environmental award, as well as the first it has ever applied for.

Fine Arts professor writes book on ice-skating

Professor Jim Hines of the Fine Arts Department has completed a book entitled "Ice Skating: A History." Inspired by the attack on Nancy Kerrigan, the publication comes after eight years of study.

In his work, the music historian and former competitive skater traced the sport's history back to twelfth-century England. The book is soon to be available on Amazon.com.

Peace Corps questions answered

In room 214 of the Student Center on Wednesday, a Peace Corps volunteer from Mali will be present to answer any questions you have about serving overseas.

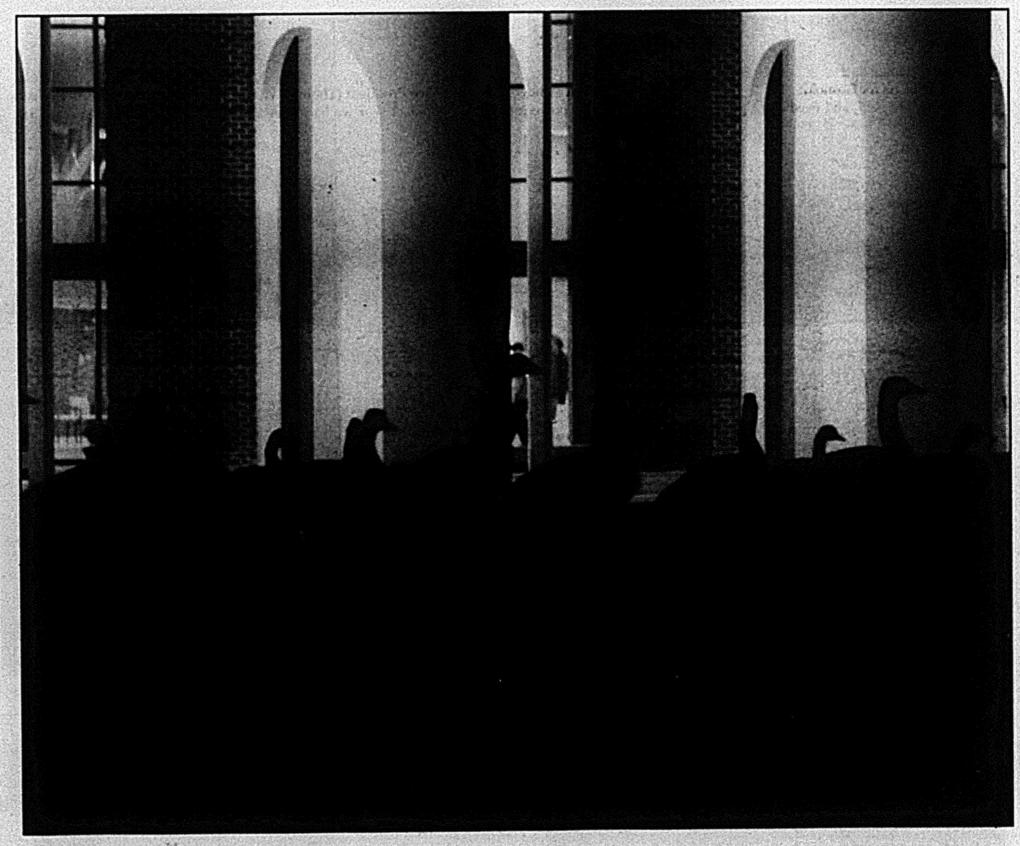
International Education Week

All CNU students are invited to a series of events sponsored by the State Department and Department of Education.

Events during International Education Week, extending from Nov. 14 to Nov.18, are designed to increase awareness about cultural exchange.

As part of a student panel discussion, CNU students who have participated in study abroad programs will speak with their fellow students at 4 p.m. on Nov. 16 in the President's Box (Freeman Center).

There will also be a Study Abroad "Mini-Fair" from 11 a.m. until 1:30 p.m. on Nov. 17 in the Student Center and an informational meeting for a CNU-State Department Cultural-Educational Exchange on Nov. 17 at 5:30 p.m. in Gosnold 101.



Campus Calendar

Wednesday

4 p.m. – Student Panel Discussion; President's Box, Freeman Center

5 p.m. - Anchor (Protestant Worship); SC 150

7 p.m. - Anime Club Meeting; Gaines Theater

7 p.m. - How to market yourself: Job Interviews & Resume Writing; Gosnold 101

10 p.m. - Citizens of the World Meeting; JR Multi-Purpose Room Thursday

8 a.m. - 4 p.m. - Department of Defense Interviews; SC 223

11a.m.-1:30 p.m.-Study Abroad "Mini Fair"; SC

7 p.m. - Genocide in Darfur, Speaking Event; SC 150

7 p.m. - Panel Discussion with GSSU; Mc-Murran 102

7 p.m. - Investment Club Meeting: Third Floor BTC Friday

11a.m. - 2 p.m. - Great American Smokeout; Outside SC

2 p.m. - Bowling with Turkeys; CNUVillage Parking Lot

7 p.m. - "Cinderella Man" - Movie; Gaines Theater

8 p.m. - "The Importance of Being Earnest"; Ferguson Music & Theatre Hall Saturday

7 p.m. - "Cinderella Man" - Movie; Gaines Theater

8 p.m. - "The Importance of Being Earnest"; Ferguson Music & Theatre Hall -Sunday

2:30 p.m. - "The Importance of Being Earnest"; Ferguson Music & Theatre Hall

4 p.m. – Roman Catholic Mass; Alumni Room Monday

November 16-22

5:30 p.m. – SGA Meeting; Alumni Room

9 p.m. - Monday Night Football; Sigma Phi Epsilon House Tuesday

5:30 p.m. – Tuesday Night Lights (Baptist Worship); SC 233

Ghannouchi introduces CNU to Arabic

BY IAN SASS-BASEDOW Editorial Assistant

One of 10 new instructors to have joined the campus's teaching faculty this year from outside the country, Anis Ghannouchi has come all the way from Tunisia to teach his native language of Arabic.

After graduating with a degree in English language and translation from the Higher Institute of Languages in Gabes, Tunisia, Ghannouchi received a once-in-a-lifetime opportunity to teach in America.

He applied for the State Department's Foreign Language Teaching Assistantship Program, and was accepted this past summer, granting him a yearlong position in the university's Modern & Classical Languages and Literature Department.

The nature of the program was right up his alley, because as Ghannouchi said, "The State Department brings 205 people from all over the world to teach their own languages to American students. It was a great opportunity for

Ghannouchi, whose first name Anis means "pleasant to be around," is fluent in English, Arabic and French and attributes his interest in language to his upbringing in North Africa.

"Tunisians are very interested in language because of how close the country is to Europe, and there is a need to interact with them," according to Ghannouchi. In fact, most people in Tunisia speak French due to the nation's status as a French colony until 1956, he said, when the French concen-

trated on building schools to perpetuate French culture rather than churches or commercial undertakings like in the conquests of Spain and Great Britain.

Concerning the problems on going between the French government and Arab peoples, Ghannouchi said most Arab peoples in France are from North Africa, some of those his relatives. "Although Africans in France have citizenship and can get college degrees, they are still secondary because employers

"I was worried about teaching Arabic for the first time. The sounds and scripts are totally different from English, and it is read from right to left". - Professor, Anis Ghannouchi

profile Arabs by name, so no one gets hired," he said.

Despite the violence, Ghannouchi is optimistic about prospects for change, because he says "the French fear for their image in the world as the first European democracy."



Ian Sass-Busedow/THE CAPTAINS LOG

Professor Anis Ghannouchi

Though excited about his new position, Anis was not without reservations regarding his new job.

"I was worried about teaching Arabic for the first time. The sounds and scripts are totally different from English, and it is read from right to left,"

"I took things slowly, bit by bit for a month and a half on script and sound only. Before moving forward, you really need that basis."

Ghannouchi had nothing but good things to say about his time at CNU, and said there is a clear contrast between America and the educational system in Tunisia. He expressed great interest in returning home and working to reorganize the structure of Tunisian schools once he has attained his master's degree. "America has very organized schools, very efficient. Every issue on campus has its own department, where in Tunisia there are lots of jobs for one person or department," he said.

Whitaker brings CNU into the bloggin' world

By BRIAN STEINKOENIG Captain's Log Intern

The tragedies and accidents this semester involving traffic around CNU have erupted in numerous outcries and voices for change. That may be the problem. Everyone seems to have an opinion, but rarely does anyone do anything about it.

At least, that is what Stu Whitaker is trying to say. Whitaker, whose son Will Whitaker, a junior, attends CNU, has attempted to create a forum for the voice of people affiliated with CNU. He made a blog specifically designed to organize and give focus to what is really happening with CNU.

"I started it just a couple weeks ago," said Stu. "The thing that triggered it was the student's death."

On the blog Web site, located at http://cnucommunity.blogspot.com, Stu discussed a disagreement he had with eNEWS, the official newsletter for parents and alumni of CNU. "The first obligation, in my opinion, is to keep students and parents informed of all significant events, such as a student's death-not just the 'happy' events," he said.

He goes on to state that there was no mention of the student's death, and CNU's comment, according to Whitaker, was as follows: "PR [public relations] on this event was quietly publicized."

Whitaker's response on his website was: "Excuse me? The 'PR on this event? If CNU thinks a student's death is a PR matter, CNU is flat wrong."

But the blog Web site has yet to pick up steam, despite Stu's attempts to help it do so. Since Monday, only three users were registered and it had not been updated since Nov. 2.

Some students disagree with Stu's and others' opinions on the matter. Krystal Dietz, a senior social work major, said traffic safety has improved a lot around campus. "When I was a freshman, traffic was very unorganized," she said. "It was really hard to get around." In fact, tragedy struck her as well, and on Sept. 12, 2001, she was hit by a truck. Both of her elbows and wrists broke, as did one knee. "But, you know, I still go here," she said. "And I think the traffic has improved tremendously."

But Stu remains steadfast and hopeful for change. "I think there's a value in having a blog," he said. It offers an uncensored voice to the student body, according to him.

A blog is an "intermediary" form of communication that lets the community be heard between the mass media and public relations, according to Stu. "Part of what is different today than years ago is that we have the tools," he said.

BOV, FROM PAGE 1

never seen anything like we're experiencing this fall," said Trible. The group scheduled to enter their freshman year in the fall of 2006 should be the "best CNU students yet," he added. Entering students' SAT scores have risen to 1187, while the average entering student's GPA is now a 3.61. Applications from out-of-state students have doubled as well, according to Trible.

As chairperson of the Council of Presidents, Trible helped to determine how much money would be needed for certain construction projects. Included in those were considerations for two buildings at CNU: Gosnold and the current Student Center. These buildings will either be demolished (an idea which is gaining momentum) or renovated, said Trible. As for Gosnold: "It's an old building," he said, and needs to be expanded and enhanced. These projects could begin as early as next summer if funding for them makes it into the next gubernatorial budget, according

SGA President Mehreen Farooq and Faculty Senate Vice President Gary Whiting both reported to the BOV. Faroog spoke to the Board of Visitors about recent student activities, including the State of the University Address and the most recent

town hall meeting. Whiting spoke to the Board of Visitors both about increasing the faculty development budget and creating courses to prepare students for the LSAT, GRE, MCAT and similar post-graduate tests. The budget has been sitting at about \$30,000 annually and helps both faculty and the students who work with them, according to Whiting.

"We're talking about undergraduate research. That's a powerful distinction between us and other programs," said Trible.

UNION, FROM PAGE 1

involved in the election. We wanted Farooq called "very encouraging." to set the proper precedent this year by people trying to be on committees, so I think that has been achieved."

Despite the increase in participa- CNU, according to Farooq. tion, Senator Sean Rankin, senior, has

perately in need of more members. Among other goals, Farooq said ed them to be more competitive and have a higher voter turnout," she said. national government," said Farooq. "If you remember two years ago, when she was running uncontested, and so was Vice President (Thomas) Welch.

So, last year we had three contestants for president, so that was a good year is "Progress. Integrity. Dedica-

This year there were eight senators running for three spots, which

Over thirty percent of freshman having all those committees, all those turned out to vote for their class elecboards full this year. We've had a lot of tions, with a similar figure turning out for homecoming elections, marking the highest voter turnout ever at

This semester, the SGA has conmentioned at recent SGA meetings that tinued its involvement with Virginia his Pedestrian Safety Committee is des- 21, a voter's advocacy group directed at young people in Virginia, too.

"We wanted to, with politics, that student elections were a high pri- make sure that there is increased inority for her administration. "We want- volvement with students in the local government, and also the state and

"So we've been trying to hold President (Melissa) Bell was running, a couple of mock gubernatorial debates, Meet the Candidates, that type of thing, to educate the voters."

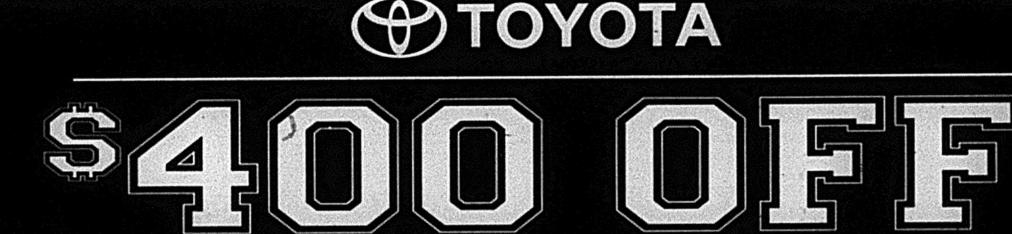
The new motto for the SGA this

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**TOYOTA

STANDARD FEATURES:

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AM/FM/CD WITH 6 SPEAKERS

1.8-LITER 170 HP ENGINE

SIDE ROCKER PANELS 38 MPG HWY

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AS SHOWN \$17,360"



'EPA ESTIMATED MPG FOR 2005 COROLLA S MODEL 1812 4 SPEED AUTO. ACTUAL MILEAGE MAY VARY. "MSRP FOR 2006 SPORT MODEL 1812 EXCLUDING TAX, TAGS AND LICENSE FEES. DEALER SETS FINAL PRICE.

Students evicted from CNU home as result of alcohol bust

Three freshmen are sanctioned following a fire code inspection in their Prince Drew residence.

By Nick MIRABAL Avistant News Editor

On Tuesday November 1, freshmen Benn Lynch, Matt Hymes and Jason Shelton were given five hours to clean out their Prince Drew residence and vacate the premises, according to Lynch and Shelton.

Days before, on October 28, State Fire Marshal for the Tidewater region Steven Lindblad inspected the students' household, revealing a large amount of alcohol in their refrigerator and some damages to the house itself.

While acting as Fire Protection
Inspector, Lindblad uncovered seven
cases of beer, five different bottles of li-

cases of beer, five different bottles of liquor, a hookah and some interior damage to the house.

Director of Residence Life Jerry

Roeder and Assistant Director of Residence Life Ryan Brown also made appearances at the house, making the students aware of the violations for which they were responsible.

"There were three holes in the dry wall that we caused through horseplay and claimed responsibility for," said Lynch. "We were also charged for a disconnected smoke detector, having an open fire place and the failure to manage both properly. We also had a live animal in the house because we were cat-sitting."

Due to the immediate nature of their eviction, Lynch, Shelton and Hymes are currently living in a room at Extended Stay America, a hotel on Jefferson Avenue. During their stay in the hotel, the three are utilizing a unit at the local Uncle Bob's Self Storage.

"It was hard to find a place to stay so quickly," said Shelton. "We spent our first night at an Econo Lodge, which was lucky. The storage unit cost is \$90 monthly and the hotel we are staying at now is \$51 daily." Another unfortunate result for the students is that they will be paying for housing even in their absence. Other expenses include digital cable and Internet that the students subscribe to for the house.

"We are a little concerned with how the charges for the damages will be handled," said Lynch. "If anything, I hope they just keep our damage deposit instead of being supplied with a separate expense."

The Office of Judicial Affairs, responsible for handling the situation administratively, recently responded to the students with a list of charges. The students received the reprimands last Friday at their sanction meeting.

According to the list, Hymes and

Lynch will only be allowed on campus to go to class and will only be offered limited selection concerning their meal plan.

"We can only eat at Hiden-Hussy when we are on campus, which is seldom considering the distance between the hotel and CNU," said Lynch.

"It's a good thing we have a car, otherwise things could have been really tough."

All three residents were charged with the same list of offenses. Hymes and Lynch have been temporarily suspended and await their appeals.

Shelton was dismissed from CNU under the same list of charges as Hymes and Lynch due to previous honor code and alcohol violations.

Smithfield returns to CNU for ethics talk

Ferguson Center of the Arts hosted their first Leaders in Ethics panel discussion Monday.

> By SABRINA FENDRICK Captain's Log Intern

What drives a company to ethical practices? What helps to keep its employees out of scandal, and how far should a company go to stop its employees from engaging in questionable practices?

These questions were addressed Monday night in the Music and Theatre Hall of the Ferguson Center of the Arts when CNU hosted its first Leaders in Ethics panel discussion.

Four Smithfield Foods executives, including Sherrie String, vice president of human resources and safety; Dennis Treacy, vice president of environmental, community and government affairs; Kenneth Sullivan, vice president of internal audit and Jennifer Walker, human resources representative and

2004 CNU graduate, led the evening. Except for some minor microphone and Power Point issues, the discussion ran smoothly for its audience of about 50 people.

Sullivan, the first to speak, began by projecting multiple headlines from the Wall Street Journal onto a screen, all from within the last five business days, citing numerous scandals and ethically questionable actions by some of the largest corporations in the United States, such as Wal-Mart and the Bank of New York. "Ethics pervades everything that happens," he said.

The Smithfield Code of Business Conduct, according to Sullivan, is the "most important document we have at Smithfield in relation to ethics."

One thing he found in common between all of the corporations he said were surrounded in scandal (including: Enron, TYCO, Kmart, Halliburton, AOL Time Warner, the New York Stock Exchange, etc.) was how the executive management spoke about ethical behavior within their businesses. "No other single factor is more important than the tone at the top," said Sullivan.

Continuing, he drew on a personal example: Sullivan worked for the accounting firm Arthur Anderson, and said that his former employer was one of the companies to go down in the major Enron/WorldCom scandal.

However, Sullivan remarked that during his early years, the tone at the Arthur Anderson organization was very much ethically oriented, but took a dramatic shift upon his return from a three-year break in 1999. Looking back, Sullivan can see how the company had changed into a sales-oriented organization, he said. String emphasized integrity and social responsibility in the community. "Integrity is the cornerstone of our success," she said.

String gave multiple examples of issues she is faced with on a daily basis, especially the issue of privacy in the



Sabrina Federick/THE CAPTAIN'S LOG

Smithfield Foods executives lead discussion on ethics panel, Monday.

modern technical age. "Your e-mail is my e-mail, your phone is my phone," String said, referring to the right of her department to investigate unethical behavior or abuse of the company's office equipment.

She used examples of her employees searching for pornography during

modern technical age. "Your e-mail is lunch breaks and spending questionmy e-mail, your phone is my phone," able amounts of time on the telephone.

The panel discussion was sponsored by the Joseph W. Luter, III School of Business, the CNU student chapter of the Society of Human Resource Management and the President's Leadership Program.

Getting along with wildlife in Hampton

By IAN SASS-BASEDOW

Editorial Assistant

Stephanie Boyles, wildlife biologist and representative for the animal rights organization PETA, lectured in McMurran this past Wednesday. Invited by CNU's Animal Welfare Coalition, Boyles was welcomed at the event by a small collection of biology majors and club members. Her presentation, "Making Peace with Wildlife in Hampton Roads: Can't We All Just Get Along?" summarized wildlife problems in the Hampton Roads area, offered a description of her work with PETA and presented information regarding beavers interacting with humans, specifically.

"Millions of animals are killed every year because they are considered to be 'pests," she said. "What people don't realize is that pests are living in their natural habitat."

Boyles graduated from the University of Notre Dame and researched at Johns Hopkins University as well as Virginia Tech prior to working for PETA. "People call us [PETA] up for help in dealing with pest issues properly. At PETA, I work to come up with, when possible, non-lethal methods, or at the very least, humane ways to deal with animal problems," she said.

Boyle's presentation covered a variety of topics, including both the strategic paving and egg-destroying methods intended to remedy the overpopulation of gulls on the Hampton Roads Bridge Tunnel and research on the feasibility of dispersing contraceptive drugs in Hampton's Fox Hill to stifle population growth of a breed of wild turkey.

Boyles spoke to her audience about beavers damaging private and public property as well. "Beavers are a keystone species, meaning that they create habitats for other animals by damming waterways to create ponds, which can provide water during droughts," she said. Of course, these industrious little creatures can create a nightmare for public works, too. "VDOT spent 3 million dollars over 20 years to fix beaver damage on one road I worked on," she added.

Beavers have an instinctive desire (when they feel and hear running water) to plug up culverts beneath roads. To fix the problem on this particular road, dams were destroyed by VDOT, though new beavers only reconstructed the dams. Using a hundred-dollar combination of wood, pipes and chain-link fencing called a "beaver deceiver," Boyles created a protective perimeter around the culvert both above and below water, allowing for unhindered water flow, while giving beavers a surface upon which to work.

Boyles ended the night on a more sentimental beaver note. Property owners in Mclean were tired of a beaver dam on the lake of their estate, she said. They burned down the dam, and shot "mother and father beavers."

To the great surprise of the property owners, though, the infant son and daughter beavers survived and appeared in their driveway. Boyles was alerted of the situation by PETA, drove to Mclean to rescue the beavers and together with her coworkers named them "Huff and Puff."



Stephanie Boyles, representative for PETA, lectured in McMurran last Wednesday.

FAROOQ, FROM PAGE 1

by having all those committees, all those boards full this year. We've had a lot of people trying to be on committees, so I think that has been achieved."

Despite the increase in participation, Senator Sean Rankin, senior, has mentioned at recent SGA meetings that his Pedestrian Safety Committee is desperately in need of more members.

Among other goals, Farooq said that student elections were a high priority for her administration. "If you remember two years ago, when President (Melissa) Bell was running, she was running uncontested, and so was Vice President (Thomas) Welch. So, last year we had three contestants for president, so that was a good sign."

This year there were eight senators running for three spots, which Farooq called "very encouraging."

Over thirty percent of freshman turned out to vote for their class elections, with a similar figure turning out for homecoming elections, marking the highest voter turnout ever at CNU, according

to Farooq.

This semester, the SGA has continued its involvement with Virginia 21, a voter's advocacy group directed at young people in Virginia, too.

"We wanted to, with politics, make sure that there is increased involvement with students in the local government, and also the state and national government," said Farooq.

The new motto for the SGA this year is "Progress. Integrity. Dedication."

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Opinions

Where We Stand

Student Union opening draws near, concerns all those involved

It is with great anticipation that the students at CNU wait for the Student Union, which has been heralded as a larger and more technologically advanced arena for furthering the interests of the CNU community.

It is with even greater anticipation that clubs and organizations wait to find out what office they will have, or if they will even have office space at all.

The Student Union Board recently addressed this concern by deciding that all clubs and organizations, regardless of past office allocation process exemptions, will be required to apply for office space. Previously, five organizations were given pre-exemptions from the office space application process. These clubs and organizations were the Student Government Association, WCNU, The Captain's Log, Campus Activity Board and the Multicultural Student Association. According to the SUB minutes from last week's meeting, these organizations are to now submit to the same application process as all other clubs and organizations. Criteria for the application process includes involvement of the organization in campus life, whether office space is essential to carrying out the mission or purpose of the organization, the number of students the organization serves, and the history of the organization and its relationship with the university. Exemptions for the office space allocation process have been eliminated because of student concerns and the fairness of five organizations receiving preferential treatment over clubs and organizations that have grown in the three years since the inception and initial planning of the Student Union.

Office space and allocation is important, but the confusion and changes in policy surrounding the construction and opening of the Student Union signal an even more universal question:

Has the university administration and planners properly prepared for and anticipated the continued growth of student organizations on campus? The planning stages began three years ago— that's when the previous club and organization leaders were consulted.

But some clubs and organizations have grown even more than expected. The question is now not how long until the Student Union opens, but what waits for us when we walk inside. Student leaders express concerns and are curious because they weren't around for the planning stages— and now they are realizing they have a vested interest. The clubs and organizations without exemptions want to know why the others had them. The clubs and organizations that once had exemptions might now possibly feel that they are being demoted in status, or that the initial reasons they were exempted (which were valid at the time) should still stand. Either way, it's obvious that tensions run high between organizations when everyone is trying to look out for their own interests. The process will be as smooth as possible. We just hope no one's disappointed with what's behind closed doors.

KANSAS SCHOOLS CAN TEACH INTELLIGENT DESIGN'



The Captain's Log

2005 - 2006 Staff

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The Captain's Log is the Official Student Newspaper of Christopher Newport Uni-

published on 24 Wednesdays throughout the academic year.

New contributions are accepted by fax (594-8759), by email (clog@cnu.edu) or in our office (SC 223).

Circulation inquiries, advertising rates, and policies are available upon request by telephone, (757) 594-7196, e-mail or on our Web site, http://www. clubs.users.cnu.edu/clog.

The Captain's Log is created with Apple Macintosh computers, using Adobe InDesign.

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Letters may also be ... brought to our office or sent to us by e-mail at clog@cnu.edu. Anonymous letters may be printed, but writers must sign

the original, providing a full address and telephone number for verification purposes.

Students: please indicate is affiliated with an organization, that may be noted.

For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication.

Corrections/Clarifications to The Captain's Log will be published in the issue following the error, at the discretion of the Editor in Chief.

Oil windfall profits tax won't work

Knight Ridder/Tribune News Service

The following editorial appeared in the Dallas Morning News on Thursday, Nov. 10:

When gasoline prices skyrocket to \$3 a gallon and consumers howl, Congress knows only one way to respond - publicly flog a few oil executives.

So there they sat Wednesday, the executives of the nation's largest oil companies, as Senate lawmakers railed about higher energy prices and excessive profits. Never mind that gasoline prices — reacting to basic laws of supply and demand - are now well below \$3 a gallon and lower than before Katrina devastated the Gulf Coast.

Politicians understand the populist appeal of chastising Big Oil. What they don't understand are history and economics, and, until they do, energy policy will remain incoherent and spawn

bad, knee-jerk ideas like a windfall profits tax.

The nation has been down the windfall profits tax road before, and the result wasn't pretty. In 1980,

Congress imposed a windfall oil profits tax in response to the sharp increase in oil industry profits. Domestic oil production subsequently fell by between 3 percent and 6 percent annually until Congress wised up eight years later.

Meanwhile, U.S. reliance on foreign oil increased between 8 percent and 16 percent. The nation can't afford to repeat that mistake. Like other firms, oil companies are in business to make profits for shareholders, who expect a financial return on their investment. Impose a windfall profits tax, and the effect would be to discourage investment in oil stocks, which in turn would discourage new exploration.

It's a simple notion - investment flows where the returns are attractive.

Moreover, oil companies aren't the only firms making sizable quarterly profits. Citigroup, 🦈 for example, made \$7.1 billion in its latest quarter; Wal-Mart, \$2.8 billion; and Microsoft, \$3.1 bil-

So why are oil industry profits deemed excessive? The real blame for market shocks rests with Congress' failure to devise a coherent energy policy that strikes a balance between fossil fuel use, conservation and alternative energy sources. The world continues to consume oil at a record pace, which means that the U.S. will remain vulnerable to stunning energy shocks unless more oil is available, and equally important, until conservation and alternative energy sources gain acceptance. The message of Katrina and Rita is not a windfall profits tax.

Hey Derek Zoolander: Stay away!

BY CHARLES MITCHELL Foundation for Individual Rights in Education/ KRT

Remember Derek Zoolan-

Many college students do. He is Ben Stiller's character in the 2001 'comedy "Zoolander." And it's a good thing he didn't attend Northern Arizona University.

At one point in the movie, Derek says, "Rufus, Brint, and Meekus were like brothers to me. And when I say brother, I don't mean, like, an actual brother, but I mean it like the way black people use it. Which is more meaningful, I think."

To most people, that's funny. To NAU, that would be harassment. Let me explain.

NAU's "Safe Working and Learning Policy" (http://www4. nau.edu/diversity/swale.htm) recently earned the dubious distinction of being named the "Speech Code of the Month" (http://www.thefire.org/index.php/article/6297.html) by the Foundation for Individual Rights in Education (FIRE). That breathtaking code bans "stereotyping" or "negative comments or jokes" that are "based upon a person's race, sex, color, national origin, religion, age, disability, veteran status, or sexual orientation." It says such things are "harassment."

Read Derek Zoolander's quote again. At NAU, he would have been guilty of "stereotyping" that was "based upon a

person's race." And so might be anyone who watches "Zoolander" - what if someone overhears that awful "stereotyping" and is offended?

That kind of censorship is not just inane - it's also unconstitutional. NAU is a public university, which is to say it is an arm of the state of Arizona. And state entities are legally bound to respect the First Amendment's guarantee of free speech.

By enacting a speech code, NAU is by definition not respecting the First Amendment. "Negative comments" and "jokes" are not even close to the line between protected and unprotected speech. If they were, most of the movies college students watch could be outlawed. And "stereotyping" is so vague that it is practically meaningless.

Courts have repeatedly held that vague and overbroad restrictions on speech don't pass constitutional muster, and NAU's speech code is a textbook example.

The worst part, though, is that NAU seems to know that its speech code is unconstitutional. The policy itself states, "When these harassing behaviors become severe, pervasive or persistent, they may also violate Federal and State law." If you translate that from administrative-ese into English, it says: We are banning more speech than

the Constitution says we can. NAU has the right to ban only what federal anti-harassment law bans. By admittedly going beyond that, it breaks the law. That's kind of a high price to pay to protect people from "negative comments" and dirty

Time for a dose of reality. In the real world, people have to deal with "negative comments" every day. NAU is doing its students an immense disservice by attempting to shield them from such things. As University of Pennsylvania professor and FIRE Chairman Alan Charles Kors often says, "No one who tells you that you are too weak to live with freedom and the Bill of Rights is your friend." That is exactly what NAU is telling its students.

And NAU is not alone in doing that. Countless universities have unconstitutional speech codes, and they use them. For example, FIRE is right now helping a Muslim student at William Paterson University who was convicted of "harassment" for stating his religious objection to homosexuality in a private e-mail.

And if you think administrators in Arizona won't violate the law like their counterparts in New Jersey, look no further than Arizona State University, where apparently no one has heard of Brown v. Board of Education. FIRE had to intervene there just last month to stop a racially segregated class.

If that sounds ridiculous, it should. The same goes for a policy that admittedly tramples the Constitution. Those who teach and learn at NAU deserve - and should demand — better.

Dissection then, but not now

BY PAULA MOORE PETAVKRT

In her new book about John Hunter, the "Father of Modern Surgery," biographer Wendy Moore relates how Hunter paid body snatchers to exhume human remains so that he could dissect them. She describes in detail Hunter's gruesome, sometimes bizarre, experiments on live animals - such as pouring warm milk directly into the intestines of a live dog. Throughout his career in the 1700s, Hunter cut apart countless live animals to study their internal systems.

However one feels about * Hunter's grisly explorations, one thing is certain — we've moved beyond this kind of horrendous dissection. It is now time to move away from dissections in the classroom, as well.

Despite the availability of sophisticated alternatives - including new computer programs that allow students to find, remove and study organs with a "computer mouse," instead of a scalpel — millions of animals are cruelly killed for classroom dissections every year.

Biological supply houses, which sell animals for dissections and classroom experiments, breed mice and rats, obtain fetal pigs from slaughterhouses, capture frogs from the wild and pick up lost or stray dogs and cats from the streets. When People for the Ethical Treatment of Animals

went undercover at one biological supply company, our investigator was told that some of the cats killed there were companion animals that had "escaped" from their homes.

- Live animals at this company were painfully injected with formaldehyde - a severely irritating, caustic substance. Rats kicked furiously even after the skin was pulled back from their necks to their midsections. One rabbit, still alive after being gassed, tried to crawl out of a wheelbarrow full of water and dead rabbits. Workers laughed as the animal was drowned.

This disrespect for life carries over into the classroom, where students get the message that animals are nothing but teaching tools, to be killed, cut up and discarded. Educators who insist that there is "no substitute" for animal dissections need to talk to their students. They might be surprised by what they learn — and what the students do not. Rick Hill, a former high school science teacher and co-founder of the "virtual dissection" company Froguts, did just that. When he asked his stepdaughter about a frog dissection she had performed in school, "she had a hard time describing the organs in detail," Hill says. Hill began considering ways that the dissection experience could be simulated, allowing students to repeat procedures as many times as necessary - "without wast-

ing another batch of frogs."

Froguts, one of several companies now offering dissection software, is used in hundreds of schools across the country. Point-and-click scalpels, scissors and saws let students dissect and examine frogs, fetal pigs, cats, squids, cows' eyes, and more without ever smelling formaldehyde.

There was a time when classroom dissections went unchallenged, but more and more students are demanding the right to use humane non-animal methods. Nearly a dozen states, including Virginia, New York, Pennsylvania, Florida and California, along with numerous school districts, have enacted laws or policies protecting a student's right not to dissect. The rest need to follow suit.

Science has progressed greatly since John Hunter's day. Researchers now use 3-D tissue models of eyes and skin, derived from human cells, to determine if chemicals will cause irritation. In the U.K., "microdosing" giving human volunte minute doses of test drugs and tracking them through the body - is being tested with great suc-

Isn't it time that the science being taught in our classrooms catches up? When interactive CD-ROMs, computer simulations, lifelike models and other options are readily available, there is no reason to continue killing animals for the sake of the "life sciences."

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mics and Crossword

MYSTIC STARS

Weekly Horoscope For November 14-20

BY LASHA SENIUK Knight Ridder/Tribune News Service

ARIES (March 21-April 20) Flirtation and physical attraction may this week be undeniable. Over the next six days, previously shy colleagues or friends will be strongly motivated to explore new passions. Remain patient, however, and expect yesterday's romantic or social triangles to linger. At present, emotional expectations are high: if possible, avoid promises, bold announcements and serious discussions. Thursday through Saturday, rest and study dream imagery. Powerful insights are available.

 TAURUS (April 21-May 20) Someone close may early this week request complex financial or legal advice. Areas affected involve home purchases, large investments or ongoing disagreements with authority figures. Take time to listen to minor comments and detailed descriptions: meaningful revelations will soon emerge from quiet conversations or mundane information. After Friday, many Taureans begin an intense phase of romance and renewed sensuality. Love affairs are strongly favored: stay open.

GEMINI (May 21-June 21) Ask loved ones for a clear explanation of recent social events or behaviors. Over the next six days, group participation and family activities will work to your advantage if, and only if, private differences are honestly resolved. Some Geminis may also encounter similar restrictions in workplace relationships. Opt for open debate. Friday through Sunday highlight fitness and improved health regimes. Study habits for necessary improvements: daily dedication is needed.

CANCER (June 22-July 22) Job actions, revised employment plans or business expansion will this week require careful timing. After Tuesday, authority figures may temporarily deny permissions or avoid vital decisions. Remain determined. In the coming weeks, many Cancerians will need to strenuously defend their business actions, daily activities or workplace aspirations. Wednesday through Friday, loved ones may ask for detailed explanations of payments or expenses. Don't delay: tensions may be high.

LEO (July 23-Aug. 22) Group events or unique romantic encounters will this week create revised social options. Monday through Thursday, new friendships or mildly unethical relationships are a serious concern for loved ones. Carefully consider the feelings of all involved: over the next 10 days, relatives and long-term friends will expect consistent behaviors and concrete explanations. After mid-week, business negotiations work to your advantage. Ask for special favors: you won't be disappointed.

VIRGO (Aug. 23-Sept. 22) Before mid-week, home plans and established schedules will demand clear explanation. Younger friends or relatives are now highly motivated to explore revised family roles. Social activities, daily habits or romantic commitments may be a key influence. Remain cautious. Added information will soon arrive. Thursday through Saturday, daily health regimes or dietary habits may need improvement. Minor irritations of the stomach, intestine or bowel may be bothersome. Go slow.

LIBRA (Sept. 23-Oct. 23) Ongoing financial disputes are this week easily resolved. Before Thursday, expect close relatives to admit past mistakes, ask for approval and introduce creative business or money information. Participate fully in all group ventures and social discussions: this is not the right time to foster isolation or avoid delicate family adjustments. Friday through Sunday highlight complex romantic proposals and social promises. Don't hesitate to further commit: new passion will be rewarded.

SCORPIO (Oct. 24-Nov. 22) Over the next few days, loved ones may request new levels of trust, intimacy and commitment. After several weeks of disjointed progress and misunderstanding, romantic partners are now willing to bring permanent change into their lives. Schedules, home expectations and ongoing financial agreements may also be accented. Stay open to positive change. Thursday through Saturday, past debts or forgotten payments become annoying. Pace yourself: there's much to do.

SAGITTARIUS (Nov. 23-Dec. 21) Romantic partners or potential lovers may this week ask for extra time, privacy or patience. Minor family disruptions may have proven more worrisome than anticipated. Before mid-week, watch for quick cancellations or unexpected moments of tension. Social delays will be brief: make sure others understand the depths of your affection and loyalty. Friday through Sunday, loved ones may introduce highly creative financial ideas. Remain cautious: detailed research is needed.

CAPRICORN (Dec. 22-Jan. 20) Listen closely this week to the subtle comments or social observations of long-term friends. Over the next two days, unique business opportunities arrive from unlikely sources. Creative thinking, artistic ideas or shared finances may soon draw attention. Opt for quick partnerships and watch for sudden change: before mid-December, improved options will emerge. Friday through Sunday, romantic relationships will deepen: expect subtle private invitations or complex new proposals.

AQUARIUS (Jan. 21-Feb. 19) Home discussions may early this week reveal the underlying doubts of loved ones. Past family history, broken promises and lingering feelings of guilt will not be easily resolved. Offer clear indication of your continuing support: at present, a definitive affirmation of present commitments will greatly increase confidence. Late Saturday, business officials or older colleagues may present unexpected facts, figures or paperwork. Remain attentive: minor errors will eventually be costly.

PISCES (Feb. 20-March 20) Social involvement and romantic commitments now need to expand. Early this week, expect loved ones to press for, fast home adjustments, family decisions and planned celebrations. All are positive, so not to worry. Do, however, expect ongoing delays concerning travel plans, group arrangements or scheduled events. Friday through Sunday, workplace expectations may need to be negotiated. Co-workers will soon demand equal seniority or new assignments: stay focused.

If your birthday is this week: Social differences will expand in the coming weeks. Long-term friendships may soon need to evolve in order to survive. After mid-December, expect friends and close colleagues to offer subtle observations or propose new roles, ideals or shared activities. Remain cautious, however, and expect close social relationships to continue changing over the next two months. Planetary alignments also suggest that early in 2006 a serious and long-term romantic relationship will demand greater attention, intimacy and commitment. This is a strong time for solid promises and revised home routines: after January 26th, expect a powerful wave of romantic interest, social awareness and renewed sensuality to arrive. Later in March, business partnerships may also be affected. If so, expect unusually creative financial proposals in the coming weeks and months.

Crossword

ACROSS

- 1 Happy songs
- 11 Shriver of tennis
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- member
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- 16 GPs' org.
- 19 Family member
- 20 More facile
- substance
- 24 Showy flowers
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- 39 ETs' transport
- 42 Tic-tac-toe win
- 48 Political zealots
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- 57 Oasis, maybe
- 13 Juicy, tropical
 - fruit practices 21 King of France
 - 25 At no time
 - 26 Mesabi Range output

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9 Domestic

market?

11 Ziti or orzo

10 Powerful blow

- 27 Child's plaything
- 28 Grippes 29 Flat float
- 30 Orchestra
- member 32 Insect killers
- 35 Moonlike
- 36 Jot 37 Carol
- 38 Valhalla VIPs
- 41 A, B, C, etc. 44 Drivers' org.
- 46 Sweet potato 49 Lacking
- brightness 50 Fumbled for words

Solutions

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- 51 Oneness 52 Knight's
- weapon 54 Minute
- arachnids
- 56 La Scala

showstopper

- 58 Sentence extenders
- 59 Launch forces 60 Mary Baker or
- Nelson
- 63 Paleozoic, e.g. 64 Porky's pen

A College Girl Named Joe









"The tribe has spoken, Dad ... We've voted you out of the house."

World and Nation

High school teen becomes mayor of Michigan town

18-year-old now takes more responsibility than the average student.

> BY SHAWN WINDSOR Detroit Free Press

HILLSDALE, Mich. - Five days before the election, Hillsdale mayoral candidate Michael Sessions wound up in the emergency room with bronchitis. He'd spent too many nights knocking on doors in the cold, trying to convince residents to write his name on the ballot when they voted.

"I tried to tell him to wear his coat." said his mother, Lorri Sessions. "But he wouldn't."

Michael Sessions won Tuesday's election anyway, and at 18, became Hillsdale's youngest mayor ever, sending a jolt through this rolling little college community.

Sessions beat the 51-year-old incumbent, Doug Ingles, 732-668. Ingles told the Hillsdale Daily News, "I'll continue to work to make Hillsdale a better place."

The buzz about Sessions' win funneled into Hillsdale High School, where he is a senior. All day Wednesday, he sat before television cameras, producers and reporters. The interim principal, Monty Bishop, was stunned and a bit amused at the national attention, but happy that his student did the unthinkable.

"This is a young man who thought out what he wants to do," Bishop said. And what is that, exactly?

He wants to shake Hillsdale from its malaise.

"This town was too laid-back." said Sessions.

When he looked around last winter, thinking about running for mayor, he saw that his south-central Michi-



Michael Sessions, 18, a senior at Hillsdale High School, was elected mayor of Hillsdale, Michigan on Tuesday, Nov. 8, 2005, by ousting incumbent Mayor Doug Ingles with 732 votes to 668.

College and about 8,500 residents needed more jobs and needed to keep its college graduates from leaving.

"Not much has happened here," he said, "just a lack of motivation in the city."

So for the last several weeks, he raced home from school to finish his homework and then hit the streets.

The conversations usually began with the same incredulity.

Knock. Knock. "My name is Michael Sessions.

I'm running for mayor..."

"You're how old?

"I'm 18, Ma'am." "You work where?"

"I'm a high school senior."

When the residents got over the gan community - home to Hillsdale shock, Sessions pounced, using his

teenage energy, his earnest outlook, his smile.

He'd talk to anyone. He'd talk for an hour. It didn't matter. He had saved \$700 from his summer job to buy yard signs and business cards. That was his campaign. That, and knocking on doors.

Chris Lambos said Sessions really made an impression. He sat in Lambos' kitchen for 30 minutes one night, discussing the future of the city.

"He's very intelligent," Lambos, 54, said. "He cares."

After that night, Lambos stuck three of Sessions' campaign signs in

his yard. The signs dotted most of the neighborhoods.

After school Wednesday, Sessions

stood near his home, talking to another national TV crew.

Inside, his mother and father, Scott Sessions, answered the phone, which rang constantly. When he joined them, he took congratulatory calls. He slumped in the chair in front of his computer and yawned.

"I'm exhausted," he said. He takes over the part-time position, which pays roughly \$3,000, on Nov. 21. He said he plans to create an advisory team to help him navigate the egos and agendas of adult politicians and to work with the city manager, who runs the town's day-to-day

When he graduates next year, Sessions hopes to attend Hillsdale

Saddam defense lawyer risks danger

BY LIZ SLY Chicago Tribune

BAGHDAD, Iraq — Since he appeared on television as a member of Saddam Hussein's defense team, attorney Majid al-Saadoun has received a lot of unwelcome attention when he's out

and about in Baghdad. There was the motorist who, stuck alongside him in traffic, appeared to recognize him, wound down the window and wagged his finger sternly. Then there was the group of young men who, after passing him in the street, called out, "He'll be next," in a threatening kind of way.

There was also an attempt by a carload of gunmen to kidnap his 13-yearold son as he walked home from school, just hours before the first member of the defense team was abducted and killed. Kidnapping of children is relatively common in Iraq and al-Saadoun said he still does not know whether the attempt on his son was related to the trial.

But with a second lawyer on the defense team now dead after being gunned down by assassins and a third recovering from injuries received in the attack, the 40-year old father of five now has no doubt that his has become one of the riskiest jobs in the world.

"We are all in great danger, and our families are in great danger," said al-Saadoun, who goes everywhere these days with a pistol tucked into his crisply cut suit. "There is a huge threat to us and we cannot distinguish friend from foe."

With so many killings taking place in Iraq - on average, 30 gunshot victims turn up every day at Baghdad's morgue — figuring out who is responsible for killing the lawyers isn't easy.

One theory, shared by the 10 remaining members of the defense team, is that Shiites are exacting revenge for the brutalities inflicted during Saddam's rule. Shadowy hit squads have gunned down dozens of former Baathists since the collapse of the former regime, and the lawyers whose faces were seen on television defending Saddam and his co-defendants may well be considered targets for such attacks.

Another theory, favored by the government, is that Saddam's supporters are carrying out the killings to delay the legal process and intensify pressure to move the trial out of Iraq. If Saddam is convicted in Baghdad, he could swiftly face the death penalty, ending hope that he could one day be brought back

Either way, al-Saadoun is starting to question the wisdom of taking on the assignment.

'My wife is putting me under constant pressure to quit," he said, in an interview at a Baghdad hotel. "If anyone wants to give me political asylum in another country, I will take it."

Snappily dressed and mustachioed, al-Saadoun focused mostly on divorce cases before he was retained by relatives of Saddam's former vice president Taha Yassin Ramadan, in September 2004.

"Back then I was optimistic," he said. "I thought the election would solve things. Instead it created these new sectarian problems we have today."

He rankles at the suggestion that, by agreeing to join the defense team, he therefore must be a Baathist sympa-

Unlike Saddam and his six co-defendants, who are all Sunnis, he is a Shiite, born in the southern town of Nasiriyah.

He says he was never a member of the Baath Party or a supporter of the old regime, although he is also no fan either of the American occupation or of the current Shiite-led government, which he regards as just as oppressive as the one headed by Saddam.

Rather, he was lured to the case by a mix of motives that would be familiar to many a lawyer anywhere: the opportunity to make a name for himself defending a world-famous client, the chance to make legal history by coming up with complex challenges to an unprecedented case, and the natural inclination of a defense attorney toward the underdog.

"Since the Greek and Roman times, those who defended the weak and the poor were champions, and it's still the same," he said.

"Lawyers do not always defend the well born and the worthy. Sometimes they defend the thieves and the lowly people."

Democrats increase number of seats targeted in '06

Vulnerable Republican incumbents in Pennsylvania, Ohio, Rhode Island and Missouri are being targeted.

BY KENNETH R. BAZINET New York Daily News

WASHINGTON — Democrats, confident they are facing a seriously wounded White House and a limping GOP, are arming for a battle early next year they hope will instantly turn President Bush into a lame duck.

Suddenly, the rejuvenated Democratic Party is excited about possibly wresting control of the House or Senate from Republicans, according to top Democratic strategists who met recently to plot the party's course.

In just the past two weeks, Democrats have doubled the number of Senate seats they are targeting, training their sights on vulnerable Republican incumbents in Pennsylvania, Ohio, Rhode Island and Missouri.

Democrats also believe they are ahead of schedule on the "mechanics of winning in 2006," said a top strategist. The Democratic Senatorial Campaign Committee already has \$20 million on hand, the party is recruiting competitive House and Senate candidates and coordinated state-by-state strategies are being drafted. "For the first time, we're going to have this stuff done a year out," the source said.

Senate Democratic leader Harry Reid, of Nevada, already has rolled out a campaign-rallying cry - "we can do better" - while simultaneously arguing that the Republicans have "a culture of corruption."

Several strategists and party activists told the New York Daily News the real fight won't begin until Bush's State of the Union address early next year. Democrats intend to vigorously accuse

Bush of failing the troops in Iraq, wasting a chance to bolster national security, leaving the United States dependent on overseas oil and a greedy oil industry, denying Americans affordable health care and encouraging rampant government spending.

In touting their newfound party pride, Democrats point to four major events that have emboldened them:

-Bush's devastatingly slow response to Hurricane Katrina, and subsequent gas-price increases and short-

-A White House senior aide's indictment in the CIA leak probe, with more indictments possible.

-The successful shutdown of the Senate that forced the GOP leadership to reopen the probe into false intelligence leading up to the Iraq war.

 Democratic victories in gubernatorial races in New Jersey and Republican-leaning Virginia.

Senior Democratic strategist Howard Wolfson said the Virginia victory

cannot be understated. "It energizes the party, the activists and the donors," Wolfson said. "We've been losing since 2000. This was a big

But still-optimistic Republicans think Bush can recover and Democrats will overplay their opportunity by failing to have a positive message that resonates with the voters.

The best thing Bush has going for him is the Democrats," said a close Bush adviser. "Their 'culture of corruption' crap is not biting with people, and they don't have any alternative ideas of their own."

Citing the Republican takeover of Congress in 1994, Wolfson says his party has time to hone its mes-

"I'm one of those people who remembers that the Contract with America was put forward in the fall of 1994," he said. "There's plenty of time for Democrats to set their agenda going into the midterms."

Dropping out of Heavy U: The 'Freshman 15' isn't just a myth

By BRIAN ALEXANDER The Seattle Times

SEATTLE - Throughout her highschool years, Christina Olson never really worried about her weight. She ate and exercised when she wanted and didn't put on extra pounds.

So she didn't think anything would change when she moved to Virginia to

But after her first semester, she came home to discover her old clothes didn't fit as well. Blame the "Freshman 15," that

notorious bit of college lore that says freshmen will gain 15 pounds in their first year away from home.

Though it's not hard fact, a few studies join nutritionists and college fitness experts in saying that, on average, students actually do gain weight in their first year away. It's an average of 5 pounds before winter break, according to a 2003 study by Cornell University in New York.

The reason? It's the many parts of a lifestyle change, said Judy Simon, a clinical dietitian at the University of Washington Medical Center Roosevelt clinic. It's staying up late, snacking while studying, drinking beer and having irregular meals, not to mention a lack of physical-education classes and after-school sports, among other things,

College students don't give enough thought to nutrition or their weight when they're ordering that meat pizza at midnight, she said. Nor do they

think about the calories in beer when they go to a party.

They wouldn't drink six regular sodas, but they're drinking six regular beers," said Simon.

Weight gain for students who graduate from high school but don't go to college differs from those who do go to college, said David Levitsky, a professor of nutrition and psychology at Cornell University. Those who don't go to college don't gain weight.

One of the key reasons for freshman weight gain is emotional eating, Simon said.

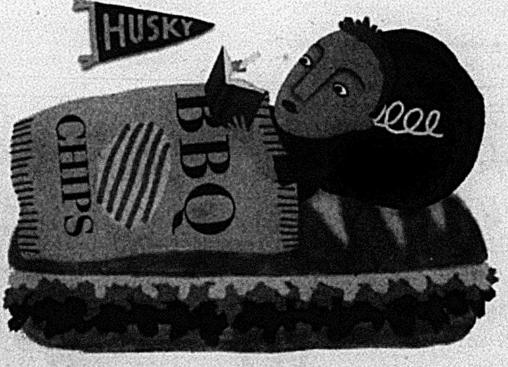
When students get stressed, break up with a boyfriend or girlfriend or have a big test coming up, they often chow down on comfort food: cookies, chips, ice cream and anything else that can be found at the convenience store down the street, she said.

For Olson, who is now a senior, it was the cooking in Virginia: "They fry everything, and you can only eat so many salads," she said.

She said she also found herself staying up late and snacking, but she didn't start worrying about it until she tried on an old swimsuit in preparation for a spring-break trip. So.Olson started looking for a way out.

And that's a typical experience, Simon said. Though some students come to her before they start putting on pounds, she said she sees many of her patients only after the jeans stop fitting. "I don't think the freshman 15 is inevitable, not everybody gains it, and not everybody has to," said Simon.

Simon's advice is aimed at busy



college students: Go to the gym. Or at least walk a lot. Eat a good breakfast and don't skip meals. Skip fast food and fatty lattes, and eat reasonable portions. Drink alcohol in moderation. Drink lots of water all day long.

Levitsky, at Cornell, found in his research that if freshmen watch their weight, it keeps them from eating too much. Also, if they're educated about proper portion sizes, they will be less

likely to gain weight, he said. There's another danger, the experts warn: Some students become obsessive about their weight, and it turns into a control issue, Simon said.

Olson, for example, said her worries about losing weight for spring break led her to create her own diet. She started counting calories and signed up

for a kickboxing class.

She told herself, "If I consume 1,000 calories a day, I should lose pounds in no time, but no time was taking too long," she said. She was down to 700 calories a day and she started getting lightheaded at her kickboxing classes. She was becoming obsessive about weight loss and was developing an eating disorder, she said.

Simon suggests that students shouldn't create their own diets, and she said they should try to stop obsessing about their weight or the calories they're consuming.

"If there's so much focus on your weight, then there's definitely some other issues going on," she

SGA in favor of renovation

Students decide something needs to be. done about "the sauna" in Ferguson.

BY JESSE KNIPLING Captain's Log Intern

At the Monday night meeting of the Student Government Association, the student senate voted on two proposals, passing one that will allocate funds to renovate music rehearsal space in the Ferguson Center, and voting down one that would prohibit the sale of contraceptives on university property.

Freshman Senator Joe Hamm, introduced his proposal, 07:05, entitled, "Music Facility Renovation Act." The proposal resolves that "funds in the operation budget for renovation and improvement be mer. allocated for the immediate improvement of music rehearsal facilities in the Ferguson center as recommended by the music department, to include: moving the air conditioner outside, adding lockers for instrument storspace." The proposal also gives the university a time frame of 10 years to permanently renovate these facilities.

Hamm has chaired an adhoc committee about the issue that has met twice with music students and Dr. Reimer, the head of the Music Department. He has also spoken with Provost Richard M. Summerville, who has said that there is approximately \$500,000 available for renovation starting as early as next semester, according to

The senate asked several clarifying questions of the bill before passing it with only Senator Sean Rankin, senior, voting against the bill.

"I think that there's other things the school could use some funds on," said Rankin. "I don't think that all the money should be used toward the sauna."

The sauna is the nickname for the gymnasium where music students rehearse. The air conditioning units in the gym are too loud to be used during rehearsals, and the gym is known to get quite hot during the sum-

The bill will now go to SGA President Mehreen Faroog, senior, to be signed.

A proposal discussed earlier in the meeting was senate proposal 06:05, the "Contraception Commerce Act," authored age, and sound treating current by Senator Joshua Dermer, senior. In his opening remarks to the senate, Dermer pointed out that students may obtain contraceptives outside of campus, and said that the sale of contraceptives on campus was not necessary. Section I of his bill resolves that "the sale of contraceptives. will not be allowed on University property."

"Simply put, students who do not support a certain type of item that is being sold on campus, especially one that is as morally charged as this one, should not be forced to fund it," said Dermer.

The bill was met with criticism, with Senator Gus Diggs, a junior, motioning to close discussion of the bill after only brief consideration on the senate floor. Senator Erin Greene, senior, seconded the motion, but the motion failed with only four votes in favor.

"I'm opposed to the bill because I know that they have condoms in the Santoro bathroom. I know a lot of people go and use that vending machine, as well as the book store," said

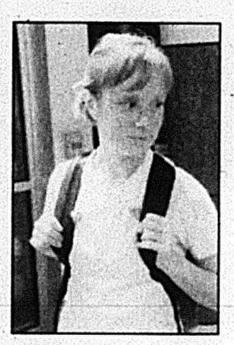
Senator Phillip Andrews, senior, said he objected to the bill because there was no conclusive evidence that public funds were being used to furnish the sale of contraceptives on campus. Discussion of the bill closed and the senate voted on the proposal, which eventually failed to pass.

"Students can get any of these products off of campus. They don't need to be sold here. Student fees should not be used to fund them in any way, shape, or form. What the senate did here is to basically trample over the rights of the minority," said Dermer.

In other SGA business, ICA Chair Courtney Keller, sophomore, announced that all clubs and organizations seeking office space in the new Student Union must turn in their applications by Tuesday, Nov. 22.

"If you could study any culture or language, what would it be?"

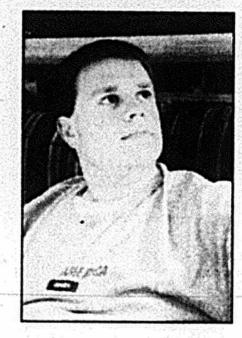
~ By Ian Sass-Basedow and Ryan Burke



"German. My last name is German, and a lot of my family are German." -Elizabeth Hund, sophomore



"Gaelic. Because I'm Irish!" - Erin Greene, senior



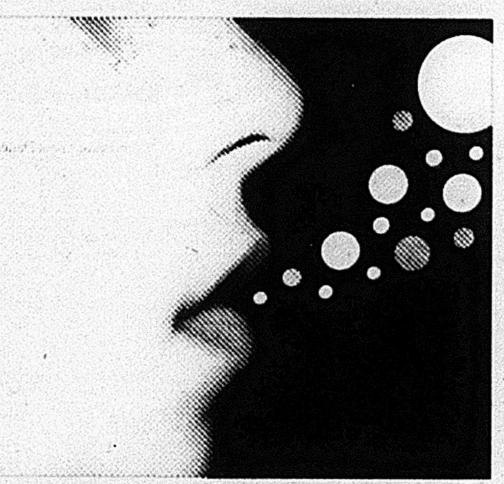
"Italian. I'm fascinated by such a delicate language." -Aaron Ward, junior



Egyptian. They have a long past. I learned about them in the seventh grade and I always wanted to learn more."

-Bridget DeJong, sophomore

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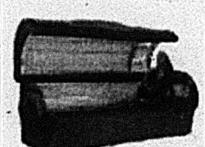


attention writers and artists!

Writing submissions due on November 22nd. Submit hard copies to Dr. Mary Wright in Ratcliffe Hall. Electronic submittions are sent to currents@cnu.edu.

Original art submissions are due on November 22nd. Submit work to the Fine Arts office, Ferguson A118. Computer Art must be submitted in both printed and electronic form (ipeg, 300 dpi, 6x8 printed size) to currents@cnu.edu.

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Who is Jeremiah?

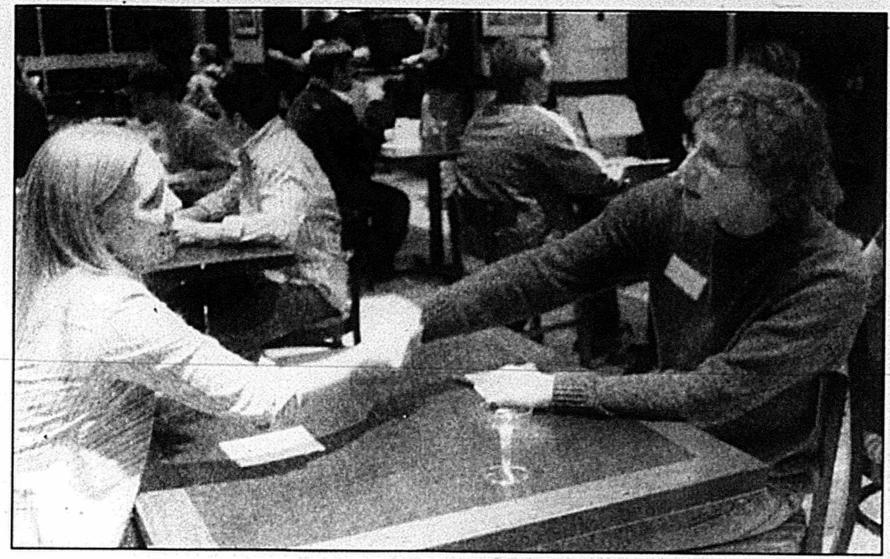
A misfit giraffe who wishes upon the Christmas Star. (Come to the booksigning and find out what happens next.)

Marjorie Fay Underhill, author, and Caroline Garrett, illustrator will sign copies of Jeremiah in the CNU Bookstore, Student **Union, Christopher Newport** University, on Saturday November 19th.

10°a.m. - 12:30 p.m.

Come meet Jeremiah and his friends. Sarah the packrat from Sarah's Bead will join Jeremiah while authors and illustrator sign books.

Arts & Entertainment



Reporter Ian Sass-Basedow, a junior, meets one of the 20 females who participated in a speed dating event sponsored by CAB on Friday night.



By Ian Sass-Basedow Contributing Writer

Regattas was abuzz with conversation and self-discovery this past Friday, as curious students swallowed their collective pride to participate in Campus Activity Board's first stab at an emerging cultural phenomenon — Speed

"It's something you hear about in movies and wonder about doing," said sophomore Kelly Macklin, Special Events Committee Chair for CAB and coordinator of the event. "It's pretty big throughout the nation right now, in fact we hope to do this once or twice a year."

Despite some initial worries about attendance, there were more than enough participants for a successful execution of the Speed Dating process.

Participants agreed (yes, myself included) that the whirlwind of new faces, shattered expectations and spontaneous conversation shaped a surprisingly entertaining social event for a Friday night, the likes of which CAB will have no problem recreating on a grander scale.

There were some jokes in the

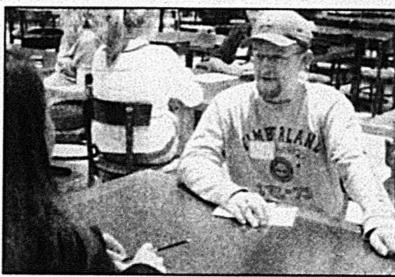
newsroom as to whether or not I had actually left my body when I volunteered to cover and participate in a Speed Dating event, something that they assumed I, in my infinite and unshakable coolness, was entirely too hip for.

Okay, scratch that. Though I'd love to think that even half the staff thought I was that poised, here's the truth: I really did leave my body, and was sweating bullets all week thinking about the very prospect of speed dating.

I suppose, subliminally, I made a spur of the moment decision to show a little versatility, immerse myself in a situation beyond my comfort and knowledge, and gain a little experience, even if it was going to be really cheesy.

Here's how it worked. Speed dating is designed simply - every participant is given a number and talks for four minutes with each member of the opposite sex. Everyone is provided a form to submit at the end of the night, listing "yes" or "no" beside the numbers of people whom you would like to date afterward.

Each woman sat at a table, and in these four-minute increments, men cycled around the room to each table until all parties had spoken. E-mails were then



Senior Josh Dermer talks with a potential date. Each male talked to each female for eight minutes, eventually choosing who he would like to meet again at the end of the event.

sent out that evening, providing the e-mail addresses and phone numbers of the speed dater's chosen individuals who also listed

him or her as a match. Much to my surprise, a lot of my apprehensions disappeared when I arrived at the scene and realized that I was really no different than anyone else attending. People were all about the experience. We embraced the cheese.

The group of about 23 males and 20 females who showed up to Regatta's that night were not at all the desperate sort portrayed in cinematic presentations of speed dating, which were the source of most of my misgivings.

or "The 40-Year-Old Virgin" knows that speed dating has often been the backdrop for some horrific moment of personal embarrassment.

In the film "Hitch," disruption of the musical chairs-like protocol creates a bottleneck in the speed dating process, encompassing the entire room in argumentative chaos, ending with a middleaged woman yelling at the fop of her lungs for all to hear, "I haven't gotten laid in a year!"

Most people present at Regattas just seemed to be busy stu- for this weekend.

dents at a loss for something to do other than work on a Friday night, like freshman Joe Hamm who put it best as he said, "A lot of people I know didn't come because they said they wanted to 'keep their dignity.' Honestly, who cares if you get a date or not? How many times are you going to get to experience something like this?"

In my travels from table to table, I became more and more comfortable, and I had a really great time talking to women I would have never met otherwise.

Perhaps the easiest part about speed dating was that all participants really seemed to be making the same kind of realizations I Anyone who's seen "Hitch" a was, as sophomore Ashley Gaines noted, "I met a lot of interesting people and I was a lot more comfortable than I'd thought I'd be." Fellow sophomore Becky Vincenzes said, "I only wish there had been more people."

On referral alone, CAB's next attempt at speed dating is sure to be larger and even more successful than the first. How can you not be successful when people like sophomore Alan Witt call speed dating "four minutes in heaven?"

Editor's Note: At press time, Sass-Basedow has scheduled a date

This Week

ON CAMPUS

November 18

"Cinderella Man" Gaines Theatre 7 p.m.

Ralph Stanley and the Clinch Mountain Boys Ferguson Center for the Arts Concert Hall 8 p.m.

Karaoke Discovery Cafe 8 p.m.

November 19

"Cinderella Man" Gaines Theatre 7 p.m.

TheatreCNU presents "The Importance of Being Earnest" Ferguson Center for the Arts Music and Theater Hall 8 p.m.

November 20

TheatreCNU presents, "The Importance of Being Earnest" Ferguson Center for the Arts Music and Theater Hall

CONCERTS

November 17

Matchbook Romance The NorVa

November 18

Keith Urban Richmond Coliseum

CD RELEASES

November 15

Madonna "Confessions on a Dance Floor"

Big and Rich "Comin' to Your City"

Bruce Springsteen "Born to Run (30th Anniversary: Edition)"

November 22

System of a Down "Hypnotize"

Queens of the Stone Age "Over the Years and Through the Woods"

MOVIE RELEASES

November 18

"Harry Potter and The Goblet of Fire"

The fourth movie installment of J.K. Rowling's acclaimed fantasy series "Harry Potter and the Goblet of Fire" follows the young wizard (Daniel Radcliffe) as he is mysteriously selected to compete in the prestigious Triwizard Tournament, a dangerous international competition that pits him against much older and more experienced students from Hogwarts and two rival European wizarding schools.

"Harry Potter and the Goblet of Fire" is rated PG-13.

November 18

"Walk the Line"

Exploring the early years of music legend Johnny Cash, "Walk the Line" tells of how Cash (Joaquin Phoenix) changed the face of rock and roll, and how the woman he loved, June Carter (Reese Witherspoon), changed him into the man he wanted to be.

"Walk the Line" is rated PG-13.

November 29

"Rent"

Film adaptation of the Tonywinning play that follows bohemian New Yorkers struggling with life, love and AIDS.

"Rent" is rated PG-13.

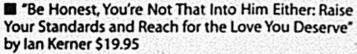
Match books: where to get the best dating advice

BY PAMELA SPENCER Knight Ridder Newspaper

You've heard the song: "Only love can break a heart ... only love can mend it again." Well, the person who penned that little ditty obviously never read "The Commitment Cure: What to Do When You Fall for an Ambivalent Man."

When your friends are sick of hearing about it, turn to a book. It won't tell you to shut up, and often it can assure you that whatever you're feeling, you're not the

We might not be able to find the One for you, but we can guide you to the one book (or two) for you.



What it is: A counter to a certain best-selling book. We've all been there: You're not that into him, but he has a pulse, or all your friends are getting married, or you slept with him anyway, or you thought you could have sex like a man. All of a sudden, you start liking him. Then, when you get dumped, you are indignant.

How dare he not like you? You need him back. Who should read it: The single broken-hearted

over a loser.

Pros: It's more holistic and encourages women to look harder at their behaviors and the men they are dating. "This book will not reduce men's behaviors to a simple tagline. And it will not provide a neat and handy set of rules for you to follow. I'm giving you more credit than to assume you just need a

rote list." Take that, "He's Just Not That Into You." Cons: Sometimes you really are that into him. Then where do

you turn?

"The Hookup Handbook: A Single Girl's Guide to Living it Up* by Jessica Rozler and Andrea

Lavinthal \$14.95 What it is: A hookup diction-

ary. The authors explain what hooking up is (it can mean making out or a sleepover), how to reduce post-hookup drama and what are the different types of hookups.

all the wrong places. Pros: It's hilarious. And it rings true. Take the "Oops, I did it again" ex-hookup: You know that has happened to you at a bar. "After three shots, one 'Pour Some Sugar on Me' and a powwow in the girls' room

where you swear to your friends that he is being soooo nice, you go home with the same guy who sent you straight to therapy with a lifetime prescription for Pro-Cons: Do you really need tips on the walk of

shame?

"A New Ladies' Man: A Complete Guide to Getting, Pleasing and Keeping the Girl" by Colin Mortensen \$12.95

What it is: One of very few dating books for men, by a man.

Who should read it: The single man channeling a 15-year-old boy. Pros: The book is pretty funny and some of the advice is good. "Most guys are constantly measuring

girls up to a benchmark that doesn't exist: perfection. The right girl has to have the Perfect Body. The Perfect Face. The Perfect Personality. The reality is that there is

Cons: It's immature. Mortensen tells guys exactly

no perfection." Who should read it: The single looking for love in what music to listen to, which clothes to wear, what to cook (he even gives a recipe!) and how to seduce a woman (by the way, the tips on sex and seduction aren't original). I laughed out loud at "Dude, you're on your way to becoming the total package." I would hope most men have it together enough to skip this one.

Writer mourns cancellation of critical darling 'Arrested Development'

By Paul Frommelt

Sports Editor

The best show that you weren't watching is headed for cancellation. It was the winner of "Best Comedy Series" at the 2004 Emmys and "Outstanding Writing in a Comedy Series" at this year's award show. It was one of the few original sitcoms of network television.

Fox has cut their season order of "Arrested Development" from 22 to 13 episodes and has taken the show off the air during the ever-important November sweeps. The shortened third season of the show looks to be its last.

The show has always received poor ratings despite being a critical darling and has been on Fox's chopping block for its entire run. Fox, God-blessum, has stuck with the show for three seasons, but seems to have had enough of the show taking a timeslot that could be used for "The Simple Life 3: Slow-Witted Bikini Bonanza."

The show followed the exploits of the Bluth family, a wealthy family hailing from TV's favorite locale, Orange County, Ca. The patriarch, George Sr. (Jeffery Tambor), is arrested at the beginning of season one for building homes for Saddam Hussein in Iraq. Michael (Jason Bateman) takes over his father's company and attempts to keep his large extended family in check. This family includes his alcoholic mother Lucille (Jessica Walter); his magician olderbrother Gob (Will Arnett); his man-boy younger-brother Buster; his shallow sister Lindsay (Portia de Rossi); his neurotic son George-Michael (Michael Cera); his closeted brother-inlaw Tobias (David Cross); his hippie uncle Oscar (Jeffery Tambor) and his scheming niece Maeby (Alia Shawkat). I miss these characters already.

Granted, Fox will let the third season of the show run opment" fans can still get their Bluth fix into 2006, but after that, what will we do? Watch "Yes Dear?" A sad future lies ahead.

For those who are fans of the show, we present to you the top ten things we will miss about "Arrested Development." Those who have never watched the show, read the hilarity below and then pick up the show on DVD.

Best ten things about 'Arrested Development'

10. Tobias' "never-nude" affliction and the jean-short cutoffs that cover his "thunder."

 George-Michael's love life; including his plain girlfriend Anne, who is referred to as "Annabelle" by Michael because she's "shaped like a bell," and his hopeless crush on cousin Maeby.

8. Oscar's favorite type of

marijuana, "Afternoon Delight," which slows reaction time.

7. The very literal E.R. doctor (Ian Roberts) that told the family that Tobias "looked dead" when he was painted blue," said that George Sr. was "gone" when he had escaped from his hospital bed, and said that Buster was going to be "all right" when he lost his left hand.

 The family's attorney, Barry Zuckerkorn (Henry Winkler), who refers to "Ask Jeeves" for his legal advice and hangs out in truck stops.

5. Michael's girlfriend, Rita (Charlize Theron), who he thought was the mysterious Mr. F when he saw the name on her bracelet. The MRF on her bracelet stands for "mentally retarded female."

4. Jason Bateman's messy hairstyle that gives hope to bedheads everywhere



Courtesy of KRT

The cast of Fox's "Arrested Development" backstage after receiving the 2004 Emmy for "Best Comedy Series." The show was recently cancelled.

3. The "Frozen Banana Stand" that the Bluth family owned. The stand inspired the 1960s song "Big Yellow Joint."

friend, Lucille II (Liza Minnelli)

who is the arch enemy of his

mother Lucille and suffers from

2. Buster's former girl-

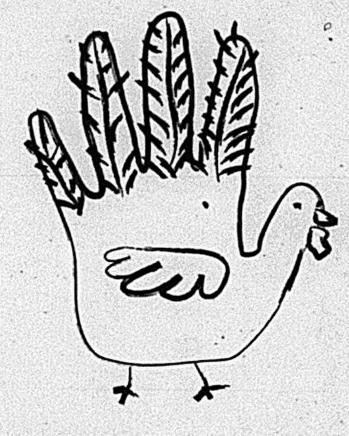
amily he refers to as "their vertigo."

d the

1. Buster's missing har
which was bitten off by a se

 Buster's missing hand, which was bitten off by a seal. Buster went into the ocean in defiance of his mother, Lucille, and didn't hear the warnings of a "loose seal."

a crippling case of vertigo that



Myths of Thanksgiving

Not what you learned in kindergarten

By Adrienne Warren

Captain's Log Intern

Every November the same sights start to emerge; sights of black buckle-topped hats and conservative dress, and lots of turkey and stuffing. It's that time of year again — Thanksgiving, a day that we celebrate as a day to be thankful for what we have. But where did this tradition start?

The story is that in 1620, the pilgrims celebrated the first Thanksgiving with the Wampanoag Indians after the first harvest in Charleston, Mass. This celebration has become a symbol of the prosperity in the United States, declared an official national holiday by Abraham Lincoln and officially recognized on the fourth Thursday of every November by Franklin Roosevelt.

Because of the symbolic importance of this holiday, and the story that started everything, the truth must be revealed about the first Thanksgiving. In 1619, a small group of about 38 men had just reached the shores of the James River, according to the Web site, http://www.virginiatourism.org.

Led by their captain, John Woodlief, the group was instructed to drop to
their knees and pray in thanks of their
safe arrival to the New World. They
prayed for thanks in accordance to their
charter, which stated, "Wee ordaine that
the day of our ship's arrival at the place
assigned for plantacon in the land of
Virginia shall be yearly and perpetually
keept holy as a day of Thanksgiving to
Almighty God."

Almighty God."

The settlers' prayer is inscribed on a brick gazebo at Berkeley Plantation, where it is believed that Captain Wood-

lief knelt in prayer. The group landed between Richmond and Williamsburg, at Berkley Plantation on the James River, making the first Thanksgiving in Virginia.

The Virginia Thanksgiving is far different from the usual thoughts of turkey, stuffing, cranberries and pilgrims. Instead, it was a day of fasting, meditation, introspection and then a light meal of roasted oysters or Virginia ham.

Unlike the story of the pilgrims and the Wampanoag Indians celebrating the teaching of fishing and farming, the settlers at Berkeley Plantation were massacred and wiped out in 1622. According to the Virginia Historical Society, the Powhatan Indians and the English settlers did not have the same encounter.

The English settlers first encountered the Powhatan Indians along the James River eating oysters and wild strawberries. The settlers chased the Powhatans away and consumed all of their food. The relationship between the Powhatan Indians and the English settlers was not what could be considered harmonious.

But why was this story forgotten for over 300 years? In 1676, an official proclamation of Thanksgiving Day was given by the town council of Charleston, Mass. proclaiming June 29 as a day of thanksgiving.

After that the date was moved several times; Abraham Lincoln declared the holiday be recognized on the last Thursday in November, while Franklin Roosevelt moved the day of thanksgiving to where it stands today — the fourth Thursday of every November.

Since Lincoln proclaimed Thanksgiving Day in 1863, its imagery has been closely tied to the pilgrims and their events with the Wampanoag Indians. The basis for the association with New England as the first Thanksgiving probably has more to do with the public relations of the event, comparing pilgrims seeking religious freedom and making friends with Indians to an all-male society that came to Virginia in search of gold and trying to get rich.

Whatever the reason, Berkeley Plantation has decided to reclaim the holiday by celebrating the "first" Thanksgiving every year on the first Sunday of November. But for all those Virginians who think it is a lost cause, in 1963 President John F. Kennedy recognized Virginia's claim during his Thanksgiving Day proclamation.

Thanksgiving Trivia

Beginning in 1947, the National Turkey Federation has presented the President of the United States with one live turkey and two dressed turkeys. The live turkey is pardoned and lives out the rest of lite days on a present form.

its days on a peaceful farm.
Since 1970, a group of Native Americans and others have held a National Day of Mourning protest on Thanksgiving at Plymouth Rock in Plymouth, Massachusetts.
Because turkey is the most

 Because turkey is the most common main dish of a Thanksgiving dinner, Thanksgiving is sometimes colloquially called "Turkey Day" in the USA.

 Adam Sandler did a song on "Saturday Night Live" about Thanksgiving called the Thanksgiving Song.

Illustration by Amber Lester/Titz Cartatr's Log

Snowden garners lofty comparisons on debut

By NICK HUBER Contributing Writer

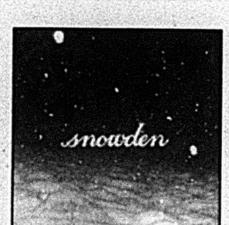
Interpol. Interpol. Interpol. INTER-POL. INTERPOL.

Maybe it's just me, but recently the need to compare lesser-known bands to this particular giant has become rather overwhelming - especially considering the sheer difficulty of Interpol's music, particularly on their first record. It's not likely there are hundreds of new, unknown bands sprouting from nowhere who can imitate the Interpol style. There's just no way. I've listened to the bands, trust me. Most of them have some form of "ambient" guitars or a vocalist that sings in a weird monotone.

One band I've noticed plagued by the lazy journalism virus is Snowden, a four piece from Atlanta. And so here is where I resign myself to practicing the thing I preach against. It's for good cause though. Clearly, the best (easiest/cheapest/fastest) way to debunk the unfair comparison is to show all the contrasting elements between Interpol and Snowden. Yet, I can hardly deny the aesthetic similarities between the two bands: gothic-sized atmospheres, melodic beat-heavy drumming, guitars swimming coyly be-

tween clean and distorted. The execution is completely different. Jordan Jeffares is a much more versatile, capable singer than Paul Banks. Where Banks' style remains unchanged throughout entire albums, Jeffares' makes subtle changes to his delivery based on the particular song and tone he's tackling. Even on the six-song EP, Jordan's vocals range from rhythmic bombast on "Kill the Power" to quieted, double-tracked refinement on "Chin Up." Jeffares' lyrics also tend to be more firmly based in reality.

Sam Fogarino's drumming style will likely never be accurately reproduced and Snowden doesn't make the attempt. They



Snowden



favor heavy bass and snare beats over a twinkling ride cymbal every step of the way. This actually works just as well as Fogarino's more pristine, calculated style — Snowden just walks away wearing a bit more grit than Interpol.

Maybe the biggest difference in the two bands comes from the most obvious aspect: different instruments. Interpol has two guitars, a bass, and drums while Snowden takes that lineup and adds a keyboard. The keyboard, let me tell you, is where it's at. The synth part at the end of "Come Around" is the towering peak of a mountain range that is particularly towering on its own.

I should also mention the non-album tracks: "Black Eyes," "Like Bullets1" and a cover of the Zombies' "Time of the Season." Incidentally, these are my three favorite Snowden tracks. "Black Eyes" was my introduction to the band: all hi-hat and syncopation. And I didn't even think of Interpol when I heard it. The reviews put that in my head.

So I guess what I'm trying to say in this, the most cohesive and poignant collection of words ever put in ink, is that all bands sound at least a little bit like some other bands. Snowden happens to sound a little like Interpol. But Interpol is not the only name that should come up if people are thinking clearly about this.

Cast of MTV's 'Laguna Beach' discuss the reality behind the gossip

By PAMELA SITT The Seattle Times

If this were an episode of MTV's "Laguna Beach: The Real Orange County," it would be a sunny Saturday afternoon, and Alex M. and I would be shopping at Zebraclub in downtown Seattle, and I would be saying things like, "Ohmygod, so cute" about a pair of white, slouchy cowboy boots. Wow, I'm really good at being 18.

After spending the weekend chasing the Laguna kids all
over Seattle — shopping on Saturday, dinner at Joey's Saturday
night, brunch at the Sheraton on
Sunday — I have a confession to
make: I kind of have a crush on
Jason now. But hold your disbelief for just a second, because I'm
getting ahead of myself here ...

Alex M., Jason, Lauren ("LC") and Dieter were in Seattle in support of Dieter's charity, Running Home 4 Teens (http:// www.rh4t.com), which he founded last year to raise awareness for teenagers suffering from depression and substance abuse, after battling depression himself over his breakup with Jessica.

Meanwhile, Stephen and Brokristin also happened to be in town on Saturday night to host ser a foam party, which I didn't realize actually existed outside pur of episodes of "Elimidate," but anyway.

Since UW played USC on Saturday, I used the opportunity to bring up the subject of Matt Leinart when I met Kristin at the Grand Hyatt that evening. They dated for a couple of months at the beginning of "Laguna's" second season.

"He saw me on the show ...
and called me out of nowhere
one day," Kristin said. "I had no
talea who he was, so I looked up
his picture on the USC Web site,
but it was a really bad picture,
so I was like, 'Ew! I'm not calling him back!" (I looked up his

picture, too, and she's right — he looked kind of like Bob Guiney from "The Bachelor." Not hot).

Kristin, who lives in Los Angeles and is pursuing acting, arrived hand-in-hand with Brody Jenner, 22, who starred in the short-lived Fox reality series "Princes of Malibu." He just bought her a French bulldog puppy, which she named Bentley.

By the way, Kristin and Stephen are so not getting back together. Dun-zo.

But I'm over it, because I'm pretty sure Lauren and Jason are the new Kristin and Stephen. Yes, they are totally dating, and he lo-o-oves her.

He told me so as we were sitting outside Joey's Saturday night — he was smoking Parliament Lights and I was wearing his black fleece hoodie because it was cold and he offered. I know what you're thinking: I can't believe Pam was wearing fleece.

Here's what I was thinking:

I can't believe Jason knows more than three words.

I asked him why he never talks on the show. (Sample dialogue: "Wow." "What?" "Nothing.")

"It was just the situations they put me in. They (MTV) set you up and they'll be like, 'Listen, you're going to go to this place and talk about this.' It makes me really uncomfortable," he said.

That whole breakup scene with Jessica? Fake.

"I broke up with Jessica three or four weeks before that," Jason said. "I wasn't going to call her and break up with her on camera for real."

He doesn't talk to Jessica anymore and he said he doesn't care for Alex M. much either. (I love Alex M. I want her to be my new best friend.) Jason and Jessica dated for less than two months; Jason and Alex M. dated for "like a minute," she says. "It was really fast."

"Jason's like the guy who you get a little buzz on and then you kiss him," Alex M. said. "I'm telling you, everyone has kissed Jason." (Later, I asked Kristin if she was the only girl in Laguna who hadn't kissed Jason. "I've kissed him!" she laughed. "But that's it.")

Jessica, meanwhile, is going to community college in Laguna and recently started hanging out with Dieter again.

"She comes up (to Los Angeles) and I've been going back to Laguna a lot," Dieter said. "I love the girl and I'll always love her. She knows that." As for a reunion between the couple, he said, "I dunno."

Some final tidbits:

Alex H. is moving in with Alex M. (and out of Kristin's place — scandalous!) in Los Angeles. Alex M. recently set her up with a guy in a band and they are now dating. Casey's stepdad invented the frozen burrito and she lives in the old Gucci mansion in Laguna, according to Alex M. "MTV kind of forced me to be friends with her," she said.

Alex M. is recording an album. So is Talan.

Jason, Stephen and Dieter live together in Los Angeles in a 16th floor high-rise. Jason and Stephen are taking acting classes; Dieter is interning at a talent agency. Nobody cleans the apartment. "You walk in there and you don't even see the floor," Jason said.

■ Kristin just scored a small role in an upcoming Al Pacino movie called "88 Minutes." She doesn't know what the part is, and she didn't have to audition.

Stephen is currently single and looking. He wants someone who is mature, has a good personality, loves to have fun and "can keep up." And by the way, he never hooked up with Paris Hilton.

Red Pepper Grill features Mexican food made-to-order

BY ALIYA ALTAFULLAH Contributing Writer

If you've ever driven down Jefferson Avenue and noticed a person dressed up in a giant chili pepper costume waving down cars, then you've probably been as curious as I was. After my curiosity got the best of me, I decided to check out what all the racket was about, and I discovered a great, student-friendly restaurant.

Red Pepper Grill opened its doors to the Hampton Roads area around Memorial Day weekend, and so far, it is the only restaurant of its kind. Owner and manager Mark Church had considered opening his own restaurant for quite some time. After 15 years at Dominos Pizza, Church finally decided that it was time and chose to open a Mexican restaurant that he thought would be unique to the area. After two years, his vision was realized. and although the Red Pepper Grill has only been in business for about five months, they've already acquired a handful of

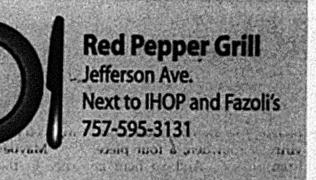
regulars. The smell of grilled steak and fresh salsa hits your nose as you walk into the quaint eatery and up to the counter to place your order. You can choose from a couple different options, although Church says that so far, the most popular menu item is their burrito. You can also pick from three soft tacos, a fiesta bowl, or a grilled flatbread sandwich, as well as a variety of taco Sundays when they are closed. and made-to-order salads. All For questions or comments, call

\$4.99 and \$5.50, and the portions are pretty big, so it's not a bad deal. Once you decide which item you're getting, you tell the employee whether you'd like chicken or steak. They'll quickly heat up your flour tortillas in a grill press, and then, in a Subway style format, you slide down the assembly line with the person making your food and tell them what you'd like on it - rice, beans, lettuce, salsa, sour cream, guacamole, etc.

If any of this sounds familiar, it's because you've seen it at Chipotle — a chain Mexican restaurant that hasn't yet opened in this area. Don't go to Red Pepper Grill expecting Chipotle, because you'll be disappointed. For a new restaurant with a new owner, however, Red Pepper Grill does provide what it advertises - fresh, hot and fast Mexican food at an affordable price. The food is filling and very flavorful, so you do get what you pay for.

Church says that so far, business has been flowing at a steady pace, and hopefully there will be more restaurants opening in the area - perhaps in Hampton and Williamsburg. Their biggest obstacle right now is their hidden location, but the bright red chili pepper costume does attract a lot of attention from the busy

Red Pepper Grill is located next to the International House of Pancakes and Fazoli's on Jefferson Avenue. They are open for business during the week from 11 a.m. to 8 p.m., except for their menu items cost between them at 757-595-3131. Enjoy! ■



Serves Mexican made-to-order, including burritos, tacos, fiesta bowls, grilled flatbread sandwiches and taco salads.

'Importance of Being Earnest' successfully satirizes gender

BY LINDSAY SIMPSON Captain's Log Intern

With posters plastered around campus, announcements on the CNU Web site, and ads on the flat screen TVs, the only way to not know about the performance of Oscar Wilde's "The Importance of Being Earnest" was to live under a rock.

Though the Nov. 12 performance was not sold out, there were enough people present for the second show to push people to the grand tier of the Theatre and Music Hall.

Soon after the bells chimed, signaling only minutes until the performance/those attending the show filed inside and awaited the opening act.

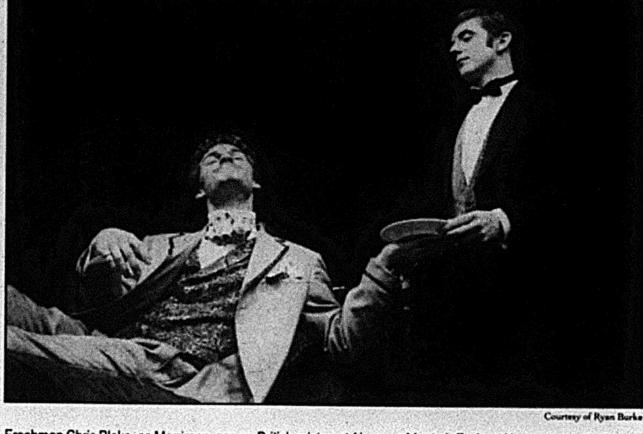
Once the curtain rose and the actors appeared on stage, it was hard not to become enraptured with the story. Some may have even found themselves trying to understand Wilde's more subtle jokes and statements within the play.

Though the play itself was reason enough to attend, the best aspect of this production must be the set. The set utilized every inch of available stage space, making the set elaborate, intricate and absolutely beautiful.

Stunning stained-glass windows, curtains, draperies and a plethora of other details composed this set, the center of it high like a vaulted ceiling. The walls were stained dark, giving it an aristocratic look, along with the posh chairs and couches placed in front of the

On either side there were doors with various paintings, tables and mirrors to make them appear like hallways between rooms within the household. The doors were adorned with rich red velvet curtains, continuing the posh style on the set. With a set such as this, the characters and the time period fit perfectly.

In addition to the set, the costumes dropped the audience members directly into 1895. Just as elaborate and beautiful as the set, each costume fit the time period perfectly. The



Freshman Chris Blake, as Merriman, serves British aristocrat Algernon Montcrieff, played by senior Justin Sease, in "The Importance of Being Earnest," a play by Oscar Wilde.

women playing the upper classes wore dresses that looked as if they included corsets, with high necklines and long sleeves with puffed shoulders.

The men of the cast wore suits and ties, but the color and the styles that they wore, softer shades of brown and gray, added a dimension to them that put the cast in the late 19th century.

For both genders, even the hats were extraordinary. Though the hats for the characters of Jack Worthing and Reverend Chasuble were fitting for the period, the most elaborate fax. and best-designed hats go to Lady Bracknell and Gwendolen Fairfax. Both characters sported hats decked with large feathers, scraps of expensive-looking material and vibrant colors.

Having such an elaborate set, as well as detailed and time period-appropriate costumes, seemed to have an affect on the actors as well.

From every angle, the acting was well-executed, and even the most subtle of cues was caught by the audience.

Junior Erik Clancy and senior Justin Sease played the roles of Jack Worthing and Algernon Moncrieff convincingly, encouraging the audience to laugh at the appropriate parts

and think at others.

Sophomore Anna Hemphill left to uproarious applause the first time she exited the stage after expertly depicting Lady Bracknell as the pretentious, hypocritical and extremely over-the-top character Wilde created her to be.

The acting that should be most noted is that of freshmen Kasey Arnold and Emelie Faith Thompson, who play the role of naïve, and at times flighty, Cecily Cardew and the educated and eloquent Gwendolen Fair-

Arnold and Thompson, similar to TheaterCNU veterans Hemphill, Clancy and Sease, portrayed their characters in such a manner that the audience was drawn in, entranced by these seemingly naïve and silly characters.

There was also much chemistry between the cast members, which only added a positive dimension to the already great show.

Clancy and Sease seemed to feed off of each other, bickering back and forth, realistically depicting the arguments both

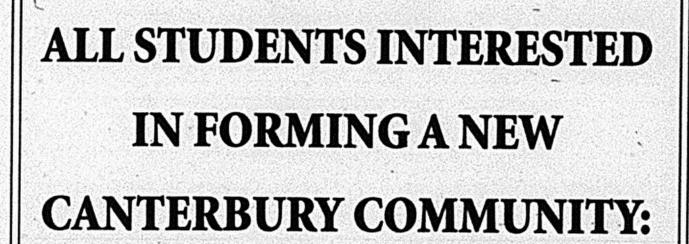
Thompson and Arnold both conveyed their characters well, to be especially noted in

Courtesy of Ryan Burke

Jack Worthing (junior Erik Clancy) woos Gwendolen Fairfax (freshman Emelie Thompson) under the watch of Lady Bracknell (Anna Hemphill).

the final two acts when they realize they both love a certain "Ernest Worthing." Their cat fights and quick reconciliations were reminiscent of any woman's fight with a friend.

Considering the play as a whole, it shines and places itself in the top tier of productions by the Theater Department. Between the cast, the set and the costuming, the play conveys the hard work put into it, as well as its successful outcome.



AN EPISCOPAL CAMPUS MINISTRY ARE

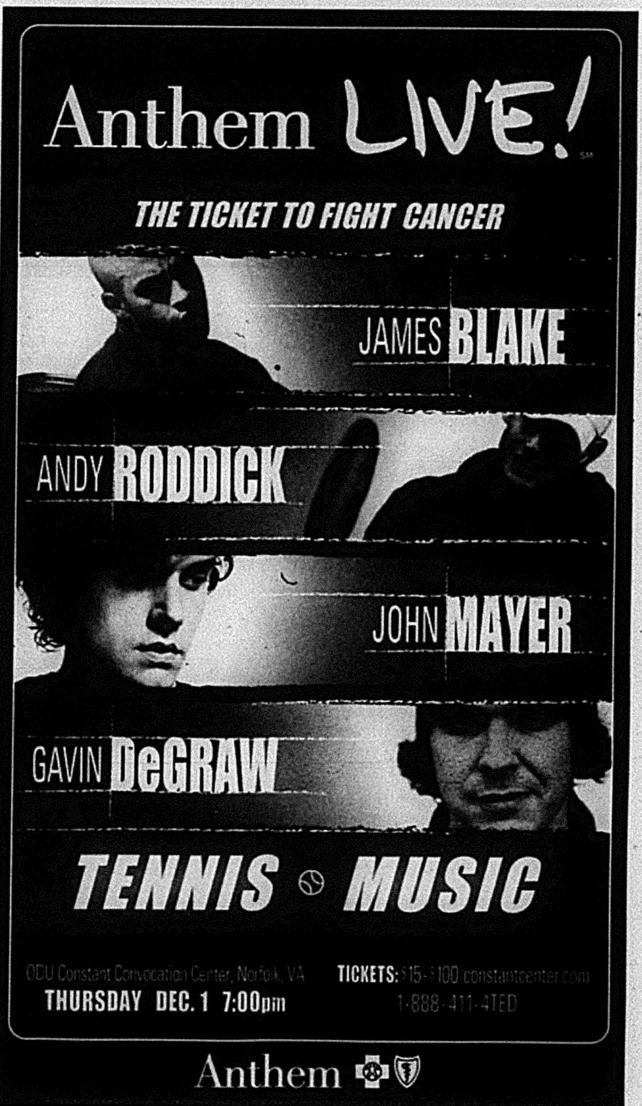
INVITED TO JOIN WITH

FR. SCOTT BAKER & FR. SAM COLLEY-TOOTHAKER

(Just look for the guys wearing clerical collars)

IN DISCOVERY CAFE 7 P.M.

WEDNESDAY, NOVEMBER 16, 2005



CNU Scoreboard

FOOTBALL

(6-4, 5-2 USA South)

11/12/05 Final: CNU 44, Ferrum 7

USA South Standings

Ferrum	6-1*	9-1
Methodist	6-11	8-2
Averett	5-2"	7-3
CNU	5-2*	6-4
NC Wesleyan	3-4*	4-6
Maryville	2-5°	3-7
Greensboro .	1-6*	1.9
Shenandoah	0.7	1-9

*USA South Record

WOMEN'S SOCCER

(14-5-1, 6-0 USA South)

11/12/05 Final:

NCAA Tournament: VA Wesleyan 2, CNU 1

VOLLEYBALL

(31-6, 13-1 USA South)

11/10/05 Final:

NCAA Tournament: Trinity 3, CNU 2

CROSS COUNTRY

11/12/05 Results:

NCAA South/Southeast Tournament:

Men's: Sixth place Women's: Fifth place

Next Event:

11/19/05: NCAA National Championship

ICE HOCKEY

(3-2)

Next Week's Games:

11/18/05:

vs. Radford 11/19/05:

vs. Appalachian State

M. BASKETBALL

(0-0)

Next Week's Game: 11/18/05:

vs. Southern Virginia

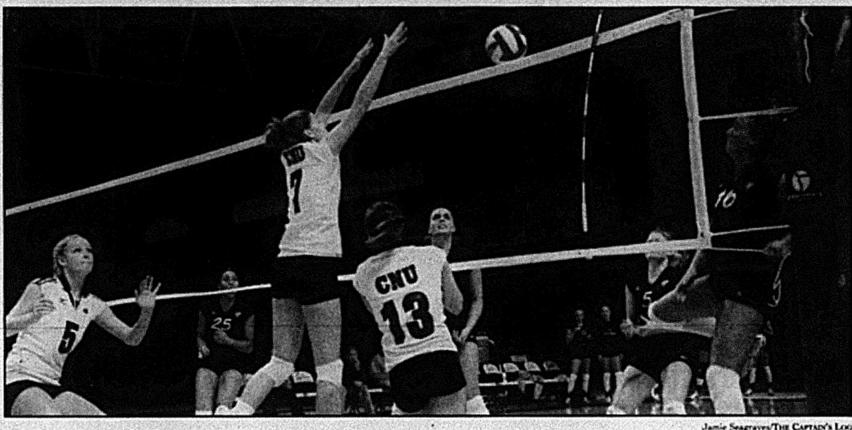
W. BASKETBALL

(0-0)

Next Week's Games: 11/18/05-11/19/05:

Randolph-Macon Tournament: vs. Randolph-Macon

vs. Hamilton (NY)



Freshman Liz Bush (7) jumps to block the ball as freshman Ellen Koch (5) and sophomore Brittany Collins (13) look on.

Volleyball loses heartbreaker

BY PAUL FROMMELT Sports Editor

After a regular season and USA South Conference Tournament that ended like a carbon copy of last year, the Lady Captains volleyball team's NCAA Tournament ended just like last year-with a firstround loss.

The Lady Captains, who tied last year's school record for wins at 32, looked to ride their momentum from a come-from-behind victory over Greensboro in the USA South Conference Tournament Championship, when they faced Trinity University in the first round of the NCAA Tournament last Thursday.

The Lady Captains looked to be on their way to their first NCCA Tournament in school history, winning the first two games 30-28 and 35-33 in the best-of-five match. Trinity

came back strong in the third game, beating the Lady Captains 30-18. Trinity took the fourth game 30-25, setting the stage for a back-and-forth fifth match that would decide the championship.

Neither team was able to maintain momentum in the fifth match as neither led by more than two points the entire game. The game was deadlocked 14 times with four different lead changes. Trinity outlasted the Lady Captains in the end however, winning

"I think the reason that it was so sad for me was because we were playing so hard," said freshman Liz Bush, who was this year's USA South Rookie of the Year.

"I don't think that we have ever been in that situation where we have played really well and lost," said sophomore Brittany Collins, who finished with eight kills, 13 digs and , match.

53 assists. "Last year, I don't think that we were ready for the NCAA Tournament. A lot of us were in awe. This year, we were a lot more confident and we were a better team. It was a heartbreaker."

Playing in their last game as Lady Captains, seniors Amber and Erin Bradshaw both turned in impressive performances. Amber had 15 kills and 18 digs, while Erin had 13 kills and 11 digs,

"Our defense was amazing the whole game, so I guess you could say that our offense was the problem," said Amber. "But this was the same offense that we had all year.

With the Bradshaw sisters leaving the team, the team is already looking to fill the void.

"We'll have some freshman this year that have gained experience to step up," said junior Jenna Williams, who finished with 20 digs in the

Williams, along with Collins, will look to take the leadership role left by the graduating Bradshaw sisters.

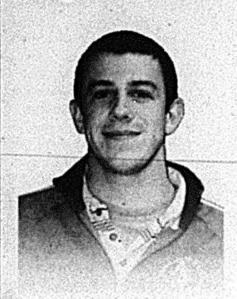
"When we're on the court, they're the ones that are talking and getting everybody pumped up," said Collins.

Williams, the defensive leader of the team, won the USA South Libero and set the record for most digs in a season. Collins, the team's setter, was named the USA South Tournament MVP for two straight years.

With only the Bradshaw sisters graduating and the success of this year's freshman class, the team is looking towards the future..

"The recruiting class gets better every year," said Williams. "We always get better and I wouldn't expect anything different next year. I think we'll be fine, but we're definitely going to feel the loss (of the Bradshaw sisters graduating)."

NBA Week: Pistons on top of East



BY BEN SETTLE NBA Columnist

The young NBA season has already produced a few surprises, some interesting developments and some teams stinking up the league like a gallon of Sex Panther cologne.

A quick look at the standings shows us that the San Antonio Spurs and the Detroit Pistons are still the best in their conferences. Everyone knew the Spurs would still be great. Most experts even picked them to repeat as champions.

The Pistons, however, are a little more puzzling.

My initial thought was that they would not be as competitive without coach Larry Brown there to shout orders and keep his troops playing defense.

Now with Brown out of the picture, it looks like the Pistons have been revitalized and are scoring points at will on any-

Maybe Brown shackled this team down by not letting them play so freely, but now we are seeing a team that can score points and shut down the other team without an annoying coach barking calls at them all game long.

After five games, all wins by the way, the Pistons are outscoring their opponents by 15 points on average.

The 4-1 Spurs are outscoring theirs by an average of seven points, and no other team has an average that even reaches six. These guys can play.

A nice feel-good story developing is the fact that the 5-1 Los Angeles Clippers are leading the competitive Pacific division. With a starting backcourt bound for the "Head Case Hall of Fame", Sam Cassell and Cuttino Mobley have actually played well and have the Clips ready for their first playoff run

in about 183 years. Across town, Kobe Bryant and the Los Angeles Lakers are 3-2, with Kobe starting his MVP campaign right away, averaging nearly 35 points per game and shooting over 50% from the

Kobe's numbers are Jordanesque, but coach Phil Jackson deserves plenty of credit for the team's success. Phil is even getting Kwame Brown to play hard! He should get Coach of the Year just for that.

Back East, the Washington Wizards are playing like contenders and leading the Southeast division over the Shaq-less Heat. With Gilbert Arenas and Caron Butler taking and making big shots, these guys could actually make some noise and maybe get home-court advantage in the playoffs.

Now for the bottom-feeders. Instead of breaking a sweat, the Atlanta Hawks, Toronto Raptors, and New York Knicks have collectively decided to relax this year. All three teams are winless, racing towards that historic mark of 0-82.

In a typical game, the Raptors get outscored by 15 points almost every time they take the floor.

The Knicks keep playing musical chairs with their starting lineup and could not win the Atlantic-10 right now, much less the Atlantic division in the NBA: At least they have all those inflated contracts to land on once they stop free falling.

Root for 0-82 for one of these teams, if they can't make the playoffs, at least they can make history.

Fogarty qualifies for NCAA Nationals

By BRIAN BENISON Assistant Sports Editor

At the NCAA South/ Southeast Regionals, CNU's cross country team finished strong as a whole and excelled individually - senior Meghan Fogarty finished seventh place overall and qualified for NCAA Nationals.

The women's team finished fifth place overall in the meet with 147 points.

Fogarty led them with a time of 22:44 for seventh place in the tournament. Freshman Liz Bissell was next on the list, obtaining 12th place with a time of 23:09. Junior Ashley Ezell also had a personal season record with a time of 42:01 for 34th place.

"I made all region and I got 34th place," said junior Ashley Ezell of her performance. But she was also quick to point out the success of her teammates. "Meghan Fogarty made it to nationals."

Fogarty was the only member of the cross country team to make nationals.

"[I was] extremely impressed," said head coach Keith Maurer of Fogarty's performance. "She had the race of her life. It was by far the best race of the season. It was the perfect race for her."

Overall, however, Maurer was disappointed with the performance of the women's

"On the women's side, we were disappointed. We really were hoping for a higher team finish. One of our runners is injured but we also had a couple sub-par races," he said.

The men's cross country team finished the day at sixth place overall with 206 points.

Sophomore Daniel Swale and junior Tim Scott, who took 22nd and 37th place respectively, led the team.

expectations," said Scott, though he added, "I was very jealous of Swale."

"We exceeded our coach's

"We finished well above the predicted place," said Swale.

Maurer was also impressed with his men's cross country team, which has only one senior on it. "The men's team has come

a long way," he said. " At the start, we had four freshmen in the top seven. The overall makeup of the men's team is very young. Their finish was very good and solid." While Maurer would not

make any predictions on next year's team, he was adamant about how the young nature of the team would show that they could only get better.

"The women's team loses some real quality athletes next year. But on the flip side, the returning women athletes will be getting stronger," sad Maurer. "The men's team should be stronger since we only have one (graduating) senior." Cross country athletes

also added that, contrasting to some previous years, this was



Courtesy of CNU Athletics Department

Meghan Fogarty

the best team chemistry and cohesiveness they ever had. "I think this is probably

the most unified the team has been. Everyone finished well, nobody had a bad race," said

"The team's been a real pleasure to work with this year. They were a good bunch of college students," Maurer said.

"There were no primadonnas, which always makes the job of the coach more enjoyable."

Women's soccer falls in first round

BY BRIAN BENISON Assistant Sports Editor

After winning the USA South Conference Championship in such a dramatic fashion, the women's soccer team fell in the first round of the NCAA Tournament, losing to VA Wesleyan 2-1 last Saturday.

took the lead towards the end of the first half on a goal from sophomore Jaclyn Trono off a feed from junior Hillary · Car-

Soon afterward senior Ashleigh Dota went down with a leg injury and had to be carried off the field.

"We took Dota's injury as best we could," said sophomore Emily Renkin. "She is such an impact player, but we adjusted and played our game of soccer for the full 90 minutes. It didn't fall our way, but we gave it everything we had and we learn

and grow from every game we play in together."

VA Wesleyan tied the game in the 66th minute. Despite freshman Erin Wojtkun having three saves in the goal, VA Wesleyan took the lead on another goal in the 88th minute after repeated attempts to clear the ball from the goal

There was no more scor-The Lady Captains first ing in the game and VA Wesleyan held on for a 2-1 win.

Lady Captains outshot their opponent 14-9.

Many of the Lady Captain fans at the game appeared to be more focused on the officiating of the game rather then the performance. As one fan colorfully put it, "Does your wife know you're screw-

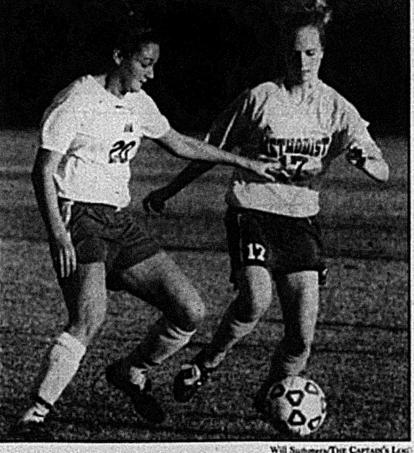
Despite the season's disappointing ending, the Lady Captains finished with a record well above .500, at 14-5-1, and a conference record of 6-0. Renkin was named the Offensive Player of the Year for the USA South Conference and senior Paniz Asgari won the Most Valuable Player Award for the USA South Conference Tournament.

"Being named Player of the Year was an incredible honor," said Renkin. "I am very fortunate to be on a team with so much talent that it's easy to play good soccer."

"Our team's offense was Despite the score, the unstoppable and we took it to every team with 100 percent every game."

The USA South Conference Championship was one of the top goals of the team and despite the loss in the NCAA Tournament they still return as Conference Champions next year. "It's the team that makes

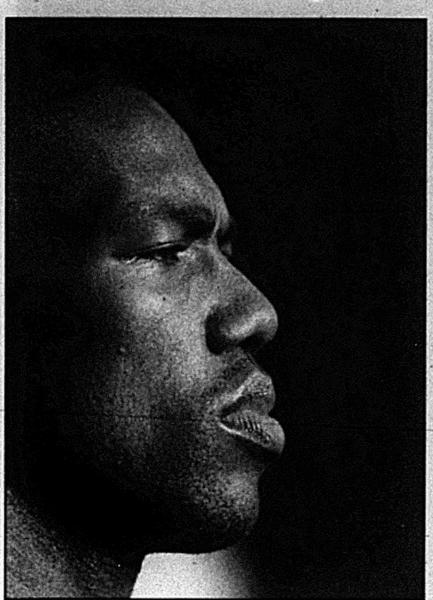
you want to win. This is the best team I've ever played on," said Asgari after the team won the USA South Championship.



Sophomore Emily Renkin (20) goes after the ball in the Lady Captains' USA South championship game against Methodist.

SPORTS COMMENTARY

T.O. shows us sport's underbelly



Michael Peren/Tott Prittadelpina Inguinea

thrilled the company had a re-

cord-breaking year if they had

viously. And, man, do we love

calling him that. We can't be-

lieve how entitled he acts while

we do things like give his scrib-

bled signature on a piece of

paper absurd worth. We make

these guys gods, then become

indignant when they have the

audacity to act like them. Our

best athletes are rock stars now.

Some use that power to become

T.O. is a narcissist. Obvi-

ously. And, man, do we love

calling him that. And that nar-

cissism is what causes the an-

griest name-calling amongst us.

Because if he only cares about

himself, it makes us stare at him

and whimper "But, T.O., what

about us?" We want to believe

our cheering and passion and

caring matter and motivate. We

link ourselves vicariously to

the gladiator spectacle, and we

don't like when the gladiator

reminds us of our irrelevance

by caring about himself more

his. We love this beast because

we don't know this beast. Ow-

ens, like a lot of football play-

ers, doesn't even like football.

He likes Sundays. And that end

zone. But, as Ray Lewis says,

he is paid for Monday through

Saturday. Sundays are for free.

Those three hours, however,

aren't representative of the en-

tire boring workweek any more

than the hot shower at the end

But this is our escape, not

than his game, or us.

T.O., too, is entitled. Ob-

Terrell Owens reads a statement during a news conference, Tuesday, Nov. 8, 2005, in Moorestown, New Jersey. Last Monday, Owens was told by the Philadelphia Eagles not to return this season.

a bad one.

about her.

BY DAN LE BATARD Knight Ridder Newspapers

MIAMI — The most controversial athlete anywhere in sports reached this status because he talks and dances too much.

While a baseball player who works in his very city skims underneath the national glare from jail after allegedly attempting murder by dousing his farm workers in gasoline and threatening them with a machete.

We love the cathedral we've made of sports, so we hate Terrell Owens for desecrating it.

He has thrown gas all over our beloved utopia.

That is T.O.'s greatest crime - showing us this beast's ugly underbelly when we prefer to cheer its beauty....

We like to pretend this illusion we watch on ESPN - Entertainment before Sports in its very call letters — is somehow more pure than the rest of real life, untainted by the selfishness that can plague our work and relationships. So we paint our faces and hold up "team" while praying at the altar of this-makes-us-feel-better, and we ignore that sports are just about the last thing on the planet that grown adults still insist on viewing through the eyes of a child.

T.O. is selfish. Obviously. And, man, do we love calling him that. But look around you at work. There aren't a lot of salespeople who are going to be the coal miner's.

Owens is a caricature, bloated on so many of the adult things we dislike about his childish workplace, but at least his ego is there for all to see. Hook the league's receivers up to truth juice, and they'd all tell you they'd rather have the 173-yard game in a loss than the one-catch-for-10-yards in a victory.

of the day is representative of

Owens is just more honest and obvious about it in a way that makes us really, really uncomfortable. Moan about ego and selfishness all you want, but these guys didn't get where they are, to the height of sports, without it.

They don't want to merely win. They want to be the reason for said winning. And that isn't the same thing at all. But you go ahead and hold up the tired clichés of "sacrifice" and "character" as nonsense bedrocks of sports as undefeated Edgerrin James says flatly that he plays for money, period.

The Dolphins' Jason Taylor says, "When T.O. acts an ass, and Drew Rosenhaus goes out and kisses it the whole time, you look like buffoons." Michael Irvin, who was T.O. once, counters by saying that Taylor is more interested in saying the right things than the real ones and points out that Taylor happily took back Ricky Williams because, in their cold world, talent trumps all.

The Eagles are better off without Owens? That's absurd. He was on pace for 1,700 receiving yards. For all the talk of "distraction," Chris Chambers and Gus Frerotte should be as distracted as T.O. and Donovan McNabb were. Don't dilute T.O.'s greatness because you don't like him. He propped up a Jay Fiedler by another name Bono. Others use it to become — Jeff Garcia — in San Fran. Britney Spears. Go get outraged You've seen how awful Garcia, alleged Pro Bowler, has been without him. And McNabb had never had a 1,000-yard receiver before Owens.

> You say what has Owens ever won? I say what has Dan Marino ever won?

> We are all enablers on this T.O. mushroom cloud. The media, for feeding you. You, for eating it up. Drewcifer Rosenhaus, for being a professional parasite and mainlining his client the puckering he needs.

> And the cheap Philadelphia Eagles, for being every bit as prideful and ego-bloated as their discarded star.

What?

If this week's apology would have been read a few days earlier, Owens could have remained on the team? That's worth nine games? The timing? How insane is that?

It is almost as crazy as the combination of greatness and fame and blasphemy that makes a dancing talker 1,000 times more controversial than a jailed pitcher.

NFL Picks: Colts will lose



BY SHAUN HOY NFL Columnist

So what did we learn last week? Kansas City isn't the scoring powerhouse it once was; Green Bay loves to prove me wrong; and Joey Harrington and J.P. Losman only play well when I count them out. Let's push forward to a difficult week 11.

Indianapolis Colts (9-0) at Cincinnati Bengals (7-2)

This is my pick of the week. These may be the top two AFC teams with explosive offenses and great defenses. Carson Palmer and Peyton Manning could both make cases for MVP so far. I am going to start taking an upset pick every week. I think Cincinnati will pull out a win and give the Colts their first loss.

> Arizona Cardinals (2-7) at St. Louis Rams (4-5)

I'll give this one to St. Louis. Now that they have quarterback Marc Bulger back, they might start to click again on offense.

Arizona's offense, however, is pretty explosive, but their defense is garbage. I'm sticking with the Rams.

Carolina Panthers (7-2) at Chicago Bears (6-3) Carolina is hitting its stride

The Bears' defense will offer quite a challenge for the Panthers though. Quarterback Jake Delhomme needs to find some other weapons on offense besides Steve Smith. I'll still take the Panthers though. Detroit Lions (4-5)

at Dallas Cowboys (6-3) Detroit is impossible to

They did get their best receiver, Roy Williams, back and he showed why he is such a threat last week. I'm still going with the Cowboys this week. They are playing solidly, especially quarterback Drew Bledsoe, who is having a phenomenal year.

> Jacksonville Jaguars (6-3) at Tennessee Titans (2-7)

Tennessee isn't impressing anyone. Jacksonville is a tough team in every aspect of the game. I'll take the Jags here. Miami Dolphins (3-6)

I think this is finally the

at Cleveland Browns (3-6)

week that I pick Miami to win and they actually win. I do think this game could go either way though because the Browns weren't too shabby against the Steelers last week, but I'll go with the Dolphins.

New Orleans Saints (2-7)

at New England Patriots (5-4) Let's say New England. I don't know why. Maybe it's because the Saints are atrocious. Yeah, let's take the Patriots at home.

Oakland Raiders (3-6) at Washington Redskins (5-4)

I really don't think that the 'Skins will lose at home all year. Don't quote me on that, but they play incredibly well at home. Quarterback Mark Brunell has the tools to dismantle the Raiders' defense. The Redskins' defense needs to right itself after a terrible showing in Tampa Bay. Let's go with the Redskins.

Philadelphia Eagles (4-5) at New York Giants (6-3)

This is going to be a tough one. I'm going to run around tne room until I get dizzy. If I fall on my back the Giants win. If I fall on my face I will go with the Eagles. And...my back says Giants.

Pittsburgh Steelers (7-2) at Baltimore Ravens (2-7) Both teams have a rocky quarterback situation, but I'm thinking the Steelers are too resilient to lose to a team like Baltimore.

Tampa Bay Buccaneers (6-3) at Atlanta Falcons (6-3)

Don't expect Bucs' quarterback Chris Simms to torch the Falcons like he inexplicably did to the Redskins' defense. Look for Atlanta to bounce back this week and grab a win at home.

Seattle Seahawks (7-2) at San Francisco 49ers (2-7)

I've been told by a friend of mine that I'm pretty harsh when it comes to writing about the 49ers. My condolences to 49ers fans but Seattle should manhandle San Francisco. Seattle running back Shaun Alexander should have a dandy afternoon in California and tack on another win for the Seahawks.

Buffalo Bills (4-5)

at San Diego Chargers (5-4) Let's take San Diego at home this week. Buffalo is an on-and-off team and I won't pick them until I see some consistency. See LaDainian Tomlinson for an example.

New York Jets (2-7) at Denver Broncos (7-2)

Denver is playing really good football right now. I think the Broncos are going to tear the Jets apart. They are too good and the home-field advantage will be too much for the Jets to overcome.

Kansas City Chiefs (5-4) at Houston Texans (1-8) I'll take a wild guess and go with the Chiefs. End.

Minnesota Vikings (4-5)

at Green Bay Packers (2-7)

Why do so many teams dislike Vikings quarterback Brad Johnson? All he does is control games and win. He gave the Redskins some winning seasons and they dumped him. He won a Superbowl with Tampa Bay and they dumped him. I'm taking Minnesota here.

That's it for this week. This is Shaun with a final thought: If life hands you a lemon, throw it at one of your friends and watch their reaction. Trust me. The fun will last for hours.

Last Week: 9-5 Overall Record: 41-30



Interested in increasing the amount of student activities and student involvement on campus?

Going abroad?

Applications for the Campus Activities Board are now available for the spring semester study abroad students interested in being on C.A.B. for the 2006-2007 school year.

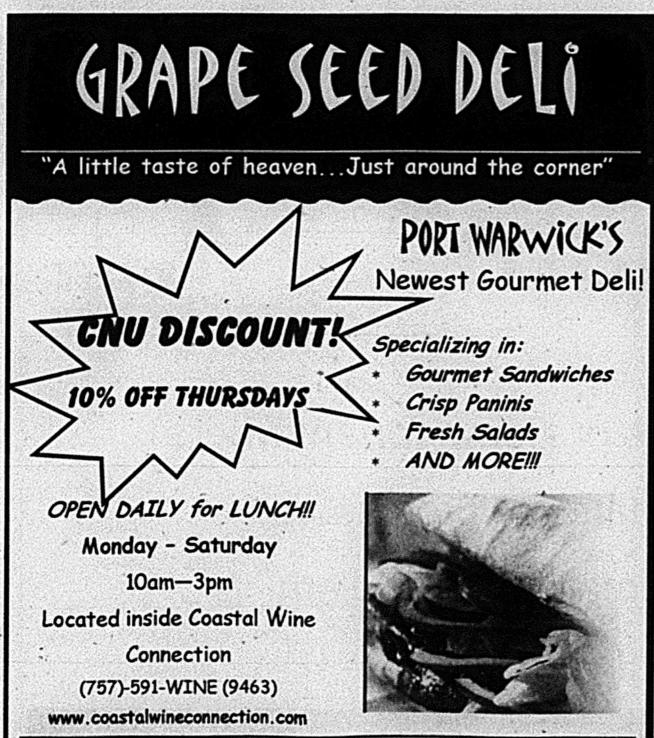
Positions include: Committee Chair and Committee members for the Film, Music, Coffeehouse, Special Events, and Cultural & Lecture committees.

Applications are available in the Student Life Office and are due back on DECEMBER 2nd 2005 by 5pm.

Please contact Suzanne Medici at 643-8604 or at suzanne.medici.04@cnu.edu for more info.

**NOTE: If you plan on returning to CNU for the spring semester, applications will be available to you starting in January 2006, so keep on the look out!

c.a.b.: its kinda like training to become a cage fighter... only more fun!



Saturday: Buy one deli sandwich, get one half-off

With CNU I.D. (Must Bring This Ad In)

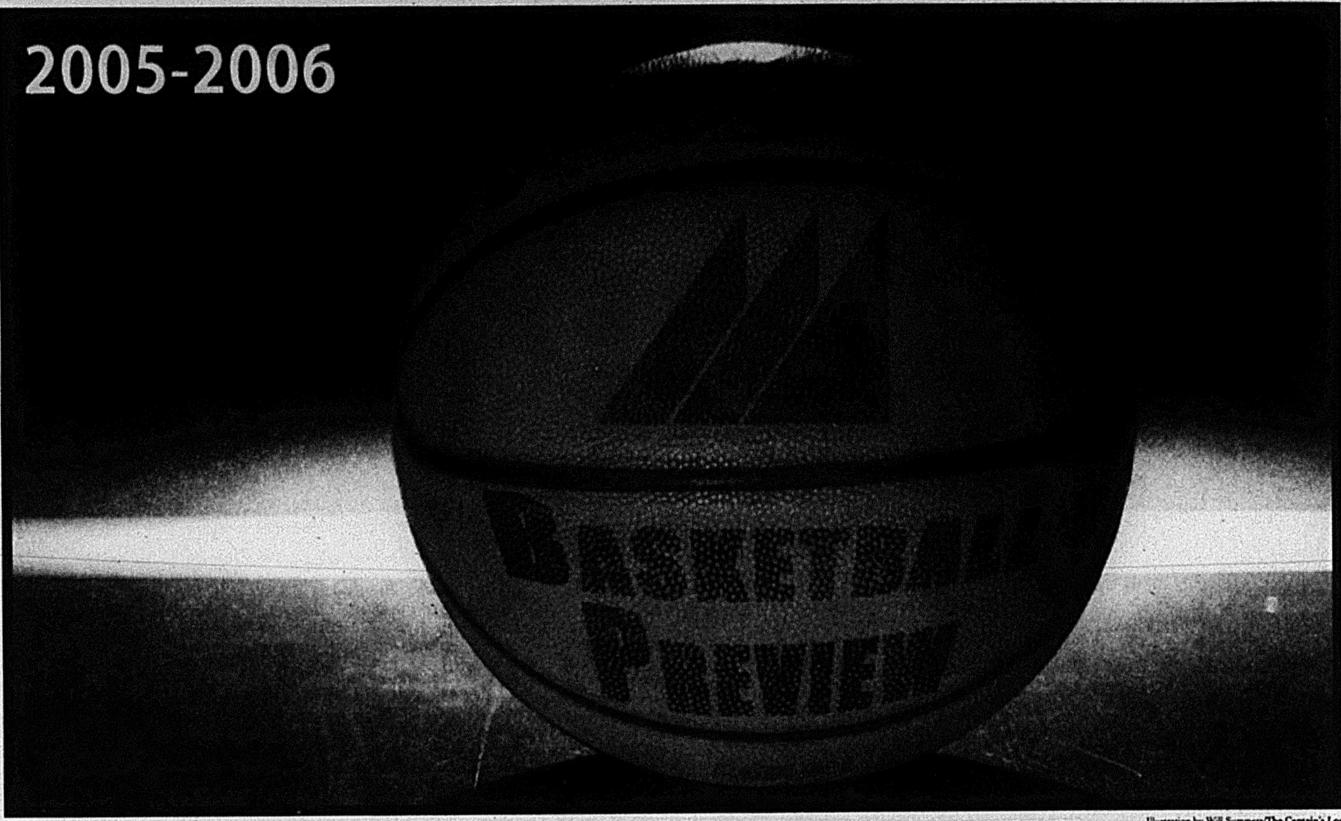


Illustration by Will Summers/The Captain's Log

Men's Basketball

By PATRICK CROW Contributing Writer

After finishing second last season, CNU's men's basketball team is looking to challenge for the USA South Conference Championship as the 2005-2006 season begins.

Despite finishing last year with a record of 18-8, the Captains were picked to finish fourth in the USA South preseason coach's poll.

The Captains' head coach C. J. Woollum is hopeful for first.

"We lost some key players this year, but we have a nice blend of young and old and I am optimistic about what we can do this year," said Woollum.

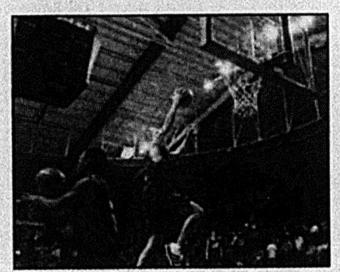
Woollum has had more success with men's basketball than any other coach in CNU's history, with a record of 424-164.

"Coach (Woollum) knows what he's talking about, works well with players, and knows the right buttons to motivate his team. He brings an intense atmosphere to the team, which keeps us working hard," said senior Jeremy Romeo, who led the Captains in scoring last year, averaging 14.1 points a game.

"Coach (Woollum) is great. He's been here 20 years, has set up a great program, and has a great coaching staff," said senior Adam Purdham.

With an already established program, the primary concern facing the Captains is how to deal with a relatively young

There are only six returning players this year, compared



Men's basketball practices during Midnight Madness.

to the 10 that returned last year. Even with a relatively new team, the Captains are looking to seize the conference this year.

Romeo and Purdham, who are now beginning their fourth year with coach Woollum, are also optimistic about this year's team, despite the substantial loss of experienced players.

"We've got eight new guys who are a very talented bunch with great attitude. All we need to do now is work hard to get it done," said Purdham.

Teams get out of it what they put into it, so in order to win, we have got to be willing to work hard," said Romeo.

Besides Romeo and Purdham, players looking to make a difference are sophomore Trent Dickerson (who has recovered from a back problem from last year) and junior Donta Seldon, who averaged 5.6 points and a recorded 61 assists last year. Juniors Korey Lewis and Mike Witham returned this year as well, and Woollum hopes they

will step up and give many well-played minutes.

A couple of freshmen to look for are Davon Barton from Hampton, Sean Branch from Petersburg, Billy McShepard from Windsor, N.C. and Mark Blasingame from York County.

With practice already going strong six days a week since mid-October, it's no surprise that the Captains are already bonding as a team. With the team's first regular season game steadily approaching on Nov. 18, the team plans on closing the gap between CNU and its competitors.

"Methodist is the favorite, as defending champs, but we are still hoping to win this year and reach the NCAA," said

With strong, young talent, several experienced, returning players, and a coach who has led the team for 21 years, the Captains are looking to make a splash in the USA South Confer-

Women's Basket



Sabrina Fendrick/THE CAPTAIN'S LOC Women's basketball practices at the Freeman Center.

BY ROB SILSBEE Captain's Log Intern

The Lady Captains women's basketball team head out on the road this weekend to open up another season. The team picks up in a tournament in Ashland at Randolph-Macon College and won't hit the hardwood of the Freeman Center until Tuesday, Nov. 29. When they do, fans will have a chance to see a team ready to contend for the conference championship.

The women's basketball team was picked to finish second in the USA South pre-season poll; just one point behind defending champions Greensboro. The team returns head coach Carolyn Hunter for her ninth season, carrying a career record of 124-67.

The Lady Captains also return several players, including All-State power forward Candace Bryant, a junior from last

season's roster, and add lots of new talent from transfers and freshmen athletes.

"I think we can expect to see a much improved team from last year," said Hunter. "Our young players have gained another year of experience. Our freshmen from last year have been put to the test. We have some experienced transfers who have joined us. We should definitely contend for the conference title."

Coach Hunter has several options to handle the ball this year including returning sophomore guard Michele Russell.

The 4-foot-11 Hampton native started primarily as a shooting guard last season, playing in all but two games, with 2.7 assists per game and was second on the team with

Russell's biggest asset is from the free-throw line where she shot .886 last season, missing just four buckets from the line. Freshmen at the guard

position will be Tiffany Artis from Chesterfield and Alicia Banks from Herndon.

Coach Davis has the luxury of returning her top three scorers from last season, including second team all-conference selection Samantha Davis, junior. Davis averaged 11 points per game, five rebounds and three assists while leading the team in defense with 48 steals and 12 blocks.

Bryant led the team in scoring and rebounds with 15 and 10.9 respectively per game. She also had 20 blocks and 29 steals on her way to an All-State selection. Sophomore Colandra Rollins also returns up front with 10.6 points per game and 7.7 rebounds.

After missing a chunk of the season last year due to injury, Rollins will be set to prove her worth down low. Sophomores Jessica Carmon and Dee Luck will add depth consistently off the bench with freshmen Shannon Perry and Jennifer George looking to contribute as well.

"We have a nice group of veteran players who I feel will bear most of the load. Our (returning players) are crucial to our success because they know what to expect from our opponents and they are familiar with my system," said Hunter.

"The name of our game this year is to get back to our winning ways. We have to prove last year's season was because we were young.

"This year we have experienced players who are ready to contend for a conference championship and get back to the NCAA."

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