



THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLOG WWW.THECAPTAINSLOG.ORG

VOLUME 49, ISSUE 23 April 11, 2018



“The Great Dragsby”

This year's annual Drag Ball included members from the CNU community and around the Hampton Roads area.

BY KATIE KRYNITSKY
KATIE.KRYNITSKY.14@CNU.EDU

Drag queens from CNU and the surrounding Hampton Roads area took over the David Student Union Ballroom wearing flashy outfits and performing exotic dance moves for the 2018 Annual Drag Ball, “The Great Dragsby.”

Doors opened at 7:30 p.m. on Thursday, April 5, and from 8-10 p.m., students filled the seating around the center stage to see the show.

There was food for everyone to enjoy, and the show counted as a President's Leadership Program (PLP) Passport Event. Spectrum at CNU and Student Diversity and Equality Council (SDEC) hosted and sponsored the event.

Admission was free to everyone, and spectators came and went as they pleased, but donations were suggested and encouraged through raffle tickets sold at the front door.

Proceeds from donations went toward the LGBT Life

Center in Norfolk, Va., previously known under the name Access AIDS, a care program delivering services such as medical case management, education and testing.

According to their website, the LGBT Life Center's mission is to “empower the LGBTQ communities and all people affected by HIV through improving health and wellness, strengthening families and communities and providing transformative education and advocacy.”

Throughout the 2018 Drag Ball, impressed audience members and fans handed the performing drag queens dollar bills.

Drag Queen Sylvia Sterling, also known as CNU student Riley Wynkoop is pictured above being led around by Chase Baylor Ayers. Wynkoop wanted everyone to know that while this event was free they were trying to raise money for Access AIDS. Spectrum played host to several drag queens from the CNU community as well as from the surrounding Hampton Roads region. Their theme was “The Great Dragsby” and the crowd loved each of the performances. **HANNAH LINDENBLAD/THE CAPTAIN'S LOG**

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The official CNU Bucket list is here, make sure to save this list for ideas on what you should do.



Weekly pic

A breeding adult male great egret walks along the marsh in Newport News Park. If you have a photo you would like to be featured as a Weekly pic, email macy.friend.14@cnu.edu with a photo and a short description. **Macy Friend/The Captain's Log**



CNU TV

Check out the footage from Best Dance Crew on our Facebook page.

Happened

April 5

What does consent mean to (CN)U?

Where is the Line in the Tribble Plaza created a video starring CNU students. Starting at 3 p.m. they tabled the Tribble Plaza asking passing student what consent meant to them.

April 6

The Black Student Union Presents: Senior Sendoff 90s cookout

The Black Student Union held a 90s themed cookout at 5 p.m. in the James River Courts. There they celebrated and said goodbye to the Class of 2018. There was music and food for the farewell event.

Happening

April 6-8 and 13-15

TheaterCNU Presents..."Antigone"

In this Greek Tragedy, both timeless and urgent, the conflict between moral law and the law of the state reaches its peak. Antigone and her newly enthroned uncle, Creon, find themselves on opposite sides of the conflict. See this play in the Studio Theatre and buy your tickets online.

April 12

CNU Farmer's Market

The CNU Farmer's Market's fifth market of its spring season is this Thursday, April 12 from 3 - 6 p.m. in the York Street. Come out and check out the vendors the market has to offer.



Captain's Log Snapchat

Scan this image to add us on Snapchat! Follow our updates, watch us behind the scenes in the newsroom, and keep up with commentary on campus life.

Corrections from previous issue: In A&E

Jack Filiault's last name was misspelled. It was also reported that there were printing 250 copies when actually they will be printing 150 copies.

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THE CAPTAIN'S LOG is the official student newspaper of Christopher Newport University. It is a public forum, which is published Wednesdays throughout the academic year.

THE EDITOR welcomes letters from readers. Editors reserve the right to edit letters for length and AP style, as well as to refuse publication. An email with a ".doc" attachment is preferable. Reach us through:

- **Email:** clog@cnu.edu

- **Drop off:** The Captain's Log newsroom, DSU Suite 393

JOIN THE STAFF The Captain's Log is always open to students who are interested in writing, photography and editing. Editors assign stories every Sunday at 7 p.m.

WANT TO ADVERTISE? Circulation inquiries, advertising rates and policies are available upon request via email at clog@cnu.edu or telephone at (757) 594-7196. For more information, visit our website at thecaptainslog.org.

From the Front Page



Here are just a few photos from this year's drag ball. There was a mix of professional and amateur performances done by both CNU and Hampton Roads area people. (From left to right at the top) Jenifer Dion stuns the audience with a feathery ensemble, Sylvia Sterling shakes it for the crowd, host Naomi Black gets the crowd excited, Prince Peach shows some attitude and Foxxxxy throws it down on the dance floor. Between performances there were reminders to tip the drag queens, a raffle for prizes and performances by Hypnotic Control. **PHOTOS BY HANNAH LINDENBLAD AND RACHEL BENNETT/THE CAPTAIN'S LOG**

The Man with a Residence Hall Named After Him

BY DUNCAN HOAG
DUNCAN.HOAG.15@CNU.EDU

Aside from being one of CNU's longest-serving professors, Dr. Anthony Santoro also served as president of CNU from 1987-1996. He has also studied at College of the Holy Cross, Rutgers University, and University of California, Riverside, taught students in places as far-reaching as Egypt and has served as a teacher since he was 23 years old.

Santoro indicated that his primary passion is history, something he picked up from his father at a young age.

"My father was a very intellectually-inclined physician. He spoke five languages, and used to help me with my Latin and Greek when I was a boy. He was interested in history, and I think I picked it up from him."

Santoro also said his interest in history stems from the times in which he grew up, and the stories he heard from those around him who had been involved in past events. He also attributed his passion to the educators he knew in

Dr. Anthony Santoro sits down with The Captain's Log to share his long history at CNU, his past and present role in education and the field of his beloved history.

his formative years.

"I grew up in [a] historic period. I was born just before World War II started. I was born in February [1939], and the war started in September. My father and my uncles and my aunt were all away in the war, so when they came home it was all war stories, six years later.

"I think that got me interested in history. And I had good teachers—from middle school all the way up, I had really fine teachers.

Santoro's work within the field of history focuses primarily on the history and nature of totalitarian states throughout history. He indicated that although the societies existed in different time periods, their absolutism is ultimately what makes them similar.

"I teach courses from ancient Egypt to the Nazi state and the Holocaust. All

of those courses have to do with absolute governments. Egypt is a theocracy with a god-king, and then my Ph.D. is in the history of the Byzantine Empire, which is the later Roman empire, and that's an absolute monarchy."

Santoro discussed some of the major work he has done, both as a historian and professor.

"I always enjoyed my field of teaching, or rather my fields of teaching. And in the course of it I've published two books on Byzantine history."

Santoro was also involved in the release of a DVD showing the Nazi film Triumph of the Will, the most famous piece of propaganda to come out of the Nazi period.

"A friend of mine had a silver-nitrate print of it, and he wanted it to be put into English...I said I'd

work on the film, but only if it's a DVD that preserves the original [audio] track, I don't want to touch anybody's artwork."

The final product ultimately had three audio tracks: One in the original German, one with English subtitles — translated by Santoro and a colleague of his — and a track with Santoro lecturing over the original audio of the film.

The film ended up a success, selling thousands of copies and eventually seeing a Blu-Ray release.

"It's quite a contribution to the body of knowledge on the Nazis and their propaganda, because it was a big deal with them. It was such an important film that it was suppressed here for a long time."

He also commented on what he sees as an evolution of the study of history, saying that the subject has become more specific in its view.

"In my period of studies, people had a broader interest in history than they do today. Today, newer Ph.D. tend to focus on a much narrower picture. I like the broader picture. The thing that ties everything

together [for me] is the interest in autocracy...Most of recorded history is not democratic societies."

Santoro commented on what he sees as the most essential lesson he's picked up in his career.

"I would say that fresh-faced, new students in a college or university have a level of curiosity that continues to excite a professor, no matter how long he's been teaching. You want to capture that curiosity, and not get it lost, and not bore it, but keep interesting them in learning.

"That's the constant, because technology changes, but you're no different today than the students I had in 1963. They wrote better and read more, but you can bring more technology and other skills that they didn't have. It's the constancy of curiosity of young minds."

To read a debate between Santoro and former president of The College of William & Mary over whether or not Christopher Newport College should or should not have become the University it is today flip to the opinions section on page 7. ■

Dr. Raouf Selim Retires After 32 Years at CNU

As his colleagues celebrate his retirement after 32 years at CNU, Dr. Raouf Selim reminisces about all that has made his time within the Captain community so fulfilling.

BY SABRINA RIVERA
SABRINA.RIVERA.15@CNU.EDU

After working 32 fulfilling years at CNU, Dr. Raouf Selim is closing this chapter of his life.

Last Wednesday, April 4, an event was held by the Department of Physics, Computer Science and Engineering to celebrate Selim's coming retirement.

He fostered an interest in electricity and physics from a young age, especially as his uncle gave him inspiration as

an electrical engineer. He's always had an interest in teaching, which requires both a bachelor's degree and a Ph.D.

Selim received his BS in Electrical Engineering from Cairo University in Egypt, a BS in Math from Ain Shams University in Egypt, and both an MA and Ph.D. in Physics from Temple University in Pennsylvania. After he finished his undergraduate degree he went into experimental physics.

"When I was hired there was a potential that CNU and

Jefferson Lab would grow along together," says Selim. He applied to CNU because it was a young school with a lot of opportunity, and Jefferson Labs was nearby.

"A lot of within a few months of my starting at CNU new materials were discovered and it was exciting," says Selim. He had received grants from NASA and Langley not too long after employment to conduct research on superconductors in order to find applications for them in space and aeronautics.

Most of his research was conducted on campus at CNU with graduate and undergraduate students to assist.

When not in the lab or his office, he likes to play soccer on CNU's fields, often with any faculty members or students who want to show up.

When asked about his most valuable experiences while teaching at CNU, Selim says "the most rewarding thing is interacting with students and seeing them develop; I see

students who graduate from CNU and became successful scientists at NASA or Jefferson Labs. Seeing these students grow up and mature to be successful citizens."

After his retirement, Selim plans on travelling to Europe and Jerusalem. He hopes to volunteer overseas to make an impact in people's lives to help people in a meaningful way.

"I want to be able to help and connect with people," says Selim. "I'm still looking and open to volunteer opportunities; I want something that has a human touch to it."

For Selim, it's the people of CNU that make it special. "It didn't feel like 32 years," he says. "I had very rewarding career as opposed to a job, and looking back I don't think I would've chosen anywhere else to spend that part of my life." ■

"I had a very rewarding career... I don't think I would've chosen anywhere else to spend that part of my life."

— Dr. Raouf Selim

“Shortcomings Kill Every Man”

English professor, Dr. Rodden, highlights his new dark-comedic play after its first group reading.

BY KORTY SWIFT

KORTY.SWIFT.16@CNU.EDU

A number of CNU professors have recently been producing their own books and other works.

Dr. Ivan Rodden, professor in the CNU English Department, recently completed and had a reading for “Lack of Milk,” a play that he has written, edited and drafted over a period of a mere 13 days.

“I wrote the first draft in about three days and then spent about 10 days revising and expanding it,” Rodden notes about his writing and editing process for this work.

Rodden’s play is a work that is intended to break from typical norms and standards in writing.

“This play was an exercise in trying to pull away from traditional storytelling and structure. I’ve been focusing on very traditional stories lately and needed to exercise my imagination in a different way.”

In his own words, this play contains a handful of diverse themes.

“On one level the story is simply about a mother and son dealing with the sudden loss of their husband and father.

“However, since I was working to break away from traditional story, the play takes place over 20 years with the family unable or unwilling to accept that the father has died, so they leave his body in the kitchen where he dropped dead.

“The story really is about



While catcalling may not be of the utmost concern on CNU’s campus, it is something that most women will encounter as they go out and live their lives in cities and communities across the country. HANNAH MCCLURE/THE CAPTAIN’S LOG

how people deal with the loss of someone who was their intermediary. It’s also about milk.”

For readers who also are thinking of making or are in the process of making plays

or other pieces of their own, Rodden gives some words of advice for writing. “Playwriting is a liberating kind of writing because you enter into always knowing it will have to be changed.

“For me, this is a lot less pressure and I can be free to just write down whatever is going on in my head.”

He goes on to encourage new writers of all types to “just write down whatever crazy-

ness is happening in your head and see what happens” and that his “other piece of advice is just to send it out and see what happens. Plays that sit in drawers or on hard drives never get produced.” ■



Though the Media failed to report that the Constitution Party was well represented at the Conservative Political Action Conference, Young Conservatives warmly received us. What also wasn’t reported was that most of the Young Conservatives attending CPAC were not Trump Supporters, they were there to see Ben Shapiro and looking for an alternative to the Party of Trump. The Constitution Party of Virginia is looking for college students interested in starting a Constitution Party Chapter at Christopher Newport University or interested in being a candidate for State Delegate or State Senator next year or organizing a Constitution Party Chapter at Christopher Newport University contact John Bloom at CPofVirginia@gmail.org or (757)806-8694. The Constitution Party will fight for America’s Future, while the Democrat and Republican Parties continue to increase the debt (deferred TAXATION) onto future generations of Americans.

The Constitution Party is a Political Party whose goal is to run candidates that are committed to defending, protecting and preserving the Constitution of the United States and equally committed to being public SERVANTS of INTEGRITY, devoted to protecting Individual Liberty and economic prosperity for ALL Americans. P.J. O’Rourke defined “The Democrats as the Party that will make your smarter, taller, richer and get the crabgrass out of your lawns and the Republicans as the party that says Government doesn’t work, and they get elected and PROOVE it.” If you agree with those definitions consider joining the Constitution Party of Virginia.

For more information, check out the Constitution Party Platform, here:

https://www.constitutionparty.com/assets/2016-2010_National_Platform.pdf

Visit us on our website at: <http://constitutionpartyofva.org/> or on Facebook,

<https://www.facebook.com/groups/ConstitutionPartyofVirginia/>

Paid for by the Constitution Party of Virginia

I Think I Blinked – Just Like That, Everything is Different

When Rob Smith first came to CNU things were very different, here’s the story of his journey with CNUTV.

The following continues a series that The Captain’s Log will have in the rest of the issues where CLOG seniors reflect on their time with this organization. The “-30-” at the end signifies the end of a story in journalism, and in the case of these students, the end of their time with The Captain’s Log.

ROBERT SMITH
ROBERT.SMITH.14@CNU.EDU

As I begin to close out my time here in Newport News, on a campus I’ve called home for four years now, I am reminded of a Calvin and Hobbes comic from when I was younger. The opening line of the comic has been stuck in my mind for a while. “Know what’s weird?” Calvin says to Hobbes, “Day by day nothing seems to change, but pretty soon, everything is different.”

When I got to campus four years ago, CNUTV was lackluster at best. Certainly nothing to write home about. But over time, it has slowly but surely taken over as an organization on campus that has made a name for itself.

I’ll never forget being brought on board as an intern by Collin Brennan, then rising senior, and being told about all the dreams and aspirations he had and what CNUTV could be.

Collin literally called it his baby when he handed me the keys; I felt like a kid driving his dad’s car for the first time.

I was careful not to total it and did my best to continue progressing his mission while molding it into my own.

As a campus tour guide, I take pride in telling people about this university’s ability to make its students feel special. I like to say we are more than just a number here at CNU and I truly believe that. But, to give you an idea of how far we’ve come, the numbers display our growth the best.

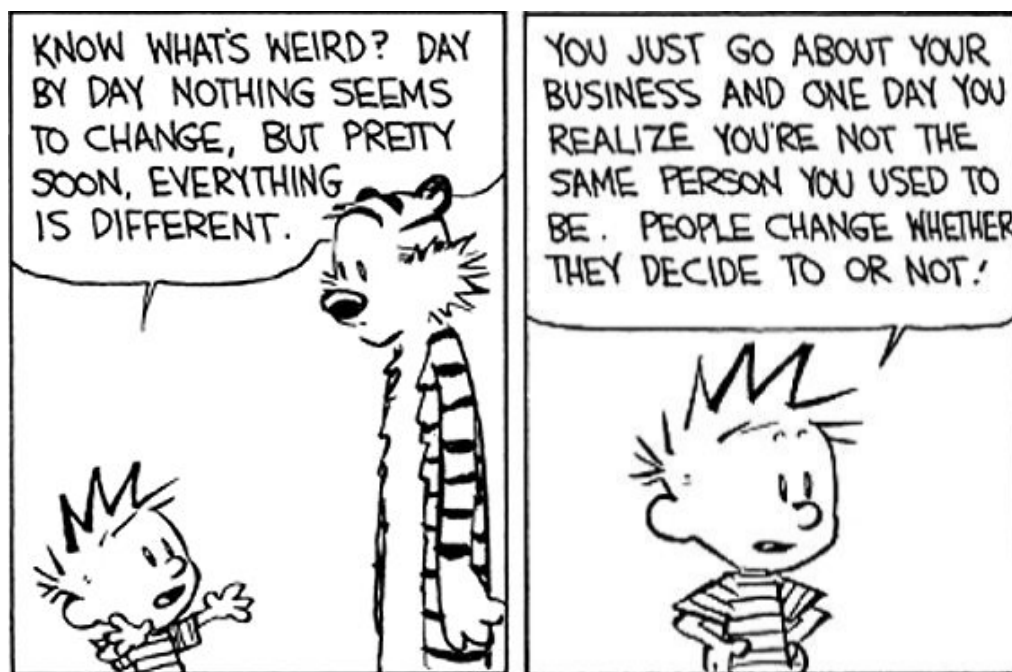
CNUTV has posted 161 videos over the past two years and they accumulated roughly 440,000 views. In this academic year alone CNUTV has published 85 videos, garnering nearly 231,000 views— both are yearly highs for the organization.

This is compared to the roughly 100,000 views in the 2015-16 academic year on 83 total videos.

These numbers show our reach continuing to expand and this is large part due to the quality that my amazing staff produces now on a regular basis.

The best part about this is that we are still growing and there really isn’t an end in sight, with a clear line of succession and goals that are always being amended in order to continue challenging ourselves.

While I may be getting out of here in less than a month, I can sleep soundly at night knowing that I have made my mark here in the newsroom. As my good friend, mentor, and predecessor, Collin Brennan once said better than



CARTOON BY BILL WATTERSON

I could, “As long as CNUTV exists, I will feel a small part of me has remained intact at CNU.”

The newsroom doesn’t look like it did when I started, the organization has evolved, the logo has changed and CNUTV has all the while become a staple on this campus. That certainly didn’t happen overnight, in fact, I’m not sure when or even how we got this far.

Life is kind of weird like that sometimes. Day by day nothing seems to change, but pretty soon, everything is different and that is perfectly okay. ■

-30-

Moving Fears

Living in more than one place each year can be stressful. Here’s how to combat it.

MELANIE OCCHIUZZO
MELANIE.OCCHIUZZO.14@CNU.EDU

One of the biggest regrets that I have from my college years was the fear of getting too involved.

This sounds silly but it’s true. I’ve written a few advice pieces for The Captain’s Log while I’ve been here but I’ve always left one thing out: I’ve left out the fear factor of losing the ties to your home because you’re so busy at school.

As a freshman I felt really left out because while everyone else was already calling CNU their home I was still hanging on to my first home. Many opportunities passed me by because I was simply too afraid of spending time away from home. I could have been a campus ambassador, an RA, a Crew Leader and so much more but I shuddered at the thought of leaving my home a moment too soon to

return back to campus.

I had a bit of an attitude shift from Sophomore year to Junior year that helped out a bit with that fear. I still had ties to my hometown but now I felt more free to call CNU my home.

I came back to CNU early and spent some time around the area. Over my last two years at CNU I finally started to relax into the feeling that this was my new home.

Coming home has been hard for me in both senses of the word home. I feel like I never really belong in one place right now. I’ve felt like I’ve been living out of a suitcase for the past four years without truly settling in.

This past weekend I came home and took a few more things from my childhood bedroom. Each time I make the two-hour journey back I feel less and less like I belong there. This has been my anxiety, my fear all throughout college. The feeling that I didn’t belong to any one place

has kept me from settling in. Graduation is approaching fast and I’m making plans to go home again in a few weeks to officially clean out my room and take care of business at my parent’s house. It’s a bit surreal to me that I’ll finally have a place of my own to live in that isn’t a college dorm or a childhood home. I move into an apartment right around graduation and it is going to be scary and a huge relief for me.

Splitting my time has been the worst part of college, it overshadowed a lot of the good for a while.

If I were to give any piece of advice to freshmen that isn’t “try new things” or “make friends” it would be to let go. To let go of your expectations of what home is and embrace where you’re living.

Don’t see your college years as living out of suitcase as you’re shuffled from place to place. See each year as a new adventure to take on without worrying about where your stuff will go and

how you’ll see where you’re living. My parents have been so supportive of my moving in and out of their home for the past four years.

While my dad has been a little reluctant for me to leave the nest my mom has been urging me to spread my wings and fly for the past four years.

I asked her if she was sad about me going but she told me that she is excited for me to start this new chapter in my life.

There was a lot of good in that came out of being a CNU student and there was a lot of really frustrating moments.

My advice to you is to not let your freshman year problems carry you through your four years of college. Take each year as it comes, don’t worry about living situations too much, let the ties you have to your home loosen a bit and really try to enjoy these four years because soon they’ll be done and you’ll be moving on to the next part of your life. ■

A Tale of Two Letters to the Editor

The following letters were submitted to the Daily Press in 1991 in response to CNU, then CNC's wish to become a university. These letters accompany the profile on Dr. Santoro in the News section.

By any other name?

Daily Press [Newport News, Virginia]
November 13, 1991

As president of the venerable “college” in America, I have some reservations about Christopher Newport’s desire to change its title to that of university. We derive our higher education designations as we do much of our academic traditions from our European forebears. College and university have precise meanings involving and level of programs, with the term university reserved to those institutions that award the Ph.D. or doctoral degree.

By that standard, William and Mary, which became the nation’s first “university” in 1779, when Gov. Thomas Jefferson reorganized the curriculum and established law and other advanced programs, has earned the title many times over with its Ph.D. programs in the last 30 years. It has chosen instead, much like Dartmouth College (another true university), to revere its past by fulfilling the mandate of the Royal Charter that it “shall be called and denominated forever the College of William and Mary in Virginia”

Admittedly, however, Dartmouth and William and Mary stand virtually alone as Ph.D. - granting institutions that refuse to embrace the term university, a fact that sometimes confuses European academics.

Christopher Newport, however, is not in the same position. It has recently been granted the right to award a master’s degree in education and now eagerly contemplates trading its “college” designation for that of university.

There are, of course, many true colleges in America that have done the same thing in an effort to inflate their status. Some have even done so in Virginia, but other fine places like Mary Washington College and Longwood College have not succumbed. The term college has a grand and powerful meaning in signifying a commitment to undergraduate education (e.g. Amherst, Williams and Swarthmore). Christopher Newport has focused on quality undergraduate education over the years in honoring the designation of college with which it was originally graced. I admit to some nostalgia on this score, but, in my view, a single Master’s program does not a university make.

-Paul R. Verkuil, president
The College of William and Mary
Williamsburg

CNU it should be

Daily Press [Newport News, Virginia]
November 15, 1991

We at Christopher Newport College were most disappointed to read William and Mary President Paul Verkuil’s Nov. 13 letter to the editor expressing reservations about the evolution of CNC to university status and the confirmation of this development in the form of our proposed name, changed to Christopher Newport University.

As the self-proclaimed “president of the most venerable college in America,” Verkuil surely knows that a university is so designated because it offers graduate programs; has a high percentage of faculty who hold terminal degrees; has a large student body and is conducting a substantial amount of research. Christopher Newport meets or exceeds all of these criteria. More than 200 universities across the country use the name university but do not offer the Ph.D. degree. Four of these are in Virginia: James Madison, Norfolk State, Radford and Virginia State. These very fine state-supported institutions of higher learning and CNC deserves the designation “university,” have not, in Verkuil’s remarkable language, “succumbed” to the temptation “to inflate their status.”

Our present study body exceeds 5,000, more than 90 percent of whom are Virginia citizens. We have begun offering our first graduate degree, the master of arts in teaching. Our second graduate degree program, the master of science in applied physics, will begin in the fall of 1992, and other master’s programs are in the planning stages.

Colleges and universities, like cities and countries, grow and evolve. As an institution of and for the people of the Virginia Peninsula and beyond, CNC has reflected this growth and evolution in its own development. It is unfortunate in its own development. It is unfortunate that others are discomfited by our progress, yet we are CNC must define our own vision. Our name and our mission will evolve just as The College of William and Mary’s mission has evolved. If it were otherwise, W&M would remain, as it was at the beginning, a college limited to educating only Native Americans and clergyman.

-Anthony R. Santoro, president
Christopher Newport College
Newport News

Buzzin’ Becky



COURTESY OF CLIPART LIBRARY

Well I never thought this time would come, but with only two weeks left of classes we’re left to figure out how final goodbyes are going to go. Whether you’re an underclassman and have to say that final goodbye to your GPA or you’re a senior and have to say “peace out” to CNU — goodbyes are hard. As you spend your last couple of weeks at CNU, seniors try to take it all in. Look around and spend your last relaxing day out on the Great Lawn. Go grab a coffee in Einstein’s and procrastinate with your friends. Take in the fact you all live within 5 minutes of each other for the last time and have a dinner night (just try

not to set off the fire alarms because nothing is worse than scrambling to get your stuff together when the shrill is bursting your eardrums).

I suck at goodbyes. I’m so dramatic and assume the worst case scenario about everything. If someone’s tone changes even the slightest, I automatically think they hate me. If my text goes unanswered for more than ten minutes, that’s it: the person must be dead, right?

Take it one day at a time for now. Don’t rush the inevitable and automatically assume everything’s going to shit when you leave. You will be able to maintain relationships and continue to make new ones. Leaving CNU’s bubble won’t be the end of the world but will instead be a new beginning for your future.

If you’ve never taken the time to fully explore the area, take advantage of it. There’s a lot of cool things nearby and our Photo Editor, Macy, has even dedicated the next two pages to outlining some neat things! The countdown is real. Hope you’re officially ready to set the world on fire.

The end is near, how do I finish strong despite less than satisfactory grades thus far?

Well, that’s a little dramatic. You’re in good company.

It is true, yes the end is near. However this doesn’t need to be the end of your GPA. Hopefully you’ve been *somewhat* staying on top of your studies, but judging by the way this was presented it doesn’t sound too great. Push one of epi and charge to one hundred, because we’re about to revive your will to continue.

I shouldn’t have to stress it this much but... go to class! Do your readings. Get your assignments done in a timely fashion. Study well before your exam date. You may be able to knock out a decent paper in six hours, but you surely cannot successfully cram for an exam, let alone a final exam like that. It just won’t happen and it won’t be successful.

If you’re a senior, just keep moving. Your mom and dad will be so proud of your strong finish. My parents used to send me cookies during finals week and tell me to finish strong and that was my motivation - I did it for them. But now it’s time to find your motivation. You have to be a real adult soon, mom and dad won’t be there to hold your hand through everything for much longer. Keep going guys, you got this!

If you’re not a senior, don’t make problems for future you. It’s so hard to raise your GPA once you’ve completely wrecked it. Work harder and smarter and keep doing your thing, because soon you’ll be missing this being your biggest responsibility.

— Becky out

**Submissions have been edited for clarity and length.*

Oh, the Places You'll Go...

The weather is beginning to warm up. Here are a few places to soak up the sun.

BY MACY FRIEND
MACY.FRIEND.14@CNU.EDU

Since it's finally beginning to feel like spring, take a break between classes, homework and studying to enjoy

the great outdoors. While there are several things to do around Hampton Roads and beyond as it gets nicer out, here are just a few local spots to get you started. Whether you enjoy walk-

ing, riding your bike, jogging, photography or watching wildlife, this list is just the beginning of things you can do in the area when you have some free time. For a list of nearby beaches (featuring two of those seen on this spread), check out page 15 of Lifestyle. ■

Photos by Macy Friend



The Mariners' Museum and Park (100 Museum Drive, NN, 23606), ~1 min. drive: Explore the nautical history the Mariners' Museum offers, go for a walk along the five-mile Noland Trail or watch the sunset at the Lion's Bridge. This spot is a popular 10-minute walk from campus. If you watch the sunset, arrive about 20 minutes or more before expected sunset if you plan on driving, as you'll need luck on your side to find a parking spot.

4.8 mi.
from CNU



Riverview Farm Park (Riverview Pkwy, NN, 23602), ~10 min. drive: Whether you're looking for a hill to fly a kite, pavement to ride your bike on, or a flat surface for a jog, this place has more than meets the eye. If you drive past the entrance on your right, continue down this road until you can make a right turn, head to the end and turn left when you reach a metal gate. Behind the building ahead is a short path with a secluded pier overlooking the bay (this could be a sunset spot, if the Lion's Bridge is a bit too crowded).

5 mi.
from CNU



Sandy Bottom Nature Park (1255 Big Bethel Rd., Hampton Roads, VA 23661), ~10 min. drive: Whether you're looking for a hill to fly a kite, pavement to ride your bike on, or a flat surface for a jog, this place has more than meets the eye. If you drive past the entrance on your right, continue down this road until you can make a right turn, head to the end and turn left when you reach a metal gate. Behind the building ahead is a short path with a secluded pier overlooking the bay (this could be a sunset spot, if the Lion's Bridge is a bit too crowded).



Newport News Park (13560 Jefferson Ave., NN, 23603), ~20 min. drive: If you want to spend hours, look no further than this 143-acre nature spot. With several miles of trails, you can enjoy the different trails throughout the day. There are biking trails, paddle trails, and plenty of sunny spots for anyone looking to complete outdoor projects.

12.5 mi.
from CNU



If you're looking for somewhere you can
veral trails and parking areas, you can visit all
e boat rentals, outdoor cooking areas, wildlife
otoshoots.

ni.
U



, 23666), ~12 min. drive: This park offers many
il (extend your walk to about 5 miles by utiliz-
atch wildlife or take your dog for a walk.

15.5 mi.
from CNU



Historic Yorktown (425 Water St., Yorktown, 23690), ~30 min. drive: The beach here is another great loca-
tion to watch the sunset and take photos. You can walk around outside the historic buildings, walk the
trails or go down to the beach which overlooks the York River, visiting restaurants along the boardwalk.
While you're over there, you can drive on the Colonial Parkway and take in the sights.



Fort Monroe (1052 Fenwick Rd., Hampton, 23651), ~25 min. drive: If you like history and the beach, this is
a great spot. Like its name sounds, this area has forts from the early 19th century that provide a glimpse
into the past. Whether you want to go on a photoshoot or watch the waves (with occasional dolphin
pods surfacing just past the rocks), this location is great for a stroll on a warm day.

16 mi.
from CNU

17 mi.
from CNU



Grandview Nature Preserve (State Park Dr., Hampton, 23664), ~30 min. drive: This secluded area is a must-
see if you enjoy wildlife and beaches. After about a mile walk on gravel in between marshes and wood-
lands, there is a long stretch of beach looking out on the Chesapeake Bay. It's open from sunset to sunrise
and this is also a great place to bring your dog.

Burrows Places Second in Colonial Relays

Burrows looks to compete for his third Capital Athletic Conference Championship in the CAC Outdoor Championships.

BY PHOENIX HINES
PHOENIX.HINES.17@CNU.EDU

After establishing himself as one of the top throwers in program history during his freshman year, the senior member of the Christopher Newport Track & Field, Brendon Burrows, has not slowed down one bit throughout his career.

Burrows is from Painter, Va. and attended Broadwater Academy before attending CNU. During his time competing for the Vikings, Burrows dominated in three different sports; track & field, basketball and football.

When playing football, Burrows earned all-state honors as a senior. Come winter time, the three-sport standout was playing on the hardwood and received all-conference his senior year for his efforts as small forward. During the spring, Burrows would compete in his main sport, track & field, where he was a state champion his senior year.

Burrows has only been participating in track & field events since his junior year of high school. One of his high school teammates, who is a well-known thrower at William & Mary, helped coach him and improve his game.

During his freshman year, Burrows immediately burst on the scene as he won the conference championship in the discus event with a 46.11 meter throw. The thrower also competed on the CNU

Men's Basketball team his freshman year where he appeared in 28 games while earning two starts on the year as well.

He averaged 3 points per game and 2.6 rebounds per game during their season.

Onwards to sophomore year, Burrows kept his consistency in track & field by earning All-Region honors for throwing. He also won the discus at both the Salisbury meet and the Commonwealth Duals.

During his time on the hardwood, Burrow helped the basketball team reach the final four for the first time in program history during their 30-2 season. Burrows started 30 games that year while averaging 1.8 points per game and 2.3 rebounds per game.

Junior year, Burrows did not compete for the basketball team, but did continue his dominance for the track & field team.

He came in ninth in the discus throw during his time at the NCAA Outdoor Championships. He won his second conference championship while also earning a spot on the All-Region team in the discus after launching a 49.25-meter throw in the Capital Athletic Conference (CAC) meet.

Fast forward to senior year, Burrows is continuing his dominance in the CAC. Just this past weekend, Burrows competed in the Colonials Relay in Williamsburg, Va. and placed second for his efforts in the discus with a throw of 48.64-meters.



Senior Brendon Burrows has won a Conference Championship in basketball and track & field during his time here at CNU. KEVIN SEBESTYEN/THE CAPTAIN'S LOG

"My favorite part of CNU track & field is the connectedness of the team and especially my event group, the throws. We work day in and day out and we have made tremendous gains this year thanks to the strong foundation laid by previous seniors and Coach Napolitano.

Not to mention we didn't miss a beat with the coaching change this year," said Burrows.

Burrows has had a tremendous time here at CNU and looks to complete his legacy once he gets to compete in CAC Outdoor Championships, May 4. ■

Baseball Holds Longest Win Streak in the Country

CNU Baseball's doubleheader against Marymount University last weekend added onto their 17-game winning streak.

BY CAITLIN KING
CAITLIN.KING.14@CNU.EDU

After having to wait an extra day to show off their skills due to weather, CNU Baseball came out victorious, winning both games against Marymount University during their doubleheader this past Sunday afternoon.

These two wins were big for the team as they are now on a 17 game win-streak and have an overall record of 25-4 while being 9-0 in league play.

CNU's win is the longest win streak in Division III this season and the second largest streak in the nation across all three NCAA divisions.

Illinois-Springfield is the only school in Division II to have more consecutive wins in their past.

To start game one, sophomore Thomas Packert kept the Saints off the board for seven innings, only allowing three hits and striking out 10 batters.

To close his strong performance, he included five straight strikeouts.

While the Saints were being kept scoreless, the Captains quickly got on the board.

Freshman Conner Clark and junior Seth Woodard hit back-to-back singles to add the first two runs of the game.

The Captains were able to get the

score to 4-0 by the top of the seventh inning. With two on bases, senior Craig Johnson hit a two-run triple only inches from bouncing over the wall in center field.

To end the first game, Marymount managed to put two points on the board to avoid a shutout as CNU tallied their 16th straight win.

The Saints came back in the second game ready to fight. The score was 3-2 heading into the fifth inning. CNU gave themselves some breathing room as they scored seven runs in the bottom of the fifth inning.

Appearing a little lazy, they allowed Marymount to answer their seven runs with eight runs right away in the top of the eighth inning.

Woodard had enough of the back and forth scoring between the teams and hit a lead-off home-run across Moores Lane and into Captains Softball Park.

The game remained back and forth until Head Coach John Harvell called on junior John Anderson to pinch hit as he offered the game-winning blow.

This allowed Clark to run home and secure the Captains' second win over the Saints that day at 13-12.

The Captains return to action on Thursday April 12 at Salisbury University. ■



Senior Craig Johnson received a season high statistic of one triple during CNU's doubleheader win over Marymount University. FILE PHOTO BY MACY FRIEND/THE CAPTAIN'S LOG

Softball Extends Win Streak to Twelve in a Row

The No. 4 softball team improved to 21-3 after their victories over William Peace University in a doubleheader.



(Above) Sophomore second baseman Grace Wild batted 4-7 on the day against William Peace University while also recording four RBI's. (Below) Sophomore pitcher Aubrey Bates struck out 10 batters while only giving up three hits. **FILE PHOTOS BY MACY FRIEND/THE CAPTAIN'S LOG**

BY TARYN HANNAM-ZATZ

TARYN.HANNAMZATZ.16@CNU.EDU

The Christopher Newport University Softball team swept William Peace 6-1 in their first game and then later that night was victorious again with a score of 13-1.

This makes for a 12-game winning streak for the Captains. The team now has an overall record of 21-3 as they continue their season.

The Captains got off to a strong start due to the sophomore pitcher, Aubrey Bates, who only gave up a third inning single and no runs through the first six frames. Bates improved to 9-0 with the 6-1 victory.

The Captains batted in four fourth-inning runs from freshman catcher Emerald Cheesbrew and sophomore outfielder Tara Deck.

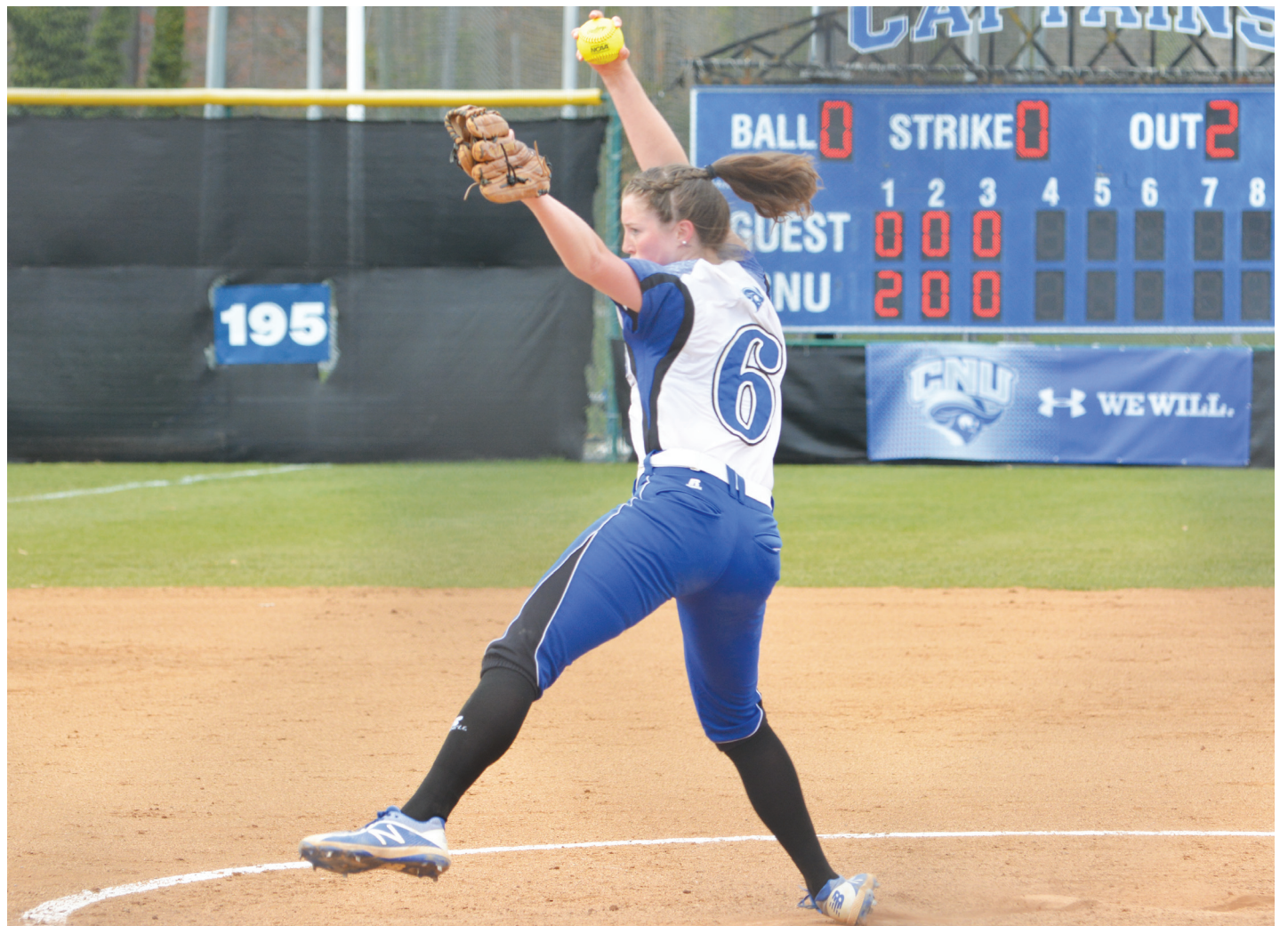
Senior center fielder Leah Andrews was three-for-three at the plate for the Captains in the opener.

In the second game, the Captains were successful again and sailed to the 13-1 win in a game shortened to five innings due to the eight-run mercy rule.

CNU scored in all five innings and ended up with 13 runs on 12 base hits. Sophomore second baseman Grace Wild was three-for-four and drove in four runs.

Sophomore Laura Kate Moss earned the win to improve to 4-3 on the year.

Moss struck out five batters and allowed just one unearned run over five innings pitched for the Captains. ■



"Antigone:" From Script to Stage

TheaterCNU's final performance of the semester tackles the age-old tragedy with modern themes.



(Left) Female lead role Antigone (Karese Kaw-uh) argues with sister Ismene (Cate Wells) over risking a proper burial for their brother Polynices. (Top) King Creon (Ben Atkinson) asserts his authority to his son Haemon (Trevor Boynton) who sides with Antigone. (Bottom) Creon's senators employ dramatic narration at the beginning of the performance and several instances thereafter. **PHOTOS BY MACY FRIEND/THE CAPTAIN'S LOG**

BY KRISTEN ZICCARELLI
KRISTEN.ZICCARELLI.17@CNU.EDU

Familial loyalties, gender stereotypes, morality and heroism come together for TheaterCNU's 2017-2018 final production: "Antigone."

The story of a woman's loyalty to her deceased brother, "Antigone" is arguably the ancient Greek Tragedian Sophocles' most renowned play. The tragedy is set in Thebes, Greece, revolving around Antigone's bold response to bury and honor her deceased brother Polynices in the face of King Creon's decree to disgrace him by leaving him unburied.

Addressing sophisticated themes, each character brought another perspective, lamentation or struggle that integrated well into the central storyline of Antigone's defiance of King Creon (Ben Atkinson). Directed by Richard Stephenson, TheaterCNU's version of Antigone was translated by Don Taylor.

Near the beginning of the performance, Antigone (Karese Kaw-uh) partakes in the famous dialogue with her sister and foil Ismene (Cate Wells). In one of the most emotionally tense scenes, Antigone's rejection of her subordination in society and bold decision to die for her brother clashes with Ismene's subjection

to the law and acceptance of her inferior position as a woman.

Adding to the fiercely powerful dialogue was their striking costume difference. Antigone's simple t-shirt and black pants visually emphasized her rejection of societal stereotypes. By contrast, Ismene's long dress highlighted her adherence to traditionally female dress and social roles.

"Antigone" featured relatively minimalist costumes and a single set design that emphasized the expressive and intricate dialogue between all characters. Dressed entirely in black were Creon's group of 'senators,' and the king himself wore a black suit with decorative gold and red accents in the front.

This minimalism was echoed in the simple single set. The set featured a few levels of ground and two towering arches that the characters creatively used to hide behind or make a memorable entrance. The uneven floor fostered a more visually appealing and versatile layout, allowing characters to move from foreground to background as they conversed, conspired and shouted.

In a particularly notable scene, Antigone is brought before King Creon to openly defy him and demean his faulty moral conscious. As their argu-

ment intensifies, Creon moves up the 'stairs' to higher ground, and Antigone responds in a subtle act of defiance by marching on top of a table to physically stand above him.

Throughout "Antigone," her fight for brother Polynices' honorable burial tackles deeper philosophical questions that shine through her arguments with Creon.

She defies his divine authority, telling Creon, "it's your law, not the law of God... you are merely a man, a mortal like me." Antigone's dialogue represents that her fight is more than a mere rebuttal to his decree, it is an attack on his authority and morals that 'offensively' equates him to her flawed, strikingly human self.

Along with this characteristic struggle between divine authority and the people, Antigone brought modern feminist arguments into a classical story. Creon scorns at Antigone's power and influence, shouting that she prefers him "playing the woman while she plays the king." Overall, the cast integrated this theme well, applying it to almost all aspects of the performance.

Snippets of mellow, classical music were timed with suspense, action and other notable instances. The minimal

usage of music served the overall emphasis of the dramatic dialogue, as each person's voice stood only against the silence of an attentive audience.

Several times, cast members gestured at the audience and referred to the people of Thebes. A highly appropriate and engaging tactic, it served to emphasize the support of Antigone's actions likely shared by many audience members against the tyranny and cold-heartedness of one king.

In fact, King Creon's epiphany and confession of his faults was the pivotal turning point of Antigone, as his former obstinance and cruelty appeared to be previously irreconcilable. As an audience member, it was satisfying to see his redemption, although the lives of Antigone and his son Haemon (Trevor Boynton) were already lost to his cruelty.

TheaterCNU's cast skillfully and creatively performed Sophocles' age-old tragedy. Most appealing to me was their adherence to the story of "Antigone," as they brought to life a production that was unique unto itself and stayed true to Sophocles' poetic genius.

"Antigone" will be performed from April 13-15. TheaterCNU's Fall 2018 productions include Shakespeare's "Much Ado About Nothing" in October. ■

Behind the Crumbling Pillars

TheaterCNU's final production showcases the classic story with several unique stage features.

BY CAROLINE TUCKER
CAROLINE.TUCKER.17@CNU.EDU

The sawdust settles after two hard days of work. Endless hours are spent in the theatre scene shop and days spent on paints and plans. Much of what happens on stage is crafted by the people backstage. This is the case of "Antigone."

The story of "Antigone" is a classic, literally. One of Sophocles' tragedies, it tells the story of a young girl struggling to preserve her dead brother's memory and honor while battling oppressive King Creon. The play deals with themes of civil disobedience, love for one's family and natural law.

Though much of performance relies heavily on the director and actors (especially with a historic play like "Antigone") the rarely-seen production team dedicates much of their time, energy, and strength to the final product.

Dr. Dave Shuhy was one of those individuals. A designer on the production of "Antigone" he shares his process

from script to stage.

"I began meeting with the director, Assistant Professor Stetkevych, last fall to learn about his vision of the script and understand what he wanted the production to say," Shuhy says. "The script is written to be larger than life and stylistically big, so that is something we focused on. Also, Stetkevych wanted to make this a statement about war and absolutism, without being about a specific place or time, so finding ways to merge the ancient and the contemporary scenically was an interesting part of the process."

As Shuhy hints, although "Antigone" is set in ancient Greece, the production brings everything forward in time. It starts shortly after the final battle of a war that has ravaged around the country. Only four pillars stand, crumbling from the toll of battles and violence, a choice made to invoke the feelings Stetkevych suggested.

The second production of the semester, "Antigone" is housed in the Studio Theatre.

The space offers multiple facets of

versatility, allowing performers to utilize techniques they could not accomplish with a mainstage. The floor can be removed and changed, seating is flexible and actors can move freely in the space to interact with the audience if they desire.

A new professor at Christopher Newport, Shuhy shares his experience working in the space.

"One of the biggest challenges I'm facing is just learning the spaces, what can and can't work in them. Also trying to get a sense of scale in a relatively small and confined space was an interesting process," Shuhy says.

The Theatre Department generally builds the set for a production over the course of one weekend. They enlist help from theatre technology classes taught by Professor Sweet and by Shuhy himself, as well as other students who have previously signed up. Throughout these two days, the team builds or removes floors, builds the set and paints and hangs lights. Students and teachers commit around eight hours inside the theater each day to create the beautiful

set piece that the audience sees when they enter.

Leading up to the opening night, depending on the size of the show and the amount of detail that needs to be dedicated to the set pieces, the production crew keeps working.

Theatre is all about collaboration and it was no different when approaching a show like "Antigone."

"Everyone depends on each other to make the world come alive. I talked to the lighting designer, the costume designer, the technical director, the director and even the actors to make sure what I was creating fell in line with the rest of the world. Everyone's choices impacts the entire production. There is nothing on the set that was created in a vacuum and without the insights of everyone else working on the production," Shuhy says.

Whether backstage or onstage, time, energy and many long days have gone into creating this great show that closes out the year for TheaterCNU. It's sure to excite any audience members who decide to attend. ■

Night Market Glitters and Shines

Third Annual Farmer's Market invites a wide range of students and community members to share their craft.



BY MORGAN BARCLAY
AND KRISTEN ZICARELLI
MORGAN.BARCLAY.15@CNU.EDU
AND KRISTEN.ZICARELLI.17@CNU.EDU

Aglow with the twinkle of Christmas lights and the radiance of lightsabers, the Night Market brought students and community members together Friday night, April 5.

An extension of the usual Farmers Market that occurs every Thursday afternoon, the Night Market is a unique event that transports the events of the Farmers Market to a night time venue, complete with a higher emphasis on student involvement.

Taking place in between the David Student Union and the York River Residence Hall, the majority of individuals in attendance belonged to the underclassmen residence hall, although many other populations were also in attendance.

With multiple formals happening that night, many students chose to attend in their formal dress. Ball gowns and tuxedos speckled the crowd, standing next to Jedis and overalls. All were brought together for the common purpose of hearing the sounds of live music, perusing the homemade goods and enjoying the night.

Picnic blankets and hammocks made perfect spots for individuals to listen to multiple live performances. From rock bands to acoustic covers, the makeshift stage was separated off from the rest of the event space by a line of Christmas lights and a few microphones, housing multiple local talents.

The event also gave clubs and individuals a chance to sell goods. From body scrubs to zines to handmade paintings, the Night Market featured many of the same draws as the Farmers Market, but with a

higher emphasis on student involvement.

"The Night Market was a really great way for me to put myself out there. The whole event had a good vibe and was super fun," freshman Madison Giorno recounted from the event.

Selling multiple handmade beauty products from her own business "Rose and Vine," she was able to improve her entrepreneurial skills as she improved her cosmetological skills. Although she loves the process of creating her scrubs, she shared that she felt very fulfilled at the completion of the event.

Beyond individuals, many clubs and fraternities were in attendance. Raising money for charity and raising awareness of their clubs, the Night Market offered a lot of foot traffic for their respective causes.

A wide collection of subcultures, the Night Market joined the community in a celebration of music, art and crafts. Community outreach chair for the Farmers Market club and the Head of the Decorations Committee for Night Market, Jacqueline Gillespie states that this was the true success of the event: "The market was designed to be a fun showcase of the subcultures of CNU and I think it was definitely a success."

Although the third annual Night Market, it is the first one planned and executed exclusively by the recently-established Farmers Market Club, and according to Gillespie, she has high hopes that it will not be the last.

The Farmers Market Club also sponsors the weekly Farmers Market event. The next Farmers Market will be on April 12 from 3-6 p.m. in the York Street. The final Farmers Market will be held on April 19 at the same time and location. ■

(Top) The sun goes down as student vendors, onlookers and shoppers line the York Street. (Bottom) Two students converse over the goods for sale. The Night Market featured exclusively student vendors, and many sold their own handmade goods. PHOTOS BY KRISTEN ZICARELLI/THE CAPTAIN'S LOG

CONTINUED FROM PAGE 1

Drag queen Sylvia Sterling, also known as CNU student Riley Wynkoop, had short pink hair and a black and white costume on for the show.

“Every Drag Ball is a different experience, but always a positive one. The queens always do a great job, and this year was no different,” says Wynkoop.

“I want people to know that although this is a free event, we’re the there for the purpose of raising money for Access AIDS, so it’s important that everyone comes with their spring break money next year and stuffs the jars so that Spectrum can continue to keep the event free for students.”

Drag queen Naomi Black hosted and emceed the entire event, engaging with audience members and calling students to the stage.

After the show, Black stuck around for photos along with the performers.

Each act and performance was unique in its own way. Some drag queens wore tight fitting outfits, while others had massive peacock feathers blooming from their clothing.

Wynkoop first learned about drag from a YouTube video two years ago.

“There was a drag queen who had a comedy web show, and I thought she was the most gorgeous thing on the planet. Seeing her really sparked my interest, and when I heard about the Drag Ball my freshman year, two years ago, I knew I had to give it a go. I brought a \$5 one piece swimsuit from Walmart and some cheap stones and hot glued them on. I did Applause by Lady Gaga, and my drag name was ‘Robin Savage.’ Oh how things have changed,” says Wynkoop.

“The reason Drag Ball is my favorite event is because I get to come back every year and show my peers, as well as myself, how much I have changed and grown from the previous year. Each year when I step out on stage, I’m displaying growth as an entertainer. This year I felt especially confident because I was listed as a professional, not an amateur. All the amateurs this year, though, slayed.”

Amidst all of the acts of CNU and surrounding areas’ drag queens, CNU’s Hypnotic Control performed.

“My experience at Drag Ball was, once again, amazing,” says Cassandra Gray, member of Hypnotic Control. “Dancing with Hypnotic for the last time as a senior was an experience I will always remember. The constant laughter with friends and fellow dancers at the Drag Ball left my heart so warm.”

For some students and CNU community members, this was their first ever Drag Ball; for others, supporting the drag community and attending events has become part of their routine.

“I love everything about the Drag Ball, but the best part is getting so much support from my brothers in Pi Lambda Phi, and getting to ‘kiki’ with the queens in the back dressing room. My fraternity brothers and drag sisters all in one room meant my two favorite worlds were colliding,” says Wynkoop.

Wynkoop says he receives an immense amount of support and unconditional love from his fraternity.

“I did not think that as a feminine gay man I would find a place in Greek Life, but every single brother has supported me on my road to success. They love me as Sylvia and many of them come to my shows. Brotherhood is unexplainable until you experience it the way that I have.”

Alex Burruss, Pi Lambda Phi chapter president, acknowledges the chapter’s appreciation for Wynkoop.

“He contributes so much to our organization that each and every one of the brothers are so proud to have him as a member. He loves us for who we are, and we in turn love him for who he is,” says Burruss.

Wynkoop plans to continue a career in Drag. He will perform in Virginia Beach at Croc’s Bingo on April 17, and Croc’s Drag Yourself to Brunch on April 29. ■

CNU Bucket List

Inspired by Kevin Hughes’ most recent ‘Campus Happenings’ email, this is for both those newer to campus and those leaving in only a few short weeks.

BY KATIE KRYNITSKY
KATIE.KRYNITSKY.14@CNU.EDU

- ☐
- VISIT THE NOT-SO-SECRET SECRET GARDEN

Located in the Ferguson Center, this garden is tucked away from main campus, and many students don’t know it even exists.
- ☐
- TREAT YOURSELF TO A BUFF CHICK WRAP

Commons makes the best Buffalo Chicken Wraps there are. If you haven’t tried one, make sure to make a trip over any Wednesday throughout the semester; your tastebuds will not be disappointed.
- ☐
- PLAY ON AN INTRAMURAL SPORT TEAM

As the sports level with the least time-commitment, intramural athletes take their competitions very seriously. You can’t buy the coveted “intramural champion” t-shirt at the Captain’s Locker or order it online, so teams get extremely competitive when it comes to game time. Form a team and play other CNU students or faculty.
- ☐
- TAKE A DANCE CLASS

Whether it is Afro-Caribbean, Modern or another type, fulfill that liberal learning curriculum requirement with a class in the Ferguson. Three credits for wearing a leotard and learning how to dance, how could you go wrong?
- ☐
- GO TO (AND STAY AT) A SPORTING EVENT

We are a Division III school, but if you didn’t know, Christopher Newport has the highest winning percentage out of all D1, D2 and D3 schools. That deserves some school spirit and support. Plus, all sporting events are free with your student ID. Whether it’s volleyball, basketball, an indoor track meet or a tennis match, don’t leave CNU without watching a few of your fellow student athletes compete.
- ☐
- EXPLORE NEARBY BEACHES

See page 15.
- ☐
- EXPERIENCE AN ART EXHIBITION

Recently, “The Elegant Universe” has been on display in the Ferguson Center, filling both the Falk Gallery and social media sites with blossoming, soft pink, yellow, blue and purple colors. Many different art exhibitions are featured on campus that you won’t be able to find anywhere else.
- ☐
- GO TO A CONCERT IN THE FERGUSON CENTER

Front row seats to see John Legend, Michael Carbonaro from “The Carbonaro Effect” or other “big-name” performers for only \$25. This ticket-price cap goes away after college.
- ☐
- VISIT THE FARMER’S MARKET

Warmer, sunnier days (specifically Thursdays) are for the Farmer’s Market. If you haven’t ever been to one, stop by one of the last two of the semester, on April 12 or 19 to see the world’s longest bunny, eat some freshly popped kettle corn and shop around at local vendors’ tents for unique, handmade products.

Soak Up the Sun at Nearby Beaches

Virginia Beach makes for great family vacations and weekend stays, but while at school take advantage of CNU's close proximity to sandy shores when the sun comes out.

BY ANNA DORL
ANNA.DORL.17@CNU.EDU

Warm weather is finally here and summer is approaching! If you've been dying to shed some stress from the last month of school and hit the beach, here are a few options near CNU.

HUNTINGTON BEACH

The closest to campus, Huntington Beach at Huntington Park is only about 11 minutes away in Newport News. The park includes a tennis center and a huge playground, making it perfect for families. The beach is on the James River and provides plenty of space to swim and fish, as well as a private boat ramp. Huntington Park is also home to the Virginia War Museum, which features America's military history.

YORKTOWN BEACH

Yorktown Beach is about a 30 minute drive, 15 miles away from CNU. These shores are on the edge of historic Yorktown close to the Yorktown Battlefield, where the British surrendered in the Revolutionary War. The beach features a downtown area with shops and waterfront dining and provides opportunities for swimming, boating and fishing.

BUCKROE BEACH

Just 20 minutes from campus, Buckroe Beach is located off the Chesapeake Bay north of Fort Monroe. Jet skis, paddle boards, and kayaks are available for rent through Hampton Watersports. A fishing pier with rentable rods is also available. The beach has a snack bar and shop in case you want a bite to eat or forget your sunscreen.

JAMESTOWN BEACH

Jamestown Beach is a little over 30 minutes from CNU. This scenic shore in Williamsburg is close to the historic Jamestown Settlement, a living history museum. The perfect spot for a picnic, this beach has plenty of tables and charcoal grills on a first-come, first-served basis right on the water.

GRANDVIEW BEACH

Located in Grandview Nature Preserve in Hampton, Grandview Beach is a secluded spot also half an hour away from campus. The preserve is a peaceful, picturesque place to watch wildlife along the Chesapeake Bay and is open to visitors year-round. Hiking and canoeing adventures are offered through Buckroe Beach Park nearby. ■

(Top) At the end of a walk through the wetlands and marshes of the Chesapeake Bay lies a secluded beach at Grandview Nature Preserve. (Bottom) Yorktown Beach isn't limited to its sandy coast, offering beachgoers the opportunity to walk trails and the battlefield. **PHOTOS BY MACY FRIEND/THE CAPTAIN'S LOG**



Spring 2018 CNU Farmers Markets

MARCH 15TH, 22ND, 29TH

APRIL 5TH, 12TH, 19TH

YORK STRIP, 3PM - 6PM

1000 UNIVERSITY PLACE, NEWPORT NEWS 23606



JOIN THE STAFF!

The Captain's Log is always looking for new members. If you're interested in becoming part of our team, email editor-in-chief Melanie Occhiuzzo at clog@cnu.edu

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