

## Thanksgiving Service

Page 4



Horrorscopes ... p. 7

Basketball ... p. 11

# The Captain's Log

CHRISTOPHER NEWPORT COLLEGE — OUR 25<sup>TH</sup> YEAR

NOVEMBER 20, 1986

VOLUME 18, NUMBER 12

NEWPORT NEWS, VIRGINIA

## Reconstructing happiness

By David Becker  
staff writer

CNC student Debbie Downes needs the help of her fellow students. Downes will travel to the Philippines for 10 days in February to help Operation Smile, and the senior art major is asking for financial support from the college.

Operation Smile is a team of plastic surgeons who travel to Third World countries to operate on people's faces.

Downes' responsibilities will include caring for the patients and helping to keep track of the files.

It is an intense program, which often involves seeing as many as 200 patients a day, with each day lasting up to 16 hours.

Initially, Downes became involved with the program after being injured in an automobile accident two years ago.

It was then that Downes decided to help those less fortunate than herself. Operation Smile provided her with the perfect opportunity to do so.

Downes said she sympathizes with her patients.

"All thier lives they live with deformities; they can't be who they really are," said Dow-

nes. "We give them happiness they've never had before; we give them their real identity."

Over fall break, CNC student Steve Cappendyck rode his bicycle to Washington, D.C., as an Operation Smile fundraiser.

Cappendyck, a member of the ROTC Ranger Club, asked one cent per mile for the approximately 280 miles he traveled.

On Wed., Nov. 26, from 7 p.m. to 1:30 a.m., the CNC Campus Program Board and Student Government Association will play host

Continued on Page 10 See Smile

### Campus USA

#### Students More 'Conservative' About Premarital Sex, Drugs, Politics

The Simmons Market Research Bureau poll also found American collegians spend a total of \$20 billion for tuition, room and board, \$5 billion for textbooks, and another \$20 billion a year for "items not directly related to school" like movies, clothes and fuel.

#### Three Cal State Editors Defy Ban of Political Endorsements

Papers at Humboldt State, Long Beach State and Fullerton all published endorsements last week, despite university regulations — upheld by a court in September — prohibiting the state-funded papers from participating in partisan state politics.

Humboldt State has demoted two editors in the last two years for taking similar stands, but paper advisor Howard Seeman says there'll probably be no punishment this time.

#### One in Ten Students Leave First Jobs After Graduation

Ten percent of the new grads are either fired or "strongly encouraged to resign" within the first year, Business Week Careers magazine reported.

The most common reasons: "failure to fit in," a misunderstanding of the grad's qualifications, "bad chemistry with your boss," and office politics.

#### Black Student Meeting 'Inspiring,' Students Say

Rev. Jesse Jackson, speaking at the Black Student Unity meeting at Penn last week, likened the meeting to the 1960 founding of the Student Nonviolent Coordinating Committee, which helped propel the civil rights movement.

Aurora U. student Cicely Killingsworth said the 500-student meeting "let us know we are not alone."

But Penn Black Student League President Conrad Tillard complained that Penn's refusal to let security officials search students at the door caused Muslim leader Louis Farrakhan to cancel his appearance.

The refusal was "a virulently, vehemently racist move," he said.

## Great American Smokeout

By David Becker  
staff writer

The Great American Smokeout is held each year on the Thursday before Thanksgiving. This year's date is Thursday, Nov. 20. The event is sponsored by the American Cancer Society, but thousands of other organizations, businesses, schools and hospitals join the nationwide effort.

The CNC Student Government Association is supporting the event this year by offering free "adoption papers" to non-smokers who wish to adopt their smoker friends.

The papers will be distributed in the Campus Center lobby at Christopher's on the day of the event, from 12 to 2 p.m. Additional "adoption papers" will be available in the SGA office, CC-229, through the holiday break.

This is the Great American Smokeout's tenth anniversary as an annual nationwide celebration.

The first mass movement by smokers to give up cigarettes was led by Lynn R. Smith, editor of the Monticello, MN, *Times*, in his own town in 1974.

Smith's idea, "D-Day," quickly spread throughout Minnesota. In 1976, it skipped west to California, where it became known as the Great American Smokeout.

In increasing numbers, hotels, restaurants and schools around the country are "kicking the habit."

See Warning Continued on Page 10



Brent Kilch

Presidential search continues

# THE CAPTAIN'S LOG OPINIONS

## MY SOAPBOX

### Summerville doing job

In ancient times they slayed the bearer of bad news. Unfortunately, it seems we haven't progressed much.

CNC's Vice President for Academic Affairs, Dr. Richard Summerville, has taken a great deal of heat recently for a *Daily Press* article that told of his report to the Board of Visitors concerning a phenomenon known as "grade inflation."

In his report to the board, Summerville presented figures that suggested that CNC professors award higher grades than is the norm at other institutions.

Singled out in the *Daily Press* article were the Education and Military Science departments.

I've gone on record on this page disputing that overall grade inflation exists and suggesting possible explanations for the skewed figures.

However, that does not mean that we should not talk about the possibility. It is wrong to dismiss the possibility, and it is wrong to attack Summerville for presenting the facts.

As vice president for Academic Affairs, Summerville should concern himself with the quality of education we receive at CNC.

That report, as well as his willingness to put himself on the "firing line" at CNC's Student Virginia Education Association meeting, reflected that concern.

Many students I've spoken with have been very concerned about the article.

However, they seemed more upset by the fact that the information was made public than with the information itself.

They said that potential employers see articles like this and doubt the credibility of a CNC degree.

That's the wrong attitude to have.

We should support Summerville's attempts to look for answers not fault him for raising the question to begin with.

We should also resign ourselves to the fact that grade inflation *does* exist in some instances.

Although you may not be willing to admit it, you (and, yes, I) choose certain classes because we've heard that the instructor was easy or because we've had the instructor before and know they aren't especially demanding.

Admit it. If seeking out those cases and correcting the problem will make CNC a better school, we should all support it.

And we should support Summerville, as well, for seeking to improve Christopher Newport, not torpedoing it, as some would lead you to believe.

*Patrick*

## Give up cigarettes today

*Emphysema. Lung cancer. Bad breath. Other forms of cancer. Cigarette burns in your clothes. Smokey smelling hair, clothes, car and homes. Second-hand smoke affecting others. Hundreds of dollars every year burned away. "But it relaxes me."*

Smoking is a nasty, expensive, dangerous habit. Even most smokers would agree. But millions continue to smoke, concocting frivolous excuses to hide the fact that they don't think they have the will-power.

Let me assure all you smokers that you do have the will-power, and today is the day to show it. A case in point:

Continued on Page 3

## Did you ever notice . . .

By Patrick Rockey  
opinions editor

...that you are the only sane driver on the road? Spooky, isn't it?

...that one size DOES NOT fit all?

...that when you approach a set of double doors and have to make a decision on which to pull, invariably you will pull the one that is locked?

...that you are the only one that realizes that Lionel Richie and Barry Manilow are actually the same person?

...that there aren't any memorials for casualties of Battle of the Network Stars?

...that Tommy Van Scoy of Van Scoy's Diamond Mine, who boasts that he hasn't raised prices since 1981, always fails to mention that prices for gems and precious metals have been plummeting since 1980? Come on, Tommy, the question is, have you lowered your prices?

...that even if you are in a huge ballroom, and the only smoker in the room is on the other side, his smoke will float straight over everyone else's head and land directly in your face?

...that if you ask a waiter how a certain menu item is, he's always just eaten it on his break, and, of course, it's superb?

...that these Smurf people are blue? Why is this?

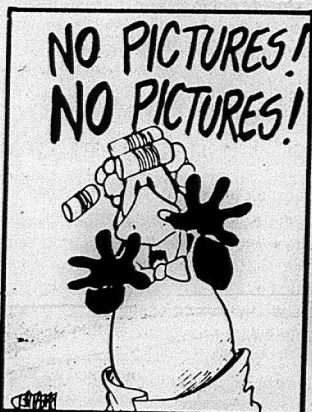
...that when salespeople ask you "How are you?" you usually respond "Just looking?" Now there's a step up for communication.

...that McDonald's always wants to sell you something else? "Care for a Hot Apple Turnover, a sundae, a new VCR or a 1986 Dodge Daytona?"

...that it annoys you when they interrupt your favorite show for two minutes of commercials, but you spend two hours on Sunday morning reading the sale papers?

...that even if you find something that you want to buy in the sale papers, these "Blue Laws" won't let you shop on Sundays? What are these "Blue Laws" and why are they blue? Does it have something to do with those Smurfs again? Or does God not want us to shop on Sundays? Is there an 11th Commandment that I am not aware of? And why is it OK to shop on Sundays during the Christmas season?

## BLOOM COUNTY by Berke Breathed



# THE CAPTAIN'S LOG OPINIONS

## Mr. Robertson's Neighborhood (revisited)

By L. S. Tarbuton

A young voter asks his father about the upcoming presidential elections.

"Dad..."

"Shut up kid, can't you see I'm talking to God?!!?"

"But Dad, why won't Pat Robertson become President this year?"

### Guest Editorial

"Will you hold one minute please? Because of the tyrannical liberal press which has destroyed his credibility."

They spread all sorts of false information about Pat and the mindless citizens will just follow along and vote for someone else."

Of course this is an absurd excuse for the lukewarm support shown so far for the Pat Robertson presidential campaign.

However, your guest editorial on Robertson, by Kevan Vanek, attempted to give this view some credibility.

He failed, mainly because there is no credibility to this view.

The media has a responsibility to cover the candidacy of Robertson since he does have a solid base of support and because he is rather controversial.

Vanek states that the media is denouncing Pat Robertson as a serious candidate. This is simply not true.

The press has stated Robertson's beliefs, both philosophical and political. They have not, to the best of my knowledge, misrepresented the views of Robertson.

The media is not at fault by reporting some of the inane comments that Robertson is so fond of spouting.

Although Vanek makes light of some of these statements, the fact remains that

Robertson believes he helped turn away a hurricane from the U.S. coast, and he has publicly stated that he talks to God.

These are well documented facts and as Vanek states, they do "sound ridiculous."

The press is not the biggest enemy of the Robertson campaign. Robertson's statements, preserved for posterity on the 700 Club, are the biggest obstacle in his

This is what a free press is all about.

Does Vanek wish to abolish the free press because it does not suit his candidate's whims?

The press has stated Robertson's views and if the early polls are any indication, the American public does not like what it hears.

Even with the dependence on the media

his religion and judge him on his "statesmanship."

How can people separate his religious and political views when the man simply refuses to do this himself?

Even if Robertson attempted to put some space between himself and his religion, how are we to judge his "statesmanship" when the man has never held a public office in his life?

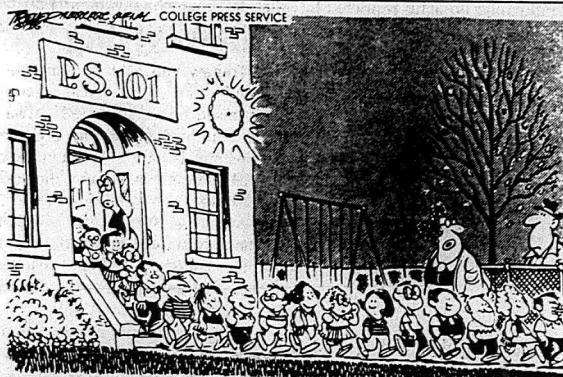
Vanek states that the media's "supposed" bias towards Robertson is an assault on our freedom.

This is a rather odd statement because Robertson's ultra right wing views on censorship, individual rights, and other civil liberties questions are much more of a threat to American freedoms than any supposed "tyranny of the majority."

One of the best protections of our freedoms is a free press.

They have shown Robertson as he really is: a religious figure with little political knowledge, masquerading as a presidential candidate.

To oppose free and responsible journalism is to oppose one of the basic cruxes of our society, and it is a dangerous and destructive attitude that should be fought at every opportunity.



"AN IDEA DRILL. ACTUALLY... ANY TIME AN IDEA BREAKS OUT IN A TEXTBOOK, THE ALARM RINGS AND THE CHILDREN EXIT IMMEDIATELY IN SINGLE FILE AND WAIT 50 YARDS FROM THE BUILDING UNTIL THE 'ALL CLEAR' SOUNDS...."

candidacy.

After ranting about the media bias, Vanek suggests that Americans are completely controlled by the press.

The news media is the source of most, if not all, of our daily information. In a sense, they do have control over how we view the world.

The press, despite some lapses, generally presents the news fairly. With this information, the public is left to make its decision.

for news, the public does not always follow the media's lead. Even after the press has uncovered unsavory facts about the Reagan Administration, the President still remains very popular.

Of course, whenever a candidate needs an excuse for a lack of support, media bias is always a good scapegoat.

The author makes several more interesting points that should be elaborated on.

Robertson wants us to separate him from

**The Captain's Log** welcomes responsible replies in the form of letters to the editor. Lengthier responses may be printed in the form of guest editorials, at the discretion of the editor. All letters and editorials must be typed double-spaced and signed. Name will be withheld upon request. All submissions are subject to editing for clarity and space. Letters and editorials may be submitted to CC-233 during regular office hours.

### Continued from Page 2

My mother smoked for nearly thirty years. She was what I consider a defensive smoker.

She knew about all the ill effects and how smoking was unpleasant for those around her (her four children included), but she got defensive anytime someone suggested that she give them up.

Well, about a year ago, a close friend of the family was diagnosed as having a cancerous tumor on the roof of her mouth.

My mother supported her throughout the many months of surgery, chemotherapy and recovery. She continued to smoke.

A month after this friend was released from the hospital, my mother quit smoking - just stopped cold turkey.

She just made up her mind and hasn't lit up a cigarette in nine months.

Today, Nov. 20, is the American Cancer Society's Great American Smokeout, a day when you are encouraged to give up cigarettes for 24 hours.

Take advantage of the opportunity to prove that you can do it.

Take one hour at a time. Soon one hour can become 24. And 24 hours can soon be 24 days.

Before you know it, you'll be telling your grandchildren how you gave up cigarettes 24 years ago.

By then, I hope they won't even understand what cigarettes were.

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# INSIDE NEWS

## Drinking controversy brings on another poll

By David Becker  
staff writer

A poll conducted this week at Christopher Newport College turned up some rather expected results.

The 24 students polled all agreed that alcohol does have its place on the CNC campus.

The students were divided into age groups, ranging in ages from 18 to 35 and over.

Fourteen of the students were between the traditional college ages of 18 and 22.

Six of the students were between the ages of 23 and 28.

Between the ages of 29 and 35 only one student was polled, and three of the respondents were over 35 years of age.

The poll, while in no way scientific, was a random sample of students at the college.

Students were asked, if they felt alcohol

should be served on campus, how to go about distributing it.

Of the sample, 11 felt that the "beer garden" method of distribution was the most effective. Five of the students felt that beer should be restricted to the Terrace Lounge.

If differing methods of alcohol distribution needed to be expressed, a space was provided on the questionnaire.

Along with several suggestions of allowing alcohol "everywhere," students also would like day-time drinking restricted to the Terrace, a double check of ID's by the bartenders, and one student even suggested that alcohol be totally restricted to Christopher's.

Of the students questioned, those who did not want alcohol restricted to the "beer gardens" had problems dealing with the concept of isolating certain students.

In a "beer garden" atmosphere, an area of the event's location is roped off, and you must be of legal drinking age to get into the area.

If it were possible to consider 24 students a "representative sample" of the entire CNC population, the results from this poll would be an outstanding factor in determining a new alcohol policy.

Alcohol does have a market on the CNC campus, and to eliminate it may possibly alienate more students than the new drinking age or "beer gardens" already have.

## Thanksgiving Service

For the fourth consecutive year United Campus Ministries will sponsor a college-wide Thanksgiving Service on Monday, November 24, at 12:15 p.m. in the Anderson Auditorium, A-105.

Dr. J. J. Powell, Dean of the School of Letters and Natural Science, will speak on "The Paradox of Thanksgiving."

Music students, under the direction of Dr. James R. Hines, will sing.

After the service, light refreshments will be served in the lobby.

This service, which is becoming a tradition at CNC, is open to the public and to all students, faculty, and staff.

## Secretary of Education to speak at CNC

State Secretary of Education, Donald J. Finley, will address the CNC faculty and students on Fri., Nov. 21, at noon in the Anderson Lecture Hall in the Administration Building.

The second speaker in the Dean's Colloquia 25th Anniversary lecture series, Dr. Finley will address the question of higher education in Virginia both now and in the foreseeable future.

Dr. Finley, holder of B.S. and M.B.A. degrees from the University of Richmond and an Ed.D. degree from the College of William and Mary, has been Secretary of Education since 1985.

Prior to assuming this post, the Secretary served as Deputy Director of Finance for the Commonwealth and as Assistant Director of the State Council of Higher Education.

This year marks his 16th year of continuous service to Virginia education.

Coming to CNC to continue the story of the State's commitment to higher education as begun with former Governor Mills Godwin's address to the students on Oct. 22, Dr. Finley's talk will place special emphasis on Virginia's urban schools like CNC.

All members of the student body, as well as the general public, are invited to attend Dr. Finley's address.

## The Great American Smokeout Senior Find-A-Word Puzzle

The 41 words listed below can be found in horizontal, vertical, diagonal and reverse directions. All words pertain to smoking, health and the Great American Smokeout. Circle words as you find them. Also, check them off the list. This puzzle can be reproduced in the school newspaper, or used as a classroom activity. Students can compete to see who can find all the words fastest.

S	A	E	R	C	N	A	P	C	I	N	O	R	H	C
I	T	N	A	N	G	U	P	E	R	F	E	K	V	E
T	H	L	A	C	I	M	E	H	C	I	L	I	A	L
I	E	T	O	X	I	C	Q	S	P	B	K	D	L	E
H	R	E	S	T	R	O	K	E	I	T	N	N	A	B
C	O	N	T	S	J	M	Y	U	H	C	I	E	R	R
N	S	T	E	Y	R	W	G	E	T	A	R	Y	Y	A
O	C	H	O	Z	R	E	R	I	F	Y	W	E	N	T
R	L	M	P	I	L	A	E	V	F	G	F	I	X	E
B	E	U	O	E	P	D	N	P	U	R	G	E	P	R
H	R	L	R	Y	V	D	Y	O	P	E	N	J	H	E
A	O	C	O	Z	K	I	S	S	M	L	U	G	L	C
B	S	E	S	Q	W	C	L	I	L	L	L	A	E	N
I	I	R	I	S	K	T	I	U	Q	A	U	S	G	A
T	S	H	S	A	G	E	T	U	L	L	O	P	M	C

Pulmonary	Gasp	Addict	Allergy	Kiss	Toxic
Pollute	Celebrate	Stroke	Tar	Purge	Cilia
Larynx	Pancreas	Lung	Habit	Fix	Ex
Quit	Cancer	Urge	Wrinkle	Tenth	Osteoporosis
GAS	Synergy	Ill	Puff	Lip	Phlegm
Repugnant	Ash	Therapy	Fire	Risk	Ulcer
Kidney	Live	Chemical	Chronic	Bronchitis	Atherosclerosis

AMERICAN  
CANCER  
SOCIETY

Take a day off from smoking • November 20, 1986

## "Unique" service offered

AUSTIN, TX (CPS) - Three enterprising University of Texas students have started a condom-delivery service in and around their Austin campus.

Despite the problems another student condom service encountered at Harvard, the UT students hope to franchise their idea - called "The Protection Connection" - to other campuses around the country.

It is, says partner Christopher Bray, "the perfect student business."

"Everyone dreams about starting their own business," adds Sid Graef, who along with classmate Christian Taylor, composes the rest of the company. "Everyone wants that feeling of success."

They're counting on students having other kinds of dreams, too.

"Everybody's going to be sexually active at some point, so they may as well be protected," Graef explains.

So during most evening and early morning hours, Protection Connection delivers direct to lovers' rooms six to 12 condoms or contraceptive sponges for prices ranging from \$5 to \$20.

Bray says the idea arose last month when one of the partners happened to mention the Japanese tradition of selling contraceptives door to door. Graef got enthusiastic enough about the idea to print flyers and post them around campus.

Bray says the phone started ringing within 30 minutes.

The campus Health Center soon bestowed legitimacy on the firm. "We pass out their information on venereal diseases and they distribute our flyers," Taylor says.

"Let the (uninformed) make the jokes. We are a serious business."

The idea was never accepted at Harvard last year, when six freshmen started "Spermbusters."

It lasted only "several days," says Darius Zoroufy, one of the student backers of the Harvard experiment.

It was deemed to be in bad taste unofficially by the school administrators," Zoroufy says.

"It was something they didn't want operating on campus."

Harvard prohibits students from operating businesses out of dorm rooms, a spokesman at the Dean of Students' office says.

She declined further comment on the subject, saying it would be "inappropriate."

"Yeah, there is a rule about that," Zoroufy admits.

"We decided it wasn't worth it to risk (disciplinary action). We were advised not to continue."

A lot of schools are nervous about dispensing contraceptives.

See condoms Continued on Page 10

# FEATURE FOCUS

## Little Shop of Horrors; new film by Frank Oz promises humor

Mushnik's Flower Shop is the sleaziest floral store on Skid Row. Wilting corsages, dark brown greenery and bums sprawled in the doorway add credence to the deep-rooted belief that whatever it is that lures people "downtown," it isn't flowers.

With business drooping lower than his Creeping Charlie, Mushnik has decided to throw in the towel and lay off his only two employees, the klutzy orphan Seymour and brave, blonde, battered Audrey. Then Seymour purchases a strange and interesting plant from an ancient Mandarin during a total eclipse of the sun.

And business blooms.

Customers converge on the shabby premises, attracted by the odd potted pod in the window. Christening his prize Audrey II in honor of his secret love, Seymour showers it with mulch, gro-light and affection.

But, as it develops, there's only one type of nourishment that Audrey II craves - and it's not available at your local nursery!

The Geffen Company presents a Frank Oz Film, "Little Shop of Horrors," released by The Geffen Company through Warner Bros. Produced by David Geffen and directed by Frank Oz, the monster musical comedy stars Rick Moranis, Ellen Greene and Vincent Gardenia, with a special appearance by Steve Martin and cameo appearances by John Candy, James Belushi and Christopher Guest.

The screenplay and lyrics were written by Howard Ashman and the music composed by Alan Menken, who collaborated on the off-Broadway and London stage hit on which the movie is based.

The stage hit, which has since blossomed into a perennial, was inspired by Roger Corman's "Grade Z" horror film of the same title. Shot in 1960 on an unbelievable schedule of two days and a night (largely because Corman was offered a storefront left over from another movie), "Little Shop of Horrors" went on to become a cult classic.

The time-frame, Geffen decided, would remain intact. Downtown, it is still 1960. Here, Seymour Krelborn (RICK MORANIS) toils slavishly for Musnik (VINCENT GARDENIA), who plucked him "as a tyke" from the Skid Row Home for Homeless Boys. In his basement bedroom, where he raises exotic foliage, Seymour pines for Audrey (ELLEN GREENE), the lithe, blonde salesgirl with the Betty Boop voice and cinema noir wardrobe.

But Audrey is literally a prisoner of love. Her steady crush - in more ways than one - is Orin Scrivello (STEVE MARTIN), a biker dentist whose delight for burning rubber is only exceeded by his joy for inflicting pain. When he isn't giving root canals a bad name or getting high on his own nitrous oxide, Scrivello spends most of his time putting Audrey in traction.

One night, in the depths of Mushnik's cellar, Seymour pricks his finger on a rose - and Audrey II gets her first slurp of RH negative.

Audrey II grows. Seymour grows anemic. Audrey II demands more "sticky, licky sweets." Seymour buys more Band-Aids. If Mushnik's prosperity and his exhausted errand boy are both to survive, fresh blood must be added to the floral food chain...

Seymour is played by Rick Moranis, one of the Canadian Second City troupe's non-fraternal "McKenzie Brothers," who breezed through "Ghostbusters" as Sigourney Weaver's randy next-door nebbish. His "Little Shop..." role as a botanical body snatcher required "more straight acting than anything I'd done before," says Moranis. "But the real attraction was the chance to sing. Until now, I'd been limited mostly to parody."

Ellen Greene, on the other hand, knew the role of Audrey "like a second skin," having played it for two years - in New York, Los Angeles and London. (*Time* magazine praised her portrayal of "a sweet, sexy,

See Horrors

Continued on Page 6




**Plan now for Spring RUSH!**

Sigma Pi International presents

## CASINO NIGHT

DEC. 5th, 1986

9:00 PM

Dance to D.J. Music

● Refreshments available ●

FEATURING

- ★ Slot Machines
- ★ Black Jack
- ★ Roulette Wheels
- and much, much more!

## LARGEST CASINO NIGHT EVER! WIN BIG!!

(watch for more details)



## First in a new series: Profiles in local rock Noise R' Us: Rock 'n' Roll, party animal style

By Marlon Burgoyne  
staff writer

It was a dark and rainy night. I crept down the semi-deserted streets of Norfolk, in search of an oasis called On Stage.

Finding the club tucked into a small shopping center with a latenight laundry and an oriental restaurant, I parked in the empty lot and happily went inside.

I knew that this was a good night to interview the band because it was mid-week, so there would be no crowds to wrestle with.

Sitting down directly in front of the stage, I waited until the right moment to approach Noise R' Us.

Not being able to locate "lead screamer" Rick Huth, I introduced myself to lead guitarist Ronnie Jacob.

He told me that Rick was next-door doing his laundry.

In addition to practicing, these guys not only work the clubs full-time, they also hold down "normal" daytime jobs as well.

So Rick was doing his laundry before the show. So much for the glamour of rock 'n' roll.

As I spoke to Ronnie about the rigors of not getting enough sleep, I met drummer Terry Glass.

**"A band is not one phenomenal individual. A band is a group of individuals working together."**

—Billy Pilcher

Terry came bounding up to our table, and picking up my lighter from the tabletop, turned the conversation to that of subjects I had never even contemplated.

Terry is like a walking volcano just about to blow. He did not sit down as he spoke to me.

As he turned to go backstage, I asked Terry if I could have my lighter back.

Bassist Billy Pilcher began to mutter, "Man, Terry, you've lost your touch...I can't believe it." They all sadly shook their heads in mock mourning.

About an hour later the club began to fill up. It was unusually crowded for a Wednesday night.

The lights came up and the show began.

Rick burst on stage in an outrageous outfit as Ronnie exploded into the opening riffs of Aerosmith. The crowd became increasingly enthusiastic.

I had expected a deserted, mid-week performance, and what I got was a show of "weekend calibre".

The second set, or "round 2", is what Rick refers to as "sing-along-time".

Rick and the audience alternate lines of well-known songs like Black Sabbath's "War Pigs" and Van Halen's "Everybody Wants Some".

To introduce one song, Rick began to tell a tender little story.

"This is a story that my Mom used to sing me to sleep with. If that didn't work, she'd just hit me over the head with something heavy."

Ronnie, then slammed into the first strains of Black Sabbath's "Children of the Sea".

For the uninitiated, this ditty is no bedtime lullaby, but a heavy-hitting song with a guitar solo by Ronnie that can make ears bleed when played at the correct volume.

The crowd loved it. By the time of the between-set break, the crowd was very excited and anticipating "round 3".

The cover tunes that Noise R' Us performs are not all standard songs.

They play lesser-known works by popular bands which include: Led Zeppelin, Judas Priest, AC/DC, Ronnie James Dio, and Alice Cooper.

When asked about the selection of songs, Rick Huth replied, "These are the songs that I have wanted to do for years."

Not only are they personal favorites, but Noise R' Us collectively feel that their songlist sets them apart from other local

bands because the material is different. I agree.

Says guitarist Ronnie Jacob, "From bar to bar, and band to band, you mostly hear the same thing."

He's talking from experience.

Noise R' Us is comprised of some of the "grand-daddies" of the local circuit. Rick has been in various bands since the age of 15.

Ronnie Jacob and drummer Terry Glass worked together in a previous band called Prophitt, as well as others individually.

Bassist Billy Pilcher joined the other two in another endeavor called Disguise the Limit.

Noise R' Us has been appearing at various clubs locally for about 9 months.

It is that showmanship quality that makes the Noise boys so much fun to see. Unlike so many local bands, these guys don't passively play their music.

This is not a band for nonparticipatory individuals.

They will get you to sing with it, scream at it, or bang your head to it, but what cannot simply sit there and take it. It is a "like it or leave it" attitude.

The Noise boys have a very amiable attitude toward their fans, even the overzealous ones.

Via microphone, Rick may semi-politely ask someone to leave the stage, but it's done good naturedly. Fans have a tendency to try to dance or walk across the stage.

Noise R' Us works together to produce a show that is geared toward audience participation.

Said bassist Billy Pilcher, "A Band is not one phenomenal individual. A band is a group of individuals working together."

I was impressed with Billy because he plays sans pick, without resorting to slap-bass.

He and Ronnie work together and successfully eliminate any gap that the absence of a rhythm guitarist could create.

Now combine a maniac of a drummer, who almost steals the show with a powerful solo in the final set, and a showman of a lead singer/screamer, and this concoction becomes Noise R' Us.

I asked them if they had a motto. They all laughed at the possibilities in that question, and then Rick became almost serious as he said, "It's unbelievable, but they're paying us to do this!"



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## Shop of Horrors

Continued from Page 5

slightly dizzy blonde with an Elmer Fudd lisp, wittle-girl wiles" and a voice that "buckles theatre walls.")

Vincent Gardenia insists that he was chosen as Mushnik because "Frank Oz liked my name." The Naples-born actor, who began his career as a teenager playing old men in New York's Italian theatre, calls Mushnik "a symphony of frustration. He's a man trying to cling to the past despite the depravity building around him."

At the root of much of that depravity is Steven Martin's Doctor Scrivello. (Call him anything other than "Doctor" and he'll joyfully rip your eyeteeth out.) As the leather-clad "leader of the plaque," Scrivello parks his Harley Davidson, dons surgical whites and bounces from room to room in his "one patient-no waiting" office armed with a variety of evermore alarming implements. Martin claims that Scrivello makes Lawrence Olivier's sadistic oral surgeon in "Marathon Man" look like a public benefactor.

Scattered through "Little Shop of Horrors" are cameos by several well-known comedic actors. Renewing his Second City rapport with Rick Moranis, John Candy plays Wink Wilkenson, the one-man radio station who introduces Skid Row listeners to "the weirdest stuff" in the world — like Seymour Krelborn's incredible plant. "Spinal Tap's" Christopher Guest is the first customer to put his money down for a magnetic Audrey II. James Belushi is a huckster with a plan to cross-pollinate her cuttings.

Within the complex interweaving of humor, music, fantasy, horticulture, set design, special effects, choreography, puppetry and the ultimate threat to civilization, the core of the movie is its characters, says Oz. "They have to be people you believe in...people you laugh with, not at."

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## Your Horrorscope: from our staff astrologist

By Patrick Rockey

staff astrologist

ARIES (March 21-April 19)

Be wary of sales on second-hand undergarments and Virginia state lottery tickets. Romances with those not of your species may prove illegal. Look to a Capricorn for help with that stuck zipper.

TAURUS (April 20-May 20)

It may be the month for that long-awaited Lebanon vacation. Expand your horizons - order the extra crispy instead of the original recipe at the chicken place. A Pisces and another Taurus play significant roles - Romeo and Juliet, probably.

GEMINI (May 21-June 20)

If traveling to Lebanon, remember to leave your "Hi, I'm a kidnappable American" t-shirt at home. Leading Middle East fashion magazines agree that those are definitely out this season. Persons of the opposite sex figure prominently. If she says they're just friends, don't buy it.

CANCER (June 21-July 22)

Don't eat anything that you can't pronounce or that is wrapped in sea-weed. This is the month to clean out the refrigerator. If offered the opportunity, accept the IBM presidency. Love relationship will end miserably this month.

LEO (July 23-Aug. 22)

Don't waste any stamps on those mail sweepstakes. People really *don't* win.

Avoid all produce labeled "Not fit for human consumption." Sagittarius, Aries and a nudist play significant roles this month.

VIRGO (Aug. 23-Sept. 22)

If Lucille Ball offers you a part in her next sit-com, think twice before accepting. If in a dispute with the electric company over billing this month, you will be in the right. Take a stand and don't pay. Aquarius, Virgo and Vepco figure prominently.

LIBRA (Sept. 23-Oct. 22)

If you are at a summer camp with twelve horny teens and several of them are murdered by a demented gentleman in a ski-mask, it might be a good idea not to stick around. Libra, Gemini and Jason figure prominently this month.

SCORPIO (Oct. 23-Nov. 21)

If you are planning to move into CNC's dorms next semester, it might be a good idea to make other arrangements. If vacationing in, Spottsylvania County, don't miss the varicose veins exhibit at the municipal museum. No one will play significant roles or figure prominently this month - it's your breath.

SAGITTARIUS (Nov. 22-Dec. 21)

This is your powerplay month! Put money on the Houston Oilers' Superbowl chances and invest heavily in companies with large loans to third-world countries. Capricorn, Cancer and credit agencies will figure prominently.

CAPRICORN (Dec. 22-Jan. 19)

Avoid eating at restaurants that advertise that no one has ever actually died eating their food. Your birthday may fall within this month. If you get a book for Christmas, lie and say it's just what you wanted. Sagittarius, Aquarius and Stradivarius will play important music.

AQUARIUS (Jan. 20-Feb. 18)

If traveling to a convention in the nation's

capital this month, don't expect to meet the president, the Senate majority leader or any famous cartoonists. Avoid "inside" jokes. Avoid partying with the dead. Avoid Virgo, Capricorn and corpses this month.

PISCES (Feb. 19-March 20)

If someone wants to bet you that Charlie Brown will actually *kick* the football that Lucy is holding, take the bet. You will receive long overdue recognition. Blame it on someone else. Questions may arise about your finances. Leo, Aries and the IRS figure prominently.



## New film stars Harrison Ford

Allie Fox (Harrison Ford) is possessed by a singular dream: to escape with his family to a pure, untainted world, a jungle utopia far from the corrupting influences of the modern world.

A fiercely independent man, Allie is fed up with the America of fast food, television, pollution, phony evangelicism and crime. Packing up his wife, two sons and twin daughters, he boards a freighter bound for the Mosquito Coast.

Based on Paul Theroux's best-selling novel, "The Mosquito Coast" is the exhilarating adventure story of how a family's quest for paradise becomes a terrifying fight for survival. A Jerome Hellman production for the Saul Zaentz Company, it has been directed by Peter Weir and stars Harrison Ford, Helen Mirren, River

Phoenix, Conrad Roberts, Andre Gregory, and Martha Plimpton. Paul Schrader adapted the screenplay from Theroux's novel. Jerome Hellman was the producer and Saul Zaentz the executive producer of the Warner Bros. release.

"The Mosquito Coast" reunites Harrison Ford with director Peter Weir after "Witness," for which they both received Academy Award nominations, and offers both artists an even broader canvas on which to display their prodigious talents. For Ford in particular, "The Mosquito Coast" provides his most challenging dramatic role to date. Audiences will see him as they have never before seen him, steeped of the romantic trappings of his previous portrayals.

## Campus police officer graduates with BA

Clarence Lassiter, a CNC campus police officer, graduated from the Langley Air Force Branch of Saint Leo College last Tuesday with a BA Degree in Sociology. He also has an Associate Degree in Police Science from Thomas Nelson, and a BS Degree in Criminal Justice from Wilmington College in Delaware.

Officer Lassiter served over 25 years as a Military Policeman, worked on the Hampton and Newport News Police Departments and was Chief of Police at the VA Hospital in Hampton, the Naval Weapons Station in Yorktown, and the Federal Reformatory in Petersburg.

In his spare time he bowls with a mixed

league at the Wythe Bowling Alley. Also known as the "Soul Demon," Lassiter has been a disc jockey for the past 12 years and has played at the Langley AFB NCO Club, and at various clubs in Delaware, the Philippines, Hampton, and Newport News - where he was the DJ for CNC's 25th Anniversary Dance.

Lassiter belongs to several fraternal organizations, including, Zem Temple No. 122, Eastern Star No. 13 of Hampton, Denison Consistory No. 191 of Texas, the Peninsula Council of Clubs, Retired Armed Forces Club of Hampton, and the Fraternal Order of Police in Newport News.

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# THE CAPTAIN'S LOG CAMPUS CLIPS

## Teacher applicants needed

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Since 1968, our organization has been finding vacancies and locating teachers both in foreign countries and in all 50 states.

We possess hundreds of current openings and have all the information as to scholarships, grants, and fellowships.

Should you wish additional information about our organization, you may write The National Teacher's Placement Agency, Universal Teachers, Box 5231, Portland, OE 97208.

We do not promise every graduate in the field of education a position, however, we do promise to provide them with a wide range of hundreds of current vacancy notices both at home and abroad.

## Homecoming

Homecoming this year will be Feb. 20 and 21. The "Boneshakers" will be playing at the Chamberlin's Virginia Room on Feb. 20. The Basketball game will be CNC vs. VA Wesleyan Feb. 21.

Elections for Homecoming Queen will be held Monday, Feb. 16, through Wednesday, Feb. 18, from 11 a.m. to 2 p.m. and 6 to 7 p.m. in the Campus Center. Any clubs wishing to have a young lady represent them should have the candidates name and phone number on the sheet of paper that will be attached to the SA president's door no later than Friday, Dec. 5, at 2 p.m.

Please let your candidate know that she will be contacted as to when her picture will be taken to appear in the *Captain's Log*. A letter will be given to each candidate with further information on

Homecoming. If your candidate has any questions, please have her contact the Homecoming Committee at 599-7197 or CC-229.

We hope that you will work with us so that we can make this a very enjoyable weekend for all. Thanks.

## Virginia choral society

Begin your Christmas season by treating yourself to a performance of George Frederick Handel's MESSIAH.

The VIRGINIA CHORAL SOCIETY, along with soloists Ann Brittan, Cynthia Donnell, Jackson Sheats, and Clifford Williams and members of the Virginia Orchestra Group, will present the complete work on Dec. 5 at Christ and St. Luke's Church, Olney Road at Stockley Gardens, Norfolk, and Dec. 9 at Our Lady of Mount Carmel Church, Harpersville Road, Newport News. Both performances begin at 8 p.m.

Plan now to experience MESSIAH with this truly superb 85-voice choir. An offering will be received. For further information, call 245-SING.

## Library announces holiday hours

During the Thanksgiving holiday next week the library will be closed Thursday, Friday and Saturday; and will reopen Sunday at 1 p.m., its normal time.

During exam week the library will be open on Sunday, December 7 from 1 p.m. to 10:30 p.m.

The normal schedule will be followed on Monday through Thursday, with extended hours on Friday, December 12 from 8 a.m. to 9 p.m.

On Saturday, December 13 the hours will be 9 a.m. to 5 p.m.

During the intersession period the library will be open from 9 a.m. to 5 p.m., Monday through

Friday, and closed on the weekends.

The only exceptions to this will be Christmas Eve, when it will be closed at noon.

## Volunteers needed

The Hampton Recreation Department's Center for the Arts and Humanities needs adult volunteers for its annual Santa Calls program.

Women are needed to serve as long-distance operators from the North Pole.

The men will be Santa Claus and talk to the children about their Christmas wishes.

The volunteers will be provided with forms which supply the pertinent information concerning the children.

The calls will originate from the C & P Telephone Co. building at Riverdale, where phones are made available compliments of the C & P Telephone Company.

The calls will take place on Tuesday, Dec. 23, 1986, starting at 5 p.m. A light buffet will be provided to the volunteers.

Anyone interested in being part of this very exciting and rewarding program may do so by calling the Hampton Center for the Arts and Humanities at 723-1776 or 723-1779.

## Social Work accreditation reaffirmed

CNC's Social Work Program, first accredited by the Council on Social Work Education in 1982, was notified on Oct. 31 that it has been reaffirmed as fully meeting the standards for accreditation for its BA in Social Work degree.

This accreditation will extend through 1990.

The program will have its largest class of students (over 20) in the history of the college coming into the Practice and Field courses this spring

and next year – a fitting way to demonstrate the viability of professional social work education on the Peninsula.

## "Collegiate Convergence"

Dance to the sounds of "Nocturnal Zoo" and "Velvet Paw" at the Christopher Newport College holiday "Collegiate Convergence." The festivities will be on Wed., Nov. 26, from 7 p.m. to 1:30 a.m.

College students from throughout the state are invited to attend the dance to help "kick-off" the holiday season. All monies raised will go to charities such as *Operation Smile*.

Join hundreds of college students from Virginia having fun so that others might smile.

For further information contact the CNC Student Government Association at 599-7197.

## Psychology club meeting

On Monday, November 24, 1986 at noon in W-110, Dr. Doerries will give a lecture entitled "How Do I Get Into Graduate School?" All interested students are welcome to attend.

## Thanksgiving food drive

American Marketing Association is conducting a food drive from Nov. 17-26 to help needy families on the Peninsula have a happy Thanksgiving.

Any packaged food would be appreciated. There are food boxes located in each building. Thank you for your support.

THE CNC CPB & SGA present

# "COLLEGIATE CONVERGENCE"

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**• VELVET PAW •**

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 \$4.00 (w/out CNC I.D.)

(a portion of funds to benefit Operation Smile)

## Pi Kappa Sigma Dance



## Sadie Hawkins Fall Dance

9:00 p.m.-1:00 a.m.  
 \$3.00 Guest/\$2.00 Student  
 (before 10:00 p.m. – \$2.00 & \$1.00)

Music: D.J.

# THE CAPTAIN'S LOG CAMPUS CLIPS

## Christopher Newport College Fall 1986 Examination Schedule — December 8-13, 1986

DATE	1st Period 8 a.m.-11 a.m.	2nd Period Noon-3 p.m.	3rd Period 4 p.m.-7 p.m.	4th Period 7:30 p.m.-10:30 p.m.
MONDAY Dec. 8	MWF 8-9 a.m.	MWF 11 a.m.-Noon	M 1-3 p.m. MWF 1-2 p.m. MW 1-2:15 p.m.	M 5:30-8:30 p.m. MW 7-8:15 p.m. MR 7-9 p.m. Monday Night Classes
TUESDAY Dec. 9	TR 9:30-10:45 a.m.	TR 2:30-3:45 p.m. T or R 2:30-5:30 p.m. TR 3-4:15 p.m.	TR 1-2:15 p.m. T or R 1-3 p.m.	T 5:30-8:30 p.m. TR 7-8:15 p.m. Tuesday Night Classes
WEDNESDAY Dec. 10	MWF 9-10 a.m.	MWF 2-3 p.m. MW 2-3:15 p.m. MW or F 2-5 p.m. MW 2:30-3:45 p.m.	MW 4-5:15 p.m. W 5-6:30 p.m. M 5-6:45 p.m. MW 5:30-6:45 p.m.	W 5:30-8:30 p.m. MW 8-9:15 p.m. MW 8:30-9:45 p.m. and Wednesday Night Classes
THURSDAY Dec. 11	TR 8-9:15 a.m.	TR 11 a.m.-12:15 p.m. TR 11 a.m.-1 p.m.	TR 4-5:15 p.m. TR 4-6 p.m. TR 5-6:15 p.m. TR 5:30-6:45 p.m.	R 5:30-8:30 p.m. TR 8:15-10 p.m. TR 8:30-9:45 p.m. Thursday Night Classes
FRIDAY Dec. 12	MWF 10-11 a.m.	MWF Noon-1 p.m.	MWF 3-4 p.m. MW 3-4:15 p.m. M 3-5 p.m. W 3:30-6:30 p.m.	Departmental Exam Biology 101
SATURDAY Dec. 13	S 9 a.m.-Noon			

### Important Notes from the Office of the Registrar

- No final exams will be given during the last week of classes.
- Students are required to take all of their examinations at the time scheduled, except:
  - Where conflicts occur
  - For illness
- Students should contact the individual instructor by Dec. 6, 1986 for any exceptions.
- NOTE TO FACULTY:
  - Graduating seniors will be graded on separate grade sheets due in the Registrar's Office 24 hours after each final examination.
  - All other grades are due in the Registrar's Office 48 hours after each final examination.

## ADVANCED YEARBOOK ● S ● A ● L ● E ● S ●

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**For Rent:** Large bedroom in Farmington. \$50 per week (\$50 refundable deposit). Kitchen and laundry privileges. Call Linda at 826-4169 (H) or 727-2069/2646 (W).

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# INSIDE NEWS

## Condoms Continued from Page 4

Indiana University dorms, for example, are selling condoms for the first time ever this fall, but only under the stipulation the dorms don't promote or advertise their availability.

Nevertheless, some ideas die hard. Harvard's Spermbusters may begin anew.

"We have thought of reviving it," Zoroufy says. "We are looking at a few different ways of making it legal. But, even legally, I'm sure the university will not look kindly on it."

If and when the business rises again, Zoroufy resolves Spermbusters will keep its motto, "Guaranteed to come before you do."

But if Zoroufy is serious about making Spermbusters go, he should drop the slogan, UT's Bray warns.

"How could they be taken seriously with a slogan like that? It's absurd. Why would we (joke) and sabotage our own business?"

## Surgeon General's warning: smoking is hazardous Continued from Page 1

Smokers in the United States today are vastly in the minority. Nonsmokers outnumber smokers by more than 2 to 1, with the percentage of adult male smokers dropping from 42 to 33 percent from 1976 to 1985, while female smokers dropped from 32 to 28 percent during the same period.

Larry Hagman, National Chairperson for the 1986 Great American Smokeout, demonstrated his commitment to the non-smoking cause by returning to head up the event for the sixth consecutive year.

Last year, Hagman brought national attention to the smoking problems of women and nurses by "adopting" a California nurse for the day and encouraging her not to smoke.

As a college community, CNC will show

their support of this day-long event by participating in the adoption program, in the same manner as Hagman.

Below are some general facts on smoking and health. Please read carefully and consider them as you prepare to join the Great American Smokeout on Thursday, Nov. 20.

- ★The risk of developing lung cancer is 10 times greater for smokers than for non-smokers. Those who smoke two or more packs of cigarettes a day are 15 to 25 times more likely to die of lung cancer than nonsmokers.

- ★Cigarette smoking and lung cancer death rates among blacks exceed those of whites.

- ★Cigarette smoking has been implicated as a cause of cancer in parts of the body other than the lungs, including the mouth, pharynx, larynx, esophagus, bladder, and pancreas.

- ★More than 320,000 Americans will die prematurely this year of diseases linked to smoking. That's as many as have been killed in all the wars fought in this century.

(Data compiled from American Cancer Society fact sheet.)

## Smile

Continued from Page 1

to college students from all over the state of Virginia as they present "Collegiate Convergence."

The dance will feature the music of Nocturnal Zoo and Velvet Paw. College students from throughout the area are invited to attend, and a portion of the money raised will go to fund Downes' trip to the Philippines.

On Dec. 2 at 9 p.m., there will be another fundraiser dance for the organization, this time at Rouge's.

For a \$15 donation, you can dance to the music of The Drifters and The Platters. At

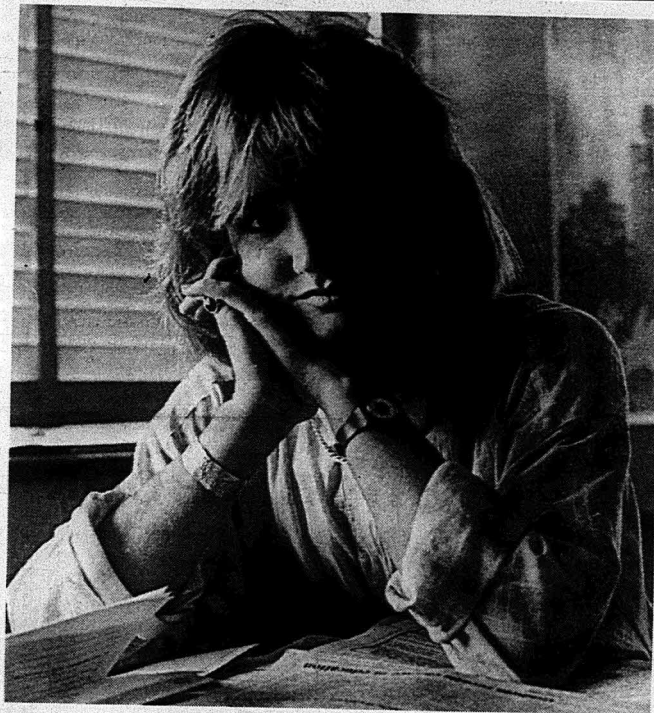
Rouge's, the medical team and executive directors of Operation Smile will be available to answer any questions you may have about the organization.

Downes is urging the individuals and organizations of CNC to help her raise the money needed for the trip, which she estimates will cost nearly \$1,500.

Operation Smile is operated on donations only; therefore, any contributions would be greatly appreciated.

Send all donations to: Operation Smile, 400 W. Brambleton Avenue, Norfolk, VA 23510. For further information call (804) 625-0375.

For additional information about "Collegiate Convergence," contact the SGA in CC-229, or phone 599-7197.



KC Howell

## AUDITIONS 87

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# THE CAPTAIN'S LOG CNC SPORTS

## Men's and women's basketball is rolling

By Chris Goddin  
sports editor

CNC basketball will be in full swing starting Fri., Nov. 21, and both the Captains and Lady Captains will be striving to match or better last season's success.

Both teams were Dixie Conference champions last season and also participated in the NCAA Division III tournament.

For the Captains, last season's success ended a four-year losing streak for the team. This year, instead of getting back into a rut, the Captains will be trying for another winning season.

Matching last season's success is going to be tough though. The reason is the loss of All-America Buck Moore, who led the Captains to their greatest season ever.

"We'll never get as talented an offensive player as Buck," said Coach C. J. Woollum.

Two other starters, Keith Cobb (guard) and Joel Fortune (center), as well as the team's sixth man Broderick Royce, were all seniors and will be difficult to replace.

Senior Carl Haynes, a starter last season, does return. He averaged 10.2 points and 7.6 rebounds per game, despite missing ten games with a broken wrist.

He was also named Most Valuable Player of the Dixie Conference Tournament.

Senior Jerome Nicholson, also a starter, returns. He stepped into the point guard position last year as a transfer.

He averaged 7.3 points per game, but set a school record with 200 assists. He, along with Haynes, earned honorable mention All-Dixie Conference honors.

Others returning from last year are Mark Bryson, Walter Moody, Rodney Bradshaw, Brian Schuhart, and Bev Vaughan. All of these players will be a major factor this season.

The newcomers to the team will also play prominent roles.

Jesse Shaw, a transfer from Hampton University, will challenge for a small forward slot.

Freshmen Troy Wright, Shaun Gabbidon, and Tim Krisik will look particularly strong and all bring excellent credentials from their high schools.

Two other freshmen, Craig Bryant and Todd Spertling, are from smaller programs but appear to have lots of potential.

"I feel the freshmen will have a smooth transition in going from high school ball to college ball," said Woollum.

The Captains' pre-conference schedule is going to be very tough, with no guaranteed wins in the schedule. "If we can get through November and December with our heads above water, then we'll be OK," replied Woollum.

The Captains start their season at an away game against Hampden-Sydney College.

When asked if he thought starting with an away game would affect the team, Woollum said, "I'd start every season with an away game if we do as well as we did last year."

The Lady Captains are also going to have a tough season. Coach Susan Zachensky-Walthall lost four from last year's team, three of whom were starters.

This season the Lady Captains will be playing with five freshmen, two sophomores, and three seniors.

The ladies on the team are: Victoria Araci, Allison Murray, Kim Cameron, Vann Brown, Eyvonne Bookwalter, Lou Long, Beth Spurell, Pam Stewart, Rory Peets, and Alisa Fox.

The Lady Captains are short on experience this year but have a very talented squad.

"How well we do will depend on the adjustment of the freshmen to college ball," said Walthall. All the freshmen were starters on their high school teams.

The team will have a lot of depth, especially after the freshmen become experienced in college ball.

They've got the tallest player ever for CNC in Brown and an excellent backup guard in Bookwalter.

Cameron played AAU basketball and was the most valuable player. Murray was the high scorer on her basketball team.

The team is in better physical condition this season. Basically, Coach Walthall is going to run the team just as she did last season, but a lot will depend on the defense.

"If you run a good defense, then the offense will come," said Walthall.

Right now the old girls will be the starters. The freshmen are all strong and all in different positions so everyone should see playing time.

"If you have a set five who play all the time, then the rest of the players aren't as enthusiastic," said Walthall. "So we're going to work on making all the players good enough to start."

The only problem the Lady Captains may have this season is foul trouble. The team is aggressive but needs to learn body control.

The opposition for the ladies is going to be tough. The conference is getting tougher each year and now has seven strong teams, with six of them pretty much equal.

"I'm anxious to get started so I can see what we'll do," said Walthall.

The Lady Captains will start their season on the home floor against Mary Washington at 7 p.m. in Ratcliffe gym on Fri., Nov. 21.

When asked if she thought the home floor would give them an advantage, Walthall said, "Yes! We've practiced at home and our scrimmage has been at home so I think it will really help. The fans being there will also play a big part in it," added Walthall.

The season is going to be a long one, running from Nov. 21 to Feb. 28, and both the Captains and Lady Captains need your support.

All students, faculty, staff, and alumni are encouraged to come out and support your teams. Schedules can be picked up in the sports information office in the gym.

## Club formed

By Jeanne Everett  
staff writer

Are you a joiner? If so, there is a new club in the paper mill, and Mr. Scott Black, coordinator for the weight room, is collecting the names of interested students.

For the purpose of introduction, we'll be original (and somewhat inclusive) and call this fetus of the Athletic Department the CNC Strength Building/Weight Lifting/Body Building/Athletic Training Club.

The purpose of this club is to bring together those students with a vested interest in the weight room.

Presently, usage of the room is restricted, dependent upon the availability of someone to oversee the facility.

Black would like to see the equipment used by more students in whatever ways would meet their individual needs in terms of strength building.

With club members to supervise the use of this improved facility, the weight room can be made available for longer hours, possibly to include semester breaks.

It is envisioned that this club will primarily be a social organization but will include educational exchange. The latter can include in-service training programs for competitive weight lifting or body building.

The Athletic Department has agreed to host a state weight lifting championship in January if there is a club to sponsor the event.

Black said this would be a good meet for a new competitor since there will be both collegiate and open divisions for men and women.

He also said there are not many competitive lifters in the state. Black will work with anyone interested in entering the meet.

Black would like to see the weight room used by more students in ways that would be beneficial to them.

He feels this can be done, in part, through club members. For more details, contact Scott Black, extension 7352.

## INTRAMURAL MIXER

DEC. 3, 8-12 PM

BACK OF THE TERRACE

CHAMPIONSHIP AWARDS!  
ARMWRESTLING TOURNEY  
NAT'L FLAG FOOTBALL,  
CHAMPIONSHIP GAME!  
INTRAMURAL BLOOPERS!!

# THE CAPTAIN'S LOG CNC SPORTS

## ATHLETES OF THE WEEK

**KAREN HUMPHREY** - The junior from Richmond, Va., placed 11th at the NCAA Division III South Regional to win All-Region honors.



**RICK LONGOBARDI** - The senior goalkeeper from Hackensack, N.J., had one of the best weeks of his career. He recorded 10 saves during CNC's 1-0 loss to Bethany College in the NCAA South Regional and made four stops in the Captains' 1-0 win over Lynchburg in the VISA semi-finals. The shutout was his 10th of the year, a new school record, and 30th of his career.

## Soccer team hosted VIAC finals

The Christopher Newport soccer team played host to Longwood Wednesday at 2:30 p.m. for the Virginia Intercollegiate Soccer Association (VISA) championship in a rematch of the last regular season game.

The Captains made their way into the title game with a 1-0 win over Lynchburg in the semi-finals.

In that game, senior Bill Dittmar scored the winner, with an assist from senior Lui Fiscella.

Meanwhile, CNC senior goalkeeper Rick Longobardi picked up his 10th shutout of the season.

The win moved CNC's record to 18-4, far and away the greatest season in CNC history.



John Fitzgerald, of CNC, in muddy NCAA semi-finals.

## Scott Black, new at CNC

By Jeanne Everett  
staff writer

There is an exciting, and excited, new person on campus. If you hang around the Athletic Department, his enthusiasm very possibly has caught you.

If, on the other hand, the area beyond the Campus Center is foreign territory to you, you might want to venture that way to check out the changes that have taken place in the Ratcliffe Gymnasium.

Scott Black reached CNC via a diverse route which began in Richmond.

Later he traveled to the Soviet Union where he studied weight-lifting. Then he went to Atlanta, Ga., where he taught physical education.

He said that he is happy to return to his home state where, as a member of our Athletic Department, Black is the strength coordinator for all sports. He is also the assistant track coach for throwing events, such as shot, discus, and javelin.

Black has a master's degree in physical education. However, he is working with members of all our sports teams.

He has been competing in weight-lifting events since 1972, including two appearances with the United States team overseas. He is presently training with the hope of future competition.

Although Black has been on campus only a few weeks, he said that members of the women's track team have already doubled their leg strength.

The word of their success has spread to the basketball team which is presently with Black on pre-season training.

Their program is geared toward improvements in vertical jumps, speed of ball handling, and body control.

Black said that strength building is a sophisticated science and that those involved in competitive sports need to be in training all year round. He also said that athletes must know what kind of training to do.

Part of Black's job is to establish training programs based on specific needs in which every workout is unique.

Black emphasized that along with the goal of building strength, there is the equally important goal of preventing physical injury.

Athletes properly trained do not sustain as many injuries. This is important to the individual as well as to the team.

Recently, the Athletic Director moved its training center to a larger, more comfortable room.

The equipment includes a complement of Nautilus machines and a full complement of olympic-style free weights such as those used in the last Olympic Games. Black said that a class of 30 students can be accommodated at one time in this air-conditioned facility without crowding.

Additionally, Black said that this training center can meet virtually any need by exercising imagination in the use of the equipment.

"For rehabilitation, for strength training for sports, for conditioning or body building, or for any form of competitive weight lifting," Black said, "we have more than enough equipment."

One of Black's concerns is education in terms of strength training which is "The Thing" now.

However, he said that there is a lot of misinformation being distributed so that a lot of people are working hard and getting nothing because they don't know better.

Black plans to change this by working first with our sports teams and then with other students who express such an interest.

## Cross country

By Wayne Block  
sports information director

Senior Steve Kast was CNC's top finisher as the Captains placed sixth at the NCAA Division III South Regionals at Washington & Lee.

Kast placed 18th in 28:25 over the 8000 meter Washington & Lee course.

Sophomore Bob Harvey was 19th (28:27), freshman Donny O'Beirne 26 (28:53), junior Keith Marshall 32nd (29:29), and junior Robert Taylor 46th (30:18).

Junior Karen Humphrey was the Lady Captains' top finisher. She was 11th in 23:18 for five thousand meters. That earned her All-South Region honors. Freshman Liz Baily was 24th (25:40) and sophomore Balsorah White 50th (30:16).