

The Captain's Log

VOLUME XVI, NUMBER 19

CHRISTOPHER NEWPORT COLLEGE

FEBRUARY 14, 1985

Scholarship Deadline Approaches for this Coming Fall Semester

by Scott Simkins

Deadlines for scholarships and Federal financial aid are approaching in the next several months.

The first deadline, March 1, is for the 1984-85 Scholarship Program of American Mensa, Ltd. Membership in Mensa is not required to apply for their awards of \$1,000, \$500, \$200, and \$150. And in addition to these regular awards there are two more special awards from Mensa.

The Rita Levine Memorial Scholarship awards \$500 to a female returning to school after an absence of seven or more years. The Howard M. Turney Financial Aid Program awards \$1,000 to a student of engineering, mathematics, medicine, or the physical sciences (however, for this award, a score in the top two percent on a standardized IQ test is required).

March 15 is the deadline for scholarships sponsored by the Virginia Society for Hospital Public Relations and Marketing. An interest in Public Relations in the health care field is not required to apply for these awards (one for \$1,000 and one for \$500) for rising juniors and seniors. These awards are for students enrolled in Mass Communications, English, Journalism, Graphics, Marketing, or related fields.

An award of \$500 from the Richard A. Meade Student Teaching Scholarship is offered by the Virginia Association of Teachers of English. Rising seniors who will be doing their student teaching in English are eligible to apply for this scholarship but they must apply by April 1.

The Phi Chi Theta Foundation has a deadline of May 1 for its Scholarship Awards for Women in Business and/or Economics.

National Poetry Contest Deadlines and Rules Posted

International Publications out of Los Angeles, California has announced its Spring College Poetry Contest.

The National College Poetry Contest, Spring 1985, offers \$200 in cash and book prizes.

All accepted poems will be printed in the Spring collection of *American Collegiate Poets*, a semi-annual anthology that encourages and exposes literary talent among college students all over the country.

The contest is open to all students. The poem may be written on any theme in any form, but the poem's length must not exceed 14 lines. Foreign language poems are welcome.

All entries must be typed, double-spaced and printed on only one side of the page. Each poem must be on a separate sheet.

The name and address of the student as well as the college attended must be printed in the upper left-hand corner. A student's name and address must be on the envelope also.

An initial \$1 registration fee must accompany the first poem and a fee of 50¢ for each

There will be three \$1,000 scholarships for the academic year beginning in September 1985 for women students seeking degrees in business or economics.

To qualify, applicants must be full-time women students in approved college or university courses seeking degree status who have completed at least one semester of college study in the U.S.

Applicants must meet criteria of scholastic achievement, leadership potential, motivation, and financial need.

Applicants must also supply a scholastic summary, budget, personal information sheet, and two letters of recommendation, one from one of the applicant's professors, and the other from the Dean or the chairman of the applicant's department of study.

Applicants hoping to receive Federal financial aid, must apply by May 1 to be eligible for the 1985-86 school year.

Pell Grants, Supplemental Educational Opportunity Grants (SEOG), College Work-Study, National Direct Student Loans (NDSL), and Guaranteed Student Loans are the Federal programs which are available.

A CNC Application for Financial Aid and a Need Analysis Report from the College Scholarship Service (CSS) must be on file to be considered an on-time applicant.

For application forms or more information on these forms of financial assistance, contact the Office of Financial Aid, located in Room 239 of the Administration Building.

Their hours are from 8 a.m. to 5 p.m., Monday through Friday, and their telephone number is 804/599-7170. Or, interested persons may write the Office of Financial Aid, Christopher Newport College, 50 Shoe Lane, Newport News, Virginia 23606.

additional poem. It is requested that no student send more than ten poems.

All entries and fees should be sent to International Publications, P.O. Box 44044-L, Los Angeles, California 90044. Deadline for entry is March 31.

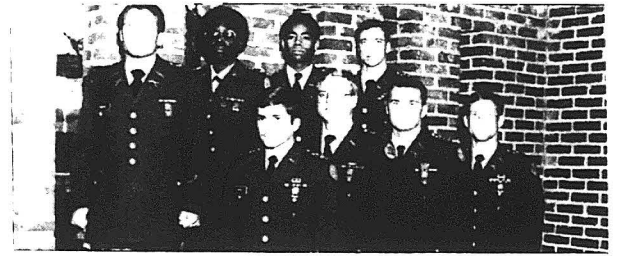
PLC Training in English for the Foreign-born

The Peninsula Literacy Council is offering a 12-hour workshop for those who are interested in teaching conversational English to foreign-born people.

The first of four training sessions in this workshop will be held on Wednesday, February 20 at 6:30 p.m.

The session will be conducted in Room 302 of the United Way Building at 1520 Aberdeen Road in Hampton.

The registration fee for this course is \$12. All interested persons should contact Helen Lyon at 838-5300.



Pictured above are: first row: Michael Pepe, Dennis Kennedy, Mike Downes, and Marco Connors; second row: Bob Torche, Hasty Bibbs, Pat Holt, and Zack Randall. These cadets have been selected for active duty following this semester.

photo by Billy Garrett

ROTC Students Selected For Upcoming Active Duty

by Bob Torche

Eight ROTC students at CNC, Michael Pepe, Dennis Kennedy, Mike Downes, Marco Connors, Bob Torche, Hasty Bibbs, Pat Holt, and Zack Randall, have been selected for active duty.

The active duty selection began back in 1981 for most of the cadets. In 1983 they completed their final Assessment Packages which were forwarded to Fort Bragg, North Carolina, along with 3,987 others from throughout first region colleges.

Competition for active duty is tough. Cadets must prove themselves in many areas of military training. In addition, being

physically fit and successfully completing Advanced Camp are required.

CNC placed 83 percent of its cadets on active duty. This figure is far above the norm of about 60 percent throughout the first region's 113 remaining colleges. The cadets feel that their dedication and devotion gave them the discipline and desire to succeed. These future Army officers will be commissioned in their respective branches in May.

Most ROTC graduates will be earning about \$18,500 to start. Lieutenants Bibbs and Torche will earn a higher starting salary due to prior military service.

Cathedral Woods Area Landscaping Plans Drawn

by Diana Dely

Dr. David Bankes is working on a project to landscape Cathedral Woods, the area behind Wingfield Hall.

Cathedral Woods is a small clearing surrounded by pines, with a set of wooden benches placed before a wooden altar and a rugged cross made of thick branches creating a serene atmosphere.

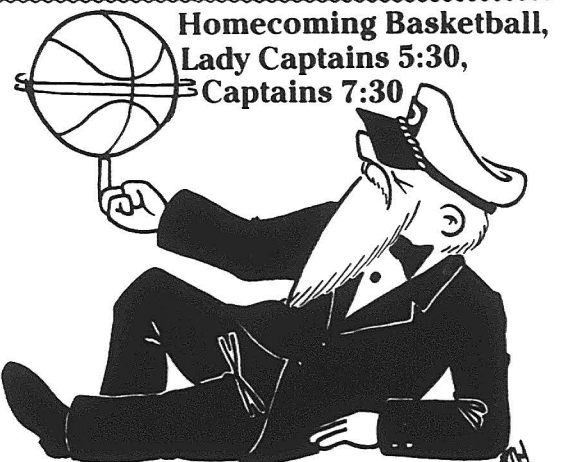
Bankes says that he is planning to have the small, weaker pines removed for the benefit of the others. "We've known for years those pines have to be thinned," he says.

The Building and Grounds Committee has already approved the project, and Bankes hopes to begin the landscaping next winter or spring.

The lower branches of the larger pines will also be removed to create the pillars of the cathedral.

The floor of the area will be covered with wildflowers, and Dr. Paul Killam and Bankes are working together on the design for pathways in the location.

Bankes says it will take several years to achieve the final effect.



Opinion

Token Sentimentalism Negates Valentines

by Cynthia M. Brown

Valentines Day like Christmas has become a commercialized shadow of what it could and ought to be. Consider. On this day, as on any other day of the year, holiday or not, in other less fortunate sections of the globe there is war, famine, and death.

On this day, in our own land, there is abuse, cruelty, violence, and death. Perhaps we can do little about these things, but the wrongs are not limited to such global concerns.

On this day at Roses or any other department store in the area, last minute sentimentalists push, shove, and demand as they fight for the last musical note card, much to the frustration and irritation of the cashiers who are serving them.

On this day on Jefferson Avenue, or any other major thoroughfare there are impatient motorists, carelessly racing to the sides of family and friends, uncaring of the risk they pose to themselves and to others.

Special Occasions Not Necessary to Show Love

by Ann Catherine Braxton

I have two confessions. I am hopelessly in love with love and I occasionally read *The National Enquirer*. I was recently intrigued by an item in *The Enquirer* that mentioned that only 20 percent of all Valentines are sent by adults. This fact should bother anybody who believes in love.

I am reminded of a letter to Ann Landers from a father who never told his son that he loved him until the son lay in a casket dead from a self-inflicted shotgun blast.

How often do we tell ourselves that as soon as we are not so busy we will take our mothers out to dinner and then never get around to it?

How often do we think that we will tell our wives, husbands, children, or friends that we care for them just when the moment is "right" but that moment never occurs when we want it to?

Unfortunately a lot of people are left out in the cold on Valentines Day. They often suffer in silence because no one remembers to tell them they are loved. They are forgotten or taken for granted.

Children have been portrayed and described as selfish but it is in their formative

years that they are encouraged to hug their classmates, teachers and parents.

On this day, there is someone alone in a hospital bed with little hope of recovery, wishing someone had time to visit or to at least call, while others find the time to spend hours on dinner and elaborate ways of showing their appreciation to their loved ones.

On this day a prayer of thanksgiving is raised for those who have the privilege of sharing this time with special people.

On this day there is also a prayer for peace, understanding and brotherhood, and a reawakening of the sense of man's dignity as a whole is waiting to be raised.

So this day, as voices are raised with delight and appreciation, utter a silent prayer for those others, as those who make Valentines Day so special.

years that they are encouraged to hug their classmates, teachers and parents.

If you go into a card shop around Valentines Day you will notice that there are several bulky packages of children's Valentines. This is simply because these Valentines are designed to be given out to every child in a kindergarten or grade school class.

I once even asked a card shop salesperson if there were any such packages of Valentines for adults and she replied that there were none.

Isn't it sad that so few adults take the time to remember each other on a day designed for love - or on any day for that matter?

The filled offices of psychologists and psychiatrists, the overcrowded wards of mental hospitals, the alarming breakdown of marital and familial stability, letters from the lovesick in advice columns are all reminders that there would be less loneliness in the world if we adults would take time out to show that we appreciate one another.

After all, we never outgrow love. We were taught as children to love each other, so why not share this powerful and healing experience as adults?

All Letters to the Editor must be typed and double-spaced on one side of the paper.

Each letter must include the name, phone number, and classification of the writer. The writer should indicate whether or not this information may be printed in the Log.

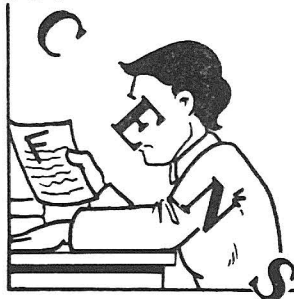
Please send letters to

The Captain's Log
50 Shoe Lane

Newport News, VA 23606

or submit them to the editor in CC223

"My only 'F' has been mine only hate, too early seen unknown and known too late. Prodigious birth of death it is to me that I did not receive a 'D'."



"Cliff notes, Cliff notes, where are my Cliff notes - Monarch's will never be for me - return my Cliff notes to me."



"Failure is such sweet sorrow that I shall have to cram before the morrow..."



"But soft, what light Ough you window breaks? It is the desk lamp and I am the target. Oh, it's R to my G.P.A. and now I must away!"



The Captain's Log

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Opinions expressed in this publication are not necessarily those of Christopher Newport College or its student body.

Deadlines

Club notices, Personals, Classifieds, Advertising

Friday, noon

Correction

In last week's issue, in the "Ten Students Chosen as Homecoming Candidates" article, the pictures of Carol Parks and Roberta Harris were inadvertently reversed. We apologize for any confusion this may have caused.

Features

Love Notes

Ms life is filled with song
But I could not get along
Without my friends
If what I say does not
Slip through Ms meaning is
I Love You

Thanks to Vauvettie, Stephanie, Kip, Stephen,
Leslie and The Rest
You're the Best

Joseph Glauide

Ms Dear Sweetheart,
You and I have a unique and beautiful relationship
We've got a special bond between us that can never
be broken. I love you very much.

Angelika

Thomas,
You are a very special person and friend. God bless
you always. Happy Valentines Day

Regina

Dr. Doughs,
We love you.

Physis 202

To Ms Love Jeryl,
You have made me what I am. Thank you for your
love. Happy Valentines Day. I Love You
Always

Forever Yours,

Carl

Dear N M,
On this day and every day I can only think of
you.

With love,

K. P.

To my son, poets
All are composed of two basic elements: pur-
pose and poetry. By being ourselves, we fulfill the
first requirement. But there is poetry in the meanest
of acts, and if we have it unsought we cause our-
selves unhappiness. A life without food, without
shelter, without love, a life lived in the rain, this is
nothing beside a life without poets.

1111

Happy Valentines Day. I Love you lots

Bruce Lima

Happy Valentines Day Dave - These 8 months of
being your wife have been wonderful. I am looking
forward to many more Valentines with you.

Love always,

Lisa Gale

Happy Valentines Day, Ricky

Lua Yu Much,

D. H.

To Hope
It's been a real pleasure meeting such a warm and
nice girl as yourself. Hopefully our friendship will
continue to grow into a lasting one. Happy Valen-
tines. Shagging Lives On!

BDM

To Porge,
His voice and speech are exceedingly sweet, yet
he is altogether lovely - the whole of him delights
and is precious.

This is my beloved, and this is my friend.

To my Secret Admirer,
Wish we could spend time together - just the
two of us

With Love,

Claudia

P.S. Call Me. You know where you can reach
me at.

Michelle,
Happy Valentines Day. Thank you for three and a
half good years

Love,

Roy



Warms

I love you. Will you marry me?

Ness

T. Laible, S. C. Jensen, J. Skate
To three terrific and gorgeous guys. Many thanks
for making transferring a lot easier and enjoyable.
Happy Valentines guys.

Love and friendship

J. Banks

Ann's Valentine,
Know I love you, both as a person and a friend,
as a characteristick, as a one in the body of
Christ.

Dear Jan,
Another Valentines Day comes and goes. Signifying
almost a year of our togetherness. I would like to
wish you (I am) a very special Valentines. And I
love you very much.

Love always

Pia

Motivate Tucker

"A stress charmer"

Le papillon

To Ann
When you see this I'll be gone
But thoughts of you will carry on, and
Though I'll be so far from you, the
Thoughts of you will remain in view.

Bobito

TST, I'm so happy that things have improved bet-
ween us because you make me feel wonderful!
You're a sweetheart and I care for you very much.
Happy Valentines Day!

Beth

Happy Valentines Day MIT! There's no way I can
express how thankful and lucky I am to have you as
my best friend. You're a blessing, babe!

Love ya,

Beth

Terri,
Thank you for your trust. Without it, I think some-
thing unfortunate might have happened. I wouldn't
have met you. Thank you for the happiness, beauty
and love you have brought me. Keep being yourself
and it will continue - forever.

Randy

Dear Bob Jones,
To paraphrase the words of Robert Browning, you
are my Lyric Love, half angel and half bird.

Love,

A. C.

Love Notes

L. R.
Roses are red, violets are blue. We both know Bruce
is true, but I really want you.

ST. G.

For,
I love you with all of my heart, and someday soon I
shall be your wife. Then our two halves will become
one. I LOVE YOU!!

Vicks

Happy Valentines Day
Lisa, Benita, Carl, Della, Jeff, Lewis, Mark, Mike,
Perry, Rochelle and Rodney. P.S. Lisa, Della and
Benita - May we have many more "memorable"
times together!

Love,

Tracy

Happy Valentines Day
Tracy, Della, Benita, Rochelle, Mike, Mark, Carl,
Rodney, Perry and Lewis. P.S. Tracy, Della, Benita
and Mike - Remember the P.C.

Love ya,

Lisa

Happy Valentines Day to the Soccer Team (and of
course Seth) - May all of you get a special "kick"
on this special day.

Sincerely,

"Photo"

Jeffrey,
I hate this distance between us, but it will be over
soon. Hopefully.

I love you. Lots and lots.

Claudia

Dear Karl,
In '82 you asked me to marry you.
In '83 I said yes to that.
In '84 I said I love you more and more.
In '85 I would like to ask you at this time. How's
about you be my Valentine?

Love,

Becky Toward

Dear Bob,
This past year has been great. You make me so
happy and I love you lots and lots.

Love always and forever

Sam

To S. No admissions
Happy Valentines Day to the best people I
know - except for the three who desecrated my desk -
- Just kidding -

Love you all

Ronnie

LAS,
Je t'aime avec tout mon coeur. (Please see me
for translation)

DMB

To the White Winged dove
If humanity were to lead love's cavalcade to a bed
of faithless motives then love there would decline to
abide. Love is a beautiful bird, begging capture, but
repaying inquiry.

From the Black Raven

Herman,
I miss being with you. Happy Valentines Day.

Matilda

Raymond,
I will love you forever and after. Happy
Valentines Day.

Stefanie

Bobby - Happy Valentines Day. I love you and
miss you - A lot! Hope to see you soon.

Eileen

Ken Loves Betty!
(and we do, too! Deb, Sid & Sam)

Love is the only freedom in the world because it se-
lects the spirit that the laws of humanity and the
phenomena of nature do not alter its course.

Peachblossom

Sports

Eyler's Free Throw Buries UNC-Greensboro

by David M. Bean

This Saturday night, the Lady Captains will take on their arch-rival Virginia Wesleyan College for Homecoming 1985. The game will be very important for CNC as they will be in a position to fight for first place in the Dixie Conference.

They come into Saturday's contest riding high on a five-game winning streak. They are also coming off of the most successful Greensboro road trip in their history. Last Friday night, CNC pulled all of the guns together and handed UNC-Greensboro its second conference loss.

The Lady Captains led in the first half by as much as ten points but the Lady Spartans managed to put enough points of their own on the board to cut CNC's lead to 47-45 at the half.

In past games, this is usually where the Lady Captains would have died. However, this was not to be. Shooting an amazing 62 percent from the floor in the first half, CNC continued to keep scoring.

Only at one point did UNC-G catch up and lead. This was shortlived as the Lady Captains retook the lead and the game headed for the wire.

With the game tied at 83-83 and less than a minute left, Leanne Eyler was fouled and hit the first end of the 1-1, giving CNC an 84-83 advantage. UNC-G's Renee Coltrane rebounded the ball and came down court. Her eight-foot shot was short and rebounded by Cindy Nice who was promptly fouled. Nice walked down to foul line and also hit the front end of her 1-1 with 0:01 left. The final score was CNC 85-UNC-G 83.

The win pushed CNC closer to the division - leading Lady Spartans. After Saturday, they would be only a half game behind them.

The victory over UNC-G was led by Eyler's 23 points and her 11 assists. In all, there were five Lady Captains in double figures.

Eyler was followed by Pam Stewart who had 17 points, Nessie Freeman had 16 points and 10 assists, Rory Peets had 15 points and 11 rebounds and Nice had 10 points and 9 rebounds.

Against Greensboro College, CNC seemed a little slow at first. It was not until the second half that CNC could put them away for good.

Leading at the half, 31-29, CNC hit only three of four shots while Greensboro hit an astonishing 13 of 14 from the free throw line.

For one brief moment, CNC trailed 37-36. It

would be the last time Greensboro would get that close to CNC.

Going on a 17-1 tear, the Lady Captains made short work of the second half and concluded their successful road trip winning, 62-51.

Again, it was Eyler who led the way for CNC, with 15 points and 7 assists. Sophomore Alisa Fox added a big 14 points while Nice put in 12 and had 8 rebounds. Peets, who had only 5 points, collected 13 rebounds.

The Lady Captains have now won five in a row and are in second place in the Dixie Conference. Their record is 8-2 in the conference and 13-8 overall.

Griffin Reaches 1,000 Point Plateau

by Steven Grinstead

The Christopher Newport men's basketball team will play their last home game of the season Saturday, February 16 at 7:30 p.m.

CNC wants to win this game because the all important Dixie Conference tournament is near. Entering the tournament with momentum is always an important factor.

Lately a slump has struck the Captains. It has eliminated their chances of hosting a first-round playoff game.

The Captains have lost their last three games. Two of the three losses have been major because they came against conference foes Greensboro and UNC-Greensboro.

The non-conference loss came against Salisbury State (17-4), ranked 11th in the nation in Division III.

All the incentives were there for a CNC upset. The game was played in Ratcliffe Gym, CNC had won four of their last five games, and Salisbury State was nationally ranked.

CNC played well in the early going. Buck Moore hit a jump shot at the 6:51 mark to give CNC a 25-17 advantage in the first half. Salisbury rallied back by converting CNC turnovers into points. CNC led at halftime 36-34.

The turning point of the game came at the beginning of the second half. CNC coach C. J. Woollum said, "There was no fire in our guys' eyes. It proved to be true watching CNC play defense. Salisbury shot 68 percent in the second half."

With 5:00 left in the contest the score was tied at 44-44. Then Salisbury displayed a tenacious defense and allowed CNC to score only two points in the next four minutes.

CNC gave a last-second effort but fell short at the end. Salisbury posted a 77-69 win.

A combination of three CNC players did

most of the scoring. Moore led the group with 27 points and eight rebounds. Broderick Royce and Jimmy Deans accounted for 16 points each.

A dejected Woollum stated, "They (Salisbury State) don't do anything technically fancy. They executed their offense from start to finish. That's what it's all about."

CNC travelled to North Carolina on February 8 and saw only one bright moment in their two days there.

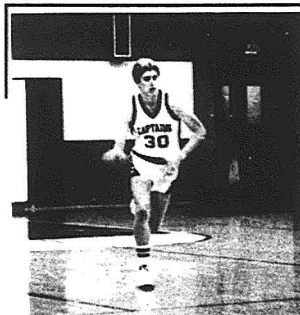
That moment came in the UNC-G game Friday night. Bobby Griffin entered the game having scored 999 points, needing just one

more to reach the 1,000 point plateau. Griffin walked away with 11 points.

His accomplishment puts him with an elite group of players in CNC history. He is only the sixth player at CNC to surpass 1,000 points in a career.

However, at the conclusion of the game the entire CNC squad was disappointed. The 70-62 loss enabled UNC-G to lock up fourth place in the Dixie. (The top four finishers host first round playoff games.)

The next day CNC visited first place Greensboro and things were no better. The Captains came up short once again, 71-56.



Guard Keith Cobb moves the ball up the floor for CNC.
photo by Michael J. Fox



Coach C. J. Woollum (middle) looks dejected, while Roland Ross (right) believes there's still hope. Joel Fortune (left) looks on.
photo by Michael J. Fox

WEEKEND TRIP TO WASHINGTON D.C. COME SEE D.C. AREA TEAMS, MARCH 1-3

\$80 PRICE INCLUDES:

- TWO NIGHTS' ACCOMMODATIONS
- TRANSPORTATION
- TICKETS

— FRIDAY NIGHT BASKETBALL —

Washington Bullets vs. New Jersey Nets

— SATURDAY NIGHT HOCKEY —

Washington Capitals vs. Buffalo Sabers

— SUNDAY AFTERNOON —

BASKETBALL

Syracuse vs. Georgetown

RESERVATIONS MADE IN CPB OFFICE OR
IN OFFICE OF STUDENT LIFE

\$50 NON-REFUNDABLE DEPOSIT UPON SIGN-UP

Entertainment

Captain Gus's Offers Fair Menu Prices

by Keith W. Johnson

They say the road killed Uncle Jimmy's. For years, the ugly little eatery on the corner of Jefferson Avenue and Harpersville Road served up cheap meals in a hurry. You could walk in with five bucks and walk out a half-hour later with change in your pocket, absolutely crammed to the gunwales.

Then the construction began. Jefferson Avenue became The Road To Avoid in Newport News while lanes disappeared and reappeared, the road surface wrought havoc with shock absorbers and tires, and large yellow machines rumbled, belched smoke and generally got in the way, making driving along Jefferson the subject of stories with which to scare children.

The machines are gone now, although still visible a few blocks south. The corner of Jefferson and Harpersville is a thing of beauty, a marvel of modern engineering — but Uncle Jimmy's is no more.

The building is still there, but it's been painted blue-gray like a Hollywoodized warship, and the sign out front identifies it as Captain Gus's Seafood Restaurant.

And so it came to pass on a recent payday that this reporter decided to give it a try. A certain amount of personal bias must be confessed here, for your roving restaurateur was a long-time regular customer of the aforementioned uncle. Many a time yours truly waddled out the front door nearly bursting.

Upon walking in the front door, one is

struck with an impression of the obvious care taken in re-doing the interior. New, dark red carpeting, attractive, new, wooden furniture, tasteful decorations and a redesigned front dining room all contribute to this impression.

Though the new design actually cut down the size of the front dining room, the feeling is one of spaciousness, and the overall effect is reminiscent of one of those weatherbeaten but spotless little seafood places on the Outer Banks.

A charming hostess seated me at a table and handed me a clear, concise menu. Prices are consistent with those of other seafood restaurants: from \$5.50 for the fried clam strips all the way to \$16.95 for New Zealand lobster tail, with most seafood entrees in the \$7-\$8 range. There are also steaks, sandwiches, and Italian food, much of which can be had for \$5 or less.

Service at Captain Gus's was fast, efficient, and friendly. Renee, who served my table, was no beginner; she knew her job well, even though she stumbled a bit over the pronunciation of "baklava."

I ordered the fried oyster dinner. A good test of a seafood restaurant is whether they can get oysters right. A salad or soup and choice of potato accompany all dinners. I opted for the salad and french fries.

The salad was a pleasant surprise. It was remarkably fresh for the off-season, and I counted that as further evidence of the care

taken in planning and preparation. The meal arrived very quickly, and Captain Gus continued to impress.

There was obviously no chance of going away hungry; a veritable truckload of oysters was heaped on the plate, and these were no dinky little raw-bar refugees, either. A generous helping of hand-cut fries accompanied the oysters on a separate plate.

My first bite of fried oyster was a bit sobering. A little too much breading, and just slightly overcooked. They had good flavor though, and all-in-all, they were good enough to make the faults forgivable.

My attention then turned to the french fries, and here no disappointments clouded the gustatory horizon. Hot, crisp, and just greasy enough to classify them as an A-1 guilty pleasure, they disappeared long before they had a chance to get cold.

Renee returned just as I was enjoying a last forkful of freshly made cole slaw and inquired whether I wanted dessert. My initial ambivalence evaporated when she suggested the fresh strawberry pie, although I enter-

tained serious doubts about the availability of fresh strawberries in February. My doubts proved accurate, as a rather sheepish Renee returned with the news that the strawberry pie was unavailable. Would I care for apple pie instead?

The prospect of second-rate, mass-produced apple pie was rather daunting. But the large slice of pie presented to me was better than I expected. It was just a bit too sweet and would have benefited from half a minute in the microwave, but it was loaded with fruit and was tender-crust.

My bill came to a little over \$8, a sum which made me momentarily long for the dearly departed Uncle, but which was reasonable.

Will Captain Gus ever replace Uncle Jimmy's? It's not likely: the two places are too different. But I expect I'll return there, it's nice to have a reasonably priced seafood restaurant nearby for which you don't have to dress up. Captain Gus's will likely survive, if they can attract a good local following. After all, there is still The Road.

Mr. Green's Provides a Variety of Ethnic Food

by Ann Catherine Braxton

Perhaps it is a cliché to say that "variety is the spice of life," but the food selection at Mr. Green's Salad and Deli in Coliseum Mall definitely combines variety and spiciness.

Mr. Green's Salad and Deli can best be described as a cross between a sit-down restaurant and a cafeteria.

There are no waitresses. You go up to the counter, order your meal, and then slide your tray down to the cash register to pay for your food.

Because my funds were low on the day I visited Mr. Green's I looked for the least expensive item on the posted menu. I was impressed by the wide variety of food items. There was everything from such side orders as french fries to salad and potato bars to New York submarine sandwiches.

I decided to try the Mexican taco (89¢), a serving of onion rings (89¢), and a 12-ounce can of Dr. Brown's Root Beer (70¢). If the price of this can of soda sounds steep, the restaurant's fountain drinks range from 50¢ small sodas to 70¢ large sodas.

If truly Mexican means truly hot, then my taco was truly Mexican. It was so hot and spicy that it took a while for my root beer to taste normal again.

But then tacos are not their specialty — salads and subs are. I fared better with the crunchy onion rings, which reminded me of those one can eat in the Terrace.

Items on Mr. Green's Deli Bar include roast beef, grilled reubin, club, and BLT

sandwiches, and hot dogs which range in price from \$1.45 for sandwiches to \$2.95 for subs.

Salads are 22¢ an ounce (maximum price \$2.99) and the wide range of salad bar items can compete with almost any sit-down restaurant.

The potato bar is even more varied than the Terrace's. Potatoes can be plain with butter or have broccoli and cheddar cheese, ham and cheese, turkey and cheese, hot cheddar cheese and bacon crumbs, or butter and sour cream.

There is even a taco potato and an Italian mozzarella cheese potato. Potatoes range in price from \$1.39 to \$2.09.

Desserts, which include pie, yogurt, mousse, and doughnuts, range in price from 80¢ to \$1.19. I once tried their New York cheesecake (\$1.25) and it is more than delicious.

According to lacquer, the night manager I spoke to, Mr. Green's opened in May of last year. It is privately owned by New York-native Jim Soch, who now lives in Virginia Beach where there is another Mr. Green's in Lynnhaven Mall.

She mentioned that such recipes as grilled reubin sandwiches, potato salad and corned beef and roast beef subs are authentic New York concoctions.

One doesn't have to go to the Big Apple for a diversity in deli food. For Tidewater residents, Mr. Green's taste of New York is just around the corner.

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Campus Closeups

Equestrian Team

With only a limited amount of team members, the CNC Equestrian Team already has two riders to qualify for Regional Competition in May. Kathleen Pimblett and Suki Bryant. We expect to add more to that list this semester.

CNC will be holding its first IHSA Intercollegiate Horse Show Association Show ever jointly with William & Mary's Team. This show is at the end of March rescheduled from last semester.

Other Colleges from our Region that will be competing are UVA, University of Maryland, Sweetbriar College, Mary Washington, Longwood, Randolph Macon Women's College, and Lynchburg College. Come out and support your team!

Anyone interested in becoming a club member or riding for the team should contact:

You do not have to have any previous riding experience. Our program offers some of the finest training in the State by our instructor, Nardeen Henderson.

All campus organizations are invited to submit material for *Campus Closeups*.

The copy must be typed and double-spaced on one side of the paper.

A name and phone number are to be written on the page in case more information is needed.

Deadline for *Closeups* is Friday at noon. *Closeups* can be mailed to *The Captain's Log*, 50 Shoe Lane, Newport News, VA 23606, or submitted to the editor in CC223.

Sailing Club Competes, Instructs in Sailing

by Tim Kelly

Imagine this: a warm spring day on the river, sailing with a friend, with an air breeze soothing away those aches and worries of school madness. If that's not you, how about the challenge provided by one of the most competitive sailing teams in the nation.

Either one of these opportunities can be provided to you each semester by the CNC Sailing Club. The club promotes sailing at CNC and in the community by giving sailing lessons, by competing on the east coast, and by promoting water-related activities.

The Sailing Club provides sailing lessons to interested students and faculty. The club has over 22 sailboats which are used regularly during the fall and spring. Many inexperienced CNC students have learned to become competent sailors through these lessons.

The club has regular sailing times when boats can be checked out by club members. This is a great chance for people to relax on the water and to socialize. Usual sailing days are Fridays and Sundays.

The sailing team, supported by and composed of the club members, also competes along the East Coast in collegiate sailboat races, as well as in the Mid-Atlantic Intercollegiate Sailing Association (MAISA). The team sails in collegiate races against such colleges as Cornell, Harvard, Princeton, Webb, and the Naval Academy. During the racing seasons in the fall and spring, the sailing team is competitively racing almost every weekend.

The club also promotes other water-related activities, including bi-annual seafood sales, lectures on performance cruising, and sea chanty shows.

tact Suki Bryant or Sandy Ripley (565-2737) or leave your name and number in our mail box in the Campus Center and we'll call you.

February 17 Sunday - Host, UVA

March 1 Friday - Host, Sweetbriar College

March 31 Sunday - Co-Hosts CNC & W&M. To be held at CNC's home riding facility - Shamrock Stables, Tabby.

April 14 Sunday - Mary Washington

Anyone interested in attending a show should contact Suki Bryant (599-4198) after 5:30 p.m. for information and directions. All shows start at 11 a.m.

OTHG

The Over-the-Hill Gang will be holding meetings Tuesdays and Fridays from 12:15 to 1 p.m. in the cafeteria.

On Wednesday, February 6, a rush party will be held in CC233 from 1 to 4 p.m. All are welcome.

During rush weeks from February 4 through February 14, OTHG will have a table in the Campus Center hallway.

For a cost of 25¢ per guess, students can take a chance at correctly guessing the number of candy pieces in a jar.

The winner will receive a large box of valentine candy.

The prize will be awarded at a rush party on Thursday, February 14 in CC233 from 1 to 4 p.m.

If you like the thought of sailing into the sunset to Margantaville, this club is for you. The club meets every Friday in N-117, noon-1 p.m. Everyone is welcome aboard.

AKPsi Rush

Alpha Kappa Psi, the professional business fraternity, will hold an open rush for all business majors on Friday, February 15th in the Terrace from 3 to 6 p.m.

Student Teaching

Students who plan to enroll in student teaching for Fall 1985 should file an *Application for Student Teaching* with Professor Jenkins, Director of Student Teaching, prior to March 1.

Application forms and information can be obtained from any faculty member in the Department of Education, S-134, or the Department Secretary, Ann Sharp in S-152, each day from 8 a.m. to 5 p.m.

Pool Tournament

The Spring '85 pool tournament will begin February 25. Sign-ups open Friday, February 15-Wednesday, February 20. The tournament consists of two out of three 8-ball.

Call 599-7054 for more information!

Intramurals

The intramural basketball season started on February 10 at CNC with the Wizards playing the Three Pointers, Sigma Pi vs G-Men and ROTC vs the Wizards.

The rest of the season will be played at Warwick Recreation Center. The top four teams will advance into the play-offs.

Intramural Schedule

February 17

2:45 Three Pointers vs Wanton Warriors

3:45 Sigma Pi vs Port-Men-of-War

4:45 College Court Hoopsters vs Wizards

5:45 ROTC vs G-Men

Book Donation

Alpha Kappa Psi, professional business fraternity, recently donated over 150 educational books to the York County Library. AKPsi often takes part in such social, business, and service welfare activities.

Alpha Kappa Psi invites and encourages all CNC business students to join this co-ed fraternity.

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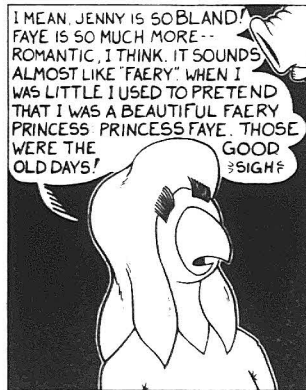


CHRISTOPHER NEWPORT COLLEGE RECRUITING SCHEDULE Spring Semester 1985 - February and March Dates

DATE	EMPLOYER	MAJORS INTERVIEWING	INTERVIEWING FOR
Feb. 14	Rauch, Witt & Company	B.S. Accounting	Accountants
Feb. 15	Legg, Mason, Wood & Walker	Business Admin. Management	Investment Broker, Trainee
Feb. 22	First Investors Corporation	All Degrees	Management Trainee
Feb. 25	First Jersey Securities	All Degrees	Stockbroker Trainee
Feb. 26	J.C. Penney & Company	Business Admin. w/cont. Econ. Finance	Management Trainee
Mar. 4	London Bridge Green House & Nursery	Ornamental Horticulture	Landscape Architect
Mar. 5	IBM	B.S. Computer Science, Math, Business	Marketing Systems Engineers
Mar. 6	YMCA	B.S. Physical Education	Director
Mar. 7	U.S. Air Force (Officer Programs)	B.A. Psychology & Sociology B.S. Computer Science	Satellite Operations Computer Science Communications Electronics Scientific Research Pilot & Navigator
Mar. 8	Baker Shoe Stores	B.S. Engineering M.S. Physics/Chemistry/Biology B.S. B.A. All Majors B.S. Engineering	Acquisition Program Mgr. Weather & Forecast Field Sales - Could Lead to Audit
Mar. 11	Northwestern Mutual Life Insurance	see attached ref. in CC146	Sales
Mar. 12	Newport News Shipbuilding	B.S. Busn. Admin. con in Acct. Management or Marketing All Degrees B.S. Accounting B.S. MIS	Accounting, Fin. Analyst Production Control, Purch. Computer Pro. Analyst Production Supervisor Management Trainee Security
Mar. 13	Gwaltney of Smithfield, Ltd.	B.S. Busn. Admin. Concentration in Economics Finance, Management, Marketing B.S. Psychology (Industrial)	Teachers Landscape Designer
Mar. 13	Wicomico City Bd. of Education	All Education Majors	
Mar. 14	Nature's Way Landscaping	B.S. Ornamental Horticulture	

The CNC Office of Counseling and Career Services (CCS) will list *additional* recruiters in future editions of *The Captain's Log* (campus newspaper) and *Onward 'n' Upward*. Please check with Counseling and Career Services, located in the Campus Center, Room 146, between the hours of 9:00 a.m. and 4:00 p.m. to sign up for interviews with the various recruiters. Appointments *must* be made in person to ensure that all necessary forms are completed.

by RJH



Kundalini Yoga – 11 classes of two 75-minute, weekly classes.
 11:00 am – 12:30 pm – 11/11/18, 11/18/18, 11/25/18, 12/2/18, 12/9/18, 12/16/18, 12/23/18, 12/30/18, 1/6/19, 1/13/19, 1/20/19

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JEFF KEAN



**Sign up in CPB Office
or Office of Student Life**

Wahlstrom and Doughty Teach For CNC's Juggling Society

by Karen L. Hastings

Tim Wahlstrom is the founder and president of CNC's Juggling Society. He began the club in the fall of 1983, and its membership grew to ten; now, however, he is the only member.

Wahlstrom is self-taught, and even though he has never taken a formal lesson, over the last ten years he has developed his own technique. "Juggling is not an innate ability, but if the situation presents itself, you just might pick it up easily," he says.

So Wahlstrom encourages anyone who wants to learn how to juggle to join the society. Part of the society's constitution states that club members get free lessons. Dr. David Doughty, CNC professor of physics and the club's faculty advisor, also gives lessons. As Doughty commented, "The lessons are nothing formal—just a chance to get out on a pretty day and meet in the middle of campus to juggle for awhile."

Most people receive two or three 15-minute lessons per week. The more practice apart from the lesson, the quicker the skill can be obtained, Wahlstrom says. "Teaching people how to juggle is like learning to walk: just let the body do it naturally."

Centuries ago, it was the juggler who was the king's fool, the only one who could insult the king and not lose his neck. People laugh at a fool. Wahlstrom believes that today's jugglers, with their patterns, satirize politics, industry, and all of society's issues.

CNC students have had mixed reactions to seeing a juggler. Some walk on by, others yell, "Still clowning around, huh Tim?" and a few people pick up the materials and join in the fun. Still others walk a few extra steps to keep at a distance but are wide-eyed every step of the way.

Something about a juggler adds to the campus atmosphere.

As Wahlstrom noted, "Anyone with an interest can join; a beginner or a proficient juggler who wants to develop his skills, anyone wanting to help teach, and also other types of street performers such as magicians or mimes are all welcome."

In addition, any student who helps in the upcoming society-sponsored, second annual talent show will be considered a member of the Juggling Society.

Tim will be performing between acts at the talent show, which will be held the week of Springfest.

The Student Association has been supportive of the society, supplying the prize money for the talent show, donating the initial \$250 to start the club, and buying the necessary equipment—lacrosse balls and rings.

If club membership grows, Wahlstrom feels that the society may be able to perform at half-time during basketball games or before CPB movies to warm up the crowd.

Wahlstrom already performs as a "stroller" during Fallfest and Springfest, and he can be seen juggling on campus in front of Gosnold Hall. The juggler's purpose, he says, is "to help make your life more jovial."



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HOMEcoming EVENTS

Friday, February 15
Dance with the
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Saturday, February 16
THE BIG GAME

Christopher Newport vs.
Virginia Wesleyan

Lady Captains at 5:30
Captains at 7:30



CNC's Homecoming Queen
will be crowned during half-time.

Dancing & Partying in Terrace
& Christopher's after game