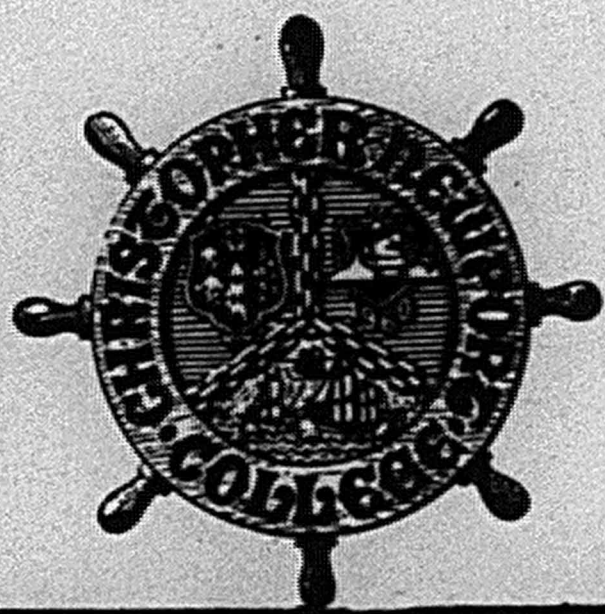


# The Captain's Log



Volume VI, Number 1

CHRISTOPHER NEWPORT COLLEGE

Newport News, Virginia 23606

September 3, 1974

## Orientation and Registration

### *LINES, LINES, AND MORE LINES*



by Susan Want

Attending an orientation (especially one for such a small school as CNC) can be a real challenge when one must listen endlessly to some twenty-odd speakers all saying the same "We welcome you with open arms." Poor planning, lack of organization, and lack of help can easily turn what should be an enthusiastic gathering of new freshman and transfers into an intellectual disaster --- with speech after speech after speech.

Not so at Christopher Newport this past Tuesday, August 27, in the Campus Cen-

ter Theatre. With the help of returning students, faculty, and staff, head of orientation, Stuart Smith, presented to some 350 spectators an hour of interesting speakers and a slide preview of the campus--the first of its kind to date.

Only four speakers were included in the gathering--- Dr. James Windsor, President of CNC; Dean Polis of Student Affairs; Tom Johnson, President of the SGA; and, of course, Stuart Smith, VP of the SGA and head of the whole shebang.

When asked of the changes

in the usual program, Stuart replied, "The new concept is designed for more student interaction and active participation in the groups which follow the presentation." He feels that the "less said the better" and that the reduced number of speeches helped in "stimulating the new student into action with others."

The slide presentation, a completely new idea in orientational material, was developed by the Photography Club headed by Dean Polis. It showed various clubs in action, the campus and buildings, and students of all

shapes and sizes -- some doing things and others not doing anything.

Those of you who missed this new concept in student-oriented orientations missed the chance of a semester. It has happened at last! Something that is supposed to appeal to students finally did.

On behalf of the Student Government Association, I would like to thank all those who helped plan and execute orientation. Without you we could not have done it.

Tom Johnson  
SGA President



## Editorial! Is our Model G. Ford going to run?

Now that Richard the Crook-ed-Hearted has exorcised himself with the help of his friends, we may turn our political faces unto the sun. Yes, Huxley believers, the time of Our Ford is upon us. Let us bask in his indifference. Oh? This sounds cold and cruel and unfair? Yes, oh! We see. A Ford got this country moving early on and now this late model Ford will perhaps do the same. We hope he will not be recalled due to faulty steering and suspension. But enough. The man does need some slack, if only to ready the rope that waits.

The conditioning for all prototypical Alphas, Betas, and Gammas will end after we awaken. Picture it: a somnambulist nation rubbing its eyes and flash -- we are the blinded giant once more

hurling stones at the escaping revolutionaries. Who shall be our seeing eye dog? What cur shall lead us over the edge to save us? Do the lemmings have such a good thing going? And when we are all swimming (those of us who know how) we shall be comforted to see him who leads us standing in the bow of the boat. As he stands with one hand inside his jacket, firmly clutching his life preserver, he will exclaim, "Just a little further now!"

Yes, faith and timing are everything. We do not dislike Our Ford as yet; perhaps the mystical "they" can still do something for the "silent majority" of common people, but at any rate we still are not done with our floating lessons and the time is at hand.

## The Reader Speaks Out

To the Editor:

Referring to last semester's editorial of April 29, it seems obvious that someone's ignorance needs mending. I have just recently completed three weeks research for a class concerning the effects and damage resulting from marijuana. Because the majority of teenagers are being told consistently that marijuana is safe and harmless, I feel that someone should be made aware of recent research. There are several exceptional books in the library that support evidence of at least four decades of research done in the US and abroad, especially in India, where grass has been used for many hundred years.

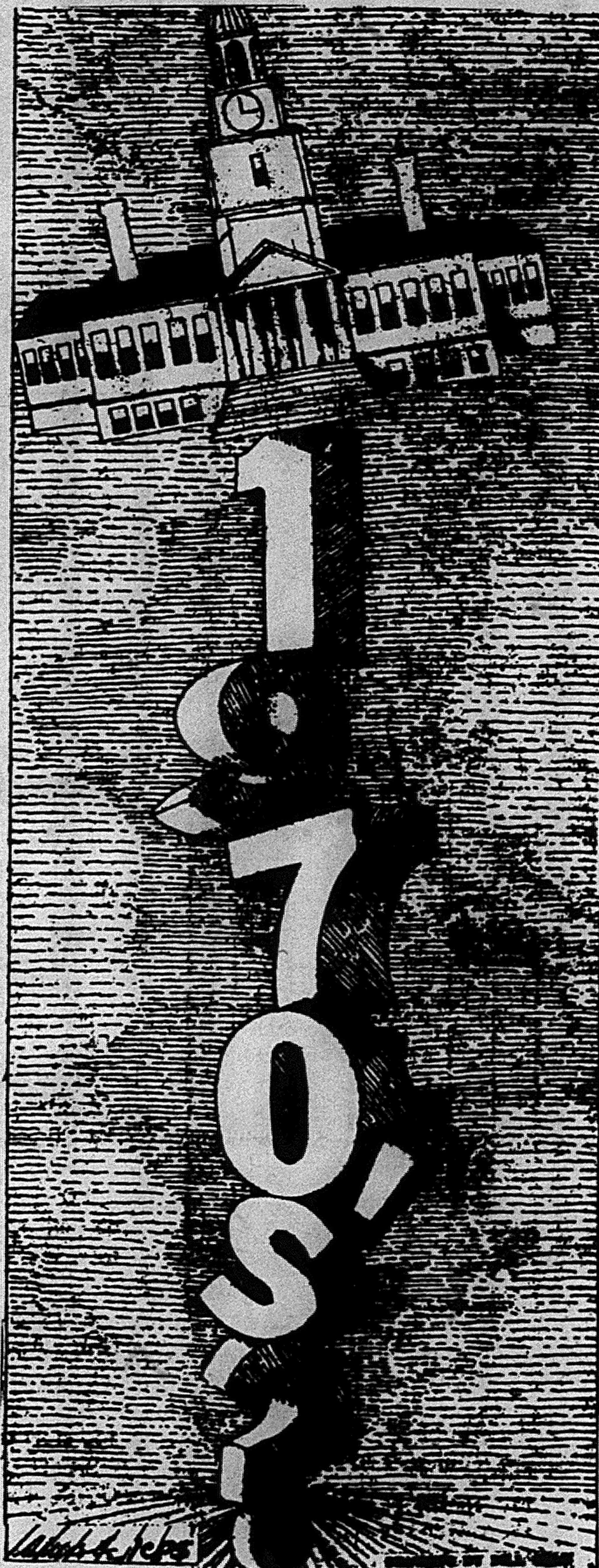
The most conclusive and impressive is the report in the medical journal presenting results of experiments conducted by the University of California at Berkley. The doctors agree on the evidence that there is positive proof marijuana causes chromosomal damages similar to that produced by LSD and other hallucinating drugs, and interferes with the normal development of the fetus and embryo in potential mothers. This can occur in occasional users as well as in frequent users. The other physical problems resulting from use are liver and lung damage, including bronchitis, lowered blood sugar, and accelerated heart rates.

However, the most alarming statistics are presented by the Bureau of Narcotics, which contains hundreds of

files on violent crimes that were caused by stoned violators. These violent crimes include several murders. The Virginia Research Council in Charlottesville surveyed in 1970 and found that 5000 traffic accidents in a three-year period in Virginia were caused by marijuana smokers. Of this figure, 842 were fatalities involving teenagers.

You may contradict these statistics because you have never witnessed aggressive or violent behavior in people you smoke with, however many years of research proves it. Alcohol also causes different actions in people, ranging from docile passiveness to violent temper displays. I believe the law is aware of this and is treating the problem accordingly. I hate to think that my daughter will be able to purchase pot on the streetcorner as easily as toothpaste. I don't want to see future generations ruined because we could have done something about it. Smokers will still get their stuff so why make it easier for the general public. We have already legalized some really hard-hitting drugs and stimulants, why add another? Read some statistics on research. If you don't believe it or want to believe it, perhaps you will be more realistic to the fact that there are some things wrong with pot, and it is not necessary to make it easy for kids to get, when it is already readily available.

Patricia Roof



## The Captain's Log Staff

EDITOR-IN-CHIEF:

Stuart Smith

ASSOCIATE EDITORS:

Susan Want

Barbara Anderson

ADVERTISING MANAGER:

Diane McQuade

LAYOUT EDITOR:

Missy Trevallion

ENTERTAINMENT:

Dan Kooi

SPORTS:

Doug Ferris

PHOTOGRAPHERS: Bobby Oliver (Chief-Photographer), Martin Green, David Lyon

STAFF: Ray Barnes, Faith Ann Gibson, Lisa Halachis, Mark Goldstein

The Captain's Log is published weekly during the school year. Deadline for all advertisements and articles is the Thursday preceding Monday publication. Contributions and letters to the Editor are welcome. All material is subject to final approval of the Editor.



# VIBES



by Dan Kooi

Starting off this year Barb Anderson and I (Dan Kooi) are going to do what we always meant to do last year - a review together. Our first review is of Bob Zentz' "Mirrors and Changes" (Folk-Legacy Records, FSI-51) who plays that type of music which I'm not terribly into, but after listening to him, I could be. Since I'm not able to do this music justice, let it be said that as an outsider, I love it nearly as well as what Barb is about to say:

For my first record review of the year, I want to say a few words about a record that says a whole lot about a man. Bob Zentz is a musician, singer, poet, performer, and best of all -- a good friend. You may have read about him in this column last year and some of you were even fortunate enough to hear him here in concert at CNC. At any rate, what follows can hardly be termed an objective review. I can't be objective about Bob and fortunately for me, in this case, I don't have to be -- this is a five gold star album from anybody's point of view!

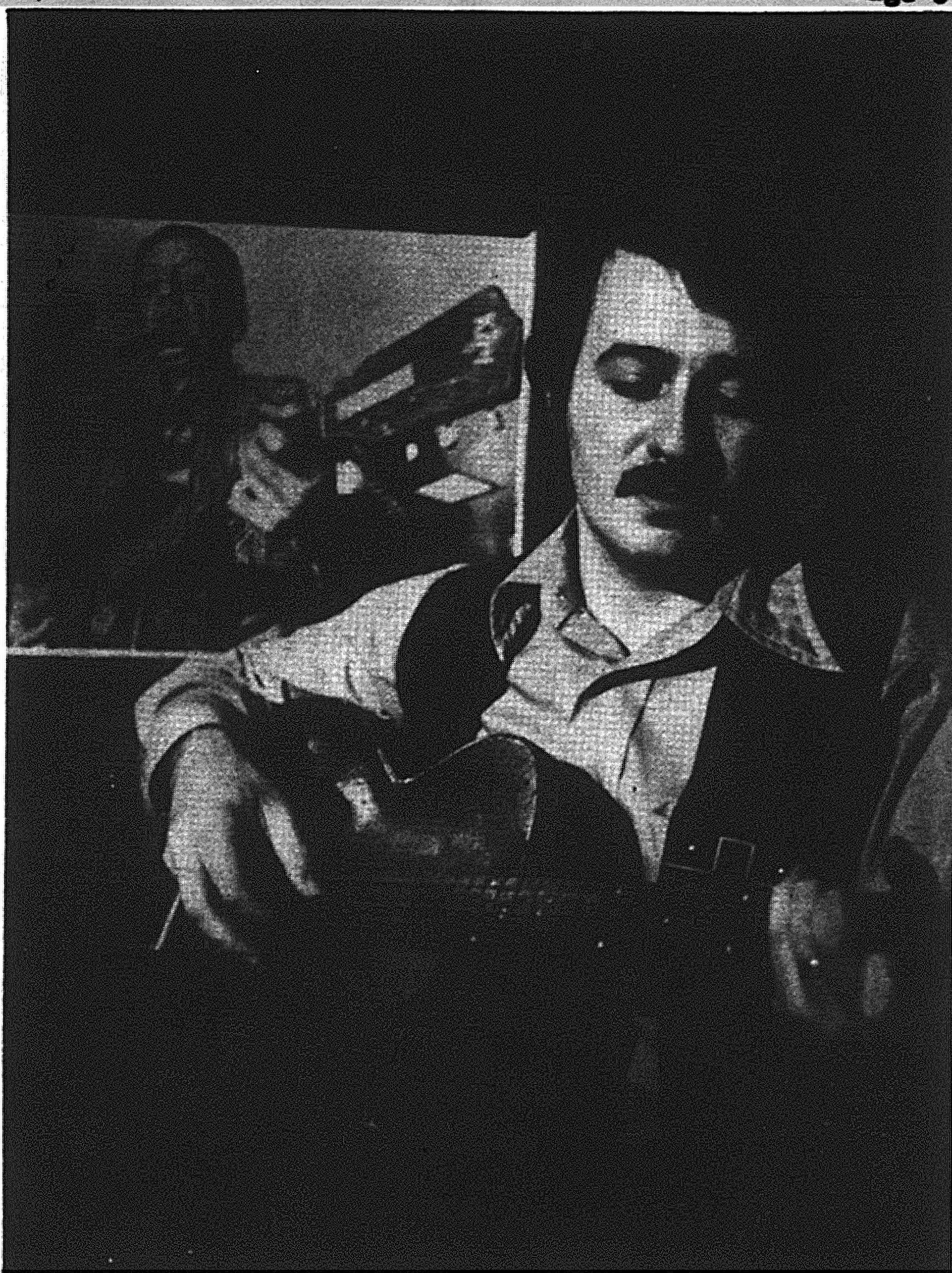
Bob's first album is recorded on the Folk Legacy Label (one of the smaller folk music labels) and fortunately for all his listeners they didn't try to change him

or make him something that he's not -- they allowed pure Bob Zentz to be heard and the result is some mighty good music.

The first side consists of seven original songs that talk about time, love, life, music and people and here is where my label, "poet," is completely justified. His words are beautifully chosen to make the messages powerful, but he doesn't have to bang you over the head with an idea before you understand what he's trying to say.

He's also a master at creating moods by not-quite-saying something and letting your own emotions fill in the rest, often vaguely reminding you of some far off time when you felt exactly the same way. He takes you with him wherever he goes, up or down, and he always leaves you wanting to know just a little bit more.

Side two is a half hour collection of songs and stories which make up "The Ramblin' Conrad Story." Bob talks, sings, and lives his way through the story of William Conrad Buhler, possibly the single greatest influence on Bob's music and a big part of his life. The best way to describe this story is by its impact -- Dan, Sue and I were about this far from crying our eyes out at the end of it and we had to sit in si-



"I give you this album of handmade songs, hoping you will care for them as they have cared for me." Bob Zentz

Photo by Val Kurapka.

lence and let ourselves come back down before we could listen to anything else.

All of "Mirrors and Changes" is like taking a hundred-proof shot of REAL in a time when it seems that a lot of musicians are trying to impress everybody with just how un-real they can be. Bob doesn't have the greatest voice alive and he isn't the best guitarist I've ever heard, but then he doesn't need to be -- he's got something a

whole lot better.

What else can I say about a man who writes:

"I want my son to be a country boy/ with fields and streams and meadows to enjoy,/ with forests tall and green, air fresh and clean/ and a sunny day can be his favorite toy./ And I want my son to be a country boy."

I can say that he's 'good people' and I can also say that he makes some real good music.

## classifieds

### FREE ADS for CNC STUDENTS

#### ROOMS

##### ROOM FOR RENT

Furnished bedroom in 3 bedroom house, all privileges, washer, dryer, T.V., air con. Great for Student. Male or female, must be single. Will be available for occupancy on Sept. 1st. Centrally located Call 595-6530 after 4:30 Call 595-6530 after 4:30 weekdays. Has telephone too.

Room for Rent-Ivy Farms area. 596-9569.

Lovely room for rent to student; male preferred. Close to college. \$65 per month. 596-4107.

##### FEMALE ROOMMATE WANTED

Find and share apt. near school. Call Rita, 722-2543 9-5 weekdays.

Roommate needed (female) to share apartment. \$90/mo. Glen Garden Apts. Good deal. 838-0631.

Room for Rent-Riverside area. Private entrance, bath. Female student preferred. \$14 per week. 599-4068.

Roommate wanted to share an apartment in Riverdale. Female preferred. 838-2787.

Need Roommate - 2-bdrm apart. Deer Park area. 596-6733.

#### CLASSIFIED POLICY

Classified ads are free to all students. The rate for non-students is 5¢ per word. Ads may be placed by bringing them to the Captain's Log Office in the Campus Center. Phone: 596-7611, Ext. 232.

## Basic Opportunity Grants still available

The Financial Aid Office reminds students that applications are still being accepted for the Basic Educational Opportunity Grant Program. Students should apply if they meet several important criteria:

1. You have established your financial need by means of the Basic Educational Opportunity Grant application.
2. You began or will begin your post-high school education after April 1, 1973.
3. You will be enrolled in an eligible program at an eligible college, and you will be attending on a full-time basis.
4. You are a U.S. Citizen or are in the United States for other than a

temporary purpose and intend to become a permanent resident.

Students who have not already done so may obtain an application for Determination of Basic Grant Eligibility from the Financial Aid Office, Gosnold 213.

If you have questions concerning financial aid, please come to the Financial Aid Office or call Ext. 316.

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# Langley massacres CNC 7-1 in opening match

Last year, the CNC Soccer Team looked to 1974-75 with high hopes that its first intercollegiate season would be successful. But if the scrimmage Saturday, August 24, against the Langley Soccer Club is any indication of what is in store for the CNC team, then this year will be a disaster...CNC was trampled 7-1.

The Captains played the match with only 10 men, even though Langley used the usual 11 member team throughout the entire match. Besides a total of about 30 players, the Langley team boasts 3 All-Americans. Langley pulled ahead 3-0 in the first half, then went on to add 3 points to that in the second half. Langley's 7th point was kicked in then by mistake by

CNC. The sole CNC point was scored by Mike Valantassis in the second half.

Yet even without looking for excuses, it should be noted that not only was CNC playing with an incomplete team, but the Captains also did not have an experienced goalie (Wes Brooks graduated last year) and Scott Henderson, the replacement, left the area about a week before the game. The goalie is as important to a soccer team as a quarterback is to a football team.

A tentative rematch is being set up for the middle of September, and hopefully by then the CNC Soccer Team will have found a goalie and a few extra players.

## CHRISTOPHER NEWPORT COLLEGE Tentative 1974 Soccer Schedule

September 18	Virginia Wesleyan	Home
September 24	Greensboro College	Away
September 27	Lynchburg	Away
September 29	UNC - Greensboro	Home
October 2	Methodist	Home
October 25	NC Wesleyan	Away
October 26	St. Andrews	Away

## Undertow publishes fall edition

The Undertow's first edition of the 1974-75 school year will hit the stands on Friday, September 6. Copies will be available from the Campus Center Information Desk and from the main desk at the library. The Undertow, CNC's literary magazine, requests a small contribution in exchange for the magazine, but students and faculty are reminded that The Undertow is free.

Material for the spring edition of the Undertow may be submitted throughout the

fall semester. Contributions may be left in the manila envelope on the door of the Publications Office, Campus Center 225. The Undertow plans to publish its next edition at the beginning of the spring semester.

Categories in which entries will be accepted are poetry, short fiction (prose), art, photography, essay, drama, and cover design. The Undertow asks that students keep prose writing reasonable short and that all art (cover design, photography, sketches) be in black and white.

Students interested in working on the Undertow staff should leave their name and phone number in the manila envelope on the door of the Publications Office.

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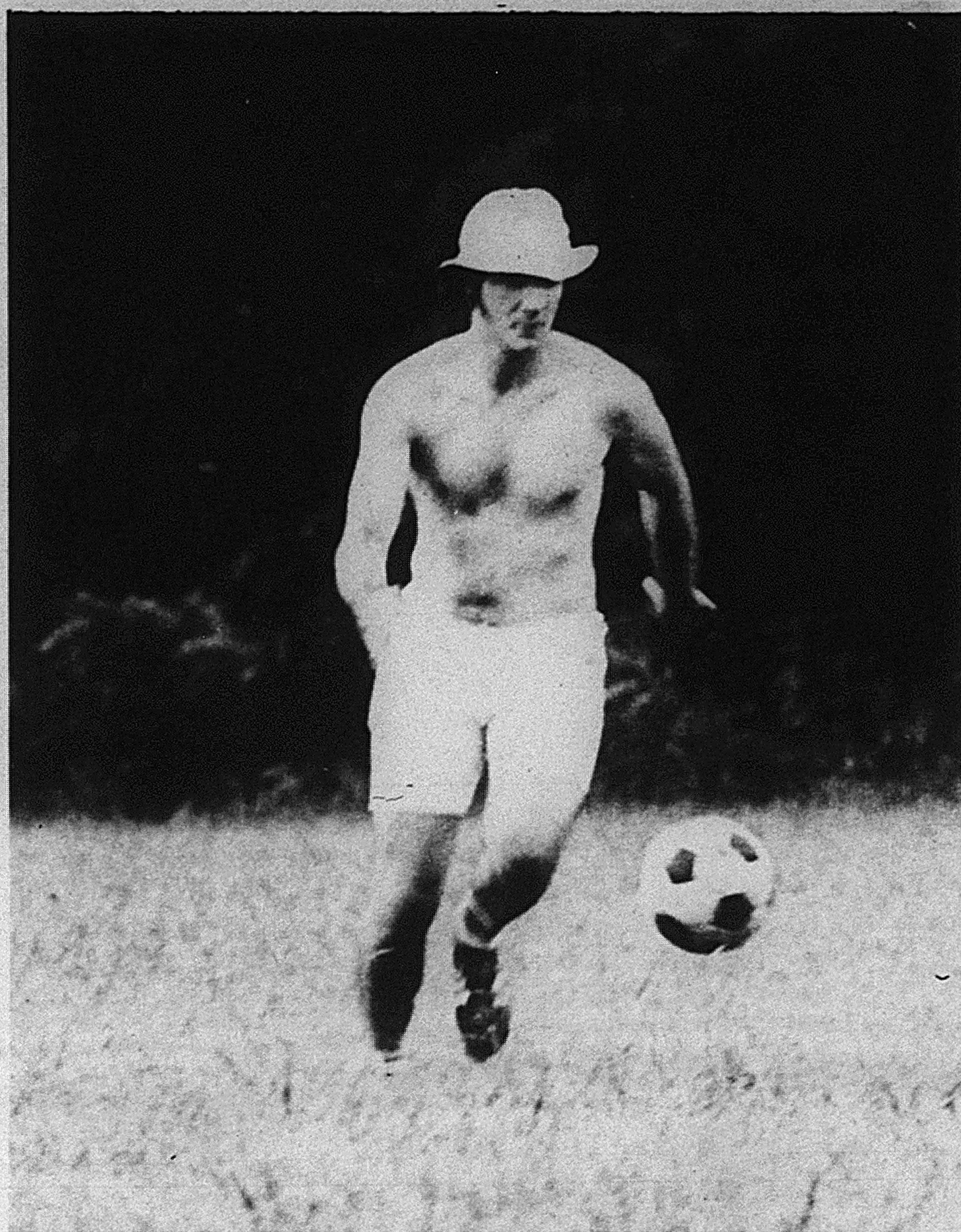
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Ken Pargeter, CNC senior fullback, dribbles downfield in attempt to overcome Langley Soccer Club. Photo by Oliver.

## Auditions to be held for Players' first production

Auditions for the CNC Players' first production of the year will be held Monday afternoon September 9th at 3PM.

The production will be the first American showing of "Farewell, Judas," a new Polish play by Ireneusz Iredynski. There are sizeable roles for four males and one young female.

Please prepare at least two minutes of audition. (No books allowed. They know you can read -- they want to see

what else you can do.) A split audition: one minute of comedy and one minute of a serious work is suggested.

## Campus Art Gallery set to open Friday

The Art Gallery will open its second season with the award winning Gary Johnson and his whimsical photographs. The exhibit opens September 9th and ends September 21st. The Art Gallery, located on the second floor of the Campus Center, is open from 7 a.m. to 9 p.m.

## Used book sale to run all week

The AKPsi Business Fraternity will hold a Used Book Sale from Tuesday, September 3rd through Friday, September 6th from 9 a.m. - 3 p.m. and 6:30 p.m. - 8 p.m. The fraternity will also accept used books for resale. "Save money -- buy from the frat!"

## Campus Center Hours

Please note new Campus Center hours which go into effect September 3, 1974:

Mon.- Thurs. ----- 7am - 9pm  
Friday ----- 7am - 5pm  
Saturday ----- 5pm - 11pm  
Sunday ----- 1pm - 9pm

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