The Captain's Log-P

Volume VII, Number 7

Christopher Newport College

Newport News, Virginia 23606

October 13, 1975

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Dr. Windsor: Enrollment, Offices, Highway Signs

In a recent memorandum, Dr. James C. Windsor released data on the headcount enrollment here as of October 8, 1975.

According to the college President, the headcount enrollment is 3,035, which represents an FTE enrollment of 1,904. This figure represents a 15.5% increase over last fall's enrollment.

Dr. Windsor says that final approval to occupy the new trailers is expected in the near future. As a part of the relocation plan, "Mr. McMurran will be moved to the Campus Center where he will be conveniently available to students," he said. McMurran is head of the job placement office.

Clark Ward, Director of Financial Aid, will move to room 121 in the library where he will be near the admissions office. It was pointed out that this move will not interfere with the efficient operation of the library.

Fifteen faculty members will have private offices in the trailers. "This will release three badly needed classrooms," he said.

Dr. Windsor said that, "Mr. Goodloe, chief highway engineer for this district, has assured me that appropriate signs will be constructed in the near future on Interstate 64, which will identify exits to Christopher Newport. The signs were requested several months ago," he said, "but had to await the availablity of funds."



Dr. James C. Windsor, President of CNC

Macke SandwichesGood, But Not Gourmet Meal

By Pam Werner

At certain times of the day, students are known to be quite hungry, and often quickly making their way to the cafeteria, have no one there to hand them a sandwich, but a friendly *Macke* machine.

In answer to the question, "Why aren't either the Pub or the Cafeteria open at all times?", Mr. John Sullivan, Director of Auxillery Services, explained, "Economically, it is impossible to keep the cafeteria open all the time."

He added that betweeen 3:00 p.m. and the rest of the day, students just are not there.

If the cafeteria was open, there would have to be two people working, that would be \$5.50 per hour. "Does anyone ever think of how many hamburgers would have to be served to pay these people?" Sullivan asked "The purpose of the cafeteria is to provide complete service, at the lowest prices, when people are here." He added that, "if the cafeteria were open more hours, that the prices would probably have to be raised, to cover the added expense."

People seem to be reluctant to use the Macke machine. Sullivan feels that people have psychological hang-ups about machines taking over, and "eating them up."

Macke machines aren't that bad. The sandwiches are good and can be heated in the microwave oven provided. "It's not a gourmet meal, but neither is the cafeteria," Sullivan said.

This statement seems to hold true, as many students interviewed prefer the cafeteria over the machines. "They're alright when the cafeteria is closed and you need something to eat," one student said. He added that he would rather eat in the cafeteria. Most students interviewed had similar comments.

In response to the request of the student body for more hours, and in order to pay everyone's salary, Sullivan announced that within the next week, the pizza ovens will be moved from the kitchen to the Pub. A waitress will be on duty to make pizzas of any size, and prepared sandwiches that can be made in the ovens. He added that there are plans to work meatball sandwiches into the menu.

The Pub will be open Monday through Friday from 12:00 to 3:00 p.m. and from 4:30 to closing. This means that neither the Pub or cafeteria will be open from 3:00 to 4:30, but students are urged to use the Macke machines during this time. The sandwiches are good!

Sullivan also said that some students have asked about the Pub being open on Friday nights. He said that perhaps in November new hours of 6:30 to 11:00 could be worked in.

Educational Rights and Privacy Act

The College hereby affirms that its policies and procedures are in full compliance with the Family Educational Rights and Privacy Act of 1974, whereby each student's right to the privacy of his or her official college records and access to the same is assured," wrote Dr. James C. Windsor, CNC President, in a recent memorandum.

Enrolled students shall have the following rights under the law:

(1) The right of access to his or her official College records. Under the terms of the Act the College is not required to make available to students the following materials: (a) Confidential letters of recommendation placed in students' files before January 1, 1975, and those letters for which the student has Parents confidential financial statements. (c) Medical, psychiatric, or similar records "which are created, maintained, or used only in connection with the provision of treatment to the student and are not available to anyone other than persons providing such treatment; provided, however, that such records can be personally reviewed by a physician or other appropriate professional of the student's

choice." (d) Personal files and records of members of faculty or administrative personnel, "which are in the sole possession of the maker thereof and which are not accessible or revealed to any person except a substitute." (e) Records of the Admissions Office concerning students admitted but not yet enrolled at the College.

2. The right to inspect and review his or her

- The right to inspect and review his or her official College records.
- The right to a response from the College to reasonable requests for explanations and interpretations of his or her official records.
- The right to an opportunity for a hearing to challenge the accuracy or appropriateness of his or her official records.
- 5. The right to have disclosure of his or her official records limited to College officials or other persons authorized under the act, for legitimate purposes, unless release of such information to other parties is given in writing.
- A student wishing to review his or her College records should consult with the Registrar.

Seniors!
Vote for Your Candidate on
Wednesday & Thursday
For
Senior Class Vice-President

Student Wants to Know, 'What Happened?'

Editor:

After reading your article on the SGA election for senior class vice president in the October 6, 1975 issue of the Captain's Log, I found several questions running through my mind. I thought I had mistakenly perceived the contents of the account until, in the course of one day, I ran across seven people who had the same questions. Among them were (1) Who won? (2) What were the "several legitimate complaints?" (3) Were they complaints or was a formal contention submitted? (4) Why was the election invalid? (5) Whose fault was it?; in other words, WHAT HAPPENED?!!

Also, seeing as how the tie and runoff are unique to CNC Student Government Association history, don't you think the account should have warranted more than fourteen (14) lines? No wonder there is so much alleged apathy among students at CNC. The supposedly accurate reporting in the Captain's Log leaves too many questions unanswered.

"The Random House Dictionary of the English Language, The Unabridged Edition," defines "report" with a primary definition of "An publish material it selects has been account or statement describing in debated, and established, in the detail an event" . . . "Among other highest courts of the land, there is one

Letters to The Editor:

written account based on thorough research." I think your article, in leaving so many questions unanswered, was a prime example of yellow journalism. Whoever allowed that article to be printed is totally irresponsible.

I think a written apology to the student body of CNC is in order, along with a revised, accurate account of what actually happened during the runoff election for Senior class Vice President on 1 October 1975.

> Sincerely, Alice M. Frapolli

Other signees were: Stewart P. Patterson, Alice M. Wagner, Bob Lucas, Dianne Ellenson, Robert D. Simms, Marcia Rodgers, Karen Robins, Pat Roof, M. Kay Brown, George Lord, Part Lord, Pat Treece, and 3 others whose signatures were illegible.

Ms. Frapolli,

While the freedom of the press to

definitions were "to tell", and "a other very important aspect of ethical journalism; that is to print the truth rather than here-say. Unless you have tried to find someone on a Saturday or Sunday for a statement, you can not possibly appreciate our



In reply to the five questions of your letter concerning the election, Barbara Anderson, Election Committee chairperson says, "No one", won, "the election was declared invalid by the Election Committee."

The "legitimate" complaints were: "(1) the number of ballots exceeded the number of names checked off in the voting." Ms. Anderson says, "The Election Committee feels this is probably due to a person, or persons, at the polls inadvertently forgetting to check off the names; (2) The By-Laws of the SGA state that all special elections must be held on two consecutive days, which the Election Committee somhow failed to notice."

A formal complaint was received, signed by Mike Bingham.

Barbara Whose fault was it? Anderson says, "I honestly don't believe it was any one person's fault, and it certainly was not the fault of either candidate. In the midst of a good hard battle for this office, some unfortunate mistakes got by the Elections Committee, which subsequently, invalidated the election. If somebody wants a scapegoat, " she says, "I suppose it would have to be me as Chairperson of the Elections Committee."

...In Your Ear

It would appear that one doesn't have to travel to Washington anymore to find irregularities in campaigns and elections. It would seem that the plumbers have descended on this campus along with all of their dirty tricks.

The Watergate incident and resulting cover-up have been scaled down to the Campus Center incident and alleged cover-up. Unfortunately, the much heralded post-Watergate morality has not spilled over to include this campus. The facts behind the election and subsequent special election held to decide on a vice-president for the senior class are simple. The first election resulted in a tie between Mike Bingham and Pat Treece. The special election ended with Pat treece as a one vote favorite. There were, however, irregularities in this count. More ballots were counted than were cast. Although the SGA election rules call for a two day election period for special elections, balloting lasted only one day.

Because of these irregularities, Mike Bingham protested the election, and another election has been called for. The big question is, why did he have to protest the election? Why wasn't the election voided the minute the irregularities were discovered? Would this have been another for a college to die.

By Chuck Edwards

"Watergate" that no one would have ever known about?

A SGA executive council member said that if the election had not been protested that a new election would not have been called for. Is this what post-Watergate morality is all about? Did we learn nothing?

Does a finger need to be pointed? Unfortunately, I know of no one who has enough time or fingers to do the job. The blame technically falls on the Election Committee, but technicalities do not aid in correcting an ailment. Responsibility's many fingers should be pointed at each and every student on this campus, for it is they who are the student government. The real world does not consist of just work or family. The real world is everywhere. A college government election is equally important to a student's educational freedom as a national or local election is to everyone's personal freedom.

It is time for a true, post-Watergate morality, a time for honesty and involvement. It is fortunate that there are a few who are willing to carry the burden of the irresponsible majority. Anarchy would rule if this were not the case. Is anarchy what the majority wants? Whole countries have been given this choice and many died in the wake of it all. It is possible

CNC Notices

CHESS TOURNAMENT

MENS BASKETBALL FORMING

The Chess Club is sponsoring a student, faculty chess tournament on October 25. The tournament is being held in rooms 227 and 233 from 1:00 until 6. Everyone is welcome. Free refreshments.

INTERESTED IN PLANTS?

All persons interested in organizing a Horticulture Club, please attend the meeting of Monday, October 13 in Gosnold 130.

Note: You do not have to be a Biology Major to Attend. All interested people welcome.

members of its staff.

There will be a meeting on October 14, 1975 at 4:00 p.m. in Ratcliffe Gymnasium of all male students interested in Basketball (Varsity or Junior Varsity). Attendance is recommended since physicals will be administered.

Letters from our readers on matters of general interest are welcome. However, they are subject to editing and must be signed. Please include full address and, for verification only, telephone numbers. Anonymous letters will not be published.

The Captain's Log Staff

Editor-in-Chief	Martin L. Green, Jr.
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Entertainment Editor	
Photographic Editor	
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Candy Frazier, Lisa Halachis, Bill Hart, Pat Roof STAFF: Photographers: Thomas Minniear, Fabian Bertocci Faculty AdvisorJohn Harwood

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Woman, Two Mem Join Sociology Department

By Pat Dorsey

Gary L. Faulkner, an Assistant Professor of Sociology at CNC, came from North Carolina State University after teaching there for five years.



Linda Caviness, Instructor of Sociology

He received his BA and MA from Ball State University in Indiana and his Ph.D. from the University of Georgia in 1971.

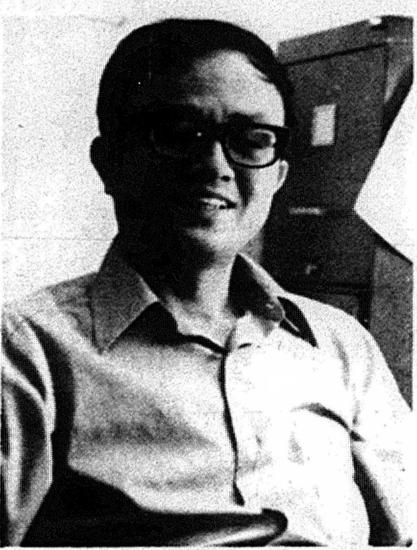
Dr. Faulkner likes CNC because it is a small school where he can teach what he wants to teach, also, CNC encourages interaction between professors and students.

He likes most sports, but particularly handball and tennis. He also enjoys chess, reading, and watching T.V.

Comparing the students of North Carolina State University with Christopher Newport students. Dr. Faulkner said. "I don't know if CNC students are more intelligent, but they are more verbal, more prone to question in classes." He attributed this to CNC students being "older".

"I'm very unexceptional, I wish more people felt that way about themselves," he concluded.

Chung-Wu Chang is an Assistant Professor of Sociology from Taiwan, he received his BA from Chung Kung University. He earned his MA and Ph.D. from Louisiana State



Chung-Wu Chang, Asst Professor of Sociology Staff Photos by D. Lyon

University.

He has taught for five years at the University of Wisconsin. He came to Christopher Newport College because of the weather conditions, the location, and because it is a new experience.

Dr. Chang is doing a "manpower study of minorities" for the Department of Labor and is interested in the subjects of social theory and population.

He enjoys travelling because he liked to see the "different lifestyles," and has learned to "appreciate the difference." Being at CNC is a travelling experience for him. Dr. Chang likes the small, informal classes. He finds the students "more mature, experienced, and eager to learn."

Linda R. Caviness is an Instructor of Sociology who is especially interested in criminology. She earned her BA and MA from North Carolina State University and has worked for the State of North Carolina for four years doing crime research.

After she married, the couple was transferred to Williamsburg; where she taught at William and Mary 2 years. Her husband was then transferred to Newport News, so she is now teaching at Christopher Newport.

Mrs. Caviness hopes to contribute "techniques of learning rather than facts" to her students. She wants to teach them to "cope

with society." She believes learning to "interact and relate facts is more important than just learning them."

In comparing students she is teaching now with those she taught at William and Mary.



Gary Faulkner, Asst Professor of Sociology

Mrs. Caviness looks at the individual. At William and Mary you begin with a student who has "performed well in high school, but that doesn't necessarily affect college opportunities and motivation."

I'm impressed with the students here; they are more practical, more aware of the real world, they have a stake in passing a course." she concluded.

Dr. Windsor Speaks to Area HS Students

By Mary Dvorak

One of the things President Windsor is found doing this fall is visiting many of the local high schools to talking to this year's seniors.

This past Tuesday found him at York High School where he was introduced by the principal, Claude W. Milan, who listed a few of Dr. Windsor's many credits.

To open his talk, Dr. Windsor related a few humorous stories to an audience who seemed to enjoy even the corny jokes. After the touch of humor Dr. Windsor pointed out to the students that graduation from high school was just around the corner for them and that they are on the threshold of having to make some very important decisions concerning their future.

From there he moved on to speak of the importance of self-fulfillment in today's society. In the early years of the history of this country large families were economically favorable, in fact they were necessary. Today the same is not true and having a family is for self-fulfillment rather than economics.

The society we live in today is a technological, and industrial society where people are valued for what they do and not who they are. Because of this it is important for high school seniors to start considering what type of vocation they want, as well as the life they want to live in a basically dehumanizing society.

In contemplating these things, one should try and look for a way of living where they will feel effective, something which is more important to an adult than even security. It is important to today's adult to attain a level of excellence and to feel effective in his or her work, no lower rates and three had the same. matter what job they may have.

Dr. Windsor then presented the tabulu rasatheory, where an infant is born with a blank state that is filled by education. For

some people this education may continue beyond the high school years into college, for others college is not necessary for the vocation they choose or it is just not their thing.

Those who do not attend college ought not feel guilty about it, they should just go and do

Traffic Death Toll Under 1974 Figures in Virginia

Richmond, Va. . . . Virginia's traffic deaths for the first three quarters of 1975 stood at 748, or 24 less than those for the same period of 1974, despite a rise of approximately 4.4 percent in traffic volumes, Colonel Harold W. Burgess, Superintendent of State Police, reported today.

Pedestrian deaths were down from 137 to 108, motorcycle deaths from 51 to 44 and those of servicemen from 33 to 26. Deaths of bicyclists were even at 12.

Monthly decreases were noted in March (97-86), June (97-88) and July (124-90) while increases were experienced in January (79-83). February (51-57), April (74-79), May (67-69), August (101-107) and September (82-89).

"If we can hold deaths below the 1,050 of last year we will see our third consecutive year of reduction, something that has not happened since 1960," Colonel Burgess observed.

For the first seven months of the year Virginia's mileage death rate (deaths per each 100 million miles of vehicular travel) was 2.4 which compared well with the national average of 3.6. For the period, only two states had

Colonel Burgess noted that all statistics were subject to slight upward revision due to late reports and deaths of persons now carried as injured.

the best they can at whatever they do and try to attain a level of effectiveness and integrity they can be proud of. College should be thought of for vocational purposes only.

For the high school student going to college, there is still the choice of going away to school or living at home and attending a local college. Some students are ready to move away from home after graduating from high school, others are not and staying home during the first year of college gives them time to adjust to the new academic and social differences.

In the State of Virginia, there are four urban colleges, one of which is CNC. By attending one of these colleges a person can save \$1500 to \$2500 per year. Definitely a plus for urban colleges.

Thoughts like these are what high school seniors on the Peninsula are being left with, along with a few good stories, by Dr. Windsor. Some may think about what he had to say, others will remember the stories, and some will only think of it as a way they got out of class.



\$33,500,000	
Unclaimed	
Scholarship)S

Over \$33,500,000 unclaimed scholarships, grants, aids, and fellowships ranging from \$50 to \$10,000. Current list of these sources researched and compiled as of Sept. 15, 1975.

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Soccer Team Defeats N.C. Wesleyan, 2-0

By Faith Ann Gibson

Last Friday afternoon the CNC Soccer Team got back to their winning form with a 2-0 win over North Carolina Wesleyan. Although CNC had complete domination throughout the entire game the tenacious defense of Wesleyan held the score down to a goal in each half.

The Captain's Andre Bell scored a deadly

long shot from thirty yards out into a dipping net. The score remained 1-0 until halfway into the second half when CNC was awarded a penalty kick. Andre Bell shot it making the score 2-0.

CNC now has a 4-4 record. Be sure to come out on October 18 at 2 p.m. when CNC will meet the Langley Soccer Club.

Captains to Play Golf on Ft Eustis Course

The CNC golf team has begun its Fall and Winter Practice schedule which includes practice matches with other schools and golf associations.

The college has worked out an agreement with Ft. Eustis that allows the team members to use the Ft. Eustis golf course on a daily basis and to hold our home matches there.

During the regular spring season the team will carry six team members and two alternates which will be decided from the results of the Fall and Winter Practices and matches.

Besides regular team matches there will be a

Southern Spring Break trip and the state matches at Hot Springs, Va. CNC has put in a bid to host the Dixie Intercollegiate Association Championships.

There is an important organizational meeting on Wednesday, October 15th at 12:15 in the Gym Rm. 109. All who are interested in the Fall and Winter practice schedule should be present at this time. Those who cannot attend or have questions concerning the program should contact Coach Hubbard by Friday, October 17th.



The Captains' John Yu, No. 17, and Richard Clements, No. 12, race down field during a recent game here.

Photo by D. Lyon

Experiental Training Group for Fall Announced

The Christopher Newport College Counseling Center is holding Experiental Training Groups for this fall semester according to acting director, Glen G. Vought. These training groups are open to the faculty, staff, and students at CNC.

The four groups that are being organized are:
(1) Career Exploration Groups, (2) Weight
Control Group, (3) Strengthening Emotional
Muscles, and (4) Assertive Training.

Mr. Vought states, "We would like to call your attention to some of the activities which will be offered during the semester by staff members. Our intention is to offer experiences that go directly toward some of the personal development needs that college students often seem to have at this stage of their growth, and that all of us may experience at different times."

Conducting these training groups are Ms. Bonnie Hansen, Ms. Jane Siegel, and Mr. Glen Career Exploration Groups are composed of five or six people who meet in a structured relationship exchanging ideas and experiences

attain them.

Weight Control Group is an ongoing group
for those who wish to learn and use behavior
modification techniques to change their eating

to explore vocational goals and specific steps to

habits and thus control their weight.

Strengthening Emotional Muscles is an ongoing group for persons who are aware they have habits they dislike, but seem unable to break them. These "bad habits" may be smoking, overeating, or any other "uncontrollable repetitive behavior. Principles of Rational Emotive Therapy will be utilized.

Assertive training helps you to tune-in to yourself, your values, your behavioral and verbal patterns. It also helps you to change undesirable, personally non-profitable or nonfulfilling interpersonal communication, and behavior. Through assertive training one is able to increase his awareness of his feelings and assess his personal rights as a human being. Four sessions will be offered in the Assertive Training Program. These will include an introduction to assertive termino-

Cheerleaders for Fall Games Chosen Last Week

By Pat Dorsey

Cheerleaders were chosen last Tuesday evening by a panel of 16 judges.

The men and women were judged on personal appearance, for coordination, enthusiasm, on their voice, and their skill in executing stunts. In addition, the women demonstrated a variety of jumps and a group cheer.

Besides choosing the cheerleaders, judges also decided to have five women and three men on the squad, with two alternates who will cheer at home games.

Female cheerleaders are: Patty Minton, Angie Gianaris, Darcy Breault, Linda Walkup, and Pam Weiner. Cindy Hardee will be the alternate.

Male cheerleaders are: Greg Gustason, Keith Keeton and Jim Rowe. The alternate is Ron Gagne.

The Judges were impressed with the selection and believe CNC will have an excellent cheerleading team this year.

logy, values exploration, role playing situation, as well as attention to body language, and satisfying verbal communication.

Raiders Win 35-0 in Football Against AKPsi

The CNC intramural flag football league opened its season Sunday, October 5 at Ferguson High School's field. The 10:00 game matched last years champions, the Headhunters, against the ever present EHO's with the Headhunters coming out on top 18-0. At 11:15, the Raider's handed the AKPsi business Fraternity a wide margined defeat, the score, 35-0.

All intramural football games are played on Sunday mornings at 10:00 and 11:15 at Ferguson High School. Students are urged to participate in intramural activities and if nothing else, to attend the games.

Mahayana Yoga Studio Phone: 851-9590 Buckroe Shopping Center Hampton, Virginia

Philip Morris Offers \$1,000 for Project

NEW YORK, N.Y. -- Philip Morris Incorporated has announced its seventh annual Marketing/Communications Competition for College students, with the winners to receive a \$1,000 grant from the company. Entries may treat any aspect of the broad area of marketing/communications related to Philip Morris Incorporated, it operating companies or any of its non-tobacco products.

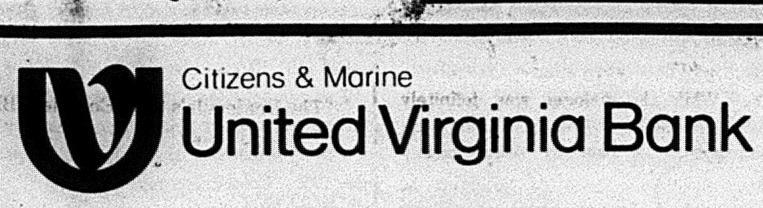
The purpose of the program is to provide students with a practical and realistic project, bringing them into direct contact the business community. Student chapters of professional societies, regular classes or ad hoc committees of no less than five students and a faculty advisor may submit proposals.

In addition to the \$1,000 grant, two students and the faculty advisor will be invited to corporate headquarters or another company location to discuss the proposal with Philip Morris executives.

A distinguished committee of marketing/ communications experts will judge selected entries. They are: Eugene Kummel, chairman of the board, McCann Erickson; Mary Wells Lawrence, chairman of the board, Wells, Rich, Greene; Arjay Miller, dean, Stanford University Graduate School of Business; William Ruder, president, Ruder & Finn; and James Bowling, vice president and director of corporate affairs, Philip Morris.

Philip Morris Incorporated, one of the world's largest cigarette companies, includes Philip Morris U.S.A., which produces Marlboro -- the number one selling cigarette in the world, Benson & Hedges 100's, Parliament, Virginia Slims, Saratoga 120's, Philip Morris regular and Commander, Benson & Hedges Multifilter, Alpine, and other cigarettes, and also makes the Personna Double II cartridge shaving system, the Flicker ladies' shaver, and Personna and Gem razor blades; Philip Morris International, which manufactures and markets the company's products through affiliates and licensees abroad and exports cigarettes and beer around the world; Miller Brewing Company, brewers of Miller High Life and Lite brands; Philip Morris Industrial, which makes chemicals, paper, and packaging materials; and Mission Viejo Company, a new community development and home building concern.

For additional information, please contact the Communications Department, Philip Morris Incorporated, 100 Park Avenue, New York, New York 10017.

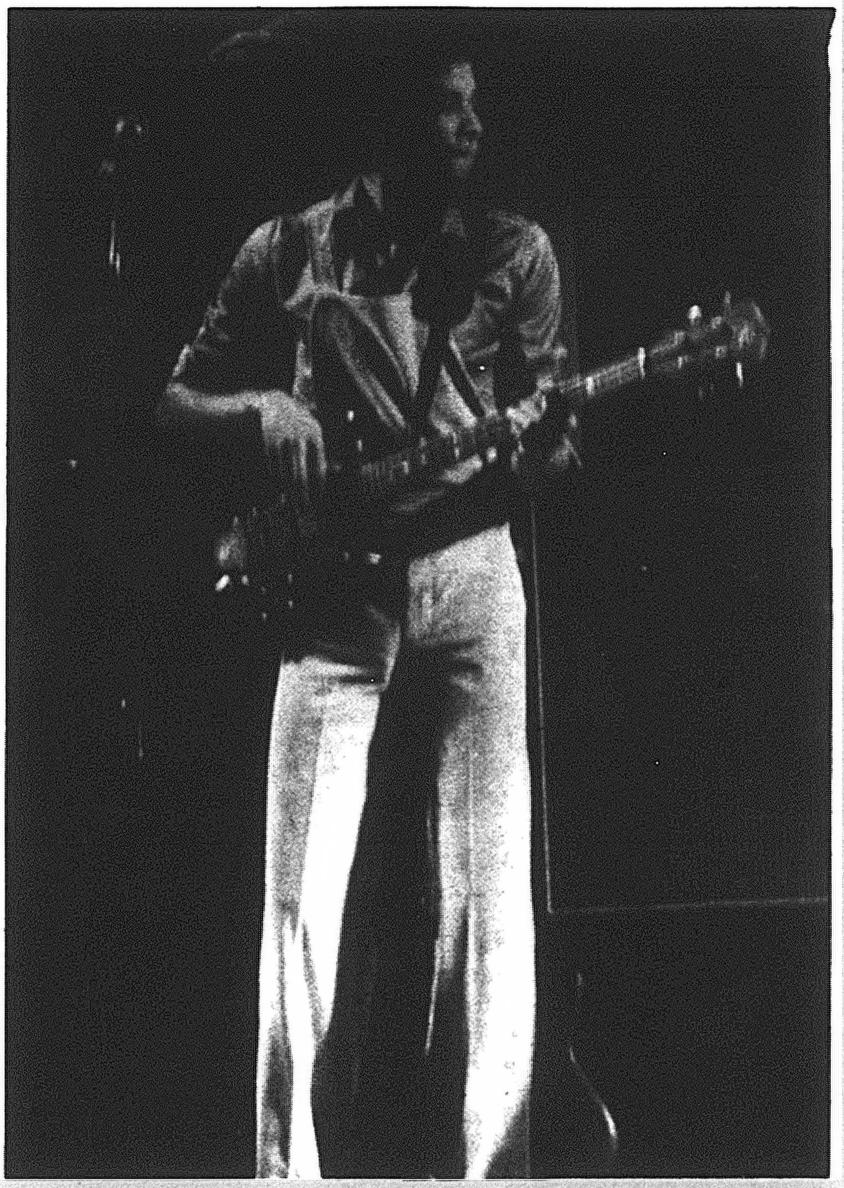


Main Office, 2501 Washington Avenue

Denbigh Branch, 14500 Warwick Blvd
Dresden Branch, 615 Dresden Drive
Grafton Branch, Grafton Shopping Center
Grant City Branch, 35 W Mercury Blvd.
King & Oueen Branch, 34 E. Oueen St.
Langley Branch, Langley Air Force Base

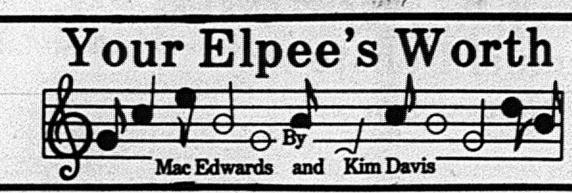
Mercury Blvd. Branch, 2148 W. Mercury Blvd.
Mercury Plaza Branch, Mercury Plaza Center
Newmarket Branch Newmarket Shopping Center
Pembroke Branch, 2451 W. Throke Ave
Warwick Branch, Warwick Shopping Center
Willow Oaks Branch, Willow Oaks Shopping Center

Member FDIC



Stanley Clark, a member of the Return to Forever group, keeps the rhythm going during a recent concert at Hampton Institute.

Photo by Kim Davis



Return to Forever thrilled a packed house of jazz enthusiasts last Wednesday night at Hampton Institute's Ogden Hall.

The group was initiated in 1972 by Chick Corea, keyboards, and Stanley Clark on bass. Later, it was joined by a drummer, Lenny White, while Al Dimeola replaced the original guitarist, Joe Farrell.

Both Chick and Lenny gained much of their experience and expertise by having worked with Miles Davis in the late 60's. In interview after the concert, Chick said that he had received "musical inspiration from Miles because of the strength and beauty of his music."

Return to Forever attracted a surprisingly large crowd that filled the hall to capacity. They opened with a piece off of a more recent album, Where Have I Known You Before, called "Vulcan Worlds." Chick set the pace with inspirational keyboard work while Al excelled on guitar. Al has fantastic sustain and his accuracy in stretching strings is phenominal.

The piece progressed into a diversified improvisation. Chick said that working around a structured format, this was a typical way of extending a number on stage. "Vulcan Worlds" climaxed with spacially choreographed sound. They exchanged runs in a circular pattern, bowing in the direction of the sound.

The company, Sound Plus, did an excellent job of handling the sound and lighting. Lighting was coordinated with the music and the sound was perfect. Lenny, Stanley, and Al each recorded solo albums this past summer which should be released in December. Stanley's album features some of the group members as well as John McLaughlin, Jeff Beck, and George Dubree. Samples from each album were played in the concert, and they sounded like winners.

After a brief intermission, the band proceeded with "1976 Overture" written by Chick.

An eerie effect was produced by odd rhythm patterns and the low ominous tone of the synthesizer.

An outstanding set of acoustic music followed. They began with "No Mystery" and moved into some elaborate improvisation. The Rhythm galloped along with everyone keeping the hectic pace. Highlighting the number were a series of solos that stressed the expertise of each.

Although the crowd was a little noisy during Chick's solo, he played with feeling in the piano style that made him famous. The band picked up the rhythm, rolling into some free wheeling, old time jazz.

During his solo, Al amazed the crowd with his remarkable speed. His is not the nonsensical approach limited to one scale that many rock guitarists take. He uses as many scales as possible.

Stanley played runs of unusual complexity on the upright bass, displaying his unique flutter hand technique.

Lenny exhibited the true jazz drummer style of speed, control, and no unnecessary movements. His driving rhythm was full in sound.

Return to Forever switched back to electronic music with "The Dual of the Jester and The Tyrant." It had a medieval theme with interjected "electronic baroque." The concert ended at 11:30, after a frenzied encore.

Return to Forever is a group-oriented band which, according to Chick, is why Joe Farrell is no longer a member. Although there is much soloing, the overall effect is a cohesive sound. They watch each other as they perform, exchanging subtle stage signals that Chick says "are a type of ESP but nothing mysterious." This anticipation of thought is no doubt the key to their exacting and unified sound.

The instrumental complexity and accuracy generated on stage by the group was truly outstanding. Few bands can reproduce studio recordings adequately, while Return to Forever is even better live.

CASTAWAY

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NIGHTLY ENTERTAINMENT

This Week at The Castaway

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Oct. 19 Auditions - Bring your

Own Guitar

Mon. Oct. 13 Laura Clark

Tues. Oct. 14 Bill Gurley

Thurs. Oct. 16 SAGE

Wed. Oct. 15 Tommy Espanola

Review

Oct. 18 East Virginia

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'First of the Season' Performance, A Hit

By Martin L. Green

An audience of around 300 persons was on hand last Friday evening for the season's first performance in The Nancy A. Ramseur Memorial Artists-in-Concert Series. The performance by The Royal Shakespeare Company, Stratford-on-Avon, England, was indeed a performance well worth seeing.

"Pleasure and Repentance," a lighthearted look at love, featured the four performers, all dressed in black, in short spoofs on love and virture.

Lynette Davies' ability to change from one character to another, almost instantaneously, was an inspiring example of the abilities of a professional actress in a situation requiring 'just the right amount of demure,' and yet, not to over do it.

"Do you smoke after you make love," it was rasked? "I don't know, I never looked," was the reply. Passages such as this filled the entire performance, all in a very light vein. David Suchet and Hugh Sullivan formed an interesting and enlighting team, and when joined by Lynette, the scenes were almost too much to endure. While the dialogue was definitely "light," there was no mistaking what was meant, but the lines were delivered in such a lighthearted manner that the laughter, at times, necessitated a pause in the performance.

Bill Homewood's songs, ranging from The Rolling Stones' hit, "Satisfaction" to such little known traditional Irish tunes as "She Moved Through the Fair," were hilarious to the last note. His artistry on the guitar, and in pantomime, enhanced the overall performance.

The fact that some of the puns may have been missed by an audience unaccustomed to the

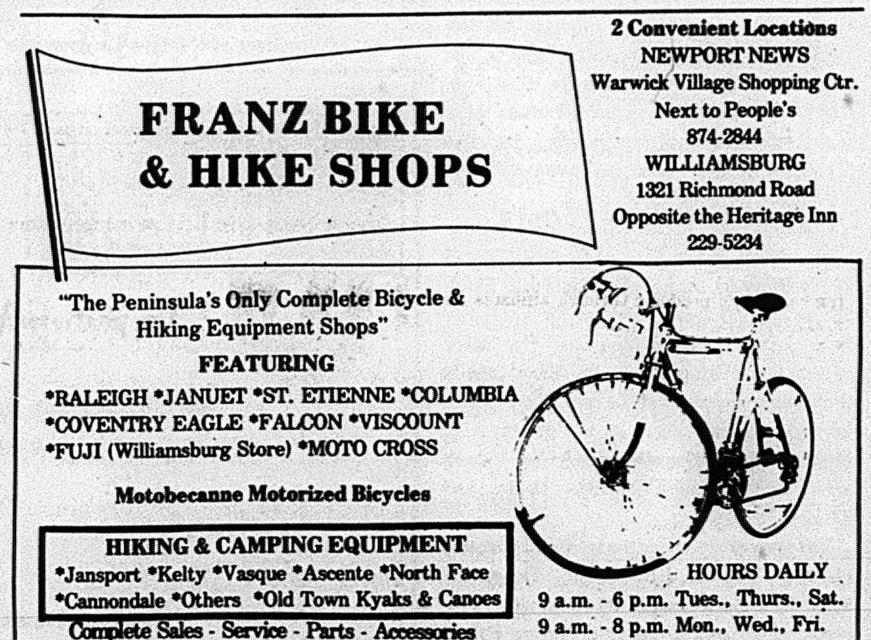
'lighter' point of view did not lessen their enjoyment, in fact, it appeared that once they had relaxed, and gotten over their embarrassment, they really begin to appreciate the performance for what it was; a satire on love, life and morality.

The 'first of the season' performance has set the stage for future performances in the series in that the audience has come to know a degree of excellence that will be difficult for succeeding performances to match. However, the three remaining performances of this year's series are promising, to say the least.

On November 15, William Walker, the leading young baritone of the Metropolitan

Opera Association, and sometimes star of the Johnny Carson "Tonight" show, will present a recital. He will be followed on February 27, 1976, by classical guitarist, Oscar Ghiglia, who will present a concert and hold master classes. The 1975-76 concert series will close with a performance on April 3 by Joseph Kalichstein, the Israeli pianist. He is the 1969 winner of the Levintritt Competition.

If you missed this performance of The Royal Shakespeare Company Production of "Pleasure and Repentance," I am certain that you will want to make it a point to be present for the remaining performances of the series, you'll hate yourself if you don't.



Bicentennial Debate Led by Newspaper Courses

Colonial newspapers fired the first volleys of the American revolution. Journalists like Thomas Paine, Isiah Thomas, Sam Adams, and John Dickinson sparked a great debate among the colonists - a debate on how to realize their visions of America. From this debate, from the many voices raised, grew a mighty shout for freedom.

Now, 200 years later, Americans will recall that first crucial debate with another. Again, newspapers will make it happen. American colleges and universities will provide support to extend formally the debate.

Through the American Issues Forum, a national bicentennial program of the National Endowment for the Humanities, the people of the United States again will be drawn into a nation-wide debate. The subject: America - what it is, how it got that way, where it's heading. The purpose: To understand the reality of the American experience.

The framework for the Forum is a calendar of nine monthly topics, issues that made headlines 200 years ago and still make headlines today. Issues like work. Government. Land use. Human rights. Foreign affairs. Using the calendar as a guide, Americans will come together to explore each issue simultaneously, but in diverse ways, from unique perspectives. Some will remain at home; others will collect periodically on college campuses.

Locally, the Daily Press and Christopher Newport College will join for the third consecutive year in providing both an arena for debate and a college credited course through the newspaper. In past years, the two have sponsored America and the Future of Man and In Search of the American Dream. This year there will be two courses, American Society in the Making and The Molding of American Values. Both are parts of the American Issues Forum.

Readers who want to study seriously the issues posed in the weekly articles, each of which will be written by an international authority on the making of America, may do one of two things. Those who would merely like to read more about the topic and have an organization to this reading may purchase American Issues Forum Reader and American Issues Forum Study Guide. Those who would like to move beyond at home study may enroll at Christopher Newport College in Humanities 100, American Society in the Making. Students in this course will meet once each month, on Saturday mornings, from 9:30 to 12:00 noon. The first class meeting will be November 1; the second December 6; the third January 3; and the last February 7. Students will earn two semesters credits. Registration can be completed by filling out the form below and mailing it to the College together with the required fee.

Pat Treece
Or
Mike Bingham
For
Senior Class
Vice-President
Wednesday and Thursday
October 15 & 16, 1975
Campus Center



Pledges PourRamps

Members of the Alpha Kappa Psi Pledge Class contributed their time and labor to construct ramps around the college to enable paraplegics to enter the campus and buildings without having to await assistance. Pictured above smoothing cement are: (left to right) E. F. Richardson, T. Cook, W. L. Brawer, C. D. Cuthriell, W. C. Whitt, and J. M. Hoare. Pledge class President, F. Bertocci, is not shown.

Photo by F. Bertocci

CNC Players Presents "Ode To Tumbleweeds"

By Pat Roof

"Ode To Tumbleweeds" will be presented by the Christopher Newport Players on October 16, 17, and 18 in the Campus Center Theatre at 8:00 p.m.

The production was devised and directed by Micky Shiller, a recent CNC theater graduate, who also directed last year's children's season in Smithfield, which included "Alice in Wonderland" and a summer road show of "Oz".

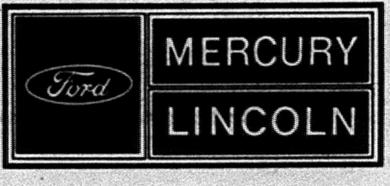
The play context was adapted from the original Tumbleweeds comic strip and is a comical spoof about the paper-strip cowboy and his comrades in "Grimy Gulch". Scott Moore, a naive Tumbleweeds, is one of the younger members of the Peninsula Community Theater. He recently danced his way through "No, No, Nanette," which was presented here a few weeks ago. Pat Jordan portrays Hildegarde Hamhocker, the flirtatious maiden whose heart is set on 'catching' Tumbleweeds. Pat also portrayed Alice in "Alice in Wonderland" and the wicked witch in "Oz".

Other members of the cast are Julie Trail as Little Pigeon, Barby Scull as Green-Gills, and Sandy Berry as Soppy. Pete Jourdan, Sarah Sacks, Jon Jourdan, Deidre Firth, Nancy Bolton and Cindy Benton are the other inhabitants of Grimy Gulch. Ira Abbott, one of the younger members of the cast, shows off an intrinsic natural talent in his portrayal of Medicine Man. The other fun-loving Indians are Danny Bolton, Charlotte Hanna and Theresa Roof.

The players are under the technical direction of Vicky Clark and John McFall. Tickets are \$0.50 for children and \$1.00 for adults. Proceeds will go towards the CNC Players' Poland trip.



Micky Shiller, director of "Ode to Tumbleweeds" (third from left) coaches his small charges.



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Transcendental Meditation, Aid for Your Pains?

By Elyse Gallo

In the last ten years, there has been an increasing interest in the Transcendental meditation program as taught by Maharishi Mahesh Yogi. This new technique of meditation, based on science, proposed fulfillment and peace of mind through the complete development of the individual's potential intelligence. As with any newfangled idea, the reception of T.M. into our Western society was one of skepticism. The public was tired of pigtailed gurus and their strange chants, robed disciples, and futile promises. But the well-trained teachers of Transcendental Meditation assured their pupils that this "nirvana" was not based on religious belief, on philosophical attitude, nor on hypnotic suggestion.

Strangely enough, by 1974, more than 10,000 men and women were beginning the T.M. program each month in the United States alone. The popularity of T.M. and the benefits reported by meditators encouraged scientists to investigate the practice. The results speak for themselves.

Scientists have described T.M. as a fourth state of awareness, as natural as man's other three physiological states- wakefulness, dreaming, and deep sleep. It is practiced for twenty minutes both morning and evening as one sits in a comfortable position with eyes closed. During this period, the subject repeats his assigned "mantra" in the way in which he was previously taught through personal instruction. While his mental activity slowly tones down, the meditator undergoes a variety of physiological changes corresponding to this low level of consciousness.

His oxygen consumption, cardiac output, heart rate, and respiratory rate significantly This evidence, combined with decrease. measurements of blood chemistry, brain wave patterns, and skin resistance, is proof that the body of the meditator experiences profound rest while his mind remains alert and responsive to stimuli. This unique condition of intense mental receptiveness simultaneous with signs of extraordinarily deep physical rest is characterized by the term "restful alertness" and distinguishes Transcendental Meditation from other forms of meditation where hypnosis, concentration, or other means of mental efforts are involved.

The actual process of T.M. was easier to investigate than the beneficial results in daily activity attributed to its practice. R.K. Wallace began the series of physiological and psychological studies whose accomulated evidence established a wide range of fundamentals of progress. T.M. was reported to be generally

relaxing and refreshing: it is inevitable, therefore, that it would rest and restore the physical energy of the entire body, just as sleep would. But it was also verified that through the practice of T.M., one's sociological adaptability increased, the functional system of the body as a whole was improved, academic and job performance improved, anxiety decreased. T.M. even brought about improved resistance

athletic performance, and normalization of weight. These practical benefits of Transcendental Meditation enables one to enjoy peak performance, both physical and mental, in all areas of daily life. They urge improvement upon each individual through the use of his own natural ability- an offer, it seems, with no strings attached.

to disease, relief from insommia, improved

Veterans' Hotline:

Questions and Answers About Benefits

Q: I'll be moving to another address. How do I notify the VA?

A: The easiest way is to see the Veterans Representative in the Counseling Center. He will assist you in completing the Change of Address form and send it to the Regional Office. You may also use the space provided on the back of the envelope that you receive your monthly checks in. But be sure to send it back to the Regional Office. You may also use the space provided on the back of the envelope that you receive your monthly checks in. But be sure to send it back to the Regional Office in Roanoke.

Q: I'm taking 3 basic studies courses. Shouldn't this be equivalent to 3/4 time?

A: No. Each basic studies course has been determined by the school to be equivilent to 2 semester hours. So in this case, 6 hours would be ½ time. Another important point to remember about basic studies courses is that they are not charged against your entitlement. Changes should be promptly reported to Mrs. Harrison in the Admissions Office so that your entitlement can be correctly charged.

The wise man does at once what the fool does finally.--Gracian.

Classifieds

FREE ADS FOR CNC STUDENTS
(For three issues)

The non-student rate for classified ads is \$1.00 for four lines in four issues. Bring your ads to *The Captain's Log*, CC 225, or phone 599-7196.

Third Course by Newspaper Sponsored by College

Christopher Newport College is sponsoring its third course by newspaper, Humanities 100. American Society in the Making. The course will be taught locally by Dr. William Parks, chairman of the College's history department. Dr. Parks, who received his degree from The College of William and Mary, wrote his dissertation on "The Influence of Scottish Sentimentalist Ethical Theory of Thomas Jefferson's Philosophy of Human Nature."

The course features four prominent scholarwriters, each of whom has prepared a series of four written lectures for the newspaper. John Higham, professor of history at Johns Hopkins University and author of the classic book on immigrants in America, has designed the opening segment, "A Nation of Nations." John B. Jackson, former editor of Landscape and now a lecturer at Harvard, has authored the second section, "The Land of Plenty" which will take up the shrinking frontier, the sprawling city, the use and abuse of the land of plenty. Alan Barth, prize winning editor of the Washington Post and author of several books on civil liberties, will lead readers through the third phase, "Certain Inalienable Rights" - a study of the Bill of Rights, it origin and current situation. Finally, Doris Kearns, associate professor of government at Harvard, will study "The American Government: "a more perfect union."

The course will be introduced and coordinated by Daniel Aaron. professor of English at Harvard and author of several acclaimed studies of writers in the Civil War and in the depression.

The course will be concluded by Michael Parrish, associate professor of history at the University of California at San Diego. Dr. Parrish will investigate "The Future of the Past."

For futher information call the Office of Continuing Studies, 599-7045.

Newly married women drive slower than married men because women will do anything to stay under 30. - Bert Boyack.



Employment

HELP WANTED: College Campus Representative needed to sell Brand Name Stereo Components to Students at lowest prices. Hi Commission, NO Investment required. Serious inquiries ONLY! FAD COMPONENTS, INC. 20 Passaic Ave., Fairfield, New Jersey 07006.

Jerry Diamond 201-227-6814

Services

Portraits: Photographic portraits, inexpensive; blown up to any size, Call Robin at 595-7519.

MUSIC LESSONS: Trumpet or Cornet; theory Previous exp, 1st chr Peninsula Youth Symphony. NN All City Orchestra. Contact Billy Carfagno at 877-9689.

RESUME: Designed for you. Special student rate (\$35.00 for 50 copies). For appointment Call 826-1504 or write M & M Resume Service, P. O. Box 7124, Hampton, Va 23666 smt

For Sale

FOR SALE: King Size waterbed, complete wlfur cover, frame, & heater. \$60. Call 595-2073.

FOR SALE: 2 AR-AX spkrs, \$60 ea. El-Nikkor 50mm f.4 enlarger lens, new cond. \$25.00. Call D. B. Price, 874-1322.

FOR SALE: Complete Stereo comp sys: Kenwood 2002A stereo amp (13 watts RMS), Kenwood 2001A AM-FM tuner, 2 Royal 3A two-way spkrs (8" woofer), Realistic Lab 12A record chgr w/dust cover & cueing control. \$250. Call 877-0397.

FOR SALE: Rickenbacker 4001 Bass, 4 mos P Cond. w/case, natural finish \$550. Gibson S6 std 1968 unusual appearance - hot action and sound \$250. Call 877-2416. FOR SALE: Black Vinyl sofe, \$40. Call 727-3058 or 727-2490, 8 to 5.

FOR SALE: Pioneer CS - 99 Speakers, 4 way, 80 watt, 6 spkrs ea. VG cond. \$175 for the pr. Call 596-5206.

FOR SALE: Pioneer QX 4000 4 channel receiver - amplifier. \$135. Call 596-5206

Lost & Found

FOUND: Checkbook in G-145, Farmers Bank of Mathews. P. A. Marchant.

Check at Campus Center desk.

FOUND: Silver Mexican ring in Campus center ladies' room. Owner identify and claim at Campus Center Desk.

Houses for Sale

HOUSE FOR SALE: 3 br, brk & frm, 5 yrs old, Denbigh, c/a, fncd yd, washer, dryer, stove, refrig, carpets, \$6,500 assume bal. \$22,750. 874-4381 after 5 p.m. weekdays.

Wanted

WANTED TO BUY: Good living rm, dining rm furniture. Call 599-7117 or after 3 p.m. call 874-0618.

Automotive

FOR SALE: 1959 Studebaker Lark VI stationwagon, a/t, good trans, excl for restoration, call 877-8144.

FOR SALE: 1963 Triumph Herald, Conv. \$600.00. Call 851-6423.

Animals

FREE: Dog part German Shepard/afghan approx. 8mos. Well behaved, house broken, shots. Robbin 595-7519 or 599-7133.



Ring Day

Thursday, October 16, 1975 10:00 a. m. until 3:30 p. m. Order Your Class Ring Directly from Company Representative

> Main Hall Campus Center

Observe Speed Limit, Avoid Scraping Your Car on Speed Bump, say Cazares

By Phil Lyliston

Cars scraping the speed bump are exceeding the speed limit, asserts Mr. Mike Cazares, Christopher Newport College safety director.

Cazares commented, "the bump was recommended by the student government to protect student pedestrians." A survey was made of the traffic situation by students before the 15 mile per hour bump was placed.

The bump was burned down several inches from its original height. The bump is several inches lower on the right side than on the left to encourage drivers to stay to the right side of

On the far side of the parking lot a new building is to be located, a new bump may be necessary to protect pedestrians there. Protection of the single bump is all that's needed for the present since the only place where there are large numbers of pedestrians at a single time is adjacent to the Campus Center.

Automobiles, even low-built ones, do not scrape the bump when not exceeding speed limit. However, even regular height cars scrape the bump when driven over it at speeds greater than the speed limit.

Activity Calendar

ACTIVITIES

CC H'way	Oct. 14	9:30 a.m.	
CC 233	Oct. 15	8:30 a.m.	
		9 - 12 &	
CC 229	Oct. 15	1-4 p.m.	
CC 233	Oct. 16	8:30 a.m.	
CC H'way	Oct. 17	8:30 a.m.	
		9 - 12 &	
CC 229	Oct. 17	1 - 4 p.m.	
Cafeteria	Oct. 19	10 to 6	
CC H'way	Oct. 20	10:00 a.m.	
	CC 233 CC 233 CC H'way CC 229 Cafeteria	CC 229 Oct. 15 CC 233 Oct. 16 CC H'way Oct. 17	CC 233 Oct. 15 8:30 a.m. 9-12 & CC 229 Oct. 15 1-4 p.m. CC 233 Oct. 16 8:30 a.m. CC H'way Oct. 17 8:30 a.m. 9-12 & CC 229 Oct. 17 1-4 p.m. Cafeteria Oct. 19 10 to 6

MEETINGS				
	Christian Science Organization	CC 227	Oct. 14	12:15 p.m.
	Karate Club	Gym	Oct. 14	7:00 p.m.
	NN Commission for Youth Affairs			
	Symposium, Andrew P. Miller	Theatre	Oct. 15	9:30 a.m.
144	Alpha Kappa Psi Fraternity Meeting	CC 214	Oct. 15	Noon
	Gymnastics Club	Gym	Oct. 15	11:15 a.m.
	Pi Kappa Sigma Sorority Meeting	CC 205	Oct. 15	Noon
	Pi Kappa Sigma Sorority Pledge Mtg.	CC 229	Oct. 15	Noon
	Chess Club	CC 227	Oct. 15	Noon
	Organization for Women's Equality	N 115	Oct. 15	Noon
	Baptist Student Union Meeting	N 202	Oct. 15	Noon
	Student Intern'l Meditation Society	CC 233	Oct. 15	7:30 p.m.
	Young Democrats	N 203	Oct. 15	Noon
	Student Activities Committee	CC 214	Oct. 16	12:15 p.m.
	Captain's Log Staff Meeting	CC 205	Oct. 16	12:15 p.m.
	Chess Club	CC 227	Oct. 16	12:15 p.m.
	Black Student Association Meeting	CC 229	Oct. 16	12:15 p.m.
	Curriculum Committee	CC 229	Oct. 16	2:30 p.m.
	Karate Club	CC 155	Oct. 16	5:00 p.m.
	Gymnastics Club	Gym	Oct. 17	11:15 a.m.
	German Club	CC 229	Oct. 17	Noon
	Philosophy Club Organizational Mtg.	CC 205	Oct. 17	Noon
	Student Intern'l Meditation Society	CC 205	Oct. 17	7:30 p.m.
	Student Intern'l Meditation Society	CC 233	Oct. 19	3:00 p.m.
	Chi Psi Omega Fraternity Meeting	CC 205	Oct. 19	7:00 p.m.
	Gymnastics Club	Gym	Oct. 20	11:15 a.m.
	Campus Activities Committee-Publicity	CC 212	Oct. 20	Noon
	Student Intern'l Meditation Society	CC 233	Oct. 20	7:30 p.m.

ENTERTAINMENT

Puppet Show	Theatre	Oct. 14	9:30 & 11
Free Movie -"Wild Strawberries"	Theatre	Oct. 14	12:15 p.m.
Movie - "The Bishop Murder Case"	Pub	Oct. 15	Noon
CNC Players, "Ode To Tumbleweeds"	Theatre	Oct. 16	8:00 p.m.
CNC Players, "Ode To Tumbleweeds"	Theatre	Oct. 17	8:00 p.m.
Movie - "Fillmore"	Theatre	Oct. 17	Noon
Black Student Association Dance	Gym	Oct. 18	9:00 p.m.
CNC Players, "Ode To Tumbleweeds"	Theatre	Oct. 18	8:00 p.m.
Movie - "Fillmore"	Theatre	Oct. 19	7:30 p.m.
Line Control of Control Control of Control o			



Save your springs, go slowly over speed bump adjacent to Campus Center, warns Building and Photo by D. Lyon Grounds Supervisor, Mike Cazares.

Dean Edwards says, Grading System Should be Left to Instructors

By Phil Lyliston

The grading system here, as at other colleges, should be left up to the instructors, states Dean Edwards, in charge of grade standardization. The issue of grades at Christopher Newport College is still a controversy with students and teachers.

Several instructors, as recently as last school year, proposed a pass-fail grade system. Dean Edwards commented that, "I would support more pass-fail courses; as long as the courses

were restricted to those courses not on the list of required electives for the student."

The faculty has control over the grading system. Dr. Bostwick, chairperson, and her committee of faculty representatives determine what system shall be voted upon by the faculty.

Dean Edwards states, "I think that any grading system has its flaws; . . . tests don't measure what you would hope they would measure."

Campus Center Theatre

This week's FREE MOVIE

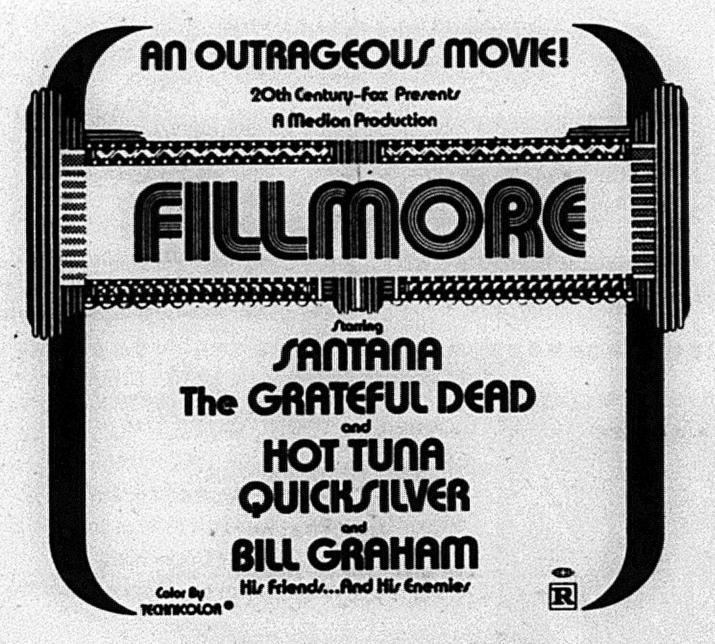
"Wild Strawberries"

Directed by Ingmar Bergman

Showing

Tuesday, October 14, 1975 - 12:15 p.m.

Weekly Movie



Friday, October 17, 1975 - Noon Sunday, October 19, 1975 - 7:30 p.m.

Students w/ID - \$0.50

Non-Students - \$1.00