



# THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLLOG

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## Stroll to the Polls IV

The brothers of Alpha Phi Alpha hosted their fourth annual Stroll to the Polls philanthropy event, which raised money for March of Dimes and increased voter awareness. For coverage of the event—which saw the fall of three-year reigning champions—turn to Snapshot on pages eight and nine, and Lifestyle on page 14.

Senior Alexia Dracos (front facing) celebrates with the rest of her sorority sisters as Gamma Phi Beta takes home its first ever Stroll to the Polls championship trophy. **BEN LEISTENSNIER/THE CAPTAIN'S LOG**



Crop Walk supporters strolled around the Great Lawn for over two hours to help raise awareness of widespread hunger and support grassroots efforts to end hunger. **BEN LEISTENSNIER/THE CAPTAIN'S LOG**

## CROP-ping out hunger

Difference Makers raised \$2,684.71 to support efforts to combat hunger in the community.

**BY BEN LEISTENSNIER**

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It was a brisk fall Saturday, yet anyone who walked through the middle of campus would find themselves stepping in line with around 75 other people.

The reason behind this influx of people on the Great Lawn was Difference Maker's third annual CROP Hunger Walk, which took place on Nov. 5 from

2-4:30 p.m.

The event, which raised awareness of widespread hunger and sought to promote grassroots, hunger-fighting development efforts around the world, raised \$2,684.71.

This exceeded the organization's original fundraising goal of \$2,000.

**CROP**

CONTINUED ON PAGE 3





# Weekly pics

During a fall photoshoot, the a cappella group Trebled Youth managed to convince President Tribble to join them for a group picture. After the picture was taken, a giant wasp landed on the leg of freshman member Reagan Cosker. Before the rest of the group could react, President Tribble leapt into action and saved the day by taking off his left shoe and promptly killing the wasp. **Photos by Ben Leistensnider/The Captain's Log**



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## CROP-ping out hunger

CROP

CONTINUED FROM PAGE 1

### History of the CROP Walk

This was the third annual CROP Hunger Walk that was hosted by Difference Makers on CNU's campus, but the event has a much longer history.

Founded in 1947, CROP stands for the Christian Rural Overseas Program. According to the CROP Hunger Walk website, its primary goal was to help citizens of post-World War II Europe and Asia by sharing grain from Midwest farm families.

Over time, CROP transitioned into the Church World Service (CWS), but the interfaith organization decided to keep the original acronym for the event.

*"The CROP Walk is important to me because I think hunger is something that generally goes unnoticed."*

*— Laura Seymour,  
CROP Walk coordinator*

### CROP at CNU

Ever since the community service based organization Difference Makers held their first walk in the spring of 2014, they have made it an ever-growing annual event.

According to Emily Egress, the president and founder of Difference Makers, the groups total of \$2,684.71 doubled the amount of money raised at last year's event.

Egress loves the philanthropic event because she believes that it is particularly important to the local area. "Hunger is a major problem for many in our own Newport News community."

Laura Seymour is the CROP Walk community, and she agrees that the event is one that extremely important for raising awareness.

"I think hunger is something that generally goes unnoticed. I personally grew up in an area where people didn't go hungry and because of this I had a very uneducated view on the topic," said Seymour. "Most students fortunate enough to go to college often grew up in a similar situation, so I think we often forget about other parts of the world, and even sometimes in our own communities, where this problem is very real." ■



The president and founder of Difference Makers, senior Emily Egress, talks with a couple of supporters at her organization's third annual Crop Walk on Nov. 5. The event broke its goal of \$2,000 raised by making \$2,684.71. BEN LEISTENSNIER/THE CAPTAIN'S LOG

## Making a difference: Emily Egress

It doesn't matter if she knows you or not, senior Emily Egress is the type of person who will always greet you with a smile.

Emily is not only the president but also the founder of Difference Makers, an organization dedicated to serving the homeless and the hungry.

Although that might be the official mission statement, Emily says that a core value of the organization is "even brighten-

ing the day of a single person makes an enormous difference," an accurate reflection of who she is as a person in general.

Difference Makers was founded at CNU during the 2013-2014 school year, but it can trace its origins back even further. Emily founded the organization with her sister Alexandra back in high school.

She decided to bring it to CNU once she "immediately felt the contagious

passion for service that emanates from countless people at our university, especially President Tribble and Rosemary."

As paradoxical as it may sound, Emily's selflessness and dedication to others is best proven by what she feels selfish about.

"I honestly feel selfish sometimes because I love the times when I am serving so much," said Emily.



## From Fear 2 Freedom

CNU's Rosemary Tribble led another Fear 2 Freedom event on campus last Wednesday, advocating for the stop of sexual assault and inspiring students to bring hope and healing to all those affected by the trauma of sexual assault.



Rosemary Tribble gives a student the last piece of the kit, a teddy bear.  
PHOTOS BY MELANIE OCCHIUZZO/CAPTAIN'S LOG

BY MELANIE OCCHIUZZO  
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There are few events on campus that bring IFC, the football team and the general student body together.

One of these is the Fear 2 Freedom Celebration event that took place on Wednesday, Nov. 2 at 6 p.m.

Fear 2 Freedom is a national non-profit created and led by Rosemary Tribble.

The purpose of these events are to raise awareness of sexual assault on college campuses and to put together what Rosemary Tribble calls F2F kits.

Building these kits is what brought everyone together in the DSU Ballroom on a night most would usually spend getting ready to face the rest of the week.

Fear 2 Freedom isn't just an organization created by Rosemary Tribble. It is also the philanthropy that CNU's Delta Upsilon chapter supports.

These celebration events are some of the most anticipated of the year for the DU brothers. Evan Monroe, president of IFC (Interfraternity Council) said "As a member of Delta Upsilon I am always looking for ways to give back to the CNU community."

The brothers of DU have

been active in serving Fear 2 Freedom on a weekly basis and they view it as a wonderful way for the community to come together on this important issue says Monroe.

Fraternities aren't the only group that makes participation a priority.

Matt Kelchner, head coach of CNU Football makes sure that the majority of his players are at each Fear 2 Freedom event.

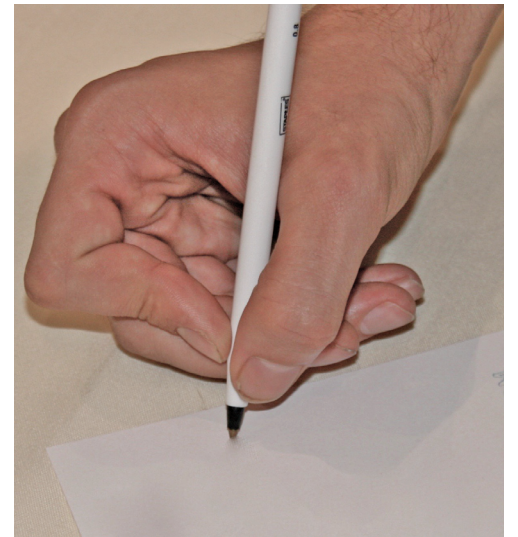
He comments on the team's willingness and even eagerness to participate in these events, citing the time Rosemary Tribble came into the football locker room to talk to the players about Fear 2 Freedom.

"It was a moving moment for the players," says Kelchner. He continues by saying that the topic of sexual assault hits home for several of his players since most of them know someone who has been affected by sexual assault.

"We as a football team have attended every Fear 2 Freedom event the campus has held."

Abby Grimes, Director of Logistics and Community Engagement, shares another positive outlook on what this event brings to the CNU community.

"[CNU's Celebration Event] is the most fun



(Above) Students sign their names on a scroll, signifying their commitment to supporting Fear 2 Freedom and ending sexual assault. (Below) President of IFC Evan Monroe poses with his fraternity, DU's letters and a Fear 2 Freedom sticker. Fear 2 Freedom is the philanthropy that DU supports.

event to attend, the students really want to make a difference," Grimes said.

Grimes started working for Fear 2 Freedom in June and was a student at CNU before then. She comments that she loves the atmosphere at these events and that none are like those held at CNU. "There's nowhere like CNU."

Before the kit-building commenced there was a short speech by both President Tribble and Rosemary Tribble.

President Tribble took the time to emphasize the importance of Fear 2 Freedom and the gravity of sexual assault.

Becoming emotional at times, he left an impression on the crowd, a group of young people so silent one could hear a pin drop in the ballroom.

Rosemary Tribble took time in her speech to introduce the two speakers for the evening, one a member of CNU Faculty and the other a representative from Latisha's House.

Latisha's house is a shelter for women who have experienced emotional or physical trauma and abuse in their lives.

Both of these women spoke about how much of a difference an orga-

nization can make to survivors of sexual assault.

Afterwards there was a short video showing students from CNU who had experienced sexual assault and were willing to tell their story.

Again, this added to the message President Tribble made. The headlining phrase that jumped out from the video was "I am not a victim, I'm a survivor."

One of the most emotional and intimate portions of the F2F kits that those building them will include is a handwritten letter to the survivor says Rosemary Tribble.

Each person who builds a kit got a chance to write a letter of encouragement to the receiver of the kit.

The students were encouraged to really take the time to

think about what they wanted to say, to recognize the importance of what they were doing. President Tribble shared an anecdote about a student who had received a F2F kit after a sexual assault and kept that note with her, showing President Tribble the note after an orientation event.

The student body seemed to really enjoy the celebration event, says junior Taylor Geer. "It was a powerful event."

Once the F2F kits were finished being assembled, those who built kits signed a scroll saying that they participated.

This scroll was proof of the commitment that CNU students were making to end sexual violence.

The kits were then loaded up and escorted to Riverside Hospital. ■





# Introducing Amy Boykin: CNU's Princess

CNU's librarian staff is full of quirky, fun individuals, all boasting their own sets of varying expertise.

BY MELANIE OCCHIUZZO  
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Amy Boykin: the instruction librarian, CNU's princess and humanities enthusiast is the woman you didn't know you needed in your life.

Boykin is a woman of many talents.

She carries a Master's degree in library science from the University of North Carolina, a degree in English from CNU's class of 1990 and was once told that if CNU were to have a princess she would be it, according to Mary Sellen, the library's director.

Everyone has seen the librarians who sit their shifts behind the reference desk, their names on display in order to cut back on some of the intimidation associated with approaching the desk.

Boykin says that "just approaching the reference desk is intimidating [for students]."

While every student has seen these librarians, most don't know the full scope of what a reference desk librarian does.

Boykin describes her job as not just giving you the

books you need but also teaching you how to fish for your own information.

These instruction librarians are all professional, Master's degree-holding librarians.

They, like all other professors must go to workshops and conferences in order to give the best help to their students explains Boykin.

She also says that while each librarian has a Master's degree in library science they have their own interests that make them a valuable resource to students.

A few examples of the interests would be the sciences, law and music. Boykin herself was an English major but has other interests beyond the literary including but not restricted to philosophy, religion, psychology and most recently business due to the growth of the Luter School of Business.

Many students at CNU are aware that the Newport News community is able to use the library and have access to all the resources the library has to offer.

Some of the strangest questions that Boykin gets comes from a particular gentleman in the commu-

nity who specializes in asking the oddest questions she's ever heard.

She says he came in on two occasions, one time asking for a recipe for the Cheddar's baked potato and secondly asking for a transcript of a radio program that had been on at 2 a.m. that morning.

On both occasions Boykin was able to find the information he needed speaking to the research abilities of CNU's librarians.

The Tribble Library has 225,000 books in print and 360,000 Ebooks, a large amount for a small library Boykin comments.

Before settling on working for the Tribble Library Boykin spent some time volunteering at the Rappahannock Community College.

She says she's always wanted to be a librarian. "It was exactly what I wanted to do since 8th grade."

She took an elective class that required her to work in the library and fell in love with the profession.

Even her demeanor speaks to her profession as a librarian. She speaks in hushed tones as she tells her story, her eyes lighting up at just the mention of



Amy Boykin, CNU's instruction librarian, works at the reference desk in the Tribble Library. MELANIE OCCHIUZZO/THE CAPTAIN'S LOG

books.

Something that she is really looking forward to at CNU is the library expansion, most importantly the new spaces for study and the media center.

Many don't know that she is in charge of creating the digital presence for the library's website and the

websites for the classes the librarians teach.

She says she learned all of this on the job. "It was a great way for personal development."

You can find Boykin or another professional librarian at the reference desk during operating hours of the library. ■

## Breakfast at Commons: An inside look at CNU Dining

Discover the behind-the-scenes life of the breakfast staff at Commons.

BY SAMANTHA CAMILLETTI  
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It's 6 a.m. and the world is still plunged in darkness. One-by-one, in a quivering rhythm, the dining workers filter through the back door of Commons.

Despite the darkness, there's an untraceable energy about them— one even smiles and holds the door, a laugh breaks the morning quiet. This is the Commons breakfast staff.

June Miles, Dining Operations Manager, refers to the breakfast staff as her "heavy hitters," because they prepare both breakfast and lunch.

In the morning, there are 15 people on shift. They clock in at 6 a.m. to get everything ready, including turning on all eight ovens, taking temperatures for the refrigerators and unloading Sysco shipments, which arrive every day except for Sunday, according to Miles.

"Breakfast is pretty standard, so they know exactly

what they need to do," she said.

One of the first things the dining staff does in the morning is start the music disk carousel.

Currently holding 168 disks and over 2600 songs that play on a continuous cycle, this is what keeps the tunes going throughout the day.

The music is chosen by Kevin Ososkie, Director of Dining Services, who decides songs that span from his personal collection of music to more recent hits he hears on the radio.

"It is fun, because I love music," Ososkie said. "It's one of the best parts of my job."

Having a 15 person opening staff is "not a lot" Miles said, and most of the energy is spent cooking.

"For the morning shift, we feed about 1000 people," Miles said.

While Commons does not log every specific food item by weight, Miles notes that popular items like eggs and

bacon are weighed by the case.

On an average morning, the dining hall uses 140 pounds of bacon and 280 pounds of eggs between the omelette and general breakfast line.

But the mood of the kitchen—the newer called Warwick and the older Santoro—is not one of frantic activity.

There's a sense that each employee is a cog in a larger, efficient machine. Miles attributes this to the collective dedication of the dining hall staff, even in the early, sometimes cold, mornings.

"It's food service. Food just starts early, people start early, so we start even earlier," Miles said.

"It's just what you do. If it's what you do and what you love, you just get up and go."

Miles seems motivated not just by nature as a morning person, but also the amount of help she can provide to the students.

"I enjoy watching the students come in and watching them feel comfortable here," she said. "And that they're so relaxed while they're here."

That's something I always tell my staff, you know, we're here to provide that comfort of home for them. This is home. This is home for 16 weeks and it's our job just to make it inviting."

Miles herself contributes to this inviting atmosphere by covering employees' breaks and being available for student input.

There is often an unapproachable nature to 'management' and she works to erase that stigma.

"I make sure my managers and I are very hands-on, that we have no problem stopping what we're doing and helping out," she said.

"It keeps us fresh, it keeps us interacting with the students."

One way she encourages interactions with students is through conversations on food allergies.

Miles has multiple food allergies herself.

This personal experience with allergies has influenced the protocol in the kitchen from the cleanliness to procedures for staff.

For example, they are required to take a food safety class online.

"We review everything constantly throughout the year about allergens and we just promote it and drill it in them all the time," she said. "So they are trained, some understand it more than others."

It's huge for me because I know what an allergic reaction is going to do to somebody and it's not pretty." Miles shared that two students, both with severe allergies, sometimes approach the dining staff if there is nothing for them to eat.

The dining staff can make them something in the kitchen that suits their needs.

"Sometimes we can't offer everything you can get at home," Miles said. "But we try really hard." ■



# Congratulations, we survived



The presidential election season may now officially be over, but that doesn’t mean that your political involvement must come to an end as well.

**BENJAMIN LEISTENSNIDER**  
EDITOR-IN-CHIEF

If you’re reading this, congratulations.

Contrary to what some people may have led you to believe on Facebook, the country has not fallen to pieces, nor has the world ended.

As this paper was sent to the printer well before the polls were closed and the election decided, I obviously can’t speak too much specifically about the winner, but regardless of who won, I believe that there are extremely important lessons to take away from this voting cycle.

First of all, I think it’s important to applaud all of the CNU students who did their civic duty and voted. For many of us, this was the first presidential election that we could vote in.

Many people say that it’s a shame that this is the first election that we can vote in just because of controversies surrounding the Democratic and Republican frontrunners.

In my opinion, I honestly think that this makes for an even better first experience for us. It shows us how important it is for us to be politically active.

This brings me to my second point. Don’t limit your involvement to the political realm to just voting in the vari-

ous primary, midterm and presidential elections. Those first two are arguably just as important as the presidential election.

Although he may not have won the Democratic primary, Bernie Sanders still secured a victory. By showing not just the Democrats but the entire country that many of his ideas had strong support, Hillary Clinton started to adopt some of those policies into her own rhetoric.

In terms of the midterm elections, it is up to us to choose congressional representatives that we believe extol our values. They may not all be as high-profile as the president, but each member of Congress plays an important role in deciding the legislation that rules our day-to-day lives.

So even if your candidate lost, that does not mean your political life ends. Become an activist for causes you believe in. Engage in healthy, constructive debates over your values. Write a letter to your representative.

I equally encourage those whose candidate won to do the same.

And while it’s impossible to know where the country will go from here, there’s one thing that is certain.

Four more years and we get to do this all over again. ■

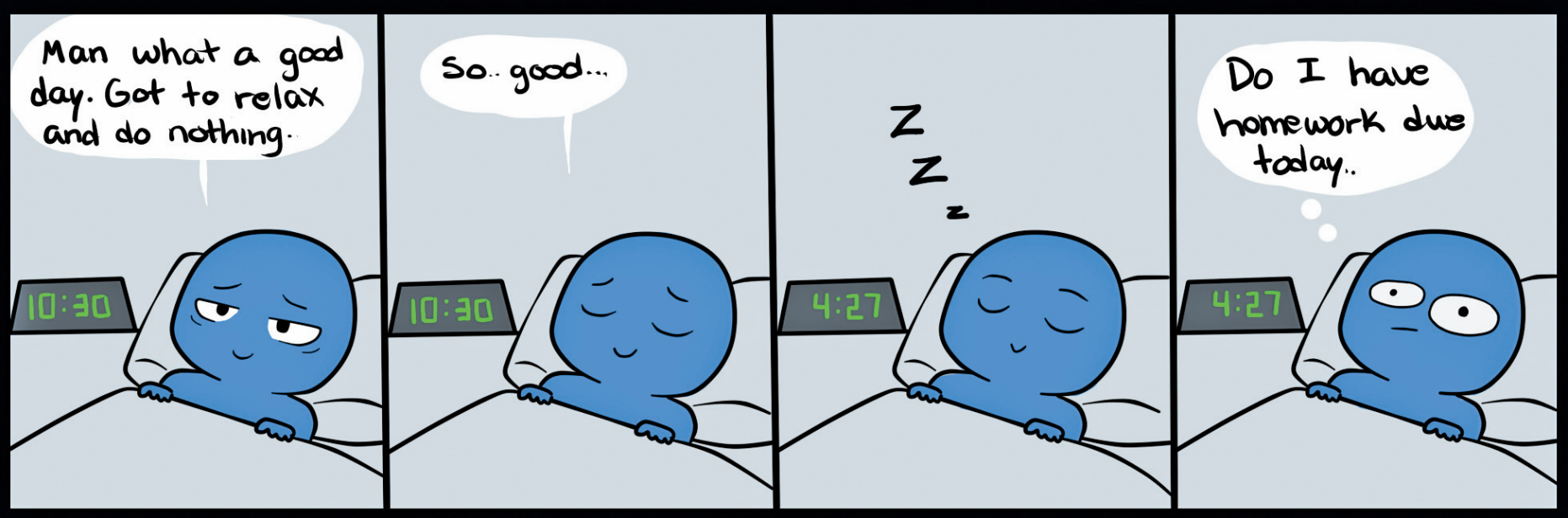
(Above) In the weeks leading up to the election, students were exposed to many different reminders to act on their civic duty. (Above right) CNU offered students a shuttle service to the nearest polling station. **PHOTOS BY BEN LEISTENSNIDER/THE CAPTAIN’S LOG**



# COMIC CENTRAL

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## CAPTAIN'S BLUES



ARTWORK BY PARIS JACKSON

## THE DOODLES



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## Stroll to the Polls



After coming in third place for the last three years, Gamma Phi Beta won the competition with their election-themed performance. PHOTOS BY BEN LEISTENSNIER/THE CAPTAIN'S LOG



Alpha Phi Alpha's Jonathan Echols was the 'whistle guy,' who kept the rhythm for his group's performance.



Members of the Black Student Union opened the second performance.





Phi Mu closed out the show. One of the sisters, Caty Brown, is pictured above.



For more coverage on Stroll,  
go to page 14.

Zeta Tau Alpha's Taylar Bell performs with her group after a Halloween-themed video.



and act with high-energy stroll.



Last year's Stroll winners, Alpha Phi, opened the show with their military-themed performance.



## Captains rebound on dominating road win

The football team found its groove once again, beating William Paterson 26-7 to snap a two-game losing streak.

BY JOHN RECTOR  
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After a small losing streak, Christopher Newport football seems to be back on the upswing following a 26-7 win on the road at William Paterson University.

The Captains team played a complete game, which included a record-breaking performance from Taylor Loudon. With 10 catches in the game, the senior receiver broke the school record for career receptions.

The record, previously held by recent CNU standout Rudy Rudolph at 163 catches, now belongs to Loudon who also caught two touchdowns and ran for another. With those three scores, Loudon now ranks seventh in school history for career touchdowns with 20.

After William Paterson reached the end zone first, CNU did the rest of the day's scoring. By halftime, the Captains held a 19-7 lead and never looked back.

The win could not come at a more critical time in the year. After starting the season at an impressive 4-0, the Captains had been 1-3 in their previous four games with a struggling defense and a bulimic offense that looked like a shadow of its former self.

With the win on Saturday, the Captains got back to their winning ways and looked solid on both sides of the ball.

As a whole, the offense excelled on the ground, rack-



Senior Taylor Loudon broke school record for career receptions this past Saturday. BEN LEISTENSNIDER/THE CAPTAIN'S LOG

ing up over 200 rushing yards. Loudon and quarterback K.J. Kearney both ran for touchdowns while running back Daquan Davis ran for over five yards per carry.

In total, the Captains racked up 415 offensive yards and held the ball for 36 minutes of the

game.

Defensively, the Blue Swarm was in full effect as a stifling CNU defense held firm all day long. After allowing the first touchdown of the game, the Captains blanked the Pioneers for the rest of the game.

They held William Paterson

to under 100 rushing yards and 200 passing yards, allowing the offense to almost double the Pioneers' yardage.

With a record of 6-3, the Captains head home for their last game of the season against a Southern Virginia University team that is 2-7 this season.

The game will not only be the last of the season, but also the last of head coach Matt Kelchner's career.

Kelchner will be honored at the game with a video presentation after 16 years as the only head football coach in the school's history. ■

## Field Hockey season ends against rivals UMW

Close to making it all the way to the CAC Championships, Field Hockey loses to the University of Mary Washington in the semi finals. This loss leaves their record for the season at 14-5.

BY TARYN HANNAM-ZATZ  
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This past Wednesday the CNU field hockey team played against Mary Washington in the CAC semi-finals. Despite their hard work and a seven-save game for goalie, Bailey Lien, the Captains fell to the Eagles 2-3 in a devastating loss.

"Our season ended earlier than we had hoped, losing in the semi finals of the CAC tournament is something we don't

strive for," said Junior Mackenzie Neylon

Well into the game, after being down to the Eagles 0-2, Calli Loannou scored the team's first goal.

Neylon said, "It's not a fun loss, but next year it will make us never want to feel the pain of that loss again and overall make us better."

A few minutes later she assisted Abby Cryts on the team's second and final goal. The game ended in a 2-2 tie which led both teams into over-

time.

Mary Washington came out strong and scored to end the game and advance to the CAC championship.

The Captains had many opportunities and many close chances to score again, unfortunately they weren't enough to actually get another goal that would then put them ahead. Near the end of the game the Captains got three corners in a row right after a timeout they had called to strategize and try to get another goal as they were

still down by one.

On their final corner, Louannou made a sharp pass to Cryts who was able to put it in the back of the net to tie up the game.

After assisting the second goal, Louannou ran and won a sprint into the circle to earn a corner on the other side of the field as the final seconds ticked off the clock.

"It was a tough an unfortunate loss. We had high hopes since we beat them the week before, but that didn't bring our intensity down. I think we all came together as a team in the second half when we ended up tying it with three minutes left," said Rachel Allshouse

With one last chance before overtime Cooke nailed a shot

towards the cage, but Mary Washington's goalie, Jessica Cavolt, managed to kick it away to keep the game deadlocked.

CNU came out strong at first in overtime but it wasn't enough as the Eagles had come out stronger.

This ended the Captains' season with a record of 14-5. They had a very successful season and made it all the way to the CAC semi-finals with a very close loss showing they almost made it to the championship.

"It was a hard fought battle between two incredible CAC teams," said Brittan Muir

They will work hard in the off season and be back next year ready to go for the CAC championship again. ■



# We've got some really big teams with some really big rings



Jimmy Grace holds the CAC championship plaque aloft in celebration with the rest of the his team. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**

With help from the fans section the mens soccer team secured first place in the CAC.

**BY BRETT CLARK**  
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After a hard fought 2-1 double overtime victory in the CAC semi-finals, the men's soccer team went on to clinch a ring in a 1-0 win against the Mary Washington Eagles.

Eleven short minutes into the contest. An assist from Jordan Boone led to the game's deciding goal by Andrew Gogolin sporting number 17. While it was the only goal of the night, Captain fans were left on the edge of their seats as Jimmy Grace and Stephen Durbin peppered the visibly shaken, Matt Spencer, with shots as he defended the Eagle's goal.

The outstanding defensive play, led by senior defenseman Harry Nodwell and Sammy Blosser, gave the offense the ball in transition several times over the night, tiring out the Eagles. Mary Washington had not been shutout this season in which they went 14-4.

The Captains were being cheered on by a passionate and confident crowd of well over 1000. The Eagle's had several close shots in the last 15 minutes of the game but the Captains defense, centered around sophomore goalkeeper Zach Pedini, bent but did not break, holding the 1-0 lead over

a clearly frustrated Mary Wash.

This frustration came to a head when the game ticked to its final moments. Chippy play made the Eagles look like they were ready for the rugby pitch. After several CNU players were taken down, Mary Washington gave the ball to CNU for having too many men on the field. This led the Captains to waste the remaining seconds.

After the clock struck zero, fans and players met in the middle of the field, celebrating a season of excellence and dominance displayed by the Captains.

Men's soccer will be heading to the NCAA Division III Championship this next weekend. Head Coach Steve Shaw will lead the Captains into yet another round of postseason play, making it the program's 10th time- his 9th with us.

"The game on Saturday was hard fought but we definitely deserved to win. Now that we've accomplished our goal of winning the CAC, we get to focus on beating Montclair State which is probably one of the best teams we will play all year," said junior Hunter Johnson. "We are completely capable of beating anyone in the country and this weekend we will find out whether we are a true championship team or not." ■



Freshman Carson Pokorny (front facing) scored the only goal in the Capital Athletic Conference championship game against Frostburg State, giving the CNU women's soccer team its first ever CAC title. The assist came from CNU's all-time leading scorer Victoria Perry. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**

The women's soccer team took home its first ever Capital Athletic Conference championship and now prepare for the NCAA tourney.

**BY ROB SMITH**  
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For the first time ever, CNU women's soccer are the champions of the Capital Athletic Conference. CNU won the conference championship this weekend after muscling past Frostburg State in a 1-0 final score. The battle between the top two conference teams was for an automatic bid into the NCAA Division III Women's Soccer Championship.

The matchup between top two teams saw only one goal and it came from two of the Captains leading scorers this season.

Senior Victoria Perry took the ball down the right side of the field and sent a lofty cross across the box. As the ball began its ascent down to the earth, freshman forward Carson Pokorny was there to line her head up with it to push it forward between the arms of the Bobcat keeper.

Pokorny said the moment was "definitely in slow motion, but once I made contact I knew it was in." The Captains would take a lead 16:52 into the first half and that's all it would take.

While the one goal was all that CNU would need, they

certainly created plenty of chances for themselves as the half continued and second half began.

The offensive opportunities came from everywhere Saturday night as Perry had two shots of her own on goal, as did sophomore Gabby Gillis. Upperclassmen Allie McWilliams, Alexis Haycraft, and Kate Hurlock each chipped in with shots opportunities as well throughout the game.

The back four also played tremendously as well for the home team. For comparison to CNU's 21 shots on goal, FSU only managed a total of 3 shots all night and could only muster up 2 of those between the pipes for junior goalkeeper Carly Maglio to scoop up.

Danielle Pratt, Kira Warner, Kelley McCarthy, and Shaye Doherty each played the full 90 minutes in front of Maglio and were able to quickly put an end to any offensive opportunity the Bobcats had past midfield. The FSU offense only really began picking up in the final 15 minutes of the game but the back four stood strong and didn't allow anything through to Maglio.

Perry now has 105 points and is now just two shy of her third consecutive 30 point season. Also with the shutout, Carly

Maglio now has 16 wins on the season which ties a program record set in 2010. Overall, possession was dominated by the CAC Champions and the lack of opportunities for Frostburg State was their ultimate demise.

After the game Perry spoke about how this could potentially be her final game on Captains field saying that "it was special... it would have been sad regardless of the score but it feels good to come out on top." On the same accord, Perry feels "so confident in the future of the program" and "know(s) they are going to do great things."

Pokorny is part of that bright future and excited about being a CAC champion saying "I told everybody I was gonna wear this shirt (CAC Championship shirt) for the rest of the week. This is the best day of my life so far."

CNU is making their ninth NCAA Tournament appearance and are looking to take care of business on the road in against NJAC Champion Rowan University at Johns Hopkins University.

The winner will play in a second round game against the winner of the host JHU and Western Connecticut State to round out the group. ■



# Dancing for the kids

Phi Mu took their annual Dance Marathon to the next level by cohosting it with CNU's newest fraternity, Pi Kappa Alpha, to raise close to \$13,000 for CHKD.

BY BEN LEISTENSNIER  
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The sisters of Phi Mu and the brothers of Pi Kappa Alpha joined forces this past weekend to cosponsor Dance Marathon, a six-hour event that raised money for the Children's Hospital of The King's Daughters (CHKD).

The event shattered expectations by raising \$12,752.16, almost \$3,000 more than the original goal.

CHKD is part of the Children's Miracle Network hospitals and is the only free-standing children's hospital in the state.

This was not the first time that CNU has hosted a Dance Marathon event, as Phi Mu usually hosts the philanthropy event each year.

Once Pi Kappa Alpha decided to make its philanthropy CHKD as well, the two organizations thought that it would be a wise move to pool their resources to plan an even more successful event.

Senior Caty Brown, a member of Phi Mu who helped organize the event, said that having the ability to join up with Pike helped as the event continues to expand.

For example, they decided to make the event last six hours instead of last year's four.

Brown believed that the partnership

**\$12,752.16**

The amount of money raised by Phi Mu and Pi Kappa Alpha at this year's Dance Marathon, which passed the original goal of \$10,000.

worked because both organizations were truly passionate about supporting their philanthropy.

"Mitch Ulich, the philanthropy chair for Pike, and myself were constantly being asked what could be done to assist us," said Brown. "We really care about our philanthropies because 'lending to those less fortunate a helping hand' is truly part of the heart of our organization, as well as Pike's," referencing Phi Mu's mission creed.

In the future, Brown said that she would love to see the event grow even larger and receive a wider range of participation from more than just Greeks. ■

*"We really care about our philanthropies because 'lending to those less fortunate a helping hand' is truly part of the heart of our organization."*

— Caty Brown,  
Dance Marathon organizer

(Top right) Senior Nora Huston, a sister of Phi Mu, dances to the "Cotton Eyed Joe" alongside her sisters. (Right) There were some interruptions to the dancing, one of which was a performance by the all-male cappella group Expansion. **PHOTOS BY BEN LEISTENSNIER/THE CAPTAIN'S LOG**





# MOVIE REVIEW: DOCTOR STRANGE

The movie enchants audience members with stunning visuals and concepts but may leave some disillusioned.

BY CALEB SMITH  
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The fourteenth movie in the Marvel Cinematic Universe does not disappoint. Featuring Benedict Cumberbatch (“Sherlock”, “The Imitation Game”) as neurosurgeon Dr. Stephen Strange, Marvel’s newest hero, is plunged into a mystic world where he must discover what is worth fighting for.

Using remarkable visual effects, the movie draws the audience into a strange world filled with sorcerers and spells. This emphasis on metaphysics distinguishes it from the more recent superhero movies.

However, with all the excitement and unique aspects of storytelling “Doctor Strange” is able to conjure, the film at times feels almost too similar to other superhero movies because it uses the same theme. In an oversaturation of superhero films, this poses a problem.

The visuals of “Doctor Strange” are stunning and unlike anything Marvel has produced before. The movie took realistic-looking CGI effects to a new level in many of the scenes, especially when the various characters are battling one another with their powers. This unprecedented level of special effects

demonstrates the adaptability of the studio and their potential- even non-Marvel fans should be interested to see just what they will do next.

Benedict Cumberbatch’s portrayal of Stephen Strange is superb. Cumberbatch has demonstrated his incredible range by playing arrogant characters before, but creates a character audiences will dislike, feel sorry for and laugh with all in the same sitting.

Besides Cumberbatch, “Doctor Strange” also assembles cast members Chiwetel Ejiofor (“The Martian”, “12 Years a Slave”), Rachel McAdams (“Spotlight”, “Southpaw”) and Tilda Swinton (“Moonrise Kingdom”, “Chronicles of Narnia” series).

Despite this star-studded cast, McAdams as Christine Palmer, Strange’s almost lover and colleague, was underutilized in the movie. With the set-up of her intellect and motivation to help people, the director could have used her more.

Swinton, who played The Ancient One could have, despite her name, perhaps been portrayed more mysteriously and less of a cookie-cutter leader who made one bad deal that she regrets. Though some characters were underdeveloped, Ejiofor’s depiction of the sorcerer Mordo



“Doctor Strange” opened in theaters last Thursday. PHOTO COURTESY OF VIMEO

was excellent.

Even with the spectacular visuals and its unique superhero setting, “Doctor Strange” follows the same superhero origin storyline fans have come to expect: an ordinary person with an inflated ego receives superhuman powers and must overcome their arrogance to defeat an evil force.

This may be where the film is criticized the most as it lacks creativity and seems stuck in the traditional mold of an origins story. However, fans of superhero movies will appreciate this nonstop adventurous ride through and through.

“Doctor Strange” is sure to open the possibilities for new Marvel superheroes in the years to come.

Audience members will be sure to enjoy this film and may even want to upgrade to the 3-D experience. ■

**RATING:**



## Overwhelming the unknown with passion

From kindergarten star to three characters in “Almost, Maine” Hannah Zwerner is someone you don’t want to miss.

BY JORDAN PEARSON  
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When most kids are in kindergarten, they are asked the most basic yet complicated question: what do you want to be when you grow up?

For most, the answer fell along the lines of princess, doctor, astronaut, cowboy, or ballerina. Sophomore Hannah Zwerner, cast member of “Almost, Maine”, was sure of her passion at this young age that she was going to be an actress.

Her first role was actually in kindergarten as Goldilocks. Zwerner’s love for acting grew, perhaps paradoxically, when during one of her scenes her wig fell off.

Instead of freezing up, she put her blonde wig back on and continued unshaken. “I think that right then I knew I wanted to get more involved with acting.”

Zwerner landed a role in “Almost, Maine”, the play consequently set in almost Maine. Every scene takes place at the same time: 9 o’clock on a cold winter night. Zwerner describes the play as magical realism, which blurs the lines between magic and reality.

The characters are authentic, so much so they could be modeled after people you walk by on the way to class, and each are changed by the events that occur during the performance. “Almost, Maine” is not supposed to be a ‘cute’ show, but it just plays with your heart throughout the entire show.”

Zwerner portrays three different characters, her favorite being Gayle, due to her bravery. “I see myself in all of the characters I portray, but that’s the job of an actor- to make even the most inhuman characters human.”

Zwerner has a lengthy process to get into character, which includes mapping out former relationships the character has had, and understanding their thoughts and feelings.

Gayle, for example, is equal parts passionate and impatient, and Zwerner has created a unique map for her compared to the other characters that she plays. For this particular show, Zwerner is thankful for the lack of information on each character.

While this might be unsettling to many actresses, Zwerner again demonstrates her strength during the unknown. She notes that there is freedom to work with and create who she thinks the characters are.

Zwerner also demonstrates her drive and motivation, particularly in the face of longer rehearsals as opening night draws closer. There is something within her, wanting to be better than she was the previous day, striving for new challenges and new lessons to learn from.

Her double majors in theater with a music and dance concentration and English illustrate this drive.

She is also a member of the sorority Gamma Phi Beta and the theater fraternity Alpha Psi Omega. Zwerner has a twin sister that she always forgets people



Even from a young age, “Almost, Maine” star Hannah Zwerner knew what she wanted to be when she grew up: an actress. BEN LEISTENSNIDER/THE CAPTAIN’S LOG

don’t know about.

They look and act nothing alike, and though she loves her, getting them together might not be such a great idea, due to the slight mischief and laughter that inevitably follows.

“Almost, Maine” is her second CNU Theater production.

Being a Theater major comes with many struggles, but ones that are worth

sticking it out for.

Zwerner has found that going down the easy path of giving up would not be as rewarding as working as hard as she can to excel in her passion.

“Learn from your mistakes and then strengthen yourself,” she said. “You’ll surprise yourself in the end with what you have accomplished.” ■





Eight organizations competed in the event, with the sisters of Gamma Phi Beta coming out on top. BEN LEISTENSNIER/THE CAPTAIN'S LOG.

## Stroll to the Polls : Encouraging voters through dance

The brothers of Alpha Phi Alpha work to raise awareness for voter registration through their annual strolling competition.

BY MADELEINE SCHULER  
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Students got there two hours early to save seats. Classes were skipped. Homework was disregarded. No one wanted to miss what was about to go down in the Ferguson Center on Nov. 2.

After winning Campus Event of the Year last school year, Alpha Phi Alpha's Stroll to the Polls has become a staple event at CNU and has continuously grown larger each year.

To benefit one of their four national programs "A Voteless People is a Hopeless People," the event works to raise voter awareness and encourage students to exercise their right to vote.

Strolling is a traditional dance, sometimes referred to as party walking, that originates from National Pan-Hellenic Council.

Often called the Divine Nine, NPHC is made up of nine historically African American, international Greek fraternities and sororities, three of which are on CNU's campus.

Organizations participating in the event rehearse a stroll and compete against each other for the title of Stroll Champions.

The Alphas offered to help all of the organiza-

tions participating to ensure that the movements they were doing could be considered strolling.

A total of eight organizations competed this year, with Phi Mu coming in third place, Alpha Phi in second place and Gamma Phi Beta coming out on top.

After three years of placing third, the sisters of Gamma Phi Beta were especially happy to win this year.

They won the crowd over with their election-themed performance and synchronized movements, and they even had their own Snapchat geotag to encourage the crowd to vote for them. This proved helpful during deliberation.

The scoring system was broken down into three categories. Twenty-five percent of a team's final score was based on how much money the organization raised for March of Dimes, another one of Alpha Phi Alpha's national philanthropies.

The next 25 percent was based on a vote from the crowd in attendance at the event.

The last 50 percent was given by the judges, who are all members of different NPHC organizations, meaning that they had the expertise to score correctly.

According to senior Rodney Smith who coordinated the event, the planning process was difficult

and long.

They began to plan this year's event only weeks after Stroll to the Polls in 2015 came to a close.

On top of normal planning like reserving the venue, picking the date and getting teams to register, Alpha Phi Alpha gained seven new brothers who had to be introduced to the event and learn how to stroll, and memorize background information.

"Planning for anything is always difficult, but the final product always makes it worth it," Smith said.

As a crucial aspect of the only male Divine Nine fraternity on campus, strolling brings a different culture to CNU and a different outlook on the Greek community.

"It also keeps everyone happy," said Smith. "We stroll at the most random moments, in the DSU, Tribble Plaza and even Regattas. While everyone is stressed being college students, it is good to just have fun and relax and live."

Stroll to the Polls has come a long way since its beginnings in 2013 and each year it has gotten bigger and better.

In the future, Smith hopes that the event will continue to grow and that new Alpha brothers will carry on the tradition, making strides to help this event become the best on campus.

"From freshmen to seniors, from IFC to Panhellenic, from clubs to athletes, the end goal is to bring our entire campus together for one great cause and one great night," said Smith. ■



# Looking for some time with a furry friend?

This animal shelter allows community members to foster a dog for one to three days after completing a basic training process.

BY SAMANTHA CAMILLETTI  
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The Peninsula Regional Animal Shelter, opened in 2015, wears its youth with pride without boasting naivety.

Already they have established themselves as innovative with their animal-friendly facility and behavioral assessments, but they quickly realized that they needed something to call their own in a crowded business district that makes that nearly impossible.

They may finally establish their niche through the Weekend Warrior Program.

The Weekend Warrior Program allows shelter volunteers to foster a dog for typically one to three days.

"It could be no more than hanging out on the couch at the house or that long walk on the beach," shelter director Roger Iles said. "It's really trying to get these animals some R&R out of the shelter and just have them relax."

Volunteers are expected to go through an orientation, background check and basic training before being admitted into the program.

Equal-parts animal and human interests inspired the program. The military members in the surrounding area was a major population that the shelter wanted to market to, according to Shelly Ezanno, Superintendent of Special Events and Promotions.

Ezanno also notes that students are another population to court and that everyone from athletes to "professors with high blood pressure" could benefit from this program.

The dogs are outfitted with vests that identify them as shelter animals. These vests "engage a conversation" according to Iles, giving the volunteer the opportunity to promote the shelter, the dog and an understanding on why socialization outside of the shelter is necessary.

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"I've not known another shelter that is this driven. We want the best ideas for the animals."

~ Roger Iles,  
Shelter Director

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The latter is something especially important to the shelter, which hired an animal behaviorist and kennel manager specifically for that reason.

Each time a dog is out for the Weekend Warrior Program, the shelter receives more feedback on the dog and its behaviors on conditions outside of the shelter's walls. Iles hopes

the shelter can raise awareness of animal sentience through this program.

"I've not known another shelter that is this driven," he said in regards to its commitment to animal welfare. "We want the best ideas for the animals."

This is evident in everything the Peninsula Regional Animal Shelter does.

"The animals rely on us coming up with creative marketing strategies and how we present the animal because if we don't, they lose," Iles said.

"So that's always the bottom line on what we do and why we do it."

And creative they have been. The Weekend Warrior Event at Traditions Brewery this Sunday, Nov. 13 is an example of their marketing strategy.

Iles hopes to raise awareness of the shelter through a popular venue like Traditions and quipped: "What better to have a beer and a puppy?"

The newbie-duo is in the midst of a collaboration to promote each other, including naming a craft brew after the program and promoting a pet-friendly policy.

"We're one of the very few businesses in the Peninsula that is pet-friendly," Marti Caldwell, co-owner and marketing director of Traditions said. "I can't tell you enough about these pet owners who come in and they're so proud to bring in their dog."

Jen Barnes, management and event coordinator for the brewery, is hoping that this creativity will pique the community's interest.

"A lot of the event is going to provide the public with education, just being able to have them here on site talking about what the PRAS is, how they're different from the SPCA, who they connect with, what is their end goal," she said. "It's good for the city to learn more." ■

# The Women's Leadership Summit

Student leaders on campus are invited to grow in their leadership experience by attending a conference hosted by Panhellenic.

BY MADELEINE SCHULER  
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The Panhellenic Council has partnered with the Coalition for Collegiate Women's Leadership to host a mini version of their national women's conference. Over a hundred students are expected to gather in the DSU Ballroom on Nov. 13 at 9 a.m. to participate in CNU's first Women's Leadership Summit.

With the purpose of bringing together female leaders on campus, this Summit is working to promote positive relationships between faculty and students, while providing a learning opportunity to empower these women to further their leadership experience.

The day will start with a welcome and opening session led by Mary Simeoli, an Alpha Delta Pi alum who is trained to conduct development exercises, and has had her fair share in leadership roles.

Students will then break out into educational block sessions. There will be a morning block and an afternoon block. During each block there will be five different sessions happening at the same time. Each student will have the opportunity to go to two

of those sessions in the morning and two in the afternoon.

Each session will be led by various members of the CNU community, including University Fellows, President's Leadership Program representatives, a staff member who works in dining services, a staff member who works in university advancement, as well as student leaders on campus.

The closing key note speaker will be Rosemary Tribble.

There will also be a luncheon, during which a panel of students will speak, as well as a dessert reception to bring the day to a close.

The planning for the event began last semester. One of Panhellenic's goals for this school year is to bring together women leaders from all over campus. Rather than focusing on just Greek women, the Summit is open to all CNU women that are looking to expand their leadership knowledge.

In order to ensure that the number of Greek women in attendance is not overwhelming, the coordinators capped their applications to make up no more than fifty percent of the total attendees.

"The women on our campus are really strong, but they could be even stronger," said Frank Lopez, coordinator for Greek life, as well as the coordinator for the Women's Leadership Summit.

He says that excellent leadership exists in "various pockets" on campus, but not all as one. If these women all unified together in a peer-mentor type way, it could strengthen their leadership abilities, while strengthening the CNU community as a whole.

"We want to have a women's community that can actively engage in leadership across campus," said Lopez. "However, we want to do it as a community rather than as individuals."

In the future, Lopez and the rest of the Summit coordinators hope to not only make the Summit a new tradition, but enlarge it, turning it into a regional conference. They would invite institutions in the Tidewater area, as well as Hampton, but would also invite universities in areas as far as Richmond.

Panhellenic is working to make CNU a hub for collegiate women's leadership.

Lopez hopes that through the Summit students will learn how to spend the rest of their time on campus.

"Whether it's a freshman who has got three years left or a senior who has just got a semester," said Lopez. "What I really hope is that they learn to give and take what they can from this community especially in the areas of giving back and serving each other." ■





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