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CNC Community Islands

February 18, 1977 #5 of 1977

SUNDAY - February 20

HRONCLE

MONDAY - February 21



TUESDAY - February 22

Birthday Congratulations to dies martis Liz Daly!

WEDNESDAY - February 23

Curriculum Committee - 3:15 - CC

Nominations Committee - Noon

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Varsity Basketball February 23-26, DIAC Tournament, Va. Wesleyan College

Men's Basketball Team Will Host Quarter-Final or Dixie Intercollegiate Basketball Tournament, 8:00 P.M. Ratcliffe Gymnasium.

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THURSDAY - February 24



FRIDAY - February 25

Deadline, Step #5 Faculty Evaluation for faculty w/more than 2 years at

tor faculty w/more than 2 years at CNC

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Women's Basketball - (away) - Mary Washington 5:00 P.M.

Men's Basketball Semi-Finals of DIAC Basketball Tournament, Va. Wesleyan College 7:00 & 9:00 P.M.

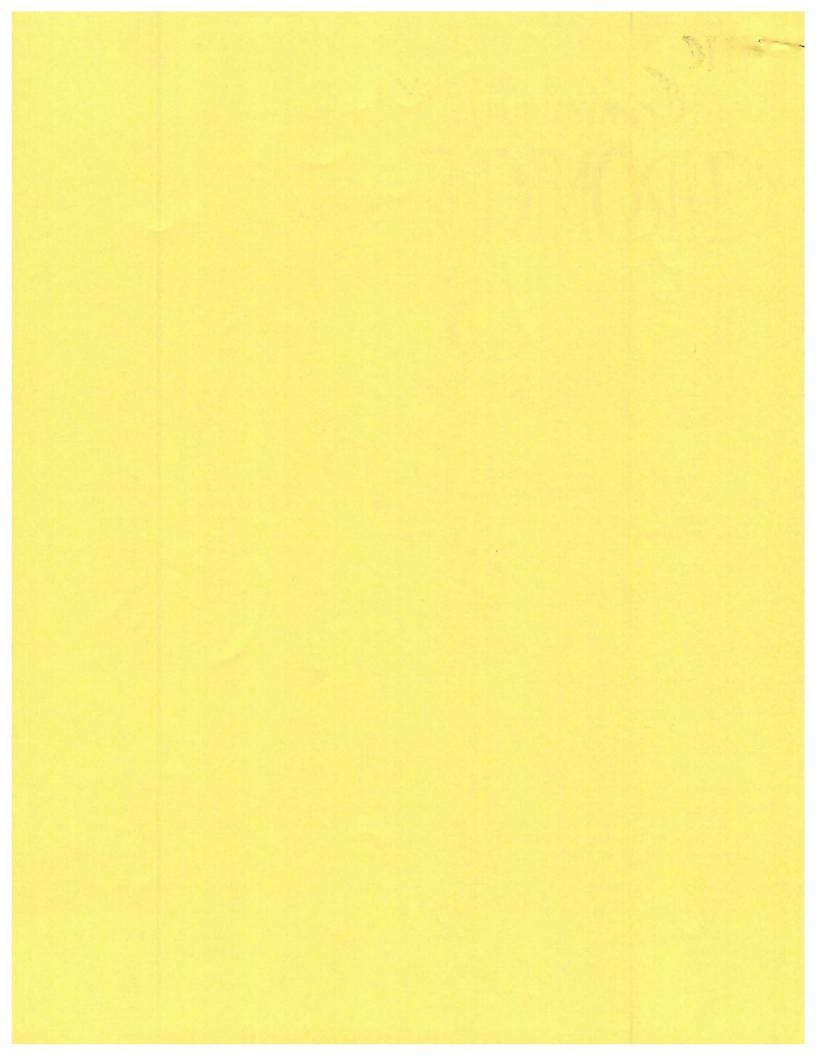
Birthday Congratulations to George Webb!

SATURDAY - February 26



Final of DIAC Basketball Tournament Va. Wesleyan College - 8:00 P.M.

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DEAN'S ANNOUNCEMENTS

Until such a time that the Board of Visitors may approve a change in the organization of the College, academic departments will continue to be organized into divisions. In light of this, any new course or program proposals should be presented to the appropriate division for its review and recommendations prior to forwarding to the Curriculum Committee.

R. J. Edwards

FACULTY NEWS

DR. WINDSOR conducted a seminar on "Psychology in Management" for the senior officers and civilian supervisors at Fort Monroe on January 27.

DR. WINDSOR will serve as chairman of a Southern Association accreditation evaluation committee to Warner Southern College, Lake Wales, Florida, March 8-11, 1977.

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STUART and MARIE VAN ORDEN appeared on the Midday show, WVEC-TV, on February 14. This was a Valentine Day program and PROFESSOR VAN ORDEN had been asked to show a small selection of those Valentines that he has painted each year as a personal gift to his wife. Some six of thirty-one were actually shown and discussed.

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JIM HUBBARD recently served as Meet Director for the Peninsula District and Regional Indoor Track Championships held at Todd Stadium.

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SUE GRAY AL-SALAM gave a show on sound at the Peninsula Nature and Science Center on Saturday, February 12.

CNC LIBRARY HOURS SPRING BREAK **MARCH 1977** Sun Mon Tue Thur Fri Sat CLOSED 10 12 CLOSED to 8am 7-8 a.m. 9 p.m .-CLOSED to 4:45pm 13 16 18 19 1 to 8pm **←----RESUME** REGULAR HOURS-20 23 24 25 26 27 29 28 30 31

NOTICES

The Faculty Advisory Committee and the Vice-Chairman of the Faculty have received an invitation from the CNC Board of Visitors to make a presentation at the next meeting of the Board on March 16. We would appreciate input from individual faculty members or from departments. We hope to make this a meaningful, informative presentation about the Faculty despite the brief time allotment of thirty minutes. Please send your input to E. Daly, FAC by Friday, February 25. Thank you.

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How to Use Major Medical----For "Extra" Health Care Benefits

The Major Medical portion of the Commonwealth of Virginia health care program provides supplemental benefits to Blue Cross hospital and Blue Shield physician coverage. Many medical services that are not covered by the Blue Cross and Blue Shield base program are taken care of by Major Medical. Here's how it works:

Every family member enrolled in the program has a \$100 deductible for medical expenses during each calendar year. If you are enrolled under Employee-Dependent coverage, there is a \$300 family maximum, so that once three family members have each satisfied the \$100 deductible, the remaining members are not required to pay a deductible.

As soon as the deductible has been met, additional bills can be submitted to Major Medical, which will pay 80% of the charges. You must complete a claim form, attach all itemized bills (such as for doctors' home and office visits for a specific illness or complaint, prescription drugs, private duty nursing, etc.) and send them to your Blue Cross and Blue Shield Plans. It is necessary throughout the year to keep good records, and to retain all receipts, making sure that they indicate the patient's name, description of service rendered, date of service, and the charges. Timely filing, about every three months as bills come in, is also important for optimum claims processing.

Examples of Major Medical services which are picked up where your Blue Cross and Blue Shield coverage leaves off are: doctors' home and office visits; blood; covered prescription drugs and insulin; private duty nursing (when medically necessary, as determined by Plan physician review); local ambulance service; X-ray and diagnostic laboratory procedures; anesthetics; services beyond the 120-day Blue Cross and Blue Shield maximum for hospital care; services of a qualified professional physiotherapist; prosthetic appliances, rental of an iron lung or other durable equipment; and radiation therapy.

Once the Covered Medical Expenses exceed \$5,000 for a participant's medical needs during a calendar year, the program will provide 100% payment for any additional covered expenses during the remainder of that year. Every participant has a \$100,000 benefit lifetime maximum.

In order to get maximum use of the Major Medical benefits which are available to you, it's important that you read the employee booklet which is provided through the Commonwealth program. Remember that itemized bills for services and receipts for prescriptions must be included with your claim. When filling out forms, take extra care to be sure all boxes are checked and all necessary information is included. Also, submit claims within 12 months following the

end of the year in which you receive medical services. If you require any assistance in filing claims, or need additional claim forms, contact the Blue Cross and Blue Shield Plans or Mrs. Elizabeth Welch, Personnel Office.

The following W-2 (Wage and Tax Statement) were returned from the post office for various reasons:

Donna S. Baggett Dana M. Beard

Teresa L. Dickens Don R. Dommisse Egradina Coughlin Jane P. Oliphint

Thomas W. Oliver Peggy R. Smith

Debra A. White

Charlene H. Welch

If your name appears above, please contact June Saunders at extension 7140.

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CNC men's basketball team will host quarter-final of Dixie Intercollegiate Basketball Tournament Wednesday evening, February 23 at 8:00 in Ratcliffe Gymnasium. Support the "Captains" and treat yourself to an evening of exciting basketball.

February 25

February 26

Semi-finals of DIAC Basketball Tournament Virginia Wesleyan College 7:00 & 9:00 Final of DIAC Basketball 8:00 P.M. Tournament Virginia Wesleyan College

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On behalf of the custodial crews, I wish to thank you all for your cooperation concerning enforcement of the "no classroom smoking rule." There has been a big improvement already. Your continued cooperation is appreciated.

S. L. Skillman

FELLOWSHIPS, GRANTS, ETC.

Deadline: Mar. 15

National Institute of Correction/Grants for training, research and evaluation, policy, technical assistance in four areas: staff development, field services, jails, and screening for risk. 202/724-3106.

No Deadline:

Business and Professional Women's Foundation/Women's Scholarship Program. Three scholarship programs are available (averaging \$450 per woman). (1) Career Advancement Scholarships--for women over 25 who need further training or education to begin a career or to improve professional opportunities, and for women who are returning to graduate, undergraduate or vocational school after a break in their education (2) Clairol Loving Care Scholarships--for women over 30 years of age for full- or part-time study in vocational schools, undergraduate college degree programs, or graduate work at the masters or professional level. (3) A new scholarship opportunity being introduced this year is the Florence Morse Scholarship Program for women who are at least 25 years of age and enrolled in business

school at either the undergraduate or graduate level. For further information contact the Business and Professional Women's Foundation, 2012 Massachusetts Avenue, N.W., Washington, D.C. 20036 or call 202/293-1200.

Deadline: Jun 1

NEH/Fellowships for independent study and research. For scholars and teachers of the humanities who have shown promise of making a significant contribution to humanistic knowledge. Applicants must have completed their professional training (presumably this means the Ph.D.) but may otherwise be at any stage of their careers (degree candidates are not eligible). Those eligible for the Summer Seminars or Fellowships in Residence for College Teachers should probably apply for them rather than the Fellowships under discussion here. Six or twelve months; maximum stipend \$20,000.