

Russian republic
within the Kremlin
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The next 'Wood' be
star
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wild side
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Christopher

Newport

University

25th
Anniversary

The Captain's Log

est. 1970



Volume 27 Issue 12

Newport News, VA

January 29, 1996

Books & booze

Jerry struggles with a lifetime
of abuse.

Most days he wins.

by Robin Harris
Staff Writer

Jerry stands on the cobblestone pavement of Colonial Williamsburg shivering on the temperate December night. Swarms of holiday visitors pass by oh-ing and ah-ing as stars of red, green and white explode overhead. Children are dancing as drummers and flutists in period costume play Christmas carols on the colonial courthouse steps. Vendors peddle steaming cups of apple cider and spicy ginger biscuits for customers to enjoy around the many bon fires built around the colonial village. No one seems to notice Jerry standing among the festivities with tear-stained eyes, staring at the ground.

Moments earlier Jerry and his girlfriend were enjoying the celebration of their first holiday season together amid the historic backdrop. Then she noticed a beer bottled sticking up from the coat pocket of the jean jacket draped over his arm. "I know it was a mistake," said Jerry. "I just couldn't help myself."

Jerry Cutter is an alcoholic. His inability to help himself seems like the end of the world to Jerry, but according to Dr. Peggy Norwood, CNU's substance abuse specialist, Jerry may have just hit what counselors call the bottom and that's the first step to recovery. "People usually don't realize there's a problem until they hit bottom," said Norwood. They can say they have a problem, but don't view it as a threat until something traumatic happens to them and

they are forced to face the truth.

"These people usually function well at either their jobs, their school, or their relationships," said Norwood, "but usually they don't function well at all of them and one area will begin to deteriorate."

Jerry felt he has always kept his life of abuse in control even when the problem permeated his functioning in every day life. At one time his addiction was so strong he couldn't go an hour without getting a fix. While vol-

unteering with his local Little League he would have to go off into the woods to give himself a shot of morphine.

"It was the middle of summer and I was wearing long sleeve shirts to cover the tracks in my arms. I'd walk over to Deer Park to coach Little League Baseball and when the urge hit my friend Scott and I would trot off into the woods and get a fix."

Jerry makes no apologies for his prior behavior, "I'm not proud of it," he said, "but it's part of who I am." Part of what makes up the life of this thirty-four-year-old CNU student who started experimenting with drugs when he was thirteen and watched it escalate to a habit so strong, it nearly destroyed his life

Jerry's living room is filled with books. Textbooks hold their place next to anthologies of poetry, literature, novels, and several

versions of the Bible. On the end table lie biographies of Mark Twain, and copies of Huckleberry Finn and Don Quixote lie with yellow post-it notes sticking out from their pages, "I love to read," he said. "It's amazing what people can do with language," he smiled. "I hope to write like that one day."

Jerry walked to the balcony window of his apartment and brushed aside the vertical blinds. He stared blankly across the yard, "I don't know why I started it," he said, "I guess because I wanted to be in with the 'cool' kids." Kids, Jerry said, started him early huffing spray paint. It was a popular way to get high at the time, he recounts, and adults didn't seem to care. "I remember being in the ball field across from my apartment and seeing cops drive by while we were sitting there inhaling," he recalls. "They never stopped to see what we were doing, so we just kept doing it. Sometimes, we'd

even walk down the street spraying the paint into a plastic bag and just be huffing away."

This turning of heads permeated his family life too as his abuse of drugs and alcohol continued to escalate. "I think my parents knew," he said. "They had to have known. But they never said anything to me." Not until he had an accident while drinking and smoking pot with some friends outside his apartment. "This guy was swinging a stick around and hit me in the head with it. I walked across the street and was sitting at the elementary school in a daze until a friend of mine ran across the street and got my father. My dad took me to the emergency room and after talking with the doctors, admitted me to the psych ward for suspected alcohol abuse."

After two months of rehab, Jerry was discharged. Not because he was better, but because his father didn't trust the doctors

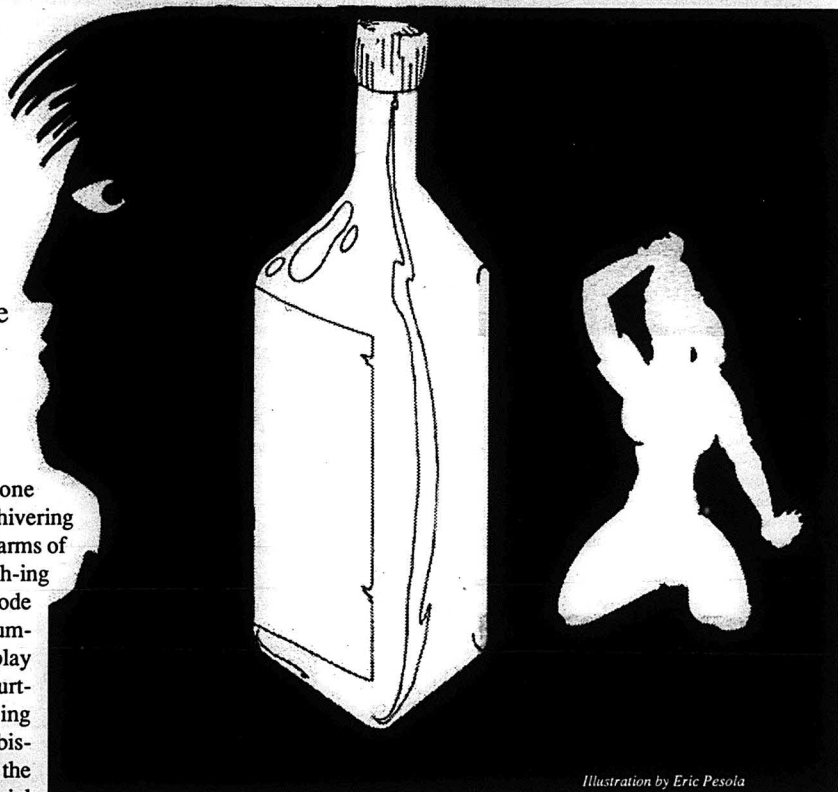


Illustration by Eric Pesola

Letters to the Editor

Trible's "students first" policy questioned

President Tribble. Thank you so much for the gracious offer of giving up your parking spaces in order to put "students first." However, if you sincerely feel that students should come first, you should focus your attention and efforts on critical issues that are of some importance to the student body.

For example, students should be made aware of all administration and policy changes that affect them; i.e. elimination of the "intent to graduate forms." These forms are no longer used at the registration office, instead, students are at the mercy of their major advisors to confirm eligibility for graduation.

Another example includes the "Bookstore Ripoff" issue. The policy and procedures followed at this campus are the worst I have ever experienced. This issue is one of the biggest problems with the CNU campus. The bookstore sells their text for a "wheel of fortune" price, and buys it back at their "take it or leave it" offers of usually incredibly low prices.

Also, the attitudes and responses to students about the buy backs are disgusting and rude and would never be tolerated in a market with competition. The bookstore claims "new editions" as their problem for the no-or low buy back policy. This is a scam and it should be investigated. New editions at this rate would mean a substantial amount of new information is needed - this is bogus! Teachers and students should say no to this system.

Additionally, a used book network should be implemented in order to provide all students an opportunity to buy and sell their texts at "reasonable" prices.

President Tribble, these are only a few changes that your administration could implement that would support your "students first" motto.

Signed,
A concerned student
Shannon M. West-Turner

P.S. So who gets those valuable parking spaces

Questioning carnivores

Dear Editor,

What about us carnivores? I do understand that there are quite a few vegetarians on campus, and hundreds, even thousands across the fruited plains. I would like to speak out in defense of all meat-eaters everywhere by saying, Cows are tasty!

That's right! I said cows are tasty, and so are pigs, chickens, and on occasion goats have been known to hit the spot. I understand that there are wacko nut-heads who believe that cows made the ozone hole, or even sillier people that believe that the human anatomy just isn't suited for consumption of animal fiber. Not so. The early man (and Woman) was equipped with the essential parts to consume mass quantities of blood soaked bronto-burgers.

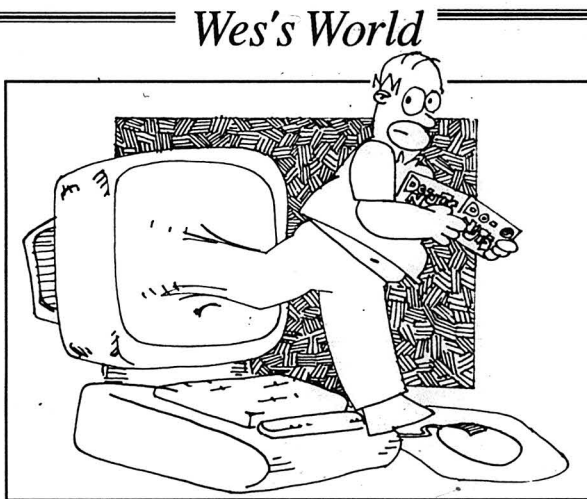
To digress, meat is the best! There's nothing better than going to Burger King, eating an entire Whopper, and then wiping my mouth on my sleeve. I would love to take all of my vegetarian friends out to Fuddruckers and treat them to a third pound of raw meat. Then we'll all see who's been eating "toxic nutrients," us red-blooded meat eaters or those who eat their lettuce in the dark.

name withheld

By Wesley Cline
Staff Writer

I got some new software for my computer recently. I was trying to make working at my computer a little more interesting. I am afraid that I may have made a mistake. My computer now talks to me. Most of the time, what it has to say is not very comforting.

I installed some programs that put together short sentences when I turn on the computer. These sentences are supposed to sound funny and start off a person's work day with a small chuckle. I apparently received the psycho killer version because the sentences that come out of my computer are frightening. Half of the time the sentences come out in a mumbling voice which sounds like it is saying something like this: "Then we steal all his text files, especially those in his school folder." Invariably, after a message like this, I will have trouble opening up my text files, especially the files holding important information that I have no way of replacing. The other half of the time the sentences come out in a rough, South American dictator-type of voice saying something like, "You will be sorry you ever doubted me. I will destroy your data when you least expect it!" When this happens, I am usually expect my computer to flash a bomb on the screen, and a "Fatal Error" message will appear while I am right in the middle of a paper which, of course, I have forgotten to save. I have tried to find the program; but,



apparently, it has some kind of protection on it that makes it invisible or changes its name to something no one would ever suspect is an evil program, such as "Cute Bunny Pictures."

I recently discovered another program on my computer that I didn't remember putting there. It was called the "Energizer Bunny"; and, yes, a picture of the famed bunny did appear on the screen when I first started the program. I read through the on screen instructions but could not find any

specific reference to the exact function of the program. The instructions did say that I should start the program on a network, preferably, from a remote location. It also said that the bunny was power hungry. I tried to start the program but nothing seemed to happen. I threw it away figuring that it was broken. The only evidence that I can find that it was ever on my computer is that, occasionally, a little energizer bunny rolls out onto my screen, turns toward me, laughs at me for a few seconds, and then rolls away off of the other side of my screen. Afterward, the lights around

my room dim for a few seconds before coming back to full strength. The lights seem to go down a little more each time this happens. I wonder if I should be worried?

The final program that I recently found on my computer was called "Homer Pro." I had a small warning that this program would make working on my computer a bit strange when it put Homer Simpson's head on the computer screen. At odd times, he would spout off with a weird phrase which, more times than not, seemed strangely appropriate. This was fine until Homer seemed to develop quite an attitude. His face even changed from a happy, kind of stupid expression to an angry expression with a perpetual frown. He would criticize my work. At times, he seemed quite paranoid, accusing me of doing things for no better reason than to annoy him. He started to eat my cursor refusing to spit it out for long periods of time. He would hide my documents and then deny having anything to do with it after I had discovered his mischief. I have tried many times to turn him off but he always seems to find a way to turn himself back on.

To my mind, all of these programs acting with such malice could mean only one thing. My computer has gone mad and is trying to get back at me for some perceived slight. I am afraid to let my computer talk to other computers. It might spread its madness. Then I wouldn't be able to work anywhere!

The Captain's Log

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Class Project Becomes Community Service

by Melanie L. Stokes
News Editor

The crescendo of twelve tiny feet running across the hardwood floor builds behind her as the clock's hands move toward 3:30 p.m. She places the scratched album on the dusty record player and Gail Jones's "KinderGym" class is ready to begin.

Leotard-clad five-year-olds bellyflop onto the red and blue foam mats "Miss Gail" has laid out for them. For six young girls, the dream of being a gymnast and their mothers' minivans bring them to this place. For Gail Jones, their coach, the pursuit of a fitness management degree is the motivation.

CNU senior Jones was a student last semester in Professor Stew Cotrell's Organization and Administration of Physical Education and Sports class. "KinderGym" began as Jones's semester project for the LSPE 320 course. Developing and leading an original program in recreation was the course requirement.

"I have known for a while that eventually I would have to take this course and complete this project," Jones said, "I was dreading it." For Jones, the idea of hands-on experience was threatening. "It was scary because it was like the moment of truth. It was finally time to see if I could put my education to work in a practical situation," Jones said.

For Jones, developing a KinderGym program at a local dance studio has turned threatening territory into a familiar plea-

sure.

Jones approached the Academy of Dance and Gymnastics, Incorporated, in Hampton with ideas for a beginner gymnastics program.

"I knew that if I found something I enjoy I would do a good job," Jones settled on the idea of a gymnastics class for kindergarten-aged children. "I remembered how much I enjoyed gymnastics as a young child."

Embarking on the KinderGym project, Jones considered its benefits. "It is a real ego-booster for a kid to develop a talent," Jones said. "I was excited about the idea of giving a child some extra self-esteem and introducing them to the fun of sports."

Primarily a studio for dance education, the Academy did not offer gymnastics for children until this fall. Jones said that selling her program theory to

the school was her biggest challenge. "I was asking a business to invest their resources in my ideas. Finding confidence enough to sell my own ideas to a company was tough," Jones said. Jones soon recog-

nized that the "sales pitch" stage of the project was as valuable as the coaching experience. "As hard as it was for me to ask people to listen to and to accept my plan, I know that every job interview and every good impression I try to make will be selling myself, over and over."

"This is not just something I could do for two weeks to meet a class requirement... this matters more than a grade."



With her plan accepted and one challenge behind her, Jones anticipated the next step. "I was nervous about working with children," Jones said. "I wanted them to like the class but I did not know how to interact on their level." Never having taught children, Jones sought advice from teachers. "I listened to a lot of advice and finally learned that the best way to be effective was to give them all that I had with energy and enthusiasm."

"We'll start with 'jump'nastics to warm up," Jones shouts over the tiny voices. Though the student gymnasts are only hip-high to "Miss Gail" they are eager to share the events of their day with her. The small class begins with hops and stretches talking all the while about new

barbies and mean bib brothers.

"Did you have time this week to practice your forward rolls?" Jones asks, turning the conversation to the tasks at hand. The students bump and push their way to be first in line to show "Miss Gail" evidence of practice.

"This is not something I could just do to meet a class requirement," Jones said. Jones's project evolved into a larger commitment. "I stopped thinking about meeting a course requirement and kept on learning. I'll be here for the duration of the school year. This matters more to me than a grade," Jones said.

CNU based SEVAnet forms electronic community

Twenty-nine companies from Virginia Beach to Smithfield are working together in an electronic community with CNU's Southeastern Virginia Regional Freenet or SEVAnet. The project, which officially began in January 1996, will run through December 1996.

SEVAnet allows computer users throughout Southeastern Virginia to communicate with one another via the Internet. The SEVAnet system is organized into seven primary points.

In July 1995, SEVAnet received a \$25,000 grant from Virginia's Center for Innovative Technology (CIT) to establish, monitor and evaluate an electronic business community for assisting businesses with technology and technology transfer, research and to promote economic development. The new SEVAnet project is being organized by officials from CNU, NASA Langley Research Center, The Virginia Aerospace Business Roundtable, Virginia's Center for Innovative Technology, Hampton Roads Planning District Commission and the Peninsula Advanced Technology Center.

Karen Jackson, Regional Director for CIT said, "It's exciting to see the cross section of businesses that have chosen to go on-line with SEVAnet. This type of project is a good way to further the industry itself."

Duncan McIver, chairman of the Virginia Aerospace Business Roundtable and vice-chairman of the SEVAnet council, said, "I hope it will help these companies to have a positive experience, enhance their business and improve their bottom line. In

the process, it should also help us understand electronic commerce, and put together a model that we can share with other businesses across the region and state."

Dr. Bill Winter, Director of the Joseph Center and professor of government and public affairs at CNU, said home pages are being developed and connections are being made for E-mail. "SEVAnet is a vehicle that will help us reach out into the community and promote economic development and technology transfer."

SEVAnet officials will form a business forum for participating companies that will aid them in a marketing strategy for their businesses. Officials are also in the process of creating a weekly column "We Mean Business" and plans are underway to expand the electronic village this summer.

Melver and three of the participating businesses: Peninsula Software of Virginia, Inc., Medical Center Radiologists and The Smithfield Companies were recently featured on CNU's LET'S TALK BUSINESS television series. The program will air on the Newport News City Channel, Cable Channel 10, January 26-February 2 at 8:30 a.m., 12:30 p.m., 4:30 p.m., and 8:30 p.m.

SEVAnet may be accessed on the Internet at <http://www.seva.net>. For more information on the electronic business community call Dr. Winter at (804) 594-7092 or E-mail: bwinter@seva.net. Media representatives are also encouraged to contact businesses involved in the project.

Information provided by the Office of University Relations

The service fees you pay for checking and savings accounts at banks really add up.

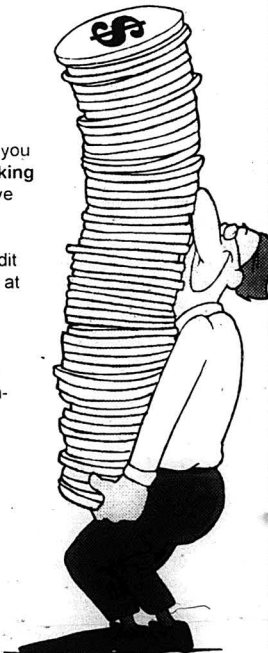
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News Briefs

Julie Silver Mapes memorial service set

The Campus Minister's Association is sponsoring a memorial service for CNU social work student Julie Silver Mapes, who passed away December 30, 1995. The service will be held Wed. January 31, 1996 at 12 noon in CC150.

The service will be led by Rev. Becky Glass and Rev. Cheryl Harrison-Davidson.

There will be an opportunity for faculty, students, and friends to share special remembrances if they wish.

For more information please contact Rev. Cheryl at 595-7604.

Financial Aid scholarship information

Several organizations are seeking candidates for scholarships and fellowships. A synopsis of the purpose and qualifications of these financial aid opportunities follows:

John Gyles Education Fund

Purpose: Financial Assistance to students in both Canada and the United States. Award maximum of \$2500.

General Guidelines:

- U. S. Or Canadian Citizen
- Male or Female
- All areas of post-secondary study
- Minimum GPA of 2.7
- Application required
- Apply by April 15, June 15 and November 15, 1996

1997-98 Rotary Foundation Ambassadorial Scholarships

Purpose: For three months to multi-year study abroad which would commence with the 1997 academic year. Award is up to \$22,000.

General Guidelines:

- Apply to hometown Rotary
- Application required (available from hometown Rotary)
- Apply by May 15, 1996

Dorothy J. Hall Scholarship Program

Purpose: To award 10 \$1,000 post-secondary scholarships to individuals who are members and actively using the Virginia Credit Union at least six months prior to application deadline. Students at Christopher Newport University are eligible for benefits of VACU membership.

General Guidelines:

- Actively using VACU
- Application (including essay) required GPA of 3.0
- Two letters of recommendation

Application must be received by March 31, 1996

For additional information or application forms on any of these scholarships, please contact Tom Morehouse at the Financial Aid Office (594-7277).

Delta College Fares Give Students Travel Bargains

College students across the United States are eligible for new Delta Air Lines "Extra Credit" fares -- zone-based tickets allowing travel as low as \$138 roundtrip.

Delta is offering its Student Select Savings Certificate to college students who call 1-800-9Delta between January 4- and March 31, 1996, with holiday blackout dates in effect on February 16, 18, 25 and March 3. Tickets are nonrefundable and must be purchased at least seven days before departure. Requests are limited to one per student.

A student may use the certificate to travel at Delta's "Extra Credit" fares and take up to two friends at the same fare. Fares are \$138, \$198 and \$318 roundtrip, depending on length of travel by zone (see attached examples).

Each student must provide the college name, major, address and student identification number and produce a valid student identification at the time of ticketing and travel. Certificates may be requested through March 4 or while supplies last.

Trible's Changes In Administrative Faculty

Trible announced changes in the administration's faculty and structure on January 16. In the office of the President Cindy Perry is appointed Chief of Staff and Assistant to the President for Planning and Budget. Kathy Edwards is named assistant to the President for University Relations. Beverly Mueller is named the Executive Assistant to the President.

Dean Wendell Barbour has accepted a position as the Vice President for Information Services with California State University at Bakersfield. Barbour's last day at CNU is February 29. Tribble said, "Wendell has served CNU well and we wish him success and happiness in his new position."

The office of Dean of Academic Support is abolished and the positions previously reporting to Dr. Barbour are newly assigned.

The Director of the Library and the Director of Sponsored Research will report to the Provost.

The Director of the Computer Center will report to the Executive Vice President.

The Director of Admissions, the registrar, and the director of Financial Aid will report to the Dean of Student Services.

Newport News Rugby Football Club Seeks Players

The Newport News Rugby Football Club, an amateur men's rugby team on the Virginia Peninsula, will begin practice for its spring season at 7:00 p.m. on Tuesday, February 6 at Carver Elementary on Jefferson Avenue. Practices will be held every Tuesday and Thursday at 7:00 p.m. at Carver from February 6 through the end of the team's game schedule on May 18. All games are on Saturdays. New players, experienced or inexperienced are welcome. Players should be 18 years old or more and be in good physical condition. Dues for the spring season are \$65. Interested athletes may contact Paul Schmitt at 874-7818 for more information.

VA Symphony Brings Bernadette Peters to Chrysler Hall

Tony award winner Bernadette Peters will visit Norfolk for two performances on February 16 and 17, 1996 at 8:00 p.m. as part of Virginia Symphony Orchestra's Pops concert series. Peters has worked in Broadway, movies, and television winning 4 Tony award nominations. Tickets for the Virginia Symphony Pops range from \$17 - \$38. Call (804) 623-2310 or (804) 671-8100 for tickets.

Coming Up . . .

- | | |
|------|--|
| Mon | 2 - 5 p.m.
TIPS Training Workshop
CC 205 |
| | 4:00 p.m.
Mandatory meeting for
homecoming candidates
CC150 |
| | 9am-3 pm
Red Cross Blood Drive
CC150 |
| Tues | 9 a.m. - 3 p.m.
Red Cross Blood Drive
CC150 |
| Wed | 3:00 p.m.
President's Council
meeting
CC150 |

Wildfowl and Wildlife Festival

The 21st annual Wildfowl and Wildlife Festival is coming to the Virginia Beach Pavilion on March 1, 2, and 3, 1996. The exhibition features over 150 contributors of carvings, paintings, photography, decoys, and crafts. Many works are available for sale. An auction will be held Saturday at 5:00 p.m. A carving competition is also held Saturday. A Children's decoy painting is held Saturday at 10:00 a.m.

Bridging the Gap - An Alumni Chat

The Alumni Society had over two hundred Alumni at the Peninsula After Work Event held November 15 at the Hampton Holiday Inn. Sponsored by the Society, fellowship and refreshments made for a lovely meeting. This was the fifth annual event and was our largest crowd ever. In the early part of 1996 we will travel once again to Northern Virginia and the Washington D.C. area to bring fellow alumni up to date on the university and the Society.

You will recall from the previous article our three goals for the year are: Increasing membership, increasing financial support to the University, and heightening the awareness of the Society.

With regard to membership, President-Elect Randy Bryant, '91 and V.P. Membership and University Development, Dean Belar, '72 have been working on revising the By-laws and membership status. One of the ideas under consideration is formal dues structure. If you have an opinion on this subject do not hesitate to contact the Director of Alumni Relations, Ms. Kitty Heffington (594-7712). We are still in the formative and discussion stage and expect to set policy in early 1996. We continue to expand the alumni and are approaching 2600.

The V.P. for University Assistance and Student Relations is Curtis Back, '84 and through his efforts we want to raise the Alumni Society with you, the student. We plan to participate in Career Day by establishing a mentor/mentorship program. This will enable students to 'buddy-up' with an Alumni. We hope this 'bridging the gap' will be beneficial to graduating students.

Your Society is currently working on a very special project . . . the establishment of an Alumni House. We are really excited about this possibility. We have looked at three houses owned by the University and hope to make a decision soon. I am sure you will want to be apart of building a TRADITION here at CNU. I will keep you posted with special mailings when we have good news.

All the best,
Karen J. Levy
Alumni President

Starting from scratch

Professor travels to newly established Russian Federation

By Jessica Shumake
Features Editor

Dr. Michelle Vachris Assistant professor of Economics and Finance made a trip to Moscow as statistical assistant and laid the foundation for future economic endeavors. Vachris spent her winter break measuring inflation, marking imports, exports and consumer goods for the former Soviet Union. The results of these findings are the basis for the presentation she held Friday in the Brauer Room of the Administration building from 2:30 until 3:00.

Vachris spent two weeks working under the International Monetary Fund which has technical assistants, who help countries to develop and improve their statistical programs. Vachris worked specifically on import and export trade statistics but IMF representatives also have a hand in the consumer price indexes and formulating strategies to decrease unemployment rates.

The weather had no effect on plans travel for Vachris although snow flurries were a daily occurrence in Moscow. Yet, fortunately there was no accumulation. She did have quite a scare coming home while at the International airport in Frankfurt Germany. When she got to the plane guards shouting in German would not allow anyone to board because of a bomb scare. At that point Vachris said the only thought in her mind was the panic ridden notion, "I've got to get home I can't miss Christmas."

Vachris claimed it all worth while since she achieved what the initial task she had set out to accomplish. Which included assisting the burgeoning market economy within an economically unstable region, establish concert structure for the newly laid framework of the Russian Federation. For future industrialization, developing import and export price ranges is a crucial demand.

Dispelling the myth that Russian people are not friendly and personable Vachris stated that "everyone couldn't have been any nicer." In fact she had a rare opportunity to eat dinner at the home of a Russian professor who teaches at Moscow

State University. This experience enabled her to gain insight on Russian culture, and was honored to be invited to dine with him and his family given the dire state of the economy considering that food is a major expense. When it came to Russian food from the standpoint of native street cuisine Vachris was less adventurous because in all non-tourist geared restaurants all menus were in Russian. She did get to attend a Russian Barouche ballet which she said was another enjoyable highlight.

During the day Vachris met with the Russian statistical agency and all commu-

terprise. They tend to run out of staples for example bread. Since it is in the process of evolving Vachris said she "doesn't know how a consumer can live and shop over there." Lines are also a factor to contend with and waiting in line for 45 minutes only to find that the pharmacy had run out of the item she needed, "opened her eyes to the frustrations that the Russian people must face in trying to purchase things for everyday use."

Vachris had the chance to venture inside the walls of the Kremlin, the famous Russian fortress where there still remains hammer and sickle icons. Contained in these walls is more than the parliament building alone. According to Vachris "there are 6 different cathedrals and museums that contain fascinating historical relics." Museums and churches are synonymous in Russian culture being that most do not hold services except on high holidays which is inherently a result of communist rule. Since the recent revolution or changes more churches are active in the traditionally Greek Orthodox are most prevalent.

Vachris got to witness the elections and also Russian independence day which was celebrated on December 11th. This was the date of the last revolution in which the communists lost power. Bureaucracy has started from scratch with former Soviet Union countries which surely proves problematic. The notion of communism is obviously still eminent in this part of the world although the hammer and sickle banner flag has been replaced with the red white and blue stripes.

Dr. Vachris was a likely candidate for this work for the Russian Federation because of her prior experience working in Washington on the bureau of labor statistics for 10 years. The International Monetary Fund tends to work with more developing nations and a trip by another member of the fund is planned in the latter part of the month to Morocco.

Coat of Arms



nication was done via interpreters. This was a tedious chore and Vachris said "It took forever just to get one point across because it has to go through the translators both ways." The output at the end of the two weeks of broken dialect was a report. Vachris functioned as a management consultant, outlining flaws in methodology and noted where thought improvements could be made to strengthen the countries economy. Russian economists are extremely interested in importing all of America's consumer retail items and technological advancements. The dispersion of goods unfortunately has yet to catch up with the rate of distribution since the recent switch to a free market en-

Oh Captain, My Captain

Have you got question you want answered? Do you have a problem you want solved? Do you need some objective advice, but not a lecture? Do you want someone to write your term papers for you? (Just checking to see if you're awake!) If you need answers, then Oh Captain, My Captain is the place to get them.

The Captain's Log is pleased to introduce Oh Captain, My Captain a new column that we hope will hope inform and entertain you. Your Captain will attempt to answer any and all letters that find their way to the Tape-a-Quarter Classified Ad box (in Campus Center) by noon each Tuesday. There are, however, a few rules to this game:

1. Letters deemed by your Captain to be lewd, obscene, etc., will be read at staff meeting, laughed at, and subsequently burned.
 2. Questions that your Captain thinks are silly or stupid will receive a like answer.
 3. If your Captain's answer is wrong or inaccurate, or Halley's comet smashes into Newport News, corrections are welcome. Just remember that your Captain was human, and mistakes happen.
 4. Questions like those Marilyn Vos Savant answers should be mailed to her.
 5. Your Captain is not a licensed professional counselor. Readers who need professional counseling should visit the Office of Career and Counseling Services. Your Captain can only give friendly advice.
 6. Your Captain is not a Psychic friend, but will occasionally make predictions for fun and entertainment.
- So if you need answers, then write your questions, problems, or requests down and put them in the Tape-a-Quarter box in the Campus Center (by the game room) by noon on Tuesday.



TALK TO YOUR FRIENDS!
BUY
A
TAPE-A-QUARTER

continued from page 1

and felt they weren't helping him. Jerry agreed, "We just sat and talked about stuff. We never really addressed the problem of drugs or alcohol. I'd get two or three weekend passes and go out and get lit just like I used to. It was just a waste of time and money."

Standing in her kitchen, shadowed by a poster silhouetting the image of Christ in stained glass with the word "Peace" written at the top, Jerry's mother shakes her head when questioned about his substance abuse. "People just have a problem with drinking from time to time," she said softly. "Even when they come from good families and all, you just never know. All we can do is pray for them and hope they get better."

Jerry doesn't blame his parents for the lack of positive reinforcement or his years of drug abuse. He felt they were doing the best they could. "My dad fought in two world wars and had two nervous breakdowns," said Jerry. "He had a rough time and he and my mom worked a lot to support me and my three brothers." That meant Jerry had a lot of time on his hands and alcohol and drugs are what he and his friends spent it on. "I guess my parents just figured after the hospital thing, it was a phase I was going through so it was easier to just ignore it."

That phase didn't end though and by the time he was seventeen he was shooting cocaine and had given up on ever finishing high school. "The teachers there just didn't care," he said. "Hell, neither did the cops. I remember this time, a cop came up and showed us how to make a pipe out of a toilet paper roll. Maybe if someone would've concentrated on the positive things in me I'd have turned out differently."

As the drug addiction escalated, so did Jerry's desperation for getting money to pay for them. "Sometimes I would take money from my parents," he said, "but I worked part-time jobs to pay for the stuff, too." Yet, by the time Jerry had reached his early twenties, he had a cocaine habit that he needed more than part-time money to support.

"You know that dentist office up on Route 177? Well, we used to break into offices like that and steal gold crowns, then pound them down and sell them pawnshops or exchange them with dealers for drugs."

He stopped after telling this story, not certain if he should continue. He stared at the wall in silence, lit a cigarette and continued. "The morphine I told you about earlier," he said softly, "it was stolen from Riverside. A friend of mine took it and

asked me and Scott to hold it for awhile until it was cool enough to sell. We decided to try it and liked the high so much we kept doing it. The other guy was pretty mad we used up most of his stuff, but it was worth it. Morphine is the best high there is."

One night in August of 1982 Jerry was

in both classes and pursued his education as a history major. Three years later he has switched his major to English and has a B average. "The people I grew up with think it's a joke," he said, "but I'm proud of myself and that's what's important."

Jerry maintains that finishing his education and bettering himself are his main priorities, "I still drink and smoke pot,"

Substance abuse is marked by continued use despite recurrent social, occupational, financial, psychological, legal, or physical problems that are caused by the use of the drug.

Warning signs include

- denying, rationalizing, or minimizing use
- trying to hide drinking or other drug use
- blackouts or memory loss after drinking or using
- problems in relationships at home, school, or work because of alcohol or other drug use
- avoiding talking about drinking or other drug use, except to brag about how much they used
- thinking about getting drunk or high a lot
- limiting friends to those who drink or use other drugs a lot
- having major behavior and/or personality change
- unable to have a good time or to party unless alcohol or other drugs are available
- "Needing" a drink or drug
- doing embarrassing things when drunk or high
- stealing or doing other illegal things to get alcohol or other drugs
- getting angry when you mention you are concerned about their alcohol and other drug use
- having a history of alcohol or other drug problems in their family

Information provided by the Office of Career and Counseling

partying at a friend's home. People were drinking and shooting up a variety of drugs when his friend Dave took a shot of "Mad Dog", a homemade chemical, then fell to the floor in convulsions. Jerry said everyone got a big kick out of it because they were used to this reaction, until someone noticed he wasn't breathing. The police were called, then everyone, afraid of being arrested by the police for drug possession, left Dave there to die alone.

"After that, I just said to myself, I can't do this anymore," said Jerry. "My friends kept it up, but I realized I had to quit." He quit the hard drugs, but continued with the alcohol and marijuana. "I never saw anyone die of them," he said, so I guess the impact wasn't the same.

he said, "but not to excess. It helps me cope, so I do it."

Jerry coping was going well until late one night in October when he had an argument with his girlfriend. "I thought she didn't want to see me anymore," he recounts. "I was really upset so I drank seven or eight beers and took a few Xanax the doctor had given me because I told him I needed something to help with my nerves. I thought the two of them together would calm me down."

After his girlfriend had gone to bed, Jerry became agitated. He

went in to the room where she was sleeping with her daughter and demanded to know what he had done to make her want to leave him. The argument escalated to the point Jerry was screaming expletives at her and throwing things around the room.

"The next thing I know," Jerry said, "she just got up and pushed me out into the hall. I only wanted to talk to her, but it made me mad when she did that so I grabbed her by the hair and kind of threw her into the wall. I know it was wrong now," he lowered his head, "I wish I could take it back."

Jerry sits on the worn hardwood benches shaking his foot. He looks around as other men drift into the room, a father in a black Navy uniform and his son in dreadlocks, a man in torn jeans and a faded blue flannel shirt. Jerry's glad he dressed up, he thought it would make a better impression with the judge. He uncrosses his legs and looks at his feet. "I'm going to plead guilty," he said, "a guy at work said they'll probably just put me in the PRIDE Program and that's it."

(The PRIDE Program is an anger management program utilized by the Newport

News court system. First time offenders are given the option of attending six months of anger management counseling in lieu of a 30-day jail sentence. If the applicant fails to complete the program they are remanded to custody for 30 days.)

Jerry is spending the morning in Newport News family court to answer to charges of assault and battery of a co-habitant. After he threw his girlfriend into the wall she called the police and had him arrested. He was angry at the time, but now realizes it shouldn't have happened. "I'm afraid to be here," he said, "but I know it's my own fault."

A woman with a clipboard walks into the room, the click of her high heels echoing against the high ceiling. "Jerry Cutter," she calls. Jerry stands. "Do you have a lawyer, need one, or decline representation?" she asks flatly. "I don't need a lawyer, I'm pleading guilty," Jerry answers. "Sign here then," the woman instructs and hands him a piece of paper.

As the woman walks away Jerry reads the paper in disbelief. His case will not be heard today the family court judge has moved his case up to circuit court and he has to come back December 7. "I can't believe this," he said, "I was going to plead guilty."

Leaning back on the rustic forest green couch in his living room, Jerry recounts that after that day in court he thought he had reached the low point of his life. "I did start to make some positive changes in my life after that," he reflected. "I completely stopped smoking pot and I started going to counseling for alcohol abuse. Both were hard, but they were positive changes for me."

Though they were steps in the right direction Jerry admits he wasn't even close to confronting his addiction until that night in Williamsburg. "I would say that I was an alcoholic," he says quietly. "I told my girlfriend and my therapist that I was an alcoholic, but I think they were the only ones that believed it—I didn't."

He didn't believe it until his girlfriend caught him with the beer in his coat pocket after he swore he had quit drinking. "On the way to Williamsburg we stopped off at my parents house and when I opened the refrigerator to get a soda I saw the beer and took it." He looks down and rubs his hands back and forth together. "I don't know if I would have drank it or not, but I know when I looked into her eyes and realized what I had done, I realized for the very first time that I am an alcoholic." He pauses for a moment and the tears roll down his face, "I know now that I spent seventeen years fooling myself. I'm an alcoholic and a drug addict and it's time for me to take control, and responsibility, for my own life."

Editor's note: Since this interview Jerry made his court appearance and was given the opportunity to enroll in PRIDE. He has been sober for two months and is continuing his education full-time.

Where to get help

Office of Career and Counseling
594-7047
Hampton-Newport News Community Services Board Substance Abuse
Services Division 245-0217
Alcoholics Anonymous 877-0600
Al-Anon 875-9429

How to talk to someone who may have a problem

If you believe a friend or colleague has an alcohol or other drug problem, trust your intuition. Talk privately when he or she has not been drinking. What do you say? A format that works well is "I care, I see, I feel, I want, I will."

• I care. Let the person know that you are concerned about him/her and you need to discuss something important. Throughout your discussion, stress the fact that you are doing this out of genuine concern, friendship, and/or love.

• I see. Review factual events. Stick to observable, irrefutable facts such as, "last week you got drunk, vomited, and you didn't remember it the next day."

• I feel. Tell the person your honest reactions and feelings using "I statements" ("I feel scared when you get high.")

• I want. Tell the person what you would like to see happen. For example, "I would like to see you talk with a counselor and get help."

• I will. Specify what you will or will not do. "I really enjoy our friendship, but I will not continue to drink with you," or "I will help you any way I can if you agree to talk with a counselor."

In the thirteen years since his friends death, Jerry has tried to turn his life in a new direction. In 1992 he applied and was accepted at CNU. His first semester was conditional; he could only enroll in two classes. "I didn't have a good high school record," he said, "but I had my GED so they gave me a chance." He received A's

Which Pledges Will You Make?

By Jessica Shumake

Conserve gasoline by avoiding "cold starts", using public transportation, sharing rides, riding my bicycle and walking.

Recycle cans, glass, paper, cardboard, plastic, oil, and batteries. I will recycle clothes and furniture I no longer need by donating them to people who can use them, and I will use both sides of a sheet of paper.

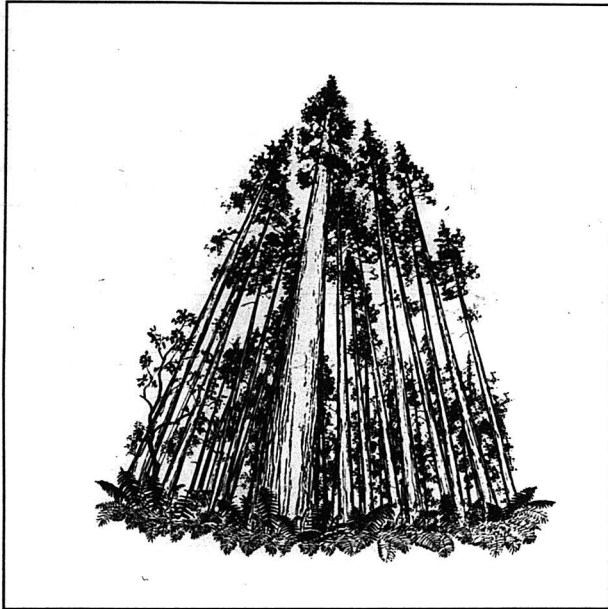
Reduce inorganic waste by not using disposable products like razors, by buying shampoo in bulk or in the largest container available and by using handkerchiefs instead of tissues, cloth diapers in place of disposable ones.

Save electricity by turning off lights and putting lids on pots. Avoid using plastic and styrofoam by toting groceries in a reusable bag and by using a reusable mug to carry my drinks.

Conserve water by taking showers instead of baths, by placing a weighted plastic bottle in the toilet tank, by using front-loading washing machines and by not running water unnecessarily.

Decrease ozone-damaging chlorofluorocarbon in the atmosphere by choosing aerosols, insulation and fire extinguishers that are free of CFC's.

Join an organization that actively seeks social and environmental change.



Your own backyard is a great place to start. Keep an ecologically conscious mind set when removing waste, whenever possible compost it! Planet earth is home to us all and we need to work together to keep it clean, green and full of trees so that future generations can fill their lungs with oxygen and not the smell of piles of rotting garbage.

Avoid using toxic insecticides at my home, in my garden and fertilizers on my lawn. I will use organic solutions to control pests.

Reduce organic waste by freezing leftovers for soups and stews and composting the remains.

Write to manufacturers to complain about wasteful packaging, disposable items and other earth-unfriendly practices.

Vote for candidates who not only support the bills that concern the environment but whom can hold their word. Monitoring their voting records and write to them about your concerns.

Volunteer your time with community organizations to promote an positive voice.

Initiate recycling programs, buy recycled products, and check out your local landfill practices.

Donate your clothing in season to Goodwill and Salvation Army industries.

Recycle at home: Make rags out of old shirts, ect. Use them in the kitchen and bathroom instead of relying on paper products.

PMI sponsors basketball game fundraiser to benefit at risk youth

On Saturday, February 3, 1996, the Family Services Unit at Peninsula Marine Institute will be hosting a basketball game with BET (Black Entertainment Television) and the Williamsburg Young Men's Club. HJ Ellison from KISS 92.1 FM has been selected as announcer. The game will be held at CNU in the Ratcliffe Gym. Pre-game activities will start at 6 p.m. with cheerleading performances by local universities and junior high, middle, and high school cheerleading groups. Three groups of cheerleaders from Williamsburg will be present. Game time is 7 p.m. and at half time there will be a 3 Point Contest which will require audience participation and feature excellent prizes. Ticket sales and half of the concession proceeds will help the Peninsula Marine Institute (PMI) Program. Come out and support our program.

Please join us for this exciting game and support this non-profit organization whose purpose is to help at-risk young men and women in making the right decisions. Tickets are priced at \$3.00 for adults, \$2.00 for children (6-8), \$1.00 for children 5 and under. For further information, contact the Peninsula Marine Institute at (804) 244-8127.

The Peninsula Marine Institute (P.M.I.) is the first youth offender program of its type in the state of Virginia, and is the most successful of its type throughout the United States. The programs mission is to change delinquent behavior and prevent recidivism in the youth we serve. A private, nonprofit, educational program for troubled youths, P.M.I. was established

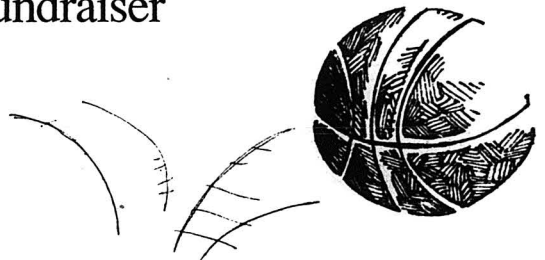
in July of 1988.

The teenagers worked with present a significant challenge to the P.M.I. staff and the community. The following are common traits of the average youth enrolled in P.M.I.: 15 years old, multiple court offenses, poor self image, lack of self-confidence, fifth grade academic level, and socially and economically disadvantaged.

In spite of seemingly impossible odds, P.M.I. has helped many of these troubled teenagers find the path to success. The program strongly emphasizes education and supervision. P.M.I. presents this in a interesting and very challenging format. P.M.I.'s curriculum revolves around an aquatic and academic environment. Remedial Academics and G.E.D. preparation play a significant part in our educational mission. The boys and girls attend hands on classes in SCUBA Diving, Marine Science, Seamanship, and are certified in CPR and First Aid. Each youngster is required to give a minimum of 25 hours of service to the community prior to graduation.

Upon successful completion of this most challenging program and graduation, the youths are placed back into the public school system, in jobs, or in college/trade schools. For more information or an opportunity to tour our school please call 244-8127 or visit us at 3000 Warwick Blvd., Newport News, Virginia. aquatic and academic environment. Remedial Academics and G.E.D. preparation.

Information provided by Sharon Wilson, Family Services Coordinator, Peninsula Marine Institute



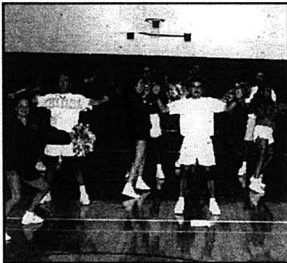
Cheers replace sneers

CNU cheerleaders head for competition

By Kris Van Duesen
Staff Writer

Anyone who went to the basketball games last year will agree that the cheerleading squad was less than decent. Marred by a lack of commitment and interest, the Cheerleading squad which consisted of five females and one male, inspired only sneers and wisecracks from the crowd.

Those who have attended at least one game this year find that has all changed. "Last year was a fluke year," said coach Sharon Jenkins. "We had very few girls come out and fewer boys. The team



"We all hang out together this year. It's more fun and we're more unified."

had bad attitudes, no commitment, and weak high school basics."

Julie Brunner, the only returner from last year's squad and the only one coach Jenkins wanted back. "It was more like a job than fun last year," Brunner said. "We all hang out together this year. It's more fun and we are more unified."

"We are like a family," added Nicky Conway.

The team spends time together away from the gym. Joni McCallister is in charge of team morale and plans trips and socials. "We even celebrate each other's birthdays,"

said McCallister.

The unity component has led to a certain trust that is felt by the entire group. "Trust is a major part of cheerleading," said Robin Conley. "I love being tossed in the air. It's a natural high. However, I'm never scared to trust my partners. You have to

trust the girls, too. Not just the guys."

The 'guys' are called yell-leaders and had to learn the basics this year. "I would have done it in high school if they had guys on the team," said Jamie Bednarek. "I love stunting with the guys,

noted Ytiki (pronounced Teekee) Brown, the team's bet jumper. "It's so much better than the girls in high school."

Because none of the guys had any previous dance, cheering, or gymnastics training prior to coming to the CNU squad, all skills have been taught by one of the largest coaching staffs on campus. It consists of head coach Sharon Jenkins and her assistants Mike Hansin, Marty Smith, and John Phillips.

Their leadership is supported by the squad's captains, Heather Park and Wally Atkins.

"I'm not the best by far," said Park. "I'm a well rounded in the sport but being captain is more of a leadership position, not one of talent or ability."

The men's captain, Wally Atkins is the main character in the squad's Forrest Gump skit. The skit is a take-off from the movie's football scene in

which Forrest scores a touchdown. A cheerleader yells, "Run, Forrest," prompting a yell-leader to toss the football the length of the basketball court. Another yell-leader catches the ball the ball and

hands it to Atkins, whose haircut resembles Gump's. Atkin runs down the court dodging the other yell-leader's fake tackles finishing the play by slam-dunking the football in the basketball goal. The skit is a favorite of the fans and is often requested during the course of the basketball game.

"We are working on new skits and routines," added Atkins. "But, my favorite part is doing basket tosses where we launch the girls and they do acrobatics."

Allen Baugh and Jamie Bednarek are the most competent of the males. "I'm not awesome in any one aspect of it, but I am well rounded in everything like stunts, tumbling, cheering, and motions," said Benarek. "I am enthusiastic."

Luis Rivera and Todd DeForest, the smallest of the males, find it tough to perform the lifts and tosses. "I may not be able to do some of the stunts, but I can do some stuff that the bigger guys can't do, like aerials," said Todd who prides himself on working hard, and always being at practice and at the games.

Rivera, who played baseball for CNU last year, said some of his strengths lie elsewhere. "I am the best at the motions," said Rivera. "I have a loud voice and I really get into the game which helps to get the crowd into it as well. I'm the best at dancing. I like to get nasty on the floor and kick like a butterfly. That usually gets the crowd

going."

Luis is usually the only guy who gets in on the dancing, unlike the girls who practice intricate dance routines every week. Joni McCallister and Nicky Conway

do the lion's share of the choreography.

Conway has been taking gymnastic s since she was two and loves tumbling as does Jennifer Gilmartin who competed in high school gymnastics.

"Both girls can do handsprings the length of the gym," said Coach Jenkins. "Heather and Joni can do three. Melodie (Miles) is also a good tumbler."

"Joni can do the whole floor if she puts her mind to it," added Gilmartin. "We're trying to get her to do it and when she does, I want her to start doing an Arabian Twist. It's where you start a back tuck or flip and you turn and end up in a front tuck. I love to flip."

Melody Miles, a former boys and girls club volunteer competition coach, is the team's competition choreographer.

The team had only been practicing competition routines for two nights and were still entertaining thoughts of acquiring new members.

"I have nine couples uniforms, but I will not keep anyone I feel cannot cut," said Jenkins. "After

Saturday no more will be added for the competition."

Kris Harper, Odel Parker, and Tim Davis were kept for the next game. Sharon Jenkins will supervise their progress to see how they feel comfortable with the program.

"I thought cheerleading was for sissies," said Harper. "I didn't think I'd like it when Jennifer asked me to try it. But, it's not easy. It takes a lot of strength and balance, but it's a lot of fun."

The team's struggles of last year have been forgotten perhaps because only Julie and the coaches were around to see it. Most of the squad is made up of freshmen and sophomores who Jenkins hopes will stay around for a while. They look forward to competing this year and adding to the first place and first runner-up trophies that past teams have won.



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The Captain's Log is now hiring for the paid position of staff photographer. If you have experience in photography and development we have the job for you. Come by CC223 for more details.

Heading to the top



By Chris Perry
Staff Writer

Ask CNU Head Basketball Coach C.J. Woollum what he thinks has affected the team most this season, and he will say Christmas break and snow.

"I don't think we have played as well after Christmas as we did before," said Woollum. "We had a lot of things that got us out of sink. I was the happiest guy on

earth when classes started and the team could get back to a regular routine."

The Captains hit the road on Jan. 19 and 20 to face Dixie Conference rivals Ferrum College and Averett College respectively.

Heading into the game against the Panthers, CNU was ranked 11th in the nation by the National Association of Basketball Coaches and No. 1 in the South Region.

Ferrum took control early, leading 46-39 at halftime, and never looked back. The Captains made the game close on several occasions, including a 14-2 run that cut the margin to 70-68, but CNU fell short with a final score of 92-87.

"It was Ferrum's night," said Woollum. "They are normally a 38% shooting team, which is not very good. But, they shot 56% for this game and made 10 of 15 three pointers. They played an exceptional game."

Terry Thomas led the Captains with 21 points and 14 rebounds. Jeff McLean added 20 points while Andre Bolton and Jamaal Branch scored 12 and 11 points respectively.

CNU brushed the loss aside and went out to tame the cougars of Averett the following night. The Captains scored the first six points of the game and cruised to a 56-33 halftime lead. The second half was no different as CNU coasted to a 97-69 win.

"We really came back strong against Averett," said Woollum. "Granted, we were not playing near as good of a team (as

Ferrum), but we really jumped on them and buried them."

Matt Bryant scored 15 points in the contest as Thomas and McLean each chipped in 14 points. Tony Wood added to the victory with a career high 12 points.

The Captains record was 12-3 overall, 3-1 in the Dixie Conference, going into the weekend.

Woollum is pleased with the teams overall performance so far because, "we went into the year not knowing what to expect. I think the most gratifying thing about this year has been the teams effort. I still think this team has a chance to do special things."

Those "special things" Woollum is referring to include winning the Dixie Conference title and earning a bid to the NCAA Div. III tournament. But before the team has a chance to think about winning it all, they still must face some stiff competition. Methodist College and Greensboro College challenged the Captains at home over the weekend. On Jan. 31 CNU will travel to N.C. Wesleyan to face the Battling Bishops.

Woollum insists that "we (team) have got to make ourselves play at a high level every night to be successful. The guys can never lose sight of the fact that everybody is gunning for us. They (other teams) want to beat us more than anybody else. As long as we keep that focus, I think we will be fine."

They call him defense the "Utility Man"



Chris Perry
Staff Writer

When the CNU Men's Basketball team is in need of a defensive specialist, all eyes turn to number 45, senior Tony Wood.

Over his three seasons with the Captains, Wood's game has improved steadily with the help of hard work, determination, and most importantly, confidence.

"He has been a tremendously valuable member of the team," said Head Coach C.J. Woollum. "The one thing you know about Tony is that you can aquate him to consistency. He is going to give you the same thing [hard work] night in and night out."

Going into the 95-96 season, Wood had accumulated career totals of 72 points, 32 assists, and 20 steals. So far this season, he has already amassed 64 points with 20 assists and 24 steals.

Also, on Jan. 20, Wood scored a career high 12 points against Averett. "That game was a big high for me," commented Wood. "After the game was over, I wish they would have put five more minutes on the clock because I was in a zone."

Wood believes that his confidence in his basketball ability has improved greatly since he has been at CNU. Woollum agrees. "You could see it [confidence] in his eyes," said Woollum referring to the game against Averett.

Woollum continued saying that "Tony gives us a awful lot. Most of which goes either unrecognized or there are no statistics to back it up. But we [the team] certainly know his value, and when this season is over, he will be a player that we will sorely miss."

There is no doubt that once Wood leaves the Captains, he will take his strong work ethic into whatever he does.

"As a kid, I always dreamed of playing in the NBA or maybe overseas," said Wood. "If that doesn't happen for me, at least I can say I played three years here and I did my best."

Out of our league

By Eric Pesola
Staff Writer

Our big chance has come... and we have let it run through our fingers. The team was the Pirates, and the league was the CFL. Yes, the CFL. Our chance to capture some of the national limelight with a professional sports team, is gone. Some would say that we're better off without the hassle of paying for luxury boxes, stadium fights and players disputes like all of those poor cities. Others would say that the CFL was a bust either way you look at it in the United States. I would say that the Canadian Football League could've been our foothold into the wider world of professional sports.

In 1994, the Shreveport Pirates only won three games. The owners were the filthy rich Gliberman family, and they were looking for an out. They were trying to get out of the million dollar debt they owned the city of Shreveport, and they were looking for a new city to move the Pirates to. The Glibermans looked abroad and saw the maritime and military cluster of cities, known only as Hampton Roads. This little community had over 1.5 million inhabitants and no facilities for sports. However, the community did have a few bigmouthed enthusiasts, who were willing to do anything to get any sort of sport in town.

The Pirates were coming, according to Lonnie Gliberman. In a press conference in October, Gliberman announced that the team would come to the area, if Hampton Roads would possibly purchase 15,000 advanced tickets. She huffed and she puffed, but her entire population could only

muster up about two thousand.

Gliberman would not stop. The dismal ticket sales did not phase him. He trued on, keeping with his plan to move the Pirates to Hampton Roads. A deal was cut with Old Dominion University. The Pirates of Hampton Roads were to play at ODU's Foreman Field. Finally, positive news for the fans of professional sports. It would be the last.

Shortly, the forces from Shreveport started e-mailing people all around the area, warning us about how evil Lonnie and his Glibermans really were. Complaints were raised by inhabitants living around the University... something about pollution. Questions were raised about the financial dealings of the Glibermans in Shreveport. Even Hampton University students and alumnus objected to putting in a team that had the same name as their mascot.

Finally, the steak was pushed deep into the heart of the relocation effort. The cities of Norfolk and Virginia Beach, agreeing on something for a change, decided that



they would not be willing to help pay for the renovations on Foreman Field. The long road at last had come to an end. On January 19, 1996, ODU announced that they were breaking the lease with the Glibermans. Lonnie Gliberman conceded defeat days later, and looked around to see if there was anywhere to put his wandering Pirates.

The cities had won. They had worked together and accomplished something. Perhaps now they could finally get together and throw together a good stadium, and get ourselves an NHL team. Then maybe we could in the far future, get an NBA team in to the Hampton Roads area. Hey! Just think, then we could always get a National Football Lea.... Naaa!

Campus Arts In Review

Concert Profiles Female Composers and Benefits Friends of Music Scholarship

By Joey Klapetzky
Contributing Writer

Professor Mary Matthews and Dr. Bonny Miller presented CNU's second annual Friends of Music Scholarship concert on Sunday, January 20. While Sunday was not one of the best days Mother Nature has given us, and while the light snow flurries might have kept some people away, there was enough support from friends in the community and CNU students to raise approximately \$380 for the scholarship fund. These funds are used to help pay for the education of talented musicians, who in turn, use their talent to bring recognition to CNU.

Scholarships awarded in \$500 amounts. The performance itself went off without a hitch. The entire concert centered around female composers. Music performed was that of past, present and local female composers. "Women composers have been gaining interest throughout the past ten years, and I have been looking for the opportunity to program these for years," professor Matthews said. "I was thrilled when Professor Reimer approached me last year and asked me if I would be interested in doing the second annual scholarship concert," Matthews



Professor Mary Matthews and Dr. Bonny Miller Present the Friends of Music Scholarship Concert

said.

Dr. Miller was equally as excited about working on the project. "Many people do not get a chance to hear works by women composers, simply because there is not a giant selection of music composed by women. This is because in the past it was not proper

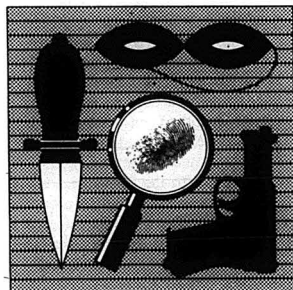
for women to compose music," Miller said.

Before each selection, an introduction was given by either Miller or Matthews. The informative introductions gave insights to each of the female composers being showcased. It was apparent

to all in attendance that Miller and Matthews had invested a great deal of time and effort in researching and presenting the concert. Professor Ellen Fisher Petko said, "It is truly an honor to work with someone of the caliber of both Professor Matthews and Dr. Miller. I was a student under Mary Matthews for nine years and if it had not been for her help and the scholarship help I received here, I would not have been able to be as successful as I have been." Petko said, "They both have brought much fame to CNU and they should be applauded for their efforts." Their reward was not monetary but the satisfaction of knowing that the funds raised helped students continue their education. This year's Friends of Music concert raised almost an entire student scholarship. As both Miller and Matthews point out, there are many more students who need assistance.

Dr. Reimer, Director of Music said that the department of music is growing before the eyes of the University and is reaching a turning point. Reimer encourages CNU students and community members to become Friends of Music. The department of music is selling T-shirts, mugs, bumper stickers, and key chains to support the scholarship.

Arts Around Town



Postmortem Comes to Life In Williamsburg

High above the banks of the Connecticut River just upstream from where it empties into the Long Island Sound sits Gillette Castle. Built of steel, fieldstone and concrete, the castle was the retreat of the popular actor and playwright, William Gillette (1853-1937). Best known for his stage adaptation of Sherlock Holmes, Gillette was also an amateur architect. The 24 room castle, designed and built by Gillette, is the setting for the Williamsburg Players' current production of "Postmortem" by Ken Ludwig.

"Postmortem" stars Gillette himself, played by veteran actor David Riggins. As the play opens, the cast members from Gillette's current Broadway revival of one of the Sherlock Holmes' plays arrives at the castle for what they expect to be a relaxing weekend houseparty, but Gillette has other plans. As the plot unfolds, it is discovered that Gillette in good Holmesian fashion is trying to solve a murder and that the murderer could well be one of the guests. Complete with thunderstorm, seance and gun play, "Postmortem" promises to be an evening of great entertainment.

The play is being directed by

Madoline Wallace and produced by Debbie Noonan. The cast is a talented and experienced group of performers which included Jeff McGlohn, Lucy May, Pamela Mason, Joanna Pleasant, Tom Summers, Helen D'Alfonso, and Robert Thurkettle; as well as David Riggins.

"Postmortem" opened on Wednesday, January 24. Performances run through February 10 every Wednesday through Saturday at 8:00 p.m. with matinees on each Saturday at 2:00 p.m. Reservations are taken at 229-0431. Ticket prices are \$7.00 general admissions, \$6.00 senior Citizens and students, and \$3.00 for children under 12. Each Wednesday during the run of the show, The Players will host a Question and Answer session after the performance.

The James-York River Playhouse is located at 200 Hubbard Lane in Williamsburg.

Mozart & More

Robert W. Cross, a native of Hampton Roads and currently Principal Percussionist of the Virginia Symphony and Virginia Opera, performs in the fourth Mozart and More Series concert at Williamsburg UNited Methodist Church on February 1, 1996 at 8:00 p.m. and at Hampton Roads Academy on February 3, 1996 at 8:00 p.m. Music Director JoAnn Falletta, now in her sixth season with the Virginia Symphony, will be conducting the performance.

The concert will include such pieces as Mozart's "Grand Partita," Stravinsky's Pulcinella Suite and Milhaud's Concerto for Percussion and small Orchestra.

Tickets for the Mozart and More Series range from \$18 to \$22. Tickets may be purchased by calling the Virginia Symphony Ticket Store, located in the Plaza One Building, 550 East Main Street, Suite 505, Norfolk, at (804) 623-2310, at any Tidewater branch of First Virginia Bank, or by calling TicketMaster at (804) 671-8100.



Virginia Symphony and Richmond Ballet Perform "Giselle"

The Virginia Symphony in conjunction with Richmond Ballet perform the romantic ballet "Giselle" on Saturday, February 10, 1996 at 8 p.m. at Norfolk's Chrysler Hall. Andrew Sill will conduct the performance. Artistic Director Stoner Winslett celebrates her sixteenth year with the Richmond Ballet, the State Ballet of Virginia.

"Giselle" is the story of a beautiful young peasant girl who falls hopelessly in love with Albrecht, a duke whom she believes to be only a villager named Loys. This creates a lover's triangle because Giselle's mother hopes that her daughter will marry Hilarion, the local gamekeeper, who is deeply in love with Giselle. The story climaxes when Giselle

finds out the true identity of Loys.

Richmond Ballet is ranked today as one of the top ballet companies in America, producing exceptional dance programs for approximately 50,000 persons each year in Richmond and on tour throughout Virginia and neighboring states. It was proclaimed the State Ballet of Virginia by former Governor George Douglas Wilder in 1990.

Ticket prices for the Dance Series range from \$22 to \$45. Tickets may be purchased by calling the Virginia Symphony Ticket Store, located in the Plaza One Building, 550 East Main Street, Suite 504, Norfolk, at (804) 623-2310, at any Tidewater branch of First Virginia Bank, or by calling TicketMaster at (804) 671-8100.

Wildlife Art Exhibition

By Jessica Shumake
Features Editor

On January 20 and 21 the Virginia Living Museum featured the 15th annual artist showcase at the Omni Hotel. Photographers and artists from all across the state of Virginia turned out to participate. Over 50 exhibits were set up with a variety of mediums that all encompassed the theme of the natural environment which both humans and animals share.

On both Saturday and Sunday live animal shows were given in which children and adults alike could observe an opossum, a black king snake, and an owl. The opossum is the only marsupial native to Virginia and are usually docile enough after being trained at the museum to allow trainers to



access their pouches. Susan Summers animal trainer/handler stated "most of the opossums we get because the mother has been run over by a car and babies are brought in who need someone to take care of them. Some we rehab and let go but other ones we keep to train."

As part of the environmental awareness enhancement Summers made the audience aware of the pests that both snakes and owls include in their diets. The owl brought in demonstrated the effects of man's progress and growth reducing natural habitat of the animals significantly. The barn owl had a wing span of nearly six feet but could not fly free because of a collision with a power line that left the creature blind in one eye and deaf in one ear.

Summers said, "The owl is very comfortable, forgiving, and patient and because he has been

handled by many trainers he does not seem to be startled by movement. Has an outdoor cage and gets all seasons." In captivity he now resides thanks to the compassion of the animal lovers whom found him and took him to the living museum for rehabilitation.

At the Arts festival wildlife, nature, and maritime compositions were abound. A few of the highlights included custom Scrimshaw done with special precession that was done with an environmental and animal friendly Ivory nut which is an naturally occurring substitute to elephant tusk, Driftwood carvings with various aquatic mammals by Alfred Josue, stained glass abstractions by Susan Newman and wood sculpture by William Turner.

Janice Hill a photographer and artist who recently moved to the Hampton area said, "Virginia has opened my eyes to new photographic opportunities. I'm already in

love with this state." Preston Garrison, adventure photographer from Alexandria



turned out as well. John Orehovec self taught nature photography who has photographed critters in areas ranging from refuges and secluded islands, to Canada's Maritime Provinces proved his focus "wildlife" at this event. Hill summed it up best and said; "When I'm out photographing I get so excited with the infinite possibilities! Everywhere I turn there's something catching my eye crying out; what about me? The world is so vibrant and full of life."

A silent art auction and a raffle were also held. The proceeds from this event went to support the educational programs that the Virginia Living Museum provides the community.

Rave Reviews

A taste of the exotic

By Jessica Shumake
Features Editor

January 26th was Republic Day, established less than two years after the assassination of Mahatma Gandhi. On this day Jawaharlal Nehru was sworn in as prime minister of the new Democratic, independent India.

The India Restaurant is an excellent way to commemorate the freedom of the nation. Celebrate the day with some of the most delectable food on the planet. Let me assure you that Indian cuisine is more than curry alone. Assist your pallet along the road to paradise by toasting Republic Day with a glass of Ghai (spicy Indian Tea) and a delightfully large portion of aromatic food. This cuisine is guaranteed to clear your sinuses and the various spices are sure to leave your taste buds doing the tango, not to mention your middle unable to limbo for at least two hours.

The idea that Indian food is curry alone is a myth that is sure to be broken upon a glance at the various items on the menu. Curry is, in the strictest sense, a sauce used to lend flavor or character to rice or teapots in traditional eastern dishes. Realistically Indian food has a broad range of other ingredients that produces an infinite variety of complex dishes.

It is hard to imagine Indian food before the introduction of the Portuguese importation of the chili pepper. This blazing vegetable along with ginger root makes digestion pleasant and gives a zing and heat to Indian food. If you enjoy the flavors of Cardamom, cumin and coriander you will be pleasantly satisfied to know that their flavors are evident in many dishes. Cumin, a staple in Indian cooking is symbolic of miserliness hence the anecdote "he is so cheap he would try to split a cumin seed" and is a myth to be dis-

pelled at the India restaurant which introduces portions that are more than you can eat in one sitting in an atmosphere that generously inspires a touch of mysticism.

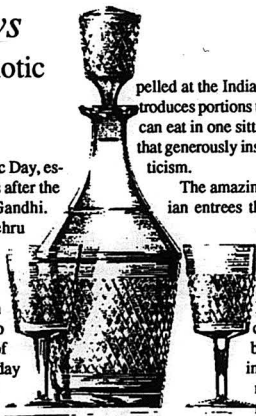
The amazing variety of vegetarian entrees that are available are abundant enough to entice even the most die-hard carnivore to try a change of pace. For bread conicourers, pita bread is obsolete and in its place you travel not to the far east to find fresh baked breads sprinkled with Kalon seeds that create an intriguing and irresistible flavor on breads, but 20 minutes. The bread sampler is definitely recommended to try a taste of each one of these whole wheat treats.

The Madras soup, a tomato based blend with coconut, herbs and spices is a must sample. The Malai Kofta Vegetable dumplings with cashews and almonds are suburb with Basmati rice. Beware you just might crave this combination!

For desert try the Kheer, which is sweet rice pudding that is better than mother's milk. Don't forget fennel seeds and licorice to top off flavor that is definitely off of this continent and out of this world.

India restaurant is 15 minutes away from the Virginia Beach Oceanfront and offers modest prices. Students on a budget might want to save your pizza money to experience the joy of eating food that is fresh and wholesome too. To sample a taste of everything the "All you can eat buffet" is \$6.00 for lunch and \$10.00 for dinner. They also offer combination dinners for two so you can bring that special divine being you share you life with here on Valentines Day to feast. Or dine solitaire and get a taste of it all with a Thali combination dinner for one.

Liz MacGahan will return next week with a look at area steak houses.



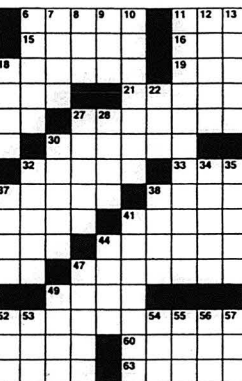
ACROSS

- 1 Valuable violin
- 6 Member of the wedding
- 11 Slash
- 14 Played again
- 15 Chum of Moe and Curly
- 16 Pretty — picture
- 17 Those in a poker game
- 19 Chafe
- 20 Loll
- 21 Of neap and ebb
- 23 Bundle
- 27 Sweet and cloying
- 29 Words of a song
- 30 Hindu's divine law
- 31 Mountain ridge
- 32 Part
- 33 Scottish cap
- 36 Koppel and Danson
- 37 Comic Victor
- 38 Romantic isle
- 39 "— was going to..."
- 40 Blueprints
- 41 Drawing room
- 42 Armed forces
- 44 King's seat
- 45 Teachers of a school
- 47 Trendy one
- 48 Marble
- 49 Part of the leg
- 50 Debussy's "La —"

- 51 Small pasteboard of a kind
- 58 Terminate
- 59 Love affair
- 60 Gruesome
- 61 Drunkard's affliction
- 62 Lama land
- 63 Omit a syllable

DOWN

- 1 Bow
- 2 — culpa
- 3 Timetable abbr.
- 4 Small amount
- 5 Properly situated
- 6 Shiny coating
- 7 Comedienne
- 8 Martha
- 9 Mine material
- 10 Hockey hero
- 11 Crime novel, e.g.
- 12 Ordinary
- 13 Furniture piece
- 18 Fails to keep up
- 22 "— a Camera"
- 23 Rio de la —
- 24 Hollywood's Dr. Kildare
- 25 Cash substitutes
- 26 Sets of articles
- 27 Goons
- 28 Ethnic group
- 30 Mends
- 32 Sudy
- 34 Without help
- 35 Forty-niner
- 37 Stain
- 38 Farm building
- 40 Skunk
- 41 Lawyer's sign

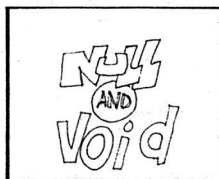


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ANSWERS

F	A	T	E	C	A	P	P	R	E	A	M	S
O	R	N	A	S	E	A	O	T	T	E	R	
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A	R	N	I	E		E	S	T	E			
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- 43 Stagnant routine
- 44 One of two
- 45 Notable
- 46 Go-between
- 47 Blouse
- 49 Turn sideways
- 52 Friend: Fr.
- 53 Tennis stroke
- 54 —de-sac
- 55 "Exodus" name
- 56 Free
- 57 Ike's monogram

[illegible]

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