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THE CAPTAIN'S LOG

THE OFFICIAL STUDENT NEWSPAPER OF CHRISTOPHER NEWPORT UNIVERSITY

Gemille continues to serve

ByJesi Owens
Staff Writer

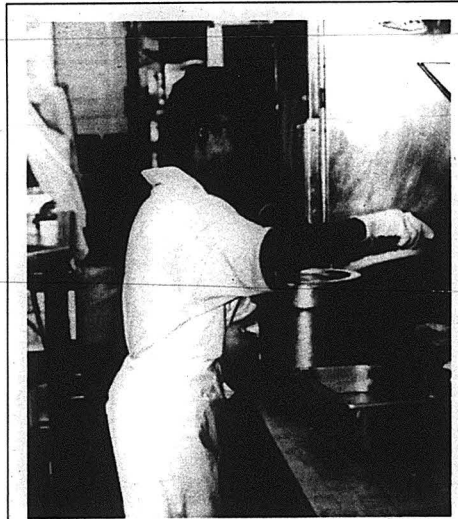
Students who are worried about gaining the "freshman-fifteen," as well as those who have already done so, now have someone to blame.

For the past fifteen years, grill cook Gemille Williams has been serving the students of CNU in a variety of on-campus eateries. "Some of them started out here really slim and thin, but I have really fattened them up!" she laughed.

Williams does not take all the blame, however. "We used to have a hot line with vegetables, meats, and all sorts of cakes and pies; really a whole meal as opposed to the fast food being served now. But the students seem to prefer the fast food, and I believe in giving the students what they want," she said.

Williams will have that opportunity next month with the opening of Gemille's Subs and Grille in the new Discovery cafe.

Directory of Auxiliary Services, Steve Pappas gave her first preference to make up the new menu. In addition to her famous Belly Buster (a six-ounce hamburger), she will continue to make such favorites as the bacon-egg-cheese croissant and curly fries. "The students prefer curly fries and seasoned fries over regu-



Gemille Williams (pictured above) has been serving meals to CNU students for over 15 years.

Photo by Tom Stormer/The Captain's Log

lar french fries. Now we only serve curly fries. That's what the students want and that's what I give them," said Williams.

Over the years she has seen a lot of changes while serving "her kids." Williams has been here fifteen years. She was here before President Tribble and Harbour Lights, and worked here when Marriott ran the food services of CNU.

Starting out as a salad bar attendant, Williams noticed several

changes over the years. She said there was a big difference when Marriott was here.

"Everything had to be Marriott's way. We could not give suggestions or input. The students complained about prices being extremely high when Marriott was here. The lines were always really long, especially in Terrace," she said.

Williams mentioned former Director of Food Services, David Friend, as the thing she misses the

most about the old days in the kitchens of CNU.

"He was down to earth, easy to get along with, allowed me to do my job, and always gave accommodation and raises," she said.

She also mentioned Tribble and said, "I've enjoyed working with Mr. Tribble. He, too, has always complimented me on my excellent service and smile with the students. He is easy to get along with. He has always been there for the students and so am I."

"I've also enjoyed working with Steve Pappas. He enjoys eating from my line, so the food must be good," Williams said about Pappas, who originally informed her about the naming of Gemille's Subs and Grille in her honor.

"Steve told me just before school closed this past semester. I heard it and it went in one ear and out the other. I didn't believe it," she said. "I am very excited about it and looking forward to the opening. Whenever it is, I'll be ready," said Williams.

This will be an exciting move for Williams, who spent last year behind the scenes at the Terrace.

"I hated working in the back of the Terrace because I didn't get a chance to see the students, professors and rest of the staff. I didn't like it." Williams is now back in plain view of the students, and said, "I would like to encourage all the students to come visit with me at the grill later this fall. I promise you won't be disappointed!"



Setting Sail

The CNU sailing team gears up for fall competition. See **A Bright Horizon**....pg. 9

CNU welcomes new police chief

By Laura Espiet
Staff Writer

He came to CNU because his "...passion is law enforcement...I like grass-roots law enforcement, interacting with people."

On Monday, Jeff Brown began his new life as CNU's Police Chief.

Brown grew up mostly in the Metropolitan D.C area where he attended and graduated from the University of Maryland at College Park.

His law enforcement career has taken him to many different cities in Va. In Blacksburg, Brown worked as an Administrative Sergeant and a manager of a Platoon before being promoted to Lieutenant. Brown served as Chief of Police in Covington Va. and Prince George County.

After three years in Prince George County, Brown decided to go to the Department of Social Services. He was the first to set up a statewide fraud program and is proud of this achievement.

However, he wanted to be part of the police force again. He felt, "An academic environment seemed exciting."

Although CNU is still a small school, he has noticed a lot of growth and believes that "Paul Tribble is the visionary...and -I liked his vision and wanted to be part of that team."

He also admires Tribble's involvement with students and faculty and the "private [like] school, at public school prices," that Tribble offers to his students.

As for his own vision of CNU, over the next several weeks, Brown will meet with police of-

ficers, faculty, and students.

He wants to learn what "activities are doing well and where we need to improve as an organization. From that assessment [he will] develop a course of action which will put students first."

Brown agreed to allow a police blotter to be printed in the Captain's Log.

"Students need to be informed of what is happening around campus. He said, "we can think about how we want to do that. Clearly, if there is a rash of thefts occurring, we want you to know."

Brown went a step further and suggested that the paper should also contain "reminders on how to be safe," and "for instance, information about parking in special events, such as the December graduation."



Police chief Jeff Brown relaxes in his new office

Photo by Tom Stormer/The Captain's Log

News Briefs:

Ramirez-Smith named new CNU dean

CNU News Release

Dr. Christina Ramirez-Smith is CNU's new Dean of the College of Liberal Arts.

Ramirez-Smith received her B.S. in Elementary and Secondary Education from the University of Idaho, her Masters in Educational Administration from Morgan State University and her Ph.D. in Education from Boston University.

She came to CNU in 1992 as an Assistant Professor of Education and most recently served as an Associate Professor of Education. Ramirez-Smith also taught at Morgan State University, Boston Univer-

sity, College of the Bahamas and Vermont College of Norwich University.

"Christina is a great teacher, an accomplished scholar, a leader of the faculty and has a deep commitment to CNU," said President Tribble.

"I'm very pleased she will lead the College of Liberal Arts into the 21st Century."

Ramirez-Smith succeeds Dr. Jouett L. "Doc" Powell, who resigned in order to return to the faculty.

Powell came to CNU in 1978 and served as Dean of the College of Liberal Arts for the past 17 years.

CNU to host first district congressional debate

CNU News Release

All four candidates for the First Congressional District seat will debate the issues at Christopher Newport University at 8 p.m. Friday, Oct. 6. The Daily Press and CNU are sponsoring the debate, which will be held in Gaines Theatre.

Debating the issues will be Democrat Lawrence Davies, Republican Jo Ann Davis, Libertarian Sharon Wood and Independent Josh Billings.

The candidates will answer questions

from a panel consisting of CNU Government Professor, Dr. Quentin Kidd and two representatives from The Daily Press.

The candidates will also be given the opportunity to question each other. Former WVEC-TV news anchor, Kathy Barnstorf will moderate the 90-minute debate.

The debate is free and open to the public. Seating is limited and tickets are required.

The public may pick up tickets at the CNU Box Office in the Student Center. There is a limit of two tickets per person.

SGA CORNER

September 13th meeting

The Student Government Association teased those who attended its second official meeting held on Sept. 13 in McMurrin by exposing details on CNU's very own Homecoming plans, tracking the updates of the upcoming Family Weekend, and showcasing some exciting student suggestions called blurt-ups.

Plans were sketched out for February's Homecoming dance as soon as the meeting began. Soon after the introduction, a thrill of enthusiasm filled the air when plans for music decisions arose. Whispers Entertainment representatives were more than happy to go over the entertainment options CNU has.

Previous colleges chose the likes of Everclear, Joe, Destiny's Child, and Vertical Horizon to entertain their students, staff, and families. Although Homecoming is still awhile away, SGA plans on looking over the entertainment budget within the next few weeks.

Yet another popular, entertainment driven event just around the corner is Family Weekend. Although more assistance from the staff and students of CNU has been requested, things look to be on their way toward a success. The theme of the event is "It's all about family," and one of the many goals SGA has for this festival is to allow students' families to join in on the CNU spirit. Family Weekend is scheduled for Oct. 20-22.

Many appreciative and concerned students also had the ability to "blurt-up" a request or praise. Of these blurt-outs, a familiar topic rose again: parking spaces. A parking protest/interest meeting has been given a green light for Oct. 21 on the Great Lawn at approximately 12:15 p.m. - 1:00 p.m.

During the upcoming Oct. 4 meeting, SGA will have the privilege of President Tribble's company.

Concerned students, those with suggestions on how to make our campus better, and others interested in SGA are welcome to join and are encouraged to ask questions.

Finally, every Wednesday a Senator of the SGA can be spotted wearing the SGA's Senate shirts. The SGA encourages people to approach them with suggestions or problems of any sort; this is how the school gets better. With the help of the students and staff, CNU will have the opportunity to achieve true greatness.



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THE CAPTAIN'S LOG

The Captain's Log is the Official Student Newspaper of Christopher Newport University.

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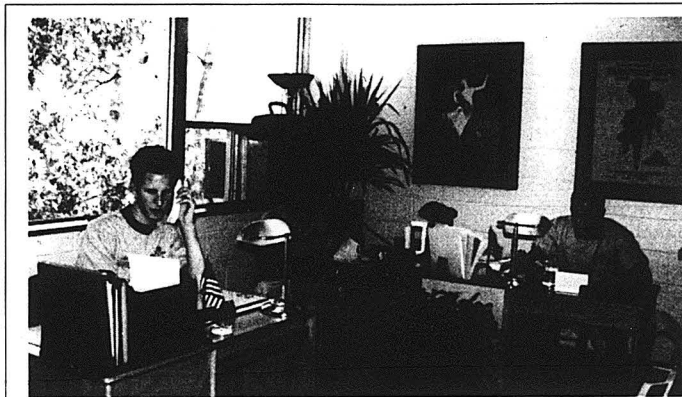
Steve Flemming Jr.

Faculty Advisor -

Dr. Terry Lee

CAMPUS LIFE

New faces on the SGA E-board



Jonathon Janis (left) and Thomas Steele Byrum can often be found in their office located on the second floor of the Student Center.

Photo by Tom Stormer / The Captain's Log

By Virginia Miller
Staff Writer

dent body to the administration.

The Vice President of Student Services is the link between the administration and students in solving problems one-on-one.

The Vice President of University Relations plans the homecoming, family weekend and helps promote school activities and CNU spirit.

The Secretary takes the minutes at the meetings and makes sure the newspaper and others who need them receive notes.

The Financial Officer keeps the record of club accounts and outlines the SGA budget. Finally, the Parliamentarian makes sure that the constitution is followed, reviews other club's constitutions and keeps order at the meetings.

The E-board has yet to run into any problems and continues to have a positive outlook on the new year.

The goals of the year have been set.

"Making the senators more visible, enhance positive images," are just a few of President Janis' goals. "We want to make sure that people would feel comfortable with the SGA E-board, that they take the SGA seriously and come to us with problems," said Secretary Flemming.

Financial Officer Byrum would like to funnel the money in the most useful ways to the organizations.

The most repeated goal, however, is to raise CNU spirit. Vice President of University Relations Benthall wants to "Provide events where people can make connections with the university".

"We want to "Make the campus life more exciting," said Vice president of Student Services Koontz. Parliamentarian Wenzel stated the E-board attitudes the best when she said, "I want to see a change in the school; when people say CNU I want to see their eyes light up."

With the beginning of the 2000-2001 school year, the Student Government Association started out with brand new faces on the E-board.

Four of these positions were filled during last year's elections: President Jonathon Janis, Vice President of student Services Mike Koontz and Vice President of University Relation Jamilia Benthall. Appointments filled the other three positions, the Financial Officer and Parliamentarian.

Steve Flemming was appointed Secretary, Thomas Steele Byrum was appointed Financial Officer and Jen Wenzel, the Parliamentarian.

The duties of the officers vary depending on each position. The President heads the SGA meetings and represents the stu-

Spotlighting CNU's new faculty members:

Dr. Jeffrey A. Gibbons, Assistant Professor, Psychology

By Cami Wood
Staff Writer

Dr. Jeffrey Gibbons said, "I'm bringing \$100 in my pocket and a chip on my shoulder... energy, enthusiasm, and an eclectic background in psychology," to CNU. Dr. Gibbons is just one of many new faces at CNU this year. A professor of psychology, he received his B.A. from Western Michigan University and both his M.S. and Ph.D. in Experimental Cognitive Psychology from Kansas State University. He came to CNU from Kenosha, Wis. where he spent the past two years teaching at Carthage College. Dr. Gibbons is currently teaching Experimental Psychology 301 and a 300-level statistics course.

There were various factors that led Dr. Gibbons here to CNU. While he was not truly looking to leave Carthage College, the fact that they were not offering him a tenure track position was discouraging and drove him to looking into other universities. Speaking about his interviews at CNU, Dr. Gibbons said that he "just wanted to go on an interview and feel wanted. I did not want to teach 4 classes but CNU



caught my interest in their advertisement and Dr. Doerries was very pleasant, helpful, and inviting." After getting here, he was overwhelmed with how nice everybody on the faculty and staff was. "Everybody was just so nice," he said, "They really wanted me and that is very important to me in any relationship... I came to CNU and I

liked what I saw and I knew that I had a decision to make after the first night of my interview. I believe that I made the right decision and I am happy to be here."

Although his brutal schedule is wearing him out, he is enthusiastic about his position. Particularly pleased with his colleagues in the Psychology Department, Dr. Gibbons noted the interest in research among the younger department members and the eagerness to guide and mentor amongst the senior members. "I figure that it is the best of both worlds for an assistant professor because I get peers in research and mentors in teaching," he said.

His main objectives for both himself and his students are presentations and publications. "As far as what I want to accomplish," he said, "I want to get more students involved in presentations and publications -and- I want to help strengthen the department."

Outside of work, Dr. Gibbons is interested in sports of all kinds and is looking forward to the opportunity to go golfing. He also eagerly anticipates the opening of the new Sports and Convocation Center. He stressed his hope that faculty would not be required to pay for the use of the recreation



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center "because using it will reduce stress and it will reduce the use of medical benefits in the future, which will save this institution money in the long run."

Energetic, enthusiastic, and entertaining, he is apparently a fan of "Pinky and The Brain" and ended our interview with a quote from the "Billy Bo Bob Brain" episode and said, "Pardon my effervescence, but your accolades are more than any bucolic mouse deserves." After seeing the dazed look I was surely donning, he explained, "I just wanna thank my Momma and Elvis."

The Captain's Log will spotlight one new full-time professor each week. If you are, or know of, a new professor who would like to be spotlighted, please contact The Captain's Log at 594-7196 or by e-mail at clg@enu.edu.

2000 - 2001

Student Government Association Senators

**RHA**

Cash Arehart
Robin Charles

College Republicans

Clay Carmean

ACM

Tim Cline

Equestrian Team

Katie Farmer
Crista Hazelwood

Pi Kappa Phi

Pelham Felder
Brian Walters

Phi Alpha Delta

Regina Foertsch

Pi Lambda Phi

David Johnson

CNU VATE

Jerry Campey

Alpha Phi Omega

Tre Kolling

Act One

Josh Mahler

Alpha Phi

Leann Newbern

Sigma Pi

Antonio Ribeiro

Captain's Log

Nick Thomas

Phi Mu

Anna Williams

Joel 2:28

Jon Backens
Maggie Olson

SVEA

Shannon Bertrand
Christina Morgan

Biology Club

Mechele Daulton

Freshmen Class

Jeremiah Davis

Alpha Kappa Alpha

Tonicka Edwards
Chanda Epps

Delta Sigma Theta

Pam Todd

Sigma Tau Gamma

David Goergor

Catholic Campus Ministry

Brenda Huffaker
Rachel Maloney

Voices of Unity

Robin Jones

Blue Wave Dancers

Christa Crawford

Alpha Kappa Psi

Crystal Miller
Delane Vaughn

Gamma Phi Beta

Rebekah Montgomery

Pi Beta Sigma

Roger Mullins
Gerrod Fullilove

MSA

Natasha Roberson
Renarda Warren
Jamilia Williams

Baptist Student Union

Brian Williams

John Hammond

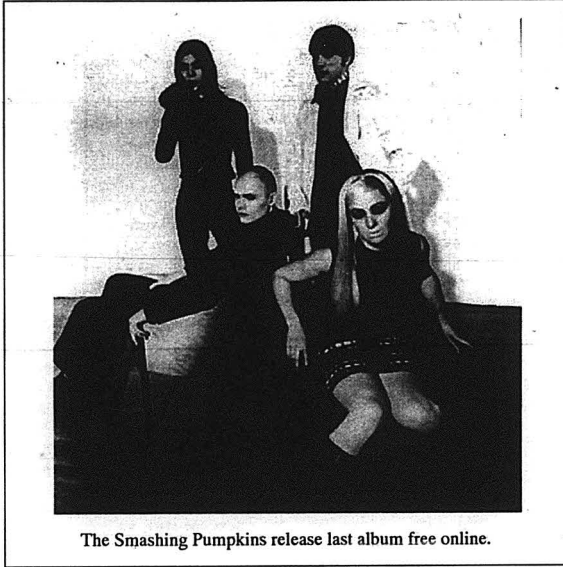
James Ord
Katie Peterlin
Bryan Thrift
Jon Scott

Other Active Members:

Amber Micheal
Mike Archbell
Nichole Arden
Elizabeth Brown
Abigale Burns
Lynnette Burrell
William Card
James Clarke
Jessica Daggett
Cynthia Rowe
Jennifer Davis
Sirena Davis
Dennis Diones
Jeremy Eggleston
Maureen Flaherty
Sarah Fox
Amanda Foy
Tom Geary
Tammy Gomer
Brian Groh
Andrew Hammel
Jennifer Harvey
Lauren Hill
Leslie Hutchins
Joshua Kitchin
Scott Lancaster
Jennifer Lawrence
Margaret Matia
Amanda Meadows
Sonja Moore
Judy Morgan
Tanya Rice
Elizabeth Schilling
Tyler Stevens
Kris Strassburg
Circle K
Katie Sutton
Kyle Thomas
Matt Thompson
Amy Todd
Cristin Touts
Keri Vierra
Benjamin Ward
Kourtney Watson
Nikki Wenzel
Becky Whitlock
Carrie Winters

ARTS & ENTERTAINMENT

Smashing Pumpkins release farewell studio album



The Smashing Pumpkins release last album free online.

By Michael Claar
Contributing Writer

Part reaction to an oppressive music company, part reward to a faithful audience, The Smashing Pumpkins, on the eve of their impending breakup, have creatively released their sixth and final studio album, "Machina II — The Friends and Enemies of Modern Music."

Instead of dealing with marketing, promotion, packaging and other tedious details of an album release, The Pumpkins sent twenty-five lucky fans one vinyl copy of the double album on Sept. 5. The fans received a double LP with

three 10-inch EPs on hand-cut, hand-numbered, non-lacquered acetate and the instructions to get it out there any way they can and want to.

Already the entire album is available on the Internet and various other means. The website machina2.cjb.net provides everyone with information and means to get the album including downloadable liner notes to be printed.

The album itself is mostly new tracks but also contains some alternate versions and outtakes from last year's sessions from the album "Machina/The Machines of

See Smashing ...pg. 6

Searching for hip-hop's *finest finest finest*

- Jay-Z, Mya, Mobb Deep, Memphis Bleek and others are put to the test -

Steve Flemming
Staff Writer

Historically, hip-hop has always had a way of reinventing itself. From the fat laces, Adidas and boom boxes to Timberland boots, baggy jeans and samples, what once was an underground culture in urban cities is getting more media exposure now than ever.

However, exposure comes at a price. In recent years, hip-hop culture has grown less and less inventive and more and more manufactured.

Finding a solid rap album has become tough in the age of "Total Request Live," with artists appealing more to the pop charts than the streets they claim provide the basis of their songs.

Fortunately the mix tape has kept things fresh and exciting over the years, particularly via tapes by DJ Clue.

At a time when rap was becoming a mechanical hit machine, Clue brought unsigned artists early exposure, while showcasing first-rate lyrical performances that major artists' labels deemed too unfriendly to radio.

Clue has grown considerably from his modest beginnings, with a major label deal for his popular compilations as well as tons of media exposure.

So it's no surprise he was tapped to assemble the soundtrack inspired by the film "Backstage." Bringing together the worlds of hip-hop and R&B in typical fashion, "DJ Clue Presents: Backstage - Mixtape" is an obvious showcase for artists on the high-profile "Hard-Knock Life" tour and Jay-Z's Roc-A-Fella Records.

The album gets off to a hot start with Mya and Jay-Z's "Best of Me Part 2." Mya's feathery vocal complements Jay-Z well, giving the teen songstress more bite than usual.

While Jigga's subject matter never really changes, the song still remains popular as the summer winds to a close.

A series of routine tracks follow, with the likes of Beanie Sigel ("In the Club") and Memphis Bleek ("My Mind Right") never really reaching the just-average mark, as usual.

Mobb Deep's Prodigy checks in with "Keep it Thoro," giving yet another engaging performance. The Lox soar on "Who Did You Expect," representing well for the Ruff Ryders' camp.

Some pleasant surprises do pop up, including the catchy "Wanna Take Me Back" by T-Boz, which is a nice departure from her TLC material. AWOL Roc-A-Fella artists Christian (remember "Full of Smoke"?) provide a fine performance on "Just Leave Your Love," picking up where their overlooked debut album left off, and in turn giving the duo a little more identity.

The Marvin Gaye influence is still present, though not nearly as much as before. Like Christian, singer Rell makes his bid to come back to the R&B market with "Darlin'."

Like anything else, there are some down points. "Millionaire" by Hot Boys featuring Big Tymers is a prime example of lazy production, while "Road Dawgs" by Amil, Eve, Da Brat and Jay-Z finds Amil's plausible rhymes drowning in the rapid-fire delivery of her colleagues.

FM 99 Lunatic Luau IV entertains thousands Low ticket prices attract large crowd

By Tom Geary
Staff Writer

Exciting rock concerts come, year in and year out, for fans of the Hampton Roads area. But people frequently find they are paying outrageous ticket prices to see two or three bands perform live. These concerts are usually good, but they only last a few hours and send some home feeling swindled of their latest paycheck.

FM99 WNOR (98.7) realized this a couple of years ago and decided to take action. They understood the feelings of their listeners and quickly developed a yearly concert entitled the FM99 Lunatic Luau. The Lunatic Luau has brought in popular rock bands such as Faith No More, Kid Rock, and Sevendust in recent years. This year's Luau was no different. Headlining the 8 hour show consisting of 8 bands was Papa Roach, a band who has sold over 2 million copies of their debut

CD, "Infest." Other acts included FM99 late night favorites Taproot and The Union Underground.

The fourth annual FM99 Lunatic Luau was held this year at the GTE Virginia Beach Amphitheater for a very reasonable \$9.99 per ticket (before service charges and parking). Although no figures have been given as to how many people attended the show, it is estimated that approximately between 12,000 and 15,000 showed up to enjoy the Friday concert.

The show began at 3 P.M. with a local band who has had great success in the area, Sea of Souls. They performed for close to 30 minutes on the second stage while thousands began pouring into the venue. An hour later, British rock band Apartment 26 hit the main stage. Singer Biff Butler, son of bassist Geezer Butler of Black Sabbath, showed his energy by leaving the stage while the band played and running through the seated area of the

audience. He stayed and sang while the band performed on stage for nearly twenty minutes before going back to the stage and finishing the thirty-five minute set.

The next band to perform, Cold, had to cut their performance short due to second stage technical difficulties. However, their goth-like appearance and melodic style pumped up the crowd enough to form small mosh pits and encourage crowd surfing.

8steps7 played next on the main stage to a relaxed audience. Despite constant problems for their bassist during the set, they were able to attract the audience's attention.

After a short break, the final band hit the second stage, Taproot. Taproot, of Ann Arbor, Mich., has gained publicity for being the target of many insults from Fred Durst, singer of popular rock band Limp Bizkit.

The crowd surely did not seem to mind as they moshed and crowd surfed through-

out the entire fifty minute set.

The Union Underground, from Texas, followed shortly after. Although the previous bands gathered more crowd noise, The Union Underground received much applause for their heavy metal songs.

Headliners Papa Roach took the stage around 9:45 p.m., much to the liking of the crowd. Nearly the entire audience was on its feet to see the explosive band. After one hour of rapping and headbanging, Papa Roach had the entire crowd singing along to every word of their hit single, "Last Resort" to finish off the show.

Thousands left the FM99 Lunatic Luau IV at the GTE Virginia Beach Amphitheater with smiles on their faces, mumbling about the bands to each other. However, each and every person left knowing they had seen a concert that was not only entertaining, but well worth the money as well.

'Survivor' cast lives on after summer series

By Andy Argyrakis
TMS Campus

For those that thought the CBS-TV program "Survivor" was about to fade out of the picture since the show's finale a few weeks ago, think again.

The program huffed another breath in Chicago over the weekend as five cast members made an appearance at Benedictine University to address the student body about their experiences on the program.

Cast members Sean Kenniff, Susan Hawk, Gretchen Cordy, Rudy Boesch, and Kelly Wigglesworth took turns telling several stories about their time spent on the distant island and what they are up to now that their time on TV is over with.

Q: How would you respond to criticism to the show's greedy premise?

Sean: It's a very compelling concept. For 16 weeks on television millions of people tuned in. During that time the show reached #1 and there was no sex involved in it at all. Not many #1 shows that I can think of in a long time have had no sexual scenes involved.

Q: What was the number one value you learned growing up that helped you in Survivor?

Rudy: I went to Catholic schools for 8 years and I got it beat into me that honesty is the best policy.

Q: What types of entertainment did you have to pass the time that wasn't seen on TV?

Sean: There was a bowling ball that washed up on shore and a bowling alley was what we wound up making. For Greg's

"Students should just go with what they feel. I'm not the perfect one for college advice, but I can say that during those years a person should do what they feel they need to do. They need to take control and do things because they want to, not just because someone tells them to."

Kelly Wigglesworth

group there was a frisbee, although when he came by us, his frisbee was never used again. My team did a good job finding things to do.

Q: How did you view yourself as a contestant in the show?

Sean: I was a very nice guy that tried to get along with everybody. Everyone had different characteristics but I did the best I could to stay amongst them for as long as possible.

Q: How would you respond to some of your off color comments on the program?

Rudy: I don't regret anything I said.

Q: What are your plans now that you have reached celebrity status?

Sean: I've got a lot of different tricks up my sleeve. I've got my medical degree, so I'm using some of that knowledge to do

medical correspondence. I don't plan to be a mainstream celebrity though.

Q: What type of advice could you give to students?

Kelly: Students should just go with what they feel. I'm not the perfect one for the college advice topic, but I can say that during those years a person should do what they feel they need to do. They need to take control and do things because they want to, not just because someone tells them to.

Q: What advice would you give to future members of the Survivor cast?

Rudy: The best thing I can tell them is to form an alliance as soon as they can. Don't trust anyone, but try to work together in any possible way.

Here are some more comments from the cast members as addressed to the crowd

of college students:

On their celebrity status:

Gretchen: You can sign something and then get a couple of hundred dollars back for charity at an auction.

Sue: I've gotten lots of letters and have heard from moms that say their daughters look up to me. They thank me for being role models to their kids and that it's okay for a woman to speak her mind.

On first seeing Richard walking around naked:

Sean: We're sitting there in a terrible storm and Dirk and I are talking about how terrible our lives were. Then there was a lightning stick and we saw him with his arms outstretched with nothing on. That reinforced how terrible we were feeling.

On the spin-off show "Big Brother:

Kelly: Not only are television watchers sitting inside all summer, but they're watching other people sitting inside all summer. You're watching people trying to survive in a house. You can take a shower and you have a place to sleep. That's not a real difficult situation.

On the personal side of striving to survive:

Gretchen: Those of us who didn't lie had a hard time keeping it a game. It was very personal. We all slept together, we all ate together, and we all lived together. You can't get much more personal than that.

On how long it will take for "Survivor" to go away:

Sue: It's hard to say because when the next one starts up it probably means that things with us will probably start back up.

Alumni-Student Career Connection

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continued from Smashing...1

God."

The official website for the new release explains that this is "a follow up to 'Machina,' and the last album from the band as a final farewell, and a f*** you to a record label [Virgin Records] that didn't give them the support they deserved." So far Virgin has not commented.

If you cannot download the MP3s or would rather have the songs on CD you can contact one of the people listed at the official website. If searching for the songs yourself, here is the official tracklist for Machina II:

1. "Slow Down"
2. "Vanity"
3. "Saturnine"
4. "Glass" theme
5. "Soul Power James Brown"
6. "Cash Car Star"
7. "Lucky 13"
8. "Speed Kills"
9. "If there is a God"
10. "Try, Try, Try"
11. "Heavy Metal Machine"
12. "Glass" Theme"
13. "Cash Car Star"
14. "Dross"
15. "Real Love"
16. "Go"
17. "Let Me Give The World To You"
18. "Innocence"
19. "Home"
20. "Blue Skies Bring Tears"
21. "White Spider"
22. "In my body"
23. "If There Is A God (full band)"
24. "Le Duex Machine (synth)"
25. "Here's to the Atom Bomb"

OPINIONS

In my not so humble opinion



By Cash Arehart
A & E Editor

Did everyone get their box of free stuff from out in front of the bookstore? The boxes were filled with samples of deodorant, tooth paste, coupons. The boxes were gender specific with female boxes containing some items, such as tampons; that the male boxes did not have and vice versa.

I found these give aways especially practical and helpful. Just about everything a new student would need to get through the first few weeks; or a poor, broke, nearly indigent student such as myself could not afford to buy (just kidding).

One note of interest however, did anyone find any condoms in the box of free stuff? No? Apparently the boxes had condoms in them at one time. Why were they removed?

Removing condoms from boxes to be distributed to students seems to encourage unprotected sex. Maybe someone thought that by taking the condoms out of the boxes they were encouraging abstinence. Then again maybe any person who thinks such a thing needs to join the rest of society and get out of the fifties.

What about the new policy in James River Hall which allows guests of the opposite sex to stay in a residents room overnight, as long as they don't fall asleep? Imagine this scenario... you and your guest

are beginning to grow weary and tired. The other residents of the apartment have gone to bed. Nothing worth watching on the television. What are you going to do to stay awake? I know, SEX! In an effort to be politically correct and morally upstanding have we come full circle back to a point of trying to hide sex from ourselves?

I for one do not appreciate having my choice being taken away from me when it comes to deciding whether to use free condoms, or whether or not to drink on campus. Enough drinking happens on campus and off anyways.

Unfortunately the rulemakers decide to limit the ajority because of the actions of the few. I don't drink. One of the reasons that I don't drink is because I am to young. But, I do not like the fact that I will not have the option to make the decision for myself to drink on campus when I am old enough.

Why do the students of this campus have so many liberties taken away from them?

Did CNU students of years past exhibit behaviors such as wild, animal house styke keggers on campus or lewd sexual acts to warrant having our option to choose taken away?

Or are we simply not being given the chance to find out just how mature and responsible we can be under our own guidance?

And Ramona says...



Expulsions Justified?

By Ramona Hernandez
Contributing Writer

Several individuals acted very irresponsibly during the first weeks of the semester. The results being that four students have been removed from their dorm rooms and relocated, two were expelled from school altogether, and the Office of Student Life has a lot of explaining to do.

Yet, the main thing that has come into question is the new honor code and the lack of effect it seems to have on the students and staff.

Let me begin by saying that those who were drinking deserved to be punished. Living on campus is a privilege, not a right. Attending class is a privilege not a right. A right is something that cannot be removed, like feeling safe and secure on campus.

A privilege is something that is a trust between the administration and students. We trust them to hire good teachers, provide competent housing, and set valuable boundaries. We, in turn, learn from the teachers, provide money to the school, and follow the rules.

There is a rule: no alcohol on campus. The rule does not care if you are a member of the faculty or a freshman, no one is allowed to have alcohol on campus. It is our right to question this rule. Yet, when you decide to break the rule, the privilege of your being here is called into question.

Situations like the one that happened during the first weeks of school are the reasons behind things like the "dry camus" rule. The rules are set in place so that, within the school community, students can focus on why they are really attending school: to become educated members of society.

These situations are also the reason why CNU adopted the honor code, which states that each of us should maintain high standards of personal responsibility. We all are committed to "creating an environment of respect and mutual trust." But, I do not think that the students were the only ones who forgot that.

Had the administration thought about what putting an honor code in place really meant? Maybe they would have been concerned with the fact that almost all universities that have honor codes have some fair way of enforcing them that takes into account the students' opinions.

The University of Virginia's honor code and council is a prime example of when an honor code works. The students are the ones who hold the mock trials, feel ownership of the code, and take their pledge to it very seriously. Students then hold themselves ac-

countable to the standard of their honor code.

Why should I want to up hold the code when I have no say in how it affects me in my day to day life? Yes the idea is good, but the students who are expelled deserve and have the right to a fair trial of their peers with representation, not a decision handed down by a bureaucrat.

If we are to truly accept this code as the way to live as Captains then we, as Captains, deserve some say in how it is enforced.

If the administration had thought of this, this embarrassing situation would not have been so bad. These students could have found a way to stay on campus and keep their college careers on track.

Personally, I am tired of the issue and the complaints about it. Both sides were wrong. The students should have enough sense not to allow themselves to be in a situation where they get themselves in trouble and the Office of Student Life handled the situation very secretly.

The students are becoming martyrs to many and that is not what the University intended when it decided to create and attempt to enforce an honor code. However, I did not decide to have an honor code, it was given to me.

Now something I did not ask for or want has the ability to expel me from school because I am supposed to be held responsible to its standard. This is not the way it is supposed to be. I should want to follow the code not question why it is in place.

Let this be a warning to all. It is obvious that the administration is taking offenses against the honor code very seriously. It is good that they are willing to back up their policies, but they made them so that they are my policies too.

I do not hear my voice in the noise surrounding this issue; I want to have say in how my fellow students are treated.

Maybe all should be careful next time and we should all reevaluate the importance of an honor code because not all students need it.

Sophomore Courtney Winfree did not need an honor code when she returned a wallet she found that contained two hundred dollars in it.

She says that "I owe this one to my mom because she taught me to put myself in others' shoes, think and always do the right thing, what your heart is telling you, and my heart told me that it belonged to someone who needed it and if it were me I would want someone to do the same."

That is what a true honor code is.

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LETTERS TO THE EDITOR

CAB name change raises constitutional concerns

Dear Editor,

The definition of constitution is, as stated in the dictionary, the set of principles adopted by a state or society for its government. Why then, if I may be so bold as to ask, was it ignored? The purpose of a constitution in an organization is to allow the students, those involved with an organization and the general student body, a say in what goes on.

However, recently it seems that right has been tossed around unjustly. It started last year with the Performing Artists Association and has now, unfortunately, seeped into Act One. CNU TONIGHT, a comedy group, exists because they voided PAA's constitution by writing their own constitution and claiming to be formally PAA.

Legitimate members were working on PAA at this time in an attempt to revive the organization. The members of CNU TONIGHT had never before been in PAA and, therefore, had no claims on its constitution. The administration, however, ignored this and allowed them to go through with it.

Act One, now known as the Campus Activities Board, or CAB, is facing a constitutional mishandling as well. Thus far, on two separate occasions the constitution of Act One has been ignored. The first time was in the appointment of the current Executive chair. The former Executive chair had to withdraw due to a previously applied for internship in her field of choice. There was still a standing Vice Executive chair, who, according to the Act One constitution, should have stepped up.

However, the administration decided to completely overlook the constitution and appoint someone who had never previously been involved with programming on this campus or with an official programming board. Some argument has come up that new management could bring new ideas. It does have some merit, however, if he had been appointed as the entertainment chair, since that is the field he was working with, it would have allowed for the new ideas to filter in with a transition.

There have also been some questions as to why the constitution was ignored in this case. The administration involved has given several different round about answers to this and have failed to give much of a direct answer to resolve the question. One of these answers suggested that the Vice Executive chair had grades that were too low, but from others and my understanding, the current Executive chair was facing the same problem. That discrepancy was explained by saying the Executive chair had been physically ill, but was doing better.

The Vice Executive chair, during the last year, had two friends kill themselves, which accounted for the lower grades. The administration may not have been informed, but the same should have held true for the other. The excuse of physical illness is not acceptable in ignoring the student body.

The second transgression upon the constitution is that of the name change. It is stated, in the Act One constitution, that the "name of the organization shall be Act One." It also states that it requires a two-thirds majority vote of the general membership to change this. The Executive chair tried to change the name to CAB earlier,

and had been informed of this. After a long-standing confusion, he was granted executive privilege to go ahead and change the name without asking the general membership. The administration again ignored the constitution of Act One to further their own needs on a "students first" campus.

The constitution exists to give voice to the student body. Any student can walk into Act One and supply their opinion. By ignoring the constitution, you disrespect the members who worked hard to implement such a constitution, as well as those who have previously worked under it and followed its rules. Not only has a voice been stolen, by administration, from the members of this organization, but from the general student body as well.

The administration seems bent on following their own needs, and pushing aside, and therefore hurting, the students who are trying so hard to follow the rules of their organization. Would it not seem that, by simply writing off the entire basis for their organization, it would hurt the morale of the students involved, and thusly affect the productivity of such organization?

In the midst of what I can only call corruption and dishonesty, I am surprised President Tribble has not looked into the reasons why the administration would so loosely and offhandedly hurt the student body.

-Anonymous

Harbor Lights dim when it comes to courtesy

Dear Editor

When I entered college, I knew that cafeteria food was not supposed to be as genuinely tasty as homemade meals. I knew that. I knew that my dining options would be limited. I understood it.

What I don't understand, however, is the bullets of ignorance and rudeness constantly fired at me from those who work at Harbor Lights. There are a select few employees upon whom I would happily smile.

My smile, however, would soon turn into a look of terror as Harbour Lights employees run me out of the cafeteria, making me feel like I was running with the bulls in Pamplona, all because I was three minutes late for last call. I have read a number of articles in this paper that show how nutritious and well balanced these economized meals are.

What about a well-balanced atmosphere in which I can eat? What about a fresh state of mind and the freedom from worrying about getting verbally abused every time I want a meal? I may be overstating, or perhaps, I am understating my point; I just want to see this issue resolved. Plenty of my friends have been harassed after making simple requests.

For example, one of my friends felt like paying \$5.50 for a cup of coffee only to have wasted their money on something they couldn't have because the doors closed be-

hind them three seconds ago.

I say, if we cannot get what we would like, even though we are paying for it, resolve the situation by simply saying, "I'm sorry, I cannot do that. Have a nice day!" This ranks much higher on the courtesy scale than, "We're closed, sorry, can't get that, c'mon, go."

Perhaps CNU should flex the golden rule more often. Yet this is not just at Harbor Lights. It hits many of CNU's services. It is true that we all have bad days and that customers can also be rude and ignorant. I see this. So I say to the customers and the employees, who will take the first step in being polite?

I feel I have stressed my point enough. I hope that my concerns and the concerns of many will be firmly met. In closing, I would like to suggest that the hours at Harbor Lights be extended (many of us college kids are still hungry after 7:30). Once more, I commend all those who work at Harbor Lights and CNU's patrons who have learned of ethics and politeness, and sigh for those who fail to be both ethical and decent.

-N. Addison

Christian point of view

Dear Editor,

I am delighted by your newly acquired column that you run in our Captain's Log as I have not noticed it there before. Then again, I only pick up an issue once a month or so. I read your column about the issue of our school being a "Conservative Arts University" and still haven't figured out why you made such a statement. You mentioned that you are a Lutheran and have a big job in your church as a youth minister and several other tasks that you carry out as well.

I'm sure you wrote the column hoping to get responses back and because I missed out on the opportunity to respond last week, I am doing so this week. My heart goes out to you that God will show you the truth to this world and to His word. This, by far, is a "liberal university" and I will tell you why.

We have organizations on campus that only care about drinking, girls, and other sorts of things. We have other organizations that strive to achieve other goals but none to which you referred to. You mentioned that you saw flyers offering solutions to "Sexual Brokenness." Why would one need such direction when we are here to get an education? Okay, so I am not ignorant to what goes on but to think that you have been thrown stuff like "Evangelist preaching" is beyond me. Where is our "meet at the pole" or our Christian rush table, or our flyers being passed out while you are walking to class?

There are two types of Christians in this world: secular Christians and Biblical Christians. Secular Christians take some of the Bible but most of their reasoning from our society. Biblical Christians take their word from God's word: the Bible. Do you know the story of Sodom and Gomorrah? Where

would God allow such an organization called, "The Gay, Lesbians, and Straight Student Union?" The only reason why they threw in "straight" is so they would sound more universal but it is not. The organization says it's okay to be that way but it isn't.

In Leviticus 18:22, God clearly commands, "Do not lie with a man as one lies with a woman; that is detestable." If you disagree, then take it up with your God but I'm hoping we have the same God.

Why lead others astray with your columns when you could bring many to know Christ and know eternity. Instead, you are condoning what they are doing and persuading those away from Christ. I personally think it is sickening especially hearing the news from Vermont and just recently in the Netherlands.

God will have his day just as He did with Sodom and Gomorrah. My prayer is: through love we can show them that they can change and people who write misdirected columns can change their thinking patterns as well.

By the way...the thickest skin anyone ever grew, as you were saying, is a man who gave His life for all of us on an old rugged cross on Calvary. His name is Jesus and He is changing lives one at a time.

May God richly bless you,
A non-offended Christian

Editor's note: This letter was addressed to A&E Editor "Cash" Arehart. Any references to "you" or "your" in the letter are made to "Cash" Arehart.

The
Captain's
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SPORTS

Lazy freshmen



By Mike Mullin,
Sports Editor

Being a freshman here at CNU is not the most difficult task in the world. It doesn't take a great deal of brain power to be able to be a freshmen. I have seen some in my dorm who look

like they have to take off their shoes to count to twenty.

For the most part, all of the classes that freshmen have to take are all entry level. It is not like any of us are being given twelve page research papers. At least I haven't been. If any freshmen are being given twelve page research papers, drop. Drop the class. Drop it now. You have until Oct. 24. Go now. Run. No freshman in their right mind would ever want that kind of pressure on them this early in their college life.

Some freshmen though, just can't help it; especially the freshmen athletes.

When asked at the beginning of the year about the quality of this year's freshmen class, Athletic Director C.J. Woollum had nothing but positive words to say. "The credentials of this freshman class of athletes are very good, although the proof is in the play. Some will step up right from the start," said Woollum.

And that is exactly what the freshman athletes have been doing.

Freshmen men's soccer player, Daniel Azcarate, is tied for second on the team for goals scored and is shooting .200 so far this season. Azcarate recently scored the game-winning goal against Oglethorpe University during sudden death overtime. Shelley Rusnak on the Women's Soccer team is also tied for second on this year's team for goals scored. Rusnak is a starter who is shooting .143 this season.

On the Field Hockey team, the freshmen have been the team's main source for goals. Freshmen Ashley Crickenberger, Kristi Parker, and Crys Richards are all tied for second place on the team for goals scored. It was freshman Kristi Parker who scored the team's first ever goal against the College of Notre Dame.

Freshmen are even shining on the Golf team, a sport where experience is paramount. Robbie Craft recently led the team and took individual honors in the season opener at The Hamptons Golf Club. Craft shot 72 to help the team to win the five-way match by 19 strokes under the second place finisher, Randolph-Macon.

Good lord, what does all of this mean? It means that this year's freshman class of athletes is one of the best in CNU history. Freshmen are stepping up and starting in games across the board. Freshmen are performing beyond what has ever been expected of them before. They are scoring goals, points, and strokes.

This high level of performance raises the bar for everyone. Upperclassman are performing better than ever before, because the whole team is performing better.

What this means most of all is that the rest of the fall season will be obscene in how well CNU athletics does. And if you think that this year will hold a lot of wins, wait until next year, when these freshmen will be sophomores.



Sophomore sailor Kari Peligrino keeps a watchful eye over the James River during practice.

Photo by Tom Stormer/ The Captain's Log

A bright horizon: sailing team on the right "tack"

By Liz Munson
Staff Writer

Equipped with eight new boats and ten new freshmen, CNU's sailing team is ready to move into national rankings again. Just ask Captains' sailing coach Dan Winters. "This is the best team we've had in four or five years," Winters said.

CNU competes in the Middle Atlantic Conference against such perennial nationally ranked institutions as St. Mary's College, Old Dominion University, and College of Charleston. CNU sails in one of two types of boats, including 420's and Flying Juniors. These boats are no more than 14 feet in length and hold a two-man team: a skipper and a crew.

The Captains have already made headway on the season. Winters took three teams over to ODU for the Riley Cup Regatta, held Sept. 9-10. Among the 15 schools there, CNU finished seventh. The next races that CNU will be entering are the Bay Day regatta on September 16, sponsored by Hampton University, and Loyola's 1st Annual Regatta, held on Sept. 16-17.

CNU's sailing team is open to anyone with an interest in the sport including any walk-ons. As the team improves, Winters believes he can be more selective in recruiting. The team gives Winters the opportunity to teach less experienced members about racing tactics and the sport in general.

Shaina Silver is excited about sailing her first collegiate regatta this weekend for the Captains. Silver hails from Annapolis, Md., and has sailed in such events as the Orange Bowl in Miami, Fla., both in '98 and '99. She came in 10th and 12th, respectively. Silver was recruited by Winters. The coach had to beat out sailing hubs such as College of Charleston for Silver's service. "I got a chance to sail in my freshman year if I come here, and it's not

too far from home," Silver said.

On the opposite end of CNU's experience spectrum is Robert Auerbach. A native of this area, Auerbach has been sailing since he was 13 and has been a member of the Captains' sailing team for five years. Auerbach joined CNU sailing for the opportunities the team presented him. "I'm not the best sailor, so for me joining the team gave me the opportunity to sail in a lot of races, and to get hands-on experience," Auerbach said.

As for the new additions to the team, Auerbach does not doubt their skill and sees potential from many of them. He thinks the Captains are capable of achieving a top 15 national ranking this year.

Winters echoes Auerbach's confidence. He believes the likelihood is strong that CNU could emerge as one of the better sailing teams in the country. In order to do so, the Captains will have to butt heads with teams such as Queen's University from Ontario, Canada, and Washington College from Chestertown, Md. "I'm very optimistic about the potential this team has and the possibility of them qualifying for-and placing, in strategic events," Winters said.

Men's Soccer
Aiming for excellence

page 10

CNU men's soccer roster 2000

No.	Name	Class	Pos.	Ht.	Wt.
00	Martin Zelada*	So.	G	5-10	160
1	Bryan Boettcher	Fr.	M	6-0	135
2	Craig Pittinger**	Jr.	M	5-10	135
3	Shadi Abi-Saab***	Sr.	M	6-2	180
4	Ryan Whinery*	So.	M	5-9	140
5	John Abell	Fr.	F	5-9	150
7	Jason Farino**	Jr.	D	5-10	155
8	Alan Jordan	Fr.	F	5-9	150
9	Mike Parolisi*	So.	F	6-0	190
10	Daniel Azcarate	Fr.	F	5-11	146
11	Matt Boettcher	So.	F	5-11	160
13	Luther Elmore	Fr.	F	5-11	165
14	Joshua Shaw*	So.	M	5-10	165
15	Ryan Hagerty*	Jr.	D	6-1	172
16	Shawn Edwards*	So.	D	5-10	140
17	Oscar Gomez-Romero***	Sr.	M	6-1	160
18	John McCormack*	So.	D	6-1	170
20	Justin Joswick*	So.	F	5-9	160
21	Dustin Morse***	Sr.	M	5-9	150
22	Brent Trainum	Jr.	D	6-0	158
23	Rodney Curtis**	Sr.	M	6-0	170
24	Jimmy Cifuentes	Fr.	D	5-10	180
25	Scott Sachs*	Jr.	D	5-10	147
26	Jeff Clayman*	Jr.	G	5-10	170
27	Dan Dyke	Fr.	G	5-11	175

Head Coach: Steve Shaw
 Assistants: Steve Sachs, Brian Schwab

Aiming for excellence: CNU men's soccer 2000

By Tom Geary
 Contributing Writer

After barely missing an NCAA tournament bid last season, the CNU men's soccer team is aiming for nothing short of excellence in 2000. With a defense that remains intact from last season and many key new and returning players, the Captains are ready for a Dixie Conference championship.

Coach Steve Shaw, back for his fifth year as head coach of the team, believes that CNU's three consecutive second place finishes in the Dixie Conference are over with. "Seeing that we finished 13th in the nation last season and second in the Dixie Conference, our goal is to win the (Dixie) Conference for the first time ever and make the NCAA (bid)," he said. "That's what we expect and that's what we're going for."

Coach Shaw just may be on to something. The Captains have already rocketed to a quick 4-0 start with wins over New Jersey City College, Eastern Mennonite, Emory University, and an overtime victory last week against Oglethorpe University. CNU outscored its opponents 13-4 in the first four games. Starter Rodney Curtis considers the first few games confidence boosters, but is more prepared for the team's Oct. 22 match against rivals Greensboro. "Greensboro has beaten us every year, so we've got to beat them to win the Conference," commented Curtis.

One problem that will not confront the Captains this season is underestimating their opponents. Coach Shaw noted that although the major rivalries will be important to the team, "we cannot overlook any team." The players have prepared for their key matchups as well as Dixie Conference match-ups by keeping in shape over the summer. "A lot of us play club ball on teams from where we come from," said senior Oscar Gomez-Romero. "I play up north in a men's Spanish league and everybody else on the team has a club that they play for to keep us ready."

Gomez-Romero is not the only focused player on the team. Most of the starting roster from 1999 is returning which helps create the tight bond among teammates. Defenseman Scott Sachs stated, "We have a lot of unity. I play in the backfield, in the defense with the rest of the guys. We have a name for ourselves: we call ourselves the 'Snitch Posse' because we're unstoppable. Plus, we have a pretty strong bond in the back." Sachs also said, "we think we have the best defense in the country."

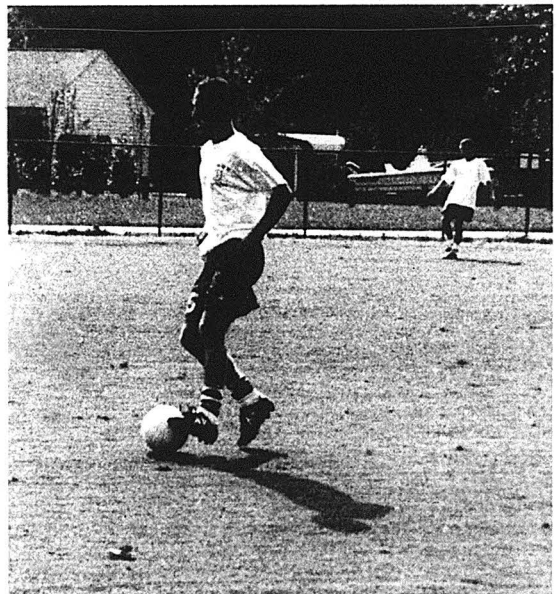
Rodney Curtis, Oscar Gomez-Romero, and Steve Sachs are only a few of the Captains' key returning players. Other stars returning to the team include captain Shadi Abi-Saab, senior Dustin Morse, junior Ryan Hagerty, sophomore Ryan Whinery, and goalie Martin Zelada. New recruits are also a factor this season. Coach Shaw commented, "We have a few new kids starting: Daniel Azcarate from Columbia; Matt Boettcher, a transfer from Eastern College in Pennsylvania, and John Abell from Poquoson, thus another recruit who has seen a lot of action. Those four are the biggest recruits we have."

With a powerful defense, key returning players, and standout recruits playing for the Captains this year, it is safe to assume that expectations are high. Coach Shaw has shown in the past that he can lead a team to victory, as seen in his winning percentage (.646), the highest of any CNU soccer coach ever. Team captain Shadi Abi-Saab believes that the team is ready for greatness in 2000. "We expect to win the conference, make the NCAA Tournament, and it all goes from there," commented Abi-Saab. "I'm confident in the team this year and we want to win every game."

This year seems to be special for the CNU men's soccer team. Everything has fallen into the right places. Only time can tell who will win the Dixie Conference this season, however no goal is out of reach for the Captains in their journey to becoming number 1.

Ball handling drills during practice have helped junior Steven Sachs (below) keep on top of his game.

Photo by Tom Stormer/ The Captain's Log



Editor's Challenge

Mike's Picks:

St. Louis at Atlanta: Mike Martz will have a heartattack if they lose
 Detroit at Chicago: Who cares?
 San Francisco at Dallas: Dallas cheerleaders = ugly
 New England at Miami: I got money on this one.
 Philadelphia at New Orleans: I miss Ditka
 Tennessee at Pittsburgh: The real name is the Oilers, not the Titans, the Oilers.



Green Bay at Arizona: I own a cheesehead. Who do you think I'll pick?
 Kansas City at Denver: Kansas City sucks.
 Cleveland at Oakland: Cleveland sucks.
 New York Jets at Tampa Bay: Jets suck.
 Seattle at San Diego: San Diego and Seattle both suck.
 Washington at New York Giants: I can already smell the Superbowl.
 Jacksonville at Indianapolis: Peyton Manning is a God. End of story.



Editor's Challenge



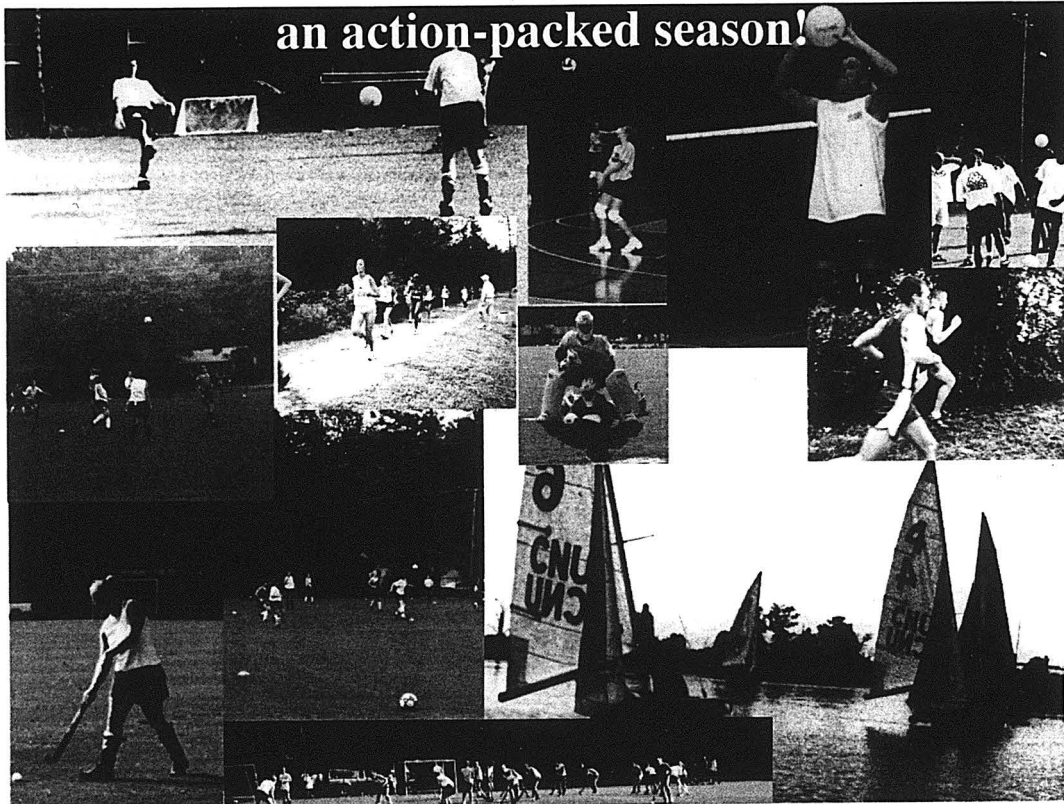
To play, simply circle the team you think will win and drop this coupon in the Tape-a-Quarter box located in the Student Center Lounge. If you select more winners than Sports Editor, Mike Mullin- *although not humanly possible*- you will be entered into a random drawing for the week. The 1st place winner will receive 2 Subs, 2 Chips, and 2 large drinks from the Subway Station. A runner-up will receive 1 Sub, 1 Chips, and 1 large drink.

St. Louis at Atlanta
 Detroit at Chicago
 San Francisco at Dallas
 New England at Miami
 Philadelphia at New Orleans
 Tennessee at Pittsburgh
 Cincinnati at Baltimore

Green Bay at Arizona
 Kansas City at Denver
 Cleveland at Oakland
 Seattle at San Diego
 New York Jets at Tampa Bay
 Washington at New York Giants
 Jacksonville at Indianapolis

Name and Number _____

Fall sports at CNU: an action-packed season!



Montage by Tom Stormer/ *The Captain's Log*

Lady Captains continue winning streak with shutouts

By Tom Geary
Contributing Writer

The CNU women's soccer program has started off well this season, with three straight victories, two of which came in the past week. Not only is this good for new Coach Melissa Mitchell and the team, but it is a positive step for the school as well.

The victories on Sept. 6 and 10 over Virginia Wesleyan College and Methodist College, respectively, instilled more confidence in the team from the players themselves. "This is just the beginning," commented goalie Tiffany Swiney. "We are just learning to play as a team. There is much more to come."

Although many players believe that the team is only getting warmed up for the season, the scores and statistics have backed up the belief that the CNU Lady Captains are already prepared. Since their 4-1 victory over Randolph-Macon College in the season opener, CNU has not given up a goal. The defense has performed exceptionally well and the girls have scored goals almost with ease, gathering nine goals in three games.

The most recent of the Lady Captain's victories came on Sept. 10 in the team's first away game of the season. They traveled to Fayetteville, N.C. to face Methodist College in the team's first Dixie Conference game of the year. Sophomore Amy Petko put the team up 1-0 in the first half of the game with an assist by freshman Shelley Rusnak. All-time CNU leading scorer, Laura McFerrin, added two more goals in the second half of the game. One of the goals by McFerrin was assisted by Petko, the other was unas-

sisted. This gave CNU a 3-0 win. Method-ist was outshot 17-9 by CNU, who improved their already impressive record to 3-0-0.

Earlier in the week, CNU played its first game under the lights at Captain's Field on Sept. 6. The Lady Captains hosted rival Virginia Wesleyan College. This game had been hyped-up by many of the players as an important early season matchup. They performed like it was, winning 2-0.

Junior Heather Vance scored the first goal of the game just over a minute into play with a power shot to the right side of the net. Amy Petko scored her first goal of the season with a shot that went sailing but hit the net just under the crossbar. Petko was excited about the goal and commented that "it took me a while, but I finally got the right shot off." However, the game did not go as cleanly as expected. Starters Laura McFerrin and Shelley Rusnak received yellow cards early in the game, much to the disapproval of the crowd.

The audience was another key point to the game. Starters Heather Vance and Tiffany Swiney declared, "we love the audience." Swiney continued, "We need the support. Most of our potential audience lives right in the dorms, they should come see us play more often."

Next up on the Lady Captain's schedule is a home game against Southern Virginia College and an away game at Marymount University. CNU hopes to improve their winning streak against these non-division teams before hosting four straight games at Captain's Field against two division and two non-division teams.

Lady Captains volleyball crush the Cardinals

By John Bailey
Staff Writer

CNU's volleyball team pulled out a clutch victory over Washington D.C.'s Catholic University Thursday night, winning 3 of 5 games and improving to 8-1 for the season.

After tying the match at one game each, the deciding moment came in the third contest, when CNU clawed out of a 9-point deficit to grab the lead 11-10.

"We knew what our strengths were," CNU coach Ken Shibuya said, "but we weren't crisp in executing them. This year we are not a panicky team."

Tenacity has become CNU's hallmark this season, and the Lady Captains responded to Shibuya's encouragement by stepping up defensively and shutting out Catholic for nine serves. CNU won at the net with junior Nina Richardson and sophomore Jenny Steele slapping down Catholics returns. Juniors Lindsay Sheppard and Oksana Boukhitina were CNU's power hitters in the series. The ball spent most of the time in the rafters with Cardinals defenders acted as back boards for the slam fest of kill shots that came from Boukhitina and Sheppard.

The Lady Captains sustained their momentum and pushed Catholic into a game-point situation at 14-12. However, Catholic rallied forcing a tie score and making it 14-14.

The lead changed four times and tied three more times before CNU finally pulled ahead. Senior Heather Vaden made a serve stealing kill on what would be Catholic's last opportunity to win at 18-17. Melissa

Noble stepped up and served the winning point for CNU, ending the game 19-17.

Noble maintained her serving momentum in the fourth game, scoring seven points. With their offense picking-up, The Lady Captains quickly won the match 15-7.

"This was the best preparation for Averett and Ferrum on Saturday," Shibuya said. The Dixie Round Robin in Danville was the Lady Captains first conference games of the season. CNU currently is second overall in the Dixie standings.

The Lady Captain's are off to their best start in school history. They began the season with victories over Ursinus College and Chowan College. The Lady Captains lost a close fought match against Mary Washington in the second week, losing the final two games by only two points each. CNU then went on a tear and won five straight games to grab the tournament championship at Bridgewater.

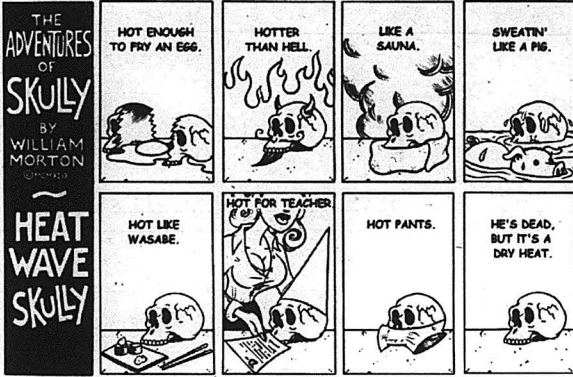
The Lady Captain's look poised to make a real run against current Dixie powerhouse, Greensboro College and the defending conference champions Averett.

Despite their obvious potential, Shibuya wants to continue to work towards improvements in the team's overall performance.

"We need to be more consistent serving and making quick sets," Shibuya said. "When we reach those goals we'll be ready for teams like Greensboro."

CNU's top performers this season include Boukhitina with 94 kills and 71 digs, Sheppard with 110 kills and 92 digs, senior Heather Vaden with 72 kills and 87 digs and Steele with 35 kills and 13 digs.

COMICS

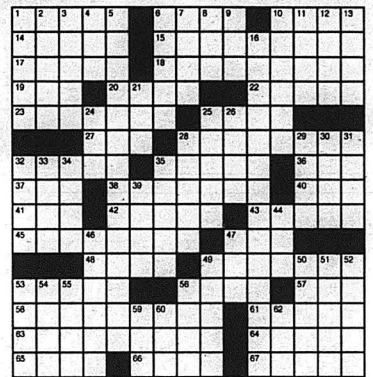


Pop Quiz?



Crossword

- ACROSS
 1 Change a timer
 6 Brick oven
 10 Le Pew of cartoons
 14 Loathe
 15 New York waterway
 17 Actor Reeves
 18 Predatory
 19 Make a mistake
 20 Dumbo's wings?
 22 Sierra Mountains
 23 Cook in a wok
 25 Lost traction
 27 Ridge Boys
 28 Watchful and alert
 32 Dog's warning
 35 Vacillate
 36 Night before
 37 Actor McKellen
 38 Inquire
 40 Brown shade
 41 Illuminated
 42 Roy's Dale
 43 Clamorous
 45 Taking on as one's own
 47 Doe Passos
 48 Marine shockers
 49 Swift-running bird
 53 Wound marks
 56 Affirm positively
 57 "Norma"
 58 Judge
 61 Playwright Clifford
 63 Assaults
 64 Baseball teams
 65 She sheep
 66 Pricey stones
 67 V-formation flock



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9/18/00

Solutions



- DOWN
 1 Garden tools
 2 Critic Roger
 3 Puppeteer Lewis
 4 Long, long time
 5 Two-choice quizzes
 6 Irish county
 7 Remsen and Levin
 8 Rim of a cup
 9 Trawling device
 10 Public march
 11 Writer Bagnold
 12 Jack of talk-shows
 13 French she
 16 Rallying
 21 Noah's vessel
 24 Horizontal lineup
 25 Turns around
 26 Pre-Easter season
 28 Yet to be paid
 29 Himalayan bigfoot
 30 Tanguay and Gabor
 31 Withhold
 32 monster
 33 Sudden attack
 34 Not taken in by
 35 Connery and O'Casey
 39 Wicked
 44 Paddle
 46 Dangers

- 47 Function
 49 Hot boxes
 50 Peace goddess
 51 Actress Phoebe
 52 "Demian" author
 53 Vault
 54 Bird's crop
 55 Competent
 56 Part of a molecule
 59 Obvious toupee
 60 Learn like a monkey?
 62 Conk out

CLASSIFIEDS

Tape - A - Quarters

Caddy, Puddy, Tim: Want some Vitamin C? Tim: Can U fill up a pint? Brian & Patrick: Follow the leader: Bobby & Dawn: IHOP tip. Robin: Power punch. Ericka: Amphitheater VIP. Klein & Caddy: VIP parking. Josh: Joe Pesci. Derek: graveyardshift. Krist: Hey! Go Soccer, field hockey team! Tiff: The coolest of cool.
-Pat B. (That's just the way I am)

Welcome to the Phi Class of Gamma Phi Beta! I am looking forward to a successful semester! We have a lot of fun to look forward to! This is where is's at love, sisterhood, and friendship! I love all of my sisters, keep up the hard work!
Love - Melody

Congratulations to Alpha Phi and Phi Mu on their new members. We wish you the best of luck this semester.
-The sisters of Gamma Phi Beta

Go CNU! So far the year has been great to the SGA - you rock! I love you guys. To all RAs: Keep up the good work. PS. Whats up? How long will it take? -J.B., the lovely ladies of Nu Epsilon - Chnda, Toniaeka, & LaChere - only pretty girls wear 20 pearls. Skee we sorors. Class of 2001, hold it down.
-J.B

Spring Break! Deluxe Hotels, Reliable Air, Free Food, Drinks and Parties! Cancun, Jamaica, Bahamas, Mazatlan & Florida. Travel Free and Earn Cash! Do it on the Web! Go to StudentCity.com or call 800-293-1443 for info.

To the person that stopped me to tell me that I had dropped my smile yesterday, thank you for making me smile on my way on what turned out to be a very unpleasant interview.
-CKW

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 - Rates are 25 cents per ad.
 - All ads are run in one issue only. For multiple runs call MS. CLASSIFIED (594-7196) for further information.
 - Tape-A-Quarter Classifieds must be submitted on an official Tape-A-Quarter form. Forms can be obtained from The Captain's Log newspaper stands. Ads submitted on anything other than the official form WILL NOT be published.
 - Included on the form must be your

name, phone number and the date that ad was submitted. Failure to include such information will result in ad not being run.

- Tape-A-Quarters must be turned in to our office or left in our convenient drop-box located on the first floor of the Campus Center next to the Game Room or by mailing to: The Captain's Log, Classified Department, 1 University Place, Newport News, Virginia 23606.

- Tape-A-Quarter ads are published on a space available basis. Those ads which are not published because of space constraints will be published in the next issue.

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name, phone number and today's date (required)

print message below. do not exceed six lines
