



SEE PAGE 6 and 7 for coverage of NCAA games

Captains advance to Sweet Sixteen

Christopher

Newport

University

The Captain's Log

est. 1970



Volume 27 Issue 17

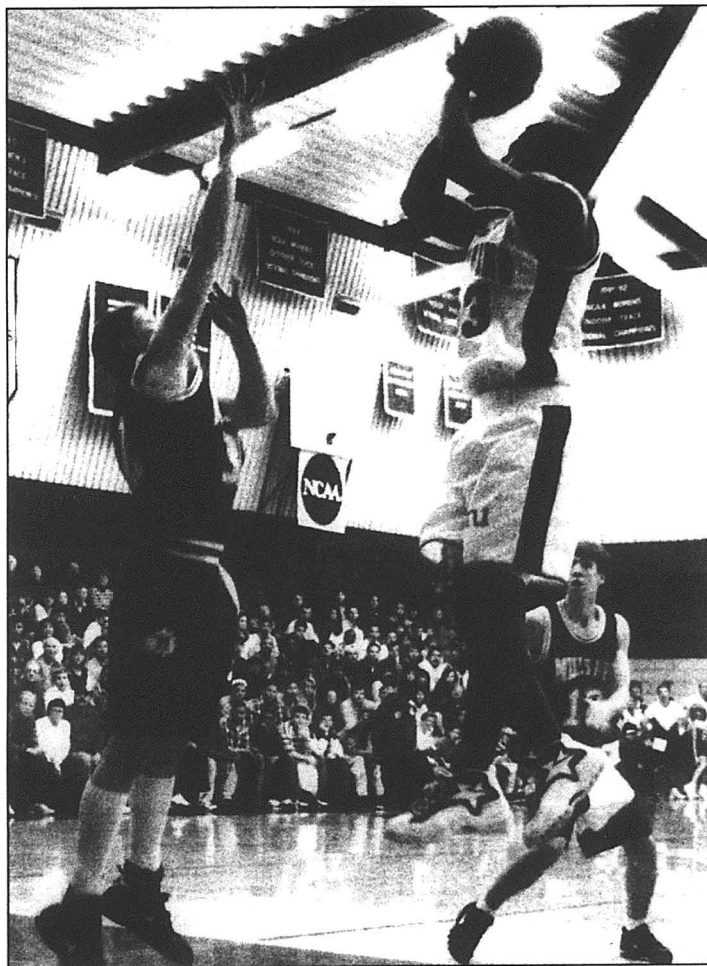
Newport News, VA

March 12, 1996

CNU men earn two wins in NCAA but face defeat in Sweet Sixteen first round

Friday night, the CNU Men's Basketball season came to a close three games into the NCAA Division III Championship tournament. Although the season ended on a negative note, the entire year has definitely been positive.

See pages 6 & 7 for tournament coverage



JEFF McLEAN AND THE CAPTAINS SOAR OVER MILLSAPS.

PHOTO BY CHIP DODD

CNU Online to integrate the World Wide Web

By Jessica Shumake
Staff Writer

Major changes in the CNU Online program begin in the summer session of '96. CNU Online classes in the upcoming fall '96 semester will in use the World Wide Web. Classes will move away from a text-based to a graphic interface, which should be easier for both students and professors. Students have the opportunity to advance their technologic ability and also have

the experience of maintaining an open dialogue with both their peers and also their professor. An ongoing online conversation gives students a chance to demonstrate their understanding of the course material without being specifically tested or otherwise sought out.

Use of the World Wide Web and the Internet will greatly increase the quantity of

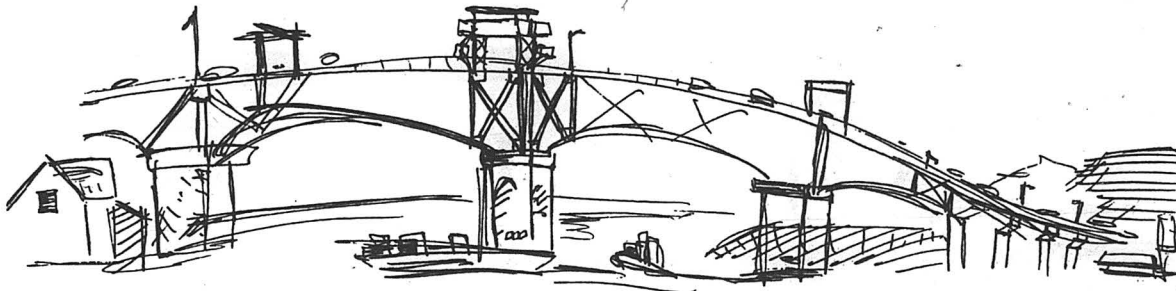
information to which students have access. Furthermore, it will improve access to the Online System as a cohesive whole. Graphics will make it easier for professors to provide information in other forms than text, such as graphs, maps, and photographs. Mr. Reddick, a philosophy professor here at CNU, said, "I think it's wonderful. It enhances the possibilities and puts more

resources in the grasp of students." "At the present time there are not as many academic resources as I would like to see, but the potential is there," he said.

Discussion has been on going for some time about the expected results of these changes. These innovations should greatly enhance accessibility to educational resources. Excursions to the library to search microfiche

and reference books for sources and information will be unnecessary if the knowledge is at the students' fingertips. According to CNU Online lab coordinator Jim Husband, the first class to be put on the World Wide Web is a physics lab. So far it has worked "seamlessly and had great success."

President Tribble has called for CNU to be a student-friendly



Raffle for rooms

Coleman Bridge closes during exams

Santoro Hall to house 25 Middle Peninsula students

by Melanie L. Stokes
News Editor

244 CNU students may find it harder than ever to take an exam this semester. These students are residents of Gloucester and Matthews County and the bridge that gets them to campus is closed on exam days, May 3 and May 4.

The Coleman Bridge links Gloucester and Yorktown over the York River and is scheduled to shut down from May 3 until May 15, bridge officials said. The construction will replace most of the draw bridge which has experience many breakdowns.

For students and faculty living on the middle peninsula a two and one-half to three hour commute through West Point will be the road to finals at CNU.

Steve Pappas, Director of University Housing decided that not every student will live with the inconvenient commute.

The university will offer free rooms in Santoro Hall to 25 students who live on

the Middle Peninsula and have exams on May 3 and 4. Students are chosen from a random drawing. Student names are entered in the drawing for rooms if the student completes the housing coupon found in The Captain's Log, turns it in to the Office of University Housing, and qualifies as a May 3 or 4 exam-taker.

7 males and 18 females will receive the invitation to live in residence for two days. Sharon Case, office manager for University Housing said that the numbers are based on beds available in the co-ed dorm.

"The number of available spaces could increase as dorm students finish exams and check out," Case said.

Case said that as space is left empty by regular dorm students, the Middle Peninsula students will be accommodated.

"We will try to get rooms cleaned up and available to them," Case said. "It can get messy as students pack-up to move out."

The application deadline is March 25. Turn in the coupon to CC238.

Application for Temporary Housing

Applicants will be selected by a random Drawing

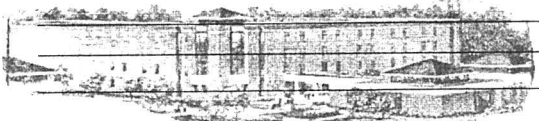
Name: _____

Address: _____

Phone: _____ SS: _____

Sex: _____

Exam Schedule: _____



Applications can be dropped off at the Housing Office located on the second floor of the Campus Center.

The Captain's Log

Joanthan White
Melanie Stokes
Eric Pesola
Elizabeth MacGahan
Catherine Raines
Melanie Stokes
Jessica Shumake
Alicia Stokes
Ricardo Major, Jr.
Melanie Stokes
Chris Perry
Chip Dodd
Wes Cline, Angela Jones,
Karen DiGoingio

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Staff Writers

Corrections / Clarifications

The Captain's Log apologizes for a mistake made in February 27th edition. The article "Crisis in Yugoslavia" said that Dr. Naum Panovski is from the Middle East. That information is incorrect. The theater director's native land is the former Yugoslavia.

The Captain's Log, the official student newspaper at Christopher Newport University, will be published on 24 Mondays throughout the 1995-1996 academic year and printed by North Star Publishing. News contributions are accepted by facsimile (594-7639) or in The Captain's Log office (CC 223). Circulation inquiries, advertising rates and policies are available upon request by telephone or mail. The Captain's Log welcomes letters from its readers. Send to: The Captain's Log, 50 Shoe Lane, Newport News, VA, 23606. Letters may also be brought to our office, left in our mailbox on the second floor of the Campus Center, downloaded on CNU online or sent to our internet address: clog@pcs.cnu.edu. Anonymous letters may be printed, but writers must sign the original, providing full address and telephone number for verification purposes. Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted. The Captain's Log reserves the right to edit letters according to style, subject and length, as well as to refuse publication. For a letter to be considered for publication in the next issue, we must receive it by noon of the Wednesday prior to publication. Corrections/clarifications to The Captain's Log will be published in the issue following the error.

HOMOSEXUALITY: Morals vs. Laws

By Alicia D. Stokes
Opinions Editor

As we move closer to the year 2000 America experiences greater cultural calamity due to new issues being raised in our society. Most recently one of these issues has been the recognition of homosexuals by the law.

Today most states refuse to recognize homosexual marriages. Because the law refuses to do so companies, corporations, and businesses, have for the most part, followed the lead of the government. This means that homosexual couples aren't permitted to file jointly for state and federal taxes as heterosexual married couples can. It also means that in a homosexual marriage, should one spouse die, the widower isn't granted the same life insurance benefits that can be claimed by the widower of a heterosexual couple.

Even most banks refuse to permit homosexual couples from opening joint accounts and/or from having the names of the homosexual couples printed on personal checks as is done with heterosexual couples.

Do illustrations such as these discriminate against homosexual couples? If in fact these laws do discriminate should they be changed to grant homosexuals the same rights as are granted to heterosexual couples? Let's see what you think.

The law should definitely recognize homosexual marriages. I feel that all too often our government infringes on the legislature dealing with church and state lending their opinion in places it need not

be. It seems that too often our government voices an opinion in matters that just don't concern it. Homosexuals are humans as our heterosexuals. They were born just as we were, bleed just like we do and will die just like we will. They deserve to receive the same rights and benefits as Americans and as heterosexuals do. When homosexuals stop being human beings because of their lifestyles, let me know.

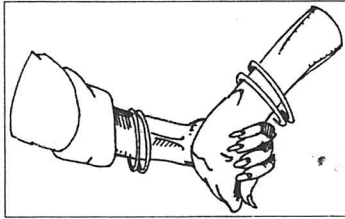
Kristine, junior

The way I see it is that a couple is a couple—whether it's male and female, male and male or female and female. I feel that homosexual couples should have the same opportunities that heterosexual couples do. If the environment is stable and it's a relationship that is responsible enough to raise a kid then they should be able to adopt children. Having homosexual couples live in my neighborhood would not bother me because I am not homophobic. I do not think it is a disease and I will catch it. Nor do I feel that the homosexual community is out to change everybody. Overall, we all should have the same rights. The thing is that there are a bunch of heterosexual, homophobic people that are deciding on the rights and who should have them.

John, senior

Personally, I don't agree with

homosexual relationships because of my belief in God and the Bible. However, I feel that homosexuals are people too and should receive the same insurance benefits as heterosexuals. I have some personal problems with adoption because I feel that



the child is growing up with the wrong idea about sexuality, but that goes back to my religious beliefs. Homosexuals get

the same adoption privileges as heterosexuals. I would have no problem if homosexuals lived in my neighborhood. When you get right down to it, I don't agree with homosexuality (again for personal and religious reasons) but I do accept it.

Carynn, sophomore

The issue of homosexuality is now being considered in the state of Hawaii. Until this is more recognized I say that the law shouldn't recognize homosexual couples as being married. However, I do believe that homosexual couples should receive the same insurance benefits that heterosexual couples receive because insurance does not relate to one's lifestyle.

I do not think that homosexual couples should be permitted to adopt children. And

if homosexual couples were to move or live in my neighborhood it would have no effect on my feelings.

I do feel that homosexual individuals should have the same legal rights as heterosexual couples.

Mr. Netter, CNU faculty

THE LAST WORD

In order to make fair non-discriminatory legal decisions regarding the rights of homosexual couples, we must first separate fact from feeling. This means that despite what our personal beliefs of morality are about homosexuals we need to attempt to objectively consider what is stated in the Constitution.

There is nothing in our Constitution that allows state, federal, public or private organizations to lawfully discriminate against homosexuals or homosexual couples. That alone need be the basis for any legal issues brought forth regarding homosexuals. Morally speaking, who are we to impose our personal opinions and their inconveniences onto the lives of others? Surely, we don't want our lives dictated by whether or not a politician likes or agrees with what we do in our personal lives. From a moral perspective I extend the invitation to each of you to join me in practicing an old, but in this case well-advised, adage: If you don't have anything polite to say then don't say anything.

Wes's World

Quick "Fixes" for Caffeine Withdrawal

By Wesley Cline
Staff Writer

Recently, I made another failed attempt to free myself from dependence on the demon, caffeine. The only thing that I achieved was a large headache. In order to relieve myself of the headache, I was forced to go on a quest for the quickest way to put caffeine into my system.

I first thought of the old staple that every slave to caffeine knows intimately—the cold soda. Though great for maintaining a caffeine buzz, I just didn't think it packed enough punch to knock out these withdrawal pains. I was even doubtful that the fabled "Jolt Cola" would measure up to my needs this time.

In an effort to get the best possible information on this subject, I scoured the telephone book for the most qualified sources. I found two sources that I felt possessed the necessary qualifications for this important task. One was a noted laboratory for the study of the effects of caffeine; the other was the local "Java Shack". The laboratory would have required a 30 minute drive, and the Java Shack was just around the corner from my house. I, of course, in strict adherence to a moral code, went to the Java Shack. I went there not just because they were closest but also because their ad stated that they give out free samples.

When I got to the Java Shack, I marched straight up to the counter and informed the pimple-faced, high school kid of my needs. He sneered and said, "Yeah? Well get in line with everyone else seeking



a fix."

I looked at the line that extended out of the entrance and about a half mile down the street and decided to use my clout a little and told him that I was an important journalist and could ruin him. He replied that he heard that same story every day from some guy calling himself Doctor Lee, and it didn't matter. He told me I still had to go to the back of the line and wait my turn like everybody else.

I demanded to see the manager. The little, zit-faced clerk called over a fellow that looked frighteningly like an older version of himself. The clerk addressed him as "brother" so I assumed that nepotism and

other morally questionable practices were not foreign to him. This was fortunate for me because these are the cornerstones of many of my investigations.

The manager and I worked out a deal in which he would reveal secret caffeine recipes to me in exchange for some free advertising of JAVA SHACK. Did I mention that I went to JAVA SHACK?

He called the first drink "The Chemist." This drink was made by taking four NO DOZ and blending them into a can of cola. This scared me because it was over the manufacturer's recommended dosage. He laughed and assured me that very few of his customers who take this concoction

come back to complain about adverse side effects. "Come to think of it," he said; "none of them have ever come back. They all seem to have nervous breakdowns and die."

The second drink he told me about really didn't rely on caffeine to work but instead triggered an adrenalin rush that would make anyone forget about withdrawal symptoms and anything else, for that matter. He called this one "The Mexican." It was made with the finest coffee beans in all of northern Iowa. The beans were roasted for weeks before they were ready to be ground and used in the coffee. The critical part was that just before the drink was served a half quart of Jalapenos were finely ground and added to the coffee pot. According to the manager of the Java Shack, people have actually spit flames after taking a sip of this mixture. He also mentioned that NASA was looking into including a thermos of this special brew on the next shuttle launch to use as an emergency fuel source.

After sampling both of these fine brews, I can safely say I no longer felt the pain of a withdrawal headache. In fact, I had no feeling in most of my upper body. "My dentist tells me that she might be able to salvage a few of my scorched teeth though they will be permanently stained. Instead of indulging in these drinks, I recommend that anyone with a withdrawal headache take a hammer and use it liberally on their skull.

It is a much safer and less painful alternative.

Women's Awareness Month

By Jessica Shumake

This March CNU will sponsor Women's Awareness Month activities to commemorate female achievements in all walks of life. The activities are intended to enrich awareness and help eliminate gender biases. The second annual event consists of lectures, concerts, programs and workshops.

Every Monday through Thursday throughout March meet at the track at 5 p.m. for a Walk for Life fitness activity.

The opening reception for Women's Month was on Monday at 12 p.m. in CC 150. Refreshments were offered as part of the festivities. Robin Blake began the series of activities last night with a lecture on "Men and Dating" in Santoro Hall.

The activities on

Mar. 12 will begin at

9:30 a.m. with a

seminar on job

nting. A

session on

"Improving

Self Esteem"

will be offered

by the Office

of Career

and

Counseling

services in

CC 146. at

11:00 a.m.

At 11:30

a . . .

storyteller

Shirana

Cooper will

share her

traditional stories

with any interested ear.

Robin Blake will conclude the day with a

special program for men entitled "If only

you can read my mind" at 7 p.m. in Santoro

Hall. At the same time in Santoro Hall

238, a Self Breast Exam demonstration will

be offered. This activity is sponsored in

part by Act One.

On Mar. 13, Robin Blake returns for a

Panhellenic Lunch in CC 150. at 11:30 a.m.

At 12 p.m. stop in for a taste of Lenten

Table talk with focus on "For Love or

Money" in CC 233.

An "Assertiveness and Self

Empowerment" workshop hosted by

Career and Counseling Services will

take place on Mar. 14 at 12 p.m. in

CC 146. Artist and professor Carol

Long will give a slide presentation

in the lounge of the campus center.

Next, gear up for free Jazzercise

instruction in Christopher's at

5:45 p.m.

On Mar. 15 Career and

Counseling will hold a workshop on

"Stress and Anxiety Management" in CC

146. at 11 a.m. A diverse collection of

agencies will assemble in the campus

center breezeway for a Vendor Fair

throughout the day. This extravaganza will

have participants ranging from Professional

Image and Beauty Control, Spirit

Enterprises, NutriSystem Weight Loss

Center and Lifeline Fitness Center to

Annette Myer a local massage therapist,

Professional Therapy Services, Advanced

Nutrition and Glamour Shots.

On Mar. 16 from 9 a.m. until 1 p.m.,

Professor Lynn Lambert will give a

workshop on "The Science of Living

Spaces" in Gosnold Hall, featuring the commencement of a year long activity of building a model mall.

In observance of Women's Awareness Month, the Social Work Association will assist Help House with their Annual Spring

Revive hope and perseverance in a lecture called "Beating the Blues."

On Mar. 19 Dr. Roberta Rosenberg will host a conversation in the campus center lounge entitled "The Power of Language." All are encouraged to attend.

On Mar. 20 explore the journey of faith with a little Lenten Table Talk at 12 p.m. in CC 233.

a musical interlude during lunch, starting at 12 p.m.

The Help House needs your donations on the 26th to help the homeless and less fortunate feel good, look good, and smell good. There will be a box placed in the breezeway of the campus center for donated hygiene items.

The Office of Career and Counseling will hold a Stress Screening and Referral in the campus center breezeway beginning at 9:30 am.

Lenten

Table

Talk

Through

Eyes of

the

Baptist in

CC 233 at

12:00 am,

hosted by

Reverend Cheryl

Harrison-Davidson.

Continuing Education

will be holding an informative

workshop on "Changing Attitudes:

Women, Work, and Family. The Peninsula

chapter of the United Nations Association

has invited anthropologist Dr. Marjorie

Snipes to report on her recent trip to Cuba.

Converse, eat and discuss the family unit

at 6:30 p.m. in CC 150. The \$29 price tag

includes dinner.

Peggy Norwood, Marian Carrington

and Reverend Cheryl Harrison-Davidson

celebrate their path to fulfillment as

"Blues Trio" in the faculty/staff talent

showcase on Mar. 28 at 12 p.m. in

Christopher's.

The Blue Wave Dancers will also

perform a routine in honor of exceptional

talent for Women's Awareness month.

Mrs. Rosemary Tribble will speak at the

closing ceremony reception. Refreshments

and hors d'oeuvres will be offered at

an informal gathering

honoring the end of a

month long celebration.

Experience storytelling with Rex

Ellis, who will be giving two family

workshops held at the Peninsula Fine Arts

Center, at 10 a.m. A quilting workshop

will begin at 1:30 p.m. also at the PFAC.

On Mar. 31, at 3 p.m. "Chosen,"

CNU's own contemporary Gospel Group,

will hold a concert in the PFAC.

These events were coordinated by the

Office of Career and Counseling, the

Office of Minority Student Services, the

Office of Student Life, the Department of

Nursing, United Campus Ministries,

Multicultural Student's Affairs, Act One,

CNU faculty, and SGA.

Special thanks are in order for Brooke

McKee and Kristy Lee for their slogan

idea.

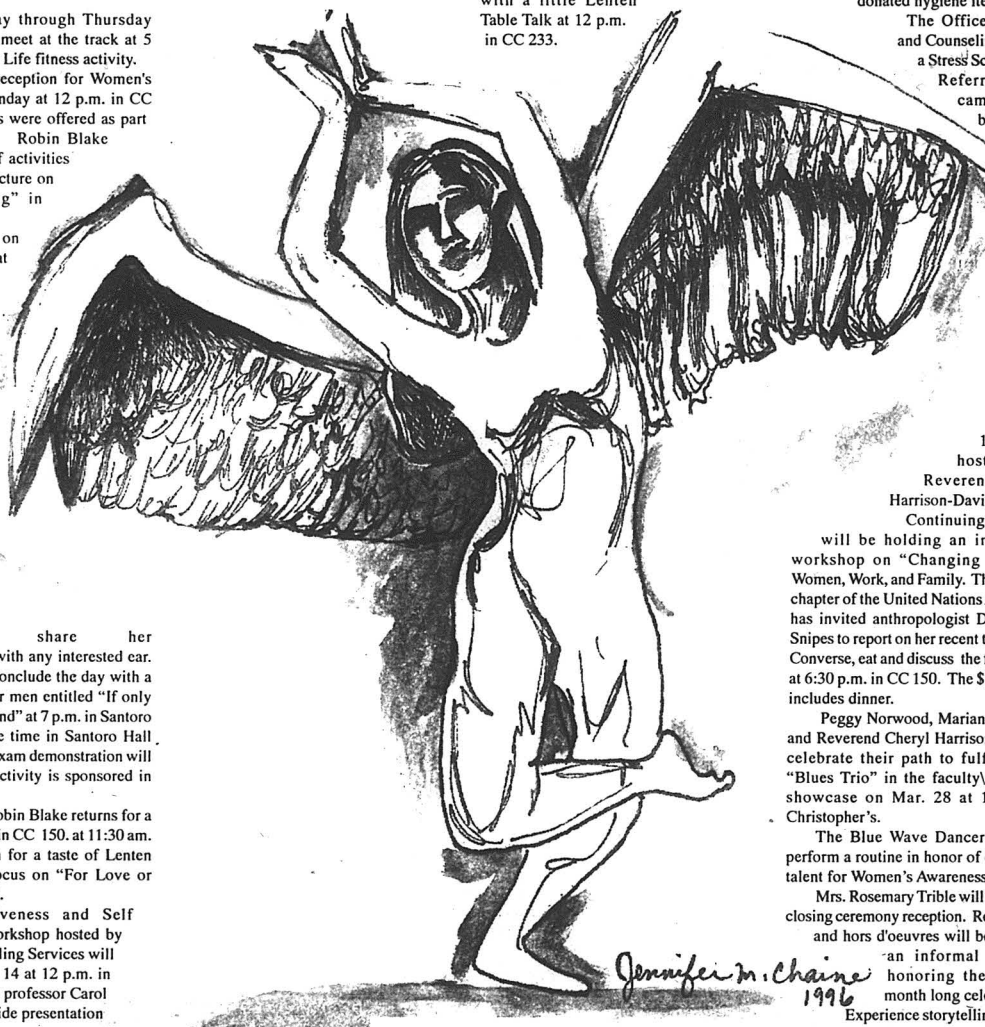
Call the Office of Career and

Counseling for more information at 594-

7047. Additional activities are to be

scheduled and will be announced as they

are confirmed.



Cleaning. The SWA has a group of volunteers going on a trip to Help House for Spring Cleaning activities. They plan to make salvaged items available for needy families.

The SWA plans to sort and arrange clothes from 9 - 10 a.m. After that, the group will set out tables to help out with the public from 10 am - 2 p.m. Help House currently needs donations of personal hygiene items like shampoo, deodorant, and toothpaste.

On Mar. 18 at 12 p.m. aliens will invade CC 146 for the Office of Career and Counseling's seminar on John Gray's pop psychology book with a message, "Men are from Mars, Women are from Venus."

Sociology professor Lea Pellet, former delegate to the Non-Governmental Organization Conference on Women of the United Nations will hold a presentation about her experience in Beijing at 1 p.m.

Learn "What to do when love hurts" on Mar. 21 in CC 146 at 11 a.m. At 12:15 p.m. Dr. Teddy Bostick will illuminate all interested on the trials and tribulations of "The Women's Suffrage Movement" in CC 233. Spend Friday night at Christopher's for a Delta Sigma Theta "Apollo" show featuring the talent of CNU women at 9 p.m. on Mar. 22.

Marian Carrington will give a lecture in the campus on "The Power of Hats" Mar. 25 at 12:15 p.m.

On Mar. 26 acoustic guitarist Tammy Bieder will entertain at Christopher's with

Closing the Gender Gap:

Women encouraged to enter male dominated math and science careers

by Judy Braginsky
College Press Service

Growing up, Deborah Goodings recalls happily standing next to her dad in what she describes as "a lot" of sewage treatment plant pumping halls, doubting she'd ever follow in his footsteps as an environmental engineer.

Years later, as a civil engineer working in New York, Goodings remembers how gratified she felt by the immediate positive impact that her work could have on people's lives after a large embankment dam was built in Pakistan by her firm.

"I love science, and I love solving real problems," she says. "I had lots of encouragement at home to pursue a career in engineering even though the field was almost exclusively dominated by men." Today, the associate professor of engineering at the University of Maryland in College Park worries about the gender gap that exists in the sciences and engineering fields. Goodings is studying the issue of women continuing to enter math and science careers at a much lower rate than men.

Statistics are disheartening. The U.S. Department of Education reports women earned more than 52 percent of all bachelor's degrees but only 31 percent of the bachelor's degrees in the physical sciences and 14 percent of the bachelor's degrees in engineering.

According to an association for Women in Science study, 40 percent of women entering college wanting to be scientists ultimately switch to other majors.

Of additional concern are the statistics for doctoral degrees; those people most likely to be future science professors. The Association of University Women reports that in 1990-91, 19 percent of physical science doctorates were earned by women, only slightly up from 17 percent in 1986-87. Even in math, where women earned 47 percent of the bachelor's degrees in 1990-91, only 19 percent of the doctorates were earned by women.

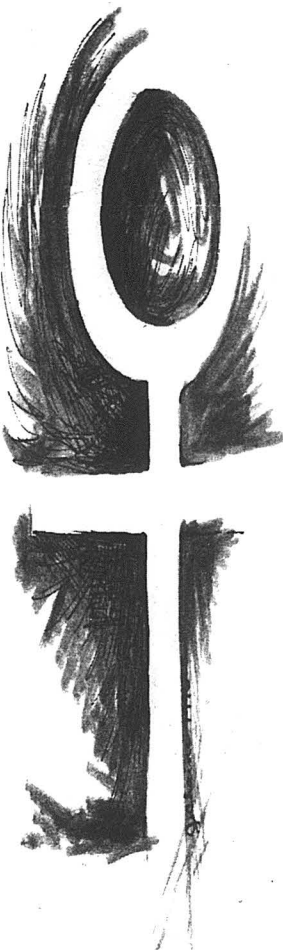
"It's not that we need more engineers, we need the best engineers," says Goodings. "If we are losing a group fully capable of the academics, this tells us we should be doing something a little different."

Goodings' concern is shared by colleges across the country as more and more programs are inaugurated and expanded to make these fields more friendly and attractive to women. Increasingly, women undergraduates are linked with one another and adult role models to bolster their confidence. By coming in contact with women scientists and engineers through mentoring programs, it is hoped that undergraduate women will be more likely to stay in math and science and get top grades in the same proportion with men.

Dartmouth College's 1994 graduating class, for example, represents a milestone for the college's 4-year-old Women in Science Project (WISP). In June 1990, the number of women earning science degrees from Dartmouth had dropped to 12 percent (45 women), the lowest level in its co-educational history. That fall, WISP was introduced as a pilot

project to encourage more undergraduate women to pursue degrees in math, engineering and other sciences.

One key to Women in Science Project is paid in research internships offered to first-year women students who think they want to major in the sciences. In addition, their are mentoring programs, science seminars, a science study room and tutors,



a newsletter and visits to industrial sites. On June 12, Dartmouth awarded science degrees to nearly 100 women, or 21 percent of the female senior class.

"The women in Science Project can't take credit but obviously we're extremely pleased," says director Mary Pavone. "A woman's viewpoint in the sciences expands and enriches the basis of knowledge and sometimes changes what it is we know about a particular area. 'We're doing what we can for undergraduate women, but the mold is cast in high school and earlier. If girls receive no encouragement toward the sciences, they'll head in another direction and cut their options needlessly.'"

At Penn State University, two dorm floors, one for men and the other for

women, are now reserved for freshmen in the technical majors and called the Freshmen in Science and Engineering (FISE) House. Its purpose, too, is to increase the retention rate of student members of groups under-represented in science and engineering majors.

"It's a real community," says Cathy Dawson, program assistant on the women's floor and a junior in environmental resource management. "The students live with peers who are in the same classes and who have the same goals in life. They are each others' role models."

"Also students in science and engineering sometimes feel isolated because of the amount of studying required limits their social time. Here, friends study together."

In its first year of operation, FISE House had 13 students pursuing degrees in science, 33 in engineering, 6 in earth and mineral sciences and 14 in agriculture. The house has an equal number of men and women and a large representation of minority students. At the University of Rochester, teaching assistants are being trained to make the classroom "climate" more welcoming to women science majors.

Priscilla Auchincloss, a particle physicist and research associate in physics and astronomy at Rochester, heads the university's Program on Women and Science. She and her husband, Arie Bodek, a professor of physics and astronomy, developed the training program, "which is all about raising awareness of the subtle ways we tend to stereotype and pigeonhole women and letting that awareness begin to transform behavior," says Auchincloss. "There are simple things instructors can do like making eye contact and giving everyone equal responsibility in the laboratory."

Auchincloss has also developed new courses and set up a special advising system for women in science. This past summer, she stated the PreCollege Experience in Physics (PREP) program for girls in area high schools. "It makes sense to expose girls to careers in science and give them broader definitions of both 'women' and 'scientist,'" she says. "With PREP, 24 girls have met with women scientists and talked to them about their lives. They had a chance to ask, 'Do you have children too?' and 'Do you think you can have it all?' Then we start bringing these girls into the equation."

Auchincloss says more women are seeing science as an option, but few make it to the senior levels where they could be visible as role models and decision makers.

"It all comes down to self-esteem. Girls think science is too hard. They're concerned about their grade point averages and tend to take classes which they get high grades in. It's true science classes are more difficult, but it isn't always necessary to be the best in something. You can still love an area and develop strength in it even if you don't do well at first."

"We advise girls that they will bring a different perspective to solving a problem that will lead to better objectivity and, ultimately, better science."

Oh Captain, My Captain



Dear Captain:

When will CNU get on-site childcare for both students and employees?

CNU Mom

Dear Mom:

According to Dean Spicer's office, the issue of on-site childcare is being explored by the Quality of Life Action Group, Enrollment Management Task Force. The task force is comprised of both student and faculty representatives, and hopes to issue a recommendation soon.

Dear Captain:

Why do you have to fill out each form in the registrar's office at least twice before the new information (name change, change of address) is processed?

HPG

Dear HPG:

According to CNU Registrar Phyllis Bagley, the news for frustrated CNU students is good. In addition to restructuring office procedures, the current system used by her office is in the process of being upgraded. Your Captain advises patience, HPG, the jump to lightspeed is just around the corner!

Dear Captain:

I have noticed that different departments maintain different grading scales. How does the University justify this inequality regarding one's GPA?

Grade Conscious

Dear Grade:

The University ten-point grading scale was determined by joint decision of the president, provost, and faculty senate. A final grade of 'A' is worth 4 grade points whether an individual professor's idea of 'A' work is 95- or 90-100. Since that is not likely to change, your Captain suggests kissing-up to the 95-100 professors, and just doing your best for the rest!

Dear Captain:

Will there be a tuition increase next semester?

Poor but Proud

Dear Poor:

According to University Relations, CNU's Board of Visitors will meet to discuss next year's tuition increase following the General Assembly session at the next regularly scheduled meeting of the board in April.

Oh Captain, My Captain questions are researched and answered by staff writer Karen DiGorgio.

If you have questions for the column place them in the Tape-A-Quarter box and label it "Oh Captain, My Captain."

There is no charge.

Great season comes to an end

By Chris Perry
Staff Writer

The Captains, playing in the "sweet sixteen" for the second time in school history, lost to the Bears of Washington University (Mo.) 87-71 at the C. Homer Bast Center on the campus of Roanoke College.

"I give Washington all of the credit in the world," said Head Coach C.J. Woollum. "I don't think we were at our best, but that certainly does not detract from their effort. They were the better team tonight for sure."

Senior Andre Bolton simply said that the Bears kicked our butts tonight. You can't get around it, they just beat us to death."

The first half of the contest opened up as a back and fourth battle. Washington won the tip and quickly scored. CNU's Jeff McLean answered with a bucket. Slowly, however, the Bears took control. Frustration began to show on the faces of the Captains as Washington's slick ball movement allowed for many clear shots in the paint and from three point range. A deficit of two points at the 16:02 mark turned into 18 points with 1:50 remaining in the half. McLean scored two of his 14 points as time was running out, to send CNU into the break trailing 47-29.

The stats helped tell the story of the first half as the Captains hit 14 of 35 shots from the field (40.0) compared to the Bears sinking 19 of 30

(63.3). CNU scored only one of seven three-pointers (14.3) while Washington hit four of 10 (40.0). Also, the Bears sank five out of six from the free throw line (83.3) while the Captains had only one shot and missed.

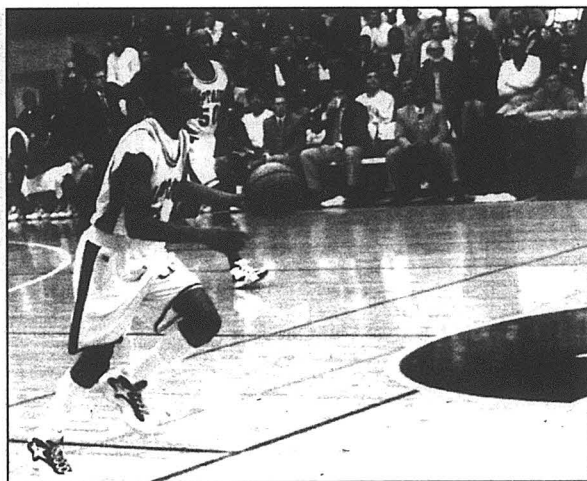
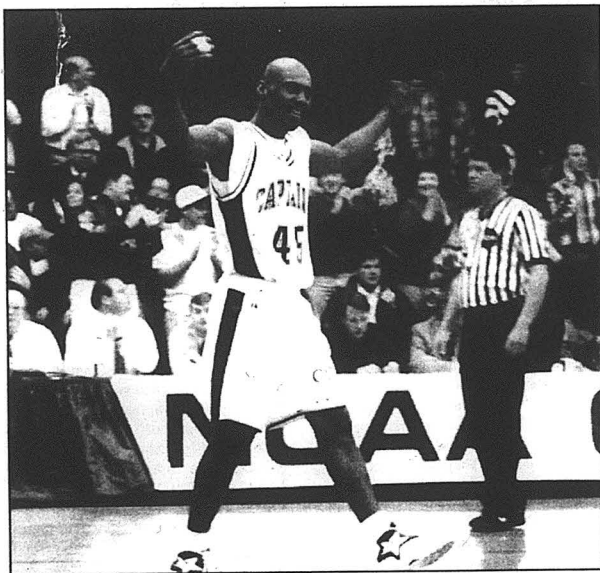
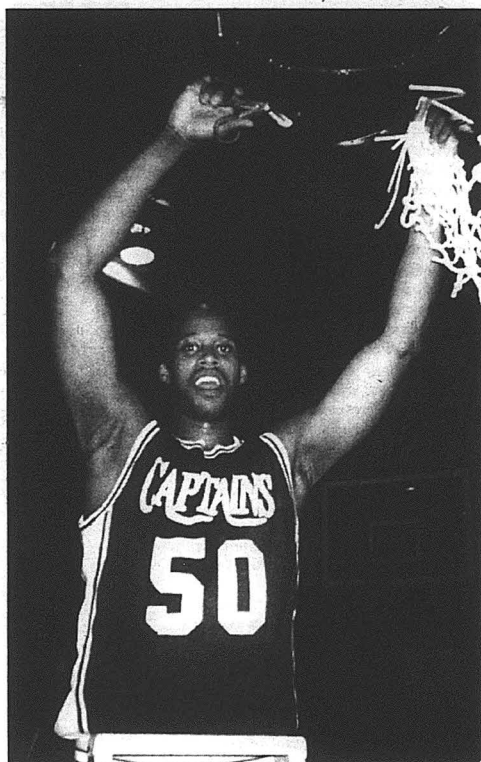
The second half looked a little brighter for CNU. The team was able to make several runs at coming back, including cutting the score to 59-46 with 11:27 to go after Bolton connected. The Captains, however, could not catch up. Although CNU outscored Washington 42-40 in the second, the Bears took the win and advanced to the South divisions championship game.

McLean led the Captains in scoring with 18 points. David Powell and Mike Holland scored 15 and 10 respectively.

"I felt like we (CNU) were well prepared and thought we really knew what they (Washington) were going to run," said Woollum. "Early on we just seemed to forget it. . . . We got in such a whole early, it was tough to get out."

The loss to Washington should not take away from the tremendous year that the Captains had. The team won the Dixie Conference Championship and finished with a record of 24-6, tying the school record for single season wins.

"It has just been a tremendous year for us," said Woollum. "These three seniors," referring to Bolton, Terry Thomas and Tony Wood, "have been a part of something special."



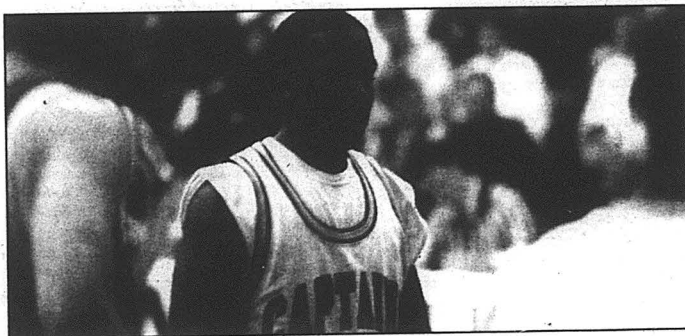
page 6

above: Senior Tony Wood hypes the crowd as the Captains struggle past Millsaps.

top: Terry Thomas brings down the net, after securing the Dixie Conference Title.

right: Freshman Jamaal Branch concentrates at the line against Millsaps.

middle right: Andre Bolton pushes up the hardwood to the hoop in CNU's second round victory.



The Captains edge on to round three

By Chris Perry
Staff Writer

C.J. Woollum has accomplished a lot as coach of the CNU Men's Basketball Team. One feat left unconquered, however, was winning two NCAA tournament games in a row.

As with the first round game, another turn-away crowd packed the gym for the contest. In a very physical first half of play, CNU traded the lead with Millsap's on several occasions. With nine minutes remaining, Andre Bolton broke a 17-17 tie with a jumper to give the Captains the lead for the fourth time in the game. Bolton's 14 points in the first helped give the Captains a 40-30 lead heading into the half.

CNU added to that lead in the opening minutes of the second half, as the Majors trailed by as much as 56-39 with 11 minutes to play.

Then, slowly, Millsap's crept back into the game. As the clock ran down, the score became tighter. The Majors came within two points with 46 seconds remaining after converting two free throws.

Then, as Bolton let the remaining seconds tick off the clock, he was called for an offensive foul, his fifth of the game, with 18 seconds to go.

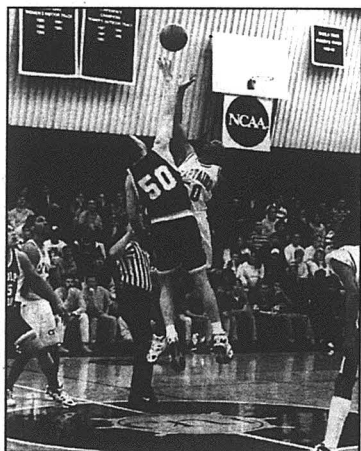
The Majors had the opportunity to tie the game or go for the win if they could just get the ball in bounds. They couldn't, as Millsap's Johnny Brunini tried to run the

baseline to inbound the ball. He was not allowed to do that, therefore giving the Captains the ball back. CNU's Sean Phillips was fouled on the next possession and converted two free throws. Millsap's Brunini answered with a lay in of the glass to make the score 71-69 with nine seconds left. The crowd came off the edges of their seats to their feet as Mike Holland sank two free throws, after a desperation foul by the Majors, to give the Captains the victory at 73-69.

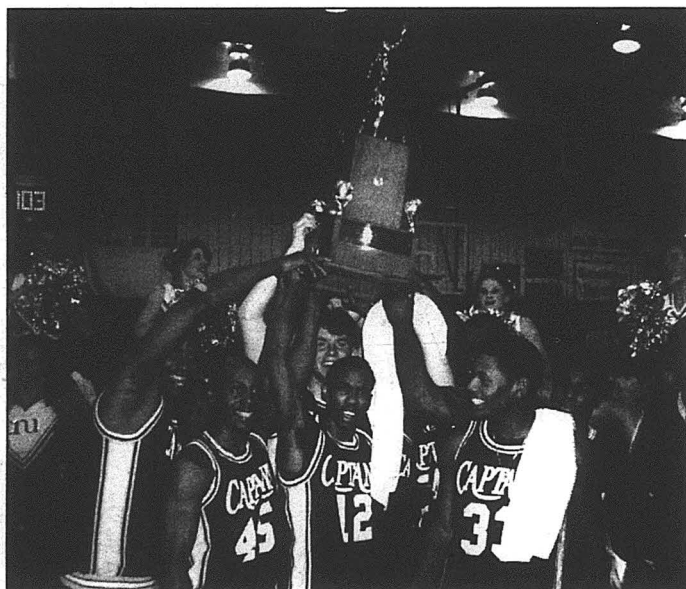
Bolton was the leading scorer of the contest with 17 points. David Powell, Matt Bryant and Jeff McLean each had 10, while Terry Thomas had nine points with four blocks.

Woollum, in a very hoarse, emotionally drained voice said, "We shouldn't have let it get that close. We had a big lead and we did some goofy things to let them back in." Woollum also said that being at home, with another great crowd, added to the victory.

"Our wake-up call came with about 10 minutes left in the game," said Millsap's Coach John Stroud. "If we would have had five more minutes, I think we would have won."



PHOTOS PAGES 6 & 7 BY CHIP DODD, CHRIS PERRY, RICARDO MAJOR, AND ROBERT OVERTON



top right: The final pep talk before tip-off against Randolph Macon.

middle right: CNU seized the Dixie Conference title beating Shenandoah 103-93.

below: Andre Bolton, Matt Bryant, and Sean Phillips talk defensive strategy.

left: Terry Thomas' mid-air struggle for the tip-off



CNU News

Omicron Delta Kappa Society, Inc. Awards Charter to CNU

The national leadership honor society, Omicron Delta Kappa will open a new circle on the CNU campus later this month. Faculty advisor and professor of English Dr. Doug Gordon said, "There is no other national honor society, other than Phi Beta Kappa, that is so highly recognized in American colleges and universities. It also gives high distinction to the students of our university by a national honor society."

The national leadership honor society, founded on December 3, 1914 at Washington & Lee University in Lexington, Virginia, will present a formal charter to CNU in the Campus Center, 150 on Mar. 29 at 7 p.m.

20 charter members, including members from CNU's faculty and staff, government and public affairs professor Lewis Nicholson; associate professor of physics, Jane Webb; Police Chief Gerald Bright and former director of Peninsula

Habitat for Humanity, Lorraine Austin will be inducted into CNU's Omicron Delta Kappa circle.

Cheryl Hogel, vice president for extension of Omicron Delta Kappa and associate dean of students at SUNY (State University of New York), will preside over the ceremony.

CNU President Paul Tribble, inducted into Omicron Delta Kappa at Hampden-Sydney College as an undergraduate, will speak on leadership and the future of CNU at the ceremony. Gordon said, "It is good fortune that our new president is a member of ODK and will be there to participate in a milestone of academic excellence at the university."

ODK has 17 circles in Virginia and several hundred throughout the United States. ODK encourages achievement in scholarship, athletics, campus or community service, social and religious activities, campus government, journalism, speech and mass media, and creative and

performing arts. Membership is awarded to undergraduate junior and senior students, to students of graduate and professional schools, to members of the faculty and administration, and to alumni.

CNU Nursing Program Receives \$22,500 from Regional Foundation

The Lettie Pate Whitehead Foundation, chartered in 1946 for the aid and benefit of deserving Christian women, has renewed its scholarship grant for the 1996-97 academic year. The regional foundation first awarded the grant to CNU last year and increased its offering by \$2500 this year.

Nursing department chairman Dr. Barbara Harrison is pleased with the growth, and with the recognition the program

is starting to receive. "I think more and more people are becoming aware of our program and what it has to offer for the nursing professional."

Seven nursing majors have been awarded scholarships from the 1995-96 grant:

Michelle Anderson, Sherie Keyworth, Josette Hill, Danielle Rorabaugh, Rachel McLaughlin, Cassandra Morelos, and Terry Richards. Recipients for the 1996-97 grant will be selected this summer.

Morelos, a mother of two who is coming back to school for a second time said, "If CNU would not have offered a nursing program, I would not have been able to pursue my degree. This university is 10 minutes from home and made it possible for me to continue being a mom and a wife."

For further information on the grant, call D. Barbara Harrison at 594-7556.

News brief information provided by Office of University Relations

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1. Standard & Poor's Insurance Rating Analysis, 1995; Lipper Analytical Services, Inc., Lipper Directors' Analytical Data, 1995 (Quarterly). For more complete information, including charges and expenses, call 1 800 842-2733, extension 5509, for a prospectus. Read the prospectus carefully before you invest or send money. TIAA-CREF Individual & Institutional Services, Inc., distributes CREF certificates.

Scholarship News

The CNU office of Financial Aid announces the following scholarships available to students from private organizations.

Applications are available in the Office of Financial Aid.

\$1,500 Grant for computer science students

The Washington, D.C. chapter of the Association for Computing Machinery offers a \$1,500 grant to undergraduate and graduate students and doctoral candidates from Washington, D.C., Maryland and Virginia whose studies involve computers or computer science. Students need not be in the department of computer science.

Students must be degree-seeking and must have obtained at least second-semester, sophomore status.

An application, transcript, essay and letters of recommendation are required, and are due by April 17.

Lottie Lisle Scholarship for female math majors

The Virginia Business and Professional Women's Foundation is offering the Lottie Lisle Scholarship to assist junior and senior female math majors with college tuition.

Students must be studying toward a baccalaureate degree in mathematics or an advanced degree in mathematics or actuarial science.

Candidates must be 18 years old or older, attend a college or university in Virginia, be a resident of Virginia, and have a GPA of 2.5 or higher.

An application, transcript, and three letters of recommendation are due by April 1, 1996.

AICPA scholarship for minority accounting students

Merit based and need based scholarships are available to undergraduate

minority students studying accounting, and to several specific graduate programs from AICPA.

Students majoring in accounting with an overall GPA of 3.0 or higher who have completed at least 30 semester hours are qualified. Students must be taking at least 12 credit hours in an undergraduate program or at least nine credit hours in a graduate program. The scholarship is renewable.

An application, official transcript, financial aid worksheet, and federal student aid report (requires completion of free application for Federal Student Aid) are required by July 1, 1996.

Sue Deaton Ross Scholarship

The Virginia Association of Student Financial Aid Administrators offers the Sue Deaton Ross scholarship to a CNU student for 1996-97 in recognition of Sid Dugas' service as outgoing president of VASFAA. Dugas is CNU's Director of Financial Aid.

The applicant must be a Virginia

resident, a full time CNU student in an undergraduate or graduate program, and enrolled for the Fall semester.

An application for the scholarship and for CNU financial aid is due by April 1.

John L. Carey Scholarships up to \$5,000

The American Institute of Certified Public Accountants is awarding five scholarships to students with Liberal Arts degrees who are now pursuing graduate accounting study. The scholarship is based on academic achievement, leadership, and future career interests.

An application, official transcript, and score reports from graduate school admissions tests are required.

The John L. Carey Scholarships are awarded in amounts up to \$5,000. See the CNU Office of Financial Aid for more information.

Information for Scholarship News is provided by the Financial Aid Office.

Online continued from page 1

university, and his position reinforces the importance of the use of the Web in online classes. Trible had spoken previously on the importance of technological communication, specifically suggesting the use of campus wide voice mail to improve the communication between faculty members.

New bulletin board software available by fall will have the same commands already used on the present system. Users will send e-mail rather than posting messages.

Students are strongly encouraged to obtain an Internet access provider to facilitate access to CNU Online. Currently, CNU Online has only 20 local call up connections. These can become clogged with heavy use.

Internet access from another source provides additional avenues to reach CNU Online. Access will be through Internet or a local phone number, for those within the calling area. Students beyond the local calling area will need to get a monthly subscription to an Internet access provider.

Students will still have access to the CNU Online lab and the computer lab in McMullan Hall. Husband said, "CNU will maintain a training lab that we believe to be more user-friendly." Lacey Fuhr, an Online lab assistant, said, "We've learned to use the World Wide Web so that we can teach professors. We got to make our own home pages, which is pretty neat." "On the Web, you can put graphics and colors and do more with it," Fuhr said. "Once you figure out the commands, it's pretty easy."

CNU will offer instruction on navigating the World Wide Web through a computer-managed communications system. Using a computer and modem students are networked with other students, instructors, and teaching resources.

Students send their course assignments as written messages. They receive assignments, comments on their work, and

engage in group discussions as written messages. Any testing required by a course is also done Online. Since library resources are available on the Web, this will be an asset to those taking an Online course.

Those best suited to take Online classes need self discipline. There are no traditional class meetings. The online student must be motivated to begin work on time and keep up with assignments.

Online education generally appeals most to the independent and active learner who expects a mature and cooperative relationship with instructors and other students. It is an alternative for the busy adult who finds it difficult or impossible to attend college during regular hours.

Online education offers an option for those who have a disability or are homebound—people for whom classroom attendance in the traditional sense might be otherwise impossible. Completing a college education becomes possible for those whose responsibilities include the care of children, shift work, and long hours on the job. One of the greatest benefits of online courses is flexibility.

Computer system hardware and software requirements for CNU Online classes will be taught using both the Internet and the World Wide Web.

In order for students to receive the maximum advantage of the Online system, the following computer hardware and software will be required to take any classes via CNU Online. Regardless of whether they choose to use McMullan lab computer at all times all CNU online students will be required to purchase their own systems. Hardware for IBM PC Compatibles includes a 386 CPU or higher with 4 megabytes of memory and 30-50 megabytes of free space on hard drive. VGA video output and a 14.4 modem is required. However, this system will be slow.

The recommended system would have a 486 CPU or higher with 8 megabytes of memory with 50 megabytes of free space on the hard drive, and a 28.8 modem, and

SVGA video output. Ideally, students' computers would be equipped with DOS 6.0 or higher, Windows 3.1 or higher, 28.8 modem software for IBM compatibles, and Netscape Navigator 1.2 or higher. This is distributed directly by CNU Online with written permission from Netscape Corporation, this is also available for purchase at software stores or at ftp. Netscape.com.

Similar levels of capacity will be required if a student chose to purchase a Macintosh instead. Hardware for all Macintosh users has a minimum requirement of MAC II or higher, 5 megabytes of memory, 30-50 megabytes of free space on hard drive, and a 14.4 modem. A Macintosh operating system 7.0 or higher is recommended. Quadra, PowerPC or higher, 8 Megabytes of memory, 30-50 Megabytes of free space on hard drive, and 28.8K baud modem would be useful. MAC operating system 7.0 or higher software for Macintosh users must also use the same Netscape Navigator requirements for IBM release—1.2 or higher.

Students may enroll for a combination of both Online and classroom courses. Online courses can be used to fulfill requirements for any university degree program, are transferable to other institutions and may be used to satisfy BSGA requirements. Online courses are identified by the suffixes of -70, -71 or -72.

A student may register for a maximum of 18 credits (online and classroom) in the 15 week and 7 week sessions unless there are other limitations. No student will be allowed to register for more than 10 credits in one 7 week term. Students who wish to take more than 18 credit hours must obtain permission from the Academic Status Committee before registration.

All online students will be provided with online training and written instructions to prepare for their courses. Training sessions are offered in the CNU Online lab, room 155 in Santoro Hall, the week before each course begins. Call (804)

594-7607 for reservations.

Individualized interactive tutorials with the instructor and discussions with other class members are available 24 hours a day, 7 days a week.

A voice "Help line" is available by calling (804) 594-7680. Online help is available by sending an e-mail message to the systems staff at the WWW homepage (<http://cnuonline.cnu.edu>). Students registering the week before classes start or during late registration must contact CNU Online staff at (804) 594-7607. Instructional materials are needed to master the online skills. These skills are essential for effective online performance.

CNU Online requires minimal computer skills to include basic understanding of Online communication via modem, word processing, and basic e-mail skills. If a student who cannot master these basic skills before the end of the first week of class should withdraw from the online program and seek classroom sections.

Students may enroll in Online courses through the Registrar's Office by telephone, U.S. mail, or in person. Students must also register with CNU Online by leaving an e-mail message at the World Wide Web site at <http://cnuonline.cnu.edu>, or by phoning the office at (804) 594-7607.

When enrolling for any Online class the following information must be supplied to the CNU Online staff: Student name, address, and telephone number and type of computer system in use (See minimum requirements) and classes in which the student is enrolled.

The CNU Online programs deliver the courses over a computer managed telecommunication system that networks the student's computer with those in the CNU Online lab. Online courses do not meet in a classroom or at scheduled times of the day. CNU Online can be contacted by dialing the local access phone number (804) 594-7638, using the Internet via <http://cnuonline.cnu.edu>, or using Internet via Telnet as cnuonline.cnu.edu.

Collaboration brings world premiere play to CNU

CNU professor and dramatist edits and directs local playwright's "Phaedra"

by Melanie L. Stokes
Staff Writer

A woman falls in love with her stepson while her husband is away. She acts on her feelings, pursues her stepson, and is rejected. Her jealousy and rage consume her and the plot of "Phaedra" unfolds.

"Phaedra," an original interpretation, premieres in the Gaines Theatre on April 12, 13, and 14.

Bruno Koch, CNU theater professor, collaborated with local playwright Robert P. Arthur to create the modern play based on the ancient original of Greek mythology.

Arthur's and Koch's collaborative effort brings a world debut production to a CNU cast, and appeals to a new generation of theater-goers.

"The subject matter is fascinating," Arthur said. "We have updated the motivation of the characters. We look at extreme jealousy and it really gets to the core of all human experience."

Arthur said his modern Phaedra and other characters are accessible to today's audience.

"Most of us come at life with three different perspectives at one time or another," Arthur said. "We have all had passions, been sought after or been an object of someone else's passion, and we have all been jealous."

In altering the play, Arthur and Koch considered that, "there are a number of things a modern audience will not sit through," Arthur said. "The play had to be shorter and less speechified." "We cut it down quite a bit in length but not in impact," Arthur said.

As editor of the work, Koch wanted "less rhetorical baggage" than the original, he said.

"The version is lifted out of any part of a time period," Koch said. "It is made accessible to a modern audience, while keeping the story's fundamental mythological frame."

Arthur said the new play will capture

the CNU audience.

"Phaedra will fry them--stun them in an emotional bath," Arthur said. "People are not going to walk out of the theater humming a tune."

The Arthur and Koch creative team began with a personal friendship. The bright blue and yellow painted walls in Koch's small, square office serve as a backdrop for the two colorful artists as they discuss their project.

"I was at Bruno's home one evening when he suggested I work on an interpretation of Phaedra," Arthur said. "As soon as he said it I knew it was right."

Arthur, an English professor at the Virginia Beach Campus of Tidewater Community College, has written six plays and two books, including a book of poetry entitled, "Hymn To The Chesapeake" (Road Publishers). Arthur is a former drama critic and columnist for The Virginian Pilot/Ledger Star newspaper. He founded the Port Folio magazine drama awards and the Blackwater Review, a literary magazine. Arthur is currently a columnist and critic for Port Folio magazine. His play "The Libertine" premiered at James Madison University last summer. "Phaedra" is his first work with CNU.

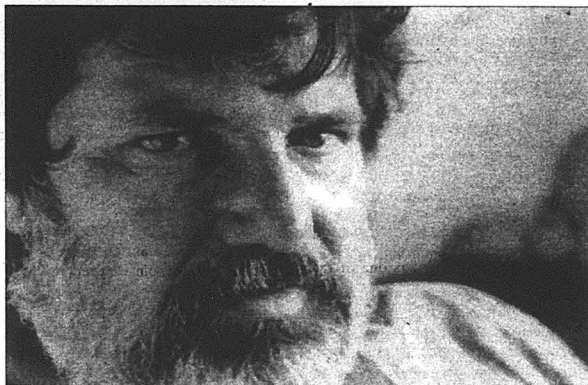
"Bruno and I decided Phaedra would have a higher rhetoric and a poetic feel," Arthur said. "When you raise the rhetoric you up the stakes for everything but you also give the work universality by allowing for interpretations."

Arthur wrote the play during the summer of 1995 while Koch coached him and extensively edited the piece. "Bruno is an excellent writer, critic, and editor," Arthur said. "I knew he would take me to school."

Arthur said the effort is, "a real collaboration, every aspect of it. Bruno forced me to focus."

With Arthur as the experienced writer and Koch the seasoned dramatist, the two merged talents to create "Phaedra."

Arthur calls himself, "Long winded



ROBERT P. ARTHUR, Virginia Beach Writer, Creates "Phaedra" for CNU

PHOTO COURTESY OF ROBERT ARTHUR

and undisciplined" in comparison to Koch. "Bruno has a good sense of economy and a fine sense of drama," Arthur said. "I have more of a sense of words and he focuses me."

"Bruno has the power of expression. He is a stage crafter," Arthur said.

The creators promise to "explore various elements of the theater including lighting and soundtracks," Koch said.

"Why just write a word play when you can bring in other elements?" Arthur said. "This play will be very expressionistic looking and people will be surprised at the impact a poetic delivery can have on them."

As director of the CNU production, Koch has concerns about making his ideas a reality on stage.

"Our ability to project is almost nil. We need more space and the apparatuses to do everything we would like to," Koch said. "We are limited by the confines under which we are working."

Koch acknowledges inefficiencies in CNU's theater technology, but is confident in the talent of the staff and cast. "We will squeeze every ounce of creative energy out of them," Koch said.

"We look to the actor to amplify what we are doing," Arthur said. "No actor is given a green light. They stay in the parameters of the author's interpretation."

"The basic marching order, I give to my actors," Koch said. "The truly creative actor works within parameters. That is their job," Koch said.

Arthur is confident in CNU's ability to bring his work to life.

"Frankly I think Bruno is the best director in the area, and that George Hillow is the best set designer. That is a fact," Arthur said.

"That is a bit awesome. The lineup at CNU is awesome," Arthur said. "You guys are spoiled at CNU and you do not know it." "Krissey Keene and Jay Hutchins are excellent student actors who won Port Folio awards and with the Bruno and George, you have four of the best theater people in the area," Arthur said.

Referring to CNU's Director of Theatre, Dr. Naum Panovski, a former Yugoslavian, Arthur said, "Now CNU has imported an international star. It is quite an awesome lineup."

"If this play fails," Arthur said, "I will take the blame."

The Captain's Log is accepting applications for the positions of News Editor and Advertising Director.

If you have a nose for news the Captain's Log wants you. Experience in PageMaker and journalism is recommended, but not necessary.

Acquire excellent marketing experience by directing The Captain's Log's advertising department. Again, PageMaker is recommended but not required.

Both are paid positions and carry with them excellent recommendation and valuable experience.

Applications can be picked up in the Campus Center on the second floor at the Captain's Log office.



Faith Matters

by Pam Chan
Director of InterVarsity Christian Fellowship

What is grace? We use that word to describe a lot of things. A woman who is full of grace is beautiful and charming. A gymnast or dancer who moves with ease displays grace. A prayer before a meal is sometimes called grace. We might address a queen as "Your Grace."

There is yet another definition for this word. To show someone grace means to give him something good when what he really deserves is something terrible. In this sense of the word, grace is one of the qualities of God. God doesn't owe us anything. For the most part we've blown Him off, so why should God do anything good for us? And yet, God is giving us good things all the time. Think about the things that are part of your life that you are grateful for, things that you didn't have to work hard to earn, like a friend who really cares about what happens to you, a sunny day, a treasured gift someone has given you. We are always taking for granted that the source of all of these good things is God.

The ultimate way God has shown us grace is to give us part of Himself, to give

us His Son to die, to take on Himself the terrible things that we deserve for our bad attitude toward God. This was necessary for us to know forgiveness, for the gap between us and God to be closed. The nature of grace is that it is somehow drawn to trouble, to danger, to the places in life where it is most needed. Think about the places in your life where things seem twisted up, where the guilt or shame you feel is too heavy to keep carrying, where pressures are pulling you in too many different directions, where you feel alone, overwhelmed, and unsure if you can make it on your own. Those are the exact points in your life where God wants to show you His grace. For us to experience grace and forgiveness, we just have to admit that we need it and believe that what God has done in giving His Son, Jesus, is real and that what He promises is true.

If you are at a place in your own life where you feel desperately a need for grace, think about asking someone who has experienced the forgiveness that God offers us through Jesus to talk with you about it. That might be God's way of holding out to you the help, the grace, and the peace you are searching for.

Rave Reviews

by Elizabeth MacGahan

Mitty's
1000 Omni Blvd. tel. 873-6664
beer, wine, full bar, espresso & cappuccino
\$\$\$

Mitty's has a classy atmosphere rare on the Peninsula. They have a fancy menu and a wood burning stove. They have fine wine and polished service. But the food is no longer reliably good.

I tell you, I don't know whether to wind my ear or scratch my watch. The first time I sampled their rich Italian fare, I nearly tipped over dead—with delight. In one or two more visits, I covered more ground on the menu and had declared them my new favorite restaurant. Then, on my most recent excursion, I almost died again. I ordered the salmon della casa. The smell of the obviously spoiled fish almost knocked me out of my chair. Undaunted, my faith unshaken, my companion and I sauntered over to the first line cook we saw in the open kitchen and approached him with our problem. He denied our allegation, whereupon we offered him a taste of the supper. He was not up for that challenge.

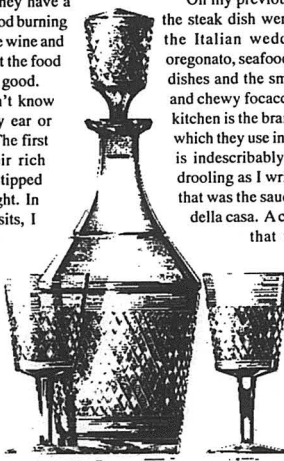
Even faced with such obvious lousiness, we offered the kitchen another chance to redeem itself. My companion ordered a rare steak. Mitty's offers a dish which includes two medallions of filet mignon with a Dijon mustard sauce, and fresh, crunchy asparagus spears, all served over tender cappellini. I selected a simple Italian restaurant standard—

Penne a la Vodka. What we actually received was a lukewarm, mid-rare steak, and overcooked penne with what appeared to be stewed tomatoes and some rubbery microwaved cheese.

On my previous visits the salmon and the steak dish were outstanding, as were the Italian wedding soup, the clams oreganato, seafood fra diavolo, most pasta dishes and the smoky, perfectly crunchy and chewy focaccia. The best item in the kitchen is the brandy cream tomato sauce which they use in a couple of dishes. This is indescribably rich with flavor. I'm drooling as I write... Unfortunately, that was the sauce on my fateful salmon della casa. A call to Mitty's confirmed that they have a new chef since a year ago. I hope the new guy cleans up his act.

So dinner at Mitty's is hit or miss these days. Lunchtime still features the same buffet, which is pretty good—far better than Burger King, and a bargain too.

Dessert is where they shine. They make their own napoleons, and serve heavenly, cloudy-light tiramisu. Coffee is strong and nutty, and espresso and cappuccino are stronger and made correctly—a rare bonus in this area. Take your chances with a light meal, or just go there for dessert and coffee if you aren't up for the rush of danger. Definitely don't miss the airy pastry and the miraculously light and not-too-sweet cream filling of the napoleons. Be ready when you see it. It is served as a huge, snowy-white cube, all cream, pastry and powdered sugar. They don't ruin the puff and crunch with the heavy, over-sweet glaze or yellow, gluey custard traditionally featured on the grocery-store variety.



How To Writing Workshop Review

by Karen DiGorgio
Staff Writer

If you missed the Writing Center's "How to Answer Essay Questions" workshop on Thursday, Feb. 22, in McMurrin Hall, then you missed an opportunity to enhance a valuable test-taking skill. Dr. Maureen Archer, Director of the Alice F. Randall Writing Center, began the workshop by introducing the key presenters, Misty Mick and Jennifer Hess, writing tutors for the Center. The writing center is located in Room 163 of Santoro Hall.

In addition to providing a number of helpful handouts, Mick and Hess answered questions from student participants and gave presentations on topics of general interest to students.

One audience member asked Hess if the question should be restated when answering an essay question.

"Yes," said Hess, "the easiest way to come up with a thesis sentence is to restate the question -- during an exam is not the

time to be creative."

Hess also recommended concentrating on key words when formulating the main body of your answer.

Mick's presentation concentrated on the structuring an essay and composing a thesis statement.

"I suggest students take a few minutes to make an outline of what they want to say, and a few more to compose their thesis sentence," said Mick.

Mick also stressed making every element of the essay point back to the thesis statement.

Hess and Mick offered a suggested time table for answering an essay in a one-hour time frame: ten minutes to compose the thesis and outline, forty minutes for writing the body, and ten minutes to proofread for errors and content.

Hess, Mick, and other CNU student writing tutors will be happy to address writing concerns at the Alice F. Randall Writing Center. Call 594-7684 for hours and other information.

The Crossword

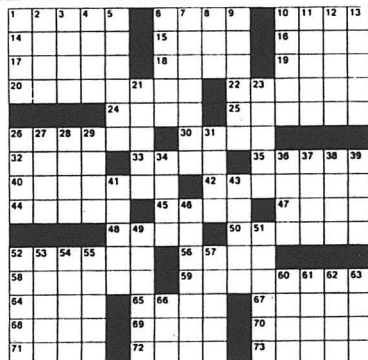
THE Crossword

ACROSS

- 1 Located
- 6 Treaty
- 10 Belfry denizens
- 14 Over
- 15 Jail
- 16 The Beehive State
- 17 Church official
- 18 Powder
- 19 Italy's capital
- 20 Understood
- 22 Dog shelter
- 24 Sell
- 25 Most recent
- 26 New Jersey city
- 30 Currier and —
- 32 Toward shelter
- 33 Hamlet, e.g.
- 35 Rub out
- 40 Skunk
- 42 Library sign
- 44 Throb
- 45 Director
- 47 Rise high
- 48 Ten cents
- 50 — public
- 52 Nipped
- 56 Alliance of
- World War II
- 58 Stop
- 59 Made sharp noises
- 64 Tilt
- 65 Water. Sp.
- 67 Texas shrine
- 68 Arthurian lady
- 69 Imitate
- 70 Send (money)
- 71 Laus
- 72 Lob
- 73 Chairs

DOWN

- 1 Boxer Max —
- 2 Prudent
- 3 Fountain order
- 4 — Knieval
- 5 Obtain from a source
- 6 Thin metal disk
- 7 Magic lamp man
- 8 Western state: abbr.
- 9 Trilliate
- 10 Overcooked
- 11 Make up (for)
- 12 Domesticates
- 13 Biblical verb
- 21 The Prisoner of —
- 23 Artist's stand
- 26 Cartoonist Al —
- 27 Baseball family name
- 28 Pell —
- 29 Poor grades
- 31 Sleeveless garment
- 34 Minute particle
- 36 Relax
- 37 Wild ox
- 38 Dueling memento
- 39 Weird
- 41 Yields, as land
- 43 Ancient district of Asia Minor
- 46 Chinaware
- 49 Whole
- 51 Academy awards
- 52 Packaged

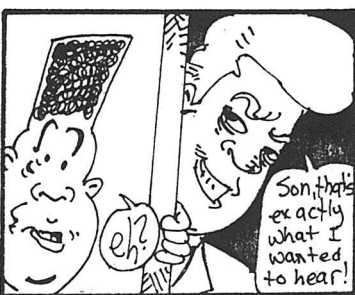
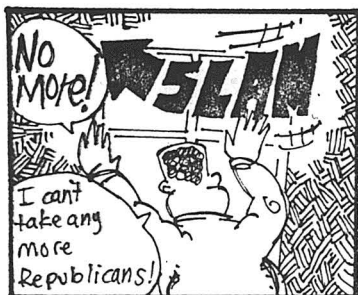
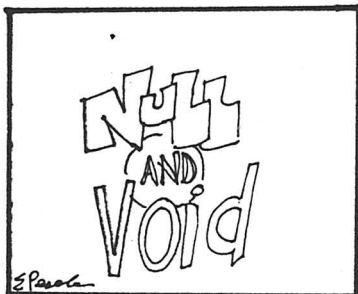


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Work Hard!

The answers will be here next week!

- 53 Dunne of film
- 54 Practice
- 55 Cares for
- 57 Diagnostic pictures
- 60 Swiss painter
- 61 Dalai —
- 62 Give off
- 63 Periods
- 66 Sticky stuff



Classified

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HEY EVERYBODY!! CASH-O-LA!!

Come out to Burger King (J. Clyde) this Wednesday from 5:30- 8:30. Put your receipt in the fishbowl to help the Alpha Kappa Psi pledge class.

Later Kids!!

-Ex Ad Man

CONGRATULATIONS Mens and Womens Track teams on a good Indoor Season. Lets continue to rip the track up for the Outdoor Season.

-Love Mom Jenkins

Wes,

Why did you have to reject me like you did? I thought I loved you...

M

I loathe the smell of the female who stole my power. I only know this... she will be mine once again, or my name isn't JOSH WEBB. I fear the loss of the dangly. I know that my passion reigns supreme. I am the lust in all human's hearts. I am...

JOSH WEBB

To Everyone on the Staff,

Hang in there! We can do it this year. Yes, we have been cursed somehow... but if we all stay together, at the end of the year Jon will buy us all drinks! We can do this!

eric

Hey Fellas,

Great job this year! Seinors, we'll miss you. Tony, Terry & Andre make sure that you stay out of trouble...

---all your fans

"In classroom, they're so jealous, you know how bad girls get. Sometimes it's not so easy,

to be the teacher's pet. Temptation, frustration.

to hurt they try and try.

Wet bus stop. She's waiting. His car is warm and dry..." the Police, 1983

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