

Big plans for residence hall New dorm will expand possibilities for on campus living

By Richard Strube Staff Writer

Squeezing into elevators, waiting to use a computer and dealing with noisy suit mates are all part of the daily chaos that is the life of a residence hall student.

Yet look closely and you will find a certain order which holds this community together and provides a clear direction for the future.

The source of this organization is the director of residence life, Scott Salsberry.

Salsberry was born in Portsmouth, and grew up in Suffolk. He went to William and Mary, and then he left Virginia for Pennsylvania, where he pursued graduate work at Lehigh University.

After completing his studies, Salsberry stayed in Pennsylvania for six years, serving first as assistant director of residence life, and then as director, at Muhlenberg College in Allentown. Now Salsberry is working at CNU in his first semester as director of student life.

"My primary job is to work with the staff," said Salsberry. "This includes the RAs as well as varies e v e n project assistants. They do style

everything from man the front desk to work on special projects." Among these projects are an upcoming residence newsletter and volun-

teer projects.

Salsberry faces what he calls
"a good problem." This semester, Santoro Hall is filled to capacity for the first time. This creates
less breathing room when conflict
arises among roommates, a normal part of residence hall life.

"The question is," said Salsberry "Do you have enough room to move people when they need it. So far, we have been

lucky, with many students choosing to

"The new dorm will stay tripled.' Salsberry diversify housing at CNU. understands We are considering a however. that more variety of possibilities, than luck including suite style aris required to ensure rangements, apartment continued style, and theme floors." success for on campus living.

This is why he supports the building of a new residence hall.

"I believe that CNU is at a turning point," said Salsberry. "The building of another residence hall will change the face of CNU. Having living bodies on campus brings more vibrancy, but also more responsibility and chal-

lenge."
"I think that the greatest ben-

efit for students living on campus is simply the convenience. There is the opportunity to roll out of bed, get a hot meal and go to class, without the worries of bills every month."

Salsberry concedes however, that many students are "clamoring for more independence."

This is one issue which he hopes the new dormitory will

"The new dorm will diversify housing at CNU. We are considering a variety of possibilities, including suite style arrangements, apartment style, and theme floors." Theme floors would be entire floors of students who share a common interest such as a common major or extracurricular activity.

"Striving to be better is our goal. We are engaged in man activities to achieve this, such as weekend programs and other activities to foster community. There is nothing better than living on campus."

NOVEMBER 24, 1997

Delegate returns

By John Chiminiello Staff Writer

Alan Diamonstein returned to CNU on Nov. 20 for the first time since winning re-election to the Virginia House of Delegates to remind students, faculty and staff of his commitment to the growth of CNU.

At a reception in the Alumni Room, Diamonstein, chairman of the higher education committee, left no doubt as to where his priorities are for the district that he represents. "Anybody who feels that the closure of a road or building is more important than the growth of education and the children of Virginia is not being fair to what this institution means to the commonwealth," said Diamonstein.

Before the speech, Diamonstein said that CNU has opportunities in the next calendar year to receive additional funding from the state. With the economy of Virginia doing so well, the state will receive more tax revenue than in recent years to fund state programs. And with the appropriate planning and prioritizing, nigher education will have a chance to regain its momentum, said Diamonstein.

Students left the reception with a better understanding of Diamonstein's influence on the university. "I was impressed with his vision for CNU and how enthusiastic he is," said junior Kim

Also in attendance, but not speaking publicly, were state legislative assistants Jim Roberts and Richard Seaman.

Jim Roberts is a legislative advisor for capital outlay funds and responsible for analyzing information CNU forwards to the state as it relates to the construction of new buildings.

Roberts attributed the delays in construction of the performing arts center to an increase in projected costs by the architects assigned to the project. CNU hopes the state will fund all, or part, of the additional costs and Roberts will assist in determining whether or not the state can provide more than the five million dollars already allocated.

Students at the reception were not discouraged by all of the attention the physical cosmetics of the university received over the university's academic standards. "I think the buildings will provide more appeal and more students will want to come here. The school can be selective in choosing quality students," said senior Andria Wright.

Finding the lighter side of a fatal disease

Very few people can equate a deadly disease such as cancer with humor. However, Christine Clifford, a 43-year-old breast can-cer survivor, humorist and author of "Not Now I'm Having a Bad Hair Day," has found a way to share her self-prescribed medicine for handling her own courageous battle with breast cancer through the gift of laughter. Clifford lectured before a subdued crowd of approximately 100 people, who braved their way through the blistery rain the night of Oct. 16, at the Omni Hotel in Newport News. CNU's University Health and Wellness Services and Riverside Cancer Services hosted the event in observance of Breast Cancer Awareness Month.

Clifford, a petite, effervescent woman, began her presentation by involving her audience in her lecture. She asked all the cancer patients to stand; she then asked all the cancer survivors to stand; and finally she asked all the family members, friends, Before long the whole room was standing. "Everyone is effected by cancer," Clifford explained. "All of us must help cancer victims get back into the mainstream of life. One way we can is through laughter.

Ironically, Clifford's own confrontation with breast cancer started years before her own diagnosis three years ago. It began when her mother was diagnosed with breast cancer at the age of 38 and later died at the age of 42. Her mother not only suffered from the complications of the disease, but from severe depression, which kept her bedridden throughout her bout with the illness.

After experiencing her mother's death, Clifford says, "There was always an emphasis on my body, especially my breasts. In high school my nickname was 'melons'." Clifford explained she earnestly tried to take the emphasis off of her body by becoming an over-achiever. At the time of her diagnosis, Clifford was senior vice president for PAR Marketing Services in Minnesota and a proud wife and the mother of two sons. At first after discovering she had breast can-cer in December 1994, Clifford felt as if her world had ended. "The very part of my body that I had worked so hard to take the emphasis off was now of major focus again." Clifford said. Clifford, who calls herself a cancer survivor, had a radial mastectomy, underwent ten months of chemotheraphy and three months of radiation. Clifford explained that somehow she, through the mist of her pain, was able to find joy in laughter.

To reveal how laughter affects the body, Clifford engaged the audience in an exercise. She asked everyone to close their eyes and think about something that would probably make them laugh.

Pretty soon, the whole room was filled with bellows of laughter, some laughed themselves to tears. From that mere expression from the audience, Clifford expanded on her theme. "There is pleasure in laughter; it gives you joy and makes you feel satisfied. It's a feeling that makes you want to experience it again." Clifford realized that recovery. Four weeks after her mastectomy in January 1995, Clifford had a vision of cancer cartoons and developed the Cancer Club, a company designed to market helpful and humorous products for cancer pa-

Clifford concluded her lecture by admonishing cancer patients to try not to focus on the "C" word, cancer, but to realize the power of the "P" word. The power of the physician, the power of prayer, the power of passion, the power of people, the power of positive thinking, and the power of all the pieces in the puzzle- patients, survivors, family, friends and care-givers

After her lecture, Clifford was on hand to sign copies of her books and to talk to various people about her company, the Cancer Club. To request a copy of Clifford's book, "Not Now I'm having a Bad Hair Day," or to receive information about the Cancer Club, you may write to her at The Cancer Club, 6533 Limerick Drive, Edina, Minnesota, 55439.

As holiday stress approaches, take time to reflect

I often receive e-mail from a graduate with whom I established a relationship as she struggled with incest, bulimia and overthe-counter drug abuse. The story below, called "A Sandpiper to Bring You Joy," was forwarded to her-I only wish I knew to whom I should give credit.

She was six years old when I first met her on the beach near where I live. I drive to this beach, a distance of three or four miles, whenever the world begins to close in on me. She was building a sand castle or something and looked up, her eyes as blue as the sea.

"Hello," she said. I answered with a nod, not really in the mood to bother with a small child. "I'm building," she said. "I see that. What is it?" I asked, not caring. "Oh I don't know, I just like the feel of the sand." That sounds good, I thought, and slipped off my

A sandpiper glided by. "That's a joy," the child said.

"It's what?"

"It's a joy. My mama says sandpipers come to bring us joy." The bird went glid-ing down the beach. "Good-bye joy," I muttered to myself, "hello pain," and turned to walk on. I was depressed; my life seemed completely out of balance.

"What's your name?" She wouldn't give up. "Ruth," I answered. "I'm Ruth Peterson.'

"Mine's Wendy, and I'm six." "Hi, Wendy.

She giggled. "You're funny," she said. In spite of my gloom, I laughed too and walked on. Her musical giggle followed me. "Come again, Mrs. P," she called, "we'll have another happy day."

The days that followed belonged to others: unruly boy scouts, PTA meetings, an ailing mother. The sun was shining one

morning as I washed dishes. "I need a sandpiper," I said, gathering up my coat. The balm of the seashore awaited me. The breeze was chilly, but I strode along, trying to recapture the serenity I needed. I had forgotten the child and was startled when she appeared.
"Hello, Mrs. P," she said. "Do you want

to play?

"What did you have in mind?" I asked, with a twinge of annoyance.

"I don't know. You say."
"How about charades?" I asked sarcastically.

The tinkling laughter burst forth again. "I don't know what that is."

"Then let's just walk." Looking at her, I noticed the delicate fairness of her face. "Where do you live?" I asked.

"Over there." She pointed toward a row of summer cottages. Strange in winter, I thought. "Where do you go to school?"

"I don't go to school. Mommy says we're on vacation." She chattered little girl talk as we strolled up the beach, but my mind was on other things. When I left for home, Wendy said it had been a happy day.

Feeling surprisingly better, I smiled at her and agreed.

Three weeks later, I rushed to my beach in a state of near panic. I was in no mood even to greet Wendy. I thought I saw her mother on the porch and felt like demanding she keep her child at home. "Look, if you don't mind," I said crossly when Wendy caught up with me, "I'd rather be alone today." She seemed unusually pale and out of

"Why?" she asked. I turned on her and shouted, "Because my mother died!" and thought, my God, why was I saying this to a little child? "Oh," she said quietly, "then this is a bad day."

"Yes, and yesterday and the day before that and-oh, go away!"

"Did it hurt?

"Did what hurt?" I was exasperated with her, with myself.

"When she died?"

"Of course it hurt!" I snapped, misunderstanding, wrapped up in myself. I strode

A month or so after that, when I next went to the beach, she wasn't there. Feeling guilty, ashamed and admitting to myself I missed her, I went up to the cottage after my walk and knocked at the door. A drawn-looking young woman with honey colored hair opened the door. "Hello," I said.
"I'm Ruth Peterson. I missed your little girl today and wondered where she was.'

"Oh yes, Mrs. Peterson, "please come Wendy talked of you so much. I'm afraid I allowed her to bother you. If she was a nuisance, please accept my apologies.'

"Not at all-she's a delightful child," I said, suddenly realizing that I meant it. "Where is she?

"Wendy died last week, Mrs. Peterson. She had leukemia. Maybe she didn't tell you.'

Struck dumb, I groped for a chair. My breath caught.

"She loved this beach; so when she asked to come, we couldn't say no. She had a lot of what she called happy days. But the last few weeks, she declined rapidly...." Her voice faltered. "She left something for you, if only I can find it. Could you wait a moment while I look?

My mind raced for something to say to this lovely young woman. She handed me a smeared envelope, with "MRS. P" printed in bold, childish letters. Inside was a drawing in bright crayon hues-a yellow beach, a blue sea, a brown bird. Underneath was carefully printed: A SANDPIPER TO BRING YOU JOY.

Tears welled up in my eyes, and a heart that had almost forgotten how to love opened wide. I took Wendy's mother in my arms. "I'm sorry, I'm so sorry," I muttered over and over, and we wept together.

The precious little picture is framed now and hangs in my study. Six words—one for each year of her life—that speak to me of inner harmony, courage, undemanding love. A gift from a child with sea-blue eyes and hair the color of sand who taught me the gift of love.

I share this story as we approach the holiday seasons of Thanksgiving, Hanukkah and Christmas, not to make us feel guilty for our sins of omission, but to encourage all of us who often get bogged down with classes, meetings, shopping and festivities to catch as many opportugities as we can to share a smile, a quick hug, or a brief con-

Advent begins the Sunday after Thanksgiving. This year I am committing myself to Advent for Advent, "to prepare" in the context of my own Christian tradition for Immanuel, "God with us." There is a hunger within me that wants to be sensitive to when God is calling to me to slow down, to listen intently to all that is going on around me. My desire is to enjoy the blessings of the upcoming seasons in all their abundance and in all their simplicity. I invite you to do the same. You may not find a sandpiper, but you will find a deep, abiding joy. May the upcoming seasons be a sacred time for

Reach Rev. Cheryl Harrison-Davidson, campus minister with United Campus Ministries, in her office, SC Room 228, or by phone or e-mail: 595-7604 or cherylhd@cnu.edu.

APTAINS

John Bailey Editor In Chief Mary Hodges Managing Editor Eric Pesola Layout Editor Mike Leonard A & E Editor Kris VanDeusen Sports Editor Mandy Malone Copy Editor Richard Strube Chief Investigator

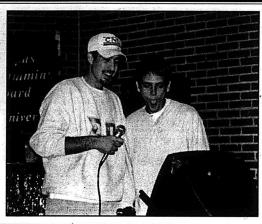
Kelly Wells Lead Photographer Chris Taylor Staff Photographer Jennifer Schuetze Ad. Manager Mark Schuetze Account Executive Michael Wade Web Master Wesley Cline Systems Analyst Jonathan White Graphic Artist

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On Nov. 12, Act One sponsored a Karoake night in the Terrace back room. After a slow start, many students eventually took advantage of the opportunity to sing their favorite songs.

Photos by Ben Hutt/ The Captain's Log





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NEWSBRIEFS

Poinsettias from Friends

Place your order now for your holiday poinsettia, a fund-raiser sponsored by CNU Friends of Music. The cost is \$10 per plant. These are florist plants with 6.5" pots and five stems. Call the department of music, at 594-7089 to place your order. You may pick them up at the Holiday

You may pick them up at the Holiday Happening on Dec. 5 or Dec. 6 between 10 a.m. and noon in Gaines Theatre.

Spend 9 days in Spain

The department of modern and classical languages is sponsoring a trip to Spain next spring from May 16-May 25. The itinerary includes four days in Madrid with visits to the Prado Art Museum and the Royal Palace and day trips to Toledo and the valley of the Fallen. The tour then moves to Malaga and the Costa Del Sol with trips to Granada and the mountain city of Ronda. Travellers will have plenty of opportunities for shopping, relaxing and sunbathing. The cost is \$2149, double occupancy. Deposits of \$100 are due at the travel agency by Dec. 15. For further information, pick up a brochure in Ferguson 205 or 209 or contact Professor Doris Reppen at 877-2946 or Professor Chris Scheiderer at 594-7109.

Circle K needs leaders

Help your community and have fun at the same time! Come to the Circle K, the Collegiate Kiwanis, meetings on Thurdays at 2:30 p.m. in SC 205, and meet our president Katie Pesola. Up-coming events include the Kiwanis Inspiration Breakfast on Nov. 25, a habitat auction on Dec. 6, conferences in Mississippi and Maryland and a district convention in Washington D.C. next February

Court rules on fraud case

Washington—Prosecutors need not prove fraud when a person is charged with misusing federal student loan funds, the Supreme Court has ruled.

In a unanimous decision issued Nov. 4, the court said the government must prove only that the person knowingly used the money to benefit themselves or a third party.

The case, Garrit Bates v. U.S. Bates, came about in 1994 when the U.S. Attorney for the Northern District of Indiana accused Bates of misusing funds from the federal guaranteed student loan program. Bates was an employee of Education America Inc., a chain of Midwest schools.

In 1989, one of Education America's schools, Acme Institute of Technology, faced financial failure. At the urging of his employers, say prosecutors, Bates used excess student funds to pay salaries of faculty and staff. When Acme shut down in 1990 after losing accreditation, it still owed more than \$130,000 to the federal loan program. Bates was charged with fraud.

After a district court dismissed the case

After a district court dismissed the case against Bates, the U.S. Court of Appeals for the Seventh Circuit overturned the decision and reinstated the charges.

Justice Ruth Bader Ginsburg, in writing the opinion for the court, sided with the appeals court and wrote the government "need not charge or prove that Bates aimed to iniure or defraud anyone."

Senior Class Meeting

If you're a senior, or if you think that you are a senior, then come to the senior class meeting on Dec. 4.

We will discuss future senior activities and the Senior Gift. Bring ideas and eat donuts. If interested, please e-mail us at srclass@cnu.edu.

Travel writing contest

"Transitions Abroad", a bimonthly magazine resource for overseas travel, is holding a student travel writing contest. The winning submission will be published in the March 1998 issue and the winner will receive a cash prize of \$250. To enter, submit an original piece of nonfiction writing that provides current; practical information and ideas based on personal experience about immersion travel, work, study or living abroad. Stories may be supplemented with contact information, dates, etc. Submissions must be typed, double-spaced, and no longer than 1500 words.

The deadline for contest eligibility is December 31, 1997, but late entries will be considered for future publication. Submit your work on a diskette or via e-mail to trabroad@aol.com Send diskettes to Transitions Abroad, P.O. Box 1300, Amherst, MA 01004-1300. The subject line of e-mail submissions should read "Student Contest." Sample copies of the magazine can be ordered for \$6.25.

Cultural treasure hunt

During the month of November the Office of Multicultural Student Affairs celbrates Native American Heritage. They have planned a treasure hunt to help students learn more about Native American culture. Participants will test their knowledge of the culture by accumulating the answers to twenty true/false and multiple choice questions. The answers, along with Native American facts, are posted throughout the campus.

Each participant that returns an answer form with all the correct answers will be entered into a drawing for gift certificates for free dinners and other prizes.



Monday Interfaith Thanksgiving Service SC150 12 p.m.

Native American Storytellers SC 150 3-6 p.m.

Tuesday SGA General Assembly SC 150 12:15 p.m.

Circle K/Kiwanis Meeting SC Terrace 7:15 p.m.

Wednesday Thanksgiving Break begins



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- If you are not a member yet, JOIN! You will be entered in the drawing too.

Drawing will be held November 26, 1997. Winner will receive two tickets to the Redskins/Eagles game on December 21, 1997 including transportation and hotel accommodations.

Call 930-2425 for additional information.

NEW LOCATION ON CAMPUS!

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—a service of Virginia Educators' Credit Union
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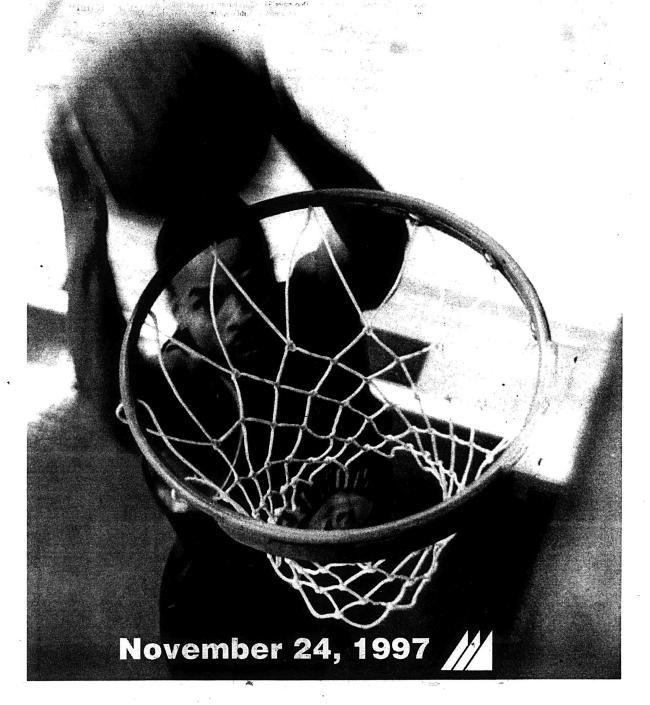
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APTAITS OG basketball preview



olum's Warriors Unleashed This year's group is lead by seniors Matt Hampden-Sydney, on the Tigers home freshman Dante Henderson.

Excitement is a word that describes the feeling of everyone associated with the CNU men's basketball team as they await the start of the 1997-98 season. With five seniors and a talented supporting cast loaded with tremendous potential, head coach C. J. Woollum is looking forward to the season ahead.

"I am really excited about the potential of this team," said Woollum, who has earned a 246-121 overall record during his 13 years at CNU. "I think some special things lie ahead for them."

Last year the Captains won 19 games against only eight losses, and were invited to the NCAA Division III Championship Tournament for the tenth time in the programs history. In the first round, CNU upset the South's number one ranked team, court, before bowing out of the tournament after a loss to Methodist in the second round. The win against Hampden-Sydney was not only one of the biggest thrills in the Captain's history, it was also a look into the future

"We have had a lot of wonderful moments in this program over the past 13 years, but that game certainly ranks way up there. said Woollum about the win against the Tigers. Because CNU was without their only senior, Jeff McLean, due to work commitments, Woollum said "that win really started this year.'

The only impact player gone from last years squad is McLean, who averaged 15.1 points and 5.5 rebounds and was named to the second team All-Dixie Conference. "Jeff was a very fine player," said Woollum. "He will be missed, but I feel good about the group that is here.'

Bryant (guard), David Powell (guard), Steve Butler (center), Sean Phillips (forward/center) and Kenny Carter (forward). "Our five seniors are our backbone," said Woollum. "It has been a long time since we have had this solid of a group as a senior class, so we are planning and counting on their experience and their maturity to really be the driving force to the success of this team.

As point guard, junior Mike Holland, who averaged 8.5 points and 5.0 assists last season, will lead the way. Tag-teaming with Holland at the point will be sophomore Vance Johnson and backing both of them will be sophomore Jimmy Moorman

Bryant, who led the Captains with 16.6 points per game last season, and was named first team All-Dixie, will be the man at the two-guard position. Backing up Bryant will be sophomore transfer Tiran Matthews and

Powell, who averaged 11.3 points 5.5 rebounds last year, will handle the three spot. Sophomore Brandon Jones, a transfer from Old Dominion University who saw 132 minutes of playing time with the Monarchs last year, will be ready to step in when Woollum calls.

At the four-spot, seniors Carter and Phillips will share duties. Sophomore Montoria Valentine and freshman Antoine Sinclair will back them up.

Steve Butler, who was among the nation's leading shot blockers and rebounders last season, will take care of business in the center position. Phillips will also see time at center.

The Captains were ranked number one in the Dixie Conference pre-season coaches' poll with 36 votes. N.C. Wesleyan was ranked second with 31 votes and was followed by Methodist (third, 23 votes),

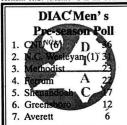
layers

Vance Johnson: 5'10, So., point guard, Hopewell H.S. Johnson is a crafty point guard with deep range. His aggressiveness give the Captains versatility at the point. Dante Henderson: 6'1, Fr., Lancaster H.S.

He is a multi sport athlete(football, basketball and track). He should become a great defender and stopper for the Captains

Brandon Jones: 6'5, So., Denbigh H.S. The transfer from ODU is an exciting high flying athletic wing. Jones should make an immediate impact this season.

Ben Matthews: 6'7 So., reserved on wing. Kellam H.S. Mathews is an outstanding



perimeter shooter learn CNU's system. Tirian Matthews: 6'4, So., Granby H.S. Is a great shooter, can get hot in a game, and is a great complimentary back-court player.

Jimmy Moorman: 6'3, So., Hmptn Rds Acad. An aggresive, athletic point gaurd who plays hard every minute and gives the captains great depth at point guard

Antione Sinclair: 6'5, Fr. Pen. Catholic H.S. A left handed leaper with great touch and is very good facing the basket. The Boo Williams summer League should make transition to college basketball smooth

N.C. Wesleyan lost by two points to Meth-odist which dominated CNU and returns all five starters including All-Dixie junior Marquis McDougald and Dixie assist leader junior As-simi

North Carloina
WESLYAN

Brown. The Bishops
will give CNU the biggest test in the Dixie.

Methodist loses last year's Dixie player of the year plus two other starters. The Monarchs return All-Dixie selection junior Montrell McNair.

Key



6'5, Sr., forward/center, Menchville H.S. Butler is a dominating inside force. He will likely finish is collegiate ca-

reer with over 1,000 points, 1,000 rebounds, and 250 blocks.

Matt Bryant



6'4, Sr, shooting Deep guard, Creek H.S., All-Dixie and All Region in '97 and preseason honorable mention, All-Ameri-

can. Led the team in scoring and is an outstanding offensive rebounder.

Kenny Carter



6'4. Sr., power forward, Lancaster H.S., He is a relentless rebounder and defender. Carter has several career starts going

into his senior year including both NCAA tournament games last year.

David Powell



6'5, Sr., forward, York H.S. Powell is known for his acurate three point shooting. He also likes to mix it up in the paint. His lead-

ership and experience will be keys to the season.

Mike Holland



5'8, Jr., point uard guard, Churchland H.S. He is known for his clutch perimeter shooting.

Holland was econd in the Dixie Conference in assists as a sophmore.

Sean Phillips



6'6, Sr., forward/center, Kellam H.S. Phillips is perhaps the most improved captain. Although, coming off knee surgery in the

off-season, he increased his mobility.

Ferrum, their second season with head coach Larry Mangino, return four starters including junior Rodney Ponzo (second team All-Dixie).

Shenandoah, last place in the Dixie in '97, eliminated CNU in the DIAC tourney. The senior Hornets return four starters including Billv Blake, second

and Chileds. Dixie (.591). percentage leader

Greensboro loses three starters after making a run for the Dixie title last year. The Pride will look to rebuild with returning starters junior Geoff Lassiter, and sophomore Lee Tucker.

Averett's young squad will be led by sophomore Demarcus Morrison, last year's rookie of the year as five veterans depart including All-Dixie selec-tion Ed Gwynn.



team All-Ahmed field goal



Ry Russell Scott Staff Writer

Offense wins games, but defense wins championships. If this old sports adage holds true, CNU's women's basketball team is in for smooth sailing this season. This year's team boasts a collection of players with outstanding speed, which head coach Cathy Parson plans to smother opposing teams with. "We have more foot speed than we've ever had which gives us the ability to press better than we ever have," said Parson. "This team loves to play defense, and as a result, I think we'll be known as a defensive team."

Although the Lady Captains lost a couple of top players from last year's 20-7 team, such as Dolmesha Stallings, Cynthia Allen, and Tina Martin, Parson believes that they have maintained incredible depth. "This team has, by far, the most depth in terms of talent, that we've ever had," said Parson.

This years team includes nine freshmen but also consists of key returners such as Misty Hart, Dana Edwards, Rasheka Barnes, Tamara Pool, Leema Madden, and Tenille Smith. Hart was the team's leading scorer last year averaging 18.9 points per game. She has also been named as a preseason All-American this year. "We'll rely on Misty heavily for scoring," Parson said. Madden and Edwards will be two of the players looked upon to provide some of the outstanding defense that Parson is expecting. Serita Jackson and Karla Rhone are two of the freshmen who are expected to

make significant contributions this year.

"I have extremely high expectations of the group this year because they're capable of doing so many things," said Parson. They're just so gifted." Evidently, Parson is not the only one who believes in her team's ability. Division Three News has ranked the Lady Captains number one in the south and number 11 in the country. "The standard for excellence has risen and with that comes more intense practices and more discipline," Parson said. "Things I would have endured a year ago I may not tolerate today because I know they're capable of doing great things."

Although Parson knows that her team is loaded with talent, she also believes that there are a few necessary elements for the team's success. "We should never let ansuch quickness that it should never happen. said Parson.

"Another key is learning to mesh and be unselfish in every situation. I don't want the 'girl scout' mentality where we overpass, but I do want them thinking of someone else before themselves."

Parson is very excited about her team's high ranking but also knows that they are going to have to prove themselves on the court night in and night out. This task will not be easy and she hopes that everyone will come out and support them in this chal-

Parson said, "I think we're going to have a tremendous year and I would appreciate the support of the students who want to see a good brand of basketball."

Key Players

Misty Hart

Senior, guard/ forward,5'8" Menchville H.S., Newport News. VA. All-Region, honorable mention All-American in '97 with

Junior,

5'9",

Stuart

Fairfax, VA. Ex-

cellent passer and

shoots the jumper very well. "She's

going to be a tre-



19.8 ppg. "There's no doubt she'll be the leading scorer this year.'

Rasheka Barnes

guard,

J.E.B.

H.S.,

mendous point guard for us."

Tenille Smith

Junior, forward, 5'11", Deep Creek H.S. Chesapeake, VA. Put up double digits in 12 games last year. May miss the start of



the season for personal issues but will contribution significantly.

Senior, guard, three



form beyond the arc last season. Dana

Dana Edwards

5'6", Isle of Wight Academy, Smithfield, VA. An excellent point shooter who shot .313 percent

Junior, forward,

5'10", Bethel H.S., Hampton,

VA. Averaged

8.1 points and 5.3

rebounds per

game last year.

She will see a lot

some games this year.



will also be looked to for defense.

Tamara Pool Leema Madden

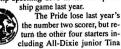
Junior, 5'2" guard, Hrrsnbrg H.S., Hrrsnburg, VA. Averaged nine points, 5.4 assists, and 3.1 steals per game last year. "She



has to be on the floor because of her quickness. She plays great defense."

> Greensboro won their second DIAC championship upsetting CNU in the champion-

of playing time at the center position in



Lineberry.

Averett, suddenly in the upper half of the rankings, returns three starters including All-Dixie junior Michelle Warner.



Christina Armsteau—Hosman, 9 4'11", Bladensburg H.S., Bladensburg, MD. Another good three point shooter. purely a shooter, but is also able to distribute the ball for us." Crystal Johnson-freshman, guard, 5'10", Windsor H.S., Zuni, VA. Amy Booth-freshman, center, 6'0", West-

Cherri Phillips-freshman, forward, 5'7",

Lakeland H.S., Suffolk, VA. Has the abil-ity to shoot the three pointer as well. "She's

also excellent in transition. She has the

Stasia Place—senior, center/forward, 5'9",

Catholic H.S., Virginia Beach, VA. "She's

making the transition from soccer back to

basketball, but she will see playing time."

Christina Armstead-freshman, guard,

ability to run the floor."

legitamate shot at the DIAC title. The Lady Monarchs return all starters led by All-Dixie Amy Todd.

Ferrum returns four starters losing only Marlo Ferguson. The Lady Panthers have reason to be optimistic with four returners including Melisa Buchman, the DIAC block leader and senior Kim English who missed games due to injury.

ern Branch H.S., Chesapeake, VA. Serita Jackson--freshman, forward, 5'10". Essex H.S., Tappahannock, VA. Will see minutes in place of Tenille Smith. Recently suffered a minor injury but "will be an impact player for us.'

Ebonie Cloyd—freshman, guard, 5'1", Bladensburg H.S., Landover, MD.

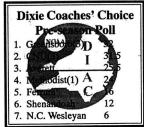
Karla Rhone--freshman, forward, 5'7", Bethel H.S., Hampton, VA. Another freshman who will get playing time. "We know she can contribute as far as a powerful player."

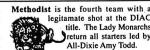
Von Richardson-freshman, center, 6'3", Surry Co. H.S., Surry VA. Suffered a hip injury in the preseason but could be an impact player inside when fully recovered.

Shenandoah choice senior

will struggle in the very talented team. Four start-Deanna Estes

N.C. Wesleyan was hit hard with leaving players, including the rookie of the year and must train five freshmen. The Lady Bishops will depend upon two previous vious North Carloina starters and three WESLYAN.







Tune in the **Captains**

For the first time in its history, the CNU men's basketball team will have the majority of its games carried on a three-station radio network.

A total of 20 Captains' games for the 1997-98 season will be carried by flagship station, Xtra 99.1 FM. That station will also feed the broadcasts to WXGM, 1440 AM and WXRE, 1490 AM. The latter station is expected to change its call letters in Novem-

Discussions are also being conducted with two other stations that could join the network

"We're tremendously excited about having these stations join our basketball fam-" said CNU athletic director and basketball coach C.J. Woollum. "It's going to be a great plus for our program."

The network was put together by CNU's athletic marketing director Francis Tommasino, who will also serve as the playby-play announcer for the games. Tommasino, the play-by-play announcer for St. Bonaventure University for seven years, handled CNU's radio broadcasts last year when they were carried by WYCS-FM.

The broadcast schedule will include all but one away game for the Captains, including all of the important Dixie Conference road games.

The broadcasts will begin with CNU's opening game against neighboring rival Virginia Wesleyan on Nov. 25

Information provided by the Sports Information Office.

The

schedule

Nov. 25 at Virginia Wesleyan

Nov. 29 First round game of CNU/

Days Inn Invitational

Dec. 7 Christendom

Dec. 13 Goucher

Dec. 18 at Apprentice

Dec. 19 Chowan

Jan. 4 Championship game of the

Captains Shootout

Jan. 8 at Salisbury St.

Jan. 18 Shenandoah

Jan. 23 at Ferrum*

Jan. 24 at Averett*

Feb. 1 Greensboro*

Feb. 4 at N.C. Wesleyan*

Feb. 8 at Shenandoah*

Feb. 14 Averett*

Feb. 20 at Greensboro'

Feb. 21 at Methodist^a

Feb. 26-28 at Dixie Conf. Tourn. at

Greensboro, N.C.

*Dixie Conference games

Cheer squad continues excellence

By Kris Van Deusen Staff Writer

After a long football season, the CNU Cheerleaders are ready to jump right into basketball.

"Football?" you may ask. There is no football program at CNU.

Of course CNU does not have a football team, but the Shipyard Apprentice school does, and the squad cheered them for four home games

They have also been guests at Denbigh Days, Riverside Parade, Rock-toberfest, Rock Richmond, Norfolk State University, and various summer cheerleading camps in

"It's really been a learning experience," said sophomore Lanelle Jamison.

The busy squad added five freshman to their balanced roster of four seniors, one junior, and seven sophomores.

"Everyone on the team has had some experience in one way or another," said head coach Sharon Jenkins.

Jenkins has a list of physical requirements that each must meet before a uniform goes on. Each member must excel in cheer technique, cheer originality, jumps, dance, gymnastics, stunts, expression, and attitude.
The level of excellence increases individually year by year.

"Levels of expectations are higher for

seniors than juniors, more difficult for juniors than sophomores and so on," said



Melodie McWhorter (left)and Shawnett Gary help ease Casey Kellum down from a pyramid to the waiting arms (from left to right) of Luis Rivera, Jason Radford, Alex Lilly, and Doug Sniady.

> Photo by Mike Leonard/ The Captain's Log

Jenkins. When asked about gymnastics experience, she said, "if they don't have any before the season starts, they get it before the first game."

The team recently submitted a video tape for and were awarded an invitation to compete at an NCAA, Division II, cheerleading competition Jan. 9 and 10 at Disney World in Orlando, Fla.

"We may not even go," said a confident Jenkins. "We may go to one over spring break in Daytona Beach."

The cheerleaders will perform the for the crowd and lead them in cheers and chants at the Captain's home openers Nov. 28 at 8

ancers catch the blue wave

By Stephanie Mojica broadcast

The year CNU became a university, the Blue Wave Dancers came into existence. Sharon Jenkins came to the university to start a coed cheerleading program. Jenkins noticed that girls who did not have the gymnastics background for cheerleading were still talented dancers.

That was six years ago and since then, the group has grown significantly. The Blue Wave Dancers were originally funded under the athletic department. Now the dancers are funded for the most part by the office of student life.

"In the beginning, the routines weren't as technical as they are now. They were really simple. The first year the assistant coach for the cheerleaders was a dance major, and she helped coordinate the routines, Jenkins said.

"Being a part of the Blue Wave Dancers provides sisterhood, bonding, and great excitement. Our team has grown since last year, and we're really looking forward to next year," said student Nicole Williams.

The Blue Wave Dancers are more of a student activity than an athletic team. The group is open to anyone who comes to practice; no audition is required. Although there are currently no male members, men are also invited to join.

Melinda Kasal is in her second year of coaching the group. The girls have a wide variety of athletic backgrounds. Some members have been dancing since preschool. Several were cheerleaders in the

past. A few have no experience, and one girl was in the show choir in high school. "Dancing is a great stress reliever," said

Christina Clark.

The season officially begins for them on Nov. 28. The Blue Wave Dancers performed at R'octoberfest and will perform at every home basketball game as well as homecom-



The Blue Wave Dancers warm-up in the main gym of Ferguson Hall. The ladies received a most improved award at a competition last Summer.

> Photo by Ben Hutt/ The Captain's Log

beat your





To play, simply circle the teams you think will win and drop this coupon in the Tapea-Quarter box located in the Student Center lounge, or from our web site at www.cnu.edu/studlife/captains/daddie.html. If you select more winners than Sports Editor, Kris Van Deusen- as if that could ever happen- you will be entered into a radom drawing for the week. The winner will receive 2 Subs, 2 Chips and 2 large drinks from the Subway Station. There is no possible way that you can win.

Chicago at Detroit Tennessee at Dallas Baltimore at Jacksonville Cincinnati at Philadelphia Indianapolis at New England Atlanta at Seattle

New Orleans at Carolina N.Y. Jets at Buffalo St. Louis at Washington San Francisco at Kansas City

Miami at Oakland Pittsburgh at Arizona Tampa Bay at N.Y. Giants Denver at San Diego Green Bay at Minnesot

Name & Number



Your Daddie's Picks:

Chicago at Detroit: Kramer is da man! Tennessee at Dallas: There's more oil in Texas. Go figure. Maybe they'll build a pipeline. Baltimore at Jacksonville: These guys stink.

Cincinnati at Philadelphia: The Bengals won't be able to take the air pollution. Indianapolis at New England: Finally a game the patsies can win.

New Orleans at Carolina: Ditka. Yeah, yeah! N.Y. Jets at Buffalo: Bills, shmills. Collins totally sucks. St. Louis at Washington: I hate Washington.

San Francisco at Kansas City: Gannon is a poor Elvis imitator.
Atlanta at Seattle: Who the hell cares? They're two little birdie teams Miami at Oakland: Dolphins rule!

mainti at Caxiani: Dolphins fule:

Pittsburgh at Arizona: This should be funny.

Tampa Bay at N.Y. Glants: Yes, that's right, I picked the Giants.

Deaver at San Diego: Chargers need a Die Hard.

Green Bay at Minnesota: Like this was a difficult pick. Go Levens!

Nobody. I mean nobody beat the Daddie last week I whooped everyone. Ooh, dog, in your face. Yer all rs. Hah!

Wes's

Little boys and little combs don't mix My nephew recently had his preschool pulled aside by a kindly teacher and havsponsibly-combed citizen.

picture taken. He was very excited because his parents had bought him a new outfit for the day and had his hair cut. Then he told me that something even more exciting than getting his picture taken had hap pened. He had been given a gift.

I asked him what gift he could possibly have received that would excite him so much that the cartoons blaring from the television in the living room could be forgotten in order to tell me about it. He blurted out, "I got a comb!'

He jerked it out from behind his back, like a young suitor giving a girl a flower for the first time. It took me a moment to realize why getting a comb would be so exciting. Then I remembered. I recalled receiving that little black comb that probably cost about three cents. I remembered running water over it and combing my hair in a style that I thought would make my mother proud, forgetting that she'd already spent an hour trying to get me to sit still long enough to comb my hair herself. I thought

it would be cool to look like a slicked-back biker. Unfortunately, the long wait in line for my turn in front of the camera usually gave my hair time to dry and turn from slicked-back to standing-straight-up.

I can clearly remember being hurriedly

ing her ask for my comb. I, of course, had lost it down the toilet when I was seeing if it would float and I was thinking it looked a little like a surfboard. She went into her pocket and pulled out an extra comb that

she used to arrange my

hair into some semblance of order. Then she'd let me have the comb. Frowning and smiling at the same time, she would push me, a small guy in a new suit, in front of With a sigh, she would then turn to change another biker boy into a re-

We would sneak away while the rest of the class was getting their pictures made so we could once again go into the bathroom. We wanted to try to restore our beautiful hairdos or create even cooler ones now that we no longer had to worry about them being captured for posterity in a school picture that, upon arrival, would be shipped to the far corners of the earth. Someone always got the bright idea that it would be

funny to run his finger down the tines of the comb and spray water across the bathroom. Invariably, it would hit someone; and then an all out water

fight would ensue. We would come out of the bathroom with our heads hanging knowing that there was no way we could dry out before getting back to class, where the teacher and the other students had been for the last hour. What can I say? When you are in the middle of a water fight, time doesn't matter.

I remember the threat of being required to sit in the main office and wait for dry clothing to be brought, so I wouldn't have to sit all day in wet things. At the time, the excuse that we had all fallen into the toilet and gotten all wet trying to get each other out seemed so plausible. Mother would frown and hurry me off to the school bathroom to put on my dry clothes. I made sure I kept the comb. I needed it. What if I were to get cornered and need a weapon to fend off criminals? With a comb, I could spray them. Everybody knows that, like little boys, criminals don't want to have to go around all day wet.

I would bring my clothes out to my mother, and she would look at me in a questioning way and tell me that I would need to explain again when I got home. For the rest of the day, I would repeat the story to myself, trying to keep all the facts of the . story straight. At that time, I would begin to do a little math and realize that it would be very difficult for five boys to get stuck in three toilets. I decided to say I got somewhat confused in all the excitement and that not all of us got stuck in the toilets. Some of us got wet when the other boys suddenly became unstuck, causing us to slip on the water that had splashed out onto the floor.

Mom was bound to like that story, and I could even say I was one of the ones who was only helping the other boys who had been stuck. That would make me a hero. Yes, that was what I would tell my mom.

At lunch, we had more fun. We would wrap the waxed paper from our sandwiches around our combs and turn into a band of comb players. Sure that we were the next best thing to the Beatles, we would play for the rest of the day, even when the teacher threatened to take our combs away and put us in the corner. Corners weren't so bad. Sometimes you got to see a spider.

All of that looks so good to me today. Now I get a bill instead of a comb when I get my picture taken. Somehow, it is just not the same. I wonder if it seemed that great when I was a little child. I have to wonder how my college days will look when I have a decade or two between me and them. Maybe hangovers and late night confrontations with the police won't seem nearly as bad when I am older.

aptain's wins national award og cartoonist

By Melanie Stokes Staff Writer

Looking out from the second story of the Student Center, Eric Pesola sees much of campus. The drawing table where he spends most of his time is pushed against the windowed wall in the bustling student newspaper office. Black pens without lids litter the table top, their felt tips worn down to nubs. Pesola is a CNU senior with an interesting point of view; and what he sees, he draws. He fits life into nine small boxes a week, and calls it "Null and Void."

For the past two years, Pesola's cartoon, "Null and Void" has provided a humorous commentary on everything from dating and fraternity life to computer technology turmoil and CNU's expansion. The adventures of Pat and Bug, the strip's main characters, often mirror Pesola's own experiences and those of his fellow students. In fact, the character Pat was born in Pesola's mind after he worked a summer at Bush Gardens with CNU student Pat Bethea. Though cartoon Pat is an exaggerated version of the real person, the character usually represents the artist. Bug is the voice of reason in Pat's life, like an alien insect version of Pinocchio's Jimminy Cricket.

Pat dreads Spanish class and sex lectures from his mother. He daydreams about CNU's future glory as a football powerhouse and fantasizes about having super natural powers of his own.

"Null and Void" is a strip for and about CNU students; but recently, someone else got the punchline, and "Null and Void" became a national award-winner

Pesola won the third place College Me-

dia Advisors (CMA) College Cartoonist Award. In Chicago on Nov.1, Pesola received the award during the CMA and Associated Collegiate Press conference. The recognition is more than a personal honor. Pesola is most honored to receive the recognition for CNU. Though his strip often pokes fun at administrators and policies, Pesola is a spirited student who takes pride in his university.

'I was at the convention with hundreds of college students from around the country, and the best part about receiving the award was that everyone there heard the name 'Christopher Newport University, many people for the first time. We're a small, young school but awards like mine are a way we can show that we are as good as the big, old schools," Pesola said.

In addition to the award, Pesola gained

a confidence that only a prize provides. "I would like to become a nationally syndicated cartoonist someday. It may be an impossible dream, but an award like this makes me say, 'hey, it could happen.' Pesola graduates in May with a B.A. in communications. He has worked at The Captain's Log for four years and hopes to take his experience to daily newspaper. As design and layout editor for the student newspaper, he creates free hand and computer generated art and designs and cre-

ates page layouts.

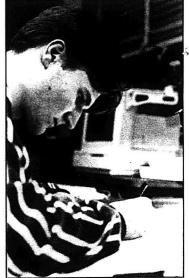
"I hope to get a job as a graphic artists at a daily newspaper, and eventually con-vince them to carry my cartoon," Pesola "If I hadn't put so many years into working at the school paper, I wouldn't be prepared to go professional. The dream would still be a fuzzy, unclear. But my work at CNU helps me put some

concrete goals together."
Pesola didn't begin drawing and cartooning his friends for national recognition or for work. As a child, he drew because he could make people laugh. Childhood asthma helped develop his talents.

In high school, his friends requested cartoons starring themselves.

"I would create characters for my friends, make them super heroes, and give them their own comic book for Christmas. Some of the comic books grew so elaborate, I'd work on them all year," Pesola said. Getting a laugh always fed his art, Pesola says. He began drawing to entertain himself and created cartoons to entertain others. Receiving kudos is a new reward.

"It's hard to believe an establishment is telling me I've done a good thing with a cartoon. When I was younger, I'd get in trouble for drawing in school or depicting teachers as villains. In college, some people frowned upon the subjects I chose to spotlight," Pesola said. "I've been called rude and worse, but this award says some people think it's good. The negative criticism never changed me, the positive certainly won't, but it's just nice to feel a balance . . . for a while."



Eric Pesola, creator of the cartoon, "Null and Void," works at his desk in the Captain's Log office.

Photo by Mike Leonard/ The Captain's Log

artseata nment

Ben there, done that

Folds and friends hit the Floodzone

By Michael Claar Staff Writer

Ben Folds Five coold-out concert at the Floodzone on Nov-17 was more fun than a bowl of your favorite breakfast cereal. Ben Folds Five, along with guests Travis and The Venus Flytrap Girls played a few hours of some brisk, stays-crunchy-in-milk entertainment. In their first trip to the area, Ben Folds Five (Ben Folds on piano, Robert Sledge picking the bass, and Darrin Jesse pounding the skins) played for an wide ranging audience.

From the seniors on the right wall to the middle school girls in the balcony to the frat boys in the front, everyone in this surprisingly variant audience was having a great time. This definitely wasn't your father's bland old shredded wheat; this concert was more along the lines of Fruity

Well, maybe it wasn't all a bowl of hearty goodness. The opening Venus Flytrap Girls turned out to be a surprise. Their entrance, stage right, was stupefying, if not disappointing. The Venus Flytrap Girls weren't girls at all, just a few aging wannabe cowboys.

They crashed directly in to their neowestern first song and my negative thoughts subsided. But those negative thoughts reappeared when they followed it with the same song, and then again, again, and so on. The Venus Flytrap Girls do not sound like an actual band, but like the lost soundtrack from a forgotten Ouentin Tarentino film.

Their lyrics were unintelligible, but about halfway through the set I realized that was probably a good thing with song titles like "Diet Coke

Travis, a four piece from Scotland, is the next big thing. They opened with a catchy number proclaiming "All I Want To Do is Rock" and with one quick swoop, they set the tone for the rest of the evening. By not taking themselves too seriously, but at the same time showing their determination to put on a good show, Travis made a lot of new fans that night.
When Travis' lead singer said,

"I'd like to dedicate this song to all the ladies," with a leering smile and his Scottish accent, all guys in the audience lost any chance at finding a date that night.

Their songs were extremely catchy; the whole crowd was singing along by the end of the first chorus. It's easy to see why Noel Gallagher of Oasis claims Travis as his favorite band.

Ben Folds Five are not the most popular band in the world, but you wouldn't know it from their entrance Monday night. The three fellows sauntered onstage and the crowd roared fanatically.

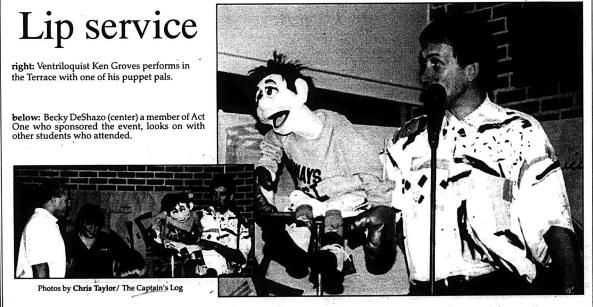
After a couple of quick waves, the band flowed into their first song, "Missing The War," and the herd went silent as they leisurely played one of their more somber hymns.

They quickly picked up the pace with some of their college radio hits like "Jackson Cannery" and "The Battle of Who Could Care Less." It was astonishing to see nearly every person sing along with nearly

As the throng fervently pushed closer and closer to the stage, one could not help but look and listen in awe of the threesome's chemistry and poetic music. A exception-

return that some of the fans questioned whether they were returning. Eventually they returned to play a unique bossa-nova cover of The Flaming Lips' "She Don't Use Jelly" in addition to closing with a particu-





Medieval music marathon Music students perform sacred chants

By Mary W. Hodges Staff Writer

As a somber procession in white robes slowly walked into the Ferguson foyer,

the only sound was the low murmur of men's voices. The audience sat transfixed as the students and professors singing in the Collegium Musicum entered the small chairfilled breezeway. Armed with programs and English translations of the Latin songs, the audience was prepared for an evening of medieval music.

Every semester, Dr. Clyde Brockett's Music 509 class prepares and then performs ancient manuscripts. Many of the sacred pieces of this time period include the prayer "Lord have mercy," in Latin of course.

So in honor of this phrase, the theme of this year's performance was "Lord Have Mercy: Medieval Musical Prayers."

This was the first Collegium Musicum for Performing Artists Association President, Billy Lackey. He heard people in the music department talking about the ensemble's performances.

ensemble's performances.
They piqued his interest, so he decided to check it out. "It's a different perspective on music," he said.
Even though the tiny, tiled foyer was chilly, it provided the perfect acoustic setting for the unique sound of the ensemble.

A few medieval props added to the atmosphere. A triptych, a medieval, threepaneled painting, created by Stephanie McCormick, filled showcase on one wall. In honor of the preces for the dead, "Deus miserere," rustic, wooden candelabra sat in front of the singers. Though the candles remained unlit. they reminded the audience of the sacred nature of the music. At each performance, the ensemble includes a new instrument from the medi-

eval period.

One semester

they simply rang a bell, with dramatic, echoing results.

Last semester, they ventured into the more secular music and included a variety of instruments including the doumbeck, a medieval drum.

The featured instrument at this season's performance was the crotales. It is made from many tiny cymbals mounted on a board and struck. Dr.

of tiny bells.

But as always, the focus was the singing. The words in these chants are simple prayers of praise and supplication.

The beauty comes from the voices, the

repetitions and the harmonies between the singers. Some of the most beautiful and haunting pieces they performed were the kyries. The only words in the nine-fold kyrie were "Kyrie Eleison," but the full, resounding voices made this piece one of the most thrilling of the evening.

They also performed antiphons, precess, and litanies. "I love this kind of stuff," said Kristen Wagner, secretary for the PAA. "You can hear rock anywhere," she said. "Where else can you hear this?"

Brockett explained that some pieces are processionals—they are meant to be performed on foot. So for the appropriate pieces, the singers dutifully rose and marched the length of the tiny room. Cantatrices Kimberly Lee and Sarah Charlock performed the processional antiphon "Dimitte nobis Domine."

The melody was high and difficult, but their

voices blended until there was only one delicate sound. Not all of the performers are in the Music 509 class. Many music students take the class several times, or they come to sing for the sheer enjoyment. Shannon Todd has taken the Collegium Musicum in the past, but this

year, she couldn't fit the one-credit class into her sched-

So even though she gets no credit for her work, she performs. "It's like a hobby," she said. "I just wanted to help out."

Appropri-ately, they ended the evening with hymn of thanksgiving called, "Te Deum laudamus." Before they began, Brockett explained that the directions in the music instructed them to kneel during the song. Even with the warning, it was alarming and striking to see nine robed figures collectively kneel.

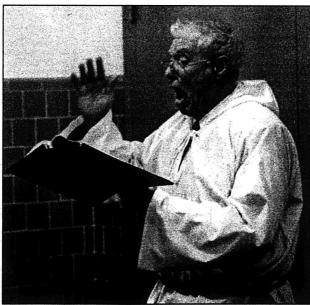
"It's good to broaden people's

horizons and get them to look at new things," Wagner said. The Collegium Musicum will perform at the Holiday Happening, sponsored by the music department, on Dec. 5.



above: Dr. Jennifer Barker deftly handles the crotales, a medieval cymbal-like instrument, during the ensemble's performance.

below: Dr. Clyde Brockett conducts the Collegium with large sweeping motions.



Photos by Mike Leonard/ The Captain's Log

Mark Reimer took a few moments to explain what the crotales is and how it is played. Dr. Jennifer Barker knelt in front of the singers as she played the crotales, which have the delicate tinkling sound

alternate

By Joseph Atkinson Staff Writer

I heard some wonderful news recently. The Spice Girl's new album debuted at a meager number eight on the Billboard charts and they got booed off the stage at a performance in Spain. Are their fifteen minutes winding down?

I know it probably seems like I've been whining about REM a lot lately, but this whole drummer thing made me realize that I forgot to review "New Adventures In Hi-Fi" when it came out last year. How could I? I know it's a bit late, almost a year, but here's my attempt to repair that mistake.

REM - "New Adventures In Hi-Fi" (Warner Brothers) REM had never released a less-than-average album until 1994's "Monster." With a couple of exceptions, namely "Bang and Blame" and "Strange Currencies," it was an awkward and embarrassing attempt to rock out. Of course, great bands and musicians almost always stumble at some point in an attempt to keep themselves important. Think of the Beatles' "Let It Be," or just about anything the Rolling Stones have released in the past fifteen or twenty years. Bands make boo-boos, and REM, who was due for one anyway, did.

With "New Adventures In Hi-Fi," Stipe, Mills, Buck, and Berry (oh Bill!) put themselves back where they should be. On this album, the band spends more time mixing classic REM elements. The pretty, autumnal "New Test Leper" and "Electrolite" wouldn't sound out of place lodged somewhere between the songs on "Automatic For The People." Elsewhere, when the band does rock out, on "The Wake-Up Bomb" and "So Fast, So Numb," it doesn't sound like the bumbling REM of "Monster," it sounds like a big rock band.

So, while "New Adventures In Hi-Fi" isn't a complete return to form, it does find REM back in its natural element. Instead of trying to throw itself into a hard-rocking fray, the band walks into familiar, atmospheric territory. The only real fault on "Adventures," and it is a real fault, is a tendency to stretch the songs out too long. A little trimming around the edges and REM has another classic album. Instead, they end up with a good one. B

Save Ferris - "It Means Everything"

(Starpool/Epic) Good, not great, ska bands make some of the most life affirming music in the world. There's nothing quite like an upbeat horn chart, a bouncing rhythm, and one of those happy little melodies that can sweep you off into the nostalgic world of summers past. Unfortunately, Save Ferris isn't a great ska band. The first time I heard their cover of "Come On Eileen," I thought they were, but they aren't. So "It Means Everything" turned out to be a ma-jor let down. With a couple of exceptions it's just more of the same stuff that bands like No Doubt and Less Than Jake churn out all the time. I'd take the time to mention the names of some of the songs, but it really isn't worth it. If you like the single, go and get that. Don't buy the album. D-Robert Earl Keen - "Picnic" (Arista/

Austin) Sometimes I wonder why the singer-songwriter types give their songs to other people. Robert Earl Keen has been around awhile, but this is the first album by him that I've heard. Keen's voice is similar to Dylan's, sort of a nasally whine, but he isn't half as good as Dylan. Actually, he's at his best when he's covering other people's songs on "Levelland," "The Coming Home Of Son And Brother," and "Fourth of July." Otherwise, Keen just sort of honks and squeaks his way through his own material with a little help from Margo Timmins of The Cowboy Junkies. He does have one great moment though. "Then Came Lo Mein," is a fantastic tale of a guy going insane at an allyou-can-eat Chinese buffet. Sometimes beauty comes in strange forms. C-











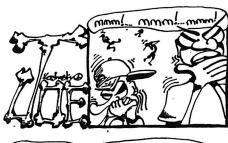








there's no real chance that this area will ever try for a fro sports than again. So, I juss I'll had down to florida... I hear bisney's asting stantdoobles.





Act One- Thank you for all of your hard work this semester! Great Job on the Battlefield Band! Barbie

Failing Statistics? Look no further. Tutoring available weeknights and weekends. Reasonable hourly rate. Call Mark @ 596-8846. (B.S. in statistics).

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Seniors! The Senior Class Committee is picking up the pace - and we need your support! If interested, e-mail us at srclass@cnu.edu. Our next meeting is Dec. 4.

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ATTENTION ALL CNU STUDENT EMPLOYEES

Tax season is fasta pproaching!!!
To ensure all employees receive their W-2's for 1997 without delay please inform the Payroll Office of any address changes as soon as possible. Address change forms are located in the Payroll Office. If further information is needed, please contact the Payroll Office at 594-7030. Also, all employees filing exempt tax status must complete new tax forms are available in the Payroll Office.

Act One would like to thank Cathy Banks, Phyllis Ayres, Paul Fitzgerald, the Office of Student Life, the Biology Department, and the music department for all their hard work and support for the Battlefield Band.

To AΦ, all new officers, Congrats. Sherri you will do a great job. Angela, Deb & Shan Shan party my house with the Phi fluid. Christa-still the best roomy. Love in AOE. Katv

Corrie-I know who you love. Kasi-you are never getting your shoes. Sandra-eating is more fun. Kristina-dairy island station. Ana-I love you, you are the best big sis ever! Shanon-rubber duck? All the ΦM 's-ya'll are the best to me, I had so much fun Saturday... and Sunday. Carnation was awesome. love in bond. Carrie

Kelley(my other half) Chivalry is not lost! Some people come and go, but we will always remain...think about it. If you should need anything I'm the door on the left at the top of the stairs. Tim need a place to sleep this weekend?? CRACK is harmful and Kee is da bomb - Mian

Congrats to all the new officers of Alpha Phi. I'm looking forward to a great year. To my Little Sis Lisa, when are we going out? To Christa, where's my black jacket?

To all my sisters in AΦ I love you!! Big Sis Lil'M--I miss you girl. Shauntae--Hawaii will never be the same! Ryan, I love you. Pat B. & ΠΚΦ-sorry I missed the mixer, when's the make-up? We need to party! Angela, Debrah, and Shan Shan-great party! Vikki

Congrats &M new sisters. Kris: Luv va bunches lil sis! Amy: Moonshine! Shannon: Happy belated B-day. Kristie: Miss ya, hang in there. Steve: Thanks again! Tim: Hey cutie, a toast to our side of the water. ПЛФ: Luv ya guys, best of luck pledges! Karen-drive too far. Daye-call a bro. (interviews) Sam-work too much. Sarascaffold Oueen. Heather- "Volleyball Vaden." Eric-prepare to lose at bball. Frank-get an alarm. Eric S.-good 2 see you lil bro. Sean-make the test. Terry-Killian's Red Mack. Scott & Jon-have fun at carnation. Kristie-sp?-good 2 see you. Dawnno comment. Adrian-wrestle Queen, The Cheddar Football Champion-and-Mack Daddy of the Black PantiesSam: Salty Dog runner-up T.P.: Did Jenni Craig give a refund yet? Cori: Here's your shot at Scottie: Eat more spinach. Frank: ΦM mack. Josh: Firewater Mack Kappa Class: Hang in there. Cronin: Get more sleep!! ΠΚΦ forever #82

Nu class...I'm sure ya'll are feeling much better this week. Congrats to who is deserving!!!!! Pi Lams, thanks for another interesting semester?! If you can't make it all the way make it halfway! You'll always have a place to stay Love, Mian & Kelley

By the year 2000 we will, I hope, raise our children to believe in human potential and not god.

Gloria Steinem

The fruits of Christianity were religious wars, butcheries, crusades, inquisitions, extermination of the natives in America, and the introduction of African slaves in their place. Arthur Schopenhauer

I do not believe that any type of religion should ever be introduced into the public schools of the United States. Thomas Alva Edison

Religion encourages stupidity, and an insufficient sense of reality. Bertrand Russell

The deepest sin against the human mind is to believe things without evidence. Thomas Huxley

As a set of cognitive beliefs, religion is a speculative hypothesis of an extremely low order of probability. Sidney Hook (American Philosopher)

The way to see faith is to shut the eye of reason. Ben Franklin

Every great advance in natural knowledge has involved the absolute rejection of authority. Thomas Huxley Dogma demands authority, rather than intelligent thought, as the source of opinion; it requires persecution of heretics and hostility to unbelievers. Bertrand Russell

The Bible and Church have been the greatest stumbling blocks in the way of women's emancipation. Elizabeth Cady Stanton

The religious superstitions of women perpetuate their bondage more than all other adverse influences. Elizabeth Cady Stanton

If we must play the theological game, never forget that it is a game. Religion, it seems to me, can only survive only as a conciously accepted system of make-believe. Aldous Huxley

I have been into many of the ancient cathedrals-grand, wonderfut, mysterious. But I always leave them with a feeling of indignation because of the generations of human beings who have struggled in poverty to build these altars to an unknown god. Elizabeth Cady Stanton

Half the Christians churches in New York are trying to ruin the free public schools in order to replace them with religious dogma. W.E.B DuBois

Zealous groups threaten to infringe civil liberties when they seek government support to impose their religious views on nonadherents. This has taken on many forms, including attempts to introduce organized prayer in public schools, to outlaw birth control and abortion, and to use public tax revenues to finance religious schools.

These quotable quotes are courtesy of the CNU Free Thought Society.

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