

THE CAPTAIN'S LOG

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FEBRUARY 23, 1998

One of CNU's *Finest*: Alumnae Griffith Dedicated to Success, Chocolate



By Stephanie Mojica
Staff Writer

Even when Mary Griffith was growing up, she was dedicated to what would become her career. Selling Girl Scout cookies is usually seen as chore, that necessary part of being a Girl Scout, and maybe a way to earn a token prize along the way. Selling cookies was something that she enjoyed and also felt was natural for her.

Her time in the Girl Scouts lasted through elementary and middle school, but the effects of selling the cookies are still present today. The cookie sales sparked an interest in marketing for Griffith, a CNU alumnus. Eventually this career path led to the opening of Virginia's Finest Chocolates four years ago.

Dedication is a prevalent aspect in Griffith's life. After Griffith graduated from CNU in 1990, she continued her involvement with CNU by playing significant roles on the Alumni Board.

She is currently serving as the historian, on the Executive Board, as well as on the Board of Directors. Working towards her BSBA degree in management and a communications certificate at CNU, Griffith also enjoyed campus activities and gained valuable experiences that would help her career through extracurricular activities and on-campus employment as a student assistant for the Department of Accounting.

"Being a student at CNU was not much different from being in high school," said Griffith. "Since I lived in Newport News all my life, I came to CNU because it was nearby."

While Griffith was a student at CNU, she was a member of the American Marketing Association, a writer for "The Captain's Log", and participated in the Small Business Institute. At Denbigh High School, from which she graduated in 1986, she was a member of the Future Business Leaders of America.

Griffith believes that the most important experience she had at CNU was at the Small Business Institute.

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Theroux charms "focused...crowd" Essayist, poet started writing career as frustrated mother

Photos by Ben Hutt / The Captain's Log Photo illustration by Mike Leonard

By Jennifer Schuetze
Staff Writer

On Friday evenings, there are usually not a lot of reasons for sticking around campus after your last class. However, this particular Friday was different because CNU had special guest Phyllis Theroux.

There were no empty chairs in the Alumni Room in the Student Center on Feb. 6 for the well known essayist, speaker and author. Pink lemonade and cookies were munched on by people during her discussion.

She gave this lecture free because her writer's workshop on Saturday quickly filled up. She

discussed how she became a writer and her current novel, "The Book of Eulogies." Theroux took the podium and said, "I can feel the energy from such a focused college crowd and that makes it fun for me to be here." She then her story of becoming a writer, showing that everyone has the ability to write.

She wondered at the age of 6 or 7 what she was going to do with her life. At one point she decided that she was going to be a saint. But she soon found out that you had to go to faraway places and live extremely poor to be considered for sainthood. Eventually, she decided



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•Wes has a little adventure trying to avoid going to the dentist. Will his efforts be for not?

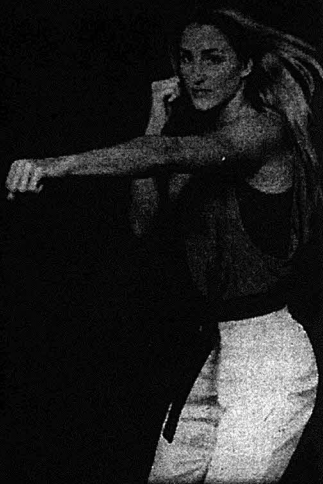
•Rave Reviews gets a little pricy with 17 dollar meals at Mitty's Ristornate, Sunday Brunch.

•Track teams latest tournament Info.
•Baseball team puts a hurting on Elizabeth City



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Theroux continued from page 1

that she should be a good wife and mother, not as a vocation but as a way of life. Then, she turned to writing because it was good therapy. She felt as if she were following all the right rules for being a mother and wife, but she was still feeling miserable. So one night she wrote all of her feelings down, read it and thought it was good. Theroux went to the drugstore the next day and bought an envelope. She decided to mail it to Ladies Home Journal, figuring that magazine was geared toward her article. Later, her article hit the desk of a bored secretary who decided to read it. The article impressed her so much that she showed it to the editor. He read it and gave Theroux a call. She was in the middle of serving her kids spaghetti when he called. He asked two questions. The first one was "Are you okay?" After reading the article, he became

a little concerned about her. The next question was, "Can we publish this?" Of course she agreed, but later found out that her piece was a better piece of writing than she was capable of at the time. She realized how hard it was to write the next one.

Theroux had gotten her foot in the door and now she had to learn the trick of the trade. There was only one way for her to do that and that was to write. She quoted Alice Walker saying that, "She writes books she needs to read but can't find." She went on to write other articles and books such as "Peripheral Visions" and "Nightlights: Bedtime Stories for Parents in the Dark." Then Theroux asked herself four questions. The first one was, "What kind of life do I want to lead?" The second was, "What kind of life can I lead?" The third was, "What kind of life am I leading?" The fourth was, "What kind of life did I leave?" You can answer the first three,

but an eulogist always answers the fourth. An eulogy is the answer to anyone's last question in life.

She went to the Library of Congress and realized that a book of eulogies did not exist. "I had the whole world to dig up," she said. She was leading a life that had never been led. Learning to make value choices, keeping her eyes open and learning to ask questions were how her "Book of Eulogies" came to life. Theroux realized that the best lives did not always have to be the best eulogies. "Jesus did not have an eulogy," she said. Some eulogies occurred years after a person's death. Victor Hugo delivered a memorial to Voltaire a hundred years after his death, she said. She also learned that not everyone is allowed to leave something behind. For instance, Beethoven was allowed to leave his music because it was of use, but others do not do have things quite as useful.

While she was doing the research, she began to connect herself to those dead people. When Princess Diana died, she realized that person was born in 1961. Theroux graduated from college that year and Kennedy was the President. She also learned that unconnected dead people connected with other dead people. For example, Aldus Huxley died when Robert Kennedy was assassinated and Helen Keller died the same day that Bob Kennedy was assassinated. Of course, the Kennedy's received all the headlines. Something else that she began to ponder was that one person could radically change someone's life. "Who influences you in your life?" she asked the audience. The last thing she learned was how exquisitely well orchestrated life is and beneath the senselessness is order. Theroux is also the founder of the Nightwriter Seminars where she helps other people to find their voices. She realized that she enjoys writing because she is willing to give time to it, she also enjoys teaching because it is fun for her. Theroux encouraged the audience to write because, "Everything is a story. Don't assume that just because it is coming from you that no one will want to read it, because the more honest you are, the more people will want to read it."

Griffith continued from page 1

"Larry Mills was my favorite professor and the Small Business Institute really helped me with my career field. I benefited from it because it was a hands-on class, and I learned a lot through helping companies with their marketing," said Griffith.

Not only does Griffith own and do "basically everything" for Virginia's Finest Chocolates, she also is the Director of Marketing for Performance Support Systems, a software company in Newport News.

Virginia's Finest Chocolates is the result of Griffith's dedication to a career in marketing, and is run out of her Williamsburg home with the help of four employees. Businesses can use the chocolates, which can be customized with their logo or whatever else they might want on it, as marketing tools, ways of thanking customers, or favors for dinners and other special events.

"The biggest challenge we've had to face is fast growth. We faced and met this challenge by better time management and quicker manufacturing. Our newest development is new techniques of screenprinting images such as logos and buildings onto the chocolates," said Griffith.

Griffith feels the best decision of her life was to go into the field of marketing and investing the time and money necessary to make her business work. She describes herself as "an aggressive business person that pays a lot of attention to detail."

As for the future of Virginia's Finest Chocolates, Griffith is dedicated to making the business have its own stand-alone facility. To accomplish this goal, she is dedicated to making smart decisions as far as expansion, as well as planning things ahead. Griffith also plans to better balance her personal life with the expansion of her business, as well as to start exporting her products to Japan.

"My whole life is dedicated to doing this business. It's what I think about and do all the time. It's exciting for me to do, and the customers are excited about the product that Virginia's Finest Chocolates provides. That excitement is what gives me the energy to keep going," said Griffith.

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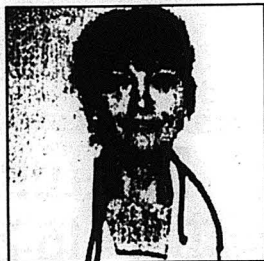
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On the other side of the Earth: Prof. Wu Qing studies English, culture at CNU

By J. Tyler Ballance
Contributing Writer

After a rigorous selection process at Fudan University in Shanghai, People's Republic of China, Wu Qing, an energetic professor of literature from the city of Wuxi, was selected to participate in a spring semester instructor exchange program in literature at CNU. Her selection was based on instructor evaluations and the performance of her students.

The instructor exchange program is funded by a foundation established by industrialist and Vice President of the People's Republic of China, Rong Yi Ren. Each year, highly qualified academics from all specialties are selected to travel to other countries to teach and learn in their selected field of study.

Wu Qing was happy to be selected, but her assignment meant traveling to the other side of the earth, leaving her beloved husband, Cai Li, behind in China. "He is busy working on a joint venture with Ingersoll-Rand to build road machinery," said Wu Qing, indicating that their busy schedules would make the separation pass more quickly. Wu Qing added that she sends her husband e-mail almost every day as a way to stay in touch. She will return to China by June.

Eager to get started, Wu Qing took on the task of participating in five classes: College Writing II, Feature Writing, Women's Literature, Business and Professional Writing, and Literature and Ideas.

She expects to help teach some portions of the latter course later this year. In all of the

classes she has taken an active role, surprising students with her readiness to share anecdotes from China that apply to discussions being held. Wu Qing must spend numerous hours preparing for each class. While English translations are challenging, what gives her the most difficulty are slang words. "I must tell my students when I return to China that when, in movies they say, 'It's cool,' they mean everything is fine."

Even with her busy schedule, Wu Qing has managed to meet new friends among CNU faculty and students, and to see some of the local community (though she has been hampered by lack of a car). A planned trip to Washington D.C. was postponed due to bad weather, but Wu Qing plans to visit D.C. and New York prior to the end of the semester. Dr. Gao, from the history department has encouraged her to apply for a National Committee on U.S.-China Relations program that will fund

travel for her to additional sites around the country for up to three weeks. She has also become a close friend of Japanese exchange student, Naoko. Local sites that are still on Wu Qing's list to see are, a mall, Berkeley Commons (a friend told her they had prices cheaper than China) and the new Antoine Fuqua movie, "Replacement Killers," which features Hong Kong actor, Chow Yun-Fat.

Wu Qing's initial impression of CNU is of a very friendly university. Dr. Park from the Department of Economics met her at the airport, and brought her to sociology Professor Jim Forte's Moore Lane home, where she had arranged to rent a portion of the house for the semester. Professor Burnam McLeod of the English department has served as her initial mentor and colleague.

Wu Qing says she enjoys living here in Newport News very much. She says that

while China is developing fast, the pollution is very bad near industrial areas, and the price of food typically costs almost half of a person's net income. Her one word description for life in the U.S. is "convenient." "Food prices are low, and if you want to take a shower, you can have hot water any time," she continues, explaining that supermarkets, central heating and plentiful, inexpensive electricity, are still lacking in many Chinese communities. A major difference she has noticed about the Peninsula is the near absence of mass transit. In China, there are few roads. Trains and buses are everywhere, and are typically crowded. She quickly noticed how Americans need their cars in order to get to required destinations. China, she said, is in the process of building more roads, but there is a strong commitment among her countrymen to the use of mass transit systems.

Wu Qing would like to help Americans understand more about the China she calls home. She says that if she could meet with every CNU student the first point she would make is China is not like the old movies that many of us have seen, but an emerging industrial nation with a rapidly developing economy.

China's citizens are interested in high fashion and other quality goods. "We are no longer Maoists, dressed in olive-drab clothes, many ladies in Shanghai are more fashion conscious than people here."



Visiting Chinese Professor
Wu Qing

Photo by Barbara Temple/
The Captain's Log

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THE CAPTAIN'S LOG


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CNU baseball begins big

By Alex Vasquez
Contributing Writer

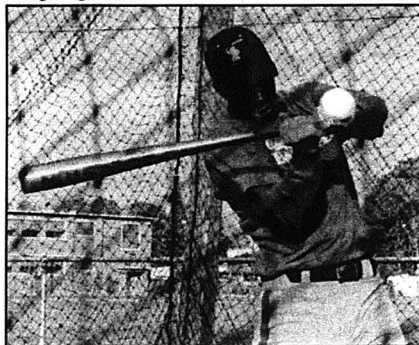
The CNU baseball team started off the 1998 season with a bang getting its first win of the year, beating Chowan for the first time, 6-2, since 1987. Sophomore Rob Robinson went 3 for 5 at the plate and Andrew Gregory added a two-run blast. Senior Richie Clark and junior transfer Hank Morgan were each 2-5. Also, Jason Seely a transfer student from the Apprentice School got the victory with six strikeouts in 5 2/3 innings. Junior Steve Eudy pitched the last 3 1/3 to pick up the save. It was CNU's first season opening win since 1995, and the earliest game ever played by the Captains with a Feb. 14 date.

The next day CNU blew-out Division II Elizabeth City State. This game was no contest for the Captains from the beginning, scoring four runs in the first inning. They scored six in the seventh.

Senior Ritchie Clark went 2-for-2 with 3 RBI's. Senior Dave Mitchell went 2-for-3 with 2 RBI's, Dennis Dobson was 2-4 with

one RBI, and Andrew Gregory had another big day with a two-run double in the first finishing with three RBI's. VMI transfer Hank Morgan hit a solo home run as the Captains demolished the Vikings 15-3 in seven innings under the new 12-run, seven-inning slaughter rule.

Sophomore Will Somerindyke picked up the victory with five strikeouts in five innings. He was supported by 11 hits as the Captains scored in each of the first five innings with four in the first, six in the second, two in the third, one in the fourth and two in the fifth.



Freshman Danny Morgan takes a cut during practice. CNU opened the season with two victories

Photo by Mike Leonard/
The Captain's Log

Deface the Deuser

By Kris Van Deusen

The word is out that a few people on campus do not entirely agree with my opinions. I was taken aback. Actually, some just downright dislike me on a personal level. Since the letters I've recieved, while they are amusing, are simply too slanderous to publish, the Captain's Log staff has come up with a grand idea—"Deface the Deuser." This is a art contest on the most basic level for those who would rather draw on my face than give me a good debate.

So, here's your chance to get back at the Daddy. Simply grab a pen, pencil, crayon, knife, or whatever and go to town on the Deuser's face. When you're finished, drop the picture in the tape-a-quarter box located in the Student Center lounge. The entry with the most brutal and creative abuse of my face will be published in the paper if the editor-in-chief lets me. Remember, there are some things you just cannot publish so it must be clean enough for the general public. I have provided two separate categories for those who just can't help themselves.

The judging will be done solely by me. I will simple choose the entry that hurts my feelings the most.

The winner will receive a prize kit containing a Skurge CD, CNU T-shirt, and whatever else we have to throw in.

Mr. Van Deusen's opinions do not necessarily reflect those of The Captain's Log.

Men rule region, 4th Div. III; Ladies move up in South

The Captains reached new heights this week in the Div. III poll of the National Association of Basketball Coaches (NABC), soaring to No. 4 in the nation. CNU, now 21-1 with a 21-game winning streak, passed Hope (Mich.) and St. Lawrence (N.Y.) for its highest national ranking ever. The team had been No. 6 the previous two weeks. The best CNU had ever reached prior to this year was No. 7 in the 1993-94 season.

The CNU men retained their four week hold on first place in the South Region, while the women moved up a spot to sixth in the latest regional rankings. The women have now won eight straight and are 19-3.

Information provided by the sports information department

Edwards scores 30, Ladies crush Chowan

Dana Edwards scored a career-high 30 points, and set a school record with eight three-pointers, as CNU whipped Chowan, 111-57 last week. Edwards was 10-17 from the floor, including 8-14 on threes, and broke the old mark of seven held by April Macario and Kinsey Pritchett. Joining Edwards in double figures were Misty Hart with 21, Karla Rhone with 14 and Rasheka Barnes with 12. Barnes also had seven assists, while Leema Madden had six assists and five steals. The Lady Captains forced 35 Chowan turnovers with 23 steals. CNU raced to a 55-36 halftime lead en route to its eighth straight win.

Information provided by the sports information department.

NCAA Div III Statistics

Men's national rankings

Assists - Mike Holland - 6th - 7.1
Rebounding - Steve Butler - 16th - 10.6
Scoring margin - 5th - 20.0
Won-Lost percentage - 3rd - .955
Field goal percentage defense - 4th - .372
Field goal percentage - 13th - .506
Rebound margin - 1st - 13.7
Blocked shots - Steve Butler - T2nd - 3.7
Top individual game in rebounds - Steve Butler - tied 3rd - 22
Longest winning streak - tied 2nd - 21

Women's national rankings

Scoring - Misty Hart - 11th - 22.0
Scoring offense - 6th - 81.7
Top individual scoring game - Misty Hart - T7th - 42

Men's Basketball Standings

School	Conf.	Pct.	Overall Pct.	Streak
CNU* (4)(1)	10-0	1.000	21-1	.955 Won 21
N.C. Wesleyan	6-5	.545	13-9	.591 Lost 2
Averett	5-5	.500	9-13	.409 Won 1
Ferrum	5-6	.455	11-11	.500 Won 2
Shenandoah	4-6	.400	9-13	.409 Lost 1
Methodist	4-7	.364	7-14	.333 Won 2
Greensboro	3-8	.273	6-17	.261 Lost 7

(national ranking) [regional ranking]
*clinched regular season championship

Women's Basketball Standings

School	Conf.	Pct.	Overall Pct.	Streak
CNU* [6]	9-1	.900	19-3	.864 Won 8
Greensboro	8-3	.727	16-6	.727 Won 4
Methodist	8-3	.727	14-9	.609 Won 1
Averett	4-6	.400	8-13	.381 Lost 6
Shenandoah	3-7	.300	7-12	.368 Won 1
Ferrum	3-8	.273	4-19	.174 Lost 4
N.C. Wesleyan	2-9	.182	5-17	.227 Lost 1

(national ranking) [regional ranking]
*clinched regular season championship tie

Baseball Standings

School	Conf.	Pct.	Overall Pct.	Streak
CNU	0-0	.000	2-0	1.000 Won 2
Methodist	0-0	.000	2-1	.667 Won 2
Ferrum	0-0	.000	0-0	.000
Greensboro	0-0	.000	0-0	.000
N.C. Wesleyan	0-0	.000	0-0	.000
Shenandoah	0-0	.000	0-0	.000
Averett	0-0	.000	0-0	.000

(national ranking) [regional ranking]

Track picks up six more qualifiers at Virginia Tech

The track team picked up six more NCAA qualifying marks at the almost all Div. I Virginia Tech Invitational Friday and Saturday. Two relay teams earned automatic qualifying. The women's 1600-meter team--Denita Eason, Meshailay Robinson, Bridgett Cochran and Jenita Harris--was timed in 3:56.26, while the men's 1600 team -- Tony Smith, Jarmon Mayes, Prennis Page and Clyde Lewis--qualified in 3:17.51. Eason qualified provisionally in the 60 meters (7.88), as did Greg Boothe in the men's 60 (7.00). Lewis qualified provisionally in the 400 meters in 49.08, along with Casey Taylor in the long jump (18-1).

Other National Qualifiers

Women

Bridgett Cochran, 60-meter hurdles, 8.27.
Denita Eason, long jump, 17-11 3/4.
Denita Eason, 55-meters, 6.1. Prov.
Meshailay Robinson, 55 meters, 7.1.
Tamika Lomax, long jump, 18-0, Prov.

Men

Tony Smith, 55-hurdles, 7.2 Prov.
Greg Boothe, 55-meters, 6.1. Prov.
Clyde Lewis, 400 meters, 49.63.

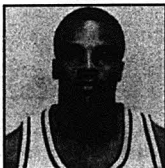
Information provided by the sports information department

DIXIE PLAYER OF THE WEEK

Feb. 16, 1998

Players of the Week

Men's Basketball: STEVE BUTLER - Christopher Newport - The senior from Newport News, Va., averaged 14.5 points, but also 17.5 rebounds as the Captains won twice and ran their winning streak to 21. He was 11-20 (.550) from the floor and six steals and five assists.



Women's Basketball: TAMARA POOL - Christopher Newport - At the Lady Captains won their seventh straight the junior from Hampton, Va., averaged 22.5 points and 6.5 rebounds. She shot .720 (18-25) from the floor and contributed six steals and a block in two games.



Rookie of the Week

Women's Basketball: SERITA JACKSON - Christopher Newport - The freshman from Tappahannock, Va., came off the bench to average 15.5 points and 5.0 rebounds in two CNU wins. She was 14-21 (.667) from the field and had three steals and two blocks.



BASEBALL

By Russell Scott
Staff Writer

What's the most frequently used word to describe this year's CNU baseball program? "Excited." From coaches to players, everyone that is a part of this team is predicting a good season out of this year's squad. With 31 players presently on his roster, head coach Curt Long feels that he has some of the most depth and talent that he has ever had. Although Long is fairly sure of who his starting line-up will consist of, he has great confidence in his bench and is convinced that they can come in and provide solid efforts.

Starting as catcher for the Captains will be Senior Richie Clark, who will be key in play calling. The rest of the infield will be comprised of three juniors and one freshman. Shortstop Andrew Gregory is a junior, as is third baseman Hank Morgan and first baseman Carlos Thornton. Gregory has good hands in the field and finished last season tied for best batting average on the team. Freshman Keith Windle from Denbigh High School will round out the in-

field. "Keith is going to be our starting second baseman as a freshman which is quite a big thing for him," said Long.

One area that Long is clearly excited about is his outfield, which will be covered by Senior David Mitchell, Junior Derek Riebel, and Sophomore Rob Robinson. "Outfield is definitely one of our strengths. Defensively, we think we can go get it with anybody," said Long. "All six of our outfielders can hit and they can all run." This combination of speed and hitting is a standard that Long is proud of and is trying to continue. "It's real tough for kids who are looking to come to CNU as outfielders. The first thing I tell them is you're going to have to be able to run and you're going to have to be able to hit," said Long.

Probably the deepest part of the team is the pitching staff. The number one and two pitchers will most likely be Juniors Steve Eudy and Jason Seely. Eudy is the staff's only left-hander and had a good season last year. Seely is a transfer from Apprentice School, and Long expects solid performances out of him. Another guy who will be competing for a starting spot in the rotation is Will Somerindyke, who Long expects big things out of this year and in the future.

Some of the other pitchers that Long has at his disposal include Senior Keith Parr, Junior Scott Griffith, Sophomore Jason Klacynski, and Freshmen Mike Johnston, Eric John and Cliff Wester. The closers will be Junior Nate Lienard and Sophomore Adam Beach.

Brandon Sparks. Also, Junior Scott Hudgins, who was the teams number one pitcher the last two years, is expected to come back from an injury and compete for a starting job.

"Our depth is as strong as it's ever been. I feel real good that if the unfortunate should happen, we have people in substitute roles that could come right in," said Long. "Our pitching staff right now, we feel, is as deep as it's ever been." The designated hitter spot is even a 4 way battle right now. It's up for grabs between Senior Dennis Dobson, Juniors Tim Piland and Mike Gard, and Freshman Daniel Morgan.

Long is also pleased with the help that

he has received from Buddy Denton who joins the Captains after a great 27 year coaching career at Kecoughtan High School. "He does a tremendous job daily with our guys and he's a tremendous glue to what we're trying to accomplish," said Long.

And what exactly does this year's team hope to accomplish? "We have very high expectations. We certainly want to compete in our own conference," said Long. "Every year our goal is to finish in the top three in the conference and that may not sound like such a high goal to some programs but right now two of our teams are ranked in the top ten nationally."

Long is confident that this team is able to achieve these goals. "We just have to take it one game at a time," said Long. "There's a real positive atmosphere every time you get this group of guys together. The coming together of the field and the support we're getting from parents and fans is really adding up to some good things."

BULLPEN



John Klacynski #16

Vital Stats:
Position: Middle Relief Pitcher
Bats Right/Throws Right
Sophomore, 6'1", 175 lbs.,
Jefferson Forest H.S.,
Lynchburg Va.

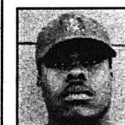
Coach's Comments:
"He's going to be the middle man out of our bullpen."



Nate Lienard #35

Vital Stats:
Position: Relief Pitcher
Bats Right/Throws Right
Junior, 6'1", 225 lbs., Tabb H.S.,
Tabb Va. Transferred from Central Florida.

Coach's Comments:
"Nate will start the year as our closer."



Carlos Thornton #33

Vital Stats:
Position: First Base
Bats Left/Throws Left
Junior, First base, 5'10", 175 lbs.,
Essex H.S., Tappahannock Va.
Coach's Comment:
"A 3 year starter Carlos started his career in the outfield and we moved him in to third base."

Keith Parr—Senior, Pitcher, 6'3", 205 lbs., Kecoughtan H.S., Hampton Va. "We've just brought him down under. He's a submariner and he's starting to find success with that."

Cliff Wester—Freshman, Pitcher, 6'2", 160 lbs., King William H.S., King William Va. "We think as Cliff develops, he's going to throw the ball real hard."

Scott Hudgins—Junior, Pitcher, 6'5", 220 lbs., Gloucester H.S., Gloucester Va. "Scott was our number one pitcher for two years but has had some injuries. We'll hopefully have him back by midseason."

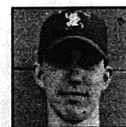
Scott Griffith—Junior, Pitcher, 5'10", 155 lbs., Southampton Academy, Courtland Va. "He's a strong middle man for us."

Will Somerindyke—Sophomore, Pitcher, 6'3", 205 lbs., Green Run H.S., Virginia Beach Va. Will be competing for a starting pitching spot. "Keep your eye on Will. He's an up and coming Dixie prospect and we look for big things out of him."

Brandon Sparks—Sophomore, Pitcher, 6'1", 153 lbs., Midlothian H.S., Midlothian Va. "May close a little bit this year with Nate Lienard."

Mike Johnston—Red-Shirt Freshman, Pitcher, 5'11", 160 lbs., Nansemond Suffolk Academy, Suffolk Va. Transferred from Presbyterian College S.C. Will pitch out of the bullpen. "He's a strike thrower and has a good breaking ball."

Adam Beach—Freshman, Pitcher, 5'9", 165 lbs., York H.S., Yorktown Va. "Adam's got a live arm and we think he will fit in real well."



David Mitchell #12

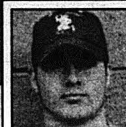
Vital Stats:
Position: Outfield
Bats Right/Throws Right
Senior, 6'0", 165 lbs., Alliance Christian H.S., Portsmouth Va.

Coach's Comment:
"A 4 year starter and will bat in the middle of the line-up. He's one of our top base runners."



Hank Morgan #5

Vital Stats:
Position: Third Base
Bats Right/Throws Right
Junior, 5'10", 168 lbs., Hampton H.S., Hampton Va. (Trans./VMI)
Coach's Comment:
"Drew (Gregory) and Hank grew up together as best friends, so it's kind of a nice story that the two of them can play on the same side of the infield for the first time."



Andrew Gregory #11

Vital Stats:
Position: Shortstop
Bats Right/Throws Right
Junior, 6'0", 185 lbs., Isle of Wight Academy, Isle of Wight Va.

Coach's Comment:
"We played him at second base all last year and moved him back to shortstop this year where I think he's really found a home."



Keith Windle #3

Vital Stats:
Position: Second Base
Bats Left/Throws Right
Freshman, 5'9", 140 lbs., Denbigh H.S., Newport News Va.

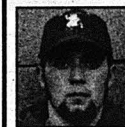
Coach's Comments:
"He had a super fall where he hit over .450."



Jason Seely #31

Vital Stats:
Position: Pitcher (#1 or #2 starter)
Bats Right/Throws Right
Junior, 6'3", 220 lbs., Kecoughtan H.S., Hampton Va. Transferred from Apprentice School.

Coach's Comments:
"Will be our number one or two pitcher along with Steve Eudy."



Steve Eudy #30

Vital Stats:
Position: Pitcher (#1 or #2 starter)
Bats Left/Throws Left
Junior, 6'0", 195 lbs., Great Bridge H.S., Chesapeake Va.

Coach's Comments:
"He finished last season as strong as anybody and ended up being our MVP."



Richie Clark #25

Vital Stats:
Position: Catcher
Bats Right/Throws Right
Senior, 5'10", 195 lbs., Kecoughtan H.S., Hampton Va.

Coach's Comment:
"He's been an All-Tournament selection and is going to be key in calling plays."



Tim Piland #14

Vital Stats:
Position: Designated Hitter/1B
Bats Right/Throws Right
Junior, Outfield, 5'11", 185 lbs., Alliance Christian H.S., Portsmouth Va. Trans Dundalk CC

Coach's Comments:
"He's a power threat. We're not sure where he's gonna break in yet but he's certainly competing for a spot right now."



Mike Gard #15

Vital Stats:
Position: Designated Hitter/
Middle Infield
Bats Right/Throw Right
Junior, Middle Infield and DH, 5'10", 175 lbs., Beach H.S., Chesapeake Va.

Coach's Comments:
"Mike's a tremendous hitter."

DUGOUT

Dennis Dobson—Senior, Catcher, 6'0", 195 lbs., West Potomac H.S., Alexandria Va. Transferred from VCU. "He's gonna give us some help behind the plate."

Eddie Gosman—Junior, Catcher, 5'10", 190 lbs., Greenbrier Christian H.S., Chesapeake Va.

Trey Hardaway—Junior, Shortstop, 5'9", 167 lbs., Poquoson H.S., Poquoson Va. Transferred from Radford. "Trey can play both spots in the middle of the infield which is real helpful to us."

Eric John—Freshman, Pitcher and OF, 6'1", 176 lbs., Cox H.S., Va. Beach Va. "Eric's got great speed and hits the ball well."

Aron Tabor—Freshman, Catcher, 5'9", 175 lbs., Granby H.S., Norfolk Va. A bullpen catcher right now but will be working his way in.

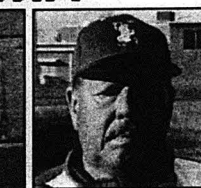
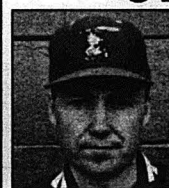
Daniel Morgan—Freshman, Utility, 5'10", 155 lbs., St. Joseph Academy, St. Augustine Fla. "Two of his best assets are that he's got great speed and he's a good hitter from the left side."

Thomas Seay—Freshman, First base, 5'10", 205 lbs., Douglas Freeman H.S., Richmond Va. Hit over .600 his senior year of high school. "He hits to the right gap as good as any right-handed hitter."

Matt Tonelson—Freshman, Third base, 5'11", 170 lbs., Princess Anne H.S., Va. Beach Va. Will back up 3B. "He has real nice hands and swings the bat well."

Chuck Ford—Junior, Second base, 5'10", 175 lbs., Arcadia H.S., Oakhall Va. Was back-up 3B last two years but is now backing up 2B. "He's a real strong hitter for us and he fits into second real well."

COACHING STAFF



Curt Long, Manager

Buddy Denton, Asst Coach

Deface the Deuser



There two categories (circle one): Publishable Unpublishable

Name _____ Phone # _____

RULES AND PRIZE INFORMATION ARE CONTAINED WITHIN SPORTS COMMENTARY

arts and entertainment

flickers



"Killers" replaces plot with stylized action

By Allison Allen and Eric Bergstrom
Contributing writers

This was a slack week at the box office. We decided to check out the new movie *The "Replacement Killers,"* starring international superstar Chow Yun-Fat (the guy who popularized the two-gun shooting technique). The movie starts with John Lee (Chow) fading in and out of a crowded disco like a phantom while coolly dispatching some guarded, unknown victim. From there, the plot (simple as it may be) explains that Lee is an unlikely hitman, indebted to a New York crime-boss, Terence Wei (Kenneth Tsang), for a total of three hits. For the final and most difficult job, Wei employs Lee to settle a personal vendetta against the local detective Stan Zedkoff, played by Michael Rooker. When Lee refuses to pull the trigger, he is faced with Wei's vengeance in the form of countless gun-toting goons. Mira Sorvino, a document forger named Meg Coburn, gets caught up in the mayhem when she is called

upon to furnish a passport to help Lee flee the country.

Eric: I was impressed by director Antoine Fuqua's first entry into the film industry. This was a straightforward, unassuming movie that promised nothing more than lots of action, which it delivered with all the sensationalism of a walking arsenal. Cult fans of John Woo and Quentin Tarantino are sure to drool over this one.

Allison: Impressed is definitely not the first word that comes to mind after seeing this movie! There were probably less than fifteen minutes of dialogue in the whole film and those fifteen minutes were filled with shallow and clichéd characters who should have been left scriptless.

Eric: I could have written the plot for this movie based on the previews, which can be a good or bad thing depending on your perspective. Maybe you didn't know what you were getting into when we zeroed in on this movie, but it was everything the previews promised it would be. I will admit however, that the film's appeal is prob-

ably limited to select groups and its title doesn't exactly fit the plot of the movie. The killers called in to "replace" Lee were incompetent and played too little a part to be of any consequence.

Allison: I can see the casting call now - actors capable of portraying witty, interesting, and believable characters need NOT apply! The director wanted us to believe that there was a chemistry between Chow and Sorvino that never even existed. The main actors' skills were limited to making the bullet wounds seem painful and the supporting cast ends up so full of holes that they're not even worth mentioning. I really tried to find a redeeming quality in the action sequences, but they sadly came across as choreographed and predictable.

The actors can hardly be blamed for this movie's lack of depth. One can hope that these capable stars are offered better scripts in the future. While this movie definitely has cult appeal, most moviegoers would not be too disappointed if they waited to see this one on video.

alternate route

By Joseph Atkinson
Staff Writer

Elliott Smith - "Either/Or" (Kill Rock Stars) In the world of indie rock, sensitive guy singer-songwriters are as common as flies on poop. One is forced to wade through several CD bins to find the gold nuggets amidst the mounds of trash. Elliott Smith is one of those nuggets that makes all of the searching worth the effort.

His second solo album, "Either/Or," is full of spare, folksy songs that detail his hard boozin', lonely, broken relationship lifestyle. Smith wrote and played the entire affair on his own.

Paul Simon seems like Smith's biggest influence, especially on "Angeles" and "Rose Parade," but somehow I don't believe Smith would concede to that. Most of his melodies are built around minor key chord changes that lend themselves to the somewhat depressing, thoughtful subject matter. "Between the Bars" is a pretty, and surprisingly happy, ballad. "Alameda," features Smith's impressive finger-picking, as he sings, in his distinctive warbly tenor, about a woman who lives her life through other people.

There isn't a stinker on "Either/Or." A couple of the songs seem underdeveloped, but are redeemed by Smith's endless bag of melodic tricks. Elvis Costello and Gus Van Sant (the director of "Good Will Hunting") have both given Smith a thumbs up, the latter through a high profile, Oscar-nominated appearance on the "Good Will Hunting" soundtrack. Word has it that his first major label album is due out in March. Keep an eye out for this major talent. A

Mary Lou Lord - "Got No Shadow" (Work/Sony) Mary Lou Lord used to be the female antidote to Elliott Smith. She too released a couple of indie albums on the Kill Rock Stars label after she was sighted strumming tunes in Boston subways. Her jump to a major label was met with a collective grumble from the indie community, but it really isn't all that bad.

"Got No Shadow" features several songs that Lord had recorded on previous albums, but here they get dressed up with better production and cleaner performances. Lord is not a prolific songwriter and nine of the album's twelve tracks are either covers or songs Lord co-wrote with her friend Nick Saloman. This isn't a problem though, Lord is a good interpreter of music and her covers seem as genuine as if she had written the songs herself. The Saloman penned "Lights are Changing" is the album's highlight. The melody is the kind of melody that pop music was created to support. Roger McGuinn, guitar wizard and former member of the Byrds, lends a nice chiming guitar riff to an already perfect song.

There are plenty of high-profile guest appearances throughout "Got No Shadow." Lord's hero Shawn Colvin does the backing vocals on "Subway" and her good friend Elliott Smith plays the bouncy finger-picked guitars on "Shake Sugaree." Former Jellyfish member Jon Brion adds his multi-instrumental talents to several of the songs.

With the right, or possibly wrong, publicity Lord will probably end up getting tossed in with the Lillith girls, but she's too smart to get caught making smiley faces in her eggs with Jewel or to be seen being a bad bad girl with Fiona Apple. "Got No Shadow," although at times a bit too glossy, is well beyond the sophomoric offerings of either of those ladies. B

Rave Reviews

Omni offers a tasteful jump-start to week

By Shelly Heath
Staff Writer

Mitty's Ristorante - Sunday Brunch
Hours: 10 a.m. - 2 p.m.
Price: \$17.95 per person

Most weekday mornings find me rushing out the door with an empty stomach and the hope of having enough time to grab something from the convenience store before my first class. Weekends are different though. As I stare at the empty shelves of the cold box in my kitchen my mind wanders - hot, fluffy waffles drowning in butter and syrup, an omelet stuffed with veggies and tons of cheese, hash browns covered in ketchup, orange juice and hot coffee. Though I consider myself pretty creative with food, there is no way to turn a jar of mayonnaise, a beer, and one egg into any of that.

Luckily there's Mitty's Ristorante. That's right - the same Omni that houses one of the hottest night clubs around also offers an awesome Sunday brunch. Spent all of your money the night before? No problem - you can find a two-for-one coupon in many of the local pamphlets and magazines (found at the entrance of a popular local bookstore).

So if you have to retrieve your car from the Mitty's parking lot where you left it the night before, I recommend stopping in and giving it a try.

The first thing that caught my eye was the omelet and waffle station that we passed on our way to the hostess stand. Though no one was there to greet us as we arrived, we were quickly noticed and seated by one of the waitresses. Before we got fully situated, our waitress was at the table offering us drinks - the "Mimosas" is quite popular (half champagne, half orange juice), as is

the Sunday classic "Bloody Mary." She politely told us to help ourselves and was back before we could even do so with our drinks and a basket of pastries.

There among the silver banquet bins, I found eggs Benedict, bacon, sausage, and those hash browns I had envisioned. For those interested in lunch, there was a selection of snap beans, peas and rice, and roast beef with whipped potatoes, and the much more appealing selection of seafood dishes, crab legs, and salad bar complete with chilled shrimp. There among the main

off with a hot bagel, fruit, cheese, and - call it a gross combination if you must - a few chilled shrimp with cocktail sauce. I was really looking forward to some of those hash browns, but the few that I sampled from my companion's plate were a bit dried out and luke warm at best.

We placed our omelet order as soon as the chef returned and went up for another round - proving to be much tastier than the first - I must emphasize the importance of getting to a dish as soon as it arrives to the buffet line! The seafood dish was just incredible - shrimp, huge scallops, and salmon in a white wine, red pepper, butter sauce. The omelet, delivered to us shortly after, was quite "splittable" and was cooked to perfection.

Our waitress checked with us periodically to make sure we were satisfied and refilled our drink glasses before they got too low. If she was busy elsewhere (the restaurant was packed), the bus boy would stop by to clear any empty dishes out of our way and the coffee pot on our table was refilled with fresh coffee.

As much as we wanted to, we were unable to sample all of the pastries. We selected a small slice of the chocolate torte, a few small chocolate covered strawberries, and what I soon discovered to be tiny squares of carrot cake covered in icing. All but the chocolate covered strawberries were as rich and delicious as they looked - the chocolate that these were dipped in was a bit bland.

With no room left for anything else, we asked for the check. Gladly accepting and deducting our coupon, our waitress graciously told us to enjoy the rest of our day - knowing that I wouldn't have to clean up any breakfast dishes was definitely a good start in that direction. I think I'll have to start a tradition and do this every Sunday!



course items, was a tray of smoked salmon, fresh fruit, cheeses, and vegetables. I had to know if the desserts on the huge pastry table were worth saving room for - carrot cake, chocolate hazelnut torte, cheesecake, apple cobbler, and chocolate covered strawberries quickly answered that question.

Much to my dismay, the chef attending the waffle and omelet station was absent when we went to place our order, so I started

Wes's World

By Wesley Cline

Wes gets gassed at the dentist



I went to the dentist recently. My teeth hurt when I ate something hot, something cold, and even when I didn't eat anything at all. I thought there might be something wrong. But, maybe everyone had a pain so intense that it almost made them pass out every time they ate something. Perhaps, the reason I was so well-endowed around the waist was that I was some kind of late bloomer to this pain.

In any event, I went to see the dentist. I was a little late for my regular cleaning anyway. A few years ago I went to see the dentist. When my visit was over and I was overjoyed that the dentist had found a reason to pull out her drill, the receptionist asked me if I would like to schedule my next appointment. I said, "No!" but I had to give her a date when I would come back.

"I'll tell you what, I'll pencil you in for March 12 at 3 p.m. If you can't make that appointment, then call and reschedule when you know exactly when you can make it."

When she was making the appointment, she neglected to mention a specific year. I wasn't about to mention this oversight. I had no intention of going back until at least the turn of the century.

About a week before the magic date arrived (as far as my dentist's office was concerned), they sent me a little postcard to remind me of my impending appointment with doom. I called and told the receptionist I would be unable to keep the appointment as I had a class. Actually, I just had a class during the same week and didn't really want to see the dentist, as if she couldn't already guess that. The receptionist tried to get me to reschedule, but I didn't want an appointment I knew I would break.

The receptionist and I played this game for a few months. Then one month the receptionist didn't call. I got worried. What had happened to her? Had my failure to give in to her demands caused her to be fired for inefficiency? Had she died and her replacement neglected to call the patients who needed to set up appointments? Didn't she care?

I was so worried I called the dentist's office and was on the phone with the receptionist before I realized I had voluntarily initiated contact with the receptionist for a dispenser of oral pain.

"I thought you would be calling. Have you decided to come in for an appointment, or is this just a social call?"

"You know how much I love you. Actually, I dialed the wrong number. I was trying to get my gynecologist."

"You must be a very unique male to require a gynecologist's help. Or have you undergone some changes since last we saw you?"

"No, I don't require you to make any changes at this time. I meant to say my genealogist. I am having him do some investigation into the backgrounds of my European relatives."

"Well, while I have you on the phone, would you care to make an appointment so you can break it, or would you just like me to call you on a random date so you can be more creative about making up your excuses?"

"I don't think it is a good time to make an appointment right now. Perhaps, I'll make the appointment after my schedule settles down a little, like when I retire and have nothing better to do."

"All right. I'll see you then, Mr. Cline."

I thought that was the last I would hear from her for a while, and I suspect that she didn't expect to hear from me for quite a while. Then I discovered that I needed to have teeth, and a dentist might be able to assist me in retaining a few of them for future use.

One day the pain became too much to bear. On the chance that she could see me on short notice, I decided to drop in at my dentist's office to see if someone had canceled.

"Hello, Mister Cline. Did you get lost trying to find the donut shop or did you get tired of talking on the phone with me?"

"I have come to finally get a cleaning if there is room for me today."

"I think there is room for you. You aren't here for any specific reason are you? You aren't suffering from any pain are you? If you are, I could start making arrange-



ments to handle whatever might be the problem."

"Now that you mention it, I am having a little bit of sensitivity to extreme temperatures when I am eating."

"Very good, Mister Cline. I will tell the dentist, and see what she suggests."

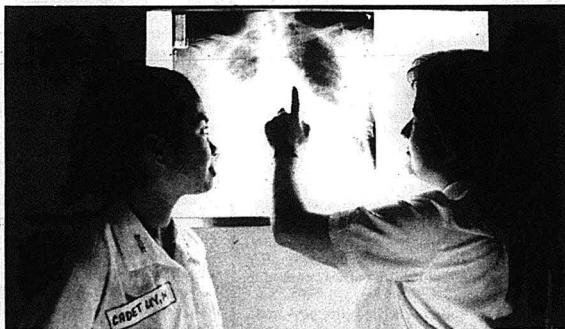
While I waited for them to call me back to the cubicle for a little torture, I read the dentist's issues of "Modern Pain Mongers' Monthly."

"We're ready for you, Mister Cline. If you had come in earlier, we may have been able to avoid this. Now, it is going to be a very painful process - one which I don't think you will enjoy."

After six hours in her chair of torture, I didn't remember much. I was given a great deal of gas.

All I can remember is her laughing and saying, "This is going to hurt some. Give me some more gas. I mean, give him some more gas. Hey, stop hogging the gas, I need some, too! Why don't we just pull all his teeth out and replace them with plastic vampire teeth?"

I have a grin now that anyone would be envious of, especially any costume shop owner looking to advertise his plastic vampire teeth. I'm pleased. They don't hurt anymore. I just can't eat things that are too hot or my teeth melt and run down my chin. That can be very messy!



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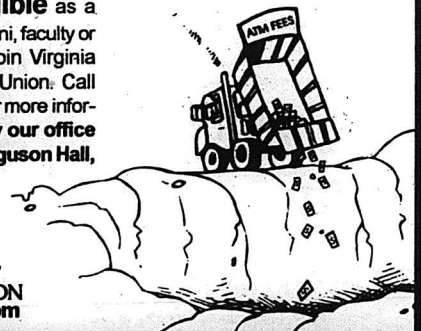
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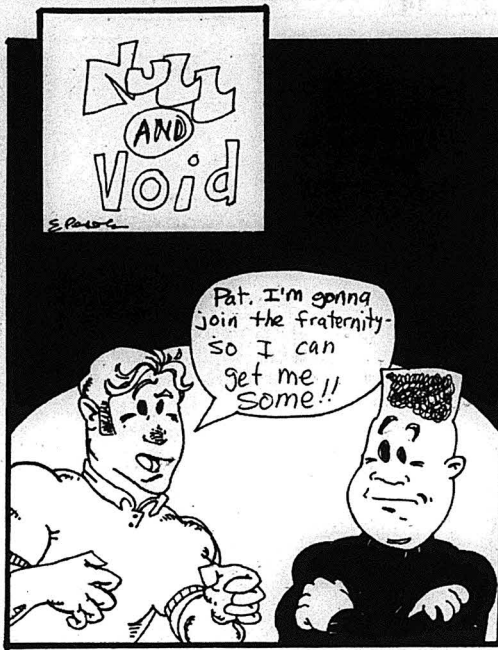
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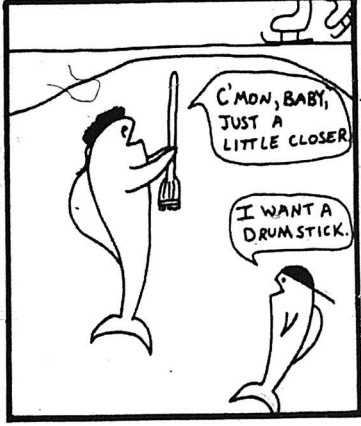
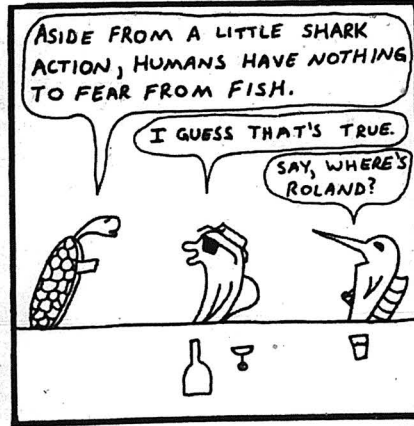
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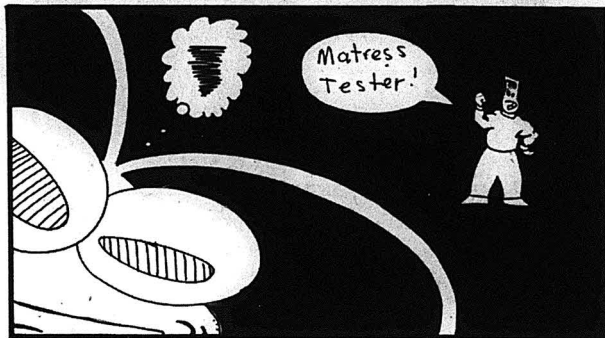


FISH BAIT *by Van Dine*



FISH BAIT *by Van Dine*





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\$7.00 per hour plus \$150.00 per month housing allowance. Largest rental service on the Outer Banks of N.C. (Nags Head) Call Dona for application & housing information 800-662-2122.

Anyone interested in becoming a certified soccer referee is welcome to attend the next Peninsula Soccer Officials Assoc. (P.S.O.A.), monthly meeting. The next meeting is Thurs March 12 at TNCC, Diggs Hall Room 100. At 7:30 p.m. NO Experience Necessary. For further information contact Martin Guardia @ 595-5997.

FOR SALE: \$75 Twin bed w/ bookcase, headboard, little used. \$100 LARGE home office desk w/ chair, filing space, computer space/work space. Big! \$250 286 lap-top Tandy computer-Perfect for student use. Contact Misty @ 873-0447

Produce a series of Pen & Ink water-color renderings of CNU campus buildings on Sale at Cnu bookstore at \$14. An additional series of VA Plantations on sale at the PFA Center gift shop.

BOOK FOR SALE

Human Growth and Behavior: Psych 210 Brand new: Asking \$60.00 - O.B.O. Call 918-3791, Dial 2 then your number.

ROOMMATES- Female seeks same. Hilton-Furn/unfurn \$217.00 a month and util. Call 595-5843 or 874-8545.

WANTED: True Love, is there anyone out there? Needs to be emotional, fun loving, ready, **Honest!** Warning: Take Caution with my heart. It falls easily and is more than likely to be broken. I need someone that won't give up on me. Call 594-8206. Ask for Lucas

Failing Statistics? Look no further. Tutoring available weeknights and weekends. Reasonable hourly rate. Call Mark @ 596-8846 (B.S. in statistics).

Earn \$6000 next summer!
Call Dale for more info @ 872-8598

Alpha Kappa Psi
The only Co-ed Professional Fraternity
Welcomes all new Pledges.
Visit our website:
<http://www.cnu.edu/clubs/akpsi>

Congrats to Ruth Anne on Homecoming: You are a beauty inside and out! Felicia: no one could compare. Vicki: always here for ya- I love ya girl! Eddie & Jimmy: Narboza! Pat: still got much love! Justin: your house or ours? To all My AΦ sisters: your the best. To my big Sis Amy: Sorry about the gift. Love in AOE, Denise

Alpha Kappa Psi's Student Tip of the week: Get Organized to get ahead! Register for info at: <http://www.cnu.edu/clubs/akpsi>

To all AΦ & ΠΚΦ,
Thank-you all so much for all the support during Homecoming. Keep the tradition going '97, '98, and more years to come. Love in AOE, The King & Queen

Salty One: Plan a Phat retreat Hos: Florida or Bust! Mike: how's your cream? Hebert: hangout more. Josh: My tan will be better. Room 456: getting jiggy with it. Dawn: dressing nice. Karen: gain weight. Pledges suck. Terry & Ruth: Congrats! ΠΚΦ rules Homecoming! Everyone have fun over spring break, I'll think of you on the sandy beaches of Florida. I'm out like Springer fights.

ΠΚΦ: it was fun getting to know some of your brothers' feminine sides. AΦ & ΠΚΦ Homecoming King & Queen '97, '98 & '99!!!! AΦ loves Tuesday nights with ΠΚΦ. Love, Suzanne

Ignorance is Bliss- RS
The Free Thought Society: Giving advice to those who are happier than ourselves.

Tiny, Darrell can wait because we have a date! I am so thankful that you are in my life. I love you so much. Joshito: I did not kill the fish. "May the force of gravity be with you." Quiana- roach hotel. Murkel: "Chat is Back"

Congrats to Ruth Anne & Terry. ΠΚΦ thanks for hanging out with us. We love you guys. Larry: how about those dalmations? Terry: why don't you break the gate next time. Suzanne: love you. Ang & Deb: thanks for all of your help & support! ΠΚΦ: remember there is no wrong way to eat a Helvey pancake. Love, Shan Shan

Moonshine: H.O.L.E.! Charlie: Relax no cable vans are involved. ΠΑΦ Pledges : Good Luck. Lucas: Persistence & a little luck will get you some. Beth: Thanks for my letters. Joc- Cable guy!

Congrats: Shan I love You. Thanks Cable Guy! ΦΜ is all about some mixin'- waz up? Cori you are the best roommate ever. ΣΠ when are we going skiing again? Whole lotta ΦΜ love. Jocelyn
P.S. Thanks for the quarter Cronin. sshh Spanky

To the Brothers of Pi Lambda Phi-
"Don't walk in front of me and be my leader nor walk behind me and follow my lead. Walk beside me and be my brother."
- Nicademis

Congratulations to CNU's homecoming court. You all deserve a crown. And a special congrats to Terry & RuthAnne. You worked hard for it. Love,
The sisters of Phi MU Fraternity

I want to thank all the sisters who helped sell the Carnations. We had alot of Phi Mu Love going out to help the children. Congrats on raising 81 dollars!
Love, Heather

Rico Elemino: thanks for the cookies. Sandra: I really don't like bridges. Bubba: the true gentlemen. Ana: Congrats! I love you. Nu class is great but Mu class is all that. Lindsay: pididdle. Tim: your nose is black compared to my light brown. Jocelyn: you may not love me but I love you. Much Love to AΦ, ΓΦΒ, ΠΑΦ, ΣΠ, ΠΚΦ, APO, and ΣΤΤ from ΦΜ---
Whole lotta love, Carrie

Trina Rae: Forget Psych, let's go beanie baby shopping! Tim P: Keep blowing, don't stop. Kristina S., Helen, Sandra and Laura: We did it! Kristina H.: hang in there we love you! Congrats Ruth Anne from AΦ and Terry from ΠΚΦ. Howdy HO Sandra: Let's take a ride. ΦΜ 4-ever!!!!!! Love, Heather

Sam, Heather S., Kristina S., Laura, Helen, and to our Phi Guy: Great job! Thanks ΣΤΤ for the mixer. Kasi: I'm excited for you! Joanne Kicks Butt!!! Carrie: and you can too. Lucas: opportunity happens when luck meets Fate. Keep trying! Kris H: I'm not mad! Tim: Phi Mu loves you! Terry: I'm going to be mature. Congrats to our homecoming King & Queen . ΦΜ 's love and mine - Amy (moonshine)

To our dear sister Leah,
We wish you all our love! Our thoughts are with you in your speedy recovery.
Love, your PHI MU SISTERS.

official tape-a-quarter form

THE
CAPTAIN'S LOG

tape
quarters
here

name, phone number and today's date (required)

print message below. do not exceed six lines