



# THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLLOG WWW.THECAPTAINSLLOG.ORG

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## Online Versus In-Line

After this year's Black Friday, the general consensus is that sales are shifting from waiting in line to purchasing online.

BY MELANIE OCCHIUZZO  
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Black Friday is one of the biggest shopping days of the year but rather than massive crowds trampling each other at stores, online sales have hit an all-time high according to sources like Adobe Digital Insights and the National Retail Federation (NRF).

In the past, stories have spread about deaths, fights and overcrowded stores on Black Friday but with the shopping spread out over several days there were not as many instances this past year.

The big shopping days in the month of November, according to Adobe Digital Insights 2017, are Veterans Day, the day before Thanksgiving, Thanksgiving Day, Black Friday, Small Business Saturday and Cyber Monday.

Adobe's Digital Insights spent time sifting through over 4,500 retail websites, 55 million SKUs and visited more than 1 trillion retailers.

SKUs are Stock Keeping Units which serve as a product and service identification code for a store or product, often portrayed as a machine-readable bar code that helps track the item for inventory according to Investopedia.com.

Adobe reports in 2016 that \$94.4 billion was made in online sales alone and this year it is projected that \$107.4 billion will be made in online sales alone.

Senior Macy Friend, a Bed Bath & Beyond Sales Associate in the Harmon department reported that while Black Friday was busy, it was no more than a usual weekend evening.

Most of the customers came before noon she says and even then the rush was not that bad, according to her fellow employees.

Friend attributes this lessening of Black Friday traffic to the recent increase in online sales. "Online shopping is becoming more and more popular, especially through Amazon, which is causing major competition among stores," she says.

The view from the front of the shared parking lot for Bed Bath & Beyond and Target shows a crowded outside with cars searching to find spaces. In neighboring parking lots such as Patrick Henry Mall parking could take about 15 minutes due to the massive crowds that come out to shop. There were still less crowds outside this year due to the increasing online sales that have begun to replace the in-store shopping. **MACY FRIEND/ THE CAPTAIN'S LOG**

**ONLINE VS IN-LINE**  
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## Weekly pic

The leaves are in full color on campus. That perfect time of year for picture taking has finally arrived.

**Morgan Barclay/The Captain's Log**



### CNU TV

Ryan On The Lawn returns for Thanksgiving festivities. Tune in to see what he's up to this time.

## Happened

**Nov. 23-26**

### Thanksgiving Break

CNU Captains got a chance to go and visit family for a few days for Thanksgiving. Students visited home and other various locations to celebrate the holiday.

**Nov. 27**

### PLP Speaker Heather McDougall

From 8 to 9:30 p.m. in the Diamonstein Concert Hall Dr. Heather McDougall presented as the Founder and Executive Director of Leadership Exchange.

## Happening

**Nov. 30**

### Alpha Phi's Mac 'N Phis

From 5 to 8 p.m. at the APhi House, the Alpha Phi's will be hosting an all you can eat mac'n'cheese bowl event. Tickets are \$5 and proceeds will benefit the Alpha Phi foundation.

**Dec. 1**

### CAB Presents...Karaoke Night

CAB will be hosting a karaoke night in the Crow's Nest starting at 8 p.m. this Friday, Dec. 1.



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Scan this image to add us on Snapchat! Follow our updates, watch us behind the scenes in the newsroom, and keep up with commentary on campus life.

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**THE CAPTAIN'S LOG** is the official student newspaper of Christopher Newport University. It is a public forum, which is published Wednesdays throughout the academic year.

**THE EDITOR** welcomes letters from readers. Editors reserve the right to edit letters for length and AP style, as well as to refuse publication. An email with a ".doc" attachment is preferable. Reach us through:

- **Email:** [clog@cnu.edu](mailto:clog@cnu.edu)

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**JOIN THE STAFF** The Captain's Log is always open to students who are interested in writing, photography and editing. Editors assign stories every Sunday at 7 p.m.

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# From the Front Page

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Some people reported that the stores they worked at were crowded but the level of disorganization was much less.

Evan Monroe, a recent 2017 graduate and the head of the crowd management team on Black Friday, reported that while the crowds were a bit larger than those at Bed Bath & Beyond, they were still manageable.

“Overall after store opening the store was very crowded, but because our team had communicated clearly to guests earlier about where lines would form and the expected wait times we had no major issues or concerns,” Monroe says.

Senior Ashley McKenzie who works as a part of the ship to store team at Target reported that while she did work during peak hours, from 12:30 - 8 a.m., she did not see a lot of mayhem in the store.

She says that the overall atmosphere of the store was not crowded or chaotic and the majority of the crowds focused on the electronic section.

McKenzie says that her coworkers told her that every year the Black Friday crowds seemed to dwindle.

She also reflected the same report that Monroe had about the Target location’s pre-Black Friday preparation.

“For the most part I believe that Target has such a great system on how to operate on

Black Friday that we do not have many problems,” McKenzie says.

When McKenzie ventured out to another store after her shift, Best Buy, she encountered a similar atmosphere to that of Target’s.

“It was not that crazy either. I mean there were a lot of people there and the line looked really long but it seemed to go by really quickly,” she says when describing the shopping atmosphere at Best Buy.

Senior Samantha Salmons, who works at Tilly’s as lead sales, reports that Patrick Henry Mall did not even open on Thanksgiving this year, which is different from year’s past.

Salmons says that her particular store strives to keep their employees from getting too stressed around this time of year and offered up a potluck for them before the customers arrived.

She says that when the store was opened and the customers were shopping, people were getting a bit stressed but overall people were polite and eager to shop with their help.

“Black Friday is a lot of physical work, and sometimes the customers get stressed, which can be stressful for employees, but my store finds a way to put a happier twist on a day that most retail workers dread,” Salmons says.

Hannah Snyder, a senior and store Sales Associate at Pier 1 Imports echoes Monroe’s

report.

“Pier 1 had sales that went on all weekend, and our busiest day ended up being Saturday—everyone who shopped on Saturday said they did so to ‘avoid the crowds,’” she says.

This trend of having sales that start well before Black Friday and go through Cyber Monday have been increasing as the years go by.

J.C. Penney opened its doors at 2 p.m. on Thursday for sales while stores like Macy’s, Best Buy, Walmart, Target and Kohl’s opened their doors starting at 5 p.m. and 6 p.m. the Thursday before Black Friday.

One trend that companies have had their eye on according to data collected from sites like the NRF is how the 18-25 consumer age group behaves.

The NRF sent out a survey that asked 18-25 year old consumers when they would be doing their shopping and 65 percent of those surveyed reported that they wouldn’t start their shopping until November or later.

The NRF also reports that consumers plan to spread their holiday purchases across a variety of retail destinations including online sales, department stores and small businesses.

This survey also showed that young adults are spending more this holiday season than previous seasons.

But, they also reported that 54 percent of consumers overall plan to spend about the



Despite the large crowds, Patrick Henry Mall’s many stores allowed the shoppers to dissipate. **MACY FRIEND/THE CAPTAIN’S LOG**

same as last year.

The general student consensus from Black Friday was that the crowds were less oppressive, the planning made the day less hectic and the crowds managed to spread themselves out across the shopping holiday.

Shopping online has increased and people are looking less to spend time shopping in person in favor of spending time in their homes surfing the

web according to CNU students surveyed.

Students like senior Christopher Gabro reported that they preferred doing their shopping online so as to avoid the stress of having to leave the house.

It remains to be seen whether the online shopping trends will increase in years to come. ■

*Macy Friend is on staff for The Captain’s Log.*

## Black Friday 2017 Results



Big Shopping Days in November

Veterans Day \$1.3 Billion

Day Before Thanksgiving \$1.82 Billion

Thanksgiving Day \$2.87 Billion

Black Friday \$5.03 Billion

Small Business Saturday \$2.7 Billion

Cyber Monday \$6.59 Billion

All data and graphics are courtesy of the Adobe Digital Insights Report for 2017. Every year, Adobe compiles all of the online sales data for the November holiday season. In addition to this data they show most purchased items, items most out of stock and they provide links to advertisements.



# Title IX and Timely Warnings

The first in a series of stories regarding Title IX and sexual assault at CNU and university campuses across the Commonwealth of Virginia.

BY SABRINA RIVERA  
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When a report is made to the Title IX office or Campus Police, an all too familiar e-mail titled “Timely Warning Notification” is sent out to the student body.

It might warn the campus of a grand larceny or a sexual assault, but what goes into these timely notifications and how are possible assaults investigated at CNU?

These notifications let the student populace know when a crime has occurred, as mandated by the Clery Act (1990), which requires that 15 different crimes must be reported to the police, including stalking, grand larceny and sexual assault.

The Campus Security Authority (CSA) tags incident reports submitted to the Title IX office and determine whether this report falls under the Clery Act—they then send this report to CNUPD, who decide whether a Timely Warning Notification is to be sent out.

These notifications, however, do not always have context.

“[CNUPD] has a silent witness tip program that you can put a query into—one of those timely warnings could come from them getting a silent witness tip,” says Director of Title IX and Equal Opportunity Michelle Moody, during an interview with staff from The Captain’s Log. “We might not even know the names of the people involved. It might just say that a student was assaulted on campus in this location at this time. That’s enough to trigger one of those e-mails on you.”

This means that a report with no context may still be sent as a notification, but not result in an investigation due to the lack of identifying information.

Although there is no context to the e-mails, and sometimes to the reports themselves, “the purpose behind the Clery Act is to raise awareness, to let people know that things might be happening,” says

Moody.

The e-mails arrive soon after when the report is received by Title IX to serve as a notice that an incident had occurred—they only say what happened, when it occurred and whether the two students knew each other.

This is because even if Title IX knows the names and more in-depth informa-

right to bring in a “support person” or “advisor” to their interviews—they may be consulted for advice or comfort, but cannot speak on the behalf of the interviewee. This person may be a friend, a parent or even an attorney.

During the investigative process, there are certain interim measures that Title IX can implement, such as

cific circumstance, Title IX may move an individual to another residence hall if necessary to keep school classes going smoothly, or restrict the person from certain buildings or specific hallways, such as the other party’s residence.

After the primary investigation is finished and a timeline is compiled to

One reason that a party might appeal is to submit new evidence, but this must be evidence that did not yet exist at the time of investigation.

Another reason is that a party may feel that one of the investigators “had a bias” or if they “think [the investigators] weren’t fair or if [they] didn’t follow the process.” Both parties have one week after receiving the findings to file an appeal.

The initial investigators themselves are not involved in the appeals process.

Moody’s role becomes a clerical one during an appeal, making sure that deadlines are met and that forms are filled out correctly.

She then “gives it to the Chief of Staff, and the Chief of Staff assigns it to a Senior Administrator to look at.”

Title IX does not conduct hearings or decide punishments for a guilty party; they analyze statements and evidence to make a finding and then contact the appropriate authority for sanctioning.

If a student is found responsible, the Dean of Students is contacted, if it’s a faculty member then the Provost is contacted, and for university employees the Vice President of that employee’s division is contacted.

A Title IX investigation can only result in consequences related to the university, such as suspension or expulsion.

It does not automatically start a criminal investigation, but an individual may file a criminal report with the police to start one.

These cases carry much weight in the current cultural climate.

The purpose of this article is to lay out how these situations are handled by the University in an attempt to grasp a further understanding of the topic. In upcoming future issues The Captain’s Log will be publishing journalistic research and analysis of sexual assault statistics and methods of address at CNU and other state schools. ■

There have been 10  
Timely Warning Notifications sent by the Christopher Newport University Police Department this Fall semester.

tion, “[they’re] not going to put it in there because when those e-mails come out, an investigation has not been conducted.”

When a report results in an investigation, the accuser and the accused are both contacted by the Title IX office for individual interviews. They are asked for their account of what happened and for any and all evidence, such as text messages or audio recordings or witnesses that they can provide to aid in the investigation.

“It’s all completely and purely an investigative model,” she says, “It’s always myself and my co-investigator, it’s always two of us when we investigate, so it’s the two of us in the room with the person that we’re talking to.”

Both individuals have the

interim suspension, if an individual was deemed a threat.

What is more commonly done is a No-Contact order, which specifies that there should be no social or verbal contact between the two parties.

With a No-Contact order, it is still possible to stay in the same location due to CNU being a small campus, but Moody says that she asks people to be reasonable.

“If you show up in the same location, don’t just go up next to that person and stand. It’s like ‘Well I didn’t say anything to them.’ That’s kind of intimidating, so what I do is ask them to be reasonable and make reasonable efforts to move yourself away from the situation.”

Depending on the spe-

keep statements in a logical order, both parties have a right to access all statements and evidence that were collected.

They may ask questions and make comments for Moody and her co-investigator to take note of and review, as they “might have to go back to another party to verify some issues that have been raised.”

An investigation report is compiled with meticulous detail, often numbering around 30 to 40 pages long, and the statements and evidence are analyzed to make a finding on whether the individual accused is responsible or not.

The report is sent to both parties, and regardless of the outcome, both parties have the right to make an appeal if they are not satisfied with the findings.



# “Failure is Never the End Point”

Dr. McDougall shares her experience in overcoming obstacles and life in general as a young female leader.

BY KATIE HALL  
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Christopher Newport University prides itself on instilling leadership skills in their students. The extensive Presidential Leadership Program and

the Leadership Minor both provide opportunities for students to learn practical leadership.

On Nov. 27, the Presidential Leadership Program invited Dr. Heather McDougall, Founder and Executive Director of Leadership exCHANGE,

to speak to students about her personal journey.

For over 20 years, McDougall designed and taught leadership curriculums at multiple universities, including CNU.

Founding Leadership exCHANGE in 1998 at the age of

24, McDougall overcame many obstacles and learned what it means to persevere.

When a person begins their journey, they have an idea with an “A to B” plan. They know what they want and how they’re going to get to their destination. In most cases, this plan is turned on its head. When something unknown or unexpected happens, many ideas fail. According to McDougall, this failure brings out the inner toddler. What happens next depends on how a person handles themselves as a toddler.

McDougall expressed that a person can either resort to tantrums and abandon ship or persevere and become tenacious. To a toddler, failure is not an end point.

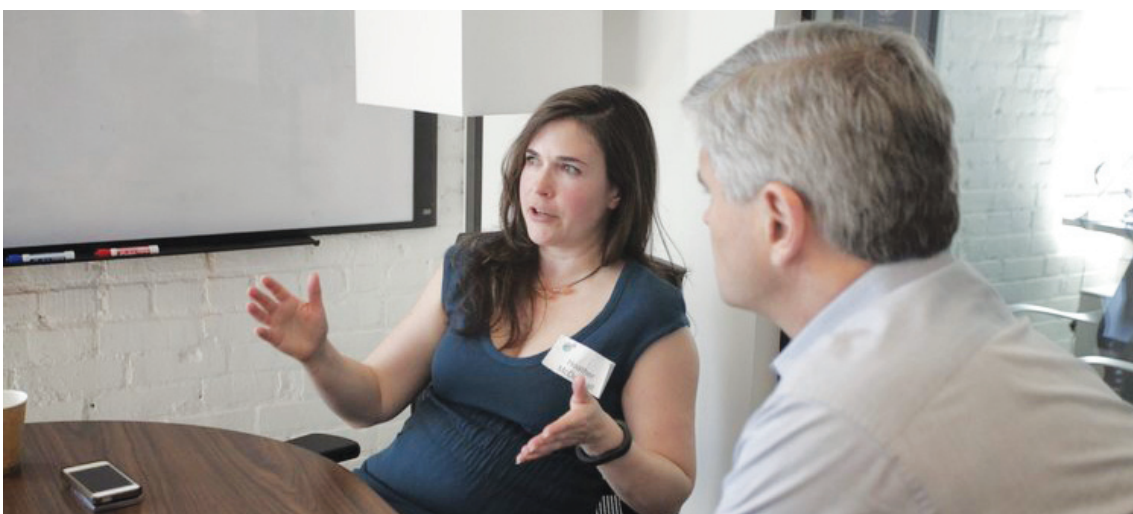
In the face of failure, one must “reframe [their] mindset” and allow themselves to have the “freedom to fail.” When McDougall felt she should

quit, she remembered that her plan was “never about [her] anyway.”

Instead of focusing on what she wanted to do, she focused on why she began her journey. McDougall explained the why is usually “much larger than yourself,” and “if it’s not about you, then it’s okay if it’s a messy process.”

Even though the original “A to B” plan may not play out the way she hoped, the endpoint of McDougall’s journey so far was “bigger and better than the original A to B.” If she hadn’t failed multiple times and persevered multiple times, she would never have founded a program that’s active in 10 countries with 30 courses ranging from social entrepreneurship to human rights.

When placed in a leadership position, remembering the reason for the “A to B” can mean the difference between defeat and success. ■



McDougall speaks from experience when addressing the topic of leadership and gender. COURTESY OF E51COMMUNITY.COM

## Professional Soccer Comes to POMOCO

Lionsbridge Football Club will be representing Newport News in the Premier Development League right in POMOCO Stadium.

BY JOHN COWLEY  
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NEWPORT NEWS—There was a palpable sense of excitement in the air on a recent Tuesday morning at POMOCO Stadium, which is normally home to the Christopher Newport University football team.

In a press conference held on the running track encircling the football field, a group of local businessmen announced a facilities partnership with CNU as well as the league affiliation of their upstart semi-professional soccer team, Lionsbridge FC.

The team name is a reference to the Lions’ Bridge, a dam that sits between the James River and Lake Maury just two miles from the CNU campus.

Club chairman and co-founder Mike Vest revealed that the new team will be affili-

ated with the Premier Development League (PDL), a semi-professional development league headquartered in Tampa, Fla.

In addition, through the new facilities agreement with CNU, the team will make its home at POMOCO Stadium during the PDL season, which spans from May to August, with the playoffs beginning in late July.

Newport News Mayor McKinley Price, who was also in attendance, praised the ownership group for its ambition and predicted the team would be a unifying force for the community.

“I marvel at the idea of having something to call our own, that spans all demographics,

giving friends, families and neighbors a reason to come together as one,” Price says.

Wes Hall, Executive Director of the Hampton Roads Sports Commission, which works to foster regional cooperation in the development of sports in the

area, echoed those sentiments.

“The impact of sports on a community is undeniable and Lionsbridge FC will undoubtedly provide a positive impact,” Hall says.

“Lionsbridge FC will represent more than just a great entertainment option. The club will serve as a connection for people of the Peninsula and for

the Hampton Roads region.”

CNU Athletic Director Kyle McMullin noted that the timing of the PDL season aligns well with the university’s summer break, which should minimize any impact on CNU activities.

Motioning toward the field with his hand, McMullin then grinningly and half-jokingly ratcheted up the pressure on

the new club, describing the winning tradition of the CNU soccer teams who have performed so well at the stadium in the past.

“We’ve won a lot out here on this pitch over the years,” he says. “And I expect that you all will continue that winning tradition as well.” ■

*“I marvel at the idea of having something to call our own, that spans all demographics, giving friends, families and neighbors a reason to come together as one.”*

– Mayor McKinley Price



PHOTO COURTESY OF THE LIONSBRIDGE FC



## Freedom of Speech is Necessary for a Healthy Exchange of Ideas

Conversation is imperative in this ever-changing and diversifying society to promote tolerance of differing views.

**RACHEL WAGNER**  
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What an odd contradiction exists in our modern discourse about diversity that sometimes we regard censorship as protection.

In the world of trigger-warnings, microaggressions and safe-spaces, we fear what offends us, hate those who oppose us, and seek to silence opinions which might cause harm.

I am an unapologetic First Amendment Junkie, who is also heavily invested in diversity initiatives. Little is as repulsive as racism, sexism and other prejudices which, we are constantly reminded via current events, do still exist in the world view of other humans.

The desire to silence these world-views makes some sense; accepting that there are indeed people who believe that I have lesser value as a person because of my genitalia is painful.

It does hurt, as I am sure it hurts other women—and men—who believe in human equality regardless of one’s sex.

While I acknowledge that that pain is real, I do not wish to silence individuals who share such prejudices aloud.

In fact, I encourage them to speak openly, if for nothing more than for me to know which businesses not to support, or which politicians never to vote for.

Accepting freedom of speech does not mean freedom from judgement; in fact, in a free marketplace of ideas, open judgement of those ideas is what causes ever-moving societal change.

If you truly trust in your worldview, find it logical, and know in your bones, for example, that discrimination against any human being on the basis of the characteristics which they did not choose and cannot control is wrong, nothing shows the strength of your conviction so much as facing the opposing opinion.

Allowing dissenters to exist means that you find your premises logical or true enough that people, when truly thinking things through, will find your argument stronger. In the free marketplace of ideas, stronger arguments have the platform to be heard and identified from among those which are illogical or immoral.

This does not mean that society will not err, as the majority throughout history has held opinions which are now considered heinous or factually incorrect.

However, allowing for open dis-

course and discretion among the people created the space necessary for change in thought to occur.

In his dissent in *United States v.*

*Schwinn*, (1929), Supreme Court Justice Oliver Wendell Holmes stated that “if there is any principle of the Constitution that more imperatively calls for attachment than any other, it is the principle of free thought—not free thought for those who agree with us but freedom for the thought that we hate.”

We must remember

that at one time, and in fact still in certain parts of the world, those who advocated for legal or societal equality regardless of race, sex, disability, place of origin or sexual orientation held the opinions which often were hated.

For decades, those who fought and won battles against prejudice faced censorship.

If they had been silenced even more strongly, if they had had no ability to

march, to rally, to speak, to publish or to utter their dissents with law or society, I would not be enjoying a college education equal to my male peers today.

Do we really trust society today more than any other time history, assuming that all forms of prejudice, all human harm, all social inequality has been eradicated such that we may cut off this flow of ideas?

Surely we have not reached a point of perfection such that no more discussion needs to exist.

In order to protect the advancement of human rights and protection of diverse populations, a diversity in thought and tolerance for opposition is necessary.

Cutting off dialogue and discourse stifles growth and any kind of progress.

Moreover, perhaps the issue with words which hurt us is not that they should be suppressed, but rather, that the pain must be more acknowledged as we stand in solidarity with individuals who feel it most.

Admitting that something hurts does not mean we need to stop it simply, for speech itself is not the source of what we deem problematic.

If we truly mean to make change, thought and world understanding is the target, we will not change people’s world view through silencing their speech; we need to change minds.

Open conversation is therefore necessary. ■

**“In a free marketplace of ideas, open judgement of those ideas is what causes ever-moving societal change.”**

## A Priceless Collegiate Experience

No matter how much or how little time is spent at college, students quickly realize university life is different from many other experiences they will have.

**EMMA DIXON**  
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You hear it all the time from your teachers, family members and friends: “College is the best four years of your life.” Although this may be true for the most part, there is no denying that college can be challenging at times. Just like life, college is full of ups and downs and twists and turns. Although I am only a freshman, I have already experienced the pros and cons of college life.

College is an unbelievable experience without a doubt, and there are many perks. You have the freedom to do whatever you want, whenever you want. There are no adults around telling you what to do. In the short four months I have been

at CNU, there have been dozens of occasions where I have stayed up until 3 a.m. binge-watching Netflix. There have also been numerous instances where a couple of friends and I have piled into my car at 1 a.m. and drove to Cook Out for one of their heavenly milkshakes.

Another positive aspect of college is the opportunity to further your education. Although college can be fun and enjoyable, we are ultimately here to learn. At college, you are surrounded by experts in their field who genuinely want to transfer their knowledge to you. I have already had multiple one-on-one discussions with my professors in their offices. Being in an environment where faculty and peers are as passionate about learning as you are cultivates academic growth.

It is not surprising that college can be challenging at times. You are expected to complete more work in shorter periods of time and classes cover content faster. There are some weekends when you do not have homework and can go out with friends, but there are others when you have to buckle down and write an essay or study for an exam. There are some nights when you can participate in a club meeting, but other nights when you have to stay in to work on homework or do reading for class the next day.

Personally, the hardest part about college is being away from loved ones. Although I have made a ton of great friends here at CNU, I still miss my friends and family from back home.

There are some days when my

homesickness is severe and almost unbearable, and other days when it is bearable. Texting and calling my family every day helps ease the homesickness, but it never completely gets rid of the void. There are nights when I have stayed up until midnight talking to my friends from high school on the phone, but I still miss being able to see them.

College is a one-of-a-kind experience. You are given lots of opportunities to grow as a person. You can join clubs and meet people who will help you discover the type of person you want to become. There are times when you will be stressed and times when you are having a blast. Although there are some downsides, there are plenty of advantages that make college invaluable and worthwhile. ■



# Free Speech: Is It Endangered On Campus?

Free speech can be hard to handle, but we need to defend it to protect freedom of expression

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Freedom of speech and expression has always been a tough topic to discuss. The challenge of this freedom is especially great on a college campus. Challenges related to these issues come from the conservative and the liberal sides. It involves everyone: students, faculty and even those outside the community. Perhaps there is no surprise that these issues are seen with such urgency on college campuses. Incidents on all campuses, big and small, public and private, have received national attention.

Most, if not all, college campuses share the same mission for freedom of speech and expression: to divulge and construct knowledge for the improvement of our society. A liberal arts education shouldn't be teaching students what to think, but how to think. We all should be learning how to differentiate opinions from facts. All speech, even hateful speech, should be expected to be protected under the United States Bill of Rights, and permission should be granted for these speakers to speak. Instead of students in disagreement being upright angry, they should allow speakers to say their piece and hold them accountable by asking tough questions.

Freedom of speech does have its limits. A couple questions in America Now ask, "What happens, though, when one student's right starts to infringe on another student's well-being? Where should we draw the line?" This also applies to guest speakers. The line should be drawn based upon the intent of the speaker. Is the intent to spread a hateful idea or to threaten others? When actions are strongly targeted at individuals, it goes from freedom of expression and turns a hate crime. On the TV show, "Switched at Birth," a racist incident shows an example. The Black Student Union on the college campus of this show is protesting that a student is expelled due to his racist actions. In retaliation, unknown individuals put cotton on the grass outside of the Black Student Union building. This may be freedom of expression but it also is a hate crime.

Many students are aware that the current generation of college students is one that is completely for political correctness. Lenore Ske-nazy, a blogger and former columnist for the New York Daily News, would say we're coddled. Our generation is built on our parents being "utterly convinced that [their] kids bruise so easily and permanently that special precautions must be taken."

"When bullying is the thing you look for, bullying is what you see," Skenazy says. If we think of speech as something violent in today's age, students will be using violence as justifiable means to it. 40 percent of millennials are perfectly fine with limiting free speech that is offensive. Universities shouldn't play the parental "coddling" role and protect students from views that may be different from their own. Exposing ourselves to different views is a part of growing up and being open-minded. Others may be alright with hearing what views another has to say but many students shut down the entire speech. Not only is this not allowing freedom of speech and expression, but now it is not allowing one to even hear the free speech. If we all had the same political or social views, no one would be challenged.

The great thing about freedom of speech is that the majority of college students, including myself, are against Donald Trump and we have the right to say how we feel about him. There still are many college students who stand with Trump. If a Trump supporter came on a college campus to talk about his feelings, many would protest and say he shouldn't be allowed to speak. If a non-Trump supporter came on a college campus to express their feelings, someone might act the same as the Trump supporter. How would you feel? Unincluded?

In this day and age, it's believed by most that we are obligated to punish speech or we simply prove it incorrect. Instead of enforcing that opinions should be put to rest, we should encourage more speech to challenge it. ■

## Buzzin' Becky

Becky returns from break with some advice for those struggling with mental health issues.



PHOTO COURTESY OF CLIPART LIBRARY

Welcome back, Captains! I hope you all enjoyed your time with loved ones. We've reached the time in the semester where everyone is scrambling to finish things they didn't do over break, because well as Ross from "Friends" put it, "we were on a break!"

I know one thing I'm not looking forward to is having to say goodbye to friends once the semester is over. Sure, it'll be a relief to be halfway through the year, but going home for that long is daunting and not having friends down the hall for late night entertainment blows. Be sure to enjoy the time you do have left with the family you've made here at CNU. That is, after you finish your work you put off.

I know you're all dying to read the main point of the section, so let's get this show on the road.

**Buzzin' Becky, I have been really frustrated lately when it comes to the relationships I have. I feel like a burden on others and like it's a bother for friends to want to hang out with me. Should I give up and just let it happen like this?**

Wow, I am so sorry you feel this way! Sometimes it's hard to be a good friend, and you don't even realize it's happening. Like with anything else, I think an honest and open dialogue is important to success. If you're unhappy, voice that opinion. Your friends will never know you're struggling if you don't tell them and tell them why. Being able to recognize things aren't okay is a big step, however. It's easy to glaze over the issue and just conclude things will be okay in time. But it takes a lot to address the problem and pinpoint what's going wrong.

Ultimately you have to ask yourself a question: Do you want to be the kind of person who puts yourself out there? If you do, you will get hurt sometimes, but there are rewards, too. The ups and downs of any relationship are exhausting, but if your relationship was all good all the time, wouldn't you become a little bored and suspicious of why? Things could be going wrong you had no clue about and it's that communication that brings the greatest reward.

Whatever you choose to do, I wish you the best of luck!

**Becky, how do you get through the inner thoughts telling you that you cannot succeed and continue strong? It took a lot to convince myself to even finish the semester. How do I finish the year?**

First and foremost, I am so proud of you for pushing through and being here. I know it's not easy and the fact you're reaching out for help just shows you're making progress. Personally, I struggle with things on a day-to-day basis. Getting out of bed in the morning is a battle I face, and I make sure to commend myself when I'm able to do it.

I think surrounding yourself with those who love and care about you is the first step to getting through the hard times. Also, getting out of your room to go engage in activities helps too. You cannot make it through the year if you don't branch out and find something you're passionate about. Maybe the Counseling Center is another good place to start, and if you end up choosing that route that is a-okay. Some people are embarrassed to discuss mental health, but I am so proud of the strides CNU has taken to get the conversation started on this very serious and very relevant issue.

Whatever it is you may choose to do, stick it out. It will be okay in the long run. Things might come at you fast and feel impossible, but I promise in the end it will only make you stronger. Finish the year and prove to yourself you can do it, because the only person holding you back from success is yourself 9 times out of 10.

— Becky out

*\*Submissions have been edited for clarity and length.*



# SNAPSHOT

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(Above) Expansion performed “11 Blocks” by Wrabel, “Alibi” by Clans and “Attention” by Charlie Puth. Junior Davis Little performed a solo for the group’s opener, “11 Blocks.” (Below) Trebled Youth performed “Human” by Rag’n’Bone Man, “Whatever it Takes” by Imagine Dragons and “No Witness” by LP. Junior Noah Strickler performed a passionate solo during the group’s first song, “Human.” **ALL PHOTOS BY HANNAH LINDENBLAD/THE CAPTAIN’S LOG**



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cappella groups hosted their eighth annual a cappella  
n Fri. Nov. 17, selling almost 1300 tickets. This is a visual  
the event and in case you missed it, videos can be seen  
on our Facebook page of each performance.



# Glow in the Dark cappella

formed “Yellow Flicker Beat” by Lorde, “To Be Human” by Sia feat. Labrinth and “Believer” by Imagine Dragons. (Left) Denali Hadlock and (right) Cameron Johnson performed a soulful duet  
dition of “To Be Human.” Hosted on the Diamonstein stage, CNU’s six a cappella groups came together with glow in the dark paint and clothing under blacklights.



(Far left) One of CNU’s all female a cappella groups, Take Note, performed “I Wanna Dance with Somebody” by Whitney Houston, “Praying” by Kesha and “Drag me Down” by One Direction. (Left) CNU’s other all female a cappella group, The Newport Pearls, performed “New Rules” by Dua Lipa, “Most Girls” by Hailee Steinfeld and “Sorry Not Sorry” by Demi Lovato.



# Winning Streak Reaches a Halt



Sophomore Cutch Ellis dribbles the basketballs past his opponent in one of the Men's Basketball practices prior to the game recapped below. **CHARLES TYSON/THE CAPTAIN'S LOG**

After a continuous winning streak rolling over from the 2016 season, CNU's Men's Basketball team faced opposition.

BY PHOENIX HINES  
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The Christopher Newport Men's Basketball team dropped a tough one 64-54 in their home opener against the Red Raiders of Dickinson College. This loss is the first of the season for the Captains, putting them at 3-1.

Meanwhile Dickinson gained their third win of the year, advancing to 3-1 as well.

Sat. Nov. 26 404 people gathered to watch a defensive battle inside the Freeman Center. Before entering this game, the Captains were on a red hot 26-game win streak at home dating back to December of 2015. This was also the Captains' first home opener loss in five years since losing to Hampton University back in 2012.

This game was an offensive nightmare. There was a total of 44 turnovers between the two teams. The Captains were held to a shooting percentage of 35.2 percent while also shooting 19 percent from three.

The Raiders were not so hot either as they shot 42.6 percent from the field while shooting 31.6 percent from three

and shooting a dreadful 54.5 percent from the free throw line.

The first half was back and forth until Dickinson went on a 10-0 run to gain a 22-12 lead early in the game. After this run, the two teams went to scoring back and forth while heading into halftime with the Raiders up 36-24.

This was one of the ugliest halves for CNU this year as they amassed for 19 turnovers and were also outscored 24-0 on points off turnovers.

The second half was a stalemate as the total score was 28-28, ultimately putting the score away at 64-54 in favor of the Raiders.

Senior Aaron McFarland, one of the Captain's bright spots in this game, scored a game high 19 points, including 11 in the second half. McFarland averages 21 points per game on the year. Another bright spot in this game for the Captains was that they outrebounded the Raiders 43-32.

Senior Spencer Marin was a huge reason why the Captains dominated the rebound battle as he put up nine points and grabbed ten rebounds.

The Captains were playing without senior Marcus Carter and sophomores

Cutch Ellis and Luther Gibbs. These injuries are forcing the Captains to dig deep into their bench and play some young men to get them experience. Freshmen Liam Harrington and Jason Aigner both had significant playing time in all four games this season.

The Captains will look to bounce back and improve to 4-1 as they host Confer-

ence Rival, Salisbury University, on Nov. 29 at 7:30 p.m.

This will be the conference opener for the Captains as it is a rematch of last year's Capital Athletic Conference (CAC) finals where Christopher Newport came out victorious thanks to a last second shot to win the game by former standout Tim Daly. ■

## Up Next:

Nov. 29 @ 7:30 p.m. vs. Salisbury University

Dec. 2 @ 4:00 p.m. vs. Frostburg State University

Dec. 6 @ 6:00 p.m. at St. Mary's College of Maryland

Dec. 10 @ 4:00 p.m. vs. Wesley College



# Captains Work Towards Final Four

Women's Basketball Coach Bill Broderick comments on their preparation and predictions for the upcoming season.

BY TARYN HANNAM-ZATZ

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The Christopher Newport University Women's Basketball team had a very successful season last year. The team worked hard and made it all the way to the NCAA Final Four and finished as the fourth team in the nation. This year they are preparing to have another successful season.

Sophomore Erin Carroll played on the team last year and is looking forward to their season this year. "Everyone has been working really hard to get in shape and [have] been working on their game in the off-season to get ready for this year," Carroll says.

Coach Bill Broderick has been preparing a lot for the upcoming season.

"We have done the same things that we do every year to get ready for the season. We spent time in the weight room lifting weights and in the gym working on our conditioning and skill development. We also spend time doing team building activities to help strength our team chemistry," Broderick says.

Coming off such a successful season the bar is set really high for the team going into a new one.

Carroll shares that their new goal is to win an NCAA Championship. The team is very skilled across all years and they work very well together on and off the court which improves their team chemistry.

The Captains have a big senior class

this year that are looking forward to another successful season. "Our team is a little different than most basketball teams because we play so many players every game and our success is truly a team effort, but I would have to say that our seven seniors will be the catalysts for us this year led by Sam Porter, Bailey Dufrene, Makenzie Fancher and Devon Byrd," Broderick says.

There are so many different aspects of this team that make them who they are.

"I love being a part of this team because not only are we successful, but we enjoy every minute of playing together," Carroll says.

Not only are the players excited to be a part of this team, but the coach has many different things about the team that make him come back every year even more excited than the last.

"There are so many things that I really enjoy about coaching this team, but I would have to say that some of the highlights would be their great team chemistry, relentless work ethic on the court and in the classroom and the fact that they really pride themselves in making a difference on campus and in the community," Broderick says.

The team has already been ranked fourth in the nation. They are 4-0 with their most recent win being 70-55 over Methodist University.

The team will be back in action Nov. 29 at 5:30 p.m. against Salisbury here at home in the Freeman Center. ■

## Up Next:

Nov. 29 @ 6:00 p.m. vs. Salisbury University

Dec. 2 @ 2:00 p.m. vs. Frostburg State University

Dec. 6 @ 8:00 p.m. at St. Mary's College of Maryland

Dec. 10 @ 2:00 p.m. vs. Wesley College

Dec. 20 @ 1:00 p.m. vs. Thomas More College in Honolulu, Hawaii

Dec. 21 @ 11:00 a.m. vs. Williamette University in Honolulu, Hawaii

Dec. 31 @ 1:00 p.m. at Virginia Wesleyan University



Senior Makenzie Fancher passes the ball into live play at one of the Women's Basketball pre-season practices in the Freeman Center. MACY FRIEND/THE CAPTAIN'S LOG



# A Blueprint for A Better Scientific Community

While Franklin may have discovered the blueprint for life, Dr. Lisa Webb argues that 'Photograph 51' contains a larger blueprint for a more inclusive scientific community.

BY KRISTEN ZICCARELLI  
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When it comes to giving credit where credit is due, the truth does not always prevail. Such is the case with x-Ray crystallographer Rosalind Franklin and the discovery of the structure of DNA.

Portrayed in TheaterCNU's most recent production of "Photograph 51," the struggle of proper acknowledgement in the scientific community was also the subject of Associate Professor of Biochemistry Dr. Lisa Webb's lecture as a part of TheaterCNU's salon talk series.

Before each show, students and members of the community were given the opportunity to listen to short lectures relating to themes portrayed in "Photograph 51." This supplements the viewing of the show and offers wider perspectives on the subject than mentioned in the show alone.

Webb's talk, entitled "Science and Controversy," explored the Nobel prizewinning discovery that enlightened the world about DNA's double helix structure.

Although scientists James Watson and Francis Crick are credited with the discovery of DNA structure, the production shines light on the evidence of Photograph 51—and how it came from Franklin's laboratory.

Webb explained how fellow scientist Maurice Wilkins shared the photograph with Watson and Crick, leading to their publication and subsequent recognition in their field.

Despite the obvious contributions to their research, Watson and Crick gave only a small acknowledgement to Franklin and Wilkins' work at the end of their published findings.

According to Webb, scientists in the past and present must always be aware of the vulnerability of their information.

"As a scientist, I know you have to be

a little bit careful when you go present some work at a meeting before you've published it," Webb says. "You have to be careful not to say too much."

The question of acknowledgement was one asked by the show, but also reiterated by Webb. Webb posed this question to the audience at her salon talk, emphasizing that the answer is far from simplicity and straightforwardness.

Throughout the talk, Webb emphasized Franklin's role as a minority in science and the various barriers she overcame to research at King's College.

Commenting about our progress as a society, Webb says that "we've come a long way but we have a lot farther to go."

Wider acceptance of all genders nowadays has resulted a larger population of women in the science field.

"I do think that in some fields of science, women are more highly represented," Webb says, citing biology in particular. "But in the physical sciences like chemistry and physics and

biochemistry, there aren't nearly as many women."

Aside from the necessary precautions scientists must take and the question of acknowledgement, Webb focused her talk on the initial unlikeliness of DNA as the representation of identity bringing new questions to those posed by the show.

While DNA has four building blocks, proteins have twenty different amino acids, making the versatility of combinations a more likely language to express identity. However, DNA was eventually found to be the true 'blueprint of life.'

Vital to the biochemistry field and human understanding of genetics, the structure of DNA is a topic Webb finds personally intriguing.

"DNA's always fascinated me," Webb says. "It just fascinated me that this little molecule could make us what we



Dr. Lisa Webb brings a new perspective to TheaterCNU's production of "Photograph 51". PHOTO COURTESY OF KYLE RONYECS/THEATERCNU

"We've come a long way but we have a lot farther to go."

"It's just fascinated me that this little molecule could make us what we are."

are."

There is no doubt about the importance of DNA in the past and present.

Realizing the history behind modern understanding of DNA, one can truly

understand that Franklin's photograph was more than a mere scientific finding. It was a revelation that changed the understanding of humanity and all forms of life on earth. ■



# Pyschokiller, Que'est-que ce?

Fincher's latest Netflix original series follows the minds of killers.

BY SABRINA RIVERA  
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Based on the former FBI agent John E. Douglas' book, "Mindhunter: Inside the FBI's Elite Serial Crime Unit," David Fincher and Charlize Theron bring a provocative and captivating cinematic style to this subtle and cerebral crime drama. "Mindhunter" aired as a Netflix Original on Friday, Oct. 13, and is Fincher's next Netflix series after "House of Cards."

As America is rocked by lewd and despicable murders, FBI agents Holden Ford (Jonathan Groff) and Bill Tench (Holt McAllany) realize that there's something different about modern crimes.

Classic crime-solving based on means, motive and opportunity is no longer sufficient—they need a deeper, more psychological understanding of why killers do what they do. Murder doesn't follow the old adage of sex and money anymore, but something obscure that law enforcement might not be ready to face.

"Mindhunter" follows the late 1970's research that coined the term "serial killer" through a series of tense and disturbing interviews where the psychopathic visions of real killers like Ed Kemper and Jerry Brudos alter Holden's life and mind as he knows it.

Holden's insatiable fascination

with these killers helps him enlist the expertise of Dr. Wendy Carr (Anna Torv) but also takes a toll on his relationship with his girlfriend Debbie Mitford (Hannah Gross), both of whom provide unmatched insights into the psyche that Holden studies.

The most riveting part of the show is how each character, from the investigators to those convicted for murder in the first degree, is incredibly complex.

Their emotions and decisions delve into why we find serial killers so interesting, but also blur the line between what separates us from them.

As a viewer, you get up close and personal with killers, from Kemper's past as an abused and emotionally impotent child to the gory details of how he took apart his own mother. It imparts on us a heavy question: how do you draw the distinction between learned deviance and pure evil?

"Mindhunter" is definitely a slow-burner, and because of that, it isn't meant for everyone. Sometimes this first season reads like a prologue to the real action than a story arc in and of itself, but pay attention, as nearly every encounter is an indirect trigger to events later on. It's not your typical "Good Guy Chases Bad Guy" show, but rather it's a realistic and thought-provoking foray into the difficulties of understanding how a killer is created.

Aptly put by the character Bill Tench, "how can we get ahead of crazy if we don't know how crazy thinks?" ■

# Picture of the Week

Junior Theater Major Rachel Ingle joins alumni and professors as she presents on science and spirituality in 'Photograph 51' before the show as a part of the Salon series.



Rachel Ingle stands on stage as she makes a statement about bridging the divide between science and the humanities. HANNAH LINDENBLAD / THE CAPTAIN'S LOG

# An Astrophysicist Goes to the Movies

Neil DeGrasse Tyson's tour encourages us to think deeper about the science in popular culture.

BY IAN BURKE  
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The theatres don't typically reach maximum capacity for lectures, especially lectures on scientific accuracy in movies. But people from all around Virginia came to see Dr. Neil deGrasse Tyson lecture November 15 at the Altria Theatre in Richmond.

Known from his stint as host of the revived "Cosmos" series, the hit podcast "StarTalk," scientific exploits in the "Pluto Matter," and, of course, his viral tweets for movies such as "Gravity" and "Star Wars," Tyson has made a name for himself publicly. He has built off of this name in his new tour series.

His tour is a series of lectures he gives critiquing the science found in popular culture.

One of his major talking points of his lecture on the 15th was built around the Spielberg's "Close Encounters of the Third Kind." The film,

which focuses on humans making contact with extraterrestrials for the first time, features a major plot point around a message sent by the aliens. This message of two strings of numbers are later found out to be latitudes and longitudes. Latitudes are measured using an angle from 0 to 90 degrees from the poles, and Longitude is a completely arbitrary line. With that being said, Tyson then hypothesized, if the aliens had a complete understanding of humanity's complex geographical coordinate system, they should have an understanding of human language. This means that they could have just sent a message in English explaining where they were going to land.

Tyson then played a scene from the adaptation of Carl Sagan's novel, "Contact," in which Jodie Foster's and Matthew McConaughey's characters are looking through a telescope, and Jodie Foster's character reflects on the Drake equation; an equation famous

for positing essentially a mathematical formula for what percentage of our galaxy contains life.

"You know, there are four hundred billion stars out there, just in our galaxy alone. If only one out of a million of those had planets, and just one out of a million of those had life, and just one out of a million of those had intelligent life; there would be literally millions of civilizations out there." (Contact, 1997)

It is a quote in the movie which drives its themes of optimism and compassion in the face of insignificance and an indifferent universe. Tyson did the math, however, and found that if you multiply out those fractions, the result would not be millions of civilizations. In fact, the result would be 0.0000004 civilizations in the entire galaxy.

Tyson was in fact present at the premiere of the movie, and seated two rows in front of him, was Frank

Drake, the astrophysicist who developed the Drake Equation. Tyson whispered to him, "Frank, I did the math, it's not right!" To which Drake simply replied, "It's just a movie."

But more than just a movie, Tyson uses these films as a starting point towards the understanding of science. Utilizing popular culture he energizes entire audiences to listen to full lectures on the importance of scientific accuracy. But more than that, he offers an attitude of positivity, curiosity and excitement towards science; an attitude which seems more important in today's world. ■

**Tyson will be touring the U.S. through January**

**HIS NEXT SHOW WILL BE ON DEC. 5 AT THE MURAT THEATRE IN INDIANA.**



# Bake, Decorate and Indulge

Don’t wait until Christmas Eve to make cookies for Santa. Get creative in the kitchen with basic ingredients.

BY KELSEY SCHNOEBELEN  
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“The best way to spread Christmas cheer is singing loud for all to hear,” as Buddy the Elf would say. If singing isn’t your passion though, maybe try baking with loved ones. What better way to celebrate the season than whipping up a batch of some cute little peanut butter reindeer cookies? The peanut butter and chocolate combination is an old but favorite of many and the recipe is pretty simple to follow. The time and effort put into the cookies, however, is sure to impress many!

- INGREDIENTS
- 3/4 cup peanut butter
  - 1 1/4 cup firmly packed brown sugar
  - 1/2 cup shortening
  - 3 tablespoons milk
  - 1 tablespoon vanilla
  - 1 egg
  - 1 3/4 cup all-purpose flour
  - 3/4 teaspoon baking soda
  - 3/4 teaspoon salt
  - Chocolate-covered pretzels
  - Regular-sized brown and red M&Ms



## DIRECTIONS

- Step 1

Preheat your oven to 375°F.
- Step 2

Combine the brown sugar, peanut butter, shortening, milk and vanilla in a large bowl. Beat at medium speed until the ingredients are well blended. Add the egg and beat until just blended.
- Step 3

In a separate bowl, combine flour, baking soda and salt. Add to creamed mixture at a low speed and mix just until blended.
- Step 4

Once you have the dough, form it into 1-inch balls.
- Step 5

To make reindeer-shaped cookies, pinch the bottom of the ball slightly to form a point, then gently flatten with your hand. (If you’re anything like me, you’ll be going behind your friends to fix their skeleton-looking reindeer.) Make sure to space the cookies about 2 inches apart on a greased cookie sheet and bake for 7 to 8 minutes, or just beginning to brown.
- Step 6

Remove from the oven and gently press two halves of a pretzel into the tops of the cookies for the reindeer’s antlers. Press two brown M&Ms in for the eyes and one red M&M for the nose. If you run out of a color that’s fine, each reindeer is unique and tastes equally as delicious.
- Step 7

Enjoy your creation! Post pictures and show everyone what you achieved. ‘Tis the season for lots of food on the ‘gram. ■

(Above) These are the ingredients you will need to prepare these festive cookies. (Left) After cooling, enjoy your reindeer cookies with chocolate covered pretzles and M&Ms. MACY FRIEND/THE CAPTAIN’S LOG



# Red Cross Drives Students to Give

In the heart of the giving season, American Red Cross drew in students and community members to donate blood.

BY KRISTEN ZICCARELLI  
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On November 16, CNU's monthly blood drive took place in the Ferguson Center of the Arts.

Sponsored by the campus American Red Cross Club, the event attracted interest from students and members of the surrounding community.

The blood drive welcomed all donors, regardless of blood type or experience donating.

For freshman Tucker Wayne, the November blood drive was a new experience.

"This is actually my first time donating blood," Wayne says. "I think if I am able to help someone, then why not?"

Influenced by their profession, others have donated for years.

"I've been doing it for a long time," says community member Rose Yeagley. "I'm a nurse, so I understand the importance of giving blood and the need."

The donated blood supplies facilities primarily in the Hampton Roads and Tidewater areas, including Riv-

erside Hospital.

While obviously beneficial to those in need, giving blood has benefits for the donor too.

"I'm kind of curious what blood type I am," says Wayne. "So it's like a mutually beneficial experience."

The accessibility of the blood drive for CNU students increased the participation.

"Since CNU is such a close

campus, it's very easy," says freshman Laura Jones.

American Red Cross Club volunteer Tony Nguyen expressed similar sentiments.

"I think it's important because college students are more likely to give blood," says Nguyen. "I think everyone has the mentality of, 'I want to save someone at some point.'"

Reasons for donating ranged from

personal experience to simply fulfilling the desire to help others.

"Growing up, I was a premature baby, so I needed the blood," says Nguyen. "I've been in a couple accidents where I've needed the blood as well, so it's just nice to give back."

Jones' participation stemmed from her desire to assist others in need.

"I just did it for the first time a few months ago, and I just loved the idea of helping," says Jones.

According to Nguyen, the help is certainly needed.

"You never know when you need it and every two seconds someone in the U.S. needs it so if everyone gave it would help," says Nguyen.

As a volunteer, Nguyen assists with setting up the area, and aiding the patient's 'recovery' after the blood drawing process.

"We make sure they're okay," says Nguyen.

"After they donate, we have this station where they get some food and they rest up, and then we make sure everything is okay and we send them off." ■



PHOTO COURTESY OF MASS MUTUAL CENTER

## Restaurant Lineup: Christmas Town

While enjoying the holiday spirit at Busch Gardens, try out some of the park's restaurants to make a night out of it.

BY KATIE KRYNITSKY  
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### England

In this part of the park, you'll find lots of sweets. London Dairy features old fashioned root beer floats, M. Sweets Confectionary has hand dipped treats and Big Ben's Funnel Cakes prepare their cakes right before your eyes. Squire's Grille offers burgers, Philly cheesesteaks and cherry cheesecake.

### Ireland

Start at Grogan's Grill and end at Grogan's Pub. At both places you will find Irish specialty foods. Stop by the antique hand-carved bar inside the pub.

### France

Here houses Cafe Lulu, Crepes & Coffee, Josephine's Creamery de Chocolat and Les Frites. You'll find everything from Starbucks coffee to smoked turkey legs to homemade chili.

### New France

Three River Snacks and Trapper's Smokehouse bring smells of fresh kettle corn and hickory-smoked ribs to the air.

### Oktoberfest

Authentic German goods and pretzels and beer can be found here. Stop in Das Festhaus, Der Marktplatz and Beste Brezeln und Bier for the full experience.

### Germany

Ice cream and funnel cakes are Germany's specialty at Willkommenhaus and Das Edelweiss in this section of the park.

### Italy

In the mood for Gelato? Stop in at Gelato di San Marco for an array of flavors. Additionally, Marco Polo's Marketplace has Italian, Asian and Mediterranean foods.

### Fiesta Italia

If you are in the mood for an all-you-can-eat buffet, La Cucina is the place to be. For brownies, smoothies, soft-serve and desserts, visit Roman Frieze after filling up on pizza and pasta. ■

*All information was taken from buschgardens.com*



# JOIN THE STAFF!

The Captain's Log is always looking for new members. If you're interested in becoming part of our team, email editor-in-chief Melanie Occhiuzzo at [clog@cnu.edu](mailto:clog@cnu.edu)

**Interested in:  
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