



THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

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Welcoming Sisters Home



MACY FRIEND/THE CAPTAIN'S LOG

“Running home” to your new sisterhood is reportedly the most emotional portion of formal recruitment at CNU.

BY MELANIE OCCHIUZZO
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Nearly a thousand young women gathered together in the Freeman Field House to celebrate the yearly tradition of Bid Day.

For the past three years, seven sororities enter into what is called formal recruitment, the three days leading up to Bid Day. Bid Day is where the magic happens.

After spending three days learning about all seven sororities, the potential new members (PNMs) are given a bid and then the chance to choose their home by running to the group they chose.

Phi Mu member Carianne Miller says “this is the best day of the year. We are happy that everyone’s home.”

In addition to the PNMs running home, there are select women running home from each sorority who disaffiliate from their sister organizations for recruitment in order to help the PNMs along the way.

These Recruitment Counselors (RCs) are separated from their sororities each recruitment process, so their running home is a symbolic way of them rejoining their fellow sisters.

ASA member Janet Lazewski says she really felt as though she was running home. “It’s super exciting to be a part of ASA,” she says.

When it comes to determining who gets a bid from which sorority, it all comes down to the combined preferences of the PNM and the sorority in question.

Recruitment, which lasts three days, starts out with the first day covering all seven sororities. This first day is called Philanthropy rounds. Each sorority introduces their unique philanthropies and this gives the PNMs a chance to understand the kind of service and fundraising that each group does throughout the year.

A list of each sororities’ philanthropies are as follows: Alpha Delta Pi’s philanthropy is Ronald McDonald House Charities; Alpha Phi’s philanthropy is Cardiac Care; Alpha Sigma Alpha’s philanthropies include Special Olympics, Girls on the Run, S. June Smith Center and the Alpha Sigma Alpha Foundation; Delta Gamma’s philanthropy is the Delta Gamma Foundation, Service for Sight; Gamma Phi Beta’s philanthropy is Girls on the Run; Phi Mu’s philanthropy is the Children’s Miracle Network Hospitals; Zeta Tau Alpha’s philanthropy is Breast Cancer Awareness.

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Weekly pic

This photo was taken at Great Falls Park in Northern Virginia overlooking the Potomac River. Great Falls makes for a great weekend day trip and offers some breathtaking hikes and views. **Charles Tyson/The Captain's Log**



CNU TV

Bid Day 2018 took place last Sunday, Jan. 14. Check out CNU TV's coverage of the day.

Happened

Jan. 14

Bid Day 2018

The Freeman Field House hosted the annual Bid Day where CNU women get a chance to run home to their sororities at the end of formal recruitment.

Jan. 16

Dr. Martin Luther King, Jr. Celebration

Special performances by the CNU Chamber Choir, TheatreCNU Dance students, Warwick High School Chorus and soloist Liesl Mattar came together to commemorate MLK Day.

Happening

Jan. 23

Tuesday Tunes

Next Tuesday WCNU will be starting up their weekly event: Tuesday Tunes. Swing by the DSU to hear select music from the DJ's of WCNU.

Jan. 26

Intramural Sports Sign Ups

Intramural Sports sign ups will begin on Friday, Jan. 19 at 12p.m. and close on Friday, Jan. 26 at 5p.m. Sign up for all sports at IMLeagues.com.



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THE EDITOR welcomes letters from readers. Editors reserve the right to edit letters for length and AP style, as well as to refuse publication. An email with a ".doc" attachment is preferable. Reach us through:

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JOIN THE STAFF The Captain's Log is always open to students who are interested in writing, photography and editing. Editors assign stories every Sunday at 7 p.m.

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From the Front Page

Highlights from Bid Day



Bid Day is considered the best day of the year according to CNU's sororities. The women who participate in these sisterhood events get a chance to really show their appreciation for their new members. (Starting at top left and working down) Alpha Delta Pi, Alpha Phi, Delta Gamma and Zeta Tau Alpha, (Starting at the top right and working down) Alpha Sigma Alpha, Phi Mu and Gamma Phi Beta all embrace and welcome new sisters to their organizations, bringing Formal Recruitment weekend to a close. **PHOTOS BY MACY FRIEND, HANNAH LINDENBLAD AND CHARLES TYSON/THE CAPTAIN'S LOG.**

Recap of the 94th District Election

Highly contested election in the 94th District between Yancey and Simonds came down to a technicality.

BY MICHAEL INNACELLI & MATTHEW SCHERGER
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During the most recent election cycle, there was significant confusion and controversy surrounding the results of the 94th District House of Delegates vote.

Initially Republican candidate David Yancey was ruled the victor over Democrat Shelly Simonds by ten votes, but in the ensuing required recount, Simonds was given the victory by a single vote.

Because of the close nature of the election, copies of the physical ballots were obtained and reviewed, and one in particular came under fire as a legitimate vote.

The voter appeared to have voted for both Simonds and Yancey, but had drawn a line through their vote for Simonds.

According to a report by CNN, this ballot was eventually ruled too ambiguous to determine by a three-judge panel in charge of certifying recounts, and was thrown out entirely, leaving the race as a tie.

How do you settle a tie in a state vote? In Virginia, the answer is by drawing lots. On Jan. 4, 2018 both candidates' names were entered in a bowl, and Yancey's name was the one drawn.



Shelly Simonds, left, acquiesced to David Yancey after the long disputed election. PHOTOS COURTESY OF THE CANDIDATES' FACEBOOK PAGES

However, according to CNN, neither camp was left satisfied by the way the election was settled, and the fact that this election was settled by chance was yet another example of a failure of the democratic system in many people's eyes.

Although this is a numerically fair system to determine a winner in a rare occurrence such as this, Simonds and many other thought it was an unsatisfying way to end an election where every vote cast ended up mattering.

Simonds officially conceded the race on Jan. 10, 2018. Yancey winning the 94th District put a halt to the string of seat losses suffered by the Republican party in the Virginia House of Delegates this election cycle. This win enabled them to maintain their majority in the House, holding 51 seats.

Prior to this election

cycle the Republicans enjoyed a 66 to 34 seat majority, and a Simonds victory would have left both parties tied at 50 seats apiece.

With this majority, Republicans retain their control over the House, which means that voting results within the House will most likely result in Republican victories for the next two years.

However, with a much slimmer majority than in

previous years, experts think this opens the doors for Democratic delegates to affect state policy more.

Either way, residents of Virginia should keep a close eye on the General Assembly, particularly the House of Delegates during the next few years, as it has the potential to affect Virginia legislature in ways that would not have been possible if it weren't for a single, ambiguously-filled ballot. ■

Member
House of Delegates
94th District
(Vote for only one)

☒

Shelly A. Simonds - D

☒

David E. Yancey - R

☐

Michael D. Bartley - L

☐

Write-In

This single ballot was the article that created a tie. COURTESY OF CNN.COM

Who...What is
Gerrymandering?

The following is a
press release from
OneVirginia2021.

OneVirginia2021: Virginians for Fair Redistricting will present a special screening of the documentary "GerryRigged: Turning Democracy on its Head" in Newport News Thurs., Jan 25 at 6:30 p.m.
The showing will be held at 12448 Warwick Blvd. and is free and open to all.

"GerryRigged" examines the history of gerrymandering in Virginia and how politicians have increasingly drawn district lines to choose their voters rather than the voters choosing their politicians.
Learn also about non-partisan reform efforts to reverse this trend and to make sure every vote counts.
For more information contact NNLAG@OneVirginia2021.org. ■

CNU Sees Significant Snowfall

Five to nine inches of snow covered Newport News in this season's first major snow accumulation.



Side roads remained sloppy for several days after the storms as Newport News trucks struggled to clear roads. Ice was left under the blanketed snow, causing unsafe driving conditions resulting in school closings across Hampton Roads and neighboring cities. **PHOTOS COURTESY OF ANDREW FRIEND**

BY BRETT CLARK
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With the heavy snowfall that the Tidewater area received, Newport News once more faced the daunting task of removing the large amount of snow and slush from the roads and sidewalks that city residents use to get to work, to school and to loved ones.

Anywhere from five to nine inches piled up in Newport News after the early January storm and with the following week's temperatures not consistently rising above freezing, the snow and ice stuck around for the arrival of CNU students coming back from Christmas break.

Ian Dors, a Resident Assistant, or RA, in James River Hall, was at school with all the other RAs while the snow blanketed campus.

"It was nice because it was the first snow of this year, but the roads and sidewalks were

poorly managed and it made working out and walking around pretty hard. They didn't use much salt, it seemed."

RA training was supposed to be a two day exercise over break, but the inclement weather forced the affair to be shortened to just Friday, Jan 5. Dors remarked that the snow "made things feel like winter" and that the surrounding roads "were definitely way worse than they should have been" in the days following the storm itself.

One sophomore student, Max Fitzgerald, missed the first day of classes since his flight out of Boston was complicated by the country-wide travel chaos. Fitzgerald wasn't the only one, as flights across the country were cancelled, rerouted or delayed.

CNU workers cleared most paths by the time Sunday rolled around and students started arriving. At the request of the school, local students were asked to arrive before noon as to ease the madness around move-back-in day.

Students from Northern Virginia and other parts of the country that didn't receive as much snow encountered the odd phenomena of traveling south while simultaneously watching the snow pile along the side of the highway the closer they got to Newport News.

According to WAVY News, the Virginia State Police responded to 772 different vehicle crashes over the course of just one week of snowy conditions. Along with the crashes, 1,234 disabled vehicles were reported to the VSP.

Over half of those crashes reported by the Virginia State Police took course during a 36-hour window alone in the Chesapeake and Richmond divisions specifically.

The snow has now finally seen its last sunrise due to the warm temperature over the last few days. ■



The Cranberries Vocalist Found Dead

Following a star-studded 2017 obituary count, Irish singer and artist Dolores O'Riordan passes away.

BY BRETT CLARK
BRETT.CLARK.16@CNU.EDU

Following reports from news sources such as Pitchfork, CNN and the New York Times, the death of The Cranberries vocalist Dolores O'Riordan continues the long list of celebrity deaths in the music industry from the past year.

On Jan. 15, in the room of a hotel on Park Lane in central London, Cranberries vocalist Dolores O'Riordan was found dead, according to multiple news sources.

At only 46 years of age, family, friends and old bandmates expressed to multiple news sources that they were unprepared for her passing.

The cause of death has not yet been announced but police have ruled out foul play.

O'Riordan is known for her work as the front-woman for alt-rock sensation, The Cranberries.

Popular for songs like "Linger," "Zombies" and "Dreams," their songs are still heard around many college campuses today ■

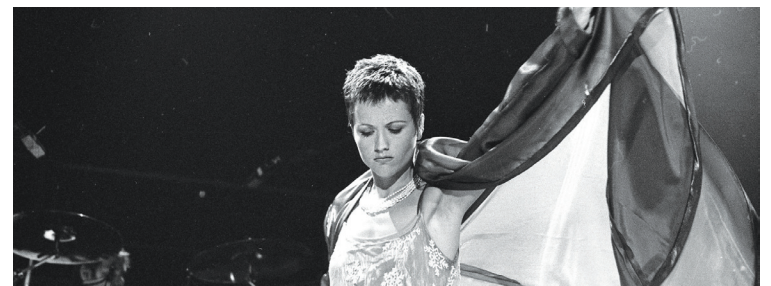


PHOTO COURTESY OF HULTON ARCHIVE | GETTY IMAGES

A Winter Wonderland Virginia is Not

Why does Virginia have so many problems dealing with winter weather?

MELANIE OCCHIUZZO

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At the exact moment the first snowflake falls, the entire state of Virginia falls into mass hysteria. We all know what I mean here: the flooding of the grocery store for eggs, milk and bread, the fighting over snow shovels that no one seems to have every year despite the fights of previous years and last but not least the constant snow coverage that dominates every news station the entire duration of the snow storm. Snow in Virginia spells trouble for us but what’s my point? Growing up, any amount of snow meant that we were getting off of school. It didn’t matter if it was a dusting or several feet, the snow shut down everything. As a child this used to excite me but now I internally scream whenever I hear that a chance of snow will be gracing our weekly forecast.

As a child you miss most of the trauma associated with a southeastern coast snow storm. We aren’t New England where they have a small army’s worth of road plows and a contingency plan for snowfall nor are we in the Midwest where people are resigned to buying things like snow tires and snowshoes to make it through the weather. Virginia sits at just about the middle of the East Coast and we get the best of both worlds.

We get the hot and humid summers as well as the cold and snow-filled winters. Every year the populace explains that this snow storm is unusual and that they don’t get winters like this. This makes absolutely no sense in my mind given that I can count several snow storms that

closed us down for days in the past couple years.

But besides the fact that the average Joe isn’t prepared for snow, it seems the people who are in charge of snow clearing are just as unprepared. On my commute to work from Suffolk to Portsmouth, the Monday after this past snow storm, the roads were still so bad that my tiny Honda Civic got stuck twice driving through the entrance road to my job.

Mind you the snow had stopped falling by Thursday of last week. This is ridiculous. Virginia State Police reported that troopers responded

to 3,928 calls for service statewide between 12 a.m. Saturday and 6 p.m. Sunday. That included 772 traffic crashes and 1,234 disabled vehicles according to WAVY.com.

One may wonder why things get so bad and stay so bad and the popular opinion seems to revolve around the fact that Virginia is largely unprepared for snowfall in any way, shape or form.

The older I get and the more snow storms I encounter, the more I realize how detrimental snow can be. Instead of looking forward to a day off, I dread going out on the roads

for a job that doesn’t do snow days. I dread digging my car out of the snow drifts the plows (when they actually do plow) cover it in. I worry about pipes bursting and icy sidewalks. Snow days are no longer fun, they are no longer a treat. They’re the worst thing I can think of to accompany cold weather. Now I’m sure that I would have a different opinion on snow if I grew up in a state that could handle more than a dusting.

I’m sure that if snowfall was dealt with in an orderly manner I wouldn’t dread those white flakes but I live in Virginia. ■



Ice can be just as dangerous as a snowfall. Too bad it looks so nice. ALEX BURRUSS/THE CAPTAIN’S LOG



Winter weather may look pretty but don’t let the spectacular views lull you into a false sense of security. PHOTOS BY NICOLE CUMMINGS AND HANNAH LINDENBLAD/THE CAPTAIN’S LOG

Dear CNU,

An open letter from a CNU student concerning safe winter driving habits.



HANNAH LINDENBLAD/THE CAPTAIN'S LOG

Dear fellow CNU students, faculty and anyone who drives this time of year,

Please learn to drive in the snow. It isn't that difficult and with a little practice we can avoid some of the chaos around Newport News when it snows. The issue is we get a little snow around town and suddenly everyone begins to panic. I cannot even tell you the amount of people I see exiting off I-64 on to Jefferson that immediately crash when they get on a little bit of ice. Yes driving over ice is dangerous and can be scary, but changing lanes recklessly is not the answer. The answer is stay calm and keep driving.

Amid the many types of terrible winter drivers, there are three different kinds of people who are particularly bad at driving in the snow and ice. First you have what I like to call the "Braker." When driving in winter conditions it is smart to slow down and the "Braker" knows this. However, the "Braker" is the kind of person who drives onto the ice and then slams on his brakes so that he can slide into the car in front of him. He or she gets a gold star for the effort to slow down, and a dunce cap for doing it in the dumbest way possible. What the "Braker" should have done is slow down modestly before the ice to prevent any further accidents, and carefully maintain a slower speed through the ice patch.

The second bad winter weather driver is the "Swerver." This person is the classic winter weather driver who thinks "If there's ice I better avoid it." While the "Swerver's" thinking is commendable, as avoiding ice and snow is important, they're the type of person to swerve into oncoming traffic. The "Swerver's" main focus is to avoid the snow or ice but the real danger in bad conditions is the other cars on the road. Much like the "Braker" the "Swerver" gets an "A" for effort and a "F" for poor execution.

Now for my favorite type of winter weather driver: the "Idiot." The "Idiot," unlike the "Braker" and "Swerver," has no regard for his or others' safety on the roads. We have all witnessed the "Idiot" at some point in our driving experience. For me I witnessed it first-hand over by I-64 when I saw the person in front of me speed up over ice getting off the interstate only to slide backwards into the gas station by the highway. Thankfully the driver appeared ok and drove off afterwards but the idea of speeding up while on ice while turning isn't exactly the smartest thing to do. Like I said earlier he should have driven normally and maybe a little slower and everything would have been fine. Unfortunately the "Idiot" wins the biggest dunce cap of all for not thinking of their safety or the safety of others.

All I am asking with this piece is for a little bit of caution while driving in winter weather conditions so we can all stay safe. Don't be the "Braker," the "Swerver," or the "Idiot." Be a sensible driver and keep our community safe while driving on the roads this winter. The important part is that we all stay safe. Thank you CNU for hearing me out.

-Michael Innacelli, Class of 2020 ■

New Year, Same Buzzin' Becky



PHOTO COURTESY OF CLIPART LIBRARY

I honestly can't believe I'm saying this but HAPPY 2018 CAPTAINS! If Kylie Jenner successfully predicted 2016 was the year of "realizing stuff" and 2017 plagued us all with its atrocities, maybe 2018 is actually our year? Fingers crossed. Though, I don't know if I would fully take advice from a Kardashian/Jenner... Third time's a charm right? Worth a shot.

For many of us, Spring semester means it's time to kick it in high gear. If anything this year, take time for you and make sure your GPA springs forward this semester! Whether you're graduating or finishing your first year at CNU, it's important to know how to put yourself first (in some cases) and focus on the important things. I promise Plaza will still be there next week, you can take time to study and do homework first.

That being said, it's never too late to make a change. You don't have to have a new game plan in place, you can realize something's not working midway through the year and be okay. People pay attention more to how you get up after you've fallen, it will be okay.

With the new year comes new relationships. What are some of the ways to avoid the stresses of having a new significant other, especially if it's a long-distance relationship?

Long-distance relationships are a tricky topic to address, but even more so when it's new. Most people in long-distance relationships come to college already in one, so they don't have to worry about dealing with the new factor as much as someone already in a routine would. New relationships take time and effort, and at the end of the day you need to set realistic expectations for yourself to avoid disappointment. More often than not, you'll be (hopefully) attending classes and doing work for said classes, so you may run into the adjustment of balancing the needs of a significant other.

I would say one important thing to talk over while it's still relatively new is expectations you both may have. It's easier to nip it in the bud first rather than being in the midst of it dealing with the fallout. But, if you're the person that demands time and attention 24/7, it's good to realize your needs may not be met right now. Arguably the main point of attending college is to get an education, not to find your husband. Keeping it real with one another is the key to success. Nine times out of 10, it could realistically work, just put in effort and keep the flow of communication open and honest.

How do I keep my New Year's Resolution?

I think having a "New Year's Resolution" is a little overdone. If you have one, great. But something I feel is more important is to have short term goals and long term goals for the year. Keep it more attainable and more realistic. If your goal is to go to the gym, don't start out saying you're going to go every day if you usually don't go. Start with something like two or three days. You can slowly build up to get to where you want to be, hence your long term goal.

Another thing that helps is to remind yourselves of your goals from time to time. Dedicate energy to thinking about it and how you're working to achieve your goals. If you really want to do what you told yourself you would do, then you should work toward it. The term "new year, new me" is such a joke. It doesn't take a new year to improve yourself, nor does it mean you have to. If you want something, go for it. But just make sure your heart is in the right place.

– Becky out

**Submissions have been edited for clarity and length.*

SNAPSHOT

PAGE 8



(Left photo) Catherine Hall (left) posed with Sarah Cripe (right) at Amber Cove in the Dominican Republic. (Middle) The Dominican Republic was one of the many tropical locations their cruise visited. At the Atlantis resort in the Bahamas, Hall and Cripe enjoyed a \$20 Conch salad. PHOTOS COURTESY OF CATHERINE HALL

The Caribbeans

Junior Catherine Hall spent her break on a seven-day cruise with her girlfriend, Sarah Cripe.

They visited the Dominican Republic, the island of Nassau in the Bahamas and Grand

Turk Island in the Turks and Caicos Islands.

In the Dominican Republic, they learned how to roll cigars and rode through the town.

“My favorite part was tasting their exotic foods. Sarah and I had Conch salad and ox

tongue,” Hall says.

At the Bahamas, they went diving and found themselves less than 10 feet away from a 4-foot lemon shark. “They are not aggressive, but it was still nerve racking,” Hall says.

Hall also notes that she inter-

acted with a “sneaky” taxi driver who told her their ride back to their cruise ship was free and then expected money after dropping them off while in the Bahamas.

At the Grand Turk Island, they saw the “Friendship

7” space capsule from John G. Voyager. He was the first American astronaut whose Mercury capsule landed off the Grand Turks shore in 1962.

“My favorite part of cruising is being treated like royalty. You wake up, drink, repeat,” Hall says. ■



(Left photo—from left to right) Sam Herring and Debbie Anthony met Ryan Seacrest in Times Square. (Right) People stood in frigid temperatures to view the ball drop at midnight on NYE. PHOTOS COURTESY OF SAM HERRING AND DEBBIE ANTHONY

New York

Junior Debbie Anthony spent New Years in New York with her boyfriend, senior Samuel Herring.

They spent time with Anthony's family in New Jersey before taking a train into New York City.

For anyone wanting to spend time in the Big Apple for New Years, there are certain preparations that need to be made before braving the cold weather and the crowds.

On NYE the couple woke up around 6 a.m. and took a train into the city.

Before standing in five-degree

weather for 14.5 hours, they had to do some research to make sure they were prepared.

They came across a tip to wear diapers, so that's exactly what they did. They went to a local convenience store and bought a pack of unisex diapers to put on NYE morning.

“I never imagined myself wearing a diaper at age 20, but there I was...in NYC wearing a diaper,” Anthony says.

The preparation paid off, as they were able to make some valuable memories.

Anthony and Herring were interviewed by Ryan Seacrest on live television where he asked

them about diapers and dating.

They spoke with Steve Harvey on multiple occasions and met a couple from Canada who they are now friends with on Facebook.

“My favorite part of the trip was getting to see my aunt, uncle and cousin in Jersey and getting to spend time with my boyfriend in the city he loves,” Anthony says.

“I really enjoyed being able to become good friends with a couple from Canada. We stood next to them the entire night and we talked, laughed, danced, hugged and they witnessed us peeing in our diapers. You could say that we went from being strangers to family in one night.” ■

Louisiana

Seniors Haley Moore, Victoria Northington, Shadae Strother and George Mason student Jordan Jones spent a week in Louisiana for New Years.

They spent most of their time in New Orleans, but visited neighboring cities.

During their first evening in the city, they experienced the nightlife on Bourbon Street, which extends 13 blocks and has many bars.

Another notable area was Frenchmen Street, what the locals refer to as the “cleaner, less crowded Bourbon Street,” according to Moore. There, they heard

live, original jazz music and were immersed in the culture of New Orleans.

On New Year's Eve, the girls watched the Sugar Bowl on the Mississippi River.

The girls watched the parade before going to a crowd on Bourbon Street to celebrate New Year's.

A couple notable from their trip involved the group went on.

They went on a swing dance at Westwego in 26-degree weather at 9 a.m. One of the girls met a man from the Hiss show, “Swamp People.”

“[The people giving] had Cajun accents and

A Winter to Remember

By traveling internationally and/or staying within the U.S., students experienced various cultures and lifestyles over break.



(Left) Bagan in Myanmar is known for having more than 2000 pagodas, so Ho and her parents climbed to the top of one at 5:30 a.m. to watch the sunrise and see the hot air balloons that fly across the skyline every morning. (Right) At the Shwedagon Pagoda, the most visited pagoda in Yangon, young monks walked around. **PHOTOS COURTESY OF SABRINA HO**

Southeast Asia
Freshman Sabrina Ho spent 14 nights in the south-east Asian nation of Myanmar (formerly Burma) with family. She visited different pagodas and landmarks and experienced

different cultures and lifestyles these places had to offer. They met teenage girls from an ethnic group called Padaung. In this culture, they put brass rings around their

necks beginning at birth and if they choose, they add more when they get older. They also met a young girl waiting for offerings outside of a building that housed monks. She adorned a paste on

her cheeks called Thanaka, which is made from tree bark. The Burmese used this as a form of sunscreen since this area gets a lot of sun. “My favorite part was experiencing firsthand the life

my parents had described to me as I grew up. The culture there is so rich and different than here, so I really enjoyed learning and living it,” Ho says. ■



United Kingdom
Sophomore Hunter Lowery spent a week in the United Kingdom with a friend, splitting their time between England and Ireland. In England, their main source of transportation was the “tube,” London’s Underground metro system. As tourists do, they went sightseeing and embraced the rich history that England has to offer. Some places they went included Buckingham Palace, Trafalgar Square, Big Ben, London Bridge, the London Eye and the Museum of Natural History.

Lowery spent time in Dublin, Ireland as well. She visited Trinity College, Guinness Storehouse, Dublin Castle, and O’Connell and Grafton Streets. In Ireland, Lowery and her friend interacted with locals and dined at notable restaurants such as Temple Bar, where they were immersed in the crowded room and lively dance floor. “My favorite part [of the trip] was seeing the Tower of London. It has so much history [and] it was amazing seeing how everything has survived all these years,” Lowery says. ■



(Above left) A lover of history, Hunter Lowery posed in front of the execution site of Anne Boleyn in the Tower of London. (Left) Lowery spent time overlooking the city from the London Eye. **PHOTOS COURTESY OF HUNTER LOWERY**

Victoria Northington and Jordon Jones posed in front of Neyow’s New Year’s Eve. **PHOTOS COURTESY OF HALEY MOORE**
music and were culture of New Orleans,” says Moore. That evening, they went on a ghost tour where they visited slave owner Madame LaLaurie’s old home. If you are familiar with season three of “American Horror Story: Coven,” then she may sound familiar. During the tour, they learned about LaLaurie’s torturous treatment of slaves and the history behind the seemingly normal-looking house preserved on the corner of Royal Street. “My favorite thing was the last day where we did the Swamp and Ghost tours because we learned the most about the city,” says Moore. ■

Ryan Scott Collects Multiple All-American Honors

Senior Ryan Scott excels in Indoor & Outdoor track as well as Outdoor Track & Field throughout four years at CNU.

BY PHOENIX HINES
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Running track takes a lot of determination, grit, and most importantly, it takes a lot of passion for the sport because it is an all-out grind. Fortunately for Christopher Newport senior Ryan Scott, he has all these traits. Scott is a three time All-American for the Captains and has been excelling for a while in his sport.

Scott resides from Glen Allen, Va. which is just a little outside of the state capital, Richmond, Va. He went to Henrico High School where he was All-Metro, All-State and named the team MVP his senior season.

When asking Scott about the transition from high school to college in terms of track and field, he emphasized how the level of competitiveness was a huge factor.

"In high school, kids will go out there and run for fun while only some people would run to actually win. In college, everyone is out there to beat you and the atmosphere is just so much bigger," says Scott.

Luckily for Scott, he has always had that competitive drive which has made the jump so much easier for him.

Scott's freshman year he was named the CAC Outdoor Rookie of the Year after winning the conference championship in the outdoor 200, posting a time of 21.69 seconds. Sophomore year, Scott seemingly kept adding to his resume as he earned his first All-American honors at the NCAA Outdoor Track & Field

Championships. He placed sixth in the nation in the 100 with an outstanding time of 10.69 seconds. He also received All-Conference honors for his contribution in the indoor 200.

Junior year, Scott broke out for an unbelievable season. He was named the CAC Athlete of the Year for both Indoor and Outdoor Track & Field.

During the NCAA Indoor Track & Field championships, Scott placed fourth in the 60-hurdles with a time of 8.13 seconds while also placing sixth in the 200. Both runs gave him his second and third All-American honors. Scott also tore up the conference as he captured five conference titles. Scott claimed an unbelievable amount of All-Region honors as well with a total of eight.

Scott has been excelling on the track, but one of his main hobbies outside of track is to play basketball with his friends for fun.

Scott originally played basketball in high school and barely ran track his freshman year and then started to pick up track his final three years of high school.

Scott was named the Most Improved Player on his team during his sophomore, junior and senior years.

Despite shocking the world with his outstanding performance on the track, Scott's favorite memory so far at Christopher Newport has been dating his girlfriend Nina, who also runs Track & Field for the Captains.

Scott looks to continue his outstanding career at Christopher Newport during his senior season. ■



Throughout Scott's college career he has made it to No. 6 in the nation as well as being named CAC Athlete of the Year twice. PHOTO COURTESY OF RYAN SCOTT

Is LeBron James The Best Player In History?

Freshman member of The Captain's Log, Phoenix Hines, comments on LeBron James' legacy in basketball.

BY PHOENIX HINES
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PHOTO COURTESY OF CNU OCPR

One of the most controversial topics in today's sports world is about the legacy of one of the best players to ever touch a basketball court, LeBron James. Season after season, LeBron goes out and performs above everyone else's expectations, yet he always gets criticized for something. This bugs me because I would never consider hating on someone who brings greatness to the court and pride to his own hometown city.

There are a bunch of people on Twitter who create memes about "crying LeBron" or about his 3-5 record in the NBA finals, but what for? It is utterly insane that a person can criticize someone who has not only done so much for the sport of basketball, but also has made a huge impact on a bunch of young kids' lives from the small city of Akron, Ohio.

When it comes to sports, an athlete should be judged on two main things.

The first is performance on the court or field. The second thing that they should be judged on is how they impact the community around them. LeBron obviously performs on the court, but honestly, what he does off the court is what truly impresses me. He is the founder of the LeBron James Family Foundation, which basically helps younger kids around the country who live in a broken household and have no opportunities. James plans on donating \$41.8 million to send 1,100 kids to college for free. What other player devotes that much time and money for their community?

Another thing people try to bring up when tarnishing his legacy is his finals record. LeBron is 3-5 in the NBA finals, but when you consider those losses you will find out how impressive it is that he even brought those teams to the finals. In the 2006-2007 NBA season, LeBron led a team full of old veterans, with nothing left to give in their careers, all the way to the NBA finals. No one could convince me that any other player in the history of the NBA could do that.

Michael Jordan went to the finals six times and won every single time, which is very impressive, but in my honest opinion, I would rather go to the NBA finals and lose instead of watching the games from home. Going to the finals eight times (and counting), including seven years in a row, is just unheard of. Win or lose, people need to respect that.

Every year it seems like the same story. Everyone thinks LeBron is going to slow down and produce minimal numbers, but here we are, year 15 and he is top five in the NBA in total points, assist, triple-doubles and field goals made on the year. To put that into comparison to the person that everyone compares him to. Michael Jordan was not even top 20 in any of those categories in his 15th year in the league. We are all witnessing greatness.

Even though it seems like LeBron is going to slow down soon, history tells the same story time after time. But if we are being truly honest, no one can play the game forever. ■

Captains Say Aloha to Hawaiian Christmas

CNU Women's Basketball travels to dream destination to compete and enjoy quality time with teammates.



(Above left) Women's Basketball got to experience a real Hawaiian luau during their stay in the islands. (Above right) During the sight-seeing portion of the trip, the team spent a day visiting the historical site of Pearl Harbor that was attacked during World War II. PHOTOS COURTESY OF HEAD COACH BILL BRODERICK

BY TARYN HANNAM-ZATZ

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As most students were headed home for winter break to spend time with their friends and families, the CNU Women's Basketball team was preparing for a couple of games. The team traveled together to Hawaii to play Thomas Moore and Williamette.

"I told the senior girls when they were freshmen, if they could raise the money to take a trip wherever they wanted to go, that I would set it up," says Coach Broderick.

They told him they wanted to go to Hawaii, so he priced it out for them and the team raised all the money for their trip to make their senior year a memorable one.

"Our coach wanted to give us an experience that some other teams don't get the chance to do," says senior Devon Byrd.

Not only did the team get to play two games and go 1-1 over the break, they got to spend some quality time bonding with one another. "It was one of the most memorable times of my life," says Byrd.

The team was able to attend a luau and tour Pearl Harbor. "My favorite part was exploring Hawaii and going on excursions," says sophomore Erin Carroll.

For Byrd, Pearl Harbor meant a lot to her because she came from a military family she claims that, "knowing how much it affected our nation, it was just really neat and moving to see the his-

tory of it all."

While the trip was filled with fun activities in paradise, the girls had to remain focused and ready to play. Thomas Moore is one of the most difficult games they will have played this season. They are always a top ranked team, but the Captains came ready for a fight. Unfortunately, despite their hard work, they fell to Thomas Moore 53-86.

Although they lost to Thomas Moore, they were able to round out the trip with a win over Williamette.

The team played as a cohesive unit and came away with a victory of 83-51, making them 13-2 on the season.

As they came back to Newport News the team was ready to prepare for the rest of their season.

"Our season is going well. We are

learning from our mistakes and getting better everyday in practice," says Byrd. The girls are happy with how successful the season has been, but it is far from over and they are hungry for more wins. "We have been working on our game outside of practice and really challenging each other during practice," says Carroll.

The entire team is dedicated and ready to play and will hopefully be victorious in the postseason.

"Our goal is to win the CAC back to back years and get further in the NCAA tournament than last year," says Carroll.

The Captains will be back in action on Wed. Jan. 17 at home in the Freeman Center to face off against Mary Washington at 5:30 p.m. ■

Men's Basketball Rises Against Hardships

The Captains start the 2016-2017 season with more hardships than ever before, resulting in a young line-up

BY TARYN HANNAM-ZATZ

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The CNU Men's Basketball team has been working hard and has had a very successful season thus far.

They have an overall record of 11-4 and are preparing hard to win more games and enter postseason on a high note.

They are a very hard-working team with a lot of discipline which leads to their success. "A typical day in practice is kind of nonexistent, every day is different," says senior Aaron McFarland. Practices are always competitive and filled with up tempo drills such as 1 v. 1, 3 v. 3, or 5 v. 5 freshman Brock Geiman said.

"Practice is fast-paced, and being completely honest, much harder than games," says junior Nate Roberts.

As most teams, the Captains have experienced many ups and downs this

season. "We are currently 11-4 and are starting to mold together as a team. We are extremely young this year and we're slowly starting to learn our roles as a team," said sophomore Luther Gibbs.

One of the hardest things for the team is their age. "It's been a journey for all of us, but especially the freshmen. It's been a season of hills and valleys for us. We've lost a couple of games due to some immaturity things and every game is a battle," says Geiman,

"It's been a journey for all of us, but especially the freshman. It's been a season of hills and valleys for us."

FRESHMAN BROCK GEIMAN

"but we've all come together really well as a team and it's been a really enjoyable year."

Though they are young and that is difficult it has led them to work harder. "For how young the team is we're doing really well.

I give the underclassmen a lot of credit for their ability to come in and adjust because the transition from high school to college both athletically and academically can be stressful and challenging and

overall I feel the team continues to show that despite the youth of our team, that we are still fundamentally sound in our values," says Roberts.

Despite facing some hardships, they have worked even harder and come together as a team in order to be successful.

"My favorite part of being on the team is actually being friends and brothers with everyone. We're such a close tight knit group, it is kind of hard to tear us apart," says McFarland.

As they continue to rise they being to look toward the postseason.

"My hopes for the rest of the season is that our young but talented team can grow together and mature, and that we can make it back to the championship game," says Gibbs.

All the players are extremely dedicated and have set goals for the season. "I think ultimately with the skill we have and the team we have, if we play with passion and respect every one of our opponents, we'll put ourselves in a great position to achieve all of our goals," says Geiman, "ultimately those goals would be to win a conference championship and put ourselves in a position to make a run in the NCAA tournament at the end of the season.

The Captains will be back in action on Wed. Jan. 17 against Mary Washington at home in the Freeman Center at 7:30 p.m. ■

Connecting Continents

The African Children's Choir brought the sounds of Uganda to the First Baptist Church Denbigh in Newport News



(Above) Choir 48 smiles for the camera in their performance outfits. PHOTO COURTESY OF ISAAC AIJUKAA/ THE ACC
(Below) Alice Namboozee conducts Choir 48 during their performance at First Baptist Church Denbigh. DUNCAN HOAG/ THE CAPTAIN'S LOG

BY DUNCAN HOAG
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Connecting continents, The African Children's Choir (ACC) gave Newport News residents an important look into Ugandan culture, while providing a rich and powerful performance.

The ACC was established in 1984 as a means of giving the gift of music to children whose parents had been killed, usually by poverty-related diseases or as a result of armed conflict. Ray Barnett, CEO of both the ACC and Music for Life—the ACC's parent company—conceived the idea for the choir when he gave a ride to an orphaned child in Uganda amidst the country's civil war. Upon hearing the child sing in his car, Barnett decided that one of the best ways to assist these children was to organize a musical group that would, according to its website, show how "Africa's most vulnerable children have beauty, dignity and

unlimited ability."

The ACC performance last Sunday at the First Baptist Church Denbigh in Newport News featured renditions of Christian spiritual songs, some of which the children performed in both English and Luganda, their native Ugandan language. The performance was multifaceted, with the children singing, dancing, and playing instruments, often simultaneously. Songs performed included familiar songs such as "He's Got the Whole World in His Hands" and "Search Me" (O God And Know My Heart), and songs that were distinctly African in origin, such as Tambira Jehovah (Dance to the Lord).



Alice Namboozee—a former ACC child—conducted the choir's performance. Namboozee was born and raised in Uganda, where her mother died when she was still young. She then lived with her grandfather before auditioning into the choir.

"The African Children's Choir gave

me the opportunity to travel the world. It also enabled me to gain a good education that was more difficult to obtain in Uganda." She went on to state that she has since obtained a degree in Business Administration through the help of the ACC.

Amy Berry, ACC volunteer and tour leader for Choir 48, discussed the origin of her involvement with the organization.

"I had travelled to Uganda several times before and just fell in love with the country. I actually had a friend that worked with a previous chaperone [of the ACC] and she was telling me about the choir. That's how I heard about the organization," said Berry.

Berry also discussed how the musical education occurs for the children in the choir, saying that the children are generally eager to learn the music.

"We have two great people on our chaperone staff... that were former choir children. They were both in Choir 19. We also have a music teacher on as well, and they are from Northern Ireland. They teach them all about music, and the children learn dances to perform. The children just love learning new things," said Berry.

She also emphasized the positive impact she believes the ACC has had on former choir members, some of whom have returned to Uganda to continue their studies.

"The three chaperones that were not from Uganda were actually able to travel to Uganda for two weeks to spend

some time meeting the children and we were able to meet former choir children as well that were actually graduating and heading to University, so we were able to talk with them and find out what an impact ACC has had on their life. Being able to get that education and mentorship has been so great for them," said Berry.

As a Christian ministry, Berry also discussed the religious aspect of the choir, saying that one of the central purposes of the organization is to directly teach the children about Christ and God.

"I believe that [the Christian theme] is the most important aspect of the program. As chaperones we are here to help teach them more about Jesus Christ. But in that process... I've found a lot of them already have that foundation... People here in America even learn to see Christ in them as well. They are growing in Christ," said Berry. "The most important aspect of the African Children's Choir is the lives of children and young people that are being changed by education, mentorship, and discipleship."

Berry indicated that miscommunication due to cultural or linguistic differences do occur, although she stressed that the Ugandan chaperones are able to act as effective mediators in such cases.

"Of course there are different cultural missteps where you don't understand each other, but that's why it's great that we have the Ugandan chaperones with us as well. Any cultural issues that come up or we don't understand, we're able to talk with them [the chaperones] and understand more how to help these children, and how to help them stay in tune with their own culture, as well," said Berry.

Berry stressed that the ACC will continue its efforts to help children through education, as well as assist with creating a new generation of leaders on the African continent.

"I see the choir continuing to impact and raise great leaders and families in Africa. As the years pass, the organization will continue to impact children's lives with education," said Berry. "To be able to see how this organization...is raising up the next generation of leaders in Uganda, and to be able to see their education, and see how they've grown in the Lord has been a wonderful experience." ■

"The ACC gave me the opportunity to travel the world"

—
Alice Namboozee

New Year, Old Tunes

The best albums you might have missed from 2017.

BY MORGAN BARCLAY, STEPHEN BOWE,
AND JEREMY CALLAHAN
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While the new year provides us the opportunity for a fresh slate, it also provides us with the opportunity to reflect upon what the past year had in store. More than that, however, it provides us the opportunity to see what made the past year unique. While there were plenty of reasons 2017 was unique, the following albums definitely top that list. From folk to electronica, there is plenty to listen to as you start your new year with these old tunes you may have missed their first time around.

‘MOUTH MOODS’ NEIL CICIEREGA

Famous for “The Potter Puppet Pals” series, and more, Neil Cicierega is no stranger to the internet and his latest album builds upon that fame. An unexpected and fresh take on all your favorite hits, Cicierega’s third mashup album will have you smiling from start to finish. Mashing together songs such as Vanessa Carlton’s “One Thousand

Miles” and to AC/DC’s “Back in Black,” Cicierega’s comedic timing and technical excellence shines.

‘COMMON AS LIGHT AND LOVE ARE RED VALLEYS OF BLOOD’ SUN KIL MOON

A marvel in storytelling, Sun Kil Moon, Mark Kozelek, uses his distinctive voice to ramble through personal and often comedic tales over a sparse electronic backing. Musing about politics to social media to conspiracy theories, like the Elisa Lam story, Kozelek’s mindset offers more than enough gems to keep you listening through the album despite its long run time.

‘WORRY.’ JEFF ROSENSTOCK

A pop punk album that doesn’t end in teenage angst, Jeff Rosenstock’s “Worry.” offers an introspective look into all that 2017 had to offer. Reconciling his own movement towards a healthier lifestyle with the overall tumultuous political state in the United States, Rosenstock’s clever lyrics and undone style craft an honest and emotional complexity that is all too relatable and important this year.

‘PEASANT’ RICHARD DAWSON

While neo-medieval psychedelic folk is not usually on the top of one’s minds Richard Dawson’s “Peasant” should be. A surprisingly accessible album despite its high amounts of musical complexity, Dawson utilizes his folk background, acoustic guitar, and beautiful falsetto to craft a universe all of his own that you won’t want to leave.

‘GOTHS’ THE MOUNTAIN GOATS

What do you do after making an album about professional wrestling? Make an album about the Goth scene in 1990s California, of course. Building upon their already wide range of album concepts, John Darnielle, the lead singer, creates a concept album that shines in its lyricism, story, and his passionate performance.

‘SOLID STATE’ JONATHAN COULTON

Jonathan Coulton’s album “Solid State” focuses on internet comment sections, love, and artificial intelligence. One of Coulton’s main themes is the frequent toxicity of online communities, as made clear by songs like “Brave,” about an egotistical anonymous internet commenter who “can’t not correct” the “slack-jawed sheeple” he shares the net with. Although the album’s release was accompanied by a graphic novel of the same name, the narrative and themes really shine through the music.

‘REST’ CHARLOTTE GAINSBOURG

Famous for her roles in “Melancholia” and “Dogville,” Charlotte Gainsbourg’s acting career is not the only remarkable thing about her. Gainsbourg, a French dream pop artist, melds French and English lyrics on top of danceable beats to create dramatic oftentimes melancholic songs giving a new meaning to the phrase “death disco.”

‘ASYNC’ Ryuichi Sakamoto

Golden Globe winning composer of “The Revenant,” Sakamoto is back with an ambient album that provides listeners with an indescribable experience. Utilizing a wide variety of instruments, from organs to synth to human voices, he crafts an abstract textured soundscape that marks an important addition to music in the post-digital age.

‘NO SHAPE’ PERFUME GENIUS

A heartbreaking and empowering album, Mike Hadreas of Perfume Genius offers defiant hope through scaling ballads. Building upon Hadreas’ already pronounced proficiency in lyricism while improving upon instrumental backings, this album finally encapsulates the true power Hadreas’ lyrics have always had. ■

The Unbookable’s Book

Doug Stanhope’s memoir provides a refreshing look into the world of comedy in Middle America.

BY IAN BURKE
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Flirting the line of controversy is a common feat in the world of comedy, where names like Dave Chappelle, Joe Rogan and Bill Burr come to mind. Beyond cameos on episodes of “Tosh.0,” “Louie,” and his stint as the co-host of the fifth and sixth seasons of Comedy Central’s show, “The Man Show,” he is relatively unknown (at least in Virginia). Making his name in the Midwest comedy circuit, American comedian, actor and author Doug Stanhope outlines his experience on the road along with a group of friends called “The Unbookables,” in his book “This is Not Fame.”

Critics describe his comedic style as brutally cynical, controversial and dark. Stanhope’s memoir consists of his life of unapologetic cynicism and a mocking of the void which he finds so interesting. His ‘re-memoir’ retells early days of open-mic stand-up comedy and corporate law office gigs. Setting the stage with an oblivious, drunken audience (consisting mostly of cops, lawyers, etc.) they are ‘treated’ by an equally drunken Stanhope delivering a tirade on why they are the root of America’s problems. And yet, the antics continue. For awhile, Stanhope’s acted on Jerry Springer’s 1995 incarnation of

his eponymous show, later investigating the 20/20 of the show in which he was one of the primary informants. Run-ins with the Icelandic leadership (who accidentally won the election after a joke campaign), and pranking the media by giving impersonations to unsuspecting reporters were not the end of his riveting story.

This is not the book you would want to read for self-help or an epiphany-like realization about your own life. The stories in this book are absurd, disturbing, and at times uncomfortable, but ultimately funny. Stanhope’s memoir is not about overcoming a life of immorality, excess, or debauchery. Rather, it reflects someone who embraces, critiques and celebrates these ideas. Described by the New York Times as “an acidic blend of prickly hostility, elaborated articulated self-loathing, and righteous anger,” Stanhope delivers on his reputation with a scathing retelling of his early days in comedy, his low moments, his lowest moments, and speaks a self-deprecating truth to the title, “This Is Not Fame.” ■

“This is Not Fame” is available at all major book retailers.

The Greatest Review

‘The Greatest Showman’ showcases the greatest problems with reviewing cinematic musicals.

BY KYLE GUNDERSON
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“Hamilton” broke boundaries last year by giving musical theater a younger, more modern sound, and everyone raved over it. But does the hype translate the same way on the silver screen?

This past December, “The Greatest Showman” appeared on cinema screens, following the life of the man behind the famous Barnum & Bailey’s circus, P.T. Barnum (Hugh Jackman), in the form of a live-action musical. The show’s character development is mostly built through its plentiful choreographed musical numbers, such as the relationship of Philip Carlyle and Anne Wheeler, played by Zac Efron and Zendaya, respectively.

Aware of how much can be said silently through reaction, Director Michael Gracey understands that not all of life is a part of a dramatic display. Expressions and glances speak volumes as some characters wait in the wings. “The Greatest Showman” is not only vibrant and exciting, but it is an incredibly relevant story of self-acceptance. The choice to create a show dedicated to helping the downtrodden in society accept themselves is aptly released in a time where differences in ideals are growing ever more polarized.

According to Fandango, most fans agree with the positive account of “The Greatest Showman,” awarding it 4.5 stars. However, critics are less enthusiastic about the performance. Rotten Tomatoes currently grades it at an approval rating of 55 percent. The reason for this

great disparity in opinion is likely not the fault of the cast, but of the genre; when one views a musical on stage, there are certain considerations that are taken into account. Musical theater takes liberties with the passage of time, logic, and physics. On stage, audiences accept that the budget for both funds and time would not allow five minutes to be given for a character to travel a large distance. Such things are abbreviated in order to keep a show’s runtime reasonable, and to hold the interest of the audience. Sometimes illogical scenes exist where a song will start in one era and lend itself as a bridge between two time periods. Theater patrons and critics acknowledge and accept the limitations of the craft.

In film, we generally look for different things. The plot of a decent movie is generally logical, in that laws of a fabricated reality are followed and extensive in that there are not large pieces missing. As brilliant as this movie is, viewers will notice that certain areas of P.T. Barnum’s life are glossed over, and that sometimes the movie will take liberties with the function of reality. As opposed to musicals adapted to the screen, those that are made directly for film are in a relatively new field. Over time, critics will find ways to judge them with these concepts in mind. Although it might have served better as a stage play today, I urge you to ignore the critics’ reviews, and see “The Greatest Showman” at your earliest convenience. I guarantee you will be blown away. ■

PetSuites Comes to Chesapeake

Nationally known pet care business, PetSuites of America, brings a new branch to the nearby area.

BY ANNA DORL
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PetSuites of America, a trusted name in the pet care industry with many locations across the nation, is expanding a new chapter of their company in Chesapeake, Va. for 2018.

Since 1999, PetSuites has provided state-of-the-art boarding, day care and grooming for your beloved dogs and cats.

The business has multiple sites in Georgia, Indiana, Kentucky, North Carolina and Ohio, with plans to continue expanding their influence nationwide.

Their upcoming Chesapeake location will be the first in the state of Virginia.

PetSuites truly stands out from other animal care providers because of their attention to detail and their pure passion for pleasing both pets and their people.

The company prides itself on its cleanliness, quality of care and their promise to treat pets like furry family members.

Their website states their philosophy is “smelling is believing” in terms of the hygiene of their facilities.

PetSuites creates luxurious boarding and day care experiences for animals, keeping their comfort and happiness in mind at all times.

Guests enjoy many accommodations and amenities, including heating and air conditioning within suites, flat-screen TVs tuned to Animal Planet, room service and even furry facials.

Dogs enjoy individual and group play times with employees as well as other dogs, which allows them to socialize whichever way they prefer.

Cats have the choice of two “views” in their suites — a window for bird watching or an aquarium to observe fish.

PetSuites locations also provide some basic pet health services such as vaccinations and teeth cleaning.

When completed, the Chesapeake location will cover 21,000 square feet, including an outdoor yard with pools for pets to enjoy.

Their services are hailed by pet lovers across the country.

One testimonial from customer Jason Auton on PetSuitesofAmerica.com reads, “We were amazed with [the] overly kind staff and have been recommending your suites to everyone we talk to. I cannot express how much more comfortable our vacation was knowing that the beloved pet was in the best hands possible.”

PetSuites of America is dedicated to quality pet care and is a leader in the industry through excellence in boarding, daycare and grooming. Your dog or cat will think PetSuites is the cat’s meow!■



Goldendoodle Zoey and labradoodle Oliver patiently wait for a treat from their owner. MACY FRIEND/THE CAPTAIN’S LOG

CONTINUED FROM PAGE 1

The second day of recruitment is titled “Sisterhood.”

This is the day that the organizations get a chance to show the PNMs the values and relationships behind their sisterhood.

At this point, each PNM will only visit up to five organizations.

Each round is longer this day than on the first day of recruitment, giving PNMs and sisters more of a chance to get to know each other’s values and expectations within the organization.

The final day of recruitment is called “Preference Rounds.”

This is the day that PNMs will only visit up to two of their preferred organizations.

The purpose of this last day is to gain a deeper understanding of the organizations that they may run home to later on that afternoon.

This last day is crucial in deciding which sisterhood the PNMs will want to join.

Then comes Bid Day.

It takes place on the same day as Preference Rounds and is filled with every emotion imaginable says Katie Krynitsky, member of ASA.

This is the portion of recruitment where each PNM is given a bid from one sorority and at that moment they have to choose whether they are going to run home or drop from formal recruitment.

Whether you’re looking for a group of girls to help you break out of your comfort zone or you’re looking to expand your friend group by more than a hundred, you’re always running home. ■

Katie Krynitsky is a member of The Captain’s Log.



ADPi welcomes home a fellow sister, an RC, from the recruitment process. MACY FRIEND/THE CAPTAIN’S LOG

Positivity, Polos and CNU Pride

Earn some spending money without having to commute to work at a restaurant or retail store. Applying to on-campus jobs through Career Connect takes only a few steps.

BY SABRINA RIVERA
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The holidays are over and students are back on the grind, churning out essays and organizing notes for the new semester. But after all the family, fun and festivities they got over break, some students' wallets are starting to feel the burn.

The most efficient way to remedy that is a reliable job, and with just a short distance and navigable hours, on-campus employment is one of the best choices for amping up those personal finances.

On-campus jobs are part-time employment opportunities with the University; a good portion of these jobs are set aside for student hiring.

At CNU, jobs come up with a 20 hour weekly cap to ensure there is enough time for classwork, studying and other college responsibilities.

In addition to them being a financial solution, whether it be some extra spending money or trying to pay back loans, college students apply to these jobs for their work-friendly schedule, their convenience of being nearby, and to build up a good resume.

Some students avoid picking up a job in order to focus on their academics, but junior Andrea Gamache does her best to balance rigorous biology coursework with her position as CNU Event Staff Supervisor.

"My job has me setting up events, breaking them down and making sure that the process moves efficiently, so you can't really do work when you're moving around" says Gamache.

Greek Life organizations, clubs and other CNU organizations give jobs to the Event Staff to set up equipment for their events.

"But because I'm a supervisor, I have to be on call in case somebody needs something; I sit in the office when there's no set-up jobs, so I get most of my work done really efficiently," says Gamache.

When asked what her favorite part of her campus job was, Gamache says that it was the "sense of community" where she and her co-workers would

enjoy working together and becoming "familiar with each other" that makes the job more fulfilling than she expected.

In addition to Event Staff, there are multiple campus jobs that CNU students can apply for to get some cash and working experience.

Here are a few that are currently available on CNU Career Connect:

Orientation Leader (CNU Orientation) Hired students stay on campus for part of the summer to provide an experience to and introduce incoming freshmen to everyday life on CNU's campus. Starts Summer 2018, \$7.25/hr

Student Researcher (CNU Wason Center for Public Policy) Employees field calls for check-

ups and data collection for the University. Starts Spring 2018, \$7.25/hr

Intramural Official (CNU Recreational Services) Are sports your forte? You can help games run smoothly and keep them running by applying to be an intramural official! Starts Spring 2018, \$7.25/hr

Catering Service Staff (CNU Catering) Catering is an active job with a lot of movement and co-worker cooperation. Starts Spring 2018, \$7.60/hr

All of the above mentioned part-time jobs and others can be found on CNU Career Connect, and applied to by uploading your resume in addition to filling out the applications. ■



(Top) Tech employees Nick Stanek and Rob Culbertson control and monitor sound and lights in the Gaines Theater. (Left) Laura Cornish and Nick Badoian of Event Staff carry tables and chairs to set up for an event. (Right) Charles Tyson and Tre Brooks handle students' technical issues at the IT Help Desk. RACHEL BENNETT AND MACY FRIEND/THE CAPTAIN'S LOG

JOIN THE STAFF!

The Captain's Log is always looking for new members. If you're interested in becoming part of our team, email editor-in-chief Melanie Occhiuzzo at clog@cnu.edu

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