Volume IX, Number 1

Christopher Newport College, Newport News, Virginia

August 22, 1977

WELCOME NEW STUDENTS

News Briefs...

Inflation hits CNC students

Students are seeing their first tuition increase in two years at Christopher Newport. Effective with the fall semester, tuition will be increased \$2 per credit hour and the Comprehensive Fee will be increased \$1 per credit hour. This increase brings tuition cost up to a total of \$26 per semester hour for In-State students and \$36 for Outof-State students. In addition to these fees, a \$5 Registration Fee will be charged each semester. The extra revenue generated from these increases will compensate for the scheduled reversion by the State of approximately \$145,480 during the 1977-78 session.

DSA secretary promoted

Mrs. Mary Stump, well known to students who frequent the Dean of Students Affairs Office, has moved up on campus. Mrs. Stump was chosen to replace the College president's retiring confidential secretary, Mrs. Edna Carney. Mrs. Stump assumed her position on July 15 and Mrs. Theolia Lewis took over as secretary to the Dean of Students Affairs. Mrs. Lewis formerly worked in the Admissions Office at CNC.

Daytime journalists appeased

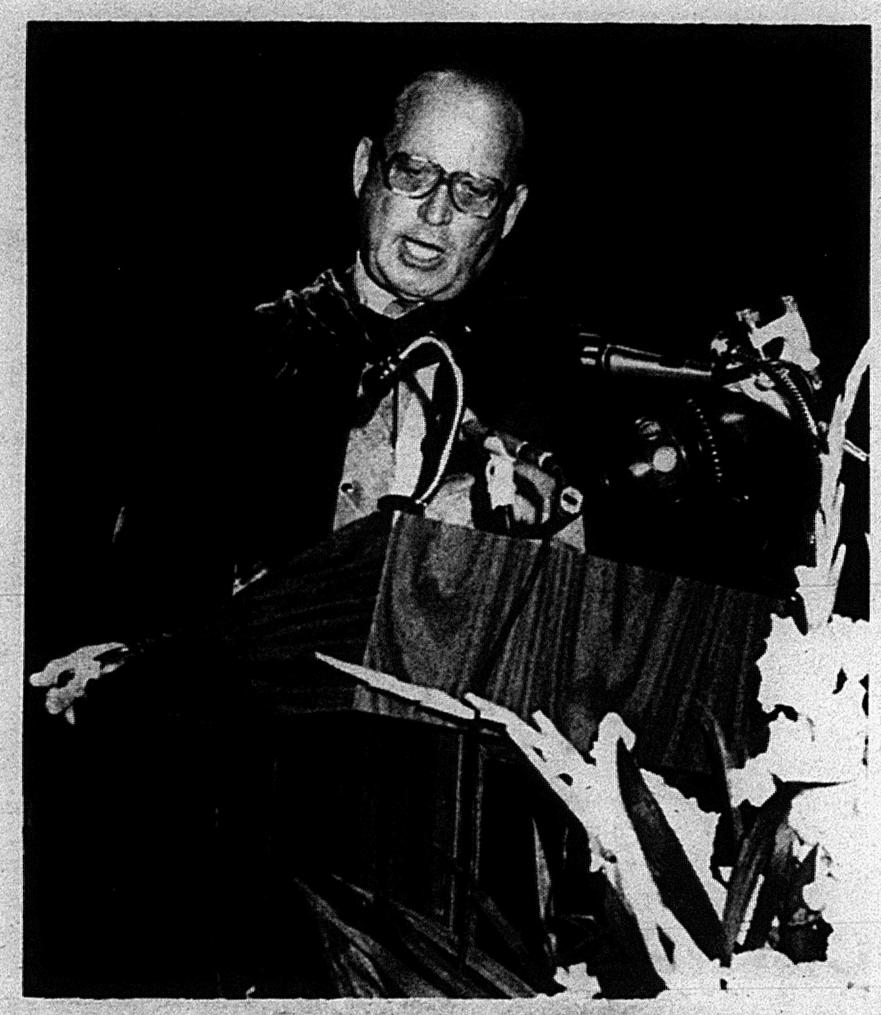
News Writing and Reporting has finally found its way into the day curriculum at Christopher Newport. The course, Communications 260-02, will be taught by Bill Sizemore, a reporter for the Daily Press. Prerequisites for the course include English 101-102 and a desire to improve one's skills in written communication.

Tolkien's last finally published

The book for which Tolkien readers have long been waiting will finally be released this fall. J.R.R. Tolkien's The Silmarillion, started sixty years ago before the writing of The Hobbit, has been edited since Tolkien's death by his son Christopher Tolkien and will be available to the public September 15, according to Houghton Mifflin publishing company.

The Silmarillion was considered by Tolkien to be his most important work and covers the creation of Middle Earth and the events of the First Age. It is the history of the great mythical world Tolkien created in his works The Lord of the Ring and The Hobbit.

CNC gains independence



Dr. Sanderlin, CNC English Professor, accepts the Mace, symbolic of CNC's new independence on behalf of the faculty at Christopher Newport.

CNC looks to future after separating from its mother institution, William and Mary

by Candice Frazier

Some students would like to retain the name "William and Mary" at the bottom of their diplomas; while others are proud to have a crack at a newly independent college. After speaking to several people about the independence granted Christopher Newport College on July 1, the general consensus was of a college proud of its growth in the college, area and attitudes.

In the community, "a name doesn't mean as much as it used to, for being an accredited school is what is important," says Dr. Windsor, President of Christopher Newport College. "Christopher Newport is in the right place at the right time. The community needed a college of its own at the time it was founded to attract industry and to increase the total educational level of the community."

Plans for the college, now seperated from William and Mary, are only in the primary stages. A bond referendum, which the State Board of Higher Education will vote on at their next meeting, may give the campus three needed buildings; a library addition, service building, and an office building to take the place of the trailers scattered throughout the college.

Although the Student Association, individual students, and community businessmen have proposed residential structures on the outskirts of the campus, residential status is not planned immediately, though one of the four proposed plans is still active.

Now that CNC is independent and with a Board of Visitors of its own, we should have more attention paid to CNC which can't help but improve the campus.

Dean of Student Affairs Office establishes new guidelines for student dances at CNC

Each year at Christopher Newport a number of dances are held in the cafeteria or gym as money raising projects for organizations on campus. In the past there has been potential for severe problems with enforcing ABC laws concerning the consumption of beer by minors. In order to insure that these problems do not arise this year, the Dean of Student Affairs Office has established the following rules and regulations concerning attendance at CNC dances:

Continued on Page 10

July 1, 1977 marked an important day in the history of Christopher Newport College. On that day Christopher Newport broke away from its mother institution, William and Mary, and became an independent educational institution.

Dr. James C. Windsor, President of Christopher Newport, opened the ceremony in the Campus Theatre by welcoming the many distinguished guests in attendance from the community. Among those guests Dr. Windsor introduced six men who had watched the growth of Christopher Newport since its birth sixteen years ago. Each spoke of their experiences with CNC during the growth.

The Honorable Lewis A. McMurran, first to speak, was a member of the original committee which determined the need for Christopher Newport on the Peninsula. Since that time Mr. McMurran has greatly supported the development of the college and is known as the "Father of Christopher Newport."

Mr. H. Westcott Cunningham, the first president of Christopher Newport, recalled the first shrill ring of the bell when Christopher opened its doors to its first students. He described the experience as comparable to hearing the first cries of a new born baby.

Mr. Ernest Goodrich, from Surry, Virginia, served as Rector of the Board of Visitors of William and Mary during that time that Christopher Newport became a four year institution. He also installed the second president of CNC, Dr. Windsor.

Mr. John Lee Johnson, currently serving as Rector of the Board of Visitors at William and Mary, also spoke of his past experience with the growing daughter institution. It was under his leadership that the Independence of Christopher Newport was supported and implemented.

The final two speakers were Dr. Alvin Duke Chandler, also a member of the committee which created CNC, and Dr. Davis Y. Paschall; each served as former presidents of the College of William and Mary.

Following the speeches, Mr. Harrol A. Brauer, Jr., Rector of the Christopher Newport Board of Visitors, called the Board into official session and a resolution was adopted expressing the Board's appreciation to the William and Mary Board of Visitors for their support in the growth of CNC. It was further resolved, that "a special relationship shall always exist between the College of William and Mary and Christopher Newport College, and that these two institutions shall continue in a mutually supporting friendship."

Mr. Brauer followed the closing of the Board meeting with his own feelings concerning Christopher Newport's independence. He cited the prime goal of the college as being to create "an effective atmosphere of learning in the important field of liberal and related arts." He said that with the combination of a dedicated Board, distinguished faculty and administration, and an exceptional student body, the challenges will be met. "First by listening to others, then by analyzing existing needs, and finally by responding in a positive and productive manner."

Mr. Brauer concluded by saying: "We do not seek to emulate other institutions. We have our own values to develop. We expect the student .Continued on Page 10

President Windsor appointed to State commission on mental health

Dr. James C. Windsor, Christopher Newport College resident, has recently been appointed by Governor Mills E. Godwin, Jr., to a new state commission on mental health and mental retardation.

The commission, established by the 1977 session of the General Assembly, will study the care and treatment of the mentally ill and retarded in agencies operated or funded by public monies.

The specific attention of the commission shall be directed toward the progress, methods and cost in establishing a statewide system of comprehensive community mental health and retardation services in Virginia cities and counties and in providing for future planning.

Windsor currently serves as vicepresident of the Virginia Association for Mental Health and is a longtime member of the Hampton-Newport News Mental Health and Mental Retardation Services Board (Chapter 10), and the Peninsula Family Services and Travelers Aid Board. He is past-president of both the Peninsula and Virginia Personnel and Guidance Association and was treasurer of the American Personnel and Guidance Association.

A recipient of the Distinguished Service

Award from the National and Virginia Mental Health Associations, Windsor was honored last year for "meritorious service to the Mental Health Associations on behalf of the mentally ill."

A popular public speaker, Windsor is a consulting psychologist and holds the faculty rank of professor of psychology at Christopher Newport College.

Windsor, whose appointment is one of three made by the Governor from the state at large, will be joined on the twelve-member commission by Dr. Dorothy I. MacConkey, Associate Dean of the College of Arts and Sciences at George: Mason University, and Richard S. Gillis, Jr., Executive Vice-President of the Virginia State Chamber of Commerce.

Others selected by the Speaker of the House and from the membership of the Senate include the Honorable Richard M. Bagley, Bernard G. Barrow, John C. Buchanan, J. Paul Councill, Jr., Arthur R. Giesen, Jr., Richard S. Gillis, Jr., Omer L. Hirst, Mary A. Marshall, Elliott S. Schewel, and Frank M. Slayton.

Meeting for the first time on August 8th, the commission has been charged to conclude its study and issue the final report by November of 1979.



Dr. James C. Windsor, Christopher Newport President

Student Association begins new organizational structure

A select committe made up of members of the Student Senate and Executive Council members has a reorganization plan which will, this fall, change the total structure of the Student Representative Organization even to changing the title from Student Government Association to Student Association, more suggestive of the actual mission of the organization.

In the realignment policy, representation shall be moved away from the traditional class structure and brought into a divisional alignment policy. Representation in the Senate would be taken from the departmental level where it is considered that the greatest amount of affiliation and interaction occurs, therefore, bringing student representation closer to the actual student population.

Major revisions in the representative schedule would be as follows:

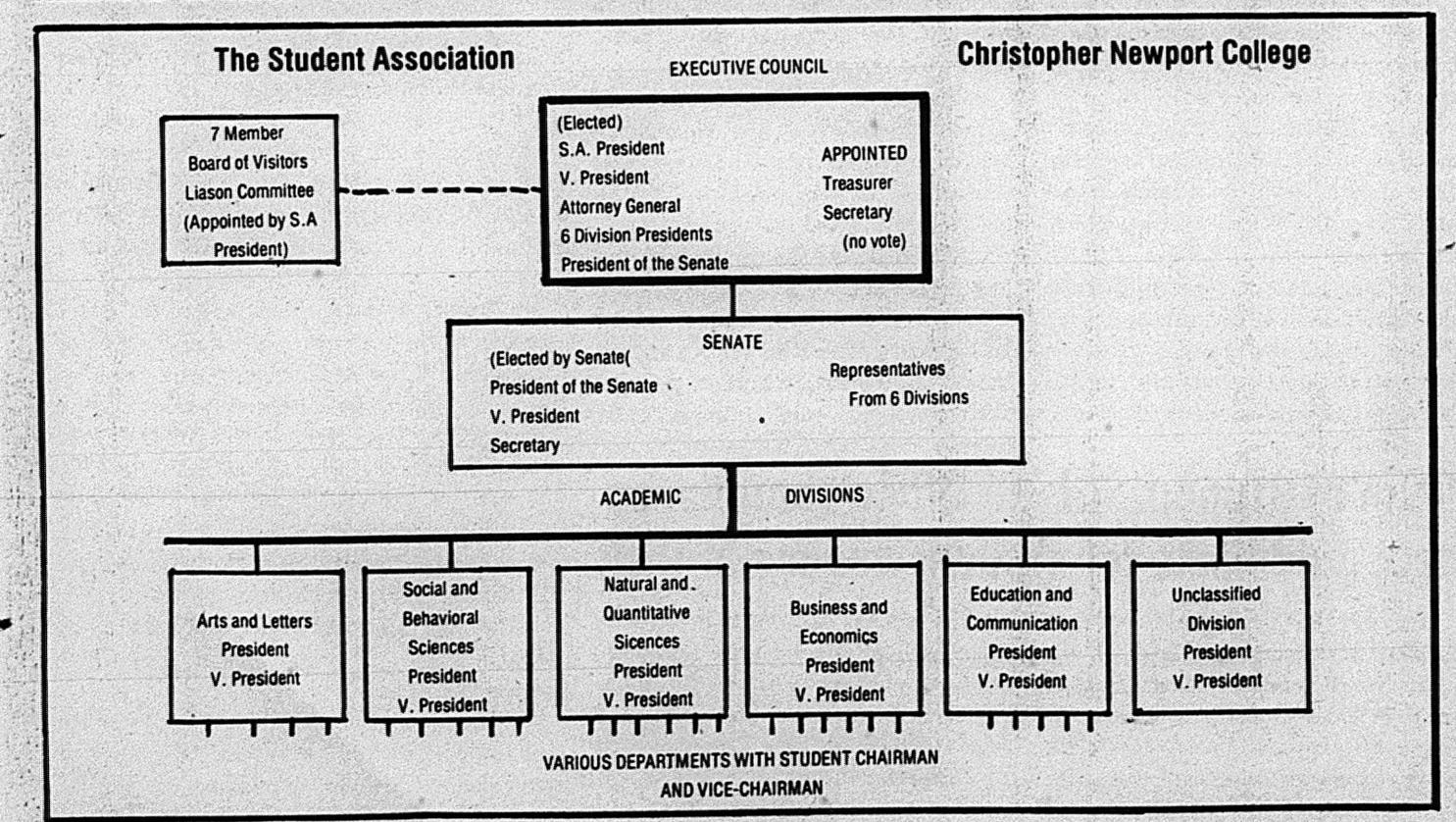
General student elections would be held to commit to office three members of the student Association Executive council; President, Vice President, and Attorney General. Secretary and Treasurer for the Association would be by appointment of this committee of three with approval of the Senate-at-large. It is contended that this method of selection of a Divisional President and Vice-President who will sit as the collective head of the affiliated departments and to referee elections at the departmental level.

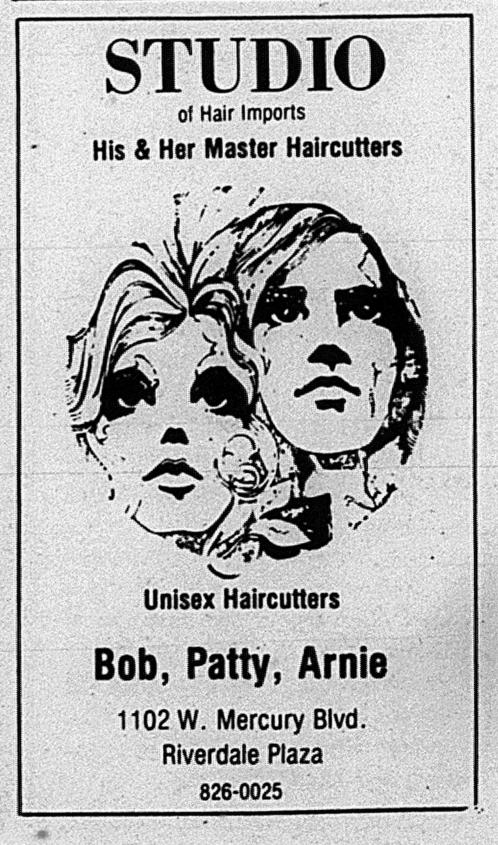
Officers to represent the departmental student population will be elected at that specific departmental level. From among these officers, they shall choose amongst them, a Departmental Chairman and Vice-Chairman.

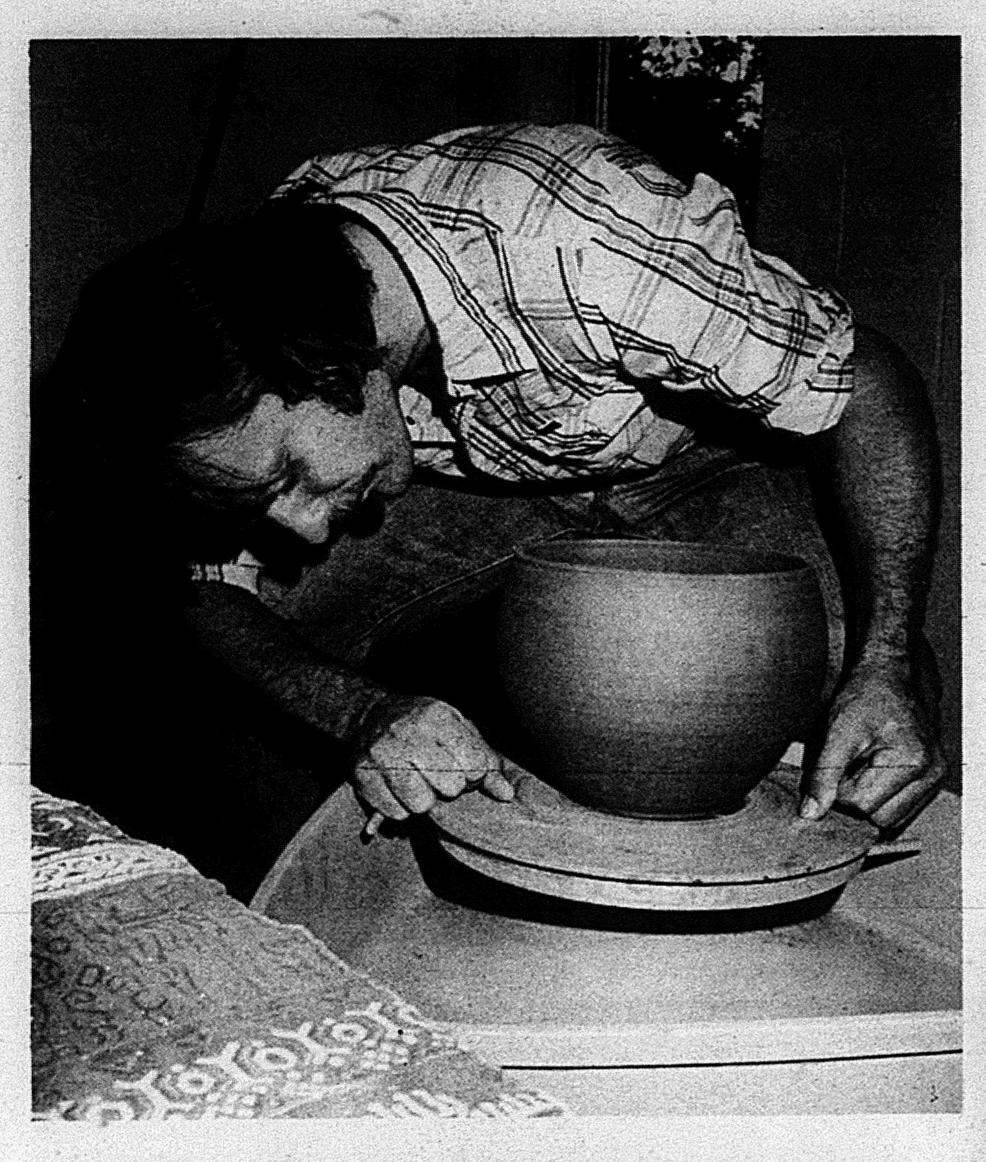
Freshman will be permitted to run for office and vote for representation in the department of their choosing. option being refused, they will join the represented ranks of the unclassified division.

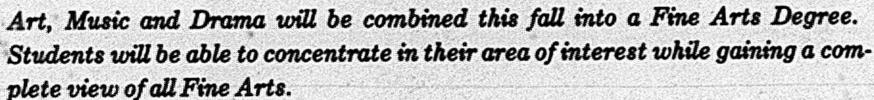
The benefits of the reorganization are that it brings representation closer to student population and creates closer affiliations to departmental level.

> FREE CLASSIFIED ADS FOR CNC STUDENTS Leave typewritten ads at: Captain's Log Office Room 225 Campus Center













Art, Music and Theater combined in new Bachelor of Arts program

The Virginia Council on Higher Education has approved a new B.A. Degree program in Fine and Performing Arts for Christopher Newport College.

The new interdisciplinary program, which permits the student to concentrate in theater arts, fine arts, or music, and which requires six hours of supporting work in each of the other two disciplines, replaces the degree in Theater Arts which was established in 1974.

According to Professor Rita Hubbard, chariman of the Department of Fine and Performing Arts, "The college has become a center for the arts on the Peninsula. Our facilities are in constant use, with theatrical and musical productions, exhibits, and ballets competing with classroom activities for the use of our stage and studios. We feel that the new degree program will be a vital part of the college's cultural function in the community." "Although many institutions

program as individual majors, our interdisciplinary approach may be unique in Virginia," Professor Hubbard added.

According to CNC officials, a survey of high school seniors was conducted during the past two years, which indicates that about thirty new students per year could be expected under the new degree program as majors, with as many as 260 full time students enrolled in some courses in the department by 1979.

In replacing the Theater Arts major, the new degree program utilizes existing courses in art, music, and theater, with little additional expense being necessary to implement the program fully. The Department presently has the use of two painting and sculpture studios, two music studios, as many classrooms as needed, as art gallery, and the campus theater.

The full-time staff includes Professors **Hubbard and Bruno Koch in Theater Arts** and Speech, Professor Stuart Van Orden in the State offer the components of our in Art, and Professor James Hines in setting."

Music, with adjunct professors who are selected from outstanding artists and performers of the Tidewater area teaching part time as needed.

Professor Hubbard believes that the College's humanities curriculum will be greatly strengthened by the new program. "Its interdisciplinary approach seems to us to be very important. While the students will each be concentrating in one of the three principal areas of music, art, or theater, they will be working in the other related arts--not in a haphazard or whimsical way, but to strengthen their grasp of the major study. The supporting courses will be chosen under the guidance of the faculty. A theater student, for instance, who is interested in scene design, would be guided toward studio art courses rather than art history, or a music student whose career goals were in opera would be taking acting rather than stage

New fall Campus Center hours established

The new fall Campus Center hours have been established and are as follows:

Information Desk [Game Room, Listening Rooms, etc.]

Monday thru Thursday - 7:30am to 9:30pm

Friday - 7:30am to 5:30pm

Parking Stickers At Information Desk Student ID's

Monday thru Friday - 10:00 AM to 2:00pm

Monday thru Thursday - 6:00pm to 7:00pm

Cafeteria Monday thru Friday - 7:00am to 3:00pm

PUB

and Thursday Monday, Tuesday, 12:00pm to 12:00am

Wednesday and Friday - 12:00pm to 1:00am

Crow's Nest

Monday thru Friday - 12:00pm to 4:00pm

Scheduling Office

Monday thru Friday - 8:30am to 4:30pm Placement Office

Monday thru Friday - 8:00am to 4:30pm

still available in BEOG . Students who have not already applied and who think they will need additional

Financial assistance

funds to assist in meeting part of their college costs for the first semester are encouraged to apply for the Basic Educational Opportunity Grant (BEOG)

program.

During the 1977-78 academic year, an eligible student is one who: has established financial need by means of the Basic Grant application appropriate for this year; will be enrolled in an undergraduate course of study and has not received a Bachelor's degree from any institution of post secondary education.

An Applicant must also be a U.S. Citizen, or in the United States for other than a temporary purpose and plans to become a permanent resident, or be a permanent resident of the Trust Territory of the Pacific Islands. In addition, an applicant must not have received more than four full years of Basic Grant payments including the 1977-78 payments.

Applications and information may be obtained from the Financial Aid Office in the Library. Room 121. The Financial Aid Office offers finanical assistance to eligible students in many other forms. If you need help, see Mr. Clark Ward, the financial aid officer of available grants and loans.

Placement Office will find full and parttime employment

The Office of Career Planning and Placement offers all CNC students and alumni a career and part-time employment service as well as counseling for job interviews and resumes.

The office is located in the Campus Center in Room 208 and is headed by Mr. Richard McMurran. Mr. McMurran's office locates part-time and full-time employment for students and arranges appointments for interviews with employers.

Other services offered by the office are career information in various fields, help in obtaining employment in other sections of Virginia and the rest of the nation, and a weekly newsletter aquainting students with employment opportunities, campus interviews, and newly acquired information. The newsletter is placed in strategic locations in all buildings on campus.

The office of Career Planning and Placement throughout the year will be arranging campus interviews with personnel representatives from companies, government agencies, service organizations and schools. These interviews will be published in The Captains Log and in the weekly newsletter distributed by the Placement Office.

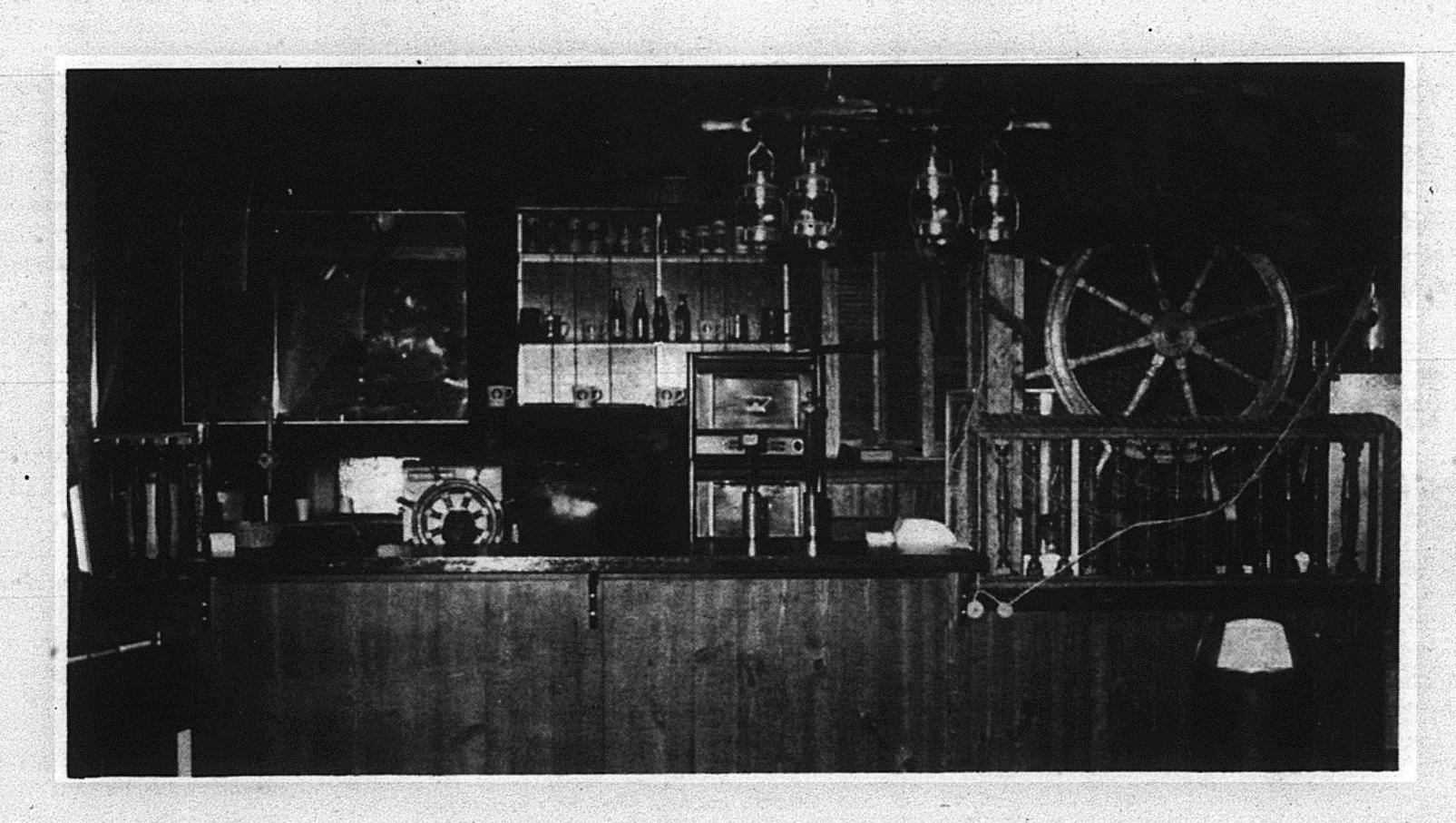
The Placement office also works in conjunction with the Counseling Center in providing bulletin boards on career education wall charts which are placed on the first floor of all classroom buildings.

Students are encouraged to use the services offered by this office and to pick up a weekly newsletter for information on jobs that are available and programs that might be provided throughout the year.

Captain's Wheelhouse

- ·Good food & drink
- Where it happens
- · A nice break

- Entertainment
- Atmosphere
- ·Meet your friends



A private club for CNC students, staff & faculty HOURS

M T Th 12:00pm to 12:00am W F 12:00pm to 1:00am

Counseling Center hires new counselor

by Kim Brady

The Counseling Center at Christopher Newport College has recently hired a new counselor to meet growing needs in the student body.

Ms. Malinda Davis, a recent graduate of the University of Michigan, is looking forward to working with the students at Christopher Newport as a full-time counselor.

"As any other counselor in the center, my major function will be to provide all students with vocational, educational and personal counseling; however, I plan to develop special programs for the minority student on campus, programs that will deal with cultural background and personal growth enhancement," said Ms. Davis.

Ms. Davis received her undergraduate degree at Virginia State in 1974. Following her graduation she worked as a substitute teacher and counselor for STOP (Southeastern Tidewater Opportunity Project) until she went on to the University of Michigan to earn her Masters of Social Work degree. Ms. Davis has worked, since earning her degree, as a part-time counselor at Tidewater Community College and as a Relief Counselor for Volunteers of

America.

Working with the Black Student Association on campus is a major concern of Ms. Davis. She would like to see the organization become an active and productive part of campus life. Although Ms. Davis has seen little of Christopher Newport thus far, she has spoken with members of the Black Student Association and is anxious to work with the group in planning upcoming activities.

Ms. Davis has other plans besides working with minority students. She also plans to set up a College Survival Skills. group for students who need help in learning to study, budget time, and develop communication skills to help them adjust to college life. Ms. Davis furthermore hopes to deal with the lack of "visibility" of the counseling Center to students who could use the services but hesitate to seek counseling.

Ms. Davis stresses that a table will be set up in the Campus Center during the first few weeks of school for those students who would like to find out more about Counseling services. She feels this will be a first step in bringing the Counseling Center out for students to get acquainted with its functions.



Ms. Malinda Davis, recently hired as a full-time counselor at CNC.

Love, power, and the campus revolutionfor those who can take it

by Samantha

If, after doing your American Lit. reading for the week, you still have time for some verbose and distorted views of life - The Love Machine by Jacqueline Susann is a book to pick up. The authoress of Once is Not Enough, another book on the proliferate power plays amongst people, has produced a superbly tangled plot of sexualized might.

For those who get a kick out of an occasional look at the perverted side of the globe and enjoy, or at least don't mind foul

language, will read, thoroughly and quickly, Richard Bratigan's newest book of poetry - Landing Mercury With a Pitchfork (see p. 16).

And the students of political science, for I hear we have a few, would enjoy The Strawberry Statement: Notes of a College Revolutionary. This diary of sorts was written, beginning in 1966 by a student at Columbia University, James Simon Kunen. A psuedo-revolutionary, he has statement relevant in today's "calmer" revolution.

Bread regroups and makes appearance at Norfolk Scope, August 27

quartet in the spring of 1973, it was under the best circumstances. Since their formation in 1969, the group has established itself as an airwave mainstay, writing and recording a long string of potential singles.

News that Bread had regrouped during 1976 triggered high expectaions for the first new album for the band in four years. But when the group first began recording and writing as a trio comprised of David

When Bread disbanded as an active Gates, James Griffin and Robb Royer, few onlookers outside the Los Angeles music community could have set any expectations at all for yet another new rock group.

Bread's principals had more than enough seasoning between them, but much of their experience had come during sessions for other acts: David Gates was a successful songwriter, arranger and producer who had arrived in Los Angeles Continued on Page 8

What is your Campus Activities Committee?

According to the CAC By-Laws we are here to:

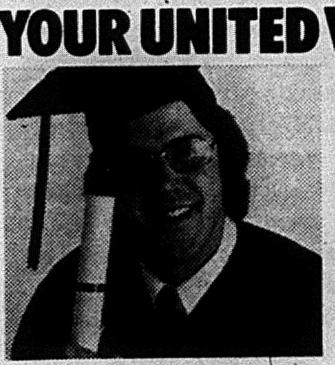
*Serve as a means of input from the entire Student Body concerning all areas of operation of the Campus Center Building.

*provide a vehicle through which CNC students may experience the actual task managing their own co-curricular activities

*be receptive to ideas and proposals from all students at CNC concerning campus activities

If you would like to see good things happen on campus!

Contact: CAC Director c/o Dean of Student Affairs Second floor Campus Center



HELPSYOUNDER F SHARITHRES HAPPENWIH MONEY. W

Member FDIC

The following is a list of questions most commonly asked by students new to Christopher Newport. The answers we have provided are designed to be of a general nature so that they can espond to the largest number of needs. If you have a question, or concern, or problem that isn't dealt with here, don't hesitate to ask it of your counselor or faculty advisor.

Academic Information and Related Matters

Q. What is the difference between a Classified and an Unclassified student?

A. A Classified student is one who is seeking a degree. An Unclassified student has generally come to CNC, not for a degree, but to accompoish a limited objective such as a particular course or groups of courses of personal or professional interest. Because different credentials are required from Classified and Unclassified applicants, a degree-seeking student who applies late may be admitteed conditionally to Unclassified status is he/she does not present all the appropriate credentials. Such students; However, may transfer to Classified status at a later date.

- O. If I'm an unclassified student and I want to become Classified, how do I go about doing it? A. Contact the Admissions Office (Administration Building, 599-7015). They'll give you a
- simple form to sign. This expresses your interest to pursue a degree.
- Q. If I'm Unclassified and want to become Classified, do I have to take the College Boards? (S.A.T.)?
- A. No. If you've taken at least 15 semester hours of transferable college credit and your cumulative grade point average is acceptable, only your college record will be evaluated in the decision to make you Classified.
- A. CNC requires 120 semester hours of academic credit and 2 physical education activities for any of its degree programs. If you took 15 semester hours each term plus 2 P.E. courses, you would complete your degree in 4 years. If you take 12 hours each term, you could still complete your degree in 4 years by taking 6 credit hours during each summer session.
- Q. What is the difference between a full-time student and a part-time student?
- A. A full-time student takes 12 or more credit yours each term, while a part-time student takes 11 or less. The exception is the Summer Session: For purposes of V.A. benefits, financial aid and the like, 6 credits qualifies for certification as a full-time student. Veterans check with the V.A. office on campus as which sessions these must be taken in vary.
- Q. Do part-time students have the same privileges a s full-time students?
- A. In most instances, ves. Generally a student must be full-time to qualify for financial aid. Veterans benefits vary. Student Government officers are generally full-time students. But it all things academic, social, recreational and cultural, full-time and part-time students have the same privileges.
- Q. What is a credit hour?
- recognized value attached to the classroom experience. Through tradition and common experience, most colleges and universities in the U.S. assign 3 credit (semester) hours to a course which meets for about 3 hours each week over the period of a full semester (values are different at schools on the quarter system). The exception to the rule is the science laboratory and the physical education courese, which may meet for 3 hours but have values of less than 3 semester credits. CNC requires 120 academic credits plus 2 physical education activities for the degree. Each time you successfully complete a course, the credit value assigned to that course is added to your record.
- Q. How do credit hours affect my grade point average?
- A. You need to achieve at least a 2.0 grade point average at CNC in order to graduate. Each time you complete a course you receive a numerical grade (A=4, B=3, C=2, D=1, F=0). The grade you receive is multiplied by the number of credit hours assigned to the course to give you a quality point for that course. All quality points are then totaled up and divided by the total number of credit hours to give you a grade point average. This is done for each semester and cumulatively as well. An example follows:

Course	Credits	Grade	Quality Point
Hisotry of Western Civilization	3	B (3)	9(3 x 3)
English Composition	3	B (3)	9 (3 x 3)
Biology & Lab	4	A (4)	16 (4 x 4)
Sociology	3	C (2)	6 (2 x 3)
Geology & Lab	4	F (0)	0 (0 x 4)
Swimming	1	B (3)	3 (1 x 3)
- TOTALS	18		43

Grade point average: 43 + 18 = 2.50

- Q. How many classes do I have to take for a degree?
- A. Again, you need 120 credit hours + 2 P.E. activities. If all courses were with 3 credits (and most are) you would need 40 such courses + P.E. to graduate. However, not all courses are worth 3 credits. So the thing to remember is not the number of courses you need, but the number of credits.
- Q. How much does the program cost?
- A. CNC charges \$26 per semester hour of credit for Virginia residents, \$36 for non-residents. So, if you're a resident and you take 17 credits in a given semester, the cost is \$26 x 17 = \$442. Textbooks are extra and can't be calculated precisely. Each course requires different books some large hard-cover textbooks, others collections of paperback readings.
- Q. Why are non-residents charged more for tuition?
- A. CNC is a state-aided college. Virginia residents pay a state income tax, part of which helps support CNC. The \$10 per semester hour extra that non-residents pay is because they don't pay income taxes to the state. In order to qualify for state rates you have to live in Virginia for one year and pay (or your guardian must pay) state income taxes.
- Q. When I first came to CNC, I was classified as a non-resident for tuition purposes. But we've lived here a year now and my father has paid state income taxes. What should I do to become consider a state resident?
- A. Stop by the Admissions Office. They will give you a new residency form and process it for you automatically.

- Q. Going to classes 12 hours a week isn't much. Why is it called full-time?
- A. This, again, is something of a tradition and is generally universally accepted. The rationale for this revolves around the time you spend preparing and studying for each course. While might spend only 3 hours each week in classroom contact with your professor, you will spend many more hours reading, doing written assignments, research and the like. If you're a full-time student, you'll probably spend a minimum of 40 hours each week studying.
- Q. How long is a class period?
- A. It varies. Most courses meet for 21/2 3 hours per week. The length of a class period. therefore, depends on the number of times each week that the course meets. If a course meets once a week (as is the case with most evening courses), the class session will be 3 hours long. If the class meets 3 times a week, the class will be 50 - 60 minutes long. The schedule of classes that you receive before each semester begins lists the class times for all courses.
- Q. Will I go to the same classes every day?
- A. No. Generally day meet on a Monday Wednesday Friday or a Tuesday Thursday
- Q. Do I have enough time to get from one class to another?
- A. Yes, generally 10 minutes if you have 2 classes back-to-back. Cnc is small enough to allow you to go easily from one end of the campus to the other in 10 minutes or less.

Information About CNC for New Students

- Q. Do I have to take the same classes all year?
- A. It depends on the course. Some courses are set up to be 6 credit hours, full-year experiences. These are generally identified by hyphenated course numbers (e.g., English Composition 101-102). Most of the distribution courses are sequential in this way. Upper level, 3 credit hour courses are generally designed to be one semester courses.
- Q. What are course numbers, section numbers and course codes? Why do we have so many numbers?
- sections of the same course.
- Q. How many courses make up a "normal" course load?
- A. It depends on what's right for you. The average course load at CNC for part-time students is 6 credit hours per term; the average for full-time students is 15 hours. Of course, the more courses you take, the more time you will be spending in class and studying. If you're working part-time while going to school full-time, you might want to see how well you handle 12 hours before attempting a heavier load. If you've been out of school for a while and feel that you need to re-establish your study habits, you might consider only a course or two at the outset and then increase the load later on. No one will compel you to take a specific number of courses. Your own common sense, other obligations and study habits should be the deciding factors.
- Q. What courses should I take if I want to transfer to another college after a year or two at CNC? A. It depends on the curriculum you're in and the college you want to transfer to. If you know what you want to major in, and you know what college you ultimately want to receive your degree from, you should obtain a copy of that college's catalogue and establish contact with their satisfied first. counselors early. They can tell you what their curriculum requires, and which courses at CNC will fulfill their requirements. This way you can be sure that the credit you take at CNC will transfer in full to that college. If you're not sure about your major or college, you should begin your work at that are required regardless of your major. In part, they're required to provide you with a CNC in the general distribution requirements. Most colleges and universities have similar the earlier you establish contact with the institution of your choice, the better.

- Q. When I went to high school I never took any foreign language (or math) (or science). Will I be forced to take high school courses or be penalized in any other way?
- Q. What does it mean to be admitted to Basic Studies?
- A. The Basic Studies program is designed to help you succeed in College by providing intensive instruction in writing, reading and mathematics. Some people register for Basic Studies courses only without being admitted to the College. However, if you applied and were admitted "Basic Studies Only" it means that you will have to demonstrate your proficiency in these fundamental skills before you can move on to regular courses. It is also possible that you are fully-admitted, Office. but with the stipulation that you take one particular Basic Studies course. This means that you can combine academic courses for credit with a Basic Studies experience. It is also possible that you were admitted to the College with no mention of Basic Studies. If this happens it means that you are not compelled to take such courses as a condition of admission. However, your counselor advisor or one of your faculty members may also recommend a course to you if they feel you need assistance in a particular skill. The important thing to remember is this: being admitted to Basic Studies is not a penalty; it's the College's way of helping you succeed.
- Q. I have low high school grades, low S.A.T.'s, low placement test scores, but I'm sure if I put my mind to it, I'll do well in classes. Why do you recommend Basic Studies?
- A. If you were admitted with this kind of record, the Admissions Committee has found cause to have confidence in your ability to succeed. Again, Basic Studies is the help provided.

- Q. What is an Associate's degree? Should I get one?
- A. The Associate's degree is a degree awarded at the end of a two-year (66 semester hours) experience. They are most often found at community colleges, but CNC offers two such degrees: one in general Liberal Arts and one in Retailing. For a student who does not want a Bachelor's Degree or who can't afford the time (or money) to devote to one right now, the A.A. may be an alternative. It should be noted, however, that most careers that require a college degree, are generally referring to the four-year degree. Before you make a decision you should consult with your counselor and explore your options with him or her.
- Q. How hard or easy will my courses be?
- A. No one can really answer this question for you. College is not high school. By its very nature, the College experience is more complex, more demanding, and hopefully, more rewarding than any other experience you've ever had. In many ways, you will get out of any college course what you put into it.
- Q. Who are the best teachers?
- A. Unlike those found at many large universities, the CNC faculty is committed to classroom teaching. Each is a professional in his or her field. In the same way that we all relate in different ways to different people, you will have different relationships with your instructors. So, again, no one can really answer this question for you. You might keep this in mind, however: your
- instructors are interested in you. If you're having a problem in one of their classes, talk to them You'll be surprised at how willing they are to help.

Choice of Subjects

- Q. What courses do Freshmen usually take?
- A. Your copy of the CNC catalog is a useful document. Among other things you will find in it recommended programs for each major. In all programs, there are distribution requirements to be fulfilled. Freshmen generally take courses within these requirements. Freshmen English is the A. The course registration process of CNC is computerized. Course numbers and codes help only course that is required of all students in all majors (as is the case at most colleges). Your
 - Q. Are four years of English required?
 - A. Not unless you're an English major.
 - Q. Do I have to take a foreign language?
 - A. Not in all cases. In some curricula, a language is not required; in most curricula, you can waive one distribution requirement. But check your catalog and consult with your advisor before you make any final decisions. If you're planning to go on to graduate school, you'll find that many graduate programs require a proficiency in a foreign language...
 - Q. What if I want to take a course at another college that CNC doesn't offer?
 - A. Request a special permission form from the Registrar's Office. If it's a legitimate course that will benefit your program in some way, it should be no problem.
 - Q. I want to learn about how to run a florist shop and so I want to take Biology 417. OK?
 - A. Sure, but watch out for prerequisites. Most upper-level courses presuppose that you've had some training in the fundamentals of the subject area. These are prerequisites and they must be
 - Q. What are distribution requirements? Why do I have to take them?
- A. At almost every American (and European) college and university there are certain courses well-rounded education; in part, they're required to introduce you to a variety of educational (and requirements. Because CNC is a fully-accredited college, the chances are strong that most such possibly, career) alternatives. At CNC, the only required course is Freshman English. The balance courses that you take will transfer elsewhere and will fulfill that institution's distribution of the distribution requirements you can generally select yourself from various options offered by requirements as well. Keep in mind; however, that every college has its own transfer policies and each division. Depending on your major, certain distribution requirements make more sense than others. The Business major might benefit more from courses in Psychology (Social Science Q. I was admitted with a good high school record, but low S.A.T.'s. Will I be penalized in any distribution requirement) than, perhaps, Political Science. Again, consult with your faculty
 - Q. Do I have to take all of these distribution credits before I get into some courses that really
 - A. Not necessarily. Most curricula allow for some elective courses in the Freshman and Sophomore years.
 - Q. How many transfer credits am I allowed?
 - A. Up to 92 hours of course work taken at a four-year college; 66 hours from a two-year institution. Grades of D or better are recognized for transfer credit. The evaluation of your credits is done automatically and, generally, you will receive notification of your transfer credits within 72 hours of your admission. If you have any questions about this credit, contact the Admissions
 - Q. How many CLEP credits am I allowed?
 - A. You can receive up to 60 semester credits for work attained through special institute or correspondence study, by examination (including CLEP), extention division study, or advanced placement in an academic department. See the Dean of Academic Affairs.
 - Q. How do I go about taking the CLEP tests?
 - A. Contact the CLEP Test Administrator at the CNC Counseling Center.
 - Q. Will someone at the Counseling Center advise me about which CLEP tests to take?

 - Q. Will transfer and CLEP credits effect my entrance into Graduate School?
 - A. Transfer credit is simply credit awarded for courses taken at other college and will be treated as such by graduate schools. CLEP credit has become so universally recognized that it, too,

- should be acceptable to most graduate schools. Programs like law and medicine that are highly selective may have special policies regarding such credit and it is wise to check with them as early as possible if you know which school you want to attend.
- Q. Why do I have to take placement tests?
- A. To help you decide what courses you should take, especially in your Freshman year. General Information
- Q. Will the Placement Office help me find a part-time job?
- Q. Is financial aid available? How do I apply?
- A. It is available. A full list is printed in the current catalog and in a special financial aid brochure. For information on what's available and how to apply, contact the Financial Aid Office, in the Administration Building.
- Q. What's where?
- A. A campus map is available in the Admissions Office.
- Q. When do classes start?
- A. A two-year calendar is printed in the front of every catalog.
- Q. Where is the bookstore? A. Christopher Newport Hall.
- Q. Can I get my books now?
- A. Books are generally available just before the term begins and then for several weeks thereafter.
- Q. How much will books cost?
- A. It depends on the courses you take. If you're a full-time student, you will probably pay \$50
- \$100 per semester. Q. Can I get used books?
- A. Sometimes. The bookstore periodically holds used book sales.

.og" or on local bulletin boards.

- A. Have no fear, the opportunity will come. If you registered early, you received a bill in the mail with the deadline date for payment. If you registered during the regular registration period, you should pay at that time.
- Q. Do I have to pay all my tuition at once?

Q. When and where do I pay tuition?

- A. Check with the Business Office. If you've got financial problems, they can generally work out an extended payment program for you.
- Q. Will it help if I come early during registration?

Q. How do I drop or add a course?

- A. Yes. Those who don't take advantage of the opportunity to register early by mail will find long lines at registration. The earlier you come, the sooner you will be through
- A. By using a form available at the Registrar's Office. Watch out for deadline dates, however They're published in your registration news.
- Q. How do I take a challenge exam in a particular course?
- A. Contact your instructor. Q. If I drop out of college for a while, will I be penalized?
- A. Only if you fail to withdraw officially in the Registrar's Office. You do have to apply for re-admission if you're out for more than a semester. If you were in good academic standing when you left, however, your re-admission will be automatic.
- Q. Does CNC offer correspondence courses?
- Q. How about independent study courses?
- A. Yes.
- Q. How do I declare a major?
- A. You probably indiacted one on your application for admission. If not, or if you want to change your major, contact the Registrar's Office. You must declare a major before your last 30 hours; you should declare one before your last 60.
- Q. What can I do with a major in?
- A. Talk to the folks in the Counseling Center and the Placement Office and to individual faculty members in the departments that interest you.
- Q. Where do I go, who do I call, if I want information about ...?
- A. A job: Placement Office 599-7103
- Financial Aid: Financial Aid Office 599-7107
- Veteran's benefits: Veterans Affairs Office 599-7175
- Dropping/adding a course: Registrar's Office 599-7156
- Personal Counseling: Counseling Center 599-7101
- Forming an organization: Dean of Students 599-7160
- Taking a course elsewhere: Registrar's Office 699-7156 Taking a CLEP exam: Counseling Center - 599-7101
- Evaluation of transfer credits: Admissions Office 599-7015
- To complain about a course: your instructor or the S.A. Grievance Committee For academic advising: your faculty advisor
- To be re-admitted: Admissions Office 599-7015
- A list of rights, rules and regulations: Dean of Students 599-7160
- A parking decal: Campus Center Director 599-7005 A mistake in my bill: Business Office - 599-7040
- I'm not on the professor's roster: Registrar's Office 599-7156 Adjustment problems: Counseling Center - 599-7101
- To withdraw from college: Registrar's Office 599-7156
- Running for the Student Association: Dean of Students 599-7160. Course descriptions; program requirements, academic policies: Your catalog
- A final word: We're all here to help. Remember that your copy of the CNC catalog provides a lot of information about almost everything. And don't be afraid to ask questions - of your counselors, your instructors and your friends.

WANTED



A FEW DEDICATED STUDENTS WHO ARE INTERESTED IN KNOWING WHAT IS TAKING PLACE ON OUR CAMPUS AND IN REPORTING THESE FIRST HAND HAPPENINGS TO THE COLLEGE COMMUNITY.

STUDENTS ARE NEEDED TO FILL THE FOLLOWING POSITIONS ON THE STAFF OF "THE CAPTAIN'S LOG." CNC'S OFFICIAL STUDENT NEWSPAPER:

Editorial Writers Feature Writers News Reporters Sports Reporters **Photographers**

INTERESTED PERSONS ARE ENCOUR-AGED TO SEE KIM BRADY. THE EDITOR, IN ROOM 225, CAMPUS CENTER OR LEAVE YOUR NAME AND TELEPHONE NUMBER FOR HER TO CONTACT YOU.

WANTED

Continued from Page 5

Bread comes to Scope the 27th

from his native Tulsa in 1961 and worked his way from session player and club performer to the ranks of the West Coast's most successful songwriters; Jim Griffin had established himself as a songwriter, producer and solo artist, recorded for a variety of labels from 1962 until 1969, when he joined Elektra; and Robb Royer had been writing and performing in Pleasure Faire.

The trio's interest in focusing their writing and performing on a joint effort, rather than tailoring their work to other artists, led to the recording of Bread. Produced and performed entirely by the group, the album anticipated a number of early '70's works in a deceptively full arranging style achieved through overdubbing by all three members. That versatility, made possible by the trio's multi-instrumental capabilities, had originally been reserved for the studio in the Bread master plan, which conceived the

Dept of Theatre announces fall productions

The Department of Theatre will present three major productions this season. The first production, The Physician in Spite of Himself, by the French playwright, Moliere, will audition and begin rehearsal early in September. The Physician was written in 1666; it's an outrageous and fast-moving farce, and will be treated in a new and experimental fashion. Plans are being considered to enter The Physician in a national theatrical competition.

The second production considered is Waiting For Godot, written by Dublin born playwright Samuel Beckett. Beckett wrote Waiting For Godot after the winter of 1945, when he returned to his established home in Paris. This play stands out clearly as one of Beckett's best plays; Waiting For Godot is a classic in that genre of theatre called "the theatre of the absurd".

The third show will be Barefoot in the Park, written by Neil Simon. It's a light comedy and will be staged in a techinical manner never before utilized in the CNC Theatre.

All three productions will be staged and directed by Dr. Bruno Koch, Director of Theatre at CNC. Set, costume, and lighting designs will be executed by Mr. JB Wynne, Designer and Techinical Director for the CNC Theatre.

All performances will be staged in the Campus Center Theatre under the auspices of the Department of Fine and Performing Arts. Performances dates, audition schedules, and curtain times will be published in later editions of the Captains Log. For further informtion concerning the new degree program in Fine and Performing Arts (Theatre), auditions, and technical production, contact Dr. Koch or Mr. Wynne at their offices located in the Campus Center Theatrical facility.

> FIND OUT WHAT YOU ARE MADE OF. LEARN WHAT IT TAKES TO LEAD. Army ROTC 253-4366

band as a studio project. The subsequent success of "Make It With You" forced some changes in the plan, though, and Bread added drummer Mike Botts and began touring.

In the early '70's, Robb Royer left Bread to return to songwriting and Larry Knechtel, an old session partner of Gates and one of the most prolific and respected players in the West, joined on keyboards and bass.

By the time Gates, Griffin, Knechtel and Botts amicably parted, Bread's gold album catalog had swelled to seven: Bread, On the Water, Manna, Baby I'm-A Want You and Guitar Man, along with two Best of Bread anthologies, all enjoyed long chart lives and underscored the group's broad audience.

Produced by Gates and Bruce Morgan, with James Griffin serving as associate producer, the eighth Bread album Lost Without Your Love, picks up where the band left off without missing a beat. Writing duties are still divided between David Gates and Jim Griffin, the group's harmonic signature are as rich and varied as ever, and the arrangements sustain Bread's earlier economy and color. At the same time, adventurous production effects and some new percussive elements reflect Bread's acute sense of contemporaneity by adding a syncopated disco pulse her, a lilting reggae sway there.

Bread shall be appearing at Scope on. August 27 at 8pm. Tickets can be obtained at the Scope Box Office or any Video Seat locations.



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UCLA links erratic behavior in animals with earthquakes

(CPS)--People living in earthquakeprone zones might not need a better mousetrap if two University of California researchers have their way.

Geophysicist Dr. Durward D. Skiles and biologist Dr. Robert G. Lindberg are monitoring the behavior of a group of pocket mice and kangaroo rats in California to learn whether animals can sense

approaching earthquakes.

"We will be able to check at all times how active each mouse is and whether it is above or below ground," Lindberg If the scientists notice any notes. abnormal behavior amongst the rodents, such as intense activity when they should be sleeping, they immediately will contact a seismological laboratory to check whether its record shows any earth rumblings at the test site.

Far Eastern folklore has linked erratic animal behavior with earthquakes for several millenia. Prior to tremors. Chinese peasants have reported seeing geese flying into trees, pigs biting one another, and rats fleeing en masse. Western accounts are less frequent, but they include nightmarish tales of alligators leaving the water and lumbering into

WELL, MOONDOG,

HAVE YOU FIGURED

OUT YOUR SCHEDULE

DOODLES

the woods at a good clip, bellowing all the while.

The UCLA researchers believe that even if their rodents score high, animal behavior probably cannot be used as the sole early warning system for earthquakes. Still, if any person has observed odd animal behavior hours or days prior to a quake, Professor Skiles may be contacted at the Institute of Geophysics, UCLA, Los Angeles, CA 90024.

YEAH! ...

BASKETWEAUNG

PONG 207, ...

101, ... PING

Carter's open door policy shifts to side entry

(CPS)--On January 26, Jimmy Carter and Griffin Bell opened the steel doors that had closed the Pennsylvania Avenue entrance to the Department of Justice in Washington since John Mitchell's tenure there. The action was meant to symbolize the new administration's policy of openness.

On January 27, a Washington Monthly reporter approached the Pennsylvania Avenue entrance to do some research in the Antitrust Division library.

"I walked through those doors and was thrown out," he later reported. guard explained that if you're an ordinary citizen not working for the government, you still have to enter the side doors."

> JOB TRNG FOR QUAL MEN & WOMEN WHO WANT RESPONSIBILITY. Army 253-4366

Chris 'N Crossword By Brian Quass 11 13 15 20 22 11 23 24 25 26 27 28 29 30 31 32 33 35 361 37 39 39 40 41 42 48 45

ACROSS

- 1. Reudce in quantity
- 6. Target game
- 11. Unique 12. Expects
- 14. Shoal
- 15. Bowling
- 17. Human half of monster from European folklore
- 18. Water or bunk
- 19. Engage in diversion
- 20. Sound of communicaton code word for "M" 21. Cushion
- 22. Round part of ship's bottom 23. Severities
- 25. One hundred square meters
- 26. Predatory bird's nest 27. Ship features
- 30. Not to mention .
- 31. Respect
- 33. Former U.N. Secretary General
- 36. Abbreviation for 1 down
- 37. Begining for grape whose end is sin itself
- 38. Dangle
- 39. Sum up
- 40. ____/ A staff 41. Great Expectations heroine
- 43. Wide
- 44. Ancient class of math propositions
- 45. Womans name (now nearly extinct) 46. Stocking material
- 47. Impertinent (U.S. Dial.)

DOWN

- 1. Reply
- 2. Former Czechoślovakian province
- 3. Arithmetic mean 4. Far off (combining form)
- 5. Dwarfish sprite
- 6. Out-of-date
- 7. Amazed
- 8. Goddess of the sea (Norse Myth.)
- 9. Most apt to tip over
- 10. Peaceful
- 13. Impede
- 16. Sink (obs.)
- 18. Supported
- 21. Ink impression
- 22. Orchestra instruments
- 24. PICE FOR ORANGE TREE CULTIVATION 25. Change or revise
- 28. Frights
- 29. Coastal grass of southern U.S. (plural)
- 32. Around noon
- 34. Hinged fastening
- 36. I don't give ___
- 39. See 30 Across
- 40. Pi x radius squared
- 43. Bases on balls



Science Center sponsors Air Sports Show

The Peninsula Nature and Science Center is sponsoring an Air Sports Exhibition on October 8-9, 1-5pm.

The Air Sports Expo will feature sports and hobbies which are especially dependent upon the physical properties of air for their action. For all sports to be included in the Expo, the visitor will have: an opportunity to see the equipment used in the sport and whenever possible touch or try out the equipment; explained the techniques of the sport and its equipment as well as ask questions; an opportunity to speak with people involved with the sport

and learn about the local activity; and whenever possible, see an actual demonstration of the sport.

Exhibitions in the event so far include: the Tidewater Soaring Society, the Ft. Monroe Area Sports Parachute Club, the James River Racing Pigeon Club, the Hot Air Balloon Association, radio controlled model aircraft, free-flight gas powered model aircraft, and model rockets constructed by cadets of the Casemate Squadron of the Civil Air Patrol at NASA.

In addition to these attractions, a science demonstration will be presented

explaining the properties of air as they affect these sports; and films on several of the sports will be shown. The planetarium will present special shows as well, and the Meredith Webb Abbitt Observatory will be open to the visitors for viewing the sun.

. The Peninsula Nature and Science Continued from Page 1

Center invites others involved in usual or unusual air sports to join our Air Sports Exhibition. One sport they are especially in need of is kite flying. If you are involved in any air sports that you feel they would be interested in, please contact Barbara Barnes at 595-1900 Monday through Friday.

Brauer speaks on CNC's goals

of today, and of tomorrow, to desire to attend Christopher Newport because of what we uniquely represent. Our challenge is to create a new tradition...Today, a new and greater institution exists. It is prepared to rise, imbued with that indomitable spirit and energy by which it has been guided. May God speed us on our voyage."

Continued from Page 1

New dance policies announced

Employees of the Captain's Wheelhouse will check IDs and validate ages at the door. All events are open to CNC students with a current ID card and one invited guest. CNC students may bring more than one guest, but they must be registered in advance and by name with the Dean of Student Affairs. Students from other colleges possessing a current ID card from their college will be admitted with one guest, if space permits. In the event of overcrowding, only CNC students with one guest will be admitted.

Only persons 18 years of age or over may possess or consume beer. CNC students under 18 or invited guests under 18 will be admitted, but under no circumstances may they possess or consume beer. Beer will be sold one at a time: there will be no multiple sales. No alcoholic beverages of any kind may be carried into any function in the cafeteria or gymnasium. No open containers of beer (cups or cans) may be carried from the cafeteria or gym.

Failure to adhere to these regulations may result in the loss of use of College facilities for a period of time or fines against the sponsoring organization or both. Hearings and enforcement procedure shall be conducted by the Student Association Grievance Committee, with appeal to the Dean of Student Affairs and the President of the College.

	Tentative Fall Socce	r Schedule	and the analysis of the second and t
Sept 9 &10	O CNC Soccer Festival		
Sept. 6	William and Mary	Home	4:00
Sept. 13	Liberty Baptist College	Away	4:00
Sept. 17	University of Richmond	Home	2:00
Sept. 22	Averett College	Away	3:00
Sept. 24	Longwood College	Away	2:00
Sept. 30	St. Andrews College	Home	4:00
Oct. 8	Univ. of N.CGreensboro	Away	2:00
Oct. 12	North Carolina Wesleyan	Home	4:00
Oct. 18	Mary Washington College	Home	4:00
Oct. 22	Virginia Weslyan College Homecoming	Home	2:00
Oct. 26	Hamden-Sydney College	Away	3:30
Oct. 29	Methodist College	Away	2:00
Nov. 1	Atlantic Christian College	Away	2:00
Nov. 5	Greensboro College	Home	2;00



editopial page

Letter from the President

President welcomes Freshmen and new incoming students to CNC

It is a pleasure to welcome you to CNC. You have chosen wisely in electing to attend this college, for you will find here an excellent faculty which is dedicated to effective teaching, and a variety of services to help you take advantage of the many opportunities you will discover. The campus is attrative, the atmosphere for learning is relaxed, and there are numerous opportunities to enjoy cultural activities.

CNC is old enough to be mature, yet young enough to be unencumbered by staid traditions. We are no longer small, with over 3,000 students and over 100 faculty.

There are few regualtions or rules at Christopher Newport, only the minimal understandings we need to live together in an orderly and efficient fashion. You will be treated with respect as an adult.

You are entering a college which will make geat demands on you, for we have high expectations. The goals of the College are lofty. 1. It aims to discipline as well as furnish the mind, to train the mind to use its own powers rather than just to fill themind with the accumulation of others. 2. It aims to create in a student a feeling of intellectual excitement, a thirst for knowledge and understanding, an eagerness to know the truth and to pursue it.

Frequently these goals are realized.

Sometimes they are not, but they are worthy goals and worth pursuing. No, matter what happens to the job market or the society as a whole, it will be knowledge and understanding which will see you through.

Our society values freedom of expression, yet tends to dehumanize, by valuing individuals for what they do rather than whay they are. Being aware of this paradox, the faculty and staff make a sincere effort to humanize the educational process and to be sensitive to the particular needs of the individual student as a person. With this sensitivity you may expect an emphasis on the education of the whole person, not just on the mind as a separate entity. You will find here at CNC much more than a listing of courses in which to enroll. You will find a receptive faculty and staff; and a philosophy of education which includes a high standard of excellence and a commitment to persons who have emotions and values.

I am available to meet with individual students or groups of students to discuss any matter of mutal interest and concern. Please let me hear from you if I can be of service.

Welcome to the College. I wish you a very meaningful and productive year.

James C. Windsor President, Christopher Newport College

Editorial

As you new students sit through orientation this week and listen to the endless speeches about Christopher Newport College, the word you will probably hear the most and grow tired of listening to is the word "unique". Countless persons will tell you how unique CNC is because of the kind of student body it serves and the varied age levels found in the college.

"Unique" is not necessarily an accurate term. Christopher Newport is not really the only one of its kind. There are hundreds of colleges across the country that serve student populations just like ours. They draw students of every age group and from every section of the community. They serve an important purpose because they provide everyone who desires higher learning an opportunity to obtain it.

Christopher Newport is unique to this area. It is a relatively new institution and the idea of a four year college open to everyone is still a little revolutionary to those whose concept of higher learning is confined to residential colleges filled with young adults who are just as interested in fraternity parties as their books.

It is this faulty concept about what college life is or should be that holds colleges like Christopher Newport back socially. A very large portion of the student body comes to school only to attend classes and leave again, to live seperate lives with their families and in their jobs. Another portion comes to Christopher Newport, and in no time becomes frustrated because it wasn't what they had imagined college life should be.

And yet another, very small portion, spends many hours watching as this trend continues and tries desperately to do something about it. This small portion, refered to as the idealists, often developes ulsers or some more serious malady because of their seemingly fruitless efforts; and often ends up, for various reasons, turning their tasks over to some newer set of idealists to fret over.

What can be done about the problem? The question has been asked thousands of times and the answer has not come to anyone yet. Perhaps it really doesn't matter. Maybe the students don't want a social life at college. Their interests may lie only in that degree and the job that will hopefuly follow. However, that smallest portion of the student body doesn't believe that, and as a group will probably never give up trying.

What these idealists have come to realize is that social life just doesn't happen on a commuter college campus as it does at residential colleges. They have to work a lot harder to keep students socially active. They often have to drag them kicking and screaming back onto the campus before they can convince them that there is something worth sticking around for.

Don't be one of the difficult ones. Accept CNC for what it is and realize that your going to have to make some kind of effort to find your "college life". Find out what is happening on campus (the idealists haven't failed completely) and get into what interests you. Whether you are a newly graduated high school student or a 45 year old mother of five, there can always be something here on campus that will make your college career just that much richer.

CNC Notices.

Cross Country seeks members

Cross Country Track is coming to CNC once again. No date for an organizational meeting has been set. For further information call Clarence Brown at 599-7025.

Counseling Center open evenings

So the night school students may have a chance to use the same facilities as the day students, the Counseling Center hours have been changed to: Monday through Thursday 8AM to 7PM and Friday from 8AM to 4PM.

Boy's Club needs volunteers

The Boys' Club of America is now in the process of preparing their fall program and are in need of volunteer help in several areas, each for one night per week. The areas in which help is needed are cooking, tumbling or acrobatic instruction, craft instruction, woodworking, and supervision of the Game Room (including instruction in the rules of box type games - ie Monopoly, etc.).

Starting time for these activities will be from 6:30pm to 7:30pm, to be decided

upon by the volunteer. If you are interested please contact the Boys' Club of the Virginia Peninsula, phone 244-3236.

Women's Volleyball added to sports

Women's Volleyball, will be added to the sports at CNC this fall. The team will be coached by Mr. Albert Jones. The first game is scheduled to be played in the George Mason Tournament on October 1. An orientation meeting is scheduled for August 31 at 3:30 in the Women's Gym. All women with any athletic talents and time to devote to this sport are urged to devote to this sport are urged to devote to this sport are urged to Aractice starts on September 1.

Drivers needed

The Peninsula Agency on Aging has recently moved its home delivered meal program to Christopher Newport College where the meals will be prepared by the cafeteria staff and delivered to homebound elderly by volunteers. If anyone on campus is interested in volunteering as a driver in this program, please contact the Dean of Student Affairs Office as soon as possible. Your help is needed.

Captain's Log

"The Official Student Newspaper" Christopher Newport College

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Newport News, Virginia 23606

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Letters, and other material, form our readers on subjects of general interest are welcome. However, they are subject to editing and must be signed. In addition, they should include the writer's full address and, for verification only, telephone numbers. Anonymous letters will not be published. All materials submitted for publication should be typewritten or printed, and double spaced.



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