

# THE CAPTAIN'S LOG

VOLUME 31, ISSUE 2

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SEPTEMBER 13, 1999

## Moving up in the world

University ranked #2 public liberal arts college in South by national publications

By Steve Flemming Jr.  
Staff Writer

"I told my friends I was transferring to CNU, and they were like 'You are moving up in the world!'" said Sophomore Jessica Hitchens, a former Virginia Commonwealth University student.

Even though CNU is definitely experiencing the growing pains of an up and coming institution, efforts to better the university have not been in vain. In the August 30 addition of "U.S. News and World Re-

port" which reports on the country's best colleges and universities, CNU earned a ranking of number two in the South against other regional public liberal arts colleges.

Once thought of as a community college, rather than a strong established university, people across Virginia are now giving CNU more recognition. "Since I came here in January of 1997, the reputation has been growing strong, and we are more recognized throughout the state," said Dean of Students Maury O'Connell.

Endeavors ranging from faculty expansion to construction of new facilities are helping the university gain a new level of respect. In addition, funding from the Virginia Legislature has increased 100 percent. President Paul Tribble is, without a doubt, proud of the school's recent accomplishments.

"This is an exciting time at CNU. More and more people are finding out what a special place this is - great teaching, small classes, and a lot of individual attention," said Tribble. "The reach and

reputation of CNU is spreading, and the high ranking in 'U.S. News and World Report' should be encouraging to all of us - students, faculty and staff."

The ranking in the magazine was based on six areas. Academic reputation, retention, graduation, student selectivity, financial resources and alumni-giving rates helped to determine which schools were among the best. In the area of academic reputation, CNU earned a score of 3.0 on a five point scale, a number Evan Davies in

institutional research says is impressive.

"It's a great thing," said Davies. "It's always gratifying to see your name up in lights. This is definitely something we will be trying to do every year."

The continuous developments at the university have also helped to change the type of students that make up the CNU community. In the past three years, the number of applications submitted to the

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## Billger named women's lacrosse/field hockey coach

By Casey Taylor  
Staff Writer

Who is the new face in CNU's athletic family? That would be Nancy Billger, a former lacrosse coach for Susquehanna University and Davidson College. She was named head coach for the women's lacrosse and field hockey teams.

CNU just recently added the two new sports, which will begin in the fall of 2000. CNU, in addition to Ferrum, Methodist, and Greensboro, is the fourth school in the Dixie Conference to add lacrosse.

As a result, lacrosse will officially be a Dixie Conference sport. Additionally, field hockey should become an official Dixie Conference sport within one year. All that is needed is one more Dixie Conference school adding the sport to their athletic program.

The timing of this expansion to CNU's athletic family seems ideal.

Athletic director C.J. Woollum explains, "Since field hockey is

very popular in this area and lacrosse is becoming popular, we thought adding both sports to our program would be good timing, especially with the new residence hall coming in the fall of 2000. This is an important next step in the development of our program.

It was a blessing to have someone of her quality apply."

Billger is a native of Rehoboth Beach, Delaware. She attended Old Dominion University as a Division I lacrosse athlete from 1989 until 1994. She received her Bachelor's Degree in Sports Medicine from ODU in 1993.

Initially, Billger was recruited to play field hockey for ODU under U.S. Olympic coach Beth Anders, but then switched to play lacrosse for four years under Sue Stahl, head coach for the U.S. National team.

"I am full of resources and I have had a lot of great teachers," Billger said.

Billger then earned her Master's Degree in Exercise Science from the University of Oregon in March of 1999. While at the University of Oregon, Billger worked under James Radcliffe, the leading mind in the speed and plyometric research field.

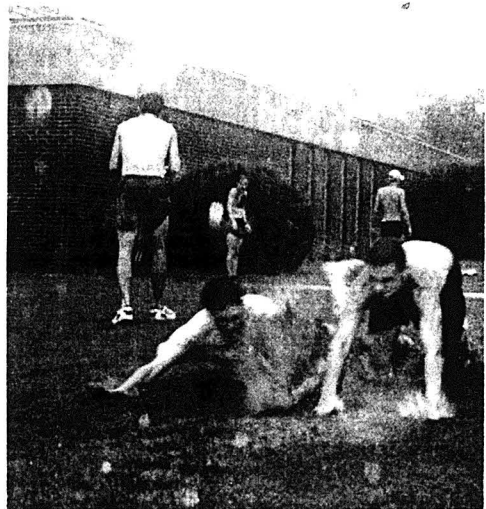
She became a Strength and Conditioning Coach for Oregon, working with many Division I athletes in speed training.

Even though Billger is starting the women's lacrosse and field hockey teams from scratch, she seems to be the perfect candidate, as she has had Division I and III experience in building new programs at Susquehanna and Davidson.

"I'm very excited to be here," Billger said. "This is a terrific opportunity, because this is such a beautiful campus and so many exciting things are happening."

By next fall, Billger will have a practice and a competition field for field hockey and lacrosse to

## Splish, Splash!



The men's cross country team gets caught unprepared during practice, as torrential showers soaked the campus - and the rest of Hampton Roads -- last Thursday, Sept. 10.

Photo by Ben Hutt/ The Captain's Log



New lacrosse and field hockey coach, Nancy Billger

Photo by Ben Hutt/ The Captain's Log



University evolution causes growing pains in The Terrace's lunch lines.

page 3



Where will the teams play next year? A preview new playing areas

page 5

See Billger/ page 2

# Campus Briefs

**Genius idea** - In his pre-semester address to the faculty, President Paul Trible announced the impending addition of a coffeehouse to the Smith Library. According to Trible, the cafe, known as "Einstein's," will be up and running within the year. It will offer "a variety of fine coffees and light snacks."

**Constructive endeavors** - Speaking of President Trible, he says that "all construction projects are on schedule." More specifically, the outside walls of the first floor of the new dorm have been constructed and the construction crews are "adding floors every four to five weeks."

According to Trible, the projected June completion date means that the new residence hall will "be ready for use and enjoyment of students by next year."

At the Sports and Convocation Center, the "low-lying facilities" -- i.e. the workout areas, locker rooms and dining area -- have been erected. The arena, which will house three basketball courts, a volleyball court and a two hundred meter indoor track, will go up in October.

"Shirley Construction, the crew that is handling the building, indicated completion of construction in April or May."

**Righting history** - On September 9, 1999, students petitioning to start a chapter of the NAACP (National Association for the Advancement of Colored People) at CNU held an organizational meeting open to the campus and community. "What we really want is to unite and diversify this campus," said Perez Bottoms, one of the committee members pushing to bring the organization to campus. Topics covered in the meeting ranged from the reorganization of the Multicultural Affairs office to establishing peer mentoring programs on campus. The next scheduled meeting is set for **Thursday, September 16, 1999 at 7 pm.**

**Drive aid** -- The administration has decided to do away with the new parking stickers, in favor of portable parking permits, which will hang from the rear view mirrors of students' vehicles. According to Director of Auxiliary Services, Steve Pappas, the change was prompted by students' displeasure over having to pay multiple \$50 fees to drive different vehicles to school.

"The goal was to make life easier than any of the work that changing to this system might cause," said Pappas. "And to give attention to these very legitimate concerns."

Students will be notified through e-mail when the permits arrive and are ready to be picked up at the Information Desk and other designated campus locations.



**Monday, September 13**  
No events scheduled

**Tuesday, September 14**  
OCC Seminar - "Eating Disordered"  
SC 146, 5:30 p.m.

**Wednesday, September 15**  
OCC Seminar - "Resolving Conflict"  
SC 146, 9 a.m.

Deadline for turning in \$7.00 fee to attend Student Life excursion to Richmond on Sept. 18.

**Thursday, September 16**  
NAACP Meeting  
SC 150 7 p.m.

**Friday, September 17**  
ACT ONE/MSA event -- Comedian Retta  
Terrace Back, 7 p.m.

**Saturday, September 18**  
Richmond Excursion  
Leaving @ 9 a.m.  
from Christopher's

## Ranking

Continued from PG. 1

school has jumped 129 percent. SAT scores have increased 80 points, and the university is becoming more selective in the admissions process. "I had friends that went to bigger schools like Virginia Tech and messed up, and then could not get into CNU when they wanted to transfer," said Hitchens.

Perhaps more importantly, fewer students are driving to campus for class and leaving, opting to take an active part in campus activities.

"Before, we had several students going here that just drove to school everyday who had families, kids and jobs in the area," said O'Connell. He went on to add that more students are living on campus, and making "college life" more of a central part of their college experience.

As President Trible put it, "CNU is no longer Virginia's best kept secret." In response to any nay-sayer that may try to minimize the school's accomplishments, Dean O'Connell summed up the university's stand nicely. "We've only just begun," said O'Connell.

## Billger

Continued from PG. 1

She has one year to recruit a full team of players before field hockey starts next fall.

Even though Maryland is more well known for the success of its lacrosse programs, "Virginia does have strong programs in field hockey and lacrosse, specifically in Northern Virginia. This is an excellent area for recruiting. Virginia Beach, Williamsburg, and Richmond public schools are very strong in field hockey and are beginning to add lacrosse," said Billger.

There are many field hockey clubs in the area that Billger will be scouting for recruits.

The new additions of the residence hall, the two playing fields, and the Sports and Convocation Center will also benefit Coach Billger in the recruiting process.

Because of her background as an athlete and a coach, Billger will be versatile enough to coach both sports, with field hockey in the fall and lacrosse in the spring.

"I like the variety both sports have to offer," said Billger.

## Question of the Week

*With the way CNU is growing, do we have room for a football team?*



**Senior Lisa Langham:** I would definitely think so. A football team would be a great revenue builder. It would also help school spirit.



**Junior Mike Ngo:** Definitely it would bring more people here. The athletics department would grow, creating more jobs.



**Freshman Kaneshia Walker:** Yes, we have every other sport. It would make the school more fun. We could have more pep rallies.



**Freshman Debra Jackson:** I hope so. Enough people are here to support it, and I would be at the games faithfully.

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# Campus Life

## The Terrace's lunch lines grow as Christopher's closes

By Jessica Daggett  
Staff Writer

To eat or not to eat, that is the question — at least when the primary alternative to going hungry at lunch is waiting with dozens of other people in the line snaking out and around The Terrace.

"The first day [of classes] was unbelievable," said April Hamlin, while enjoying a late and comparably sedate lunch in The Terrace. "The line was all the way out the door — and I had classes."

Perhaps the overflow crowd in The Terrace has something to do with the closing of its across-the-hall neighbor, Christopher's.

Those who thought they might grab a salad or a plate of curly fries from Christopher's cafeteria found no one around to take their orders.

The banquet hall, now often silent and barren, has gone out of business as a lunchroom and is now being used exclusively for club meetings and banquet-type events.

According to Steve Pappas, head of Auxiliary Services, the decision is part of a continuing effort to ensure that all aspects of the campus fall in line with overall university growth.

Though the dining services redesign team, which includes President Paul Tribble, Dean of Students, Maury O'Connell and Pappas, "went 'round and 'round about getting Pizza Hut or some other branded restaurant and put them in Christopher's," according to Pappas, he managed to convince his cohorts that Christopher's was "such a multipurpose space."

"We couldn't tell the students that Pizza Hut is closed because we're having a banquet in Christopher's," said Pappas. "Fast food restaurants aren't banquet halls and meeting spaces....It's got to be one or the other."

With that in mind, the group decided to convert Christopher's into a meeting area. Pappas said this was "sorely needed with so many clubs and organizations on campus."

The school is, according to President Tribble, planning to add accordion-type partitions in Christopher's in order to divide the area into several smaller rooms.

With Christopher's closed for daily food services, its employees were all sent to work at Harbor Lights, the residential dining hall.

"I am very happy and pleased to report that nobody was terminated as a result of Christopher's closing," said Pappas.

Even students seem to have hardly been



Without Christopher's as a lunch time option, the crowds in The Terrace are bigger than ever, especially around mid-afternoon. A typical afternoon finds students lined beyond the restaurant's doors to place a food order and searching out vacant seats once inside.

Photo by Ben Hutt/ *The Captain's Log*

affected by the loss of Christopher's. Only the excess crowds at The Terrace have left some students with a bad taste in their mouths.

"If you come in at all between 11 a.m. and one p.m., you better expect to wait," said Kimmy Henderson, sitting beside Hamlin at The Terrace.

In hopes of combatting this daily frustration, The Terrace has begun a "grab and go" line for students who want to take a roll-up, sandwich, muffin or bottled drink and proceed directly to their own cashier. Pappas aims to set up a "grab and go" kiosk in the lobby outside The Terrace to further alleviate crowds.

Despite some personal preferences to what Valerie Johnson described as Christopher's "more home cooked" and the breakfast selection, many students echoed another of Henderson's sentiments. "It doesn't bother me that much," she shrugged. "I'll go where the food is."

She's definitely in the right place if it's food she's looking for.

Phase two of the Christopher's/Terrace restructuring is the planned remodeling of The Terrace.

In his pre-semester speech to the faculty, President Tribble announced, "Following graduation in May 2000, we will

renovate The Terrace. The new design will feature a food court, a stage for live entertainment and a new entrance from the Great Lawn."

What that means, according to Pappas, is the introduction of four to five different "branded" food operations to the Terrace, with a variety of choices for students — pizzas, subs, Mexican, etc.

The school has already sent out bids for interested food chains, though Pappas warned not to get too lofty in food fantasies.

"You're not going to see five different national brands together in The Terrace," said Pappas. "National brands are very expensive. We're looking for a marriage between the college and one of these national brands, who will be our anchor restaurant."

Though Pappas declines to name any specific names, he says that the school is in negotiations with a major company to partner with the university for a lead spot in The Terrace.

"We are very excited about the anchor," said Pappas of this possible deal.

Additionally, Pappas said the new food selections will bring many jobs to the campus.

"We're not selling space," said Pappas. "The restaurants will still be self-operating and the university will be managing them. That will

“Following graduation in May 2000, we will renovate The Terrace.  
- President Paul Tribble”

require more labor."

After the construction of a small stage that will double as a raised seating area when not used for entertainment and the glassing in of the actual terrace beside the Great Lawn, The Terrace should be ready for public use by the time students return next fall. By then, The Terrace could be changed even more radically.

"On this campus, with this President, it's wonderful and exciting how quickly ideas become reality," said Pappas. "He and I have discussed a number of ideas that would eventually have an impact on the overall size of The Terrace beyond what it is right now. But it's just an idea."

For students, the best idea is having so much to choose from right on campus.

"I think it's great," said Henderson, nibbling french fries. "You don't have to worry about losing your parking spot to get a good lunch."

Agree? Disagree? Write to *The Captain's Log* and let us know.

# Travis delivers what may be album of the year

by Michael Claar  
Staff Writer

True, it is rather early to decide on best album of the year. Still, Travis' "The Man Who" is my bet for favorite of the year despite an impressive slate of new releases from Nine Inch Nails, Gomez, Stone Temple Pilots and others still to come.

I discovered Travis in the fall of 1997 when they opened for Ben Folds Five in Richmond. When they opened with a song titled "All I Want to Do is Rock," I was hooked. They charmed the crowd with their cockney accents, fun songs, and 'so silly it's cool' comments like, "This one is for all the ladies in the crowd." Their debut album, "Good Feeling," was a surprising pop gem. The Scottish band stormed Great Britain with a barrage of very upbeat singles from a very upbeat album, with the standard one or two sentimental, tame acoustic numbers. Travis was the party band of the nineties for the Brits.

While the album was good, I wasn't keyed up for "The Man Who," which was released earlier this year on Independiente and produced by current high profile producer Nigel Godrich ("OK Computer," "Terror Twilight"). After a few listens, I found Travis has avoided a sophomore slump and instead evolved into an absorbing, multidimensional band (not to mention it sounds like all the members took time to cram some extra music lessons). Instead of one power-pop single after another, Travis shows off their different

sound without straying too far from their Brit-Rock roots. All songs are written by Fran Healy, who possesses a gift for touching lyrics and a melody reminiscent of the Beatles.

Blur, The Flaming Lips, Ben Folds Five and Travis all released very extraordinary albums this year; yet Travis is extraordinary without trying. Unlike Blur, the music is tight. Unlike Ben Folds Five, they're not stuck in decades past. And, unlike the Flaming Lips, they are sincere and candid.

Travis may sound like the Beatles, as with every other rock band on the island, but Fran's vacantly honest voice would never

let you believe such rubbish. He sings in French and you still know what he means. He croons sappy-silly hooks like, "Why does it always rain on me, is it because I lied when I was seventeen?" and it sounds perfectly natural. The rest of the band, Dougie, Andy and Neil craft the perfect sounds around Fran's songs. It's not just a songwriter's album; each of the members play an important role in the style of the band. The guitar solo from "As You Are," the highlight of the album, is the most emotional playing I have heard in a long time.

Quoted as Oasis' Noel Gallagher's favorite band, Travis is distinctive without standing apart from the crowd. No matter what magic or luck Travis has going for them, "The Man Who" is my pick for the best album of the year (so far). If a more important band wrote this album, it would change pop music.

**Unlike Ben Folds Five, they are not stuck in decades past.**



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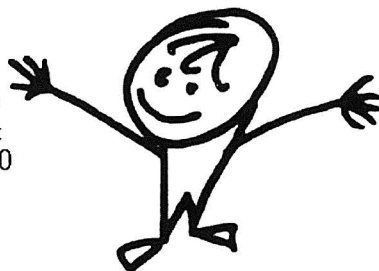
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By Casey Taylor & Dave Gosselin

## "Cheering from the Sidelines - But where is the field?"

We have decided to add two new sports to CNU's athletics: women's field hockey and lacrosse. Neither sport will not go into effect until the fall of 2000. But where are these teams going to play? As of right now, there is no place that either of these teams can play. It seems that the only logical solution is the property behind our current track. We guess that we will have to wait and see.

At the same time, we are still sharing our current playing fields between women's soccer, men's soccer, and baseball. On any given day, you could find the women's soccer team kicking soccer balls around on the baseball field behind Ferguson or men's soccer practicing on the field inside the track.

Of course, the main reason for lack of space is due to the construction going on around campus, which is always a good thing because it signifies change on an upward scale. The new dorm took up one practice field and the parking lot behind the tennis courts at Ferguson took up perfect space for another.

Hopefully, by this time next year, we will have a playing field for field hockey/lacrosse and with the new addition of the Sports & Convocation Center, athletes will not have to share practice space. Until then, everyone must grin and bear the claustrophobic nature of our athletic fields, weight room, and gym. If nothing else, our athletes are forced to get to know one another and the spectators ultimately become buddies from squeezing together in the stands. Hopefully, we all become happy campers and learn to overcome any fears of claustrophobia we once had.

# SPORTS

## Athletic Changes on Campus

New Programs Require New Facilities

By Dave Gosselin  
Staff Writer

From the building of the new residence hall to the construction of the Sports and Convocation Center, changes are occurring all around CNU. One thing that will have a big impact on Christopher Newport athletics is the addition of lacrosse and field hockey being added with Nancy Billger heading both of those programs.

Where will these teams play? Assistant to the Director of Athletics Jon Waters says that "two fields will be added behind the current track to house these two sports." The field hockey field fits inside the lacrosse field, saving space. The other field will be additional practice space.

Both of these playing spaces will be seeded with bermuda grass just like Captains Field where the men's and women's soccer team will play. The locations will be ready by fall of 2000, in time for lacrosse and field hockey to begin their inaugural seasons. Field hockey will be played in the fall and lacrosse in the spring.

Along with the additions of these sports, imagine a room with televisions and music hooked into your treadmill. What does this mean? It means that when you are working out in the new Sports and Convocation Center where you will be able to watch tv or listen to your favorite music while getting fit.

The new multi-million dollar athletic center will have the most state of the art exercise equipment at the time of opening.

There are five main fitness areas located in the building. The first is the cardiovascular room that features 25-30 pieces of equipment, including stair climbers, treadmills, and stationary bikes "that are top of the line equipment," says Waters. With these machines, the user will have access to televisions and will have the ability to change channels and adjust vol-



Who wants mudpies? This pit of mud and iron may look like an elementary school playground, but by next fall it'll be our state-of-the-art Sports and Convocation Center.

Photo courtesy of CNU Online Webcam

ume. The user will also be able to listen to compact discs while working out.

The fitness area consists of free weights including barbells and dumbbells, as well as eight to 10 pieces of plate loaded equipment. For the aerobics enthusiasts, the building will offer a 1600 square-foot room with wooden flooring to be used for aerobics classes and workouts.

A rotating tread wall, much like a stair climber, which is approximately 11 ft high will also be included in the workout area.

The gym area will consist of a 200 meter indoor track that encloses four courts. Three of the courts are multi-purpose and lined for volleyball and tennis. The fourth court will be a game area made of inlaid wood for men's and women's basketball and volleyball. For this, there will be bleachers on three sides and a portable bleacher on the fourth side to be brought out from behind the benches when needed. The approximate seating capacity for the gym will be 2700.

Scoreboards will be located at both ends of the court, with a hanging scoreboard in the middle. There will also

be a display board that shows the times for all six lanes of the track for meets held there.

The building will house all of the athletic offices, including athletic director, secretaries, coaches, sports information and a press room.

Last but not least, there will be a cafe located in the lobby of the convocation center. Director of Auxiliary Services Steve Pappas calls it a snack bar-bistro that includes display cooking." Pappas also says, "that you may order a panini and watch it being made while you wait."



## INSIDE!

Men's Soccer Preview,  
pg. 7-8

Women's Soccer Preview,  
NEXT WEEK!

### CALENDAR

**MON**  
No Games  
Scheduled

**TUE**  
No Games  
Scheduled

**WED**  
Men's  
soccer at Hampden-  
Sydney. Women's  
soccer hosts NC  
Wesleyan at 4:00 pm.

**THUR**  
VB hosts  
Mary Baldwin at  
6:00 pm.

**FRI**  
No Games  
Scheduled

**SAT**  
Golf at  
Pfeiffer Invite.  
Soccer (M) hosts  
Methodist at 2:00  
pm. Tennis (W)  
hosts Bridgewater.  
VB hosts DIAC R.R.

**SUN**  
Golf at  
Pfeiffer Invite.  
Women's soccer at  
Randolph Macon.  
VB hosts DIAC R.R.



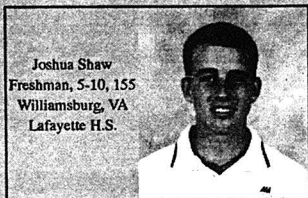
Justin Joswick  
Freshman, 5-9, 155  
Montclair, VA  
Hylton H.S.



Oscar Gomez-  
Romero  
Junior, 6-1, 165  
Arlington, VA  
Wakefield H.S.



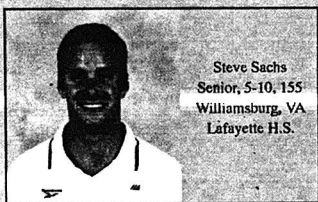
Shadi Abi-Saab  
Junior, 6-2, 180  
Newport News, VA  
Denbigh H.S.



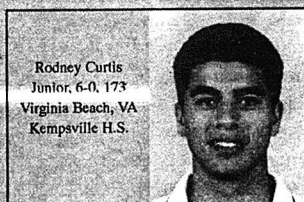
Joshua Shaw  
Freshman, 5-10, 155  
Williamsburg, VA  
Lafayette H.S.



Ryan Hagerty  
Sophomore, 6-1, 167  
Virginia Beach, VA  
Kempsville H.S.



Steve Sachs  
Senior, 5-10, 155  
Williamsburg, VA  
Lafayette H.S.



Rodney Curtis  
Junior, 6-0, 173  
Virginia Beach, VA  
Kempsville H.S.



Roberto Garcia  
Freshman, 5-10, 160  
Fairfax, VA  
Robinson H.S.



Shawn Edwards  
Freshman, 5-10, 145  
Poquoson, VA  
Poquoson H.S.



Asst. Coach  
Chris Scrofani



Kevin Huylebroeck  
Senior, 6-6, 190  
Fairfax, VA  
Robinson H.S.

Head Coach Steve Shaw



Asst. Coach  
Brian Schwab



## Young, talented squad faces stiff challenge from loaded schedule

Despite some major losses from the 1998 squad, Christopher Newport soccer coach Steve Shaw feels that 1999 could be an even better season.

The Captains are coming off a 10-7 year and a second place finish in the Dixie Conference. Among the ten wins were two over nationally-ranked teams. In all, CNU played seven of its 17 games against either squads, winning four.

This year's schedule may be even tougher. Of the Captains' 19 opponents, 13 had winning records a year ago and another finished .500. The won-lost record of all of CNU's foes was a combined 227-124-19, surely making CNU's 1999 slate one of the strongest anywhere.

Though only eight veterans return from a year ago, Shaw feels his 1999 team is up to the task. "This is the deepest team we've had since I've been here," says Shaw. "And the skill level is higher than ever."

A lot of Shaw's hopes will ride with what he calls "the best recruiting class we've had."

Much of the help from newcomers will have to come in the back where losses from a year ago include All-South player Brian Schwab along with veterans Kenne Low and Sean Flynn.

CNU's defense is anchored by goalkeeper Kevin Huylebroeck, a 6-6 senior, who earned the starting

job midway through 1998 and impressed enough to be named first team All-Dixie Conference. He'll be backed up by newcomers Martin Zelada and Jeff Clayman, each of whom Shaw says will see action.

In front of goal will be just one veteran, sophomore Jason Farino. Shaw looks for big things from sophomore transfer Ryan Haggerty from Ferrum, as well as freshman sweeper Shawn Edwards, the 1999 Bay Rivers District Player of the Year. Freshman Roberto Garcia and transfer Scott Sachs, will be important elements in the back, as will freshman John McCormack.

The most experience will come in the midfield where three vets return. Senior Steve Sachs, twin brother of Scott, was another first team All-Dixie selection. He had 12 assists (to go along with 6 goals) in 1998 to rank ninth in the nation with an average of .71 per game. He and Huylebroeck will be the team Captains, with junior Shadi Abi-Saab, who will be the alternate. Abi-Saab provides great play in the air and Shaw looks for him to score on headers this season. He had five goals a year ago. Junior Rodney Curtis, who scored three times last season, is a speedster who should increase his scoring.

Shaw feels three recruits should shore up what

was a weak area a year ago, the outside midfield. His son, Joshua, who is a freshman who will fight for the outside right spot with freshman Ted Sibiga, and newcomer Ryan Whinery, will likely be outside left. Junior Dustin Morse, who has seen action in his first two years, will play in the middle, and sophomore Craig Pittinger will see lots of playing time as well.

At forward, CNU gets the services of Oscar Gomez-Romero back after losing him to injury last season. The 1996 Dixie Conference Rookie of the Year, Romero has 20 goals in his two seasons and ranks ninth on the CNU career list.

Shaw calls freshman Alan Jordan "dynamic forward and a great finisher," while freshman Mike Parolisi and Justin Joswick will give CNU more scoring depth than in recent years.

The Captains will get tested right away with games against Emory and Fredonia (NY) in their own CNU/Virginia Woodcrafts Tournament. Those two opponents were a combined 32-6-3 a year ago. CNU will also have games against traditional powerhouses such as Greensboro, Va. Wesleyan, Roanoke, Gettysburg, Hampden-Sydney, and Salisbury St.

*This article is courtesy of Sports Information*



Jeff Clayman  
Freshman, 5-10, 170  
Norfolk, VA  
Maury H.S.



Alan Jordan  
Freshman 5-10, 180  
Aylett, VA  
Mechanicsville H.S.



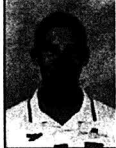
John McCormack  
Freshman, 6-1, 165  
Williamsburg, VA  
Jamestown H.S.



Dustin Moore  
Junior, 5-9, 150  
Roanoke, VA  
Cave Spring H.S.



Mike Parolisi  
Freshman, 5-11, 185  
Charlottesville, VA  
Albemarle H.S.



Craig Pittinger  
Sophomore, 5-11, 149  
Newport News, VA  
Denbigh H.S.



Scott Sachs  
Freshman, 5-10, 145  
Williamsburg, VA  
Kempsville H.S.



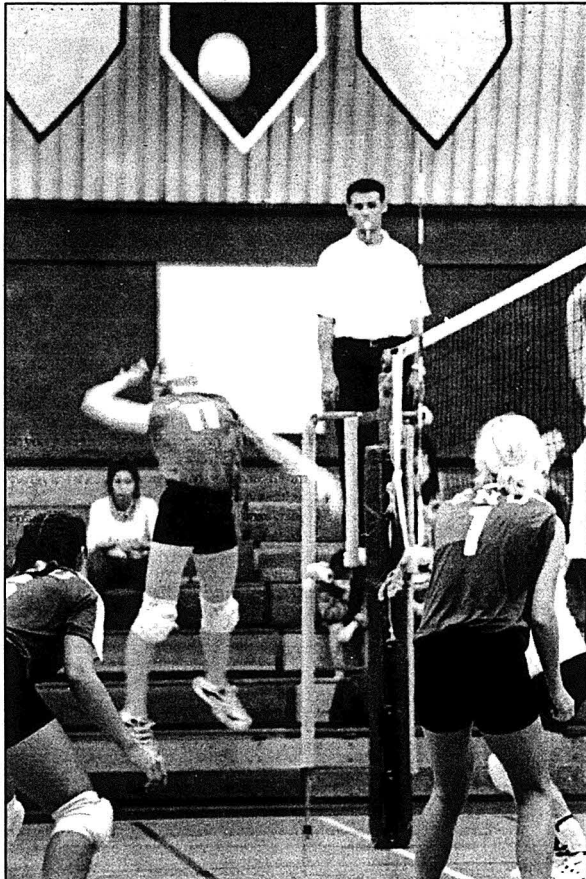
Ted Sibiga  
Freshman, 5-11, 158  
Virginia Beach, VA  
Kempsville H.S.



Ryan Whinery  
Freshman, 5-8, 145  
Houston, TX  
Cypress Falls H.S.



Martin Zelada  
Freshman, 5-10, 160  
Reston, VA  
South Lakes H.S.



Sophomore Lindsay Sheppard nails one home against Sweet Briar College last weekend in the lady Captains' 3-0 victory

Photo by Ben Hutt

### Volleyball goes three for three

Christopher Newport's volleyball team won their last three matches this past week. Last Tuesday, the Lady Captains defeated Chowan College 15-11, 15-6, and 15-9 in Ratcliffe Gym.

Oksana Boukhtina and Jennifer Wood led CNU with nine kills. Heidi Jackson had 34 assists. Lindsay Sheppard had 12 digs and Liz Standish added 10 digs.

CNU was down at one point 6-1 in the first game before they roared back for the victory. With the win, the Lady Captains upped their record to 3-1 overall.

Last Saturday, CNU hosted Sweet Briar and St. Paul's. The Lady Captains left Ratcliffe Gym with two wins, sweeping both matches.

Against Sweet Briar, CNU won 15-6, 15-4, and 15-11. Boukhtina led the way with 13 kills. Heather Vaden added 10. Jackson assisted on 33 for CNU.

Versus St. Paul's, Boukhtina again led the way with 12 kills and eight digs. Jackson had 27 assists.

CNU's next match is Thursday, Sept. 16 at 6pm in Ratcliffe Gym.

Article courtesy of Sports Information

## Briefs

### Men's Soccer Split Tourney

The men's soccer team finished 1-1 in the 13th annual CNU/Virginia Woodcrafts Tournament which was moved to Busch Field at the College of Williams & Mary in Williamsburg.

The Captains suffered a 1-0 loss at the hands of Emory University. CNU dominated the game but was unable to capitalize on their scoring opportunities. Senior goal keeper Kevin Huylebroeck made four saves in the rain soaked game.

In game two, CNU edged out Fredonia State 1-0 to even their record at 1-1.

Freshman forward Justin Joswick scored on a well played ball by Rodney Curtis who had the lone assist. Huylebroeck recorded his first shutout of the season by making three saves.

The next men's home game is Saturday, Sept. 18 at 2pm.

### McFerrin And Reisdorph Each Score Two In Chowan Win

CNU women's soccer team struck gold last Wednesday afternoon destroying Chowan College 6-1 in Murfreesboro, NC.

Juniors Laura McFerrin and Elke Reisdorph each scored twice for the Lady Captains (2-0-1).

McFerrin scored twice in the first 23 minutes. Freshman Erin Smith made it 3-0 at the half.

Amber Pierpoint tickled the twine moments into the second half and then Reisdorph added her two goals to give CNU the victory.

Freshman keeper Kim Hughes did not have to make a save as the Lady Captains outshot the Lady Braves 39-3.

The Lady Captains soccer squad tied the Mississippi College Lady Choctaws 1-1 Sunday afternoon at Busch Field in Williamsburg.

Laura McFerrin scored CNU's goal in the first half off of a nice cross from Jenn Headrick to give the Lady Captains the early lead.

CNU dominated much of the second half until 2:59 remaining in the game when a misplaced ball off of a CNU defender's foot wound up past goal keeper Anne Johnson to knot the score at 1-1.

The Lady Captains next game is Wednesday, Sept. 15 at 4 pm at Captains Field.

Are you interested in writing about sports? If so, contact Case and Dave at **594-7196** or email us at **clog@cnu.edu**

#### Coming Next Issue

- ◆ Cheerleading...Co-Ed and the new women's team
- ◆ Women's soccer preview, who's who.
- ◆ Cross Country, men's and women's soccer, golf, and volleyball results and updates.



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