

THE CAPTAIN'S LOG

CHRISTOPHER NEWPORT UNIVERSITY NEWPORT NEWS, VA

June 24, 1993

SPECIAL ORIENTATION ISSUE

Board raises tuition and fees 11.8 percent

By Joyce Kuster
Staff Writer

At their April 28 meeting the Christopher Newport University Board of Visitors approved an 11.8 percent increase in tuition and fees for the 1993-1994 academic year.

According to Patricia L. McDermott, assistant director of Planning and Budget, the full-time rate, which includes 12-18 credits, will be \$3,196 per year including annual tuition and fees for students who qualify for in-state tuition and \$7,860 for full-time students who pay out-of-state tuition. Students who register for more than 18 credit hours will be charged the full-time rate plus the appropriate per-credit-hour rate for each additional course. The total per-credit-hour rate has been increased to \$133 in-state and \$327 out-of-state.

McDermott attributes the increase in CNU's tuition primarily to a cut in the funding available from the state government.

The bulk of the tuition increase is to accommodate the 3.5 percent increase in faculty and staff salary which was mandated by the state. The salary increase does not take effect until December 1993, but has already been figured into the 1993-1994 budget.

The increase in tuition will provide \$111,834 for the purchase of library books. The General Obligation Bond bill passed by the state in November

"Until the state is willing to really commit itself to higher education the students are going to have to continue to take on the brunt of tuition increases."

— Brian Lamprecht, SGA President

1993, provides funding for the expansion of the Captain John Smith Library which will be completed in the summer of 1994. William L. Brauer, vice president for Administration and Finance, said that money from the tuition increase for the 1993-1994 academic year will fund the purchase of books and the building of shelves and meeting spaces.

CNU is also committed to ensuring that the campus meets requirements set by the Americans with Disabilities Acts; money from the increase in tuition will be used for any needed enhancements. Brauer said that CNU has been concentrating on acquiring braille signs for the campus. He noted however, "concerning physical access, CNU is much further along than other schools" and does not anticipate any major expenses in this area.

Brauer also explained that the

increase in tuition will accommodate the three adjunct faculty members who will now be full-time. A few other positions are also in the process of being filled. Brauer said that with the completion of the dorms (scheduled for April 1994) admissions at CNU is expected to increase by approximately 400 students. To accommodate this increase approximately 20 faculty members will be hired. "The ratio now is about 20:1, we will hire new faculty members to maintain that ratio," said Brauer.

The tuition increase will also be used to enhance the university's campus-wide computer network, to fund a substance abuse prevention program and to purchase security equipment. The 11.8 percent increase approved by the Board of Visitors was one of three options considered. The other options included a 9.2 percent

increase and a 14.3 percent increase.

A comparison of annual tuition and fees for colleges and universities in Virginia illustrates that CNU, even with an 11.8 percent increase, is still below the state average of \$3,322.

Brian Lamprecht, president of the Student Government Association attended the April 28, Board of Visitors meeting. He said, "they are trying to avoid raising tuition as much as possible, but the money is being used for the library expansion, bookstore expansion and more faculty, because the university is continually growing." He said that the school is also trying to find ways to save money, one example is refinancing the campus center bond while interest rates are low.

He continued, "The state used to pay 50 percent of college costs and students paid 50 percent. Now the state provides 30 percent and students have to pay 70 percent. Until the state is willing to really commit itself to higher education the students are going to have to continue to take on the brunt of tuition increases."

Lamprecht is in the process of "creating a political action committee as part of the SGA. The committee will be responsible for informing students which state senators and congressmen have the best interest of higher education in mind, and would also be responsible for corresponding the needs of CNU students to our state legislature."

Career and Counseling Office: a valuable resource

By Breea Plank
News Editor

The transition from high school to college brings about changes both on an academic level and a personal level. The Office of Career and Counseling Services, located in room 146 of the Campus Center, "serves and supports students in their quest for educational, career and personal development at Christopher Newport University."

The OCCS is built upon on-going goals including placement support services for the transition into the world of work, student employment programs, exploring concerns, and enhancing and maintaining the Career

Resource Center.

The Career Resource Center is designed for students to explore information related to career planning, salary trends and the labor market. This information can be obtained in a variety of ways to suit each individual. There is computer assisted guidance such as SIGI Plus, books, computer software and a video tape series. No appointment is necessary to utilize these services. Throughout the school year the OCCS offers numerous seminars on an array of issues such as choosing a major, resume writing, time management and many more. There is also a Career Information Day which gives students the opportunity to speak

one-on-one with someone who is employed in the field of work that interests the student.

The counseling aspect of the office focuses on assisting students with concerns on all levels, whether it is coping with the demands of college, learning more about yourself or discussing personal relationship problems. The office is open from 8 a.m. to 5 p.m., Monday through Friday, and an appointment is not necessary. However, appointments are often made and emergency situations do take priority. Anything discussed in a meeting with any of the counselors is confidential information and will not be discussed with anyone who was not

present during the initial conference.

The OCCS also offers special services to assist those students with a disability. The office encourages students to seek out Glen G. Vought, director, for further assistance. Special arrangements can be made and should be done as soon as possible to eliminate the hassle later in the semester.

The OCCS maintains services that are available and helpful to all students and alumni, and encourages frequent use of them.

Douglas C. Gallae, director of the OCCS said, "if you are uncertain as to the present and confused about the future, then we are the place where you need to be."

So now you want to go to college?

By Jennifer Jordan
Opinions Editor

The college-bound high school graduate has barely rested from the demands of appearances at a string of graduation parties. And already it's time to start preparing for that next phase in the educational life.

As the recently graduated high school student lays on the warm beach during his summer vacation, he smiles at the thought that he is completely finished with hall passes, cafeteria clean-up, and the same teachers that menaced him for the last four years. He thinks about the near future and wonders quietly, "Exactly how will college change my life?"

Some people in that midway between high school and college may be expecting a life-altering educational experience, at least seven times more demanding than the high school workload. Maybe this mentality is partially due to the comments of high school teachers (something like "...you won't be allowed extensions of deadlines in college, so in order to better prepare you for that, you can't have an extension now...").

Other folks preparing to enter college may be thinking that this new endeavor will amount to little more than another four years of long hours spent in the classroom. This attitude may be somewhat owed to the fact that



many students, especially at this institution, are planning on living under their parent's roof and rules. The main difference these students can foresee is that they won't be riding a big yellow bus to school.

For most people, college will be neither an extremely severe diversion from high school nor will it be only another day in a classroom. Both extreme perceptions of the college transition are a little inaccurate. What

college usually will bring are more freedom and more responsibility. Of course, how much of these intangible conditions each student takes on is optional. But changes in one's freedom and responsibility are the essence of the transition to college life.

The increased freedom and responsibility that come with college can certainly be seen in the classroom experience. Students usually receive a syllabus on the first day of class. This outline of what will occur in the class allows a student to plan ahead for readings, assignments, and exams. Granted, you may have received syllabi in high school, but in college you are given more responsibility and less reminders for the work that teachers dictate through these papers. For the student who uses time wisely, this allows for an increased ability to plan their schedules. For those students who thrive on the pressure of doing work minutes before it is due, the syllabus provides a framework to determine exactly how long one can neglect studies.

For the chronic eleventh hour student, the responsibility of turning in better work than that done in high school requires reaching new heights and developing advanced techniques in procrastination. Most high school students are just amateur procrastinators—the kind that doesn't have firsthand experience of what is commonly called an "all-nighter." The term is used to describe staying up for an entire night, either to cram for a test or to complete an assignment. For those last-minute type students who

both have somehow put off reading that book about improving study habits and are still planning on studying in the same pressured way, the "all-nighter" will become a familiar term. I believe Sam's Club on Jefferson stocks multiple packages of No-Doz and bulk coffee which are pretty inexpensive. For many students, these drugs are a vital part of the all-night study experience.

Whatever type of student you are, you will probably notice the greater latitude given by teachers to accommodate each student's independent study habits. This expanded latitude reflects the freedom and responsibility teachers offer to college students. The freedom and responsibility college brings can be seen outside of the classroom as well. There may be changes much closer to home, in fact, within your home.

In addition to all of the academic pressure one takes on in college, mom and dad may now insist that the student fund his/her own activities. Especially in the summer, the parental suggestion to "get a job" becomes much more endless than the past four years may have seemed.

While a good number of parents require that students seek employment, the former are often more unwilling to allow for much freedom in the home. Unfortunately, for many students who aren't living away from home, the restrictions placed on living there aren't very far away from those laid down in high school. Many students are allowed only an hour or so of an extension onto the former curfew. While one's responsibility may increase at home, their freedom may not increase proportionally.

Of course, there is much more to college than changes in freedom and responsibility. For one thing, there's the social life, which can prove to be more enriched. In fact, by enrolling in college, some students may be simply seeking a more expansive social life than they had experienced in high school. But college is pretty expensive to be missing experiences and lessons that are a little more important and long lasting. And learning how to properly employ freedom and responsibility will be a crucial skill in one's life. I graduated from high school five years ago, and I am now attending my fourth institution of higher education. So, I guess I consider myself somewhat of an authority on college transitions. As such, the best advice I can offer is to have fun, but never forget why you came to college.

THE CAPTAIN'S LOG

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THE CAPTAIN'S LOG, the official student newspaper at Christopher Newport University, is published each Monday during the academic year, except holidays and final examination periods by Byerly Publications.

News contributions are accepted by telephone (804-594-7196) or at THE CAPTAIN'S LOG office (Room 223 of the Campus Center).

Circulation inquiries and advertising rates are available upon request by telephone or mail. THE CAPTAIN'S LOG welcomes letters from its readers. Send to: The Captain's Log, Christopher Newport University, 50 Shoe Lane, Newport News, Virginia 23606. They may also be brought to our office or left in our mailbox on the second floor of the Campus Center. Please sign the letter and provide full address and telephone number for verification purposes. Students: Please indicate your class status. If the writer is affiliated with an organization, that may be noted.

THE CAPTAIN'S LOG reserves the right to edit letters according to style, subject and length, as well as refuse publication. Letters will be printed anonymously upon request. Corrections to THE CAPTAIN'S LOG will be published in the issue following the error.

ATTENTION!

Do you:

☞ *Enjoy talking to people?*

☞ *Like fascinating stories?*

☞ *Like sports?*

☞ *Have an opinion?*

And

☞ *Like to write?*

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We need reporters for features, sports and news who are willing to work on deadlines.

Do you:

☞ *Like to watch movies?*

☞ *Like to listen to music?*

☞ *Enjoy attending plays?*

☞ *Talking to celebrities?*

And

☞ *Like to write?*

Then stop by The Captain's Log office with a sample of your reviewing skills.

We are looking for talented reporters and reviewers to interview musicians and to review movies, music and plays on a regular basis.

The Captain's Log

*will be making news, arts,
and sports assignments*

If you would like to be a part of history, are responsible and willing to work on a deadline, then come this Fall to our office located in CC 223.

No Experience is Required

Jazz Ensemble provides music for campus

By Heather Schneider
Contributing Writer

Surrounded by mementoes of music, Dr. Mark U. Reimer directs the Christopher Newport University department of Music. Officially the CNU Director of Music, he founded the *Jazz Ensemble* in August 1992. It was started to "fill a need in the community" for musical enhancement in the instrumental arts. Expanding the current jazz program at CNU was another reason for forming the group.

There are several advantages to creating an ensemble group. Ensembles are easier to practice and assemble than bands. The less people that are in an ensemble creates less confusion and conflicting schedules of its members. The *Jazz Ensemble* helps people "realize the tremendous pool of talent at the University and the community."

The *Jazz Ensemble* usually plays at gallery openings, on campus and at special events. This includes fundraisers and special business engagements.

Everyone is welcome to audition for



Photo Courtesy of Dr. Mark U. Reimer

The Christopher Newport University Jazz Ensemble in a recent performance.

the *Jazz Ensemble* if you play an instrument. If you are interested in auditioning for the *Jazz Ensemble*,

contact Dr. Reimer at 594-7074.

Other musical groups on campus include: *Symphonic Wind Ensemble*,

University Corral (the Choir), *Octoberfest Band*, *Voices of Unity* (Choir), *Percussion Ensemble*, *Wind Ensemble*, *Guitar Ensemble* and other specialty ensembles.

Contact Dr. Reimer for more information or an idea to start another musical group.

Each group has a major concert in the fall. In addition, the groups work together to create a winter holiday concert called *Holiday Happening*. This concert is usually held in the John W. Gaines Theatre in the Campus Center.

The *Jazz Ensemble* will do a special performance at the Terrace in the Campus Center, tentatively set for December 6, at 5 p.m.

As well, a special celebration will be held in honor of *Octoberfest*. It will be hosted by the Music, Foreign Language and International Studies Departments. It will be held October 13 at noon on the Great Lawn. There will be music, authentic German food and entertainment by the *Burgermeister* from Bush Gardens.

Falk Art Gallery encourages students to get involved

By Heather Schneider
Contributing Writer

The Falk Art Gallery, located in Gosnold Hall, has been a path for artistic expression at Christopher Newport University since its opening on May 7, 1989. The Gallery is dedicated to Emanuel E. and Jean B. Falk for their donation for the construction of an art gallery at CNU.

There are usually seven art shows held throughout the school year. Two of these shows are the CNU Annual Faculty Exhibition and the CNU Annual Senior Art Exhibition, a showcase of pieces done by senior art majors.

Pieces placed on exhibit in the Gallery are representative of many medi-

SCHEDULE OF EVENTS

September
October
November
February
March
April

Public Art
CNU Annual Faculty Exhibition
Modern Poster Design
Art Furniture
CNU Annual Senior Art Exhibition
Virginia Women's Artists in conjunction with the Virginia Humanities Conference

ums of artistic expression. Sculptures, paintings, photographs, furniture, 2-D and 3-D art objects are among the exhibits that are showcased. A reception is at the opening of each art exhibition and/or special lecture series.

According to Dr. Rita Hubbard, chairperson of the Department of Arts and Communication, the Gallery has become an "avenue for education in the arts through exhibits and special informative lectures."

The Falk Art Gallery presents an unique opportunity to incoming students.

Dr. Belle Pendleton, director of the Falk Art Gallery, wants to "encourage freshmen to take advantage of the vital CNU Art Department...[you] can experience a wide variety of performances and exhibitions at the University."

Entering students can become involved with the Falk Art Gallery by calling Dr. Pendleton at 594-7937. They need volunteers to help with everything from sitting at the reception desk and greeting people to aid with receptions for exhibit openings.

Students can learn more about the Falk Art Gallery by calling the CNU Arts Line at 594-7552.

Where to eat on campus, The Terrace or Christopher's?

By Gretchen Heal
Arts Editor

If your not in the mood for snacks out of the machine, and you don't have time between classes to drive somewhere to eat, never fear, *The Terrace* and *Christopher's* are near.

The first of the two on campus restaurants is *The Terrace*. *The Terrace* specializes in Italian foods, such as pizza, pasta, and sandwiches.

It offers a variety of toppings for your pizzas and is always hot and

fresh. It also serves different stuffed pizza pockets, and a variety of sandwiches.

There are plenty of tables to sit at inside, and on a sunny day, students often sit outside on the patio.

In the early days of the fall semester and late days of the spring semester, *The Terrace* has special days when they cook out on the grill. On these days, they usually offer grilled hamburgers and hot dogs.

The Terrace also has special days set aside for theme buffets, such as the

Mexican buffet and Pasta buffet. It offers a relaxing restaurant environment where students can relax and watch TV, or play cards, while eating and socializing with friends. They serve lunch and dinner Monday thru Friday.

Christopher's, on the other hand, offers a more cafeteria style atmosphere.

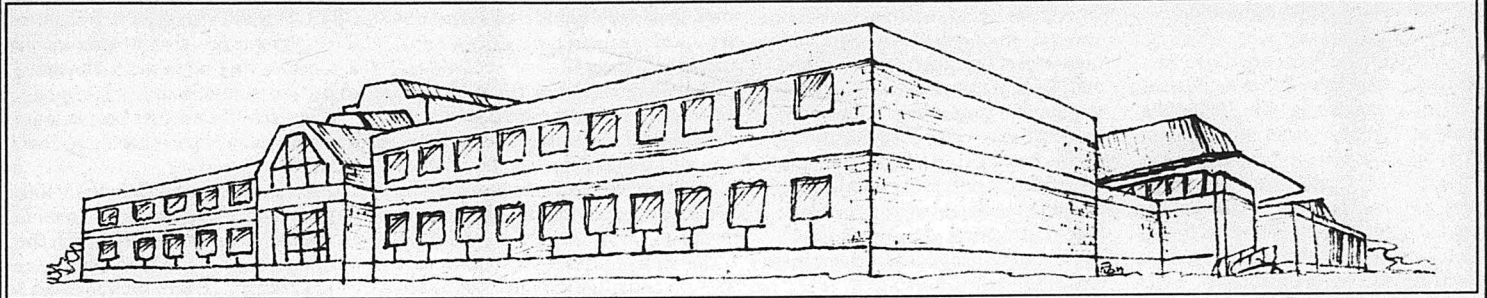
Christopher's is located directly across from *The Terrace*, and serves breakfast and lunch. It is always buffet style, with a grill for made to

order sandwiches.

Christopher's also offers a fresh salad bar, with a wide variety of toppings. *Christopher's* also has special events on selected days of the week, such as miniature golf tournaments.

Both of the eateries here at CNU offer a wide variety of foods, and social environments for students to enjoy. They also provide a great place to meet new people, and quite often prove to be a replacement to the library when it comes to cramming those final few minutes of studying in, before a test.

Construction begins on library addition



An artist's rendition of the Captain John Smith Library addition.

Drawing by Ron Wheeler

By Joyce Kuster
Staff Writer

Construction of a \$2.3 million addition to the Captain John Smith Library began early this summer.

The 22,000 square foot, one-story addition will extend outward from

the north wall of the library. The addition is scheduled to be completed during the summer of 1994.

Construction is being done by Creech Development Corporation of Virginia Beach.

Funding for the construction was provided by the General Obligation

Bond bill passed by the state in November 1993. Funds available through the increased tuition for the 1993-1994 academic year will provide books, shelving and meeting spaces in the addition. The expansion of the library will provide upgraded heating and air conditioning systems, better

lighting and larger study areas.

William L. Brauer, vice president for Administration and Finance, said that Christopher Newport University has already requested funding for additional expansions of the library, but that is only one step in a long process.

Minority students advance through transition program: Project S.O.A.R.

By Breea Plank
News Editor

Christopher Newport University offers a variety of services to assist entering freshmen and transfer students in adjusting to the changes that occur during the transition period from high school to college. The Office of Minority Student Services, located in room 146 of the Campus Center is one such service. It is directed toward the minorities on campus.

The purpose of the office is to provide academic and career counseling through participation in co-curricular projects, groups and one-on-one counseling sessions. Throughout the school year the office coordinates the annual Commemorative Services of Dr. Martin Luther King, Jr., activities for Black History Month and a summer academic program called Project S.O.A.R. (Student Outreach for Assessment and Retention).

Project S.O.A.R. was designed to give minority students the opportunity to "get their foot in the door" early by offering a five week study session during the summer. The program will begin with a two day orientation on Monday, July 5, at which time each participant will be assigned a Faculty Mentor and a Student Peer Tutor. The classes, which include English, mathematics and study skills will start on Wednesday, July 7, and end on Friday, August 6. The classes that the student will take will be determined by the scores received on the freshmen placement tests, which are taken earlier in the summer during freshmen orientation.

In addition to attending all scheduled daily classes, study sessions will be required during the week. At the end of the five week session, and upon successful completion of the courses, the student will receive academic credit hours toward graduation before the fall semester

even begins.

During the fall semester, there will be group meetings with the Peer Tutors and Faculty Mentors, personal meetings with Program Director Marian Carrington and monthly workshops. In December, when the fall semester concludes, a commendation program will be held to celebrate the accomplishments of the participants.

To apply for admission into Project S.O.A.R., the student must first be accepted into the University, then complete the Interest Form which can be obtained from the Office of Minority Student Services. A program application will be sent to the student and should be returned immediately due to limited space availability. The student will be contacted by letter after being accepted into the program. For further information concerning Project S.O.A.R., contact Carrington, director of Minority Student Services, or call 594-7925.



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PHOTOGRAPHY EDITOR IS OPEN FOR THE 1993-1994 SCHOOL YEAR.
THIS IS A PAID POSITION!**

University Police provide 24-hour security

By Cathy Cunningham
Assistant News Editor

The Christopher Newport University Police Department should have call boxes installed on campus for the 1993-1994 school year. "A neat feature of call boxes is that lights flash in our office showing the location of a call. We'll get there faster," said University Chief of Police, Gerald Bright. Putting up call boxes will be one of many services the University police maintains to help people feel comfortable and unthreatened about being on campus.

With a staff of nine sworn officers, two security officers and five part-time student dispatchers, the University Campus Police operates day and night throughout the year. Besides being a

physical presence on campus, the University police department offers services such as providing crime prevention literature; storing and distributing lost and found articles; sharing Virginia codes of law with students who need legal information; opening computer labs after hours for students with passes; unlocking doors for faculty, staff and students; finger-printing students with government jobs and escorting students.

Bright said if a student leaves Gosnold Hall late at night and doesn't want to walk alone to the north lot, he or she can call the campus police. They will escort him or her to the car.

Two services that the campus

police department offers free of charge to students, faculty and staff on campus are unlocking car doors and jumpstarting cars.

The Campus Police fill out police reports, investigate crimes and help ill or injured students. If a student is in need, he or she can use the call box. In addition, the department patrols co-curricular activities like dances and sporting events.

The University Police Department has a proactive philosophy. "We like to educate the public, and to trouble shoot, giving people the ability to prevent problems before they arise instead of reacting to a situation in several little ways," said Chief Bright.

Participating in programming activities enables the Campus Police

Department to educate everyone at CNU. The officers speak to freshmen during orientation, they warn students against leaving valuables unattended or car doors unlocked.

They recommend that people store items in a safe place other than a car, if possible.

Other activities the Campus Police Department participates in include an Alcohol Awareness Week with the Boost Alcohol Consciousness Concerning High School and University Students (BACCHUS) organization and a rape prevention program every year.

The Campus Police office, located in the Campus Center, room 238, can be reached anytime at 594-7053. In extreme emergencies call 594-4777.

Bookstore prepares for 1993-1994 school year

By Cathy Cunningham
Assistant News Editor

The Bookstore in the Campus Center at Christopher Newport University will begin selling books for the Fall 1993-1994 semester on August 2, 1993. The Bookstore operates on a self-serve basis. Books are listed so that students can find what they need easily. A shelf tag will be above each textbook required for a specific course number. Furthermore, the Bookstore staff will be happy to assist anyone having problems locating a book.

If the Bookstore runs out of a book, students should inform a clerk or

manager. The manager will check the enrollment number for the course and call the publisher or used-book wholesaler to order more books. The manager will ship the books by UPS or by overnight air in emergency cases.

When only one or two students lack a book, they can speak to the Textbook Manager, Patty Riggs who will put in a special order for the book. A down-payment of \$5 is expected to ensure the publisher that the book will be bought.

Should students need to return and/or exchange a book, they must follow certain stipulations.

Books can be returned or exchanged

within the first 10 days of the Fall and Spring semester or five days into the Summer term.

The books must not be damaged or have writing in them. Students must have the cash register receipt to return or exchange them. Books will not be available for sale during the last three weeks of the semester in which they are required.

The Bookstore buy-back policy consists of several conditions. For books that will be re-used the next semester, students can sell current copyright used books during the Summer, Fall and Spring semester exam periods.

Used books can be sold to the

Bookstore at half the current price list. The Bookstore reserves the right to determine the number of books it will buy back.

In addition, books not used on campus can be sold for shipment to a wholesaler, and the wholesaler will set the buy-back price.

Books which are old editions, out of print, heavily high-lighted or written extensively will not be bought back.

As a security precaution, the Bookstore asks that students leave all book bags and backpacks outside the store when they enter the store.

Bookstore hours are 8 a.m. to 7 p.m., Monday through Thursday, and 8 a.m. to 5 p.m. on Friday.

Circle K: an international community service organization on the rise at CNU

By Robby Hipps
Staff Writer

Circle K is one of the newest student organizations at Christopher Newport University. The international community service oriented group was established on campus in February 1993 and has an active membership of 25 members. Circle K is sponsored by the Kwanis Club of Oyster Point in addition to the one at Warwick.

Last semester, Circle K was involved in several city projects including working with Riverside Elementary School in a tutoring program and developing better relationships with Key and Keyette clubs in local high schools.

The group meets weekly and is led by officers Jared L. Thornton-President, Jeremy Mantorano-First

Vice President, Gretchen Heal-Second Vice President, Lisa Krshna-Secretary and Jennifer Clark-Treasurer. In addition, Circle K puts out a bi-weekly newsletter which Dawn Parker presides over as editor. The faculty advisors for Circle K are Nick Koltun and Norma Brown. During the year, Circle K participates in various activities with other collegiate chapters such as Thomas Nelson Community College, Old Dominion University and The College of William and Mary.

Members are required to pay dues of \$19 per year, \$7 of which goes to the district offices and \$12 goes to the national organization of Kwanis.

Any students interested in joining Circle K can contact Thornton at 874-4272 or come by the office which is located in room 209 of the Campus Center.

World peace explored by the United Nations Society

By Robby Hipps
Staff Writer

The United Nations Society (UNS) is a collegiate model of the United Nations whose goal is to "promote a better understanding of world peace through diplomatic means," according to UNS President Jared L. Thornton.

"This organization is pretty comparable to high school Model UN clubs with the exception that we [the collegiate UNS] attend more conferences for greater lengths of time," said Thornton.

The club consists of 15 members who meet bi-weekly for meetings and bi-weekly for work sessions. The work sessions are usually held before simulations in which each individual member of a club is assigned a country. It is that individual's job to represent that country's interest in the world body. Duties include defending and

discussing treaties and resolutions.

The Christopher Newport University UNS won several awards at their last simulation, the Tidewater Cup Challenge, held at Tidewater Community College.

The CNU chapter won the Tidewater Cup as best overall school. In addition, Thornton won as best delegate at the simulation.

For the upcoming year, the UNS has planned various events including hosting a high school simulation, attending the Old Dominion University simulation, attending the Bluefield State College simulation and going to the national simulation in New York.

Each member of the organization must pay dues of \$10 a year. Any students interested in joining the UNS can contact Thornton at 874-4272 or drop by the office located in room 209 of the Campus Center.

Student Government Association overview

The Student Government Association (SGA) at Christopher Newport University has been acting as a liaison between the students and the administration since the first elections were held in 1962.

The SGA is headed by the Executive Council made up of Brian Lamprecht, president; Jon Burgess, vice-president of Student Services; David Goodman Jr., vice-president of Academic Affairs; Gretchen Heal, Secretary; and Joy Lloyd, Student Auditor. The Executive Council also consists of the chairpersons of the Constitution, Elections and Human Relations committees.

The Executive Council members and appointed senators make up the General Assembly. The presidents of the recognized campus organizations form the Presidents' Council chaired by the vice-president of Student

Services. Senators sit on the various committees of the SGA or act as liaisons to University committees.

The SGA committees include Budget and Finance, Elections, Student Services, Public Relations and Human Relations. Budget and Finance oversees the budgetary process for all clubs that receive funding from the school, review budget requests and make recommendations to the SGA, handles requests for additional funds and appeals.

Elections reviews, implements and supervises the SGA and Homecoming Elections. Student Services reviews and supervises the posting of advertisements on campus, regulates the issuance of bulletin boards and display cases and works under the vice-president of Student Services to undertake projects that relate to student services. Public Relations

creates and implements public relations project to enhance the image of the SGA. Human Relations implements projects to increase the knowledge of the student body on issues such as multi-cultural sensitivity, Rape Awareness and Alcohol Awareness.

Senators also sit on a variety of committees with both administrations and faculty members so that the university can make decisions with the input of the student body. These university committees include the Academic Hearing Board, Intercollegiate Athletic Advisory Committee, Library Advisory Committee, Traffic Control Committee, Curriculum Committee, Strategic Planning and Evaluation Committee, and Building and Grounds Committee.

It is simple to become involved in

the SGA. All you have to do is submit your name to the SGA President. Those interested must be in good academic standing with the university. Upon appointment, senators must sign a contract and will be appointed to a committee.

According to Lamprecht, "if a student cares about CNU then the SGA is a perfect place for them to interact with students, faculty and administrators so the university can make informed decisions using student input for the betterment of the university."

The SGA recognizes that CNU students, both full and part-time, have accumulated practical experience in one field or another. Whether you have just completed school or have been in the work force for ten years, the SGA encourages you to take part in campus governance.

Religious outreach on campus through BSU

By Cathy Cunningham
Assistant News Editor

The Baptist Student Union (BSU), is an organization that "seeks to involve students in a spiritual journey during the college years," said Becky Glass, the acting campus minister for Christopher Newport University. The Union will begin meeting for the Fall 1993 semester on Aug. 30 at noon in room 150 of the Campus Center. Glass says the purpose of BSU, demonstrated by its symbol, is two-fold. The inward arrows represent personal growth through meetings for Bible Study, fellowship and worship.

The outward arrows signify Christian outreach through service projects, missions and witnessing. For example, Joyce Penkoe, a junior in Psychology, has participated in missions by teaching Vacation Bible

School at churches.

Ed Lilly, the president of BSU, has been raised in the Baptist tradition. After high school, Lilly says BSU functions as a college youth group.

"It gives you a place to go on campus, gives you friends and people to talk to when you need help with classes, friendship mainly," said Lilly. Donald Joyner, a senior majoring in Accounting, said he joined to meet other Christians. Joyner enjoys the "close friendships." He met his girlfriend at a meeting.

Glass said BSU helps students develop leadership skills to serve their communities.

Along with meetings on campus twice a week, BSU members from across the state go to a convention in Lynchburg, Va.

There are at least seventeen chapters of the BSU within Virginia,

many throughout the country and overseas.

At the Spring Convention held in April, also known as the Spring Leadership Conference, BSU students chosen to lead the groups on college campuses, are trained to serve as: Christian Growth Chairperson, facilitates Bible studies and family groups; Creative Arts Chairperson, works with arts and crafts; Communication Chairperson--providing publicity; Fellowship Chairperson, coordinating socials; Missions Chairperson, training for summer missions; and Outreach Chairperson, planning service projects.

Students in BSU at CNU participate in service projects like Habitat for Humanity, tutoring in inner city schools and working with senior citizens and people with disabilities.

Every spring BSU members go to a large city to feed the homeless. Last year, BSU members went to Philadelphia, Pa.

Lilly said they worked in a downtown church center. Armed with Tasty Cakes, sandwiches and tea, BSU members went out in groups talking to people every night and building relations with them. "After a couple of nights we were like old friends with some of the people, and we gave support to a guy with AIDS."

We talked to teenagers and children," said Lilly.

Money raised by BSU goes to mission projects. Although the Peninsula Baptist Association funds BSU, and most students have Baptist affiliation, BSU is non-denominational.

Anyone interested in BSU can contact Becky Glass at 591-0513 or Ed Lilly at 851-5804.

BACCHUS provides alcohol awareness on campus

By Robby Hipps
Staff Writer

The Christopher Newport University chapter of Boost Alcohol Consciousness Concerning High School and University Students began in 1990 after several students returned from the national BACCHUS conference. It is a national organization with approximately 563 chapters around the country with affiliations in Canada, Mexico and three European countries. The organization is designed to "encourage the responsible use of alcohol by those who can legally enjoy the benefits of alcohol," says

BACCHUS National Student Trustee and CNU Chapter President Jared L. Thornton.

With an active membership of 10 people, BACCHUS has sponsored such events as the annual Alcohol Awareness Week, a week long event designed to promote the safe use of alcohol; Mocktail Bars for organizations, the non-alcoholic bar for organizational dances and events; the Designated Driver Program, a free ride service during dances and events for those who have had too much to drink; and TIPS, the Training of Intervention Procedures for Servers of alcohol. In addition, Thornton says

"BACCHUS works with University officials to develop on-campus alcohol policies."

For this coming year, BACCHUS has many exciting events planned including the annual Alcohol Awareness Week with a parade following the event, the National BACCHUS conference in Orlando, Fla. and various other activities on campus.

Last year, the CNU chapter was one of twelve chapters to be recognized at the National Conference in Pittsburgh, Pa. Also receiving national recognition was CNU Chapter Faculty Advisor Brenda Gesselman, who was one of six BACCHUS advisors to be awarded.

Bacchus' officers for the upcoming year are Thornton-President, Kevin Kelly-Vice President, Shaun Mundell-Secretary and Robby Hipps-Treasurer. The faculty advisors for the chapter are Gesselman, Jimmy Stamey and Glenn Vought.

Thornton is very enthusiastic about the upcoming year and the chance of increased membership. "A lot of students have expressed interest in getting involved next year," said Thornton. Students interested in joining BACCHUS can contact Thornton at 874-4272 or come by the office located in room 209 of the Campus Center.

Men's tennis ends on high note

By Jim McHenry
Sports Editor

Christopher Newport University's Men's Tennis capped off a successful 1992 season with a tie for the championship of the Dixie Conference with Methodist College. The Captains went 3-0 in the Dixie Conference (8-2 overall).

According to CNU coach **Craig Reynolds**, Methodist provided the Captains with their toughest competition during the conference tournament. Said Coach Reynolds, "the irony was we defeated them (Methodist) during the regular season but lost key matches to them in the tournament." The Captains defeated Methodist 6-3 during the 1992 regular season due to strong performances by seniors **Holden Knight** and **Robert Downen**, as well as **Thomas Ornoff** and the three doubles teams.

The high note of the 1992 season came with Knight receiving a bid in the NCAA Division III tournament. After suffering a first-round loss the previous year in the tournament,

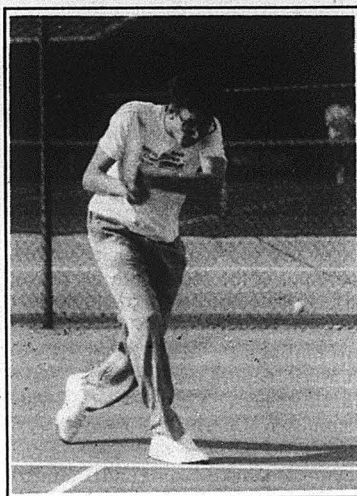


Photo Courtesy of Wayne Block
Holden Knight displays the form which earned him a NCAA Division III bid.

Knight overcame adversity by advancing to the quarterfinal round before being upset. "After losing in the first round last year, Holden made a big

turn around in his game," praised Coach Reynolds. Coach Reynolds continued by adding that "He (Knight) really overachieved this year." As a result of this overachievement, Knight rose from 53rd in the previous year's final poll to 4th in the 1993 final poll.

Unfortunately, with the loss of Knight and Downen, Coach Reynolds will be looking for new standouts and leadership for the upcoming season. Returning for the Captains will be Ornoff, **Jack Schwolow**, **Marty Reinfeld** and **George Jango**. Also returning for the Captains, but as a player, is last year's team manager, freshman **Sandro Soares**. Hailing from Brazil, Soares may be one of the standouts Coach Reynolds is seeking. "He (Soares) has the potential to be the team's number one seed," said Coach Reynolds.

Even with the loss of two key players, expectations are high for another conference championship in 1993. With tough competition coming from Methodist College and Averett College, this could be an exciting season for the Captains.

Wins just out of reach for CNU soccer

By Jim McHenry
Sports Editor

In his 5th season, Christopher Newport University soccer coach, **Craig Reynolds**, faced one of his most frustrating seasons in 1992. The Captains finished the regular season with a record of 2-2-1 in Dixie Conference play (8-7-1 overall). But the Captains' final record is deceiving due to the fact that most of the losses were by only one goal. According to Coach Reynolds (48-38-11 in his career), "three of the losses and the tie were against nationally ranked teams, and the losses were by only one goal each." One of the losses was a 2-1 loss from a goal scored with just thirty seconds remaining in overtime. Coach Reynolds continued by saying, "the wins seemed to be just out of reach."

But looking forward to the 1993 season, Coach Reynolds seems very excited. And he may have every reason to be. Returning for the Captains this year will be **Steve Downes**,

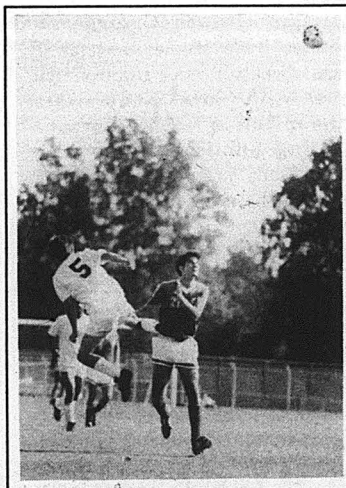


Photo Courtesy of Wayne Block
The ball seems "just out of reach" of Demo Saras (21).

midfielders **Geoff Meadows** and **Carey Aliff**, and forward **Ian MacPherson**. MacPherson was the

Dixie Conference's leading scorer for the 1992 season.

New faces on the team will include freshmen prospects **Greg Mauney** (Denbigh High School), **David Showers** (Woodbridge High School), and **Brian Ellwood** (Prince George High School). Also joining the 1993 squad will be junior-college transfers, **Paul Brinkel** and **Matt Cotten**, from New York and New Jersey, respectively.

Tough competition from Methodist College, Virginia Wesleyan College and Mary Washington College will stand in the Captains' way. Changes to watch out for in the 1993 season's team are a stronger defense and more goal scoring. Perhaps this new combination of talented players is what the Captains need to bring those wins into reach and the conference title to CNU?

The Captains' 1993 season begins on Saturday, September 4, with an away game at Barton College. The Captains' home opener will be on Wednesday, September 15th, against Marymount University.

Lacrosse club new at CNU

By Cathy Cunningham
Staff Writer

During the first week of classes for the 1993-94 academic year, **Cabell Venable** and **Pete Majewicz** will be at a table in the Campus Center willing to sign-up students to play lacrosse.

Lacrosse originated from Native Americans and was a game used to settle disputes. According to **Jim Secord**, who coaches a men's team in Newport News, "Lacrosse is the fastest growing indoor sport in America." People play it in or outside.

Lacrosse has the same rules as hockey, but it is more fast-paced. Like soccer, the objective consists of out-manuvering the opposing team consisting of ten people. The players manipulate a baseball sized ball with three to six feet long Lacrosse sticks.

Guarding a 4 feet by 6 feet net, Venable, a sophomore at Christopher Newport University, majoring in Computer Technology Programming, plays the position of goalie on Secord's team. The position a team member plays determines the amount of equipment he needs. For men, equipment includes gloves, shoulder pads (thinner than football shoulder pads), arm pads and a helmet. Women generally do not use a helmet, and they traditionally wear kilts.

Secord, 28, started his team with military men and several CNU students, including Venable. Secord's team now plays in the Southeast League for Virginia. They have competed against several colleges in Virginia, one in Birmingham, Ala. and Charleston, S.C.

On May 15, 1993, the Student Government Association ratified the Lacrosse club constitution, making it a new CNU organization. Venable, who initiated the Lacrosse Club at CNU, plans to start practice in the Fall 1993-1994. The Lacrosse season runs from July to the following June. If team members practice, they can start playing against Old Dominion University, Wesleyan College, University of Virginia and many other teams in the Central Atlantic Lacrosse League for Colleges.

"Lacrosse is the most fast paced, hard-hitting sport. For me, it's been an addiction. Ever since I started, I love it," said Venable.

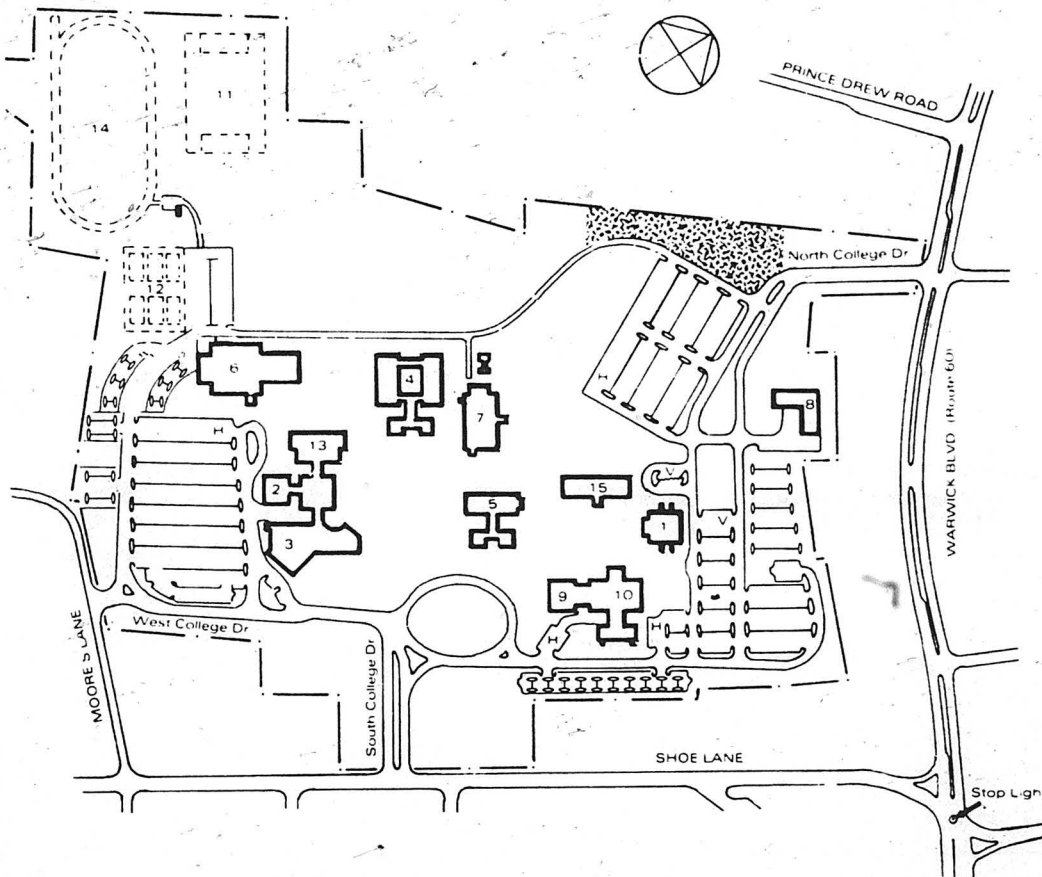
Sign-ups for lacrosse at the table in the Campus Center or call Venable at 599-9521.

ARE YOU INTERESTED IN SPORTS?

...OR IN SPORTS WRITING?

**IF THE ANSWER IS YES,
CONTACT THE CAPTAIN'S LOG,
ROOM 223 IN THE CAMPUS CENTER OR CALL 594-7196**

CAMPUS MAP



Christopher Newport University

- | | | |
|----------------------------|------------------------|--------------------|
| 1. Administration Building | 6. Ratcliffe Gymnasium | 11. Soccer Field |
| 2. Book Store | 7. Science Building | 12. Tennis Courts |
| 3. Campus Center | 8. Service Building | 13. Theatre |
| 4. Gosnold Hall | 9. Smith Hall | 14. Track |
| 5. McMurrin Hall | 10. Smith Library | 15. Wingfield Hall |

V - Visitor Parking

H - Handicapped Parking



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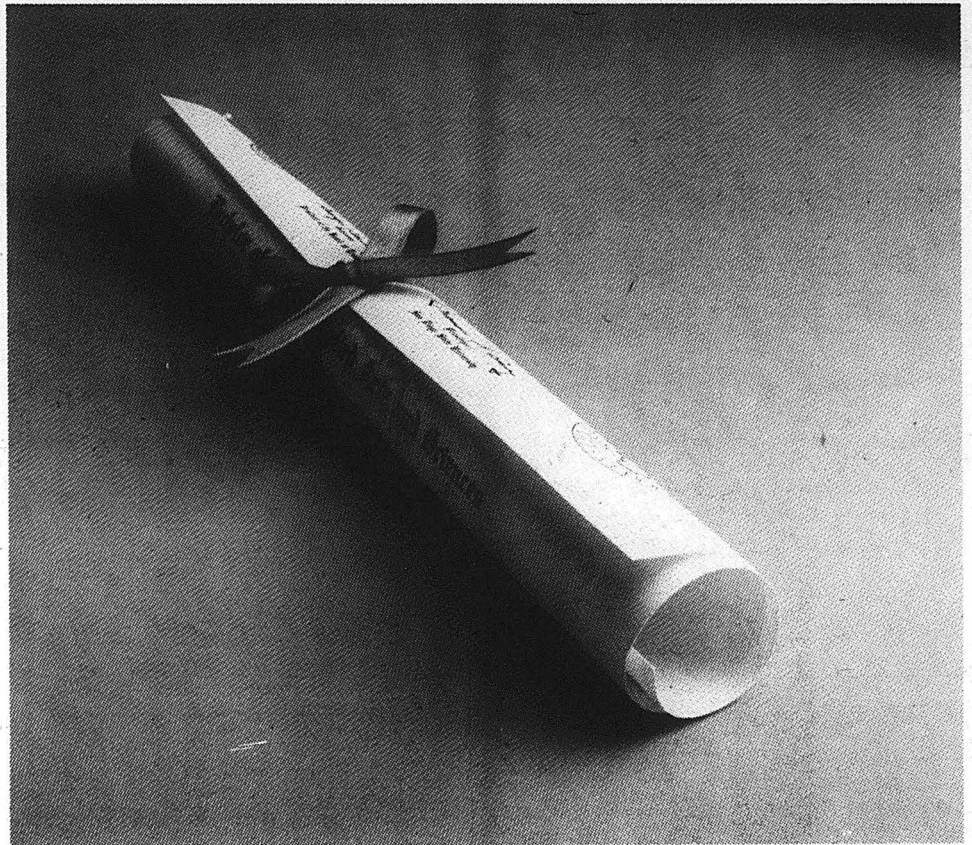
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**THE EARTH HAS SUSTAINED LIFE
FOR MILLIONS OF YEARS, DON'T
YOU THINK IT'S TIME WE SAVED
HERS!**

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Wild Kingdom

Distributed by Tribune Media Services
By Anthony Robino, Jr.

"Laugh at yourself first, before anyone else can." —Elsa Maxwell

How to Tell if You're an Idiot

Answer the following multiple choice questions, and find out!



You are next in a long line for the check out counter at the grocery store. The clerk rings up your groceries and gives you the total. You...

- ☐ A. pay in cash, get your change and quickly move along.
- ☐ B. pay with a check that you have already started to fall out.
- ☐ C. stare blankly at the clerk, mouth agape, after announcing that you have no cash and you've left your checkbook at home.

You are watching T.V. A commercial urges you to call a 900 number and receive personal advice from a live psychic, at \$5.00 per minute. You...

- ☐ A. chuckle to yourself and change the channel.
- ☐ B. wonder what pathetic idiots actually fall for this.
- ☐ C. dial the number and chat with Madam Tosh, into the night, about your financial woes.



Years is the first in a line of cars stopped at a traffic light. The light turns green. You...

- ☐ A. already have your vehicle moving forward in anticipation of this phenomenon.
- ☐ B. look both ways, just to be safe, then drive through the intersection.
- ☐ C. examine the booger you've just picked from your nose and wonder why the people behind you are beeping their horns.

If you answered (C) to any of the above questions you are, in fact, an idiot. Clip the label below from your newspaper and paste it on your forehead. Now go sit somewhere quietly.

!!!!WARNING!!!!

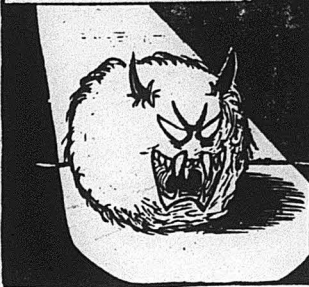
I'M AN IDIOT!
SPEAK TO ME AT YOUR OWN RISK!

Attention
Fraternalities and
Sororities!

YES! This label is also ideal
for use on your pledges!!

LIFE ON THE DARK SIDE: THINGS TYPICALLY FOUND IN A COLLEGE DORM ROOM

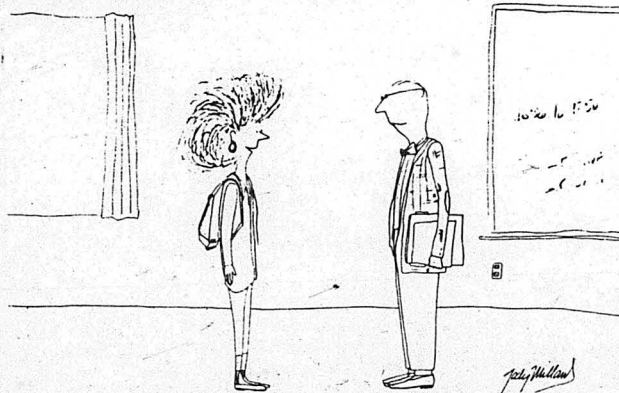
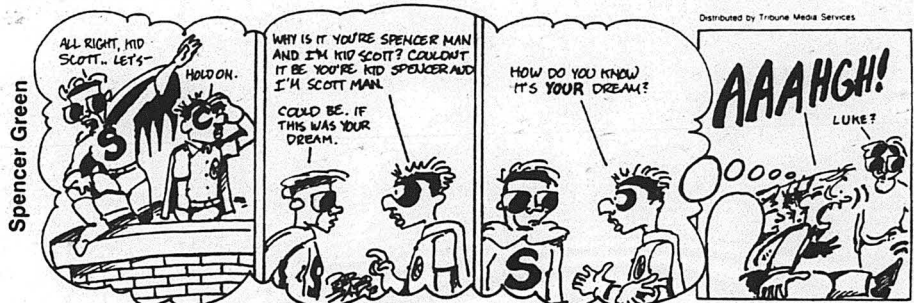
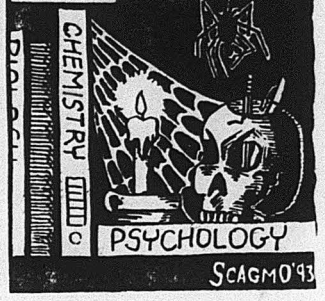
DUST BUNNIES FROM HELL



FOODSTUFFS TRANSFORMING INTO CHIA PETS



TEXTBOOKS



"Dr. Foster, I know I'm listed as Tiffany Deseray Stellman on your roster, but I actually prefer my nickname -- Linda."



SUMMER 1993 ORIENTATION LEADERS

STUDENT ORIENTATION LEADERS

Bartz, Erika (Soph.): Phi Mu Fraternity

Bender, Susan (Sr.): Cross country, indoor/outdoor track

Binniker, James (Sr.): Pi Lambda Phi, Biology Club,
Homecoming nominee

Burgess, Jon (Jr.): Sigma Pi Fraternity-Treasurer, ROTC
cadet, CAB

Burnett, Sarah (Soph.): Sophomore representative to the
Honors Council, 4-yr. State College representative to the
Virginia Collegiate Honors Council

Campbell, Monica (Sr.): Social Work Club, *Voices of
Unity*

Council, Amani (Soph.)

Davis, Anne (Soph.): Wind Ensemble, Gamma Phi Beta

Green, Karla (Jr.): Alpha Kappa Psi, DPMA

Griffith, Susan (Jr.): Phi Mu-Membership Director

Haynie, Heather (Sr.): Phi Mu-Summer 1993 Rush Coun-
selor

Helton, Heather (Sr.): SGA

Keesecker, Beth (Jr.): Phi Mu

Lee, Christy (Soph.): SGA-Budget and Finance Commit-
tee, CAB

Lysaght, Jennifer (Soph.): Women's Volleyball-Stat-
tics, CAB

Martin, Sheila (Soph.)

Micket, Jennifer (Soph.)

Muir, Jennifer (Sr.): Psi Chi

Pearsall, Lemvel (Soph.): Cross country, track, SOL-1992

Perry, Elisa (Jr.): Phi Mu

Powers, Darcey (Soph.): Phi Mu

Rees, Alicia (Soph.): Gamma Phi Beta, University Cho-
rale, *The Merry Widow*

Sandoral, Sheila (Soph.)

Santamarla, Tamoris (Soph.)

Sivertson, Teresa (Soph.): Gamma Phi Beta-Member Edu-
cation Vice-President

Smith, Amanda (Sr.): Phi Mu

Smith, Wenda (Sr.): Biology Club, Chemistry Tutor, Alpha
Chi

Walden, Theresa (Soph.)

Williams, Chandra (Soph.): SOL-Summer 1992, MSA,
DPMA

Winfrey, Carrie (Jr.): CAB-Assistant Director, Gamma Phi
Beta-Vice Pres

Transfer Student Orientation Leaders

Foulk, Beverly (Jr.): American Marketing Association, Alpha Rho-Pledge
Class Vice-president; Alpha Kappa Psi

Krashna, Lisa (Sr.): International Student Association, Circle K, SGA

Southard, Janet (Sr.)

Sparks, Amy (Sr.): History Club, Alpha Chi National Honor Society

Wesen, Ann Marie (Jr.)

Young, Juley (Jr.)