



# The Captain's Log

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

@CNUCAPTAINSLLOG

WWW.THECAPTAINSLLOG.ORG

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THE STUDENT GOVERNMENT ASSOCIATION WITH MEMBERS OF THE FACULTY AND STAFF WHO WAS HONORED DURING STAFF APPRECIATION DAY  
PHOTO COURTESY TO CONNOR BUTTERWORTH/ SGA

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March 30  
Jazz Combo Concert  
8pm; Peebles

March 31  
Jazz Concert  
7pm; Peebles

March 31 at 8pm  
Straight No Chaser at CNU  
Student Tickets on Sale Now  
for \$25 at Ticket Office

April 1  
DSU Takeover: Clue

April 2 and 9  
Admitted Freshmen Day

April 5  
Opera Workshop

April 6  
Composers Forum

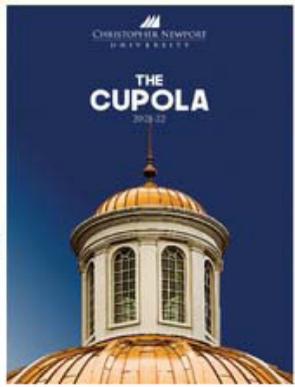
April 7  
University Chorale  
Concert

April 8  
Paideia

April 8-10; 15-16  
Theatre CNU presents  
Everybody

April 11  
An Evening of Chamber  
Music

*Become a published scholar!*



Christopher Newport University's  
Undergraduate Research Journal

## THE CUPOLA 2021-22

*Call for Submissions*

To be eligible, undergraduates must submit an electronic version of their paper or poster following the submission guidelines. Papers and posters presented at Paideia are especially encouraged.

Published authors receive a \$100 award.

Top papers receive \$500 Cupola Awards.

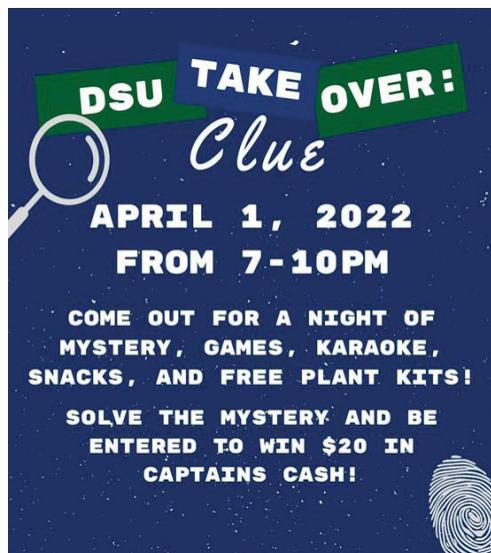
**DEADLINE FOR SUBMISSION: 5 P.M., MAY 13, 2022**

For complete information, go to [my.cnu.edu/research/programs](http://my.cnu.edu/research/programs)



Dr. David A. Salomon, director, OURCA: [david.salomon@cnu.edu](mailto:david.salomon@cnu.edu) · Library 230  
OFFICE OF UNDERGRADUATE RESEARCH AND CREATIVE ACTIVITY

COURTESY OF THE CAMPUS ANNOUNCEMENTS



**DSU TAKE OVER:**  
*Clue*

APRIL 1, 2022  
FROM 7-10PM

COME OUT FOR A NIGHT OF  
MYSTERY, GAMES, KARAOKE,  
SNACKS, AND FREE PLANT KITS!

SOLVE THE MYSTERY AND BE  
ENTERED TO WIN \$20 IN  
CAPTAINS CASH!

COURTESY OF THE CAMPUS ANNOUNCEMENTS



FRIDAY, APRIL 1ST

# UNLEASH THE TALENT

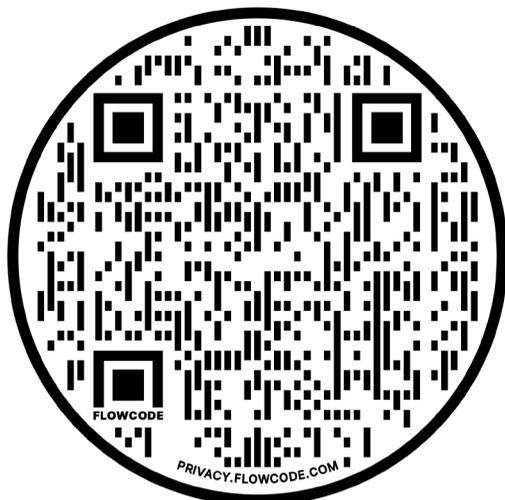
RETURNS!

GAINES THEATER AT 7:30 PM

TICKET PRICING:	DSU PRESALE \$5	AT THE DOOR \$7
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**HYPNOTIC CONTROL**

COURTESY OF HYPNOTIC CONTROL



Interested in the  
Captain's Log?  
Scan the QR code to see  
our social media sites  
and forms for story  
requests or email list!

**LOOKING FOR HOUSING NEXT YEAR?  
COME TO THE  
OFF CAMPUS HOUSING FAIR!**

FIND OUT INFORMATION ABOUT LEASING  
AND LOCAL COMPLEXES

**THURSDAY, MARCH 31ST  
4-5:30 PM  
FREEMAN 201**



COURTESY OF CAMPUS ANNOUNCEMENTS

## Housing Tips from the Residence Hall Association (RHA)

As the Housing process begins soon with the Roommate mixer later this week, here are some tips from the Residence Hall Association shared by Kit Hodges, RHA's director.

1. If you don't have a roommate, post on your class Facebook page in the hopes of someone seeing it also needs roommates/suitmates.
2. Don't forget to fill out a personal bio about themselves on starrez. If anyone goes random, doing so can make it easier to be paired with people that are similar.
3. If you have roommates already, do not forget to sign up for housing with the earliest time slot you have available. Always have a backup plan if you do not get in the residence hall you really wanted to.

Housing registration happens on April 2nd for rising 2nd year students. Time tickets become available on March 16.

For more relating to the housing process, it can be found on [my.cnu.edu/housing/process](http://my.cnu.edu/housing/process).



COURTESY OF RHA

**PAIDEIA**  
CHRISTOPHER NEWPORT UNIVERSITY

**20th ANNUAL  
CONFERENCE FOR STUDENT RESEARCH**  
APRIL 8, 2022  
Tribble Library and Torggler Fine Arts Center



**11:30 a.m.: Registration opens**  
Tribble Library Atrium

**Noon-6 p.m.: Conference**  
Student presentations in Tribble Library and the Torggler

**6:30 p.m.: Keynote: Linda Villarosa**  
Peebles Theatre  
"Under the Skin: The Cost of Racism and Inequality on the Health of Our Nation"  
Book signing and reception to follow

Paideia program  
Available April 1

OFFICE OF UNDERGRADUATE  
RESEARCH AND CREATIVE ACTIVITY

Book signing courtesy of Book Warehouse of Williamsburg.

Keynote address co-sponsored by Office of Undergraduate Research and Creative Activity; Sentara Health Diversity and Inclusion; Department of Communication; Department of English; Department of Sociology, Social Work and Anthropology

For more information, contact Michaela Baux at [michaela.baux@cnu.edu](mailto:michaela.baux@cnu.edu) or (757) 594-8586.

COURTESY OF DR. DAVID SALOMON

## Registration Tips from the Registrar

As advising gets underway and class registration beginning next week, here are some tips from registrar, Julianna Wait. An email with important information about the process was sent to students on March 3. The subject of the email was Advising and Registration for Summer/Fall 2022.

1. Review that email if you have not done so.
2. Set a meeting up with your advisor if you have not done so.
3. Go into the advising appointment prepared.

When you have the meeting, preparation means, having an ideal schedule and alternate schedules in mind with not only different days/times of the courses you desire, but different courses that satisfy that requirement. When reviewing and checking what requirements exist (prerequisites, corequisites, etc.) for the courses you desire to take, the schedule of classes is a helpful tool.

Wait encourages students to check the schedule often as course availability can change throughout the registration period.

Wait also encourages students to remember to take a look at schedule of classes the evening before their registration day.

After receiving their pin, students should review the following:

1. Registration guide for students for instructions on how to verify their Fall 2022 alternate PIN, before registration day;
2. How to check their registration status and timeticket (the days and times they are eligible to registrar);
3. How to conduct a degree evaluation;
4. And how to register for their courses using CNU Live.

Additional dates registration dates for Fall throughout the Summer is found on the registrar website ([cnu.edu/registrar/registration](http://cnu.edu/registrar/registration)) and is available to the right.

As a note, there is no alternate/registration PIN needed for summer courses. Registration for them opens at 8am on March 18.

If there is any questions, the Office of the Registrar is located in the Commons (first floor) of CNH!

*Dates for Fall 2022 registration is as follows for currently enrolled students:*

Graduate students: Friday March 18 at 10am  
Undergrad with at least 106 earned credit hours: Tues. March 22 at 7 a.m.

Undergrad with 90-105 earned credit hours: Tues. March 22 at 7:30 a.m.

Undergrad with 76-89 earned credit hours: Thurs. March 24 at 7 a.m.

Undergrad with 60-75 earned credit hours: Thurs. March 24 at 7:30 a.m.

Undergrads with 46-59 earned credit hours: Mon. March 28 at 7 a.m.

Undergrads with 30-45 earned credit hours: Mon. March 28 at 7:30 a.m.

Undergrads with 16-29 earned credit hours: Wed. March 30 at 7 a.m.

Undergrads with at most 15 earned credit hours: Wed. March 30 at 7:30 a.m.

Registration closes on Fri. April 1 at 11:59 p.m. for all graduate and undergraduate students.

Note: Registration time tickets are assigned based on earned credit hours (in progress courses are not included)

*Dates for Summer 2022 registration is as follows for currently enrolled students:*

May Term: Fri. March 18-Tues. May 10

Summer Term I: Fri March 18-Wed. June 1

Summer Term II: Fri. March 18-Wed. July 6

## CNU Celebrates its 8th annual CNU Day

Another successful day of fundraising for the books!



**EVELYN DAVIDSON**  
EVELYN.DAVIDSON.20@CNU.

CNU Celebrates its 8th annual CNU Day

Take a look at which areas received the most support this CNU Day

~Evelyn Davidson, News Editor~

On Wednesday, Mar. 16, the CNU community celebrated its 8th annual CNU Day. CNU Day is a celebration of the university meant to raise money for various purposes, including sports, the honors program, the educational departments, and scholarships, to name just a few areas of support. Last year, for the first time ever, was a \$1million CNU Day.

In a video promoting CNU Day 2022, President Tribble said, “26 years ago we set out to build another great university for America. Working together we’ve come a long, long way and I’m very grateful for all that we’ve accomplished together. Most of all, I will always treasure the opportunity that I was given to serve extraordinary students who have brought this campus alive with their energy, enthusiasm, and intellect. We want our students to choose to live lives of meaning and consequence and purpose. That’s what we call lives of significance and that’s what makes Christopher Newport precious. Now as Rosemary and I prepare to retire, it’s your turn. We are counting on each of you to carry us forward, to lead, to serve, and yes, to give. This university needs the support of its alumni, friends, and family now more than ever. Remember, together everything is possible.”

This year, CNU received donations from every state in the country except Oregon. The Area of support that received the largest amount of total donations was women’s soccer at \$30,885 with 133 different donors. Following behind women’s soccer was “Area of Greatest Need” at \$23,404 with 226 donors, men’s soccer at \$18,097 with 102 donors, and football at \$17,083 with 185 donors.

The smallest donation was made by one donor who donated \$3 to Women’s and Gender Studies. The next smallest donations were made to the Center for Career and Academic Planning at \$5, the Freeman Center at \$10, and the T. Edward Weiss Endowed Merit Scholarship in Organismal and Environmental Biology at \$20.

## CNU Senior Organizes First Relay for Life Event Since 2019

Donations Still ongoing at [Relay ForLife.org/CNUva](https://RelayForLife.org/CNUva)



**Allison Schurr at Relay for Life**

**GRACE GRILES**  
GRACE.GRILES.20@CNU.EDU

This past Saturday from 7:00pm to 6:00am CNU students participated in a Relay for Life event for the first time since 2019. The event was held in the Freeman Field house where different people walked the track all night. Allison Schurr, an active senior at CNU and Social Work major who helped start the Helping Victims of Violence campaign organized the entire Relay for life event.

“This event has always been a major part of my life, after my grandfather passed away in 2008 from Lymphoma. Being able to hold this event on campus and in person this year was so inspiring. I didn’t know how the CNU community would react as we haven’t had an in person event since 2019, but they were more supportive than I could have imagined. We’re so appreciative of everyone’s support!” Schurr told me.

A total of 30 teams signed up to participate in the event. A majority of the teams were Greek life affiliated. However, the team that raised the most money was not technically Greek affiliated and did not have a booth at the event. The team was called “Ashley Strong” and raised a total of \$6,772. This team is in honor of a CNU student named Ashley Balog who is fighting her second round of cancer. The team with a booth that raised the most money was Sigma Phi Epsilon, which raised \$6,100. At this booth many Sigma Phi Epsilon brothers shaved their heads in honor of cancer, and even a sister of Alpha Delta Pi chopped off several inches of her hair impromptu to donate to Wigs 4 Kids. Many CNU students and a few members of the Newport News community participated, making the total of 575 people who participated at the event.



**“Ashley Strong” Team at Relay for Life**

“The busiest hours were the first half of the night from 7:00pm-12:00am, but we had so many teams and participants there throughout the night. We wanted to keep everyone engaged while remembering the reason we are fighting back,” Schurr said. The goal of the event was to raise \$50,000 to donate to the American Cancer Society. “The event raised \$38,311.84, with more donations still being entered! People can donate on the website [RelayForLife.org/CNUva](https://RelayForLife.org/CNUva) until May 1st, but the American Cancer Society will always appreciate donations at any time of the year!” Schurr said.

# Interview with Dr. Lipatova

## Asking about the Impact of the CNU Community standing with Ukraine

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JARRETT CONNOLLY  
JARRETT.CONNOLLY.20@CNU.

The Captain's Log interviewed Dr. Olga Lipatova on Mar. 28.

**A lot of people were shocked to how did the Flag Raising Ceremony come about? Was this something that you asked to participate in or were you invited to participate in?**

"It was completely President Tribble's idea. He approached me on Thursday or someone from his office called me asking if I was willing to meet with him, at which point I had an idea because Dean Niccole R. Guajardo, the day before, told me that President Tribble was considering having the Ukrainian Flag raised on campus and might be contacting me so she was giving me a heads-up. So I wasn't thrown off when the president's office called me the next day. I then met with him personally for about half an hour. He expressed his concerns and asked me about my family in Ukraine and my feelings about it and mentioned his support of Ukraine and generally democracy and wanted to raise the flag on campus and asked if I would be willing to be part of the ceremony and say a couple of words."

**How do you feel about the CNU Community coming together for the Flag Raising Ceremony?**

"Primarily, of course touched. I definitely didn't expect, not for the wrong reasons, I just didn't know what to expect. It is not anything anyone has experienced before. I was nervous initially, a little bit, about being a part of the ceremony and giving the little speech, but seeing so many people, it made me both more nervous and incredibly touched. It was hard to hold back tears."

"Even the next day, walking across campus to the DSU, I just stopped and took a picture. Seeing it there, everyday. It is kind of ironic because the flag is there until the conflict is over, so part of me hopes one day to not see it there... Although, you know it is very touching and powerful to see it there."

**How did you feel about the Ukraine Teach-In? Did it help the CNU community understand the situation more?**

"Absolutely. I think it was an educational component. If you think about it, why this conflict, why it is raising such a world-wide reaction? What is the importance of this country being under attack? There are many other countries under attack at various times, but because of how it is affecting the world, the balance of power between large superpowers, the idea of nuclear weapons behind and what it means for the future. Dr. Nathan Busch during his session at the teach-in, said prior to this, superpowers that have nuclear weapons are starting to consider reducing that. It is not needed in the world we are living in anymore, why do people need thousands of these weapons in their countries and starting to talk



Dr. Lipatova speaking at the raising of the Ukrainian Flag Ceremony- photo courtesy of cnu.edu

about reducing them across the world and now he believes that after something like this in the current conflict, where nuclear weapons are used to kind of like "don't stand in my way or I am going to use the nuclear weapon", that's going to be used as an example of what others might do and powers are not going to reduce now. They might increase instead, which is really sad what it means for the world. Instead of moving our society towards global peace, we seem to be moving back towards the nuclear age. Now hopefully it is not coming back, but it is not decreasing as one would hope so. Dr. Margarita Marinova gave an amazing session. She presented an Ukrainian poet author. She gave her present a poem that had me burst into tears, but also representing Ukrainian culture and how beautiful it is. I think people appreciated and learned more about Ukraine, about the conflict, about what it means for the world, about the anti-war movement."

**What do you hope people will remember about this time in history?**

"No matter what happens, in terms of whether if Russia gets its way or what happens to Ukraine, I know that Ukraine as an independent nation will not cease because of people's memories. From the teach-ins, the flag raising, the stands, the support, people will remember that country in eastern Europe as all these cultural components. These days, it is not acceptable for these things to happen. It is not acceptable for a superpower to storm in, invade, and make its own government. Ukrainian people, all they want is an independent government that is run the way they want it to run, not authoritarian. And so you can't easily enforce that onto a nation. Again, I like to think we are moving forward, maybe that is what I like. Maybe that would deter nations from doing that in the future. That there is going to be a response and the economic sanctions that are currently imposed

on to the Russia country are nothing to sneeze about. The people are suffering. They are going to go into a recession because of this. This can be viewed as an example of what can happen if this happens again. The response, the support, the sanctions, hopefully deter something like this again."

**If you are comfortable with sharing, how has the Ukraine Invasion affected you?**

"I have extended family in Kharkiv, Ukraine, which is the eastern city. How has it affected my family? My uncle, two cousins, great uncle and great aunt all live there... They couldn't move because my great uncle had a heart attack two months before the conflict and can't live... He is still recovering and his children aren't going to leave him there... But it is tough, they said. My uncle, last week, they said the water has been shut off, electricity is still on, and there hasn't been any heat for the past couple of weeks. But just hearing it, and just sometimes, sit there, half the day will be quiet and you just start hearing missiles in the horizon, and hear something that is so close that you wonder if my building is going to be next. It is insane to think that is happening somewhere and not knowing when it is going to stop. Getting food and water has been difficult. There is a humanitarian aid station in Kharkiv, but my uncle said it is so far away and there is no transportation going on, so you have to walk everywhere and to get there it would take him 2 hours to get there. He doesn't venture out too far from his home because he could get shot along the way. Generally just staying put. The large stores are still open, but running out of simple things like food and water, which is scary."

"From my part, I am not physically affected, but the idea that my heritage and the city I am from is half destroyed. In my teach-in, I presented some historical monuments that have been destroyed,

and if you think about what historical monuments are, they represent the nation's heritage, culture, and memory. What is culture? Culture is our memory. What do we remember about culture? And seeing it destroyed, how could you rebuild that? How could you rebuild that memory? Even though the casualties might not seem like a lot, compared the casualties to COVID, the casualties are not counted in death, but casualties of significance and culture and nation and all of it. If a person can't live in their home is it really life? Millions of people were displaced from their country and they hope there is something to come back to, both from a government and historical perspective."

**You worked on many different coWhat can CNU students do to help the people of Ukraine?**

"So far, the community has been great. So many people are coming to the flag raising and expressing their concerns and support. I had a lot of my lab students and students from my classes mention their support. Honestly, that is super. Seeing students come to the teach-in, be curious, want to learn more, it is incredible. Two weeks, I ran the drive to get some donations of emergency humanitarian aid that is being sent to Ukraine and bordering countries. We collected about two boxes worth from the Center of Community Engagement, and some monetary donations from CNU... This coming Friday, at 4 PM, Lisa Powell in Athletics is going to be leading a Yoga for Ukraine Class. It is not about the yoga per say, but the idea to drive people together. It is a free class with donations. Where we will collect any donations for the Tidewater Ukrainian School in Virginia Beach. They've been doing an amazing amount of fundraising and work. They have some volunteers in various cities in Ukraine and Poland, and are shipping lots of aid. Last week, they sent about 5000 lbs of stuff, costing about \$3000 to pay for the shipment. They collect both aid and money to cover the shipping costs and send money directly to volunteers. It is difficult when dealing with a large number of people and organization is important and making sure it gets to the right people and right place. We are still continuing the drives and not to forget. That is the most important. Not just from students and faculty, but it is difficult to move on. It is still happening... People need to be aware and continue to donate... Donate if possible, but be aware of the event. It is one of the important things for people to do. Learning about and staying informed about the situation."

"I hope a final agreement is reached, hopefully in favor of Ukraine."

## Fruit Ninja

EVELYN DAVIDSON  
EVELYN.DAVIDSON.20@CNU.EDU

The Campus Activities Board (CAB) partnered with the CNU Sustainability club to host a “Fruit Ninja” event on the James River Courts on Friday Mar. 25. At this event, students had the opportunity to get a little messy and smash fruits with a sledgehammer, just like a real-life version of the Fruit Ninja video game. This event served as a great way for students to either relieve stress or just have fun. Boxes and boxes of fruit were set up at a table on the James River basketball court and students could pick from a variety of fruits including mangos, pineapples, and cantaloupes. At a separate table, CAB also provided free smoothies from Smoothie Stop, a local smoothie place that specializes in low sugar and low calorie drinks. At the CNU Sustainability table, students could learn about sustainability and how to better care for the environment as a college student living on campus. Members of the club had flyers showing the types of waste that a student can or cannot recycle at CNU. In addition, they discussed possibly having on-campus composting options in the near future, something that would be a big step towards sustainability for the university. All in all, CAB and the CNU Sustainability club’s Fruit Ninja event was a success and a fun way for students to kick off the weekend.

# Last Call

## CNU Tonight’s Stars Burn Bright

JARRETT CONNOLLY  
JARRETT.CONNOLLY.20@CNU.EDU

For several years now, CNU Tonight has been the premiere sketch comedy troupe on campus. The club’s final show of the semester on March 26th in an almost packed Gaines was one of the most entertaining shows of the semester and a hilarious ride from start to finish.

Boasting an impressive 25 person cast, the group put on sixteen rip tickling sketches back to back. These sketches were all written by the cast and absolutely enthralled the audience. Choruses of laughter followed almost every joke. Sketches ranged from joking about how students become easily lost in Forbes to Scooby Doo parodies to pollen season. Some sketches were well edited videos that were filmed on campus. These sketches were totally in tune with both the humor of today and how CNU Students think.

The final sketch of the night was written and performed by the seniors in the cast. It was a hilarious depiction of a CNU reunion in the future by the class of 2022 while also celebrating the seniors who’ve contributed so much hilarity to the group for four years. You can tell from watching that this is a cohesive unit that creates these sidesplitting sketches and chemistry on stage. The final sketch was met with a standing ovation from a very satisfied audience.

The club’s ability to have lasted as long as it has even during the rough times of COVID is admirable. When in person shows were not possible, CNU Tonight uploaded video sketches onto their YouTube channel using animation and voice acting. They’ve been so resilient in the name of comedy. They really love to entertain and make people laugh.

Even with several senior members of the cast graduating, there is still so much to come from CNU Tonight. Senior, Ian Kelley, expressed optimism for the future of the group, “These new people joining are excited and creative.” Freshman, Andrew Emerson, who will take over as vice president of the group next semester, also expressed optimism at CNU Tonight’s future. Emerson also teased that future sketches were going to be just as well written and exciting as previous ones.

You can support CNU Tonight by following them on their Instagram page and subscribing to their YouTube channel, both are @ theCNUtonight and of course by attending their future shows and supporting these hilarious comedians. Their shows are free and absolutely worth attending.



Left: “beginning of the sketch “execution””

Right: “just a selfie with the audience cause why not?”

All photos and captions courtesy of CNU Tonight



Left: “our director being dragged off stage to be burned at the stake so our new director could take her place”

Right: “our president after being killed so that the new president could take his place”

All photos and captions courtesy of CNU Tonight



# Academy Awards Follow Up

## Were This Year's Oscars A "Hit"?

JARRETT CONNOLLY

JARRETT.CONNOLLY.20@CNU.EDU

History was indeed made on March 27th with the 94th Academy Awards. With amazing winners, celebrations of iconic films, and one unforgettable moment. Out of The Captain Log's predictions for winners made last month, 12 (52%) were correct.

CODA won Best Picture, defeating the 9 other nominees. The film, about a hearing daughter in an all deaf family pursuing a music career, was praised for its human portrayal of the deaf community with a deaf cast playing deaf characters. The film also earned Oscars for Best Adapted Screenplay and Best Supporting Actor for Troy Kotsur, who became the first deaf male actor to win an Oscar. Ariana DeBose became the first queer woman of color to win Best Supporting Actress for her role in West Side Story. Will Smith and Jessica Chastain took home the Best Actor and Actress award for their transformative roles in King Richard and The Eyes of Tammy Faye, respectively. Encanto expectedly took Best Animated Feature and "No Time To Die" won the heavily competitive Best Original Song competition, making Billie Eilish the youngest singer to win the prestigious award. Jane Campion became the 3rd woman in history to win Best Director. Kenneth Branagh won his first Oscar in his extensive career for Original Screenplay. Questlove's documentary on the Harlem Cultural Festival of 1969 won Best Documentary.

But we need to discuss the undoubted highlight of the show. It started with a Chris Rock joke before he presented Best Documentary Feature. Rock made a joke about Jada Pinkett Smith's hair loss, caused by auto-immune disease alopecia, by telling her he looked forward to "seeing her in GI Jane 2". Will Smith came onto the stage, slapped Rock, and shouted "Keep my wife's name out of your f\*\*\*\*\* mouth!" at the comedian. At time of writing, Rock has elected to not press charges against Smith. But the incident has sparked a massive social media debate on whether Smith was right to strike Rock or if he overreacted to the joke. The Academy has launched a formal review of the incident and if Smith should have his award revoked or membership stripped. Regardless of perspective, it would be odd for the Academy to strip Smith of his Award when noted predators and abusers like Harvey Weinstein, Victor Fleming, and Roman Polanski can keep their awards.

The show itself was met with other controversies as well, such as jokes by comedian Amy Schumer which many viewers labeled as "insulting" and the Academy's invitation snubbing of West Side Story star Rachel Zegler. One of the biggest was the Academy's egregious decision to eliminate 12 of the categories, including the short film awards and most of the production related awards, from the live broadcast. Many in the film industry, including Steven Spielberg and Guillermo del Toro, condemned the decision as insulting to those who work tirelessly to make these acclaimed films. It's a great shame that the Academy chose to not hold those artisans who design the

costumes, edit the films, and create the scores to the same value as actors and directors. Hopefully the backlash will encourage the Academy to reverse this decision next year

Regardless of all controversies, the winners deserved their awards. While the popular opinion of the Academy is low, lovers of film have been blessed with lots of great movies in the past year and plenty more to come.

Update from the editor: both parties of the physical assault incident have since apologized at the time of publication(ABC Action News).



**Top: group of award winners pose together on stage(photo courtesy of The New York Times)**

**Bottom: meme photo courtesy of Twitter**

## Tiny Tina's Wonderland Review

### Enter a World full of Guns, Swords, Spells, a Diamond Horse, and Mayhem!

FELIX PHOMMACHANH

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Ready to roll initiative? After Gearbox Software released Borderlands 3 in 2019, they slowly and patiently started to make a spin off game within the franchise, called Tiny Tina's Wonderland. They released it on March 25, 2022. Some context, the Borderlands series is a first-person looter shooter rpg where you usually play as a Vault Hunter, a person who hunts vaults which hold an indescribable amount of treasure, secrets, and monsters. In Borderlands 2, one of the DLC (Downloadable Content) was called Tiny Tina's Assault on Dragon's Keep. That DLC is basically if you mashed together Dungeons and Dragons (D&D) and Borderlands with a dash of Burning Man. It was honestly a great DLC that Gearbox made it its own separate game for people to play.

Wonderlands is an expansion of the groundworks of Assault on Dragon's Keep, fully going into the D&D and fantasy tropes and dialing it up to 20. First, the game does run on the Borderlands 3 engine, which to me personally, sucks as the UI in Borderlands 3 is hard to navigate and has too many things going on. However, the plus side of having it on Borderlands 3 engine, is the expanded loot table/gun customization for each weapon. Borderlands is known for its outlandish and diverse array of gun/weapon parts that make each weapon drop unique. You may find a gun that reloads by throwing it at your enemies, exploding on impact or find a gun that when aimed down sight creates a shield or find a rocket launcher that shoots anchors! The endless possibilities and combinations to find are extraordinary!

The story of Wonderlands is by far better than Borderlands 3. Borderlands 3 had a not so decent story and villains to boot. Wonderlands' story is high above that, but not as high as Borderlands 2's story. The story/tone of the series is comedy

and absurdity that is beyond insanity. From quests that require you to help a farm girl to get several dirty goblin loincloths to attach a female goblin, getting polka dot dye to make it pretty, and kill some skeleton bards to take their tongues to give the female goblin a musical degree to try and impress some other NPC lady to only then fall in love with that said female polka dotted poet goblin! Or wage war against the smurfs. Or walk through a tunnel where a bunch of ghost pirates sing you their life story in the musical styling of Nathan Evans' Wellerman! Yeah, it is full of absurdity and it is freaking great!

The class system is different compared to the series as normally, you pick a preset class of four characters that have a name and backstory like, Zer0, the Assassin, or Lilith the Siren; however in Wonderlands, you create your character, similar to D&D, and pick your class, from the Wizard-like Spellshot to the Dragon Paladin Clawbringer. There are six classes, each having two super-ese abilities to pick and choose. And, at a certain point in the story, you can multiclass into another class that wasn't the one you picked at the beginning. When I first started, I picked the Spellshot class and multiclass into the Spore Warden, giving me a Mushroom Pet that poison enemies and helps heal me when I am down.

Overall, Wonderlands is an enjoyable game with a lot of content and references that will keep you guessing, laughing, and fighting. This is definitely a good purchase and fun game. Go buy it. That is an order from the Bunker Boss Tiny Tina. Do it. Do it. Do it. Do it.



**The Fatemaker looking out at the distance at Dragonlord's Lair.**

**Photo Courtesy of Captain's Log**

## Domination on the Court

### CNU Club Men's Volleyball spikes to victory!

SAVANNAH DUNN

SAVANNAH.DUNN.21@CNU.EDU

The CNU Men's Club Volleyball had an incredible victory this past weekend. They played against 8 other teams at a tournament hosted in the Freeman Field House and it was quite the event.

President Kyle Greber stated, "It was CNU, Old Dominion, William and Mary, Loyola, East Carolina University, VCU, and some others. We did pool play where we played three teams and that would determine your rank, and that's how playoffs would work." To add a little bit more fun to the tournament, Greber said they did it "March Madness style."

Club volleyball at CNU and many other schools is extremely competitive. Men's volleyball is not a very common sport; in the NCAA, there are only 23 division I men's volleyball teams, but 334 division I women's volleyball teams (according to the NCSA website).

So, naturally, most of the men's club volleyball players are the ones who are passionate about the sport, but don't have the opportunity to play it at a varsity level. The players in this league are the best at what they do.

Greber said, "We are blessed with the talent that we have. Our setter, Sean Conway, is incredible. Our outside, Pawel, he's crazy good. Just the talent we have at our school is remarkable."

Along with most other clubs and organizations on campus, Men's Club Volleyball had to rebuild the program after the COVID-19 pandemic put a screeching halt to a lot of activities on campus. In the fall of 2020, Greber and a couple other members were the only ones left to grow the program.

"When I entered, it wasn't great because of COVID. They weren't competing, practices

were iffy, so coming in it was kind of just like a blank slate." Greber and the remaining members of the club began building from the ground up and have worked significantly hard to make the program what it is today.

"We figured out how to fundraise, and do tournaments, and all of that stuff, and winning a huge tournament on Saturday was a really big win for us."

After two years of rebuilding the program, the Men's Club Volleyball team has been able to raise enough money to buy equipment, team gear, and new uniforms, along with building their reputation not just on campus, but in the Eastern Collegiate Volleyball Association (ECVA).

Their victory this past weekend is just another representation of their endless commitment and hard work.



CNU MEN'S VOLLEYBALL STANDING VICTORIOUS  
PHOTO COURTESY OF KYLE GREBER

## The New Kickboxing Club

### A new way to master the art of discipline and the sport

JARRETT CONNOLLY

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Are you interested in combat sports? Looking to learn and become disciplined in a martial art? Do you want to release some aggression and frustration that you've been holding on to in a healthy way? Then the Christopher Newport University Kickboxing Club might be the club for you!

Kickboxing's history is vague but the style is said to have been influenced by both karate and Muay Thai before the style officially became developed as 'kickboxing' in the 1960s. The sport of kickboxing's popularity has grown from the late 1980s into today.

Professional kickboxing is a highly respected sport in places like Japan, The Netherlands, Taiwan, and the United States. UFC Middleweight Champion

Israel Adesanya got his start in combat sports as a professional kickboxer. Actor Jean Claude Van Damme was also a professional kickboxer early in his career.

There have been pushes in recent years for kickboxing to become an Olympic sport as the sport peaks more and more interest.

Junior Jacob Brown is an Officer in the Kickboxing Club and has been a member of the club since the club's inception two years ago. He was previously involved in ROTC Combatics and has had a lifelong passion for combat sports.

When asked on why he believes kickboxing is appealing to students here on campus, Brown said "Of course you have aspects like the learning of the sport and the discipline

that it provides in training but mainly I think it's the fight aspect that draws people in. People get a chance to release all of their anger and frustration in a great way through sparring. It's incredible"

He praised the club for helping him become more disciplined and healthy. He describes sparring with opponents as a "feeling like no other".

Brown is confident that the club will continue to grow on campus and wants to see more students join Kickboxing Club "so that they too can hopefully unlock a passion in this sport like I have". He thinks many students could benefit from what the club has to offer.

The Kickboxing Club meets on weekends in multipurpose rooms on campus, where they

do drills and sparring. Those interested are allowed two free meetings before dues payment. The club does have its own equipment, but encourages you to bring your own if possible. You can find them on Instagram at @kickboxingclubcnu.

KICKBOXING IN ACTION  
PHOTO COURTESY OF FREE  
RANGE STOCK



# Diversifying the NFL

## The NFL expands across racial and gender lines

ELIJAH WILLIAMS  
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In a recent announcement by the National Football League, all thirty-two of the NFL teams must hire a minority offensive assistant for its upcoming 2022-23 season. This change in policy arrives after mounting pressure and outcry from fans for the NFL to be more inclusive. In addition, it is also a step in the organization's direction to increase their diversity efforts.

While this may be a great step for the NFL, many have speculated that this action was forced due to the ongoing legal lawsuit that the league has with former Miami Dolphins head coach, Brian Flores. For those who have not been keeping up, back in February, Flores accused the NFL of racial discrimination in regard to its hiring practices around African-Americans.

Currently, the case has di-

vided coaches across all the league with many claiming that Flores's accusations are false. On the other hand, supporters of Flores like the Pittsburgh Steelers coach, Mike Tomlin have expressed their excitement of how this lawsuit is proactively changing the NFL.

In a recent press announcement, the sports organization has stated that the coach can be "a female or a member of an ethnic or racial minority".

Overall, the primary purpose of this change is to increase minority representation in the offensive coaches pool that will hopefully produce the most sought-after candidates for head-coaching positions. This new requirement will be the first hiring

mandate in the history of the Rooney Rule.

If you are thinking to yourself 'what is the Rooney Rule', then keep on reading! The Rooney Rule is a policy set forth within the NFL which requires the league to interview minority candidates for the head coach or top organizational position.

Surprisingly, there has been no hiring preference given to minorities in the history of the NFL, just an interview one. Meaning that minorities are only forcefully offered an interview, not an actual job.

In addition to expanding across racial lines, the change also applies to women.

For the upcoming fall season, the National Football League has increased the minimum requirement to interview

not one, but at least two women for prominent positions within the sports league.

Even in the midst of changes, there have been calls by many, even NFL Commissioner Roger Goodell himself, to just completely scrap the Rooney Rule and start from scratch. However, there are others who agree that the current state of the Rooney Rule has been helpful to the league's diversity efforts as a whole.

For this writer, it has been a slow and gradual process from where the NFL has come from. And while, there are still ways to go for the NFL to be more fully inclusive, these small changes will have a greater impact down the line for those rising coaches, offensive and defensive assistants who aspire to be in these positions.

## Here's What You Missed!

### Headlines from the Wacky World of Sports....

- 1) After a series of surprising upsets, Duke, UNC, Kansas, and Villanova will be facing off in the Final Four of March Madness.
- 2) After a 99 - day lockout, Major League Baseball will return with opening day slated for April 7th.
- 3) CNU's own Dylan Rice and Burke Widhelm sweep Coast-to-Coast Athletic Conference Men's Lacrosse Player of the Week Awards

What's happening soon in Sports:

March 30th - April 6th\*

\*Games listed are happening at CNU

March 30th:

Men's Lacrosse  
CNU v. Williams College  
Time: 7:00pm

April 3rd:

Men's Baseball  
CNU v. Eastern Mennonite University  
Time: 1:00pm

Women's Softball:  
CNU v. Greensboro College  
Time: 2:00pm & 4:30pm

April 5th:

Women's Lacrosse:  
CNU v. St. Mary's College of Maryland  
Time: 5:00pm

April 6th:

Men's Baseball  
CNU v. Methodist University  
Time: 3:00pm

To look at events off campus and for future weeks, visit [cnusports.com](http://cnusports.com)

## What An On-Campus Job Can Be Like Interviews with a couple of CNU students about their experiences

GRACE GRILES

GRACE.GRILES.20@CNU.EDU

Christopher Newport University prides themselves on the amount of opportunities students have to be involved on campus. One of the practical ways an individual can get involved on campus is through having a job on campus. From front desk positions to barista positions everyone either works on campus or at least knows someone who works on campus. However, having the majority of campus run by young busy college students must be interesting. Colleen Manover has had several campus jobs including an orientation leader, Telemarketer at the Office of Advancement, Summer Resident Assistant and is currently a Front Desk Assistant. Even though Manover has worked several different jobs she talked about them all in a collective manner. When she was asked if the campus jobs have ever caused her extra stress she simply replied, "Yes,

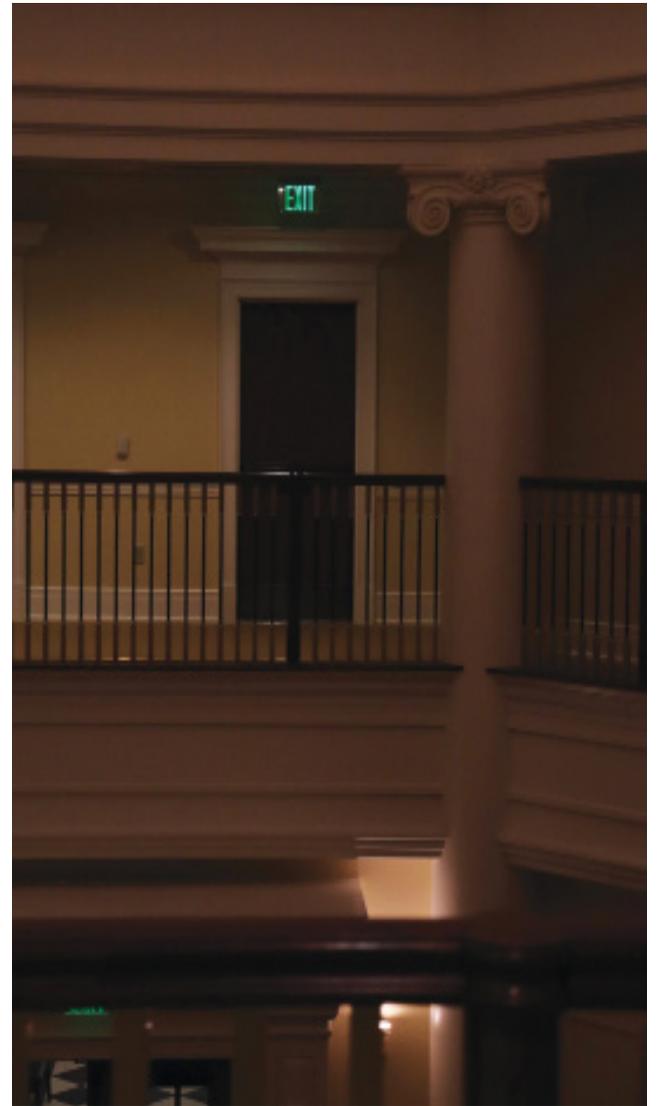
but I would say it currently does not outweigh the money." I asked Manover if the different jobs contained different types of stresses and said, "I would say yes, being on the Residence Life staff is less stressful than the other jobs. The residence life community is more welcoming. Other jobs are less welcoming when it comes to client personnel as well as the staff community." Next I asked Manover if she felt that having a campus job prepared her for the workforce outside of CNU. "I would say yes, but only how to deal with certain kinds of bosses as well as how to keep pushing certain hours and constantly driving when you have a mass amount of shifts and working more hours than you are supposed to," Manover answered.

The second individual I interviewed was Chip Herrera, a freshman who just started at Einstein's in early November.

This impromptu interview was done while Herrera was behind the barista bar. A part of me wonders if that influenced his answers. However, from what I could tell from his demeanor, his eagerness to answer the questions was not influenced by his other coworkers who stood back and refused to say anything to me. I asked Herrera if he felt that this campus job has caused him extra stress. "Not really. I mean it's the stress that I expected and the hours are pretty flexible. I have been able to balance my classes and extracurriculars on top of it. So I would say no," Herrera answered. I also asked Herrera if he felt that an on campus job was better than an off campus one. "Oh yea, because here they're like oh yeah you're a student, and they are going to be a little bit more lenient if you are struggling with school and all that they'll take that into account. An off campus

job, I don't know about that. I feel like they would be like I know you're a college student, but here you are an employee first," Herrera said.

I then asked Herrera if he felt that this job has prepared him for the workforce. He was quick to express that he did feel that way. "I never worked a job period, and I started working here. I learned how to balance social life, school life, and work life. If I ever wanted to become a barista at Starbucks or something, I have learned how to be one," Herrera said. Finally, I asked Herrera if interacting with his bosses and or leaders has given him an insight on CNU. He was rather confused about this question, so I asked the other baristas, and they refused to answer.



DOOR TO SECRET HALLWAY.  
PHOTO COURTESY OF CAP-  
TAIN'S LOG

## Luter's Fourth Floor

### Why's there a secret hallway?

SAVANNAH DUNN

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On a small campus like ours, it is sometimes difficult to find things to do when you're bored - especially on a Tuesday night when there usually isn't anything going on. A couple of weeks ago, my suitemate and I decided to go for a walk, and for whatever reason thought it would be a fun idea to walk around the academic buildings late at night. We started with McMurrin, which didn't have anything too interesting going on, and then made our way over to Forbes. We had never been to the third floor of Forbes, so we went up there to do some "ghost hunting." Other than the lights flickering and then getting startled by a custodian leaving for the night, we didn't really find anything interesting.

However, after posting about

our ghost hunting adventures on YikYak, someone responded with directions to a secret hallway on the fourth floor of Luter. I didn't even know Luter had a fourth floor, so immediately we went to check it out. The directions said, "3rd floor - go to the rotunda, and take the stairs to the 4th floor, go in the door marked exit." Yes I know, it probably wasn't the best idea to take directions from a stranger on an anonymous app, but we were bored and very invested at that point. So, we followed the directions and took the stairs to the fourth floor (which honestly, the whole time we were up there it seemed like an off limits area which made it even creepier). It took us a couple of minutes to understand the directions from YikYak because

there were multiple doors with signs marking exit, but once you find the correct door, you know... I will not go into detail of what is back there for the sake of the people that want to check this campus "gem" out on their own, but if you follow the directions from YikYak which I quoted earlier, you are sure to find what you are looking for. If you do decide to check it out then I wish you happy hunting and godspeed.



LUTER HALLWAY LOOKING UP  
PHOTO COURTESY OF THE CAPTAIN'S LOG

# Hidden Figures Lecture Recap

The author of the book *Hidden Figures* talked at CNU

**JOSHUA GRIMES**  
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The campus community and beyond came together in the Diamonstein Concert Hall to share in a special book signing presentation. The author that the event was all about was Margot Lee Shetterly, who wrote the *Hidden Figures* #1 New York Times Bestseller book that sold over 1 million copies worldwide and was adapted into an academy award-winning movie. This signing became the first since Feb 2020 for Shetterly.

Shetterly, who is a Hampton native and currently the Scholar-In-Residence at the University of Virginia with joint appointments in the McIntire School of Commerce and the School of Engineering, was invited by Dr. Laura Puaca, a professor of history in the Department of History and director of CNU's program in Women's and Gender Studies, as well as the Hampton Roads Oral History Project. In the presentation, Shetterly talked about how the book came together by telling the facts, story, and history.

The journey toward the *Hidden Figures* book began

in December 2010. The book launch was in 2016. Shetterly's first book presentation was on March 20, 2014. Since then the book has been made in three editions and in 17 languages. The movie was screened at The White House in December 2016.

After the presentation, the book signing had a long line wrapped around the Diamonstein lobby. Students who attended were able to pick up a free book from the Office of Advancement for Shetterly to sign.

What began as asking Pauca's the Long Civil Rights Movement class' interest about coming to the event, ended up being an incredibly successful event that brought the campus community and beyond together.

Those that attended included faculty, students, staff, Community captains and members of the community such as the Hampton Roads Branch of the Association for the Study of African American Life and History (ASALH). Sponsors of the event include

the Bank of America, ASALH, the Peninsula Alumni Chapter; the departments of History; Physics; Computer Science, and Engineering; Communication; Mathematics; English; Fine Art and Art History; Theater and Dance; Sociology; Social Work; Anthropology; and Modern and Classical Languages and Literatures. Other sponsors include the Vice President of Student Affairs office, the Tribble Library and our librarian Mary Sellen, Dean Lori Underwood of the College of Arts and Humanities, Dean Nicole Guajardo of the College of Natural and Behavioral Sciences; CNU's new Chief Diversity, Equity, and Inclusion Officer Vidal Dickerson, Courtney Michelle from the Office of Communication and Public Relations, who designed the beautiful flyer, and Maria Herbert, who is also on CNU's Board of Visitors.

THE HAMPTON ROADS ORAL HISTORY PROJECT AND WOMEN'S AND GENDER STUDIES PROGRAM present

**MARGOT LEE SHETTERLY**  
Bestselling Author of *Hidden Figures*  
Tuesday, March 22, 2022  
7:30 p.m. | Diamonstein Concert Hall

Book signing to follow

CHRISTOPHER NEWPORT UNIVERSITY

This event is free and open to the public, but tickets are required.

For more information, please contact Laura Puaca at [laura.puaca@cnu.edu](mailto:laura.puaca@cnu.edu).

With special support from the Division of Student Affairs and additional sponsorship from Tribble Library, the College of Arts and Humanities, the College of Natural and Behavioral Sciences, and the Departments of Communications, English, Fine Art and Art History, History, Mathematics, Modern and Classical Languages and Literatures, Physics, Computer Science, and Engineering, Sociology, Social Work, and Anthropology, and Theater and Dance.

HONORS PROGRAM APPROVED EVENT



TOP: POSTER OF EVENT  
PHOTO COURTESY OF CAMPUS ANNOUNCEMENTS

LEFT: SHETTERLY SIGNING BOOKS  
PHOTO COURTESY OF CAPTAIN'S LOG

# CNU Relay For Life

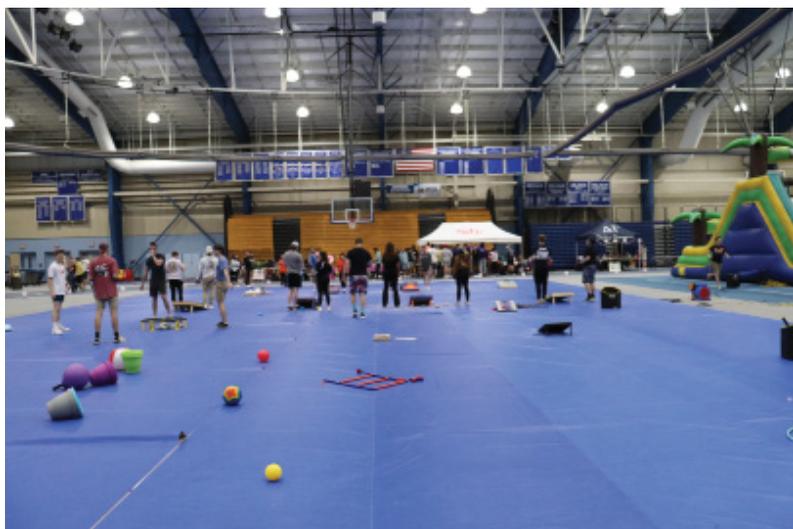
ALL PHOTOS TAKEN BY CAPTAINS LOG EDITOR, SAVANNAH DUNN



THE STAGE PACKED WITH BALLOONS AND A RELAY FOR LIFE POSTER



ONE OF THE BAGS THAT HAD BEEN LAID AROUND THE TRACK



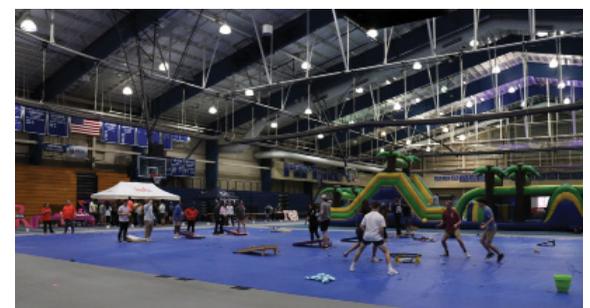
EVERYONE ENJOYING THE GAMES AT THE EVENT



SPIDERMAN SUPPORTING RELAY FOR LIFE



CONOR BUTTERWORTH POSES WITH THE RELAY FOR LIFE FUNDRAISER GOAL POSTER AT THE CAB BOOTH



THE FREEMAN FIELDHOUSE DURING RELAY FOR LIFE



LEFT: FOUR FRIENDS PLAY AN INTENSE GAME OF SPIKEBALL  
RIGHT: THE SIGEPS GATHER AROUND THEIR BOOTH AS MANY BROTHERS PREPARE TO SHAVE THEIR HEADS

# Therapy Dogs on Campus

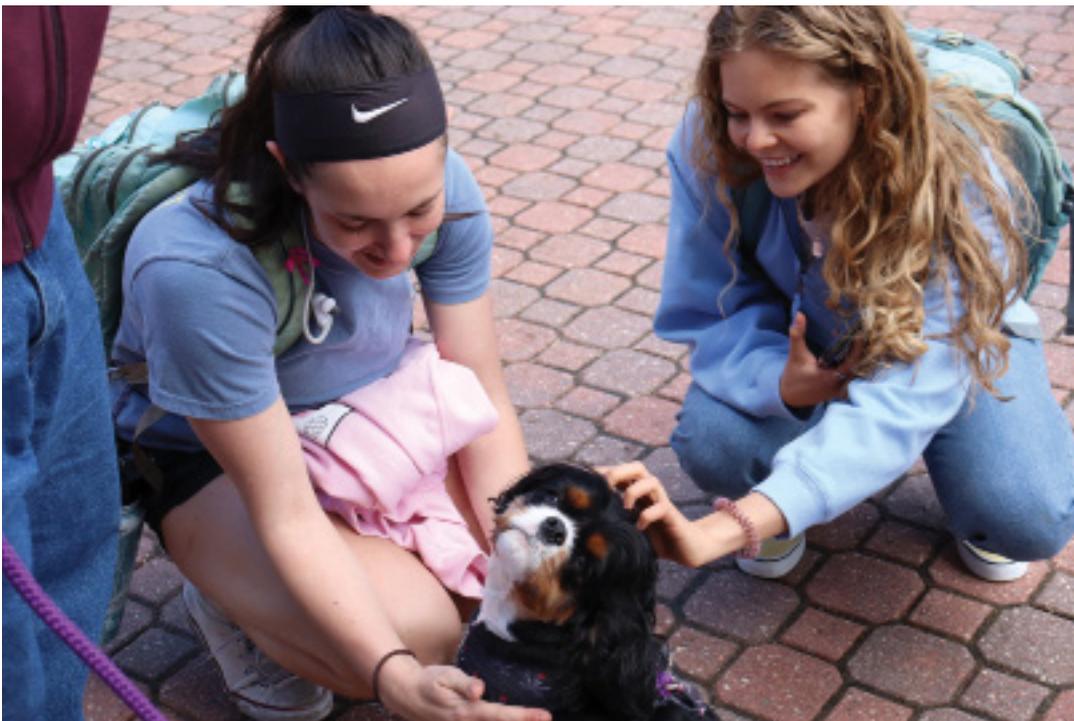
ALL PHOTOS TAKEN BY CAPTAINS LOG EDITOR, SAVANNAH DUNN



THE THERAPY DOG GLANCES UP AT THE STUDENTS GATHERED AROUND



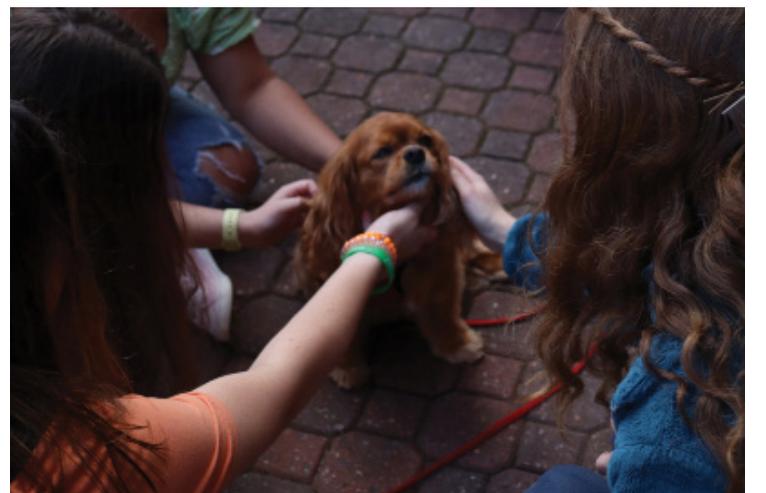
STUDENT IS COMFORTED BY THERAPY DOG WITH A HUG



TOP AND BOTTOM: THERAPY DOGS BRING SMILES TO STUDENTS' FACES



THERAPY DOG SMILES AT THE CAMERA



THERAPY DOG RECEIVES LOTS OF PETS FROM GRATEFUL STUDENTS



# Let the countdown begin

Moments from the Tassel Turn event by the Alumni House



PHOTO COURTESY OF CNU STUDENT PHOTOGRAPHER



PHOTO COURTESY OF CNU STUDENT PHOTOGRAPHER



PHOTO COURTESY OF CNU STUDENT PHOTOGRAPHER



PHOTO COURTESY OF CNU STUDENT PHOTOGRAPHER



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PHOTO COURTESY OF CNU STUDENT PHOTOGRAPHER



PHOTO COURTESY OF CNU STUDENT PHOTOGRAPHER

# Honoring Faculty & Staff

## Moments from SGA's Staff Appreciation Day



PHOTO COURTESY OF CONNOR BUTTERWORTH



PHOTO COURTESY OF CAPTAINS LOG



PHOTO COURTESY OF CONNOR BUTTERWORTH



PHOTO COURTESY OF CONNOR BUTTERWORTH



PHOTO COURTESY OF CONNOR BUTTERWORTH



PHOTO COURTESY OF CONNOR BUTTERWORTH

## Why do people bring their dogs onto campus?

Please stop doing it!

**SHANNON GARRETT**

SHANNON.GARRETT.19@CNU.EDU

As we all know, people have started to bring their dogs onto campus now that the weather has gotten warmer, but do they have to?

Not everyone wants to be around dogs; they could be allergic to them or just don't like them that much. I am personally against bringing dogs onto campus because I am very, very, very afraid of dogs.

Everytime I see one, I get really panicky and start walking faster to get away from them.

If the dog is on a leash, I do not get quite as panicky because I know the dog can't get too far away from their owner/the person holding the leash. It's when they're not on a leash that I am petrified.

One time as I was leaving my dorm, someone was playing with their dog outside near the entrance, and the dog wasn't on a leash. The dog started running towards me, and I was just trying to get away from it. It was a small dog, but it doesn't matter to me because I am afraid of dogs of all sizes. I know the owner of the dog didn't mean anything behind it and just wanted to



PHOTO BY THE CAPTAINS LOG

play with their dog, but they could have done it somewhere else.

When I am on campus, I don't want to have to be on the lookout for dogs so I can avoid them. The Great Lawn is a good place to play

with your dog, and the walkways on campus are nice places to walk your dog, but you don't have to.

Not everyone on campus is a dog person or likes animals in

general, and for me at least, it can be really nerve racking to suddenly see a dog somewhere I shouldn't.

For example, one time as I was walking back to my dorm

at night, I heard someone walking their dog next to me. What I did next was a little pathetic, but I shrieked like a small child and started running away. This incident, and the one previously mentioned, all happened during this past school year, and I don't want to be that scared again.

I totally understand why people bring their dogs onto campus, and if I wasn't so scared of them, I wouldn't care one way or the other about this issue. It's not that I feel unsafe on campus when there are dogs; I am just deeply uncomfortable and want to get away from them as quickly as possible. I do wish the school administration could do something about the people bringing their dogs onto campus, but I understand that it's not really a problem for many people.

For those who like to take their dogs to campus, I sincerely hope that you read this and not do that anymore. Or the very least, make these visits short, for my own peace of mind.

## Show Choir season concludes with a bang

### A recap of Show Choir's return

**JOSH GRIMES**

JOSHUA.GRIMES.19@CNU.EDU

The last couple of weeks was by far the best weekends I have had. Show Choir season was in the air and it was the first since 2020.

The best feeling was spending time with those I missed supporting from Central Virginia and beyond.

The season began at Pyramid in mid February with being back at my alma mater seeing the competition shows and my friends in Exit 245 perform.

The season continued with the return of Virginia Show Choir at the Mid-Atlantic Show Choir Spectacular where I sponsored several awards and was on my feet for most of the day. The craziness of that day was something that I missed for the past several years.

I took a break for a week and returned to show choir over my Spring Break, after spending time with Exit 245 and the Hullabahoos.

The competition I had the plea-



JOSH WITH THE ACAPELLA GROUP EXIT 245 AT POWHATAN'S DIAMOND CLASSIC

sure of helping out for three days was the Koste Classic.

Eventhough, I was exhausted by the end of it, because I

did things that I never done before like running important forms to the director's desk, I had a blast. It was a full circle

because Koste was the last competition of 2020.

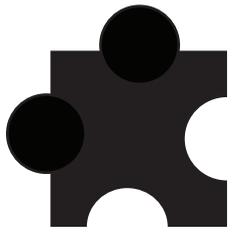
The following two weekends was up in the air.

I'm so happy I got to spend time on the mixed show choir days surpring some friends, and enjoying the moment.

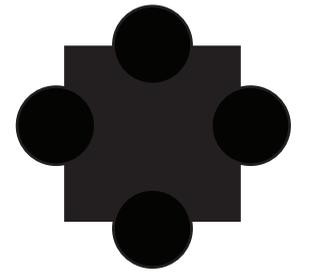
The Hanover-Mechanicsville, formerly Lee Davis, Festival of Choirs was awesome!! It was cool to see the Madison Project perform.

The last competition and the most normalized one was at Powhatan this past weekend. I had a blast spending time with friends and Exit 245.

Now that Show Choir season concluded, I look back at it and is very grateful to have come to these events supporting those I am grateful for. I am also grateful to help celebrate the art of music.



# Puzzles & Games



## Rebus Puzzle

A REBUS is a picture representation of a name, work, or phrase. Each "rebus" puzzle box below portrays a common word or phrase. Can you guess what it is?

1.  $\frac{\text{WAY}}{\quad\quad\quad 2 \quad\quad\quad \text{HELL}}$

2.  $\frac{\text{WAYS}}{\quad\quad\quad}$

3.  $\frac{\text{THINKING}}{\quad\quad\quad}$

4.  $\frac{\text{sur-Life-ance}}{\quad\quad\quad}$

5.  $\frac{\text{MAN}}{\text{BOARD}}$

6.  $\frac{\text{ARREST}}{\text{YOU'RE}}$

7.  $\frac{\text{SEEING I II I}}{\quad\quad\quad}$

8.  $\frac{\text{T I M E}}{\text{ABDE}}$

9.  $\frac{\text{EGG}}{\text{EASY}}$

10.  $\frac{\text{IMPORTANT}}{= \text{IMPORTANT}}$

1. Highway to Hell, 2. Sideways, 3. Thinking outside the box, 4. Life insurance, 5. Man Overboard, 6. You're under arrest, 7. Seeing eye to eye, 8. Long Time no see, 9. Overeasy Egg, 10. Equally Important.

# Where's Tribble?

Can you Spot Tribble in the picture?

Note: President Tribble is photoshopped into the picture.



Photo Courtesy of Captain's Log

**SPRING 2022 Events Calendar**

**FEBRUARY**

- 2/4+2/5 Movie: 10 Things I Hate About You
- 2/10 Cultural Coffee Hour
- 2/11 Build-A-Buddy
- 2/18 Glow Crazy
- 2/19 Mentalist: Zak Mirz

**MARCH**

- 3/11 Crafty Cacti
- 3/12 Captain's Ball
- 3/18+3/19 Movie: Encanto
- 3/22 Dorm Dining
- 3/23 Poet: Ebony Stewart
- 3/25 Fruit Ninja
- 3/26 CNU Music Festival

**APRIL**

- 4/1 Intercultural Festival
- 4/8 Magician: Kid Ace & Movie: Spider-Man: No Way Home
- 4/15 SpringFest & Band: Dawson Hollow

**CAMPUS ACTIVITIES BOARD**  
@CNUCAB

COURTESY OF CAB (CAMPUS ACTIVITIES BOARD)

## Moment of the Week: Extreme Measure's Blue-Tie Invitational



FOR THE FIRST TIME SINCE 2018, EXTREME MEASURES WAS ABLE TO HOST THEIR BLUE-TIE INVITATIONAL.

PHOTO BY THE CAPTAIN'S LOG

Visit the Captain's Log Online on our website:  
[thecaptainslog.org](http://thecaptainslog.org).

There you can read all of our stories from the past semesters and from this semester.



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If you have an interest in wanting to see what older issues of the Captain's Log look like including some other campus newspapers and yearbooks, visit [chris.cnu.edu](http://chris.cnu.edu).

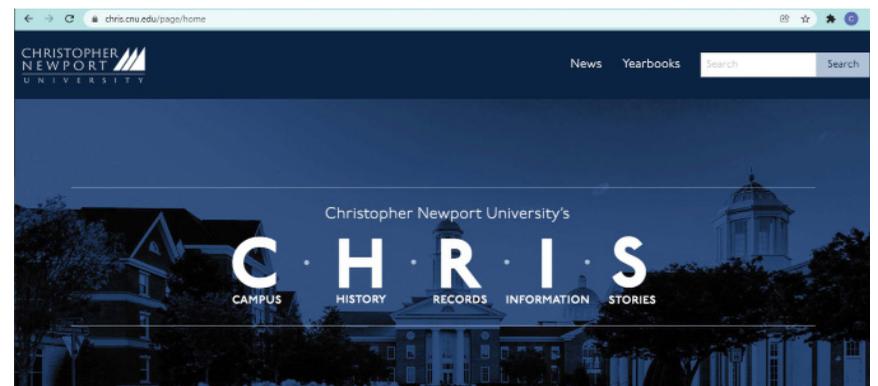


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**THE CAPTAIN'S LOG** is the official student newspaper of Christopher Newport University. It is a public forum, which is published on Wednesdays throughout the academic year.

**THE EDITOR** welcomes letters from readers. Editors reserve the right to edit letter for length and AP style, as well as to refuse publication. An email with a ".doc" attachment is preferable. Reach us through:

- Email: [clog@cnu.edu](mailto:clog@cnu.edu)
- Drop off: The Captain's Log newsroom, DSU suite 393

**JOIN THE STAFF** The Captain's Log is always open to students who are interested in writing, photography and editing. Editors assign stories every Sunday at 1:30pm in MCM 162 and Tuesday at 7:30pm in MCM 260.

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