

The Captain's Log

VOLUME XV, NUMBER 27

CHRISTOPHER NEWPORT COLLEGE

APRIL 19, 1984

Student and Non-Student Employment Increases in Campus Center

by Linda Dozier

Student employment in the Campus Center has increased approximately 50 percent with the opening of the Campus Center extension.

More part-time student jobs are offered in the Terrace, Christopher's, the Game Room, the Information Desk, the Cave Crew and many other areas in the Campus Center.

To work on campus, students must be in good standing with the college and must be enrolled full-time, 12 credit hours.

Students are only allowed to work 20 hours a week. However, during vacations students can work up to 40 hours a week. The 20-hour rule is consistent with the Federal College Study program.

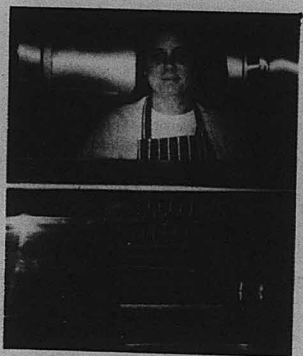
To work on campus, students must be in good standing with the college and must be enrolled full-time, 12 credit hours.

John McCaughey, director of Student Life, said, "There was some student concern with the increase of full-time staff in the Campus Center. However, there was no loss in the number of student positions available."

Student employment on Campus is administered by Betty Helm, who is located in the Student Life Office.



Brian Murphy and Catherine Hoskins are student employees in the Terrace. photo by Susan Kibler



Sandra Roffinoe, a senior, works in Christopher's. photo by Susan Kibler

Students who are employed on campus during class sessions are exempted from the Federal Social Security withholding tax.

For more information on student employment see Betty Helm in the Campus Center Student Life Office or call 599-7260.

College Received Gifts Valued at \$315,225 in '83

by Scott Millar

Gifts valued at \$315,225 were received by Christopher Newport College during 1983, representing a 53 percent increase over funds received from alumni and friends for the previous year.

According to a memorandum to College President John Anderson from CNC Director of Development Barry Wood, 830 patrons forwarded gifts to the college during 1983, the average gift being \$380. Such figures represent a 21 percent increase in the average contribution and a 26.9 percent increase in the number of donors.

The primary instrument in obtaining gifts during 1983 was the annual fund drive designed to draw patronage to the college and to develop the membership for the six parts of the Society of Patrons of Christopher Newport College and for the Alumni Association of the College.

Following is a list of the membership divisions and the number of contributors for the 1983 fund drive:

The John Rolfe Society for contributors of \$25 to \$99, 310 members.

The Captain John Ratcliffe Society for contributors of \$100 to \$499, 195 members.

The Captain Bartholomew Gosnold Society for contributors of \$500 to \$999, 35 members.

The Governor Mariah Wingfield Society for contributors of \$1,000 to \$2,499, 48 members.

The Captain John Smith Society for contributors of \$2,500 to \$4,999, 8 members.

The Captain Christopher Newport Society for contributors of \$5,000 and above.

Of the \$315,225.31 received by the college, 34 percent, or \$107,114.10, of the gifts were channeled through the CNC Educational Foundation while the remaining 66 percent, or \$208,111.21, were gifts directly to the college.

Of the total amount, almost \$22,000 was contributed by the college community, while the alumni of the college donated over \$18,000. The remaining gifts were contributions from friends of the college and the civic, business and professional community.

The 1983 Fund Drive was chaired by Jerry Hogge, president of the Newport News Savings

and Loan Association. Additional members of the committee included Harrol A. Brauer, Jr., chairman for the College Community; Roman Schenkan, chairman for the Alumni; Mrs. Jean B. Falk, chairman for the Council of Neighbors and Friends; William H. Bowditch, Jr., chairman for the Business Community; Gerald R. Brink, chairman for the Professional Community; and John Marks, chairman for the Civic Community.

Fifty-six volunteers also represented the colleges fund drive throughout the area.

Classified Application Fees Increase

by Susie Hawley

As of July 1, 1984 a new application fee structure will go into effect. All applicants to CNC must pay a ten-dollar application fee. All applicants to classified status must pay an additional ten-dollar classified status fee.

CNC currently charges a ten-dollar application fee to those seeking admission as classified (degree seeking) students. No fee is charged to unclassified (non degree seeking) applicants.

The rise in fees is due to several factors. One is the growth of the number of people who have applied and enrolled in the college. The staff of the admissions office has remained the same and more time is spent on application review. The services the admissions office offers has also grown.

The fee increase is supposed to offset money being spent on staff time, computer service time, and computer staff time.

In the past, fees collected in this manner went to the college's general fund, but now the college can use the funds collected from the fee at its own discretion, according to Robert LaVerriere.

A classified student is entitled to certain benefits that an unclassified student is not entitled to because of the filing status/classification. A classified student has the opportunity to work with a faculty advisor in the field of his interest, to register earlier, and to receive financial aid.

Favorite Classes

See page 5.



Comprehensive Fee to Increase \$1.50 by Fall '84

by Scott Helm

In a vote taken by the Board of Visitors at their February 23 meeting, the comprehensive fee was changed. An increase from \$15.50 to \$17 per credit hour will go into effect at the beginning of the next fiscal year, July 1, 1984.

The fee of \$17 per credit hour was one of several models the Board of Visitors could have considered. The models considered ranged from \$16 to \$17.50, in increments of 50 cents.

The comprehensive fee is included in the cost of tuition and funds student activities and other funds.

A breakdown of the comprehensive fee for this year and a tentative breakdown for next year's distribution are shown in the chart.

The largest possible increase in the distribution is a tentative increase of over \$101,000 to Athletics.

Bev Vaughan, director of Athletics, said in a February interview, he would like to see this money used for additional office space, a new van, and a full-time basketball/golf coach. Depending on the amount allocated to Athletics, he would also like to see a ten percent raise for coaches and staff in the Athletic Department.

Comprehensive Fee Analysis

	Approved Distribution for 1983-84	Tentative Distribution for 1984-85
Debt Service	393,950	416,000
Campus Center	357,810	357,600
Athletics	328,960	430,000
Student Activities	131,750	120,000
Repair and Replacement	103,700	109,000
Cultural Activities	25,355	26,000
Total	\$1,341,525	\$1,458,600

The next largest possible change is in Debt Service. This fund covers major debts the college is paying money to. Currently the Debt Service is paying interest on construction loans for the track project and Campus Center project, said Dr. Charles Behymer, vice president for Student Affairs, in a February interview. The president's house is also included as a debt.

The next largest tentative change is a decrease of \$11,750 to Student Activities. Areas funded through Student Activities are freshman orientation, the Campus Program Board, and about 25 clubs, which are funded by the Student Association.

Behymer explained that this decrease of \$11,750 is due to an adjustment in the administrative overhead, which the Athletics, Campus Center, and Student Activities all have to pay. Behymer added, "What you're seeing here is really not a decrease of \$11,750 in terms of money to the Student Activities. It's a decrease in the administrative charges we're charging the Student Activity area, as a result of their doing business."

Features

Support Groups Offer Help with Eating Disorders

by Scott Helm

With the arrival of warm weather, people are exchanging their coats and slacks for shorts and T-shirts. In a society that places so much emphasis on feminine beauty and thinness, many young females will diet to get rid of extra weight gained during the colder months. Nothing is wrong with dieting as long as it is done right.

However, some people will resort to drastic measures to lose weight or maintain that ideal body weight. Among these will be people, males and females alike, that exhibit symptoms of the emotional disorders of bulimia and anorexia nervosa. Among people who have been treated for these are Jane Fonda, Pat Boone's daughter, Cherry O'Neill, and Karen Carpenter, who died as a result of anorexia nervosa.

According to Anorexia Nervosa and Related Eating Disorders, Inc., "Eating disorders are psychosomatic conditions. The underlying causes are psychological and emotional, and they produce physical symptoms and debilitation."

"Anorexia nervosa and bulimarexia are exceedingly complex conditions and also highly paradoxical. The central issue is not food, although the patient and probably the whole family spend a tremendous amount of time worrying about, discussing, nagging, and arguing about food and body weight."

"The issues underlying eating disorders are more directly related to unrealistically high expectations of achievement, poor self-esteem, feelings of helplessness and a struggle to win power, approval, admiration and respect from family, friends, and society at large. The food behavior is merely the method the individual has chosen by which s/he hopes to gain these goals."

Bulimia is an emotional disorder marked by a recurring pattern of eating behavior. It is typically characterized by a rapid and large consumption of high-calorie food in a short

time span and then immediately followed by some form of voluntary purging of the food. Purging of the food is done by self-induced vomiting, excessive exercise, complete fasting, or abusive use of laxatives or amphetamines.

Bulimia is found primarily in females in their teens or early adulthood. About 20 percent of all female college students are bulimic and studies show that about 30 percent show symptoms of being bulimic. The percentage is also high in models, dancers, and actors.

Anorexia nervosa, like bulimia, is an emotional disorder marked by a fanatical obsession with food and weight. Anorexia nervosa is typically characterized by a very strict diet resulting in a tremendous loss of weight. Strenuous physical exercise usually accompanies this diet.

Anorexia nervosa, which was first described in the early 1700s, is also found primarily in females in their teens and early adulthood. Between four and ten percent of all anorectics are males. And one percent of all American women between 12 and 25 years of age are anorectic.

An estimated five to ten percent of all anorectics die, usually due to abnormalities that develop in the cardio vascular system or to suicide.

Physical symptoms of bulimia will start to appear if purging by vomiting and/or the use of laxatives becomes frequent. The most common symptoms are: weakness and fatigue; muscular cramps and curling of the fingers and toes; stomach cramps and nausea; digestive problems; difficulty in swallowing and retaining food; swollen and/or infected salivary glands; damage to the esophagus; bursting blood vessels in the eyes; unusual rhythm of the heartbeat; heart failure; excessive tooth decay; and loss of tooth enamel, which is permanent.

According to Mary Ann Sipe, community relations coordinator for Riverside Hospital

Community Mental Health Center, "bulimic people don't appear starved as anorectics do," but both disorders are dangerous.

People that develop bulimia usually share a number of characteristics. Most of them happen into this habit after failing to lose weight by dieting. They may hear about the method from a friend, or read about it. After the initial purge of the system, the potential bulimic feels cleansed and has an empty feeling. This may happen again and the person may become addicted to this type of behavior, seeing that she is not gaining any weight.

Symptoms of anorexia nervosa will start to appear after a weight loss of 25 percent of the original body weight. As more weight is lost, symptoms will grow in intensity, and some may even become irreversible.

Symptoms of anorexia nervosa are: thin appearance; fatigue and loss of energy; loss of menstruation; overactivity; thinning out of hair; very fine, dark hairs called lanugo, appearing on the arms and legs; sudden swelling or bloating in the joints; periods of amnesia; loss of ability to conceive children, which may become irreversible; shrinkage of any internal organs, which may become irreversible; and irregular heartbeat and heart failure.

Anorexia nervosa also usually starts with a person dieting. The diet usually starts prior to, or after, a change in the potential anorectic's life.

The anorectic typically blames herself when things don't go right. The diet often begins as a resolution to do something right. Although the diet starts out normally, it and the consciousness of her weight reach a point where they become an obsession.

The anorectic may then develop certain rituals surrounding food. These may include weighing herself many times a day, or eating every meal in a specific way.

Anorexia nervosa and bulimia are very

complex biophysical disorders. According to Sipe, also president of the American Anorexia/Bulimia Association of Tidewater, the disorders "...need to be treated in a multi-dimensional fashion...using medical management, psychotherapeutic management, nutritional management, and support groups." The Center for the Study of Anorexia and Bulimia concurs with Sipe.

One of the first steps in helping an anorectic or bulimic person is getting them to seek help. This is often difficult because the people will deny they have any problems.

There are Anorexia Nervosa/Bulimia Self-Help Support Groups on the Peninsula. One group is open to all persons suffering from the disorders, and another is open to their parents, spouses, and siblings. These groups are led by mental health professionals and recovered persons.

There is no fee charged for these groups and more information about them can be obtained by calling Mary Ann Sipe at 595-4435. Sipe also stresses that participation in these groups is an adjunct to medical and psychotherapeutic care.

Sipe also said there are now three clinics in Virginia that treat anorectics and bulimics on an in-patient and out-patient basis. One such clinic is at Eastern Virginia Medical School in Norfolk. The Eating Disorder Program there is directed by Laura Roberto.

There is another clinic at the Blue Ridge Hospital Annex of the UVA Medical Center in Charlottesville.

The newest clinic was opened in March, 1984 at Norfolk General Hospital. Judith Royal is the program manager there.

Another Support Group meets on the ODU campus on the last Tuesday of every month. These meetings are sponsored by the Counseling Center and are held in the Administration Annex on the second floor.

Hatcher, 'Backseat' Win April 4 Talent Competition

by Ann Catherine Braxton

CNC sophomore Rick Hatcher and the two-man band Backseat were the big winners at the Juggling Society's first annual talent show on the evening of Wednesday, April 4. The show was hosted by Juggling Society co-founder Robert Tamplet.

Rick Hatcher, who spellbound the audience with his powerful monologue about an innocent young man on trial for the alleged murder of his best friend, won the first-place \$100 prize.

Ron Patrick and Gary Jones, who make up Backseat, a band that has become a well known fixture around the Peninsula, won the

\$50 second-place prize. They performed two country-rock songs.

The large audience responded favorably to the wide variety of talent acts. Rachel Stage charmed the crowd with her rendition of "I Don't Know How to Love Him." She was accompanied on guitar by Tim Wittenburg.

The Pledge class of Pi Kappa Sigma amused the audience with their skit "Pledges Just Want to Have Fun", in which they danced to the current hit "Girls Just Want to Have Fun" and each stopped the music to make a witty remark.

Susan Anderson roused everyone with her clog/tap dancing to a lively country tune.

Musical acts included Sheila Pope on the piano, Terry Mason singing and playing the guitar, Mary O'Sullivan playing the guitar and singing two original compositions, Catherine Stubbs singing the inspirational "Sunrise," accompanied by Larry Curry on the guitar, and the flute-bongo-guitar combo "S."

The show also featured comedians Paul D. Ware and Shawn Bradley.

Entertainment was also provided by the Juggling Society members, who interspersed their juggling displays throughout the show. Impromptu entertainment came from the members of I Tappa Keg who crooned "Happy Trails" to a delighted crowd.



Rick Hatcher

photo by Teena Roe

Humanities Grant Offered

The National Endowment for the Humanities has announced a unique grants program for individuals under 21 to spend a summer carrying out their own non-credit humanities research projects.

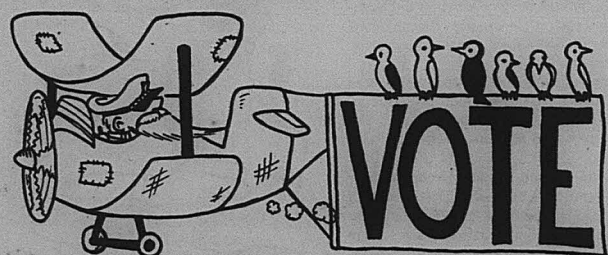
The Younger Scholars Program will award up to 100 grants nationally for outstanding research and writing projects in such fields as history, philosophy, and the study of literature.

These projects will be carried out during the summer of 1985. The application deadline is September 15, 1984.

Award recipients will be expected to work full-time for nine weeks during the summer, researching and writing a humanities paper under the close supervision of a humanities scholar.

Please note that this is not a financial aid program, that no academic credit should be sought for the projects, and that competition for these grants is rigorous.

For guidelines, write to Younger Scholars Guidelines CN, Rm. 426, The National Endowment for the Humanities, Washington, D.C. 20506.



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Entertainment

Christopher's Rocks with Band 'The Lift'

by Karen L. Hastings

The Lift, a three member modern-rock group, along with Winter Sound Company (who provided sound and light controls), performed at Christopher's April 14 by request of Sigma Tau Gamma.

Two members of the group are CNC students: David Orr, a senior economics and philosophy major, plays a teardrop shape Vox bass guitar, Jay Culpepper, an English major, plays the drums; and the third member, Bryan Forrest, who works at the Temple of Music, plays a Stratocaster guitar.

The evening started with the opening number "Jenny," but the crowd really started jamming a few songs later when the band played the Romantics' hit "Talking In Your Sleep."

The group does not have a designated lead singer; they all have diverse styles, and they split the role of lead singer equally.

Most of the music they played was for dancing. They sang songs by The Police, U-2, Billy Idol, Men at Work, and A Flock of Seagulls. The Lift also played some classics from The Beatles, The Who, and mixed in a few of their own originals.

Although the group has no particular favorite song, guitarist Bryan Forrest said, "We all get a certain 'buzz' when we play Beatle numbers."

The surprising fact was how easily the tempo flowed even when they put seven of their own original songs in with 35 to 40 popular hits.

As David Orr noted, "Other groups really influence us, and we write the same style of music as the groups we like, and when we play, all the songs seem to mesh pretty well."

Of the original songs The Lift played, three that especially stood out are "Why Must I," an up-beat beachie tune that Jay wrote; "Dogwalk" which has an early Beatles sound but with a Motown flavor, which Bryan wrote; and "Taken By Surprise" a love song with a reggae beat, David's first love song, which he had vowed never to write.

The group has achieved rapid success since being formed in February 1982. Two months later, in April, Jay thought up the idea of the band making a video tape to the song "Dogwalk."

Jay and David wrote a story line for the video and they all invested a total of \$1,000 to make a two-minute 34-second video.

However, when they sent the completed version to Norfolk radio stations that were equipped with video sets, they got "the run-around."

Then one night in August of 1982 the group



Bryan Forrest, Jay Culpepper, and David Orr.

photo by Karen Hastings

went to see Huey Lewis and The News play at Rogues in Virginia Beach. While they were there, they saw (Shelley Styles) from K-94 and told her about the video. She said "bring it over tomorrow."

The next day they took the video to her, and that same night it was played on Cox Cable Video Rock Jams who continued playing it for about a year until K-94 changed its format.

Even more remarkable is the fact that The Lift was the first group in Virginia that had a promotional video for marketing.

Not only is their music great; their personalities are just as good. The Lift is composed of three down-to-earth guys. As Jay Culpepper commented, "We don't care about

the size of the crowd; it's the quality of our music and how people perceive it that matters."

All the members are concerned about making the people they perform for enjoy the music. As David Orr put it, "Sometimes I'll just look at one person and use them as a barometer as to how the whole crowd feels."

They all work together, and, as Bryan Forrest said, "In whatever one of us lacks, the others are strong; it's a group effort." When Jay and David graduate, the band may consider "hitting the road," but first they'll need pre-planned gigs.

Judging from Saturday night's performance, the band won't have any problem going places.

'Women at War' Opens

by Terry VanDover

"Women at War," a new permanent exhibit gallery, opened April 4 at the War Memorial Museum of Virginia in Newport News.

"Women At War" traces the contributions of women during American wars from 1775 to the present, stressing especially the changing role of women during the twentieth century.

The gallery, divided into topics such as "Homefront Activities," "Active Duty Service," and "Paramilitary Organizations," contains posters, uniforms, documents, photographs, and insignia, which show the role of women in military service and support of America during war.

According to John Quarstein, curator of the War Memorial Museum, the gallery offers one of the most comprehensive studies of the

woman's role in America's warfare, a topic receiving little attention in the past.

"Women were a prime source of manpower, both for the home front and overseas," Quarstein said.

During April, the museum offers special lectures, films, and programs relating to the "Woman at War" gallery. Films about the Army nurses, the Girl Scouts, and the American Red Cross, and the roles these groups play in wartime, will be featured in the programs.

The War Memorial Museum is located in Huntington Park, 9285 Warwick Boulevard, in Newport News. All programs are open to the public.

For more information, contact the museum at 247-8522.

CNC Music Student Wins TV Spot

by Ann Catherine Braxton

Christopher Newport student Ellen Fisher has not just a song in her heart but an entire repertoire of musical numbers to perform for choirs, bands, and now a television show. The spirited nineteen-year-old music major has won a spot on the national cable television show *You Can Be A Star*.

Ellen explains, "I was watching the Nashville Cable Network and the show *You Can Be A Star*. I sent in a tape, a resume, and a picture. The two songs on the tape were 'Bluer than Blue' and 'If I Could Write a Song as Beautiful as You.'"

"I got a letter to go there for a video audition, and they liked that and sent me a contract. They gave me a taping date for the show. The show is in Opryland. I tape the show Wednesday, May 9, and that's when I find out when I'll be on TV."

"The show runs Monday through Thursday. They tape the four shows in one day. If you win for the day, you compete for the winner of the week. The winner of thirteen weeks gets a record contract and a chance to sing on the Grand Ole Opry."

Fisher was born in Newport News and attended Menchville High School where she was a member of the Show Choir, the A'Capella Choir, the Jazz Ensemble, and the Band.



CNC music student Ellen Fisher photo by Teena Roe

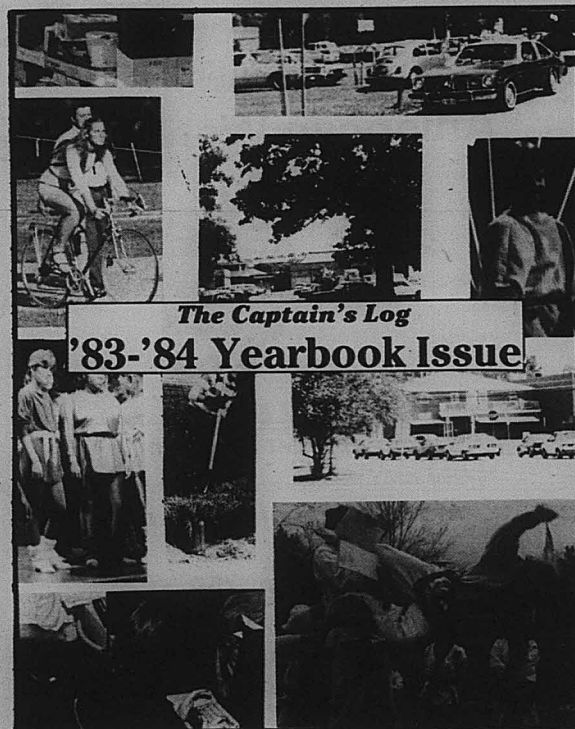
She played the piano for the school band and was a featured soloist. She has also sung in numerous local churches.

At CNC, Fisher is president of the Concert Music Club and a member of the Inter-Varsity Christian Fellowship.

Fisher has been studying vocal performance with voice teacher Mary Matthews for almost five years. She calls Matthews "One of the best voice teachers around." Yet Fisher has been exposed to a wide variety of music in addition to her classical training.

Fisher's goal is to be a performer. "I'm not sure what I'd like to perform, but I'm sort of leaning toward Christian music. I'm just excited about being on TV and getting the exposure."

Watch for



The Captain's Log

'83-'84 Yearbook Issue

Coming May 3

Sports

Lady Captains Get Ready For Tournament Tomorrow

by David M. Bean

The Christopher Newport College women's softball team played eight games last week and despite posting a 3-5 mark, things were not as bad as they might seem.

The only really bad news came when they lost two to North Carolina Wesleyan College. The first game was 5-1, and the second was 2-0. The Lady Captains then split the rest of the games they were to play.

They won the first game against Virginia Wesleyan 1-0. In the second game, they were tied 5-5 at the end of seven. Unfortunately, they gave up four runs in the ninth inning to lose 9-5.

Against Methodist College, CNC came up

on the short end of the stick in the first game, 8-2. This was the only game during the entire week in which the Lady Captains lost by more than four runs. The second game saw CNC take command of a very high scoring game to win 11-9.

The last game of the week came against St. Andrews. The Lady Captains scored their biggest win of the week, posted a 8-2 decision over the Lady Knights. In the second game, things were not so rosy as CNC fell 3-1.

The Lady Captains are now 8-11 in the conference and will be playing in the conference tournament to be held tomorrow at North Carolina Wesleyan College.

CNC Baseball Hangs Tough Despite Rough Record

by Steven Grinstead

The Christopher Newport baseball team continues to struggle this season. The Captains dropped two games to Division I schools, Virginia Commonwealth University and William and Mary.

The Captains fought VCU to the end, even though they lost 15-5.

The lack of pitching depth plagued CNC. Freshman Rusty Robinson pitched all ten innings.

Robinson pitched nine strong innings, but the tenth proved to be a disaster. The Rams broke the game open by scoring ten runs.

CNC contested against W & M for the second time this season April 11. The first time the teams met, W & M won 21-0.

The recent game ended with CNC losing 9-0. This shows that the CNC squad has im-

proved over the course of the season.

One bright moment occurred in the game when Burt Hodges relieved starting pitcher John Stien in the top of the sixth.

Hodges came in with the bases loaded and W & M's strongest hitters coming up. He struck out the first batter he faced and retired the following two on ground outs.

His pressure pitching got CNC out of the inning with no further damage. Hodges displayed good control of keeping the ball down.

The two losses have dropped CNC's record to 4-14.

The players are having a disappointing season but are taking Assistant Coach Mike Moore's advice. Moore states, "The idea is to have fun and play hard."

Nuttycombe's Seven Wins Pace Women's Tennis

by David M. Bean

The Lady Captains tennis team has been on a hot streak of sorts and it has been due, in part, to a hot-handed player. Junior Jenny Nuttycombe has paced the squad by winning her last seven matches in a row and 10 of her last 11.

As a result of this, CNC has won its last five straight matches. In the last two weeks, they

beat Virginia Wesleyan, 9-0, St. Andrews, 6-3, Averett College, 9-0, and then Longwood, 8-1. CNC now boasts a 6-8 record.

As recognition for her efforts, Nuttycombe was named the Female Athlete of the Week last week by the Dixie Conference. During her last three matches, Nuttycombe allowed her opponents to win only 2 games.

Men's Tennis Prepares to Defend Conference Crown

by Steven Grinstead

The Christopher Newport men's tennis team is showing how they are "tough."

The week of April 8 through 15 started off with the Captains losing to a very strong Lynchburg team, 9-0. Two days later, CNC was defeated by Division II Randolph-Macon, 5-4.

The Captains then won three consecutive events, the victories coming against Mary Washington, 7-2, Hampden-Sydney, 5-4, and Dixie Conference Averett, 7-2.

When CNC contested against Hampden-Sydney, the event was all even at four. The number three doubles team decided the winner. CNC's number three tandem, Joe Boggs and Brian Runge, proved to be the stronger team. The match went three sets with CNC winning 6-3 in the third.

Lately, the center of attention has revolved around Detlef Scholz, CNC's number one player. Scholz played two intense matches against his opponents from Randolph-Macon and Averett. Neither match was really vintage Scholz, but each time he left the court he was victorious.

Against Randolph-Macon; Scholz lost the first set and was down 1-5 in the second set. He made a strong comeback to win the second set; then took the third set easily.

Scholz encountered another three-set match when he dualled his Averett opponent. Scholz lost the first set, won the second set, then won a close third set.

In the third set Scholz and the Finland opponent were even at four all. Scholz held serve to make it 5-4, then broke serve to win

(Continued on p. 7)

Last Movie of Spring Semester "American Werewolf In London"



Doors open at 9:15 p.m.

Movie starts at 9:45 p.m.

Admission: 75¢

In Christopher's
Thursday, April 19

An old fashioned rock 'n' roll horror with solid humor.

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Opinion

Students Name Their Favorite Classes

conducted by Scott Helm and Susie Hawley

Beginning Soccer with Dr. Robert Cummings. "It's fun." *Lisa Pieper*

Foundations of Education with Dr. Elizabeth Daly. The course allows one to "go into schools and observe students" and then you can decide whether teaching is for you. *Jeanne Dick*

Human Sexuality with Dr. Sanford Lopater. The course gives you an "opportunity to have your questions answered...and Dr. Lopater is a good instructor for that." *Anonymous*

Survey of World Literature with Dr. Wallace Sanderlin, Jr. The course lets one "learn so much about the world by knowing what happened." *Patrice Murphy*

Foundations of Education with Dr. Elizabeth Daly. It's "fun to take, even if you don't want to be an education major," because the instructor is "so wonderful." *Anonymous*

The Contemporary World with Dr. Mario Mazzarella. "Dr. Mazzarella makes it very interesting." *Anonymous*

Introduction to Music with Dr. Clyde Brockett. The instructor makes the course "real interesting and fun. He's vibrant." *Sherri Lascola*

Public Speaking with Dr. Rita Hubbard. "It's fun. If you're a nervous person...the instructor...helps you to relax and prepares you for public speaking." *Judy Black*

Accounting with Dr. Wayne Schell, Finance with Dr. Marshall Booker, and Economics with Mr. Carl Colonna. These are "basic business courses for everybody." Can't recommend any one course. *Shelly Pidgeon*

Elementary Physics with Dr. John Buckley. "It applies to everyday life. You learn about electricity and different things to do with electricity." It's a "good class." *Suzanne Picklesimer*

Child Psychology with Dr. Robert Hermann. The course "prepares you for parenthood. You study the child's behavior and development. It helps you to understand children better." *Linda Mackey*

Experimental Psychology with Dr. Lee Doerries, David Dooley, and Dr. Sanford Lopater. For a psychology major, it's the "most valuable course." *Laurie Strunk*

Western Civilization 101 and 102 with Dr. Mario Mazzarella and Dr. Robert Saunders. I "like history." *Gisela Griffith*

Abnormal Psychology with David Dooley. The course teaches "about abnormal versus normal in a person." *Robin Van Ness*

Psychology of Adjustment with Harold Diggs, Jr. The course "teaches about a lot of different things and puts them together in a way that you can relate to and use them in the outside world." *Kris Coleman*

Principles of Economics with Carl Colonna. It's "very beneficial." *Anonymous*

Systems Analysis and Design (CPS 350) with Kathryn McCubbin. The course "shows you the interphase between management and the technical computer setting." *Mark Whitaker*

Developmental Psychology. It's an "extensive class and you learn a lot from it." *Steve Beck*

Developmental Psychology. "It's very relevant to adolescence and youth." *Marie Peterson*

English 101-Introductory Rhetoric and Composition with Dr. Al Millar. The instructor has "helped a lot with my writing and grammar." *Stephanie Faison*

Economics 301-Money and Banking with Dr. Marshall Booker, and Finance 323-Financial Management with Dr. Dexter Rowell. Both courses "teach a lot of real life and set things in perspective." *Paul Ely*

Computers and Programming with FORTRAN with Dr. McGregor, and Business 324-Administrative Theory and Practice with Thomas Bruno. The FORTRAN course "can be used for a computer science or business degree" and the other course is the "building block" for a management degree. *Steve Tross*

Military Science 101-American National Security Policy with Captain Nutt. This course "leads into a career." *William Keeton*

Introduction to Theatre with Skelly Warren. The course "gives you culture and stuff." *Anonymous*

Introduction to Music with Dr. Clyde Brockett. The instructor is the "most inspiring and enthusiastic professor on campus." *Anonymous*

Modern Languages Literature. The course is "team-taught by the whole Language Department" and offers different perspectives on different languages. *Terry VanDover*

SOSW 392-Methods and Tools of Social Research with Dr. Joseph Healey. The course allows you to do your "own independent research topic." The instructor also "makes very difficult subjects easy to understand." *Chris Davidson*

English 103-Composition, Rhetoric, and Literature with Dr. Douglas Gordon. The course "is not just about writing. The instructor makes you think." *Gary Cutter*

English 101 and 102-Introductory Rhetoric and Composition with Dr. Jay Paul. I have "found some very stimulating educational ideas" in these two courses. *Peter Dunklee*

Education 300. "It prepares you and you become aware of the situation that a school teacher will have to face." *Carolyn Hogge*

Psychology 201. "It really makes you think about life, your goals, and your inner self." *Linda Griffith*

Economics 395. "The class did not stress grades. You learn at the senior level, there are good class discussions, and I feel that is a better way to learn." *Pat Hogston*

Contemporary Mathematics with Dr. Glen Weber. The instructor is "a good teacher. He shows you how math ties in with everyday problems." *Bill Helms*

Public Personnel Administration with Dr. Buck Miller. "It's a very interesting class and has a whole lot of value as far as how you manage in real life." *Robert Spooner*

Education with Dr. Daly. "She relates well to the students, doesn't teach in an over-professional manner, and presents an environment in which you want to learn." *Celine Smith*

Economics 201-202. Colonna presents material in an interesting way which you can understand and he makes you want to learn." *Chris Nosil*

Industrial Psychology. "It is a little less structured than other courses." *Richard Baron*

Psychology of Adjustment. "Professor Diggs taught in a system that was unusual. Instead of a lecture he involved everyone in class discussion. There was input and feedback from everyone in the class." *Thomas Hammond*

Speech 201. "In the course you meet new people and experience speaking in front of people, which is something you will need for other classes as well." *Maria Dunn*

(Continued on p. 8)

Student Proposes Different Distribution of Fee Increase

Dear Editor:

The following proposal has been submitted to the Student Association for approval. I suggest that the comprehensive fee increase be distributed as follows:

I suggest that Athletics receive a \$50,000 increase as opposed to the \$101,000 increase proposed in the Board Agenda. I realize that an increase in Athletics money is necessary to encourage growth of athletics and that this growth is important because sports bring recognition to the College. I believe, however, that a \$50,000 increase is sufficient, and that the other \$51,000 could be better spent as follows:

I suggest that \$5,000 or more of this go to the Student Activities Fund (depending on what the Student Auditor and SA president think would be sufficient). The proposal in the Board Agenda suggests that this fund should receive the same amount of money as last year. This means that clubs may have to get less money than last year in order to give the Campus Program Board and *The Captain's Log* enough more money to take care of inflation.

I suggest that the remaining \$46,000, or less, be used for books for Captain John Smith Library. This use of the money would help all students. It would also prove useful to faculty, and it would help prepare the College for graduate programs.

I have no objections to the amount of the Comprehensive Fee proposed to go to each other area supported by it.

I realize that my suggestion is unusual and would involve uncanny transfer of funds,

by using Comprehensive Fee money in an area which is not usually supported by this fee. But while this is unusual, this would not be the first time it has been done. Comprehensive Fee money was used in payment for the President's house.

Open discussion of this proposal will take place at the April 24 SA meeting in the Campus Center, room 233, at 12:15 on Tuesday.

The next Board of Visitors meeting is on Thursday, April 26, and unfortunately, at this meeting, the Board of Visitors may vote on the distribution of the comprehensive fees and their decision will be final.

Any suggestions made by the Student Association must be approved of by the SA club representatives (along with their clubs). Before the Board of Visitors will consider this proposal, they must hear from the students and the Student Association as soon as possible. You can voice your opinion at the next SA meeting.

Sincerely,
A Concerned Student

All letters to the Editor must be typed and double-spaced on one side of the paper.

Each letter must include the name, phone number, and classification of the writer. The writer should indicate whether or not this information may be printed in the *Log*.

Please send letters to
The Captain's Log
50 Shoe Lane
Newport News, VA 23606
or submit them to the editor in CC223.

The Captain's Log

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News Editor.....	Linda Dozier
Features Editor.....	Ann Catherine Braxton
Entertainment Editor.....	Terry VanDover
Sports Editor.....	David Bean
Art Editor.....	Robert Hollinger
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Photographers.....	Billy Garrett, Teena Roe
Cartoonists.....	Robert Hollinger, Steve Coburn, C. Michael White, Jeff Helm

The Captain's Log is published every Thursday of the academic year, except during exams and vacations, by Christopher Newport College, 50 Shoe Lane, Newport News, VA 23606. The editorial and advertising office is located in the Campus Center, room 223. The telephone number is 599-7196.

National advertising representatives are Communications and Advertising Services to Students (CASS) Chicago, Illinois and American Passages Seattle, Washington.

Deadlines

Club notices, Personals, Classifieds, Advertising..... Friday, noon

Campus Closeups

All campus organizations are invited to submit material for *Campus Closeups*.

The copy must be typed and double-spaced on one side of the paper.

A name and phone number are to be written on the page in case more information is needed.

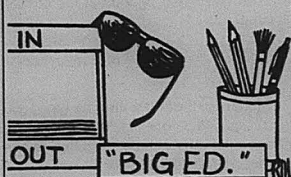
Deadline for *Closeups* is Friday at noon. *Closeups* can be mailed to The Captain's Log, 50 Shoe Lane, Newport News, Virginia 23606, or submitted to the editor in CC223.

Alpha Chi

There will be an important meeting for all Alpha Chi members and those who recently received invitations to join the organization. The meeting will be on Friday, April 27, at 12:15 p.m. in the administration building auditorium, room 105.

The purpose of this meeting is to introduce prospective members to the current officers, sponsors and members. New member fees can be paid at this time.

The Captain's Log is still looking for an Entertainment Editor for the Fall '84 semester. Apply in CC223, during business hours.



Superdance II Dancers



Begin turning in your registration forms to the SA Offices. CC229

Final meeting for dancers
April 19, CC233 7:00 p.m.

New Intramural Sport

The Intramural Department is offering a new sport this semester called ultimate frisbee. Teams should consist of 7 people. There are three positions in ultimate frisbee: full-backs which protect the end zone, mid-fielders which help advance the frisbee, and attackers which score.

You must throw the frisbee to advance it up the field. To score, you must catch the frisbee in your end zone.

The rosters are due Monday, April 23. The team meeting will be on Wednesday, April 25. The event will be held Friday, April 27, in the afternoon.

For more information, contact Shelley Pidgeon at 599-7054.

Writer's Contest Winners

The winners of the 1984 CNC Writer's Contest were announced at the April 7 Writers Conference.

Non-fiction

1st Place: Martha Wild King
2nd Place: Nancy Burt
3rd Place: Maynard Hatcher

Non-fiction student category

1st Place: Elizabeth Warfield Delo
(Hampton Roads Academy)

Fiction

1st Place: Don Hern
2nd Place: Samuel Williams, Jr.
3rd Place: Edith Thompson

Fiction student category

1st Place: Marion Sommers (CNC)
2nd Place: Richard Baron (CNC)
3rd Place: Sarina Fox (Warwick High School)

Poetry

1st Place: Martha Norris Stanton
2nd Place: Mary Shawn Moore
3rd Place: Arthur MacMaster

Poetry student category

1st Place: Richard Baron (CNC)
2nd Place: Elizabeth Warfield Delo
(Hampton Roads Academy)
3rd Place: Mark Fenstermacher
(Hampton Roads Academy)

Intramurals

Thursday, April 19, at 8 p.m. in the Terrace, the Intramural Department will be sponsoring its Spring Stand-Up Arm Wrestling Tournament.

There will be three weight divisions in the men's category: under 160 lbs., 161 lbs.-199 lbs., and above 200 lbs.

The women's division will be open unless a large turn-out shows up. Then there will be three women's divisions: under 120 lbs., 121 lbs.-139 lbs., and above 140 lbs.

Both Kenny Williams and Claudia Stanley will be returning to defend their Fall semester titles. Everyone is welcome to join in or just watch.

Persons interested in entering may sign up now up until 4 p.m. Thursday, April 19, at the Intramural Office.

For more information, contact the Intramural Department at 599-7054.

Job Opening

The Intramural Department will have an opening for assistant director next fall. The position must be filled by a full-time student.

Some qualifications are knowledge of several team and individual sports like volleyball, golf, football, tennis, softball, horseshoes, and ping pong.

Experience in refereeing and setting up tournaments and leagues is also desired.

The assistant director's job consists of supervising the gym and weight room about six hours a week and running three sports a semester.

Running a sport consists of writing articles for the paper and printing posters to inform students of intramural events, collecting rosters, scheduling games, selecting officials, and providing an opportunity for everyone to realize the fun and enjoyment of participation in intramural sports.

The assistant must be available in afternoons and some Sundays. If you are interested in applying, come by the Intramural Office between 1-6 Monday-Friday. The deadline is April 27. For more information, contact the Intramural office at 599-7054.

Students must fill out Intent to Graduate forms one year in advance of their intended date of graduation.

Forms for May '85 are now being accepted.

To All You Pinball Wizards

Sigma Tau Gamma is challenging you to destroy Centaur. Join us in the game room Thursday, April 19, through April 26.

Highest score will receive tickets for you and a date to their Lushish Legs Dance being held April 28.

Many Thanks To Sigma Tau Gamma.

Terri
CNC Game Room

Students May Waive One Requirement

by Susie Hawley

A student may waive one of the basic distribution requirements, with the exception of English 101-102 or 103-104.

The six subject areas of the distribution requirements are: Humanities, Natural Science, Social Studies, Mathematics or Philosophy, Foreign Language, and Physical Education.

The exemption in no way affects prerequisites for courses, nor does it affect departmental requirements. The waiver does not alter the total number of credits required for the degree.

"A student should work closely with his advisor when deciding which requirement to waive," said Robert Netter, college registrar.

When a student files his intent to graduate form one year before he graduates, he is also officially indicating which distribution requirement he has chosen to waive.

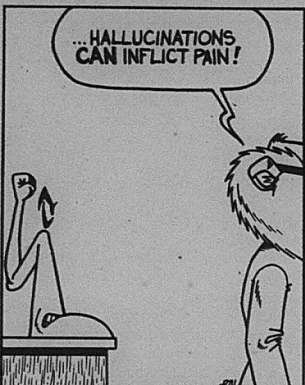
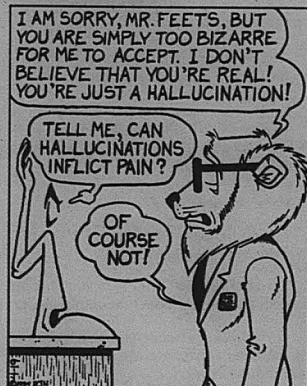
CHRISTOPHER NEWPORT COLLEGE RECRUITING SCHEDULE Spring Semester 1984

DATE	EMPLOYER	MAJORS INTERVIEWING	INTERVIEWING FOR
Apr. 19	United Virginia Bank	B.S./Accounting, Marketing, Management, Economics, Finance, Industrial Psychology	Management Associate
Apr. 20	Tanner, Boyd & Co., Inc.	B.S. in Accounting; G.P.A. 3.0	Entry-level Accountant
Apr. 24	Radio Shack Computer Center	B.S./B.A. in Management, Marketing, Economics, Computer Science, Information Science, Industrial Psychology	All Sales
Apr. 24	Davenport-Dukes Associates, Inc.	All Majors	Sales
Apr. 25	Forrest & Markos	B.S. in Accounting or B.S. in Business Administration with concentration in Accounting; G.P.A. 3.0 in Major	Entry-level Accountant
Apr. 25	Newport News Public Schools	All Education Majors	Teacher
Apr. 26	The Virginian-Pilot & Ledger-Star	B.S./Marketing	Advertising & Marketing Representative
		B.S./Management	Circulation & District Manager
Apr. 27	Federal Reserve Bank of Richmond	B.S./Business Administration with concentration in Accounting, B.S./Accounting	Bank Examiner (Va., W.Va., N.C., S.C., Md., D.C. - 90% travel)
Apr. 30	Sheraton Inn-Coliseum	B.S./Business Administration/Management	Management Trainee

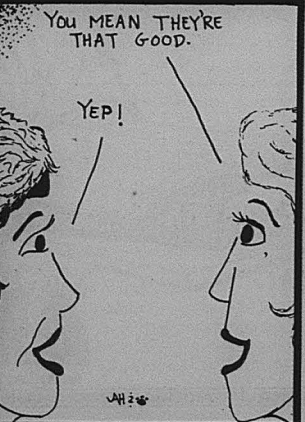
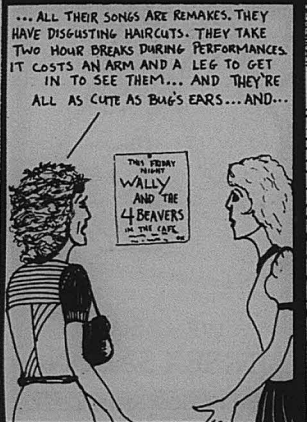
Students graduating in January 1984, May or August 1984 interested in an on-campus interview with the various recruiters should register with the Office of Counseling and Career Services, Campus Center, Room 146, between the hours of 9:00 a.m. and 4:00 p.m. Students must sign up at least two days in advance and have resumes and applications complete prior to registration. Additional recruiters will be listed in the *Captain's Log* and *Onward 'n' Upward*.

TURNSTIDE

by RJH



SPACE FOUR WRENT by SBC & JAH



Classifieds

Classified ads are free to all CNC students, faculty and staff. Ads run for four (4) consecutive weeks unless we are advised otherwise.

Stereos installed: Car stereos installed at reasonable rates. From roller skates to Rolls Royces - no job too big or small. Call Steve at 851-9559.

Typing: Term Papers, Letters, Resumes, IBM Selectric. Choice of Typestyles. Reasonable Rates. Call Mike, 595-3863, Evenings.

For Sale: 1979 Kawasaki SR 650, Special Edition made only in '78 & '79; garage-kept; very good condition. \$1,500.00. Call 599-3004 after 6 p.m.

For Sale or Lease: 1/2 Arabian mare, 9 yrs. old. Excellent broodmare or show potential. 15 hands, chestnut with flashy markings. Call 877-4930.

Female would like same to share apt. near CNC. \$163 plus 1/2 utilities. Call Linda after 6 p.m. at 595-6331.

Wanted to buy: Cameras for parts. Prefer models above average in quality and cost when new. Call 898-4170.

Have fun and make money too! American Vacations Resorts is looking for 10 responsible, sports-minded people to work part-time or full-time. Days only. Make between \$20-\$50,000 a year. Call B. Hunt at 595-1777 or leave message at 229-1453 and I will return your call.

For Sale: Motorcycle, 1980 Honda 400T. Saddle bags, windshield, backrest, 2 helmets with various shields. Asking \$1,400. Call 865-0328.

For Sale: '69 Corvette Roadster, 2 tops, new LTI, 4 speed. Needs cosmetic work. Excellent mechanically. New inspection. \$6,500.00. 599-5408 after 5:30.

Roommate Wanted: Female desires same, interested in frugal living to share one bedroom now, two bedroom in 3 months. No deposit, \$125/mo. & 1/2 utilities. Call 595-7922 (Sandy) after 7.

Female needs room for summer near CNC. Will share all expenses. Call 380-2823 between 7 and 4, 595-8997 after 6. Ask for Cathy.

Chow Chows for sale: 2 males, 1 female, 7 weeks old. 1 cream male, 16 months old, excellent for stud or show. All AKC registered. (804) 872-7210.

Seeking a place in Newport News to sublet or house-sit from mid-May to mid-August. Am second-year W&M law student. Call 642-9786 after 8.

Roommate needed to share large 2 bedroom apt. in Denbigh area. \$177 per month plus 1/2 utilities. Call 874-7824 or 764-5553. Ask for Ed.

For Sale: Ford '81 Escort, 4 dr, Sta Wgn, 4 spd, luggage rack, rear wind defrost, AmFm cass., 24,450 mi, like new. \$4,000. 877-3960 or 565-2174.

Dear J.B., Just a note to let you know that not all my time is spent being busy outside the house. I've got a friend who can get you a new (or perhaps, a more consistent) guardian angel, if the deal is right. If not, maybe a change of scenery might help things. T.H. can take care of that. Get better soon and try not to smile too much. — DMB.

For Sale: '69 Chevy Impala, 4 DR, PS, PB AC, 350 CI 4 BBL. AT. Reliable transportation. \$600.00. 599-5408 after 5:30.

Tennis

(Continued from p. 4)

the match.
CNC's number three singles player, Bill Hannah, has been playing very well lately. He has won his last three matches.

In Dixie Conference action, CNC is 6-1 with one match remaining against Virginia Wesleyan.

Individually, number one Scholz and number two John Mouring are 7-0. Number three Hannah is 5-2 and number four Pat Holt is 2-

5. At the number five slot, Boggs is 6-1, while at number six, Mike Helderman is 4-0.

Overall CNC has a 10-13 record. The team has won six of its last eight events with four of the wins coming in the conference.

The team will compete in the Dixie Conference tournament, April 18 through 19. The Captains hope to retain the crown they have won for the past two seasons and seven of the last eight.

The Dixie Conference tournament will be held in Norfolk at Virginia Wesleyan.

**Peninsula Skating Corporation
and
KISS 96
present**

**VA Regional Breakdance
Championship '84**

**April 21st
12-7 p.m.
Norfolk Scope**

**General admission into
Scope \$3.00**

**Contestant fee \$10.00
(including admission fee)
*All students get 10% off***

**Cash prizes totaling \$2,400
4 Winning Categories**

Entry forms must be in by April 16 and can be picked up at all 7 Eleven stores. For further information, call 898-7738 or KISS 96 874-3696.

Christopher Newport College
Spring 1984 Examination Schedule
May 7-12, 1984

DATE	1st Period 8 a.m.-11 a.m.	2nd Period Noon-3 p.m.	3rd Period 4 p.m.-7 p.m.	4th Period 7:30 p.m.-10:30 p.m.
MONDAY May 7	MWF 8-9 a.m.	MWF 11 a.m.-Noon	M 1-3 p.m. MWF 1-2 p.m. MW 1-2:15 p.m.	M 5:30-8:30 p.m. MW 7-8:15 p.m. MR 7-9 p.m. Monday Night Classes
TUESDAY May 8	TR 9:30-10:45 a.m.	TR 2:30-3:45 p.m. T or R 2:30-5:30 p.m. TR 3-4:15 p.m.	TR 1-2:15 p.m. T or R 1-3 p.m.	T 5:30-8:30 p.m. TR 7-8:15 p.m. Tuesday Night Classes
WEDNESDAY May 9	MWF 9-10 a.m.	MWF 2-3 p.m. MW 2-3:15 p.m. MW or F 2-5 p.m. MW 2:30-3:45 p.m.	MW 4-5:15 p.m. W 5-6:30 p.m. M 5-6:45 p.m. MW 5:30-6:45 p.m.	W 5:30-8:30 p.m. MW 8-9:15 p.m. MW 8:30-9:45 p.m. and Wednesday Night Classes
THURSDAY May 10	TR 8-9:15 a.m.	TR 11 a.m.-12:15 p.m. TR 11 a.m.-1 p.m.	TR 4-5:15 p.m. TR 4-6 p.m. TR 5-6:15 p.m. TR 5:30-6:45 p.m.	R 5:30-8:30 p.m. TR 8:15-10 p.m. TR 8:30-9:45 p.m. Thursday Night Classes
FRIDAY May 11	MWF 10-11 a.m.	MWF Noon-1 p.m.	MWF 3-4 p.m. MW 3-4:15 p.m. M 3-5 p.m. W 3:30-6:30 p.m.	Departmental Exam Biology 102
SATURDAY May 12	S 9 a.m.- Noon			

Important Notes

- No final exams will be given during the last week of classes.
- Students are required to take all of their examinations at the time scheduled, except:
 - Where conflicts occur
 - For illness
- Students should contact the individual instructor by May 4, 1984 for any exceptions.
- NOTE TO FACULTY:
 - Graduating seniors will be graded on separate grade sheets due in the Registrar's Office 24 hours after each final examination.
 - All other grades are due in the Registrar's Office 48 hours after each final examination.

Office of the Registrar

Favorite Class

(Continued from p. 5)

Psychology 202. "The class is very interesting and you learn a lot about human behavior." *Jill Ray*

Art. "You can express yourself, motivate yourself, and get your mind going." *Nestor Hinojosa*

Psychology 201. "It gives you awareness of self-discipline, and an understanding of other people and yourself." *Mario Newby*

Math. "I like it." *Ra Kay*

Marine Biology. "Because of Dr. Cones." *Debbie Lauffenburger*

Personal Finance 310. "It is very helpful outside of the class room." *Danny McFatridge*

Physics 103. "It is interesting, and the course is presented on the average person's level." *Bill Conner*

Anatomy and Physiology. "I learned the most. The teacher is caring. It's a nursing course, and it has a lot of women in it." *Steve Frank*

Cinema before 1940. "Fascinating. The classics of the movie theatre. It is a great class for discussion." *Robert Hollinger*

English 101-02. "It improved my writing skills a lot and it helped me organize my study habits." *Mark Redman*

Biology 101-02. "Dr. Pugh really makes the class interesting." *Phillip Jones*

Psychology 307. "Interesting, it better prepares you for when you have children, and it guides you through your life crisis." *Francine Brock*

JAN-MAR BEAUTY ACADEMY

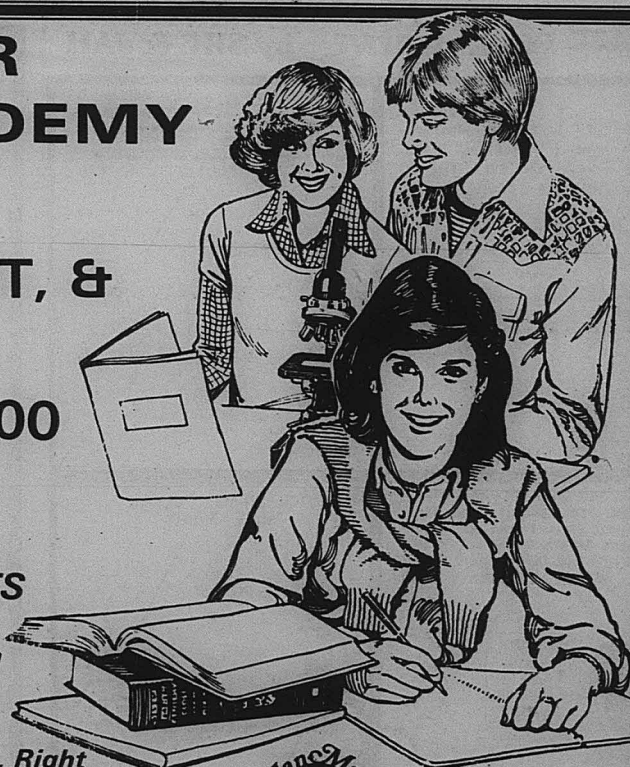
HAIRCUTS: \$4.00
**SHAMPOO, HAIRCUT, &
 BLOWDRY: \$8.00**
PERMANENTS: \$15.00
up

TUES.-SAT. — 9 a.m.-5 p.m.
JOIN YOUR FELLOW STUDENTS

*All work performed by students under strict supervision
 of certified instructors.*

**(On Warwick Blvd., 4 Blocks North of Rt. 17, Right
 Across from CNC College Drive.)**

595-5509



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