CAPTAIN'S JOG

Volume 28, Issue 24

April 14, 1997

Driver faces DUI charge after flipping car near CNU

By Melanie L. Stokes Staff Writer

Stephen W. Howe flipped his car on Moores Lane, just a few feet from CNU's campus Thursday morning as students watched from the student center parking lot. Howe was arrested and charged with DUI and reckless driving. CNU police sergeant Samuel Warren was the first officer on the scene, where he found a .380 caliber handgun in Howe's car.

The accident occurred at nearly 1:30 a.m. as CNU student Eric Pesola was walking to his car. Pesola heard the sound of an impact and looked up to see Howe's car flip into a ditch separating Moores Lane

from CNU's lawn.

"The car landed upside down and was still running," Pesola

"My first reaction was to run over and see if the guy inside was all right."

Howe crawled out of the car and was able to stand and walk around, Pesola said. "The guy was looking around at his car, and then he kicked out the passenger side window with his heel," Pesola said.

Howe, 22, said that the car belonged to his parents.

Pesola alerted CNU police who immediately called the New-port News police department and sent Sergeant Warren to the scene.

"Things were pretty calm. I was in the cop car and Warren was looking around the guy's car with a flashlight. Suddenly, Warren looked alarmed and he starting shouting, 'Put your hands behind your head! Put your hands behind your head!" Pesola said. Warren was reacting to the discovery of the gun in Howe's car.

"I saw the gun and it scared my socks off," Warren said.

"Warren ran over, grabbed him by the back of his collar and held him down to the hood of the police car until the Newport News cops got there," Pesola said.

"Newport News police arrived on the scene at 1:32 a.m.,

where the campus police had custody of Howe for suspicion of operating a vehicle under the influence of alcohol," said Newport News Officer Peter Edgette. At that point, Newport News police took custody of Howe as Sergeant Warren assisted

"The gun was recovered from the car and taken into Newport News custody as evidence," Edgette said, "but no charges have been filed with regard to the gun. The car was towed."

Chief Gerald Bright said that an assist, such as Warren's, is part of a campus police officer's job. CNU police usually do not make off-campus arrests, but they can assist.

"The way the code reads, we

have authority on all roads, alleyways, and sidewalks immediately adjacent to campus," Bright said. "We also have a mutual-aid agreement with Newport News that says we can assist," Bright said.

"In this case, Sergeant Warren went out to check for injuries while he waited for Newport News to respond," Bright said. Upon arrival on the scene, Warren suspected that the driver had committed a crime, secured the situation, and waited for Newport News to arrive and determine if an arrest was in order. In Howe's case it was.

"We want to help but we wouldn't want to do anything to compromise an investigation," Bright said.

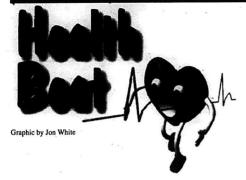
Two in Eden

Two lonely lovers search for paradise.

See the review of CNU's latest theatrical production on page 6

Photo by Kelly Wells/
The Captain's Log





By Mike Leonard Staff Writer

Students studying until 6 a.m. with bloodshot eyes and coffee breath are no strangers to stress. Stress, left unmanaged, leads to the emotional and physical problems many students suffer. For students, stress is a reality, but solutions seem an impossibility.

"Counselors can't relieve stress

for you, but they can help you make choices that will help you achieve good mental health," said Rita Ciname.

"The symptoms of stress can be anything: sleep difficulties, eating disorders, lack of or exaggerated appetite, and sometimes even hives. Also, stress reduces the immune system, making you more likely to contract an illness," Ciname said.

Break the stress cycle

Occasionally, people adopt unhealthy behavior to deal with stress. The symptoms of stress become overwhelming, and students seek to relieve the symptoms without getting to the root of the problem.

"Some people might turn to drinking or drugs in order to cope with the stress, but these ways of coping are self-destructive," said CNU counselor Anita Tieman.

Students often can't make time for long term solutions and fall into a cycle of quick fixes. "This behavior is only a band-

"This behavior is only a bandaid, and that provides temporary satisfaction," said Ciname. Ricki Davis, a junior at CNU said, "One time I felt stress I took two

weeks off of school, and just made it worse."

Stress management is difficult because many don't realize that what they are feeling is stress re-

lated, and don't seek solutions.

Besides the obvious health ben-

efits, exercise can cool off stress.

"Exercise is the best stress reducer, especially aerobics," Ciname

Exercise is only one of many healthy habits promoting stress-free life. "The first thing you need to do is to stress-proof yourself by eating regularly, eating a proper diet, and getting exercise... You need an assortment of things to do when you're actually under stress like conflict resolution, relaxation techniques, and breathing exercises," Tieman said.

Healthy living helps prepare a body for stress, but experts warn that avoiding stress in all areas is best. "Know yourself and your limitations. Learn how to budget time, money, and find time to exercise," said Ciname.

"When you're in a class getting ready to take a test you won't have a chance to hit a punching bag or do yoga in order to relieve stress," said Tieman. Preparation and maintaining a positive life-style that safeguards students against stress is the best way to prepare for the unexpected.

Lenn Vermillion, a CNU senior, said, "Just yesterday I came back from Florida and had to wake up at three in the morning to get back on time. But my car broke down and I got back an hour and a half late for a class in which I had a huge presentation to make."

It may be difficult for a student struggling with the stress of the classroom to believe, but stress comes in all kinds.

"If a student came in for help with ... anger related [stress], we would teach them anger management. If they had stress from ... test anxiety ... we would do desensitization exercises," said Tieman.

If any student would like some help with stress, CNU offers free counseling through the office of career and counseling.

CAPTAIN'S COMMENTARY

By Karen DiGiorgio

"I like ours better." Iohn Miller



"I'm mad that we paid so much for our logo. We have so many good art students here; we could have had a contest and paid the winner less than we paid this company."

Jane Massey



power to them." Bobby Gery

"We should have gone to the arts department and offered a scholarship to the student who designed the new logo."



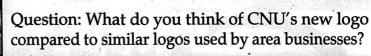
"I could have done that, it's not a difficult design. When they [the university] were asking people what they thought of it, they only wanted to hear good things."

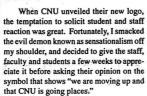


"We're surrounded by water. It is reasonable to expect businesses in this area to use ships or sails or other nautical symbols in their logos. We formed focus groups and completed marketing studies and everyone liked the new logo."

Kathy Edwards

Photos by Chris Taylor/The Captain's Log





As is wont to occur when one waits, a funny thing happened on the way to this column. Our editor discovered, and I photographed, a clone of CNU's brand new \$18,000 logo on an apartment/shopping center sign adjacent to Hampton University. Forget that our rival, Hampton University, is rumored to own the property, I just want to know how much they paid for their three triangles!

I had just about recovered from duplication shock when the horrible thought hit me—who else is profiting from our coveted and most expensive logo? Sadly, it did not take long to find a number of cheap imitations—

and I do mean cheap—of our beloved icon which tells us "who Christopher Newport was."

Chandler's Wharf, another apartment complex in Hampton, and Westwinds Apartments in Norfolk, have our three sails in their logos.

Although their one complete sail is all the way to the left while ours is to the right, it is clear that they were going for "a style that mixes tradition with progressive movement." Several other apartments in the area carry the logo of a management company called NHP. Just turn that design upside down, there go our three ships, showing "the direction we're going in now."

Just look at the similarity between the

Newport News Public Schools logo and CNU's! Who do they think they're fooling? Not us, boy! Their cheap triangles cost them a whole lot less than \$6,000 each, and they look it, too!

I checked my favorite search tool on the Internet, Alta Vista, using the keyword "logo," and pulled up Lucille Arneson's logo for a newsletter called Blue Notes that had two out of our three of our sails AND a font suspiciously similar to ours—if you have a decent printer to print it.

Just as I was about to take my article up to The Captain's Log office and place it on the page, my mailman delivered a letter from the Christian Broadcasting Network's Middle East Television bearing an uncanny resemblance to CNU's "new look." Oh

well, I guess when you're good, everyone copies you.

According to Water's Advertising, a local advertising agency, "a typical logo design costs between \$500 and \$2,000." Wow! That's almost as little as Great Atlantic paid for the Hampton Harbors logo!

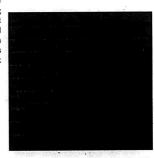
The final insult came from Barton, Matheson, Willse, & Worthington, the company who designed our logo. Doesn't that typeface look a whole lot like the font we paid them to customize for us?

But getting back to the reason I began this editorial in the first place—to seek student opinion of our logo.

Unfortunately, those to whom I spoke were not thrilled with it. Even after having weeks to get used to it, students, for the most part, hated how much CNU paid for it and faculty members liked their jobs too much to respond. Oh well, that is the way it goes in this dog eat dog world. But if you ask me. I think we've been chewed.









MIDDLE EAST TELEVISION تلفز يون الشرق الأوسط



Corrections

THE CAPTAIN'S LOG, THE OFFICIAL STUDENT NEWSPAPER AT CHRISTOPHER NEWPORT UNIVERSITY, IS PUBLISHED 24 MONDAYS THROUGHOUT THE 1996-1997 ACADEMIC YEAR. NEWS CONTRIBUTIONS ARE ACCEPTED BY FACSIMILE (594-7639) OR IN THE CAPTAIN'S LOG OFFICE (SC 223). CIRCULATION INQUIRIES, ADVERTISING RATES AND POLICIES ARE AVAILABLE UPON REQUEST BY TELEPHONE OR MAIL. THE CAPTAIN'S LOG WELCOMES LETTERS FROM ITS READERS. SEND TO: THE CAPTAIN'S LOG, 50 SHOE LANE, NEWPORT NEWS, VA, 23606. LETTERS MAY ALSO BE BROUGHT TO OUR INTERNET ADDRESS: (CLOG@CNU.EDU). ANONYMOUS LETTERS MAY BE PRINTED, BUT WRITERS MUST SIGN THE ORIGINAL, PROVIDING FULL ADDRESS AND TELEPHONE NUMBER FOR VERIFICATION PURPOSES. STUDENTS: PLEASE INDICATE YOUR CLASS STATUS. IF THE WRITER IS AFFILIATED WITH AN ORGANIZATION, THAT MAY BE NOTED. THE CAPTAIN'S LOG RESERVES THE RIGHT TO BOIT LETTERS ACCORDING TO STYLE, SUBJECT AND LENGTH, AS WELL AS TO REFUSE PUBLICATION. FOR A LETTER TO BE CONSIDERED FOR PUBLICATION IN THE NEXT ISSUE, WE MUST RECEIVE IT BY NOON OF THE WEDNESDAY PRIOR TO PUBLICATION. CORRECTIONS/CLARIFICATIONS TO THE CAPTAIN'S LOG WILL BE PUBLISHED IN THE ISSUE POLLOWING THE ERROR.

ACT ONE PRESENTS:

1996 CAMPUS ENTERTAINER OF THE YEAR HYPNOTIST

TOM DeLUCA

Wednesday, April 16th 8pm in Christopher's

FREE FUN FREE FUN FREE FUN FREE







ACT ONE PRESENTS:

THE GREAT COLLEGE DRIVEIN MOVIE

Featuring: The Long Kiss Goodnight and
That Thing You Do

8pm on the Great Lawn
Free Popcorn

FREE FREE FREE FREE FREE FREE FREE

NEWS BRIEFS

Free cancer screening

The Peninsula Institute for Community Health and the Cancer Prevention Coalition will sponsor a free cancer screening on April 26 from 10 a.m. to 2 p.m. Testing will be for breast, cervical, oral, prostate and skin cancers.

Call Valerie Hall or Gloria Fauntleroy at 380-8709 for an appointment.

Journey to the Motherland: Traditional African dinner, dance

CNU Dining Services and the Office of Multicultural Student Affairs are hosting "Journey to the Motherland: A Celebration of African Culture" from 5 to 7 p.m. on April 14. Harbor Lights will be serving authentic African cuisine. At 7 p.m. Mor Thiam & Ballet Afrique will dance in Gaines Theatre.

Admission for dinner is \$7. Admission for the theatre is \$3 for CNU students, faculty and staff, and \$5 for all others.

Citadel cadets punished

The Citadel announced March 10 that it would dismiss a male cadet and give lesser punishments to nine others for their roles in the hazing of two female students last fall.

The women, Jeanie Mentavlos and Kim Messer, quit the military college in January, claiming that male cadets set their clothes on fire, put cleanser in their mouths and sexually harassed them.

The names of the punished cadets were not released. Two other men, accused of the worst offenses, resigned from the college earlier this year, while a third cadet accused of threatening Messer also has

dropped out, the college said.

Mentavlos and Messer were two of
The Citadel's first female cadets. The college dropped its all-male policy last summer after a lengthy court battle.

Punishments for the nine cadets include "tours," or walking at 120 steps a minute around the Cifadel's quadrangle, and being confined to campus or reduced in rank.

Information provided by the College Press

Sigma Tau Delta elects new officers for 1997-98

Members of Sigma Tau Delta met Thurs., April 10 to elect new officers for the 1997-98 school year. Newly elected are: Wesley Cline, President; Mary Hodges, Vice-President; Chandra Chappell, Secretary; and Lisa Monroe, Treasurer. Karen DiGiorgio and LeAnn Bartko were elected Editors of Currents magazine. Assistant Professor Roarke Mulligan will be the faculty advisor.

Thanks to outgoing officers Lorrie Rubino, Amy Williams, and faculty advisor Dr. Douglas Gordon for their service to Sigma Tau Delta.

Publishers plan to standarize college rankings

In a collective effort to improve the accuracy of college rankings, four major publishers said they would use a standard set of questions in the surveys they send to colleges.

The College Board, U.S. News & World Report, Peterson's and Wintergreen/ Orchard House will ask the same basic questions about a college's courses, enrollment, admission requirements, expenses and freshman class profile.

The publishers acknowledge that the 43 questions, known as the Common Data Set, were developed after their rankings were criticized for their unreliability.

For instance, the Wall Street journal reported in 1995 that some colleges skewed data by including different groups of SAT takers when reporting average test scores.

"Prior to the Common Data Set, each survey asked for similar data in different forms, and this lack of standardization often led students and parents to make inacturate comparisons," said Donald M. Stewart, president of the College Board.

Donna Spencer, coordinator of institutional surveys for Ohio State University, said the questions are "clear" and "welldefined."

"Even assuming that most publishers will still request a good deal of additional information, the standardization of any of this material is a welcome change," she said.

Information provided by the College Press

National Library Week

April 14-18 is National Library Week. Captain John Smith Library is participating by demonstrating selected resources of particular use to various departments. All programs will be held in the Multimedia Center, in the Media area, and will last one hour.

Humanities & social sciences will be covered at noon on April 14. Science will be covered at noon on April 16. On April 17, at 1 p.m., all are welcome to discuss the business discipline.



Wednesday

8 p.m.
Act One Presents: Tom
DeLuca, hypnotist
Christopher's

Thursday

7 p.m. SGA Club & Organization Awards Banquet SC 150

Friday

Noon Spring Madness Great Lawn

3 p.m.
Battle of the Bands
Great Lawn

8 p.m. Symphonic Band Gaines Theater

8 p.m.
Act One Presents: Drive-In
Movies (double feature)
Great Lawn

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Center ATM).

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Flickers: Harrison Ford makes a Pitt stop

By Rick Strube and Zack Moon Staff Writers

"The Devil's Own" is the story of an Irish Republican Army terrorist, Frankie "The Angel" McGuire, played by Brad Pitt. He flees a death-squad manhunt in Ireland to America to purchase a cache of Stinger anti-aircraft missiles to used against the British military. He arrives in New York and stays with the family of police sergeant Tom O'Meara, played by Harrison Ford. They come to view him as a member of the family. When McGuire's I.R.A. activities bring violence into the home, he flees O'Meara discovers McGuire's true purpose, and decides to bring him to justice.

ZACK: The movie begins with a young Frankie McGuire in an Irish town. His father is brutally shot by British solders while the family is having dinner. This marks the beginning of his purpose of becoming a terrorist. As the movie opens, the camera focuses on Pitt's eyes, showing the anger and determination that develops within him.

RICK: What most impressed me about that was the cinematography immediately after his father is shot. The camera zooms in on the blue eyes of the young boy, wide with fear. The image fades into a black and white photograph of Pitt's eyes which are cold and emotionless. This image, besides being aesthetically fantastic, establishes one of the major plot lines: the tension within Pitt's character. On one level, he is a ruthless terrorist fighting in a bloody conflict. But on another level he is a young man who never had a childhood, and who demonstrates a childlike sense of happiness. This internal conflict is far more devastating on Pitt than the war which he left behind in Ireland. When faced with Ford's friendly demeanor, Pitt is forced to confront feelings he had buried years ago.

ZACK: Pitt seems to develop a new personality after entering the home of Tom O'Meara. Although he plays a hard-core terrorist from Ireland, he is instantly welcomed as a member of the family.

Pitt's relationship with Ford develops into a father-son relationship, which causes Pitt to go against his killer motivation. When hit men come to search for Pitt, Ford discovers Pitt's true purpose. His instinct to bring Pitt to justice destroys their relationship. Ford does a great job keeping the tension on Pitt even while having personal conflict with his job.

RICK: Pitt and Ford have a discus-

sion about Ford's work as a police officer. Ford reveals that he has never killed anyone in his 20 years on the police force, building suspense. Will the first man Ford kills be one he has come to love as a son? This tension is coupled with that of the corollary question: Will Pitt, the terrorist, he able to kill the man who has become a father figure to him? During their final confrontation Ford tells Pitt, "If I let you leave with those weapons then people will die." Pitt replies, "But you'll have to kill me to stop their deaths, Get's complicated, doesn't it?"

It does indeed. What distinguishes one act of violence from another? Is Pitt's behavior any different from those he is fighting? If the only way Ford can prevent death is to cause death, has he undermined the very principles he is trying to defend? This movie avoids the easy and less truthful escape of answering these questions explicitly. Rather, it shows Ford and Pitt as they confront these tensions which are not absolutely resolved. The film allows the audience to see beyond any one answer and truly consider these questions.

Rick and Zack viewed this film courtesy of Kiln Creek Regal Cinemas in Tabb. For ticket information call 989-5200.

Alternate Route By Joe Alkinson

So I was thinking about writing something on the Spice Girls this week. I'm not kidding so you can stop laughing now. I won't go so far as to say that I actually like them or anything, but I can't bring myself to hate them which, by all means, I should. It's just that everytime I skip by MTV on my way to something far more entertaining I end up running into one of their videos and I somehow manage to get stuck right there, helpless to do anything but sit and be bludgeoned by their flawless, except for the fact that they're horrible, pop songs. ARGGGHHH!!!! HELP!

So actually I think I'll talk about Wilco this week. If you already know about Wilco you can go ahead and stop reading at this point. Chances are good that the people who have heard of them have already realized what an incredible band they are and how great their newest album, "Being There," is. If you haven't heard of Wilco then I would encourage you to keep reading.

Wilco hail from the awfully cold city of Minneapolis. They follow a long string of great and not so great bands to have come from the area. Their great forebearers include the Replacements, Husker Du, and Uncle Tupelo, who Wilco singer-songwriter Jeff Tweedy was once a member of. After Uncle Tupelo broke up Tweedy formed his new band and they released the pleasant, but not great album, "A.M."

Now, two years later, the band has released the double album, "Being There." It's normally in the nature of a double album to be a bit tedious or tiresome, but it isn't in the nature of this one. Tweedy and crew serve up 19 songs, 70 minutes, and 2 albums worth of rock and roll greatness.

From the the Stonesy swagger of "Monday," to the twangy ballad "Forget the Flowers," to the clever pop craft of "What's the World Got In Store," to the confessional "Somebody Else's Song," the band never misses a beat. Their influences like the Replacements, the Rolling Stones, Johnny Cash, and R.E.M. show up all over the place, but the band never seems overly derivative. "Being There" is worth an A+ and is easily one of the best albums to be released in the past twelve months.

Rave Reviews: A bigger better coffee house

By Elizabeth MacGahan Lucido's 10367 Warwick Blyd. In Hilton Villas

10367 Warwick Blvd. In Hilton Village tel. 596-3702

open Mon. - Sat. 8 a.m. - 10 p.m. and Sun. 12 p.m. - 6 p.m. no alcohol

You can order a straight cup of Joe to go at Lucido's. You'd have to be in an awful hurry, though. That's what I had in mind as I stood in line on my first visit, until I saw a customer sipping an enormous bowl of beautifully layered, foamy cappucino. On her face: ioy.

Coffee is cool. Hip Gen-X types stay up all night bragging about caffeine tolerance and comparing subtle flavors like wine connoisseurs. Every piddly little restaurant now has a cappucino machine, some even have a couple bottles of Torino syrup. The trick is to stand out.

Lucido's stands out by having the most neat stuff. They serve big foamy cappucinos in bowl sized French-style breakfast cups. Clear cups show off the expert layering of coffee, milk and foam. They have a slew of flavorings and coffee drinks. I adore the house blend of flavored hot tea, which is spicy and fruity. Sugar brings out the flavors beautifully. Lucido's offers an impressive bakery selection of bread and croissants for sand-wiches, bagels, multipy pastites, cookies and cakes. I can tell you they aren't made in house. Don't overlook them, however. The turnovers and the hazelnut cake are heavenly. The palmier cookies are flaky and buttery, as they should be.

They are hard to find, and worth the trip by themselves. The napoleons, layers of puff pastry and custardy cream, are just a little less than wonderful. Mine was a mite soggy and the filling was heavy.

Coffee is cool, but snacks are necessary. Folks in a snackable mood should drive no further. I tried a veggie sandwich on a croissant, and swung by later for chicken salad. The veggie was tasty, and light enough to leave me craving dessert. I'd call that a wise decision. The chicken salad was simple in texture, but very rich and deliciously seasoned. I enjoyed it so much that I gulped it down before I could identify that mystery herb. Once again, a good choice.

I'm on the fence about the tortilla roll sandwiches. Flat bread makes for a lighter tummy after lunch. Plus it scores points for originality, and Lucido's is the home of neat stuff. With a full array of deli meats, cheeses and dressings plus veggies and breads, you won't get a bad sandwich. Per-

sonally, I would go with marble rye and leave the tortillas for Mexican food.

Who goes to a coffee shop for the coffee? What we're looking for is ambience, decor, a good vibe. Lucido's and the neighboring Village Parlor balance each other beautifully. The Village Parlor has kitsch, kid's stuff and friendliness. Lucido's has art, grown up kid's stuff and friendliness. When I walked in Lucido's employee and CNU student Todd Markwalter was playing the violin. Local artists crowd the walls with their work. Displays feature everything from coffee beans and tea leaves to flavored spoons to t-shirts. The patio tables are the right size for intimate dining, but the natural tendency



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here and people who come here love the

restaurant and the neighborhood.

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Two in Eden: A Single Act of Love

Contributing Writer

For the second time this season, Naum Panovski and CNU Theatre have nurtured a neophyte into maturity. Giving local audiences the opportunity to experience the American premier of "Two in Eden," Panovski has once again brought to life a play written by Macedonian playwright Tomislay Osmanli and translated into English by Sonya Andonovska.

A bittersweet rocomedy. "Two in Eden" penetrates the veneer of

two strangers' small talk to expose the pathos of their loneliness and alienation.

Developing the play's themes to their fullest, Panovski used a simple set, emphasizing the two comic characters and playful puppetry-a lot to accomplish, especially in a single act.

Kathy Rhodes gives a fine performance as the lonely puppet-maker, Nela. Rhodes' range of emotions-from anger to fear, cynicism to naivete, scorn to tenderness offers an understanding of Nela's confusion and emotional pain.

Her pitiable stories are so convincing that upon finding them false, one can't help

above: Nela sleeps on Toto's lap near the end of the play, while the puppets hover in the background. right: Princess, Jester and Poodle puppets wait patiently on their strings.

Photos by Kelly Wells/The Captain's Log

but empathize with Nela's loneliness and isolation. Rhodes' remarkable mediation of this character's complexity demonstrates her capable acting ability.

Likewise, Matthew Cox offers a compelling performance as Toto. Comically flamboyant, foolish and flighty, Toto "watches basketball and drinks blueberry juice." His stories grow into the tall tales of children.

Cox is so convincingly charming and genuinely cute, that one almost hates to dismiss his stories as false.

His characterization offers us a lovable. albeit ludicrous, man-child. Eternally op-

actors are not this production's only strengths. Panovski's creative influence can be felt everywhere, from Toto's choreographed clumsiness to the sensitive use of light and shadow.

With Smaranda Branescu. Panovski designed a minimal set that never upstages the actors, yet maximizes the play's potential for meaning. A solitary park bench and a bevy of stick lights randomly arranged be-

hind it offer the sensations of absence and presence, loss and recovery.

Smoke enhances the dream sequence, allowing the park bench, where Nela and Toto finally Edenize, to naturally form the stage where marionettes, beautifully constructed and costumed by Puppets Arts Center of Virginia, play out their own Garden of Eden fantasies.

CNU is fortunate to have an innovative Theatre Department. Under his leadership, cast and crew have once again proven that there is room for new works

The efforts of Macedonian playwrights differ little from works produced in our own country. Fantasies and failures torment each of us, regardless

of continent or culture, and link us at our roots

"Two in Eden" illuminates desires which have evaded humans since Adam and Eve's fall-perfect love and redemption - paradise regained.

as Tamara Russell's "A Microcosm of

Strength and Home." Paul Pittman's "Outlook" arrived unhurriedly just moments be-

was to keep it

awards, prompting

Russell and Edythe

Rind each spoke

briefly, thanking

family and profes-

Russell breathlessly

pect to win." Win-

and Lorrie Rubino

each read a portions

of their work. Susan

Hueck could not to

winners

Lewis,

Paul

Pete

Tamara

fore the event kicked off.

NU surprised by "Currents"

By Elizabeth MacGahan Staff Writer

acceptable.

Red roses reflected in the glossy black of the grand piano as John Murdoch be-

timistic, he is perpetually able to employ

his innocence to see beyond the visible,

know the unknowable and accept the un-

The skillful performances of these two

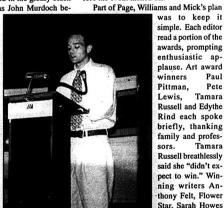
guiled sweet music from the keys. Art trimmed the stage. Copies of the debuting magazine, "Currents," were nowhere to be found.

Winners in all categories were kept secret until Friday's premier to "help build the excitment, said co-editor Misty Mick. Amy Williams, Dawn Page and Mick minutely planned the event.

The magazine was stowed behind the piano until the reception. wanted to tell people, 'this is your premier," Mick said. In order to grab a magazine at the re-

ception, folks had to join the crowd and the art onstage. "We tried to keep it so that people could look at the art and mill around," Mick said.

Not all of the art featured in 'Currents" made it to the premier Friday. "Half the work is in the Falk Gallery for the Senior Show," Mick said. Some of the larger pieces couldn't be moved, such



Tony Felt reads from his award winning story "Arbeit Macht Frei."

Photo by Chris Taylor/The Captain's Log attend

A few dozen students and faculty attended the brief ceremony, lingering to congratulate friends and discuss the art. Cissy Edwards, a Riverside Nursing student particularly enjoyed Felt's Auschwitz story and pointed out Rosa Doughty's Earth and Tuchvala."

"I was impressed," Edwards said. "There's a lot more talent here than I anticipated."

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Chamber Performers Tour Europe

cotta creation.

in his internally lit "Uninvited Guest," a glazed terra

By Richard Strube Staff Writer

The CNU Chamber Performers spent 10 days in Europe, performing twice in The Netherlands and twice in Germany. Consisting of instrumental and vocal musicians, the Chamber Performers presented "Two Centuries of American Parlor Music" to European audiences.

They performed music from the Civil War, the Gay '90s, Dixieland Jazz, as well as compositions by Stephen Foster and Samuel Barber.

The Chamber Performers were directed by Dr. Mark Reimer of CNU's music department. Reimer was responsible for organizing the trip to Europe.

"Our hosts were people whom I had previously invited here," said Reimer. "The trip was multi-purpose. It gave the students a global perspective. For a lot of them, it was their first real travel experience. They thrived in the environment."

Many of the pieces performed had been arranged by the students themselves. In addition, Dr. Jennifer Barker composed an original work. Barker, Reimer and Dr. Richard Guthrie accompanied the Performers to Europe.

Guthrie served as the emcee for the performances. His fluency in German allowed him to "offer insights into the background of the music ... steeped in innumerable anecdotes," as reported by a German newspaper.

The same newspaper described the show as a performance by "true professionals who treated us to a wonderful program rich in technical precision and interpretation." Af-

families, two students per house. These host families provided the students with a place to stay and an introduction to the cultures of their country. "My host family in Germany was fantastic," said trumpeter Billy Lackey.

"I learned a lot just talking to them." So



right: Chamber singer Vanessa Angelone joins a street performer in Munich. above: CNU students mix with the German culture at the Hofbrau Haus in Munich.

ter their first show in Germany, the audience gave them a standing ovation, and called for three encores. Guthric told students that German audiences rarely call for encores, or give standing ovations. "We can all be very proud of the work these students put into this production," he said.

The students stayed in the homes of host

prano Diane Darton agreed. Despite being hit by a bicycle, Darton said that she was very impressed by both Dutch and German cultures.

"Everyone was so friendly. When our group went dancing in a disco, the DJs announced that 'Americans are in the house,' and played American music all night."



Photos by Kelly Wells/ The Captain's Log

Photos courtesy of Dr. Mark Reimer

Darton was offered singing jobs in both countries after her performances, and says that she hopes to return soon.

"Our best show was the last performance in Germany," said baritone Donovan Coley. "We knew this was our last shot, and the music was just fun to play." Reimer described the Chamber Performers as "exemplary."

"Because we use nost families, we are able to make this trip affordable for students," he said. Plans are already underway for next year's trip, which may go to Rio, Norway, or Ireland.

Wes's World

By Wes Cline **Humor Writer**

Columnist cloning can cause catastrophe

Staff Writer

After a considerable amount of thought, I have decided that human cloning would probably be more trouble than it is worth. I mean, sure it would be great if I had a thousand Weses running around to do all of the tedious work that I am too busy or too bored to do myself, but there are

The problem with so many Weses is that eventually they would want me to feed them. I am not what anyone would call lowmaintenance. As it is, I require a small third world country to pay my cola bill each week. I won't even go into the logistics that have to be arranged to buy my Happy Meals for a week. Let me just say that my children and grandchildren are going to have a very big surprise waiting for them when they come of working age. I cannot think of any way to support more than one Wes at a time on this planet. It would probably take doubling the national debt to keep clones of myself alive for even the duration of my college ca-

One of the dangers I see in the ability to clone myself exists in the area of learning. Unless there is some way to instantaneously transfer all of the memories from my clones to myself, I may never learn anything. I know that eventually I would break down and start sending my clones to my boring classes just to avoid that torture. As much as I hate to admit it, the classes that are most boring are the ones in which I am learning the most Secondly, if my clones are sent to the classes I despise, they will probably despise them also. When my clones start refusing to go to class, I will have to either go myself, create more clones each time I want to skip class, or get rough with my other selves. I don't know if I can hit myself, and I would probably be able to anticipate any punch I am about to throw and effectively block. This would make for a long, tiring fight that would probably be even more boring than the class I am trying to avoid.

Eventually, my clones would want to

write my column. I could never stand for that! If they couldn't write my column. they would most likely want to have columns of their own. Although I am sure that the readers would

> One benefit of having multiple clones of myself

> > Remember

is the obvious job security it would give the

psychiatric community. Literally thousands

of psychiatrists would be necessary to keep

never realize the danger in this since it would seem so wonderful, I realize the world needs some

room for real news and stuff. I know that my girlfriend would not appreciate a number of Wes clones. I think that at times one of me is about all she can handle. Besides, I am not up to the fights that would start over who gets to date her on what night. I am not sure I am even comfortable with the idea that someone besides the original me is doing anything with my girlfriend. I think that just on those grounds I could never support the cloning of myself. I would always be afraid that she would like one of my clones better than

my clones sane enough to function in society. A few hundred thousand more would be necessary to keep all of the people who had been forced to work with my clones sane or at least from going on an uncontrollable, Wes-killing rampage.

The most clear and present danger of having Wes clones is the possibility of a cult forming around them. I can see the head-lines in the paper now: "AThousand Found Dead in the 'Humor's Gate' Cult. All of the members were apparently either clones of the original Wes, or genetically-altered devotees who wanted to look like Wes.' This is not the type of thing I want going on in my world. I couldn't stand it if my clones started killing themselves because they couldn't believe anyone could have bodies like theirs. I know that my body is mine no matter how strange a concept that

I don't think I could put up with more than one of mc. I get on my own nerves sometimes, and there is only one of me. With more, I think I would just go crazy and ... okay, maybe nobody could tell the difference. Let me just state for the record that I am not, nor have I ever been, an alien or clone. At least, I don't think I have been. Come to think of it, that guy in front of me at the Super-K looked a lot like me, and that guy I saw stopped by the state trooper the other day did, too. For now, this is number 67 signing off.

nding the pavement was the only way to find a job?

Color Me The first place winner took the panel by storm with his unique interpretation of space Wes. The addition of Tiffany Amber Theisein as his lovely cohost could not help but gain the support of the test-osterone laden judges. Though not as good an entry as it could have been if it had been a picture of my Chandra, I have to admit it was an interesting interpretation of the picture. Congratulations to Sean Bresnan for creating the

first place entry. Second place goes to a hard working girl who is so innocent that she almost qualifies to be on the team who designed the dolled with the same name. Her entry is a rainbow of color that to the uninformed appears to be a statement on "Gay Pride." This though was not her intent. She drew the rain bow Wes as a statement of the beauty of color. Congratulation to Barbie Friel and her green faced Wes.Thank you to all of those who participated. I would especially like to thank the children who participated. In my mind you are the real winners. See our web site for a color

Photo by Kelly Wells/ The Captain's Log

http://www.ups.com

Faith Matters: Jesus gives priority to relationships

By John Turrittin Contributing Writer

In a world where being successful, generally defined as having a prestigious job and lots of income, how important are our relationships? According to Jesus, they are preeminent.

they are preeminent.

During his years on earth, Jesus spent much of his time developing His relationship with God, as well as with people and their needs. Often, He would withdraw to a quiet place or rise early to commune with God. Clearly, His relationship with God was a priority.

While teaching and training His disciples, Jesus placed a great emphasis on His personal relationship with His disciples as well. This was true throughout His earthly minstry, but it was especially evident in the hours prior to His death on the cross.

Jesus arranged ahead of time to spend the Passover meal with His disciples. He knew that His death on the cross was iminent and tried to prepare them as best He could. During this last meal with the disciples, Jesus instituted what is now referred to as "The Lord's Supper" or "Communion" as a symbolic way for us to remember His sacrificial death on our

behalf. This is a wonderful reminder of how much He loved us.

Next, Jesus performed a beautiful act of ministry by washing and drying His disciples' feet. In doing so, He said that He had set an example for all others to follow.

After Judas left to betray him, Jesus gave the other disciples "a new commandment" to love others as He loved

them. He further prepared them for His death and physical separation from them by sharing some encouraging words about what would happen to them when they died. He told them that they ould be reunited with Him one day leaven.

Jesus challenged His disciples to obey His commandments and to abide by Him. However, He didn't just communicate His expectations, but promise that the Holy Spirit would abide in them and fill them with peace and love. In addition, the Spirit would enable them to remember Jesus' teachings and obey them. He told them that the essence of eternal life is writer His end theory in the second of t

knowing Him and knowing God.

Jesus' final act of love that night was to pray for His disciples. He prayed not only for those disciples, but for future disciples, including those of us who follow Him today. What a tremendous example Jesus was to us throughout His earthly life — especially during the hours prior to His death — of the importance of relationships. Let us place priority on our relationships as well.

UNC proposes early morning classes to fight alcohol abuse

By Colleen DeBaise College Press Service

What some students consider the bane of their existence might become the rule at the University of North Carolina, where administrators plan an unusual approach to combat alcohol abuse.

The campus' Substance Abuse Task Force recently studied ways to discourage excessive drinking at North Carolina, often considered a top party school. While some of the task force's proposals are conventional, such as substance-free residence halls and alcohol-free social events, others could prove eye-opening to students who are used to sleeping in.

For instance, the task force suggests in its report that more early-bird classes and end-of-the-week exams might put a clamp on weeknight partying.

Aaron Nelson, a senior who is student body president, admits that some students are irked about the recommendations, which the university now is planning to implement. Overall however, the report "has been handled pretty well" by the 24,000-member student body, he said.

The task force's report, approved by the board of trustees, will be a "valuable blueprint" as the university works to curb alcohol and drug abuse, said UNC chancellor Michael Hooker.

"I'd like to see a greater emphasis on educational programs and enforcement of alcohol laws," Mohan Nathan, UNC's incoming student body president said. "I'm concerned that a lot of the recommendations deal with symptoms of the problems, rather than the problems themselves."

Nelson, who served on the task force,

said the early-morning classes are designed to provide structure in students' lives, especially for freshmen enjoying new-found freedom.

The report does not specify whether the university should make the classes mandatory, but states that they are "advisable."

"It probably sounds great on paper, but I don't see it as working," said freshman David Jernigan. "I don't think it will have an impact on student drinking."

A better solution would be for more fraternities to declare themselves substance-free, Jernigan said.

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Special Thanks to Mr. Douglas Gallaer and Dr. Jane Webb for their direction and support.

This Week in CNU Sports

Baseball
April 16-20
DIAC Tournament at Averett College
Danville, VA

Golf
April 19-20
DIAC Champ. at Greensboro College
Greensboro, VA

Sailing

April 19-20 MAISA Women's at the U.S. Naval Academy

April 19-20 Delware Spring Open at University of Delaware

Softball

April 19-20
DIAC Tournament at Averett College
Danville, VA

Men's Tennis April 19-20

DIAC Tournament at Ferrum College Ferrum, VA

Women's Tennis

April 19-20
DIAC Tournament at Ferrum College
Ferrum, VA

Outdoor Track April 19-25

NCAA Championships La Crosse, WI

DIAC Players of the week

Athletes of the Week

Baseball-DAVID CAPOBIANCO -N.C. Wesleyan - Andrew Gregory, CNU was also nominated

Softball-JILL OWENS - Christopher Newport - The Lady Captains went 10-0 for the week and the junior from Powhatan, Va., hit .467 (14-30) with five RBIs, and pitched 31 innings allowing just six runs, four earned, picking up four wins and a save. Also nominated: Kelly Jarrell, Ferrum; Bria Lovelace, Methodist; Kim Olsen, N.C.

Men's Tennis-PETTERI LEHTINEN, Averett -

Women's Tennis- KRISTINE BROAD- WELL - Methodist.

Golf-KEVIN ANGLE - Greensboro -Scott Causby, CNU was also nominated.

ROOKIES OF THE WEEK

Baseball-BRIAN KREHER - Greensboro - Brandon Sparks, CNU was also nominated.

Softball-HEATHER HUGUS - Methodist - Dana Edwards, CNU was also nominated.

Men's Tennis-TIMO HARKONEN - Averett.

Women's Tennis-Elina Tolppa - Averett

Golf-DAVID HORNE - Greensboro.

Inside next week's issue... Statt Writer Chris Perry's coverage of the Whittaker vs. De Lallova bout.

Ladies win 13 straight, take home Ferrum Hardware

By Kris Van Deusen Staff Writer

The CNU softball team captured the Ferrum Invitational trophy last weekend for the second time in team history. With a 25-7 record, a current 13 game winning streak and eight regular season games left, they are on pace to win 30 games for the second straight year.

In the middle of the streak, CNU

In the middle of the streak, CNU claimed six victories during the Ferrum Invitational tournament April 5 and 6. After demolishing Meredith, Methodist, Roanoke and Shenandoah, outscoring them by a total of 44-8, the Lady Captains should have gone to the championship game. However, since two other teams had made it to the championship round, CNU had to play Bluefield College in a playoff before facing then undeafeted Savanah College A&D.

"Even though it was an extra game," said Head Coach Paul Weiss, "the girls wanted it that way."

By playing the extra game, they proved their dominance by defeating all of the top teams in the tournament. CNU blanked Bluefield 7-0.

In the championship game, Savannah A&D scored in the first inning off a three run homer that came after an error on a play that should have ended the inning, CNU scored a run in the top of the second inning, but starting pitcher Julie Shelton was pulled in the bottom half of the inning after a Savannah hitter drove a hard line shot up the middle. Shelton nabbed the line drive, but Weiss knew it was time to bring in relief. Jaci Morris pitched three and two-thirds scoreless innings.

CNU added four more runs in the top of the fourth taking a 5-3 lead, but Savannah added one more in in their next at bat to cut the lead to one.

Salvation came in the bottom of the fifth when Morris walked a batter after the first hitter reached base on an error. When she pitched two straight balls, Weiss pulled Morris and sent his ace, Jill Owens, to the

Owens, 12-3, pitched a ball and a strike before the batter hit a ground ball up the middle on the third base side of second base, but rookie Dana Edwards scooped it up, stepped on second, and hurled the ball to Heather Phillips on first for two outs. Phillips turned and threw home to catcher Heather Morris who tagged out the first Savanah runner who tried to score from second base, completing a triple play.

"That really broke their backs," said

"That really broke their backs," said Weiss. "They had two runners on with no outs and couldn't score."

Owens shut down the rest of Savannah's hitters preserving the lead for a 5-4 victory and the tournament trophy.

"Speed won it for us," added Weiss.
"Tina Martin, Sarah Melton, and Dana Edwards ran the bases well and scored a

Martin, Melton, and Edwards scored one-third of the team's runs in the tournament. Owens, however, claimed DIAC Athlete of the Week honors allowing just four earned runs in 31 innings for a 10-0 record. She also hit .476 (14-30) during that time.

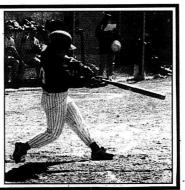
CNU now looks toward a future match-up with regionally ranked Salisbury State. They are also looking to the Dixie Conference Tournament and possibly the NCAA Tournament.

"We lost the Dixie Tournament last year," said Weiss. "But even though we won 31 games, we still did not receive an at large bid to the NCAA."

Weiss would like to defeat a tough Salisbury State team and win the Dixie, and then compete on the national level. They have already beaten then fifth-ranked N.C. Wesleyan College, and may move up in the regional rankings. They play Salisbury this Thursday at home at 2:30 p.m., and will take on the rest of the Dixie in the DIAC tournament this weekend.

CNU's Angie Raynes dings one just over the foul line.





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Averett

Mon. March 31
Baseball — continued their dismal season losing six straight games: Chowan
12, Averett 6; Apprentice 9, Averett 4;
Apprentice 5, Averett 3; Ferrum 6, Averett
4; CNU 6, Averett 3; CNU 11, Averett
8. Men's Tennis — did well in the Dixie
Duals on April 5. & 6 crushing Shenandoah 7-0 & Ferrum 7-0

Ferrum

BASEBALL (22-4, 7-2): Went 5-1 with a pair of victories over Bluefield and Franklin, and one over Averett in 13 innings. They lost to N.C. Wesleyan. SOFTBALL (13-18, 1-5): Went 4-3 on the week splitting a doubleheader with Lynchburg. They captured the consolation bracket of the Ferrum Invitational defeating Lynchburg 16-7 last Sunday. GOLF: Finished third out of 15 in State Division II-III Championship.

MEN'S TENNIS (4-7, 2-3): Went 2-3 on the week defeating Shenandoah and CNU. WOMEN'S TENNIS (0-7, 0-3): Lost only match to Bridgewater 7-2.

Greensboro

BASEBALL (17-7): Went 4-1 on the week with wins over Franklin, Williams, SCAD and Maryville while losing to Division II Tusculum.

MEN'S TENNIS (12-1): Defeated Lynchburg and Ferrum while losing first match of season to Division II Catawba. WOMEN'S TENNIS (4-8): Lost to Salem, CNU and Va. Wesleyan while picking up a forfeit over Bennett.

GOLF: Set a tournament record in the Camp Lejeune Intercollegiate. Finished five shots ahead of Division II and nationally-ranked Elon and seven shots better than Methodist.

Methodist

Baseball- continued a successful season whipping Wilmington 6-1 on April 2, Franklin 19-1 the next day, and Shenandoah 10-2 & 16-6 the following Saturday and Sunday

day and Sunday. Softball- handled Fayetteville easily 8-0 & 9-0 on April 2.

Women's Tennis- on April 4 took care of Dixie rival Greensboro 7-2 and Shenandoah 9-0 the next day.

Men's Tennis- disposed of CNU and Shenandoah winning all 14 matches at the Dixie Duals April 5 & 6.

N.C. Wesleyan

Baseball- won two games April 1 & 2 at Wilmington 9-2 and at Scranton 12-1. They beat regionally ranked Ferrum 7-2 the following Saturday.

Softball - lost a close one to CNU 3-2, but were handily beaten in the second game 8-3 on April 2. They took their frsutrations out on Averet beating them twice 10-3 & 9-1. Barton College then swept them in a double-header 7-0 & 7-5 the following Sunday.

Shenandoah

BASEBALL (10-13, 4-6): Dropped three of four with lone victory over Division I Georgetown. Then lost two to nationally-ranked Methodist 10-2 and 16-2. GOLF: Finished 14th in State Division

II-III Championships.
MEN'S LACROSSE (1-7): Lost 17-8 to

Randolph-Macon in only action.

WOMEN'S LACROSSE (4-1): Defeated
Hollins 12-11 and Marymount 11-3 to

Hollins 12-11 and Marymount 11-3 to sweep action of the week.

SOFTBALL (5-11, 3-3): Surpassed last

season's win total of three by taking two of six. Lost two heartbreakers to Division II Shepherd 12-11 and 4-3. They finished tied for fourth in the Ferrum Invitational going 2-2.

They defeated Lynchburg 5-2 and Ursinus 6-3 after losing to Bluefield 9-5 in bracket. In the championship round they lost to CNU 19-2.

The Baseball team (4-8 in the Dixie,16-13 overall) ran winning streak to five games with a record setting week. Against Castleton State, Derek Riebel hit for the cycle and drove in five runs. CNU pounded out a school record 26 hits in that game — a 24-9 victory. Against Averett on Sunday, senior Chris Honeycutt went 3-for-5 with a double and two home runs, while driving in a school record seven runs. Those home runs were his first collegiate shots.

Baseball Standing

Da	SCUA	u ou	maring.		
Team	Conf	PCT.	Overall	PCT.	Streak
N.C. Wesleyan (3)	9-1	.900	23-4	.852	Won 8
Ferrum (17)	7-3	.700	22-5	.815	Lost 2
Methodist (11)	5-3	.675	20-6	.769	Won 4
Greensboro	4-4	.500	1	17-7	.708
Won 1			5		
Shenandoah	4-6	.400	i	9-12	.429
Lost 2					
CNU			4-8	.333	16-13
.552	Wor	15			
Averett			1-9	.100	7-19
.269	Los	19			
(National ranking)					

Track

CNU men won 10 of 20 events as they captured the CNU Invitational. Sophomore Greg Booth captured the 100 meters in a school record 10.47 and the 200 meters in 22.03. Sophomore Mike Lee equaled his school record in the high jump with a 6-8. The women finished third, minus two standouts.

Women's Tennis

	women's Tennis
Team	Conf. PCT. Overall PCT.
Methodist	4-0 1.000 12-2 .857
Averett	2-0 1.000 6-2 .750
CNU	3-2 .600 6-6 .500
Greensboro	1-2 .333 4-9 .308
Ferrum	0-1 .000 0-6 .000
Shenandoah	0-4 .000 0-6 .000

The Lady Captain enjoy a 25-7 record (7-1 in the DIAC) and 13 game winning streak. In a busy week the Lady Captains went 10-0 and captured the Ferrum Invitational Tournament for the second time. CNU is now on an 11-game winning streak.

They started the week sweeping Maine-Presque Isle in a brutal chilling wind 5-4 and 2-0. In the nightcap, a pair of freshman Jaci Morris and Julie Shelton combined for the second no-hitter of the year.

After a key Dixie Conference sweep of North Carolina Wesleyan, the Lady Captains set out to roll through the Ferrum Invitational. During the six games, sophomore Sarah Melton hit .462, Owens hit .421 and was 2-0 on the mound with a save and didn't allow a run in 17 innings. Sophomore Dana Edwards hit .412 with a double and a triple, Emerson hit .409 with a pair of doubles and drove in eight runs.

Softball Standings

Team	Conf.	PCT.	Overall	PCT.	Streak	
CNU	7-1	.875	23-7	.767	Won 11	
Methodist	3-1	.750	15-12	.556	Lost 1	
N.C. Wesleyan(20)	3-3	.500	18-10	.643	Lost 2	
Shenandoah	3-3	.500	5-11	.313	Lost 1	
Averett	1-5	.167	13-13	.500	Lost 3	
Ferrum	1-5	.167	13-17	.433	Won 2	
(National ranking)		1				

Men's Tennis

With a 1-4 DIAC record (7-8 overall) the men, in a rough week, went 1-4. Freshmen Quinn Burns and Skip Williams each had three wins, while the doubles team of Burns.

Men's Tennis Standings

Team	Conf. PCT. Overall P				
Greensboro	3-0 1.000	12-1	.923		
Averett	3-0 1.000	6-4	.600		
Methodist (23)	3-1 .750	9-3	.750		
Ferrum	1-3.333	3-7	.300		
CNU	1-4.200	7-8	.467		
Shenandoah	0-5.000	0-6	.000		
(National Pankir	10)				

Sailing Team gains national recognition

By Carol Denn Staff Writer

CNU's sailing team made it onto ESPN's Sportscenter after the Captain's ranked 14th overall in the Truxton Umsted Regatta, overcoming many ivy league schools. It has been five years since CNUhas been invited to return to the "The Trux." CNU got an invite this year because the team achieved a higher ranking in Middle Atlantic Intercollegiate Sailing Association (MAISA) than they have in years past. The "Trux" is comprised of the top teams from every attending district and stands among the upper-echelon in sailing competitions in the country. Only the Naval Academy could afford to run the event which included 20 teams in four divisions competing in 76 races. CNU made the most of its appearance. "Only one team that came out ahead of us was not in the top ten in the nation," said Sailing Coach Dan Winters.

The regatta was held in less than ideal conditions. Thirtyeight-degree water, 20 knots winds and a low wind-chill factor turned the regatta into a test of will along with sailing ability. One swipe of the hand across a sail produced a hand full of ice crystals from spray that had frozen there. CNU's Jon Faudree returned to the dock with bloody hands from broken blisters and shredded skin as a result of the icy conditions, only to return to the course with nearly every finger taped. Despite the injuries he managed several top ten finishes. In one of the races half the boats flipped like dominoes, but CNU's Kenny Presgraves kept his boat upright and sailed through a mine field of boats, masts, and sailors to post his highest finish of the year.

When asked to account for the team's success, Asssistant Coach Mike Weaver said, "As a whole, the team is comprised

of more in depth sailors than in years be-

Coach Winters also attributed the strong performance to experience. He said, "This year we have a really good core of strong sailors on our team. We are developing our crews but, everyone is right on schedule."

The sailing team uses Flying Juniors, boats which are intended for young adults. Each boat holds two team members, but as you might imagine, every movement must be timed in sync in order to get the most out of every turn. The skipper controls the steering and main sail, and the crew guides the jib, the smaller front sail. To truly get a sense of what it is like to be on the sailing team, one has to picture their feet are strapped into the boat while your body hangs out over the water. While all this is going on each teammate guides their sails and steers at the same time.

o"The hardest part of sailing is getting over the fear of falling in 40 degree water," said Susan M. Blake. The fear of falling or flipping the boat is a prominent thought on the minds of any sailing team. Since the team sails in freezing weather as well as warm the fear of hypothermia, freezing to death, has to be overcome with dedication to the sport. The competitive drive pushes each member past these fears.

Some came into this sport not expecting the challenges that the sailing team faces, and therefore the person might break under the pressure. A sign hangs in the sailing team's clubhouse that reads, "The definition of racing sailboats: The art of being able to rationalize lack of winning while putting the absolute minimum amount of time into boat preparation and sailing," said team member Ken Read.

sailing," said team member Ken Read.
"People don't think of sailing being
as competitive as it is. When they think of
sailing, what comes to mind is leisure," said
Keith Goodwin



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Think Spring
Madness isn't mad
enough for you?
Check out CNU's

Battle of the DANDS

the evening of Spring Madness, from 3:00-8:00 p.m., Friday, April 18. The Great Lawn is going to rock out with some great CNU student bands. The first hundred people that show up get a free T-Shirt.



ENTRY FORM:

Band Name: _____

Phone:

Band Member Names: .

Brief History:

Battle of the BANDS

Return to the Tape-A-Quarter Box in the Student Center by the Arcade.

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Hey Hey, Boo Boo. You're sweet, stay that way! To all my sis's at LDA, much love. Hey Flashlight, Angie needs you! She's rooting for you to come back! Mike, stay with your mother. Mitch, you have the best face, and Chris, If only I got stronger vibes off you.

To Don Kennedy:

I am utterly appalled at the article you wrote. It is absurd and ingnorant to believe that everybody engages in the Christian belief. There is no proof for any of the statements you made concerning this Christian view. I for one don't believe you or the faith.

CNU students who would like to be involved in the production of student films, as writers, actors or directors, e-mail me at mleonard@cnu.edu.



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