

THE CAPTAIN'S LOG

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FEBRUARY 9, 1998

Students benefit from special business lectures

By John Chiminiello
Staff Writer

The School of Business Administration has added a new program to its curriculum. The Executive in Residence Program invites successful business leaders from the community to campus to share real world business experiences with students.

This semester, Cameron Blandford, Newport News Shipbuilding Assistant to the Chairman, will spend time on campus lecturing and advising business students on career opportunities. Blandford is scheduled to speak to business and non-business students three times during the semester. The first lecture, "Perceptions and Realities of the Individual in a Work Career," will be held in the Alumni Room on Feb. 13 at 11 a.m.

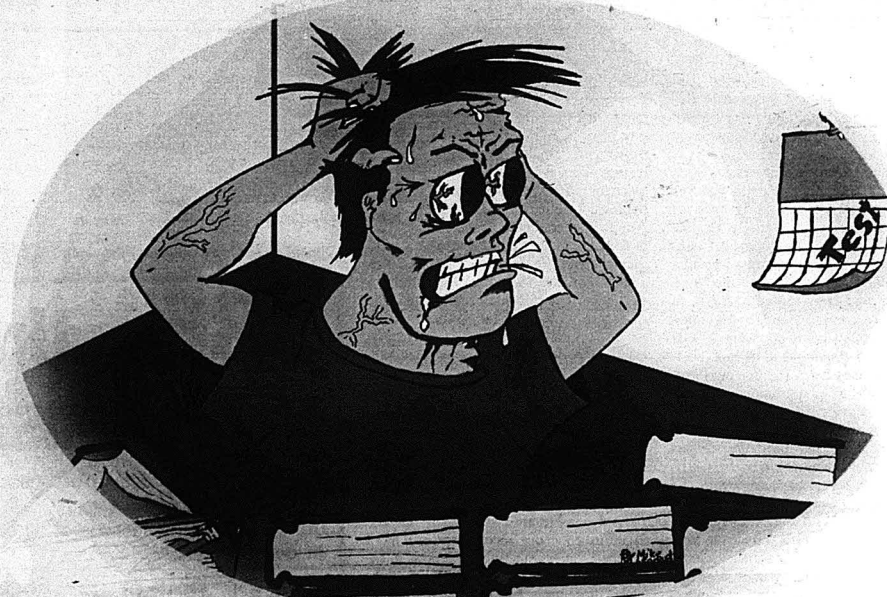
Blandford will also spend time in selected business courses sharing his experiences from his career as they relate to the objectives of the course. In addition, students will have the opportunity to speak with him on a one-on-one basis during his office hours on campus as well as in a small group setting during arranged breakfasts.

Dr. Robert Winder, Director of the School of Business, views this program as an opportunity for students to realize the value of what they learn in the classroom. "We want to use this program to build a bridge between academic experience and the real world of business. It is our hope that when students hear it directly from an extremely successful businessman like Mr. Blandford, they will understand the qualities and attributes necessary to be successful," said Winder.

Students can participate in the Executive in Residence Program on a voluntary basis. Although students will not get credit for their participation, faculty will be encouraged to develop assignments in conjunction with the program.

This is the first time The School of Business has formally designed a program which incorporates community business leaders in the classroom.

"We want this program to help put the message out that CNU has a first rate business program," said Winder.



Learn to flush away all of your stress

By Jennifer Schuetze
Staff writer

Thirty students quietly stared forward as the woman they were watching paced back and forth, pen in hand. The student center lounge then burst into laughter as Anita Tieman, Associate director of Career and Counseling services, began to tell a personal story during the first of her many workshops for the semester. This particular one dealt with a big problem in student life- stress management.

"I tell my children that toilet paper can be a great stress reliever depending on where you put it," said. "Write the person's name that you are angry with on the piece of toilet paper and dispose of it in any fashion you deem appropriate. My daughter went into the bathroom and a few minutes later I heard the toilet flush."

Stress comes from anger, fear and anxiety. Tieman talked about the differences between intrapersonal skills and interpersonal skills, mainly focusing on the latter, to bring down the stress levels in life. Intrapersonal skills deal with how you see the situa-

tion in your own mind, whereas, interpersonal skills deal with how you relate to other people. She divided the interpersonal skills into three categories: active listening, conflict resolution, and compromise.

"Men in general are not as good a listener as women," said Tieman. She also went on to say that women are more emotional than men and that men are more problem solving than women. Tieman also went on to emphasize that in today's age women expect more emotionally from men, which causes a lot of stress buildup when they do not receive that attention.

This is where conflict resolution plays a part in trying to solve the problem. It is important to remember to fight fair. If you don't, then it will lead to more stress be-

cause your problem is still unresolved.

When all else fails, compromise. The key to compromising is to not look at it like you are losing something. Instead, look at it as solving a problem maturely.

Tieman also went on to talk about perception intervention and emotional intervention. Perception intervention deals with changing your mind about what something means, turning your negative emotions into positive opportunities.

Take for example, the ending of a relationship, using perception intervention lets you grow from the experience instead of harboring bad thoughts that help to build on your stress level.

Emotional intervention is also about taking down your stress

level. Tieman said a good way to calm yourself down is through breathing. That is why women use Lamaze for labor. This breathing technique helps to cut down the stress that labor induces. Counting to 10 is another way to bring down your stress level.

"Anger is the most legitimate emotion that we let men have," said Tieman. It is also the number one emotion that causes heart disease. Tieman stated that people need an outlet for their anger because it needs to be worked out. It needs to stay focused as well, and the only rule is that you cannot hurt yourself or anyone else.

Tieman gave a few examples on how to get the anger out of your system in a focused way. One way is to get a board, a hammer and some nails. "Think of the person you are angry with and start pounding away. Another example is to get a big punching bag and pretend that the punching bag is the person that you are mad at."

If all else fails, visit Tieman's office. Her door and her seminars are open to anyone needing help on dealing with the stresses of life.

For more info. call 594-7299.

"... get a board, a hammer and some nails. Think of the person you are angry with and start pounding away."



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• Wes goes head to head with his three year old nephew. Who will win the contest of wits?

• Tom Deluca is in this issue. I'm not just saying it. This time I mean it. Really he is there.

• A memorial story on Coach Bergazli.
• Coverage of the mens 18 straight wins in a row.



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Businessman bridges gap between classroom and boardroom

CNU introduces Executive in Residence lecture series

J. Tyler Ballance
Staff Writer

Cameron Blanford, Assistant to Newport News Shipbuilding Chairman, Bill Fricks, has been selected as the School of Business' first *Executive in Residence*. Blanford, a 1962 graduate of William and Mary, will present three lectures to faculty, staff and students on bridging the academic with the art of business.

Blanford has been with the shipyard since graduating from William and Mary. His first assignment was as a parts checker in the receiving department. He worked his way up through the yard organization, and served as Vice President for Human Resources during a tumultuous draw-down period (1988-1990) when 12,000 workers lost their jobs.

Besides his current position as Assistant to the NNSY Chairman, Blanford serves as chairman of the Peninsula Alliance for Economic Development (formerly, Virginia Peninsula Economic Development Council), chairman of the board at Mary Immaculate Hospital, vice president on the board of the Virginia Living Museum, and is on the executive committee of the Hampton Roads Partnership. His relationship to CNU dates from the 1960's when he took post-graduate courses here. His son was employed at CNU as a programmer, but now has moved on to a position with IBM.

Chairman of the CNU Business School, Robert Winder, is pleased with the prospect of Blanford's association with CNU. "Cameron has had a long, successful and distinguished career with Newport News Shipbuilding, he has many personal qualities and standards which reflect the very best of contemporary business and society," Dr. Jack Anderson, Chairman of Management and Marketing, echoes Dr. Winder's enthusiasm for the EIR program, adding, "These executives can validate the principles students are learning in the classroom."

Mr. Blanford says he is flattered to be named to the EIR program, especially since he has watched CNU grow, and has many

friends among faculty, staff, students and alumni. "This is not your traditional student population," said Blanford, pointing out how CNU has catered to the more mature student for much of its existence, "but this too is changing as the University builds more dorms, increasing resident population". Asked where CNU students should direct attention to enhance their success, Blanford said, "I would go more into the technical aspects, more *vertical* (e.g. specialized), those with specialized skills now are usually rated higher for initial placement than generalists". When asked if this meant that the Liberal Arts degree is passé, Blanford emphatically stated, "No, it is a basis (for hiring) there will always be a place for those with Liberal Arts degrees. I believe the Liberal Arts majors are better educated overall, but to be of better use to a corporation, (today) students need a narrower focus." Blanford further explained that students need not fear the emerging global market, noting that the mega-corporation is not necessary for success in a world market, since each industry has its own focus.

He proudly points to Newport News Shipbuilding as an example success story, noting NNSY shares have grown steadily since splitting from former parent Tenneco. NNSY has also recently purchased Continental Marine, of San Diego, to further strengthen their hold on the nuclear aircraft carrier-construction and repair market. Blanford concedes his company still has a difficult time competing with yards in Japan, Korea, and China, because of the subsidies those nations provide their shipyard industry.

When asked if the recent good fortunes experienced by NNSY would translate to improved job prospects for CNU graduates, Blanford pointed out that there are over 200 CNU grads working at the yard now, and many NNSY employees are pursuing addi-

tional education here as part-time students. He expects the yard to keep about ninety-five percent of the current employees through the year 2005, with a turnover of about 200 per year.



Cameron Blanford.

Photo provided by University Relations

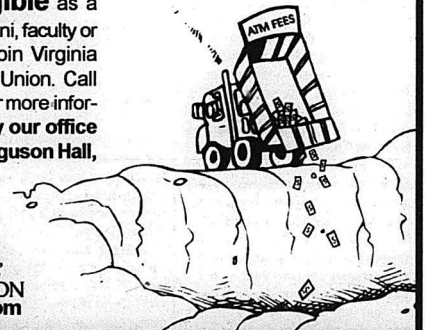
In his role as Chairman of the Peninsula Alliance for Economic Development (PAED) Blanford sees "great opportunities" for CNU students, "Based on the Peninsula infrastructure requirements, we have to have growth in highly skilled jobs. Students should get experience, I encourage taking part in CO-OP programs. There are tremendous changes in technology and requirements for specific capabilities that are needed right now." Blanford explained that PAED is to be far different from the organization it replaces in that, rather than attempting to compete head-on with about 15,000 other economic development groups around the country, PAED will emphasize the Peninsula's federal laboratories, as a draw for other high tech industries.

Blanford summarized the future job prospects for CNU graduates, explaining that working for one company for life, like he did, is a thing of the past. One should expect five or six significant job changes in a career. Individuals will have to view themselves as a competed commodity, and retool as changes occur.

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Wes's World

By Wesley Cline

Getting schooled by a three year old



My busy schedule does not leave me with a great deal of time to spend with my nephew. Consequently, every chance I get, I try to spend time with him. Mostly, this is on Saturdays between taking my shower and running out the door to go to the library to study or to the mall to do some studying of a different kind.

He is almost four, so he doesn't quite understand why the "X-Men" is a great cartoon or why "Spot" (a cartoon about a puppy) is not high on my list of favorites. Most of the time, he wants me to watch a Barney tape or the latest Winnie-the-Pooh adventure. Some of these new "Pooh" tapes deal with modern issues. There is "Pooh's Big Internet Adventure," in which Christopher Robin introduces his friends to the computer and the new worlds it opens up.

However, I don't feel all of the messages are appropriate. In an effort to teach kids about the dangers of the world at an early age, I think some of the tapes are too "mature" for him. For instance, there is "Christopher Robin Goes to the Free Clinic" and "Rabbit's Shrooming Adventure." While I find it comical to watch Tigger have a bad trip, I am not sure my little nephew should know how to identify and cultivate hallucinogenic mushrooms.

After we finish watching cartoons, he generally wants to play a game. I try to get him to play blocks, but he wants to play on the Playstation. He asks to play "Death Stalker 2000" or something like that. In any event, he wants to play some game that

involves walking around and shooting every being in sight. I am not cool with that, so I turn off the television and try to find something else we can do together.

Recently, I decided that we would try playing a puzzle game on my computer. I haven't been able to beat "MYST," so I thought maybe he could get some enjoyment out of it. I figured he could at least roam around looking at the game environment and perhaps stumble onto some of the secrets.

He beat the game in fifteen minutes. "That was so easy, Uncle Wes. Why did you show me such a baby game? You must have beaten it twelve times by now."

"Umm, yea. Sure, it is kind of boring, I guess." I didn't tell him I have the sequel. I decided I should get him to pick another game for us to play. Maybe this time this little three-year-old would pick something I would find more suitable.

"Do you want to play a card game?" I was afraid with his current track record he would want to play Poker or Blackjack. "What kind of card game do you want to play?"

"I don't know, Memory or Go Fish. Let's play something that is easy enough for both of us to play."

He was on to me and now was going to prove that he was smarter. "Sure, let's play Memory."

He went into his playroom to get the cards. Unfortunately, the box was on a shelf too high for him to reach by himself and he needed my help. At least, I am still taller than he is. I picked him up and he grabbed the box of Memory cards.

I laid the cards out on the floor while he read the instructions out loud to both of us. "You can go first," he said, after he'd finished circling all the grammatical mistakes in the instructions with a red crayon.

I suspect he let me go first so that he would have improved odds for his first guess.

After a while, he started to feel sorry for me and tried to help me.

"Now, where did we see the bug card last?"

I would turn a card over and his little hand would creep out over the cards. One finger would start to tap a card, and he would turn his face toward mine and smile. If I was stubborn and did not take his advice, he would frown and leave that set of matching cards for me to pick up the next time, while he went on and found a set of matches that neither of us had seen before.

"How many matches do you have,

For instance, there is "Christopher Robin Goes to the Free Clinic" and "Rabbit's Shrooming Adventure."

Uncle Wes? Let me count them." I thought this would be a wonderful chance for him to practice his counting.

"One. Two. Three. That's great, Wessey, you have three matches. Let's see how many matches I have. One. Two. Three. . . . Two hundred twenty."

This was getting somewhat depressing, so I decided we would get some counting flash cards - not that I didn't enjoy getting my tail whipped by someone who still needs help occasionally going to the bathroom. Okay, I need help there sometimes, too, but only when I have been partying too hard. But that's not the point! If he was drunk, he wouldn't do much better.

His counting flash cards were, of course, Sesame Street. I asked, "How many monsters are there on the card?"

"Four." I had him. There were five monsters on the card. "No," I said, "there are five monsters on the card."

"No, Wes, there are four. Grover is not a monster. Besides, can we really call anything a monster? Isn't that insensitive to the creature being called a monster?"

"Yes, I guess you're right. How many smart people are there in this room?"

"One." And, you know what? He was right.

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SGA finishes plans for homecoming events

By Thomas McDonald
Contributing Writer

As the new semester unfolds, the Student Government Association finds itself hard at work on the Homecoming festivities. At the Student Senate's General Assembly meeting on January 19, SGA President Jon Poulsen divided up the duties for

the upcoming celebration.

All of the participant's information, such as guidelines for the construction of floats and banners, and instructions on how to register for the Court competition, are available in the Homecoming Handbook, which was assembled by Stasia Place, chairperson of the Human Relations committee.

SGA Chief of Staff Kim Fuller's project involves the a door and hall decorating contest for the residence hall students. Two prizes will be given, a forty dollar gift certificate to the Outback Steakhouse and a night of Rock-n-Bowl at Hiddenwood Lanes for the best overall floor.

The Homecoming Elections booths, coordinated by Eric Hoskins and Kristin Jones, will be set up on February 9 through the 14 in the Student Center breezeway. The tables will be manned from 9 am to 2 pm on those days for the students' convenience.

While most of the SGA's attention is focused on the events surrounding Homecoming, advisor Donna Eddleman reminded those who had gathered that budget hearings will be underway in two months.

It seems that big changes loom on the horizon in terms of the way budgeted monies are appropriated and dispersed according to Eddleman's comments to the Senate.



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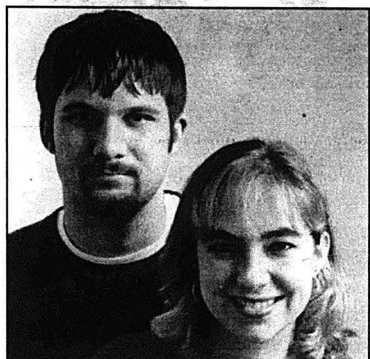
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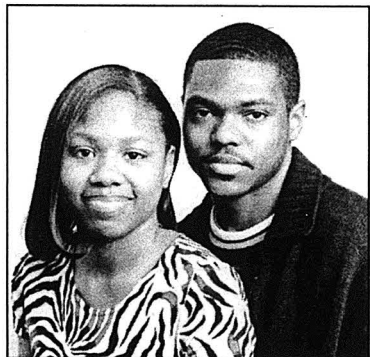
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Homecoming Candidates 1998



Michael Koontz representing Santoro Hall - He is a Junior, Criminal Justice Major. He is on the Track and Cross Country team. He is also in SEI and enjoys playing basketball.
Crystal Curtis representing Santoro Hall - She is a Freshman, Nursing Major. She enjoys playing soccer, softball and doing gymnastics.

Chris Harper representing Senior Class Committee - He is a Senior, Leisure Studies and Physical Education Major. He is a member of CXU's Track team currently running the 800m. He has also been a member with the CXU Cheering Squad and he's also been the CXU mascot.
Amari Council representing Senior Class Committee - She is a Senior, Communications Major with a Minor in Psychology. She is a Resident Advisor and the Senior Class President.



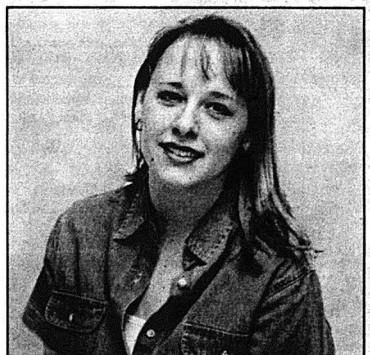
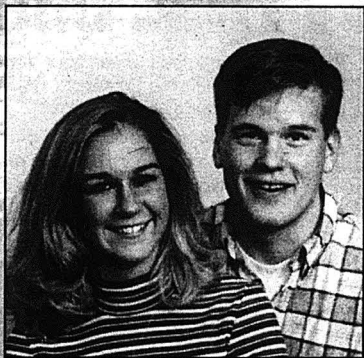
Perez Bottoms representing the Minority Student Association - He is a Sophomore, Management Information Sciences Major. Currently living in Portsmouth, he hopes to own his own business one day.
Tamika Humphrey representing the Minority Student Association - She is a Junior, Psychology Major. She is optimistic, outgoing, loves children, and music.

Chris Pope representing Phi Mu - He is a Junior, Philosophy and Economics Major. He is in Sigma Pi and enjoys golf and is a practicing Buddhist.
Shannon Ross representing Phi Mu - She is a Junior, Business Marketing Major. She is the Chaplain in Phi Mu and enjoys friends and parties.



Terry D. Knox representing Alpha Phi and Pi Kappa Phi - He is a Senior, Public Management Major. He is the Social Chair for Pi Kappa Phi. He is also a member of the Virginia Army National Guard as an engineer. He hopes to get a job in a sector of the government.
Ruth Anne McMain representing Alpha Phi and Pi Kappa Phi - She is a Sophomore, Accounting Major. She is the Director of Finance in Alpha Phi. After graduating from CXU, she plans on becoming a CPA.

Sean Hudson representing Sigma Pi - He is a Sophomore, Marketing Major with a Minor in Economics. He is a fun loving free-spirited person.
Michele White representing Gamma Phi Beta - She is a Junior, Physical Education Major. She is the Standards Chair for Gamma Phi Beta and also a member of the Blue Wave Dancers.



Thomas Steele Byrom representing Alpha Phi Omega - He is a Freshman, Accounting Major. He is the Treasurer in Alpha Phi Omega and a Presidential Scholar. He enjoys singing, and sports.
Kara Willemam representing Alpha Phi Omega - She is a Junior, Government Major. She has served as Assistant Pledge Trainer in Alpha Phi Omega. She is also a sister in Gamma Phi Beta. She enjoys sports and the outdoors.

Wally Atkins representing SGA - He is a Junior, Information Science Major, with a minor in Fine Arts. He is currently Vice President of Student Affairs and a member of the Student Leadership Institute. He has also served as the Movies Committee Chair and as a Student Orientation Leader and a Student Ambassador.

Jennifer Chaine representing Act One - She is a Fine Arts Major and a member of the Fine Arts Society and the Intercarsity Christian Fellowship.

Tamara Pool representing SGA - She is a Junior, Physical Education Major. She is currently a member of the Lady Captain's Basketball team and a member of Intercarsity Christian Fellowship. In the past she has played for the Lady Captain's Softball team.

Chris Sanford representing Act One - He is a Psychology major. He is a graduate of the Student Leadership Institute. He has also served as the Movies Committee Chair and as a Student Orientation Leader and a Student Ambassador.

arts and entertainment

Deluca mesmerizes another audience

By Jessica Daggett
Staff Writer

Minutes before he is expected on stage, Tom Deluca quietly surveys his audience from the side doors of the Ferguson Hall auditorium. Dressed in black and holding a large sports bottle of water, Deluca's eyes look tired, his face weary. Moments later, however, Deluca is unrecognizable, playing to the audience with the kind of sarcastic energy that has made him a popular guest at universities across the country. Perhaps it is that type of revitalization before a crowd that serves as the mark of a true entertainer.

Apparently, CNU students feel so. Deluca, the 1997 College Entertainer of the Year, is a frequent visitor to the campus. He has performed here seven times in the past three years. As usual, a large and enthusiastic group awaited Deluca's routine.

Combining both the mystical and the comical, Deluca's show is set up into two portions. He opens small, offering a tempting glimpse of what is to come later in the program. His mental slight-of-hand (mind?) is truly confounding and seemingly impossible. For example, one piece has Deluca asking the audience to imagine a number between one and 50. When the audience has made their numerical selections, Deluca wants to know how many chose the number two. This particular night, only two girls qualified. Deluca summoned the girl nearest to him to join him on stage. Deluca handed the embarrassed girl an envelope, on which the words "think #2" had been written. When she opened the envelope the words written inside struck her speechless — except for a bad case of the giggles. Deluca brought another audience member onstage to read the pre-written description of the girl Deluca would pick from the audience. According to the small slip of paper, this person would be female, have long brown hair and wear brown shoes and a long-sleeved, blue and white sweater. This was an exact description of the girl standing with Deluca.

"Let's see Dionne Warwick and her psychic friends do this," Deluca exclaimed. The audience became particularly rowdy

as the second portion of the show began. Dying to subject themselves to the possible humiliation of going under hypnosis, many in the audience raised both hands, shouted, screamed and ran down the aisles to get Deluca's attention. In the end, Deluca could only choose 20 lucky people. Once he had the audience members situated, Deluca eased them into hypnosis, with Act One members and SGA President Jon Poulson acting as falling-out-of-chair monitors.

Within minutes, the group sat with heads

turned embarrassingly from the audience. One girl felt she was the extra member of the Spice Girls when Deluca stomped his foot and shouted the word "spice." She leaped up and grooved to the tune of "Wannabe," waving her finger at the audience like Ginger Spice. Another girl felt that he had cut himself shaving every time Deluca said the word "nick." An Act One member supplied him with band-aids each time he began to "bleed."

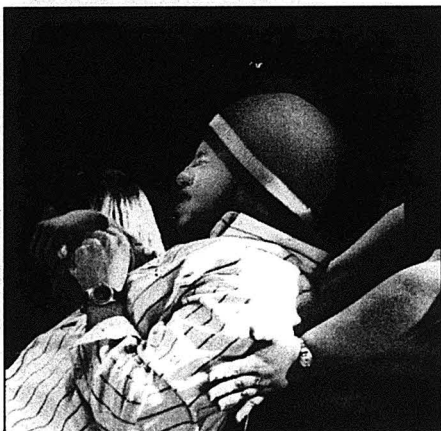
An especially entertaining bit had

Deluca introducing Act One player Eric Ego as the "greatest mind of their generation." The group, believing him to be a genius, hung on every word he spoke. Some were completely mesmerized. One girl said, "He's godlike." Another girl called him the love of her life, and threatened to kill herself after he left.

Deluca next sent his panel back to childhood, engaging them in conversations about their favorite foods, television shows and what they wanted for Christmas. In a development that was nearly hysterical, Deluca incorporated many of the aforementioned elements by having Bo Duke killing She-Ra and the Trix cereal bunny rabbit. A few on the panel were practically in tears. So were many in the audience while laughing about it.

The show ended with a number of the participants starting a free-for-all dance party when Deluca mentioned Las Vegas. They bumped and grinded to "The Train," while one dancer threw himself into the audience and onto some of the audience members. He was carried back onto stage where he exhaustedly fell back into his chair. Of course, the audience reacted with screams and whistles, thrilled at the unpredictable turn of events. It was a truly memorable show.

Deluca is a favorite at this campus for a reason. He never fails to deliver a night of laughs and amazement. Not only is the thought of being able to will people into doing asinine stunts mystifying, it's hilarious. Deluca's own cutting comments throughout the show only serve to enliven his act. Deluca's routine could stand alone as a novel hypnotism act. However, along with his natural sense of the comedic, the show stands and delivers.



A student under the influence of Tom Deluca reacts in an unusual manner.

Photo by Paul Powers/The Captain's Log

bowed and hands placed on their knees, assumably deep in hypnosis. Volunteers not falling under Deluca's spell were eliminated as needed throughout the show. The initial gags were amusing, but not quite hilarious. Deluca sent his subjects on a trip to a beautiful, blue beach, a drive in a Ferrari and fishing. The temperature also fluctuated from boiling hot to freezing cold within the time span of a few minutes. Some of the reactions to Deluca's suggestions were quite exaggerated and humorous, eliciting chuckles from the crowd. However, the good stuff was yet to come.

Deluca continued by placing direct ideas into the psyches of selected participants. One pair thought their zippers were wide open each time Deluca made a pre-designated noise. They crossed their legs, covered their zippers with their shirts and

alternate route

By Joe Atkinson
Staff Writer

Third Eye Blind - "How's it Gonna Be?" Third Eye Blind is the nineties equivalent of Warrant or Poison. The song's catchy, but what's the point? How's it gonna be ten years from now when these guys are on VH1 hosting "It Came From the Nineties?" D-

Ben Folds Five - "Brick" One can't say enough good things about Chapel Hill's favorite piano punks. They've churned out two great studio albums and recently released a decent b-sides collection. "Brick" may be the ballad that breaks them, but all of their music deserves to be heard. A

Alana Davis - "32 Flavors" There are covers that just shouldn't be done. On "32 Flavors" Alana Davis takes a good Ani DiFranco original and turns it into a boring piece of radio pop. It's sad to see good songs put to waste. D+

The Spice Girls - "Too Much" Isn't it a dangerous move for these girls to release a song titled "Too Much?" Are they finally getting the idea? One can only pray. F

Radiohead - "Karma Police" In the second consecutive killer single from "OK Computer," Radiohead borrows the chord sequence from the Beatles' "Sexy Sadie" and betters it. Thom Yorke may be the best living rock vocalist. A

Oasis - "All Around the World" "Be Here Now" isn't Oasis's best album, but it does have several good songs. For some reason the label keeps picking the boring ones as singles. "All Around the World" is Noel's attempt to rewrite "Hey Jude" but it never quite slips into that song's sing-songy greatness. Instead, it gets outshined by the video's "Yellow Submarine" homages. B-

Foo Fighters - "Baker Street" Gerry Rafferty had a hit with this song in the seventies and that version was recently used on the "Good Will Hunting" soundtrack. The Foo Fighters take a heavy-handed approach on this cover and come out with mixed results. Dave Grohl replaces the wailing saxophone that delivered the hook on the original with a roaring guitar. Taylor Hawkins' beat is clunky at best. Still, it sounds decent. B-

Marcy Playground - "Sex and Candy" Marcy Playground appears to think sex and candy are boring, and judging from the popularity of this song so does everyone else. One would expect a collective yawn from listeners, and instead everyone sings along. D

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We're The Champs

By Kris Van Deusen

A coach of mine once told me that there is no "I" in "team." Being a smart alec, I replied, "yeah, but if you switch those letters around a little, there's a 'me' in there somewhere." Consequently, he cut me from the team. I wasn't that good anyway.

On any team there are individuals who stand-out. There is always someone who is your best player; the MVP. Steven Butler and Matt Bryant are great players, but they would not win many basketball games if it weren't for the players who come off the bench. One or two players could not possibly win any games, or so I thought.

When I discovered how track teams win national titles, I was a bit surprised that they called it a team victory.

Last year four of the nine members of the Women's Indoor Track Team competed in the NCAA Division III National Championship - Bridget Cochran, Jennifer Gilmartin, Tamiko Patterson, and Meshailay Robinson. The other five team members were left at home.

Other schools were not able to qualify as many competitors, so even if all of a given school's athletes win all of their events, they still cannot contend because they have fewer players competing.

Cochran, Patterson and Robinson scored enough points to win the championship themselves by a 10 point margin. Gilmartin scored one point for sixth place in the 55 meter hurdles and didn't need to be there. Of course, hindsight is 20/20. Did the other five receive recognition for being on that championship team even though they were not allowed to compete with their teammates?

The team competes all year long until the National Championships when only the best players on the team get to go.

I can't imagine CNU leaving Vance Johnson or Sean Phillips behind when they enter the first round of the NCAA Division III Basketball Championship Tournament.

Not only does the entire track team not compete, but a national title is awarded to a team that doesn't even compete in all the events.

Sheila Trice is the most successful track athlete in CNU history. She was named All-American 32 times as well as Female Track Athlete of the Decade for the 1980's. In 1989 Trice won four events in the Women's Indoor National Championship Track Meet. By doing this, she won the national title all by herself.

I guess there really is an "I" in team.

SPORTS

Coach "B" Remembered

By Russell Scott
Staff Writer

Cathy Parson, head coach of the CNU women's basketball team, recently purchased a "Voice-It," which is an electronic recording device that helps you remember the important issues of your life. She brought it with her on the team's trip to Ferrum so Assistant Coach Cem Burgazli

could help her figure out the gizmo. Burgazli ended up keeping the device all weekend and left Parson many lighthearted but useful coaching tips on it. Unfortunately, these would be some of the last words that the team would ever hear from "Coach B."

Tragedy struck on the following Monday, January 26, when Burgazli was killed at the young age of 37 after his car overturned on Interstate 64. Burgazli was on

his way home from Richmond where he worked at the Goodwill auction house 3 days a week.

As all of the players and coaches will tell you, Burgazli brought life and spirit to the Lady Captains. He also provided a wealth of experience.

Burgazli's coaching career began while he was stationed in Korea and he guided his Army team to the Korean Championship. Burgazli then went on to

coach the men's team at Fort Dix, N.J., and was also a part of the All-Army women's team that won the Armed Forces Tournament in Mayport, Fla.

After assisting on the women's Armed Forces team that played in the 65th annual AAU Championship in Landover Md., Burgazli took the head coaching job at Gloucester High School in 1993 where he stayed until 1995. Burgazli was beginning his sixth year on the CNU bench which is the most of any CNU women's assistant.

Obviously, anyone with this kind of background had a love for the sport. "Coach B was a sold out coach to excellence. He was sold out to a passion for the game and those who were committed to learning the game," said Parson.

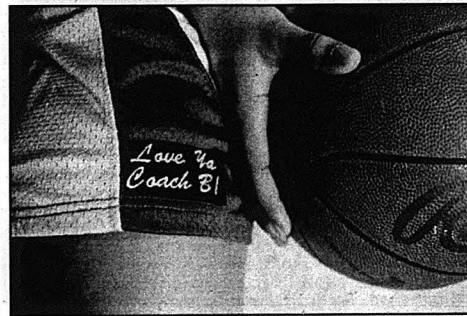
Burgazli had his own unique way of giving a person advice without being critical and actually raising their spirits in the process. "He was the kind of guy that, on your worst day, he could make you feel good about what it is you had to do," said Parson. "The one thing that I'll never forget is how he would bring the truth about a situation... I never met a coach who was so congenial and caring but yet had a way of joking and telling the truth about it and you realize later, 'wow coach just told me about myself'."

Although the team is coping as best they can, they naturally miss "Coach B". Senior Stasia Place, who was entering her fourth year under Burgazli, said "I think we might have taken it for granted that he'd always be there. He brought spirit, life, and enthusiasm to the team."

Cynthia Allen Whyte and Felicia Kemp both played for Burgazli and were presently serving alongside him as assistants. "He cared a lot about the game, and he cared a lot about us. Whenever you needed somebody Coach B was there to pick you up," said Allen-Whyte. Kemp shared the same sentiments. "As a player, Coach B was my comfort zone. I could always look to him to give me the support I needed when I was struggling," said Kemp.

This comforting and supportive side that Burgazli passed on to his colleagues and players is what's helping the team deal with this tough time now. "When trouble came on trips, he'd always be the first one to say 'Oh don't worry about it, it's gonna be all right.' But he never wanted to take credit for anything, he just wanted to feel that we loved him so much, and I believe he felt that. And I think if you see the way my kids are in the process of dealing with this, it's only a declaration to him," said Parson.

It's obvious that Burgazli's memory will live on in all these coaches and players lives. His voice will remain with them forever. Not in any electronic recording device but in their hearts.



above: Players, coaches and fans remember assistant coach Cem Burgazli in a moment of silence before a game Jan. 31. left: Players wear embroidered arm bands and patches on their shorts bearing the words, "Love Ya Coach B!" in memory of Burgazli.

Photos by Barbara Temple/
The Captain's Log

From The Court To The Bench

By Russell Scott
Contributing Writer

To any CNU women's basketball program follower, it is extremely apparent what kind of discipline and work ethic that head coach Cathy Parson demands of her players. However, beneath all of this discipline and hard work there grows a mutual respect between Parson and her players that is preserved long after graduation.

Two assistants, former players Felicia Kemp and Cynthia Allen-Whyte, are examples of this.

This is Kemp's second year on the CNU bench after a very good 4-year playing career in which she averaged 10 points and nearly 5 rebounds a game her senior sea-

son. Allen-Whyte joins the team as an assistant after averaging 10 points and 8 rebounds last year. She is also 8th all-time in rebounding at CNU and 16th in scoring.

Although Allen-Whyte would not mind a career in coaching, this is basically a side-job for her and a way for her to show her appreciation to her former coach. "Coach Parson has given me so much," said Allen-Whyte. "I just wanted to give something back and show her that I learned something from her as a player."

For Kemp, it is much more. She graduated from CNU with a degree in Leisure Studies and Physical Education and already holds the head coaching position at Peninsula Christian High

School. She hopes to eventually to head coach at the college level.

"For Kemp to get to the college level there are certain areas that she's going to have to continue to enhance," said Parson. "But she has the capabilities. There's no question about that."

Both Kemp and Allen-Whyte agree that their relationship with coach Parson is the same as when they played for her. "She's a great person whether you're a player or a colleague," said Allen-Whyte.

"After you finish, you realize a lot of things that she (Parson) said were true and as a player you just didn't get it," said Kemp. "I laugh a lot, because it's like now I

Please see Parson/Page 11

Lady Captains increase clout, move to 7th in South Region

The Lady Captains held off challenges from their top two competitors in the Dixie Conference, even while mourning the loss of assistant coach Cem Burgazli who was killed in a car crash Monday. CNU defeated Methodist, a team which held a half-game lead over the Lady Captains going into the contest, 80-72. The Lady Captains took the lead for good late in the first half, 29-27, on a follow-up by junior Tamara Pool. It was 39-29 at halftime and 61-45 with 9:16 to play. Methodist mounted a challenge, cutting the deficit to five, 65-60, with 5:30 to go, but CNU rattled off the next seven points and went on to the win.

Senior Misty Hart topped the 30-point mark for the second straight game scoring 31. She also had nine rebounds, six assists and six steals. Senior Dana Edwards added 13 points, junior Rasheka Barnes had 12 and junior Leema Madden 10.

The next afternoon the Lady Captains burst to an 18-2 run to close the first half ahead, 42-22, and cruised to a 78-56 win over Greensboro. This left the Lady Captains in sole possession of first place.

Hart again led with 20 points plus eight rebounds, six steals and five assists. Barnes added 11 points and seven assists and freshman Serita Jackson scored 10 points.

Last Wednesday the Lady Captains took a 32-19 halftime lead over N.C. Wesleyan and coasted to a 77-55 win. Misty Hart led with 23 points, Dana Edwards scored 18, Tamara Pool contributed 11 and Rasheka Barnes scored nine and had 13 rebounds. The Lady Captains, ranked seventh in the South Region, are now 15-3 and in first place in the Dixie Conference with a 6-1 mark.

Information provided by the sports information department

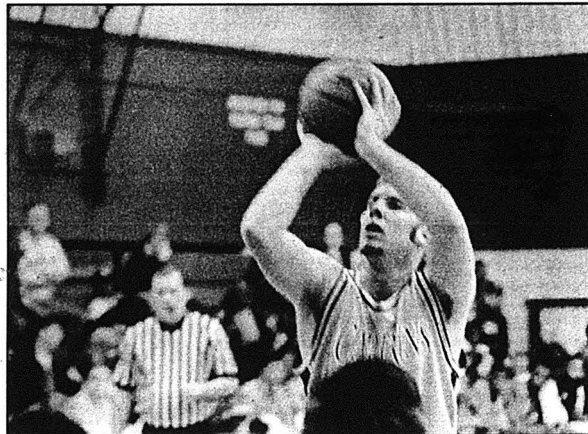
Captains win record 18 in a row

The Captains broke the CNU school record for the longest winning streak ever, with three wins last week, bringing their total to 18. In the Jan. 31 game versus Methodist, CNU scored the last six points of the first half to take a 39-27 lead at the break. They extended that margin to 19 with the first seven points of the second half and went on to an 87-65 win. Senior Steve Butler led the way with 21 points, 11 rebounds and five blocked shots. Freshman Antoine Sinclair added 11 points as did junior Mike Holland. The following afternoon the Captains held off pesky Greensboro to take an 83-73 win for their 17th straight win. After taking a 39-36 halftime lead, the Captains slipped behind twice early in the second half before building a 60-50 margin. The Pride rallied to within one point twice, but CNU held tight and put the game out of reach with a 15-4 run late in the game. Senior Matt Bryant scored 24 points, while Sinclair added 16 with 11 rebounds and Butler tallied 15, had 14 rebounds and five blocks. The Captains' hard-earned 71-67 win against N.C. Wesleyan was their 18th in a row, equalling the longest winning streak ever recorded in any sport at Christopher Newport. It was a battle all the way against the second place Bishops who grabbed a 19-10 lead early. But the Captains fought back and held a 36-33 halftime margin. A three-pointer by David Powell with 7:11 to go, pushed CNU in front to stay. The Bishops hung tough, but a free throw by Brandon Jones with 4.2 seconds remaining

sealed the win. Senior Steve Butler put together his fifth straight double-double with 15 points and 12 rebounds. Powell added 13 points, including 3-3 on three-pointers, while Mike Holland and Montoria Valentine each scored 11 and Matt Bryant added 10. Later that night the men found they had risen to No. 6 in the nation in the National

Association of Basketball Coaches (NABC) poll. It is CNU's highest-ever ranking, surpassing the No. 7 spot earned for two weeks by the 1992-93 team.

Information provided by the sports information department



David Powell sinks a free-throw Jan. 31 against Methodist College. CNU beat the Monarchs 87-65

Photo by Barbara Temple/The Captain's Log

Parson/continued from page 10

understand what you were talking about."

With their increasing knowledge of the game along with their youth, Parson believes that Kemp and Allen-Whyte both have a very positive impact on the players, while still reminding her of the issues of the student athlete. "Being so close to the players' age, they bring understanding of what players still go through: The balance of their academic and social life and the stringing push that I give," said Parson.

"Sometimes I forget the mind-set of an 18 year-old. I think they keep me young."

More specifically, each coach has had an influence on the team in their own way. "Felicia Kemp, who is around more, knows more of the intricate details of how the program runs. She's been an instrumental part of keeping this team as unified as it is," said Parson. As for Allen-Whyte, "She reminds players what it is they have to get done to be successful because as a player we didn't get as far as we wanted to," said Parson.

Although both are so close to the play-

ers, there is still a coach-player separation on the court. "Cynthia is well respected as a coach and Felicia has been around longer and they have learned to have respect for her because she's always been here and done things the other coaches wouldn't do," said Parson.

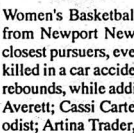
Parson is grateful, but also flattered to have both of these coaches on her staff. "It's a compliment to me for the time that I've spent with them as players for them to say 'coach I'd love to be a part of your program still.'"

DIXIE PLAYER OF THE WEEK

Players of the Week



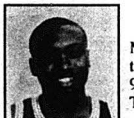
Men's Basketball STEVE BUTLER - Christopher Newport - The senior from Newport News, Va., was a major factor as the Captains won twice and ran their winning streak to 17, a school record. He averaged 18.0 points and 12.5 rebounds while shooting .565 (13-23) from the floor. He also had 10 blocked shots. Also nominated: David Apple, Averett; Geoff Lassiter, Greensboro; Montrell McNair, Methodist; Marquis McDougald, N.C. Wesleyan; Billy Blake, Shenandoah.



Women's Basketball MISTY HART - Christopher Newport - The senior from Newport News, Va., led the Lady Captains to victories over their two closest pursuers, even while mourning the loss of assistant coach Cem Burgazli, killed in a car accident the previous Monday. Hart averaged 25.5 points and 8.5 rebounds, while adding 12 steals and 11 assists. Also nominated: Shannon Yopp, Averett; Cassi Carter, Ferrum; Tina Lineberry, Greensboro; Amy Todd, Methodist; Artina Trader, N.C. Wesleyan.



Rookies of the Week



Men's Basketball ANTOINE SINCLAIR - Christopher Newport - Helped lead the Captains to their school record 17th straight win by averaging 13.5 points and 9.0 rebounds. He also had three assists and two steals. Also nominated: Marcus Tucker, Averett; Demarkus Byrd, Methodist; Chad Green, N.C. Wesleyan.

Women's Basketball VANESSA TINSLEY - Averett - The freshman from Madison, Va., helped the Lady Cougars to a 3-0 week by averaging 18.7 points and 10.3 rebounds. She was 20-33 (.606) from the floor and contributed six assists and six steals. Also nominated: Bridgette Maxwell, Ferrum; Lindsey Merkl, Greensboro; Sissy Sink, Methodist; Annie Basulto, N.C. Wesleyan.

Stats and Standings

Men's Basketball Standings

School	Conf.	Pct.	Overall	Pct.	Streak
CNU(6)[1]	7-0	1.000	18-1	.944	Won 17
N.C. Wesleyan	4-2	.667	11-6	.647	Won 2
Shenandoah	3-3	.500	8-10	.444	Lost 1
Averett	3-3	.500	6-10	.375	Won 1
Greensboro	3-3	.500	6-12	.333	Lost 2
Ferrum	1-5	.167	6-10	.375	Lost 5
Methodist	1-5	.167	4-12	.250	Won 1

(national ranking) [regional ranking]

Women's Basketball Standings

School	Conf.	Pct.	Overall	Pct.	Streak
CNU [7]	6-1	.833	15-3	.824	Won 3
Greensboro	4-2	.667	12-5	.706	Lost 1
Averett	4-2	.667	8-7	.533	Won 3
Methodist	4-2	.667	8-8	.500	Lost 2
Ferrum	2-4	.333	3-15	.167	Won 1
Shenandoah	1-5	.167	4-10	.286	Lost 2
N.C. Wesleyan	1-5	.167	3-13	.188	Lost 5

(national ranking) [regional ranking]

Men's NCAA Statistics

Rebound margin - 1st - 13.0
Blocked shots - Steve Butler - 1st - 3.6
Assists - Mike Holland - 5th - 7.3
Scoring margin - 5th - 22.8
Won-Lost percentage - Tied 6th - .938
Field goal percentage - 12th - .515
Field goal percentage defense - 3rd - .369
Longest winning streak - Tied 2nd - 15

Women's NCAA Statistics

Scoring - Misty Hart - 5th - 23.3
Scoring offense - 6th - 82.3
Individual scoring in one game - Misty Hart - Tied 3rd - 42

