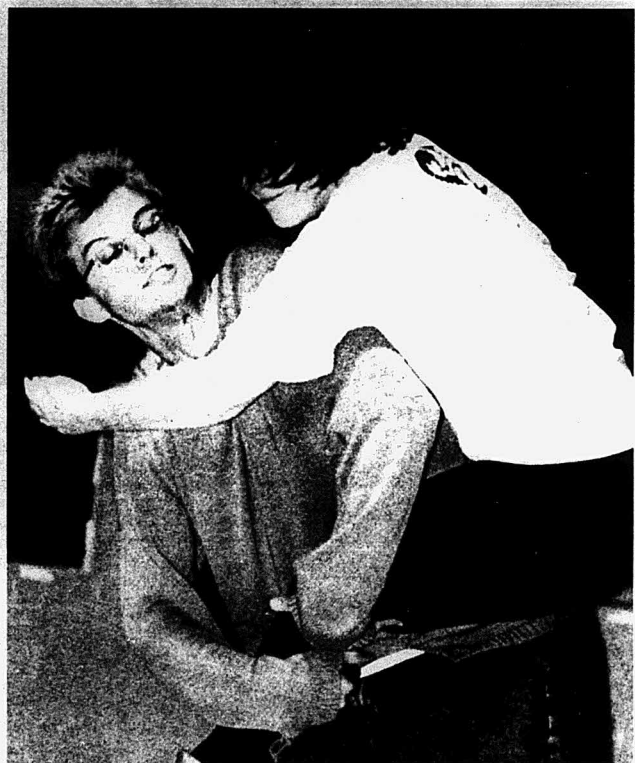


ON THE WEB AT WWW.CNU.EDU/CAPTAINSLLOG



THE CAPTAIN'S LOG

THE OFFICIAL STUDENT NEWSPAPER OF CHRISTOPHER NEWPORT UNIVERSITY



Justin Hand and Nicha Petralios rehearse one of their fight scenes for "A Mid-Summer Night's Dream".

Staff Photo By Tom Stormer

Recession Hits Nation

By Nick Thomas

Staff Writer

"America's economy is in a recession," Former Secretary of Treasury Donald Regan said during a recent speech at CNU's Gaines Theatre.

On Oct. 1, CNU's Lifelong Learning Society sponsored a lecture that focused on how the recent terrorist actions have affected America's economy. With America's economy at a low point, Regan began to discuss his thoughts on what Congress should do to jumpstart it.

Regan addressed the idea of a monetary policy and a fiscal policy. Both policies will aim to propose an increase in the economy. A monetary policy, Regan explained, is a policy that will focus on an increase in the money supply. This policy will allow Federal Reserve banks to buy treasuries from other banks, therefore increasing the flow of money. The reserve banks will pay with cash to get the treasuries, thus allowing more money to infiltrate into communities.

This policy "will stimulate the economy and inject more money into the system," Regan said.

Regan also discussed the importance of the fiscal policy. This policy focuses on a small increase in America's expenditures as well as a proposed tax cut.

"When Herbert Hoover was president during the recession, he

made the mistake of raising taxes. This cost him another run for the presidency as well as his popularity. I think that if we can work with a monetary policy and the fiscal policy's of creating a tax cut, the nation's economy will continue to rise," Regan said.

Regan, an alumnus of Harvard, learned about the nation's debt and its economy the hard way. During the recession of 1982, a time of anguish and difficulty, Regan supported President Ronald Reagan and helped assist in the nation's tax cut that lasted until 1990. Now, Regan believes that America will get through this recession if the government allows the Central Bank to put the monetary policy into effect and allow the Fiscal policy to begin a tax cut as well.

"No one knows how the economy will be down the road. The thing to worry about now is the recession. Mixing both policies very loosely will allow for a jump in the economy; if this occurs, I think it will stay rising for awhile," Regan said.

After explaining the two economic policies, Regan discussed the economic New Year of our government. As of Oct. 1, the economy is in its fourth quarter. After Oct. 16, President Bush's plan on a continuing resolution will no longer be feasible. Soon new budgets will have to be passed.

See Economy, Page 2

Wait Continues For Appearance Of Fine Arts Center

By Virginia Tucker
Contributing Writer

As construction workers put the final touches on Ratcliffe Hall and begin building the foundations for the new freshman residential complex, many students are wondering when they can expect to see the widely anticipated Center for the Arts that will replace Ferguson Hall.

"It's a big project and it will take a lot of coordination," said Hunter Bristow of the Architectural Office at the University.

The progress of this multimillion dollar project has been hindered in the past, mostly due to funding.

The Center for the Arts was first anticipated in 1999, but it took time to collect contributions from the public. \$17 million of the \$50 million it will take to complete the

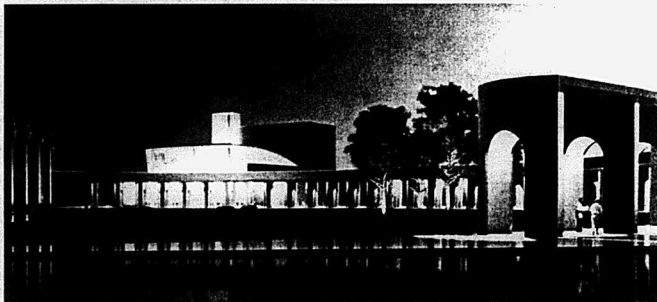
project is in the form of cash and pledges from private contributors.

The state cutbacks issued by Governor Jim Gilmore earlier this year affected planning for the new Center for the Arts. To support his car tax cut promise, Gilmore asked Virginia Universities to cut their budgets. Some were asked to cut several million, including CNU. These cutbacks caused the Center for the Arts project to lose over \$5 million in state funding. It also caused any planning for the Center to temporarily be put on hold while CNU focused its attention on spending to conserve money.

"The project suffered some losses," said Vice President, Bill Brauer, in reference to the state cutbacks "but it did not delay it one bit."

Still, we have yet to see the project break ground.

"Richmond had building code



An artist's rendition of the CNU's future Fine Arts Center. The Center is one of many new complexes CNU plans to construct in the coming years.

issues," Bristow said, "which led to a change in the scope of the project."

Brauer describes this as a "pre-qualifying stage" where the

Center's design will be reviewed in Richmond. They will determine the best way to commence with the project according to state regulations. Since the Center's construc-

tion will take place around Ferguson Hall, it requires careful planning.

See Arts Center, Page 2

Foreign Language Department Crosses Campus

By Nick Thomas
Staff Writer

With the restructuring and reorganization of CNU's academic environment, several changes have occurred within many of the university's major organizations and departments. Recently, the Department of Modern and Foreign Languages and Literatures began seeing the effects of these alterations.

Over the summer, the Language department relocated into a new building off campus. Located between AMF Hidenwood Lanes and the CNU campus, the Language department was transferred into a building that had previously belonged to the National Extermination Company. Three stories high and much bigger than their previous location in Ferguson, it seems the department isn't too upset about their new environment.

"The whole department is really pleased about where we are now located. We find ourselves closer to campus than we were before. This building is the perfect place for foreign language classes and offices," Department Chair and Professor of French Susan Onge said.

With the new building containing seven offices, two classrooms, a conference room, a secretarial room, and an adjunct room, it seems the Language department is evolving at a quicker rate than expected. While in Ferguson, the Language professors had to share offices due to the lack of space. With this sudden increase in space, the department plans on putting it to good use.

"We are hoping to hold more upper-level classes here than what we had in Ferguson. Right now the classes are too large for this building, but once we get the third floor renovated, we hope to have the department become more of an international, student-friendly atmosphere," Onge said.

With the increase in space, the new building is able to hold and satisfy the already existing staff of the department. Currently, six full-time tenured professors work within the department as well as one full-time restricted-contract individual. The department will see more changes in the future, however, when three of the department's six professors retire within the next few years.

"Once our dedicated professors retire, we will begin to focus on hiring a new Chair of the department. The new Chair will hire others to help benefit the growing Language



The Foreign Language Department moved this year from its office in Ferguson Hall to an office complex located off of Prince Drew Road.

Staff Photo By Jessica Helsel

organization. There will soon be a huge dynamic turnover within the next few years. We are excited to see how it all goes," Onge said.

Even though there are positive aspects to relocating, there are still some problems the department must address.

Within the first two months of the school year, unwanted homeless people arrived at the doorstep of the building.

"We have been vulnerable to those people on the street that seek shelter. Anyone can literally walk

off the street and enter our department. It had actually happened a few times already. We have talked to the CNU police and the administration and we hope to soon have a buzzer system in effect."

Apart from the security issues, Onge also wonders if students will want to walk to their new building because of its inconvenient location.

"I wonder if students will recognize our new location. It hasn't been much of a problem yet, but I do hope students continue to take advantage of this wonderful organiza-

tion."

As CNU continues to expand its campus and the organizations within it, the Department of Modern and Classical Languages and Literatures revels in its new location, structured faculty, and its increased

ability to educate more students on campus.

"There's going to be a lot of changes within the Language department. Stay tuned. Things are growing and changing like everything else at CNU," Onge said.

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Arts Center, From Page 1

According to Bristow, construction for the Center for the Arts is scheduled to begin in January 2002. Bids for contractors will open this November.

The bidding is the final step before construction can begin. "That is when we get look at a list of building contractors who have bid on it," said Brauer. The University makes a selection, and construction can begin.

Ferguson Hall's clock tower will be central to the construction of the new Center for the Arts. "The first phase of the project will build to the right of the tower," Bristow explained, "the left side stays to house facilities." When phase one is complete, the remainder of Ferguson will be re-

placed and the clock tower will be demolished.

The Center for the Arts will have three separate theatres: a 1,750-seat concert hall, a 440-seat main stage, and 125-seat stage. The main stage will have a fly loft and a hydraulic orchestra lift.

The Center was designed by renowned architect I. M. Pei, who designed the East Building of the National Gallery of Art in Washington D.C. and the John F. Kennedy Library in Boston. He has also modernized popular museums like the Louvre.

"We've been working real hard on this," said Brauer, "and we're not going to let the project be delayed."

Economy, From Page 1

"No one knows how the economy will be down the road. The thing to worry about now is the recession. Mixing both policies very loosely will allow for a jump in the economy; if this occurs, I think it will stay rising for awhile," Regan said.

After explaining the two economic policies, Regan discussed the economic New Year of our government. As of Oct. 1, the economy is in its fourth quarter. After Oct. 16, President Bush's plan on a continuing resolution will no longer be feasible. Soon new budgets will have to be passed.

"As of right now, there is no government budget. President Bush has a continuing resolution policy in effect; however, things will begin to change. They have to,"

Regan said.

Regan concluded his lecture by answering an audience member's question regarding the effects of terrorism on the future of the economy.

"I do not know if we have seen the end of the terrorism," Regan said. "I know that it has not drastically impacted the economy. The economy, before Sept. 11, was already low. Assuming there are no more attacks, the economy will begin to get better," Regan said.

As America embraces one another during these times, Regan feels there will ultimately be a rise in the economy. With the fusion of both policies, "the American economy will get back on its feet."

Airports Up Safety Checks After Terrorism

By Jeremy Sanchez
Staff Writer

Students planning to fly over fall break should expect delays and heightened security, both before and during flights.

According to the Federal Aviation Administration, "The nation's airports have implemented the FAA's stepped up security measures."

"If you are traveling by air, please give yourself plenty of time to check in under the strengthened security measures," the FAA said. "Only ticketed passengers will be allowed beyond the security checkpoint. All airline passengers should remember to bring a government-issued photo ID, such as a driver's license."

The FAA is making attempts to thwart possible terrorists' attacks. These new security measures should alleviate any fears for guests.

On Sep. 25, FAA Administrator Garvey addressed "the opening assembly of the International Civil Aviation Organization."

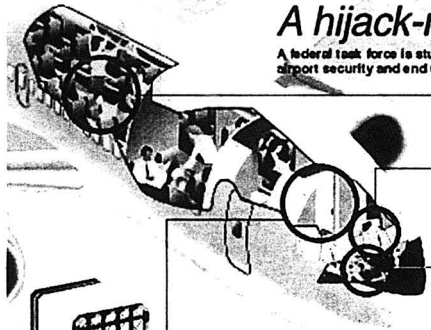
"Established in 1944, ICAO is a specialized agency of the United Nations. It is responsible for developing international rules governing all areas of civil aviation," Garvey said. She called on "the ICAO member states to work together on preventing and eradicating acts of terrorism against civil aviation."

The FAA's web site provides a list of new security measures people can expect to experience at airports.

-There will be thorough searches of all airports and airplanes before passengers are allowed to enter and board aircraft.

-Curbside check-in is prohibited.

-Checking bags at off-airport sites is prohibited. You may still use these sites to obtain boarding passes and seat assignments.



A hijack-resistant plane?

A federal task force is studying ways to engineer planes to foil hijackers if they evade airport security and end up inside a jetliner. Some ideas that may be studied:

Air marshals

Plain-clothed law enforcement officers were used in the 1970s to protect against hijackings; a few were still active before the Sept. 11 attacks

Crew training

New instructions: Stress need to protect cockpit, assume

hijackers could be suicidal; previous strategy was to negotiate with hijackers, safely land plane

Collision-avoiding navigation system

Current aviation philosophy: Human pilot should be able to override plane's autopilot system

Possible system: Airplane could override pilot's commands if the plane is in imminent danger of a collision

Remote control

In case of on-board emergency, plane could use wireless data connection as part of a system, could be remotely controlled

Cockpit door

Relatively flimsy, opens under force; provides escape route for pilots; keeps out intruders, opens with universal key. Reinforced doors: Israeli state airline, El Al, has fortified cockpit doors, forbids pilots to leave cockpit



Additional secondary mesh-net door

-Only ticketed passengers will be allowed through the security checkpoints.

-Vehicles parked near the airport will be closely monitored.

-You may notice additional uniformed law enforcement officers and FAA canine teams patrolling the airport.

According to the FAA, "FAA Federal Air Marshals who are armed and trained in the use of firearms on board aircraft will be flying anonymously on select flights."

"Federal Air Marshals are FAA civil aviation security specialists who are specially trained for deployment on anti-hijack-

ing missions. The FAA will not reveal the number or identities of the marshals. Other government agencies are providing additional security personnel at airports and are helping to augment the FAA's Federal Air Marshal program," said the FAA.

Under FAA guidelines, the flight crew should also be adept at combating hijack-

"We already require the entire flight crew to undergo initial hijacking training, and annual recurrent training," the FAA stated. "We do not detail what this training encompasses for obvious security reasons.

Whether this training will change in any way, we don't know at this time, but we're looking at everything for lessons we can learn."

During fall break, students should expect airport delays. Passengers should arrive early and be ready to prove that they are there for a legitimate reason. Once they have boarded the plane, through increased airport security, air marshals, and well-trained flight attendants, students should have a safe and uneventful flight to their vacation destinations.

PRAXIS: CNU Students Volunteer For Credit

Academic Credit Given For Those Who Earn Volunteer Hours

By Kathryn Gerard
Copy Editor

The PRAXIS Program, one of United Campus Ministries' most popular programs, provides students with the opportunity to make a difference in the community while simultaneously earning academic credit.

To earn academic credit, students in the PRAXIS program must complete a minimum of 16 volunteer hours in an approved agency. They must also participate in two Reflection Groups and complete an evaluation of their volunteer experience.

According to Rev. Cheryl Harrison-Davidson, Campus Minister of United Campus Ministries, the PRAXIS program provides "a significant service to people in need."

"During the academic year (2000-2001), we had 237 students in about 75 agencies. This semester, we have almost 200 students in about 100 agencies," said Harrison-Davidson.

Each semester, PRAXIS students provide organizations in the community with

valuable services.

"The community response has been phenomenal. We stopped calling agencies to see if they would like to be a PRAXIS agency a number of years ago. (Now) they call us to get involved with our program," said Harrison-Davidson.

Some of the agencies involved this semester include Alternatives, Boys and Girls Clubs of the Virginia Peninsula, Community Assistance and Resources for Seniors and Riverside Elementary School.

Senior Kerry Shea volunteers at the Tidewater Literacy Council in Portsmouth. Although she is currently working in the office, after her training session in mid-October, Shea will be working with illiterate

adults, teaching something that she finds "second nature."

"Over the past couple of years, the Tidewater Literacy Council has trained 400-plus volunteers, but only 100-150 people are actually tutors. People get burned out," Shea said.

Shea, a previous volunteer in the

PRAXIS program, is optimistic for this semester.

"I'm hoping this time around, working with illiterate adults greater impact on my life," Shea said.

Katie Floyd, also a senior, volunteers on campus at United Campus Ministries.

As a third-year PRAXIS volunteer, Floyd has cochaired a committee, created bulletin boards, and organized exam breaks.

"The PRAXIS program has encouraged me to volunteer. People might think it's a daunting thing, but it's not...even a few hours makes a difference," Floyd said.

Both Floyd and Shea opted for the PRAXIS program in lieu of writing papers or conducting required research projects for their courses.

While students may have ulterior motives for participating in the program, Harrison-Davidson never worries about this.

"Students opt for PRAXIS for a variety of reasons," Harrison-Davidson said. These reasons include "to live out a faith imperative, to explore vocational interests, to get initiated into the world of volunteerism, and to somehow 'make a dif-

ference' in peoples' lives."

Reflection Groups provide PRAXIS students with the opportunity to discuss and reflect on their volunteer experiences with peers and a discussion leader.

"Through Reflection Groups, students get the opportunity with small groups of their peers to share not only what they are doing in PRAXIS, but also to process what is happening to them because of this experience," Harrison-Davidson said.

During the Reflection Groups "students share about life-changing moments, vocation confirming or changing experience, 'aha!' moments, and the awareness of new perceptions about themselves and the peoples' lives they are touching."

Although it is difficult to coordinate the students and organizations participating in the PRAXIS program, Harrison-Davidson feels its advantages outweigh its disadvantages.

"PRAXIS has been a transforming experience, both for the agencies who are better able to serve their communities and for the students."

"The PRAXIS program has encouraged me to volunteer. People might think it's a daunting thing, but it's not...even a few hours makes a difference."
-Katie Floyd, 3rd Year Volunteer for UCM

Study Abroad, Education In And Out Of Class

By Emily Anderson
Staff Writer

With very few requirements necessary to apply, studying abroad allows CNU students to visit a variety of different places including Mexico, England, Germany and Korea as well as the opportunity to study aboard a ship for a semester or for a year at a time.

Joanne Paul, an academic advisor, helps students with the application process involved to be able to study abroad. There are no actual programs through CNU that allow students to study abroad, but Paul recommends going on-line to find a program that will such as Peterson.com and Studyabroad.com.

Students use the online companies to find out where they can study and a school to sponsor them. Once a student finds a

school overseas that will sponsor them, students have to meet criteria set by CNU. Students must have a 2.5 GPA or better and they must have a steady academic record without a lot of withdrawals or incompletes. Students also have to fill out a form that gives them permission to take classes elsewhere. Once students return from studying abroad, they must fill out forms to have their credits transferred to CNU.

Senior Billy Heath traveled to Brighton, England for his semester abroad. Heath was interested in studying abroad because his sister had studied abroad while she was in college. He chose to study in England at the University of Brighton because he knew the language there.

"I picked England, because that's the only language that I [know how to] speak. I've traveled to Spain before. I didn't want to go somewhere that I would have to take

classes in a different language," said Heath.

Heath studied general business courses at the University of Brighton from January 2000 through June 2000. He planned to take five pre-approved courses, but when he arrived at the university, one of his classes was cancelled. The classes there were more independent than the ones offered at CNU.

"There was a lecture and a group study, but everything else was out of class," said Heath.

Although the campus there did not have the same amount of pride and campus life as CNU, he definitely felt like the trip was worth it in the long run.

"It was well worth it," said Heath. "I didn't miss campus life. It was a new experience living with 14 Americans [who were also studying abroad] as well as 4 British students."

What Heath liked the most about the

whole experience was that he got a taste of a different culture.

"I got to learn [about] a new culture and meet a whole bunch of new people," said Heath.

All expenses had to be paid by Heath, including airfare, dining expenses, room and board, and tuition. Room and board and tuition were a little more expensive than what Heath would be paying at CNU.

According to Paul no student has ever studied abroad twice, but the option is always there. Heath says that he would study abroad again if he had the time or the money.

Heath would recommend the experience to anyone who wants to participate.

"I would recommend it [studying abroad] to anyone who wants to go over there and have fun. It's all about the fun," said Heath.

Stressed Out?

By Dorian Wright
Contributing Writer

With the approach of midterms, the stress levels of students are on the rise.

"I get freaked out by projects, school, family, friends, and keeping a schedule of what to do and doing it," said freshman Angela Peters. "It doesn't help that I have a cold either. Reading, eating, listening to music, and watching movies are what I do to shrink the stress."

Sophomore Elizabeth Schilling similarly expressed her frustration.

"All my tests and papers are due in the same week," explained Schilling. "It would be a whole lot easier on students if professors would choose a more unique schedule than the three exam a semester rule."

According to Dr. Roark Mulligan, "Not all professors follow the three exam plan. I assign my papers throughout the semester because I know some students are under some stress."

Mulligan admits that students are not the only ones who are stressed.

"I'm always under stress," stated Mulligan. "I try to take on too many tasks."

According to Registered Nurse Janie Young, "The way you handle stress depends on your coping skills which are determined by your personality and how you were raised."

For those who have poor coping skills, stress can lead to psycho-related illnesses including headaches, neck pains, and diarrhea.

"When people are overstressed they tend to shut down and stop doing the things that could help them," stated Young. "They may even stop eating or start over eating."

According to Young, "Stress is around so much (that) we have to deal with it."

There are several ways to combat stress.

"I read Harry Potter books when I'm under a lot of stress," explained Schilling. "The books are about kids in middle school, and if they can overcome their obstacles then so can I."

Other ways to reduce stress include exercise, participating in leisure activities, or simply taking a mental break from the stressing task.

According to Young, some warning signs of stress are a foreboding feeling, feelings of avoidance, and a pessimistic attitude.

For more information regarding stress, contact University Health Services at 594-7661, the Office of Career and Counseling at 594-7047, or call the Ask-a-Nurse hotline at 595-6363.

CNU Housing Outside The Dorms

By Laura Schmittow
Contributing Writer

In an effort to control the overflow of residential students, CNU purchased several houses on the outskirts of campus.

Each home houses four to seven students, depending on bedroom number and size.

According to Sharon Case of the office of University Housing, there are a total of 41 students residing in these gender-oriented homes. The houses do not cost extra to students and are policed in the same way as James River Hall. This means that students have no curfew and overnight visitors of the opposite sex are allowed. Similarly, the houses also have Resident advisors and health and safety inspections.

Case says that reason for living in the house varies from student to student. Some students were last in the upper-class lottery and had no choice but to stay in the homes; others preferred the idea. Last year a group of softball teammates lived together in a particular house by choice as opposed to a suite in James River.

Some students who are now in the houses were living in the Relax Inn last year and did not like the idea of leaving.

Junior Aaron Koehl, along with three other roommates, resides on Shoe Lane. He and his former roommate from last year met their other two current roommates on section day when they decided to all live together.

He has mixed feelings about his living situation. His main complaint is that his house only has a dial-up Internet connection.

Another downfall is simply the things that come with living in an older home such as broken door locks.

Even though they live in "the nicest house on campus," Koehl and roommate B.J. Sherrod, are not satisfied with their house.

Although the residence halls have fresh paint and clean carpet, Koehl and Sherrod's house has chipped paint and the carpet is stained.

Koehl said, "nothing will be done about these problems because the university plans to tear the house down in the next couple of years."

The roommates also remarked about their backyard being open for all of the campus to walk through.

Commuters and residents who cannot find parking spots sometimes park up and down Shoe Lane, often blocking Koehl and

Sherrod's driveway.

One advantage for students living in on-campus houses is that they do not have to deal with rowdy neighbors. But they are somewhat isolated from meeting people. Koehl said he misses "the dozens of people walking past his room in a given day."

Despite the many downsides of living in a university-owned house, Koehl said that

overall, he is content residing there and he actually prefers it to James River. The distance to the main campus doesn't really bother him, especially since he bought his bike to CNU.

After making the best of what he originally thought was a bad situation, Koehl said he would probably choose to reside in one of the houses next year.



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OPINIONS

Where We Stand

Advertising the Arts Center

Like the mystical El Dorado, the Center for the Performing Arts has been alluded to, but never seen by human eyes. Promises of a 1,750-seat concert hall and a 440-seat main stage have kept many mouths across the campus watering.

When completed, the Performing Arts Center will be the jewel of Hampton Roads. Musical and theatrical acts from across the country will be drawn to it. Students will come to CNU just to attend classes in it.

But it has to be built first.

Now planned to break ground in January, the Performing Arts Center has been promised since March 20, 1996.

The problem with the promises revolving around the Performing Arts Center is that they were not always grounded in financial reality. Even today, all of the needed finances have not been gathered or are on hold by the state.

Under current projections, this year's freshman class may not see the completion of the Performing Arts Center. Featured prominently on a billboard on Warwick Boulevard, it would not be a stretch to say that it has been a prominent reason for many to come to CNU.

Herein lies the problem. Promises were made to some and now cannot be kept. When it first became clear in 1998 that the Performing Arts Center would not be begun in 1999, CNU should have quietly stopped advertising it. Even now, until it can be contractually guaranteed that the construction will begin, the Performing Arts Center should not be promised. Hearts are never broken when promises are never made.

A Fresh Perspective

[Editor's Note: Every week, in this space, various members of the campus community will speak about their views on the issues that shape their lives here at CNU. Student leaders, faculty, and members of the administration will offer a "Fresh Perspective."]

Growing Up With The Campus

By Charles Pittman

President of The Multi-Cultural Student Association

When I arrived at CNU in the fall of 1996, things were quite different from the way they are now. Few students lived in Santoro Hall and James River Hall didn't even exist. The library surely didn't serve coffee or desserts at that time. Discovery Café was known as the Terrace and alcohol was still being served. Ratcliffe was once the place where our basketball games were played and "the fountain" was just a bunch of grass.

I commuted 30 minutes each day to Williamsburg. It was a hassle but I couldn't see any benefits of living on campus, at least not at CNU. CNU was far from a community and I felt no need to involve myself in anything other than going to class. There was a larger percentage of minorities and we made ourselves at home in the Student Center lounge. It was a place to hangout during the day when we had breaks between classes. But I don't recall a lot of interaction among the different races on campus at that time.

Changes at CNU have had a significant impact on me. Previously, I was a commuter student who was at a young school that had a lot of growing up to do. The university went under construction physically, academically, and socially. Somewhere down the line, CNU started changing its curriculum, its structure, and campus life. I was here to see the beginning of it all. I suddenly noticed that the university was making a conscious effort to change things for the better and build a sense of community. In essence, CNU decided to grow up. In response to that, I decided that watching CNU change and grow up wasn't enough, but rather I would have to take a more active role and try to do some growing up of my own.

In the fall of 2000, I became president of the Multicultural

Please See Growth, Page 6

Corrections and Changes

If you notice an error in The Captain's Log, please alert us to it at Clog@cnu.edu or Clogfeedback@yahoo.com

■ In Issue 4, in the story entitled "Two Members Of Congress Come To CNU" by Jeremy Sanchez, from the fifth paragraph onward Representative Scott is referred to as Representative Brown.

■ In Issue 4, in the story entitled "Reorganization Reactions" by Tami Conner, Dr. Randall Caton's name was misspelled.

■ In Issue 4, in the story entitled "Spreading Cultural Awareness" by Kezia Williams, Charles Pitman's was misspelled.

■ In Issue 4, in the story entitled "What Will You Be Doing After Graduation," after is misspelled.

■ In Issue 4, in the story entitled "Missy Elliot Fires A Miss," Elliot is misspelled in the headline.

■ In Issue 4, in the story entitled "Reorganization Reactions" by Tami Conner, Nichole Arden's name was misspelled.

■ In Issue 3, the story entitled "Accepting America's Greatest Loss," by Jenny Lotts was infact written by Jenny Bess.

THE CAPTAIN'S LOG

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Students: please indicate your class status. If the writer is affiliated with an organization, that may be noted.

For a letter to be considered for publication in the next issue, we must receive it by noon of the Monday prior to publication. Corrections/Clarifications to The Captain's Log will be published in the issue following the error.

Letters To The Editor

The Captain's Log encourages Letters To The Editor through its email accounts, clog@cnu.edu or its feedback line at Clogfeedback@yahoo.com. The Captain's Log also accepts letters in hard-copy at its office in room 223 in the Student Center during normal business hours.

Letters must have the writers name, phone number, and class on it. All letters must have this information. If you wish to remain anonymous, you may note that, but The Captain's Log must be able to contact you for verification purposes.

The Captain's Log reserves the right to reject any and all letters, as well as edit letters for length.

Thanks For Fair Reporting

Hey, this is Mike Moats, the organizer of the Peaceful Justice Movement at CNU, and I wanted to thank you guys (Sarah Auclair particularly) for the excellent article.

Other than misspelling my name, everything was great. Thank you for giving us an objective report by not portraying us as overly liberal or on the fringe, as well as for not being overly supportive of the cause, which might cause certain people to easily dismiss the article and thus not find out about what we are trying to do. In other words, thank you for accurately reporting the truth and not writing the article to suit either us or our opponents, for approaching an issue with extreme, controversial associated politics and not inserting a sway of any sort. This helps us to reach all of our supporters as well as those who are "not even gonna waste [their] time with this."

This type of open honest writing is the true path to moving things forward and I wish we could see more of it throughout all media. Thank you.

Mike Moats

Crossing To Barclay Anyway

To whom this may concern,
Hello, my name is Kate McDonough, and I am a junior here at CNU, and currently living in Barclay. Crossing Warwick Blvd, had become the major focus, so President Tribble has decided to take some actions about it.

I choose to play that game of "35-mph game of Russian Roulette" because I would rather trust my own judgement, rather than cross at the cross walk with cars coming directly at me from both directions. Why doesn't Paul Tribble take some time and actually cross that crosswalk himself so that he can truly feel how we feel.

Remember our good old motto "Student's First", let's now start applying it to ALL of CNU.

Kate McDonough

A Personal Response To September 11th

By Kristin Munch
Staff Writer

"Daddy is safe... I know he is fine," I kept telling myself over and over again. I watched in horror and disbelief as smoke streamed from the Pentagon where my father worked.

I was hysterical - I couldn't breathe; I couldn't stop crying. I even had to have a friend dial the phone for me because I was shaking so much. My mom finally answered and said she had been trying to get hold of my dad but couldn't.

An agonizing hour of crying and praying slowly passed. My mom finally called, saying that my dad had called but their conversation had been cut off. As much relief as I felt, I could not clear my mind of the thoughts that so many people really had lost friends and loved ones. I could not even begin to voice my sympathy for their losses.

Like many other Americans, when the shock and horror subsided, I was left with a profound feeling of anger. All of this sorrow was the result of ignorant extremists - terrorists who had the unfounded notions that killing Americans and themselves would reserve a place for them in heaven. Where did they get these ideas? How could they have the heartless ignorance to kill over 6,000 innocent people? I could not express the depths of my anger. I decided to do the only thing I know how to do to release my stress: write.

While deciding what exactly to write about, a huge contrast and irony during this episode became apparent.

Many Muslim fundamentalist terrorists believed they were dying for a worthy cause and ensuring their own salvation. Other reasons included their anger with our country for helping their opposing country, Israel, during their battle over the Holy Land. The terrorists expressed their views by hijacking

planes and killing not only pas-

sengers, but thousands of citizens in the targeted buildings. Most likely, these terrorists died with feelings of heroism. Performing the selfish and heartless act, the terrorists died with twisted ideas that they were in the right and would be receiving great rewards.

Critical Thinking Instructor Gary Sayre is experienced with studying terrorism. He is a former Naval Intelligence Officer with a sub-specialty in anti-terrorism. Sayre strongly emphasized the contrasts between cowardice and bravery. "True bravery is to look at the world realistically," said Sayre. "Foolish, ruthless, senseless acts have nothing to do with bravery."

Sadly, in our unspokenable time of tragedy, we are not the only country wounded by thoughtless terrorists and extremists. Daily, innocent men, women and children live in fear in other parts of the world, such as Israel. The simple acts of daily life we take for granted, including shopping or going out to eat, are plagued with thoughts that this day could quite possibly be their last.

For example, on Sept. 9, two days before America's tragedies occurred, several incidents of terrorism were reported in Israel. During that day alone, there was a shooting attack on a van transporting teachers to a school in the Jordan Valley, a suicide bombing in a train station in northern Israel, and a car bomb near Netanya that injured 17 people. According to Senior Bryan Waugh, "We should keep the innocent Israelis in our thoughts and prayers because they are being attacked daily by the same terrorists we were."

In contrast to these ruthless foreign terrorists, our Ameri-

can firefighters truly were heroes and demonstrated "true bravery." They knew the stakes and surrendered their lives for the chance to save others. They entered the burning, toppling building with completely selfless motives. They lost their lives because of their own altruism and desire to save others. The firefighters who died on that ill-fated day are a clear portrait of dedication, integrity and self-sacrifice.

Unfortunately, writing does not even begin to express the whirlwind of emotions I have experienced after Sept. 11. I am sure many of you feel the same way.

It is extremely reassuring to see that so many Americans turned to helping others as an outlet for their emotions after the tragedy. Blood Drives and fundraisers thrived on countless willing donors. Also, there was a strong sense of unity in the support and prayer groups around the Hampton Roads area and around the country. Americans have been incredibly generous with their time and resources. In the coming weeks, months, and probably years, many thousands of our nation's finest men and women will put themselves in harm's way to defend our nation from further terrorist attacks. We must keep them in our thoughts and prayers, and let them know we fully support them.

All of our nation's efforts have proven an excellent example for what a difference we can make in the lives of others, especially when we work together. Whether you give your time, money, blood, or support, you can have a huge impact. I know that the victims and loved ones involved in the Sept. 11 tragedy as well as those suffering around the world every day from similar terrorist tragedies will always be in my thoughts and prayers.



Growth from Page 6

Student Association. I realized that the only way to effectively change things in the community was to become part of the community. After I moved into the new residence hall, my role in the changing university began to take place. At the same time that I became president, the organization was fortunate enough to get a new advisor, Alex Butterfield. MSA, along with her help, has had a significant impact on this campus. As Coordinator of Multicultural Affairs, Alex Butterfield spearheads the cul-

tural education for the university. This was perhaps the first impact on the university that I was a part of. Others gradually followed.

When I first became a part of MSA, it seemed to be more focused on providing an outlet of activities for minorities. Now that foundation has been built and MSA has been able to expand and interact with the community as a whole. In no way do I doubt MSA's previous success on campus, but I feel that in the past year and a half, we have truly begun to be multicultural.

Even though the minority population

constitutes a smaller percentage of the university than during prior years, membership in the Multicultural Student Association has grown significantly. We have been making a conscious effort to include more than just blacks in our organization. We are currently looking to expand in any area that we may lack with the hope that the term "multicultural" will one day reflect the makeup of our organization. From my perspective, CNU has grown and changed a lot in the past few years and I am glad that I can also say the same about myself.

ARTS & ENTERTAINMENT

Student Bodies, Fit Or Fat?

By Tom Gearsy
Sports Editor

More than three in every five Americans are overweight.

According to a 1999 National Health and Nutrition Examination Survey, 61 percent of U.S. adults are either overweight, defined as having a Body Mass Index, BMI, of 25 to 30, or obese, BMI of 30 or more.

The 18-to-29 year old age group has experienced one of the highest increases in obesity, according to a report from the Centers for Disease Control and Prevention. The region of the United States that has grown the most in size is the South, with a 67% increase in obese residents. With a majority of students being both 18-to-29 years old and from the South, CNU may very well be "growing."

Campus athletic trainer Chris Jones tends to agree with the statistics. "I would say [the statistics] are right," Jones said. "Obesity is a major problem in the United States."

Statistics from the University Health and Wellness Center show that CNU is currently not one of the out-of-shape areas in the South. Of the 2,574 profiles collected from students, faculty, and staff in the past four years by the university, only 26 percent have been labeled as overweight. College students in general tend to be less overweight than the national figures suggest. The Association of American Colleges and Universities reveals that only one in every four college students nationwide is overweight.

However, maintaining a good physical shape can be a challenge for the typical college student. Living on fast food and

having little time to exercise after classes, homework, and extra-curricular activities can have negative effects upon the body.

Freshmen have notoriously been known to gain weight while adjusting to college life, a phenomenon known simply as the "freshman 15." However, Jones believes that through exercising and eating healthy foods regularly, students can avoid adding these unwanted pounds that have America bulging at the seams, literally.

"Look at your major food groups. Make sure you hit the pyramid," Jones said. "Living on campus is hard. You just have to watch what you eat instead of eating a lot. Don't skip meals. That's the worst thing you can do. If you skip meals, your body has trouble metabolizing it and that actually puts weight on."

Discovery Café, one of several places on campus where students eat regularly, is home to fast food chain Chick-Fil-A. Although researchers usually blast fast food for being too fattening, the average Chick-fil-A chicken sandwich is only 290 calories with nine grams of fat, according to the official Chick-fil-A website. When compared to McDonald's crispy chicken sandwich (550 calories, 27 grams of fat), Chick-fil-A seems to be healthier for the college student than it appears. Even their 8-piece chicken nuggets (290 calories, 14 grams of fat) relatively healthy compared to a 9-pack from McDonald's (430 calories, 25 grams of fat).

Although no nutritional information could be obtained from the other dining services on campus, some of the eateries on campus boast healthy foods. Captain's, for instance, serves paninis, tortilla wraps, and smoothies instead of burgers, french fries, and chicken nuggets.

Jones also believes that keep-

ing a healthy life-style should be part of students' everyday routine. One of the unhealthy life-styles affecting CNU is smoking, a leading cause of death among Americans every year.

"Just walking around campus, [I've noticed that] smoking has increased dramatically this semester on this campus," Jones said.

But for the most part, the students on campus tend to feel good about their health. Jason Berry, a sophomore on the cross-country team, thinks that the majority of people at CNU are physically fit.

"Most people are pretty well in shape. We have the [Freeman] center, and a lot of people go over there and lift or exercise," Berry said. "[But] not everybody is made the same way. It depends on your metabolism."

Because there may be more to getting healthy than just eating right and exercising, registered nurse Lori Kasecamp suggests that visiting the University Health and Wellness Center can be beneficial.

"Our goal is to make students aware at a younger age about fitness so that they can incorporate it into their regular lifestyle," Kasecamp said. "If people have areas that they're particularly concerned about, they can contact us and we will work with them. We will help set some short-term and long-term goals with the person that they can work on individually and we will [stay in] contact [with] them."

Students can also attend the upcoming Health Fair in October to set up a program through University Health and Wellness.

"You can come for free and have your cholesterol checked, [as well as] your weight, your blood pressure, your glucose," Kasecamp said. "At the end of the year you can repeat it and see what you lose."



Staff Photo By Jerilyn Sutton

Fine Arts Society Plans Haunted House

By Allen Brooks
Staff Writer

Have you ever thought that Ferguson Hall is scary or that it might make a good haunted house? Well, the students of the Fine Arts Society did, and on Oct. 26, 27, and 31, this vision will become a reality.

Ashley Schulkins, Nic Tassarolo, and Kelly Sharp form the Executive Board for the Fine Arts Society. They have been spending this semester working on two projects: the Haunted House and achieving recognition for their organization from the student body.

"We want help," said Ashley Schulkins, the co-vice-president of the club. "We want to show the school that we belong," she added.

The club has faced several hardships. These hardships include a lack of equipment, no funding, old offices, and limited space for majors to do

their work. Even though they are faced with these problems, the Fine Arts Society is optimistic for the coming month, especially regarding the Haunted House.

The group believes that students interested in the fine arts curriculum should be given the opportunity to express themselves and to use functional or new equipment. They are using the event to finance this kind of purchase. The Fine Arts Society will be charging admission to the Haunted House.

The Haunted House will be in Ferguson Hall, on Oct. 26 from 6 p.m. - 9 p.m., Oct. 27, from 5 p.m. - 9 p.m. and Oct. 31 from 6 p.m. - 9 p.m. Admission is \$2 for children, \$3 for students, and \$4 for general admission.

The Fine Arts Society meets on Tuesdays and Thursdays.

Alicia Hits All The Right Keys; A Minor Is A Major Hit

By Kezia Williams
Staff Writer

Marvelous is an inadequate word to describe Alicia Keys; she is much more than that. Her music is a clever mixture of classical soul with a pinch of blues. Add the fact that Keys is an accomplished pianist, and the finished product is a unique musical talent.

Originally signed to Arista Records in 1998 and later making the transition with Clive Davis to J. Records, Alicia has established a home within the music business. She began her album, "Songs in A Minor" at the age of 14, completing it at 19. She has created a distinctive style using the piano as her main musical tool. Working with

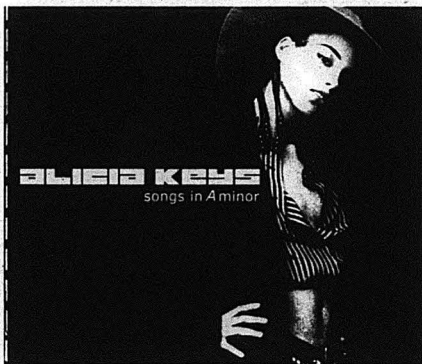
this tool, Keys has hammered her way into musical stardom. On Sept. 19, 2001, Billboard proudly displayed Keys as number one on the charts. She was awarded best new artist on the MTV awards. She has also performed on Saturday Night Live, on a segment of MTV's *Ultra* sound, and will be participating in a World Trade Center Relief Fund. Her album has gone triple platinum. The woman is bad, and I mean that in the best way.

"Songs in A Minor" consists of several songs written and arranged by Keys. In track one, Keys lyrically tells her audience of her journey to achieve her dreams, while she strokes the piano keys softly then powerfully playing Beethoven's "Moonlight Sonata."

In other songs, she addresses common relationship predicaments. For instance, in "Girlfriend" she croons of the jealousy she has for her man's female friend, granting this "other woman" the title of "girl" friend, ultimately stealing Keys' original title and her rightful place in the relationship.

Sending a special dedication to all the ladies who wait patiently or not so patiently by the phone for that special someone, in "How Come You Don't Call Me," she sings: "Still light the fire on a rainy night, still like it better when you holding me tight. Everybody says we should never part, tell me baby why you got to go and break my heart. If what we

Please see **Keys**, Page 8



He Says...

By Allen Brooks
Staff Writer

What can I say about "Zoolander"? Epic? No. Moving? No. Intelligent? No way! Funny and entertaining? Heck yeah!

I walked into the theatre with the same expectations as everyone else—I was about to waste my five hard-earned bucks on a film that is the equivalent of tripe. I was pleasantly surprised. Like I said, it was funny, I didn't feel as though I had wasted my five dollars, and it did receive the Chad Lamb seal of approval, which is good enough for me.

Derek Zoolander (Ben Stiller) is an international male super model. Women love him; men want his life. But he just lost the VHI award for best male model. How can he keep going? So he retires and goes to work with his father (Jon Voight) in the coalmines. Right, that's believable; but it's ok, because it's the wonderful world of movies. Anyway, Derek slowly, very slowly, comes into the realization that there is a vast conspiracy of fashion designers that have been orchestrating every political assassination since Lincoln. And every time they make a hit, their hitman is a (insert ominous music) male model! This time they have targeted the Prime Minister of Malaysia, because of the cheap sweatshop labor that he promises to abolish. They use fashion designer Mugatu (Will Ferrell) to brainwash Zoolander.

What is Derek to do? Well, he enlists the help of Matilda (Christine Taylor) a reporter for *Time* that did a mean-spirited piece on Derek, and Hansel (Owen Wilson) his arch nemesis of the modeling world. But sometimes saving the world comes before who has the better runway walk.

I'd have to say, that after much deliberation, the Allen Brooks award for excel-

lence in the field of being a not-so villain must go to Jerry Stiller for playing the part of Maury Ballstein, the modeling agent that sells out Zoolander but still comes to his rescue. I'm a huge Stiller family fan, so it was great fun to see the father and son working together so well in this film.

I did get a kick out of this movie. Sure, I'm not going to go and pre-order the DVD, but I can walk away feeling as though my time and money were well spent. That is the

She Says...

By Jessica Helsel
Staff Writer

Have you ever gone to see those hilarious, roll-in-the-aissles movies, where you only stop laughing long enough so you can hear the next joke coming and to breathe?

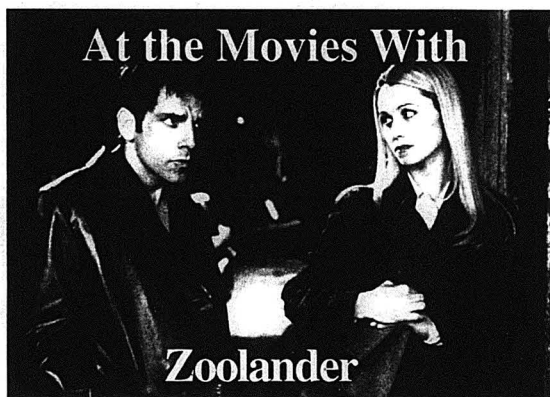
Really? Could you maybe send me a list of them because it seems as though I haven't seen one in a really long time. Now it's not that "Zoolander" didn't have its moments where the

you just tasted, because it still hasn't delivered enough to make you want to stay and wait through the next three minutes of so-so jokes without your mind wandering to the fact that it would have been cooler if you'd bought Junior Mints instead of Reese's Pieces.

Well I suppose now is where I inform you of the sidesplitting antics that took place in this genuinely humorous film... How about I just tell you the plot instead? Ben Stiller (who also directed and produced this film, as well as co-wrote it) stars as an extremely dim-witted male super model (Derek Zoolander) who's taken the fashion world by storm, that is until his competition for male model of the year, Owen Wilson (Hansel, he's so hot right now), wins the award, throwing the ever stupid Derek into a funk. After his male model friends are all killed in a freak gasoline, fight, accident, Derek retires from the world of modeling to try and help others.

The only problem is that he can hardly help himself, let alone turn left... no really, he can't turn left. Actually it's a pretty jumbled plot: he ends up being brainwashed by one of the leaders of the fashion world, Will Ferrell, who you'll laugh just looking at let alone if his eyebrows twitch or if he actually says something.

From David Bowie to Billy Zane and even Fred Durst, the cameos in the movie are pretty funny. But the movie just doesn't seem to wrap up as tidy as you'd think it could. From the first few scenes, you'd swear you were sitting through another "Austin Powers," especially with Will Ferrell's character looking like Dr. Evil's cousin. But as the movie goes on, it just... isn't. There are knee-slapping moments and hand-clapping scenes, even a pretty decent soundtrack complete with Wham, if any of you remember them (I do, I do). But that's mostly what they were, just moments. For this film to really have the effect it desired, I'd recommend you buy the Junior Mints and the Reese's Pieces, and maybe even the Twizzlers, too.



important thing, isn't it? But remember it's not smart! It's not even a "good film!" So don't come crying to me because you went to the theatre expecting to see another "Lawrence of Arabia," because this is more like *Dumb and Dumber*.

whole theater laughed as one. It's just that all as one, as a continuous stream of thought it seemed to be missing... something. I'm sure that part of the something missed was the fact that over half of the movie's funny moments were from the trailers that most moviegoers had already seen. Right after you stop laughing, you're hoping, praying, that there's going to be more of what

Tool Hammers Out Hits At Ampitheater

By Tom Geary
Sports Editor

Methodically swaying back and forth, vocalist Maynard James Keenan led the mesmerized crowd in repeatedly chanting the lyrics, "I know the pieces fit." This was one of the brighter moments for his band Tool's concert on Sept. 29 at the Virginia Beach Amphitheater.

On a blustery and dark autumn night, Tool seemed disconnected from their thousands of fans. A lack of energy, intensity, and stage presence were just a few of the group's shortcomings during their 2-hour set.

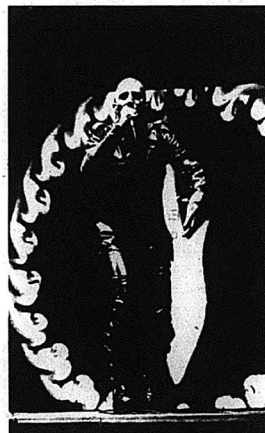
Initially, Tool had gotten off to a promising start. After several minutes of mysterious chanting, the four-piece made their way onto the stage and jumped right into "The Grudge," the first track on their latest CD "Lateralus."

While the band performed, two gigantic video screens in the background continuously ran film of contortionists, random naked body parts, and other interesting visual illustrations that have become one of Tool's distinguishing features. Keenan also stood in front of his own personal video screen placed near the back of the stage.

Crowd favorites "Stinkfist" and "Forty Six and Two" put the crowd into an early frenzy. During the latter song, bassist Justin Chancellor displayed extraordinary skill and concentration. "Prison Sex," one of Tool's first hits in the 1990's that put

them on top of the alternative metal world, followed.

Shortly afterwards, Keenan picked



Lead singer Maynard James sings during Tool's current concert tour

up his own guitar, a surprise to many in the audience. This would have been a sight to see for many Tool fans since Keenan rarely plays guitar, but it ended up to be just a sight: Keenan only strummed a few notes, if any at all.

The show climaxed when the group kicked into the tracks "Push It" and

"Schism." In an extended version of "Push It," guitarist Adam Jones showed his wide range of talents, from bass-heavy metal riffs to his trademark, progressive rock semi-solos. "Schism," the group's latest single off of *Lateralus*, was perfectly performed in concert.

Although Tool's followers faithfully sang along to their dark music, the band rarely acknowledged the crowd, instead focusing almost entirely on their music and the artistic aspects of the show. This was best seen when contortionists Osseus Labyrinth ascended to 20 feet above the stage during a 15-minute break in the set. The duo, one man and one woman, have appeared in Tool's video for "Schism" and were completely naked, wearing only silver paint.

As they flopped around above the stage, Tool came back out to perform the songs "Parabol" and "Parabola" before playing "Aenema," the (sort of) title track and fan favorite from their 1996 release "Aenema." During "Aenema," Danny Carey's precision drumming showed why Tool has become known as a percussion-driven band.

During their final song of the night, Keenan decided to turn his back to the crowd, further disconnecting the band from the audience. Only a brief smile came upon the face of guitarist Adam Jones as the band embraced in a group hug and Keenan finally realized there was a crowd, announcing, "Thank you, goodnight!"

Keys, from Page 7

should never part, tell me baby why you got to go and break my heart. If what we had was good, then how come you don't call me anymore?"

She also has a song on her album for the guys. It is an educational lesson of how to treat a woman right. She sings, "If you treat me fairly, I'll give you all my goods. I'll treat you like a real woman should because baby I know your worth it." However she backs these lyrics up with "you will lose if you choose to refuse to put her first."

Keys collaborates with artists including Prince, Jermaine Dupri, and Brian McKnight. She also writes, produces, sings, and plays her own music in her songs on the album. This talent is so evident in "Good-bye" and chart-topper "Fallin'" that one would have to be either lyrically illiterate or tone deaf not to hear her obvious talent.

In "Good-bye" she artistically displays her talent with the following lyrics: "How do you love someone that hurts you oh so bad? Intentions good was all he ever had...How do you find the words to say good-bye? When your heart don't have the heart to say good-bye...Is this the end? Are you sure? How do you know when you have never been here before?"

"This has definitely been a journey, and it is not over, it has just begun." Alicia Keys states in the credits of "Songs in A Minor." Come be a part of this history-making journey Oct. 13, when Alicia Keys performs at CNU's Family Weekend.

SPORTS

Football Team Loses A Heartbreaker In Overtime, 27-24

By Clyde Whiteman
Staff Writer

In a game that featured several outstanding offensive plays by both teams, CNU came up short. On Saturday Sept. 29, the Captains lost to the Shenandoah Hornets 27-24 in an overtime thriller witnessed by a home crowd of 3,703 fans.

After the score was deadlocked at 24 after regulation, Shenandoah started the overtime session on offense at the Captains' 25-yard line. Dennis Robart and Wes Karns each rushed three times, combining for 17 yards. Although the Hornets were kept out of the end zone, Morgan Linkenauer connected on a 28-yard field goal to give the visitors a 27-24 lead.

The Captains took the field next with a chance to force a second overtime or win the game with a touchdown. All that stood from the first victory in school history were 25 yards and a tenacious Hornets defense. On the first play, quarterback Eric Carlson scrambled out of the pocket, looking to throw the ball. However, Matt Harrison hit Carlson, forcing him to fumble. Calvin Oliver recovered the ball and that series of events ensured the victory for the Hornets.

Early on, it appeared that the Captains would roll to a convincing victory. On their initial possession of the game, CNU drove 47 yards in six plays for a 7-0 lead.

Kaveh Conaway rushed for 24 yards on three carries and Carlson capped the scoring drive with a 21-yard touchdown run.

After their offense surged to an early lead, CNU's defense made a key play of its own. Lamar Claiborne picked off a Wayne Hagwood pass at the Captains' 35-yard line, the first interception in Captains' history.

Conaway's 43-yard scamper for a touchdown padded CNU's lead to 14-0 with 4:59 left in the

first quarter. His touchdown run capped a five play, 65 yard scoring drive.

After Brian Haygood fumbled on their next drive, Shenandoah recovered deep in Captains' territory. The Hornets drive started at CNU's 25-yard line, but the Captains' defense was up to the task, giving up only four yards on three plays. Linkenauer made a 38-yard field goal, cutting CNU's lead to 14-3 with 45 seconds left in the first quarter.

After a strong start offensively, the Captains were unable to generate any offensive flow in the second quarter, gaining 53 yards on 15 plays. However, their defense put the clamps on the Hornets offense, allowing a paltry 28 yards on 11 plays.

Shenandoah reached the end zone on their first offensive series of the third quarter. The Hornets started on their own 33-yard line, but marched 67 yards on five plays. Karns' rush for 53 yards

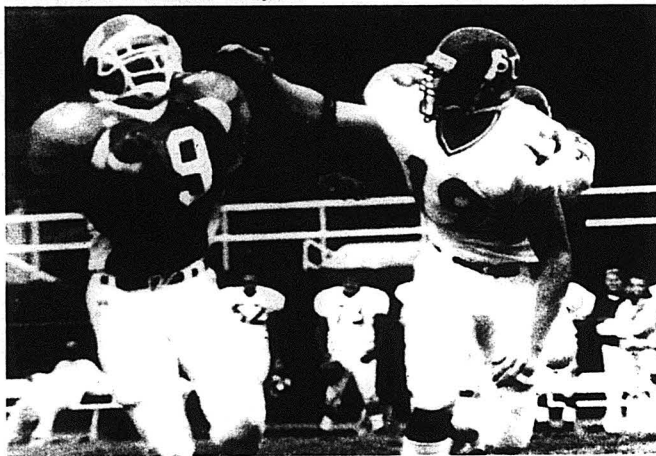
capped the Hornets scoring drive and sliced their deficit to 14-10.

After Justin Williams made a 32-yard field goal to extend CNU's lead to 17-10, the Captains failed to capitalize on an opportunity to stretch their lead even further. When CNU kicked off following Williams' field goal, the Hornets fumbled the ball. The Captains recovered at the Shenandoah 40-yard line and a personal foul against the visitors gave CNU a first and ten at their opponents' 28-yard line. A ten-yard holding penalty and two incomplete passes from Richy Ingram stalled the Captains' drive, forcing them to punt the ball away.

On their next drive, the Hornets drove 85 yards on four plays to tie the game at 17. McGhee's 80-yard run down to the CNU six-yard line was the key play of the drive. He then finalized the drive with a two-yard touchdown run with 3:20 left in the third quarter.

With 3:48 left in regulation, the Hornets gained their first lead of the game. They started their drive at their own 48-yard line. After Hagwood recovered his own fumble on first down, he threw a 55-yard pass to Pat Godfrey for the go ahead touchdown.

Although the Captains fell behind, they quickly regained their composure. With 3:39 left in the game, CNU found themselves in good starting field position but in



Running back Kaveh Conaway (left) attempts to speed away from Shenandoah FS Gregg Anderson during Saturday's 27-24 overtime loss.

Staff Photo By Jerilyn Sutton

See Football, Page 11

Grading Out the Football Team Against Shenandoah

By Tom Geary
Sports Editor

The football team's identity appears to have finally developed.

Sticking to the run game (40 carries, 256 yards) paid off. It accounted for all three of CNU's touchdowns.

The defense appeared to be strong as well until the rain starting falling. A few big plays stunned the defense, but it held pretty well.

Even the special teams was vastly improved. Justin Williams looked good in the kicking game, no big returns were given up, and no punts were blocked.

Overall, the team looked

much better this time around. They played Shenandoah hard until the last minute and almost pulled off their first victory.

GRADING SCALE: 4=A, 3.5=A-, 3=B, 2.5=B-, 2=C, 1.5=C-, 1=D, 0.5=D-, 0=F

Quarterbacks - Eric Carlson only completed five of 16 passes for 60 yards and one interception. But several of his passes were dropped by his receivers, so his statistics do not give him much justice. His passes were on the money for the most part. And he had great poise in the pocket

throughout the day and ran for 56 yards on just eight carries. GPA: 2.7

Running Backs - This is still the team's strength. Kaveh Conaway had a phenomenal game. He rushed for a school record of 170 yards on 32 carries. He also ran for two touchdowns. There's no disputing his athletic ability. GPA: 3.7 (Honors)

Receivers - These guys haven't been doing their homework. They could not hold onto the football. Many catchable passes were dropped, and Brian Haygood is the only receiver who caught a pass. His three catches accounted

for 39 of Carlson's 60 passing yards, but his fumble in the first quarter set up Shenandoah's first score. GPA: 0.6

Offensive Line - As a whole, the O-line did an excellent job. They didn't allow a sack and they opened up gaping holes for Conaway to run through. They were the reason why CNU had 256 rushing yards on 40 carries. GPA: 3.4 (Honors)

Defensive Line - They held Shenandoah's rushing attack in the first half. But they gave up an 80-yard run to Willie McGhee and a 53-yard touchdown to Wes Karns. Overall, they allowed 241

rushing yards on 42 carries. GPA: 2.2

Linebackers - Too many tackles were broken by Shenandoah players and that was a problem for the linebackers and secondary. Chris Linton and Jason Williams could have stopped Shenandoah's crucial 55-yard TD pass with 3:48 to go. They still played a fairly solid game though. GPA: 2.5

Secondary - Shenandoah completed only two passes on the day, a great accomplishment for the secondary. It probably helps that Shenandoah's passing game was

See Grading, Page 11

Bottom of the Ninth
Volleyball

The volleyball team won their fifth consecutive game against Chowan College on Sept. 26. The team is now 8-5 overall and 4-0 in the Dixie Conference.

Lindsay Sheppard recently broke the all-time kills record in a career with 1211. Heather Vaden had previously held the record with 1187 kills.

Field Hockey

Last week, the field hockey team (4-4 overall) both shut out a team and got shut out.

First, the team obliterated Trinity 15-0. Wendy Wilson shattered the team record for most goals in a game with 9. The team outshot Trinity 59-1.

On Sept. 30, Catholic defeated CNU 7-0. CNU was outshot 33-18.

Women's Soccer

The CNU women's soccer team finally broke its winless streak last week.

After losing their fifth straight to Greensboro by the score of 1-0, the team defeated Ferrum 3-0. Jenn Headrick scored two goals and had an assist in the victory.

CNU ended the week with a scoreless draw against Methodist. CNU was outshot 14-10.

- By Tom Geary

Cross Country

This past weekend, the CNU women's cross country team finished 7th overall in the 6,000 meter race and 14th overall in the 4,000 meters at the Dickinson Invitational in Carlisle, PA. The men's team placed 7th overall in the 8K race.

Top finishers for the women's 4K were Laura Smith, Meghan Null and Alicia Burns. Top finishers for the women's 6K were Aimee Gibbs, Lindsey Newell and

Juelissa Gadd.

The CNU men's team top 5 finishers included Matt Sinclair, Jim Highsmith, David Baer, Sean Smith, and Ralph Denton.

The team's next meet will be on October 13th at the Virginia State Division III Meet in Bridgewater.

- By Kristin Munch



Matt Boettcher (left) reflects the ball with his chest next to two Chowan players, Brad Fontaine and Brandon Carroll. CNU defeated Chowan 9-0.

Staff Photo By Jessica Heisel

Men's Soccer Fights Their Way Through The Week

By Liz Munson
Staff Writer

As the old saying goes, "you win some, you lose some." The CNU men's soccer team proved this to be true this past week, scoring a 9-0 victory over Chowan College on Wednesday, only to turn around and fall to Saint Mary's College of Maryland 4-0 on Thursday. The Captains then fought through the weekend with Averett and Ferrum Colleges, winning 2-1 and 1-0, respectively.

The win against Chowan was of no surprise to the Captains. The Braves did not have a men's soccer team until last season, which they finished up 0-9 overall, 0-5 Dixie Conference. Also, eight of their 11 starters in the 2000 season were freshmen. This year Chowan hasn't improved much, holding a 1-9 overall record, with no wins in the conference.

"Really, it was just taking care of business, making sure that we got a conference win," junior Justin Joswick said.

CNU midfielder Joshua Shaw opened the game with a goal on an assist by Joswick with 23:55 left on the clock. After that, it was an open field, with the Captains scoring five in the first half, and four in the second.

The last two goals of the game were scored on penalty kicks. CNU outshot the Braves 45-3, and Captains goalkeepers Martin Zelada and Andrew Lewis had no saves. Compare this to the 17 total saves by Braves' goalkeepers Richard Tacaraya and Matt Abner.

This proved to be quite a contrast to the game the next day. The Captains' loss to St. Mary's was a complete surprise. The Seahawks hold a 5-3 record, which is mediocre at best.

"You get to a certain point where you're a good program, and you become everybody's big game," men's soccer coach Steve Shaw said. "For them, it was an intensity thing. When our team was on the rise, we hunted other teams down because we were hungry for the win. Now everyone else is hungry."

CNU's offense stepped up their game in the second half after trailing the Seahawks 2-0. The Captains doubled their shots from only eight in the first half to 17 in the second, but still couldn't get the ball in the net. The Captains didn't put a single shot in, despite having 25 shots, nine on the goal.

"You could say that we need to practice our shooting, but it all comes down to indi-

See Soccer, Page 11



Nick Yannitello (left) sidesteps his Chowan opponent. The ball was in Chowan's net nine times in the Sept. 26 game.

Staff Photo By Jessica Heisel

Got Game? Try It Out In Freeman Center Pickups

By Nick Thomas
Staff Writer

It is the Mecca of basketball at CNU.

Every evening before 8 p.m., basketball followers walk into the Freeman Center with a plan: play and win in full-court, five-on-five pickup games.

The Freeman Center, which is approximately 112,000 square feet, has been the forum for these kinds of basketball games since its creation. After evening classes let out, the gym fills with all types of CNU students: freshman, juniors, football players, and current CNU basketball players. It does not matter who plays, as long as they have basketball in their blood.

"I've been playing pickup games here at the Freeman Center for a year now. I find it relaxing when I can come back from class and play some ball with my friends," sophomore Darius Johnson said. "I get the chance to exercise as well as fine-tune my basketball skills. It's a lot of fun."

From the minute the ball bounces on the court, the adrenaline is high. Everyone playing has something to prove, some sort of skill to refine, some kind of unrelenting desire that only basketball can satiate. For many, playing basketball at CNU also brings the satisfaction of making new friends.

"I've only been coming here for a month or so, playing basketball and relaxing," freshman Mark Relius said. "I came here because I heard you can meet a lot of the same kind of people that share your fascination with the sport. So far, I've met at least a dozen new friends."

Whether you walk into the Freeman Center to play basketball or just to practice your lay-ups, there always seems to be some sort of entertainment in the evening. Junior Angela Mitchell has been observing the five-on-five games at CNU over the past few months. Like her, a crowd of interested

fans watches many of the intense games being played.

"I love watching my boyfriend play basketball here because I know he's having fun," Mitchell said. "Just the other day, while I was watching him play, one of his teammates blocked a shot so magnificently, that he went over to his book bag, took out a pen, and signed the basketball for the player who was blocked! It was a riot; it was so funny!"

The pickup basketball games at the Freeman Center first began when students were granted permission to play on the courts after the CNU basketball season ended. Rumors about students playing pickup games in the evenings of weekdays filtered throughout the campus, eventually spawning a following. To this day, students, staff, and faculty alike find themselves being subjected to the exciting, friendly games.

"When I work out at the gym and take a break from fitness, I sometimes take a look over at the basketball courts. I am always surprised at how many people are playing, or are waiting to play, basketball," senior Amy Stansfield said. "I think this is great for CNU; our school spirit is becoming more and more visible on and off the courts."

As CNU continues to grow, so does the ongoing strive for campus participation and school patriotism. Every evening, basketball players lace their high-tops, put on their shorts, and play what has become one of America's favorite pastimes. As they do this, many cannot help but feel that they are doing their part in uniting the university.

"Coming out here to play basketball games with your fellow students allows one to build a mutual respect for each other. Respect and decency is what CNU is all about. These pickup games encourage both aspects while creating a healthy, competitive environment," sophomore Larry Markenson said.

A Fan's Perspective

By Seth Klein
Staff Writer

Captain's Field was filled to the rafters on Sept. 29, as the Captains played Shenandoah. Throngs of fans were lined along the entrance to the stadium as the national anthem was sung, prior to the start of the game. The stadium was packed. I even heard some people near me say that they had bought scalped tickets.

The Captains started out in the lead and held it a good while. The sounds of cheering were abundant throughout the game; a group of students in the stands started a few cheers, which were soon picked up by the cheerleaders.

The weather was overcast and it had started to drizzle. Two downpours sent fans scampering out of the stadium, except for some spectators who stood under umbrellas or huddled under tarps. C.J. Woollum had previously presented me with a varsity award on my birthday for "#1 Fan in All Sports," and I proved myself by remaining in the stands.

Somewhere between the two downpours, Shenandoah caught up with us to tie, with the game ending regulation play with a tie 24-24. Full spiritedly, the Captains

charged into overtime. But it wasn't in the cards that day, with the game ending Shenandoah 27, CNU 24. The spirit of the fans remained strong throughout the game, with fans lining along the fence surrounding the field, as well as throughout the stands, in the hopes of seeing a victory. Even though the game ended in a loss for CNU, the spirit and enthusiasm exhibited by the team, cheerleaders, and other spectators, was positive, for everyone was rooting for the Captains, showing enthusiasm and coming together as one, in support of our school.

Although the game was a loss for CNU, it was a victory for school spirit. This is what makes our country great — the coming together of people, united in a common cause. On the football field that day, I witnessed fellow Americans, working together and supporting each other for the common good of all involved. Just like people all over the U.S. have recently come together in support of their country, with American flags, banners, and signs showing their support, CNU came together on Sept. 29 to show support for the football team and the school. That in itself was a victory.

Q and A: Women's Soccer Coach Kwame Lloyd

By Kristin Munch
Staff Writer

First-year women's soccer Head Coach Kwame Lloyd has experienced the ups-and-downs of coaching a collegiate team. After nine games, his team is 2-5-2 and struggling to meet expectations. But Lloyd has demonstrated his coaching skills by helping the young team try to reach its full potential.

After growing up in New York and Silver Springs, Maryland, Lloyd attended Susquehanna University in Pennsylvania, where he majored in Political Science. Before becoming a professional coach at his alma mater, Lloyd played in the National Professional Soccer League for the Harrisburg Heat in 1990 and 1994.

He has been coaching women's soccer for eight years.

Q: Why did you first become involved with soccer?

A: I began playing soccer when all my friends were playing. I became pretty good at it. I had to choose between soccer and

skateboarding, and you don't fall as much in soccer.

Q: Why did you first decide to come to CNU?

A: CNU was an attractive thing for me two years ago because of the fact that I'd only be coaching one sport and for the last seven years, I'd been coaching two sports: women's soccer and women's lacrosse. I've done fairly well at both. The ability to coach one sport and be only two and half hours away from my family was a draw.

Q: What has been the highlight of your coaching career?

A: I'd say the students have been the highlight of my coaching career. I've had students that are now doctors, lawyers, or have gone on to work with the Peace Corps. They've become really active. I've seen my students get married and have children and that has been the highlight of my coaching career.

Q: What has been the highlight of this season?

A: Opening up our first game with a team that was seventh in the nation and tying them one-to-one. For a brand new coach teaching a brand new system with basically brand new players for me and having lost two of our regional All-Americans and many of our seniors, getting the players to mix that early and being able to get that early was good for us. Since then we've had one victory and quite a few losses, but they have all been very close games.

Q: What do you think will be your biggest challenges for this season?

A: I think the biggest challenge will be

getting this group that is so young to play to their potential. We've played four teams already this season that have been in the top twenty in the nation. One of these teams they tied, three they've lost to by either one or two goals. So the challenge will be getting them to realize how good they are and taking up the opportunities to win games.

Q: What are your goals for the rest of this season?

A: To finish in the top four of our conference and then go to the conference tournament and win the Dixie conference tournament and get past the first round of the NCAA's.

Grading From Page 9

poor. Lamar Claiborne's interception was the first in school history. GPA: 3.2

Special Teams - They finally played a fairly good game. It was arguably their best game of the season. Justin Williams made a 32-yard field goal and converted all three of his extra point attempts. Conaway's 46-yard kickoff return in the first quarter was a gem. GPA: 3.4 (Honors)

Coaching - Head Coach Matt Kelchner's game plan was brilliant. He stuck with the running game and once again it was a success. The special teams and passing game were both improved. GPA: 3.2

Soccer From Page 10

viduals," Shaw said. "The guys that are taking shots have to do their job better."

The Captains healed themselves with a 2-1 double overtime win over rival Averett College (3-6 overall, 1-3 conference) on Saturday, but without making themselves work for it. CNU again displayed an alarming trend for them—a high number of shots, but no net. The Captains outshot Averett 39-3, but only grabbed two goals.

"We clearly outplayed them," Joswick said. "We could have put it away, but we didn't capitalize on our opportunity and they got a lucky goal."

The winning goal was scored by Carlos Placencia in the second overtime on an assist by Craig Pittenger.

Football From Page 9

need of a touchdown to tie the score. They started at their own 43-yard line and calmly went 57 yards on nine plays. Conaway accounted for 31 rushing yards on the drive, including the tying touchdown run from a yard out with 57 seconds left.

Even though his team was unable to come up with the victory, Coach Matt Kelchner was pleased with his squad's effort.

"We came out and played well early. They played well too, and it became a back and forth game," Kelchner said. "Our effort was good, especially on the last drive of the fourth quarter. Our offense had to march downfield in the rain, and they were very impressive."

"I'm pleased that we were in a position to win. Football is a tough game and it's a hard test," said Kelchner. "We're getting closer and closer to passing one soon."

To seal up the week, the Captains settled for a 1-0 win over Ferrum (3-8, 1-1). Joswick scored the only goal with 36:00 minutes remaining, on an assist by Justin Chezem. Ferrum kept up the pace with 12 shots to the Captains 19.

"[After I scored], we dug our heels in to make sure that we weren't going to let them back in the game," Joswick said. "We weren't going to let that happen, and we just played like it was our last game to win."

with under 100 points scored, almost 600 points allowed. Quite an accomplishment! Jacksonville at Seattle — Poor Seattle. They don't even have a real home field to lose on until next year.

Kansas City at Denver — I'm tempted to go with the Chiefs, but Priest Holmes just doesn't impress me.

N.Y. Jets at Buffalo — I know the Jets are the safe pick here, but the Bills need to win sooner or later.

Dallas at Oakland — Didn't these teams play each other twice in the preseason? Jon Gruden is the most entertaining coach in the league.

Green Bay at Tampa Bay — What happened to the Bucs being the powerhouse team of the NFL?

Carolina at San Francisco — Wow, that was a quick rebuilding process for the 49ers.

St. Louis at Detroit — It appears that the greatest show on earth is up and running again. Warner is looking sharp.



Freshman Martha Sheets (left) keeps the ball from Methodist sophomore Teri Almond in the Sept. 30 game. Sheets is one of several new players on Coach Lloyd's team this year.

Staff Photo By Tom Stormer

EDITOR'S CHALLENGE

Arizona at Philadelphia — McNabb will eat up the poor Arizona defense all day.
Chicago at Atlanta — Without Jamal Anderson, the Falcons will suffer.
Cincinnati at Pittsburgh — Kordell Stewart shouldn't be able to start and win in the NFL. Something is wrong.
Minnesota at New Orleans — Culpepper is inconsistent, but I'll take my chances.
New England at Miami — The Patriots will not repeat what they did to the Colts against the conservative Dolphins.
San Diego at Cleveland — Tomlinson looks great, but I'm going with the upset.
Tennessee at Baltimore — There is no way that the Titans can start out 0-3.
Washington at N.Y. Giants — If the Skins stay on pace, they'll end the year

EDITOR'S CHALLENGE



To play, simply circle the teams that you think will win and bring this coupon to the Captain's Log office, room 223 in the Student Center. Or you can email your choices to clog@cnu.edu. If you select more winners than Sports Editor Tom Geary, you will be entered into a random drawing. This week, the 1st place winner will receive two movie tickets, paid for by Mr. Geary himself. All weekly winners will be placed in a random drawing and the overall season winner will receive a replica CNU football jersey. Last week, four contestants beat Tom Geary (8-6). Clyde Whiteman (10-4) had the best record, but Jason Matusiak won the random drawing.

Arizona at Philadelphia
Chicago at Atlanta
Cincinnati at Pittsburgh
Minnesota at New Orleans
New England at Miami
San Diego at Cleveland
Tennessee at Baltimore
Washington at N.Y. Giants

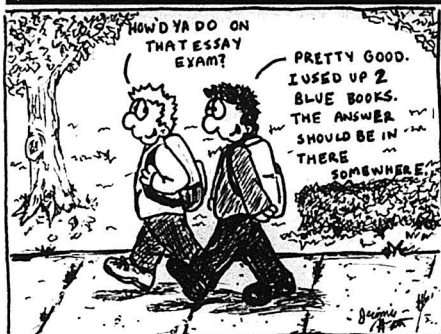
Jacksonville at Seattle
Kansas City at Denver
N.Y. Jets at Buffalo
Dallas at Oakland
Green Bay at Tampa Bay
Carolina at San Francisco
St. Louis at Detroit

Name and Phone # _____

COMICS AND CROSSWORDS

A B.A. In B.S.

By Jeremie Heath



THE ART OF B.S.

PAUL

BY BILLY O'KEEFE WWW.MRBILLY.COM



Crossword

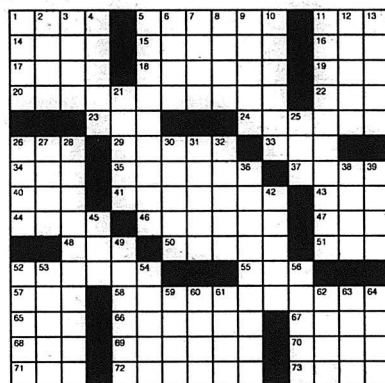
ACROSS

- 1 Henley or Daniel
- 5 Share billing
- 11 Hit head-on
- 14 Predict
- 15 Additional performance
- 16 Baba
- 17 Dryer trappings
- 18 Ambrose or Bacall
- 19 Won't follow-up?
- 20 Self-reliant
- 22 Blast letters
- 23 Some: Fr.
- 24 Data displays
- 26 Bridge opening
- 29 Condescend
- 33 Meriwether or Grant
- 34 Wedding vow
- 35 Crownlets
- 37 Etc.'s cousin
- 40 Fresh
- 41 Send-ups
- 43 "Bravo"
- 44 Rowan and

- 46 Ogle
- 47 Fuss
- 48 Hanoi holiday
- 50 More crafty
- 51 Light touch
- 52 Piercing cry
- 55 Ventilate
- 57 Sock end
- 58 Burying the hatchet
- 65 Possess
- 66 Of primitive groups
- 67 Influence
- 68 Was in front
- 69 Busy
- 70 Noteworthy times
- 71 Wynn and Begley
- 72 Irish and Spanish growths
- 73 Loss of the "Daily Planet"

DOWN

- 1 Java's neighbor
- 2 Emerald Isle
- 3 Look after
- 4 Loathed
- 5 Of the sky
- 6 Judah's son



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10/1/01

Solutions



THE CLINE CONUNDRUM

BY TIM CLINE

Surprisingly enough, noone was able to correctly guess the individuals who brought us these quotes, but I appreciate those that tried. I challenge the student body, faculty and staff to get even one correct. (A hint to those that are unsure, the internet is a great source of information. Google is my personal favorite)

The conundrum this week will not be the usual proposition from me to you other than the second chance with the quotes. Rather it will be a dare, yes even a triple dog dare if it must come to that, to pose a question to stump me via ClogFeedback@yahoo.com, you will need to be able to provide some sort of authentic source for the answer. For example:

Good Question: Is it true that in Athens, Greece, a driver's license can be lifted by the law if the driver is deemed either "poorly dressed or unshaven"?
The answer, something I would ask for afterwards, being true, it was printed in the Dayton Daily Newspaper by L. M. Boyd on Aug. 13 1998.

Bad Question: What is the name of my pet dog? Not an answer I would be able to find unless I stalked you. Although the answer is Hercules for those that wondered:

A tall order on both accounts I know, but one I'm sure the campus of CNU is ready for.

Who voiced these memorable and inspiring quotations:

1. "I've shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe to assure the survival and the success of liberty."
2. "Always give your best, never get discouraged, never be petty; always remember, others may hate you, those who hate you don't understand you hate them. And then you destroy yourself."
3. "A tough lesson in life that one has to learn is that not everybody wishes you well."
4. "There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."
5. "When you're in the mud, you lose ground."

Illustration Courtesy of www.worldofescher.com

Let Us Know

CLogFeedback@yahoo.com

"Man, I really think the Captain's Log needs to do more profiles on cartoon characters."
Pooh Bear

If you have opinions of how to make this a better publication, or have comments on how we've been doing this is the perfect way to let us know.

If you have an opinion about the paper, a suggestion on how to improve it, or a story idea you would like to see please email the Captain's Log at ClogFeedback@yahoo.com.

The Captain's Log Editing staff holds full editing rights over length due to restrictions, if required.