

# CAPTAIN'S LOG

Orientation Issue

CHRISTOPHER NEWPORT UNIVERSITY NEWPORT NEWS, VA

June 24, 1994

## Students helping students: CNU SOLs

By Angela James  
News Editor

They all have their reasons. But mostly, all the Student Orientation Leaders (SOLs) do it for just one. They all love Christopher Newport University.

They all have a heavy responsibility when it comes to their leadees. And that responsibility is to be the best first contact they can be for incoming freshman. But these "first contacts" are about as different from each other as they possibly could be. There's a single mother in the crowd, along with some sophomores who just went through orientation themselves only a year ago. There are even some seniors who want to make their final impression on the future classes of CNU.

One SOL, Corinne D'Amato, is a single mother with three daughters ranging from 18 months to 11 years old. D'Amato said she chose to be an

SOL because she hopes others can see that no matter what, an education is always obtainable.

"If I'm able to let one person know that their goals are obtainable, I would have all the reason I need to be an SOL," she said.

D'Amato, who said she didn't even have a high school diploma two years ago, referred to higher education as being like nothing else in the world. And, she hopes that at least in a subliminal way, she will be able to convey the importance of education to her freshman.

And even though D'Amato is always feeling like the "mom" of the group, she said she knows she'll be able to relate to even the youngest freshmen.

"I'm not the sergeant type," she said. "I'll be able to relate to them."

Other SOLs like sophomores Matt Weilmuenster and Jason Houser said that they wanted to become SOLs because they had such a positive experience when they went through orientation last year.

Weilmuenster said that his SOL, Alicia Rees, made a "big impression" on him and the entire experience gave him a new attitude.

"It got me ready and excited and wanting to go to college," he said. "I wasn't cringing at the thought of college anymore...I was smiling."

Houser, though his experience was a positive one also, said that he was a little disappointed as a freshman that there weren't more male orientation leaders.

With his addition, he hoped to even it out more.

Weilmuenster, who graduated from York High School, said that he also wants to help spread the word that just because CNU is an area college doesn't mean it's a bad school.

"CNU is a good school," he said, "And most people just don't realize it."

Other SOLs admitted to feeling that CNU wasn't where they wanted to be at first. Houser said that his plan was to spend a year at CNU and then transfer. But now that a year has gone

by, Houser said that he's changed his mind. And he hopes to be a part of many others changing their attitudes toward CNU, too.

His only advice to freshman, after just ending that freshman year himself, is to "take it easy" the first year.

"Get involved in one club," he said, "But remember that your first priority is to get a college education."

Other SOLs, like Anne Davis, was an SOL last year. She wanted to do it again to let incoming students know that CNU is a viable choice for their entire four years of education.

For other SOLs, like senior Melanie Brown, this was going to be her last chance to be an SOL. And she didn't let it pass her by. She remembers her experience as a freshman and said that she hopes she can "fill all the holes" in her role as an SOL.

"I want to be everything I can be to them," she said. "It's a really scary time and the more you know, the easier it will be."



Photo by Dito Morales

## Shattered

By Jennifer Jordan  
Staff Writer

Recently, the new residence hall was dedicated in an unfortunate way when two windows were found to be shattered by some type of weapon.

The windows were found by a University Police Officer. The damage

occurred between 5:00 p.m. on May 20 and 8:30 a.m. on May 21.

One of the windows encloses a second floor meeting room and the other window is directly above it, on the third floor, and also encloses a meeting room. The windows are on the side of the building that faces the back of residential homes on Merritt Drive.

According to University Police Chief Gerald J. Bright, the weapon used was either a BB gun or a slingshot. He added that there are no suspects. Bright stated, "We are looking into it further to see if we can narrow it down."

"It looks like an isolated incident at this point," Bright said, "When new

construction goes up, this is something that happens, unfortunately...but, I don't want to make light of it."

Bright stated that the University Police department is taking precautionary measures. He has asked the Newport News Police Department to assist by "stepping up patrols on Merritt Drive."

# When Mom Went Off to College.....

By Liz Wolfe  
Contributing Writer

When I decided to go to college two years ago, not only was I in for some harsh reality, so was my family. At first, to all of us this appeared to be a piece of cake as we sat and looked at the catalog and my schedule. As with all things, what appears on paper differs greatly from what is actual.

Everyone was all excited as I set out on my first day of school with my new pens, paper, and used books. After arriving to my first class and realizing that I was probably one of the five oldest in the group, reality started setting in. Then came all those terms that college students use, like "rush week." I thought, "Why set aside a week just to rush, I do it everyday of my life?" Next came things that professors lectured on as history such as the first space walk, the Kennedy assassination, the Vietnam War and even the Beatles' first appearance on the Ed Sullivan show. For the first time, I felt at the advantage because I had witnessed those things first hand on my

family's old black and white television, with neither stereo sound, nor remote control (of course I was very young). Finally came those classes on how one should learn to reason with a two-year-old, probably written by some psychiatrist who never had one. I just snickered to myself because I've experienced the terrible two's twice, and believe me, you don't reason with a two-year old.

Meanwhile, back on the homefront, things were really starting to take shape. My family figured out that my personality on "before-test days" made PMS look like Miss Sally's Romper Room. My twelve-year-old daughter learned that the washer and dryer were both user-friendly. My ten-year-old son realized that no matter how busy mom is, she still knows when I didn't take a bath or brush my teeth. My husband became so proud of his new bed-making techniques. Even the dog (a Yorkshire terrier) benefitted by making friends with the new dust bunnies. My children both came to realize that the only time they get to use the computer is when they are helping me figure out what

I did wrong.

The people I work with became experts in the fields of sociology, statistics, and biomedical ethics because I study by reciting my class notes to whomever happens to be standing around at the time.

When people ask me if it's worth it, I say yes! My experiences at Christopher Newport University have been positive. The staff and faculty have gone out of their ways to help me, or anyone for that matter. I have made some real nice friends with both older and younger students.

My older friends and I always have something to talk about: our children, and my younger friends have taught me so much about enjoying life.

Finally, my family has been my biggest and best fan club. They always lift me up when I become discouraged and want to quit.

Thanks to all!



## THE CAPTAIN'S LOG

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THE CAPTAIN'S LOG reserves the right to edit letters according to style, subject and length, as well as refuse publication. Letters may be printed anonymously upon request.

Corrections to THE CAPTAIN'S LOG will be published in the issue following the error.

## Ready to be a freshman again?

*Thoughts from a student who just experienced her first year of college*

By Courtney Phillips  
Contributing Writer

Congratulations! All of those months of application forms, aptitude tests, and essay-question answering have concluded in your choosing of Christopher Newport University to further your education. All that remains now is orientation--your introduction to college. So what is college like? I asked myself this same question one year ago. And while orientation gave me some answers, only experience--actually attending college has helped me adjust. Now, after completing my freshman year, I would like to share some of my insight with you.

During orientation, you will receive a catalog listing distribution requirements and all of the courses offered. You'll immediately notice that you have a very broad range of choices--much, much broader than in high

school. Your first choices will probably be from among the general requirements, like English and Foreign Language. Then, you'll make an appointment to register for those courses. This is where you might run into difficulty. Freshman courses are often very crowded and you may not get the ones you want. You'll have to choose the next best thing, or pick something completely different. Either way, you'll have to try for the one you really want next semester. When I was registering, I was planning to take English 101 like most of the other freshman. But almost all of the sections had been filled. The only ones left were sections at very strange times--like from 8:00 p.m.-10:00 p.m. on Tuesday night! Speaking of strange times, you'll find that you can schedule courses in the afternoon or evening, if available. When I registered, I had no classes on Monday, Wednesday, and Friday until

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noon. That was great for me because I hate getting up in the morning. But, on Tuesday and Thursday, I had a class at 8:00 a.m., so I guess not everything can work out perfectly.

After you have finished registering, the next thing will be to buy textbooks. You will need to buy several of them, as some courses may require three or more books. This gets to be not only expensive, but intimidating. Try to relax, you don't have to read the whole book in one night, some professors may opt not to even use the books. But they will be useful reference tools for exam time. Lectures are the rule here, so be prepared to listen carefully for hours on end. There will be plenty of writing, too, from taking notes in lecture to writing term papers. Fortunately, in most freshman courses the papers are few and short.

Going to college also marks the beginning of your independent life. As

you already know, you will have much more freedom here, and with that freedom comes added responsibility. It will be totally up to you to decide whether to study or take a nap. You alone must decide to either finish that History chapter or watch television. No one is going to look over your shoulder, twisting your arm until the work gets done. The professors may simply hand out a syllabus full of due dates on the first day of class and then never say another word about the assignments. This is not all for the sole purpose of stressing you out, though. There are advantages to not having someone guiding you. Almost everything, including long papers, are on the syllabus at the beginning of the semester, so you have plenty of time to get started.

There are many more people here than there were in high school, and the majority of them are pretty open and friendly. Partly because of this attitude, and also because CNU is a beehive of activity, you will find many

ways to enhance your freshman year and make the whole college experience more enjoyable. The Information booth in the Campus Center can answer all of your questions, and the career center (just down the hall from the Info booth) can help you find a job. There is a bulletin board with housing listings, if you are looking for a place to live, and the Campus Police office is just upstairs. During orientation, you will if not visit, then at least pass by these places, and you will also find out about the multitude of on-campus organizations, including service and social fraternities and sororities.

The professors at CNU are also very friendly, treating their students like real human beings, instead of lesser life forms. They maintain regular office hours and encourage you to seek help when you need it, if you think you need it, or if you just want to talk. Don't let horror stories of professors get to you, but do take the advice of your fellow students when they tell you to try for one professor over the

others for certain classes. They know what they are talking about! If you should have problems, though, and if you don't feel comfortable with your professor, there are free tutors available, like the math tutors in Gosnold Hall and the Writing Center in the Tidemark Bank Building.

While the idea of college may seem somewhat overwhelming right now, once you have gotten a few weeks under your belt, you'll begin developing your own strategies for making the grade. So don't forget that this is a truly exciting time in your life. Your future is all up to you, and you have a wide variety of options. Now is the time to try out what you think you are interested in, and don't worry if you find you want to change directions. The average college student changes majors at least twice, eventually settling on something that is uniquely them. You too will find something that is just right for you. In the meantime, best wishes and good luck at CNU!

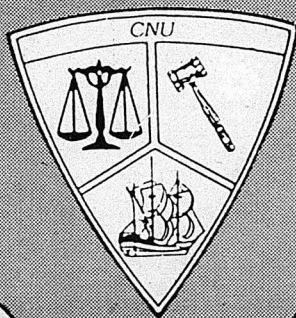
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# Spring Madness reigns over rain

By Angela James  
News Editor

Not even pouring rain could stop Christopher Newport University students from celebrating a break before exams. No, Spring Madness went off without a hitch, and without the sun.

Spring Madness is best described by one CNU student who called it an end of the semester "blow out." He added, "It's a good time for relieving stress right before exams, but right after papers and other stuff have been completed."

Spring Madness is sponsored by Act One and the Student Government Association. They both sponsor a similar event in the fall that is usually held in October. But without the help of several other clubs, fraternities and sororities the rain just might have

put a damper on things. But even sarcasm was alive and well on that day.

"With all the money raised by fraternities, it's been great," said Jamie Kincaid. "And it's even a good time to enjoy the springtime weather." Spring Madness is also a time for new organizations like Alpha Phi, a social fraternity, to promote their fraternity by giving away free lemonade.

"Today, life gave us lemons," said one fraternity member referring to the bad weather. "So, today we make lemonade."

Other organizations like the Social Work Association joined in on the festivities to help inform other students about National Organ and Tissue Donation Month.

Gamma Phi Beta, though, informed the

students about their philanthropy, a camp for underprivileged girls, by sponsoring a bean bag toss. While making money for their charity, the women also gave free dinners away to the best bean bag tossers.

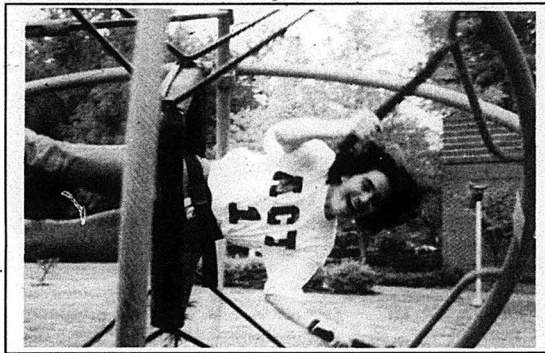
One of the highlights of the festival was a dunking booth sponsored by Alpha Phi Omega, the service fraternity on campus. It became one of the most popular attractions of the day when 1994 graduate Jennifer Abel, an outspoken anti-Greek, became the dunkee. Between dunks, she called out insults to fellow students who were members of fraternities. But, she said, she didn't mind the dunks.

"I have found my purpose in life," she said. "I'm raising money for charity and insulting frat boys at the same time."

Information for this story was compiled by Alfred Crane, Staff Writer



Students (left photo) enjoy airball on the campus lawn during Spring Madness. Marie Hawley (right photo), Student Services Specialist and ACT ONE advisor tries out the gyroscope.



Photos Courtesy of ACT ONE

## Currents features CNU students' art, literature

By Nic Susta  
Staff Writer

Do you like to write or to create other works of art, such as paintings or sculptures? Would you like to have them published and win an award? Do you enjoy editing, proofreading, paperwork, typing and discussing art and literature? Do you want to apply or learn marketable skills? If the answer is yes to any of these questions, consider submitting the

fruits of your creativity to *Currents* magazine or joining the *Currents* staff.

*Currents* is Christopher Newport University's annual art and literary magazine. It is sponsored by Sigma Tau Delta, the international English honor society. But you don't have to be an art or English major to join. This year's editor-in-chief is Mike Bland, and the faculty advisor is Dr. Jay Paul in the English Department. Mike will be looking for submissions and staff this year. Submissions will

probably be due the last day of class of the fall semester, and most of the staff's work will begin then.

Keep a lookout for flyers in the art and English departments, or call the English department at 594-7024 for more information.

You may also drop a note to Bland in the *Currents* mailbox on the second floor of the Campus Center or in the English department next to the faculty mailboxes.

## ATM on Campus

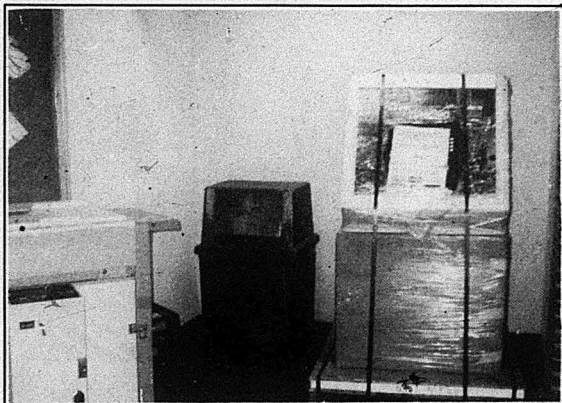


Photo by Jennifer Jordan

Newport News Educator's Credit Union plans to put its 24-hour automatic teller machine into operation around July 1. The machine is located near the end of the hallway that leads to the bookstore in the Campus Center. It will accept Cirrus, Plus, and Exchange systems, and most major credit cards.

Information Compiled by Solomon Smith

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# CNU dips into reserve fund

By Jennifer Jordan  
Staff Writer

On Tuesday, June 7, the Christopher Newport University Board of Visitors voted to remove \$1.5 million from the school's reserve fund to meet the operating budget for fiscal year 1994-1995.

\$450,000 of that amount is needed to support revenues that were originally expected to come from students living in the new residence hall. Officials had planned on a full or close to full number of students living in the residence hall during its first year of operation. However, on June 7, there were 141 paid contracts signed by students to live in the building, which has a capacity of 433.

According to Cynthia R. Perry, Director of Planning and Budget, when tuition and fees were set during the April Board meeting, the expected residency in the hall was 75% or full.

At that meeting, informed of the projected revenues, the Board passed a resolution not to raise tuition. "We knew we had sufficient reserves...so we took a risk," in order to remain competitive with the tuition, fees, and room rates charged by other institutions, Perry said. "If the building fills, we won't pull it," she added, "that's the maximum amount we're looking at."

Perry discussed the reasons for the low number of students that have signed contracts to live in the residence hall. Enrollment is down at institutions across the state, she stated, and, "The first year is very tough."

The remainder of the money being taken from the reserve fund will be used to support the construction of a looproad around the campus, and to finance some changes in infrastructure in the campus buildings. The looproad will connect the Warwick Boulevard entrance with the road that goes

around the back of the campus center. Also included in the looproad project will be the paving of the gravel lot near the Warwick Boulevard entrance and the reworking of the entrance area.

In other actions, the board passed a resolution to reaffirm its commitment to an equal employment opportunity policy.

The board established that the single occupancy room and board rate for the 1994-1995 year will be \$5,950 and resolved that the single occupancy rooms are offered "subject to their availability after the need for double occupancy rooms has been met."

Eleven instructional faculty appointments were approved by the board, as was one professional faculty appointment.

The board also appointed member C. Benson Clark as the next rector of the board. Barry L. French ends his one-year term as rector, and 8-year term as a board member on June 30.

## The teachers's "purr"fect pet

By Jennifer Jordan  
Staff Writer

If you're stressed out from tests and papers, and need some "warm fuzzies" or perhaps just the sound of a pleasant purr to cheer you up, the science building grounds are just the place you need to go. The area is the stomping ground of a fairly large, and very friendly grey cat.

According to the chair of the biology, chemistry, and environmental science department Dr. Harold N. Cones, "Peepers" began hunting animals in the garden outside of the new science building about one and a half years ago. The feline visits the science building on a regular basis and Dr. Cones said that he feeds Peepers dog biscuits and leaves a cup of water outside for him.

"I don't like cats, but I like that cat," Dr. Cones stated, "He's a wonderful cat-very mild-mannered."

Recently, the cat fell asleep in a dark area of Dr. Cones' office around noon.

"We had to wake him to leave when it was time for us to go home," Dr. Cones said. Dr. Cones stated that the cat does have a home, and its owners

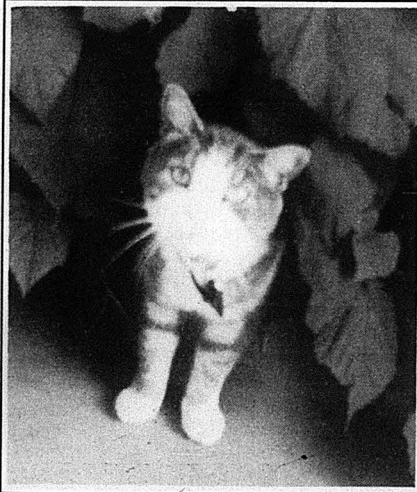


Photo by Ethen Van Lieu

have been contacted at times, when it stays at the science building for long periods of time.

With plans to enclose the science building underway in the next few years, will Peepers still have a place to play?

"The cat will probably be dead by the time the building is enclosed if things go the way they normally go around here," Dr. Cones stated, "but as far as I'm concerned, that cat is welcome anytime."

## World Champs

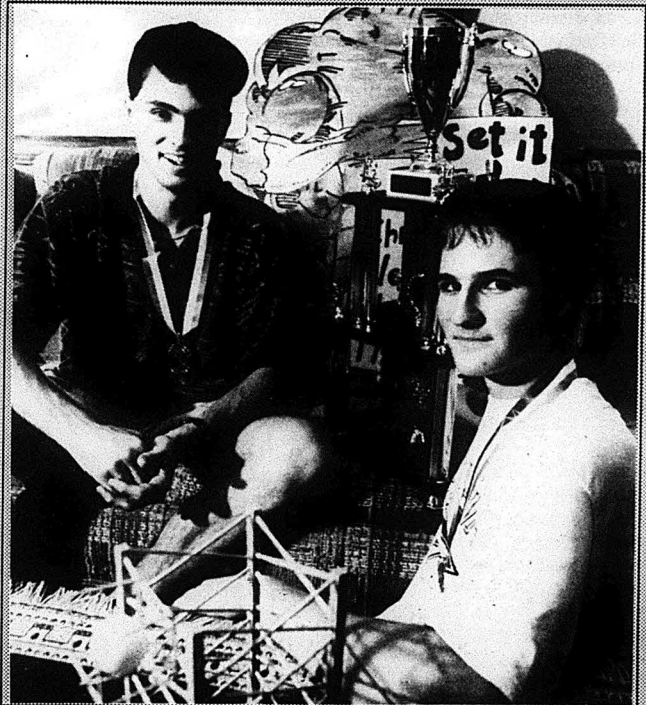


Photo by Dito Morales

CNU students John Martin and Eric Pesola with the balsa wood structure that set a world record in the 15th Annual Odyssey of the Mind Competition held in Iowa between June 1 thru 4. The structure held 1,125 pounds before breaking. Pesola, the team captain stated, "We did it because CNU has never won an academic world championship in anything...We had the opportunity to do that and we couldn't pass it up."

Pesola creates the Blue Man comic in The Captain's Log under the pseudonym Jeff Printer. The comic hero was used during the Odyssey competition to complement the balsa display. Not pictured were other group members Tabitha Purdue of CNU and Kristi Singleton of George Mason University. Dr. Peter A. Knipp, assistant professor of Physics and Computer Science, sponsored the group.

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# Public Relations Internship Supplements Student's Education

By Wanda Bixler  
Staff Writer

Have you considered an internship as part of your education? It's a good way to sample a job or a career track for a semester.

I am an English major with a concentration in writing. Last spring semester, I took English 491, Intern Practicum and worked as a writing intern for the Public Relations Department of Mary Immaculate Hospital. The class required working eight hours a week (for a total of 120 hours) on the job, and writing a mid-term progress report, a resume, a final internship report and an evaluation paper for Dr. Jay Paul, chairman of the English Department.

The internship allowed me to gain experience in writing duties required in a typical public relations position. During the internship, I had the opportunity to arrange interviews, develop appropriate questions and conduct personal interviews on my own. I gained experience in gathering and organizing the material from these interviews and writing and editing the stories.

On the first day of the internship, I received the assignment to rewrite and condense four articles from an existing in-house publication for local newspaper publication. During my second week, my supervisor gave me a list of possible story ideas and people

to interview. I only had names and phone numbers and had to take it from there. I telephoned the people on the list, explained who I was and asked to schedule an interview with them to develop articles for the employee newsletter. Generally, these articles were human interest stories, so my questions centered on the person's job duties, personal background, education, family, hobbies and other interests.

Some interview situations led me to other story ideas. For instance, during casual conversation before one interview, I learned about another hospital employee who had trained a wild starling to come on command and eat from his hand. After talking to my supervisor about the story, I was asked to write a news release for the *Daily Press*. The article, along with an accompanying photograph, was printed in the "Denbigh Neighbors" section of the *Daily Press*.

I interviewed a wide range of people from top administrators to staff members, and I prepared several kinds of articles including human interest stories, news releases, a historical summary, feature articles and shorter articles to highlight specific information. Throughout my internship, I wrote about two dozen articles for the employee newsletter. Most of these were between one-and-a-half and three pages long. Other articles I wrote included those summarizing hospital employees' benefit plans, pension plans, leave policies and other benefits. Two of

these were feature articles and several others were used as short notices in the newsletter. For one of my last assignments, I contacted about twenty-five people to obtain comments to be used at an annual awards banquet.

The internship required extensive writing, and I was able to apply much that I had learned in various writing classes at CNU, including English 260, news writing; English 354, public relations writing; and English 353, business writing. I used information from these classes to prepare news releases, to conduct interviews, and to write articles.

I found English 354 especially valuable in my internship. I took this course while completing my internship, so I was able to apply several techniques and principles learned in class. I used information from this class to write different kinds of leads, to write newspaper news releases, to construct interviews and to write feature articles. Additionally, I found that confidence gained from speech 201, public speaking, and from oral presentations I had made in various CNU classes helped me as I conducted interviews.

Besides newsletter articles, I accomplished several special projects during my internship. I wrote a history of the MallWalk Program, sponsored jointly by Mary Immaculate and Patrick Henry Mall. For this assignment, I sorted through six years of program files to determine the most important aspects. I went to the mall

to look at the walking course and review the procedures for enrolling and registering mileage. I also interviewed the nun in charge of the program and later telephoned several participants to get their views of the program. In addition to these writing duties, I participated in the hospital open house by leading groups of visitors on tours of the hospital facilities and attended committee meetings to plan special events. The internship writing required creativity, initiative and patience to complete stories. I often had to change my schedule to meet the needs of interview subjects or temporarily drop one assignment to work on a more time-sensitive one. Often, I was working on five or six stories simultaneously, so I had to be flexible and prioritize the projects.

My internship presented a challenge and gave me valuable experience. I attribute much of my success to knowledge gained from my classes at CNU. The internship also helped me to make decisions about the future course of my career. I would not hesitate to recommend an internship in general, or one with Mary Immaculate Hospital in particular, to any student who aspires to public relations writing.

Check out the possibility of an internship for yourself, especially when you are a junior or senior. If you are interested in an internship, see the Office of Career Counseling, the chairman of your major department, or your academic advisor.

## Groups serve non-traditional crowd

By Jennifer Burgess  
Special Correspondent  
College Press Service

Returning to college can be a frightening experience for an adult, but there are organizations on campuses across the country designed to help these non-traditional students make the necessary adjustments to college life.

According to the Department of Education statistics for the fall 1991 semester, 4.1 million of all undergraduate college students are above the age of 25.

Eastern Tennessee State University has a program called the Center for Adult Programs and Services to provide services unique to the needs of non-traditional students.

"Adult students feel very alone. They haven't had the benefit of a high school

guidance counselor; many don't have family support," said Carla Warner, director of the Center.

The center provides orientation, academic counseling and scholarship information, and also has an emergency message service. Warner said this service is important because day care centers and schools need to reach parents when a child is sick and needs to be sent home.

For students who are experiencing financial problems, the center provides a crisis notebook. Students can write about their problem in the book and local churches are asked to contribute. A church's recent contribution stopped one student's electricity from being turned off when the student could not afford to pay her bill.

Inside the center's office is a room where non-traditional students can eat their meals with fellow non-

traditional students. According to Warner, the break room gives these students the feeling that they have somewhere to go on campus.

Warner said a majority of the students who come to her office want to become involved in campus activities, but are not interested in the clubs and organizations designed for traditional students. She said these non-traditional students are younger than 23 and have families.

"It's more about what their responsibilities are, not their chronological age," she said.

The center consists of three full-time employees. There are also 10 student workers at the center; eight are non-traditional students. The center is open 52 hours per week.

At Bridgewater State college, in Bridgewater, Mass., non-traditional students meet weekly to talk about

classes, professors and their families. The group is called Older Adult Students in School.

"The group gives them something to feel associated with, it gives them an identity," said George Weir, a group member.

Weir, 70, said he was able to adjust to college life easily because he had the support of other non-traditional students.

The Adult Program offers non-traditional students at Temple University, in Philadelphia, 34 workshops in the fall semester. The workshop topics range from effective studying to life management skills.

The program consists of two full-time and one part-time counselor. The program offers both career and academic counseling. The monthly

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# Meet Your Student Government

**By Brooke E. McKee**  
Student Government  
Association

Since 1962, the Student Government Association (SGA) has acted as a liaison between the students, faculty and staff. With important additions and changes coming to campus in the 1994-1995 school year, the Student Government is facing a challenging and exciting year. But the SGA cannot prosper through this coming year without the continued support of you, the students of CNU.

The SGA is headed by the Executive Council made up of Jonathan Burgess, President; Martha Henley, Vice President of Student Services; Brooke McKee, Vice President of Academic Affairs; Christy Lee, Student Auditor; Sheila Barnhart, Secretary. Executive

Council also consists of the chairpersons of the Constitutional Review, Elections and Human Relations committees.

The SGA committees include Budget and Finance, Elections, Student Services, Public Relations and Human Relations.

Budget and Finance oversees the budgetary process for all clubs that receive funding through the school. They also review budgets requests and make recommendations to the SGA and handle requests for additional funding and appeals.

Election reviews, implements and supervises the SGA and Homecoming elections.

Student Services reviews and supervises the posting of advertisements on campus, regulates the issuance of bulletin boards and display cases and work under CNU's

Vice President of Student Services, Dr. Charles Behymer.

Public Relations creates and implements public relations projects to enhance the image of the SGA.

Human Relations sponsors projects to increase the knowledge of the student body on issues such as multi-cultural sensitivity, rape awareness and alcohol awareness.

Senators also sit on a variety of committees with both administration and faculty members so that the university can make decisions with the input of the student body. These university committees are the Academic Hearing Board, Intercollegiate Athletic Advisory Committee, Library Advisory Committee, Traffic Control Committee, Curriculum Committee, Strategic Planning and Evaluation Council and Building and Grounds

Committee.

It is a simple process to become involved in the SGA.

All one has to do is submit his or her name to the SGA President. Interested persons must be in good academic standing.

Upon appointment, senators must sign a contract and select a committee to serve on.

The Student Government Association recognizes that CNU students, both full time and part time, have accumulated practical experience in one field or another. Whether you have just completed high school or have been in the work force for ten years, the SGA encourages you to take an active role in your campus government.

For more information about the SGA, come by Campus Center office 208 or call us at 594-7197.

## Career & personal assistance on campus

**By Breea Plank**  
Staff Writer

The transition from high school to college brings about changes both on an academic level and a personal level. The Office of Career and Counseling Services (OCCS), located in room 146 of the Campus Center, "serves and supports students in their quest for educational, career and personal development at Christopher Newport University."

The OCCS is built upon on-going goals including placement support services for the transition into the world of work, student employment programs, exploring concerns, and

enhancing and maintaining the Career Resource Center.

The Career Resource Center is designed for students to explore information related to career planning, salary trends and the labor market. This information can be obtained in a variety of ways to suit each individual. There is computer assisted guidance such as SIGI Plus, books, computer software and a video tape series. No appointment is necessary to utilize these services. Throughout the school year, the OCCS offers numerous seminars on an array of issues such as choosing a major, resume writing, time management and many more. There is also a Career Information Day which

gives students the opportunity to speak one-on-one with someone who is employed in the field of work that interests the student.

The counseling aspect of the office focuses on assisting students with concerns on all levels, whether it is coping with the demands of college, learning more about yourself or discussing personal relationship problems. The office is open from 8:00 a.m. to 5:00 p.m., Monday through Friday, and an appointment is not necessary. However, appointments are often made and emergency situations do take priority. Anything discussed in a meeting with any of the counselors is confidential information and will

not be discussed with anyone who was not present during the initial conference.

The OCCS also offers special services to assist those students with a disability. The office encourages students to seek out Glen G. Vought who works within the office, for further assistance.

The OCCS maintains services that are available and helpful to all students and alumni, and encourages frequent use of them.

Douglas C. Gallae, director of the OCCS said, "If you are uncertain as to the present, and confused about the future, then we are the place where you need to be."

### Continued from Page 6

group support meetings usually have between 15 and 25 students in attendance. According to Philomena Trinidad, a counseling coordinator for The Adult Program, the biggest problem for non-traditional students at Temple University is fear. "The biggest problem is fear of the unknown, fear of whether they can adjust to school life with their family life," Trinidad said.

Trinidad advises returning students to take one class at a time until they adjust to their additional responsibilities.

She said most of the students who return to school at Temple University want to advance in the job they have and chooses to get a degree in that field.

"They don't want to make a drastic change, so they get into the same field, although there are a few who want a drastic change and that's why they're

going back to school," Trinidad said.

When Norman Tognazzini returned to school at the age of 34 he realized how different he was from the younger, traditional students at Northern Arizona University. Tognazzini returned to school in 1984 to get an undergraduate degree in English and philosophy. He noticed that the younger students were talking to each other, but that the older students were not communicating at all.

After graduating, Tognazzini started an organization to help the non-traditional students academically, socially and financially. He founded The National Association of Returning Students (NARS) in January 1991.

NARS is a non-profit organization in Oregon that provides services to students 25 years and older. The organization gives support for the returning students before, during and after their college careers. The organization is also designed to educate academic institutions about the special

needs of these students.

The organization helps non-traditional students deal with lifestyle changes, financing and lost wages.

The monthly NARS newsletter, *Transitions*, is targeted toward the non-traditional student. It has information about scholarships and grants, as well as information about on-campus support organizations.

Tognazzini said that belonging to a student organization can give adult students the feeling that they belong. Instead of developing social programs similar to those of traditional students, Tognazzini suggests activities that spouses, children and friends can get involved in and enjoy. He said an open-house program where the family meets the instructors and has the opportunity to sit in on classes can make the college transition easier for the student's family.

The growth of non-traditional students has meant a growth in membership to NARS. The

organization now has 600 student members and Tognazzini said he receives about 500 calls per month from non-traditional students seeking information about NARS.

According to Tognazzini, about 300 colleges now have non-traditional student organizations.

*Editor's Note: Currently there are no returning student organizations on the Christopher Newport University campus. Dr. Tisa Mason, director of student life, is leading an effort to coordinate a non-traditional student directory, that could be used as a starting point. Students that are interested in forming such an organization are encouraged to contact Dr. Mason at 594-7260.*

The National Association of Returning Students office is located in Salem, Oregon.

The office may be contacted by writing Membership Services, P.O. Box 3283, Salem, OR 97302, or call 503-581-3731.

# Lady Captains win NCAA Div. III title!!!

Chris Perry  
Asst. Sports Editor

The Christopher Newport University Women's Track and Field Team took the NCAA Division III Championships by storm and won the event and CNU's fifth outdoor national title. The meet was held on May 25-28 at North Central College in Naperville, Ill.

The Lady Captains finished with a total score of 73 points. Finishing a distant second was Wisconsin-Oshkosh University with 53 points. Other schools placing in the top ten included Calvin College (47); St. Thomas College (42); Brandeis University (37); University of Wisconsin-La Crosse (34); North Central College (25); Moravian College (24); Colby College (22); and Rowan Technical College (21).

According CNU Head Coach **Vince Brown** the team's depth was the key to victory. Nine members of the team, none of whom were seniors, won a total of 19 All-America awards for finishing in the top eight in a particular event. Coach Brown was quoted as saying, "Everyone that we brought practically got into the scoring.... We won only two first places and the winner usually gets more than that. We had a lot of seconds and thirds and fourths and fifths."

Some of the women finished well in more than one event. These included: junior **Vandisha Wilder** winning the 200 meters (24.41) and placing fifth in the 400 meters (56.92); junior **Dominique McLaughlin** placing third in the 200 meters (24.82) and in the long jump (18-4 1/4); junior **Cusetta Corridon** coming in third in the 400 meters (56.16) and fourth in the 200

meters (24.83); junior **Antoinette Bass** placing fourth in the triple jump (37-8 3/4) and fifth in the long jump (18-1 1/4) and sophomore **Lai Madden** who placed fifth in the triple jump (37-3 1/4) and sixth in the long jump (18-1 1/4). Freshman **Carolyn Hilliard** also did well in the triple jump finishing seventh with a mark of 37-2 1/2.

The Lady Captains 400 meter relay team, consisting of McLaughlin, Wilder, junior **Sonia Archer** and junior **Kaystyle Madden**, won the 400 meter relay championship in 47.01. McLaughlin and Wilder also teamed with Corridon and freshman **Debbie Muckle** and placed second in the 1600 meter relay with a time of 3:49.53.

On the Men's side, the teams finishing in the top ten were North Central College (75); University of Wisconsin-La Crosse (74); Nebraska Wesleyan (54); Lincoln University (50); University at Albany (44); Claremont Mudd-Scripps (40); Central College (26); Augustana College (22); Williams College (21) and University of Wisconsin-Oshkosh (18). The Captains finished in twenty-fifth place.

The CNU Men won five All-America awards at the meet as well. Placing well for the Captains was sophomore **Mike Boucher** coming in seventh in the long jump (22-7 1/2), and the 400 meter relay team of freshman **Calvin Bunch**, freshman **Tim Marshall**, junior **David Bullock** and freshman **Clyde Lewis** who placing eighth in 42.14.

The Christopher Newport University Track and Field Team put forth a tremendous effort throughout their season and proved they will again be a force to reckon with next year.

## Men's Results

Team Standings	
1. North Central	75
2. UW-La Crosse	74
3. Nebraska Wesleyan	54
4. Lincoln University	50
5. University at Albany	44
6. Claremont Mudd-Scripps	40
7. Central College	26
8. Augustana College	22
9. Williams College	21
10. UW-Oshkosh	18
11. SUNY-Fredonia	17
12. Amherst	14
13. Redlands	14
14. Moravian	12
15. Emory University	11
16. Harvard	10.5
17. UW-Platteville	10.5
18. Albion College	10
19. Alfred	10
20. Fitchburg State	10
21. William Penn	10
22. Macalester	10
23. MIT	10
24. UW-Whitewater	10
25. Christopher Newport	3

Men's 100 Meter Finals	
1. Mira Hamilton	10.74
2. Don Waldron	10.74
3. David Coates	10.75

Men's 110 Meter High Hurdles	
1. Glen Clinton	14.32
2. Ryan Daniels	14.36
3. Adam Decker	14.47

Men's 200 Meters Final	
1. David Coates	20.87
2. Steve Reynolds	21.24
3. Mario Watts	21.29

Men's 400 Meter Finals	
1. David Coates	46.00
2. Mario Watts	46.41
3. Julien Rust	47.03

Men's 400 Hurdles Finals	
1. Keith Falconer	1:01.50
2. Willard Fairweather	1:01.79
3. Chip Schneider	1:01.93

Men's High Jump	
1. Craig Cantrell	2.12m (6-11)
2. Tim Hess	2.10m (6-10 1/2)
3. Vincent Hodnett	2.10m (6-10 1/2)

## Women's Results

Team Standings	
1. Christopher Newport	73
2. UW-Oshkosh	53
3. Calvin College	47
4. St. Thomas	42
5. Brandeis	37
6. UW-La Crosse	34
7. North Central	25
8. Moravian	24
9. Colby College	22
10. Rowan	21
11. Mt. Union	21
12. Concordia (MN)	20
13. UW-Eau Claire	19.5
14. Carleton College	18
15. Westfield State	16
16. SUNY-Cortland	15
17. UW-Stout	14
18. CWRU	14
19. Augustana	14
20. SUNY-Genesee	13
21. Gettysburg	11
22. Anderson	10.5
23. Loras College	10
24. Salem State	10
25. William Penn	10
26. UW-Whitewater	10

Women's 100 Meters Finals	
1. Aminah Ricks	12.40
2. Stacy Spencer	12.45
3. Carla Eggers	12.46

Women's 100 Meter Hurdles Finals	
1. Rona Henderson	13.9 (HT)
2. Jennifer Green	14.1 (HT)
3. Kelly Ross	14.2 (HT)

Women's 200 Meters Final	
1. Vandisha Wilder	CNU 24.41
2. Aminah Ricks	Carleton 24.54
3. Dominique McLaughlin	CNU 24.82
4. Cusetta Corridon	CNU 24.83

Women's 400 Meter Final	
1. Patsy Cargill	North Central 55.10
2. Carita Goins	UW-Stout 55.20
3. Cusetta Corridon	CNU 56.16

Women's 400 Meter Hurdles	
1. Patsy Cargill	North Central 1:01.06
2. Keena Bush	SUNY-Genesee 1:02.13
3. Tracy Berntsen	Concordia (MN) 1:02.30

## Honor Roll of '93-'94 Champions

### Men's Basketball

'93-'94 DIAC Regular Season Champs  
Ted Berry--'93-'94 All-American

### Women's Basketball

'93-'94 DIAC Regular Season Champs  
Cathy Parson--100th Career Win  
Karen Barefoot--1st Athlete in any Division in NCAA history to score 2,000 points and 1,000 assists in collegiate career; All-time leading scorer at CNU w/2,007 pts.; '93-'94 All-American

### Men's Cross Country

'93-'94 DIAC Champs  
'93-'94 Mason-Dixon Champs  
'93-'94 NCAA Div. II-III Champs  
Dave Sobal--'93-'94 Coach of the Year  
Robert Allen--'93-'94 DIAC Individual Champ

### Golf

Scott Scovil--'93-'94 NCAA Div. III Individual Champ

### Softball

'93-'94 DIAC Regular Season Champs  
'92-'93 DIAC Tourney Champs

### Men's Tennis

John Bonney--'93-'94 DIAC Tourney Champ at #4 Singles  
Bonney/Andy Price--'93-'94 DIAC Tourney Champs at #3 Doubles

### Women's Tennis

Jennifer Duffy--'93-'94 DIAC Tourney Champ at #5 Singles

### Equestrian Team

Lani Cones--'93-'94 Regional Champ  
Intermediate Over Fences

### Women's Track

'93-'94 NCAA Div. III Outdoor



**Just a fraction of what we spend on sports can help keep society in shape.**

It's so easy to help your community, when you think about it.

Millions of people have helped make five percent of their incomes and

five hours of volunteer time per week the standard of giving in America.

Get involved with the causes you care about and give five.

**Give Five.**

What you get back is immeasurable.

# Intramural Softball Tourney success despite problems

By Donald Joyner  
Staff Writer

On Saturday, April 30, the Christopher Newport University Intramural hosted its annual softball tournament at Riverside Elementary School. Originally scheduled for April 17, the tournament had to be postponed due to the problem of a mix-up in field reservations which were not the fault of the Intramural Staff.

But this was easily overcome and the new date for the tourney was established. The tournament was originally scheduled to field eight teams, competing in a single-elimination format. Unfortunately, with the reschedule, only three teams were able to show up, forcing then-director Cary Smith to change to a round-robin format. In round-robin play, each team would play all of the other teams. The two teams with the best records would then play each other to determine the tournament champion.

Participating in this year's tournament were the CNU Soccer Team, The Captain's Log & Company, and the Intramural Team.

The first game of the day pitted The Captain's Log & Co. (TCL&Co.) against the Intramural Team. Behind the dominant hitting of center fielder Dale Fago, shortstop Rick St. Peter, second baseman Donovan Coley and team captain and left fielder Jim McHenry, TCL&Co. bombed the Intramural Team, 15-3. TCL&Co. pitcher, Chris "Wild Thing" Perry, gave up only four hits in the outing.

The next game of the day saw The



Photo by Cary Smith

This year's softball champions, The Captain's Log & Co. (from left to right): Rick St. Peter, Donovan Coley, Dale Fago, Jimmy Wetzel, Kristin Lane, Mike Tygart, Jim McHenry, Chris Harris, and Chris Perry.

Captain's Log and Co. take on the Soccer Team. Behind the pitching of team captain Dave Bonday, and great defensive plays from third baseman Scott Wohl and center fielder Matt Cotten, the Soccer Team made it a close game, but TCL&Co. still prevailed, winning the contest, 9-5. With the victory, The Captain's Log & Co. earned a spot in the championship game.

The third game would decide who would face TCL&Co. in the championship game. This game saw the Soccer Team take on the Intramural Team. With good batting from center fielder Felicia Kemp, shortstop Curt Long, and team captain and right fielder Smith, the Intramural team

took the early lead. But behind the mighty bats of Cotten and pitcher/catcher Cary Aliff, the Soccer Team took the victory, earning a rematch with TCL&Co. in the championship game.

In the final game of the day, The Captain's Log & Co. did what they did best by scoring early, and taking a 5-3 lead. But a two out, two-run blast by Cotten evened up the game late in the fifth inning. Both teams went scoreless in the sixth, setting up what could be considered a fantastic finish to the tournament. With two outs, TCL&Co. catcher/right fielder Kristin Lane got her first hit of the day, which drove in the first run of an eight run rally by TCL&Co. Also contributing to the rally

were third baseman Jimmy Wetzel and short fielder/right fielder Mike Tygart. With the momentum on the side of TCL&Co. so late in the game, a fly ball to McHenry retired the side and held the Soccer Team scoreless, giving the victory and the championship to The Captain's Log and Co., 13-5.

After the game, the presentation of the championship shirts were made to TCL&Co. Fago, Lane, and Perry were named the team's Most Valuable Players for their efforts. Team captain McHenry commented on his MVP choices by saying, "Dale [Fago] earned it due to his overall play; he was great on both offense and defense. Kristin [Lane] helped start that big rally in the seventh; she really worked hard all day and made some close plays in right field. Chris [Perry] really came on strong for us pitching all three games; he had never pitched before, but he did great for his first time."

McHenry also commented on the tenacity of the Soccer Team when he said, "In our first game against them, we were already warmed up and they were still cold. I watched them play their second game [against Intramurals] and they started to heat up. I knew that they would be tough in the final game and they lived up to my expectations." McHenry finalized his thoughts when he said, "I take my hat off to the Intramural Department. They really overcame some adversity and pulled off a great tournament. I look forward to playing again in the tournament next year with hopefully more participation involved. It will be really fun!"

## Scovil wins NCAA Div. III Golf Championship

Chris Perry  
Asst. Sports Editor

On May 17-20 the Christopher Newport University Golf Team went up against twenty-two other schools in the NCAA Division III National Championship. Senior Scott Scovil played like a pro and captured the individual championship, while the team fought through a tough last day of play and finished twelfth. The tournament was held at the King's Grant Golf and Country Club in Fayetteville, N.C..

Scovil edged out second place finisher Jim Nickerson of Methodist by two shots with scores of 71, 75, 72, and 71 for a one over par 289. Scovil is only the second CNU male athlete to win an NCAA national championship, with track star Ed Milling winning the first at the Indoor National Championship in 1990. Also with his win, Scovil joins Rick Bidick (1986) and Joe Monk (1990, 1991), in becoming a golf All-America winner and he also

lowered his career stroke average to 76.00.

Other Captains finishing in the tournament were sophomore Chad Houndashell (74th), senior Mike Harvey (82nd) and junior Mike Kuhns (99th).

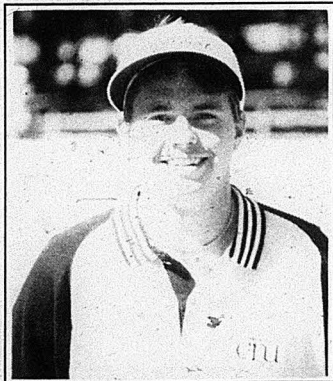


Photo courtesy of Wayne Block  
Senior Scott Scovil won the individual NCAA Div. III Golf title.

The team, going into the last day of play, was in fifth place. However the last nine holes were not kind and sent them to twelfth place with a final score of 315-309-303-325--1,252. This was the Captains second best appearance in four NCAA tournaments, with the first being there eleventh place finish in 1990. Also the team ended the season with a 312.07 round average. This mark breaks the old school record of 313.14.

The top ten finishers in the tournament were Methodist College (299-290-294-294--1,177); University of California-San Diego (303-294-304-300--1,201); John Carroll University (309-305-306-304--1,224); Skidmore College (315-307-303-315--1,240) and Otterbein College (308-315-312-309--1,244).

The Christopher Newport University Golf team has proved with their performance throughout the season that they are a team to watch out for this upcoming year.

EVEN WITH AN AIR BAG YOU'RE NOT COMPLETELY COVERED.

Sure air bags work great in front-end collisions, but only a safety belt can protect you from side and rear-end collisions. So buckle up. And you'll cover all the angles.

YOU COULD LEARN A LOT FROM A DUMMY. BUCKLE YOUR SAFETY BELT.

# When You Want to Get Away from it All...

## Food and Fun right around the corner

By Katherine Hill  
Staff Writer

**Picture it...** CNU, September 15, 1994- Susan, across the hall, has been re-playing the soundtrack from "Saturday Night Fever" for the past two hours; Joe and Bobby have been running up and down the hall seeing who can put the biggest hole in the wall; and you, who have used the words energetic and fun to describe yourself, have been reduced to flipping channels because "Duckman" is a repeat. This depressing situation can be easily rectified; just take a look at some of the great things within walking or biking distance that you can do on such an evening. Travel times are approximate and use the CNU campus center as a starting point.

**The Peninsula Fine Arts Center (595-8175):** The center offers students a great opportunity to visit their outstanding collection, while also having the chance to see some of the many exhibits they showcase, including works by CNU students. Location: 101 Museum Drive (next to Ferguson High School) Hours: Tues-Sat 10:00 a.m. - 5:00 p.m., Sun 1:00 - 5:00 p.m. Cost: Free (suggest \$2 donation) Walking: 7-10 minutes

**The Mariner's Museum (595-0368):** Boasting the largest, international maritime collection in the U.S., the Mariner's offers a perspective of the

maritime industry found nowhere else. Mariner's houses many permanent displays including vintage boats and ship models, as well as a variety of exhibits and an unparalleled library. Location: 100 Museum Drive (next to Ferguson High School) Hours: Mon-Sat 10:00 a.m. - 5:00 p.m. Cost: \$6.50/adults; \$1 w/ CNU ID Walking: 7-10 minutes

**The Virginia Living Museum (595-1900):** The Living Museum offers a wide range of activities including live exhibits, botanical gardens, and a planetarium. Location: 524 J. Clyde Morris Blvd. (across from the SPCA) Hours: Mon-Sat 9:00 a.m. - 6:00 p.m. (open to 9:00 p.m. on Thurs); Sun 10:00 a.m. - 6:00 p.m. Cost: \$5.00/adults; plus \$.50/planetarium Walking: 15 minutes

**Fair Lanes Bowling Alley (595-2221):** Fair Lanes offers affordable bowling any night of the week, as well as a game room with a pool table, snack bar, and tournaments. Location: 12407 Warwick Blvd. (next to Tidemark Bank) Hours: Sun-Thurs 12:00 p.m. - Midnight; Fri/Sat 12:00 p.m. - 2:00 a.m.

Cost: Mon-Thurs \$.99 per game until 5:00 p.m./\$1.69 after 5:00 p.m. Fri/Sat \$1.69 until 6:00 p.m./\$2.59 after 6:00 p.m. Sun \$1.59 all day Walking: 5-7 minutes

**Putt-Putt Golf & Games (596-7562):** Putt-Putt offers 3 miniature golf

courses, game room and snack bar. Location: Warwick Village Shopping Center (behind Hardee's) Hours: Sun-Thurs 11:00 a.m. - Midnight; Fri 11:00 a.m. - 2:00 a.m.; Sat 10:00 a.m. - 2:00 a.m. Cost: \$4.00 per course/ \$6.00 for all 3 courses Biking: 10 minutes

**AMC Theaters (249-4117):** AMC offers students the latest to choose from in hit movies with 7 theaters. Location: Inside Patrick Henry Mall off of Jefferson Avenue Cost: \$5.75/adults; \$3.75/with CNU ID; \$2.75/twilight Biking: 15-20 minutes

**Besides the same ol' fast-food joints, check out a few of the local eateries. The Warwick Restaurant (595-0231):** American cuisine with a wide variety of lunch and dinner entrees, and daily specials. Location: 12306 Warwick Blvd. (across from CNU) Hours: 10:00 a.m. - 9:00 p.m. daily Walking: 3 minutes

**Subway (596-7827):** Hot and cold subs, made to order, and freshly made salads. 15 % w/ CNU ID Location: 12372 Warwick Blvd. (across from CNU) Hours: 10:00 a.m. - Midnight daily Walking: 3 minutes

**Subway Station (599-0167):** Hot and cold subs and salads made to order. Location: 1288 Warwick Blvd. (across from Ferguson High School) Hours: Mon-Fri 10:30 a.m. - 11:00 p.m.; Sat/Sun 11:30 a.m. - 11:00 p.m.

Walking: 3 minutes  
**UNIVERSITY GRILLE (591-8381):** Bar and Grill dart boards. Discounts with CNU ID.

Location: 12346 Warwick Blvd. (across from CNU) Hours: Daily until 2:00 a.m. Walking: 3 minutes

**The Cheese Shoppe (599-3985):** Gourmet delicatessen with fresh sandwiches made to order.

Location: Hiddenwood Shopping Center Hours: Daily 10:00 a.m. - 6:00 p.m. (stop making sandwiches at 5:00 p.m.) Walking: 5-7 minutes

**Dairy Island Station (595-0601):** Family atmosphere with ice cream, frozen yogurt, sandwiches, and cappuccino.

Location: 12440 Warwick Blvd. (across from Todds Stadium) Hours: Mon-Thurs 10:00 a.m. - 10:00 p.m.; Fri/Sat until 11:00 p.m. Walking: 10 minutes

**Lotus Pond (591-0800):** Chinese cuisine featuring Szechuan, Hunan, and Mandarin styles. Free delivery with \$15 minimum purchase Location: 12460 Warwick Blvd. (across from Todds Stadium) Hours: Mon-Thurs 11:30 a.m. - 10:00 p.m.; Fri/Sat 11:30 a.m. - 10:30 p.m.; Sun 12:00 p.m. - 9:00 p.m. Walking: 10 minutes

**Das Waldcafe (930-1781):** Authentic German cuisine and bar, boasts family recipes and homemade desserts. Location: 12529 Warwick Blvd. Hours: Closed Mondays Biking: 7-8 minutes

Walking: 10 minutes  
**Das Waldcafe (930-1781):** Authentic German cuisine and bar, boasts family recipes and homemade desserts. Location: 12529 Warwick Blvd. Hours: Closed Mondays Biking: 7-8 minutes

## THE AVERAGE CNU STUDENT Is Not Average At All!

(All information current as of 6-94)

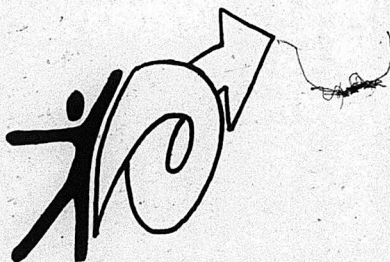
### The Student

Total number of students - 4756  
Average age - 26.5  
Youngest age - 16  
Oldest age - 74  
Average age of day students - 21  
Average age of night students - 46  
Percent are male - 41  
Percent are female - 59  
Which group is older - Females  
Percent are African-American - 13  
Percent are white - 81  
Percent are Hispanic - 2  
Percent are Asian - 3  
Percent are American Indian - .5  
Percent are International (visa) - .5



### The Style

Percentage of new Freshmen intending to participate in student activities - 80  
Actual participation - 20  
Number of Honors students - 110  
Percent of graduates pursuing higher degrees - 30  
Average number of years it takes to complete a degree - 6-8



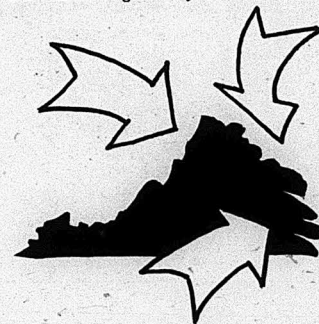
### The Work

Percent seeking degrees - 82  
Percent holding degrees - 18  
Percent holding jobs - 80  
Percent are active duty military - 5  
The five most popular majors at CNU (in rank order) -  
Management  
Government Administration  
Psychology  
Accounting  
Biology



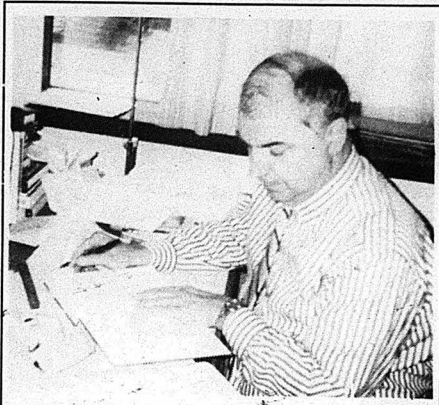
### The Place

Percent from out-of-state - 6  
Percent from Newport News - 36  
Percent from Hampton - 18  
From York County - 10  
From James City County - 4  
From other parts of Virginia - 26  
Percent entering as Freshmen - 10  
Percent entering as Transfers - 75  
Number of other US colleges represented by CNU students - 805  
School sending the most students - Thomas Nelson Community College  
Second most - Old Dominion University  
Third most - Virginia Polytechnic Institute

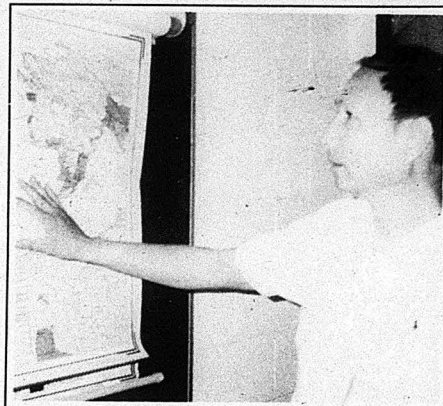


# Frosh Profs

*A preview of the faculty faces that new students will see in the coming months*

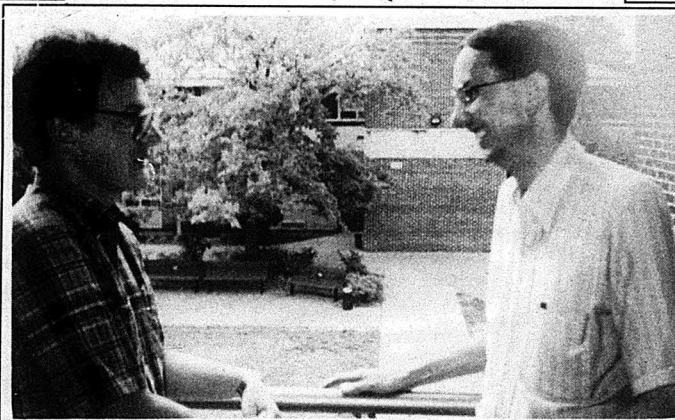


Mr. Lawrence B. Wood, Jr. (left), Associate Professor of English is the only professor at CNU that was an original faculty member when the school opened in 1961 as a satellite college of the College of William and Mary. Another unique fact about Wood is that he owns a funeral home. Wood will teach 2 sections of English 101, persuasive writing in the fall.

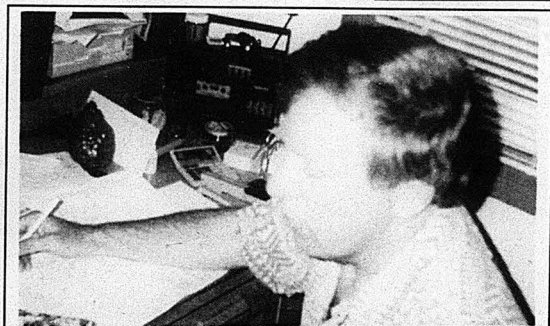


Dr. Zheng Gao (right), Assistant Professor of History is originally from China. Dr. Gao hopes to help students to learn more about other cultures and to see that "the whole world is a family that has depended on each other in the past and will depend on each other in the future..." Gao will teach 2 sections of history 111G, world history to 1500 during the fall 1994 semester.

Dr. Richard W. Cheney, Jr., (left person in photo on right) is an Associate Professor in the department of biology, chemistry, and environmental science. Dr. Cheney has taught at CNU for ten years, and he says that he likes introductory teaching. An interesting fact about Dr. Cheney is that he performs with various community theatre groups. Dr. Cheney will teach general biology I in the fall.

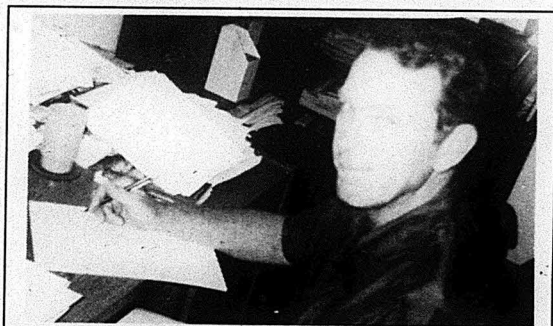


Dr. Edward Weiss, Jr. (right person in photo on left), is an Associate Professor of biology. In his spare time, Dr. Weiss stated that he "enjoys music from around the world, and enjoys good food." He also is a collector of lapel pins. In the fall semester, Dr. Weiss will teach general biology I in the fall.



Dr. Ronald S. Mollick (above), Professor of biology, chemistry, and environmental science is a marine biologist who loves sports of all kinds. He is also the president of the American Association of University Professors, Virginia Conference. Dr. Mollick will teach general biology I next semester.

*All Photos of Professors taken, and information compiled by Ethen Van Lieu*

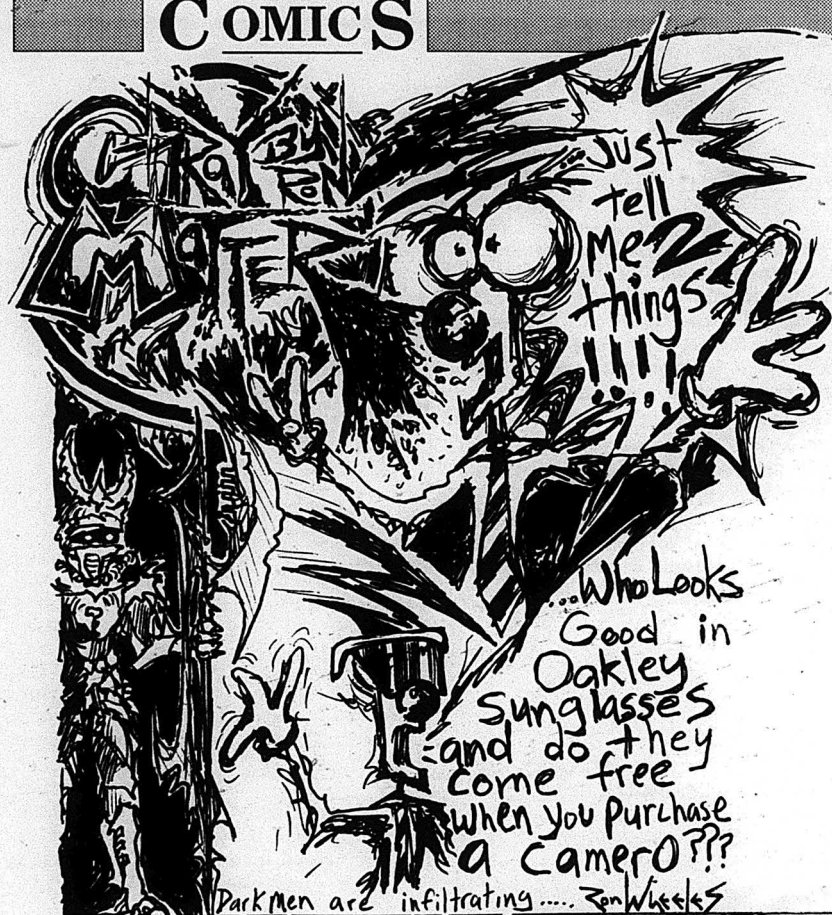


Mr. Chris D. Scheiderer (above) is an Assistant Professor of Modern and Classical Languages and Literatures. He enjoyed his own college introductory-level Spanish so much that he made a career of teaching the language. Students can have the opportunity to learn this subject from Mr. Scheiderer if they sign up for elementary Spanish I for the fall semester.

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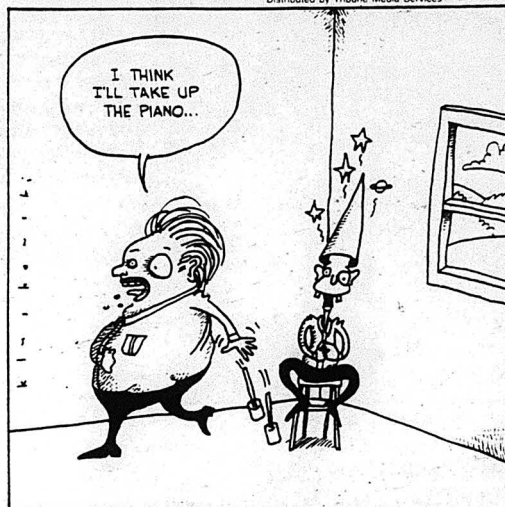
NEWSPAPER SODA CANS GLASS PLASTIC

SAVE THE EARTH



## YEAH BOB by Darryl Kluskowski

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RAY WAS TIRED OF PLAYING THE FOOL...

