

# The Captain's Log

VOLUME XIV, NUMBER 10

CHRISTOPHER NEWPORT COLLEGE

NOVEMBER 5, 1982



## Durel's goal is to better organize LASE

by Linda Dozier

Organizing the School of Liberal Arts, Science, and Education (LASE) is the major goal of Dr. Robert Durel, acting Dean of LASE. "I feel one of the limitations of the School of Liberal Arts is its lack of organization as a collective group and the participation in decisions," said Dean Durel.

Durel, who was formerly the Sociology department chairman, took over the position of acting Dean on September 1, 1982. This position will only last for a year, and in the meantime the college will look for a Dean.

Dr. Durel, who has been at CNC for 11 years, said that his new position involved two types of tasks: administrative and managerial. The administrative tasks include budgeting and scheduling; the managerial tasks include policy discussions and evaluations.

Having been a department chairman for four years, Durel feels he has "a close sense of faculty workings." Durel said, "I know some of the problems they experience."

Dr. Durel is a graduate of the University of Notre Dame and has his doctorate in Urban/Industrial Sociology. After college, he taught high school for a year and then came to CNC.

"The industrial mixture" on the Peninsula attracted Dr. Durel to this area in 1972. He is originally from Thibodeaux, Louisiana.

Dr. Durel has been involved in many community studies. One of these studies, Youth in Survey, was given to the state level. This survey required the work of many CNC students.

## Two local personnel directors to appear at Career Program

by Shirley Greene

Students pursuing careers in personnel management will have the opportunity to meet two local personnel directors at the Career Program, Wednesday, November 10.

Veronica Sharrett, assistant vice-president and regional personnel director of the Bank of Virginia and Robert A. Kramer, industrial relations manager of the Williamsburg Brewery will discuss their occupations and advise students on job requirements and opportunities in the fields of banking, management, and manufacturing.

Mrs. Sharrett has been employed by the Bank of Virginia since 1961 and has held a variety of positions ranging from clerk and adjutor to administrative assistant and personnel manager.

Kramer similarly worked his way up from machine operator, shop foreman, and sales engineer to personnel director of the Perfect

(Continued on p. 8)

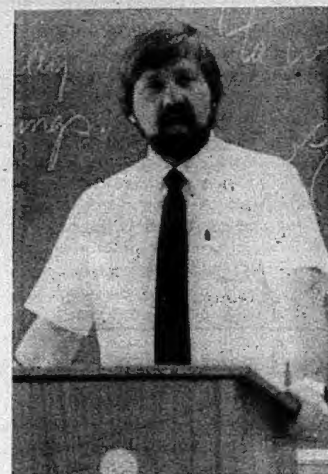
## Leaving the scene plagues campus

by Beth Aldrich

As of October 6 there have been 11 cases of leaving the scene of an accident reported at Christopher Newport. Out of the 11 only one note was left on the car.

Leaving the scene, most commonly referred to as hit-and-run is simply failure to leave a note containing name, address and telephone number, if the accident does not involve an injury. Hit and Run is leaving the scene of an accident which results in personal injury or death.

Chief Johnnie Capehart of the Campus Police believes that the accidents are not due to the



Dr. Robert Durel (photo by Wes Witten)

Dr. Durel is involved in a number of community organizations. Most of his community work is manpower for the United Way.

At CNC Dr. Durel is also on many committees. At present he is on the College handbook committee, the graduate program for liberal arts committee, and others which are small task and student-oriented.

In his position as acting Dean, Dr. Durel has "to make sure the chairmen are participating in decisions." He feels that "a system where chairmen can discuss what is best for the college and students is important."

The only major obstacle he has encountered has been getting information to the chairmen and faculty in enough time. Dean Durel said, "So far it has been interesting, and I have enjoyed it."

## Graduate programs for Fall '84

By Sue Killam

Christopher Newport College is expected to offer graduate programs by the Fall of 1984 if the State Legislature approves changing the college's status to a masters-degree-granting institution.

CNC is currently preparing a proposal to initiate three graduate programs. The proposal is to be submitted in December for review by the staff of the State Council of Higher Education. The proposed masters programs are "Curriculum and Instruction," "Systems Sciences," and "Business Administration."

The masters in Curriculum and Instruction is intended for middle school teachers, teachers of fourth through eighth grades. Courses are to be offered at night, and a large percentage are to be offered during the summer.

Dr. Elizabeth Daly, chairman of the Education Department, said that the program is designed to produce "instructional leaders," teachers with a knowledge of the discipline being taught, the student, and how to teach.

Because middle schools are new in the area, most of their teachers are not specifically trained for middle school instruction. This program will train them for it, Daly said.

The Systems Science degree was created by the School of Liberal Arts and Sciences. The program is to have four concentrations: Human Resource Management; Microelectronic Control; Professional/Polytechnical Writing; and Information Systems. Human Resource Management is aimed at people working in social service areas. It will deal with the problems of small agencies, said the Dean of the School of Arts and Sciences, Dr. Robert Durel. Some topics to be included are personnel management, community resource development, and public policy.

Microelectronic Control and Information Systems both deal with computers. Durel said that Microelectronic Control, in particular, would be useful to NASA and shipyard workers. The technical writing course has generated the least interest, Durel said.

Afraid that the Systems Science program was being spread out too much, Durel suggested to the program steering committee that one concentration be chosen from the four. He predicted that 36 students would enroll in the System Science program the first year, and 40 the second; he was uncertain

that there would be enough students to fill the graduate classes which would have to be offered. Durel said the committee members felt that enough non-degree-seeking students would be interested in taking individual Systems Science courses for the classes to fill.

The Masters of Business Administration (MBA) is, in terms of enrollment, the most popular masters degree in the United States, said Dr. Algin King, dean of the School of Business. King said CNC's MBA is designed to appeal to business persons who are in management positions or have management aspirations. He said the primary target of the program is persons who have reached their "maximum professional potential" - for example engineers, scientists, government administrators or military officers - and now are moving into management positions.

The MBA is to have four concentrations: Marketing, Management, International Business, and Finance. King said the proposed MBA is a standard MBA program, much like others around the country.

Like Old Dominion University's program, CNC's Masters in Business Administration is intended for the part-time student. All of its graduate courses will be offered at night. King said that since William and Mary discontinued its evening program, there has been no institution on this side of the river offering an MBA program for part-time students.

Before the Legislature will consider changing the status of CNC to a masters-degree-granting institution, the college must do a self study. Daly, director of the self study, explained that CNC must provide a description and justification for the proposed programs. She said that the documentation must show what CNC wants to do, why, how it is to be done, how much it will cost, and how much it is needed.

CNC conducted three kinds of surveys to determine need. Target audiences were surveyed. For example, the Chamber of Commerce and area businesses were asked about the business program, and area teachers about the education program. A questionnaire was published in *The Daily Press/Times Herald* so that the public could respond. CNC students were also surveyed, although Dr. Richard Summerville, vice president of Academic Affairs, said he would not rely on the results

(Continued on p. 2)

## Convocation gives solutions to Arms Race

There is a growing concern throughout the United States about the possibility of a nuclear war. While the facts about such a war are complex, there is agreement that any reasonable means of preventing a nuclear war must be explored. For this reason, there will be a convocation focusing on "Solutions to the Nuclear Arms Race" held at Christopher Newport College on November 11 at 12:15 p.m. in N125 and again at 7:30 p.m. in A105. The program is free and open to the public.

The CNC convocation, one of hundreds scheduled in all 50 states, is part of a nationwide educational program sponsored by the Union of Concerned Scientists (UCS), Lawyers Alliance for Nuclear Arms Control (LANAC), Physicians for Social Responsibility (PSR) and United Campuses to Prevent Nuclear War (UCAW).

The program will include the showing of the film *No First Use: Preventing Nuclear War* prepared by Union of Concerned Scientists (UCS). This film traces the evolution of U.S.

nuclear doctrine from its origins in the Cold War to the present flexible response strategy. Part of the film depicts a fast paced high-tech battle simulation in which NATO is brought to the decision to unleash its nuclear arsenal. It concludes with a discussion on ways to reduce the risk of such an escalation from conventional to nuclear war.

Following the evening showing, there will be a panel discussion on solutions to the arms race. For more information contact Martin Buoncrisiani at 599-7192.

\*\*\*\*\*

SEE PAGE 3!





# Campus Closeups

## Turkey Trot

Run for a free Thanksgiving turkey on Friday, November 19, at 3 p.m. The one and three-quarter mile run is open to all CNC students, faculty and staff. The women's and the men's age categories are 25 and under, 26-39, and 40 and over.

Also needed are people interested in helping me during the run. If you have any questions and/or are available to help, please contact Cherie Kautz at 599-7054 or leave your name and message at the Intramural Office in Ratcliffe Gym.

## Prevent nuclear war

Common Cause is a citizen's lobby which alerts its members when important legislation is coming up so that they can write letters to their senator or representative. They are now trying to develop a network of those interested in prevention of nuclear war. It is not necessary to be a member of Common Cause in order to be on the network. Sign up on the bulletin board near G231. If you want a sheet to solicit signatures, get one from the booklets nearby or from Ms. Al-Salam, G221.

## McDonald's offer

Show your CNC I.D. card at the counter of McDonald's located at 11134 Warwick Blvd. when you purchase a large sandwich and fries, and they will give you a regular drink free.

## Intramural weightlifting contest

On Saturday, November 14 at 11 a.m. in the Christopher Newport College weightroom there will be an intramural weightlifting contest. The contest is open to all eligible CNC students, faculty, and staff members. Contestants will be placed in one of four weight classes: 150 pounds and under, 151 pounds to 175 pounds, 176 pounds to 200 pounds, and 201 pounds and up. The lifts to be judged are the bench press, the two-hand/bent knees curl against a wall, and the dead lift.

The combined total of weight lifted for all three lifts subtracted by the contestants body weight will determine the winner of each weight class. Entry deadline is November 14 at 10 a.m. For further details contact Ron Garner at 599-7054.

## Astronomy

Astronomy is taught every spring. It was previously double-listed, under earth science and also under physics; it is now only listed under physics, as Physics 322. The main prerequisite for the course is completion of English 101-102, although some basic high school algebra and geometry are used. There will be an opportunity to visit the planetarium, and use the telescope, either there or at NASA.

## IVCF

We were glad to see all of you who attended the performance of the street theatre group, Lamb's Players, last month. If you enjoyed this as much as everyone else, and if you think you'd like to know more about Inter-Varsity Christian Fellowship, we invite you to our next meeting this Wednesday at noon in CC233. Joe Moore will be speaking about Thanksgiving, and what you have to be thankful for.

*The Second American Revolution* will be shown on Monday, November 15 at 12:15 and again at 7 p.m. in the CC Theatre. This newly-released film deals with our changing legal system, and how it is gradually taking away our constitutional rights. Admission is free.

## Grad programs

(Continued from p. 1)

of the student survey because the survey was conducted late in the semester and the sampling was not well controlled. Summerville added, however, that the results of the other surveys were encouraging.

The School of Arts and Sciences evaluated 451 questionnaires concerning the Systems Science degree. More than half of them were answered by people in math, computer science, and the natural sciences. The other people surveyed are in the social sciences or humanities. 54 people said they definitely would pursue a Systems Science degree, and 137 said they probably would.

According to a description of the survey for the masters in education, "1,667 teachers in York County, Mathews County, Gloucester County, Newport News, Poquoson, Hampton, Isle of Wight and CNC education majors returned the survey." Of these, 1,607 answered the question about degree of interest in a graduate program in education at CNC. "333 or 21 percent indicated a high interest and 500 or 31 percent indicated a medium interest. Thus 52 percent indicated a high or medium interest in such study," the survey description stated.

King said that 4,000 surveys were distributed to the business and government communities. There was some overlap and consequently were some duplicates, he said. On over 400 questionnaires people wrote that they would enroll in an MBA program at CNC, King said.

Durel said that the surveys are useful because they show that there is a significant number of people interested in the proposed programs. If there is a significant number interested, a program can be developed, he said. Durel added, however, that the survey results are "estimates at best," as the people surveyed are probably not the same ones who will enter masters programs that are not to be offered until 1984.

Most of the groundwork for the self study has been done, Daly said. She said that the Status Upgrade Steering Committee is currently working on "translation of the educational programs into resources needed." She said that "this means money."

The committee is made up of Dr. Lee Doerries of the Psychology Department, Dr. Andrew Papageorge, chairman of the Department of Management and Marketing, Daly, Durel, King, and Summerville, who is the chairman. Daly said the committee has been working closely with Dr. James Eagle, vice president of Financial Affairs, and Cynthia Perry, coordinator of Institutional Research.

The self study will be sent to the staff of the State Council of Higher Education in December. It should be returned with the staff's recommendation in February or April. If the

## Recruitment schedule

The following are the recruiters and dates set for this semester:

Wednesday, November 10  
Virginia Auditor of Accounts (Accounting)

Thursday, November 11  
Stitches (Marketing) or any B.S. or B.A. degree

Friday, November 12  
Defense Contract Audit Agency (Accounting)

Tuesday, November 16  
Arthur Andersen & Co. (Accounting Firm)

Wednesday, November 17  
Rutgers University  
(Any majors except accounting)

Wednesday, November 17  
Coopers & Lybrand (Accounting Firm)

Thursday, November 18  
Computer Science Corp.  
(Accounting/Business)

Tuesday, December 7  
United States Marine Corps (All Majors)

Wednesday, December 8  
United States Marine Corps (All Majors)

Please check at the Placement Office, located in CC208, between 8:30 a.m. and 4:30 p.m. to sign up for interviews with the various recruiters.

staff reacts negatively, the College will try to make changes which will make the proposal more acceptable. In the Fall of 1983, a visiting committee will come to evaluate CNC. Daly said they will try to answer such questions as "Are we (CNC) going to be able to do this? Should we be doing this?"

The visiting committee will report to the staff of the State Council of Higher Education, which will then make a recommendation to the council itself. The council will then make a recommendation to the Legislature, which is expected to decide in the Spring of 1984. If the Legislature decides to change the status of the College, CNC is to initiate graduate programs in the Fall of 1984.

CNC should be able to have graduate programs, said both Democrat Alan Diamonstein and Republican John D. Sealey, Jr., candidates in the ninety-fourth district race for the House of Delegates. In a public forum held in the College theatre October 20, both candidates pledged their support for the initiation of graduate programs at CNC. Diamonstein, who has been in the House of Delegates for 15 years, added that if he were re-elected his membership in the House Appropriation Committee and vice chairmanship in the House Education Committee would help him work for CNC.

Summerville said that the addition of graduate programs is a large step for CNC but also a natural step. He said that it is "in the nature of institutions of higher education to grow, evolve and change." If this is not permitted, colleges "grow static and die," but if it is capitalized on, they "become dynamic and flourish," he said. Summerville said he wants to keep CNC "in the second category."

Summerville said CNC is ready for graduate programs. He stressed the readiness of faculty; 302 degrees have been earned by the 115 faculty members, Summerville said, and 76 of the degrees are doctorates.

CNC would need to hire more faculty members, however, if graduate programs were offered. The college library will also need to be upgraded. Summerville said that if the Legislature approves the status change, it will also undoubtedly give CNC more money with which to initiate the graduate programs. He said that if CNC offers graduate programs, it should therefore be able to afford them.

## THE CAMPUS PROGRAM BOARD Presents

*In Conjunction with the Inter-Varsity*

## "THE SECOND AMERICAN REVOLUTION"

*A film that brings suit against the present for abandoning the God-given ideals which inspired the founding fathers of America.*

**Monday, Nov. 15**  
**At 12:15 p.m. and 7:00 p.m.**  
**Admission is FREE**  
**In the Campus Center Theatre**

*Time of film is 40 minutes*

# Entertainment

## Ancient Greece goes modern

by Ann Catherine Braxton

The stage is dark, but the viewer cannot help but notice the symmetrical set and the haunting music, both of which attack the senses to create a feeling of conflict and pain. After a while, an eerie light penetrates the stage. Enter Antigone and Ismene, the daughters of Oedipus, who, having suffered all of their lives, will shortly make a devastating decision on how to handle the most recent tragedy that has scarred them.

The Christopher Newport College Theatre Series' production of *Antigone* makes Sophocles' composition not only a spell-binding play but an experiment. Director Dr. Bruno Koch and set and costume designer Skelly Warren have chosen to modernize *Antigone* but to retain its message through the 1939 translation by Dudley Fitts and Robert Fitzgerald.

Skelly Warren commented on the nature of the production by contrasting it with the ancient Greek interpretation. "We have completely gone away from trying to recreate a Greek play. We are approaching the play to convey drama, not a history book interpretation. Unlike the scenae of ancient Greek dramas, our set is formal, contemporary, and abstract. It relates to the feeling of the play and reflects modern society rather than ancient society.

"The costumes are suggestive of the characters. Their purpose is not to convey

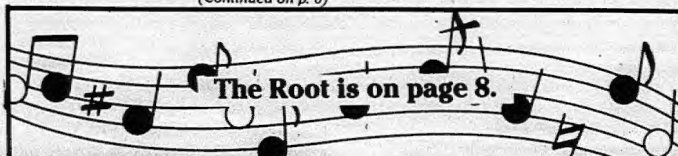
historical accuracy but to show the characters' relationships with each other. Even the chorus uses modern movements rather than classical ones."

Says Dr. Koch, "We have the intestinal fortitude to do it our way based on the resources we have."

Professor Warren has also taken great pains with lighting design which he likens to painting. Combining the five functions of lighting—illumination, character illustration, accentuation of the set's shapes and forms, creation of mood, and creation of time—Warren has concentrated on projecting matching colors from his lighting booth that best suits every aspect of the play. He mentions, for example, that he uses gold tints to signify wisdom when Tiresias, the blind prophet, is on stage.

Using a backstage piano, Glenn Winters, who served as the pianist and musical director for last season's *You're A Good Man, Charlie Brown*, is also painting a picture with music that is "sympathetic to the mood of the play."

(Continued on p. 6)



## Entertainment Notes

The following notes were excerpted from "News Beat," a newsletter published by Elektra/Asylum Records.

### Jukeboxes

Recent Supreme Court action denying the appeal by jukebox operators against compulsory payments to the performers through recording companies evoked this response from Hal David, president of ASCAP: "The Supreme Court's action is a victory for all creators and copyright owners of music." An additional advantage to these performers will occur when a doubled rate goes into effect for jukebox recordings in 1984.

### Shoes

Shoes have been extremely active in the Chicago/Milwaukee area during the past few weeks as they gig to support their *Boomerang* LP. Just before presstime, we received these upcoming dates: November 3, Minneapolis, MN; 4, Madison, WI; 6, River Grove, IL; 12, Burbank, IL; 26, Prospect Heights, IL.

And, in response to several requests, here's the address for the Official Shoes Fan Club: P.O. Box 404, Zion, Illinois, 60099. The annual membership fee is \$6.00 (\$8.50 outside North America).

### Utopia

Utopia has just kicked off a major tour to run through January. The first month climaxes Thanksgiving night when the group's performance will be broadcast live simultaneously over the USA Cable Network and the DIR Radio Network. Utopia—guitarist/vocalist Todd Rundgren, keyboardist/vocalist Roger Powell, bassist/vocalist Kasim Sulton and drummer/vocalist John "Willie" Wilcox—will perform a dozen of the 15 songs from their first Network album, *Utopia*, released mid-September and distributed by Elektra/Asylum.

### Ridgmont High

*FAST TIMES AT RIDGEMONT HIGH's* price has been reduced to \$12.98 list from \$15.98 list effective immediately. Meanwhile, as the LP continues scoring healthy airplay, *Timothy B. Schmit's* "So Much In Love" is emerging as the album's second pop/adult contemporary hit, following *Jackson Browne's* Top 10 success with "Somebody's Baby." Monday October 25, the *Fast Times*... LP spawned a new single—Jimmy Buffett & The Coral Reefer Band's "I Don't Know (Spicoli's Theme)." And as the holiday season approaches, the *Fast Times*... film has, according to Universal Pictures, grossed (or should we say "grodied?!") more than \$25 million to date. No wonder the password these days at Universal is, "Hey, Bud! Let's party!"

## LADIES NIGHT AT CNC TIDEWATER'S FASTEST RISING ROCK BAND

## THE MOVIES

Wednesday, November 10th  
9:00 p.m.  
Campus Center

CNC Ladies Free  
CNC Men \$2.00  
Guests \$4.00

Campus Program Board Production

## When you're sick or hurt, you deserve some old-fashioned personal attention...

Check with State Farm for a health insurance program

that's right for you.

## Call me.

Roman L. R. Schenkan,  
C.L.U. (CNC alumnus, class of 1974)  
12600 Jefferson Ave.  
874-7001



Like a good neighbor,  
State Farm is there.



Personal Health Insurance  
the State Farm way!

State Farm Insurance Companies  
Home Offices: Bloomington, Illinois



# Sports

## Soccer takes fourth after slow start

by David M. Bean

There is an old saying which goes, "Behind every dark cloud is a silver lining," and this seems to hold true for the Christopher Newport soccer team. After suffering through a seven-game losing streak, The Captains have finally gotten on the right track. They have won two of their last three games and have taken fourth place in the DIAC conference.

It began when they travelled to St. Andrews and knew they would have to defeat both them and North Carolina Wesleyan (NCW) in order to finish fourth. They took the first step by defeating St. Andrews 4-2. Three days later, they went down to NCWC to take on the fighting Bishops.

The first half of the match was spent in mid-field, with both teams having some good chances, but no score. CNC's keeper Chris Fazio made four saves while NCWC's Gaydos made three.

The second half was much the same, but CNC started to control the play more. This pressure resulted in a CNC corner kick with 15:44 left in the second half. Mark Yacobi's kick was just high enough for forward Sean Gatz to get his head on it, and CNC was up 1-0. The Bishops tried to even the mark, but the Captain's defense was equal to the task.

CNC continued to force the play in the



Victor Kwantreng takes shot

Bishop's zone and again the hustle paid off. With 3:45 left in the match, Victor Kwantreng, celebrating his twenty-second birthday, put CNC ahead for good. Taking a pass from Yacobi, he raced down the right side of the field, past three Bishops defenders and put the ball into the far corner of the net.

The Captains won 2-0, and assured themselves of fourth place. Fazio also recorded his second shut-out of the season, the first coming against Methodist 2-0.

Captain's coach, Seth Roland, spoke highly of his players after the match. "Everyone played well, as it was a game we needed to win in order to take fourth. We wanted it more than

they did and it showed. [Chak] Pang was tremendous on defense; he single-handedly defused their attacks, but the defense itself played really well. This was our best defensive effort yet, and it was also a team effort. Fazio had an excellent second half, and Sean Gatz had one of his better days.

"I think Victor and Chak have raised the team's level of play to a much higher level. Mark Yacobi was the man of the match for his creative play-making in the midfield, which twice resulted in goals."

The Captains last Saturday tied Liberty Baptist 2-2 as Ian Curran and Frank Vincent scored for CNC. The Captains are now 3-9-1.

## Flag football begins play-offs

by George Koutris

The 1982 Flag Football play-offs began Sunday with Sigma Pi versus the Over-the-Hill-Gang (OTHG). The game was tied at 6-6 until a fourth quarter touchdown pass to K.C. Laporte gave Sigma Pi a 12-6 lead. At this point in the game, the Sigma Pi defense took charge with Bob King leading the assault.

The final score was Sigma Pi 12, OTHG 6.

The second game featured the Good Ole Boys (GOB) against ROTC. The GOB's were led by the outstanding performance of Johnny Wallace, who scored two touchdowns. Due to a lack of participation, the ROTC team played with the minimum of seven players.

The GOB's won the game 20-0.

The semi-finals will pit the Alumni against the GOB's at 10 a.m. on November 7. The other semi-finals will have OUB1 squaring off against Sigma Pi at 11:30 a.m.



## SIGMA PI GAMMA PLEDGE CLASS DANCE

Friday, November 5  
10:00 p.m.-1:00 a.m.  
In the Cafe

Admission:  
\$1.00 CNC Students  
\$2.00 Non-Students

Guests must be accompanied by CNC student.

Entertainment by the  
Aviator Club

## LAKE PLACID SKI VACATION

Home of the U.S. Olympic Team

January 16 to January 21, 1983



For Only \$250.00

### Package Includes

- 5 Night Lodging at the Lake Placid Club Resort
- 5 Lift Tickets at Whiteface Mountain
- 5 Breakfasts and Dinners
- Round Trip Bus Transportation with Refreshments
- Apres Ski Wine and Cheese Party and Night Club Entertainment
- Free Ice Skating
- Winter Sports Package Available (Bobsledding, X-Country Skiing)
- Olympic Village Within Walking Distance From Hotel

\$50.00 Non-Refundable Deposit Due By November 12th  
\$200.00 Balance Due By December 10th

Student Travel Committee, CPB

# Features

## Social pressures, need for control – bad combination for bulimia sufferers

The binge-and-vomit cycle, known as bulimia, is most prevalent among pre-adolescent and adolescent girls. It may be caused in large part by the combination of social pressure to be thin and an almost infantile need to prove that you can be in control of your own body.

Current research suggests that as many as 20 percent of all women on college campuses today are suffering from bulimia to some degree. The Compulsive-Eaters Program of Tidewater describes the condition as episodes of binge eating followed either by vomiting, laxative abuse, overuse of diuretics and/or periods of starvation. Probably 95 percent of all sufferers are females, most are about 18 at onset, though the program has encountered bulimics as young as 15, and has corresponded with one woman who's been bulimic for 45 years.

Why do they do it? Most women who develop bulimia usually begin the cycle after a stringent diet and some weight loss. Half of all bulimics have experienced anorexia (a loss of at least 25 percent of their starting body weight). So today's profound pressures on women to be thin are clearly at work.

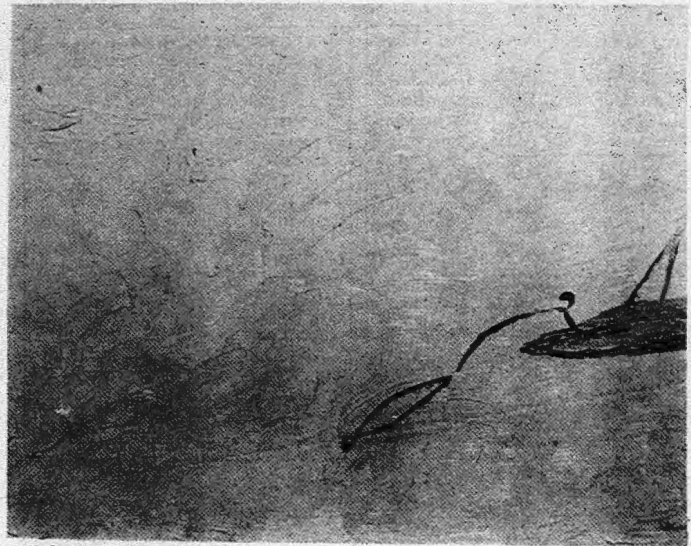
The dangers of bulimia chiefly concerns the possibility of rupturing or tearing the esophagus or stomach and potassium depletion, which can disturb normal heart function and cause kidney and liver damage over a

period of time. Also, many chronic bulimics require total mouth reconstructions, as the stomach acids break down tooth enamel.

The Compulsive-Eaters Program of Tidewater begins with small (four to five patients) group-therapy sessions plus once a week individual treatment sessions. The goal of this program is to help the patient re-establish personal control of the urge to over-eat and then to purge themselves. This is accomplished through the use of a combination of intensive education, support, and psychotherapy. They are taught new skills and techniques for understanding and controlling eating.

At the conclusion of the Program, graduates are invited to attend a monthly support group to assist them in continuing to build upon the progress made in the Program. The ultimate objective of this treatment is to help the patient achieve a normal eating pattern that he/she can maintain for the remainder of their lives, because as stated above, if left untreated, bulimia can become a life-threatening disease.

For further information on this disorder, call or write the Compulsive-Eaters Program, c/o Phobia Program of Tidewater, Pembroke II, Suite 135, Virginia Beach, Va. 23462, (804) 490-8806 – Bernadette M. Jones, L.C.S.W., Director.



A. M. Greer – "Fishing"

## Greer's paintings receive recognition

by Rose M. Ward

"Just a plain old canvas done in oil. Has a little guy fishing on it." Those were the words Alex Greer used to describe his painting that won first prize in marine painting.

Alex Greer's painting, titled "Fishing," was among 68 chosen from 412 entries, and is part of Juried Exhibition 1982 on view at the Peninsula Fine Arts Center until November 14.

Although Greer makes winning the award sound matter-of-fact, his story is not typical of artists who are recognized after years of work. He put it this way: "Until I enrolled in art

classes at Christopher Newport College, (I'm into my second semester), I only painted once in a while. I was in the Air Force for 30 years, with Veteran's Administration ten years. Then I got tired and quit.

"It seemed that art might be interesting, so I started taking art classes. I enjoy painting. I paint when the mood strikes, and at those times, it's just me, the canvas, and the paints. I don't know anyone else is around. I'm so far out in left field, I just can't tell you."

When asked how he felt about having a prize-winning painting, Alex Greer said that the greatest honor that he received was recognition for his work.

## SKI FREE PARTY

**\$250.00 Trip to Lake Placid  
for 5 days to be given away!!**

**Plus: Fashion Show of  
'83 Ski Apparel**

**Music by THE PUDS**

**Friday, Nov. 12  
9:00 p.m.-1:00 a.m.  
In the Cafe**

**CNC Students — \$2.00  
Guests — \$3.00**

**Fashion Show by Ski Center,  
Mercury Blvd. Hampton, VA  
827-6260**

**Sponsored by  
Sigma Pi Alumni**



## FORUM

Restaurant & Lounge

TUES . . . Budweiser Nite  
WED . . . Beach Music Nite  
THURS . . . CNC Nite!  
1/2 price draft w/ CNC I.D.  
SUN . . . Beat The Clock

**FORUM RESTAURANT & LOUNGE**  
9956 Warwick Blvd.  
Newport News, Va.  
595-8989  
**Cocktails**  
**Lunch Buffet Monday-Friday**  
With Deluxe Saled Bar  
**\$2.99**

**DANCE, DANCE, DANCE**

**DANCING NITELY**

RAISED HARDWOOD DANCE FLOOR  
\$22,000 in SOUND & LIGHTS  
NITELY HAPPY HOURS  
SUNDAY CONTESTS  
PARTIES

Featuring former radio disc jockey **ROBERT B MITCHELL**  
AND "DANDY" **DAVE INGRAM**

SWING  
OLDIES  
DANCE MUSIC  
FREE STYLE  
DISCO

**THIS WAY TO THE ACTION**



# CLUNK CLUNK

## TURNSTIDE

by RJH

SO, YOU'RE NOT DEAD, EUGENE? GEE, THAT'S GREAT! DOES THAT MEAN YOUR NUCLEAR AUTOMOBILE DIDN'T EXPLODE, AFTER ALL?

That's what I've been trying to tell you about, Schnyder!



YOU MEAN, THE "NUCLEAR" AUTO-MOBILE IS ACTUALLY A--

Exactly!

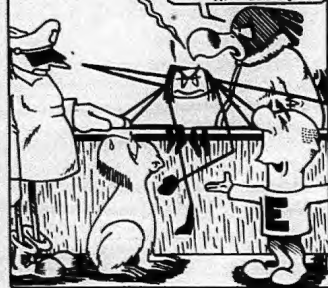


You misunderstood me when I told you about my new invention. The automobile is not atomic-powered. It's made completely out of a spe of plexi-cial kind glass I devised. All of it! Body, engine, everything! It eliminates blind spots when you're driving! It's 100% transparent!



...A new, clear automobile!

I LIKED THIS STRIP BETTER WHEN HE WAS DEAD!



## Personals

NU Fri Tiers, Now is the time for all good Tiers to make waves. We will not be oppressed! We will overcome the CPB and be delivered to the campuses of ODU and W&M. Stand and deliver!

Kathleen, Ian is a sleaze.

Kelly, You owe me a pizza, Dave.

## Classifieds

**Wanted:** Anyone interested in playing rock 'n roll, new wave, and original music. Applicants need some talent, their own instrument, and above all a lot of desire. Practice weekends only. Call 599-0904 weekdays, 380-3003 weeknights. Ask for Alex.

**Are you tired of getting low interest on your hard earned savings?** Do you pay income taxes? You don't have to! An equity investment in real estate could save you big bucks and earn you big profits. For buying, selling, renting and trading, call Doug Comer, Berry Real Estate at 877-6657 or 874-4679. "For any and all of your real estate needs - see me!"

**175 Family Flea Market Extravaganza:** Temple Sinai, 11620 Warwick Blvd., near Mariners' Museum, 10 a.m.-5 p.m., Sun., Nov. 14. Everything but the kitchen sink at giveaway prices plus a gourmet bake sale.

**Yard work** of all types done. Hilton and Brandon Heights area. Call 595-4187 between 4 and 9 p.m. Ask for Philip.

**For Sale:** '69 Mustang, 6 cyl., auto. trans., 1 owner, family car, \$1,800. Call 595-0931 after 6 p.m.

**For Sale:** 79 Kawasaki 1000 Ltd., with windshield, 22,000 mi. \$3,250. Call 723-3595 before 5 p.m.

**Instruction** in the Transcendental Meditation program. Free introductory lectures. For information, call Julie at 595-2664.

**For Sale:** Girl's Schwinn 25" varsity 10 spd bike. \$35. Call 595-4187 btwn 4-10 p.m.

Personal messages are free and available to CNC students, faculty and staff only. Personals will be published for one week, and no obscenities will be accepted.

Good luck, cast of *Antigone*. Love, A.C.

Thomas Jackson, a sophomore computer science major, feels that every college student should be endowed with a set of encyclopedia. See, Thomas, you finally got your name in the paper. Love, A.C.

Juannie, Your roomies are happy, happy with *Antigone*. Ya Ya Ya!

Classified ads are free to all CNC students, faculty and staff. Ads run for four (4) consecutive weeks, unless we are advised otherwise.

**Performers:** Be in the right place at the right time! Students win cash, scholarships, an overseas tour, auditions by major companies, much more! Enter *Actis*! Box SACT, NMSU, Las Cruces, NM 88003, (505) 646-4413.

**Help wanted:** Earn free travel and extra money as campus representative for student travel. Call Jim at 617-383-9560 daily, 617-326-6995 after 6 p.m.

**For Sale:** 1970 LeMans sport. 350, PS, PB, PW, AT, stereo, sport wheels, bucket seats. \$900 or best offer. After 5 p.m., 596-7721.

**For Sale:** 73 Chevy Nova, 2 dr., 6 cyl., AT, PS, good tires, 83,000 mi., 18 mpg. AM/FM cassette stereo. \$1,000. Call 826-6318.

**For Hire:** Experienced bartender for private parties. Exc. References. Reasonable rates. Call Anne at 599-4707.

**To buy:** Interested in buying Led Zeppelin "bootleg albums." Will pay good money. Contact John at 595-3981.

**Apt. to share.** Full privileges. Dutch Village, \$180 mo., utilities included. Available October 31. Call 877-8105 after 5 p.m. on weekdays; days, call 599-7215.

**For Sale:** Top-of-the-line Bell Star motorcycle helmet. Size 7 1/2. 2 mos. new. Worth \$160, selling for \$100. Call 595-8340.

**For Sale:** New Standard Encyclopedias, copywrite 1980. Still in wrappers. \$200 or best offer. 14 volumes, easy to read and to understand. Call 595-8340.

## SUPERFELLA

by C. B. Doran



## Antigone

(Continued from p. 3)

"It is hopefully dramatic, emphasizing fate and the powerlessness of man," he states. *Antigone* opens with a long prelude and from then on Winters uses his music to heighten key moments throughout the play. "But we can't have too much music," Winters adds. "If you have music all the way through, there is no highlight. We want the music to be subliminal."

The crew includes Matt Riebe as stage manager, Dorothy Lawrence as assistant stage manager, Mike Lay as production assistant, Judith Manske and Irene Senn as costume mistresses, Heidi Crowson as make-up artist, and Katy Phillips and Debbie Rosenberg as light operators.

*Antigone* opens tonight at 8 p.m. in the Campus Center Theatre and will also be performed on the evenings of November 6, 12, and 13. General admission is \$4 and the student price is \$2.

## Campus Program Board Classic Film Series

November 16

On The Waterfront 1954

December 7

with Marlon Brando and Eva Marie Saint  
Rio Bravo 1959  
with John Wayne, Dean Martin and Rick Nelson

Place: Campus Center Theatre  
Time: Tuesday at 7 p.m.  
Admission: \$1.00

# Opinion

## The ten most common job hunting mistakes made by graduates.

Now is the time of year that college seniors begin to actively search for a job, whether we graduate in January or May. With the job market as tight as it is today, we need all the advantages that we can get; even the smallest detail, such as sending a thank-you letter after an interview, may mean the difference between having a salary or standing in the welfare line.

During the summer, *The Captain's Log* received in our mail the following article, written by a man who knows all about job hunting. Being a college recruiter for a Fortune 500 company and working in areas of staffing and personnel, Robert Nelson has firsthand experience in what an employer looks for in employment candidates.

He has compiled his advice into a book, *The Job Hunt: The Biggest Job You'll Ever Have - A Practical Guide for New College Graduates*. This book is available for \$2.95 plus 75¢ postage by writing to Pragmatic Publications, P.O. Box 30082, St. Paul, MN 55175.

The following advice may help someone about to embark on that big step - finding a job before graduation. If you already have some job prospects lined up or haven't even organized your resume, you may learn a thing or two from this article that could only help your chances at finding that precious commodity - a job.

**The 10 Most Common Job Hunting Mistakes Made by New Graduates** by Robert B. Nelson

If you are about to go job hunting for a career position, you will do your best if you watch for and avoid the following common errors most frequently made by new graduates.

### Procrastination

Job hunting can seem like an awesome task, but it is guaranteed to become more difficult the longer you delay starting. You need to work the activity into your daily schedule, or if nothing else, at least start talking about job hunting with others you know.

You can place your initial thoughts about what you want to do on paper so that these ideas are available for revision. This is a simple,

easy step that will give your search momentum. Write a rough draft of a resume, listing everything you can think of that relates to your goal. Finally, edit out information that is less relevant.

### Not Knowing What They Want To Do

You cannot approach an employer and simply ask, "What is available? ... I'll do anything." Employers prefer to believe that you have come to them because you have given some thought to what you want and have selected them for specific reasons.

You should be able to explain how you came to the decision to work in the area in which you are seeking employment, why you believe you would enjoy and/or be effective in this area, and why you selected that particular employer to approach for employment. Your search will be random unless you first decide what you want to do.

### Not Viewing Employment From The Employer's Perspective

Many new graduates do not look beyond their own needs for wanting to get a job and fail to realize that they will be most effective in their search if they uncover and explore each potential employer's reasons for hiring someone. In most businesses you will be hired if you can do a job that will earn or save the company money in some direct or indirect way. To the extent that you can show how you can assist with an employer's problems and save money in excess of your salary, your chances of being hired will increase.

You need to focus on the employer's objectives, needs and problems prior to explaining all that you have done and can do. In this way you can emphasize those abilities that relate most directly to his or her needs.

### Overlooking Selling Points

When you are looking for a job, you are trying to sell yourself as a product. In order to do so you need to bring to light your assets and marketable abilities that could make you a valuable employee. Many of these skills are taken for granted or completely overlooked by most new graduates. Your selling points

might include: the ability to effectively communicate, learn quickly, do research and solve problems in a well-organized way; the qualities of being flexible and willing to try new things; and possessing good work habits, having initiative and follow-through and a high degree of enthusiasm.

Keep in mind you may be less expensive than someone with more experience. You need to not only claim skills and traits such as these, but more importantly, you must demonstrate that you have them throughout your job search.

### Having a Non-focused Resume

Your resume should be a concise listing of your most impressive and pertinent experiences as they relate to your specific objective, which is stated at the top of the page. You want to pique an employer's interest in knowing and seeing more of you.

To say too much on your resume will increase the chances that extraneous information is presented that could preclude you from being considered for an opening. Instead you want to make it seem as though everything in your life has led to the position you seek being the obvious next step for you. Unrelated experience, personal interests, hobbies, height, weight, social security number, marital status, references, and a photograph should not be included with your resume. A resume is not a biography.

### No Commitment to the Job Search

Job hunting is less effective when it is a casual, when-you-have-time type of activity. It produces better results when you jump into an active, busy job search that makes a demanding use of your time. Starting with a strong time and energy commitment will allow you to come across with a greater air of confidence.

If it is not of the highest priority for you, that will show through in your attitude and behavior. It is easy to delay your search and fill your time with activities that are less important or desirable for you. You need to make your job hunt your immediate job.

### Going to Too Few Prospects

In one analysis, job hunting is a numbers game. The more people you talk to about employment, the more interviews you are likely to get and the greater your chance of securing a position. What you want to avoid at all costs is limiting yourself to the first two to five prospects that you happen across and hoping to get lucky with one of them. The time you waste in waiting for different steps of the employment process to occur (receiving a resume, scheduling a first, second or third interview, making a decision) will quickly take its toll on your self-esteem.

If you only contact a few leads, rejection becomes more personal than if you go to many, 50-75 at least. You will avoid being as easily discouraged if you are busy with numerous other prospects. Ask for additional prospective leads from each person you speak to and soon you will have an ever-expanding network of contacts.

### Going to the Wrong Type of Prospect

Most people have a mental image of job hunting that involves reading the want ads, filling out applications at personnel offices, and perhaps checking with an employment agency. These activities lead to second-hand information about position openings. You will be more effective speaking directly to those individuals who have the authority to hire you, namely the managers in most organizations.

(Continued on p. 8)

## If one store closes, all should close

by Wes Witten

On Tuesday, the public referendum on whether or not to retain the Blue Law will have been decided, at least until the next election when the losing side pushes the vote back onto the ballot. Each side has "stretched the truth" in swaying the voters to vote in favor of their own interest they would like to see. I would like to see a decision that would have the vote for either all open or closed, not all open and some closed which characterizes the present system.

The "outsiders," a label contrived by the local business and religious leaders, claim that the Sunday openings would create more revenues, more jobs, and a larger tax base. But money, contrary to what some would have us to believe, is not instantly created just because the stores are open an extra day.

The people of a locality have a specific amount of money which they can spend, whether there are six or seven days of the week in which to spend the money. The businesses point to other localities where the Blue Laws have been repealed for proof that revenues will increase. However, these increases have come at the expense of other neighboring localities which did not repeal the Blue Laws.

Local merchants fear the Sunday openings. They point to the fact that they do not have the resources and flexibility to open on Sundays. Yet the "big boys" will incur the same hardships in the long run by opening the extra day.

Religious leaders have a Biblical basis for wanting the stores and business to close on Sundays. Yet some good christians "unknowingly" cause many people to be unable to keep their family day. Many businesses such as restaurants and supermarkets look forward to Sundays. People forget that a family outing to a restaurant, a quick stop for that forgotten item at a supermarket or a convenience store causes other people to have to work.

## The Captain's Log

Editor-in-Chief ..... Kim Fizer  
News Editor ..... Linda Dozier  
Entertainment Editor ..... Anne Doop  
Sports Editor ..... Lauri Van Newkirk  
Features Editor ..... Kelly Howell  
Copy Editor ..... Doris Leason  
Proofreader ..... Sue Killam  
Photography Editor ..... Wes Witten  
Art Editor ..... Robert Hollinger  
Business Manager ..... Marty Shaver  
Advertising Manager ..... Gregg Klich  
Adviser ..... Dr. James Morris

Writers ..... Ann Catherine Braxton, Pat Andrews,  
Beth Aldrich, Vince Kelly, Rose Ward,  
Colleen Doran, Debbi Benham, Susan Easler,  
Gene Pietrowski, Sue Killam, David Bean

Photographers ..... Teresa Moseley, Juanilda Dioloso

*The Captain's Log* is published every Friday of the academic year, except during exams and vacations, by Christopher Newport College, 50 Shoe Lane, Newport News, VA 23606. The editorial and advertising office is located in the Campus Center, room 223. The telephone number is 599-7196.

National advertising representatives are Communications and Advertising Services to Students (CASS) Chicago, Illinois and American Passages Seattle, Washington.

### Deadlines

Advertising ..... Thursday, 4 p.m.  
Club notices, Personals, Classifieds ..... Friday, 4 p.m.

All Letters to the Editor must be typed and double-spaced and include the writer's CNC status. Any letter that does not conform to these guidelines will not be printed. Please send all Letters to the Editor to the following address:

*The Captain's Log*  
Christopher Newport College  
50 Shoe Lane  
Newport News, VA 23606

Or submit them to the Editor-in-Chief in CC223.



## Root Boy Slim returns



The Root in concert (photo by Wes Witten)

by Anne Doop

Root Boy Slim and his band once again graced the Christopher Newport College campus with his drunken antics and Joe Cocker voice. He has a style all his own.

Last visit, the Root pleased the crowd with the different show in which he fell and stumbled about with the grace of a rhino. This time was not much different, but he did pass out this

time. All in good fun — Root Boy, who will not disclose his real name, has the best drunk impersonation since Foster Brooks.

Old favorites like "My Wig Fell Off" and "She's Not Too Old For You" were performed with the slurred lyrics and gravelly voice that has become the Root's trademark. His full length satin cape and his 7-11 smock were the perfect clash to set the mood for the crowd.

His delayed entrances and his staggering about onstage were the right blend to give the impression of an inebriated scumbag bellowing out the slurred and garbled words, which when deciphered, are witty and quick. One of his most notable tunes goes "Put a quarter in the juke and boogie till you puke."

The Root has changed band members with nearly every visit to CNC. The Sex Change Band, featuring the Rootettes, was disbanded in Georgia last year. "They died, and I left them in a hotel room in Atlanta." But the music is still the rhythm and blues/jazz combination that is set off by saxophone and keyboard.

It is this quality music that gives the Root credibility.

## Career programs

(Continued from p. 1)

Circle Corporation in Hagerstown, Indiana. He has been employed by Anheuser Busch since 1969.

The Office of Career Planning and Placement urges students of marketing, management, economics, and English to attend the Career Program held from noon to 1 p.m. in the Campus Center Theatre.

## Job hunting

(Continued from p. 7)

Although identifying these individuals might require some effort and investigative telephone work on your part, the payoff will be greater since you will not be one of hundreds of applicants vying for their attention. You are apt to learn more about the company's needs and upcoming opportunities there from those people who know it best. Since fewer individuals go directly to these decision makers, you will have fewer competitors. You might become the only candidate for their next position.

### Approaching Prospective Employers in an Impersonal Way

Your entire job campaign should be very personally handled. Initially, call prospects, on the telephone to make personal contact. In each case you should type a cover letter addressed to the person with whom you spoke to accompany your resume. Try to get to know the individuals on an informal basis.

What will most probably determine your success or failure in your first career position will be your ability to work and relate well with others — not any qualifications you might have. Show your interpersonal skills when approaching your prospective employer. If you are courteous and likeable, you will have a greater chance of being assisted in your job search and ultimately in obtaining a job.

### No Follow-Through

Do not wait to be discovered for the great person you are; instead, be persistent in tracking each of your initial contacts. Keep control of your job search. At the close of your cover letter, indicate what you will do next to follow-up on the resume you sent, that is, calling later to discuss it. If an employer says he will call you in two weeks, call him back first in

one and one-half weeks.

The effectiveness of your follow-through is determined by the quality not the quantity of your contacts. Write a thank-you letter after each interview. It is interesting to note that thank-you letters have been found to have the highest correlation between those people looking for work and those who get offers. A well-written letter can say quite a bit about your abilities and motivation.

If you avoid these common mistakes, your job of finding a job will be much easier. You will not only be seeking a single position, but will also develop skills you can use for the rest of your life.

## Volleyball schedule

This Saturday, November 6, Christopher Newport College will host the 1982 DIAC women's volleyball tournament. This is also the first time CNC has hosted this tournament.

The schedule for Saturday is as follows:

10:30 a.m. — St. Andrews vs. Methodist College

noon: University of North Carolina (UNC) — Greensboro vs. CNC

1:30 p.m. — first semi-final game. Winner of the St. Andrews/Methodist game will play UNC-Greensboro

3 p.m. — Second semi-final game. Winner of the UNC-Greensboro/CNC game will play NC Wesleyan

4:30 p.m. — Final game

### Team rankings

1. UNC-Greensboro
2. N.C. Wesleyan
3. Greensboro College
4. St. Andrews
5. Methodist
6. Christopher Newport College

## JANEL'S BEAUTY SALON

—SPECIAL—  
CUT ONLY — \$5.00  
(Mon., Tues., Wed. Only with CNC I.D.)  
20% Discount on Perms and  
Color ANYTIME!

● Closed Sundays ●

We Welcome CNC Students!

**Hiddenwood**  
(Hiddenwood Shopping Center, 3 blocks North of CNC)  
**595-2259**

WE ARE A  
UNISEX SALON

