



# THE CAPTAIN'S LOG

THE VOICE OF CHRISTOPHER NEWPORT UNIVERSITY STUDENTS

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Students participating in the Share the Love event stand in front of open air preacher Don Karns, forming a barrier out of gay rights movement flags between Karns and a crowd of students. The preaching and Share the Love event drew hundreds of members of the campus community. **BEN LEISTENSNIER/THE CAPTAIN'S LOG**



Be sure to check out CNU TV's feature on the preachers who came to CNU and the Spectrum demonstration.

## News 4 & 5

Who are you: Identities of CNU tells CNU stories in six words

## Snapshot 8 & 9

Delta Gamma's Anchor Week makes a splash



Street evangelist  
Don Karns



Spectrum President  
Sarah Kerndt



THRIVE President  
Luke Taylor



Share the Love orga-  
nizer Elisabeth Storm

## DRAMA IN THE PLAZA

Street evangelists and Spectrum, a LGBTQ+ advocacy group, expressed their views in the Tribble Plaza to a crowd of students on Sept. 16.

BY JOSH REYES AND JACK JACOBS  
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Concurrent events in the Tribble Plaza on Sept. 16 drew scores of students and members of the CNU community – some came in protest, some came out of curiosity, some came to worship and some came out to share love.

The first event involved three open air preachers taking turns standing on a stool and sharing their beliefs, mostly focusing on the repercussions of sin and occasionally engaging questions from students. The preachers drew attention because this was not their first visit to campus. On Sept. 11, they preached in the plaza, upsetting people who were able to hear them.

The second event was formed in response to the preachers scheduling a time to speak at CNU. Elisabeth Storm, vice president of Spectrum, a campus advocacy group for the LGBTQ+ community, planned an event called Share the Love in hopes

of encouraging positivity if the preachers created negativity among students.

Those involved with the preaching and demonstrations walked away from the event feeling successful and satisfied with what they accomplished.

"It was incredible to see that many people coming out to share the love, doing what our event intended," said junior Sarah Kerndt, president of Spectrum. "I think [the demonstration] went well."

"My hope behind this was that God's love would shine through this and the gospel wouldn't only be preached, it would be enacted, and I think we saw that," said Luke Taylor, a senior and president of THRIVE, a campus ministry.

"This has been great. We weren't expecting this kind of turnout," said Don Karns, a street evangelist who preached in the plaza. Karns is a born again Christian and attends

*Opinion: CNU weathers the seas of free speech—for the most part*

BY JACK JACOBS  
NEWS EDITOR

The return of the preachers and resultant demonstration against them revealed to me a couple interesting aspects of freedom of speech at CNU.

One, not all of us are quite there yet in terms of accepting viewpoints contrary to our own. Two, I think as a community we're too sensitive to ideas we find unsavory.

Do we need to accept the existence of contrary points of view? I believe so. A latent dynamic to the right to free speech is the acceptance of, which doesn't mean agreement with, the existence of an opinion different than your own, and respect for another person's right to hold that opinion whatever it may be.

**DEMONSTRATION**  
CONTINUED ON PAGE 3

**FREE SPEECH**  
CONTINUED ON PAGE 6



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## Weekly pic

CNU's Lauren Cheatham scrambles for the ball against an opponent in the game against Washington and Lee on Sept. 19. CNU won 1-0. Photo by Tyrus Wood/The Captain's Log.



## Online this week

*Check out these videos on our Facebook page.*



### Demonstration during preachers' sermon

Captains came out in full force for love and equality in the Tribble Plaza on Sept. 16. CNU TV takes you into the heart of the crowd that turned out for the demonstration.



### Busy weekend for CNU sports

CNU TV's Robert Smith recaps a busy and successful weekend of CNU sports. From volleyball and field hockey to men's soccer, get all the highlights from CNU TV.

### Behind the scenes: The Improvocateurs

CNU TV goes behind the scenes with some of the funniest students on campus. CNU TV's John Recor and Jennifer Leider see how the group came to be and its plans for the upcoming year.

### Corrections:

The mandatory fees opinion article that appeared in the Sept. 16 issue was incorrectly attributed to Rachel Wagner. Paige Kowahl is the author.

## Happened

**Sept. 18**

### On Screen/In Person Film Series

The film, "Foreign Puzzle," directed by Chithra Jeyaram, showed in the Music & Theatre Hall this past Friday as part of the On Screen/In Person Film Series.

**Sept. 18**

### Sweet and Salty Sensations

This past Friday, CAB hosted a free dessert event in the Crow's Nest. Students enjoyed treats ranging from the chocolate fountain, to ice cream floats, to cupcake decorating, with some salty snacks on the side.

**Sept. 22**

### 2015 Rape Aggression Defense (RAD) Class

The CNU Police Department hosted the first of their free RAD classes, where they taught self-defense techniques. Classes are offered again throughout September, and again in November.

**Sept. 22**

### Mark Babbitt: Walker Internship Series

CEO of YouTern Mark Babbitt spoke to students gathered in the DSU Ballroom on the importance of an internship for professional development in a speaker series established by the Walker Family.

## Happening

**Sept. 24**

### An Evening with Madeleine Albright

At 7:30 p.m. Madeleine K. Albright, former U.S. Permanent Representative to the UN, and the first female U.S. Secretary of State will be speaking in the Ferguson concert hall.

**Sept. 23**

### Middle East Meltdown: Causes and Consequences for the U.S.

The Reiff Center for Human Rights and Conflict Resolution and the President's Leadership Program present Ambassador Ryan C. Crocker, speaking Wednesday in Ferguson Concert Hall.

**Sept. 25**

### CAB Presents.. Fall Fest 2015

This year's Fall Fest will be held this Friday from 4-7 p.m. on the Great Lawn. The theme this year is 'Around the World.' Clubs can sign up and portray different international cities.

**Sept. 24**

### Scholarship Matters

From 12:30-1:20 p.m. in McMurran 101, Dr. Husam Timani will be presenting his research entitled, "Global Jihadism and the 'Just War' Theory in Islam."

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**THE CAPTAIN'S LOG** is the official student newspaper of Christopher Newport University. It is a public forum, which is published Wednesdays throughout the academic year.

**THE EDITOR** welcomes letters from readers. Editors reserve the right to edit letters for length and AP style, as well as to refuse publication. An email with a ".doc" attachment is preferable. Reach us through:

- **Email:** [clog@cnu.edu](mailto:clog@cnu.edu)

- **Drop off:** The Captain's Log newsroom, DSU Suite 393

**JOIN THE STAFF** The Captain's Log is always open to students who are interested in writing, photography and editing. Editors assign stories every Sunday at 7 p.m. in the Jefferson Room of the DSU.

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# FROM THE FRONT PAGE

## Captain's Chatter

**What are your thoughts on the preachers and the demonstration?**

**"I think a similar demonstration would have occurred if someone preached against religion. So I don't think any of it should have mattered."**  
senior Arissa Guerrero

**"It's fine [the preachers] are here exercising their rights to preach openly in public. The [demonstrators] also have these rights."**  
freshman Dinessa Saurus

**"I feel like the demonstrators helped to show the preachers that CNU is a loving, accepting campus where people aren't judged."**  
freshman Destiny Gray

**"The preacher was barely able to be heard and seemed a lot less abrasive than he was made out to be by protestors."**  
sophomore Tyler Melone

### DEMONSTRATION CONTINUED FROM PAGE 1

services at Poquoson Baptist Church, about 10 miles from CNU. "We can't make anyone listen to us. All we can do is share what we have to say," he said. Hundreds of people heard him in the plaza that day.

#### Prepping the plaza

Most of the student body became aware of the preachers coming to campus after Dean of Students Kevin Hughes notified the campus population in an email.

"Mr. Karns' strongly held beliefs may conflict with many of your own values," said Hughes in the email. "However, he is entitled to them and the Constitution protects his right to share them on our campus. I encourage all of you to keep this in mind should you encounter the event."

However, Spectrum already knew the preachers were returning to campus.

Storm's roommate, who works on event staff, told her that the preachers were coming back and had scheduled the event on campus.

"She was like 'yeah my boss really wants an organization to put something on while he's there,'" Storm said. "I just kind of thought about it and was like 'you know what? I'll do that.'"

Before the event, Hughes and Director of Student Activities Frank Council also met with Storm and Kerndt to discuss what to expect when the preachers came to campus prior to Wednesday's demonstration

and to get an idea of what Spectrum was planning the following day.

According to Kerndt, Hughes and Council wanted to ensure Spectrum knew why the preachers were on campus and wanted to make sure Spectrum was planning to conduct its demonstration in a safe way. "It was really great to get the support from the dean and Frank Council," Kerndt said.

Taylor gathered Christian students from various ministries before the event, inviting them to come and be positive, hopefully alleviating a potentially combative situation. He also hoped that a positive Christian presence would make an impact on a large audience.

"There was going to be a lot of warfare going on that day, and I just felt like what a great opportunity to share the love of God," said Taylor. "A freedom of expression event where prayer isn't ruled out, hundreds of students from CNU were going to be there. I just saw it as such an opportunity."

The next day, about half an hour before Karns and the other two preachers arrived, a crowd began forming in the plaza.

Spectrum set up for its Share the Love event in the corner adjacent to the Great Lawn and the Tribble Library. The preachers set up in the opposite corner by the David Student Union.

#### What went down

Although Spectrum and the preachers said they were not opposed to one another, mem-



Kerndt wanted Spectrum's demonstration to spread acceptance. **BEN LEISTENSNIER/THE CAPTAIN'S LOG**

bers of Spectrum crossed the brick expanse to stand in front of the preachers, holding rainbow flags and signs that offered free hugs.

The line of Spectrum members and their signs and flags created a barrier between the preachers and the people who gathered to listen and watch the spectacle.

Spectrum's position in front of the preachers was not originally planned as part of the demonstration. Storm said the action came about after the organization noticed students were more drawn to the preachers than to Spectrum's table on the opposite side of the plaza.

"We had to adjust because we knew people were going to pay attention to the speaker and so we thought what can we do to make our presence known," Kerndt said.

Spectrum members began moving into the crowd to distribute flyers and eventually found themselves arrayed in front of the preachers.

"We're looking at it in hindsight and we're actually really glad we did that because the crowd started yelling at them, Storm said on Saturday. Storm holds that Spectrum's position in front of the preachers helped maintain calm as the crowd

become more vocal.

"Once people started to get a little riled up we took the initiative to say 'hey there's no need to get mad, there's no need to yell,'" Kerndt said.

#### What was said

Much of the preparation for the event was for the worst case scenario -- a heated confrontation between people of conflicting beliefs.

"I think the highlight of the last time they came was the outrageous yelling and cursing," said Taylor. "I think that's exactly why people came out in the first place, they were hoping for some kind of a circus, some kind of crazy retaliation and conflict to raise up."

That never happened.

"I couldn't hear them for a lot of the time," said Kerndt. She also said she never got too upset with the preachers. She felt the proximity of Spectrum to the preachers subdued their speech.

"They're speaking truth, they're talking about the Bible, and they're talking about how our sins can lead us to death," said Taylor. He didn't take issue with what much of they said, he disagreed with how they went about it.

"They're kind of just throwing the truth at people in a way

that would fear them into the gospel," said Taylor. He also shared concern that aggressive preaching would diminish the work the campus ministries had done for years, building up congregations and relations on campus.

#### Great expectations

"The first time they were here, that was hate speech...I would say that when you're targeting people specifically for their identity or their choices in life and how they function as human beings, it's hate speech," said Kerndt.

The second time around was different. "I didn't hear anything that was particularly hateful," she said.

While some students argued with the preachers and there were times when students scoffed at things the preachers said, the scene that many expected never happened.

"People who see me as hateful aren't listening to what I say," said Karns. He added that he can't make people listen to him; all he can do is share what he has to say and spread the word of the Bible.

Like Spectrum and the Christians on campus, he felt that he was sharing love through sharing his beliefs. ■



Christian Parks (with sign) was one of three preachers who came to the Tribble Plaza with a message that upset many students.

**BEN LEISTENSNIER/THE CAPTAIN'S LOG**



## Telling the story of students in six words

Who Are You: Identities of CNU is a project conducted by a group of students to explore how the CNU community describes its sense of identity in order to facilitate a conversation about how we see ourselves and others.

BY JACK JACOBS  
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Who Are You: the Identities of CNU seeks to explore identity at CNU by asking members of the community to describe their identity in six words and a photo.

"[Identity] is becoming a more prevalent idea to talk about in our society," said senior Nicole Lichty. Lichty hopes the project prompts conversation on campus about identity.

The project is an independent research project for Lichty's sociology 492 class.

The project was born of a classwork assignment Lichty took part in last semester in her geography 202 class. The assignment asked students to describe their race in six words. The assignment was based on a National Public Radio initiative.

After the project, Lichty approached her professor, Dr. John Finn, lecturer of sociology, social work and anthropology, and pitched the idea of bringing the project to the CNU community, but instead of focusing on race, the project focuses on identity because Lichty and Finn felt race was too narrow a topic on campus.

Lichty hopes the project provides insight into the identities of students, faculty, staff and construction workers.

The six-word descriptions are intended to be challenging to the individual and thought provoking.

The project has no set goal of participants, and Lichty says that she wants as much involvement from the community as possible.

Around 20 to 30 students have contributed their view of their identity to the project.

In addition to Lichty and Finn, seniors Joclyn Harrison, Will Cottingham and sophomore Tonya Harris are working on the project as well. The members of the team coordinate to complete the project.

Students who want to participate are invited to come to one of the photo shoot sessions scheduled for next week. The sessions are held in Luter 161. Lichty said that there will be two more three-day sessions later in the semester.

Students who are unable to attend the photo shoots are encouraged to take a selfie with their six-word description and posting it to social media with #whoareyoucnu. The completed project will be displayed in the Falk and Hall Galleries of the Ferguson early next semester. ■

#WhoAreYouCNU

"It's been a long time coming"

tell us your story in 6 words

www.facebook.com/WhoAreYouCNU



The project will create black-and-white portraits of individuals of the CNU community describing their sense of identity in six words. COURTESY OF NICOLE LICHTY

### Photo shoot session times:

Sept. 30 12:30 to 2:30 p.m. | Oct. 1 7 to 9p.m. | Oct. 2 3 to 5 p.m.

Location: Luter 161

## Debate sees speakers argue issues related to Title IX

Two high-profile feminists squared off in a debate held at CNU focusing on the controversies of Title IX.

BY RACHEL WAGNER  
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Opposing views on Title IX clashed in a debate hosted by the Center for American Studies on Sept. 17.

Erin E. Buzuvis and Christina Hoff Sommers debated the constitutionality of Title IX regulations and enforcement on college campuses.

While both women agreed that Title IX itself was constitutional, they disagreed substantially on several aspects of the current implementation of the legislation.

### Sparring over sexual misconduct

In regard to instances of sexual misconduct, Title IX

mandates procedures and actions when an accusation is brought forward.

A point of contingency in regard to these requirements is the effects felt by the accuser and the accused during investigations.

"As stated by Sommers, if you are accused of sexual misconduct, 'you become a social pariah; it is probably one of the worst things that can happen to you.'"

To this Buzuvis replied, "Also, being raped is one of the worst things that can happen to you."

In the past, explained Buzuvis, schools failed to provide adequate support to the victim, and have covered up accusa-

tions against star athletes to protect the school's reputation.

Sommers argued that Title IX's primary focus on protecting the victim leaves the accused vulnerable with no due process protections.

Sommers said, "you have the power to ruin a person" by accusing them of sexual assault—and with no protection for the accused, college campuses may become analogous to the Salem Witch Trials.

Buzuvis disagreed, stating that while in some cases universities did not allow for due process, those cases had nothing to do with Title IX, which exists to protect students and to prevent discrimination and harassment.

### Fair play in sports

Sports were another focus of the debate.

Buzuvis explained that under Title IX, if a woman wants to try out for a sport that is only represented by a men's team, the school must let her try out—so long as it is not a contact sport. This provides fair opportunities to women and men in sports.

Sommers on the other hand believes that Title IX has become a quota system that forces schools to cut men's teams to achieve gender proportionality. Sometimes, she suggests, schools pad women's numbers in a "desperate effort to not violate this law."

Title IX is part of the Edu-

cation Amendments of 1972, outlawing sex discrimination in educational programs. Any school that receives federal funds must follow Title IX.

Both speakers are highly accredited women and self-declared feminists.

Buzuvis is the director of the Center for Gender and Sexuality Studies at Western New England University School of Law, and Sommers is an author and resident scholar at the American Enterprise Instituted.

The debate allowed each speaker 20 minutes, followed by a five-minute response time with a question and answer period afterwards. CNU's Title IX Director Michelle Moody moderated the debate. ■



# SDEC to hold student leadership retreat

The on-campus retreat seeks to bring student organization leadership together to hold a forum on diversity issues at CNU.

BY RACHEL WAGNER  
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Student Diversity and Equality Council hopes to see diversity initiatives take off on campus after hosting its Social Organizing and Action Retreat for campus organizations on Sept. 26.

SOAR will bring students from social action, faith-based and Greek organizations together to heighten diversity awareness and explore how organizations can impact campus life. Student leaders from participating organizations will share their thoughts on diversity issues or conflicts on campus and explore applicable solutions.

SDEC will give \$250 to the organization with the most student members or leaders in attendance.

The maximum number of students per organization is 5. If more than one organization

is able to bring 5 members, the sum of the \$250 will be divided amongst each eligible organization.

SOAR will include three sessions, starting with the All Hands on SDEC! event about programming for social identity organizations, and how students can stay involved in SDEC activities.

The second session, Being Agents of Change, encompasses social action, highlighting the results of the diversity questionnaire that was sent out to all students at CNU. This session will discuss campus climate and social issues, and how to address them.

The final session, entitled Elephants & Onions, will bring in student leaders from fraternities and sororities.

Quinton Pace, president of SDEC, said that the partnership with Greek life is intended to "help bridge the diversity gap."

Breakfast and lunch will



SOAR aims to consider ways to bring diversity awareness to CNU, such as performances like the SDEC-sponsored "Fifty Years On," a play that explored social issues. FILE PHOTO BY MACY FRIEND/THE CAPTAIN'S LOG

be served; the former being a catered continental breakfast and the latter, an Italian buffet. Contact Ben Cowman, assistant

director for diversity initiatives at ben.cowman@cnu.edu, or SDEC at sdec@cnu.edu for more information. ■

**Interested in registering for SOAR?**

Go to <http://tinyurl.com/p7bft99>

## Interfraternity Council members looks to finish tenure strong

IFC's current executive board plans to host more events and continue its community service before the organization's November elections.

BY ALEXANDER JOSEPHS  
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Though the Interfraternity Council is coming to the end of its tenure, the organization has a couple more events planned before elections in November, in addition to continued local philanthropic work.

"Where's the Line," IFC's sexual assault awareness week, returns in October to improve awareness of the issue among students.

IFC's Lip Sync competition, still in the planning stages, is slated for November.

Off campus, Junior Nick Friedl, IFC president, highlighted the continuing progress that the IFC has built from



An IFC initiative last year saw fraternities help clean up playgrounds at a local apartment complex. COURTESY OF NICK FRIEDL

last year in supporting local philanthropies and serving the community.

Friedl is a brother of Sigma Phi Epsilon.

"This semester we really want to keep up the progress we built from last year; that being continuing to support local philanthropies and serve the Newport News community in a positive way," Friedl said.

Last semester, IFC partnered with the Courthouse Green Association apartment complex to help re-build playgrounds and restored local parks in the area.

Brothers from CNU's fraternities worked together to re-mulch three playgrounds at the complex and tore down vandal-

ized slides.

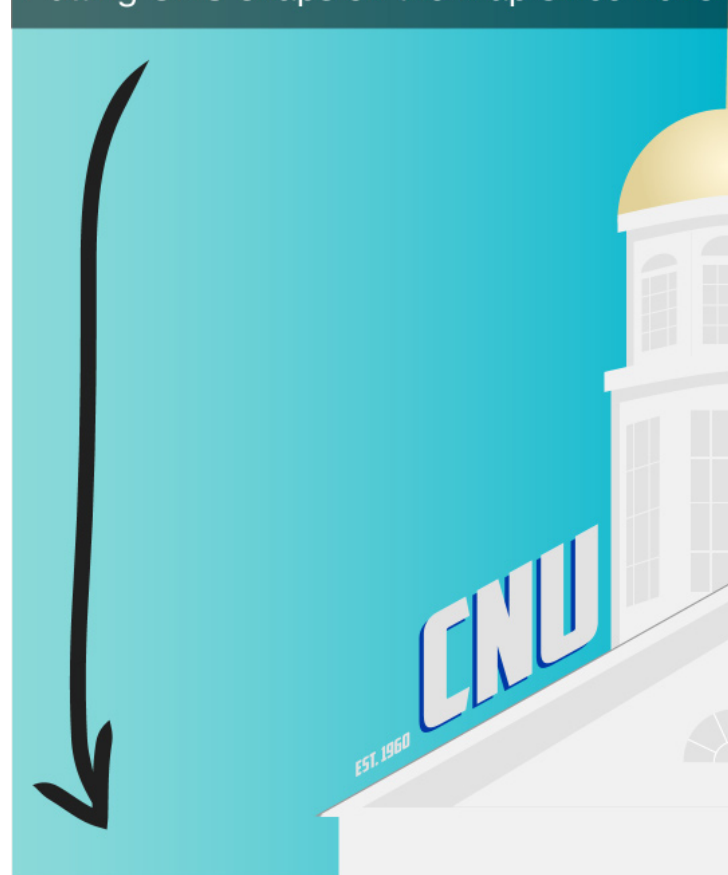
Friedl said that the IFC has committed to being a partner with Courthouse Green Association this semester.

On campus, the IFC has also started involvement with Student Diversity and Equality Council.

The IFC is the governing body that oversees the six fraternities connected to the North-American Interfraternity Conference: Delta Upsilon, Kappa Delta Rho, Pi Kappa Phi, Sigma Tau Gamma, Sigma Phi Epsilon, and Psi Upsilon.

The organization consists of an executive board of six members and a representative from each of the IFC chapters on campus. ■

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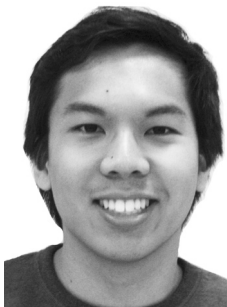
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Situations like the convergence of street evangelists and CNU demonstrators reveal the challenges of free speech.

## FREE SPEECH

CONTINUED FROM PAGE 1



**JACK JACOBS**  
NEWS EDITOR

It’s easy to speak freely, but it’s more difficult to listen to someone else speak freely with a view you may be strongly opposed to.

I’m not suggesting that we remain silent when faced with ideas we disagree with. We should protest, demonstrate and discuss the issues we disagree on in a constructive way.

Some students chose to be a constructive part of a dialogue on Wednesday, and others didn’t.

Jeering and hurtling insults from the safety of a crowd that formed around

the preachers was not constructive. I would’ve liked to see those students who seemed so keen on verbalizing their thoughts from the crowd actually talk to the preachers. A few students did approach them and have conversations. I’m sure they would have talked to you too for as long as you wanted to.

Those men have the right to interpret the Bible in their way and voice their opposition to aspects of society that are repugnant to their worldview, whether you like it or not. No one person’s perspective trumps another.

Granted, perspective is everything. I’m heterosexual, so I didn’t feel personally attacked to any degree when the preachers expressed their thoughts on homosexuality. I’m also an atheist, so who is and isn’t going to hell is of moot importance when you don’t think hell exists.

Some students were upset by the preachers, and I think that’s okay. Just because I wasn’t upset doesn’t mean you can’t be upset. There’s a constructive

way to voice your opposition, and some students chose to demonstrate against ideas they feel are hurtful.

I think the demonstration put on by Spectrum was the right way to disagree. Spectrum made it clear that it accepts that the preachers feel a certain way and made its voice heard in a positive way.

But I ask: Was a demonstration even necessary?

The sermon sounded, on a fundamental level, like every other Christian sermon I’ve ever heard – god loves the sinner but hates the sin and we’re all broken and in need of salvation with some selective scripture peppered throughout.

While this group has a reputation for being confrontational, I think the fire-and-brimstone speech was lacking in a little fire.

They seem like pretty unassuming men, who have a firm conviction that they’re in the right but also recognize that not everyone will respond to their

message. They set up in a fairly out-of-the-way corner of the plaza, said their bit and that was it.

Are students so sensitive that when confronted with what appeared to me to be the mildest repudiation of homosexuality and pre-marital sex that there needs to be a visible counterpoint to assure students that the preachers are wrong? Did we also need an email from the school to warn us?

As our generation comes to have a larger role in American society, there seem to be a constant stream of studies and commentary on the character of Millennials. A recurrent topic is the perceived oversensitivity of our generation. I’m sad to say there may be some truth to that.

The world doesn’t revolve around you or me, nor should it. We will be confronted with concepts and ideas we don’t agree with as we go through life, and we should learn how to deal with them constructively and objectively.

# We’ve got spirit — how ‘bout you?

There is no question that CNU is a smaller university than most, but does a school’s small size excuse an apparent lack of school spirit?



**MADELEINE SCHULER**  
STAFF WRITER

“So, are you going to the game?”

The question hung in the air as I tugged nervously at the ends of my hair, trying to decide what the correct answer was to this seemingly simple inquiry. Why did a question that merely required a yes or no answer appear so daunting? And why did I feel like my answer could ruin any respectable reputation I had gained

up to this point?

The girl who had posed the question stood patiently awaiting my reply. Was I going to the game? I settled on an unsure response just to be safe. “Umm probably not,” I said, trying to come off as nonchalant.

The girl nodded her head with a small smile on her face and I knew then that I had answered correctly. “Yeah me either,” she said with a knowing laugh.

When I first visited CNU, I loved almost every aspect of the university. I loved the people. I loved the campus. I loved the class sizes and I loved the tight-knit community that one rarely encounters at larger schools.

My only worry was school spirit. Choosing a small school meant giving up the overwhelmingly large crowds at sporting events, the possibility of TV appearances and sense of togetherness that came with selecting a bigger school like Virginia Tech or UVA. With only 5,000 students, CNU is clearly at a disadvantage when it comes to event attendance, but when I thought about my high school and how amazing our school spirit was, I was comforted

because CNU is more than double the size. So, in my head, that must mean double the crowds and double the enthusiasm.

Clearly I was mistaken.

We go to a college where school sponsored dances only entice naive freshman. Where students wear t-shirts that represent other universities. Where the tailgate is the main event and the game is just a sideshow.

I understand that CNU is a division three school. Tickets to our games are not coveted, we are not televised and we do not host a stadium of over 65,000 people every other Saturday night, but this is not an excuse to completely blow-off a game, or any event for that matter, that your fellow classmates have worked so hard to put on.

How is it that we can be so dedicated to our own organizations and expect other students to attend our events when we don’t show that same advocacy for anyone else? When did it suddenly become uncool to love and support the school that you attend?

Our football team won eight out of their 12 games last season, men’s basketball won 20 out of their 28 and volleyball won 34 out of their 38- all certainly reputable outcomes. Imagine how well they could do knowing that the rest of their school is there to support them.

Dancing the night away surrounded by your friends and fellow classmates is cool. Dressing in royal blue and sporting CNU t-shirts on any given day of the week is cool. Chanting along to our fight song and storming the field after a win is cool. Having school spirit is cool.

So, the next time someone asks, “Are you going to the game?”

Your answer should be a confident “Why wouldn’t I be?”



**RACHEL WAGNER**  
STAFF WRITER

every week.

My first college football game was much more of an experience than any game I’d ever attended before- the standing student section, Blue Crew members adorning body paint, cheerleaders doing flips and cartwheels, a dancing team getting everyone pumped up, the amazing Marching Captains and, most importantly, a winning football team. I felt a sense of community from the game; it went far past my personal expectations. However, my expectations seemed to not be in accordance with all CNU students.

After the game, it became clear on social media that several athletes and other captains thought the student section and their school spirit was perhaps not on par. As someone who came from a school where cheering for the team was almost frowned upon, I was slightly shocked. However, here at CNU, we take pride in

As a freshman who came from a school with a football team that only won one game my senior year, I was ecstatic about cheering on a team that wouldn’t be absolutely pummeled

being captains; our pride begets cheering, jumping, slamming our feet into the bleachers... But maybe at this first game we were not loud enough, not enthusiastic enough.

Freshmen come into college with very different expectations when it comes to sports. There are some students who had high schools that were extremely competitive, and some that, like mine, were more comedic than anything else. School spirit is a matter of perception and expectation. Maybe we do need to work on cultivating a little more Captain pride.

Shout out to the boy about two rows in front of me who put blue arrows down his back and arms. To the girl who jumped up and down the entire game next to him like no one was watching, to the boys who started various cheers despite if they caught on with the entire crowd: keep doing what you are doing.

We should not be afraid to get loud; we should not be worried about looking ridiculous. For myself and other freshmen, follow their example. Even if we feel goofy, remember that our cheers are fuel to our players. And standing for most of the game is not even a quarter of the physical exertion our athletes are putting out there in that field- so don’t hold back in support of your team.



# THRIVE: A Response to the Plaza Preacher

Street evangelist sparks increased conversation about religion among students.



**JANIE ANDERSON**  
STAFF WRITER

Last Wednesday, September 16, our community witnessed an unusual event. Open-air preacher Don Karns visited campus during lunch and shared his beliefs with those present in the plaza.

While what Karns did may have been uncommon for our campus, it was within his constitutional rights. As a public institution, CNU cannot restrain individuals from expressing their views with students as long as they follow the proper procedure.

However, the student response to Karns' preaching greatly varied. I have heard some say that they like the idea of openly discussing religion on campus, while other friends of mine said they felt offended having a stranger try to get them to believe something.

Personally, I feel that having open discussions about faith is a great thing, but that there are better ways to do so. While I still respect Karns' faith, I do not agree that the best way to have a meaningful impact is to impersonally share your views with whoever happens to walk by; although I must admit I have heard more discussion of personal beliefs on campus in the past week because of Karns.

I think that it is important to keep that discussion going, because I feel that it is crucial for everyone to hear about God's love in a personal way. Abandoning my preconceptions and allowing a friend to share her beliefs with me was the most important decision I've ever made.

This Friday, September 25, at 8 p.m. in the Tribble Plaza, the on-campus organization THRIVE will be hosting its first event of the semester.

I have been to THRIVE events many times within the past two years, and I have always found it to be a chance to think about and reflect on God's love in a personal way with no pressure or judgment.

There are no invitations, you don't have to RSVP, and it doesn't matter who you know. THRIVE is a come-as-you-are event, where all students, whether Christian or not, will be equally welcomed. I know many of the organizers of THRIVE, and they all believe that everyone should have the freedom to experience God in a safe and compassionate way.

Don't be afraid to come out and experience a different kind of community, with a message that I believe is the most important you'll ever hear: that God's love is offered to everyone, no matter who you are or what you've done.

Whether for a few minutes or a few hours, I want to challenge and encourage the entire CNU community to abandon their preconceptions and come check out the event. You may be surprised at what you find.

## A piece from Currents



Currents is an annual publication of CNU students' creative writing, prose and poetry pieces. This year, we are looking to make room for more students to convey their work by posting their efforts in The Captain's Log. This poem was published in last year's edition.

**JORDAN ZAVODNY**  
CURRENTS EDITOR

### "Pressed Lemons"

**KATIE KRYNITSKY**  
CURRENTS CONTRIBUTOR

*You like your lemonade freshly squeezed, extra sugar,  
it gives you that feeling of content, satisfaction,  
you fit in.*

*Everyone wants that feeling, but you can't reach it  
unless you've met that typical requirement of four ice cubes,  
three Splendas and two freshly sliced lemons.*

*When society tells you to add an ice cube,  
drink through a straw  
and never slurp in public,  
you listen.*

*When you're told to stand in a single-file line,  
wear a skirt that covers your knees  
and not speak until ordered to,  
you listen.*

*You do whatever you are told,  
out of fear, expectation,  
trepidation, intimidation.*

*A tiny blurred pixel corrupts your whole picture of what it  
means to "be yourself."*

*You are pressed on living up to the presumption,  
please those around.*

*You are under the assumption  
that you are original, an individual.*

*You are contained by your morals,  
but restrained by your conscience.*

*You know what is right and wrong  
and steer clear of trouble,  
but get wrapped up in that sticky yellow caution tape  
and forget your first amendment right...*

*Freedom of expression.*

*I am labeled and stamped, "normal."*

*Maybe I'm not like you.*

*Maybe I'm not "normal."*

*Maybe I like five ice cubes, four Splendas and  
Maybe I like my lemons pressed.*



## Mr. Anchorman

Last weekend, Delta Gamma hosted two events- the Mr. Anchorman Pageant and Anchor Splash, to raise money for Service for Sight.

BY MACY FRIEND  
MACY.FRIEND.14@CNU.EDU

Delta Gamma hosted two events last weekend in order to raise money for their philanthropy, Service for Sight, which aids those who are blind and/or visually impaired.

During the Mr. Anchorman pageant, representatives from each sorority were asked a series of trivia questions, including some DG-related questions.

Afterwards, they each had the chance to do a chant, incorporating DG into their performance.

Kenneth "Art" Ross, representing Phi Mu, won first place. The winner was given a DG t-shirt and points toward the overall Anchor Splash total. Juniors Ben Leisten-snider, representing Gamma Phi Beta, and Conal Jeager, representing Psi Upsilon, placed second and third.

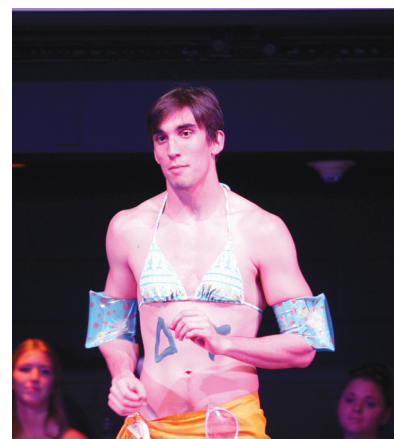
The Mr. Anchorman pageant and Anchor Splash combined raised over \$5,100 for Service for Sight. ■



Senior Art Ross, representing Phi Mu, celebrates winning first place in the Mr. Anchorman pageant. MACY FRIEND/THE CAPTAIN'S LOG



Sophomore Matthew Marroquin embraces a sister from DG when asked which sister he would prefer to have with him on a deserted island. MACY FRIEND/THE CAPTAIN'S LOG



Sorority representatives perform original chants for the sisters of Delta Gamma. MACY FRIEND/THE CAPTAIN'S LOG





Junior Lexi Dracos celebrates as sisters of Gamma Phi Beta win the tug of war competition. **BEN LEISTENSNIER/THE CAPTAIN'S LOG**

# Anchor Splash

DG's second event was Anchor Splash, where teams competed in water relays.

Relays consisted of egg carrying, shirt coloring, a cup and ball relay, a swimming relay and tug of war.

The overall winner of Anchor Splash was Expansion, who won \$100 and is using it to donate to Soundscapes, an after school program that promotes music education. ■

## Relay Winners

Egg Relay: Pi Kappa Phi

Shirt Coloring: Expansion

Cup and ball: Psi Upsilon

Swimming Relay: Kappa Delta Rho

Tug of war: Gamma Phi Beta

Members of Expansion compete in tug of war. **MACY FRIEND/THE CAPTAIN'S LOG**



Students from various teams compete in the cup and ball relay, where each team member had to bounce a ping pong ball into a cup. **MACY FRIEND/THE CAPTAIN'S LOG**



Students compete in the t-shirt coloring relay, where teams had to cover a teammate's shirt is colored water with a sponge. **MACY FRIEND/THE CAPTAIN'S LOG**



Senior John Hallonski competes in the egg relay, where each team member had to carry an egg across the field to a DG sister, while getting sprayed and pelted with water balloons. **MACY FRIEND/THE CAPTAIN'S LOG**



Sigma Phi Epsilon carries teammate Ben Pavich in the swimming relay. This involved carrying a teammate across the JR Field while they performed various swimming techniques, such as the breast stroke and the butterfly. **MACY FRIEND/THE CAPTAIN'S LOG**



## A CNU *Coup d'etat*

The Captains humiliated the ODU Monarchs this weekend 15-0 in the team's home opener.

BY BEN LEISTENSNIER

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They may have been playing on at the Hampton Roads IcePlex, but CNU's hockey team was straight fire this weekend, outscoring its two opponents—Old Dominion University and the University of Richmond—with a collective score of 19-1. Fifteen of those goals came in the Captains' season opener against ODU on Sept. 18.

The team, a part of the American Collegiate Hockey Association, started its offensive assault early with Ryan Brown scoring within the first four minutes off an assist from Brad Kostrzebski and Caleb Dalterio.

The game's true star, Kyle Jahn, made an impact less than two minutes later when he too managed to beat the ODU goalkeeper. Jahn led the way for the

Captains, accumulating eight points total: six goals and two assists.

Jahn was so successful on offense that he completed his hat trick before the first period even ended. And then proceeded to get another one in the second period.

Jahn wasn't the only Captain to have a three goal game, as he was joined by Brown and Shane Kehl, who also had four assists on the night.

Three additional Captains—Brandon Mills, Gustavo Canals and David Walsh—were all able to find the back of the net once.

It's not hard to see how the Captains were able to blow out the Monarchs as they had 37 shots on goal. In comparison, ODU only had 15 shots on goal.

After managing to impressing the home crowd with a blowout on the team's Fresh-



Kyle Jahn was the clear MVP for the weekend, with six goals and two assists against ODU. The next day, he scored the team's first goal against the University of Richmond. BEN LEISTENSNIER/THE CAPTAIN'S LOG

man night, the Captains had a much closer game against Richmond.

Not surprisingly, Jahn—who currently leads CNU with seven goals—got things started for the Captains, scoring just over a minute into the game. Equally as expected was that the assist came from Kehl, who leads the team with six assists.

Kostrzebski quickly added on to the Captains' lead by scoring 20 seconds later and again during the sixth minute.

Neither team was able to

find any offensive success after the Captains took that 3-0 lead until the third period. For the second game in a row, Walsh found himself on the scoreline when he got a goal 30 seconds into the third.

Richmond finally cut the lead to 4-1 with one minute left in the game, but it was too late to mount any more of a comeback.

The Captains will host another doubleheader this weekend, taking on Liberty on Sept. 25 and 26 at the Hampton Roads IcePlex. ■

### Up Next Liberty



Sept. 25: 10 p.m.  
Sept. 26: 4 p.m.

## This week in CNU athletics

BY BEN LEISTENSNIER

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The Captains faced stiff competition this week, with a couple teams losing the first game of their season and taking on nationally ranked opponents.

### Football

CNU Football was once again trying to reach its 100th career win as the team traveled to play fifth-ranked Wesley—the pre-season favorite to win the New Jersey Athletic Conference.

Although being major underdogs, the Captains managed to hold their own during the first quarter as they went into the second trailing only 14-10.

At the beginning of the second, the Captains even managed to take a 17-14 lead before Wesley struck back with a fury, scoring 30 unanswered.

CNU's passing game struggled; throwing for close to 300 yards but three interceptions

and no touchdowns.

All three CNU touchdowns were on the ground, with junior runningbacks Cam Siler and Daquan Davis and senior quarterback Arsaiah Robinson each finding the endzone once.

### Volleyball

The Captains went 3-1 for the weekend at their annual CNU Invitational. The then third-ranked Captains' only loss came against Juniata.

After losing the first two sets against fourth-ranked Juniata, the Captains avoided defeat by winning the next two sets. In the end, the Eagles came out on top in the fifth set.

Aside from the Juniata game, the Captains were not phased, winning the other three games in three sets.

Senior setter Rachel Conway and junior outside hitter Briana Sutton once again shined and were named to the All-Tournament Team. Conway averaged 9.62 assists per set, while

Sutton led the Captains with 56 kills over the weekend.

### Women's soccer

The women's soccer team started off the week in fashion, taking down rival Virginia Wesleyan 2-1 in overtime. The heroine of this game was junior forward Victoria Perry, who scored both CNU goals.

The team then took to the road and traveled to Illinois for games against Wheaton and the University of Chicago.

CNU took 24th-ranked Wheaton to the end, ultimately losing 2-1 in overtime. Rookie MiAsia Pinckney scored the lone goal in that game.

The Captains followed the first loss of their season with a second, falling to Chicago 4-1. A goal by Perry and seven saves by junior goalie Haley Casanova weren't enough to save the Captains. The team looks to break its losing streak with its CAC opener against Frostburg State on Sept. 26. ■

## Box Score

### Football

Sept. 19: CNU at Wesley 44-24 L

### Men's soccer

Sept. 16: CNU at Methodist 2-0 W  
Sept. 19 CNU vs. Greensboro 2-1 W

### Women's soccer

Sept. 16: CNU at Virginia Wesleyan 2-1 W  
Sept. 19: CNU at Wheaton 2-1 L  
Sept. 20: CNU at Chicago 4-1 L

### Field hockey

Sept. 19: CNU vs Washington and Lee 1-0 W

### Volleyball

Sept. 18: CNU vs. Averett 3-0 W  
Sept. 18: CNU vs. Juniata 3-2 L  
Sept. 19: CNU vs. DeSales 3-0 W  
Sept. 19: CNU vs. Bethany 3-0 W



# Field hockey sneaks by Generals

The Captains find the back of the net in the second half to beat Washington and Lee 1-0.

BY BEN LEISTENSNIDER  
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The game was close, but CNU's field hockey team managed to find a way past Washington and Lee on Sept. 19, beating the Generals 1-0. Senior attack Samantha Snider scored the gamewinner in the second half off a pass from sophomore attack Josie Morgan.

Although the Captains only managed to score one goal, they were dominant on offense overall. Not only did they have 16 corners as opposed to Washington and Lee's three, but they also outshot the Generals 18-6. Fourteen of those were on goal.

Junior Bailey Lien managed to stop all three of the Generals' shots on goal in her shutout victory.

With the victory, the Captains remain ranked 16th in the country for the third week in a row. Currently, CNU is averaging 4.8 goals per game, which is good enough for sixth in the NCAA.

Additionally, they rank eighth in the nation in scoring margin, with a goal differential of 19.

Offensively, sophomore attack Carol Thompson leads the team in goals with five, while senior attack Lauren Cheatham—who took five shots on goal—has 11



Senior Samantha Snider was the difference against the Generals, scoring the game's lone goal. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**

points on the season.

Next up for CNU is Randolph-Macon, who the Captains will take on Sept. 23. The last time that CNU faced Randolph-Macon was on Sept. 14 when the Captains beat the Yellow Jackets 3-1. That victory extended CNU's all-time record against the Yellow Jackets to a perfect 14-0.

The team will also be taking it on the road for the weekend,

as it travels to Salem to take on Roanoke and Rhodes College.

Following this three game road trip, the Captains will be returning home on Sept. 30 for a difficult top-20 matchup against the 12th-ranked Catholic University of America at 7 p.m.

The last time that the two teams faced off, the Captains fell 1-0. ■

## Captains finish in top-three

The XC teams traveled to William and Mary, where both squads had successful showings.

BY SAM CAMILLETTI  
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Both the men and women's cross country teams competed in their first regular season race when they travelled to the 57th Annual William & Mary Invitational, hosted at the Eastern State Course in Williamsburg.

Both teams pieced together a solid performance. The men's team placed second overall behind their hosts William and Mary with a total of 52 points, and the women's team came in third behind Charlotte and William and Mary with a total of 86 points.

The men's 6K race began promptly at 6 p.m. Sophomore Grayson Reid led the Captains with a strong ninth place overall finish and a time of 19:29. Reid was followed by a series of pair finishes. Junior Billy Rabil came in second for the Captains with a time of 19:47 and a 13th overall finish, with fellow junior Andrew Benfer clocking in a second behind him at 19:48 with a 14th overall finish.

Junior Zachary Campbell posted a time of 20:06 and a 17th overall finish. Rounding out the top five for the boys was sophomore Jeffrey Dover, who crossed the finish with a time of 20:10 and 18th place overall.

Leading the way for the running Captains in the women's 5K was junior speedster Logan Harrington, posting an impressive 19:20 and 15th place overall finish. Not far behind was senior Lydia Cromwell, who finished 18th overall with a final time of 19:31.

Juniors Briana Stewart and Graciela Slyer finished next with times of 20:16/25th place overall and 20:19/26th place overall, respectively. Junior Emmie Schmitt finished out the top five with a time of 20:43 and a 29th place overall.

On Saturday, Sept. 26, the Captains head to Charlottesville for the Virginia/Panorama Farms Invitational. Once done with this meet, the Captains will only have one more competition before hosting the CNU Invitational on Oct. 17. ■

# CNU escapes Harry situation

The Captains once again found themselves the victors in a come-from-behind double overtime win, with senior midfielder Harry Nodwell scoring the decisive goal.

BY BEN LEISTENSNIDER  
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It's become a common sight for the now fourth-ranked men's soccer team at home. For the second this year, Captains Field saw CNU pull off

a comeback double overtime victory. This time, however, it was senior midfielder Harry Nodwell to be the hero.

Coming off a four-game road trip—during which the team went 3-0-1—the team was ready to play its first home game in

nearly two weeks. The opposing Greensboro did not seem as ready to take the field, as a problem with their jerseys required the Hornets to borrow the Captains' alternate kits.

While the Hornets may not have been prepared before the game, they got things started early, scoring just over the eight minute mark.

Although the Captains ended up outshooting Greensboro 17-7, the Captains had no luck beating the goalie. As such, the 1-0 deficit continued into the 83rd minute.

At this point, senior midfielder Garrett Van Nutt breathed life into the Captains when he scored the equalizer, off an assist from junior midfielder Mamadou Barry.

In overtime, CNU dominated the ball, not allowing Greensboro to take a single shot while attempting four of their own.

Finally, in the opening minutes of the second overtime period, Nodwell was fed a pass from CNU's leading scorer junior forward Patrick Burns and blasted the ball past the keeper to secure the game. This was the second time in three home games that the Captains have won the game in double



Senior Harry Nodwell's double overtime game-winning goal was also the first of his season. **BEN LEISTENSNIDER/THE CAPTAIN'S LOG**

## Up Next... Penn St. Harrisburg



Overall Record: 2-2-1

Away Record: 0-2

Averaging 1.8 goal/game

Last meeting: 3-1 CNU

overtime.

The Captains will hope that they can find a way to secure the win earlier in the game as they open their Capital Athletic Conference season at home against Penn St. Harrisburg on Sept. 26.

The last time these two teams faced each other was in the CAC Championship last year, which the Captains won 3-1. ■



## Student Spotlight: actor/funnyman Hogan Holt



KRISTIN ZIPPRICH/THE CAPTAIN'S LOG

BY VICTORIA LURIE  
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Hogan Holt has the kind of name that's meant to be on a marquee, which would suit the sophomore theatre major just fine. An actor since high school, he's already got plans in motion to move to New York City. And, of course, a few dream roles he hopes to land once he gets there—emphasis on the dream. "I can't sing," says Holt, whose ideal roles are both from musicals. "[but] my first dream role is the Man in the Chair from 'The Drowsy Chaperone.'" And if that doesn't come to fruition? "My other dream role is Edna Turnblad in 'Hairspray.'"

But Holt isn't partial to musicals. He's had a slew of non-musical CNU roles, ranging from last year's "Peter and the Starcatchers" to the newly-landed role of Sancho Panza in a never-before-produced version of "Don Quijote" that Dr. Margarita Marinova recently translated from Russian.

Holt is extremely excited. "I love it," he said of playing the infamous knight errant's faithful sidekick. You've probably still seen Holt around, even if plays aren't really your thing. Maybe you caught him in the Improvateurs' show "Drunk With Power" on Sept. 19. As the comedienne's September Bestie with Testies, Hogan got the chance to share the stage with the ladies and even help plan the show. "I love the Improvateurs," says Holt. "I would leave everything behind for them; they're lovely, but they won't let anyone with a Y chromosome in the troupe."

Holt's own improvisation troupe, CNU's A Troupe Called Quest, almost didn't let him in, either. "My audition for Quest was probably one of the worst nights of improv I've ever done," says the Dallas, Texas native. "I got turned down." But Holt was tenacious, going to meetings of the Improv Club, and was eventually invited to join a 'Quest rehearsal. "It was like 'Oh, you're funny; you're part of the troupe now.'"

Not only is Holt part of the troupe, he's slated to help helm it next year. As the current e-board members glide inexorably towards graduation, their successors must be set up. Hogan has been selected to fill the shoes of the current creative head, Glenn Abernathy. Holt is nothing short of honored. "He (Abernathy) is one of the most intelligent people when it comes to comedy, and he's funny, too."

Abernathy isn't the only comedian Holt gives serious props to. In fact, he loves Jim Gaffigan because of props. "I love how he incorporates food into his standup," Holt said. He sees Gaffigan as a more cynical version of himself, but cites Brian Regan (who visited the Ferguson Center last month) as his real inspiration. "I listened to him when I was ten and his comedy developed mine, basically. It was the basis for my comedic timing."

You can get a taste for Holt's timing (if you haven't already) at Quest's first show of the season, Impromptu Bugaloo this Friday in Gaines at 8 p.m. ■

# Drunk with power

Fresh off of their Outstanding New Organization win and full of new faces, the female improv troupe proved they could still bring the laughs.

BY SAMANTHA CAMILETTI  
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Every year comes with its own set of challenges. Last year, CNU's all-female improvisation group, the Improvateurs had to introduce themselves to campus. This year, still "drunk" off of recently winning CNU's Outstanding New Organization of the Year award, the Improvateurs had to prove that they deserved the award. And they delivered; the Improvateurs assured campus that this versatile and enthusiastic group still has a lot up their sleeves.

Well-wishers and fans crowded the Studio Theater for "Drunk with Power" on Sept. 20. It was a night characterized with what is quickly becoming the Improvateurs' signature style—an apt mixture of tasteful humor and the mischievous comedy one would expect from a college troupe. The introduction to the show was dramatic: group members sashaying their way to the front of the stage while Beyoncé's "Drunk in Love" played, all converging upon their award, which boldly stood in the center. Sophomore Hogan Holt, this month's

Besties with Testies (a monthly Improvateur honor bestowed upon a non-member) also was an honorary part of the show.

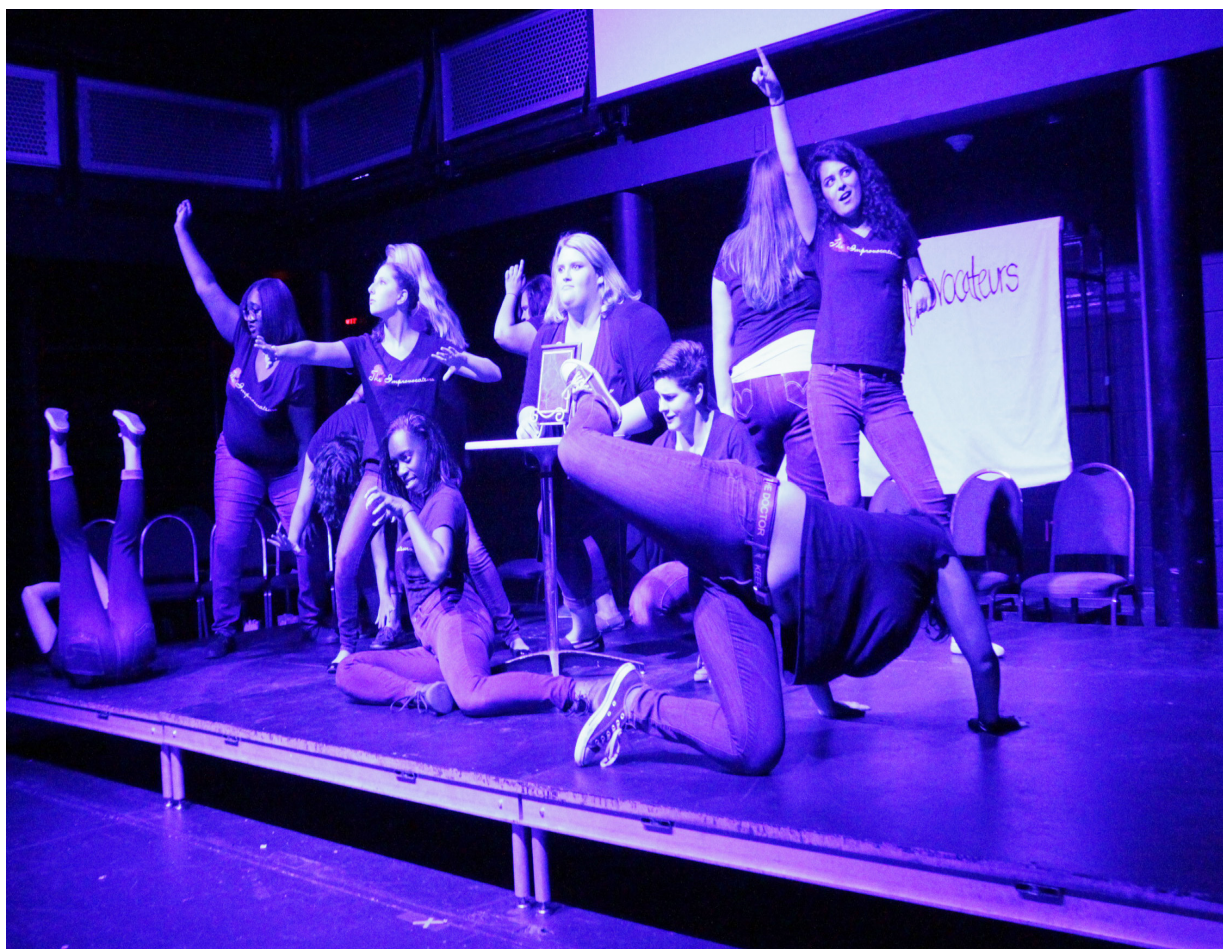
The Improvateurs have certainly matured since their first show. They still look like they are having fun up on stage, but the new precision and shrewdness are welcome additions. They were able to poke fun at everything from politics and aspects of CNU to themselves with candor and poise. The show was sharp and well-timed. Even performer Gracie Peck's breaking of character when she was trying to guess that her centaur-in-law had a kidney stone seemed like it was scheduled.

The Improvateurs have also expanded upon their show, adding in time for their group members to do solo stand-up acts (see: member Bonnie Newton assuring the audience that unzipped pants is the best way to make friends because it forces interaction, and executive captain Caitlin Caplinger's recognition of her unapproachable demeanor and unpleasant story with gastrointestinal problems, to which she asked the audience: "Aren't I glowing with social vulnerability?")

The women also took their audi-

ence through various story lines, like the story of "Paul Tribell's" life and his questionable obsession with making the Great Lawn the center of the universe-er, university, a quick trip to the 83rd century for a French Science Fiction foreign film dub, and a war veteran getting his legs back at a Subway. Politics also weren't safe from the teasing. The Improvateurs touched on the reality of male privilege, and created memorable caricatures of current politicians at the Happy Hour Debate at Pringles Park, featuring former governor "Jen Bluth" and "Michelle Hosten" as they touched on everything from ISIS, China, proposed banning of condoms and the disillusion of male molestation. The Improvateurs continue to impress with their ability to interact with the audience without getting sidetracked and asked for input almost every other act.

The "sophomore slump" doesn't seem to have any affect on the Improvateurs' rise to power. They only seem to be exploring and carving out their own niche on campus and it will be exciting to see where they will take audiences next. ■



Under mood lighting, the girls converge on their award to open the show. HANNAH MCCLURE/THE CAPTAIN'S LOG



# Philanthropy jam exceeds expectations

CNU's breakdancing club Altered Xpressionz hosted their first-ever breakdancing jam in the Freeman Center auxiliary gym last weekend, in hopes to raise money and awareness for Fear to Freedom.



Altered Xpressionz's Ross Sylvestri (a senior) freestyles before the bracketed breakdancing competition begins. **TYRUS WOOD/THE CAPTAIN'S LOG**

BY VICTORIA LURIE  
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The room is full of spinning tops, pogo sticks and rag dolls, all made of human limbs. But this isn't satanic Santa's workshop—it's a breakdancing jam, the first in CNU history.

About a quarter of the breakdancers came from out of state, but the in-state turnout was huge. Participants came from all over: George Mason University, Virginia Commonwealth, University of Virginia, James Madison University and teams without any university affiliation filled up the Freeman Center's auxiliary gym on Saturday Sept. 19.

Before the event opened to the public, the b-boys (and a small smattering of b-girls) got to hone their skills during a workshop with the guest judges. Students canted their bodies at all angles in attempts to keep up with Stelf, a guest judge and breakdancer from Fairfax.

Off to the side, a group of b-boys marked through some moves, basically slowing down their spins and flips instant-replay style. To an outsider, the moves looked difficult enough in realtime, slowing them down looked painstaking. Eventually the workshops and freestyling gave way to a bracketed

competition of which SMERC is crowned the champions.

Everyone is engaged, sweaty but smiling, which is what Altered Xpressionz had hoped for when they put on the event. "We've been around ten years and never done a jam," said Katie DeChristopher, an Altered Xpressionz member. "William and Mary and JMU always have jams, but we'd never done one. And since it's his last year, Chris [Adleson, the president of AE] wanted to do something big, so here we are."

Adleson starting planning this event back in March, contacting potential judges and universities with breakdancers who'd be willing to travel to CNU and compete. "I thought it went a lot better than I was expecting it to," said Adleson after the event. He's been hearing a lot of positive feedback from dancers and judges alike, despite some minor timing issues. "It was definitely a learning experience but it was anything but a flop. Now we know what to do better next time; we will just be raising the bar from here."

The bar is set decently high. Despite the smaller-than-hoped-for CNU student turnout, Altered Xpressionz succeeded in raising \$700 for Fear to Freedom. ■

*Tyrus Wood contributed to this article.*

## MOVIE REVIEW: MAZE RUNNER-SCORCH TRIALS

Scorched 

BY CHRISTOPHER GABRO  
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Have you seen the trailer for this movie? Then you've seen the movie.

The movie continues immediately where the last one left off. The group we started off with in the maze has escaped and found themselves in the hands of a worse organization than the one that put them in the maze. The survivors are forced to decide if they want to stay behind the survivors or wander off into what is known as "the scorch."

It spends no time reminding the audience of the previous conflict, instead throwing the audience directly into the new storyline. While the first hour of the movie was fine and interesting the last half dissolved into a typical dystopian that expected too much from the audience. Yet, somehow this film completely contradicts the events of the last film. One scene with convoluted dialogues completely made the actions of the initial film unsubstantial.

It's surprising how each scene throughout the beginning of the

film kept me wanting to see more, but then the movie diverged into a plot line that required my belief to be too far suspended. Having gone back and watched the trailer after the movie—since I do not watch trailers before movies for the fear of spoilers—I found that the entire first hour that kept me intrigued was spoiled in the trailers.

None of the performances are stand-out in this movie. Dylan O'Brien (Thomas) who I thought was fine in the first movie has lost all screen presence in this sequel. It got to the point where they tried to add another character in the background while O'Brien is in the foreground because his emotions are lackluster.

There is one noteworthy scene that involves a chase, but mostly the story is bland, the acting is bland and the effects are bland. The film offers nothing new to the dystopian genre. Every other dystopian film, good or bad at least tries something new—this one didn't even try! It is not the worst young adult adaption but it is not up there with any of the great ones. ■

Amazed 

BY CARTER ROBERTSON  
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The Scorch Trials hit theaters on Friday and it is a must-see action film. The sequel to last year's young adult book adaptation *The Maze Runner* picks up right where its predecessor's story left off and does not let go until the final scene.

The audience still follows Thomas and his friends, who, after escaping the treacherous maze that they were trapped in, are now on the run from their captors in what is known as the Scorch. The audience follows them through intense action sequences and heartbreak trying to reach a resistance group that is fighting against finding a vaccine to cure the dangerous disease that is ravaging this dystopian land.

The movie is filled with many intense action sequences that leave you on the edge of your seat. Or, in some cases, jumping out of your seat like I did after an unexpected scare scene.

The special effects are very high

quality; I could not tell what was real or what was possibly a green screen. The quality of the special effects made the Scorch look like a place I could actually visit—not that I would want to because it is desolate and creepy.

The story itself was also captivating. Following Thomas and his friends along this journey through the Scorch was a spectacle to watch. The transitions from scene-to-scene were seamless.

The introduction of new characters also helped to push the story further and heighten audience attention (in case they got bored with Thomas and Co.). The new characters like Brenda and Ares were well developed, to the point where I felt like they stole the spotlight from the main character at points, and they deserved it.

I highly recommend going and seeing this movie as soon as possible. Take a trip into the Scorch. ■



## Realities of recruitment week

For those in Greek life, recruitment can be one of the most exciting times of the year. But for the rest of the students who aren't in the loop, the entire process is cloaked in mystery.

BY KELSEY RIPA  
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For being so prominent on campus and so vocal of their community pride, Greek Life seems to hold a lot of mystery during rush/recruitment week. Those on the outside looking in are sure to have seen the tables of sorority sisters offering free Rita's and tables of fraternity brothers throwing pies in each other's faces, but what does it all mean?

Before getting into the basics of what happens during rush/recruitment week, know that of CNU's 17 different sororities and fraternities, there are differences between them in whether they are social or service-based, and whether they are working under the National Panhellenic Council (NPC), National Pan-Hellenic Council (NPHC), or Interfraternity (IFC). The NPC is the umbrella organization for all the women's sororities and fraternities while the NPHC is the coordinating body for all the historically black sororities and fraternities. All the male fraternities on campus belong to the IFC.

All of this background is important to know before you start rushing. Also, since every sorority and fraternity is different in their own way, they also have different recruitment weeks throughout the semester and different events and meetings one has to attend if they are interested in joining the Greek organization. Students can find out when certain Greek organizations are recruiting through Club Fair, tabling, social media and word-of-mouth.

One thing you see a lot of during recruitment week is extremely well dressed guys and girls, most likely heading off to a mandatory meeting for the sorority or fraternity they're interested in joining. For the service fraternity Alpha Phi Omega, Senior Nicole Lichty explained, "They have to go to a certain amount of events. We have a ceremony night, which is a very business formal event... it's to help us see who's interested and for them to see us."

Senior Ryan Mast of Pi Lambda Phi also said that recruitment is "an opportunity to find out what all the brothers are like in that organization and what group you think you'll fit in best and what values best correspond with you."

Once students have figured out which sorority or fraternity is best for them, they have to try and get "bids." Lichty



For sisters like these in Zeta Tau Alpha, recruitment is the first step to running home. FILE PHOTO BEN LEISTENSNIER/THE CAPTAIN'S LOG

explained, "Bids are basically, 'Here's an offer to join our fraternity, will you accept?'"

Senior Katie Mock of Zeta Tau Alpha briefly explained that "how someone gets a bid is really up to the Older Sisters of the Sorority, so it's not very widely known....But we extend the bids, either early that morning or the night before we have our 'Running Home' event in the Plaza. And that's when they make their decision, and it's super cool because...we can extend bids to them, however, we don't know whether they're going to accept it or not or whether they got bids from other sororities." Mock continued that "the best part for me as a spectator last year was just seeing those girls take off towards their sorority and them meeting the girls with open arms."

While sororities may be more vocal with their sisterly love and fraternities focused more on the closeness of their brotherhood, recruitment week is a different experience for everyone. But once the week is over, they have a new home and over a dozen new brothers or sisters. ■



There are many perks to Greek life, from events and mixers to finding your place in a tight-knit campus community. Here brothers of Pi Kappa Phi and Kappa Sigma participate in Delta Gamma's Anchor Splash competition. MACY FRIEND/THE CAPTAIN'S LOG



# Cooking column: ranch pretzels

One hour and one bag of pretzels makes one incredible snack food.

BY BETHANY PYLE  
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Everything is better with ranch. You can mix it with potatoes, vegetables, chicken, french fries, even pretzels. You’ve probably seen bags of ranch pretzels in the store, but did you know that with only four simple ingredients, you can make them yourself for half the cost? These salty, crunchy bites are perfect for packing away in your bag for class, or munching on while you finish that paper at 3 a.m. They’re good anytime, really. These pretzels are just that delicious. For half the price and just a bit of spare time, you can have one of the greatest snack foods ever created.

Disclaimer, these pretzels do take an hour of baking, and a good bit of babysitting. So don’t throw them in the oven and then leave for class. But I promise, what comes out of your oven will be well worth the wait. Here’s what you’ll need:

- 1 large bag of pretzels (I used pretzel sticks, but you can use any kind you want. Just make sure they are in bite-sized pieces.)
- 1 packet of powdered ranch seasoning
- ¾ cup vegetable oil
- 1 teaspoon garlic
- 1 teaspoon dill (optional, but absolutely worth it.)



This snack takes an hour to bake, but may take less time than that to eat. **ALL PHOTOS BY BETHANY PYLE/THE CAPTAIN’S LOG**

Directions

- Preheat the oven to 200°F
- Mix together the oil, ranch seasoning, garlic and dill in a bowl.
- Pour all the pretzels into a large bowl. If they are not already broken into bite-size pieces, break them up now. Pour the oil mixture over the pretzels and toss to coat.
- Spread the pretzels in an even layer on a baking sheet and place in the oven for one hour.
- Open the oven every 15 minutes and toss the pretzels to prevent burning and to spread flavor evenly.
- Enjoy! ■



# Diversions: Sudoku

			8					9
1	2			7		8		3
4	6				3	7	5	
9								
		2	4	8	9	3		
								6
	3	5	9				8	1
7		1		2			3	5
8					5			

For the solution, visit <http://www.thecaptainslog.org/2015/lifestyle/9-23-2015-sudoku-solution/>

# End of summer bucket list

There are a few things left to enjoy before the last rays of summer sunshine give way to crisp autumn air.

BY KELSEY RIPA  
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September is that pivotal month where people prepare for the transition from summer to fall. For some, they’re eager to trade their T-shirts and shorts for chunky sweaters and scarves. Others may be less than eager to give up their summer sun for the pumpkin spicy-icy weather.

It seems Greek life is on top of things with planning beach retreats and weekend getaways. The ladies of Phi Mu and Delta Gamma were excited to go and bond with their new sisters. Best way to start fall off right: with a tan.

It seems like penciling in a late summer beach trip is not unusual to the students of CNU. Senior Sarah Winstead said she’d ideally like to end her summer on the beach, “doing homework by the waves.”

Other CNU students are taking a more active approach to the end of summer by taking advantage of the pleasant weather and exercising outside. Freshmen Cassidy Hutchinson and Cali Lynch are eager to explore their new home in Newport News and walk the Noland trail.

However, Junior Olivia

Brown is looking to get more of a challenge from exercising; she intends to spend her last weekends going on hikes, possibly on Old Rag in Shenandoah National Park. But while the thrill of hiking may entice some, other students like senior Kayla Vande Vrede prefer to enjoy some peace and serenity with morning yoga.

Even the campus-renowned hula-hoop girls have plans before the summer ends. Their plans fall more along the lines of living life simply and getting

the most out of it. Sophomore Erica Gamester, one of the girls known for hula-hooping on the lawn, said she wants to “wear cute shorts” before we all have to hide our legs in pants. Sophomore Taylor Duffy likewise said that she wants to “hoop more, worry less.”

Whether you decide to take an active approach to the end of summer, or spend your days in hammocks relaxing in the sun, make your end of summer one to remember as you welcome fall with its chilly embrace. ■



With cold weather fast approaching, it’s time to take advantage of the last opportunities to be outside. **KELSEY RIPA/THE CAPTAIN’S LOG**



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