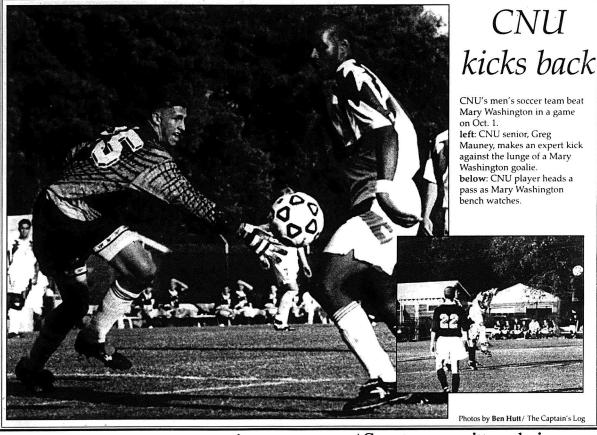
CAPTAIN'S LOG

VOLUME 29, ISSUE 5

HTTP://WWW.CNU.EDU/STUDLIFE/CAPTAINS

Остовек 6, 1997



Safety net for administration

By Andrew Berrigan Staff Writer

Last spring, many of the secretaries, office managers and other members of the administrative staff at CNU got together to talk about how to deal with the university's quick growth and changes. On April 23, Professional Development Day, the administrative support team was born.

According to the AST's mission statement, "The function of this team is to assist its members in working smarter; to prepare for the future growth of the campus; to open the channels of communication and to bring collective knowhow to focus on problem solving and innovation."

"It's hard to keep track of all the changes in technology," said AST core téam member Rick Hailes. The AST allows its members to keep each other up to date and on the cutting edge via networking within the team. Members share

skills and knowledge with each other, such as how to handle new computer software and how to handle paper work most efficiently.

Many sub-teams have been formed to focus on specific matters. Among them are the new employee mentoring team and the brown bag lunches team.

Whenever new people join an already experienced staff, there's a great deal of catching up to do. The purpose of the new employee mentoring program is to ease the new employees into their positions and quicken the catching-up process.

New employees are assigned mentors who are well acquainted with other staff members, resulting in better efficiency in the work place.

The brown bag lunches program is designed to promote learning in a relaxed environment. AST members bring bag lunches to an event where one or several

speakers talk on pertinent subjects, with discussions afterward. The first brown bag lunch event was on Oct. 1, and the speaker was President Trible. Emily Smith, coordinator of the brown bag lunches team, is planning on having many more speakers throughout the semester.

"We want to bring in individuals who can address the administrative needs of our employees," Smith said. "But not everything has to be about work. The luncheons are also a great chance for new employees to get to know others."

Other programs and events sponsored by the AST include selfimprovement seminars and an informational procedures manual accessible via the CNU home page (currently a work under progress) and a monthly newsletter. The AST is operated by the people it serves, so new ideas from within the organization are always taken into consideration.

Senate committee chairman impressed by visit to CNU

By Richard Strube and John Chiminiello Staff Writers

President Trible spent the first half of Monday touring the campus with Virginia Senator Stanley Walker.

Walker is the co-chairman of the senate finance committee in Richmond. "He has a great deal of say in how the state money is spent," said John Miller, vicepresident of university relations.

Trible extended the invitation to his long time friend Walker in an effort to show the senator first hand, the excitement and vitality of the new CNU.

"We go back a bit," said

"We go back a bit," said Walker about his friendship with Trible.

While Walker was chairman of the crown commission, Mrs. Trible was chairman of the television network which covered the commission. Walker and Trible met through her and have been ende eince

"Trible creates enthusiasm. The campus has improved its appearance since last I was here. I am very impressed with President Trible's plan. CNU can serve not only the community, but indeed the entire peninsula and more," Walker said.

The tour included a meeting with the president's senior staff, a tour of the campus and a luncheon meeting with staff, faculty and students.

"I think he was very impressed with the plans that the president has," said Miller. "And left impressed with what he saw."

President Trible will soon extend an invitation to the other cochairman of the senate finance committee.

Walker is also the chair of the education committee. "i would like to definitely bring the entire education committee to visit the campus, if no this session, then as soon as possible." Walker said.

Convenient credit union opens in Ferguson

By Stephanie Mojica Staff Writer

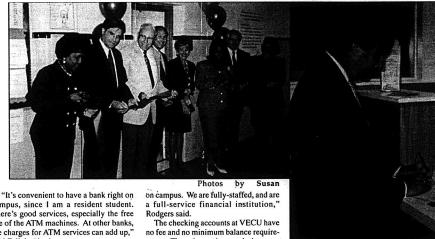
Leaving campus to perform financial transactions, such as deposits and withdrawals from bank accounts is sometimes not possible due to the schedules of the average college student. In order to remedy this problem, the Virginia Educators Credit Union has opened a branch in Ferguson

The branch opened Aug. 18 in room 108 of Ferguson Hall. The official grand opening took place on Sept. 23. The CNU branch is open Monday and Thursday from 3-5 p.m. and 6-7 p.m.; Tuesday, Wednesday and Friday from noon-3 p.m.

"We based the decision of our operating hours on class schedules after consulting with some students, and when we thought it would be convenient for most members on campus. To be sure of the best hours, we are doing a survey," VECU CEO Linda Amiss said.

Membership to this credit union is not only available to CNU faculty and staff but also to current CNU students and alumni. Even if a member of the credit union graduates or changes jobs their membership is still good.

This service is great for students and staff alike. We are getting a good response from the CNU community. In our first month of operation, 50 new accounts were opened. We would like everybody on campus to give us a chance," branch supervisor Lisa Rodgers said.



campus, since I am a resident student. There's good services, especially the free use of the ATM machines. At other banks, the charges for ATM services can add up, said Felicia Abraham.

"I think it's a really good idea to have a bank on campus. There's not any travel offcampus involved, and I can come in easily to cash a paycheck and make any necessary financial inquiries," student Arlene Rodriguez said.

"The VECU saw a need for students to have a branch on campus, so Amiss met with President Trible. They both agreed that there was a need for a financial institution

ments. The only requirement is the opening of a savings account with \$7 and an initial checking account deposit of \$25. The initial deposit is required to cover the cost of the checks.

After that, there is no required minimum balance. This applies to every member who joins the VECU, whether the member is a student, faculty or staff member. In addition, the VECU offers an ATM machine on the first floor of the Student Center.

above left: CNU administrators and VECU board members gather outside the new credit union branch to cut the ribbon at its grand opening.

above: Trible opens an account with the new branch.

CDC survey reveals the good, bad and ugly of college habits

Federal researchers have released a new study on college students' behavior, and the results are not pretty.

Most college students smoke and drink too much. They do not use condoms. And on top of everything else they are fat.

The information comes from a national survey of 4,609 students at 136 universities, conducted by the U.S. Centers for Disease Control and Prevention.

The survey found that 21 percent of college students are overweight, and nearly one-third smoke cigarettes, drink heavily and drive after drinking alcohol.

Researchers found that 14 percent said they had smoked marijuana within the past month. Almost half said they had tried marijuana at some point in the past, and 14.4 percent admitted trying cocaine.

"Some in our society may think that college students are an elite class of young people who do not need to be targeted by public health policies and programs," said Lloyd J. Kolbe, director of CDC's Division of Adolescent and School Health. "The study shows that college students endanger their health through some of the same risky behaviors as the general population.

Smoking, drinking and eating too much can contribute to the leading causes of death in this nation; heart disease, cancer and stroke. Students' bad habits are serious enough to warrant better campus health programs, he said.

The study found that 34 percent of stureported binge drinkingconsuming five or more drinks in one sitting-at least once in the past month. About 4 percent said they had drunk alcohol on at least 20 of the past 30 days.

Only 30 percent said they had used a condom during their last sexual intercourse, although 80 percent claimed to use birth control pills or some other form of contraception.

The good news to come out of the survey, according to the CDC, is that most college students do not carry guns, get in fights, attempt suicide or use chewing to-

Information courtesy of the College

CNU jumps money hurdle with help from Hampton

By John Chiminiello Contributing Writer

The Hampton City Council voted Wednesday night to provide CNU with \$1 million dollars for the soon-to-be-built performing arts center.

In a vote of five to two, the City of Hampton agreed to furnish CNU with \$50,000 a year for the next 20 years. The payments from the city to the university are scheduled to begin July 1998, said the county

clerks office.
"I was happy to vote for it," said Hampton Councilman Joe Spencer.

The performing arts center will be one of the few facilities in the area which can accommodate the wide range of goals endorsed by the Hampton Art Commission, Spencer said.

The Hampton Art Commission endorsed a report issued in June of 1994 which called for, among other items, the need for a large theater specifically for the performing arts on the Peninsula, according to Hampton

Art Commission spokesman Michael Curry. Hampton is the sec-

ond city to provide financial assistance to the university for the construction of the performing arts center. The City of New-

port News has already pledged \$5 million to the \$30 million project.

With \$6 million in the coffers from the two largest cities on the Peninsula, President Trible likes the position the university is in to pursue more funds from other cities and counties in the area.

APTAINS OG

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Quilted paintings chronicle artist's life Award winner shares her art work and stories through slides

By Mary W. Hodges Staff Writer

CNU hosted Faith Ringgold, an internationally known painter, sculptor and writer, on Sept. 19 in Gaines Theatre as the first of the 1997-98 Dean's Colloquia lecture series

Ringgold has received more than 75 awards for her art, numerous honorary doctoral degrees and grants and fellowships including the National Endowment for the Arts award.

But Ringgold is not famous only for her art work. She is also known for her children's books taken from her story quilts. Her first book, "Tar Beach," has won more than 30 awards including the Caldecott Honor award and the Coretta Scott King award for best illustrated children's book of 1991

So it was appropriate that English professor Kara Keeling, teacher of both children's and adolescent literature, introduced her.

The nearly full theatre erupted into applause as the diminutive woman with long braids and flowing skirt took the stage. Ringgold spent a few moments explaining to the largely young crowd what it was like

to grow up in the Sixties. Then she began her slide presentation.

Many of her paintings from that decade evoked the American flag, a powerful image in itself, but even more striking when manipulated and rendered on canvas. The upheaval of the Civil Rights movement, the violence of riots and the Vietnam War show clearly in her paintings with words like

Ringgold explained that her mother was a large part of her work. Her mother came up with the idea to sew borders onto paintings. Ringgold was displeased with the first finished painting. But the idea grew on her and she expanded it into her modern cre-

She took the audience through her own artistic journey, away from the disturbing images of the Sixties and into the rich beauty of her French Collection. This series follows the adventures of a young African-American girl as she travels to France and matures

Ringgold gave her character the best of everything. She grew up in the Paris of the early 20th century, with people like Josephine Baker and Langston Hughes, She spoke with Van Gogh and posed for Matisse and Picasso. She had a husband who died, leaving her well off with two children.

The story continues with Ringgold's American Collection which chronicles the life of her character's daughter in America. One painting portrays African slaves finding freedom in America. A slave ship burns in the background as the freed slaves swim around the Statue of Liberty, who takes the form of a proud African woman cradling a

The lecture would not have been possible without the slides. From the starkly beautiful to the lushly detailed, her paintings must be experienced to be appreciated. The uniqueness of the quilted painting makes her artwork accessible on several levels. First, there is the painting itself, full of her bold images and bright colors. Then there is the story, written around the edges in tiny script. Finally, there is the quilting, a unique concept for paintings. Subtle stitches prick and crisscross over the canvas, taking it beyond the typ-dimensional.

Ringgold kept her composure through some technical difficulties, adding in anecdotes as the theater crew vorked to correct the problem.

Her lecture ended promptly at 9 p.m., right on schedule. She answered a few audience questions, then retired to the foyer for the much anticipated book signing.



evocative art doesn't allow the viewer to be passive. With the violent chaos of war (above) and the prison-like feel of the American flag (left), she creates disturbing images that attempt to inform both aesthetically and socially.

Bullies get what's coming to them, even the IRS

When I was a kid, Kirby Ireley used to corner me before school two, sometimes three days a week and force me to give him my milk money. Even in second grade I knew it wasn't fair that a bigger, stronger and more aggressive child could threaten to kick my teeth out, and I'd have no choice but to surrender my money or never eat licorice again.

I'd try to avoid him before school, sure. But Mangsburger Elementary was located just a block up Ann Street. The Ireley house was strategically located in the middle of the block, and Kirby used to watch out his window, waiting to collect. Sometimes I'd see him and run, but eventually I came to realize there was no hiding from the Tax

On those days I'd eat those lousy driedout lunches at school and pray for milk while that smug little bully would drink three or four cartons at one sitting.

I haven't seen Kirby in many years, and had nearly put that terror of second grade out of my mind. Then I picked up a newspaper on Thursday, and the horror returned. You see, I've suspected for a long time that Kirby Ireley worked for the Internal Revenue Service. When I read the report of the abuses of the IRS against private citizens, I recognized the tactics right away. Sure, ve become a little more refined and sophisticated than the threat of a kick to the teeth, but not much.

The report included the case of Tom Savage, a contractor from Lewes, Delaware. He was working on a prison construction project for the state in 1993 when it turned out that a subcontractor had not paid his payroll taxes. When the IRS found it could not collect from the subcontractor, it turned its attention to Savage's company.

After failing to hold Savage personally liable, he said an IRS employee fabricated a partnership between Savage's firm and the subcontractor, had the agency issue an employer identification number for his entity, and assessed Savage for the subcontractor's

In other words, Savage alleges, they 'created a company that did not exist."

Savage appealed, but while he was waiting for a hearing the IRS seized a \$145,000 payment from the state to his company. He sued, but the IRS made it clear it would fight. Savage, unable to pay his bills, settled, paying \$50,000. That buys a lot of milk.

There is no getting by the IRS. They are strategically located between the American dream and financial ruin. They watch out their windows and wait for innocents to pass by. You either do what the IRS says or they kick your financial teeth out.

Just ask Jennifer Long, a 15-year IRS employee now working as a revenue agent in the Houston office. She testified that lowincome taxpayers are being singled out for audits while agents are told to steer clear of friends of agency higher-ups.

"I have actually witnessed IRS management manipulate income tax return figures just to increase their office or division collection statistics," Long testified.

And they are ruthless, often after the service's own mistakes, and they make no apologies for their misdeeds. While nearly every other branch of the U.S. government

is kept honest by a web of checks and balances, the IRS answers to nobody. They control the economic security of every American family and have at their disposal the law enforcement agencies of the government to conduct raids, judge, imprison and terrorize taxpay-

The IRS picks on those without the means to fight back. That makes them no better than Kirby Ireley. Maybe worse. While the second grade thug got me for 50 to 75 cents a week,

the IRS goes directly for the throat. The consequences of their actions go well beyond a lunch break without milk. They have the clout to absolutely ruin people.

I get as mad as the next guy when some-body cheats on his or her taxes. If I have to-

pay my share, then everybody else ought to as well. But to seek out and harass folks is quite another thing.

Besides, the IRS is a dinosaur. It's a selfserving bureaucracy that collects too much in taxes all year, and then creates a new task for itself by processing income tax returns and sending people refunds. Why not come up with a system, a national sales tax for example, that cuts out the middle man.

Wouldn't it make more sense to pay the correct amount of tax in the first place? Just think how much we could save in taxes if we didn't have to carry such a cumbersome bureaucracy as the IRS.

I madé a few calls back to my hometown after I thought about old Kirby. It turns out he never went to work for the IRS

Kirby finally got what he deserved, I suppose. Somewhere along the line a quarter a day wasn't enough. He robbed a convenience store a few years back and when the owner refused to surrender his cash, Kirby shot him. The calcium-rich bully is now serving a jail term in

Let's just hope that something similar comes of the Senate Finance Committee hearings. I didn't like being bullied in second grade, and I don't like living with the threat that it can happen again at any time.

Lancaster County Prison.



By Don Kennedy

NEWSBRIEFS

\$500 Scholarship

The Patrick Henry Mall and Merchants Scholarship are offering a \$500 scolarship. The recipient must be a sophomore, junior, or senior, majoring in Business Administration (BSBA degree). The recipient must also have a cummulative GPA of 3.0 or higher. For more information please contact Prof. Mel Hutt in the Department of Accounting, Administration Bldg., Room 317, or phone 594-7173.

Residence hall roundup

The Santoro Residence Hall Staff will be implementing a Santoro Residence Hall Newsletter. The editor/coordinator will be Drew Lautenslager, a Santoro resident. The newsletters will feature residents and R.A.'s and it will announce upcoming events and concerns for Santoro residents. It's mission is to inform CNU's resident's about other residents who live in Santoro and to make the resident's feel proud of being apart of the Santoro residence hall family.

The Santoro Hall Resident Hall Commission that was held last year, will not be held this year. Instead Scott Saisberry, the Resident Director, will be starting a Resident Hall Association. This Association will be slightly different from the Commission that was held last year. The RHA recognizes resident students nationally. It will give students an opportunity to give feedback about living in the residence hall at leadership conferences. The RHA will be held in the Spring of 1998.

In an effort to get Santoro residents more involved on campus during the weekends, the Resident Director and the R.A.'s will be implementing and emphasizing programs for residents. It is also an attempt to keep more residents in the dorm on the weekends. The following are upcoming events just for Santoro residents: Family Weekend, 80's Party, and a Luau.

University chorus meeting

The CNU University Chorale meets on Tuesday evenings from 7-9p.m. in Ferguson 150 and is open to both community members and CNU students. The chorus generally performs one concert per semester with major works and instrumental accompaniment. This years repertoire will include Bach, Mozart, and Rutter.

In January the Chorale will join William and Mary and the Williamsburg Sinfonia to present choruses from Handel's "Solomon"

The Chorale is being led this year by Dr. David L. Means, who hails from UCLA where he conducted the University choir and taught conducting.

Crime Watch statistics

Crime watch will run weekly in the Captain's Log. Regularly, we will list incidents on campus which students, faculty, and staff should be aware of. All incidents are taken from the daily logs of Campus Police.

9-19-97 (1400) Bookbag was stolen from vehicle in lot K. No arrest. 9-25-97 (1615) Purse and wallet stolen in

Administration building. No arrest. 9-25-97 (1200) Computer Cards were removed from desk in McMurran Hall. No arrest.

New study on smoking

Even if you quit smoking cigarettes, the damage done to your lungs may not be reversible, researchers say.

New evidence shows that smoking causes genetic changes in the lungs that can lead to cancer. The damage is present in the lungs of smokers and former smokerseven those who have quit for many years.

Researchers from the University of Texas Southwestern Medical Center took samples of lung tissue from 63 volunteers to conduct the study. "

Among individuals with a history of smoking, 86 percent demonstrated [genetic changes] in one or more biopsy specimens, and 24 percent showed [changes] in all biopsy specimens," the researchers wrote in the journal of the National Cancer Institute.

No genetic changes were found in the tissue of non-smokers, they added.

But the most surprising thing is that the genetic changes were found in the lungs of former smokers, even a man who had quit smoking 48 years ago, and in a woman who had only somoked for a year.

While the health risks of smoking have been known for some time, studies show that smoking is on the rise among college students. Nearly 15 percent of first-year students report lighting up frequently, according to an annual profile of college freshman by the University of California-Los Angeles.

That figure is at an all time high.

Captain's Log on internet

The Capatin's Log is now on the internet. Visit the website, at http://www.cnu.edu/studlife/captains.



Monday Managing your time 4p.m. SC146

Tuesday

Job Search Seminar 9:30.a.m. SC146

Pi Kap Scaffold Sit 7th-9th

Wednesday

Anti-Racism Coalition Meeting 4p.m. SC 233

Roctober Fest 12-4 Great Lawn

Gamma Phi Beta Rock-a-Thon 8th9th 12-12 Great Lawn

Thursday

Interview Seminar 11a.m. SC146

Friday

Resume/Cover letter Writing Seminar 9a.m. SC146

Saturday

Men's Soccer CNU vs. Shenandoah 2p.m.

Women's Soccer CNU vs. Emory & Henry 4p.m.



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Drawing will be held November 26, 1997. Winner will receive two tickets to the Redskins/Eagles game on December 21, 1997 including transportation and hotel accommodations.

Call 930-2425 for additional information.

NEW LOCATION ON CAMPUS!

Visit the Credit Union of Christopher Newport University —a service of Virginia Educators' Credit Union in Ferguson Hall, Room 108

> BRANCH HOURS: Monday & Thursday 3—5 p.m. and 6—7 p.m. Tuesday, Wednesday, & Friday 12—3 p.m.

STUDENTS • FACULTY • STAFF • ALUMNI

Coffee on the plaza



Photos by Chris Taylor/The Captain's Log

above: Students gathered on the completed science building plaza last Wednesday to meet President Paul Trible and enjoy coffee provided by Starbucks.

left: Transfer students, Mark Griffin, Lynn Jackson and Jamie Hawks, take a few minutes to visit and drink their coffee before going to class.

Dean strikes balance between students and staff

By Richard Strube Staff Writer

It is appropriate that Maury O'Connell's office is located not in the monolithic Administration Building, but rather in the Smith Annex. The President, Vice-Presidents. Provost, and a multitude of other officials all overlook the campus from the fourth floor of Admin. Building, watching student activity from afar. But O'Connell, the Dean of Students, is located on the first floor of the building which is the center of student academic activity, Smith Library. From here, O'Connell is in direct contact with the focus of his job: CNU students. With this focus, it is not surprising that O'Connell has a daily routine that is quite different from his colleagues located on the

The day I plan and the day I have are rarely the same day," said O'Connell. "And that's what I like about this job. It would be quite boring otherwise.'

O'Connell is halfway through his first semester as the Dean of Students, but he has already established himself as an active part of the CNU community. "My job," said O'Connell, "Is to support students in every way possible." This support extends across a wide range of activities. The Office of the Dean of Students works with nearly every office on campus to ensure that student needs are being met. "Already I have worked with admissions, student loans, the office of student life, and many

others," said O'Connell. "I'm concerned with student well being: mental, physical, and spiritual."

O'Connell comes to CNU with a background well versed in service. He graduated from CNU at St. Michael's College in Vermont, where he majored in history. He got his Masters degree, also in history, at Adelphi University in New York. He then went to Temple University, in Philadelphia, where he did graduate work in higher education administration. O'Connell spent four years of active duty in the Air Force, where he worked in intelligence, and he continued to serve in the National Guard until his retirement in 1992.

O'Connell has worked at many colleges and universities as well. He worked in admissions at Bucks Community College and at Temple University. From there he went to American University, where he worked first in admissions, and then served as the Vice-Provost for eight years.

O'Connell was working with the consulting firm KPMG when he had his first contact with CNU. "We were working on a contract for them at the time, and I had had several conversations with such individuals as Cindy Perry and Sen. Trible that made me very fond of CNU," said O Connell. "When the opportunity presented itself to work here, I was glad to take it."

"Sen. Trible has a vision for CNU, and I agree with it. That vision, for me, is putting students first, and my job is to see that we all embrace that vision every day."

O'Connell envisions alumni who have a lifelong relationship with the University. Right now we have a mission to serve the peninsula, and as a state university, we can open ourselves to serving the state. That means we have to strike a balance between the quantity and the quality of students, and in maintaining the teaching and learning exchange that makes us all proud

O'Connell prides himself on his close relationship to student activities on campus. "I manage by walking around, and I really enjoy being out of this office and being in other offices on the campus. I learn more from that than from any staff meeting." O'Connell already has several goals he has set for himself and his office, the most important one being his desire to improve the graduation rate. "Many students are not graduating, and we need to uncover these factors." O'Connell also plans to deal with such issues as incorporating new technologies in to the day-to-day activities of CNU and to establish a revitalized counseling system. He also encourages students to approach him with any concerns they may

"A good dean remembers what it was like to be a student," said O'Connell. "A great dean knows what it is like. My personal goal is to strive toward that greatness. My happiest moment is at graduation, to see all the students at commencement." O'Connell's tenure, though only recently begun, shows many signs of achieving his

Fraternity survives on its principles

By Jennifer Schuetze Contributing Writer

Leadership. Friendship. Service. These three words describe the cardinal principles behind Alpha Phi Omega. This national coed service fraternity provides service with a smile. It provides service to the nation, the community, and to the campus.

The fraternity started out as an interest group in the spring of 1994 and became chartered on April 14, 1996. The organization almost did not get chartered because right before the charter information was due it caught on fire and was destroyed by the paws of a cat. The cat had the misfortune of knocking over a candle and setting it on fire. Luckily, the national organization extended the deadline for them.

Alpha Phi Omega's most constant service project is the blood drive. Other service projects they have done include hosting bone marrow drives, ocean clean-ups, and concer benefit dinners. They also help other fraternities with service projects. Pi Kappa Phi and Alpha Phi Omega will work together on the Scaffold sit to raise money for PUSH America. This year the cancer benefit dinner is being held on November 1st in Christopher's. All the proceeds go to the American Cancer Society. They postponed it earlier this year because keynote speaker Terry Zahn is battling cancer. The fraternity hopes that by pushing it back Zahn will feel better and they will get a

Alpha Phi Omega holds two rushes, one in the fall and one in the spring. There are between 25-30 active members a semester. Part of their goal this year is to increase the number of members because a lot of the members are graduating. Last year they won the Vice President's cup for outstand-"Our numing organization on campus. ber one priority is service, but we want to do it in a fun atmosphere," said Gary Clark.

No Lectures... We Listen



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It didn't rain on their parade | altern Sister Hazel, Sheik play under cloudy skies By Joe Atkinson

Staff Writer

Despite the concerns of the radio personalities from 94.9 The Point and the crowd at Town Point Park, the pouring rain came to a sudden halt just in time for Lake Trout to open the Sister Hazel concert on Sept. 28.

The Point and Budweiser sponsored the event as part of their summer concert series. Lake Trout, who bore many resemblances in sound to 311, played mostly originals, but finished off their set with a cover of Jane's Addiction's "Summertime

Two large screen TVs tuned into the afternoon football games, an oyster pit, and food, drink and trinket vendors provided concert-goers with between-show entertainment and edibles.

Duncan Sheik received a warm welcome to the stage-primarily from the female adolescent portion of the audience. He led his band through the hits "Barely Breathing" and "She Runs Away," along with several songs from his self-titled debut album, a couple of new tunes, and a set-ending cover of Radiohead's "Fake Plastic Trees.

For Sheik fans, one of the highlights of the afternoon came when The Point, who broadcast from the park, interviewed Sheik on the air. The crowd swarmed around the station's tent. Eager fans strained to catch an up-close view of the singer.

"Sheik put on great show," said concert goer Joe Steele. "But it was hard to hear him.

The roar of the crowd alone was enough to announce concert head-liner and final act Sister Hazel's arrival. Their show was more of a Grateful Dead-like extended jam than a set of individual songs. Flying inflatable pumpkins and crowd surfers were a common sight. The band teased the audience by playing bits of "All For One" before actually launching into their big hit, which turned into a giant sing-along.

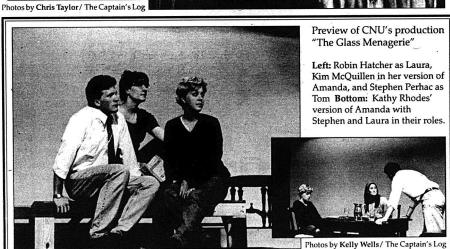
"Sister Hazel was into it," said Steele. "They really interacted with the crowd. The mood was great."

Much of the crowd left after this song even though the band continued to play for several minutes.

above: Just a man and his guitar: Sheik introduced several new songs to the delight of the crowd.

right: The plain stage sets put all the focus on the artists, though a rioutously colored cloth backdrop tried to enliven the gray day.







By Ioe Atkinson

My first column of the semester - the one where I bashed and applauded some of the summer's more high profile singles was a success. I received both positive (good) and negative (even better) reactions. So with that in mind I make a slight return

Third Eye Blind - "Semi-Charmed Life" Huh? What did he say? "Do ever what you wanna do comin over you." I've heard it a million times and still haven't made sense of it — don't really want to either. D Matchbox 20 - "Push" Puh-lease. Show

me who signed this lame band and there'll be some real pushing done. F
Fiona Apple – "Criminal" A good de-

fense? What the girl needs is a good meal. Still, the song is fantastic. It's actually a bit scary to think that someone so young is

already writing music this mature. A
The Dandy Warhols – "Not If You Were
The Last Junkie On Earth" Catchy throwaway pop that lingers in your head - especially the "heroin is so passe" part day. It's just sort of in-between. B-Smashmouth - "Walkin" On The Sun"

California ska-punk band plays the Doors? Clever lyrics and a swingin rhythm rescue it from mere novelty. B

The Verve Pipe - "The Freshmen" Yawn. Two frat-guys drive a girl to sui-cide. Who cares? And what's with all these different versions? D-

Tonic - "If You Could Only See" You know how a really amazing song can give you the chills? Well, I don't get that from this. As a matter of fact, I get the reverse of

Save Ferris - "Come On Eileen" Save Ferris is yet another in the seemingly endless flow of ska-punk bands from California. They sound like No Doubt. They got an instant record deal. I shouldn't like this, but any band that can do a decent cover of Dexy's Midnight Runners' early 80s hit has a permanent place in my heart. A-Travis – "All I Wanna Do Is Rock" A

climactic rock love song that's as tonguein-cheek as it is monumental. It probably won't see much radio or MTV play because the song and video are excellent and radio and MTV don't have time to mess with the good stuff. Just trust me and go find a copy.

Cornershop - "Brimful Of Asha" It would have been a huge hit in the 60s when jangly garage pop was in. Now great songs like this are resigned to college radio and poor sales. Bummer. A

Jewel-"Foolish Games" Ouch, maybe it's just me, but the lyrics sound like they were scrawled out by a depressed tenthgrader. The melody redeems it from total failure. Ho-hum. C-

Foo Fighters - "Exerlong" Dave Grohl and company make spit-polished guitar pop sound really good. Hearing this makes mewant to buy their most recent album and forget that the guy who used to drum for Alanis Morrisette is in the band. A-

flickers

Gangster movie harks back to cinematic classics

By Mike Leonard and Jessica Daggett Staff Writers

Mike: L.A. Confidential begins with a narrative by Danny Devito, who played Sid Hudgens, a writer for Hush, Hush magazine, about the arrest of the L.A. crime lord. The story is set into motion by an attempt by an unknown group of people to take the crime lord's place.

Jessica: Were you asleep through the entire movie? There was more to this story than a struggle for power. It was apparent in the relationship between police detective Bud White, played by Russell Crowe, and Ed Exley, played by Guy Pearce.

They represented the battle between justice in action and justice in theory. You get it?

Mike: Yeah right, Bud went around beating people up and Ed was the epitome of the political butt kiss. If anything, they represented the battle between a raw force and a weasely force.

Jessica: Well, it all ran deeper than that. White had a habit of beating women abusers because his father beat his mother to death.

Exley had been on a crusade for justice

since the murder of his father who was a policeman. They all had deep rooted reasons for their actions.

sons for their actions.

Mike: In the case of Bud and
Exley, I can see it some
what, but Kim
Rasinger, who played

Basinger, who played Lynn Bracken, had no reasonable explanation for her ac-

The second time Braken met Bud they jumped in the sack. Of course she was a prostitute, but no money was exchanged.

Jessica: That was because Bud was different from the other guys she knew. He protected

and respected the women in his life instead of using her for sex. Of course, it could have been some kind of deep rooted need for a father figure Mike: Father figure—she sleeps with a guy who she sees as a father figure? Actually, I don't think that is the case. Besides, he didn't ask her to stop being a hooker. What kind of father lets his daughter be a hooker?

kind of father lets his daughter be a hooker?

Jessica: Hello! Maybe that's why she's
a hooker. Anyway, this

"Bud went around beating people up and Ed was the epitome of the political butt kiss, if anything, they represented this pattle between a weasely force." 6.09pm

movie is one big male fantasy: lots of big guns and a woman who doesn't say much except "I only slept with two people today." Mike: It might seem like a big male fantasy, but it was a great movie.

Exley and Kevin Spacey's character, Jack Vincennes, methodically went about putting the pieces together.

Jessica: Huh? I thought this was a pretty good movie. Let's face it. They don't make movies like this anymore. It has an original plot, characters that you like and actors

who can actually act!

Mike: This movie is definitely a cure for an uneventful night. It is a combination of "The Usual Suspects," and "The Last Man Standing."

Jessica: Yeah, it takes some patience and concentration to keep the many plot lines sorted out.

This is certainly not the movie to see if you are looking for a light diversion. The end, however, is more than worth any early confusion. This is definitely the kind of movie that will leave you in awe.

Mike and Jessica viewed L.A. Confidential courtesy of Kiln Creek Regal Cinemas in Tabb.

They would like to thank Regal for their cooperation. For ticket information call 989-5600

Check out the online editon:
www.cnu.edu/studlife/captains



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back row: Tim Freeman, Larry Smith, Jon Poulson, Stephen Spirek, Perez Bottoms, Arlan Hake, Jonah Adkins, Clyde Lewis, Andy Mansfield.

front row: Sherri Thompson, Lisa Behun, Jenny Johnson, Christy Martin, Nicole Williams

and: Bridget Cochran, Rene'e Toutant

Wes's Worlding

Let your soda take you to new heights

Caffeine, I needed caffeine and I needed it quickly. It was about 30 seconds before my class, and I was in no condition to sit for an hour without something to make yet another discussion of dead guys and their accomplishments a little more bearable. As it was, it would be an accomplishment if I made it to the end of the class without using my book as a pillow.

As I cursed the fact that pennies are useless coins, I noticed that someone had placed a sticker on the chest of the "dealer" that would dispense my next hit of pure caffeine enjoyment. At first, I thought some local band or something had defaced my friend. Then I realized that the sticker was advertising a new soft drink. I thought it was very rude for a rival to advertise on another company's machine.

While I perused my selections, I quickly realized that another company had not invaded the space of my dealer; my dealer just had a new flavor for its drug. Of course, being in the mood for a little adventure, I hit the button.

At that moment, I remembered that I didn't have enough change to buy another soda if this one were to prove to be less than satisfactory. I was stuck with this drink, so I headed for class.

When I finally arrived at my class, the door was locked; and the professor did not appear to care that I was waiting outside. Finding myself with an extra hour, I sat down on the floor to decide what I would do with this gift of time.

I thought about going to the library to

catch up on some research, but, of course, I didn't do that. Instead, I started my hour by reading the back of the can. I was pleasantly surprised to find that, in addition to the usual ingredients and nutritional information (which is very important for health-conscious, caffeine addicts), there was a

little story about the origins of the name of the s o d a a n d how the secret ingredient

was the extract of a bean by the same name. This worried me a little. What if I were allergic to the bean or something? Then I realized that having to go to the hospital might buy me a couple extra days to write the paper that was due in about an hour in my next class.

I quickly popped the soda open and was

delighted by its taste. According to the label, this drink was supposed to give me strength, courage, and even sex appeal (I'm not really sure about that last one). A soda advertising its power so blatantly got me to thinking about other sodas that students might enjoy.

My first offering would be "Stud'E"
Cola. This soda would
promise to make those who
drink it seem, at least to
themselves, both more attractive and smarter. It
would do this through the
use of secret techniques
known only to a few
monks of a religious order
(whose names I am forced
to withhold. But, believe
me, these guys know about
studliness.

Ok, I also know the secret techniques; so I'll reveal a small portion of the secret brewing process to you.

this to the secret brewing process by process to year. This stuff would be 190 proof. The consumer would have to be strong, because this stuff could strip paint off a carpet from a mile away. It would be guaranteed that those who drink this would perceive themselves as the smartest and most attractive people on the planet. And isn't reality defined by what we think is true?

For instance, I think that I am a somewhat funny person; and many people laugh at me when I walk by. So, in some small way, what I think is manifest in the real world.

As a companion to "Stud'E" Cola, there could be a drink called "Morning After."



This drink would help you remember what or, more appropriately, who you did the night before. There would be a number of cool ingredients in this soda that sound like they, alone, could sober up a person who has been indulging a little too much. However, the real secret would not be in the cola, itself, but rather in the little questionnaire contained on the back of the can.

My final libation would be a very special drink. It would be a soda designed to redefine the way you perceive reality. You will not think you are more attractive or be able to remember more clearly what you were doing last night, but it is likely that you will never be the same after you throw back a six-pack of this drink. It would be called, simply, "W;" and it would be the official cola of my world. It would contain the finest in mushrooms and psychedelics.

It would have such a mind-altering effect that the person who drinks it would feel compelled to write about weird things and be driven to contemplate normal things, like soda cans, and assign special significance to them.

Imagine what would happen if someone under the influence of this drink were to be unleashed on the sane world. This person's writing could be confused and senseless enough to become a section in an English course.



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- -Sexually Assaulted Teens, 6 weeks beginning Oct 1

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sports



By Kris Van Deusen

CNU's future is already producing big for volleyball, men's soccer, and women's soccer. I'm talking about first year players who have started their seasons playing like seasoned veterans putting up senior-like numbers. These teams have garnered five Dixie Intercollegiate Athletic Conference Rookie of the Week awards: Miranda Swaim and Heather Vaden, volleyball; Jackie Miller, women's soccer; and Joe Moriarty, men's soccer—he's won it twice.

Last year Amanda Adkins, Heidie Jackson, Faith McGovern, and Oscar Gomez-Romero won the award for volleyball and men's soccer respectively. Colleen Kunz and Nicholas Creasman won the award just about every week for cross country.

Kunz and Creasman have moved on, and the cross country teams have suffered. Faith McGovern is also no longer a CNU athlete, but the rest are still here.

Adkins, a second team all-DIAC selection and CNU MVP, is currently seventh in the Dixie with a .256 attack percentage, and leads the team with 71 kills. Jackson is 10th in the conference with 1.23 assists per game.

Gomez-Romero is playing well, though his scoring output is down (he finished 1996 with 28 points), he scored the game winner against a tough Hampden-Sydney team.

The new kids are a force in the Dixie already. Swaim is third with a .320 attack percentage and sixth with almost one block per game. Vaden has not climbed the Dixie stat charts, but will soon. She did appear way down on the list with .15 assists per game. I tried twice to count all the way down, but gave up. However, her play is solid and the stats do not do her justice.

Jackie Miller, is 14th in DIAC soccer and leads her team with seven points (three goals and an assist).

Joe Moriarty has rocked the conference with five goals and three assists for 13 points. He is fifth in scoring and leads CNU.

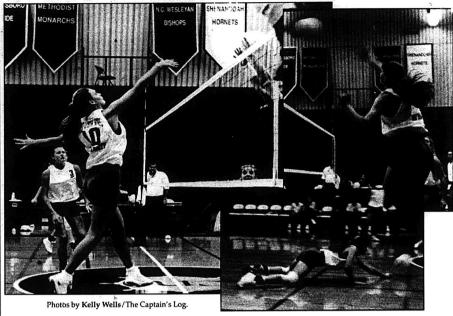
There is one freshman to look for next time—Shadi Abi-Saab. With nine points (four goals and one assist) Abi-Saab is second on the men's soccer team and 10th in the conference in scoring.

What does all this mean? It means that there are a three CNU coaches who consider themselves recruiting geniuses. It means that players who were expected to learn systems and improve their games to possibly be good players when they are juniors and seniors have begun two years early. For those of you who still do not understand, they are playing like veterans with the upperclassmen, thereby making the team much better than anticipated.

Women's soccer does not benefit from veteran players since they have one sophomore, one junior, and 17 freshmen. But Swaim and Vaden give the volleyball team a chance for a conference volleyball title, and Gomez-Romero, Hable, and Gulledge are now joined by Moriarty and Abi-Saab on the soccer team. They just knocked off the South Region's seventh ranked team, Methodist, and are not expecting anything less than a DIAC championship and an NCAA birth.

If you think they're good now, just wait until next year.

SPORTS



above: Hollie Fuller nails a graceful spike by a would be Greensboro blocker as Rachel Hull and Dana Forrest look on. **bottom right:** Heather Vaden sprawls for a dig in the same match. **top right:** Vaden with a kill. CNU lost the match in four games (4-15, 15-17, 15-8, and 4-15).

CNU falls in Dixie standings

By Casey Taylor Staff Writer

The Lady Captains volleyball team lost at a home game Saturday to Greensboro College 4-15,15-17,15-8, and 4-15. The Lady Captains are now 9-7, while Greensboro has a record of 9-3.

Although the Lady Captains swung hard on the outside with Heather Vaden having 12 kills and Amanda Atkins having ten, the girls still couldn't stop Greensboro's frontand backline attacks. "We were flat in the

first and fourth games. We didn't play to our potential and we were making too many mental errors," said head coach Art Thatcher.

Those mental errors also caused the team to watch balls, allowing Greensboro to have more kills and tips in the vulnerable spots on the court. "We played well considering Donna and Stephanie were injured. Their injuries took the momentum out of the game. We weren't talking and just watched balls land in front of us," said Hollie Fuller.

The Lady Captains made a comeback in

the second and third games only to be defeated in the fourth. Coach Thatcher saw some of the majo, problems in service errors, receive errors, and tips. "We've worked on tips in practice. We've adjusted our defense somewhat and if we play our best defense, we're fine."

Although the loss hurt the Lady Captains in conference standings, major improvements could be seen in all of the players, especially the freshmen Miranda Swaim and Heather Vaden, who had an overall combined effort of 19 kills.

Two games in a row is still a win streak

By Russell Scott Staff Writer

After two weeks of traveling, the CNU women's soccer team finally got to come back and earn their first home-field victory on Sept. 24 against Mary Baldwin. How-

ever, the Lady Captains did not get to savor their 2-1 win or their home-field advantage for long. Two days later, they had to travel to Concord, West Virginia where they came away with a 3-1 loss, dropping them to 2-6 for the year.

In the game against Mary Baldwin, the



Jennifer Schwab (center) plays the ball around two Mary Baldwin players as Sabrina Kirkly (#17) runs by. CNU won the match 2-1.

Photo by Chris Taylor/Captain's Log

Lady Captains had an outstanding 35 shots on goal-compared to their opponent's three, with goals from Jenny Schwab and emerging scoring threat, Jackie Miller. CNU also played excellent defense, giving up one goal and needing only two saves from keeper, Kristy Dellinger.

CNU went into halftime of the Concord game losing 2-0 and was only able to manufacture one goal in the second half. Coach Emily Randall did not appear extremely discouraged by her team's 3-1 loss though. "They weren't that much of a better team than us," said Randall, "We had a pretty flat day."

Miller, who also scored the lone goal against Concord, now has three goals for the season. "Jackie is a real front player. She has a nose for the goal," Randall said.

Miller credits her coach for the team's improvement. "Emily started us from baby steps like basic techniques, defense, hitting, target players and then offense," said Miller, "now were finally getting there."

The Lady Captains next three games are all at home. They will host Emory & Henry this Saturday, Shenandoah next Wednesday, and N.C. Wesleyan the following Saturday.

CNU dumps Eagles and seventh ranked Monarchs

By Chris Perry Staff Writer

This past week the CNU men's soccer team received a tremendous confidence booster with two huge wins at home against Methodist and Mary Washington College.

Against Methodist, CNU, unranked in the South Region, scored two unanswered to goals in the second half and defeated the South Region's seventh ranked team 3-1. Scoring for the Captains were freshman Joey Moriarty, with two goals and one assist, and Steve Sachswith one goal.

"It was definitely a game that we needed to win if we were going to be successful this season," said head coach Steve Shaw. "It was a huge win because we haven't beaten them since 1989. It's a major step forward in us feeling that we have attained a higher level of play."

If the Methodist win was a major step, beating Mary Washington, ranked 13th in the nation among Div. III schools, was a giant leap. Moriarty, who was named rookie of the week for the second time in a row after the Methodist win, scored the lone goal of the first half for the Captains.

In the second half, CNU continued to dominate, with two goals early on from freshman Shadi Abi-Saab and sophomore Oscar Gomez-Romero. The Eagles scored three goals but Gomez-Romero scored once more for the Captains and CNU took the victory 4-3.

The team will return home this week after facing Ferrum College to face Virginia Wesleyan on Wed. and Emory and Henry on Sat

Coach Shaw and the team remain focused on two goals for this season. "We need to win the [Dixie] conference. If we do, then we have a chance to accomplish our other goal and go to the NCAA [tournament]."

Dixie Conference Players of the Week

Men's Soccer

JOEY MORIARTY - Christopher Newport - As the Captains defeated two regionallyranked opponents, the freshman from Virginia Beach, Va., had two goals and two assists. He assisted on the game-winning goal in overtime against Hampden-Sydney and scored the first two goals and assisted on the third in a 3-1 win over Methodist. Also nominated: Keith Marro, Averett.

Women's Soccer

JACKIE MILLER - Christopher Newport - The freshman from Chester, Va., had a goal in each of CNU's two games during the week, against Mary Baldwin and Division II Concord. Also nominated: Krystal Luebke, Greensboro; Tina Bryant, N.C. Wesleyan.

Volleyball

HEATHER VADEN - Christopher Newport - In two matches the freshman from New Kent, Va., had a .490 attack percentage on 28 kills. She added 21 digs and three service aces. Also nominated: Karen Dutton, Greensboro; Laura Hilbert,

N.C. Wesleyan.

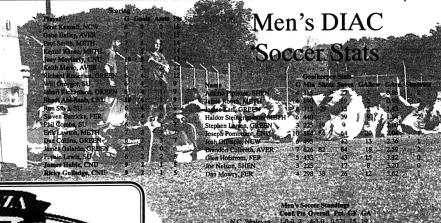
Brian Schwab, CNU soccer, and Rachel Hull, CNU volleybal, were both nominated for DIAC player of the





Joe Moriarty named Rookie of the Week for the second time.

Photo by Chris Taylor/The





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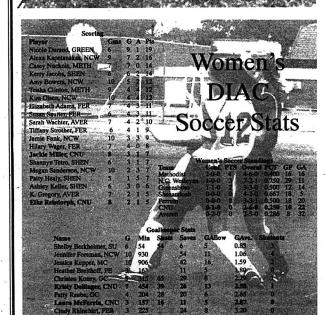
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Elsewhere in the Dixie

Week ending Sept. 28, 1997

Averett

VOLLEYBALL - The Lady Cougars had a 4-2 week, including a six-game winning streak that was snapped at the Maryville Invitational. Early in the week AC defeated Ferrum for its tenth straight conference win and 65th in its last 66

MEN'S SOCCER - Gabe Bailey and Keith Maro scored twice each in the onlygame of the week, a 4-0 win over Chowan.

WOMEN'S SOCCER - A tough week with a 7-0 loss to nationally-ranked N.C. Wesleyan and a 1-0 decision to Chowan.

Greensboro

MEN'S SOCCER - Pride shutout Eastern Mennonite 6-0 in first home game of the season. Richard Ronemus and Derek Schroll each scored two goals in

WOMEN'S SOCCER - Senior forward Nicole Durand remains the top scorer with 9 goals and 1 assist on the season. She has been involved in 10 of the teams 12 goals scored this season.

VOLLEYBALL - Senior outside hitter Kristy Aldous tops the squad with 170 kills and a .264 hitting percentage. She also leads in digs with 196.

Methodist

MEN'S SOCCER - Methodist lost to Christopher Newport on the road, 3-1. Itwas the conference opener for the Mon-

WOMEN'S SOCCER - It was a 1-2 week, with a win over Division II St. Andrews,5-0, and a 3-1 loss to Maryville as well as a 2-0 defeat to Kean.

VOLLEYBALL - The Lady Monarchs lost to N.C. Wesleyan in three games. CROSS COUNTRY - The Monarchs entered four individuals in the Greensboro Invitational. Freshman Kurt Fisher led all Monarchs with a 53rd-place finish in the 133-runner race.

North Carolina Wesleyan

*MEN'S SOCCER - Blanked Ferrum 4-0 in Dixie Conference opener to improve to 4-3 overall.

WOMEN'S SOCCER - Opened the week with a 7-0 win over Averett. The Battling Bishops then split in their own tournament, losing 1-0 to Kean and defeating Maryville 1-0. The Battling Bish-

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ops are now 7-2 and ranked #2 in the south region and #13 in the nation.

VOLLEYBALL - Went 2-1 this week and are now 9-7 for the season. Wins were over Methodist and Shenandoah and the loss came at the hands of Greensboro.

Shenandoah

MEN'S SOCCER - Split two games this week to go to 4-2 on the season. Dropped a 4-2 decision to Randolph-Macon and then rebounded to beat Catholic 3-2.

WOMEN'S SOCCER - Now also 4-2 with a victory over Marymount, 3-0, in the only game of the week.

VOLLEYBALL - Dropped two of three matches this week to fall to 4-10 on the year. Lost a 3-2 heartbreaker to Randolph-Macon Women's College and alsowere beaten by North Carolina Wesleyan. The weeks win came over Wilson, 3-0. The Captains Log News Magizne

....coming soon

beatyour DADDIE





To play, simply circle the teams you think will win and drop this coupon in the Tapea-Quarter box located in the Student Center lounge, or from our web site at www.cnu.edu/studiife/captains/daddie.html. If you select more winners than Sports Editor, Kris Van Deusen- as if that could ever happen- you will be entered into a random drawing for the week. The winner will recieve 2 Subs, 2 Chips and 2 large drinks from the Subway Station, and a free CD from Skurj.

Atlanta at New Orleans Buffalo at New England Cincinnati at Tennessee Detroit at Tampa Bay Green Bay at Chicago Philadelphia at Jacksonville Carolina at Minnesota N.Y. Giants at Arizona Miami at N.Y. Jets St. Louis at San Francisco Indianapolis at Pittsburgh Dallas at Washington

Name and Number_____



beatyour DADDIE



Your Daddie's Picks:

Atlanta at New Orleans: Ditka rules! Buffalo at New England: Thurman sucks. Cincinnati at Tennessee: Bengals suck Detroit at Tampa Bay: Lions suck Green Bay at Chicago: Bears suck.

Philadelphia at Jacksonville: Philadelphia sucks, and so do the Eagles.

Paragram and Carlo Tale Resignation (Control State Annie 1984). Hand de State (Carlo State Annie 1982). Si

Carolina at Minnesota: Twins suck. N.Y. Giants at Arizona: Cardinals suck. Miami at N.Y. Jets: Miami does not suck. St. Louis at San Francisco: Rams suck. Indianapolis at Pittsburgh; Colts suck. Dallas at Washington: Redskins suck.



















One reason Spandex should be outlawed





classifieds

*** EARN FREE TRIPS & CASH! ***

CLASS TRAVEL needs students to promote Spring Break 1998! Sell 15 trips & ravel free! Highly motivated students can earn a free trip & over \$10,000! Choose Cancun, Bahamas, Mazatlan, Jamaica or Florida! North America's largest student operator! Call Now! 1-800-838-6411

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Raise all the money your group needs by sponsoring a VISA Fundraiser on your campus. No investment & very little time needed. There's no obligation, so why not call for information today. Call 1-800-323-8454 x 95

BAD HAIR DAY? Fight back while you sleep. Satin pillowcases available in a variety of colors. Starting at \$10,99 each and we deliver! Order before Nov. 30th to receive a discount. Call Seleste of Satin Care Unlimited at 728-9239.

PART TIME WORK

Start at \$9.55. Local youth oriented company. Positions available for fun, positive, motivated students. Gain resume experience. Flexible schedules. Call 873-9692.

Support PUSH AMERICA during the scaffold sit sponsored by PI KAPPA PHI during R'OCTOBERFEST. Oct. 7-9. 100% goes to help build playgrounds for-handicapped children. All frats talk leadership, PI KAPPA PHI is doing something about it. ΠΚΦ 64

FREE T-SHIRT +\$1000

Credit Card fundraisers for fraternities, soroties & groups. Any campus organization can raise up to \$1000 by earning a whopping \$5.00/VISA application. Call 1.800-932-0528 ext 65. Qualified callers receive FREE T-SHIRT.

INTERESTED IN ENHANCING YOUR LEADERSHIP SKILLS? Apply for the Student Leadership Institute(SLI) Stop by the office of Student Life (SC189) for more info or call 594-7260.

HAPPY BIRTHDAY FRANK Love, Mary

ALPHA KAPPA PSI'S STUDENT TIP OF THE WEEK:

LEADERSHIP = EXPERIENCE.
COME LEARN WITH US!
VISIT OUR HOME PAGE AT http://www.cnu.edu/clubs/akpsi

Sugar! Head & Shoulders. Pat: luv them tata's. DL Sean: Prozac. Jason: What's up with the socks? Paul 'V: hookup the homepage. Sugarbear: glad you woke up ΓΦΒ: ready to mix. Jon: KSD-King Salty Dog. Kristina: happy birthday, hook me up. Eric H: get ready for the Lochness Monster. Eric S: hope gpa is OK. Joanna: where's the ring? I'm out like annoying mass e-mail.

Happy Belated Birthday, Emmanul! What's up Eric, Scott, Scott H. Hi Mike! Lucinda, stay out of the computer lab! What's up Wilber. Jamilla, me & you are sisters for life! LOVE YOU ALL! Jamilia

Small dorm refrigerator in excellent condition. Asking \$50. Call 930-2037, leave message.

Ready for some fun? Before Fall Break Party! It's college night at Wipeout Eddy's October 8, Wednesday, 9:00pm-2:00am. 3and up welcome. Drink specials, raffled prizes, DJ, band appearance, and a hot Bikini Contest!!! All are welcome!

AΦ sisters and new members, how about that retreat in Nags Head. It was just too cool, the mansion on the beach!!! Way to bond, great AΦ's!!! Vicki, thanks for the talks on the beach and for being my roomie. Congrats new members on being pinned, one month til initiation. Love in A.O.E. Shauntae.

Failing Statistics? Look no further. Tutoring available weeknights and weekends. Reasonable hourly rate. Call Mark @ 596-

Shannon: Beefed up! Ms. Cool: Thanks 4 dance. Michelle + Ginger: Party of 5 groupies. Devin: Hittin the books! Jeanette: The Heartbreaker. Christy: Gas money. Kristi + Ja'net: On the DL. Mandy: Cool as can be. Ericka: Where you been hidin? Queen B: I'll never dip again! Cori: Chillin out! Jon: Beefcake. Amaniszm Rules! Pat B. (The Bad Boy who makes ya feel so GOOD!)

A little thank you for a BIG job done well to Jonah Adkins, Lisa Behun, Perez Bottoms, Bridget Cochran, Arlan Hake, Toby Hale, Jenny Johnson, Clyde Lewis, Andy Mansfield, Christy Martin, Jon Poulson, Larry Smith, Stephen Spirek, Sherri Thompson, Renee Toutant, and Nicole Williams for your commitment and service to the students of CNU and the Student Center. Tim Freeman

official tape-a-quarter form

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tape
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print message below. do not exceed six lines